230 treatment with the FOXP3 Fix/Perm Buffer Set (BioLegend), cells underwent intranuclear 231 staining with Foxp3-FITC. The intracellular or intranuclear staining was performed, according to 232 the supplemental protocol for each buffer. The cellular frequency of CD4+/INF-y+/IL4-, 233 CD4+/INF-γ-/IL4+, or CD4+/CD25+/Foxp3+ in CD4+ helper lymphocyte was evaluated as that 234 of Th1, Th2, or regulatory T cell. 235 3. Flow cytometry analysis: The scatter diagram of each PBMNC or the QQc cell (QQMNC) 236 population in an individual, was gated into three cell sized populations of lymphocyte, monocyte, 237 and the larger cell. The % positivity of a hematopoietic cell population per each gate in PBMNCs 238 or QQMNCs, was evaluated, and then calculated to that in the whole cells of the three gates. The 239 ratio of the % positivity in the whole cells of QQMNCs to that in PBMNCs was further calculated 240 for each cell population. Similarly, the % positivity of each helper T subset (Th1, Th2, or 241regulatory T cell) was calculated in CD4+ T cells of the three gates of PBMNCs or QQMNCs; the 242 ratio of the % positivity in CD4+ T cells of QQMNCs to that in PBMNCs was calculated.

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- Quantitative real-time PCR in vitro.
- 245 Using Trizol (Invitrogen), total RNA was isolated from PBMNCs or QQMNCs. Contaminated 246 genomic DNA was digested by DNase I treatment (Invitrogen) at 37°C for 15 min. DNase 247 I-treated total RNA was purified by phenol extraction and ethanol precipitation. One hundred ng 248 of purified total RNA was used for cDNA synthesis with SuperScript VILO cDNA synthesis kit 249 (Invitrogen). cDNA mixture was diluted by 10 fold after first-strand cDNA synthesis. Using ABI 250 Prism 7700 (Applied Biosystems), quantitative real-time PCR (qRT-PCR) for diluted cDNA was 251 performed with EagleTag Master Mix (Roche), 0.3 µM of forward and reverse primers used for 252 cDNA amplification, and 0.25 μM of probe (Sigma Aldrich), according to the manufacturer's 253 protocol. The relative mRNA expression was calculated by  $\Delta\Delta$ Ct method with normalization 254 against human glyceraldehyde-3-phosphate dehydrogenase (hGAPDH). All primers and probes 255 used were listed in TABLE 7.

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# In vitro angio-vasculogenic assay using Matrigel.

As previously reported, <sup>12</sup> PBMNCs and QQMNCs were respectively incubated in 500  $\mu$ L of 2% FBS/EBM-2 with 20  $\mu$ g/mL of acetylated low density lipoprotein, labeled with 1,1'-dioctadecyl-3,3,3',3'-tetramethyl-indocarbocyanine perchlorate (acLDL-DiI) (4 x 10<sup>4</sup> cells/500  $\mu$ L) in a 1.5 mL tube for 30 min at 37°C in a CO<sub>2</sub> incubator. Following centrifugation at 400 g for 10 min at 4°C, and aspirating the supernatant, the cell pellets were washed by 1 mL PBS and suspended

263 with EBM-2/2%FBS  $(1.0 \times 10^3 \text{ cells/50 } \mu\text{L})$ . The labeled cells were resuspended together with 264 HUVECs (EPCs: HUVECs =  $1 \times 10^3$ :  $1.5 \times 10^4$  in 100 µL of 2% FBS/EBM-2). The mixed cell 265 suspension was incubated at 37°C in a water bath, and applied at 100 µL each onto pre-incubated 266 Matrigel (BD Falcon)(50 μL/well) in each 96 well plate (BD Falcon). After incubation for 12 h, 267 the numbers of closed areas formed by HUVECs were counted using Photoshop software in the 268 pictures taken by phase-contrast light microscopy (x 2 HPF)(Eclipse TE300, Nikon). 269 Furthermore, acLDL-DiI labeled PBMNCs or QQMNCs incorporated into tube, were also 270 counted using Image J software in the pictures (x 4 HPF) taken by a fluorescence microscope 271 (IX70, Olympus). The tube and cellular numbers were counted independently by two blinded 272 investigators.

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# 274 In vivo assessment of blood flow, histology and gene expression in murine ischemic 275 hindlimb model transplanted PBMNCs or QQMNCs.

1. Guideline for animal experiment: All animal studies conformed to national and institutional guidelines. The protocols were approved by the guidelines of the Institutional Animal Care and Use Committee of the Isehara Campus, Tokai University School of Medicine, based on Guide for the Care and Use of Laboratory Animals, National Research Council. The experimental animal protocols for making ischemic models and Laser Doppler Perfusion Imaging (Moor Instrument) are performed under adequate anesthetization by 1.5 to 2.0% isoflurane (Dainippon Sumitomo Pharma Co.) to minimize pain to mice by regarding the 3R's (replacement, reduction and refinement). Following surgery, the mice were subcutaneously injected with buprenorphine (Repetan, 0.1 mg/kg body weight; Otsuka Pharmaceutical Co.) once a day for 3 days to relieve pain or discomfort. At sacrifice, pentobarbital sodium (Somnopentyl, 60 to 70 mg/kg body weight; Kyouritu Seiyaku Co.) was intraperitoneally injected.

weight; Kyouritu Seiyaku Co.) was intraperitoneally injected.

2. Making ischemic hindlimb model and cell transplantation: Eight- to ten-week-old male
BALB/c nu/nu mice (CAnN.Cg-Foxn1<sup>nu</sup>/CrlCrljCharles River, Japan) were used, as reported
elsewhere. The proximal portion of the left femoral artery including the superficial and the deep
branch was suture-ligated, and the proximal and distal portions of the saphenous artery were
occluded with a bipolar forcep electric coagulator (MERA N3-14, Senko Medical Instrument Mfg
Co.). The overlying skin was closed with 4-0 silk suture. The next day, the cells were suspended
in IMDM medium, and intramuscularly injected into ischemic hindlimb.

The cell injection sites and the doses for assays were as follows: each one site of anterior tibial muscle (ATM) and gastrocunemius muscle (GCM) for blood flow analysis and histology, i.e., HE

