### 資料 2: 介入用ビデオの原稿 (英語版)

**Narrator:** Hello friends!! Welcome to this information video on HIV testing in Japan. Today, I will tell you about how you can get an HIV test in Japan.

First of all, let me talk about HIV test.

It is a laboratory procedure to know whether you are infected with Human Immunodeficiency Virus, in short HIV, the virus that can cause AIDS. This test is done in two stages. First is screening test. If the result of screening test is positive, second test is done, which is called confirmatory test. If the confirmatory test is positive, it means the person is infected with HIV.

After possible exposure, it takes 2 to 12 weeks to detect HIV in the exposed person's blood. So, we encourage to get tested again after 3 months, even if your initial HIV test result is negative.

So, when should you take an HIV test?

You should get an HIV test if you think you have exposed yourself to HIV risk, for examples: if you had unprotected sex such as without using condom, from HIV positive mother to baby, sharing injecting equipment or other occasions that infected blood has got into your body. Generally, we encourage you to get tested whenever you are worried at all about possible infection. Getting HIV tested helps your own physical and mental well-being.

Now, where and how can you get an HIV test in Japan?

In Japan, you can get an HIV test in your nearby public health centre or Hokenjo. They offer free and anonymous HIV testing and counseling. Your privacy will be completely protected. There are other HIV testing sites also available which provide such services. Most of the testing sites provide HIV testing services during particular hours and days of the week such as 1 to 4 days per month. Also you may need to take prior appointments before visiting these testing sites. Some of the health center might request you to visit with someone who is fluent in Japanese, if you cannot speak Japanese well. There are health center and other related testing facilities where they provide interpreters, even the number is limited. You can also get tested at clinics and hospitals but it will not be free of cost.

Now, I will tell you about the process you will go through during HIV testing.

(**Process demonstration with actors**) First of all, you need to make an appointment for HIV testing. However, some testing sites may not require such appointment. Once you arrive at the testing site on the scheduled date and time, registration will be done. Then a health worker will give you counseling about the procedure. You can ask question about HIV if any. After that, blood will be drawn for testing.

Free, anonymous HIV testing sites offer two types of testing: standard tests and rapid tests. Type of HIV tests you can take vary depending on the facilities. In standard test, you will get the results after one week. In rapid test, you will be given the results on the same day, but if the confirmatory testing is required, you will be given the final results after one week.

So, dear friends, I think now you know about where and how you can get HIV test in Japan.

Please remember, you can get an HIV test in your nearby public health centre/hokenjo or related testing site. And in those facilities, it is free of cost and anonymous.

HIV is no more a fatal disease. With proper treatment, an HIV positive person can live the same daily life as he was living before infection. In Japan, most of the people can apply to get subsidized treatment of HIV, if you have visa status which is eligible to public health insurance. There is no law which prohibits HIV positive people from living in Japan, so no one is legally required to leave Japan because of HIV status.

If you need further information about testing sites, please click the following website link: https://www.hivkensa.com/language/en/

Thank you for watching this video.

資料 3: ベースライン調査で	使用した質問票(英	語版	
Respondent's ID No.			
Please click the appropriate answ	wer, unless otherwise	stated.	
Note: Some of the questions he	re are asked about you	or activities during last 12 months	of stay in
Japan. If you have stayed less th	nan 12 months, please	consider it as the total period of ti	me you
have stayed in Japan.			
1.0 General information			
101. What is your age? Yo	ears		
102. Please choose your gender	•		
1. Male	2.Female	3.Others	
103. What is your nationality?			
1. Chinese 2.Nepali	3.Vietnamese	4.Others	
104. What is your marital status	?		
1. Unmarried	2. Married	3. Others	
105. Please choose the level of o	education you have co	mpleted in your home country (o	nly one)
1. Illiterate/Non-formal 2.	Primary/secondary le	vel 3.Higher secondary level	l
4. Bachelors	5. Above bachelors	6. Others	
106. How long have you been is	n Japan in total?	Years Months	
107. What is your current visa s	tatus in Japan?		
1. Student	2. Dependent	3. Long term residen	t
4. Permanent resident	5. Others		
108. What kind of work /where	are you doing in Japa	n? (Part time or full time)	
(If you have multiple answers, p	blease choose the one	which you have done for longest	period in
last 3 months)			
1. Restaurant	2. Convenience store	3. Bento company	4.
Factory			
5. Hotel as house keeper e.	g. bed making	6.No job	7. Others

