

No	Author	Title	Journal	PubMed ID
Emerging of "Choosing Wisely"				
1	ABIM Foundation, ACP-ASIM Foundation, European Federation of Internal Medicine	Medical professionalism in the new millennium: a physician charter.	Ann Intern Med. 2002; 136: 243-6.	11827500
2	Brody H.	Medicine's Ethical Responsibility for Health Care Reform — The Top Five List	N Engl J Med. 2010; 362: 283-5.	20032315
3	Grady D, Redberg RF.	Less is more: how less health care can result in better health	Arch Intern Med. 2010; 170: 749-50.	20458080
4	Good Stewardship Working Group	The "top 5" lists in primary care: meeting the responsibility of professionalism	Arch Intern Med. 2011; 171: 1385-90.	21606090
5	Berwick DM, Hackbarth AD.	Eliminating waste in US health care	JAMA. 2012; 307: 1513-6.	22419800
Selected papers on "Choosing Wisely"				
6	Levinson W, Kallewaard M, Bhatia RS, et al.	"Choosing Wisely": a growing international campaign.	BMJ Qual Saf. 2015; 24: 167-74..	25552584
7	Bhatia RS, Levinson W, Shortt S, et al.	Measuring the effect of Choosing Wisely: an integrated framework to assess campaign impact on low-value care.	BMJ Qual Saf. 2015; 24: 523-31.	26092165
8	Vogel L.	Choosing Wisely around the world.	CMAJ. 2015; 187: E341-2,	26170270
9	Tokuda Y.	Current status of choosing Wisely in Japan.	Gen Med. 2015;16: 3-4.	
10	Gabriel S.	Choosing Wisely: Implications for Cost Savings on Healthcare in Japan.	J Gen Fam Med. 2016; 17: 125-131.	
11	Read D, Sherwood D, Ineson S.	Choose Wisely-is more always beter?	N Z Med J. 2016; 129: 10-12.	27977647
12	Jung N, Lehmann C, Fätkenheuer G.	The "Choosing Wisely": initiative in infectious diseases.	Infection. 2016; 44: 283-90.	26464102
13	Levinson W.	Choosing Wisely around the world: Professionalism as a force to reduce unnecessary care.	BMJ Opinion (April 7, 2017)	
14	Born K, Kaji Y, Wong BM.	Learning how to choose wisely	BMJ Opinion (December 18, 2017)	
15	Wise J.	Choosing Wisely: how the UK intends to reduce harmful medical overuse.	BMJ 2017; 356: j370.	28126848
16	Soshi M, Maeda K, Isoda S, Tsukamoto K.	Dawn of Choosing Wisely Japan Student Committee	J Gen Fam Med. 2017; 18: 487-8.	29264105
17	Zikmund-Fisher BJ, Kullgren JT, Fagerlin A, et al.	Perceived Barriers to Implementing Individual Choosing Wisely® Recommendations in Two National Surveys of Primary Care Providers.	J Gen Intern Med. 2017; 32: 210-7.	27599491
18	Born KB, Coulter A, Han A, et al.	Engaging patients and the public in Choosing Wisely.	BMJ Qual Saf. 2017; 26: 687-91.	28600453
19	Haverkamp MH, Cauteman C, Westert GP.	Choosing Wisely should bring the cost of unnecessary care back into the discussion.	BMJ Qual Saf. 2017; 26: 775-6.	28539505
20	Born K, Levinson W.	Response to 'Choosing Wisely should bring the cost of unnecessary care back into the discussion'; Choosing Wisely': a growing	BMJ Qual Saf. 2017; 26: 777-8.	28539506
21	Kerr EA, Kullgren JT, Saini SD.	Choosing Wisely: How To Fulfill The Promise In The Next 5 Years.	Health Aff(Millwood). 2017; 36: 2012-8.	29137505
22	Soshi M, Mizuta T, Tokuda Y.	Overtesting in Japan	J Gen Fam Med. 2018; 19: 42.	29600125
23	Ross J, Santhirapala R, MacEwen C, Coulter A	Helping patients choose wisely.	BMJ. 2018; 361: k2585.	29907644
24	Levinson W, Born K, Wolfson D.	Choosing Wisely Campaigns: A Work in Progress	JAMA. 2018; 319: 1975-6.	29710232
25	Pramesh CS, Chaturvedi H, Reddy VA, et al.	Choosing Wisely India: ten low-value or harmful practices that should be avoided in cancer care.	Lancet Oncol. 2019; 20: e218-e223.	30857957
26	Born KB, Levinson W.	Choosing Wisely campaigns globally: A shared approach to tackling the problem of overuse in healthcare	J Gen Fam Med. 2019; 20: 9-12.	30631653
