

【10】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの1つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そろそろ、落ち着かなく感じましたか。

		1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そろそろ、落ち着かなく感じましたか。				
		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	12 (54.5%)	5 (22.7%)	1 (4.5%)	4 (18.2%)	0 (0.0%)	13 (59.1%)	5 (22.7%)	2 (9.1%)	2 (9.1%)	0 (0.0%)	14 (63.6%)	4 (18.2%)	2 (9.1%)	2 (9.1%)	0 (0.0%)
	40-44	7 (58.3%)	4 (33.3%)	0 (0.0%)	1 (8.3%)	0 (0.0%)	8 (66.7%)	3 (25.0%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	9 (75.0%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	8 (47.1%)	5 (29.4%)	4 (23.5%)	0 (0.0%)	0 (0.0%)	9 (52.9%)	7 (41.2%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	8 (47.1%)	9 (52.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	8 (72.7%)	1 (9.1%)	2 (18.2%)	0 (0.0%)	0 (0.0%)	9 (81.8%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	8 (72.7%)	1 (9.1%)	2 (18.2%)	0 (0.0%)	0 (0.0%)
	55-59	16 (53.3%)	6 (20.0%)	5 (16.7%)	0 (0.0%)	3 (10.0%)	25 (83.3%)	2 (6.7%)	1 (3.3%)	1 (3.3%)	1 (3.3%)	20 (66.7%)	6 (20.0%)	4 (13.3%)	0 (0.0%)	0 (0.0%)
	60-64	33 (60.0%)	16 (29.1%)	5 (9.1%)	0 (0.0%)	1 (1.8%)	41 (74.5%)	9 (16.4%)	1 (1.8%)	2 (3.6%)	2 (3.6%)	33 (60.0%)	17 (30.9%)	3 (5.5%)	1 (1.8%)	1 (1.8%)
	65-69	53 (67.9%)	16 (20.5%)	9 (11.5%)	0 (0.0%)	0 (0.0%)	67 (85.9%)	9 (11.5%)	2 (2.6%)	0 (0.0%)	0 (0.0%)	62 (79.5%)	15 (19.2%)	1 (1.3%)	0 (0.0%)	0 (0.0%)
	70-74	70 (68.0%)	23 (22.3%)	9 (8.7%)	0 (0.0%)	1 (1.0%)	78 (76.5%)	19 (18.6%)	4 (3.9%)	0 (0.0%)	1 (1.0%)	72 (69.9%)	25 (24.3%)	5 (4.9%)	1 (1.0%)	0 (0.0%)
	75-79	58 (71.6%)	17 (21.0%)	5 (6.2%)	1 (1.2%)	0 (0.0%)	74 (91.4%)	5 (6.2%)	2 (2.5%)	0 (0.0%)	0 (0.0%)	67 (83.8%)	9 (11.3%)	4 (5.0%)	0 (0.0%)	0 (0.0%)
	80-	42 (63.6%)	16 (24.2%)	6 (9.1%)	2 (3.0%)	0 (0.0%)	50 (76.9%)	9 (13.8%)	6 (9.2%)	0 (0.0%)	0 (0.0%)	49 (74.2%)	12 (18.2%)	5 (7.6%)	0 (0.0%)	0 (0.0%)
合計	307 (64.6%)	109 (22.9%)	46 (9.7%)	8 (1.7%)	5 (1.1%)	374 (79.1%)	69 (14.6%)	21 (4.4%)	5 (1.1%)	4 (0.8%)	342 (72.2%)	101 (21.3%)	26 (5.5%)	4 (0.8%)	1 (0.2%)	
女性	-39	29 (55.8%)	10 (19.2%)	10 (19.2%)	3 (5.8%)	0 (0.0%)	36 (69.2%)	10 (19.2%)	5 (9.6%)	1 (1.8%)	0 (0.0%)	34 (65.4%)	9 (17.3%)	9 (17.3%)	0 (0.0%)	0 (0.0%)
	40-44	19 (55.9%)	4 (11.8%)	7 (20.6%)	3 (8.8%)	1 (2.9%)	22 (64.7%)	7 (20.6%)	4 (11.8%)	1 (2.9%)	0 (0.0%)	24 (70.6%)	4 (11.8%)	3 (8.8%)	2 (5.9%)	1 (2.9%)
	45-49	21 (52.5%)	11 (27.5%)	7 (17.5%)	0 (0.0%)	1 (2.5%)	27 (67.5%)	9 (22.5%)	4 (10.0%)	0 (0.0%)	0 (0.0%)	24 (60.0%)	13 (32.5%)	3 (7.5%)	0 (0.0%)	0 (0.0%)
	50-54	22 (51.2%)	14 (32.6%)	5 (11.6%)	1 (2.3%)	1 (2.3%)	30 (69.8%)	7 (16.3%)	4 (9.3%)	1 (2.3%)	1 (2.3%)	30 (69.8%)	9 (20.9%)	3 (7.0%)	0 (0.0%)	1 (2.3%)
	55-59	37 (51.4%)	21 (29.2%)	9 (12.5%)	3 (4.2%)	2 (2.8%)	52 (70.3%)	14 (18.9%)	6 (8.1%)	2 (2.7%)	0 (0.0%)	46 (62.2%)	21 (28.4%)	6 (8.1%)	1 (1.4%)	0 (0.0%)
	60-64	60 (44.1%)	42 (30.9%)	26 (19.1%)	7 (5.1%)	1 (0.7%)	90 (65.7%)	36 (26.3%)	10 (7.3%)	1 (0.7%)	0 (0.0%)	90 (65.7%)	37 (27.0%)	9 (6.6%)	1 (0.7%)	0 (0.0%)
	65-69	60 (40.8%)	56 (38.1%)	26 (17.7%)	3 (2.0%)	2 (1.4%)	102 (68.9%)	38 (25.7%)	7 (4.7%)	1 (0.7%)	0 (0.0%)	93 (63.3%)	44 (29.9%)	8 (5.4%)	2 (1.4%)	0 (0.0%)
	70-74	68 (47.6%)	44 (30.8%)	28 (19.6%)	1 (0.7%)	2 (1.4%)	90 (62.5%)	40 (27.8%)	13 (9.0%)	1 (0.7%)	0 (0.0%)	104 (72.7%)	27 (18.9%)	10 (7.0%)	2 (1.4%)	0 (0.0%)
	75-79	52 (50.5%)	27 (26.2%)	19 (18.4%)	3 (2.9%)	2 (1.9%)	66 (64.1%)	23 (22.3%)	11 (10.7%)	2 (1.9%)	1 (1.0%)	64 (62.1%)	21 (20.4%)	15 (14.6%)	2 (1.9%)	1 (1.0%)
	80-	31 (47.7%)	23 (35.4%)	8 (12.3%)	1 (1.5%)	2 (3.1%)	47 (72.3%)	11 (16.9%)	6 (9.2%)	1 (1.5%)	0 (0.0%)	46 (73.8%)	13 (20.0%)	4 (6.2%)	0 (0.0%)	0 (0.0%)
合計	399 (47.8%)	252 (30.2%)	145 (17.4%)	25 (3.0%)	14 (1.7%)	562 (66.9%)	195 (23.2%)	70 (8.3%)	11 (1.3%)	2 (0.2%)	557 (66.5%)	198 (23.6%)	70 (8.4%)	10 (1.2%)	3 (0.4%)	
合計	-39	41 (55.4%)	15 (20.3%)	11 (14.9%)	7 (9.5%)	0 (0.0%)	49 (66.2%)	15 (20.3%)	7 (9.5%)	3 (4.1%)	0 (0.0%)	48 (64.9%)	13 (17.6%)	11 (14.9%)	2 (2.7%)	0 (0.0%)
	40-44	26 (56.5%)	8 (17.4%)	7 (15.2%)	4 (8.7%)	1 (2.2%)	30 (65.2%)	10 (21.7%)	5 (10.9%)	1 (2.2%)	0 (0.0%)	33 (71.7%)	7 (15.2%)	3 (6.5%)	2 (4.3%)	1 (2.2%)
	45-49	29 (50.9%)	16 (28.1%)	11 (19.3%)	0 (0.0%)	1 (1.8%)	36 (63.2%)	16 (28.1%)	5 (8.8%)	0 (0.0%)	0 (0.0%)	32 (56.1%)	22 (38.6%)	3 (5.3%)	0 (0.0%)	0 (0.0%)
	50-54	30 (55.6%)	15 (27.8%)	7 (13.0%)	1 (1.9%)	1 (1.9%)	39 (72.2%)	8 (14.8%)	5 (9.3%)	1 (1.9%)	1 (1.9%)	38 (70.4%)	10 (18.5%)	5 (9.3%)	0 (0.0%)	1 (1.9%)
	55-59	53 (52.0%)	27 (26.5%)	14 (13.7%)	3 (2.9%)	5 (4.9%)	77 (74.0%)	16 (15.4%)	7 (6.7%)	3 (2.9%)	1 (1.0%)	66 (63.5%)	27 (26.0%)	10 (9.6%)	1 (1.0%)	0 (0.0%)
	60-64	93 (48.7%)	58 (30.4%)	31 (16.2%)	7 (3.7%)	2 (1.0%)	131 (68.2%)	45 (23.4%)	11 (5.7%)	3 (1.6%)	2 (1.0%)	123 (64.1%)	54 (28.1%)	12 (6.3%)	2 (1.0%)	1 (0.5%)
	65-69	113 (50.2%)	72 (32.0%)	35 (15.6%)	3 (1.3%)	2 (0.9%)	169 (74.8%)	47 (20.8%)	9 (4.0%)	1 (0.4%)	0 (0.0%)	155 (68.9%)	59 (26.2%)	9 (4.0%)	2 (0.9%)	0 (0.0%)
	70-74	138 (56.1%)	67 (27.2%)	37 (15.0%)	1 (0.4%)	3 (1.2%)	168 (68.3%)	59 (24.0%)	17 (6.9%)	1 (0.4%)	1 (0.4%)	176 (71.5%)	52 (21.1%)	15 (6.1%)	3 (1.2%)	0 (0.0%)
	75-79	110 (59.8%)	44 (23.9%)	24 (13.0%)	4 (2.2%)	2 (1.1%)	140 (76.1%)	28 (15.2%)	13 (7.1%)	2 (1.1%)	1 (0.5%)	131 (71.6%)	30 (16.4%)	19 (10.4%)	2 (1.1%)	1 (0.5%)
	80-	73 (55.7%)	39 (29.8%)	14 (10.7%)	3 (2.3%)	2 (1.5%)	97 (74.6%)	20 (15.4%)	12 (9.2%)	1 (0.8%)	0 (0.0%)	97 (74.0%)	25 (19.1%)	9 (6.9%)	0 (0.0%)	0 (0.0%)
合計	706 (53.9%)	361 (27.6%)	191 (14.6%)	33 (2.5%)	19 (1.5%)	936 (71.3%)	264 (20.1%)	91 (6.9%)	16 (1.2%)	6 (0.5%)	899 (68.5%)	299 (22.8%)	96 (7.3%)	14 (1.1%)	4 (0.3%)	

