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Transcriptome analysis of distinct mouse strains reveals kinesin light chain-1 splicing as an amyloid- β accumulation modifier

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Alzheimer's disease (AD) is characterized by the accumulation of amyloid- β (A β). The genes that govern this process, however, have remained elusive. To this end, we combined distinct mouse strains with transcriptomics to directly identify disease-relevant genes. We show that AD model mice (*APP-Tg*) with DBA/2 genetic backgrounds have significantly lower levels of A β accumulation compared with SJL and C57BL/6 mice. We then applied brain transcriptomics to reveal the genes in DBA/2 that suppress A β accumulation. To avoid detecting secondarily affected genes by A β , we used non-Tg mice in the absence of A β pathology and selected candidate genes differently expressed in DBA/2 mice. Additional transcriptome analysis of *APP-Tg* mice with mixed genetic backgrounds revealed kinesin light chain-1 (*Klc1*) as an A β modifier, indicating a role for intracellular trafficking in A β accumulation. A β levels correlated with the expression levels of *Klc1* splice variant E and the genotype of *Klc1* in these *APP-Tg* mice. In humans, the expression levels of *KLC1* variant E in brain and lymphocyte were significantly higher in AD patients compared with unaffected individuals. Finally, functional analysis using neuroblastoma cells showed that overexpression or knockdown of *KLC1* variant E increases or decreases the production of A β , respectively. The identification of *KLC1* variant E suggests that the dysfunction of intracellular trafficking is a causative factor of A β pathology. This unique combination of distinct mouse strains and model mice with transcriptomics is expected to be useful for the study of genetic mechanisms of other complex diseases.

mouse-to-human translation | alternative splicing

Alzheimer's disease (AD) is a common cause of dementia that is characterized by the accumulation of amyloid- β (A β) peptide. Its causes (especially of sporadic AD, which comprises the majority of AD cases), however, are still largely unknown, and no efficient treatment exists. Since the first AD risk gene, apolipoprotein E (*APOE*), was identified, over 1,300 genetic studies have been done (www.alzgene.org) (1), and ~10,000 human genomic samples have identified AD risk genes (2–8). Regardless, these genes cannot account for the estimated 60–80% hereditary risk of AD (9). Also, they do not reveal their role in the cause of AD (10), because complex diseases, including AD, are often explained by the heterogeneity of diseases, uncontrollable environmental factors, and the complexity of human genome variation, which complicate conclusions from genome studies (11–13).

These limitations can be resolved by using mice. Mice with a mixed genetic background prepared from inbred mouse strains have simple genetic backgrounds, which drastically increase the statistical power for the identification of disease-related genes (14). AD is a complex disease not only genetically but also, neuropathologically and symptomatically (11), with its clinical diagnosis often ambiguous. Although increased A β levels in the brain are central to the pathology of AD, A β levels are difficult to measure in humans. In contrast, A β levels can be directly measured in mice. Furthermore, in human studies, although aging is the strongest risk

Significance

Genetic studies of common complex human diseases, including Alzheimer's disease (AD), are extremely resource-intensive and have struggled to identify genes that are causal in disease. Combined with the costs of studies and the inability to identify the missing heritability, particularly in AD, alternate strategies warrant consideration. We devised a unique strategy that combines distinct mouse strains that vary naturally in amyloid- β production with transcriptomics to identify kinesin light chain-1 (*Klc1*) splice variant E as a modifier of amyloid- β accumulation, a causative factor of AD. In AD patients, the expression levels of *KLC1* variant E in brain were significantly higher compared with levels in unaffected individuals. The identification of *KLC1* variant E suggests that dysfunction of intracellular trafficking is causative in AD.

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factor for AD, it is not practical to collect same age samples or control for environmental factors. Mice, however, can be aged in equally controlled environments and analyzed at exactly the same age. Despite these significant advantages, most of the rodent genomic studies addressing human diseases, including AD, have not identified targets at the molecular level (15, 16). Thus, we applied transcriptomics: a straightforward approach to identify genes compared with conventional genome studies based on linkage disequilibrium between markers (17).

We first generated mice with different genetic backgrounds that accumulated varying amounts of A β . Then, instead of using standard genetic approaches, we performed genome-wide transcriptome analysis on the mice. We identified a specific splice form of kinesin light chain-1 (*Klcl*), variant E, as a modifier of the A β accumulation. Notably, the transcript levels of *KLCL1* variant E were significantly higher in pathologically diagnosed AD patients with confirmed levels of excessive A β compared with controls. A functional role for *KLCL1* variant E was shown by manipulating its expression levels in neuroblastoma cells and showing that this variant can modulate A β production. This study

shows that the central pathology of AD is modified by the splicing of *KLCL1* and suggests that the combination of animal models and transcriptomics is an efficient approach to identifying key genes in common complex diseases.

Results

DBA/2 Genetic Backgrounds Suppress A β Levels in AD Model Mice. To examine the impact on A β accumulation by genetic background, we prepared amyloid precursor protein (*APP*)-Tg mice with mixed genetic backgrounds by crossing the Tg2576 mice with the phenotypically distinct strains C57BL/6 (B6), SJL, and DBA/2 (DBA). We obtained six groups of *APP*-Tg mice, and each group contained different mixture ratios of the three strains in their genetic background (Fig. 1A). We analyzed these *APP*-Tg mice at 12 mo of age to assess the effects on A β accumulation by genetic background ($n = 59$). The levels of A β 40 and A β 42 in a 1% Triton-X (Fig. 1B–D) and 6 M guanidine HCl (GuHCl) (Fig. 1E–G) fraction from brain were measured by ELISA. The levels of A β ranged more than 10-fold, and the mice carrying DBA alleles (dark blue and light blue) had lower amounts of A β

