- [4] World Health Organization. Familial hypercholesterolaemia: report of a WHO consultation. Paris: World Health Organisation; 1997.
- Umans-Eckenhausen MAW, Defesche JC, Sijbrands EJG, Scheerder RLJM, Kastelein JJP. Review of first 5 years of screening for familial hypercholesterolaemia in the Netherlands Lancet 2001:357:165-8
- National Institute for Health and Clinical Excellence, The National Collaborating Centre for Primary Care. NICE clinical guideline 71: identification and management of familial hypercholesterolaemia; 2008.
- Civeira F. Guidelines for the diagnosis and management of heterozygous familial hypercholesterolaemia. Atherosclerosis 2004;173:55–68.
- Watts GF, Sullivan DR, Poplawski N, et al. Familial hypercholesterolaemia: a model
- of care for Australasia. Atheroscler Suppl 2011;12:221–63.
  [9] Goldberg AC, Hopkins PN, Toth PP, et al. Familial hypercholesterolemia: screening, diagnosis and management of pediatric and adult patients: clinical guidance from the National Lipid Association Expert Panel on Familial Hypercholesterolemia. Clin Lipidol 2011;5:133-40.
- [10] National Cholesterol Education Program (NCEP). Third Report of the National Cholesterol Education Program (NCEP) expert panel on detection, evaluation, and treatment of high blood cholesterol in adults (Adult Treatment Panel III) final report. Circulation 2002;106:3143-421.
- [11] Perk J, De Backer G, Gohlke H, et al. European Guidelines on cardiovascular disease prevention in clinical practice (version 2012). The Fifth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice (constituted by representatives of nine societies and by invited experts) developed with the special contribution of the European Association for Cardiovascular Prevention & Rehabilitation (EACPR), Eur Heart I 2012:33:1635-701.
- [12] Brunzell JD, Davidson M, Furberg CD, et al. Lipoprotein management in patients
- with cardiometabolic risk. Diabetes Care 2008;31:811–22.
  [13] Reiner Z, Catapano AL, De Backer G, et al. ESC/EAS Guidelines for the management of dyslipidaemias. The Task Force for the management of dyslipidaemias of the European Society of Cardiology (ESC) and the European Atherosclerosis Society (EAS). Eur Heart J 2011;32:1769–818.
- [14] International Atherosclerosis Society, IAS position paper: global recommendations for the management of dyslipidemia; 2013.
- [15] Nordestgaard BG, Chapman MJ, Humphries SE, et al. Familial hypercholesterolaemia is underdiagnosed and undertreated in the general population: guidance for clinicians to prevent coronary heart disease. Consensus statement of the European Atherosclerosis Society. Eur Heart J 2013:1–14.
- [16] Santos RD, Gagliardi ACM, Xavier HT, et al. Brazilian guidelines to familial hypercholesterolaemia (FH). Arq Bras Cardiol 2012;99:1–28.
- [17] Neil HAW, Hammond T, Huxley R, Matthews DR, Humphries SE. Extent of underdiagnosis of familial hypercholesterolaemia in routine practice; prospective registry study. Br Med J 2000;321:148.
- [18] Pijlman AH, Huijgen R, Verhagen SN, et al. Evaluation of cholesterol lowering treatment of patients with familial hypercholesterolemia: a large cross-sectional study in The Netherlands. Atherosclerosis 2010;209:189–94.
- [19] Descamps OS, Tenoutasse S, Stephenne X, et al. Management of familial hypercholesterolemia in children and young adults: consensus paper developed by a panel of lipidologists, cardiologists, paediatricians, nutritionists, gastroenterologists, general practitioners and a patient organization. Atherosclerosis 2011;218:272-80.
- [20] Daniels SR, Gidding SS, de Ferranti SD. Pediatric aspects of familial hypercholesterolemias: recommendations from the National Lipid Association Expert Panel on Familial Hypercholesterolemia. J Clin Lipidol 2011;5:S30–7.
- [21] Kusters DM, de Beaufort C, Widhalm K, et al. Paediatric screening for hypercholesterolaemia in Europe. Arch Dis Child 2012;97:272-6.
- [22] Harada-Shiba M, Arai H, Oikawa S, et al. Guidelines for the management of familial hypercholesterolemia, I Atheroscler Thromb 2012:19:1043-60.
- [23] World Health Organization. Building blocks for action innovative care for chronic conditions: global report; 2002.
- [24] Morris JK, Wald DS, Wald NJ. The evaluation of cascade testing for familial hyper-cholesterolemia. Am J Med Genet A 2011;158:78–84.
- [25] Bates TR, Burnett JR, van Bockxmeer FM, Hamilton S, Arnolda L, Watts GF. Detection of familial hypercholesterolaemia: a major treatment gap in preventative cardiology. Heart Lung Circ 2008;17:411-3.
- [26] Scientific Steering Committee on behalf of the Simon Broome Register Group. Risk of fatal coronary heart disease in familial hypercholesterolaemia. Br Med J 1991;303:893-6
- [27] Kirke A, Watts GF, Emery J. Detecting familial hypercholesterolaemia in general practice. Aust Fam Physician 2012;41:965-8.
- [28] Qureshi N, Humphries SE, Seed M, Rowlands P, Minhas R. NICE Guideline Development Group. Identification and management of familial hypercholesterolaemia:
- what does it mean to primary care? Br J Gen Pract 2009;59:773–8. [29] Tiyyagura SR, Smith DA. Standard lipid profile. Clin Lab Med 2006;26:707–32. [30] Bell DA, Hooper AJ, Bender R, et al. Opportunistic screening for familial hyperchoesterolaemia via a community laboratory. Ann Clin Biochem 2012;49:534-7.
- [31] Datta BN, McDowell IF, Rees A. Integrating provision of specialist lipid services with cascade testing for familial hypercholesterolaemia. Curr Opin Lipidol 2010:21:366-71
- [32] Raal FJ, Santos RD. Homozygous familial hypercholesterolemia: current perspectives on diagnosis and treatment. Atherosclerosis 2012;223:262-8.
- [33] UK HEART. FH Guideline Implementation Team Toolkit. www.heartuk.org.uk; 2010
- [34] World Health Organization. Familial hypercholesterolaemia. Report of a second WHO consultation. Geneva: World Health Organization; 1999.

- [35] Williams RR. Hunt SC, Schumacher MC, et al. Diagnosing heterozygous familial hypercholesterolemia using new practical criteria validated by molecular genetics. Am | Cardiol 1993;72:171-6.
- [36] Chow CK, Islam S, Bautista L, et al. Parental history and myocardial infarction risk across the world: the INTERHEART study. I Am Coll Cardiol 2011;57:619-27
- [37] Ritchie SK, Murphy EC-S, Ice C, et al. Universal versus targeted blood cholesterol screening among youth: the CARDIAC project. Pediatrics 2010;126:260–5.
- [38] Niu D-M, Chong K-W, Hsu J-H, et al. Clinical observations, molecular genetic analysis, and treatment of sitosterolemia in infants and children. I Inherit Metab Dis 2010;33:437-43.
- Veerkamp MJ, de Graaf J, Hendriks JCM, Demacker PNM, Stalenhoef AFH. Nomogram to diagnose familial combined hyperlipidemia on the basis of results of a 5-year follow-up study. Circulation 2004;109:2980-5.
- [40] Carmena R, Roy M, Roederer G, Minnich A, Davignon J. Coexisting dysbetalipoproteinemia and familial hypercholesterolemia: clinical and laboratory observations. Atherosclerosis 2000;148:113-24.
- [41] Ooi EMM, Barrett PHR, Watts GF. The extended abnormalities in lipoprotein metabolism in familial hypercholesterolemia: developing a new framework for future therapies. Int J Cardiol 2013;168:1811-8.
- [42] Jones PH, Davidson MH, Stein EA, et al. Comparison of the efficacy and safety of rosuvastatin versus atorvastatin, simvastatin, and pravastatin across doses (STELLAR Trial), Am I Cardiol 2003:92:152-60.
- [43] Jansen ACM, van Aalst-Cohen ES, Tanck MW, et al. The contribution of classical risk factors to cardiovascular disease in familial hypercholesterolaemia: data in 2400 patients. J Intern Med 2004;256:482-90.
- [44] Oosterveer DM, Versmissen J, Schinkel AF, Langendonk JG, Mulder M, Sijbrands EJ. Clinical and genetic factors influencing cardiovascular risk in patients with familial hypercholesterolemia. Clin Lipidol 2010;5:189-97.
- [45] Neefjes LA, Ten Kate G-JR, Rossi A, et al. CT coronary plaque burden in asymptomatic patients with familial hypercholesterolaemia, Heart 2011:97:1151-
- [46] Claassen L, Henneman L, Kindt I, Marteau TM, Timmermans DRM. Perceived risk and representations of cardiovascular disease and preventive behaviour in people diagnosed with familial hypercholesterolemia. J Health Psychol 2010:15:33-43.
- [47] Marteau T, Senior V, Humphries SE, et al. Psychological impact of genetic testing for familial hypercholesterolemia within a previously aware population: a randomized controlled trial. Am J Med Genet 2004;128A:285-93.
- [48] Junyent M, Gilabert R, Jarauta E, et al. Impact of low-density lipoprotein receptor mutational class on carotid atherosclerosis in patients with familial hypercholesterolemia. Atherosclerosis 2010;208:437-41.
- [49] Nordestgaard BG, Chapman MJ, Ray K, et al. Lipoprotein(a) as a cardiovascular risk
- factor: current status. Eur Heart J 2010;31:2844–53.
  Thanassoulis G, Campbell CY, Owens DS, et al. Genetic associations with valvular calcification and aortic stenosis. N Engl J Med 2012;368:503–12.
- [51] Stone NJ, Robinson J, Lichtenstein AH, et al. ACC/AHA guideline on the treatment of blood cholesterol to reduce atherosclerotic cardiovascular risk in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. Circulation 2013. http://dx.doi.org/10.1016/j.jacc.2013.11.002.
- [52] Lloyd-Jones DM. Cardiovascular risk prediction: basic concepts, current status, and future directions. Circulation 2010;121:1768-77.
- [53] Wiegman A, de Groot E, Hutten BA, et al. Arterial intima-media thickness in children heterozygous for familial hypercholesterolaemia. Lancet 2004;363:369-70.
- Vuorio A, Doherty KF, Humphries SE, Kuoppala J, Kovanen PT. Statin treatment of children with familial hypercholesterolemia - trying to balance incomplete evidence of long-term safety and clinical accountability: are we approaching a consensus? Atherosclerosis 2013;226:315-20.
- Greenland P, Alpert JS, Beller GA, et al. 2010 ACCF/AHA guideline for assessment of cardiovascular risk in asymptomatic adults: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. Circulation 2010;122:2748-64.
- [56] Den Ruijter HM, Peters SAE, Anderson TJ, et al. Common carotid intima-media thickness measurements in cardiovascular risk prediction: a meta-analysis carotid intima-media thickness and risk prediction. J Amer Med Assoc 2012:308:796-803
- [57] Smilde TJ, van Wissen S, Wollersheim H, Trip MD, Kastelein JJ, Stalenhoef AF. Effect of aggressive versus conventional lipid lowering on atherosclerosis progression in familial hypercholesterolaemia (ASAP): a prospective, randomised, double-blind trial. Lancet 2001;357:577-81.
- Clarke REJ, Padayachee ST, Preston R, et al. Effectiveness of alternative strategies to define index case phenotypes to aid genetic diagnosis of familial hypercholesterolaemia, Heart 2013:99:175-80
- Cho I, Chang H-J, Sung JM, et al. Coronary computed tomographic angiography and risk of all-cause mortality and nonfatal myocardial infarction in subjects without chest pain syndrome from the CONFIRM Registry (Coronary CT Angiography Evaluation for Clinical Outcomes: An International Multicenter Registry) clinical perspective. Circulation 2012;126:304-13.
- [60] Anderson TJ, Grégoire J, Hegele RA, et al. 2012 Update of the Canadian Cardiovascular Society guidelines for the diagnosis and treatment of dyslipidemia for the prevention of cardiovascular disease in the adult. Can J Cardiol 2013;29:151–67.
- [61] Huijgen R, Vissers MN, Kindt I, et al. Assessment of carotid atherosclerosis in normocholesterolemic individuals with proven mutations in the low-density lipoprotein receptor or apolipoprotein B genes. Circ Cardiovasc Genet 2011:4:413-7
- [62] Michos ED, Nasir K, Rumberger JA, et al. Relation of family history of premature coronary heart disease and metabolic risk factors to risk of coronary arterial calcium in asymptomatic subjects. Am J Cardiol 2005;95:655-7.

