

Genome-Wide Association Study and Gene Expression Analysis Identifies *CD84* as a Predictor of Response to Etanercept Therapy in Rheumatoid Arthritis

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Abstract

Anti-tumor necrosis factor alpha (anti-TNF) biologic therapy is a widely used treatment for rheumatoid arthritis (RA). It is unknown why some RA patients fail to respond adequately to anti-TNF therapy, which limits the development of clinical biomarkers to predict response or new drugs to target refractory cases. To understand the biological basis of response to anti-TNF therapy, we conducted a genome-wide association study (GWAS) meta-analysis of more than 2 million common variants in 2,706 RA patients from 13 different collections. Patients were treated with one of three anti-TNF medications: etanercept ($n=733$), infliximab ($n=894$), or adalimumab ($n=1,071$). We identified a SNP (rs6427528) at the *1q23* locus that was associated with change in disease activity score (Δ DAS) in the etanercept subset of patients ($P=8 \times 10^{-8}$), but not in the infliximab or adalimumab subsets ($P>0.05$). The SNP is predicted to disrupt transcription factor binding site motifs in the 3' UTR of an immune-related gene, *CD84*, and the allele associated with better response to etanercept was associated with higher *CD84* gene expression in peripheral blood mononuclear cells ($P=1 \times 10^{-11}$ in 228 non-RA patients and $P=0.004$ in 132 RA patients). Consistent with the genetic findings, higher *CD84* gene expression correlated with lower cross-sectional DAS ($P=0.02$, $n=210$) and showed a non-significant trend for better Δ DAS in a subset of RA patients with gene expression data ($n=31$, etanercept-treated). A small, multi-ethnic replication showed a non-significant trend towards an association among etanercept-treated RA

patients of Portuguese ancestry ($n = 139$, $P = 0.4$), but no association among patients of Japanese ancestry ($n = 151$, $P = 0.8$). Our study demonstrates that an allele associated with response to etanercept therapy is also associated with *CD84* gene expression, and further that *CD84* expression correlates with disease activity. These findings support a model in which *CD84* genotypes and/or expression may serve as a useful biomarker for response to etanercept treatment in RA patients of European ancestry.

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Introduction

Rheumatoid arthritis (RA) is an autoimmune disease characterized by chronic inflammation of the synovial lining of the joint [1]. If left untreated, outcome varies from self-limited disease in a small proportion of RA patients to severe disease resulting in profound structural damage, excess morbidity and disability, and early mortality [2]. In the last twenty years, disease activity has been controlled in many patients by treatment with disease-modifying anti-rheumatic drugs (DMARDs), such as methotrexate, and the more recently developed biologic DMARDs that block inflammatory cytokines such as tumor necrosis factor- α (TNF α) [3]. Unfortunately, these medications are not effective in all RA patients, with up to one-third of patients failing to respond to any single DMARD [1–3]. Moreover, the biological mechanisms underlying treatment failure are unknown, which limits the development of clinical biomarkers to guide DMARD therapy or the development of new drugs to target refractory cases.

There are two classes of anti-TNF therapy: the TNF receptor fusion protein (etanercept), which acts as a soluble receptor to bind circulating cytokine and prevent TNF from binding to its cell surface receptor, and monoclonal antibodies that bind TNF (adalimumab, infliximab, certolizumab, and golimumab). There are undoubtedly shared mechanisms between the two drug classes (e.g., downstream signaling factors), as illustrated by similar effects on the change in inflammatory cytokines, complement activation, lymphocyte trafficking, and apoptosis [4,5,6]. Similarly, there are likely to be different biological factors that influence response: infliximab and adalimumab are approved for treatment of Crohn's disease; infliximab and adalimumab bind to transmembrane TNF on the surface of activated immune cells, whereas etanercept only binds soluble TNF [7]; and etanercept also binds a related molecule, lymphotoxin α (LTA), whereas infliximab/adalimumab do not [8].

Pharmacogenetics of response to anti-TNF therapy in RA remains in its early stages, with no single variant reaching an

unambiguous level of statistical significance. Candidate gene studies suggest associations of TNF α or TNF receptor alleles, RA risk alleles or other SNPs with response to anti-TNF therapy [9,10,11]. Two GWAS in small sample sets (largest was 566 patients) have been performed, which identified loci with suggestive evidence for association [12,13]. Therefore, GWAS of large sample sizes may yet uncover genetic factors associated with response to anti-TNF therapy in RA, and larger cohorts enable separate analyses of the different types of anti-TNF drugs.

Here we report a GWAS of 2,706 samples with anti-TNF treatment response data collected from an international collaboration, including previously published GWAS data [12,13]. Our primary outcome measure was the change in disease activity score based on a joint count in 28 joints (DAS28) from baseline to 3–12 months after initiating anti-TNF therapy. Our secondary outcome measure was European League Against Rheumatism (EULAR) responder status [14,15], where patients are classified as EULAR good responders, moderate responders or non-responders based on follow up DAS28 after treatment and overall change in DAS28. We found a highly significant association for a variant that we also show is also a strong expression quantitative trait locus (eQTL) for the *CD84* gene. Our findings suggest that *CD84* genotype and/or expression may prove to be a biomarker for etanercept response in RA patients.

Results

Genome-wide association study

Clinical and GWAS data were compiled for 2,706 individuals of European ancestry from 13 collections as part of an international collaboration. Table 1 shows sample sizes, phenotypes and clinical variables for the four collections that were the units of analysis (additional details are shown in Table S1). Disease activity score based on a 28-joint count (DAS28) were collected at baseline and at one time point after anti-TNF therapy administration (mean 3.7 months, range 3–12 months). We defined our primary phenotype

Author Summary

There are no genetic predictors of response to one of the most widely used classes of drugs in the treatment of rheumatoid arthritis—biological modifiers of the inflammatory cytokine tumor necrosis factor-alpha (or anti-TNF therapy). To identify genetic predictors, we performed the largest genome-wide association study (GWAS) to date as part of an international collaboration. In our study, which included 2,706 RA patients treated with one of three anti-TNF drugs, the most significant finding was restricted to RA patients treated with etanercept ($P=8\times10^{-8}$), a drug that acts as a soluble receptor to bind circulating cytokine and prevents TNF from binding to its cell surface receptor. The associated variant influences expression of a nearby immune-related gene, *CD84*, whose expression is correlated with disease activity in RA patients. Together, our data support a model in which genomic factors related to *CD84* expression serve as a predictor of disease activity and response to etanercept therapy among RA patients of European ancestry, but not anti-TNF therapies that act through different biological mechanisms or potentially in RA patients of other genetic ancestries.

as a change in DAS28 (Δ DAS) from baseline (so that greater Δ DAS corresponded with better response to therapy; overall mean and standard deviation of 2.1 ± 1.3), adjusted for baseline DAS. A secondary phenotype was used based on European League Against Rheumatism (EULAR) response criteria. EULAR ‘good response’ was defined as ending DAS<3.2 and Δ DAS>1.2; ‘non-response’

was defined as Δ DAS <0.6 or Δ DAS \leq 1.2, and ending DAS >5.1; and ‘moderate response’ is in between [15]. We limited our secondary analysis to a dichotomous outcome, EULAR good responders (n = 998 for all patients treated with anti-TNF therapy) versus EULAR non-responders (n = 655), excluding the moderate category based on the hypothesis that a more extreme phenotype of response would yield improved discrimination.

Clinical variables were examined for association with phenotype, and therefore possible confounding in genetic association tests. In multivariate models (Table S2), only baseline DAS was strongly associated with the Δ DAS phenotype. As previously shown [11], age and gender showed univariate associations that were attenuated in the multivariate analysis. Accordingly, we used only baseline DAS as a clinical covariate, as this allowed us to maximize sample size given clinical variable missing data in some cohorts.

We performed quality control (QC) filtering and data processing of GWAS data for each of eleven genotyping batches. Genotyping array platforms are described in the Methods. HapMap2 imputation allowed us to test for association at >2 M SNPs with imputation quality scores >0.5. Genotype data were merged across several genotype batches to create four collections for genome-wide association testing. We performed linear regression association tests using baseline DAS and three principal components as covariates, and performed inverse-variance weighted meta-analysis to combine results across the four collections. Quantile-quantile plots with genomic control λ_{GC} values are shown in Figure S1. We found no evidence of systematic inflation of association test results, and no evidence of deflation for imputed versus genotyped SNPs. As a final filter, we excluded SNPs that

Table 1. Samples and clinical data.

Collection (analysis batch):	REF	BRAGGSS	DREAM	ReAct	Total
Sample sizes	959*	595	880*	272	2706
Drug subsets					
etanercept	365	259	109	0	733
infliximab	415	268	211	0	894
adalimumab	174	68	557	272	1071
EULAR Reponse categories					
Good responder	432**	161	313	92	998
Moderate responder	243	258	359	131	991
Non-responder	322	176	208	49	755
Genotype platform	mixed	Affy 500K	Illu550K +650K	illumina OmniExpress	
Clinical variables					
Age, yr; mean (SD)	53.6 (12.7)	57.4 (10.9)	54.8 (12.9)	53.9 (10.8)	
Disease duration, yr; mean (SD)	6.7 (9.4)	14 (9.8)	9.6 (9.5)	12 (9.1)	
Gender, female %	75.6	77.3	68.3	77.9	
Seropositive, %	87	78	80	70	
MTX co-therapy, %	65.6	85.6	76.0	50.0	
Baseline DAS, mean (SD)	5.5 (1.2)	6.7 (0.9)	5.5 (1.2)	5.9 (1.0)	
Δ DAS, mean (SD)	1.9 (1.6)	2.5 (1.5)	1.9 (1.3)	2.2 (1.3)	
Mean treatment duration	4.6	5.6	3	3	
Study design	All***	Observational	Observational	Observational	

*8 patients had no TNF drug information.
**38 patients had only EULAR response (good, moderate or none) clinical data.
***ABCoN, GENRA are prospective cohorts, BeSt, eRA and TEAR are randomized controlled trial (RCT), and rest of REF group are observational cohorts.
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showed strong evidence of heterogeneity across collections (Cochran's Q $P < 0.001$).

We first analyzed all samples together ($n = 2,706$), regardless of drug type. We found no clear evidence of association with treatment response measured by Δ DAS (Figure 1A). Similar results were obtained using the binary phenotype of EULAR responder versus EULAR non-responder status (Figures S1 and S2).

We next separately analyzed patients treated with either etanercept ($n = 733$), infliximab ($n = 894$) or adalimumab ($n = 1,071$) (Figure 1B–1D), under the hypothesis that different genetic loci affect response to the different drugs based on their mechanism of action or other biochemical properties. GWAS results are publicly available for all SNPs tested at the Plenge laboratory and RICOPILI Web sites (see URLs). GWAS results for all SNPs achieving $P < 10^{-6}$ from any analysis are detailed in the Table S3.

