

【5】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝はしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
	55-59	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)
	60-64	0 (0.0%)	3 (37.5%)	5 (62.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (100.0%)	0 (0.0%)
	65-69	1 (9.1%)	4 (36.4%)	2 (18.2%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	4 (44.4%)
	70-74	0 (0.0%)	4 (30.8%)	5 (38.5%)	3 (23.1%)	1 (7.7%)	0 (0.0%)	4 (36.4%)	7 (63.6%)
	75-79	1 (5.9%)	2 (11.8%)	7 (41.2%)	3 (17.6%)	2 (11.8%)	2 (11.8%)	8 (53.3%)	7 (46.7%)
	80-	0 (0.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)
	合計	3 (5.3%)	18 (31.6%)	19 (33.3%)	11 (19.3%)	4 (7.0%)	2 (3.5%)	29 (56.9%)	22 (43.1%)
女性	-39	0 (0.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	2 (66.7%)	1 (33.3%)
	40-44	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (20.0%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)
	55-59	0 (0.0%)	1 (16.7%)	3 (50.0%)	1 (16.7%)	1 (16.7%)	0 (0.0%)	2 (40.0%)	3 (60.0%)
	60-64	2 (11.1%)	5 (27.8%)	5 (27.8%)	5 (27.8%)	1 (5.6%)	0 (0.0%)	12 (75.0%)	4 (25.0%)
	65-69	2 (7.4%)	9 (33.3%)	12 (44.4%)	4 (14.8%)	0 (0.0%)	0 (0.0%)	17 (68.0%)	8 (32.0%)
	70-74	1 (5.9%)	6 (35.3%)	4 (23.5%)	5 (29.4%)	0 (0.0%)	1 (5.9%)	9 (60.0%)	6 (40.0%)
	75-79	1 (10.0%)	4 (40.0%)	3 (30.0%)	1 (10.0%)	1 (10.0%)	0 (0.0%)	7 (77.8%)	2 (22.2%)
	80-	2 (16.7%)	3 (25.0%)	5 (41.7%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	9 (81.8%)	2 (18.2%)
	合計	8 (7.8%)	32 (31.4%)	35 (34.3%)	22 (21.8%)	3 (2.9%)	2 (2.0%)	65 (70.7%)	27 (29.3%)
合計	-39	0 (0.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	2 (66.7%)	1 (33.3%)
	40-44	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	50-54	0 (0.0%)	2 (33.3%)	3 (50.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	2 (33.3%)
	55-59	1 (11.1%)	3 (33.3%)	3 (33.3%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	3 (37.5%)	5 (62.5%)
	60-64	2 (7.7%)	8 (30.8%)	10 (38.5%)	5 (19.2%)	1 (3.8%)	0 (0.0%)	20 (83.3%)	4 (16.7%)
	65-69	3 (7.9%)	13 (34.2%)	14 (36.8%)	8 (21.1%)	0 (0.0%)	0 (0.0%)	22 (64.7%)	12 (35.3%)
	70-74	1 (3.3%)	10 (33.3%)	9 (30.0%)	8 (26.7%)	1 (3.3%)	1 (3.3%)	13 (50.0%)	13 (50.0%)
	75-79	2 (7.4%)	6 (22.2%)	10 (37.0%)	4 (14.8%)	3 (11.1%)	2 (7.4%)	15 (62.5%)	9 (37.5%)
	80-	2 (12.5%)	5 (31.3%)	5 (31.3%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	12 (80.0%)	3 (20.0%)
	合計	11 (6.9%)	50 (31.4%)	54 (34.0%)	33 (20.8%)	7 (4.4%)	4 (2.5%)	94 (65.7%)	49 (34.3%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

		1) 寝つきは？(布団に入ってから眠るまでに要する時間)				2) 夜間、睡眠途中で目が覚めることは？				3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？			
		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
	60-64	5 (62.5%)	1 (12.5%)	1 (12.5%)	1 (12.5%)	5 (62.5%)	2 (25.0%)	1 (12.5%)	0 (0.0%)	3 (37.5%)	3 (37.5%)	2 (25.0%)	0 (0.0%)
	65-69	7 (63.6%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	7 (63.6%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	0 (0.0%)	0 (0.0%)
	70-74	9 (69.2%)	4 (30.8%)	0 (0.0%)	0 (0.0%)	8 (61.5%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	4 (30.8%)	8 (61.5%)	1 (7.7%)	0 (0.0%)
	75-79	10 (58.8%)	6 (35.3%)	1 (5.9%)	0 (0.0%)	8 (47.1%)	8 (47.1%)	1 (5.9%)	0 (0.0%)	10 (58.8%)	6 (35.3%)	1 (5.9%)	0 (0.0%)
	80-	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)
	合計	36 (63.2%)	17 (29.8%)	3 (5.3%)	1 (1.8%)	32 (56.1%)	22 (38.8%)	3 (5.3%)	0 (0.0%)	27 (47.4%)	25 (43.9%)	4 (7.0%)	1 (1.8%)
女性	-39	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	8 (44.4%)	8 (44.4%)	2 (11.1%)	0 (0.0%)	9 (50.0%)	9 (50.0%)	0 (0.0%)	0 (0.0%)	8 (44.4%)	8 (44.4%)	2 (11.1%)	0 (0.0%)
	65-69	9 (33.3%)	14 (51.9%)	4 (14.8%)	0 (0.0%)	15 (57.7%)	10 (38.5%)	1 (3.8%)	0 (0.0%)	12 (44.4%)	15 (55.6%)	0 (0.0%)	0 (0.0%)
	70-74	7 (41.2%)	8 (47.1%)	2 (11.8%)	0 (0.0%)	6 (35.3%)	10 (58.8%)	1 (5.9%)	0 (0.0%)	7 (41.2%)	9 (52.9%)	1 (5.9%)	0 (0.0%)
	75-79	3 (30.0%)	3 (30.0%)	3 (30.0%)	1 (10.0%)	5 (50.0%)	4 (40.0%)	1 (10.0%)	0 (0.0%)	2 (20.0%)	6 (60.0%)	2 (20.0%)	0 (0.0%)
	80-	8 (66.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	8 (66.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	7 (58.3%)	5 (41.7%)	0 (0.0%)	0 (0.0%)
	合計	49 (48.0%)	40 (39.2%)	12 (11.8%)	1 (1.0%)	60 (59.4%)	38 (37.6%)	3 (3.0%)	0 (0.0%)	50 (49.0%)	47 (46.1%)	5 (4.9%)	0 (0.0%)
合計	-39	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)
	40-44	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	6 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	7 (77.8%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	9 (77.8%)	3 (11.1%)	1 (11.1%)	0 (0.0%)	7 (77.8%)	2 (22.2%)	0 (0.0%)	0 (0.0%)
	60-64	13 (50.0%)	9 (34.6%)	3 (11.5%)	1 (3.8%)	14 (53.8%)	11 (42.3%)	1 (3.8%)	0 (0.0%)	11 (42.3%)	11 (42.3%)	4 (15.4%)	0 (0.0%)
	65-69	16 (42.1%)	17 (44.7%)	5 (13.2%)	0 (0.0%)	22 (59.5%)	14 (37.8%)	1 (2.7%)	0 (0.0%)	18 (47.4%)	20 (52.6%)	0 (0.0%)	0 (0.0%)
	70-74	16 (53.3%)	12 (40.0%)	2 (6.7%)	0 (0.0%)	14 (46.7%)	15 (50.0%)	1 (3.3%)	0 (0.0%)	11 (36.7%)	17 (56.7%)	2 (6.7%)	0 (0.0%)
	75-79	13 (48.1%)	9 (33.3%)	4 (14.8%)	1 (3.7%)	13 (48.1%)	12 (44.4%)	2 (7.4%)	0 (0.0%)	12 (44.4%)	12 (44.4%)	3 (11.1%)	0 (0.0%)
	80-	10 (62.5%)	6 (37.5%)	0 (0.0%)	0 (0.0%)	11 (68.8%)	5 (31.3%)	0 (0.0%)	0 (0.0%)	9 (56.3%)	6 (37.5%)	0 (0.0%)	1 (6.3%)
	合計	85 (53.5%)	57 (35.8%)	15 (9.4%)	2 (1.3%)	92 (58.2%)	60 (38.0%)	6 (3.8%)	0 (0.0%)	77 (48.4%)	72 (45.3%)	9 (5.7%)	1 (0.6%)

## 4) 総睡眠時間は？

## 5) 全体的な睡眠の質は？

## 6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減った	かなり減った	非常に減った
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
	60-64	3 (37.5%)	4 (50.0%)	1 (12.5%)	0 (0.0%)	4 (50.0%)	2 (25.0%)	1 (12.5%)	1 (12.5%)	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)
	65-69	7 (63.6%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	7 (63.6%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	9 (81.8%)	2 (18.2%)	0 (0.0%)	0 (0.0%)
	70-74	8 (61.5%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	8 (61.5%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	9 (69.2%)	4 (30.8%)	0 (0.0%)	0 (0.0%)
	75-79	11 (64.7%)	5 (29.4%)	1 (5.9%)	0 (0.0%)	10 (62.5%)	3 (18.8%)	3 (18.8%)	0 (0.0%)	14 (82.4%)	3 (17.6%)	0 (0.0%)	0 (0.0%)
	80-	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	32 (56.1%)	22 (38.6%)	3 (5.3%)	0 (0.0%)	32 (57.1%)	17 (30.4%)	6 (10.7%)	1 (1.8%)	42 (73.7%)	15 (26.3%)	0 (0.0%)	0 (0.0%)	
女性	-39	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (20.0%)	4 (80.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
	55-59	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)
	60-64	11 (61.1%)	6 (33.3%)	1 (5.6%)	0 (0.0%)	6 (33.3%)	11 (61.1%)	1 (5.6%)	0 (0.0%)	12 (66.7%)	6 (33.3%)	0 (0.0%)	0 (0.0%)
	65-69	15 (55.6%)	11 (40.7%)	1 (3.7%)	0 (0.0%)	15 (55.6%)	11 (40.7%)	0 (0.0%)	1 (3.7%)	22 (81.5%)	4 (14.8%)	1 (3.7%)	0 (0.0%)
	70-74	9 (52.9%)	8 (47.1%)	0 (0.0%)	0 (0.0%)	7 (41.2%)	9 (52.9%)	1 (5.9%)	0 (0.0%)	10 (58.8%)	7 (41.2%)	0 (0.0%)	0 (0.0%)
	75-79	3 (30.0%)	5 (50.0%)	2 (20.0%)	0 (0.0%)	3 (30.0%)	6 (60.0%)	1 (10.0%)	0 (0.0%)	5 (50.0%)	3 (30.0%)	2 (20.0%)	0 (0.0%)
	80-	9 (75.0%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	6 (50.0%)	5 (41.7%)	1 (8.3%)	0 (0.0%)	10 (83.3%)	2 (16.7%)	0 (0.0%)	0 (0.0%)
合計	54 (52.9%)	44 (43.1%)	4 (3.9%)	0 (0.0%)	44 (43.1%)	52 (51.0%)	5 (4.9%)	1 (1.0%)	72 (70.6%)	27 (26.5%)	3 (2.9%)	0 (0.0%)	
合計	-39	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	2 (33.3%)	4 (66.7%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)
	55-59	4 (44.4%)	5 (55.6%)	0 (0.0%)	0 (0.0%)	3 (33.3%)	5 (55.6%)	1 (11.1%)	0 (0.0%)	6 (66.7%)	3 (33.3%)	0 (0.0%)	0 (0.0%)
	60-64	14 (53.8%)	10 (38.5%)	2 (7.7%)	0 (0.0%)	10 (38.5%)	13 (50.0%)	2 (7.7%)	1 (3.8%)	17 (65.4%)	9 (34.6%)	0 (0.0%)	0 (0.0%)
	65-69	22 (57.9%)	14 (36.8%)	2 (5.3%)	0 (0.0%)	22 (57.9%)	14 (36.8%)	1 (2.6%)	1 (2.6%)	31 (81.6%)	6 (15.8%)	1 (2.6%)	0 (0.0%)
	70-74	17 (56.7%)	13 (43.3%)	0 (0.0%)	0 (0.0%)	15 (50.0%)	14 (46.7%)	1 (3.3%)	0 (0.0%)	19 (63.3%)	11 (36.7%)	0 (0.0%)	0 (0.0%)
	75-79	14 (51.9%)	10 (37.0%)	3 (11.1%)	0 (0.0%)	13 (50.0%)	9 (34.6%)	4 (15.4%)	0 (0.0%)	19 (70.4%)	6 (22.2%)	2 (7.4%)	0 (0.0%)
	80-	11 (68.8%)	5 (31.3%)	0 (0.0%)	0 (0.0%)	8 (50.0%)	7 (43.8%)	1 (6.3%)	0 (0.0%)	14 (87.5%)	2 (12.5%)	0 (0.0%)	0 (0.0%)
合計	86 (54.1%)	66 (41.5%)	7 (4.4%)	0 (0.0%)	76 (48.1%)	69 (43.7%)	11 (7.0%)	2 (1.3%)	114 (71.7%)	42 (26.4%)	3 (1.9%)	0 (0.0%)	