4) 気分が沈み込んで、何が起こっても
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	11 (50.0%)	5 (22.7%)	3 (13.6%)	3 (13.6%)	0 (0.0%)	15 (68.2%)	4 (18.2%)	2 (9.1%)	1 (4.5%)	0 (0.0%)	17 (77.3%)	3 (13.6%)	0 (0.0%)	1 (4.5%)	1 (4.5%)
	40-44	5 (41.7%)	7 (58.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (58.3%)	4 (33.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	10 (83.3%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	7 (41.2%)	6 (35.3%)	3 (17.6%)	1 (5.9%)	0 (0.0%)	8 (47.1%)	6 (35.3%)	2 (11.8%)	1 (5.9%)	0 (0.0%)	8 (47.1%)	5 (29.4%)	4 (23.5%)	0 (0.0%)	0 (0.0%)
	50-54	7 (63.6%)	2 (18.2%)	2 (18.2%)	0 (0.0%)	0 (0.0%)	6 (54.5%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	1 (9.1%)	10 (90.9%)	0 (0.0%)	1 (9.1%)	0 (0.0%)	0 (0.0%)
	55-59	23 (76.7%)	3 (10.0%)	2 (6.7%)	1 (3.3%)	1 (3.3%)	18 (60.0%)	6 (20.0%)	4 (13.3%)	1 (3.3%)	1 (3.3%)	24 (80.0%)	2 (6.7%)	3 (10.0%)	0 (0.0%)	1 (3.3%)
	60-64	33 (60.0%)	16 (29.1%)	2 (3.6%)	2 (3.6%)	2 (3.6%)	31 (56.4%)	17 (30.9%)	5 (9.1%)	1 (1.8%)	1 (1.8%)	37 (67.3%)	16 (29.1%)	0 (0.0%)	1 (1.8%)	1 (1.8%)
	65-69	54 (69.2%)	18 (23.1%)	5 (6.4%)	1 (1.3%)	0 (0.0%)	59 (75.6%)	16 (20.5%)	3 (3.8%)	0 (0.0%)	0 (0.0%)	62 (79.5%)	12 (15.4%)	3 (3.8%)	0 (0.0%)	1 (1.3%)
	70-74	68 (66.0%)	26 (25.2%)	7 (6.8%)	1 (1.0%)	1 (1.0%)	63 (61.2%)	30 (29.1%)	10 (9.7%)	0 (0.0%)	0 (0.0%)	72 (70.6%)	18 (17.6%)	9 (8.8%)	1 (1.0%)	2 (2.0%)
	75-79	68 (84.0%)	9 (11.1%)	4 (4.9%)	0 (0.0%)	0 (0.0%)	51 (63.0%)	25 (30.9%)	3 (3.7%)	1 (1.2%)	1 (1.2%)	62 (76.5%)	15 (18.5%)	4 (4.9%)	0 (0.0%)	0 (0.0%)
	80-	48 (72.7%)	10 (15.2%)	5 (7.6%)	1 (1.5%)	2 (3.0%)	40 (60.6%)	16 (24.2%)	7 (10.6%)	0 (0.0%)	3 (4.5%)	44 (66.7%)	9 (13.6%)	12 (18.2%)	0 (0.0%)	1 (1.5%)
	合計	324 (68.2%)	102 (21.5%)	33 (6.9%)	10 (2.1%)	6 (1.3%)	298 (62.7%)	127 (26.7%)	38 (8.0%)	5 (1.1%)	7 (1.5%)	346 (73.0%)	82 (17.3%)	36 (7.6%)	3 (0.6%)	7 (1.5%)
女性	-39	30 (57.7%)	12 (23.1%)	8 (15.4%)	0 (0.0%)	2 (3.8%)	37 (71.2%)	8 (15.4%)	4 (7.7%)	3 (5.8%)	0 (0.0%)	38 (73.1%)	8 (15.4%)	3 (5.8%)	2 (3.8%)	1 (1.9%)
	40-44	20 (58.8%)	10 (29.4%)	2 (5.9%)	1 (2.9%)	1 (2.9%)	25 (73.5%)	5 (14.7%)	2 (5.9%)	1 (2.9%)	1 (2.9%)	23 (67.6%)	7 (20.6%)	2 (5.9%)	1 (2.9%)	1 (2.9%)
	45-49	22 (55.0%)	12 (30.0%)	6 (15.0%)	0 (0.0%)	0 (0.0%)	21 (52.5%)	15 (37.5%)	2 (5.0%)	2 (5.0%)	0 (0.0%)	28 (70.0%)	6 (15.0%)	5 (12.5%)	1 (2.5%)	0 (0.0%)
	50-54	22 (51.2%)	11 (25.6%)	8 (18.6%)	1 (2.3%)	1 (2.3%)	26 (60.5%)	8 (18.6%)	7 (16.3%)	1 (2.3%)	1 (2.3%)	30 (69.8%)	8 (18.6%)	3 (7.0%)	0 (0.0%)	2 (4.7%)
	55-59	40 (54.1%)	23 (31.1%)	6 (8.1%)	4 (5.4%)	1 (1.4%)	41 (55.4%)	23 (31.1%)	7 (9.5%)	2 (2.7%)	1 (1.4%)	53 (71.6%)	14 (18.9%)	6 (8.1%)	0 (0.0%)	1 (1.4%)
	60-64	69 (50.4%)	52 (38.0%)	13 (9.5%)	2 (1.5%)	1 (0.7%)	72 (52.9%)	43 (31.6%)	17 (12.5%)	4 (2.9%)	0 (0.0%)	97 (70.8%)	30 (21.9%)	6 (4.4%)	0 (0.0%)	4 (2.9%)
	65-69	74 (50.0%)	51 (34.5%)	20 (13.5%)	2 (1.4%)	1 (0.7%)	83 (56.1%)	47 (31.8%)	14 (9.5%)	2 (1.4%)	2 (1.4%)	117 (79.6%)	24 (16.3%)	4 (2.7%)	1 (0.7%)	1 (0.7%)
	70-74	92 (63.9%)	29 (20.1%)	22 (15.3%)	1 (0.7%)	0 (0.0%)	81 (56.3%)	44 (30.6%)	16 (11.1%)	2 (1.4%)	1 (0.7%)	106 (73.6%)	28 (19.4%)	9 (6.3%)	0 (0.0%)	1 (0.7%)
	75-79	60 (57.7%)	25 (24.0%)	15 (14.4%)	2 (1.9%)	2 (1.9%)	54 (51.9%)	33 (31.7%)	15 (14.4%)	2 (1.9%)	0 (0.0%)	68 (65.4%)	25 (24.0%)	10 (9.6%)	0 (0.0%)	1 (1.0%)
	80-	40 (61.5%)	15 (23.1%)	8 (12.3%)	2 (3.1%)	0 (0.0%)	37 (56.9%)	18 (27.7%)	6 (9.2%)	3 (4.6%)	1 (1.5%)	46 (70.8%)	10 (15.4%)	7 (10.8%)	0 (0.0%)	2 (3.1%)
	合計	469 (55.8%)	240 (28.5%)	108 (12.8%)	15 (1.8%)	9 (1.1%)	477 (56.8%)	244 (29.0%)	90 (10.7%)	22 (2.6%)	7 (0.8%)	606 (72.1%)	160 (19.0%)	55 (6.5%)	5 (0.6%)	14 (1.7%)
合計	-39	41 (55.4%)	17 (23.0%)	11 (14.9%)	3 (4.1%)	2 (2.7%)	52 (70.3%)	12 (16.2%)	6 (8.1%)	4 (5.4%)	0 (0.0%)	55 (74.3%)	11 (14.9%)	3 (4.1%)	3 (4.1%)	2 (2.7%)
	40-44	25 (54.3%)	17 (37.0%)	2 (4.3%)	1 (2.2%)	1 (2.2%)	32 (69.6%)	9 (19.6%)	3 (6.5%)	1 (2.2%)	1 (2.2%)	33 (71.7%)	9 (19.6%)	2 (4.3%)	1 (2.2%)	1 (2.2%)
	45-49	29 (50.9%)	18 (31.6%)	9 (15.8%)	1 (1.8%)	0 (0.0%)	29 (50.9%)	21 (36.8%)	4 (7.0%)	3 (5.3%)	0 (0.0%)	36 (63.2%)	11 (19.3%)	9 (15.8%)	1 (1.8%)	0 (0.0%)
	50-54	29 (53.7%)	13 (24.1%)	10 (18.5%)	1 (1.9%)	1 (1.9%)	32 (59.3%)	11 (20.4%)	8 (14.8%)	1 (1.9%)	2 (3.7%)	40 (74.1%)	8 (14.8%)	4 (7.4%)	0 (0.0%)	2 (3.7%)
	55-59	63 (60.6%)	26 (25.0%)	8 (7.7%)	5 (4.8%)	2 (1.9%)	59 (56.7%)	29 (27.9%)	11 (10.6%)	3 (2.9%)	2 (1.9%)	77 (74.0%)	16 (15.4%)	9 (8.7%)	0 (0.0%)	2 (1.9%)
	60-64	102 (53.1%)	68 (35.4%)	15 (7.8%)	4 (2.1%)	3 (1.6%)	103 (53.9%)	60 (31.4%)	22 (11.5%)	5 (2.6%)	1 (0.5%)	134 (69.8%)	46 (24.0%)	6 (3.1%)	1 (0.5%)	5 (2.6%)
	65-69	128 (56.6%)	69 (30.5%)	25 (11.1%)	3 (1.3%)	1 (0.4%)	142 (62.8%)	63 (27.9%)	17 (7.5%)	2 (0.9%)	2 (0.9%)	179 (79.6%)	36 (16.0%)	7 (3.1%)	1 (0.4%)	2 (0.9%)
	70-74	160 (64.8%)	55 (22.3%)	29 (11.7%)	2 (0.8%)	1 (0.4%)	144 (58.3%)	74 (30.0%)	26 (10.5%)	2 (0.8%)	1 (0.4%)	178 (72.4%)	46 (18.7%)	18 (7.3%)	1 (0.4%)	3 (1.2%)
	75-79	128 (69.2%)	34 (18.4%)	19 (10.3%)	2 (1.1%)	2 (1.1%)	105 (56.8%)	58 (31.4%)	18 (9.7%)	3 (1.6%)	1 (0.5%)	130 (70.3%)	40 (21.6%)	14 (7.6%)	0 (0.0%)	1 (0.5%)
	80-	88 (67.2%)	25 (19.1%)	13 (9.9%)	3 (2.3%)	2 (1.5%)	77 (58.8%)	34 (26.0%)	13 (9.9%)	3 (2.3%)	4 (3.1%)	90 (68.7%)	19 (14.5%)	19 (14.5%)	0 (0.0%)	3 (2.3%)
	合計	793 (60.3%)	342 (26.0%)	141 (10.7%)	25 (1.9%)	15 (1.1%)	775 (58.9%)	371 (28.2%)	128 (9.7%)	27 (2.1%)	14 (1.1%)	952 (72.5%)	242 (18.4%)	91 (6.9%)	8 (0.6%)	21 (1.6%)

【11】今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に2回以上、以下のようなことがありましたか。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	2 (9.1%)	20 (90.9%)	2 (9.1%)	20 (90.9%)	0 (0.0%)	22 (100.0%)
	40-44	1 (8.3%)	11 (91.7%)	1 (8.3%)	11 (91.7%)	0 (0.0%)	12 (100.0%)
	45-49	3 (17.6%)	14 (82.4%)	4 (23.5%)	13 (76.5%)	1 (5.9%)	16 (94.1%)
	50-54	3 (27.3%)	8 (72.7%)	2 (18.2%)	9 (81.8%)	2 (18.2%)	9 (81.8%)
	55-59	2 (6.7%)	28 (93.3%)	4 (13.3%)	26 (86.7%)	1 (3.3%)	29 (96.7%)
	60-64	9 (16.4%)	46 (83.6%)	11 (20.0%)	44 (80.0%)	5 (9.1%)	50 (90.9%)
	65-69	8 (10.3%)	70 (89.7%)	4 (5.1%)	74 (94.9%)	0 (0.0%)	78 (100.0%)
	70-74	12 (11.7%)	91 (88.3%)	10 (9.7%)	93 (90.3%)	1 (1.0%)	102 (99.0%)
	75-79	12 (14.8%)	69 (85.2%)	18 (22.5%)	62 (77.5%)	1 (1.2%)	80 (98.8%)
	80-	9 (13.6%)	57 (86.4%)	5 (7.6%)	61 (92.4%)	2 (3.0%)	64 (97.0%)
	合計	61 (12.8%)	414 (87.2%)	61 (12.9%)	413 (87.1%)	13 (2.7%)	462 (97.3%)
女性	-39	7 (13.5%)	45 (86.5%)	10 (19.2%)	42 (80.8%)	4 (7.7%)	48 (92.3%)
	40-44	3 (8.8%)	31 (91.2%)	4 (11.8%)	30 (88.2%)	3 (8.8%)	31 (91.2%)
	45-49	8 (20.5%)	31 (79.5%)	3 (7.9%)	35 (92.1%)	2 (5.3%)	36 (94.7%)
	50-54	7 (16.3%)	36 (83.7%)	8 (18.6%)	35 (81.4%)	4 (9.3%)	39 (90.7%)
	55-59	9 (12.2%)	65 (87.8%)	9 (12.2%)	65 (87.8%)	4 (5.6%)	68 (94.4%)
	60-64	21 (15.3%)	116 (84.7%)	22 (16.2%)	114 (83.8%)	11 (8.1%)	125 (91.9%)
	65-69	32 (21.6%)	116 (78.4%)	31 (21.1%)	116 (78.9%)	6 (4.1%)	141 (95.9%)
	70-74	28 (19.6%)	115 (80.4%)	33 (23.2%)	109 (76.8%)	11 (7.7%)	132 (92.3%)
	75-79	34 (32.7%)	70 (67.3%)	28 (26.9%)	76 (73.1%)	12 (11.5%)	92 (88.5%)
	80-	7 (10.8%)	58 (89.2%)	16 (24.6%)	49 (75.4%)	2 (3.1%)	63 (96.9%)
	合計	156 (18.6%)	683 (81.4%)	164 (19.6%)	671 (80.4%)	59 (7.1%)	775 (92.9%)
合計	-39	9 (12.2%)	65 (87.8%)	12 (16.2%)	62 (83.8%)	4 (5.4%)	70 (94.6%)
	40-44	4 (8.7%)	42 (91.3%)	5 (10.9%)	41 (89.1%)	3 (6.5%)	43 (93.5%)
	45-49	11 (19.6%)	45 (80.4%)	7 (12.7%)	48 (87.3%)	3 (5.5%)	52 (94.5%)
	50-54	10 (18.5%)	44 (81.5%)	10 (18.5%)	44 (81.5%)	6 (11.1%)	48 (88.9%)
	55-59	11 (10.6%)	93 (89.4%)	13 (12.5%)	91 (87.5%)	5 (4.9%)	97 (95.1%)
	60-64	30 (15.6%)	162 (84.4%)	33 (17.3%)	158 (82.7%)	16 (8.4%)	175 (91.6%)
	65-69	40 (17.7%)	186 (82.3%)	35 (15.6%)	190 (84.4%)	6 (2.7%)	219 (97.3%)
	70-74	40 (16.3%)	206 (83.7%)	43 (17.6%)	202 (82.4%)	12 (4.9%)	234 (95.1%)
	75-79	46 (24.9%)	139 (75.1%)	46 (25.0%)	138 (75.0%)	13 (7.0%)	172 (93.0%)
	80-	16 (12.2%)	115 (87.8%)	21 (16.0%)	110 (84.0%)	4 (3.1%)	127 (96.9%)
	合計	217 (16.5%)	1097 (83.5%)	225 (17.2%)	1084 (82.8%)	72 (5.5%)	1237 (94.5%)

