

cells and PDCs (47). Very recently, epidermal keratinocytes damaged by UV light exposure were shown to release self-noncoding RNA by which TLR-3 was ligated, leading to an alteration in immune responses (48). In addition, self-nucleic acids released after skin injury have been shown to trigger TLR-7/TLR-9 activation and to promote PDC infiltrates and the production of type I IFN (49,50). In this regard, we speculate that the continuous release of self-RNA from apoptotic epidermal cells after injury or solar damage may trigger homeostatic TLR-7 activation, leading to systemic autoimmune disease. Patients with SLE are photosensitive, and this effect was also reproduced in imiquimod-treated mice. It is noteworthy that the skin where imiquimod was applied showed marked photosensitivity, suggesting that locally activated TLR-7 in the skin might contribute to an acute inflammatory response to UV irradiation. In conclusion, the present study not only provides a novel protocol for generating a lupus model in WT mice but also highlights the skin as the primary organ where TLR-7 signaling leads to systemic autoimmunity, as in SLE.

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#### AUTHOR CONTRIBUTIONS

All authors were involved in drafting the article or revising it critically for important intellectual content, and all authors approved the final version to be published. Dr. Sano had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

**Study conception and design.** Sano.

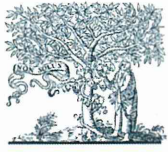
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**Analysis and interpretation of data.** Terada, Sano.

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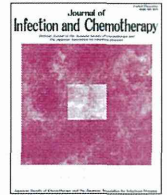
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## Case report

# A case of secondary syphilis demonstrating nephrotic syndrome and a solitary intrahepatic mass in a human immunodeficiency virus-1-infected patient

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## ABSTRACT

A 37-year-old, human immunodeficiency virus-1-infected Japanese man was referred because of nephrotic syndrome following emergence of generalized skin rash. Serological tests for syphilis turned out to be positive within ten months of the referral. Abdominal echography incidentally revealed a solitary intrahepatic mass without a detectable blood flow in segment 7. The patient's signs and symptoms, as well as the intrahepatic mass, resolved promptly after administration of amoxicillin. We consider that, in the present case, secondary syphilis caused the nephrotic syndrome and the intrahepatic mass, both of which have rarely been reported to date.

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## 1. Introduction

Syphilis is a complex systemic disease caused by infection of *Treponema pallidum*, usually acquired through sexual contact or transmitted from mother to baby. Acquired syphilis is generally divided into four stages: primary, secondary, latent, and tertiary diseases. Each stage is characterized with typical clinical and laboratory presentations [1]. However, recent prevalence of human immunodeficiency virus (HIV) infection, another sexually transmitted disease, has altered the epidemiology of syphilis, including more severe manifestation in early stages and more rapid progression to late stages [2].

Presentation of diverse symptoms due to multisystem involvement is a characteristic of secondary syphilis. Skin rash, condylomata lata, mucocutaneous lesions, and generalized lymphadenopathy are those commonly demonstrated in this stage [3,4]. Rare manifestations include hepatitis [5,6], proctitis [7], meningitis [8], and arthritis [9]. Nephrotic syndrome is a complication infrequently reported in patients with secondary syphilis [10,11]. A study conducted in the pre-penicillin era showed that 0.28% of patients with early syphilis

developed nephrotic syndrome [12]. In contrast, only a few cases of syphilitic nephrosis have been reported among patients with HIV infection [13,14]. Here, we report a case of an HIV-1-infected patient developing nephrotic syndrome associated with secondary syphilis. In addition, the patient demonstrated a solitary intrahepatic mass, an extremely rare manifestation in secondary syphilis.

## 2. Case report

A 37-year-old, bisexual Japanese man was referred because of edema on bilateral lower legs lasting for four months and exertional dyspnea worsening since one month before. He had a diagnosis of HIV-1 infection ten months before the referral, at which time both non-treponemal and treponemal serological tests were negative, but did not receive antiretroviral therapy. Although he denied any sexual contacts from the diagnosis, skin rash on the palms and the soles emerged two months before the referral. He did not note any previous symptoms indicating renal impairment.

On referral, the patient appeared unwell and complained of general fatigue, anorexia, and nonproductive cough. Abdominal pain, diarrhea, and nausea were denied. His axillary temperature was 37.4 °C and blood pressure was 152/95 mmHg. Physical examination revealed macular rash over the trunk, palms, and soles, painless lymphadenopathy in the bilateral axillary and inguinal regions, pretibial pitting edema on both legs, and systolic murmurs.

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No remarkable finding was manifested through abdominal examination. Blood tests showed normocytic anemia (erythrocyte:  $2.75 \times 10^6/\mu\text{L}$ , hemoglobin: 8.0 g/dL, mean corpuscular volume: 89.8 fL), hypoalbuminemia (2.2 g/dL), hypergammaglobulinemia (IgG: 3613 mg/dL, IgM: 496 mg/dL), and elevation of serum creatinine (1.71 mg/dL). Creatinine clearance estimated with Cockcroft and Gault's equation was 58.6 mL/min. Total cholesterol was within a normal range (178 mg/dL). The CD4+ lymphocyte count and the plasma HIV-1 viral load were 403/ $\mu\text{L}$  and  $1.8 \times 10^5$  copy/mL, respectively. Both rapid plasma reagin (RPR; 716.8 RPR unit) and treponema pallidum latex agglutination were positive. Anti-proteinase 3 antineutrophil cytoplasmic antibodies (ANCA) and anti-myeloperoxidase ANCA were negative. Urinalysis with a dipstick test showed marked proteinuria and hematuria. The protein/creatinine ratio in the urine was 5.6 g/g creatinine. Abdominal echography demonstrated enlargement of bilateral kidneys with echogenic cortices and a hypoechoic mass without a detectable blood flow,  $3.5 \times 2.4 \times 2.0$  cm in diameter, in segment 7 of the liver (Fig. 1A). Histopathological examinations of the kidneys and the lymph nodes were declined.

Under diagnosis of nephrotic syndrome with hypertension and secondary syphilis, oral furosemide (20 mg per day), release-controlled nifedipine (10 mg per day) and valsartan (40 mg per day) were given along with counseling on diet for restricting protein and sodium intakes. Oral amoxicillin (1 g per day) was also administered for four weeks because benzathine penicillin G, commonly used for treatment of early syphilis worldwide, is unavailable in Japan. General fatigue, skin rash, edema, and dyspnea improved and the size of swollen lymph nodes reduced within two weeks of the treatments. The Jarisch–Herxheimer reaction did not occur. The intrahepatic mass on echography disappeared almost completely after six weeks (Fig. 1B). Serum albumin and creatinine levels (4.0 g/dL and 1.02 mg/dL, respectively), as well as estimated creatinine clearance (95.4 mL/min), were normalized after ten weeks. However, daily quantities of urine protein excretion, measured using Urinamate<sup>®</sup> P (Sumitomo Bakelite, Tokyo, Japan), remained between 1.8 and 6.1 g until 23 weeks. Antiretroviral therapy with raltegravir (800 mg per day) and abacavir/lamivudine (600 mg/300 mg per day) was initiated after seven months. At a follow-up after 16 months, the serum RPR level and the daily quantity of urine protein excretion decreased to 4.6 RPR unit and 0.74 g, respectively.

### 3. Discussion

In the present case, positive conversion of syphilitic serologies and emergence of generalized skin rash showed that the patient was newly infected with syphilis, which had advanced to the secondary stage on referral. In addition to secondary syphilis, the patient had HIV infection, another potential cause of nephrosis [15]. Histopathological examination of the kidney may differentiate the etiology: membranous glomerulonephropathy is commonly found in those caused by syphilis [16,17] whereas focal segmental glomerulosclerosis by HIV infection [18,19]. In the present case, renal biopsy was declined. Then, histopathological diagnosis was unavailable. However, the patient's complaints, renal dysfunction, and hypoalbuminemia were rapidly improved after administration of amoxicillin and without treatment for HIV infection. Thus, we consider that, in the present case, the secondary syphilis was the principal cause of the nephrosis and HIV infection may have minimally, if at all, influenced the pathogenesis.

To our knowledge, there have been two reported cases of syphilitic nephrosis occurring in HIV-infected-patients. The first case was a 22-year-old homosexual man presenting pitting edema on the lower extremities and scrotum and a diffuse erythematous papulopustular rash (CD4+ lymphocyte count = 400/ $\mu\text{L}$ ) [13]. Intravenous penicillin (20 mU per day) for 10 days improved the edema, hypoalbuminemia (1.2 g/dL to 2.7 g/dL), and proteinuria (7.3 g/day to 1.4 g/day). The other was a 30-year-old African-American man with chronic kidney disease, who was diagnosed with neurosyphilis at presentation (CD4+ lymphocyte count = 1/ $\mu\text{L}$ ) [14]. After administration of intravenous ceftriaxone for 14 days, quantities of urine protein excretion decreased (4.5 g/day to 0.8 g/day) and serum creatinine levels returned to baseline (3 mg/dL to 1.8 mg/dL). It is unclear why only a few cases of syphilitic nephrosis have been reported among HIV-infected patients to date. One possibility is that immune dysregulation by HIV infection affects the frequency and severity of immune-mediated renal injury associated with syphilis. Another is that both syphilis and HIV infection may develop nephrotic syndrome so that precise differentiation of primary cause is difficult clinically.

In the present case, the daily quantity of urinary protein excretion on referral, estimated with the protein/creatinine ratio of a spot urine specimen [20], was approximately 5 g. Although the quantities gradually decreased, proteinuria persisted even 16 months after

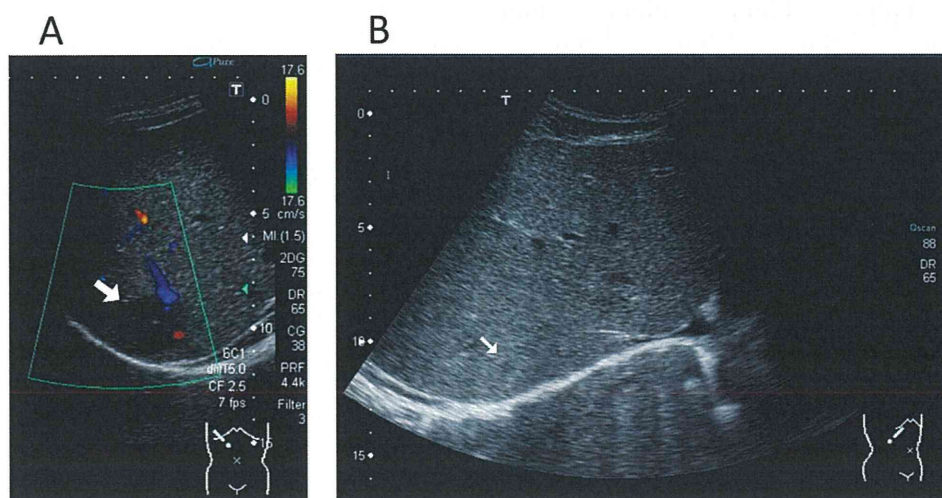


Fig. 1. Abdominal echograms taken on referral (A) and six weeks after antibiotic therapy was started (B). Arrows indicate an intrahepatic mass without a detectable blood flow ( $3.5 \times 2.4 \times 2.0$  cm in diameter) in segment 7 of the liver (A), which disappeared almost completely after antibiotic therapy (B).

antibacterial treatment. Generally, a short course of antimicrobial therapy resolves proteinuria caused by syphilitic nephrosis within several months [16,21–23]. In contrast, a case report, published in the 1970s, described that it took 18 months to confirm disappearance of proteinuria [24]. Reasons for the persistence of proteinuria in certain cases are unclear. Fortunately, to our knowledge, patients with syphilitic nephrosis may not suffer from serious sequelae after appropriate antibacterial therapy has been given [13,17,21].