- [63] Engelen L, Ferreira I, Stehouwer CD, et al. Reference intervals for common carotid intima-media thickness measured with echotracking; relation with risk factors. Eur Heart J 2012. http://dx.doi.org/10.1093/eurheartj/ehs380.
- [64] Sijbrands E, Westendorp R, Defesche J, et al. Mortality over two centuries in large pedigree with familial hypercholesterolaemia: family tree mortality study. Br Med I 2001:322:1019-23
- [65] Thompson GR, Catapano A, Saheb S, et al. Severe hypercholesterolaemia: therapeutic goals and eligibility criteria for LDL apheresis in Europe. Curr Opin Lipidol 2010:21:492-8
- [66] Martin AC, Coakley J, Forbes DA, Sullivan DR, Watts GF. Familial hypercholesterolaemia in children and adolescents: a new paediatric model of care. J Paediatr Child Health 2013;49:E263-72.
- [67] McCrindle BW. Familial hypercholesterolemia in children and adolescents. Curr Opin Lipidol 2012;23:525-31.
- [68] Wiegman A, Rodenburg J, de Jongh S, et al. Family history and cardiovascular risk in familial hypercholesterolemia data in more than 1000 children. Circulation 2003;107:1473-8.
- [69] van der Graaf A, Avis HJ, Kusters DM, et al. Molecular basis of autosomal dominant hypercholesterolemia: assessment in a large cohort of hypercholesterolemic children. Circulation 2011;123:1167-73.
- [70] Langslet G, Ose L. Screening methods in the diagnosis and assessment of children and adolescents with familial hypercholesterolemia. Expert Rev Cardiovasc Ther 2013:11:1061-6.
- [71] Starr B, Hadfield G, Hutton BA, et al. Development of sensitive and specific age-and gender-specific low-density lipoprotein cholesterol cutoffs for diagnosis of firstdegree relatives with familial hypercholesterolaemia in cascade testing. Clin Chem Lab Med 2008;46:791–803.
- [72] Wald DS, Bestwick JP, Wald NJ. Child-parent screening for familial hypercholesterolaemia: screening strategy based on a meta-analysis. Br Med J 2007:335:599-603.
- [73] Freedman DS, Wang YC, Dietz WH, Xu J-H, Srinivasan SR, Berenson GS. Changes and variability in high levels of low-density lipoprotein cholesterol among children. Pediatrics 2010;126:266-73.
- Kavey R-EW, Allada V, Daniels SR, et al. Cardiovascular risk reduction in high-risk pediatric patients: a scientific statement from the American Heart Association expert panel on population and prevention science; the Councils on cardiovascular disease in the young, epidemiology and prevention, nutrition, physical activity and metabolism, high blood pressure research, cardiovascular nursing, and the kidney in heart disease; and the Interdisciplinary Working Group on quality of care and outcomes research. Circulation 2006;114:2710–38.
- [75] Gidding SS, Bookstein LC, Chomka EV. Usefulness of electron beam tomography in adolescents and young adults with heterozygous familial hypercholesterolemia. Circulation 1998:98:2580-3.
- [76] Urbina EM, Williams RV, Alpert BS, et al. Noninvasive assessment of subclinical atherosclerosis in children and adolescents: recommendations for standard assessment for clinical research: a scientific statement from the American Heart Association. Hypertension 2009;54:919–50.
- [77] Marks D, Wonderling D, Thorogood M, Lambert H, Humphries SE, Neil HAW. Cost effectiveness analysis of different approaches of screening for familial hypercholesterolaemia. Br Med | 2002;324:1303-9.
- [78] Ademi Z, Watts GF, Juniper A, Liew D. A systematic review of economic evaluations of the detection and treatment of familial hypercholesterolemia. Int J Cardiol 2013;167:2391-6.
- [79] Humphries SE, Norbury G, Leigh S, Hadfield SG, Nair D. What is the clinical utility of DNA testing in patients with familial hypercholesterolaemia? Curr Opin Lipidol 2008:19:362-8
- [80] Suthers GK, Armstrong J, McCormack J, Trott D. Letting the family know: balancing ethics and effectiveness when notifying relatives about genetic testing for a familial disorder. J Med Genet 2006;43:665–70.
- [81] Hadfield SG, Horara S, Starr BJ, et al. Family tracing to identify patients with Familial Hypercholesterolaemia: the second audit of the Department of Health familial hypercholesterolaemia cascade testing project. Ann Clin Biochem 2009:46:24-32.
- [82] Neil HAW, Hammond T, Mant D, Humphries SE. Effect of statin treatment for familial hypercholesterolaemia on life assurance: results of consecutive surveys in 1990 and 2002. Br Med J 2004;328:500-1.
- [83] Hollands G, Armstrong D, Macfarlane A, Crook M, Marteau T. Patient accounts of diagnostic testing for familial hypercholesterolaemia: comparing responses to genetic and non-genetic testing methods. BMC Med Genet 2012;13:87
- Suthers GK, McCusker EA, Wake SA. Alerting genetic relatives to a risk of serious inherited disease without a patient's consent. Med J Aust 2011;194:385–6.
- Taylor A, Wang D, Patel K, et al. Mutation detection rate and spectrum in familial hypercholesterolaemia patients in the UK pilot cascade project. Clin Genet 2010:77:572-80
- [86] Lombardi MP, Redeker EJW, van Gent DHM, Smeele KL, Weederstein R, Mannens MM. Molecular genetic testing for familial hypercholesterolaemia in the Netherlands: a stepwise screening strategy enhances the mutation detection rate. Genet Test 2006; 10:77-84.
- [87] Hooper AJ, Nguyen LT, Burnett JR, et al. Genetic analysis of familial hypercholesterolaemia in Western Australia. Atherosclerosis 2012;224:430-4.
- [88] Motazacker MM, Pirruccello J, Huijgen R, et al. Advances in genetics show the need for extending screening strategies for autosomal dominant hypercholesterolaemia. Eur Heart J 2012;33:1360-6.
- [89] Ahmad Z, Adams-Huet B, Chen C, Garg A. Low prevalence of mutations in known loci for autosomal dominant hypercholesterolemia in a multiethnic patient cohort. Circ Cardiovasc Genet 2012;5:666-75.

