

	Maternal mortality ratio (per 100 000 livebirths)			Number of maternal deaths			Annualised rate of change in maternal mortality ratio (%)		
	1990	2003	2013	1990	2003	2013	1990-2003	2003-13	1990-2013
(Continued from previous page)									
Costa Rica	31.1 (26.9 to 36.0)	36.3 (31.7 to 41.5)	24.9 (20.1 to 30.3)	25 (22 to 29)	28 (24 to 31)	19 (15 to 23)	1.2% (-0.3 to 2.7)	-3.8% (-6.0 to -1.5)	-1.0% (-2.0 to 0.1)
El Salvador	105.5 (90.2 to 120.4)	57.5 (49.2 to 66.5)	65.8 (44.3 to 91.6)	181 (155 to 206)	77 (66 to 89)	86 (58 to 119)	-4.7% (-6.3 to -3.1)	1.2% (-2.6 to 4.9)	-2.1% (-3.8 to -0.4)
Guatemala	112.8 (101.0 to 126.2)	91.8 (81.2 to 104.2)	86.7 (65.8 to 110.8)	409 (367 to 458)	400 (353 to 454)	423 (321 to 541)	-1.6% (-2.8 to -0.4)	-0.6% (-3.5 to 2.0)	-1.2% (-2.4 to 0.0)
Honduras	153.1 (90.5 to 190.4)	119.5 (48.5 to 191.2)	72.0 (35.5 to 123.0)	295 (175 to 367)	238 (97 to 381)	153 (75 to 260)	-2.1% (-6.4 to 1.5)	-5.1% (-10.5 to 0.2)	-3.4% (-5.8 to -1.1)
Mexico	73.8 (70.4 to 77.1)	57.9 (55.0 to 60.5)	54.0 (50.3 to 58.2)	1774 (1691 to 1851)	1429 (1357 to 1493)	1224 (1139 to 1320)	-1.9% (-2.3 to -1.5)	-0.7% (-1.5 to 0.1)	-1.4% (-1.7 to -1.0)
Nicaragua	94.5 (81.2 to 109.4)	87.8 (76.7 to 101.0)	63.5 (49.0 to 80.0)	148 (127 to 171)	126 (110 to 145)	90 (69 to 113)	-0.6% (-2.1 to 1.0)	-3.3% (-6.2 to -0.7)	-1.8% (-3.0 to -0.5)
Panama	62.3 (53.0 to 72.7)	66.2 (57.2 to 76.3)	55.2 (40.6 to 73.2)	42 (35 to 49)	50 (44 to 58)	42 (31 to 56)	0.5% (-1.1 to 2.2)	-1.9% (-5.1 to 1.3)	-0.6% (-1.9 to 0.8)
Venezuela	66.6 (59.6 to 73.5)	62.0 (56.3 to 68.7)	54.7 (42.8 to 68.6)	377 (337 to 415)	373 (339 to 413)	336 (263 to 421)	-0.5% (-1.6 to 0.5)	-1.3% (-3.8 to 1.2)	-0.9% (-2.0 to 0.2)
Southern Latin America	55.5 (51.1 to 60.2)	51.2 (46.3 to 55.8)	44.2 (37.3 to 51.3)	603 (555 to 653)	513 (465 to 560)	445 (376 to 518)	-0.6% (-1.6 to 0.2)	-1.5% (-3.3 to 0.3)	-1.0% (-1.8 to -0.2)
Argentina	60.2 (54.9 to 66.0)	63.3 (57.0 to 69.7)	54.7 (45.3 to 64.6)	434 (396 to 476)	440 (396 to 484)	387 (320 to 456)	0.4% (-0.7 to 1.4)	-1.5% (-3.5 to 0.5)	-0.4% (-1.3 to 0.4)
Chile	47.8 (42.3 to 54.3)	22.0 (19.3 to 25.0)	18.7 (14.7 to 23.2)	146 (130 to 166)	56 (49 to 64)	47 (37 to 58)	-6.0% (-7.4 to -4.6)	-1.7% (-4.2 to 0.9)	-4.1% (-5.2 to -3.0)
Uruguay	38.7 (32.8 to 45.3)	32.5 (27.4 to 38.1)	22.9 (17.3 to 29.4)	23 (19 to 27)	17 (15 to 20)	12 (9 to 15)	-1.4% (-3.0 to 0.3)	-3.6% (-6.5 to -0.7)	-2.3% (-3.6 to -1.0)
Tropical Latin America	75.9 (68.0 to 84.6)	68.3 (60.9 to 75.6)	60.6 (47.5 to 75.6)	2818 (2522 to 3139)	2445 (2182 to 2708)	1969 (1542 to 2457)	-0.8% (-1.9 to 0.2)	-1.2% (-3.9 to 1.3)	-1.0% (-2.2 to 0.1)
Brazil	73.1 (65.0 to 82.0)	66.0 (58.4 to 73.7)	58.7 (45.8 to 73.5)	2609 (2320 to 2925)	2265 (2003 to 2530)	1813 (1414 to 2267)	-0.8% (-1.9 to 0.3)	-1.2% (-4.0 to 1.4)	-1.0% (-2.2 to 0.2)
Paraguay	145.6 (130.2 to 162.4)	119.8 (107.3 to 134.0)	95.2 (71.6 to 126.9)	209 (187 to 233)	181 (162 to 202)	156 (117 to 208)	-1.5% (-2.7 to -0.3)	-2.4% (-5.3 to 1.0)	-1.9% (-3.2 to -0.5)
North Africa and Middle East	131.0 (115.4 to 147.8)	101.8 (85.1 to 121.3)	78.1 (63.1 to 97.6)	13 106 (11 543 to 14 783)	10 370 (8 672 to 12 351)	8 907 (7 204 to 11 135)	-2.0% (-3.2 to -0.9)	-2.7% (-4.3 to -1.0)	-2.3% (-3.2 to -1.3)
Algeria	126.1 (87.0 to 170.4)	81.0 (59.8 to 107.0)	51.5 (37.2 to 70.1)	949 (655 to 1283)	575 (424 to 759)	470 (340 to 641)	-3.4% (-6.5 to 0.1)	-4.5% (-8.6 to -0.5)	-3.9% (-5.8 to -2.0)
Bahrain	55.4 (40.7 to 73.4)	32.7 (24.9 to 41.9)	21.4 (15.5 to 29.0)	7 (5 to 10)	5 (4 to 6)	4 (3 to 6)	-4.0% (-6.9 to -1.1)	-4.3% (-8.0 to 0.1)	-4.2% (-6.1 to -2.2)
Egypt	83.7 (69.9 to 100.1)	44.8 (39.1 to 51.9)	32.6 (24.5 to 42.3)	1385 (1157 to 1656)	765 (668 to 888)	619 (465 to 803)	-4.8% (-6.5 to -3.0)	-3.2% (-6.2 to -0.3)	-4.1% (-5.5 to -2.8)
Iran	40.1 (27.0 to 57.2)	26.6 (21.9 to 31.6)	13.5 (9.4 to 18.3)	651 (439 to 929)	333 (275 to 396)	197 (137 to 266)	-3.1% (-6.2 to 0.2)	-6.9% (-10.9 to -3.1)	-4.7% (-7.0 to -2.6)
Iraq	110.6 (68.7 to 157.0)	88.0 (62.0 to 126.8)	65.8 (40.4 to 110.7)	736 (457 to 1045)	816 (574 to 1175)	695 (427 to 1170)	-1.7% (-5.6 to 2.5)	-3.1% (-8.1 to 2.3)	-2.3% (-4.8 to 0.7)
Jordan	102.2 (79.1 to 128.7)	60.2 (46.2 to 78.8)	29.8 (20.3 to 41.4)	112 (87 to 141)	92 (71 to 120)	57 (39 to 79)	-4.1% (-6.9 to -1.3)	-7.1% (-11.8 to -2.2)	-5.4% (-7.2 to -3.5)
Kuwait	17.8 (14.4 to 21.6)	11.4 (9.6 to 13.6)	9.5 (7.5 to 12.0)	6 (5 to 7)	5 (5 to 7)	7 (5 to 8)	-3.4% (-5.4 to -1.4)	-1.8% (-4.4 to 0.8)	-2.7% (-4.0 to -1.4)
Lebanon	101.4 (74.8 to 135.1)	42.4 (30.8 to 56.8)	18.1 (11.9 to 26.0)	65 (48 to 87)	23 (16 to 30)	12 (8 to 17)	-6.7% (-9.5 to -3.9)	-8.6% (-12.7 to -4.9)	-7.5% (-9.7 to -5.5)
Libya	41.8 (25.7 to 64.6)	30.7 (22.8 to 40.5)	27.0 (18.0 to 40.5)	46 (28 to 71)	37 (27 to 49)	33 (22 to 50)	-2.3% (-6.0 to 1.6)	-1.4% (-6.5 to 3.7)	-1.9% (-4.5 to 0.8)
Morocco	279.5 (236.0 to 338.9)	98.3 (75.2 to 120.8)	63.9 (45.1 to 85.8)	1971 (1664 to 2390)	603 (462 to 741)	472 (334 to 635)	-8.1% (-10.2 to -6.0)	-4.4% (-7.5 to -1.3)	-6.5% (-8.1 to -5.0)
Oman	47.0 (26.7 to 76.6)	20.4 (14.2 to 29.4)	12.8 (8.4 to 20.6)	30 (17 to 49)	11 (7 to 15)	9 (6 to 15)	-6.3% (-10.8 to -1.7)	-4.8% (-10.8 to 1.2)	-5.6% (-8.5 to -2.8)
Palestine	21.1 (12.3 to 34.3)	11.3 (8.7 to 14.4)	9.0 (5.5 to 13.2)	22 (13 to 35)	13 (10 to 17)	12 (7 to 17)	-4.6% (-9.0 to -0.4)	-2.5% (-7.5 to 2.3)	-3.7% (-6.8 to -0.7)

(Table 1 continues on next page)

