

Table 2. Clinical features of 315 patients with eosinophilic granulomatosis with polyangiitis.

	N	%
Systemic	238	76
Skin	162	51
Mucous membranes/Eyes	31	10
ENT	72	23
Chest	190	60
Cardiovascular	50	16
Abdominal	50	16
Renal	122	39
Nervous system	293	93

ENT, ear, nose, and throat.

Eosinophilic granulomatosis with polyangiitis was defined by ACR and Lanham's criteria for all 315 patients.

Differences in clinical features between ANCA-positive and -negative patients

We analyzed the data of the clinical findings that had been collected from EGPA patients through the 2nd survey questionnaire, which applied the nine items subcategories on BVAS for determining the clinical findings. The clinical features of 139 MPO-/pANCA-positive EGPA patients were compared with those of 138 MPO-/pANCA-negative patients. In MPO-/pANCA-positive patients, renal involvement, mucous membranes or ophthalmological symptoms, and ENT symptoms were more frequent at diagnosis than in ANCA-negative patients (PR, 95% CI: renal 1.8, 1.3–2.5; mucous membranous or eye 2.5, 1.1–5.4; and ENT 1.7, 1.1–2.7; Table 3 and Figure 1). On the other hand, ANCA-positive patients had fewer skin lesions and cardiovascular involvement than ANCA-negative patients (PR, 95% CI: skin 0.8, 0.6–1.0; and cardiovascular 0.6, 0.3–1.0).

Discussion

Here, we report the results of a cross-sectional nationwide survey on EGPA in Japan. To our knowledge, this study was one of the largest epidemiological studies of EGPA that has been published worldwide, and the results demonstrated that the estimated prevalence of EGPA in Japan was 17.8 per 1,000,000 adults, which was similar to the prevalence reported for the USA and other countries in Europe (10.7–13 per 1,000,000 individuals) [3,4].

In this study, twice as many women had EGPA as men, with a male to female ratio of 1:2. In contrast, previous studies in the USA and Europe have reported a male to female ratio of around 1 [8,15–17]. Since the female predominance was also seen in several clinical studies for MPA in Japan [18–20], this difference

Table 3. Differences in clinical features between MPO-/p-ANCA-positive and -negative patients with eosinophilic granulomatosis with polyangiitis.

	MPO-/p-ANCA (+)		MPO-/p-ANCA (-)		P-value
	N	%	N	%	
Systemic	139		138		
Skin	112	81	104	75	0.2952
Mucous membranes/Eyes	61	44	78	56	0.0354
ENT	20	14	8	6	0.0177
Chest	44	32	25	18	0.0092
Cardiovascular	77	55	90	65	0.0948
Abdominal	15	11	27	20	0.0418
Renal	18	13	25	18	0.2351
Nervous system	72	52	39	28	<0.0001
	129	93	129	94	0.8248

MPO, myeloperoxidase; ANCA, anti-neutrophil cytoplasmic antibody; ENT, ear, nose, and throat.

in sex distribution may indicate potential environmental and/or genetic influences on the pathogenesis of ANCA-associated vasculitis.

The clinical features frequently found in Japanese EGPA patients included neurological (93%), skin (51%), and respiratory system (58%) involvement. Consistent with this finding, previous reports have indicated that the frequencies of peripheral and central nervous system involvement, pulmonary abnormalities, and cutaneous lesions ranged from 65% to 76%, 51% to 96%, and 40% to 57%, respectively [8,15–17,21]. However, the greater prevalence of neurological manifestations in our study may suggest that mononeuritis multiplex is the most characteristic clinical feature of Japanese EGPA. On the other hand, ENT symptoms were less common than in previous studies, which ranged from 48% to 77% [8,15–17,21]. In the present study, we determined the presence or absence of ENT symptoms judged from the results of BVAS item lists. Therefore, asymptomatic or mild nasal and paranasal sinus diseases may be overlooked, and, furthermore, no surveys from the departments of otorhinolaryngology in our study may eventually resulted in the low frequency of ENT symptoms.

Several reports from Asian countries have shown MPO-/p-ANCA and MPA predominance in patients with ANCA-associated vasculitis, in contrast to the predominance of PR3-/c-ANCA and GPA in Europe and the USA [9,22]. Our study showed that the proportion of EGPA patients who had MPO-/p-ANCA at the onset of EGPA was almost 50%, and this frequency was some higher as compared with the previous reports, in which MPO-/p-ANCA had been detectable in less than 40% [8,16]. In present study, 277 of the 315 patients were tested for MPO-/p-ANCA. Since patients with vasculitic symptoms were highly more detectable for MPO-/p-ANCA than patients without such symptoms, the higher frequency of ANCA positivity may be simply due to more patients with vasculitic EGPA that had been preferentially recruited in our study than in previous reports. MPO-/p-ANCA-positive patients exhibited renal involvement, mucous membrane or eye involvement, and ENT symptoms more frequently than ANCA-negative patients. Furthermore, recent clinical studies have shown that ANCA-positive EGPA patients probably have organ manifestations associated with small-vessel vasculitis, such as focal segmental glomerulonephritis, peripheral neuropathy, purpura, and subcutaneous nodules [16]. Since involvement of the kidneys and mucous membranes or eyes is often seen in MPA and GPA, these results are consistent with those of previous studies. However, the higher prevalence of ENT symptoms in MPO-/p-ANCA-positive patients has not been found in previous studies. Chen et al. showed that MPO-/p-ANCA-positive patients with GPA are common in Chinese populations [23], while PR3-ANCA-positive patients with GPA are common in European populations [24]. Bottero et al. suggested that both rhinitis and asthma in EGPA patients sometimes lack the allergic feature that is usually found in non-EGPA asthmatic patients [25]. Combined with the fact that a history of allergic ENT symptoms in Japanese EGPA patients was less common, this may indicate that ENT symptoms in Asian patients are caused by vasculitis rather than allergies.

In contrast, ANCA-negative EGPA patients exhibited more cardiovascular involvement than ANCA-positive patients. Cardiac involvement is one of the most important predictors of adverse outcomes in EGPA and has been reported to be the primary cause of death in earlier studies, with frequencies up to 50% [6,26]. Of the patients with myocardial manifestations, 39% died during the early stages of the disease [26]. Moreover, although 49% of EGPA patients had cardiovascular involvement as defined by BVAS in a previous report [8], only 16% of EGPA

