

研究成果の刊行に関する一覧表

- 1) Kawashima A, Komatsu A, Jin X, **Shimada H**, **Arai H**, **Saito T**. Chronic pain and decline in activities of daily living among community-dwelling older adults: a systematic review of longitudinal studies. *Eur Geriatr Med*, 16(6): 2085-2096, 2025.
- 2) Kawashima A, Jin X, Komatsu A, Niwa S, **Shimada H**, **Arai H**, **Saito T**. Individual- and Facility-Level Factors Related to Quality-of-Life Transitions in Older Adults in Residential Facilities: A Systematic Review. *J Am Med Dir Assoc*, 26(8): 105721, 2025.
- 3) Kakita D, Harada K, Kurita S, Morikawa M, Nishijima C, Fujii K, **Shimada H**, **Arai H**. Identification of Sarcopenic Obesity by Fat-to-Muscle Ratio in Older Adults: A Cohort Study. *J Cachexia Sarcopenia Muscle*, 17(1): e70174, 2026.
- 4) Yamagiwa D, Katayama O, Yamaguchi R, Akaida S, Makino K, **Shimada H**. Basal metabolic rate predicts dementia in community-dwelling older adults: a 5-year longitudinal study. *Eur Geriatr Med*, 16(6): 2181-2191, 2025.
- 5) **Shimada H**, Doi T, Tsutsumimoto K, Makino K, Harada K, Tomida K, Morikawa M, **Arai H**. Combined effects of social isolation and loneliness on disability incidence in older adults. *Arch Gerontol Geriatr*, 131: 105749, 2025.
- 6) Nosaka S, Nakakubo S, Kiuchi Y, Misu Y, Ohata T, **Shimada H**. A Longitudinal Study of Social Participation and the Onset of Disability Among Community-Dwelling Older Adults With Different Incomes. *Psychogeriatrics*, 26(1): e70122, 2026.
- 7) Yamada M, Kojima I, Tanaka S, Saegusa H, Nambu M, Matsumoto H, Okawa K, **Arai H**. The Geriatric 10-Second Functional Capacity Test (Ger10-FCT): A Practical and Rapid Screening Tool for Frailty, Sarcopenia, and the Risk of Adverse Health Outcomes in Older Adults. *Geriatr Gerontol Int*, 26(1): e70261, 2025.
- 8) Kinoshita K, Otsuka R, Satake S, Nishita Y, Makizako H, Mizokami F, Kabayama M, Kamide K, Akatsu H, **Arai H**. Concurrent and Predictive Validity of a New Frailty Risk Index "FR-IC Index": A Follow-Up Study of Older Outpatients. *Geriatr Gerontol Int*, 26(2): e70419, 2026.
- 9) Otsuka R, Zhang S, Nishita Y, Tange C, Tateishi M, Makizako H, Kinoshita K, Mizokami F, Kabayama M, Kamide K, Satake S, **Arai H**. Heatmap of 10-year disability risk according to the frailty-intrinsic capacity (FR-IC) index in older Japanese adults. *Arch Gerontol Geriatr*, 142: 106119. 2025.