71	m that	活動につい	マノ白.	HAATE	で生きかんと
1)	日平り	バ古製川こうし	ヽしく身	1411111	い精神的に

8) 日中の眠気について

		77日中の7日動に 20・	111110001111100	[HJ/			のローの成気につ			
		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	0 (0.0%)	(0.0%)	0 (0.0%)	(0.0%)	(0.0%)				
	40-44	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)			0 (0.0%)	3
	45-49	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)		(100.0%)	0 (0.0%)	2
	50-54	0 (0.0%)	0 (0.0%)	(100.0%)	0 (0.0%)		0	1	0) 1
	55-59	(33.3%)	1 (33.3%)	(33.3%)	0 (0.0%)		1	2	0	3
	60-64	0 (0.0%)	10 (62.5%)	5 (31.3%)	1 (6.3%)	0 (0.0%)	5 (31.3%)	10 (62.5%)		16
	65-69	0 (0.0%)	5 (83.3%)	1 (16.7%)	(0.0%)	0 (0.0%)		6 (100.0%)	(0.0%)) 6
	70-74	0 (0.0%)	10 (58.8%)	7 (41.2%)	0 (0.0%)	0 (0.0%)	3 (17.6%)	14 (82.4%)		(100.0%)
	75-79	1 (10.0%)	7 (70.0%)	1 (10.0%)	1 (10.0%)	0 (0.0%)	3 (30.0%)		0 (0.0%)	
	80	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)			0 (0.0%)	0 (0.0%)	2
	合計	(8.3%)	37 (61.7%)	16 (26.7%)	(3.3%)	(0.0%)	14 (23.3%)			60
女性	-39	0 (0.0%)	3 (60.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	(20.0%)	2 (40.0%)		. 5
	40-44	(20.0%)	3 (60.0%)	(20.0%)	(0.0%)	0 (0.0%)		5 (100.0%)	0 (0.0%)	(100.0%)
	45-49	(33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	
	50-54	3 (37.5%)	3 (37.5%)	1 (12.5%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	8 (100.0%)	0 (0.0%)	
	55-59	0 (0.0%)	6 (75.0%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	0 (0.0%)			(100.0%)
	60-64	4 (13.3%)	19 (63.3%)	5 (16.7%)	2 (6.7%)	0 (0.0%)		21 (70.0%)		
	65-69	(5.3%)	11 (57.9%)	7 (36.8%)	0 (0.0%)			14 (73.7%)		19 (100.0%)
	70-74	1 (7.7%)	8 (61.5%)	3 (23.1%)	0 (0.0%)	1 (7.7%)	2 (15.4%)	10 (76.9%)	(7.7%)	
	75-79	2 (13.3%)	9 (60.0%)	3 (20.0%)	1 (6.7%)	0 (0.0%)	3 (21.4%)	10 (71.4%)		14 (100.0%)
	80-	0 (0.0%)	4 (66.7%)	(33.3%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	5 (83.3%)		(100.0%)
	合計	13 (11.6%)	68 (60.7%)	24 (21.4%)	5 (4.5%)	(1.8%)	(17.1%)	(77.5%)	(5.4%)	(100.0%)
合計	-39	0 (0.0%)	3 (60.0%)	(20.0%)	(20.0%)		(20.0%)	2 (40.0%)	(40.0%)	(100.0%)
	40-44	3 (37.5%)	4 (50.0%)	1 (12.5%)	0 (0.0%)	(0.0%)		8 (100.0%)	0 (0.0%)	
	45-49	(40.0%)	(60.0%)	(0.0%)	0 (0.0%)	0 (0.0%)				
	50-54	(33.3%)	(33.3%)	(22.2%)	(11.1%)	0 (0.0%)	0 (0.0%)	(100.0%)		(100.0%)
	55-59	(9.1%)	(63.6%)	(18.2%)	(0.0%)	1 (9.1%)		10 (90.9%)	(0.0%)	(100.0%)
	60-64	4 (8.7%)	29 (63.0%)	10 (21.7%)	3 (6.5%)	0 (0.0%)	13 (28.3%)	31 (67.4%)		(100.0%)
	65-69	(4.0%)	16 (64.0%)	(32.0%)	(0.0%)	0 (0.0%)	4 (16.0%)		(4.0%)	25
	70-74	(3.3%)	18 (60.0%)	(33.3%)	(0.0%)	(3.3%)	5 (16.7%)		(3.3%)	(100.0%)
	75-79	3 (12.0%)	16 (64.0%)	4 (16.0%)	(8.0%)	0 (0.0%)	6 (25.0%)	17 (70.8%)		24
	-08	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)		5 (62.5%)	0 (0.0%)	(100.0%)
	合計	18 (10.5%)	105 (61.0%)	40 (23.3%)	7 (4.1%)	2 (1.2%)	33 (19.3%)	131 (76.6%)	7 (4.1%)	171 (100.0%)

6) 手助けを頼める友人は何人	いますか。
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7) まわりの人々はお互いに助け合っている。

		5) 手助けを刺	頂める親戚や	や兄弟は何.	人いますか。	,		6) 手助けを	頼める友人	は何人います	まか 。			7) まわりの人	マはお互いに助け合	っている。		
		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない
男性	-39	(0,0%)	(0.0%)	(0,0%)	(0.0%)	(0.0%)	(0,0%)	0 (0,0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(0.0%)	0 (0.0%)	(0.0%)	(0.0%)
	40-44	(33.3%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)	0 (0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)
	45-49	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%) (50.0%)	(0.0%)	(50.0%)	0 (0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)
	50-54	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%) (0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%) 0 (0.0%)	(0.0%)	(0.0%)	(0.0%)	0
	55-59	(33.3%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(33.3%)	0	0	0	1	2	0	(0.0%)
	60-64	(6.3%)	(37.5%)	5	3	1	0	6	3	2	4	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(66.7%)	(0.0%)	(0.0%)
	65-69	0	2	(31.3%)	(18.8%)	(6.3%)	(0.0%)	(37.5%)	(18.8%)	(12.5%)	(25.0%)	(6.3%)	(0.0%)	(0.0%)	(75.0%)	(18.8%)	(6.3%) 0	(0.0%)
	70-74	(0.0%) 0	(33.3%)	(33.3%)	(16.7%) 6	(16.7%) 6	(0.0%) 0	(0.0%)	(0.0%) 5	(83.3%) 3	(16.7%) 4	(0.0%)	(0.0%) 0	(16.7%) 2	(50.0%) 9	(16.7%) 6	(0.0%) O	(16.7%) 0
	75-79	(0.0%)	(17.6%) 0	(11.8%) 1	(35.3%) 2	(35.3%) 3	(0.0%) 1	(12.5%) 3	(31.3%) 1	(18.8%) 2	(25.0%) 2	(12.5%) 1	(0.0%)	(11.8%)	(52.9%) 4	(35.3%) 3	(0.0%) 0	(0.0%) 0
	80-	(30.0%) 1	(0.0%) 0	(10.0%) 0	(20.0%) 1	(30.0%) 0	(10.0%) 0	(30.0%)	(10.0%) 0	(20.0%) 1	(20.0%) 0	(10.0%) 0	(10.0%) 0	(30.0%)	(40.0%) 1	(30.0%)	(0.0%) 0	(0.0%)
	合計	(50.0%) 7	(0.0%) 14	(0.0%) 12	(50.0%) 14	(0.0%) 11	(0.0%) 2	(50.0%) 15	(0.0%) 11	(50.0%) 15	(0.0%) 13	(0.0%) 4	(0.0%)	(0.0%)	(50.0%) 33	(50,0%) 19	(0.0%)	(0.0%)
		(11.7%)	(23.3%)	(20.0%)	(23.3%)	(18.3%)	(3.3%)	(25.4%)	(18.6%)	(25.4%)	(22.0%)	(6.8%)	(1.7%)	(10.0%)	(55.0%)	(31.7%)	(1.7%)	(1.7%)
女性	-39	(20.0%)	(20.0%) 0	(20.0%) 0	(0.0%)	(20.0%)	(20.0%)	(20.0%)	(40.0%) 0	(20.0%) 2	(0.0%)	(20.0%)	(0.0%)	(20.0%)	(40.0%)	(20.0%)	(20.0%)	(0.0%)
	40-44	(0.0%)	(0.0%)	(0.0%)	(60.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(40.0%) 1	(60.0%)	(0.0%)	(0.0%)	(20.0%)	(60.0%)	(20.0%)	(0.0%)	(0.0%)
	45-49	(0.0%)	(66.7%) 2	(0.0%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)
	50-54	(14.3%) 0	(28.6%)	(28.6%)	(28.6%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(12.5%) 2	(37.5%)	(0.0%)	(0.0%)	(0.0%)	(87.5%) 5	(12.5%)	(0.0%)	(0.0%)
	55-59	(0.0%)	(37.5%)	(12.5%)	(12.5%)	(25.0%)	(12.5%)	(37.5%)	(25.0%)	(25.0%) 12	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(62.5%) 17	(37.5%)	(0.0%)	(0.0%)
	60-64	(0.0%)	(16.1%)	(25.8%)	(38.7%)	(12.9%)	(6.5%)	(10.0%)	(26.7%)	(40.0%)	(13.3%)	(3.3%)	(6.7%)	(16.1%)	(54.8%)	(29.0%)	(0.0%)	(0.0%)
	65-69	(10.5%)	(15.8%)	(26.3%)	(10.5%)	(10.5%)	(26.3%)	5 (26.3%)	(10.5%)	(31.6%)	(15.8%)	(10.5%)	(5.3%)	(15.8%)	10 (52.6%)	(31.6%)	0 (0.0%)	0 (0.0%)
	70-74	2 (15.4%)	2 (15.4%)	(30.8%)	2 (15.4%)	(23.1%)	0 (0.0%)	3 (23.1%)	2 (15.4%)	(53.8%)	(7.7%)	(0.0%)	0 (0.0%)	(15.4%)	9 (69.2%)	(7.7%)	(7.7%)	0 (0.0%)
	75-79	2 (13.3%)	2 (13.3%)	2 (13.3%)	2 (13.3%)	5 (33.3%)	2 (13.3%)	(28.6%)	5 (35.7%)	2 (14.3%)	0 (0.0%)	0 (0.0%)	3 (21.4%)	5 (33.3%)	7 (46.7%)	(13.3%)	(6.7%)	0 (0.0%)
	80-	1 (16.7%)	(0.0%)	(33.3%)	1 (16.7%)	(33.3%)	0 (0.0%)	0 (0.0%)	(20.0%)	(60.0%)	(20.0%)	(0.0%)	(0.0%)	1 (16.7%)	1 (16.7%)	4 (66.7%)	0 (0.0%)	(0.0%)
	合計	9 (8.0%)	20 (17.9%)	25 (22.3%)	26 (23.2%)	20 (17.9%)	12 (10.7%)	19 (17.3%)_	27 (24.5%)	37 (33.6%)	17 (15.5%)	(3.6%)	(5.5%)	18 (15.9%)	63 (55.8%)	29 (25.7%)	3 (2.7%)	(0.0%)
合計	-39	1 (20.0%)	1 (20.0%)	(20.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	2 (40.0%)	(20.0%)	(0.0%)	(20.0%)	(0.0%)	(20.0%)	2 (40.0%)	(20.0%)	1 (20,0%)	0 (0,0%)
	40-44	1 (12.5%)	0 (0.0%)	(0,0%)	4 (50.0%)	1 (12.5%)	2 (25.0%)	1 (12.5%)	1 (12.5%)	2 (25.0%)	4 (50.0%)	(0.0%)	(0.0%)	1 (12.5%)	5 (62.5%)	(25.0%)	0 (0.0%)	(0.0%)
	45-49	(0.0%)	2 (40.0%)	2 (40.0%)	(20.0%)	(0.0%)	(0.0%)	(20.0%)	(20.0%)	2 (40.0%)	(20.0%)	(0.0%)	(0.0%)	0 (0.0%)	2 (40.0%)	(60.0%)	(0.0%)	(0.0%)
	50-54	(12.5%)	(37.5%)	(25.0%)	(25.0%)	(0.0%)	(0.0%)	0 (0.0%)	(55.6%)	(11.1%)	(33.3%)	(0.0%)	(0.0%)	0 (0.0%)	8 (88.9%)	(11,1%)	(0.0%)	(0.0%)
	55-59	(9.1%)	5 (45.5%)	(9.1%)	(9.1%)	(18.2%)	(9.1%)	4 (36.4%)	(18.2%)	(27.3%)	(18.2%)	(0.0%)	(0.0%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	(0.0%)	(0.0%)
	60-64	(2.1%)	(23.4%)	13 (27.7%)	15 (31.9%)	(10.6%)	(4.3%)	9 (19.6%)	(23.9%)	(30.4%)	(17.4%)	(4.3%)	(4.3%)	(0.0%) 5 (10.6%)	29	12	1	0
	65-69	2	5	7	3	(10.6%)	5	5	(23.9%) 2 (8.0%)	11	4	(8.0%)	1	4	(61.7%) 13	(25.5%)	(2.1%)	(0.0%)
	70-74	(8.0%)	(20.0%)	(28.0%)	(12.0%)	9	(20.0%)	(20.0%)	7	(44.0%) 10	(16.0%)	2	(4.0%) 0	(16.0%)	(52.0%) 18	(28.0%)	(0.0%)	(4.0%)
	75-79	(6.7%) 5	(16.7%)	(20.0%)	(26.7%) 4	(30.0%)	(0.0%)	(17.2%)	(24.1%) 6	(34.5%)	(17.2%)	(6.9%)	(0.0%)	(13.3%)	(60.0%) 11	(23.3%)	(3.3%)	(0.0%)
	80-	(20.0%)	(8.0%)	(12.0%)	(16.0%)	(32.0%)	(12.0%)	(29.2%)	(25.0%)	(16.7%)	(8.3%)	(4.2%)	(16.7%)	(32.0%)	(44.0%)	(20.0%) 5	(4.0%) 0	(0.0%)
	合計	(25.0%) 16	(0.0%) 34	(25.0%) 37	(25.0%) 40	(25.0%) 31	(0.0%) 14	(14.3%) 34	(14.3%) 38	(57.1%) 52	(14.3%) 30	(0.0%)	(0.0%) 7	(12.5%) 24	(25.0%) 96	(62.5%) 48	(0.0%)	(0.0%) 1
	□ D1	(9.3%)	(19.8%)	(21.5%)	(23.3%)	(18.0%)	(8.1%)	(20,1%)	(22.5%)	(30.8%)	(17.8%)	(4.7%)	(4.1%)	(13.9%)	(55.5%)	(27.7%)	(2.3%)	(0.6%)

