Executive Summary

Study 1: 2025 Nationwide General Population Survey on Drug Use in Japan

A. Objective

The purpose of this study was to assess the actual status of alcohol, tobacco, pharmaceutical, and illicit drug use among the general population and to examine changes over time. This study is the only nationwide survey on drug use in Japan that has been conducted longitudinally. It has been carried out biennially since 1995, and this was the 16th wave of the national survey. The findings will serve as fundamental data for planning and evaluating various measures related to drug abuse and dependence.

B. Methods

The study population consisted of 5,000 members of the general population aged 15 to 64 years who were randomly selected using a stratified two-stage random sampling method (250 survey locations). The survey period was from October 6 to December 15, 2025. An anonymous self-administered survey was conducted, either by paper questionnaire or online. Explanations regarding the survey were provided either in writing or verbally by survey staff, and consent was confirmed by respondents' completion of the consent section at the beginning of the questionnaire. Participants could choose from three response methods: in-person collection, postal return, or internet submission. The study protocol was approved by the Ethics Committee of the National Center of Neurology and Psychiatry (Approval No. A2023-031).

C. Results

A total of 3,306 questionnaires were collected (response rate: 66.1%). After excluding duplicate responses and respondents who met the exclusion criteria, 3,156 valid responses were included in the analysis (valid response rate: 63.1%). The mean age of respondents was 43.7 years; 47.3% were male and 52.7% were female. The main findings were as follows:

1. The lifetime prevalence of cannabis use was 1.6% overall, 2.2% among males, and 1.0% among females. The number of lifetime cannabis users nationwide was estimated to be approximately 1.41 million (approximately 0.98-1.85 million).
2. Regarding the application of criminal penalties for cannabis use following

cannabis-related legal reform, 70.4% of respondents answered “strongly agree.” In contrast, for the use of cannabis-derived ingredients as pharmaceuticals, 32.5% answered either “strongly agree” or “do not know.”

3. The lifetime prevalence of organic solvent (paint thinner) use was 0.8% overall, 1.2% among males, and 0.5% among females. The number of lifetime users nationwide was estimated to be approximately 740,000 (approximately 470,000-1.02 million).
4. The lifetime prevalence of methamphetamine use was 0.5% overall, 0.6% among males, and 0.4% among females. The number of lifetime users nationwide was estimated to be approximately 470,000 (approximately 220,000-720,000).
5. The lifetime prevalence of MDMA use was 0.4% overall, 0.5% among males, and 0.3% among females. The number of lifetime users nationwide was estimated to be approximately 340,000 (approximately 130,000-550,000).
6. The lifetime prevalence of cocaine use was 0.4% overall, 0.5% among males, and 0.3% among females. The number of lifetime users nationwide was estimated to be approximately 350,000 (approximately 140,000-560,000).
7. The lifetime prevalence of heroin use was 0.3% overall, 0.1% among males, and 0.4% among females. The number of lifetime users nationwide was estimated to be approximately 230,000 (approximately 60,000-400,000).
8. The lifetime prevalence of new psychoactive substances was 0.6% overall, 0.7% among males, and 0.5% among females. The number of lifetime users nationwide was estimated to be approximately 540,000 (approximately 270,000-820,000).
9. The lifetime prevalence of LSD use was 0.3% overall, 0.3% among males, and 0.3% among females. The number of lifetime users nationwide was estimated to be approximately 280,000 (approximately 100,000-450,000).
10. The past-year prevalence of tranquilizer misuse was 0.29% overall, 0.24% among males, and 0.34% among females. The number of residents who had misused tranquilizers in the past year was estimated to be approximately 260,000 nationwide (approximately 60,000-470,000).
11. The past-year prevalence of sleeping pill misuse was 0.16% overall, 0.24% among males, and 0.09% among females. The number of residents who had misused sleeping pills in the past year was estimated to be approximately 140,000 nationwide (approximately 10,000-270,000).
12. The past-year prevalence of misuse of over-the-counter medicines (cough medicines, cold medicines, and antipyretic analgesics) was 0.26% overall, 0.13% among males, and 0.38% among females. The number of residents who had

misused over-the-counter medicines was estimated to be approximately 230,000 nationwide (approximately 60,000-400,000).