27	Born B, Kool T, Levinson W.	Reducing overuse in healthcare: advancing Choosing Wisely	BMJ. 2019; 367: l6317.	31690578
28	Grimshaw JM, Patey AM, Kirkham KR, et al.	De- implementing wisely: developing the evidence base to reduce low- value care	BMJ Qual Saf. 2020; 29: 409-417.	32029572
Reports of "Choosing Wisely" campaign				
29	Choosing Wisely US	Choosing Wisely : A Special Report on the First Five Years	October 2017	
30	Bertelsmann Stiftung(Germany)	Choosing Wisely Von Initiativen in anderen Ländern lernen	2017	
31	Bewustzijns project(Netherlands)	High-value cost conscious care: how do we teach residents to think alike?	Mar 2018	
32	Choosing Wisely Australia	2017 Report: Join the conversation	2018	
33	Choosing Wisely Canada	Building a Movement: The First Five Years	April 2019	
34	Choosing Wisely Australia	2018 Report: Conversations for Change	April 2019	
35	Choosing Wisely International	Patient & Public Engagement in Choosing Wisely: Toolkit version 1.0	May 2019	
Reports by other organizations				
36	Canadian Institute for Health Information	Unnecessary Care in Canada	April 2017	
37	OECD	OECD Reviews of Public Health: Japan	February 2019	
38	The Lown Institute	Medicaion overload: America's other drug problem	April 2019	
39	Interagency Coordination Group on Antimicrobial Resistance (UN, WHO)	No time to wait: securing the future from drug-resistant infections	April 2019	
"Medical Overuse" (JAMA Internal Medicine, Pediatrics, and other journals)				
40	Korenstein D, Falk R, Howell EA, et al.	Overuse of health care services in the United States: an understudied problem.	Arch Intern Med. 2012; 172: 171-8.	22271125
41	Morgan DJ, Wright SM, Dhruva S.	Update on medical overuse.	JAMA Intern Med. 2015; 175: 120-4.	25365707
42	Morgan DJ, Dhruva SS, Wright SM, et al.	Update on Medical Practices That Should Be Questioned in 2015.	JAMA Intern Med. 2015; 175: 1960-4.	26551354
43	Morgan DJ, Dhruva SS, Wright SM, et al.	2016 Update on Medical Overuse: A Systematic Review.	JAMA Intern Med. 2016; 176: 1687-92.	27654002
44	Coon ER, Young PC, Quinonez RA, et al.	Update on Pediatric Overuse.	Pediatrics. 2017; 139: e20162797	28049113
45	Lyu H, Xu T, Brotman D, et al.	Overtreatment in the United States	PLoS One. 2017; 12: e0181970.	28877170
46	Morgan DJ, Dhruva SS, Coon ER, et al.	2017 Update on Medical Overuse: A Systematic Review	JAMA Intern Med. 2018; 178: 110-5.	28973402
47	Coon ER, Young PC, Quinonez RA, et al.	2017 Update on Pediatric Medical Overuse: A Review.	JAMA Pediatr. 2018; 172: 482-6.	29582079
48	Morgan DJ, Dhruva SS, Coon ER, et al.	2018 Update on Medical Overuse	JAMA Intern Med. 2019; 179: 240-6.	30508032
49	Coon ER, Quinonez RA, Morgan DJ, et al.	2018 Update on Pediatric Medical Overuse: A Review.	JAMA Pediatr. 2019; 173: 379-84.	30776069
50	Morgan DJ, Dhruva SS, Coon ER, et al.	2019 Update on Medical Overuse: A Review.	JAMA Intern Med. 2019; 179: 240-6.	31498374
"Right Care" series (The Lancet, Jul 8, 2017 issue.)				
51	Kleinert S, Horton R.	From universal health coverage to right care for health.	Lancet. 2017; 390: 101-2.	28077231
52	Berwick DM.	Avoiding overuse-the next quality frontier.	Lancet. 2017; 390: 102-4.	28077229
53	Saini V, Brownlee S, Elshaug AG, et al.	Addressing overuse and underuse around the world	Lancet. 2017; 390: 105-7.	28077230
54	Lane R.	Vikas Saini: leading activist in the Right Care Alliance	Lancet. 2017; 390: 117.	28077233
55	Brownlee S, Chalkidou K, Doust J, et al.	Evidence for overuse of medical services around the world	Lancet. 2017; 390: 156-68.	28077234
56	Glasziou P, Straus S, Brownlee S, et al.	Evidence for underuse of effective medical services around the world.	Lancet. 2017; 390: 169-77.	28077232

