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Adiponectin regulates psoriasiform skin inflammation by suppressing IL-17 production from $\gamma\delta$ -T cells

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Accumulating epidemiologic evidence has revealed that metabolic syndrome is an independent risk factor for psoriasis development and is associated with more severe psoriasis. Adiponectin, primarily recognized as a metabolic mediator of insulin sensitivity, has been newly drawing attention as a mediator of immune responses. Here we demonstrate that adiponectin regulates skin inflammation, especially IL-17-related psoriasiform dermatitis. Mice with adiponectin deficiency show severe psoriasiform skin inflammation with enhanced infiltration of IL-17-producing dermal V γ 4 + $\gamma\delta$ -T cells. Adiponectin directly acts on murine dermal $\gamma\delta$ -T cells to suppress IL-17 synthesis via AdipoR1. We furthermore demonstrate here that the adiponectin level of skin tissue as well as subcutaneous fat is decreased in psoriasis patients. IL-17 production from human CD4- or CD8-positive T cells is also suppressed by adiponectin. Our data provide a regulatory role of adiponectin in skin inflammation, which would imply a mechanism underlying the relationship between psoriasis and metabolic disorders.

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Psoriasis is a common chronic inflammatory skin disease, affecting ~2–3% of the world's population, which is characterized by epidermal hyperplasia, inflammatory cell infiltration and vascular changes^{1,2}. In the development of psoriasis, keratinocytes and immune cells interact with each other through the production of cytokines. This cellular interplay, especially via the interleukin (IL)-23/Th17 cytokine network, finally leads to psoriatic plaque formation. IL-23, secreted by dendritic cells, differentiates naive T cells into Th17 cells, and these activated Th17 cells further secrete IL-17A, IL-17F and IL-22, which finally cause keratinocyte proliferation^{3–5}. The importance of the IL-23/Th17 axis has been also exemplified by the therapeutic efficacy of human monoclonal antibodies targeting IL-12/23p40 (ustekinumab), IL-17 (ixekizumab and secukinumab) and its receptor (brodalumab)^{6–8}.

Psoriasis has been long considered to be a skin-tropic and not life-threatening disease; however, it is now increasingly recognized that psoriasis inflammation is not limited to the skin but goes far beyond the skin, accompanying systemic inflammation^{9,10}. Immune cells and cytokines, when released into the systemic circulation, may alter the function of endothelial and haematopoietic cells, leading to the increase in the risk of insulin resistance and atherosclerosis. This inflammatory cascade is named 'psoriatic march', and psoriasis patients are now considered to be at higher risk of developing metabolic syndrome¹¹. Systemic inflammation induced by obesity and metabolic syndrome, in turn, could exacerbate local skin inflammation via blood flow, which may consequently expand psoriasis inflammation¹². The link between local and systemic inflammation is further supported by recent vast reports focusing on the high percentages of psoriasis patients who have cardiovascular and metabolic comorbidities^{12–17}.

Adipose tissue, although considered as an organ for energy storage in the past, is now accepted as an active endocrine and immune organ, which produces various bioactive molecules, named adipokines^{18,19}. These adipokines, in cooperation with macrophages and T cells, cause adipose tissue inflammation and finally develop metabolic syndrome. Among these adipokines, adiponectin is a representative and main mediator of metabolism^{20,21}. Interestingly, recent reports regarding adiponectin have been focusing on a new feature of adiponectin, an aspect as a regulator of immune responses^{22,23}. A number of experimental studies suggest that adiponectin attenuates excessive inflammatory responses in a variety of tissues, especially in obesity-associated states^{24–26}. Roles of adiponectin in the development of psoriasis, one of the obesity-linked diseases as mentioned above, have been also discussed in the vast past epidemiologic reports^{27–29}. Serum adiponectin levels are decreased in psoriasis patients compared with healthy controls and its levels increase along with the improvement of dermatitis after successful treatments, including anti-tumour necrosis factor (TNF)- α agents, suggesting that adiponectin negatively regulates psoriasis progression^{30,31}. Adiponectin *in vitro* suppresses TNF- α , IL-6 and IL-12p40 production from THP-1 cells, and IL-6 production from normal human keratinocytes³⁰. These results have led us to further investigate whether adiponectin actually influences psoriasis inflammation *in vivo*.

In the past few years, a mouse model of psoriasiform dermatitis induced by topical imiquimod application, has been frequently used to examine the inflammatory responses of the skin^{32,33}. In this model, mice are treated topically with imiquimod cream for 6 consecutive days. After 6 days, rapid inflammation is noted in murine skin that resembles the clinical manifestation and histopathology of human psoriasis. In addition, this model mirrors the cytokine profile of human psoriasis, especially that of

the IL-23/Th17-related pathway. Although this model indeed demonstrates a simple and acute skin inflammation and is not sufficient to replicate a chronic and complex human condition, alongside human studies, this model would be provided as one of the established ways to understand the immunological aspects of human disease³⁴. The purpose of this study is to elucidate the possible roles of adiponectin in the development of psoriasis, using imiquimod- and IL-23-induced murine models of psoriasiform dermatitis along with human samples. We show here that lack of adiponectin exacerbates psoriasis-like skin inflammation with excessive infiltration of IL-17-producing V γ 4+ dermal $\gamma\delta$ -T cells. Furthermore, adiponectin directly acts on dermal $\gamma\delta$ -T cells to suppress IL-17 production. These results are in agreement with human data displaying the decreased level of adiponectin in subcutaneous fat and skin tissue of psoriasis patients. We also demonstrate regulatory roles of adiponectin on human CD4- and CD8-positive T cells. Although numerous reports have reported anti-inflammatory aspects of adiponectin on a variety of cell types, our data provides new evidence that adiponectin also has an anti-inflammatory effect on T cells and regulates skin inflammation.

Results

Adiponectin deficiency exacerbates psoriasiform dermatitis. To examine the role of endogenous adiponectin during psoriasiform skin inflammation *in vivo*, we first applied imiquimod cream on mouse back skin, and investigated the clinical and histopathological features of wild-type and adiponectin-deficient mice. We also applied imiquimod cream on mouse ear skin and evaluated ear thickness. We confirmed that there are no differences in the phenotype or cytokine expressions between mice applied with Vaseline and a cream containing isostearic acid (25% w/w), a major component of the vehicle cream of the imiquimod (Supplementary Fig. 1). Thus, we used Vaseline as a control cream of imiquimod in this study. Adiponectin-deficient mice exhibited worse clinical outcome with more severe scales and thicker skin at day 4–6 of imiquimod treatment as compared with wild-type mice (Fig. 1a). Clinical scores for disease severity were calculated daily using a scoring system based on the clinical Psoriasis Area and Severity Index. Significant differences in disease severity and ear thickness were observed between wild-type and adiponectin-deficient mice from day 4 to 6 (Fig. 1b). Consistent with clinical scores, histological analyses of skin samples at day 5 of imiquimod treatment on mouse back skin showed more severe epidermal hyperplasia and more intense inflammatory cell infiltration in adiponectin-deficient mice as compared with wild-type mice (Fig. 1c). Immunohistochemistry analyses revealed that infiltrating cells in the upper dermis were CD3 or major histocompatibility complex class II positive, and that cell counts for these positive cells were significantly increased in adiponectin-deficient mice compared with wild-type mice (Fig. 1d).

Adiponectin deficiency promotes IL-17A gene expression. We next examined the messenger RNA (mRNA) expression levels of psoriasis-related cytokines in the imiquimod-induced psoriasiform skin lesions of wild-type and adiponectin-deficient mice. Skin samples were taken from mouse back skin, before treatment, and 24 or 48 h after imiquimod application. Messenger RNA levels for TNF- α , IFN- γ , IL-6, IL-12p40, IL-23p19, IL-17A, IL-17F and IL-22 were determined by quantitative real-time PCR. Imiquimod-treated skin demonstrated increased mRNA levels of genes mentioned above, and adiponectin deficiency further augmented mRNA levels of TNF- α , IL-6, IL-12p40 and IL-23p19, which would reflect the anti-inflammatory roles of adiponectin

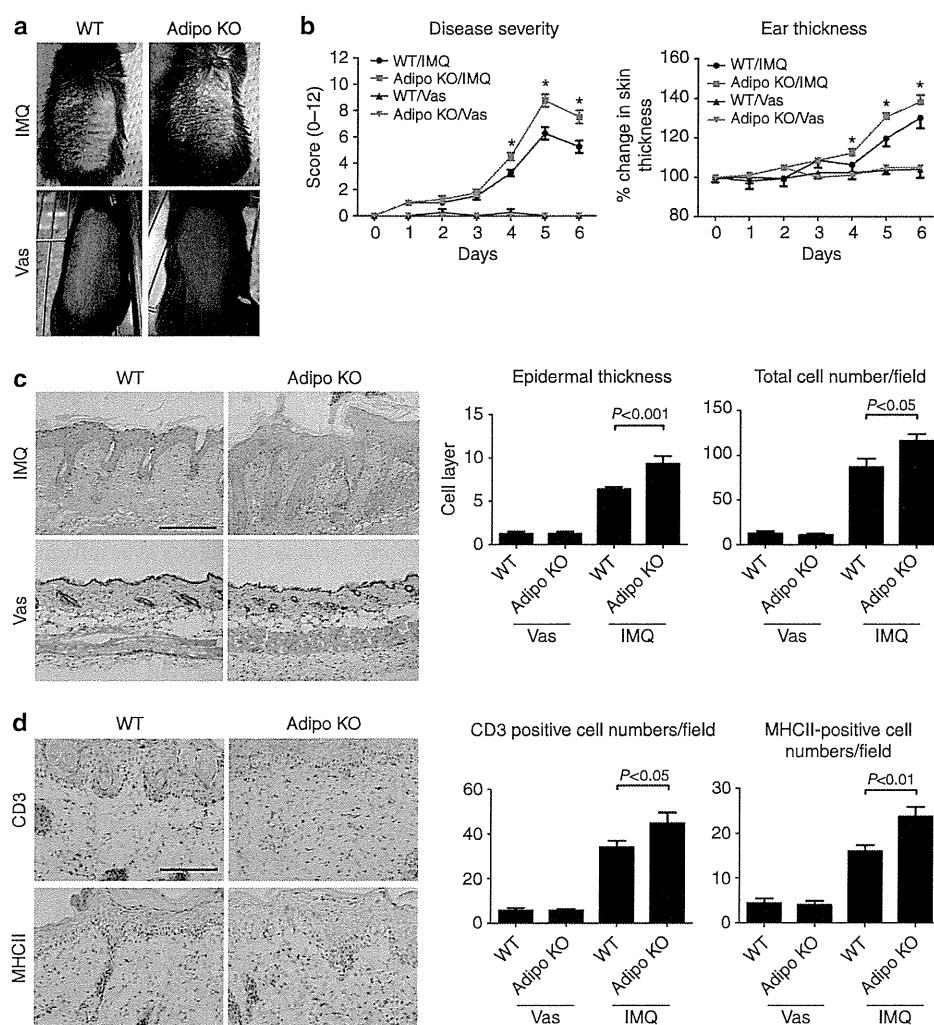


Figure 1 | Adiponectin deficiency promotes psoriasiform dermatitis. Shaved back skin and ears of wild-type (WT) and adiponectin-deficient (Adipo knockout (Adipo KO)) mice were topically treated with imiquimod (IMQ) or control Vaseline (Vas) for 6 consecutive days. **(a)** Phenotypic manifestation of WT and Adipo KO mouse back skin induced by IMQ or Ctrl cream application at day 5. **(b)** Disease severity (left panel) and ear thickness (right panel) during IMQ or Vas treatment. Clinical scores for disease severity were calculated daily using a scoring system based on the clinical Psoriasis Area and Severity Index. Data are presented as mean \pm s.e. ($n=3-5$ for each group). * $P<0.05$ versus WT mice with IMQ application. **(c)** Histological presentation of WT and Adipo KO mouse back skin induced by IMQ or Vas application at day 5 ($\times 200$). Scale bar, 50 μ m. The number of epidermal cell layers and dermal inflammatory cells was counted per high-power field from 3 to 5 mice per group. Data are presented as mean \pm s.e. ($n=3-5$). **(d)** Immunohistochemical presentation of WT and Adipo KO mouse back skin induced by IMQ or Vas application at day 5 ($\times 400$). Scale bar, 25 μ m. The number of CD3 or major histocompatibility complex (MHC) class II (MHCII)-positive cells was counted per high-power field from 3 to 5 mice per group. Data are presented as mean \pm s.e. ($n=3-5$), and analysed by Welch's *t*-test for **b-d**.

on macrophages and dendritic cells. In addition, mRNA levels of IL-17A, IL-17F and IL-22 were also markedly upregulated in adiponectin-deficient mice at 48 h after imiquimod application, as compared with wild-type mice (Fig. 2a). In the experiment of intradermal IL-23 injections to mouse ear skin, another widely used model of psoriasiform skin inflammation, IL-17A/IL-17F/IL-22 expression was upregulated after IL-23 injection^{33,35}, and adiponectin deficiency further increased their expression level (Fig. 2b). Interestingly, IL-17A expression was much greater with IL-23 injection than imiquimod treatment, whereas IL-17F and IL-22 were far less responsive to IL-23 injection than to imiquimod treatment in adiponectin-deficient mice, suggesting that the major effect of adiponectin is on IL-17A. Thus, we sought to focus on the effect of adiponectin especially on IL-17A. Notably, there was great increase in both IL-6 and IL-17A

expression in adiponectin-deficient mice at 48 h after imiquimod application (Fig. 2a). In detail, IL-6 was sufficiently produced after 24 h of imiquimod application, whereas IL-17A was gradually produced until 48 h in adiponectin-deficient mice, suggesting the possibility that IL-6 overproduction in adiponectin-deficient mice might predominate further increase in IL-17A production at 48 h. To address this concern, we conducted an intraperitoneal injection of IL-6 antibody in both adiponectin-deficient and wild-type mice, and then compared IL-17A expression level 48 h after imiquimod application. As shown in Fig. 2c, IL-6 antibody injection suppressed, but not significantly, about half of IL-17A production in wild-type mice. In adiponectin-deficient mice, suppression level of IL-17A by IL-6 antibody was more remarkable as compared with that in wild-type mice. This result would imply that the IL-17A production