For etanercept-treated RA patients, a locus on chromosome *1q23* achieved near-genome-wide significance ($rs6427528$, $P_{META} = 8 \times 10^{-8}$) (Figure 1B, Figure 2A, and Figure 3), but not in the infliximab or adalimumab subsets ($P > 0.05$) (Figure S3). SNPs in linkage disequilibrium (LD) showed consistent association results ($rs1503860$, $P = 1 \times 10^{-7}$, $r^2 = 1$ with $rs6427528$ in HapMap; three perfect-LD clusters of SNPs exemplified by $rs3737792$, $rs10908787$ and $rs11265432$ respectively; $P < 5 \times 10^{-6}$; $r^2 = 0.83$, 0.63 and 0.59 with $rs6427528$, respectively). No single collection was responsible for the signal of association, as the effect size was consistent across all collections (Figure S4). The top SNP $rs6427528$ was genotyped in the ReAct dataset (Illumina Omni Express genotyping chip), and was well imputed across all other datasets (imputation quality score INFO ≥ 0.94 , which is an estimate of genotype accuracy; the range of INFO scores is 0–1, where 1 indicates high confidence). All of these SNPs had minor

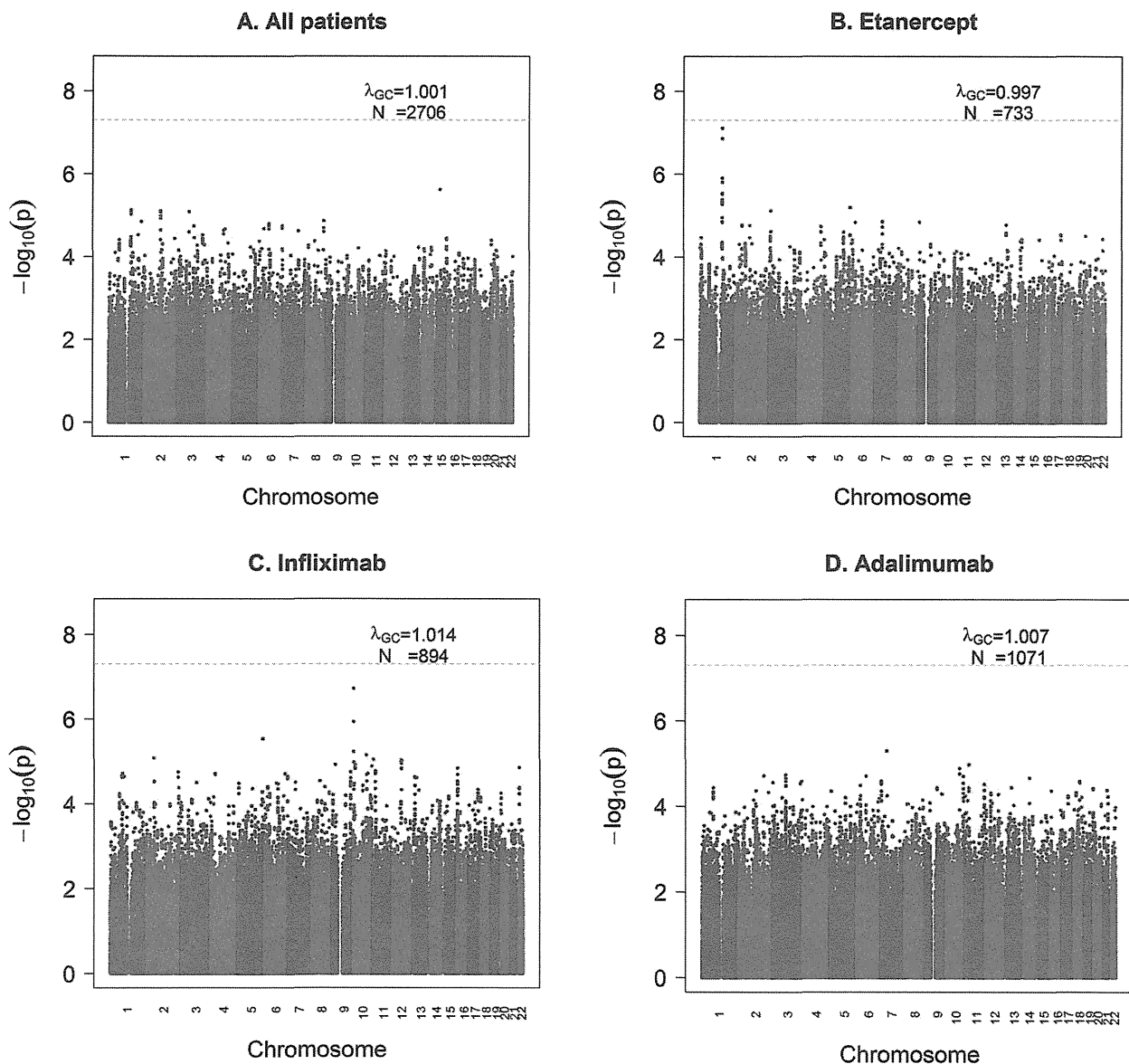
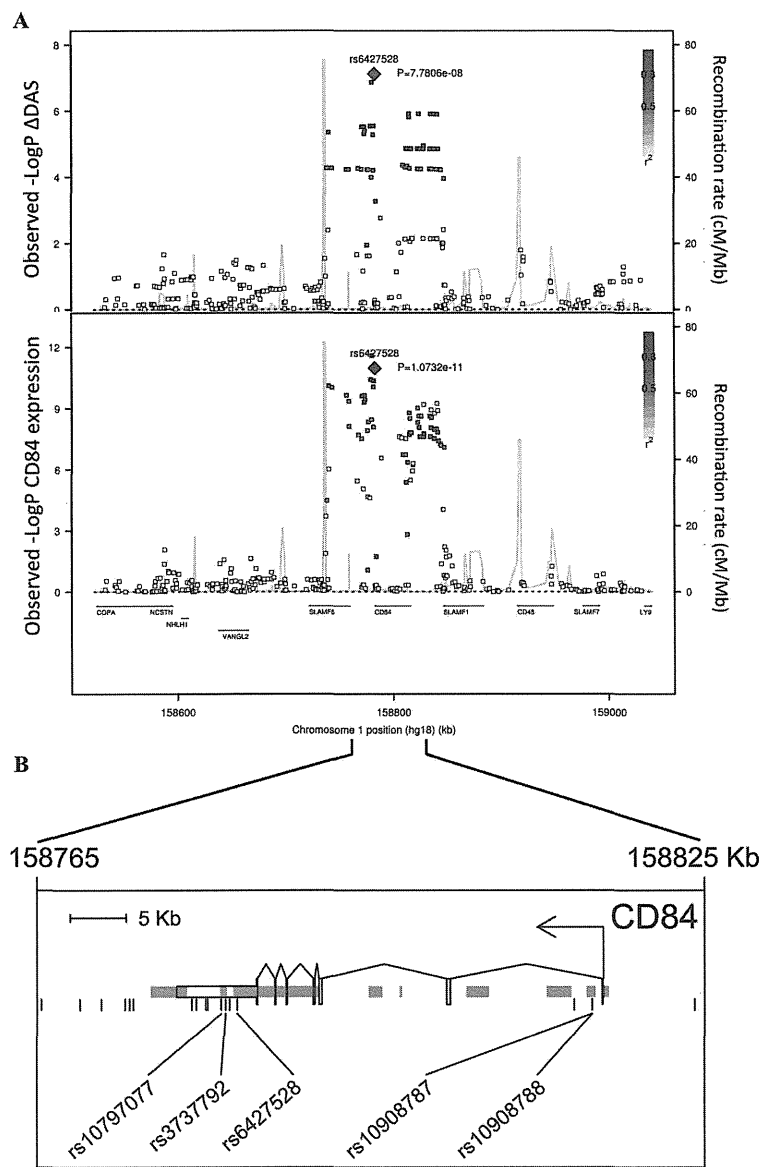


Figure 1. GWAS results for the Δ DAS phenotype. Shown are strengths of association ($-\log_{10}$ P-value) for each SNP versus position along chromosomes 1 to 22. A) All samples ($n = 2,706$). B) Etanercept-treated patients ($n = 733$). C) Infliximab-treated patients ($n = 894$). D) Adalimumab-treated patients ($n = 1,071$). doi:10.1371/journal.pgen.1003394.g001



C.

SNP (Major/minor alleles)	Conservation score ¹	DNase ²	Transcription factor motifs altered		
			TF Motif	LOD(min) - LOD(maj)	Position weight matrix logo ³
rs10797077 (G/A)	2.1	T-47D	AIRE_2	>6.6	
rs3737792 (G/A)	-1.3	-	-	-	
rs6427528 (A/G)	-2.8	-	KROX	>3	
			SREBP_4	-2.2	
rs10908787 (A/G)	-3.4	GM12878, Jurkat	-	-	
rs10908788 (A/G)	-7.8	GM12878	-	-	

Figure 2. Association results and SNP annotations in the 1q23 CD84 locus. A) Regional association plots with Δ DAS (top panel) and with *CD84* expression (bottom panel), showing strengths of association ($-\log_{10}$ P-value) versus position (Kb) along chromosome 1. B) Schematic of *CD84* gene structure (RefSeq gene model, box exons connected by diagonal lines, arrow indicates direction of transcription) with strong enhancer chromatin states (orange rectangles) and SNPs in high LD ($r^2 > 0.8$) with rs6427528 (vertical ticks). SNPs in enhancers are labeled below. C) Annotations of strong-enhancer rs6427528 proxy SNPs; listed are SNP rs-ID (major and minor alleles), conservation score, cell line with DNase footprint if present, and transcription factor binding sites altered. 1- Genomic evolutionary rate profiling (GERP) conservation score, where a score > 2 indicates conservation across mammals. 2- DNase footprint data are compiled from publicly available experiments by HaploReg. 3- Position weight matrix logos show transcription factor consensus binding sites with nucleotide bases proportional to binding importance. SNP position is boxed. Note that the rs10797077 AIRE_2 and the rs6427528 SREBP_4 motifs are on the minus strand (base complements correspond to SNP alleles), with the SREBP motif shown upside down to align with the rs6427528 KROX motif on the positive strand. Data are from HaploReg. doi:10.1371/journal.pgen.1003394.g002

allele frequencies ranging from 7–10%. The SNP explains 2.6% variance in response to etanercept treatment.

For patients treated with infliximab, we observed a suggestive result on chromosome 10p14 (rs12570744, $P = 2 \times 10^{-7}$). No highly significant or suggestive results were observed for the Δ DAS phenotype in patients treated with adalimumab ($P_{\text{META}} > 10^{-5}$).

Qualitatively similar results were attained in the analysis of our secondary phenotype, EULAR good responder vs non-responder status (Figures S1 and S2). For SNPs at the 1q23 locus, the pattern of association with responder/non-responder status (etanercept-treated patients) was consistent with the results for Δ DAS ($P = 6 \times 10^{-3}$ for rs6427528 and rs1503860). We also identified potential novel associations, with suggestive results for infliximab (rs4336372, chromosome 5q35, $P = 8 \times 10^{-7}$) and adalimumab (rs940928, chromosome 2q12, $P = 2 \times 10^{-6}$).

eQTL and sequence analysis of the *CD84* gene

For each SNP with $P < 10^{-6}$ identified by our GWAS ($n = 6$ independent SNPs), we searched for biological evidence to support a true positive association. We used genome-wide sequence data from the 1000 Genomes Project to search for putative functional variants in LD with the index SNP (defined as SNPs predicted to change protein-sequence or mRNA splicing). We also used genome-wide expression data to search for an expression quantitative trait locus (eQTL) in public databases and in peripheral blood mononuclear cells (PBMCs) in 228 non-RA patients and in 132 RA patients.

While we did not identify any variants disrupting protein-coding sequences or mRNA splicing, we did find that the 1q23 SNP associated with response to etanercept therapy was a strong eQTL in PBMCs (Figure 2A and Figure 3). In an analysis of 679 SNPs for cis-regulated expression of five genes in the region of LD (*SLAMF6*, *CD84*, *SLAMF1*, *CD48*, and *SLAMF7*), we found that rs6427528-*CD84* (and SNPs in LD with it) was the top eQTL of all results ($n = 228$ subjects; Figure 2A). This SNP was specifically associated with *CD84* expression, and was not an eQTL for other genes in the region ($P > 0.36$ for the other genes).

We replicated our eQTL finding in 132 RA patients with both GWAS data and genome-wide expression data. PBMC expression data were available from RA patients in the Brigham RA Sequential Study (BRASS) and Autoimmune Biomarkers Collaborative Network (ABCoN) collections. We observed a significant association between rs6427528 genotype and *CD84* expression (linear regression adjusted for cohort $P = 0.004$, rank correlation $P = 0.018$). The direction of effect was the same as in the PBMC samples from 228 non-RA patients. A combined analysis of RA patients and the non-RA patient eQTL data (described above) yielded rank correlation $P = 3 \times 10^{-10}$ ($n = 360$ total individuals).

