

Figure 4 Correlation of immunolabeled LM and EM images of CBD-pretangles. Reticular tau immunoreactivity in the cytoplasm in a pretangle neuron of CBD (case 3) labeled with anti-tau antibody (AT8) visualized with QD 655, also labeled with Alexa 488 for more precise confocal images (A). When compared between LM (B) and its exact EM counterpart, reticular tau immunoreactivity in the cytoplasm (C, rectangle e) was composed of randomly distributed straight filaments (E, arrowheads). Tau immunoreactivity in the dendrite (C, rectangle d) on LM corresponded to a few 15-nm straight filaments assembled roughly in parallel. Their arrangement was less tight than that in NFTs in AD. Scale bars in A-C = 10 μ m; D = 250 nm; E = 500 nm.

Discussion

The name 'pretangle' was originally used to describe the premature stage of NFT formation in AD [2-4]. However, in CBD, similar structures (also called 'pretangles') are more prevalent than NFTs in the cerebral cortex [6]. It has been unclear whether the pretangles of CBD represent a premature stage before NFT formation and whether they are different from AD-pretangles. Because pretangles are defined only by LM findings [2-4], it would be helpful to compare the corresponding pretangle ultrastructures between the two diseases. However, CBD pretangles in the cortex have not previously been described at the EM level [22-28]. To address this issue, we used a method of correlative light and electron microscopy with QD immunolabeling [19]. This procedure allowed us to observe not only the features of filamentous structures of inclusions but also their intracellular distribution and relationship with cellular organelles.

Using correlated LM and EM images, we observed a distinctive EM feature of AD-pretangles: specifically, a strong

tendency to form bundles as a precursor to NFTs. Even in the earliest stages of tau accumulation, small pieces of NFTs could already be seen on the background of diffuse and granular tau staining on LM (Figure 3A) [3,29]. Correlation of the LM and EM images revealed that the granular cytoplasmic staining on LM represented straight filaments (sparsely distributed in the neuronal cytoplasm), and the small tangles represented small bundles of parallel filaments (Figure 3D). Very similar EM findings were reported by Bancher [2], although it remains unclear whether their EM findings really represented LM-defined pretangles or not. Because our method of 3D-oriented immunoEM not only identify pretangles on LM, it is quite sure that our immuno EM findings represent LM-identified pretangles. Moreover, it is further possible to correlates the EM plane (Figure 3C) and its exact counterpart of the corresponding LM plane (Figure 3B), even a small aggregates (Figure 3B arrow) not identifiable on 3D stack image (Figure 3A) can be examined with EM (Figure 3C) for comparison with LM at the extreme