												刀を合わせ	て解決しようとする	D		
		強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない_	どちらかといえば そう思わない	全く そう思わない
男性	-39	(0.0%)	0 (0.0%)	0 (0.0%)	(0.0%)	(0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0.0%)	(0.0%)	0 (0.0%)	(0.0%)
	40-44	0 (0.0%)	3 (100.0%)	0 (0.0%)	(0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
	45-49	(0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	(0.0%)	(0.0%)	(50.0%)		0 (0.0%)	0 (0.0%)
	50-54	(0.0%)	(100.0%)	(0.0%)	(0.0%)	0 (0.0%)	0 (0.0%)	(100.0%)	0 (0.0%)	0 (0.0%)	(0.0%)	(0.0%)	(100.0%)	0 (0.0%)	(0.0%)	(0.0%)
	55-59	(0.0%)	(33.3%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)		(33.3%)	(0.0%)
	60-64	(0.0%)	(56.3%)	(37.5%)	(6.3%)	(0.0%)	(6.3%)	13 (81.3%)	(12.5%)	(0.0%)	(0.0%)	(6.3%)	(18.8%)	(68.8%)	(0.0%)	(6.3%)
	65-69	(16.7%)	(33.3%)	(33.3%)	0 (0.0%)	1 (16.7%) 0	(16.7%)	(66.7%)	(0.0%)	(16.7%)	(0.0%)	(0.0%)	(66.7%)		(0.0%)	(16.7%)
	70-74	(5.9%)	13 (76.5%)	(17.6%)	(0.0%)	(0.0%)	6 (35.3%)	10 (58.8%)	(5.9%)	(0.0%)	(0.0%)	(11.8%)	12 (70.6%)	(17.6%)	(0.0%)	(0.0%)
	75-79	(40.0%)	(30.0%)	(30.0%)	0 (0.0%)	0 (0.0%)	(30.0%)	(60,0%)	(10.0%)	0 (0.0%)	(0.0%)	(20.0%)	(50.0%)		0 (0.0%)	0 (0.0%)
	80-	(0.0%)	(50.0%) 33	(50.0%) 19	(0.0%)	(0.0%)	(0.0%)	(100.0%) 44	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%) 29		(0.0%)	(0.0%)
	合計	(10.0%)	(55.0%)	(31.7%)	(1.7%)	(1.7%)	(18.3%)	(73.3%)	(6.7%)	(1.7%)	(0.0%)	(8.3%)	(48.3%)		(1.7%)	(3.3%)
女性	-39	(0.0%)	(40.0%) 2	(60.0%) 0	(0.0%)	(0.0%)	(20.0%)	(80.0%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(20.0%)		(0.0%)	(0.0%)
	40-44	(40.0%) 0	(40.0%) 2	(0.0%)	(20.0%)	(0.0%)	(60.0%) 0	(20.0%)	(0.0%)	(20.0%)	(0.0%)	(20.0%)	(60.0%)	•	(20.0%)	(0.0%)
	45-49	(0.0%)	(66.7%) 5	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)
	50-54	(0.0%)	(62.5%) 4	(37.5%)	(0.0%)	(0.0%)	(12.5%)	(87.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	- 7	(0.0%)	(0.0%)
	55-59	(0.0%)	(50.0%) 15	(37.5%) 12	(12.5%)	(0.0%)	(12.5%) 14	(75.0%) 16	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(37.5%) 20		(0.0%)	(0.0%)
	60-64	(6.5%)	(48.4%) 7	(38.7%) 10	(6.5%)	(0.0%)	(45.2%)	(51.6%)	(3.2%)	(0.0%)	(0.0%)	(9.7%) 3	(64.5%)		(3.2%)	(0.0%)
	65-69	(10.5%)	(36.8%) 8	(52.6%)	(0.0%)	(0.0%)	(31.6%)	(57.9%)	(0.0%)	(5.3%)	(5.3%)	(15.8%)	(42.1%)	(31.6%)	(5.3%)	(5.3%)
	70-74	(7.7%)	(61.5%) 5	(23.1%)	(0.0%)	(7.7%)	(46.2%) 8	(53.8%)	(0.0%)	(0.0%)	(0.0%)	(7.7%)	(61.5%)	u u	(7.7%)	(0.0%)
	75-79	(26.7%)	(33.3%)	(33.3%)	(0.0%)	(6.7%) 0	(53.3%) 2	(40.0%)	(0.0%)	(0.0%)	(6.7%)	(26.7%)	(40.0%)		(13.3%)	(0.0%)
	80-	(16.7%) 12	(33.3%) 52	(50.0%) 43	(0.0%)	(0.0%)	(33.3%)	(50.0%) 63	(16.7%)	(0.0%)	(0.0%)	(16.7%)	(50.0%) 58	(16.7%)	(0.0%)	(16.7%)
	合計	(10.6%)	(46.0%)	(38.1%)	(3.5%)	(1.8%)	(37.2%)	(55.8%)	(3.5%)	(1.8%)	(1.8%)	(12.4%)	(51.3%)		(5.3%)	(1.8%)
合計	-39	(0.0%)	(40.0%) 5	(60.0%) 0	(0.0%)	(0.0%)	(20.0%)	(80.0%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(20.0%)		(0.0%)	(0.0%)
	40-44	(25.0%)	(62.5%)	(0.0%)	(12.5%)	(0.0%)	(37.5%)	(50.0%)	(0.0%)	(12.5%)	(0.0%)	(12.5%)	(50.0%)		(12.5%)	(0.0%)
	45-49	(0.0%)	(40.0%) 6	(60.0%) 3	(0.0%)	(0.0%)	(0.0%)	(80.0%)	(20.0%)	(0.0%)	(0.0%)	(0.0%)	(60.0%) 5	(40.0%) 4	(0.0%)	(0.0%)
	50~54	(0.0%)	(66.7%) 5	(33.3%)	(0.0%)	(0.0%)	(11.1%)	(88.9%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(55.6%)	(44.4%)	(0.0%)	(0.0%)
	55-59	(0.0%)	(45.5%) 24	(45.5%) 18	(9.1%)	(0.0%)	(9.1%) 15	(81.8%) 29	(9.1%)	(0.0%)	(0.0%)	(0.0%)	(36.4%)	(54.5%) 18	(9.1%)	(0.0%)
	60-64	(4.3%)	(51.1%)	(38.3%)	(6.4%)	(0.0%)	(31.9%)	(61.7%) 15	(6.4%)	(0.0%)	(0.0%)	(8.5%)	(48.9%) 12	(38.3%)	(2.1%)	(2.1%)
	65-69	(12.0%)	(36.0%) 21	(48.0%)	(0.0%)	(4.0%)	(28.0%) 12	(60.0%)	(0.0%)	(8.0%)	(4.0%)	(12.0%)	(48.0%) 20	(28.0%)	(4.0%)	(8.0%)
	70-74	(6.7%)	(70.0%) 8	(20.0%)	(0.0%)	(3.3%)	(40.0%) 11	(56.7%) 12	(3.3%)	(0.0%)	(0.0%)	(10.0%) 6	(66.7%) 11		(3.3%)	(0.0%)
	75-79	(32.0%)	(32.0%)	(32.0%)	(0.0%)	(4.0%)	(44.0%)	(48.0%)	(4.0%)	(0.0%)	(4.0%)	(24.0%)	(44.0%)	· ·	(8.0%)	(0.0%)
	80-	(12.5%) 18	(37.5%) 85	(50.0%) 62	(0.0%)	(0.0%)	(25.0%) 53	(62.5%) 107	(12.5%)	(0.0%)	(0.0%)	(12.5%) 19	(50.0%) 87	(25.0%)	(0.0%)	(12.5%)
	合計	(10.4%)	(49.1%)	(35.8%)	(2.9%)	(1.7%)	(30.6%)	(61.8%)	(4.6%)	(1.7%)	(1.2%)	(11.0%)	(50.3%)		(4.0%)	(2.3%)

(1) そうじをしたり、重いものを持ち上げたりするなど、 休を使うような仕事をしていますか (2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす 時間は1日平均してどれくらいですか。

		体を使うよ	うな仕事を	していますか	١,							どれくらいて	ぎすか。		時間は1日平均	匀してどれく	らいですか。
		ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分~ 1時間	30分以下	6時間以上	3-6時間	3時間以下
男性	-39	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	0 (0.0%)	0 (0.0%)	(0.0%
	40-44	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	0 (0.0%)	(0.0%)	(100.0%
	45-49	(50.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(0.0%)	(50.0%)	(50.0%)	(0.0%)	(50.0%
	50-54	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	0 (0.0%)	(0.0%)	(100.0%
	55-59	(66.7%)	0 (0.0%)	(33.3%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(66.7%
	60-64	(37.5%)	(37.5%)	3 (18.8%)	(6.3%)	(0.0%)	14 (87.5%)	(6.3%)	(6.3%)	(0.0%)	0 (0.0%)	6 (37.5%) 3	6 (37.5%) 3	(25.0%)	(6.3%)	(37.5%)	(56.3%
	65-69	(66.7%) 12	(16.7%) 2	(0.0%)	(0.0%)	(16.7%)	(50.0%) 11	(50.0%) 5	(0.0%)	(0.0%)	(0.0%)	(50.0%) 11	(50.0%) 5	(0.0%)	(16.7%)	(33.3%)	(50.0% (50.0%
	70-74	(70.6%)	(11.8%)	(5.9%) 2	(0.0%)	(11.8%)	(64.7%)	(29.4%)	(5.9%)	(0.0%)	(0.0%)	(64.7%)	(29.4%)	(5.9%)	(0.0%)	(23.5%)	(76.5%
	75–79	(40.0%) 0	(30.0%)	(20.0%)	(0.0%)	(10.0%)	(50.0%)	(40.0%) 2	(10.0%)	(0.0%)	(0.0%)	(20.0%)	(70.0%)	(10.0%)	(10.0%)	(50.0%)	(40.0%)
	80-	(0.0%) 33	(0.0%) 13	(50.0%)	(0.0%)	(50.0%) 5	(0.0%) 41	(100.0%) 15	(0.0%)	(0.0%)	(0.0%)	(0.0%) 28	(50.0%) 22	(50.0%)	(0.0%) 4	(100.0%) 20	(0.0%)
	合計	(55.0%)	(21.7%)	(13.3%)	(1.7%)	(8.3%)	(69.5%)	(25.4%)	(5.1%)	(0.0%)	(0.0%)	(46.7%)	(36.7%)	(16.7%)	(6.7%)	(33.3%)	(60.0%)
女性	-39	(80.0%) 5	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(60.0%) 5	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(20.0%) 4	(40.0%) 1	(40.0%) 0	(20.0%) 0	(0.0%)	(80.0%)
	40-44	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(80.0%) 0	(20.0%)	(0.0%)	(0.0%)	(20.0%)	(80.0%)
	45–49	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(33.3%)	(0.0%)	(33.3%)	(66.7%)
	50-54	(87.5%) 6	(12.5%) 1	(0.0%)	(0.0%)	(0.0%)	(62.5%) 4	(12.5%)	(25.0%)	(0.0%)	(0.0%)	(62.5%) 5	(12.5%)	(25.0%)	(0.0%)	(37.5%)	(62.5%)
	55-59	(75.0%) 25	(12.5%)	(0.0%)	(12.5%) 0	(0.0%)	(50.0%) 21	(25.0%)	(12.5%)	(12.5%)	(0.0%)	(62.5%) 18	(37.5%)	(0.0%)	(12.5%) 3	(25.0%)	(62.5%)
	60-64	(80.6%) 17	(12.9%)	(3.2%) 0	(0.0%)	(3.2%)	(67.7%)	(19.4%) 3	(12.9%)	(0.0%)	(0.0%)	(60.0%) 10	(20.0%)	(20.0%)	(9.7%) 0	(29.0%)	(61.3%) 16
	65-69	(89.5%) 11	(5.3%) 0	(0.0%)	(0.0%)	(5.3%)	(84.2%)	(15.8%) 4	(0.0%)	(0.0%)	(0.0%)	(52.6%) 5	(36.8%)	(10.5%)	(0.0%)	(15.8%)	(84.2%)
	70-74	(84.6%) 10	(0.0%)	(0.0%)	(0.0%)	(15.4%)	(53.8%) 8	(30.8%)	(0.0%)	(0.0%)	(15.4%)	(38.5%) 4	(15.4%) 7	(46.2%)	(15.4%)	(15.4%)	(69.2%)
	75–79	(66.7%) 5	(13.3%)	(13.3%)	(6.7%) 0	(0.0%)	(53.3%) 5	(13.3%)	(20.0%)	(6.7%) 0	(6.7%) 0	(26.7%) 5	(46.7%) 0	(26.7%)	(20.0%) 0	(33.3%)	(46.7%)
	80-	(83.3%) 92	(16.7%) 10	(0.0%)	(0.0%)	(0.0%) 5	(83.3%) 76	(16.7%) 21	(0.0%) 11	(0.0%)	(0.0%)	(83.3%) 57	(0.0%) 31	(16.7%) 24	(0.0%) 10	(16.7%) 27	(83.3%) 76
A 7.1	合計	(81.4%)	(8.8%)	(3.5%)	(1.8%)	(4.4%)	(67.3%)	(18.6%)	(9.7%)	(1.8%)	(2.7%)	(50.9%)	(27.7%)	(21.4%)	(8.8%)	(23.9%)	(67.3%)
合計	-39	(80.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(60.0%) 8	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(20.0%) 7	(40.0%)	(40.0%) 0	(20.0%)	(0.0%)	(80.0%)
	40-44	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%) 4	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(87.5%) 1	(12.5%)	(0.0%)	(0.0%)	(12.5%)	(87.5%
	45-49	(60.0%)	(20.0%)	(0.0%)	(0.0%)	(20.0%)	(80.0%) 6	(20.0%) 1	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(40.0%)	(40.0%) 3	(20.0%)	(20.0%)	(60.0%)
	50-54	(88.9%)	(11.1%) 1	(0.0%)	(0.0%)	(0.0%)	(66.7%) 6	(11.1%) 2	(22.2%) 1	(0.0%)	(0.0%)	(55.6%) 7	(11.1%) 3	(33.3%)	(0.0%)	(33.3%)	(66.7%)
	55-59	(72.7%) 31	(9.1%) 10	(9.1%) 4	(9.1%) 1	(0.0%) 1	(60.0%) 35	(20.0%) 7	(10.0%) 5	(10.0%) 0	(0.0%) 0	(63.6%) 24	(27.3%) 12	(9.1%) 10	(9.1%) 4	(27.3%) 15	(63.6%) 28
	60-64	(66.0%) 21	(21.3%) 2	(8.5%) 0	(2.1%) 0	(2.1%)	(74.5%) 19	(14.9%) 6	(10.6%) 0	(0.0%)	(0.0%) 0	(52.2%) 13	(26.1%) 10	(21.7%) 2	(8.5%)	(31.9%)	(59.6%) 19
	65-69	(84.0%) 23	(8.0%) 2	(0.0%) 1	(0.0%) 0	(8.0%) 4	(76.0%) 18	(24.0%) 9	(0.0%)	(0.0%)	(0.0%) 2	(52.0%) 18	(40.0%) 7	(8.0%) 7	(4.0%) 2	(20.0%) 6	(76.0%) 22
	70-74	(76.7%) 14	(6.7%) 5	(3.3%) 4	(0.0%)	(13.3%) 1	(60.0%) 13	(30.0%) 6	(3.3%) 4	(0.0%) 1	(6.7%) 1	(53.3%) 6	(23.3%) 14	(23.3%) 5	(6.7%) 4	(20.0%) 10	(73.3%
	75-79	(56.0%) 5	(20.0%) 1	(16.0%) 1	(4.0%) 0	(4.0%) 1	(52.0%) 5	(24.0%)	(16.0%) 0	(4.0%) 0	(4.0%) 0	(24.0%) 5	(56.0%) 1	(20.0%) 2	(16.0%) 0	(40.0%)	(44.0%
	80-	(62.5%) 125	(12.5%) 23	(12.5%) 12	(0.0%)	(12.5%) 10	(62.5%) 117	(37.5%) 36	(0.0%) 14	(0.0%)	(0.0%)	(62.5%) 85	(12.5%) 53	(25.0%) 34	(0.0%) 14	(37.5%) 47	(62.5%) 112
	合計	(72.3%)	(13.3%)	(6.9%)	(1.7%)	(5.8%)	(68.0%)	(20.9%)	(8.1%)	(1.2%)	(1.7%)	(49.4%)	(30.8%)	(19.8%)	(8.1%)	(27.2%)	(64.7%)