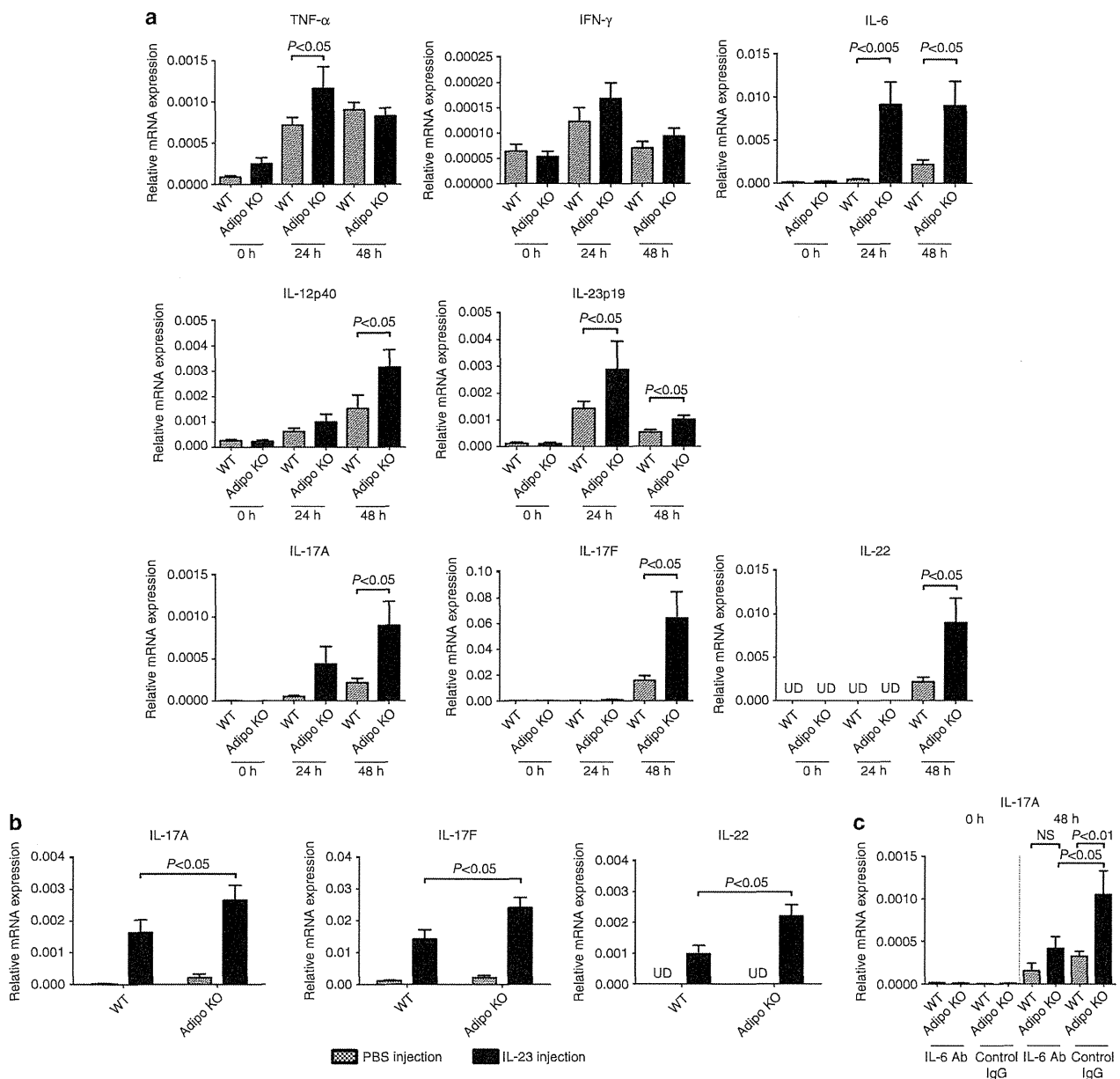


Figure 2 | Adiponectin deficiency promotes gene expression of cytokines implicated in the psoriasiform skin inflammation. Wild-type (WT) and Adiponectin knockout (Adipo KO) mice were (a) applied with imiquimod (IMQ) or (b) injected with IL-23 intradermally, and skin samples were taken (a) before treatment, and 24 or 48 h after IMQ application or (b) after second IL-23 injection. Messenger RNA levels of the indicated cytokines were determined by quantitative PCR. Data are obtained from duplicate samples from 5 to 8 mice in each group. Values are presented as mean \pm s.e. ($n = 10\text{--}16$). UD, undetected. (c) WT and Adipo KO mice were injected with IL-6 antibody intraperitoneally, and IL-17A mRNA level of skin samples was determined before treatment and 48 h after IMQ application. Data are obtained from duplicate samples from 2 to 4 mice in each group. Values are presented as mean \pm s.e. ($n = 4$: 0 h, $n = 8$: 48 h). Data are analysed by Welch's *t*-test for a,b and by one-way analysis of variance with Dunnett's multiple comparison test for c. NS, not significant.

might be regulated partially by IL-6 in the imiquimod-induced skin inflammation and that the enhanced IL-6 production by adiponectin deficiency might induce subsequent IL-17A production and exacerbation of dermatitis.

Adiponectin regulates IL-17A-producing dermal $\gamma\delta$ -T cells. To clarify whether adiponectin deficiency is actually involved in the local skin inflammation, we next performed intracellular flow cytometric analyses of the skin after imiquimod application.

Single-cell suspensions from the dermis separated from the epidermis of wild-type and adiponectin-deficient mice after 5 days of imiquimod treatment were stimulated with phorbol 12-myristate 13-acetate (PMA) and ionomycin, and then were analysed for IL-17A as well as CD3 and $\gamma\delta$ TCR expression. Adiponectin deficiency promoted the recruitment of CD3-positive cells to the dermis of imiquimod-induced skin as compared with wild-type mice (Fig. 3a,b). The proportion of $\gamma\delta$ -T cells among these infiltrating CD3-positive cells was similar between wild-type and adiponectin-deficient mice (Fig. 3c,d). In addition, as well as

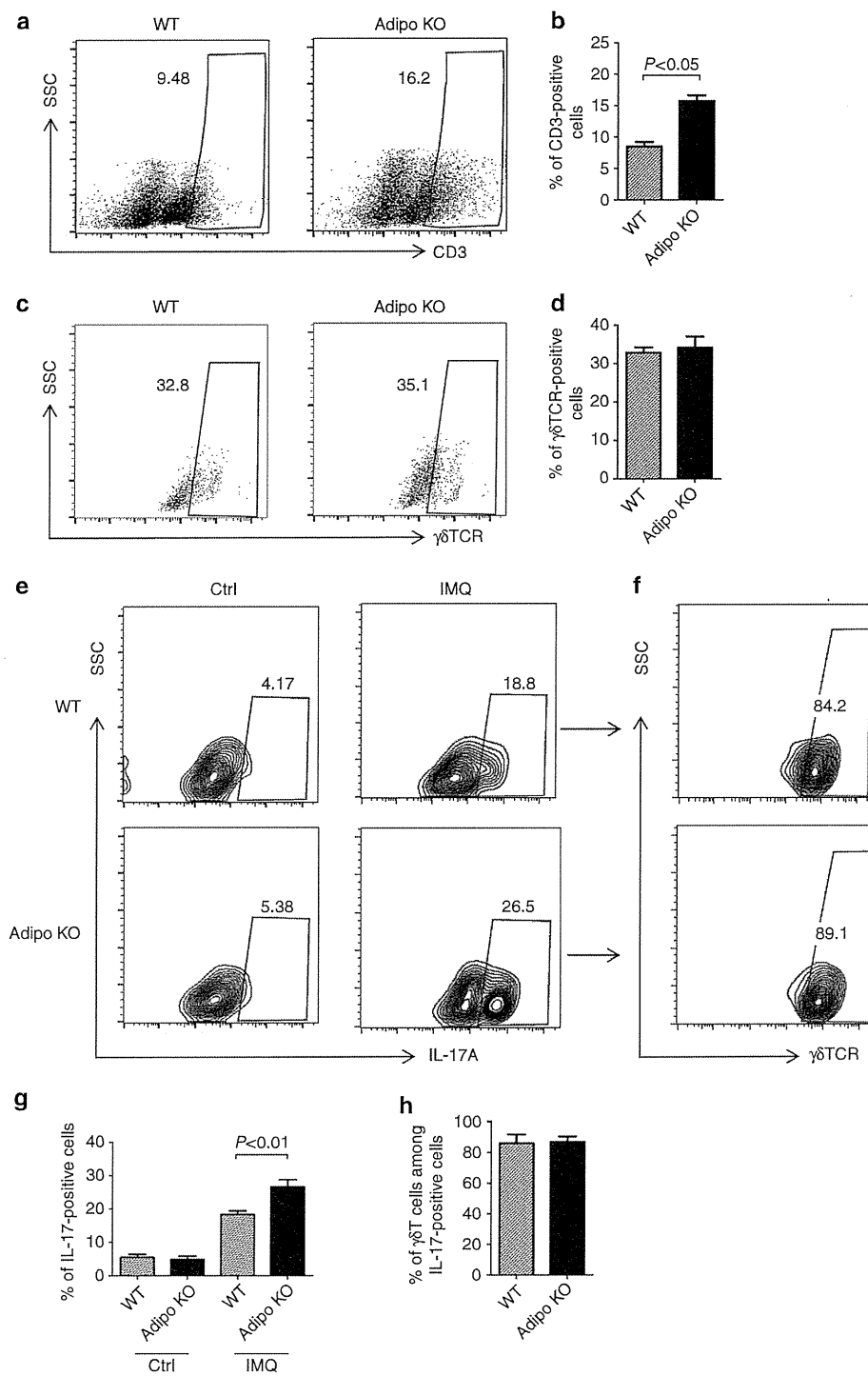


Figure 3 | Adiponectin negatively regulates the recruitment of inflammatory cells and the IL-17 production from $\gamma\delta$ -T cells in the skin. Wild-type (WT) and Adiponectin knockout (Adipo KO) mice were treated as described. At day 5, dermal cell suspensions of mouse back skin were stimulated with PMA and ionomycin, and were stained with antibodies specific for IL-17A as well as CD3 and TCR $\gamma\delta$ cell surface markers, followed by flow cytometric analysis. Gating strategy is shown in Supplementary Fig. 3. **(a,c,e,f)** Flow plots show the CD3-positive **(a)**, TCR $\gamma\delta$ -positive **(c,f)**, IL-17A-positive **(e)** population of the dermal cells from WT and Adipo KO mice. Flow plots were gated on CD3-positive cells **(c,e)**. **(b,d,g,h)** Graph shows the percentage of CD3-positive **(b)**, TCR $\gamma\delta$ -positive **(d,h)** and IL-17-positive **(g)** cells. The percentage of IL-17-positive cells among CD3 cells of each group is shown in Supplementary Table 1. Values are presented as mean \pm s.e. ($n = 6$). Data are representative of three independent experiments, where each group contains 1 to 2 mice. Data are analysed by Welch's t -test for **a,b,g,h**. IMQ, imiquimod.

increased infiltrating CD3-positive cells, expression levels of IL-17A on a per-cell basis among CD3-positive cells were also significantly increased in adiponectin-deficient mice (Fig. 3e,g). Next, we gated on IL-17-positive cells and determined the cellular source of IL-17. In agreement with previous reports^{33,36}, the majority of IL-17 was produced by $\gamma\delta$ -T cells upon stimulation (Fig. 3f,h). These results suggest that adiponectin deficiency promotes the recruitment of inflammatory cells and local IL-17 production from $\gamma\delta$ -T cells in the imiquimod-induced skin inflammation.

V γ 4-positive dermal $\gamma\delta$ -T cells are the major IL-17 producers. To determine which type of $\gamma\delta$ -T cells are involved in the dermal skin inflammation, we examined the V γ 4 and V γ 5 expression pattern of skin $\gamma\delta$ -T cells during the imiquimod treatment.

We first determined the V γ 4 and V γ 5 expression of epidermal resident $\gamma\delta$ -T cells and dermal migratory $\gamma\delta$ -T cells by reverse transcription-PCR. As shown in Fig. 4a, dermal $\gamma\delta$ -T cells expressed V γ 4, whereas epidermal $\gamma\delta$ -T cells express V γ 5, but not V γ 4. Notably, imiquimod application induced two subsets of skin $\gamma\delta$ -T cells, composed of TCR $\gamma\delta$ ^{intermediate} IL-17+ (I) and TCR $\gamma\delta$ ^{high} IL-17-(II) T cells in both wild-type and adiponectin-deficient mice (Fig. 4b). Consistent with the past reports^{33,37,38}, these populations expressed (I) V γ 4 and (II) V γ 5, respectively (Fig. 4c), suggesting that V γ 4-positive dermal migratory $\gamma\delta$ -T cells dominate the dermal skin inflammation and IL-17 production. In accordance with this result, when gated on IL-17-positive cell subsets, the majority of IL-17-positive cells expressed V γ 4, but not V γ 5, in both wild-type and adiponectin-deficient mice (Fig. 4d).

