

【5】睡眠についておたずねします。

(1) 最近は1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	15 (8.8%)	54 (31.8%)	72 (42.4%)	15 (8.8%)	10 (5.9%)	4 (2.4%)	102 (60.0%)	68 (40.0%)
	40-44	10 (7.8%)	39 (30.2%)	47 (36.4%)	26 (20.2%)	5 (3.9%)	2 (1.6%)	83 (64.8%)	45 (35.2%)
	45-49	9 (7.3%)	32 (26.0%)	55 (44.7%)	22 (17.9%)	5 (4.1%)	0 (0.0%)	64 (52.5%)	58 (47.5%)
	50-54	18 (12.2%)	34 (23.1%)	50 (34.0%)	38 (25.9%)	4 (2.7%)	3 (2.0%)	80 (54.4%)	67 (45.6%)
	55-59	17 (8.3%)	60 (29.4%)	73 (35.8%)	42 (20.6%)	8 (3.9%)	4 (2.0%)	120 (58.8%)	84 (41.2%)
	60-64	20 (4.6%)	104 (23.8%)	146 (33.4%)	113 (25.9%)	49 (11.2%)	5 (1.1%)	224 (51.3%)	213 (48.7%)
	65-69	25 (5.2%)	88 (18.3%)	149 (31.0%)	116 (24.2%)	84 (17.5%)	18 (3.8%)	235 (49.0%)	245 (51.0%)
	70-74	30 (5.3%)	87 (15.4%)	163 (28.8%)	127 (29.5%)	88 (15.5%)	31 (5.5%)	222 (39.2%)	344 (60.8%)
	75-79	14 (3.7%)	64 (16.8%)	95 (25.0%)	116 (30.5%)	66 (17.4%)	25 (6.6%)	153 (40.4%)	226 (59.6%)
	80-	6 (2.9%)	23 (11.3%)	54 (26.5%)	49 (24.0%)	47 (23.0%)	25 (12.3%)	81 (39.7%)	123 (60.3%)
	合計	164 (5.8%)	585 (20.6%)	904 (31.8%)	704 (24.8%)	366 (12.9%)	117 (4.1%)	1364 (48.1%)	1473 (51.9%)
女性	-39	23 (5.7%)	113 (28.0%)	161 (40.0%)	68 (16.9%)	30 (7.4%)	8 (2.0%)	323 (80.3%)	79 (19.7%)
	40-44	16 (6.5%)	98 (40.0%)	80 (32.7%)	39 (15.9%)	11 (4.5%)	1 (0.4%)	186 (75.9%)	59 (24.1%)
	45-49	20 (8.4%)	97 (40.9%)	85 (35.9%)	29 (12.2%)	5 (2.1%)	1 (0.4%)	177 (75.0%)	59 (25.0%)
	50-54	35 (11.6%)	118 (38.9%)	108 (35.6%)	31 (10.2%)	10 (3.3%)	1 (0.3%)	214 (70.4%)	90 (29.6%)
	55-59	32 (6.7%)	166 (34.5%)	181 (37.6%)	84 (17.5%)	16 (3.3%)	2 (0.4%)	349 (72.7%)	131 (27.3%)
	60-64	84 (9.4%)	274 (30.8%)	331 (37.1%)	162 (18.2%)	37 (4.2%)	3 (0.3%)	598 (67.3%)	291 (32.7%)
	65-69	54 (7.4%)	197 (26.8%)	272 (37.1%)	145 (19.8%)	53 (7.2%)	13 (1.8%)	429 (58.5%)	304 (41.5%)
	70-74	81 (10.5%)	167 (21.7%)	246 (31.9%)	168 (21.8%)	89 (11.5%)	20 (2.6%)	406 (52.7%)	365 (47.3%)
	75-79	54 (11.9%)	81 (17.8%)	105 (23.1%)	117 (25.8%)	75 (16.5%)	22 (4.8%)	219 (48.3%)	234 (51.7%)
	80-	23 (9.7%)	37 (15.5%)	57 (23.9%)	54 (22.7%)	46 (19.3%)	21 (8.8%)	103 (43.3%)	135 (56.7%)
	合計	422 (8.9%)	1348 (28.3%)	1626 (34.2%)	897 (18.9%)	372 (7.8%)	92 (1.9%)	3004 (63.2%)	1747 (36.8%)
合計	-39	38 (6.6%)	167 (29.1%)	233 (40.7%)	83 (14.5%)	40 (7.0%)	12 (2.1%)	425 (74.3%)	147 (25.7%)
	40-44	26 (7.0%)	137 (36.6%)	127 (34.0%)	65 (17.4%)	16 (4.3%)	3 (0.8%)	269 (72.1%)	104 (27.9%)
	45-49	29 (8.1%)	129 (35.8%)	140 (38.9%)	51 (14.2%)	10 (2.8%)	1 (0.3%)	241 (67.3%)	117 (32.7%)
	50-54	53 (11.8%)	152 (33.8%)	158 (35.1%)	69 (15.3%)	14 (3.1%)	4 (0.9%)	294 (65.2%)	157 (34.8%)
	55-59	49 (7.2%)	226 (33.0%)	254 (37.1%)	126 (18.4%)	24 (3.5%)	6 (0.9%)	469 (68.6%)	215 (31.4%)
	60-64	104 (7.8%)	378 (28.5%)	477 (35.9%)	275 (20.7%)	86 (6.5%)	8 (0.6%)	822 (62.0%)	504 (38.0%)
	65-69	79 (6.5%)	285 (23.5%)	421 (34.7%)	261 (21.5%)	137 (11.3%)	31 (2.6%)	664 (54.7%)	549 (45.3%)
	70-74	111 (8.3%)	254 (19.0%)	409 (30.6%)	335 (25.1%)	177 (13.2%)	51 (3.8%)	628 (47.0%)	709 (53.0%)
	75-79	68 (8.2%)	145 (17.4%)	200 (24.0%)	233 (27.9%)	141 (16.9%)	47 (5.6%)	372 (44.7%)	460 (55.3%)
	80-	29 (6.6%)	60 (13.6%)	111 (25.1%)	103 (23.3%)	93 (21.0%)	46 (10.4%)	184 (41.6%)	258 (58.4%)
	合計	586 (7.7%)	1933 (25.4%)	2530 (33.3%)	1601 (21.1%)	738 (9.7%)	209 (2.8%)	4368 (57.6%)	3220 (42.4%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	95 (68.8%)	27 (19.6%)	15 (10.9%)	1 (0.7%)	137 (80.6%)	25 (14.7%)	6 (3.5%)	2 (1.2%)	123 (72.4%)	41 (24.1%)	5 (2.9%)	1 (0.6%)
	40-44	58 (66.7%)	23 (26.4%)	4 (4.6%)	2 (2.3%)	100 (77.5%)	23 (17.8%)	6 (4.7%)	0 (0.0%)	85 (65.9%)	31 (24.0%)	11 (8.5%)	2 (1.6%)
	45-49	46 (63.9%)	20 (27.8%)	4 (5.6%)	2 (2.8%)	96 (78.0%)	23 (18.7%)	3 (2.4%)	1 (0.8%)	83 (67.5%)	34 (27.6%)	6 (4.9%)	0 (0.0%)
	50-54	42 (49.4%)	31 (36.5%)	9 (10.6%)	3 (3.5%)	106 (72.1%)	29 (19.7%)	12 (8.2%)	0 (0.0%)	91 (61.9%)	45 (30.6%)	11 (7.5%)	0 (0.0%)
	55-59	82 (65.1%)	34 (27.0%)	10 (7.9%)	0 (0.0%)	151 (74.4%)	42 (20.7%)	10 (4.9%)	0 (0.0%)	101 (49.5%)	92 (45.1%)	10 (4.9%)	1 (0.5%)
	60-64	144 (62.6%)	69 (30.0%)	15 (6.5%)	2 (0.9%)	327 (75.0%)	91 (20.9%)	17 (3.9%)	1 (0.2%)	244 (56.0%)	153 (35.1%)	34 (7.8%)	5 (1.1%)
	65-69	120 (62.5%)	55 (28.6%)	13 (6.8%)	4 (2.1%)	358 (74.6%)	103 (21.5%)	19 (4.0%)	0 (0.0%)	268 (55.9%)	178 (37.2%)	28 (5.8%)	5 (1.0%)
	70-74	134 (62.3%)	56 (30.7%)	12 (5.8%)	3 (1.4%)	428 (75.6%)	112 (19.8%)	23 (4.1%)	3 (0.5%)	321 (56.7%)	208 (36.7%)	29 (5.1%)	8 (1.4%)
	75-79	54 (58.7%)	29 (31.5%)	9 (9.8%)	0 (0.0%)	299 (78.9%)	62 (16.4%)	14 (3.7%)	4 (1.1%)	238 (62.8%)	122 (32.2%)	14 (3.7%)	5 (1.3%)
	80-	31 (63.3%)	15 (30.6%)	3 (6.1%)	0 (0.0%)	164 (80.8%)	28 (13.6%)	11 (5.4%)	0 (0.0%)	144 (70.6%)	50 (24.5%)	8 (3.9%)	2 (1.0%)
合計	806 (62.7%)	369 (28.7%)	94 (7.3%)	17 (1.3%)	2166 (76.4%)	538 (19.0%)	121 (4.3%)	11 (0.4%)	1698 (59.9%)	954 (33.6%)	156 (5.5%)	29 (1.0%)	
女性	-39	159 (60.2%)	83 (31.4%)	17 (6.4%)	5 (1.9%)	319 (79.2%)	67 (16.6%)	16 (4.0%)	1 (0.2%)	303 (75.2%)	84 (20.8%)	14 (3.5%)	2 (0.5%)
	40-44	64 (55.7%)	39 (33.9%)	12 (10.4%)	0 (0.0%)	181 (74.2%)	56 (23.0%)	6 (2.5%)	1 (0.4%)	165 (67.3%)	73 (29.8%)	3 (1.2%)	4 (1.6%)
	45-49	62 (48.4%)	51 (39.8%)	15 (11.7%)	0 (0.0%)	178 (75.1%)	51 (21.5%)	6 (2.5%)	2 (0.8%)	160 (67.5%)	65 (27.4%)	8 (3.4%)	4 (1.7%)
	50-54	79 (53.0%)	56 (37.6%)	12 (8.1%)	2 (1.3%)	216 (71.1%)	71 (23.4%)	16 (5.3%)	1 (0.3%)	180 (59.4%)	106 (35.0%)	15 (5.0%)	2 (0.7%)
	55-59	89 (43.4%)	84 (41.0%)	30 (14.6%)	2 (1.0%)	337 (70.1%)	126 (26.2%)	18 (3.7%)	0 (0.0%)	258 (53.6%)	193 (40.1%)	22 (4.6%)	8 (1.7%)
	60-64	131 (38.8%)	145 (42.9%)	45 (13.3%)	17 (5.0%)	556 (62.4%)	293 (32.9%)	38 (4.3%)	4 (0.4%)	399 (45.0%)	416 (46.9%)	58 (6.5%)	14 (1.6%)
	65-69	123 (45.7%)	114 (42.4%)	27 (10.0%)	5 (1.9%)	472 (64.3%)	216 (29.4%)	44 (6.0%)	2 (0.3%)	344 (46.9%)	322 (43.9%)	62 (8.4%)	6 (0.8%)
	70-74	107 (43.1%)	104 (41.9%)	27 (10.9%)	10 (4.0%)	506 (65.7%)	228 (29.6%)	33 (4.3%)	3 (0.4%)	332 (43.2%)	361 (46.9%)	65 (8.5%)	11 (1.4%)
	75-79	52 (48.1%)	35 (32.4%)	18 (16.7%)	3 (2.8%)	289 (64.4%)	115 (25.6%)	38 (8.5%)	7 (1.6%)	230 (51.0%)	167 (37.0%)	45 (10.0%)	9 (2.0%)
	80-	27 (50.0%)	23 (42.6%)	4 (7.4%)	0 (0.0%)	167 (69.9%)	54 (22.6%)	15 (6.3%)	3 (1.3%)	123 (51.7%)	85 (35.7%)	26 (10.9%)	4 (1.7%)
合計	893 (47.6%)	734 (39.1%)	207 (11.0%)	44 (2.3%)	3221 (67.8%)	1277 (26.9%)	230 (4.8%)	24 (0.5%)	2494 (52.5%)	1872 (39.4%)	318 (6.7%)	64 (1.3%)	
合計	-39	254 (63.2%)	110 (27.4%)	32 (8.0%)	6 (1.5%)	456 (79.6%)	92 (16.1%)	22 (3.8%)	3 (0.5%)	426 (74.3%)	125 (21.8%)	19 (3.3%)	3 (0.5%)
	40-44	122 (60.4%)	62 (30.7%)	16 (7.9%)	2 (1.0%)	281 (75.3%)	79 (21.2%)	12 (3.2%)	1 (0.3%)	250 (66.8%)	104 (27.8%)	14 (3.7%)	6 (1.6%)
	45-49	108 (54.0%)	71 (35.5%)	19 (9.5%)	2 (1.0%)	274 (76.1%)	74 (20.6%)	9 (2.5%)	3 (0.8%)	243 (67.5%)	99 (27.5%)	14 (3.9%)	4 (1.1%)
	50-54	121 (51.7%)	87 (37.2%)	21 (9.0%)	5 (2.1%)	322 (71.4%)	100 (22.2%)	28 (6.2%)	1 (0.2%)	271 (60.2%)	151 (33.6%)	26 (5.8%)	2 (0.4%)
	55-59	171 (51.7%)	118 (35.6%)	40 (12.1%)	2 (0.6%)	488 (71.3%)	168 (24.6%)	28 (4.1%)	0 (0.0%)	359 (52.4%)	285 (41.6%)	32 (4.7%)	9 (1.3%)
	60-64	275 (48.4%)	214 (37.7%)	60 (10.6%)	19 (3.3%)	883 (66.5%)	384 (28.9%)	55 (4.1%)	5 (0.4%)	643 (48.6%)	569 (43.0%)	92 (7.0%)	19 (1.4%)
	65-69	243 (52.7%)	169 (36.7%)	40 (8.7%)	9 (2.0%)	830 (68.4%)	319 (26.3%)	63 (5.2%)	2 (0.2%)	612 (50.5%)	500 (41.2%)	90 (7.4%)	11 (0.9%)
	70-74	241 (52.1%)	170 (36.7%)	39 (8.4%)	13 (2.8%)	934 (69.9%)	340 (25.4%)	56 (4.2%)	6 (0.4%)	653 (48.9%)	569 (42.6%)	94 (7.0%)	19 (1.4%)
	75-79	106 (53.0%)	64 (32.0%)	27 (13.5%)	3 (1.5%)	588 (71.0%)	177 (21.4%)	52 (6.3%)	11 (1.3%)	468 (56.4%)	289 (34.8%)	59 (7.1%)	14 (1.7%)
	80-	58 (56.3%)	38 (36.9%)	7 (6.8%)	0 (0.0%)	331 (74.9%)	82 (18.6%)	26 (5.9%)	3 (0.7%)	267 (60.4%)	135 (30.5%)	34 (7.7%)	6 (1.4%)
合計	1699 (53.7%)	1103 (34.9%)	301 (9.5%)	61 (1.9%)	5387 (71.0%)	1815 (23.9%)	351 (4.6%)	35 (0.5%)	4192 (55.3%)	2826 (37.3%)	474 (6.2%)	93 (1.2%)	

## 4) 総睡眠時間は？

## 5) 全体的な睡眠の質は？

## 6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減った	かなり減った	非常に減った
男性	-39	78 (45.9%)	82 (48.2%)	8 (4.7%)	2 (1.2%)	76 (44.7%)	76 (44.7%)	17 (10.0%)	1 (0.6%)	123 (72.4%)	39 (22.9%)	4 (2.4%)	4 (2.4%)
	40-44	61 (47.3%)	54 (41.9%)	14 (10.9%)	0 (0.0%)	56 (43.4%)	62 (48.1%)	11 (8.5%)	0 (0.0%)	85 (66.4%)	34 (26.6%)	7 (5.5%)	2 (1.6%)
	45-49	69 (56.1%)	47 (38.2%)	7 (5.7%)	0 (0.0%)	61 (50.0%)	54 (44.3%)	7 (5.7%)	0 (0.0%)	89 (72.4%)	30 (24.4%)	2 (1.6%)	2 (1.6%)
	50-54	81 (55.1%)	56 (38.1%)	10 (6.8%)	0 (0.0%)	70 (47.6%)	61 (41.5%)	16 (10.9%)	0 (0.0%)	102 (69.9%)	35 (24.0%)	7 (4.8%)	2 (1.4%)
	55-59	109 (53.4%)	86 (42.2%)	9 (4.4%)	0 (0.0%)	97 (47.5%)	90 (44.1%)	16 (7.8%)	1 (0.5%)	140 (68.6%)	52 (25.5%)	9 (4.4%)	3 (1.5%)
	60-64	287 (65.8%)	135 (31.0%)	13 (3.0%)	1 (0.2%)	264 (60.4%)	149 (34.1%)	23 (5.3%)	1 (0.2%)	327 (75.0%)	96 (22.0%)	13 (3.0%)	0 (0.0%)
	65-69	347 (72.3%)	120 (25.0%)	13 (2.7%)	0 (0.0%)	309 (64.4%)	150 (31.3%)	17 (3.5%)	4 (0.8%)	391 (81.5%)	77 (16.0%)	8 (1.7%)	4 (0.8%)
	70-74	431 (76.1%)	117 (20.7%)	17 (3.0%)	1 (0.2%)	404 (71.6%)	136 (24.1%)	21 (3.7%)	3 (0.5%)	461 (81.6%)	93 (16.5%)	10 (1.8%)	1 (0.2%)
	75-79	299 (78.7%)	73 (19.2%)	7 (1.8%)	1 (0.3%)	281 (74.1%)	87 (23.0%)	10 (2.6%)	1 (0.3%)	325 (86.0%)	46 (12.2%)	7 (1.9%)	0 (0.0%)
	80-	165 (81.3%)	31 (15.3%)	7 (3.4%)	0 (0.0%)	163 (80.3%)	32 (15.8%)	7 (3.4%)	1 (0.5%)	174 (86.6%)	20 (10.0%)	7 (3.5%)	0 (0.0%)
合計	1927 (67.9%)	801 (28.2%)	105 (3.7%)	5 (0.2%)	1781 (62.8%)	897 (31.6%)	145 (5.1%)	12 (0.4%)	2217 (78.3%)	522 (18.4%)	74 (2.6%)	18 (0.6%)	
女性	-39	204 (50.6%)	174 (43.2%)	24 (6.0%)	1 (0.2%)	173 (42.9%)	187 (46.4%)	41 (10.2%)	2 (0.5%)	285 (71.3%)	91 (22.8%)	21 (5.3%)	3 (0.8%)
	40-44	103 (42.0%)	127 (51.8%)	15 (6.1%)	0 (0.0%)	104 (42.4%)	120 (49.0%)	20 (8.2%)	1 (0.4%)	153 (62.7%)	71 (29.1%)	17 (7.0%)	3 (1.2%)
	45-49	103 (43.5%)	121 (51.1%)	13 (5.5%)	0 (0.0%)	100 (42.6%)	117 (49.8%)	18 (7.7%)	0 (0.0%)	149 (62.9%)	78 (32.9%)	8 (3.4%)	2 (0.8%)
	50-54	135 (44.6%)	151 (49.8%)	17 (5.6%)	0 (0.0%)	128 (42.2%)	155 (51.2%)	19 (6.3%)	1 (0.3%)	176 (57.9%)	109 (35.9%)	16 (5.3%)	3 (1.0%)
	55-59	249 (51.8%)	217 (45.1%)	14 (2.9%)	1 (0.2%)	230 (47.8%)	225 (46.8%)	24 (5.0%)	2 (0.4%)	297 (61.7%)	166 (34.5%)	17 (3.5%)	1 (0.2%)
	60-64	481 (54.0%)	361 (40.6%)	44 (4.9%)	4 (0.4%)	419 (47.2%)	413 (46.6%)	51 (5.7%)	4 (0.5%)	542 (61.2%)	304 (34.3%)	39 (4.4%)	1 (0.1%)
	65-69	428 (58.2%)	268 (36.5%)	36 (4.9%)	3 (0.4%)	396 (53.9%)	297 (40.4%)	40 (5.4%)	2 (0.3%)	493 (67.3%)	210 (28.6%)	27 (3.7%)	3 (0.4%)
	70-74	474 (61.6%)	257 (33.4%)	35 (4.6%)	3 (0.4%)	452 (58.8%)	275 (35.8%)	38 (4.9%)	4 (0.5%)	568 (74.3%)	153 (20.0%)	38 (5.0%)	5 (0.7%)
	75-79	297 (65.7%)	127 (28.1%)	25 (5.5%)	3 (0.7%)	278 (61.5%)	144 (31.9%)	27 (6.0%)	3 (0.7%)	331 (73.7%)	96 (21.4%)	18 (4.0%)	4 (0.9%)
	80-	171 (71.5%)	56 (23.4%)	10 (4.2%)	2 (0.8%)	158 (66.4%)	64 (26.9%)	14 (5.9%)	2 (0.8%)	187 (78.2%)	43 (18.0%)	9 (3.8%)	0 (0.0%)
合計	2645 (55.6%)	1859 (39.1%)	233 (4.9%)	17 (0.4%)	2438 (51.3%)	1997 (42.1%)	292 (6.1%)	21 (0.4%)	3181 (67.2%)	1321 (27.9%)	210 (4.4%)	25 (0.5%)	
合計	-39	282 (49.2%)	256 (44.7%)	32 (5.6%)	3 (0.5%)	249 (43.5%)	263 (45.9%)	58 (10.1%)	3 (0.5%)	408 (71.6%)	130 (22.8%)	25 (4.4%)	7 (1.2%)
	40-44	164 (43.9%)	181 (48.4%)	29 (7.8%)	0 (0.0%)	160 (42.8%)	182 (48.7%)	31 (8.3%)	1 (0.3%)	238 (64.0%)	105 (28.2%)	24 (6.5%)	5 (1.3%)
	45-49	172 (47.8%)	168 (46.7%)	20 (5.6%)	0 (0.0%)	161 (45.1%)	171 (47.9%)	25 (7.0%)	0 (0.0%)	238 (66.1%)	108 (30.0%)	10 (2.8%)	4 (1.1%)
	50-54	216 (48.0%)	207 (46.0%)	27 (6.0%)	0 (0.0%)	198 (44.0%)	216 (48.0%)	35 (7.8%)	1 (0.2%)	278 (61.8%)	144 (32.0%)	23 (5.1%)	5 (1.1%)
	55-59	358 (52.3%)	303 (44.2%)	23 (3.4%)	1 (0.1%)	327 (47.7%)	315 (46.0%)	40 (5.8%)	3 (0.4%)	437 (63.8%)	218 (31.8%)	26 (3.8%)	4 (0.6%)
	60-64	768 (57.9%)	496 (37.4%)	57 (4.3%)	5 (0.4%)	683 (51.6%)	562 (42.4%)	74 (5.6%)	5 (0.4%)	869 (65.7%)	400 (30.3%)	52 (3.9%)	1 (0.1%)
	65-69	775 (63.8%)	388 (31.9%)	49 (4.0%)	3 (0.2%)	705 (58.0%)	447 (36.8%)	57 (4.7%)	6 (0.5%)	884 (72.9%)	287 (23.7%)	35 (2.9%)	7 (0.6%)
	70-74	905 (67.8%)	374 (28.0%)	52 (3.9%)	4 (0.3%)	856 (64.2%)	411 (30.8%)	59 (4.4%)	7 (0.5%)	1029 (77.4%)	246 (18.5%)	48 (3.6%)	6 (0.5%)
	75-79	596 (71.6%)	200 (24.0%)	32 (3.8%)	4 (0.5%)	559 (67.3%)	231 (27.6%)	37 (4.5%)	4 (0.5%)	656 (79.3%)	142 (17.2%)	25 (3.0%)	4 (0.5%)
	80-	336 (76.0%)	87 (19.7%)	17 (3.8%)	2 (0.5%)	321 (72.8%)	96 (21.8%)	21 (4.8%)	3 (0.7%)	361 (82.0%)	53 (14.3%)	16 (3.6%)	0 (0.0%)
合計	4572 (60.2%)	2660 (35.0%)	338 (4.5%)	22 (0.3%)	4219 (55.6%)	2894 (38.2%)	437 (5.8%)	33 (0.4%)	5398 (71.3%)	1843 (24.4%)	284 (3.8%)	43 (0.6%)	