# 2.0 About your language skill

201. Please indicate your current Japanese language skill.				
1. Japanese conversation	1. Not at all	2. So-so	3. Good	4. Excellent
2. Reading Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4. Excellent
3. Writing Hiragana and Katakana	1. Not at all	2. So-so	3. Good	4. Excellent
4. Reading Kanji	1. Not at all	2. So-so	3. Good	4. Excellent
5. Writing Kanji	1. Not at all	2. So-so	3. Good	4. Excellent
6. Reading Japanese books/ newspaper	1. Not at all	2. So-so	3. Good	4. Excellent
7. Writing email/letters in Japanese	1. Not at all	2. So-so	3. Good	4. Excellent

4. Readir	ng Kanji				1. Not at all	2. So-so	3. G00
5. Writin	ng Kanji				1. Not at all	2. So-so	3. Goo
6. Readir	ng Japanese books/ ne	ewspaper			1. Not at all	2. So-so	3. Goo
7. Writin	ng email/letters in Japa	nese			1. Not at all	2. So-so	3. Goo
202. Do y	ou need a Japanese la	nguage inte	erpreter wh	en visitin	g a health cen	tre clinic/ho	spital?
	1. Yes		2. No				
3.0 Living	g and working in Jap	pan					
301. With	whom do you live to	gether in Ja	apan now?				
	1. Friends 2. Family	3. Relativ	ve4. Alone		5. Others		
302. How	many hours are you	engaged in	paid work	per week	?	hrs	
303. How	much do you earn pe	r month re	gular in Jap	an?			
	1. Below 50,000 JI	PΥ		2.50,00	01- 100,000	3. 10	0,001-
	1. Delow 50,000 31	-		,	*		
200,000	1. <b>BC</b> low 30,000 31			ŕ	·		
•	4. Above 200,001	-		5. No re	egular income		
•	,			5. No re	egular income		
	,		utus	5. No re	egular income		
4.0 Alcoh	4. Above 200,001	health sta					
4.0 Alcoh	4. Above 200,001  nol use and self-rated	health sta		drinks con			st once a
4.0 Alcoh	4. Above 200,001  nol use and self-rateding the last 30 days how	health sta		drinks con	ntaining alcoh	ol?	st once a
4.0 Alcoh 401. Durin week	4. Above 200,001  nol use and self-rateding the last 30 days how	<b>health sta</b> w often did		drinks con	ntaining alcoh mes a week	ol?	st once a
4.0 Alcoh 401. Durin week	4. Above 200,001  ol use and self-rateding the last 30 days how  1. Everyday	<b>health sta</b> w often did eek	l you have o	drinks con 2. 2-3 ti 5. Neve	ntaining alcoh mes a week	ol?	st once a
4.0 Alcoh 401. Durin week 402. How	4. Above 200,001  nol use and self-rateding the last 30 days how  1. Everyday  4. Less than once a week	health sta w often did eek eent general	l you have o	drinks con 2. 2-3 ti 5. Neve	ntaining alcoh mes a week	ol?	st once a
4.0 Alcoh 401. Durin week 402. How	4. Above 200,001  ol use and self-rateding the last 30 days how  1. Everyday  4. Less than once a week do you rate your curr	health sta w often did eek eent general	l you have o	drinks con 2. 2-3 ti 5. Neve	ntaining alcoh mes a week	ol?	ot once a

