Feasible usage of ABO incompatible grafts in living donor liver transplantation

Toru Ikegami, Tomoharu Yoshizumi, Yuji Soejima, Hideaki Uchiyama, Ken Shirabe, Yoshihiko Maehara

Department of Surgery and Science, Graduate School of Medical Sciences, Kyushu University, Fukuoka 812-8582, Japan

Contributions: (I) Conception and design: T Ikegami, T Yoshizumi; (II) Administrative support: K Shirabe, Y Maehara; (III) Provision of study materials or patients: Y Soejima; (IV) Collection and assembly of data: H Uchiyama, K Shirabe; (V) Data analysis and interpretation: T Ikegami, H Uchiyama; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Toru Ikegami, MD. Department of Surgery and Science, Graduate School of Medical Sciences, Kyushu University, Fukuoka 812-8582, Japan. Email: tikesurg@surg2.med.kyushu-u.ac.jp.

Background: The use of ABO incompatible (ABOi) graft in living donor liver transplantation (LDLT) has not been an established procedure worldwide.

Methods: Four hundred and eight adult LDLTs, using ABOi (n=19) and non-ABOi (n=389) grafts, were performed as a single center experience.

Results: In ABOi-LDLT group (n=19), median isoagglutinin titer before plasma exchange (PE) at LDLT and after LDLT (max) was ×256, ×32 and 32, respectively. Rituximab was given at 21.8±6.1 days before LDLT and PE was performed 3.7±1.6 times. Although ABOi-LDLTs had increased rate of splenectomy (89.4% *vs.* 44.7%, P<0.001) and lower portal venous pressure (PVP) at the end of surgery (13.8±1.1 *vs.* 16.9±0.2 mmHg, P=0.003), other operative factors including graft ischemic time, operative time and blood loss were not different between the groups. Although ABOi-LDLTs had increased incidence of cytomegalovirus infection (52.6% *vs.* 22.9%, P=0.007), other post-transplant complications including bacterial sepsis and acute rejection were not different between the groups. The 5-year graft survival rate was 87.9% in ABOi-LDLTs and 80.3% in non-ABOi-LDLTs (P=0.373).

Conclusions: ABOi-LDLT could be safely performed, especially under rituximab-based protocol.

Keywords: ABO incompatible (ABOi); living donor liver transplantation (LDLT); rituximab

Introduction

Although living donor liver transplantation (LDLT) has now become a treatment of option for patients with end-stage liver disease, especially in eastern countries, its application is limited by the need for an appropriate living donor (1,2). Under these circumstances, ABO incompatible (ABOi) LDLT has been practiced in Japan (3-9).

Despite the dismal outcomes in the initial series, the application of local infusion (LI) treatment, which delivers protease inhibitors, prostaglandin and steroids via the portal vein (PV) or hepatic artery (HA), increased the survivals of ABOi-LDLT (3,4). Nevertheless, such LI are associated with very high incidence of catheter-associated problems including hepatic hilar vascular thrombosis, or intra-abdominal bleeding (4).

Rituximab is an anti-CD20 monoclonal antibody that specifically targets the CD20 surface antigen expressed on B-lymphocytes (5,6). It has been shown to induce complement-mediated cell lysis on CD20 positive cells (5,6). In 2005, we have introduced the use of rituximab in ABOi-LDLT, and abandoned the use of LI since 2006, under the use of high-dose intravenous immunoglobulin (HD-IVIG), with acceptable short-term graft survival rate over 90% (7). Since then, we have started to reserve IVIG for actual treatment for antibody mediated rejection (AMR) and reserved the use of it since 2009 (8).

In the current article, we reviewed our strategies to have successful ABOi-LDLT and the actual outcomes and pitfalls.

Materials and methods

Patients

Between May 1997 and March 2013, 408 LDLTs in adults were performed at Kyushu University Hospital, Japan. Among them, 19 patients received ABOi-LDLTs. All the LDLTs were performed after obtaining full informed consent from all patients and approval by the Liver Transplantation Committee of Kyushu University. The basic surgical procedures and techniques were described previously (10,11). All 19 patients received duct-to-duct biliary reconstruction. All patients received pneumococcal vaccination a month before LDLT. The mean follow-up period was 5.1±2.1 years.

Basic immunosuppression regimen

The basic immunosuppression induction regimen in ABOi LDLT involved the administration of tacrolimus with mycophenolate mofetil and steroids. Currently, mycophenolate mofetil is started 7 days before LDLT at a dose of 2 g/day, and increased to 3 g/day after LDLT, then decreased to 2 g/day once the blood calcineurin inhibitor level reaches an appropriate level. Tacrolimus is started within 3 days after LDLT once the kidney function has recovered. The target Tacrolimus level ranges between 12 to 15 ng/mL for the first post-LDLT month and is titrated down to 8 to 10 ng/mL for the next few months. When patients experience tacrolimus associated complications, especially encephalopathy, Tacrolimus is converted to cyclosporine A. The target cyclosporine A level ranges from 200 to 250 ng/mL for the first post-LDLT month and was titrated down to 100 to 150 ng/mL for the next few months. A gram of methylprednisolone is given after reperfusion, and tapered from 200 to 40 mg over 10 days, then switched to 20 mg of oral prednisolone and tapered off in 6 months after the LDLT.

Plasma exchange (PE)

PE was performed using 40 U of fresh frozen plasma to lower the isoagglutinin titer ≤128 before LDLT. PE was also indicated after LDLT if a patient showed clinical presentation of AMR with elevated liver enzymes with progressive increase in isoagglutinin titers (12). Post-LDLT PE was performed when daily progressive elevation of isoagglutinin titer, indicating highly possible AMR, was observed.