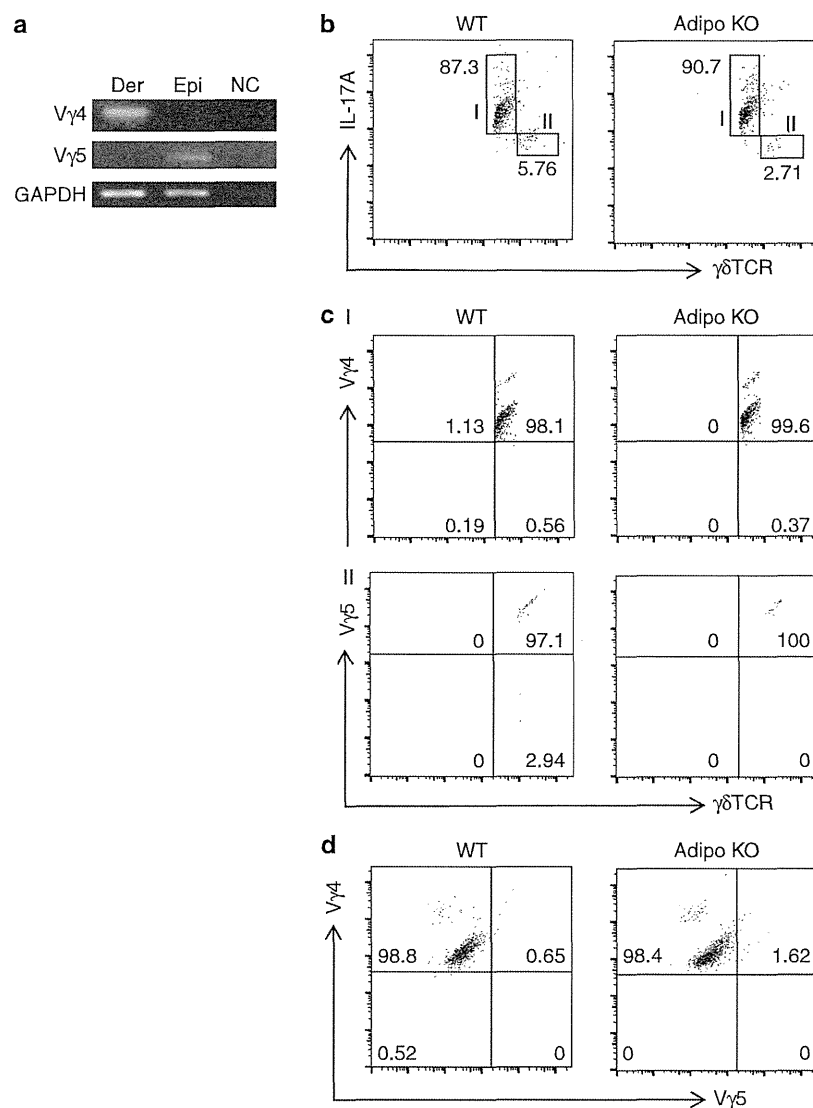


Figure 4 | V γ 4 T cells predominantly induce the skin inflammation and are the major IL-17 producers. Wild-type (WT) and Adiponectin knockout (Adipo KO) mice were treated as described. At day 5, whole-skin cell suspensions of mouse back skin were stimulated with PMA and ionomycin, and were stained with antibodies specific for IL-17A as well as CD3, TCR $\gamma\delta$, V γ 4 and V γ 5 cell surface markers, followed by flow cytometric analysis. **(a)** Dermal $\gamma\delta$ -T cells after IMQ application and epidermal $\gamma\delta$ -T cells before IMQ application were sorted, and mRNAs were extracted to perform reverse transcription-PCR. **(b)** Plots show two populations of $\gamma\delta$ -T cells, composed of TCR $\gamma\delta$ ^{intermediate} IL-17-positive (I) and TCR $\gamma\delta$ ^{high} IL-17-negative (II) cells. **(c)** Cells of (I) and (II) populations were characterized for TCR $\gamma\delta$ and V γ 4 or V γ 5 expression. **(d)** IL-17-positive cells gated on CD3-positive cells were characterized for V γ 4 and V γ 5 expression. Data are representative of two independent experiments, where each group contains two mice.

IL-17 regulation in $\gamma\delta$ -T cells is mediated through AdipoR1. We next focused on the *in vitro* effects of adiponectin on dermal $\gamma\delta$ -T cells. First of all, we examined the expression of adiponectin receptors, AdipoR1 and AdipoR2. It is known that AdipoR1 is expressed widely in various tissues, while AdipoR2 is predominantly expressed in the liver³⁹. As shown in Fig. 5a, western blot analysis demonstrated that only AdipoR1 protein was detected, while AdipoR2 protein expression was below the detection limit. Next, we investigated whether adiponectin had a direct effect on the production of IL-17 by $\gamma\delta$ -T cells. Sorted dermal $\gamma\delta$ -T cells were pretreated with indicated concentrations of adiponectin for 1 h, followed by treatment with IL-1 β (10 ng ml⁻¹) and IL-23 (5 ng ml⁻¹) for another 24 h, and IL-17 protein levels in the supernatant were quantified. We confirmed that adiponectin itself was not harmful by determining that IL-2 production of dermal $\gamma\delta$ -T cells is not influenced by adiponectin concentration up to 50 μ g ml⁻¹ (Supplementary Fig. 2a). Since earlier studies have revealed that $\gamma\delta$ -T cells express IL-23R and produce IL-17 in response to IL-1 β and IL-23 (ref. 40), without T-cell receptor engagement, we incubated $\gamma\delta$ -T cells without activation by anti-CD3 ϵ monoclonal antibody in this experiment. As shown in Fig. 5b, adiponectin directly

suppressed IL-17 production from dermal $\gamma\delta$ -T cells in a dose-dependent manner up to 25 μ g ml⁻¹. Consistent with the result of the supernatant protein levels, pretreatment with adiponectin (10 μ g ml⁻¹) suppressed IL-17A mRNA expression of dermal $\gamma\delta$ -T cells (Fig. 5c). Furthermore, to determine which adiponectin receptor, AdipoR1 or AdipoR2, is involved in the regulation of IL-17 synthesis, dermal $\gamma\delta$ -T cells were transfected with short interfering RNA (siRNA) against AdipoR1 and AdipoR2, and thereafter, were assessed for IL-17A mRNA expression. Quantitative real-time PCR detected both AdipoR1 and AdipoR2 mRNA in dermal $\gamma\delta$ -T cells, although AdipoR2 protein expression was below the detection limit by western blot analysis. This result is consistent with the past reports demonstrating discrepancy between mRNA and protein levels of AdipoR2 in leukocytes^{41,42}. Control experiments have revealed that AdipoR1 and AdipoR2 mRNA levels are reduced by >65% as evaluated by real-time reverse transcription-PCR analysis (Fig. 5d). We found that specific knockdown of AdipoR1, but not of AdipoR2, attenuated suppression of adiponectin-induced IL-17A gene expression in dermal $\gamma\delta$ -T cells (Fig. 5e), indicating that adiponectin suppresses IL-17 synthesis through AdipoR1 in dermal $\gamma\delta$ -T cells. Again, IL-2 expression of $\gamma\delta$ -T

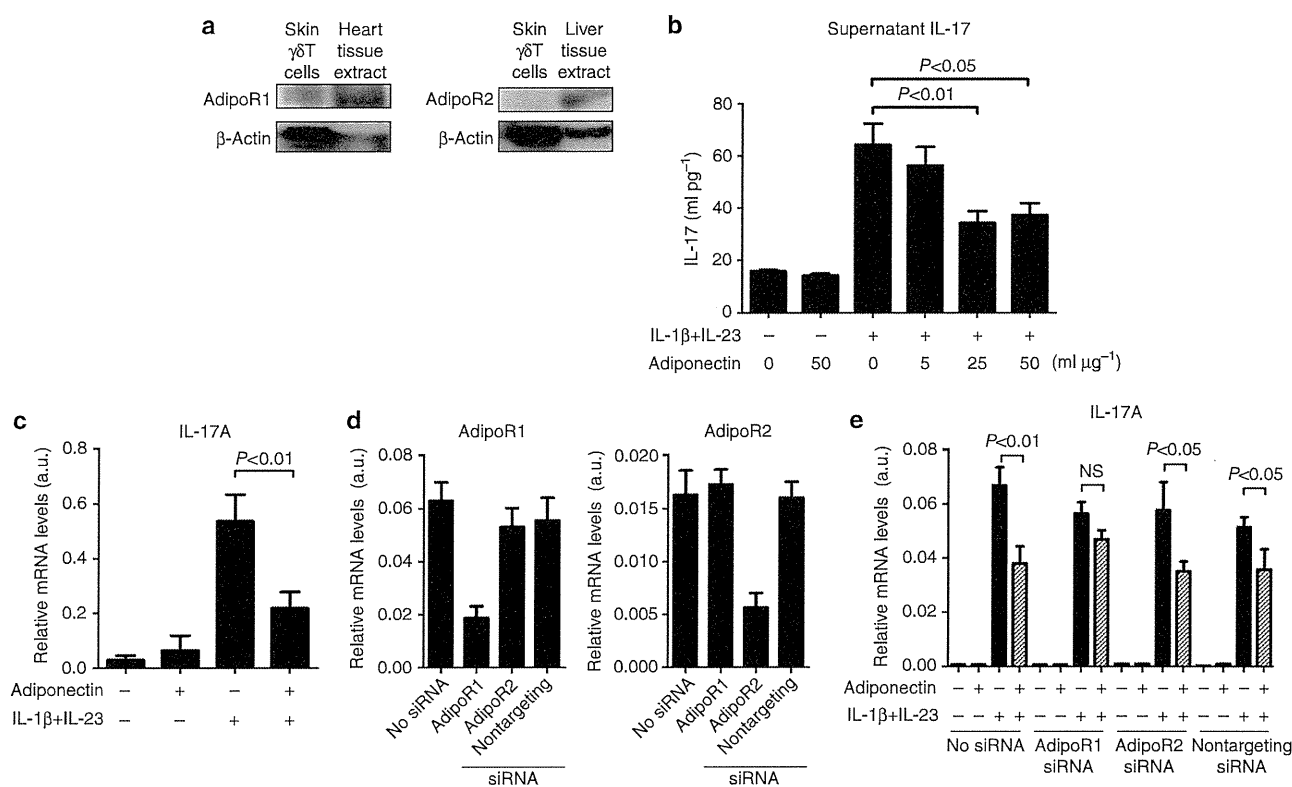


Figure 5 | Adiponectin negatively regulates IL-17 production from dermal $\gamma\delta$ -T cells through AdipoR1. (a) Sorted dermal $\gamma\delta$ -T cells were analysed for the expression of adiponectin receptors, AdipoR1 and AdipoR2. Mouse heart and liver extract were used as a positive control, respectively. (b,c) Dermal $\gamma\delta$ -T cells were pretreated with indicated concentrations of adiponectin for 1 h, followed by treatment with IL-1 β (10 ng ml⁻¹) and IL-23 (5 ng ml⁻¹) (b) for another 24 h, and the supernatant IL-17 levels were determined using the IL-17 ELISA kit ($n = 5$: cells without IL-1 β and IL-23 stimulation, $n = 6$: cells with IL-1 β and IL-23 stimulation), and (c) for another 6 h, and the gene expression levels of IL-17A was determined by quantitative (qPCR) ($n = 4$: cells without IL-1 β and IL-23 stimulation, $n = 5$: cells with IL-1 β and IL-23 stimulation). Data are mean \pm s.e. and are representative of two independent experiments. (d,e) Dermal $\gamma\delta$ -T cells were transfected with AdipoR1 or AdipoR2 siRNA or nontargeting control siRNA. After 72 h, $\gamma\delta$ -T cells were pretreated with adiponectin (10 μ g ml⁻¹) for 1 h, followed by treatment with IL-1 β (10 ng ml⁻¹) and IL-23 (5 ng ml⁻¹) for another 6 h. Messenger RNA expression of (d) AdipoR1 and AdipoR2 ($n = 8$) and (e) IL-17A ($n = 4$: cells without IL-1 β and IL-23 stimulation, $n = 6$: cells with IL-1 β and IL-23 stimulation) in transfected cells were examined by qPCR. Data are mean \pm s.e. and are representative of three independent experiments. Data are analysed by Welch's *t*-test for b,c,e. NS, not significant.

cells stimulated with IL-1 β and IL-23 was not influenced by treatment with adiponectin (Supplementary Fig. 2b).