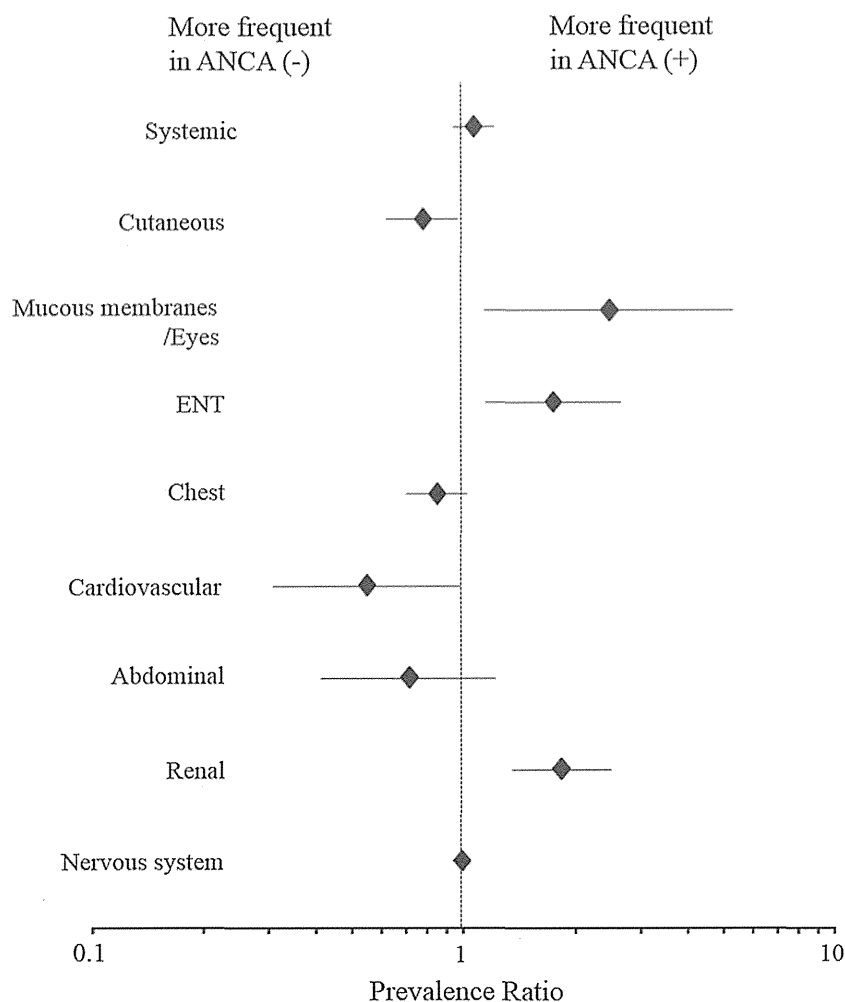


Figure 1. Prevalence ratio of organ involvement in ANCA-positive and -negative patients with eosinophilic granulomatosis with polyangiitis. The diamond reflects the prevalence ratio, and the horizontal bars reflect the 95% CI (logarithmic scale). ANCA, anti-neutrophil cytoplasmic antibody; ENT, ear, nose, and throat.

patients had cardiac involvement in our study. In addition, chronic cardiac disorders, as defined by persistent BVAS at the final visit, were rarely found. It was recently reported that 62% of EGPA patients showed cardiac abnormalities during remission using a combination of clinical evaluations, ECG, echocardiograms, and cardiac MRI [27]. However, the findings of another study support our results, reporting a similar prevalence of cardiac disorders as defined by BVAS [16]. Therefore, asymptomatic cardiac involvement may have been detected more frequently during careful examinations in our patients. In addition, it is possible that a subset of EGPA patients with poor prognostic factors was excluded from our study because this survey was cross-sectional and required an observation period of 1 year.

A limitation of this study was that the prevalence of EGPA, as determined by the first survey, was measured based on the diagnosis of the physician involved, rather than a standard classification (e.g. ACR criteria or Lanham's criteria). Since only 67% of patients fulfilled the standard classifications, we may overestimate the prevalence of patients with EGPA. On the other hand, we may underestimate the EGPA prevalence, because failed to collect the patient data from the department of pulmonology and otorhinolaryngology in the selected hospitals, where a significant part of Japanese patients with EGPA had to be treated.

In conclusion, the prevalence of EGPA and ANCA in Japan were similar to those previously reported for the USA and Europe. However, recent studies showed MPO-/p-ANCA predominance and a high MPA to GPA incidence ratio in Japanese patients with

ANCA-associated vasculitis. The female predominance and increased occurrence of neurological manifestations may be significant features unique to Japanese EGPA patients.

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Conflict of interest

None.

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Supplementary material available online

Supplementary Appendix.

RESEARCH ARTICLE

Open Access

Classification and characteristics of Japanese patients with antineutrophil cytoplasmic antibody-associated vasculitis in a nationwide, prospective, inception cohort study

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Abstract

Introduction: We investigated the clinical and serological features of patients with antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis (AAV) in Japan using data from a nationwide, prospective, inception cohort study.

Methods: In total, 156 Japanese patients with newly diagnosed AAV were classified according to the European Medicines Agency (EMA) algorithm with exploratory surrogate markers for AAV-related non-granulomatous pulmonary lesions, predefined as alveolar haemorrhage and interstitial lung disease (ILD), and their clinical and serological features were evaluated.

Results: Using the EMA algorithm, we identified 14 patients (9.0%) with eosinophilic granulomatosis with polyangiitis (EGPA), 33 (21.2%) with granulomatosis with polyangiitis (GPA), 78 (50.0%) with microscopic polyangiitis and renal-limited vasculitis (MPA/RLV), and 31 (19.9%) with unclassifiable vasculitis. The average ages of patients with EGPA (male/female, 5/9), GPA (12/21), and MPA/RLV (35/43) and unclassifiable (9/22) were 58.0, 63.6, 71.1, and 70.6 years, respectively. Myeloperoxidase (MPO)-ANCA and proteinase-3 ANCA positivity was 50.0% and 0% for EGPA, 54.6% and 45.5% for GPA, 97.4% and 2.6% for MPA/RLV, and 93.5% and 3.2% for unclassifiable, respectively. According to the Birmingham Vasculitis Activity Score (BVAS), cutaneous (71.4%) and nervous system (92.9%) manifestations were prominent in EGPA and ear, nose, and throat manifestations (84.9%) and chest manifestations (66.7%) in GPA. Renal manifestations developed frequently in MPA/RLV (91.0%) and GPA (63.6%). The average serum creatinine levels were 0.71 mg/dL for EGPA, 1.51 mg/dL for GPA, 2.46 mg/dL for MPA/RLV, and 0.69 mg/dL for unclassifiable. The percentages of patients with ILD were 14.3% for EGPA, 9.0% for GPA, 47.4% for MPA/RLV, and 61.3% for unclassifiable. Patients with ILD ($n = 61$) had significantly lower BVAS ($P = 0.019$) with fewer ear, nose, and throat and cardiovascular manifestations than patients without ILD ($n = 95$).

Conclusions: MPO-ANCA-positive MPA/RLV is the most common form of AAV in Japanese patients, and one-half of patients with GPA were positive for MPO-ANCA. ILD is an important clinical manifestation in Japanese patients with AAV. Unclassifiable vasculitis with MPO-ANCA positivity and ILD may represent a novel variant of MPA.

Trial Registration: The University Hospital Medical Information Network Clinical Trials Registry: UMIN000001648. Registered 28 February 2009.

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Introduction

Microscopic polyangiitis (MPA), granulomatosis with polyangiitis (Wegener's granulomatosis) (GPA), and eosinophilic granulomatosis with polyangiitis (Churg–Strauss syndrome) (EGPA) are the major categories of antineutrophil cytoplasmic antibody (ANCA)-associated vasculitis (AAV), a multisystem autoimmune disease characterised by ANCA production and small-vessel inflammation [1,2]. Despite the overlapping clinicopathologic characteristics between the component diseases, the disease evolution, organ involvement, prognosis, and other clinical characteristics differ substantially among them. In addition, there are interesting geographic and ethnic differences in their relative incidence and myeloperoxidase (MPO)-ANCA or proteinase-3 (PR3)-ANCA positivity [3].

