【10】こころの元気さについておたずねします。

過去 1 か月の間にどれくらいの頻度で次のことがありましたか。次のそれぞれの質問について、当てはま るもの1つに0を付けてください。

	全くない	少しだけ	ときどき	たいてい	いつも
1)神経過敏に感じましたか。	0	1	2	3	4
2) 絶望的だと感じましたか。	Ο	1	2	3	4
3) そわそわ、落ち着かなく感じましたか。	0	1	2	3	4
4) 気分が沈み込んで、何が起こっても気が 晴れないように感じましたか。	O	1	2	3	4
5) 何をするのも骨折りだと感じましたか。	Ο	1	2	3	4
6) 自分は価値のない人間だと感じましたか。	0	1	2	3	4

【11】東日本大震災の記憶についておたずねします。

震災時、紫波町にお住まいであった人でも、震災でつらい経験をされた人がいらっしゃるかと思います。 以下の反応は、災害の後、誰にでも見られることです。ここ1週間の間に2回以上、以下のようなことがあ りましたか。当てはまるもの1つに〇を付けてください。

(1) 思い出したくないのに、そのことを思い出したり、夢に見る。

1. はい 2. いいえ

(2) 思い出すとひどく気持ちが動揺する。

1. はい 2. いいえ

(3) 思い出すと、体の反応が起きる(心臓が苦しくなる、息が苦しくなる、 1. はい 2. いいえ 汗をかく、めまいがする、など)。

【12】東日本大震災前後の住居についておたずねします。

(1) 震災時、どちらにお住まいでしたか。

1. 紫波町内 都•道 市•区 町•村 府•県 2. 紫波町以外の市町村 → 具体的に教えて下さい:

(2) 震災後、何回住居が変わりましたか。避難所に行った経験のある人は、それも含めてくださ い。当てはまるもの1つに0を付けてください。

1.00

2. 1 0 3. 2 0

4.3回

5. 4回以上

【13】現在の暮らし向きについておたずねします。

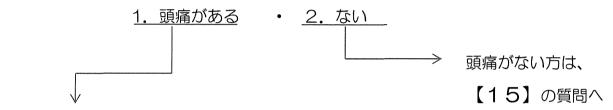
現在の暮らしの状況を経済的にみてどう感じていますか。当てはまるもの1つに〇を付けてください。

- 1. 大変苦しい 2. やや苦しい
- - 3. 普通 4. ややゆとりがある 5. 大変ゆとりがある

【14】頭痛についてお聞きします。

当てはまるものに〇をつけてください。

(1) 現在頭痛がありますか?



- (2)以下は現在、頭痛がある方にお聞きします。
 - 1) 頭痛はどれくらいの頻度でありますか?
 - 1. 毎日
 - 3. 月に1回から月数回

- 2. 週に1回から週数回
- 4. 数か月に一度
- 頭痛はどれくらいの時間続きますか? 2)
 - 1. 1 時間以内
 - 3. 半日から3日

- 2. 半日以内
- 4. 途切れることなくずっと痛い
- 3) どんな頭痛ですか? (複数解答可)
 - 1. ずきんずきんと脈打つ
 - 3. がんがんと割れそうに痛い
 - 5. その他(

2. 重苦しい、締め付けられる

)

- 4. チクチクする
- 4) 頭痛の程度はどのくらいですか?
 - 1. 気にせず普通の生活を送ることができる
 - 2. 我慢すれば仕事や家事を行なうことができる
 - 3. 仕事や家事を休まなければいけない
 - 4. 痛みのため動けない、寝込んでしまう
- 5) 頭痛の時、以下の症状がありますか?当てはまるものを選んでください(複数回答可)。
 - 1. 光または音または臭いに過敏になる
- 2. めまいがする

- 3. 吐き気がする
- 4. 肩や首がこる 5. 動くとひどくなる

6)	頭痛の左右差についてお聞きして 1. いつも左右同時に痛む 2. 左右同時に痛むことが多い 3. ある時は右、別のある時は 4. 左右同時に痛むことはなく	左というよ [、]		痛むことた	が多い	
7)	震災後、頭痛の程度はひどくなり 1. ひどくなった	のましたか? 2. 変わ		3. c	よくなった	
8)	頭痛に対してどう対処しています 1. 何もしていない、またはか 3. 市販の薬をのむ 5. その他(-	2. 横になっ 4. 病院でも			
9)	頭痛に関して、病院に受診したし 1. 思う 2. 思 4. 以前通っていたが今は通っ 5. その他(わない		見在通ってん)	
	震災の被害状況が、健康に及ら ついておたずねします。答え	たくない質	間は、空欄のま	まで結構	です。	<u>-</u>
1.	全壊(流失または焼失)	2. 大規模	半壊	3.	半壊	
4.	一部損壊	5. 損壊な	こし・浸水あり	6.	損壊も浸水	もなし
7.	その他()	
	Eのお住まいについて、主に居住 Cはまるもの1つにOをつけてく		所はどちらです	か。		
1. 震	災前から同じ	,	2. プレハブ型仮	設住宅		
3. み7	なし仮設(借り上げ民間賃貸、公	営住宅) 4	4. 借り上げ制度	によらない	賃貸住宅に転	活
	災により損壊した場所に家屋を再		6. 新たな場所に	家屋を新築		
7. 家庭	族・友人・親戚宅	8	3.その他()

- (3) <u>同居されていた</u>、ご家族・ご親族の中で、今回の震災でお亡くなりになったり、 行方不明になった方はいらっしゃいますか。
 - 1. はい 2. いいえ
- (4)<u>離れてお住まいの</u>ご家族・ご親族の中で、今回の震災でお亡くなりになったり、 行方不明になった方はいらっしゃいますか。
 - 1. はい 2. いいえ

お亡くなりになった方々のご冥福を心よりお祈り申し上げます。

たくさんの質問にお答えいただき、ありがとうございました 回答漏れがないかご確認の上,同封の返信用封筒(切手は不要です)にて ご返送ください

平成 27 年度 東日本大震災健康調査票(未受診者用)

この調査は、○○町と岩手医科大学が協力して東日本大震災の健康影響を明らかにし、必要な方 に支援を行うために実施するものです。この調査票は平成27年度の東日本大震災被災者健診を受 **診されなかった方にお送りしております。**ご回答の上、同封の返信用封筒でご返送いただくか、後 日訪問致します調査員にお渡し下さい(答えにくい質問は、調査員がお手伝いします)

【1】お名前・性別・生年月日について教えてください。

	姓	名	
(フリガナ)			
お名前			性別: 男・女
生年月日	を教えてください。		
明治 •	大正 • 昭和 • 5	平成 年	月日

【2】健康診断についておたずねします。

- (1) 東日本大震災被災者健診を受診しなかった理由はどのようなものですか。以下のうちあてはまるもの すべてに○を付けてください。
 - 1. 職場の健診を受けた
- 2. 病院で検査をした
- 3. 人間ドックを受けた

- 4. 都合がつかなかった
- 5. 健診会場が不便な場所だった
- 6. 健診があることを 知らなかった

- 7. 健康なので必要性を 感じなかった
- 8. 体調が悪く外出できなかった

9. その他 、具体的に:

【3】健康状態についておたずねします。

- (1) 現在の健康状態はいかがですか。当てはまるもの1つに〇を付けてください。
 - 1. とても良い
- 2. まあ良い 3. あまり良くない 4. 良くない

【4】睡眠についておたずねします。

- (1) 最近は1日平均何時間くらい眠りますか(昼寝を含む)。当てはまるもの1つに〇を付けてください。
 - 1. 5時間未満

- 2. 5時間以上6時間未満
- 3. 6時間以上7時間未満

- 4. 7時間以上8時間未満
- 5. 8時間以上9時間未満
- 6. 9時間以上

(2) ここ数日、昼寝は1日(ある方は数字も記入して		ます	か。当てはまる	るもの <u>1つに</u>	<u>(</u> ○を付けて	ください。
1. 昼寝はしない	2.	. 1 (3にだいたい	() 分くら	561
(3) あなたは過去1か月間に 服用しましたか?1. 服用していない4. 週に3~4回(4) 以下の質問について、過	2. 週に1回5. 週に5~	未満,6回		3. 週に1~ 6. 毎日	~20	
1) 寝つきは? (布団に入っ	てから眠るまで要す	る時	間)			
O. いつも寝つきはよい2. いつもよりかなり時		. •	いつもよりり いつもよりす 全く眠れなた	常に時間が		
2) 夜間、睡眠途中に目が覚	めることは?					
O. 問題になるほどでは 2. かなり困っている	はなかった		少し困ること深刻な状態だ		なかった	
3) 希望する起床時間より早	く目覚め、それ以上	眠れ	なかったか?			
O. そのようなことはな 2. かなり早かった	いかった	-	少し早かった 非常に早かっ		眠れなかった	た
4) 総睡眠時間は?						
O. 十分である 2. かなり足りない			少し足りない 全く足りない		れなかった	
5) 全体的な睡眠の質は?						
O. 満足している 2. かなり不満		-	少し不満 非常に不満た)、全く眠れ	なかった	
6) 日中の気分は?						
0. いつも通り	1. 少しめいっ	た	2. かな	りめいった	3. 非	常にめいった
7) 日中の活動について(身份	本的及び精神的)					
0. いつも通り	1. 少し低下した	た	2. かな	り低下した	3. 非常に	低下した
8) 日中の眠気について						
O. 全くない 170	1. 少しある		2. かな	りある	3. 激	UN

【5】人とのつながりについておたずねします。

(1) 配偶者はいらっしゃいますか。 あてはまるもの1つに0をつけてください。

1. 未婚 2. 結婚している 3. 離婚 4. 死別

(2) 次のそれぞれの質問について、当てはまるもの<u>1つに</u>0を付けてください。

	O 人	1 人	2 人	3 4 人	5~8人	9人以上
●ここでは、家族や親戚などについて考えます。						
1) 少なくとも月に1回、会ったり話したりする <u>家族や</u> 親戚は何人いますか。	Ο	1	2	3	4	5
 あなたが、個人的なことでも話すことができるくらい気楽に感じられる家族や親戚は何人いますか。 	Ο	1	2	3	4	5
3) あなたが、助けを求めることができるくらい親しく 感じられる <u>家族や親戚</u> は何人いますか。	Ο	1	2	3	4	5
●ここでは近くに住んでいる人を含むあなたの友人全体に	こついて	考えます	す。			
4) 少なくとも月に1回、会ったり話をしたりする <u>友人</u> は何人いますか。	Ο	1	2	3	4	5
5) あなたが、個人的なことでも話すことができるくら い気楽に感じられる友人は何人いますか。	Ο	1	2	3	4	5
6) あなたが、助けを求めることができるくらい親しく 感じられる <u>友人</u> は何人いますか。	Ο	1	2	3	4	5

		強くそう 思う	どちらか といえば そう思う	どちらとも いえない	どちらかと いえばそう 思わない	全くそう 思わない
7)	まわりの人々はお互いに 助け合っている。	1	2	3	4	5
8)	まわりの人々は信頼できる。	1	2	3	4	5
9)	まわりの人々はお互いに あいさつをしている。	1	2	3	4	5
10)	何か問題が生じた場合、 まわりの人々は力を合わせて 解決しようとする。	1	2	3	4	5

【6】こころの元気さについておたずねします。

過去 1 か月の間にどれくらいの頻度で次のことがありましたか。次のそれぞれの質問について、当てはま るもの1つに〇を付けてください。

	全くない	少しだけ	ときどき	たいてい	いつも
1) 神経過敏に感じましたか。	0	1	2	3	4
2) 絶望的だと感じましたか。	0	1	2	3	4
3) そわそわ、落ち着かなく感じましたか。	0	1	2	3	4
4) 気分が沈み込んで、何が起こっても気が	\cap	1	2	2	1
晴れないように感じましたか。	U	l	_	3	4
5) 何をするのも骨折りだと感じましたか。	0	1	2	3	4
6) 自分は価値のない人間だと感じましたか。	0	1	2	3	4

【7】今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に2回以上、以下のよ うなことがありましたか。当てはまるもの1つに〇を付けてください。

(1)	思い出したくないのに、そのことを思い出したり、夢に見る。	1.	はい	2.	いいえ
(2)	思い出すとひどく気持ちが動揺する。	1.	はい	2.	いいえ
(3)	思い出すと、体の反応が起きる(心臓が苦しくなる、息が苦しくなる、	1.	はい	2.	いいえ
	汗をかく、めまいがする、など)。				

- 【8】震災の被害状況が、健康に及ぼす影響を明らかにするため、受けられた被害に ついておたずねします。答えたくない質問は、空欄のままで結構です。
- (1) 震災時のご自宅の被害状況について、当てはまるもの1つに〇をつけてください。
 - 1. 全壊(流失または焼失) 2. 大規模半壊 3. 半壊 4. 一部損壊 5. 損壊なし・浸水あり 6. 損壊も浸水もなし 7. その他 ()
- (2) 現在のお住まいについて、主に居住している場所はどちらですか。 あてはまるもの1つに0をつけてください。
 - 1. 震災前から同じ

 - 5. 震災により損壊した場所に家屋を再建
 - 7. 家族•友人•親戚宅

- 2. プレハブ型仮設住宅
- 3. みなし仮設(借り上げ民間賃貸、公営住宅) 4. 借り上げ制度によらない賃貸住宅に転居
 - 6. 新たな場所に家屋を新築
 - 8.その他()
- (3) 同居されていた、ご家族・ご親族の中で、今回の震災でお亡くなりになったり、 行方不明になった方はいらっしゃいますか。
 - 1. はい 2. いいえ