【12】 発災後の住居の移動についておたずねします。

【13】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	7 (31.8%)	3 (13.6%)	2 (9.1%)	5 (22.7%)	5 (22.7%)	2 (9.1%)	4 (18.2%)	5 (22.7%)	11 (50.0%)
	40-44	5 (41.7%)	0 (0.0%)	3 (25.0%)	2 (16.7%)	2 (16.7%)	1 (8.3%)	1 (8.3%)	5 (41.7%)	5 (41.7%)
	45-49	5 (29.4%)	2 (11.8%)	4 (23.5%)	6 (35.3%)	0 (0.0%)	0 (0.0%)	5 (29.4%)	6 (35.3%)	6 (35.3%)
	50-54	4 (36.4%)	1 (9.1%)	3 (27.3%)	2 (18.2%)	1 (9.1%)	2 (18.2%)	2 (18.2%)	4 (36.4%)	3 (27.3%)
	55-59	10 (33.3%)	4 (13.3%)	8 (26.7%)	5 (16.7%)	3 (10.0%)	3 (10.0%)	1 (3.3%)	11 (36.7%)	15 (50.0%)
	60-64	20 (36.4%)	9 (16.4%)	9 (16.4%)	12 (21.8%)	5 (9.1%)	5 (9.1%)	9 (16.4%)	21 (38.2%)	20 (36.4%)
	65-69	32 (41.0%)	12 (15.4%)	13 (16.7%)	10 (12.8%)	11 (14.1%)	2 (2.6%)	8 (10.3%)	18 (23.1%)	50 (64.1%)
	70-74	41 (40.2%)	16 (15.7%)	18 (17.6%)	18 (17.6%)	9 (8.8%)	5 (4.9%)	9 (8.7%)	24 (23.3%)	65 (63.1%)
	75-79	34 (43.0%)	15 (19.0%)	10 (12.7%)	15 (19.0%)	5 (6.3%)	6 (7.4%)	7 (8.6%)	12 (14.8%)	56 (69.1%)
	80-	32 (49.2%)	8 (12.3%)	6 (9.2%)	12 (18.5%)	7 (10.8%)	0 (0.0%)	8 (12.1%)	13 (19.7%)	45 (68.2%)
合計	190 (40.3%)	70 (14.9%)	76 (16.1%)	87 (18.5%)	48 (10.2%)	26 (5.5%)	54 (11.4%)	119 (25.1%)	276 (58.1%)	
女性	-39	10 (19.2%)	5 (9.6%)	15 (28.8%)	16 (30.8%)	6 (11.5%)	3 (5.8%)	2 (3.8%)	11 (21.2%)	36 (69.2%)
	40-44	8 (23.5%)	5 (14.7%)	6 (17.6%)	5 (14.7%)	10 (29.4%)	1 (2.9%)	10 (29.4%)	5 (14.7%)	18 (52.9%)
	45-49	19 (47.5%)	4 (10.0%)	6 (15.0%)	6 (15.0%)	5 (12.5%)	4 (10.0%)	6 (15.0%)	11 (27.5%)	19 (47.5%)
	50-54	13 (30.2%)	8 (18.6%)	7 (16.3%)	7 (16.3%)	8 (18.6%)	3 (7.0%)	3 (7.0%)	7 (16.3%)	30 (69.8%)
	55-59	32 (43.2%)	7 (9.5%)	8 (10.8%)	11 (14.9%)	16 (21.6%)	2 (2.7%)	6 (8.1%)	18 (24.3%)	48 (64.9%)
	60-64	48 (35.3%)	22 (16.2%)	16 (11.8%)	30 (22.1%)	20 (14.7%)	6 (4.4%)	13 (9.5%)	36 (26.3%)	82 (59.9%)
	65-69	62 (41.9%)	17 (11.5%)	29 (19.6%)	25 (16.9%)	15 (10.1%)	2 (1.4%)	17 (11.5%)	41 (27.7%)	88 (59.5%)
	70-74	48 (33.3%)	13 (9.0%)	38 (26.4%)	28 (19.4%)	17 (11.8%)	2 (1.4%)	16 (11.1%)	24 (16.7%)	102 (70.8%)
	75-79	36 (34.6%)	16 (15.4%)	20 (19.2%)	23 (22.1%)	9 (8.7%)	3 (2.9%)	13 (12.5%)	21 (20.2%)	67 (64.4%)
	80-	29 (45.3%)	8 (12.5%)	6 (9.4%)	13 (20.3%)	8 (12.5%)	0 (0.0%)	5 (7.7%)	17 (26.2%)	43 (66.2%)
合計	305 (36.4%)	105 (12.5%)	151 (18.0%)	164 (19.5%)	114 (13.6%)	26 (3.1%)	91 (10.8%)	191 (22.7%)	533 (63.4%)	
合計	-39	17 (23.0%)	8 (10.8%)	17 (23.0%)	21 (28.4%)	11 (14.9%)	5 (6.8%)	6 (8.1%)	16 (21.6%)	47 (63.5%)
	40-44	13 (28.3%)	5 (10.9%)	9 (19.6%)	7 (15.2%)	12 (26.1%)	2 (4.3%)	11 (23.9%)	10 (21.7%)	23 (50.0%)
	45-49	24 (42.1%)	6 (10.5%)	10 (17.5%)	12 (21.1%)	5 (8.8%)	4 (7.0%)	11 (19.3%)	17 (29.8%)	25 (43.9%)
	50-54	17 (31.5%)	9 (16.7%)	10 (18.5%)	9 (16.7%)	9 (16.7%)	5 (9.3%)	5 (9.3%)	11 (20.4%)	33 (61.1%)
	55-59	42 (40.4%)	11 (10.6%)	16 (15.4%)	16 (15.4%)	19 (18.3%)	5 (4.8%)	7 (6.7%)	29 (27.9%)	63 (60.6%)
	60-64	68 (35.6%)	31 (16.2%)	25 (13.1%)	42 (22.0%)	25 (13.1%)	11 (5.7%)	22 (11.5%)	57 (29.7%)	102 (53.1%)
	65-69	94 (41.6%)	29 (12.8%)	42 (18.6%)	35 (15.5%)	26 (11.5%)	4 (1.8%)	25 (11.1%)	59 (26.1%)	138 (61.1%)
	70-74	89 (36.2%)	29 (11.8%)	56 (22.8%)	46 (18.7%)	26 (10.6%)	7 (2.8%)	25 (10.1%)	48 (19.4%)	167 (67.6%)
	75-79	70 (38.3%)	31 (16.9%)	30 (16.4%)	38 (20.8%)	14 (7.7%)	9 (4.9%)	20 (10.8%)	33 (17.8%)	123 (66.5%)
	80-	61 (47.3%)	16 (12.4%)	12 (9.3%)	25 (19.4%)	15 (11.6%)	0 (0.0%)	13 (9.9%)	30 (22.9%)	88 (67.2%)
合計	495 (37.8%)	175 (13.4%)	227 (17.3%)	251 (19.2%)	162 (12.4%)	52 (4.0%)	145 (11.0%)	310 (23.6%)	809 (61.5%)	

【15】被害についておたずねします。

(1) 震災時のご自宅の被害状況について、当てはまるもの1つに○をつけてください。

		全壊 (流失または焼失)	大規模半壊	半壊	一部損壊	損壊なし・浸水あり	損壊も浸水もなし	その他
男性	-39	13 (59.1%)	1 (4.5%)	1 (4.5%)	2 (9.1%)	0 (0.0%)	5 (22.7%)	0 (0.0%)
	40-44	6 (50.0%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (33.3%)	0 (0.0%)
	45-49	9 (52.9%)	4 (23.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (23.5%)	0 (0.0%)
	50-54	6 (54.5%)	0 (0.0%)	0 (0.0%)	1 (9.1%)	0 (0.0%)	4 (36.4%)	0 (0.0%)
	55-59	17 (56.7%)	4 (13.3%)	0 (0.0%)	1 (3.3%)	0 (0.0%)	8 (26.7%)	0 (0.0%)
	60-64	25 (45.5%)	7 (12.7%)	1 (1.8%)	4 (7.3%)	1 (1.8%)	17 (30.9%)	0 (0.0%)
	65-69	33 (42.3%)	12 (15.4%)	1 (1.3%)	9 (11.5%)	0 (0.0%)	21 (26.9%)	2 (2.6%)
	70-74	42 (41.2%)	19 (18.6%)	2 (2.0%)	4 (3.9%)	3 (2.9%)	32 (31.4%)	0 (0.0%)
	75-79	30 (37.0%)	16 (19.8%)	2 (2.5%)	3 (3.7%)	2 (2.5%)	28 (34.6%)	0 (0.0%)
	80-	17 (25.8%)	16 (24.2%)	3 (4.5%)	1 (1.5%)	1 (1.5%)	27 (40.9%)	1 (1.5%)
	合計	198 (41.8%)	81 (17.1%)	10 (2.1%)	25 (5.3%)	7 (1.5%)	150 (31.6%)	3 (0.6%)
女性	-39	34 (65.4%)	3 (5.8%)	0 (0.0%)	5 (9.6%)	1 (1.9%)	9 (17.3%)	0 (0.0%)
	40-44	17 (50.0%)	7 (20.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (29.4%)	0 (0.0%)
	45-49	18 (45.0%)	0 (0.0%)	0 (0.0%)	4 (10.0%)	0 (0.0%)	18 (45.0%)	0 (0.0%)
	50-54	23 (53.5%)	5 (11.6%)	0 (0.0%)	3 (7.0%)	0 (0.0%)	12 (27.9%)	0 (0.0%)
	55-59	31 (41.9%)	13 (17.6%)	0 (0.0%)	3 (4.1%)	0 (0.0%)	27 (36.5%)	0 (0.0%)
	60-64	69 (50.4%)	17 (12.4%)	2 (1.5%)	9 (6.6%)	0 (0.0%)	40 (29.2%)	0 (0.0%)
	65-69	62 (41.9%)	19 (12.8%)	1 (0.7%)	12 (8.1%)	0 (0.0%)	52 (35.1%)	2 (1.4%)
	70-74	71 (49.3%)	23 (16.0%)	3 (2.1%)	3 (2.1%)	0 (0.0%)	43 (29.9%)	1 (0.7%)
	75-79	42 (41.2%)	17 (16.7%)	9 (8.8%)	6 (5.9%)	0 (0.0%)	28 (27.5%)	0 (0.0%)
	80-	23 (35.9%)	11 (17.2%)	1 (1.6%)	3 (4.7%)	1 (1.6%)	25 (39.1%)	0 (0.0%)
	合計	390 (46.5%)	115 (13.7%)	16 (1.9%)	48 (5.7%)	2 (0.2%)	264 (31.5%)	3 (0.4%)
合計	-39	47 (63.5%)	4 (5.4%)	1 (1.4%)	7 (9.5%)	1 (1.4%)	14 (18.9%)	0 (0.0%)
	40-44	23 (50.0%)	9 (19.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	14 (30.4%)	0 (0.0%)
	45-49	27 (47.4%)	4 (7.0%)	0 (0.0%)	4 (7.0%)	0 (0.0%)	22 (38.6%)	0 (0.0%)
	50-54	29 (53.7%)	5 (9.3%)	0 (0.0%)	4 (7.4%)	0 (0.0%)	16 (29.6%)	0 (0.0%)
	55-59	48 (46.2%)	17 (16.3%)	0 (0.0%)	4 (3.8%)	0 (0.0%)	35 (33.7%)	0 (0.0%)
	60-64	94 (49.0%)	24 (12.5%)	3 (1.6%)	13 (6.8%)	1 (0.5%)	57 (29.7%)	0 (0.0%)
	65-69	95 (42.0%)	31 (13.7%)	2 (0.9%)	21 (9.3%)	0 (0.0%)	73 (32.3%)	4 (1.8%)
	70-74	113 (45.9%)	42 (17.1%)	5 (2.0%)	7 (2.8%)	3 (1.2%)	75 (30.5%)	1 (0.4%)
	75-79	72 (39.3%)	33 (18.0%)	11 (6.0%)	9 (4.9%)	2 (1.1%)	56 (30.6%)	0 (0.0%)
	80-	40 (30.8%)	27 (20.8%)	4 (3.1%)	4 (3.1%)	2 (1.5%)	52 (40.0%)	1 (0.8%)
	合計	588 (44.8%)	196 (14.9%)	26 (2.0%)	73 (5.6%)	9 (0.7%)	414 (31.6%)	6 (0.5%)

