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小林 茂人	強直性脊椎炎【脊椎関節炎の病態・診断・治療】	分子リウマチ治療	8	184-190	2015
小林 茂人	【ロコモティブシンドロームのすべて】ロコモティブシンドロームを構成する疾患 関節リウマチとその関連疾患 その他のリウマチ性疾患	日本医師会雑誌	144	S214-S216	2015
小林 茂人, 木田 一成	【高齢者のリウマチ性疾患-診断や治療における注意点】巨細胞性動脈炎	リウマチ科	53	39-46	2015
小林 茂人, 木田 一成	反応性関節炎 (ReA) (ライター症候群)	日本臨床 別冊 新領域別症候群シリーズ No.34 免疫症候群 第2版	34	694-697	2015
立山 香織(大分大学 医学部耳鼻咽喉科・頭頸部外科), 岸部 幹, 森田 由香, 吉田尚弘, 國本 泰臣, 松井 隆道, 坂口 博史, 岡田 昌浩, 渡辺 毅, 稲垣 彰, 小林 茂人, 飯野 ゆき子, 村上 信五, 高橋 晴雄, 東野 哲也, 原渕 保明, 日本耳科学会ANCA関連血管炎性中耳炎全国調査ワーキンググループ	発症型別にみたANCA関連血管炎性中耳炎の臨床的特徴と経過	Otology Japan	25	565	2015
土屋 尚之 長谷部 成美, 日高 操希, 佐田 憲映, 小林 茂人, 山田 秀裕, 古川 宏, 山縣 邦弘, 住田 孝之, 宮坂 信之, 當間 重人, 尾崎 承一, 松尾 清一, 橋本 博史, 榎野 博史, 有村 義宏, 針谷 正祥, 川崎 綾	ANCA関連血管炎のUpdate 日本人集団におけるANCA関連血管炎の遺伝素因	日本リウマチ学会総会・学術集会・国際リウマチシンポジウムプログラム・抄録集	59回	222	2015

多田 久里守, 林 絵利, 小笠原 倫大, 山路 健, 田村 直人, 小林 茂人, 井上 久, 高崎 芳成	TNF阻害薬の変更を行った強直性脊椎炎患者4例の解析	日本リウマチ学会総会・学術集会・国際リウマチシンポジウムプログラム・抄録集	59回	369	2015
谷口 義典, 小林 茂人, 公文 義雄, 寺田 典生, 岸本 暢将	脊椎関節炎のUpdate(診断と治療) 脊椎関節炎の最新治療薬の話題	日本リウマチ学会総会・学術集会・国際リウマチシンポジウムプログラム・抄録集	59回	189	2015
岸本 暢将, 小林 茂人, 谷口 義典, 富田 哲也, 岡田 正人	脊椎関節炎のUpdate(診断と治療) 診断・分類基準の進歩と問題点 誤りやすい症状の注意	日本リウマチ学会総会・学術集会・国際リウマチシンポジウムプログラム・抄録集	59回	188	2015
小林 茂人	内科(リウマチ・膠原病)からみた皮膚血管炎・血管障害の臨床	日本皮膚科学会雑誌	125	725	2015
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猪原 登志子	【臨床研究・臨床試験の信頼性確保への取り組み】 人を対象とする医学系研究に関する倫理指針(疫学・臨床研究統合指針)の概要.	薬理と治療	43巻 Suppl. 1	s11-s21	2015

杉原 毅彦, 伊賀 祥子, 濱野 慶朋, 武村 拓也, 山田 浩和, 新井 富生, 荒木 厚	関節リウマチ, 片側性滲出性胸膜炎の治療中に, 肺炎で死亡した1例	内科	116巻2号	310-318	2015
瀧川 正紀, 増富 裕文, 島崎 良知, 濱野 慶朋, 石井 敏浩, 森 淑子, 石神 昭人		日本薬学会年会要旨集	135年会4号	188	2015
濱野 慶朋, 佐野 夏帆, 丸山 直記, 湯村 和子, 鈴木 和男	MPO-ANCA関連血管炎自然発症モデルSCG/Kjマウスにおける腎炎関連遺伝子の解析	日本腎臓学会誌	57巻3号	600	2015
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Ken-ei Sada, Masahiro Yamamura, Masayoshi Harigai, Takao Fujii, Yoshinari Takasaki, Koichi Amano, Shouichi Fujimoto, Eri Muso, Yohko Murakawa, Yoshihiro Arimura, Hirofumi Makino, and for the Research Committee on Intractable Vasculitides, the Ministry of Health, Labour and Welfare of Japan	Different responses to treatment across classified diseases and severities in Japanese patients with microscopic polyangiitis and granulomatosis with polyangiitis: a nationwide prospective inception cohort study	Arthritis Res Ther	17	305	
Motomu Hashimoto, Toru Yamazaki, Masahide Hamaguchi, Takeshi Morimoto, Masashi Yamori, Keita Asai, Yu Isobe, Moritoshi Furu, Hiromu Ito, Takao Fujii, Chikashi Terao, Masato Mori, Takashi Matsuo, Hiroyuki Yoshitomi, Keiichi Yamamoto, Wataru Yamamoto, Kazuhisa Bessho, and Tsuneyo Mimori	Periodontitis and Porphyromonas gingivalis in preclinical stage of arthritis patients	PLoS One	10	e0122121	