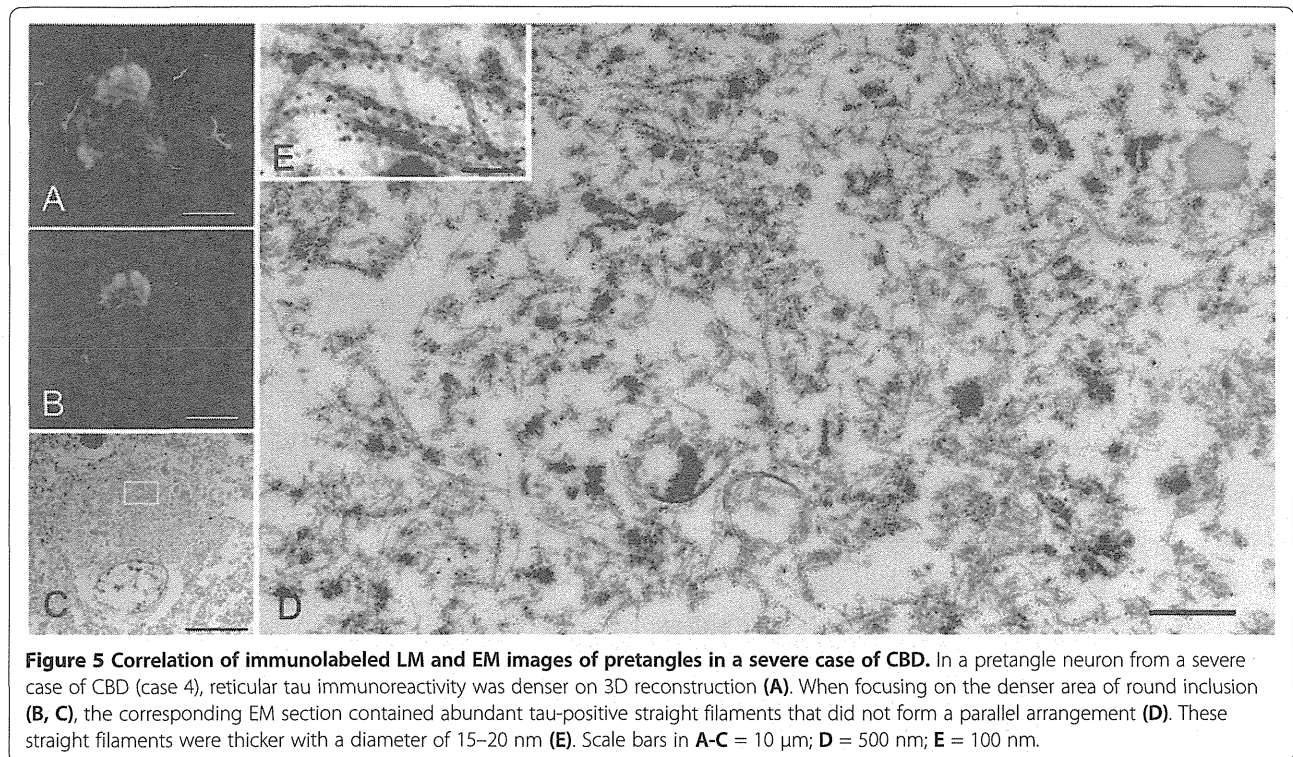


Figure 5 Correlation of immunolabeled LM and EM images of pretangles in a severe case of CBD. In a pretangle neuron from a severe case of CBD (case 4), reticular tau immunoreactivity was denser on 3D reconstruction (A). When focusing on the denser area of round inclusion (B, C), the corresponding EM section contained abundant tau-positive straight filaments that did not form a parallel arrangement (D). These straight filaments were thicker with a diameter of 15–20 nm (E). Scale bars in A–C = 10 μ m; D = 500 nm; E = 100 nm.

accuracy. Another feature of AD-pretangles was perinuclear accumulation of tau. Correlation with its EM counterpart showed that a small number of tau-positive 15-nm straight filaments were present around the nuclear membranes of AD-pretangles (Figure 3G–J). It has been reported that PHF or tau-like immunoreactivity may be present in close proximity to the nuclear membrane of mature NFTs in AD [29–32], and this report is the first demonstration of tau-immunolabeled filaments around the nuclear membrane of AD-pretangles. Although intranuclear processes such as aberrant cell cycling may be related to the pathogenesis of AD [33,34], it is unclear how these processes are related to the perinuclear or cytoplasmic deposition of tau.

A similar approach to CBD-pretangles of the cerebral cortex revealed several findings that differed from the features of AD-pretangles and NFTs: (i) random and diffuse distribution of 14–20 nm straight filaments and (ii) paucity of PHFs and fibrillary bundle formation. These ultrastructural architectures may explain the reticular or diffuse tau immunoreactivity of CBD-pretangles seen on LM (Figures 4 and 5). In dendrites, a small number of straight filaments were observed lying parallel to the dendritic shaft (Figure 4D), similar to the previous reports of dendritic lesions in CBD [8,22]. Even in CBD-pretangles with abundant tau filaments, this random and diffuse distribution of straight filaments was maintained with little NFT formation (Figure 5D). Indeed, this architecture was maintained even in Pick-like inclusions, where

tau filaments were randomly assembled and were composed mainly of straight filaments and, to a lesser extent, PHFs with a periodicity of 130–180 nm (Figure 6D–E). Thus, so-called CBD-pretangles are a random accumulation of tau-positive straight filaments, rarely evolving into so-called NFTs even when the filament density is increased. These findings, especially regarding the filamentous structures themselves, were similar to previous findings in CBD (15–20 nm straight filaments or PHFs with a periodicity of 120–180 nm), which were observed in Pick-like inclusions [22–24,27], ballooned neurons [24,28], neuronal inclusions in the brainstem [22,26,28], or an *in vivo* study using CBD brains [25]. However, this study is the first to clarify the EM structures of cortical pretangles in CBD by accurately correlating them with LM images. Authentic Pick bodies in Pick body disease were more solid than pretangles on LM, where abundant tau-positive fibrils, 15 nm in diameter, were randomly arranged without forming PHF [19].