(2) 現在のお住まいについて、主に居住している場所はどちらですか。あてはまるもの1つに○をつけてください。

(3)同居されていた、ご家族・ご親族の中で、今回の震災でお亡くなりになったり、行方不明になった方はいらっしゃいますか。

		震災前と同じ	プレハブ型仮設住宅	みなし仮設	賃貸住宅	同じ場所に再建	新たな場所に新築	家族・友人・親戚宅	その他	はい	いいえ
男性	-39	8 (36.4%)	5 (22.7%)	5 (22.7%)	0 (0.0%)	1 (4.5%)	1 (4.5%)	1 (4.5%)	1 (4.5%)	7 (31.8%)	15 (68.2%)
	40-44	4 (33.3%)	4 (33.3%)	0 (0.0%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	0 (0.0%)	4 (33.3%)	8 (66.7%)
	45-49	8 (47.1%)	7 (41.2%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	4 (23.5%)	13 (76.5%)
	50-54	5 (45.5%)	5 (45.5%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (18.2%)	9 (81.8%)
	55-59	14 (46.7%)	9 (30.0%)	3 (10.0%)	0 (0.0%)	0 (0.0%)	3 (10.0%)	0 (0.0%)	1 (3.3%)	8 (26.7%)	22 (73.3%)
	60-64	32 (58.2%)	12 (21.8%)	3 (5.5%)	1 (1.8%)	1 (1.8%)	5 (9.1%)	0 (0.0%)	1 (1.8%)	12 (21.8%)	43 (78.2%)
	65-69	43 (55.1%)	23 (29.5%)	3 (3.8%)	0 (0.0%)	2 (2.6%)	2 (2.6%)	2 (2.6%)	3 (3.8%)	13 (16.7%)	65 (83.3%)
	70-74	63 (61.8%)	29 (28.4%)	2 (2.0%)	0 (0.0%)	1 (1.0%)	1 (1.0%)	1 (1.0%)	5 (4.9%)	18 (17.8%)	83 (82.2%)
	75-79	51 (63.0%)	16 (19.8%)	2 (2.5%)	1 (1.2%)	2 (2.5%)	8 (9.9%)	0 (0.0%)	1 (1.2%)	11 (13.8%)	69 (86.3%)
	80-	47 (71.2%)	8 (12.1%)	3 (4.5%)	1 (1.5%)	2 (3.0%)	3 (4.5%)	2 (3.0%)	0 (0.0%)	12 (19.0%)	51 (81.0%)
	合計	275 (58.0%)	118 (24.9%)	23 (4.9%)	5 (1.1%)	9 (1.9%)	24 (5.1%)	8 (1.7%)	12 (2.5%)	91 (19.4%)	378 (80.6%)
女性	-39	17 (32.7%)	27 (51.9%)	3 (5.8%)	0 (0.0%)	0 (0.0%)	3 (5.8%)	2 (3.8%)	0 (0.0%)	9 (17.3%)	43 (82.7%)
	40-44	16 (47.1%)	8 (23.5%)	1 (2.9%)	0 (0.0%)	0 (0.0%)	6 (17.6%)	2 (5.9%)	1 (2.9%)	5 (14.7%)	29 (85.3%)
	45-49	22 (55.0%)	13 (32.5%)	1 (2.5%)	0 (0.0%)	0 (0.0%)	2 (5.0%)	2 (5.0%)	0 (0.0%)	6 (15.0%)	34 (85.0%)
	50-54	22 (51.2%)	13 (30.2%)	4 (9.3%)	1 (2.3%)	0 (0.0%)	3 (7.0%)	0 (0.0%)	0 (0.0%)	5 (11.6%)	38 (88.4%)
	55-59	48 (64.9%)	11 (14.9%)	5 (6.8%)	0 (0.0%)	1 (1.4%)	8 (10.8%)	1 (1.4%)	0 (0.0%)	9 (12.2%)	65 (87.8%)
	60-64	70 (51.1%)	39 (28.5%)	6 (4.4%)	2 (1.5%)	5 (3.6%)	7 (5.1%)	4 (2.9%)	4 (2.9%)	33 (24.1%)	104 (75.9%)
	65-69	90 (60.8%)	44 (29.7%)	3 (2.0%)	0 (0.0%)	3 (2.0%)	4 (2.7%)	0 (0.0%)	4 (2.7%)	27 (18.4%)	120 (81.6%)
	70-74	75 (52.4%)	46 (32.2%)	3 (2.1%)	0 (0.0%)	2 (1.4%)	11 (7.7%)	3 (2.1%)	3 (2.1%)	25 (17.4%)	119 (82.6%)
	75-79	60 (57.7%)	28 (26.9%)	8 (7.7%)	1 (1.0%)	1 (1.0%)	5 (4.8%)	0 (0.0%)	1 (1.0%)	28 (26.9%)	76 (73.1%)
	80-	43 (66.2%)	17 (26.2%)	1 (1.5%)	0 (0.0%)	1 (1.5%)	1 (1.5%)	1 (1.5%)	1 (1.5%)	12 (18.5%)	53 (81.5%)
	合計	463 (55.1%)	246 (29.3%)	35 (4.2%)	4 (0.5%)	13 (1.5%)	50 (6.0%)	15 (1.8%)	14 (1.7%)	159 (18.9%)	681 (81.1%)
合計	-39	25 (33.8%)	32 (43.2%)	8 (10.8%)	0 (0.0%)	1 (1.4%)	4 (5.4%)	3 (4.1%)	1 (1.4%)	16 (21.6%)	58 (78.4%)
	40-44	20 (43.5%)	12 (26.1%)	1 (2.2%)	2 (4.3%)	0 (0.0%)	6 (13.0%)	4 (8.7%)	1 (2.2%)	9 (19.6%)	37 (80.4%)
	45-49	30 (52.6%)	20 (35.1%)	2 (3.5%)	0 (0.0%)	0 (0.0%)	3 (5.3%)	2 (3.5%)	0 (0.0%)	10 (17.5%)	47 (82.5%)
	50-54	27 (50.0%)	18 (33.3%)	5 (9.3%)	1 (1.9%)	0 (0.0%)	3 (5.6%)	0 (0.0%)	0 (0.0%)	7 (13.0%)	47 (87.0%)
	55-59	62 (59.6%)	20 (19.2%)	8 (7.7%)	0 (0.0%)	1 (1.0%)	11 (10.6%)	1 (1.0%)	1 (1.0%)	17 (16.3%)	87 (83.7%)
	60-64	102 (53.1%)	51 (26.6%)	9 (4.7%)	3 (1.6%)	6 (3.1%)	12 (6.3%)	4 (2.1%)	5 (2.6%)	45 (23.4%)	147 (76.6%)
	65-69	133 (58.8%)	67 (29.6%)	6 (2.7%)	0 (0.0%)	5 (2.2%)	6 (2.7%)	2 (0.9%)	7 (3.1%)	40 (17.8%)	185 (82.2%)
	70-74	138 (56.3%)	75 (30.6%)	5 (2.0%)	0 (0.0%)	3 (1.2%)	12 (4.9%)	4 (1.6%)	8 (3.3%)	43 (17.6%)	202 (82.4%)
	75-79	111 (60.0%)	44 (23.8%)	10 (5.4%)	2 (1.1%)	3 (1.6%)	13 (7.0%)	0 (0.0%)	2 (1.1%)	39 (21.2%)	145 (78.8%)
	80-	90 (68.7%)	25 (19.1%)	4 (3.1%)	1 (0.8%)	3 (2.3%)	4 (3.1%)	3 (2.3%)	1 (0.8%)	24 (18.8%)	104 (81.3%)
	合計	738 (56.2%)	364 (27.7%)	58 (4.4%)	9 (0.7%)	22 (1.7%)	74 (5.6%)	23 (1.8%)	26 (2.0%)	250 (19.1%)	1059 (80.9%)

【平成 26 年度分】度数分布表（釜石市）

【2】医療に関してお尋ねします。

(1) 現在の健康状態はいかがですか。

【3】食事についておたずねします。

(1) 最近の1日の食事の回数について教えてください。

【4】タバコとお酒についてお尋ねします。

(1) 現在の喫煙

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上	吸わない	吸っていたがやめた	吸っている
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
	55-59	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)
	60-64	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	65-69	1 (6.3%)	14 (87.5%)	1 (6.3%)	0 (0.0%)	4 (25.0%)	12 (75.0%)	10 (62.5%)	4 (25.0%)	2 (12.5%)
	70-74	1 (7.1%)	11 (78.6%)	2 (14.3%)	0 (0.0%)	1 (7.1%)	13 (92.9%)	5 (38.5%)	7 (53.8%)	1 (7.7%)
	75-79	1 (6.3%)	14 (87.5%)	1 (6.3%)	0 (0.0%)	2 (11.8%)	15 (88.2%)	7 (43.8%)	7 (43.8%)	2 (12.5%)
	80-	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)
合計	4 (7.3%)	44 (80.0%)	7 (12.7%)	0 (0.0%)	8 (14.3%)	48 (85.7%)	26 (49.1%)	20 (37.7%)	7 (13.2%)	
女性	-39	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	45-49	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (100.0%)	7 (87.5%)	0 (0.0%)	1 (12.5%)
	60-64	1 (6.3%)	12 (75.0%)	3 (18.8%)	0 (0.0%)	1 (6.3%)	15 (93.8%)	15 (100.0%)	0 (0.0%)	0 (0.0%)
	65-69	4 (15.4%)	18 (69.2%)	2 (7.7%)	2 (7.7%)	5 (19.2%)	21 (80.8%)	21 (80.8%)	3 (11.5%)	2 (7.7%)
	70-74	1 (5.3%)	14 (73.7%)	2 (10.5%)	2 (10.5%)	2 (10.5%)	17 (89.5%)	19 (100.0%)	0 (0.0%)	0 (0.0%)
	75-79	2 (22.2%)	4 (44.4%)	2 (22.2%)	1 (11.1%)	0 (0.0%)	8 (100.0%)	9 (100.0%)	0 (0.0%)	0 (0.0%)
	80-	3 (21.4%)	7 (50.0%)	3 (21.4%)	1 (7.1%)	0 (0.0%)	14 (100.0%)	14 (100.0%)	0 (0.0%)	0 (0.0%)
合計	12 (11.8%)	72 (70.6%)	12 (11.8%)	6 (5.9%)	8 (7.9%)	93 (92.1%)	93 (92.1%)	4 (4.0%)	4 (4.0%)	
合計	-39	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	45-49	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)	4 (80.0%)	0 (0.0%)	1 (20.0%)
	55-59	1 (10.0%)	8 (80.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	10 (100.0%)	8 (80.0%)	0 (0.0%)	2 (20.0%)
	60-64	1 (5.6%)	13 (72.2%)	4 (22.2%)	0 (0.0%)	1 (5.6%)	17 (94.4%)	16 (100.0%)	0 (0.0%)	0 (0.0%)
	65-69	5 (11.9%)	32 (76.2%)	3 (7.1%)	2 (4.8%)	9 (21.4%)	33 (78.6%)	31 (73.8%)	7 (16.7%)	4 (9.5%)
	70-74	2 (6.1%)	25 (75.8%)	4 (12.1%)	2 (6.1%)	3 (9.1%)	30 (90.9%)	24 (75.0%)	7 (21.9%)	1 (3.1%)
	75-79	3 (12.0%)	18 (72.0%)	3 (12.0%)	1 (4.0%)	2 (8.0%)	23 (92.0%)	16 (64.0%)	7 (28.0%)	2 (8.0%)
	80-	4 (22.2%)	9 (50.0%)	4 (22.2%)	1 (5.6%)	0 (0.0%)	18 (100.0%)	16 (88.9%)	2 (11.1%)	0 (0.0%)
合計	16 (10.2%)	116 (73.9%)	19 (12.1%)	6 (3.8%)	16 (10.2%)	141 (89.8%)	119 (77.3%)	24 (15.6%)	11 (7.1%)	

【5】お仕事についておたずねします。

(1) 現在のお仕事について、当てはまるもの1つに○を付けてください。 (副問) 仕事をしていた場合、職業について当てはまるもの1つに○を付けて下さい。(割合は(1)で仕事していると回答した者に対する割合)

	仕事している	求職中	仕事していない (年金生活者、主婦、 学生、無職を含む)	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他
				(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
男性																
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0	0	0	1	0	0	0	0	0	0	0	0	0
55-59	2 (100.0%)	0 (0.0%)	0 (0.0%)	0	0	0	0	1	0	0	0	0	0	0	1	0
60-64	2 (100.0%)	0 (0.0%)	0 (0.0%)	0	2	0	0	0	0	0	0	1	0	0	0	0
65-69	8 (50.0%)	0 (0.0%)	8 (50.0%)	2	5	0	1	0	0	0	0	0	0	0	2	2
70-74	3 (21.4%)	0 (0.0%)	11 (78.6%)	0	1	0	0	0	0	0	0	0	0	0	1	1
75-79	3 (17.6%)	0 (0.0%)	14 (82.4%)	0	2	0	0	0	0	0	0	0	0	1	0	0
80-	0 (0.0%)	0 (0.0%)	4 (100.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
合計	19 (33.9%)	0 (0.0%)	37 (66.1%)	2 (10.5%)	10 (52.0%)	0 (0.0%)	2 (10.5%)	1 (5.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (5.3%)	0 (0.0%)	1 (5.3%)	4 (21.1%)	3 (15.8%)
女性																
-39	0 (0.0%)	1 (50.0%)	1 (50.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
40-44	0 (0.0%)	0 (0.0%)	1 (100.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
45-49	1 (50.0%)	0 (0.0%)	1 (50.0%)	0	1	0	0	0	0	0	0	0	0	1	1	0
50-54	1 (25.0%)	0 (0.0%)	3 (75.0%)	0	0	0	0	0	0	0	0	0	0	0	0	1
55-59	4 (57.1%)	0 (0.0%)	3 (42.9%)	0	0	0	0	0	0	0	0	3	0	2	0	0
60-64	7 (43.8%)	0 (0.0%)	9 (56.3%)	0	1	0	0	0	0	0	0	1	0	3	1	1
65-69	8 (30.8%)	0 (0.0%)	18 (69.2%)	0	1	0	0	0	0	0	0	4	0	1	2	1
70-74	4 (21.1%)	0 (0.0%)	15 (78.9%)	0	1	0	0	1	0	0	0	0	0	2	0	0
75-79	0 (0.0%)	0 (0.0%)	9 (100.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
80-	2 (14.3%)	0 (0.0%)	12 (85.7%)	1	1	0	0	0	0	0	0	0	0	0	0	0
合計	27 (27.0%)	1 (1.0%)	72 (72.0%)	1 (3.7%)	5 (18.5%)	0 (0.0%)	0 (0.0%)	1 (3.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (29.6%)	0 (0.0%)	9 (33.3%)	4 (14.8%)	3 (11.1%)
合計																
-39	0 (0.0%)	1 (50.0%)	1 (50.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
40-44	0 (0.0%)	0 (0.0%)	1 (100.0%)	0	0	0	0	0	0	0	0	0	0	0	0	0
45-49	1 (50.0%)	0 (0.0%)	1 (50.0%)	0	1	0	0	0	0	0	0	0	0	1	1	0
50-54	2 (40.0%)	0 (0.0%)	3 (60.0%)	0	0	0	1	0	0	0	0	0	0	0	0	1
55-59	6 (66.7%)	0 (0.0%)	3 (33.3%)	0	0	0	0	1	0	0	0	3	0	2	1	0
60-64	9 (50.0%)	0 (0.0%)	9 (50.0%)	0	3	0	0	0	0	0	0	2	0	3	1	1
65-69	16 (38.1%)	0 (0.0%)	26 (61.9%)	2	6	0	1	0	0	0	0	4	0	1	4	3
70-74	7 (21.2%)	0 (0.0%)	26 (78.8%)	0	2	0	0	1	0	0	0	0	0	2	1	1
75-79	3 (11.5%)	0 (0.0%)	23 (88.5%)	0	2	0	0	0	0	0	0	0	0	1	0	0
80-	2 (11.1%)	0 (0.0%)	16 (88.9%)	1	1	0	0	0	0	0	0	0	0	0	0	0
合計	46 (29.5%)	1 (0.6%)	109 (69.9%)	3 (6.5%)	15 (32.6%)	0 (0.0%)	2 (4.3%)	2 (4.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (19.6%)	0 (0.0%)	10 (21.7%)	8 (17.4%)	6 (13.0%)