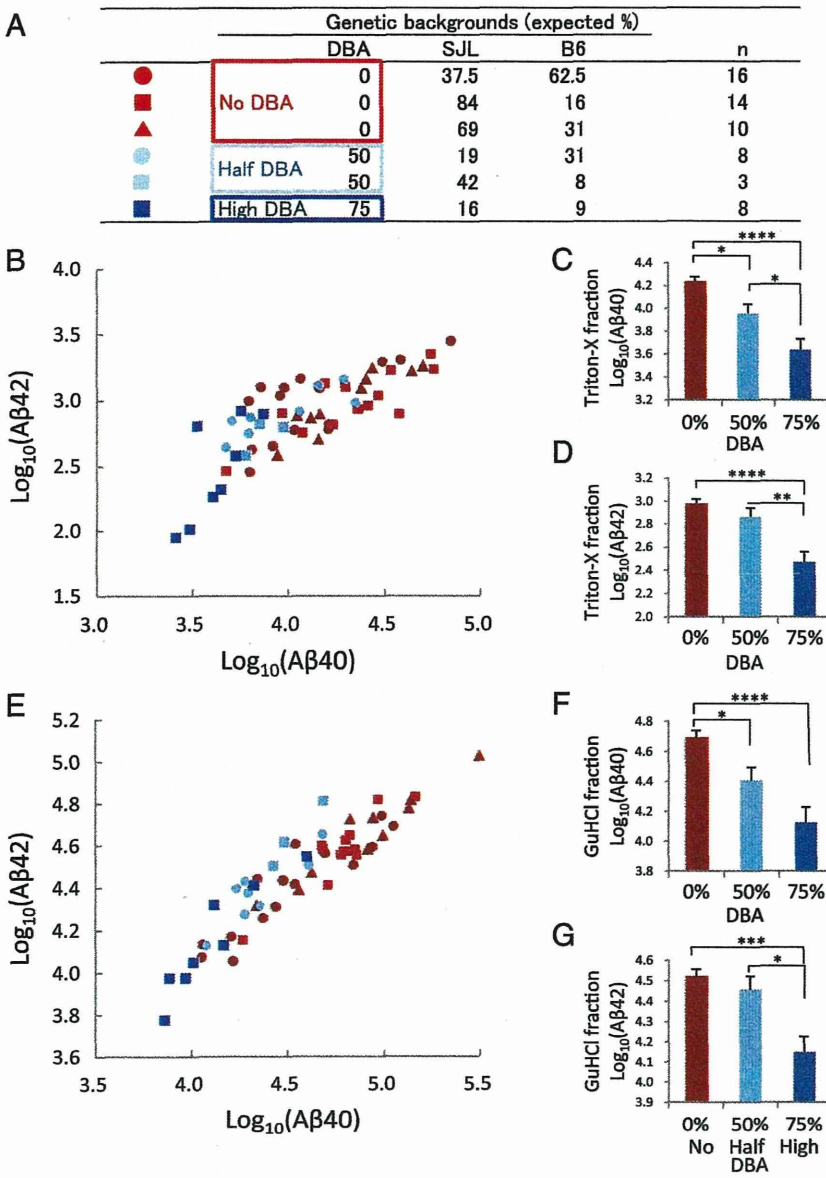


Fig. 1. Effects of the genetic background on A β accumulation in *APP*-Tg mouse brain. (A) The composition of *APP*-Tg mice with mixed genetic backgrounds. The colors indicate the expected percentage of DBA genetic background: 0% (red), mice carrying no DBA alleles ($n = 40$); 50% (light blue), mice carrying 50% DBA alleles ($n = 11$); and 75% (dark blue), mice carrying 75% DBA alleles ($n = 8$). A β levels in (B–D) 1% Triton-X and (E–G) 6 M GuHCl fractions as measured by ELISA. (B and E) Symbols denote A β 40 and A β 42 levels for individual *APP*-Tg mice with mixed genetic backgrounds. (C, D, F, and G) A β levels in mice with different percentages of DBA genetic background. (C) The mice carrying 75% DBA alleles (high DBA, dark blue) and 50% DBA alleles (one-half DBA, light blue) had lower A β [–74.7% ($P < 0.0001$) and –47.3% ($P = 0.012$), respectively] than mice carrying no DBA alleles (no DBA, red). (D) Likewise, the levels of A β 42 in high DBA mice had lower A β accumulation compared with one-half DBA or no DBA mice [–59.5% ($P = 0.0048$) and –68.9% ($P < 0.0001$), respectively]. (F) Compared with A β 40 levels in no DBA mice, A β 40 levels in one-half DBA and high DBA mice were –48.4% ($P = 0.017$) and –73.1% ($P < 0.0001$) lower, respectively. (G) The levels of GuHCl A β 42 in high DBA mice were –57.7% ($P = 0.0002$) and –50.8% ($P = 0.011$) lower compared with A β 42 levels in no DBA and one-half DBA mice, respectively. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$ [Tukey–Kramer Honestly Significant Difference (HSD)]. Error bars indicate SEM. A β levels are shown in log₁₀ scale (picograms A β per milligram total protein).

(Fig. 1 *B* and *E*). Compared with mice with no DBA alleles, the mice carrying 75% DBA alleles had lower levels of both forms of A β in these fractions (-74.7 to -57.7% , $P \leq 0.0001-0.0002$) (Fig. 1 *C, D, F*, and *G*). Notably, the expression levels of APP were not affected by the genetic backgrounds (Fig. S1). These findings drove us to search for the gene(s) in DBA mice that suppresses A β accumulation.