- [90] Talmud PJ, Shah S, Whittall R, et al. Use of low-density lipoprotein cholesterol gene score to distinguish patients with polygenic and monogenic familial hypercholesterolaemia: a case-control study. The Lancet 2013;381:13-9.
- [91] Nherera L, Marks D, Minhas R, Thorogood M, Humphries SE. Probabilistic cost-effectiveness analysis of cascade screening for familial hypercholesterolaemia using alternative diagnostic and identification strategies. Heart 2011;97:1175-81.
- European Society of Human Genetics. Genetic testing in asymptomatic minors: recommendations of the European Society of Human Genetics. Eur J Hum Genet 2009;17:720-1
- [93] Khoury MJ, Coates RJ, Evans JP. Evidence-based classification of recommendations on use of genomic tests in clinical practice: dealing with insufficient evidence. Genet Med 2010:12:680-3
- [94] National Institute for Health and Clinical Excellence. Elucigene FH20 and LIPOchip for the diagnosis of familial hypercholesterolaemia; 2011.
- [95] Taylor A, Martin B, Wang D, Patel K, Humphries SE, Norbury G. Multiplex ligationdependent probe amplification analysis to screen for deletions and duplications of the LDLR gene in patients with familial hypercholesterolaemia. Clin Genet 2009:76:69-75
- [96] Usifo E, Leigh SEA, Whittall RA, et al. Low-density lipoprotein receptor gene familial hypercholesterolemia variant database: update and pathological assessment. Ann Hum Genet 2012:76:387-401.
- [97] Robinson JG, Goldberg AC. Treatment of adults with familial hypercholesterolemia and evidence for treatment: recommendations from the National Lipid Association
- Expert Panel on Familial Hypercholesterolemia. J Clin Lipidol 2011;5:S18–29. [98] Watts GF, Juniper A, van Bockxmeer F, Ademi Z, Liew D, O'Leary P. Familial hypercholesterolaemia: a review with emphasis on evidence for treatment, new models of care and health economic evaluations. Int J Evid Based Healthc 2012;10:211-21
- [99] Chapman MJ, Ginsberg HN, Amarenco P, et al. Triglyceride-rich lipoproteins and high-density lipoprotein cholesterol in patients at high risk of cardiovascular disease: evidence and guidance for management. Eur Heart J 2011;32:1345-61.
- [100] Broekhuizen K, Gm JJ, Mireille van Poppel NM, Lj LK, Brug J, van Mechelen W. Is the process of delivery of an individually tailored lifestyle intervention associated with improvements in LDL cholesterol and multiple lifestyle behaviours in people with familial hypercholesterolemia? BMC Public Health 2012;12:348.
- [101] Lichtenstein AH, Appel LJ, Brands M, et al. Diet and lifestyle recommendations revision 2006: a scientific statement from the American Heart Association Nutrition Committee. Circulation 2006;114:82-96.
- [102] Gidding SS, Lichtenstein AH, Faith MS, et al. Implementing American Heart Association pediatric and adult nutrition guidelines: a scientific statement from the American Heart Association Nutrition Committee of the Council on nutrition, physical activity and metabolism, Council on cardiovascular disease in the young, Council on arteriosclerosis, thrombosis and vascular biology, Council on cardiovascular nursing, Council on epidemiology and prevention, and Council for high blood pressure research. Circulation 2009;119:1161–75.
- [103] Artinian NT, Fletcher GF, Mozaffarian D, et al. Interventions to promote physical activity and dietary lifestyle changes for cardiovascular risk factor reduction in adults: a scientific statement from the American Heart Association. Circulation 2010;122:406-41.
- [104] Eckel RH, Jakicic JM, Ard JD, et al. AHA/ACC guideline on lifestyle management to reduce cardiovascular risk: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. J Am Coll Cardiol 2013. http://dx.doi.org/10.1016/j.jacc.2013.11.003.
  [105] Estruch R, Ros E, Salas-Salvadó J, et al. Primary prevention of cardiovascular disease
- with a Mediterranean diet. N Engl J Med 2013;368:1279-90.
- [106] Moruisi KG, Oosthuizen W, Opperman AM. Phytosterols/stanols lower cholesterol concentrations in familial hypercholesterolemic subjects: a systematic review with meta-analysis. J Am Coll Nutr 2006;25:41–8.
- [107] Mancia G, Fagard R, Narkiewicz K, et al. 2013 ESH/ESC Guidelines for the management of arterial hypertension: The Task Force for the management of arterial hypertension of the European Society of Hypertension (ESH) and of the European Society of Cardiology (ESC). Blood Press 2013;22:193–278.
- [108] Jensen MD, Ryan DH, Hu FB, et al. AHA/ACC/TOS guideline for the management of overweight and obesity in adults. Obesity 2013. http://dx.doi.org/10.1016/ .jacc.2013.11.004.
- [109] Descamps OS, de Meester A, Cheron P, Kastelein JJ, Heller FR. Silent ischaemia in familial hypercholesterolemia. Atheroscler Suppl 2003;4:7-8.
- [110] Haas L, Maryniuk M, Beck J, et al. National standards for diabetes self-management education and support. Diabetes Care 2013;36:S100–8.
- [111] Cholesterol Treatment Trialists' (CTT) Collaboration. Efficacy and safety of more intensive lowering of LDL cholesterol: a meta-analysis of data from 170 000 partic-
- ipants in 26 randomised trials. Lancet 2010;376:1670–81. [112] Versmissen J, Oosterveer DM, Yazdanpanah M, et al. Efficacy of statins in familial hypercholesterolaemia: a long term cohort study. Br Med J 2008;337:a2423.
- [113] Neil A, Cooper J, Betteridge J, et al. Reductions in all-cause, cancer, and coronary mortality in statin-treated patients with heterozygous familial hypercholesterolae-mia: a prospective registry study. Eur Heart J 2008;29:2625–33.
- [114] Harada-Shiba M, Sugisawa T, Makino H, et al. Impact of statin treatment on the clinical fate of heterozygous familial hypercholesterolemia. J Atheroscler Thromb 2010:17:667-74.
- [115] Raal FJ, Pilcher GJ, Panz VR, et al. Reduction in mortality in subjects with homozygous familial hypercholesterolemia associated with advances in lipid-lowering therapy. Circulation 2011;124:2202-7.

- [116] Elis A, Zhou R, Stein EA. Effect of lipid-lowering treatment on natural history of heterozygous familial hypercholesterolemia in past three decades. Am J Cardiol 2011:108:223-6
- [117] Alonso R, Fernandez de Bobadilla J, Mendez I, Lazaro P, Mata N, Mata P. Costeffectiveness of managing familial hypercholesterolemia using atorvastatin-based
- preventive therapy. Rev Esp Cardiol 2008;61:382–93.
  [118] Nherera L, Calvert NW, DeMott K, et al. Cost-effectiveness analysis of the use of a high-intensity statin compared to a low-intensity statin in the management of patients with familial hypercholesterolaemia. Curr Med Res Opin 2010;26:529-36.
- [119] National Institute for Health and Clinical Excellence. Ezetimibe for the treatment of primary (heterozygous-familial and non-familial) hypercholesterolaemia. NICE Technology Appraisal Guidance 2010 [http://www.nice.org.uk/nicemedia/live/ 11886/38799/38799.pdf].
- [120] Hamilton-Craig I, Kostner K, Colquhoun D, Woodhouse S. Combination therapy of statin and ezetimibe for the treatment of familial hypercholesterolaemia. Vasc Health Risk Manag 2010;6:1023-37.
- [121] Toth PP. Drug treatment of hyperlipidaemia: a guide to the rational use of lipidlowering drugs. Drugs 2010;70:1363-79.
- [122] Chapman MJ, Redfern JS, McGovern ME, Giral P. Niacin and fibrates in atherogenic dyslipidemia: pharmacotherapy to reduce cardiovascular risk. Pharmacol Ther 2010:126:314-45.
- [123] Kane JP, Malloy MJ, Ports TA, Phillips NR, Diehl JC, Havel RJ. Regression of coronary atherosclerosis during treatment of familial hypercholesterolemia with combined drug regimens. JAMA 1990;264:3007–12.
- [124] Yamashita S, Matsuzawa Y. Where are we with probucol: a new life for an old drug? Atherosclerosis 2009;207:16-23.
- [125] Gagné C, Gaudet D, Bruckert E. Efficacy and safety of ezetimibe coadministered with atorvastatin or simvastatin in patients with homozygous familial hypercholesterolemia. Circulation 2002; 105:2469-75.
- [126] Cuchel M, Meagher EA, du Toit Theron H, et al. Efficacy and safety of a microsomal triglyceride transfer protein inhibitor in patients with homozygous familial hypercholesterolaemia: a single-arm, open-label, phase 3 study. Lancet 2013:381:40-6
- [127] Raal FJ, Santos RD, Blom DJ, et al. Mipomersen, an apolipoprotein B synthesis inhibitor, for lowering of LDL cholesterol concentrations in patients with homozygous familial hypercholesterolaemia: a randomised, double-blind, placebo-controlled trial. Lancet 2010;375:998-1006.
- [128] Bates TR, Connaughton VM, Watts GF. Non-adherence to statin therapy: a major challenge for preventive cardiology. Expert Opin Pharmacother 2009:10:2973-85
- [129] Senior V, Marteau T, Weinman J. Self-reported adherence to cholesterol-lowering medication in patients with familial hypercholesterolaemia: the role of illness perceptions. Cardiovasc Drugs Ther 2004;18:475-81.
- [130] McKenney JM, Davidson MH, Jacobson TA, Guyton JR. Final conclusions and recommendations of the National Lipid Association Statin Safety Assessment Task Force. Am J Cardiol 2006;97:S89-94.
- [131] Ridker PM, Pradhan A, MacFadyen JG, Libby P, Glynn RJ. Cardiovascular benefits and diabetes risks of statin therapy in primary prevention: an analysis from the JUPITER trial. Lancet 2012;380:565–71.
- [132] Thompson PD, Clarkson PM, Rosenson RS. An assessment of statin safety by muscle experts. Am J Cardiol 2006;97:S69-76.
- [133] Venero CV, Thompson PD. Managing statin myopathy. Endocrinol Metab Clin North Am 2009;38:121–36.
- [134] Eckel RH. Approach to the patient who is intolerant of statin therapy. J Clin Endocrinol Metab 2010;95:2015-22.
- [135] Davidson MH, Armani A, McKenney JM, Jacobson TA. Safety considerations with fibrate therapy. Am J Cardiol 2007;99:S3–S18.
- [136] Bottorff MB. Statin safety and drug interactions: clinical implications. Am J Cardiol 2006;97:S27-31.
- [137] Mampuya WM, Frid D, Rocco M, et al. Treatment strategies in patients with statin intolerance: the Cleveland Clinic experience. Am Heart J 2013;166:597–603.
- [138] Guyton JR, Goldgerg AC. Bile acid sequestrants. In: Ballantyne CM, editor. Clinical lipidology: a companion to Braunwald's heart disease. Philadelphia: Saunders Elsevier; 2009. p. 281-314.
- [139] Guyton JR, Bays HE. Safety considerations with niacin therapy. Am J Cardiol 2007;99:S22-31.
- [140] Haynes R, Jiang L, Hopewell JC, et al. HPS2-THRIVE randomized placebo-controlled trial in 25 673 high-risk patients of ER niacin/laropiprant: trial design, pre-specified muscle and liver outcomes, and reasons for stopping study treatment. Eur Heart J 2013;34:1279-91.
- [141] Harper CR, Jacobson TA. Managing Dyslipidemia in Chronic Kidney Disease. J Am Coll Cardiol 2008;51:2375-84.
- [142] Thorogood M, Seed M, De Mott K; Guideline Development Group. Management of fertility in women with familial hypercholesterolaemia: summary of NICE guidance. Br J Obstet Gynaecol 2009;116:478-9.
- [143] Lidegaard Ø, Løkkegaard E, Jensen A, Skovlund CW, Keiding N. Thrombotic stroke and myocardial infarction with hormonal contraception. N Engl J Med 2012:366:2257-66
- [144] Kusters DM, Lahsinoui HH, van de Post JAM, et al. Statin use during pregnancy: a systematic review and meta-analysis. Expert Rev Cardiovasc Ther 2012; 10:363–78. [145] van der Graaf A, Vissers MN, Gaudet D, et al. Dyslipidemia of mothers with familial
- hypercholesterolemia deteriorates lipids in adult offspring. Arterioscler Thromb Vasc Biol 2010;30:2673-7.
- [146] Ito MK, McGowan MP, Moriarty PM. Management of familial hypercholesterolemias in adult patients: recommendations from the National Lipid Association Expert Panel on Familial Hypercholesterolemia. 2011;5:S38–45.