296 staining, Azan staining and iNOS immunohistochemistry (5.0 x 10<sup>3</sup> cells/20 µL/site: total 1x10<sup>4</sup> cells/mouse), two sites of ATM for qRT-PCR (5.0 x 10<sup>3</sup> cells/20 µL/site: total 1x10<sup>4</sup> cells/mouse), 297 or for histological assessment of vasculogenesis (1.0 x 10<sup>5</sup> cells/20 µL/ site: total 2 x 10<sup>5</sup> 298 299 cells/mouse). 300 3. Assessment of blood flow: Laser Doppler Perfusion Imaging was used to record serial blood 301 flow measurements for three weeks after surgery; these data were analyzed using Moor ldi Main 302 software (Laser Doppler Imager ver 5.2, Moor Instrument). The blood flow in toe region of 303 interest (ROI) of ischemic and contralateral limbs per mouse was measured by Laser Doppler 304 Perfusion Imaging; the blood flow ratio of ischemic versus contralateral hindlimb was calculated. 305 The mice with toe necrosis or limb salvage were only involved in the calculation, but not those 306 with foot necrosis or autoamputation. 307 4. Tissue preparation of histochemical assessment: Three weeks after surgery, forty µL of 308 Isolectin B4-FITC (Fluorescein Griffonia Simplicifolia Lectin I, Isolectin B4, Vector Lab) was 309 injected into tail vein using a insulin syringe, and then 20 min later, the mice were sacrificed 310 under the adequate anesthetization. Immediately after sacrifice, the mice were perfused with 20 311 mL of PBS and then with the equivalent volume of 4% paraformaldehyde/PBS by heart puncture. 312 Subsequently, hindlimbs were excised, and incubated in 4% paraformaldehyde/PBS at 4°C 313 overnight. Thereafter, the ATMs were embedded into paraffin for the tissue samples of QQMNC 314 transplantation (Tx) and PBMNCTx. Alternatively, the tissues were coated with O.C.T. 315 compound (Tissue-Tek), immediately frozen in liquid nitrogen, and refrigerated until use at -80°C 316 for those of QQMNCTx, GmCD34Tx and eEPC Tx. Cross sectional tissue samples with the 317 thickness at 6 to 8 µm for paraffin section or at 10 µm for frozen section, were sliced from the 318 tissue blocks of the muscles, and then subjected to the assessments, described below. 319 5. Microvascularture and pericyte recruitment: For smooth muscle  $\alpha$  actin (SM  $\alpha$  actin) 320 staining, the paraffin tissue sections after deparaffinization or the frozen ones were washed with 321 PBS, blocked with 10% goat serum for 30 min at room temperature (RT), then, incubated with 322 Cy3- conjugated anti- SM α actin antibody (Sigma-Aldrich) pre-diluted (1:200 ratio) with 1% 323 BSA/PBS for 2 h at RT. After washing with PBS, the sections were mounted with 1.25% (w/v) DABCO (Sigma-Aldrich)/90% (v/v) glycerol /10% (v/v) PBS, then observed under fluorescent 324 325 microscopy (Biorevo, Keyence). The same protocol without using the antibody, was performed as 326 the negative control. Also, the negative control for Isolectin B4-FITC staining was in advance, 327 prepared from the mice without in vivo injecting Isolectin B4-FITC into tail vein.

Using a software (VH analyzer, Keyence), microvascular densities were evaluated by counting

329 the microvessels stained with Isolectin B4-FITC. Simultaneously, pericyte recruitment to the 330 vasculartures was evaluated by counting the SM  $\alpha$  actin-positive microvessels. 331 6. Myogenesis and interstitial fibrosis: Centrally nucleated muscle fibers stained with 332 hematoxylin-eosin (HE) staining were photographed with an automatic research 333 photomicroscope (AX80, Olympus), and were then counted as myoblasts<sup>27</sup> by VH analyzer, Limb 334 interstitial fibrosis detected by Azan staining was morphometrically assessed by the same photomicroscope and software. 28, 29 335 336 7. Tissue inflammation: The paraffin tissue sections were deparaffinized; autoclaved in citrate 337 buffer at 121°C for 10 min to retrieve the target antigen; incubated with the primary antibody of 338 rabbit polyclonal anti-iNOS antibody (Abcam) pre-diluted with 1% BSA/PBS (1:100 ratio) at 339 4°C overnight (TABLE 8). Thereafter, the samples were treated with 0.3%H2O2/Methanol and 340 Histofine Simple Stain Mouse MAX PO(R)(Nichirei Bioscience Inc.), and then dyed with 341 3,3'-Diaminobenzidine, tetrahydrochloride (DAB)(DOJINDO). Further, the samples were 342 stained with hematoxylin, dehydrated, and then mounted with malinol. The frozen tissue sections 343 were also stained with the anti-iNOS antibody in the same way, after similar autoclave and 344 subsequent treatment with 0.5% TritonX-100/PBS. The control samples were prepared under the 345 same procedure, using Rabbit Immunoglobulin Fraction (DAKO). 346 8. Vasculogenesis by transplanated cells: The cross sectional tissues at 10 µm, after washing 347 with PBS, were microwaved in Target Retrieval Solution (DAKO) diluted with distilled water (1: 348 10 ratio) at 98°C for 10 min. Then, after treatment with STREPTAVIDIN/BIOTIN BLOCKING 349 KIT (Vector Lab) to block endogenous biotin, the sections were incubated with 5% goat 350 serum/1% BSA/PBS for 30 min at RT. For the preparation of primary antibody to human CD31, 351 mouse anti-human CD31 antibody and biotinylated goat anti-mouse IgG (Fitzgerald) were 352 respectively diluted in 1% BSA/PBS (1:8 and 1:48 ratio), i.e., adjusted to the concentration of 353 25 μg/mL and 60 μg/mL. The pre-diluted reagents were mixed in the equal volume and reacted at 354 RT for 1 h. The pre-reacted reagent was further mixed with mouse serum (Rockland) (2:1 ratio) 355 and incubated at RT for 1 h. The primary antibody reagent for human CD31 was incubated with 356 the tissue sections at 4°C overnight. The sections were washed with PBS and subsequently 357 incubated with streptavidin, Alexa Fluor 594 conjugate pre-diluted in 1% BSA/PBS (1:90 ratio) 358 at RT for 1 h. The tissue sections were washed with PBS and finally mounted with 1 □M TOTO-3 359 iodide (Invitrogen) in 1.25% (w/v) DABCO/90% (v/v) glycerol /10% (v/v) PBS. The tissue 360 specimens were observed by a confocal laser-scanning microscope (LSM510META, Carl Zeiss).

Mouse anti- human CD31 antibody and the reagents were detailed in TABLE 9. The acquired

images at 0.8 µm z interval (11 sliced images by 10 intervals at total 8 µm thickness) were reconstructed 3D structures using the function of 3D spectrum analysis. Further, to quantify 'vasculogenic properties' in their images, the surface of a volume object in the ROI, was visualized, using an Imaris iso-surface function of 4D Image analysis software (Imaris 6.2.0, Carl Zeiss); murine vessels stained with Isolectin B4-FITC (green) and transplanted cell derived microvessels stained with Alexa 594 conjugated human specific anti- CD31 antibody (red). The values of microvascular density in 2D image and % volume per image cube in 3D were respectively calculated for the green or red coloured microvessels.