Mouse Transcriptomics Identify *Klc1* as a Modifier of A β Accumulation. Most previous mouse genomics studies (14, 15), including ones performed on AD (18, 19), failed to identify modifiers at the molecular level. Thus, instead of genomics, we applied transcriptomics, which is a more straightforward approach for identifying candidate molecules (17). We used 12 arrays for inbred mice (non-Tg) analyses and 28 arrays for the APP-Tg mice of mixed genetic backgrounds (Fig. 2*A*). First, 13,309 probes with signals that were reliably detectable in all 40 arrays (one mouse per array) were selected from 25,967 probes on the Illumina mouse Ref-8 Expression BeadChip. Second, to select the probes with expression levels that were affected by the DBA genetic background, we compared the expression levels of 13,309 probes in DBA, B6, and SJL inbred (non-Tg) mice (unpaired *t* test). Using inbred mice means that any change in gene expression is based on the genetic background and not secondary effects caused by A β accumulation. We applied strict criteria in this selection: the fold change had to be equal to or more than 1.5, and the false discovery rate was set to 0.001. In total, 54 probes were identified, with the signals of 47 probes being lower and the

signals of 7 probes being higher in DBA mice than the signals in either B6 or SJL (Table S1).

In the final step, we examined the correlation between the expression levels of these 54 probes and A β 40 levels in the GuHCl fraction in APP-Tg mice. Using strict selection criteria (Pearson product moment correlation false discovery rate = 0.001), we identified a total of four probes that correlated with A β levels. Notably, the two probes (probe IDs 4050133 and 6130468) that positively correlated with A β accumulation both detected the same transcript: *Klc1* (also known as *Kns2*) (Fig. 2*B*).

In addition to these two *Klc1* probes, the arrays have another three *Klc1* probes (Fig. S2) (probe IDs 540139, 4060520, and 7330358) that, although they did not pass our strict genome-wide screen, provide data still worth considering. Two probes (540139 and 4060520) showed lower signal levels in DBA compared with other inbred strains ($P < 0.0001$ before multiple testing correction) and correlated with levels of A β accumulation in APP-Tg mice ($P < 0.0001$ before multiple testing correction). Similar to the probes identified above, these probes detect exons with complex splicing patterns. By contrast, probe 7330358 was not affected by the mouse strain ($P = 0.91$ between DBA and B6, $P = 0.30$ between DBA and SJL) and did not correlate with A β levels ($P = 0.49$). This probe exists in a region common to all splice variants of *Klc1*. Thus, all four probes with signals that were suppressed by the DBA genetic background and correlated with A β levels are located in the splice region of *Klc1*. These findings indicate that a splice variant of *Klc1* might be involved in the mechanism of A β accumulation.

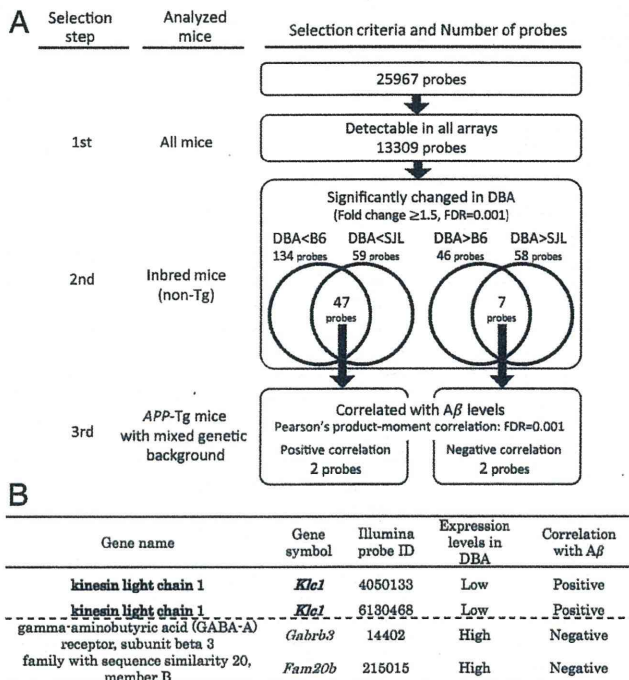


Fig. 2. Genome-wide transcriptomics to identify A β modifiers in mice. (*A*) Candidate probes were narrowed down by three steps. In the first step, 13,309 probe with signals that were reliably detectable in all arrays were selected. In the second step, 47 probes with expression levels that were significantly lower in DBA inbred mice and seven probes with expression levels that were significantly higher in DBA compared with the other strains were selected for additional analysis [fold change ≥ 1.5 ; false discovery rate (FDR) = 0.001] (Table S1). In the third step, two probes with expression levels that were significantly and positively correlated with A β levels and two probes with expression levels that were significantly and negatively correlated with A β were ultimately identified (FDR = 0.001). (*B*) Probes identified by genome-wide transcriptomics for A β modifier genes. All array data are deposited in the Gene Expression Omnibus (accession no. GSE40330).

Levels of a Specific Splice Variant but Not Total *Klc1* Are Different in the DBA Strain. Because the array probes cannot distinguish the multitude of splice variants of *Klc1*, we developed variant-specific real-time quantitative PCR (qPCR) assays to identify which splice variant of *Klc1* modulates A β accumulation. We measured the mRNA expression levels of *Klc1* variants A–E in mouse hippocampus in addition to the total levels of *Klc1* expression by detecting the common region (exons 3 and 4) of all splice variants (*Klc1* All). To examine whether the expression levels of each *Klc1* variant were affected by the DBA genetic background independent of A β accumulation, we measured expression levels in inbred mice (non-Tg mice) at 6 ($n = 11$) and 12 mo of age ($n = 20$) (Fig. 3*A*). Consistent with the array results (probe ID 733035), there was no observed difference in the *Klc1* All expression levels among the three strains (DBA, SJL, and B6) at 6 (ANOVA: $P = 0.95$) or 12 mo of age (ANOVA: $P = 0.51$) (Fig. 3*A, Left*). In contrast to *Klc1* All, the expression levels of *Klc1* variant E were significantly lower in DBA mice than expression levels in SJL and B6 mice at both ages (Fig. 3*A, Right*). However, the *Klc1* splice variants A–D did not show consistent differences between DBA and the other two strains (Fig. S3).