Exogenous adiponectin rescues exacerbated dermatitis. To determine whether the exacerbation of dermatitis in adiponectin-deficient mice is particularly adiponectin dependent or not, wild-type and adiponectin-deficient mice were given daily intraperitoneal injection of adiponectin (50 μ g per day per mouse)¹⁵ from 1 day before imiquimod treatment, and the dermatitis progression and IL-17 expression were examined. Exogenous adiponectin improved imiquimod-induced dermatitis clinically and pathologically (Fig. 6a). Disease severity and ear thickness during imiquimod treatment are shown in Fig. 6b,c. Consistent with the improvement of the phenotype, exogenous adiponectin significantly suppressed elevated IL-17 production of adiponectin-deficient mice (Fig. 6d). On the other hand, additional adiponectin did not either suppress IL-17 production or improve dermatitis of wild-type mice (Fig. 6a–d). These results would suggest that the effect of adiponectin might be elicited below a certain concentration of adiponectin and that exogenous adiponectin supplementation could be effective only under the condition when adiponectin is insufficient, implying the existence of a plateau concentration that would exert biological effects *in vivo*.

Neutralization of IL-17 ameliorates exacerbated dermatitis. Finally, to assess clinical effectiveness, wild-type and adiponectin-deficient mice were intraperitoneally injected with high (80 μ g) or

low (10 μ g) doses of anti-IL-17 antibody, and then were applied imiquimod cream for 6 consecutive days. As shown in Fig. 7a, adiponectin-deficient mice with low doses of anti-IL-17 antibody injection revealed no visible phenotypic changes. In contrast, wild-type mice demonstrated phenotypical improvement with both low and high doses injection of anti-IL-17 antibody. Disease severity and ear thickness (lower panel) during imiquimod treatment are shown in Fig. 7b. Histological presentation was consistent with these phenotypes. Specifically, epidermal hyperplasia and inflammatory cell infiltration were improved in wild-type mice with both low- and high-dose injections, but in adiponectin-deficient mice with only high-dose injection (Fig. 7c).

Effects of adiponectin on human T cells. To determine whether obtained murine data are in accordance with human condition, we collected human skin and subcutaneous samples of psoriasis patients as well as controls, and compared its adiponectin level. Notably, adiponectin level of subcutaneous fat was remarkably decreased in psoriasis patients as compared with healthy controls (Fig. 8a, left panel). Furthermore, adiponectin levels of skin tissue, which locate directly above subcutaneous adipose tissue, were also significantly decreased in psoriasis patients (Fig. 8a, right panel). Adiponectin level of skin tissue significantly correlated with that of subcutaneous fat tissue in individual patients (Fig. 8b). Since conventional CD4- or CD8-positive T cells dominantly infiltrate the dermis of psoriasis patients and contribute to the formation of psoriasis plaque, we sought to examine whether adiponectin actually suppresses IL-17 production by human

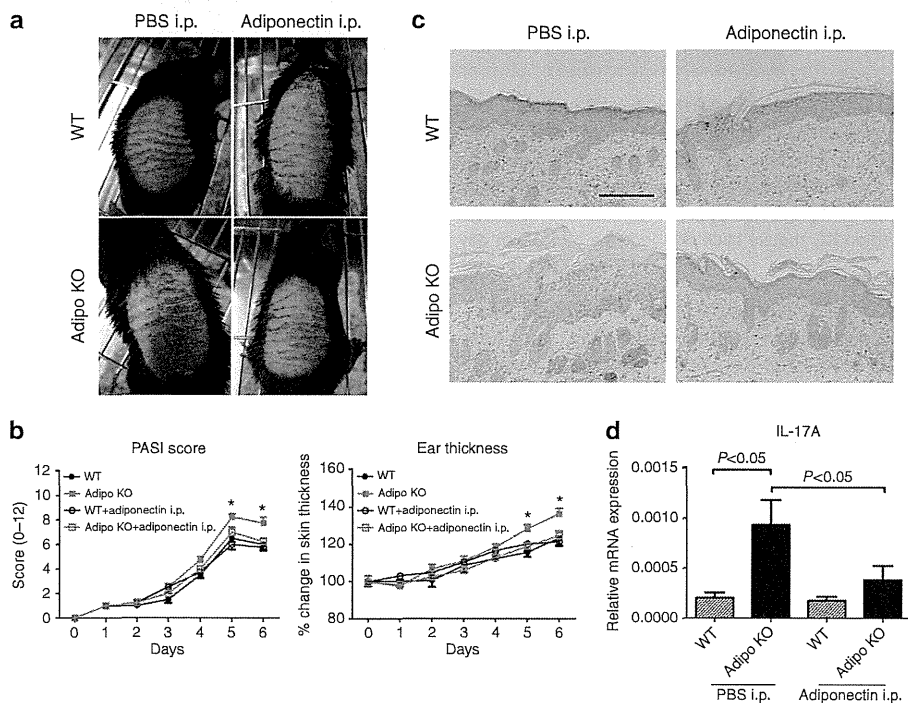


Figure 6 | Exogenous adiponectin improves the psoriasiform dermatitis in Adipo knockout (KO) mice. Wild-type (WT) and Adiponectin knockout (Adipo KO) mice were given daily intraperitoneal (i.p.) injection of recombinant adiponectin (50 μ g per day) from day 1 before imiquimod (IMQ) treatment. **(a)** Phenotypical manifestation of WT and Adipo KO mouse back skin induced by IMQ at day 5 with or without exogenous adiponectin administration. **(b)** Disease severity (left panel) and ear thickness (right panel) during IMQ treatment. Clinical scores for disease severity were calculated as described in the Methods. Data are presented as mean \pm s.e. ($n=4$ for each group). $*P<0.05$ versus Adipo KO mice without adiponectin administration. Data are analysed by Welch's *t*-test. **(c)** Histological presentation of WT and Adipo KO mouse back skin induced by IMQ at day 5 with or without exogenous adiponectin administration. Scale bar, 50 μ m. **(d)** IL-17 mRNA expression of WT and Adipo KO mouse back skin induced by IMQ at day 2 with or without exogenous adiponectin administration. Data are analysed by one-way analysis of variance with Dunnnett's multiple comparison test.

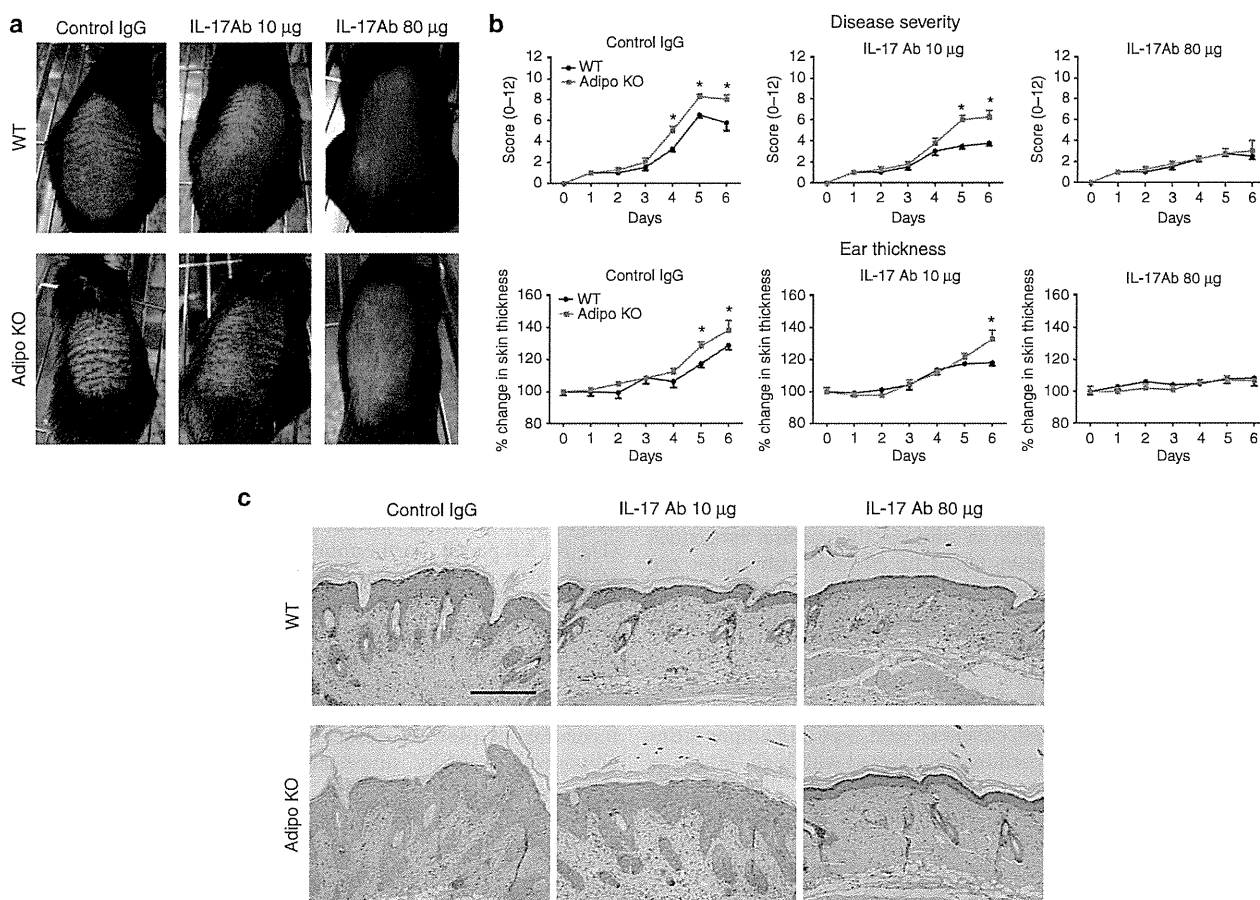


Figure 7 | Adipo knockout (KO) mice need a further dose of anti-IL-17 antibody to prevent the psoriasiform dermatitis. Wild-type (WT) and Adipo KO mice were intraperitoneally injected with control IgG, or 10 and 80 μg of anti-IL-17 antibody (IL-17 Ab) at 1 day before (day -1) and 2 days after (day 2) imiquimod (IMQ) treatment. **(a)** Phenotypic manifestation of WT and Adipo KO mouse back skin induced by IMQ at day 5. **(b)** Disease severity (upper panel) and ear thickness (lower panel) during IMQ treatment. Clinical scores for disease severity were calculated as described in the Methods. Data are presented as mean \pm s.e. ($n = 4$ for each group). $*P < 0.05$ versus WT mice with IMQ application. Data are analysed by Welch's *t*-test. **(c)** Histological presentation of WT and Adipo KO mouse back skin induced by IMQ at day 5 with the indicated dose of IL-17 antibody injection. Scale bar, 50 μm .

CD4- or CD8-positive T cells. Human CD4- and CD8-positive T cells expressed adiponectin receptor, AdipoR1, but not AdipoR2, at the protein level (Fig. 8c). Peripheral blood mononuclear cells (PBMCs) were activated with IL-23 (0 and 25 ng ml^{-1}), plate-bound anti-CD3 and soluble anti-CD28 with pretreatment of indicated concentrations of adiponectin. IL-17 production by PBMC was inhibited by adiponectin, in a dose-dependent manner up to 25 $\mu\text{g ml}^{-1}$ (Fig. 8d). We also determined the percentage of IL-17-positive cells among CD4- or CD8-positive T cells, activated as mentioned above with or without adiponectin (25 $\mu\text{g ml}^{-1}$) pretreatment. Flow cytometric analyses revealed the inhibitory effects of adiponectin on human CD4- and CD8-positive T cells (Fig. 8e,f).

Discussion

A number of epidemiologic studies have been focusing on the close relationship between psoriasis and metabolic disorders in terms of adipokines, including adiponectin. However, specific roles of adiponectin in the regulation of skin immune responses remain to be unknown. Using a mouse model of psoriasiform dermatitis, alongside human samples, we set out to determine whether and how adiponectin is involved in the immunological development of psoriasiform skin inflammation in this study.

