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Appendix Table 1. List of the responding hospitals

Appendix Table 1. (Continued)

Abashiri Neurosurgical Rehabilitation Hospital

Ageo Central General Hospital Aichi Medical University Hospital

Aidu Chuo Hospital Aizawa Hospital Akiba Hospital

Akiru Municipal Medical Center

Akita General Hospital

Akita Kumiai General Hospital

Akita Rosai Hospital Akita University Hospital Ako Central Hospital Ako City Hospital

Almeida Memorial Hospital Amakusa Medical Center Anji Kosei Hospital Aomori Kyoritsu Hospital Aomori Municipal Hospital Aomori Rosai Hospital Aoyama Hospital

Araki Neurosurgical Hospital

Arao City Hospital Arita Kyouritsu Hospital

Asahikawa Medical University Hospital

Asahikawa Red Cross Hospital Asao General Hospital Ashikaga Red Cross Hospital

Atsumi Hospital
Ayabe City Hospital

Azuma Neurosurgical Hospital Azumi General Hospital Azumino Red Cross Hospital Baba Memorial Hospital Bellland General Hospital

Beppu Medical Center, National Hospital Organization

Bizen Municipal Hospital

Central Gunma Neurosurgical Hospital

Chiba Cardiovascular Center
Chiba Central Medical Center
Chiba Emergency Medical Center
Chiba Neurosurgical Clinic
Chiba University Hospital
Chichibu City Hospital
Chigasaki City Hospital
Chikamori Hospital
Chubu-Tokusyukai Hospital
Chugoku Rousai Hospital

Chuno Kosei Hospital

Daiichi Hospital

Daini Okamoto General Hospital

Daiwa Hospital

Dohtoh Neurosurgical Hospital Dokkyo Medical University Hospital Ehime Prefectural Central Hospital Ehime Prefectural Imabari Hospital

Ehime University Hospital

Enshu Hospital Fuchu Hospital Fuji Brain Institute and Hospital Fuji City General Hospital Fujii Neurosurgical Hospital

Fujimoto Hayasuzu Hospital Fujisawa City Hospital

Fujisawa Neurosurgical Hospital

Fujita General Hospital

Fujita Health University Hospital Fujiyoshida Municipal Medical Center

Fukaya Red Cross Hospital Fukui Red Cross Hospital Fukui General Hospital Fukui Kosei Hospital

Fukui Social Insurance Hospital
Fukui University Hospital
Fukuoka City Hospital
Fukuoka Kieikai Hospital
Fukuoka Seishukai Hospital
Fukuoka Shin Mizumaki Hospital
Fukuoka Tokushukai Medical Center

Fukuoka University Hospital Fukuroi Municipal Hospital

Fukushima Medical University Hospital Fukushima Prefectural Aizu General Hospital

Fukushima Red Cross Hospital

Fukushima Takanori Memorial Hospital

Furukawa Seiryo Hospital

Fussa Hospital

Gamagohri City Hospital

Geriatrics Research Institute and Hospital

Gifu Central Hospital Gifu Municipal Hospital

Gifu Prefectural General Medical Center

Gifu Prefectural Tajimi Hospital Gifu University Hospital

Gita University Hospital

Goshi Hospital

Gunma University Hospital Hachinohe Heiwa Hospital Hachisuga Hospital

Hakodate Neurosurgical Hospital Hakodate Shintoshi Hospital

Hakuai Hospital

Hakuo-kai Sumi Hospital Hamamatsu Medical Center

Hamamatsu University School of Medicine, University

Hospital

Hamamatu Rosai Hospital Hamanomachi Hospital Hanwa Memorial Hospital

Harada Hospital Hashima City Hospital Hata Kenmin Hospital Hayashi Hospital

Health Insurance Amakusa Chuo General Hospital

Health Insurance Nankai Hospital Health Insurance Naruto Hospital

Heart Life Hospital Heisei Memorial Hospital

(Continued)

Appendix Table 1. (Continued)

Heisei Neurosurgical Hospital

Hibino Hospital

Hidaka General Hospital

Higashimatsuyama Medical Association Hospital

Higashiyamato Hospital Hikone Municipal Hospital Himeji Central Hospital Himi Municipal Hospital Hiratsuka City Hospital Hirosaki University Hospital Hiroshima City Asa Hospital

Hiroshima General Hospital Hiroshima Prefectural Hospital

Hiroshima Red Cross Hospital and Atomic-bomb

Survivors Hospital

Hiroshima University Hospital

Hokkaido Neurosurgical Memorial Hospital

Hokkaido University Hospital

Hokushin General Hospital Nagano Prifectural Fideration of Agricultural Cooperatives for Health and Welfare

Hokushinkai Megumono Hospital

Hokuto Hospital

Hoshigaoka Koseinenkin Hospital

Houetsu Hospital

Hskinan Municipal Hospital Hyogo Brain and Heart Center Hyogo Prefectural Amagasaki Hospital Hyogo Prefectural Awaji Hospital Hyogo Prefectural Nishinomiya Hospital

Ibaraki Prefectural Central Hospital Ibaraki Seinan Medical Center Hospital

Ibi Kousei Hospital

Ichinomiya Neurosurgery Hospital

Ichinomiya West Hospital Ichinose Hospital Iida Municipal Hospital

Iizuka Hospital Ikeda Neurosurgical Center Hospital

Ikuwakai Memorial Hospital Imakiire General Hospital Imamura Bun-in Hospital Inagi Municipal Hospital

International University of Health and Welfare ATAMI

HOSPITAL

Inuyama Chuo Hospital

Iseikai Hospital

Iseikai Yahata Central Hospital Isesaki Municipal Hospital

Ishikawa Prefectural Central Hospital Ishinkai Yao General Hospital Ishinomaki City Hospital Ishioka Dai-Ichi Hospital

Isogo Central Hospital

Itami Kousei Neurosurgical Hospital

Itoigawa General Hospital Itsukaichi Memorial Hospital Iwaki Kyoritsu Hospital

Iwamizawa Municipal General Hospital

Iwata City Hospital

Iwate Medical University Hospital Iwate Prefectural Iwai Hospital Iwate Prefectural Ninohe Hospital Iwate Prefecturel Isawa Hospital Izumi General Medical Center

Izumino Hospital

Izumu Municipal Hospital

JA Kochi Hospital

JA Toride Medical Center

Japan Medical Alliance Higashi Saitama General Hospital

Japanese Red Cross Hadano Hospital Japanese Red Cross Kitami Hospital Japanese Red Cross Kobe Hospital Japanese Red Cross Kochi Hospital Japanese Red Cross Koga Hospital Japanese Red Cross Kyoto Daini Hospital Japanese Red Cross Medical Center

Japanese Red Cross Nagasaki Genbaku Hospital

Japanese Red Cross Ogawa Hospital

Japanese Red Cross Society Hachinohe Medical Center

Japanese Red Cross Society Himeji Hospital

Jiaikai Kajiura Hospital

Jichi Medical University Hospital JR Tokyo General Hospital

Junshin Hospital

Juntendo University Hospital Juntendo University Nerima Hospital Juntendo University Urayasu Hospital

Junwakai Kinen Hospital Juzenkai Hospital Jyuzen General Hospital Kaga City Hospital

Kagawa Prefectural Central Hospital

Kagawa Rosai Hospital Kagawa University Hospital Kagoshima City Hospital

Kagoshima prefectural Oshima Hospital Kagoshima Tokushukai Hospital

Kagoshima University Medical and Dental Hospital

Kainan Hospital

Kaiseikai Onishi Hospital

Kakegawa Municipal General Hospital

Kakizoe Hospital Kakogawa City Hospital Kameda Medical Center Kameoka Shimizu Hospital Kamiichi General Hospital Kamitsuga General Hospital

Kanazawa Medical University Hospital

Kanazawa Municipal Hospital Kanazawa Neurosurgical Hospital Kanazawa University Hospital

Kanetsu Hospital Kanoya Medical Center

Kansai Medical University Takii Hospital

Kanto Central Hospital for Public School Teachers

Kantoh Neurosurgical Hospital

(Continued)

Appendix Table 1. (Continued)

Karatsu Red Cross Hospital Kariya Toyota General Hospital

Kasai Cardiology Neurosurgery Hospital

Kasaoka Daiichi Hospital Kashima Rosai Hospital

Kashiwaba Neurosurgical Hospital

Kashiwazaki General Hospital and Medical Center

Kasugai Municipal Hospital Kasukabe Chuo General Hospital Katagi Neurosurgical Hospital

Katano Hospital Katsuta Hospital

Kawachi General Hospital Kawakita General Hospital Kawano Neurosurgical Hospital

Kawasaki Hospital

Kawasaki Medical School Hospital Kawasaki municipal Hospital Kawasaki Municipal Tama Hospital

Kawasakisaiwai Hospital Kazuno Kosei Hospital Keijin Kai Kawasaki Hospital Keiwakai Ebetsu Hospital Kenwakai Otemachi Hospital Kimitsu Chuo Hospital

Kinan Hospital Kinki University Hospital Kiryuu Kohsei General Hospital Kishiwada Tokushukai Hospital Kitakyushu Municipal Medical Center