## 7) 日中の活動について(身体的及び精神的)

## 8) 日中の眠気について

		いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)
	60-64	5 (62.5%)	2 (25.0%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)
	65-69	9 (81.8%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	4 (36.4%)	6 (54.5%)	1 (9.1%)	0 (0.0%)
	70-74	8 (61.5%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	1 (7.7%)	12 (92.3%)	0 (0.0%)	0 (0.0%)
	75-79	11 (64.7%)	5 (29.4%)	1 (5.9%)	0 (0.0%)	4 (23.5%)	13 (76.5%)	0 (0.0%)	0 (0.0%)
	80-	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)
	合計	37 (64.9%)	16 (28.1%)	4 (7.0%)	0 (0.0%)	11 (19.3%)	45 (78.9%)	1 (1.8%)	0 (0.0%)
女性	-39	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)
	40-44	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)	0 (0.0%)	0 (0.0%)
	55-59	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	4 (66.7%)	0 (0.0%)	0 (0.0%)
	60-64	10 (55.6%)	6 (33.3%)	1 (5.6%)	1 (5.6%)	3 (16.7%)	15 (83.3%)	0 (0.0%)	0 (0.0%)
	65-69	20 (74.1%)	6 (22.2%)	1 (3.7%)	0 (0.0%)	6 (22.2%)	21 (77.8%)	0 (0.0%)	0 (0.0%)
	70-74	11 (64.7%)	6 (35.3%)	0 (0.0%)	0 (0.0%)	2 (11.8%)	15 (88.2%)	0 (0.0%)	0 (0.0%)
	75-79	4 (40.0%)	4 (40.0%)	1 (10.0%)	1 (10.0%)	2 (20.0%)	8 (80.0%)	0 (0.0%)	0 (0.0%)
	80-	9 (75.0%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	2 (18.2%)	9 (81.8%)	0 (0.0%)	0 (0.0%)
	合計	70 (68.6%)	27 (26.5%)	3 (2.9%)	2 (2.0%)	19 (18.8%)	82 (81.2%)	0 (0.0%)	0 (0.0%)
合計	-39	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)
	40-44	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	5 (83.3%)	0 (0.0%)	0 (0.0%)
	55-59	6 (66.7%)	3 (33.3%)	0 (0.0%)	0 (0.0%)	2 (22.2%)	7 (77.8%)	0 (0.0%)	0 (0.0%)
	60-64	15 (57.7%)	8 (30.8%)	2 (7.7%)	1 (3.8%)	4 (15.4%)	22 (84.6%)	0 (0.0%)	0 (0.0%)
	65-69	29 (76.3%)	7 (18.4%)	2 (5.3%)	0 (0.0%)	10 (26.3%)	27 (71.1%)	1 (2.6%)	0 (0.0%)
	70-74	19 (63.3%)	11 (36.7%)	0 (0.0%)	0 (0.0%)	3 (10.0%)	27 (90.0%)	0 (0.0%)	0 (0.0%)
	75-79	15 (55.6%)	9 (33.3%)	2 (7.4%)	1 (3.7%)	6 (22.2%)	21 (77.8%)	0 (0.0%)	0 (0.0%)
	80-	12 (75.0%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	3 (20.0%)	12 (80.0%)	0 (0.0%)	0 (0.0%)
	合計	107 (67.3%)	43 (27.0%)	7 (4.4%)	2 (1.3%)	30 (19.0%)	127 (80.4%)	1 (0.6%)	0 (0.0%)

【6】人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は  
何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は  
何人いますか。

3) 個人的なことでも、気兼ねなく話せる親戚や兄弟は  
何人いますか。

4) 個人的なことでも、気兼ねなく話せる友人は  
何人いますか。

	1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は 何人いますか。						2) 月に1回以上、会ったり連絡をとりあう友人は 何人いますか。						3) 個人的なことでも、気兼ねなく話せる親戚や兄弟は 何人いますか。						4) 個人的なことでも、気兼ねなく話せる友人は 何人いますか。					
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上
男性																								
-39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
40-44	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
45-49	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
50-54	0	0	0	0	1	0	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	
55-59	0	2	0	0	1	0	0	1	1	0	0	0	0	0	0	2	1	0	0	0	0	1	1	0
	(0.0%)	(0.0%)	(66.7%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(0.0%)	(33.3%)
60-64	1	0	(12.5%)	(50.0%)	(25.0%)	(0.0%)	(12.5%)	(12.5%)	(12.5%)	(50.0%)	(12.5%)	(0.0%)	(12.5%)	(0.0%)	(37.5%)	(50.0%)	(0.0%)	(0.0%)	(25.0%)	(50.0%)	(12.5%)	(12.5%)	(0.0%)	(0.0%)
	(9.1%)	(0.0%)	(9.1%)	(36.4%)	(18.2%)	(9.1%)	(9.1%)	(18.2%)	(27.3%)	(27.3%)	(9.1%)	(9.1%)	(9.1%)	(9.1%)	(27.3%)	(27.3%)	(18.2%)	(9.1%)	(18.2%)	(36.4%)	(18.2%)	(36.4%)	(0.0%)	(0.0%)
65-69	0	2	2	5	2	2	0	4	2	3	3	1	0	4	1	5	2	1	0	1	5	3	3	1
	(0.0%)	(15.4%)	(15.4%)	(38.5%)	(15.4%)	(15.4%)	(0.0%)	(30.8%)	(15.4%)	(23.1%)	(23.1%)	(7.7%)	(0.0%)	(30.8%)	(7.7%)	(23.1%)	(15.4%)	(7.7%)	(0.0%)	(7.7%)	(38.5%)	(23.1%)	(38.5%)	(15.4%)
70-74	0	4	1	5	3	4	1	2	1	7	3	3	2	0	4	6	2	3	3	2	3	4	3	2
	(0.0%)	(23.5%)	(5.9%)	(29.4%)	(17.6%)	(23.5%)	(5.9%)	(11.8%)	(5.9%)	(41.2%)	(17.6%)	(17.6%)	(11.8%)	(0.0%)	(23.5%)	(35.3%)	(11.8%)	(17.6%)	(17.6%)	(11.8%)	(17.6%)	(23.5%)	(17.6%)	(11.8%)
75-79	0	0	0	2	1	1	0	1	0	0	3	0	0	0	1	0	2	1	0	0	0	1	1	2
	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(25.0%)	(25.0%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)	(75.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(0.0%)	(50.0%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(25.0%)	(50.0%)
80-	2	8	7	20	12	8	3	11	9	18	11	5	4	5	13	20	9	6	8	8	14	14	7	6
	(3.5%)	(14.0%)	(12.3%)	(35.1%)	(21.1%)	(14.0%)	(5.3%)	(19.3%)	(15.8%)	(31.6%)	(19.3%)	(8.8%)	(7.0%)	(8.8%)	(22.8%)	(35.1%)	(15.8%)	(10.5%)	(14.0%)	(14.0%)	(24.6%)	(24.6%)	(12.3%)	(10.5%)
合計																								
女性																								
-39	0	1	0	2	0	1	0	2	1	1	0	0	0	1	1	2	0	0	0	3	0	1	0	0
	(0.0%)	(25.0%)	(0.0%)	(50.0%)	(0.0%)	(25.0%)	(0.0%)	(50.0%)	(25.0%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(25.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	(75.0%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)
40-44	0	0	0	0	2	0	0	0	0	2	0	0	0	0	0	0	2	0	0	0	1	1	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(50.0%)	(0.0%)	(0.0%)
45-49	0	1	0	1	0	0	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0
	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
50-54	0	2	(40.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%)	(40.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%)	(40.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%)	(0.0%)	(60.0%)	(0.0%)	(0.0%)
	(0.0%)	(20.0%)	(40.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%)	(40.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%)	(40.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%)	(0.0%)	(60.0%)	(0.0%)	(0.0%)
55-59	0	5	5	4	2	2	3	3	4	7	1	0	2	3	4	7	2	0	3	2	5	4	3	1
	(0.0%)	(33.3%)	(16.7%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(83.3%)	(16.7%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)
60-64	0	4	3	9	9	2	1	5	3	8	6	4	2	3	2	10	7	3	2	5	4	6	4	5
	(0.0%)	(14.8%)	(11.1%)	(33.3%)	(33.3%)	(7.4%)	(3.7%)	(18.5%)	(11.1%)	(29.6%)	(22.2%)	(14.8%)	(7.4%)	(11.1%)	(7.4%)	(37.0%)	(25.9%)	(11.1%)	(16.7%)	(11.1%)	(27.8%)	(22.2%)	(16.7%)	(5.6%)
65-69	1	1	3	4	6	2	0	1	3	5	7	1	0	1	3	5	6	1	2	2	4	3	6	0
	(5.9%)	(5.9%)	(17.6%)	(23.5%)	(35.3%)	(11.8%)	(0.0%)	(5.9%)	(17.6%)	(29.4%)	(41.2%)	(5.9%)	(0.0%)	(6.3%)	(18.8%)	(31.3%)	(37.5%)	(6.3%)	(11.8%)	(11.8%)	(23.5%)	(17.6%)	(35.3%)	(0.0%)
70-74	0	0	2	1	6	1	2	0	3	2	0	3	1	1	3	1	2	2	1	0	2	1	3	3
	(0.0%)	(0.0%)	(20.0%)	(10.0%)	(60.0%)	(10.0%)	(20.0%)	(0.0%)	(30.0%)	(20.0%)	(0.0%)	(30.0%)	(10.0%)	(10.0%)	(30.0%)	(10.0%)	(20.0%)	(20.0%)	(10.0%)	(0.0%)	(20.0%)	(10.0%)	(30.0%)	(30.0%)
75-79	0	3	1	4	2	2	1	2	2	5	1	1	1	2	2	4	2	1	3	1	3	1	3	2
	(0.0%)	(25.0%)	(8.3%)	(33.3%)	(16.7%)	(16.7%)	(8.3%)	(16.7%)	(16.7%)	(41.7%)	(8.3%)	(8.3%)	(8.3%)	(16.7%)	(16.7%)	(33.3%)	(16.7%)	(8.3%)	(16.7%)	(25.0%)	(8.3%)	(25.0%)	(8.3%)	(16.7%)
80-	1	18	17	25	31	10	7	18	18	32	18	9	6	13	18	34	23	7	10	20	19	24	17	11
	(0.0%)	(25.0%)	(8.3%)	(33.3%)	(16.7%)	(16.7%)	(8.3%)	(16.7%)	(16.7%)	(41.7%)	(8.3%)	(8.3%)	(8.3%)	(16.7%)	(16.7%)	(33.3%)	(16.7%)	(8.3%)	(16.7%)	(25.0%)	(8.3%)	(25.0%)	(8.3%)	(16.7%)
合計	(1.0%)	(17.8%)	(16.7%)	(24.5%)	(30.4%)	(9.8%)	(6.9%)	(17.6%)	(17.6%)	(31.4%)	(17.6%)	(8.8%)	(5.9%)	(12.9%)	(17.8%)	(33.7%)	(22.8%)	(6.9%)	(19.8%)	(19.8%)	(18.8%)	(23.8%)	(16.8%)	(10.9%)
合計																								
-39	0	1	0	2	0	1	0	2	1	1	0	0	0	1	1	2	0	0	0	3	0	1	0	0
	(0.0%)	(25.0%)	(0.0%)	(50.0%)	(0.0%)	(25.0%)	(0.0%)	(50.0%)	(25.0%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(25.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	(75.0%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)
40-44	0	0	0	0	2	0	0	0	0	2	0	0	0	0	0	0	2	0	0	0	1	1	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(50.0%)	(0.0%)	(0.0%)
45-49	0	1	0	0	0	0	0	1	0	0	0	0	0	0	1	0	0	0	0	1	0	0	0	0
	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
50-54	0	1	2	1	2	0	0	2	3	0	1	0	0	2	3	0	1	0	1	2	0	3	0	0
	(0.0%)	(16.7%)	(33.3%)	(16.7%)	(33.3%)	(0.0%)	(0.0%)	(33.3%)	(50.0%)	(0.0%)	(16.7%)	(0.0%)	(0.0%)	(33.3%)	(50.0%)	(0.0%)	(16.7%)	(0.0%)	(16.7%)	(33.3%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)
55-59	0	2	3	0	4	0	0	3	1	3	2	0	0	0	0	7	2	0	0	2	3	3	0	1
	(0.0%)	(22.2%)	(33.3%)	(0.0%)	(44.4%)	(0.0%)	(0.0%)	(33.3%)	(11.1%)	(33.3%)	(22.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(77.8%)	(22.2%)	(0.0%)	(0.0%)	(22.2%)	(33.3%)	(33.3%)	(0.0%)	(11.1%)
60-64	1	5	6	8	4	2	4	4	5	11	2	0	3	3	7	11	2	0	5	6	6	5	3	1
	(3.8%)	(19.2%)	(23.1%)	(30.8%)	(15.4%)	(7.7%)	(15.4%)	(15.4%)	(19.2%)	(42.3%)	(7.7%)	(0.0%)	(11.5%)	(11.5%)	(26.9%)	(42.3%)	(7.7%)	(0.0%)	(19.2%)	(23.1%)	(23.1%)	(19.2%)	(11.5%)	(3.8%)
65-69	1	6	4	13	11	3	2	7	6	11	7	5	3	4	5	13	9	4	4	6	8	10	4	5
	(2.6%)	(15.9%)	(10.5%)	(34.2%)	(28.9%)	(7.9%)	(5.3%)	(18.4%)	(15.8%)	(28.9%)	(18.4%)	(13.2%)	(7.9%)	(10.5%)	(13.2%)	(34.2%)	(23.7%)	(10.5%)	(10.8%)	(16.2%)	(21.6%)	(27.0%)	(10.8%)	(13.5%)
70-74	1	3	5	9	8	4	0	5	5	8	10	2	0	5	4	10	8	2	2					