In this study, we greatly enhanced the reliability of pre-embedding immunoEM using QDs. Although QDs are considered suitable for CLEM, their reliability as a reporter for ultrastructural immunolabeling has been debated. The penetration of QD labeling is reported to be limited to several micrometers from the sample surface [15]. However, we were successful in immunolabeling 25- μ m-thick free-floating sections by increasing the incubation time with QD-conjugated secondary antibodies to 8 hr at room temperature. This procedure enabled us

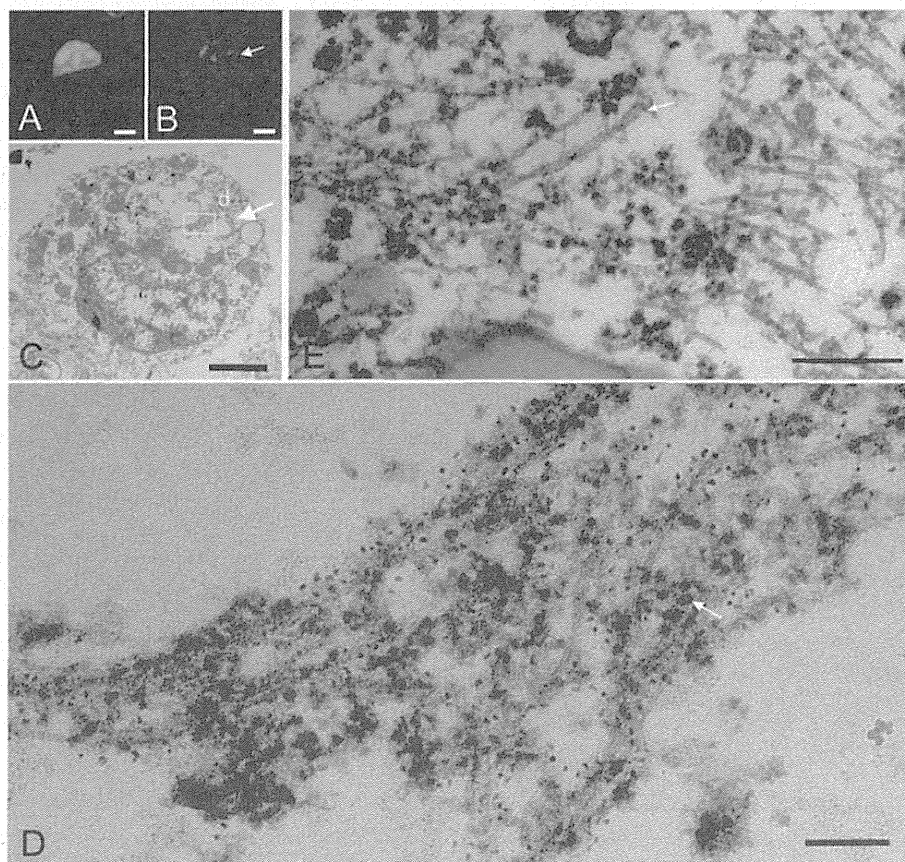


Figure 6 Correlation of immunolabeled LM and EM images of Pick-like inclusions in two CBD cases. A densely packed round inclusion (Pick-like inclusion) from a CBD case (case 3) labeled with anti-PHF antibody (AT8) visualized with QD 655, also labeled with Alexa 488 for more precise confocal images (A). Correlated LM and EM images (B, C) showed that tau immunoreactivity around the cavity on LM corresponded to bundles of tau filaments that were not arranged as parallel as in AD (C, rectangle d; D). Note that these filaments were intermingled with ribosomes (D, arrow). (E) The ultrastructure of Pick-like inclusions in another case of CBD (case 4) also revealed randomly assembled tau filaments with occasional formation of paired helical filaments (a periodicity of 130 nm, arrow). Scale bars in A to C = 3 μ m; D = 50 nm; E = 100 nm. A to D, case 3; E, case 4.

Table 2 Similarities and differences between AD-pretangle and CBD-pretangle

		AD		CBD	
		Pretangle	NFT	Pretangle	Pick like inclusion
LM findings (confocal images)	Morphology	Granular	Fibrillary	Reticular	Round, frequent vacuoles
	Perinuclear accentuation	Occasional	Occasional	None	None
	Size of neurons involved	Small- to large- sized	Small- to large- sized	Medium- to large-sized	Small-sized
EM findings	Density of tau filaments	Very sparse*1	Very dense*2	Sparse	Dense
	Arrangement of tau filaments	Irregular/regular (focal NFT formation*3)	Regular (NFT formation)	Irregular	Irregular
	Diameter of straight filaments	About 15 nm	About 15 nm	14-20 nm	About 15 nm
	PHF (a periodicity)	Occasional (about 80 nm)	Frequent (about 80 nm)	None	Occasional (130-180 nm)

IHC, immunohistochemistry; LM, light microscopy; EM, electron microscopy; PHF, paired helical filaments; *1, Density of straight tau filament is more sparse in AD-pretangles than in CBD-pretangles; *2, Density of tau filaments is more dense in AD-NFT than in Pick-like inclusions of CBD; *3, NFT, neurofibrillary tangle signifying a regularly and tightly arranged bundle of straight or paired helical filaments.

to label the entire thickness of floating sections with QDs so that each tau filament was sufficiently labeled (Figures 3 and 4). Consequently, confocal images and immunoEM images could be tightly correlated.