## 7) 日中の活動について(身体的及び精神的)

## 8) 日中の眠気について

		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	18 (10.6%)	127 (74.7%)	16 (9.4%)	6 (3.5%)	3 (1.8%)	36 (21.2%)	122 (71.8%)	10 (5.9%)	2 (1.2%)
	40-44	17 (13.2%)	85 (65.9%)	17 (13.2%)	8 (6.2%)	2 (1.6%)	32 (24.8%)	87 (67.4%)	10 (7.8%)	0 (0.0%)
	45-49	18 (14.6%)	78 (63.4%)	20 (16.3%)	5 (4.1%)	2 (1.6%)	25 (20.3%)	92 (74.8%)	6 (4.9%)	0 (0.0%)
	50-54	17 (11.6%)	89 (61.0%)	30 (20.5%)	10 (6.8%)	0 (0.0%)	40 (27.2%)	101 (68.7%)	5 (3.4%)	1 (0.7%)
	55-59	27 (13.3%)	122 (60.1%)	38 (18.7%)	11 (5.4%)	5 (2.5%)	52 (25.5%)	142 (69.6%)	10 (4.9%)	0 (0.0%)
	60-64	36 (8.2%)	286 (65.4%)	80 (18.3%)	29 (6.6%)	6 (1.4%)	144 (33.0%)	274 (62.7%)	19 (4.3%)	0 (0.0%)
	65-69	40 (8.4%)	332 (69.3%)	85 (17.7%)	19 (4.0%)	3 (0.6%)	145 (30.2%)	323 (67.3%)	11 (2.3%)	1 (0.2%)
	70-74	28 (5.0%)	397 (70.4%)	102 (18.1%)	31 (5.5%)	6 (1.1%)	173 (30.6%)	379 (67.0%)	14 (2.5%)	0 (0.0%)
	75-79	28 (7.4%)	254 (67.0%)	80 (21.1%)	11 (2.9%)	6 (1.6%)	129 (33.9%)	242 (63.7%)	9 (2.4%)	0 (0.0%)
	80-	6 (2.9%)	138 (67.6%)	40 (19.6%)	15 (7.4%)	5 (2.5%)	57 (28.2%)	134 (66.3%)	11 (5.4%)	0 (0.0%)
	合計	235 (8.3%)	1908 (67.3%)	508 (17.9%)	145 (5.1%)	38 (1.3%)	833 (29.4%)	1896 (68.8%)	105 (3.7%)	4 (0.1%)
女性	-39	49 (12.2%)	289 (71.7%)	43 (10.7%)	19 (4.7%)	3 (0.7%)	70 (17.4%)	287 (71.2%)	42 (10.4%)	4 (1.0%)
	40-44	39 (16.0%)	146 (59.8%)	44 (18.0%)	11 (4.5%)	4 (1.6%)	39 (15.9%)	181 (73.9%)	25 (10.2%)	0 (0.0%)
	45-49	43 (18.1%)	138 (58.2%)	43 (18.1%)	12 (5.1%)	1 (0.4%)	35 (14.8%)	178 (75.1%)	23 (9.7%)	1 (0.4%)
	50-54	48 (15.8%)	165 (54.5%)	66 (21.8%)	20 (6.6%)	4 (1.3%)	44 (14.5%)	230 (75.7%)	30 (9.9%)	0 (0.0%)
	55-59	72 (15.0%)	279 (58.0%)	101 (21.0%)	26 (5.4%)	3 (0.6%)	86 (17.9%)	382 (79.4%)	12 (2.5%)	1 (0.2%)
	60-64	114 (12.9%)	492 (55.5%)	228 (25.7%)	50 (5.6%)	3 (0.3%)	198 (22.3%)	655 (73.7%)	36 (4.0%)	0 (0.0%)
	65-69	82 (11.2%)	431 (58.6%)	194 (26.4%)	23 (3.1%)	5 (0.7%)	161 (21.9%)	541 (73.6%)	33 (4.5%)	0 (0.0%)
	70-74	51 (6.6%)	488 (63.6%)	175 (22.8%)	44 (5.7%)	9 (1.2%)	187 (24.3%)	556 (72.2%)	26 (3.4%)	1 (0.1%)
	75-79	39 (8.6%)	274 (60.8%)	105 (23.3%)	29 (6.4%)	4 (0.9%)	121 (26.8%)	315 (69.7%)	16 (3.5%)	0 (0.0%)
	80-	12 (5.0%)	160 (66.9%)	41 (17.2%)	24 (10.0%)	2 (0.8%)	63 (26.4%)	165 (69.0%)	10 (4.2%)	1 (0.4%)
	合計	549 (11.6%)	2862 (60.3%)	1040 (21.9%)	258 (5.4%)	38 (0.8%)	1004 (21.1%)	3490 (73.4%)	253 (5.3%)	8 (0.2%)
合計	-39	67 (11.7%)	416 (72.6%)	59 (10.3%)	25 (4.4%)	6 (1.0%)	106 (18.5%)	409 (71.4%)	52 (9.1%)	6 (1.0%)
	40-44	56 (15.0%)	231 (61.9%)	61 (16.4%)	19 (5.1%)	6 (1.6%)	71 (19.0%)	268 (71.7%)	35 (9.4%)	0 (0.0%)
	45-49	61 (16.9%)	216 (60.0%)	63 (17.5%)	17 (4.7%)	3 (0.8%)	60 (16.7%)	270 (75.0%)	29 (8.1%)	1 (0.3%)
	50-54	65 (14.5%)	254 (56.6%)	96 (21.4%)	30 (6.7%)	4 (0.9%)	84 (18.6%)	331 (73.4%)	35 (7.8%)	1 (0.2%)
	55-59	99 (14.5%)	401 (58.6%)	139 (20.3%)	37 (5.4%)	8 (1.2%)	138 (20.1%)	524 (76.5%)	22 (3.2%)	1 (0.1%)
	60-64	150 (11.3%)	778 (58.8%)	308 (23.3%)	79 (6.0%)	9 (0.7%)	342 (25.8%)	929 (70.1%)	55 (4.1%)	0 (0.0%)
	65-69	122 (10.0%)	763 (62.9%)	279 (23.0%)	42 (3.5%)	8 (0.7%)	306 (25.2%)	864 (71.1%)	44 (3.6%)	1 (0.1%)
	70-74	79 (5.9%)	885 (66.5%)	277 (20.8%)	75 (5.6%)	15 (1.1%)	360 (26.9%)	935 (70.0%)	40 (3.0%)	1 (0.1%)
	75-79	67 (8.1%)	528 (63.6%)	185 (22.3%)	40 (4.8%)	10 (1.2%)	250 (30.0%)	557 (66.9%)	25 (3.0%)	0 (0.0%)
	80-	18 (4.1%)	298 (67.3%)	81 (18.3%)	39 (8.8%)	7 (1.6%)	120 (27.2%)	299 (67.8%)	21 (4.8%)	1 (0.2%)
	合計	784 (10.3%)	4770 (62.9%)	1548 (20.4%)	403 (5.3%)	76 (1.0%)	1837 (24.2%)	5386 (70.9%)	358 (4.7%)	12 (0.2%)

【6】人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は  
何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は  
何人いますか。

3) 個人的なことで、気兼ねなく話せる親戚や兄弟は  
何人いますか。

4) 個人的なことで、気兼ねなく話せる友人は  
何人いますか。

		1)						2)						3)						4)					
		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上
男性	-39	24 (14.1%)	39 (22.9%)	33 (19.4%)	44 (25.9%)	22 (12.9%)	8 (4.7%)	25 (14.7%)	29 (17.1%)	42 (24.7%)	38 (22.4%)	16 (9.4%)	20 (11.8%)	38 (22.4%)	46 (27.1%)	44 (25.9%)	36 (21.2%)	5 (2.9%)	1 (0.6%)	28 (22.4%)	35 (27.1%)	48 (25.9%)	44 (21.2%)	8 (2.9%)	6 (0.6%)
	40-44	16 (12.4%)	45 (34.9%)	29 (22.5%)	31 (24.0%)	6 (4.7%)	2 (1.6%)	26 (20.3%)	33 (25.8%)	25 (19.5%)	19 (14.8%)	16 (12.9%)	9 (7.0%)	27 (20.9%)	39 (30.2%)	38 (29.5%)	24 (18.6%)	1 (0.8%)	0 (0.0%)	32 (20.9%)	30 (30.2%)	35 (29.5%)	22 (18.6%)	7 (0.8%)	3 (0.0%)
	45-49	16 (13.0%)	21 (17.1%)	35 (29.3%)	28 (22.8%)	19 (15.4%)	3 (2.4%)	25 (20.3%)	26 (21.1%)	23 (18.7%)	28 (22.8%)	11 (8.9%)	10 (8.1%)	26 (21.1%)	32 (26.0%)	33 (26.8%)	19 (15.4%)	11 (8.9%)	2 (1.6%)	36 (21.1%)	24 (26.0%)	26 (26.8%)	24 (15.4%)	9 (8.9%)	4 (1.6%)
	50-54	22 (15.0%)	36 (24.9%)	33 (22.4%)	43 (29.3%)	11 (7.5%)	2 (1.4%)	29 (19.9%)	38 (26.0%)	30 (20.5%)	28 (19.2%)	15 (10.3%)	6 (4.1%)	27 (18.4%)	45 (30.6%)	37 (25.2%)	27 (18.4%)	9 (6.1%)	2 (1.4%)	36 (18.4%)	43 (30.6%)	36 (25.2%)	43 (18.4%)	22 (6.1%)	1 (1.4%)
	55-59	25 (12.3%)	46 (22.7%)	44 (21.7%)	59 (29.1%)	20 (9.9%)	9 (4.4%)	50 (24.6%)	48 (23.8%)	40 (19.7%)	31 (15.3%)	20 (9.9%)	14 (6.9%)	53 (15.8%)	59 (26.1%)	59 (29.1%)	48 (23.6%)	10 (4.9%)	1 (0.5%)	59 (15.8%)	43 (26.1%)	58 (29.1%)	25 (23.6%)	14 (4.9%)	4 (0.5%)
	60-64	36 (8.3%)	68 (15.6%)	96 (22.1%)	139 (32.0%)	69 (15.9%)	27 (6.2%)	71 (16.4%)	76 (17.6%)	117 (27.0%)	97 (22.4%)	46 (10.6%)	26 (6.0%)	91 (12.9%)	121 (21.0%)	121 (27.9%)	110 (25.3%)	41 (9.4%)	15 (3.5%)	104 (12.9%)	98 (21.0%)	112 (27.9%)	90 (25.3%)	19 (9.4%)	11 (3.5%)
	65-69	36 (7.5%)	67 (14.0%)	116 (24.2%)	126 (26.3%)	89 (18.6%)	45 (9.4%)	79 (16.5%)	68 (14.2%)	112 (23.4%)	102 (21.3%)	66 (13.8%)	52 (10.9%)	87 (9.2%)	137 (18.2%)	137 (28.7%)	112 (23.5%)	70 (14.7%)	27 (5.7%)	94 (9.2%)	103 (18.2%)	118 (28.7%)	93 (23.5%)	42 (14.7%)	27 (5.7%)
	70-74	27 (4.8%)	83 (14.7%)	140 (24.7%)	167 (29.5%)	107 (18.9%)	42 (7.4%)	75 (13.3%)	104 (18.5%)	154 (27.4%)	109 (19.4%)	66 (11.7%)	55 (9.8%)	109 (7.3%)	169 (19.4%)	169 (30.0%)	137 (24.3%)	76 (13.5%)	31 (5.5%)	107 (7.3%)	141 (19.4%)	166 (30.0%)	80 (24.3%)	36 (13.5%)	31 (5.5%)
	75-79	25 (6.6%)	60 (15.8%)	80 (21.1%)	102 (26.8%)	75 (19.7%)	38 (10.0%)	58 (15.4%)	65 (17.3%)	94 (25.0%)	78 (20.7%)	47 (12.5%)	34 (9.0%)	59 (9.2%)	103 (15.5%)	103 (27.1%)	99 (26.1%)	54 (14.2%)	30 (7.9%)	89 (9.2%)	77 (15.5%)	84 (27.1%)	63 (26.1%)	47 (14.2%)	15 (7.9%)
	80-	23 (11.3%)	25 (12.3%)	38 (18.7%)	52 (25.6%)	42 (20.7%)	23 (11.3%)	48 (23.8%)	33 (16.3%)	48 (23.8%)	32 (15.8%)	23 (11.4%)	18 (8.9%)	42 (10.8%)	31 (15.3%)	42 (20.7%)	56 (27.6%)	36 (17.7%)	16 (7.9%)	56 (10.8%)	43 (15.3%)	46 (20.7%)	30 (27.6%)	17 (17.7%)	8 (7.9%)
合計	250 (8.8%)	490 (17.3%)	545 (22.8%)	791 (27.9%)	460 (16.2%)	199 (7.0%)	486 (17.2%)	520 (18.4%)	685 (24.3%)	562 (18.9%)	326 (11.5%)	244 (8.6%)	348 (12.3%)	592 (20.9%)	783 (27.9%)	668 (23.6%)	313 (11.1%)	125 (4.4%)	641 (12.3%)	637 (20.9%)	729 (27.9%)	493 (23.6%)	208 (11.1%)	110 (4.4%)	
女性	-39	40 (9.9%)	90 (22.3%)	108 (26.8%)	119 (29.5%)	52 (7.9%)	14 (3.5%)	98 (15.4%)	121 (21.8%)	119 (22.8%)	119 (29.5%)	19 (5.7%)	14 (4.7%)	127 (13.6%)	155 (31.5%)	147 (29.8%)	120 (18.4%)	17 (4.2%)	10 (2.5%)	108 (13.6%)	116 (31.5%)	116 (29.8%)	103 (18.4%)	17 (4.2%)	12 (2.5%)
	40-44	22 (9.0%)	53 (21.6%)	65 (26.5%)	82 (33.5%)	15 (6.1%)	8 (3.3%)	40 (16.3%)	48 (19.8%)	67 (27.3%)	59 (24.1%)	18 (7.3%)	13 (5.3%)	75 (15.6%)	75 (30.7%)	67 (27.5%)	57 (23.4%)	4 (1.6%)	3 (1.2%)	60 (15.6%)	72 (30.7%)	72 (27.5%)	59 (23.4%)	14 (1.6%)	3 (1.2%)
	45-49	16 (6.8%)	54 (22.8%)	65 (27.4%)	72 (30.4%)	23 (9.7%)	7 (3.0%)	39 (16.5%)	53 (22.4%)	66 (27.8%)	52 (21.9%)	19 (8.0%)	8 (3.4%)	70 (13.5%)	57 (29.5%)	61 (24.1%)	61 (25.7%)	12 (5.1%)	2 (2.1%)	59 (13.5%)	71 (29.5%)	71 (24.1%)	58 (25.7%)	13 (5.1%)	2 (2.1%)
	50-54	22 (7.2%)	61 (20.1%)	63 (20.7%)	100 (32.9%)	52 (17.1%)	6 (2.0%)	69 (22.7%)	66 (21.7%)	79 (26.0%)	60 (19.7%)	20 (6.6%)	10 (3.3%)	70 (11.9%)	93 (23.1%)	93 (30.7%)	85 (28.1%)	17 (5.6%)	2 (0.7%)	74 (11.9%)	74 (30.7%)	75 (28.1%)	74 (28.1%)	8 (5.6%)	2 (0.7%)
	55-59	21 (4.4%)	70 (14.6%)	123 (25.6%)	163 (34.0%)	80 (16.7%)	23 (4.8%)	88 (18.4%)	109 (22.8%)	137 (28.6%)	85 (17.7%)	42 (8.8%)	18 (3.8%)	112 (9.4%)	155 (23.3%)	126 (32.2%)	96 (26.2%)	36 (7.5%)	7 (1.5%)	104 (9.4%)	141 (23.3%)	141 (32.2%)	73 (26.2%)	16 (7.5%)	5 (1.5%)
	60-64	41 (4.6%)	125 (14.0%)	213 (23.9%)	305 (34.3%)	164 (18.4%)	42 (4.7%)	117 (13.2%)	194 (21.9%)	230 (26.0%)	206 (11.7%)	104 (4.0%)	35 (7.8%)	208 (23.4%)	269 (30.3%)	239 (26.9%)	186 (9.7%)	17 (1.9%)	247 (7.8%)	249 (30.3%)	249 (26.9%)	153 (9.7%)	45 (1.9%)	11 (7.8%)	
	65-69	30 (4.1%)	79 (10.7%)	165 (22.4%)	238 (32.4%)	152 (20.7%)	71 (9.7%)	75 (10.2%)	122 (16.8%)	218 (29.7%)	146 (19.9%)	103 (14.0%)	70 (9.5%)	138 (5.5%)	213 (18.9%)	213 (29.1%)	201 (14.3%)	105 (4.8%)	35 (4.8%)	128 (5.5%)	190 (18.9%)	210 (29.1%)	124 (27.5%)	57 (14.3%)	22 (4.8%)
	70-74	37 (4.8%)	90 (11.7%)	132 (23.7%)	247 (32.1%)	144 (18.7%)	69 (9.0%)	70 (9.1%)	141 (18.3%)	209 (27.2%)	189 (24.6%)	101 (13.1%)	59 (7.7%)	177 (6.6%)	225 (23.0%)	198 (29.2%)	186 (24.1%)	91 (11.8%)	41 (5.3%)	117 (6.6%)	230 (23.0%)	223 (29.2%)	130 (24.1%)	47 (11.8%)	21 (5.3%)
	75-79	16 (3.5%)	50 (11.0%)	108 (23.7%)	132 (29.1%)	105 (23.1%)	43 (9.5%)	39 (8.6%)	77 (17.0%)	133 (29.4%)	110 (24.3%)	58 (12.8%)	36 (7.9%)	88 (4.4%)	124 (19.4%)	124 (28.9%)	88 (27.3%)	19 (15.9%)	7 (4.2%)	74 (4.4%)	119 (19.4%)	134 (28.9%)	92 (4.2%)	25 (15.9%)	7 (4.2%)
	80-	25 (10.5%)	32 (13.4%)	54 (22.6%)	68 (28.5%)	47 (19.7%)	13 (5.4%)	23 (9.6%)	42 (17.8%)	72 (30.1%)	58 (24.3%)	35 (14.6%)	9 (3.8%)	44 (11.3%)	60 (18.5%)	60 (25.2%)	44 (26.2%)	13 (14.3%)	13 (5.5%)	49 (11.3%)	62 (18.5%)	53 (25.2%)	45 (26.2%)	20 (14.3%)	7 (5.5%)
合計	270 (5.7%)	704 (14.8%)	1146 (24.1%)	1526 (32.1%)	814 (17.1%)	296 (6.2%)	622 (13.1%)	940 (19.8%)	1303 (27.4%)	1084 (22.8%)	523 (11.0%)	277 (5.8%)	413 (8.7%)	1109 (23.3%)	1390 (25.5%)	1213 (25.5%)	474 (10.0%)	152 (3.2%)	845 (8.7%)	1290 (23.3%)	1344 (25.5%)	911 (25.5%)	262 (10.0%)	92 (3.2%)	
合計	-39	64 (11.2%)	129 (22.5%)	141 (24.6%)	163 (28.4%)	54 (9.4%)	22 (3.8%)	87 (15.2%)	117 (20.4%)	134 (27.4%)	157 (27.4%)	39 (6.8%)	39 (6.8%)	93 (16.2%)	173 (30.2%)	164 (28.6%)	110 (19.2%)	22 (3.8%)	11 (1.9%)	75 (16.2%)	143 (30.2%)	164 (28.6%)	147 (19.2%)	25 (3.8%)	18 (1.9%)
	40-44	38 (10.2%)	98 (26.2%)	94 (25.1%)	113 (30.2%)	21 (5.6%)	10 (2.7%)	66 (17.7%)	81 (21.7%)	92 (24.7%)	78 (20.9%)	34 (9.1%)	22 (5.9%)	65 (17.4%)	114 (30.6%)	105 (28.2%)	81 (21.7%)	5 (1.3%)	3 (0.8%)	68 (17.4%)	90 (30.6%)	107 (28.2%)	81 (21.7%)	21 (1.3%)	6 (0.8%)
	45-49	32 (8.9%)	75 (20.8%)	101 (28.1%)	100 (27.8%)	42 (11.7%)	10 (2.8%)	64 (17.8%)	79 (21.9%)	89 (24.7%)	80 (22.2%)	30 (8.3%)	18 (5.0%)	58 (16.1%)	102 (28.3%)	90 (25.0%)	80 (22.2%)	23 (6.4%)	7 (1.9%)	70 (16.1%)	83 (28.3%)	97 (25.0%)	82 (22.2%)	22 (6.4%)	6 (1.9%)
	50-54	44 (9.8%)	97 (21.3%)	96 (21.3%)	143 (31.7%)	63 (14.0%)	8 (1.8%)	98 (21.8%)	104 (23.1%)	109 (24.2%)	88 (19.6%)	35 (7.8%)	16 (3.6%)	63 (14.0%)	115 (25.6%)	130 (28.9%)	112 (24.9%)	26 (5.8%)	4 (0.9%)	107 (14.0%)	117 (25.6%)	111 (28.9%)	96 (24.9%)	17 (5.8%)	3 (0.9%)
	55-59	46 (6.7%)	116 (17.0%)	167 (24.5%)	222 (32.5%)	100 (14.6%)	32 (4.7%)	138 (20.2%)	157 (23.0%)	177 (26.0%)	117 (17.0%)	62 (9.1%)	32 (4.7%)	165 (11.3%)	214 (24.1%)	174 (31.3%)	124 (25.4%)	46 (6.7%)	8 (1.2%)	163 (11.3%)	194 (24.1%)	199 (31.3%)	138 (25.4%)	30 (6.7%)	9 (1.2%)
	60-64	77 (5.8%)	193 (14.6%)	309 (23.3%)	444 (33.5%)	233 (17.6%)	69 (5.2%)	188 (14.3%)	270 (20.5%)	347 (26.3%)	303 (23.0%)	150 (11.4%)	61 (4.6%)	125 (9.5%)	299 (22.6%)	390 (29.5%)	349 (26.4%)	127 (9.6%)	32 (2.4%)	289 (9.5%)	345 (22.6%)	361 (29.5%)	243 (26.4%)	64 (9.6%)	22 (2.4%)
	65-69	66 (5.4%)	146 (12.0%)	281 (23.1%)	364 (30.0%)	241 (19.9%)	116 (9.6%)	154 (12.7%)	190 (15.7%)	330 (27.2%)	248 (20.4%)	169 (13.9%)	122 (10.1%)	84 (6.9%)	225 (18.6%)	350 (28.9%)	313 (25.9%)	175 (14.5%)	62 (5.1%)	222 (6.9%)	293 (18.6%)	328 (28.9%)	217 (25.9%)	99 (14.5%)	49 (5.1%)
	70-74	64 (4.8%)	173 (13.0%)	322 (24.1%)	414 (31.0%)	251 (18.8%)	111 (8.3%)	145 (10.9%)	245 (18.4%)	363 (27.3%)	298 (22.4%)	167 (12.5%)	114 (8.6%)	92 (6.9%)	286 (21.4%)	394 (29.5%)	323 (24.2%)	167 (12.5%)	72 (5.4%)	224 (6.9%)	371 (21.4%)	389 (29.5%)	210 (24.2%)	83 (12.5%)	52 (5.4%)
	75-79	41 (4.9%)	110 (13.2%)	188 (22.5%)	234 (28.1%)	180 (21.6%)	81 (9.7%)	97 (11.7%)	142 (17.1%)	227 (27.4%)	188 (22.7%)	105 (12.7%)	70 (8.4%)	55 (6.6%)	147 (17.6%)	234 (28.1%)	223 (26.7%)	126 (15.1%)	49 (5.9%)	163 (6.6%)	196 (17.6%)	218 (28.1%)			

