

研究成果の刊行に関する一覧表

書籍

著者氏名	論文タイトル名	書籍全体の編集者名	書 籍 名	出版社名	出版地	出版年	ページ
寺内公一	更年期障害		今日の治療指針2026年版	医学書院		2026	
寺内公一	更年期の食と栄養・代謝		臨床栄養別冊 女性の食と栄養・代謝ガイドブック	医歯薬出版		2026	
寺内公一	第10章 加齢と疾患; 第15章 ホルモン療法 C.更年期障害に対するホルモン補充療法		標準産科婦人科学 第6版.	医学書院		2026	
江川真希子、 <u>寺内公一</u>	閉経後女性のホルモン補充療法は脂質異常症や動脈硬化にどのように影響しますか？		【新装改訂版】見直し！脂質異常症評価・処方の"いま"を押さえる	日本医事新報社		2026	
寺内公一	不眠に対しHRTは有効か？		ホルモン補充療法ガイドライン2025年度版	金原出版		2025	
寺内公一	CQ76 閉経後の糖尿病の予防にホルモン補充療法(HRT)は有効か?; CQ77 Alzheimer病(AD)の予防にホルモン補充療法(HRT)は有効か?; CQ78 尿失禁(UI)にホルモン補充療法(HRT)は有効か?; CQ79 閉経関連尿路性器症候群(GSM)の治療は?		女性内分泌クリニカルレビュー100 改訂第2版	診断と治療社		2025	
寺内公一	更年期障害（閉経期ホルモン療法）		オールラウンド外来診療ガイドブック	中山書店		2025	

雑誌

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Saito A, Nomura K , Satoh M, et al.	Reproductive Factors and Brain Volume in Community-Dwelling Individuals: The Ohasama Study	<i>Environment al Health and Preventive Medicine</i>			2026
Shimizu K, Nagashima K, Iwakura M, et al.	Point prevalence, comorbidity, and prescriptions of menopausal disorders among working women in Japan	<i>Maturitas</i>	209	108955	2026
Odai T, Terauchi M , Enokuchi Y, et al.	Oxidative Balance Score Is Associated with Social Involvement and Weight-Adjusted Appendicular Skeletal Muscle Mass in Middle-Aged and Older Japanese Women	<i>Nutrients</i>	18 (4)	688	2026
Tamura Y, Ogawa W, Ishii K, et al.	on behalf of the Working Group on Female Underweight/Undernutrition Syndrome, The Japan Society for the Study of Obesity. Female Underweight/Undernutrition Syndrome (FUS): An Emerging Health Concept in Premenopausal Women	<i>J Obstet Gynaecol</i>			2026
Masakazu Terauchi	Sleep Disturbances during Menopause: Mechanisms and Management Approaches	<i>Journal of Menopausal Medicine</i>	32	1-6	2026
Ozeki C, Jung S, Takeuchi T, et al.	Socioenvironmental factors associated with the severity of menopausal symptoms in perimenopausal Japanese women.	<i>Menopause</i>	33 (10):	1-9	2026
Morisaki N, Ito S, Piedvache A, et al.	Associations and adolescent mental health: findings from a National Japanese Cohort.	<i>Menopause</i>	Volume 33	DOI : 10.1097/GME.0000000000002722	2026
森崎 菜穂 小宮 ひろみ	女性の健康に関する政策概説－その健康施策の現状と動向	公衆衛生	89	579-587	2026
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Yamazaki T, Nomura K, Satoh M, et al.	Association Between the Number of Deliveries and Cognitive Impairment Considering the Presence of Subclinical Cerebrovascular Diseases: The Ohasama Study.	<i>Tohoku J Exp Med</i>	266(1)	69-79	2025
Seng Bin Ang, Stella Rizalina Sasha Sugianto, Felicia Clara Jun Hui Tan, et al.	Asia-Pacific Menopause Federation Consensus Statement on the Management of Menopause 2024	<i>Journal of Menopausal Medicine</i>	31	3-11	2025
Seng Bin Ang, Felicia Clara Jun Hui Tan, Stella Rizalina Sasha Sugianto, et al.	Practices and challenges in the management of the menopause in the Asia-Pacific Menopause Federation	<i>Climacteric</i>			2025
Terauchi M, Kato M, Lee T, et al.	Treatment, perceptions and burden of vasomotor symptoms among midlife women in Japan	<i>Climacteric</i>		1-12	2025
Ogawa M, Hirose A, Soeda W, et al.	Menopause Education Programs for Healthcare Professionals based on the Japanese Society of Psychosomatic Obstetrics and Gynecology	<i>Journal of Menopausal Medicine</i>	31	1-10	2025
寺内 公一	臨床検査技師が知っておきたい更年期障害の知識	<i>Medical Technology</i>	53(1)	81-86	2025
寺内 公一	更年期障害	臨床婦人科産科	79(1)	25-31	2025
小宮 ひろみ	「女性の健康司令塔」において性差医学・医療の果たす役割	<i>medicina</i>	62	340	2025
Kawase K, Adachi T, Nagoshi S, et al.	Factors affecting marriage and pregnancy/childbirth among women physicians in Japan.	<i>World J Surg</i>	48(12)	2950-2963	2024
Ozeki C, Maeda E, Hiraike O, et al.	Changes in menstrual symptoms and work productivity after checklist-based education for premenstrual syndrome: an 8-month follow-up of a single-arm study in Japan.	<i>BMC Women's Health</i>	24(1)	242	2024