In 2007 Watts and colleagues proposed an AAV classification algorithm, the European Medicines Agency (EMA) algorithm, with consensus of a group of European physicians interested in the epidemiology of vasculitis [4]. This stepwise algorithm incorporated both the American College of Rheumatology (ACR) criteria for EGPA and GPA and the Chapel Hill Consensus Conference (CHCC) definition of EGPA, GPA, and MPA [2]. In the EMA algorithm, surrogate markers of granulomatous inflammation for GPA and those of renal vasculitis for renal-limited vasculitis (RLV), an organ-limited variant of MPA, were defined [4]. This algorithm is useful for classifying patients with AAV because no overlapping diagnoses occur and fewer patients are considered to have unclassifiable vasculitis [5], and has been used as the standard method for classification of AAV diseases in recent studies [6,7].

Only two reports have validated the algorithm in other ethnicities outside Europe using a good-quality database. Studies from China [5] and Japan [3] applied the EMA algorithm to their patient populations and found that MPO-ANCA-positive MPA was the most common form of AAV. These studies, however, were retrospective and evaluated clinical data of patients from a small number of hospitals.

The lung is one of the organs frequently involved in AAV, and pulmonary granuloma, alveolar haemorrhage, and interstitial lung disease (ILD) are representative pulmonary lesions. Among these, only pulmonary granuloma is included in the EMA algorithm. ILD in AAV is associated with MPO-ANCA and is more common in Asian countries [8-10] than in western countries [11,12], and some patients with MPO-ANCA and ILD subsequently develop typical MPA [13]. To understand the nature of AAV and classify the disease from a global perspective, it is essential to more precisely delineate the clinical implications of ILD in AAV in Asian countries.

To characterise the clinical and laboratory features, effectiveness, and safety of the remission-induction therapy used, as well as the prognosis of Japanese patients

with AAV, the Research Committee on Intractable Vasculitides of the Ministry of Health, Labour and Welfare of Japan implemented a nationwide prospective cohort study of Remission Induction Therapy in Japanese Patients with ANCA-associated Vasculitides (RemIT-JAV). In this study, we classified Japanese patients with newly diagnosed AAV enrolled in the RemIT-JAV study according to the EMA algorithm and compared their phenotypes across the AAVs. We also investigated the clinical relevance of ILD in the patient population.

Methods

Database

Twenty-two tertiary care institutions (university hospitals and referring hospitals) participated in this study (See Appendix) and enrolled consecutive patients with newly diagnosed AAV from April 2009 to December 2010. The criteria for enrolment in this study included receiving a diagnosis of AAV from the site investigators, fulfilling the criteria for primary systemic vasculitis proposed by the EMA algorithm [4], and requiring immunosuppressive treatment based on the discretion of the site investigators. The exclusion criteria were age younger than 20 years, recurrent AAV, serological evidence for hepatitis B virus or hepatitis C virus infection, and a history of malignancies because this may influence treatment selection and prognosis of patients with AAV. We conducted this study according to the Declaration of Helsinki and the Ethical Guidelines for Epidemiological Research in Japan. Written informed consent was obtained from each participant, and the study protocol was approved by the ethics committee at each participating hospital (refer to Acknowledgements). This study was registered with the University Hospital Medical Information Network Clinical Trials Registry (UMIN000001648).

Data collection

Each patient's baseline data included demographic information, general performance categorised using scales of the World Health Organization performance status except category 5 (death) [14], comorbidities, laboratory data, disease activity scored using the Birmingham Vasculitis Activity Score (BVAS) 2003 [15], imaging data (for example, chest radiograph, thoracic computed tomography, and magnetic resonance imaging of the head), and respiratory function data. The World Health Organization performance status runs from 0 to 5, with 0 denoting perfect health and 5 denoting death (0, asymptomatic; 1, symptomatic but completely ambulatory; 2, symptomatic, <50% in bed during the day; 3, symptomatic, >50% in bed, but not bedbound; 4, bedbound; 5, death).

Patients were evaluated at months 3, 6, 12, 18, and 24 and at relapse, and the following data were collected: vital status, BVAS 2003, laboratory data, treatments, and

adverse events. The Vascular Damage Index score was recorded at months 6, 12, and 24. Chest radiography, thoracic computed tomography, arterial blood gas analysis, and respiratory function data were collected at months 12 and 24 in patients with pulmonary involvement. Observation was completed in March 2013. Only the baseline data are included in this study; the results from analyses of follow-up data will be reported separately.

The site investigators completed and sent the electronic case report form for each patient to the RemIT-JAV data centre at the Department of Medicine and Clinical Science, Okayama University Graduate School of Medicine, Dentistry and Pharmaceutical Sciences, Okayama, Japan.

EMEA classification algorithm for AAV

The enrolled patients were classified using the stepwise EMEA algorithm as described previously [2,4]. Briefly, the ACR criteria and Lanham criteria for EGPA were applied first. Patients who did not fulfil the criteria for EGPA were classified as having GPA if they met the ACR criteria for GPA or the CHCC histological definition for GPA or if they showed histology compatible with the CHCC definition for MPA or ANCA positivity with either of the EMEA-defined GPA surrogate markers. The remaining patients were classified as having MPA if they had clinical features and histology compatible with small-vessel vasculitis without the GPA surrogate markers. In addition, ANCA-positive patients who had the EMEA-defined surrogate markers for renal vasculitis were classified as having RLV, a variant form of MPA. The rest of the patients without histology compatible with the CHCC definition of classic polyarteritis nodosa or typical angiographic features of classic polyarteritis nodosa were categorised as having unclassifiable vasculitis.

To identify a subset of unclassifiable vasculitis with AAV-related nongranulomatous pulmonary lesions, we defined exploratory surrogate markers for alveolar haemorrhage and ILD and then applied them to the EMEA-defined unclassifiable patient population. Surrogate markers for these conditions were as follows: haemoptysis or alveolar haemorrhage evaluated by bronchoscopic examination; or ILD diagnosed by chest X-ray or thoracic computed tomography.

Disease severity

The disease severity of the enrolled patients was classified as localised, early systemic, generalised, or severe according to the European League Against Rheumatism recommendation for conducting a clinical study in systemic vasculitis [16]. Organ failure, classified as severe disease, was defined by the presence of any of the following BVAS manifestations: massive haemoptysis/alveolar haemorrhage, respiratory failure, congestive cardiac failure, ischaemic abdominal pain, or stroke. Threatened vital organ function,

classified as generalised disease, was defined by the presence of any of the following BVAS manifestations: sudden visual loss, blurred vision, retinal changes (vasculitis/thrombosis/exudates/haemorrhage), conductive deafness, sensorineural hearing loss, ischaemic cardiac pain, cardiomyopathy, peritonitis, bloody diarrhoea, meningitis, organic confusion, seizures, cord lesion, cranial nerve palsy, sensory peripheral neuropathy, or motor mononeuritis multiplex. Serum creatinine levels were also used to classify disease severity as localised and early systemic ($<120 \mu\text{mol/l}$ (1.3 mg/dl)), generalised ($<500 \mu\text{mol/l}$ (5.5 mg/dl)), and severe ($\geq 500 \mu\text{mol/l}$ (5.5 mg/dl)) [16].