9. Murine qRT-PCR of ischemic hindlimb: Mice were sacrificed under adequate anesthetization day 6 after cell Tx: day 7 after surgery. GCMs of ischemic hindlimbs were harvested for total RNA isolation; the mice were perfused with 20 mL of PBS by heart puncture to remove circulating blood; GCMs were resected out and incubated into 1 mL of RNA later at 4°C overnight. After homoginization of GCMs with 1 mL of Trizol (Invitrogen), total RNA was isolated and genomic DNA was digested by DNase I treatment (Invitrogen) at 37°C for 15 min. DNase I-treated total RNA was purified by phenol extraction and ethanol precipitation. Two μg of purified total RNA was used for cDNA synthesis with High Capacity cDNA Reverse Transcription kit (Applied Biosystems). cDNA mixture was sequentially diluted by 20 to 160 fold with MiliiQ water after first-strand cDNA synthesis. Using ABI Prism 7700 (Applied Biosystems), TaqMan gene expression assays for diluted cDNA were performed with TaqMan Fast Universal PCR Master Mix (Applied Biosystems), according to the manufacturer's protocol. The amplification of cDNA was as follows: denaturation at 95°C for 3 sec, annealing/extension at 62°C for 30 sec, 40 cycles. The relative mRNA expression was calculated by ΔΔCt method with normalization against mouse 18S rRNA. All primers and TaqMan probes used were listed in

## Statistical analysis.

TABLE 10.

Prism5 software (GraphPad Inc.) was used to conduct all statistical analyses. Wilcoxon Signed rank-test or linear regression analysis was used to analyse quantitative variation or correlation of cells and EPC-CFUs between PBMNC and QQMNC in each individual. To assess the variation of each hematopietic cell or helper T subset through QQc, Wilcoxon Signed rank-test was also applied for comparison of the ratio of % cell positivity in the whole cells or CD4+ T cells of QQMNC to that of PBMNC in each individual. Mann Whitney U-test and by Kruskal-Wallis test were applied to compare the data between two groups and among three to four groups. The

experiment to assess angio-vasculogenic properties by transplanted human cells using confocal fluorescent microscope were performed simultaneously on the whole groups: IMDM control, PBMNCTx, eEPCTx, QQMNCTx, and GmCD34Tx. The data were separately analysed in the following comparisons: QQMNCTx versus PBMNCTx or IMDM control; QQMNCTx versus GmCD34Tx, eEPCTx or IMDM control. Especially, vasculogenic properties by transplanted human cells were compared in the groups excluded IMDM control, qRT-PCR assay to evaluate mRNA expression in ischemic hindlimbs was also implemented simultaneously on the whole groups; the data were analysed and compared in the same manner as those in the former experiment. Furthermore, in the assay, the ratio of relative mRNA expression of ischemic- to contralateral (healthy) hindlimbs in IMDM control, was compared by Mann Whitney U-test to confirm the influence of hindlimb ischemia. In histological assays, two tissue sections per mouse were prepared, and four to six fields per tissue section were evaluated. Probability values of P < 0.05 were deemed statistically significant. All values were expressed as mean  $\pm$  SE.

409	RESULTS
410	
411	Decrease in cell counts in QQMNCs.
412	The fold increase of QQMNCs to PBMNCs per well declined in the whole subjects with the
413	average of 0.54 fold (TABLE 11). The calculated total QQMNCs derived from 100 mL PB
414	decreased from original cells, $831.3 \pm 75.3$ , to $399.2 \pm 43.1 \times 10^5$ , averagely by $0.48$ fold decrease.
415	(Figure 1a, TABLE 11).
416	Interestingly, the fold increase of QQMNCs per well exhibited the negative correlation with total
417	cells of PBMNCs from 100 mL PB in the healthy subjects (Figure 1b- left). Taken together, these
418	findings indicate that even using higher PBMNC densities per 100 mL PB resulted in constant
419	relative yields of QQMNCs per the PB volume (Figure 1b- right).
420	
421	Increase of colony forming EPCs in QQMNCs.
422	To assess vasculogenic activities between PBMNCs and QQMNCs, EPC-CFA was used to
423	monitor two different types of EPC-colony forming units (EPC-CFUs), pEPC-CFUs and
424	dEPC-CFUs, which comprised small cells and large cells, respectively. The pEPCs had high cell
425	proliferation activity; in contrast, the dEPC had high vasculogenic potential. 12
426	In in vitro assays, dEPCs had higher cell adhesion activity than did pEPCs, and dEPCs formed
427	tube-like structures; additionally, dEPCs extensively formed blood vessel de novo following
428	transplantation into ischemic hindlimbs of mice, but pEPCs did less.
429	Therefore, pEPCs derive from relatively immature and highly proliferative EPCs, while dEPCs
430	are relatively mature, differentiated, and able to promote EPC-mediated cell functions required
431	for vasculogenesis.
432	The pEPC and dEPC -colony-forming cells each constituted a small proportion of the cells in
433	primary PBMNC populations, $8 \times 10^{-4} \%$ and $3.5 \times 10^{-4} \%$ respectively (Figure 1c, d- left,
434	TABLE11). These colony assays demonstrated that QQMNCs have much greater vasculogenic
435	potential than do PBMNCs. Following QQc, the frequency of total EPC-CFUs from $2 \times 10^5$ cells
436	per dish in QQMNCs was significantly enhanced 13.7 fold of that in PBMNCs. Especially, the
437	frequency of dEPC-CFUs increased 41.4 fold of that in PBMNCs.
438	The present data indicate that the vascular regenerative capacity of QQMNCs was superior to
439	that of PBMNCs (Figure 1d- left).
440	Although QQc reduced the count of cells in each individual culture, dEPC colony forming cells,
441	and total EPC colony forming cells in OOMNCs derived from the even blood volume were

442 enriched 19.0 and 6.2 fold relative to those in PBMNCs (Figure 1d- middle, TABLE11). Not 443 only were QQc enriched with dEPC colony forming cells, the EPC colony forming cells in 444 QQMNCs had a 2.7 fold greater differentiation potential than those in PBMNCs, considering the 445 percentage of dEPC-CFUs to total EPC-CFUs per dish in PBMNCs and OOMNCs (Figure 1d 446 right). 447 We also used a linear regression analysis to compare between PBMNCs and QQMNCs with 448 regard to both the quantity and quality of EPC-CFUs (Figure 1e). 449 Notably, dEPC-CFU and total EPC-CFU counts in QQMNCs were positively correlated with 450 pEPC-CFU counts in PBMNCs, but pEPC-CFU counts in QQMNCs were not (Figure 1e- left). 451 In contrast, neither pEPC-CFU counts nor total EPC-CFU counts in QQMNCs were positively 452 correlated with dEPC-CFU counts in PBMNCs (Figure 1e- middle). 453 In summary, the frequency of EPC colony forming cells in QQMNCs depended on that in 454 PBMNCs (Figure 1e- right). Importantly, the frequency of dEPC colony forming cells in 455 QQMNCs was positively correlated with that of pEPC colony forming cells in PBMNCs; these 456 correlations indicate that the differentiation during QQc of pEPC colony forming cells in 457 PBMNCs, contributed to formation of dEPC colony forming cells in QQMNCs. 458 Collectively, assays of colony formation demonstrated that the quantitative and qualitative 459 vasculogenic potential of QQMNCs is drastically enhanced relative to that of PBMNCs, when 460 evaluated even by blood volume. 461 Moreover, we assessed the functional relationship between CD34+ cells and CD34+ cell 462 depleted MNCs (CD34–MNCs) in PBMNCs during QOc (Figure 1f). CD34–MNCs after QOc 463 (QQ-34-MNCs) did not yield EPC colony, while CD34+ cells after QQc (QQ-34+ cells) 464 encompassed pEPC colony forming cells. This means that EPC colony forming cells were 465basically derived from CD34+ cells. When CD34+ cells were co-cultured with CD34-MNCs 466 (QQ-34+/34–MNC) at a 1:500 ratio mimicking the proportion of CD34+ cell involved in naïve 467 PBMNC, the dEPC population expanded significantly relative to the QQ-34+ population, even 468 though the original CD34+ cell count was equal. The result suggests that CD34-MNCs included 469 some cell population to accelerate EPC expansion and differentiation in CD34+ cells through 470 QQc.

