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Aim: To assess heat stroke and heat exhaustion occurrence and response during the coronavirus disease 2019 pandemic in Japan.

Methods: This retrospective, multicenter, registry-based study describes and compares the characteristics of patients between the months of July and September in 2019 and 2020. Factors affecting heat stroke and heat exhaustion were statistically analyzed. Cramér's V was calculated to determine the effect size for group comparisons. We also investigated the prevalence of mask wearing and details of different cooling methods.

Results: No significant differences were observed between 2019 and 2020. In both years, in-hospital mortality rates just exceeded 8%. Individuals >65 years old comprised 50% of cases and non-exertional onset (office work and everyday life) comprised 60%–70%, respectively. The recommendations from the Working Group on Heat Stroke Medicine given during the coronavirus disease pandemic in 2019 had a significant impact on the choice of cooling methods. The percentage of cases, for which intravascular temperature management was performed and cooling blankets were used increased, whereas the percentage of cases in which evaporative plus convective cooling was performed decreased. A total of 49 cases of heat stroke in mask wearing were reported.

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Conclusion: Epidemiological assessments of heat stroke and heat exhaustion did not reveal significant changes between 2019 and 2020. The findings suggest that awareness campaigns regarding heat stroke prevention among the elderly in daily life should be continued in the coronavirus disease 2019 pandemic. In the future, it is also necessary to validate the recommendations of the Working Group on Heatstroke Medicine.

Key words: Active cooling, COVID-19, heat exhaustion, heat stroke, mask wearing

INTRODUCTION

H EAT STROKE AND heat exhaustion are growing public health concerns worldwide because of the increasing frequency of heat waves. In Japan, 43,060 patients with heat stroke and heat exhaustion were transported by ambulance in August 2020 alone.¹ Moreover, coronavirus disease 2019 (COVID-19) has similar clinical symptoms, including fever and disturbance of consciousness, making it difficult to differentiate from heat stroke.² Compounded with the ongoing pandemic, as of September 1, 2021, the COVID-19 pandemic has resulted in more than 1,500,000 cases and 16,000 deaths.³

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has been reported to survive for several hours in airborne aerosols and COVID-19 may be transmitted through microparticles and vectors.⁴ In an attempt to curtail transmission, mask wearing has become a key preventative behavior during the COVID-19 pandemic. Although there are no known reports of an increase in the number of heat stroke patients after wearing masks, studies have shown that mask wearing increases oral and tympanic membrane temperature and increases the risk of heat illness during summer by increasing the temperature of inhaled air.^{5,6}

SARS-CoV-2 is present not only in the upper respiratory tract, but also in the stool, urine, and blood, and viral particles have been detected in these for at least 2 weeks after contamination.⁷ Therefore, it should be assumed that SARS-CoV-2 is present on body surfaces and in exhaled air. Moreover, evaporative plus convective cooling is one of the most common active cooling methods for heat stroke and may produce aerosols when water evaporates from the body surface spreading infection via aerosols generated on the body surface spreading infection via aerosols generated on the body surface cannot be ruled out in evaporative plus convective cooling methods against heat stroke with COVID-19. Therefore, to strengthen and improve infection control against COVID-19, it is necessary to adopt preventive measures and treatments for heat stroke and heat exhaustion.²

The Japanese Association for Acute Medicine (JAAM) Heatstroke and Hypothermia Surveillance Committee jointly established the Working Group on Heatstroke Medical Care given the COVID-19 epidemic with the Japanese Society for Emergency Medicine, Japanese Association for Infectious Diseases, and Japanese Respiratory Society. Recommendations for mask wearing include the avoidance of long-term exercise for ≥ 1 hour and to select an alternative cooling method to the evaporative plus convective cooling method, depending on the experience and conditions at each facility.² The JAAM Heatstroke and Hypothermia Surveillance Committee has been conducting a 3-year epidemiological study on heat stroke and heat exhaustion from 2019 to 2021 (Heatstroke STUDY [HsS] 2019-2021) independent of the COVID-19 pandemic. This study aimed to provide an interim report comparing data from 2019 and 2020 to clarify the effects of the COVID-19 pandemic on the incidence of heat stroke and heat exhaustion in Japan. By retrospectively comparing data before (2019) and during (2020) the pandemic, we aimed to understand the characteristics of the incidence of heat stroke in the context of the COVID-19 pandemic.