(2) お仕事をしている方にお聞きします。現在のお仕事は震災前と同じですか。

(副問) 震災前と比べて、お仕事の状況は変わりましたか。あてはまるもの1つに○をつけてください。

		はい	いいえ	稼ぎが増えた	稼ぎが減った	変化なし
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (6.7%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	2 (13.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)
	60-64	2 (13.3%)	0 (0.0%)	0 (0.0%)	2 (28.6%)	0 (0.0%)
	65-69	6 (40.0%)	2 (66.7%)	0 (0.0%)	3 (42.9%)	5 (50.0%)
	70-74	3 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)
	75-79	1 (6.7%)	1 (33.3%)	0 (0.0%)	2 (28.6%)	1 (10.0%)
	80-	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	15 (100.0%)	3 (100.0%)	1 (100.0%)	7 (100.0%)	10 (100.0%)	
女性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (6.7%)	1 (6.7%)	0 (0.0%)	1 (6.7%)	1 (12.5%)
	50-54	0 (0.0%)	2 (13.3%)	0 (0.0%)	1 (6.7%)	1 (12.5%)
	55-59	0 (0.0%)	5 (33.3%)	2 (28.6%)	1 (6.7%)	1 (12.5%)
	60-64	4 (26.7%)	3 (20.0%)	1 (14.3%)	3 (20.0%)	3 (37.5%)
	65-69	6 (40.0%)	2 (13.3%)	3 (42.9%)	4 (26.7%)	1 (12.5%)
	70-74	3 (20.0%)	1 (6.7%)	1 (14.3%)	3 (20.0%)	0 (0.0%)
	75-79	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	1 (6.7%)	1 (6.7%)	0 (0.0%)	2 (13.3%)	1 (12.5%)
合計	15 (100.0%)	15 (100.0%)	7 (100.0%)	15 (100.0%)	8 (100.0%)	
合計	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (3.3%)	1 (5.6%)	0 (0.0%)	1 (4.5%)	1 (5.6%)
	50-54	1 (3.3%)	2 (11.1%)	1 (12.5%)	1 (4.5%)	1 (5.6%)
	55-59	2 (6.7%)	5 (27.8%)	2 (25.0%)	1 (4.5%)	3 (16.7%)
	60-64	6 (20.0%)	3 (16.7%)	1 (12.5%)	5 (22.7%)	3 (16.7%)
	65-69	12 (40.0%)	4 (22.2%)	3 (37.5%)	7 (31.8%)	6 (33.3%)
	70-74	6 (20.0%)	1 (5.6%)	1 (12.5%)	3 (13.6%)	2 (11.1%)
	75-79	1 (3.3%)	1 (5.6%)	0 (0.0%)	2 (9.1%)	1 (5.6%)
	80-	1 (3.3%)	1 (5.6%)	0 (0.0%)	2 (9.1%)	1 (5.6%)
合計	30 (100.0%)	18 (100.0%)	8 (100.0%)	22 (100.0%)	18 (100.0%)	

【6】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝はしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	55-59	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)
	60-64	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	65-69	1 (6.3%)	6 (37.5%)	4 (25.0%)	3 (18.8%)	1 (6.3%)	1 (6.3%)	10 (62.5%)	6 (37.5%)
	70-74	0 (0.0%)	5 (35.7%)	6 (42.9%)	1 (7.1%)	2 (14.3%)	0 (0.0%)	5 (38.5%)	8 (61.5%)
	75-79	1 (5.9%)	4 (23.5%)	4 (23.5%)	4 (23.5%)	1 (5.9%)	3 (17.6%)	8 (53.3%)	7 (46.7%)
	80-	0 (0.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)
合計	2 (3.8%)	21 (37.5%)	15 (26.8%)	9 (16.1%)	5 (8.9%)	4 (7.1%)	29 (55.8%)	23 (44.2%)	
女性	-39	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	45-49	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)
	50-54	0 (0.0%)	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)
	55-59	0 (0.0%)	3 (37.5%)	4 (50.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	5 (71.4%)	2 (28.6%)
	60-64	1 (6.3%)	5 (31.3%)	6 (37.5%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	10 (62.5%)	6 (37.5%)
	65-69	1 (3.8%)	6 (23.1%)	16 (61.5%)	3 (11.5%)	0 (0.0%)	0 (0.0%)	18 (78.3%)	5 (21.7%)
	70-74	3 (15.8%)	7 (36.8%)	5 (26.3%)	4 (21.1%)	0 (0.0%)	0 (0.0%)	13 (68.4%)	6 (31.6%)
	75-79	2 (22.2%)	1 (11.1%)	2 (22.2%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	4 (44.4%)
	80-	0 (0.0%)	4 (28.6%)	6 (42.9%)	2 (14.3%)	2 (14.3%)	0 (0.0%)	6 (50.0%)	6 (50.0%)
合計	8 (7.8%)	30 (29.4%)	43 (42.2%)	18 (17.6%)	3 (2.9%)	0 (0.0%)	64 (66.7%)	32 (33.3%)	
合計	-39	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	45-49	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)
	50-54	0 (0.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)
	55-59	0 (0.0%)	5 (50.0%)	4 (40.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	6 (66.7%)	3 (33.3%)
	60-64	1 (5.6%)	7 (38.9%)	6 (33.3%)	3 (16.7%)	1 (5.6%)	0 (0.0%)	11 (64.7%)	6 (35.3%)
	65-69	2 (4.8%)	12 (28.6%)	20 (47.6%)	6 (14.3%)	1 (2.4%)	1 (2.4%)	28 (71.8%)	11 (28.2%)
	70-74	3 (9.1%)	12 (36.4%)	11 (33.3%)	5 (15.2%)	2 (6.1%)	0 (0.0%)	18 (56.3%)	14 (43.8%)
	75-79	3 (11.5%)	5 (19.2%)	6 (23.1%)	8 (30.8%)	1 (3.8%)	3 (11.5%)	13 (54.2%)	11 (45.8%)
	80-	0 (0.0%)	6 (33.3%)	6 (33.3%)	3 (16.7%)	3 (16.7%)	0 (0.0%)	9 (56.3%)	7 (43.8%)
合計	10 (6.3%)	51 (32.3%)	58 (36.7%)	27 (17.1%)	8 (5.1%)	4 (2.5%)	93 (62.8%)	55 (37.2%)	

(4) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	60-64	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)
	65-69	12 (75.0%)	2 (12.5%)	2 (12.5%)	0 (0.0%)	13 (81.3%)	2 (12.5%)	1 (6.3%)	0 (0.0%)	10 (62.5%)	5 (31.3%)	1 (6.3%)	0 (0.0%)
	70-74	9 (64.3%)	4 (28.6%)	1 (7.1%)	0 (0.0%)	7 (50.0%)	6 (42.9%)	1 (7.1%)	0 (0.0%)	6 (42.9%)	6 (42.9%)	2 (14.3%)	0 (0.0%)
	75-79	10 (62.5%)	6 (37.5%)	0 (0.0%)	0 (0.0%)	10 (58.8%)	7 (41.2%)	0 (0.0%)	0 (0.0%)	9 (52.9%)	7 (41.2%)	1 (5.9%)	0 (0.0%)
	80-	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
合計	36 (65.5%)	14 (25.5%)	5 (9.1%)	0 (0.0%)	34 (61.8%)	19 (34.5%)	2 (3.6%)	0 (0.0%)	30 (53.6%)	21 (37.5%)	5 (8.9%)	0 (0.0%)	
女性	-39	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	45-49	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	50-54	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)
	55-59	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)
	60-64	9 (56.3%)	6 (37.5%)	1 (6.3%)	0 (0.0%)	9 (56.3%)	7 (43.8%)	0 (0.0%)	0 (0.0%)	9 (56.3%)	6 (37.5%)	1 (6.3%)	0 (0.0%)
	65-69	15 (57.7%)	9 (34.6%)	2 (7.7%)	0 (0.0%)	17 (68.0%)	8 (32.0%)	0 (0.0%)	0 (0.0%)	15 (60.0%)	9 (36.0%)	0 (0.0%)	1 (4.0%)
	70-74	7 (36.8%)	10 (52.6%)	1 (5.3%)	1 (5.3%)	8 (42.1%)	9 (47.4%)	2 (10.5%)	0 (0.0%)	4 (21.1%)	11 (57.9%)	4 (21.1%)	0 (0.0%)
	75-79	4 (44.4%)	3 (33.3%)	2 (22.2%)	0 (0.0%)	5 (55.6%)	3 (33.3%)	1 (11.1%)	0 (0.0%)	3 (37.5%)	4 (50.0%)	1 (12.5%)	0 (0.0%)
	80-	9 (64.3%)	5 (35.7%)	0 (0.0%)	0 (0.0%)	9 (64.3%)	5 (35.7%)	0 (0.0%)	0 (0.0%)	8 (57.1%)	6 (42.9%)	0 (0.0%)	0 (0.0%)
合計	56 (54.9%)	39 (38.2%)	6 (5.9%)	1 (1.0%)	62 (61.4%)	35 (34.7%)	4 (4.0%)	0 (0.0%)	50 (50.0%)	42 (42.0%)	6 (6.0%)	2 (2.0%)	
合計	-39	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	45-49	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	50-54	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)
	55-59	6 (60.0%)	3 (30.0%)	1 (10.0%)	0 (0.0%)	6 (60.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	6 (60.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)
	60-64	10 (55.6%)	6 (33.3%)	2 (11.1%)	0 (0.0%)	10 (55.6%)	8 (44.4%)	0 (0.0%)	0 (0.0%)	10 (55.6%)	6 (33.3%)	2 (11.1%)	0 (0.0%)
	65-69	27 (64.3%)	11 (26.2%)	4 (9.5%)	0 (0.0%)	30 (73.2%)	10 (24.4%)	1 (2.4%)	0 (0.0%)	25 (61.0%)	14 (34.1%)	1 (2.4%)	1 (2.4%)
	70-74	16 (48.5%)	14 (42.4%)	2 (6.1%)	1 (3.0%)	15 (45.5%)	15 (45.5%)	3 (9.1%)	0 (0.0%)	10 (30.3%)	17 (51.5%)	6 (18.2%)	0 (0.0%)
	75-79	14 (56.0%)	9 (36.0%)	2 (8.0%)	0 (0.0%)	15 (57.7%)	10 (38.5%)	1 (3.8%)	0 (0.0%)	12 (48.0%)	11 (44.0%)	2 (8.0%)	0 (0.0%)
	80-	11 (61.1%)	7 (38.9%)	0 (0.0%)	0 (0.0%)	12 (70.6%)	5 (29.4%)	0 (0.0%)	0 (0.0%)	11 (61.1%)	7 (38.9%)	0 (0.0%)	0 (0.0%)
合計	92 (58.6%)	53 (33.8%)	11 (7.0%)	1 (0.6%)	96 (61.5%)	54 (34.6%)	6 (3.8%)	0 (0.0%)	80 (51.3%)	63 (40.4%)	11 (7.1%)	2 (1.3%)	