お亡くなりになった方々のご冥福を心よりお祈り申し上げます。

たくさんの質問にお答えいただき、ありがとうございました

2. 平成 26 年度分 度数分布表

- 4市町
- 山田町
- 大槌町
- 釜石市
- 陸前高田市

【平成26年度分】度数分布表(4市町)

【2】医療に関してお尋ねします。

【3】食事についておたずねします。

【4】タバコとお酒についてお尋ねします。

(1) 現在の健康状態はいかがですか。

(1)最近の1日の食事の回数について 教えてください。 (1) 現在の喫煙

						教えてにさい。				
		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上	吸わない	吸っていたがやめた	吸っている
男性	-39	17 (18.3%)	64 (68.8%)	11 (11.8%)	1 (1.1%)	19 (20.4%)	74 (79.6%)	42 (46.2%)	5 (5.5%)	44 (48.4%
	40-44	12 (16.7%)	53 (73.6%)	7 (9.7%)	0 (0.0%)	13 (18.1%)	59 (81.9%)	23 (33.3%)	17	29
	45-49	8	77	10	0	16	76	(33.3%)	(24.6%) 22	(42.0%) 40
		(8.4%) 12	(81.1%) 87	(10.5%) 14	(0.0%) 0	(17.4%) 20	(82.6%) 93	(32.6%) 34	(23.9%) 21	(43.5%) 55
	50-54	(10.6%)	(77.0%)	(12.4%)	(0.0%)	(17.7%)	(82.3%)	(30.9%)	(19.1%)	(50.0%)
	55-59	13 (9.9%)	100 (76.3%)	17 (13.0%)	(0.8%)	12 (9.2%)	119 (90.8%)	30 (23.8%)	53 (42.1%)	43 (34.1%)
	60-64	18 (7.3%)	198 (80.5%)	24 (9.8%)	6 (2.4%)	17 (6.9%)	230	67	107	68
	65-69	37	342	41	2	24	(93.1%) 398	(27.7%) 132	(44.2%) 178	(28.1%) 100
		(8.8%) 67	(81.0%) 407	(9.7%) 70	(0.5%)	(5.7%) 18	(94.3%) 531	(32.2%) 203	(43.4%) 255	(24.4%) 83
	70-74	(12.2%)	(74.3%)	(12.8%)	(0.7%)	(3.3%)	(96.7%)	(37.5%)	(47.1%)	(15.3%)
	75-79	45 (10.4%)	317 (73.5%)	59 (13.7%)	10 (2.3%)	17 (3.9%)	415 (96.1%)	167 (39.7%)	203 (48.2%)	51 (12.1%)
	80-	36	215	54	10	4	311	129	163	23
	合計	(11.4%) 265	(68.3%) 1860	(17.1%) 307	(3.2%) 34	(1.3%) 160	(98.7%) 2306	(41.0%) 857	(51.7%) 1024	(7.3%) 536
		(10.7%)	(75.4%) 151	(12.4%)	(1.4%)	(6.5%) 27	(93.5%)	(35.5%) 149	(42.4%)	(22.2%)
女性	-39	(15.4%)	(75.1%)	(9.0%)	(0.5%)	(13.4%)	(86.6%)	(74.1%)	18 (9.0%)	34 (16.9%)
	40-44	17 (9.9%)	136 (79.1%)	16 (9.3%)	3 (1.7%)	20 (11.6%)	152 (88.4%)	111 (65.3%)	19 (11.2%)	40 (23.5%)
	45-49	13	155	27	5	29	168	149	20	31
	50-54	(6.5%) 9	(77.5%) 185	(13.5%) 30	(2.5%)	(14.7%) 21	(85.3%) 204	(74.5%) 202	(10.0%)	(15.5%) 18
		(4.0%) 29	(81.5%) 240	(13.2%) 44	(1.3%) 2	(9.3%) 14	(90.7%)	(89.8%)	(2.2%)	18 (8.0%)
	55-59	(9.2%)	(76.2%)	(14.0%)	(0.6%)	(4.5%)	300 (95.5%)	285 (90.5%)	10 (3.2%)	20 (6.3%)
	60-64	47 (7.6%)	482 (78.0%)	80 (12.9%)	9 (1.5%)	21 (3.4%)	594 (96.6%)	573 (92.9%)	27	17
	65-69	76	573	77	6	15	711	699	(4.4%) 18	(2.8%) 15
		(10.4%) 77	(78.3%) 588	(10.5%) 111	(0.8%) 14	(2.1%) 12	(97.9%) 776	(95.5%) 769	(2.5%) 15	(2.0%) 8
	70-74	(9.7%)	(74.4%)	(14.1%)	(1.8%)	(1.5%)	(98.5%)	(97.1%)	(1.9%)	(1.0%)
	75–79	45 (8.1%)	385 (69.0%)	118 (21.1%)	10 (1.8%)	7 (1.3%)	545 (98.7%)	553 (98.6%)	3 (0.5%)	5 (0.9%)
	80-	26 (7.5%)	250 (72.0%)	65 (18.7%)	6 (1.7%)	9 (2.6%)	337 (97.4%)	345	4	0
	合計	370	3145	586	59	175	3961	(98.9%) 3835	(1.1%) 139	(0.0%) 188
		(8.9%)	(75.6%) 215	(14.1%)	(1.4%)	(4.2%)	(95.8%) 248	(92.1%) 191	(3.3%)	(4.5%) 78
合計	-39	(16.3%)	(73.1%)	(9.9%)	(0.7%)	(15.6%)	(84.4%)	(65.4%)	(7.9%)	(26.7%)
	40-44	29 (11.9%)	189 (77.5%)	23 (9.4%)	3 (1.2%)	33 (13.5%)	211 (86.5%)	134 (56.1%)	36 (15.1%)	69 (28.9%)
	45-49	21 (7.1%)	232 (78.6%)	37 (12.5%)	5 (1.7%)	45 (15.6%)	244	179	42	71
	50-54	21	272	44	3	41	(84.4%) 297	(61.3%) 236	(14.4%) 26	(24.3%) 73
		(6.2%) 42	(80.0%) 340	(12.9%) 61	(0.9%)	(12.1%) 26	(87.9%) 419	(70.4%) 315	(7.8%) 63	(21.8%) 63
	55-59	(9.4%)	(76.2%)	(13.7%)	(0.7%)	(5.8%)	(94.2%)	(71.4%)	(14.3%)	(14.3%)
	60-64	65 (7.5%)	680 (78.7%)	104 (12.0%)	15 (1.7%)	38 (4.4%)	824 (95.6%)	640 (74.5%)	134 (15.6%)	85 (9.9%)
	65-69	113	915	118	8	39	1109	831	196	115
	70-74	(9.8%) 144	(79.3%) 995	(10.2%) 181	(0.7%) 18	(3.4%) 30	(96.6%) 1307	(72.8%) 972	(17.2%) 270	(10.1%) 91
		(10.8%) 90	(74.4%) 702	(13.5%) 177	(1.3%) 20	(2.2%) 24	(97.8%) 960	(72.9%) 720	(20.3%)	(6.8%)
	75–79	(9.1%)	(71.0%)	(17.9%)	(2.0%)	(2.4%)	(97.6%)	(73.3%)	206 (21.0%)	56 (5.7%)
	80-	62 (9.4%)	465 (70.2%)	119 (18.0%)	16 (2.4%)	13 (2.0%)	648 (98.0%)	474 (71.4%)	167 (25.2%)	23 (3.5%)
	合計	635	5005	893	93	335	6267	4692	1163	724
		(9.6%)	(75.5%)	(13.5%)	(1.4%)	(5.1%)	(94.9%)	(71.3%)	(17.7%)	(11.0%)

(1) 現在のお仕事について、当てはまるもの1つにOを付けてください。 (副問) 仕事をしていた場合、職業について当てはまるもの1つにOをつけて下さい。(割合は(1)で仕事していると回答した者に対する割合)