D. Discussion and Conclusion

The 16th national general population survey on drug use was conducted, and the following conclusions were obtained:

1. The lifetime prevalence of cannabis use showed an increasing trend, although the difference was not statistically significant. Regarding the application of criminal penalties for cannabis use under the legal reform, more than half of respondents answered “strongly agree.” In contrast, many respondents answered “do not know” regarding pharmaceuticals containing cannabis-derived ingredients.
2. The lifetime prevalence of cocaine use was the highest recorded since 2007. Cocaine abuse may be increasing.
3. The lifetime prevalence of new psychoactive substances was the highest recorded since 2013, although the difference was not statistically significant.
4. The lifetime prevalence of organic solvent (paint thinner) use was the lowest recorded since 2007 and had significantly decreased. It is highly likely that organic solvent abuse has been steadily declining.
5. The lifetime prevalence of methamphetamine, MDMA, heroin, and LSD use remained stable over time.
6. No significant increase or decrease was observed in the prevalence of tranquilizer or sleeping pill misuse. The prevalence of over-the-counter medicine misuse decreased compared with the previous survey, but the difference was not statistically significant. A very small number of respondents reported non-medical misuse of prescribed fentanyl, whereas no respondents reported misuse of illicitly obtained fentanyl.

March 2026

Principal investigator: Takuya Shimane, MPH, PhD.
Department of Drug Dependence Research, National Institute of Mental Health, National Center of Neurology and Psychiatry

Table 18. Estimated prevalence of past-year misuse of pharmaceutical drugs (tranquilizers, sleeping medications, and over-the-counter drugs) (n = 3,156)

Misuse in the past year*1									
	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Tranquilizers	0.29	0.13	0.64	0.24	–	0.75	0.34	–	0.97
Sleeping pills	0.16	0.06	0.39	0.24	–	0.66	0.09	–	0.61
Over-the-counter drug	0.26	0.13	0.54	0.13	–	0.56	0.38	0.16	0.87
	15-19 years			20-29 years			30-39 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Tranquilizers	–	–	–	0.33	–	2.33	0.57	–	2.28
Sleeping pills	–	–	–	0.33	–	2.33	0.19	–	1.34
Over-the-counter drug	0.27	–	1.95	0.58	–	2.34	0.47	–	1.96
	40-49 years			50-59 years			60-64 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Tranquilizers	0.09	–	0.67	0.49	–	1.62	–	–	–
Sleeping pills	–	–	–	0.30	–	0.97	–	–	–
Over-the-counter drug	0.37	–	1.26	–	–	–	–	–	–

Misuse was defined as the use of pharmaceutical drugs for non-therapeutic purposes rather than for medical treatment.

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Samples module.

When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".

95% CI: 95% confidence interval.

Table 19. Estimated number of individuals with past-year misuse of pharmaceutical drugs (tranquilizers, sleeping medications, a

Misuse in the past year *1									
	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Tranquilizers	262,126	56,715	467,536	100,551	–	216,612	161,574	–	331,054
Sleeping pills	141,699	12,188	271,211	101,156	–	203,016	40,543	–	120,529
Over-the-counter drug	233,196	63,019	403,374	53,408	–	133,396	179,788	29,581	329,996
	15-19 years			20-29 years			30-39 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Tranquilizers	–	–	–	40,543	–	120,529	80,775	–	193,457
Sleeping pills	–	–	–	40,543	–	120,529	26,669	–	79,282
Over-the-counter drug	16,272	–	48,375	71,030	–	171,106	67,221	–	162,869
	40-49 years			50-59 years			60-64 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Tranquilizers	19,679	–	58,502	121,128	–	268,068	–	–	–
Sleeping pills	–	–	–	74,487	–	161,707	–	–	–
Over-the-counter drug	78,673	–	174,824	–	–	–	–	–	–

Misuse was defined as the use of pharmaceutical drugs for non-therapeutic purposes rather than for medical treatment.

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Samples module.

When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".

95% CI: 95% confidence interval.