	Maternal mortality ratio (per 100 000 livebirths)			Number of maternal deaths			Annualised rate of change in maternal mortality ratio (%)		
	1990	2003	2013	1990	2003	2013	1990-2003	2003-13	1990-2013
(Continued from previous page)									
Qatar	50.4 (36.2 to 69.8)	38.9 (29.6 to 50.1)	18.7 (12.4 to 27.2)	5 (4 to 7)	4 (3 to 6)	4 (3 to 6)	-2.0% (-5.1 to 1.0)	-7.4% (-12.2 to -2.8)	-4.3% (-6.6 to -2.2)
Saudi Arabia	15.7 (9.1 to 25.2)	9.3 (7.6 to 11.1)	7.0 (5.2 to 9.2)	88 (51 to 140)	49 (41 to 59)	38 (28 to 50)	-3.8% (-7.9 to 0.6)	-2.8% (-6.2 to 0.5)	-3.4% (-5.8 to -0.8)
Sudan	407.8 (304.2 to 502.9)	356.5 (237.6 to 478.8)	275.2 (181.1 to 377.5)	3558 (2654 to 4388)	4193 (2794 to 5631)	3528 (2322 to 4840)	-1.1% (-3.5 to 1.1)	-2.6% (-5.4 to 0.2)	-1.8% (-3.3 to -0.2)
Syria	120.5 (86.0 to 158.8)	64.8 (49.1 to 80.9)	44.1 (31.1 to 60.3)	513 (367 to 676)	309 (235 to 386)	229 (161 to 313)	-4.7% (-7.7 to -1.8)	-3.9% (-7.7 to 0.1)	-4.4% (-6.4 to -2.4)
Tunisia	62.2 (44.4 to 82.7)	28.5 (18.4 to 42.3)	19.0 (11.6 to 28.5)	124 (88 to 164)	48 (31 to 72)	35 (21 to 53)	-6.1% (-9.7 to -2.4)	-4.1% (-10.2 to 0.7)	-5.2% (-7.6 to -3.0)
Turkey	48.5 (34.7 to 65.2)	23.1 (17.1 to 30.9)	15.0 (10.7 to 19.9)	664 (475 to 893)	304 (226 to 408)	188 (134 to 250)	-5.7% (-8.9 to -2.6)	-4.3% (-8.4 to -0.1)	-5.1% (-6.9 to -3.2)
United Arab Emirates	55.8 (31.0 to 112.1)	21.6 (14.1 to 33.7)	12.8 (7.7 to 21.4)	23 (13 to 47)	12 (8 to 18)	17 (10 to 29)	-7.1% (-11.9 to -2.4)	-5.3% (-10.2 to 1.0)	-6.3% (-9.5 to -3.0)
Yemen	342.6 (182.1 to 519.2)	322.2 (182.7 to 524.9)	308.8 (168.6 to 555.4)	2151 (1143 to 3260)	2172 (1232 to 3538)	2279 (1244 to 4099)	-0.5% (-3.5 to 2.7)	-0.5% (-3.8 to 3.3)	-0.5% (-2.8 to 2.2)
High-income	11.9 (10.7 to 13.3)	17.0 (15.1 to 18.8)	17.6 (14.3 to 21.6)	555 (499 to 621)	784 (697 to 867)	829 (672 to 1016)	2.7% (1.5 to 3.8)	0.3% (-1.8 to 2.6)	1.7% (0.7 to 2.6)
North America									
Canada	7.1 (6.0 to 8.3)	9.2 (7.6 to 10.7)	8.2 (6.3 to 10.3)	28 (24 to 33)	32 (27 to 37)	33 (25 to 42)	2.0% (0.2 to 3.6)	-1.2% (-3.7 to 1.3)	0.6% (-0.7 to 1.9)
USA	12.4 (11.1 to 13.9)	17.6 (15.7 to 19.5)	18.5 (14.8 to 22.9)	527 (472 to 592)	752 (669 to 833)	796 (638 to 985)	2.7% (1.4 to 3.8)	0.5% (-1.8 to 2.8)	1.7% (0.8 to 2.7)
Oceania	599.9 (365.3 to 972.5)	577.8 (331.4 to 976.3)	494.1 (264.4 to 849.3)	1234 (752 to 2001)	1461 (838 to 2469)	1325 (709 to 2278)	-0.3% (-3.3 to 2.7)	-1.6% (-5.2 to 2.4)	-0.9% (-3.2 to 1.7)
Federated States of Micronesia	170.3 (82.9 to 310.8)	130.5 (66.6 to 235.5)	87.9 (44.7 to 154.5)	6 (3 to 10)	4 (2 to 7)	2 (1 to 4)	-2.0% (-6.0 to 2.0)	-3.9% (-8.5 to 0.7)	-2.9% (-5.6 to 0.0)
Fiji	109.6 (68.4 to 165.2)	100.8 (72.0 to 135.5)	68.2 (43.7 to 102.8)	24 (15 to 36)	19 (14 to 26)	12 (8 to 18)	-0.6% (-4.4 to 3.6)	-4.0% (-9.0 to 0.8)	-2.1% (-4.9 to 0.7)
Kiribati	213.3 (153.9 to 296.9)	142.4 (97.1 to 216.5)	100.9 (57.4 to 169.1)	6 (4 to 8)	3 (2 to 5)	2 (1 to 4)	-3.2% (-7.1 to 0.8)	-3.6% (-9.0 to 1.8)	-3.4% (-6.2 to -0.6)
Marshall Islands	74.7 (46.2 to 111.8)	109.4 (66.3 to 167.8)	95.6 (51.9 to 164.9)	2 (1 to 2)	2 (1 to 3)	2 (1 to 3)	2.9% (-1.6 to 7.4)	-1.5% (-7.8 to 5.1)	1.0% (-2.0 to 4.0)
Papua New Guinea	765.9 (456.7 to 1255.9)	702.6 (396.4 to 1197.8)	594.2 (312.7 to 1030.8)	1148 (684 to 1882)	1382 (779 to 2355)	1260 (663 to 2187)	-0.7% (-3.8 to 2.4)	-1.7% (-5.4 to 2.3)	-1.1% (-3.6 to 1.5)
Samoa	61.1 (36.2 to 99.7)	51.2 (32.5 to 76.3)	41.4 (26.9 to 62.8)	3 (2 to 5)	3 (2 to 4)	2 (1 to 3)	-1.3% (-6.0 to 3.3)	-2.1% (-7.0 to 3.3)	-1.6% (-4.6 to 1.1)
Solomon Islands	254.0 (127.4 to 454.4)	214.5 (112.5 to 379.3)	183.0 (95.9 to 338.5)	32 (16 to 56)	34 (18 to 60)	32 (17 to 59)	-1.3% (-5.2 to 2.7)	-1.6% (-6.0 to 3.2)	-1.4% (-4.5 to 1.6)
Tonga	188.1 (118.8 to 286.9)	143.3 (108.8 to 185.6)	111.2 (68.2 to 172.2)	6 (4 to 9)	4 (3 to 5)	3 (2 to 5)	-2.0% (-6.0 to 1.8)	-2.7% (-7.8 to 2.3)	-2.3% (-5.0 to 0.4)
Vanuatu	176.3 (83.5 to 329.7)	174.8 (88.2 to 333.0)	139.2 (72.3 to 257.6)	10 (5 to 18)	10 (5 to 20)	9 (5 to 17)	-0.1% (-4.2 to 4.1)	-2.2% (-6.6 to 2.4)	-1.0% (-4.0 to 2.2)
Central sub-Saharan Africa	456.3 (366.2 to 546.7)	419.1 (341.2 to 499.8)	353.1 (279.9 to 434.1)	12178 (9773 to 14591)	15191 (12369 to 18118)	15355 (12174 to 18880)	-0.7% (-2.2 to 0.8)	-1.7% (-3.8 to 0.3)	-1.1% (-2.3 to 0.1)
Angola	510.6 (324.9 to 747.3)	451.1 (308.9 to 657.8)	310.1 (198.3 to 472.2)	2976 (1894 to 4356)	3672 (2515 to 5355)	3032 (1939 to 4618)	-0.9% (-3.7 to 1.8)	-3.8% (-7.1 to -0.5)	-2.2% (-4.0 to 0.0)
Central African Republic	788.7 (576.4 to 1020.1)	999.4 (636.2 to 1415.6)	910.5 (578.3 to 1293.2)	973 (711 to 1258)	1473 (937 to 2086)	1459 (926 to 2072)	1.8% (-0.7 to 3.9)	-0.9% (-3.8 to 1.7)	0.6% (-1.0 to 2.0)
Congo	397.2 (275.6 to 545.1)	482.8 (322.1 to 673.7)	287.3 (189.6 to 427.1)	379 (263 to 519)	678 (452 to 946)	494 (326 to 735)	1.5% (-1.1 to 3.9)	-5.2% (-8.5 to -2.0)	-1.4% (-3.4 to 0.4)
DR Congo	420.1 (323.5 to 521.5)	369.5 (295.0 to 451.4)	342.3 (251.4 to 446.7)	7616 (5865 to 9455)	9069 (7241 to 11081)	10125 (7437 to 13213)	-1.0% (-3.1 to 1.3)	-0.8% (-3.7 to 1.8)	-0.9% (-2.6 to 0.7)
Equatorial Guinea	599.9 (376.2 to 897.0)	487.3 (280.4 to 736.7)	369.6 (199.8 to 620.0)	109 (68 to 163)	110 (63 to 166)	100 (54 to 168)	-1.6% (-5.4 to 2.3)	-2.9% (-6.9 to 1.4)	-2.2% (-4.9 to 0.9)

(Table 1 continues on next page)

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	1990	2003	2013	1990	2003	2013	1990-2003	2003-13	1990-2013
(Continued from previous page)									
Gabon	345.7 (265.2 to 438.6)	413.0 (301.0 to 541.8)	267.3 (184.1 to 370.3)	126 (96 to 159)	189 (138 to 248)	144 (99 to 199)	1.3% (-1.3 to 4.0)	-4.4% (-7.9 to -1.3)	-1.2% (-2.9 to 0.6)
Eastern sub-Saharan Africa	511.7 (461.5 to 562.3)	564.7 (490.8 to 640.0)	387.2 (331.5 to 453.0)	45250 (40808 to 49719)	65050 (56537 to 73735)	52269 (44747 to 61144)	0.7% (-0.3 to 1.9)	-3.8% (-5.1 to -2.4)	-1.2% (-1.8 to -0.6)
Burundi	757.1 (560.5 to 977.3)	712.3 (538.5 to 899.9)	370.8 (240.4 to 504.3)	2122 (1571 to 2739)	2240 (1693 to 2830)	1683 (1091 to 2289)	-0.5% (-3.0 to 1.9)	-6.6% (-10.2 to -3.7)	-3.1% (-5.1 to -1.4)
Comoros	527.4 (319.7 to 830.5)	383.0 (219.8 to 646.7)	329.2 (171.9 to 584.5)	82 (50 to 130)	88 (50 to 148)	85 (45 to 152)	-2.5% (-6.0 to 1.1)	-1.7% (-6.6 to 2.6)	-2.2% (-4.9 to 0.7)
Djibouti	526.3 (334.8 to 788.7)	629.3 (405.3 to 962.4)	523.5 (329.8 to 821.8)	124 (79 to 186)	138 (89 to 211)	123 (77 to 193)	1.4% (-1.9 to 4.6)	-1.9% (-5.2 to 1.5)	0.0% (-2.2 to 2.2)
Eritrea	614.2 (493.7 to 747.0)	679.9 (475.9 to 902.1)	566.0 (351.2 to 817.7)	949 (763 to 1154)	1241 (868 to 1646)	1313 (814 to 1896)	0.7% (-1.8 to 3.1)	-1.9% (-5.1 to 0.9)	-0.4% (-2.3 to 1.3)
Ethiopia	708.0 (600.4 to 815.0)	657.8 (486.3 to 839.6)	497.4 (371.5 to 648.8)	16740 (14197 to 19271)	497.4 (400.1 to 24173)	15234 (11378 to 19871)	-0.6% (-3.1 to 1.4)	-2.8% (-5.2 to -0.2)	-1.6% (-2.8 to -0.3)
Kenya	315.5 (250.1 to 382.2)	559.2 (375.0 to 773.0)	277.2 (175.4 to 414.1)	3047 (2416 to 3692)	7628 (5115 to 10543)	4361 (2759 to 6514)	4.3% (1.3 to 7.4)	-7.1% (-10.8 to -3.9)	-0.6% (-2.6 to 1.4)
Madagascar	314.0 (246.9 to 375.5)	378.0 (255.9 to 480.7)	297.7 (174.3 to 448.6)	1723 (1355 to 2061)	2610 (1766 to 3319)	2455 (1438 to 3699)	1.4% (-1.0 to 3.4)	-2.8% (-6.4 to 1.6)	-0.3% (-2.3 to 1.5)
Malawi	550.3 (440.5 to 669.6)	815.3 (567.4 to 1111.1)	334.7 (224.5 to 465.1)	2627 (2103 to 3197)	4542 (3161 to 6189)	2260 (1516 to 3140)	3.0% (0.7 to 5.3)	-8.9% (-12.5 to -6.1)	-2.2% (-3.8 to -0.6)
Mauritius	66.8 (56.8 to 79.1)	55.9 (47.8 to 65.8)	43.7 (34.4 to 54.7)	15 (13 to 18)	10 (8 to 12)	6 (5 to 8)	-1.4% (-3.0 to 0.4)	-2.5% (-5.1 to 0.0)	-1.9% (-3.0 to -0.6)
Mozambique	363.4 (262.6 to 463.2)	250.0 (184.3 to 322.0)	248.7 (151.4 to 365.4)	2190 (1583 to 2791)	2339 (1724 to 3012)	2574 (1567 to 3783)	-2.9% (-5.7 to 0.2)	-0.2% (-3.9 to 3.0)	-1.7% (-4.0 to 0.5)
Rwanda	656.1 (528.6 to 791.5)	612.6 (477.4 to 766.5)	291.0 (189.9 to 400.7)	2021 (1628 to 2438)	2142 (1669 to 2680)	1185 (773 to 1631)	-0.5% (-2.6 to 1.6)	-7.6% (-11.6 to -4.0)	-3.6% (-5.6 to -1.9)
Seychelles	21.2 (16.4 to 26.7)	14.9 (11.6 to 18.9)	15.7 (12.2 to 20.7)	0 (0 to 0)	0 (0 to 0)	0 (0 to 0)	-2.7% (-5.0 to -0.2)	0.5% (-2.8 to 4.0)	-1.3% (-2.8 to 0.3)
Somalia	486.9 (276.2 to 766.6)	422.4 (264.4 to 706.2)	407.7 (247.4 to 684.2)	1574 (893 to 2479)	1673 (1047 to 2797)	1903 (1155 to 3194)	-1.1% (-4.2 to 1.9)	-0.4% (-3.5 to 2.9)	-0.8% (-2.8 to 1.6)
South Sudan	763.8 (432.8 to 1129.7)	872.9 (602.8 to 1172.3)	956.8 (685.1 to 1262.8)	2138 (1211 to 3162)	2718 (1877 to 3650)	3912 (2801 to 5163)	1.2% (-2.3 to 4.9)	0.9% (-2.5 to 4.8)	1.1% (-1.2 to 3.8)
Tanzania	498.0 (399.2 to 593.4)	622.9 (449.6 to 812.0)	389.6 (266.5 to 548.7)	5814 (4661 to 6929)	10148 (7324 to 13228)	7745 (5298 to 10908)	1.7% (-0.7 to 3.9)	-4.7% (-7.9 to -1.7)	-1.1% (-2.7 to 0.4)
Uganda	296.3 (215.6 to 392.4)	461.5 (319.6 to 615.9)	324.9 (213.8 to 450.2)	2800 (2037 to 3708)	6159 (4265 to 8219)	5385 (3544 to 7461)	3.4% (1.0 to 5.9)	-3.5% (-6.6 to -0.6)	0.4% (-1.4 to 2.2)
Zambia	354.6 (256.2 to 464.3)	475.1 (301.7 to 697.1)	315.1 (206.7 to 459.3)	1283 (927 to 1679)	2435 (1547 to 3574)	2044 (1341 to 2980)	2.2% (-0.5 to 4.5)	-4.1% (-7.3 to -0.7)	-0.6% (-2.1 to 1.0)
Southern sub-Saharan Africa	150.8 (115.9 to 182.6)	490.4 (367.8 to 626.1)	279.8 (202.6 to 381.5)	2455 (1886 to 2973)	8406 (6305 to 10733)	4898 (3547 to 6679)	9.1% (6.5 to 11.8)	-5.6% (-8.1 to -3.0)	2.7% (1.2 to 4.4)
Botswana	205.8 (101.3 to 325.6)	1061.1 (523.3 to 1793.6)	480.8 (211.8 to 828.4)	95 (47 to 151)	504 (249 to 852)	228 (100 to 393)	12.6% (6.9 to 18.0)	-8.1% (-12.5 to -3.7)	3.6% (-0.1 to 6.7)
Lesotho	189.5 (130.9 to 255.2)	606.5 (419.2 to 849.2)	510.6 (303.5 to 772.7)	107 (74 to 144)	343 (237 to 480)	295 (175 to 446)	8.9% (5.5 to 12.7)	-1.8% (-5.1 to 1.5)	4.3% (1.9 to 6.6)
Namibia	165.2 (99.1 to 223.4)	307.5 (212.4 to 440.0)	149.6 (90.3 to 236.1)	89 (54 to 121)	184 (127 to 263)	89 (54 to 141)	4.8% (1.5 to 8.5)	-7.3% (-11.5 to -3.3)	-0.5% (-2.6 to 1.6)
South Africa	134.0 (93.3 to 175.2)	341.8 (227.8 to 481.0)	174.1 (96.3 to 274.9)	1403 (977 to 1835)	3739 (2492 to 5262)	1925 (1065 to 3041)	7.2% (3.3 to 11.1)	-6.9% (-11.1 to -2.7)	1.0% (-1.6 to 3.8)
Swaziland	111.2 (78.1 to 151.1)	272.9 (191.9 to 385.2)	148.5 (91.1 to 229.1)	41 (29 to 56)	97 (68 to 137)	55 (34 to 85)	6.9% (3.2 to 10.5)	-6.2% (-10.1 to -2.2)	1.2% (-1.3 to 3.6)
Zimbabwe	185.8 (143.8 to 232.9)	840.9 (490.4 to 1238.2)	520.7 (313.5 to 786.2)	719 (556 to 901)	3539 (2064 to 5212)	2306 (1388 to 3481)	11.5% (8.3 to 14.4)	-4.8% (-8.3 to -1.4)	4.4% (2.6 to 6.3)
Western sub-Saharan Africa	480.4 (419.0 to 544.8)	563.3 (489.7 to 639.1)	468.9 (385.4 to 564.0)	44133 (38493 to 50052)	69443 (60370 to 78794)	70858 (58231 to 85221)	1.2% (-0.2 to 2.6)	-1.9% (-3.3 to -0.3)	-0.1% (-1.1 to 0.8)
Benin	523.5 (418.4 to 619.6)	415.8 (311.4 to 522.8)	328.6 (229.2 to 441.3)	1259 (1006 to 1490)	1347 (1009 to 1694)	1246 (869 to 1674)	-1.8% (-4.1 to 0.5)	-2.4% (-5.2 to 0.2)	-2.1% (-3.6 to -0.6)