Statistical analysis

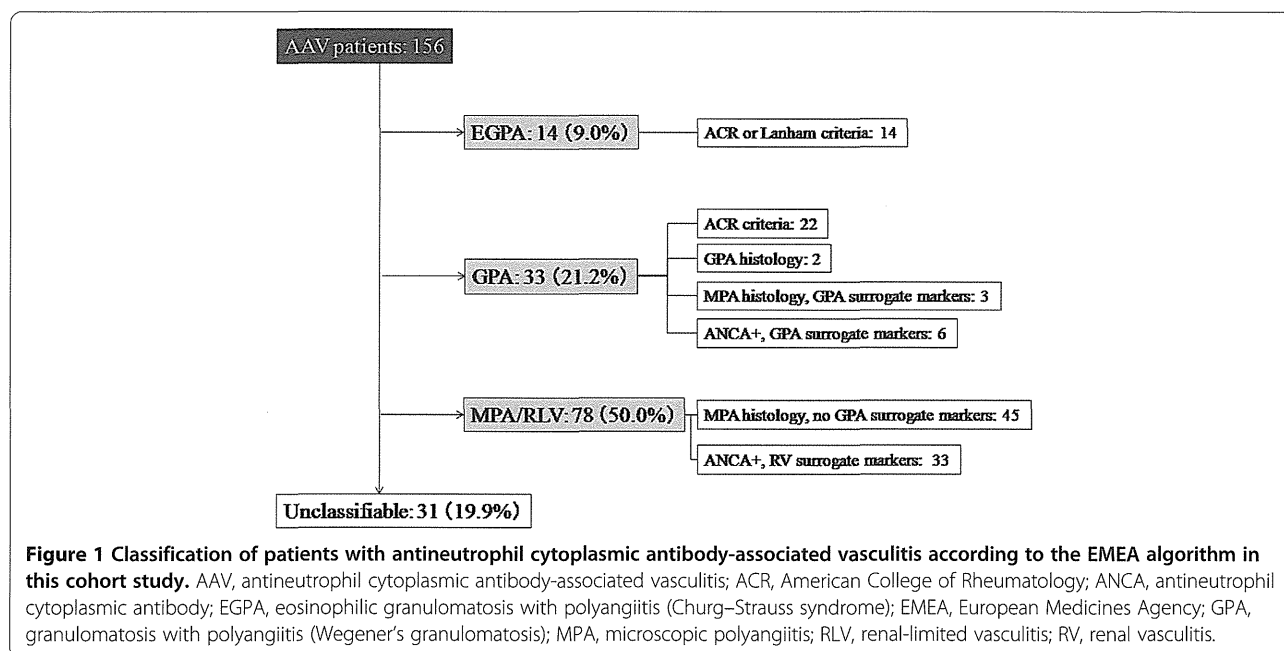
We used the baseline data of the patients enrolled in this study for statistical analysis. The primary purpose of this analysis was to determine the demographic and clinical characteristics of Japanese patients with AAV. Categorical variables were compared using Fisher's direct probability test, and continuous variables were compared using Student *t* test or the Mann-Whitney *U* test depending on data distribution. $P < 0.05$ was considered significant for statistical analyses between two categories. When comparing among three categories, statistical significance was determined by $P < 0.05/3$ using Bonferroni correction to avoid multiplicity. All statistical analyses were performed by a biostatistician using the Statistical Package of JMP for Windows software (version 8.0.2; SAS Institute Inc., Cary, NC, USA).

Results

Classification of 156 Japanese patients with AAV according to the EMEA algorithm

In total, 159 patients with AAV were initially enrolled in the RemIT-JAV study. Three patients were then excluded; two patients did not undergo treatment, and one patient had been diagnosed as having AAV and experienced a relapse at the time of enrolment. As a result, 156 patients with newly diagnosed AAV were enrolled in the study.

Using the EMEA algorithm, we identified 14 patients with EGPA, 33 patients with GPA, 78 patients with MPA/RLV, and 31 patients who were unclassifiable (Figure 1). The average ages of the patients with EGPA (male/female, 5/9), GPA (male/female, 12/21), and MPA/RLV (male/female, 35/43) were 58.0, 63.6, and 71.1 years, respectively (Table 1). Patients with MPA/RLV were significantly older at the time of presentation than those with EGPA and GPA ($P < 0.017$ for both), and there was a female predominance for all AAV diseases. MPO-ANCA was detectable in 50.0% of patients with EGPA, in 54.6% of those with GPA, and in 97.4% of those with MPA/RLV. In contrast, PR3-ANCA was detectable in none of the patients with EGPA, in 45.5% of those with GPA, and in 2.6% of those with MPA/RLV.



Surrogate markers involved in the classification according to the EMEA algorithm

Of the patients classified with GPA, 22 patients fulfilled the ACR criteria, two patients showed CHCC-defined GPA histology, three patients showed CHCC-defined

MPA histology in the presence of EMEA-defined GPA surrogate markers, and six patients were positive for ANCA in the presence of GPA surrogate markers. Consequently, nine patients were classified by the presence of GPA surrogate markers, mostly by the presence of

Table 1 Comparison of demographics and disease states among AAV diseases

	EGPA (n = 14)	GPA (n = 33)	MPA/RLV (n = 78)	Unclassifiable (n = 31)
Male/female	5/9	12/21	35/43	9/22
Mean (median) age (years) ^{a,c}	58.0 ± 16.9 (62)	63.6 ± 12.6 (61)	71.1 ± 10.0 (73)	70.6 ± 11.8 (73)
MPO-ANCA ^{a,c}	7 (50.0)	18 (54.6)	76 (97.4)	29 (93.5)
PR3-ANCA ^{b,c}	0 (0)	15 (45.5)	2 (2.6)	1 (3.2)
ANCA-negative ^{a,b}	7 (50.0)	3 (9.1)	1 (1.3)	2 (6.5)
Serum creatinine (mg/dl) ^a	0.71 ± 0.39	1.51 ± 1.32	2.46 ± 2.18	0.69 ± 0.23
Disease severity ^f				
Localised	0 (0)	4 (12.1)	0 (0)	0 (0)
Early systemic	1 (7.1)	5 (15.1)	15 (19.2)	15 (48.4)
Generalised	13 (92.9)	18 (54.6)	47 (60.3)	13 (41.9)
Severe	0 (0)	6 (18.2)	16 (20.5)	3 (9.7)
General performance ^d				
0/1/2/3/4	1/7/2/4/0	8/11/2/11/1	10/29/17/16/6	3/11/7/9/1
Nongranulomatous pulmonary involvement				
Interstitial lung disease ^a	2 (14.3)	3 (9.0)	37 (47.4)	19 (61.3)
Alveolar haemorrhage	0 (0)	2 (6.1)	9 (11.5)	2 (6.5)

Values expressed as mean ± standard deviation or number (percentage) unless otherwise noted. AAV, antineutrophil cytoplasmic antibody-associated vasculitis; ANCA, antineutrophil cytoplasmic antibody; EGPA, eosinophilic granulomatosis with polyangiitis (Churg–Strauss syndrome); GPA, granulomatosis with polyangiitis (Wegener’s granulomatosis); MPA, microscopic polyangiitis; MPO, myeloperoxidase; PR3, proteinase-3; RLV, renal-limited vasculitis. Comparisons between the EGPA, GPA, and MPV/RLV groups were made by Student t test or Mann–Whitney U test. Statistical significance was determined by $P < 0.05/3$ using Bonferroni correction: ^aEGPA versus MPA/RLV, ^bEGPA versus GPA, ^cGPA versus MPA/RLV. Unclassifiable AAV was not compared with other forms of AAV. ^dGeneral performance was categorised according to the World Health Organization performance status except category 5 (death).

chronic sinusitis or otitis media (Table 2). Of the patients classified with MPA/RLV, 45 patients showed histology compatible with small-vessel vasculitis without GPA surrogate markers and 33 patients were positive for ANCA with EMEA-defined surrogate markers for renal vasculitis. Three patients with allergic rhinitis, but not asthma, who had eosinophilia of peripheral blood and tissue were considered to have unclassifiable vasculitis. The eosinophilic vasculitis was confirmed histologically in all three patients, and two of these three patients were MPO-ANCA-positive. The exploratory surrogate markers for AAV-related nongranulomatous pulmonary lesions were positive in 16 of the 31 unclassifiable patients; three patients had both markers (alveolar haemorrhage and ILD), and 13 patients had only ILD. These 16 patients were all positive for MPO-ANCA.