Table 20. Estimated prevalence of lifetime illicit drug use (n = 3,156)

Lifetime use	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana	1.6	1.2	2.1	2.2	1.5	3.2	1.0	0.6	1.7
Inhalants	0.8	0.6	1.2	1.2	0.7	1.9	0.5	0.3	1.0
Methamphetamine	0.5	0.3	0.9	0.6	0.3	1.2	0.4	0.2	1.0
Ecstasy	0.4	0.2	0.7	0.5	0.2	1.1	0.3	0.1	0.7
Cocaine	0.4	0.2	0.7	0.5	0.2	1.1	0.3	0.1	0.7
Heroine	0.3	0.1	0.5	0.1	–	0.4	0.4	0.2	0.9
NPS	0.6	0.4	1.0	0.7	0.4	1.3	0.5	0.2	1.0
LSD	0.3	0.2	0.6	0.3	0.1	0.8	0.3	0.1	0.7
Other than Inhalants	2.8	2.3	3.5	3.0	2.2	4.0	2.7	2.0	3.7
Any illicit drugs	3.2	2.7	3.9	3.6	2.7	4.7	2.9	2.2	3.9
	15–19 years			20–29 years			30–39 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana	–	–	–	1.2	–	4.2	2.9	1.7	5.1
Inhalants	–	–	–	0.2	–	1.5	0.2	–	1.0
Methamphetamine	–	–	–	–	–	–	–	–	–
Ecstasy	–	–	–	0.3	–	2.4	0.3	–	1.2
Cocaine	0.6	–	4.4	–	–	–	0.3	–	1.3
Heroine	–	–	–	0.3	–	2.0	–	–	–
NPS	0.6	–	4.4	–	–	–	1.0	0.4	2.8
LSD	0.7	–	4.7	0.2	–	1.3	–	–	–
Other than Inhalants	1.3	–	5.1	2.0	0.9	4.8	3.6	2.2	5.9
Any illicit drugs	1.3	–	5.1	2.2	1.0	4.9	3.7	2.2	6.0
	40–49 years			50–59 years			60–64 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana	1.6	0.9	2.9	1.8	1.1	3.0	0.6	–	2.2
Inhalants	0.7	0.3	1.5	1.7	1.0	2.7	1.1	–	3.1
Methamphetamine	0.7	0.3	1.7	0.9	0.4	2.0	0.8	–	2.5
Ecstasy	0.8	0.3	2.0	0.3	–	1.1	0.1	–	1.1
Cocaine	0.7	0.2	1.8	0.4	–	1.0	0.4	–	2.6
Heroine	0.4	–	1.3	0.2	–	1.0	0.5	–	1.9
NPS	0.9	0.4	1.9	0.7	0.3	1.5	–	–	–
LSD	0.5	–	1.4	0.4	0.2	1.1	0.1	–	0.9
Other than Inhalants	3.4	2.3	5.0	3.4	2.3	4.8	1.2	0.5	2.9
Any illicit drugs	3.4	2.3	5.0	4.4	3.3	6.0	1.8	0.8	3.8

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Samples module.
When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".
95% CI: 95% confidence interval.

Table 21. Estimated number of individuals with lifetime illicit drug use (n = 3,156)

