

【1】医療に関してお尋ねします。

【2】食事についておたずねします。

【3】(省略)

(1)現在の健康状態はいかがですか。

(1)最近の食事の回数について  
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	2 (4.9%)	34 (82.9%)	4 (9.8%)	1 (2.4%)	9 (22.5%)	31 (77.5%)
	40-44	2 (10.0%)	14 (70.0%)	4 (20.0%)	0 (0.0%)	2 (10.0%)	18 (90.0%)
	45-49	1 (5.6%)	15 (83.3%)	2 (11.1%)	0 (0.0%)	3 (18.8%)	13 (81.3%)
	50-54	2 (6.3%)	24 (75.0%)	5 (15.6%)	1 (3.1%)	5 (16.1%)	26 (83.9%)
	55-59	2 (5.1%)	33 (84.6%)	4 (10.3%)	0 (0.0%)	7 (17.9%)	32 (82.1%)
	60-64	7 (8.9%)	59 (74.7%)	11 (13.9%)	2 (2.5%)	3 (3.8%)	75 (96.2%)
	65-69	17 (13.9%)	90 (73.8%)	13 (10.7%)	2 (1.6%)	5 (4.3%)	111 (95.7%)
	70-74	16 (14.5%)	82 (74.5%)	10 (9.1%)	2 (1.8%)	8 (7.3%)	101 (92.7%)
	75-79	12 (14.5%)	58 (69.9%)	13 (15.7%)	0 (0.0%)	5 (6.3%)	75 (93.8%)
	80-	2 (3.9%)	42 (82.4%)	6 (11.8%)	1 (2.0%)	1 (2.0%)	49 (98.0%)
	合計	63 (10.6%)	451 (75.8%)	72 (12.1%)	9 (1.5%)	48 (8.3%)	531 (91.7%)
女性	-39	10 (10.8%)	73 (78.5%)	9 (9.7%)	1 (1.1%)	17 (18.3%)	76 (81.7%)
	40-44	2 (4.1%)	43 (87.8%)	4 (8.2%)	0 (0.0%)	9 (18.4%)	40 (81.6%)
	45-49	1 (2.1%)	37 (78.7%)	9 (19.1%)	0 (0.0%)	6 (13.0%)	40 (87.0%)
	50-54	6 (8.7%)	53 (76.8%)	10 (14.5%)	0 (0.0%)	4 (5.9%)	64 (94.1%)
	55-59	3 (3.1%)	83 (84.7%)	12 (12.2%)	0 (0.0%)	3 (3.1%)	94 (96.9%)
	60-64	15 (7.4%)	164 (80.4%)	24 (11.8%)	1 (0.5%)	9 (4.4%)	194 (95.6%)
	65-69	20 (13.6%)	113 (76.9%)	13 (8.8%)	1 (0.7%)	4 (2.8%)	138 (97.2%)
	70-74	9 (6.1%)	117 (79.1%)	19 (12.8%)	3 (2.0%)	2 (1.4%)	141 (98.6%)
	75-79	4 (4.2%)	74 (77.1%)	16 (16.7%)	2 (2.1%)	2 (2.1%)	92 (97.9%)
	80-	2 (3.3%)	45 (73.8%)	14 (23.0%)	0 (0.0%)	1 (1.7%)	57 (98.3%)
	合計	72 (7.1%)	802 (79.2%)	130 (12.9%)	8 (0.8%)	57 (5.7%)	836 (94.3%)
合計	-39	12 (9.0%)	107 (79.9%)	13 (9.7%)	2 (1.5%)	26 (19.5%)	107 (80.5%)
	40-44	4 (5.8%)	57 (82.6%)	8 (11.6%)	0 (0.0%)	11 (15.9%)	58 (84.1%)
	45-49	2 (3.1%)	52 (80.0%)	11 (16.9%)	0 (0.0%)	9 (14.5%)	53 (85.5%)
	50-54	8 (7.9%)	77 (76.2%)	15 (14.9%)	1 (1.0%)	9 (9.1%)	90 (90.9%)
	55-59	5 (3.6%)	116 (84.7%)	16 (11.7%)	0 (0.0%)	10 (7.4%)	126 (92.6%)
	60-64	22 (7.8%)	223 (78.8%)	35 (12.4%)	3 (1.1%)	12 (4.3%)	269 (95.7%)
	65-69	37 (13.8%)	203 (75.5%)	26 (9.7%)	3 (1.1%)	9 (3.5%)	249 (96.5%)