## 5.0 Information on sexual behavior

501. Do you think of yourself as:

1. Straight or heterosexual	2. Lesbia	n, gay, or homosexu	ıal
3.Bisexual			
4. Others(Please spe	ecify) 5.Don't k	now	6.Choose not to
disclose			
502. Have you ever had sexual	intercourse? (If "No",	go directly to <b>Qn.n</b>	<b>o. 601</b> )
1. Yes	2. No		
503. How old were you at your	r first sexual intercours	e?	
year's ol	d		
504. Have you had sexual inter	course during last 12 r	nonths stay in Japar	?
(If "No", go directly to <b>Qn.no.</b>	601)		
1. Yes	2. No		
505. How many sex partners ye	ou had during the last	12 months stay in Ja	pan?
(Number)			
506. How often you used cond	om with your sex parti	ner/s during the last	12 months stay in
Japan?			
1. All of the time	2. Most of the time	3. Sometimes	4. Rarely
5. Never			
507. Have you had sex with a c	commercial sex worke	r during last 12 mon	ths stay in Japan?
(If "No", go directly to <b>Qn.no.</b>	<b>509</b> )		
1. Yes	2. No		
508. How often you used cond	om with commercial s	ex worker during th	e last 12 months stay in
Japan?			
1. All of the time	2. Most of the time	3. Sometimes	4. Rarely
5. Never			
509. Have you had anal sex wi	th a man during last 12	2 months stay in Jap	an? (Only for men)
(If "No", go directly to <b>Qn.no.</b>	511)		
1. Yes	2. No		
510. How often you used cond	om while having anal	sex with a man duri	ng the last 12 months
stay in Japan? (Only for men)			
1. All of the time	2. Most of the time	3. Sometimes	4. Rarely
5. Never			
511. Have you had any sexuall	y transmitted diseases	(STDs) in last 12 m	onths stay in Japan?
1. Yes	2. No		

## 6.0 Knowledge on HIV/AIDS

0.0 121	lowledge off the V/AIDS			
601	Have you ever heard of an illness called AIDS?	1. Yes	2.No	3. Don't know
602	Do you have a close relative or close friend who is	1. Yes	2.No	3. Don't know
	infected with HIV or has died of AIDS?			
603	Can people protect themselves from HIV by using	1. Yes	2.No	3. Don't know
	condom correctly in each sexual contact?			
604	Do you think a healthy looking person can be infected	1. Yes	2.No	3. Don't know
	with HIV?			
605	Can a person get the HIV from mosquito bite?	1. Yes	2.No	3. Don`t know
606	Can a person get HIV by sharing a meal with an HIV	1. Yes	2.No	3. Don`t know
	infected person?			
607	Can a pregnant women infected with HIV transmit the	1. Yes	2.No	3. Don't know
	virus to her unborn child?			
608	Can a woman with HIV transmit the virus to her	1. Yes	2.No	3. Don't know
	newborn child through breastfeeding?			
609	Can people protect themselves from HIV by abstaining	1. Yes	2.No	3. Don`t know
	from sexual intercourse?			
610	Can a person get HIV by holding on with HIV infected	1. Yes	2.No	3. Don't know
	person's hand?			
611	Can a person get HIV by using previously used	1. Yes	2.No	3. Don`t know
	needle/syringe?			
612	Can blood transfusion from HIV infected person	1. Yes	2.No	3. Don't know
	transmit HIV to others?			
613	HIV is no more a fatal disease. Do you think so?	1. Yes	2.No	3. Don't know
614	Can an HIV positive person live the same life as he was	1. Yes	2.No	3. Don`t know
	living before infection, if he/she receives proper			
	treatment?			