## 5) 手助けを頼める親戚や兄弟は何人いますか。

## 6) 手助けを頼める友人は何人いますか。

## 7) まわりの人々はお互いに助け合っている。

	5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。				
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない
男性																	
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
55-59	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
60-64	2 (25.0%)	4 (50.0%)	0 (0.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	2 (25.0%)	4 (50.0%)	0 (0.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (50.0%)	3 (37.5%)	1 (12.5%)	0 (0.0%)
65-69	2 (18.2%)	1 (9.1%)	5 (45.5%)	3 (27.3%)	0 (0.0%)	0 (0.0%)	2 (18.2%)	3 (27.3%)	2 (18.2%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (72.7%)	2 (18.2%)	1 (9.1%)	0 (0.0%)
70-74	1 (7.7%)	2 (15.4%)	4 (30.8%)	4 (30.8%)	1 (7.7%)	1 (7.7%)	2 (15.4%)	1 (7.7%)	4 (30.8%)	3 (23.1%)	2 (15.4%)	1 (7.7%)	3 (23.1%)	7 (53.8%)	2 (15.4%)	1 (7.7%)	0 (0.0%)
75-79	4 (23.5%)	3 (17.6%)	3 (17.6%)	3 (17.6%)	2 (11.8%)	2 (11.8%)	6 (35.3%)	2 (11.8%)	4 (23.5%)	2 (11.8%)	1 (5.9%)	2 (11.8%)	2 (70.6%)	12 (70.6%)	2 (11.8%)	1 (5.9%)	0 (0.0%)
80-	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
合計	10 (17.5%)	12 (21.1%)	12 (21.1%)	14 (24.6%)	6 (10.5%)	3 (5.3%)	13 (22.8%)	11 (19.3%)	12 (21.1%)	14 (24.6%)	4 (7.0%)	3 (5.3%)	7 (12.3%)	34 (59.6%)	12 (21.1%)	4 (7.0%)	0 (0.0%)
女性																	
-39	0 (0.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	1 (20.0%)	2 (40.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
55-59	0 (0.0%)	5 (33.3%)	4 (33.3%)	3 (33.3%)	0 (0.0%)	1 (10.0%)	3 (16.7%)	9 (50.0%)	3 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (66.7%)	12 (33.3%)	3 (8.3%)	0 (0.0%)	0 (0.0%)
60-64	5 (27.8%)	5 (27.8%)	7 (22.2%)	6 (16.7%)	3 (5.6%)	1 (5.6%)	5 (16.7%)	4 (50.0%)	9 (16.7%)	6 (16.7%)	2 (5.6%)	1 (5.6%)	6 (16.7%)	16 (66.7%)	4 (16.7%)	0 (0.0%)	1 (4.0%)
65-69	1 (18.5%)	4 (18.5%)	5 (25.9%)	3 (22.2%)	4 (11.1%)	0 (3.7%)	1 (18.5%)	5 (14.8%)	4 (33.3%)	3 (22.2%)	4 (7.4%)	0 (3.7%)	1 (22.2%)	14 (59.3%)	1 (14.8%)	1 (3.7%)	0 (0.0%)
70-74	0 (5.9%)	3 (23.5%)	4 (29.4%)	0 (17.6%)	0 (23.5%)	2 (0.0%)	2 (5.9%)	3 (29.4%)	2 (23.5%)	1 (17.6%)	0 (23.5%)	1 (0.0%)	1 (5.9%)	6 (82.4%)	3 (5.9%)	0 (5.9%)	0 (0.0%)
75-79	3 (0.0%)	4 (33.3%)	2 (44.4%)	1 (0.0%)	2 (0.0%)	0 (22.2%)	3 (22.2%)	4 (33.3%)	1 (22.2%)	3 (11.1%)	1 (0.0%)	0 (11.1%)	3 (10.0%)	7 (60.0%)	7 (30.0%)	0 (0.0%)	0 (0.0%)
80-	15 (25.0%)	29 (33.3%)	26 (16.7%)	17 (8.3%)	10 (16.7%)	4 (0.0%)	17 (25.0%)	30 (33.3%)	25 (8.3%)	19 (25.0%)	8 (8.3%)	2 (0.0%)	15 (25.0%)	65 (58.3%)	19 (8.3%)	1 (0.0%)	2 (8.3%)
合計	15 (14.9%)	29 (28.7%)	26 (25.7%)	17 (16.8%)	10 (9.9%)	4 (4.0%)	17 (16.8%)	30 (29.7%)	25 (24.8%)	19 (18.8%)	8 (7.9%)	2 (2.0%)	15 (14.7%)	65 (63.7%)	19 (18.6%)	1 (1.0%)	2 (2.0%)
合計																	
-39	0 (0.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	2 (33.3%)	2 (33.3%)	1 (16.7%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	3 (50.0%)	2 (33.3%)	0 (0.0%)	0 (0.0%)
55-59	0 (0.0%)	3 (33.3%)	2 (22.2%)	3 (33.3%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	2 (22.2%)	3 (33.3%)	3 (33.3%)	1 (11.1%)	0 (0.0%)	1 (11.1%)	4 (44.4%)	4 (44.4%)	0 (0.0%)	0 (0.0%)
60-64	7 (26.9%)	9 (34.6%)	4 (15.4%)	5 (19.2%)	0 (0.0%)	1 (3.8%)	5 (19.2%)	13 (50.0%)	3 (11.5%)	5 (19.2%)	0 (0.0%)	0 (0.0%)	3 (11.5%)	16 (61.5%)	6 (23.1%)	1 (3.8%)	0 (0.0%)
65-69	7 (18.4%)	6 (15.8%)	12 (31.6%)	9 (23.7%)	3 (7.9%)	1 (2.6%)	7 (18.4%)	7 (18.4%)	11 (28.9%)	10 (26.3%)	2 (5.3%)	1 (2.6%)	6 (15.8%)	24 (63.2%)	6 (15.8%)	1 (2.6%)	1 (2.6%)
70-74	2 (6.7%)	6 (20.0%)	9 (30.0%)	7 (23.3%)	5 (16.7%)	1 (3.3%)	3 (10.0%)	6 (20.0%)	8 (26.7%)	6 (20.0%)	1 (3.3%)	1 (3.3%)	4 (13.3%)	21 (70.0%)	3 (10.0%)	2 (6.7%)	0 (0.0%)
75-79	4 (15.4%)	6 (23.1%)	7 (26.9%)	3 (11.5%)	2 (7.7%)	4 (15.4%)	8 (30.8%)	5 (19.2%)	6 (23.1%)	3 (11.5%)	1 (3.8%)	3 (11.5%)	3 (11.1%)	18 (66.7%)	5 (18.5%)	1 (3.7%)	0 (0.0%)
80-	3 (18.8%)	5 (31.3%)	2 (12.5%)	2 (12.5%)	4 (25.0%)	0 (0.0%)	3 (18.8%)	4 (25.0%)	3 (18.8%)	5 (31.3%)	1 (6.3%)	0 (0.0%)	4 (25.0%)	9 (56.3%)	2 (12.5%)	0 (0.0%)	1 (6.3%)
合計	25 (15.8%)	41 (25.9%)	38 (24.1%)	31 (19.6%)	16 (10.1%)	7 (4.4%)	30 (19.9%)	41 (25.9%)	37 (23.4%)	33 (20.9%)	12 (7.6%)	5 (3.2%)	22 (13.8%)	99 (62.3%)	31 (19.5%)	5 (3.1%)	2 (1.3%)

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々を  
力を合わせて解決しようとする。

		8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいさつをしている。					10) 何か問題が生じた場合、まわりの人々を 力を合わせて解決しようとする。				
		強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	2 (25.0%)	5 (62.5%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	65-69	0 (0.0%)	7 (86.8%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	2 (18.2%)	7 (63.6%)	2 (18.2%)	0 (0.0%)	2 (18.2%)	4 (36.4%)	4 (36.4%)	1 (9.1%)	0 (0.0%)	0 (0.0%)
	70-74	1 (7.7%)	11 (53.8%)	4 (30.8%)	1 (7.7%)	0 (0.0%)	7 (53.8%)	5 (38.5%)	0 (0.0%)	1 (7.7%)	5 (38.5%)	2 (15.4%)	2 (15.4%)	1 (7.7%)	0 (0.0%)	0 (0.0%)
	75-79	1 (5.9%)	11 (64.7%)	4 (23.5%)	1 (5.9%)	0 (0.0%)	5 (29.4%)	10 (58.8%)	1 (5.9%)	0 (0.0%)	3 (17.6%)	10 (58.8%)	3 (17.8%)	1 (5.9%)	0 (0.0%)	0 (0.0%)
	80-	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (75.0%)	3 (25.0%)	1 (0.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	3 (5.3%)	31 (54.4%)	20 (35.1%)	2 (3.5%)	1 (1.8%)	17 (29.8%)	34 (59.6%)	4 (7.0%)	1 (1.8%)	11 (19.3%)	31 (54.4%)	12 (21.1%)	2 (3.5%)	1 (1.8%)	0 (0.0%)	
女性	-39	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	5 (22.2%)	8 (44.4%)	1 (5.6%)	0 (0.0%)	8 (44.4%)	7 (38.9%)	2 (11.1%)	0 (0.0%)	1 (5.6%)	8 (44.4%)	2 (38.9%)	0 (0.0%)	1 (5.6%)	0 (0.0%)
	65-69	4 (14.8%)	14 (51.9%)	7 (25.9%)	1 (3.7%)	1 (3.7%)	13 (48.1%)	12 (44.4%)	1 (3.7%)	0 (0.0%)	4 (14.8%)	16 (59.3%)	4 (14.8%)	1 (3.7%)	2 (7.4%)	0 (0.0%)
	70-74	1 (5.9%)	10 (58.8%)	4 (23.5%)	1 (5.8%)	0 (0.0%)	6 (35.3%)	9 (52.9%)	1 (5.9%)	0 (0.0%)	3 (17.6%)	8 (47.1%)	4 (23.5%)	1 (5.9%)	0 (0.0%)	0 (0.0%)
	75-79	1 (10.0%)	5 (50.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	3 (30.0%)	6 (60.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)	6 (60.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	2 (16.7%)	7 (58.3%)	2 (16.7%)	0 (0.0%)	1 (8.3%)	3 (25.0%)	6 (50.0%)	3 (25.0%)	0 (0.0%)	2 (18.2%)	6 (54.5%)	3 (27.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	12 (11.8%)	50 (49.0%)	33 (32.4%)	4 (3.9%)	3 (2.9%)	35 (34.3%)	55 (53.9%)	8 (7.8%)	0 (0.0%)	14 (13.9%)	54 (53.5%)	26 (25.7%)	3 (3.0%)	4 (4.0%)	0 (0.0%)	
合計	-39	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	4 (86.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	4 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (11.1%)	4 (44.4%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	2 (22.2%)	6 (66.7%)	1 (11.1%)	0 (0.0%)	2 (22.2%)	5 (55.6%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	4 (15.4%)	7 (26.9%)	13 (50.8%)	2 (7.7%)	0 (0.0%)	9 (34.6%)	14 (53.8%)	2 (7.7%)	0 (0.0%)	1 (3.8%)	13 (50.0%)	10 (38.5%)	0 (0.0%)	1 (3.8%)	0 (0.0%)
	65-69	4 (10.5%)	21 (55.3%)	11 (28.9%)	1 (2.6%)	1 (2.6%)	15 (39.5%)	19 (50.0%)	3 (7.9%)	0 (0.0%)	6 (15.8%)	20 (52.6%)	8 (21.1%)	2 (5.3%)	2 (5.3%)	0 (0.0%)
	70-74	2 (6.7%)	17 (56.7%)	8 (26.7%)	1 (3.3%)	2 (6.7%)	13 (43.3%)	14 (46.7%)	1 (3.3%)	1 (3.3%)	8 (26.7%)	13 (43.3%)	6 (20.0%)	1 (3.3%)	2 (6.7%)	0 (0.0%)
	75-79	2 (7.4%)	16 (59.3%)	8 (29.6%)	1 (3.7%)	0 (0.0%)	8 (29.6%)	16 (59.3%)	1 (3.7%)	0 (0.0%)	5 (18.5%)	12 (44.4%)	8 (29.6%)	2 (7.4%)	0 (0.0%)	0 (0.0%)
	80-	2 (12.5%)	10 (62.5%)	3 (18.8%)	0 (0.0%)	1 (6.3%)	3 (18.8%)	9 (56.3%)	4 (25.0%)	0 (0.0%)	2 (13.3%)	10 (66.7%)	3 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	15 (9.4%)	81 (50.9%)	53 (33.3%)	6 (3.8%)	4 (2.5%)	52 (32.7%)	89 (58.0%)	12 (7.5%)	1 (0.6%)	5 (3.1%)	25 (15.8%)	38 (53.8%)	5 (7.2%)	5 (7.2%)	0 (0.0%)	