Organ involvement of 156 Japanese patients with AAV

Patterns of organ involvement defined by the BVAS 2003 scoring system were described and compared among patients with EGPA, GPA, and MPA/RLV (Table 3). Most patients with AAV presented with constitutional symptoms. Cutaneous and nervous system manifestations were most common in patients with EGPA (71.4% and 92.9%, respectively). Ear, nose, and throat manifestations and chest manifestations were characteristic of patients with GPA (84.9% and 66.7%, respectively). It is noteworthy that ILD is not included in the BVAS 2003 scoring system. Renal manifestations developed frequently in patients with MPA/RLV (91.0%) but also in patients with GPA (63.6%). The mean serum creatinine level and prevalence of ILD in patients with MPA/RLV was higher than that in patients with EGPA and GPA, with a significant difference between MPA/RLV and EGPA for both (Table 1). Unclassifiable patients had cutaneous (32.3%), renal (48.4%), and nervous system (48.4%) manifestations (Table 3).

Differences in clinical features between MPO-ANCA-positive and PR3-ANCA-positive AAV

We compared the demographic and clinical features of Japanese patients with AAV who had MPO-ANCA and those who had PR3-ANCA (Table 4). Patients with MPO-ANCA were significantly older at the time of presentation ($P = 0.012$) and had a higher rate of ILD ($P = 0.0015$). The mean serum creatinine level was numerically higher in patients with MPO-ANCA. According to the BVAS 2003 scoring system, MPO-ANCA-positive patients had more cutaneous ($P = 0.046$) and renal ($P = 0.010$) manifestations and fewer ear, nose, and throat manifestations ($P < 0.0001$) with statistical significance.

Of the 33 patients with GPA, 15 patients, 12 patients, and three patients were positive for MPO-ANCA alone, for PR3-ANCA alone, or for both ANCAs, respectively, but three patients were negative for ANCA. Patients with GPA who had MPO-ANCA had a numerically higher rate of renal disease (86.7%) than those with PR3-ANCA (41.7%). The mean serum creatinine level of patients with MPO-ANCA-positive GPA (2.05 ± 0.35 mg/dl) was also numerically higher than that of patients with PR3-ANCA-positive GPA (1.03 ± 0.39 mg/dl).

Clinical features of patients with or without interstitial lung disease

We compared the demographic and clinical characteristics of the patients with and without ILD (Table 5). MPO-ANCA was found significantly more frequently ($P < 0.001$) and PR3-ANCA was found less frequently ($P = 0.038$) in patients with ILD. These patients also tended to have more early systemic diseases and less generalised or severe diseases ($P = 0.059$) and had significantly lower BVAS ($P = 0.019$). The mean serum creatinine level and rates of patients with constitutive symptoms were similar between the two subgroups. The patients with ILD also had statistically fewer ear, nose, and throat ($P = 0.006$) and cardiovascular ($P = 0.012$) manifestations.

Table 2 Surrogate markers in nine patients who were classified with granulomatosis with polyangiitis using these markers

	Number of patients (MPO-ANCA/PR3-ANCA ^a)
X-ray evidence of fixed pulmonary infiltrates, nodules, or cavitations present for >1 month	1 (1/0)
Bronchial stenosis	0 (0/0)
Bloody nasal discharge and crusting for 1 month or nasal ulceration	1 ^b (0/1)
Chronic sinusitis, otitis media, or mastoiditis for >3 months	7 ^c (4/5)
Retro-orbital mass or inflammation (pseudotumor)	0 (0/0)
Subglottic stenosis	1 (0/1)
Saddle nose deformity/destructive sinonasal disease	1 (0/1)

ANCA, antineutrophil cytoplasmic antibody; MPO, myeloperoxidase; PR3, proteinase-3. ^aMPO-ANCA/PR3-ANCA, anti-myeloperoxidase antibody-positive versus anti-proteinase-3 antibody-positive patients. ^bOne patient had bloody nasal discharge and crusting and chronic sinusitis, and another patient had subglottic stenosis and saddle nose deformity. ^cFive patients with chronic sinusitis, three patients with otitis media, and no patients with mastoiditis.

Table 3 Comparison of disease activity and organ involvement among AAV diseases

	EGPA (n = 14)	GPA (n = 33)	MPA/RLV (n = 78)	Unclassifiable (n = 31)
BVAS	16.1 ± 7.7	19.9 ± 7.4	18.4 ± 7.3	12.1 ± 7.6
General	10 (71.4)	23 (69.7)	56 (71.8)	29 (93.6)
Cutaneous ^{a,b}	10 (71.4)	3 (9.1)	16 (20.5)	10 (32.3)
Mucous membranes/eyes	1 (7.1)	8 (24.2)	9 (11.5)	2 (6.5)
Ear, nose, and throat ^{a,b,c}	6 (42.9)	28 (84.9)	7 (9.0)	1 (3.2)
Chest ^c	5 (35.7)	22 (66.7)	30 (38.5)	6 (19.4)
Cardiovascular	2 (14.3)	4 (12.1)	6 (7.7)	0 (0)
Abdominal	0 (0)	1 (3.0)	0 (0)	1(3.2)
Renal ^{a,b}	2 (14.3)	21 (63.6)	71 (91.0)	15 (48.4)
Nervous system ^{a,b}	13 (92.9)	14 (42.4)	33 (42.3)	15 (48.4)

Values expressed as mean ± standard error or number (percentage). Disease activity and patterns of organ involvement were defined by the BVAS 2003 scoring system. AAV, antineutrophil cytoplasmic antibody-associated vasculitis; BVAS, Birmingham Vasculitis Activity Score; EGPA, eosinophilic granulomatosis with polyangiitis; GPA, granulomatosis with polyangiitis (Wegener's granulomatosis); MPA, microscopic polyangiitis; RLV, renal-limited vasculitis. Comparisons between the EGPA, GPA, and MPV/RLV groups were made by Student *t* test or Mann-Whitney *U* test. Statistical significance was determined by *P* < 0.05/3 using Bonferroni correction: ^aEGPA versus GPA, ^bEGPA versus MPA/RLV, ^cGPA versus MPA/RLV. Unclassifiable AAV was not compared with other forms of AAV.

Discussion

This is the first study to apply the EMEA algorithm to prospectively collected and high-quality data of AAV patients outside Europe and to elucidate the clinical phenotypes of the disease. In this study, 156 Japanese patients with newly diagnosed AAV were enrolled from major universities and referring hospitals across Japan and classified according to the EMEA algorithm. The results clearly indicated that MPO-ANCA-positive MPA/RLV was the most common form of AAV in the Japanese population, and more than one-half of the patients with EMEA algorithm-classified GPA showed MPO-ANCA positivity. In addition, we showed that ILD was a common manifestation in Japanese patients with AAV, especially in those with MPA.