A solitary intrahepatic mass, another unique finding in the present case, was incidentally detected during intraabdominal examination with echography. The mass, although initially suspected of being malignant lymphoma or an abscess, promptly disappeared after administration of amoxicillin, suggesting that the lesion was benign and associated with amoxicillin-susceptible organisms. To our knowledge, three case reports have described intrahepatic benign masses that resolved after treatment of syphilis [25–27]. Histopathological examination of an intrahepatic benign mass by Mahto et al. demonstrated proliferation of young fibroblasts and blood vessels with heavy lymphoplasmacytic infiltrate, typical findings of inflammatory pseudotumor [26]. We speculate that the intrahepatic mass in the present case was due to similar inflammatory changes, possibly caused by *T. pallidum* infection.

Diagnosis of syphilis may be more challenging under the prevalence of HIV infection not only because of the intrinsic variety of clinical pictures but also modified presentations caused by HIV co-infection. Because syphilis in early stages is easily treatable with antibiotics even in patients with HIV co-infection, physicians should take care not to overlook this disease. It is uncertain whether the two unusual manifestations, nephrotic syndrome and an intrahepatic mass, were associated with underlying HIV infection in the present case. Further accumulation of similar cases is necessary to clarify the significance of these manifestations.

#### Conflict of interest

None.

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# Carpal Tunnel Surgery as Proxy for Dialysis-Related Amyloidosis: Results from the Japanese Society for Dialysis Therapy

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## Key Words

Amyloidosis · Carpal tunnel syndrome · Risks · Epidemiology ·  $\beta_2$ -microglobulin clearance

## Abstract

**Background/Aims:** This study aims to identify current risk factors for developing dialysis-related amyloidosis using carpal tunnel syndrome (CTS) as proxy for general amyloidosis.

**Methods:** The cohort consisted of 166,237 patients on dialysis (mean age  $66.1 \pm 12.4$  years; mean dialysis vintage  $7.2 \pm 6.4$  years) who could be followed for a year between 2010 and 2011. Of these, 2,157 (1.30%) needed first-time CTS surgery during the study period. Odds ratios (ORs) for CTS were calculated at a 95% confidence interval (95% CI) after adjusting for age, gender, primary kidney disease, history of smoking, history of hypertension vintage, dialysis modality, use of high-flux membrane, body mass index, serum albumin, Kt/V, normalized protein catabolic rate, C-reactive protein, pretreatment  $\beta_2$ -microglobulin ( $\beta_2$ MG), and  $\beta_2$ MG clearance.

**Results:** Adjusted ORs of first-time CTS for vintages 10–15, 15–20, 20–25 (referent), 25–30, and >30 years were, respectively, 0.18 (0.12–0.26), 0.43 (0.31–0.62), 1.00, 2.37 (1.64–3.40), and 3.87 (2.52–5.93). Adjusted ORs for ages 40–50, 50–60 (referent), 60–70, 70–80, and >80 were 0.53 (0.30–0.94),

1.00, 1.89 (1.41–2.52), 1.52 (1.08–2.14), and 1.04 (0.60–1.80). Female gender, low serum albumin, and diabetic nephropathy were also associated with CTS. Pretreatment serum  $\beta_2$ MG and  $\beta_2$ MG clearance <80% were not significant, although  $\beta_2$ MG clearance >80% was negatively associated with CTS [OR 0.34 (0.13–0.90)]. **Conclusion:** ORs of first-time CTS almost doubled with every 5-year increase in dialysis vintage. ORs of CTS were highest for patients aged 60–70. Other factors associated with CTS were gender, serum albumin, and diabetic nephropathy.  $\beta_2$ MG clearance >80% may decrease the incidence of CTS.

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## Introduction

Amyloidosis is characterized by deposition of fibrillar amyloid protein in the extracellular space of various organs, resulting in their disorder. Dialysis-related amyloidosis (DRA), one of the systemic amyloidoses, is not uncommon in patients on long-term dialysis treatment. Many clinical manifestations of this process involve deposition of  $\beta_2$ -microglobulin ( $\beta_2$ MG) amyloid in osteoarticular sites [1, 2], especially synovial membranes, resulting in osteoarthropathy of the joints, carpal tunnel syn-

drome (CTS), and spondyloarthropathy [3–5]. Serum  $\beta_2$ MG levels among patients with renal failure increased to 20–80 mg/l, 10–50 times higher than the levels found in a healthy population (1.0–2.0 mg/l) [6, 7]. However, it was reported that the serum level of  $\beta_2$ MG – precursor protein of amyloid – may not be the sole cause of DRA [7]: age, dialysis vintage, chronic inflammation, oxidant stress, advanced glycation end product, and some genetic factors have also been considered major risk factors for DRA [8, 9]. Because mean dialysis vintages are getting longer in most medically advanced countries, prevention or management of DRA becomes an increasingly important issue for patients on dialysis.

Since the first case reported by Warren and Otieno [10], CTS is the most common presenting feature of DRA [6]; it results from entrapment of the median nerve in the wrist by deposition of  $\beta_2$ MG amyloid on the transverse carpal ligament or finger flexor synovium [4, 5, 11]. Although an autopsy study showed that prevalence of DRA reached 50% with dialysis vintage 4–7 years [12], clinically, CTS becomes a problem in patients with dialysis vintage over 10 years [8]. It was recently reported that the prevalence of CTS surgery among patients with dialysis vintage 10–15, 15–20, 20–25, and  $\geq 25$  years was, respectively, 2.6, 8.8, 23.2, and 51.5%, suggesting a strong association between DRA and dialysis duration [13]. An earlier study reported that the prevalence of CTS started increasing clinically when dialysis vintage was  $>8$  years, and half of the patients on dialysis 20 years were diagnosed with CTS [14].

Methods of dialysis and the quality of dialyzing materials have dramatically improved in the past 40 years, which may have contributed to preventing the onset of DRA or decreasing its incidence. In Japan, hemodialysis filtration (HDF) and biocompatible membranes made with polysulfone (for example) became standard in the 1980s; use of high-flux membranes – which meant lower accumulation of  $\beta_2$ MG than with low-flux dialysis [15] – became widespread in the 1990s. Improvement in the quality of dialysis solution dates to the late 1970s, when acetate-based dialysis solutions were completely replaced by bicarbonate-based dialysis solutions, and reverse osmosis was used to purify water, with endotoxin-cut filters used in the late 1990s.

Since dialysis technology is improving almost year by year, there is a clear need to update data on the incidence proportion (risk) of DRA and the risk factors associated with development of DRA symptoms in the modern era to help guide clinicians in monitoring those at greatest risk of amyloidosis build-up. Ideally, such data should come from

a large-scale cohort study, consisting of patients with long dialysis vintages and with few dropouts. Our study analyzed data from recent large-scale nationwide surveys in Japan. It took the first-time onset of CTS surgery as evidence of DRA development in hemodialysis (HD) patients, and identified the risk factors evident in those who had undergone first-time CTS surgery during the study period.

## Subjects and Methods

### Database Creation

The data were obtained from the nationwide surveys of dialysis patients conducted by the Japanese Society for Dialysis Therapy (JSDT). The creation of these questionnaire-based national surveys has been described previously [16, 17]. Briefly, data of all patients were collected annually from participating facilities. The data covered 297,126 patients dialyzed at 4,152 facilities in the 2010 survey, and 304,592 patients at 4,205 facilities in the 2011 survey. The study cohort consisted of those patients who had received maintenance dialysis for 12 months, December 2010 through December 2011, and whose data could be obtained for both 2010 and 2011. We excluded patients who had been dialyzed fewer than 3 times a week or fewer than 2 h per treatment, those who had received peritoneal dialysis or HD by  $\beta_2$ MG absorption column, those with a history of organ transplantation, and, finally, those with missing variables.

After exclusions, 166,237 patients remained. Demographic data and details of medical history were collected, with information on age, gender, dialysis vintage, height, body weight pre- and postdialysis, presence of diabetes, causes of renal failure, dialysis modality (HD or HDF), use of high-flux membrane, and history of smoking, hypertension, myocardial infarction, cerebrovascular diseases, amputation – and CTS surgery. In the cohort, 2,157 patients had received CTS surgery by the end of 2011 with no history of CTS surgery by the end of 2010, and thus had experienced their first CTS surgery during the study period.

### Laboratory Measures

Blood samples were drawn and measured at each dialysis center, typically within 24 h, and the most recent laboratory values at the time of survey were collected. Most laboratory values were measured monthly – and at least quarterly – including serum urea nitrogen, creatinine, serum albumin, calcium, phosphate, C-reactive protein (CRP), hemoglobin, intact parathyroid hormone (iPTH) or whole PTH, serum  $\beta_2$ MG, Kt/V, and normalized protein catabolic rate (nPCR) [18]. All these variables were measured before dialysis with the exception of postdialysis serum nitrogen and  $\beta_2$ MG.

