

Immunologic crosstalk with nutritional components is also a critical determinant in the development of intestinal allergy and inflammation^{10,11}; thus, deficient or inappropriate nutritional intake also increases the risk of infectious, allergic, and inflammatory diseases¹². Among various nutritional factors, dietary oils (and especially fatty acid [FA] composition) are important immune regulators^{13,14}. Dietary oils are typically composed of several long-chain FAs, including saturated (e.g., C16:0 palmitic acid and C18:0 stearic acid) and mono- (e.g., C18:1 oleic acid) or poly-unsaturated FAs (PUFAs; C18:2 linoleic acid [LA] and C18:3 α -linolenic acid [ALA]). Both LA and ALA are not generated by mammals and are thus obtained from the diet. LA, an ω 6 PUFA, is converted into arachidonic acid (AA) by fatty acid elongase and subsequently into pro-inflammatory and pro-allergic lipid mediators^{15,16}. In contrast, ALA, an ω 3 PUFA, is converted in mammalian body to eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which are subsequently converted into anti-inflammatory and/or pro-resolving lipid mediators (such as resolvins and protectins)^{13,17}. Because ω 3 and ω 6 PUFAs compete in metabolic pathways¹⁸, increased ω 3 PUFA and decreased ω 6 PUFA intake reduces the onset of aberrant murine and human immunologic conditions, including food allergy^{19–21}; however, the effector lipid metabolites from the dietary oils to the regulation of food allergy are unknown.

In this study, we used matrix-assisted laser desorption ionization imaging mass spectrometry (MALDI-IMS)²² and liquid chromatography–tandem mass spectrometry (LC-MS/MS)-based lipidomics¹³ to investigate the metabolic progression of dietary oils in the regulation of intestinal immune system. Consequently, we identified ω 3 EPA-derived metabolite derived from dietary ALA in the gut, which is a promising candidate for the prevention of intestinal allergy.

Results

Dietary ω 3 ALA-enriched linseed oil prevents the development of allergic diarrhea by preventing effector phases of intestinal allergy. To examine whether ω 3 PUFA-enriched diet affects intestinal allergy in egg allergy model, mice were maintained for 2 months on a diet of conventional amount (4%) of ω 3 PUFA ALA-enriched linseed (Lin-mice) or control soybean (Soy-mice) oil (Figure 1A); we then induced OVA-specific allergic diarrhea in the mice. After several challenges with oral OVA, most Soy-mice exhibited allergic diarrhea whereas far fewer Lin-mice showed this symptom (Figure 1B). This allergic diarrhea in Soy-mice was associated with the induction of OVA-specific serum IgE, MC accumulation in the large intestine, and production of serum murine mast cell protease 1 (mMCP1; a marker of intestinal MC degranulation) (Figures 1C–E). Although fewer Lin-mice had allergic diarrhea, they exhibited similar levels of OVA-specific IgE in serum and increased MCs in the large intestine (Figures 1C and 1D). In addition, Soy- and Lin-mice had comparable OVA-specific IgG responses (Figure 1F). Specifically, IgG1 was predominant over IgG2a (Figure 1F), suggesting that Lin-mice have an unaltered Th1/Th2 balance. Consistently, no change was noted in the IL-20p40 production between Soy- and Lin-mice (287 ± 107 and 245 ± 21 pg/mL in Soy- and Lin-mice, respectively). In contrast, among several allergic mediators (e.g., histamine, serotonin, platelet-activating factor, and eotaxin)^{4,5}, Lin-mice had decreased serum mMCP-1 compared with Soy-mice in our experimental condition (Figure 1E); their decreased incidence of allergic diarrhea is likely due to the prevention of effector phase of intestinal allergy (e.g., MC degranulation) rather than sensitization phase.

Dietary FAs affect the in vivo lipid composition. We then investigated whether dietary FA composition affects the lipid composition in the large intestine. First, we measured the amount of ALA in the large intestine because linseed oil contains abundant ALA (Figure 1A). As expected from the lipid composition of the

dietary oils, the amount of ALA in the large intestine of Lin-mice was higher than that of Soy-mice (Figure 2A). We then used MALDI-IMS to visualize ALA distribution in the large intestine. Whereas Soy-mice were largely devoid of ALA-specific signal, Lin-mice had abundant ALA, especially in the villi region where many immune cells are present (Figure 2B). We next measured the ALA-derived metabolites, EPA and DHA, in the large intestine; compared with Soy-mice, Lin-mice had increased EPA and DHA (Figure 2C). Reciprocally, the large intestinal lamina propria of Lin-mice had less LA and its metabolite, AA, than did Soy-mice (Figures 2D–F).

In contrast, the amount and distribution of non-essential palmitic, stearic, and oleic acids were comparable between Soy- and Lin-mice (Figures 2G–L). In addition, the levels of these FAs in the large intestine were consistently similar to those in the serum. Indeed, the serum concentrations of ω 3 PUFAs (e.g., ALA, EPA, and DHA) were higher and those of ω 6 PUFAs (e.g., LA and AA) were lower in Lin-mice than in Soy-mice without significant differences in the levels of non-essential FAs between the mice (Figure 3).

17,18-EpETE is specifically produced in the large intestine of allergy-inhibited mice. Because Lin-mice simultaneously exhibited increases in ω 3 PUFAs and decreases in ω 6 PUFAs, whether one factor or both contributes to the protection against intestinal allergy was unclear. To address this issue, we used palm oil, which uniquely contains very little ALA, but its proportion of LA is nearly the same as for linseed oil (Figure 4A). Therefore, when equal amounts of palm and linseed oils are mixed, the ALA content is increased with little effect on the LA content (Figure 4A). We maintained mice on a 4% palm oil (Pal-mice) or mixed oil (2% palm and 2% linseed oil; Pal/Lin-mice) diet and then induced OVA-specific allergic diarrhea. The incidence of allergic diarrhea was noted in Pal-mice but markedly decreased in Pal/Lin-mice (Figure 4B). Therefore, although we cannot completely rule out the effect of decreased ratio of LA in Lin-mice on the reduction of allergic diarrhea incidence, increased ALA is likely sufficient to decrease the incidence of allergic diarrhea.

Given these results, we next investigated FA-derived mediator profiles in the gut. For the comprehensive and quantitative measurement of the FA-derived lipid mediators generated by several enzymes (e.g., cyclooxygenase [COX], 5-lipoxygenase [5-LOX], 12/15-LOX, and cytochrome P450 [CYP]), we performed unbiased target lipidomics by using LC-MS/MS. Our analyses identified several hydroxylated products that were increased in the large intestine of Lin-mice. Of note, many of these increased lipid mediators were derived from EPA but not DHA (Figures 5A and 5B). Among them, 17,18-epoxyeicostetraenoic acid (17,18-EpETE) was one of the most prominent metabolites increased in both Lin- and Pal/Lin-mice but not in Soy- and Pal-mice (Figure 5A).