Lifetime use	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana	1,416,095	979,823	1,852,367	940,417	579,620	1,301,214	475,678	208,566	742,789
Inhalants	741,569	466,814	1,016,324	497,851	258,980	736,722	243,719	88,648	398,789
Methamphetamine	471,751	222,207	721,295	258,216	87,956	428,476	213,535	31,097	395,973
Ecstasy	342,040	131,999	552,081	203,279	36,848	369,710	138,761	10,628	266,894
Cocaine	353,129	143,095	563,162	211,135	44,625	377,644	141,994	13,976	270,012
Heroine	230,915	64,895	396,936	39,594	–	95,252	191,321	34,908	347,734
NPS	543,915	268,697	819,133	306,623	120,023	493,223	237,292	66,099	408,485
LSD	276,592	98,412	454,771	137,043	10,682	263,404	139,549	10,764	268,334
Other than Inhalants	2,529,767	1,983,442	3,076,093	1,254,109	846,013	1,662,205	1,275,658	864,894	1,686,423
Any illicit drugs	2,908,199	2,310,905	3,505,493	1,517,521	1,070,826	1,964,217	1,390,678	962,949	1,818,407
	15–19 years			20–29 years			30–39 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana	–	–	–	151,987	–	340,474	413,417	177,812	649,023
Inhalants	–	–	–	25,067	–	74,519	31,282	–	77,328
Methamphetamine	–	–	–	–	–	–	–	–	–
Ecstasy	–	–	–	40,364	–	119,997	42,071	–	101,810
Cocaine	37,518	–	111,535	–	–	–	44,711	–	107,529
Heroine	–	–	–	33,687	–	100,145	–	–	–
NPS	37,518	–	111,535	–	–	–	147,800	1,428	294,172
LSD	40,678	–	120,929	22,450	–	66,739	–	–	–
Other than Inhalants	78,196	–	187,369	248,488	31,385	465,590	512,098	249,051	775,145
Any illicit drugs	78,196	–	187,369	273,554	50,891	496,218	522,470	258,629	786,312
	40–49 years			50–59 years			60–64 years		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana	335,353	133,203	537,502	446,381	202,701	690,061	68,957	–	162,356
Inhalants	140,049	22,094	258,004	411,620	203,633	619,607	133,552	–	271,178
Methamphetamine	148,342	15,863	280,822	233,602	51,518	415,685	89,807	–	198,248
Ecstasy	162,983	6,658	319,309	79,167	–	173,915	17,454	–	51,888
Cocaine	138,097	525	275,669	89,581	–	181,734	43,222	–	128,491
Heroine	84,623	–	185,623	56,515	–	141,036	56,090	–	134,395
NPS	184,046	42,085	326,007	174,551	39,982	309,119	–	–	–
LSD	95,663	–	207,678	102,523	926	204,120	15,279	–	45,421
Other than Inhalants	716,739	432,456	1,001,021	833,921	511,708	1,156,135	140,326	14,772	265,879
Any illicit drugs	716,739	432,456	1,001,021	1,104,038	742,742	1,465,334	213,202	51,189	375,215

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Samples module.
When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".
95% CI: 95% confidence interval.

Table 112-1. Annual trends in the estimated prevalence of lifetime illicit drug use (2007-2025) (%)