### Statistical Methods

Data were summarized using proportions and means ( $\pm$ SD) as appropriate. Categorical variables were analyzed with the  $\chi^2$  test or Fisher's exact test as appropriate, and continuous variables were compared using the t test, Mann-Whitney U test, Kruskal-Wallis H test, or ANOVA as appropriate. Whole PTH (1–84 PTH) values were converted to iPTH values based on the equation: iPTH = whole PTH  $\times$  1.7 [19, 20]. Laboratory values in the data were refined using the following limits: albumin 1.0–5.0 g/dl; height 120–

**Table 1.** Patients' characteristics among dialysis vintage groups

	Total (n = 166,237)	~5 years (n = 80,135)	~10 years (n = 44,223)	~15 years (n = 22,258)	~20 years (n = 11,117)	~25 years (n = 5,121)	~30 years (n = 2,253)	>30 years (n = 1,130)	p value
Female gender, %	37.4	34.8	38.0	40.7	42.5	44.5	45.3	42.8	<0.01
Modality, %									
Hemodialysis	95.0	97.2	95.1	93.3	90.0	87.5	83.9	78.9	<0.01
HDF	5.0	2.8	4.9	6.7	10.0	12.5	16.1	21.1	
Use of high-flux membrane	84.4	81.7	85.5	87.6	88.8	90.1	90.6	91.6	<0.01
Primary disease, %									
Glomerulonephritis	38.3	25.7	37.1	54.4	69.4	78.9	82.7	84.1	<0.01
Diabetic nephropathy	36.9	47.0	38.9	23.0	10.4	3.5	1.6	1.3	
Nephrosclerosis	8.5	11.1	7.9	5.5	3.5	2.2	1.4	0.6	
ADPKD	3.7	3.1	4.1	4.9	4.5	3.3	1.6	1.7	
Lupus nephritis	0.8	0.7	0.8	1.0	1.2	1.2	0.9	0.8	
Others or unknown	11.8	12.5	11.1	11.2	11.0	11.0	11.8	11.5	
Previous history, %									
Diabetes	42.6	53.6	44.7	27.3	14.0	6.4	4.8	4.4	<0.01
Smoking	15.1	15.3	15.6	14.5	14.2	12.8	12.6	12.5	<0.01
Hypertension	75.2	77.6	77.0	73.2	67.9	63.4	55.8	48.3	<0.01
Myocardial infarction	7.5	7.7	8.1	6.7	6.3	6.2	5.3	5.7	<0.01
Cerebrovascular disease	17.6	16.7	19.9	18.2	16.4	14.7	11.7	10.9	<0.01
Limb amputation	2.6	2.3	3.4	2.9	2.0	1.3	1.6	2.6	<0.01
Age, years	66.1±12.4	67.6±12.7	66.4±12.3	64.2±12.1	62.5±11.4	61.7±10.4	60.7±9.7	61.1±8.0	<0.01
BMI	21.5±3.6	21.9±3.7	21.6±3.6	20.9±3.3	20.4±3.0	20.0±2.9	19.8±2.8	19.5±2.6	<0.01
Urea nitrogen, mg/dl	64.4±15.8	63.3±16.0	64.7±15.6	65.8±15.6	66.2±15.2	66.8±15.5	67.4±15.5	66.4±15.5	<0.01
Creatinine, mg/dl	10.4±2.9	9.6±2.8	11.1±2.7	11.5±2.6	11.5±2.5	11.3±2.4	11.0±2.3	10.3±2.2	<0.01
Calcium, mg/dl	8.9±0.8	8.8±0.8	9.0±0.7	9.2±0.8	9.2±0.8	9.1±0.8	9.1±0.8	9.0±0.9	<0.01
Phosphate, mg/dl	5.3±1.4	5.2±1.4	5.3±1.4	5.3±1.4	5.3±1.4	5.3±1.4	5.3±1.3	5.2±1.3	<0.01
Albumin, g/dl	3.70±0.39	3.67±0.40	3.71±0.37	3.73±0.37	3.74±0.36	3.73±0.37	3.70±0.36	3.65±0.38	<0.01
CRP, mg/dl	0.46±1.41	0.47±1.42	0.47±1.43	0.44±1.37	0.42±1.25	0.45±1.37	0.54±1.72	0.55±1.56	<0.01
Hemoglobin, g/dl	10.6±1.2	10.5±1.2	10.6±1.2	10.6±1.2	10.6±1.2	10.7±1.2	10.6±1.2	10.6±1.3	<0.01
iPTH, pg/ml	152.7±152.2	137.3±127.5	154.6±146.0	181.0±187.1	181.9±199.4	173.7±187.2	174.5±208.5	156.0±192.4	<0.01
β <sub>2</sub> MG (pre-dialysis), mg/l	26.9±6.8	24.7±7.0	28.7±6.3	29.2±5.6	28.9±5.4	28.3±5.7	27.3±6.2	24.9±6.4	<0.01
β <sub>2</sub> MG (post-dialysis), mg/l	10.9±4.8	11.0±4.9	11.2±5.0	10.8±4.7	10.1±4.1	9.7±4.3	9.3±4.1	8.2±3.1	<0.01
β <sub>2</sub> MG clearance, %	65.6±11.3	62.2±11.5	67.0±10.5	69.2±10.1	70.6±9.7	71.5±9.7	71.4±9.7	71.7±9.2	<0.01
Kt/V	1.41±0.30	1.31±0.30	1.45±0.28	1.51±0.28	1.56±0.28	1.58±0.30	1.60±0.31	1.59±0.32	<0.01
Normalized PCR (nPCR)	0.88±0.18	0.84±0.17	0.89±0.17	0.91±0.17	0.93±0.17	0.94±0.18	0.95±0.18	0.93±0.18	<0.01

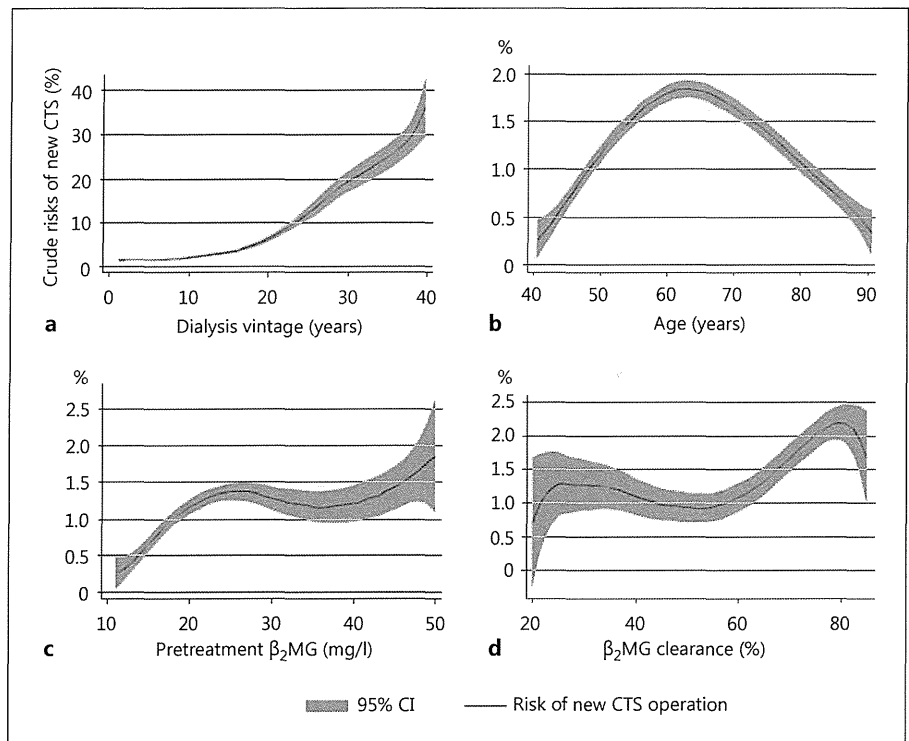
ADPKD = Autosomal dominant polycystic kidney disease. p values were calculated by  $\chi^2$  test or ANOVA as appropriate.

200 cm; body weight 20–150 kg; serum urea nitrogen 10–250 mg/dl; creatinine 3–20 mg/dl; serum calcium 4.0–15.0 mg/dl; phosphate 1.0–15.0 mg/dl; serum albumin 1.0–5.0 g/dl; CRP <50 mg/dl; hemoglobin 5.0–20.0 g/dl; β<sub>2</sub>MG 10.0–100.0 mg/l; Kt/V 0.5–4.0, and nPCR 0.3–2.0. Clearance of β<sub>2</sub>MG was calculated by decrease of serum β<sub>2</sub>MG values during dialysis, divided by pretreatment β<sub>2</sub>MG value. Logistic regression was used to obtain the adjusted odds ratios (ORs) and 95% confidence interval (95% CI) for first-time onset of CTS. In this analysis, the covariates for calculating the adjusted ORs were age, gender, primary kidney disease, history of smoking, history of hypertension, dialysis vintage, dialysis modality, use of high-flux membrane, body mass index (BMI), serum albumin, Kt/V, nPCR, serum creatinine, hemoglobin, CRP, pretreatment β<sub>2</sub>MG, and β<sub>2</sub>MG clearance at the beginning of observation. Covariates whose p values were <0.2 were included in the multivariate regression analysis. Local polynomial smoothing methods were used to estimate crude risks of CTS among patient groups [21, 22]. All analyses were carried out using Stata<sup>®</sup> SE Version 12.0 (StataCorp, College Station, Tex., USA).

## Results

After exclusions according to the criteria cited above, 166,237 patients were analyzed (female 37%; mean age 66.1 ± 12.4 years; mean dialysis vintage 7.2 ± 6.4 years). Background characteristics of these patients are shown in table 1. As dialysis vintage increased, the proportion of females, of glomerulonephritis as a primary disease, and of patients on HDF all increased, as did mean β<sub>2</sub>MG clearance and mean Kt/V. On the other hand, the proportion of diabetic nephropathy and nephrosclerosis as primary diseases, previous history of diabetes, smoking, hypertension, cardiovascular disease, mean age, mean BMI, and mean albumin all decreased as dialysis vintage increased. In this cohort, 2,157 patients (1.30%) had surgery during the December 2010–December 2011 study period





**Fig. 1.** Crude risks and 95% CI of CTS by dialysis vintage (a), age (b), pretreatment serum  $\beta_2$ MG (c), and  $\beta_2$ MG clearance during dialysis (d).

for a first-time onset of CTS. The proportion of females was higher in this CTS group than in the remainder of the cohort with no CTS (50.4 vs. 37.3%,  $p < 0.01$ ); the proportion was also higher in the CTS group of those receiving HDF (13.7 vs. 4.9%,  $p < 0.01$ ) and use of high-flux membrane (88.5 vs. 84.4%,  $p < 0.01$ ) and so was glomerulonephritis as the primary kidney disease (62.0 vs. 38.0%,  $p < 0.01$ ). However, the CTS group had lower BMI ( $20.7 \pm 3.3$  vs.  $21.5 \pm 3.6$ ,  $p < 0.01$ ), serum albumin ( $3.66 \pm 0.36$  vs.  $3.70 \pm 0.39$  g/dl,  $p < 0.01$ ), and  $\beta_2$ MG after dialysis ( $10.2 \pm 4.6$  vs.  $10.9 \pm 4.8$  mg/l,  $p < 0.01$ ), but had higher  $\beta_2$ MG before dialysis ( $27.3 \pm 6.5$  vs.  $26.9 \pm 6.8$  mg/l,  $p < 0.01$ ), higher serum urea nitrogen ( $65.8 \pm 15.7$  vs.  $64.4 \pm 15.8$  mg/dl,  $p < 0.01$ ), CRP ( $0.54 \pm 1.61$  vs.  $0.46 \pm 1.40$  mg/dl,  $p = 0.02$ ), and Kt/V ( $1.53 \pm 0.30$  vs.  $1.40 \pm 0.30$ ,  $p < 0.01$ ). Mean dialysis vintage in the CTS group was  $18.2 \pm 9.5$  years, but only  $7.0 \pm 6.2$  years for those with no CTS ( $p < 0.01$ ) (online suppl. table 1; for all online suppl. material, see [www.karger.com/doi/10.1159/000362567](http://www.karger.com/doi/10.1159/000362567)).