***Klc1* Variant E but Not Total *Klc1* Correlates with the Levels of A β Accumulation.** To examine whether *Klc1* variant E affects A β accumulation in vivo, we measured the expression levels of *Klc1* variant E in APP-Tg mice with mixed genetic backgrounds ($n = 59$). The levels of *Klc1* variant E were significantly correlated with the levels of all forms of A β [A β 40 (Pearson product moment correlation $R^2 = 0.39$, $P < 0.0001$; significant threshold with Bonferroni correction = 0.002) and A β 42 ($R^2 = 0.24$, $P < 0.0001$) in the Triton fraction; A β 40 ($R^2 = 0.33$, $P < 0.0001$) and A β 42 ($R^2 = 0.21$, $P = 0.0002$) in the GuHCl fraction] (Fig. 3*B, Right*). In contrast, the expression levels of *Klc1* All and the other variants did not correlate with the levels of A β (except variant A but only with A β 40 in Triton-X fractions) (Fig. 3*B, Left* and Fig. S4). The correlation between *Klc1* variant E and A β was unlikely caused by A β accumulation for many reasons, including no elevation of the levels of *Klc1* variant E in APP-Tg mice that had abundant A β compared with those A β in non-Tg littermates that had no A β pathology (Fig. S5). In addition to the array data (Fig. S2), these qPCR data (Fig. 3*A* and *B* and Figs. S3, S4, and S5) suggested that splicing of *Klc1* was involved in the mechanisms of A β suppression by the DBA genetic background.

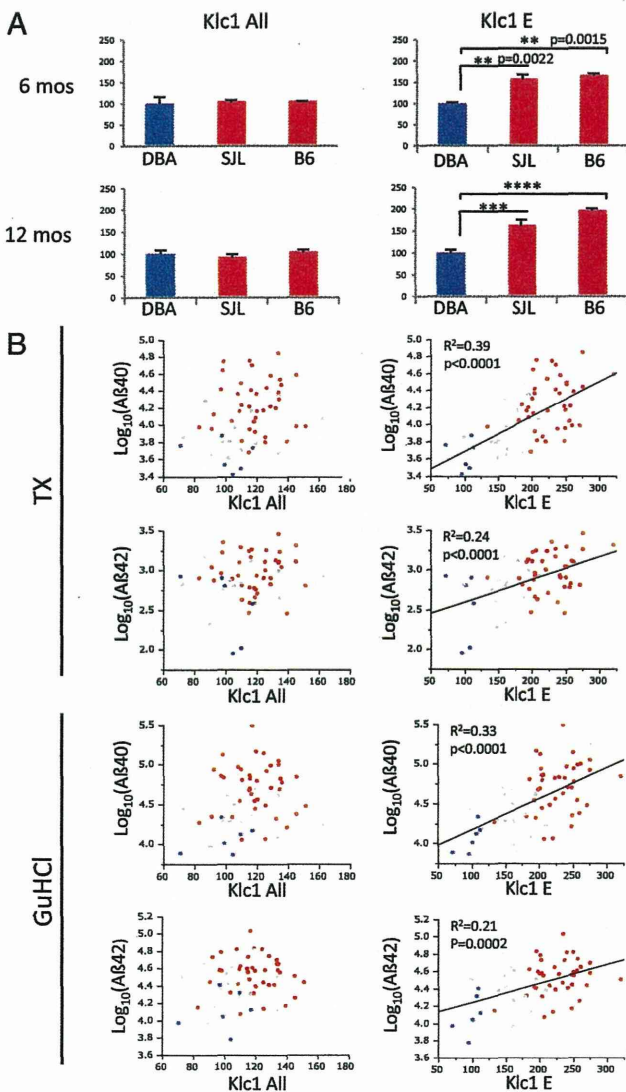


Fig. 3. *Klc1* splice variant E and the levels of A β . (A) Expression levels of *Klc1* variant E and *Klc1* All in three mouse strains (non-Tg mice). mRNA expression levels of (Left) *Klc1* All and (Right) *Klc1* E in each mouse strain at (Upper) 6 ($n = 4$ DBA, 4 SJL, and 3 B6) and (Lower) 12 mo of age ($n = 7$ DBA, 6 SJL, and 7 B6) were measured by QPCR. The expression levels in DBA were normalized to 100. Error bars indicate SEM. P values were calculated by the Tukey-Kramer HSD test and considered significant when they were less than 0.004 (0.05/12 tests) according to Bonferroni correction for multiple testing. $**P < 0.01$; $***P < 0.001$; $****P < 0.0001$. (B) Relationship between the levels of A β accumulation and *Klc1* expression and number of DBA alleles of *Klc1* in APP-Tg mice with mixed genetic backgrounds. Expression levels of (Left) *Klc1* All and (Right) *Klc1* E in APP-Tg mice with mixed genetic backgrounds ($n = 59$) are shown on the x axis. A β 40 and A β 42 levels in Triton-X fraction (TX) and A β 40 and A β 42 levels in the GuHCl fraction in mouse brain are shown in log₁₀ scale on the y axis (picograms A β per milligram total protein). Lines show the correlation between the levels of *Klc1* and A β . P values are considered significant when they are less than 0.002 (0.05/24 tests) according to Bonferroni correction for multiple testing. The color of dots indicates the genotype of *Klc1*: blue, mice carrying two *Klc1* alleles from DBA strain; gray, one *Klc1* allele from DBA; and red, no *Klc1* allele from DBA. The mean expression levels in mice carrying two DBA alleles were normalized to 100.