【7】現在の活動状況についておたずねします。

(1) そろじをしたり、重いものを持ち上げたりするなど、  
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して  
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす  
時間は1日平均してどれくらいですか。

	(1) 体を使うような仕事をしていますか。					(2) 仕事を含め、平均してどれくらい外出していますか。					(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。		
	ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下
男性																
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
55-59	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)
60-64	5 (62.5%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	7 (87.5%)
65-69	8 (72.7%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	1 (9.1%)	11 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (63.6%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	2 (15.4%)	10 (63.6%)
70-74	6 (46.2%)	4 (30.8%)	3 (23.1%)	0 (0.0%)	0 (0.0%)	11 (84.6%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	11 (84.6%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	1 (7.7%)	2 (15.4%)	12 (76.9%)
75-79	13 (76.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (23.5%)	12 (70.6%)	3 (17.6%)	2 (11.8%)	0 (0.0%)	11 (64.7%)	4 (23.5%)	2 (11.8%)	0 (0.0%)	0 (0.0%)	5 (29.4%)	12 (70.6%)
80-	1 (25.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)
合計	35 (61.4%)	9 (15.8%)	6 (10.5%)	1 (1.8%)	6 (10.5%)	46 (80.7%)	8 (14.0%)	2 (3.5%)	0 (0.0%)	42 (73.7%)	12 (21.1%)	3 (5.3%)	3 (5.3%)	13 (22.8%)	41 (71.9%)	
女性																
-39	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	
40-44	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	
45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	
50-54	2 (40.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)	
55-59	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	4 (66.7%)	
60-64	17 (94.4%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	15 (83.3%)	2 (11.1%)	1 (5.6%)	0 (0.0%)	16 (88.9%)	2 (11.1%)	0 (0.0%)	0 (0.0%)	4 (22.2%)	14 (77.8%)	
65-69	26 (96.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (3.7%)	22 (81.5%)	4 (14.8%)	1 (3.7%)	0 (0.0%)	22 (81.5%)	3 (11.1%)	2 (7.4%)	2 (7.4%)	6 (22.2%)	19 (70.4%)	
70-74	16 (94.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (5.9%)	15 (88.2%)	2 (11.8%)	0 (0.0%)	0 (0.0%)	14 (82.4%)	2 (11.8%)	1 (5.9%)	0 (0.0%)	5 (29.4%)	12 (70.6%)	
75-79	9 (90.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	9 (90.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	9 (90.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	4 (40.0%)	6 (60.0%)	
80-	5 (41.7%)	3 (25.0%)	1 (8.3%)	0 (0.0%)	3 (25.0%)	6 (50.0%)	2 (16.7%)	4 (33.3%)	0 (0.0%)	7 (58.3%)	3 (25.0%)	2 (16.7%)	1 (8.1%)	6 (54.5%)	4 (36.4%)	
合計	87 (85.3%)	5 (4.9%)	5 (4.9%)	0 (0.0%)	5 (4.9%)	83 (81.4%)	11 (10.8%)	8 (7.8%)	0 (0.0%)	82 (80.4%)	14 (13.7%)	6 (5.9%)	3 (3.0%)	32 (31.7%)	66 (65.3%)	
合計																
-39	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	3 (75.0%)	
40-44	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	
45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	
50-54	2 (33.3%)	1 (16.7%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	2 (33.3%)	0 (0.0%)	1 (16.7%)	4 (66.7%)	1 (16.7%)	
55-59	8 (88.9%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (88.9%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	8 (88.9%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	2 (22.2%)	7 (77.8%)	
60-64	22 (94.8%)	3 (11.5%)	0 (0.0%)	0 (0.0%)	1 (3.8%)	22 (84.6%)	2 (7.7%)	1 (3.8%)	0 (0.0%)	23 (88.5%)	2 (7.7%)	1 (3.8%)	1 (4.0%)	4 (15.4%)	21 (80.8%)	
65-69	34 (89.5%)	1 (2.6%)	1 (2.6%)	0 (0.0%)	2 (5.3%)	33 (86.8%)	4 (10.5%)	1 (2.6%)	0 (0.0%)	29 (76.3%)	7 (18.4%)	2 (5.3%)	2 (5.3%)	10 (26.3%)	26 (68.4%)	
70-74	22 (73.3%)	4 (13.3%)	3 (10.0%)	0 (0.0%)	1 (3.3%)	26 (86.7%)	4 (13.3%)	0 (0.0%)	0 (0.0%)	25 (83.3%)	4 (13.3%)	1 (3.3%)	1 (3.3%)	7 (23.3%)	22 (73.3%)	
75-79	22 (81.5%)	0 (0.0%)	1 (3.7%)	0 (0.0%)	4 (14.8%)	21 (77.8%)	3 (11.1%)	3 (11.1%)	0 (0.0%)	20 (74.1%)	4 (14.8%)	3 (11.1%)	0 (0.0%)	9 (33.3%)	18 (66.7%)	
80-	6 (37.5%)	4 (25.0%)	3 (18.8%)	0 (0.0%)	3 (18.8%)	8 (50.0%)	4 (25.0%)	4 (25.0%)	0 (0.0%)	9 (56.3%)	5 (31.3%)	2 (12.5%)	1 (6.7%)	8 (53.3%)	6 (40.0%)	
合計	122 (76.7%)	14 (8.8%)	11 (6.9%)	1 (0.6%)	11 (6.9%)	129 (81.1%)	19 (11.9%)	10 (6.3%)	0 (0.0%)	124 (78.0%)	26 (16.4%)	9 (5.7%)	6 (3.8%)	45 (28.5%)	107 (67.7%)	

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)
	55-59	3 (100.0%)	0 (0.0%)
	60-64	3 (50.0%)	3 (50.0%)
	65-69	4 (36.4%)	7 (63.6%)
	70-74	2 (16.7%)	10 (83.3%)
	75-79	7 (43.8%)	9 (56.3%)
	80-	4 (100.0%)	0 (0.0%)
	合計	23 (44.2%)	29 (55.8%)
	女性	-39	4 (100.0%)
40-44		1 (50.0%)	1 (50.0%)
45-49		1 (100.0%)	0 (0.0%)
50-54		4 (80.0%)	1 (20.0%)
55-59		1 (16.7%)	5 (83.3%)
60-64		10 (58.8%)	7 (41.2%)
65-69		16 (59.3%)	11 (40.7%)
70-74		10 (62.5%)	6 (37.5%)
75-79		8 (88.9%)	1 (11.1%)
80-		5 (41.7%)	7 (58.3%)
合計		60 (60.6%)	39 (39.4%)
合計		-39	4 (100.0%)
	40-44	1 (50.0%)	1 (50.0%)
	45-49	1 (100.0%)	0 (0.0%)
	50-54	4 (80.0%)	1 (20.0%)
	55-59	4 (44.4%)	5 (55.6%)
	60-64	13 (56.5%)	10 (43.5%)
	65-69	20 (52.6%)	18 (47.4%)
	70-74	12 (42.9%)	16 (57.1%)
	75-79	15 (60.0%)	10 (40.0%)
	80-	9 (56.3%)	7 (43.8%)
	合計	83 (55.0%)	68 (45.0%)

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そわそわ、落ち着かなく感じましたか。

	1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そわそわ、落ち着かなく感じましたか。				
	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性															
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
55-59	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
60-64	3 (42.9%)	4 (57.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	6 (85.7%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
65-69	8 (72.7%)	3 (27.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (81.8%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	8 (72.7%)	3 (27.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
70-74	8 (61.5%)	4 (30.8%)	1 (7.7%)	0 (0.0%)	0 (0.0%)	10 (76.9%)	3 (23.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (69.2%)	3 (23.1%)	1 (7.7%)	0 (0.0%)	0 (0.0%)
75-79	8 (47.1%)	7 (41.2%)	1 (5.9%)	0 (0.0%)	1 (5.9%)	10 (58.8%)	3 (17.6%)	2 (11.8%)	1 (5.9%)	1 (5.9%)	11 (64.7%)	3 (17.6%)	3 (17.6%)	0 (0.0%)	0 (0.0%)
80-	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	32 (57.1%)	19 (33.9%)	3 (5.4%)	1 (1.8%)	1 (1.8%)	42 (73.7%)	9 (15.8%)	3 (5.3%)	1 (1.8%)	2 (3.5%)	39 (69.6%)	11 (19.6%)	6 (10.7%)	0 (0.0%)	0 (0.0%)
女性															
-39	2 (50.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)
40-44	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (50.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	2 (40.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
55-59	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
60-64	6 (33.3%)	6 (33.3%)	3 (16.7%)	0 (0.0%)	3 (16.7%)	14 (77.8%)	1 (5.6%)	2 (11.1%)	1 (5.6%)	0 (0.0%)	9 (50.0%)	6 (33.3%)	2 (11.1%)	1 (5.6%)	0 (0.0%)
65-69	12 (44.4%)	12 (44.4%)	3 (11.1%)	0 (0.0%)	0 (0.0%)	21 (77.8%)	3 (11.1%)	2 (7.4%)	1 (3.7%)	0 (0.0%)	19 (70.4%)	8 (29.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
70-74	7 (41.2%)	8 (47.1%)	2 (11.8%)	0 (0.0%)	0 (0.0%)	11 (68.8%)	4 (25.0%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	11 (64.7%)	4 (23.5%)	2 (11.8%)	0 (0.0%)	0 (0.0%)
75-79	3 (33.3%)	4 (44.4%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	5 (55.6%)	1 (11.1%)	1 (11.1%)	1 (11.1%)	1 (11.1%)	4 (40.0%)	5 (50.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)
80-	7 (58.3%)	3 (25.0%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	9 (75.0%)	2 (16.7%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	10 (83.3%)	1 (8.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)
合計	43 (42.6%)	38 (37.6%)	14 (13.9%)	3 (3.0%)	3 (3.0%)	75 (75.0%)	12 (12.0%)	9 (9.0%)	3 (3.0%)	1 (1.0%)	66 (64.7%)	26 (25.5%)	8 (7.8%)	2 (2.0%)	0 (0.0%)
合計															
-39	2 (50.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)
40-44	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (50.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)
55-59	6 (66.7%)	2 (22.2%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	8 (88.9%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (88.9%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	0 (0.0%)
60-64	9 (36.0%)	10 (40.0%)	3 (12.0%)	0 (0.0%)	3 (12.0%)	21 (80.8%)	1 (3.8%)	2 (7.7%)	1 (3.8%)	1 (3.8%)	15 (60.0%)	7 (28.0%)	2 (8.0%)	1 (4.0%)	0 (0.0%)
65-69	20 (52.6%)	15 (39.5%)	3 (7.9%)	0 (0.0%)	0 (0.0%)	30 (78.9%)	4 (10.5%)	3 (7.9%)	1 (2.6%)	0 (0.0%)	27 (71.1%)	11 (28.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
70-74	15 (50.0%)	12 (40.0%)	3 (10.0%)	0 (0.0%)	0 (0.0%)	21 (72.4%)	7 (24.1%)	1 (3.4%)	0 (0.0%)	0 (0.0%)	20 (66.7%)	7 (23.3%)	3 (10.0%)	0 (0.0%)	0 (0.0%)
75-79	11 (42.3%)	11 (42.3%)	2 (7.7%)	1 (3.8%)	1 (3.8%)	15 (57.7%)	4 (15.4%)	3 (11.5%)	2 (7.7%)	2 (7.7%)	15 (55.6%)	8 (29.6%)	4 (14.8%)	0 (0.0%)	0 (0.0%)
80-	9 (56.3%)	4 (25.0%)	3 (18.8%)	0 (0.0%)	0 (0.0%)	12 (75.0%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	13 (81.3%)	2 (12.5%)	1 (6.3%)	0 (0.0%)	0 (0.0%)
合計	75 (47.8%)	57 (36.3%)	17 (10.8%)	4 (2.5%)	4 (2.5%)	117 (74.5%)	21 (13.4%)	12 (7.6%)	4 (2.5%)	3 (1.9%)	105 (66.5%)	37 (23.4%)	14 (8.9%)	2 (1.3%)	0 (0.0%)