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要 伸也	急速進行性糸球体腎炎とANCA関連血管炎の最新治療	医薬ジャーナル	51	81-86	2015
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Doe K, Nozawa K, Hirai T, Tsushima H, Hayashi E, Hiruma K, Ando S, Nakano S, Kon T, Amano H, Yamaji K, Tamura N, Takasaki Y	Second-to-fourth Digit Ratio in Systemic Lupus Erythematosus.	J Rheumatol	42	826-828	2015
Nakano S, Morimoto S, Suzuki S, Tsushima H, Yamanaka K, Sekigawa I, Takasaki Y	Immunoregulatory role of IL-35 in T cells of patients with rheumatoid arthritis.	Rheumatology	54	1498-1506	2015
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Matsuki Y, Atsumi T, Yamaguchi K, Hisano M, Arata N, Oku K, Watanabe N, Sago H, Takasaki Y, Murashima A	Clinical features and pregnancy outcome in antiphospholipid syndrome patients with history of severe pregnancy complications.	Mod Rheumatol	25	215-218	2015
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高崎芳成	リウマチの注目療法	健康	3	112-114	2015
駒形嘉紀、有村義宏	RA以外の膠原病に対する生物学的製剤治療の可能性：血管炎症候群	炎症と免疫	23	153-158	2015
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土橋浩章	血管炎症候群・結節性多発動脈炎	松本功、三森経世、桑名正隆、保田晋助	分子標的/Bio時代のリウマチ・膠原病治療ストラテジー	文光堂	東京	2015	P339-353
土橋浩章	難治性症例に対する新たな治療法	尾崎承一、槇野博史	ANCA関連血管炎の診療ガイドライン(2014年改訂版)	難治性血管炎に関する調査研究班、進行性腎障害に関する調査研究班	岡山, 名古屋	2014	P107-110
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堀田哲也	リウマチ性疾患に使用される薬剤、治療法「7. その他の免疫抑制剤」	日本リウマチ財団教育研修委員会、日本リウマチ学会生涯教育委員会	リウマチ学病学テキスト改訂第2版	診断と治療社	東京	2016	512-513
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川上民裕	Henoch-Schönlein 紫斑(IgA血管炎)	渡辺晋一・古川福実	皮膚疾患最新の治療2015-2016	南江堂	東京	2015	pp63-64

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川上民裕	ガイドラインを読むシリーズ 皮膚疾患ガイドライン	宮地良樹	ガイドラインを読むシリーズ 皮膚疾患ガイドライン	メディカルレビュー社	東京	2015	pp60-69
川上民裕	ベーチェット病の皮膚病変	外園千恵・加藤則人	皮膚科・眼科の連携マニュアル 目のまわりの病気とその治療	学研メディカル秀潤社	東京	2015	pp136-139
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小林茂人	強直性脊椎炎	金澤一郎、永井良三	今日の診断指針	医学書院	東京	2015	1310-1311
小林茂人、木田一成	骨・関節疾患に対する扁桃摘出術の有効性は?	池田勝久、武田憲昭、香取幸夫、原淵保明、丹生健一	EBM 耳鼻咽喉科・頭頸部外科の治療 2015-2016	中外医学社	東京	2015	368-372
濱野慶朋、佐々木裕子	第4章 症例から学ぶ輸液療法とその管理の実際 高齢者の輸液療法と注意点	内田敏也	Medical Practice32巻臨増刊 病態生理と症例から学ぶ輸液ガイド	文光堂	東京	2015	340-343
鈴木勝也、竹内勤	血管炎症候群	金澤 一郎, 永井良三	今日の診断指針第7版	医学書院	東京	2015	1304-1310

藤井 隆夫	血管炎-総論	公益財団法人 日本リウマチ財 団 教育研修委 員会、一般社団 法人 日本リウ マチ学会 生涯 教育委員会	リウマチ病学テキスト 改訂 第2版	診断と治療 社	東京	2016	234-241
藤井 隆夫	混合性結合組織病	松本 功、保田 晋助、三森 経 世、桑名 正隆	リウマチ・膠原病診療ハイ グレード 分子標的/Bio時 代のリウマチ・膠原病治療 ストラテジー	文光堂	東京	2015	260-270
要 伸也	急速進行性腎炎症候群に対する ステロイド療法のエビデンスは？	川合眞一	ステロイドのエビデンス	羊土社	東京	2015	133-135
高崎芳成	全身性エリテマトーデス.	泉孝英編集主 幹	ガイドライン外来診療2015.	日経メディカ ル開発	東京	2015	506-510
高崎芳成	抗RNA抗体(抗U1-RNP抗体)、抗 Sm抗体.	三橋知明, 和田 攻, 矢崎義雄, 小池和彦, 小室 一成編	臨床検査ガイド.	文光堂	東京	2015	747-749
高崎芳成	抗核抗体と臨床の関連性.		コンピューター支援型免疫 蛍光顕微鏡システムむよ るFANA画像テキスト	コスミックコー ポレーション	東京	2015	9-18
高崎芳成	関節リウマチの診断、疾患活動性 の評価、新しい治療目標.	田中良哉編	関節リウマチと骨粗鬆症・ 内科医が実践すべき診断 と治療.	医薬ジャーナ ル	大阪・東京	2015	36-43
高崎芳成	Behcet病.	金澤一郎、永井 良三総編集	WS	医学書院	S	2015	1314-1317
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RAPID COMMUNICATION

## Issues associated with the Ministry of Health, Labour and Welfare diagnostic criteria for antineutrophil cytoplasmic antibody-associated vasculitides: Reclassification of patients in the prospective cohort study of Remission Induction Therapy in Japanese patients with ANCA-associated vasculitides according to the MHLW criteria

Ken-ei Sada<sup>1</sup>, Masahiro Yamamura<sup>2</sup>, Masayoshi Harigai<sup>3</sup>, Takao Fujii<sup>4</sup>, Yoshihiro Arimura<sup>5</sup>, and Hirofumi Makino<sup>1</sup>; for the Research Committee on Intractable Vasculitides, the Ministry of Health, Labour and Welfare of Japan

<sup>1</sup>Department of Medicine and Clinical Science, Okayama University Graduate School of Medicine, Dentistry and Pharmaceutical Sciences, Okayama, Japan, <sup>2</sup>Center for Rheumatology, Okayama Saiseikai General Hospital, Okayama, Japan, <sup>3</sup>Department of Pharmacovigilance and Department of Medicine and Rheumatology, <sup>4</sup>Department of the Control for Rheumatic Diseases, Graduate School of Medicine, Kyoto University, Kyoto, Japan, and <sup>5</sup>First Department of Internal Medicine, Kyorin University School of Medicine, Tokyo, Japan

### History

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Microscopic polyangiitis (MPA), granulomatosis with polyangiitis (GPA), and eosinophilic granulomatosis with polyangiitis (EGPA), have been grouped into the antineutrophil cytoplasmic antibody (ANCA)-associated small-vessel vasculitides (AAV) that are characterized by necrotizing small-vessel inflammation and high prevalence of ANCA positivity. In 1990, the American College of Rheumatology (ACR) proposed classification criteria for GPA and EGPA [1,2]. In 1994, the Chapel Hill Consensus Conference (CHCC) produced definitions for vasculitis [3]. These criteria and definitions have been used for the entry criteria in clinical trials of AAV patients, but there are some drawbacks. The ACR has not published criteria for MPA, the ACR criteria for EGPA and GPA do not include ANCA positivity, and the CHCC definitions require histological findings. Recently, Watts et al. proposed a new consensus algorithm for the classification of primary systemic vasculitides, including AAV and polyarteritis nodosa (PAN), for epidemiological studies, now known as the European Medicines Agency (EMA) algorithm [4]. In the algorithm, EGPA is first classified using the ACR or Lanham's criteria, followed successively by GPA, MPA, and PAN. GPA is classified by means of the ACR criteria, the CHCC histological definitions, or histology or ANCA positivity plus surrogate clinical markers for GPA. Subsequently, MPA is classified using the clinical and histological features or ANCA positivity plus surrogate clinical markers for renal vasculitis.