Other disadvantages of QDs are that they have a lower electron density and less distinct contours than colloidal gold for immunolabeling. We previously used EDX spot analysis with STEM to demonstrate the presence of Se and Cd on a pixel basis [19]. This EDX spot analysis, now extended to map the entire EM field, resulted in clear visualization of the position and form of each QD particle. When the corresponding EM image was overlaid, QDs could be readily differentiated from the grayscale cellular backgrounds (e.g., ribosomes) (Figure 2). Similar elemental mapping of Cd has been reported using electron energy loss spectrography (EELS) to detect QDs in ultrathin EM samples [35]. However, compared with EELS, EDX is more suitable for the detection of heavy metals, such as Cd or Se [19,36]. Moreover, because EELS is performed without electron staining, it is difficult to gain sufficient contrast in EM images [35]. Therefore, combined with pre-embedding Q-dot immunoEM and EDX mapping, the use of QDs is one of the most sensitive and distinct ultrastructural immunolabeling techniques available and might be particularly suitable for the correlation of LM/EM images.

Conclusions

Accurate identification of pretangles on LM, followed by EM examination of their exact counterpart was achieved through tau immunolabeling with QD, fluorescent nanocrystals, which are detectable with LM (fluorescence signal) and with EM (electron dense particles with halo). EDX spot analysis to confirm the identity of QD on EM section by showing energy peaks for Cd and Se is now extended to map the entire EM field to highlight QD particles. This improved method with EDX mapping clearly demonstrated for the first time that AD-pretangles showed a strong tendency to form fibrillary tangles even at an early stage, whereas pretangles or Pick-like inclusions in tissue from patients with CBD did not even at an advanced stage. This novel strategy is useful to clarify how molecules other than tau are organized into ultrastructures in the early stages of disease-specific lesions.

Additional files

Additional file 1: Figure S1. Optimal of dilution of QD-conjugated secondary antibodies for ultrastructural immunolabeling.

Additional file 2: Figure S2. Energy dispersive X-ray (EDX) mapping of Quantum dots (QDs).

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

ST, TU, RT and MY designed the study, analysed the data, and drafted the manuscript. ST, TU, IA, YI, MM, MY collected clinical and pathological data. All authors read and approved the final manuscript.

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Author details

¹Department of Neuropathology, Institute for Medical Science of Aging, Aichi Medical University, Nagakute, Aichi, Japan. ²Laboratory of Structural Neuropathology, Tokyo Metropolitan Institute of Medical Science, 2-1-6 Kamikitazawa, Setagaya, Tokyo 156-8506, Japan. ³Department of Neurology, Kyoto University, Kyoto, Japan. ⁴Department of Neurology, Higashi Nagoya National Hospital, Nagoya, Aichi, Japan.

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Symposium: Definition and Differentials – How to Distinguish Disease-Specific Changes on Microscopy

Astrocytic inclusions in progressive supranuclear palsy and corticobasal degeneration

Mari Yoshida

Institute for Medical Science of Aging, Aichi Medical University, Aichi, Japan

Tufted astrocytes (TAs) in progressive supranuclear palsy (PSP) and astrocytic plaques (APs) in corticobasal degeneration (CBD) have been regarded as the pathological hallmarks of major sporadic 4-repeat tauopathies. To better define the astrocytic inclusions in PSP and CBD and to outline the pathological features of each disease, we reviewed 95 PSP cases and 30 CBD cases that were confirmed at autopsy. TAs exhibit a radial arrangement of thin, long, branching accumulated tau protein from the cytoplasm to the proximal processes of astrocytes. APs show a corona-like arrangement of tau aggregates in the distal portions of astrocytic processes and are composed of fuzzy, short processes. Immunoelectron microscopic examination using quantum dot nanocrystals revealed filamentous tau accumulation of APs located in the immediate vicinity of the synaptic structures, which suggested synaptic dysfunction by APs. The pathological subtypes of PSP and CBD have been proposed to ensure that the clinical phenotypes are in accordance with the pathological distribution and degenerative changes. The pathological features of PSP are divided into 3 representative subtypes: typical PSP type, pallido-nigro-luysian type (PNL type), and CBD-like type. CBD is divided into three pathological subtypes: typical CBD type, basal ganglia-predominant type, and PSP-like type. TAs are found exclusively in PSP, while APs are exclusive to CBD, regardless of the pathological subtypes, although some morphological variations exist, especially with regard to TAs. The overlap of the pathological distribution of PSP and CBD makes their clinical diagnosis complicated, although the presence of TAs and