(Table 1 continues on next page)

	Maternal mortality ratio (per 100 000 livebirths)			Number of maternal deaths			Annualised rate of change in maternal mortality ratio (%)		
	1990	2003	2013	1990	2003	2013	1990-2003	2003-13	1990-2013
(Continued from previous page)									
Burkina Faso	301.5 (224.9 to 383.1)	409.2 (307.2 to 517.5)	310.5 (223.1 to 406.2)	1325 (989 to 1684)	2443 (1834 to 3090)	2185 (1570 to 2858)	2.3% (0.1 to 4.6)	-2.8% (-6.1 to 0.3)	0.1% (-1.5 to 1.6)
Cameroon	436.4 (351.7 to 510.0)	614.4 (472.3 to 789.3)	564.6 (414.0 to 743.6)	2451 (1975 to 2865)	4476 (3441 to 5750)	4772 (3499 to 6285)	2.6% (0.5 to 5.0)	-0.9% (-3.4 to 1.4)	1.1% (-0.4 to 2.6)
Cape Verde	110.4 (83.5 to 138.3)	80.5 (47.8 to 128.1)	47.6 (27.9 to 76.2)	15 (11 to 19)	9 (5 to 15)	5 (3 to 8)	-2.6% (-6.6 to 1.2)	-5.3% (-11.2 to 0.4)	-3.8% (-6.2 to -1.4)
Chad	429.8 (352.9 to 510.2)	659.2 (506.9 to 808.4)	597.6 (408.4 to 809.5)	1424 (1170 to 1691)	3245 (2496 to 3980)	3593 (2456 to 4868)	3.3% (1.3 to 5.3)	-1.1% (-3.8 to 1.3)	1.4% (-0.3 to 2.9)
Côte d'Ivoire	496.9 (374.7 to 606.4)	729.8 (521.8 to 968.7)	501.5 (354.3 to 653.9)	2539 (1915 to 3099)	4771 (3411 to 6333)	3824 (2702 to 4987)	2.9% (0.5 to 5.2)	-3.7% (-6.8 to -0.9)	0.0% (-1.4 to 1.3)
Ghana	374.3 (247.7 to 528.1)	418.1 (309.6 to 532.9)	293.4 (193.5 to 410.4)	2143 (1418 to 3024)	2933 (2172 to 3739)	2343 (1545 to 3277)	0.9% (-2.6 to 4.7)	-3.6% (-7.3 to -0.3)	-1.1% (-3.6 to 1.4)
Guinea	660.4 (564.4 to 768.8)	676.3 (542.1 to 811.8)	615.4 (470.5 to 781.9)	1966 (1680 to 2289)	2642 (2118 to 3171)	2720 (2080 to 3457)	0.2% (-1.7 to 1.8)	-1.0% (-3.1 to 1.0)	-0.3% (-1.6 to 0.9)
Guinea-Bissau	708.1 (417.3 to 1052.9)	837.7 (573.6 to 1154.5)	885.3 (616.5 to 1230.2)	334 (197 to 497)	478 (327 to 659)	576 (401 to 800)	1.4% (-1.6 to 4.5)	0.6% (-2.3 to 3.5)	1.0% (-1.0 to 3.0)
Liberia	630.1 (487.9 to 782.0)	779.5 (605.3 to 962.1)	627.3 (467.5 to 793.2)	624 (483 to 775)	1038 (806 to 1281)	974 (726 to 1232)	1.6% (-0.8 to 4.1)	-2.2% (-4.6 to 0.1)	0.0% (-1.6 to 1.4)
Mali	573.0 (500.0 to 649.8)	506.7 (415.9 to 603.8)	388.3 (300.6 to 487.3)	2326 (2030 to 2638)	2936 (2410 to 3499)	2966 (2295 to 3722)	-1.0% (-2.5 to 0.7)	-2.7% (-5.0 to -0.5)	-1.7% (-2.9 to -0.5)
Mauritania	680.6 (585.6 to 789.8)	681.0 (501.2 to 856.1)	568.8 (363.6 to 793.6)	580 (499 to 673)	772 (568 to 971)	761 (487 to 1062)	0.0% (-2.4 to 1.8)	-1.9% (-4.6 to 0.6)	-0.8% (-2.7 to 0.7)
Niger	481.0 (394.4 to 567.6)	427.3 (348.3 to 523.0)	406.5 (308.2 to 505.0)	2217 (1818 to 2616)	2920 (2379 to 3573)	3873 (2936 to 4811)	-0.9% (-2.7 to 0.9)	-0.5% (-2.9 to 1.7)	-0.7% (-2.1 to 0.5)
Nigeria	483.2 (359.9 to 608.4)	585.7 (445.6 to 717.8)	496.4 (335.9 to 666.2)	21233 (15 814 to 26 737)	34810 (26 480 to 42 656)	36698 (24 829 to 49 252)	1.5% (-1.2 to 4.0)	-1.7% (-4.4 to 0.9)	0.1% (-1.8 to 1.9)
São Tomé and Príncipe	297.5 (211.4 to 395.6)	195.7 (133.1 to 251.6)	134.9 (65.2 to 208.6)	13 (9 to 18)	11 (8 to 14)	9 (4 to 14)	-3.2% (-6.6 to -0.1)	-4.0% (-9.5 to 0.9)	-3.6% (-6.5 to -1.0)
Senegal	518.8 (441.9 to 601.7)	462.2 (366.1 to 557.3)	347.2 (249.2 to 455.2)	1727 (1471 to 2003)	2018 (1598 to 2433)	1881 (1350 to 2466)	0.0% (-2.9 to 0.9)	-2.9% (-5.5 to -0.5)	-0.8% (-3.2 to -0.5)
Sierra Leone	521.4 (383.9 to 668.2)	665.1 (535.3 to 795.8)	622.6 (447.9 to 790.5)	943 (694 to 1209)	1360 (1095 to 1627)	1399 (1006 to 1776)	1.9% (-0.6 to 4.3)	-0.7% (-3.4 to 1.6)	0.8% (-1.0 to 2.3)
The Gambia	444.4 (230.1 to 685.5)	368.2 (191.4 to 580.8)	264.5 (135.5 to 434.7)	205 (106 to 316)	232 (121 to 366)	216 (111 to 356)	-1.4% (-5.0 to 2.4)	-3.3% (-6.9 to 0.6)	-2.2% (-5.0 to 0.6)
Togo	496.7 (407.1 to 603.8)	477.4 (332.4 to 644.0)	326.2 (210.7 to 473.0)	807 (662 to 981)	1001 (697 to 1350)	817 (528 to 1185)	-0.4% (-3.1 to 2.2)	-3.9% (-7.4 to -0.4)	-1.9% (-3.8 to -0.1)

Data in parentheses are 95% uncertainty intervals.

Table 1: Maternal mortality ratio, numbers of maternal deaths, and annualised rates of change for 21 Global Burden of Disease regions and 188 countries

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annualised rate of change from 2003 to 2013 to predict the MMR for 2030. For countries with an increasing MMR in that period, we assumed that the MMR would remain constant. We used UN Population Division forecasts of the population aged 15–49 years and births to forecast the number of maternal deaths for each country. We calculated annualised rate of change for 1990–2013 using the continuous rate-of-change formula. Achievement of the MDG 5 target would be equivalent to a sustained 5.5% decrease per year from 1990 to 2015.

**Uncertainty**

We report 95% uncertainty intervals (UIs) for maternal deaths, the MMR, causes of maternal death, timing of maternal deaths, and annualised rates of change. The ensemble models for maternal mortality generate

1000 draws from the posterior distribution; the validity of the UIs was confirmed through 50 iterations of cross-validation with data held out during CODEm estimation. Additionally, DisMod-MR produced 1000 draws from the posterior distribution for the cause analysis and time-of-death analysis. We assumed uncertainty in the estimated fraction of maternal deaths due to each cause or the estimated fraction of maternal deaths in different timings to be independent of the uncertainty in the occurrence of maternal mortality. We calculated uncertainty with 1000 draws from the posterior distribution of every step of the estimation process, which allows for quantification and propagation of uncertainty associated with each of the epidemiological variables in the GBD framework. These UIs are different from confidence intervals, which would only quantify

sampling uncertainty in the underlying data for a specific model.

### Role of the funding source

The funder of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report. The authors had access to the data in the study and had final responsibility for the decision to submit for publication.

### Results

The total annual number of maternal deaths decreased from 376 034 (95% UI 343 483–407 574) in 1990, to 292 982 (261 017–327 792) in 2013 (figure 3A, table 1). The reduction accelerated steadily from 1990 to 2013 (figure 3B), with corresponding decreases in MMR (table 1). Between 2003 and 2013, the annual rate of change in MMR was greater than  $-1\%$ , reaching  $-3\cdot3\%$  for 2012–13 (figure 3B).

MMR was highest in the oldest age groups and lowest in women aged 20–29 years in both 1990 and 2013 (figure 4). However, it decreased significantly between 1990 and 2013 for almost all age groups (figure 4). We used data for the proportions of births in different maternal age groups and calculated that 9·5% of maternal deaths are in the group aged 15–19 years, 43·1% in women aged 20–29 years, and 47·0% in those aged 30 years and older, with the remainder occurring in the group aged 10–14 years. Despite much higher rates of mortality in older age groups, the total number of deaths is roughly equal before and after the age of 30 years. The MMR in mothers aged 15–19 years in 2013 was 1·5 times higher than that in women aged 20–24 years, and 1·4 times higher than in those aged 25–29 years. In 2013, the MMR was 9·5 times higher for a woman aged 45–49 years (1374·4, 95% UI 1117·1–1694·9) than for a woman aged 20–24 years (144·1, 120·6–169·9).

We recorded substantial differences across the GBD regions in the trends in maternal deaths and the MMR (figure 5). Of the regions where the MMR was more than 300 in 1990, south Asia made the greatest progress by 2013 (figure 5A, table 1). In eastern and western sub-Saharan Africa, MMRs increased until 2005, but have since reduced substantially (figure 5A). The MMR in eastern sub-Saharan Africa has been changing at a rate of  $-4\cdot5\%$  per year (95% UI  $-6\cdot0$  to  $-2\cdot8$ ) since 2005.

Of regions that had MMRs of 100–300 in 1990, southeast Asia has had the most notable decreases (figure 5B). The MMR in the Caribbean has followed a similar trend to eastern and western sub-Saharan Africa—ie, increasing to 2005, before falling—and it has improved only slightly in north Africa and the Middle East (figure 5B). The MMR in southern sub-Saharan Africa increased greatly between 1990 and 2006, rising from 150·8 (95% UI 115·9–182·6) to 565·7 (420·1–737·2), but then fell to 279·8 (202·6–381·5) in 2013 (figure 5B).

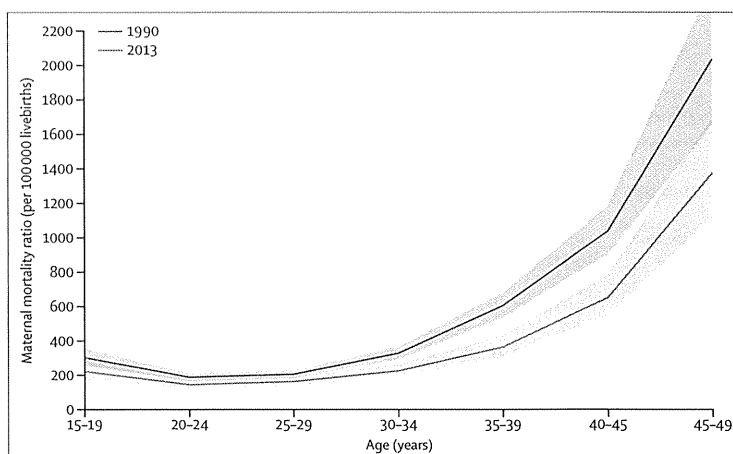


Figure 4: Global maternal mortality ratio in 1990 and 2013, by age. Shaded areas show 95% uncertainty intervals.

We recorded decreases in MMRs in all regions that had an MMR of 30–100 in 1990 (figure 5C, table 1). This reduction is particularly evident in east Asia (figure 5C, table 1). The rates of change in southern Latin America and central Latin America since 2000 seem to have been slower than those before 2000 (figure 5C). In regions with low MMR in 1990 ( $<30$ ), the MMR has continued to reduce slowly, except for in the high-income region of North America (figure 5D, table 1).