- [147] Santen RJ, Allred DC, Ardoin SP, et al. Postmenopausal hormone therapy: an Endocrine Society scientific statement. J Clin Endocrinol Metab 2010;95:s1-s66.
- [148] Løkkegaard E, Andreasen AH, Jacobsen RK, Nielsen LH, Agger C, Lidegaard Ø. Hormone therapy and risk of myocardial infarction: a national register study. Eur Heart J 2008;29:2660-8.
- [149] Rodenburg J, Vissers MN, Wiegman A, et al. Statin treatment in children with familial hypercholesterolemia: the younger, the better. Circulation 2007:116:664-8.
- [150] Avis HJ, Vissers MN, Stein EA, et al. A systematic review and meta-analysis of statin therapy in children with familial hypercholesterolemia, Arterioscler Thromb Vasc Biol 2007;27:1803-10.
- [151] Vuorio A, Kuoppala J, Kovanen PT, et al. Statins for children with familial hypercholesterolemia. Cochrane Database Syst Rev 2010(7) [Art. No.: CD006401]
- [152] McCrindle BW, Urbina EM, Dennison BA, et al. Drug therapy of high risk lipid abnormalities in children and adolescents. Circulation 2007;115:1–20.
- [153] Braamskamp MJAM, Wijburg FA, Wiegman A. Drug therapy of hypercholesterolaemia in children and adolescent. Drugs 2012;72:759-72.
- [154] Hammond E, Watts GF, Rubinstein Y, et al. Role of international registries in enhancing the care of familial hypercholesterolaemia. Int J Evid Based Healthc 2013:11:134-9
- Amundsen AL, Ose L, Nenseter MS, Ntanios FY. Plant sterol ester-enriched spread lowers plasma total and LDL cholesterol in children with familial hypercholesterolemia. Am I Clin Nutr 2002:76:338-44.
- [156] Stefanutti C, Julius U. Lipoprotein apheresis: state of the art and novelties. Atheroscler Suppl 2013;14:19-27.
- [157] Szczepiorkowski ZM, Winters JL, Bandarenko N, et al. Guidelines on the use of therapeutic apheresis in clinical practice — evidence-based approach from the apheresis applications committee of the American Society for Apheresis. J Clin Apher 2010:25:83-177
- [158] Thompson GR. The evidence-base for the efficacy of lipoprotein apheresis in combating cardiovascular disease. Atheroscler Suppl 2013;14:67–70.
   [159] Thompson GR; HEART-UK LDL Apheresis Working Group. Recommendations for
- the use of LDL apheresis. Atherosclerosis 2008;198:247-55.
- [160] Health Quality Ontario. Low-density lipoprotein apheresis: an evidence-based
- analysis. Ont Health Technol Assess Ser 2007;7:1–101. [161] Schettler V, Neumann CL, Hulpke-Wette M, Hagenah GC, Schulz EG, Wieland E. Current view: indications for extracorporeal lipid apheresis treatment. Clin Res Cardiol Suppl 2012;7:15-9.
- [162] Leebmann J, Roseler E, Julius U, et al. Lipoprotein apheresis in patients with maximally tolerated lipid lowering therapy, Lp(a)-Hyperlipoproteinemia and progressive cardiovascular disease: prospective observational multicenter study. Circulation 2013;128:2567-76.
- [163] Hudgins LC, Kleinman B, Scheuer A, White S, Gordon BR. Long-term safety and efficacy of low-density lipoprotein apheresis in childhood for homozygous familial hypercholesterolemia. Am J Cardiol 2008;102:1199–204.
- [164] Palcoux J-B, Atassi-Dumont M, Lefevre P, et al. Low-density lipoprotein apheresis in children with familial hypercholesterolemia: follow-up to 21 years. Ther Apher Dial 2008:12:195-201.
- [165] Stefanutti C, Lanti A, Di Giacomo S, et al. Therapeutic apheresis in low weight patients: technical feasibility, tolerance, compliance, and risks. Transfus Apher Sci 2004:31:3-10.
- [166] Grasdal A, Bogsrud MP, Holven KB, et al. Apheresis in homozygous familial hyper-cholesterolemia: the results of a follow-up of all Norwegian patients with homozygous familial hypercholesterolemia. J Clin Lipidol 2012;6:331-9.
- [167] Kolansky DM, Cuchel M, Clark BJ, et al. Longitudinal evaluation and assessment of cardiovascular disease in patients with homozygous familial hypercholesterolemia. Am J Cardiol 2008;102:1438-43.
- [168] Vogt A, Parhofer KG. The potential of mipomersen, an ApoB synthesis inhibitor, to reduce necessity for LDL-apheresis in patients with heterozygous familial hypercholesterolemia and coronary artery disease. Expert Opin Pharmacother 2013:14:691-7
- [169] Hovingh GK, Davidson MH, Kastelein JJP, O'Connor AM. Diagnosis and treatment of
- familial hypercholesterolaemia. Eur Heart J 2013;34:962–71.
  [170] Wierzbicki AS, Viljoen A, Hardman TC, Mikhailidis DP. New therapies to reduce low-density lipoprotein cholesterol. Curr Opin Cardiol 2013;28:452–7.
- [171] Moini M, Mistry P, Schilsky ML. Liver transplantation for inherited metabolic disorders of the liver. Curr Opin Organ Tran 2010;15:269–76. [172] Maiorana A, Nobili V, Calandra S, et al. Preemptive liver transplantation in a child
- with familial hypercholesterolemia. Pediatr Transplant 2011;15:E25–9.
- [173] Nemati MH, Astaneh B. Optimal management of familial hypercholesterolemia: treatment and management strategies. Vasc Health Risk Manag 2010:6:1079-88.
- [174] Ibrahim M, El-Hamamsy I, Barbir M, Yacoub MH. Translational lessons from a case of combined heart and liver transplantation for familial hypercholesterolemia 20 years post-operatively. J Cardiovasc Transl Res 2012;5:351-8.
- [175] Buchwald H, Rudser KD, Williams SE, Michalek VN, Vagasky J, Connett JE. Overall mortality, incremental life expectancy, and cause of death at 25 years in the program on the surgical control of the hyperlipidemias. Ann Surg 2010;251:1034-40.
- [176] Marais AD, Firth JC, Blom DJ. Homozygous familial hypercholesterolemia and its management, Semin Vasc Med 2004:4:43.50.
- [177] Al-Allaf F, Coutelle C, Waddington S, David A, Harbottle R, Themis M. LDLR-Gene therapy for familial hypercholesterolaemia: problems, progress, and perspectives. Int Arch Med 2010:3:36.
- [178] Kassim SH, Li H, Bell P, et al. Adeno-associated virus serotype 8 gene therapy leads to significant lowering of plasma cholesterol levels in humanized mouse models of

- homozygous and heterozygous familial hypercholesterolemia. Hum Gene Ther 2013:24:19-26
- [179] Marais AD, Blom DJ. Recent advances in the treatment of homozygous familial hypercholesterolaemia. Curr Opin Lipidol 2013;24:288–94.
- [180] Seidah NG. Proprotein convertase subtilisin kexin 9 (PCSK9) inhibitors in the treatment of hypercholesterolemia and other pathologies. Curr Pharm Des 2013;19:3161–72.
- [181] Stein EA, Gipe D, Bergeron J, et al. Effect of a monoclonal antibody to PCSK9, REGN727/ SAR236553, to reduce low-density lipoprotein cholesterol in patients with heterozygous familial hypercholesterolaemia on stable statin dose with or without ezetimibe therapy: a phase 2 randomised controlled trial. Lancet 2012;380:29–36.
- [182] McKenney JM, Koren MJ, Kereiakes DJ, Hanotin C, Ferrand A-C, Stein EA. Safety and efficacy of a monoclonal antibody to proprotein convertase subtilisin/kexin Type 9 serine protease, SAR236553/REGN727, in patients with primary hypercholesterolemia receiving ongoing stable atorvastatin therapy. J Am Coll Cardiol 2012;59:2344–53.
- [183] Stein EA, Mellis S, Yancopoulos GD, et al. Effect of a monoclonal antibody to PCSK9 on LDL cholesterol. N Engl J Med 2012;366:1108–18.
- [184] Raal F, Scott R, Somaratne R, et al. Low-density lipoprotein cholesterollowering effects of AMG 145, a monoclonal antibody to proprotein convertase subtilisin/kexin Type 9 serine protease in patients with heterozygous familial hypercholesterolemiaclinical perspective. The reduction of LDL-C with PCSK9 nhibition in heterozygous familial hypercholesterolemia disorder (RUTHERFORD) randomized trial. Circulation 2012:126:2408–17.
- [185] Giugliano RP, Desai NR, Kohli P, et al. Efficacy, safety, and tolerability of a monoclonal antibody to proprotein convertase subtilisin/kexin Type 9 in combination with a statin in patients with hypercholesterolaemia (LAPLACE-TIMI 57): a randomised, placebo-controlled, dose-ranging, phase 2 study. Lancet 2012;380:2007–17.
- placebo-controlled, dose-ranging, phase 2 study. Lancet 2012;380:2007–17.