Local infusion (LI)

LI via the PV was exclusively used between 2001 and 2005 (13). A 16 G double lumen catheter was introduced from the umbilical vein or the mesenteric vein and protease inhibitor (Nafamostat Mesilate, 200 mg/day), prostaglandin E1 (500 micro g/day) and methylprednisolone (50 mg/day) were given for 14 days after LDLT. PEs were performed to lower the isoagglutinin titer ≤64. Since the case #4 in 2006, LI was abandoned because of catheter-associated complications in 2 of 3 cases (7).

Rituximab

Rituximab (375 mg/m²) was given has been administered since the case #3 in 2005. Although both rituximab and LI were used for the case #3, rituximab-based desensitization protocol was used since then (7).

Rituximab was administered under pretreatment using 100 mg of hydrocortisone. The timing of the administration is scheduled 3 weeks before LDLT for scheduled cases with chronic liver diseases. The absence of blood CD20 was confirmed using flow cytometry at least 2 weeks before LDLT. For the cases with acute liver failure (ALF), rituximab was intravenously given as soon as the indication of emergent LDLT was confirmed after donor and recipient work-ups (12) (*Figure 1*).

High-dose intravenous immunoglobulin (HD-IVIG)

Since 2006 when LI was abandoned, HD-IVIG (0.6–1.0 g/kg) given on day 0 and 4 after LDLT was used in combination with rituximab as a prophylaxis manner for AMR (7). When it was used, continuous hemodiafiltration (CHDF) was simultaneously applied to remove the high fluid volume of HD-IVIG to prevent pulmonary edema.

Since 2009, only rituximab was used to desensitization, and HD-IVIG has been reserved for treating actual AMR (8) (*Figure 1*).

Antibody-mediated rejection (AMR)

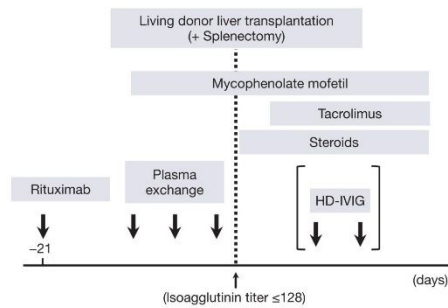We define AMR as histological acute humoral rejection was

Figure 1 The current desensitization protocol for ABO incompatible living donor liver transplantation at Kyushu University Hospital. HD-IVIG, high-dose intravenous immunoglobulin.

suspected when peri-portal hemorrhagic edema associated with the progressive daily elevation of isoagglutinin titers and liver enzymes.

Statistical analyses

All analyses were conducted in a retrospective manner. Values are expressed as the mean ± standard deviation (SD). Variables were analyzed using χ^2 tests for categorical values or Mann-Whitney tests for continuous variables. Cumulative survival analyses were determined using the Kaplan-Meier method with the log-rank test. Values of $P<0.05$ were considered statistically significant.

Results

Donor and recipient data

The patients who received ABOi-LDLT had mean recipient age of 47.7±15.7 years and had seven males (36.8%). Primary liver disease for LDLT included ALF (n=4), hepatitis B with hepatocellular carcinoma (n=3), hepatitis C with hepatocellular carcinoma (n=8), liver cirrhosis due to alcohol overconsumption (n=1), primary biliary cirrhosis (n=1), primary sclerosing cholangitis (n=1), and giant hemangioma (n=1). The mean model for end-stage liver disease (MELD) score was 15.0±5.1. There was no statistically significant difference between ABOi and non-ABOi-group in the recipient background factors (*Table 1*). Blood type combinations between the donors and recipients included A to O (n=4), A to B (n=6), B to A (n=3), B to O

Table 1 Patient demographics

Factors	ABOi group (n=19)	Non-ABOi group (n=389)	P value
Recipient age (years)	47.7±15.7	51.7±11.9	0.161
Recipient gender (male)	7 (36.8)	184 (47.3)	0.864
Primary disease			0.648
Acute liver failure	4 (21.1)	54 (13.9)	
Cholestatic disease	2 (10.5)	88 (22.6)	
Liver cirrhosis	12 (63.2)	235 (60.4)	
Others	1 (5.3)	12 (3.1)	
MELD score	15.0±5.1	17.2±7.3	0.206
Donor age (years)	37.4±10.5	36.6±11.3	0.772
Donor gender (male)	14 (73.7)	246 (63.2)	0.373
Left lobe graft	12 (63.2)	184 (47.3)	0.352
Graft volume (g)	484±110	478±108	0.822
GV/SLV ratio (%)	43.1±9.1	41.6±8.7	0.481
Splenectomy	17 (89.5)	174 (44.7)	0.028
Cold ischemic time (min)	85±49	92±57	0.581
Warm ischemic time (min)	39±9	41±13	0.661
PV flow (L/min)	1.7±0.6	1.6±0.7	0.779
HA flow (mL/min)	152±152	114±78	0.061
PVP at laparotomy (mmHg)	21.8±5.9	24.1±6.1	0.112
PVP at closure (mmHg)	13.8±1.1	16.9±0.2	0.003
Operative time (min)	780±99	801±183	0.638
Operative blood loss (L)	3.3±2.3	7.3±14.8	0.242

ABOi, ABO incompatible; MELD, model for end-stage liver disease; GV, graft volume; SLV, standard liver volume; PV, portal vein; HA, hepatic artery; PVP, portal venous pressure.

(n=1), AB to B (n=4) and AB to A (n=1).

The mean age of the donors for ABOi-LDLT was 37.4±10.5 years and had 14 males (73.7%). The graft types included extended left lobe graft with middle haptic vein and caudate lobe (n=12), right lobe graft (n=6), and posterior segment graft (n=2). The mean graft volume (GV) and GV/standard liver volume ratio (GV/SLV) was 484±110 g and 43.1%±9.1%, respectively. There was no statistically
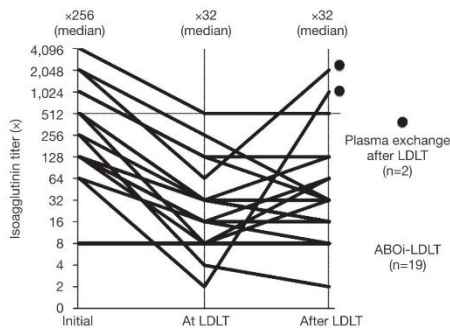
hbsn.amegroups.com

1130

Figure 2 The changes of isoagglutinin titer, before at and after (maximum value within the first month) living donor liver transplantation. Two patients received plasma exchanges after transplantation. LDLT, living donor liver transplantation; ABOi, ABO incompatible.

significant difference between ABOi and non-ABOi-group in the donor background factors (*Table 1*).