5) 手助けを頼める親戚や兄弟は何人いますか。

6) 手助けを頼める友人は何人いますか。

7) まわりの人々はお互いに助け合っている。

	5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																										
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
男性																		-39	30 (17.6%)	30 (17.6%)	38 (22.4%)	53 (31.2%)	13 (7.6%)	6 (3.5%)	31 (18.2%)	33 (19.4%)	43 (25.3%)	47 (27.6%)	9 (5.3%)	7 (4.1%)	14 (8.2%)	99 (58.2%)	50 (29.4%)	5 (2.9%)	2 (1.2%)	40-44	17 (13.2%)	32 (24.8%)	38 (29.5%)	33 (25.6%)	7 (5.4%)	2 (1.6%)	31 (24.0%)	31 (24.0%)	32 (24.8%)	26 (20.2%)	6 (4.7%)	3 (2.3%)	13 (10.1%)	67 (51.9%)	45 (34.9%)	2 (1.6%)	2 (1.6%)	45-49	15 (12.2%)	16 (13.0%)	34 (27.6%)	35 (28.5%)	18 (14.6%)	5 (4.1%)	27 (22.0%)	22 (17.9%)	27 (22.0%)	29 (23.6%)	12 (9.8%)	6 (4.9%)	11 (8.9%)	69 (56.1%)	36 (29.3%)	5 (4.1%)	2 (1.6%)	50-54	10 (6.8%)	36 (24.5%)	40 (27.2%)	47 (32.0%)	12 (8.2%)	2 (1.4%)	36 (24.5%)	26 (17.7%)	36 (24.5%)	37 (25.2%)	10 (6.8%)	2 (1.4%)	10 (6.8%)	89 (60.5%)	41 (27.9%)	7 (4.8%)	0 (0.0%)	55-59	23 (11.3%)	41 (20.2%)	55 (27.1%)	56 (27.6%)	23 (11.3%)	5 (2.5%)	54 (26.6%)	38 (18.7%)	50 (24.6%)	45 (22.2%)	12 (5.9%)	4 (2.0%)	21 (10.3%)	117 (57.4%)	52 (25.5%)	10 (4.9%)	4 (2.0%)	60-64	37 (8.6%)	73 (16.9%)	112 (25.9%)	135 (31.3%)	54 (12.5%)	21 (4.9%)	97 (22.5%)	83 (19.3%)	117 (27.1%)	98 (22.7%)	22 (5.1%)	14 (3.2%)	54 (12.4%)	271 (62.3%)	87 (20.0%)	17 (3.9%)	6 (1.4%)	65-69	41 (8.6%)	76 (15.9%)	111 (23.2%)	130 (27.2%)	85 (17.8%)	35 (7.3%)	104 (21.9%)	105 (22.2%)	106 (22.4%)	97 (20.5%)	42 (8.9%)	20 (4.2%)	75 (15.6%)	281 (58.5%)	106 (22.1%)	7 (1.5%)	11 (2.3%)	70-74	39 (6.9%)	91 (16.1%)	157 (27.7%)	151 (26.7%)	90 (15.9%)	38 (6.7%)	117 (20.8%)	151 (26.8%)	124 (22.0%)	109 (19.4%)	34 (6.0%)	28 (5.0%)	112 (19.8%)	340 (60.1%)	90 (15.9%)	11 (1.9%)	13 (2.3%)	75-79	28 (7.4%)	61 (16.2%)	82 (21.8%)	105 (27.9%)	66 (17.5%)	35 (9.3%)	96 (25.5%)	86 (22.8%)	81 (21.5%)	69 (18.3%)	32 (8.5%)	13 (3.4%)	113 (29.7%)	196 (51.6%)	54 (14.2%)	9 (2.4%)	8 (2.1%)	80-	14 (6.9%)	25 (12.3%)	55 (27.1%)	54 (26.6%)	35 (17.2%)	20 (9.9%)	60 (30.5%)	45 (22.8%)	45 (22.8%)	25 (12.7%)	14 (7.1%)	8 (4.1%)	60 (29.4%)	114 (55.9%)	23 (11.3%)	4 (2.0%)	3 (1.5%)	合計	254 (9.0%)	481 (17.0%)	722 (25.5%)	799 (28.3%)	403 (14.3%)	169 (6.0%)	653 (23.2%)	620 (22.0%)	661 (23.5%)	582 (20.7%)	193 (6.9%)	105 (3.7%)	483 (17.0%)	1643 (57.9%)	584 (20.6%)	77 (2.7%)	51 (1.8%)	女性																		-39	41 (10.2%)	81 (20.1%)	111 (27.5%)	117 (29.0%)	33 (8.2%)	20 (5.0%)	83 (20.6%)	82 (20.3%)	106 (26.3%)	104 (25.8%)	17 (4.2%)	11 (2.7%)	48 (11.9%)	248 (61.5%)	92 (22.8%)	11 (2.7%)	4 (1.0%)	40-44	26 (10.6%)	43 (17.6%)	77 (31.4%)	77 (31.4%)	15 (6.1%)	7 (2.8%)	46 (18.9%)	54 (22.1%)	66 (27.0%)	60 (24.6%)	10 (4.1%)	8 (3.3%)	28 (11.4%)	140 (57.1%)	67 (27.3%)	7 (2.9%)	3 (1.2%)	45-49	24 (10.1%)	44 (18.6%)	71 (30.0%)	69 (28.1%)	22 (9.3%)	7 (3.0%)	46 (19.4%)	54 (22.8%)	65 (27.4%)	63 (26.6%)	8 (3.4%)	1 (0.4%)	24 (10.1%)	146 (61.6%)	57 (24.1%)	8 (3.4%)	2 (0.8%)	50-54	21 (6.9%)	64 (21.1%)	70 (23.1%)	103 (34.0%)	36 (11.9%)	9 (3.0%)	89 (29.4%)	76 (25.1%)	68 (22.4%)	50 (16.5%)	13 (4.3%)	7 (2.3%)	36 (11.8%)	198 (65.1%)	62 (20.4%)	6 (2.0%)	2 (0.7%)	55-59	38 (7.9%)	102 (21.2%)	121 (25.2%)	150 (31.2%)	53 (11.0%)	17 (3.5%)	144 (30.0%)	134 (27.9%)	120 (25.0%)	63 (13.1%)	11 (2.3%)	8 (1.7%)	57 (11.9%)	291 (60.6%)	115 (24.0%)	14 (2.9%)	3 (0.6%)	60-64	71 (8.0%)	162 (18.2%)	239 (26.9%)	265 (28.8%)	107 (12.0%)	44 (5.0%)	216 (24.5%)	230 (26.1%)	234 (26.5%)	148 (16.8%)	40 (4.5%)	14 (1.6%)	135 (15.2%)	521 (58.5%)	195 (21.9%)	24 (2.7%)	15 (1.7%)	65-69	34 (4.6%)	126 (17.2%)	201 (27.5%)	207 (28.3%)	112 (15.3%)	52 (7.1%)	149 (20.6%)	190 (26.2%)	198 (27.3%)	122 (16.9%)	47 (6.5%)	18 (2.5%)	152 (20.7%)	433 (59.1%)	122 (16.6%)	16 (2.2%)	10 (1.4%)	70-74	56 (7.3%)	135 (17.6%)	200 (26.1%)	193 (25.2%)	138 (18.0%)	44 (5.7%)	158 (20.8%)	213 (28.1%)	213 (28.1%)	110 (14.5%)	43 (5.7%)	22 (2.9%)	214 (27.9%)	420 (54.8%)	105 (13.7%)	20 (2.6%)	8 (1.0%)	75-79	22 (4.9%)	70 (15.6%)	115 (25.6%)	131 (29.1%)	76 (16.9%)	36 (8.0%)	89 (19.7%)	114 (25.3%)	136 (30.2%)	79 (17.5%)	25 (5.5%)	8 (1.8%)	163 (36.0%)	222 (49.0%)	51 (11.3%)	7 (1.5%)	10 (2.2%)	80-	22 (9.2%)	37 (15.5%)	67 (28.2%)	56 (23.5%)	41 (17.2%)	15 (6.3%)	57 (24.1%)	58 (24.5%)	55 (23.2%)	50 (21.1%)	14 (5.9%)	3 (1.3%)	80 (33.5%)	114 (47.7%)	33 (13.8%)	8 (3.3%)	4 (1.7%)	合計	355 (7.5%)	864 (18.2%)	1272 (26.8%)	1368 (28.8%)	633 (13.3%)	251 (5.3%)	1077 (22.8%)	1205 (25.5%)	1261 (26.7%)	849 (18.0%)	228 (4.8%)	100 (2.1%)	937 (19.7%)	2733 (57.5%)	899 (18.9%)	121 (2.5%)	61 (1.3%)	合計																		-39	71 (12.4%)	111 (19.4%)	149 (26.0%)	170 (29.7%)	46 (8.0%)	26 (4.5%)	114 (19.9%)	115 (20.1%)	149 (26.0%)	151 (26.4%)	26 (4.5%)	18 (3.1%)	62 (10.8%)	347 (60.6%)	142 (24.8%)	16 (2.8%)	6 (1.0%)	40-44	43 (11.5%)	75 (20.1%)	115 (30.7%)	110 (29.4%)	22 (5.9%)	9 (2.4%)	77 (20.6%)	85 (22.8%)	98 (26.3%)	86 (23.1%)	16 (4.3%)	11 (2.9%)	41 (11.0%)	207 (55.3%)	112 (29.9%)	9 (2.4%)	5 (1.3%)	45-49	39 (10.8%)	60 (16.7%)	105 (29.2%)	104 (28.9%)	40 (11.1%)	12 (3.3%)	73 (20.3%)	76 (21.1%)	92 (25.6%)	92 (25.6%)	20 (5.6%)	7 (1.9%)	35 (9.7%)	215 (59.7%)	93 (25.6%)	4 (3.6%)	4 (1.1%)	50-54	31 (6.9%)	100 (22.2%)	110 (24.4%)	150 (33.3%)	48 (10.7%)	11 (2.4%)	125 (27.8%)	102 (22.7%)	104 (23.1%)	87 (19.3%)	23 (5.1%)	9 (2.0%)	46 (10.2%)	287 (63.6%)	103 (22.8%)	13 (2.9%)	2 (0.4%)	55-59	61 (8.9%)	143 (20.9%)	176 (25.7%)	206 (30.1%)	76 (11.1%)	22 (3.2%)	198 (29.0%)	172 (25.2%)	170 (24.9%)	108 (15.8%)	23 (3.4%)	12 (1.8%)	78 (11.4%)	408 (59.6%)	167 (24.4%)	24 (3.5%)	7 (1.0%)	60-64	108 (8.2%)	235 (17.8%)	351 (26.6%)	400 (30.3%)	161 (12.2%)	65 (4.9%)	313 (23.8%)	313 (23.8%)	351 (26.7%)	246 (18.7%)	62 (4.7%)	28 (2.1%)	189 (14.3%)	292 (59.8%)	262 (21.3%)	41 (3.1%)	21 (1.6%)	65-69	75 (6.2%)	202 (16.7%)	312 (25.8%)	337 (27.9%)	197 (16.3%)	87 (7.2%)	253 (21.1%)	295 (24.6%)	304 (25.4%)	219 (18.3%)	89 (7.4%)	38 (3.2%)	227 (18.7%)	314 (58.9%)	228 (18.8%)	23 (1.9%)	21 (1.7%)	70-74	95 (7.1%)	226 (17.0%)	357 (26.8%)	344 (25.8%)	228 (17.1%)	82 (6.2%)	275 (20.8%)	364 (27.5%)	337 (25.5%)	219 (16.6%)	77 (5.8%)	50 (3.8%)	326 (24.5%)	760 (57.0%)	195 (14.6%)	31 (2.3%)	21 (1.6%)	75-79	50 (6.0%)	131 (15.8%)	197 (23.8%)	236 (28.5%)	142 (17.2%)	71 (8.6%)	185 (22.3%)	200 (24.2%)	217 (26.2%)	148 (17.9%)	57 (6.9%)	21 (2.5%)	276 (33.1%)	418 (50.2%)	105 (12.6%)	16 (1.9%)	18 (2.2%)	80-	36 (8.2%)	62 (14.1%)	122 (27.7%)	110 (24.9%)	76 (17.2%)	35 (7.9%)	117 (27.0%)	103 (23.7%)	100 (23.0%)	75 (17.3%)	28 (6.5%)	11 (2.5%)	140 (31.6%)	228 (51.5%)	56 (12.6%)	12 (2.7%)	7 (1.6%)	合計	609 (8.0%)	1345 (17.8%)	1994 (26.3%)	2167 (28.6%)	1036 (13.7%)	420 (5.5%)	1730 (23.0%)	1825 (24.2%)	1922 (25.5%)	1431 (19.0%)	421 (5.6%)	205 (2.7%)	1420 (18.7%)	4376 (57.7%)	1483 (19.5%)	198 (2.6%)	112 (1.5%)
-39	30 (17.6%)	30 (17.6%)	38 (22.4%)	53 (31.2%)	13 (7.6%)	6 (3.5%)	31 (18.2%)	33 (19.4%)	43 (25.3%)	47 (27.6%)	9 (5.3%)	7 (4.1%)	14 (8.2%)	99 (58.2%)	50 (29.4%)	5 (2.9%)	2 (1.2%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
40-44	17 (13.2%)	32 (24.8%)	38 (29.5%)	33 (25.6%)	7 (5.4%)	2 (1.6%)	31 (24.0%)	31 (24.0%)	32 (24.8%)	26 (20.2%)	6 (4.7%)	3 (2.3%)	13 (10.1%)	67 (51.9%)	45 (34.9%)	2 (1.6%)	2 (1.6%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
45-49	15 (12.2%)	16 (13.0%)	34 (27.6%)	35 (28.5%)	18 (14.6%)	5 (4.1%)	27 (22.0%)	22 (17.9%)	27 (22.0%)	29 (23.6%)	12 (9.8%)	6 (4.9%)	11 (8.9%)	69 (56.1%)	36 (29.3%)	5 (4.1%)	2 (1.6%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
50-54	10 (6.8%)	36 (24.5%)	40 (27.2%)	47 (32.0%)	12 (8.2%)	2 (1.4%)	36 (24.5%)	26 (17.7%)	36 (24.5%)	37 (25.2%)	10 (6.8%)	2 (1.4%)	10 (6.8%)	89 (60.5%)	41 (27.9%)	7 (4.8%)	0 (0.0%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
55-59	23 (11.3%)	41 (20.2%)	55 (27.1%)	56 (27.6%)	23 (11.3%)	5 (2.5%)	54 (26.6%)	38 (18.7%)	50 (24.6%)	45 (22.2%)	12 (5.9%)	4 (2.0%)	21 (10.3%)	117 (57.4%)	52 (25.5%)	10 (4.9%)	4 (2.0%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
60-64	37 (8.6%)	73 (16.9%)	112 (25.9%)	135 (31.3%)	54 (12.5%)	21 (4.9%)	97 (22.5%)	83 (19.3%)	117 (27.1%)	98 (22.7%)	22 (5.1%)	14 (3.2%)	54 (12.4%)	271 (62.3%)	87 (20.0%)	17 (3.9%)	6 (1.4%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
65-69	41 (8.6%)	76 (15.9%)	111 (23.2%)	130 (27.2%)	85 (17.8%)	35 (7.3%)	104 (21.9%)	105 (22.2%)	106 (22.4%)	97 (20.5%)	42 (8.9%)	20 (4.2%)	75 (15.6%)	281 (58.5%)	106 (22.1%)	7 (1.5%)	11 (2.3%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
70-74	39 (6.9%)	91 (16.1%)	157 (27.7%)	151 (26.7%)	90 (15.9%)	38 (6.7%)	117 (20.8%)	151 (26.8%)	124 (22.0%)	109 (19.4%)	34 (6.0%)	28 (5.0%)	112 (19.8%)	340 (60.1%)	90 (15.9%)	11 (1.9%)	13 (2.3%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
75-79	28 (7.4%)	61 (16.2%)	82 (21.8%)	105 (27.9%)	66 (17.5%)	35 (9.3%)	96 (25.5%)	86 (22.8%)	81 (21.5%)	69 (18.3%)	32 (8.5%)	13 (3.4%)	113 (29.7%)	196 (51.6%)	54 (14.2%)	9 (2.4%)	8 (2.1%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
80-	14 (6.9%)	25 (12.3%)	55 (27.1%)	54 (26.6%)	35 (17.2%)	20 (9.9%)	60 (30.5%)	45 (22.8%)	45 (22.8%)	25 (12.7%)	14 (7.1%)	8 (4.1%)	60 (29.4%)	114 (55.9%)	23 (11.3%)	4 (2.0%)	3 (1.5%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
合計	254 (9.0%)	481 (17.0%)	722 (25.5%)	799 (28.3%)	403 (14.3%)	169 (6.0%)	653 (23.2%)	620 (22.0%)	661 (23.5%)	582 (20.7%)	193 (6.9%)	105 (3.7%)	483 (17.0%)	1643 (57.9%)	584 (20.6%)	77 (2.7%)	51 (1.8%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
女性																		-39	41 (10.2%)	81 (20.1%)	111 (27.5%)	117 (29.0%)	33 (8.2%)	20 (5.0%)	83 (20.6%)	82 (20.3%)	106 (26.3%)	104 (25.8%)	17 (4.2%)	11 (2.7%)	48 (11.9%)	248 (61.5%)	92 (22.8%)	11 (2.7%)	4 (1.0%)	40-44	26 (10.6%)	43 (17.6%)	77 (31.4%)	77 (31.4%)	15 (6.1%)	7 (2.8%)	46 (18.9%)	54 (22.1%)	66 (27.0%)	60 (24.6%)	10 (4.1%)	8 (3.3%)	28 (11.4%)	140 (57.1%)	67 (27.3%)	7 (2.9%)	3 (1.2%)	45-49	24 (10.1%)	44 (18.6%)	71 (30.0%)	69 (28.1%)	22 (9.3%)	7 (3.0%)	46 (19.4%)	54 (22.8%)	65 (27.4%)	63 (26.6%)	8 (3.4%)	1 (0.4%)	24 (10.1%)	146 (61.6%)	57 (24.1%)	8 (3.4%)	2 (0.8%)	50-54	21 (6.9%)	64 (21.1%)	70 (23.1%)	103 (34.0%)	36 (11.9%)	9 (3.0%)	89 (29.4%)	76 (25.1%)	68 (22.4%)	50 (16.5%)	13 (4.3%)	7 (2.3%)	36 (11.8%)	198 (65.1%)	62 (20.4%)	6 (2.0%)	2 (0.7%)	55-59	38 (7.9%)	102 (21.2%)	121 (25.2%)	150 (31.2%)	53 (11.0%)	17 (3.5%)	144 (30.0%)	134 (27.9%)	120 (25.0%)	63 (13.1%)	11 (2.3%)	8 (1.7%)	57 (11.9%)	291 (60.6%)	115 (24.0%)	14 (2.9%)	3 (0.6%)	60-64	71 (8.0%)	162 (18.2%)	239 (26.9%)	265 (28.8%)	107 (12.0%)	44 (5.0%)	216 (24.5%)	230 (26.1%)	234 (26.5%)	148 (16.8%)	40 (4.5%)	14 (1.6%)	135 (15.2%)	521 (58.5%)	195 (21.9%)	24 (2.7%)	15 (1.7%)	65-69	34 (4.6%)	126 (17.2%)	201 (27.5%)	207 (28.3%)	112 (15.3%)	52 (7.1%)	149 (20.6%)	190 (26.2%)	198 (27.3%)	122 (16.9%)	47 (6.5%)	18 (2.5%)	152 (20.7%)	433 (59.1%)	122 (16.6%)	16 (2.2%)	10 (1.4%)	70-74	56 (7.3%)	135 (17.6%)	200 (26.1%)	193 (25.2%)	138 (18.0%)	44 (5.7%)	158 (20.8%)	213 (28.1%)	213 (28.1%)	110 (14.5%)	43 (5.7%)	22 (2.9%)	214 (27.9%)	420 (54.8%)	105 (13.7%)	20 (2.6%)	8 (1.0%)	75-79	22 (4.9%)	70 (15.6%)	115 (25.6%)	131 (29.1%)	76 (16.9%)	36 (8.0%)	89 (19.7%)	114 (25.3%)	136 (30.2%)	79 (17.5%)	25 (5.5%)	