METHODS

Study design

T HIS RETROSPECTIVE, OBSERVATIONAL, multicenter, registry-based study used data from the HSS 2019 and 2020, a nationwide periodical and prospectively collected registry of patients with heat stroke and heat exhaustion. Patient characteristics in HsS 2019 and 2020 were compared. The protocol for this research project was approved by the Teikyo University Ethical Review Board for Medical and Health Research (approval no. 17-021-5) and that of each participating hospital, and conforms to the provisions of the Declaration of Helsinki. Informed consent was provided in a manner specified by the ethics committee of each institution for this study, and data from patients who did not wish to participate were excluded.

The JAAM Heatstroke and Hypothermia Surveillance Committee conducted the HsS 2019 and 2020 between the months of July and September in 2019 and 2020, in which 109 and 142 hospitals participated, respectively. The registered cases were defined as hospitalized patients who were

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treated as having heat stroke and heat exhaustion in the emergency department, based on symptoms (high body temperature and signs of dehydration, such as dizziness, myalgia, headache, nausea, convulsions, disturbance of consciousness, and convulsions) and a history of exposure to hot environments.

Physicians collected patient data from medical records and registered the data in the HsS 2019 and 2020 study repository using a web-based data collection system. Detailed information on symptom onset (patients' activity and environment of heat illness onset), demographic data (age, sex, height, and weight), clinical data at hospital arrival (bladder or rectal temperature, Glasgow coma scale [GCS] score, and laboratory data on liver, hepatic, and coagulation functions), and information on cooling methods and inhospital deaths were collected. In HsS 2020, data on mask wearing at the time of onset were also collected.

Variables

Deep body temperature was classified into five levels: ≥42.0°C, 41.0-41.9°C, 40.0-40.9°C, 39.0-39.9°C, and ≤38.9°C. The measurement sites were classified as follows: rectum, bladder, esophagus, tympanic membrane, intravascular, brain, and other than the above. Cooling methods were classified as active cooling therapy or rehydration-only therapy used in hospitals. Active cooling included internal, external, and combined cooling; all patients who were treated with active cooling were also treated with rehydration therapy. Active cooling methods used in the participating facilities were categorized as external cooling (cooling of body surfaces via evaporative plus convective cooling, the Arctic Sun temperature management system, cooling blanket, and cold-water immersion), internal cooling (cold-water gastric lavage, intravascular temperature management, coldwater bladder irrigation, renal replacement therapy, and extracorporeal membranous oxygenation), or combined cooling (combinations of internal and external cooling methods). The classification of the cooling methods did not overlap, although multiple answers were permitted. Rehydrationonly therapy comprised intravenous fluid replacement without active cooling, in which extracellular fluid (such as lactate or acetate Ringer's solution) was typically used.

Onset environment was classified as exertional (manual labor and sports) and non-exertional (office work and everyday life). Liver damage was defined as aspartate transaminase levels \geq 30 U/L or alanine aminotransferase levels \geq 42 U/L in men and \geq 23 U/L in women. Renal dysfunction was defined as creatinine \geq 1.07 mg/dL in men and \geq 0.80 mg/dL in women. The JAAM disseminated intravascular coagulation (DIC) score was calculated, and DIC was defined as a score of ≥ 4 . The DIC score assesses DIC severity ranging from 0 (mild) to 6 (severe), depending on systemic inflammatory response syndrome, thrombocytopenia, prothrombin time international normalized ratio prolongation, and increases in D-dimer levels.¹²

To quantify the severity of the patients' condition, we used the JAAM Heatstroke Criteria (JAAM-HS criteria) and early risk assessment tool for detecting clinical outcomes in patients using a heat-related illness (J-ERATO) score. Based on JAAM-HS criteria, degree III (severe) was defined as any of the following: unconscious (Glasgow coma scale ≤ 14), liver damage, renal dysfunction, and DIC, whereas degree I-II (mild to moderate) was defined as the absence of these symptoms.¹³ The J-ERATO score comprises six items (respiratory rate, GCS, systolic blood pressure, heart rate, body temperature, and age), each scoring 0 or 1, with a total score of 0-6 (mild, 0-1; moderate, 2-4; severe, 5-6).¹⁴ The JAAM-HS criterion is a hospital assessment, and the J-ERATO score is a pre-hospital assessment. Although both include awareness level in the assessment items, they are independent severity assessment criteria.

Data analysis

To understand the impact of the COVID-19 pandemic, we described and compared the characteristics of patients in the HsS 2019 and HsS 2020. Statistical analysis was performed on factors of heat stroke and heat exhaustion, which include in-hospital deaths, cooling methods, sex, age, onset situation, mask wearing, deep temperature, GCS, liver damage, renal dysfunction, DIC, JAAM-HS criteria, and J-ERATO score. Missing values for each item were unknown cases and, therefore, excluded, and the ratio of each item between HsS 2019 and HsS 2020 was calculated and compared. In addition, we compared the in-hospital mortality rate and deep body temperature between mask wearers and non-mask wearers.