(1) 現在(りお仕事について	て、当てはまるもの1つ1		(副問)仕事をしていた場合、職業について当てはまるもの1つにOをつけて下さい。(割合は(1)で仕事していると回答した者に対する割合)													
		仕事している	求職中	仕事していない (年金生活者、主婦、 学生、無職を含む)	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸·郵便	卸売・小売	金融·保険	サービス (飲食・観光・宿泊)	教育·医療 ·福祉·公務	その他
男性	-39	78 (85.7%)	5 (5.5%)	8 (8.8%)	1 (1.3%)	12 (15.4%)	0 (0.0%)	13 (16.7%)	9 (11.5%)	(2.6%)	(0.0%)	(2.6%)	9 (11.5%)	0 (0.0%)	11 (14.1%)	10 (12.8%)	13 (16.7%)
	40-44	61 (89.7%)	2 (2.9%)	5 (7.4%)	1 (1.6%)	6 (9.8%)	0 (0.0%)	20 (32.8%)	5 (8.2%)	4 (6.6%)	1 (1.6%)	4 (6.6%)	7 (11.5%)	0 (0.0%)	9 (14.8%)	4 (6.6%)	9 (14.8%)
	45-49	81 (88.0%)	6 (6.5%)	5 (5.4%)	6 (7.4%)	14 (17.3%)	(0.0%)	11 (13.6%)	12 (14.8%)	4 (4.9%)	(0.0%)	(2.5%)	9 (11.1%)	0 (0.0%)	10 (12.3%)	5 (6.2%)	14 (17.3%)
	50-54	85 (80.2%)	7 (6.6%)	14 (13.2%)	(3.5%)	15 (17.6%)	(1.2%)	19 (22.4%)	(9.4%)	0 (0.0%)	(1.2%)	(4.7%)	(9.4%)	(2.4%)	16 (18.8%)	6 (7.1%)	16 (18.8%)
	55-59	104 (83.9%)	(4.0%)	15 (12.1%)	7 (6.7%)	17 (16.3%)	(1.0%)	26 (25.0%)	18 (17.3%)	(1.0%)	(0.0%)	(2.9%)	(5.8%)	(1.0%)	(6.7%)	(7.7%)	27 (26.0%)
	60-64	174 (71.9%)	(2.5%)	62 (25.6%)	(6.3%)	23 (13.2%)	(0.0%)	49 (28.2%)	12 (6.9%)	(2.3%)	(0.6%)	(4.6%)	16 (9.2%)	(2.3%)	(6.3%)	13 (7.5%)	40 (23.0%)
	65-69	237 (57.7%)	(0,0%)	174 (42.3%)	39 (16.5%)	70 (29.5%)	(0.0%)	56 (23.6%)	10 (4.2%)	(2.5%)	(0.0%)	(3.0%)	15 (6.3%)	(0.8%)	(2.1%)	10 (4.2%)	49 (20.7%)
	70-74	201 (36.9%)	(0,0%)	343 (63.1%)	45 (22.4%)	64 (31.8%)	(0.0%)	30 (14.9%)	(2.5%)	3 (1.5%)	(0.0%)	(3.0%)	12 (6.0%)	(0.5%)	(4.0%)	(4.0%)	40 (19.9%)
	75-79	125 (29.1%)	(0.2%)	303 (70.6%)	48 (38.4%)	46 (36.8%)	(0.0%)	10 (8.0%)	(1.6%)	2 (1.6%)	(0.0%)	(0.0%)	(5.6%)	(0.0%)	(0.8%)	(0.0%)	18 (14.4%)
	80-	47 (15.0%)	(0.0%)	267 (85.0%)	25 (53.2%)	15 (31.9%)	(0.0%)	(0.0%)	(2.1%)	(0.0%)	(0.0%)	(0.0%)	(10.6%)	(0.0%)	(4.3%)	(2.1%)	(12.8%)
	合計	1193 (49,3%)	32 (1.3%)	1196 (49.4%)	186 (15.6%)	282 (23.6%)	(0.2%) 0	234 (19.6%)	(6.9%) 15	26 (2.2%)	(0.3%)	(3.0%)	94 (7.9%)	(0.8%)	80 (6.7%)	65 (5.4%)	232 (19.4%)
女性	-39	142 (70.6%)	(4.0%) 4	(25.4%) 38	(0.7%)	(4.2%) 4	(0.0%)	(3.5%)	(10.6%) 15	(0.0%)	(2.1%)	(0.7%)	(11.3%)	(0.0%)	27 (19.0%)	45 (31.7%)	27 (19.0%) 27
	40-44	127 (75.1%) 146	(2,4%)	(22.5%) 44	(3.1%)	(3.1%) 9	0 (0.0%) 0	(4.7%) 2	(11.8%) 12	(2.4%)	(0.0%)	(1.6%)	(10.2%)	(3.1%)	23 (18.1%) 36	30 (23.6%) 29	(21,3%) 35
	45-49	(74.1%)	(3.6%)	(22.3%) 64	(4.8%)	(6.2%) 11	(0.0%)	(1.4%)	(8.2%) 16	(0.7%)	(0.0%)	(0.7%)	(13.7%) 18	(0.0%) 2	(24.7%) 29	(19.9%) 30	(24.0%) 40
	50-54	153 (68.3%) 191	(3.1%)	(28.6%) 114	(5.9%) 15	(7.2%) 9	(0.0%)	(0.7%)	(10.5%) 26	(0.7%)	(1.3%)	(0.7%)	(11.8%) 27	(1.3%)	(19.0%) 31	(19.6%) 38	(26.1%) 55
	55-59	(61.8%)	(1.3%)	(36.9%) 341	(7.9%)	(4.7%) 28	(0.0%)	(3.1%)	(13.6%) 30	(0.0%)	(0.0%)	(0.0%)	(14.1%) 22	(0.5%)	(16.2%) 52	(19.9%) 42	(28.8%) 66
	60-64	263 (43.1%)	(1.0%)	(55.9%) 501	35 (13.3%) 35	(10.6%) 23	(0.0%)	(0.8%)	(11.4%) 23	(0.0%)	(0.0%)	(0.8%)	(8.4%) 16	(0.8%)	(19.8%) 32	(16.0%) 29	(25.1%) 74
	65-69	(30.5%)	(0.1%)	(69.4%) 632	(15.9%) 66	(10.5%) 31	(0.0%)	(1.4%)	(10.5%) 8	(0.0%)	(0.0%)	(0.0%)	(7.3%)	(0.5%)	(14.5%) 24	(13.2%) 6	(33.6%)
	70-74	152 (19.4%)	(0.0%)	(80.6%) 481	(43.4%) 48	(20.4%)	(0.0%)	(2.0%)	(5.3%) 2	(0.0%)	(0.0%)	(0.0%)	(5.9%) 10	(0.7%)	(15.8%)	(3.9%)	22 (14.5%) 11
	75-79	77 (13.8%)	(0.2%)	481 (86.0%) 327	(62.3%)	(9.1%) 3	(0.0%)	(0.0%)	(2.6%)	(0.0%)	(0.0%)	(0.0%)	(13.0%)	(0.0%)	(1.3%)	(1.3%)	(14.3%)
	80-	20 (5.8%) 1491	(0.0%) 38	(94.2%) 2593	15 (75.0%) 235	(15.0%) 131	(0.0%)	(0.0%) 28	(0.0%) 147	(0.0%) 5	(0.0%)	(0.0%) 7	(5.0%) 152	(0.0%) 11	(0.0%) 255	(0.0%) 250	(15.0%) 360
	合計	(36.2%)	(0.9%)	(62.9%) 59	(15.8%)	(8.8%)	(0.0%)	(1.9%)	(9.9%)	(0.3%)	(0.3%)	(0.5%)	(10.2%)	(0.7%)	(17.1%)	(16.8%) 55	(24.1%) 40
合計	-39	(75,3%) 188	(4.5%)	(20.2%) 43	(0.9%) 5	(8.2%) 10	(0.0%)	(8.2%) 26	(10.9%) 20	(0.9%)	(1.4%)	(1.4%)	(11.4%) 20	(0.0%)	(17.3%) 32	(25.0%) 34	(18.2%) 36
	40-44	(79.3%) 227	(2.5%) 13	(18.1%) 49	(2.7%) 13	(5.3%) 23	(0.0%)	(13.8%) 13	(10.6%) 24	(3.7%)	(0.5%)	(3.2%)	(10.6%) 29	(2.1%)	(17.0%) 46	(18.1%)	(19.1%) 49
	45-49	(78.5%) 238	(4.5%) 14	(17.0%) 78	(5.7%) 12	(10.1%) 26	(0.0%)	(5.7%) 20	(10.6%) 24	(2.2%)	(0.0%)	(1.3%) 5	(12.8%) 26	(0.0%)	(20,3%) 45	(15.0%) 36	(21.6%) 56
	50-54	(72.1%) 295	(4.2%)	(23.6%) 129	(5.0%) 22	(10,9%) 26	(0.4%)	(8.4%) 32	(10.1%) 44	(0.4%)	(1.3%)	(2.1%)	(10.9%) 33	(1.7%)	(18.9%) 38	(15.1%) 46	(23.5%) 82
	55-59	(68.1%) 437	(2.1%) 12	(29.8%) 403	(7.5%) 46	(8.8%) 51	(0.3%)	(10.8%) 51	(14.9%) 42	(0.3%)	(0.0%)	(1.0%)	(11.2%) 38	(0.7%)	(12.9%) 63	(15.6%) 55	(27.8%) 106
	60-64	(51.3%) 457	(1.4%)	(47.3%) 675	(10.5%) 74	(11.7%) 93	(0.0%)	(11.7%) 59	(9.6%) 33	(0.9%)	(0.2%)	(2.3%)	(8.7%) 31	(1.4%)	(14.4%) 37	(12.6%) 39	(24.3%) 123
	65-69	(40.3%) 353	(0.1%)	(59.6%) 975	(16.2%) 111	(20.4%) 95	(0.0%)	(12.9%) 33	(7.2%) 13	(1.3%)	(0,0%)	(1.5%) 6	(6.8%) 21	(0.7%) 2	(8.1%)	(8.5%) 14	(26.9%) 62
	70-74	(26.6%) 202	(0.0%)	(73.4%) 784	(31.4%) 96	(26.9%) 53	(0.0%)	(9.3%) 10	(3.7%)	(0.8%)	(0.0%)	(1.7%)	(5.9%) 17	(0.6%)	(9.1%)	(4.0%)	(17.6%) 29
	75–79	(20.4%) 67	(0.2%)	(79.4%) 594	(47.5%) 40	(26.2%) 18	(0.0%)	(5.0%)	(2.0%)	(1.0%)	(0.0%)	(0.0%)	(8.4%)	(0.0%)	(1.0%)	(0.5%)	(14.4%)
	80-	(10.1%)	(0.0%) 70	(89.9%) 3789	(59.7%) 421	(26.9%) 413	(0.0%)	(0.0%) 262	(1.5%) 229	(0.0%)	(0.0%)	(0.0%) 43	(9.0%) 246	(0.0%) 21	(3.0%) 335	(1.5%) 315	(13,4%) 592
	合計	2684 (41.0%)	(1.1%)	(57.9%)	(15.7%)	(15.4%)	(0.1%)	(9.8%)	(8.5%)	(1.2%)	(0.3%)	(1.6%)	(9.2%)	(0.8%)	(12.5%)	(11.7%)	(22.1%)

		はい	いいえ	稼ぎが増えた	稼ぎが減った	変化なし
男性	-39	57 (6.0%)	23 (7.8%)	21 (10.0%)	24 (4.9%)	34 (6.5%)
	40-44	50 (5.3%)	15 (5.1%)	23 (11.0%)	21 (4.3%)	20 (3.8%)
	45-49	66	18	18	30	34
	50-54	(7.0%) 69	(6.1%) 22	(8.6%) 22	(6.2%) 36	(6.5%) 33
		(7.3%) 84	(7.5%) 27	(10.5%) 27	(7.4%) 46	(6.3%) 34
	55-59	(8.9%)	(9.2%)	(12.9%)	(9.5%)	(6.5%)
	60-64	127 (13.4%)	55 (18.8%)	32 (15.3%)	78 (16.1%)	70 (13.3%)
	65-69	183 (19.3%)	64 (21.8%)	31 (14.8%)	110 (22.7%)	101 (19.2%)
	70-74	169 (17.8%)	40 (13.7%)	24 (11.5%)	77 (15.9%)	103 (19.6%)
	75-79	101	21	7	47	68
	80-	(10.6%) 43	(7.2%) 8	(3.3%)	(9.7%) 16	(13.0%) 28
		(4.5%) 949	(2.7%) 293	(1.9%) 209	(3.3%) 485	(5.3%) 525
	合計	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)
女性	-39	62 (6.9%)	80 (12.9%)	49 (15.7%)	38 (6.6%)	50 (8.5%)
	40-44	68 (7.5%)	61 (9.9%)	31 (9.9%)	33 (5.7%)	58 (9.9%)
	45-49	69 (7.6%)	80 (12.9%)	35 (11.2%)	64 (11.1%)	45 (7.7%)
	50-54	91	62	37	52	62
	55-59	(10.1%) 111	(10.0%) 84	(11.9%) 43	(9.0%) 72	(10.6%) 73
		(12.3%) 151	(13.6%) 117	(13.8%) 48	(12.5%) 118	73 (12.5%) 94
	60-64	(16.7%)	(18.9%)	(15.4%)	(20.4%)	(16.1%)
	65-69	147 (16.3%)	82 (13.3%)	45 (14.4%)	100 (17.3%)	77 (13.2%)
	70-74	116 (12.9%)	38 (6.1%)	20 (6.4%)	64 (11.1%)	70 (12.0%)
	75-79	70 (7.8%)	11 (1.8%)	4 (1.3%)	28 (4.8%)	45
	80-	17	3	0	9	(7.7%) 11
	合計	(1.9%) 902	(0.5%) 618	(0.0%) 312	(1.6%) 578	(1.9%) 585
		(100.0%)	(100.0%) 103	(100.0%)	(100.0%)	(100.0%)
合計	-39	(6.4%)	(11.3%)	(13.4%)	(5.8%)	(7.6%)
	40-44	118 (6.4%)	76 (8.3%)	54 (10.4%)	54 (5.1%)	78 (7.0%)
	45-49	135 (7.3%)	98 (10.8%)	53 (10.2%)	94 (8.8%)	79 (7.1%)
	50-54	160 (8.6%)	84 (9.2%)	59 (11.3%)	88 (8.3%)	95 (8.6%)
	55-59	195	111	70	118	107
	60-64	(10.5%) 278	(12.2%) 172	(13.4%) 80	(11.1%) 196	(9.6%) 164
		(15.0%) 330	(18.9%) 146	(15.4%) 76	(18.4%) 210	(14.8%) 178
	65-69	(17.8%)	(16.0%)	(14.6%)	(19.8%)	(16.0%)
	70-74	285 (15.4%)	78 (8.6%)	44 (8.4%)	141 (13.3%)	173 (15.6%)
	75-79	171 (9.2%)	32 (3.5%)	11 (2.1%)	75 (7.1%)	113 (10.2%)
	80-	60 (3.2%)	11 (1.2%)	4 (0.8%)	25 (2.4%)	39 (3.5%)
	合計	1851	911	521	1063	1110
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)

【6】睡眠についておたずねします。

	((1) 最近は1日平均何	時間くらい眠ります	けか(昼寝を含む)。	•			(2) ここ数日、昼寝はし	,ていますか <u>。</u>
		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	4 (4.3%)	31 (33.3%)	41 (44.1%)	12 (12.9%)	3 (3.2%)	2 (2.2%)	58 (63.0%)	34 (37.0%)
	40-44	9 (12.5%)	31 (43.1%)	23 (31.9%)	5 (6.9%)	4 (5.6%)	0 (0.0%)	36 (50.7%)	35 (49.3%)
	45-49	6	27	42	15	3	2	52	39
	50-54	(6.3%) 7	(28.4%) 30	(44.2%) 46	(15.8%) 25	(3.2%) 5	(2.1%) 0	(57.1%) 62	(42.9%) 48
		(6.2%) 11	(26.5%) 42	(40.7%) 46	(22.1%) 23	(4.4%) 8	(0.0%)	(56.4%) 67	(43.6%) 59
	55-59	(8.4%)	(32.1%)	(35.1%)	(17.6%)	(6.1%)	(0.8%)	(53.2%)	(46.8%)
	60-64	13 (5.2%)	56 (22.5%)	95 (38.2%)	63 (25.3%)	19 (7.6%)	3 (1.2%)	136 (56.0%)	107 (44.0%)
	65-69	27 (6.4%)	88 (20.8%)	139 (32.9%)	112 (26.5%)	45 (10.6%)	12 (2.8%)	221 (54.2%)	187 (45.8%)
	70-74	28	95	159	153	98	18	233	291
		(5.1%) 25	(17.2%) 74	(28.9%) 118	(27.8%) 119	(17.8%) 71	(3.3%) 27	(44.5%) 179	(55.5%) 231
	75–79	(5.8%)	(17.1%)	(27.2%)	(27.4%)	(16.4%)	(6.2%)	(43.7%)	(56.3%)
	80-	13 (4.1%)	53 (16.6%)	78 (24.5%)	76 (23.8%)	70 (21.9%)	29 (9.1%)	134 (44.7%)	166 (55.3%)
	合計	143 (5.8%)	527 (21.3%)	787 (31.7%)	603 (24.3%)	326 (13.1%)	94 (3.8%)	1178 (49.6%)	1197 (50.4%)
女性	-39	10	79	66	33	12	2	156	40
XII		(5.0%) 12	(39.1%) 65	(32.7%) 60	(16.3%) 30	(5.9%) 4	(1.0%)	(79.6%) 123	(20.4%) 47
	40-44	(7.0%)	(37.8%)	(34.9%)	(17.4%)	(2.3%)	(0.6%)	(72.4%)	(27.6%)
	45-49	19 (9.5%)	77 (38.3%)	70 (34.8%)	31 (15.4%)	3 (1.5%)	1 (0.5%)	142 (71.4%)	57 (28.6%)
	50-54	14 (6.2%)	107 (47.1%)	81 (35.7%)	23 (10.1%)	(0.4%)	1 (0.4%)	172 (78.2%)	48 (21.8%)
	55-59	19	129	113	46	8	0	214	92
		(6.0%) 48	(41.0%) 192	(35.9%) 243	(14.6%) 104	(2.5%) 29	(0.0%) 3	(69.9%) 415	(30.1%) 181
	60-64	(7.8%)	(31.0%)	(39.3%)	(16.8%)	(4.7%)	(0.5%)	(69.6%)	(30.4%)
	65-69	60 (8.2%)	211 (28.8%)	292 (39.9%)	135 (18.4%)	(3.8%)	6 (0.8%)	488 (69.1%)	218 (30.9%)
	70-74	75 (9.5%)	188 (23.7%)	271 (34.2%)	186 (23.5%)	51 (6.4%)	21 (2.7%)	447 (58.7%)	314 (41.3%)
	75-79	59	117	162	139	66	18	283	252
		(10.5%) 28	(20.9%) 69	(28.9%) 97	(24.8%) 71	(11.8%) 61	(3.2%) 23	(52.9%) 172	(47.1%) 163
	80-	(8.0%)	(19.8%)	(27.8%)	(20.3%)	(17.5%)	(6.6%)	(51.3%)	(48.7%)
	合計	344 (8.2%)	1234 (29.6%)	1455 (34.9%)	798 (19.1%)	263 (6.3%)	76 (1.8%)	2612 (64.9%)	1412 (35.1%)
合計	-39	14 (4.7%)	110 (37.3%)	107 (36.3%)	45 (15.3%)	15 (5.1%)	4 (1.4%)	214 (74.3%)	74 (25.7%)
	40-44	21	96	83	35	8	1	159	82
		(8.6%) 25	(39.3%) 104	(34.0%) 112	(14.3%) 46	(3.3%)	(0.4%)	(66.0%) 194	(34.0%) 96
	45-49	(8.4%)	(35.1%)	(37.8%)	(15.5%)	(2.0%)	(1.0%)	(66.9%)	(33.1%)
	50-54	21 (6.2%)	137 (40.3%)	127 (37.4%)	48 (14.1%)	6 (1.8%)	1 (0.3%)	234 (70.9%)	96 (29.1%)
	55-59	30	171	159 (35.7%)	69 (15.5%)	16 (3.6%)	1 (0.2%)	281 (65.0%)	151 (35.0%)
	60-64	(6.7%) 61	(38.3%) 248	338	167	48	6	551	288
		(7.0%) 87	(28.6%) 299	(38.9%) 431	(19.2%) 247	(5.5%) 73	(0.7%) 18	(65.7%) 709	(34.3%) 405
	65-69	(7.5%)	(25.9%)	(37.3%)	(21.4%)	(6.3%)	(1.6%)	(63.6%)	(36.4%)
	70-74	103 (7.7%)	283 (21.1%)	430 (32.0%)	339 (25.2%)	149 (11.1%)	39 (2.9%)	680 (52.9%)	605 (47.1%)
	75-79	84	191 (19.2%)	280 (28.1%)	258 (25.9%)	137 (13.8%)	45 (4.5%)	462 (48.9%)	483 (51.1%)
	80-	(8.4%) 41	122	175	147	131	52	306	329
		(6.1%) 487	(18.3%) 1761	(26.2%) 2242	(22.0%) 1401	(19.6%) 589	(7.8%) 170	(48.2%) 3790	(51.8%) 2609
	合計	(7.3%)	(26.5%)	(33.7%)	(21.1%)	(8.9%)	(2.6%)	(59.2%)	(40.8%)