Exogenous 17,18-EpETE inhibits the development of intestinal allergy. To determine if 17,18-EpETE is sufficient to decrease the incidence of allergic diarrhea, synthetic 17,18-EpETE was intraperitoneally injected. As with Lin-mice, injection of synthetic 17,18-EpETE during the induction of intestinal allergy decreased the incidence of allergic diarrhea (Figure 6A), but not cholera toxin-induced diarrhea, an example of pathogenic toxin causing diarrhea (Figure 6B), suggesting that 17,18-EpETE specifically inhibits allergy-associated diarrhea. We also found that 14,15-EpETE, another CYP-mediated metabolite of EPA, was not effective to prevent allergic diarrhea (Fig. 6A), suggesting that epoxidation site in EPA is a decisive factor in the prevention of allergic diarrhea. In addition, like Lin-mice (Figure 1), treatment with 17,18-EpETE reduced mMCP-1 levels without affecting OVA-specific IgE levels (Figures 6C and 6D).

In the body, 17,18-EpETE can be rapidly hydrolyzed by epoxide hydrolase to form 17,18-dihydroxy-eicosa-5,8,11,14-tetraenoic acid (17,18-diHETE)²³. Because, like 17,18-EpETE, 17,18-diHETE was increased in the large intestine of Lin- and Pal/Lin-mice compared

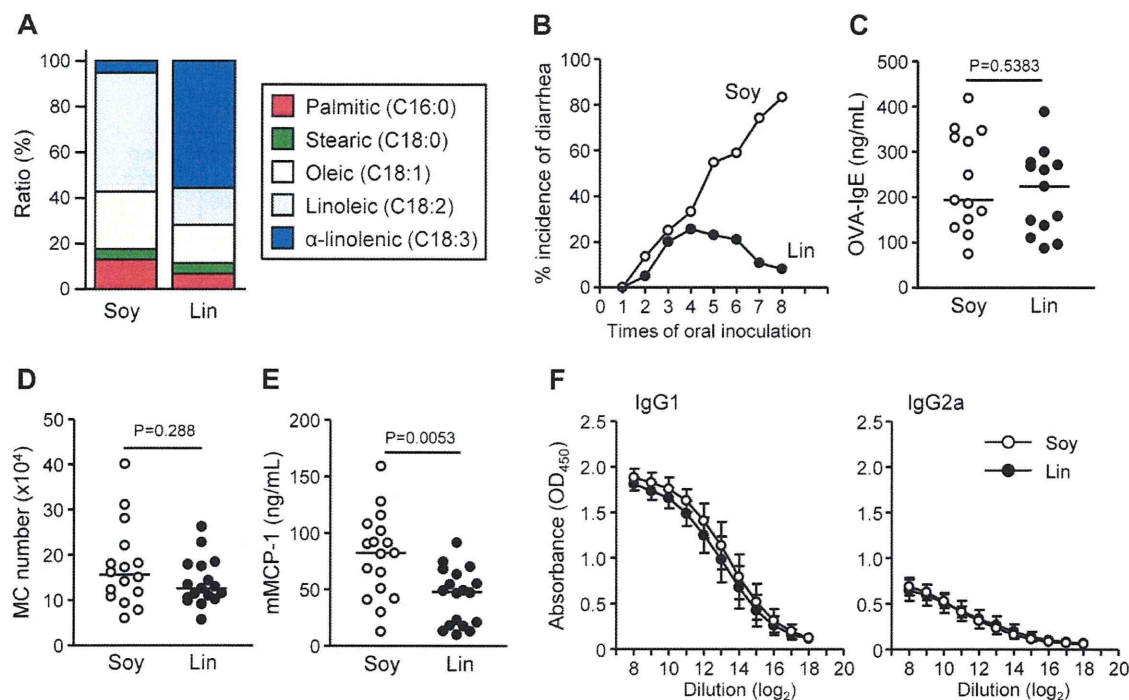


Figure 1 | Decreased incidence of allergic diarrhea and MC degranulation in Lin-mice. (A) Fatty acid compositions of soybean (Soy) and linseed (Lin) oil. (B) After two months on diets containing 4% Soy or Lin oil, mice were systemically primed and orally challenged with OVA, after which the incidence of allergic diarrhea was measured ($n = 40$ from 8 experiments). (C–F) OVA-specific serum IgE production (C), MC counts in the large intestine (D), serum mMCP-1 production (E), and OVA-specific serum IgG1 and IgG2a production (F) were enumerated after the eighth oral challenge with OVA. Graphs show data from individual mice from 3 independent experiments, and bars indicate median values (C–E). The data represent the mean \pm 1 SD (F, $n = 12$ from 2 independent experiments).

with Soy- and Pal-mice (Figure 5A), we next investigated whether 17,18-diHETE functions similarly, and found the 17,18-diHETE had little effect on the incidence of allergic diarrhea or production of mMCP-1 and OVA-specific IgE (Figures 6A–C). Therefore, EPA-derived 17,18-EpETE itself is likely an ω 3 PUFA metabolite responsible for preventing intestinal allergy.

Discussion

In this study, we investigated dietary FA metabolism in the intestine and its association with the development of intestinal allergy. In host tissues (e.g., intestine and serum), the FA composition of dietary oils directly reflects the levels of essential ω 3 and ω 6 PUFAs but not of non-essential FAs. Imaging analyses showed the lipid distribution in the large intestine, revealing that ALA- and LA-related lipid metabolites are present mainly in the lamina propria rather than muscle region of the large intestine. In general, FAs in dietary oils are present primarily as triacylglycerol and are digested by lipases into monoacylglycerol plus free FAs. After absorption by epithelial cells, these FAs are reconstituted to triacylglycerol, are incorporated into chylomicrons, and subsequently circulate through lymphatics and blood. Thus, after the absorption of ALA and LA in the intestine, they (and their metabolites) recirculate into the lamina propria of the large intestine; there they can affect immune cells.

EPA and DHA are categorized as ω 3 PUFAs with similar functions and properties; however, our study in mice shows that the amount of ALA in dietary oils preferentially reflects the composition of EPA-derived metabolites with little influence on DHA. Similar findings were previously reported in human studies²⁴. E-series resolvins derived from EPA are well known as anti-inflammatory mediators^{13,17}; however, E-series resolvins and 18-HEPE, a precursor of

E-series resolvins, were increased only slightly in Lin-mice in our experimental condition. Alternatively, 17,18-EpETE was produced abundantly in the large intestine of Lin-mice; notably, it actively inhibited intestinal allergy. 17,18-EpETE is generated by CYP from EPA, and it is known that lipid mediators generated by CYP regulate inflammatory, vascular, cardiac, and renal functions^{25–27}. In addition, 17,18-EpETE and its bioactive metabolite 12-hydroxy-17,18-EpETE is increased in the peritoneal fluid of mice maintained on an EPA-enriched diet²⁸. Therefore, our current study furthers the field of nutritional and lipid biology by demonstrating the pathway of CYP-mediated 17,18-epoxygenation of EPA to generate anti-allergic lipid metabolite, 17,18-EpETE.

Among CYPs, CYP1A, CYP2C, and CYP2J subfamily members can introduce a *cis*-epoxide at EPA to generate 17,18-EpETE^{29–31}. In addition, CYP has polymorphisms³². Therefore, the subfamily expression and polymorphisms of CYP may explain the controversy regarding the beneficial effects of ω 3 PUFAs on inflammation and allergy in humans^{21,33}. Furthermore, the anti-allergy activity of 17,18-EpETE is abolished by its further conversion into 17,18-diHETE. Indeed, the inhibition of epoxide hydrolase (a key enzyme converting 17,18-EpETE into 17,18-diHETE) ameliorates inflammatory responses³⁴. Therefore, in addition to the substrates of lipid mediators (e.g., EPA), enzyme expression in the generation and conversion of 17,18-EpETE likely determines the effects of ω 3 PUFAs in the control of intestinal allergy.