Except for late maternal deaths and HIV-related deaths, the absolute numbers of deaths due to every cause decreased significantly ( $p<0\cdot001$ ) from 1990 to 2013 (table 2, appendix). However, in sub-Saharan Africa, the number of deaths due to all causes increased from 1990 to 2013 (table 1). Globally, the biggest absolute reduction was in deaths due to maternal haemorrhage: from 71 295 (95% UI 64 562–78 329) in 1990, to 44 190 (38 273–50 819) in 2013. The biggest percentage decrease was in maternal sepsis, which caused 11·6% (11·4–11·8) of all maternal deaths in 1990, but 9·7% (9·5–9·9) in 2013 (figure 6A). The proportion of maternal deaths due to indirect causes increased slightly from 9·1% (95% UI 8·9–9·4) in 1990, to 10·2% (10·0–10·5) in 2013 (figure 6A). Additionally, the proportion of maternal deaths due to other direct causes rose from 16·5% (95% UI 16·3–16·8) in 1990, to 17·0% (16·7–17·3) in 2013 (figure 6A). The number of late maternal deaths decreased globally by 3·0%, from 44 814 (95% UI 36 414–53 106) in 1990, to 43 507 (35 667–52 395) deaths in 2013. In 2013, HIV accounted for 1·5% (0·9–2·0) of all maternal deaths in sub-Saharan Africa, but only 0·4% (0·2–0·6) worldwide. The number of abortion-related deaths decreased significantly at the global level ( $p=0\cdot002$ ; figure 6A) and in all regions other than Oceania, where no significant change occurred ( $p=0\cdot35$ ), and sub-Saharan Africa, where the number of deaths increased significantly after abortion ( $p<0\cdot001$ ).

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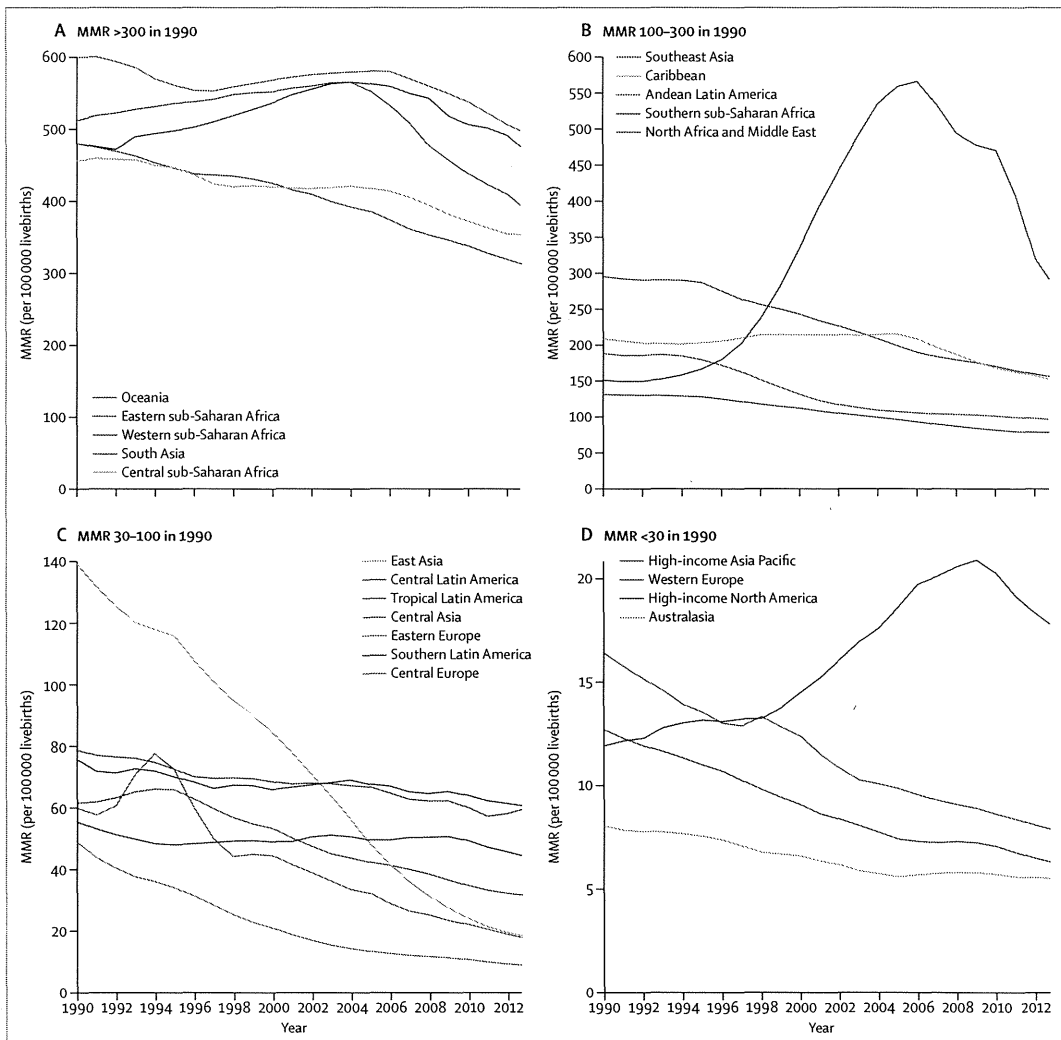


Figure 5: Change in MMR between 1990 and 2013, by region  
MMR=maternal mortality ratio.

Cause patterns vary by regions. The two most important causes of maternal death in high-income regions in 2013 were indirect and other direct causes (figure 6B), owing largely to a decrease in abortion-related deaths, which was the most important cause of maternal mortality in high-income regions in 1990. The number of deaths due to haemorrhage, hypertension, and maternal sepsis have also decreased significantly, whereas the numbers of deaths due to indirect and late maternal causes have increased since 1990 (figure 6B, appendix). By contrast, the most important causes in low-income countries—other direct, abortion, and haemorrhage—have not changed between 1990 and 2013, although different trends are apparent in different

regions. For example, east Asia had significant decreases in all causes except HIV (which was estimated to be the cause of 0.003% of all maternal deaths in 2013; appendix). The total global number of HIV-related maternal deaths in 2013 was 2070 (95% UI 1290–2866), reduced from a peak of 3280 (2041–4403) in 2004. The increase in proportion of deaths due to indirect maternal causes was most notable in Latin America and the Caribbean, where the proportion increased from 9.2% (95% UI 8.8–9.8) in 1990, to 11.5% (10.9–12.2) in 2013.

In 2013, on average, nearly a quarter of deaths occurred antepartum (24.6%, 24.1–25.2), a quarter intrapartum and immediately postpartum (27.7%, 27.1–28.2), a third

subacute and delayed postpartum (35.6%, 34.9–36.2), and 12.1% (11.9–12.5) late. The biggest absolute change was in intrapartum deaths (table 2, appendix), which decreased by more than 35%, but equally notable was that

despite a decrease in the mean fraction of postpartum deaths, the proportion of total deaths occurring postpartum and late actually increased at the global level ( $p < 0.001$ ).

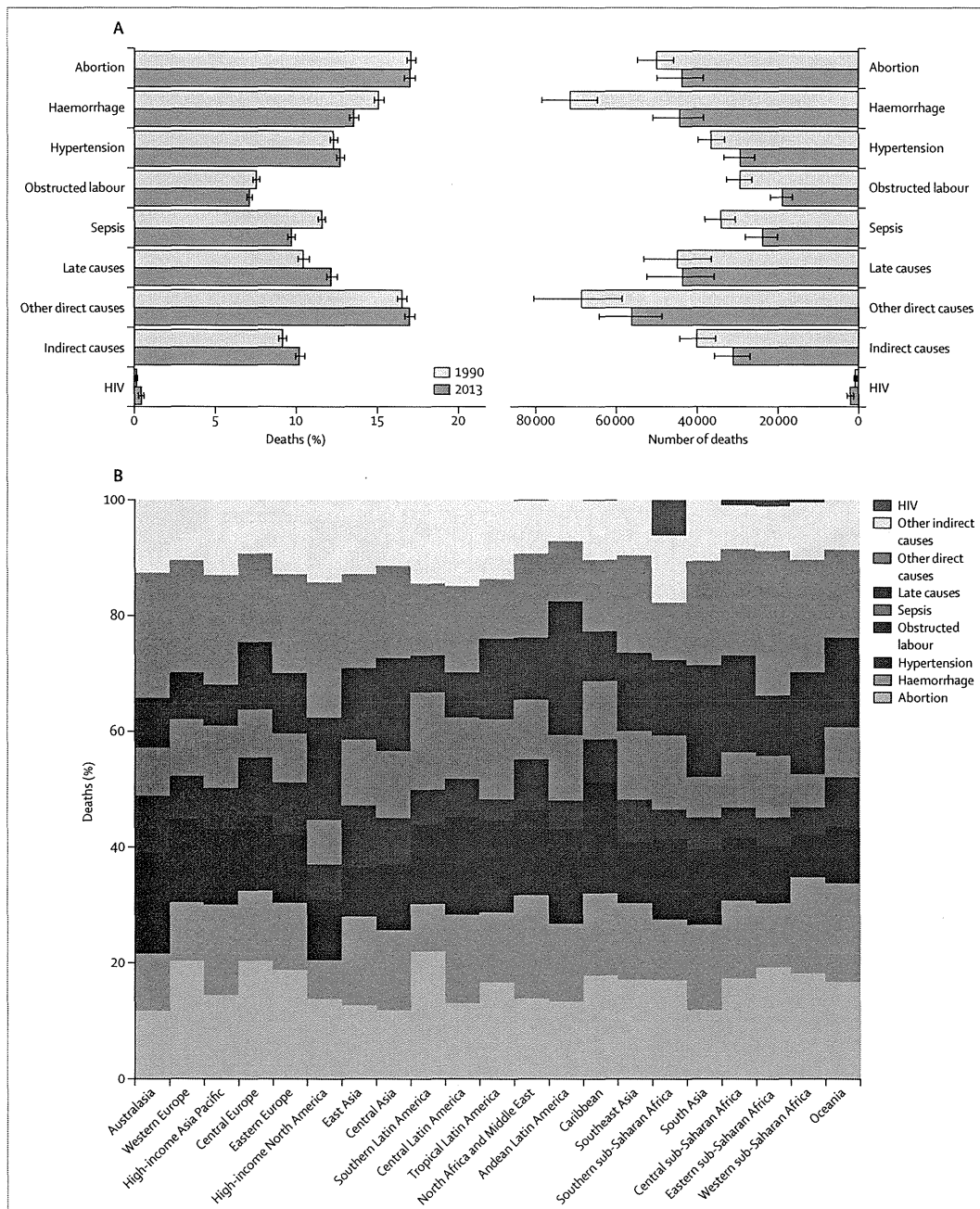
S Villalpando PhD, Prof R Lozano; Department of Diabetes Research, National Centre for Global Health and Medicine, Tokyo, Japan (A Goto PhD);