The predominance of MPA/RLV and MPO-ANCA positivity in the Japanese population is in marked contrast to the results of studies previously reported from European countries and the United States [3,17-19]. Watts and colleagues validated the EMEA algorithm using 80 paper cases that were originally written for evaluation of the BVAS system for systemic vasculitis with some modifications, representing the relative frequency of AAV in their communities as follows: GPA > MPA > EGPA [4]. It is therefore indispensable and important to evaluate the utility of the EMEA algorithm in ethnicities outside Europe, as we did in this study. We found some difficulties in the classification between GPA and MPA with the EMEA algorithm; for example, of the nine patients classified as having GPA owing to the presence of GPA surrogate markers, five had chronic sinusitis in which granulomatous inflammation was not proven by histology. Because chronic sinusitis is a common disease and because fixed pulmonary infiltrates and otitis media are sometimes observed in

AAV diseases other than GPA, classification of AAV using GPA surrogate markers should be cautiously applied in the countries or regions where MPA is more prevalent than GPA.

Within the spectrum of AAV, there are interesting geographic differences in the relative incidence of GPA versus MPA as well as of MPO-ANCA versus PR3-ANCA positivity [20]. In European countries, the incidence of GPA is approximately 4.9 to 10 per million, depending on the geographic location, with higher incidences reported in more northern countries and lower incidences in more southern countries [21,22]. A similar inverse relationship between GPA and MPA has been observed in the Southern Hemisphere [22]. A higher incidence of MPA/RLV than GPA and the predominance of MPO-ANCA found in the Japanese and Chinese AAV populations [3,5] could be related to the lower latitude of these countries.

GPA and MPA are heterogeneous entities with overlapping phenotypes. Recent studies have indicated that the classification system based on ANCA specificity (that is, MPO-ANCA versus PR3-ANCA) may better reflect the phenotypic spectrum of AAV. Cluster analysis of patients with newly diagnosed GPA and MPA from five clinical trials showed that the ANCA specificity classification may be more strongly associated with outcomes such as death and relapse rate than the traditional GPA-MPA separation [23]. Moreover, compared with the CHCC definition and the EMEA algorithm, ANCA specificity was more predictive of relapse in patients with biopsy-proven AAV; patients with PR3-ANCA were almost twice as likely to experience a relapse as those with MPO-ANCA [24]. In this regard, it is intriguing that a genome-wide association study of a European population revealed the presence of genetic distinctions between GPA and MPA that are associated with

Table 4 Comparison of demographics and disease manifestations in MPO-ANCA-positive and PR3-ANCA-positive patients

	MPO-ANCA (n = 125)	PR3-ANCA (n = 13)	P value
Male/female	47/78	6/7	0.56
Mean (median) age (years)	70.0 ± 1.04 (73)	61.3 ± 3.2 (61)	0.012
Serum creatinine (mg/dl)	1.94 ± 0.17	1.22 ± 0.53	0.19
Interstitial lung disease	57 (45.6)	0 (0)	0.0015
Alveolar haemorrhage	11 (8.8)	1 (7.7)	0.89
Disease severity			0.26
Localised	2 (1.6)	1 (7.7)	
Early systemic	33 (26.4)	2 (15.4)	
Generalised	68 (54.4)	8 (61.5)	
Severe	22 (17.6)	2 (15.4)	
General performance ^a			0.26
0/1/2/3/4	16/44/26/31/8	4/6/1/2/0	
BVAS ^b			
BVAS	17.5 ± 0.71	17.5 ± 2.2	0.99
General	95 (76.0)	10 (76.9)	0.94
Cutaneous	30 (24.0)	0 (0)	0.046
Mucous membranes/eyes	16 (12.8)	4 (30.8)	0.08
Ear, nose, and throat	22 (17.6)	12 (92.3)	<0.0001
Chest	49 (39.2)	7 (53.9)	0.31
Cardiovascular	8 (6.4)	2 (15.4)	0.23
Abdominal	2 (1.6)	0 (0)	0.65
Renal	98 (78.4)	6 (46.2)	0.010
Nervous system	55 (44.0)	4 (30.8)	0.36

Values expressed as mean ± standard error or number (percentage) unless otherwise noted. Five patients who were double-positive for both ANCAs were excluded from this analysis. ANCA, antineutrophil cytoplasmic antibody; BVAS, Birmingham Vasculitis Activity Score; MPO, myeloperoxidase; PR3, proteinase-3. ^aGeneral performance was categorised according to the World Health Organization performance status except category 5 (death). ^bDisease activity and patterns of organ involvement were defined by the BVAS 2003 scoring system.

ANCA specificity [25]. Because of the limited number of patients with PR3-ANCA in our RemIT-JAV cohort, we were not able to perform cluster analysis within this database. We are currently implementing another large-scale cohort study of Japanese patients with AAV, and the combined database will enable us to clarify an association between ANCA positivity and clinical characteristics of AAV in the Japanese population.

MPO-ANCA may contribute to the severity of chronic renal injury and the prevalence of ILD in patients with AAV. Studies of renal biopsy specimens from patients with AAV have demonstrated a higher prevalence and/or severity of renal lesions in MPO-ANCA-positive patients compared with PR3-ANCA-positive patients [26]. These reports are in line with our findings that the mean

Table 5 Comparing patients with or without interstitial lung disease

	Patients with ILD (n = 61)	Patients without ILD (n = 95)	P value
Male/female	28/33	33/62	0.16
Mean (median) age (years)	69.3 ± 1.6 (71)	67.3 ± 1.3 (71)	0.26
MPO-ANCA	60 (98.3)	70 (73.7)	<0.001
PR3-ANCA	3 (4.9)	15 (15.8)	0.038
Serum creatinine (mg/dl)	1.61 ± 0.23	1.83 ± 0.19	0.45
Disease severity			0.059
Localised	1 (1.7)	3 (3.1)	
Early systemic	21 (34.4)	15 (15.8)	
Generalised	31 (50.8)	60 (63.2)	
Severe	8 (13.1)	17 (17.9)	
General performance ^a			0.47
0/1/2/3/4	11/25/11/12/2	11/33/17/28/6	
BVAS ^b			
BVAS	15.4 ± 1.0	18.4 ± 0.8	0.019
General	49 (80.3)	69 (72.6)	0.27
Cutaneous	13 (21.3)	26 (27.4)	0.39
Mucous membranes/eyes	5 (8.2)	15 (15.8)	0.17
Ear, nose, and throat	9 (14.8)	33 (34.7)	0.006
Chest	22 (36.1)	41 (43.2)	0.38
Cardiovascular	1 (1.7)	11 (11.6)	0.012
Abdominal	0 (0)	2 (2.1)	0.25
Renal	44 (72.1)	65 (68.4)	0.62
Nervous system	28 (45.9)	47 (49.5)	0.66

Values expressed as mean ± standard error or number (percentage) unless otherwise noted. ANCA, antineutrophil cytoplasmic antibody; BVAS, Birmingham Vasculitis Activity Score; ILD, interstitial lung disease; MPO, myeloperoxidase; MPA, microscopic polyangiitis; PR3, proteinase-3. ^aGeneral performance was categorised according to the World Health Organization Performance Status except category 5 (death). ^bDisease activity and patterns of organ involvement were defined by the BVAS 2003 scoring system.

serum creatinine level of MPO-ANCA-positive patients was numerically higher than that of PR3-ANCA-positive patients (1.94 versus 1.22 mg/dl).

