

## 資料 2: 介入用ビデオの原稿（英語版）

**Narrator:** Hello friends!! Welcome to this information video on HIV testing in Japan. Today, I will tell you about how you can get an HIV test in Japan. First of all, let me talk about HIV test.

It is a laboratory procedure to know whether you are infected with Human Immunodeficiency Virus, in short HIV, the virus that can cause AIDS. This test is done in two stages. First is screening test. If the result of screening test is positive, second test is done, which is called confirmatory test. If the confirmatory test is positive, it means the person is infected with HIV.

After possible exposure, it takes 2 to 12 weeks to detect HIV in the exposed person's blood. So, we encourage to get tested again after 3 months, even if your initial HIV test result is negative.

So, when should you take an HIV test?

You should get an HIV test if you think you have exposed yourself to HIV risk, for examples: if you had unprotected sex such as without using condom, from HIV positive mother to baby, sharing injecting equipment or other occasions that infected blood has got into your body. Generally, we encourage you to get tested whenever you are worried at all about possible infection. Getting HIV tested helps your own physical and mental well-being.

Now, where and how can you get an HIV test in Japan?

In Japan, you can get an HIV test in your nearby public health centre or Hokenjo. They offer free and anonymous HIV testing and counseling. Your privacy will be completely protected. There are other HIV testing sites also available which provide such services. Most of the testing sites provide HIV testing services during particular hours and days of the week such as 1 to 4 days per month. Also you may need to take prior appointments before visiting these testing sites. Some of the health center might request you to visit

with someone who is fluent in Japanese, if you cannot speak Japanese well. There are health center and other related testing facilities where they provide interpreters, even the number is limited. You can also get tested at clinics and hospitals but it will not be free of cost.

Now, I will tell you about the process you will go through during HIV testing.

**(Process demonstration with actors)** First of all, you need to make an appointment for HIV testing. However, some testing sites may not require such appointment. Once you arrive at the testing site on the scheduled date and time, registration will be done. Then a health worker will give you counseling about the procedure. You can ask question about HIV if any. After that, blood will be drawn for testing.

Free, anonymous HIV testing sites offer two types of testing: standard tests and rapid tests. Type of HIV tests you can take vary depending on the facilities. In standard test, you will get the results after one week. In rapid test, you will be given the results on the same day, but if the confirmatory testing is required, you will be given the final results after one week.

So, dear friends, I think now you know about where and how you can get HIV test in Japan.

Please remember, you can get an HIV test in your nearby public health centre/hokenjo or related testing site. And in those facilities, it is free of cost and anonymous.

HIV is no more a fatal disease. With proper treatment, an HIV positive person can live the same daily life as he was living before infection. In Japan, most of the people can apply to get subsidized treatment of HIV, if you have visa status which is eligible to public health insurance. There is no law which prohibits HIV positive people from living in Japan, so no one is legally required to leave Japan because of HIV status.

If you need further information about testing sites, please click the following website link:  
<https://www.hivkensa.com/language/en/>

Thank you for watching this video.

### 資料3: ベースライン調査で使った質問票 (英語版)

Respondent's ID No.

Please click the appropriate answer, unless otherwise stated.

**Note:** Some of the questions here are asked about your activities during last 12 months of stay in Japan. If you have stayed less than 12 months, please consider it as the total period of time you have stayed in Japan.

#### 1.0 General information

101. What is your age? ..... Years

102. Please choose your gender.

1. Male                      2. Female                      3. Others

103. What is your nationality?

1. Chinese      2. Nepali      3. Vietnamese      4. Others

104. What is your marital status?

1. Unmarried                      2. Married                      3. Others

105. Please choose the level of education you have completed in your home country

(only one)

1. Illiterate/Non-formal      2. Primary/secondary level      3. Higher secondary level  
4. Bachelors                      5. Above bachelors                      6. Others

106. How long have you been in Japan in total? .....Years ..... Months

107. What is your current visa status in Japan?

1. Student                      2. Dependent                      3. Long term resident  
4. Permanent resident      5. Others

108. What kind of work /where are you doing in Japan? (Part time or full time)

(If you have multiple answers, please choose the one which you have done for longest period in last 3 months)

1. Restaurant                      2. Convenience store                      3. Bento company      4.  
Factory  
5. Hotel as house keeper e.g. bed making                      6. No job                      7.  
Others







607	Can a pregnant women infected with HIV transmit the virus to her unborn child?	1. Yes 2.No 3. Don` know
608	Can a woman with HIV transmit the virus to her newborn child through breastfeeding?	1. Yes 2.No 3. Don` know
609	Can people protect themselves from HIV by abstaining from sexual intercourse?	1. Yes 2.No 3. Don` know
610	Can a person get HIV by holding on with HIV infected person`s hand?	1. Yes 2.No 3. Don` know
611	Can a person get HIV by using previously used needle/syringe?	1. Yes 2.No 3. Don` know
612	Can blood transfusion from HIV infected person transmit HIV to others?	1. Yes 2.No 3. Don` know
613	HIV is no more a fatal disease. Do you think so?	1. Yes 2.No 3. Don` know
614	Can an HIV positive person live the same life as he was living before infection, if he/she receives proper treatment?	1. Yes 2.No 3. Don` know