Muhammad FG, Siregar, <u>Terauchi M</u> , et al.	Role of serum estradiol and C-telopeptide on musculoskeletal pain in menopausal women	<i>Narra J.</i>	4(2)	e747	2024
Yoshimi K, Inoue F, Odai T, et al.	Practical diagnosis and treatment of premenstrual syndrome and premenstrual dysphoric disorder by psychiatrists and obstetricians/gynecologists in Japan	<i>Psychiatry and Clinical Neurosciences Reports.</i>	3	e234	2024
<u>Terauchi M</u> , Ide no Y, Hayashi K	Effect of shift work on excessive daytime sleepiness in female nurses: results from the Japan nurses' health study.	<i>Ind Health.</i>	62(4)	252-258	2024
Ohtsuka M, Yamaguchi T, Oishi S, et al.	Supplementation with cassia polyphenol has no effect on menopausal symptoms in healthy middle-aged women: A randomized, double-blind, parallel-group, placebo-controlled trial	<i>Nutrition Research</i>	306; 126	14-22	2024
Muhammad FG, Siregar, <u>Terauchi M</u> , et al.	Comparison of leptin and estrone levels between normal body mass index and obese menopausal women	<i>Narra J.</i>	4(2)	e745	2024
<u>Nomura K</u> , Shimizu K, Takaf F, et al.	Scale development and validation of perimenopausal women disability index in the workplace.	<i>Environ Health Prev Med</i>	29	4	2024
飯田美穂, 三橋祐子, <u>野村恭子</u> , 辻真弓	就労女性における月経随伴症状の管理ならびに母乳育児と仕事の両立に向けたデジタルデバイスの使用に関する文献紹介.	産業医学ジャーナル	47(1)	29-33	2024
寺内 公一	閉経期ホルモン療法における黄体ホルモン製剤と子宮内膜	産科と婦人科	91(12)	1379-1381	2024
寺内 公一	萎縮性膣炎	産婦人科の実際	73 (11)	1461-1465	2024
寺内 公一	産婦人科医のための緊急対応サバイバルブック「動悸・不安感で救急を受診したが、更年期障害が疑われる？」	臨床婦人科産科	78 (4)	72-74	2024
小宮 ひろみ	性差とライフステージを意識した女性の健康促進に向けて	医学のあゆみ	290	898	2024
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Takeda T, Yoshimi K, Terauchi M , et al.	Gender Differences in Premenstrual Syndrome and Premenstrual Dysphoric Disorder Diagnosis and Treatment among Japanese Obstetricians and Gynecologists: A Cross-Sectional Study.	<i>Tohoku J Exp Med</i>	261(2)	95-101	2023
Murakami R, Naitsume M, Terauchi M , et al.	Effect of Flavanol-Rich Cacao Extract on the Profile of Mood State in Healthy Middle-Aged Japanese Women: A Randomized, Double-Blind, Placebo-Controlled	<i>Nutrients</i>	15(17)		2023
Terauchi M , Cheng JY, Yardley J, et al.	Efficacy and safety of lemborexant in midlife women with insomnia disorder.	<i>Menopause</i>	30(8)	839-848	2023

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<u>Nomura K</u> , Kitagawa K, <u>Nagashima K</u> , et al.	The quantity and quality of scientific evidence about the health of working women in occupational health of Japan: A scoping review.	<i>J Occup Health</i>	65(1)	e12427	2023