The Ministry of Health, Labour and Welfare (MHLW) criteria for the diagnosis of AAV was proposed in 1998 and are now widely used in Japan, but these criteria have never been formally

validated [5] (Supplementary 1 to be found online at <http://informahealthcare.com/doi/abs/10.3109/14397595.2014.982270>).

We previously conducted a nation-wide, prospective cohort study of Remission Induction Therapy in Japanese patients with ANCA-associated vasculitides (RemIT-JAV) to characterize Japanese patients with AAV, and to evaluate the effectiveness and safety of remission induction therapy for AAV in Japan (UMIN000001648). A total of 156 patients, receiving a diagnosis of active AAV and requiring immunosuppressive treatment based on the discretion of the site investigators, were enrolled in the study. By applying the EMA algorithm, 14, 33, and 78 patients were classified as EGPA, GPA, and MPA, respectively, but 31 patients remained unclassifiable (Supplementary 2 to be found online at <http://informahealthcare.com/doi/abs/10.3109/14397595.2014.982270>) [6].

In the present study, a cohort of patients in the RemIT-JAV study was reclassified according to the MHLW criteria. The MHLW scheme classified 13 patients as definite and 2 patients as probable EGPA, 57 as definite and 91 as probable GPA, and 37 as definite and 84 as probable MPA, respectively (Supplementary 2 to be found online at <http://informahealthcare.com/doi/abs/10.3109/14397595.2014.982270>). When the EMA algorithm was used as a gold standard, the sensitivity, specificity and accuracy of the MHLW definite criteria were 85.7%, 99.2%, and 98.1% for EGPA; 54.5%, 68.3%, and 65.4% for GPA; and 38.5%, 91.0%, and 64.7% for MPA, respectively. These measures of the MHLW probable criteria were 100%, 99.2%, and 99.4% for EGPA; 97.0%, 5.7%, and 25% for GPA; and 91.0%, 35.9% and 63.5% for MPA, respectively (Table 1).

The MHLW definite criteria for GPA showed a lower specificity. Of 57 patients with MHLW-definite GPA, 5, 54, and 9 patients fulfilled the definite criteria (i), (ii), and (iii), respectively, and several patients simultaneously fulfilled two or more of these criteria; 1, 1, and 8 patients fulfilled (i)+(ii)+(iii), (i)+(ii),

Correspondence to: Hirofumi Makino, MD, PhD, Department of Medicine and Clinical Science, Okayama University Graduate School of Medicine, Dentistry and Pharmaceutical Sciences, 2-5-1 Shikata-cho, Kita-ku, Okayama 700-8558, Japan. Tel: +81-86-235-7235. Fax: +81-86-222-5214. E-mail: [sadakenn@md.okayama-u.ac.jp](mailto:sadakenn@md.okayama-u.ac.jp)

Table 1. Classification capabilities of the Ministry of Health, Labour and Welfare (MHLW) criteria for antineutrophil cytoplasmic antibody (ANCA)-associated vasculitides with the prospective cohort study of Remission Induction Therapy in Japanese patients with ANCA-associated vasculitides (RemIT-JAV) in comparison with the European Medicines Agency (EMA) algorithm.

a) Eosinophilic granulomatosis with polyangiitis (EGPA).

	MHLW-EGPA definite	MHLW-EGPA probable	MHLW-EGPA unclassified	Total
EMA-EGPA (+)	12	2	0	14
EMA-EGPA (–)	1	0	141	142
Total	13	2	141	156

When the EMA algorithm was used as a gold standard, the sensitivity, specificity and accuracy of the MHLW definite criteria were 85.7%, 99.2%, and 98.1%. These measures of the MHLW probable criteria were 100%, 99.2%, and 99.4%.

b) Granulomatosis with polyangiitis (GPA).

	MHLW-GPA definite	MHLW-GPA probable	MHLW-GPA unclassified	Total
EMA-GPA (+)	18	14	1	33
EMA-GPA (–)	39 (EMA-EGPA 1, EMA-MPA 37)	77 (EMA-EGPA 13, EMA-MPA 40)	7	123
Total	57	91	8	156

The sensitivity, specificity and accuracy of the MHLW definite criteria were 54.5%, 68.3%, and 65.4%. These measures of the MHLW probable criteria were 97.0%, 5.7%, and 25%.

c) Microscopic polyangiitis (MPA).

	MHLW-MPA definite	MHLW-MPA probable	MHLW-MPA unclassified	Total
EMA-MPA (+)	30	41	7	78
EMA-MPA (–)	7 (EMA-EGPA 0, EMA-GPA 6)	43 (EMA-EGPA 7, EMA-GPA 10)	28	78
Total	37	84	35	156

The sensitivity, specificity and accuracy of the MHLW definite criteria were 38.5%, 91.0%, and 64.7%. These measures of the MHLW probable criteria were 91.0%, 35.9% and 63.5%.

and (ii)+(iii), respectively. In 39 patients with MHLW-definite GPA who failed to meet the EMA classification for GPA, 3, 33 and 2 patients fulfilled the MHLW GPA definite criteria (i), (ii), and (ii)+(iii), respectively, which indicates that the major disagreement between the two classification methods is due to the MHLW GPA definite criteria (ii) (Supplementary 1 to be found online at <http://informahealthcare.com/doi/abs/10.3109/14397595.2014.982270>). Since “L symptoms” of the MHLW GPA criteria do not include granulomatous inflammation of the respiratory tract or GPA-related pulmonary lesions such as nodules, infiltrations, and cavities, patients with typical MPA who have K symptoms and pauci-immune, crescentic glomerulonephritis could be classified as GPA if “L symptoms”, that is bloody sputa, cough, and dyspnea, are present. Replacement of current “L symptoms” with “granulomatous histology and GPA-related pulmonary manifestations” may improve the diagnostic capability of the MHLW criteria. In 24 patients fulfilling both of the MHLW definite criteria for GPA and MPA, only 4 patients were classified as GPA and 20 patients were classified as MPA by the EMA algorithm. The specificity and accuracy of the MHLW-GPA criteria could be increased by excluding patients with MHLW-definite EGPA and MPA from MHLW-GPA classification (Supplementary 3 to be found online at <http://informahealthcare.com/doi/abs/10.3109/14397595.2014.982270>). These results suggest that introduction of such a hierarchical classification system to the MHLW diagnosis criteria may improve their classification capabilities.

