

**Table 5** Multivariate analyses of factors associated with pulmonary complications

Factors	Objective variables	control	Odds ratio	95 % CI	<i>p</i> value
Smoking	Brinkman index $\geq 800$	Brinkman index $< 800$	2.23	1.14–4.35	0.019
Clinical T	T3, T4	T1, T2	1.83	0.84–3.95	0.127
Clinical N	N (+)	N (-)	1.21	1.21–2.63	0.630
Salvage esophagectomy	Yes	No	2.51	1.04–6.04	0.040
Bleeding (blood loss/body weight)			1.08	1.04–1.07	0.040

CI confidence interval

meta-analysis. However, there was a possibility that high-risk patients with severe obesity, severe respiratory impairment or uncontrolled diabetes mellitus were initially excluded from undergoing surgery.

A high level of blood loss and increased blood loss/body weight were associated with pulmonary complications in the present study. As shown in Table 6, only a few reports support the current observations on blood loss [13]. Most of the previous reports suggested that high blood loss was unrelated to the incidence of pulmonary complications. However, most of these studies were from Western countries, where most of the surgeries consisted of the Ivor-

Lewis procedure and transhiatal esophagectomy. These are considered to lead to less blood loss and to have lower invasiveness for the patient, compared with radical esophagectomy with wide lymph node dissection. Nakamura et al. [13] reported the results from patients who underwent radical subtotal esophagectomy with two- or three-field lymph node dissection. They reported that greater blood loss was associated with pulmonary complications. However, the association between blood loss/body weight and pulmonary complications after esophagectomy has never been investigated. We believe that the blood loss/body weight could reflect stress in a more

**Table 6** Summary of reports on pulmonary complications after esophagectomy

First author	Years	Number of patients	Data origin, period	Objectives	Incidence <i>n</i> (%)	Independent factors
Shiozaki [12]	2012	96	Single institution 2007–2009	Pneumonia, ARDS	20 (20.8)	FEV1 %, CRP, smoking history
Bakhos [1]	2012	220	2 Institutions 2002.1–2009.1	Pneumonia	52 (23.6)	Age, lack of a pyloric drainage procedure
Paul [2]	2011	112	Single institution 2003.1–2006.12	ARDS	15 (13.4)	Respiratory comorbidities, smoking, FEV1 % FiO2, perioperative inotrope use
Ferguson [3]	2011	516	Single institution 1980–2009	Pneumonia, respiratory insufficiency needing reintubation	197 (38.2)	Age, FEV1 %, DLCO %, PS (2–4), serum creatinine, smoking, thoracotomy
Zingg [4]	2011	858	5 institutions 1998–2008	Pneumonia, pleural effusion needing intervention, respiratory failure, ARDS	235 (27.4)	Smoking, number of comorbidities
Dhungel [7]	2010	1032	ACS-NSQIP database 2005–2008	Pneumonia, unplanned intubation	(27)	Diabetes, smoking, alcohol, operation time
Nakamura [13]	2008	184	Single institution 1991–2005	Pneumonia, respiratory failure requiring ventilation	36 (19.6)	Administering corticosteroids, blood loss greater than 630 mL, not providing respiratory physiotherapy
Law [14]	2004	421	Single institution 1990.1–2001.12	Pneumonia, respiratory failure	67 (15.9)	Age, length of operation, tumor location (upper)
Fang [15]	2003	441	Single institution 1986.1–1998.12	Pneumonia, respiratory failure, empyema, air leak prolonged $> 7$ days	32 (7.3)	History of major surgery, abnormal spirometry, chronic renal dysfunction
Avendano [16]	2002	61	Single institution 1994.1–2000.10	Pneumonia, chylothorax, ARDS	22 (36.1)	FEV1.0 % ( $< 65$ %)

ARDS acute respiratory distress syndrome, FEV forced expiratory volume, CRP C-reactive protein, FiO2 fraction of inspired oxygen, DLCO diffusion lung capacity for carbon monoxide, PS performance status

individual manner. In fact, the Estimation of Physiologic Ability and Surgical Stress (E-PASS) scoring system, which has been reported to be a predictor of post-surgical risk, adopts not blood loss, but blood loss/body weight as a parameter for surgical stress [31]. We, therefore, believe that these parameters should be considered when predicting the risk of pulmonary complications in such patients.

In the present study, there was no significant association between the length of the operation and pulmonary complications. Although we could not investigate the length of the thoracic operation due to missing data, the limited examination ( $n = 215$ ) suggested that it might have been a predictive factor for pulmonary complications. The relationship between the length of the thoracic operation and pulmonary complications has never been investigated. Although several authors have reported that the length of the operation might be a predictive factor [7, 14], we believe that the length of the thoracic operation under one-lung ventilation might be more important for estimating the risk of pulmonary complications. A long thoracic operation equates to a lot of manipulation of the right lung, and a longer unstable period under one-lung ventilation.

Pulmonary complications after salvage esophagectomy have been reported to be more common (29.6–44.0 %) than those after non-salvage esophagectomy. Moreover, high morbidity and mortality rates (7.4–22.2 %) have also been reported for salvage esophagectomy [32–36]. Preoperative radiotherapy can cause lung damage, and CRT sometimes causes dense fibrosis and thickening of the tissue in the irradiated area [37]. In the presence of radiation-induced fibrosis, it is difficult for surgeons to find the correct layer from which to detach the esophagus from the surrounding organs. Therefore, salvage esophagectomy requires a longer operation than non-salvage esophagectomy, and often results in excessive blood loss. Techniques to improve the procedural outcomes of salvage esophagectomy are currently being investigated [38].

A recent randomized controlled trial which compared MIE with open esophagectomy revealed that the rate of pulmonary infection within the first 2 weeks after surgery was lower in the minimally invasive group than in the open group [39]. In the current study, there were no differences in the incidence of pulmonary complications between the patients treated by the thoracoscopic approach and open esophagectomy. A systematic review of MIE showed that there was no strong trend toward decreased pulmonary complications with MIE [40, 41]. Therefore, whether MIE reduces the occurrence of postoperative pulmonary complications remains controversial. Three-field lymph node dissection is our standard surgical procedure, even in thoracoscopic esophagectomy. This might be the reason why the use of the thoracoscopic approach could not reduce the pulmonary complication rates in our patients.

In conclusion, the current study examined the frequency of pulmonary complications after subtotal esophagectomy with lymph node dissection, and investigated the risk factors for postoperative pulmonary complications. Patients with a history of heavy smoking, preoperative definitive chemoradiotherapy and high blood loss during surgery require careful pulmonary care, and should be carefully monitored during the perioperative period.

**Conflict of interest** Naoya Yoshida and the co-authors have no conflicts of interest to declare.

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