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# Cell population transition in QQMNCs.

Based on microscopy and fluorescent cell sorting, large cells were proportionally more common in QQMNC samples than in PBMNC samples (**Figure 2a, b**). In flow cytometry, the proportion

- of each positive cell involved in the whole cells of (A), (B) and (C) gates separated with red lines
- was estimated (Figure 2b).
- QQMNCs exhibited the enrichment of CD34+ and CD133+ stem cell populations, compared to
- 478 PBMNCs: 5.97 fold in CD34+ cells; 3.59 in CD133+ cells (**Figure 2c, TABLE 12**).
- In contrast, the proportion of many hematopoietic cell types including B lymphoid cells (CD19+
- cells), pro-inflammatory monocytes/macrophages (chemokine receptor 2+ cells= CCR2+ cells),
- and NK cells (CD56+ cells) was lower in QQMNC samples than in PBMNC samples.
- The proportion of endothelial lineage cells was slightly increased in CD105, while not changed
- in CD31 and slightly decreased in vWF. Although not significant, the proportion was slightly
- increased in CD146, while decreased in VEGFR-2.
- In the T-lymphoid cell population, and particularly in the angiogenic T cells subpopulation,
- 486 CXCR-4+/CD31+/CD3+ cells<sup>30</sup> increased significantly following QQc. Notably, the proportion
- of anti-inflammatory M2 type (CD206) cells increased significantly 4.95 fold in the two
- categories of macrophages; inversely, the proportion of pro-inflammatory M1 type (CCR2) cells
- decreased significantly 0.01 fold. 31 32
- More interestingly, when activated T lymphocytes of QQMMC or PBMNC by phorbol
- 491 12-myristate 13-acetate (PMA) and ionomycin, the proportion of Th1 cells
- 492 (CD4+/INF- $\gamma$ + $\square$  $\square$  $\square$ -) in helper T (CD4+) cells in QQMNC declined 0.55 fold of that in
- 493 PBMNC. In contrast, the proportions of Th2 cells (CD4+/INF-γ/IL-4+) and regulatory T cells
- 494 (CD4+/CD25+/Foxp3+) increased 6.04 and 5.82 fold (Figure 2d, TABLE 13).
- These data indicate that QQc conditions specifically selected for and/or promote proliferation of
- 496 stem/progenitor cell populations of EPCs, anti-inflammatory and angiogenic
- 497 monocytes/T-lymphocytes in primary PBMNC cultures.

- Enhanced expression of angiogenic and anti-inflammatory factors in QQMNCs.
- 500 Expression of genes encoding five angiogenic and myogenic cytokines (VEGF-B,
- angiopoietin-1 (Ang-1), leptin, IL-8, IL-10, and insulin-like growth factor-1 (IGF-1) was much
- higher in QQMNCs than in PBMNCs; the fold increases in QQMNCs versus PBMNCs were 4.2
- 503 for VEGF-B, 2.4 for Ang-1, 35.9 for leptin, 6.3 for IL-8, 5.4 for IL-10, 21.2 for IGF-1 (**Figure 3a**,
- **b**). While each factor is pro-angiogenic, VEGF-B and Ang-1 also induce vascular maturation, <sup>33</sup>,
- 505 <sup>34</sup> and IGF-1 is myogenic. <sup>35</sup>
- 506 Additionally, expression of the gene encoding IL-1β, a pro-inflammatory cytokine, in QQMNCs
- decreased by 0.23 fold of that in PBMNCs, with the increase of the gene encoding the

508	anti-inflammatory IL-10 (Figure 3c). These expressional profiles indicate that QQMNCs
509	preferred to arrange anti-inflammatory environment in injured tissue. Furthermore, the
510	expression of genes encoding to matrix metalloproteinases (MMPs) of MMP-2 and MMP-9 was
511	significantly higher in QQMNCs than in PBMNCs; the fold increases were 22.1 for MMP-2and
512	189.4 for MMP-9 (Figure 3d). MMP-2 and MMP-9 have anti-fibrotic activity that plays critical
513	roles during neovascularization and tissue remodeling. <sup>36, 37</sup>
514	
515	QQMNCs promote angiogenesis in vitro.
516	Using an in vitro Matrigel assay, we found that QQMNCs promoted tube formation of
517	co-cultured human umbilical vein endothelial cells (HUVECs) for 12 h, but PBMNCs did not
518	(Tube counts/x2HPF= $63.3 \pm 1.43$ for HUVEC QQMNC vs. $55.1 \pm 1.45$ for HUVEC + PBMNC
519	or $55.3 \pm 1.39$ for HUVEC alone) ( <b>Figure 4a, b</b> ).
520	Moreover, QQMNCs were readily incorporated into the tubes formed by HUVECs; in contrast,
521	PBMNCs were rarely incorporated into such tubes (incorporated DiI-uptaking cells in
522	tubes/x4HPF $\Box$ 38.5 $\pm$ 8.30 for QQMNC vs. 8.72 $\pm$ 1.89 for PBMNC) ( <b>Figure 4c, d</b> ).
523	These findings indicate that in vitro QQMNCs had more angiogenic and EPC incorporating
524	activity than did PBMNCs.
525	
526	Physiological evidence of therapeutic vasculogenesis in QQMNCs in vivo in ischemic
527	hindlimb.
528	We investigated the potential of QQMNCs to treat ischemia, using a mouse ischemic hindlimb
529	model; the effect was evaluated by blood flow measurement for 21 days after ischemic surgery.
530	We compared the effect of QQMNCTx with that of no-cell Tx (IMDM medium injected mice:
531	IMDM control) or PBMNCTx (Figure 5a).
532	For each mouse, we measured blood flow in the ischemic and contralateral hindlimb; we then
533	calculated the ratio of ischemic blood flow to contralateral flow for the QQMNCTx, PBMNCTx,
534	and control groups: these values were % blood flow ratio = at day 14, $48.8 \pm 4.25$ , $32.3 \pm 5.53$ , and
535	$28.9 \pm 4.52$ : at day 21, $50.7 \pm 5.50$ , $28.1 \pm 6.19$ , and $27.4 \pm 6.98$ , respectively. The ratio in the
536	QQMNCTx was significantly higher after day 14 than that in PBMNCTx and control, indicating
537	that QQMNCTx recovered ischemic blood flow greater than the others.
538	Comparing to other EPC transplantations (Figure 5b), QQMNCTx improved the blood flow

ratio earlier than GmCD34Tx, eEPCTx and control: these values in QQMNCTx, GmCD34Tx,