Sensitivity of the MHLW criteria appeared to be limited for MPA. Of 78 patients with EMA-defined MPA, 48 patients did

not satisfy the MHLW definite criteria for MPA. However, 41 of this 48 patient population fulfilled the MHLW probable criteria (ii). On the other hand, additional 43 patients with probable MPA were classified by the criteria (ii). By the EMA algorithm, they were classified as having EMA-EGPA in 7 patients, EMA-GPA in 10 patients, and unclassifiable vasculitis in 26 patients. Of these 43 patients, 1 of 7 EMA-EGPA patients, none of 10 EMA-GPA patients, and 18 of 26 unclassifiable patients had interstitial lung disease (ILD). These findings indicate that exclusion of ILD from major symptoms of the MHLW MPA criteria and transfer of probable criteria (ii) to the definite criteria, or inclusion of ILD in the EMA algorithm could increase the sensitivity of the MHLW definite criteria for MPA. Although ILD is presumably an essential clinical manifestation in Asian AAV patients [6], further investigation is required for determining the significance of ILD in MPA classification. The predominance of MPA and MPO-ANCA positivity in Japanese patients over patients in Europe and the United States also could contribute to the discordance in classifying MPA. The EMA surrogate markers for GPA should be cautiously applied in Japan and other Asian countries, where MPA is more prevalent than GPA [6].

The MHLW diagnostic criteria are established mainly to define patients who can apply for exemption of medical expenses, while the EMA classification algorithm was developed for epidemiological studies. Thereby, it is difficult to compare the utility and superiority of these two methods in AAV classification. Nonetheless, it is considered as important to understand their concordance and discordance when evaluating the evidence from Western countries in comparison with Japanese evidence.

In conclusion, the MHLW definite criteria had a similar sensitivity and specificity for EGPA but showed a lower sensitivity and specificity for GPA and a lower sensitivity for MPA in comparison with the EMEA algorithm, in a cohort of the RemIT-JAV study. A multi-national clinical study is underway to establish new diagnostic and classification criteria for vasculitides [7]. Comparison of the MHLW criteria with international diagnostic criteria will provide important information for future modification of the MHLW criteria.

EGPA, eosinophilic granulomatosis with polyangiitis; GPA, granulomatosis with polyangiitis; MPA, microscopic polyangiitis.

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### Conflict of interest

MH has research grants and/or honoraria from Abbvie Japan Co., Ltd., Astellas Pharma Inc., Bristol-Myers Squibb K.K., Chugai Pharmaceutical Co., Ltd., Eisai Co., Ltd., Janssen Pharmaceutical K.K., Mitsubishi Tanabe Pharma Co., Santen Pharmaceutical Co., Ltd., Takeda Pharmaceutical Co., Ltd., Teijin Pharma, Ltd., and Pfizer Japan Inc. TF has received research grants from Abbvie Japan Co., Ltd., Astellas Pharma Inc., Bristol-Myers Squibb K.K., Chugai Pharmaceutical Co., Ltd., Daiichi-Sankyo Pharmaceutical Co. Ltd., Eisai Co., Ltd., Mitsubishi Tanabe Pharma Co, Takeda Pharmaceutical Co., Ltd., and Pfizer Japan Inc. HM is a consultant for AbbVie, Astellas and Teijin, receives speaker honoraria

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### Supplementary material available online

Supplementary 1-3.

RESEARCH ARTICLE

Open Access



# Different responses to treatment across classified diseases and severities in Japanese patients with microscopic polyangiitis and granulomatosis with polyangiitis: a nationwide prospective inception cohort study

Ken-ei Sada<sup>1</sup>, Masahiro Yamamura<sup>2</sup>, Masayoshi Harigai<sup>3,4</sup>, Takao Fujii<sup>5</sup>, Yoshinari Takasaki<sup>6</sup>, Koichi Amano<sup>7</sup>, Shouichi Fujimoto<sup>8</sup>, Eri Muso<sup>9</sup>, Yohko Murakawa<sup>10</sup>, Yoshihiro Arimura<sup>11</sup>, Hirofumi Makino<sup>12\*</sup> and for the Research Committee on Intractable Vasculitides, the Ministry of Health, Labour and Welfare of Japan

## Abstract

**Introduction:** This study aims to elucidate the prognosis and the effectiveness of current treatments for Japanese patients with microscopic polyangiitis (MPA) and granulomatosis with polyangiitis (GPA).

**Methods:** Patients with newly diagnosed MPA and GPA were enrolled in a nationwide, prospective, inception cohort study from 22 tertiary Japanese institutions, and treatment patterns and responses were evaluated for 24 months. Primary outcome measures were rates of remission (Birmingham Vasculitis Activity Score, 0) and remission with low-dose glucocorticoids (GC) (prednisolone  $\leq 10$  mg) (GC remission).

**Results:** Of 156 enrolled patients, 78 MPA patients and 33 GPA patients were included. Concomitant cyclophosphamide (CY) was used in 24 MPA (31 %) and 20 GPA (60 %) patients during the initial 3 weeks of treatment. After 6 months, remission was achieved in 66 MPA (85 %) and 29 GPA (87 %) patients, while GC remission was obtained in only 31 MPA (40 %) and 13 GPA (39 %) patients. During the 24-month period, 14 MPA patients and 2 GPA patients died; end stage renal disease (ESRD) was noted in 13 MPA patients but no GPA patients. Patients with severe disease, according to the European Vasculitis Study Group (EUVAS) classification, showed poorer ESRD-free and overall survival rates than those with generalized disease ( $p < 0.0001$ ). There were no differences in relapse-free survival rates between GPA and MPA, among EUVAS-defined disease severity categories, and between anti-neutrophil cytoplasmic antibody subspecialties.