#### Distribution of the (Unadjusted) Incidence Proportion of CTS Onset

Next, we examined the crude incidence proportion (risk) of CTS surgery for dialysis vintage, age, serum  $\beta_2$ MG before dialysis, and  $\beta_2$ MG clearance. As shown in figure 1,

online supplementary figure 1, and online supplementary table 2, the crude risk doubled with every 5-year vintage increase from 10–15, 15–20, 20–25, 25–30, and >30 years, the percent of risk being, respectively, 1.5 (1.3–1.6), 3.4 (3.0–3.7), 7.8 (7.1–8.6), 14.3 (12.9–15.7), and 21.3 (18.9–23.7). Note that the crude risk significantly increased in patients with dialysis vintage  $\geq 25$  years. On the other hand, the shape of the graph was different when we categorized by age. The crude risk was highest at age 64 (1.9%, 95% CI 1.6–2.3) and in the 60–70 age group (1.8%, 95% CI 1.7–1.9), but was lower as patients were younger or older than that range. When we categorized by pretreatment  $\beta_2$ MG levels, the percent of crude risk of CTS surgery when pretreatment  $\beta_2$ MG was <20, 20–25, 25–30, 30–35, 35–40, 40–45, and >45 mg/l was, respectively, 0.9 (0.7–1.0), 1.5 (1.4–1.7), 1.3 (1.2–1.4), 1.3 (1.2–1.4), 1.2 (0.9–1.4), 1.4 (1.0–1.8), and 1.5 (1.0–2.1). So the crude risk diminished with pretreatment  $\beta_2$ MG from 20 to 40 mg/l, then increased as pretreatment  $\beta_2$ MG increased past 40 mg/l. Surprisingly, when we categorized by  $\beta_2$ MG clearance, the crude risk of CTS surgery gradually increased up to 80%  $\beta_2$ MG clearance. That risk was 1.3% (1.1–1.5) with  $\beta_2$ MG clearance 60–70%, increasing to 2.0% (1.7–2.3) with 70–80%  $\beta_2$ MG clearance, but with  $\beta_2$ MG clearance >80% the risk decreased to 1.1% (0.4–1.9).

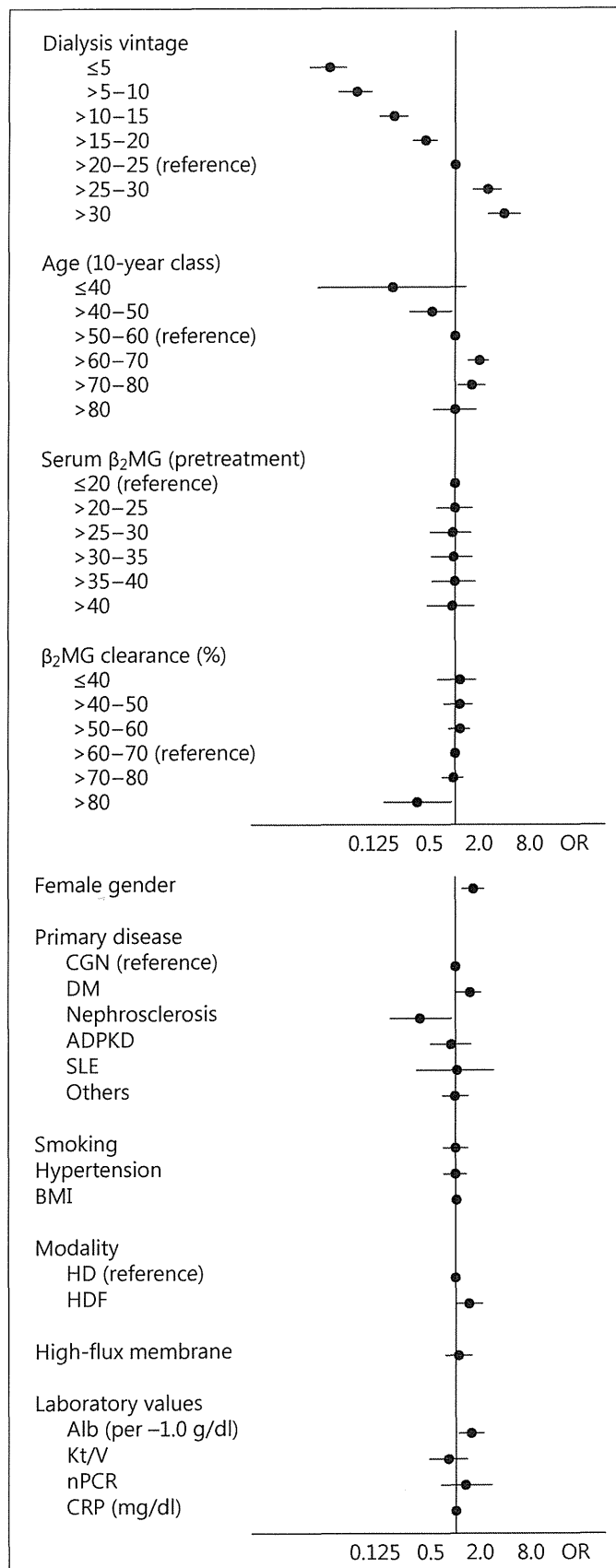
### Distribution of the Adjusted ORs for CTS Surgery

We then analyzed adjusted ORs for CTS surgery. As shown in figure 2 and table 2, the adjusted ORs for the various dialysis vintage ranges, with 20–25 years as referent, were 0.03 (95% CI 0.02–0.05) for vintage <5 years, 0.07 (0.05–0.10) for vintage 5–10 years, 0.18 (0.12–0.26) for vintage 10–15 years, 0.43 (0.31–0.62) for vintage 15–20 years, 2.37 (1.64–3.40) for vintage 25–30 years, and 3.87 (2.52–5.93) >30 years – after adjusting for patients’ other background factors (age, gender, primary kidney disease, history of smoking, history of hypertension, dialysis modality, use of high-flux membrane, and BMI) and laboratory values (albumin, Kt/V, nPCR, CRP, and  $\beta_2$ MG clearance) (model 2). These adjusted ORs were very similar if we include pretreatment  $\beta_2$ MG in the analysis. The upward trend of adjusted ORs was similar to that of the unadjusted ORs, suggesting a very strong linear relationship with CTS surgery (online suppl. fig. 2; online suppl. table 2).

When categorizing the study group by age, the adjusted ORs for CTS surgery, with age 50–60 as referent, were 0.18 (0.02–1.27) for age  $\leq 40$ , 0.53 (0.30–0.94) for age 40–50, 1.89 (1.41–2.52) for age 60–70, 1.52 (1.08–2.14) for age 70–80, and 1.04 (0.60–1.80) for age >80 – after adjusting for all the other factors cited above (fig. 2; online suppl. table 2). The unadjusted ORs for CTS surgery for the same age ranges were, respectively, 0.18 (0.10–0.30), 0.48 (0.39–0.60), 1.00 (referent), 1.18 (1.05–1.32), 0.78 (0.68–0.88), and 0.47 (0.39–0.56). In both unadjusted and adjusted models, the OR was highest in the age group 60–70 (table 2; online suppl. fig. 2).

In contradistinction to the two covariates above, neither pretreatment serum  $\beta_2$ MG values nor  $\beta_2$ MG clearance, in general, showed particular trends in relationship with the adjusted ORs for CTS surgery, although one aspect of  $\beta_2$ MG clearance did bear such a relationship. With pretreatment serum  $\beta_2$ MG <20 mg/l as referent, the adjusted ORs for CTS surgery were: for  $\beta_2$ MG 20–25 mg/l, 1.10 (0.88–1.39); 0.79 (0.63–1.00) for 25–30 mg/l; 0.83 (0.65–1.07) for 30–35 mg/l; 0.82 (0.60–1.12) for 35–40 mg/l; 0.86 (0.59–1.25) for  $\beta_2$ MG >40 mg/l – after adjust-

**Fig. 2.** Adjusted ORs of CTS. These ORs were adjusted by dialysis vintage, age, gender, primary kidney disease, history of smoking, history of hypertension, dialysis modality, use of high-flux membrane, BMI, serum albumin (Alb), Kt/V, nPCR, and serum  $\beta_2$ MG clearance. CGN = Chronic glomerulonephritis; DM = diabetic nephropathy; ADPKD = autosomal dominant polycystic kidney disease; SLE = systemic lupus erythematosus.