8 (1.8%)	163 (36.0%)	222 (49.0%)	51 (11.3%)	7 (1.5%)	10 (2.2%)	80-	22 (9.2%)	37 (15.5%)	67 (28.2%)	56 (23.5%)	41 (17.2%)	15 (6.3%)	57 (24.1%)	58 (24.5%)	55 (23.2%)	50 (21.1%)	14 (5.9%)	3 (1.3%)	80 (33.5%)	114 (47.7%)	33 (13.8%)	8 (3.3%)	4 (1.7%)	合計	355 (7.5%)	864 (18.2%)	1272 (26.8%)	1368 (28.8%)	633 (13.3%)	251 (5.3%)	1077 (22.8%)	1205 (25.5%)	1261 (26.7%)	849 (18.0%)	228 (4.8%)	100 (2.1%)	937 (19.7%)	2733 (57.5%)	899 (18.9%)	121 (2.5%)	61 (1.3%)	合計																		-39	71 (12.4%)	111 (19.4%)	149 (26.0%)	170 (29.7%)	46 (8.0%)	26 (4.5%)	114 (19.9%)	115 (20.1%)	149 (26.0%)	151 (26.4%)	26 (4.5%)	18 (3.1%)	62 (10.8%)	347 (60.6%)	142 (24.8%)	16 (2.8%)	6 (1.0%)	40-44	43 (11.5%)	75 (20.1%)	115 (30.7%)	110 (29.4%)	22 (5.9%)	9 (2.4%)	77 (20.6%)	85 (22.8%)	98 (26.3%)	86 (23.1%)	16 (4.3%)	11 (2.9%)	41 (11.0%)	207 (55.3%)	112 (29.9%)	9 (2.4%)	5 (1.3%)	45-49	39 (10.8%)	60 (16.7%)	105 (29.2%)	104 (28.9%)	40 (11.1%)	12 (3.3%)	73 (20.3%)	76 (21.1%)	92 (25.6%)	92 (25.6%)	20 (5.6%)	7 (1.9%)	35 (9.7%)	215 (59.7%)	93 (25.6%)	4 (3.6%)	4 (1.1%)	50-54	31 (6.9%)	100 (22.2%)	110 (24.4%)	150 (33.3%)	48 (10.7%)	11 (2.4%)	125 (27.8%)	102 (22.7%)	104 (23.1%)	87 (19.3%)	23 (5.1%)	9 (2.0%)	46 (10.2%)	287 (63.6%)	103 (22.8%)	13 (2.9%)	2 (0.4%)	55-59	61 (8.9%)	143 (20.9%)	176 (25.7%)	206 (30.1%)	76 (11.1%)	22 (3.2%)	198 (29.0%)	172 (25.2%)	170 (24.9%)	108 (15.8%)	23 (3.4%)	12 (1.8%)	78 (11.4%)	408 (59.6%)	167 (24.4%)	24 (3.5%)	7 (1.0%)	60-64	108 (8.2%)	235 (17.8%)	351 (26.6%)	400 (30.3%)	161 (12.2%)	65 (4.9%)	313 (23.8%)	313 (23.8%)	351 (26.7%)	246 (18.7%)	62 (4.7%)	28 (2.1%)	189 (14.3%)	292 (59.8%)	262 (21.3%)	41 (3.1%)	21 (1.6%)	65-69	75 (6.2%)	202 (16.7%)	312 (25.8%)	337 (27.9%)	197 (16.3%)	87 (7.2%)	253 (21.1%)	295 (24.6%)	304 (25.4%)	219 (18.3%)	89 (7.4%)	38 (3.2%)	227 (18.7%)	314 (58.9%)	228 (18.8%)	23 (1.9%)	21 (1.7%)	70-74	95 (7.1%)	226 (17.0%)	357 (26.8%)	344 (25.8%)	228 (17.1%)	82 (6.2%)	275 (20.8%)	364 (27.5%)	337 (25.5%)	219 (16.6%)	77 (5.8%)	50 (3.8%)	326 (24.5%)	760 (57.0%)	195 (14.6%)	31 (2.3%)	21 (1.6%)	75-79	50 (6.0%)	131 (15.8%)	197 (23.8%)	236 (28.5%)	142 (17.2%)	71 (8.6%)	185 (22.3%)	200 (24.2%)	217 (26.2%)	148 (17.9%)	57 (6.9%)	21 (2.5%)	276 (33.1%)	418 (50.2%)	105 (12.6%)	16 (1.9%)	18 (2.2%)	80-	36 (8.2%)	62 (14.1%)	122 (27.7%)	110 (24.9%)	76 (17.2%)	35 (7.9%)	117 (27.0%)	103 (23.7%)	100 (23.0%)	75 (17.3%)	28 (6.5%)	11 (2.5%)	140 (31.6%)	228 (51.5%)	56 (12.6%)	12 (2.7%)	7 (1.6%)	合計	609 (8.0%)	1345 (17.8%)	1994 (26.3%)	2167 (28.6%)	1036 (13.7%)	420 (5.5%)	1730 (23.0%)	1825 (24.2%)	1922 (25.5%)	1431 (19.0%)	421 (5.6%)	205 (2.7%)	1420 (18.7%)	4376 (57.7%)	1483 (19.5%)	198 (2.6%)	112 (1.5%)																																																																																																																																																																																																																								
-39	41 (10.2%)	81 (20.1%)	111 (27.5%)	117 (29.0%)	33 (8.2%)	20 (5.0%)	83 (20.6%)	82 (20.3%)	106 (26.3%)	104 (25.8%)	17 (4.2%)	11 (2.7%)	48 (11.9%)	248 (61.5%)	92 (22.8%)	11 (2.7%)	4 (1.0%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
40-44	26 (10.6%)	43 (17.6%)	77 (31.4%)	77 (31.4%)	15 (6.1%)	7 (2.8%)	46 (18.9%)	54 (22.1%)	66 (27.0%)	60 (24.6%)	10 (4.1%)	8 (3.3%)	28 (11.4%)	140 (57.1%)	67 (27.3%)	7 (2.9%)	3 (1.2%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
45-49	24 (10.1%)	44 (18.6%)	71 (30.0%)	69 (28.1%)	22 (9.3%)	7 (3.0%)	46 (19.4%)	54 (22.8%)	65 (27.4%)	63 (26.6%)	8 (3.4%)	1 (0.4%)	24 (10.1%)	146 (61.6%)	57 (24.1%)	8 (3.4%)	2 (0.8%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
50-54	21 (6.9%)	64 (21.1%)	70 (23.1%)	103 (34.0%)	36 (11.9%)	9 (3.0%)	89 (29.4%)	76 (25.1%)	68 (22.4%)	50 (16.5%)	13 (4.3%)	7 (2.3%)	36 (11.8%)	198 (65.1%)	62 (20.4%)	6 (2.0%)	2 (0.7%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
55-59	38 (7.9%)	102 (21.2%)	121 (25.2%)	150 (31.2%)	53 (11.0%)	17 (3.5%)	144 (30.0%)	134 (27.9%)	120 (25.0%)	63 (13.1%)	11 (2.3%)	8 (1.7%)	57 (11.9%)	291 (60.6%)	115 (24.0%)	14 (2.9%)	3 (0.6%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
60-64	71 (8.0%)	162 (18.2%)	239 (26.9%)	265 (28.8%)	107 (12.0%)	44 (5.0%)	216 (24.5%)	230 (26.1%)	234 (26.5%)	148 (16.8%)	40 (4.5%)	14 (1.6%)	135 (15.2%)	521 (58.5%)	195 (21.9%)	24 (2.7%)	15 (1.7%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
65-69	34 (4.6%)	126 (17.2%)	201 (27.5%)	207 (28.3%)	112 (15.3%)	52 (7.1%)	149 (20.6%)	190 (26.2%)	198 (27.3%)	122 (16.9%)	47 (6.5%)	18 (2.5%)	152 (20.7%)	433 (59.1%)	122 (16.6%)	16 (2.2%)	10 (1.4%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
70-74	56 (7.3%)	135 (17.6%)	200 (26.1%)	193 (25.2%)	138 (18.0%)	44 (5.7%)	158 (20.8%)	213 (28.1%)	213 (28.1%)	110 (14.5%)	43 (5.7%)	22 (2.9%)	214 (27.9%)	420 (54.8%)	105 (13.7%)	20 (2.6%)	8 (1.0%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
75-79	22 (4.9%)	70 (15.6%)	115 (25.6%)	131 (29.1%)	76 (16.9%)	36 (8.0%)	89 (19.7%)	114 (25.3%)	136 (30.2%)	79 (17.5%)	25 (5.5%)	8 (1.8%)	163 (36.0%)	222 (49.0%)	51 (11.3%)	7 (1.5%)	10 (2.2%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
80-	22 (9.2%)	37 (15.5%)	67 (28.2%)	56 (23.5%)	41 (17.2%)	15 (6.3%)	57 (24.1%)	58 (24.5%)	55 (23.2%)	50 (21.1%)	14 (5.9%)	3 (1.3%)	80 (33.5%)	114 (47.7%)	33 (13.8%)	8 (3.3%)	4 (1.7%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
合計	355 (7.5%)	864 (18.2%)	1272 (26.8%)	1368 (28.8%)	633 (13.3%)	251 (5.3%)	1077 (22.8%)	1205 (25.5%)	1261 (26.7%)	849 (18.0%)	228 (4.8%)	100 (2.1%)	937 (19.7%)	2733 (57.5%)	899 (18.9%)	121 (2.5%)	61 (1.3%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
合計																		-39	71 (12.4%)	111 (19.4%)	149 (26.0%)	170 (29.7%)	46 (8.0%)	26 (4.5%)	114 (19.9%)	115 (20.1%)	149 (26.0%)	151 (26.4%)	26 (4.5%)	18 (3.1%)	62 (10.8%)	347 (60.6%)	142 (24.8%)	16 (2.8%)	6 (1.0%)	40-44	43 (11.5%)	75 (20.1%)	115 (30.7%)	110 (29.4%)	22 (5.9%)	9 (2.4%)	77 (20.6%)	85 (22.8%)	98 (26.3%)	86 (23.1%)	16 (4.3%)	11 (2.9%)	41 (11.0%)	207 (55.3%)	112 (29.9%)	9 (2.4%)	5 (1.3%)	45-49	39 (10.8%)	60 (16.7%)	105 (29.2%)	104 (28.9%)	40 (11.1%)	12 (3.3%)	73 (20.3%)	76 (21.1%)	92 (25.6%)	92 (25.6%)	20 (5.6%)	7 (1.9%)	35 (9.7%)	215 (59.7%)	93 (25.6%)	4 (3.6%)	4 (1.1%)	50-54	31 (6.9%)	100 (22.2%)	110 (24.4%)	150 (33.3%)	48 (10.7%)	11 (2.4%)	125 (27.8%)	102 (22.7%)	104 (23.1%)	87 (19.3%)	23 (5.1%)	9 (2.0%)	46 (10.2%)	287 (63.6%)	103 (22.8%)	13 (2.9%)	2 (0.4%)	55-59	61 (8.9%)	143 (20.9%)	176 (25.7%)	206 (30.1%)	76 (11.1%)	22 (3.2%)	198 (29.0%)	172 (25.2%)	170 (24.9%)	108 (15.8%)	23 (3.4%)	12 (1.8%)	78 (11.4%)	408 (59.6%)	167 (24.4%)	24 (3.5%)	7 (1.0%)	60-64	108 (8.2%)	235 (17.8%)	351 (26.6%)	400 (30.3%)	161 (12.2%)	65 (4.9%)	313 (23.8%)	313 (23.8%)	351 (26.7%)	246 (18.7%)	62 (4.7%)	28 (2.1%)	189 (14.3%)	292 (59.8%)	262 (21.3%)	41 (3.1%)	21 (1.6%)	65-69	75 (6.2%)	202 (16.7%)	312 (25.8%)	337 (27.9%)	197 (16.3%)	87 (7.2%)	253 (21.1%)	295 (24.6%)	304 (25.4%)	219 (18.3%)	89 (7.4%)	38 (3.2%)	227 (18.7%)	314 (58.9%)	228 (18.8%)	23 (1.9%)	21 (1.7%)	70-74	95 (7.1%)	226 (17.0%)	357 (26.8%)	344 (25.8%)	228 (17.1%)	82 (6.2%)	275 (20.8%)	364 (27.5%)	337 (25.5%)	219 (16.6%)	77 (5.8%)	50 (3.8%)	326 (24.5%)	760 (57.0%)	195 (14.6%)	31 (2.3%)	21 (1.6%)	75-79	50 (6.0%)	131 (15.8%)	197 (23.8%)	236 (28.5%)	142 (17.2%)	71 (8.6%)	185 (22.3%)	200 (24.2%)	217 (26.2%)	148 (17.9%)	57 (6.9%)	21 (2.5%)	276 (33.1%)	418 (50.2%)	105 (12.6%)	16 (1.9%)	18 (2.2%)	80-	36 (8.2%)	62 (14.1%)	122 (27.7%)	110 (24.9%)	76 (17.2%)	35 (7.9%)	117 (27.0%)	103 (23.7%)	100 (23.0%)	75 (17.3%)	28 (6.5%)	11 (2.5%)	140 (31.6%)	228 (51.5%)	56 (12.6%)	12 (2.7%)	7 (1.6%)	合計	609 (8.0%)	1345 (17.8%)	1994 (26.3%)	2167 (28.6%)	1036 (13.7%)	420 (5.5%)	1730 (23.0%)	1825 (24.2%)	1922 (25.5%)	1431 (19.0%)	421 (5.6%)	205 (2.7%)	1420 (18.7%)	4376 (57.7%)	1483 (19.5%)	198 (2.6%)	112 (1.5%)																																																																																																																																																																																																																																																																																																																																																																																																																																																
-39	71 (12.4%)	111 (19.4%)	149 (26.0%)	170 (29.7%)	46 (8.0%)	26 (4.5%)	114 (19.9%)	115 (20.1%)	149 (26.0%)	151 (26.4%)	26 (4.5%)	18 (3.1%)	62 (10.8%)	347 (60.6%)	142 (24.8%)	16 (2.8%)	6 (1.0%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
40-44	43 (11.5%)	75 (20.1%)	115 (30.7%)	110 (29.4%)	22 (5.9%)	9 (2.4%)	77 (20.6%)	85 (22.8%)	98 (26.3%)	86 (23.1%)	16 (4.3%)	11 (2.9%)	41 (11.0%)	207 (55.3%)	112 (29.9%)	9 (2.4%)	5 (1.3%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
45-49	39 (10.8%)	60 (16.7%)	105 (29.2%)	104 (28.9%)	40 (11.1%)	12 (3.3%)	73 (20.3%)	76 (21.1%)	92 (25.6%)	92 (25.6%)	20 (5.6%)	7 (1.9%)	35 (9.7%)	215 (59.7%)	93 (25.6%)	4 (3.6%)	4 (1.1%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
50-54	31 (6.9%)	100 (22.2%)	110 (24.4%)	150 (33.3%)	48 (10.7%)	11 (2.4%)	125 (27.8%)	102 (22.7%)	104 (23.1%)	87 (19.3%)	23 (5.1%)	9 (2.0%)	46 (10.2%)	287 (63.6%)	103 (22.8%)	13 (2.9%)	2 (0.4%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
55-59	61 (8.9%)	143 (20.9%)	176 (25.7%)	206 (30.1%)	76 (11.1%)	22 (3.2%)	198 (29.0%)	172 (25.2%)	170 (24.9%)	108 (15.8%)	23 (3.4%)	12 (1.8%)	78 (11.4%)	408 (59.6%)	167 (24.4%)	24 (3.5%)	7 (1.0%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
60-64	108 (8.2%)	235 (17.8%)	351 (26.6%)	400 (30.3%)	161 (12.2%)	65 (4.9%)	313 (23.8%)	313 (23.8%)	351 (26.7%)	246 (18.7%)	62 (4.7%)	28 (2.1%)	189 (14.3%)	292 (59.8%)	262 (21.3%)	41 (3.1%)	21 (1.6%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
65-69	75 (6.2%)	202 (16.7%)	312 (25.8%)	337 (27.9%)	197 (16.3%)	87 (7.2%)	253 (21.1%)	295 (24.6%)	304 (25.4%)	219 (18.3%)	89 (7.4%)	38 (3.2%)	227 (18.7%)	314 (58.9%)	228 (18.8%)	23 (1.9%)	21 (1.7%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
70-74	95 (7.1%)	226 (17.0%)	357 (26.8%)	344 (25.8%)	228 (17.1%)	82 (6.2%)	275 (20.8%)	364 (27.5%)	337 (25.5%)	219 (16.6%)	77 (5.8%)	50 (3.8%)	326 (24.5%)	760 (57.0%)	195 (14.6%)	31 (2.3%)	21 (1.6%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
75-79	50 (6.0%)	131 (15.8%)	197 (23.8%)	236 (28.5%)	142 (17.2%)	71 (8.6%)	185 (22.3%)	200 (24.2%)	217 (26.2%)	148 (17.9%)	57 (6.9%)	21 (2.5%)	276 (33.1%)	418 (50.2%)	105 (12.6%)	16 (1.9%)	18 (2.2%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
80-	36 (8.2%)	62 (14.1%)	122 (27.7%)	110 (24.9%)	76 (17.2%)	35 (7.9%)	117 (27.0%)	103 (23.7%)	100 (23.0%)	75 (17.3%)	28 (6.5%)	11 (2.5%)	140 (31.6%)	228 (51.5%)	56 (12.6%)	12 (2.7%)	7 (1.6%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						
合計	609 (8.0%)	1345 (17.8%)	1994 (26.3%)	2167 (28.6%)	1036 (13.7%)	420 (5.5%)	1730 (23.0%)	1825 (24.2%)	1922 (25.5%)	1431 (19.0%)	421 (5.6%)	205 (2.7%)	1420 (18.7%)	4376 (57.7%)	1483 (19.5%)	198 (2.6%)	112 (1.5%)																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																						

