

**Follow up questionnaire at 3, 6 and 12 months (Japan)- Self-administered/Online**

Respondent's ID No.

(Link with baseline ID)

Please circle the appropriate answer, unless otherwise stated.

**1.0 General information**

101. What is your current visa status in Japan?

1. Student                      2. Technical intern                      3. Dependent                      4. Permanent resident  
5. Others:.....

102. What kind of work /where are you doing currently in Japan? (Part time or full time)

(If you have multiple answers, please choose the one which you have done for longest period in last 3 months)

1. Restaurant                      2. Convenience store                      3. Bento company                      4. Factory  
5. Hotel as housekeeper e.g. bed making                      6.No job  
7.Others:.....

103. Which prefecture are you residing currently in Japan?.....

104. When did you arrive in Japan?.....

**2.0 About your language skill**

201. Please indicate your current Japanese language skill.				
1. Japanese conversation	1. Not at all	2. So-so	3. Good	4. Excellent
2. Reading Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4. Excellent
3. Writing Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4. Excellent
4. Reading Kanji	1. Not at all	2. So-so	3. Good	4. Excellent
5. Writing Kanji	1. Not at all	2. So-so	3. Good	4. Excellent
6. Reading Japanese books/ newspaper	1. Not at all	2. So-so	3. Good	4. Excellent
7. Writing email/letters in Japanese	1. Not at all	2. So-so	3. Good	4. Excellent

202. Do you need a Japanese language interpreter when visiting a health center clinic/hospital?



資料4 質問票 (英語、来日者用)

..... (Number)

503. How often you used condom with your sex partner/s during the last 3 months stay in Japan?

1. All of the time      2. Most of the time      3. Sometimes      4. Rarely  
5. Never

504. Have you had sex with a commercial sex worker during last 3 months stay in Japan?

(If “No”, go directly to **Qn.no. 506**)

1. Yes      2. No

505. How often you used condom with commercial sex worker during the last 3 months stay in Japan?

1. All of the time      2. Most of the time      3. Sometimes      4. Rarely  
5. Never

506. Have you had anal sex with a man during last 3 months stay in Japan? (**Only for men**)

(If “No”, go directly to **Qn.no. 508**)

1. Yes      2. No

507. How often you used condom while having anal sex with a man during the last 3 months stay in Japan? (**Only for men**)

1. All of the time      2. Most of the time      3. Sometimes      4. Rarely  
5. Never

508. Have you had any sexually transmitted diseases (STDs) in last 3 months stay in Japan?

1. Yes      2. No

508-1. What STDs were you infected in the last 3 months in Japan? (multiple answers allowed)

1. Syphilis      2. Gonorrhea      3. Candidiasis      4. Others (please specify)

**6.0 Perceived risk of HIV**

No.	Questions and Filters	Coding categories
601	What is your gut feeling about how likely you are to get infected with HIV?	Extremely unlikely.....1 Very unlikely.....2 Somewhat likely.....3 Very likely.....4 Extremely likely.....5
602	I worry about getting infected with HIV	None of the time.....1 Rarely.....2 Some of the time.....3 A moderate amount of time.....4 A lot of the time.....5 All of the time.....6
603	Picturing self-getting HIV is something I find:	Very hard to do.....1 Hard to do.....2



資料4 質問票 (英語、来日者用)

Japan?

1. Yes (go to 703-1)

2. No (go to 703-2)

703-1 Why did you have an HIV test? Please choose the only one reason which was most important to you.

1. My friends suggested me

2. My family suggested me

3. Doctor suggested me

4. I am worried about getting infected with HIV

5. Others (please specify \_\_\_\_\_ )

703-2 Why haven't you had an HIV test? Please choose the only one reason which was most important to you.