**Conclusions:** The majority of Japanese patients with MPA and GPA received treatment with high-dose GC and limited CY use, and showed high remission and relapse-free survival rates but low GC remission rates in clinical practice.

**Trial registration:** University Hospital Medical Information Network Clinical Trials Registry UMIN000001648. Registered 28 February 2009.

**Keywords:** Antineutrophil cytoplasmic antibody-associated vasculitis, Cyclophosphamide, Glucocorticoid, Granulomatosis with polyangiitis, Inception cohort, Microscopic polyangiitis, Prospective cohort

\* Correspondence: makino@md.okayama-u.ac.jp

<sup>12</sup>Okayama University Hospital, 2-5-1 Shikata-cho, Kita-ku, Okayama 700-8558, Japan

Full list of author information is available at the end of the article



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## Introduction

Antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis (AAV) is characterized by blood vessel inflammation with few or no immune deposits and the presence of ANCA positivity. Recently, the 2012 revised International Chapel Hill Consensus Conference Nomenclature of Vasculitides classified AAV into four clinically relevant subsets: microscopic polyangiitis (MPA), granulomatosis with polyangiitis (GPA), eosinophilic granulomatosis with polyangiitis (EGPA), and renal-limited AAV (RLV), considered an organ-specific variant of MPA [1]. Watts et al. [2] proposed an epidemiological classification algorithm (the European Medicines Agency (EMA) algorithm), which classifies primary systemic vasculitis into EGPA, GPA, MPA/RLV, and polyarteritis nodosa, with no overlaps between the categories. Significant differences in clinical characteristics and ANCA serology of AAV between European and Asian patients have been suggested [3]. A European epidemiologic study showed a dominance of GPA over MPA [4], while our prospective study [5] and two retrospective studies from China [6] and Japan [3] that applied the EMA algorithm found perinuclear/myeloperoxidase (MPO)-ANCA-positive MPA to be the most common form of AAV in Asia.

The guidelines of the British Society of Rheumatology (BSR) and the European League Against Rheumatism (EULAR) recommended assessment for treatment with high-dose glucocorticoids (GC) and concomitant cyclophosphamide (CY) or rituximab as the first-line option for all patients with newly diagnosed AAV, in principle [7, 8]. These recommendations are based on several randomized controlled trials (RCTs) enrolling more patients with GPA than with MPA [9–11]. Since patients with MPA were older and tended to exhibit higher levels of creatinine than those with GPA in our cohort of Japanese patients [5], these recommendations should be applied to Asian patients with caution in terms of safety.

Recently, Ozaki et al. [12] have reported the treatment effectiveness stratified by disease severity for Japanese patients with MPO-ANCA-positive MPA in a prospective observational study. However, differences in treatment effectiveness between MPA and GPA patients and across the spectrum of disease severity remain to be clarified.

We have previously reported the demographic and baseline clinical characteristics of Japanese patients with AAV who were enrolled in a nationwide, prospective, inception cohort study of Remission Induction Therapy in Japanese patients with ANCA-associated Vasculitides (RemIT-JAV). In the present study, we aimed to elucidate and compare treatment and its effectiveness in terms of remission, survival, and relapse rates in clinical practice in Japanese patients with MPA and GPA using the RemIT-JAV cohort database.

## Methods

### Settings and patient population

#### Database

Details regarding the RemIT-JAV study protocol have been reported previously [5]. Twenty-two tertiary care institutions participated in this study and enrolled 156 consecutive patients with newly diagnosed AAV from April 2009 to December 2010. The criteria for enrollment included a diagnosis of AAV made by the site investigators that fulfilled the criteria for primary systemic vasculitis proposed by the EMA algorithm: symptoms and signs characteristic of or compatible with a diagnosis of AAV or polyarteritis nodosa; at least one of histological proof of vasculitis, positive serology for ANCA, specific investigations strongly suggestive of vasculitis and/or granuloma, or eosinophilia; and no other diagnosis to account for symptoms/signs [2]. “Specific investigations” included neurophysiological tests for mononeuritis multiplex, conventional or magnetic resonance angiography, and thoracic or neck magnetic resonance imaging/computed tomography imaging, depending on the signs and symptoms of the patients. The site investigators excluded patients with malignancy, infection, drug-induced vasculitis, secondary vasculitis, other types of vasculitides, vasculitis mimics, sarcoidosis, and other nonvasculitic granulomatous disease. Of the 156 patients enrolled, 78, 33, and 14 were classified as MPA, GPA, and EGPA, respectively. The present study included all patients with MPA or GPA from the RemIT-JAV study, but not those with EGPA. The RemIT-JAV study was conducted according to the Declaration of Helsinki and the ethical guidelines for epidemiologic research in Japan. Written informed consent was obtained from each participant, and the study protocol was approved by the ethics committees at each participating institution (refer to Acknowledgements). The RemIT-JAV study was registered to the University Hospital Medical Information Network Clinical Trials Registry (UMIN000001648).

#### Data collection

Each patient's baseline data included demographic information, comorbidities, laboratory data, Birmingham Vasculitis Activity Score (BVAS), imaging data, and respiratory function data. Patients were evaluated at 3, 6, 12, 18, and 24 months after diagnosis and at relapse, and the following data were collected: vital status, BVAS, laboratory data, treatments, and adverse events. Organ involvement was defined according to BVAS system. Disease severity was determined by the categorization system developed by the European Vasculitis Study Group (EUVAS) [13]. The Vascular Damage Index (VDI) was also collected at 6, 12, and 24 months. Chest radiography, thoracic computed tomography, arterial blood gas analysis, and respiratory function data were collected at



12 and 24 months in patients with pulmonary involvement. Because the RemIT-JAV study was an observational study, a treatment protocol was not provided. Selection and dosage of immunosuppressants, dosage of GC, and concomitant usage of plasmapheresis were determined at the discretion of the attending physicians. Observation was completed in March 2013, and the baseline characteristics have been described previously [5].

Site investigators filled out the electronic case report forms for each patient and submitted them to the RemIT-JAV data center at the Department of Medicine and Clinical Science, Okayama University Graduate School of Medicine, Dentistry and Pharmaceutical Sciences, Okayama, Japan.