A number of case reports and small case series have indicated that ILD developed more frequently in patients with MPO-ANCA-positive AAV, mainly in those with a diagnosis of MPA, compared with patients with PR3-ANCA-positive AAV [27,28]. A high ratio of MPO-ANCA positivity to PR3-ANCA positivity and a high prevalence of ILD have been reported in Asian countries [8-10], and *vice versa* in northern European countries; ILD was reported in 7.2% of all patients with MPA in the United Kingdom and in less than 10% in other European

countries [11,12]. In this study, we confirmed a high prevalence of ILD in Japanese patients with AAV. These patients were categorised as having a milder form (that is, more early systemic and less generalised or severe diseases) and lower disease activity according to the BVAS (Table 5), partially because ILD is not included in these definitions. Investigation of the clinical courses and prognoses of patients with ILD will shed more light on the relevance of ILD in the severity and activity of AAV.

We identified 16 unclassifiable AAV patients with ILD who were eligible for the EMEA algorithm because they were MPO-ANCA-positive, had symptoms and signs compatible with AAV such as general symptoms, and could not be diagnosed as having other diseases. A previous study reported that MPO-ANCA seroconversion from negative to positive occurred in 10% of patients with ILD in their clinical courses and that some patients with MPO-ANCA and ILD eventually developed typical MPA [29]. On the other hand, vasculitis was proven in five of 15 biopsy specimens of MPO-ANCA-positive patients with pulmonary fibrosis [13]. These data indicate that patients with unclassifiable AAV and ILD could be classified as having MPA. Further investigation is required to pursue this possibility.

This study has some limitations. The number of patients evaluated was limited, and the patient data were collected from the university and referral hospitals in large cities in Japan, which might cause tertiary care biases for the relative frequency of AAV diseases.

Conclusions

MPO-ANCA-positive MPA/RLV is the most common component of AAV in the Japanese population, and more than one-half of patients with GPA are also positive for MPO-ANCA. ILD is an important clinical manifestation in Japanese patients with AAV. Unclassifiable vasculitis with MPO-ANCA positivity and ILD may represent a novel variant of MPA. These data confirm the substantial difference in clinical and ANCA serological features of AAV between western countries and Asian countries, including Japan, and indicate that further investigation and discussion are required from a global perspective for a better AAV classification system that can be applied to all geographic areas and ethnicities.

Consent

This study was approved by the following ethical committees: Ethics Committee of the Okayama University Graduate School of Medicine, Dentistry and Pharmaceutical Sciences; Medical Research Ethics Committee of Tokyo Medical and Dental University; Kyoto University Ethics Committee Review Board; Ethics Committee of Kagawa University; Ethics Committee of Juntendo University School of Medicine; Ethics Committee University

of Tsukuba Hospital; Ethics Committee of St. Marianna University School of Medicine; Kanazawa University Ethical Committee; Ethics Committee of the University of Tokyo; Ethics Committee of Kyorin University School of Medicine; Saitama Medical Center Hospital Ethics Committee; Research Ethics Committee of the University of Miyazaki; Local Ethics Committee of Toho University; Ethics Committee of Kobe University Hospital; Ethics Committee of Kitano Hospital, The Tazuke Kofukai Medical Research Institute; Shimane University Institutional Committee on Ethics; Ethics Review Committee of Nagoya City University Graduate School of Medical Sciences; Ethics Committee of Ehime University Graduate School of Medicine; Ethics Committee of Jichi Medical University; Ethics Committee of Kyoto Prefectural University School of Medicine; Ethics Committee of Tokyo Medical University Hachioji Medical Center; Ethics Committee of Kitasato University Hospital; and Ethics Committee of Hamamatsu University School of Medicine.

Appendix

Research Committee of Intractable Vasculitis Syndrome of the Ministry of Health, Labour, and Welfare of Japan: in addition to the authors, the following investigators and institutions participated in this study: Department of Rheumatology and Clinical Immunology, Saitama Medical Center, Saitama Medical University (Koichi Amano); Department of Nephrology, Faculty of Medicine, University of Tsukuba (Kunihiro Yamagata); Department of Hemovascular and Artificial Organs, Faculty of Medicine, University of Miyazaki (Shouichi Fujimoto); Department of Respiratory Medicine, Toho University Omori Medical Center (Sakae Homma); Department of Clinical Pathology and Immunology, Kobe University Graduate School of Medicine (Shunichi Kumagai); Center for Nephrology and Urology, Division of Nephrology and Dialysis, Kitano Hospital, Tazuke Kofukai Medical Research Institute (Eri Muso); Department of Rheumatology, Shimane University Faculty of Medicine (Yohko Murakawa); Division of Rheumatology, Department of Medical Oncology and Immunology, Nagoya City University Graduate School of Medical Science (Shogo Banno); Department of Bioregulatory Medicine, Ehime University Graduate School of Medicine (Hitoshi Hasegawa); Division of Nephrology, Department of Internal Medicine, Jichi Medical University (Wako Yumura); Department of Cardiovascular Medicine, Kyoto Prefectural University School of Medicine (Hiroaki Matsubara); Division of Nephrology, Tokyo Medical University Hachioji Medical Center (Masaharu Yoshida); Department of Dermatology, Kitasato University School of Medicine (Kensei Katsuoka); and Third Department of Internal Medicine, Division of Immunology and Rheumatology, Hamamatsu University School of Medicine, Hamamatsu (Noriyoshi Ogawa).

Abbreviations

AAV: antineutrophil cytoplasmic antibody-associated vasculitis;
ACR: American College of Rheumatology; ANCA: antineutrophil cytoplasmic antibody; BVAS: Birmingham Vasculitis Activity Score; CHCC: Chapel Hill Consensus Conference; EGPA: eosinophilic granulomatosis with polyangiitis (Churg–Strauss syndrome); EMEA: European Medicines Agency;
GPA: granulomatosis with polyangiitis (Wegener's granulomatosis);
ILD: interstitial lung disease; MPA: microscopic polyangiitis;
MPO: myeloperoxidase; PR3: proteinase-3; RemIT-JAV: Remission Induction Therapy in Japanese Patients with ANCA-associated Vasculitides;
RLV: renal-limited vasculitis.

Competing interests

MH has received research grants and/or honoraria from Abbott Japan Co., Ltd, Astellas Pharma Inc., Bristol-Myers Squibb KK, Chugai Pharmaceutical Co., Ltd, Eisai Co., Ltd, Janssen Pharmaceutical KK, Mitsubishi Tanabe Pharma Co., Santen Pharmaceutical Co., Ltd, Takeda Pharmaceutical Co., Ltd, Teijin Pharma, Ltd, and Pfizer Japan Inc. TF has received research grants from Abbott Japan Co., Ltd, Astellas Pharma Inc., Bristol-Myers Squibb KK, Chugai Pharmaceutical Co., Ltd, Daiichi-Sankyo Pharmaceutical Co. Ltd, Eisai Co., Ltd, Mitsubishi Tanabe Pharma Co, Takeda Pharmaceutical Co., Ltd, and Pfizer Japan Inc. HM serves as a consultant to AbbVie Inc., Astellas Pharma Inc., and Teijin Pharma Ltd; received honoraria from Astellas Pharma Inc., MSD KK, Takeda Pharmaceutical Co., Ltd, and Mitsubishi Tanabe Pharma Co.; and received research funding from Astellas Pharma Inc., Daiichi Sankyo Inc., Dainippon Sumitomo Pharma Co., Ltd, MSD KK, Novo Nordisk Pharma Ltd, and Takeda Pharmaceutical Co., Ltd.