IgE-mediated MC degranulation is strongly associated with the pathophysiology of allergic reactions, including food allergy. Our current study showed the impaired MC degranulation and thus decreased mMCP-1 accompanied the decreased incidence of allergic diarrhea. Although the pathologic function of mMCP-1 in the development of intestinal allergy remains to be investigated,

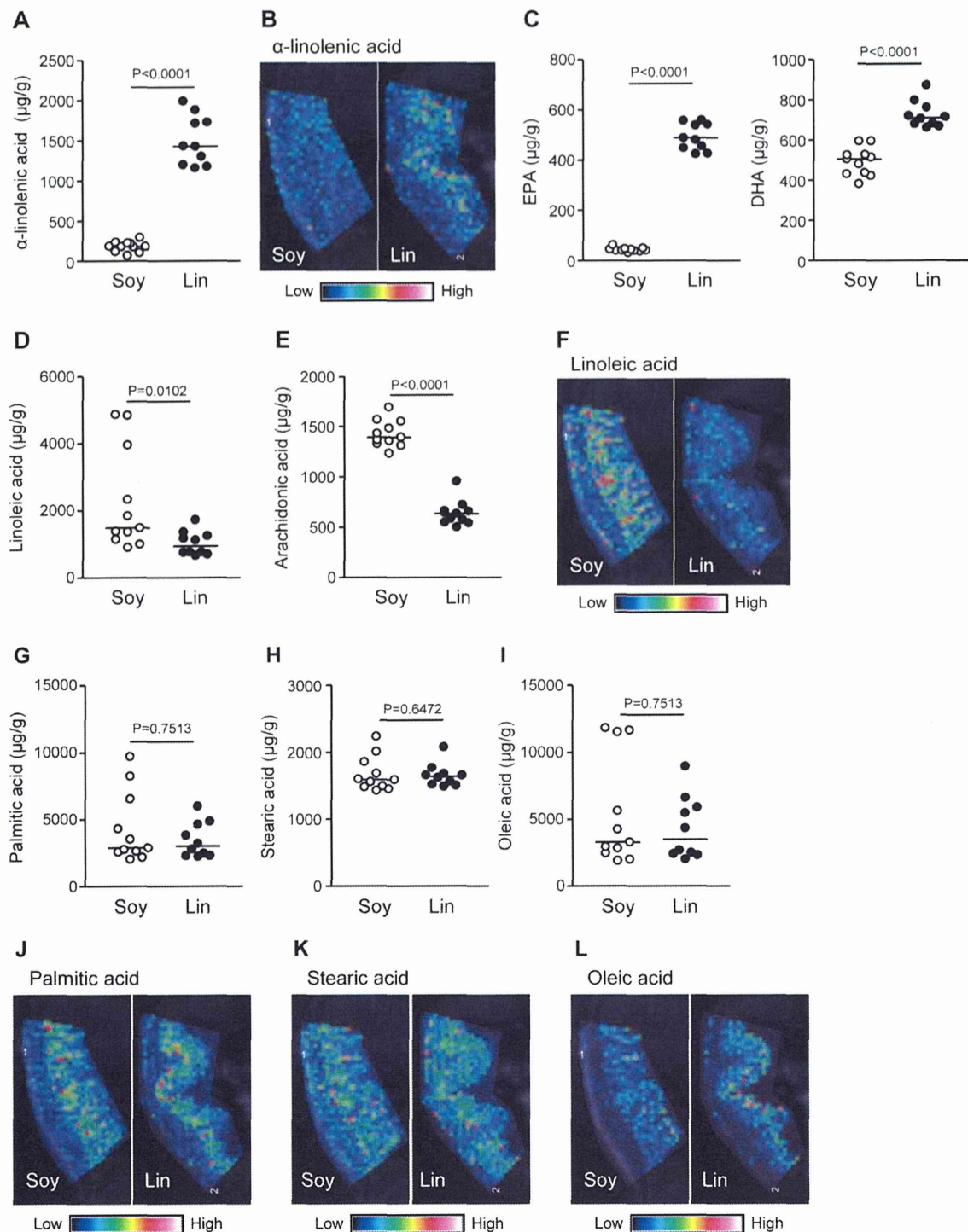


Figure 2 | Fatty acid composition and distribution in the large intestines of mice receiving different dietary oils. After two months of maintaining mice on diets containing 4% soybean (Soy) or linseed (Lin) oil, large intestines were collected for measuring α -linolenic acid (A), EPA and DHA (C), linoleic (D), arachidonic (E), palmitic (G), stearic (H), and oleic (I) acids by gas chromatography or for the detection of α -linolenic (B), arachidonic (F), palmitic (J), stearic (K), and oleic (L) acids by MALDI-IMS. Graphs show data from individual mice, and bars indicate median values. MALDI-IMS images are representative from three independent experiments.

mMCP-1 increases intestinal permeability in a parasite infection model³⁵. Therefore, the reduction of mMCP-1 in Lin-mice or 17,18-EpETE-treated mice likely prevents allergic diarrhea by controlling intestinal permeability. In contrast to the *in vivo* results, our preliminary study indicated that 17,18-EpETE only partially inhib-

ited IgE-mediated MC degranulation *in vitro*; this finding suggests alternative inhibitory pathways. There are several possibilities to explain the difference between the *in vivo* and *in vitro* results; the heterogeneity of MCs among tissue environments³⁶, change in or decrease of content of allergic mediators with little effect on MC

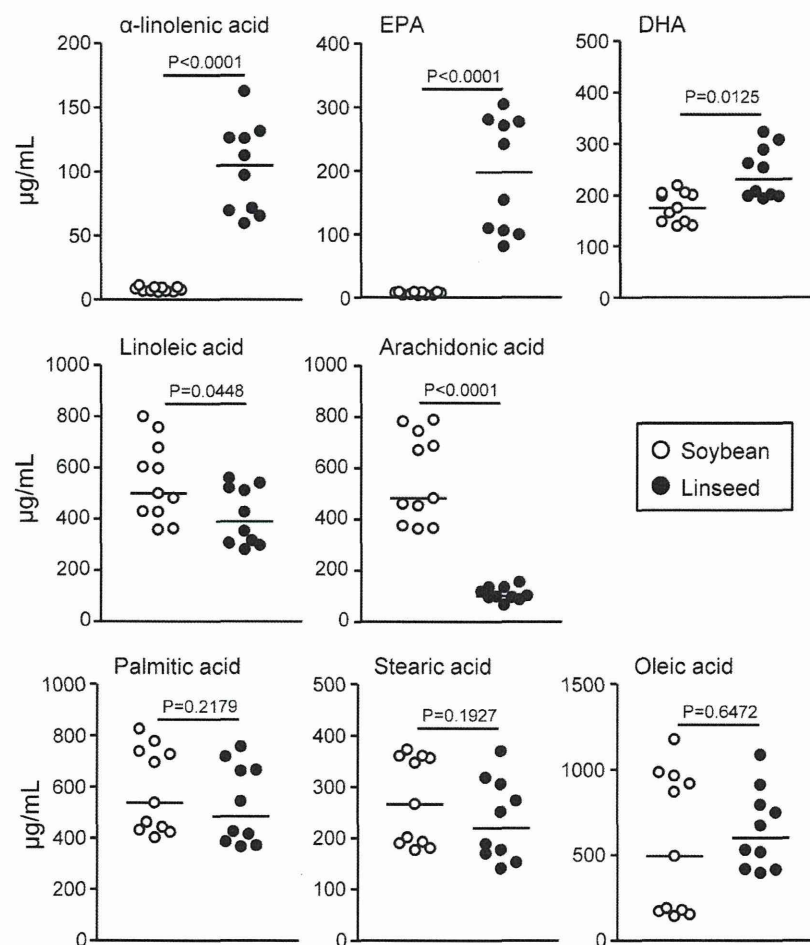


Figure 3 | Fatty acid composition in the serum of mice receiving different dietary oils. After mice were maintained for two months on diets containing 4% soybean (open) or linseed (closed) oil, serum was collected for the measurement of fatty acids by gas chromatography. Graphs show data from individual mice from 2 individual experiments, and bars indicate median values.