APs differentiate these two diseases. The characteristics of tau accumulation in both neurons and glia suggest a different underlying mechanism with regard to the sites of tau aggregation and fibril formation between PSP and CBD: proximal-dominant aggregation of TAs and formation of filamentous NFTs in PSP in contrast to the distal-dominant aggregation of APs and formation of less filamentous pretangles in CBD.

Key words: astrocytic plaque, corticobasal degeneration, fibril formation, progressive supranuclear palsy, tufted astrocyte.

INTRODUCTION

Progressive supranuclear palsy (PSP)¹ and corticobasal degeneration (CBD)² have been regarded as distinct clinicopathological entities with hyperphosphorylated four repeat (4R) tau aggregation in neurons and glia, although the recent recognitions of many clinical similarities have increasingly raised more difficulties in the clinical diagnosis of these two disorders. However, microscopic cellular tau pathology has been used to distinguish PSP from CBD.^{3–5} PSP is defined primarily by tau-positive neurofibrillary tangles (NFTs), coiled bodies, threads, and tufted astrocytes, in contrast to the ballooned neurons, pretangles, threads, and astrocytic plaques that are characteristic of CBD (Table 1). Because PSP and CBD frequently present similar pathological distributions (Table 1, Fig. 1), a pathological diagnosis may be difficult without the discrimination of abnormal tau inclusions and particularly of the most characteristic and obvious tau morphology, that of astrocytic inclusions.⁶ Therefore, it is important to reevaluate and differentiate between tufted astrocytes (TAs) and astrocytic plaques (APs) and to discuss the pathogenesis of these types of inclusions. To address these issues, we reviewed the morphology and differential distribution of

Correspondence: Yoshida Mari, MD, PhD, Institute for Medical Science of Aging, Aichi Medical University, 1-1 Yazakokarimata, Nagakute, Aichi 480-1195, Japan. Email: myoshida@aichi-med-u.ac.jp

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Table 1 Diagnostic pathological findings in progressive supranuclear palsy (PSP) and corticobasal degeneration (CBD)

	PSP	CBD
Lesion		Distribution
Neuronal loss & gliosis	Affected cortices (variable) Globus pallidus Subthalamic nucleus Substantia nigra Brainstem tegmentum Dentate nucleus Pons and medulla (variable)	Affected cortices/subcortical white matter (gliosis) Globus pallidus (variable) Subthalamic nucleus (variable) Substantia nigra Striatum (caudate and putamen) (gliosis) Brainstem tegmentum (variable) Dentate nucleus (variable) Pons and medulla (variable) Affected cortices
Ballooned or achromatic neurons Gallyas/4R-tau positive lesions Neuronal inclusions	NFTs > Pretangles Substantia nigra, oculomotor complex, locus ceruleus, pons, brainstem nuclei, dentate nucleus, globus pallidus, subthalamic nucleus Striatum, thalamus, basal nucleus of Meynert Affected Cortices (variable) Spinal cord	Pretangles >> NFTs Affected cortices, substantia nigra, globus pallidus, subthalamic nucleus Striatum, thalamus, basal nucleus of Meynert Brainstem nuclei and dentate nucleus Spinal cord
Threads and coiled bodies	Threads and coiled bodies Brainstem, cerebellar white matter, globus pallidus, subthalamic nucleus, striatum, thalamus, gray matter and white matter, spinal cord	Threads >> coiled bodies Subcortical white matter and gray matter, globus pallidus, subthalamic nucleus, striatum, thalamus, brainstem, spinal cord
Astrocytic inclusions	Tufted astrocytes Affected cortices, striatum, brainstem	Astrocytic plaques Affected cortices, striatum

4R-tau, 4 repeat tau; NFTs, neurofibrillary tangles.

pathologic lesions of 95 neuropathologically confirmed PSP cases and 30 CBD cases that were registered at the Institute for Medical Science of Aging, Aichi Medical University. Our focus was on the pathogenesis of astrocytic inclusions, their disease specificity, and their morphological variations.