### Primary and secondary outcomes

The primary effectiveness outcome of the present study was the remission rate. We analyzed two types of remission in this study. The first type of remission was determined systematically by a BVAS of 0 on two occasions at least 1 month apart according to EULAR recommendations for conducting clinical studies and/or clinical trials in systemic vasculitis [13]. The second type of remission was defined as BVAS of 0 plus a daily prednisolone (PSL) dose of  $\leq 10$  mg (designated as “GC remission” hereafter). GCs other than PSL were converted to an equivalent dose of PSL.

Secondary effectiveness outcomes included cumulative overall end-stage renal disease (ESRD)-free and relapse-free survival rates. ESRD was defined as dependence on dialysis or an irreversible increase in serum creatinine level of  $>5.6$  mg/dl (500  $\mu\text{mol/l}$ ). Based on the aforementioned EULAR recommendations, relapse was defined as the reoccurrence or new onset of disease activity attributable to active inflammation. Major relapse was defined as a relapse with organ-threatening or life-threatening disease activity, and other relapses were classified as minor [13].

The safety outcome was the type and incidence of serious infections (SIs). Our definition of SIs was based on an International Conference on Harmonisation report [14]. Bacterial infections that required intravenous antibiotic administration and opportunistic infections were regarded as SIs. The diagnosis of infection was based on the attending physicians' clinical diagnosis, using a comprehensive evaluation of physical findings, laboratory data, and imaging data.

### Statistical analysis

We used baseline and follow-up data at 3, 6, 12, 18, and 24 months from the patients with MPA and GPA enrolled in this study. The cumulative remission, overall survival, ESRD-free survival, and relapse-free survival

rates were analyzed using the Kaplan–Meier method and the log-rank test.  $p < 0.05$  was considered significant for statistical analyses between two categories. When comparing three or four categories, statistical significance was determined by  $p < 0.05/3$  or  $p < 0.05/4$  by Bonferroni correction to avoid multiplicity. When no patients in a group achieved an endpoint, the group was excluded from the long-rank test. As such, the patients with limited type disease, as defined by EUVAS categorization [13], were excluded from the analysis of survival and ESRD-free survival, and patients with early systemic type disease were excluded from the analysis of ESRD-free survival.

All statistical analyses were performed by a biostatistician using the Statistical Package of JMP for Windows software, version 8.0.2 (SAS Institute Inc., Cary, NC, USA).

## Results

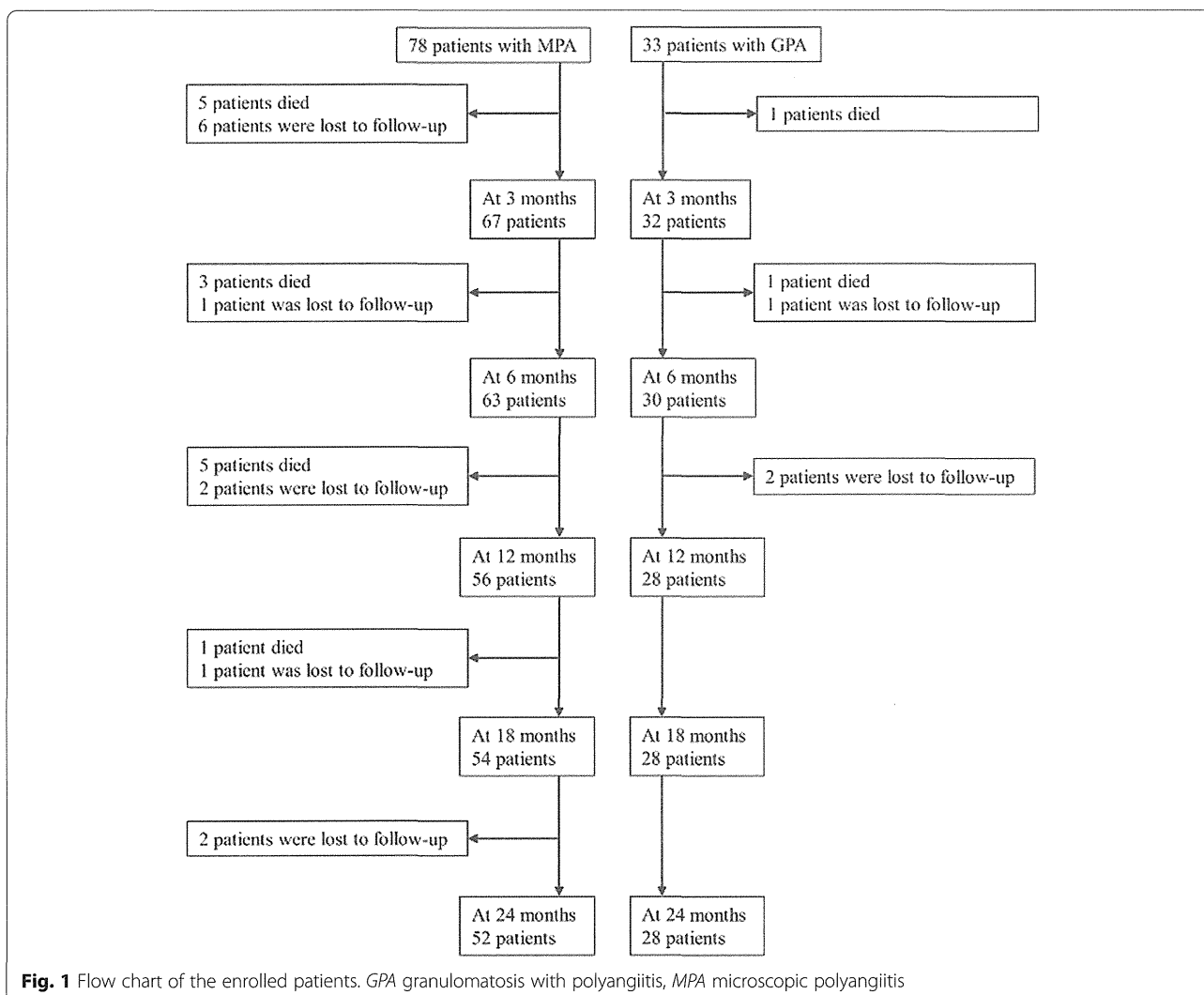
### Patient characteristics

Of the 156 patients with AAV enrolled in the RemIT-JAV study, 78 patients with MPA/RLV and 33 patients with GPA were included in the present study. The mean (median) observation periods were 559 (730) days in MPA patients and 653 (730) days in GPA patients, respectively. At 24 months, 52 patients with MPA and 28 patients with GPA remained in the cohort (Fig. 1). Selected patient characteristics and treatment of these patients are summarized in Table 1; details regarding patient characteristics have been described in our previous report [5].