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々は

力を合わせて解決しようとする。

		8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいさつをしている。					10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。				
		強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない
男性	-39	3 (1.8%)	94 (55.3%)	61 (35.9%)	6 (3.5%)	6 (3.5%)	28 (16.5%)	117 (68.8%)	22 (12.9%)	2 (1.2%)	1 (0.6%)	11 (6.5%)	98 (57.6%)	45 (26.5%)	11 (6.5%)	5 (2.9%)
	40-44	9 (7.0%)	52 (40.3%)	57 (44.2%)	7 (5.4%)	4 (3.1%)	20 (15.5%)	86 (66.7%)	20 (15.5%)	2 (1.6%)	1 (0.8%)	16 (12.4%)	58 (45.0%)	48 (37.2%)	6 (4.7%)	1 (0.8%)
	45-49	10 (8.1%)	59 (48.0%)	46 (37.4%)	3 (2.4%)	5 (4.1%)	21 (17.1%)	87 (70.7%)	12 (9.8%)	2 (1.6%)	1 (0.8%)	12 (9.8%)	64 (52.0%)	39 (31.7%)	6 (4.9%)	2 (1.6%)
	50-54	7 (4.8%)	74 (51.0%)	54 (37.2%)	7 (4.8%)	3 (2.1%)	22 (15.0%)	109 (74.1%)	13 (8.8%)	3 (2.0%)	0 (0.0%)	10 (6.8%)	78 (53.1%)	50 (34.0%)	8 (5.4%)	1 (0.7%)
	55-59	15 (7.4%)	102 (50.0%)	69 (33.8%)	12 (5.9%)	6 (2.9%)	37 (18.1%)	141 (69.1%)	22 (10.8%)	3 (1.5%)	1 (0.5%)	26 (12.7%)	100 (49.0%)	64 (31.4%)	10 (4.9%)	4 (2.0%)
	60-64	48 (11.1%)	246 (56.8%)	118 (27.3%)	16 (3.7%)	5 (1.2%)	119 (27.4%)	272 (62.5%)	33 (7.6%)	5 (1.1%)	6 (1.4%)	70 (16.1%)	224 (51.6%)	119 (27.4%)	13 (3.0%)	8 (1.8%)
	65-69	61 (12.7%)	266 (55.4%)	130 (27.1%)	13 (2.7%)	10 (2.1%)	149 (31.0%)	280 (58.3%)	33 (6.9%)	10 (2.1%)	8 (1.7%)	78 (16.3%)	260 (54.2%)	107 (22.3%)	21 (4.4%)	14 (2.9%)
	70-74	93 (16.4%)	317 (56.0%)	132 (23.3%)	13 (2.3%)	11 (1.9%)	228 (40.3%)	280 (49.5%)	33 (5.8%)	9 (1.6%)	16 (2.8%)	138 (24.4%)	286 (50.5%)	114 (20.1%)	10 (1.8%)	18 (3.2%)
	75-79	96 (25.3%)	207 (54.5%)	63 (16.8%)	7 (1.8%)	7 (1.8%)	170 (44.7%)	170 (44.7%)	21 (5.5%)	3 (0.8%)	16 (4.2%)	110 (28.9%)	183 (48.2%)	68 (17.9%)	10 (2.6%)	9 (2.4%)
	80-	63 (33.3%)	98 (48.5%)	29 (14.2%)	5 (2.5%)	3 (1.5%)	99 (48.5%)	85 (41.7%)	11 (5.4%)	4 (2.0%)	5 (2.5%)	68 (33.3%)	100 (49.0%)	27 (13.2%)	6 (2.9%)	3 (1.5%)
合計	410 (14.5%)	1516 (53.5%)	759 (26.8%)	89 (3.1%)	60 (2.1%)	893 (31.5%)	1627 (57.3%)	220 (7.8%)	43 (1.5%)	55 (1.9%)	539 (19.0%)	1451 (51.1%)	581 (20.4%)	101 (3.6%)	65 (2.3%)	
女性	-39	28 (6.9%)	202 (50.1%)	136 (33.7%)	31 (7.7%)	6 (1.5%)	94 (23.3%)	269 (68.7%)	33 (8.2%)	4 (1.0%)	3 (0.7%)	46 (23.8%)	243 (60.3%)	96 (23.8%)	10 (2.5%)	8 (2.0%)
	40-44	18 (7.3%)	113 (46.1%)	89 (36.3%)	16 (6.5%)	9 (3.7%)	72 (29.5%)	148 (60.7%)	19 (7.8%)	4 (1.6%)	1 (0.4%)	28 (11.4%)	127 (51.8%)	73 (29.8%)	12 (4.9%)	5 (2.0%)
	45-49	15 (6.3%)	126 (53.2%)	78 (32.9%)	15 (6.3%)	3 (1.3%)	54 (22.8%)	165 (68.6%)	17 (7.2%)	0 (0.4%)	0 (0.0%)	24 (10.1%)	136 (57.4%)	69 (29.1%)	7 (3.0%)	1 (0.4%)
	50-54	23 (7.6%)	157 (51.6%)	105 (34.5%)	11 (3.6%)	8 (2.6%)	87 (28.6%)	195 (64.1%)	18 (5.9%)	3 (1.0%)	1 (0.3%)	35 (11.5%)	156 (51.3%)	96 (31.6%)	10 (3.3%)	7 (2.3%)
	55-59	43 (8.9%)	231 (48.0%)	185 (38.5%)	19 (4.0%)	3 (0.6%)	171 (35.6%)	273 (58.8%)	28 (5.8%)	4 (1.0%)	5 (1.0%)	68 (14.1%)	258 (53.6%)	136 (28.3%)	13 (2.7%)	6 (1.2%)
	60-64	100 (11.2%)	443 (49.8%)	286 (32.1%)	42 (4.7%)	19 (2.1%)	350 (39.3%)	482 (54.2%)	41 (4.6%)	8 (0.9%)	9 (1.0%)	139 (15.6%)	477 (53.6%)	224 (25.2%)	28 (3.1%)	22 (2.5%)
	65-69	115 (15.8%)	392 (53.3%)	200 (27.2%)	16 (2.2%)	12 (1.6%)	336 (45.7%)	348 (47.3%)	24 (3.3%)	11 (1.5%)	16 (2.2%)	174 (23.7%)	393 (53.5%)	138 (18.8%)	19 (1.5%)	17 (2.6%)
	70-74	179 (23.2%)	385 (50.0%)	168 (21.8%)	24 (3.1%)	14 (1.8%)	404 (52.7%)	297 (38.7%)	26 (3.4%)	15 (2.0%)	25 (3.3%)	222 (28.8%)	365 (47.4%)	143 (18.8%)	23 (3.0%)	17 (2.2%)
	75-79	134 (28.5%)	216 (47.6%)	82 (18.1%)	9 (2.0%)	13 (2.9%)	258 (56.8%)	152 (33.5%)	16 (3.5%)	7 (1.5%)	21 (4.6%)	165 (36.3%)	189 (41.6%)	78 (17.2%)	10 (2.2%)	12 (2.6%)
	80-	72 (30.1%)	113 (47.3%)	45 (18.8%)	3 (1.3%)	6 (2.5%)	125 (52.3%)	88 (36.8%)	7 (2.9%)	7 (2.9%)	12 (5.0%)	78 (32.6%)	103 (43.1%)	38 (15.9%)	12 (5.0%)	8 (3.3%)
合計	727 (15.3%)	2378 (50.0%)	1374 (28.9%)	186 (3.9%)	93 (2.0%)	1951 (41.0%)	2417 (50.8%)	229 (4.8%)	64 (1.3%)	93 (2.0%)	979 (20.6%)	2447 (51.4%)	1091 (22.3%)	136 (2.9%)	105 (2.2%)	
合計	-39	31 (5.4%)	296 (51.7%)	197 (34.4%)	37 (6.5%)	12 (2.1%)	122 (21.3%)	386 (9.8%)	55 (9.6%)	6 (1.0%)	4 (0.7%)	57 (9.9%)	341 (59.5%)	141 (24.6%)	21 (3.7%)	13 (2.3%)
	40-44	27 (7.2%)	165 (44.1%)	146 (39.0%)	23 (6.1%)	13 (3.5%)	92 (24.7%)	234 (62.7%)	39 (10.3%)	6 (1.6%)	2 (0.5%)	44 (11.8%)	185 (49.5%)	121 (32.4%)	18 (4.8%)	6 (1.6%)
	45-49	25 (6.9%)	185 (51.4%)	124 (34.4%)	8 (5.0%)	6 (2.2%)	118 (20.8%)	252 (70.0%)	30 (8.1%)	3 (0.8%)	1 (0.3%)	30 (10.0%)	158 (55.8%)	93 (30.0%)	13 (3.6%)	9 (0.8%)
	50-54	30 (6.7%)	231 (51.4%)	159 (35.4%)	18 (4.0%)	11 (2.4%)	109 (24.2%)	304 (69.4%)	31 (6.9%)	6 (1.3%)	1 (0.2%)	45 (10.0%)	234 (51.9%)	146 (32.4%)	18 (4.0%)	8 (1.8%)
	55-59	58 (8.5%)	333 (48.6%)	254 (37.1%)	31 (4.5%)	9 (1.3%)	208 (30.4%)	414 (60.4%)	50 (7.3%)	7 (1.0%)	6 (0.9%)	94 (13.7%)	358 (52.3%)	200 (29.2%)	23 (3.4%)	10 (1.5%)
	60-64	148 (11.2%)	689 (52.1%)	404 (30.5%)	58 (4.4%)	24 (1.8%)	469 (35.4%)	754 (56.9%)	74 (5.6%)	13 (1.0%)	15 (1.1%)	209 (15.8%)	701 (52.9%)	343 (25.9%)	41 (3.1%)	30 (2.3%)
	65-69	176 (14.5%)	658 (54.2%)	330 (27.2%)	29 (2.4%)	22 (1.8%)	485 (39.9%)	628 (51.7%)	57 (4.7%)	21 (2.0%)	24 (2.0%)	252 (20.7%)	653 (53.7%)	245 (20.2%)	32 (2.6%)	33 (2.7%)
	70-74	272 (20.4%)	702 (52.5%)	300 (22.5%)	37 (2.8%)	25 (1.9%)	632 (47.4%)	577 (43.3%)	59 (4.4%)	24 (1.8%)	41 (3.1%)	360 (26.9%)	651 (48.7%)	257 (19.2%)	33 (2.5%)	35 (2.6%)
	75-79	230 (27.6%)	423 (50.7%)	145 (17.4%)	16 (1.9%)	20 (2.4%)	428 (51.3%)	322 (38.6%)	37 (4.4%)	10 (1.2%)	37 (4.4%)	275 (33.0%)	372 (44.6%)	146 (17.5%)	20 (2.4%)	21 (2.5%)
	80-	140 (31.6%)	212 (47.9%)	74 (16.7%)	8 (1.8%)	9 (2.0%)	224 (50.6%)	173 (39.1%)	18 (4.1%)	11 (2.5%)	17 (3.8%)	146 (33.0%)	203 (45.8%)	65 (14.2%)	11 (2.5%)	11 (2.5%)
合計	1137 (15.0%)	3894 (51.3%)	2133 (28.1%)	153 (3.8%)	75 (2.0%)	2844 (37.5%)	4044 (53.3%)	449 (5.9%)	107 (1.4%)	148 (1.9%)	148 (20.0%)	3894 (51.3%)	1518 (23.3%)	237 (3.1%)	170 (2.2%)	

【7】現在の活動状況についておたずねします。

(1) そうじをしたり、重いものを持ち上げたりするなど、  
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して  
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす  
時間は1日平均してどれくらいですか。

		(1) 体を使うような仕事をしていますか。				(2) 仕事を含め、平均してどれくらい外出していますか。				(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。					
		ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下	
男性	-39	127 (74.7%)	14 (8.2%)	15 (8.8%)	3 (1.8%)	11 (6.5%)	157 (92.4%)	9 (5.3%)	3 (1.8%)	0 (0.0%)	1 (0.6%)	130 (76.5%)	23 (13.5%)	17 (10.0%)	13 (7.7%)	28 (16.6%)	128 (75.7%)	
	40-44	104 (80.6%)	9 (7.0%)	5 (3.9%)	3 (2.3%)	8 (6.2%)	116 (89.9%)	5 (3.9%)	7 (5.4%)	0 (0.0%)	1 (0.8%)	104 (80.6%)	12 (9.3%)	13 (10.1%)	10 (7.8%)	26 (20.2%)	93 (72.1%)	
		94 (76.4%)	15 (12.2%)	7 (5.7%)	1 (0.8%)	6 (4.9%)	115 (93.5%)	4 (3.3%)	4 (3.3%)	0 (0.0%)	0 (0.0%)	89 (72.4%)	19 (15.4%)	15 (12.2%)	5 (4.1%)	20 (16.3%)	98 (79.7%)	
	50-54	114 (77.6%)	16 (10.9%)	7 (4.8%)	4 (2.7%)	6 (4.1%)	133 (90.5%)	11 (7.5%)	3 (2.0%)	0 (0.0%)	0 (0.0%)	109 (74.1%)	21 (14.3%)	17 (11.8%)	4 (2.8%)	28 (19.3%)	113 (77.9%)	
		150 (73.5%)	21 (10.3%)	13 (6.4%)	5 (2.5%)	15 (7.4%)	184 (90.6%)	13 (6.4%)	3 (1.5%)	2 (1.0%)	1 (0.5%)	162 (79.4%)	27 (13.2%)	15 (7.4%)	3 (1.5%)	44 (21.6%)	157 (77.0%)	
	60-64	306 (70.3%)	64 (14.7%)	30 (6.9%)	10 (2.3%)	25 (5.7%)	371 (85.1%)	41 (9.4%)	19 (4.4%)	2 (0.5%)	3 (0.7%)	321 (73.6%)	74 (17.0%)	41 (9.4%)	19 (4.4%)	99 (22.8%)	316 (72.8%)	
		348 (72.3%)	75 (15.6%)	30 (6.2%)	8 (1.7%)	20 (4.2%)	425 (88.4%)	42 (8.7%)	12 (2.5%)	0 (0.0%)	2 (0.4%)	368 (76.5%)	86 (17.9%)	27 (5.6%)	11 (2.3%)	106 (22.1%)	363 (75.6%)	
	65-69	394 (69.6%)	82 (14.5%)	52 (9.2%)	9 (1.6%)	29 (5.1%)	471 (83.5%)	71 (12.6%)	20 (3.5%)	1 (0.2%)	1 (0.2%)	419 (74.2%)	113 (20.0%)	33 (5.8%)	18 (3.2%)	122 (21.6%)	424 (75.2%)	
		240 (63.2%)	68 (17.9%)	40 (10.5%)	7 (1.8%)	25 (6.6%)	305 (80.3%)	58 (15.3%)	14 (3.7%)	1 (0.3%)	2 (0.5%)	298 (78.4%)	61 (16.1%)	21 (5.5%)	10 (2.6%)	88 (23.2%)	282 (74.2%)	
	75-79	130 (64.0%)	37 (18.2%)	16 (7.9%)	4 (2.0%)	16 (7.9%)	150 (73.5%)	27 (13.2%)	17 (8.3%)	6 (2.9%)	4 (2.0%)	139 (68.1%)	44 (21.6%)	21 (10.3%)	13 (6.4%)	54 (26.6%)	136 (67.0%)	
		2007 (70.7%)	401 (14.1%)	215 (7.6%)	54 (1.9%)	161 (5.7%)	2427 (85.5%)	281 (9.9%)	102 (3.6%)	12 (0.4%)	15 (0.5%)	2139 (75.3%)	480 (16.9%)	220 (7.7%)	106 (3.7%)	615 (21.7%)	2110 (74.6%)	
	女性	-39	320 (79.4%)	33 (8.2%)	34 (8.4%)	5 (1.2%)	11 (2.7%)	354 (87.8%)	30 (7.4%)	16 (4.0%)	2 (0.5%)	1 (0.2%)	314 (78.1%)	46 (11.4%)	42 (10.4%)	37 (9.2%)	77 (19.2%)	287 (71.8%)
		40-44	200 (81.6%)	30 (12.2%)	5 (2.0%)	2 (0.8%)	8 (3.3%)	226 (92.2%)	17 (6.9%)	1 (0.4%)	1 (0.4%)	0 (0.0%)	218 (89.3%)	18 (7.4%)	8 (3.3%)	11 (4.5%)	41 (16.7%)	193 (78.8%)
193 (81.8%)			25 (10.6%)	12 (5.1%)	0 (0.0%)	6 (2.5%)	203 (85.7%)	23 (9.7%)	8 (3.4%)	0 (0.0%)	3 (1.3%)	192 (81.0%)	23 (9.7%)	22 (9.3%)	13 (5.5%)	47 (20.0%)	175 (74.5%)	
50-54		256 (84.5%)	23 (7.6%)	15 (5.0%)	3 (1.0%)	6 (2.0%)	250 (82.2%)	38 (12.5%)	13 (4.3%)	2 (0.7%)	1 (0.3%)	245 (80.6%)	36 (11.8%)	23 (7.6%)	15 (5.0%)	79 (26.1%)	208 (69.0%)	
		419 (87.1%)	41 (8.5%)	13 (2.7%)	1 (0.2%)	7 (1.5%)	382 (79.4%)	70 (14.6%)	23 (4.8%)	4 (0.8%)	2 (0.4%)	409 (85.0%)	45 (9.4%)	27 (5.6%)	17 (3.5%)	97 (20.2%)	366 (76.3%)	
60-64		764 (85.7%)	88 (9.9%)	24 (2.7%)	4 (0.4%)	11 (1.2%)	702 (79.0%)	129 (14.5%)	52 (5.8%)	3 (0.3%)	3 (0.3%)	729 (82.0%)	102 (11.5%)	58 (6.5%)	23 (2.6%)	190 (21.4%)	676 (76.0%)	
		646 (87.9%)	56 (7.6%)	14 (1.9%)	6 (0.8%)	13 (1.8%)	582 (79.2%)	110 (15.0%)	31 (4.2%)	6 (0.8%)	6 (0.8%)	599 (81.6%)	98 (13.4%)	37 (5.0%)	18 (2.5%)	159 (21.7%)	557 (75.9%)	
70-74		657 (85.4%)	72 (9.4%)	17 (2.2%)	3 (0.4%)	20 (2.6%)	602 (78.2%)	120 (15.6%)	37 (4.8%)	6 (0.8%)	5 (0.6%)	609 (79.3%)	108 (14.1%)	51 (6.6%)	21 (2.7%)	143 (18.7%)	601 (78.6%)	
		355 (78.2%)	55 (12.1%)	23 (5.1%)	6 (1.3%)	15 (3.3%)	322 (70.9%)	78 (17.2%)	34 (7.5%)	12 (2.6%)	8 (1.8%)	319 (70.3%)	82 (18.1%)	53 (11.7%)	21 (4.6%)	117 (25.9%)	314 (69.5%)	
80-		160 (66.9%)	34 (14.2%)	24 (10.0%)	3 (1.3%)	18 (7.5%)	154 (65.0%)	50 (21.1%)	21 (8.9%)	8 (3.4%)	4 (1.7%)	152 (63.6%)	61 (25.5%)	26 (10.9%)	10 (4.2%)	62 (25.9%)	167 (69.9%)	
		3970 (83.5%)	457 (9.6%)	181 (3.8%)	33 (0.7%)	115 (2.4%)	3777 (79.4%)	665 (14.0%)	236 (5.0%)	44 (0.9%)	33 (0.7%)	3786 (79.7%)	619 (13.0%)	347 (7.3%)	186 (3.9%)	1012 (21.3%)	3545 (74.7%)	
合計		-39	447 (78.0%)	47 (8.2%)	49 (8.6%)	8 (1.4%)	22 (3.8%)	511 (89.2%)	39 (6.8%)	19 (3.3%)	2 (0.3%)	2 (0.3%)	444 (77.6%)	69 (12.1%)	59 (10.3%)	50 (8.8%)	105 (18.4%)	415 (72.8%)
		40-44	304 (81.3%)	39 (10.4%)	10 (2.7%)	5 (1.3%)	16 (4.3%)	342 (91.4%)	22 (5.9%)	8 (2.1%)	1 (0.3%)	1 (0.3%)	322 (86.3%)	30 (8.0%)	21 (5.6%)	21 (5.6%)	67 (17.9%)	286 (76.5%)
	287 (79.9%)		40 (11.1%)	19 (5.3%)	1 (0.3%)	12 (3.3%)	318 (88.3%)	27 (7.5%)	12 (3.3%)	0 (0.0%)	3 (0.8%)	281 (78.1%)	42 (11.7%)	37 (10.3%)	18 (5.0%)	67 (18.7%)	273 (76.3%)	
	50-54	370 (82.2%)	39 (8.7%)	22 (4.9%)	7 (1.6%)	12 (2.7%)	383 (84.9%)	49 (10.9%)	16 (3.5%)	2 (0.4%)	1 (0.2%)	354 (78.5%)	57 (12.6%)	40 (8.9%)	19 (4.2%)	107 (23.9%)	322 (71.9%)	
		569 (83.1%)	62 (9.1%)	26 (3.8%)	6 (0.9%)	22 (3.2%)	566 (82.7%)	83 (12.1%)	26 (3.8%)	6 (0.9%)	3 (0.4%)	571 (83.4%)	72 (10.5%)	42 (6.1%)	20 (2.9%)	141 (20.6%)	523 (76.5%)	
	60-64	1070 (80.7%)	152 (11.5%)	54 (4.1%)	14 (1.1%)	36 (2.7%)	1073 (81.0%)	170 (12.8%)	71 (5.4%)	5 (0.4%)	6 (0.5%)	1050 (79.2%)	176 (13.3%)	99 (7.5%)	42 (3.2%)	289 (21.8%)	992 (75.0%)	
		994 (81.7%)	131 (10.8%)	44 (3.6%)	14 (1.2%)	33 (2.7%)	1007 (82.8%)	152 (12.5%)	43 (3.5%)	6 (0.5%)	8 (0.7%)	967 (79.6%)	184 (15.1%)	64 (5.3%)	29 (2.4%)	265 (21.8%)	920 (75.8%)	
	70-74	1051 (78.7%)	154 (11.5%)	69 (5.2%)	12 (0.9%)	49 (3.7%)	1073 (80.4%)	191 (14.3%)	57 (4.3%)	7 (0.5%)	6 (0.4%)	1028 (77.1%)	221 (16.6%)	84 (6.3%)	39 (2.9%)	265 (19.9%)	1025 (77.1%)	
		595 (71.3%)	123 (14.7%)	63 (7.6%)	13 (1.6%)	40 (4.8%)	627 (75.2%)	136 (16.3%)	48 (5.8%)	13 (1.6%)	10 (1.2%)	617 (74.0%)	143 (17.1%)	74 (8.9%)	31 (3.7%)	205 (24.6%)	596 (71.6%)	
	80-	290 (65.6%)	71 (16.1%)	40 (9.0%)	7 (1.6%)	34 (7.7%)	304 (68.9%)	77 (17.5%)	38 (8.6%)	14 (3.2%)	8 (1.8%)	291 (65.7%)	105 (23.7%)	47 (10.6%)	23 (5.2%)	116 (26.2%)	303 (68.6%)	
		5977 (78.7%)	858 (11.3%)	396 (5.2%)	87 (1.1%)	276 (3.6%)	6204 (81.7%)	946 (12.5%)	338 (4.5%)	56 (0.7%)	48 (0.6%)	5925 (78.1%)	1099 (14.5%)	567 (7.5%)	292 (3.9%)	1627 (21.5%)	5655 (74.7%)	