4) 気分が沈み込んで、何が起っても  
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	7 (87.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	0 (0.0%)	1 (12.5%)	0 (0.0%)
	65-69	7 (63.6%)	2 (18.2%)	2 (18.2%)	0 (0.0%)	0 (0.0%)	8 (72.7%)	1 (9.1%)	2 (18.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (90.9%)	0 (0.0%)	1 (9.1%)	0 (0.0%)
	70-74	11 (84.6%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	11 (84.6%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (76.9%)	2 (15.4%)	1 (7.7%)	0 (0.0%)
	75-79	10 (58.8%)	4 (23.5%)	2 (11.8%)	1 (5.9%)	0 (0.0%)	10 (58.8%)	4 (23.5%)	2 (11.8%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	11 (64.7%)	3 (17.6%)	1 (5.9%)	0 (0.0%)
	80-	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	38 (66.7%)	11 (19.3%)	6 (10.5%)	1 (1.8%)	1 (1.8%)	40 (70.2%)	9 (15.8%)	6 (10.5%)	1 (1.8%)	1 (1.8%)	0 (0.0%)	44 (77.2%)	6 (10.5%)	4 (7.0%)	0 (0.0%)	
女性	-39	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	
	40-44	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	
	45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	50-54	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	55-59	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	
	60-64	7 (38.9%)	5 (27.8%)	5 (27.8%)	1 (5.6%)	0 (0.0%)	9 (50.0%)	6 (33.3%)	1 (5.6%)	2 (11.1%)	0 (0.0%)	12 (66.7%)	3 (16.7%)	3 (16.7%)	0 (0.0%)	
	65-69	18 (66.7%)	7 (25.9%)	2 (7.4%)	0 (0.0%)	0 (0.0%)	18 (66.7%)	7 (25.9%)	2 (7.4%)	0 (0.0%)	0 (0.0%)	22 (81.5%)	3 (11.1%)	2 (7.4%)	0 (0.0%)	
	70-74	7 (41.2%)	9 (52.9%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	5 (29.4%)	10 (58.8%)	1 (5.9%)	1 (5.9%)	0 (0.0%)	9 (52.9%)	7 (41.2%)	1 (5.9%)	0 (0.0%)	
	75-79	3 (30.0%)	2 (20.0%)	3 (30.0%)	1 (10.0%)	1 (10.0%)	5 (50.0%)	2 (20.0%)	2 (20.0%)	0 (0.0%)	1 (10.0%)	5 (50.0%)	3 (30.0%)	1 (10.0%)	1 (10.0%)	
	80-	9 (75.0%)	2 (16.7%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	9 (75.0%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	8 (66.7%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	
合計	57 (55.9%)	28 (27.5%)	14 (13.7%)	2 (2.0%)	1 (1.0%)	56 (54.9%)	34 (33.3%)	7 (6.9%)	3 (2.9%)	2 (2.0%)	71 (69.6%)	20 (19.6%)	9 (8.8%)	1 (1.0%)		
合計	-39	2 (50.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (75.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	
	40-44	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	
	45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	50-54	4 (66.7%)	1 (16.7%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	
	55-59	6 (66.7%)	2 (22.2%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	4 (44.4%)	4 (44.4%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	8 (88.9%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	
	60-64	14 (53.8%)	5 (19.2%)	5 (19.2%)	1 (3.8%)	1 (3.8%)	16 (61.5%)	6 (23.1%)	1 (3.8%)	3 (11.5%)	0 (0.0%)	18 (69.2%)	3 (11.5%)	4 (15.4%)	0 (0.0%)	
	65-69	25 (65.8%)	9 (23.7%)	4 (10.5%)	0 (0.0%)	0 (0.0%)	26 (68.4%)	8 (21.1%)	4 (10.5%)	0 (0.0%)	0 (0.0%)	32 (84.2%)	3 (7.9%)	3 (7.9%)	0 (0.0%)	
	70-74	18 (60.0%)	11 (36.7%)	1 (3.3%)	0 (0.0%)	0 (0.0%)	16 (53.3%)	12 (40.0%)	1 (3.3%)	1 (3.3%)	0 (0.0%)	19 (63.3%)	9 (30.0%)	2 (6.7%)	0 (0.0%)	
	75-79	13 (48.1%)	6 (22.2%)	5 (18.5%)	2 (7.4%)	1 (3.7%)	15 (55.6%)	6 (22.2%)	4 (14.8%)	0 (0.0%)	2 (7.4%)	16 (59.3%)	6 (22.2%)	2 (7.4%)	1 (3.7%)	
	80-	11 (68.8%)	4 (25.0%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	12 (75.0%)	3 (18.8%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	12 (75.0%)	3 (18.8%)	0 (0.0%)	0 (0.0%)	
合計	95 (59.7%)	39 (24.5%)	20 (12.6%)	3 (1.9%)	2 (1.3%)	96 (60.4%)	43 (27.0%)	13 (8.2%)	4 (2.5%)	3 (1.9%)	115 (72.3%)	26 (16.4%)	13 (8.2%)	1 (0.6%)		

【10】 今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)
	55-59	0 (0.0%)	3 (100.0%)	2 (66.7%)	1 (33.3%)	1 (33.3%)	2 (66.7%)
	60-64	0 (0.0%)	8 (100.0%)	2 (25.0%)	6 (75.0%)	0 (0.0%)	8 (100.0%)
	65-69	1 (9.1%)	10 (90.9%)	1 (9.1%)	10 (90.9%)	0 (0.0%)	11 (100.0%)
	70-74	1 (7.7%)	12 (92.3%)	1 (7.7%)	12 (92.3%)	0 (0.0%)	13 (100.0%)
	75-79	2 (11.8%)	15 (88.2%)	1 (5.9%)	16 (94.1%)	0 (0.0%)	17 (100.0%)
	80-	0 (0.0%)	4 (100.0%)	1 (25.0%)	3 (75.0%)	0 (0.0%)	4 (100.0%)
	合計	4 (7.0%)	53 (93.0%)	8 (14.0%)	49 (86.0%)	1 (1.8%)	56 (98.2%)
女性	-39	1 (25.0%)	3 (75.0%)	1 (25.0%)	3 (75.0%)	1 (25.0%)	3 (75.0%)
	40-44	0 (0.0%)	2 (100.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	2 (100.0%)
	45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)
	50-54	1 (20.0%)	4 (80.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	5 (100.0%)
	55-59	2 (33.3%)	4 (66.7%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	6 (100.0%)
	60-64	5 (27.8%)	13 (72.2%)	5 (27.8%)	13 (72.2%)	4 (22.2%)	14 (77.8%)
	65-69	3 (11.1%)	24 (88.9%)	5 (18.5%)	22 (81.5%)	1 (3.7%)	26 (96.3%)
	70-74	2 (11.8%)	15 (88.2%)	4 (23.5%)	13 (76.5%)	2 (11.8%)	15 (88.2%)
	75-79	5 (55.6%)	4 (44.4%)	4 (44.4%)	5 (55.6%)	0 (0.0%)	8 (100.0%)
	80-	2 (16.7%)	10 (83.3%)	3 (25.0%)	9 (75.0%)	1 (9.1%)	10 (90.9%)
	合計	21 (20.8%)	80 (79.2%)	22 (21.8%)	79 (78.2%)	9 (9.1%)	90 (90.9%)
合計	-39	1 (25.0%)	3 (75.0%)	1 (25.0%)	3 (75.0%)	1 (25.0%)	3 (75.0%)
	40-44	0 (0.0%)	2 (100.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	2 (100.0%)
	45-49	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)
	50-54	1 (16.7%)	5 (83.3%)	0 (0.0%)	6 (100.0%)	0 (0.0%)	6 (100.0%)
	55-59	2 (22.2%)	7 (77.8%)	2 (22.2%)	7 (77.8%)	1 (11.1%)	8 (88.9%)
	60-64	5 (19.2%)	21 (80.8%)	7 (26.9%)	19 (73.1%)	4 (15.4%)	22 (84.6%)
	65-69	4 (10.5%)	34 (89.5%)	6 (15.8%)	32 (84.2%)	1 (2.6%)	37 (97.4%)
	70-74	3 (10.0%)	27 (90.0%)	5 (16.7%)	25 (83.3%)	2 (6.7%)	28 (93.3%)
	75-79	7 (26.9%)	19 (73.1%)	5 (19.2%)	21 (80.8%)	0 (0.0%)	25 (100.0%)
	80-	2 (12.5%)	14 (87.5%)	4 (25.0%)	12 (75.0%)	1 (6.7%)	14 (93.3%)
	合計	25 (15.8%)	133 (84.2%)	30 (19.0%)	128 (81.0%)	10 (6.4%)	146 (93.6%)

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	55-59	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)
	60-64	4 (50.0%)	1 (12.5%)	2 (25.0%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	2 (25.0%)	2 (25.0%)	4 (50.0%)
	65-69	5 (45.5%)	1 (9.1%)	3 (27.3%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	1 (9.1%)	3 (27.3%)	7 (63.6%)
	70-74	3 (23.1%)	3 (23.1%)	3 (23.1%)	2 (15.4%)	2 (15.4%)	0 (0.0%)	4 (30.8%)	3 (23.1%)	6 (46.2%)
	75-79	7 (41.2%)	2 (11.8%)	3 (17.6%)	4 (23.5%)	1 (5.9%)	0 (0.0%)	3 (17.6%)	5 (29.4%)	9 (52.9%)
	80-	2 (50.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)
	合計	21 (36.8%)	7 (12.3%)	14 (24.6%)	9 (15.8%)	6 (10.5%)	1 (1.8%)	10 (17.5%)	17 (29.8%)	29 (50.9%)
女性	-39	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)
	45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
	50-54	0 (0.0%)	1 (20.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	3 (60.0%)
	55-59	2 (33.3%)	1 (16.7%)	0 (0.0%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	1 (16.7%)	1 (16.7%)	4 (66.7%)
	60-64	4 (22.2%)	3 (16.7%)	4 (22.2%)	3 (16.7%)	4 (22.2%)	0 (0.0%)	2 (11.1%)	9 (50.0%)	7 (38.9%)
	65-69	6 (23.1%)	4 (15.4%)	7 (26.9%)	7 (26.9%)	2 (7.7%)	1 (3.7%)	4 (14.8%)	7 (25.9%)	15 (55.6%)
	70-74	6 (35.3%)	2 (11.8%)	4 (23.5%)	3 (17.6%)	2 (11.8%)	0 (0.0%)	2 (11.8%)	5 (29.4%)	10 (58.8%)
	75-79	3 (30.0%)	2 (20.0%)	3 (30.0%)	2 (20.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	4 (40.0%)	5 (50.0%)
	80-	3 (27.3%)	4 (36.4%)	1 (9.1%)	2 (18.2%)	1 (9.1%)	1 (8.3%)	2 (16.7%)	1 (8.3%)	8 (66.7%)
	合計	25 (25.0%)	18 (18.0%)	22 (22.0%)	23 (23.0%)	12 (12.0%)	4 (3.9%)	13 (12.7%)	30 (29.4%)	55 (53.9%)
合計	-39	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	2 (50.0%)
	40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)
	45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
	50-54	0 (0.0%)	1 (16.7%)	2 (33.3%)	3 (50.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	2 (33.3%)	3 (50.0%)
	55-59	2 (22.2%)	1 (11.1%)	2 (22.2%)	3 (33.3%)	1 (11.1%)	1 (11.1%)	1 (11.1%)	2 (22.2%)	5 (55.6%)
	60-64	8 (30.8%)	4 (15.4%)	6 (23.1%)	3 (11.5%)	5 (19.2%)	0 (0.0%)	4 (15.4%)	11 (42.3%)	11 (42.3%)
	65-69	11 (29.7%)	5 (13.5%)	10 (27.0%)	8 (21.6%)	3 (8.1%)	1 (2.6%)	5 (13.2%)	10 (26.3%)	22 (57.9%)
	70-74	9 (30.0%)	5 (16.7%)	7 (23.3%)	5 (16.7%)	4 (13.3%)	0 (0.0%)	6 (20.0%)	8 (26.7%)	16 (53.3%)
	75-79	10 (37.0%)	4 (14.8%)	6 (22.2%)	6 (22.2%)	1 (3.7%)	1 (3.7%)	3 (11.1%)	9 (33.3%)	14 (51.9%)
	80-	5 (33.3%)	4 (26.7%)	2 (13.3%)	2 (13.3%)	2 (13.3%)	1 (6.3%)	2 (12.5%)	3 (18.8%)	10 (62.5%)
	合計	46 (29.3%)	25 (15.9%)	36 (22.9%)	32 (20.4%)	18 (11.5%)	5 (3.1%)	23 (14.5%)	47 (29.6%)	84 (52.8%)