Survey year	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana									
2007年	0.8	0.6	1.3	1.4	0.8	2.2	0.4	0.2	0.8
2009年	1.4	1.0	2.0	2.3	1.6	3.2	0.6	0.3	1.2
2011年	1.2	0.8	1.8	1.7	1.0	2.7	0.8	0.4	1.4
2013年	1.1	0.8	1.6	1.7	1.1	2.7	0.5	0.3	1.2
2015年	1.0	0.7	1.5	1.6	1.1	2.4	0.4	0.2	1.0
2017年	1.4	0.9	2.4	2.4	1.5	3.9	0.6	0.2	1.4
2019年	1.8	1.4	2.3	2.5	1.8	3.5	1.2	0.8	1.8
2021年	1.4	1.1	1.9	2.6	1.9	3.5	0.4	0.2	0.9
2023年	1.5	1.0	2.2	2.2	1.3	3.6	0.9	0.5	1.5
2025年	1.6	1.2	2.1	2.2	1.5	3.2	1.0	0.6	1.7
Inhalants									
2007年	2.0	1.6	2.6	3.1	2.3	4.1	1.1	0.6	1.8
2009年	1.9	1.4	2.5	3.0	2.2	4.1	0.8	0.4	1.5
2011年	1.6	1.2	2.1	2.4	1.7	3.6	0.8	0.5	1.2
2013年	1.9	1.4	2.5	2.7	1.9	3.7	1.2	0.7	2.0
2015年	1.5	1.1	2.0	2.1	1.5	3.2	0.8	0.5	1.4
2017年	1.1	0.8	1.6	1.8	1.2	2.8	0.4	0.2	1.0
2019年	1.1	0.8	1.5	1.8	1.3	2.6	0.4	0.2	0.9
2021年	0.9	0.6	1.3	1.3	0.8	2.0	0.6	0.3	1.1
2023年	1.2	0.8	1.8	1.8	1.1	2.8	0.7	0.3	1.4
2025年	0.8	0.6	1.2	1.2	0.7	1.9	0.5	0.3	1.0
Methamphetamine									
2007年	0.4	0.2	0.8	0.6	0.3	1.3	0.3	–	0.8
2009年	0.3	0.2	0.6	0.5	0.2	1.0	0.2	–	0.6
2011年	0.4	0.2	0.8	0.5	0.2	1.2	0.3	0.2	0.8
2013年	0.5	0.3	0.9	0.7	0.4	1.3	0.4	0.2	0.1
2015年	0.5	0.3	0.9	1.0	0.6	1.7	0.1	–	0.6
2017年	0.5	0.3	1.0	0.7	0.4	1.3	0.4	–	1.3
2019年	0.4	0.2	0.7	0.7	0.4	1.4	0.1	–	0.4
2021年	0.3	0.1	0.5	0.3	0.1	0.8	0.2	–	0.6
2023年	0.5	0.3	0.9	0.7	0.3	1.5	0.4	0.2	0.8
2025年	0.5	0.3	0.9	0.6	0.3	1.2	0.4	0.2	1.0
MDMA(Ecstasy)									
2007年	0.2	0.1	0.5	0.3	–	0.9	0.1	–	0.4
2009年	0.2	0.1	0.5	0.1	–	0.7	0.3	0.1	0.8
2011年	0.1	0.1	0.4	0.1	–	0.4	0.2	–	0.5
2013年	0.3	0.1	0.6	0.4	0.1	0.9	0.2	–	0.9
2015年	0.1	0.1	0.3	0.2	0.1	0.5	0.1	–	0.4
2017年	0.2	0.1	0.4	0.1	–	0.5	0.2	–	0.7
2019年	0.3	0.2	0.6	0.5	0.2	1.1	0.1	–	0.4
2021年	0.3	0.2	0.6	0.4	0.2	0.8	0.2	0.1	0.6
2023年	0.5	0.3	0.9	0.7	0.3	1.4	0.3	0.1	0.8
2025年	0.4	0.2	0.7	0.5	0.2	1.1	0.3	0.1	0.7
Cocaine									
2007年	0.1	–	0.4	0.2	–	0.6	0.1	–	0.7
2009年	0.2	0.1	0.6	0.1	–	0.5	0.3	–	1.0
2011年	0.1	–	0.3	0.2	–	0.5	-	–	–
2013年	0.1	–	0.3	0.1	–	0.7	0.1	–	0.5
2015年	0.1	0.1	0.3	0.3	0.1	0.6	-	–	–
2017年	0.3	0.1	0.7	0.3	–	0.9	0.3	–	1.3
2019年	0.3	0.2	0.7	0.6	0.3	1.3	0.1	–	0.5
2021年	0.2	0.1	0.5	0.4	0.2	0.9	0.1	–	0.4
2023年	0.4	–	1.3	0.3	–	1.0	0.5	–	3.0
2025年	0.4	0.2	0.7	0.5	0.2	1.1	0.3	0.1	0.7

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Sample
When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".

Table 112-2. Annual trends in the estimated prevalence of lifetime illicit drug use (2007-2025) (%) (continued)