**Table 2.** ORs for first-time CTS

	Model 1			Model 2			Model 3		
	OR	95% CI	p value	OR	95% CI	p value	OR	95% CI	p value
Dialysis vintage									
≤5	0.02	0.02–0.03	0.00	0.03	0.02–0.05	0.00	0.03	0.02–0.05	0.00
≤10	0.05	0.04–0.07	0.00	0.07	0.05–0.10	0.00	0.07	0.05–0.10	0.00
≤15	0.16	0.13–0.20	0.00	0.18	0.12–0.26	0.00	0.18	0.12–0.26	0.00
≤20	0.41	0.34–0.50	0.00	0.43	0.31–0.62	0.00	0.44	0.31–0.62	0.00
≤25	1.00			1.00			1.00		
≤30	1.94	1.57–2.38	0.00	2.37	1.64–3.40	0.00	2.32	1.61–3.35	0.00
>30	3.00	2.35–3.82	0.00	3.87	2.52–5.93	0.00	3.75	2.43–5.80	0.00
Age group									
≤40	0.29	0.13–0.61	0.00	0.18	0.02–1.27	0.09	0.17	0.02–1.27	0.09
≤50	0.46	0.34–0.63	0.00	0.53	0.30–0.94	0.03	0.53	0.30–0.94	0.03
≤60	1.00			1.00			1.00		
≤70	1.56	1.33–1.83	0.00	1.89	1.41–2.52	0.00	1.87	1.40–2.50	0.00
≤80	1.55	1.29–1.86	0.00	1.52	1.08–2.14	0.02	1.51	1.07–2.12	0.02
>80	1.37	1.04–1.81	0.02	1.04	0.60–1.80	0.89	1.03	0.59–1.79	0.91
Female gender	1.54	1.36–1.75	0.00	1.63	1.30–2.06	0.00	1.63	1.29–2.05	0.00
Primary disease									
CGN	1.00			1.00			1.00		
DM	1.41	1.19–1.67	0.00	1.52	1.12–2.06	0.01	1.53	1.13–2.07	0.01
Nephrosclerosis	0.81	0.58–1.12	0.20	0.39	0.17–0.90	0.03	0.39	0.17–0.90	0.03
ADPKD	0.90	0.65–1.24	0.52	0.88	0.50–1.55	0.66	0.88	0.50–1.54	0.66
SLE	1.27	0.71–2.26	0.41	0.99	0.35–2.80	0.99	1.00	0.35–2.81	0.99
Others	0.92	0.75–1.12	0.39	1.03	0.72–1.48	0.89	1.03	0.72–1.49	0.86
Smoking	1.24	1.04–1.47	0.02	1.02	0.73–1.43	0.90	1.02	0.73–1.44	0.89
Hypertension	1.00	0.88–1.14	0.98	0.95	0.76–1.18	0.63	0.95	0.76–1.18	0.63
BMI	1.03	1.01–1.05	0.00	1.02	0.99–1.05	0.28	1.02	0.99–1.05	0.27
Modality									
HD	1.00			1.00			1.00		
HDF	1.31	1.11–1.56	0.00	1.43	1.03–1.97	0.03	1.42	1.03–1.97	0.03
High-flux membrane	0.95	0.80–1.14	0.60	1.11	0.76–1.60	0.59	1.11	0.76–1.61	0.59
Laboratory values									
Alb (per –1 g/dl)	1.15	0.96–1.36	0.12	1.49	1.10–2.02	0.01	1.49	1.10–2.02	0.01
Kt/V	0.82	0.65–1.03	0.09	0.80	0.50–1.28	0.36	0.81	0.50–1.29	0.37
nPCR	1.17	0.82–1.66	0.40	1.37	0.72–2.62	0.34	1.40	0.73–2.66	0.31
CRP (mg/dl)	1.01	0.97–1.05	0.52	1.01	0.94–1.08	0.84	1.01	0.94–1.08	0.83
Serum β <sub>2</sub> MG, pretreatment									
≤20	1.00						1.00		
≤25	1.10	0.88–1.39	0.40				1.01	0.65–1.57	0.98
≤30	0.79	0.63–1.00	0.05				0.84	0.54–1.30	0.43
≤35	0.83	0.65–1.07	0.15				0.92	0.57–1.46	0.71
≤40	0.82	0.60–1.12	0.22				1.00	0.57–1.74	0.99
>40	0.86	0.59–1.25	0.43				0.86	0.43–1.70	0.66
β <sub>2</sub> MG clearance									
≤40				1.16	0.68–1.97	0.59	1.16	0.68–1.97	0.60
≤50				1.16	0.75–1.81	0.51	1.16	0.74–1.80	0.52
≤60				1.15	0.85–1.55	0.36	1.15	0.85–1.55	0.37
≤70				1.00			1.00		
≤80				0.95	0.72–1.26	0.71	0.95	0.72–1.26	0.72
>80				0.34	0.13–0.90	0.03	0.35	0.13–0.91	0.03

CGN = Chronic glomerulonephritis; DM = diabetic nephropathy; ADPKD = autosomal dominant polycystic kidney disease; SLE = systemic lupus erythematosus.

Model 1 includes patient background (age, gender, primary kidney disease, history of smoking, history of hypertension, dialysis vintage, dialysis modality, BMI), serum albumin, Kt/V, nPCR, and pretreatment β<sub>2</sub>MG at the beginning of observation.

Model 2 includes patient background (age, gender, primary kidney disease, history of smoking, history of hypertension, dialysis vintage, dialysis modality, BMI), serum albumin, Kt/V, nPCR, and β<sub>2</sub>MG clearance at the beginning of observation.

Model 3 includes model 2 plus pretreatment β<sub>2</sub>MG.

ing for the same factors as above (fig. 2; table 2; online suppl. fig. 2). Since there was no significant difference between the various levels of pretreatment  $\beta_2$ MG values, those values were evidently not associated with need for CTS surgery. On the other hand, looking at levels of  $\beta_2$ MG clearance, with 60–70% as reference, the ORs for CTS surgery were, for  $\beta_2$ MG clearance <40%, 1.16 (0.68–1.97), 1.16 (0.75–1.81) at 40–50%, 1.15 (0.85–1.55) at 50–60%, but 0.95 (0.72–1.26) at 70–80%, and 0.34 (0.13–0.90) for  $\beta_2$ MG clearance >80% – again after adjusting for the same factors (fig. 2; table 2; online suppl. fig. 2). These findings suggest that  $\beta_2$ MG clearance >80% may be associated with decreasing risk of CTS surgery.

However, our analysis also identified factors that were positively associated with need for CTS surgery: being female [OR 1.63 (1.30–2.06)], having lower serum albumin [OR 1.49 (1.10–2.02) per 1 g/dl decrease], having diabetic nephropathy rather than chronic glomerulonephritis as the primary kidney disease [OR 1.52 (1.12–2.06)], and having HDF rather than HD [OR 1.43 (1.03–1.97)] (fig. 2; table 2).

## Discussion

There are currently more than 290,000 Japanese chronic HD patients, with 6.4% of them having been on HD for over 20 years [23]. Because appearance of DRA is closely related to dialysis vintage, our large-scale cohort, consisting of patients with relatively longer dialysis vintage, seemed the ideal population to clarify the risk and factors associated with DRA.

CTS is one of the major complications of DRA, and is recognized as perhaps the most evident marker of DRA development in a patient. Since the build-up of amyloidosis is otherwise difficult to detect – especially in such a large population as in our cohort – the fact of CTS surgery stands as a handy and reliable proxy for that build-up. To minimize the possibility that the CTS surgery was for recrudescence of a previous condition, only those patients who had had the surgery for the first time during the December 2010–December 2011 study period, with no history of CTS before December 2010, were included in the group analyzed for the risk factors associated with the development of CTS.

There are many new findings in this analysis. First, in our dialysis population, the annual risk of *new* CTS surgery (as noted, those with a history of CTS surgery were excluded from our study group) was much higher (1.3%) than in the general population (0.11%) [24]. Second, the

risk of CTS almost doubled with each 5-year increase in dialysis vintage. Although it has been reported that the prevalence of patients who needed new CTS surgery was closely associated with dialysis vintage [13], ours is the first report showing the risk of first-time CTS surgery by dialysis vintage – and showing it in a large dialysis cohort. Third, the relationship between risk of CTS surgery and age was not linear but mountain-shaped, peaking at around age 64. Fourth, neither pretreatment serum  $\beta_2$ MG level nor  $\beta_2$ MG clearance (up to 80%) was associated with risk of CTS surgery. However, our findings imply that it might be possible to decrease the risk of onset of DRA by achieving  $\beta_2$ MG clearance >80%. Finally, our study showed that risk factors associated with need for CTS surgery, which is considered a good proxy for the development of DRA [6, 25], may nowadays differ slightly from the factors previously reported. Here, the risk factors were dialysis vintage, age (up to 70 years), primary kidney disease (diabetic or not), lower serum albumin, modality, and  $\beta_2$ MG clearance (<80%). Surprisingly, CRP – as a proxy for chronic inflammation – was not a significant risk factor in this analysis.

It was previously reported that age, dialysis vintage, lower serum albumin, chronic inflammation, oxidant stress, advanced glycation end product, and some genetic factors were the main risk factors for DRA [8, 9, 26]. Although age, dialysis vintage, and genetic factors are naturally unchangeable, many attempts have been made to reduce chronic inflammation and oxidant stress, which have been considered treatable risk factors. It was reported that dialysis with a polysulfone membrane, rather than with cuprofan, may decrease the risk of new DRA since polysulfone is biocompatible [6, 27, 28]. Moreover, use of lower contamination of endotoxin dialysis solutions was reported to decrease the incidence of onset of CTS [29]. Nowadays, >97% of JSDT dialysis facilities could meet the JSDT standard for bacterial cell counts in dialysis fluid (<100 CFU/ml) [30], and most of the facilities use biocompatible membranes. These improvements in dialysis technology – including bicarbonate-based dialysis solutions, high-flux and biocompatible membranes, reverse osmosis machines and endotoxin-cut filters – all calculated to lower the incidence of CTS, may have changed the risk factors for development of DRA. And, in fact, based on the JSDT annual report, among patients with dialysis vintage 20–25 years, the prevalence of CTS surgery decreased from 48.0% in the 1999 survey to 23.2% in the 2010 survey, and from 70.8 to 51.5% among patients with dialysis vintage  $\geq$ 25 years [13]. In this analysis, the use of high-flux membrane was not associated with new

CTS surgery, which might be because of the short period of observation and the clinical tendency to choose high-flux membrane for patients with high risk of CTS.

The effect on DRA of an elevated concentration of circulating  $\beta_2$ MG is still a matter of controversy. Although marked elevation of serum  $\beta_2$ MG is a prerequisite for the formation of  $\beta_2$ MG fibrils [1, 31, 32], the K/DOQI clinical guideline suggests that, on the other hand, the level of serum  $\beta_2$ MG may not be directly associated with onset of DRA symptoms [33]. Our adjusted analysis suggests that in the patients we studied, high pretreatment  $\beta_2$ MG level was not associated with DRA, though the crude risk of DRA was higher in these patients. The difference in findings between the unadjusted and adjusted analyses suggests that many other factors confound the association between pretreatment  $\beta_2$ MG level and DRA, suggesting, in turn, that pretreatment  $\beta_2$ MG cannot be a treatment target for reduction of new DRA, which is consistent with the K/DOQI clinical guideline. Rather, it is reported that  $\beta_2$ MG level could be a possible marker for mortality in dialysis patients [34].

In our study, having diabetic nephropathy rather than chronic glomerulonephritis increased the odds of CTS surgery [OR 1.50 (1.11–2.04)]. Previously, it was reported that the prevalence of CTS surgery in Japan's dialysis population was lower among diabetic patients (1.2%) than among the rest of that population (4.3%) [13]. This discrepancy could be explained by the shorter dialysis vintage among diabetic patients. In fact, in the non-dialysis population, it was reported that prevalence of CTS was higher among diabetics (8.6%) [35] than in the general population (2.7%) [36]. This is consistent with the fact that formation of advanced glycation end product is associated with development of diabetic nephropathy. Furthermore, there has been an unfortunate shift in the percentages of primary kidney diseases requiring dialysis. For example, the proportion of chronic glomerulonephritis decreased from 61.7% in the 1991 Japanese survey to 36.2% in the 2010 survey while the proportion of diabetic nephropathy increased from 16.4 to 35.9% in those respective surveys [13]. So, despite the improvement in dialysis technology, the increasing prevalence of diabetic nephropathy may increase the risk of DRA in the future.