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
	-39	0 (0.0%)	0 (0.0%)
	40-44	3 (100.0%)	0 (0.0%)
	45-49	(100.0%)	(0.0%)
	50-54	(100.0%)	0 (0.0%)
	55-59	2 (66.7%)	(33.3%)
	60-64	9 (56.3%)	(43.8%)
	65-69	(33.3%)	(46.7%) (66.7%)
	70-74	(33.5%) 7 (43.8%)	9 (56.3%)
	75–79	(43.6 <i>%)</i> 7 (70.0%)	3
	80-	2	(30.0%)
	合計	(100.0%) 35	(0.0%) 24
——————————————————————————————————————		(59.3%)	(40.7%)
女性	-39	(60.0%) 2	(40.0%) 3
	40-44	(40.0%) 2	(60.0%) 1
	45–49	(66.7%) 4	(33.3%) 4
	50-54	(50.0%) 3	(50.0%) 5
	55–59	(37.5%)	(62.5%)
	60-64	17 (56.7%)	13 (43.3%)
	65–69	9 (47.4%)	10 (52.6%)
	70-74	8 (61.5%)	5 (38.5%)
	75–79	6 (40.0%)	9 (60.0%)
	80-	3 (60.0%)	2 (40.0%)
	合計	57 (51.4%)	54 (48.6%)
合計	-39	3 (60.0%)	(40.0%)
	40-44	5 (62.5%)	3 (37.5%)
	45-49	4 (80.0%)	(20.0%)
	50-54	5	(20.0%) 4 (44.4%)
	55-59	(55.6%) 5	6
	60-64	(45.5%) 26	(54.5%) 20 (40.5%)
	65–69	(56.5%) 11	(43.5%) 14 (50.0%)
	70-74	(44.0%) 15	(56.0%) 14
	75-79	(51.7%) 13	(48.3%) 12
		(52.0%) 5	(48.0%) 2
	80-	(71.4%) 92	(28.6%) 78
	合計	(54.1%)	(45.9%)

【9】こころの元気さについておたずねします。 過去1か月の間にどれくらいの頻度で次のことがありましたか。 次のそれぞれの質問について、あてはまるもの2つに〇をつけてください。

		1) 神経過敏	に感じました	:か。			2) 絶望的だ	と感じました	:か。			3) そわそれ	、落ち着かな	よく感じました	こか。	
		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	(0.0%)	0 (0.0%)	(0.0%)	(0.0%)	0 (0.0%)	0 (0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(0.0%)	0 (0.0%)	(0.0%)
	40-44	2 (66.7%)	(33.3%)	0 (0.0%)	(0.0%)	(0.0%)	2 (66.7%)	(33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	(33.3%)	(0.0%)	0 (0.0%)	3 (100.0%)
	45-49	0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	2 (100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(50.0%)	(0.0%)	(0.0%)	2 (100.0%)
	50-54	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	0 (0.0%)	(0.0%)	(100.0%)	(0.0%)	(100.0%)
	55-59	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(66.7%)	(0.0%)	(100.0%)
	60-64	(43.8%)	(43.8%)	(12.5%)	(0.0%)	(0.0%)	13 (81.3%)	(12.5%)	(6.3%)	(0.0%)	0 (0.0%)	11 (68.8%)	(31.3%)	(0.0%)	(0.0%)	16 (100.0%)
	65-69	(50.0%)	(16.7%)	(33.3%)	(0.0%)	(0.0%)	4 (66.7%)	(33.3%) 3	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(50.0%) 5	(0.0%)	(0.0%)	(100.0%)
	70-74	(52.9%)	(41.2%) 3	(5.9%)	(0.0%)	(0.0%)	14 (82.4%)	(17.6%) 2	(0.0%)	(0.0%)	(0.0%)	12 (70.6%)	(29.4%)	(0.0%)	(0.0%)	17 (100.0%) 10
	75-79	(40.0%)	(30.0%)	(10.0%)	(0.0%)	(20.0%)	(70.0%) 2	(20.0%)	(10.0%)	(0.0%)	(0.0%)	(70.0%)	(10.0%)	(10.0%)	(10.0%)	(100.0%)
	80-	(50.0%) 27	(50.0%) 24	(0.0%)	(0.0%)	(0.0%)	(100.0%) 45	(0.0%) 12	(0.0%)	(0.0%)	(0.0%)	(100.0%) 39	(0.0%) 16	(0.0%)	(0.0%)	(100.0%) 60
	合計	(45.0%)	(40.0%)	(11.7%)	(0.0%)	(3.3%)	(75.0%)	(20.0%)	(3.3%)	(1.7%)	(0.0%)	(65.0%)	(26.7%)	(6.7%)	(1.7%)	(100.0%)
女性	-39	(40.0%)	(20.0%)	(40.0%)	(0.0%)	(0.0%)	(80.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(60.0%) 4	(20.0%)	(20.0%)	(0.0%)	(100.0%)
	40-44	(60.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(80.0%)	(20.0%)	(0.0%)	(0.0%)	(0.0%)	(80.0%) 2	(0.0%)	(20.0%)	(0.0%)	(100.0%)
	45-49	(33.3%)	(66.7%) 5	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(66.7%) 4	(33.3%)	(0.0%)	(0.0%)	(100.0%)
	50-54	(12.5%)	(62.5%) 1	(25.0%)	(0.0%)	(0.0%)	(75.0%) 4	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%) 5	(37.5%)	(12.5%)	(0.0%)	(100.0%)
	55-59	(50.0%) 10	(12.5%) 15	(25.0%)	(0.0%)	(12.5%)	(50.0%) 17	(37.5%)	(0.0%)	(0.0%)	(12.5%) 2	(62.5%) 16	(0.0%)	(37.5%)	(0.0%)	(100.0%) 31
	60-64	(32.3%)	(48.4%)	(16.1%)	(0.0%)	(3.2%)	(54.8%) 12	(29.0%) 5	(9.7%) 2	(0.0%)	(6.5%) O	(51.6%) 11	(35.5%)	(12.9%) 3	(0.0%)	(100.0%) 18
	65-69	(42.1%) 6	(31.6%)	(10.5%) 0	(10.5%) 0	(5.3%)	(63.2%) 8	(26.3%) 1	(10.5%) 3	(0.0%) 0	(0.0%) 1	(61.1%) 7	(16.7%) 3	(16.7%) 3	(5.6%) 0	(100.0%) 13
	70-74	(46.2%) 5	(46.2%) 4	(0.0%)	(0.0%)	(7.7%) 2	(61.5%) 6	(7.7%) 4	(23.1%) 5	(0.0%) 0	(7.7%) 0	(53.8%) 6	(23.1%) 5	(23.1%) 4	(0.0%) 0	(100.0%) 15
	75-79	(33.3%)	(26.7%) 0	(26.7%) 3	(0.0%) 0	(13.3%) 0	(40.0%) 3	(26.7%) 2	(33.3%)	(0.0%) 0	(%0.0) O	(40.0%) 5	(33.3%)	(26.7%) 0	(0.0%) O	(100.0%) 6
	80−	(50.0%) 43	(0.0%) 41	(50.0%) 21	(0.0%) 2	(0.0%) 6	(50.0%) 67	(33.3%) 27	(16.7%) 15	(0.0%) 0	(0.0%) 4	(83.3%)	(16.7%) 28	(0.0%) 20	(0.0%) 1	(100.0%) 112
 △=1	合計	(38.1%)	(36.3%)	(18.6%)	(1.8%)	(5.3%)	(59.3%)	(23.9%)	(13.3%)	(0.0%)	(3.5%)	(56.3%)	(25.0%)	(17.9%)	(0.9%)	(100.0%)
合計	-39 40-44	(40.0%) 5	(20.0%) 2	(40.0%) 1	(0.0%) 0	(0.0%) 0	(80.0%) 6	(0.0%) 2	(20.0%) 0	(0.0%) 0	(0.0%) 0	(60.0%) 6	(20.0%) 1	(20.0%) 1	(0.0%) 0	(100.0%) 8
	40-44 45-49	(62.5%) 1	(25.0%) 4	(12.5%) 0	(0.0%) 0	(0.0%) 0	(75.0%) 5	(25.0%) 0	(0.0%) 0	(0.0%) 0	(0.0%) 0	(75.0%) 3	(12.5%) 2	(12.5%) 0	(0.0%) 0	(100.0%) 5
	50-54	(20.0%) 1	(80.0%) 6	(0.0%) 2	(0.0%) 0	(0.0%) 0	(100.0%) 6	(0.0%)	(0.0%) 0	(0.0%) 0	(0.0%) 0	(60.0%) 4	(40.0%) 3	(0.0%) 2	(0.0%) 0	(100.0%) 9
	55-59	(11.1%) 5	(66.7%) 2	(22.2%) 3	(0.0%) 0	(0.0%) 1	(66.7%) 5	(33.3%) 4	(0.0%) 0	(0.0%)	(0.0%) 1	(44.4%) 6	(33.3%) 0	(22.2%) 5	(0.0%) 0	(100.0%) 11
	60-64	(45.5%) 17	(18.2%) 22	(27.3%) 7	(0.0%) 0	(9.1%) 1	(45.5%) 30	(36.4%) 11	(0.0%) 4	(9.1%) O	(9.1%) 2	(54.5%) 27	(0.0%) 16	(45.5%) 4	(0.0%) 0	(100.0%) 47
	65-69	(36.2%) 11	(46.8%) 7	(14.9%) 4	(0.0%) 2	(2.1%) 1	(63.8%) 16	(23.4%) 7	(8.5%) 2	(0.0%) 0	(4.3%) 0	(57.4%) 14	(34.0%) 6	(8.5%) 3	(0.0%) 1	(100.0%) 24
	55-69 70-74	(44.0%) 15	(28.0%) 13	(16.0%) 1	(%0.8) 0	(4.0%) 1	(64.0%) 22	(28.0%) 4	(8.0%)	(0.0%) 0	(0.0%) 1	(58.3%) 19	(25.0%) 8	(12.5%) 3	(4.2%) 0	(100.0%) 30
	70-74 75-79	(50.0%) 9	(43.3%) 7	(3.3%) 5	(0.0%) 0	(3.3%) 4	(73.3%) 13	(13.3%) 6	(10.0%) 6	(0.0%) 0	(3.3%) 0	(63.3%) 13	(26.7%) 6	(10.0%) 5	(0.0%) 1	(100.0%) 25
	75-79 80-	(36.0%) 4	(28.0%) 1	(20.0%) 3	(0.0%) 0	(16.0%) 0	(52.0%) 5	(24.0%) 2	(24.0%) 1	(0.0%) 0	(0.0%) 0	(52.0%) 7	(24.0%) 1	(20.0%) 0	(4.0%) 0	(100.0%) 8
	80-	(50.0%) 70	(12.5%) 65	(37.5%) 28	(0.0%) 2	(%0.0) 8	(62.5%) 112	(25.0%) 39	(12.5%) 17	(0.0%) 1	(0.0%) 4	(87.5%) 102	(12.5%) 44	(0.0%) 24	(0.0%) 2	(100.0%) 172
	TAT	(40.5%)	(37.6%)	(16.2%)	(1.2%)	(4.6%)	(64.7%)	(22.5%)	(9.8%)	(0.6%)	(2.3%)	(59.3%)	(25.6%)	(14.0%)	(1.2%)	(100.0%)

4) 気分が沈み込んで、何が起こっても 気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

			ないように感													
_			すこしだけ	ときどき	たいてい	いつも		すこしだけ	ときどき	たいてい	いつも		すこしだけ	ときどき	たいてい	いつも
男性	-39	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	40-44	(33.3%)	2 (66.7%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	0 (0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)
	45-49	(50.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	50-54	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)
	55-59	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(66.7%)	(33.3%)	(0.0%)	(0.0%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)
	60-64	(50.0%)	6 (37.5%)	(12.5%)	(0.0%)	0 (0.0%) 0	7 (43.8%)	(43.8%)	(12.5%)	(0.0%)	(0.0%)	12 (75.0%)	(12.5%)	(12.5%)	(0.0%)	(0.0%)
	65-69	(83.3%)	(16.7%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(33.3%)	(16.7%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	70-74	12 (70.6%)	(29.4%)	(0.0%)	(0.0%)	(0.0%)	13 (76.5%)	3 (17.6%)	(5.9%)	(0.0%)	(0.0%)	13 (76.5%)	(23.5%)	(0.0%)	(0.0%)	(0.0%)
	75-79	(30.0%)	(40.0%)	(0.0%)	(20.0%)	(10.0%)	(60.0%)	(20.0%)	(10.0%)	(0.0%)	(10.0%)	(70.0%)	(10.0%)	(10.0%)	(0.0%)	(10.0%)
	80-	(100.0%) 33	(0.0%)	(0.0%) 3	(0.0%)	(0.0%)	(100.0%)	(0.0%)	0 (0.0%) 7	0 (0.0%)	(0.0%)	(100.0%) 46	0 (0.0%) 8	(0.0%)	(0.0%)	(0.0%) 2
	合計	(55.0%)	(35.0%)	(5.0%)	(3.3%)	(1.7%)	(55.0%)	(31.7%)	(11.7%)	(0.0%)	(1.7%)	(76.7%)	(13.3%)	(6.7%)	(0.0%)	(3.3%)
女性	-39	(40.0%)	(40.0%)	(20.0%)	(0.0%)	(0.0%)	(60.0%)	(40.0%)	(0.0%)	(0.0%) 0	0 (0.0%)	(80.0%)	(0.0%)	(0.0%)	(20.0%)	(0.0%)
	40-44	(60.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(60.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(80.0%)	(0.0%)	(20.0%)	0 (0.0%)	(0.0%)
	45-49	(66.7%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	0 (0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	50-54	(50.0%)	(50.0%)	(0.0%)	(0.0%)	0 (0.0%)	(50.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	5 (62.5%)	(25.0%)	(12.5%)	(0.0%)	(0.0%)
	55-59	(50.0%)	(12.5%)	(37.5%)	(0.0%)	(0.0%)	(37.5%)	(12.5%)	(37.5%)	(0.0%)	(12.5%)	(62.5%)	(25.0%)	(12.5%)	(0.0%)	(0.0%)
	60-64	12 (38.7%)	13 (41.9%)	(19.4%)	(0.0%)	(0.0%)	14 (45.2%)	(38.7%)	(12.9%)	(0.0%)	(3.2%)	(71.0%)	(22.6%)	(6.5%)	(0.0%)	(0.0%)
	65-69	(47.4%)	(26.3%)	(26.3%)	(0.0%)	(0.0%)	12 (63.2%)	(21.1%)	(15.8%)	(0.0%)	(0.0%)	13 (68.4%)	(21.1%)	(10.5%)	(0.0%)	(0.0%)
	70-74	(30.8%)	6 (46.2%)	(15.4%)	(7.7%)	(0.0%)	6 (46.2%)	(30.8%)	(15.4%)	(7.7%)	(0.0%)	10 (76.9%)	(0.0%)	(15.4%)	(0.0%)	(7.7%)
	75-79	(26.7%)	(40.0%)	(26.7%)	(6.7%)	(0.0%)	(46.7%)	(20.0%)	(33.3%)	(0.0%)	(0.0%)	(53.3%)	(33.3%)	(6.7%)	(0.0%)	(6.7%)
	80-	(66.7%)	(16.7%)	(16.7%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	0 (0.0%)	(66.7%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)
	合計	48 (42.5%)	(35.4%)	(20.4%)	(1.8%)	(0.0%)	55 (48.7%)	(30.1%)	(18.6%)	(0.9%)	(1.8%)	78 (69.0%)	20 (17.7%)	(10.6%)	(0.9%)	(1.8%)
合計	-39	(40.0%)	(40.0%)	(20.0%)	(0.0%)	(0.0%)	(60.0%)	(40.0%)	(0.0%)	(0.0%)	(0.0%)	(80.0%)	(0.0%)	(0.0%)	(20.0%)	(0.0%)
	40-44	(50.0%)	(37.5%)	(12.5%)	0 (0.0%)	(0.0%)	(50.0%)	(25.0%)	(25.0%)	0 (0.0%)	0 (0.0%)	(75.0%)	(12.5%)	(12.5%)	(0.0%)	(0.0%)
	45-49	(60.0%)	(40.0%)	(0.0%)	(0.0%)	(0.0%)	(40.0%)	(40.0%)	(20.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)
	50-54	(44.4%)	(55.6%)	(0.0%)	(0.0%)	(0.0%)	(44.4%)	5 (55.6%)	(0.0%)	(0.0%)	(0.0%)	(55.6%)	(22.2%)	(22.2%)	(0.0%)	(0.0%)
	55-59	5 (45.5%)	(18.2%)	(36.4%)	(0.0%)	(0.0%)	(27.3%)	(27.3%)	(36.4%)	(0.0%)	(9.1%)	(63.6%)	2 (18.2%)	(9.1%)	(0.0%)	(9.1%)
	60-64	20 (42.6%)	19 (40.4%)	(17.0%)	(0.0%)	(0.0%)	21 (44.7%)	19 (40.4%)	(12.8%)	(0.0%)	(2.1%)	34 (72.3%)	(19.1%)	(8.5%)	(0.0%)	(0.0%)
	65-69	14 (56.0%)	(24.0%)	(20.0%)	(0.0%)	(0.0%)	15 (60.0%)	6 (24.0%)	(16.0%)	(0.0%)	(0.0%)	19 (76.0%)	(16.0%)	(8.0%)	(0.0%)	(0.0%)
	70-74	16 (53.3%)	(36.7%)	(6.7%)	(3.3%)	(0.0%)	(63.3%)	7 (23.3%)	(10.0%)	(3.3%)	(0.0%)	23 (76.7%)	(13.3%)	(6.7%)	(0.0%)	(3.3%)
	75-79	(28.0%)	10 (40.0%)	(16.0%)	(12.0%)	(4.0%)	13 (52.0%)	(20.0%)	(24.0%)	(0.0%)	(4.0%)	(60.0%)	(24.0%)	(8.0%)	(0.0%)	(8.0%)
	80-	6 (75.0%)	(12.5%)	1 (12.5%)	(0.0%)	(0.0%)	(50.0%)	(25.0%)	(25.0%)	(0.0%)	(0.0%)	(75.0%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)
	合計	81 (46.8%)	61 (35.3%)	26 (15.0%)	(2.3%)	(0.6%)	88 (50.9%)	(30.6%)	28 (16.2%)	(0.6%)	(1.7%)	124 (71.7%)	28 (16.2%)	16 (9.2%)	(0.6%)	(2.3%)