## 7.0 Perceived risk of HIV

No.	Questions and Filters	Coding categories
701	What is your gut feeling about how likely you	Extremely unlikely1

1		
	are to get infected with HIV?	Very unlikely2
		Somewhat likely3
		Very likely4
		Extremely likely5
702	I worry about getting	None of the time1
	infected with HIV	Rarely2
		Some of the time3
		A moderate amount of time4
		A lot of the time5
		All of the time6
703	Picturing self getting HIV	Very hard to do1
	is something I find:	Hard to do2
		Easy to do3
		Very easy to do4
704	I am sure I will NOT get	Strongly disagree1
	infected with HIV	Disagree2
		Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6
705	I feel vulnerable to HIV infection	Strongly disagree1
		Disagree2
		Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6
706	There is a chance, no matter how small, I could	Strongly disagree
	get	Disagree2
	HIV	Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree

707	I think my chances of getting infected with	Zero1
	HIV are:	Almost zero
		Small
		Moderate4
		Large5
		Very Large6
708	Getting HIV is something	Never thought about1
	I have	Rarely thought about2
		Thought about some of the time3
		Thought about often4
8.0 A	ccess to HIV testing services	
801. E	Do you think you have proper access to HIV testing	g service in Japan?
	1. Yes 2. No	
802. E	Do you know where to go for HIV testing in Japan	?
	1. Yes 2. No	
803. I	don't want to know the result, but have you ever h	nad an HIV test in your home country?
	1. Yes 2. No	
804. I	don't want to know the result, but have you ever $\boldsymbol{h}$	nad an HIV test in Japan?
	1. Yes 2. No	
805. E	Do you know about free and anonymous HIV testi	ng service in Japan?
	1. Yes 2. No	
806. C	On a scale of 0 to 10, to what extent are you interest	ted in taking HIV test in Japan in future
(0- no	t interested at all, 10- Highly interested?	
	(drop down click boxes 0-10)	
807. V	What is the most important thing for you to make I	HIV test accessible? (Choose only one)
		service 3. Easy access from the
	station	60 14 1 701
000 7	4. Strict privacy 5. Open on weekend	6. Open in the evening 7. Others
	Do you think in Japan, most of the people can appl	y to get subsidized treatment of HIV, if
you ha	ave visa status eligible to public health insurance?	

1. Yes	2. No	3. Don't know
809. Do you think that you will a	not be legally allowed to st	ay in Japan, if you are found to be
HIV positive?		
1. Yes	2. No	3. Don't know
9.0 Stigma and discrimination	ı	
901. If a member of your family	became sick with HIV inf	fection, would you be willing to care
for her or him in your own house	ehold?	
1. Yes	2. No	3. Don't know
902. Would you buy food from	a shopkeeper or vendor if y	you knew that this person is infected
with HIV?		
1. Yes	2. No	3. Don't know
903. In your opinion, if a teacher	r is HIV positive but is not	sick, should she be allowed to
continue teaching in the school?		
1. Yes	2. No	3. Don't know
904. If a member of your family	got infected with the AID	S virus, would you want it to remain a
secret or not?		
1. Yes	2. No	3. Don't know

## THANK YOU

# 資料 4: フォローアップ調査で使用した質問票 (英語版)

Please click the appropriate answer, unless otherwise stated.

## 1.0 Knowledge on HIV/AIDS

101	Have you ever heard of an illness called AIDS?	1. Yes	2.No	3. Don`t know
102	Do you have a close relative or close friend who is infected	1. Yes	2.No	3. Don`t know
	with HIV or has died of AIDS?			
103	Can people protect themselves from HIV by using condom	1. Yes	2.No	3. Don`t know
	correctly in each sexual contact?			
104	Do you think a healthy looking person can be infected with	1. Yes	2.No	3. Don`t know
	HIV?			
105	Can a person get the HIV from mosquito bite?	1. Yes	2.No	3. Don`t know
106	Can a person get HIV by sharing a meal with an HIV infected	1. Yes	2.No	3. Don`t know
	person?			
107	Can a pregnant women infected with HIV transmit the virus to	1. Yes	2.No	3. Don`t know
	her unborn child?			
108	Can a woman with HIV transmit the virus to her newborn	1. Yes	2.No	3. Don`t know
	child through breastfeeding?			
109	Can people protect themselves from HIV by abstaining from	1. Yes	2.No	3. Don`t know
	sexual intercourse?			
110	Can a person get HIV by holding on with HIV infected	1. Yes	2.No	3. Don`t know
	person`s hand?			
111	Can a person get HIV by using previously used	1. Yes	2.No	3. Don`t know
	needle/syringe?			
112	Can blood transfusion from HIV infected person transmit HIV	1. Yes	2.No	3. Don`t know
	to others?			
113	HIV is no more a fatal disease. Do you think so?	1. Yes	2.No	3. Don`t know
114	Can an HIV positive person live the same life as he was living	1. Yes	2.No	3. Don`t know