  [186] Koren MJ, Scott R, Kim JB, et al. Efficacy, safety, and tolerability of a monoclonal antibody to proprotein convertase subtilisin/kexin Type 9 as monotherapy in patients with hypercholesterolaemia (MENDEL): a randomised, double-blind, placebo-controlled, phase 2 study. Lancet 2012;380:1995–2006.
- [187] Stein EA, Honarpour N, Wasserman SM, Xu F, Scott R, Raal FJ. Effect of the PCSK9 monoclonal antibody, AMG 145, in homozygous familial hypercholesterolemia. Circulation 2013;128:2113–20.
- [188] Visser ME, Witztum JL, Stroes ESG, Kastelein JJP. Antisense oligonucleotides for the treatment of dyslipidaemia. Eur Heart J 2012;33:1451–8.
- [189] Stein EA, Dufour R, Gagne C, et al. Apolipoprotein B synthesis inhibition with mipomersen in heterozygous familial hypercholesterolemiaclinical perspective results of a randomized, double-blind, placebo-controlled trial to assess efficacy and safety as add-on therapy in patients with coronary artery disease. Circulation 2012;126:2283–92.
- [190] McGowan MP, Tardif J-C, Ceska R, et al. Randomized, placebo-controlled trial of mipomersen in patients with severe hypercholesterolemia receiving maximally tolerated lipid-lowering therapy. PLoS One 2012;7:e49006.
- [191] Cuchel M, Rader DJ. Microsomal transfer protein inhibition in humans. Curr Opin Lipidol 2013;24:246–50.
- [192] Sullivan D, Olsson AG, Scott R, et al. Effect of a monoclonal antibody to PCSK9 on low-density lipoprotein cholesterol levels in statin-intolerant patients. The GAUSS randomized trial AMG145 in statin-intolerant patients. JAMA 2012;308:2497–506.

- [193] Avis HJ, Kusters DM, Vissers MN, et al. Follow-up of children diagnosed with familial hypercholesterolemia in a national genetic screening program. J Pediatr 2012;161:99–103.
- [194] Hadfield SG, Horara S, Starr BJ, et al. Are patients with familial hypercholesterolaemia well managed in lipid clinics? An audit of eleven clinics from the Department of Health familial hypercholesterolaemia cascade testing project. Ann Clin Biochem 2008;45:199–205.
- [195] Pedersen KMV, Humphries SE, Roughton M, Besford JS. The National Audit of the Management of Familial Hypercholesterolaemia 2010: full report. Clinical Standards Department, Royal College of Physicians; 2010.
- cal Standards Department, Royal College of Physicians; 2010.
  [196] Goldberg AC, Robinson JG, Cromwell WC, Ross JL, Ziajka PE. Future issues, public policy, and public awareness of familial hypercholesterolemias: recommendations from the National Lipid Association Expert Panel on Familial Hypercholesterolemia. J Clin Lipidol 2011;5:S46–51.
- [197] Aarden E, Van Hoyweghen I, Horstman K. The paradox of public health genomics: definition and diagnosis of familial hypercholesterolaemia in three European countries. Scand J Public Health 2011;39:634–9.
- [198] Mata N, Alonso R, Badimón L, et al. Clinical characteristics and evaluation of LDLcholesterol treatment of the Spanish familial hypercholesterolemia longitudinal cohort study (SAFEHEART). Lipids Health Dis 2011;10:94.
- [199] Bairey Merz CN, Alberts MJ, Balady GJ, et al. ACCF/AHA/ACP 2009 competence and training statement: a curriculum on prevention of cardiovascular disease. J Am Coll Cardiol 2009;54:1336–63.
- [200] Mata N, Alonso R, Banegas JR, Zambon D, Brea A, Mata P. Quality of life in a cohort of familial hypercholesterolemia patients from the south of Europe. Eur J Public Health 2012. http://dx.doi.org/10.1093/euroub/c/ss174
- Health 2012. http://dx.doi.org/10.1093/eurpub/cks174.

  [201] Bell DA, Garton-Smith J, Vickery A, et al. Familial hypercholesterolaemia in primary care: knowledge and practices among general practitioners in western Australia. Heart Lung Circ 2013. http://dx.doi.org/10.1016/j.hlc.2013.08.005.
- [202] Stephenson SH, Larrinaga-Shum S, Hopkins PN. Benefits of the MEDPED treatment support program for patients with familial hypercholesterolemia. J Clin Lipidol 2009;3:94–100.
- [203] Allen JK, Himmelfarb CRD, Szanton SL, Frick KD. Cost-effectiveness of nurse practitioner/community health worker care to reduce cardiovascular health disparities. J Cardiovasc Nurs 2013; http://europepmc.org/abstract/MED/23635809.
- [204] Ross J. Educating patients about familial hypercholesterolemia: the role of the cardiovascular nurse. J Cardiovasc Nurs 2013;28:102.
- [205] Maron DJ, Boden WE, Weintraub WS, O'Rourke RA. Is optimal medical therapy as used in the COURAGE trial feasible for widespread use? Curr Treat Options Cardiovasc Med 2011;13:16–25.
- [206] Aatre RD, Day SM. Psychological Issues in genetic testing for inherited cardiovascular diseases. Circ Cardiovasc Genet 2011:4:81–90
- lar diseases. Circ Cardiovasc Genet 2011;4:81–90.

  [207] Krass I, Walker AT, Watts GF. Detection and care of familial hypercholesterolaemia in the community: is there a role for the pharmacist? Int J Clin Pharm 2012;34:501–5.
- [208] Watts GF, Sullivan DR, van Bockxmeer FM, et al. A new model of care for familial hypercholesterolaemia: what is the role of cardiology? Heart Lung Circ 2012;21:543-50
- [209] Califf RM, Peterson ED, Gibbons RJ, et al. Integrating quality into the cycle of therapeutic development. J Am Coll Cardiol 2002;40:1895–901.

# Effects of Evolocumab (AMG 145), a Monoclonal Antibody to PCSK9, in Hypercholesterolemic, Statin-Treated Japanese Patients at High Cardiovascular Risk

- Primary Results From the Phase 2 YUKAWA Study -

Atsushi Hirayama; Narimon Honarpour; Masayuki Yoshida; Shizuya Yamashita; Fannie Huang; Scott M. Wasserman; Tamio Teramoto

**Background:** YUKAWA is a 12-week, randomized, double-blind, placebo-controlled, phase 2 study evaluating the efficacy and safety of evolocumab (AMG 145) in statin-treated Japanese patients at high cardiovascular risk.

Methods and Results: 310 eligible patients receiving stable statin (±ezetimibe) therapy were randomized to 1 of 6 treatments: placebo every 2 weeks (Q2W) or monthly (QM), evolocumab 70 mg or 140 mg Q2W, or evolocumab 280 mg or 420 mg QM. The primary endpoint was the percentage change from baseline in low-density lipoprotein cholesterol (LDL-C) measured by preparative ultracentrifugation (UC). Secondary endpoints included percentage changes in other lipid parameters and the proportion of patients with LDL-C <1.8 mmol/L. Mean (SD) age was 62 (10) years; 37% were female; and the mean (SD) baseline LDL-C was 3.7 (0.5) mmol/L (by UC). Mean (SE) changes vs. placebo in LDL-C were greatest in the high-dose groups: -68.6 (3.0) % and -63.9 (3.2) % with 140 mg Q2W and 420 mg QM dosing, respectively. Up to 96% of evolocumab-treated patients achieved LDL-C <1.8 mmol/L. Adverse events (AEs) were more frequent in evolocumab (51%) vs. placebo (38%) patients; 4 patients taking evolocumab discontinued treatment because of an AE. There were no significant differences in AE rates based on dose or dose frequency.