***Klc1* Allele in DBA Mice Decreases the Levels of *Klc1* Variant E and A β Accumulation in APP-Tg Mice with Mixed Genetic Backgrounds.** Because the genetic component of mRNA expression variation is

often caused by differences produced by *cis*-acting polymorphisms (20), we genotyped the *Klc1* region of APP-Tg mice with mixed genetic backgrounds (Fig. 3B). As shown in the scatterplot of *Klc1* variant E (Fig. 3B, Right), mice with the same genotype clustered together. Mice carrying two DBA alleles in the *Klc1* region (Fig. 3B, blue) had the lowest levels of *Klc1* variant E expression and A β accumulation; mice carrying one DBA allele (Fig. 3B, gray) had intermediate levels, and mice carrying no DBA allele (Fig. 3B, red) had the highest levels of *Klc1* variant E expression and A β accumulation. These genotype data suggest that the expression of *Klc1* variant E was negatively dependent on the number of DBA alleles in the *Klc1* region and that this DBA allele of *Klc1* suppressed A β accumulation.

Although failing to identify any AD-related genes, two groups reported differences in A β levels among mouse strains (18, 19, 21). Collectively, these data suggest that B6 and SJL are high A β mouse strains and that A/J and DBA are low A β mouse strains (Fig. S6A, Left). We obtained SNP data from the mouse phenome database (www.jax.org/phenome) (22) to examine whether genomic variance in *Klc1* affects A β accumulation in these mouse strains. Remarkably, all SNP variation in *Klc1* distinguishes the two types of strains (high and low) (Fig. S6A), despite the fact that strains of a type are not the closest relatives to each other (Fig. S6B) (23).

KLC1 Variant E Affects A β Production in Neuroblastoma Cells. To test the direct effect on amyloid pathology by KLC1 variant E, we manipulated the expression levels of KLC1 variant E in neuroblastoma cells, collected the culture media, and assessed A β 40 and A β 42 production by ELISA. The overexpression of *Klc1* variant E into N2a cells increased both A β 40 ($+18.4 \pm 3.4\%$, $P = 0.0009$) and A β 42 ($+9.27 \pm 2.7\%$, $P = 0.024$) secretion (Fig. 4A). Next, we knocked down total levels of KLC1 (KLC1 All siRNA), which includes KLC1 variant E or KLC1 variant E alone (KLC1 E siRNA) in SH-SY5Y cells (Fig. 4B and C). The suppression of KLC1 or KLC1 variant E alone reduced both A β 40 ($-44.7 \pm 2.6\%$, $P < 0.0001$ by KLC1 E siRNA) and A β 42 secretion ($-39.3 \pm 0.6\%$, $P < 0.0001$ by KLC1 E siRNA) (Fig. 4C). These findings strengthen the causative role of KLC1 variant E in AD and suggest that aberrant splicing of KLC1 impacts the accumulation of A β at the stage of its production.

Expression Levels of KLC1 Variant E Are Higher in AD. Human and mouse *KLC1* splice variants share extensive similarities in not only amino acid sequence but also, exon composition (24) (Fig. S7), implying that each splice variant has an important function and is likely conserved between mouse and human. Thus, we measured the expression levels of KLC1 variant E and KLC1 All in the hippocampus of autopsy-confirmed AD ($n = 10$) and control patients ($n = 14$) (Table S2). Although those of KLC1 All were not different between the two groups ($P = 0.18$) (Fig. 5A), the expression levels of KLC1 variant E were significantly higher in AD ($+30.7\%$, $P = 0.0096$ Student t test) compared with control subjects (Fig. 5B).

Gene expression profiles in peripheral blood and brain are reported to share similarities (20), thus we measured the levels of KLC1 All and variant E by QPCR in peripheral lymphocyte from control ($n = 17$) and AD ($n = 47$) subjects (Table S3). Although the levels of KLC1 All were not significantly different between the two ($P = 0.56$) (Fig. 5C), the expression levels of KLC1 variant E were significantly higher in AD ($+25.0\%$, $P = 0.0013$, Student t test) compared with control subjects (Fig. 5D). Because A β is not believed to accumulate in lymphocytes, the elevation of KLC1 variant E expression levels was unlikely to be the result of A β deposition. Taken together, these data show that the levels of KLC1 splice variant E but not total KLC1 impact AD pathology in both humans and APP-Tg mice.

Discussion

By combining distinct mouse strains and model mice with transcriptome analysis, we identified a causative molecule in AD (*Klc1* splice variant E), finding that it accumulates with different levels of A β that are based on the different mouse genetic backgrounds.

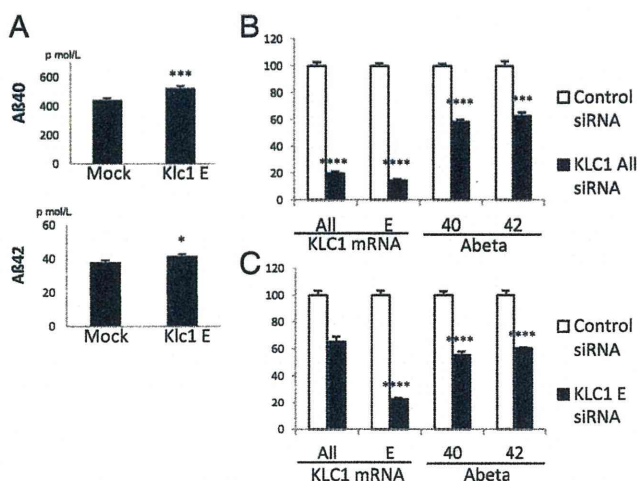


Fig. 4. The effects of *KLC1* variant E on A β production in neuroblastoma cells. (A) The levels of A β 40 and A β 42 in the culture medium after 72 h of Neuro2a transfected by mock control or *Klc1* variant E ($n = 11$ per group). (B and C) The relative levels of total mRNA levels of *KLC1* and *KLC1* variant E and the protein levels of A β 40 and A β 42 in the culture medium after 72 h of SH-SY5Y knocked down by (B) *KLC1* All siRNA or *KLC1* All control siRNA or (C) *KLC1* E siRNA or *KLC1* E control siRNA ($n = 4$ per group). * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$ (Student t test without multiple testing correction). Error bars indicate SEM.