Cramér's V was calculated to determine the effect size for group comparisons; P < 0.05 and $V \ge 0.2$ were defined as indicating statistical and practical significance, respectively.¹⁵ We only considered the ratio of mask wearing and details of cooling methods. SPSS Statistics version 28 (IBM Corporation) was used for the data analysis.

RESULTS

Study participants

A TOTAL OF 1,766 cases were included in the study. In HsS 2019, 734 patients were enrolled, of whom 247 received active cooling, 414 were treated with rehydration-

Registrat	ion and Anal	yzed 1766	
Heat stroke STUDY 2019	734	Heat stroke STUDY 2020	1032
Active coolomg	247	Active coolomg	289
Exclusively external cooling	170	Exclusively external cooling	187
Exclusively internal cooling	15	Exclusively internal cooling	39
Combined cooling	62	Combined cooling	63
Rehydration-only therapy	414	Rehydration-only therapy	673
Unknown	73	Unknown	70

Fig. 1. Participants of the Heatstroke STUDY 2019 and 2020 categorized by cooling method.

only therapy, and 73 were treated with unknown cooling methods. In HsS 2020, 1,032 patients were enrolled, of whom 289 received active cooling, 673 were treated with rehydration-only therapy, and 70 were treated with unknown cooling methods (Fig. 1).

Factors of heat stroke and exhaustion

No significant differences were observed between HsS 2019 and HsS 2020 in terms of in-hospital deaths, cooling methods, sex, age, onset situation, mask wearing, deep temperature, measurement sites, GCS, liver damage, renal dysfunction, DIC, JAAM-HS criteria, and J-ERATO score. In both groups, in-hospital mortality rates just exceeded 8%. In HsS 2020, 49 cases (18.6%) were reported while mask wearing. In both HsS 2019 and HsS 2020, men comprised ~70% of cases, and individuals older than 65 years comprised 50% of cases. Non-exertional onset (office work and everyday life) and exertional onset (manual labor and sports) comprised 60%-70% and 30%-40% of cases, respectively. Regarding factors at the time of hospital visits, the deep body temperature was >40°C in <40% of patients. Deep body temperature was measured primarily in the rectum and bladder (Table 1). Of the cases, 25%–30% presented with severely impaired consciousness with GCS 3-8. Liver damage, renal dysfunction, and DIC were observed in 70%. 80%, and 20% of cases, respectively. Based on JAAM-HS criteria, degree III constituted the majority of cases (>97%). Mild (0-2), moderate (2-4), and severe (5-6) J-ERATO scores were observed in over 10%, ~50%, and just under 40% of cases, respectively (Table 1).

The proportion of individuals with a deep body temperature of <40.0°C was greater among mask wearers than among non-mask wearers, whereas the in-hospital mortality rate was lower for the former than for the latter (Table 2).

Cooling methods

Evaporative plus convective cooling, cold-water gastric lavage, intravascular temperature management, and cooling

blankets were used in >10% of cases. In all cases, in which active cooling was performed, cooling methods that increased the ratio by >3.0% were intravascular temperature management and cooling blankets, whereas those that decreased the ratio by >3.0% were evaporative plus convective cooling and the Arctic Sun temperature management system. No changes >3.0% were observed for cold-water gastric lavage, cold-water bladder irrigation, cold-water immersion, renal replacement therapy, or extracorporeal membranous oxygenation. In this study, we only observed the changes in 2019 and 2020, and did not perform any statistical study (Table 3).

DISCUSSION

T HIS NATIONWIDE OBSERVATIONAL study examined the effects of the COVID-19 pandemic on the incidence of heat stroke and heat exhaustion in Japan using data from HsS 2019 and 2020. Epidemiological assessments of heat stroke and heat exhaustion did not reveal any significant changes between 2019 and 2020. Indeed, the observation that ~ 60% of cases were non-exertional, ~ 70% were men, and the majority of cases occurred in individuals age \geq 65 years has not changed from HsS 2017 to HsS 2018.¹⁶ The current findings suggest that the incidence of heat stroke and heat exhaustion in Japan has not changed significantly as a result of the ongoing COVID-19 pandemic. Nevertheless, it is advisable to continue conventional activities to raise awareness to prevent heat stroke and heat exhaustion given the high incidence of these conditions in the elderly population.¹⁷

Based on the JAAM recommendations, we assumed that many facilities changed their cooling methods from evaporative plus convective cooling to intravascular temperature management or cooling blankets.² Aerosol generation in evaporative plus convective cooling warrants verification, although if its risk is indeed confirmed, JAAM recommendations may have been effective in preventing the occurrence of COVID-19 clusters in medical institutions.