【7】現在の活動状況についておたずねします。

(1) 震災時のご自宅の被害状況について、当てはまるもの1つに○をつけてください。

	全壊 (流失または焼失)	大規模半壊	半壊	一部損壊	損壊なし・浸水あり	損壊も浸水もなし	その他
男性	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
55-59	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
60-64	2 (25.0%)	2 (25.0%)	0 (0.0%)	3 (37.5%)	0 (0.0%)	1 (12.5%)	0 (0.0%)
65-69	6 (54.5%)	1 (9.1%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	2 (18.2%)	0 (0.0%)
70-74	5 (38.5%)	4 (30.8%)	0 (0.0%)	4 (30.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
75-79	5 (29.4%)	3 (17.6%)	0 (0.0%)	4 (23.5%)	0 (0.0%)	5 (29.4%)	0 (0.0%)
80-	2 (50.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)
合計	21 (36.8%)	13 (22.8%)	1 (1.8%)	13 (22.8%)	0 (0.0%)	9 (15.8%)	0 (0.0%)
女性	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
-39	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	1 (20.0%)	4 (80.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
55-59	3 (50.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	2 (33.3%)	0 (0.0%)
60-64	11 (61.1%)	2 (11.1%)	0 (0.0%)	3 (16.7%)	0 (0.0%)	2 (11.1%)	0 (0.0%)
65-69	13 (48.1%)	6 (22.2%)	0 (0.0%)	3 (11.1%)	0 (0.0%)	3 (11.1%)	2 (7.4%)
70-74	9 (52.9%)	1 (5.9%)	0 (0.0%)	2 (11.8%)	0 (0.0%)	5 (29.4%)	0 (0.0%)
75-79	4 (40.0%)	1 (10.0%)	0 (0.0%)	3 (30.0%)	0 (0.0%)	2 (20.0%)	0 (0.0%)
80-	4 (33.3%)	1 (8.3%)	1 (8.3%)	3 (25.0%)	0 (0.0%)	3 (25.0%)	0 (0.0%)
合計	48 (47.1%)	17 (16.7%)	2 (2.0%)	16 (15.7%)	0 (0.0%)	17 (16.7%)	2 (2.0%)
合計	3 (75.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
-39	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	1 (16.7%)	5 (83.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
55-59	4 (44.4%)	2 (22.2%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	2 (22.2%)	0 (0.0%)
60-64	13 (50.0%)	4 (15.4%)	0 (0.0%)	6 (23.1%)	0 (0.0%)	3 (11.5%)	0 (0.0%)
65-69	19 (50.0%)	7 (18.4%)	1 (2.6%)	4 (10.5%)	0 (0.0%)	5 (13.2%)	2 (5.3%)
70-74	14 (46.7%)	5 (16.7%)	0 (0.0%)	6 (20.0%)	0 (0.0%)	5 (16.7%)	0 (0.0%)
75-79	9 (33.3%)	4 (14.8%)	0 (0.0%)	7 (25.9%)	0 (0.0%)	7 (25.9%)	0 (0.0%)
80-	6 (37.5%)	1 (6.3%)	1 (6.3%)	4 (25.0%)	0 (0.0%)	4 (25.0%)	0 (0.0%)
合計	69 (43.4%)	30 (18.9%)	3 (1.9%)	29 (18.2%)	0 (0.0%)	26 (16.4%)	2 (1.3%)

(3)同居されていた、ご家族・ご親族の中で、今回の震災でお亡くなりになったり、行方不明になった方はいらっしゃいますか。

(2) 現在のお住まいについて、主に居住している場所はどちらですか。あてはまるもの1つに○をつけてください。

	(2) 現在のお住まいについて、主に居住している場所はどちらですか。あてはまるもの1つに○をつけてください。									(3) 同居されていた、ご家族・ご親族の中で、今回の震災でお亡くなりになったり、行方不明になった方はいらっしゃいますか。	
	震災前と同じ	プレハブ型仮設住宅	みなし仮設	賃貸住宅	同じ場所に再建	新たな場所に新築	家族・友人・親戚宅	その他	はい	いいえ	
男性											
-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
45-49	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
55-59	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	
60-64	5 (62.5%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (100.0%)	
65-69	4 (36.4%)	2 (18.2%)	1 (9.1%)	0 (0.0%)	1 (9.1%)	2 (18.2%)	0 (0.0%)	1 (9.1%)	0 (0.0%)	11 (100.0%)	
70-74	6 (46.2%)	5 (38.5%)	1 (7.7%)	0 (0.0%)	0 (0.0%)	1 (7.7%)	0 (0.0%)	0 (0.0%)	1 (7.7%)	12 (92.3%)	
75-79	9 (52.9%)	6 (35.3%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	17 (100.0%)	
80-	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	4 (100.0%)	
合計	28 (49.1%)	16 (28.1%)	3 (5.3%)	0 (0.0%)	2 (3.5%)	6 (10.5%)	0 (0.0%)	2 (3.5%)	1 (1.8%)	56 (98.2%)	
女性											
-39	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	
45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	
50-54	2 (40.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)	
55-59	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (100.0%)	
60-64	7 (38.9%)	8 (44.4%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	2 (11.1%)	0 (0.0%)	0 (0.0%)	1 (5.6%)	17 (94.4%)	
65-69	10 (37.0%)	12 (44.4%)	3 (11.1%)	0 (0.0%)	1 (3.7%)	1 (3.7%)	0 (0.0%)	0 (0.0%)	3 (11.1%)	24 (88.9%)	
70-74	7 (41.2%)	6 (35.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (23.5%)	0 (0.0%)	0 (0.0%)	2 (11.8%)	15 (88.2%)	
75-79	6 (60.0%)	3 (30.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (100.0%)	
80-	7 (58.3%)	3 (25.0%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	12 (100.0%)	
合計	44 (43.1%)	39 (38.2%)	7 (6.9%)	0 (0.0%)	1 (1.0%)	11 (10.8%)	0 (0.0%)	0 (0.0%)	9 (8.8%)	93 (91.2%)	
合計											
-39	1 (25.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (50.0%)	2 (50.0%)
40-44	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	
45-49	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	
50-54	3 (50.0%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	5 (83.3%)	
55-59	4 (44.4%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (100.0%)	
60-64	12 (46.2%)	10 (38.5%)	1 (3.8%)	0 (0.0%)	1 (3.8%)	2 (7.7%)	0 (0.0%)	0 (0.0%)	1 (3.8%)	25 (96.2%)	
65-69	14 (36.8%)	14 (36.8%)	4 (10.5%)	0 (0.0%)	2 (5.3%)	3 (7.9%)	0 (0.0%)	1 (2.6%)	3 (7.9%)	35 (92.1%)	
70-74	13 (43.3%)	11 (36.7%)	1 (3.3%)	0 (0.0%)	0 (0.0%)	5 (16.7%)	0 (0.0%)	0 (0.0%)	3 (10.0%)	27 (90.0%)	
75-79	15 (55.6%)	9 (33.3%)	2 (7.4%)	0 (0.0%)	0 (0.0%)	1 (3.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	27 (100.0%)	
80-	9 (56.3%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	2 (12.5%)	0 (0.0%)	1 (6.3%)	0 (0.0%)	16 (100.0%)	
合計	72 (45.3%)	55 (34.6%)	10 (6.3%)	0 (0.0%)	3 (1.9%)	17 (10.7%)	0 (0.0%)	2 (1.3%)	10 (6.3%)	149 (93.7%)	

【平成 25 年度分】度数分布表（陸前高田市）

【2】医療に関してお尋ねします。

【3】食事についておたずねします。

【4】タバコとお酒についてお尋ねします。

(1) 現在の健康状態はいかがですか。

(1) 最近の食事の回数について  
教えてください。

(1) 現在の喫煙

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上	吸わない	吸っていたがやめた	吸っている
男性	-39	6 (15.8%)	26 (68.4%)	4 (10.5%)	2 (5.3%)	8 (21.6%)	29 (78.4%)	20 (52.6%)	3 (7.9%)	15 (39.5%)
	40-44	3 (8.6%)	28 (80.0%)	4 (11.4%)	0 (0.0%)	7 (20.0%)	28 (80.0%)	10 (28.6%)	6 (17.1%)	19 (54.3%)
	45-49	8 (18.2%)	31 (70.5%)	4 (9.1%)	1 (2.3%)	4 (9.1%)	40 (90.9%)	11 (25.0%)	12 (27.3%)	21 (47.7%)
	50-54	2 (4.1%)	39 (79.6%)	6 (12.2%)	2 (4.1%)	5 (10.0%)	45 (90.0%)	16 (32.0%)	15 (30.0%)	19 (38.0%)
	55-59	3 (5.9%)	40 (78.4%)	7 (13.7%)	1 (2.0%)	4 (7.8%)	47 (92.2%)	10 (20.0%)	24 (48.0%)	16 (32.0%)
	60-64	6 (5.0%)	100 (82.6%)	15 (12.4%)	0 (0.0%)	4 (3.3%)	117 (96.7%)	32 (26.4%)	55 (45.5%)	34 (28.1%)
	65-69	17 (9.5%)	141 (78.8%)	19 (10.6%)	2 (1.1%)	4 (2.2%)	175 (97.8%)	42 (23.5%)	88 (49.2%)	49 (27.4%)
	70-74	30 (11.4%)	198 (75.0%)	32 (12.1%)	4 (1.5%)	5 (1.8%)	266 (98.2%)	85 (31.4%)	134 (49.4%)	52 (19.2%)
	75-79	24 (10.7%)	168 (74.7%)	29 (12.1%)	4 (1.8%)	4 (1.8%)	222 (98.2%)	74 (32.7%)	122 (54.0%)	30 (13.3%)
	80-	18 (12.2%)	101 (68.7%)	25 (17.0%)	3 (2.0%)	0 (0.0%)	149 (100.0%)	57 (38.3%)	78 (52.3%)	14 (9.4%)
	合計	117 (10.1%)	872 (75.6%)	145 (12.6%)	19 (1.6%)	45 (3.9%)	1118 (96.1%)	357 (30.7%)	537 (46.2%)	269 (23.1%)
女性	-39	17 (16.0%)	79 (74.5%)	10 (9.4%)	0 (0.0%)	17 (16.0%)	89 (84.0%)	82 (77.4%)	6 (7.5%)	16 (15.1%)
	40-44	7 (8.8%)	63 (78.8%)	10 (12.5%)	0 (0.0%)	7 (8.8%)	73 (91.3%)	53 (66.3%)	13 (16.3%)	14 (17.5%)
	45-49	14 (15.2%)	60 (65.2%)	18 (19.6%)	0 (0.0%)	9 (9.9%)	82 (90.1%)	75 (81.5%)	7 (7.6%)	10 (10.9%)
	50-54	11 (10.0%)	85 (77.3%)	13 (11.8%)	1 (0.9%)	5 (4.6%)	104 (95.4%)	100 (90.9%)	3 (2.7%)	7 (6.4%)
	55-59	12 (8.3%)	114 (78.6%)	19 (13.1%)	0 (0.0%)	3 (2.1%)	142 (97.9%)	135 (93.1%)	5 (3.4%)	5 (3.4%)
	60-64	28 (9.4%)	239 (80.2%)	28 (9.4%)	3 (1.0%)	2 (0.7%)	297 (99.3%)	286 (95.0%)	9 (3.0%)	6 (2.0%)
	65-69	20 (6.1%)	263 (80.2%)	39 (11.9%)	6 (1.8%)	2 (0.6%)	327 (99.4%)	319 (97.0%)	6 (1.8%)	4 (1.2%)
	70-74	33 (8.4%)	302 (76.6%)	51 (12.9%)	8 (2.0%)	5 (1.3%)	392 (98.7%)	382 (96.2%)	9 (2.3%)	6 (1.5%)
	75-79	26 (8.8%)	226 (76.4%)	41 (13.9%)	3 (1.0%)	1 (0.3%)	298 (99.7%)	298 (99.7%)	1 (0.3%)	0 (0.0%)
	80-	19 (10.8%)	125 (71.0%)	28 (15.9%)	4 (2.3%)	5 (2.7%)	177 (97.3%)	183 (100.0%)	0 (0.0%)	0 (0.0%)
	合計	187 (9.2%)	1556 (76.8%)	257 (12.7%)	25 (1.2%)	56 (2.7%)	1981 (97.3%)	1913 (93.7%)	61 (3.0%)	68 (3.3%)
合計	-39	23 (16.0%)	105 (72.9%)	14 (9.7%)	2 (1.4%)	25 (17.5%)	118 (82.5%)	102 (70.8%)	11 (7.6%)	31 (21.5%)
	40-44	10 (8.7%)	91 (79.1%)	14 (12.2%)	0 (0.0%)	14 (12.2%)	101 (87.8%)	63 (54.8%)	19 (16.5%)	33 (28.7%)
	45-49	22 (16.2%)	91 (66.9%)	22 (16.2%)	1 (0.7%)	13 (9.6%)	122 (90.4%)	86 (63.2%)	19 (14.0%)	31 (22.8%)
	50-54	13 (8.2%)	124 (78.0%)	19 (11.9%)	3 (1.9%)	10 (6.3%)	149 (93.7%)	116 (72.5%)	18 (11.3%)	26 (16.3%)
	55-59	15 (7.7%)	154 (78.6%)	26 (13.3%)	1 (0.5%)	7 (3.6%)	189 (96.4%)	145 (74.4%)	29 (14.9%)	21 (10.8%)
	60-64	34 (8.1%)	339 (80.9%)	43 (10.3%)	3 (0.7%)	6 (1.4%)	414 (98.6%)	318 (75.4%)	64 (15.2%)	40 (9.5%)
	65-69	37 (7.3%)	404 (79.7%)	58 (11.4%)	8 (1.6%)	6 (1.2%)	502 (98.8%)	361 (71.1%)	94 (18.5%)	53 (10.4%)
	70-74	63 (9.6%)	500 (76.0%)	83 (12.6%)	12 (1.8%)	10 (1.5%)	658 (98.5%)	467 (69.9%)	143 (21.4%)	58 (8.7%)
	75-79	50 (9.6%)	394 (75.6%)	70 (13.4%)	7 (1.3%)	5 (1.0%)	520 (99.0%)	372 (70.9%)	123 (23.4%)	30 (5.7%)
	80-	37 (11.5%)	226 (70.0%)	53 (16.4%)	7 (2.2%)	5 (1.5%)	326 (98.5%)	240 (72.3%)	78 (23.5%)	14 (4.2%)
	合計	304 (9.6%)	2428 (76.4%)	402 (12.6%)	44 (1.4%)	101 (3.2%)	3099 (96.8%)	2270 (70.8%)	598 (18.7%)	337 (10.5%)