This finding is supported by multiple approaches, including mouse transcriptomics, mouse genome, human brain transcript, and human lymphocyte transcript analyses, along with functional analysis of *KLC1* variant E in neuroblastoma cells.

Model mice with simple genetic backgrounds offer important advantages, such as controlled environmental factors and high detection power, which are amplified combined with transcriptional analysis. Complex diseases, including AD, show a continuum of clinical phenotypes, such as the levels of A β accumulation. Transcriptome analysis, therefore, is preferred, because it is highly concordant with the disease state and expected to provide an accurate molecular view of a complex disease (25). Additionally, although quantitative trait loci analysis and a genome-wide association study identify genetic markers, they do not point to specific genes, whereas transcriptomics does (17). In fact, thus far, less than 1% of rodent quantitative trait loci studies have identified molecular targets (14, 15). Finally, although the function of most genetic variation is unknown (10), gene expression variation offers clear functional targets.

The combination of transcriptional analysis and mice also minimizes the drawbacks found in human transcriptomic studies, because studies on AD examining brain tissue have produced largely discordant results (26). Human transcriptomic data suffer from serious noise because of tissue quality and variation in the agonal state of the patients. These problems can be circumvented in mice by isolating high-quality RNA from animals reared and then killed in highly controlled conditions. Additionally, transcriptomics studies comparing disease and control conditions identify not only causative genes but also, secondarily affected genes. To focus on causative genes, we determined the strain effects on gene expression profiles before the A β analysis in *APP-Tg* mice. Using non-Tg mice in the absence of A β pathology enabled us to select the genes with expression levels that were changed by the genetic background but not the A β pathology (Fig. 3A, second selection step). Finally, using Tg mice with mixed genetic backgrounds, we confirmed that A β levels were negatively dependent on the number of DBA alleles in the *Klc1* regions (Fig. 3B, Right). DNA sequence variation as causative in disease has also been implicated in other studies (27–29). In summary, the strengths of each approach (model mice with

mixed genetic backgrounds and transcriptomics) are synergized, whereas their respective drawbacks are minimized.

Kinesin-1 is a plus end-directed motor comprised of two kinesin heavy chains and two *KLCs* that associate in a 1:1 stoichiometry (30). *KLC1*, with expression that is enriched in neuronal tissue (31), is required for cargo binding and the regulation of motility. Among myosin and kinesin family members, splicing is a common strategy to facilitate motor cargo selection, and the many splice variants of *KLC1* in the C-terminal region likely allow it to select different cargos (32). Notably, all *KLC1* splice variants discovered thus far share extensive similarity between human, mouse, and rat (Fig. S7) (24), suggesting an essential role for each variant. The importance of splicing of *KLC1*, however, has been relatively ignored; in most *KLC1* studies, all variants of *KLC1* have been abolished, or the single major isoform has been overexpressed. In a mouse model that knocks out one allele of the *Klc1* gene, an increase in A β was seen (33), whereas knocking down *KLC1* in stem cells decreased A β (34). These seemingly conflicting results could be explained by splicing of *KLC1*. The transport of APP requires *KLC1* to act as a direct or indirect motor cargo adaptor (35–40), and changes in the splicing of *KLC1* may alter such interactions. Additional studies are required to fully understand the mechanistic role of *KLC1* in AD.

Disruption of trafficking is usually thought to be a result of A β pathology. However, the present study and several other studies (33–36, 38, 39, 41) show just the opposite, where alterations in trafficking can modify A β pathology. Moreover, recent genome-wide association studies identified trafficking-related genes (*PICALM*, *BINI*, *CD33*, and *CD2AP*) as AD risk genes (42), further suggesting that trafficking is a causative factor of AD.

In conclusion, *Klc1* variant E was identified as an A β modifier using a hypothesis-free transcriptomics approach. Notably, common interstrain genetic variations (polymorphisms) affected the expression levels of *Klc1* variant E and modified A β accumulation in mice. Subsequently, a corresponding variation in the expression levels of *KLC1* variant E in sporadic AD in the human population was discovered. These findings, along with other studies (33–39, 41), add a critical element to the understanding of AD etiology and implicate intracellular trafficking as a causative factor in A β accumulation. The present study also shows that the combination of animal models and transcriptomics is an effective strategy for identifying unique genes causative in complex human diseases.