合計

(67.5%)

(4) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに〇をつけて下さい。

1) 寝つきは?(布団に入ってから眠るまでに要する時間) 2) 夜間、睡眠途中に目が覚めることは? 3) 希望する起床時間より早く目覚め、それ以上眠れなかったか? いつも良い 少しかかった かなりかかった 眠れない 問題なし 少し困る かなり困る 深刻な状態 なし 少し早い かなり早い 非常に早い 73 14 65 男性 22 -39 (17.2%) (2.2%) (2.2%) (82.8%) (15.1%) (78.5%) (2.2%) (0.0%) (69.9%) (23.7%) (5.4%) (1.1%) 55 16 51 40-44 (22.2%) (0.0%) (1.4%) (75.0%) (22.2%) (2.8%) (76.4%) (0.0%) (70,8%) (23.6%) (4.2%) (1.4%)25 45-49 (76.8%) (16.8%) (5.3%)(1.1%) (76.8%) (21.1%) (2.1%) (0.0%) (69.5%) (26.3%) (2.1%) (2.1%) 73 50-54 31 (75.2%) (22.1%) (2.7%) (0.0%) (79.6%) (17.7%) (2.7%) (0.0%) (64.6%) (27.4%) (7.1%) (0.9%)105 97 52 55-59 (15.3%) (0.8%) (80.2%) (3.8%)(74.0%) (21.4%) (4.6%) (0.0%) (54.2%) (39.7%) (5.3%) (0.8%) 190 60-64 (81.1%) (15.3%) (2.8%)(0.8%) (76.3%) (20.1%)(3.6%) (0.0%) (58.5%) (35.1%) (5.2%)(1.2%)338 343 67 248 150 23 65-69 (17.0%) (81.1%) (79.9%) (2.8%)(0.2%) (15.8%) (3.1%) (0.0%) (58.6%) (35.5%) (5.4%)(0.5%) 428 14 422 110 327 105 25 70-74 (77.7%) (19.2%) (2.5%) (0.5%) (76.6%) (20.0%) (3.4%) (0.0%) (59,5%) (35.5%) (4.5%) (0.5%) 327 19 338 81 268 75-79 (75.5%) (19.9%) (4.4%) (0.2%) (78.1%) (18.7%) (3.2%)(0.0%) (61.9%) (33.0%) (4.6%) (0.5%) 249 224 12 80-(73.9%) (22.6%) (3.5%)(0.0%) (78.3%) (17.3%) (4.1%) (0.3%) (70.4%) (25.8%) (3.8%) (0.0%) 1933 1921 12 46 83 1538 467 804 118 合計 (0.5%) (77.5%) (18.8%) (3.1%) (78.0%) (18.6%) (3.3%) (0.0%) (62.1%) (32.5%) (4.8%) (0.6%) 145 154 43 女性 -39 (22.3%) (5.0%) (1.0%) (81.7%) (16.3%) (71.8%) (2.0%) (0.0%) (76.2%) (21.3%) (2.0%) (0.5%)35 40-44 (75.6%) (22.1%) (1.7%)(0.6%) (84.9%) (12.2%) (2.3%) (0.6%) (76.2%) (20.3%)(2.9%) (0.6%) 155 150 137 58 45-49 (77,1%) (18.9%) (3.5%) (0.5%) (74.6%) (22.4%) (3.0%) (68.2%) (0.0%) (28.9%) (3.0%)(0.0%)166 179 158 58 50-54 (73.1%) (23.3%) (2.6%) (0.9%) (78.9%) (17.2%) (3.5%) (0.4%)(69.6%) (25.6%) (4.0%) (0.9%)207 229 111 55-59 (65,7%) (30.2%) (4.1%) (0.0%) (72.7%) (25.7%) (1.6%) (0.0%) (61.0%) (35.2%) (2.9%) (1.0%) 438 377 216 21 347 232 34 60-64 (61.0%) (35.0%) (3.4%)(0.6%) (70.8%) (27.0%) (2.1%) (0.2%) (56.1%) (37.5%) (5.5%) (0.8%) 458 234 38 508 198 22 377 306 65-69 (62.6%) (32.0%) (5.2%)(0.3%)(69.6%) (27.1%) (3.0%)(0.3%) (51.9%) (42.1%) (5.4%) (0.7%) 438 302 521 226 370 349 58 70-74 (55.3%) (38.1%) (5.6%) (1.0%) (65.8%) (28.5%) (5.2%) (0.5%) (46.7%) (44.0%) (7.3%) (2.0%) 287 217 379 29 268 240 40 75-79 (1,1%) (51.3%) (38.8%) (8.8%) (67.6%) (26.7%) (5.2%) (0.5%) (47.9%) (42.9%) (7.2%) (2.0%) 235 198 36 112 96 17 180 142 18 80-(56.9%) (32.2%) (10.3%) (0.6%) (67.5%) (27.6%) (4.9%) (51.6%) (40.7%) (0.0%)(5.2%) (2.6%)2561 1350 227 28 2950 1056 149 12 2314 1574 222 53 合計 (61.5%) (32.4%) (5.4%) (0.7%) (70.8%) (25.3%) (3.6%)(0.3%) (55.6%) (37.8%) (5.3%) (1.3%) 242 218 219 65 合計 -39 (73.9%) (20.7%) (4.1%) (1.4%) (82.0%) (15.9%) (2.0%) (0.0%) (74.2%) (22.0%) (3.1%) (0.7%)185 200 37 182 52 40-44 (74.6%) (75.8%) (22.1%) (0.8%) (82.0%) (2.5%) (1.2%) (15.2%) (0.4%) (21.3%) (3.3%)(0.8%) 228 223 203 83 45-49 (2.7%) (77.0%) (18.2%) (4.1%) (0.7%) (75.3%) (22.0%) (0.0%) (68.6%) (28.0%) (2.7%)(0.7%)251 269 231 50-54 (73.8%) (22.9%) (2.6%) (0.6%) (79.1%) (17.4%) (3.2%) (0.3%) (67.9%) (26.2%) (5.0%) (0.9%)312 326 263 163 16 55-59 (70.0%) (25.8%) (4.0%) (0.2%)(73.1%) (24.4%) (2.5%) (0.0%) (59.0%) (36.5%) (3.6%)(0.9%)628 217 579 254 28 22 492 319 47 60-64 (66.8%) (29.3%) (3.2%)(0.7%)(72.4%) (25.0%) (2.5%)(0.1%) (56.8%) (36.8%) (5.4%)(0.9%)50 851 265 35 625 456 65-69 (68.9%) (26.5%) (4.3%) (0.3%) (73.8%) (23.0%) (3.0%) (0.2%) (54.3%) (39.7%) (5.4%) (0.6%)943 697 544 83 19 70-74 (64.5%) (30.4%) (4.3%) (0.8%) (70.2%) (25.0%) (4.5%) (0.3%) (51,9%) (40,5%) (6.2%) (1.4%) 717 614 231 43 536 383 60 13 75-79 (61.9%) (30.5%) (6.9%) (0.7%) (72.1%) (23.2%) (4.3%) (54.0%) (0.3%)(38.6%) (6.0%) (1.3%)484 433 47 151 30 404 224 80-(72.7%) (65.0%) (27.6%)(7.1%)(0.3%) (22.7%) (4.5%)(0.2%) (60.6%) (33.6%) (4.5%)(1.3%)4482 1817 305 40 4883 1517 232 13 3852 2378 340

(73.5%)

(22.8%)

(0.6%)

(1.0%)

(58.0%)

(35.8%)