		4) 総睡眠時間は？				5) 全体的な睡眠の質は？				6) 日中の気分は？			
		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減入った	かなり減入った	非常に減入った
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	65-69	11 (68.8%)	4 (25.0%)	1 (6.3%)	0 (0.0%)	12 (80.0%)	2 (13.3%)	1 (6.7%)	0 (0.0%)	12 (75.0%)	4 (25.0%)	0 (0.0%)	0 (0.0%)
	70-74	8 (61.5%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	9 (64.3%)	5 (35.7%)	0 (0.0%)	0 (0.0%)	10 (71.4%)	4 (28.6%)	0 (0.0%)	0 (0.0%)
	75-79	11 (64.7%)	6 (35.3%)	0 (0.0%)	0 (0.0%)	10 (58.8%)	7 (41.2%)	0 (0.0%)	0 (0.0%)	12 (70.6%)	4 (23.5%)	1 (5.9%)	0 (0.0%)
	80-	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
合計	32 (58.2%)	20 (36.4%)	3 (5.5%)	0 (0.0%)	34 (61.8%)	18 (32.7%)	3 (5.5%)	0 (0.0%)	38 (67.9%)	17 (30.4%)	1 (1.8%)	0 (0.0%)	
女性	-39	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
	55-59	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	3 (37.5%)	5 (62.5%)	0 (0.0%)	0 (0.0%)	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)
	60-64	9 (56.3%)	7 (43.8%)	0 (0.0%)	0 (0.0%)	6 (37.5%)	9 (56.3%)	1 (6.3%)	0 (0.0%)	10 (62.5%)	6 (37.5%)	0 (0.0%)	0 (0.0%)
	65-69	16 (61.5%)	10 (38.5%)	0 (0.0%)	0 (0.0%)	14 (53.8%)	12 (46.2%)	0 (0.0%)	0 (0.0%)	23 (88.5%)	3 (11.5%)	0 (0.0%)	0 (0.0%)
	70-74	7 (36.8%)	10 (52.6%)	2 (10.5%)	0 (0.0%)	5 (26.3%)	12 (63.2%)	2 (10.5%)	0 (0.0%)	12 (63.2%)	5 (26.3%)	1 (5.3%)	1 (5.3%)
	75-79	5 (55.6%)	3 (33.3%)	1 (11.1%)	0 (0.0%)	3 (33.3%)	6 (66.7%)	0 (0.0%)	0 (0.0%)	7 (77.8%)	1 (11.1%)	1 (11.1%)	0 (0.0%)
	80-	8 (57.1%)	6 (42.9%)	0 (0.0%)	0 (0.0%)	8 (57.1%)	6 (42.9%)	0 (0.0%)	0 (0.0%)	10 (71.4%)	3 (21.4%)	1 (7.1%)	0 (0.0%)
合計	54 (52.9%)	44 (43.1%)	4 (3.9%)	0 (0.0%)	43 (42.2%)	55 (53.9%)	4 (3.9%)	0 (0.0%)	74 (72.5%)	24 (23.5%)	3 (2.9%)	1 (1.0%)	
合計	-39	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
	55-59	5 (50.0%)	4 (40.0%)	1 (10.0%)	0 (0.0%)	3 (30.0%)	6 (60.0%)	1 (10.0%)	0 (0.0%)	5 (50.0%)	5 (50.0%)	0 (0.0%)	0 (0.0%)
	60-64	9 (50.0%)	8 (44.4%)	1 (5.6%)	0 (0.0%)	6 (33.3%)	10 (55.6%)	2 (11.1%)	0 (0.0%)	11 (61.1%)	7 (38.9%)	0 (0.0%)	0 (0.0%)
	65-69	27 (64.3%)	14 (33.3%)	1 (2.4%)	0 (0.0%)	26 (63.4%)	14 (34.1%)	1 (2.4%)	0 (0.0%)	35 (83.3%)	7 (16.7%)	0 (0.0%)	0 (0.0%)
	70-74	15 (46.9%)	15 (46.9%)	2 (6.3%)	0 (0.0%)	14 (42.4%)	17 (51.5%)	2 (6.1%)	0 (0.0%)	22 (66.7%)	9 (27.3%)	1 (3.0%)	1 (3.0%)
	75-79	16 (61.5%)	9 (34.6%)	1 (3.8%)	0 (0.0%)	13 (50.0%)	13 (50.0%)	0 (0.0%)	0 (0.0%)	19 (73.1%)	5 (19.2%)	2 (7.7%)	0 (0.0%)
	80-	9 (50.0%)	9 (50.0%)	0 (0.0%)	0 (0.0%)	10 (55.6%)	8 (44.4%)	0 (0.0%)	0 (0.0%)	13 (72.2%)	4 (22.2%)	1 (5.6%)	0 (0.0%)
合計	86 (54.8%)	64 (40.8%)	7 (4.5%)	0 (0.0%)	77 (49.0%)	73 (46.5%)	7 (4.5%)	0 (0.0%)	112 (70.9%)	41 (25.9%)	4 (2.5%)	1 (0.6%)	

7) 日中の活動について(身体的及び精神的)

8) 日中の眠気について

		いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)
	60-64	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)
	65-69	14 (87.5%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	6 (37.5%)	9 (56.3%)	1 (6.3%)	0 (0.0%)
	70-74	9 (64.3%)	4 (28.6%)	1 (7.1%)	0 (0.0%)	3 (21.4%)	10 (71.4%)	1 (7.1%)	0 (0.0%)
	75-79	8 (47.1%)	7 (41.2%)	2 (11.8%)	0 (0.0%)	3 (18.8%)	13 (81.3%)	0 (0.0%)	0 (0.0%)
	80-	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)
	合計	34 (60.7%)	17 (30.4%)	5 (8.9%)	0 (0.0%)	13 (23.6%)	40 (72.7%)	2 (3.6%)	0 (0.0%)
女性	-39	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)
	55-59	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)
	60-64	10 (62.5%)	6 (37.5%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	15 (93.8%)	0 (0.0%)	0 (0.0%)
	65-69	19 (73.1%)	4 (15.4%)	3 (11.5%)	0 (0.0%)	7 (26.9%)	19 (73.1%)	0 (0.0%)	0 (0.0%)
	70-74	10 (52.6%)	7 (36.8%)	1 (5.3%)	1 (5.3%)	3 (15.8%)	15 (78.9%)	1 (5.3%)	0 (0.0%)
	75-79	5 (55.6%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	3 (33.3%)	6 (66.7%)	0 (0.0%)	0 (0.0%)
	80-	9 (64.3%)	3 (21.4%)	1 (7.1%)	1 (7.1%)	2 (14.3%)	10 (71.4%)	2 (14.3%)	0 (0.0%)
	合計	66 (64.7%)	29 (28.4%)	5 (4.9%)	2 (2.0%)	19 (18.6%)	78 (76.5%)	5 (4.9%)	0 (0.0%)
合計	-39	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)
	55-59	6 (60.0%)	3 (30.0%)	1 (10.0%)	0 (0.0%)	1 (10.0%)	9 (90.0%)	0 (0.0%)	0 (0.0%)
	60-64	11 (61.1%)	6 (33.3%)	1 (5.6%)	0 (0.0%)	1 (5.6%)	17 (94.4%)	0 (0.0%)	0 (0.0%)
	65-69	33 (78.6%)	6 (14.3%)	3 (7.1%)	0 (0.0%)	13 (31.0%)	28 (66.7%)	1 (2.4%)	0 (0.0%)
	70-74	19 (57.6%)	11 (33.3%)	2 (6.1%)	1 (3.0%)	6 (18.2%)	25 (75.8%)	2 (6.1%)	0 (0.0%)
	75-79	13 (50.0%)	11 (42.3%)	2 (7.7%)	0 (0.0%)	6 (24.0%)	19 (76.0%)	0 (0.0%)	0 (0.0%)
	80-	11 (61.1%)	5 (27.8%)	1 (5.6%)	1 (5.6%)	3 (16.7%)	13 (72.2%)	2 (11.1%)	0 (0.0%)
	合計	100 (63.3%)	46 (29.1%)	10 (6.3%)	2 (1.3%)	32 (20.4%)	118 (75.2%)	7 (4.5%)	0 (0.0%)

[7] 人とのつながりについておたずねします。

- 1) 月に1回以上、会ったり話したりする家族や親戚は
何人いますか。
- 4) 月に1回以上、会ったり連絡をとりあう友人は
何人いますか。
- 2) 個人的なことで、気兼ねなく話せる家族や親戚は
何人いますか。
- 5) 個人的なことで、気兼ねなく話せる友人は
何人いますか。

	1) 月に1回以上、会ったり話したりする家族や親戚は 何人いますか。						4) 月に1回以上、会ったり連絡をとりあう友人は 何人いますか。						2) 個人的なことで、気兼ねなく話せる家族や親戚は 何人いますか。						5) 個人的なことで、気兼ねなく話せる友人は 何人いますか。					
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上
男性																								
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
55-59	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
60-64	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
65-69	1 (6.3%)	3 (18.8%)	3 (18.8%)	4 (25.0%)	4 (25.0%)	1 (6.3%)	0 (0.0%)	4 (25.0%)	5 (31.3%)	5 (31.3%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	4 (25.0%)	6 (37.5%)	3 (18.8%)	3 (18.8%)	0 (0.0%)	2 (12.5%)	3 (18.8%)	2 (12.5%)	5 (31.3%)	4 (25.0%)	0 (0.0%)
70-74	0 (0.0%)	1 (7.1%)	3 (21.4%)	2 (14.3%)	7 (50.0%)	1 (7.1%)	0 (0.0%)	1 (7.1%)	4 (28.6%)	5 (35.7%)	4 (28.6%)	0 (0.0%)	0 (0.0%)	1 (7.1%)	5 (35.7%)	4 (28.6%)	4 (28.6%)	0 (0.0%)	1 (7.1%)	2 (14.3%)	1 (7.1%)	6 (42.9%)	2 (14.3%)	2 (14.3%)
75-79	0 (0.0%)	5 (29.4%)	6 (35.3%)	2 (11.8%)	2 (11.8%)	2 (11.8%)	1 (5.9%)	6 (35.3%)	2 (11.8%)	3 (17.6%)	2 (11.8%)	3 (17.6%)	0 (0.0%)	5 (29.4%)	4 (23.5%)	5 (29.4%)	1 (5.9%)	2 (11.8%)	2 (11.8%)	3 (17.6%)	4 (23.5%)	3 (17.6%)	2 (11.8%)	3 (17.6%)
80-	0 (0.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)
合計	1 (1.8%)	11 (19.6%)	13 (23.2%)	10 (17.9%)	16 (28.6%)	5 (8.9%)	2 (3.2%)	12 (21.4%)	14 (25.0%)	15 (26.8%)	9 (16.1%)	4 (7.1%)	0 (0.0%)	12 (21.4%)	18 (32.1%)	14 (25.0%)	9 (16.1%)	3 (5.4%)	6 (10.7%)	9 (16.1%)	10 (17.9%)	15 (26.8%)	11 (19.6%)	5 (8.9%)
女性																								
-39	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)
50-54	0 (0.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	2 (50.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	2 (50.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)
55-59	0 (0.0%)	1 (12.5%)	2 (37.5%)	3 (37.5%)	5 (12.5%)	2 (0.0%)	0 (0.0%)	4 (50.0%)	4 (50.0%)	5 (62.5%)	2 (25.0%)	1 (12.5%)	0 (0.0%)	2 (25.0%)	3 (37.5%)	7 (87.5%)	3 (37.5%)	1 (12.5%)	1 (12.5%)	4 (50.0%)	3 (37.5%)	5 (62.5%)	1 (12.5%)	1 (12.5%)
60-64	0 (0.0%)	1 (12.5%)	5 (37.5%)	7 (50.0%)	10 (75.0%)	3 (22.5%)	2 (15.0%)	3 (22.5%)	6 (45.0%)	4 (30.0%)	11 (82.5%)	1 (7.5%)	1 (7.5%)	2 (15.0%)	7 (52.5%)	6 (45.0%)	10 (75.0%)	0 (0.0%)	1 (7.5%)	1 (7.5%)	10 (75.0%)	8 (60.0%)	4 (30.0%)	2 (15.0%)
65-69	0 (0.0%)	2 (3.8%)	2 (3.8%)	3 (5.5%)	7 (11.5%)	1 (1.5%)	3 (7.7%)	2 (3.8%)	4 (11.5%)	6 (15.4%)	2 (5.5%)	2 (5.5%)	2 (5.5%)	3 (7.7%)	4 (11.5%)	5 (13.2%)	3 (8.1%)	2 (5.5%)	1 (3.8%)	1 (3.8%)	6 (16.5%)	6 (16.5%)	4 (11.5%)	1 (3.8%)
70-74	2 (10.5%)	2 (10.5%)	3 (15.8%)	7 (36.8%)	4 (21.1%)	1 (5.3%)	3 (15.8%)	2 (10.5%)	4 (21.1%)	6 (31.6%)	2 (10.5%)	2 (10.5%)	2 (10.5%)	3 (15.8%)	4 (21.1%)	5 (26.3%)	3 (15.8%)	2 (10.5%)	1 (5.3%)	1 (5.3%)	6 (31.6%)	6 (31.6%)	4 (21.1%)	1 (5.3%)
75-79	1 (11.1%)	1 (11.1%)	2 (22.2%)	1 (11.1%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	2 (22.2%)	2 (22.2%)	5 (55.6%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	2 (22.2%)	2 (22.2%)	2 (22.2%)	0 (0.0%)	2 (22.2%)	2 (22.2%)	0 (0.0%)	4 (44.4%)	0 (0.0%)	3 (33.3%)	0 (0.0%)
80-	1 (7.1%)	2 (14.3%)	0 (0.0%)	3 (21.4%)	4 (28.6%)	4 (28.6%)	0 (0.0%)	1 (7.7%)	4 (30.8%)	5 (38.5%)	2 (15.4%)	1 (7.7%)	0 (0.0%)	1 (7.1%)	3 (21.4%)	4 (28.6%)	5 (35.7%)	1 (7.1%)	2 (15.4%)	2 (15.4%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	4 (30.8%)
合計	5 (4.9%)	10 (9.8%)	18 (17.6%)	26 (25.5%)	31 (30.4%)	12 (11.8%)	5 (5.0%)	17 (16.8%)	24 (23.8%)	31 (30.7%)	20 (19.8%)	4 (4.0%)	4 (3.9%)	15 (14.7%)	22 (21.6%)	30 (29.4%)	24 (23.5%)	7 (6.9%)	10 (10.0%)	12 (12.0%)	31 (31.0%)	22 (22.0%)	16 (16.0%)	9 (9.0%)
合計																								
-39	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)
50-54	0 (0.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)
55-59	0 (0.0%)	1 (10.0%)	3 (30.0%)	4 (40.0%)	2 (20.0%)	0 (0.0%)	0 (0.0%)	3 (30.0%)	3 (30.0%)	3 (30.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	3 (30.0%)	4 (40.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)	2 (20.0%)	2 (20.0%)	3 (30.0%)	0 (0.0%)	3 (30.0%)	0 (0.0%)
60-64	1 (5.8%)	3 (16.7%)	3 (16.7%)	3 (16.7%)	5 (27.8%)	3 (16.7%)	1 (5.8%)	4 (22.2%)	4 (22.2%)	5 (27.8%)	2 (11.1%)	2 (11.1%)	0 (0.0%)	3 (16.7%)	3 (16.7%)	7 (38.9%)	3 (16.7%)	2 (11.1%)	1 (5.8%)	5 (29.4%)	4 (23.5%)	5 (29.4%)	1 (5.8%)	1 (5.8%)
65-69	1 (2.4%)	4 (9.5%)	8 (19.0%)	11 (26.2%)	14 (33.3%)	4 (9.5%)	2 (4.8%)	7 (16.7%)	11 (26.2%)	9 (21.4%)	13 (31.0%)	0 (0.0%)	1 (2.4%)	6 (14.3%)	13 (31.0%)	9 (21.4%)	13 (31.0%)	0 (0.0%)	3 (7.1%)	4 (9.5%)	12 (28.6%)	13 (31.0%)	8 (19.0%)	2 (4.8%)
70-74	2 (6.1%)	3 (9.1%)	6 (18.2%)	9 (27.3%)	11 (33.3%)	2 (6.1%)	3 (9.1%)	3 (9.1%)	8 (24.2%)	11 (33.3%)	6 (18.2%)	2 (6.1%)	2 (6.1%)	4 (12.1%)	9 (27.3%)	9 (27.3%)	7 (21.2%)	2 (6.1%)	2 (6.1%)	3 (9.1%)	7 (21.2%)	12 (36.4%)	6 (18.2%)	3 (9.1%)
75-79	1 (3.8%)	6 (23.1%)	8 (30.8%)	3 (11.5%)	6 (23.1%)	2 (7.7%)	1 (3.8%)	8 (30.8%)	4 (15.4%)	8 (30.8%)	2 (7.7%)	3 (11.5%)	1 (3.8%)	7 (26.9%)	6 (23.1%)	7 (26.9%)	1 (3.8%)	4 (15.4%)	4 (15.4%)	3 (11.5%)	8 (30.8%)	3 (11.5%)	5 (19.2%)	3 (11.5%)
80-	1 (5.8%)	3 (16.7%)	1 (5.8%)	4 (22.2%)	5 (27.8%)	4 (22.2%)	0 (0.0%)	2 (11.8%)	5 (29.4%)	6 (35.3%)	3 (17.8%)	1 (5.9%)	0 (0.0%)	2 (11.1%)	3 (16.7%)	6 (33.3%)	6 (33.3%)	1 (5.6%)	2 (11.8%)	2 (11.8%)	6 (35.3%)	1 (5.9%)	2 (11.8%)	4 (23.5%)
合計	6 (3.8%)	21 (13.3%)	31 (19.6%)	47 (22.8%)	67 (29.7%)	17 (10.8%)	7 (4.5%)	29 (18.5%)	46 (24.2%)	61 (29.3%)	29 (18.5%)	9 (5.1%)	4 (2.5%)	27 (17.1%)	40 (25.3%)	44 (27.8%)	33 (20.9%)	10 (6.3%)	21 (10.3%)	21 (13.5%)	44 (26.3%)	37 (23.7%)	27 (17.3%)	14 (9.0%)