degranulation, inhibition of IgE-independent MC degranulation (e.g., eosinophil major basic protein, vasoactive intestinal peptide, and complement C5a)^{37–39}, augmentation of signaling through inhibitory molecules (e.g., PIR-B and allergin I)^{40,41}, and indirect effects through other cells (e.g., stromal cells)⁴².

In summary, we demonstrate the metabolic progression from dietary oils, particularly ω 3 ALA, to the generation of the anti-allergy lipid mediator 17,18-EpETE. 17,18-EpETE is an endogenous ω 3 ALA metabolite and efficiently decreases allergic diarrhea.

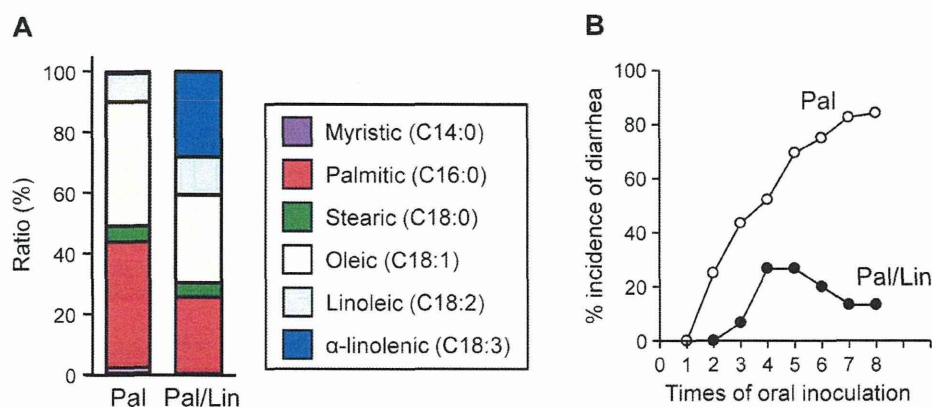


Figure 4 | Increased ALA is sufficient to decrease the incidence of allergic diarrhea. (A) Fatty acid composition in palm (Pal) and equally mixed palm and linseed (Pal/Lin) oils. (B) After two months on diets containing 4% Pal or Pal/Lin oils, mice were used in OVA-induced intestinal allergy model, and the incidence of allergic diarrhea was measured ($n = 30$ from 6 individual experiments).

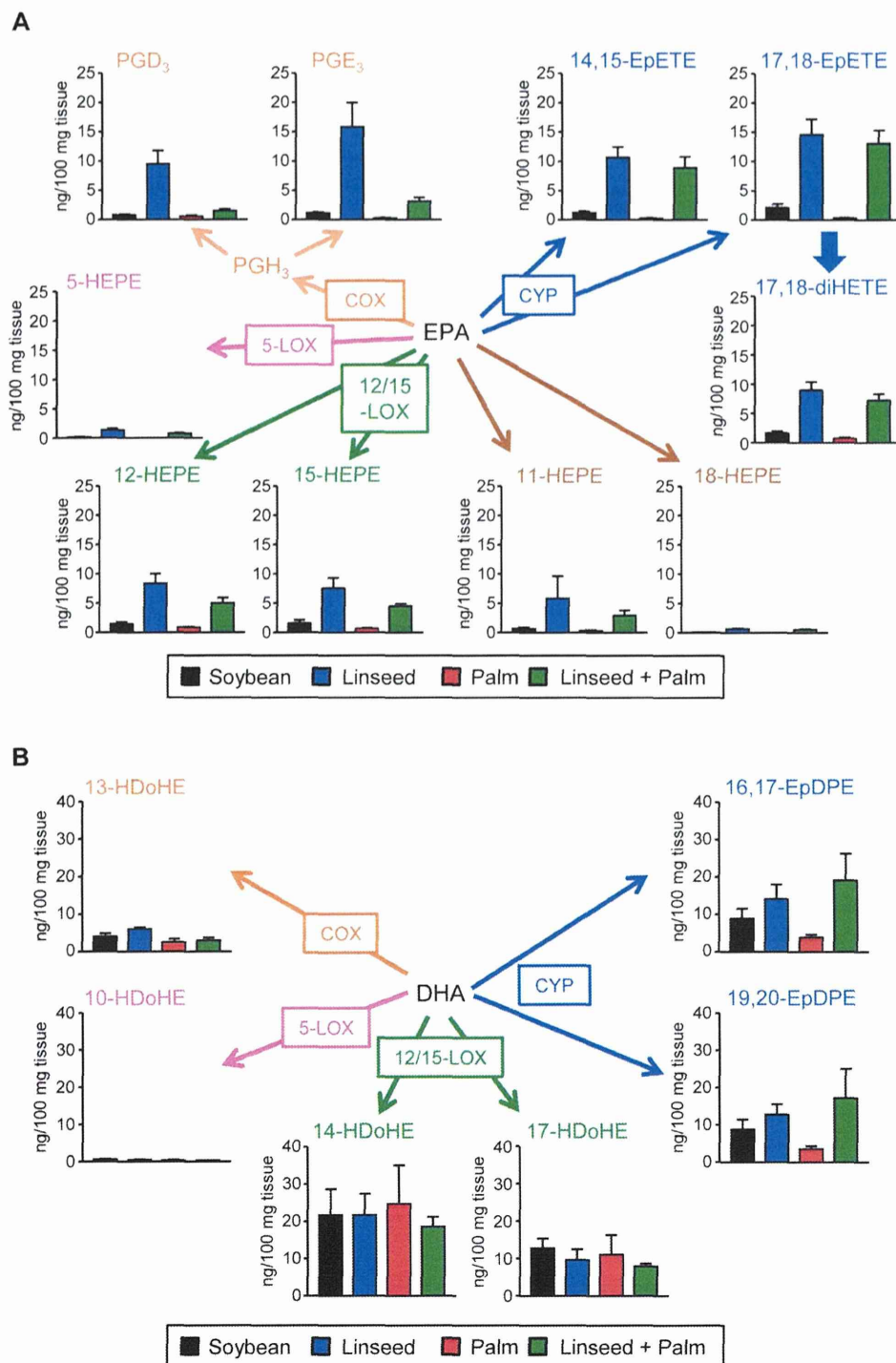


Figure 5 | Different levels of EPA-derived fatty acid metabolites in the large intestines of mice receiving different dietary oils. Mice were maintained for two months on diets containing 4% soybean (black), linseed (blue), palm (red), or linseed + palm (green) oils, large intestines were isolated to measure EPA- (A) or DHA- (B) derived fatty acid metabolites by LC-MS/MS. Data are given as means \pm 1 SD ($n = 8$ from 2 individual experiments).

rhea; it is therefore a promising candidate for a safe and effective anti-allergic compound to prevent intestinal allergy.