	4)	総睡眠時間は?				5) 全体的な睡眠の)質は?		***	6) 日中の気分は1	?		
		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し滅入った	かなり滅入った	非常に滅入った
男性	-39	54 (58.1%)	34 (36.6%)	5 (5.4%)	0 (0.0%)	46 (49.5%)	38 (40.9%)	8 (8.6%)	1 (1.1%)	75 (81.5%)	10 (10.9%)	4 (4.3%)	(3.3%)
	40-44	29 (40.3%)	40 (55.6%)	3 (4.2%)	0 (0.0%)	37 (51.4%)	28 (38.9%)	7 (9.7%)	0 (0.0%)	54 (76.1%)	15 (21.1%)	2 (2.8%)	0 (0.0%)
	45-49	40 (42.1%)	51 (53.7%)	4 (4.2%)	0 (0.0%)	42 (44.2%)	45 (47.4%)	8 (8.4%)	0 (0.0%)	72 (75.8%)	19 (20.0%)	3 (3.2%)	1 (1.1%)
	50-54	72 (63.7%)	34 (30.1%)	7 (6.2%)	0 (0.0%)	67 (59.3%)	40 (35.4%)	6 (5.3%)	0 (0.0%)	96 (85.0%)	14 (12.4%)	2 (1.8%)	(0.9%)
	55-59	65 (49.6%)	59 (45.0%)	7 (5.3%)	0 (0.0%)	58 (44.3%)	64 (48.9%)	9 (6.9%)	0 (0.0%)	104 (79.4%)	23 (17.6%)	3 (2.3%)	(0.8%)
	60-64	159 (63.9%)	88 (35.3%)	2 (0.8%)	0 (0.0%)	150 (60.2%)	88 (35.3%)	11 (4.4%)	0 (0.0%)	209 (84.3%)	36 (14.5%)	3 (1.2%)	(0.0%)
	65-69	303 (71.6%)	107 (25.3%)	13 (3.1%)	0 (0.0%)	293 (69.4%)	113 (26.8%)	16 (3.8%)	0 (0.0%)	362 (85.6%)	52 (12.3%)	8 (1.9%)	(0.2%)
	70-74	418 (75.9%)	117 (21.2%)	16 (2.9%)	0 (0.0%)	402 (72.8%)	135 (24.5%)	14 (2.5%)	1 (0.2%)	484 (87.7%)	64 (11.6%)	(0.7%)	(0.0%)
	75-79	339 (78.3%)	80 (18.5%)	12 (2.8%)	(0.5%)	320 (73.9%)	101 (23.3%)	10 (2.3%)	(0.5%)	385 (88.9%)	39 (9.0%)	9 (2.1%)	(0.0%)
	80-	259	56	3	1	252	56	8	2	272	36	5	2
	合計	(81.2%) 1738	(17.6%) 666	(0.9%) 72	(0.3%)	(79.2%) 1667	(17.6%) 708	(2.5%) 97	(0.6%)	(86.3%) 2113	(11.4%)	(1.6%)	(0.6%)
女性	-39	(70.1%) 100	(26.9%) 87	(2.9%)	(0.1%)	(67.3%) 105	(28.6%) 81	(3.9%)	(0.2%)	(85.4%) 148	(12.5%)	(1.7%)	(0.4%)
ΛII.	40-44	(49.5%) 80	(43.1%) 78	(6.9%) 14	(0.5%) 0	(52.0%) 86	(40.1%) 73	(7.4%) 12	(0.5%) 1	(73.6%) 128	(21.9%) 37	(4.0%) 4	(0.5%) 3
		(46.5%) 75	(45.3%) 115	(8.1%) 11	(0.0%) 0	(50.0%) 87	(42.4%) 95	(7.0%) 16	(0.6%) 3	(74.4%) 138	(21.5%) 52	(2.3%) 11	(1.7%) 0
	45-49	(37.3%) 107	(57.2%) 108	(5.5%) 11	(0.0%) 1	(43.3%) 110	(47.3%) 102	(8.0%) 14	(1.5%) 1	(68.7%) 166	(25.9%) 53	(5.5%)	(0.0%)
	50-54	(47.1%) 163	(47.6%) 138	(4.8%) 12	(0.4%)	(48.5%) 155	(44.9%) 148	(6.2%) 12	(0.4%)	(73.5%) 227	(23.5%) 80	(2.7%)	(0.4%)
	55-59	(51.9%) 348	(43.9%) 255	(3.8%)	(0.3%) 0	(49.2%) 320	(47.0%) 279	(3.8%)	(0.0%)	(72.3%) 451	(25.5%) 152	(2.2%) 12	(0.0%)
	60-64	(56.2%)	(41.2%)	(2.6%)	(0.0%)	(51.7%)	(45.1%)	(3.1%)	(0.2%)	(73.1%)	(24.6%)	(1.9%)	(0.3%)
	65-69	445 (60.9%)	261 (35.7%)	21 (2.9%)	4 (0.5%)	416 (56.8%)	293 (40.0%)	23 (3.1%)	(0.1%)	575 (78.4%)	144 (19.6%)	12 (1.6%)	(0.3%)
	70-74	492 (62.2%)	268 (33.9%)	29 (3.7%)	2 (0.3%)	459 (58.0%)	292 (36.9%)	39 (4.9%)	1 (0.1%)	610 (77.1%)	158 (20.0%)	21 (2.7%)	2 (0.3%)
	75-79	350 (62.5%)	189 (33.8%)	19 (3.4%)	2 (0.4%)	328 (58.5%)	205 (36.5%)	27 (4.8%)	1 (0.2%)	449 (80.2%)	88 (15.7%)	20 (3.6%)	3 (0.5%)
	80-	242 (69.9%)	88 (25.4%)	13 (3.8%)	3 (0.9%)	233 (67.0%)	98 (28.2%)	14 (4.0%)	3 (0.9%)	276 (79.3%)	62 (17.8%)	9 (2.6%)	(0.3%)
	合計	2402 (57.7%)	1587 (38.1%)	160 (3.8%)	14 (0.3%)	2299 (55.1%)	1666 (40.0%)	191 (4.6%)	13 (0.3%)	3168 (76.1%)	870 (20.9%)	110 (2.6%)	15 (0.4%)
合計	-39	154 (52.2%)	121 (41.0%)	19 (6.4%)	(0.3%)	151 (51.2%)	119 (40.3%)	23 (7.8%)	(0.7%)	223 (76.1%)	54 (18.4%)	12 (4.1%)	
	40-44	109	(41.0%) 118 (48.4%)	17	(0.0%)	123 (50.4%)	101 (41.4%)	(7.8%)	(0.7%) 1 (0.4%)	182 (74.9%)	52 (21.4%)	(2.5%)	3
	45-49	(44.7%) 115	166	(7.0%) 15	0	129	140	24	3	210	71	14	(1.2%)
	50-54	(38.9%) 179	(56.1%) 142	(5.1%) 18	(0.0%)	(43.6%) 177	(47.3%) 142	(8.1%) 20	(1.0%)	(70.9%) 262	(24.0%) 67	(4.7%) 8	(0.3%) 2
	55-59	(52.6%) 228	(41.8%) 197	(5.3%) 19	(0.3%) 1	(52.1%) 213	(41.8%) 212	(5.9%) 21	(0.3%) 0	(77.3%) 331	(19.8%) 103	(2.4%) 10	(0.6%) 1
		(51.2%) 507	(44.3%) 343	(4.3%) 18	(0.2%) 0	(47.8%) 470	(47.5%) 367	(4.7%) 30	(0.0%) 1	(74.4%) 660	(23.1%) 188	(2.2%) 15	(0.2%)
	60-64	(58.4%) 748	(39.5%) 368	(2.1%) 34	(0.0%)	(54.1%) 709	(42.3%) 406	(3.5%) 39	(0.1%) 1	(76.3%) 937	(21.7%) 196	(1.7%) 20	(0.2%)
	65-69	(64.8%) 910	(31.9%) 385	(2.9%) 45	(0.3%)	(61.4%) 861	(35.2%) 427	(3.4%) 53	(0.1%)	(81.1%) 1094	(17.0%) 222	(1.7%) 25	(0.3%)
	70-74	(67.8%)	(28.7%)	(3.4%)	(0.1%)	(64.1%) 648	(31.8%)	(3.9%)	(0.1%)	(81.5%)	(16.5%)	(1.9%)	(0.1%)
	75-79	689 (69.4%)	269 (27.1%)	31 (3.1%)	(0.4%)	(65.2%)	306 (30.8%)	(3.7%)	(0.3%)	834 (84.0%)	127 (12.8%)	29 (2.9%)	(0.3%)
	80-	501 (75.3%)	144 (21.7%)	16 (2.4%)	(0.6%)	485 (72.8%)	154 (23.1%)	22 (3.3%)	5 (0.8%)	548 (82.7%)	98 (14.8%)	14 (2.1%)	3 (0.5%)
	合計	4140 (62.3%)	2253 (33.9%)	232 (3.5%)	17 (0.3%)	3966 (59.7%)	2374 (35.7%)	288 (4.3%)	19 (0.3%)	5281 (79.6%)	1178 (17.8%)	153 (2.3%)	24 (0.4%)

7) 日中の活動について(身体的及び精神的)

8) 日中の眠気について

		ロ中の心動について	対 本口) 及 い 作 1 年 ロ	37		8)日中の眠気について							
		いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい				
男性	-39	67 (72.0%)	19 (20.4%)	5 (5.4%)	2 (2.2%)	38 (40.9%)	48 (51.6%)	6 (6.5%)	(1.1%)				
	40-44	57	11	4	0	17	51	4	0				
		(79.2%) 66	(15.3%) 24	(5.6%) 5	(0.0%) 0	(23.6%) 33	(70.8%) 57	(5.6%) 5	(0.0%)				
	45-49	(69.5%)	(25.3%)	(5.3%)	(0.0%)	(34.7%)	(60.0%)	(5.3%)	(0.0%)				
	50-54	90 (79.6%)	19 (16.8%)	3 (2.7%)	1 (0.9%)	40 (35.4%)	69 (61.1%)	4 (3.5%)	(0.0%)				
	55-59	90	35	5	1	39	90	1	1				
		(68.7%) 181	(26.7%) 55	(3.8%) 12	(0.8%)	(29.8%) 84	(68.7%) 161	(0.8%) 2	(0.8%) 0				
	60-64	(72.7%)	(22.1%)	(4.8%)	(0.4%)	(34.0%)	(65.2%)	(0.8%)	(0.0%)				
	65-69	316 (74.9%)	87 (20.6%)	19 (4.5%)	0 (0.0%)	165 (39.0%)	247 (58.4%)	11 (2.6%)	(0.0%)				
	70-74	401	127	21	2	213	324	13	0				
		(72.8%) 302	(23.0%) 102	(3.8%) 28	(0.4%) 1	(38.7%) 152	(58.9%) 270	(2.4%) 9	(0.0%)				
	75-79	(69.7%)	(23.6%)	(6.5%)	(0.2%)	(35.2%)	(62.5%)	(2.1%)	(0.2%)				
	80-	207 (65.1%)	77 (24.2%)	30 (9.4%)	4 (1.3%)	108 (33.9%)	201 (63.0%)	9 (2.8%)	(0.3%)				
	合計	1777	556	132	12	889	1518	64	(0.3%)				
		(71.7%) 164	(22.4%)	(5.3%)	(0.5%)	(35.9%)	(61.3%) 132	(2.6%)	(0.2%)				
女性	-39	(81.2%)	(15.8%)	(1.5%)	(1.5%)	(25.2%)	(65.3%)	(7.9%)	3 (1.5%)				
	40-44	124 (72.1%)	41 (23.8%)	7 (4.1%)	0 (0.0%)	38	115	17	2				
	45-49	131	(23.6%)	(4.1%)	(0.0%)	(22.1%) 48	(66.9%) 132	(9.9%) 20	(1.2%)				
	45-49	(65.2%)	(28.9%)	(5.0%)	(1.0%)	(23.9%)	(65.7%)	(10.0%)	(0.5%)				
	50-54	172 (75.8%)	48 (21.1%)	6 (2.6%)	1 (0.4%)	47 (20.7%)	164 (72.2%)	16 (7.0%)	(0.0%)				
	55-59	217	82	13	3	71	229	15	0				
		(68.9%) 394	(26.0%) 187	(4.1%) 36	(1.0%) 2	(22.5%) 169	(72.7%) 426	(4.8%) 24	(0.0%)				
	60-64	(63.7%)	(30.2%)	(5.8%)	(0.3%)	(27.3%)	(68.8%)	(3.9%)	(0.0%)				
	65-69	500 (68.4%)	200 (27.4%)	23 (3.1%)	8 (1.1%)	219 (29.9%)	488 (66.7%)	24 (3.3%)	(0.1%)				
	70-74	493	238	53	5	228	541	24	(0.1%)				
		(62.5%) 344	(30.2%) 173	(6.7%) 39	(0.6%) 4	(28.8%) 138	(68.2%) 406	(3.0%)	(0.0%)				
	75-79	(61.4%)	(30.9%)	(7.0%)	(0.7%)	(24.6%)	(72.5%)	15 (2.7%)	(0.2%)				
	80-	203 (58.7%)	110	28	5	105	231	13	0				
	合計	2742	(31.8%) 1169	(8.1%) 218	(1.4%) 33	(30.1%) 1114	(66.2%) 2864	(3.7%) 184	(0.0%)				
		(65.9%)	(28.1%)	(5.2%)	(0.8%)	(26.7%)	(68.7%)	(4.4%)	(0.2%)				
合計	-39	231 (78.3%)	51 (17.3%)	8 (2.7%)	5 (1.7%)	89 (30.2%)	180 (61.0%)	22 (7.5%)	4 (1.4%)				
	40-44	181	52	11	0	55	166	21	2				
		(74.2%) 197	(21.3%) 82	(4.5%) 15	(0.0%) 2	(22.5%) 81	(68.0%) 189	(8.6%) 25	(0.8%)				
	45-49	(66.6%)	(27.7%)	(5.1%)	(0.7%)	(27.4%)	(63.9%)	(8.4%)	(0.3%)				
	50-54	262 (77.1%)	67 (19.7%)	9 (2.6%)	2 (0.6%)	87 (25.6%)	233 (68.5%)	20 (5.9%)	(0.0%)				
	55-59	307	117	18	4	110	319	16	1				
		(68.8%) 575	(26.2%) 242	(4.0%) 48	(0.9%) 3	(24.7%) 253	(71.5%) 587	(3.6%) 26	(0.2%)				
	60-64	(66.2%)	(27.9%)	(5.5%)	(0.3%)	(29.2%)	(67.8%)	(3.0%)	(0.0%)				
	65-69	816 (70.8%)	287 (24.9%)	42 (3.6%)	8 (0.7%)	384 (33.2%)	735 (63.6%)	35 (3.0%)	(0.1%)				
	70-74	894	365	74	7	441	865	37	0				
		(66.7%) 646	(27.2%) 275	(5.5%) 67	(0.5%) 5	(32.8%)	(64.4%)	(2.8%)	(0.0%)				
	75-79	(65.1%)	(27.7%)	(6.7%)	(0.5%)	290 (29.2%)	676 (68.1%)	24 (2.4%)	(0.2%)				
	80-	410	187	58	9	213	432	22	1				
		(61.7%) 4519	(28.2%) 1725	(8.7%) 350	(1.4%) 45	(31.9%) 2003	(64.7%) 4382	(3.3%) 248	(0.1%) 12				
	合計	(68.1%)	(26.0%)	(5.3%)	(0.7%)	(30.1%)	(65.9%)	(3.7%)	(0.2%)				