PROGRESSIVE SUPRANUCLEAR PALSY (PSP)

PSP is a progressive neurodegenerative disorders, described by Steele, Richardson and Olszewski in 1964.¹ It is the second most common form of parkinsonism after Parkinson's disease. Clinical features include abnormal gait, and postural instability, and recurrent falls, supranuclear ophthalmoparesis, cognitive and behavioral changes, pseudobulbar features and dystonia.

Clinical aspects

As noted previously, pathologically confirmed cases of PSP have exhibited some variation of the clinical and pathological features. Therefore, clinical subtypes were proposed to classify PSP: PSP-Richardson, PSP-parkinsonism (PSP-P),^{7,8} PSP-pure akinesia with gait freezing (PSP-PAGF),⁹ PSP-primary progressive aphasia,^{10,11} and PSP-predominant

cerebellar involvement (PSP-C).^{12,13} The PSP-Richardson type is the prototypical form of PSP that is defined by early falls, early cognitive dysfunction, abnormalities of gaze and postural instabilities. PSP-P represents asymmetric onset, tremor, early bradykinesia, non-axial dystonia and a response to levodopa. Individuals with PSP-PAGF present with the gradual onset of freezing of gait or speech, absent limb rigidity and tremor, a lack of sustained response to levodopa, and no dementia or ophthalmoplegia in the first 5 years of disease. PSP-primary progressive aphasia is defined by the presence of primary progressive aphasia, or progressive nonfluent aphasia. Individuals with PSP-C develop cerebellar-predominant ataxia as the initial and principal symptom.

Neuropathology

Neuropathological diagnostic criteria

The pathological criteria for the diagnosis of PSP are well established and include specific neuronal loss with gliosis and neurofibrillary tangles (NFTs) in the subcortical and brainstem nuclei and in the cerebellar dentate nucleus with the pathological accumulation of abnormally phosphorylated microtubule-associated protein tau into filamentous deposits.¹⁴ The NINDS diagnostic criteria for PSP and related disorders are pertinent for typical PSP,