- 540 eEPCTx, and control were % blood flow ratio = at day 14,  $52.8 \pm 6.13$ ,  $37.6 \pm 3.48$ ,  $24.8 \pm 2.83$ ,
- and 24.1  $\pm$  5.13; at day 21, 62.1  $\pm$  6.61, 53.9  $\pm$  6.18, 31.8  $\pm$  1.57, and 27.7  $\pm$  3.86, respectively.
- The percentages of autoamputation in the QQMNCTx, PBMNCTx, and control groups were
- 4.3%, 9.5%, and 15.8%, respectively; conversely, the percentages of limb salvage were 21.7%,
- 544 9.5%, and 10.5%, respectively. These findings indicate that QQMNCTx potentiated physiological
- recovery in hindlimb ischemia more so than did PBMNCTx or control (Figure 5c).
- When compared to GmCD34Tx and eEPCTx, the percentages of autoamputation in QQMNCTx,
- 547 GmCD34Tx, and eEPCTx were 4.5, 26.3, and 37.5, respectively. In contrast, the percentages of
- limb salvage in QQMNCTx, GmCD34Tx, and eEPCTx were 27.3%, 21.1%, and 25.0%,
- 549 respectively.
- Regarding these findings, the earlier blood flow recovery by OOMNCTx mighore favorably
- rescue ischemic foot from injury, compared to other treatments (**Figure 5d**).

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#### Histological evidence of tissue regeneration by QQMNC transplantation.

# 554 Angiogenesis and arteriogenesis

- 555 For each animal, we used histological methods to measure Isolectin
- 556 B4-0000 microvessel density and assess angiogenic capacity in the ATM of
- 557 ischemic hindlimbs; the mean densities (microvessel counm<sup>2</sup>) for the QQMNCTx, PBMNCTx,
- and control groups were  $400.7 \pm 37.9$ ,  $118.9 \pm 20.1$ , and  $98.7 \pm 15.8$ , respectively (**Figure 6a, b**).
- 559 We also evaluated pericyte recruited (SMα actin+) microvessel densitiy in the ATM to assess
- arteriogenesis for vascular maturation: the mean densities (pericyte recruited microvessel
- counts/mm<sup>2</sup>) for the QQMNCTx, PBMNCTx, and control groups were  $38.7 \pm 5.5$ ,  $19.8 \pm 4.3$ , and
- $562 15.0 \pm 2.7$ , respectively (**Figure 6a, c**).
- Likewise, the mean microvessel densities (microvessel counts/mm<sup>2</sup>) for the QQMNCTx,
- 564 GmCD34Tx, eEPCTx and control groups were 510.7  $\pm$  30.0, 430.6  $\pm$  29.8, 347.9  $\pm$  36.5, and
- 565  $210.5 \pm 16.8$  respectively (Figure 6d, e). The mean pericyte recruited microvessel densities
- 566 (pericyte recruited microvessel counts/mm²) for the QQMNCTx, GmCD34Tx, eEPCTx and
- 567 control groups were  $42.6 \pm 4.3$ ,  $39.5 \pm 3.8$ ,  $29.8 \pm 2.0$ , and  $23.2 \pm 2.9$  respectively (**Figure 6d, f**).
- 568 These findings demonstrate that QQMNCTx promoted angiogenesis and arteriogenesis for
- vascular maturation.

570

## Vasculogeensis

- 571 We performed *in vivo* experimenents to assess vasculogenic properties of transplanted cells (2
- 572 x10<sup>5</sup> cells/mouse): to investigate whether and to what extent transplanted cells differentiate into

- endothelial cell forming vascular structure in the host tissue, using confocal fluorescenicroscope
- 574 (Figure 7a, Online Supplemental Video-1).
- The immunohistochemical stainings demonstrated the significantly higher vasculogenic
- 576 microvessel counts in QQMNCTx muscles than those in PBMNCTx (Figure 7b, c, d, TABLE
- 577 14).
- 578 The average vasculogenic microvessel densities in 2D image (vasculogenic microvessel
- 579 counts/mm<sup>2</sup>) for the QQMNCTx and PBMNCTx groups, were  $811.6 \pm 178.6$  and  $202.9 \pm 97.3$
- 580 (Figure 7c); the percentages of vasculogenic microvessel volume per image cube for the
- respective groups, were  $0.76 \pm 0.17\%$  and  $0.05 \pm 0.04\%$  (Figure 7d).
- The potential of QQMNCTx was also markedly superior to that of eEPCTx, while it was equal to
- or greater than that of GmCD34Tx. The average vasculogenic microvessel densities
- 584 (vasculogenic microvessel counts/mm $^2$ ) for the GmCD34Tx and eEPCTx groups, were 662.2  $\pm$
- 585 98.6 and 203.8  $\pm$  50.8, respectively (**Figure 7e, f, TABLE 14**); the percentages of vasculogenic
- microvessel volume per image cube for the groups, were  $0.53 \pm 0.15\%$  and  $0.06 \pm 0.02\%$  (Figure
- 587 7e, g, TABLE 14).
- Similarly, the angiogenic properties of transplanted cells, here evaluated by the confocal
- 589 microscopic analysis, exhibited the compatible feature with those in the aforementioned
- experiments of the low dose cellular Tx  $(1 \times 10^4 \text{ cells/mouse})$ .
- 591 The findings indicate that transplanted cells of QQMNC as well as GmCD34, exerted
- vasculogenic properties in ischemic hindlimb, superior to those of PBMNC or eEPC.
- 593 Myogenesis
- Muscle fibers with centrally located nuclei indicate myogenesis mediated by fusion of myoblasts
- 595 in ATM of ischemic hindlimbs; therefore, we determined that the average densities of such
- regenerating muscle fibers (regenerating muscle fibers/mm<sup>2</sup>) for the QQMNCTx, PBMNCTx,
- and control groups, were 775.6  $\pm$  113.3, 424.2  $\pm$  47.12, and 398.6  $\pm$  48.42, respectively (**Figure**
- 598 8a, b).
- In the respective experiments to compare myogenesis among the QQMNCTx, GmCD34Tx,
- 600 eEPCTx and control groups, we also determined that the average densities of regenerating muscle
- fibers (regenerating muscle fiber counts/mm<sup>2</sup>) for the respective groups, were  $790.7 \pm 110.1$ ,
- 602 811.8  $\pm$  63.6, 553.6  $\pm$  69.25, and 209.4  $\pm$  44.01, respectively (**Figure 8c**, **d**). These findings
- indicate that QQMNCTx potentiated myogenesis greater than PBMNCTx and control, or equal to
- 604 GmCD34Tx in ischemic hindlimbs, although did not compared to eEPCTx.
- Histological evidence of anti-fibrosis and anti-inflammation in QQMNCs in hindlimb