before infection, if he/she receives proper treatment	before	infection,	if he/she	receives	proper	treatment's
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#### 2.0 Perceived risk of HIV

No.	Questions and Filters	Coding categories
201	What is your gut feeling about how likely you are to	Extremely unlikely1
	get infected with HIV?	Very unlikely2
		Somewhat likely3
		Very likely4
		Extremely likely5
202	I worry about getting	None of the time1
	infected with HIV	Rarely2
		Some of the time3
		A moderate amount of time4
		A lot of the time5
		All of the time6
203	Picturing self getting HIV	Very hard to do1
	is something I find:	Hard to do2
		Easy to do3
		Very easy to do4
204	I am sure I will NOT get	Strongly disagree1
	infected with HIV	Disagree
		Somewhat disagree
		Somewhat agree
		Agree5
		Strongly agree6
205	I feel vulnerable to HIV infection	Strongly disagree1
		Disagree2
		Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6

206	There is a chance, no matter how small, I could get	Strongly disagree1
	HIV	Disagree2
		Somewhat disagree3
		Somewhat agree4
		Agree5
		Strongly agree6
207	I think my chances of getting infected with HIV are:	Zero1
		Almost zero2
		Small3
		Moderate4
		Large5
		Very Large6
208	Getting HIV is something	Never thought about1
	I have	Rarely thought about2
		Thought about some of the time3
		Thought about often4

3.0 Access to HIV testing services	S					
301. Do you think you have proper access to HIV testing service in Japan?						
1. Yes	2. No					
302. Do you know where to go for HIV testing in Japan?						
1. Yes	2. No					
303. Do you know about free and anonymous HIV testing service in Japan?						
1. Yes	2. No					
304. On a scale of 0 to 10, to what extent are you interested in taking HIV test in Japan in future						
(0- not interested at all, 10- Highly interested?						
(drop down click boxes 0-10)						
305. What is the most important thing for you to make HIV test accessible? (Choose only one)						
1. Free of charge	2. Interpreter/language serv	vice 3. Easy access from	n the station			
4. Strict privacy	5. Open on weekend	6. Open in the evening	7. Others			
306. Do you think in Japan, most of the people can apply to get subsidized treatment of HIV, if you have						
visa status eligible to public health insurance?						

1. Yes	2. No	3. Don't know					
307. Do you think that you will not be legally allowed to stay in Japan, if you are found to be HIV							
positive?							
1. Yes	2. No	3. Don't know					
4.0 Stigma and discrimination							
401. If a member of your family	became sick with HIV in	fection, would you be willing to care					
for her or him in your own house	hold?						
1. Yes	2. No	3. Don't know					
402. Would you buy food from a shopkeeper or vendor if you knew that this person is infected							
with HIV?							
1. Yes	2. No	3. Don't know					
403. In your opinion, if a teacher is HIV positive but is not sick, should she be allowed to							
continue teaching in the school?							
1. Yes	2. No	3. Don't know					
404. If a member of your family	got infected with the AID	OS virus, would you want it to remain	a				
secret or not?							
1. Yes	2. No	3. Don't know					

#### THANK YOU