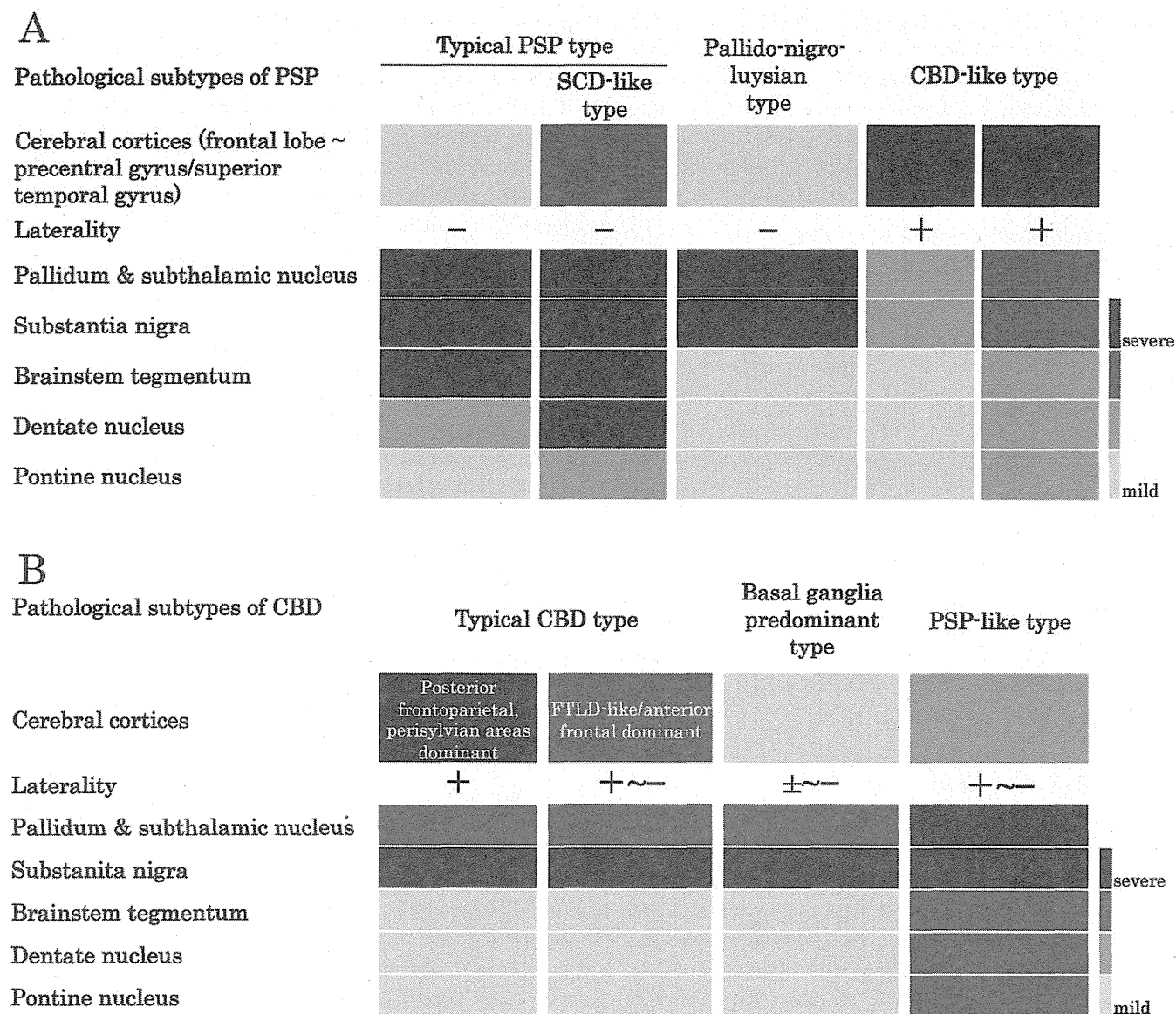


Fig. 1 The group of pathological subtypes in PSP (A) and CBD (B). (A) The pathological subtypes in PSP is generally divided into three representative types: typical PSP type, pallido-nigro-luysian type (PNL type), and CBD-like type, according to the distribution of the lesions and the severity. The spinocerebellar degeneration (SCD)-like type is associated with severe degeneration of the dentate nucleus, superior cerebellar peduncles, cerebellar cortex, white matter and pontine tegmentum and base, which are frequently associated with frontal involvement. The PNL type shows relatively restricted changes in pallido-nigro-luysian lesions. The CBD-like type is accompanied by more severe, asymmetrical cortical changes and a variable degeneration of the basal ganglia, brainstem and cerebellar dentate nucleus. (B) The pathological subtypes of CBD is generally divided into three representative types: typical CBD type, basal ganglia-predominant type, and PSP-like type, according to the distribution of the lesions and the severity. The typical CBD type shows dominant cortical involvement with laterality in the posterior frontoparietal or perisylvian areas. Some cases exhibit anterior frontal-dominant cortical degeneration, such as frontotemporal lobar degeneration. The basal ganglia-predominant type reveals severe involvement of the pallidum and subthalamic nucleus, with relatively mild cortical degeneration without distinct laterality. The PSP-like type shows severe degeneration of the brainstem and dentate nucleus similar to that seen in PSP, in addition to the variable cortical involvement.

which conforms to the original description, and atypical PSP, which consists of histologic variants where the severity or distribution of abnormalities, or both, deviate from the typical pattern; these criteria are also relevant for combined PSP, in which typical PSP is accompanied by concomitant infarcts in the brainstem, basal ganglia, or both.^{3,12} Micro-

scopic findings include a high density of NFTs and neuropil threads in at least three of the following areas: the pallidum, subthalamic nucleus, substantia nigra, or pons. In addition, a low to high density of NFTs or neuropil threads is found in at least three of the following areas: the striatum, oculomotor complex, medulla, or dentate nucleus. A clinical history

that is compatible with PSP is also required for diagnosis according to this set of criteria. These criteria have come to define the typical clinicopathological PSP cases. However, based on these criteria, it was recommended that atypical PSP should be excluded as a PSP subtype because further neuropathological studies of this entity were needed.

Neuropathological reevaluation of PSP cases

Among 95 pathologically confirmed PSP cases, 25 cases were associated with other significant diseases. Two of these cases were associated with Alzheimer's disease, 12 with Parkinson's disease or dementia with Lewy bodies (DLB), 1 with multiple system atrophy, 1 with SCA6 and DLB, 1 with amyotrophic lateral sclerosis, 1 with traumatic brain injury, 4 with cerebrovascular disease, 1 with glioblastoma, and 2 cases were without detailed information. With the exception of these 25 cases, 70 cases were analyzed and had the following characteristics: a mean age at onset of 67 years (range 39–92 years), a mean disease duration of 8 years (range 1–28 years), and a mean age at death of 75 years (range 49–106 years). PSP is a sporadic disease, although approximately 7% of affected individuals have a family history of neurological disorders, including parkinsonism or dementia.