	70-74	25 (9.7%)	199 (77.1%)	29 (11.2%)	5 (1.9%)	10 (4.0%)	242 (96.0%)
	75-79	16 (8.9%)	132 (73.7%)	29 (16.2%)	2 (1.1%)	7 (4.0%)	167 (96.0%)
	80-	4 (3.6%)	87 (77.7%)	20 (17.9%)	1 (0.9%)	2 (1.9%)	106 (98.1%)
	合計	135 (8.4%)	1253 (78.0%)	202 (12.6%)	17 (1.1%)	105 (6.7%)	1467 (93.3%)

【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていたか。(副問) 仕事をしていた場合、職業について当てはまるもの1つに○をつけて下さい。

		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他
男性	-39	39 (95.1%)	2 (4.9%)	0 (0.0%)	3 (7.7%)	0 (0.0%)	5 (12.8%)	12 (30.8%)	0 (0.0%)	0 (0.0%)	2 (5.1%)	5 (12.8%)	0 (0.0%)	4 (10.3%)	3 (7.7%)	5 (12.8%)
	40-44	17 (85.0%)	3 (15.0%)	0 (0.0%)	2 (11.8%)	0 (0.0%)	3 (17.6%)	4 (23.5%)	2 (11.8%)	0 (0.0%)	0 (0.0%)	2 (11.8%)	0 (0.0%)	1 (5.9%)	1 (5.9%)	2 (11.8%)
	45-49	18 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (5.9%)	9 (52.9%)	1 (5.9%)	0 (0.0%)	1 (5.9%)	2 (11.8%)	0 (0.0%)	2 (11.8%)	1 (5.9%)	0 (0.0%)
	50-54	26 (81.3%)	6 (18.8%)	2 (8.3%)	2 (8.3%)	0 (0.0%)	7 (29.2%)	2 (8.3%)	0 (0.0%)	0 (0.0%)	2 (8.3%)	2 (8.3%)	0 (0.0%)	4 (16.7%)	2 (8.3%)	1 (4.2%)
	55-59	36 (92.3%)	3 (7.7%)	2 (6.3%)	2 (6.3%)	2 (6.3%)	6 (18.8%)	6 (18.8%)	1 (3.1%)	0 (0.0%)	1 (3.1%)	5 (15.6%)	0 (0.0%)	0 (0.0%)	5 (15.6%)	2 (6.3%)
	60-64	61 (76.3%)	19 (23.8%)	7 (12.7%)	6 (10.9%)	1 (1.8%)	7 (12.7%)	7 (12.7%)	0 (0.0%)	2 (3.6%)	4 (7.3%)	2 (3.6%)	0 (0.0%)	2 (3.6%)	6 (10.9%)	11 (20.0%)
	65-69	62 (50.8%)	60 (49.2%)	6 (10.9%)	11 (20.0%)	0 (0.0%)	6 (10.9%)	7 (12.7%)	0 (0.0%)	0 (0.0%)	4 (7.3%)	4 (7.3%)	0 (0.0%)	4 (7.3%)	2 (3.6%)	11 (20.0%)
	70-74	47 (42.7%)	63 (57.3%)	12 (27.9%)	12 (27.9%)	0 (0.0%)	3 (7.0%)	3 (7.0%)	1 (2.3%)	1 (2.3%)	0 (0.0%)	5 (11.6%)	0 (0.0%)	1 (2.3%)	1 (2.3%)	4 (9.3%)
	75-79	28 (33.7%)	55 (66.3%)	15 (55.6%)	5 (18.5%)	0 (0.0%)	1 (3.7%)	1 (3.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (3.7%)	1 (3.7%)	3 (11.1%)
	80-	10 (19.0%)	41 (80.4%)	6 (60.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	344 (57.7%)	252 (42.3%)	50 (15.7%)	46 (14.4%)	3 (0.9%)	39 (12.2%)	51 (16.0%)	5 (1.6%)	3 (0.9%)	14 (4.4%)	27 (8.5%)	0 (0.0%)	19 (6.0%)	22 (6.9%)	40 (12.5%)	