Further, we identified an increase in the proportion of patients receiving rehydration-only therapy. This may be

	2019 (n = 734)		2020 (<i>n</i> = 1032)		V	Р
	n	(%)	n	(%)		
In-hospital deaths, number (%)						
In-hospital deaths	54	(8.5)	76	(8.2)	0.004	0.879
Unknown	95	, , ,	109	, , , , , , , , , , , , , , , , , , ,		
Cooling methods, number (%)						
Exclusively external cooling	170	(25.7)	187	(19.4)	0.105	< 0.001
Exclusively internal cooling	15	(2.3)	39	(4.1)		
Combined cooling	62	(9.4)	63	(6.5)		
Rehydration-only therapy	414	(62.6)	673	(70.0)		
Unknown	73		70	. ,		
Sex, no. (%)						
Male	498	(67.9)	717	(70.1)	0.023	0.336
Unknown	1	, , , , , , , , , , , , , , , , , , ,	9	, , ,		
Age, y, no. (%)						
0–14	13	(1.8)	22	(2.1)	0.041	0.556
15–44	107	(14.6)	132	(12.8)		
45–64	151	(20.7)	197	(19.1)		
65–74	132	(18.1)	180	(17.5)		
75+	328	(44.9)	498	(48.4)		
Unknown	3	(11.2)	3	(10.1)		
Onset situation, no. (%)	5		5			
Non-exertional	456	(63.7)	669	(66.2)	0.026	0.286
Exertional	260	(36.3)	342	(33.8)	0.020	0.200
Unknown	18	(30.3)	21	(33.0)		
Mask wearing, no. (%)	10		21			
Mask wearing	_		49	(18.6)	_	_
No mask wearing			215	(81.4)		
Unknown	734		768	(01.4)		
Deep body temperature, °C, no. (%)	754		708			
≥42.0	26	(7.3)	15	(3.9)	0.103	0.099
<u>242.0</u> 41.0–41.9	53	(15.0)	43	(11.1)	0.105	0.099
	68					
40.0–40.9 39.0–39.9		(19.2)	74	(19.2)		
	74	(20.9)	95 150	(24.6)		
≤38.9	133	(37.6)	159	(41.2)		
Unknown	380		646			
Glasgow coma scale score, no. (%) 3–5	107	(10.2)	1.40	(1.4.0)	0.0/1	0 1 0 2
	126	(18.3)	148	(14.8)	0.061	0.103
6-8	62	(9.0)	93	(9.3)		
9–14	272	(39.4)	376	(37.6)		
15	230	(33.3)	383	(38.3)		
Unknown	44		32			
Measurement site, no. (%)	114		145	(20.4)	0.000	0.000
Rectum	114	(32.7)	115	(30.4)	0.093	0.283
Bladder	219	(62.8)	240	(63.5)		
Esophagus	4	(1.1)	3	(0.8)		
Tympanic membrane	10	(2.9)	18	(4.8)		
Intravascular	2	(0.6)	0	(0.0)		
Brain	0	(0.0)	0	(0.0)		
Other than above	0	(0.0)	2	(0.5)		
Unknown	385		654			

Table 1. (Continued)

	2019 (n = 734)		2020 (n = 1032)		V	Р
	n	(%)	n	(%)		
Liver damage, no. (%)						
Having liver damage	433	(61.9)	682	(67.9)	0.063	0.010
Unknown	34		28			
Renal dysfunction, no. (%)						
Having renal dysfunction	528	(75.5)	851	(84.4)	0.111	< 0.001
Unknown	35		24			
DIC, no. (%)						
Having DIC	110	(24.0)	137	(19.2)	0.057	0.049
Unknown	276		319			
JAAM-HS criteria, no. (%)					0.004	0.854
I–II (mild to moderate)	18	(2.6)	28	(2.8)		
III (severe)	663	(97.4)	975	(97.2)		
Unknown	53		29			
J-ERATO score, no. (%)						
0	18	(3.2)	23	(3.0)	0.071	0.354
1	50	(8.9)	83	(10.7)		
2	69	(12.3)	105	(13.6)		
3	81	(14.5)	129	(16.7)		
4	128	(22.9)	160	(20.7)		
5	174	(31.1)	206	(26.6)		
6	39	(7.0)	67	(8.7)		
Unknown	175		289			

We calculated the ratio (%) and Cramér's V after excluding patients with unknown data in each category.