We searched sequence data to determine if rs6427528, or any of the SNPs in LD with it, were located within conserved, non-coding motifs that might explain the eQTL data. We used HaploReg [16] to examine the chromatin context of rs6427528 and 26 SNPs in

LD with it (at $r^2 > 0.50$). We found that 5 SNPs occur in strong enhancers inferred from chromatin marks (Figure 2B) [17]. Two of these 5 SNPs, rs10797077 and rs6427528 ($r^2 = 0.74$ to each other), are predicted to disrupt transcription factor binding sites, and rs10797077 occurs at a site that shows conservation across mammalian genomes [18]. Figure 2C shows the DNA sequence position weight matrices of the transcription factor binding sites changed by rs10797077 (the minor allele creates a stronger binding site for the AIRE transcription factor) and rs6427528 (the minor allele creates a binding site for KROX and SREBP).

Expression of *CD84* as a biomarker of disease activity and treatment response

Because the genetic data demonstrates that the allele associated with better response is associated with higher *CD84* expression, this suggests that *CD84* expression itself may serve as a useful biomarker of disease activity or treatment response. We tested both hypotheses using PBMC expression data from the BRASS and ABCoN collections. First, we tested if *CD84* expression is associated with cross-sectional DAS, adjusting for age, gender and cohort (Figure 4). We observed a significant inverse association between *CD84* expression and cross-sectional DAS in 210 RA patients ($\beta = -0.3$, $P = 0.02$, $r^2 = 0.02$). That is, higher *CD84* expression was associated with lower DAS, regardless of treatment.

Second, we tested *CD84* for association with our primary treatment response phenotype, Δ DAS. The sample size for this analysis was smaller than for the cross-sectional analysis, as we required that patients be on anti-TNF therapy and have pre- and post-treatment DAS. We found that *CD84* expression levels showed a non-significant trend towards an association with Δ DAS in 31 etanercept-treated patients ($\beta = 0.2$, $r^2 = 0.002$, $P = 0.46$) and in all 78 anti-TNF-treated patients ($\beta = 0.14$, $r^2 = 0.004$, $P = 0.4$). The effect is in the same direction one would predict based on the genetic association at rs6427528: the allele associated with better response is also associated with higher *CD84* expression (Figure 3), and in 31 RA patients, higher *CD84* expression (regardless of genotype) is associated with a larger Δ DAS (i.e., better response; Figure 4).

Replication of genetic data in a small, multi-ethnic cohort

Since most of the samples available to us as part of our international collaboration were included in our GWAS, few additional samples were available for replication. In addition, the remaining samples available to us were from different ethnic backgrounds. Nonetheless, we sought to replicate the associations of rs6427528 with Δ DAS in these additional samples. We genotyped 139 etanercept-treated patients from a rheumatoid arthritis registry in Portugal (Reuma.pt) and 151 etanercept-treated patients from two Japanese collections (IORRA, $n = 88$ patients on etanercept and Kyoto University, $n = 63$ on etanercept). Replication sample sizes, clinical data and results for these

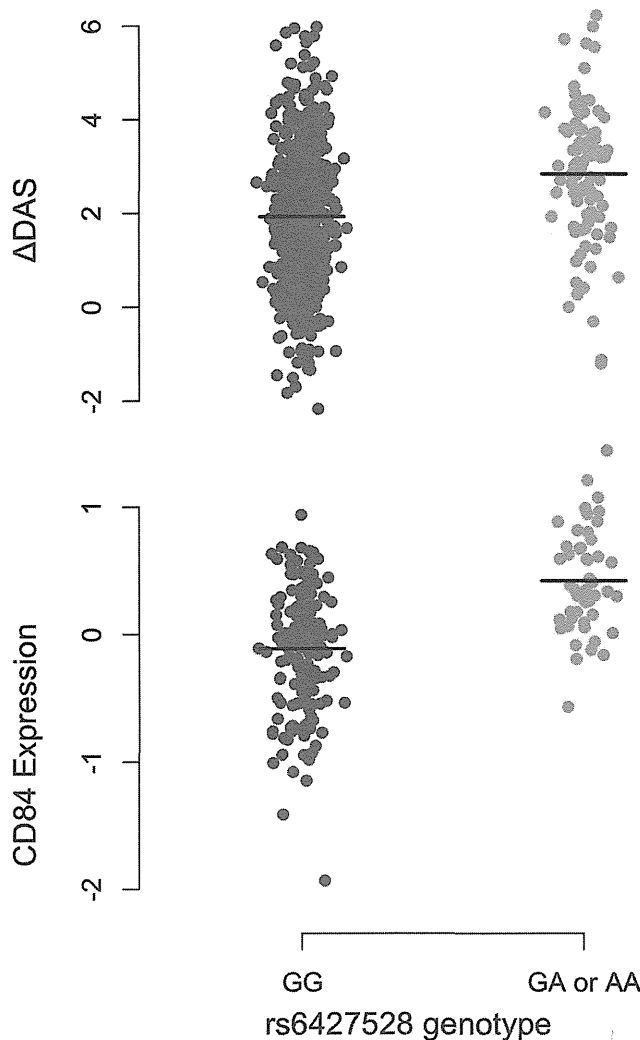


Figure 3. *1q23/CD84* genotype association plots for Δ DAS and *CD84* gene expression. Shown are Δ DAS in our GWAS in etanercept-treated patients (top panel, $n=733$; $n=634$ with the GG genotype and $n=99$ with the GA or AA genotype) and *CD84* expression in our eQTL results (bottom panel, $n=228$ non-RA patients; $n=178$ with the GG genotype and $n=50$ with the GA or AA genotype). The rare-allele homozygous genotype AA was observed four times in our Δ DAS GWAS and was pooled with the heterozygous GA genotype for this figure; AA homozygotes were not observed in the *CD84* eQTL data. Association analyses reported in the text regressed phenotype (Δ DAS, $P=8 \times 10^{-8}$; *CD84* expression, $P=1 \times 10^{-11}$) on minor-allele dosage (range 0–2). doi:10.1371/journal.pgen.1003394.g003

two SNPs are shown in Table S4. Based on the observed effect size in the GWAS and observed allele frequency in the replication samples, we had 32% power to replicate this finding in the Portuguese samples and 17% power to replicate this finding in the Asian samples at $P < 0.05$. The same association analysis as for GWAS was carried out: linear regression assuming an additive genetic model and using Δ DAS as phenotype, adjusted for baseline DAS. Replication results are shown in Figure 5.

While the SNPs fail to replicate in these patient collections at $P < 0.05$, the direction of effect is the same in the Portuguese and Kyoto replication samples as in our GWAS. In a combined analysis limited to subjects of European-ancestry (GWAS data and Portuguese replication samples), rs6427528 remained highly suggestive ($P=2 \times 10^{-6}$). Including the Japanese subjects, the

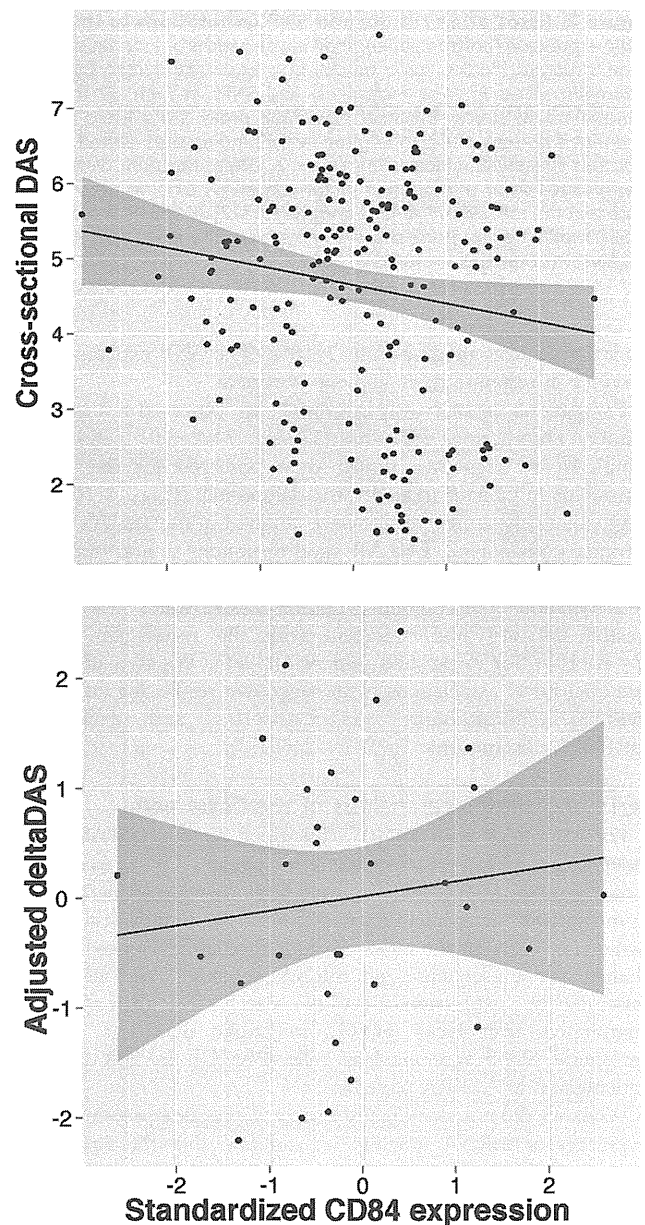


Figure 4. *CD84* expression level and clinical features. Analyses are shown in RA patients from the BRASS and ABCoN registries, for baseline DAS (top panel, $n=210$; $R^2=0.02$, $p=0.02$) and Δ DAS (bottom panel, $n=31$; $R^2=0.001$, $p=0.46$). Best-fit linear regression lines are shown in black, with shaded regions showing linear regression model (slope and intercept) 95% confidence intervals. *CD84* expression levels were quantile normalized, and Δ DAS values were adjusted for age, gender and baseline DAS. doi:10.1371/journal.pgen.1003394.g004

overall GWAS+replication combined meta-analysis P -value remained suggestive ($P=5 \times 10^{-4}$).