【10】今回の震災の記憶についておたずねします。 以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

	(1) 思	い出したくないのに、その	のことを思い出したり夢に見る。	(2) 思い出すとひどく気持ちが	動揺する。	(3) 思い出すと、体の反応が起	きる。
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	(0.0%
	40-44	1 (33.3%)	2 (66.7%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	(100.0%
	45-49	0 (0.0%)	2 (100.0%)	0 (0.0%)	2 (100.0%)	O (0.0%)	(100.0%
	50-54	1 (100.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	(0.0%
	55-59	0 (0.0%)	3 (100.0%)	(0.0%)	3 (100.0%)	0 (0.0%)	(100.09
	60-64	(6.3%)	15 (93.8%)	3 (18.8%)	13 (81.3%)	0 (0.0%)	1 (100.09
	65-69	(33.3%)	4 (66.7%)	2 (33.3%)	4 (66.7%)	1 (16.7%)	(83.39
	70-74	3 (17.6%)	14 (82.4%)	3 (17.6%)	14 (82.4%)	0 (0.0%)	(100.09
	75-79	2 (20.0%)	8 (80.0%)	5 (50.0%)	5 (50.0%)	0 (0.0%)	1 (100.09
	80-	1 (50.0%)	1 (50.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	(100.09
	合計	11 (18.3%)	49 (81.7%)	15 (25.0%)	45 (75.0%)	(3.3%)	5 (96.79
女性	-39	(0.0%)	5 (100.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	(100.09
	40-44	1 (20.0%)	4 (80.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	(100.09
	45-49	0 (0.0%)	3 (100.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	(100.0
	50-54	(12.5%)	7 (87.5%)	(25.0%)	6 (75.0%)	O (0.0%)	(100.0
	55-59	1 (12.5%)	7 (87.5%)	1 (12.5%)	7 (87.5%)	1 (12.5%)	(87.5
	60-64	(29.0%)	22 (71.0%)	(25.8%)	23 (74.2%)	3 (9.7%)	(90.3
	65-69	3 (16.7%)	15 (83.3%)	5 (27.8%)	13 (72.2%)	2 (10.5%)	1 (89.59
	70-74	6 (46.2%)	7 (53.8%)	5 (38.5%)	8 (61.5%)	2 (15.4%)	1 (84.65
	75-79	4 (26.7%)	11 (73.3%)	3 (20.0%)	12 (80.0%)	2 (13.3%)	(86.75
	80-	(33.3%)	(66.7%)	(33.3%)	4 (66.7%)	1 (16.7%)	(83.39
	合計	27 (24.1%)	85 (75.9%)	26 (23.2%)	86 (76.8%)	11 (9.7%)	10 (90.35
合計	-39	(0.0%)	5 (100.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	(100.09
	40-44	(25.0%)	6 (75.0%)	(12.5%)	7 (87.5%)	0 (0.0%)	(100.09
	45-49	(0.0%)	5 (100.0%)	(0.0%)	(100.0%)	O (0.0%)	(100.09
	50-54	(22.2%)	7 (77.8%)	(33.3%)	6 (66.7%)	(11.1%)	(88.99
	55-59	(9.1%)	10 (90.9%)	1 (9.1%)	10 (90.9%)	(9.1%)	1 (90.99
	60-64	10 (21.3%)	37 (78.7%)	11 (23.4%)	36 (76.6%)	3 (6.4%)	(93.6
	65-69	(20.8%)	19 (79.2%)	(29.2%)	17 (70.8%)	3 (12.0%)	(88.0
	70-74	(30.0%)	21 (70.0%)	8 (26.7%)	22 (73.3%)	(6.7%)	(93.3
	75-79	6 (24.0%)	19 (76.0%)	(32.0%)	17 (68.0%)	2 (8.0%)	(92.09
	80-	3 (37.5%)	5 (62.5%)	(25.0%)	6 (75.0%)	1 (12.5%)	(87.5)
	合計	38 (22.1%)	134 (77.9%)	41 (23.8%)	131 (76.2%)	13 (7.5%)	16 (92.5

	避美	推所を含めて、何回	住居が変わりまし	たか。			現在の暮らし向きの)状況を、経済的に	みてどう感じていま	すか。
		0回	10	20	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	(0.0%)	0 (0.0%)	(0.0%)	0 (0.0%)	(0.0%)	0 (0.0%)	(0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	(33.3%)	(33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	(33.3%)	2 (66.7%)
	45-49	(50.0%)	0 (0.0%)	(0.0%)	(50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	(50.0%)	(50.0%)
	50-54	0 (0.0%)	0 (0.0%)	(0.0%)	1 (100.0%)	0 (0.0%)	1 (100.0%)	(0.0%)	(0.0%)	(0.0%)
	55-59	(33.3%)	(0.0%)	(33.3%)	0 (0.0%)	(33.3%)	0 (0.0%)	(66.7%)	(33.3%)	0.0%)
	60-64	7 (43.8%)	(18.8%)	(25.0%)	(6.3%)	(6.3%)	(6.3%)	(25.0%)	(18.8%)	(50.0%)
	65-69	(33.3%)	(16.7%)	(50.0%)	(0.0%)	(0.0%)	0 (0.0%)	(16.7%)	(66.7%)	(16.7%)
	70-74	(29.4%)	2 (11.8%)	5 (29.4%)	(5.9%)	(23.5%)	0 (0.0%)	(17.6%)	(29.4%)	9 (52.9%)
	75-79	6 (60.0%)	(0.0%)	(20.0%)	2 (20.0%)	0 (0.0%)	(10.0%)	(10.0%)	(20.0%)	6 (60.0%)
	80-	(0.0%)	(50.0%)	(0.0%)	(50.0%)	(0.0%)	0 (0.0%)	(0.0%)	(0.0%)	(100.0%)
	合計	(36.7%)	(13.3%)	16 (26.7%)	(11.7%)	7 (11.7%)	3 (5.0%)	(18.3%)	(28.3%)	(48.3%)
女性	-39	(20.0%)	(0.0%)	(20.0%)	(60.0%)	(0.0%)	0 (0.0%)	(20.0%)	(20.0%)	(60.0%)
	40-44	(20.0%)	(20.0%)	(0.0%)	(40.0%)	(20.0%)	(0.0%)	(20.0%)	(40.0%)	(40.0%)
	45-49	(66.7%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)
	50-54	(12.5%)	(12.5%)	(12.5%)	(37.5%)	(25.0%)	(12.5%)	(12.5%)	(37.5%)	(37.5%)
	55-59	(50.0%)	(12.5%)	(0.0%)	(25.0%)	(12.5%)	(12.5%)	(0.0%)	(25.0%)	5 (62.5%)
	60-64	6 (19.4%)	6 (19.4%)	(22.6%)	(29.0%)	3 (9.7%)	(3.2%)	(12.9%)	(35.5%)	15 (48.4%)
	65-69	(36.8%)	(5.3%)	(31.6%)	(15.8%)	(10.5%)	(0.0%)	(21.1%)	(26.3%)	10 (52.6%)
	70-74	(7.7%)	(15.4%)	(30.8%)	(30.8%)	(15.4%)	(15.4%)	(15.4%)	(38.5%)	(30.8%)
	75-79	(53.3%)	(13.3%)	(6.7%)	(20.0%)	(6.7%)	(6.7%)	(13.3%)	(6.7%)	11 (73.3%)
	80-	(16.7%)	(33.3%)	(33.3%)	(0.0%)	(16.7%)	(0.0%)	(0.0%)	(16.7%)	5 (83.3%)
	合計	(28.3%)	16 (14.2%)	(20.4%)	(25.7%)	(11.5%)	(5.3%)	(13.3%)	(27.4%)	61 (54.0%) 3
合計	-39	(20.0%)	(0.0%)	(20.0%)	(60.0%)	(0.0%)	(0.0%)	(20.0%)	(20.0%)	(60.0%)
	40-44	(12.5%)	2 (25.0%)	(12.5%)	(25.0%)	2 (25.0%) 0	0 (0.0%) 0	(12.5%)	(37.5%)	(50.0%)
	45-49	(60.0%)	(0.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(80.0%)
	50-54	(11.1%)	(11.1%)	(11.1%)	(44.4%)	(22.2%)	(22.2%)	(11.1%)	(33.3%)	(33.3%)
	55-59	5 (45.5%)	(9.1%)	(9.1%)	(18.2%)	(18.2%)	(9.1%)	(18.2%)	(27.3%)	(45.5%)
	60-64	13 (27.7%)	9 (19.1%)	11 (23.4%)	10 (21.3%)	4 (8.5%)	2 (4.3%)	(17.0%)	(29.8%)	23 (48.9%)
	65-69	(36.0%)	(8.0%)	(36.0%)	(12.0%)	(8.0%)	(0.0%)	5 (20.0%)	(36.0%)	11 (44.0%)
	70-74	(20.0%)	(13.3%)	(30.0%)	5 (16.7%)	(20.0%)	(6.7%)	5 (16.7%)	(33.3%)	13 (43.3%)
	75-79	14 (56.0%)	(8.0%)	3 (12.0%)	(20.0%)	(4.0%)	(8.0%)	(12.0%)	(12.0%)	17 (68.0%)
	80-	(12.5%)	(37.5%)	(25.0%)	(12.5%)	1 (12.5%)	(0.0%)	(0.0%)	(12.5%)	7 (87.5%)
	合計	54 (31.2%)	24 (13.9%)	39 (22.5%)	36 (20.8%)	20 (11.6%)	9 (5.2%)	26 (15.0%)	48 (27.7%)	90 (52.0%)

資料

【平成24年度分】度数分布表(陸前高田市)

(1) 現在の健康状態はいかがですか。

(1)最近の食事の回数について

教えてください。

						教えてください	'0	
		とても良い		あまり良くない	良くない	3回未満	3回以上	
男性	-39	12 (16.7%)	52 (72.2%)	(9.7%)	(1.4%)	15 (20.8%)	57 (79.2%)	
	40-44	(8.9%)	43 (76.8%)	7 (12.5%)	(1.8%)	(14.3%)	48 (85.7%)	
	45-49	(3.7%) 2	42 (77.8%)	10 (18.5%)	0 (0.0%) 0	9 (16.7%) 2	45 (83.3%) 56	
	50-54	(3.4%) 5	51 (87.9%)	(8.6%)	(0.0%)	(3.4%)	(96.6%) 81	
	55-59	(5.7%) 24	74 (85.1%)	7 (8.0%)	(1.1%) 2	6 (6.9%) 6	(93.1%)	
	60-64	(13.4%) 27	140 (78.2%)	13 (7.3%)	(1.1%)	(3.3%) 2	174 (96.7%)	
	65-69	(13,4%)	155 (76.7%)	18 (8.9%)	(1.0%)	(1.0%)	200 (99.0%)	
	70-74	38 (14.5%) 35	187 (71.4%)	35 (13.4%)	(0.8%) 1	3 (1.1%) 3	260 (98.9%)	
	75-79	(16.5%)	152 (71.7%)	24 (11.3%)	(0.5%)	(1.4%)	208 (98.6%)	
	80	15 (13.0%)	82 (71.3%)	15 (13.0%)	(2.6%)	(0.9%)	113 (99.1%)	
	合計	165 (12.7%)	978 (75.4%)	(10.9%)	(1.0%)	55 (4.2%)	(95.8%)	
女性	-39	28 (16.9%) 13	118 (71.1%) 85	17 (10.2%)	3 (1.8%) 1	27 (16.3%) 8	139 (83.7%) 106	
	40-44	(11.4%) 13	(74.6%)	15 (13.2%)	(0.9%)	(7.0%) 10	(93.0%) 96	
	45-49	(12.3%) 7	83 (78.3%)	(7.5%)	(1.9%)	(9.4%) 3	(90.6%)	
	50-54	(6.1%)	92 (80.7%)	14 (12.3%)	(0.9%) 0	(2.6%) 5	111 (97.4%) 214	
	55-59	21 (9.6%) 39	179 (82.1%) 287	18 (8.3%) 45	(0.0%) 3	(2.3%) 4	(97.7%) 370	
	60-64	(10.4%) 40	(76.7%) 250	(12.0%) 39	(0.8%) 9	(1.1%) 2	(98.9%) 338	
	65-69	(11.8%) 35	(74.0%) 300	(11.5%) 65	(2.7%) 6	(0.6%) 5	(99.4%) 402	
	70-74	(8.6%) 25	(73.9%) 195	(16.0%) 40	(1.5%) 2	(1.2%) 4	(98.8%) 258	
	75–79	(9.5%) 15	(74.4%) 99	(15.3%) 14	(0.8%)	(1.5%) 1	(98.5%) 130	
	80-	(11.5%) 236	(76.2%)	(10.8%) 275	(1.5%) 29	(0.8%) 69	(99.2%) 2164	
	合計	(10.6%) 40	1688 (75.8%) 170	(12.3%) 24	(1.3%)	(3.1%)	(96.9%) 196	
合計	-39	(16.8%) 18	(71.4%) 128	(10.1%) 22	(1.7%) 2	(17.6%) 16	(82.4%) 154	
	40-44	(10.6%) 15	(75.3%) 125	(12.9%) 18	(1.2%) 2	(9.4%) 19	(90.6%) 141	
	45-49	(9.4%) 9	(78.1%) 143	(11.3%) 19	(1.3%)	(11.9%) 5	(88.1%) 167	
	50-54	(5.2%) 26	(83.1%) 253	(11.0%) 25	(0.6%)	(2.9%) 11	(97.1%) 295	
	55-59	(8.5%) 63	(83.0%) 427	(8.2%) 58	(0.3%)	(3.6%) 10	(96.4%) 544	
	60-64	(11.4%) 67	(77.2%) 405	(10.5%) 57	(0.9%) 11	(1.8%) 4	(98.2%) 538	
	65-69	(12.4%) 73	(75.0%) 487	(10.6%) 100	(2.0%)	(0.7%) 8	(99.3%) 662	
	70-74	(10.9%) 60	(72.9%) 347	(15.0%) 64	(1.2%) 3	(1.2%) 7	(98.8%) 466	
	75-79	(12.7%) 30	(73.2%) 181	(13.5%) 29	(0.6%) 5	(1.5%) 2	(98.5%) 243	
	80-	(12.2%) 401	(73.9%) 2666	(11.8%) 416	(2.0%) 42	(0.8%) 124	(99.2%) 3406	
	合計	(11.4%)	(75.6%)	(11.8%)	(1.2%)	(3.5%)	(96.5%)	