In ABOi-LDLT group, the frequency of splenectomy was significantly increased (89.4% *vs.* 44.7%, P=0.028), and the portal venous pressure (PVP) at the end of surgery was significantly lower (13.8±1.1 *vs.* 16.9±0.2 mmHg, P=0.003). Other surgical factors including warm/cold ischemic time, portal or hepatic arterial flow after reperfusion, PVP at laparotomy, operative time and blood loss, were not different between the groups (*Table 1*).

Isoagglutinin titers and CD20 positive cells.

PE effectively lowered the isoagglutinin titers before LDLT in all the cases ≤128, except one case with isoagglutinin titer of 512 at LDLT. The patient received two session of HD-IVIG after LDLT for prophylaxis treatment for AMR. There were two patients who experienced rebound elevation of the isoagglutinin titers over 1,024 times with clinical AMR. They were patients with ALF and received rituximab 3 days before LDLT. They received session of PEs with or without IVIG and successfully treated (*Figure 2*).

The patients since the case #3 in 2005 received rituximab before LDLT and CD20 positive lymphocytes were totally suppressed at the time of LDLT after administration of rituximab.

Table 2 Post-transplant outcomes

Factors	ABOi group (n=19)	Non-ABOi group (n=389)	P value
Acute rejection	4 (21.1)	58 (14.9)	0.504
HA thrombosis	0 (0.0)	6 (1.5)	0.452
PV thrombosis	1 (5.3)	7 (1.8)	0.367
Total bilirubin on day 14 (mg/dL)	5.7±3.6	7.5±8.4	0.639
Ascites output on day 14 (mL/day)	325±522	524±921	0.406
Cytomegalovirus infection	10 (52.6)	89 (22.9)	0.007
Bacterial sepsis	1 (5.3)	47 (12.1)	0.035
Biliary anastomotic stricture	3 (15.8)	78 (20.1)	0.629
Post-surgical hospital stay (days)	36±23	44±33	0.899
Graft survival rate (%)			0.373
1-year	94.7	88.5	
5-year	87.9	80.3	

ABOi, ABO incompatible; HA, hepatic artery; PV, portal vein.

Surgical outcomes and graft survivals

In ABOi-LDLT group, the patients had more increased incidence of cytomegalovirus antigenemia (52.6% *vs.* 22.9%, P=0.007) but decreased incidence of bacterial sepsis (5.3% *vs.* 12.1%, P=0.035) (*Table 2*). There were no significant differences in post-surgical complications including acute rejection, hepatic arterial or portal venous thrombosis, and biliary anastomotic stricture. The total bilirubin level and ascites output from abdominal drain in ABOi-LDLT group was 5.7±3.6 and 325±522 mL respectively, and were not difference from those in non-ABOi-LDLT group (7.5±8.4 and 524±921 mL, respectively). The mean post-LDLT hospital stay was 36±23 days in ABOi-LDLT group and 44±33 days in non-ABOi-LDLT group (P=0.899).

The 1- and 5-year cumulative graft survival rate was 94.7% and 87.9% in ABOi-LDLT group and 88.5% and 80.3% in non-ABOi-group, respectively without any significant differences (P=0.373) (*Figure 3*). In ABOi-group, graft loss occurred in two patients; one from diffuse portal venous thrombosis and graft necrosis due to LI, and the other from chronic rejection presented as veno-occlusive disease at 3 years after LDLT.
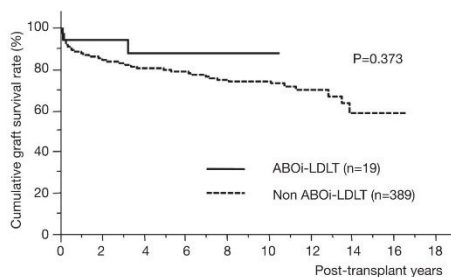
Figure 3 The cumulative graft survival data. ABOi, ABO incompatible; LDLT, living donor liver transplantation.

Discussion

Despite the unsatisfactory outcomes in ABOi-LDLT, trials for improving its survival rate have been undertaken in Japan, where there is a minimal chance to acquire liver grafts from deceased donors (1-9,14). The first significant advance in this field was the application of LI treatment, including the intra-portal or intra-arterial infusion of prostaglandin E1, mesylate gabexate, and methylprednisolone (3). The rationale for prostaglandin and mesylate gabexate is for treating disseminated coagulation induced by blood type antigen-antibody reaction (15). Although this improved the results after ABOi-LDLT, the problems encountered included catheter associated thrombosis and the need of re-laparotomy for the removal of the catheters (4). Our experience with this approach included the complications of catheter associated PV thrombosis and hepatic arterial dissection. Thereafter, LI treatment was abandoned in our center (7). However, it was also true that LI treatment pushed up the graft survival rate after ABOi-LTLT over 50% (4).

Rituximab, an anti-CD20 antibody, is a monoclonal antibody that specifically targets the CD20 surface antigen expressed on-B lymphocytes, thus resulting in cell lyses (16). Although rituximab might totally control AMR over blood type barriers, it does not do so because it cannot eradicate plasma cells (17). Egawa et al. (17) has reported that administration of rituximab earlier than 7 days before LDLT significantly depleted CD20 positive B- and memory B-lymphocytes and lowered the peak post-LDLT isoagglutinin titers. Usui et al. (5) reported on its use as long as 3 weeks before the LDLT with successful outcomes. They revealed that not only B-cells but also plasma cells

were depleted when rituximab was administered 3 weeks before LDLT (5).