Discussion

Here we present the largest GWAS to date on anti-TNF therapy response in 2,706 RA patients. We find a significant association at the *1q23/CD84* locus in 733 etanercept treated patients ($P=8 \times 10^{-8}$), but not in RA patients treated with drugs that act as a monoclonal antibody to neutralize TNF (infliximab or

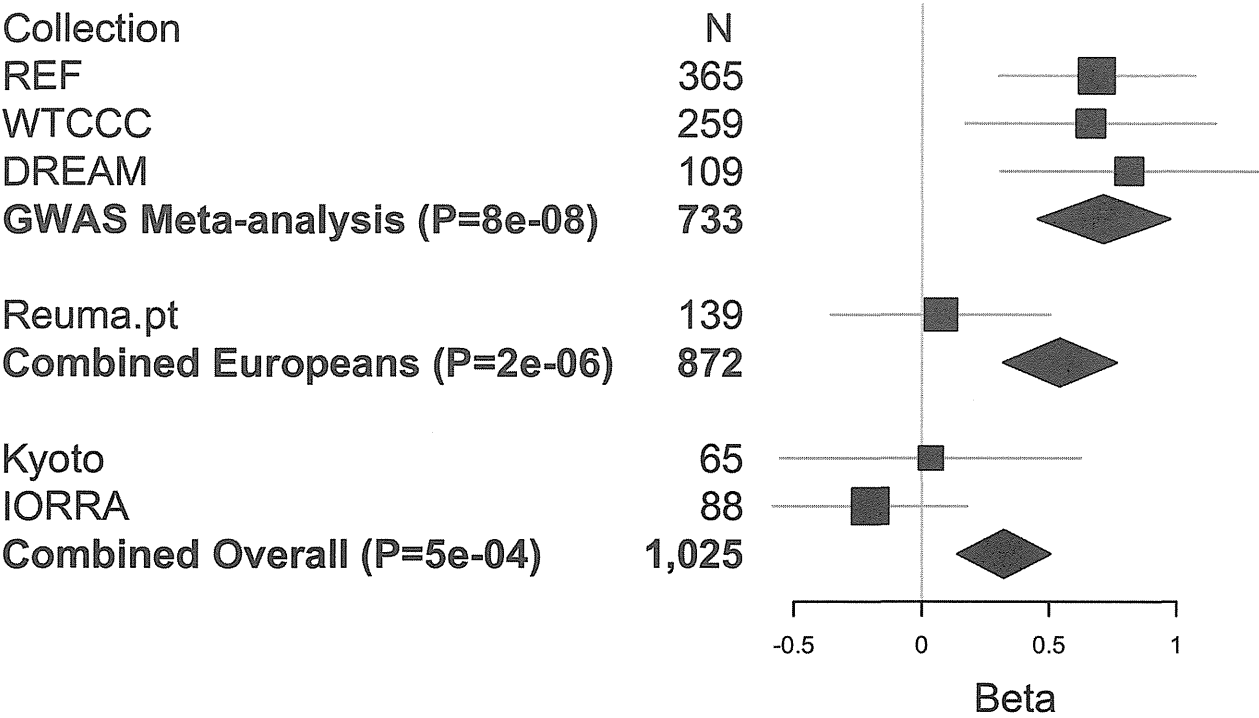


Figure 5. Replication and overall results for the *CD84* SNP rs6427528. Forest plot shows each cohort, sample size and linear regression beta coefficient estimates with symbol size proportional to cohort sample size and thin horizontal lines showing beta 95% CIs. Inverse variance weighted meta-analysis results are shown in bold for GWAS, GWAS+European (Portuguese) replication samples, and for GWAS+European+Asian (Japanese) replication samples, with diamond widths indicating beta 95% CIs. doi:10.1371/journal.pgen.1003394.g005

adalimumab). The allele associated with a larger Δ DAS (i.e., better response) was associated with higher *CD84* expression in PBMCs from non-RA patients ($P=1\times10^{-11}$) and in RA patients ($P=0.004$).

We first conducted a GWAS of both categories of anti-TNF drugs (the soluble receptor drug, etanercept, and two monoclonal antibody drugs, infliximab and adalimumab). However, this analysis revealed no strongly associated SNPs. When we subset our GWAS by each of the three individual drugs, several SNPs in the *1q23* locus were highly significant in etanercept-treated patients, and SNPs in three other loci (*10p15*, *5q35* and *2q12*) were associated in infliximab or adalimumab subset analyses. Furthermore, the top SNPs for each analysis (Table S3) showed little correlation across the three anti-TNF drugs. This simple observation suggests that genetic control of treatment response may be different for different drugs. This finding is consistent with the clinical observation that RA patients who fail one anti-TNF drug may still respond to a different anti-TNF drug, albeit at lower rates of response [19]. If confirmed in larger samples and more comprehensive analyses, then this could have major implications for how physicians prescribe these drugs.

The most significant finding from our GWAS was a set of equivalent SNPs in LD with each other from the *1q23* locus in etanercept-treated RA patients (Figure 1 and Figure 2A). While the top SNP did not reach genome-wide significance in predicting treatment response, it did reach genome-wide significance as an eQTL in PBMCs ($P=1\times10^{-11}$; Figure 2A). This finding indicates that the SNP (or another variant in LD with it) is indeed biologically functional in a human tissue that is important in the immune response. Two SNPs, rs10797077 and rs6427528, disrupt transcription factor binding sites, and represent excellent candidates for the causative allele to explain the effect on *CD84* expression (Figure 2C).

Our findings suggest that *CD84* genotype and/or expression could be a biomarker for etanercept treatment response among individuals of European ancestry. The genetic and expression data predict that *CD84* expression should be positively associated with treatment response (i.e., higher expression is associated with better response; Figure 3). While we did not observe a significant association between *CD84* levels and Δ DAS, we did observe a trend consistent with this prediction (Figure 4). Importantly, we note that power was extremely limited with the small sample sizes for which we had *CD84* expression as well as drug response data ($n=31$ RA patients treated with etanercept).

The *CD84* gene is a compelling candidate for immune response, belonging to the CD2 subset of the immunoglobulin superfamily. It has been implicated in T-cell activation and maturation [20]. CD84 localizes to the surface of CD4+ and CD8+ T cells, and acts as a costimulatory molecule for IFN-gamma secretion [21]. *CD84* is also expressed in B-cells, monocytes and platelets. *CD84* has not been previously implicated in genetic studies of RA risk, disease activity, disease severity, or treatment response.

A limitation of our study is the small sample size available for replication ($n=290$ etanercept-treated patients), and the lack of replication observed for the top *CD84* SNP (rs6427528) among patients of Portuguese and Japanese ancestry. The simplest explanation is that our original observation in the GWAS data represents a false positive association. However, the eQTL and gene expression data argue against this possibility. Explanations for a false negative finding in our replication collections include: (1) lack of power, especially if the effect size observed in the GWAS represents an over-estimate of the true effect size (the Winner's Curse) – we estimate that we had 32% and 17% power (at $P=0.05$) to detect an association in the Portuguese and Japanese sample collections, respectively; (2) clinical heterogeneity, which is

always a possibility in pharmacogenetic studies, especially those conducted in different countries; and (3) ethnic differences, including different patterns of LD between the underlying causative allele (which is as yet unknown) and marker SNPs tested in our study. We did observe subtle differences in local patterns of LD between Asians and Europeans using genetic data from the 1000 Genomes Project (Figure S5). We note that the rs6427528 minor allele A has a frequency of ~5–10% in European and East Asian populations, and ~50% in the African YRI population (HapMap2 and 1000 Genomes); therefore, it may be of interest to test African American samples in replication.

What are the options for increasing sample size in pharmacogenetic studies, thereby providing an opportunity to replicate our *CD84* genetic and expression findings? While it might seem trivial to collect more samples through traditional registries, this is extremely challenging for phenotypes pertaining to treatment efficacy. To underscore this point, we highlight our study design, where we organized samples and clinical data from 16 different collections across 7 different countries in order to obtain the samples for the current study. Going forward, non-traditional strategies to collect biospecimens linked with clinical data (e.g., online registries, electronic medical records) may be required to achieve clinical collections of sufficient size to discover pharmacogenomic predictors of efficacy.

In conclusion, we conducted the largest GWAS to date for response to anti-TNF therapy in RA patients. Our genetic and expression data suggest that *CD84* genetic variants and/or expression levels could be developed as predictive biomarkers for etanercept treatment response in RA patients of European ancestry.

Methods

Samples and clinical data

All patients met 1987 ACR criteria for RA, or were diagnosed by a board-certified rheumatologist. In addition, patients were required to have at least moderate disease activity at baseline ($\text{DAS} > 3.2$). All patients gave their informed consent and all institutional review boards approved of this study. A total of 13 collections from across 5 countries were included in GWAS [11,12,13,22]: Autoimmune Biomarkers Collaborative Network (ABCoN) from the U.S. ($N = 79$); the Genetics Network Rheumatology Amsterdam (GENRA, $N = 53$); the Dutch Behandelstrategieën voor Rheumatoïde Arthritis (BeSt, $N = 85$); the U.K. Biological in Rheumatoid arthritis Genetics and Genomics Study Syndicate (BRAGGSS, $N = 140$); the U.S. Brigham Rheumatoid Arthritis Sequential Study (BRASS, $N = 55$); the Swedish Epidemiological Investigation of Rheumatoid Arthritis (EIRA, $N = 298$); the Immunex Early Rheumatoid Arthritis study (eRA $N = 57$); the Swedish Karolinska Institutet study (KI, $N = 77$); the Netherlands collection from Leiden University Medical Center (LUMC, $N = 43$); and the U.S. Treatment of Early Aggressive RA (TEAR, $N = 109$). We refer to these collections as the American College of Rheumatology Research and Education Foundation (REF) collection, as funding for GWAS genotyping was provided by the “*Within Our Reach*” project. We included additional samples from BRAGGSS ($N = 595$) [12]; the Dutch Rheumatoid Arthritis Monitoring registry (DREAM) in the Netherlands, and the ApotheekZorg (AZ) database (which facilitates the Dutch distribution of adalimumab; $N = 880$) [23,24], together referred to as DREAM; and the French Research in Active Rheumatoid Arthritis (ReAct, $N = 272$) [25].

Additional samples were collected for replication of SNPs in the *Iq23* locus. These included the Rheumatic Diseases Portuguese

Register (Reuma.pt, $N = 378$) from the Portuguese Society of Rheumatology (SPR), which captures more than 90% of patients treated with biological therapies and managed in rheumatology departments across Portugal [26]. Additional replication samples ($N = 374$) of East Asian ancestry were included from the IORRA and Kyoto University Hospital registries, part of the Japanese Genetics and Allied research in Rheumatic diseases Networking consortium (GARNET) [27].

Clinical data were collected in each cohort, including disease activity scores at baseline and at least one time point after treatment, gender, age, methotrexate use, as well as autoantibody status (RF or CCP). The composite disease activity scores for 28 joints (DAS28) included laboratory values for erythrocyte sedimentation rate (ESR) for most samples and C-reactive protein (CRP) for 191 samples in the REF collection (ABCoN, BRASS and eRA cohorts). DAS28 values were available at baseline and at 3–12 months after initiating anti-TNF therapy. Our primary phenotype was defined as $\Delta\text{DAS} = \text{baseline DAS} - \text{end DAS}$, and responder status was also determined according to EULAR criteria for start and end DAS [15]. Clinical variables were assessed for association with phenotype in multivariate linear or logistic regression models for both the ΔDAS and EULAR responder-status phenotypes. Clinical variables that were significant in these analyses were retained as covariates in genetic association tests, except for methotrexate co-therapy. Including a covariate for methotrexate co-therapy reduced sample size substantially due to missing clinical data, so results were compared for our primary analysis and a secondary analysis with the covariates (and with reduced sample size) and the results were verified not to be impacted (not shown).

Genotyping and data processing

A total of eleven genotyping batches were processed separately. (1) BRASS samples were genotyped using Affymetrix 6.0 chip [28]; (2) WTCCC samples were genotyped on Affymetrix 500K chip [12]. All other cohorts were genotyped using Illumina platform arrays (see Table 1). Our American College of Rheumatology Research Education Fund (REF) collection was made up of smaller cohorts from throughout North America and Europe, including BRASS samples. Also included in REF: (3) ABCoN [13] and (4) EIRA [29] were separately genotyped on the Illumina 317K genotyping array; (5) eRA on the Illumina 550K chip; and (6) GENRA, BeSt, BRAGGSS (a subset of $N = 53$ samples), KI and LUMC were genotyped in one batch, and (7) BRAGGSS ($N = 87$) and TEAR were genotyped in a second batch, both using Illumina 660k chips, at the Broad Institute (8–10). DREAM and AZ samples were genotyped in three batches, one on 550K chip and two on 660K chips (manuscript in preparation), and (11) ReAct samples were genotyped on Illumina OmniExpress chips. Quality control (QC) filtering was done in each genotyping batch, including filtering individuals with $> 5\%$ missing data, and filtering SNPs with $> 1\%$ missing data, minor allele frequency (MAF) $< 1\%$ and Chi-squared test of Hardy Weinberg equilibrium $P_{\text{HWE}} < 10^{-5}$. We then used individual-pairwise identity-by-state estimates to remove occasional related and potentially contaminated samples. Data processing and QC were performed in PLINK [30]. Principal Components Analysis (PCA) was performed using EIGENSTRAT [31] (default settings) on the combined dataset using 20,411 SNPs genotyped across all datasets. Ethnicity outliers including all individuals of non-European descent were identified and removed, and the first three eigenvectors were used as covariates in GWAS.