【7】人とのつながりについておたずねします。

		1) 月に1回以上、会ったり話したりする家族や親戚は何人いますか。							以上、会った すか。	とり連絡を	とりあう友ノ	しは		2) 個人的な 何人いま		₹ねなくi	話せる家族	や親戚は		5) 個人的な 何人いま		式兼ねなく記 	舌せる友人	.t	
		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上
男性	-39	2 (2.2%)	12 (12.9%)	14 (15.1%)	30 (32.3%)	24 (25.8%)	11 (11.8%)	5 (5.4%)	20 (21.5%)	20 (21.5%)	31 (33.3%)	14 (15.1%)	3 (3.2%)	6 (6.5%)	19 (20.4%)	23 (24.7%)	22 (23.7%)	18 (19.4%)	5 (5.4%)	23 (24.7%)	9 (9.7%)	20 (21.5%)	18 (19.4%)	10 (10.8%)	13 (14.0%)
	40-44	3 (4.2%)	10 (13.9%)	11 (15.3%)	22 (30.6%)	20 (27.8%)	6 (8.3%)	(2.8%)	21 (29.2%)	21 (29.2%)	20 (27.8%)	8 (11.1%)	(0.0%)	6 (8.3%)	16 (22.2%)	10 (13.9%)	26 (36.1%)	12 (16.7%)	2 (2.8%)	11 (15.3%)	14 (19.4%)	18 (25.0%)	12 (16.7%)	6 (8.3%)	11 (15.3%)
	45-49	5 (5,3%)	8 (8.4%)	16 (16.8%)	37 (38.9%)	18 (18.9%)	11 (11.6%)	6 (6.3%)	30 (31,6%)	17 (17.9%)	26 (27.4%)	11 (11.6%)	5 (5.3%)	8 (8.4%)	31 (32.6%)	17 (17.9%)	24 (25.3%)	9 (9.5%)	6 (6.3%)	25 (26.6%)	20 (21.3%)	15 (16,0%)	16 (17.0%)	6 (6.4%)	12 (12.8%)
	50-54	8 (7.2%)	11 (9.9%)	30 (27.0%)	27 (24.3%)	27 (24.3%)	8 (7.2%)	9 (8.2%)	25 (22.7%)	33 (30.0%)	26 (23.6%)	14 (12.7%)	3 (2.7%)	11 (10.0%)	22 (20.0%)	26 (23.6%)	30 (27.3%)	18 (16.4%)	3 (2.7%)	21 (19.3%)	19 (17.4%)	26 (23.9%)	22 (20.2%)	9 (8.3%)	12 (11.0%)
	55-59	3 (2.3%)	16 (12.2%)	25 (19,1%)	42 (32.1%)	36 (27.5%)	9 (6.9%)	(3.8%)	33 (25.2%)	27 (20.6%)	46 (35.1%)	17 (13.0%)	3 (2.3%)	2 (1.5%)	30 (22.9%)	32 (24.4%)	43 (32.8%)	17 (13.0%)	7 (5.3%)	18 (13.8%)	25 (19.2%)	29 (22,3%)	31 (23.8%)	15 (11.5%)	12 (9.2%)
	60-64	12 (4.9%)	47 (19.0%)	48 (19.4%)	58 (23.5%)	51 (20.6%)	31 (12.6%)	22 (8.8%)	65 (26.1%)	64 (25.7%)	50 (20.1%)	29 (11.6%)	19 (7.6%)	18 (7.2%)	48 (19.3%)	73 (29.3%)	56 (22.5%)	36 (14.5%)	18 (7.2%)	45 (18.2%)	48 (19.4%)	52 (21.1%)	55 (22.3%)	29 (11.7%)	18 (7.3%)
	65-69	12 (2.8%)	49 (11.6%)	81 (19.2%)	121 (28.7%)	99 (23.5%)	60 (14,2%)	17 (4.0%)	89 (21.1%)	97 (23.0%)	109 (25.9%)	74 (17.6%)	35 (8.3%)	18 (4.3%)	64 (15.1%)	101 (23.9%)	126 (29.8%)	85 (20.1%)	29 (6.9%)	38 (9.0%)	64 (15.2%)	100 (23.8%)	94 (22.4%)	62 (14.8%)	62 (14.8%)
	70-74	13 (2.4%)	57 (10.4%)	121 (22.2%)	136 (24.9%)	131 (24.0%)	88 (16,1%)	22 (4.0%)	96 (17.4%)	140 (25.4%)	144 (26.1%)	101 (18.3%)	49 (8.9%)	(3.6%)	85 (15,4%)	147 (26.6%)	147 (26.6%)	105 (19.0%)	48 (8.7%)	43 (7.8%)	99 (18.0%)	109 (19.8%)	121 (22.0%)	93 (16.9%)	86 (15.6%)
	75-79	12 (2,8%)	46 (10.6%)	86 (19.9%)	125 (28.9%)	99 (22.9%)	65 (15.0%)	18 (4.1%)	64 (14,7%)	119 (27.4%)	101 (23.3%)	93 (21.4%)	39 (9.0%)	19 (4.4%)	66 (15,3%)	106 (24.6%)	106 (24.6%)	91 (21,1%)	43 (10.0%)	34 (7.9%)	77 (17,9%)	103	(18.8%)	71 (16,5%)	65 (15.1%)
	80-	(3.5%)	(13.8%)	54 (17.0%)	62 (19.5%)	90 (28.3%)	57 (17.9%)	13 (4,1%)	41 (12.9%)	64 (20.1%)	78 (24.5%)	78 (24.5%)	44 (13.8%)	7 (2.2%)	36 (11.4%)	58 (18.3%)	98 (30.9%)	73 (23.0%)	45 (14.2%)	39 (12.3%)	47 (14.9%)	85 (26.9%)	50 (15,8%)	54 (17.1%)	41 (13.0%)
	合計	(3.3%)	300	486	660 (26.7%)	595 (24.1%)	346 (14.0%)	119	484	602	631	439	200	115	417	593 (24.0%)	678 (27.4%)	464	206	297	422	557 (22.6%)	500	355	332
女性	-39	(0,5%)	12 (5.9%)	37 (18,3%)	70 (34.7%)	(31.7%)	18 (8.9%)	(4.8%) 10 (5.0%)	34 (16.8%)	58 (28.7%)	(29.7%)	34 (16.8%)	(3.0%)	10 (5,0%)	(10.9%)	(21.9%)	(36.8%)	(20.4%)	10 (5.0%)	38 (18.8%)	(24.3%)	40 (19.8%)	(20.3%) 52 (25.7%)	(5,4%)	12
	40-44	(3.5%)	(8,1%)	37 (21.5%)	(32.0%)	46 (26.7%)	(8,5%) 14 (8,1%)	(3.5%)	33 (19.2%)	(31,4%)	(30.8%)	25 (14.5%)	(0.6%)	(4.7%)	25 (14.5%)	52 (30.2%)	(34.3%)	24 (14.0%)	(2.3%)	(14.0%)	(24.3%) 46 (26.7%)	(19.6%) 42 (24.4%)	(25.7%) 45 (26.2%)	10	(5.9%) 5 (2.9%)
	45-49	5	22	45	54	(26.7%) 55 (27.4%)	(8.1%) 20 (10.0%)	(3.5%) 13 (6.5%)	(19.2%) 43 (21.4%)	(31.4%) 50 (24.9%)	(30.8%) 60 (29.9%)	(14.5%)	(2.0%)	(4.7%) 11 (5.6%)	(14.5%) 39 (19.7%)	(30.2%) 53 (26.8%)	(34.3%) 57 (28.8%)	33 (16,7%)	5	35 (17,5%)	47	41	49	(5.8%)	8
	50-54	(2.5%)	(10.9%)	(22.4%)	(26.9%) 74	64	24	8	34	62	84	28	11	7	28	58	80	40	(2.5%)	47	(23.5%)	(20.5%)	(24.5%) 45	(10.0%) 15	(4.0%) 14
	55-59	(1.8%)	(8.8%)	(18,1%) 56	(32.6%)	(28.2%) 82	(10.6%)	(3.5%)	(15,0%) 52	(27.3%) 84	(37.0%)	(12.3%)	(4.8%)	(3.1%)	(12.4%)	(25.8%)	(35.6%)	(17.8%)	(5.3%)	(20.8%) 56	(20.8%) 71	(25.7%) 90	(19.9%) 57	(6.6%) 27	(6.2%) 13
	60-64	(3.2%) 18	(12.5%) 68	(17.9%) 122	(30.4%) 187	(26.2%) 150	(9.9%) 74	(5.1%) 38	(16.5%) 113	(26.7%) 164	(32.7%) 199	(14.6%) 81	(4.4%) 21	(3.8%)	(18.7%) 95	(23.5%) 162	(30.2%)	(18.1%) 90	(5.7%) 34	(17.8%) 60	(22.6%) 137	(28.7%) 171	(18.2%) 146	(8.6%) 63	(4.1%) 39
	65-69	(2.9%) 22	(11.0%) 64	(19.7%) 151	(30.2%) 200	(24.2%) 187	(12.0%) 107	(6.2%) 23	(18.3%) 114	(26.6%) 220	(32.3%) 186	(13.1%) 139	(3.4%) 49	(5.4%) 19	(15.4%) 101	(26.3%) 197	(32.8%) 206	(14.6%) 149	(5.5%) 58	(9.7%) 51	(22.2%) 119	(27.8%) 187	(23.7%) 173	(10.2%) 120	(6.3%) 80
	70-74	(3.0%) 20	(8.8%) 93	(20.7%) 174	(27.4%) 202	(25.6%) 182	(14.6%) 121	(3.1%) 43	(15.6%) 149	(30.1%) 214	(25.4%) 190	(19.0%) 138	(6.7%) 56	(2.6%) 26	(13.8%) 133	(27.0%) 217	(28.2%) 204	(20.4%) 153	(7.9%) 57	(7.0%) 55	(16.3%) 139	(25.6%) 206	(23.7%) 164	(16.4%) 125	(11.0%) 99
		(2.5%) 15	(11.7%) 51	(22.0%) 118	(25.5%) 140	(23.0%) 148	(15.3%) 86	(5.4%) 24	(18.9%) 86	(27.1%) 140	(24.1%) 157	(17.5%) 104	(7.1%) 49	(3.3%) 18	(16.8%) 80	(27.5%) 131	(25.8%) 153	(19.4%) 122	(7.2%) 54	(7.0%) 37	(17.6%) 90	(26.1%) 125	(20.8%) 137	(15.9%) 95	(12.6%) 74
	75-79	(2.7%) 11	(9.1%) 41	(21.1%) 79	(25.1%) 95	(26.5%) 78	(15.4%) 43	(4.3%) 13	(15.4%) 54	(25.0%) 92	(28.0%) 95	(18.6%) 67	(8.8%) 26	(3.2%)	(14.3%) 54	(23.5%) 83	(27.4%) 100	(21.9%) 71	(9.7%) 28	(6.6%) 22	(16.1%) 54	(22.4%) 87	(24.6%) 75	(17.0%) 64	(13.3%) 43
	80-	(3.2%) 112	(11.8%) 424	(22.8%) 860	(27.4%) 1172	(22.5%) 1056	(12.4%) 538	(3.7%)	(15.6%) 712	(26.5%) 1138	(27.4%) 1187	(19.3%) 693	(7.5%) 237	(2.9%) 154	(15.6%) 636	(24.0%) 1071	(28.9%) 1230	(20.5%) 780	(8.1%) 280	(6.4%) 425	(15.7%) 799	(25.2%)	(21.7%) 943	(18.6%) 550	(12.5%) 387
	合計	(2.7%)	(10.2%)	(20.7%)	(28.2%)	(25.4%)	(12.9%) 29	(4.7%)	(17.1%)	(27.3%) 78	(28.5%) 91	(16.7%)	(5.7%)	(3.7%)	(15.3%)	(25.8%)	(29.6%)	(18.8%)	(6.7%)	(10.2%)	(19.2%)	(25.2%)	(22.7%)	(13.2%)	(9.3%)
合計	-39	(1.0%)	(8.1%) 24	(17.3%) 48	(33.9%)	(29.8%)	(9.8%) 20	(5.1%)	(18.3%)	(26.4%) 75	(30.8%)	(16.3%) 33	(3.1%)	(5.4%)	(13.9%) 41	(22.8%)	(32.7%)	(20.1%) 36	(5.1%)	(20.7%) 35	(19.7%)	(20.3%)	(23.7%) 57	(7.1%)	
	40-44	(3.7%)	(9.8%)	(19.7%) 61	(31.6%)	(27.0%)	(8.2%) 31	(3.3%)	(22.1%) 73	(30.7%) 67	(29.9%) 86	(13,5%) 42	(0.4%)	(5.7%) 19	(16.8%)	(25.4%) 70	(34.8%)	(14.8%) 42	(2.5%) 11	(14.3%) 60	(24.6%) 67	(24.6%)	(23.4%) 65	(6.6%)	(6.6%)
	45-49	(3.4%)	(10.1%)	(20.6%)	(30.7%)	73 (24.7%) 91	(10.5%)	(6.4%)	(24.7%) 59	(22.6%) 95	(29.1%) 110	(14.2%) 42	(3.0%) 14	(6.5%)	(23.9%) 50	(23.9%) 84	(27.6%) 110	(14.3%) 58	(3.8%)	(20.4%) 68	(22.8%)	56 (19.0%)	(22.1%)	(8.8%)	
	50-54	12 (3.6%)	31 (9.2%)	(21.0%)	(29.9%)	(26.9%)	32 (9.5%)	(5.0%)	(17.5%)	(28.2%)	(32.6%)	(12.5%)	(4.2%)	(5.4%)	(14.9%)	(25.1%)	(32.8%)	(17,3%)	15 (4.5%)	(20.3%)	66 (19.7%)	84 (25.1%)	67 (20.0%)	24 (7.2%)	
	55-59	13 (2.9%)	55 (12.4%)	81 (18.2%)	137 (30.9%)	118 (26.6%)	40 (9.0%)	21 (4.7%)	85 (19.1%)	111 (24.9%)	149 (33.4%)	63 (14.1%)	17 (3.8%)	14 (3.1%)	89 (20.0%)	106 (23.8%)	138 (30.9%)	74 (16.6%)	25 (5.6%)	74 (16,7%)	96 (21.6%)	119 (26.8%)	88 (19.8%)	42 (9.5%)	
	60-64	30 (3.5%)	115 (13.3%)	170 (19.6%)	245 (28.3%)	201 (23.2%)	105 (12.1%)	60 (6.9%)	178 (20.6%)	228 (26.4%)	249 (28.8%)	110 (12.7%)	40 (4.6%)	51 (5.9%)	143 (16.5%)	235 (27.2%)	258 (29.8%)	126 (14.6%)	52 (6.0%)	105 (12.2%)	185 (21.4%)	223 (25.8%)	201 (23.3%)	92 (10.7%)	
	65-69	34 (2.9%)	113 (9.8%)	232 (20.1%)	321 (27.8%)	286 (24.8%)	167 (14.5%)	40 (3.5%)	203 (17.6%)	317 (27.5%)	295 (25.6%)	213 (18.5%)	84 (7.3%)	37 (3.2%)	165 (14.3%)	298 (25.8%)	332 (28.8%)	234 (20.3%)	87 (7.5%)	89 (7.7%)	183 (15.9%)	287 (25.0%)	267 (23.2%)	182 (15.8%)	
	70-74	33 (2.5%)	150 (11.2%)	295 (22.0%)	338 (25,3%)	313 (23.4%)	209 (15,6%)	65 (4.8%)	245 (18.3%)	354 (26.4%)	334 (24.9%)	239 (17.8%)	105 (7.8%)	46 (3.4%)	218 (16.2%)	364 (27.1%)	351 (26.2%)	258 (19.2%)	105 (7.8%)	98 (7.3%)	238 (17.8%)	315 (23.5%)	285 (21.3%)	218 (16.3%)	185 (13.8%)
	75-79	27 (2.7%)	97 (9.8%)	204 (20.6%)	265 (26.7%)	247 (24.9%)	151 (15.2%)	42 (4.2%)	150 (15.1%)	259 (26.1%)	258 (26.0%)	197 (19.8%)	88 (8,9%)	37 (3.7%)	146 (14.8%)	237 (24.0%)	259 (26.2%)	213 (21.5%)	97 (9.8%)	71 (7.2%)	167 (16.9%)	228 (23.1%)	218 (22.0%)	166 (16.8%)	139 (14.1%)
	80-	(3.3%)	85 (12.8%)	133	157 (23.6%)	168 (25.3%)	100	26 (3.9%)	95 (14.3%)	156 (23.5%)	173 (26.0%)	145 (21.8%)	70 (10.5%)	17 (2.6%)	90 (13,6%)	141 (21.3%)	198 (29.9%)	144 (21.7%)	73 (11.0%)	61 (9.2%)	101 (15.3%)	172 (26.0%)	125 (18.9%)	118	84
	合計	193	724	1346	1832	1651	884 (13,3%)	313 (4.7%)	1196	1740 (26.2%)	1818	1132	437	269 (4.1%)	1053	1664	1908	1244 (18.8%)	486 (7.3%)	722 (10.9%)	1221 (18.5%)	1604	1443	905	719