In this analysis, surprisingly, age is not linearly associated with need for CTS surgery. The upward slope peaked at around 64 years, then declined in both unadjusted and adjusted models. The exact reason for this is unclear, but it may be that generation of amyloid fibrils, amyloid P component, and/or glycosaminoglycans/proteoglycans may decrease in the older population, and all these factors

are necessary for growth of amyloid fibrils [3]. In addition, the number excluded from surgery due to poor general condition may be higher among older patients. A different proxy marker for DRA might be needed to clarify a more exact risk of DRA in the elderly.

The therapeutic effectiveness of HDF for DRA is still controversial. In some studies, dialysis by HDF and hemofiltration, which may contribute to the decrease of serum  $\beta_2$ MG levels – or dialysis by  $\beta_2$ MG absorption column – were reported to possibly decrease the incidence of DRA or its progression [6, 37, 38]. However, the patients in our study who received HDF had higher ORs for CTS surgery than did those receiving standard HD. That is not to suggest that HDF is likely to cause CTS: ours was an observational study. As shown in table 1, the proportion of HDF was markedly higher in patients with longer dialysis vintages. For example, the proportion of HDF in patients with dialysis vintages of less than 5 years, of 15–20 years, and more than 30 years was, respectively, 2.8, 10.0, and 21.2%. Furthermore, the average dialysis vintage of HDF patients was significantly longer than that of HD patients ( $11.2 \pm 8.1$  vs.  $7.0 \pm 6.2$  years,  $p < 0.001$ ) (online suppl. table 3). Therefore, risk of CTS surgery may be greater in HDF patients than HD patients because of their longer dialysis vintage and the higher proportion of females among them, both of which are strong risk factors for DRA. With regard to  $\beta_2$ MG clearance, the average  $\beta_2$ MG clearance in HDF patients was significantly higher than that in HD patients ( $69.8 \pm 10.9$  and  $59.8 \pm 12.2\%$ , respectively,  $p < 0.001$ ). However, this difference did not decrease the risk of CTS surgery in our HDF population, probably because they had other risks of CTS – such as dialysis vintage – or because their  $\beta_2$ MG clearance did not exceed 80%. Prospective and long longitudinal studies are needed to clarify any possible effect of HDF on DRA.

There were some limitations in our study. First, the observation period was relatively short. There could be other risk factors associated with DRA that chronically affect the development of DRA, e.g. chronic inflammation. Second, since we used CTS surgery as a proxy for symptomatic DRA, it could be possible that our outcome did not reflect the exact appearance of symptomatic CTS. In other words, some patients may already have had other DRA symptoms before the onset of CTS, such as trigger finger, spinal canal stenosis, and destructive spondyloarthritis, although CTS is considered one of the best markers for detecting onset of DRA [6]. In addition, poor systemic condition, especially in elder patients, may limit the eligibility for CTS surgery. Third, dialysis conditions in Japan differ from those in the USA and Europe. For ex-

ample, the mean dialysis vintage in Japan (8.9 years) was reported as much longer than in the USA (4.1 years) and in the UK (4.5 years), and mean ages were somewhat longer: 65.5 in Japan versus 62.6 in the USA, and 62.6 in the UK [39]. These differences in patient groups may impact the different incidence of CTS in Japan and other countries. In addition, the ratio of vascular catheter use, associated with a high incidence of inflammation, was much lower in Japan (2%) than in the USA (25%) and in European countries (10% in Germany, 12% in Italy, and 21% in Spain) [40]. This may also be associated with the difference in incidence of CTS between Japan and other countries. Finally, our database derived from annual surveys, which made it impossible to detect the onset of need for a CTS operation by month. Despite these limitations, we believe that these analyses identify the more reliable risks and factors associated with symptomatic DRA, since our database was one of the largest ever used to study dialysis patients, and it included longer dialysis vintages, allowing more reliable estimation and minimization of individual variations or selection bias.

In conclusion, to help guide clinicians in monitoring those most at risk, this study demonstrates several risk factors for DRA in this modern era – as evidenced by need for first-time CTS. First, dialysis vintage was a very strong risk factor for developing DRA. Second, the patients' age was also an important factor for developing DRA – al-

though, interestingly, the risk of developing DRA decreased after about age 64. Third, pretreatment serum  $\beta_2$ MG value was not associated with development of DRA. Finally, however, contrary to the insignificance of pretreatment  $\beta_2$ MG levels,  $\beta_2$ MG clearance of more than 80% seemed to be a factor in preventing development of DRA.

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### Disclosure Statement

The authors have no conflicts of interest to disclose.

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## Overexpression of *Mafb* in Podocytes Protects against Diabetic Nephropathy

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### ABSTRACT

We previously showed that the transcription factor *Mafb* is essential for podocyte differentiation and foot process formation. Podocytes are susceptible to injury in diabetes, and this injury leads to progression of diabetic nephropathy. In this study, we generated transgenic mice that overexpress *Mafb* in podocytes using the nephrin promoter/enhancer. To examine a potential pathogenetic role for *Mafb* in diabetic nephropathy, *Mafb* transgenic mice were treated with either streptozotocin or saline solution. Diabetic nephropathy was assessed by renal histology and biochemical analyses of urine and serum. Podocyte-specific overexpression of *Mafb* had no effect on body weight or blood glucose levels in either diabetic or control mice. Notably, albuminuria and changes in BUN levels and renal histology observed in diabetic wild-type animals were ameliorated in diabetic *Mafb* transgenic mice. Moreover, hyperglycemia-induced downregulation of Nephritin was mitigated in diabetic *Mafb* transgenic mice, and reporter assay results suggested that *Mafb* regulates Nephritin directly. *Mafb* transgenic glomeruli also overexpressed glutathione peroxidase, an antioxidative stress enzyme, and levels of the oxidative stress marker 8-hydroxydeoxyguanosine decreased in the urine of diabetic *Mafb* transgenic mice. Finally, Notch2 expression increased in diabetic glomeruli, and this effect was enhanced in diabetic *Mafb* transgenic glomeruli. These data indicate *Mafb* has a protective role in diabetic nephropathy through regulation of slit diaphragm proteins, antioxidative enzymes, and Notch pathways in podocytes and suggest that *Mafb* could be a therapeutic target.

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Diabetic nephropathy is the major cause of ESRD leading to dialysis. The earliest manifestations of the disease occur in the kidney glomerulus, and consequently, most attention to mechanisms has focused on altered responses of diabetic glomerular cells, especially mesangial cells and more recently, podocytes.<sup>1</sup> Podocytes are terminally differentiated epithelial cells that are key components of the selective permeability barrier of the glomerular basement membrane.<sup>2</sup> Podocytes seem to be quite susceptible to injury in diabetes,<sup>3</sup> and this injury leads to loss of podocytes, in part, by apoptosis.<sup>4,5</sup> This podocyte depletion seems to be a relatively early event in the evolution of diabetic nephropathy

and predicts clinical progression of the disease.<sup>6</sup> The factors that lead to podocyte loss in diabetes are being actively investigated and include enhanced oxidative stress<sup>5</sup> and activation of the

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renin-angiotensin-aldosterone system.<sup>7</sup> However, little is known about the specific mechanism.

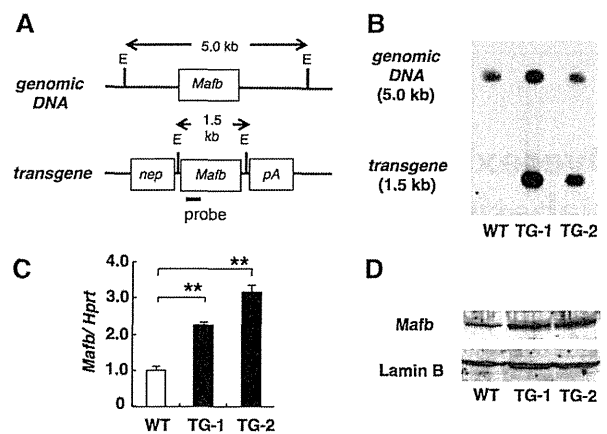
Mafb is a basic leucine zipper transcription factor belonging to the large Maf family.<sup>8</sup> Maf family proteins share a conserved basic region and leucine zipper motif that mediates dimer formation and DNA binding to the Maf recognition element (MARE).<sup>9</sup> Analysis of Mafb-deficient mice has revealed that Mafb is essential for podocyte differentiation and its foot process formation.<sup>10</sup> The role of Mafb in kidney disease was not established, because Mafb-deficient mice die during the perinatal period. A recent study has revealed that multicentric carpotarsal osteolysis (MCTO) is caused by mutations clustering within the amino-terminal transcriptional activation domain of MAFB. MCTO is a rare skeletal dysplasia characterized by aggressive osteolysis, particularly affecting the carpal and tarsal bones, and it is frequently associated with progressive renal failure.<sup>11</sup> Zankl *et al.*<sup>11</sup> speculated that the pathogenesis of MCTO might be attributed to MAFB dysfunction in osteoclasts and podocytes. A decade ago, Fan *et al.*<sup>12</sup> identified a susceptibility locus for albuminuria by linkage analysis in diabetic KKT/a mice. Fan *et al.*<sup>12</sup> identified the *Mafb* gene in the vicinity of the susceptible locus and observed decreased expression of its product in the kidneys.

On the basis of these facts, we hypothesized that overexpression of Mafb in podocytes would prevent the development of diabetic nephropathy. In this study, we have generated transgenic mice that overexpress Mafb in podocytes using the Nephron promoter and enhancer. Subsequently, we induced diabetic nephropathy in these transgenic mice.