Imputation was conducted on each of eleven datasets separately, using the IMPUTE v1 software [32] and haplotype-phased

HapMap Phase 2 (release 22) European CEU founders as a reference panel. Imputation of BRASS and EIRA was previously reported [28,33], and we followed the same imputation procedures for the remaining datasets. Imputation yielded posterior genotype probabilities as well as imputation quality scores at SNPs not genotyped with a minor allele frequency $\geq 1\%$ in HapMap CEU. We removed imputed SNPs with imputation ‘info’ scores < 0.5 or MAF $< 1\%$ in any of the datasets.

Expression profile and eQTL data

Gene expression levels were quantified using mRNA derived from peripheral blood mononuclear cells (PBMCs) using Affymetrix Human Genome U133 Plus 2.0, for 255 multiple sclerosis patients in the Comprehensive Longitudinal Investigation of MS at the Brigham and Women’s Hospital [34], either untreated ($N = 83$) or treated with interferon-beta ($N = 105$) or glatiramer acetate ($N = 67$). The raw intensity values were subject to quality control based on the recommended pipeline available in the simpleaffy and affyPLM R Bioconductor packages, and were then normalized using GCRMA ($N = 228$). The data are available on the Gene Expression Omnibus website (GSE16214). Expression levels for 17,390 probes mapping to 9,665 Ensembl transcripts were adjusted for confounding factors including age, gender, drug and batch using principle components and Bayesian factor analysis [35], and used in eQTL association analyses. Genotype data were collected on the Affymetrix 550K GeneChip 6.0 platform as a part of a previously published study [36]. Allelic dosages from imputed data (HapMap Phase II CEU samples; > 2 million SNPs, MACH imputation quality > 0.1 and MAF > 0.05) were used for association analysis. *Cis*-eQTLs were identified ± 1 Mb of transcription start sites (TSS) in the *1q23* locus region. Significance was evaluated by 10,000 permutations per gene, and false discovery rates were calculated based on *cis*-eQTL analyses in the total of 9,665 genes [37].

Additional expression profile data were available for subsets of samples that were part of two cohorts in our GWAS. Expression data from patients enrolled in the BRASS registry have been previously published [38]. Expression data were collected on Affymetrix Gene Chip U133 Plus 2 microarrays. BRASS patients had either cross-sectional expression data ($n = 132$, assayed at the time the patient was enrolled in BRASS) or pre- and post-treatment expression data ($n = 17$ samples, 8 treated with etanercept). Of these, $n = 87$ patients had expression and GWAS data. For patients with pre- and post-treatment data, we used the “baseline” pre-treatment expression data for cross-sectional analysis. In ABCoN, 65 RA patients ($n = 23$ treated with etanercept) had both pre- and post-treatment expression data, as well as Δ ADAS clinical data [39], and $n = 45$ patients had expression and GWAS data. As with BRASS, we use the “baseline” pre-treatment expression data for cross-sectional analysis. For ABCoN expression profile data were collected on Illumina Human WG6v3 microarrays and were quantile normalized according to Illumina recommended protocols. Within both BRASS and ABCoN, expression data were normalized to the mean and standard deviation within each collection. For prospective analyses of expression data and Δ ADAS, we combined BRASS and ABCoN to include 31 etanercept-treated patients and 78 anti-TNF-treated patients.

Statistical analyses

In our primary GWAS analysis, we tested each SNP for association with Δ ADAS using linear regression adjusted for baseline DAS and the first 3 PCA eigenvectors in each collection. In our secondary GWAS analysis, we modeled SNPs predicting

EULAR good response *versus* EULAR non-response using logistic regression, again adjusting for start-DAS value and the first three eigenvectors. Association analysis was done using SNPTEST [32] assuming an additive genetic model. Genomic control λ_{GC} values [40] for genotyped SNPs only and all SNPs were calculated, and no inflation or deflation was observed in the distributions of association test results. We then conducted inverse variance-weighted meta-analysis to combine results across the four datasets, and conducted Cochran’s Q tests for heterogeneity using the β coefficients [41]. We further divided samples into 3 subsets according to drug (etanercept, infliximab or adalimumab). GWAS analysis for each group followed the same analysis procedure. Meta-analysis and heterogeneity tests were conducted using SAS. Expression analyses utilized linear regression or Spearman rank correlation, also using SAS. We tested for effects of cohort, age, gender and concurrent methotrexate, and results are shown using significant covariates as indicated.

Supporting Information

Figure S1 Quantile–quantile (QQ) plots for Δ ADAS and response analysis, with genomic control λ_{GC} values.
(TIF)

Figure S2 GWAS results for the good response versus non-response phenotype. Shown are strengths of association ($-\log_{10}$ P-value) for each SNP versus position along chromosomes 1 to 22. A) All samples ($n = 1,708$). B) Etanercept-treated patients ($n = 472$). C) Infliximab-treated patients ($n = 599$). D) Adalimumab-treated patients ($n = 636$).
(TIF)

Figure S3 Forest plot of replication results for the CD84 SNP rs6427528, in patients treated with anti-TNF drugs other than etanercept (infliximab & adalimumab).
(TIF)

Figure S4 Forest plot of CD84 result in patients treated with etanercept, subset by all collections.
(TIF)

Figure S5 Patterns of linkage disequilibrium (LD) at the CD84 locus in HapMap. Shown patterns of LD for CEU (top panel) and CHBJPT (bottom panel).
(TIF)

Table S1 Sample information for each of thirteen clinical batches.
(DOC)

Table S2 Clinical multivariate model for the Δ ADAS phenotype.
(DOC)

Table S3 GWAS results for all SNPs achieving $P < 10^{-6}$ from any analysis.
(XLS)

Table S4 Sample and clinical data summary for replication samples.
(DOC)

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Author Contributions

Conceived and designed the experiments: JC EAS RMP. Performed the experiments: JC EAS RMP. Analyzed the data: JC EAS RMP. Contributed reagents/materials/analysis tools: SS CM DD GT TR MUM HC KI CT YO SW JA HY SM AT KO FM TM NG MK

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Three Groups in the 28 Joints for Rheumatoid Arthritis Synovitis – Analysis Using More than 17,000 Assessments in the KURAMA Database

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Abstract

Rheumatoid arthritis (RA) is a joint-destructive autoimmune disease. Three composite indices evaluating the same 28 joints are commonly used for the evaluation of RA activity. However, the relationship between, and the frequency of, the joint involvements are still not fully understood. Here, we obtained and analyzed 17,311 assessments for 28 joints in 1,314 patients with RA from 2005 to 2011 from electronic clinical chart templates stored in the KURAMA (Kyoto University Rheumatoid Arthritis Management Alliance) database. Affected rates for swelling and tenderness were assessed for each of the 28 joints and compared between two different sets of RA patients. Correlations of joint symptoms were analyzed for swellings and tenderness using kappa coefficient and eigen vectors by principal component analysis. As a result, we found that joint affected rates greatly varied from joint to joint both for tenderness and swelling for the two sets. Right wrist joint is the most affected joint of the 28 joints. Tenderness and swellings are well correlated in the same joints except for the shoulder joints. Patients with RA tended to demonstrate right-dominant joint involvement and joint destruction. We also found that RA synovitis could be classified into three categories of joints in the correlation analyses: large joints with wrist joints, PIP joints, and MCP joints. Clustering analysis based on distribution of synovitis revealed that patients with RA could be classified into six subgroups. We confirmed the symmetric joint involvement in RA. Our results suggested that RA synovitis can be classified into subgroups and that several different mechanisms may underlie the pathophysiology in RA synovitis.

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Introduction

Rheumatoid arthritis (RA) is the most frequent inflammatory arthritis worldwide affecting 0.5 to 1% of the population [1]. As RA is a bone-destructive disease and functional impairment caused by joint damage is well correlated with swelling and tenderness of joints [2–3], the evaluation of joints in patients with RA is very important to assess disease activity and predict the risk of future joint deformity. ACR core set [4] and DAS (disease activity score) [5–6] were developed for evaluation of disease activity in RA. Recently, the three composite indices, namely, DAS28 [5], simplified disease activity index (SDAI) [7] and clinical

disease activity index (CDAI) [8] are frequently used for disease activity evaluation among rheumatologists. All of the three indices are shown to be well correlated with future joint destruction [7,9]. These three methods include the same 28 joints for evaluation of disease activity, namely, bilateral wrist, 1st to 5th metacarpal (MCP) joints and proximal interphalangeal (PIP) joints, elbow, shoulder, and knee joints. Though RA is known to show symmetric joint symptoms [10], the frequency of bilateral joint symptoms and the correlations between each joint symptom are not fully analyzed by using large numbers of joint assessments. There are several reports of successful prediction of joint damage using a reduced number of joints for evaluation by ultrasonogra-

phy [11–12]. These reports raise the possibility that some of the 28 joints are less frequently involved, and are less informative for disease activity. Analyses for characterization of joint symptoms would uncover correlations of unexpected joint symptoms and distribution of synovitis in RA.

Here, we analyzed the distribution of affected joints in the 28 joints in patients with RA using more than 17,000 joint assessments from 1,314 patients with RA and showed that synovitis in RA patients can be classified into three groups. We also showed that affected rates of the 28 joints greatly vary in RA patients, and that RA patients could be classified into subgroups based on the distribution of joint synovitis.

Results

Frequency order of joints involvement

We recruited 17,311 assessments for the 28 joints in 1,314 patients with RA from 2005 to 2011. A summary of the registered patients is listed in Table 1. The distribution of the number of patients with RA in each year and the number of joint assessments for each patient are shown in Figure S1. We analyzed how often each of the 28 joints was tender or swollen in patients with RA in 2011. From the analysis of 735 patients, we found that the frequency of joint swelling and tenderness in the 28 joints is widely different from joint to joint (Figure 1 and Table S1). The wrist joints were the most frequently affected joints for swelling and tenderness. The frequency of the right wrist joint being affected was more than four times as high as the least frequently affected joint. Many of the joints showed right-dominant tenderness (eleven of fourteen joints, $p = 0.057$, binomial test), indicating mostly right-handedness. We found strong correlations for the affected rates of each joint between swellings and tenderness except for shoulder joints (Spearman’s rank-sum coefficient, $\rho = 0.70$ and $p = 3.8 \times 10^{-5}$, Figure 1, Table S1). Shoulder joints showed much higher frequencies of tenderness than those of swellings.

Next, we tried to replicate the order of affected frequencies of the 28 joints and the correlation between tenderness and swellings in different RA patients. We obtained 579 patients whose joints data were not available for 2011, indicating we analyzed independent RA patients. We found that the order of the affected joint frequencies were well correlated for both swelling and tenderness among different sets of RA patients (Spearman’s rank-

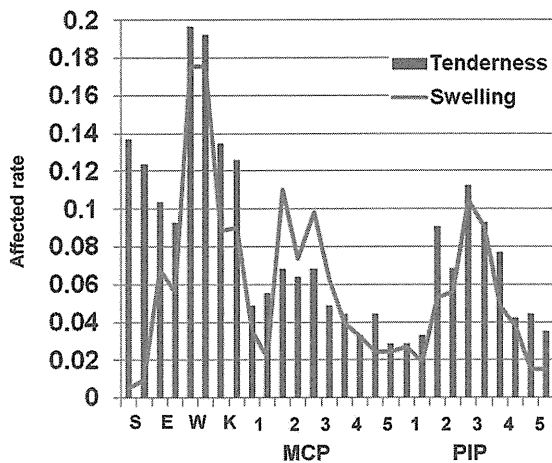


Figure 1. Affected rate of joint symptoms. Affected rate of joint symptoms. Each joint is arranged in the order of right and left. S:shoulder, E:elbow, W:wrist, K:knee. doi:10.1371/journal.pone.0059341.g001

Table 1. Summary of the KURAMA database.