First of all, to confirm that there is not a baseline difference in cutaneous immune responses or epithelia between wild-type and adiponectin-deficient mice, we have conducted contact hypersensitivity experiments on these mice using 2,4-dinitrofluorobenzene or fluorescein isothiocyanate. As shown in Supplementary Fig. 4, no significant difference was observed in mouse ear thickness between these mice in both 2,4-dinitrofluorobenzene- and fluorescein isothiocyanate-applied conditions. We observed that adiponectin deficiency resulted in severe psoriasiform inflammation. Since it is widely known that inhibition of adiponectin upregulates TNF- α production from macrophages or adipocytes^{25,43}, we expected that the increased skin inflammation in adiponectin-deficient mice was mainly due to the overexpression of TNF- α . Although TNF- α expression was indeed elevated in the inflamed skin of adiponectin-deficient mice, even more striking was the upregulated expression of Th17-related cytokines, IL-17A/IL-17F/IL-22. The regulation of IL-17 by adiponectin was strengthened by the flow cytometric analysis, in which adiponectin deficiency caused increased amount of IL-17 expression by CD3-positive cells on a per-cell basis, along with enhanced recruitment of CD3-positive cells to the skin. In addition, adiponectin exerts a direct suppressive effect on the production of IL-17. Since IL-17 plays central roles in the pathogenesis and maintenance of psoriasis, it could be speculated

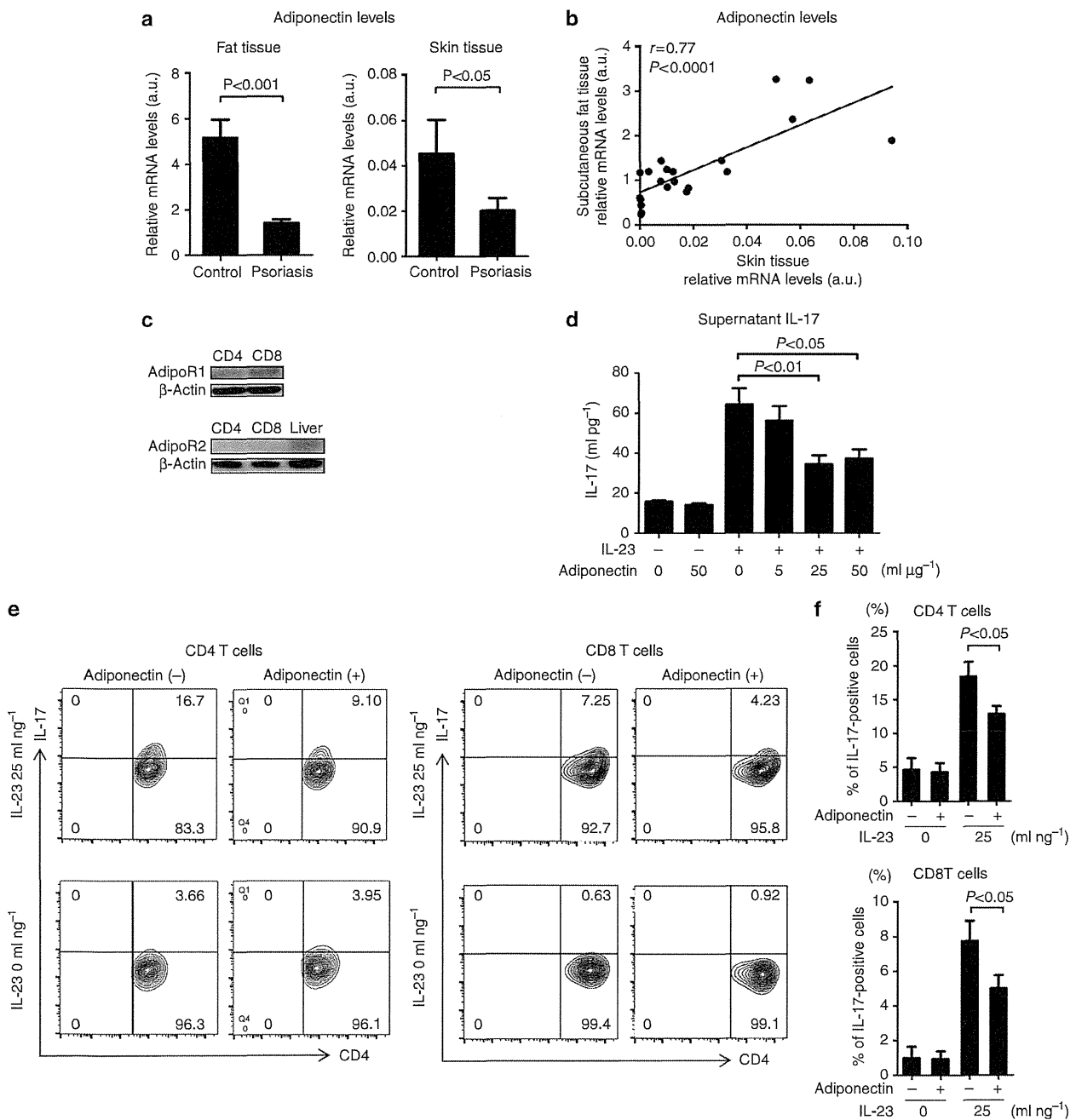


Figure 8 | Adiponectin suppresses IL-17 production from human CD4- and CD8-positive T cells. (a) Messenger RNAs of subcutaneous fat (left panel) and skin (middle panel) tissue from psoriasis patients ($n = 26$) and healthy controls ($n = 12$) were extracted and examined for adiponectin level by quantitative (q)PCR. Data are mean \pm s.e. and analysed by Welch's t -test. (b) Correlation of adiponectin level in psoriasis patients between subcutaneous fat and skin tissue is shown in the right panel. (c) Human CD4 and CD8-positive T cells were sorted and were analysed for the expression of adiponectin receptors, AdipoR1 and AdipoR2. (d) PBMCs were obtained from human whole blood, and were pretreated with indicated concentrations of adiponectin for 1 h, followed by treatment with plate-bound anti-CD3 ($5 \mu\text{g ml}^{-1}$), soluble anti-CD28 ($1 \mu\text{g ml}^{-1}$) and IL-23 (0 and 25 ng ml^{-1}) for another 7 days. The supernatant IL-17 levels were determined using the IL-17 ELISA kit. Data are mean \pm s.e. ($n = 4$) and are representative of two independent experiments. Data are analysed by one-way analysis of variance with Dunnett's multiple comparison test. (e) Human PBMCs were treated as mentioned above for 5 days, stimulated with PMA and ionomycin and were stained with antibodies specific for IL-17A as well as CD4 and CD8 cell surface markers, followed by flow cytometric analysis. Data are representative of three independent experiments. (f) Graph shows the percentage of IL-17-positive cells among CD4- or CD8-positive T cells ($n = 3$: IL-23 0 ng ml^{-1} , $n = 6$: IL-23 25 ng ml^{-1}). Data are analysed by Welch's t -test.

that adiponectin deficiency would drive skin inflammation, especially IL-17-related psoriasiform inflammation. In the analyses of human samples, psoriasis patients displayed

decreased adiponectin levels at both subcutaneous fat and skin site, suggesting that psoriasis patients possess a condition predisposed to produce IL-17 and develop subsequent dermatitis.

Although anti-inflammatory properties of adiponectin have been well-investigated and discussed, most reports have been focusing on the relation between adiponectin and TNF- α or IL-6. Adiponectin suppresses TNF- α or IL-6 production and TNF- α -induced biological effects of certain cells, such as adipocytes, macrophages, endothelial cells and hepatocytes^{23,43–45}. These anti-inflammatory and suppressive effects of adiponectin against TNF- α and IL-6 are involved in the pathogenesis of life-related diseases, such as atherosclerosis, insulin resistance or alcoholic/non-alcoholic liver disease, in which these cytokines act as main players in the disease development^{46–48}. However, there still exist few reports investigating the function of adiponectin in the regulation of IL-17. Two reports with different disease models have shown the enhanced IL-17 production and disease exacerbation in adiponectin-deficient mice. In the mouse model of multiple sclerosis, which is another representative Th17-related disease, adiponectin-deficient mice developed worse experimental autoimmune encephalomyelitis with higher IL-17 expression of spinal cord tissues⁴⁹. Another report can be obtained from an ozone-induced pulmonary inflammation model, one of the mouse models for asthma, in which adiponectin-deficient mice showed increased ozone-induced inflammation and IL-17A expression in the lung⁵⁰. In the present study, adiponectin-deficient mice developed worse psoriasis inflammation with increased IL-17 expression of the skin, strengthening the hypothesis that adiponectin possesses anti-inflammatory properties in the regulation of IL-17. Another point to be focused on is a time course of IL-6 and IL-17A expression. In the imiquimod-induced skin inflammation, IL-6 expression was first enhanced and thereafter IL-17A expression was upregulated. In addition, IL-6 depletion by IL-6 antibody attenuated about half of IL-17A expression, suggesting that IL-6 might regulate the subsequent IL-17A expression. The function of IL-6 in the differentiation of IL-17A-producing $\gamma\delta$ -T cells, which are main producers of IL-17A in the imiquimod-induced dermatitis, is still controversial^{51,52}. It has been reported that IL-6-deficient mice showed a twofold decrease in the percentage of IL-17A⁺ cells⁵¹, suggesting a partial contribution of IL-6 in the IL-17A production by $\gamma\delta$ -T cells. Thus, it could be speculated that IL-6 overproduction in adiponectin-deficient mice might induce a favourable condition for $\gamma\delta$ -T cells to differentiate and produce IL-17A in the development of skin inflammation. In fact, the past report investigating the function of adiponectin in the murine asthma model⁵⁰ also demonstrated a similar result to our data, demonstrating upregulated levels of IL-17A in association with IL-6 in lung tissues. Thus, hypoadiponectinemia, associated with IL-6 overproduction, could be responsible for IL-17A development and production.

Chronic inflammation in adipose tissue accelerates obesity-related insulin resistance, leading to the development of the metabolic syndrome, including diabetes mellitus. Increasing evidence from human studies and animal experiments has established TNF- α as a main player of obesity-linked adipose inflammation^{18,19}. Recently, besides the classic proinflammatory cytokine TNF- α , the role of IL-17 in adipose tissue and fat metabolism has been drawing attention^{53,54}. Clinical studies have demonstrated that obese women exhibit increased levels of circulating IL-23 and IL-17, suggesting a potential role for IL-17 in obesity⁵⁵. As comparable to human studies, several animal experiments indicate that obesity promotes Th17 expansion and subsequent IL-17 production, exacerbating disease severity in murine models of multiple sclerosis and inflammatory bowel disease, both of which are representative Th17-related diseases as well as psoriasis⁵⁶. Furthermore, it has been reported that IL-17A production from PBMCs are increased in type 2 diabetes patients compared with healthy controls⁵⁷, and percentage of

haemoglobin A1c, a common clinical marker of diabetes severity, is positively correlated with IL-17 production⁵⁴. Thus, IL-17 is now increasingly recognized as a new mediator of adipose tissue metabolism and inflammation, indicating that psoriasis and obesity-related metabolic disorders have a common immunopathological basis in disease development. Although the regulation of IL-17 by adiponectin was revealed by a murine model of psoriasisform dermatitis induced by imiquimod or IL-23, one of the problems in interpreting these data obtained from murine experiments is that chronicity are lacking and different cellular mediators from human psoriasis are involved in this model³⁴. A murine model of imiquimod-induced psoriasisform dermatitis is indeed a powerful model to investigate the IL-17-related immunological pathway. However, this model describes an acute and simple skin inflammation, and thus, it has disadvantages in evaluating the maintenance of human chronic disease. Regarding cell types responsible for IL-17 production, $\gamma\delta$ -T cells are main producers of IL-17 in a murine model of psoriasisform dermatitis^{33,36}, whereas $\gamma\delta$ -T cells take up a minority of IL-17-producing cells and conventional $\alpha\beta$ -T cells produce most of IL-17 in the inflammation site of human psoriasis^{58,59}. Thus, we also examined the effect of adiponectin on IL-17 production by human CD4- and CD8-positive T cells. In agreement with the results obtained from the murine experiments, IL-17 production by human CD4- or CD8-positive T cells was dose-dependently suppressed by adiponectin. Since adiponectin level was reduced at the skin, the actual site of inflammation, in psoriasis patients, decreased adiponectin would enhance IL-17 production from CD4- or CD8-positive T cells and finally exacerbate psoriasis dermatitis.

Supplementation of adiponectin ameliorates disease progression induced by adiponectin deficiency in other several murine models^{60–62}, suggesting that elevation of adiponectin level would be one of the strategies to improve the pathological condition of the disease. Consistent with past reports, exogenous adiponectin supplementation was effective to protect from dermatitis in adiponectin-deficient mice, but interestingly, it was not effective in wild-type mice. One possibility of this discrepancy in responsiveness between wild-type and adiponectin-deficient mice is that the effects of adiponectin might be elicited below a certain concentration and that, above that concentration, the effect might reach a plateau. Thus, it could be speculated that additional administration of exogenous adiponectin to wild-type mice might not have resulted in exerting biological effects. Adiponectin could be used as a potential therapeutic of dermatitis for those with low adiponectin levels, such as diabetic and obese patients, but not for those with sufficient adiponectin levels.

In conclusion, adiponectin plays a crucial role to regulate psoriasis inflammation by directly suppressing IL-17 production from T cells. Our results provide a new therapeutic suggestion that increasing adiponectin levels after diet-induced weight loss would be efficient in improving psoriasis as well as metabolic disorders.

Methods

Mice. Original adiponectin-deficient mice (C57BL/6 and 129/Sv-mixed background)⁶³ were backcrossed with C57BL/6 mice more than seven times. Mice were 7–10 weeks old for all experiments. Age- and sex-matched wild-type C57BL/6 mice (CLEA Japan, Tokyo, Japan) were used as controls for adiponectin-deficient mice. All mice were maintained under a 12-h light/12 h dark cycle in a specific pathogen-free barrier facility. All studies and procedures were approved by the Committee on Animal Experimentation of Tokyo University.

Induction of psoriasisform skin inflammation by imiquimod. A daily topical dose of 62.5 mg of commercially available imiquimod cream (5%) (Beselna Cream; Mochida Pharmaceuticals, Tokyo, Japan) or control cream (Vaseline and a cream containing isostearic acid) was applied to the shaved back skin and ears of mice for 6 consecutive days (days 0–5). In some experiments, mice were intraperitoneally injected with mouse anti-IL-6 antibody (250 μ g per mouse, R&D Systems,

Minneapolis, MN), anti-IL-17 antibody (10 and 70 µg per mouse, R&D Systems) and control rat IgG (R&D Systems). The antibodies were injected 1 day before imiquimod application and day 1 (anti-IL-6 antibody) or day 2 (anti-IL-17 antibody). In the experiments of adiponectin supplementation, mice were given daily intraperitoneal injection of recombinant adiponectin (50 µg per day per mouse)¹⁵ or PBS from 1 day before imiquimod treatment. Disease severity was assessed by using a scoring system based on the clinical Psoriasis Area and Severity Index, except for the affected skin area³². To be precise, erythema, scaling and thickening were scored independently on a scale from 0 to 4 (0, none; 1, slight; 2, moderate; 3, marked; 4, very marked), and the cumulative score was used as a total score (scale 0–12).