However for cases with ALF, administration of rituximab 3 weeks before LDLT was impossible. Therefore, we applied HD-IVIG as the new immunomodulation protocol in ABOi-LDLT (7). Actually in the field of kidney transplantation, the effective use of IVIG for the control of acute humoral rejections in highly sensitized candidates was utilized (18-20). The proposed mechanisms of action of IVIG on the humoral reaction include B-cell or plasma cell apoptosis through the Fc-receptor dependent pathway, and the inhibition of alloreactive T-cell mediated or complement-mediated allograft injury, although these possibilities have not been confirmed (18-20). HD-IVIG might have worked on for these plasma cells, preventing AMR. However, the most significant problems in the use of HD-IVIG is its high cost, and thus we reserve the use of HD-IVIG as rescue for actual AMR and prophylaxis administration is held. Regarding the dosage of rituximab, no definite consensus has been established yet. However, Egawa et al. (14) recently reported that regular single dose of rituximab (500 mg/body or 375 mg/m^2) had lower incidence of AMR than single smaller dose (300 mg/body), and multiple dosage of rituximab significantly increased the incidence of fungal and viral infectious episodes.

For patients with ALF, we are trying to put rituximab 2 weeks before LDLT and keeping the patients away from the progression of hepatic encephalopathy, coma and brain death, using high-flow CHDF (HF-CHDF). HF-CHDF is a mode of CHDF and uses much more volumes of buffer as much as 200 L and it efficiently removes more low and middle molecular weight toxic substances (21-23). Yokoi et al. (21) evaluated the clinical efficacy of HF-CHDF for treating patients with those of conventional treatments without HF-CHDF, and found that recovery from coma was significantly improved in the HF-CHDF group. Nevertheless, we think that IVIG is the last hope of treatment if encephalopathy were not controlled even by HF-CHDF and emergent LDLT could not be avoided (7).

Regarding the role of splenectomy in ABOi-LDLT, our standpoint is splenectomy is unnecessary if LDLT is performed 2 to 3 weeks after Rituximab administration and not only CD20 cells but also plasma cells were depleted as Kyoto group reported (24). However, for the emergent cases in which Rituximab was given just several days before LDLT and HF-CHDF cannot effectively treat progressive encephalopathy, splenectomy is necessary although splenectomy associated surgical complications are

hbsn.amegroups.com

1132

warranted (25). We have previously showed that a cause who received Rituximab several days before ABOi-LDLT had CD138 positive plasma cells in spleen (7).

In conclusion, ABOi-LDLT could be safely performed, especially under Rituximab-based protocol.

Acknowledgements

None.

Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

References

1. Taketomi A, Kayashima H, Soejima Y, et al. Donor risk in adult-to-adult living donor liver transplantation: impact of left lobe graft. Transplantation 2009;87:445-50.

2. Ikegami T, Shirabe K, Soejima Y, et al. Strategies for successful left-lobe living donor liver transplantation in 250 consecutive adult cases in a single center. J Am Coll Surg 2013;216:353-62.

3. Tanabe M, Shimazu M, Wakabayashi G, et al. Intraportal infusion therapy as a novel approach to adult ABO-incompatible liver transplantation. Transplantation 2002;73:1959-61.

4. Egawa H, Teramukai S, Haga H, et al. Present status of ABO-incompatible living donor liver transplantation in Japan. Hepatology 2008;47:143-52.

5. Usui M, Isaji S, Mizuno S, et al. Experiences and problems pre-operative anti-CD20 monoclonal antibody infusion therapy with splenectomy and plasma exchange for ABO-incompatible living-donor liver transplantation. Clin Transplant 2007;21:24-31.

6. Egawa H, Ohdan H, Haga H, et al. Current status of liver transplantation across ABO blood-type barrier. J Hepatobiliary Pancreat Surg 2008;15:131-8.

7. Ikegami T, Taketomi A, Soejima Y, et al. Rituximab, IVIG, and plasma exchange without graft local infusion treatment: a new protocol in ABO incompatible living donor liver transplantation. Transplantation 2009;88:303-7.

8. Soejima Y, Muto J, Matono R, et al. Strategic breakthrough in adult ABO-incompatible living donor liver transplantation: preliminary results of consecutive seven cases. Clin Transplant 2013;27:227-31.

9. Kozaki K, Egawa H, Ueda M, et al. The role of apheresis therapy for ABO incompatible living donor liver transplantation: the Kyoto University experience. Ther Apher Dial 2006;10:441-8.

10. Ikegami T, Shirabe K, Yamashita Y, et al. Small upper midline incision for living donor hemi-liver graft procurement in adults. J Am Coll Surg 2014;219:e39-43.

11. Ikegami T, Soejima Y, Taketomi A, et al. Explanted portal vein grafts for middle hepatic vein tributaries in living-donor liver transplantation. Transplantation 2007;84:836-41.

12. Ikegami T, Taketomi A, Soejima Y, et al. Successful ABO incompatible living donor liver transplantation in a patient with high isoagglutinin titer using high-dose intravenous immunoglobulin. Transplant Proc 2007;39:3491-4.

13. Suehiro T, Shimada M, Kishikawa K, et al. Effect of intraportal infusion to improve small for size graft injury in living donor adult liver transplantation. Transpl Int 2005;18:923-8.

14. Egawa H, Teramukai S, Haga H, et al. Impact of rituximab desensitization on blood-type-incompatible adult living donor liver transplantation: a Japanese multicenter study. Am J Transplant 2014;14:102-14.

15. Demetris AJ, Jaffe R, Tzakis A, et al. Antibody-mediated rejection of human orthotopic liver allografts. A study of liver transplantation across ABO blood group barriers. Am J Pathol 1988;132:489-502.