Authors' contributions

KS was responsible for conception and design, data collection and analysis, and manuscript writing. MY, MH, and TF were responsible for conception and design, data collection and analysis, and critical revision. HD, YT, SI, HY, TW, and JH were responsible for data collection and interpretation, and critical revision. YA and HM were responsible for conception and design, data collection and analysis, and critical revision. All authors read and approved the final manuscript.

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V. プログラム・抄録

厚生労働科学研究費補助金 難治性疾患等政策研究事業

難治性血管炎に関する調査研究班

平成 26 年度 第 1 回班会議

プ ロ グ ラ ム

平成 26 年 9 月 14 日（日） 10 : 00 ~ 17 : 00

於 都市センターホテル 6 階 601 会議室

研究代表者 有村 義宏

難治性血管炎に関する調査研究班
平成26年度 第1回班会議 プログラム

平成26年9月14日(日)

1. 厚生労働省より基調講演 10:00-10:10
厚生労働省 健康局疾病対策課 松倉 遊
2. 今年度の活動目標 10:10-10:30
研究代表者 有村 義宏
3. 今年度の研究分担者・研究協力者紹介／研究計画／進捗状況報告
 - I. 大型血管炎臨床分科会活動計画 10:30-10:50
分科会長 磯部 光章
 - II. 中・小型血管炎臨床分科会活動計画 10:50-11:15
分科会長 針谷 正祥
 - III. 臨床病理分科会活動計画 11:15-11:35
分科会長 石津 明洋
 - IV. 国際協力分科会活動計画 11:35-11:55
分科会長 藤元 昭一
 - V. 横断協力分科会活動計画 11:55-12:15
分科会長 高崎 芳成
 - VI. 総合討論 12:15-12:30

～ お 昼 休 憩 ～ 12:30-13:30
4. ガイドライン作成について 講演 13:30-14:30
研究分担者 中山 健夫
(日本医療機能評価機構:Minds)
5. ガイドライン作成に関する具体的検討 14:30-15:20
研究分担者 中山 健夫
(日本医療機能評価機構:Minds)
6. 事務局より連絡 15:20-15:30
研究分担者 駒形 嘉紀
7. 各分科会小委員会 15:30-17:00
 - 大型血管炎臨床分科会 603 会議室
 - 臨床病理分科会 604 会議室
 - 中・小型血管炎臨床分科会 601 会議室
 - 国際協力分科会 607 会議室
 - 横断協力分科会 608 会議室

※尚、昼食時に 603 会議室にて「血管炎登録・ガイドライン作成・普及推進委員会」
(研究代表者・各分科会長・事務局)を開催いたします。

大型血管炎分科会活動計画

分科会長

磯部光章 東京医科歯科大学大学院循環制御内科学

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渡部芳子 川崎医科大学生理学1

大型血管炎分科会では、高安動脈炎と巨細胞性血管炎の診療の質向上に資するため、臨床的諸問題を解決するなかで標準的診療ガイドラインの作成を目指す。いずれも比較的稀少な疾患ではあるが、特に前者は本邦で発見され、日本人の医学研究者の名を冠した疾患であり、これまで我が国の医学者が研究の主翼を担ってきた疾患である。

高安動脈炎については、前研究班での前向き登録研究をさらに進めることで、本疾患の臨床的特徴、最近の画像診断法の進歩が診断効率の向上に寄与しているか、免疫抑制剤とくに生物学的製剤が本疾患の寛解導入、生命予後改善に有効であるか、を明らかにする。また最近本邦にて **GWAS** で明らかにされたリスク遺伝子と病型の関連を明らかにし、新しい診療体系の確立とそれに基づくガイドラインの作成を目指す。

巨細胞性血管炎については本邦における信頼に足る新しいデータベースが乏しい。まず、後ろ向きに患者登録を進め、我が国における本疾患の実態を把握する。同時に高安動脈炎と同じ前向き登録研究を継続する。もってエビデンスに基づくガイドライン作成を目指す。特に両疾患の臨床像は欧米における臨床像と異なることが示唆されており、疾患概念についても議論があるところである。新しいガイドラインでは、この点について明らかにするなかで国際的にも通用する理論を構築したい。

Clinical Questions

- 1) 高安動脈炎に対する中等量(20-30mg) のステロイド投与はより高容量 (40-60mg または 0.8-1mg/kg) のステロイド投与より有効と言えるか？
- 2) 高安動脈炎に、免疫抑制剤投与は投与しない場合に比べて、生命予後、血管合併症の改善に有効か？
- 3) 高安動脈炎で、新しい画像診断で得られる情報に基づく病型診断は、予後改善に有効か？
- 4) 高安動脈炎におけるリスク遺伝子の診断に基づく治療法の選択は予後改善に有効か？
- 5) 高安動脈炎における血管狭窄に対して行われる血管内治療は予後改善に有効か？
- 6) 巨細胞性血管炎(GCA)と高安動脈炎の疫学的調査は、両者の病態の違いを明らかにするか、さらに GCA の寛解導入療法・維持療法の向上に有効か？

中・小型血管炎分科会活動計画

難治性血管炎に関する調査研究—中・小型血管炎臨床分科会

分科会長：針谷正祥（東京医科歯科大学大学院医歯学総合研究科 薬害監視学講座）

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中・小型血管炎の主要疾患である抗好中球細胞質抗体（ANCA）関連血管炎（顕微鏡的多発血管炎、多発血管炎性肉芽腫症、好酸球性多発血管炎性肉芽腫症）は、血清中のANCA出現と多臓器病変を特徴とする難治性再発性疾患であり、複数科の専門家がその診断・治療に携わっている。難治性血管炎調査研究班は昨年度までに、ANCA関連血管炎に関連する2班と共同で、ANCA関連血管炎の診療ガイドラインを作成・改訂し、全国レベルでの診断・治療の標準化に寄与してきた。本分科会では、ANCA関連血管炎患者のアウトカムをさらに向上させるために、最新の診療ガイドライン作成手法にもとづき、同ガイドラインの全面的な改訂を行い、併せて、その後の定期的なガイドラインの改訂に必要な研究を実施する。平成26年度は以下の研究課題に取り組む。

1) ANCA 関連血管炎の診療ガイドライン作成

同ガイドライン（2014年改訂版）を全面改訂し、平成28年度末の出版を目指す。医療情報サービス Minds が提案する最新のガイドライン作成手法等を参考に、ANCA関連血管炎の診療に携わる各領域の専門家を含めたガイドライン作成グループ、システマティックレビュー（SR）チームを形成し、改訂作業を進める。平成26年度は、診療アルゴリズム案を作成し、重要臨床課題を決定し、それらに基づいたクリニカルクエスチョン（CQ）を決定し、SRを開始する。ガイドラインの作成にあたっては、ANCA関連血管炎に関連する既存のガイドラインとの整合性も十分検討する。平成26年6月4日に第1回分科会を開催し、ガイドライン作成の目的・方法・基本方針等を討議した。