57	Saini V, Garcia-Armesto S, Klemperer D, et al.	Drivers of poor medical care.	Lancet. 2017; 390: 178-90.	28077235
58	Elshaug AG, Rosenthal MB, Lavis JN, et al.	Lever for addressing medical underuse and overuse: achieving high-value health care.	Lancet. 2017; 390: 191-202.	28077228
"Less is More" collections (JAMA Internal Medicine) https://jamanetwork.com/collections/44045/less-is-more				
"Too much medicine" collections (BMJ) https://www.bmj.com/too-much-medicine				
"Choosing Wisely: Things We Do For No Reason" series (Journal of Hospital Medicine)				

表1 Choosing Wisely主要文献リスト(英文)

No	Author	Title	Journal	医中誌ID
Selected papers on "Choosing Wisely" in Japanese				
59	徳田安春.	「Choosing Wisely」とは何か	Medicina. 2014; 51: 1352-5.	2014262500
60	川尻 宏昭	「Choosing wisely」ってどういこと?	ジェネラリスト教育コンソーシアム. 2014;5:60-72.	2014375268
61	大生 定義	Choosing Wiselyキャンペーンとプロフェッショナルリズム	医療の質・安全学会誌. 2014; 9: 242-4.	2015005800
62	武久 徹	Obstetric News Choosing Wisely	臨床婦人科産科. 2015; 69: 147-9.	2015060456
63	小泉俊三	予防医学のパラドクスと病院外来における「適切な」医療 Choosing Wisely on Preventive Medicine	Hospitalist. 2015; 3: 299-207.	2015356511
64	吉野 俊平	入院時ルーチン検査は必要か? 各ガイドラインとChoosing Wiselyにみる適応	Hospitalist. 2015; 3: 308-13.	2015356512
65	三宅 一徳	検査の効率的利用についての提言 Choosing Wiselyキャンペーン	SRL宝函. 2015; 36: 47-50.	2015306716
66	太田秀樹	Current Words 女性の健康にまつわる新語辞典 「Choosing Wisely」	White. 2015; 3: 192-3.	2015407411
67	徳田安春	医療の賢い選択Choosing Wisely Japan Less is More	栃木県医学会々誌. 2016; 46: 150-62.	2016373685
68	隈丸 加奈子, 佐野 由起子	医療経済と検査の適正化 MRI検査のchoosing wiselyとは	INNERVISION. 2016; 31: 53-6.	2016403648
69	林 恒存	新しいトピックス Choosing Wiselyとは?	Medicina. 2016; 53: 1626-9.	2016376452
70	上野文昭	Current Issue Choosing Wisely Campaign 適切な医療の選択	病院. 2016; 75: 374-5.	2016214682
71	徳田安春.	Choosing Wisely Japan	医薬ジャーナル. 2016; 52: 2711-3.	2017054186
72	小泉俊三	Choosing Wiselyキャンペーンについて	日本内科学会雑誌2016; 104: 2441-9.	2017114046
73	徳田安春.	日本における医療の賢い選択—Choosing Wisely Japan	腫瘍内科. 2017; 19: 169-75.	2017199010
74	岸田 直樹, 具 芳明	感染症診療におけるChoosing Wisely わが国のみならず世界的にも、抗菌薬は風邪症状に処方しない流れとなっている	日本医事新報. 2017; No.4872: 55-6.	2017325604
75	小泉俊三	Choosing WiselyキャンペーンとAMR対策	医療の質・安全学会誌. 2017; 12: 339-43.	2018051549
76	岸田 直樹	Choosing Wisely 抗菌薬適正使用に関するFive Things Physicians and Patients Should Question(5つのやるな)リスト	医療の質・安全学会誌. 2017; 12: 344-51.	2018051550
77	松本 純一, 原口 貴史, 大出 創, 中島 康雄, 平 泰彦	検査の選択に際して知っておきたいこと Choosing "wisely" in ER 救急診療において画像検査・IVRをどう選択していくか	診断と治療. 2017; 105(12): 1484-7.	2018063846
78	福盛 勇介	肺炎診療におけるChoosing Wisely	レジデントノート. 2018; 20(8): 1208-16.	2018298497
79	加藤 芳正	Choosing Wisely(チューズン・ワイズリー、賢明な選択)について	日本医事新報. 2018; No.4933: 68.	
80	小泉俊三	Choosing Wiselyと「賢明な選択」: あるべき「共同意思決定(Shared Decision Making)」をめざして	日本医事新報. 2019; No.4941: 18.	
81	小泉俊三	患者さんと医療スタッフの双方が満足する医療のために 医療における賢明な選択(Choosing Wisely)とは? 過剰な医療をめぐる対話と共同意思決定(Shared Decision Making)	診断と治療. 2019; 107: 725-31.	T618180014<Pre 医中誌>
82	徳田安春	Choosing Wisely Japan小児医療への展開	日本小児臨床薬理学会雑誌. 2019; 31: 81-3.	T802480017<Pre 医中誌>
83	徳田安春	日常臨床に潜むhidden curriculum-professionalismは学習可能か? 提言 Choosing wisely, Low-value Care & Professionalism	ジェネラリスト教育コンソーシアム. 2019; 12: 8-13.	T823100001<Pre 医中誌>
(連載)Choosing Wisely Japan その検査・治療,本当に必要ですか?(徳田安春) (Medicina52巻11号(2015年10月)~53巻9号(2016年8月))				
(特集)その抗菌薬、本当に必要ですか? (レジデントノート18巻13号(2016年12月))				
(特集)Choosing Wiselyで考える習慣的プラクティスのナゾ(レジデントノート19巻9号(2017年9月))				
(連載)治療・ケアをかしこく選択する!世界で提唱されているChoosing Wiselyの考え方(徳田安春) (Expert Nurse33巻11号(2017年8月)~35巻4号(2019年3月))				
(連載)賢く使う画像検査(隈丸加奈子) (医学界新聞第3223号(2017年5月15日)~第3268号(2018年4月9日))				
(特集)感染症外来診療「賢医の選択」検査・経口薬・ワクチンをどう使えばいいですか?(総合診療28巻4号(2018年4月号))				
(連載)Choosing Wiselyキャンペーンとは(医学のあゆみ265巻2号~266巻4号(2018年))				
(特集)Choosing Wiselyで考える感染症診療~検査編~(月刊レジデント2018年8月号)				
(連載)Choosing Wiselyを読み解く(日経メディカルオンライン2018年4月~継続中) https://medical.nikkeibp.co.jp/inc/all/series/choose/				
(連載)Choosing Wiselyで日常診療を見直す(日本医事新報No.4998(2020年2月8日)~継続中)				
(特集)医療における賢明な選択(Choosing Wisely)と"Shared decision making"-薬剤師に期待される役割(薬学雑誌139巻4号(2019年4月))				