606	ischemia.
607	To evaluate anti-inflammatory and anti-fibrotic potential of QQMNCTx, fibrotic area in
608	ischemic ATM was detected by Azan staining day 21 after treatment. The mean fibrotic area (%
609	fibrotic area/x 40 HPF) for the QQMNCTx, PBMNCTx, and control groups, were $2.78 \pm 0.61$
610	$8.41 \pm 1.51$ , and $11.94 \pm 3.59$ . These findings indicate that QQMNCTx exerted greater
611	anti-fibrotic effects than did PBMNCTx (Figure 9a, b).
612	In the respective comparison among the QQMNCTx, GmCD34Tx, eEPCTx and control groups
613	the mean fibrotic areas (%fibrotic area/x 40 HPF) for each group, were $5.89 \pm 1.12$ , $8.06 \pm 1.05$
614	$11.07 \pm 1.19$ , and $17.04 \pm 1.75$ (Figure 9c, d). QQMNCTx as well as GmCD34Tx featured
615	superior anti-fibrotic effects to did control, and further exerted the greater effects than did
616	eEPCTx.
617	We performed immunohistocehmistry of inducible nitric oxide synthase (iNOS) in ischemic
618	ATM to assess inflammation. The mean iNOS expressing areas (%iNOS expressing area /x 20
619	HPF) for the QQMNCTx, PBMNCTx, and control groups, were $3.16 \pm 0.58, 6.26 \pm 0.89, 21.31 \pm 0.000$
620	2.26 (Figure 10a, b). These findings indicate that QQMNCTx inhibited inflammation more
621	markedly than did PBMNCTx.
622	In the respective comparison among the QQMNCTx, GmCD34Tx, eEPCTx and control groups
623	the mean iNOS expressing areas (%iNOS expressing area /x 20 HPF) for the respective groups
624	were $4.97 \pm 0.95$ , $6.07 \pm 0.81$ , $9.75 \pm 1.09$ , and $18.15 \pm 1.44$ ( <b>Figure 10c</b> , <b>d</b> ). In the same manner
625	as anti-fibrotic aspects, QQMNCTx as well as GmCD34Tx featured superior anti-inflammation
626	effects to did control, and further displayed the greater effects than did eEPCTx.
627	These findings indicate that QQMNCTx, similarly to GmCD34Tx, potentiated protective effects
628	against inflammation and fibrosis in ischemic hindlimb.
629	
630	qRT-PCR of gene expression for tissue regeneration in ischemic muscle post cell Tx.
631	aRT-PCR assay was implemented for the murine mRNA transcripts encoding following factors:

633 angio-myogenic), or myogenic transcriptional factors: MyoD1 and myogenin. 634

632

635

In the comparison of the murine transcripts among the QQMNCTx, PBMNCTx, and control

IL-1β (pro-angiogenic as well as pro-inflammatory), TGF-β (anti-inflammatory) and IGF-1 (pro-

groups, gene expression of MyoD1, myogenin, and IGF-1, was significantly augmented by

636 responding to QQMNCTx, but not to PBMNCTx. 637 Likewise, in the comparison among the OOMNCTx, GmCD34Tx and eEPCTx groups, gene 638 expression of MyoD1, myogenin, and IGF-1 was significantly enhanced by responding to 639 QQMNCTx, equally to GmCD34Tx, but not to eEPCTx. 640 The relative ratio of each gene expression in PBMNCTx, QQMNCTx, GmCD34Tx, and 641 eEPCTx versus that in control, was as follows:  $1.22 \pm 0.05$ ,  $2.58 \pm 0.63$ ,  $2.94 \pm 0.61$  and  $1.06 \pm$ 642 0.08 in MyoD1;  $1.90 \pm 0.10$ ,  $2.94 \pm 0.49$ ,  $2.69 \pm 0.41$ , and  $0.84 \pm 0.06$  in myogenin;  $1.17 \pm 0.11$ , 643  $2.06 \pm 0.40$ ,  $2.20 \pm 0.56$ , and  $1.00 \pm 0.11$  in IGF-1, respectively (**Figure 11a, b**). 644 The gene expression of TGF-βwas fairly promoted by responding to QQMNCTx, rather than to 645 PBMNCTx, and also enhanced equal to or higher than that in GmCD34Tx, although not in 646 eEPCTx. The relative ratio of TGF-βgene expression in PBMNCTx, QQMNCTx, GmCD34Tx, 647 and eEPCTx, control, was  $3.14 \pm 0.42$ ,  $4.35 \pm 0.60$ ,  $3.52 \pm 0.36$ , and  $0.52 \pm 0.04$  (Figure 11 a, b). 648 Thus, gene expressions of the potent factors for angiogenesis, myogenesis, and anti-inflammation 649 reacting to QQMNCTx as well as GmCD34Tx, were similarly upregulated, when compared with 650 those to PBMNCTx or eEPCTx. 651 Above all, a gene expression encoding IGF-1 to QQMNCTx was unambiguously enhanced, 652 compared with that to the other Tx groups of PBMNCTx and eEPCTx. The findings correspond 653 with the histological results to show the multi-functional mechanisms of QQMNCTx superior to 654 those of PBMNCTx or eEPCTx. 655 Notably, Tx of all cell sources, more or less, upregulated gene expression of IL-1B, a 656 pro-inflammatory factor, while unpurified EPC Tx of QQMNC as well as PBMNC tended to 657 produce the transcript more drastically than the purified EPC Tx of GmCD34 or eEPC. The 658 relative ratio of IL-1βgene expression in QQMNCTx, GmCD34Tx, and eEPCTx versus that in 659 IMDM control, was  $32.00 \pm 12.74$ ,  $10.47 \pm 2.27$ , and  $19.53 \pm 7.78$ , respectively. 660 In the present experiments, PBMNCTx, despite the fairly high expression of IL-1β, did not exert 661 angiogenic ability, whereas GmCD34Tx, even in the lesser expression, did favorably. 662 other words,  $IL-1\beta \square \square$  in ischemic tissue responding to any cell Tx did not 663 seemingly contribute to angiogenesis for vascular regeneration. 664

#### DISCUSSION

Here, we developed and characterized QQMNCs, novel therapeutic cells; QQMNCs derived from PBMNCs that were subjected to QQc; this QQc promoted expansion of EPCs and adoption of regenerative phenotypes by macrophages and T lymphocytes. The QQc that we used to generate QQMNCs was based on a well-established QQc that increases the quality and quantity of EPCs from enriched EPC populations, such as CD34+ and CD133+ cells; this established QQc was used to generate therapeutic stem cells for cardiovascular regeneration in rat infarcted myocardia.<sup>23</sup>

We found here that the vasculogenic signaling condition of this QQc potentiated the vascular regeneration ability of naïve PBMNCs to produce QQMNCs. QQMNCs were superior to PBMNCs, and equal to or greater than G-CSF mobilized CD34+ cells, in terms of regeneration abilities; vascular regeneration (angiogenesis, arteriogenesis and vasculogenesis), myogenesis, anti-inflammation, and anti- fibrosis.

## 1) EPC expansion and differentiation in QQMNC

EPC-CFA of QQMNC demonstrated intensive expansion potential of colony forming EPCs, especially dEPCs (**Figure 1d**). The concept of colony forming EPCs was recently introduced. <sup>12, 38</sup> pEPCs in small-sized EPC colonies showed a higher rate of proliferation and a higher percentage of cells in S-phase, when compared to dEPCs in large-sized EPC colonies. In contrast, dEPCs had a significantly higher capacity for vasculogenic activity than did pEPCs; similarly, dEPCs also had a greater overall potential for cell adhesion and for formation of tube-like structures *in vitro*; importantly, dEPCs had a greater capacity than pEPCs to support *de novo* blood vessel formation *in vivo* following transplantation into ischemic models.