Materials and Methods

Animals. We crossed Tg2576 mice with a genetic background of 50% B6 and 50% SJL onto three inbred strains (B6, SJL, and DBA) for one to three

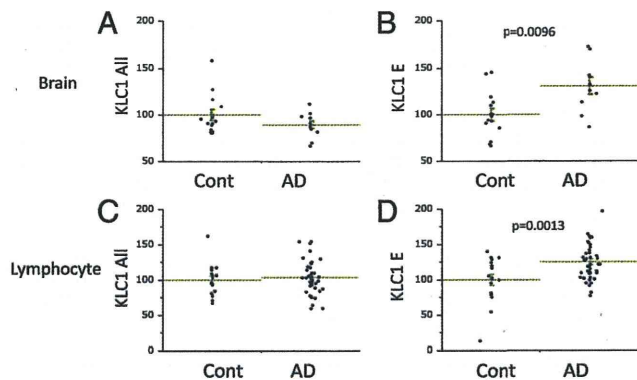


Fig. 5. Levels of total *KLC1* and *KLC1* variant E in humans. Brain expression levels of (A) *KLC1* All and (B) *KLC1* E were measured in control ($n = 14$) and AD ($n = 10$) patients by qPCR. Lymphocyte expression levels of (C) *KLC1* All and (D) *KLC1* E were also measured in control ($n = 17$) and AD ($n = 47$) patients. Long and short green bars indicate mean and SE, respectively. The mean expression levels of the control were normalized to 100.

generations and intercrossed the offspring. As a result, six groups of APP-Tg mice with different percentages of background genomes from B6, SJL, and DBA were generated (Fig. 1A). In the first APP-Tg mouse group ($n = 16$), 62.5% of the genome randomly came from B6, and 37.5% of the genome randomly came from SJL, which was expected. In the second group ($n = 14$), mice had a mixture of 84% SJL and 16% B6. In the third group ($n = 10$), mice had 69% SJL and 31% B6. In the fourth group ($n = 8$), mice had 50% DBA, 31% B6, and 19% SJL. In the fifth group ($n = 3$), mice had 50% DBA, 42% SJL, and 8% B6. In the sixth group ($n = 8$), mice had 75% DBA, 16% B6, and 9% SJL.

To minimize variance in the animal samples, all animals were killed at 10:00 AM at the age of 12 (or 6) mo, and they were killed within 1 wk of each another. Animals were perfused before brain dissection with 15–20 mL 0.05 M tris-buffered saline (pH 7.2–7.4) containing a Protease Inhibitor Mixture (P2714; Sigma). The hippocampus, frontal region, residual cortex, and cerebellum were dissected out and snap-frozen in liquid nitrogen (43). All animal procedures were performed according to the protocols approved by the Osaka University Animal Care and Use Committee.

Human Brain. Brains were obtained from the brain bank of the Choju Medical Institute of Fukushima Hospital. We examined the hippocampi of 27 patients. Three poor-quality samples with RNA integrity numbers, determined by the 2100 Bioanalyzer (Agilent), that were under seven were excluded from the analysis. All brains, including brains excluded from the analysis, received a pathological diagnosis (AD: $n = 10$, control: $n = 14$) (Table S2). AD diagnosis was according to the criteria of the Consortium to Establish a Registry for Alzheimer's Disease and Braak Stage. Control patients had died without dementia. The protocol used was approved independently by the local ethics committees of Osaka University and Fukushima Hospital.

Human Blood Samples. The AD cases were recruited from Osaka University Hospital (44, 45) and met the criteria of the National Institute of Neurological and Communicative Disorders and Stroke and the Alzheimer's Disease and Related Disorders Association criteria for probable AD. The control cases were recruited from healthy elderly volunteers with no history of dementia or other neuropsychiatric diseases (44, 45). The purpose and significance of the present study were explained in detail to each patient and his/her family, and all subjects provided their informed consent. The protocol for specimen collection was approved by the genome ethical committee of Osaka University Graduate School of Medicine. DNA was extracted from white blood nuclear cells using the QIAmp DNA Blood Maxi Kit (QIAGEN). RNA was extracted using a Paxgene tube (QIAGEN) following the manufacturer's protocol.

Additional information regarding A β measurements, Western blotting, expression arrays, QPCR, genotyping, cell cultures, reanalysis of two other studies using a mouse phenome database, and statistical analysis is in *SI Materials and Methods*.

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特集 高齢者によくみられるうつ病

臨床に役立つQ&A

1. うつ症状を起こす薬剤はありますか

吉山 顕次

KEY WORD

■薬剤惹起性うつ病 ■内因性うつ病 ■インターフェロン ■ステロイド
■ストレス

SUMMARY

■うつ症状を起こす薬剤について、薬剤惹起性うつ病の原因となる薬剤がこれに当たることになる。主なものとして、インターフェロン、ステロイドがよく知られている。これら以外にも数多くの原因薬剤がある。薬剤惹起性うつ病の症状は特異的なものではなく、内因性うつ病との鑑別は困難である。うつ症状を治療する上で、薬剤惹起性うつ病の可能性も考慮し、この疾患が疑われるのであれば、身体科医と精神科医が連携して、治療に当たることが重要である。

はじめに

身体科を受診している患者がうつ症状を呈した場合、服薬中の薬剤を確認し、薬剤が原因となるうつ病である薬剤惹起性うつ病を鑑別診断として挙げるべきである。症状自体から内因性うつ病との区別は困難であり、症状と投薬との時間的關係や、投薬の中止による症状の変化が診断の助けとなる。しかしながら、投薬後数カ月経過して症状が出現する例もあり、うつ症状の原因となるエピソードが不明瞭であれば、薬剤惹起性うつ病も疑って診療に当たる必要がある。薬剤惹起性うつ病の原因となる薬剤について、中枢神経系の副作用が添付文書に記載されている薬剤すべてがその可能性として挙げられる。本稿では、その中の主なものを述べる。

原因薬剤

1. インターフェロン(Interferon : IFN)

IFNにより多彩な精神症状がみられること

はよく知られている。最も多くみられるのは抑うつ状態であり、次にせん妄である¹⁾。IFNによる抑うつ状態は全身倦怠感を伴い、意欲、活動性、言語数、自発性の低下、興味の消失を示す精神運動静止型と、強い不安感、焦燥感を前景とし、時に攻撃性を伴う活動型の2群に大きく分けられるが、後者の方が日常診療で問題となることが多い²⁾。近年、IFNによる抑うつ状態は純粹な抑うつ状態というより、抑うつに焦燥や敵意、易怒性が加わった抑うつと躁の混合状態が多いとも報告されている³⁾。