The KURAMA database	
RA patients	1314
Age (mean±SD)	60.2±15.1
female ratio	81.70%
disease duration (years)	12.2±9.8
Stage*	2.75±1.17
Class*	1.87±0.69

*Stage and Class represent Steinbrocker’s stage and class, respectively.
SD: standard deviation.
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sum coefficient, $\rho:0.815$ and 0.904 , $p = 1.3 \times 10^{-7}$ and $p = 4.6 \times 10^{-11}$ for swelling and tenderness, respectively, Figure S2). We also confirmed that rates of tenderness were well correlated with those of swellings in the 28 joints in the 579 patients ($\rho:0.604$). These results indicate that some of the 28 joints are more likely to develop arthritis than the others in RA patients. The swelling and tenderness correlate with each other except for shoulder joints.

Whether the right-dominant involvement of joints in patients with RA is associated with joint destruction was analyzed. Joint destruction in the hand was evaluated for 246 patients with RA by modified Sharp score [13]. The six elements of the scores were separately analyzed, namely erosion of PIP, MCP, and wrist joints (we defined as joints other than MCP and PIP in hand) and narrowing of PIP, MCP, and wrist joints. We found that five out of six elements showed right-dominant destruction. In particular, narrowing and erosion of MCP joints showed a statistically significant right-dominance in binomial test ($p < 0.0050$, Table S2).

Three groups of 28 joints in RA synovitis

Next we analyzed correlations of joint symptoms between the 28 joints. We randomly picked up one assessment from each of the 1,314 patients to maximize the power. When the correlation of tenderness of the 28 joints was analyzed with kappa coefficient, we confirmed that each joint showed a symmetric involvement (Figure 2A). The results also showed that the tenderness of large joints and wrist joints are not correlated with the tenderness of PIP and MCP joints. We found that the tenderness of MCP joints was especially well correlated with each other and that PIP joints tenderness was well correlated with each other. The correlation of swelling in the 28 joints showed the same tendency as that of tenderness, namely, symmetric joint involvement, correlations between large joints and wrist joints, and no strong correlations between wrist joints and other small joints (Figure 2B).

Next we used eigen vectors of principal component analysis to assess the correlations of the 28 joints involvement. When we analyzed correlations of tenderness, eigen vectors revealed that PIP and MCP joints can be clearly distinguished from large joints and wrist joints (Figure 3A). PIP joints and MCP joints turned out to make independent groups after excluding large joints and wrist joints (Figure 3B). These three groups of affected joints were found both for tenderness and swelling (Figure 3C and 3D). We confirmed these three correlation groups in four independent resampling analyses by randomly picking up one assessment from each of the 1,314 patients four times (data not shown). The three groups were observed in the two independent sets of RA patients which were used in the analysis of joints involvement frequency

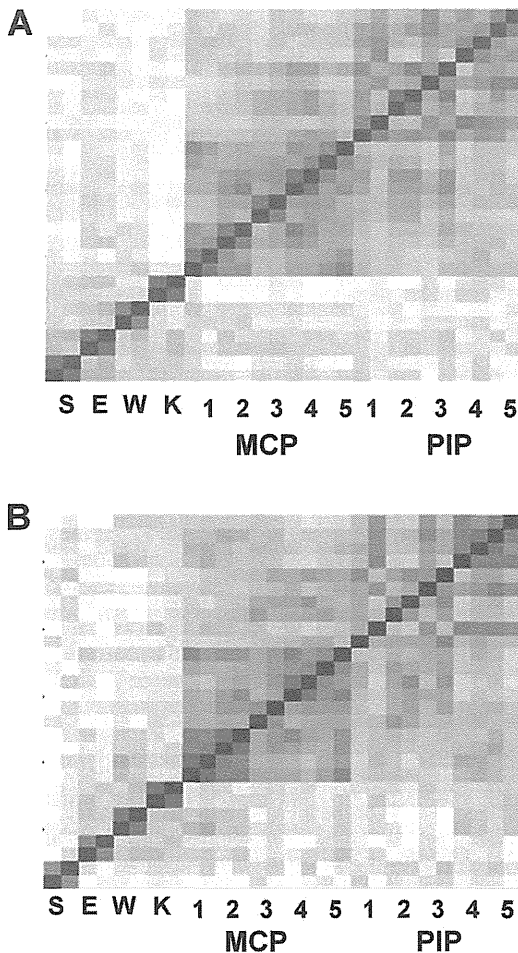


Figure 2. Correlations between the 28 joint symptoms. Brightness of the red color corresponds to the strength of correlations between joint tenderness (A) or swellings (B), using the Kappa coefficient. Each joint is arranged in the order of right and left. The joint order in the y axis is the same as the x axis. The result is a representative of five analyses based on resampled assessments. S:shoulder, E:elbow, W:wrist, K:knee. doi:10.1371/journal.pone.0059341.g002

(Figure S3). In addition, no significant difference was observed in the relationship of the three groups of joint involvement when we divided the 1,314 patients into two groups according to the patients' caring physicians (Figure S4). We confirmed the three groups by resampling four times for each analysis (data not shown). These results indicate that these three groups were not due to specific patients, examiners, or time of evaluation.

Taken together, the correlation analyses using kappa coefficient and eigen vectors in principal component analysis indicated that there are three correlated groups of joints in RA synovitis, namely, large joints with wrist joints (which we express as "large and wrist joints"), PIP joints, and MCP joints.

Subgroups of patients with RA

We performed a clustering analysis of 5,383 evaluations of 28 joints from 1,314 patients with RA. Six subgroups of evaluations of 28 joints were observed (Figure 4). Each of the subgroups was characterized by 1) no synovitis (34.6%), 2) mild activity with dominant involvement of large and wrist joints (17.4%), 3) dominant involvement of MCP joints (18.3%), 4) dominant

involvement of PIP joints (9.3%), 5) active synovitis (4.1%), and 6) moderate activity with dominant involvement of large and wrist joints (16.4%) (Table S3). Whether patients with RA are classified into the same subgroups was analyzed. There were 998 patients with four or five evaluations, and of these, 734 were categorized into the regular groups across different evaluations, indicating that the patterns of synovitis in the same patients were stable. Analysis of joint destruction in each subgroup revealed that the sixth subgroup demonstrated dominant destruction of large and wrist joints compared with MCP and PIP joints ($p < 2.8 \times 10^{-5}$, Figure S5 and Figure S6).

Discussion

Since RA is a joint destructive autoimmune arthritis and joint damage occurs rapidly in the early stages of the disease course [14], the development of a quantitative scale which assesses disease activity and predicts joint damage is very important. After DAS and ACR core sets were introduced, DAS28, SDAI, and CDAI were developed to evaluate disease activity and easily calculate the disease activity score in patients with RA. All three indices were shown to be well correlated with future joint destruction and they share the same 28 joints for evaluation. Joint symptoms especially joint swelling is known to correlate with future joint damage [3]. While these indices were developed for use in clinical trials such as responsiveness to treatment, they are used by rheumatologists in daily clinical practice and they are reported to coincide very well among different examiners [9]. Characterizing the relative affected frequency of each joint and analysis of correlation between joint symptoms are important to analyze the basic mechanisms of synovitis and to efficiently select the joints to predict future joint destruction. However, there is no detailed analysis to address the correlations between the 28-joint symptoms.

In the current study, we characterized the 28-joint symptoms using large numbers of joint assessments. While we reported the affected rates of each joint in the 28 joints for tenderness and swelling of RA patients registered in the KURAMA database in 2011 as a representative (Table S1), these rates should not be generalized considering large effects of treatment especially biologics agents on joint symptoms. Thus, we focused on relative frequencies of joint involvement for the 28 joints. The affected frequency pattern was compared between the two sets of RA patients, and there were no apparent differences between the two sets for both tenderness and swelling. We also showed that joint symptoms in RA could be classified into three groups both for tenderness and swelling. Our analysis also demonstrated that patients with RA can be regularly classified into six subgroups based on patterns of joint symptoms. These results suggest that regular RA joint involvement pattern, including relative frequency and groups of joints, is largely maintained in RA patients. In addition, we confirmed that these patterns of joint involvement were not attributed to evaluators and fractions of RA patients.

It is interesting that the affected frequencies greatly varied from joint to joint, and the rate of the most highly affected joint was more than four times as high as the least-affected joint. The affected frequencies indicated that wrist joints were the most frequently affected. It should be noted that surface area may have influenced the sensitivity of detecting synovitis in physical exams when different joints were compared. The relatively high frequency of tenderness and swelling in large and wrist joints compared with MCP and PIP joints can be explained by this difference in surface area. However, surface area cannot fully explain the highest frequency of wrist involvement and different frequencies within the MCP or PIP joints. A dominant involve-

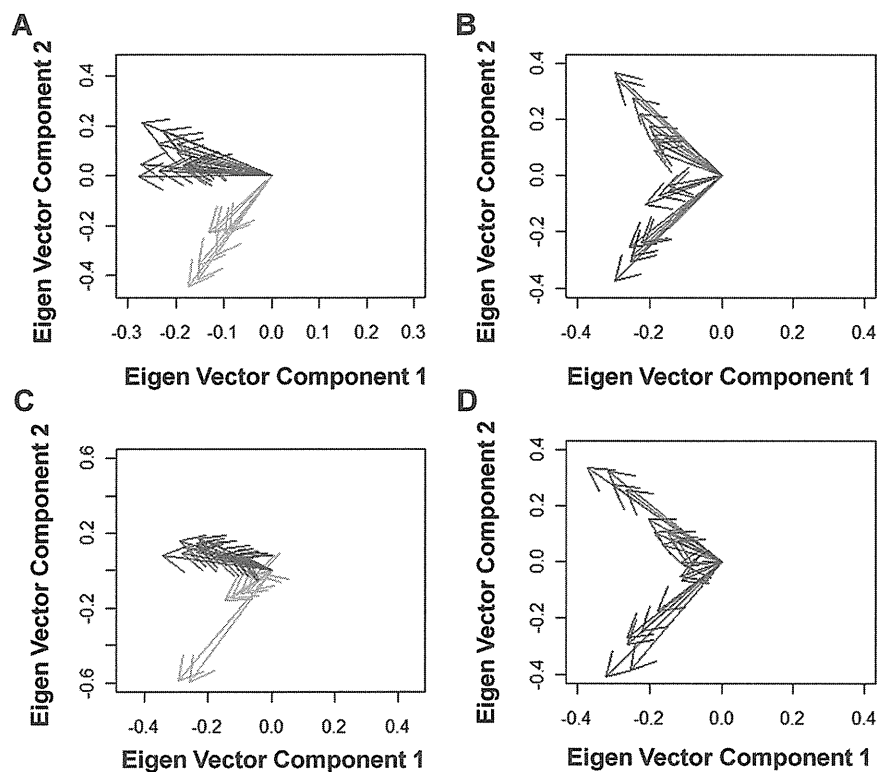


Figure 3. Relationship of the 28-joint involvement. The 1st and 2nd components of eigen vectors of the joint symptoms are plotted, using principal component analysis of the 28 joint involvement for tenderness (A) and swelling (C) or using that of the 20 joint involvement other than large and wrist joints for tenderness (B) and swelling (D). The results are representatives of five analyses based on resampled assessments. Green: large and wrist joints. Red: MCP joints. Blue: PIP joints.
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ment of right joints seemed to indicate a majority of the study population being right-handed in spite of the small difference of affected rates between bilateral joints. We also demonstrated that the right dominant involvement was also true for joint destruction. We could not compare the joint involvement and joint destruction between right-handed patients and left-handed patients due to a lack of information regarding handedness of patients.