表2 Choosing Wisely主要文献リスト(和文)

"Choosing Wisely" books in Japanese			ISBN-13
84	徳田安春	あなたの医療,ほんとはやり過ぎ?—過ぎたるは猶及ばざるがごとしChoosing wisely in Japan — Less is More	カイ書林 2014 978-4906842049
85	北澤京子[訳]	過剰診断: 健康診断があなたを病気にする	筑摩書房 2014 978-4480864345
86	室井一辰	絶対に受けたくない無駄な医療	日経BP社 2014 978-4822274498
87	徳田安春	日本の高価値医療 High Value Care in Japan	カイ書林 2016 978-4906842087
88	宮田靖志, 小泉俊三[監訳]	日常診療の中で学ぶプロフェッショナルリズム	カイ書林 2018 978-4904865361
89	忽那賢志[監訳]	抗菌薬が効かなくなる—AMR(薬剤耐性)との闘いに人類は勝てるのか?	丸善出版 2018 978-4621302880
90	室井一辰	続ムダな医療	日経BP社 2019 978-4822259747
91	小泉俊三, 井部俊子	患者の「賢い選択」を支える看護—Choosing Wisely	日本看護協会出版会 2019 978-4818021921
92	小泉俊三, 荏子万能[編著]	私にとっての"Choosing Wisely" 医学生・研修医・若手医師の"モヤモヤ"から	金芳堂 2019 978-4765317962

表3 Choosing Wisely主要文献リスト(和文書籍)