### Follow up questionnaire at 3, 6 and 12 months (Japan)- Self-administered/Online

Respondent's ID No.					
Please circle the approp	oriate answer, unless other	wise stated	1.		
1.0 General informati	on				
101. What is your curre	ent visa status in Japan?				
1. Student	2.Technical intern	3. Depe	endent	4. Permanent	resident
5.Others:					
102. What kind of wor	k /where are you doing cur	rently in Ja	apan? (F	Part time or full t	ime)
(If you have multiple a	nswers, please choose the	one which	you hav	ve done for longe	est period in las
3 months)					
1. Restaurant	2. Convenienc	e store	3. Ben	to company	4. Factory
5. Hotel as houseke	eeper e.g. bed making		6.No j	ob	
7.Others:				•••••	
103. Which prefecture	are you residing currently	in Japan?			
104. When did you arri	ve in Japan?				

## 2.0 About your language skill

201. Please indicate your current Japanese language				
skill.				
1. Japanese conversation	1. Not at all	2. So-so	3. Good	4.
				Excellent
2. Reading Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4.
				Excellent
3. Writing Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4.
				Excellent
4. Reading Kanji	1. Not at all	2. So-so	3. Good	4.
				Excellent
5. Writing Kanji	1. Not at all	2. So-so	3. Good	4.
				Excellent
6. Reading Japanese books/ newspaper	1. Not at all	2. So-so	3. Good	4.
				Excellent
7. Writing email/letters in Japanese	1. Not at all	2. So-so	3. Good	4.
				Excellent

202. Do you need a Japanese language interpreter when visiting a health center clinic/hospital?

1. Yes

3.0 Living and working in Japan	
301. With whom do you live together i	-
1. Friends 2. Family	3. Relative 4. Alone 5. Others
302. How many hours are you engaged	in paid work per week? hrs
303. How much do you earn per month	regular in Japan?
1. Below 50,000 JPY	2. 50,000- 99,999 3. 100,000- 199,999
4. 200,000 or above	5. No regular income
4.0 Alcohol use and self-rated health	status
401. During the last 30 days how often	did you have drinks containing alcohol?
1. Everyday	2. 2-3 times a week 3. At least once a week
4. Less than once a week	5. Never
402. During the last 3 months did you u	use drugs including amphetamine, ice heroin, heavy popper,
balloon?	
1. Yes 2. No (go to	3. I do not know (go to 406)
403. How many times did you use the	e drugs in the last 3 months
1. once 2. More than once but	not often 3. Almost every week
404. Which way did you use them?	
1. inhale only 2. Pill only	3. Inject 4. Combination of 1 -3.
405. How did you get the drugs?	·
1. from friends 2. F	rom people selling them online
3. Someone gave me 4. O	
406. How do you rate your current gen	
1. Excellent 2. Very good	
4. Fair 5. Poor	
407. In the last 3 months in Japan, did	you become ill or have health problems?
1. Yes 2. No (go to	•
· ·	you visit a doctor/health worker for medical consultation?
1. Yes 2. No	
5.0 Information on sexual behavior	
501. Have you had sexual intercourse (	penetrative vaginal and/or anal intercourse) during last 3
months stay in Japan?	
(If "No", go directly to <b>Qn.no. 601</b> )	
1. Yes 2. N	0

502. How many sex partners you had during the last 3 months stay in Japan?

2. No

(Number)			
503. How often you used condo	om with your sex partner/s	during the last 3 m	onths stay in Japan?
1. All of the time	2. Most of the time	3. Sometimes	4. Rarely
5. Never			
504. Have you had sex with a c	ommercial sex worker du	ring last 3 months s	tay in Japan?
(If "No", go directly to <b>Qn.no.</b>	506)		
1. Yes	2. No		
505. How often you used condo	m with commercial sex w	orker during the las	t 3 months stay in
Japan?			
1. All of the time	2. Most of the time	3. Sometimes	4. Rarely
5. Never			
506. Have you had anal sex with	th a man during last 3 mon	ths stay in Japan? (	Only for men)
(If "No", go directly to Qn.no.	508)		
1. Yes	2. No		
507. How often you used condo	om while having anal sex	with a man during t	he last 3 months stay in
Japan? (Only for men)			
1. All of the time	2. Most of the time	3. Sometimes	4. Rarely
5. Never			
508. Have you had any sexuall	y transmitted diseases (ST	Ds) in last 3 month	s stay in Japan?
1. Yes	2. No		

#### 6.0 Perceived risk of HIV

1. Syphilis

No.	Questions and Filters	Coding categories
601	What is your gut feeling about how likely	Extremely unlikely1
	you are to get infected with HIV?	Very unlikely2
		Somewhat likely3
		Very likely4
		Extremely likely5
602	I worry about getting	None of the time1
	infected with HIV	Rarely2
		Some of the time3
		A moderate amount of time4
		A lot of the time5
		All of the time6
603	Picturing self-getting HIV	Very hard to do1
	is something I find:	Hard to do2