Kitamurayama Hospital Kitano Hospital Kizawa Memorial Hospital KKR Sapporo Medical Center

Kobari General Hospital Kobe University Hospital Kochi Health Sciences Center Kochi Medical School Hospital

Kofu Jonan Hospital Kofu Municipal Hospital Kofu Neurosurgical Hospital Kohka Public Hospital Kohnan Hospital

Kokubu Neurosurgical Clinic Kokura Memorial Hospital Komaki City Hospital Komatsu Municipal Hospital Komono Kosei Hospital Konan Kosei Hospital Konan Tobu General Hospital

Kosei Hospital

Koshigaya Municipal Hospital Koto Memorial Hospital Kousei General Hospital Kouseikai Takai Hospital Kouseiren Murakami Hospital

Kugayama Hospital Kumamoto City Hospital

Kumamoto Red Cross Hospital Kumamoto Rousai Hospital Kumamoto Takumadai Hospital Kumamoto University Hospital Kurashiki Central Hospital Kurashiki Heisei Hospital Kure Kyosai Hospital Kurobe City Hospital Kuroishi City Hospital Kurosawa Hospital Kurosu Hospital

Kurume University Hospital Kusatsu General Hospital

Kushiro Kojinkai Memorial Hospital

Kushiro Rosai Hospital Kuwana Hospital

Kuwana West Medical Center Kyorin University Hospital Kyoritsu General Hospital Kyosai Tachikawa Hospital Kyoto City Hospital Kyoto Kujo Hospital

Kyoto Min-iren Chuo Hospital Kyushu University Hospital Machida Municipal Hospital Maebashi Red Cross Hospital Makita General Hospital Masu Memorial Hospital Matsudo City Hospital Matsunami General Hospital Matsushita Memorial Hospital Matsuyama Red Cross Hospital Matsuyama Shimin Hospital Mattoh-Ishikawa Central Hospital

Mazda Hospital

Medical Corporation Kawamura Society Kubokawa

Hospital Meisei Hospital Meitetsu Hospital Midorigaoka Hospital

Mie Prefectural General Medical Center

Mie University Hospital Mihara Memorial Hospital

Minamata City General Hospital and Medical Center

Minamisoma City General Hospital

Minase Hospital Mine City Hospital Minei Daiichi Hospital Mino Municipal Hospital Minoh City Hospital Mishuku Hospital Mishuku Hospital Mito Medical Center

Mito Saiseikai General Hospital Mitoyo General Hospital Mitsugi General Hospital

Miyakonojo Regional Medical Center

Miyoshi Central Hospital

(Continued)

Appendix Table 1. (Continued)

National Hospital Organization Kumamoto Medical

National Hospital Organization Kure Medical Center

Mizushima Central Hospital Morioka JRC Hospital

Moriya-daiichi General Hospital

Murakami Memorial Hospital Asahi University

Murata Hospital

Muroran City General Hospital

Musashino General Hospital

Nadogaya Hospital

Naga District Hospital

Nagahama City Hospital

Nagahama Red Cross Hospital

Nagano Municipal Hospital

Nagano Prefectural Kiso Hospital

Nagano Prefectural Suzaka Hospital

Nagano Red Cross Hospital

Nagaoka Chuo General Hospital

Nagaoka Red Cross Hospital

Nagareyama Central Hospital

Nagasaki Kawatana Medical Center

Nagasaki Municipal Hospital

Nagasaki Prefecture Shimabara Hospital

Nagasaki University Hospital

Nagatomi Neurosurgical Hospital

Nagoya Daini Red Cross Hospital

Nagoya Ekisaikai Hospital

Nagoya Medical Center

Nagoya Memorial Hospital

Nagoya University Hospital

Naha City Hospital

Nakamura Memorial Hospital

Nakamura Memorial South Hospital

Nakano General Hospital

Nakatsu Gastrointestinal Hospital

Namegata District General Hospital

Nanbu Tokushukai Hospital

Nantan General Hospital

Nantan General Hospital

Nara City Hospital

Nara Medical University Hospital

Nara Prefectural Hospital

Nara Prefectural Mimuro Hospital

Narita Red Cross Hospital

Nasu Neurosurgical Hospital

Nasu Red Cross Hospital

National Cancer Center Hospital

National Center for Child Health and Development

National Center for Global Health and Medicine

National Cerebral and Cardiovascular Center

National Disaster Medical Center

National Fukuoka-Higashi Medical Center

National Hospital Organization Chiba Medical Center

National Hospital Organization Hamada Medical Center

National Hospital Organization Himeji Medical Center National Hospital Organization Kanazawa Medical

Center

National Hospital Organization Kanmon Medical Center

National Hospital Organization Kobe Medical Center (Continued)

National Hospital Organization Minami Wakayama Medical Center National Hospital Organization Nagasaki Medical Center

National Hospital Organization Maizuru Medical Center

National Hospital Organization Nara Medical Center National Hospital Organization Okayama Medical Center National Hospital Organization Okayama Medical Center

National Hospital Organization Osaka Minami Medical

National Hospital Organization Saitama National Hospital

National Hospital Organization Shizuoka Medical Center

National Hospital Organization Takasaki General

Medical Center

National Hospital Organization Ureshino Medical Center

National Hospital Organization Utano Hospital

National Hospital Organization Yokohama Medical

Center

Center

National Kyushu Medical Center

Nayoro City General Hospital

Nihon University Itabashi Hospital

Niigata City General Hospital

Niigata Minami Hospital

Niigata Neurosurgical Hospital and Brain Research

Center

Niigata Prefectural Cancer Center Hospital

Niigata Prefectural Central Hospital

Niigata Prefectural Shibata Hospital

Niigata Prefectural Tokamachi Hospital

Niigata Rosai Hospital

Niigata University Medical and Dental Hospital

Nippon Medical School Chiba Hokusoh Hospital

Nippon Medical School Hospital

Nippon Medical School Musashi Kosugi Hospital

Nippon Medical School Tama-Nagayama Hospital

Nipponbashi Hospital

Nishi-Agatsuma Welfare Hospital

Nishi-Kobe Medical Center

Nishinara Tyuou Hospital

Nishinomiya Kyoritsu Neurosurgical Hospital

Nishio Municipal Hospital

Nishisaitama-chuo National Hospital

Nishiwaki Municipal Hospital

North Fukushima Medical Center

North Osaka Police Hospital

NTT Medical Center Tokyo

Obara Hospital

Obihiro-Kosei General Hospital

Odate Municipal General Hospital

Odawara Municipal Hospital

Oe Kyodou Hospital

Ofunato Hospital

Ogachi Central Hospital Ogaki Municipal Hospital

Ogori Daiichi General Hospital

Appendix Table 1. (Continued)

Ohda Municipal Hospital Ohkawara Neurosurgical Hospital Ohmiya Chuo General Hospital Ohnishi Neurological Center Ohta General Hospital Oita Prefectural Hospital

Oita University Hospital Oita-Oka-Hospital Okayama City Hospital

Okayama East Neurosurgical Clinic Okayama Kyokuto Hospital Okayama Kyoritsu General Hospital

Okayama Rosai Hospital Okayama University Hospital Okazaki City Hospital Okinawa Chubu Hospital Okinawa Hokubu Hospital Okinawa Kyodo Hospital

Okinawa Prefectural Miyako Hospital

Okinawa Prefectural Nanbu Medical Center and

Children's Medical Center

Okinawa Prefectural Yaeyama Hospital Okitama Public General Hospital Okyama East Neurosurgical clinic Omihachiman Community Medical Center

Omori Red Cross Hospital
Omuta City Hospital
Ooi-Byouin
Ookuma Hospital
Ota Memorial Hospital
Osaka City General Hospital
Osaka City University Hospital
Osaka General Medical Center

Osaka Kosei-Nenkin Hospital Osaka Medical Center

Osaka Medical College Hospital

Osaka Mishima Critical Care Medical Center

Osaka Neurological Institute Osaka Neurosurgical Hospital Osaka Police Hospital

Osaka Prefectural Senshu Critical Care Medical Center

Osaka Red Cross Hospital Osaka Rosai Hospital Osaka University Hospital

Otemae Hospital
Otsu Municipal Hospital

Research Institute for Brain and Blood Vessels Akita

Rumoi Central Clinic Sadamoto Hospital

Saga Prefectural Hospital Koseikan Saga Social Insurance Hospital Sagamihara Kyodo Hospital Sagamihara-chuo Hospital

Saisei-kai Yokohama-shi Nanbu Hospital

Saiseikai Central Hospital

Saiseikai Fukuoka General Hospital

Saiseikai Gose Hospital Saiseikai Hita Hospital Saiseikai Hyuga Hospital Saiseikai Imabari Hospital Saiseikai Kumamoto Hospital Saiseikai Kurihashi Hospital Saiseikai Kyoto Hospital

Saiseikai Matsusaka General Hospital Saiseikai Matsuyama Hospital Saiseikai Nagasaki Hospital Saiseikai Nakatsu Hospital Saiseikai Nara Hospital Saiseikai Noe Hospital Saiseikai Saijo Hospital