女性	-39	63 (67.7%)	30 (32.3%)	0 (0.0%)	2 (3.2%)	0 (0.0%)	0 (0.0%)	12 (19.0%)	1 (1.6%)	0 (0.0%)	0 (0.0%)	9 (14.3%)	1 (1.6%)	9 (14.3%)	22 (34.9%)	7 (11.1%)
	40-44	32 (65.3%)	17 (34.7%)	1 (3.6%)	0 (0.0%)	0 (0.0%)	1 (3.6%)	5 (17.9%)	0 (0.0%)	1 (3.6%)	0 (0.0%)	5 (17.9%)	0 (0.0%)	8 (28.6%)	3 (10.7%)	4 (14.3%)
	45-49	37 (78.7%)	10 (21.3%)	2 (5.7%)	1 (2.9%)	0 (0.0%)	0 (0.0%)	7 (20.0%)	0 (0.0%)	1 (2.9%)	0 (0.0%)	4 (11.4%)	0 (0.0%)	7 (20.0%)	6 (17.1%)	7 (20.0%)
	50-54	44 (63.8%)	25 (36.2%)	5 (11.9%)	2 (4.8%)	0 (0.0%)	1 (2.4%)	9 (21.4%)	0 (0.0%)	1 (2.4%)	0 (0.0%)	7 (16.7%)	1 (2.4%)	8 (19.0%)	5 (11.9%)	3 (7.1%)
	55-59	63 (64.3%)	35 (35.7%)	7 (11.9%)	4 (6.8%)	0 (0.0%)	0 (0.0%)	15 (25.4%)	0 (0.0%)	0 (0.0%)	1 (1.7%)	9 (15.3%)	1 (1.7%)	8 (13.6%)	7 (11.9%)	7 (11.9%)
	60-64	122 (59.8%)	82 (40.2%)	12 (11.4%)	3 (2.9%)	0 (0.0%)	1 (1.0%)	31 (29.5%)	0 (0.0%)	1 (1.0%)	0 (0.0%)	10 (9.5%)	1 (1.0%)	22 (21.0%)	13 (12.4%)	11 (10.5%)
	65-69	50 (34.0%)	97 (66.0%)	13 (27.7%)	6 (12.8%)	0 (0.0%)	0 (0.0%)	6 (12.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (10.6%)	1 (2.1%)	8 (17.0%)	2 (4.3%)	6 (12.8%)
	70-74	37 (25.0%)	111 (75.0%)	18 (54.5%)	5 (15.2%)	0 (0.0%)	0 (0.0%)	1 (3.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (6.1%)	0 (0.0%)	6 (18.2%)	0 (0.0%)	1 (3.0%)
	75-79	17 (17.5%)	80 (82.5%)	11 (64.7%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	3 (17.6%)
	80-	7 (11.5%)	54 (88.5%)	5 (71.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	1 (14.3%)
合計	472 (46.6%)	541 (53.4%)	74 (17.0%)	24 (5.5%)	0 (0.0%)	3 (0.7%)	86 (19.7%)	1 (0.2%)	4 (0.9%)	1 (0.2%)	52 (11.9%)	5 (1.1%)	78 (17.9%)	58 (13.3%)	50 (11.5%)	
合計	-39	102 (76.1%)	32 (23.9%)	0 (0.0%)	5 (4.9%)	0 (0.0%)	5 (4.9%)	24 (23.5%)	1 (1.0%)	0 (0.0%)	2 (2.0%)	14 (13.7%)	1 (1.0%)	13 (12.7%)	25 (24.5%)	12 (11.8%)
	40-44	49 (71.0%)	20 (29.0%)	1 (2.2%)	2 (4.4%)	0 (0.0%)	4 (8.9%)	9 (20.0%)	2 (4.4%)	1 (2.2%)	0 (0.0%)	7 (15.6%)	0 (0.0%)	9 (20.0%)	4 (8.9%)	6 (13.3%)
	45-49	55 (84.6%)	10 (15.4%)	2 (3.8%)	1 (1.9%)	0 (0.0%)	1 (1.9%)	16 (30.8%)	1 (1.9%)	1 (1.9%)	1 (1.9%)	6 (11.5%)	0 (0.0%)	9 (17.3%)	7 (13.5%)	7 (13.5%)
	50-54	70 (69.3%)	31 (30.7%)	7 (10.6%)	4 (6.1%)	0 (0.0%)	8 (12.1%)	11 (16.7%)	0 (0.0%)	1 (1.5%)	2 (3.0%)	9 (13.6%)	1 (1.5%)	12 (18.2%)	7 (10.6%)	4 (6.1%)