## RESULTS

### Generation of Mafb Transgenic Mice That Express Mafb Specifically in Podocytes

To generate transgenic (TG) mice that express high levels of Mafb specifically in podocytes, the murine *Mafb* coding sequence was inserted into a vector that contained the Nephron promoter/enhancer<sup>13</sup> (Figure 1A). We generated two TG mice lines on a C57BL/6J genetic background. Genomic DNA was analyzed by Southern blot to confirm the integrity and copy number of the transgene in each TG line. The *EcoRI* fragment that contained the *Mafb* transgene was 1.5 kb in length, whereas the corresponding fragment for the endogenous *Mafb* gene was 5.0 kb (Figure 1B). The results of densitometric analyses revealed that TG-1 and TG-2 each contained approximately four copies of the transgene (Figure 1B). These transgenes were stably transmitted to the progeny. To confirm that the transgenes were expressed, the levels of Mafb mRNA and protein in kidneys from TG mice were monitored by RT-PCR and Western blot (Figure 1, C and D). *Mafb* mRNA was overexpressed in kidneys of TG mice (Figure 1C). Consistent with this finding, Western blot analysis confirmed that the level of Mafb protein was also elevated. By the densitometry analysis,



**Figure 1.** Mafb overexpression was observed in podocyte-specific Mafb transgenic kidneys. (A) Schematic of the Nephron promoter-*Mafb* transgene construct. The *Mafb* cDNA was inserted into a vector that contained the human Nephron promoter (*Nep*) and SV40 polyA (*pA*). The probe for Southern blot analysis, the restriction enzyme site (*EcoRI* [E]), and the predicted sizes of the endogenous gene and the transgene are indicated. (B) The 5.0-kb endogenous and 1.5-kb transgene fragments are shown from TG mice. (C) Analysis of *Mafb* mRNA in kidneys. The amount of *Mafb* mRNA in the samples from TG mice (TG-1 and TG-2) was higher than that in a sample from WT mice. Each bar represents the mean ± SEM. \*\**P* < 0.01. (D) Western blot analysis of kidneys from WT and Mafb TG mice (TG-1 and TG-2). Expression of Mafb protein was elevated in TG mice. Hprt, hypoxanthine-guanine phosphoribosyltransferase.

Mafb/LaminB ratio was 1.4 in TG-1, 1.6 in TG-2, and 1.0 in wild-type (WT) kidney (Figure 1D). We used TG-2 mice in the subsequent analysis.

### Podocyte-Specific Mafb Overexpression Did Not Affect Blood Glucose, Insulin Levels, or Body Weight in Streptozotocin-Induced Diabetic Mice

Hyperglycemia was induced in 8-week-old mice by intraperitoneal injection of streptozotocin (STZ). After 12 weeks of hyperglycemia, the nonfasting blood glucose levels were  $509.2 \pm 26.1$  mg/dl in diabetic WT (WT STZ; *n* = 10) and  $537.7 \pm 29.8$  mg/dl in diabetic Mafb TG (TG STZ) mice (*n* = 10). There was no significant difference between blood glucose concentrations in WT STZ and TG STZ mice (Table 1). We also found that insulin concentrations and body weights were not significantly different between WT STZ and TG STZ animals (Table 1). We, thus, confirmed that Mafb overexpression did not affect diabetes induction by STZ.

### Diabetic Nephropathy Was Ameliorated by Podocyte-Specific Mafb Overexpression

Next, we evaluated diabetic nephropathy in TG STZ mice. The level of urinary albumin in TG STZ mice was significantly lower than that of WT STZ mice at 20 weeks of age (Figure 2A). We

**Table 1.** Podocyte-specific overexpression of *Mafb* had no effect on body weight, blood glucose, or insulin levels in either diabetic or control mice

	WT CON (n=9)	TG CON (n=9)	WT STZ (n=10)	TG STZ (n=10)
Blood glucose, mg/dl (20 weeks)	170.7±7.0	175.3±18.3	509.2±26.1 <sup>a</sup>	537.7±29.8 <sup>b</sup>
Insulin, ng/ml (20 weeks)	1.05±0.08	0.99±0.08	0.34±0.03 <sup>a</sup>	0.30±0.03 <sup>b</sup>
Body weight, g (8 weeks)	22.6±0.8	21.9±0.7	22.7±0.6	22.4±0.7
Body weight, g (20 weeks)	28.8±1.1	30.1±0.7	24.2±0.8 <sup>a</sup>	26.8±1.1 <sup>c</sup>

Values represent the means±SEMs.

<sup>a</sup>P<0.01 versus WT CON.

<sup>b</sup>P<0.01 versus TG CON.

<sup>c</sup>P<0.05 versus TG CON.

also examined renal function in TG STZ mice by measuring BUN and serum creatinine as an index of renal function. The levels of BUN and serum creatinine were decreased in TG STZ mice compared with WT STZ mice, but the difference only reached significance in the case of BUN levels (Figure 2, B and C). Renal histopathology was also performed. In WT STZ mice, both glomerular hypertrophy and mesangial matrix expansion were observed (Figure 2D). Meanwhile, mesangial matrix expansion was less obvious in TG STZ mice (Figure 2D). Furthermore, the mean glomerular surface of TG STZ mice was significantly smaller than that of WT STZ mice (Figure 2E). We also found that renal interstitial damage was less obvious in TG STZ mice compared with WT STZ animals. (Figure 2, F and G).

### **Mafb Overexpression Prevented Hyperglycemia-Induced *Mafb* and Nephrin Depletion**

To gain insight into the molecular mechanism by which diabetic nephropathy is ameliorated in *Mafb* TG mice, we monitored mRNA expression from *Mafb* and podocyte-specific genes in glomeruli using a quantitative RT-PCR assay (Figure 3A). In nondiabetic TG (TG CON) glomeruli, increased expression of *Mafb* was observed. *Mafb* expression was reduced after induction of hyperglycemia in WT STZ glomeruli. However, *Mafb* expression in TG STZ glomeruli remained greater than that observed in nondiabetic WT (WT CON) mice. We also observed increased expression of Nephren gene (*Nphs1*) in TG CON glomeruli. Nephren expression is reduced during STZ-induced experimental diabetic nephropathy.<sup>14,15</sup> Hyperglycemia-induced reduction of *Nphs1* expression was also observed in WT STZ mice but partially mitigated in TG STZ glomeruli. We did not detect significant changes in the levels of expression of *Nphs2* (Podocin) or *Podxl* (Podocaryxin) (Figure 3A).

Expression of the podocyte proteins *Mafb*, Nephren, and Podocin was examined by semiquantitative immunofluorescence analysis (Figure 3, B–D). In WT STZ mice, *Mafb* expression was significantly decreased compared with the level observed in WT CON mice (Figure 3B). TG STZ mice, in contrast, exhibited no significant difference in *Mafb* expression compared with their TG controls. Similarly, Nephren expression was significantly reduced in WT STZ mice

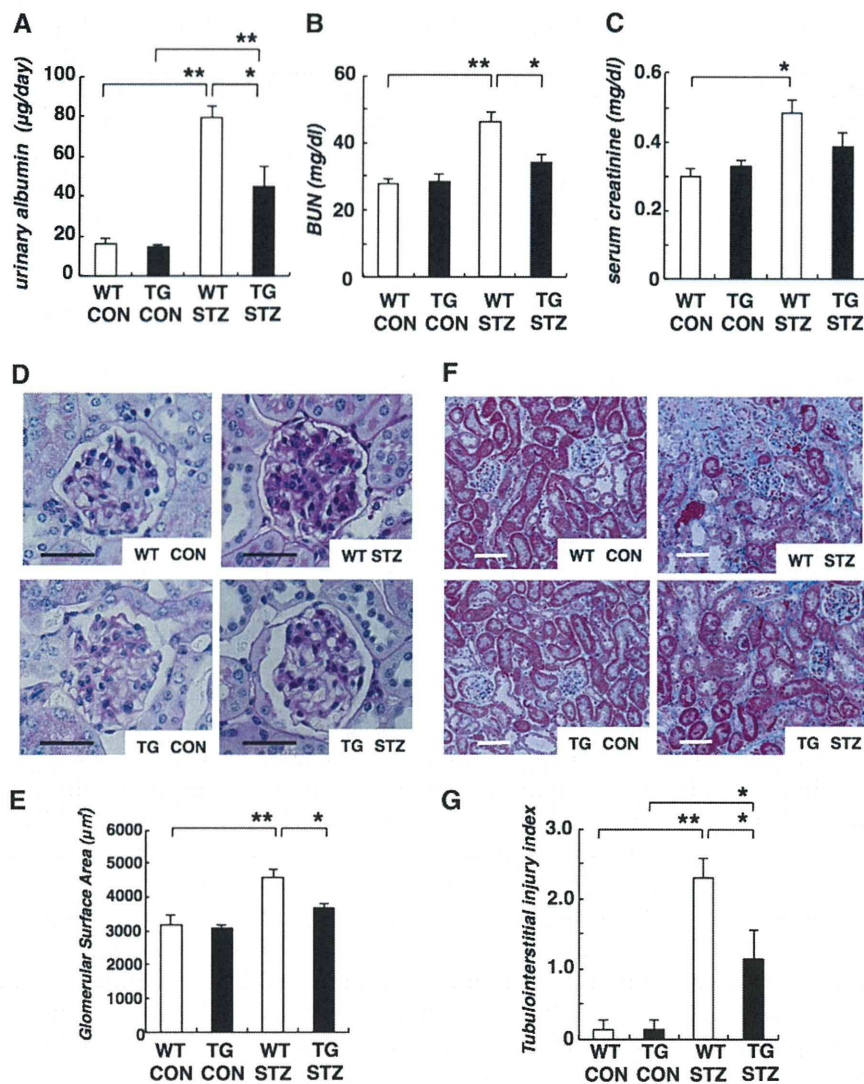
compared with WT CON mice, whereas Nephren levels did not significantly differ between TG CON and TG STZ mice (Figure 3C). We did not observe changes in Podocin expression (Figure 3D).

### **Mafb Directly Regulates Nephren**

We observed a significant reduction in the expression of *Nphs1* (Nephren) mRNA in WT STZ mice, which was mitigated in TG STZ animals, suggesting a role for *Mafb* in the regulation of Nephren mRNA expression. A 186-bp fragment of the human Nephren promoter is capable of directing podocyte-specific expression of a  $\beta$ -galactosidase transgene when placed in front of a heterologous minimal promoter in TG mice.<sup>16</sup> In a separate paper, Moeller *et al.*<sup>17</sup> were able to show podocyte-specific expression using 1.25 kb of the proximal murine Nephren promoter. We found that this Nephren promoter region contains a half-MARE (TGCTGA) that is highly conserved between human and mouse (Nephren-MARE) (Figure 4A). Therefore, we hypothesized that *Mafb* directly binds the Nephren-MARE and activates Nephren transcription. To test this hypothesis, we transfected a firefly luciferase reporter plasmid construct, which contained the murine Nephren promoter region,<sup>18</sup> along with the *Mafb* expression plasmid into 293T cells. As expected, the reporter was activated by coexpression of *Mafb* in a dose-dependent manner (Figure 4B). However, luciferase reporter plasmid construct that contained mutations in the Nephren-MARE within the Nephren promoter was not activated by *Mafb* (Figure 4B). Electrophoretic mobility shift assays (EMSA) showed that nonlabeled consensus MARE and Nephren-MARE probes competed for binding to *Mafb* with the biotin-labeled consensus MARE or Nephren-MARE probes (Figure 4C). These results suggest that *Mafb* directly regulates the transcription of Nephren by interacting with the highly conserved Nephren-MARE site in its promoter region.