Correlation analysis confirmed the well-known symmetric joint involvement in patients with RA. Strong correlations of tenderness and swelling in the same joints except for shoulder joints may indicate low sensitivity of shoulder swelling in the physical exams and common mechanisms of swelling and tenderness. It is striking that joint symptoms can be classified into three groups based on correlation analysis and principal component analysis. The

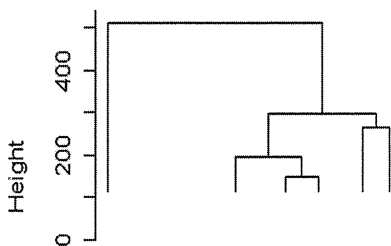


Figure 4. Six subgroups of evaluations of the 28 joints in RA. Results of clustering analysis with Ward method using randomly obtained 5,383 evaluations of the 28 joints in 1,314 patients were plotted.
doi:10.1371/journal.pone.0059341.g004

association observed between the symptoms in the wrist joints and the large joints is worth noting, since wrist joints are regarded as small joints according to ACR/EULAR criteria set in 2010. As wrist joints are much closer to other small joints than large joints, the relationship between wrist joints and large joints cannot be explained by the distance of joints. The distance of joints cannot explain the two different groups of MCP and PIP joints either. While symptoms of large and wrist joints are not related with those of MCP and PIP joints, they were not very strongly correlated with each other, compared with correlations among PIP joints or MCP joints. This may indicate that there are no common strong factors which predispose large and wrist joints to swelling and tenderness in patients with RA.

We also showed that patients with RA can be divided into six subgroups based on these three groups of joint involvement. More than 70% of patients are classified into regular subgroups, indicating that the pattern of synovitis in a patient with RA is stable. When patients who were regularly classified into the first subgroup of patients characterized by no synovitis were removed, more than 60% of patients were still classified into regular subgroups (data not shown), indicating that the stable patterns were observed regardless of activity of RA. As joint destruction was influenced by disease duration, disease activity, and treatment, we analyzed the relative distribution of joint destruction between the three joint groups in a patient with RA. We found that the sixth subgroup of patients, characterized by moderate activity with dominant involvement of large and wrist joints, demonstrated dominant destruction of wrist joints. This suggests that classifying patients with RA into appropriate subgroups would lead to prediction of patterns of joint destruction.

There are reports that evaluating fraction of joints by ultrasonography is a good way to predict future joint damage [11–12]. One study reported that 5 of the 28 joints with MTP2 and MTP5 joints, namely, wrist, MCP2, MCP3, PIP2, and PIP3 joints, are enough for ultrasonography evaluation [12]. Their data seems to be consistent with our results as they selected at least two joints from three different groups into which the 28-joint symptoms were classified. As ultrasonography usually surpasses physical examination in terms of the sensitivity to detect synovitis, it is interesting to analyze whether the assessments of synovitis using ultrasonography show the same pattern of synovitis over the 28 joints in RA.

Our results indicate that RA does not develop synovitis in the 28 joints with the same frequency and that the affected rate of each joint greatly varies from joint to joint. These different distributions of joint synovitis would lead to different distribution of joint destruction. Based on our results, the 28 joints can be categorized into three groups, and it is possible that some fractions of the 28 joints are less informative to assess disease activity than others. It would be interesting to develop a novel simplified joint core set, and analyze the correlation between joint damage and activity score based on this. It would be also interesting to characterize each of RA subsets in more detail.

Materials and Methods

Ethics Statement

Written informed consent to enroll in the database described below was obtained from most of the patients, but for some patients the information regarding the construction of this database was disclosed instead of obtaining written informed consent. Participants who were informed regarding the construction of the database (instead of obtaining written informed consent) were allowed to withdraw from the study if desired.

All data were de-identified and analyzed anonymously. This study was designed in accordance with the Helsinki Declaration. This study including the consent procedure was approved by the ethics committee of Kyoto University Graduate School and Faculty of Medicine.

The KURAMA database

The KURAMA (Kyoto University Rheumatoid Arthritis Management Alliance) database was established in 2011 at Kyoto University to store detailed clinical information and specimens from patients with arthritis and arthropathy. The alliance is composed of rheumatic disease-associated departments in Kyoto University Hospital as well as its allied, integrating previous database and specimen collections in each department and allied. A template for electronic clinical charts developed at Kyoto University Hospital in 2004 to evaluate joint involvements in RA patients was used to obtain joint assessments. Rheumatologists evaluated swelling and tenderness of the 28 joints in patients with RA on each visit and filled in the template. The synovitis information of the 28 joints and data for C-reactive protein and erythrocyte sedimentation rate were extracted from electronic clinical charts [15] and stored in the KURAMA database.

Patients and data of joint assessment

A total of 17,311 joint assessments from 1,314 patients with RA from 2005 to 2011 were obtained in a retrospective manner from the KURAMA database. All of the patients fulfilled ACR revised criteria for RA in 1987 [10] or ACR and EULAR classification criteria for RA in 2010 [16–17].

Analysis of affected frequencies in the 28 joints

RA patients were subdivided depending on whether their data were available in 2011 or not, and the affected frequency in each of the 28 joints was calculated. We compared the order of the affected frequency in the 28 joints between the two patient sets with Spearman's rank-sum coefficient. We separately analyzed the affected rates of joints for swelling and tenderness. When multiple joint assessments in different visits were available in the same patient with RA, we randomly selected one of the assessments as representative in the patient. We compared frequencies between tenderness and swellings for the 28 joints with Spearman's rank-sum coefficient.

Clustering of patients with RA

Clustering analyses were performed by Ward method, using randomly-selected 5,383 evaluations of the 28 joints from 1,314 patients with RA. These evaluations did not contain more than six assessments from each patient to avoid excess influence of particular patients. Affected rates were calculated for the three groups of joints (namely PIP joints, MCP joints and large and wrist joints) in this clustering analysis. For example, when a patient showed tenderness and swelling for all PIP joints, the affected rate of PIP joints in the patient is 2. When a patient showed tenderness for four MCP joints, the affected rate of MCP joints is 0.4.

RA patients were regarded as belonging to a particular group when more than 60% of evaluations belonging to the same patients with four or five evaluations were classified into the same group.

Analysis between RA subgroups and joint destruction

Joint destruction of hand joints in 246 patients with RA was evaluated by modified Sharp score by a trained rheumatologist who was not informed of the patients' characteristics (KM). Joint destruction rates were defined for the three groups of joints as a sum of scores divided by the full score in the joints group. For example, when a patient shows 50 as a sum of scores in the large and wrist group, the patient's joint destruction rate for the group is 0.463 (50/108).

Correlation of the 28 joints and statistical analysis

Correlations of joint symptoms among the 28 joints were estimated separately for tenderness and swelling. We randomly obtained one assessment of the 28 joints in each patient as a representative of the patient's joint assessments for maximization of the power. Kappa coefficient was used to analyze coincidence of joint symptoms in each pair of the 28 joints. Eigen vectors obtained in principal component analysis were used to analyze the deviation of joint symptoms. We resampled joint assessments for each patient and created four other sets of joint assessments. The same correlation analyses were performed using the four resampled assessments to confirm the correlation shown in the first assessment set. Right dominance of the synovitis and joint destruction was analyzed by binomial test. Dominant destruction of joints was evaluated by paired-t test. Statistical analysis was performed by R software or SPSS (ver18).

Supporting Information

Figure S1 Distribution of joint evaluation counts and patients across different years. A) Distribution of number of RA patients according to numbers of 28-joint assessments. B) Distribution of number of patients with RA whose joint assessment data were available from 2005 to 2011 in the KURAMA database. (TIF)

Figure S2 Good correlations between joint involvement rates in different sets of RA patients. Rates of joint involvement for A) swelling and B) tenderness were compared between the two different sets of RA patients. X and Y axes represent rates in the first set of RA patients in 2011 and those in the second set in 2005 to 2010, respectively.
(TIF)

Figure S3 Three groups of joints regardless of different sets of RA patients. Analysis using one of four resampled assessments in one of the two sets of RA patients is shown as a representative. The 1st and 2nd components of eigen vectors of the joint symptoms are plotted, using principal component analysis of the 28 joint involvement for tenderness (A) and swelling (C) or using that of the 20 joint involvement other than large and wrist joints for tenderness (B) and swelling (D). Green: large and wrist joints. Red: MCP joints. Blue: PIP joints.
(TIF)

Figure S4 Three groups of joints regardless of different evaluators. Analysis using one of five resampled assessments by one of the two groups of medical doctors is shown as a representative. The 1st and 2nd components of eigen vectors of the joint symptoms are plotted, using principal component analysis of the 28 joint involvement for tenderness (A) and swelling (C) or using that of the 20 joint involvement other than large and wrist joints for tenderness (B) and swelling (D). Green: large and wrist joints. Red: MCP joints. Blue: PIP joints.
(TIF)

Figure S5 Dominant destruction of large and wrist joints in the sixth subgroup of patients with RA. Box plots indicating the joint destruction rates in the three joint groups in subjects belonging to the sixth subgroup.
(TIF)

Figure S6 Destruction of large and wrist joints among the six subgroups of RA. Differences in destruction rates were plotted for each subject in the six subgroups. The difference was defined as: A) destruction rate of group of large and wrist joints – destruction rate of MCP joints and B) destruction rate of group of large and wrist joints – destruction rate of PIP joints.
(TIF)

Table S1 Rate of joint involvement for 28 joints in RA.
(DOC)

Table S2 Right-dominant joint destruction in RA. Patients who showed unilateral higher or lower scores in each element were analyzed.
(DOC)

Table S3 Mean affected rates of the three joint groups in the six subgroups of patients with RA.
(DOC)

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Author Contributions

Evaluation of joint X-rays: KM. Conceived and designed the experiments: CT MH KO RY FM HI TF TM. Analyzed the data: CT. Contributed reagents/materials/analysis tools: CT MH KO RN KM N. Yamakawa H. Yoshifuji N. Yukawa DK TU H. Yoshitomi MF HI TF TM KY. Wrote the paper: CT.

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Genome-Wide Association Study of Genetic Factors Related to Confectionery Intake: Potential Roles of the *ADIPOQ* Gene

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Objective: The excessive consumption of confectionery might have adverse effects on human health. To screen genetic factors associated with confectionery-intake frequency, a genome-wide association study (GWAS) in Japan was conducted.

Design and Methods: For the discovery phase (stage 1), we conducted a GWAS of 939 noncancer patients in a cancer hospital. Additive models were used to test associations between genotypes of approximately 500,000 single-nucleotide polymorphisms (SNPs) and the confectionery-intake score (based on intake frequency). We followed-up association signals with $P < 1 \times 10^{-5}$ and minor allele frequency >0.01 in stage 1 by genotyping the SNPs of 4,491 participants in a cross-sectional study within a cohort (replication phase [stage 2]).

Results: We identified 12 SNPs in stage 1 that were potentially related to confectionery intake. In stage 2, this association was replicated for one SNP (rs822396; $P = 0.049$ for stage 2 and 4.2×10^{-5} for stage 1+2) in intron 1 of the *ADIPOQ* gene, which encodes the adipokine adiponectin.

Conclusions: Given the biological plausibility and previous relevant findings, the association of an SNP in the *ADIPOQ* gene with a preference for confectionery is worthy of follow-up and provides a good working hypothesis for experimental testing.

