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(2/2 冊)

平成 24 年度～26 年度 総合研究報告書  
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# Novel aspects on the pathogenesis of *Mycoplasma pneumoniae* pneumonia and therapeutic implications

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*Mycoplasma pneumoniae* (Mp) is a leading cause of community acquired pneumonia. Knowledge regarding Mp pneumonia obtained from animal models or human subjects has been discussed in many different reports. Accumulated expertise concerning this critical issue has been hard to apply clinically, and potential problems may remain undiscovered. Therefore, our multidisciplinary team extensively reviewed the literature regarding Mp pneumonia, and compared findings from animal models with those from human subjects. In human beings, the characteristic pathological features of Mp pneumonia have been reported as alveolar infiltration with neutrophils and lymphocytes and lymphocyte/plasma cell infiltrates in the peri-bronchovascular area. Herein, we demonstrated the novel aspects of Mp pneumonia that the severity of the Mp pneumonia seemed to depend on the host innate immunity to the Mp, which might be accelerated by antecedent Mp exposure (re-exposure or latent respiratory infection) through up-regulation of Toll-like receptor 2 expression on bronchial epithelial cells and alveolar macrophages. The macrolides therapy might be beneficial for the patients with macrolide-resistant Mp pneumonia via not bacteriological but immunomodulative effects. This exhaustive review focuses on pathogenesis and extends to some therapeutic implications such as clarithromycin, and discusses the various diverse aspects of Mp pneumonia. It is our hope that this might lead to new insights into this common respiratory disease.

**Keywords:** *Mycoplasma pneumoniae* pneumonia, animal models, epidemiology, pathology, pathogenesis

## INTRODUCTION

*Mycoplasma pneumoniae* (Mp) was first isolated in tissue culture from the sputum of a patient with primary atypical pneumonia by Eaton et al. (1944). This "Eaton's agent" was shown to be a *Mycoplasma* species in 1961. Chanock et al. succeeded in culturing Eaton's agent in mammalian cell-free medium and proposed the taxonomic designation Mp in 1963 (Chanock et al., 1962; Chanock, 1963). Mp is a unique organism that lacks a cell wall in any circumstances, and does not need a host cell for replication. This organism causes a variety of clinical presentations, from self-limiting to life-threatening. The disease severity seems to depend on the degree of host's defenses. In this review, we focused on the pathogenesis of Mp pneumonia from the perspective of host defenses, based on findings from our mouse models.

## EPIDEMIOLOGY

Mp is one of the most common pathogens of community-acquired pneumonia (CAP) in adults (Table 1). In general, both regional differences and varying periods of surveillance may

influence the results of etiological studies of infectious diseases. Table 1 summarizes the proportions of adult Mp pneumonia among CAP populations enrolled in several large-scale studies conducted in various countries (Marston et al., 1997; Ngeow et al., 2005; Arnold et al., 2007; Von Baum et al., 2009; Gilloniz et al., 2011). Mp pneumonia accounted for 10.6–17.0 and 3.0–20.8% of CAP in out- or in-patients settings, respectively, and the frequency of ICU admission was relatively low (2–3.6%). Arnold et al. showed that Mp is the most common atypical pneumonia pathogen, accounting for 11–15% of CAP throughout the world (Arnold et al., 2007). Serological studies in Denmark over a 50-year period showed that Mp infections exhibit epidemic periodicity every 3–5 years, but this trend now seems to be getting obscured (Lind et al., 1997). Mp pneumonia occurs at any age, but the incidence is less common in elderly, as compared with young adults (Lim et al., 2009), and is highest among school-aged children (Foy et al., 1979).

Macrolides were recommended for treatment of microbiologically defined Mp pneumonia. However, macrolide-resistant