16. Pescovitz MD. Rituximab, an anti-cd20 monoclonal antibody: history and mechanism of action. Am J Transplant 2006;6:859-66.

17. Egawa H, Ohmori K, Haga H, et al. B-cell surface marker analysis for improvement of rituximab prophylaxis in ABO-incompatible adult living donor liver transplantation. Liver Transpl 2007;13:579-88.

18. Sonnenday CJ, Warren DS, Cooper M, et al. Plasmapheresis, CMV hyperimmune globulin, and anti-CD20 allow ABO-incompatible renal transplantation without splenectomy. Am J Transplant 2004;4:1315-22.

19. Jordan SC, Vo AA, Peng A, et al. Intravenous gammaglobulin (IVIG): a novel approach to improve transplant rates and outcomes in highly HLA-sensitized patients. Am J Transplant 2006;6:459-66.

20. Glotz D, Antoine C, Julia P, et al. Desensitization and subsequent kidney transplantation of patients using intravenous immunoglobulins (IVIg). Am J Transplant 2002;2:758-60.

21. Yokoi T, Oda S, Shiga H, et al. Efficacy of high-flow

dialysate continuous hemodiafiltration in the treatment of fulminant hepatic failure. Transfus Apher Sci 2009;40:61-70.

22. Kubota T, Sekido H, Takeda K, et al. Acute hepatic failure with deep hepatic coma treated successfully by high-flow continuous hemodiafiltration and living-donor liver transplantation: a case report. Transplant Proc 2003;35:394-6.

23. Inoue K, Watanabe T, Hirasawa H, et al. Liver support systems as perioperative care in liver transplantation-

historical perspective and recent progress in Japan. Minerva Gastroenterol Dietol 2010;56:345-53.

24. Raut V, Mori A, Kaido T, et al. Splenectomy does not offer immunological benefits in ABO-incompatible liver transplantation with a preoperative rituximab. Transplantation 2012;93:99-105.

25. Wang H, Ikegami T, Harada N, et al. Optimal changes in portal hemodynamics induced by splenectomy during living donor liver transplantation. Surg Today 2015;45:979-85.

Original Article

Skeletal muscle mass assessed by computed tomography correlates to muscle strength and physical performance at a liver-related hospital experience

Shinji Itoh,[1] Ken Shirabe,[1] Tomoharu Yoshizumi,[1] Kazuki Takeishi,[1] Norifumi Harimoto,[1] Toru Ikegami,[1] Hirofumi Kawanaka,[1,2] Akihiro Nishie,[3] Takahide Kamishima[4] and Yoshihiko Maehara[1]

[1]*Department of Surgery and Science, Graduate School of Medical Sciences, Kyushu University, Fukuoka, Japan,* [2]*Clinical Research Institute, Beppu Medical Center, Beppu, Japan,* [3]*Department of Clinical Radiology, Graduate School of Medical Sciences, Kyushu University and* [4]*Department of Rehabilitation Medicine, Kyushu University Hospital, Fukuoka, Japan*

Aim: We aimed to evaluate whether skeletal muscle mass measured by computed tomography (CT) or bioelectrical impedance analysis (BIA) correlated to muscle strength and physical performance in liver-related hospital cases.

Methods: We prospectively conducted this study in 120 liver-related hospital cases. Skeletal muscle mass was measured by CT scan and BIA. Muscle strength was determined by hand grip strength and physical performance by usual gait speed.

Results: Skeletal muscle mass measured using CT significantly correlated to usual gait speed ($r^2 = 0.17$, $P < 0.0001$) and hand grip strength ($r^2 = 0.66$, $P < 0.0001$), but the correlations were lower using BIA ($r^2 = 0.1$, $P = 0.0005$; $r^2 = 0.54$, $P < 0.0001$). With regard to liver function, the relationship between skeletal

muscle mass measured by CT and BIA and two muscle function parameters in the Child–Pugh A group were significant. In contrast, skeletal muscle mass measured by BIA in the Child–Pugh B or C group was not significantly related to usual gait speed.

Conclusion: Skeletal muscle mass measured by CT was significantly correlated to hand grip strength and usual gait speed, with higher correlations compared with BIA. Moreover, skeletal muscle mass measured by CT significantly correlated with two muscle functions, even in patients with Child–Pugh B or C.

Key words: muscle strength, physical performance, skeletal muscle mass

INTRODUCTION

SARCOPENIA IS A syndrome characterized by progressive and generalized loss of skeletal muscle mass and strength, and is associated with a risk of adverse outcomes such as physical disability, poor quality of life and death.[1] Sarcopenia, characterized by low muscle mass, can predict survival in patients with various types of cancer.[2–4] Recently, the European Working Group on Sarcopenia in Older People (EWGSOP) issued clinical definition and consensus diagnostic criteria for sarcopenia, and suggested an algorithm using muscle strength and physical performance, in addition to skeletal muscle mass.[5]

Computed tomography (CT) is used for estimating skeletal muscle mass and can distinguish fat from other soft tissues of the body.[6,7] Bioelectrical impedance analysis (BIA), which estimates the volume of fat and lean body mass, is a more recent method for measuring skeletal muscle mass.[8] To our knowledge, there are no data concerning the comparison of the two measurement methods in relation to muscle strength or physical performance. Thus, in this study, we prospectively investigated the relationship between skeletal muscle mass measured by CT and BIA and two muscle functions, muscle strength and physical performance, in liver-related hospital cases.

METHODS

A TOTAL OF 120 cases that included 47 patients with hepatocellular carcinoma (HCC), 11 patients with metastatic liver tumor, eight patients with other primary liver tumor, 36 patients with primary liver

292

disease and 18 donors for living donor liver trans- plantation (LDLT) comprised the study group at the Department of Surgery and Science, Kyushu University Hospital, between April and November 2014. The study protocol was carried out in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki).