		(リ展火削、め1	士事をしていましたか。	(副同)1工号	事をしていた	易合、職果に、	ノいて当ては	まるもの「つ	こしをつけて下さい。							
		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸·郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育·医療 ·福祉·公務	その他
男性	-39	60 (84.5%)	11 (15.5%)	1 (1.7%)	8 (13.3%)	0 (0.0%)	11 (18.3%)	9 (15.0%)	3 (5.0%)	1 (1.7%)	(3.3%)	(1.7%)	0 (0,0%)	6 (10.0%)	10 (16.7%)	(13.3%)
	40-44	56 (100.0%)	0 (0.0%)	3 (5.4%)	8 (14.3%)	0 (0.0%)	8 (14.3%)	10 (17.9%)	1 (1.8%)	0 (0.0%)	3 (5.4%)	5 (8.9%)	1 (1.8%)	6 (10.7%)	3 (5.4%)	8 (14.3%)
	45-49	48 (88.9%)	6 (11.1%)	1 (2.1%)	12 (25.0%)	(0.0%)	11 (22.9%)	6 (12.5%)	0 (0.0%)	1 (2.1%)	(0.0%)	4 (8.3%)	1 (2.1%)	6 (12.5%)	1 (2.1%)	5 (10.4%)
	50-54	52 (89.7%)	6 (10.3%)	1 (1.9%)	8 (15.4%)	(0.0%)	11 (21.2%)	8 (15.4%)	0 (0.0%)	(0.0%)	(3.8%)	4 (7.7%)	0 (0.0%)	2 (3.8%)	4 (7.7%)	12 (23.1%)
	55-59	81 (93,1%)	6 (6.9%)	4 (5.1%)	10 (12.7%)	0 (0.0%)	24 (30,4%)	7 (8.9%)	1 (1.3%)	(1.3%)	4 (5.1%)	6 (7.6%)	(2.5%)	3 (3.8%)	4 (5.1%)	13 (16.5%)
	60-64	133 (73.9%)	47 (26.1%)	10 (7.6%)	28 (21.2%)	(0.0%)	35 (26.5%)	14 (10.6%)	0 (0.0%)	(0.0%)	4 (3.0%)	10 (7.6%)	3 (2,3%)	4 (3.0%)	6 (4.5%)	18 (13.6%)
	65-69	112 (55,2%)	91 (44.8%)	22 (19.6%)	21 (18.8%)	(0.0%)	31 (27.7%)	6 (5.4%)	2 (1.8%)	(0.9%)	(3.6%)	(2.7%)	(0.9%)	4 (3.6%)	(1.8%)	15 (13.4%)
	70-74	125 (47.3%)	139 (52.7%)	40 (32.5%)	37 (30.1%)	(0.0%)	15 (12.2%)	3 (2.4%)	(0.0%)	(0.0%)	(0.8%)	(6.5%)	(0.0%)	2 (1.6%)	(3.3%)	13 (10.6%)
	75-79	98 (46.2%)	114 (53.8%)	37 (38.1%)	23 (23.7%)	(0.0%)	12 (12.4%)	(3.1%)	(2.1%)	(0.0%)	(0.0%)	(3.1%)	(0.0%)	(2.1%)	(0.0%)	15 (15.5%)
	80-	32 (27.8%)	83 (72.2%)	(65.6%)	(12.5%)	(0.0%) (0.0%)	(9.4%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(9.4%)	(0.0%)	(0.0%)	(0.0%)	(3.1%)
	合計	797 (61,3%)	503 (38.7%)	(03.0%) 140 (17.7%)	159 (20.1%)	(0.0%)	161 (20.4%)	(8.3%)	(0.0%) 9 (1.1%)	(0.5%)	20 (2.5%)	(9.4%) 47 (5.9%)	(0.0%) 8 (1.0%)	35 (4.4%)	(4.3%)	108
女性	-39	125	41	1	6	0	2	17	0	2	1	17	3	32	25	(13.7%)
	40-44	(75.3%) 86	(24.7%) 28	(0.8%)	(4.8%)	(0.0%)	(1.6%)	(13.7%)	(0.0%)	(1.6%)	(0.8%)	(13.7%)	(2.4%)	(25.8%)	(20.2%)	(14.5%)
	45-49	(75.4%) 81	(24.6%) 25	(2.3%)	(7.0%) 8	(0.0%)	(1.2%)	(23.3%)	(1.2%)	(0.0%)	(1.2%)	(10.5%) 12	(2.3%) 1	(22.1%) 13	(16.3%) 8	(12.8%) 12
	50-54	(76.4%) 95	(23.6%) 19	(3.8%) 6	(10.0%) 7	(0.0%) 0	(0,0%) 3	(27.5%) 31	(1.3%) 0	(0.0%) 0	(0.0%) 0	(15.0%) 10	(1.3%) 1	(16.3%) 9	(10.0%) 11	(15.0%) 17
	55-59	(83.3%) 151	(16.7%) 68	(6.3%) 18	(7.4%) 14	(0.0%) 0	(3.2%) 3	(32.6%) 47	(0.0%) O	(0.0%) 0	(0.0%)	(10.5%) 12	(1.1%) 1	(9.5%) 22	(11.6%) 15	(17.9%) 18
	60-64	(68.9%) 187	(31.1%) 187	(11.9%) 25	(9.3%) 25	(0.0%) 0	(2.0%) 4	(31.1%) 37	(0.0%) 1	(0.0%) 0	(0.7%) 0	(7.9%) 12	(0.7%) 0	(14.6%) 25	(9.9%) 19	(11.9%) 38
	65-69	(50.0%) 138	(50.0%) 202	(13.4%) 51	(13.4%) 16	(0.0%) 0	(2.2%) 2	(19.9%) 15	(0.5%) 0	(0.0%) 0	(0.0%)	(6.5%) 11	(0.0%) 0	(13.4%) 19	(10.2%) 4	(20.4%) 18
		(40.6%) 124	(59.4%) 283	(37.5%) 51	(11.8%) 20	(0.0%) 0	(1.5%) 0	(11.0%)	(0.0%)	(0.0%)	(0.0%)	(8.1%) 10	(0.0%)	(14.0%) 7	(2.9%)	(13.2%) 27
	70-74	(30.5%) 55	(69.5%) 208	(42.1%) 29	(16.5%) 10	(0.0%) 0	(0.0%)	(2.5%)	(0.8%)	(0.0%)	(0.0%)	(8.3%)	(0.0%)	(5.8%)	(1.7%) 0	(22.3%)
	75–79	(20.9%) 17	(79.1%) 114	(54.7%) 13	(18.9%)	(0.0%)	(0.0%)	(5.7%)	(0.0%)	(0.0%)	(0.0%)	(5.7%)	(0.0%)	(3.8%)	(0.0%)	(11.3%)
	80-	(13.0%) 1059	(87.0%) 1175	(81.3%) 199	(12.5%) 114	(0.0%)	(0.0%) 15	(0.0%) 195	(0.0%)	(0.0%)	(0.0%)	(0.0%) 96	(0.0%) 8	(6.3%) 149	(0.0%) 98	(0.0%) 165
	合計 ———	(47.4%) 185	(52.6%) 52	(19.0%)	(10.9%) 14	(0.0%)	(1.4%)	(18.6%)	(0.4%)	(0.2%)	(0.3%)	(9.2%)	(0.8%)	(14.2%)	(9.4%)	(15.7%) 26
合計	-39	(78.1%) 142	(21.9%) 28	(1.1%) 5	(7.6%) 14	(0.0%)	(7.1%) 9	(14.1%) 30	(1.6%) 2	(1.6%)	(1.6%) 4	(9.8%) 14	(1.6%)	(20.7%) 25	(19.0%) 17	(14.1%) 19
	40-44	(83.5%) 129	(16.5%) 31	(3.5%)	(9.9%)	(0.0%)	(6.3%)	(21.1%)	(1.4%)	(0.0%)	(2.8%)	(9.9%)	(2.1%)	(17.6%) 19	(12.0%) 9	(13.4%)
	45-49	(80.6%)	(19.4%)	(3.1%)	20 (15.6%)	(0.0%)	11 (8.6%)	28 (21.9%)	(0.8%)	(0.8%)	(0.0%)	16 (12.5%)	(1.6%)	(14.8%)	(7.0%)	17 (13.3%)
	50-54	147 (85.5%)	25 (14.5%)	(4.8%)	15 (10.2%)	(0.0%)	14 (9.5%)	39 (26.5%)	(0.0%)	(0.0%)	(1.4%)	14 (9.5%)	(0.7%)	11 (7.5%)	15 (10.2%)	29 (19.7%)
	55-59	232 (75.8%)	74 (24.2%)	22 (9.6%)	24 (10.4%)	0 (0.0%)	27 (11.7%)	54 (23.5%)	1 (0.4%)	(0.4%)	5 (2.2%)	18 (7.8%)	3 (1.3%)	25 (10.9%)	19 (8.3%)	31 (13.5%)
	60-64	320 (57.8%)	234 (42.2%)	35 (11.0%)	53 (16.7%)	0 (0.0%)	39 (12.3%)	51 (16.0%)	1 (0.3%)	(0.0%)	4 (1.3%)	22 (6.9%)	3 (0.9%)	29 (9.1%)	25 (7.9%)	56 (17.6%)
	65-69	250 (46.0%)	293 (54.0%)	73 (29.4%)	37 (14.9%)	0 (0.0%)	33 (13.3%)	21 (8.5%)	(0.8%)	(0.4%)	4 (1.6%)	14 (5.6%)	(0.4%)	23 (9.3%)	6 (2.4%)	33 (13,3%)
	70-74	249 (37.1%)	422 (62.9%)	(37.3%)	57 (23.4%)	0 (0.0%)	15 (6.1%)	6 (2.5%)	1 (0.4%)	(0.0%)	(0.4%)	18 (7.4%)	0 (0.0%)	9 (3.7%)	6 (2.5%)	40 (16.4%)
	75-79	153 (32,2%)	322 (67.8%)	66 (44.0%)	33 (22.0%)	(0.0%)	12 (8.0%)	6 (4.0%)	2 (1.3%)	(0.0%)	(0.0%)	6 (4.0%)	0 (0.0%)	4 (2.7%)	0 (0.0%)	21 (14.0%)
	80-	49 (19.9%)	197 (80.1%)	34 (70.8%)	6 (12.5%)	(0.0%)	(6.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(6.3%)	(0.0%)	(2.1%)	(0.0%)	(2.1%)
	合計	1856 (52.5%)	1678 (47.5%)	339 (18.4%)	273 (14.8%)	(0.0%)	176 (9.6%)	261 (14,2%)	13 (0.7%)	(0.3%)	(1.3%)	(7.8%)	16 (0.9%)	184 (10.0%)	132 (7.2%)	273 (14.8%)
		(52.5%)	(47.3%)	(18.4%)	(14.8%)	(0.0%)	(9.6%)	(14.2%)	(0./%)	(0.3%)	(1.3%)	(7.8%)	(0.9%)	(10.0%)	(1.2%)	(14.8%)