Saiseikai Shimonoseki General Hospital

Saiseikai Toyama Hospital Saiseikai Utsunomiya Hospital Saiseikai Yahata General Hospital Saiseikai Yamaguchi Hospital Saiseikai Yokohanashi Tobu Hospital

Saiseikai-Chuwa Hospital Saitama Cancer Center Hospital

Saitama Cardiovascular and Respiratory Center

Saitama Medical Center

Saitama Medical Center Jichi Medical University

Saitama Medical University Hospital

Saitama Medical University International Medical Center

Saitama Municipal Hospital Saito Memorial Hospital Sakai City Hospital

Sakai Hospital Kinki University Faculty of Medicine

Sakaide Municipal General Hospital

Saku Central Hospital Sakura General Hospital Sakurakai Hospital Sanda City Hospital

Sankoukai Miyazaki Hospital

Sannocho Hospital

Sano Kousei General Hospital

Sanyudo Hospital

Sapporo City General Hospital Sapporo Higashi-Tokushukai Hospital

Sasebo Chuo Hospital Sasebo City General Hospital

Sayama Hospital

Seguchi Neurosurgery Hospital Seirei Hamamatsu General Hospital

Seirei Memorial Hospital

Seirei Mikatagahara General Hospital

Seirei Yokohama Hospital Seiyu Memorial Hospital Sendai City Hospital

Sendai Medical Association Hospital

Sendai Open Hospital

Senpo Tokyo Takanawa Hospital

Senseki Hospital

Shakaihoken Kobe Central Hospital Shakaihoken Shimonoseki Kosei Hospital

Shiga Medical Center for Adults

Shiga University of Medical Science Hospital

(Continued)

Appendix Table 1. (Continued)

Shimada City Hospital

Shimane Prefectural Central Hospital

Shimane University Hospital Shimonoseki City Hospital Shimotsuga General Hospital

Shin Koga Hospital Shin Yukuhashi Hospital Shin-Tokyo Hospital

Shingu Municipal Medical Center

Shinko Hospital

Shinoda General Hospital Shinonoi General Hospital Shinrakuen Hospital Shinseikai Toyama Hospital

Shinshu Ueda Medical Center

Shinsuma Hospital

Shirahama Hamayu Hospital Shirakawa Kosei General Hospital Shiroishi neurosurgical Hospital

Shiroyama Hospital Shiseikai Daini Hospital Shizuoka Children's Hospital Shizuoka City Hospital Shizuoka General Hospital Shobara Red Cross Hospital

Shonai Hospital

Shonan Kamakura General Hospital

Showa General Hospital Showa Inan General Hospital Showa University Hospital Showa University Hospital

Showa University Hospital Social Insurance Chukyo Hospital Social Insurance Chuo General Hospital Social Insurance Takahama Hospital

Soseikai General Hospital South Miyagi Medical Center Southern Tohoku General Hospital

St Marianna University School of Medicine Toyoko

Hospital

St Francisco Hospital

St Marianna University School of Medicine Hospital

Steeel Memorial Hirohata Hospital Steel Memorial Yawata Hospital Suiseikai Kajikawa Hospital Suita Municipal Hospital Suwa Central Hospital Suwakohan Hospital Suzuka Kaisei Hospital Tachikawa Medical Center Takada Chuo Hospital Takamatsu Municipal Hospital

Takada Chuo Hospital
Takamatsu Municipal Hospital
Takamatsu Red Cross Hospital
Takarazuka City Hospital
Takarazuka Daiichi Hospital
Takashima Municipal Hospital
Takatsuki General Hospital

Takikawa Neurosurgery Hospital

Takeda General Hospital

Tama-Hokubu Medical Center Tama-Nanbu Chiiki Hospital Tamana Central Hospital Tane General Hospital

Tano Hospital

Tanushimaru Central Hospital Tatebayashi Kosei Hospital

Teiko University Chiba Medical Center

Teikyo University School of Medicine Hospital,

Mizonokuchi Tekeda Hospital

Tenshindo Hetsugi Hospital

The Taiju-Kai Foundation Social Medical Corporation

Kaisei General Hospital Tochigi National Hospital

Toho University Ohashi Medical Center

Tohoku KoseiNenkin Hospital

Tokai Central Hospital of the Mutual Aid Association of

Public School Teachers

Tokai University Hachioji Hospital Tokai University Hospital

Tokai University Oiso Hospital

Toki General Hospital

Tokuda Neurosurgical Hospital

Tokushima Prefectural Central Hospital Tokushima Prefectural Kaifu Hospital Tokushima University Hospital

Tokuyama Central Hospital Tokyo Kyosai Hospital

Tokyo Medical And Dental University Hospital Faculity

of Medicine

Tokyo Medical University Hospital

Tokyo Medical University Ibaraki Medical Center

Tokyo Metropalitan Hiroo Hospital

Tokyo Metropolitan Health and Medical Corporation

Toshima Hospital

Tokyo Metropolitan Ohtsuka Hospital Tokyo Metropolitan Police Hospital

Tokyo Women's Medical University Hospital

Tokyo Women's Medical University Yachiyo Medical

Center

Tokyo Women's University Medical Center East

Tokyo-Teishin Hospital

Tokyo-West Tokushukai Hospital

Tokyu Medical University Hachioji Medical Center

Tomakomai Neurosurgical Hospital Tomakomai Nissho Hospital Tomei Atsugi Hospital Tominaga Hospital

Tominaga Hospital
Tomioka General Hospital
Tonami General Hospital
Tone Central Hospital
Tosei General Hospital

Tottori Pref.Kousei Hospital Tottori Red Cross Hospital Tottori Seikyo Hospital

Tottori University Hospital Toyama City Hospital

(Continued)

Toyama Prefectural Central Hospital

Toyama Rosai Hospital

Toyohashi Medical Center

Toyokawa City Hospital

Toyooka Chuo Hospital

Toyooka Public Hospitals' association Toyooka Hospital

Toyota Kosei Hospital

Tsuchiura Kyodo General Hospital

Tsukazaki Hospital

Tsukuba Medical Center Hospital

Tsushima City Hospital

Tsuyama Central Hospital

Ube Industries, ltd. Central Hospital

Ueyama Hospital.

Ugadake Hospital

University Hospital of the Ryukyus

University of Miyazaki Hospital

University of Tokyo Hospital

University of Tsukuba Hospital

University of Yamanashi Hospital

Urasoe General Hospital

Ushiku Aiwa General Hospital

Ushioda General Hospital

Uwajima City Hospital

Uwajima Tokushukai Hospital

Veritas Hospital

Wada Hospital

Wakakusa Dai-ichi Hospital

Wakayama Co-operative Hospital

Wakayama Medical University Hospital

Wakayama Medical University Kihoku Hospital

Wakayama Rosai Hospital

Wakayama Saiseikai Hospital

Yaentoge Neurosurgery Hospital

Yagi Neurosurgical Hospital

Yaizu City General Hospital

Yamachika Memorial Hospital

Yamada Kinen Hospital

Yamada Red Cross Hospital

Yamagata City Hospital Saiseikan

Yamagata Prefectural Kahoku Hospital

Yamagata Prefectural Shinjo Hospital

Yamagata University Hospital

Yamaguchi Grand Medical Center

Yamaguchi Red Cross Hospital

Yamaguchi Rousai Hospital

Yamaguchi University Hospital

Yamamoto Memorial Hospital

Yamanashi Kosei Hospital

Yamanashi Prefectural Central Hospital

Yamanashi Red Cross Hospital

Yamashiro Public Hospital

Yamato Municipal Hospital

Yao Tokushukai General Hospital

Yasugi municipal Hospital

Yatsuo General Hospital

Yatsushiro Health Insurance General Hospital

Yahata General Hospital

(Continued)

Appendix Table 1. (Continued)

Yayoigaoka Hospital

Yodogawa Christian Hospital

Yokkaichi Municipal Hospital

Yokohama Central Hospital

Yokohama City Minato Red Cross Hospital

Yokohama City University Hospital

Yokohama City University Medical Center

Yokohama General Hospital

Yokohama Rosai Hospital

Yokohama Sakae Kyosai Hospital

Yokohama Shin-midori General Hospital

Yokohama Stroke and Brain Center

Yokohamashintoshi Neurosurgical Hospital

Yokosuka General Hospital Uwamachi

Yomeikai Obase Hospital

Yonabaru Chu-ou Hospital

Yonago Medical Center

Yonezawa City Hospital

Yuaikai Hospital

Yukioka Hospital

K. IIHARA ET AL.

Appendix Table 2. Number (%) of responding hospitals (n = 724) with the recommended elements of acute stroke care capacity in Japan, based on geographical classification