### Treatment patterns

Changes in treatment over time in patients with MPA and GPA are presented in Table 1 as observed data. The mean initial daily PSL dose was 41 mg in MPA patients and 40 mg in GPA patients. Concomitant CY was used during the initial 3 weeks of remission induction therapy in 24 of 78 (31 %) MPA patients and 20 of 33 (60 %) GPA patients. One GPA patient and three MPA patients were treated with plasma exchange. Hemodialysis was implemented at any time point during the initial 3 months in 13 of 78 (14 %) MPA patients and 2 of 33 (6 %) GPA patients. At 3 months, the daily PSL dose was tapered down to  $\leq 15$  mg in 29 of 67 (43 %) MPA patients and 10 of 32 (31 %) GPA patients.

At 6 months, the mean daily PSL dose was 12 mg in MPA patients and 13 mg in GPA patients, and 10 of 62 MPA patients (16 %) and 8 of 30 GPA patients (27 %) were receiving concomitant azathioprine. Data regarding treatment were not obtained in one patient with MPA. The mean daily PSL dose decreased gradually thereafter in both groups.



### Remission

No statistically significant differences in remission rates were found between MPA and GPA patients (Fig. 2a). By 6 months, 66 of 78 MPA patients (85 %) and 29 of 33 GPA patients (87 %) achieved remission, as defined by BVAS of 0 on two occasions at least 1 month apart. However, only 31 of 78 MPA patients (40 %) and 13 of 33 GPA patients (39 %) satisfied the definition of GC remission; that is, BVAS of 0 remission plus a daily PSL dose of  $\leq 10$  mg.

When both patients with MPA and those with GPA were classified into four different types (i.e. limited, early systemic, generalized, and severe) according to the EUVAS-defined disease severity, there were no significant differences in remission rates across the spectrum of disease severity (Fig. 2b). Remission and GC remission were obtained by 6 months in four (100 %) and three (75 %) of four patients with the limited type, in 18 (90 %) and 10 (50 %) of 20 patients with the early

systemic type, in 58 (89 %) and 24 (37 %) of 65 patients with the generalized type, and in 15 (68 %) and 7 (32 %) of 22 patients with the severe type, respectively.

No significant differences in remission and GC remission rates at 6 months were noted between MPO-ANCA-positive and peroxidase-3 (PR3)-ANCA-positive patients, or between patients with or without interstitial lung disease (ILD).

### Overall survival

Sixteen deaths were reported during the observation period (14 MPA patients and two GPA patients). Causes of death reported by site investigators were vasculitis itself (five patients), infection (six patients), and other or unknown (five patients: completely unknown in two patients, cardiac failure in one patient, intracerebral hemorrhage in one patient, and hyperkalemia in one patient). Of the five cases of death caused by vasculitis itself, all patients were treated with GC without

**Table 1** Patient characteristics and treatments

	MPA (n = 78)	GPA (n = 33)
Age (years), mean ± SD	71 ± 10	64 ± 13
Sex (male:female)	35:43	12:21
Disease severity, n		
Limited	0	4
Early systemic	15	5
General	47	18
Severe	16	6
MPO-ANCA, n (%)	76 (97)	18 (55)
PR3-ANCA, n (%)	2 (3)	15 (46)
Serum creatinine (mg/dl), mean ± SD	2.46 ± 2.18	1.51 ± 1.32
BVAS, mean ± SD	18 ± 7	20 ± 7
Initial treatments (within 3 weeks)		
Maximum daily dose of PSL (mg/day), mean ± SD	41 ± 15	40 ± 15
mPSL pulse use, n (%)	34 (44)	13 (39)
Cyclophosphamide, n (%)	24 (31)	20 (60)
Oral/intravenous	3:21	7:13
Cumulative dose for 6 months (g), mean ± SD	2.6 ± 2.8	4.3 ± 3.6
Methotrexate, n (%)	0 (0)	2 (6)
Azathioprine, n (%)	0 (0)	0 (0)
Treatments at 6 months	n = 62	n = 30
Minimum daily dose of PSL (mg/day), mean ± SD	12 ± 5	13 ± 6
Cyclophosphamide, n	20	16
Methotrexate, n	0	3
Azathioprine, n	10	8
Treatments at 12 months	n = 56	n = 28
Minimum daily dose of PSL (mg/day), mean ± SD	9 ± 5	9 ± 6
Cyclophosphamide, n	9	7
Methotrexate, n	0	4
Azathioprine, n	11	11
Treatments at 24 months	n = 52	n = 28
Minimum daily dose of PSL (mg/day), mean ± SD	7 ± 5	6 ± 3
Cyclophosphamide, n	4	5
Methotrexate, n	0	4
Azathioprine, n	10	5

ANCA antineutrophil cytoplasmic antibody, BVAS Birmingham Vasculitis Activity Score, GPA granulomatosis with polyangiitis, MPA microscopic polyangiitis, MPO myeloperoxidase, mPSL methylprednisolone, PR3 proteinase 3, PSL prednisolone, SD standard deviation

concomitant CY and two patients were treated with plasma exchange. Renal manifestations developed in all five cases and ESRD developed in two of five cases. Lung manifestations developed in four of five patients including pulmonary hemorrhage and ILD in one case, ILD in one case, pleuritis in one case, and pulmonary infiltration in one case.

In terms of overall survival rates, MPA patients tended to have a worse prognosis than GPA patients, although the difference did not reach statistical significance (Fig. 3a;  $p = 0.12$ ). In the spectrum of EUVAS disease severity, there were significant differences in overall survival rates among the four different types (Fig. 3b;  $p = 0.0003$ ). Patients with severe disease, showing the lowest survival rate of 56 % at 24 months, had a markedly poorer prognosis, even compared with those with generalized type disease ( $p < 0.0001$ ).

On the other hand, significant differences in survival rates were undetectable between MPO-ANCA-positive and PR3-ANCA-positive patients (82 % versus 92 % at month 24) or between patients with and without ILD (87 % versus 83 % at month 24).