【4】お仕事の状況についておたずねします。

(1) 現在のお仕事について、当てはまるもの1つに○を付けてください。

(副問) 仕事をしていない場合、職業について当てはまるものすべてに○をつけて下さい。(割合は(1)で仕事していると回答した者に対する割合)

		仕事している		仕事していない (年金生活者、主婦、 学生、無職を含む)		農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他	
		人数	(割合)	人数	(割合)														
男性	-39	34 (91.9%)	1 (2.7%)	2 (5.4%)	1 (2.9%)	6 (17.6%)	0 (0.0%)	5 (14.7%)	6 (17.6%)	2 (5.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (5.9%)	0 (0.0%)	4 (11.8%)	7 (20.6%)	4 (11.8%)	
	40-44	30 (90.9%)	3 (9.1%)	0 (0.0%)	2 (6.7%)	2 (6.7%)	0 (0.0%)	6 (20.0%)	3 (10.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (6.7%)	5 (16.7%)	0 (0.0%)	5 (16.7%)	2 (6.7%)	5 (16.7%)	
	45-49	38 (90.5%)	2 (4.8%)	2 (4.8%)	2 (5.3%)	9 (23.7%)	0 (0.0%)	7 (18.4%)	2 (5.3%)	2 (5.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (15.8%)	0 (0.0%)	2 (5.3%)	3 (7.9%)	7 (18.4%)	
	50-54	42 (84.0%)	3 (6.0%)	5 (10.0%)	3 (7.1%)	7 (16.7%)	0 (0.0%)	10 (23.8%)	3 (7.1%)	0 (0.0%)	1 (2.4%)	0 (0.0%)	0 (0.0%)	3 (7.1%)	0 (0.0%)	4 (9.5%)	4 (9.5%)	8 (19.0%)	
	55-59	45 (90.0%)	1 (2.0%)	4 (8.0%)	1 (2.2%)	5 (11.1%)	0 (0.0%)	15 (33.3%)	3 (6.7%)	1 (2.2%)	0 (0.0%)	0 (0.0%)	2 (4.4%)	3 (6.7%)	2 (4.4%)	1 (2.2%)	2 (4.4%)	2 (4.4%)	10 (22.2%)
	60-64	84 (72.4%)	2 (1.7%)	30 (25.9%)	12 (14.3%)	13 (15.5%)	0 (0.0%)	26 (31.0%)	4 (4.8%)	2 (2.4%)	0 (0.0%)	5 (6.0%)	5 (6.0%)	2 (2.4%)	1 (1.2%)	1 (1.2%)	5 (6.0%)	5 (6.0%)	23 (27.4%)
	65-69	87 (50.3%)	0 (0.0%)	86 (49.7%)	14 (16.1%)	21 (24.1%)	0 (0.0%)	28 (32.2%)	4 (4.6%)	1 (1.1%)	0 (0.0%)	4 (4.6%)	1 (1.1%)	2 (2.3%)	1 (1.1%)	1 (1.1%)	6 (6.9%)	6 (6.9%)	17 (19.5%)
	70-74	100 (37.2%)	1 (0.4%)	168 (62.5%)	20 (20.0%)	24 (24.0%)	0 (0.0%)	22 (22.0%)	0 (0.0%)	2 (2.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (5.0%)	1 (1.0%)	3 (3.0%)	2 (2.0%)	2 (2.0%)	29 (29.0%)
	75-79	52 (23.4%)	1 (0.5%)	169 (76.1%)	25 (48.1%)	15 (28.8%)	0 (0.0%)	4 (7.7%)	1 (1.9%)	1 (1.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (3.8%)	0 (0.0%)	0 (0.0%)	3 (5.8%)	3 (5.8%)	9 (17.3%)
	80-	21 (14.2%)	0 (0.0%)	127 (85.8%)	10 (47.6%)	7 (33.3%)	0 (0.0%)	2 (9.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (9.5%)	0 (0.0%)	1 (4.8%)	0 (0.0%)	0 (0.0%)	2 (9.5%)
合計	533 (46.8%)	14 (1.2%)	593 (52.0%)	90 (15.1%)	109 (18.3%)	0 (0.0%)	125 (23.5%)	26 (4.9%)	11 (2.1%)	1 (0.2%)	13 (2.4%)	7 (1.3%)	34 (6.4%)	7 (1.3%)	22 (4.1%)	34 (6.4%)	114 (21.4%)		
女性	-39	86 (82.7%)	3 (2.9%)	15 (14.4%)	0 (0.0%)	5 (5.8%)	0 (0.0%)	3 (3.5%)	11 (12.8%)	0 (0.0%)	2 (2.3%)	0 (0.0%)	0 (0.0%)	11 (12.8%)	1 (1.2%)	19 (22.1%)	19 (22.1%)	18 (20.9%)	
	40-44	63 (82.9%)	2 (2.6%)	11 (14.5%)	1 (1.6%)	2 (3.2%)	0 (0.0%)	5 (7.9%)	7 (11.1%)	1 (1.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (12.7%)	1 (1.6%)	14 (22.2%)	12 (19.0%)	19 (30.2%)	
	45-49	74 (80.4%)	0 (0.0%)	18 (19.6%)	3 (4.1%)	6 (8.1%)	0 (0.0%)	1 (1.4%)	10 (13.5%)	0 (0.0%)	1 (1.4%)	0 (0.0%)	0 (0.0%)	9 (12.2%)	0 (0.0%)	12 (16.2%)	20 (27.0%)	15 (20.3%)	
	50-54	77 (71.3%)	4 (3.7%)	27 (25.0%)	4 (5.2%)	8 (10.4%)	0 (0.0%)	3 (3.9%)	8 (10.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (13.0%)	1 (1.3%)	16 (20.8%)	5 (6.5%)	25 (32.5%)	
	55-59	85 (58.6%)	5 (3.4%)	55 (37.9%)	7 (8.2%)	6 (7.1%)	0 (0.0%)	3 (3.5%)	25 (29.4%)	0 (0.0%)	1 (1.2%)	0 (0.0%)	0 (0.0%)	9 (10.6%)	0 (0.0%)	10 (11.8%)	13 (15.3%)	19 (22.4%)	
	60-64	133 (44.5%)	0 (0.0%)	166 (55.5%)	14 (10.5%)	18 (13.5%)	0 (0.0%)	6 (4.5%)	21 (15.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (6.0%)	1 (0.8%)	13 (9.8%)	20 (15.0%)	39 (29.3%)	
	65-69	84 (25.8%)	1 (0.3%)	241 (73.9%)	18 (21.4%)	9 (10.7%)	0 (0.0%)	2 (2.4%)	7 (8.3%)	1 (1.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (4.8%)	0 (0.0%)	10 (11.9%)	7 (8.3%)	32 (38.1%)	
	70-74	81 (20.5%)	1 (0.3%)	314 (79.3%)	34 (42.0%)	11 (13.6%)	0 (0.0%)	2 (2.5%)	2 (2.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (4.9%)	0 (0.0%)	9 (11.1%)	1 (1.2%)	20 (24.7%)	
	75-79	34 (11.4%)	0 (0.0%)	264 (88.6%)	19 (55.9%)	6 (17.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (11.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (11.8%)
	80-	11 (6.0%)	0 (0.0%)	172 (94.0%)	10 (90.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (9.1%)
合計	728 (35.9%)	16 (0.8%)	1283 (63.3%)	110 (15.1%)	71 (9.8%)	0 (0.0%)	25 (3.4%)	91 (12.5%)	2 (0.3%)	4 (0.5%)	0 (0.0%)	0 (0.0%)	67 (9.2%)	4 (0.5%)	103 (14.1%)	97 (13.3%)	192 (26.4%)		
合計	-39	120 (85.1%)	4 (2.8%)	17 (12.1%)	1 (0.8%)	11 (9.2%)	0 (0.0%)	8 (6.7%)	17 (14.2%)	2 (1.7%)	2 (1.7%)	0 (0.0%)	0 (0.0%)	13 (10.8%)	1 (0.8%)	23 (19.2%)	26 (21.7%)	22 (18.3%)	
	40-44	93 (85.3%)	5 (4.6%)	11 (10.1%)	3 (3.2%)	4 (4.3%)	0 (0.0%)	11 (11.8%)	10 (10.8%)	1 (1.1%)	0 (0.0%)	2 (2.2%)	2 (2.2%)	13 (14.0%)	1 (1.1%)	19 (20.4%)	14 (15.1%)	24 (25.8%)	
	45-49	112 (83.6%)	2 (1.5%)	20 (14.9%)	5 (4.5%)	15 (13.4%)	0 (0.0%)	8 (7.1%)	12 (10.7%)	2 (1.8%)	1 (0.9%)	0 (0.0%)	0 (0.0%)	15 (13.4%)	0 (0.0%)	14 (20.5%)	23 (20.5%)	22 (19.6%)	
	50-54	119 (75.3%)	7 (4.4%)	32 (20.3%)	7 (5.9%)	15 (12.6%)	0 (0.0%)	13 (10.9%)	11 (9.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	13 (10.9%)	1 (0.8%)	20 (16.8%)	9 (7.6%)	33 (27.7%)	
	55-59	130 (66.7%)	6 (3.1%)	59 (30.3%)	8 (6.2%)	11 (8.5%)	0 (0.0%)	18 (13.8%)	28 (21.5%)	1 (0.8%)	1 (0.8%)	2 (1.5%)	2 (1.5%)	12 (9.2%)	2 (1.5%)	11 (8.5%)	15 (11.5%)	29 (22.3%)	
	60-64	217 (52.3%)	2 (0.5%)	196 (47.2%)	26 (12.0%)	31 (14.3%)	0 (0.0%)	32 (14.7%)	25 (11.5%)	2 (0.9%)	0 (0.0%)	5 (2.3%)	3 (1.4%)	13 (6.0%)	3 (1.4%)	14 (6.5%)	25 (11.5%)	62 (28.6%)	
	65-69	171 (34.3%)	1 (0.2%)	327 (65.5%)	32 (18.7%)	30 (17.5%)	0 (0.0%)	30 (17.5%)	11 (6.4%)	2 (1.2%)	0 (0.0%)	4 (2.3%)	5 (2.9%)	2 (1.2%)	11 (6.4%)	13 (7.6%)	13 (7.6%)	49 (28.7%)	
	70-74	181 (27.2%)	2 (0.3%)	482 (72.5%)	54 (29.8%)	35 (19.3%)	0 (0.0%)	24 (13.3%)	2 (1.1%)	2 (1.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (5.0%)	1 (0.6%)	12 (6.6%)	3 (1.7%)	49 (27.1%)	
	75-79	86 (16.5%)	1 (0.2%)	433 (83.3%)	44 (51.2%)	21 (24.4%)	0 (0.0%)	4 (4.7%)	1 (1.2%)	1 (1.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (7.0%)	0 (0.0%)	0 (0.0%)	3 (3.5%)	13 (15.1%)	
	80-	32 (9.7%)	0 (0.0%)	299 (90.3%)	20 (62.5%)	7 (21.9%)	0 (0.0%)	2 (6.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (6.3%)	0 (0.0%)	1 (3.1%)	0 (0.0%)	3 (9.4%)	
合計	1261 (39.8%)	30 (0.9%)	1876 (59.2%)	200 (15.9%)	180 (14.3%)	0 (0.0%)	150 (11.9%)	117 (9.3%)	13 (1.0%)	5 (0.4%)	13 (1.0%)	11 (0.9%)	101 (8.0%)	11 (0.9%)	125 (9.9%)	131 (10.4%)	306 (24.3%)		