Survey year	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Heroine									
2007年	0.1	–	0.3	0.1	–	0.6	–	–	–
2009年	–	–	–	–	–	–	–	–	–
2011年	–	–	–	–	–	–	–	–	–
2013年	0.1	–	0.3	0.1	–	0.5	0.1	–	0.5
2015年	0.1	–	0.2	0.2	–	0.5	–	–	–
2017年	–	–	–	–	–	–	–	–	–
2019年	0.1	–	0.4	0.3	–	0.9	–	–	–
2021年	0.3	0.1	0.5	0.5	0.2	0.9	0.1	–	0.6
2023年	0.1	–	0.4	0.1	–	0.8	0.1	–	0.5
2025年	0.3	0.1	0.5	0.1	–	0.4	0.4	0.2	0.9
NPS									
2013年	0.4	0.2	0.7	0.7	0.3	1.3	0.2	–	0.5
2015年	0.3	0.2	0.6	0.5	0.2	1.0	0.2	–	0.6
2017年	0.2	0.1	0.6	0.2	–	0.5	0.3	–	1.2
2019年	0.3	0.2	0.6	0.5	0.3	1.2	0.1	–	0.4
2021年	0.5	0.3	0.8	0.9	0.5	1.6	0.1	0.1	0.3
2023年	0.3	0.2	0.6	0.4	0.2	0.8	0.3	0.1	0.7
2025年	0.6	0.4	1.0	0.7	0.4	1.3	0.5	0.2	1.0
LSD									
2019年	0.3	0.2	0.6	0.4	0.2	1.0	0.2	–	0.6
2021年	0.1	0.1	0.4	0.2	–	0.7	0.1	–	0.5
2023年	0.3	0.1	0.6	0.4	–	1.2	0.1	–	0.5
2025年	0.3	0.2	0.6	0.3	0.1	0.8	0.3	0.1	0.7
Other than Inhalants									
2007年	1.2	0.9	1.7	1.7	1.1	2.5	0.8	0.5	1.4
2009年	1.7	1.3	2.3	2.4	1.7	3.4	1.0	0.6	1.8
2011年	1.5	1.0	2.1	2.0	1.3	3.1	1.0	0.6	1.7
2013年	1.3	0.9	1.9	2.0	1.3	2.9	0.8	0.4	1.4
2015年	1.4	1.0	1.9	2.2	1.6	3.2	0.6	0.3	1.1
2017年	1.6	1.0	2.6	2.6	1.6	4.1	0.7	0.3	1.6
2019年	2.0	1.5	2.5	2.8	2.0	3.8	1.2	0.8	1.9
2021年	2.0	1.5	2.5	3.1	2.4	4.2	1.0	0.6	1.6
2023年	2.6	1.9	3.5	2.9	1.9	4.2	2.3	1.4	3.8
2025年	2.8	2.3	3.5	3.0	2.2	4.0	2.7	2.0	3.7
Any illicit drugs									
2007年	2.6	2.1	3.2	3.7	2.8	4.8	1.6	1.0	2.3
2009年	2.9	2.3	3.6	4.5	3.5	5.7	1.4	0.9	2.3
2011年	2.7	2.1	3.4	4.0	3.0	5.4	1.4	0.9	2.1
2013年	2.5	2.0	3.3	3.7	2.8	5.0	1.5	1.0	2.4
2015年	2.4	1.8	3.1	3.6	2.7	4.9	1.2	0.8	1.9
2017年	2.3	1.7	3.3	3.8	2.7	5.2	1.0	0.6	1.9
2019年	2.5	2.0	3.1	3.5	2.7	4.7	1.5	1.0	2.2
2021年	2.4	1.9	3.0	3.5	2.7	4.5	1.5	1.0	2.3
2023年	3.4	2.6	4.3	4.0	2.8	5.5	2.8	1.8	4.3
2025年	3.2	2.7	3.9	3.6	2.7	4.7	2.9	2.2	3.9

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Sample

When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".

Table 113-1. Annual trends in the estimated number of individuals with lifetime illicit drug use (2007-2025)