3) 手助けを頼める家族や親戚は何人いますか。

6) 手助けを頼める友人は何人いますか。

7) まわりの人々はお互いに助け合っている。

	3) 手助けを頼める家族や親戚は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。					
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない	
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	
	55-59	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	
	60-64	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	
	65-69	3 (18.8%)	5 (31.3%)	2 (12.5%)	5 (31.3%)	1 (6.3%)	0 (0.0%)	2 (12.5%)	7 (43.8%)	3 (18.8%)	4 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	11 (68.8%)	5 (31.3%)	0 (0.0%)	
	70-74	1 (7.1%)	3 (21.4%)	3 (21.4%)	5 (35.7%)	2 (14.3%)	0 (0.0%)	1 (7.1%)	4 (28.6%)	2 (14.3%)	4 (28.6%)	3 (21.4%)	0 (0.0%)	4 (28.6%)	8 (57.1%)	1 (7.1%)	0 (0.0%)	
	75-79	3 (18.8%)	5 (31.3%)	2 (12.5%)	4 (25.0%)	2 (12.5%)	0 (0.0%)	6 (37.5%)	2 (12.5%)	2 (12.5%)	3 (18.8%)	3 (18.8%)	0 (0.0%)	2 (11.8%)	10 (58.8%)	5 (29.4%)	0 (0.0%)	
	80-	0 (0.0%)	0 (0.0%)	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	
	合計	8 (14.5%)	14 (25.5%)	10 (18.2%)	17 (30.9%)	6 (10.9%)	0 (0.0%)	11 (20.0%)	15 (27.3%)	11 (20.0%)	12 (21.8%)	6 (10.9%)	0 (0.0%)	6 (10.7%)	34 (60.7%)	15 (26.8%)	0 (0.0%)	
	女性	-39	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
40-44		0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	
45-49		0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	
50-54		1 (25.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	2 (50.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	7 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	
55-59		0 (0.0%)	3 (37.5%)	2 (25.0%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	2 (25.0%)	2 (25.0%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	7 (87.5%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	
60-64		1 (6.3%)	6 (37.5%)	4 (25.0%)	4 (25.0%)	0 (0.0%)	1 (6.3%)	2 (12.5%)	5 (31.3%)	5 (31.3%)	3 (18.8%)	0 (0.0%)	1 (6.3%)	10 (62.5%)	6 (37.5%)	0 (0.0%)	0 (0.0%)	
65-69		5 (15.4%)	1 (15.4%)	7 (26.9%)	7 (34.6%)	1 (3.8%)	0 (0.0%)	5 (15.4%)	2 (23.1%)	7 (34.6%)	4 (19.2%)	1 (3.8%)	1 (3.8%)	14 (34.6%)	3 (53.8%)	1 (11.5%)	0 (0.0%)	
70-74		4 (26.3%)	4 (5.3%)	7 (36.8%)	5 (26.3%)	1 (5.3%)	0 (0.0%)	3 (26.3%)	2 (10.5%)	1 (36.8%)	2 (21.1%)	1 (5.3%)	0 (0.0%)	3 (15.8%)	10 (52.6%)	3 (15.8%)	2 (10.5%)	
75-79		2 (22.2%)	2 (22.2%)	4 (44.4%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	3 (33.3%)	2 (22.2%)	1 (11.1%)	2 (22.2%)	1 (11.1%)	0 (0.0%)	2 (22.2%)	3 (33.3%)	3 (33.3%)	1 (11.1%)	
80-		1 (7.1%)	7 (50.0%)	2 (14.3%)	1 (7.1%)	2 (14.3%)	1 (7.1%)	1 (7.7%)	7 (53.8%)	3 (23.1%)	0 (0.0%)	1 (7.7%)	1 (7.7%)	2 (14.3%)	7 (50.0%)	4 (28.6%)	0 (0.0%)	
合計		14 (13.7%)	26 (25.5%)	27 (26.5%)	27 (26.5%)	5 (4.9%)	3 (2.9%)	18 (17.8%)	26 (25.7%)	28 (27.7%)	22 (21.8%)	4 (4.0%)	3 (3.0%)	18 (17.6%)	55 (53.9%)	23 (22.5%)	4 (3.9%)	
合計		-39	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	
	45-49	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	
	50-54	2 (40.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	
	55-59	0 (0.0%)	3 (30.0%)	3 (30.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	2 (20.0%)	3 (30.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	9 (90.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	
	60-64	1 (5.6%)	7 (38.9%)	4 (22.2%)	5 (27.8%)	0 (0.0%)	1 (5.6%)	2 (11.1%)	6 (33.3%)	6 (33.3%)	3 (16.7%)	0 (0.0%)	1 (5.6%)	11 (61.1%)	7 (38.9%)	0 (0.0%)	0 (0.0%)	
	65-69	7 (16.7%)	9 (21.4%)	9 (21.4%)	14 (33.3%)	2 (4.8%)	1 (2.4%)	6 (14.3%)	13 (31.0%)	12 (28.6%)	9 (21.4%)	1 (2.4%)	1 (2.4%)	9 (21.4%)	25 (59.5%)	8 (19.0%)	0 (0.0%)	
	70-74	6 (18.2%)	4 (12.1%)	10 (30.3%)	10 (30.3%)	3 (9.1%)	0 (0.0%)	6 (18.2%)	6 (18.2%)	9 (27.3%)	8 (24.2%)	4 (12.1%)	0 (0.0%)	7 (21.2%)	18 (54.5%)	4 (12.1%)	2 (6.1%)	
	75-79	5 (20.0%)	7 (28.0%)	6 (24.0%)	4 (16.0%)	3 (12.0%)	0 (0.0%)	9 (36.0%)	4 (16.0%)	3 (12.0%)	5 (20.0%)	4 (16.0%)	0 (0.0%)	4 (15.4%)	13 (50.0%)	8 (30.8%)	1 (3.8%)	
	80-	1 (5.6%)	7 (38.9%)	4 (22.2%)	2 (11.1%)	3 (16.7%)	1 (5.6%)	2 (11.8%)	8 (47.1%)	5 (29.4%)	0 (0.0%)	1 (5.9%)	1 (5.9%)	2 (11.1%)	9 (50.0%)	6 (33.3%)	0 (0.0%)	
	合計	22 (14.0%)	40 (25.5%)	37 (23.6%)	44 (28.0%)	11 (7.0%)	3 (1.9%)	29 (18.6%)	41 (26.3%)	39 (25.0%)	34 (21.8%)	10 (6.4%)	3 (1.9%)	24 (15.2%)	89 (56.3%)	38 (24.1%)	4 (2.5%)	

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。

		8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいさつをしている。					10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。				
		強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	65-69	1 (6.3%)	7 (43.8%)	7 (43.8%)	1 (6.3%)	0 (0.0%)	4 (25.0%)	11 (68.8%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (56.3%)	7 (43.8%)	0 (0.0%)	0 (0.0%)
	70-74	3 (21.4%)	10 (71.4%)	0 (0.0%)	0 (0.0%)	1 (7.1%)	6 (42.9%)	8 (57.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (28.6%)	9 (64.3%)	0 (0.0%)	1 (7.1%)	0 (0.0%)
	75-79	2 (11.8%)	10 (58.8%)	3 (17.8%)	2 (11.8%)	0 (0.0%)	8 (35.3%)	8 (47.1%)	2 (11.8%)	0 (5.9%)	0 (17.6%)	3 (47.1%)	5 (29.4%)	1 (5.9%)	0 (0.0%)	0 (0.0%)
	80-	7 (25.0%)	32 (50.0%)	13 (25.0%)	3 (0.0%)	1 (0.0%)	17 (50.0%)	32 (50.0%)	4 (50.0%)	2 (0.0%)	1 (0.0%)	8 (0.0%)	31 (75.0%)	15 (25.0%)	2 (0.0%)	0 (0.0%)
合計	12 (12.5%)	53 (57.1%)	30 (23.2%)	4 (5.4%)	3 (1.8%)	40 (30.4%)	48 (57.1%)	7 (7.1%)	5 (3.8%)	2 (1.8%)	17 (14.3%)	55 (55.4%)	20 (26.8%)	5 (3.8%)	5 (0.0%)	
女性	-39	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)
	50-54	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	7 (43.8%)	9 (56.3%)	0 (0.0%)	0 (0.0%)	3 (18.8%)	9 (56.3%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	8 (50.0%)	7 (43.8%)	0 (0.0%)	1 (6.3%)	0 (0.0%)
	65-69	6 (23.1%)	13 (50.0%)	7 (26.9%)	0 (0.0%)	0 (0.0%)	15 (57.7%)	10 (38.5%)	1 (3.8%)	0 (0.0%)	0 (0.0%)	7 (26.9%)	16 (61.5%)	3 (11.5%)	0 (0.0%)	0 (0.0%)
	70-74	3 (15.8%)	9 (47.4%)	4 (21.1%)	1 (5.3%)	2 (10.5%)	8 (42.1%)	9 (47.4%)	1 (5.3%)	0 (0.0%)	0 (0.0%)	4 (21.1%)	10 (52.6%)	1 (5.3%)	1 (5.3%)	3 (15.8%)
	75-79	1 (11.1%)	4 (44.4%)	3 (33.3%)	1 (11.1%)	0 (0.0%)	5 (22.2%)	2 (47.2%)	1 (11.1%)	0 (0.0%)	1 (11.1%)	2 (22.2%)	4 (44.4%)	2 (22.2%)	1 (11.1%)	0 (0.0%)
	80-	2 (14.3%)	8 (57.1%)	2 (14.3%)	1 (7.1%)	1 (7.1%)	4 (28.6%)	6 (42.9%)	1 (7.1%)	2 (14.3%)	1 (7.1%)	2 (14.3%)	7 (50.0%)	2 (14.3%)	2 (14.3%)	1 (7.1%)
合計	12 (11.8%)	53 (52.0%)	30 (29.4%)	4 (3.9%)	3 (2.9%)	40 (39.2%)	48 (47.1%)	7 (6.9%)	5 (4.9%)	2 (2.0%)	17 (16.7%)	55 (53.9%)	20 (19.6%)	5 (4.9%)	5 (4.9%)	
合計	-39	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)
	50-54	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	2 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	7 (70.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	9 (90.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (60.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	8 (44.4%)	10 (55.6%)	0 (0.0%)	0 (0.0%)	3 (16.7%)	11 (61.1%)	3 (16.7%)	1 (5.6%)	0 (0.0%)	9 (50.0%)	9 (44.4%)	0 (0.0%)	1 (5.6%)	0 (0.0%)
	65-69	7 (16.7%)	14 (47.6%)	14 (33.3%)	1 (2.4%)	0 (0.0%)	19 (45.2%)	21 (50.0%)	2 (4.8%)	0 (0.0%)	0 (0.0%)	7 (16.7%)	25 (59.5%)	10 (23.8%)	0 (0.0%)	0 (0.0%)
	70-74	6 (18.2%)	19 (57.6%)	4 (12.1%)	1 (3.0%)	3 (9.1%)	14 (42.4%)	17 (51.5%)	1 (3.0%)	1 (3.0%)	0 (0.0%)	8 (24.2%)	19 (57.6%)	1 (3.0%)	2 (6.1%)	3 (9.1%)
	75-79	3 (11.5%)	14 (53.8%)	6 (23.1%)	3 (11.5%)	0 (0.0%)	11 (42.3%)	10 (38.5%)	1 (3.8%)	2 (7.7%)	2 (7.7%)	5 (19.2%)	12 (46.2%)	7 (26.9%)	2 (7.7%)	0 (0.0%)
	80-	3 (16.7%)	10 (55.6%)	3 (16.7%)	1 (5.6%)	1 (5.6%)	4 (22.2%)	8 (44.4%)	3 (16.7%)	2 (11.1%)	1 (5.6%)	2 (11.1%)	10 (55.6%)	3 (16.7%)	2 (11.1%)	1 (5.6%)
合計	19 (12.0%)	85 (53.8%)	43 (27.2%)	7 (4.4%)	4 (2.5%)	57 (36.1%)	80 (50.6%)	11 (7.0%)	7 (4.4%)	3 (1.9%)	25 (15.8%)	86 (54.4%)	35 (22.2%)	7 (4.4%)	5 (3.2%)	