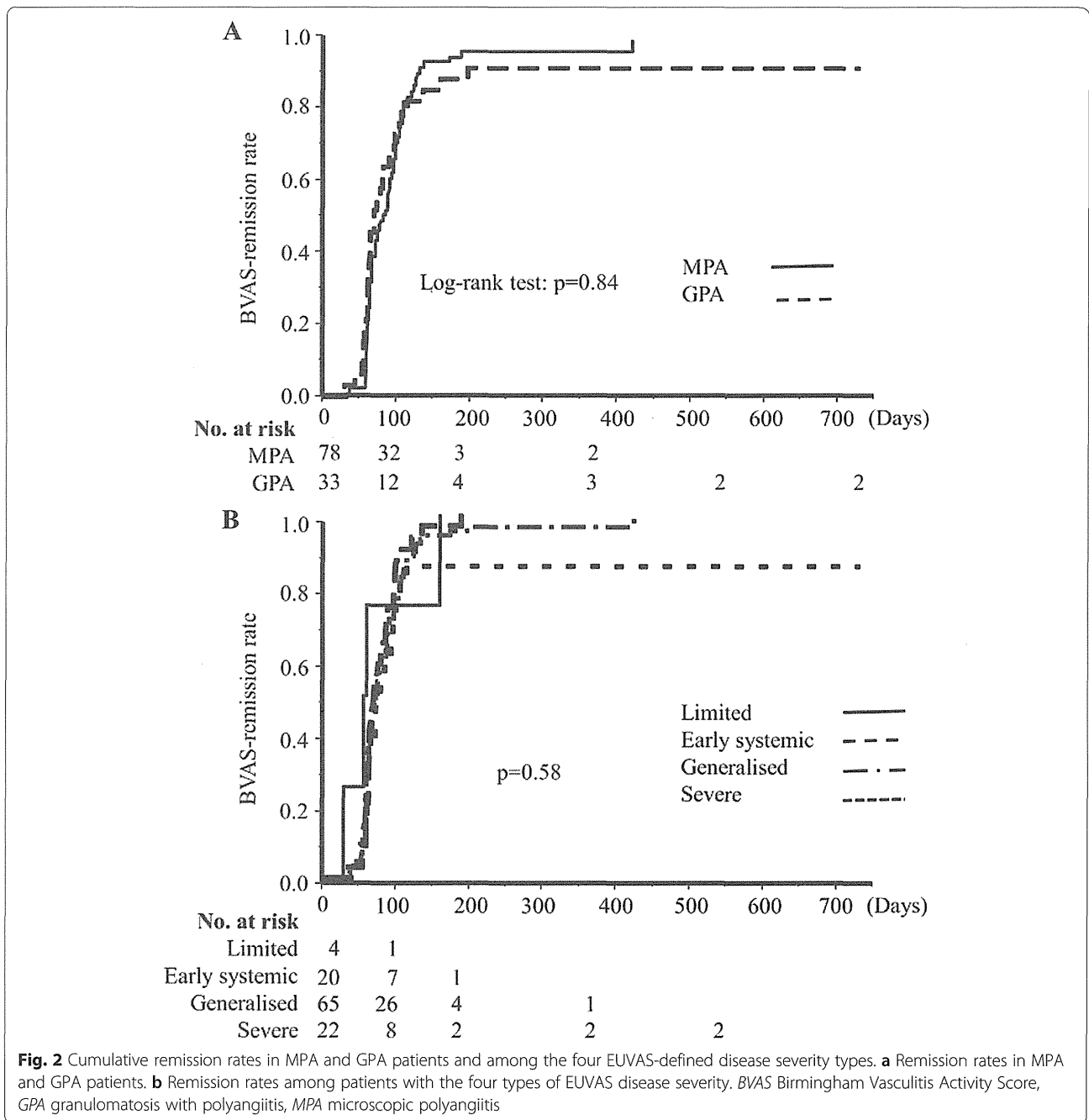
#### ESRD-free survival

Thirteen cases of ESRD developed during the observation period in MPA patients, but none occurred in GPA patients. Hence, the ESRD-free survival rate of MPA patients was significantly lower than that of GPA patients, decreasing to 81 % at 24 months (Fig. 4a;  $p = 0.012$ ). In the spectrum of EUVAS disease severity, there were significant differences in ESRD-free survival rates (Fig. 4b;  $p < 0.0001$ ). Patients with severe type disease showed the lowest ESRD-free survival rate of 51 % at 24 months, which was much lower than that of patients with generalized type disease ( $p < 0.0001$ ).

MPO-ANCA-positive patients tended to have lower ESRD-free survival rates than PR3-ANCA-positive patients (84 % versus 100 % at 24 months), although this difference was not statistically significant. No significant difference in ESRD-free survival rates was detectable between patients with and without ILD (90 % versus 85 % at 24 months).

#### Relapse

Of the 98 patients who achieved remission by 6 months, 23 relapsed during the total observation period, including 18 MPA and five GPA patients, with a mean duration for the remission period of 566 days. Of the 23 relapses, 11 were major relapses and 12 were minor. There were no significant differences in relapse rates between MPA and GPA patients (Fig. 5a; 29 % versus 15 % at month 18) or among patients with the four different types of EUVAS disease severity (Fig. 5b) (0 %, 42 %, 21 %, and 28 % at month 18 for limited, early systemic,



generalized, and severe types, respectively). In addition, there were no significant differences in relapse rates between MPO-ANCA-positive and PR3-ANCA-positive patients (25 % versus 21 % at month 18) or between patients with or without ILD (34 % versus 18 % at month 18).

**SI and VDI**

During the 2-year follow-up period, 76 SIs were reported in 46 patients (41.4 %). The number of SIs decreased over time, from 43 in 27 patients in the first 6 months to 20 in 18 patients in the second 6 months, nine in

seven patients in the third 6 months, and four in four patients in the last 6 months of follow-up. The most frequent site of SI was the respiratory system (41 events), followed by skin and subcutaneous tissue (12 events). Frequently reported types of opportunistic infections were deep mycoses (14 events), cytomegalovirus infection (10 events), and herpes zoster (nine events).

The mean (standard deviation) total VDI score of MPA patients and GPA patients were 1.95 (1.55) and 1.64 (1.57) at 12 months and 2.13 (1.56) and 2.11 (1.79) at 24 months, respectively.