**Conclusions:** In Japanese patients at high cardiovascular risk with hypercholesterolemia on stable statin therapy, evolocumab significantly reduced LDL-C and was well tolerated during this 12-week study. (*Circ J* 2014; **78:** 1073–1082)

Key Words: Dyslipidemia; Hypercholesterolemia; Low-density lipoprotein cholesterol; PCSK9 antibody

ardiovascular disease (CVD) remains the leading cause of death globally, with over 17 million deaths per year.¹ In Japan, CVD-associated deaths from heart disease and stroke are the second and third highest causes of death, respectively.² The incidence of coronary artery disease (CAD), a leading contributor to CVD incidence, increases in Japanese patients as low-density lipoprotein cholesterol (LDL-C) levels rise.³.⁴ Although treatment with statins lowers the risk of CVD events,⁵-10 high-risk patients may still fail to reach LDL-C goals,¹ leaving them vulnerable to subsequent

cardiovascular events. Nearly half of the high-risk Japanese patients have not reached their Japan Atherosclerosis Society (JAS)-guideline LDL-C goal. 11,12

Proprotein convertase subtilisin/kexin type 9 (PCSK9) is a secreted protein that binds to the LDL receptor (LDLR), preventing it from recycling to the cell surface.<sup>13</sup> This results in less available LDLR and higher circulating LDL-C levels.<sup>13</sup> Inhibition of PCSK9 with anti-PCSK9 antibodies increases hepatic LDLR recycling, which enhances LDL-C clearance from the serum.<sup>14,15</sup> Evolocumab is a fully human monoclonal antibody

Received February 2, 2014; revised manuscript received March 11, 2014; accepted March 13, 2014; released online March 21, 2014 Time for primary review: 18 days

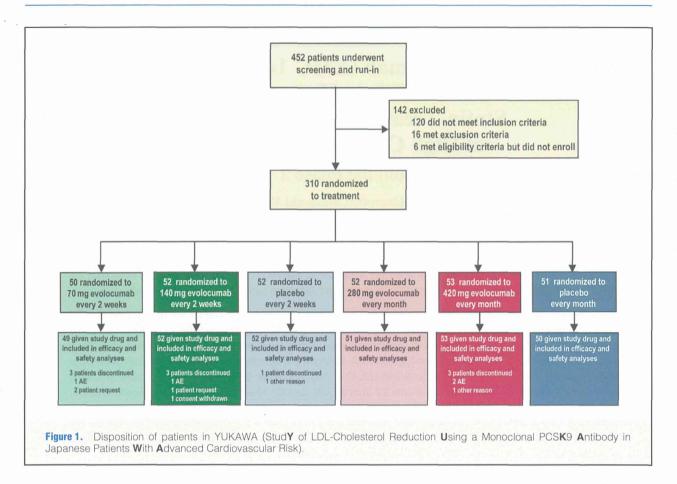
Division of Cardiology, Department of Medicine, Nihon University School of Medicine, Tokyo, Japan (A.H.); Clinical Development (N.H., S.M.W.), Biostatistics (F.H.), Amgen Inc, Thousand Oaks, CA, USA; Life Science and Bioethics Research Center, Tokyo Medical and Dental University, Tokyo (M.Y.); Department of Community Medicine, Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, Suita (S.Y.); and Teikyo Academic Research Center, Teikyo University, Tokyo (T.T.), Japan

This paper was presented at the 78th Annual Scientific Meeting of the Japanese Circulation Society, Late Breaking Clinical Trials 1-3 (March 21, 2014, Tokyo, Japan).

Mailing address: Atsushi Hirayama, MD, PhD, Division of Cardiology, Department of Medicine, Nihon University School of Medicine, 30-1 Oyaguchi Kamicho, Itabashi-ku, Tokyo 173-8610, Japan. E-mail: hirayama.atsushi@nihon-u.ac.jp
ISSN-1346-9843 doi:10.1253/circj.CJ-14-0130

All rights are reserved to the Japanese Circulation Society. For permissions, please e-mail: cj@j-circ.or.jp

1074 HIRAYAMA A et al.



against PCSK9<sup>14</sup> that inhibits the binding of PCSK9 to LDLRs. In global phase 2 studies, evolocumab monotherapy reduced LDL-C measured by preparative ultracentrifugation (UC) by up to 53% vs. placebo, <sup>16</sup> and combination therapy with statins resulted in reductions of up to 66% vs. placebo. <sup>17</sup> Studies in patients with familial hypercholesterolemia <sup>18,19</sup> and statin intolerance <sup>20</sup> have shown similar efficacy. YUKAWA (StudY of LDL-Cholesterol Reduction Using a Monoclonal PCSK9 Antibody in Japanese Patients With Advanced Cardiovascular Risk) is the first study to examine the efficacy and tolerability of evolocumab in hypercholesterolemic Japanese patients at high cardiovascular risk and on baseline statin therapy.

#### Methods

## Patient Population and Study Design

YUKAWA is a 12-week, phase 2, randomized, multicenter, double-blind, placebo-controlled, dose-ranging study evaluating the efficacy and safety of every 2 weeks (Q2W) or monthly (QM) evolocumab when used in combination with a statin in Japanese patients (NCT01652703). The study was carried out in 42 study centers in Japan. Briefly, patients were eligible if they were 20–80 years of age (inclusive) and classified as high risk for cardiovascular events. Patients were considered high risk if they had any of the following: history of CAD or cerebral infarction; a diagnosis of heterozygous familial hypercholesterolemia, arteriosclerosis obliterans/peripheral artery disease, or type 2 diabetes mellitus ≥3 months prior to randomization; a fasting plasma glucose >6.1 mmol/L ≥3 months prior to randomization; or the presence of ≥3 additional risk factors

relating to age, smoking history, family history of CAD, and past diagnosis of hypertension or reduced high-density lipoprotein (HDL).  $^{12,21}$  Inclusion/exclusion criteria are summarized in **Supplementary File 1**. Patients were required to be on stable statin therapy for  $\geq 4$  weeks prior to LDL-C screening. Baseline lipid requirements at screening were fasting LDL-C  $\geq 3.0$  mmol/L and fasting triglycerides  $\leq 4.5$  mmol/L.

## Randomization and Study Blinding

Prior to randomization, all patients received a placebo injection to assess tolerance and acceptability of subcutaneous (SC) administration. Eligible patients who tolerated placebo injections were assigned equally to 1 of 6 treatment arms: SC placebo, evolocumab 70 mg, or evolocumab 140 mg Q2W; or SC placebo, evolocumab 280 mg, or evolocumab 420 mg QM (Figure 1). Baseline stratification factors included screening LDL-C (<3.4 mmol/L vs. ≥3.4 mmol/L) and a diagnosis of heterozygous familial hypercholesterolemia (yes vs. no). Treatment assignment and on-treatment laboratory lipid-panel values were blinded; dosing frequency was not blinded.

#### Study Endpoints

The primary efficacy endpoint was percentage change from baseline in LDL-C at week 12. Secondary endpoints assessed at week 12 were absolute change in LDL-C, percentage changes from baseline in other lipid parameters, and the proportion of patients who reached LDL-C <1.8 mmol/L. For endpoint assessments, LDL-C was measured by UC. Safety endpoints included the incidence of adverse events (AEs), laboratory values and vital signs, electrocardiography (ECG) parameters,

	Placebo			Evolocumab					All notices
	Q2W (n=52)	QM (n=50)	Total (n=102)	70 mg Q2W (n=49)	140 mg Q2W (n=52)	280 mg QM (n=51)	420 mg QM (n=53)	Total (n=205)	All patients Total (n=307)
Demographics									
Age, years, mean (SD)	60.2 (10.1)	60.9 (9.8)	60.5 (9.9)	64.1 (9.7)	60.8 (9.2)	61.6 (9.6)	61.3 (9.9)	61.9 (9.6)	61.5 (9.7)
Female, n (%)	16 (30.8)	14 (28.0)	30 (29.4)	24 (49.0)	20 (38.5)	23 (45.1)	17 (32.1)	84 (41.0)	114 (37.1
Cardiac risk factors, n (%)									
CAD	15 (28.8)	15 (30.0)	30 (29.4)	12 (24.5)	13 (25.0)	9 (17.6)	13 (24.5)	47 (22.9)	77 (25.1
PAD or CVD	7 (13.5)	7 (14.0)	14 (13.7)	8 (16.3)	4 (7.7)	7 (13.7)	9 (17.0)	28 (13.7)	42 (13.7
T2DM	16 (30.8)	18 (36.0)	34 (33.3)	19 (38.8)	21 (40.4)	25 (49.0)	18 (34.0)	83 (40.5)	117 (38.1
Hypertension	40 (76.9)	36 (72.0)	76 (74.5)	40 (81.6)	34 (65.4)	35 (68.6)	41 (77.4)	150 (73.2)	226 (73.6
Elevated WCb	33 (63.5)	34 (68.0)	67 (65.7)	34 (69.4)	33 (63.5)	34 (66.7)	34 (64.2)	135 (65.9)	202 (65.8
Current smoker	11 (21.2)	16 (32.0)	27 (26.5)	11 (22.4)	12 (23.1)	15 (29.4)	14 (26.4)	52 (25.4)	79 (25.7
Metabolic syndromec	17 (32.7)	12 (24.0)	29 (28.4)	13 (26.5)	14 (26.9)	11 (21.6)	16 (30.2)	54 (26.3)	83 (27.0
≥2 cardiovascular risk factors	24 (46.2)	26 (52.0)	50 (49.0)	32 (65.3)	25 (48.1)	30 (58.8)	33 (62.3)	120 (58.5)	170 (55.4
High-intensity statin use (global definition)d	2 (3.8)	3 (6.0)	5 (4.9)	6 (12.2)	2 (3.8)	3 (5.9)	3 (5.7)	14 (6.8)	19 (6.2)
High-intensity statin use (Japan-specific definition) <sup>e</sup>	14 (26.9)	14 (28.0)	28 (27.5)	14 (28.6)	11 (21.2)	10 (19.6)	10 (18.9)	45 (22.0)	73 (23.8
Baseline lipids (mean [SD])									
UC LDL-C, mmol/L	3.7 (0.5)	3.7 (0.6)	3.7 (0.5)	3.7 (0.5)	3.6 (0.6)	3.6 (0.5)	3.6 (0.5)	3.7 (0.5)	3.7 (0.5)
Calculated LDL-C, mmol/L	3.7 (0.5)	3.6 (0.6)	3.7 (0.5)	3.7 (0.6)	3.6 (0.6)	3.6 (0.5)	3.6 (0.5)	3.6 (0.6)	3.6 (0.6)
Lp(a), nmol/L <sup>f</sup>	32.0 (17.5, 65.5)	35.0 (13.0, 66.0)	33.5 (16.0, 66.0)	29.0 (14.0, 56.0)	32.0 (11.0, 67.0)	27.0 (12.0, 53.0)	48.0 (20.0, 82.0)	33.5 (12.0, 66.0)	33.5 (13.0, 66.0
TC, mmol/L	5.8 (0.6)	5.8 (0.6)	5.8 (0.6)	5.8 (0.7)	5.7 (0.7)	5.7 (0.7)	5.7 (0.6)	5.7 (0.7)	5.8 (0.6)
HDL-C, mmol/L	1.4 (0.3)	1.4 (0.3)	1.4 (0.3)	1.4 (0.4)	1.4 (0.3)	1.4 (0.4)	1.4 (0.4)	1.4 (0.3)	1.4 (0.3)
TG, mmol/L	1.6 (0.6)	1.6 (0.6)	1.6 (0.6)	1.6 (0.7)	1.5 (0.5)	1.4 (0.5)	1.6 (0.7)	1.5 (0.6)	1.5 (0.6)
VLDL-C, mmol/Lf	0.7 (0.5, 0.9)	0.7 (0.5, 0.9)	0.7 (0.5, 0.9)	0.7 (0.4, 0.9)	0.6 (0.5, 0.8)	0.6 (0.5, 0.7)	0.7 (0.5, 0.9)	0.6 (0.5, 0.8)	0.6 (0.5, 0.9)
Non-HDL-C, mmol/L	4.4 (0.6)	4.4 (0.7)	4.4 (0.6)	4.4 (0.7)	4.3 (0.7)	4.3 (0.6)	4.3 (0.6)	4.3 (0.7)	4.3 (0.6)
ApoB, g/L	1.2 (0.2)	1.1 (0.2)	1.1 (0.2)	1.1 (0.2)	1.1 (0.2)	1.1 (0.2)	1.1 (0.2)	1.1 (0.2)	1.1 (0.2)
ApoA1, g/L	1.6 (0.2)	1.6 (0.2)	1.6 (0.2)	1.6 (0.2)	1.6 (0.2)	1.6 (0.3)	1.6 (0.2)	1.6 (0.2)	1.6 (0.3)
TC:HDL-C	4.4 (0.9)	4.3 (1.1)	4.3 (1.0)	4.4 (1.2)	4.3 (1.0)	4.2 (1.0)	4.2 (1.0)	4.3 (1.0)	4.3 (1.0)
ApoB:ApoA1	0.8 (0.2)	0.7 (0.2)	0.7 (0.2)	0.7 (0.2)	0.7 (0.2)	0.7 (0.2)	0.7 (0.2)	0.7 (0.2)	0.7 (0.2)
PCSK9, ng/ml	389.4 (121.2)	411.3 (101.1)	400.1 (111.8)	402.6 (129.1)	392.6 (125.8)	411.5 (137.9)	416.6 (143.9)	405.9 (133.8)	404.0 (126.8)