	Cause of death									Timing of death			
	Abortion	Haemorrhage	Hypertension	Obstructed labour	Sepsis	Late	Other direct	Indirect	HIV	Ante-partum	Intra-partum*	Postpartum†	Late
Worldwide	43 684 (38 336–49 843)	44 190 (38 275–50 819)	29 275 (25 664–33 376)	18 789 (16 281–21 747)	23 717 (20 045–27 993)	43 507 (35 667–52 395)	56 114 (48 671–64 245)	31 058 (26 818–35 679)	2070 (1290–2866)	61 176 (52 959–70 010)	64 823 (55 562–74 856)	123 476 (109 051–139 584)	43 507 (35 667–52 395)
Andean Latin America	160 (115–215)	165 (126–211)	174 (131–217)	64 (46–84)	128 (98–163)	260 (194–331)	125 (95–158)	85 (65–109)	0 (0–0)	154 (114–204)	285 (210–370)	465 (348–590)	260 (194–331)
Australasia	2 (2–3)	2 (2–3)	3 (2–4)	2 (2–3)	2 (1–2)	2 (1–2)	5 (4–6)	3 (2–4)	0 (0–0)	6 (4–8)	6 (5–8)	7 (5–9)	2 (1–2)
Caribbean	132 (83–195)	146 (90–228)	284 (198–415)	73 (43–111)	119 (80–175)	92 (50–146)	129 (81–194)	90 (53–140)	7 (4–11)	272 (168–419)	300 (163–480)	410 (276–612)	92 (50–146)
Central Asia	58 (47–72)	84 (69–100)	55 (45–67)	52 (41–67)	64 (50–80)	81 (66–100)	107 (86–133)	67 (55–83)	0 (0–0)	174 (139–215)	114 (92–141)	199 (164–242)	81 (66–100)
Central Europe	24 (20–28)	15 (12–18)	12 (10–14)	11 (9–14)	9 (7–11)	11 (8–13)	17 (14–20)	13 (10–16)	0 (0–0)	24 (19–27)	40 (33–48)	38 (31–45)	11 (8–13)
Central Latin America	331 (294–376)	478 (426–537)	563 (495–635)	196 (173–223)	227 (198–261)	215 (177–251)	446 (394–505)	486 (428–546)	1 (1–2)	513 (392–672)	1112 (917–1347)	1110 (858–1354)	215 (177–251)
Central sub-Saharan Africa	2679 (2031–3491)	2233 (1663–3018)	1645 (1215–2197)	863 (652–1106)	1386 (1010–1870)	2350 (1664–3154)	2831 (2078–3732)	1222 (823–1629)	114 (62–167)	4805 (3654–6210)	1298 (815–1876)	6902 (5184–8723)	2350 (1664–3154)
East Asia	395 (324–467)	709 (578–854)	322 (260–385)	365 (292–443)	298 (246–356)	376 (305–458)	545 (446–643)	518 (414–614)	0 (0–0)	725 (503–976)	1780 (1369–2213)	654 (439–899)	376 (305–458)
Eastern Europe	66 (54–80)	50 (39–60)	34 (26–42)	46 (34–60)	26 (20–33)	39 (27–53)	93 (75–112)	78 (62–95)	0 (0–0)	192 (150–235)	44 (28–63)	159 (127–195)	39 (27–53)
Eastern sub-Saharan Africa	10 142 (8413–12 152)	6276 (5228–7707)	5286 (4327–6467)	2718 (2248–3261)	4908 (3967–5996)	4702 (3732–5807)	13 312 (11 350–15 591)	3976 (3237–5126)	844 (524–1144)	13 429 (11 038–16 452)	9176 (7334–11 319)	24 962 (20 629–30 208)	4702 (3732–5807)
High-income Asia Pacific	17 (13–22)	22 (17–29)	12 (9–17)	10 (7–13)	13 (9–18)	7 (5–10)	26 (20–35)	21 (16–27)	0 (0–0)	51 (37–68)	33 (24–48)	37 (24–50)	7 (5–10)
High-income North America	97 (76–122)	44 (33–57)	64 (48–83)	51 (31–78)	63 (49–78)	143 (112–178)	224 (176–280)	143 (112–178)	0 (0–0)	120 (72–176)	254 (180–341)	313 (224–411)	143 (112–178)
North Africa and Middle East	1130 (843–1500)	1831 (1421–2415)	1294 (1008–1713)	838 (632–1095)	809 (610–1084)	836 (556–1206)	1300 (996–1741)	847 (616–1171)	3 (2–5)	2129 (1620–2907)	2692 (1950–3638)	3249 (2384–4402)	836 (556–1206)
Oceania	212 (108–363)	244 (123–437)	136 (68–249)	117 (59–203)	102 (53–185)	180 (92–335)	212 (111–379)	116 (58–205)	2 (1–3)	297 (151–543)	583 (308–1035)	264 (129–484)	180 (92–335)
South Asia	12 074 (9081–15 883)	16 453 (11 957–22 330)	10 656 (7805–14 072)	7099 (5425–9206)	9382 (6734–12 841)	19 900 (14 138–27 257)	19 433 (14 257–26 136)	12 601 (9303–16 472)	26 (13–43)	21 202 (15 555–27 811)	23 518 (17 274–30 621)	43 207 (32 787–55 636)	19 900 (14 138–27 257)
Southeast Asia	2638 (1964–3459)	2656 (1968–3460)	2388 (1718–3144)	1346 (941–1855)	1460 (1044–1935)	2274 (1672–3009)	3217 (2348–4232)	2001 (1498–2654)	9 (5–14)	4007 (2980–5262)	8039 (6154–10 319)	3708 (2836–4927)	2274 (1672–3009)
Southern Latin America	94 (77–115)	44 (35–54)	45 (36–56)	28 (20–37)	73 (59–88)	29 (22–36)	51 (41–61)	80 (66–98)	0 (0–1)	196 (151–246)	107 (73–150)	114 (69–158)	29 (22–36)
Southern sub-Saharan Africa	718 (488–1026)	517 (360–714)	624 (428–868)	298 (197–437)	627 (430–914)	604 (376–914)	463 (313–662)	657 (435–942)	381 (217–563)	1059 (660–1542)	1014 (571–1662)	2221 (1471–3256)	604 (376–914)
Tropical Latin America	225 (171–287)	196 (147–253)	341 (259–435)	69 (51–92)	249 (192–317)	272 (178–378)	279 (214–356)	332 (253–426)	1 (1–2)	295 (191–418)	544 (349–776)	858 (623–1158)	272 (178–378)
Western Europe	55 (45–62)	35 (29–41)	34 (28–39)	23 (19–27)	24 (20–29)	23 (18–28)	60 (50–68)	34 (28–40)	0 (0–0)	65 (52–78)	89 (74–104)	112 (92–132)	23 (18–28)
Western sub-Saharan Africa	12 436 (10 015–15 401)	11 990 (9449–15 320)	5301 (4139–6773)	4521 (3382–5992)	3749 (2745–4945)	11 114 (8229–14 535)	13 239 (10 539–16 609)	7687 (5894–9976)	680 (372–1039)	11 460 (8923–14 807)	13 795 (10 460–18 323)	34 489 (27 764–42 248)	11 114 (8229–14 535)

\*Intrapartum and immediate postpartum. †Subacute and delayed postpartum.

Table 2: Global and regional maternal deaths in 2013, by cause and timing

School of Population Health (D G Hoy PhD), University of Queensland, Brisbane, QLD, Australia (H N Gouda PhD, L Knibbs PhD); Saint James School of Medicine, Kralendijk, Bonaire, Netherlands (Prof H C Gugunani PhD); Kanawha Charleston Health Department, Charleston, WV, USA (Rahul Gupta MD); Fortis Escorts Hospital, Jaipur, India (Rajeev Gupta PhD); Arabian Gulf University, Manama, Bahrain (Prof R R Hamadeh DPhil); Wayne County Department of Health and Human Services, Detroit, MI, USA (M Hammami MD); School of Medicine and Pharmacology, University of Western Australia, Perth, WA, Australia (Prof G J Hankey MD); Parnassia Psychiatric Institute, The Hague, Netherlands (H W Hoek MD); Albert Einstein College of Medicine, Bronx, NY, USA (Prof H D Hosgood PhD); Public Health Division, Secretariat of the Pacific Community, Noumea, New Caledonia (D G Hoy); Birzeit University, Birzeit, Ramallah, Palestine (A Hussein PhD); National Institute for Health Development, Tallinn, Estonia (K Innos PhD, M Leinsalu PhD); School of Public Health (Prof N Kawakami MD), Graduate School of Medicine (M Inoue PhD), University of Tokyo, Tokyo, Japan (Prof K Shibuya MD); George Mason University, Fairfax, VA, USA (K H Jacobsen PhD); Ochsner Medical Centre, New Orleans, LA, USA (E Jahangir MD); Graduate School of Public Health, Yonsei University, Seoul, South Korea (Prof S H Jee PhD); Postgraduate Institute of Medical Education and Research, Chandigarh, India (Prof V Jha DM); Tianjin Centres for Diseases Control and Prevention, Tianjin, China (G Jiang MD); Department of Ophthalmology, Medical Faculty Mannheim, University of Heidelberg, Heidelberg, Germany (Prof J B Jonas MD); National Institute of Public Health, Copenhagen, Denmark (Prof K Juel PhD); Vanderbilt University, Nashville, TN, USA (E K Kabagambe PhD, U Sampson MD); Fudan University, Shanghai, China (H Kan MD); University of Balamand, Beirut, Lebanon (N E Karam MD); Helmholtz Centre for Infection Research, Braunschweig, Germany (A Karch MD); Malaria and Other

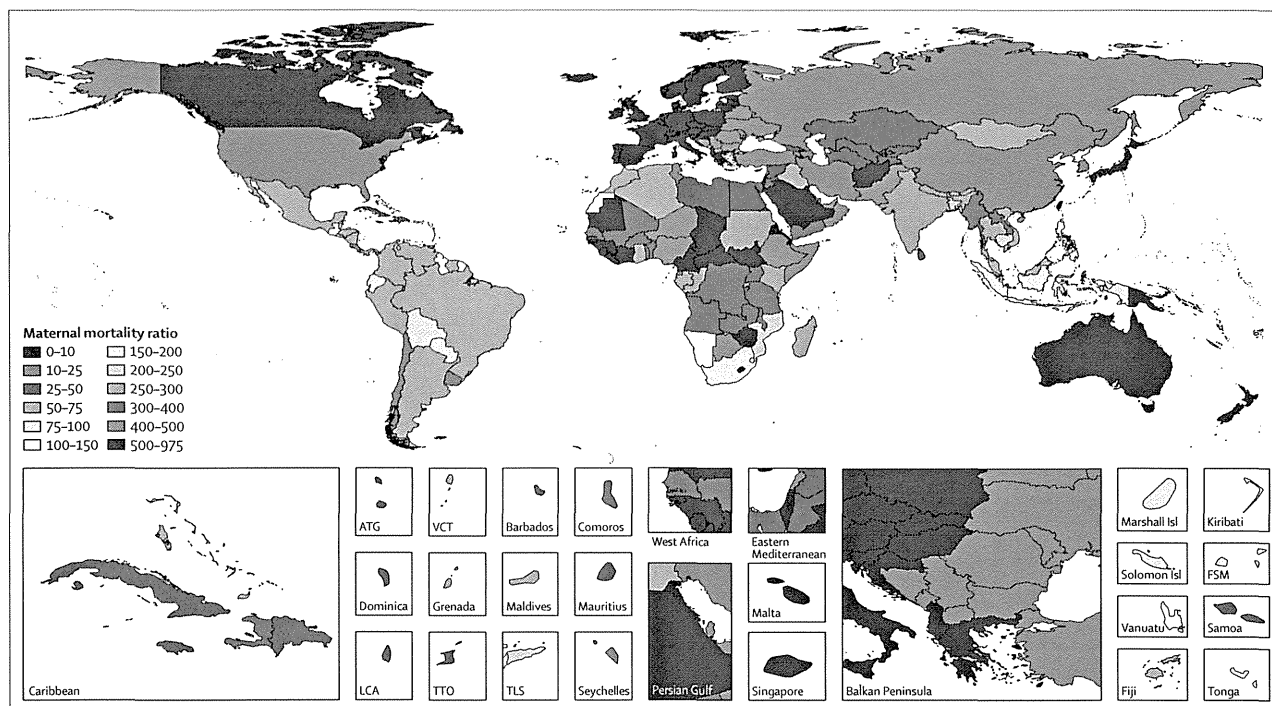


**Figure 6: Causes of maternal death**  
 (A) Mean proportion (left) and total number (right) of maternal deaths due to different causes in 1990 and 2013. Error bars show 95% uncertainty intervals.  
 (B) Proportion of maternal deaths due to different causes in 2013, by region.

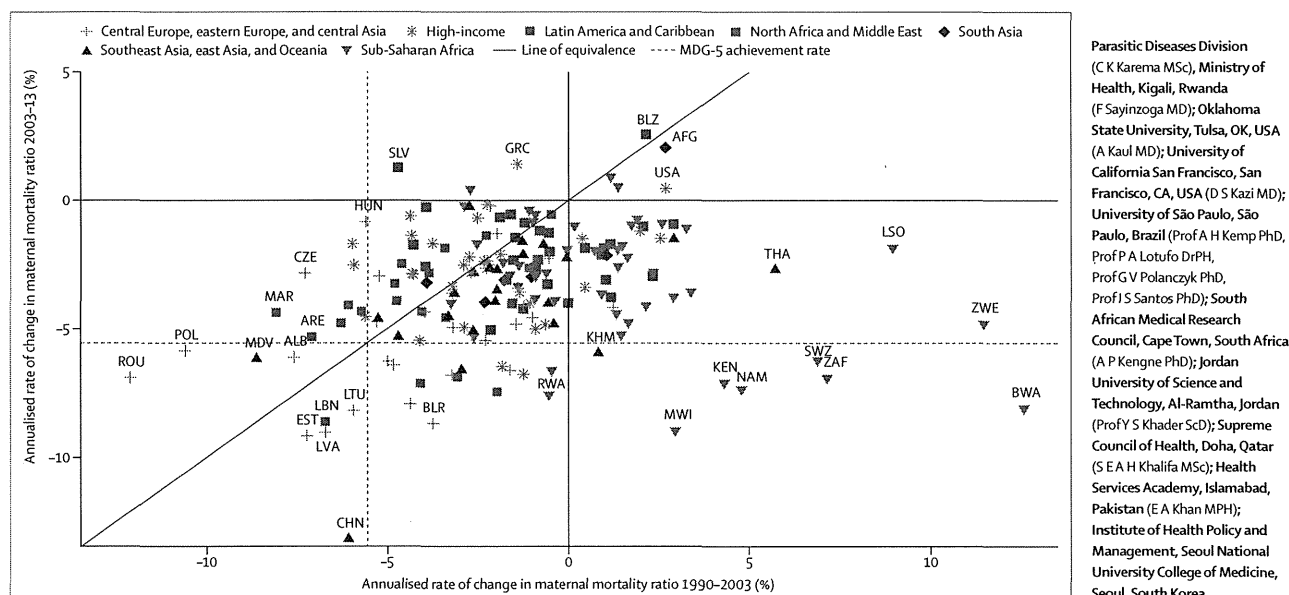
In 2013, 16 countries had MMRs of between 500 and 1000: Afghanistan, Cameroon, Central African Republic, Chad, Côte d'Ivoire, Djibouti, Eritrea, Guinea, Guinea-

Bissau, Liberia, Lesotho, Mauritania, Papua New Guinea, Sierra Leone, South Sudan, and Zimbabwe (figure 7, table 1). 15 countries had MMRs of less than 5: Andorra,





**Figure 7: Maternal mortality ratio in 2013**  
 ATG=Antigua and Barbuda. VCT=Saint Vincent and the Grenadines. Isl=Islands. FSM=Federated States of Micronesia. LCA=Saint Lucia. TTO=Trinidad and Tobago. TLS=Timor-Leste.



**Figure 8: Annualised rate of change in maternal mortality ratio in 1990-2003 and 2003-13**  
 Countries are grouped by Global Burden of Disease super-region. Countries are labelled when at or near the MDG5 achievement rate, or if they had large increases in either period. MDG=Millennium Development Goal. ROU=Romania. POL=Poland. MDV=Maldives. MAR=Morocco. ALB=Albania. CZE=Czech Republic. ARE=United Arab Emirates. EST=Estonia. LBN=Lebanon. LVA=Latvia. CHN=China. LTU=Lithuania. HUN=Hungary. SLV=El Salvador. BLR=Belarus. GRC=Greece. RWA=Rwanda. KHM=Cambodia. BLZ=Belize. AFG=Afghanistan. MWI=Malawi. KEN=Kenya. NAM=Namibia. THA=Thailand. SWZ=Swaziland. ZAF=South Africa. LSO=Lesotho. ZWE=Zimbabwe. BWA=Botswana.