	55-59	99 (72.3%)	38 (27.7%)	9 (9.9%)	6 (6.6%)	2 (2.2%)	6 (6.6%)	21 (23.1%)	1 (1.1%)	0 (0.0%)	2 (2.2%)	14 (15.4%)	1 (1.1%)	8 (8.8%)	12 (13.2%)	9 (9.9%)
	60-64	183 (64.4%)	101 (35.6%)	19 (11.9%)	9 (5.6%)	1 (0.6%)	8 (5.0%)	38 (23.8%)	0 (0.0%)	3 (1.9%)	4 (2.5%)	12 (7.5%)	1 (0.6%)	24 (15.0%)	19 (11.9%)	22 (13.8%)
	65-69	112 (41.6%)	157 (58.4%)	19 (18.6%)	17 (16.7%)	0 (0.0%)	6 (5.9%)	13 (12.7%)	0 (0.0%)	0 (0.0%)	4 (3.9%)	9 (8.8%)	1 (1.0%)	12 (11.8%)	4 (3.9%)	17 (16.7%)
	70-74	84 (32.6%)	174 (67.4%)	30 (39.5%)	17 (22.4%)	0 (0.0%)	3 (3.9%)	4 (5.3%)	1 (1.3%)	1 (1.3%)	0 (0.0%)	7 (9.2%)	0 (0.0%)	7 (9.2%)	1 (1.3%)	5 (6.6%)
	75-79	45 (25.0%)	135 (75.0%)	26 (59.1%)	6 (13.6%)	0 (0.0%)	1 (2.3%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	2 (4.5%)	1 (2.3%)	6 (13.6%)
	80-	17 (15.2%)	95 (84.8%)	11 (64.7%)	3 (17.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	2 (11.8%)
合計	816 (50.7%)	793 (49.3%)	124 (16.4%)	70 (9.3%)	3 (0.4%)	42 (5.6%)	137 (18.1%)	6 (0.8%)	7 (0.9%)	15 (2.0%)	79 (10.5%)	5 (0.7%)	97 (12.8%)	80 (10.6%)	90 (11.9%)	

(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるもの全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	25 (61.0%)	16 (39.0%)	10 (19.2%)	7 (8.9%)	1 (9.1%)	16 (24.2%)	0 (0.0%)
	40-44	14 (70.0%)	6 (30.0%)	6 (11.5%)	5 (6.3%)	3 (27.3%)	3 (4.5%)	0 (0.0%)
	45-49	10 (55.6%)	8 (44.4%)	1 (1.9%)	7 (8.9%)	1 (9.1%)	2 (3.0%)	1 (5.3%)
	50-54	16 (51.6%)	15 (48.4%)	7 (13.5%)	5 (6.3%)	1 (9.1%)	6 (9.1%)	3 (15.8%)
	55-59	23 (59.0%)	16 (41.0%)	9 (17.3%)	7 (8.9%)	2 (18.2%)	7 (10.6%)	0 (0.0%)
	60-64	36 (45.6%)	43 (54.4%)	6 (11.5%)	14 (17.7%)	1 (9.1%)	11 (16.7%)	5 (26.3%)
	65-69	39 (32.2%)	82 (67.8%)	10 (19.2%)	13 (16.5%)	1 (9.1%)	10 (15.2%)	3 (15.8%)
	70-74	30 (27.3%)	80 (72.7%)	3 (5.8%)	11 (13.9%)	1 (9.1%)	10 (15.2%)	5 (26.3%)
	75-79	12 (15.0%)	68 (85.0%)	0 (0.0%)	8 (10.1%)	0 (0.0%)	1 (1.5%)	1 (5.3%)
	80-	4 (8.2%)	45 (91.8%)	0 (0.0%)	2 (2.5%)	0 (0.0%)	0 (0.0%)	1 (5.3%)
	合計	209 (35.5%)	379 (64.5%)	52 (100.0%)	79 (100.0%)	11 (100.0%)	66 (100.0%)	19 (100.0%)
女性	-39	51 (54.8%)	42 (45.2%)	25 (26.3%)	12 (8.3%)	1 (10.0%)	13 (17.6%)	10 (30.3%)