Methods

Mice. Female Balb/c mice (6 weeks old) were purchased from Japan Clea (Tokyo, Japan) and maintained for 2 months on diets composed of chemically defined materials

with 4% each dietary oil (Oriental Yeast, Tokyo, Japan)⁴³. All animals were maintained in the experimental animal facilities of the University of Tokyo and National Institute of Biomedical Innovation. The experiments were approved by the Animal Care and Use Committees of both institutes and were conducted in accordance with their guidelines.

Induction of diarrhea. OVA-specific allergic diarrhea was induced as previously described⁴⁹. Briefly, mice were primed by s.c. injection of 1 mg OVA (Sigma-Aldrich,

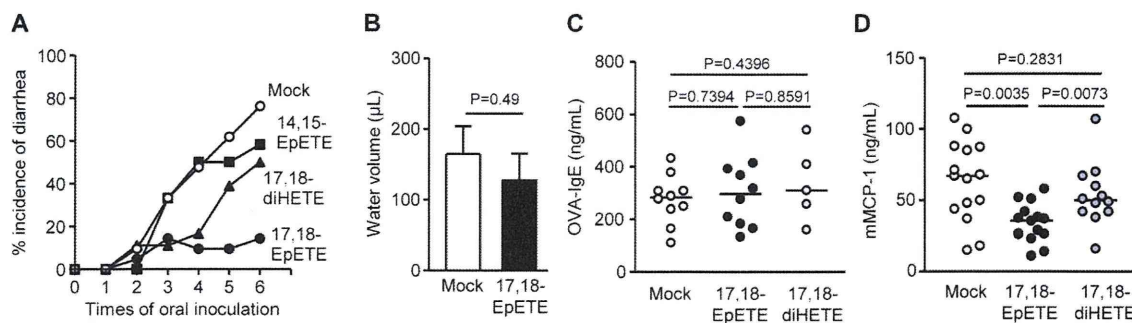


Figure 6 | 17,18-EpETE prevents the development of allergic diarrhea by impairing MC degranulation. (A) Mice were injected i.p. without (mock) or with 100 ng 17,18-EpETE, 14,15-EpETE, or 17,18-diHETE 30 min before systemic priming and oral challenge with OVA, after which the incidence of allergic diarrhea was measured ($n = 16$ per each group). (B) Mice were injected i.p. without (mock) or with 100 ng 17,18-EpETE at 24 and 1 hr before oral inoculation of 25 μ g cholera toxin. Fifteen hours after oral administration of cholera toxin, water volume in the intestinal lumen was measured. The data represent the mean \pm 1 SD ($n = 4$). (C, D) One day after the eighth oral challenge with OVA, serum was collected for the measurement of OVA-specific IgE (C) and mMCP-1 (D) levels. Graphs show data from individual mice from 2 individual experiments, and bars indicate median values.

St. Louis, MO) in complete Freund's adjuvant (Difco Laboratories, Detroit, MI). One week after systemic priming, mice were challenged orally with 50 mg OVA and continued to be challenged 3 times each week. We assessed allergic diarrhea 30 to 60 min after oral inoculation with OVA.

Cholera diarrhea was induced by oral administration of 25 μ g cholera toxin (List Biological Laboratories, Campbell, CA)⁴⁴. Fifteen hours later, we examined the water volume in the intestinal lumen.

Cell isolation. Cells were isolated from the large intestine as previously described^{44,45}. Briefly, intestines were opened longitudinally, washed with RPMI-1640, cut into 2-cm pieces, and stirred for 20 min at 37°C in RPMI-1640 containing 0.5 mM EDTA and 2% FCS to remove epithelial cells and intraepithelial lymphocytes. The tissues were then stirred three times (20 min each) in 1.6 mg/ml collagenase (Wako, Osaka, Japan).

Flow cytometry. Cells were pre-incubated with 10 μ g/mL anti-CD16/32 antibody (Biolegend, San Diego, CA) and then stained with an antibody specific to c-kit (BD Biosciences, San Diego, CA) and Fc ϵ R1 α (eBioscience, San Diego, CA) for 30 min at 4°C. We used FSC-H and FSC-A discrimination to exclude doublet cells and Viaprobe Cell-viability Solution (BD Biosciences) to discriminate dead and living cells. Flow-cytometric analysis was performed by using a FACSCantoII (BD Biosciences).

Measurement of mMCP-1, OVA-specific IgE, and IgG by ELISA. OVA-specific IgE and mMCP-1 production in serum was measured by using DS Mouse IgE (OVA) ELISA kit (DS Pharma Biomedical Co., Osaka, Japan) and Mouse MCP-1 ELISA kit (eBioscience), according to the manufacturers' protocols. OVA-specific IgG1 and IgG2a were measured as previously reported⁴⁴. Briefly, plates were coated with 1 mg/mL OVA in PBS; this was followed by blocking for 1 hr at room temperature with 200 μ L PBS containing 1% (w/v) BSA per well. After extensive washing of the plates with PBS containing 0.05% Tween 20, serial serum dilutions were added for incubation overnight at 4°C. Samples were then incubated for 1 hr at room temperature with optimally diluted HRP-conjugated goat anti-mouse IgG1 or IgG2a (SouthernBiotech, Birmingham, AL). After sample washing, the color reaction was developed at room temperature by using 3,3',5,5'-tetramethylbenzidine (KPL, Baltimore, MD) and terminated by adding 0.5 M HCl. We measured the color reaction as the absorbance at 450 nm.

Gas chromatography. We extracted lipids from serum and large intestine by using chloroform-methanol and chloroform solutions. The specimens were dried in nitrogen gas and dissolved in 0.4 M potassium methoxide in methanol and 14% boron trifluoride in methanol. The FA concentrations in the solutions were measured by using gas chromatography (model GF 17A; Shimadzu, Kyoto, Japan) at SRL Inc. (Tokyo, Japan).

MALDI-IMS. Large intestines within 2 cm from the ileal end were isolated. After the intestinal lumen was washed with PBS, the mesenteries were removed, and the intestines were cut into 2-cm lengths. The intestines were frozen in 2% carboxymethylcellulose (Wako, Osaka, Japan) dissolved in ultra-pure water. Before sectioning, the frozen samples were kept for 30 min at -20°C . The 10- μ m sections were thaw-mounted onto an indium-tin-oxide-coated glass slide (Bruker Daltonics, Bremen, Germany) and dried at room temperature. The sections were placed in a polycarbonate tube and stored at -20°C until IMS analysis.

We performed the matrix deposition of 9-aminoacridine (Merck Schuchardt, Hohenbrunn, Germany) onto a slide in a sublimation apparatus (Shimadzu, Kyoto, Japan). IMS was performed with a MALDI TOF/TOF-type instrument, the Ultraflex II (Bruker Daltonics Bremen, Germany), which was equipped with a 355-nm Nd/

YAG laser with a repetition rate of 200 Hz. All pixel sizes of imaging were 100 μ m. The MS parameters were set in the range of m/z (200–400) in negative-ion mode. Automatic acquisition of the mass spectra and reconstruction of the ion images were performed by using FlexImaging software (Bruker Daltonics), which normalized all mass spectra based on total ion current.