508-1. What STDs were you infected in the last 3 months in Japan? (multiple answers allowed)

3. Candidiasis 4. Others (please specify

2. Gonorrhea

#### 資料2 質問票(英語)

		Easy to do
		Very easy to do4
604	I am sure I will NOT get	Strongly disagree1
	infected with HIV	Disagree2
	miceted with fir v	Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree
605	I feel vulnerable to HIV infection	Strongly disagree1
003	Treet vulnerable to the infection	Disagree2
		Somewhat disagree
		Somewhat agree4
		Agree5
60.6		Strongly agree
606	There is a chance, no matter how small, I	Strongly disagree
	could get	Disagree2
	HIV	Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6
607	I think my chances of getting infected with	Zero1
	HIV are:	Almost zero2
		Small3
		Moderate4
		Large5
		Very Large
608	Getting HIV is something	Never thought about1
	I have	Rarely thought about2
		Thought about some of the
		time3
		Thought about often4

### 7.0 Access to HIV testing services

701.	Do you	think you	have easy	access to H	IIV testing	service in	Japan?
------	--------	-----------	-----------	-------------	-------------	------------	--------

1. Yes

2. No

702. Do you know where to go for HIV testing in Japan?

1. Yes

2. No

703. I don't want to know the result, but have you done an HIV test during your last 3 months stay in

Japan?		
1. Yes (go to 703-1)	2 N	No (go to 703-2)
703-1 (a) Why did you have an HIV tes		,
important to you.	t. I lease elloose	the only one reason which was most
1. My friends suggested me		
2. My family suggested me		
3. Doctor suggested me		
4. I am worried about getting infected v	with HIV	
5. Others (please specify	VIIII III V	)
(b). Where did you take the HIV test?		,
1. Hospital 2. Health centre	3. Clinic	4. Others
1. Hospital 2. Health centre	3. Clinic	4. Others
703-2 Why haven't you had an HIV tes	et? Please choose	the only one reason which was most
important to you.	it. I lease choose	the only one reason which was most
1. I am not infected with HIV (low risk	of infection)	
2. I do not know where to go for HIV to	,	
3. It is expensive	osting	
4. There is no HIV testing facility near	my home	
5. I am worried about being gossiped b	•	hen Laccess HIV test
6. Others (Please specify	y other people w	nen i decess iii v test
of Guiers (Freuse speerly		
704. Do you know about free and anon	vmous HIV testii	ng service in Japan?
1. Yes 2. N	-	
705. To what extent are you interested	in taking HIV tes	st in future?
1. Not interested at all	S	
2. Not very interested		
3. Neither interested or nor uninterested	1	
4. Somewhat interested		
5. Very interested		
706. What is the most important thing t	for you to make H	HIV test accessible? (Choose only one)
•	•	ge service 3. Easy access from the station
4. Strict privacy 5. Open on	1 0	Open in the evening 7. Others
707. Do you think in Japan, most of the	people can appl	y to get subsidized treatment of HIV, if you
have visa status eligible to public health		, ,
1. Yes 2. N		Oon't know
708. Do you think that you will not be	legally allowed to	o stay in Japan, if you are found to be HIV
positive?		
1. Yes 2. N	o 3. I	Oon't know

## 8.0 Feeling of sadness/ Depression

8.0	reening of sauness/ Depression	1	1	1	1
	Below is a list of some of the ways you may have felt or behaved.	Rarely or	Some or	Occasion	All of
	Please indicate how often you've felt this way during the past week.	none of the	a little of	ally or a	the
	Respond to all items.	time (less	the time	moderate	time
		than1 day)	(1-2	amount	(5-7
			days)	of time	days)
1.	I was bothered by things that usually don't bother me.	0	1	2	3
2.	I did not feel like eating; my appetite was poor.	0	1	2	3
3.	I felt that I could not shake off the blues even with help	0	1	2	3
	from my family.				
4.	I felt that I was just as good as other people.	0	1	2	3
5.	I had trouble keeping my mind on what I was doing.	0	1	2	3
6.	I felt depressed.	0	1	2	3
7.	I felt that everything I did was an effort.	0	1	2	3
8.	I felt hopeful about the future	0	1	2	3
9.	I thought my life had been a failure.	0	1	2	3
10.	I felt fearful.	0	1	2	3
11.	My sleep was restless.	0	1	2	3
12.	I was happy.	0	1	2	3
13.	I talked less than usual	0	1	2	3
14.	I felt lonely.	0	1	2	3
15.	People were unfriendly	0	1	2	3
16.	I enjoyed life.	0	1	2	3
17	I had crying spells.	0	1	2	3
18	I felt sad.	0	1	2	3
19	I felt that people disliked me.	0	1	2	3
20	I could not "get going."	0	1	2	3