	40-44	18 (36.7%)	31 (63.3%)	11 (11.6%)	5 (3.4%)	1 (10.0%)	5 (6.8%)	2 (6.1%)
	45-49	26 (55.3%)	21 (44.7%)	8 (8.4%)	8 (5.5%)	3 (30.0%)	6 (8.1%)	2 (6.1%)
	50-54	34 (49.3%)	35 (50.7%)	8 (8.4%)	16 (11.0%)	0 (0.0%)	8 (10.8%)	3 (9.1%)
	55-59	48 (49.0%)	50 (51.0%)	9 (9.5%)	29 (20.0%)	0 (0.0%)	5 (6.8%)	2 (6.1%)
	60-64	91 (45.3%)	110 (54.7%)	25 (26.3%)	42 (29.0%)	3 (30.0%)	22 (29.7%)	3 (9.1%)
	65-69	36 (25.0%)	108 (75.0%)	8 (8.4%)	18 (12.4%)	1 (10.0%)	9 (12.2%)	5 (15.2%)
	70-74	22 (15.5%)	120 (84.5%)	1 (1.1%)	12 (8.3%)	1 (10.0%)	5 (6.8%)	3 (9.1%)
	75-79	5 (5.4%)	87 (94.6%)	0 (0.0%)	3 (2.1%)	0 (0.0%)	1 (1.4%)	1 (3.0%)
	80-	3 (5.2%)	55 (94.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (6.1%)
	合計	334 (33.6%)	659 (66.4%)	95 (100.0%)	145 (100.0%)	10 (100.0%)	74 (100.0%)	33 (100.0%)
合計	-39	76 (56.7%)	58 (43.3%)	35 (23.8%)	19 (8.5%)	2 (9.5%)	29 (20.7%)	10 (19.2%)
	40-44	32 (46.4%)	37 (53.6%)	17 (11.6%)	10 (4.5%)	4 (19.0%)	8 (5.7%)	2 (3.8%)
	45-49	36 (55.4%)	29 (44.6%)	9 (6.1%)	15 (6.7%)	4 (19.0%)	8 (5.7%)	3 (5.8%)
	50-54	50 (50.0%)	50 (50.0%)	15 (10.2%)	21 (9.4%)	1 (4.8%)	14 (10.0%)	6 (11.5%)
	55-59	71 (51.8%)	66 (48.2%)	18 (12.2%)	36 (16.1%)	2 (9.5%)	12 (8.6%)	2 (3.8%)
	60-64	127 (45.4%)	153 (54.6%)	31 (21.1%)	56 (25.0%)	4 (19.0%)	33 (23.6%)	8 (15.4%)
	65-69	75 (28.3%)	190 (71.7%)	18 (12.2%)	31 (13.8%)	2 (9.5%)	19 (13.6%)	8 (15.4%)
	70-74	52 (20.6%)	200 (79.4%)	4 (2.7%)	23 (10.3%)	2 (9.5%)	15 (10.7%)	8 (15.4%)
	75-79	17 (9.9%)	155 (90.1%)	0 (0.0%)	11 (4.9%)	0 (0.0%)	2 (1.4%)	2 (3.8%)
	80-	7 (6.5%)	100 (93.5%)	0 (0.0%)	2 (0.9%)	0 (0.0%)	0 (0.0%)	3 (5.8%)
	合計	543 (34.3%)	1038 (65.7%)	147 (100.0%)	224 (100.0%)	21 (100.0%)	140 (100.0%)	52 (100.0%)

【5】睡眠についておたずねします。

(1) 最近では1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	2 (4.9%)	13 (31.7%)	21 (51.2%)	3 (7.3%)	1 (2.4%)	1 (2.4%)	28 (68.3%)	13 (31.7%)
	40-44	1 (5.0%)	4 (20.0%)	7 (35.0%)	5 (25.0%)	1 (5.0%)	2 (10.0%)	13 (65.0%)	7 (35.0%)
	45-49	0 (0.0%)	8 (44.4%)	6 (33.3%)	4 (22.2%)	0 (0.0%)	0 (0.0%)	11 (61.1%)	7 (38.9%)
	50-54	2 (6.3%)	10 (31.3%)	9 (28.1%)	7 (21.9%)	2 (6.3%)	2 (6.3%)	19 (59.4%)	13 (40.6%)