1. I am not infected with HIV (low risk of infection)

2. I do not know where to go for HIV testing

3. It is expensive

4. There is no HIV testing facility near my home

5. I am worried about being gossiped by other people when I access HIV test

6. Others (Please specify \_\_\_\_\_)

704. Do you know about free and anonymous HIV testing service in Japan?

1. Yes

2. No

705. To what extent are you interested in taking HIV test in future?

1. Not interested at all

2. Not very interested

3. Neither interested or nor uninterested

4. Somewhat interested

5. Very interested

706. What is the most important thing for you to make HIV test accessible? (Choose only one)

1. Free of charge

2. Interpreter/language service

3. Easy access from the station

4. Strict privacy

5. Open on weekend

6. Open in the evening

7. Others

707. Do you think in Japan, most of the people can apply to get subsidized treatment of HIV, if you have visa status eligible to public health insurance?

1. Yes

2. No

3. Don't know

708. Do you think that you will not be legally allowed to stay in Japan, if you are found to be HIV positive?

1. Yes

2. No

3. Don't know

### 8.0 Feeling of sadness/ Depression

	Below is a list of some of the ways you may have felt or behaved. Please indicate how often you've felt this way during the past week. Respond to all items.	Rarely or none of the time (less than 1 day)	Some or a little of the time (1-2 days)	Occasi onally or a modera te amount of time	All of the time (5-7 days)
1.	I was bothered by things that usually don't bother me.	0	1	2	3
2.	I did not feel like eating; my appetite was poor.	0	1	2	3
3.	I felt that I could not shake off the blues even with help from my family.	0	1	2	3
<b>4.</b>	<b>I felt that I was just as good as other people.</b>	0	1	2	3
5.	I had trouble keeping my mind on what I was doing.	0	1	2	3
6.	I felt depressed.	0	1	2	3
7.	I felt that everything I did was an effort.	0	1	2	3
<b>8.</b>	<b>I felt hopeful about the future</b>	0	1	2	3
9.	I thought my life had been a failure.	0	1	2	3
10.	I felt fearful.	0	1	2	3
11.	My sleep was restless.	0	1	2	3
<b>12.</b>	<b>I was happy.</b>	0	1	2	3
13.	I talked less than usual	0	1	2	3
14.	I felt lonely.	0	1	2	3
15.	People were unfriendly	0	1	2	3
<b>16.</b>	<b>I enjoyed life.</b>	0	1	2	3
17.	I had crying spells.	0	1	2	3
18.	I felt sad.	0	1	2	3
19.	I felt that people disliked me.	0	1	2	3
20.	I could not "get going."	0	1	2	3

**9.0 Social support (MSPSS)****Multidimensional Scale of Perceived Social Support**

	<b>We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.</b>	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
1	There is a special person who is around when I am in need.	1	2	3	4	5	6	7
2	There is a special person with whom I can share my joys and sorrows	1	2	3	4	5	6	7
3	My family really tries to help me.	1	2	3	4	5	6	7
4	I get the emotional help and support I need from my family.	1	2	3	4	5	6	7
5	I have a special person who is a real source of comfort to me	1	2	3	4	5	6	7
6	My friends really try to help me.	1	2	3	4	5	6	7
7	I can count on my friends when things go wrong	1	2	3	4	5	6	7
8	I can talk about my problems with my family	1	2	3	4	5	6	7
9	I have friends with whom I can share my joys and sorrows	1	2	3	4	5	6	7
10	There is a special person in my life that cares about my feelings.	1	2	3	4	5	6	7
11	My family is willing to help me make decisions.	1	2	3	4	5	6	7
12	I can talk about my problems with my friends	1	2	3	4	5	6	7

資料 4 質問票 (英語、来日者用)

**10.0 Health-related QOL questionnaires: WHO- BREF HRQOL -26**

Thinking about last two weeks in the past, how well you feel about your standards, hopes, pleasures and concerns, please the one that you think most appropriate. In each question, assess your feelings, and tell about the number on the scale that gives the best answer for you.