Detection of FAs and their metabolites in the large intestine. LC-MS/MS-based lipidomics was performed to measure the amounts of lipid mediators as previously reported¹³. Briefly, lipids were collected by solid-phase extraction using Sep-Pak C18 cartridge (Waters) with a deuterium-labeled internal standard (AA-d8, 15-HETE-d8, LTb4-d4, and PGE2-d4). We used a triple quadrupole linear ion trap mass spectrometer (QTRAP5500; AB SCIEX) equipped with a 1.7 μ m, 1.0 \times 150 mm Acquity UPLCTM BEH C18 column (Waters). The MS/MS analyses were performed in negative ion mode, and FA metabolites were identified and quantified by multiple reaction monitoring.

Statistics. Results were compared by non-parametric Mann-Whitney's U , two-tailed unpaired t , and One-way ANOVA tests (GraphPad Software, San Diego, CA).

1. Sicherer, S. H. & Sampson, H. A. Food allergy: Epidemiology, pathogenesis, diagnosis, and treatment. *J Allergy Clin Immunol* **133**, 291–307 e295 (2014).
2. Berin, M. C. & Sampson, H. A. Mucosal immunology of food allergy. *Curr Biol* **23**, R389–400 (2013).
3. Pabst, O. & Mowat, A. M. Oral tolerance to food protein. *Mucosal Immunol* **5**, 232–239 (2012).
4. Kweon, M. N., Yamamoto, M., Kajiki, M., Takahashi, I. & Kiyono, H. Systemically derived large intestinal CD4(+) Th2 cells play a central role in STAT6-mediated allergic diarrhea. *J Clin Invest* **106**, 199–206 (2000).
5. Brandt, E. B. *et al.* Mast cells are required for experimental oral allergen-induced diarrhea. *J Clin Invest* **112**, 1666–1677 (2003).
6. Vaali, K. *et al.* Murine model of food allergy after epicutaneous sensitization: role of mucosal mast cell protease-1. *Scand J Gastroenterol* **41**, 1405–1413 (2006).
7. Li, X. M., Schofield, B. H., Huang, C. K., Kleiner, G. I. & Sampson, H. A. A murine model of IgE-mediated cow's milk hypersensitivity. *J Allergy Clin Immunol* **103**, 206–214 (1999).
8. Li, X. M. *et al.* A murine model of peanut anaphylaxis: T- and B-cell responses to a major peanut allergen mimic human responses. *J Allergy Clin Immunol* **106**, 150–158 (2000).
9. Kurashima, Y. *et al.* Sphingosine 1-phosphate-mediated trafficking of pathogenic Th2 and mast cells for the control of food allergy. *J Immunol* **179**, 1577–1585 (2007).
10. Maslowski, K. M. & Mackay, C. R. Diet, gut microbiota and immune responses. *Nat Immunol* **12**, 5–9 (2011).
11. Spencer, S. P. & Belkaid, Y. Dietary and commensal derived nutrients: shaping mucosal and systemic immunity. *Curr Opin Immunol* **24**, 379–384 (2012).
12. Lamichhane, A., Kiyono, H. & Kunisawa, J. Nutritional components regulate the gut immune system and its association with intestinal immune disease development. *J Gastroenterol Hepatol* **28 Suppl 4**, 18–24 (2013).
13. Arita, M. Mediator lipidomics in acute inflammation and resolution. *J Biochem* **152**, 313–319 (2012).
14. Kelley, D. S. Modulation of human immune and inflammatory responses by dietary fatty acids. *Nutrition* **17**, 669–673 (2001).
15. Wang, D. & Dubois, R. N. Eicosanoids and cancer. *Nat Rev Cancer* **10**, 181–193 (2010).
16. Roper, R. L., Brown, D. M. & Phipps, R. P. Prostaglandin E2 promotes B lymphocyte Ig isotype switching to IgE. *J Immunol* **154**, 162–170 (1995).