IFN α は、IL-6 といった炎症性サイトカインの産生を促し、うつ症状を来すかもしれないといわれている⁴⁾。また、IFN α はセロトニンシステムに影響を及ぼし、セロトニントランスポーターのメッセンジャーRNA と取り込み活性を増やし、脳や血清のセロトニン濃度を下げ、トリプトファンの異化を促進させる。このようにしてセロトニン量が減り、うつ症状が促進される。IFN α 投与はまた、視床下部-下垂体-副腎系の活性化に関係があり、そのため、うつ症

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状や血清 IL-6 濃度の増加と関係があるとされる^{5,6)}。IFN α 投与によるセロトニンの前駆体であるトリプトファンの枯渇もまた、うつ症状の原因となるという仮説に挙げられている⁷⁾。IFN β については、これにより引き起こされるうつ症状について、IFN α ほどうつ症状との関係は明らかにされておらず、またそのメカニズムは検討されていない。

2. 副腎皮質ステロイド

ステロイドによる精神症状としては、不眠、抑うつ、せん妄、幻覚妄想などの精神症状を呈するステロイド精神病としてよく知られている。これらの中で、抑うつが高頻度に見られるといわれている。

うつ病患者において、高コルチゾール血症を来す視床下部-下垂体-副腎系の異常が認められており⁸⁾、コルチゾールとうつ症状に関連していると考えられている。そして副腎皮質ステロイドは、血清中のコルチゾールの濃度を上げるため、うつ症状を来すと考えられている。

3. 降圧薬

ACE 阻害薬や β ブロッカー、カルシウム拮抗薬、抗アドレナリン作動薬、サイアザイド系利尿薬はうつ症状の原因となることが示唆される症例報告はあるようだが、抗アドレナリン作動薬、 β ブロッカー以外はうつ症状とこれらの薬剤を関連づける経験的証拠に乏しい。

交感神経遮断薬であるレセルピン、メチルドーパは神経ノルエピネフリン、セロトニン、ドーパミンといった生物学的アミンの枯渇によりうつ症状を来す可能性がある⁹⁾。 β ブロッカーについては、うつ症状と関連があるといわれることもあるようだが、無作為化試験の量的見直しにより、関連は否定されている¹⁰⁾。

4. 強心配糖体

ジゴキシンについては、中枢神経系のノルエピネフリン合成に関連し、うつ症状に関連することが考えられているが、正確なメカニズムは知られていない。症例の報告はいくらかあるが、

ジゴキシンはせん妄を来し、精神運動抑制、倦怠感、不眠、食欲低下などの症状を呈することがあり、これらの症状がうつ症状と誤診されることがある¹¹⁾。

5. 性ホルモンおよびそのほかのホルモン関連薬剤

ゴナドトロピン放出ホルモン (gonadotropin-releasing hormone : GnRH) アゴニストがエストロゲン低下状態を来し、うつ症状に関与すると考えられている^{12,13)}。抗エストロゲン薬であるタモキシフェンもうつ症状と関連があるとされ、症例報告はあるが、多施設、二重盲検、プラセボ対照試験にて有意な関連は見出されなかった¹⁴⁾。経口避妊薬 (oral contraceptive : OC) とうつ症状は関連があると一般的にいわれているも、OC によるうつ症状に関する確かな証拠は乏しい。さらに、OC を内服していない女性と比べ OC を内服している女性は、月経周期全体において感情の変動が少なく、月経期において陰性の感情が少ないようである¹⁵⁾。また本邦においても、OC により QOL が改善し、抑うつ気分も改善したという報告もある¹⁶⁾。

6. 抗てんかん薬

抗てんかん薬の中で、バルビツール酸は最もうつ症状に関連がある。プリミドンの内服とうつ症状は関連があると横断調査にて結論がなされている¹⁷⁾。また、フェノバルビタールやトピラマート、レベチラセタムの内服もうつ症状と関連があるという報告がある¹⁸⁻²⁰⁾。抗てんかん薬によるうつ症状は、強い γ アミノ酪酸 (γ -aminobutyric acid : GABA, 抑制性の神経伝達物質) 作動性の性質があり、このためにうつ症状を来すと考えられている²¹⁾。

7. そのほか

ベンゾジアゼピンの内服中や中止後にうつ症状がみられることがあるが、ベンゾジアゼピンによるものか、治療中の疾患の症状の再燃なのか判断しづらい面がある²²⁻²⁶⁾。

HIV 感染症治療薬である核酸系逆転写酵素

阻害薬, 非核酸系逆転写酵素阻害薬やプロテアーゼ阻害薬も, うつ症状の原因となることが報告されている²⁷⁻²⁹⁾.

おわりに

副作用であるうつ症状の発現には, 個人差が大きい. リスクとして, 内因性うつ病の既往, 薬剤惹起性うつ病の既往, ストレス, そして今回の特集の主題である高齢であることが挙げられる. 内因性うつ病の既往やストレスは, 内因性うつ病の原因ともなり, 薬剤惹起性うつ病に特異的な原因ではなく, 注意が必要である. この点も含め, うつ症状がみられたときに, “はじめに” で述べたように, 薬剤惹起性うつ病と内因性うつ病との鑑別は, 症状や原因からは困難であるため, 症状のきっかけや背景にある要因を考慮し正確に診断し, 治療に結びつけることが大切である. ちなみに, この背景の要因は, 基礎疾患の悪化の影響や心理的, 社会的要因を含む. 治療に当たる上で, これらの要因を考慮しつつ, 身体科医と精神科医が連携し, 原因となる薬剤の中止もしくは減薬を検討していくべきである.

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