## 資料 2: 介入用ビデオの原稿(英語版)

**Narrator:** Hello friends!! Welcome to this information video on HIV testing in Japan. Today, I will tell you about how you can get an HIV test in Japan. First of all, let me talk about HIV test.

It is a laboratory procedure to know whether you are infected with Human Immunodeficiency Virus, in short HIV, the virus that can cause AIDS. This test is done in two stages. First is screening test. If the result of screening test is positive, second test is done, which is called confirmatory test. If the confirmatory test is positive, it means the person is infected with HIV.

After possible exposure, it takes 2 to 12 weeks to detect HIV in the exposed person's blood. So, we encourage to get tested again after 3 months, even if your initial HIV test result is negative.

So, when should you take an HIV test?

You should get an HIV test if you think you have exposed yourself to HIV risk, for examples: if you had unprotected sex such as without using condom, from HIV positive mother to baby, sharing injecting equipment or other occasions that infected blood has got into your body. Generally, we encourage you to get tested whenever you are worried at all about possible infection. Getting HIV tested helps your own physical and mental well-being.

Now, where and how can you get an HIV test in Japan?

In Japan, you can get an HIV test in your nearby public health centre or Hokenjo. They offer free and anonymous HIV testing and counseling. Your privacy will be completely protected. There are other HIV testing sites also available which provide such services. Most of the testing sites provide HIV testing services during particular hours and days of the week such as 1 to 4 days per month. Also you may need to take prior appointments before visiting these testing sites. Some of the health center might request you to visit

with someone who is fluent in Japanese, if you cannot speak Japanese well. There are health center and other related testing facilities where they provide interpreters, even the number is limited. You can also get tested at clinics and hospitals but it will not be free of cost.

Now, I will tell you about the process you will go through during HIV testing.

(**Process demonstration with actors**) First of all, you need to make an appointment for HIV testing. However, some testing sites may not require such appointment. Once you arrive at the testing site on the scheduled date and time, registration will be done. Then a health worker will give you counseling about the procedure. You can ask question about HIV if any. After that, blood will be drawn for testing.

Free, anonymous HIV testing sites offer two types of testing: standard tests and rapid tests. Type of HIV tests you can take vary depending on the facilities. In standard test, you will get the results after one week. In rapid test, you will be given the results on the same day, but if the confirmatory testing is required, you will be given the final results after one week.

So, dear friends, I think now you know about where and how you can get HIV test in Japan.

Please remember, you can get an HIV test in your nearby public health centre/hokenjo or related testing site. And in those facilities, it is free of cost and anonymous.

HIV is no more a fatal disease. With proper treatment, an HIV positive person can live the same daily life as he was living before infection. In Japan, most of the people can apply to get subsidized treatment of HIV, if you have visa status which is eligible to public health insurance. There is no law which prohibits HIV positive people from living in Japan, so no one is legally required to leave Japan because of HIV status.

If you need further information about testing sites, please click the following website link: https://www.hivkensa.com/language/en/ Thank you for watching this video.

# 資料 3: ペースライン調査で使用した質問票 (英語版)

Respondent's ID No.

Please click the appropriate answer, unless otherwise stated.

**Note:** Some of the questions here are asked about your activities during last 12 months of stay in Japan. If you have stayed less than 12 months, please consider it as the total period of time you have stayed in Japan.

### 1.0 General information

101. What is your age? Years					
102. Please choose your gender.					
1. Male	2.Female	3.Others			
103. What is your nationality	y?				
1. Chinese 2.Nepal	i 3.Vietnamese	4.Others			
104. What is your marital sta	atus?				
1. Unmarried	2. Married	3. Others			
105. Please choose the level	of education you ha	ve completed in your home country			
(only one)					
1. Illiterate/Non-formal	2. Primary/seconda	ary level 3.Higher secondary level			
4. Bachelors	5. Above bachelor	s 6. Others			
106. How long have you been in Japan in total?					
107. What is your current visa status in Japan?					
1. Student	2. Dependent	3. Long term resident			
4. Permanent resident	5. Others				
108. What kind of work /where are you doing in Japan? (Part time or full time)					
(If you have multiple answers, please choose the one which you have done for longest					
period in last 3 months)					
1. Restaurant	2. Convenience sto	ore3. Bento company4.			
Factory					
5. Hotel as house keeper	e.g. bed making	6.No job 7.			
Others					