Survey year	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Marijuana									
2007年	1,014,207	590,083	1,438,330	789,408	411,682	1,167,135	224,798	41,207	408,390
2009年	1,363,965	909,827	1,818,102	1,070,441	705,209	1,435,672	293,524	92,566	494,482
2011年	1,138,402	691,848	1,584,956	758,359	379,513	1,137,204	380,043	145,730	614,356
2013年	1,073,212	667,074	1,479,350	787,970	442,245	1,133,695	285,242	69,470	501,014
2015年	945,024	586,147	1,303,901	736,455	445,759	1,027,152	208,569	36,546	380,592
2017年	1,331,765	631,925	2,031,605	1,069,352	533,095	1,605,609	262,413	20,431	504,395
2019年	1,606,638	1,191,958	2,021,318	1,065,958	698,078	1,433,838	540,680	298,066	783,294
2021年	1,275,843	887,184	1,664,503	1,075,015	716,232	1,433,798	200,828	39,616	362,041
2023年	1,335,800	816,175	1,855,424	938,166	462,638	1,413,694	397,634	192,924	602,344
2025年	1,416,095	979,823	1,852,367	940,417	579,620	1,301,214	475,678	208,566	742,789
Inhalants									
2007年	2,444,351	1,822,901	3,065,802	1,770,256	1,243,471	2,297,040	674,095	323,374	1,024,817
2009年	1,798,329	1,299,177	2,297,482	1,412,115	983,657	1,840,572	386,214	146,849	625,580
2011年	1,477,421	1,022,845	1,931,998	1,104,593	677,149	1,532,036	372,828	197,859	547,798
2013年	1,825,432	1,279,188	2,371,675	1,217,329	799,429	1,635,229	608,103	283,883	932,322
2015年	1,381,847	936,570	1,827,123	967,540	591,199	1,343,881	414,307	190,067	638,546
2017年	1,037,404	648,994	1,425,814	826,376	487,133	1,165,620	211,028	46,433	375,624
2019年	964,292	664,601	1,263,984	763,874	495,979	1,031,768	200,419	53,231	347,607
2021年	820,774	519,260	1,122,287	538,365	290,275	786,455	282,408	112,393	452,424
2023年	1,041,425	616,682	1,466,168	748,186	386,867	1,109,504	293,240	70,696	515,783
2025年	741,569	466,814	1,016,324	497,851	258,980	736,722	243,719	88,648	398,789
Methamphetamine									
2007年	527,409	206,178	848,640	341,883	79,828	603,939	185,526	−	371,311
2009年	323,006	122,634	523,378	212,023	46,391	377,655	110,983	−	224,428
2011年	381,272	145,917	616,627	211,714	17,687	405,741	169,558	34,937	304,178
2013年	519,721	236,800	802,642	318,376	107,899	528,853	201,346	10,516	392,175
2015年	501,556	235,566	767,545	438,853	195,452	682,255	62,702	−	157,554
2017年	501,208	199,866	802,549	307,867	101,313	514,421	193,341	−	413,400
2019年	347,452	132,084	562,819	301,371	95,928	506,815	46,080	−	113,362
2021年	240,270	84,796	395,744	142,903	21,884	263,922	97,367	−	194,971
2023年	466,588	206,615	726,561	307,615	77,682	537,548	158,973	30,517	287,429
2025年	471,751	222,207	721,295	258,216	87,956	428,476	213,535	31,097	395,973
MDMA（Ecstasy）									
2007年	232,984	24,111	441,857	196,102	−	392,610	36,882	−	109,462
2009年	207,868	35,795	379,942	69,591	−	174,448	138,278	1,844	274,711
2011年	140,042	18,831	261,252	58,630	−	126,068	81,411	−	163,628
2013年	260,762	45,744	475,780	160,167	5,822	314,511	100,595	−	250,296
2015年	117,550	17,683	217,417	88,694	6,551	170,838	28,856	−	85,652
2017年	147,657	10,021	285,294	65,859	−	142,086	81,799	−	196,399
2019年	265,909	84,250	447,568	214,981	46,038	383,924	50,928	−	117,698
2021年	270,302	99,805	440,799	152,730	24,261	281,199	117,572	5,478	229,666
2023年	436,801	187,284	686,319	293,641	79,195	508,086	143,161	13,733	272,589
2025年	342,040	131,999	552,081	203,279	36,848	369,710	138,761	10,628	266,894
Cocaine									
2007年	161,782	−	330,142	103,037	−	225,433	58,745	−	174,349
2009年	215,032	13,751	416,312	59,001	−	141,153	156,031	−	339,783
2011年	71,935	−	158,798	71,935	−	158,798	-	−	−
2013年	81,974	−	196,608	44,988	−	133,538	36,986	−	109,787
2015年	118,177	11,248	225,106	118,177	11,248	225,106	-	-	−
2017年	261,761	16,228	507,293	129,000	−	272,417	132,761	−	335,176
2019年	301,160	98,094	504,225	270,999	76,847	465,151	30,161	−	89,663
2021年	219,955	65,015	374,895	169,924	30,499	309,350	50,031	−	119,828
2023年	373,253	−	806,436	149,026	−	300,614	224,227	−	630,021
2025年	353,129	143,095	563,162	211,135	44,625	377,644	141,994	13,976	270,012

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Sample

When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "−".

Table 113-2. Annual trends in the estimated number of individuals with lifetime illicit drug use (2007-2025) (continued)