		3) 手助けを頼	める家族や	親戚は何ん	人いますか。			6) 手助けを	頭める友人(は何人います	たか。			7) まわりの人	7)まわりの人々はお互いに助け合っている。					
		人0	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全・ そう思わない		
男性	-39	20 (21.5%)	11 (11.8%)	17 (18.3%)	28 (30.1%)	9 (9.7%)	(8.6%)	22 (23.9%)	11 (12.0%)	17 (18.5%)	31 (33.7%)	5 (5.4%)	6 (6.5%)	6 (6.5%)	46 (49.5%)	32 (34.4%)	3 (3.2%)	(6.5%		
	40-44	9 (12.5%)	17 (23.6%)	21 (29.2%)	13 (18.1%)	(8.3%)	6 (8.3%)	14 (19.4%)	17 (23.6%)	(30.6%)	(15.3%)	(5.6%)	(5.6%)	11	36	18	5			
	45-49	19	28	23	16	5	4	29	22	23	15	3	3	(15.3%)	(50.0%) 58	(25.0%) 25	(6.9%) 4	(2.8%		
	50-54	(20.0%) 21	(29.5%) 21	(24.2%) 33	(16.8%) 19	(5.3%) 12	(4.2%) 4	(30.5%) 24	(23.2%) 23	(24.2%) 30	(15.8%) 19	(3.2%) 10	(3.2%) 4	(7.4%) 5	(61.1%) 68	(26,3%) 32	(4.2%) 4	(1.1%		
		(19.1%) 23	(19.1%) 31	(30.0%) 35	(17.3%) 30	(10.9%) 8	(3.6%)	(21.8%) 34	(20.9%) 32	(27.3%) 31	(17.3%) 22	(9.1%) 8	(3.6%)	(4.5%)	(60.7%) 71	(28.6%) 37	(3.6%)	(2.7%		
	55-59	(17.6%) 58	(23.7%) 55	(26.7%) 64	(22.9%) 52	(6.1%) 13	(3.1%)	(26.0%) 61	(24.4%) 56	(23.7%) 62	(16.8%) 41	(6.1%) 17	(3.1%) 10	(6.9%)	(54.2%)	(28.2%)	(9.2%)	(1.5%		
	60-64	(23.3%)	(22.1%)	(25.7%)	(20.9%)	(5.2%)	(2.8%)	(24.7%)	(22.7%)	(25.1%)	(16.6%)	(6.9%)	(4.0%)	21 (8.5%)	148 (59.7%)	67 (27.0%)	(3.2%)	(1.6%		
	65-69	66 (15.6%)	89 (21.1%)	106 (25.1%)	95 (22.5%)	45 (10.7%)	21 (5,0%)	77 (18.3%)	102 (24.3%)	102 (24.3%)	83 (19.8%)	35 (8.3%)	21 (5.0%)	58 (13.8%)	255 (60.6%)	97 (23.0%)	9 (2.1%)	(0.5%		
	70-74	77 (14.0%)	132 (24.0%)	139 (25.3%)	114 (20.8%)	47 (8.6%)	40 (7.3%)	. 91 (16.7%)	133 (24.4%)	142 (26.0%)	106 (19.4%)	42 (7.7%)	(5.9%)	97 (17.6%)	335 (60,8%)	102 (18.5%)	11 (2.0%)	(1.1%		
	75-79	53 (12.3%)	100 (23,1%)	130 (30.1%)	77 (17.8%)	46 (10.6%)	26 (6.0%)	67 (15.6%)	105 (24,5%)	121 (28.2%)	70 (16.3%)	45 (10.5%)	21 (4.9%)	102 (23.5%)	234	77	10	11		
	80-	61	60	94	44	36	21	71	61	90	49	25	19	80	170	(17.7%) 57	(2.3%)	(2.5%		
	合計	(19.3%) 407	(19.0%) 544	(29.7%) 662	(13.9%) 488	(11.4%) 227	(6.6%) 141	(22.5%) 490	(19.4%) 562	(28.6%) 640	(15.6%) 447	(7.9%) 194	(6.0%) 124	(25.1%) 396	(53.3%) 1421	(17.9%) 544	(2.5%) 74	(1.3% 4		
-t-A4L		(16.5%)	(22.0%)	(26.8%)	(19.8%)	(9.2%)	(5,7%)	(19.9%)	(22,9%)	(26.0%)	(18.2%) 52	(7.9%)	(5.0%)	(16.0%)	(57.4%) 119	(22.0%)	(3.0%)	(1.7%		
女性	-39	(11.4%) 20	(21.8%) 45	(28.7%) 49	(27.7%) 46	(6.9%) 10	(3.5%)	(19.3%) 28	(15.8%) 48	(30.2%) 52	(25.7%) 38	(5.9%)	(3.0%)	(15,8%) 12	(58.9%) 111	(21,8%)	(1.5%) 4	(2.0%		
	40-44	(11.6%)	(26.2%)	(28.5%)	(26.7%)	(5.8%)	(1.2%)	(16.3%)	(27.9%)	(30.2%)	(22.1%)	(2.3%)	(1.2%)	(7.0%)	(64.5%)	(25.0%)	(2.3%)	(1.2%		
	45-49	34 (16.9%)	45 (22.4%)	59 (29.4%)	48 (23.9%)	15 (7.5%)	0 (0.0%)	47 (23.6%)	49 (24.6%)	47 (23.6%)	46 (23.1%)	8 (4.0%)	2 (1.0%)	22 (10.9%)		47 (23.4%)	11 (5.5%)) (0.0%		
	50-54	43 (18.9%)	48 (21.1%)	62 (27.3%)	57 (25.1%)	14 (6.2%)	(1.3%)	59 (26,0%)	50 (22.0%)	57 (25.1%)	46 (20,3%)	11 (4.8%)	4 (1.8%)	21 (9.3%)	147 (64.8%)	53 (23.3%)	4 (1.8%)	(0,9%		
	55-59	53 (16.9%)	87 (27.7%)	87 (27.7%)	73 (23,2%)	14 (4.5%)	0 (0.0%)	68 (21.7%)	93 (29.6%)	71 (22.6%)	67 (21.3%)	(3.5%)	4 (1,3%)	19 (6,0%)	200	85 (27,0%)	9 (2.9%)	(0.6%		
	60-64	95	175	185	116	34	13	139	170	170	98	27	11	61	386	144	18	10		
	65-69	(15.4%) 99	(28.3%) 195	(29.9%) 198	(18.8%) 159	(5.5%) 54	(2.1%) 23	(22.6%) 136	(27.6%) 203	(27.6%) 198	(15.9%) 125	(4.4%) 43	(1.8%) 18	(9.9%) 117	(62.4%) 446	(23.3%) 143	(2.9%) 13	(1.6%) 12		
		(13.6%) 107	(26.8%) 196	(27.2%) 241	(21.8%) 141	(7.4%) 67	(3.2%) 38	(18.8%) 145	(28.1%) 202	(27.4%) 222	(17.3%) 132	(5.9%) 57	(2.5%) 26	(16.0%) 175		(19.6%) 129	(1.8%) 20	(1.6%		
	70-74	(13.5%) 78	(24.8%) 141	(30.5%) 170	(17.8%) 100	(8.5%) 51	(4.8%) 19	(18.5%) 85	(25.8%) 165	(28.3%) 165	(16.8%) 80	(7.3%) 43	(3,3%)	(22.1%) 158	(56.8%) 285	(16.3%) 90	(2.5%)	(2.3%		
	75-79	(14.0%)	(25.2%)	(30.4%)	(17.9%)	(9.1%)	(3.4%)	(15.3%)	(29.7%)	(29.7%)	(14.4%)	(7.7%)	(3.1%)	(28.2%)	(50.8%)	(16.0%)	(2.0%)	17 (3.0%)		
	80-	48 (13.8%)	93 (26.8%)	98 (28.2%)	63 (18.2%)	32 (9.2%)	13 (3.7%)	62 (17.9%)	102 (29.4%)	86 (24.8%)	60 (17.3%)	24 (6.9%)	13 (3.7%)	108 (30.9%)		53 (15.2%)	(1.1%)	(2,3%		
	合計	600 (14,4%)	1069 (25,7%)	1207 (29.0%)	859 (20.7%)	305 (7.3%)	118 (2.8%)	808 (19.5%)	1114 (26.9%)	1129 (27.3%)	744 (18.0%)	240 (5.8%)	103 (2,5%)	725 (17,4%)		831 (19,9%)	97 (2.3%)	75 (1.8%		
合計	-39	43 (14.6%)	55 (18.6%)	75 (25.4%)	84 (28.5%)	23 (7.8%)	15 (5.1%)	61 (20.7%)	43 (14.6%)	78 (26.5%)	83 (28.2%)	17 (5.8%)	12 (4.1%)	38 (12.9%)		76 (25.8%)	6 (2.0%)	(3.4%		
	40-44	29	62	70	59	16	8	42	65 (26.6%)	74	49	8	6	23	147	61	9	4		
	45-49	(11.9%) 53	(25.4%) 73	(28.7%) 82	(24.2%) 64	(6.6%) 20	(3.3%) 4	(17.2%) 76	71	(30.3%) 70	(20.1%) 61	(3.3%) 11	(2.5%) 5	(9.4%) 29	179	(25.0%) 72	(3.7%) 15	(1.6%		
		(17.9%) 64	(24.7%) 69	(27.7%) 95	(21.6%) 76	(6,8%) 26	(1.4%) 7	(25.9%) 83	(24.1%) 73	(23.8%) 87	(20.7%) 65	(3,7%) 21	(1.7%) 8	(9.8%) 26		(24.3%) 85	(5.1%) 8	(0.3%		
	50-54	(19.0%) 76	(20.5%) 118	(28.2%) 122	(22.6%) 103	(7.7%) 22	(2.1%)	(24.6%) 102	(21.7%) 125	(25.8%) 102	(19.3%) 89	(6.2%) 19	(2.4%)	(7.7%) 28	(63.4%)	(25.1%) 122	(2.4%)	(1.5%		
	55-59	(17.1%)	(26.5%)	(27.4%)	(23.1%)	(4.9%) 47	(0.9%)	(22.9%)	(28.1%)	(22.9%)	(20.0%)	(4.3%) 44	(1.8%)	(6.3%)	(60.8%)	(27.4%)	(4.7%)	(0.9%		
	60-64	153 (17.6%)	230 (26.5%)	249 (28.7%)	168 (19.4%)	(5.4%)	20 (2.3%)	200 (23.2%)	226 (26.2%)	232 (26.9%)	139 (16.1%)	(5.1%)	21 (2.4%)	82 (9.5%)		211 (24.3%)	26 (3.0%)	14 (1.6%		
	65-69	165 (14.3%)	284 (24.7%)	304 (26.4%)	254 (22.1%)	99 (8.6%)	44 (3.8%)	213 (18.6%)	305 (26.7%)	300 (26.2%)	208 (18.2%)	78 (6.8%)	39 (3.4%)	175 (15.2%)		240 (20.8%)	22 (1.9%)	14 (1.2%		
	70-74	184 (13.7%)	328 (24.5%)	380 (28.4%)	255 (19.0%)	114 (8.5%)	78 (5.8%)	236 (17,7%)	335 (25.2%)	364 (27.4%)	238 (17.9%)	99 (7.4%)	58 (4.4%)	272 (20.3%)	784	231 (17.2%)	31 (2.3%)	24		
	75-79	131	241	300	177	97	45	152	270	286	150	88	38	260	519	167	21	28		
	80-	(13.2%) 109	(24.3%) 153	(30.3%) 192	(17.9%) 107	(9.8%) 68	(4.5%) 34	(15.4%) 133	(27.4%) 163	(29.1%) 176	(15.2%) 109	(8.9%) 49	(3,9%) 32	(26.1%) 188	346	(16.8%) 110	(2.1%) 12	(2.8% 11		
		(16.4%) 1007	(23.1%) 1613	(29.0%) 1869	(16.1%) 1347	(10.3%) 532	(5.1%) 259	(20.1%) 1298	(24.6%) 1676	(26.6%) 1769	(16.5%) 1191	(7.4%) 434	(4.8%) 227	(28.1%) 1121	(51.8%) 3861	(16.5%) 1375	(1.8%) 171	(1.8% 116		
	合計	(15.2%)	(24.3%)	(28.2%)	(20.3%)	(8.0%)	(3.9%)	(19.7%)	(25.4%)	(26.8%)	(18.1%)	(6.6%)	(3.4%)	(16.9%)	(58,1%)	(20.7%)	(2.6%)	(1.7%		