# 2.0 About your language skill

201. Please indicate your current Japanese language				
skill.				
1. Japanese conversation	1. Not at all	2. So-so	3. Good	4.
				Excellent
2. Reading Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4.
				Excellent
3. Writing Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4.
				Excellent
4. Reading Kanji	1. Not at all	2. So-so	3. Good	4.
				Excellent
5. Writing Kanji	1. Not at all	2. So-so	3. Good	4.
				Excellent
6. Reading Japanese books/ newspaper	1. Not at all	2. So-so	3. Good	4.
				Excellent
7. Writing email/letters in Japanese	1. Not at all	2. So-so	3. Good	4.
				Excellent

202. Do you need a Japanese language interpreter when visiting a health centre clinic/hospital?

1. Yes 2. No

### 3.0 Living and working in Japan

0	0	•					
301. With whom do you live together in Japan now?							
1. I	Friends	2. Family 3. Relati	ve	4. Alone	5.		
Others							
302. How ma	302. How many hours are you engaged in paid work per week?						
303. How much do you earn per month regular in Japan?							
1.	Below 50,000	JPY	2. 50,001	- 100,000	3. 100,001-		
200,000							
4.	Above 200,001		5. No reg	gular income			

### 4.0 Alcohol use and self-rated health status

401. During the last 30 days h	now often did you h	ave drinks containin	g alcohol?	
1. Everyday		2. 2-3 times a week	3. At least	
once a week				
4. Less than once a v	veek	5. Never		
402. How do you rate your cu	urrent general health	h status?		
1. Excellent	2. Very good	3. Good		
4. Fair	5. Poor			
5.0 Information on sexual b	ehavior			
501. Do you think of yourself	as:			
1. Straight or heterosexu	al 2. Lesbia	an, gay, or homosexu	ıal	
3.Bisexual				
4. Others(Please sp	becify) 5.Don't	know	6.Choose not to	
disclose				
502. Have you ever had sexual	al intercourse? (If "	No", go directly to <b>Q</b>	<b>)n.no. 601</b> )	
1. Yes	1. Yes 2. No			
503. How old were you at your first sexual intercourse?				
year's ol	d			
504. Have you had sexual into	ercourse during last	t 12 months stay in Ja	apan?	
(If "No", go directly to <b>Qn.no</b>	<b>5. 601</b> )			
1. Yes	2. No			
505. How many sex partners	you had during the	last 12 months stay i	n Japan?	
(Number)				
506. How often you used con	dom with your sex	partner/s during the	last 12 months stay	
in Japan?				
1. All of the time	2. Most of the time	e 3. Somet	imes 4.	
Rarely				
5. Never				
507. Have you had sex with a	commercial sex w	orker during last 12	months stay in	
Japan?				
(If "No", go directly to Qn.no	<b>b. 509</b> )			

1. Yes

2. No

508. How often you used condom with commercial sex worker during the last 12 months stay in Japan?

1. All of the time2. Most of the time3. Sometimes4.Rarely

5. Never

509. Have you had anal sex with a man during last 12 months stay in Japan? (**Only for men**)

(If "No", go directly to Qn.no. 511)

1. Yes 2. No

510. How often you used condom while having anal sex with a man during the last 12 months stay in Japan? (**Only for men**)

1. All of the time2. Most of the time3. Sometimes4.

Rarely

5. Never

511. Have you had any sexually transmitted diseases (STDs) in last 12 months stay in Japan?

1. Yes 2. No

### 6.0 Knowledge on HIV/AIDS

601	Have you ever heard of an illness called AIDS?	1. Yes	2.No	3. Don`t
		know		
602	Do you have a close relative or close friend who is	1. Yes	2.No	3. Don`t
	infected with HIV or has died of AIDS?	know		
603	Can people protect themselves from HIV by using	1. Yes	2.No	3. Don`t
	condom correctly in each sexual contact?	know		
604	Do you think a healthy looking person can be	1. Yes	2.No	3. Don`t
	infected with HIV?	know		
605	Can a person get the HIV from mosquito bite?	1. Yes	2.No	3. Don`t
		know		
606	Can a person get HIV by sharing a meal with an	1. Yes	2.No	3. Don`t
	HIV infected person?	know		