The degree of proportional skeletal muscle mass was measured from the patients' CT scans. A transverse CT image at the third lumbar vertebra (L3) in the inferior direction was assessed from each scan.[7] Skeletal muscle was identified and quantified by Hounsfield unit (HU) thresholds of −29 to +150 (water is defined as 0 HU, air as 1000 HU). Multiple muscles were quantified, including the psoas, erector spinae, quadratus lumborum, trans- versus abdominis, external and internal oblique abdomi- nal muscles, and the rectus abdominis muscle. CT measurements were calibrated with water and air at fixed intervals. Skeletal muscle mass was measured by manual outlining on CT images, and checked by the radiologist.

Skeletal muscle mass was also measured by BIA using an InBody 730 (Biospace, Tokyo, Japan) machine. Using the machine, various parameters can be automatically and simultaneously measured within 2 min, including body mass index, intra- and extracellular water, body fat mass and skeletal muscle mass.

Physical performance was assessed by usual gait speed. Patients were instructed to walk over a 10-m straight course at their usual speed. The total time was measured with a stopwatch by physical therapists. Usual gait speed was cal- culated by dividing distance in meters by the time in sec- onds (m/s). Muscle strength was assessed by hand grip strength, which was measured using a digital grip strength dynamometer. The grip strength was measured twice for each hand, and the higher value was used in the analysis.

A value of $P < 0.05$ was considered statistically signifi- cant. Data are expressed as median and range. All statistical analyses were performed using JMP software (SAS Insti- tute, Cary, NC, USA).

RESULTS

A SIGNIFICANT POSITIVE correlation was found be- tween skeletal muscle mass measured by CT and BIA ($r^2 = 0.575$, $P < 0.0001$) (Fig. 1). Age significantly cor- related to skeletal muscle mass measured by CT ($r^2 = 0.16$, $P < 0.0001$) and BIA ($r^2 = 0.12$, $P < 0.0001$), usual gait speed ($r^2 = 0.14$, $P < 0.0001$) and hand grip strength ($r^2 = 0.15$, $P < 0.0001$).

Skeletal muscle mass measured by CT significantly corre- lated to usual gait speed ($r^2 = 0.17$, $P < 0.0001$) and hand
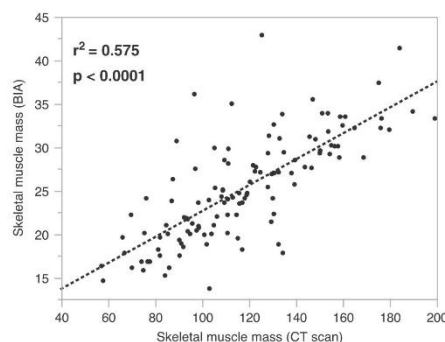

Figure 1 Relationship between skeletal muscle mass measured by computed tomography (CT) and bioelectrical impedance anal- ysis (BIA) in 120 cases. Skeletal muscle mass measured by CT was significantly correlated to that of BIA ($r^2 = 0.575$, $P < 0.0001$).

grip strength ($P^2 = 0.66$, $P < 0.0001$); the correlations for BIA were also significant (usual gait speed, $r^2 = 0.1$, $P = 0.0005$; hand grip strength, $r^2 = 0.54$, $P < 0.0001$) (Fig. 2). The analysis demonstrated that skeletal muscle mass measured by CT was more highly correlated to the two muscle function parameters compared with BIA.

Clinical parameters for patients with Child–Pugh classi- fication A ($n = 88$) and B or C ($n = 32$) are shown in Table 1. The Child–Pugh A group contained a significantly higher proportion of male, older and faster usual gait speed indi- viduals compared with the B or C group. Figure 3 shows the relationship between skeletal muscle mass measured by CT and BIA, and two muscle function parameters in the Child–Pugh A group. The value of the coefficient of determination (r^2) was similar between CT and BIA. In contrast, skeletal muscle mass measured by BIA in the Child–Pugh B or C group was not significantly related to usual gait speed ($r^2 = 0.051$, $P = 0.21$, Fig. 4).

In 73 patients aged less than 65 years old, skeletal mus- cle mass measured by CT significantly correlated to usual gait speed ($r^2 = 0.16$, $P = 0.0003$) and hand grip strength ($r^2 = 0.72$, $P < 0.0001$); the correlations for BIA were also significant (usual gait speed, $r^2 = 0.08$, $P = 0.0118$; hand grip strength, $r^2 = 0.50$, $P < 0.0001$). In 47 patients aged 65 years or older, there were significant correlations be- tween hand grip strength and skeletal muscle mass mea- sured by CT ($r^2 = 0.35$, $P < 0.0001$) or BIA ($r^2 = 0.40$, $P < 0.0001$). With regard to usual gait speed, there was a tendency to relate to skeletal muscle mass measured by CT ($r^2 = 0.07$, $P = 0.0607$), however, no relation to it was established by BIA ($r^2 = 0.01$, $P = 0.3726$).
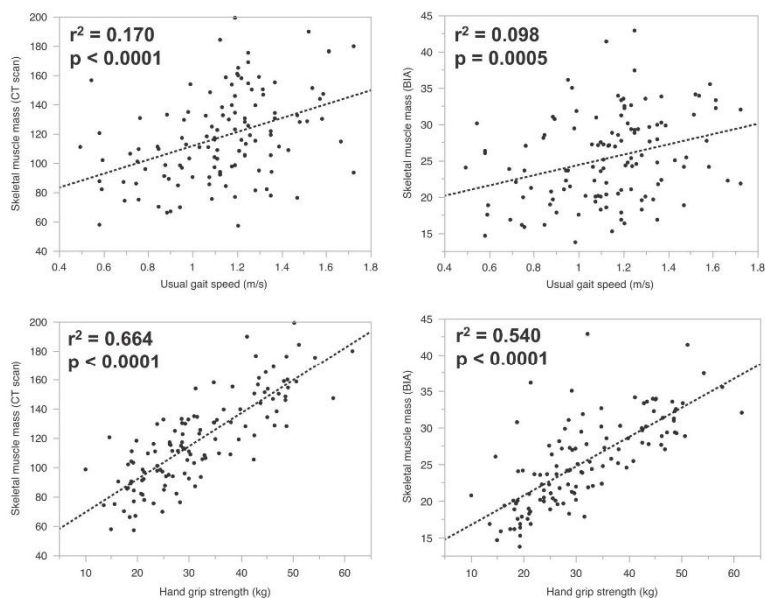
Figure 2 Relationship between skeletal muscle mass measurements using computed tomography (CT) and bioelectrical impedance analysis (BIA) and usual gait speed or hand grip strength in 120 cases. Skeletal muscle mass measured by CT significantly correlated to usual gait speed ($r^2 = 0.170$, $P < 0.0001$) and hand grip strength ($r^2 = 0.664$, $P < 0.0001$); the correlations for BIA were also significant ($r^2 = 0.098$, $P = 0.0005$; $r^2 = 0.540$, $P < 0.0001$).