### **Mafb Overexpression Decreased Oxidative Stress by Glutathione Peroxidase Elevation in Diabetic Glomeruli**

Podocytes are known to be susceptible to oxidative damage, and diabetes increases oxidative stress.<sup>1,5</sup> We evaluated oxidative stress by measuring the urinary excretion of 8-hydroxy-2-deoxyguanosine (8-OHdG) as a marker for oxidative DNA



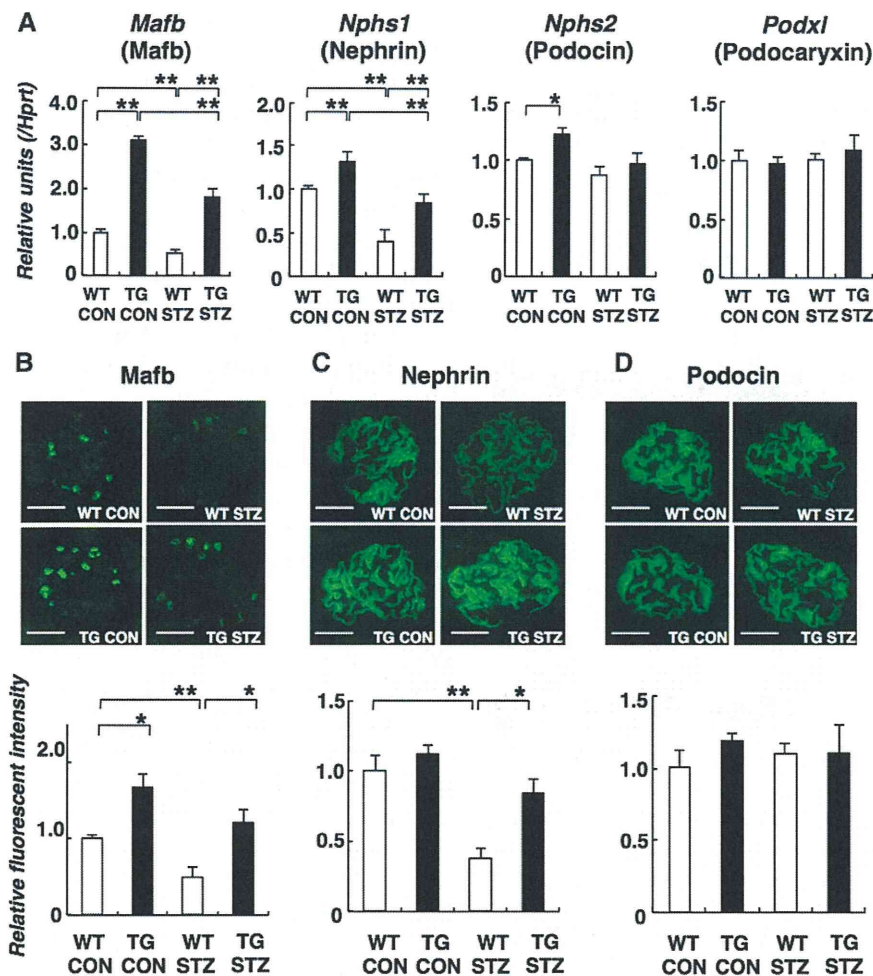
**Figure 2.** Diabetic nephropathy was improved in *Mafb* TG mice. (A) Urinary albumin, (B) BUN, and (C) serum creatinine were suppressed in TG STZ mice compared with WT STZ animals. (D) Periodic acid–Schiff-stained glomeruli. Glomerular hypertrophy and mesangial matrix expansion, which were observed in WT STZ mice, were ameliorated in TG STZ mice. Scale bar, 50  $\mu\text{m}$ . (E) The mean glomerular surface area in TG STZ mice was smaller than that in WT STZ mice. (F) In the Masson’s trichrome staining, the blue area, which shows fibrosis, was smaller in TG STZ kidney compared with WT STZ kidney. Scale bar, 100  $\mu\text{m}$ . (G) Tubulointerstitial injury index in TG STZ mice was ameliorated compared with WT STZ animals. Values represent the means  $\pm$  SEMs ( $n=7$  mice per group). \* $P<0.05$ ; \*\* $P<0.01$ .

damage *in vivo*. After diabetes induction, urine 8-OHdG was increased in WT STZ mice. The increased 8-OHdG excretion was prevented in TG STZ animals (Figure 5A). *Maf* (*c-Maf*), a homolog of *Mafb*, is a transcriptional regulator of glutathione peroxidase 3 (*Gpx3*), and it modulates the antioxidative pathway in the renal proximal tubule.<sup>19</sup> In addition, *Gpx3* is also expressed in isolated glomeruli.<sup>20</sup> Recent data suggested that *Gpx3* is produced by podocytes and interacts with podocin.<sup>21</sup> Moreover, glomerular *Gpx* is decreased in patients with FSGS

and rats with puromycin aminonucleoside-induced nephropathy.<sup>22</sup> These facts suggest that podocytes *Gpx* might play a protective role against oxidative stress in diabetic nephropathy. Of the known *Gpx* isoforms, *Gpx1* and *Gpx4* are readily found in the kidney, whereas *Gpx2* and *Gpx5* are not.<sup>23</sup> RT-PCR analysis revealed decreased *Gpx3* and *Gpx4* expression in the WT STZ glomeruli (Figure 5B). In TG CON glomeruli, *Gpx3* expression was increased approximately 2-fold. Diabetes induction reduced *Gpx3* expression to a similar overall percentage, although the level in TG STZ was similar to that in WT CON glomeruli. Decreased *Gpx4* expression was also seen in WT STZ glomeruli. However, there was no difference between *Gpx4* expression in WT STZ and TG STZ glomeruli. We could not detect obvious changes in *Gpx1* expressions. STZ causes a reduction in *Gpx* activity in both WT and TG mice, but the level in TG STZ mice is, nevertheless, similar to that in WT CON mice (Figure 5C).

**Podocyte-Specific *Mafb* Overexpression Altered Glomerular Notch Signaling in Diabetic Mice**

Translocation and/or overexpression of *MAFB* have been observed in some cases of human multiple myeloma, and *NOTCH2* was identified as a primary *MAFB* target gene in multiple myeloma cell lines.<sup>24</sup> Recent studies described increased podocyte Notch activity in proteinuric kidney diseases and suggest its contribution to the pathogenesis of proteinuria and diabetic nephropathy.<sup>25,26</sup> In this study, we investigated glomerular Notch pathways in diabetic *Mafb* TG mice (Figure 6). We found that glomerular Notch2 expression was increased in TG CON mice. However, the expression of other Notch subtypes was similar in WT and TG CON glomeruli. Increased expression of Notch1, Notch2, and Notch4 was observed in WT STZ glomeruli. Moreover, Notch1 elevation was mitigated in TG STZ glomeruli. Meanwhile, Notch2 expression was further potentiated after diabetes induction (Figure 6). There was no difference between Notch4 expression in WT STZ and TG STZ glomeruli. The expressions of Notch ligands (*Jag1* and *Dll1*) and Notch target genes (*Hes1* and *Hey1*) were elevated in WT STZ glomeruli. The fold induction of these genes was reduced in TG STZ glomeruli (Figure 6).



**Figure 3.** Hyperglycemia-induced *Mafb* and Nephlin depletion was prevented in *Mafb* TG mice. (A) Quantitative RT-PCR analysis. *Mafb* and *Nphs1* elevation was observed in TG CON glomeruli. Reduced expression of *Mafb* and *Nphs1* in WT STZ glomeruli was ameliorated in TG STZ mice. Significant changes in *Nphs2* and *Podxl* (Podocaryxin) expression were not observed. Analysis of (B) *Mafb*, (C) Nephlin, and (D) Podocin expression by immunofluorescence. Scale bar, 50  $\mu$ m. Graphs depict semiquantitative analysis by immunofluorescence. *Mafb* overexpression was observed in TG CON glomeruli. Reduction in glomerular *Mafb* and Nephlin expression induced by diabetes was mitigated in TG STZ mice. Podocin expression was unchanged. Values represent the means  $\pm$  SEMs ( $n=4$  mice per group). \* $P<0.05$ ; \*\* $P<0.01$ .

### Mafb Induces Gpx3 and Notch2 Expression in Cultured Podocytes

We observed upregulation of Gpx3 and Notch2 in *Mafb* TG glomeruli, suggesting a role for *Mafb* in the regulation of Gpx3 and Notch2 expression. It was reported that c-Maf induces Gpx3 in renal tubule epithelial cells,<sup>19</sup> and c-Maf or *Mafb* induces Notch2 expression in myeloma cells.<sup>24</sup> However, there is no proof that *Mafb* regulates Gpx3 and Notch2 expression in podocytes. Therefore, we transfected murine podocytes with an *Mafb* expression vector or performed a mock transfection as a control. We observed elevated Gpx3 and Notch2

expression in *Mafb*-transfected podocytes by RT-PCR (Figure 7A) and Western blot analyses (Figure 7, B and C).

We also observed downregulation of *Mafb* and Gpx3 and upregulation of Notch2 in diabetic glomeruli. Additionally, we cultured *Mafb*-transfected and nontransfected podocytes in high glucose conditions (30 mM glucose). However, we did not observe any apparent change in the relative levels of *Mafb*, Gpx3, or Notch2 expression in cells cultured in media containing normal glucose (5.5 mM) versus high glucose (30 mM) for 72 hours (data not shown). Because hyperglycemia in STZ-treated diabetic mice persisted for 12 weeks, the difference between the *in vivo* and *in vitro* analyses might have arisen owing to the high glucose duration.

### Overexpression of *Mafb* Restores Podocyte Depletion and Apoptosis Induced by Diabetes

Loss of podocytes contributes importantly to the pathogenesis of diabetic nephropathy.<sup>1</sup> We assayed the podocyte numbers by counting glomerular nuclei staining positively for Wilms' tumor 1 (WT1). The number of podocytes per glomerular section was reduced in WT STZ mice compared with WT CON animals. In contrast, podocyte depletion was mitigated in TG STZ mice (Figure 8, A and B).

Podocyte apoptosis has been identified as one cause of podocyte depletion in experimental kidney diseases in mice.<sup>3–5</sup> To determine whether the reduction in the apparent number of podocytes was related to increased cell death, sections were subjected to terminal deoxynucleotidyl transferase-mediated digoxigenin-deoxyuridine nick-end labeling (TUNEL) staining. Apoptotic glomerular cells were rare in glomerular sections from control mice.

TUNEL-positive glomerular cells were increased in WT STZ mice, and this induction of cell death was significantly decreased in TG STZ mice (Figure 8C). We also confirmed that apoptotic glomerular cells were WT1-positive, indicating that they were podocytes (Figure 8D).

### DISCUSSION

We previously showed that *Mafb* is essential for differentiation and foot process formation of podocytes.<sup>10</sup> A recent study