	(2)	(2) 震災によってお仕事の状況は変わりましたか		(副問) どのように変わりる	ましたか。あてはまる:	もの全てに〇をつけて丁	ナて下さい。		
		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他	
男性	-39	34 (47.2%)	38 (52.8%)	17 (16.5%)	2 (1.4%)	5 (8.2%)	7 (3.9%)	(8.1%	
	40-44	36 (64.3%)	20 (35.7%)	10 (9.7%)	7 (5.0%)	7 (11.5%)	13 (7.3%)	5 (8.1%)	
	45-49	30 (55.6%)	24 (44.4%)	9 (8.7%)	8 (5.7%)	(3.3%)	12 (6.7%)	(4.8%)	
	50-54	33 (56.9%)	25 (43.1%)	12 (11.7%)	8 (5.7%)	5 (8.2%)	14 (7.8%)	(3.2%)	
	55-59	46 (52.9%)	41 (47.1%)	8	15	8	19	8	
	60-64	93	86	(7.8%) 20	(10.7%) 23	(13.1%) 15	(10.6%) 33	(12.9%) 8	
	65-69	(52.0%) 78	(48.0%) 125	(19.4%) 15	(16.4%) 25	(24.6%) 12	(18.4%) 23	(12.9%) 7	
		(38.4%) 79	(61.6%) 184	(14.6%) 10	(17.9%) 28	(19.7%) 6	(12.8%) 28	(11.3%) 10	
	70–74	(30.0%) 56	(70.0%) 156	(9.7%)	(20.0%) 18	(9.8%)	(15.6%) 26	(16.1%)	
	75–79	(26.4%)	(73.6%)	(1.0%)	(12.9%)	(1.6%)	(14.5%)	(16.1%)	
	80-	16 (13.9%)	99 (86.1%)	(1.0%)	6 (4.3%)	0 (0.0%)	4 (2.2%)	4 (6.5%)	
	合計	501 (38.6%)	798 (61.4%)	103 (100.0%)	140 (100.0%)	61 (100.0%)	179 (100.0%)	62 (100.0%)	
女性	-39	91 (54.8%)	75 (45.2%)	55 (23.2%)	16 (5.9%)	9 (25.0%)	17 (7.8%)	16 (15.4%)	
	40-44	66 (57.9%)	48 (42.1%)	38 (16.0%)	18 (6.7%)	2 (5.6%)	20 (9.2%)	(8.7%)	
	45-49	61 (57.5%)	45 (42.5%)	28 (11.8%)	18 (6.7%)	2 (5.6%)	21 (9.7%)	9	
	50-54	70	44	27	23	6	20	(8.7%) 10	
	55-59	(61.4%) 110	(38.6%) 108	(11.4%) 33	(8.5%) 45	(16.7%) 3	(9.2%) 27	(9.6%) 15	
		(50.5%) 166	(49.5%) 207	(13.9%) 41	(16.7%) 64	(8.3%) 9	(12.4%) 42	(14.4%) 19	
	60-64	(44.5%) 86	(55.5%) 253	(17.3%) 9	(23.7%) 33	(25.0%) 4	(19.4%) 32	(18.3%) 12	
	65-69	(25.4%) 79	(74.6%) 324	(3.8%) 4	(12.2%) 37	(11.1%)	(14.7%) 26	(11.5%) 13	
	70-74	(19.6%)	(80.4%)	(1.7%)	(13.7%)	(2.8%)	(12.0%)	(12.5%)	
	75-79	24 (9.2%)	236 (90.8%)	2 (0.8%)	14 (5.2%)	0 (0.0%)	8 (3.7%)	1 (1.0%)	
	80-	5 (3.8%)	126 (96.2%)	0 (0.0%)	2 (0.7%)	0 (0.0%)	4 (1.8%)	(0.0%)	
	合計	758 (34.1%)	1466 (65.9%)	237 (100.0%)	270 (100.0%)	36 (100.0%)	217 (100.0%)	104 (100.0%)	
合計	-39	125 (52.5%)	113 (47.5%)	72 (21.2%)	18 (4.4%)	14 (14.4%)	24 (6.1%)	(12.7%)	
	40-44	102 (60.0%)	68 (40.0%)	48 (14.1%)	25 (6.1%)	9 (9.3%)	33 (8.3%)	14 (8.4%)	
	45-49	91	69	37	26	4	33	12	
	50-54	(56.9%) 103	(43.1%) 69	(10.9%) 39	(6.3%) 31	(4.1%) 11	(8.3%) 34	(7.2%) 12	
		(59.9%) 156	(40.1%) 149	(11.5%) 41	(7.6%) 60	(11.3%) 11	(8.6%) 46	(7.2%) 23	
	55–59	(51.1%) 259	(48.9%) 293	(12.1%) 61	(14.6%) 87	(11.3%) 24	(11.6%) 75	(13.9%) 27	
	60-64	(46.9%)	(53.1%)	(17.9%)	(21.2%) 58	(24.7%)	(18.9%)	(16.3%)	
	65-69	164 (30.3%)	378 (69.7%)	24 (7.1%)	(14.1%)	16 (16.5%)	55 (13.9%)	19 (11.4%)	
	70-74	158 (23.7%)	508 (76.3%)	14 (4.1%)	65 (15.9%)	7 (7.2%)	54 (13.6%)	23 (13.9%)	
	75-79	80 (16.9%)	392 (83.1%)	3 (0.9%)	32 (7.8%)	1 (1.0%)	34 (8.6%)	11 (6.6%)	
	80-	21 (8.5%)	225 (91.5%)	(0.3%)	8 (2.0%)	0 (0.0%)	8 (2.0%)	(2.4%)	
	合計	1259	2264	340	410	97	396	166	
	ни	(35.7%)	(64.3%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0	

【5】睡眠についておたずねします。

(1)景纸	1±1F	平均何時間	くらし、服	リキすか	(尽寝を含む)	

(2)ここ数日、昼寝は1日何分くらいしていますか。

男性			(1) 販班は1日平均1	り時间くらい眠りま	に9 か(昼後を召り	ه (تا			(2)ここ数日、昼長は「日刊分	くらいしていますか。
### 1971년			5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
40-44 77 20 22 27 7 00 00 0 33	男性	-39								33 (45.8%)
46-49 (148)8 (1616		40-44	7	20	22	7	0	0	33	23 (41.1%)
14 14 15 16 16 17 17 18 18 18 18 18 18		45-49	8	10	26	6	4	0	29	25
12 12 12 12 12 12 12 12			7	8	26					(46.3%) 25
59-19										(43.1%) 44
65-69 (4.4%) (2.0%) (3.33) (2.9%) (1.1%) (4.7%) (3.9%) (3.9%) (4.6%) (4.7%)		55-59	(5.7%)	(31.0%)	(35.6%)	(19.5%)	(3.4%)	(4.6%)	(49.4%)	(50.6%)
10-79		60-64		(20.0%)	(33.3%)		(12.2%)	(1.1%)	(47.8%)	94 (52.2%)
10-74		65-69								100 (49.3%)
75-79		70-74	11	29	76	82	47	19	98	166
11-39 11-		75-79	5	24	54	75	39	15	82	130
日本日本			2	14	20	33	30	16	43	(61.3%) 72
大性										(62.6%) 712
日本日本			(5.0%)	(16.4%)	(31.5%)	(27.4%)	(14.5%)	(5.2%)	(45.3%)	(54.7%)
10 10 10 10 10 10 10 10	女性	-39	(6.0%)	(22.9%)	(39.8%)	(19.3%)	(10.8%)	(1.2%)	(85.5%)	24 (14.5%)
## 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		40-44								20 (17.5%)
50-54 6 47 48 10 2 0 0 90 12 15 15 15 15 16 15 16 15 16 16		45-49	9	39	45	10	3		81	25 (23.6%)
55-59 10 64 98 40 7 0 0 167		50-54	6	47	48	10	2	0	90	(23.0%) 24 (21.1%)
60-64 27 108 154 71 14 0 28 28 28 28 28 28 28			. 10	64	98	40	7	0	167	52
1908-04 17.2% 12.2% 14.2% 19.0% 13.7% 10.0% 10.0% 17.1% 12.2% 19.0% 12.3% 17.0% 26			(4.6%) 27						(76.3%) 268	(23.7%) 106
1		60-64	(7.2%)	(28.9%)	(41.2%)	(19.0%)	(3.7%)	(0.0%)	(71.7%)	(28.3%)
10		65-69	24 (7.1%)		(36.2%)	(20.6%)			(58.2%)	142 (41.8%)
15-79 35 37 63 70 44 14 126		70-74								196 (48.2%)
80- 10 19 25 29 33 15 54 54 54 12% (7.6%) (14.5%) (19.1%) (22.1%) (25.2%) (11.5%) (41.2%) (5.5% (5.5%) (36.1%) (19.1%) (22.1%) (25.5%) (21.5%		75-79	35	37	63	70	44	14	126	137
18		80-	10	19	25	29	33	15	54	77
日前日 (8.2%) (25.0%) (36.1%) (19.7%) (9.0%) (2.1%) (64.1%) (35.5%) (63.1%) (35.5%) (17.2%) (8.8%) (1.7%) (76.1%) (35.5%) (17.2%) (8.8%) (1.7%) (76.1%) (23.5%) (17.2%) (8.8%) (1.7%) (76.1%) (23.5%) (17.2%) (8.8%) (1.7%) (76.1%) (23.5%) (17.2%) (8.8%) (1.7%) (74.7%) (25.5%) (1.7%) (74.7%) (25.5%) (17.2%) (1.7%				(14.5%) 558						(58.8%) 803
1		台計	(8.2%)	(25.0%)	(36.1%)	(19.7%)	(9.0%)	(2.1%)	(64.1%)	(35.9%)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	合計	-39	(6.3%)	(26.1%)	(39.9%)	(17.2%)	(8.8%)		(76.1%)	(23.9%)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		40-44						(0.6%)	127 (74.7%)	43 (25.3%)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		45-49	17				7		110	50 (31.3%)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		50-54	13	55	74	27	2	0	123	49
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$			15	91	129	57	10	4	210	(28.5%) 96
$\begin{array}{cccccccccccccccccccccccccccccccccccc$										(31.4%) 200
$\begin{array}{cccccccccccccccccccccccccccccccccccc$			(6.3%)	(26.0%)	(38.6%)	(22.2%)	(6.5%)	(0.4%)	(63.9%)	(36.1%)
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		65-69	(5.7%)	(20.6%)	(34.8%)	(23.6%)	(12.2%)	(3.1%)	(55.4%)	242 (44.6%)
$ 75-79 \\ (8.4\%) \\ (12.8\%) \\ (24.6\%) \\ (24.6\%) \\ (30.5\%) \\ (17.5\%) \\ (6.1\%) \\ (6.1\%) \\ (6.1\%) \\ (6.1\%) \\ (43.8\%) \\ (56.8\%) \\ (25.2\%) \\ (25.6\%) \\ (12.6\%) \\ (12.6\%) \\ (39.4\%) \\ (80.2\%) \\ (4.9\%) \\ (13.4\%) \\ (13.4\%) \\ (18.3\%) \\ (25.2\%) \\ (25.6\%) \\ (12.6\%) \\ (12.6\%) \\ (12.6\%) \\ (20.20) \\ (15.2\%) \\ (20.20) \\ (15.2\%) \\ (20.20) \\ (15.2\%) \\ (20.20) \\ (15.2\%) \\ (20.20) \\ ($		70-74								362 (53.9%)
80- 12 33 45 62 63 31 97 (4.9%) (13.4%) (18.3%) (25.2%) (25.6%) (12.6%) (39.4%) (60. △№ 247 772 1215 795 390 115 2020 11		75-79	40	61	117	145	83	29	208	267
(4.95) (1.45) (18.35) (25.25) (25.05) (12.05) (12.05) (33.45) (00.45) $(247$ 772 1215 795 390 115 2020 11		80-	12	33	45	62	63	31	97	(56.2%) 149
										(60.6%) 1515
		台計								(42.9%)

		1) 寝つきは?(布	団に入ってから	民るまでに要するE	寺間)	2) 夜間、睡眠途中に	こ目が覚めること	は?		3) 希望する起床時間より早く目覚め、それ以上眠れなかったか?				
		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い	
男性	-39	52 (72.2%)	13 (18.1%)	4 (5.6%)	3 (4.2%)	59 (81.9%)	10 (13.9%)	2 (2.8%)	1 (1.4%)	56 (77.8%)	12 (16.7%)	3 (4.2%)	1 (1.4%)	
	40-44	44 (78.6%)	10 (17.9%)	(3.6%)	0 (0.0%)	44 (78.6%)	11 (19.6%)	1 (1.8%)	0 (0.0%)	41 (73.2%)	13 (23.2%)	(3.6%)	(0.0%)	
	45-49	39 (72.2%)	14 (25.9%)	1 (1.9%)	0 (0.0%)	41 (75.9%)	10 (18.5%)	(3.7%)	1 (1.9%)	37 (68.5%)	14 (25.9%)	3 (5.6%)	(0.0%)	
	50-54	48 (82.8%)	7 (12.1%)	3 (5.2%)	0 (0.0%)	48 (82.8%)	(13.8%)	(3.4%)	0 (0.0%)	41 (70.7%)	15 (25.9%)	(3.4%)	(0.0%)	
	55-59	64 (73.6%)	21 (24.1%)	(2.3%)	0 (0.0%)	61 (70.1%)	20 (23.0%)	6 (6.9%)	0 (0.0%)	45 (51,7%)	35 (40.2%)	7 (8.0%)	(0.0%)	
	60-64	134 (74.4%)	39 (21.7%)	7 (3.9%)	(0.0%)	145 (80.6%)	32 (17.8%)	3 (1.7%)	0 (0.0%)	108 (60.0%)	59 (32.8%)	12 (6.7%)	(0.6%)	
	65-69	159 (78.3%)	32 (15.8%)	11 (5.4%)	(0.5%)	155 (76.4%)	44 (21.7%)	(2.0%)	(0.0%)	124	67	12	0	
	70-74	188	63	12	1	201	51	10	2	(61.1%) 153	(33.0%) 95	(5.9%) 10	(0.0%) 6	
	75-79	(71.2%) 154	(23.9%) 51	(4.5%)	(0.4%)	(76.1%) 169	(19.3%) 31	(3.8%)	(0.8%)	(58.0%) 143	(36.0%) 60	(3.8%)	(2.3%) 2	
	80-	(72.6%) 87	(24.1%) 21	(1.4%) 6	(1.9%) 1	(80.1%) 95	(14.7%) 14	(4.3%) 5	(0.9%) 0	(67.5%) 83	(28.3%) 28	(3.3%) 4	(0.9%) 0	
	合計	(75.7%) 969	(18.3%) 271	(5.2%) 51	(0.9%) 10	(83.3%) 1018	(12.3%) 231	(4.4%) 44	(0.0%) 6	(72.2%) 831	(24.3%) 398	(3.5%) 62	(0.0%) 10	
4 14		(74.5%)	(20.8%)	(3.9%)	(0.8%)	(78.4%)	(17.8%)	(3.4%)	(0.5%)	(63.9%) 124	(30.6%)	(4.8%)	(0.8%)	
女性	-39	(66.3%) 81	(27.7%) 24	(5.4%)	(0.6%) 0	(78.3%) 87	(19.3%) 23	(2.4%)	(0.0%)	(74.7%) 74	(21.7%) 38	(3.6%)	(0.0%)	
	40-44	(71.1%)	(21.1%)	(7.9%)	(0.0%)	(76.3%)	(20.2%)	(2.6%)	(0.9%)	(64.9%)	(33.3%)	(0.9%)	(0.9%)	
	45-49	78 (73.6%)	22 (20.8%)	(3.8%)	2 (1.9%)	84 (79.2%)	18 (17.0%)	(2.8%)	(0.9%)	75 (70.8%)	27 (25.5%)	2 (1.9%)	2 (1.9%)	
	50-54	64 (56.1%)	46 (40.4%)	(1.8%)	2 (1.8%)	77 (67.5%)	31 (27.2%)	6 (5.3%)	0 (0.0%)	69 (60.5%)	42 (36.8%)	2 (1.8%)	(0.9%)	
	55-59	120 (54.8%)	(38.4%)	14 (6.4%)	1 (0.5%)	155 (70.8%)	58 (26.5%)	6 (2.7%)	0 (0.0%)	122 (55.7%)	85 (38.8%)	9 (4.1%)	3 (1.4%)	
	60-64	179 (47.9%)	163 (43.6%)	(8.3%)	1 (0.3%)	235 (62.8%)	121 (32.4%)	17 (4.5%)	1 (0.3%)	163 (43.7%)	184 (49,3%)	22 (5.9%)	4 (1.1%)	
	65-69	172 (50.6%)	133 (39.1%)	32 (9.4%)	(0.9%)	211 (62.2%)	107 (31.6%)	20 (5.9%)	1 (0.3%)	158 (46.5%)	148 (43.5%)	31 (9.1%)	(0.9%)	
	70-74	186 (45.7%)	179 (44.0%)	37 (9.1%)	5 (1.2%)	266 (65.4%)	119 (29.2%)	20 (4.9%)	2 (0.5%)	173	193	38	3	
	75-79	120	103	33	7	170	71	19	2	(42.5%) 140	(47.4%) 95	(9.3%) 25	(0.7%)	
	80-	(45.6%) 80	(39.2%)	(12.5%) 13	(2.7%)	(64.9%) 89	(27.1%) 32	(7.3%) 9	(0.8%)	(53.2%) 73	(36.1%) 43	(9.5%) 11	(1.1%) 3	
	合計	(61.5%) 1190	(25.4%) 833	(10.0%) 184	(3.1%) 26	(67.9%) 1504	(24.4%) 612	(6.9%) 107	(0.8%)	(56.2%) 1171	(33.1%) 891	(8.5%) 147	(2.3%) 23	
	-39	(53.3%) 162	(37.3%)	(8.2%)	(1.2%)	(67.4%) 189	(27.4%)	(4.8%)	(0.4%)	(52.5%) 180	(39.9%)	(6.6%)	(1.0%)	
合計		(68.1%) 125	(24.8%) 34	(5.5%) 11	(1.7%) 0	(79.4%) 131	(17.6%) 34	(2.5%)	(0.4%)	(75.6%) 115	(20.2%) 51	(3.8%)	(0.4%)	
	40-44	(73.5%) 117	(20.0%) 36	(6.5%)	(0.0%)	(77.1%) 125	(20.0%) 28	(2.4%)	(0.6%) 2	(67.6%) 112	(30.0%)	(1.8%)	(0.6%) 2	
	45-49	(73.1%)	(22.5%)	(3.1%)	(1.3%)	(78.1%)	(17.5%)	(3.1%)	(1.3%)	(70.0%)	(25.6%)	(3.1%)	(1.3%)	
	50-54	112 (65.1%)	53 (30.8%)	(2.9%)	(1.2%)	125 (72.7%)	39 (22.7%)	8 (4.7%)	(0.0%)	110 (64.0%)	57 (33,1%)	4 (2.3%)	(0.6%)	
	55-59	184 (60.1%)	105 (34.3%)	16 (5.2%)	(0.3%)	216 (70.6%)	78 (25.5%)	12 (3.9%)	0 (0.0%)	167 (54.6%)	120 (39.2%)	16 (5.2%)	3 (1.0%)	
	60-64	313 (56.5%)	202 (36.5%)	38 (6.9%)	(0.2%)	380 (68.6%)	153 (27.6%)	(3.6%)	1 (0.2%)	271 (49.0%)	243 (43.9%)	34 (6.1%)	5 (0.9%)	
	65-69	331 (61.0%)	165 (30.4%)	43 (7.9%)	4 (0.7%)	366 (67.5%)	151 (27.9%)	24 (4.4%)	(0.2%)	282 (51.9%)	215 (39.6%)	43 (7.9%)	(0.6%)	
	70-74	374 (55.7%)	242 (36.1%)	49 (7.3%)	6 (0.9%)	467 (69.6%)	170 (25.3%)	30 (4.5%)	4 (0.6%)	326 (48.6%)	288 (42.9%)	48 (7.2%)	9 (1.3%)	
	75-79	274 (57.7%)	154 (32.4%)	36 (7.6%)	(2.3%)	339 (71.7%)	102 (21.6%)	28 (5.9%)	(0.8%)	283	155	32	5	
	80-	167	54	19	5	184	46	14	1	(59.6%) 156	(32.6%)	(6.7%) 15	(1.1%)	
	合計	(68.2%) 2159	(22.0%) 1104	(7.8%) 235	(2.0%)	(75.1%) 2522	(18.8%) 843	(5.7%) 151	(0.4%) 15	(63.7%) 2002	(29.0%) 1289	(6.1%) 209	(1.2%) 33	
	H H1	(61.1%)	(31.2%)	(6.6%)	(1.0%)	(71.4%)	(23.9%)	(4.3%)	(0.4%)	(56.7%)	(36.5%)	(5.9%)	(0.9%)	