【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	62 (36.7%)	107 (63.3%)
	40-44	48 (37.8%)	79 (62.2%)
	45-49	57 (47.1%)	64 (52.9%)
	50-54	52 (36.1%)	92 (63.9%)
	55-59	74 (36.8%)	127 (63.2%)
	60-64	167 (39.6%)	255 (60.4%)
	65-69	174 (37.0%)	296 (63.0%)
	70-74	186 (33.6%)	367 (66.4%)
	75-79	156 (41.6%)	219 (58.4%)
	80-	90 (44.6%)	112 (55.4%)
	合計	1066 (38.3%)	1718 (61.7%)
女性	-39	205 (51.4%)	194 (48.6%)
	40-44	124 (50.6%)	121 (49.4%)
	45-49	110 (47.0%)	124 (53.0%)
	50-54	138 (46.2%)	161 (53.8%)
	55-59	207 (43.6%)	268 (56.4%)
	60-64	393 (45.0%)	480 (55.0%)
	65-69	305 (42.2%)	417 (57.8%)
	70-74	334 (44.7%)	413 (55.3%)
	75-79	200 (45.2%)	242 (54.8%)
	80-	111 (47.6%)	122 (52.4%)
	合計	2127 (45.6%)	2542 (54.4%)
合計	-39	267 (47.0%)	301 (53.0%)
	40-44	172 (46.2%)	200 (53.8%)
	45-49	167 (47.0%)	188 (53.0%)
	50-54	190 (42.9%)	253 (57.1%)
	55-59	281 (41.6%)	395 (58.4%)
	60-64	560 (43.2%)	735 (56.8%)
	65-69	479 (40.2%)	713 (59.8%)
	70-74	520 (40.0%)	780 (60.0%)
	75-79	356 (43.6%)	461 (56.4%)
	80-	201 (46.2%)	234 (53.8%)
	合計	3193 (42.8%)	4260 (57.2%)

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そわそわ、落ち着かなく感じましたか。

	1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そわそわ、落ち着かなく感じましたか。				
	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性															
-39	94 (55.3%)	40 (23.5%)	23 (13.5%)	6 (3.5%)	7 (4.1%)	115 (67.6%)	28 (16.5%)	20 (11.8%)	2 (1.2%)	5 (2.9%)	103 (60.6%)	36 (21.2%)	26 (15.3%)	2 (1.2%)	3 (1.8%)
40-44	72 (55.8%)	32 (24.8%)	14 (10.9%)	8 (6.2%)	3 (2.3%)	89 (69.0%)	23 (17.8%)	12 (9.3%)	4 (3.1%)	1 (0.8%)	80 (62.0%)	32 (24.8%)	14 (10.9%)	3 (2.3%)	0 (0.0%)
45-49	73 (59.3%)	32 (26.0%)	14 (11.4%)	2 (1.6%)	2 (1.6%)	89 (72.4%)	20 (16.3%)	10 (8.1%)	3 (2.4%)	1 (0.8%)	76 (61.8%)	38 (30.9%)	6 (4.9%)	3 (2.4%)	0 (0.0%)
50-54	77 (52.4%)	45 (30.6%)	22 (15.0%)	1 (0.7%)	2 (1.4%)	103 (70.1%)	34 (23.1%)	7 (4.8%)	3 (2.0%)	0 (0.0%)	104 (70.7%)	27 (18.4%)	14 (9.5%)	2 (1.4%)	0 (0.0%)
55-59	104 (51.0%)	67 (32.8%)	23 (11.3%)	5 (2.5%)	5 (2.5%)	136 (66.7%)	42 (20.6%)	21 (10.3%)	3 (1.5%)	2 (1.0%)	116 (57.1%)	61 (30.0%)	23 (11.3%)	2 (1.0%)	1 (0.5%)
60-64	236 (54.1%)	136 (31.2%)	57 (13.1%)	5 (1.1%)	2 (0.5%)	316 (72.5%)	84 (19.3%)	33 (7.6%)	2 (0.5%)	1 (0.2%)	278 (63.6%)	119 (27.2%)	36 (8.2%)	3 (0.7%)	1 (0.2%)
65-69	283 (59.1%)	141 (29.4%)	47 (9.8%)	3 (0.6%)	5 (1.0%)	353 (73.7%)	97 (20.3%)	22 (4.6%)	2 (0.4%)	5 (1.0%)	345 (72.0%)	97 (20.3%)	34 (7.1%)	0 (0.0%)	3 (0.6%)
70-74	358 (67.6%)	151 (26.8%)	43 (7.6%)	7 (1.2%)	4 (0.7%)	433 (77.0%)	82 (14.6%)	40 (7.1%)	2 (0.4%)	5 (0.9%)	430 (76.4%)	89 (15.8%)	36 (6.4%)	5 (0.9%)	3 (0.5%)
75-79	244 (64.2%)	86 (22.6%)	46 (12.1%)	1 (0.3%)	3 (0.8%)	288 (76.0%)	64 (16.9%)	20 (5.3%)	3 (0.8%)	4 (1.1%)	272 (71.6%)	77 (20.3%)	27 (7.1%)	1 (0.3%)	3 (0.8%)
80-	128 (63.4%)	55 (27.2%)	14 (6.9%)	4 (2.0%)	1 (0.5%)	154 (75.9%)	36 (17.7%)	7 (3.4%)	5 (2.5%)	1 (0.5%)	147 (72.4%)	41 (20.2%)	11 (5.4%)	4 (2.0%)	0 (0.0%)
合計	1669 (58.9%)	785 (27.7%)	303 (10.7%)	42 (1.5%)	34 (1.2%)	2076 (73.3%)	510 (18.0%)	192 (6.8%)	29 (1.0%)	25 (0.9%)	1951 (68.8%)	617 (21.8%)	227 (8.0%)	25 (0.9%)	14 (0.5%)
女性															
-39	176 (43.9%)	116 (28.9%)	78 (19.5%)	22 (5.5%)	9 (2.2%)	284 (70.5%)	68 (16.9%)	38 (9.4%)	7 (1.7%)	6 (1.5%)	245 (60.9%)	98 (24.4%)	45 (11.2%)	8 (2.0%)	6 (1.5%)
40-44	98 (40.2%)	77 (31.6%)	51 (20.9%)	10 (4.1%)	8 (3.3%)	148 (60.7%)	62 (25.4%)	25 (10.2%)	5 (2.0%)	4 (1.6%)	133 (54.5%)	70 (28.7%)	28 (11.5%)	9 (3.7%)	4 (1.6%)
45-49	95 (40.3%)	81 (34.3%)	47 (19.9%)	7 (3.0%)	6 (2.5%)	157 (66.2%)	54 (22.8%)	17 (7.2%)	4 (1.7%)	5 (2.1%)	143 (60.3%)	67 (28.3%)	20 (8.4%)	1 (0.4%)	6 (2.5%)
50-54	101 (33.4%)	117 (38.7%)	60 (19.9%)	13 (4.3%)	11 (3.6%)	172 (56.8%)	82 (27.1%)	39 (12.9%)	6 (2.0%)	4 (1.3%)	149 (49.3%)	110 (36.4%)	35 (11.6%)	4 (1.3%)	4 (1.3%)
55-59	178 (37.1%)	188 (39.2%)	86 (17.9%)	17 (3.5%)	11 (2.3%)	298 (62.0%)	133 (27.7%)	42 (8.7%)	5 (1.0%)	3 (0.6%)	274 (57.0%)	145 (30.1%)	57 (11.9%)	4 (0.8%)	1 (0.2%)
60-64	360 (40.4%)	325 (36.3%)	157 (17.6%)	31 (3.5%)	17 (1.9%)	521 (58.7%)	231 (26.0%)	113 (12.7%)	11 (1.2%)	12 (1.4%)	510 (57.4%)	262 (29.5%)	105 (11.8%)	4 (0.4%)	8 (0.9%)
65-69	340 (46.4%)	263 (35.9%)	105 (14.3%)	13 (1.8%)	12 (1.6%)	460 (62.8%)	178 (24.3%)	85 (11.6%)	5 (0.7%)	4 (0.5%)	479 (65.5%)	178 (24.4%)	69 (9.4%)	3 (0.4%)	2 (0.3%)
70-74	367 (47.8%)	254 (33.1%)	116 (15.1%)	13 (1.7%)	17 (2.2%)	482 (62.8%)	176 (22.9%)	72 (9.4%)	18 (2.3%)	19 (2.5%)	466 (60.7%)	205 (26.7%)	77 (10.0%)	12 (1.6%)	8 (1.0%)
75-79	227 (50.3%)	128 (28.4%)	73 (16.2%)	11 (2.4%)	12 (2.7%)	273 (60.5%)	101 (22.4%)	65 (14.4%)	9 (2.0%)	3 (0.7%)	291 (64.4%)	97 (21.5%)	51 (11.3%)	5 (1.1%)	8 (1.8%)
80-	119 (50.0%)	87 (36.6%)	24 (10.1%)	5 (2.1%)	3 (1.3%)	146 (61.1%)	70 (29.3%)	20 (8.4%)	1 (0.4%)	2 (0.8%)	152 (64.1%)	58 (24.5%)	25 (10.5%)	1 (0.4%)	1 (0.4%)
合計	2061 (43.5%)	1636 (34.5%)	797 (16.8%)	142 (3.0%)	106 (2.2%)	2941 (62.0%)	1155 (24.3%)	516 (10.9%)	71 (1.5%)	62 (1.3%)	2842 (59.9%)	1290 (27.2%)	512 (10.8%)	51 (1.1%)	48 (1.0%)
合計															
-39	270 (47.3%)	156 (27.3%)	101 (17.7%)	28 (4.9%)	16 (2.8%)	399 (69.6%)	96 (16.8%)	58 (10.1%)	9 (1.6%)	11 (1.9%)	348 (60.8%)	134 (23.4%)	71 (12.4%)	10 (1.7%)	9 (1.6%)
40-44	170 (45.6%)	109 (29.2%)	65 (17.4%)	18 (4.8%)	11 (2.9%)	237 (63.5%)	85 (22.8%)	37 (9.9%)	9 (2.4%)	5 (1.3%)	213 (57.1%)	102 (27.3%)	42 (11.3%)	12 (3.2%)	4 (1.1%)
45-49	168 (46.8%)	113 (31.5%)	61 (17.0%)	9 (2.5%)	8 (2.2%)	246 (68.3%)	74 (20.6%)	27 (7.5%)	7 (1.9%)	6 (1.7%)	219 (60.8%)	105 (29.2%)	26 (7.2%)	4 (1.1%)	6 (1.7%)
50-54	178 (39.6%)	162 (36.1%)	82 (18.3%)	14 (3.1%)	13 (2.9%)	275 (61.1%)	116 (25.8%)	46 (10.2%)	9 (2.0%)	4 (0.9%)	253 (56.3%)	137 (30.5%)	49 (10.9%)	6 (1.3%)	4 (0.9%)
55-59	282 (41.2%)	255 (37.3%)	109 (15.9%)	22 (3.2%)	16 (2.3%)	434 (63.4%)	175 (25.5%)	63 (9.2%)	8 (1.2%)	5 (0.7%)	390 (57.0%)	206 (30.1%)	80 (11.7%)	6 (0.9%)	2 (0.3%)
60-64	596 (44.9%)	461 (34.8%)	214 (16.1%)	36 (2.7%)	19 (1.4%)	837 (63.2%)	315 (23.8%)	146 (11.0%)	13 (1.0%)	13 (1.0%)	788 (59.4%)	381 (28.7%)	141 (10.6%)	7 (0.5%)	9 (0.7%)
65-69	623 (51.4%)	404 (33.3%)	152 (12.5%)	16 (1.3%)	17 (1.4%)	813 (67.1%)	275 (22.7%)	107 (8.8%)	7 (0.6%)	9 (0.7%)	824 (68.1%)	275 (22.7%)	103 (8.5%)	3 (0.2%)	5 (0.4%)
70-74	725 (54.5%)	405 (30.5%)	159 (12.0%)	20 (1.5%)	21 (1.6%)	915 (68.8%)	258 (19.4%)	112 (8.4%)	20 (1.5%)	24 (1.8%)	896 (67.3%)	294 (22.1%)	113 (8.5%)	17 (1.3%)	11 (0.8%)
75-79	471 (56.7%)	214 (25.8%)	119 (14.3%)	12 (1.4%)	15 (1.8%)	561 (67.6%)	165 (19.9%)	85 (10.2%)	12 (1.4%)	7 (0.8%)	563 (67.7%)	174 (20.9%)	78 (9.4%)	6 (0.7%)	11 (1.3%)
80-	247 (56.1%)	142 (32.3%)	38 (8.6%)	9 (2.0%)	4 (0.9%)	300 (67.9%)	106 (24.0%)	27 (6.1%)	6 (1.4%)	3 (0.7%)	299 (68.0%)	99 (22.5%)	36 (8.2%)	5 (1.1%)	1 (0.2%)
合計	3730 (49.2%)	2421 (32.0%)	1100 (14.5%)	184 (2.4%)	140 (1.8%)	5017 (66.2%)	1665 (22.0%)	708 (9.3%)	100 (1.3%)	87 (1.1%)	4793 (63.3%)	1907 (25.2%)	739 (9.8%)	76 (1.0%)	62 (0.8%)