Table 1 Clinical parameter between Child–Pugh classification A and B or C

Variables	Child–Pugh A ($n = 88$)	Child–Pugh B or C ($n = 32$)	P
Age (years)	63.5 (19–90)	56 (35–77)	0.015
Sex (male/female)	59/29	15/17	0.046
Skeletal muscle mass			
CT scan (cm^2)	116.4 (57.0–189.7)	109.1 (66.0–199.1)	0.311
BIA (kg)	24.6 (13.7–41.4)	25.7 (16.8–42.9)	0.374
Usual gait speed (m/s)	1.19 (0.49–1.72)	1.10 (0.58–1.72)	0.049
Hand grip strength (kg)	29.5 (14.7–61.5)	28.7 (10.1–50.3)	0.253

Values are numbers with median (range).
BIA, bioelectrical impedance analysis; CT, computed tomography.

DISCUSSION

IN THIS STUDY, we found that skeletal muscle mass measured by CT was more highly and significantly correlated to hand grip strength and usual gait speed, compared with BIA. Moreover, skeletal muscle mass measured by CT significantly correlated to two muscle function parameters, even in patients with Child–Pugh B or C. This
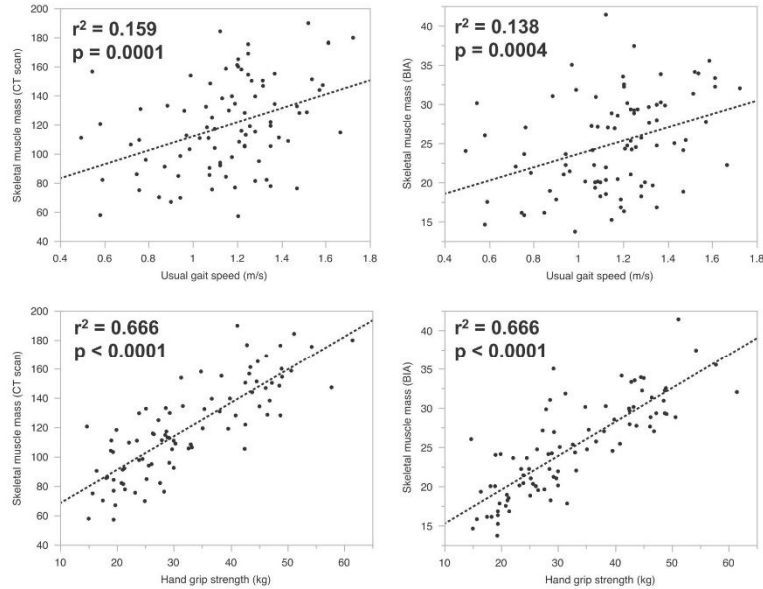
Figure 3 Relationship between skeletal muscle mass measurements using computed tomography (CT) and bioelectrical impedance analysis (BIA) and usual gait speed or hand grip strength in the Child–Pugh A group. Skeletal muscle mass measured by CT significantly correlated to usual gait speed ($r^2 = 0.159$, $P = 0.0001$) and hand grip strength ($r^2 = 0.666$, $P < 0.0001$); the correlations for BIA were also significant ($r^2 = 0.138$, $P = 0.0004$; $r^2 = 0.666$, $P < 0.0001$).

is the first clinical study evaluating whether skeletal muscle mass measured by CT or BIA correlates to muscle strength and physical performance in liver-related hospital cases.

We previously reported that low muscle cross-sectional area at the level of the third lumbar vertebra on CT was an independent prognostic factor after hepatic resection in patients with HCC.[2,3] In addition, we also reported that low psoas muscle area on CT was a predictor of mortality and sepsis after LDLT.[9] Further, we also showed that skeletal muscle mass cross-sectional area measurement, at the level of the third lumbar vertebra, was associated with greater accuracy in evaluation of sarcopenia compared with psoas muscle area.[7] Kaido *et al.* reported that low skeletal muscle mass, measured using BIA, was an independent risk factor for death after LDLT.[10] Recently, the EWGSOP have developed diagnostic criteria for sarcopenia based on skeletal muscle mass and muscle strength or physical performance.[5] Thus, we conducted a prospective study to investigate the relationship between skeletal muscle mass and muscle strength or physical performance, and differences between CT and BIA.