Parasitic Diseases Division (CK Karema MSc), Ministry of Health, Kigali, Rwanda (F Sayinzoga MD); Oklahoma State University, Tulsa, OK, USA (A Kaul MD); University of California San Francisco, San Francisco, CA, USA (D S Kazi MD); University of São Paulo, São Paulo, Brazil (Prof A H Kemp PhD, Prof P A Lotufo DrPH, Prof GV Polanczyk PhD, Prof S Santos PhD); South African Medical Research Council, Cape Town, South Africa (A P Kenge PhD); Jordan University of Science and Technology, Al-Ramtha, Jordan (Prof Y S Khader ScD); Supreme Council of Health, Doha, Qatar (S E A H Khalifa MSc); Health Services Academy, Islamabad, Pakistan (EA Khan MPH); Institute of Health Policy and Management, Seoul National University College of Medicine, Seoul, South Korea (Prof Y-H Khang PhD); Department of Preventive Cardiology, Department of Preventive Medicine and Epidemiologic Informatics, National Cerebral and

Cardiovascular Centre, Suita, Japan (Y Kokubo PhD); Centre for Community Empowerment, Health Policy and Humanities, National Institute of Health Research and Development, Jakarta, Indonesia (S Kosen MD); University of Montreal, Montreal, QC, Canada (Prof B Kuate Defo PhD); Rajarajeshwari Medical College and Hospital, Bangalore, India (Prof C Kulkarni PhD); Arkansas State University, Jonesboro, AR, USA (V S Kulkarni PhD); International Institute for Population Sciences, Mumbai, India (K Kumar MPS); Indian Institute of Public Health, Public Health Foundation of India, Gurgaon, India (R B Kumar); Boston Medical Centre, Boston, MA, USA (G Kwan MD); Fourth View Consulting, Tallinn, Estonia (T Lai PhD); Australian Research Centre for Population Oral Health (ARCPHO), School of Dentistry, University of Adelaide, Adelaide, SA, Australia (Prof R Lalloo PhD); Institute of Health Policy and Development Studies, National Institutes of Health, Manila, Philippines (Prof H Lam PhD); International

Australia, Austria, Denmark, Finland, Iceland, Ireland, Israel, Italy, Malta, Norway, Poland, Singapore, Sweden, and Switzerland (table 1). Some countries had noticeably higher MMRs than neighbouring countries did (figure 7). In the Caribbean, only Guyana and Haiti had MMRs of more than 100 in 2013 (figure 7, table 1). Similarly, in South America, only Bolivia had an MMR of more than 100 (figure 7, table 1). Afghanistan had the highest MMR in south Asia, Yemen had the highest MMR in north Africa and the Middle East, and Papua New Guinea had the largest value in southeast Asia and Oceania in 2013 (figure 7, table 1). The MMR in China was 17.2 (95% UI 14.0–20.3) compared with 18.5 (14.8–22.9) in the USA. In sub-Saharan Africa, Mauritius, Seychelles, Namibia, Swaziland, Cape Verde, and São Tomé and Príncipe have MMRs of less than 150 (figure 7, table 1).

137 countries had higher annualised rates of change in MMR between 2003 and 2013 than between 1990 and 2003 (figure 8). Nevertheless, only 40 countries have achieved the MDG 5 decrease of 5.5% per year in either time interval (figure 8). From 1990 to 2013, Albania, United Arab Emirates, Bosnia and Herzegovina, Belarus, China, Estonia, Lebanon, Lithuania, Latvia, Morocco, Maldives, Mongolia, Oman, Poland, Romania, and Russia had reductions of greater than 5.5% (table 1). These countries—which represent 5.1% of all developing

nations—are likely to achieve the MDG 5 target of a reduction in the MMR of three-quarters. 30 countries had annual reductions in the MMR of MDG 5 pace or better from 2003 to 2013, eight of which were in sub-Saharan Africa (Botswana, Burundi, Kenya, Malawi, Namibia, Rwanda, South Africa, and Swaziland) and ten in central and eastern Europe (Albania, Belarus, Bosnia and Herzegovina, Bulgaria, Estonia, Latvia, Lithuania, Poland, Romania, and Russia; table 1). Between 2003 and 2013, eight countries had annualised rates of change of more than 8%: Belarus, Botswana, China, Estonia, Latvia, Lebanon, Lithuania, and Malawi (figure 8, table 1). From 1990 to 2003, MMR increased in 50 countries, 27 of which were in sub-Saharan Africa (table 1). Between 2003 and 2013, only eight countries had increases: Afghanistan, Belize, El Salvador, Guinea-Bissau, Greece, Seychelles, South Sudan, and the USA (figure 8, table 1).

In our fairly optimistic forecast scenario for 2030, we would expect 184 100 (95% UI 133 600–244 700) maternal deaths worldwide in 2030. 53 countries—all of which are in sub-Saharan Africa, except for Afghanistan, Bangladesh, Bhutan, Bolivia, Haiti, India, Indonesia, Laos, Myanmar, Nepal, Pakistan, Papua New Guinea, Solomon Islands, and Yemen—will still have MMRs of more than 100 (figure 9). Despite accelerated reductions in many countries, our simple forecasts suggest that in 2030, 74 countries are likely to still have a MMR of more

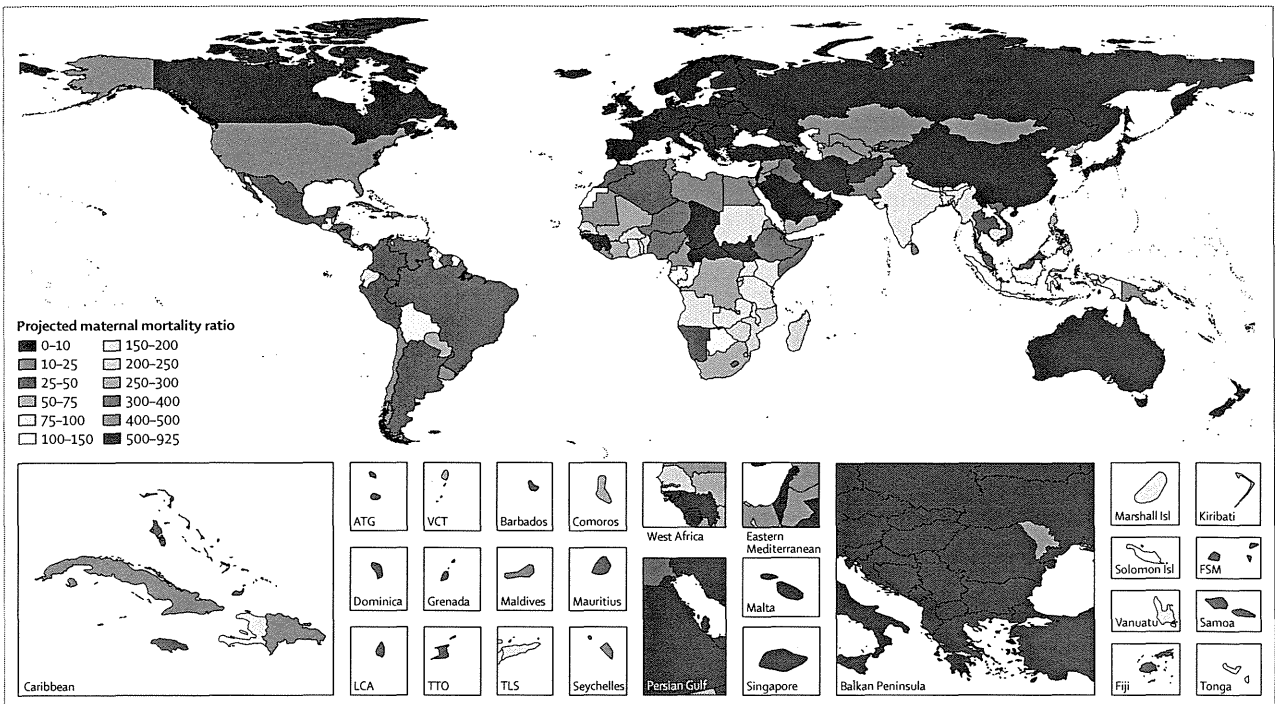


Figure 9: Projected maternal mortality ratio in 2030  
 ATG=Antigua and Barbuda. VCT=Saint Vincent and the Grenadines. Isl=Islands. FSM=Federated States of Micronesia. LCA=Saint Lucia. TTO=Trinidad and Tobago. TLS=Timor-Leste.

than 50, and 89 countries will have MMRs of less than 30, compared with 72 countries in 2013.

## Discussion

On the basis of recent data and a refined understanding of the association between HIV and maternal mortality, we have shown that worldwide maternal mortality has decreased by 1·3% per year since 1990. Despite reductions in the number of maternal deaths—from about 376 000 in 1990 to about 293 000 in 2013—only 16 countries, seven of which are developing countries, are expected to achieve the MDG 5 target of a 75% reduction in the MMR by 2015. We noted two different patterns in developing countries: sustained substantial decreases in most of Asia and Latin America, and stagnation or increases from 1990 to 2003 in sub-Saharan Africa and Oceania. Increases in some high-income countries such as the USA are a deviation from the general trend downwards in developed countries. However, the substantial acceleration in the decreases since 2003—especially in sub-Saharan Africa—provides hope that more countries can achieve rapid and sustained reductions.

Ambitious calls for progress in maternal mortality in the next 15–20 years and reductions in MMRs to less than 30 in all countries have been deemed financially and technically feasible.<sup>48</sup> Our finding that rates of change in maternal mortality in some developing countries have exceeded 8% in the past decade (eg, in China) lends support to ambitious aspirational goals. However, on the accelerated trajectory from 2003 to 2013, MMRs will still be high in several countries in west and central Africa, and in the Horn of Africa. Unsurprisingly, projections for child mortality in 2030 are also high in these areas of the world. A focus on levels of maternal mortality equivalent to those in high-income nations in all countries will need special policy attention, national action, and global investment in the countries that are predicted to be left far behind a grand convergence. Many of the countries in central and west Africa that will present the greatest challenge to achievement of low MMRs have historically received less development assistance for health than have other low-income countries.<sup>49</sup> Although development assistance for maternal, newborn, and child health has been increasing at a pace faster than that for most thematic areas, excluding HIV, especially since 2009, increases in central and west Africa have not been as large as in other regions. A new focus on these countries will probably need action by multilateral, bilateral, and private global health funders, and shifts in the historical allocation of funds across low-income countries.

The drivers of improvement (or lack thereof) in underlying causes of maternal deaths have important clinical, public health, and policy implications. Maternal mortality has been successfully reduced in many countries. Although the absolute numbers of deaths due to abortion, maternal haemorrhage, and hypertensive

disorders of pregnancy have decreased in real terms, these causes remain important, collectively accounting for nearly 50% of all deaths. Continued promotion of policies to reduce anaemia and malnutrition, prevent malaria in pregnancy, provide calcium and micronutrient supplementation, encourage skilled birth attendance and in-facility delivery, discourage early motherhood, and reduce unsafe abortion should lead to sustained dividends.<sup>50–52</sup> Such focus should be expected to reduce the risk of life-threatening complications of pregnancy, but the complications will not be eliminated altogether. Increased coverage of skilled birth attendance and delivery in facilities properly resourced for emergency obstetric care is essential for prevention of these deaths.

Health-system re-engineering is necessary to begin preparations for the new challenges that lie ahead. The increasing relative importance of other direct, indirect, and late maternal causes of death is consistent with global epidemiological transition, and suggests that many health systems are inadequate to meet the needs of an increasing number of pregnant women with pre-existing conditions and high-risk pregnancies. The risks of sepsis-related deaths are known to be increased by the prevalence of obesity and diabetes in women of reproductive age.<sup>53</sup> Moreover, because of the inherent difficulty in diagnosis of maternal sepsis, the problem could be larger than we have estimated in countries with high overall maternal mortality. Therefore, prevention of sepsis will need not only a focus on medical management of comorbidities, but also improved sanitation and access to routine prophylactic antibiotics during caesarean section for facilities that intend to provide such a service, both of which have been shown to be effective and cost-effective strategies to reduce maternal death.<sup>54,55</sup>

Many diseases—eg, sickle-cell anaemia, obesity, diabetes, hypertension, and chronic kidney conditions—confer increased mortality risk during pregnancy. These indirect causes of maternal death are likely to continue increasing in importance where they are commonly encountered.<sup>56–60</sup> A focus on health-system strengthening will be needed to reduce the effect of other direct causes of maternal death, because the most likely underlying aetiologies are complications of anaesthesia, embolism (air, amniotic fluid, and blood clot), and the less common but often fatal condition of peripartum cardiomyopathy.<sup>61–64</sup> Health systems must begin to plan for these changes through increasing the size and training of the perioperative workforce and investment in family planning services, adequate infrastructural resources for facilities, and systems to identify and follow women who are at risk of life-threatening puerperal and postpartum complications.

In 2013, HIV accounted for 1·5% of maternal deaths in sub-Saharan Africa, rising to 6·2% in southern sub-Saharan Africa. However, HIV infection is associated with the smallest number of deaths worldwide of any of the causes we examined. Increased ART coverage has led to reduced HIV-related mortality in sub-Saharan Africa and

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has been associated with decreased mortality in HIV-positive women during pregnancy.<sup>45,65</sup> Nevertheless, the increase in maternal mortality during the mid-2000s in southern Africa is well in excess of the number of HIV-associated maternal deaths. There are at least four possible explanations for this finding. First, we could have underestimated the RR of death for a pregnant woman with HIV infection compared with a pregnant woman without HIV infection. Our meta-analysis results are consistent with previous studies, but the RR could be biased downwards if included studies are from areas with better care or access to ART.<sup>22,34</sup> Second, we could have overestimated maternal mortality if the UNAIDS Spectrum estimates of HIV prevalence in pregnancy are underestimates. These values suggest that age-specific fertility rates decrease by 24% in HIV-positive women compared with HIV-negative women when aged 20–24 years, but fertility decreases by 56% by age 45–49 years.<sup>66</sup> Third, we assume the RR is generalisable across different levels of HIV prevalence in pregnant women, which might not be true. Fourth, the HIV epidemic could be diverting resources from maternal care because of a huge demand for care. Although this situation is theoretically possible, several studies and reports have not shown this relation; indeed, there could be synergies between ART scale-up and clinic and hospital productivity.<sup>67</sup> Perhaps the most important finding is that with the scale-up of ART, MMR seems to decrease rapidly (eg, in Malawi).<sup>68</sup>

In our study, we have not tested the association between development assistance for maternal health programmes and MMR. However, accelerated decreases occurred in

106 of 138 developing countries in 2003–3 years after the Millennium Declaration—coinciding with the scale-up of development assistance for maternal and child health programmes.<sup>49</sup> Rigorous testing of the hypothesis that global priority setting and investments in maternal health programmes have had an important role in the acceleration of progress is needed. This research is important because it could strengthen the basis on which post-2015 requests for funding of continued expansion of maternal health services are made. Because we have reported much slower rates of change than the UN has,<sup>6</sup> the importance of establishing the case for continued investment in maternal health programmes is even greater; ambitious goals for regions such as sub-Saharan Africa will probably need major investments.