17. Buckley, C. D., Gilroy, D. W. & Serhan, C. N. Proresolving lipid mediators and mechanisms in the resolution of acute inflammation. *Immunity* **40**, 315–327 (2014).
18. Schmitz, G. & Ecker, J. The opposing effects of n-3 and n-6 fatty acids. *Prog Lipid Res* **47**, 147–155 (2008).
19. van den Elsen, L., Garssen, J. & Willemsen, L. Long chain N-3 polyunsaturated fatty acids in the prevention of allergic and cardiovascular disease. *Curr Pharm Des* **18**, 2375–2392 (2012).
20. de Matos, O. G. *et al.* Dietary supplementation with omega-3-PUFA-rich fish oil reduces signs of food allergy in ovalbumin-sensitized mice. *Clin Dev Immunol* **2012**, 236564 (2012).
21. D'Vaz, N. *et al.* Postnatal fish oil supplementation in high-risk infants to prevent allergy: randomized controlled trial. *Pediatrics* **130**, 674–682 (2012).
22. Goto-Inoue, N., Hayasaka, T., Zaima, N. & Setou, M. Imaging mass spectrometry for lipidomics. *Biochim Biophys Acta* **1811**, 961–969 (2011).
23. Tajima, Y. *et al.* Lipidomic analysis of brain tissues and plasma in a mouse model expressing mutated human amyloid precursor protein/tau for Alzheimer's disease. *Lipids Health Dis* **12**, 68 (2013).
24. Burdge, G. C. & Calder, P. C. Conversion of alpha-linolenic acid to longer-chain polyunsaturated fatty acids in human adults. *Reprod Nutr Dev* **45**, 581–597 (2005).
25. Morin, C., Sirois, M., Echave, V., Albadine, R. & Rousseau, E. 17,18-epoxyeicosatetraenoic acid targets PPARgamma and p38 mitogen-activated protein kinase to mediate its anti-inflammatory effects in the lung: role of soluble epoxide hydrolase. *Am J Respir Cell Mol Biol* **43**, 564–575 (2010).
26. Sarkis, A. & Roman, R. J. Role of cytochrome P450 metabolites of arachidonic acid in hypertension. *Curr Drug Metab* **5**, 245–256 (2004).
27. Hoagland, K. M., Maier, K. G., Moreno, C., Yu, M. & Roman, R. J. Cytochrome P450 metabolites of arachidonic acid: novel regulators of renal function. *Nephrol Dial Transplant* **16**, 2283–2285 (2001).
28. Kubota, T. *et al.* Eicosapentaenoic acid is converted via omega-3 epoxidation to the anti-inflammatory metabolite 12-hydroxy-17,18-epoxyeicosatetraenoic acid. *FASEB J* **28**, 586–593 (2013).
29. Schwarz, D. *et al.* Arachidonic and eicosapentaenoic acid metabolism by human CYP1A1: highly stereoselective formation of 17(R),18(S)-epoxyeicosatetraenoic acid. *Biochem Pharmacol* **67**, 1445–1457 (2004).
30. Lucas, D. *et al.* Stereoselective epoxidation of the last double bond of polyunsaturated fatty acids by human cytochromes P450. *J Lipid Res* **51**, 1125–1133 (2010).
31. Arnold, C. *et al.* Arachidonic acid-metabolizing cytochrome P450 enzymes are targets of {omega}-3 fatty acids. *J Biol Chem* **285**, 32720–32733 (2010).
32. Zhou, S. F., Liu, J. P. & Chowbay, B. Polymorphism of human cytochrome P450 enzymes and its clinical impact. *Drug Metab Rev* **41**, 89–295 (2009).
33. Anandan, C., Nurmatov, U. & Sheikh, A. Omega 3 and 6 oils for primary prevention of allergic disease: systematic review and meta-analysis. *Allergy* **64**, 840–848 (2009).
34. Fang, X. *et al.* Pathways of epoxyeicosatrienoic acid metabolism in endothelial cells. Implications for the vascular effects of soluble epoxide hydrolase inhibition. *J Biol Chem* **276**, 14867–14874 (2001).
35. McDermott, J. R. *et al.* Mast cells disrupt epithelial barrier function during enteric nematode infection. *Proc Natl Acad Sci U S A* **100**, 7761–7766 (2003).
36. Galli, S. J., Borregaard, N. & Wynn, T. A. Phenotypic and functional plasticity of cells of innate immunity: macrophages, mast cells and neutrophils. *Nat Immunol* **12**, 1035–1044 (2011).
37. Piliponsky, A. M., Gleich, G. J., Nagler, A., Bar, I. & Levi-Schaffer, F. Non-IgE-dependent activation of human lung- and cord blood-derived mast cells is induced by eosinophil major basic protein and modulated by the membrane form of stem cell factor. *Blood* **101**, 1898–1904 (2003).
38. Kulka, M., Sheen, C. H., Tancowny, B. P., Grammer, L. C. & Schleimer, R. P. Neuropeptides activate human mast cell degranulation and chemokine production. *Immunology* **123**, 398–410 (2008).
39. Schafer, B. *et al.* Mast cell anaphylatoxin receptor expression can enhance IgE-dependent skin inflammation in mice. *J Allergy Clin Immunol* **131**, 541–548 e541–549 (2013).
40. Izawa, K. *et al.* The receptor LMIR3 negatively regulates mast cell activation and allergic responses by binding to extracellular ceramide. *Immunity* **37**, 827–839 (2012).
41. Hitomi, K. *et al.* An immunoglobulin-like receptor, Allergin-1, inhibits immunoglobulin E-mediated immediate hypersensitivity reactions. *Nat Immunol* **11**, 601–607 (2010).
42. Kurashima, Y. *et al.* The enzyme Cyp26b1 mediates inhibition of mast-cell activation by fibroblasts to maintain skin-barrier homeostasis. *Immunity* **40**, 1–12 (2014).
43. Kunisawa, J., Hashimoto, E., Ishikawa, I. & Kiyono, H. A pivotal role of vitamin B9 in the maintenance of regulatory T cells in vitro and in vivo. *PLoS One* **7**, e32094 (2012).
44. Kunisawa, J. *et al.* Microbe-dependent CD11b(+) IgA(+) plasma cells mediate robust early-phase intestinal IgA responses in mice. *Nat Commun* **4**, 1772 (2013).
45. Kurashima, Y. *et al.* Extracellular ATP mediates mast cell-dependent intestinal inflammation through P2X7 purinoceptors. *Nat Commun* **3**, 1034 (2012).

Acknowledgments

This work was supported by grants from the Science and Technology Research Promotion Program for Agriculture, Forestry, Fisheries and Food Industry (J.K.); the Program for Promotion of Basic and Applied Research for Innovations in Bio-oriented Industry (J.K.); Japan Science and Technology Agency Precursory Research for Embryonic Science and Technology (PRESTO) (M.A.); the Ministry of Education, Culture, Sports, Science and Technology of Japan (Grants-in-Aid for Scientific Research on Innovative Areas [J.K., M.A., M.S.]; for Challenging Exploratory Research [J.K.], for Scientific Research B [J.K., M.S.]; Project for Creation of Research Platforms and Sharing of Advanced Research Infrastructure [M.S.]; for Scientific Research S [H.K.]; and for the Leading-edge Research Infrastructure Program [J.K. and H.K.]); and from the Ministry of Health and Welfare of Japan (J.K. and H.K.), Ono Medical Research Foundation (J.K.); Kishimoto Foundation Research Grant (J.K.); and the Naito Foundation (J.K.).

Author contributions

J.K. planned and performed immunologic experiments, analyzed data, and wrote the paper; M.A. planned and performed lipidomic experiments and analysis and analyzed data and wrote the paper; T.H., G.H., and R.I. performed lipidomic experiments and analyzed data; R.N., Y.S., S.S., E.H., I.I., Y.K., T.N. and H.S. performed immunologic experiments and analyzed data; and H.A., M.S. and H.K. were involved in data analysis, discussion, and writing the paper.

Additional information

Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Kunisawa, J. *et al.* Dietary ω 3 fatty acid exerts anti-allergic effect through the conversion to 17,18-epoxyeicosatetraenoic acid in the gut. *Sci. Rep.* **5**, 9750; DOI:10.1038/srep09750 (2015).



This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder in order to reproduce the material. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>



Review Article

Pathophysiological Role of Extracellular Purinergic Mediators in the Control of Intestinal Inflammation

Yosuke Kurashima,^{1,2,3} Hiroshi Kiyono,^{2,3,4} and Jun Kunisawa^{1,2,4,5,6}

¹ Laboratory of Vaccine Materials, National Institute of Biomedical Innovation, Osaka 567-0085, Japan

² Division of Mucosal Immunology, Department of Microbiology and Immunology, The Institute of Medical Science, The University of Tokyo, Tokyo 108-8639, Japan

³ Core Research for Evolutional Science and Technology, Japan Science and Technology Agency, Tokyo 102-0075, Japan

⁴ International Research and Development Center for Mucosal Vaccines, The Institute of Medical Science, The University of Tokyo, Tokyo 108-8639, Japan

⁵ Department of Microbiology and Immunology, Kobe University School of Medicine, Kobe 650-0017, Japan

⁶ Graduate School of Pharmaceutical Sciences and Graduate School of Dentistry, Osaka University, Osaka 565-0871, Japan

Correspondence should be addressed to Jun Kunisawa; kunisawa@nibio.go.jp

Received 5 August 2014; Accepted 30 September 2014

Academic Editor: Ishak O. Tekin

Copyright © Yosuke Kurashima et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Purinergic mediators such as adenosine 5'-triphosphate (ATP) are released into the extracellular compartment from damaged tissues and activated immune cells. They are then recognized by multiple purinergic P2X and P2Y receptors. Release and recognition of extracellular ATP are associated with both the development and the resolution of inflammation and infection. Accumulating evidence has recently suggested the potential of purinergic receptors as novel targets for drugs for treating intestinal disorders, including intestinal inflammation and irritable bowel syndrome. In this review, we highlight recent findings regarding the pathophysiological role of purinergic mediators in the development of intestinal inflammation.

1. General Features and Metabolism of ATP in the Intestinal Compartment

Damage, trauma, and pathogenic infection cause inflammatory responses in tissues. Clinical pathologic responses involve the release of a series of inflammatory mediators, including cytokines (e.g., IL-1 β , IL-6, and TNF α), lipid mediators (e.g., leukotrienes, platelet activating factor, and prostaglandins), and chemical mediators (e.g., histamine).