Bioelectrical impedance analysis measures the body's resistance to the flow of alternating electrical current at a designated frequency between points of contact on the body. Water in body tissue is conductive; therefore, the measurement of body impedance can indirectly provide information on the body's tissue content including total body water, fat-free mass and skeletal muscle mass. BIA is quick, non-invasive and easy to perform, but is affected by overhydration. In this study, skeletal muscle mass measured by BIA significantly correlated to hand grip strength and usual gait speed in the Child–Pugh A group, but not with usual gait speed in the Child–Pugh B or C group. The median skeletal muscle mass measured by BIA in the Child–Pugh B or C group was higher compared with the Child–Pugh A group, even though skeletal muscle mass measured by CT and usual gait speed in the Child–Pugh B or C group was lower compared with the Child–Pugh
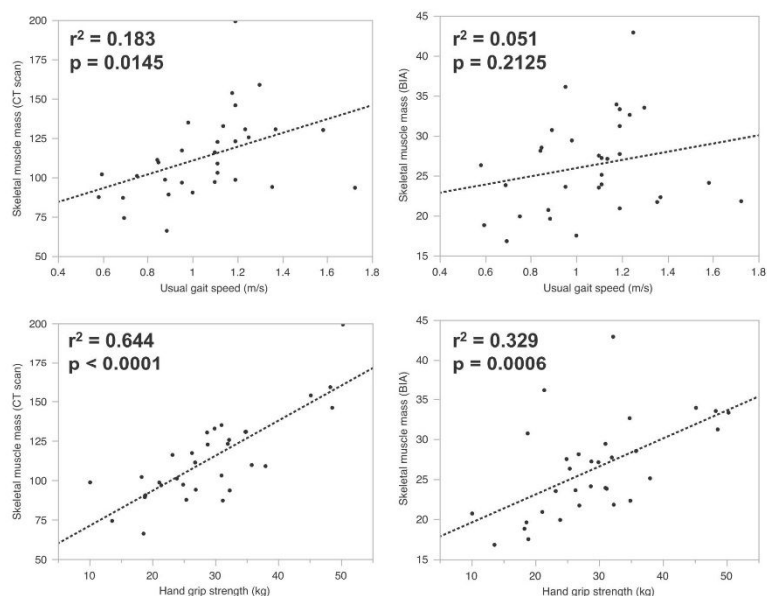
Figure 4 Relationship between skeletal muscle mass measurements using computed tomography (CT) and bioelectrical impedance analysis (BIA) and usual gait speed or hand grip strength in the Child–Pugh B or C group. Skeletal muscle mass measured by CT significantly correlated to usual gait speed ($r^2 = 0.183$, $P = 0.0145$) and hand grip strength ($r^2 = 0.644$, $P < 0.0001$); the correlation for BIA was significant for hand grip strength ($r^2 = 0.329$, $P = 0.0006$), but not for usual gait speed ($r^2 = 0.051$, $P = 0.2125$).

A group. BIA may overestimate skeletal muscle mass in overhydrated patients, including ascites and edema, which are often found in patients in the Child–Pugh B or C groups. In contrast, skeletal muscle mass measured by CT correlated to hand grip strength and usual gait speed in both Child–Pugh A and B or C groups. The results suggest that, with regard to liver function, skeletal muscle mass measured by CT may be more accurate and correlate better to the muscle function parameters measured in this study.

In the validation subjects, r^2 values were relatively low for the relationship between skeletal muscle mass and physical performance. Physical performance is one diagnostic factor for frailty, which is a geriatric syndrome resulting from age-related cumulative declines across multiple physiological systems, with impaired homeostatic reserve and a reduced capacity to withstand stress.[11,12] Thus, physical performance may be more associated with frailty rather than sarcopenia.

Several limitations of the current study must be acknowledged. We included a diverse range of cases and a relatively small number of cases. Further studies with a greater number of cases are required to confirm the results of the present study.

In conclusion, we found that skeletal muscle mass measured by CT, rather than BIA, significantly correlated to muscle strength and physical performance in liver-related hospital cases.

REFERENCES

1 Morley JE, Baumgartner RN, Roubenoff R *et al.* Sarcopenia. *J Lab Clin Med* 2001; **137**: 231–43.
2 Harimoto N, Shirabe K, Yamashita YI *et al.* Sarcopenia as a predictor of prognosis in patients following hepatectomy for hepatocellular carcinoma. *Br J Surg* 2013; **100**: 1523–30.
3 Itoh S, Shirabe K, Matsumoto N *et al.* Effect of body composition on outcomes after hepatic resection for hepatocelluar carcinoma. *Ann Surg Oncol* 2014; **21**: 3063–8.
4 van Vledder MG, Levolger S, Ayez N *et al.* Body composition and outcome in patients undergoing resection of colorectal liver metastases. *Br J Surg* 2012; **99**: 550–7.

5 Cruz-Jentoft AJ, Baeyens JP, Bauer JM *et al.* Sarcopenia: European consensus on definition and diagnosis: Report of the European Working Group on Sarcopenia in Older People. *Age Ageing* 2010; **39**: 412–23.

6 Mitsiopoulos N, Baumgartner RN, Heymsfield SB *et al.* Cadaver validation of skeletal muscle measurement by magnetic resonance imaging and computerized tomography. *J Appl Physiol* 1998; **85**: 115–22.

7 Yoshizimi T, Shirabe K, Nakagawara H *et al.* Skeletal muscle area correlates with body surface area in healthy adults. *Hepatol Res* 2014; **44**: 313–8.

8 Janssen I, Heymsfield SB, Baumgartner RN *et al.* Estimation of skeletal muscle mass by bioelectrical impedance analysis. *J App Physiol* 2000; **89**: 465–71.

9 Masuda T, Shirabe K, Ikegami T *et al.* Sarcopenia is a prognostic factor in living donor liver transplantation. *Liver Transpl* 2014; **20**: 401–7.

10 Kaido T, Ogawa K, Fujimoto Y *et al.* Impact of sarcopenia on survival in patients undergoing living donor liver transplantation. *Am J Transpl* 2013; **13**: 1549–56.

11 Bauer JM, Sieber CC. Sarcopenia and frailty: a clinician's controversial point of view. *Exp Gerontol* 2008; **43**: 674–8.

12 Fried LP, Tangen CM, Walston J *et al.* Frailty in older adults: evidence for phenotype. *J Gerontol A Biol Sci Med Sci* 2001; **56**: M146–56.