### 7.0 Perceived risk of HIV

No.	Questions and Filters	Coding categories
701	What is your gut feeling about how likely you are to get infected with HIV?	Extremely unlikely.....1 Very unlikely.....2 Somewhat likely.....3 Very likely.....4 Extremely likely.....5
702	I worry about getting infected with HIV	None of the time.....1 Rarely.....2 Some of the time.....3 A moderate amount of time.....4 A lot of the time.....5 All of the time.....6
703	Picturing self getting HIV	Very hard to do.....1

	is something I find:	Hard to do.....2 Easy to do.....3 Very easy to do.....4
704	I am sure I will NOT get infected with HIV	Strongly disagree.....1 Disagree.....2 Somewhat disagree.....3 Somewhat agree.....4 Agree.....5 Strongly agree.....6
705	I feel vulnerable to HIV infection	Strongly disagree.....1 Disagree.....2 Somewhat disagree.....3 Somewhat agree.....4 Agree.....5 Strongly agree.....6
706	There is a chance, no matter how small, I could get HIV	Strongly disagree.....1 Disagree.....2 Somewhat disagree.....3 Somewhat agree.....4 Agree.....5 Strongly agree.....6
707	I think my chances of getting infected with HIV are:	Zero.....1 Almost zero.....2 Small.....3 Moderate.....4 Large.....5 Very Large.....6
708	Getting HIV is something I have	Never thought about.....1 Rarely thought about.....2 Thought about some of the time.....3 Thought about often.....4





1. Yes

2. No

3. Don't know

902. Would you buy food from a shopkeeper or vendor if you knew that this person is infected with HIV?

1. Yes

2. No

3. Don't know

903. In your opinion, if a teacher is HIV positive but is not sick, should she be allowed to continue teaching in the school?

1. Yes

2. No

3. Don't know

904. If a member of your family got infected with the AIDS virus, would you want it to remain a secret or not?

1. Yes

2. No

3. Don't know

**THANK YOU**

#### 資料 4: フォローアップ調査で使った質問票 (英語版)

Respondent's ID No.

Please click the appropriate answer, unless otherwise stated.

##### 1.0 Knowledge on HIV/AIDS

101	Have you ever heard of an illness called AIDS?	1. Yes	2.No	3. Don` t know
102	Do you have a close relative or close friend who is infected with HIV or has died of AIDS?	1. Yes	2.No	3. Don` t know
103	Can people protect themselves from HIV by using condom correctly in each sexual contact?	1. Yes	2.No	3. Don` t know
104	Do you think a healthy looking person can be infected with HIV?	1. Yes	2.No	3. Don` t know
105	Can a person get the HIV from mosquito bite?	1. Yes	2.No	3. Don` t know
106	Can a person get HIV by sharing a meal with an HIV infected person?	1. Yes	2.No	3. Don` t know
107	Can a pregnant women infected with HIV transmit the virus to her unborn child?	1. Yes	2.No	3. Don` t know
108	Can a woman with HIV transmit the virus to her newborn child through breastfeeding?	1. Yes	2.No	3. Don` t know
109	Can people protect themselves from HIV by abstaining from sexual intercourse?	1. Yes	2.No	3. Don` t know
110	Can a person get HIV by holding on with HIV infected person`s hand?	1. Yes	2.No	3. Don` t know
111	Can a person get HIV by using previously used needle/syringe?	1. Yes	2.No	3. Don` t know
112	Can blood transfusion from HIV infected person transmit HIV to others?	1. Yes	2.No	3. Don` t know
113	HIV is no more a fatal disease. Do you think so?	1. Yes	2.No	3. Don` t know
114	Can an HIV positive person live the same life as he was	1. Yes	2.No	3. Don` t know

	living before infection, if he/she receives proper treatment?	
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## 2.0 Perceived risk of HIV

No.	Questions and Filters	Coding categories
201	What is your gut feeling about how likely you are to get infected with HIV?	Extremely unlikely.....1 Very unlikely.....2 Somewhat likely.....3 Very likely.....4 Extremely likely.....5
202	I worry about getting infected with HIV	None of the time.....1 Rarely.....2 Some of the time.....3 A moderate amount of time.....4 A lot of the time.....5 All of the time.....6
203	Picturing self getting HIV is something I find:	Very hard to do.....1 Hard to do.....2 Easy to do.....3 Very easy to do.....4
204	I am sure I will NOT get infected with HIV	Strongly disagree.....1 Disagree.....2 Somewhat disagree.....3 Somewhat agree.....4 Agree.....5 Strongly agree.....6
205	I feel vulnerable to HIV infection	Strongly disagree.....1 Disagree.....2 Somewhat disagree.....3 Somewhat agree.....4 Agree.....5



4. Strict privacy      5. Open on weekend      6. Open in the evening      7. Others

306. Do you think in Japan, most of the people can apply to get subsidized treatment of HIV, if you have visa status eligible to public health insurance?

1. Yes      2. No      3. Don't know

307. Do you think that you will not be legally allowed to stay in Japan, if you are found to be HIV positive?

1. Yes      2. No      3. Don't know

#### **4.0 Stigma and discrimination**

401. If a member of your family became sick with HIV infection, would you be willing to care for her or him in your own household?

1. Yes      2. No      3. Don't know

402. Would you buy food from a shopkeeper or vendor if you knew that this person is infected with HIV?

1. Yes      2. No      3. Don't know

403. In your opinion, if a teacher is HIV positive but is not sick, should she be allowed to continue teaching in the school?

1. Yes      2. No      3. Don't know

404. If a member of your family got infected with the AIDS virus, would you want it to remain a secret or not?

1. Yes      2. No      3. Don't know

**THANK YOU**