	Very poor	Poor	Neither poor nor good	Good	Very good
1. How do you rate your quality of life?	1	2	3	4	5
	Very dissatisfied	Dissatisfied	Neither dissatisfied nor satisfied	Satisfied	Very satisfied
2. How satisfied are you with your health	1	2	3	4	5

The following questions ask about how you have experienced certain things in last two weeks	Not at all	A little	A moderate amount	Very much
3. To what extent do you feel that physical pain prevents you from doing what you need to do?	1	2	3	4
4. How much do you need any medical treatment to function in your daily life?	1	2	3	4
5. How much do you enjoy your life?	1	2	3	4
6. To what extent do you feel your life to be meaningful?	1	2	3	4
7. How well are you able to concentrate?	1	2	3	4
8. How safe do you feel in your daily life?	1	2	3	4
9. How healthy is your physical environment?	1	2	3	4

The following questions ask about how completely you experience or were able to do certain things in the last two weeks.	Not at all	A little	Moderately	Mostly	Completely
10. Do you have enough energy for everyday life?	1	2	3	4	5



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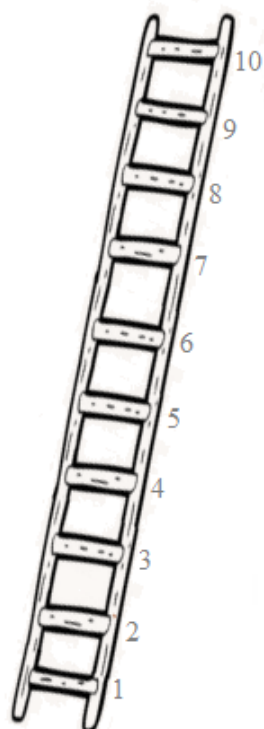
11. Are you able to accept your bodily appearance	1	2	3	4	5
12. Have you enough money to meet your needs?	1	2	3	4	5
13. How available to you is the information that you need in your day-to-day life?	1	2	3	4	5
14. To what extent do you have the opportunity for leisure activities?	1	2	3	4	5
15. How capable you are to cope with your own problems?	1	2	3	4	5

The following questions ask you how <b>good or satisfied</b> you have felt about various aspects of your life over the last two weeks	Very dissatisfied	Dissatisfied	Never Satisfied nor Dissatisfied	Satisfied	Very satisfied
16. How satisfied are you with your sleep?	1	2	3	4	5
17. How satisfied with your ability to perform your daily living activities?	1	2	3	4	5
18. How satisfied are you with your capacity for work?	1	2	3	4	5
19. How satisfied are you with yourself?	1	2	3	4	5
20. How satisfied are you with your personal relationship?	1	2	3	4	5
21. How satisfied are you with your sex life?	1	2	3	4	5
22. How satisfied are you with the support you get from your friends?	1	2	3	4	5
23. How satisfied are you with the conditions of living place?	1	2	3	4	5
24. How satisfied are you with your access to health services?	1	2	3	4	5
25. How satisfied are you with your transport?	1	2	3	4	5
	Never	Seldom	Quite often	Very often	Always
26. How often do you have negative feelings such as blue mood, despair, anxiety, depression	1	2	3	4	5

### 11. Subjective Social Status

Think of this ladder as showing where you stand in Japan.

Circle where you are (1; lowest, 10; highest in wealth/education/working position)



### 12. COVID-19/Lockdown related questions

12.1 Did you get infected with COVID-19 in Nepal (confirmed by PCR test)?

1. Yes                      2. No (Go to 12.3)

12.2 If yes, how severe were your symptoms?

1. No symptoms  
2. Mild symptoms  
3. Moderate  
4. Severe (needed hospitalization, oxygen therapy)

12.3 Did you get infected with COVID-19 in Japan (confirmed by PCR test)?

1. Yes                      2. No (Go to 12.5)

12.4 If yes, how severe were your symptoms?

1. No symptoms  
2. Mild symptoms  
3. Moderate

資料 4 質問票 (英語、来日者用)

4. Severe (needed hospitalization, oxygen therapy)

12.5 Had anyone in your family member get infected with COVID-19?

1. Yes                      2. No                      3. Don't know

12.6 How severely COVID-19 situation (and related lockdown) affected your life, socio-economically in Nepal?

1. Not at all,
2. A little,
3. Moderately,
4. Very much

12.7 How severely COVID-19 situation (and related lockdown) affected your life, socio-economically in Japan?

1. Not at all,
2. A little,
3. Moderately,
4. Very much

**THANK YOU**