Therefore, pEPCs are defined as very immature and highly proliferative EPCs; in contrast, dEPCs are believed to derive from pEPCs and represent cells prone to differentiation and promotion of vasculogenesis. These dEPCs are proven to play a key role in vasculogenesis, and to be suitable for vascular regeneration therapy. In this regard, QQc promoted significant expansion and commitment of colony forming EPCs with vasculogenic potential.

To confirm colony forming EPC expansion in QQc of naïve PBMNCs, we evaluated EPC colony forming activity before and after QQc (**Figure 1e**). Total EPC-CFU count in QQMNC samples was correlated with that in PBMNC samples. For example, pEPC-CFU count in PBMNC samples correlated with dEPC-CFU count and with total EPC-CFU count in QQMNC

samples, but not with pEPC-CFU count in QQMNC samples. The dEPC-CFU count in PBMNC samples did not correlate to any EPC-CFU count in QQMNC. These data indicate that signals in QQc probably induced concurrent expansion and differentiation of pEPC-CFUs, and this expansion and differentiation resulted in increase in the dEPC-CFU population instead of the pEPC-CFU population. Consequently, the enhanced vasculogenic potential of post QQc cells, compared with the precursor PBMNCs, explained the preferential vascular regeneration.

## 2) Cell populations in QQ Cultures

The cell numbers of QQMNCs were on average about half of those in the respective PBMNCs.

The cellular density of PBMNCs per blood volume is inversely correlated with the ratio of cellular density per well between PBMNCs and QQMNCs. Therefore, the QQMNC numbers are rather dependent of the original blood volume *per se* (**Figure 1b**).

From the view of cell populations, the decrease in total cell count is mainly derived from significant reduction of B-lymphocytes (CD19+), NK cells (CD16+, CD56+), cytotoxic T cells (CD8+) and pro-inflammatory monocytes/macrophages (CD14+, CCR2+).

In contrast, populations of progenitor cells (CD34+, CD133+) and of anti-inflammatory monocytes/macrophages (CD206+) expanded greatly, but populations of endothelial cells (CD105+, CD146+ and helper T cells (CD4+) expanded only moderately.

The increase in CD34+ or CD133+ cell populations indicates the expanded population of immature EPCs. The increase in CD105+ or CD146+ cell populations was also indicative of EPC expansion and differentiation; notably, differentiating EPCs express these markers.<sup>39, 40</sup>

The extent of the increase in CD206+ cells and of the decrease in CCR2+ cells indicates the conversion of the monocyte/macrophage phenotype from M1 to M2 type. Monocytes/macrophages differentiate towards a pro-inflammatory, classically activated M1 state or toward an anti-inflammatory, alternatively activated M2 state according to different environments and stimuli. M1 macrophages are induced by pro-inflammatory cytokines and microbial products, such as INF-γ, TNF-α, and lipopolysaccharide (LPS); these macrophages are mainly associated with pathologic inflammations. M2 macrophages are induced by anti-inflammatory cytokines, such as IL-4, IL-13, and IL-10 to ameliorate type 1 inflammatory responses and to control adaptive immunity. Further, their anti-inflammatory cytokines promote and regulate type 2 immune responses, angiogenesis, and tissue repair. <sup>41</sup> In this regard, monocyte/macrophages in QQMNCs mainly adopt angiogenic and anti-inflammatory

phenotypes, and are contributing to regenerative process in ischemic organs.

Among lymphocyte lineage cells, B-lymphocytes, NK cells, and cytotoxic T cells significantly decrease or fade away. Instead, helper T cells are the last surviving lymphocyte population in QQ cultures. The phenotype identification of CD4+ cells disclosed the significant increase in CD4+/CD25+/Foxp3+ regulatory T lymphocytes, and CD4+/IL4+ Th2 lymphocytes.

In recent years, the interaction between monocytes/macrophages and T lymphocytes have been investigated. IFN- $\gamma$  produced by Th1 lymphocytes induce monocytes to become classical activated M1 macrophages, while IL-4, IL-13 and IL-10 that are produced by Th2 and regulatory T lymphocytes induce differentiation of regenerative M2 macrophages. IL-12 and IL-6 produced by M1 macrophages activate Th1 lymphocytes, while IL-10 and TGF- $\beta$ 

Of note, the majority of T lymphocytes in QQ cultures are CXCR-4+/CD31+/CD3+ cells. This population is called "angiogenic T cells" in the vascular biology field; these T cells deliver angiogenic cytokines in tissues for neovascularization.<sup>30</sup> The finding also encourages that the phenotype of T lymphocytes is conducible to angiogenic preference of QQMNCs.

Therefore, QQMNCs signal regenerative switches on PBMNCs not only by EPC expansion and differentiation, but also through collaborative M2 macrophage polarization and Th2 and regulatory T cell activation in QQ culture.

749

## 3) Factors expressed from QQMNCs

In order to further examine the vasculogenic potential of QQMNCs, qRT-PCR was used to determine gene expression profiles. In QQMNCs, the expression of mRNAs encoding anti-inflammatory and pro-angiogenic factors was enhanced, while that of mRNAs encoding pro-inflammatory cytokines declined (**Figure 3**).

The expression of mRNAs encoding pro-angiogenic cytokines/growth factors (e.g., IL-10,<sup>43</sup> leptin,<sup>44, 45</sup> IGF-1,<sup>46</sup> and IL-8<sup>47</sup>) was greatly elevated. Leptin<sup>45</sup> and IL-10<sup>48</sup> promote the vasculogenic and angiogenic potentials of EPCs and endothelial cells. IGF-1<sup>49</sup> and IL-8<sup>50</sup> are also related factors responsible for angiogenic properties of EPCs. IGF-1 also promotes muscle fiber regeneration<sup>35</sup>; this phenomenon may be reflected in the findings of enhanced myogenesis following QQMNC transplantation. VEGF-B and angiopoietin-1, were upregulated in QQMNCs,

and they potentiate vascular survival and maturation relating to arteriogenesis induced by pericyte recruitment. <sup>33</sup> <sup>34</sup> However, expression of mRNA encoding VEGF-A, one of the main pro-angiogenic growth factors, was not elevated, but rather reduced in QQMNCs relative to PBMNCs. The reduction of VEGF-A expression might be explained by negative feedback mechanism through high dose of VEGF-A protein in QQc conditioning.

In contrast, expression of mRNAs encoding IL-1 $\beta$  and TNF- $\alpha$ , pro-inflammatory factors, was not upregulated; lower in QQMNCs than in PBMNCs for IL-1 $\beta$  and similar in both cells for TNF- $\alpha$ , although that encoding TGF- $\beta$ , an anit-inflammatory factor, was lower in QQMNCs. The findings indicate that QQMNCs may not, at least, bring pro-inflammatory cells more than PBMNCs.