(2) お仕事をしている方にお聞きます。現在のお仕事は震災前と同じですか。

(副問) 震災前と比べて、お仕事の状況は変わりましたか。あてはまる

		はい	いいえ	稼ぎが増えた	稼ぎが減った	変化なし
男性	-39	29 (6.9%)	6 (4.7%)	7 (6.3%)	13 (5.9%)	15 (7.0%)
	40-44	23 (5.4%)	9 (7.0%)	12 (10.8%)	12 (5.5%)	8 (3.7%)
	45-49	28 (6.6%)	12 (9.3%)	9 (8.1%)	18 (8.2%)	13 (6.0%)
	50-54	34 (8.0%)	8 (6.2%)	10 (9.0%)	11 (5.0%)	20 (9.3%)
	55-59	36 (8.5%)	10 (7.8%)	14 (12.6%)	16 (7.3%)	16 (7.4%)
	60-64	67 (15.8%)	22 (17.1%)	19 (17.1%)	45 (20.5%)	25 (11.6%)
	65-69	68 (16.1%)	25 (19.4%)	18 (16.2%)	43 (19.5%)	31 (14.4%)
	70-74	70 (16.5%)	29 (22.5%)	16 (14.4%)	38 (17.3%)	43 (20.0%)
	75-79	50 (11.8%)	6 (4.7%)	3 (2.7%)	18 (8.2%)	35 (16.3%)
	80-	18 (4.3%)	2 (1.6%)	3 (2.7%)	6 (2.7%)	9 (4.2%)
	合計	423 (100.0%)	129 (100.0%)	111 (100.0%)	220 (100.0%)	215 (100.0%)
女性	-39	39 (9.1%)	49 (16.4%)	21 (13.5%)	31 (10.8%)	35 (12.8%)
	40-44	33 (7.7%)	34 (11.4%)	20 (12.8%)	32 (11.2%)	15 (5.5%)
	45-49	34 (7.9%)	40 (13.4%)	23 (14.7%)	29 (10.1%)	21 (7.7%)
	50-54	48 (11.2%)	31 (10.4%)	20 (12.8%)	31 (10.8%)	27 (9.9%)
	55-59	52 (12.1%)	33 (11.1%)	13 (8.3%)	33 (11.5%)	37 (13.5%)
	60-64	71 (16.6%)	61 (20.5%)	24 (15.4%)	57 (19.9%)	50 (18.2%)
	65-69	55 (12.9%)	29 (9.7%)	24 (15.4%)	31 (10.8%)	27 (9.9%)
	70-74	62 (14.5%)	14 (4.7%)	10 (6.4%)	27 (9.4%)	37 (13.5%)
	75-79	26 (6.1%)	5 (1.7%)	1 (0.6%)	11 (3.8%)	18 (6.6%)
	80-	8 (1.9%)	2 (0.7%)	0 (0.0%)	4 (1.4%)	7 (2.6%)
	合計	428 (100.0%)	298 (100.0%)	156 (100.0%)	286 (100.0%)	274 (100.0%)
合計	-39	68 (8.0%)	55 (12.9%)	28 (10.5%)	44 (8.7%)	50 (10.2%)
	40-44	56 (6.6%)	43 (10.1%)	32 (12.0%)	44 (8.7%)	23 (4.7%)
	45-49	62 (7.3%)	52 (12.2%)	32 (12.0%)	47 (9.3%)	34 (7.0%)
	50-54	82 (9.6%)	39 (9.1%)	30 (11.2%)	42 (8.3%)	47 (9.6%)
	55-59	88 (10.3%)	43 (10.1%)	27 (10.1%)	49 (9.7%)	53 (10.8%)
	60-64	138 (16.2%)	83 (19.4%)	43 (16.1%)	102 (20.2%)	75 (15.3%)
	65-69	123 (14.5%)	54 (12.6%)	42 (15.7%)	74 (14.6%)	58 (11.9%)
	70-74	132 (15.5%)	43 (10.1%)	26 (9.7%)	65 (12.8%)	80 (16.4%)
	75-79	76 (8.9%)	11 (2.6%)	4 (1.5%)	29 (5.7%)	53 (10.8%)
	80-	26 (3.1%)	4 (0.9%)	3 (1.1%)	10 (2.0%)	16 (3.3%)
	合計	851 (100.0%)	427 (100.0%)	267 (100.0%)	506 (100.0%)	489 (100.0%)

【5】睡眠についておたずねします。

(1) 最近は1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝はしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	1 (2.6%)	12 (31.6%)	16 (42.1%)	8 (21.1%)	1 (2.6%)	0 (0.0%)	23 (60.5%)	15 (39.5%)
	40-44	6 (17.1%)	9 (25.7%)	13 (37.1%)	6 (17.1%)	1 (2.9%)	0 (0.0%)	20 (58.8%)	14 (41.2%)
	45-49	3 (6.8%)	15 (34.1%)	18 (40.9%)	5 (11.4%)	3 (6.8%)	0 (0.0%)	23 (52.3%)	21 (47.7%)
	50-54	3 (6.0%)	16 (32.0%)	19 (38.0%)	12 (24.0%)	0 (0.0%)	0 (0.0%)	30 (60.0%)	20 (40.0%)
	55-59	4 (7.8%)	14 (27.5%)	19 (37.3%)	11 (21.6%)	3 (5.9%)	0 (0.0%)	24 (47.1%)	27 (52.9%)
	60-64	4 (3.3%)	23 (19.0%)	53 (43.8%)	32 (26.4%)	6 (5.0%)	3 (2.5%)	57 (47.5%)	63 (52.5%)
	65-69	3 (1.7%)	30 (16.8%)	55 (30.7%)	57 (31.8%)	29 (16.2%)	5 (2.8%)	92 (51.7%)	86 (48.3%)
	70-74	14 (5.2%)	40 (14.8%)	80 (29.5%)	57 (21.0%)	68 (25.1%)	12 (4.4%)	115 (42.6%)	155 (57.4%)
	75-79	14 (6.2%)	24 (10.6%)	60 (26.4%)	67 (29.5%)	47 (20.7%)	15 (6.6%)	94 (42.0%)	130 (58.0%)
	80-	4 (2.7%)	22 (14.8%)	32 (21.5%)	41 (27.5%)	32 (21.5%)	18 (12.1%)	58 (39.7%)	88 (60.3%)
	合計	56 (4.8%)	205 (17.6%)	365 (31.3%)	296 (25.4%)	190 (16.3%)	53 (4.5%)	536 (46.4%)	619 (53.6%)
女性	-39	6 (5.7%)	34 (32.1%)	41 (38.7%)	17 (16.0%)	7 (6.6%)	1 (0.9%)	88 (83.0%)	18 (17.0%)
	40-44	3 (3.8%)	25 (31.3%)	33 (41.3%)	13 (16.3%)	6 (7.5%)	0 (0.0%)	67 (83.8%)	13 (16.3%)
	45-49	8 (8.7%)	41 (44.6%)	26 (28.3%)	16 (17.4%)	1 (1.1%)	0 (0.0%)	70 (76.1%)	22 (23.9%)
	50-54	6 (5.5%)	51 (46.4%)	39 (35.5%)	13 (11.8%)	1 (0.9%)	0 (0.0%)	79 (71.8%)	31 (28.2%)
	55-59	10 (6.9%)	52 (35.9%)	58 (40.0%)	21 (14.5%)	4 (2.8%)	0 (0.0%)	113 (77.9%)	32 (22.1%)
	60-64	19 (6.3%)	89 (29.6%)	118 (39.2%)	57 (18.9%)	17 (5.6%)	1 (0.3%)	225 (75.8%)	72 (24.2%)
	65-69	26 (7.9%)	93 (28.3%)	123 (37.4%)	63 (19.1%)	22 (6.7%)	2 (0.6%)	216 (66.1%)	111 (33.9%)
	70-74	29 (7.3%)	92 (23.2%)	144 (36.3%)	83 (20.9%)	41 (10.3%)	8 (2.0%)	224 (56.9%)	170 (43.1%)
	75-79	29 (9.7%)	64 (21.5%)	89 (29.9%)	67 (22.5%)	34 (11.4%)	15 (5.0%)	146 (49.0%)	152 (51.0%)
	80-	17 (9.3%)	27 (14.8%)	51 (27.9%)	46 (25.1%)	27 (14.8%)	15 (8.2%)	79 (43.2%)	104 (56.8%)
	合計	153 (7.5%)	568 (27.8%)	722 (35.4%)	396 (19.4%)	160 (7.8%)	42 (2.1%)	1307 (64.3%)	725 (35.7%)
合計	-39	7 (4.9%)	46 (31.9%)	57 (39.6%)	25 (17.4%)	8 (5.6%)	1 (0.7%)	111 (77.1%)	33 (22.9%)
	40-44	9 (7.8%)	34 (29.6%)	46 (40.0%)	19 (16.5%)	7 (6.1%)	0 (0.0%)	87 (76.3%)	27 (23.7%)
	45-49	11 (8.1%)	56 (41.2%)	44 (32.4%)	21 (15.4%)	4 (2.9%)	0 (0.0%)	93 (68.4%)	43 (31.6%)
	50-54	9 (5.6%)	67 (41.9%)	58 (36.3%)	25 (15.6%)	1 (0.6%)	0 (0.0%)	109 (68.1%)	51 (31.9%)
	55-59	14 (7.1%)	66 (33.7%)	77 (39.3%)	32 (16.3%)	7 (3.6%)	0 (0.0%)	137 (69.9%)	59 (30.1%)
	60-64	23 (5.5%)	112 (26.5%)	171 (40.5%)	89 (21.1%)	23 (5.5%)	4 (0.9%)	282 (67.6%)	135 (32.4%)
	65-69	29 (5.7%)	123 (24.2%)	178 (35.0%)	120 (23.6%)	51 (10.0%)	7 (1.4%)	308 (61.0%)	197 (39.0%)
	70-74	43 (6.4%)	132 (19.8%)	224 (33.5%)	140 (21.0%)	109 (16.3%)	20 (3.0%)	339 (51.1%)	325 (48.9%)
	75-79	43 (8.2%)	88 (16.8%)	149 (28.4%)	134 (25.5%)	81 (15.4%)	30 (5.7%)	240 (46.0%)	282 (54.0%)
	80-	21 (6.3%)	49 (14.8%)	83 (25.0%)	87 (26.2%)	59 (17.8%)	33 (9.9%)	137 (41.6%)	192 (58.4%)
	合計	209 (6.5%)	773 (24.1%)	1087 (33.9%)	692 (21.6%)	350 (10.9%)	95 (3.0%)	1843 (57.8%)	1344 (42.2%)