	55-59	5 (12.8%)	10 (25.6%)	9 (23.1%)	14 (35.9%)	1 (2.6%)	0 (0.0%)	25 (64.1%)	14 (35.9%)
	60-64	4 (5.0%)	16 (20.0%)	26 (32.5%)	21 (26.3%)	12 (15.0%)	1 (1.3%)	49 (61.3%)	31 (38.8%)
	65-69	11 (9.0%)	30 (24.6%)	33 (27.0%)	25 (20.5%)	22 (18.0%)	1 (0.8%)	66 (54.1%)	56 (45.9%)
	70-74	7 (6.4%)	17 (15.5%)	28 (25.5%)	34 (30.9%)	20 (18.2%)	4 (3.6%)	51 (46.4%)	59 (53.6%)
	75-79	4 (4.8%)	18 (21.7%)	15 (18.1%)	26 (31.3%)	14 (16.9%)	6 (7.2%)	39 (47.6%)	43 (52.4%)
	80-	3 (5.9%)	4 (7.8%)	23 (45.1%)	8 (15.7%)	9 (17.6%)	4 (7.8%)	21 (41.2%)	30 (58.8%)
	合計	39 (6.5%)	130 (21.8%)	177 (29.7%)	147 (24.7%)	82 (13.8%)	21 (3.5%)	322 (54.1%)	273 (45.9%)
女性	-39	3 (3.2%)	30 (32.3%)	38 (40.9%)	14 (15.1%)	5 (5.4%)	3 (3.2%)	79 (85.9%)	13 (14.1%)
	40-44	7 (14.3%)	21 (42.9%)	10 (20.4%)	9 (18.4%)	2 (4.1%)	0 (0.0%)	34 (69.4%)	15 (30.6%)
	45-49	5 (10.6%)	17 (36.2%)	15 (31.9%)	8 (17.0%)	1 (2.1%)	1 (2.1%)	36 (76.6%)	11 (23.4%)
	50-54	12 (17.4%)	25 (36.2%)	16 (23.2%)	10 (14.5%)	5 (7.2%)	1 (1.4%)	52 (75.4%)	17 (24.6%)
	55-59	4 (4.1%)	45 (45.9%)	28 (28.6%)	17 (17.3%)	3 (3.1%)	1 (1.0%)	77 (79.4%)	20 (20.6%)
	60-64	13 (6.4%)	65 (31.9%)	83 (40.7%)	34 (16.7%)	8 (3.9%)	1 (0.5%)	150 (73.9%)	53 (26.1%)
	65-69	12 (8.2%)	35 (24.0%)	54 (37.0%)	34 (23.3%)	10 (6.8%)	1 (0.7%)	94 (63.9%)	53 (36.1%)
	70-74	12 (8.1%)	35 (23.6%)	41 (27.7%)	33 (22.3%)	24 (16.2%)	3 (2.0%)	87 (58.8%)	61 (41.2%)
	75-79	8 (8.2%)	21 (21.6%)	23 (23.7%)	26 (26.8%)	14 (14.4%)	5 (5.2%)	58 (60.4%)	38 (39.6%)
	80-	8 (13.1%)	11 (18.0%)	19 (31.1%)	12 (19.7%)	7 (11.5%)	4 (6.6%)	45 (45.9%)	28 (54.1%)
	合計	84 (8.3%)	305 (30.1%)	327 (32.3%)	197 (19.5%)	79 (7.8%)	20 (2.0%)	695 (68.9%)	314 (31.1%)
合計	-39	5 (3.7%)	43 (32.1%)	59 (44.0%)	17 (12.7%)	6 (4.5%)	4 (3.0%)	107 (80.5%)	26 (19.5%)
	40-44	8 (11.6%)	25 (36.2%)	17 (24.6%)	14 (20.3%)	3 (4.3%)	2 (2.9%)	47 (68.1%)	22 (31.9%)
	45-49	5 (7.7%)	25 (38.5%)	21 (32.3%)	12 (18.5%)	1 (1.5%)	1 (1.5%)	47 (72.3%)	18 (27.7%)
	50-54	14 (13.9%)	35 (34.7%)	25 (24.8%)	17 (16.8%)	7 (6.9%)	3 (3.0%)	71 (70.3%)	30 (29.7%)
	55-59	9 (6.6%)	55 (40.1%)	37 (27.0%)	31 (22.6%)	4 (2.9%)	1 (0.7%)	102 (75.0%)	34 (25.0%)