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Introduction

Confectionery or snacks are often sweet, fatty, and energy dense, so their excessive consumption might have adverse effects on human health in terms of obesity and the metabolic syndrome (1,2). Genetic as well as environmental factors have recently been implicated as correlates in the consumption of sweet foods. For example, a genetic variation in *TAS1R2*, a sweet taste-receptor subunit, was reported to affect habitual consumption of sugars in overweight and obese individuals (3), whereas a functional polymorphism of the dopamine transporter *SLC6A3* was related to the intake of high-calorie sweet foods among women with high depressive symptoms (4). Further-

more, polymorphisms of the leptin gene (*LEP*) and the leptin receptor gene (*LEPR*) were associated with sweet preference (5). Identification of genetic polymorphisms associated with a preference for sweet foods might therefore help us to understand the physiology and pathophysiology of eating behaviors and addiction to sweet foods (6,7).

However, most genetic findings to date derive from candidate-gene approaches in which biologically possible associations were tested between genetic factors and use of sweet foods. In addition to candidate-gene approaches, a few genome-wide linkage studies have addressed this topic (8,9); however, these studies used only several

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hundreds of microsatellite markers, so the regions of the genome identified were too broad to locate relevant genes.

Recent genome-wide association studies (GWASs) have utilized several hundreds of thousands of single-nucleotide polymorphisms (SNPs) as a means of finding genes that are potentially related to various phenotypes without prior hypotheses. GWASs have been used to identify novel candidate or target genes regulating obesity (10) and diabetes (11); however, a preference for the consumption of sweet foods has not been examined as a phenotype in recent GWASs. This study therefore used a GWAS to screen genetic factors associated with the intake frequency of confectionery throughout the human genome, followed by a replication study in another independent population.

Methods

Study participants

In the discovery phase (stage 1), we conducted a GWAS of 977 participants of the Hospital-based Epidemiological Research Program II at Aichi Cancer Center Hospital (HERPACC-II) between January 2001 and September 2005. All participants were enrolled during their first visit to the Aichi Cancer Center Hospital (ACCH; Nagoya, Japan). The framework of the HERPACC-II has been described elsewhere (12,13). Briefly, all first-visit outpatients to the ACCH aged 20-79 years were asked to fill in a self-administered questionnaire about their lifestyle and medical factors, and trained interviewers checked their responses. The outpatients were also asked to provide a blood sample. In total, 96.7% of contacted patients completed the questionnaire and about 50% of respondents provided a blood sample.

The current analyses were limited to noncancer participants; approximately 35% of the subjects were diagnosed with cancer within 1 year of their first visit. Our previous study showed that the lifestyle patterns of first-visit outpatients without cancer corresponded well with those of individuals who were randomly selected from the general population of Nagoya city (14).

Association signals selected in the stage 1 GWAS were followed-up by genotyping the SNPs in 4,491 participants aged 35-69 years in a cross-sectional study within the Japan Multi-Institutional Collaborative Cohort (J-MICC) Study (replication phase [stage 2]). We previously reported the detailed design of this cross-sectional study (15) and the J-MICC Study as a whole (16). In brief, participants in the current study completed a questionnaire about lifestyle and medical factors, and donated a blood sample at the time of the J-MICC Study baseline survey. J-MICC Study participants were recruited from 10 areas throughout Japan between 2004 and 2008, and included community citizens, first-visit patients to a cancer hospital, and health check-up examinees. The response rates for the baseline survey by study area varied according to the source population, and were recorded as 7.0-24.0% in the community (recruitment by mailing invitation letters or distributing leaflets), 58.4% in first-visit patients to a cancer hospital, and 14.0-65.5% in health check-up examinees. The respondents for the cross-sectional study comprised 400-600 participants who were enrolled consecutively from each area of the J-MICC Study, with the exception of two areas (Kyoto and Tokushima) where fewer participants were recruited.

All participants in this study gave their written informed consent prior to inclusion. The ethics committees of Kyoto University Graduate School of Medicine (Kyoto, Japan) and Aichi Cancer Center approved the protocol for the stage 1 GWAS. The committee of Aichi Cancer Center also approved the protocols of the HERPACC-II, and the committees of Nagoya University School of Medicine (Nagoya, Japan), Aichi Cancer Center, and all participating research institutions approved the protocols of the J-MICC Study, including the current cross-sectional study. The present study was conducted in accordance with the World Medical Association Declaration of Helsinki and its later amendments.

Confectionery-intake score

We defined the intake score for confectionery as described below, and considered it as a trait in the current GWAS to seek relevant quantitative trait loci. Participants in both stages 1 and 2 studies were asked to report their usual frequency of consumption of 43 food items in a self-administered questionnaire with the following eight possible responses: 1 = almost never; 2 = 1-3 times per month; 3 = 1-2 times per week; 4 = 3-4 times per week; 5 = 5-6 times per week; 6 = once per day; 7 = twice per day; and 8 = ≥ 3 times per day (17-20). The respondents were requested to circle one of the numbers to provide an answer. Western-style and Japanese-style confectionery were included as two separate food items in the questionnaire. The responses were then converted into intake scores of 0, 0.1, 0.2, 0.5, 0.8, 1, 2, and 3, respectively, and the sum of the two intake scores was used for association analysis. Generic or grouped questions about the consumption of confectionery (not those on individual items such as cookies and sponge cakes) are generally used in studies in Japan and have been validated through comparisons with diet records (21,22).

Genotyping

For stage 1, the DNA of each participant was extracted from the buffy-coat fraction using a DNA Blood Mini kit (Qiagen Group, Tokyo, Japan). All 977 samples were genotyped on an Illumina Human610-Quad BeadChip (Illumina, San Diego, CA, USA) with 576,736 SNP markers at the Center for Genomic Medicine of Kyoto University Graduate School of Medicine.

We excluded two participants whose recorded gender was inconsistent with genotyping data. A further sample was excluded because the call rate was below the threshold (0.95), another was excluded because of an extremely high proportion of heterozygotes among the genotyped SNPs, and two were excluded because they were from closely related participants with a π -hat > 0.4 (estimated using the PLINK whole-genome association-analysis toolset [23]). For each closely related pair, we excluded the member with the lower call rate. Based on principal component analysis, no outlier was identified in terms of ancestry from East-Asian populations. In addition, 32 participants were excluded because of missing data on the intake frequency of confectionery, leaving a total of 939 for the present analysis. After removing SNPs that failed the quality control criteria (Hardy-Weinberg equilibrium P -value $\geq 1 \times 10^{-6}$ [excluded SNPs: $n = 277$]; SNP call rate > 0.95 [$n = 2,921$]; and minor allele frequency [MAF] ≥ 0.01 [$n = 82,414$]), 491,738 markers were used for the analysis (some SNPs were excluded based on two or more criteria). The procedures used to select candidate SNPs for stage 2 are described below.

TABLE 1 Background characteristics of participants

Characteristics	Stage 1	Stage 2	Stage 1+2	P (stage 1 vs. 2)
N	939	4,491	5,430	
Women (%)	48.9	53.0	52.3	0.022
Age (years)	47.9 ± 16.3	55.8 ± 8.9	54.4 ± 10.9	<0.001
Current drinkers (%)	56.0	56.1	56.1	0.95
Ex-drinkers (%)	4.5	1.9	2.4	<0.001
Current smokers (%)	28.6	17.4	19.3	<0.001
Ex-smokers (%)	20.5	22.7	22.3	0.14
BMI (kg/m ²)	22.5 ± 3.1	23.2 ± 3.2	23.0 ± 3.2	<0.001
Confectionery intake score	0.30 ± 0.32	0.28 ± 0.27	0.28 ± 0.28	0.085

Values are means ± SD.

DNA samples for stage 2 were prepared from the buffy coat or whole blood using a BioRobot M48 Workstation (Qiagen Group) or an automatic nucleic-acid isolation system (NA-3000; Kurabo, Osaka, Japan). We then genotyped the 12 SNPs identified in stage 1 using the multiplex polymerase chain reaction-based Invader assay (24) (Third Wave Technologies, Madison, WI, USA) at the Laboratory for Genotyping Development of the Center for Genomic Medicine at RIKEN (Yokohama, Japan). The call rates for all 12 SNPs were 99.6% or higher at stage 2.

Association analysis

In stage 1, PLINK software version 1.07 (<http://pngu.mgh.harvard.edu/purcell/plink/>) (23) was used to test the association between SNP genotypes and the confectionery-intake score. We utilized standard additive models for assessing associations, and adjusted for gender and age using general linear models. The intake score was regressed on the number of minor alleles for each SNP, and the regression coefficient (β) was estimated, with gender and age included as covariates in the linear model. The SNPs were chosen if the additive model P was $<1 \times 10^{-5}$. For SNPs within one linkage disequilibrium (LD) block (defined by pairwise $r^2 > 0.8$), we selected the one with the lowest P value. SNPs were excluded from stage 2 analysis when both of the following two conditions were satisfied: the MAF was <0.05 ; and they were not within or near to (<50 kb) a gene. The genome-wide $-\log_{10} P$ value plot (Manhattan plot) from stage 1 was depicted using Haploview version 4.2 (<http://www.broadinstitute.org/scientific-community/science/programs/medical-and-population-genetics/haploview/haploview>) (25). The Q–Q plot was drawn from the PLINK output using Stata version 11.1 (Stata Corporation, College Station, TX, USA).

Using stage 2 genotyping data, we repeated the association analyses carried out in stage 1. The combined datasets of stages 1 and 2 studies were analyzed in the same manner to yield pooled P values. For the replicated SNPs ($P < 0.05$ in stage 2), the mean confectionery intake scores were computed according to the genotype of the whole, or subgroups of, the pooled population. In this analysis, the heterozygotes were combined with the homozygotes of minor alleles because of the small number of minor homozygotes. The distribution of the intake score was skewed toward lower values compared with the normal distribution. However, the mean scores by genotype would approximate a normal distribution in accordance with the central limit theorem because of the relatively large sample size.

Statistical analyses for stage 2 and the pooled dataset were performed using Statistical Analysis System (SAS) version 9.1 (SAS Institute Inc., Cary, NC, USA). We repeated the analysis for stage 1 using SAS, and reproduced the results obtained using the PLINK software. Accordance with the Hardy–Weinberg equilibrium was assessed by the exact test (26) using Stata software. The background characteristics of participants were compared by the t -test or the χ^2 test. BMI [kg/m²] was calculated on the basis of self-reported height and body weight, because measured values were not available in two study areas. In the remaining eight areas, however, the BMI based on self-reported height and weight was similar to that derived from measured height and weight; the intraclass correlation coefficient between the two indices was 0.98 in both men and women. To consider the potential effect of BMI, we repeated the association analysis of data from stages 1 and 2, or 1+2 with further adjustment for BMI (as a continuous variable).

We initially decided to examine the association between SNPs and the sum of the two intake scores for Western- and Japanese-style confectionery, and therefore did not run the analyses separately. However, for SNPs with $P < 0.05$ in the stage 2 study, we did conduct separate analyses for Western- and Japanese-style confectionery because the correlation was moderate between the intakes of the two types (correlation coefficient, 0.33 for stage 1+2 data).

Results

The participants of the stage 2 study were older and slightly more likely to be female than those of the stage 1 study, whereas former drinkers and current smokers were more prevalent in stage 1 (Table 1). BMI was slightly higher in the stage 2 study, and the confectionery-intake score was comparable between the two studies. The mean intake score \pm SD was 0.30 ± 0.32 for stage 1 and 0.28 ± 0.27 for stage 2. The distribution of the score was skewed toward lower values compared with the normal distribution: the median was 0.2 (interquartile range, 0.1–0.4) for stage 1 and 0.2 (0.1–0.3) for stage 2.

In stage 1, we found 22 SNPs with P values for the additive model $<1 \times 10^{-5}$. The selected SNPs are shown as spots above the blue line at $P = 1 \times 10^{-5}$ in the genome-wide $-\log_{10} P$ value plot (Manhattan plot; Figure 1). The Q–Q plot indicates that the observed P values that were less than the cutoff (i.e., 1×10^{-5}) all deviated