DIC, disseminated intravascular coagulation; J-ERATO score, the early risk assessment tool for detecting clinical outcomes in patients with heat-related illness score; SOFA score, the sequential organ failure assessment score.

	Mask we	Mask wearers ($n = 49$)		Non-mask wearers ($n = 215$)		Р
	n	(%)	n	(%)		
In-hospital deaths, no (%)						
In-hospital deaths	1	(2.1)	23	(11.8)	0.130	0.043
Unknown	1		20			
Deep body temperature, °C, no.	(%)					
≥42.0	0	(0.0)	2	(2.0)	0.187	0.382
41.0-41.9	2	(10.0)	8	(8.0)		
40.0–40.9	2	(10.0)	28	(28.0)		
39.0–39.9	5	(25.0)	26	(26.0)		
≤38.9	11	(55.0)	36	(36.0)		
Unknown	29		115			

Table 2. Characteristics and prognoses of patients who wore masks and those who did not

We calculated the ratio (%) and Cramér's V after excluding all unknown patients in every category.

because of the recommendation to avoid the evaporative plus convective cooling method. Nevertheless, evidence supporting cooling rehydration-only therapy for active cooling is lacking, and many facilities may find it difficult to measure the actual liquid temperature of the infusion stored in a refrigerator.² Therefore, we caution against the easy use

Cooling methods [†]	2019	(n = 247)	2020 (n = 289)		
	n	(%)	n	(%)	
Cold-water gastric lavage					
Internal cooling	34	(13.4)	38	(13.1)	
Intravascular temperature					
management					
Internal cooling	27	(10.7)	44	(15.2)	
Cold-water bladder					
irrigation					
Internal cooling	13	(5.1)	10	(3.5)	
Renal replacement					
therapy					
Internal cooling	3	(1.2)	1	(0.3)	
Extracorporeal					
membranous					
oxygenation					
Internal cooling	2	(0.8)	0	(0.0)	
Evaporative plus					
convective cooling					
External cooling	197	(77.9)	178	(61.6)	
The Arctic Sun					
temperature					
management system	47	(7.7)	•	(0,0)	
External cooling	17	(6.7)	8	(2.8)	
Cooling blanket		((0)	20	(40.5)	
External cooling	16	(6.3)	39	(13.5)	
Cold-water immersion	10	(= 1)	0	(0,0)	
External cooling	13	(5.1)	8	(2.8)	
Unknown	12	(4.7)	23	(8.0)	

[†]External cooling included the cooling of body surfaces via evaporative plus convective cooling, the Arctic Sun temperature management system, cooling blanket, and cold-water immersion; internal cooling included cold-water gastric lavage, intravascular temperature management, cold-water bladder irrigation, renal replacement therapy, and extracorporeal membranous oxygenation; and combined cooling included combinations of internal and external cooling methods.

of rehydration-only therapy, regardless of the liquid temperature of the infusion.

The onset of heat stroke and heat exhaustion during mask wearing had not been reported before 2019, but was confirmed in HsS 2020.² In this survey, although the mask wearing group tended to have more minor cases than did the non-mask wearing group, there were many unknown cases and only a few cases were actually reported. Accordingly, it is necessary to examine the details of the onset pattern to control COVID-19 and to prevent heat stroke and heat exhaustion.

This study has three main limitations. First, we did not perform a survey of the entire population. Therefore, the study may not directly reflect the actual situation, but may afford an inference of the general situation in the country or in a particular region. Second, this study did not examine the cooling methods according to disease severity. A comprehensive assessment of the type of treatment may be considered acceptable, although the severity and background of the patients must be matched to investigate the effects of cooling methods. Finally, hospitalized patients with heat stroke and heat exhaustion were included in this study, although the criteria for admission often depended on each institution and patient background; as such, the admission criteria may not have been uniform. Nevertheless, this is acceptable in this study because the purpose of this report was to provide a summary of a larger epidemiological study, although future studies using data from this registry should ensure that admission criteria are standardized.

CONCLUSION

T HIS REPORT EXAMINED the impact of the COVID-19 pandemic on the incidence of heat stroke and heat exhaustion in Japan by comparing data from HsS 2019 and HsS 2020. Epidemiological assessments of heat stroke and heat exhaustion did not reveal significant changes between 2019 and 2020. Many facilities altered their cooling methods based on recommendations by the Working Group on Heatstroke Medical Care, which recommended the selection of alternative cooling methods to the evaporative plus convective cooling given the COVID-19 pandemic. This study shows that awareness of heat stroke prevention among the elderly in daily life should be continued in the COVID-19 pandemic as in the past. It is also necessary to validate the recommendations of the Working Group on Heatstroke Medical Care.