### 資料2 質問票 (英語)

# 9.0 Social support (MSPSS)

# **Multidimensional Scale of Perceived Social Support**

	We are interested in how you feel about the following	Very	Strongly	Mildly	Neutral	Mildly	Strongly	Very
	statements. Read each statement carefully. Indicate how you	Strongly	Disagree	Disagree		Agree	Agree	Strongly
	feel about each statement.	Disagree						Agree
1	There is a special person who is around when I am in need.	1	2	3	4	5	6	7
2	There is a special person with whom I can share my joys	1	2	3	4	5	6	7
	and sorrows							
3	My family really tries to help me.	1	2	3	4	5	6	7
4	I get the emotional help and support I need from my family.	1	2	3	4	5	6	7
5	I have a special person who is a real source of comfort to	1	2	3	4	5	6	7
	me							
6	My friends really try to help me.	1	2	3	4	5	6	7
7	I can count on my friends when things go wrong	1	2	3	4	5	6	7
8	I can talk about my problems with my family	1	2	3	4	5	6	7
9	I have friends with whom I can share my joys and sorrows	1	2	3	4	5	6	7
10	There is a special person in my life that cares about my	1	2	3	4	5	6	7
	feelings.							
11	My family is willing to help me make decisions.	1	2	3	4	5	6	7
12	I can talk about my problems with my friends	1	2	3	4	5	6	7

### 10.0 Health-related QOL questionnaires: WHO- BREF HRQOL -26

Thinking about last two weeks in the past, how well you feel about your standards, hopes, pleasures and concerns, please the one that you think most appropriate. In each question, assess your feelings, and tell about the number on the scale that gives the best answer for you.

		Very poor	Poor	Neither poor nor good	Good	Very good
1. How do you rate your quality of life?		1	2	3	4	5
	Very dissatisfie		tisfied	Neither dissatisfied nor satisfied	Satisfied	Very satisfied
2. How satisfied are you with your health	1	2		3	4	5

The following questions ask about how you have	Not at	A little	A moderate	Very
experienced certain things in last two weeks	all		amount	much
3. To what extent do you feel that physical pain prevents you from doing what you need to do?	1	2	3	4
4. How much do you need any medical treatment to function in your daily life?	1	2	3	4
5. How much do you enjoy your life?	1	2	3	4
6. To what extent do you feel your life to be meaningful?	1	2	3	4
7. How well are you able to concentrate?	1	2	3	4
8. How safe do you feel in your daily life?	1	2	3	4
9. How healthy is your physical environment?	1	2	3	4

The following questions ask about how completely you	Not at	A little	Moderately	Mostly	Completely
experience or were able to do certain things in the last	all				
two weeks.					
10. Do you have enough energy for everyday life?	1	2	3	4	5

### 資料2 質問票(英語)

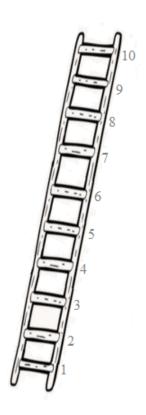
11. Are you able to accept your bodily appearance	1	2	3	4	5
12. Have you enough money to meet your needs?	1	2	3	4	5
13. How available to you is the information that you need in your day-to-day life?	1	2	3	4	5
14. To what extent do you have the opportunity for leisure activities?	1	2	3	4	5
15. How capable you are to cope with your own problems?	1	2	3	4	5

The following questions ask you how <b>good or satisfied</b> you have felt about various aspects of your life over the last two weeks	Very dissatisfied	Dissatisfied	Never Satisfied nor Dissatisfied	Satisfied	Very satisfied
16. How satisfied are you with your sleep?	1	2	3	4	5
17. How satisfied with your ability to perform your daily living activities?	1	2	3	4	5
18. How satisfied are you with your capacity for work?	1	2	3	4	5
19. How satisfied are you with yourself?	1	2	3	4	5
20. How satisfied are you with your personal relationship?	1	2	3	4	5
21. How satisfied are you with your sex life?	1	2	3	4	5
22. How satisfied are you with the support you get from your friends?	1	2	3	4	5
23. How satisfied are you with the conditions of living place?	1	2	3	4	5
24. How satisfied are you with your access to health services?	1	2	3	4	5
25. How satisfied are you with your transport?	1	2	3	4	5
	Never	Seldom	Quite often	Very often	Always
26. How often do you have negative feelings such as blue mood, despair, anxiety, depression	1	2	3	4	5

### 11. Subjective Social Status

Think of this ladder as showing where you stand in Japan.

Circle where you are (1; lowest, 10; highest in wealth/education/working position)



THANK YOU