Induction of psoriasiform skin inflammation by IL-23. Intradermal injections of 10 µl of PBS, either alone or containing 500 ng of recombinant mouse IL-23 (eBioscience, San Diego, CA) were performed into the dorsal aspect of the ear skin. Injections were performed every other day, and skin samples were collected 24 h after the second injection.

Histological and immunohistochemical analyses. Samples of naive or imiquimod-applied mouse back skin were collected. The samples were formalin-fixed and processed for standard haematoxylin and eosin staining. For immunohistochemistry, mouse skin was embedded in optimal cutting compound (OCT), snap-frozen in liquid nitrogen and stored at -80°C . Cryosections were fixed with cold acetone for 5 min and incubated overnight at 4°C with anti-mouse major histocompatibility complex class II antibody (1/50 dilution, Abcam, Cambridge, UK) or anti-mouse CD3 antibody (1/100 dilution, Abcam). Tissues were subsequently stained with an avidin–biotin peroxidase complex using a Vector ABC staining kit (Vector Laboratories, Burlingame, CA).

Quantitative real-time reverse transcription-PCR analysis. Total RNA was isolated from mouse back skin using RNeasy fibrous Tissue Mini kits (Qiagen, Germantown, MD) and complementary DNA was synthesized using Superscript III First strand synthesis kits (Invitrogen Life Technologies, Carlsbad, CA). Gene expression was quantified using the TaqMan gene expression assay (Applied Biosystems, Warrington, UK). Primers for TNF- α , IFN- γ , IL-6, IL-12p40, IL-23p19, IL-17A, IL-17F, IL-22 and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) were available from Applied Biosystems. All samples were analysed in parallel for GAPDH gene expression as an internal control. The relative expression levels of each gene were determined by the $2^{-\Delta\Delta\text{CT}}$ method.

PCR analysis for the V γ chain. Epidermal $\gamma\delta$ -T cells and dermal $\gamma\delta$ -T cells were sorted using FACS Aria II or III. Since a certain population of dermal $\gamma\delta$ -T cells is recruited to the epidermis upon imiquimod treatment, epidermal $\gamma\delta$ -T cells were collected before imiquimod treatment. Dermal $\gamma\delta$ -T cells were collected after imiquimod application. Complementary DNA was synthesized and thermocycled for PCR amplification with 10 µM of each primer and 1.5 U of Taq polymerase (Invitrogen), using the following primers: V γ 4 5'-TGTCTTGCAACCCCTA CCC-3', V γ 5 5'-TGTGCACTGGTACCAACTGA-3', C γ 5'-CTTATGGAGATTT GTTTCAGC-3', GAPDH 5'-AACTTTGGCATTGTGGAAGG-3' and 5'-ACACAT TGGGGGTAGGAACA-3'. The nomenclature of TCR V γ chains is according to Garman⁶⁴. Images have been cropped for presentation. Full-length gel images are shown in Supplementary Fig. 5.

Preparation of cells and flow cytometric analysis. Skin samples applied with imiquimod or control cream for 5 days were incubated in 2 mg ml⁻¹ Dispase (Gibco), and were separated into epidermis and dermis. Dermis was minced and then incubated with 2 mg ml⁻¹ of collagenase type 2 (Worthington, Lakewood, NJ) in Tyrode buffer for 60–90 min. In some experiments, whole-skin samples were directly minced and digested mentioned above. The digested tissues were centrifuged, resuspended in PBS and filtered through a 70-µm mesh. Single-cell suspensions were stained on ice with either labelled monoclonal antibody or isotype control antibody. Cells were then analysed by FACSVerse flow cytometer (Becton Dickinson, San Jose, CA). The antibodies used were anti-CD3, $\gamma\delta$ TCR, V γ 4 and V γ 5 (1/100 dilution, Biolegend, San Diego, CA). In selected experiments, intracellular IL-17 staining was performed. Cells were stimulated with plate-bound anti-CD3e monoclonal antibody (BD Pharmingen, San Diego, CA) in the presence of PMA (Sigma, St Louis, MO), ionomycin and brefeldin A (1/1,000 dilution, Biolegend) for 4 h at 37°C . Cells were first stained with each cell surface antibody and then fixed, permeabilized, followed by anti-mouse IL-17 monoclonal antibody staining (1/100 dilution, Biolegend). Thereafter, the cells were analysed.

Cell sorting. For analysis of *in vitro* experiments, dispase-separated epidermis and dermis were minced and digested as mentioned above, and the cells were sorted on a FACS Aria II or III with a purity of 97–99%.

Immunoblotting. Anti-AdipoR1 and AdipoR2 antibodies were obtained from Immuno-Biological Laboratories (Gunma, Japan). Sorted dermal $\gamma\delta$ -T cells and

human CD4- and CD8- T cells in lysis buffer were dissolved in NuPAGE LDS Sample Buffer with NuPAGE Sample Reducing Agent (Invitrogen) and denatured by heating for 5 min at 95°C . Lysis buffer contained 20 mM Tris (pH 7.5), 150 mM NaCl, 1 mM EDTA, 1 mM EGTA, 1% Triton X-100, 2.5 mM sodium pyrophosphate, 1 mM glycerophosphate, 1 mM sodium orthovanadate, 1 mM phenylmethylsulphonyl fluoride and 1 µg ml⁻¹ leupeptin. SDS–polyacrylamide gel electrophoresis was performed with NuPAGE 4–12% Bis-Tris gels and MES running buffer (Invitrogen). After transfer to an Immobilon-P transfer membrane (Millipore, Bedford, MA), the membrane was incubated for 1 h at room temperature with blocking buffer, overnight at 4°C with the primary antibody, anti-AdipoR1 or AdipoR2 antibody (1/25 dilution), washed and incubated for 1 h at room temperature with the appropriate secondary antibody (1/2,000 dilution). After washing, visualization was performed by enhanced chemiluminescent techniques (Thermo Scientific, Rockford, IL). Images have been cropped for presentation. Full-length blotting images are shown in Supplementary Figs 6 and 7.

Secretion of IL-17 from dermal $\gamma\delta$ -T cells. Dermal $\gamma\delta$ -T cells were sorted as mentioned above. Thereafter, $\gamma\delta$ -T cells were cultured with complete medium (RPMI 1640 containing 10% FCS) overnight, and then were incubated with the indicated concentrations of adiponectin for 1 h, followed by treatment with IL-1 β (10 ng ml⁻¹; R&D systems) and IL-23 (5 ng ml⁻¹; R&D systems) for another 24 h. The IL-17 protein levels in the supernatants were measured using an ELISA kit from R&D Systems according to the manufacturer's direction.

RNA interference for adiponectin receptors. Accell siRNAs against AdipoR1 and AdipoR2, or nontargeting control siRNA were obtained from Thermo Fischer Scientific (Waltham, MA). All transfections were done using Accell siRNA Reagents following the manufacturer's instructions (Thermo Fischer Scientific). Briefly, isolated $\gamma\delta$ -T cells were incubated with Accell siRNA mixed with Accell siRNA delivery medium. After 72 h, transfected $\gamma\delta$ -T cells were pretreated with adiponectin (10 µg ml⁻¹) for 1 h, followed by treatment with IL-1 β (10 ng ml⁻¹) and IL-23 (5 ng ml⁻¹) for another 6 h. Control experiments have revealed that AdipoR1 and AdipoR2 mRNA levels are reduced by >65%. Gene expression levels of IL-17A were quantified by real-time PCR as described above.

Human subjects. Subcutaneous adipose tissue and skin tissue samples were taken from both psoriasis patients and healthy controls. Samples were taken from 26 patients with psoriasis vulgaris (17 males and 9 females; aged: 51.8 ± 11.9 years) before treatment and 12 healthy controls (8 males and 4 females; aged 49.8 ± 9.4 years). All of the patients were diagnosed with clinical appearance and histological findings. Total RNA was then isolated using Trizol (Invitrogen), after which relative mRNA levels were determined using TaqMan gene expression assay as mentioned above. Institutional approval (University of Tokyo Graduate School of Medicine and Teikyo University School of Medicine) and written informed consent were obtained from all the subjects. Primers for human adiponectin and GAPDH were available from Applied Biosystems.

Isolation and culture of PBMC. PBMCs were obtained by density centrifugation over Ficoll-Paque (GE Healthcare, Buckinghamshire, UK) and were resuspended in RPMI 1640 supplemented with 10% fetal bovine serum. For IL-17 production, PBMCs were activated by plate-bound anti-CD3 (5 µg ml⁻¹), soluble anti-CD28 (1 µg ml⁻¹) and IL-23 (25 ng ml⁻¹) by pretreatment with indicated concentrations of adiponectin for 1 h. For intracellular staining, PBMCs were incubated for 4 h with PMA and ionomycin in the presence of brefeldin A (all from Sigma) at 37°C , and intracellular cytokine staining was carried out as mentioned above. The antibodies used were anti-CD4, CD8 and IL-17 (1/100 dilution, all from Biolegend).

Statistical analyses. Data obtained are presented as mean \pm s.e. Welch's *t*-test was used for the statistical analysis of differences between two groups. One-way analysis of variance with Dunnett's multiple comparison test was used for statistical analysis of the differences among multiple groups. Values of $P < 0.05$ were considered to represent a significant difference.

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Author contributions

S.S. and Y.T. designed the experiments, analysed the data and wrote the manuscript. S.S. performed most of the experiments' research, with contributions from C.S.Y.H., A.M. and Y.M. All authors discussed the results and commented on the manuscript.

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Targeted gene correction of *RUNXI* in induced pluripotent stem cells derived from familial platelet disorder with propensity to myeloid malignancy restores normal megakaryopoiesis

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Familial platelet disorder with propensity to acute myeloid leukemia (FPD/AML) is an autosomal dominant disease associated with a germline mutation in the *RUNXI* gene and is characterized by thrombocytopenia and an increased risk of developing myeloid malignancies. We generated induced pluripotent stem cells (iPSCs) from dermal fibroblasts of a patient with FPD/AML possessing a nonsense mutation R174X in the *RUNXI* gene. Consistent with the clinical characteristics of the disease, FPD iPSC-derived hematopoietic progenitor cells were significantly impaired in undergoing megakaryocytic differentiation and subsequent maturation, as determined by colony-forming cell assay and surface marker analysis. Notably, when we corrected the *RUNXI* mutation using transcription activator-like effector nucleases in conjunction with a donor plasmid containing normal *RUNXI* cDNA sequences, megakaryopoiesis and subsequent maturation were restored in FPD iPSC-derived hematopoietic cells. These findings clearly indicate that the *RUNXI* mutation is robustly associated with thrombocytopenia in patients with FPD/AML, and transcription activator-like effector nuclease-mediated gene correction in iPSCs generated from patient-derived cells could provide a promising clinical application for treatment of the disease. Copyright © 2015 ISEH - International Society for Experimental Hematology. Published by Elsevier Inc.

Familial platelet disorder with propensity to acute myeloid leukemia (FPD/AML) is an autosomal dominant disease characterized by mild to moderate thrombocytopenia, impaired platelet function, and an increased risk for developing hematopoietic malignancies such as myelodysplastic syndrome (MDS) and acute myeloid leukemia [1–3]. The disease is associated with an inherited mutation in the *RUNXI* gene [4], which is located at chromosome 21q22 and known as a transcription factor that regulates fetal and adult hematopoiesis. Genetic mutations and translocations involving *RUNXI* have been reported in a variety of hematopoietic malignancies including MDS and AML

[5–8]. Although the prevalence of FPD/AML was initially considered to be very low, there has recently been an increase in the number of reported cases worldwide, along with an increased awareness of FPD/AML by clinicians [9–14]. Because *RUNXI* is a key regulator in megakaryocytic differentiation in hematopoiesis [15,16], its mutation is considered to be definitely associated with the pathogenesis of FPD/AML, and developing a gene therapy that corrects the *RUNXI* mutation could lead to fundamental therapeutics for the disease.

Induced pluripotent stem cells (iPSCs) provide an attractive platform for studying heritable diseases [17]. Once iPSCs harboring genomic abnormalities specific for a disease are established, they can be differentiated into cells with relevant lineages. Particularly because sufficient patient samples are not available in rare diseases including FPD/AML, patient-derived iPSCs have great potential as a

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disease model, as they could generate unlimited quantities of cells. Furthermore, genetic manipulations, such as introduction of exogenous genes and specific correction of the defined mutation in established iPSCs, could lead to novel cellular therapy. Previous studies reported that gene correction of iPSCs from patients with sickle cell anemia, beta thalassemia, and Fanconi anemia successfully reestablished normal hematopoiesis [18–24]. In FPD/AML, *RUNX1*-corrected hematopoietic cells with the capacity to produce both qualitatively and quantitatively normal platelets could be a new source for autologous hematopoietic stem cell transplantation.

In this study, we generated iPSCs from dermal fibroblasts derived from a patient with FPD/AML. Consistent with the clinical phenotype of the disease, we found that FPD iPSC-derived hematopoietic cells had a prominent dysfunction in megakaryocytic differentiation. Additionally, we demonstrated that transcription activator-like effector nuclease (TALEN)-mediated gene correction of the *RUNX1* mutation restored megakaryopoiesis in FPD iPSC-derived hematopoietic cells.