DISCLOSURE

A PPROVAL OF THE Research Protocol: The protocol for this research project was approved by the Teikyo University Ethical Review Board for Medical and Health Research (approval no. 17-021-5) and that of each participating hospital.

Informed Consent: Informed consent was provided in a manner specified by the ethics committee of each institution for this study, and data from patients who did not wish to participate were excluded.

Registry and the Registration Number of the Study: N/A. Animal Studies: N/A.

Conflict of Interest: None declared.

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Heatstroke STUDY 2019 (109 Facilities)

- 1. Aichi Medical University Hospital
- 2. Aidu Chuo Hospital
- 3. Aizawa Hospital
- 4. Asahikawa Medical University Hospital
- 5. Chiba University Hospital
- 6. Daiyukai General Hospital
- 7. Dokkyo Medical University Saitama Medical Center
- 8. Eastern Chiba Medical Center
- 9. Ehime Prefectural Central Hospital
- 10. Fujieda Municipal General Hospital
- 11. Fujisawa City Hospital
- 12. Fukui Prefectural Hospital
- 13. Funabashi Municipal Medical Center
- 14. Gifu Prefectural General Medical Center
- 15. Gifu University Hospital
- 16. Hamamatsu Medical Center
- 17. Handa City Hospital
- 18. Hiroshima City Hiroshima Citizens Hospital
- 19. Hyogo Prefectural Awaji Medical Center
- 20. Hyogo Prefectural Kakogawa Medical Center
- 21. Hyogo Prefectural Nishinomiya Hospital
- 22. Ichinomiya Municipal Hospital
- 23. Iizuka Hospital
- 24. Ina Central Hospital
- 25. Ishikawa Prefectural Central Hospital
- 26. Iwata City Hospital
- 27. Japanese Red Cross Ise Hospital
- 28. Japanese Red Cross Ishinomaki Hospital
- 29. Japanese Red Cross Kyoto Daini Hospital
- 30. Japanese Red Cross Maebashi Hospital
- 31. Japanese Red Cross Medical Center
- 32. Japanese Red Cross Narita Hospital
- 33. Japanese Red Cross Shizuoka Hospital
- 34. Japanese Red Cross Tokushima Hospital
- 35. Jichi Medical University Saitama Medical Center
- 36. Juntendo University Nerima hospital
- 37. Juntendo University Urayasu Hospital
- 38. Kagawa Prefectural Central Hospital
- 39. Kasugai Municipal Hospital
- 40. Kawasaki Municipal Hospital
- 41. Kitakyushu General Hospital
- 42. Kochi Health Sciences Center

- 43. Kurume University Hospital
- 44. Kushiro City General Hospital
- 45. Kyorin University Hospital
- 46. Kyoto University Hospital
- 47. Kyushu University Hospital
- 48. Mie University Hospital
- 49. Mito Saiseikai General Hospital
- 50. Nagoya Ekisaikai Hospital
- 51. Nagoya University Hospital
- 52. National Center for Global Health and Medicine
- 53. National Hospital Organization Hokkaido Medical Center
- 54. National Hospital Organization Kumamoto Medical Center
- 55. National Hospital Organization Osaka National Hospital
- 56. National Hospital Organization Takasaki General Medical Center
- 57. National Hospital Organization Yokohama Medical Center
- 58. Nihon University Hospital
- 59. Nihon University Itabashi Hospital
- 60. Nihonkai General Hospital
- 61. Niigata Prefectural Shibata Hospital
- 62. Nippon Medical School Tama Nagayama Hospital
- 63. Odawara Municipal Hospital
- 64. Oita University Hospital
- 65. Okazaki City Hospital
- 66. Okinawa Prefectural Chubu Hospital
- 67. Ome Municipal General Hospital
- 68. Omihachiman Community Medical Center
- 69. Osaka City General Hospital
- 70. Osaka Mishima Emergency Critical Care Center
- 71. Osaka Police Hospital
- 72. Osaka Prefectural Nakakawachi Emergency and Critical Care Center
- 73. Ota Medical Hospital
- 74. Saiseikai Utsunomiya Hospital
- 75. Saiseikai Yokohamashi Tobu Hospital
- 76. Saitama Medical University International Medical Center
- 77. Saku Central Hospital
- 78. Sapporo City General Hospital
- 79. Sapporo Medical University Hospital
- 80. Shinshu University Hospital
- 81. Shonan Kamakura General Hospital
- 82. Showa University Fujigaoka Hospital
- 83. St. Luke's International Hospital
- 84. St. Mary's Hospital
- 85. Sugita Genpaku Memorial Obama Municipal Hospital
- 86. Sunagawa City Medical Center