607	Can a pregnant women infected with HIV transmit	1. Yes	2.No	3. Don`t
	the virus to her unborn child?	know		
608	Can a woman with HIV transmit the virus to her	1. Yes	2.No	3. Don`t
	newborn child through breastfeeding?	know		
609	Can people protect themselves from HIV by	1. Yes	2.No	3. Don`t
	abstaining from sexual intercourse?	know		
610	Can a person get HIV by holding on with HIV	1. Yes	2.No	3. Don`t
	infected person`s hand?	know		
611	Can a person get HIV by using previously used	1. Yes	2.No	3. Don`t
	needle/syringe?	know		
612	Can blood transfusion from HIV infected person	1. Yes	2.No	3. Don`t
	transmit HIV to others?	know		
613	HIV is no more a fatal disease. Do you think so?	1. Yes	2.No	3. Don`t
		know		
614	Can an HIV positive person live the same life as he	1. Yes	2.No	3. Don`t
	was living before infection, if he/she receives	know		
	proper treatment?			

# 7.0 Perceived risk of HIV

No.	Questions and Filters	Coding categories
701	What is your gut feeling about how likely	Extremely unlikely1
	you are to get infected with HIV?	Very unlikely2
		Somewhat likely3
		Very likely4
		Extremely likely5
702	I worry about getting	None of the time1
	infected with HIV	Rarely2
		Some of the time3
		A moderate amount of time4
		A lot of the time5
		All of the time6
703	Picturing self getting HIV	Very hard to do1

	is something I find:	Hard to do2
	is something I mid.	
		Easy to do
		Very easy to do4
704	I am sure I will NOT get	Strongly disagree1
	infected with HIV	Disagree2
		Somewhat disagree
		Somewhat agree4
		Agree5
		Strongly agree6
705	I feel vulnerable to HIV infection	Strongly disagree1
		Disagree2
		Somewhat disagree
		Somewhat agree4
		Agree5
		Strongly agree6
706	There is a chance, no matter how small, I	Strongly disagree1
	could get	Disagree2
	HIV	Somewhat disagree
		Somewhat agree4
		Agree5
		Strongly agree
707	I think my chances of getting infected with	Zero1
	HIV are:	Almost zero2
		Small
		Moderate4
		Large
		Very Large6
708	Getting HIV is something	Never thought about1
	I have	Rarely thought about2
		Thought about some of the
		time3
		Thought about often4

8.0 Access to HIV testing serv	ices				
801. Do you think you have proper access to HIV testing service in Japan?					
1. Yes	2. No				
802. Do you know where to go	for HIV testing in Japar	1?			
1. Yes	2. No				
803. I don't want to know the re-	esult, but have you ever	had an HIV test in your home			
country?					
1. Yes	2. No				
804. I don't want to know the re-	esult, but have you ever	had an HIV test in Japan?			
1. Yes	2. No				
805. Do you know about free an	nd anonymous HIV testi	ng service in Japan?			
1. Yes	2. No				
806. On a scale of 0 to 10, to w	hat extent are you intere	sted in taking HIV test in Japan			
in future (0- not interested at all	, 10- Highly interested?				
(drop down click boxes	s 0-10)				
807. What is the most importan	t thing for you to make !	HIV test accessible? (Choose			
only one)					
1. Free of charge 2.	. Interpreter/language se	rvice 3. Easy access from the			
station					
4. Strict privacy	5. Open on weekend	6. Open in the evening 7.			
Others					
808. Do you think in Japan, most of the people can apply to get subsidized treatment of					
HIV, if you have visa status eligible to public health insurance?					
1. Yes	2. No	3. Don't know			
809. Do you think that you will not be legally allowed to stay in Japan, if you are found					
to be HIV positive?					
1. Yes	2. No	3. Don't know			

## 9.0 Stigma and discrimination

901. If a member of your family became sick with HIV infection, would you be willing to care for her or him in your own household?

1. Yes2. No3. Don't know902. Would you buy food from a shopkeeper or vendor if you knew that this person isinfected with HIV?1. Yes2. No3. Don't know903. In your opinion, if a teacher is HIV positive but is not sick, should she be allowed

to continue teaching in the school?

1. Yes2. No3. Don't know904. If a member of your family got infected with the AIDS virus, would you want it toremain a secret or not?

1. Yes 2. No 3. Don't know

### THANK YOU

# 資料 4: フォローアップ調査で使用した質問票 (英語版)

Respondent's ID No.

Please click the appropriate answer, unless otherwise stated.