4) 気分が沈み込んで、何が起っても  
気が晴れないように感じましたか。

5) 何をしても骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	95 (55.9%)	37 (21.8%)	31 (18.2%)	3 (1.8%)	4 (2.4%)	99 (58.2%)	43 (25.3%)	21 (12.4%)	4 (2.4%)	3 (1.8%)	106 (62.4%)	37 (21.8%)	18 (10.6%)	4 (2.4%)	5 (2.9%)
	40-44	73 (56.6%)	33 (25.6%)	15 (11.6%)	5 (3.9%)	3 (2.3%)	71 (55.0%)	36 (27.9%)	14 (10.9%)	5 (3.9%)	3 (2.3%)	81 (63.3%)	22 (17.2%)	19 (14.8%)	3 (2.3%)	3 (2.3%)
	45-49	71 (57.7%)	37 (30.1%)	12 (9.8%)	2 (1.6%)	1 (0.8%)	73 (59.3%)	34 (27.6%)	15 (12.2%)	1 (0.8%)	0 (0.0%)	89 (73.0%)	21 (17.2%)	10 (8.2%)	0 (0.0%)	2 (1.6%)
	50-54	83 (56.5%)	50 (34.0%)	12 (8.2%)	1 (0.7%)	1 (0.7%)	76 (51.7%)	57 (38.8%)	10 (6.8%)	2 (1.4%)	2 (1.4%)	99 (67.3%)	33 (22.4%)	12 (8.2%)	2 (1.4%)	1 (0.7%)
	55-59	112 (54.9%)	57 (27.9%)	29 (14.2%)	2 (1.0%)	4 (2.0%)	110 (53.9%)	64 (31.4%)	23 (11.3%)	4 (2.0%)	3 (1.5%)	134 (66.0%)	39 (19.2%)	26 (12.8%)	1 (0.5%)	3 (1.5%)
	60-64	261 (59.7%)	130 (29.7%)	38 (8.7%)	6 (1.4%)	2 (0.5%)	251 (57.4%)	143 (32.7%)	35 (8.0%)	3 (0.7%)	5 (1.1%)	318 (73.1%)	74 (17.0%)	34 (7.8%)	5 (1.1%)	4 (0.9%)
	65-69	313 (65.3%)	116 (24.2%)	41 (8.6%)	4 (0.8%)	5 (1.0%)	303 (63.1%)	133 (27.7%)	38 (7.9%)	3 (0.6%)	3 (0.6%)	348 (72.7%)	97 (20.3%)	29 (6.1%)	1 (0.2%)	4 (0.8%)
	70-74	407 (72.0%)	116 (20.5%)	34 (6.0%)	4 (0.7%)	4 (0.7%)	382 (67.6%)	134 (23.7%)	39 (6.9%)	6 (1.1%)	4 (0.7%)	407 (72.3%)	108 (19.2%)	31 (5.5%)	6 (1.1%)	11 (2.0%)
	75-79	269 (71.0%)	81 (21.4%)	19 (5.0%)	8 (2.1%)	2 (0.5%)	244 (64.2%)	95 (25.0%)	33 (8.7%)	4 (1.1%)	4 (1.1%)	273 (72.0%)	64 (16.9%)	31 (8.2%)	7 (1.8%)	4 (1.1%)
	80-	150 (73.9%)	36 (17.7%)	9 (4.4%)	4 (2.0%)	4 (2.0%)	118 (58.1%)	58 (28.6%)	17 (8.4%)	4 (2.0%)	6 (3.0%)	152 (74.9%)	34 (16.7%)	8 (3.9%)	5 (2.5%)	4 (2.0%)
	合計	1834 (64.7%)	693 (24.4%)	240 (8.5%)	39 (1.4%)	30 (1.1%)	1727 (60.9%)	797 (28.1%)	245 (8.6%)	36 (1.3%)	33 (1.2%)	2007 (70.9%)	529 (18.7%)	218 (7.7%)	34 (1.2%)	41 (1.4%)
女性	-39	199 (49.4%)	110 (27.3%)	73 (18.1%)	12 (3.0%)	9 (2.2%)	230 (57.1%)	110 (27.3%)	47 (11.7%)	10 (2.5%)	6 (1.5%)	240 (59.6%)	102 (25.3%)	39 (9.7%)	12 (3.0%)	10 (2.5%)
	40-44	110 (44.9%)	78 (31.8%)	34 (13.9%)	18 (7.3%)	5 (2.0%)	121 (49.4%)	69 (28.2%)	35 (14.3%)	14 (5.7%)	6 (2.4%)	133 (54.5%)	72 (29.5%)	20 (8.2%)	9 (3.7%)	10 (4.1%)
	45-49	107 (45.1%)	85 (35.9%)	33 (13.9%)	9 (3.8%)	3 (1.3%)	118 (48.9%)	74 (31.2%)	27 (11.4%)	16 (6.8%)	4 (1.7%)	151 (63.7%)	51 (21.5%)	24 (10.1%)	4 (1.7%)	7 (3.0%)
	50-54	113 (37.3%)	112 (37.0%)	57 (18.8%)	12 (4.0%)	9 (3.0%)	120 (39.6%)	120 (39.6%)	48 (15.8%)	10 (3.3%)	5 (1.7%)	184 (60.7%)	67 (22.1%)	39 (12.9%)	6 (2.0%)	7 (2.3%)
	55-59	216 (44.9%)	177 (36.8%)	71 (14.8%)	15 (3.1%)	2 (0.4%)	238 (49.6%)	164 (34.2%)	65 (13.5%)	7 (1.5%)	6 (1.3%)	301 (62.7%)	114 (23.8%)	52 (10.8%)	3 (0.6%)	10 (2.1%)
	60-64	393 (44.2%)	320 (36.0%)	139 (15.6%)	23 (2.6%)	15 (1.7%)	468 (52.6%)	304 (34.2%)	92 (10.3%)	19 (2.1%)	7 (0.8%)	575 (64.8%)	205 (23.1%)	87 (9.8%)	7 (0.8%)	14 (1.6%)
	65-69	396 (54.0%)	238 (32.4%)	90 (12.3%)	7 (1.0%)	3 (0.4%)	433 (59.0%)	232 (31.6%)	59 (8.0%)	10 (1.4%)	0 (0.0%)	487 (66.4%)	171 (23.3%)	57 (7.8%)	8 (1.1%)	10 (1.4%)
	70-74	404 (52.5%)	241 (31.3%)	98 (12.7%)	14 (1.8%)	12 (1.6%)	421 (54.8%)	223 (29.0%)	92 (12.0%)	18 (2.3%)	14 (1.8%)	506 (66.0%)	164 (21.4%)	68 (8.9%)	8 (1.0%)	21 (2.7%)
	75-79	253 (56.0%)	117 (25.9%)	61 (13.5%)	12 (2.7%)	9 (2.0%)	242 (53.8%)	135 (30.0%)	56 (12.4%)	10 (2.2%)	7 (1.6%)	292 (64.6%)	97 (21.5%)	43 (9.5%)	7 (1.5%)	13 (2.9%)
	80-	139 (58.2%)	67 (28.0%)	30 (12.6%)	3 (1.3%)	0 (0.0%)	138 (57.7%)	64 (26.8%)	24 (10.0%)	7 (2.9%)	6 (2.5%)	150 (62.8%)	53 (22.2%)	28 (11.7%)	4 (1.7%)	4 (1.7%)
	合計	2330 (49.0%)	1545 (32.5%)	686 (14.4%)	125 (2.6%)	67 (1.4%)	2527 (53.2%)	1495 (31.5%)	545 (11.5%)	121 (2.5%)	61 (1.3%)	3019 (63.6%)	1096 (23.1%)	457 (9.6%)	68 (1.4%)	106 (2.2%)
合計	-39	294 (51.3%)	147 (25.7%)	104 (18.2%)	15 (2.6%)	13 (2.3%)	329 (57.4%)	153 (26.7%)	68 (11.9%)	14 (2.4%)	9 (1.6%)	346 (60.4%)	139 (24.3%)	57 (9.9%)	16 (2.8%)	15 (2.6%)
	40-44	183 (48.9%)	111 (29.7%)	49 (13.1%)	23 (6.1%)	8 (2.1%)	192 (51.3%)	105 (28.1%)	49 (13.1%)	19 (5.1%)	9 (2.4%)	214 (57.5%)	94 (25.3%)	39 (10.5%)	12 (3.2%)	13 (3.5%)
	45-49	178 (49.4%)	122 (33.9%)	45 (12.5%)	11 (3.1%)	4 (1.1%)	189 (52.5%)	108 (30.0%)	42 (11.7%)	17 (4.7%)	4 (1.1%)	240 (66.9%)	72 (20.1%)	34 (9.5%)	4 (1.1%)	9 (2.5%)
	50-54	196 (43.6%)	162 (36.0%)	69 (15.3%)	13 (2.9%)	10 (2.2%)	196 (43.6%)	177 (39.3%)	58 (12.9%)	12 (2.7%)	7 (1.6%)	283 (62.9%)	100 (22.2%)	51 (11.3%)	8 (1.8%)	8 (1.8%)
	55-59	328 (47.9%)	234 (34.2%)	100 (14.6%)	17 (2.5%)	6 (0.9%)	348 (50.9%)	228 (33.3%)	88 (12.9%)	11 (1.6%)	9 (1.3%)	435 (63.7%)	153 (22.4%)	78 (11.4%)	4 (0.6%)	13 (1.9%)
	60-64	654 (49.3%)	450 (33.9%)	177 (13.3%)	29 (2.2%)	17 (1.3%)	719 (54.2%)	447 (33.7%)	127 (9.6%)	22 (1.7%)	12 (0.9%)	893 (67.5%)	279 (21.1%)	121 (9.1%)	12 (0.9%)	18 (1.4%)
	65-69	709 (58.5%)	354 (29.2%)	131 (10.8%)	11 (0.9%)	8 (0.7%)	736 (60.6%)	365 (30.1%)	97 (8.0%)	13 (1.1%)	3 (0.2%)	835 (68.9%)	268 (22.1%)	86 (7.1%)	9 (0.7%)	14 (1.2%)
	70-74	811 (60.8%)	357 (26.8%)	132 (9.9%)	18 (1.3%)	16 (1.2%)	803 (60.2%)	357 (26.8%)	131 (9.8%)	24 (1.8%)	18 (1.4%)	913 (68.6%)	272 (20.5%)	99 (7.4%)	14 (1.1%)	32 (2.4%)
	75-79	522 (62.8%)	198 (23.8%)	80 (9.6%)	20 (2.4%)	11 (1.3%)	486 (58.6%)	230 (27.7%)	89 (10.7%)	14 (1.7%)	11 (1.3%)	565 (68.0%)	161 (19.4%)	74 (8.9%)	14 (1.7%)	17 (2.0%)
	80-	289 (65.4%)	103 (23.3%)	39 (8.8%)	7 (1.6%)	4 (0.9%)	256 (57.9%)	122 (27.6%)	41 (9.3%)	11 (2.5%)	12 (2.7%)	302 (68.3%)	87 (19.7%)	36 (8.1%)	9 (2.0%)	8 (1.8%)
	合計	4164 (54.9%)	2238 (29.5%)	926 (12.2%)	164 (2.2%)	97 (1.3%)	4254 (56.1%)	2292 (30.2%)	790 (10.4%)	157 (2.1%)	94 (1.2%)	5026 (66.3%)	1625 (21.5%)	675 (8.9%)	102 (1.3%)	147 (1.9%)

【10】今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	36 (21.2%)	134 (78.8%)	18 (10.6%)	152 (89.4%)	5 (2.9%)	165 (97.1%)
	40-44	24 (18.6%)	105 (81.4%)	22 (17.2%)	106 (82.8%)	6 (4.7%)	122 (95.3%)
	45-49	14 (11.4%)	109 (88.6%)	10 (8.1%)	113 (91.9%)	3 (2.4%)	120 (97.6%)
	50-54	30 (20.4%)	117 (79.6%)	18 (12.2%)	129 (87.8%)	8 (5.4%)	139 (94.6%)
	55-59	38 (18.6%)	166 (81.4%)	26 (12.7%)	178 (87.3%)	5 (2.5%)	199 (97.5%)
	60-64	67 (15.3%)	370 (84.7%)	69 (15.8%)	367 (84.2%)	22 (5.0%)	414 (95.0%)
	65-69	78 (16.3%)	400 (83.7%)	71 (14.8%)	409 (85.2%)	14 (2.9%)	465 (97.1%)
	70-74	122 (21.6%)	443 (78.4%)	98 (17.4%)	465 (82.6%)	23 (4.1%)	539 (95.9%)
	75-79	103 (27.1%)	277 (72.9%)	76 (20.1%)	302 (79.9%)	16 (4.2%)	363 (95.8%)
	80-	56 (27.5%)	148 (72.5%)	45 (22.3%)	157 (77.7%)	10 (5.0%)	191 (95.0%)
	合計	568 (20.0%)	2269 (80.0%)	453 (16.0%)	2378 (84.0%)	112 (4.0%)	2717 (96.0%)
女性	-39	102 (25.3%)	301 (74.7%)	78 (19.4%)	324 (80.6%)	40 (9.9%)	363 (90.1%)
	40-44	50 (20.5%)	194 (79.5%)	44 (18.0%)	200 (82.0%)	21 (8.6%)	223 (91.4%)
	45-49	27 (11.4%)	210 (88.6%)	39 (16.5%)	198 (83.5%)	20 (8.4%)	217 (91.6%)
	50-54	63 (20.7%)	241 (79.3%)	74 (24.3%)	230 (75.7%)	30 (9.9%)	273 (90.1%)
	55-59	89 (18.5%)	392 (81.5%)	108 (22.5%)	372 (77.5%)	30 (6.3%)	450 (93.8%)
	60-64	229 (25.8%)	659 (74.2%)	238 (26.8%)	649 (73.2%)	78 (8.8%)	805 (91.2%)
	65-69	206 (28.1%)	528 (71.9%)	205 (28.0%)	527 (72.0%)	55 (7.5%)	674 (92.5%)
	70-74	276 (35.8%)	494 (64.2%)	259 (33.7%)	510 (66.3%)	66 (8.6%)	699 (91.4%)
	75-79	180 (40.1%)	269 (59.9%)	145 (32.0%)	308 (68.0%)	46 (10.2%)	403 (89.8%)
	80-	92 (38.7%)	146 (61.3%)	74 (31.0%)	165 (69.0%)	24 (10.1%)	214 (89.9%)
	合計	1314 (27.7%)	3434 (72.3%)	1264 (26.6%)	3463 (73.4%)	410 (8.7%)	4321 (91.3%)
合計	-39	138 (24.1%)	435 (75.9%)	96 (16.8%)	476 (83.2%)	45 (7.9%)	528 (92.1%)
	40-44	74 (19.8%)	299 (80.2%)	66 (17.7%)	306 (82.3%)	27 (7.3%)	345 (92.7%)
	45-49	41 (11.4%)	319 (88.6%)	49 (13.6%)	311 (86.4%)	23 (6.4%)	337 (93.6%)
	50-54	93 (20.6%)	358 (79.4%)	92 (20.4%)	359 (79.6%)	38 (8.4%)	412 (91.6%)
	55-59	127 (18.5%)	558 (81.5%)	134 (19.6%)	550 (80.4%)	35 (5.1%)	649 (94.9%)
	60-64	296 (22.3%)	1029 (77.7%)	307 (23.2%)	1016 (76.8%)	100 (7.6%)	1219 (92.4%)
	65-69	284 (23.4%)	928 (76.6%)	276 (22.8%)	936 (77.2%)	69 (5.7%)	1139 (94.3%)
	70-74	398 (29.8%)	937 (70.2%)	357 (26.8%)	975 (73.2%)	89 (6.7%)	1238 (93.3%)
	75-79	283 (34.1%)	546 (65.9%)	221 (26.6%)	610 (73.4%)	62 (7.5%)	766 (92.5%)
	80-	148 (33.5%)	294 (66.5%)	119 (27.0%)	322 (73.0%)	34 (7.7%)	405 (92.3%)
	合計	1882 (24.8%)	5703 (75.2%)	1717 (22.7%)	5861 (77.3%)	522 (6.9%)	7038 (93.1%)

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

		避難所を含めて、何回住居が変わりましたか。					現在の暮らし向きの状況を、経済的にみてどう感じていますか。				
		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通	
男性	-39	60 (35.3%)	33 (19.4%)	39 (22.9%)	23 (13.5%)	15 (8.8%)	17 (10.0%)	46 (27.1%)	40 (23.5%)	67 (39.4%)	
	40-44	50 (38.8%)	17 (13.2%)	27 (20.9%)	16 (12.4%)	19 (14.7%)	14 (10.9%)	25 (19.4%)	38 (29.5%)	52 (40.3%)	
	45-49	54 (43.9%)	22 (17.9%)	19 (15.4%)	19 (15.4%)	9 (7.3%)	12 (9.8%)	21 (17.1%)	36 (29.3%)	54 (43.9%)	
	50-54	63 (42.9%)	15 (10.2%)	31 (21.1%)	27 (18.4%)	11 (7.5%)	17 (11.6%)	34 (23.1%)	46 (31.3%)	50 (34.0%)	
	55-59	95 (46.6%)	20 (9.8%)	41 (20.1%)	35 (17.2%)	13 (6.4%)	19 (9.3%)	38 (18.6%)	57 (27.9%)	90 (44.1%)	
	60-64	216 (49.4%)	54 (12.4%)	83 (19.0%)	57 (13.0%)	27 (6.2%)	25 (5.7%)	74 (16.9%)	114 (26.1%)	224 (51.3%)	
	65-69	246 (51.4%)	56 (11.7%)	85 (17.7%)	62 (12.9%)	30 (6.3%)	26 (5.4%)	64 (13.4%)	111 (23.2%)	278 (58.0%)	
	70-74	316 (56.2%)	60 (10.7%)	91 (16.2%)	65 (11.6%)	30 (5.3%)	28 (5.0%)	61 (10.8%)	136 (24.1%)	340 (60.2%)	
	75-79	218 (57.4%)	42 (11.1%)	62 (16.3%)	45 (11.8%)	13 (3.4%)	17 (4.5%)	28 (7.4%)	91 (24.0%)	243 (64.1%)	
	80-	111 (54.7%)	15 (7.4%)	29 (14.3%)	30 (14.8%)	18 (8.9%)	5 (2.5%)	16 (7.9%)	45 (22.2%)	137 (67.5%)	
	合計	1429 (50.4%)	334 (11.8%)	507 (17.9%)	379 (13.4%)	185 (6.5%)	180 (6.3%)	407 (14.4%)	714 (25.2%)	1535 (54.1%)	
女性	-39	161 (40.0%)	43 (10.7%)	84 (20.8%)	78 (19.4%)	37 (9.2%)	28 (6.9%)	54 (13.4%)	113 (28.0%)	208 (51.6%)	
	40-44	113 (46.3%)	20 (8.2%)	41 (16.8%)	47 (19.3%)	23 (9.4%)	23 (9.4%)	46 (18.8%)	77 (31.4%)	99 (40.4%)	
	45-49	123 (51.9%)	28 (11.8%)	40 (16.9%)	33 (13.9%)	13 (5.5%)	19 (8.0%)	34 (14.3%)	65 (27.4%)	119 (50.2%)	
	50-54	128 (42.2%)	39 (12.9%)	60 (19.8%)	46 (15.2%)	30 (9.9%)	25 (8.2%)	47 (15.5%)	83 (27.3%)	149 (49.0%)	
	55-59	247 (51.5%)	55 (11.5%)	76 (15.8%)	64 (13.3%)	38 (7.9%)	24 (5.0%)	68 (14.2%)	118 (24.6%)	270 (56.3%)	
	60-64	463 (52.0%)	87 (9.8%)	152 (17.1%)	127 (14.3%)	61 (6.9%)	31 (3.5%)	107 (12.0%)	228 (25.6%)	525 (58.9%)	
	65-69	379 (51.6%)	81 (11.0%)	126 (17.1%)	98 (13.3%)	51 (6.9%)	27 (3.7%)	84 (11.4%)	193 (26.3%)	431 (58.6%)	
	70-74	397 (51.6%)	77 (10.0%)	131 (17.0%)	113 (14.7%)	52 (6.8%)	44 (5.7%)	98 (12.7%)	179 (23.2%)	450 (58.4%)	
	75-79	236 (52.6%)	49 (10.9%)	61 (13.6%)	80 (17.8%)	23 (5.1%)	23 (5.1%)	52 (11.5%)	88 (19.4%)	290 (64.0%)	
	80-	123 (51.7%)	23 (9.7%)	37 (15.5%)	37 (15.5%)	18 (7.6%)	5 (2.1%)	13 (5.4%)	53 (22.2%)	168 (70.3%)	
	合計	2370 (49.9%)	502 (10.6%)	808 (17.0%)	723 (15.2%)	346 (7.3%)	249 (5.2%)	603 (12.7%)	1197 (25.2%)	2709 (56.9%)	
合計	-39	221 (38.6%)	76 (13.3%)	123 (21.5%)	101 (17.6%)	52 (9.1%)	45 (7.9%)	100 (17.5%)	153 (26.7%)	275 (48.0%)	
	40-44	163 (43.7%)	37 (9.9%)	68 (18.2%)	63 (16.9%)	42 (11.3%)	37 (9.9%)	71 (19.0%)	115 (30.7%)	151 (40.4%)	
	45-49	177 (49.2%)	50 (13.9%)	59 (16.4%)	52 (14.4%)	22 (6.1%)	31 (8.6%)	55 (15.3%)	101 (28.1%)	173 (48.1%)	
	50-54	191 (42.4%)	54 (12.0%)	91 (20.2%)	73 (16.2%)	41 (9.1%)	42 (9.3%)	81 (18.0%)	129 (28.6%)	199 (44.1%)	
	55-59	342 (50.0%)	75 (11.0%)	117 (17.1%)	99 (14.5%)	51 (7.5%)	43 (6.3%)	106 (15.5%)	175 (25.6%)	360 (52.6%)	
	60-64	679 (51.2%)	141 (10.6%)	235 (17.7%)	184 (13.9%)	88 (6.6%)	56 (4.2%)	181 (13.6%)	342 (25.8%)	749 (56.4%)	
	65-69	625 (51.5%)	137 (11.3%)	211 (17.4%)	160 (13.2%)	81 (6.7%)	53 (4.4%)	148 (12.2%)	304 (25.0%)	709 (58.4%)	
	70-74	713 (53.5%)	137 (10.3%)	222 (16.7%)	178 (13.4%)	82 (6.2%)	72 (5.4%)	159 (11.9%)	315 (23.6%)	790 (59.1%)	
	75-79	454 (54.8%)	91 (11.0%)	123 (14.8%)	125 (15.1%)	36 (4.3%)	40 (4.8%)	80 (9.6%)	179 (21.5%)	533 (64.1%)	
	80-	234 (53.1%)	38 (8.6%)	66 (15.0%)	67 (15.2%)	36 (8.2%)	10 (2.3%)	29 (6.6%)	98 (22.2%)	305 (69.0%)	
	合計	3799 (50.1%)	836 (11.0%)	1315 (17.3%)	1102 (14.5%)	531 (7.0%)	429 (5.6%)	1010 (13.3%)	1911 (25.2%)	4244 (55.9%)	

資料

【平成24年度分】度数分布表（釜石市）

## 【1】医療に関してお尋ねします。

## 【2】食事についておたずねします。

## 【3】(省略)

(1)現在の健康状態はいかがですか。

(1)最近の食事の回数について  
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)
	45-49	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)
	50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)
	55-59	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	1 (33.3%)
	60-64	0 (0.0%)	11 (68.8%)	4 (25.0%)	1 (6.3%)	2 (12.5%)	14 (87.5%)
	65-69	1 (16.7%)	5 (83.3%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	4 (66.7%)
	70-74	1 (5.9%)	15 (88.2%)	1 (5.9%)	0 (0.0%)	1 (5.9%)	16 (94.1%)
	75-79	1 (10.0%)	7 (70.0%)	1 (10.0%)	1 (10.0%)	0 (0.0%)	10 (100.0%)
	80-	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)
	合計	3 (5.0%)	47 (78.3%)	7 (11.7%)	3 (5.0%)	8 (13.3%)	52 (86.7%)
女性	-39	1 (20.0%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)
	40-44	1 (20.0%)	4 (80.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)
	45-49	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)
	50-54	0 (0.0%)	8 (100.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)
	55-59	2 (25.0%)	4 (50.0%)	2 (25.0%)	0 (0.0%)	1 (12.5%)	7 (87.5%)
	60-64	1 (3.2%)	25 (80.6%)	5 (16.1%)	0 (0.0%)	2 (6.5%)	29 (93.5%)
	65-69	1 (5.3%)	14 (73.7%)	4 (21.1%)	0 (0.0%)	2 (10.5%)	17 (89.5%)
	70-74	1 (7.7%)	9 (69.2%)	2 (15.4%)	1 (7.7%)	1 (7.7%)	12 (92.3%)
	75-79	2 (13.3%)	11 (73.3%)	2 (13.3%)	0 (0.0%)	1 (6.7%)	14 (93.3%)
	80-	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	1 (16.7%)	5 (83.3%)
	合計	9 (8.0%)	85 (75.2%)	18 (15.9%)	1 (0.9%)	10 (8.8%)	103 (91.2%)
合計	-39	1 (20.0%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)
	40-44	1 (12.5%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	2 (25.0%)	6 (75.0%)
	45-49	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)
	50-54	0 (0.0%)	8 (88.9%)	1 (11.1%)	0 (0.0%)	1 (11.1%)	8 (88.9%)
	55-59	2 (18.2%)	6 (54.5%)	2 (18.2%)	1 (9.1%)	3 (27.3%)	8 (72.7%)
	60-64	1 (2.1%)	36 (76.6%)	9 (19.1%)	1 (2.1%)	4 (8.5%)	43 (91.5%)
	65-69	2 (8.0%)	19 (76.0%)	4 (16.0%)	0 (0.0%)	4 (16.0%)	21 (84.0%)
	70-74	2 (6.7%)	24 (80.0%)	3 (10.0%)	1 (3.3%)	2 (6.7%)	28 (93.3%)
	75-79	3 (12.0%)	18 (72.0%)	3 (12.0%)	1 (4.0%)	4 (4.0%)	24 (96.0%)
	80-	0 (0.0%)	7 (87.5%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	7 (87.5%)
	合計	12 (6.9%)	132 (76.3%)	25 (14.5%)	4 (2.3%)	18 (10.4%)	155 (89.6%)

【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていたか。 (副問) 仕事をしていた場合、職業について当てはまるもの1つに○をつけて下さい。