- 87. Teikyo University Hospital
- 88. Teine Keijinkai Hospital
- 89. The University of Tokyo Hospital
- 90. Toho University Omori Medical Center
- 91. Tohoku University Hospital
- 92. Tokai University Hachioji Hospital
- 93. Tokai University Hospital
- 94. Tokushima Prefectural Miyoshi Hospital
- 95. Tokyo Metropolitan Tama Medical Center
- 96. Tokyo Women's Medical University Hospital
- 97. Tokyo Women's Medical University Medical Center East
- 98. Tokyo Women's Medical University Yachiyo Medical Center
- 99. Tosei General Hospital
- 100. Toyama Prefectural Central Hospital
- 101. Toyama University Hospital
- 102. University of Yamanashi Hospital
- 103. Yamagata Prefectural Central Hospital
- 104. Yamagata University Hospital
- 105. Yamaguchi University Hospital
- 106. Yamanashi Prefectural Central Hospital
- 107. Yokkaichi Municipal Hospital
- 108. Yokohama Minami Kyosai Hospital
- 109. Yokohama Rosai Hospital

Heatstroke STUDY 2020 (142 Facilities)

- 1. Advanced Critical Care and Emergency Center, Yokohama City University Medical Center
- 2. Advanced Emergency and Critical Care Center, Kurume University Hospital
- 3. Aidu Center Hospital
- 4. Akita University Graduate School of Medicine, Department of Emergency and Critical Care Medicine
- 5. Asahikawa Medical University
- 6. Center Hosiptal of the National Center for Global Health and Medicine
- 7. Daiyukai General Hospital
- 8. Department of Emergency and Critical Care Medicine Hyogo Emergency Medical Center
- 9. Department of Emergency and Critical Care Medicine Faculty of Medicine, Saga University
- Department of Emergency and Critical Care Medicine, Nara Medical University
- 11. Department of Emergency and Critical Care Medicine, Tohoku University Hospital
- 12. Department of Emergency, Disaster and Critical Care Medicine, Showa University School of Medicine
- 13. Dept of Emergency and Critical Care Center, Fukuoka University Hospital
- 14. Dokkyo Medical University Saitama Medical Center

- 15. Eastern Chiba Medical Center
- 16. Ehime Prefectural Central Hospital
- 17. Emergency Medical Center, Kagawa University Hospital
- 18. Fujieda Municipal General hospital
- 19. Fujisawa City Hospital
- 20. Fukaya Redcross Hospital
- 21. Fukui Prefectural Hospital
- 22. Funabashi Municipal Medical Center
- 23. Gifu Prefectural Central Medical Center
- 24. Hachinohe City Hospital
- 25. Hamamatsu Medical Center
- 26. Handa City Hospital
- 27. Hyogo Prefectural Kakogawa Medical Center
- 28. Hyogo Pref Awaji Medical Center
- 29. Hyogo Prefectural Nishinomiya Hospital
- 30. Ichinomiya Medical Hospital
- 31. Iizuka Hospital
- 32. Ina Central Hospital
- 33. Ishikawa Prefectural Central Hospital
- 34. Iwata City Hospital
- 35. Japanese Red Cross Akita Hospital
- 36. Japanese Red Cross Ashikaga Hospital
- 37. Japanese Red Cross Ise Hospital
- 38. Japanese Red Cross Ishinomaki Hospital
- 39. Japanese Red Cross Kumamoto Hospital
- 40. Japanese Red Cross Maebashi Hospital
- 41. Japanese Red Cross Medical Center
- 42. Japanese Red Cross Shizuoka Hospital
- 43. Japanese Red Cross Society Kyoto Daini Hospital
- 44. Japanese Red Cross Society Wakayama Medical Center
- 45. Juntendo University Nerima Hospital
- 46. Juntendo University Urayasu Hospital
- 47. Kagawa Prefectural Central Hospital
- 48. Kagoshima Prefectural Ohshima Hospital
- 49. Kansai Medical University Medical Center
- 50. Kansai Medical University Hospital
- 51. Kasugai Municipal hospital
- 52. Kawaguchi Municipal Medical Center
- 53. Kawasaki Medical School General Medical Center
- 54. Kawasaki Municipal Kawasaki Hospital
- 55. Kimitsu Chuo Hospital Department of Emergency and Critical Care Medicine
- 56. Kochi Medical School Hospital
- 57. Kochi Health Science Center
- 58. Kochi Red Cross Hospital
- 59. Kouseiren Takaoka Hospital
- 60. Kumamoto University Hospital Emergency and General Medicine
- 61. Kushiro City General Hospital