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々は 力を合わせて解決しようとする。

		刀を合わせて解決しようとする。														
		強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない
男性	-39	6 (6.5%)	46 (49.5%)	27 (29.0%)	6 (6.5%)	8 (8.6%)	19 (20.4%)	55 (59.1%)	13 (14.0%)	3 (3.2%)	3 (3.2%)	8 (8.6%)	45 (48.4%)	29 (31.2%)	4 (4.3%)	7 (7.5%)
	40-44	10 (13.9%)	37 (51.4%)	20 (27.8%)	(5.6%)	(1,4%)	22 (30.6%)	41 (56.9%)	(11.1%)	(1.4%)	(0.0%)	13 (18.1%)	34 (47.2%)	(29.2%)	(4.2%)	(1.4%)
	45-49	7 (7.4%)	51 (53.7%)	33 (34.7%)	3 (3.2%)	(1,1%)	14 (14.7%)	70 (73.7%)	(9.5%)	(2.1%)	(0.0%)	(9.5%)	46 (48.4%)	35 (36.8%)	(4.2%)	(1.1%)
	50-54	5 (4.5%)	56 (50.0%)	41 (36.6%)	(6.3%)	(2.7%)	(9.8%)	87 (77.7%)	(8.0%)	(2.7%)	(1.8%)	10 (8.9%)	72 (64,3%)	(21.4%)	(2.7%)	(2.7%)
	55-59	7 (5.3%)	64 (48.9%)	50 (38.2%)	(5.3%)	(2.3%)	19 (14.5%)	91 (69.5%)	16 (12.2%)	(1.5%)	(2.3%)	11 (8.4%)	73 (55.7%)	39 (29.8%)	(4.6%)	(1.5%)
	60-64	18 (7.3%)	136 (54.8%)	78 (31.5%)	13 (5.2%)	(1.2%)	38 (15.3%)	179 (72.2%)	26 (10.5%)	(2.0%)	(0.0%)	(9.7%)	136 (54.8%)	67 (27.0%)	17 (6.9%)	(1.6%)
	65-69	52 (12.3%)	230 (54.4%)	116 (27.4%)	19 (4.5%)	6 (1.4%)	127 (30.0%)	250 (59.1%)	36 (8.5%)	6 (1.4%)	(0.9%)	64 (15.1%)	246 (58.2%)	89 (21.0%)	16 (3.8%)	(1.9%)
	70-74	89 (16.2%)	307 (55.7%)	138 (25.0%)	(1.5%)	(1.6%)	180 (32.7%)	313 (56.8%)	(8.0%)	(1.1%)	(1.5%)	107 (19.5%)	323 (58.8%)	98 (17.9%)	13 (2.4%)	(1.5%)
	75-79	87 (20.0%)	233 (53.7%)	86 (19.8%)	17 (3.9%)	11 (2.5%)	173 (40.0%)	201 (46.4%)	34 (7.9%)	(2.5%)	(3.2%)	98 (22.6%)	222 (51.3%)	86 (19.9%)	(3.2%)	(3.0%)
	80-	75 (23.6%)	169 (53.1%)	55 (17.3%)	12 (3.8%)	(2.2%)	130 (40.8%)	146 (45.8%)	25 (7.8%)	(2.8%)	(2.8%)	71 (22.3%)	167 (52.5%)	59 (18.6%)	(3.8%)	(2.8%)
	合計	356 (14,4%)	1329 (53.7%)	644 (26.0%)	96 (3.9%)	52 (2.1%)	733 (29.6%)	1433 (57.9%)	220 (8.9%)	48 (1.9%)	43 (1.7%)	415 (16.8%)	1364 (55.1%)	547 (22.1%)	92 (3.7%)	56 (2.3%)
女性	-39	19 (9.4%)	105 (52.0%)	60 (29.7%)	13 (6.4%)	(2.5%)	53 (26.2%)	128 (63.4%)	19 (9.4%)	(0.5%)	(0.5%)	28 (13.9%)	120 (59.4%)	44 (21.8%)	(4.0%)	(1,0%)
	40-44	(2.9%)	95 (55.2%)	61 (35.5%)	8 (4.7%)	3 (1.7%)	34 (19.8%)	117 (68.0%)	19 (11.0%)	(1.2%)	(0.0%)	14 (8.1%)	110 (64.0%)	43 (25.0%)	(2.3%)	(0.6%)
	45-49	13 (6.5%)	92 (45.8%)	81 (40.3%)	13 (6.5%)	(1.0%)	50 (24.9%)	131 (65.2%)	16 (8.0%)	(2.0%)	(0.0%)	22 (10.9%)	102 (50.7%)	(32.8%)	(4.5%)	(1.0%)
	50-54	13 (5.7%)	128 (56.4%)	72 (31.7%)	9 (4.0%)	5 (2.2%)	52 (22.9%)	157 (69.2%)	15 (6.6%)	(0.9%)	(0.4%)	23 (10.1%)	128 (56.4%)	62 (27.3%)	(3.5%)	6 (2.6%)
	55-59	13 (4.1%)	171 (54.3%)	118 (37.5%)	12 (3.8%)	(0.3%)	74 (23.5%)	215 (68.3%)	22 (7.0%)	(1.3%)	(0.0%)	29 (9.2%)	177 (56.4%)	93 (29.6%)	12 (3.8%)	(1.0%)
	60-64	57 (9.2%)	313 (50.6%)	223 (36.1%)	16 (2.6%)	9 (1.5%)	211 (34.1%)	364 (58.8%)	34 (5.5%)	8 (1.3%)	(0.3%)	89 (14.4%)	333 (53.9%)	164 (26.5%)	19 (3.1%)	13 (2.1%)
	65-69	86 (11.7%)	393 (53.7%)	219 (29.9%)	23 (3.1%)	11 (1.5%)	289 (39.5%)	388 (53.0%)	41 (5.6%)	(1.0%)	(1.0%)	146 (20.1%)	375 (51.5%)	174 (23.9%)	18 (2.5%)	15 (2.1%)
	70-74	142 (18.0%)	408 (51.6%)	194 (24.6%)	26 (3.3%)	20 (2.5%)	372 (47.0%)	350 (44.2%)	32 (4.0%)	12 (1.5%)	25 (3.2%)	187 (23.7%)	391 (49.6%)	160 (20.3%)	29 (3.7%)	21 (2.7%)
	75-79	139 (24.8%)	268 (47.9%)	110 (19.6%)	29 (5.2%)	14 (2.5%)	279 (49.7%)	215 (38.3%)	30 (5.3%)	13 (2.3%)	24 (4.3%)	153 (27.4%)	261 (46.7%)	103 (18.4%)	22 (3.9%)	20 (3.6%)
	80-	106 (30.5%)	159 (45.7%)	66 (19.0%)	7 (2.0%)	10 (2.9%)	189 (54.3%)	122 (35.1%)	22 (6.3%)	5 (1.4%)	10 (2.9%)	113 (32.5%)	161 (46.3%)	53 (15.2%)	8 (2.3%)	13 (3.7%)
	合計	593 (14.2%)	2132 (51.2%)	1204 (28.9%)	156 (3.7%)	80 (1.9%)	1603 (38.5%)	2187 (52.5%)	250 (6.0%)	58 (1.4%)	70 (1.7%)	804 (19.3%)	2158 (51.9%)	962 (23.1%)	137 (3.3%)	96 (2.3%)
合計	-39	25 (8.5%)	151 (51.2%)	87 (29.5%)	19 (6.4%)	13 (4.4%)	72 (24.4%)	183 (62.0%)	32 (10.8%)	4 (1.4%)	4 (1.4%)	36 (12.2%)	165 (55.9%)	73 (24.7%)	12 (4.1%)	(3.1%)
	40-44	15 (6.1%)	132 (54.1%)	81 (33.2%)	12 (4.9%)	4 (1.6%)	56 (23.0%)	158 (64.8%)	27 (11.1%)	3 (1.2%)	0 (0.0%)	27 (11.1%)	144 (59.0%)	64 (26.2%)	7 (2.9%)	(0.8%)
	45-49	20 (6.8%)	143 (48.3%)	114 (38.5%)	16 (5.4%)	3 (1.0%)	64 (21.6%)	201 (67.9%)	25 (8.4%)	6 (2.0%)	(0.0%)	31 (10.5%)	148 (50.0%)	101 (34.1%)	13 (4.4%)	3 (1.0%)
	50-54	18 (5.3%)	184 (54.3%)	113 (33,3%)	16 (4.7%)	(2.4%)	63 (18.6%)	244 (72.0%)	24 (7.1%)	5 (1.5%)	(0.9%)	33 (9.7%)	200 (59.0%)	86 (25.4%)	11 (3.2%)	9 (2.7%)
	55-59	20 (4.5%)	235 (52.7%)	168 (37.7%)	19 (4.3%)	(0.9%)	93 (20.9%)	306 (68.6%)	38 (8.5%)	6 (1.3%)	3 (0.7%)	40 (9.0%)	250 (56.2%)	132 (29.7%)	(4.0%)	5 (1.1%)
	60-64	75 (8.7%)	449 (51.8%)	301 (34.8%)	29 (3.3%)	12 (1.4%)	249 (28.7%)	543 (62.6%)	60 (6.9%)	13 (1.5%)	(0.2%)	113 (13.0%)	469 (54.2%)	231 (26.7%)	36 (4.2%)	17 (2.0%)
	65-69	138 (11.9%)	623 (53.9%)	335 (29,0%)	42 (3.6%)	17 (1.5%)	416 (36.0%)	638 (55.2%)	77 (6.7%)	13 (1.1%)	11 (1.0%)	210 (18.2%)	621 (54,0%)	263 (22.8%)	34 (3.0%)	23 (2.0%)
	70-74	231 (17.2%)	715 (53.3%)	332 (24.8%)	34 (2.5%)	29 (2.2%)	552 (41.1%)	663 (49.4%)	76 (5.7%)	18 (1.3%)	33 (2.5%)	294 (22.0%)	714 (53.4%)	258 (19.3%)	42 (3.1%)	29 (2.2%)
	75-79	226 (22.7%)	501 (50.4%)	196 (19.7%)	46 (4.6%)	25 (2.5%)	452 (45.5%)	416 (41.9%)	64 (6.4%)	24 (2.4%)	38 (3.8%)	251 (25.3%)	483 (48.7%)	189 (19.1%)	36 (3.6%)	33 (3.3%)
	80-	181 (27.2%)	328 (49.2%)	121 (18.2%)	19 (2.9%)	17	319 (47.8%)	268 (40.2%)	47 (7.0%)	14 (2.1%)	19 (2.8%)	184 (27.6%)	328 (49.2%)	112 (16.8%)	20 (3.0%)	22 (3.3%)
	合計	949 (14.3%)	3461 (52.1%)	1848 (27,8%)	252 (3.8%)	132 (2.0%)	2336 (35.2%)	3620 (54.5%)	470 (7.1%)	106 (1.6%)	113 (1.7%)	1219 (18.4%)	3522 (53.1%)	1509 (22.8%)	229 (3.5%)	152 (2.3%)
		(14.03)	(02.13)	(21,010)	(0.0.1)	(2.04)	(03.24)	(0 1,04)	(7.1.70)	(1,0,0)	(11.74)	(, 5, 4, 10)	(00.17)	(44.04)	(0,011)	(2.04)