		4) 総睡眠時間は?				5)全体的な睡眠の	質は?			6) 日中の気分は?	·		
		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し滅入った	かなり滅入った	非常に滅入った
男性	-39	30 (41.7%)	38 (52.8%)	3 (4.2%)	1 (1.4%)	32 (44.4%)	33 (45.8%)	6 (8.3%)	1 (1.4%)	50 (69.4%)	19 (26.4%)	(0.0%)	3 (4.2%)
	40-44	24 (42.9%)	25 (44.6%)	7 (12.5%)	(0.0%)	24 (42.9%)	28 (50.0%)	4 (7.1%)	(0.0%)	37 (66.1%)	15 (26.8%)	3 (5.4%)	(1.8%)
	45-49	28 (51.9%)	22 (40.7%)	(7.4%)	(0.0%)	25 (46.3%)	26 (48.1%)	(5.6%)	(0.0%)	37 (68.5%)	16 (29.6%)	(1.9%)	(0.0%)
	50-54	36 (62.1%)	(32.8%)	(5.2%)	(0.0%)	31 (53.4%)	22 (37.9%)	5 (8.6%)	0 (0.0%)	43 (74.1%)	12 (20.7%)	3 (5.2%)	0 (0.0%)
	55-59	49 (56.3%)	36 (41.4%)	(2.3%)	(0.0%)	43 (49.4%)	36 (41.4%)	(9.2%)	(0.0%)	64 (73.6%)	(20.7%)	4 (4.6%)	(1.1%)
	60-64	126 (70.0%)	49 (27.2%)	5 (2.8%)	0 (0.0%)	116 (64.4%)	56 (31.1%)	8 (4.4%)	0 (0.0%)	144 (80.4%)	31 (17.3%)	4 (2.2%)	0 (0.0%)
	65-69	162 (79.8%)	38 (18.7%)	3 (1.5%)	(0.0%)	145 (71.4%)	52 (25.6%)	6 (3.0%)	0 (0.0%)	170 (83.7%)	31 (15.3%)	(0.5%)	(0.5%)
	70-74	210 (79.5%)	48 (18.2%)	5 (1.9%)	1 (0.4%)	197 (74.6%)	59 (22.3%)	6 (2.3%)	(0.8%)	216 (82.1%)	43 (16.3%)	3 (1.1%)	(0.4%)
	75-79	172 (81.1%)	35 (16.5%)	4 (1.9%)	1 (0.5%)	161 (76.3%)	44 (20.9%)	6 (2.8%)	0 (0.0%)	184 (87.2%)	24 (11.4%)	3 (1.4%)	0 (0.0%)
	80-	97 (84.3%)	15 (13.0%)	3 (2.6%)	0 (0.0%)	95 (82.6%)	16 (13.9%)	3 (2.6%)	1 (0.9%)	100 (87.7%)	9 (7.9%)	5 (4.4%)	0 (0.0%)
	合計	934 (71.8%)	325 (25.0%)	39 (3.0%)	3 (0.2%)	869 (66.8%)	372 (28.6%)	55 (4.2%)	(0.3%)	1045 (80.6%)	218 (16.8%)	(2.1%)	(0.5%)
女性	-39	89 (53.6%)	63 (38.0%)	14 (8.4%)	0 (0.0%)	73 (44.0%)	78 (47.0%)	14 (8.4%)	1 (0.6%)	121 (72.9%)	33 (19.9%)	9 (5.4%)	3 (1.8%)
	40-44	45 (39.5%)	63 (55.3%)	6 (5.3%)	0 (0.0%)	47 (41.2%)	58 (50.9%)	8 (7.0%)	1 (0.9%)	70 (61.4%)	30 (26.3%)	12 (10.5%)	(1.8%)
	45-49	45 (42.5%)	57 (53.8%)	4 (3.8%)	0 (0.0%)	51 (48.1%)	48 (45.3%)	7 (6.6%)	0 (0.0%)	71 (67.0%)	32 (30.2%)	3 (2.8%)	0 (0.0%)
	50-54	54 (47.4%)	53 (46.5%)	7 (6.1%)	0 (0.0%)	43 (37.7%)	65 (57.0%)	6 (5.3%)	0 (0.0%)	61 (53.5%)	47 (41.2%)	5 (4.4%)	(0.9%)
	55-59	112 (51.1%)	101 (46.1%)	6 (2.7%)	0 (0.0%)	102 (46.6%)	106 (48.4%)	11 (5.0%)	0 (0.0%)	145 (66.2%)	66 (30.1%)	7 (3.2%)	(0.5%)
	60-64	213 (57.0%)	144 (38.5%)	16 (4.3%)	1 (0.3%)	178 (47.7%)	168 (45.0%)	26 (7.0%)	1 (0.3%)	236 (63.4%)	121 (32.5%)	15 (4.0%)	(0.0%)
	65-69	187 (55.0%)	135 (39.7%)	17 (5.0%)	(0.3%)	170 (50.0%)	151 (44.4%)	18 (5.3%)	1 (0.3%)	223 (65.6%)	106 (31.2%)	10 (2.9%)	(0.3%)
	70-74	247 (60.8%)	137 (33.7%)	20 (4.9%)	2 (0.5%)	234 (57.5%)	150 (36.9%)	20 (4.9%)	3 (0.7%)	312 (76.7%)	73 (17.9%)	20 (4.9%)	(0.5%)
	75-79	176 (66.9%)	77 (29.3%)	8 (3.0%)	2 (0.8%)	161 (61.2%)	90 (34.2%)	12 (4.6%)	0 (0.0%)	207 (79.0%)	43 (16.4%)	10 (3.8%)	(0.8%)
	80-	102 (77.9%)	25 (19.1%)	3 (2.3%)	(0.8%)	91 (69.5%)	33 (25.2%)	6 (4.6%)	1 (0.8%)	109 (83.2%)	18 (13.7%)	4 (3.1%)	0 (0.0%)
	合計	1270 (56.9%)	855 (38.3%)	101 (4.5%)	7 (0.3%)	1150 (51.5%)	947 (42.4%)	128 (5.7%)	(0.4%)	1555 (69.7%)	569 (25.5%)	95 (4.3%)	(0.5%)
合計	-39	119 (50.0%)	101 (42.4%)	17 (7.1%)	1 (0.4%)	105 (44.1%)	111 (46.6%)	20 (8.4%)	2 (0.8%)	171 (71.8%)	52 (21.8%)	(3.8%)	6 (2.5%)
	40-44	69 (40.6%)	88 (51.8%)	13 (7.6%)	0 (0.0%)	71 (41.8%)	86 (50.6%)	12 (7.1%)	1 (0.6%)	107 (62.9%)	45 (26.5%)	15 (8.8%)	3 (1.8%)
	45-49	73 (45.6%)	79 (49.4%)	8 (5.0%)	0 (0.0%)	76 (47.5%)	74 (46.3%)	10 (6.3%)	0 (0.0%)	108 (67.5%)	48 (30.0%)	4 (2.5%)	0 (0.0%)
	50-54	90 (52.3%)	72 (41.9%)	10 (5.8%)	0 (0.0%)	74 (43.0%)	87 (50.6%)	11 (6.4%)	0 (0.0%)	104 (60.5%)	59 (34.3%)	8 (4.7%)	(0.6%)
	55-59	161 (52.6%)	137 (44.8%)	8 (2.6%)	0 (0.0%)	145 (47.4%)	142 (46.4%)	19 (6.2%)	0 (0.0%)	209 (68.3%)	84 (27.5%)	(3.6%)	(0.7%)
	60-64	339 (61.2%)	193 (34.8%)	(3.8%)	(0.2%)	294 (53.2%)	224 (40.5%)	34 (6.1%)	1 (0.2%)	380 (69.0%)	152 (27.6%)	(3.4%)	(0.0%)
	65-69	349 (64.3%)	173 (31.9%)	20 (3.7%)	(0.2%)	315 (58.0%)	203 (37.4%)	24 (4.4%)	(0.2%)	393 (72.4%)	137 (25.2%)	(2.0%)	(0.4%)
	70-74	457 (68.2%)	185 (27.6%)	(3.7%)	3 (0.4%)	431 (64.2%)	209 (31.1%)	26 (3.9%)	(0.7%)	528 (78.8%)	116 (17.3%)	23 (3.4%)	(0.4%)
	75-79	348 (73.3%)	112 (23.6%)	12 (2.5%)	(0.6%)	322 (67.9%)	134 (28.3%)	18 (3.8%)	(0.0%)	391 (82.7%)	67 (14.2%)	13 (2.7%)	2 (0.4%)
	80-	199 (80.9%)	40 (16.3%)	6 (2.4%)	(0.4%)	186 (75.6%)	49 (19.9%)	(3.7%)	(0.8%)	209 (85.3%)	27 (11.0%)	9 (3.7%)	0 (0.0%)
	合計	2204 (62.4%)	1180 (33.4%)	140 (4.0%)	10 (0.3%)	2019 (57.1%)	1319 (37.3%)	183 (5.2%)	12 (0.3%)	2600 (73.7%)	787 (22.3%)	122 (3.5%)	(0.5%) (0.5%)

-316-

7) 日中の活動について(身体的及び精神的)

8) 日中の眠気について

		// 日中の活動について	(対かり及い情性の)	<u>/</u>			の日中の眠気につい	, ,		
		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	3 (4.2%)	57 (79.2%)	7 (9.7%)	(2.8%)	3 (4.2%)	18 (25.0%)	49 (68.1%)	3 (4.2%)	(2.8%)
	40-44	9 (16.1%)	38 (67.9%)	6 (10.7%)	(3.6%)	1 (1.8%)	15 (26.8%)	37 (66.1%)	4 (7.1%)	(0.0%)
	45-49	8 (14.8%)	35 (64.8%)	10 (18.5%)	(1.9%)	0 (0.0%)	10 (18.5%)	40 (74.1%)	4 (7.4%)	(0.0%)
	50-54	8 (13.8%)	38 (65.5%)	9 (15.5%)	3 (5.2%)	0 (0.0%)	17 (29.3%)	39 (67.2%)	(3.4%)	(0.0%)
	55-59	14	57 (65.5%)	(10.3%)	(5.2%) 5 (5.7%)	(0.0%) 2 (2.3%)	28 (32.2%)	54 (62.1%)	(5.4%) 5 (5.7%)	0
	60-64	(16.1%)	127	24	8	4	79	96	5	(0.0%)
	65-69	(9.4%) 23	(70.6%) 138	(13.3%) 37	(4.4%) 4	(2.2%) 1	(43.9%) 70	(53.3%) 130	(2.8%)	(0.0%) 0
	70-74	(11.3%) 11	(68.0%) 191	(18.2%) 45	(2.0%) 13	(0.5%) 4	(34.5%) 88	(64.0%) 171	(1.5%) 5	(0.0%) 0
		(4.2%) 17	(72.3%) 144	(17.0%) 41	(4.9%) 8	(1.5%) 2	(33.3%) 73	(64.8%) 134	(1.9%) 5	(0.0%) 0
	75-79	(8.0%)	144 (67.9%) 80	(19.3%) 22	(3.8%)	(0.9%) 2	(34.4%) 31	(63.2%) 76	(2.4%)	(0.0%)
	80-	(2.6%) 113	(69.6%) 905	(19.1%)	(7.0%) 54	(1.7%) 19	(27.2%) 429	(66.7%) 826	(6.1%) 43	(0.0%)
	合計	(8.7%)	(69.6%)	210 (16.1%)	(4.2%)	(1.5%)	(33.0%)	(63.5%)	(3.3%)	(0.2%)
女性	-39	19 (11.4%)	121 (72.9%)	19 (11.4%)	5 (3.0%)	2 (1.2%)	37 (22.3%)	115 (69.3%)	13 (7.8%)	(0.6%)
	40-44	16 (14.0%)	64 (56.1%)	23 (20.2%)	8 (7.0%)	3 (2.6%)	26 (22.8%)	78 (68.4%)	10 (8.8%)	0 (0.0%)
	45-49	18 (17.0%)	63 (59.4%)	19 (17.9%)	6 (5.7%)	0 (0.0%)	20 (18.9%)	75 (70.8%)	10 (9.4%)	(0.9%)
	50-54	14 (12.3%)	62 (54.4%)	31 (27.2%)	6 (5.3%)	1 (0.9%)	19 (16.7%)	90 (78.9%)	5 (4.4%)	0 (0.0%)
	55-59	32 (14.6%)	126 (57.5%)	50 (22.8%)	11 (5.0%)	0 (0.0%)	47 (21.5%)	166 (75.8%)	6 (2.7%)	0 (0.0%)
	60-64	52 (13.9%)	206 (55.1%)	95 (25.4%)	19 (5.1%)	2 (0.5%)	105 (28.1%)	258 (69.0%)	11 (2.9%)	(0.0%)
	65-69	40	194 (57.1%)	91 (26.8%)	(3.8%)	2 (0.6%)	82 (24.1%)	244 (71.8%)	14 (4.1%)	(0.0%) (0.0%)
	70-74	(11.8%) 24	249	101	25	7	102	287	17	1
	75-79	(5.9%) 20	(61.3%) 168	(24.9%) 57	(6.2%) 16	(1.7%) 2	(25.1%) 83	(70.5%) 175	(4.2%) 5	(0.2%) 0
	80-	(7.6%) 4	(63.9%) 88	(21.7%) 29	(6.1%) 9	(0.8%) 1	(31.6%) 42	(66.5%) 85	(1.9%) 4	(0.0%) 0
		(3.1%) 239	(67.2%) 1341	(22.1%) 515	(6.9%) 118	(0.8%) 20	(32.1%) 563	(64.9%) 1573	(3.1%) 95	(0.0%)
	合計	(10.7%) 22	(60.1%) 178	(23.1%)	(5.3%)	(0.9%)	(25.2%) 55	(70.4%) 164	(4.3%) 16	(0.1%)
合計	-39	(9.2%)	(74.8%)	(10.9%)	(2.9%)	(2.1%)	(23.1%)	(68.9%)	(6.7%)	(1.3%)
	40-44	25 (14.7%)	102 (60.0%)	29 (17.1%)	10 (5.9%)	(2.4%)	41 (24.1%)	115 (67.6%)	14 (8.2%)	(0.0%)
	45-49	26 (16.3%)	. 98 (61.3%)	29 (18.1%)	7 (4.4%)	0 (0.0%)	30 (18.8%)	115 (71.9%)	14 (8.8%)	(0.6%) 0
	50-54	22 (12.8%)	100 (58.1%)	40 (23.3%)	9 (5.2%)	1 (0.6%)	36 (20.9%)	129 (75.0%)	7 (4.1%)	0 (0.0%)
	55-59	46 (15.0%)	183 (59.8%)	59 (19.3%)	16 (5.2%)	2 (0.7%)	75 (24.5%)	220 (71.9%)	11 (3.6%)	0 (0.0%)
	60-64	69 (12.5%)	333 (60.1%)	119 (21.5%)	27 (4.9%)	6 (1.1%)	184 (33.2%)	354 (63.9%)	16 (2.9%)	(0.0%)
	65-69	63 (11.6%)	332 (61.1%)	128 (23.6%)	(4.5%) 17 (3.1%)	3 (0.6%)	152 (28.0%)	374 (68.9%)	17 (3.1%)	(0.0%) (0.0%)
	70-74	35	440	146	38	11	190	458	22	1
	75-79	(5.2%) 37	(65.7%) 312	(21.8%) 98	(5.7%) 24	(1.6%)	(28.3%) 156	(68.3%) 309	(3.3%)	(0.1%)
	80-	(7.8%) 7	(65.7%) 168	(20.6%) 51	(5.1%) 17	(0.8%) 3	(32.8%) 73	(65.1%) 161	(2.1%) 11	(0.0%) 0
		(2.8%) 352	(68.3%) 2246	(20.7%) 725	(6.9%) 172	(1.2%) 39	(29.8%) 992	(65.7%) 2399	(4.5%) 138	(0.0%) 5
	合計	(10.0%)	(63.6%)	(20.5%)	(4.9%)	(1.1%)	(28.1%)	(67.9%)	(3.9%)	(0.1%)