- 62. Kyorin University School of Medicine
- 63. Kyoto City Hospital
- 64. Kyoto University Hospital
- 65. Mie Prefectural General Medical Center
- 66. Mie University School of Medicine
- 67. Mito Saiseikai General Hospital
- 68. Nagahama Red Cross Hospital
- 69. Nagano Red Cross Hospital
- 70. Nagoya University Hospital
- 71. Nanbu Medical Center Nanbu Child Medical Center
- 72. Nara Prefecture General Medical Center
- 73. National Hospital Organization Disaster Medical Center
- 74. National Hospital Organization Kumamoto Medical Center
- 75. National Hospital Organization Kyoto Medical Center
- 76. National Hospital Organization Mito Medical Center
- 77. National Hospital Organization Takasaki General Medical Center
- 78. National Hospital Organization Yokohama Medical Center
- 79. Nayoro City General Hospital
- 80. Nigata Prefectural Shibata Hospital
- 81. Nihon University Itabashi Hospital
- 82. Nihonkai General Hospital
- 83. Niigata University Medical & Dental Hospital
- 84. Nippon Medical School Hospital
- 85. Nippon Medical School Tamanagayama Hospital
- 86. Noto General Hospital
- 87. Odawara Municipal hospital
- Oita University Hospital Advanced Trauma, Emergency and Critical Care Center
- 89. Okazaki City Hospital
- 90. Okinawa Chubu Hospital
- 91. Okitama Public Hospital
- 92. Ome Municipal General Hospital
- 93. Osaka City General Hospital Emergency and Critical Care Medical Center
- 94. Osaka Mishima Emergency Medical Center
- 95. Osaka Prefectural Nakakawachi Emergency and Critical Care Medicine
- 96. Osaka Red Cross Hospital Department of Emergency Medicine
- 97. Osaka University Hospital
- 98. Osaki Citizen Hospital Emergency Center
- Our Lady of the Snow Social Medical Corporation St. May's Hospital
- 100. Rinku General Medical Center
- 101. Saiseikai Kumamoto Hospital
- 102. Saiseikai Siga Hospital
- 103. Saiseikai Yokohamashi Tobu Hospital

- 104. Saitama Medical University International Medical Center
- 105. Saku Central Hospital Advanced Care Center
- 106. Sapporo Medical University Hospital
- 107. Sapporo City General Hospital
- 108. Seirei Mikatahara General Hospital
- 109. Shakaiiryouhoujinnzaidann Jisennkai Aizawabyouinn
- 110. Shimane University
- 111. Shimane Prefectural Central Hospital
- 112. Shinshu University Hospital
- 113. Shonan Kamakura General Hospital
- 114. South Miyagi Medical Center.
- 115. Sugita Genpaku Memorial Municipal Hospital
- 116. Sunagawa City Medical Center
- 117. Teikyo University Hospital
- 118. The University of Tokyo Hospital
- 119. Tokai University Hospital
- 120. Tokushima Prefectural Miyoshi Hospital
- 121. Tokushima Red Cross Hospital
- 122. Tokyo bay Urayasu Ichikawa Medical Center
- 123. Tokyo Medical University
- 124. Tokyo Medical and Dental University Medical Hospital
- 125. Tokyo Medical University Hachioji Medical Center
- 126. Tokyo Medical University Hachioji Medical Center
- 127. Tokyo Metropolitan Tama Medical Center
- 128. Tokyo Women's Medical University Medical Center East
- 129. Tosei Central Hospital
- 130. Toyama Prefectural Central Hospital
- 131. Toyama University Hospital
- 132. Toyohashi Medical Hospital
- 133. Tsukuba Medical Center Hospital
- 134. University Hospital, Kyoto Prefectural University of Medicine
- 135. University of the Ryukyus Hospital
- 136. Urasoe Central Hospital
- 137. Yamagata University Faculty of Medicine
- 138. Yamaguchi University Hospital
- 139. Yamanashi Prefectural Central Hospital
- 140. Yodogawa Christian Hospital
- 141. Yokohama Minami Kyousai Hospital
- 142. Yokosuka General Hospital Uwamachi

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