We compared our estimates of maternal mortality with those from the GBD 2010 and the 2012 UN estimates.<sup>6</sup> The correlation between our MMR estimates and those of GBD 2010 for 1990 was 0.96, and for 2010 was 0.89. The correlation figures with the UN analysis for the same two periods were 0.88 and 0.85. Perhaps the most notable difference between the UN 2012 analysis and ours is the number of maternal deaths in 1990: 543 000 compared with 376 000. The difference in numbers for 2010 is smaller: 287 000 deaths compared with 317 300. The much higher number from the UN for 1990 raises the estimated annualised rate of change in the MMR from 1990 to 2010 substantially, to –3.1% per year compared with –1.1% per year in our study. One of the most important differences between our assessment and the UN's seems to be related to the WHO estimates of reproductive-age mortality in some

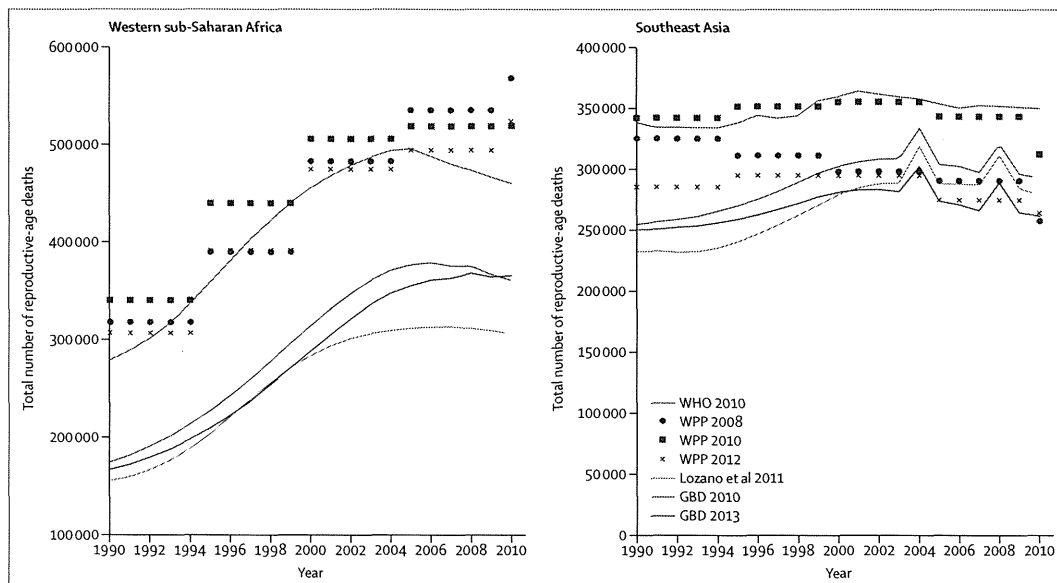


Figure 10: Comparison of all-cause reproductive-age mortality envelopes between 1990 and 2010  
WPP=World Population Prospects. GBD=Global Burden of Disease Study.

regions with high fractions of reproductive-age mortality due to maternal causes. These estimates are substantially higher than the GBD 2013 estimates for west Africa, north Africa and the Middle East, and southeast Asia in 1990, ranging from 7% higher in Ghana to 58% higher in Nigeria. The differences between estimates of reproductive-age mortality in western sub-Saharan Africa and southeast Asia are large (figure 10). In some cases, the most recent UN Population Division estimates (World Population Prospects 2012) converge towards the GBD estimates, although WHO estimates are substantially higher (figure 10). The UN Population Division and WHO almost exclusively predict levels of adult mortality in west Africa on the basis of child mortality, whereas we make substantial use of survey and census data from the region in our GBD analysis.<sup>69</sup> The reasons for the changes between successive revisions of maternal mortality estimates depend on the country, but are driven both by new data for levels of reproductive-age mortality and maternal causes or the fraction of deaths that are related to pregnancy.

Our study, which brings together a wide array of data sources for the levels, causes, and timing of maternal deaths for many countries, has important limitations. First, although ICD-coded vital registration systems have clear rules for assignment of causes of death, we used census and survey data for the fraction of deaths to distinguish explicitly between deaths caused by pregnancy (maternal deaths) and those that were incidental (pregnancy-related deaths). We made adjustments for incidental deaths related to HIV, but have not made similar adjustments for other types of incidental deaths due to causes such as injuries. Studies<sup>70,71</sup> suggest that deaths due to injury are less common in non-pregnant women than in pregnant women of the same age, but they do occur in both groups, which leads to a bias upwards in our assessment. That bias must be tempered with the potential bias that sibling and household reports of pregnancy-related deaths could lead to selective under-reporting of abortion-related deaths.<sup>72</sup> Second, uncertainty in the estimates of maternal death in many countries is substantial.<sup>73</sup> Within the same country, sources can differ widely. For example, we used many different types of sources in India: in rural regions, data are largely from the Survey of Causes of Death-Rural, the Sample Registration System, and verbal autopsy studies, whereas Medical Certification of Causes of Death covers largely urban populations.<sup>4</sup>

Third, there is still no definitive way to estimate the interaction of HIV and pregnancy in death. Only 21 studies were available for estimation of the excess risk of death during pregnancy in women with HIV. Only two studies<sup>44,45</sup> inform the excess risk of death during pregnancy in women with HIV. These two studies provide widely divergent findings and could reflect the

complex interaction between ART (and the associated greater care received by women taking it) and pregnancy as much as the effect of pregnancy on the progression of HIV. As such data continue to be developed and because of the important implications for policy making, we will continue to work to find new data sources, improve data quality, and incorporate updated methods as necessary to continue providing updates for global, regional, and national maternal mortality.

Fourth, because of sparse data, we could not quantify the contributions of other infections, such as influenza (eg, H1N1), malaria, tuberculosis, and hepatitis, to maternal mortality at the population level.<sup>74</sup> Fifth, our method of estimating the detailed causes of maternal death used all available data, but such specific data are not available for many countries, or, if they are available, are coarse with respect to age. Therefore, we might have underestimated the true extent of the interplay between cause and age in maternal mortality and differences between countries in the same region.

Sixth, we have estimated UIs for each component of the analysis. CODEm provides confirmation that the UIs for the maternal mortality model have a data coverage of 97.9%, so they could be slightly overestimated. Finally, our estimates of maternal mortality are affected by estimates in each age group of other causes of death developed for the GBD 2013 because of the requirement that cause-specific mortality must sum to all-cause

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#### Panel: Research in context

Our analysis continues a body of analytical work into levels and trends in maternal mortality that began with Hogan and colleagues' report<sup>4</sup> and was followed by that by Lozano and colleagues<sup>5</sup> and the Global Burden of Disease Study 2010 (GBD 2010).<sup>16</sup> With each subsequent study, there have been important advances in the data available for analysis and the methods of analysis. Lozano and colleagues<sup>5</sup> moved from one preferred regression model, as used by Hogan and colleagues and the UN measurement efforts,<sup>6,30</sup> to an ensemble of multiple models developed through rigorous out-of-sample predictive validity testing. The maternal mortality analysis included in GBD 2010 extended the analysis in two important ways: maternal mortality was assessed with all other causes of death subject to the constraint that sum of individual causes of death equalled the demographic assessment of all-cause mortality in each age group of reproductive-age women, and it included estimates of the major causes of maternal mortality. In our study, in addition to 2421 site-years of new data, several important methodological innovations improve the estimation of maternal mortality. First, we have analysed sibling history data for the fraction of reproductive-age deaths that are related to pregnancy by calendar year for each 5-year age group of mothers, pooling data from several surveys when events for the same calendar year were recorded. Second, we have substantially revised the approach to understand the effect of HIV on maternal mortality. We did a systematic review and used relative risks from cohort studies to accurately assign a fairly small fraction of HIV-related deaths during pregnancy or the puerperium to be maternal deaths. Third, we have quantified other direct maternal causes, indirect maternal causes, and late maternal death for the first time. Fourth, we have analysed previous reports and other sources about the timing of maternal deaths to provide guidance on when most deaths occur. Our data and improved methods have led to a different understanding of the evolution of global maternal deaths with important implications for target setting in the post-MDG era.

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mortality. Errors in the estimates for other causes of death could bias upwards or downwards our assessments of maternal mortality.

An important part of improved measurement in the future is a recommendation that surveillance of late maternal mortality (>42 days but <1 year) be included in surveys and censuses. With the assumption that maternal mortality will continue to decrease, severe maternal morbidity or so-called near miss cases are likely to increase, some of which might be expected to lead to increased late maternal death.<sup>54</sup> Perhaps more importantly for some regions, HIV has been described by some as being a risk factor for late maternal death. If this description is true, these deaths might not be captured appropriately, because neither reproductive health surveys nor demographic and health surveys quantify late maternal death. In view of the major dependency on sibling histories and the recall of pregnancy-related deaths in household surveys, major changes would be necessary to track late maternal deaths through these instruments.

Measurement of maternal mortality remains challenging (panel). It depends both on robust demographic assessment of reproductive-age mortality rates and data for the fraction of deaths in each age group that are maternal or related to pregnancy. Changes between systematic analyses in the levels and trends in maternal mortality are larger than for child mortality. As a result, users of any assessment of maternal mortality need to recognise that assessments could change as new data are identified or obtained. Despite continuing measurement challenges, there are strong reasons to continue a global focus on reductions in maternal death in the next 15–20 years. An important adjunct to both the framing of new goals and mobilisation of action for them will be regular updates about the evidence in the trends for maternal mortality by age, cause, and timing. We believe that it is this evidence that should fuel and inspire debates and policies to reduce maternal deaths. We believe the evidence is convincing that decreases in the MMR have accelerated in several countries since 2003. These accelerations should be carefully studied to provide qualitative insights into what has worked in different settings. As new global targets for maternal mortality are developed, it will be important to take lessons from these insights, but also begin planning for the evolving health and health-care needs of women of reproductive age. Achievement (or not) of arbitrary goals established without proper regard to the distribution of rates of change prevailing at the time is a political construct that obscures knowledge and praise for the substantial progress that has been made to reduce maternal mortality in the past decade. Furthermore, accelerated decreases in maternal mortality will be more likely if the evidence from policy responses in these countries is widely and effectively disseminated and implemented.

#### Contributors

NJK and CJLM prepared the first draft. NJK, CS, ADL, CJLM, and RL finalised the draft on the basis of comments from other authors and reviewer feedback. NJK, ADL, CJLM, and RL conceived the study and provided overall guidance. NJK completed all modelling. NJK, AB-V, and MSC did the statistical analysis of model results. All other authors provided data, developed models, reviewed results, initiated modelling infrastructure, and reviewed the report.

#### Declaration of interests

Cyrus Cooper has received consultancy fees, lecture fees, and honoraria from Amgen, GlaxoSmithKline, Alliance for Better Bone Health, Merck Sharp and Dohme, Eli Lilly, Pfizer, Novartis, Servier, Medtronic, and Roche. Katherine B Gibney received the National Health and Medical Research Council Gustav Nossal scholarship sponsored by CSL in 2012; this award is peer-reviewed through the standard National Health and Medical Research Council peer-review process, and CSL does not play any part in selection of the awardee. Norito Kawakami has received fees from Meiji, Otsuka, EAP Consulting, Fujitsu Software Technologies, Japan Productivity Center, Occupational Health Foundation, Japan Housing Finance Agency, Aishin-Seiki, and the Japan Dental Association; consultancy fees from Sekisui Chemicals, Junpukai Health Care Center, and Osaka Chamber of Commerce and Industry; and royalties from Igaku-Shoin, Taisha-kan, Nanko-do, Nanzan-do, PHP Publication, and Fujitsu Software Technologies. Norito Kawakami has also received research grants from the Japanese Ministry of Education, Science, and Technology; the Japanese Ministry of Health, Labor and Welfare; Fujitsu Software Technologies; Softbank; and Japan Management Association. Guilherme V Polanczyk has received grants or research support from the National Council for Scientific and Technological Development, the São Paulo Research Foundation, and the University of São Paulo; has served as a paid consultant to Shire; has served on the speakers' bureau of Shire; and has received royalties from Editora Manole. Jasvinder A Singh has received research grants from Takeda and Savient; has received consultant fees from Savient, Takeda, Regeneron, and Allergan; is a member of the executive of OMERACT, an organisation that develops outcome measures in rheumatology and receives arms-length funding from 36 companies; is a member of the American College of Rheumatology's Guidelines Subcommittee of the Quality of Care Committee; and is a member of the Veterans Affairs Rheumatology Field Advisory Committee. The other authors declare no competing interests.

#### Acknowledgments

We thank the countless individuals who have contributed to the Global Burden of Disease Study 2013 in various capacities. We would like to acknowledge the extensive support from all staff members at the Institute for Health Metrics and Evaluation and specifically thank: Michael F MacIntyre, Peter Speyer, and Summer Lockett Ohno for their management of the Global Burden of Disease Study 2013; Kelsey Pierce for her valuable guidance; Peter Speyer, James Bullard, Serkan Yalcin, Edgar Sioson, Evan Laurie, Charles Atkinson, and Andrew Ernst for their tireless support of the computational infrastructure necessary to produce the results; Linda A Ettinger for her expert administrative support; Peter Speyer, Abigail McLain, Marissa Iannarone, and Eden Stork for their persistent and invaluable work to gain access to and catalogue as much data as possible to inform the estimates; Emily A Dansereau, D Allen Roberts, Katrina Ortblad, Herbert C Duber, Elizabeth K Johnson, and Jonathan C Brown for their efforts in developing and improving the HIV modeling process; Nicholas Graetz for computational support; Madeline L Moyer, Bryan K Phillips, Lee Richardson, Logan Sandar, and Stan Biryukov for data extraction and processing; Christopher Margo for assistance with referencing and submission; Thomas D Fleming for covariates and literature references support; and Meghan D Mooney for coordination of all-cause mortality estimates. No individuals acknowledged received additional compensation for their efforts.