Moreover, the expression of mRNAs encoding MMP-2 or MMP-9, which playing a critical role in neovascularization and tissue remodeling for anti-fibrosis,<sup>36</sup> were highly upregulated.

Taken together, transplantation of QQMNCs, relative to that of PBMNCs, resulted in more favorable conditions for vascular regeneration or tissue repair because of the orchestration of dynamic expression of multiple cytokines and growth factors.

# 4) Therapeutic potential of QQMNCs for hindlimb ischemia models

QQMNCs have therapeutic potential because transplantation of these cells into ischemic hindlimb tissue was associated with increased blood flow, limb survival, and neovascularization in tissues (**Figure 5**). Moreover, histological findings indicate that transplanted human QQMNCs contributed to new microvessel formation composed of human cells derived from EPCs in QQMNCs, as well as mouse microvessel formation and arteriogenesis supported by pericytes (**Figure 6**, **7**). The latter effects were presumably due to angiogenic paracrine effects by accelerated phenotypes of macrophages and T lymphocytes as well as EPCs.

The other categorical finding of this transplantation treatment was decreased fibrosis and inflammation, and enhanced myogenesis (**Figure 8, 9, 10**). As indicated by cell population study and gene expression analyses, QQMNCs included many anti-inflammatory M2 macrophages; the cells had enhanced expression of the anti-inflammatory cytokine IL-10 and the anti-fibrotic proteases, MMP-2 and -9, as well as decreased expression of the pro-inflammatory cytokine, IL-1β. This anti-inflammatory effect by QQMNCs protected against fibrosis even in severe ischemic muscles. The skeletal myogenesis was also augmented by QQMNC transplantation. Induced vascularization and anti-inflammatory effects and enhanced expression

of myogenic factor, IGF-1, by QQMNCs may contribute to skeletal muscle regeneration in situ.

As recently reported,<sup>7</sup> autologous PBMNCs isolated by apheresis and then transplanted into patients had vascular therapeutic potential, when the largest cell dose (over 1x 10<sup>10</sup> cells of human subject) was implanted. Here, we transplanted only 1 x10<sup>4</sup> cells (PBMNCs or/and QQMNCs) per mouse subject; this dose corresponds to approximately 2.0 to 2.5 x 10<sup>7</sup> cells in a human subject of 50 kg body weight. We implanted far fewer cells than are generally used for clinical treatments. Therefore, the effect of PBMNCs on ischemic hindlimbs was minimal, while QQMNC transplantation had extensive therapeutic effects on vascular regeneration and tissue repair.

On the other hand, the cell dose of  $1 \times 10^4$  cells per mouse subject also corresponds to that used at GmCD34+ cell implantation in the patients with critical limb ischemia. <sup>17, 19</sup> Of note, at the present study, QQMNCTx exerted the experimental efficacy equal to or in part greater than that of GmCD34Tx.

The count of transplanted cell QQMNCs ( $1x10^4$  cells/mouse) for therapeutic activity of tissue regeneration corresponds to cell quantity averagely acquired from less than 100 mL PB of human subjects. The isolation and preparation of QQMNCs require only the MNC isolation and a week culture in QQc conditions that included recombinant factors without any manipulation. Furthermore, the process avoids invasive procedures for isolation, such as BM cell isolation or leukapheresis, and expensive costs for mobilization and target cell isolation, such as G-CSF administration or CD34+/CD133+ cell isolation using magnetic beads.

Collectively, QQMNC is expected to be as an advantageous and feasible cell source for cell-based therapy targeting ischemic diseases.

# 5) Mechanism

The finding of **Figure 1f** indicates that CD34+ cells depleted PBMNCs included some cell population to accelerate EPC expansion and differentiation in CD34+ cells through QQ culture. As demonstrated in **Figure 2c**, **d**, EPCs, M2 macrophage, Th2, and regulatory T lymphocytes were mainly activated in QQMNCs. Increasingly, researches are focused on the interaction between macrophages and T lymphocytes to elucidate the collaborative mechanism of inflammation and immunity. Although we do not have any evidence to indicate that EPCs are involved in this collaboration, the developed culture for EPC expansion, QQ culture, regulates phenotypes of macrophages and T lymphocytes, and consequently exerts EPC expansion and differentiation. Therefore, any cellular or molecular mechanism responsible for the effects of

CD34+ cell depleted PBMNCs needs to be identified in the future for scientific and therapeutic interests.

On the other hand, histochemistry (**Figure 8, 9, 10**) and qRT-PCR assay (**Figure 11**) demonstrated that QQMNCTx as well as GmCD34Tx provides the preferential environment for tissue regeneration of myogenesis, anti-fibrosis, and anti-inflammation in ischemic hindlimb.

With respect to qRT-PCR assay, IL-1 $\beta$ , a pro-inflammatory cytokine, has been reported to function as an angiogenic factor derived from regenerating myoblasts responding to PBMNC implantation in ischemic hindlimb.<sup>51</sup> At the present study, the implantation of PBMNC highly induced the expression of mRNA encoding IL-1 $\beta$  in ischemic tissue, similarly to that of QQMNC, whereas did not demonstrate so much angiogenic potential. The causes of the dissimilar response might be presumably attributed to the distinct animal experiments using different murine strains with various cell doses for transplantation: immunodeficient BALB/c nu/nu nude mice (1x10<sup>4</sup> cells /mouse) in our study and C57/BL6 mice (1x10<sup>6</sup> cells /mouse) elsewhere.<sup>51</sup>

Notably, QQMNCTx or GmCD34Tx not only upregulated the gene expression of mRNAs encoding IGF-1, a potent myogenic factor<sup>52</sup>, MyoD1 and myogenin in ischemic hindlimb, but also histologically promoted myogenesis as well as angiogenesis.

This means that the effective myogenesis by cell transplantation may primarily require in situ

IGF-1 production, which also signifies a myogenic biomarker in ischemic hindlimb

Regarding the results, skeletal muscle-restricted expression of IGF-1 in the transgenic mice, has been reported to not only accelerate muscle regeneration, but also exert the protective effects against inflammation and fibrosis in the injured skeletal muscle<sup>53</sup>. Moreover, IGF-1 has been reported to inhibit NF- $\square$ B activation via TNF- $\alpha$ <sup>54</sup> or pro-apoptotic miRNA expression<sup>55</sup> in ischemic cardiomyocytes. Therefore, IGF-1 supplied to ischemic tissue by local QQMNC transplantation is adequately conceived to exert the protective effect on inflammation, fibrosis or tissue injury. Also, QQMNC *per se* exhibited the enhanced expression of mRNA encoding human IGF-1 (**Figure 3a**).

QQMNCTx or GmCD34Tx also upregulated the expression of mRNA encoding TGF-β□potentinhibitory factor of inflammation, in the transplanted tissue, although QQMNC *in vitro* exhibited the lesser expression than PBMNC. Different from the aspect of IGF-1, the responsive tissue expression *in situ* of TGF-βfollowing cell transplantations, might contribute to protecting against inflammation, rather than the expression by transplanted cells.