Category	Components	n	%	MEA-central $(n = 382)$	MEA-outlying $(n = 240)$	McEA-central $(n = 90)$	McEA-outlying $(n = 12)$	P value*
Personnel	Board-certified neurologist	351	48.5	210 (55)	109 (45.4)†	28 (31.1)†	4 (33.3)	<.001
	Board-certified neurosurgeon	673	93.0	359 (94)	220 (91.7)	85 (94.4)	9 (75)	.084
	Interventional/endovascular physicians	269	37.2	174 (45.5)	78 (32.5)†	16 (17.8)†	1 (8.3)†	<.001
	Critical care medicine	157	21.7	90 (23.6)	53 (22.1)	14 (15.6)	0 (0)	.098
	Physical medicine and rehabilitation	110	15.2	64 (16.8)	37 (15.4)	8 (8.9)	1 (8.3)	.279
	Rehabilitation therapy	716	98.9	379 (99.2)	236 (98.3)	90 (100)	11 (91.7)	.099
	Stroke rehabilitation nurses	99	13.7	64 (16.8)	28 (11.7)	7 (7.8)†	0 (0)	.045
Diagnostic (24/7)	CT	716	98.9	379 (99.2)	236 (98.3)	90 (100)	11 (91.7)	.099
U () ,	MRI with diffusion	621	85.8	334 (87.4)	198 (82.5)	77 (85.6)	11 (91.7)	.365
	Digital cerebral angiography	585	80.8	316 (82.7)	184 (76.7)	77 (85.6)	8 (66.7)	.084
	CTA	606	83.7	323 (84.6)	197 (82.1)	77 (85.6)	9 (75)	.616
	Carotid duplex U/S	248	34.3	142 (37.2)	73 (30.4)	29 (32.2)	4 (33.3)	.365
	TCD	121	16.7	80 (20.9)	34 (14.2)†	7 (7.8)†	0 (0)	.003
Surgical	CEA	587 (673)	87.2	329 (91.1)	184 (84.8)†	66 (78.6)†	8 (72.7)	.002
Ü	Clipping of IA	657 (699)	94.0	350 (95.1)	215 (92.7)	83 (94.3)	9 (81.8)	.182
	Hematoma removal/draining	660 (701)	94.2	353 (95.4)	216 (93.1)	82 (93.2)	9 (81.8)	.151
	Coiling of IA	348 (624)	55.8	215 (64)	107 (52.7)†	23 (31.1)†	3 (27.2)†	<.001
	IA reperfusion therapy	486 (639)	76.1	272 (79.8)	156 (73.9)	52 (68.4)	6 (54.6)	.035
Infrastructure	Stroke unit	126 (712)	17.7	83 (22.1)	37 (15.7)	6 (6.7)†	0 (0)	.001
	ICU	346 (724)	47.8	186 (48.7)	115 (47.9)	39 (43.3)	6 (50)	.835
	Operating room staffed 24/7	443	61.2	256 (67.0)	142 (59.2)	42 (46.7)†	3 (25.0)†	<.001
	Interventional services coverage 24/7	275	38.0	182 (47.6)	77 (32.1)†	15 (16.7)†	1 (8.3)†	<.001
	Stroke registry	228	31.5	134 (35.1)	69 (28.8)	23 (25.6)	2 (16.7)	.133
Education	Community education	358	49.4	196 (51.3)	127 (52.9)	31 (34.4)†	4 (33.3)	.011
	Professional education	424	58.6	238 (62.3)	143 (59.6)	39 (43.3)†	4 (33.3)	.003
PSC Elements	t-PA-certified physician	662 (706)	93.8	360 (95.7)	214 (93)	79 (88.8)†	9 (81.8)	.021
	Acute stroke team	183 (702)	26.1	120 (32.4)	50 (21.7)†	10 (11.1)†	3 (25)	<.001
	NIHSS	514 (721)	71.3	296 (77.5)	165 (69.3)	47 (52.2)†	6 (50)	<.001
	Written t-PA protocol	616 (721)	85.4	338 (88.7)	201 (84.1)	69 (76.7)†	8 (72.7)	.012
	Hotline with emergency medical services	418 (718)	58.2	218 (57.2)	138 (58.7)	53 (58.9)	9 (75)	.700

Abbreviations: CEA, carotid endarterectomy; CT, computed tomography; CSC, comprehensive stroke center; CTA, computed tomography angiography; IA, intracranial aneurysm; ICH, intracerebral hemorrhage; ICU, intensive care unit; McEA, micropolitan employment areas; MRI, magnetic resonance imaging; NIHSS, National Institutes of Health Stroke Scale; TCD, transcranial Doppler; t-PA, tissue plasminogen activator; U/S, ultrasonography.

^{*}Fisher's exact test.

 $[\]dagger P < .05$ versus MEA-central, Fisher's exact test.

Appendix Table 3. Categorical and total CSC scores of the responding hospitals based on geographical classifications

	Category	MEA-central $(n = 382)$	MEA-outlying $(n = 240)$	McEA-central $(n = 90)$	McEA-outlying $(n = 12)$	P value∗
CSC scores	Personnel	3 (3-4)	3 (2-4)†	2 (2-3)†	2 (2-3)†	<.001
(median, IQR)	Diagnostic	4 (4-5)	4 (3-5)†	4 (4-5)	4 (3-4.5)	.077
	Surgical/interventional	5 (3-5)	4 (3-5)†	4 (3-4)†	3.5 (1.0-4.5)†	<.001
	Infrastructure	2 (1-3)	2 (1-3)†	1 (0-2)†	1 (0-2)†	<.001
	Education	1 (0-2)	1 (0-2)	1 (0-1)†	0 (0-1.5)	<.001
	Total	16 (12-18)	14 (11-17)†	13 (10-15)†	12.5 (6.5-14)	<.001

Abbreviations: CSC, comprehensive stroke center; IQR, interquartile range; MEA, metropolitan employment areas; McEA, micropolitan employment areas.

Appendix Table 4. The impact of availability of t-PA protocol on the volume of stroke interventions on multivariate linear regressions adjusted for other hospital characteristics

	t-PA protocol (+)							
	β	P value	959	% CI				
t-PA	6.40	<.001	4.73	8.08				
ICH	6.79	<.001	4.55	9.03				
Clipping Coiling	14.22 5.73	<.001 <.001	8.32 2.84	20.12 8.63				

Abbreviations: CI, confidence interval; ICH, intracerebral hemorrhage; t-PA, tissue plasminogen activator.

The hospitals without a t-PA protocol (t-PA (-) were considered as a reference.

^{*}Kruskal-Wallis test.

[†]Wilcoxon test, P < .05 versus MEA-central.