Survey year	Total			Male			Female		
	Point estimation (%)	95%CI		Point estimation (%)	95%CI		Point estimation (%)	95%CI	
		lower	upper		lower	upper		lower	upper
Heroine									
2007年	79,250	–	190,155	79,250	–	190,155	–	–	–
2009年	–	–	–	–	–	–	–	–	–
2011年	–	–	–	–	–	–	–	–	–
2013年	64,482	–	154,630	29,187	–	86,636	35,295	–	104,766
2015年	70,085	–	151,756	70,085	–	151,756	–	–	–
2017年	–	–	–	–	–	–	–	–	–
2019年	118,268	–	251,563	118,268	–	251,563	–	–	–
2021年	234,381	87,577	381,185	193,895	70,721	317,069	40,486	–	120,358
2023年	77,881	–	190,758	49,915	–	148,389	27,966	–	83,138
2025年	230,915	64,895	396,936	39,594	–	95,252	191,321	34,908	347,734
NPS									
2013年	399,773	168,771	630,774	299,080	91,609	506,551	100,693	–	202,267
2015年	309,735	109,761	509,709	216,976	52,866	381,087	92,759	–	207,027
2017年	222,290	5,302	439,279	72,997	–	159,727	149,293	–	354,319
2019年	273,205	84,965	461,444	232,125	54,841	409,409	41,079	–	104,360
2021年	432,769	199,499	666,038	370,618	142,089	599,147	62,151	8,002	116,299
2023年	292,563	117,990	467,137	169,857	45,113	294,600	122,707	579	244,835
2025年	543,915	268,697	819,133	306,623	120,023	493,223	237,292	66,099	408,485
LSD									
2019年	277,224	94,051	460,397	186,604	36,747	336,461	90,620	–	195,954
2021年	133,979	13,141	254,817	101,437	–	205,707	32,542	–	96,742
2023年	221,550	24,023	419,078	161,559	–	345,522	59,991	–	142,133
2025年	276,592	98,412	454,771	137,043	10,682	263,404	139,549	10,764	268,334
Other than Inhalants									
2007年	1,462,326	953,452	1,971,199	956,375	552,836	1,359,915	505,950	216,958	794,943
2009年	1,637,934	1,128,141	2,147,727	1,130,908	759,035	1,502,781	507,026	222,937	791,115
2011年	1,386,459	903,104	1,869,813	919,220	520,596	1,317,843	467,239	210,220	724,258
2013年	1,308,259	845,581	1,770,937	892,209	527,161	1,257,256	416,050	171,674	660,426
2015年	1,273,703	860,058	1,687,347	1,001,826	652,340	1,351,312	271,877	78,444	465,310
2017年	1,504,538	791,953	2,217,124	1,156,947	613,093	1,700,800	347,592	83,724	611,459
2019年	1,743,665	1,314,013	2,173,317	1,171,299	784,023	1,558,574	572,366	327,212	817,520
2021年	1,772,575	1,315,325	2,229,826	1,311,789	923,968	1,699,610	460,786	228,207	693,366
2023年	2,243,923	1,553,037	2,934,809	1,224,518	723,499	1,725,537	1,019,405	503,006	1,535,804
2025年	2,529,767	1,983,442	3,076,093	1,254,109	846,013	1,662,205	1,275,658	864,894	1,686,423
Any illicit drugs									
2007年	3,086,607	2,400,434	3,772,780	2,114,588	1,544,277	2,684,899	972,019	571,793	1,372,245
2009年	2,768,501	2,127,456	3,409,546	2,081,449	1,573,077	2,589,522	687,052	358,204	1,015,899
2011年	2,510,211	1,896,082	3,124,340	1,830,861	1,280,232	2,381,489	679,350	398,721	959,980
2013年	2,489,112	1,830,464	3,147,760	1,699,196	1,186,374	2,212,018	789,916	440,585	1,139,246
2015年	2,225,266	1,652,598	2,797,934	1,636,768	1,164,391	2,109,145	588,498	313,346	863,649
2017年	2,162,406	1,411,933	2,912,878	1,677,519	1,104,245	2,250,792	484,887	191,395	778,380
2019年	2,188,214	1,716,542	2,659,886	1,506,769	1,092,460	1,921,077	681,445	411,181	951,709
2021年	2,157,860	1,648,382	2,667,338	1,451,299	1,053,848	1,848,749	706,562	409,923	1,003,200
2023年	2,925,721	2,147,073	3,704,369	1,685,967	1,098,006	2,273,927	1,239,754	685,394	1,794,115
2025年	2,908,199	2,310,905	3,505,493	1,517,521	1,070,826	1,964,217	1,390,678	962,949	1,818,407

Point estimates and interval estimates (95% confidence intervals) were calculated using the SPSS Complex Samples
When the lower bound of the confidence interval was below zero, or when estimation was not possible because no respondents were observed, the value is indicated by "–".