Methods

Generation and culture of iPSCs from a patient with FPD/AML

This research was approved by the ethics committees at the University of Tokyo. Skin biopsy of an adult female patient with FPD/AML was performed after she provided written informed consent. The fibroblasts obtained were culture expanded and reprogrammed to iPSCs as previously described, with retroviral transduction of four factors: *OCT3/4*, *SOX2*, *KLF4*, and *c-MYC* [17]. Normal control human iPSCs were established from fibroblasts of healthy volunteers in the same manner. Human iPSCs were routinely maintained on mouse embryonic fibroblast (MEF) feeders and passaged as described previously [25]. Immunofluorescence staining was carried out with Alexa fluor 555 mouse anti-human TRA-1-60 antigen (BD Pharmingen) and Alexa fluor 488 mouse anti-human SSEA4 antigen (BD Pharmingen, San Diego, CA) as described previously [17].

Hematopoietic differentiation of iPSCs

To differentiate iPSCs into hematopoietic cells, we used the same protocol as previously used with embryonic stem cells and iPSCs [26]. In brief, small clusters of iPSCs were transferred onto mitomycin C-treated C3H10T1/2 cells and co-cultured in hematopoietic cell differentiation medium, which consisted of Iscove's modified Dulbecco medium supplemented with a cocktail of 10 $\mu\text{g}/\text{mL}$ human insulin, 5.5 $\mu\text{g}/\text{mL}$ human transferrin, 5 ng/mL sodium selenite, 2 mmol/L L-glutamine, 0.45 mmol/L monothioglycerol, 50 $\mu\text{g}/\text{mL}$ ascorbic acid, and 15% highly filtered fetal bovine serum (FBS) in the presence of 20 ng/mL human vascular endothelial growth factor (VEGF). Culture medium was replaced on days 3, 6, 9, 11, and 13. After 14 to 15 days of culture, the iPSC sacs were crashed with pipette tips and filtered with cell strainer, and $\text{CD}34^+\text{CD}43^+$ hematopoietic progenitor cells (HPCs) were isolated with anti-CD34 antibody (eBioscience,

San Diego, CA) and anti-CD43 antibody (Beckman Coulter, Brea, CA) using FACS Aria II (Becton Dickinson, Franklin Lakes, NJ).

Hematopoietic colony-forming cell assay

Colony-forming cell (CFC) assays for evaluating the capacity to produce erythroid, myeloid, and multilineage cells were performed in MethoCult H4034 semisolid medium (StemCell Technologies). Twenty thousand HPCs harvested from iPSC sacs were plated in 1 mL of medium and cultured for 14 days. Megakaryocytic CFC assays were performed in MegaCult-C semisolid medium (StemCell Technologies). Twenty-five thousand HPCs were cultured in double-chamber slides for 10 to 12 days. Afterward, the slides were dehydrated, fixed, and stained for anti-CD41 antibody according to the manufacturer's protocols. All colonies were classified into three categories: megakaryocytic colony (Mk), mixed Mk colony, and non-Mk colony.

Megakaryocytic differentiation of hematopoietic progenitor cells

To differentiate iPSC-derived HPCs into megakaryocytes, $\text{CD}34^+\text{CD}43^+$ HPCs were transferred onto mitomycin C-treated C3H10T1/2 cells in six-well plates and maintained in differentiation medium supplemented with 25 mg/mL human megakaryocyte growth and development factor (MGDF), 50 ng/mL human stem cell factor, and heparin. Culture medium was refreshed every 3 days. Nonadherent cells were collected, and $\text{CD}41\text{a}/\text{CD}42\text{b}$ positivity was examined with flow cytometry after 9 days of culture [27]. Data analysis was performed with FlowJo software (TreeStar, Ashland, OR). The $\text{CD}41\text{a}^+\text{CD}42\text{b}^+$ cells were sorted by flow cytometry and stained using the Wright-Giemsa method.

RUNX1 TALEN construction

We constructed a pair of TALENs that make DNA double-strand breaks at the site of the *RUNX1* mutation in the REAL assembly method, as previously described [28]. In brief, the plasmids harboring modules of repeat-variable di-residue (RVD) nucleotide, which recognizes each DNA code, were digested with either *BsaI* or *BbsI*, and *BamHI*. The digested strands were ligated in a step-wise manner into designed order. Then the specific DNA sequence recognition parts assembled were inserted into expression vectors, which include the FokI nuclease domain. In this way, fusion proteins combining the TALE DNA recognition domain and nuclease domain were made. The donor sequence for homologous recombination was made by using OCT4-2A-EGFP-PGK-puro vector as a backbone vector [29], and *RUNX1* cDNA sequences after the mutation site followed by polyadenylation signal were inserted between approximately 700 bp of homologous arms of both 5' and 3' sides.

TALEN-mediated gene correction of iPSCs

We dissociated iPSCs into single cells with Accutase after the Y-27632 treatment and suspended them in Opti-MEM. The TALEN pair and a donor plasmid were transfected with NEPA21 electroporator (Nepa Gene, Ichikawa, Chiba, Japan). After transfection, iPSCs were seeded on MEF feeder cells with supplemented with 10 $\mu\text{mol}/\text{L}$ Y-27632. Puromycin was added to iPSC medium 2 days after electroporation, and resistant clones were picked up after 10–14 days. Every puromycin-resistant clone was examined by polymerase chain reaction (PCR) amplification to determine whether insertion accompanied by homologous

recombination has occurred at the specific site. The following primers were used for genomic PCR: primer 1, GAGTCATCAAT TTTATTCTGACTGATCC; primer 2, TAAAGGCAGTGGAGT GGTTC; primer 3, CCACCAACCTCATTCTGTTT; primer 4, GAGGCGCCGTAGTACAGGT; primer 5, TTTCCAGAACCACA CCCTC; primer 6, TCCCTCACTCCAAGAAGAGAGATAT. For sequencing of the *RUNX1* cDNA, mutation-containing regions of *RUNX1* were amplified with the following primers: forward, TTTGTGGTTCGAAGTGAAG; reverse, GGCAATGGATCCC AGGTATT.

Immunoblotting

Total-cell lysates were subjected to immunoblotting. Membranes were probed with anti-RUNX1 (Cell Signaling) and anti- β -actin (Cell Signaling) monoclonal antibody. Detection was performed with horseradish peroxidase-labeled secondary antibodies (Santa Cruz Biotechnology), Immunostar LD Western blotting detection reagent (Wako), and an LAS-3000 image analyzer (FujiFilm).

Real-time quantitative PCR

Real-time quantitative PCR was carried out on the LightCycler480 system (Roche) using SYBR Green reagents according to the manufacturer's instructions. The results were normalized to 18S rRNA levels. Relative expression levels were calculated using the standard curve method. The following primers were used for quantitative PCR experiments: 18S forward, CGCGGTTT TATTTTGTGGT, and reverse, AGTCGGCATCGTTTATGGTC; *RUNX1* forward, TGGAAGAGGGAAAAGCTTCA, and reverse, TTCTGCCGATGTCTTCGAG.

Results

Generation of iPSCs from a patient with FPD/AML

In this study, we analyzed a patient with FPD/AML of the pedigree we had previously reported [30]. The pedigree displayed a C-T mutation in exon 5 of one of the *RUNX1* alleles, changing the codon for the arginine residue at position 174 (runt domain) into a stop codon (R174X mutation). The nonsense mutant has been found to interfere with transactivation by normal *RUNX1* in a dominant-negative manner [14]. We established iPSCs from the dermal fibroblasts of the patient by reprogramming with retroviral transduction of *OCT3/4*, *SOX2*, *KLF4*, and *c-MYC*, as previously described [17]. The established FPD iPSCs exhibited characteristic embryonic stem cell-like morphology (Fig. 1A). We also confirmed that they expressed embryonic stem cell gene transcripts, such as *NANOG*, *OCT4*, *REX1*, *SOX2*, and *LIN28* (Fig. 1B), and pluripotent markers SSEA-4 and TRA-1-60, as determined by immunofluorescence staining (Fig. 1C). In addition, the established FPD iPSCs had the same *RUNX1* heterozygous mutation as the patient's primary fibroblasts, indicating that they were truly derived from the patient with FPD/AML (Fig. 1D). Teratoma formation capacity of the iPSCs when they were injected into immunodeficient NOD/scid mice was also confirmed (Fig. 1E).

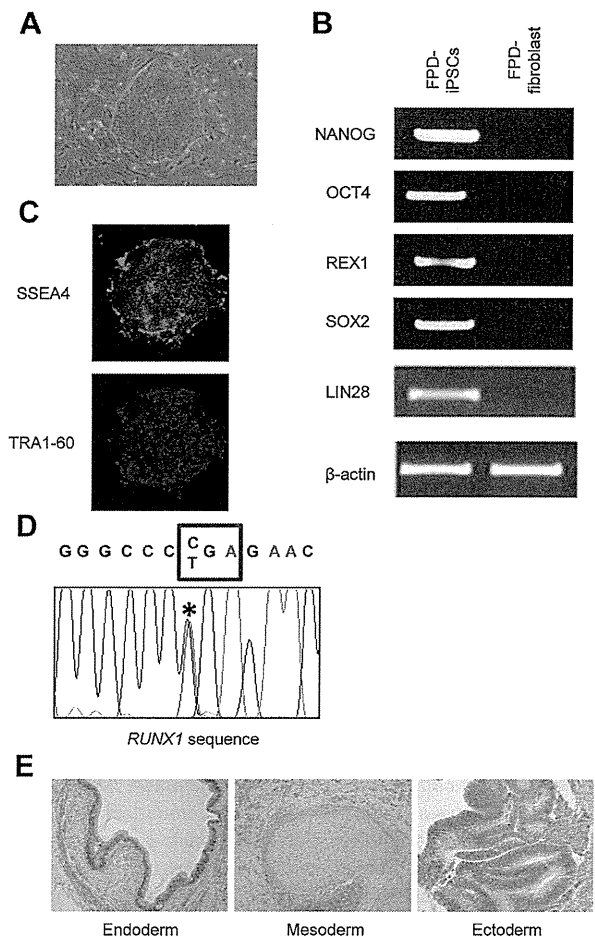


Figure 1. Generation and characterization of induced pluripotent stem cells (iPSCs) from a patient with familial platelet disorder with propensity to acute myeloid leukemia (FPD/AML) (FPD iPSCs). (A) Phase contrast micrograph of the morphology of FPD iPSCs. Embryonic stem cell-like colony formation was observed. (B) Levels of expression of stem cell genes in FPD iPSCs, compared with those of parental FPD fibroblasts. (C) Immunofluorescence staining for pluripotent markers such as SSEA4 and TRA1-60 in FPD iPSCs. (D) Genomic sequencing of exon 5 of the *RUNX1* gene in the established FPD iPSCs revealed the same *RUNX1* heterozygous mutation, R174X, as in the patient's primary fibroblasts. * Indicates the point mutation. (E) Teratoma formation assay of FPD-derived iPSCs. All three germ layers were included in the tumor. Hematoxylin-eosin stain.

FPD iPSC-derived hematopoietic cells have reduced capacity for megakaryocytic differentiation

To investigate the hematopoietic potential in the established FPD iPSCs, we first differentiated them into HPCs by co-culture with C3H10T1/2 feeder cells. FPD iPSCs yielded $CD34^+CD43^+$ HPCs comparable in frequency to normal iPSCs (Fig. 2A and B). Approximately 10^6 iPSCs generated several hundred thousands of $CD34^+CD43^+$ cells after differentiation culture. Although we tested a prolonged culture period 1 or 2 days longer than usual, HPC yield was not increased (data not shown). Then, the generated $CD34^+CD43^+$ HPCs were seeded into semisolid