1018 K. IIHARA ET AL.

Appendix Table 5. The impact of the total CSC score on the volume of stroke interventions on multivariate linear regressions adjusted for other hospital characteristics

		~~~~				Total CS	C score						
	-	Ç	)2			Q.	3	***		Q-	4		
	β	P value	95%	· CI	β	P value	959	6 CI	β	P value	95%	6 CI	P for trend
t-PA	3.13	<.001	1.63	4.63	6.85	<.001	5.42	8.29	12.21	<.001	10.49	13.94	<.001
ICH	4.45	<.001	2.36	6.53	8.63	<.001	6.63	10.63	13.30	<.001	10.89	15.72	<.001
Clipping	8.08	.004	2.60	13.56	16.15	<.001	10.91	21.38	34.82	<.001	28.47	41.18	<.001
Coiling	1.44	.304	-1.30	4.18	8.09	<.001	5.48	10.71	15.74	<.001	12.57	18.91	<.001

Abbreviations: CI, confidence interval; DPC, diagnosis procedure combination; ICH, intracerebral hemorrhage; t-PA, tissue plasminogen activator.

Total CSC scores were categorized into quartiles (Q1: 0-10, Q2: 11-13, Q3: 14-17, and Q4: 18-24) and treated as dummy variables. The hospitals with the total CSC score classified into Q1 were considered as a reference. Other adjustment covariates were the number of beds, academic status, geographical locations, and participation on the DPC-based payment system.

**Appendix Table 6.** The volume of stroke interventions in 2009 in the responding hospitals

	n	%	Median	IQR	Range
t-PA infusion	727	97.1	5	2-10	0-60
Clipping of IA	724	96.7	15	15-27	0-356
ICH removal	720	96.1	5.5	2-12	0-85
CEA	678	90.5	0	0-2	0-41
Coiling of IA	698	93.2	3	0-11	0-116
i.a. reperfusion	678	90.5	0	0-2	0-41
CAS	697	93.1	1	0-7	0-164

Abbreviations: CAS, carotid stenting; CEA, carotid endarterectomy; i.a., intra-arterial; IA, intracranial aneurysm; IQR, interquartile range; t-PA, tissue plasminogen activator.

n, number of hospitals replying to the question of case volume of stroke interventions performed in 2009; %, percentage of hospitals replying to the question of case volume of stroke interventions performed in 2009 in the responding hospitals.



# Effects of Comprehensive Stroke Care Capabilities on In-Hospital Mortality of Patients with Ischemic and Hemorrhagic Stroke: J-ASPECT Study



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#### **Abstract**

Background: The effectiveness of comprehensive stroke center (CSC) capabilities on stroke mortality remains uncertain. We performed a nationwide study to examine whether CSC capabilities influenced in-hospital mortality of patients with ischemic and hemorrhagic stroke.

Methods and Results: Of the 1,369 certified training institutions in Japan, 749 hospitals responded to a questionnaire survey regarding CSC capabilities that queried the availability of personnel, diagnostic techniques, specific expertise, infrastructure, and educational components recommended for CSCs. Among the institutions that responded, data on patients hospitalized for stroke between April 1, 2010 and March 31, 2011 were obtained from the Japanese Diagnosis Procedure Combination database. In-hospital mortality was analyzed using hierarchical logistic regression analysis adjusted for age, sex, level of consciousness on admission, comorbidities, and the number of fulfilled CSC items in each component and in total. Data from 265 institutions and 53,170 emergency-hospitalized patients were analyzed. Mortality rates were 7.8% for patients with ischemic stroke, 16.8% for patients with intercerebral hemorrhage (ICH), and 28.1% for patients with subarachnoid hemorrhage (SAH). Mortality adjusted for age, sex, and level of consciousness was significantly correlated with diagnostic, educational, and total CSC scores in patients with ICH and with specific expertise, infrastructural, educational, and total CSC scores in patients with ICH and with specific expertise, infrastructural, educational, and total CSC scores in patients with ICH and with specific expertise, infrastructural, educational, and total CSC scores in patients with SAH.

Conclusions: CSC capabilities were associated with reduced in-hospital mortality rates, and relevant aspects of care were found to be dependent on stroke type.

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# Introduction

In Japan, stroke is the third-leading cause of death, as well as a leading cause of long-term disability. Almost 270,000 individuals in Japan have a new or recurrent stroke each year, and nearly 120,000 individuals die following a stroke [1]. In 2000, the Brain Attack Coalition discussed the concept of stroke centers and

proposed two types of centers: comprehensive [2] and primary [3]. Most patients with stroke can be appropriately treated at a primary stroke center (PSC), and the Joint Commission has established programs for certifying PSCs and measuring their performance [4]. The concept and recommended key components of comprehensive stroke centers (CSCs) enable intensive care and specialized techniques that are not available at most PSCs [2,5].

May 2014 | Volume 9 | Issue 5 | e96819

- 404 -

**Table 1.** Number and percentage of participating hospitals (n = 265) with the recommended items of comprehensive stroke care capabilities.

Components	Items	n	%
Personnel	Neurologists	143	54.0
	Neurosurgeons	251	94.7
	Endovascular physicians	118	44.5
	Critical care medicine	65	24.5
	Physical medicine and rehabilitation	42	15.8
	Rehabilitation therapy	265	100
	Stroke rehabilitation nurses	38	14.6
Diagnostic techniques	СТ	264	99.6
	MRI with diffusion	237	89.4
	Digital cerebral angiography	226	85.6
	CT anglography	234	88.3
	Carotid duplex ultrasound	102	38.5
	TCD	53	20.2
Specific expertise	Carotid endarterectomy	231	87.2
	Clipping of intracranial aneurysm	250	94.3
	Hematoma removal/draining	253	95.5
	Coiling of intracranial aneurysm	153	57.7
	Intra-arterial reperfusion therapy	199	75.1
Infrastructure	Stroke unit	55	20.8
	Intensive care unit	169	63.8
	Operating room staffed 24/7	185	70.0
	Interventional services coverage 24/7	122	46.0
	Stroke registry	109	41.8
Education	Community education	· 147	55.7
	Professional education	171	64.8

CT, computed tomography; MRI, magnetic resonance imaging; TCD, transcranial Doppler. doi:10.1371/journal.pone.0096819.t001

Although stroke performance measures have been developed to monitor and improve quality of care, a substantial proportion of patients do not receive effective treatments, and population-based studies have been called for to evaluate the successful translation of evidence-based medicine into clinical practice [4] Organized stroke unit care is a form of in-hospital care provided by nurses, doctors, and therapists who work as a coordinated team specialized in caring for patients with stroke [6]. The effectiveness of organized stroke care has been reported for different ischemic stroke subtypes in the organized care index (OCI) using data from the Registry of the Canadian Stroke Network [7,8]. However, the effectiveness of CSC capabilities on the mortality of patients with ischemic and hemorrhagic stroke remains uncertain. In this study, we examined whether CSC capabilities influence in-hospital mortality for all types of stroke in a real-world setting by using data from the J-ASPECT nationwide stroke registry (obtained from the Japanese Diagnosis Procedure Combination [DPC]based Payment System) [9].

# Methods

Of the 1,369 certified training institutions of the Japan Neurosurgical Society, the Japanese Society of Neurology, and/or the Japan Stroke Society, 749 hospitals responded to a questionnaire survey regarding CSC capabilities. The CSC

capabilities were assessed using 25 items specifically recommended for CSCs [2] that were divided into 5 components regarding (1) personnel (seven items: board-certified neurologists, board-certified neurosurgeons, board-certified endovascular physicians, board-certified physicians in critical care medicine, board-certified physicians in physical medicine and rehabilitation, personnel in rehabilitation therapy, and stroke rehabilitation nurses), (2) diagnostic techniques (six items: 24 hours/day, 7 days/week [24/7] availability of computed tomography [CT], magnetic resonance imaging [MRI] with diffusion-weighted imaging, digital cerebral angiography, CT angiography, carotid duplex ultrasound, and transcranial Doppler), (3) specific expertise (five items: carotid endarterectomy, clipping of intracranial aneurysms [IAs], removal of intracerebral hemorrhage [ICH], coiling of IAs, and intra-arterial reperfusion therapy), (4) infrastructure (five items: stroke unit, intensive care unit, operating room staffed 24/7, interventional services coverage 24/7, and stroke registry), and (5) educational components (two items: community education and professional education). A score of 1 point was assigned if the hospital met each recommended item, yielding a total CSC score of up to 25. The scores were also summed for each component (subcategory CSC score). The impact of specific aspects of acute stroke care (monitoring, early rehabilitation, admission to stroke care unit [SCU], acute stroke team, the organized stroke care index [7], existence of a tissue plasminogen activator [t-PA]

**- 405 -**

**Table 2.** Demographics of the study cohort according to the Diagnosis Procedure Combination (DPC) discharge database study in a comparison of hospitals that agreed to participate in the present study and those that did not.

	Participating hp	Non-participating hp	P value#	
	(n = 265)	(n = 484)		
Hospital characteristics (CSC scores)				
Total score (25 items)	15.4±4.2	13.5±4.6	< 0.001	
Personnel (7 items)	3.5 ± 1.2	$3.1 \pm 1.3$	< 0.001	