		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	45-49	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	60-64	11 (68.8%)	5 (31.3%)	1 (10.0%)	3 (30.0%)	0 (0.0%)	1 (10.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)
	65-69	5 (83.3%)	1 (16.7%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	2 (40.0%)
	70-74	10 (58.8%)	7 (41.2%)	0 (0.0%)	8 (80.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	75-79	5 (50.0%)	5 (50.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	38 (63.3%)	22 (36.7%)	2 (5.4%)	18 (48.6%)	0 (0.0%)	3 (8.1%)	5 (13.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (10.8%)	0 (0.0%)	2 (5.4%)	1 (2.7%)	2 (5.4%)
女性	-39	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)
	40-44	4 (80.0%)	1 (20.0%)	0 (0.0%)	2 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)
	45-49	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)
	50-54	4 (50.0%)	4 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	1 (25.0%)	1 (25.0%)
	55-59	7 (87.5%)	1 (12.5%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)
	60-64	21 (67.7%)	10 (32.3%)	1 (5.0%)	2 (10.0%)	0 (0.0%)	0 (0.0%)	1 (5.0%)	0 (0.0%)	1 (5.0%)	0 (0.0%)	3 (15.0%)	0 (0.0%)	7 (35.0%)	2 (10.0%)	3 (15.0%)
	65-69	7 (36.8%)	12 (63.2%)	0 (0.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	1 (16.7%)	1 (16.7%)	0 (0.0%)
	70-74	5 (38.5%)	8 (61.5%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)
	75-79	5 (33.3%)	10 (66.7%)	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	2 (33.3%)	4 (66.7%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	61 (54.0%)	52 (46.0%)	7 (12.5%)	14 (25.0%)	0 (0.0%)	1 (1.8%)	2 (3.6%)	0 (0.0%)	1 (1.8%)	0 (0.0%)	7 (12.5%)	0 (0.0%)	12 (21.4%)	6 (10.7%)	6 (10.7%)
合計	-39	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)
	40-44	7 (87.5%)	1 (12.5%)	0 (0.0%)	2 (28.6%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	2 (28.6%)	1 (14.3%)	0 (0.0%)
	45-49	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)
	50-54	5 (55.5%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)
	55-59	9 (81.8%)	2 (18.2%)	1 (14.3%)	3 (42.9%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	0 (0.0%)
	60-64	32 (68.1%)	15 (31.9%)	2 (6.7%)	5 (16.7%)	0 (0.0%)	1 (3.3%)	4 (13.3%)	0 (0.0%)	1 (3.3%)	0 (0.0%)	4 (13.3%)	0 (0.0%)	7 (23.3%)	3 (10.0%)	3 (10.0%)
	65-69	12 (48.0%)	13 (52.0%)	1 (9.1%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (9.1%)	0 (0.0%)	2 (18.2%)	1 (9.1%)	2 (18.2%)
	70-74	15 (50.0%)	15 (50.0%)	1 (6.7%)	10 (66.7%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (6.7%)
	75-79	10 (40.0%)	15 (60.0%)	2 (20.0%)	8 (80.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	2 (25.0%)	6 (75.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	99 (57.2%)	74 (42.8%)	9 (9.7%)	32 (34.4%)	0 (0.0%)	4 (4.3%)	7 (7.5%)	0 (0.0%)	1 (1.1%)	0 (0.0%)	11 (11.8%)	0 (0.0%)	14 (15.1%)	7 (7.5%)	8 (8.6%)



(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるもの全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (50.0%)	1 (50.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (50.0%)	1 (50.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	3 (100.0%)	0 (0.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	0 (0.0%)
	60-64	5 (33.3%)	10 (66.7%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	3 (25.0%)	0 (0.0%)
	65-69	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	0 (0.0%)
	70-74	9 (60.0%)	6 (40.0%)	0 (0.0%)	7 (77.8%)	0 (0.0%)	4 (33.3%)	0 (0.0%)
	75-79	4 (40.0%)	6 (60.0%)	0 (0.0%)	2 (22.2%)	0 (0.0%)	1 (8.3%)	2 (100.0%)
	80-	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	26 (46.4%)	30 (53.6%)	5 (100.0%)	9 (100.0%)	0 (0.0%)	12 (100.0%)	2 (100.0%)
女性	-39	3 (60.0%)	2 (40.0%)	1 (16.7%)	1 (4.5%)	0 (0.0%)	1 (8.3%)	1 (33.3%)
	40-44	2 (40.0%)	3 (60.0%)	0 (0.0%)	1 (4.5%)	0 (0.0%)	1 (8.3%)	0 (0.0%)
	45-49	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	0 (0.0%)
	50-54	4 (50.0%)	4 (50.0%)	2 (33.3%)	2 (9.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	5 (62.5%)	3 (37.5%)	0 (0.0%)	3 (13.6%)	0 (0.0%)	1 (8.3%)	0 (0.0%)
	60-64	15 (48.4%)	16 (51.6%)	3 (50.0%)	8 (36.4%)	0 (0.0%)	4 (33.3%)	1 (33.3%)
	65-69	5 (26.3%)	14 (73.7%)	0 (0.0%)	3 (13.6%)	0 (0.0%)	2 (16.7%)	0 (0.0%)
	70-74	3 (23.1%)	10 (76.9%)	0 (0.0%)	2 (9.1%)	0 (0.0%)	1 (8.3%)	1 (33.3%)
	75-79	2 (13.3%)	13 (86.7%)	0 (0.0%)	2 (9.1%)	0 (0.0%)	1 (8.3%)	0 (0.0%)
	80-	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	40 (35.4%)	73 (64.6%)	6 (100.0%)	22 (100.0%)	1 (100.0%)	12 (100.0%)	3 (100.0%)
合計	-39	3 (60.0%)	2 (40.0%)	1 (9.1%)	1 (3.2%)	0 (0.0%)	1 (4.2%)	1 (20.0%)
	40-44	3 (42.9%)	4 (57.1%)	1 (9.1%)	1 (3.2%)	0 (0.0%)	1 (4.2%)	0 (0.0%)
	45-49	2 (40.0%)	3 (60.0%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	1 (4.2%)	0 (0.0%)
	50-54	4 (44.4%)	5 (55.6%)	2 (18.2%)	2 (6.5%)	1 (100.0%)	0 (0.0%)	0 (0.0%)
	55-59	8 (72.7%)	3 (27.3%)	2 (18.2%)	3 (9.7%)	0 (0.0%)	3 (12.5%)	0 (0.0%)
	60-64	20 (43.5%)	26 (56.5%)	4 (36.4%)	8 (25.8%)	0 (0.0%)	7 (29.2%)	1 (20.0%)
	65-69	8 (32.0%)	17 (68.0%)	0 (0.0%)	3 (9.7%)	0 (0.0%)	4 (16.7%)	0 (0.0%)
	70-74	12 (42.9%)	16 (57.1%)	0 (0.0%)	9 (29.0%)	0 (0.0%)	5 (20.8%)	1 (20.0%)
	75-79	6 (24.0%)	19 (76.0%)	0 (0.0%)	4 (12.9%)	0 (0.0%)	2 (8.3%)	2 (40.0%)
	80-	0 (0.0%)	8 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	66 (39.1%)	103 (60.9%)	11 (100.0%)	31 (100.0%)	1 (100.0%)	24 (100.0%)	5 (100.0%)

【5】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)
	45-49	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)
	50-54	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	55-59	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)
	60-64	0 (0.0%)	10 (62.5%)	2 (12.5%)	3 (18.8%)	0 (0.0%)	1 (6.3%)	12 (75.0%)	4 (25.0%)
	65-69	0 (0.0%)	3 (50.0%)	2 (33.3%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	4 (66.7%)	2 (33.3%)
	70-74	0 (0.0%)	4 (23.5%)	7 (41.2%)	3 (17.6%)	2 (11.8%)	1 (5.9%)	6 (35.3%)	11 (64.7%)
	75-79	0 (0.0%)	4 (40.0%)	2 (20.0%)	2 (20.0%)	1 (10.0%)	1 (10.0%)	4 (40.0%)	6 (60.0%)
	80-	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)
合計	1 (1.7%)	24 (40.0%)	18 (30.0%)	10 (16.7%)	4 (6.7%)	4 (5.0%)	34 (56.7%)	26 (43.3%)	
女性	-39	0 (0.0%)	1 (20.0%)	3 (60.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)
	40-44	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)
	45-49	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)
	50-54	1 (12.5%)	2 (25.0%)	4 (50.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	4 (50.0%)	4 (50.0%)
	55-59	0 (0.0%)	4 (50.0%)	3 (37.5%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	5 (62.5%)	3 (37.5%)
	60-64	1 (3.2%)	14 (45.2%)	13 (41.9%)	3 (9.7%)	0 (0.0%)	0 (0.0%)	19 (61.3%)	12 (38.7%)
	65-69	1 (5.3%)	5 (26.3%)	10 (52.6%)	2 (10.5%)	1 (5.3%)	0 (0.0%)	13 (68.4%)	6 (31.6%)
	70-74	4 (30.8%)	5 (38.5%)	2 (15.4%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	8 (61.5%)	5 (38.5%)
	75-79	0 (0.0%)	6 (40.0%)	1 (6.7%)	4 (26.7%)	4 (26.7%)	0 (0.0%)	8 (53.3%)	7 (46.7%)
	80-	1 (16.7%)	2 (33.3%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	3 (50.0%)
合計	8 (7.1%)	45 (39.8%)	40 (35.4%)	14 (12.4%)	6 (5.3%)	0 (0.0%)	69 (61.1%)	44 (38.9%)	
合計	-39	0 (0.0%)	1 (20.0%)	3 (60.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)
	40-44	0 (0.0%)	4 (50.0%)	4 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (62.5%)	3 (37.5%)
	45-49	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)
	50-54	1 (11.1%)	3 (33.3%)	4 (44.4%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	4 (44.4%)
	55-59	1 (9.1%)	4 (36.4%)	5 (45.5%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	8 (72.7%)	3 (27.3%)
	60-64	1 (2.1%)	24 (51.1%)	15 (31.9%)	6 (12.8%)	0 (0.0%)	1 (2.1%)	31 (66.0%)	16 (34.0%)
	65-69	1 (4.0%)	8 (32.0%)	12 (48.0%)	2 (8.0%)	2 (8.0%)	0 (0.0%)	17 (68.0%)	8 (32.0%)
	70-74	4 (13.3%)	9 (30.0%)	9 (30.0%)	5 (16.7%)	2 (6.7%)	1 (3.3%)	14 (46.7%)	16 (53.3%)
	75-79	0 (0.0%)	10 (40.0%)	3 (12.0%)	6 (24.0%)	5 (20.0%)	1 (4.0%)	12 (48.0%)	13 (52.0%)
	80-	1 (12.5%)	2 (25.0%)	2 (25.0%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	4 (50.0%)	4 (50.0%)
合計	9 (5.2%)	69 (39.9%)	58 (33.5%)	24 (13.9%)	10 (5.8%)	3 (1.7%)	103 (59.5%)	70 (40.5%)	

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

		1) 寝つきは？(布団に入ってから眠るまでに要する時間)				2) 夜間、睡眠途中で目が覚めることは？				3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？			
		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)
	45-49	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	55-59	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
	60-64	8 (50.0%)	5 (31.3%)	3 (18.8%)	0 (0.0%)	10 (62.5%)	3 (18.8%)	3 (18.8%)	0 (0.0%)	8 (53.3%)	5 (33.3%)	2 (13.3%)	0 (0.0%)
	65-69	2 (33.3%)	3 (50.0%)	1 (16.7%)	0 (0.0%)	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	1 (16.7%)	1 (16.7%)	0 (0.0%)
	70-74	10 (58.8%)	6 (35.3%)	1 (5.9%)	0 (0.0%)	11 (64.7%)	6 (35.3%)	0 (0.0%)	0 (0.0%)	9 (52.9%)	6 (35.3%)	1 (5.9%)	1 (5.9%)
	75-79	5 (50.0%)	3 (30.0%)	2 (20.0%)	0 (0.0%)	7 (70.0%)	2 (20.0%)	0 (0.0%)	1 (10.0%)	5 (50.0%)	5 (50.0%)	0 (0.0%)	0 (0.0%)
	80-	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	33 (55.0%)	18 (30.0%)	7 (11.7%)	2 (3.3%)	39 (65.0%)	14 (23.3%)	6 (10.0%)	1 (1.7%)	31 (52.5%)	21 (35.6%)	6 (10.2%)	1 (1.7%)
女性	-39	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
	40-44	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)
	50-54	4 (50.0%)	4 (50.0%)	0 (0.0%)	0 (0.0%)	8 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (87.5%)	1 (12.5%)	0 (0.0%)	0 (0.0%)
	55-59	6 (75.0%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	6 (75.0%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	4 (50.0%)	3 (37.5%)	1 (12.5%)	0 (0.0%)
	60-64	11 (35.5%)	13 (41.9%)	4 (12.9%)	3 (9.7%)	14 (45.2%)	14 (45.2%)	3 (9.7%)	0 (0.0%)	15 (50.0%)	11 (36.7%)	3 (10.0%)	1 (3.3%)
	65-69	9 (50.0%)	6 (33.3%)	2 (11.1%)	1 (5.6%)	13 (68.4%)	6 (31.6%)	0 (0.0%)	0 (0.0%)	8 (42.1%)	10 (52.6%)	1 (5.3%)	0 (0.0%)
	70-74	4 (30.8%)	7 (53.8%)	0 (0.0%)	2 (15.4%)	5 (38.5%)	7 (53.8%)	1 (7.7%)	0 (0.0%)	2 (15.4%)	7 (53.8%)	2 (15.4%)	2 (15.4%)
	75-79	8 (57.1%)	4 (28.6%)	2 (14.3%)	0 (0.0%)	8 (53.3%)	5 (33.3%)	0 (0.0%)	2 (13.3%)	7 (46.7%)	6 (40.0%)	0 (0.0%)	2 (13.3%)
	80-	1 (16.7%)	5 (83.3%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	3 (50.0%)	1 (16.7%)	0 (0.0%)
	合計	53 (47.7%)	42 (37.8%)	8 (7.2%)	8 (7.2%)	67 (59.3%)	37 (32.7%)	7 (6.2%)	2 (1.8%)	53 (47.3%)	45 (40.2%)	8 (7.1%)	6 (5.4%)
合計	-39	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
	40-44	8 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	1 (12.5%)	1 (12.5%)	0 (0.0%)	5 (62.5%)	2 (25.0%)	1 (12.5%)	0 (0.0%)
	45-49	3 (60.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)
	50-54	4 (44.4%)	4 (44.4%)	0 (0.0%)	1 (11.1%)	8 (88.8%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	7 (77.8%)	1 (11.1%)	1 (11.1%)	0 (0.0%)
	55-59	8 (72.7%)	1 (9.1%)	0 (0.0%)	2 (18.2%)	8 (72.7%)	1 (9.1%)	2 (18.2%)	0 (0.0%)	5 (45.5%)	5 (45.5%)	1 (9.1%)	0 (0.0%)
	60-64	19 (40.4%)	18 (38.3%)	7 (14.9%)	3 (6.4%)	24 (51.1%)	17 (36.2%)	6 (12.8%)	0 (0.0%)	23 (51.1%)	16 (35.6%)	5 (11.1%)	1 (2.2%)
	65-69	11 (45.8%)	9 (37.5%)	3 (12.5%)	1 (4.2%)	17 (68.0%)	8 (32.0%)	0 (0.0%)	0 (0.0%)	12 (48.0%)	11 (44.0%)	2 (8.0%)	0 (0.0%)
	70-74	14 (46.7%)	13 (43.3%)	1 (3.3%)	2 (6.7%)	16 (53.3%)	13 (43.3%)	1 (3.3%)	0 (0.0%)	11 (36.7%)	13 (43.3%)	3 (10.0%)	3 (10.0%)
	75-79	13 (54.2%)	7 (29.2%)	4 (16.7%)	0 (0.0%)	15 (60.0%)	7 (28.0%)	0 (0.0%)	3 (12.0%)	12 (48.0%)	11 (44.0%)	0 (0.0%)	2 (8.0%)
	80-	2 (25.0%)	6 (75.0%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	4 (50.0%)	3 (37.5%)	1 (12.5%)	0 (0.0%)
	合計	86 (50.3%)	60 (35.1%)	15 (8.8%)	10 (5.8%)	106 (61.3%)	51 (29.5%)	13 (7.5%)	3 (1.7%)	84 (49.1%)	66 (38.6%)	14 (8.2%)	7 (4.1%)

## 4) 総睡眠時間は？

## 5) 全体的な睡眠の質は？

## 6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減入った	かなり減入った	非常に減入った
男性	-39	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	45-49	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)
	55-59	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	60-64	8 (50.0%)	6 (37.5%)	2 (12.5%)	0 (0.0%)	6 (37.5%)	7 (43.8%)	3 (18.8%)	0 (0.0%)	12 (75.0%)	4 (25.0%)	0 (0.0%)	0 (0.0%)
	65-69	2 (33.3%)	4 (66.7%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	5 (83.3%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)
	70-74	12 (70.6%)	4 (23.5%)	1 (5.9%)	0 (0.0%)	9 (52.9%)	7 (41.2%)	1 (5.9%)	0 (0.0%)	13 (76.5%)	3 (17.6%)	1 (5.9%)	0 (0.0%)
	75-79	7 (70.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	6 (60.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	6 (60.0%)	3 (30.0%)	1 (10.0%)	0 (0.0%)
	80-	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	2 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	33 (55.0%)	22 (36.7%)	5 (8.3%)	0 (0.0%)	27 (45.0%)	27 (45.0%)	5 (8.3%)	1 (1.7%)	44 (73.3%)	13 (21.7%)	3 (5.0%)	0 (0.0%)	
女性	-39	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
	40-44	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	3 (37.5%)	5 (62.5%)	0 (0.0%)	0 (0.0%)	3 (37.5%)	5 (62.5%)	0 (0.0%)	0 (0.0%)
	55-59	4 (50.0%)	4 (50.0%)	0 (0.0%)	0 (0.0%)	3 (37.5%)	4 (50.0%)	1 (12.5%)	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)
	60-64	14 (46.7%)	15 (50.0%)	1 (3.3%)	0 (0.0%)	13 (43.3%)	15 (50.0%)	2 (6.7%)	0 (0.0%)	18 (60.0%)	12 (40.0%)	0 (0.0%)	0 (0.0%)
	65-69	11 (57.9%)	8 (42.1%)	0 (0.0%)	0 (0.0%)	12 (63.2%)	7 (36.8%)	0 (0.0%)	0 (0.0%)	12 (63.2%)	6 (31.6%)	1 (5.3%)	0 (0.0%)
	70-74	6 (46.2%)	5 (38.5%)	1 (7.7%)	1 (7.7%)	4 (30.8%)	7 (53.8%)	2 (15.4%)	0 (0.0%)	7 (53.8%)	4 (30.8%)	1 (7.7%)	1 (7.7%)
	75-79	10 (66.7%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	8 (53.3%)	7 (46.7%)	0 (0.0%)	0 (0.0%)	9 (64.3%)	4 (28.6%)	1 (7.1%)	0 (0.0%)
	80-	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)
合計	58 (51.8%)	49 (43.8%)	4 (3.6%)	1 (0.9%)	53 (47.7%)	51 (45.9%)	7 (6.3%)	0 (0.0%)	69 (62.2%)	38 (34.2%)	3 (2.7%)	1 (0.9%)	
合計	-39	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
	40-44	3 (37.5%)	5 (62.5%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)
	45-49	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	5 (55.6%)	3 (33.3%)	1 (11.1%)	0 (0.0%)	3 (33.3%)	5 (55.6%)	1 (11.1%)	0 (0.0%)	3 (33.3%)	5 (55.6%)	1 (11.1%)	0 (0.0%)
	55-59	4 (36.4%)	6 (54.5%)	1 (9.1%)	0 (0.0%)	4 (36.4%)	5 (45.5%)	1 (9.1%)	1 (9.1%)	8 (72.7%)	3 (27.3%)	0 (0.0%)	0 (0.0%)
	60-64	22 (47.8%)	21 (45.7%)	3 (6.5%)	0 (0.0%)	19 (41.3%)	22 (47.8%)	5 (10.9%)	0 (0.0%)	30 (65.2%)	16 (34.8%)	0 (0.0%)	0 (0.0%)
	65-69	13 (52.0%)	12 (48.0%)	0 (0.0%)	0 (0.0%)	13 (52.0%)	12 (48.0%)	0 (0.0%)	0 (0.0%)	17 (68.0%)	7 (28.0%)	1 (4.0%)	0 (0.0%)
	70-74	18 (60.0%)	9 (30.0%)	2 (6.7%)	1 (3.3%)	13 (43.3%)	14 (46.7%)	3 (10.0%)	0 (0.0%)	20 (66.7%)	7 (23.3%)	2 (6.7%)	1 (3.3%)
	75-79	17 (68.0%)	7 (28.0%)	1 (4.0%)	0 (0.0%)	14 (56.0%)	11 (44.0%)	0 (0.0%)	0 (0.0%)	15 (62.5%)	7 (29.2%)	2 (8.3%)	0 (0.0%)
	80-	5 (62.5%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	4 (57.1%)	3 (42.9%)	0 (0.0%)	0 (0.0%)	6 (75.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)
合計	91 (52.9%)	71 (41.3%)	9 (5.2%)	1 (0.6%)	80 (46.8%)	78 (45.6%)	12 (7.0%)	1 (0.6%)	113 (66.1%)	51 (29.8%)	6 (3.5%)	1 (0.6%)	