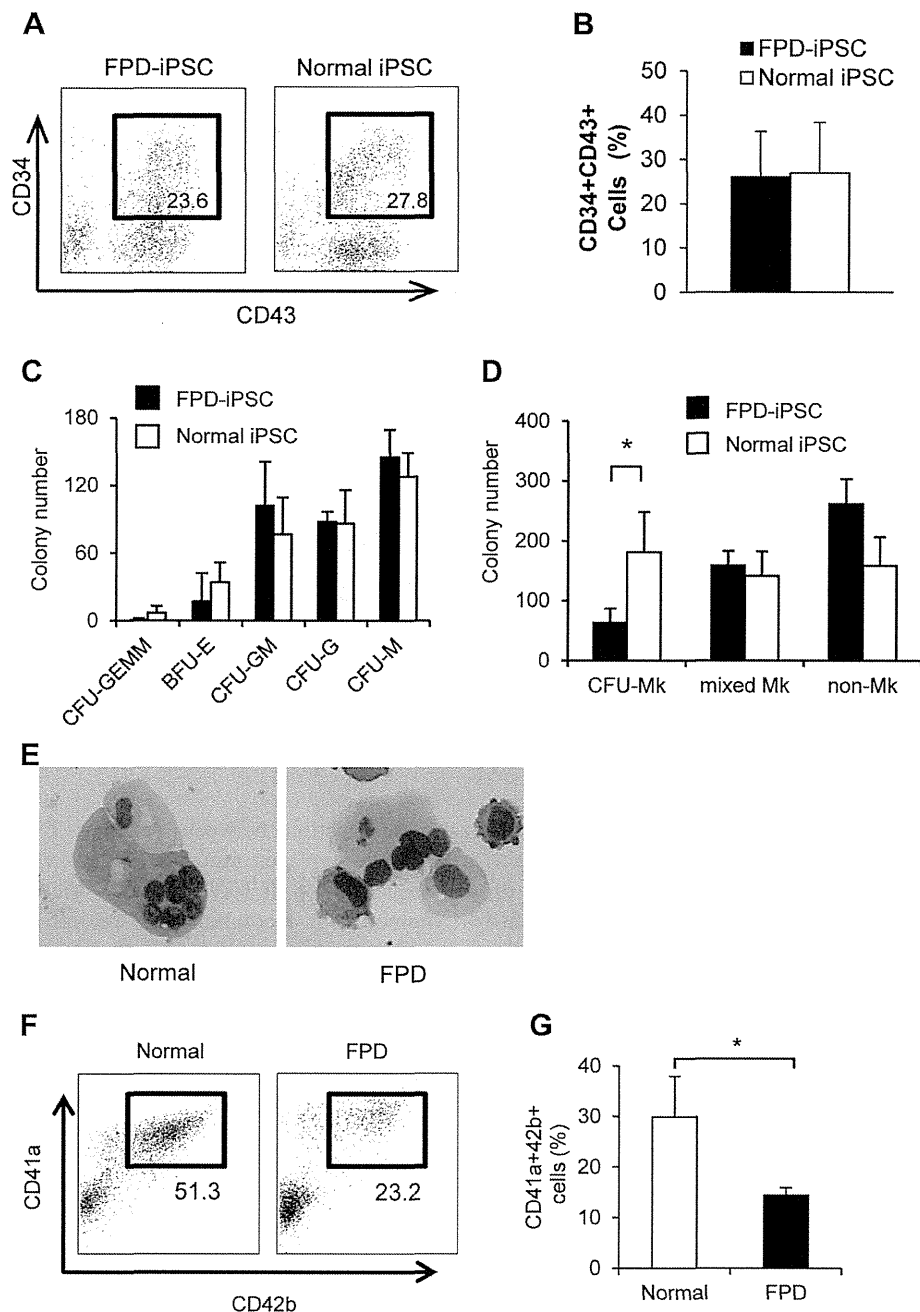


Figure 2. Hematopoietic differentiation capacity of induced pluripotent stem cells (iPSCs) from a patient with familial platelet disorder with propensity to acute myeloid leukemia (FPD/AML) (FPD iPSCs). (A, B) Flow cytometric analysis of CD34 and CD43 after hematopoietic differentiation of iPSCs: (A) representative plots, (B) mean percentages of hematopoietic progenitor cells (HPCs). Experiments were repeated three times independently. Error bars indicate SD. (C) Colony-forming cell assay for myeloid and erythroid lineages of HPCs derived from FPD iPSCs and normal counterparts in MethoCult H4034 semisolid medium. (D) Colony-forming cell assay for megakaryocytic lineage of HPCs derived from FPD iPSCs, as compared with normal cells, in MegaCult-C semisolid medium. CD34⁺CD43⁺ cells were sorted and used in the colony-forming assay. Experiments were repeated three times independently. Error bars indicate SD (**p* < 0.05). (E) Wright-Giemsa-stained cytopsin images of CD41a⁺CD42b⁺ megakaryocytes differentiated from normal or FPD-derived HPCs. (F, G) Flow cytometric analysis of CD41a and CD42b after megakaryocytic differentiation of HPCs: (F) representative plots, (G) mean percentages of CD41a⁺CD42b⁺ fractions. Experiments were repeated three times independently (**p* < 0.05). Error bars indicate SD.

culture medium and evaluated for their colony-forming capacity. Notably, while FPD iPSC-derived HPCs exhibited no significant difference in numbers of erythroid and

myeloid colonies, compared with the normal control, when seeded into MethoCult H4034 semisolid medium (Fig. 2C), they had a prominently decreased capability for

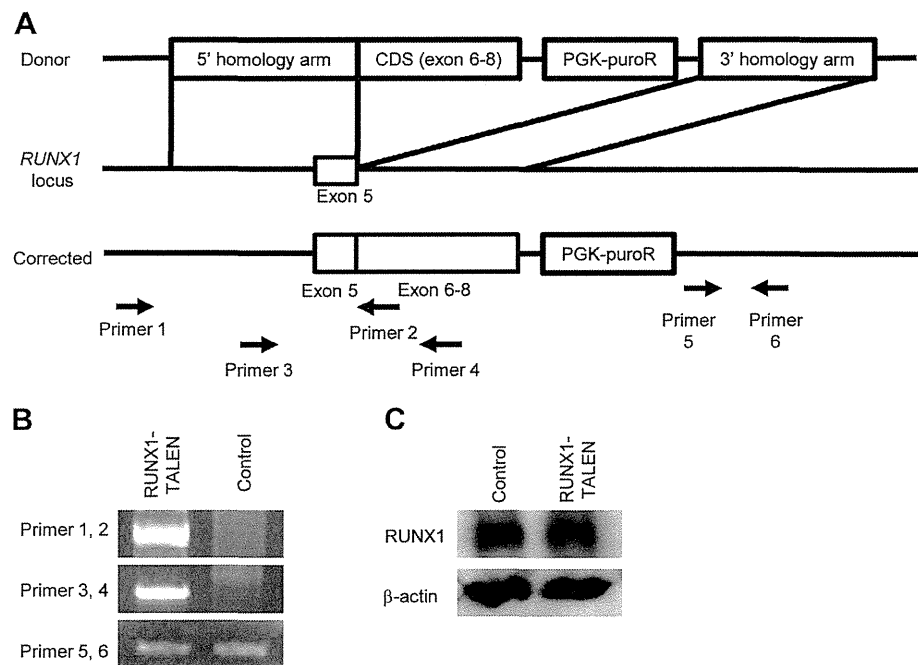


Figure 3. Transcription activator-like effector nuclease (TALEN)-mediated *RUNX1* gene correction. (A) Plasmid design for TALEN-mediated correction of *RUNX1* mutation. (B) Confirmation of precise integration into HEK293T cells transfected with a pair of TALENs and a donor plasmid with polymerase chain reaction analysis. (C) Immunoblot of *RUNX1* in HEK293T cells with or without integration of a donor plasmid.

megakaryocytic colony formation as determined by $CD41^+$ CFU-Mk colonies (Fig. 2D). To further evaluate the capacity for differentiation into megakaryocytic lineages of iPSC-derived HPCs, we analyzed the generation and maturation of megakaryocytes after 9 days of culture of HPCs in differentiation medium supplemented with stem cell factor and MGDF on C3H10T1/2 feeder cells. The cytospin image of the $CD41a^+CD42b^+$ cells obtained revealed mature polyploid megakaryocytes in both normal and FPD iPSC-derived cells (Fig. 2E). Interestingly, the differentiation into mature megakaryocytes was less efficient in HPCs derived from FPD iPSCs, as assessed with flow cytometry, than in normal iPSC-derived HPCs, indicating that FPD iPSC-derived HPCs had a reduced capacity for megakaryocyte differentiation and subsequent maturation (Fig. 2F and G).

Design of TALEN plasmids targeting the *RUNX1* mutation site

Next, we were interested in investigating if repair of the *RUNX1* gene mutation could normalize the capacity for megakaryocytic differentiation in FPD iPSC-derived hematopoietic cells. To specifically correct the *RUNX1* mutation, we used TALENs targeting the region near the mutation site in conjunction with a donor plasmid containing normal *RUNX1* cDNA sequences from exons 6 to 8, as illustrated in Figure 3A. After the pair of TALENs introduces the double-strand break at the target site, homologous

recombination between genomic DNA and the donor plasmid replaces mutated *RUNX1* with wild-type cDNA sequences of *RUNX1*. To select the cells with successful homologous recombination, we introduced a puromycin-resistant gene cassette into the donor plasmid. First, we validated the efficacy of our strategy using cell lines. HEK293T cells were transfected with TALEN plasmids and the donor plasmid with electroporation and subsequently cultured for 1 week with 1 μ g/mL puromycin, and the genomic DNA of surviving clones was purified. We confirmed that the donor plasmid was precisely integrated at the target site by detecting PCR amplification with the specific primers (Fig. 3B). Also, the protein level of *RUNX1* in puromycin-resistant cells was almost the same as that in the control cells, indicating that the inserted *RUNX1* cDNA sequence was properly transcribed and translated into protein (Fig. 3C).

Correction of *RUNX1* mutation in FPD iPSCs restores megakaryopoiesis

As a next step, we tried to correct the *RUNX1* gene in FPD iPSCs with this strategy. A single-cell suspension of FPD iPSCs was transfected with the two TALEN-encoding plasmids and the donor template, and seeded for colony formation (Fig. 4A). After selection with puromycin, we finally obtained four puromycin-resistant clones, which had proper integration of a donor plasmid as confirmed by genomic PCR analysis. Although only preliminary

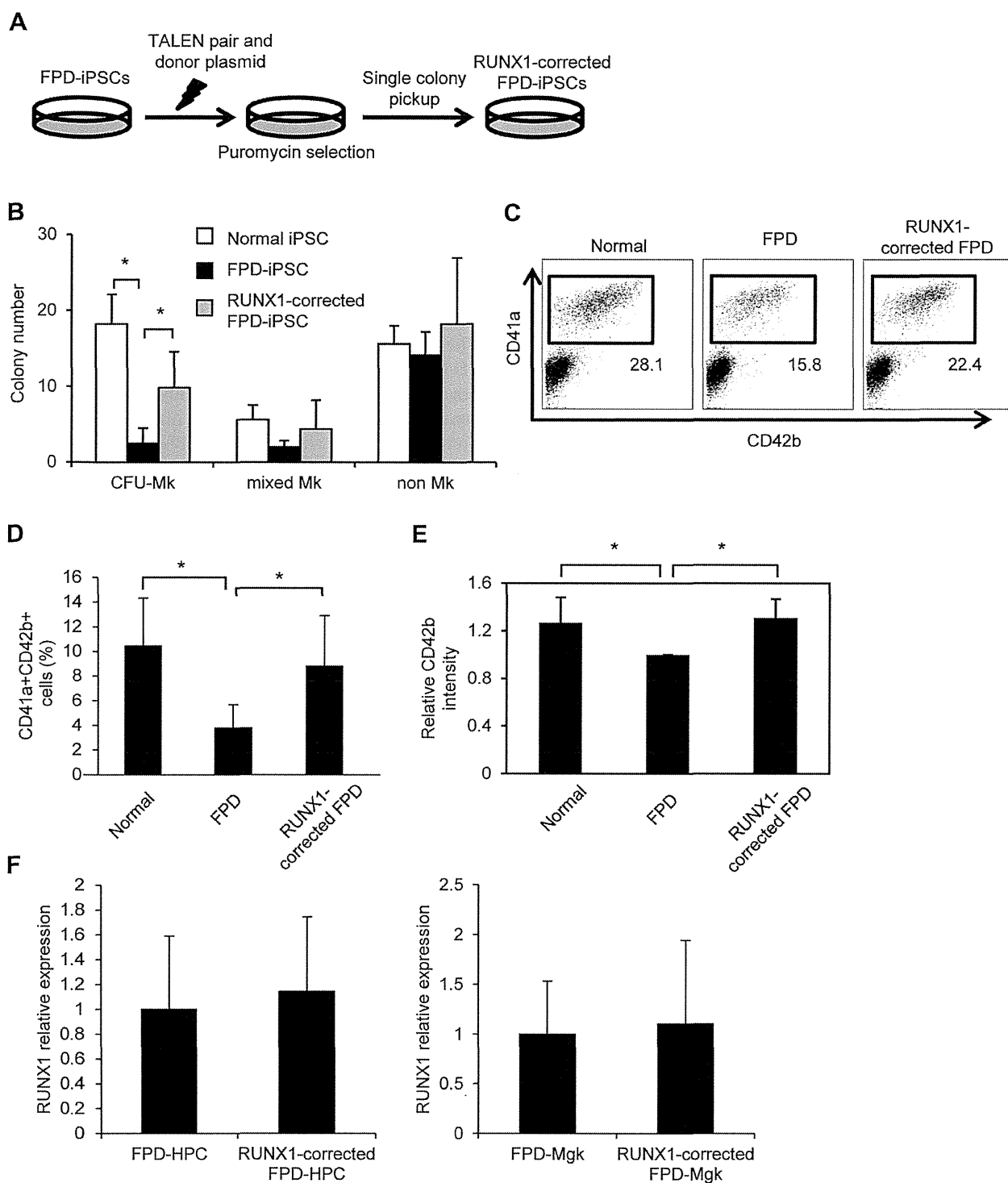


Figure 4. Functional analysis of *RUNX1*-corrected induced pluripotent stem cells (iPSCs) from a patient with familial platelet disorder with propensity to acute myeloid leukemia (FPD/AML) (FPD iPSCs). (A) Schematic illustration of generation of transcription activator-like effector nuclease (TALEN)-mediated *RUNX1*-corrected FPD iPSCs. (B) Megakaryocytic colony-forming cell assay in MegaCult-C semisolid medium. Experiments were repeated three times independently, and error bars indicate SD (* $p < 0.05$). (C–E) Flow cytometric analysis of megakaryocytic differentiation capacity in normal iPSCs, FPD iPSCs, and *RUNX1*-corrected FPD iPSCs: (C) representative flow cytometry plots, (D) average percentage of CD41a⁺CD42b⁺ cells, and (E) and intensity of CD42b expression in three independent experiments. Error bars indicate SD (* $p < 0.05$). (F) Relative levels of expression of *RUNX1* in CD34⁺CD43⁺ hematopoietic progenitor cells and CD41a⁺ megakaryocytes differentiated from *RUNX1*-corrected FPD iPSCs, as compared with those from parental FPD iPSCs. Experiments were repeated three times independently, and the error bars indicate SD.