Diagnostic techniques (6 items)	4.2±1.2	3.9±1.3	0.002	
Specific expertise (5 items)	4.0±1.4	3.6±1.6	< 0.001	
Infrastructure (5 items)	2.4±1.4	1.9±1.4	< 0.001	
Education (2 items)	1.2±0.8	1.0±0.8	0.002	
Number of beds, n (%)				
20-49	3 (1.1)	13 (2.7)	< 0.001	
50-99	9 (3.4)	21 (4.3)		
100–299	66 (24.9)	166 (34.3)		
300-499	97 (36.6)	163 (33.7)		
500-	90 (34.0)	117 (24.2)		
Annual stroke cases, n (%)				
0-49	8 (3.0)	43 (8.9)	0.003	
50-99	31 (11.7)	47 (9.7)		
100-199	56 (21.1)	143 (29.5)		
200–299	67 (25.3)	88 (18.2)		
300	92 (34.7)	136 (28.1)		
Annual volume of t-PA infusion	8.3	6.4	0.002	

#Wilcoxon rank-sum test.

CSC, comprehensive stroke center.

Hp. hospital.

doi:10.1371/journal.pone.0096819.t002

protocol, number of t-PA cases/year, and number of acute stroke cases/year) on stroke mortality was also examined. This survey was completed by neurosurgeons or neurologists in the responding hospitals and returned by mail. Any incomplete answers were completed in follow-up phone interviews with the neurosurgeons or neurologists of the study group. The English version of the survey is shown in File S1.

This cross-sectional survey used the DPC discharge database from participating institutions in the J-ASPECT Study. The DPC is a mixed case patient classification system that was launched in 2002 by the Ministry of Health, Labor, and Welfare of Japan and was linked with a lump-sum payment system [9]. Of the 749 hospitals that responded to the institutional survey regarding CSC capabilities, 265 agreed to participate in the DPC discharge database study (File S2). Computer software was developed to identify patients hospitalized because of acute stroke from the annual de-identified discharge database by using the International Classification of Diseases (ICD)-10 diagnosis codes related to ischemic stroke (I63.0-9), nontraumatic ICH (ICH: I61.0-9, I62.0-1, and I62.9), and subarachnoid hemorrhage (SAH: I60.0-9). Because of major differences in their typical prognosis, patients with transient ischemic attack were excluded. Patients hospitalized because of ischemic and hemorrhagic stroke between April 1, 2010 and March 31, 2011 were included; however, patients with scheduled admissions were excluded from analysis. The following data were collected from the database: unique identifiers of hospitals, patients' age and sex, diagnoses, comorbidities at admission, in-hospital use of medications (antihypertensive agents,

oral hypoglycemic agents, insulin, antihyperlipidemic agents, statins, anticoagulant agents, or antiplatelet agents), smoking, arrival by ambulance or not, level of consciousness at admission according to the Japan Coma Scale [10], and discharge status. The Japan Coma Scale [11] was originally published in 1974, the same year as the Glasgow Coma Scale (GCS) [12], and it remains one of the most popular grading scales for assessing impaired consciousness among health care professionals and personnel for emergency medical services in Japan. Grading with the 1-, 2-, and 3-digit codes corresponds to the following statuses: 1) the patient is awake in the absence of any stimulation, 2) the patient can be aroused but reverts to the previous state after the cessation of stimulation, and 3) the patient cannot be aroused even by forceful mechanical stimulation. Each specific digit status is further subdivided into three levels: 1-digit code into 1, 2, and 3; 2-digit code into 10, 20, and 30; and 3-digit code into 100, 200, and 300 (Table S1). In addition to these nine grades, a normal level of consciousness is graded as zero. Consciousness level on admission was determined by the physician and data on all medication use was collected electronically from the claim data. Comorbidity was determined primarily from the ICD-10 code, but was also checked against what medications and procedures the patient was receiving/undergoing, to see if these were compatible with the code data. Smoking was defined by the physician's record, which rated patients as active or inactive smokers. In-hospital mortality, defined as death by the time of discharge from the hospital, was analyzed with the total and subcategory CSC scores using hierarchical logistic regression analysis adjusted for age, sex,

Table 3. Demographics of the patient study cohort at the time of diagnosis and hospital characteristics according to stroke type.

	Total	Ischemic Stroke	Intracerebral hemorrhage	Subarachnoid hemorrhage
	(n = 53,170)	(n = 32,671)	(n = 15,699)	(n = 4,934)
Male, n (%)	29,353 (55.2)	18,816 (57.6)	9,030 (57.5)	1,584 (32.1)
Age, mean years ±SD	72.5±13,1	74.4±12.2	70.7±13.5	64.7±14.8
Hypertension, n (%)	39,918 (75.1)	22,531 (69.0)	13,281 (84.6)	4,229 (85.7)
Diabetes Mellitus, n (%)	13,725 (25.8)	9,318 (28.5)	3,278 (20.9)	1,174 (23.8)
Hyperlipidemia, n (%)	15,015 (28.2)	11,104 (34.0)	2,529 (16.1)	1,412 (28.6)
Smaking (n = 4,4842)	12,761 (24.0)	8,188 (25.1)	3,540 (22.5)	1,074 (21.8)
Medications during hospitalization				
Antihypertensive agent	34,136 (64.2)	17,694 (54.2)	12,537 (79.9)	4,019 (81.5)
Anti-renin-angiotensin system agent	19,881 (37.4)	10,262 (31.4)	8,280 (52.7)	1,410 (28.6)
Ca channel antagonist	25,984 (48.9)	10,469 (32.0)	11,719 (74.6)	3,903 (79.1)
Sympathetic antagonist	6,334 (11.9)	3,821 (11.7)	2,172 (13.8)	364 (7.4)
*β-blocker, α,β-blocker	4,357 (8.2)	3,048 (9.3)	1,133 (7.2)	188 (3.8)
α-blocker	2,374 (4.5)	953 (2.9)	1,232 (7.8)	200 (4.1)
Diuretic agent	9,950 (18.7)	5,860 (17.9)	3,074 (19.6)	1,049 (21.3)
Loop diuretic	7,434 (14.0)	4,609 (14.1)	1,912 (12.2)	940 (19.1)
Other diuretic	4,425 (8.3)	2,527 (7.7)	1,653 (10,5)	255 (5.2)
Antidiabetic agent	10,295 (19.4)	6,784 (20.8)	2,473 (15.8)	1,075 (21.8)
Insulin	7,654 (14.4)	4,597 (14.1)	2,044 (13.0)	1,046 (21.2)
Oral antidiabetic agent	5,749 (10.8)	4,459 (13.6)	1,110 (7.1)	197 (4.0)
Antihyperlipidemic agent	12,387 (23.3)	9,264 (28.4)	1,839 (11.7)	1,310 (26.6)
Statin	10,099 (19.0)	7,840 (24.0)	1,366 (8.7)	912 (18.5)
Antiplatelet agent	23,635 (44.5)	21,746 (66.6)	625 (4.0)	1,298 (26.3)
Aspirin	11,929 (22.4)	11,119 (34.0)	378 (2.4)	447 (9.1)
apan Coma Scale				
0, n (%)	19,635 (36.9)	15,027 (46.0)	3,620 (23.1)	1,024 (20.8)
1-digit code, n (%)	19,371 (36.4)	12,375 (37.9)	5,934 (37.8)	1,117 (22.6)
2-digit code, n (%)	6,937 (13.0)	3,396 (10.4)	2,705 (17.2)	852 (17.3)
3-digit code, n (%)	7,227 (13.6)	1,873 (5.7)	3,440 (21.9)	1,941 (39.3)
Emergency admission by ambulance, n (%)	31,995 (60.2)	17,336 (53.1)	10,909 (69.5)	3,830 (77.6)
Average days in hospital (range)	21 (11–40)	20 (12–38)	22 (10-43)	30 (12-54)
Hospital characteristics (CSC scores)				
Total score (25 items)		16.7±3.8	16.8±3.4	17.1 ± 3.4
Personnel (7 items)		3.7±1.2	3.7±1.2	3.8±1.2
Diagnostic techniques (6 items)		4.4±1.1	4.5±1.0	4.5±1.0
Specific expertise (5 items)		4.4±1.0	4.4±0.9	4.5±0.8
Infrastructure (5 items)		2.8±1.3	2,9±1.3	2.9±1.3
Education (2 items)		1.4±0.8	1.4±0.8	1.4±0.8

CSC, comprehensive stroke center.

Japan Coma Scale score, comorbidities, and institutional difference.

# **Ethics Statement**

This research plan was designed by the authors and approved by the Institutional Review Board of the National Cerebral and Cardiovascular Center, which waived the requirement for individual informed consent.

We used hierarchical logistic regression models [13,14] to estimate odds ratios (ORs) for in-hospital mortality. Each model had two levels of hierarchy (hospital and patient) while considering the random effects of hospital variation, as well as fixed effects of CSC score and patient effects of age, sex, and level of consciousness. The total score and each subcategory score were analyzed separately. We also divided CSC score into quintiles and analyzed the trend with the Cochran-Armitage trend test. The

^{*}A composite variable with a pure beta antagonist and a mixed alpha/beta adrenergic antagonist (e.g., labetalol). doi:10.1371/journal.pone.0096819.t003

**Table 4.** The impact of total comprehensive stroke care (CSC) score on in-hospital mortality after ischemic stroke, adjusted by age, sex, and level of consciousness at admission according to the Japan Coma Scale (JCS).

Factor	OR	95% CI	P value
Male	1.23	1.12-1.35	<0.001
Age	1.40	1.34~1.47	<0.001
CSC total score	0.97	0.96-0.99	0.001
JCS			
normal	1		
one-digit code	2.40	2.11~2.74	<0.001
two-digit code	7.46	6.47-8.60	<0.001
three-digit code	21.62	18.69-25.02	<0.001

Cl, confidence interval; CSC, comprehensive stroke care; JCS, Japan Coma Scale; OR, odds ratio. doi:10.1371/journal.pone.0096819.t004

difference between participating and non-participating hospitals in the DPC discharge study was determined by Wilcoxon rank-sum test. The analyses were performed using SAS version 9.2 (SAS Institute Inc., Cary, NC, USA) and STATA version 12 (STATA Corp, College Station, TX, USA).

#### Results

A total of 265 hospitals participated in this study. The number and percentage of the participating hospitals with the recommended items of CSC capabilities are shown in Table 1. The distribution of total CSC scores ranged from 1 to 23 (mean: 15.4, median: 14 standard deviation [SD]: 4.2, interquartile range [IQR]: 11–18). Because we initially sent the CSC questionnaire to 749 hospitals, we sought to determine whether there was a selection bias in stroke care capabilities that could have impacted which hospitals returned the questionnaire. We found that such a bias did exist; in fact, the total CSC scores, subcategory CSC scores and annual volume of t-PA infusion, with the exception of the diagnostic techniques and education/research subcategories, were significantly higher for the participating hospitals than for the non-participating hospitals (Table 2).