【8】現在の活動状況についておたずねします。

(1) そうじをしたり、重いものを持ち上げたりするなど、
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす
時間は1日平均してどれくらいですか。

	(1) 体を使うような仕事をしていますか					(2) 仕事を含め、平均してどれくらい外出していますか					(3) 歩く時間は、1日平均してどれくらいですか			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか		
	ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下
男性																
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
55-59	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)
60-64	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)
65-69	7 (43.8%)	4 (25.0%)	5 (31.3%)	0 (0.0%)	0 (0.0%)	15 (93.8%)	0 (0.0%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	11 (68.8%)	2 (12.5%)	3 (18.8%)	1 (6.3%)	2 (12.5%)	13 (81.3%)
70-74	6 (42.9%)	2 (14.3%)	4 (28.6%)	1 (7.1%)	1 (7.1%)	12 (85.7%)	1 (7.1%)	0 (0.0%)	1 (7.1%)	0 (0.0%)	10 (71.4%)	3 (21.4%)	1 (7.1%)	0 (0.0%)	3 (21.4%)	11 (78.6%)
75-79	11 (64.7%)	1 (5.9%)	1 (5.9%)	0 (0.0%)	4 (23.5%)	15 (88.2%)	2 (11.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	12 (70.6%)	4 (23.5%)	1 (5.9%)	1 (5.9%)	3 (17.6%)	13 (76.5%)
80-	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)
合計	30 (53.6%)	7 (12.5%)	12 (21.4%)	2 (3.6%)	5 (8.9%)	48 (85.7%)	5 (8.9%)	2 (3.6%)	1 (1.8%)	0 (0.0%)	38 (67.9%)	10 (17.9%)	8 (14.3%)	2 (3.6%)	12 (21.4%)	42 (75.0%)
女性																
-39	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)
40-44	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
45-49	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)
50-54	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)
55-59	8 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (87.5%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	7 (87.5%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)
60-64	15 (93.8%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	13 (81.3%)	2 (12.5%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	14 (87.5%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	5 (31.3%)	11 (68.8%)
65-69	23 (88.5%)	2 (7.7%)	0 (0.0%)	0 (0.0%)	1 (3.8%)	24 (92.3%)	2 (7.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	16 (61.5%)	6 (23.1%)	4 (15.4%)	0 (0.0%)	4 (15.4%)	22 (84.6%)
70-74	17 (89.5%)	1 (5.3%)	0 (0.0%)	0 (0.0%)	1 (5.3%)	15 (78.9%)	3 (15.8%)	1 (5.3%)	0 (0.0%)	0 (0.0%)	12 (63.2%)	4 (21.1%)	3 (15.8%)	0 (0.0%)	0 (0.0%)	19 (100.0%)
75-79	8 (88.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	5 (55.6%)	3 (33.3%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	5 (55.6%)	2 (22.2%)	2 (22.2%)	0 (0.0%)	2 (22.2%)	7 (77.8%)
80-	10 (71.4%)	2 (14.3%)	0 (0.0%)	0 (0.0%)	2 (14.3%)	9 (64.3%)	3 (21.4%)	2 (14.3%)	0 (0.0%)	0 (0.0%)	6 (42.9%)	5 (35.7%)	3 (21.4%)	1 (7.1%)	3 (21.4%)	10 (71.4%)
合計	90 (88.2%)	7 (6.9%)	0 (0.0%)	0 (0.0%)	5 (4.9%)	83 (81.4%)	13 (12.7%)	5 (4.9%)	0 (0.0%)	1 (1.0%)	68 (66.7%)	21 (20.6%)	13 (12.7%)	2 (2.0%)	18 (17.6%)	82 (80.4%)
合計																
-39	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)
40-44	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
45-49	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)
50-54	3 (60.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	3 (60.0%)
55-59	9 (90.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	9 (90.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	9 (90.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	9 (90.0%)
60-64	17 (94.4%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	15 (83.3%)	2 (11.1%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	16 (88.9%)	2 (11.1%)	0 (0.0%)	0 (0.0%)	5 (27.8%)	13 (72.2%)
65-69	30 (71.4%)	6 (14.3%)	5 (11.9%)	0 (0.0%)	1 (2.4%)	39 (92.9%)	2 (4.8%)	1 (2.4%)	0 (0.0%)	0 (0.0%)	27 (64.3%)	8 (19.0%)	7 (16.7%)	1 (2.4%)	6 (14.3%)	35 (83.3%)
70-74	23 (69.7%)	3 (9.1%)	4 (12.1%)	1 (3.0%)	2 (6.1%)	27 (81.8%)	4 (12.1%)	1 (3.0%)	1 (3.0%)	0 (0.0%)	22 (66.7%)	7 (21.2%)	4 (12.1%)	0 (0.0%)	3 (9.1%)	30 (90.9%)
75-79	19 (73.1%)	1 (3.8%)	1 (3.8%)	0 (0.0%)	5 (19.2%)	20 (76.9%)	5 (19.2%)	0 (0.0%)	0 (0.0%)	1 (3.8%)	17 (65.4%)	6 (23.1%)	3 (11.5%)	1 (3.8%)	5 (19.2%)	20 (76.9%)
80-	13 (72.2%)	2 (11.1%)	0 (0.0%)	1 (5.6%)	2 (11.1%)	10 (56.6%)	5 (27.8%)	3 (16.7%)	0 (0.0%)	0 (0.0%)	7 (38.9%)	5 (27.8%)	6 (33.3%)	1 (5.6%)	7 (38.9%)	10 (55.6%)
合計	120 (75.9%)	14 (8.9%)	12 (7.6%)	2 (1.3%)	10 (6.3%)	131 (82.9%)	18 (11.4%)	7 (4.4%)	1 (0.6%)	1 (0.6%)	106 (67.1%)	31 (19.6%)	21 (13.3%)	4 (2.5%)	30 (19.0%)	124 (78.5%)

【9】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)
	55-59	2 (100.0%)	0 (0.0%)
	60-64	1 (50.0%)	1 (50.0%)
	65-69	8 (50.0%)	8 (50.0%)
	70-74	4 (28.6%)	10 (71.4%)
	75-79	9 (52.9%)	8 (47.1%)
	80-	3 (75.0%)	1 (25.0%)
	合計	28 (50.0%)	28 (50.0%)
女性	-39	2 (100.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)
	45-49	0 (0.0%)	3 (100.0%)
	50-54	4 (100.0%)	0 (0.0%)
	55-59	3 (37.5%)	5 (62.5%)
	60-64	7 (43.8%)	9 (56.3%)
	65-69	14 (53.8%)	12 (46.2%)
	70-74	12 (63.2%)	7 (36.8%)
	75-79	7 (77.8%)	2 (22.2%)
	80-	9 (64.3%)	5 (35.7%)
	合計	58 (56.9%)	44 (43.1%)
合計	-39	2 (100.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (100.0%)
	45-49	0 (0.0%)	3 (100.0%)
	50-54	5 (100.0%)	0 (0.0%)
	55-59	5 (50.0%)	5 (50.0%)
	60-64	8 (44.4%)	10 (55.6%)
	65-69	22 (52.4%)	20 (47.6%)
	70-74	16 (48.5%)	17 (51.5%)
	75-79	16 (61.5%)	10 (38.5%)
	80-	12 (66.7%)	6 (33.3%)
	合計	86 (54.4%)	72 (45.6%)

【10】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの1つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そろそろ、落ち着かなく感じましたか。

		1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そろそろ、落ち着かなく感じましたか。				
		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	65-69	11 (68.8%)	3 (18.8%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	14 (87.5%)	1 (6.3%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	14 (87.5%)	1 (6.3%)	1 (6.3%)	0 (0.0%)	0 (0.0%)
	70-74	7 (53.8%)	4 (30.8%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	11 (78.6%)	3 (21.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (71.4%)	4 (28.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	75-79	8 (50.0%)	5 (31.3%)	2 (12.5%)	0 (0.0%)	1 (6.3%)	10 (58.8%)	4 (23.5%)	1 (5.9%)	1 (5.9%)	1 (5.9%)	9 (52.9%)	4 (23.5%)	3 (17.6%)	1 (5.9%)	0 (0.0%)
	80-	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
合計	31 (57.4%)	14 (25.9%)	8 (14.8%)	0 (0.0%)	1 (1.9%)	44 (78.6%)	8 (14.3%)	2 (3.6%)	1 (1.8%)	1 (1.8%)	38 (67.9%)	10 (17.9%)	7 (12.5%)	1 (1.8%)	0 (0.0%)	
女性	-39	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	
	45-49	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	50-54	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	55-59	3 (37.5%)	4 (50.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	7 (87.5%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	2 (25.0%)	6 (75.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	60-64	8 (50.0%)	6 (37.5%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	14 (87.5%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	10 (62.5%)	5 (31.3%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	
	65-69	14 (53.8%)	8 (30.8%)	2 (7.7%)	1 (3.8%)	1 (3.8%)	20 (76.9%)	6 (23.1%)	0 (0.0%)	0 (0.0%)	20 (80.0%)	4 (16.0%)	1 (4.0%)	0 (0.0%)	0 (0.0%)	
	70-74	5 (26.3%)	7 (36.8%)	2 (10.5%)	2 (10.5%)	3 (15.8%)	7 (36.8%)	8 (42.1%)	3 (15.8%)	0 (0.0%)	1 (5.3%)	10 (52.6%)	3 (15.8%)	6 (31.6%)	0 (0.0%)	
	75-79	2 (22.2%)	5 (55.6%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	6 (66.7%)	0 (0.0%)	2 (22.2%)	1 (11.1%)	1 (0.0%)	6 (66.7%)	1 (11.1%)	1 (11.1%)	1 (11.1%)	
	80-	8 (61.5%)	3 (23.1%)	1 (7.7%)	1 (7.7%)	0 (0.0%)	9 (75.0%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	9 (69.2%)	3 (23.1%)	1 (7.7%)	0 (0.0%)	
合計	47 (46.5%)	35 (34.7%)	10 (9.9%)	5 (5.0%)	4 (4.0%)	70 (70.0%)	21 (21.0%)	6 (6.0%)	1 (1.0%)	2 (2.0%)	64 (64.0%)	24 (24.0%)	11 (11.0%)	1 (1.0%)	0 (0.0%)	
合計	-39	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	40-44	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	
	45-49	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	50-54	4 (80.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	
	55-59	4 (40.0%)	5 (50.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	9 (90.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	4 (40.0%)	6 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	60-64	8 (44.4%)	7 (38.9%)	3 (16.7%)	0 (0.0%)	0 (0.0%)	16 (88.9%)	2 (11.1%)	0 (0.0%)	0 (0.0%)	10 (55.6%)	6 (33.3%)	2 (11.1%)	0 (0.0%)	0 (0.0%)	
	65-69	25 (59.5%)	11 (26.2%)	4 (9.5%)	1 (2.4%)	1 (2.4%)	34 (81.0%)	7 (16.7%)	1 (2.4%)	0 (0.0%)	34 (82.9%)	5 (12.2%)	2 (4.9%)	0 (0.0%)	0 (0.0%)	
	70-74	12 (37.5%)	11 (34.4%)	4 (12.5%)	2 (6.3%)	3 (9.4%)	18 (54.5%)	11 (33.3%)	3 (9.1%)	0 (0.0%)	20 (60.6%)	7 (21.2%)	6 (18.2%)	0 (0.0%)	0 (0.0%)	
	75-79	10 (40.0%)	10 (40.0%)	3 (12.0%)	1 (4.0%)	1 (4.0%)	16 (61.5%)	4 (15.4%)	3 (11.5%)	2 (7.7%)	1 (3.8%)	15 (57.7%)	5 (19.2%)	4 (15.4%)	2 (7.7%)	
	80-	11 (64.7%)	3 (17.6%)	2 (11.8%)	1 (5.9%)	0 (0.0%)	13 (81.3%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	12 (70.6%)	3 (17.6%)	2 (11.8%)	0 (0.0%)	
合計	78 (50.3%)	49 (31.6%)	18 (11.6%)	5 (3.2%)	5 (3.2%)	114 (73.1%)	29 (18.6%)	8 (5.1%)	2 (1.3%)	3 (1.9%)	102 (65.4%)	34 (21.8%)	18 (11.5%)	2 (1.3%)	0 (0.0%)	