Macroscopic and microscopic findings

The macroscopic examination of the brain in typical PSP reveals mild frontal atrophy including precentral gyrus, particularly in the convexity (Fig. 2A). The brainstem and cerebellum are mildly atrophic. The globus pallidus and subthalamic nucleus usually show a brownish atrophy. The third ventricle may be enlarged. The tegmentum of the midbrain and pons also shows atrophy. The substantia nigra shows discolored, while the locus ceruleus is often relatively preserved. The cerebellar dentate nucleus, and the superior cerebellar peduncle are atrophic.

The microscopic findings indicate neuronal loss and gliosis with NFTs, which appear globose in appearance, in the basal ganglia, thalamus, brainstem, and cerebellum (Table 1, Fig. 3). The thalamus has mild to moderate

neuronal loss and gliosis, while the putamen and the caudate show mild gliosis. The most affected nuclei are the globus pallidus, subthalamic nucleus and substantia nigra. The affected regions of the brainstem are as follows: mid-brain tegmentum including the superior colliculus, periaqueductal gray matter, oculomotor nuclei, locus ceruleus, pontine tegmentum, pontine nuclei, medullary tegmentum and the inferior olivary nucleus. The dentate nucleus usually exhibits grumose degeneration. The superior cerebellar peduncles are atrophic, and the cerebellar cortex may show mild loss of Purkinje cells with mild atrophy of the white matter. The medullary tegmentum may be atrophic with myelin pallor. The cerebral cortices show mild gliosis especially in the premotor and precentral gyrus in the convexity. The spinal cord, especially the cervical segment, is usually involved, particularly in the medial division of the anterior horn and intermediate gray matter.^{15–17} Transverse sections of the spinal cord often show myelin pallor in the anterolateral funiculus in the cervical and thoracic segments. Immunohistochemistry for phosphorylated tau or modified Gallyas silver staining reveals NFTs, pretangles in neurons, tufted astrocytes, coiled bodies in oligodendrocytes, and threads (Table 1, Fig. 3).

Tufted astrocytes

TAs are defined as radial arrangements of thin and long branching fibers without collaterals that course continuously through the cytoplasm to the distal processes of astrocytes (Fig. 3d–j,m,n).^{6,18} “Tufts of abnormal fiber,” as described in PSP by Hauw *et al.*,¹⁹ is the root of the nomenclature for “tufted astrocytes,” although their cellular characterization was not mentioned in their study. Tufted astrocytes were described by Hauw *et al.*¹⁹ as star-like tufts of fibers devoid of degenerative features and without amyloid cores that are clearly distinguishable with Bodian stain as well as with tau immunocytochemistry. The astrocytic nature of the cells that contain the tufted-type inclusions was confirmed by the double-labeling of sections with antibodies to GFAP, CD44 and abnormal tau.^{20–22} Cytoplasmic staining is usually not conspicuous within TAs

Fig. 2 Macroscopic findings of typical PSP type (A), pallido-nigro-lusian (PNL)-type (B) and CBD-like type (C).

(A) Macroscopic findings in coronal sections of typical PSP show mild frontal atrophy in the convexity (a), atrophy of the pallidum and subthalamic nucleus (a, arrow), atrophy of the brainstem tegmentum (b), loss of pigment in the substantia nigra (b, arrow) with preservation of pigment in the locus ceruleus, and atrophy of the cerebellar dentate nucleus (c). Bar = 2 cm.

(B) Macroscopic findings in PNL-type PSP reveal severe atrophy of the pallidum and the subthalamic nucleus (a) and depigmentation of the substantia nigra (b), with relative preservation of the brainstem tegmentum (b) and cerebellar dentate nucleus (c). The PNL-type sometimes shows atypical TAs, which demonstrates proximal dominant tau accumulations (d, e). d, Gallyas silver stain; e, AT8 immunohistochemistry; a, b, c, bar = 2 cm; e, bar = 10 μ m.

(C) Macroscopic findings in CBD-like type PSP indicate left side-predominant degeneration of the cerebral cortices and the basal ganglia (a–d) with relatively mild atrophy of the brainstem (e). Microscopically typical TAs are observed in the basal ganglia and cerebral cortices (f, g). a, c, Kliver-Barrera stain; b, d, Holzer stain; f, Gallyas silver stain; g, AT8 immunohistochemistry; bar = 10 μ m.