Data from 265 institutions and 53,170 emergency-hospitalized patients (age in years, mean ±SD: 72.5±13.1; male: 55.2%) were analyzed. Patient demographics according to stroke type at the time of diagnosis are shown in Table 3. The study cohort included 32,671 patients with ischemic stroke (age: 74.4±12.2 years; male:

57.6%), 15,699 with ICH (age: 70.7±13.5 years; male: 57.5%), and 4,934 with SAH (age: 64.7±14.8 years; male: 32.1%). Use of antihypertensive agents, antidiabetic agents, antihyperlipidemic agents, and antiplatelet agents is also shown in Table 3. Almost 60% of the patients arrived by ambulance, with the incidence ranging from 77.6% for SAH to 53.1% for ischemic stroke. These rates of arrival by ambulance based on stroke type were in accordance with different degrees of stroke severity, as reflected by level of consciousness. Hospital characteristics shown by total and subcategory CSC scores did not reveal any significant differences with respect to stroke type.

Overall, mortality rates were 7.8% for ischemic stroke, 16.8% for ICH, and 28.1% for SAH. Table 4-6 show the results of a hierarchical logistic regression analysis of these data. Mortality of patients with ischemic stroke was significantly correlated with male sex (OR = 1.23), age (10 incremental years, OR = 1.4), and level of consciousness (1-digit code: OR = 2.4, 2-digit code: OR = 7.46, 3digit code: OR = 21.62, versus zero [normal consciousness {control}]) as patient characteristics, and total CSC score (OR = 0.97) adjusted for age, sex, and level of consciousness as a hospital characteristic (Table 4). Mortality of patients with ICH was also significantly correlated with male sex (OR = 1.72), age (10 incremental years, OR = 1.36), and level of consciousness (1-digit code: OR = 1.45, 2-digit code: OR = 4.22, 3-digit code: OR = 49.59, versus zero as control) as patient characteristics and total CSC score (OR = 0.97) adjusted for age, sex, and level of consciousness as a hospital characteristic (Table 5). Mortality of

**Table 5.** The impact of total comprehensive stroke care (CSC) score on in-hospital mortality after intracerebral hemorrhage, adjusted by age, sex, and level of consciousness at admission according to the Japan Coma Scale (JCS).

Factor	OR	95% CI	P value
Male	1.72	1.54-1.92	<0.001
Age	1.36	1.30~1.42	<0.001
CSC total score	0.97	0.95~0.99	0.003
JCS			
normal	1		
one-digit code	1.45	1.14-1.83	0.002
two-digit code	4.22	3.34-5.33	<0.001
three-digit code	49.59	40.12-61.27	<0.001

CI, confidence interval; CSC, comprehensive stroke care; JCS, Japan Coma Scale; OR, odds ratio. doi:10.1371/journal.pone.0096819.t005

**Table 6.** The impact of total comprehensive stroke care (CSC) score on in-hospital mortality after subarachnoid hemorrhage, adjusted by age, sex, and level of consciousness at admission according to the Japan Coma Scale (JCS).

Factor	OR	95%CI	P value
Male	1.39	1.17-1.65	<0.001
Age	1.37	1.29–1.45	<0.001
CSC total score	0.95	0.93-0.98	<0.001
JCS			
normal	1		
one-digit code	1.05	0.75–1.46	0.785
two-digit code	2.01	1.46-2.77	<0.001
three-digit code	17.13	13.14–22.35	<0.001

Cl, confidence interval; CSC, comprehensive stroke care; JCS, Japan Coma Scale; OR, odds ratio. doi:10.1371/journal.pone.0096819.t006

patients with SAH was likewise significantly correlated with male sex (OR = 1.39), age (10 incremental years, OR = 1.37), and level of consciousness (2-digit code: OR = 2.01, 3-digit code: OR = 17.12, versus zero as control) as patient characteristics and total CSC score (OR = 0.95) adjusted for age, sex, and level of consciousness as a hospital characteristic. Therefore, total CSC score was independently associated with in-hospital mortality for all stroke types after adjusting for age, sex, and stroke severity (Table 6). The impact of total CSC score on in-hospital mortality for ischemic stroke and ICH remained significant after adjustment for age, sex, severity of stroke, and existence of comorbid conditions (hypertension, diabetes mellitus, and hyperlipidemia) (Table S2–S4).

Table 7-9 show the correlations between CSC subcategory scores and in-hospital mortality adjusted for age, sex, and level of consciousness depending on the different stroke types: mortality of patients with ischemic stroke was significantly correlated with subcategory scores in personnel (OR = 0.93), infrastructure (OR = 0.94), and education (OR = 0.89) (Table 7). Mortality of patients with ICH was significantly correlated with subcategory scores in diagnostic technique (OR = 0.91), infrastructure (OR = 0.92), and education (OR = 0.91) (Table 8). Mortality of patients with SAH was significantly associated with subcategory scores in personnel (OR = 0.91) specific expertise (OR = 0.83), infrastructure (OR = 0.89), and education (OR = 0.84) (Table 9). We found that while infrastructure and education subcategory CSC scores significantly impacted outcomes for all types of stroke, other subcategory CSC scores were differentially associated with in-hospital mortality depending on stroke type.

Figure 1 shows the impact of total CSC score classified into quintiles (Q1: 4-12, Q2: 13-14, Q3: 15-17, Q4: 18, Q5: 19-23)

on the in-hospital mortality of patients with all types of stroke (a), ischemic stroke (b), ICH (c), and SAH (d) after adjusting for age, sex and level of consciousness. There was a significant association between total CSC score and in-hospital mortality in all types of stroke (all P<0.001) (Table 4–6). Figure 2 illustrates the impact of total CSC score on the in-hospital mortality of patients with all types of stroke (a), ischemic stroke (b), ICH (c), and SAH (d) after adjustment for age; sex; level of consciousness; and incidence of hypertension, hyperlipidemia, and diabetes mellitus. The association between total CSC score and in-hospital mortality in patients after all types of stroke (a), ischemic stroke (b), and ICH (c) remained significant after adjustment for age; sex; level of consciousness; and incidence of hypertension, hyperlipidemia, and diabetes mellitus. This same association was not evident in patients with SAH (P=0.601) (Table 10).

Hospitals with higher CSC scores were also more likely to provide early rehabilitation, improved monitoring, the possibility of admission to an SCU, presence of an acute stroke care team, existence of a t-PA protocol, greater numbers of t-PA cases/year, and higher scores on the organized stroke care index. In addition to the CSC score, the processes of acute stroke care, such as admission to SCU, presence of an acute stroke team, the organized stroke care index [7], and number of acute stroke cases/staff physician significantly impacted in-hospital mortality after all types of acute stroke, although in some cases, to a greater or lesser degree for the different types of stroke (Table 11–14).

#### Discussion

Using the nationwide discharge data obtained from the Japanese DPC-based Payment System, we evaluated the effect of

Table 7. The impact of subcategory CSC score on in-hospital mortality after ischemic stroke adjusted by age, sex and JCS.

Component	OR	95% CI	P value
Personnel	0.93	0.88-0.98	0.008
Diagnostic techniques	0.95	0.90-1.01	0.090
Specific expertise	0.96	0.90-1.01	0.136
Infrastructure	0.94	0.90-0.99	0.014
Education/research	0.89	0.83-0.96	0.003

Cl, confidence interval; CSC, comprehensive stroke care; JCS, Japan Coma Scale; OR, odds ratio. doi:10.1371/journal.pone.0096819.t007

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**Table 8.** The impact of subcategory CSC score on in-hospital mortality after intracerebral hemorrhage adjusted by age, sex and ICS

Component	OR	95% CI	P value
Personnel	0.98	0.92-1.04	0.523
Diagnostic techniques	0.91	0.85-0.98	0.012
Specific expertise	0.93	0.86-1.00	0.055
Infrastructure	0.92	0.87-0.98	0.005
Education/research	0.91	0.83~1.00	0.047

CI, confidence interval; CSC, comprehensive stroke care; JCS, Japan Coma Scale; OR, odds ratio. doi:10.1371/journal.pone.0096819.t008

hospital characteristics based on the recommended components of CSCs [2] on the in-hospital mortality of patients with acute ischemic and hemorrhagic stroke treated between April 1, 2010 and March 31, 2011. We found that the total CSC score was significantly associated with in-hospital mortality rates irrespective of stroke type after adjustment for age, sex, and initial level of consciousness according to the Japan Coma Scale. However, the subcategory scores that were significantly associated with inhospital mortality differed among stroke type. Importantly, the association between total CSC scores and in-hospital mortality remained significant after adjustment for age; sex; initial level of consciousness according to the Japan Coma Scale; and incidence of hypertension, diabetes mellitus and hyperlipidemia for all types of stroke except SAH. These findings highlight the importance of CSC capabilities for optimal treatment of ischemic and hemorrhagic stroke and will enable health care professionals and policy makers to focus their efforts on improving specific aspects of CSC capabilities for different types of stroke.