### 1.0 Knowledge on HIV/AIDS

101	Have you ever heard of an illness called AIDS?	1. Yes	2.No	3. Don`t know
102	Do you have a close relative or close friend who is	1. Yes	2.No	3. Don`t know
	infected with HIV or has died of AIDS?			
103	Can people protect themselves from HIV by using	1. Yes	2.No	3. Don`t know
	condom correctly in each sexual contact?			
104	Do you think a healthy looking person can be infected	1. Yes	2.No	3. Don`t know
	with HIV?			
105	Can a person get the HIV from mosquito bite?	1. Yes	2.No	3. Don`t know
106	Can a person get HIV by sharing a meal with an HIV	1. Yes	2.No	3. Don`t know
	infected person?			
107	Can a pregnant women infected with HIV transmit the	1. Yes	2.No	3. Don`t know
	virus to her unborn child?			
108	Can a woman with HIV transmit the virus to her	1. Yes	2.No	3. Don`t know
	newborn child through breastfeeding?			
109	Can people protect themselves from HIV by abstaining	1. Yes	2.No	3. Don`t know
	from sexual intercourse?			
110	Can a person get HIV by holding on with HIV infected	1. Yes	2.No	3. Don`t know
	person`s hand?			
111	Can a person get HIV by using previously used	1. Yes	2.No	3. Don`t know
	needle/syringe?			
112	Can blood transfusion from HIV infected person	1. Yes	2.No	3. Don`t know
	transmit HIV to others?			
113	HIV is no more a fatal disease. Do you think so?	1. Yes	2.No	3. Don`t know
114	Can an HIV positive person live the same life as he was	1. Yes	2.No	3. Don`t know

living before infection, if he/she receives proper	
treatment?	

### 2.0 Perceived risk of HIV

No.	Questions and Filters	Coding categories
201	What is your gut feeling about how likely you	Extremely unlikely1
	are to get infected with HIV?	Very unlikely2
		Somewhat likely3
		Very likely4
		Extremely likely5
202	I worry about getting	None of the time1
	infected with HIV	Rarely2
		Some of the time3
		A moderate amount of time4
		A lot of the time5
		All of the time6
203	Picturing self getting HIV	Very hard to do1
	is something I find:	Hard to do2
		Easy to do3
		Very easy to do4
204	I am sure I will NOT get	Strongly disagree1
	infected with HIV	Disagree2
		Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6
205	I feel vulnerable to HIV infection	Strongly disagree1
		Disagree2
		Somewhat disagree3
		Somewhat agree4
		Agree5

		Strongly agree
206	There is a chance, no matter how small, I could	Strongly disagree1
	get	Disagree2
	HIV	Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6
207	I think my chances of getting infected with	Zero1
	HIV are:	Almost zero2
		Small3
		Moderate4
		Large5
		Very Large6
208	Getting HIV is something	Never thought about1
	I have	Rarely thought about2
		Thought about some of the time3
		Thought about often4

#### 3.0 Access to HIV testing services

301. Do you think you have proper access to HIV testing service in Japan?

1. Yes 2. No

302. Do you know where to go for HIV testing in Japan?

1. Yes 2. No

303. Do you know about free and anonymous HIV testing service in Japan?

1. Yes 2. No

304. On a scale of 0 to 10, to what extent are you interested in taking HIV test in Japan

in future (0- not interested at all, 10- Highly interested?

..... (drop down click boxes 0-10)

305. What is the most important thing for you to make HIV test accessible? (Choose only one)

1. Free of charge2. Interpreter/language service3. Easy access from thestation

4. Strict privacy
5. Open on weekend
6. Open in the evening
7. Others
306. Do you think in Japan, most of the people can apply to get subsidized treatment of HIV, if
you have visa status eligible to public health insurance?

Yes
No
Don't know

307. Do you think that you will not be legally allowed to stay in Japan, if you are found to be

HIV positive?

1. Yes 2. No 3. Don't know

#### 4.0 Stigma and discrimination

401. If a member of your family became sick with HIV infection, would you be willing to care for her or him in your own household?

 1. Yes
 2. No
 3. Don't know

402. Would you buy food from a shopkeeper or vendor if you knew that this person is infected with HIV?

1. Yes2. No3. Don't know403. In your opinion, if a teacher is HIV positive but is not sick, should she be allowedto continue teaching in the school?

1. Yes2. No3. Don't know404. If a member of your family got infected with the AIDS virus, would you want it toremain a secret or not?

1. Yes 2. No 3. Don't know

#### THANK YOU