All percentages based on n. aStudy population includes all randomized patients who received ≥1 dose of investigational product. bElevated

All percentages based on n. aStudy population includes all randomized patients who received ≥1 dose of investigational product. Belevated waist circumference (WC) defined as ≥85 cm for men, ≥90 cm for women. AS 2012 criteria. Billy simvastatin 80 mg, atorvastatin ≥40 mg, rosuvastatin ≥20 mg, or any statin plus ezetimibe. Bully atorvastatin ≥10 mg, pitavastatin ≥2 mg, rosuvastatin ≥5 mg, simvastatin ≥20 mg, lovastatin ≥40 mg, fluvastatin ≥80 mg, pravastatin ≥40 mg, or any statin plus ezetimibe. Median (Q1, Q3).

Apo, apolipoprotein; CAD, coronary artery disease; CVD, cerebrovascular disease; HDL-C, high-density lipoprotein cholesterol; JAS, Japanese Atherosclerosis Society; LDL-C, low-density lipoprotein cholesterol; Lp(a), lipoprotein A; PAD, peripheral arterial disease; PCSK9, proprotein convertase subtilisin/kexin type 9; Q1, first quartile; Q2W, every 2 weeks; Q3, second quartile; QM, monthly; SD, standard deviation; T2DM, type 2 diabetes mellitus; TC, total cholesterol; TG, triglyceride; UC, ultracentrifugation; VLDL-C, very low-density lipoprotein cholesterol.

and incidence of anti-evolocumab antibodies.

### Statistical Analysis

Analyses were conducted on data for randomized patients who received ≥1 dose of evolocumab or placebo. The primary endpoint was analyzed using an analysis of covariance model, including treatment group and the stratification factor of screening LDL-C. A last observation carried forward approach was used to impute missing values. Secondary endpoints were evaluated similarly to the primary endpoint; LDL-C response was assessed using a logistic regression, which included terms for treatment group and screening LDL-C. Secondary endpoint analyses were not adjusted for multiple comparisons. Analysis of the percentage change from baseline to the average of weeks 10 and 12 for lipid parameters of interest was

performed using a repeated measures model and observed data, which included treatment group, the stratification factor of screening LDL-C, scheduled visit, and the interaction of treatment with scheduled visit.

AEs and serious AEs were recorded throughout the study and were coded using the current version of the Medical Dictionary for Regulatory Activities (MedDRA v16.0). Laboratory parameters were summarized using descriptive statistics for each treatment group at each scheduled visit. Rates of antievolocumab antibody formation were tabulated by treatment group.

## Results

Patient disposition is summarized in Figure 1. Of the 452

1076 HIRAYAMA A et al.

	Evolocu	mab Q2W	Placebo	Evolocu	Placebo		
	70 mg (n=49)	140 mg (n=52)	Q2W (n=52)	280 mg (n=51)	420 mg (n=53)	QM (n=50)	
LDL-C							
Mean (SE) percentage change vs. placebo in UC LDL-C; P value <sup>a,b</sup>	-52.9 (3.0); <0.001	-68.6 (3.0); <0.001	N/A	-58.2 (3.2); <0.001	-63.9 (3.2); <0.001	NA	
Change in UC LDL-C vs. placebo (mmol/L; SE); P value <sup>b</sup>	-2.0 (0.1); <0.001	-2.5 (0.1); <0.001	NA	-2.1 (0.1); <0.001	-2.3 (0.1); <0.001	NA	
Achieved LDL-C (mmol/L; mean [SD])°	1.5 (0.8)	0.9 (0.5)	3.6 (0.5)	1.5 (0.5)	1.2 (0.7)	3.6 (0.8)	
LDL-C <2.6 mmol/L at week 12 (n [%])d	44 (94)	49 (98)	2 (4)	48 (94)	49 (96)	1 (2)	
LDL-C <1.8 mmol/L at week 12 (n [%]; P value) <sup>d</sup>	31 (66); <0.001	48 (96); <0.001	0 (–)	41 (80); <0.001	42 (82); <0.001	0 (–)	
Other lipid parameters							
Lp(a), mean (SE) % change vs. placebo; P value <sup>a,b</sup>	-41.5 (4.9); <0.001	-50.6 (4.9); <0.001	NA	-39.6 (4.9); <0.001	-32.3 (4.9); <0.001	NA	
Achieved Lp(a), mean (SD), nmol/L	30.8 (42.5)	30.9 (42.3)	53.4 (58.5)	29.4 (41.9)	52.1 (68.1)	67.7 (87.0)	
TC, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	-36.2 (2.2); <0.001	-45.3 (2.1); <0.001	NA	-36.3 (2.3); <0.001	-40.2 (2.3); <0.001	NA	
Achieved TC mean (SD), mmol/L	3.7 (0.9)	3.1 (0.6)	5.8 (0.7)	3.7 (0.7)	3.5 (0.8)	5.8 (0.8)	
HDL-C, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	4.4 (3.2); 0.17	9.1 (3.1); 0.004	NA	16.3 (3.1); <0.001	13.2 (3.1); <0.001	NA	
Achieved HDL-C, mean (SD), mmol/L	1.6 (0.4)	1.6 (0.4)	1.5 (0.4)	1.6 (0.4)	1.6 (0.4)	1.4 (0.3)	
TG, mean (SE) percentage change vs. placebo; P value <sup>a,b</sup>	-14.3 (6.3); 0.025	-16.6 (6.2); 0.009	NA	-17.1 (6.5); 0.009	-20.2 (6.4); 0.002	NA	
Achieved TG, mean (SD), mmol/L	1.4 (0.6)	1.3 (0.6)	1.6 (0.9)	1.3 (0.5)	1.4 (0.7)	1.7 (0.8)	
VLDL-C, median (Q1, Q3) % change vs. placebo; P value <sup>a,b</sup>	-22.2 (-42.4, -1.9); 0.002	-21.2 (-40.6, -1.7); 0.002	NA	-25.1 (-47.8, -2.4); 0.015	-24.1 (-46.4, -1.8); 0.004	NA	
Achieved VLDL-C, median (Q1, Q3), mmol/L	0.5 (0.3, 0.6)	0.4 (0.3, 0.5)	0.6 (0.4, 1.0)	0.4 (0.3, 0.6)	0.5 (0.3, 0.6)	0.7 (0.4, 0.9	
Non-HDL-C, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	-49.5 (2.7); <0.001	-62.6 (2.7); <0.001	NA	-53.5 (3.0); <0.001	-58.1 (3.0); <0.001	NA	
Achieved Non-HDL-C, mean (SD), mmol/L	2.2 (0.9)	1.5 (0.5)	4.3 (0.7)	2.0 (0.6)	1.9 (0.8)	4.4 (0.9)	
ApoB, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	-46.8 (2.6); <0.001	-60.7 (2.5); <0.001	NA	-47.4 (2.8); <0.001	-53.4 (2.8); <0.001	NA	
Achieved ApoB, mean (SD), g/L	0.6 (0.2)	0.4 (0.1)	1.1 (0.2)	0.6 (0.2)	0.5 (0.2)	1.1 (0.2)	
ApoA1, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	4.0 (2.4); 0.100	6.3 (2.4); 0.009	NA	9.3 (2.2); <0.001	9.6 (2.2); <0.001	NA	
Achieved ApoA1, mean (SD), g/L	1.7 (0.3)	1.7 (0.3)	1.6 (0.3)	1.7 (0.3)	1.7 (0.3)	1.5 (0.2)	
TC:HDL-C, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	-37.2 (2.7); <0.001	-47.0 (2.6); <0.001	NA	-45.3 (2.9); <0.001	-46.7 (2.9); <0.001	NA	
Achieved TCmean (SD), mmol/L	2.5 (0.8)	2.0 (0.4)	4.2 (1.1)	2.3 (0.5)	2.3 (0.9)	4.3 (1.2)	
ApoB:ApoA1, mean (SE) % change vs. placebo; P value <sup>a,b</sup>	-47.5 (3.0); <0.001	-61.4 (2.9); <0.001	NA	-52.2 (3.1); <0.001	-57.8 (3.0); <0.001	NA	
Achieved ApoB:ApoA1, mean (SD), g/L	0.4 (0.2)	0.2 (0.1)	0.7 (0.2)	0.4 (0.1)	0.3 (0.2)	0.7 (0.2)	