Accumulating evidence clearly demonstrates the importance of purinergic mediators, especially adenosine 5'-triphosphate (ATP), in the development of various inflammatory disorders [1]. In general, ATP is generated during glycolysis and the tricarboxylic acid cycle in the intracellular compartment and acts as an energy source. However, ATP is occasionally released into the extracellular compartment as so-called extracellular ATP (eATP). Biological roles of eATP were first reported in synaptic neurotransmission and

neuromodulation [2]. eATP is released from nerves as a transmitter or cotransmitter and causes pain [2]. In the intestine, purinergic signaling is important for synaptic transmission in the enteric nervous system [2]. The excitatory postsynaptic potential of myenteric neurons is mediated by eATP together with nicotinic acetylcholine [3, 4]. Thus, stimulation by eATP is important for maintaining physiological intestinal motility.

In addition to nerve cells, dead, activated, or infected cells release eATP, recruiting and activating both innate and acquired immunity [5]. For instance, bacterial stimulation leads to eATP release from monocytes and enhances the production of cytokines in an autocrine manner [6]. Some gap junction hemichannels, such as pannexin and connexin hemichannels, are important for ATP release during cell activation [7]. In the steady state intestine some commensal bacteria also have the potential to release eATP [8]; thus, germ-free mice have lower luminal ATP levels than do specific pathogen-free mice. This commensal-derived eATP

stimulates CD70⁺ CD11c^{low} cells in the intestinal compartment and recruits Th17 cells into the colon [9].

Hydrolysis of the released eATP is catalyzed by cell surface-located enzymes, such as ectonucleoside triphosphate diphosphohydrolase family enzymes (e.g., e-NTPDase I (CD39), ectonucleotidase, and NT5E (CD73)). Consistent with the activity of eATP in the induction of intestinal Th17 cells, a deficiency of eATP-degrading enzymes elevates the concentration of luminal eATP and subsequently enhances the generation of Th17 cells in the gut [10]. By the sequential enzymatic activity of CD39 and CD73, eATP is hydrolyzed to adenosine in the extracellular compartment [11] (Figure 1). Finally, adenosine is metabolized by two pathways: one is intracellular uptake by equilibrative nucleoside transporters and the other is metabolism to AMP or inosine by adenosine kinase and adenosine deaminase, respectively [11].

Recognition of eATP is mediated by purinergic receptors, which comprise P2X (P2X₁₋₇) and P2Y receptors (P2Y_{1,2,4,6,11-14}). P2X₁₋₇ receptors are ATP-gated ion channels and are specific for ATP, whereas P2Y receptors are G protein-coupled receptors that are specific for ADP, UTP, and ATP [5]. Each eATP-specific purinergic receptor requires a different concentration of eATP for activation. For instance, activation of P2X₇ receptors requires a high concentration (mM level) of eATP, whereas other P2X receptors require lower concentrations (nM to μ M) [5]. In addition, heterooligomeric assembly occurs within P2X receptor subunits (e.g., P2X₁₋₃, P2X₁₋₄, and P2X₂₋₄₋₅) and alters their functional properties, providing versatile signaling pathways mediated by eATP [12, 13].

Among several P2X and P2Y receptors, P2X₇ is involved mainly in the induction of inflammatory responses. P2X₇ uniquely has 200 amino acid residues in its C-terminus, which is longer than that of other P2X receptors [14]. C-terminal residues are important for receptor localization at the cell surface [14]. Stimulation of P2X₇ by prolonged high concentrations of eATP induces pore formation in the cell membrane and increases membrane permeability [14, 15]. These pores allow influx and efflux of particles with molecular masses of up to 800 Da [11]. These changes also mediate the production of reactive oxygen species and activate inflammasome, a key molecule in the production of inflammatory cytokines such as IL-1 β and IL-18 [5] that is responsible for inducing inflammatory responses. In addition, eATP-P2X₇ pathways are involved in molecular shedding. Molecules responsible for adhesion (e.g., CD44 and CD62L) are shed from the cell surface by P2X₇ activation; stimulation by eATP is thus involved in cell migration [16, 17].

2. Role of eATP in Prevention and Development of Infectious Diseases

Some kinds of pathogens use intestinal tissues as invasion sites. Upon infection, pathogenic components from the microorganisms stimulate innate immune cells such as macrophages and neutrophils via innate receptors such as toll-like receptors (TLRs). This stimulation induces the

release of eATP through pannexin-1 hemichannels and subsequently activates P2Y₂ and P2X₇ receptors in an autocrine or paracrine manner and enhances cytokine production [6, 18]. In microglial cells and macrophages, initial stimulation of lipopolysaccharide- (LPS-) TLR4 pathways with subsequent signaling by the P2X₇ pathway induces Ca²⁺ influx and IL-1 β secretion [19]. In fact, eATP-P2X₇ pathways play important roles in eliminating intracellular pathogens. Activation of P2X₇ by selective agonists induces effective clearance of *Toxoplasma gondii* from infected macrophages and of chlamydia from epithelial cells [20, 21]. These signals are required for protective immunity against pathogens. In addition, a recent study found that eATP production was induced by administration of vaccine adjuvant, which is required for an effective response in vaccination against infectious agents and cancer [22].

Reciprocally, the pathogenicity of some pathogens is determined by their ability to induce eATP release. For instance, enteropathogenic *Escherichia coli* induces eATP release from host cells by killing them via type III secretion systems as well as cell-permeable cystic fibrosis transmembrane conductance regulator-mediated pathways [23]. Similarly, cholera toxin from *Vibrio cholerae* is capable of inducing eATP production [24]. Another study in colon epithelial cell lines found that adenosine, a metabolite of eATP, bound to A_{2B} receptors, resulting in short-circuit current responses causing diarrhea [23, 24].

Some kinds of pathogens have unique systems that inhibit eATP release from host cells and thus prevent the spread of infection to the host's immune system. For instance, infection of epithelial cells with *Shigella flexneri* induces eATP release via connexin hemichannels in the early phase of infection, and this release alerts the host to the pathogenic infection. However, prolonged infection with *Shigella* is accompanied by the production of PtdIns5P, a lipid mediator, to close the connexin hemichannels [25]. Another example is that of *Streptococcus agalactiae*, a commensal bacterium that resides in the intestine or vaginal mucosa but occasionally shows pathogenicity, causing neonatal pneumonia. *Streptococcus agalactiae* releases ecto-5'-nucleoside diphosphate phosphohydrolase and degrades extracellular nucleotides, including eATP; it thus turns off the eATP-mediated alerting of the host defenses to danger [26, 27].

3. Pathological Aspects of eATP in the Mucosal Compartment

eATP-purinergic receptor-mediated pathways are now considered to be targets for the treatment of inflammatory disorders in the systemic compartment, including inflammatory pain and rheumatoid arthritis [28]. Accumulating evidence suggests that eATP-purinergic receptor-mediated pathways are also potential targets for the treatment of inflammatory diseases of mucosal tissues in, for example, the respiratory and gastrointestinal tracts [4, 5, 29]. In the asthma model, migration of eosinophils, dendritic cells, and Th2 cells into the inflamed lung is mediated by the P2Y₂ receptor; therefore, P2Y₂-deficient mice show reduced inflammatory