Increasing attention has been given to defining the quality and value of health care through the reporting of process and outcome measures. Following the original proposal to establish CSCs [2], detailed metrics for measuring quality of care in CSCs have been reported [5]. The so-called "drip-and-ship" model has emerged as a paradigm for emergency departments that are able to diagnose acute ischemic stroke and administer intravenous (TV) recombinant t-PA (rt-PA) but lack the infrastructure to provide intensive monitoring for patients after rt-PA administration [15,16]. A recent study demonstrated that despite having more severe strokes on arrival at the CSC, transfer-in patients with acute ischemic stroke had in-hospital mortality similar to that of front door patients and were more likely to be discharged to rehabilitation. These findings lend support to the concept of regionalized stroke care and directing patients with greater disability to more advanced stroke centers [17]. At present, no official certification

of stroke centers in Japan has been launched, and the current study indicates that patients with acute ischemic stroke or hemorrhagic stroke are being admitted on an emergent basis to hospitals with similar CSC total and subcategory scores.

In the present study, stroke severity was adjusted by baseline level of consciousness according to the Japan Coma Scale [10,11]. The Get With the Guidelines-Stroke (GWTG-Stroke) risk model was recently developed to predict in-hospital ischemic stroke mortality, suggesting that the National Institutes of Health Stroke Scale (NIHSS) score provides substantial incremental information on a patient's mortality risk [18], emphasizing the importance of adjustment of stroke severity to develop a hospital risk model for mortality [19]. Previous prospective multicenter study has demonstrated that the development of a decreased level of consciousness within the initial hours after stroke onset, as evaluated by a simple six-point scale, is a powerful independent predictor of mortality after a major ischemic stroke of the anterior vasculature [20]. In hemorrhagic stroke, the degree of impaired consciousness at admission was also included in the various proposed ICH scores to predict functional outcome and mortality [21,22]. This study demonstrated that the level of consciousness at admission, as measured by the Japan Coma Scale, is a powerful independent predictor of mortality after ischemic and hemorrhagic stroke. Determining an individual patient's risk of mortality at admission could improve clinical care by providing valuable information to patients and their family members and by identifying those at high risk for poor outcomes who may require more intensive resources.

Health care quality of CSCs in the present study was scored on the basis of the results of a questionnaire referring to 25 items originally recommended by the Brain Attack Coalition. Although there is now increasingly good evidence from initiatives like GWTG-Stroke [23] that a process based on the systematic collection and evaluation of stroke performance measures can

**Table 9.** The impact of subcategory CSC score on in-hospital mortality after subarachnoid hemorrhage adjusted by age, sex and JCS.

Component	OR	95% CI	P value
Personnel	0.91	0.84-0.98	0.016
Diagnostic techniques	1.01	0.92-1.11	0.896
Specific expertise	0.83	0.75-0.93	<0.001
Infrastructure	0.89	0.83-0.96	0.002

CI, confidence interval; CSC, comprehensive stroke care; JCS, Japan Coma Scale; OR, odds ratio. doi:10.1371/journal.pone.0096819.t009

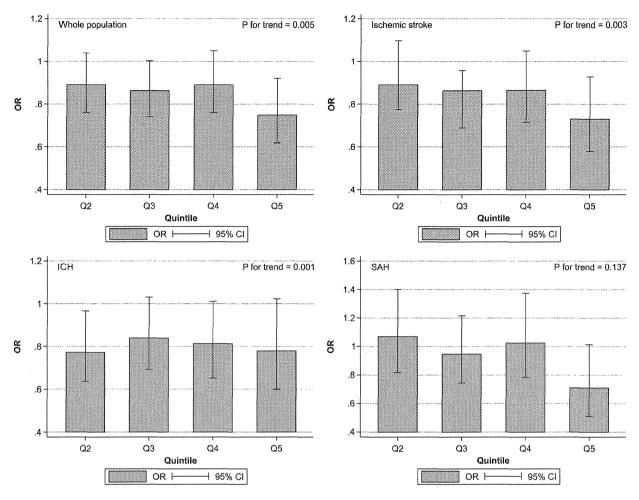


Figure 1. Associations between total comprehensive stroke care (CSC) scores separated into quintiles (Q1: 4–12, Q2: 13–14, Q3: 15–17, Q4: 18, Q5: 19–23) and in-hospital mortality of patients after all types of stroke (a), ischemic stroke (b), intracerebral hemorrhage (ICH) (c), and subarachnoid hemorrhage (SAH) (d), after adjustment for age and sex. Odds ratios (ORs) and 95% confidence intervals (Cls) of in-hospital mortality of each total CSC score quintile are depicted compared with that of Q1 as control. doi:10.1371/journal.pone.0096819.g001

rapidly improve the quality of stroke care delivered by hospitals, current metrics are mostly limited to process measures that address the care of patients with ischemic stroke in acute hospital-based settings [4]. In addition, there is a pressing need to demonstrate a direct link between better adherence to stroke performance measures and improved patient-oriented outcomes [4,24].

One potential issue with the interpretation of this study could be the lack of a control group. Although there is currently no clear consensus regarding the recommended criteria for CSCs in Japan, the present study distinctly shows that the CSC scores widely distributed in Figure 1 and classified into quintiles were significantly associated with in-hospital mortality for all types of stroke; in fact, mortality after all types of stroke markedly decreased, for example, in ischemic stroke cases by about 40% in hospitals in the highest quintile compared with those in the lowest quintile.

In the present study, our questionnaire was primarily based on the American definition of CSCs. However, according to the definitions derived from a European survey of experts in the field [25], facilities that meet the criteria for CSCs should include the capability to conduct sophisticated monitoring, such as automated electrocardiography (ECG) monitoring at bedside and automated monitoring of pulse oximetry, in addition to the numerous aspects of care capability indexed by the American definition of CSCs used in this study. According to the European approach, to meet the criteria for CSCs, hospitals should have the availability of at least 80% of the components rated as absolutely necessary by at least 50% of experts who participated in the previous expert survey; moreover, these components must be present in each of 6 categories and include the 19 components rated as absolutely necessary by >75% of experts. Based on the present results and an additional ongoing study using a validation cohort in Japan, the criteria for the designation of CSCs in Japan should be determined after further thorough discussion among Japanese stroke experts.

The present study demonstrated the feasibility and impact of using nationwide discharge data with hierarchical logistic regression analysis to examine the random effects that vary among hospitals, as well as the fixed effects of CSC score and patient effects of age, sex, and level of consciousness. We used unique hospital ID in random-intercept hierarchical regression models to assess the association between CSC score and mortality, adjusting

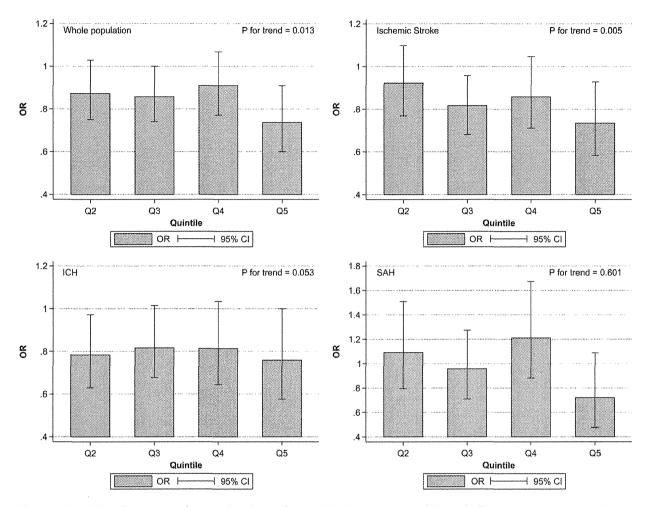


Figure 2. Associations between total comprehensive stroke care (CSC) scores separated into quintiles (Q1: 4–12, Q2: 13–14, Q3: 15–17, Q4: 18, Q5: 19–23) and in-hospital mortality of patients after all types of stroke (a), ischemic stroke (b), intracerebral hemorrhage (ICH) (c), and subarachnoid hemorrhage (SAH) (d), after adjustment for age; sex; initial level of consciousness; and incidence of hypertension, hyperlipidemia, and diabetes mellitus. Odds ratios (ORs) and 95% confidence intervals (Cls) of the in-hospital mortality of each total CSC score quintile are depicted compared with that of Q1 as control. doi:10.1371/journal.pone.0096819.g002

for patient characteristics and the hospital where a patient was treated.

This model adjusts for hospital-level effects that arise from factors such as geographical location and ageing of the local population. After adjustment, we can isolate the pure CSC score effects on mortality by hospital, as discussed by Localio et al. [26]. If the CSC score is no longer significant after accounting for hospital-level variation, the differences in mortality can be assumed to arise from differences among hospitals. This approach enabled us to elucidate the impact of various CSC metrics on inhospital mortality of patients with different stroke types. By expanding the scope of performance measures to include all types of stroke, the present study was able to direct links between specific recommended items of CSC capacities and in-hospital mortality after both hemorrhagic and ischemic stroke. While previous reports [7] showed that aspects of acute stroke care, such as admission to an SCU, the presence of an acute stroke team, and the organized stroke care index, were significantly associated with effects on in-hospital mortality after acute stroke, the present study clearly shows that the same is true for the CSC score based on the items recommended by the American Stroke Association.

Finally, one could argue that there really is no concept of 3/4 CSCs, but rather only CSCs or PSCs. In light of the existing evidence regarding the impact of the recommended CSC items on stroke outcomes, we advocate a CSC scoring system to examine the impact of availability of the recommended items on in-hospital mortality for all types of stroke. Considering the marked impact of the CSC score on outcome after all types of stroke, the differential impacts of CSC subcategory scores for different stroke types may make a single simple and effective CSC criterion unrealistic as a tool to produce a nationwide reduction in stroke mortality. In our opinion, it may be a more viable option to employ CSC scores in a more limited fashion, that is, to benchmark the state of care currently provided by medical centers treating stroke patients.

#### Limitations

First, the questionnaire used in this study is new and has not undergone pilot testing or systematic analysis; thus, its validity and reliability are uncertain. The current set of CSC score items does