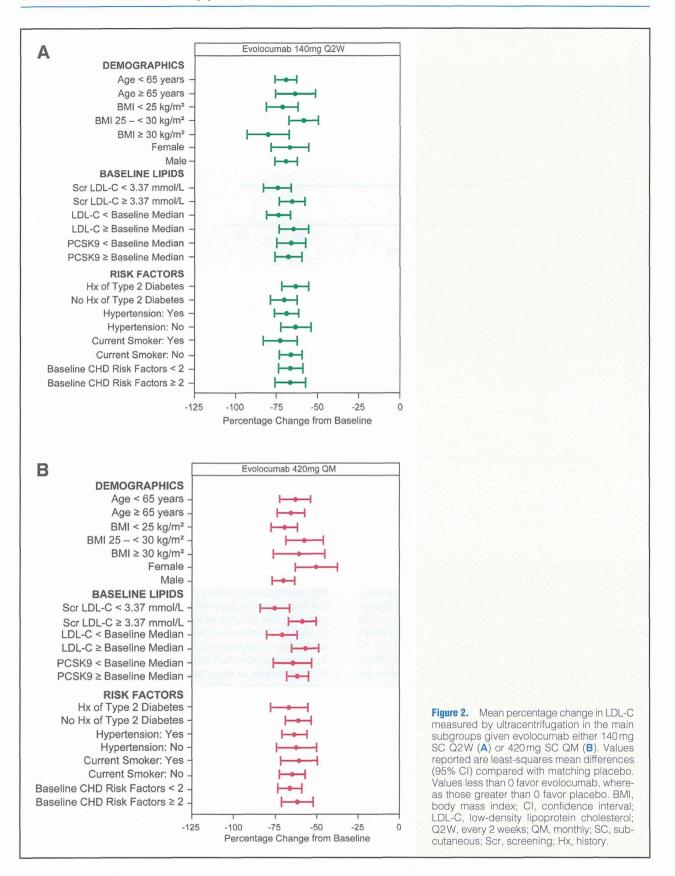
<sup>a</sup>For least-squares mean percentage change from baseline in lipid parameters for each treatment group, see Supplementary File 1. <sup>b</sup>Least-squares mean difference within each dose frequency vs. matching placebo. <sup>c</sup>Calculated LDL-C. <sup>d</sup>Percentage calculated from n at week 12. NA, not applicable; SE, standard error. Other abbreviations as in Table 1.

patients screened for YUKAWA, 310 (69%) were randomized to treatment (2:1 evolocumab:placebo) (**Figure 1**). Baseline characteristics of the study population are reported in **Table 1**. Briefly, 37% were female; mean (standard deviation; SD) age was 62 (10) years; 55% were identified as having 2 or more cardiovascular risk factors, 38% had type 2 diabetes mellitus, and 25% had CAD. The mean (SD) baseline LDL-C values were 3.7 (0.5) mmol/L for placebo patients (total), 3.6 (0.6) mmol/L for evolocumab 140 mg Q2W, and 3.6 (0.5) mmol/L for evolocumab 420 mg QM. Baseline statin use was consistent with contemporary Japanese practice (**Table S1**).

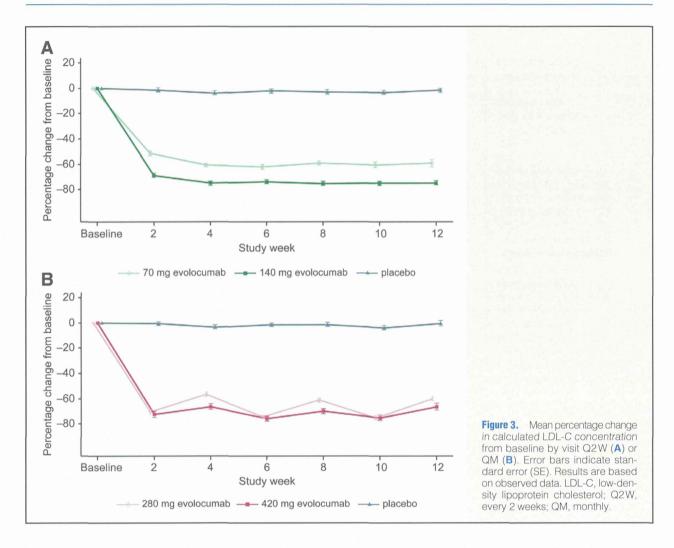
All evolocumab treatment groups showed statistically significant (P< 0.001) mean changes from baseline in LDL-C vs.

placebo at week 12, with the highest evolocumab doses within each dose frequency (140 mg Q2 W and 420 mg QM) providing the greatest efficacy (**Table 2**). Mean (standard error; SE) percentage changes vs. placebo at week 12 were –68.6 (3.0) % 140 mg Q2 W and –63.9 (3.2) % 420 mg QM (both P<0.001; **Table 2**), reflecting mean (SE) changes from baseline of –71.3 (2.2) % and –63.9 (2.3) %, respectively (**Table S2**). Subgroup efficacy results were consistent with these findings (**Figure 2**). Reductions in calculated LDL-C were apparent by week 2 in the evolocumab treatment groups and continued through the end of study (**Figure 3**). The most robust and sustained reductions were seen in the 140 mg Q2 W and 420 mg QM groups.

The least-squares mean percentage change in LDL-C was



1078 HIRAYAMA A et al.



also calculated for the mean of weeks 10 and 12, as this measure can be more reflective of the time-averaged reduction in LDL-C than the week 12 assessment alone. LDL-C assessments at study visits between day 1 and week 12 used Friedewald's calculation. As a result, the mean LDL-C at weeks 10/12 reflects the average calculated LDL-C. Mean (SE) weeks 10/12 percentage changes vs. placebo were -71.7 (2.6) % 140 mg Q2 W and -68.7 (2.6) % 420 mg QM (both P<0.0001), reflecting mean (SE) percentage changes from baseline by treatment group of -74.9 (1.8) % and -70.9 (1.9) %, respectively (Table S3).

Comparable LDL-C reductions were achieved with these doses in patients receiving intensive and non-intensive statin therapy. In patients receiving intensive statin therapy (global definition, see **Table 1**, footnote), mean (SE) changes in LDL-C of –63.8% (11.3) and –66.0% (10.8) were observed at week 12 with 140 mg Q2W and 420 mg QM dose groups, respectively. In those receiving non-intensive statin therapy, mean (SE) changes in LDL-C were –71% (2.2) and –63.7% (2.3) at week 12 for the 140 mg Q2W and 420 mg QM dose groups, respectively. Although the sample size for intensive statin use (global definition) was small (n=14 on evolocumab), similar results were seen when using the Japan-specific definition of intensive statin use (see **Table 1**, footnote), which classified more patients as receiving intensive statin therapy (n=45 on evolocumab). This suggests that the effect of evolocumab 140 mg Q2W

and 420 mg QM does not change substantially with the intensity of background statin therapy. Appreciable differences in efficacy based on a history of heterozygous familial hypercholesterolemia were also not observed in this study; however, relatively few patients with this diagnosis received evolocumab (n=11). Based on a recently completed global phase 2 study evaluating evolocumab in patients with heterozygous familial hypercholesterolemia, <sup>18</sup> efficacy and safety results are expected to be similar to those seen in patients without familial hypercholesterolemia. <sup>16,17,20</sup>

Therapeutic monoclonal antibodies such as evolocumab demonstrate non-linear pharmacokinetics. Dosing evolocumab at QM intervals compared with Q2 W can provide similar time-averaged reductions in PCSK9. In assessing PCSK9 suppression for this study, the evolocumab 140 mg Q2 W group demonstrated mean (SE) unbound PCSK9 reductions of 83.2% (2.2) at week 2, 77.8% (2.7) at week 10, and 77.0% (3.0) at week 12 (2 weeks after the last dose of evolocumab 140 mg Q2 W). In the evolocumab 420 mg QM group, mean reductions of unbound PCSK9 from baseline were 98.8% (0.3) at week 2, 94.2% (2.5) at week 10, and 50.6% (4.4) by week 12 (4 weeks after the last dose of 420 mg evolocumab QM).

Statistically significant improvements (P< 0.05) were also seen in all evolocumab treatment groups for total cholesterol (TC), triglycerides, very low-density lipoprotein cholesterol (VLDL-C), non-HDL cholesterol (non-HDL-C), apolipopro-