		5) 手助けを頼	める親戚や	兄弟は何人	人いますか。			6) 手助けを刺	頁める友人(は何人います	たか。			7) まわりの人々	はお互いに助け合っ	ている。		
		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全・ そう思わなし
男性	-39	9 (12.5%) 8	13 (18.1%) 12	18 (25.0%) 21	21 (29.2%) 12	8 (11.1%) 3	3 (4.2%) 0	9 (12.5%)	8 (11.1%) 14	22 (30.6%) 16	24 (33.3%) 14	4 (5.6%) 3	5 (6.9%)	9 (12.5%)	43 (59.7%) 32	17 (23.6%) 15	2 (2.8%)	(1.45
	40-44	(14.3%)	(21.4%)	(37.5%)	(21.4%)	(5.4%)	(0.0%)	(14.3%)	(25.0%)	(28.6%)	(25.0%)	(5.4%)	(1.8%)	(14.3%)	(57.1%)	(26.8%)	(0.0%)	(1.8
	45-49	(14.8%)	8 (14.8%)	10 (18.5%)	13 (24.1%)	(22.2%)	(5.6%)	12 (22.2%)	6 (11.1%)	(20.4%)	15 (27.8%)	(11.1%)	(7.4%)	6 (11.1%)	32 (59.3%)	10 (18.5%)	4 (7.4%)	(3.7
	50-54	5 (8.6%)	12 (20.7%)	15 (25.9%)	21 (36.2%)	4 (6.9%)	(1.7%)	13 (22.4%)	12 (20.7%)	15 (25.9%)	14 (24.1%)	4 (6.9%)	0 (0.0%)	2 (3.4%)	38 (65.5%)	14 (24.1%)	4 (6.9%)	(0.09
	55-59	9 (10.3%)	18 (20.7%)	20 (23.0%)	27 (31.0%)	10 (11.5%)	3 (3.4%)	25 (28.7%)	18 (20.7%)	17 (19.5%)	19 (21.8%)	5 (5.7%)	3 (3.4%)	(10.3%)	49 (56.3%)	23 (26.4%)	4 (4.6%)	(2.3
	60-64	11 (6.1%)	24 (13.3%)	42 (23.3%)	65 (36.1%)	24 (13,3%)	14 (7.8%)	41 (22.8%)	36 (20.0%)	41 (22.8%)	44 (24.4%)	13 (7.2%)	5 (2.8%)	35 (19.4%)	117 (65,0%)	23 (12.8%)	4 (2.2%)	(0.6
	65-69	16 (7.9%)	23 (11.4%)	47 (23.3%)	65 (32.2%)	35 (17.3%)	16 (7.9%)	38 (18.7%)	48 (23.6%)	47 (23.2%)	45 (22.2%)	15 (7.4%)	10 (4.9%)	39 (19.2%)	122 (60.1%)	33 (16.3%)	3 (1.5%)	(3.0
	70-74	21 (8.0%)	39 (14.8%)	70 (26.5%)	70 (26.5%)	43 (16.3%)	21 (8.0%)	62 (23.6%)	66 (25.1%)	56 (21.3%)	44 (16.7%)	21 (8.0%)	14 (5.3%)	65 (24.6%)	157 (59,5%)	31 (11.7%)	(0.8%)	(3.4
	75-79	15 (7.1%)	31 (14.8%)	42 (20.0%)	59 (28.1%)	36 (17.1%)	27 (12.9%)	45 (21.2%)	51 (24.1%)	49 (23.1%)	41 (19.3%)	18 (8.5%)	(3.8%)	64 (30.2%)	105 (49.5%)	34 (16.0%)	4 (1.9%)	(2.49
	80-	5 (4.3%)	16 (13.9%)	34 (29.6%)	26 (22.6%)	20 (17.4%)	14 (12.2%)	35 (31.3%)	24 (21.4%)	25 (22.3%)	13 (11.6%)	11 (9.8%)	4 (3.6%)	44 (38.3%)	57 (49.6%)	10 (8.7%)	2 (1.7%)	(1.7
	合計	107 (8.2%)	196 (15.1%)	319 (24.6%)	379 (29.2%)	195 (15.0%)	102 (7.9%)	288 (22,2%)	283 (21.8%)	299 (23.1%)	273 (21.0%)	100 (7.7%)	54 (4.2%)	281 (21.6%)	752 (57.8%)	210 (16.1%)	29 (2.2%)	(2.2
女性	-39	12 (7.2%)	35 (21.1%)	50 (30.1%)	47 (28.3%)	13 (7.8%)	9 (5.4%)	26 (15.7%)	36 (21.7%)	50 (30.1%)	44 (26.5%)	(3.0%)	5 (3.0%)	17 (10.2%)	104 (62.7%)	39 (23.5%)	4 (2.4%)	(1.25
	40-44	13 (11,4%)	(19.3%)	40 (35.1%)	30 (26.3%)	(6.1%)	(1.8%)	22 (19.3%)	20 (17.5%)	38 (33.3%)	26 (22.8%)	(4.4%)	3 (2.6%)	10 (8.8%)	69 (60.5%)	30 (26.3%)	5 (4.4%)	(0.0)
	45-49	13 (12.3%)	21 (19.8%)	28 (26.4%)	32 (30.2%)	10 (9,4%)	(1.9%)	19 (17.9%)	27 (25.5%)	30 (28,3%)	26 (24.5%)	(2.8%)	(0.9%)	(10.4%)	69 (65.1%)	19 (17.9%)	6 (5.7%)	(0.9)
	50-54	7 (6.1%)	25 (21.9%)	29 (25.4%)	34 (29.8%)	15 (13.2%)	(3.5%)	35 (31.0%)	31 (27.4%)	(18,6%)	18 (15.9%)	7 (6.2%)	(0.9%)	12 (10.5%)	81 (71.1%)	18 (15.8%)	(2.6%)	(0.0)
	55-59	15	(21.5%) 41 (18.7%)	62	69 (31.5%)	(13.2%)	(3.7%)	59 (26.9%)	62 (28.3%)	55 (25.1%)	33 (15.1%)	(2.3%)	(2.3%)	31 (14.2%)	141 (64.4%)	(18.7%)	(2.0%) 6 (2.7%)	(0.0
	60-64	(6.8%) 31	63	(28.3%) 101	98	60	19	87	100	97 (25.9%)	66 (17.6%)	19	5	58	233	65	10	(2.1
	65-69	(8.3%)	(16.9%) 49	(27.2%) 89	(26.3%) 94	(16.1%) 60	(5.1%) 34	(23.3%) 63	(26.7%) 94	99	49	(5.1%) 22 (6.5%)	(1.3%)	(15.5%) 89	(62.3%) 197 (58.1%)	(17.4%) 45	(2.7%)	
	70-74	(3.8%)	(14.5%)	(26.3%) 105	(27.7%) 97	(17.7%) 81	(10.0%)	(18.8%) 70	(28.0%)	(29.5%) 112	(14.6%) 60	28	(2.7%) 16	(26.3%) 135	206	(13.3%) 52	(1.8%)	(0.6
	75-79	(5.2%) 9	(17.2%) 40	(25.9%) 64	(23.9%) 78	(20.0%) 48	(7.9%) 23	(17.3%) 51	(29.2%) 57	(27.7%) 90	(14.9%) 43	(6.9%) 19	(4.0%)	(33.2%) 105	(50.6%) 121	(12.8%) 27	(2.5%)	(1.0
	80-	(3.4%) 12	(15.3%) 20	(24.4%) 33	(29.8%) 35	(18.3%) 23	(8.8%) 8	(19.4%) 33	(21.7%) 32	(34.2%) 24	(16.3%) 32	(7.2%) 8	(1.1%) 1	(39.9%) 56	(46.0%) 52	(10.3%) 15	(1.1%)	(2.7
	合計	(9.2%) 146	(15.3%) 386	(25.2%) 601	(26.7%) 614	(17.6%) 341	(6.1%) 141	(25.4%) 465	(24.6%) 577	(18.5%) 616	(24.6%) 397	(6.2%) 121	(0.8%) 49	(42.7%) 524	(39.7%) 1273	(11.5%) 351	(3.1%) 57	(3.19
 合計	-39	(6.6%)	(17.3%)	(27.0%) 68	(27.5%)	(15.3%)	(6.3%)	(20.9%)	(25.9%) 44	(27,7%) 72	(17.8%)	(5.4%)	(2,2%)	(23.5%)	(57,0%) 147	(15.7%) 56	(2.6%)	(1.35
TaT		(8.8%) 21	(20.2%) 34	(28.6%) 61	(28.6%) 42	(8.8%) 10	(5.0%) 2	(14.7%) 30	(18.5%) 34	(30.3%) 54	(28.6%) 40	(3.8%) 8	(4.2%) 4	(10.9%) 18	(61.8%) 101	(23.5%) 45	(2.5%)	(1.39
	40-44	(12.4%) 21	(20.0%) 29	(35.9%) 38	(24.7%) 45	(5.9%) 22	(1.2%) 5	(17.6%) 31	(20.0%)	(31.8%) 41	(23.5%) 41	(4.7%) 9	(2.4%) 5	(10.6%)	(59.4%) 101	(26.5%) 29	(2.9%) 10	(0.6
	45-49	(13.1%) 12	(18.1%) 37	(23.8%) 44	(28.1%) 55	(13.8%) 19	(3.1%) 5	(19.4%) 48	(20.6%) 43	(25.6%) 36	(25.6%) 32	(5.6%) 11	(3.1%)	(10.6%) 14	(63.1%) 119	(18.1%) 32	(6.3%) 7	(1.9
	50-54	(7.0%) 24	(21.5%) 59	(25.6%) 82	(32.0%) 96	(11.0%) 34	(2.9%) 11	(28.1%) 84	(25.1%) 80	(21.1%) 72	(18.7%) 52	(6.4%) 10	(0.6%)	(8.1%)	(69.2%) 190	(18.6%) 64	(4.1%)	(0.0)
	55-59	(7.8%) 42	(19.3%) 87	(26.8%) 143	(31.4%) 163	(11.1%) 84	(3.6%)	(27.5%) 128	(26.1%) 136	(23.5%) 138	(17.0%) 110	(3.3%)	(2.6%)	(13.1%) 93	(62.1%) 350	(20.9%)	(3.3%)	(0.7
	60-64	(7.6%) 29	(15.8%) 72	(25.9%) 136	(29.5%) 159	(15.2%) 95	(6.0%) 50	(23.1%) 101	(24.5%) 142	(24.9%) 146	(19.9%) 94	(5.8%) 37	(1.8%) 19	(16.8%) 128	(63.2%) 319	(15.9%) 78	(2.5%)	(1.6
	65-69	(5.4%) 42	(13.3%) 109	(25.1%) 175	(29.4%) 167	(17.6%) 124	(9.2%) 53	(18.7%) 132	(26.3%) 184	(27.1%) 168	(17.4%) 104	(6.9%) 49	(3.5%)	(23.6%) 200	(58.9%) 363	(14.4%) 83	9 (1.7%) 12	(1.5
	70-74	(6.3%)	(16.3%)	(26.1%)	(24.9%)	124 (18.5%) 84	53 (7.9%) 50	(19.8%) 96	(27.6%) 108	(25.2%) 139	(15.6%) 84	(7.3%) 37	(4.5%) 11	(29.8%) 169	(54.1%)	(12:4%) 61	(1.8%)	(1.9
	75-79	24 (5.1%)	71 (15.0%)	106 (22.5%)	137 (29.0%)	(17.8%)	(10.6%)	(20.2%)	(22.7%)	(29.3%)	(17.7%)	(7.8%)	(2.3%)	(35.6%)	226 (47.6%)	(12.8%)	(1.5%)	(2.5
	80-	17 (6.9%)	36 (14.6%)	67 (27.2%)	61 (24.8%)	43 (17.5%)	(8.9%)	68 (28.1%)	56 (23.1%)	49 (20.2%)	45 (18.6%)	(7.9%)	(2.1%)	100 (40.7%)	109 (44.3%)	(10.2%)	(2.4%)	(2.4
	合計	253 (7.2%)	582 (16.5%)	920 (26.1%)	993 (28.2%)	536 (15.2%)	(6.9%)	753 (21.4%)	860 (24.4%)	915 (26.0%)	670 (19.0%)	221 (6.3%)	103 (2.9%)	805 (22.8%)	2025 (57.3%)	561 (15.9%)	86 (2.4%)	(1.6