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RESEARCH ARTICLE

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# Association of socioeconomic status in childhood with major depression and generalized anxiety disorder: results from the World Mental Health Japan survey 2002–2006

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## Abstract

**Background:** Low socioeconomic status (SES) in childhood is known to be a significant risk factor for mental disorders in Western societies. The purpose of this study was to investigate whether a similar association exists in Japan.

**Methods:** We used data from the World Mental Health Japan Survey conducted from 2002–2006 (weighted  $N = 1,682$ ). Respondents completed diagnostic interviews that assessed lifetime prevalence of major depression (MD) and generalized anxiety disorder (GAD), as defined by the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition. Associations between parental education (a proxy of SES in childhood) and lifetime onset of both disorders were estimated and stratified by gender using discrete-time survival analysis.

**Results:** Among women, high parental education was positively associated with MD (odds ratio [OR]: 1.81, 95% confidence interval [CI]: 1.03-3.18) in comparison with low parental education, even after adjustment for age, childhood characteristics, and SES in adulthood. This same effect was not found for men. In contrast, higher parental education was associated with GAD (OR: 6.84, 95% CI: 1.62-28.94) in comparison with low parental education among men, but this association was not found among the women, in the fully adjusted model.

**Conclusions:** In Japan, childhood SES is likely to be positively associated with the lifetime onset of mental disorders, regardless of family history of mental disorders, childhood physical illness, or SES in adulthood. Further study is required to replicate the current findings and elucidate the mechanism of the positive association between mental disorders and childhood SES.

**Keywords:** Childhood environment, Socioeconomic status, Mental health, Depression, Anxiety, Gender

## Background

It is widely known that low socioeconomic status (SES) is associated with psychological problems such as depression and anxiety disorders [1-5]. This association can be explained in two ways: (1) low SES actually induces a mental disorder (social causation); or (2) mental disorders limit employment opportunities, causing

individuals to fall into the low SES category (health selection) [6,7].

Previous studies have shown that SES in childhood has a direct effect on the development of mental disorders later in life [8-15]. For example, Gilman et al. reported that participants whose parent was engaged in manual labor either at the time of their birth or when they were seven years old were significantly more likely to develop major depression (MD) in their lifetime, even after adjusting for SES in adulthood [11]. However, since most of these studies were performed in Western countries, it is uncertain whether a similar association exists in Japan, where SES likely affects mental disorders differently

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[16,17]. For instance, while education has been found to be inversely associated with depression in the USA, no such association has been found in Japan [16].

MD and generalized anxiety disorder (GAD) must be addressed in particular, in view of their high prevalence [18,19]. The lifetime prevalence of MD and GAD in the US is 16.6% and 5.7%, respectively in 2001–2003 [18], and in Japan, 4.4% for MD in 2005 [20]. Because MD and GAD are associated with several major causes of death, such as suicide [21] or cardiovascular disease [22,23], and greater disability-adjusted life years [24], further prevention efforts are needed. An investigation into the associations between childhood SES and MD or GAD may provide crucial information concerning the possible etiologies of these disorders. Further, by stratifying the data according to gender, the higher prevalence of these disorders among women may be explained [11].

Against these backgrounds, we hypothesized that childhood SES is associated with the lifetime onset of mental disorders, regardless of family history of mental disorders, childhood physical illness, or SES in adulthood, based on life-course epidemiology [25]. By focusing on SES in childhood, we can include the early onset cases, which are usually excluded in studies of the association between SES in adulthood and mental disorders in order to avoid reverse causation [26]. Thus, the purpose of this study was to investigate whether SES in childhood was associated with MD and GAD in both adult men and women.

## Methods

### Sample

Data from the World Mental Health Japan (WMHJ) Survey conducted between 2002 and 2006 were used. The WMHJ conducted an epidemiological survey of Japanese people aged 20 years and older as part of the World Health Organization's World Mental Health Survey Initiative [27]. Details of the WMHJ survey design, sampling, and field procedures have been described in previous research [28].

Three urban cities and eight rural municipalities in Japan were selected as study sites. These sites were selected because of their geographic variation, the availability of site investigators, and the cooperation of local government officials. Participants were randomly selected from a pool of eligible voters (i.e., registered residents) aged 20 years or older.

An internal sampling strategy was used to reduce respondent burden by dividing the interview into two parts. Part I included a core diagnostic assessment (details given below) and obtained the demographic variables of all the respondents. Part II included questions about risk factors, including childhood SES. Part II was administered to 1,682 of the 4,134 individuals who responded to the questionnaire in Part I (including all

respondents with one or more lifetime disorders, as well as a probability subsample of approximately 25% of the other respondents). The total response rate was 55.1%. This sampling method was not significantly different from those used in the World Mental Health Surveys conducted in other countries [29].

The data were weighted to adjust for differential probabilities of selection and non-response (Weighted N = 1,682; N [men] = 734; N [women] = 948). Details of sample weights have been reported previously [19]. Sample size was calculated by assuming the lifetime prevalence of mental disorders to be between 5 and 10% [29] in low and high childhood SES groups with equal distribution ratios (with a Type I error = 0.05 and Type II error = 0.2), respectively. This yielded a figure of 948 participants who were able to successfully complete this study.

Written consent was obtained from every respondent at all study sites. The survey recruitment, consent, and field procedures were approved by The Human Subjects Committees of Okayama University Graduate School of Medicine, Dentistry, and Pharmaceutical Sciences, the Japan National Center of Neurology and Psychiatry, Nagasaki University's Graduate School of Biomedical Sciences, Yamagata University's Graduate School of Medical Science, and Juntendo University's Graduate School of Medicine.

### Diagnostic assessment

The WMHJ used a Japanese-translated, computer-assisted version of the World Health Organization Composite International Diagnostic Interview, Version 3.0 (WHO-CIDI 3.0) to assess mental disorders in individuals according to the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition [27]. Details concerning the translation process from English to Japanese have been reported previously [19]. Lifetime diagnoses of MD and GAD were approximated by the presence or absence of diagnoses of these disorders that respondents admitted to having, up to the time of the interviews. Diagnostic hierarchy and organic exclusion rules were used for making diagnoses.

The CIDI retrospectively assessed the age of onset for the disorders; however, in view of the existing evidence that retrospective age-of-onset reports are often biased [30], a special question sequence (previously used in the National Comorbidity Survey Replication) was introduced to improve the accuracy of reporting. In brief, the age of onset reported by the respondents was confirmed by other sequential questions, such as "Was it before you went to school?". Onset age was set at the upper end of the bound of uncertainty (e.g., age: 12 years for respondents who reported that onset was before their teenage years). Previous research has shown that this

question sequence yields more credible responses than do standard age-of-onset questions [31].

#### Socioeconomic status in childhood

SES in childhood was measured using the proxy variable of parents' education, because parental education is usually determined before the birth of the respondent; thus, we can use this measure to assess the impact of childhood SES on the lifetime incidence of MD or GAD. The number of years of education for both parents was surveyed, and the responses were categorized into three groups: less than a high school (0–11 years), high school (12 years), and some college or more ( $\geq 13$  years). If the number of years of education was unknown, this became a dummy variable. If a respondent's parents' years of education were in discord, we used the higher number of years as parental education for our study.

#### Covariates

Under the assumption that they could be possible confounders or mediators in the relationship between childhood SES and lifetime onset of MD and GAD, we assessed data on certain childhood characteristics and SES in adulthood. The childhood characteristics of interest included parental mental illness and the presence of personal physical illness in the respondent's childhood (based on responses to yes/no questions). SES in the respondents' adulthood was measured by the individual's number of years of education, categorized into less than high school (0–11 years), high school (12 years), some college (13–15 years), and college or more ( $\geq 16$  years). Further, the respondent's current annual household income was categorized with reference to the poverty line in Japan [32,33], as either low ( $< 3$  million yen), middle (3–9.9 million yen), or high ( $\geq 10$  million yen).

#### Analysis methods

The models were estimated in a discrete-time survival framework with person-years as the unit of analysis. The obtained person-oriented data set (containing information on the age of onset for each mental disorder) from the cross-sectional survey was converted into a person-period dataset (containing information on each discrete time period for the individual, censoring the onset of each mental disorder) [34]. Each model was controlled for person-years, age category, and covariates. The survival coefficients and their standard errors (SEs) in the best-fitting model were exponentiated and are reported in the form of odds ratios (OR) and 95% confidence intervals (CI).

Model 1 was adjusted for age, Model 2 included information in Model 1 plus childhood characteristics (parental mental illness and childhood physical illness), while

Model 3 included the information in Model 2 plus SES in adulthood (educational attainment and annual household income). All analyses were stratified by gender. STATA MP 12 was used for the analysis.

## Results

### Characteristics of the sample population

Table 1 shows the mean ages of the men and women subjects were 50.1 (SE = 0.91) and 52.2 years (SE = 0.92) respectively, distributed normally. Regarding high SES in childhood, parental education was  $\geq 13$  years for 15.4% of the men and 11.7% of the women, although a significant portion of the participants did not know their parental educations (26.4% of the men and 28.3% of the women).

In terms of childhood characteristics, less than 5% of respondents across both genders reported having parents with psychiatric illnesses or having their own physical illnesses in childhood. As for SES in adulthood, 27.9% of the men and 11.4% of the women graduated from college or achieved some other level of higher education. Further, 18.3% of the men and 11.5% of the women earned more than 10 million yen per year. Finally, 4.7% of the men and 8.7% of the women developed MD, while 2.8% of the men and 3.0% of the women developed GAD during their lifetimes.

### Association of SES with MD

Table 2 shows the ORs of childhood SES for MD among men. SES in childhood (i.e., parental education) was not associated with MD in Model 1 (adjusting for age), Model 2 (plus adjustment for childhood characteristics), or Model 3 (plus adjustment for SES in adulthood). Among the covariates, having a physical illness in childhood and a higher educational attainment (i.e.,  $\geq 16$  years) were significantly independently associated with the onset of MD. That is, those who had physical illness in childhood were 2.89 (95% CI: 1.00–8.32) times more likely to develop MD than those who did not, and those who attained  $\geq 16$  years of education were 3.14 (95% CI: 1.08–9.14) times more likely to develop MD than those who attained 0–11 years of education.

In contrast, among women, high SES in childhood (i.e., parental education that went beyond high school), was positively associated with the onset of MD (Table 3), and this relationship was quite robust. Participants with high parental education were 1.85 (95% CI: 1.00–3.42) times more likely to develop MD than those whose parental education was lower than high school in Model 2, which was slightly attenuated in Models 3. Among other covariates, those who attained high school education were more likely to develop MD than those who attained education level lower than high school (OR: 2.39, 95% CI: 1.19–4.81).

**Table 1 Weighted distribution of characteristics by gender**

			Men (n = 734)	Women (n = 948)	p-value
			%	%	
Demographics	Age	<30 years	13.9	15.1	0.26
		30-39 years	18.0	14.3	
		40-49 years	16.7	14.9	
		50-59 years	20.2	18.3	
		60-69 years	15.4	15.8	
		70-79 years	11.8	14.2	
		80+ years	4.0	7.4	
Socioeconomic status in childhood	Parental education	0-11 years	35.6	39.5	0.35
		12 years	22.6	20.5	
		13+ years	15.4	11.7	
		Unknown	26.4	28.3	
Childhood characteristics	Parental mental illness	Yes	2.3	2.7	0.62
	Physical illness	Yes	2.9	3.4	0.69
Socioeconomic status in adult	Education	0-11 years	25.5	31.1	<0.001
		12 years	31.2	33.2	
		13-15 years	15.4	24.3	
		16+ years	27.9	11.4	
	Annual household income	<3 million yen	26.8	36.6	
		3- < 10 million yen	54.9	52.0	
Mental disorders	Major depression	10+ million yen	18.3	11.5	
		Generalized anxiety disorder	4.7	8.6	<0.001
			2.8	3.0	0.83

**Table 2 Odds ratio of socioeconomic status in childhood and covariates for major depression by discrete-time survival analysis, men**

			Model 1 (univariate, adjusted for age)		Model 2 (+childhood characteristics)		Model 3 (+SES in adult)	
			OR	95% CI	OR	95% CI	OR	95% CI
SES in childhood	Parental education	0-11 years	ref		ref		ref	
		12 years	1.18	(0.51-2.76)	1.24	(0.54-2.86)	1.04	(0.48-2.25)
		13+ years	0.83	(0.32-2.18)	0.77	(0.29-2.06)	0.51	(0.19-1.34)
		Unknown	1.12	(0.50-2.53)	1.17	(0.51-2.64)	1.21	(0.52-2.78)
Childhood characteristics	Parental mental illness	Yes			2.23	(0.64-7.74)	2.00	(0.56-7.11)
		No			ref		ref	
	Physical illness	Yes			<b>2.90</b>	<b>(1.02-8.28)</b>	<b>2.89</b>	<b>(1.00-8.32)</b>
SES in adulthood	Education	No			ref		ref	
		0-11 years					ref	
		12 years					1.05	(0.35-3.18)
		13-15 years					1.59	(0.45-5.65)
	16+ years					<b>3.14</b>	<b>(1.08-9.14)</b>	
	Annual household income	<3 million yen					ref	
		3- < 10 million yen					0.91	(0.39-2.09)
10+ million yen						0.79	(0.31-2.02)	

Age was adjusted for all analysis. Values in bold are significant at the p = 0.05 level.