	60-64	17 (6.0%)	81 (28.5%)	109 (38.4%)	55 (19.4%)	20 (7.0%)	2 (0.7%)	199 (70.3%)	84 (29.7%)
	65-69	23 (8.6%)	65 (24.3%)	87 (32.5%)	59 (22.0%)	32 (11.9%)	2 (0.7%)	160 (59.5%)	109 (40.5%)
	70-74	19 (7.4%)	52 (20.2%)	69 (26.7%)	67 (26.0%)	44 (17.1%)	7 (2.7%)	138 (53.5%)	120 (46.5%)
	75-79	12 (6.7%)	39 (21.7%)	38 (21.1%)	52 (28.9%)	28 (15.6%)	11 (6.1%)	97 (54.5%)	81 (45.5%)
	80-	11 (9.8%)	15 (13.4%)	42 (37.5%)	20 (17.9%)	16 (14.3%)	8 (7.1%)	49 (43.8%)	63 (56.3%)
	合計	123 (7.6%)	435 (27.1%)	504 (31.3%)	344 (21.4%)	161 (10.0%)	41 (2.5%)	1017 (63.4%)	587 (36.6%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	29 (70.7%)	8 (19.5%)	3 (7.3%)	1 (2.4%)	30 (73.2%)	10 (24.4%)	0 (0.0%)	1 (2.4%)	26 (63.4%)	14 (34.1%)	1 (2.4%)	0 (0.0%)
	40-44	11 (55.0%)	8 (40.0%)	1 (5.0%)	0 (0.0%)	14 (70.0%)	5 (25.0%)	1 (5.0%)	0 (0.0%)	9 (45.0%)	7 (35.0%)	3 (15.0%)	1 (5.0%)
	45-49	12 (66.7%)	5 (27.8%)	1 (5.6%)	0 (0.0%)	14 (77.8%)	4 (22.2%)	0 (0.0%)	0 (0.0%)	8 (44.4%)	8 (44.4%)	2 (11.1%)	0 (0.0%)
	50-54	21 (65.6%)	7 (21.9%)	4 (12.5%)	0 (0.0%)	23 (71.9%)	6 (18.8%)	3 (9.4%)	0 (0.0%)	20 (62.5%)	10 (31.3%)	2 (6.3%)	0 (0.0%)
	55-59	29 (74.4%)	6 (15.4%)	4 (10.3%)	0 (0.0%)	28 (71.8%)	9 (23.1%)	2 (5.1%)	0 (0.0%)	16 (41.0%)	20 (51.3%)	3 (7.7%)	0 (0.0%)
	60-64	57 (71.3%)	17 (21.3%)	5 (6.3%)	1 (1.3%)	58 (72.5%)	15 (18.8%)	6 (7.5%)	1 (1.3%)	42 (52.5%)	30 (37.5%)	5 (6.3%)	3 (3.8%)
	65-69	90 (74.4%)	28 (23.1%)	2 (1.7%)	1 (0.8%)	90 (73.8%)	25 (20.5%)	7 (5.7%)	0 (0.0%)	62 (50.8%)	49 (40.2%)	10 (8.2%)	1 (0.8%)
	70-74	77 (70.0%)	28 (25.5%)	4 (3.6%)	1 (0.9%)	86 (78.2%)	19 (17.3%)	4 (3.6%)	1 (0.9%)	58 (52.7%)	43 (39.1%)	8 (7.3%)	1 (0.9%)
	75-79	62 (74.7%)	17 (20.5%)	4 (4.8%)	0 (0.0%)	63 (75.9%)	16 (19.3%)	3 (3.6%)	1 (1.2%)	53 (63.9%)	25 (30.1%)	3 (3.6%)	2 (2.4%)
	80-	33 (66.0%)	14 (28.0%)	2 (4.0%)	1 (2.0%)	39 (76.5%)	7 (13.7%)	5 (9.8%)	0 (0.0%)	35 (68.6%)	11 (21.6%)	3 (5.9%)	2 (3.9%)
	合計	421 (70.9%)	138 (23.2%)	30 (5.1%)	5 (0.8%)	445 (74.7%)	116 (19.5%)	31 (5.2%)	4 (0.7%)	329 (55.2%)	217 (36.4%)	40 (6.7%)	10 (1.7%)
女性	-39	60 (65.2%)	21 (22.8%)	9 (9.8%)	2 (2.2%)	74 (79.6%)	14 (15.1%)	4 (4.3%)	1 (1.1%)	73 (78.5%)	16 (17.2%)	3 (3.2%)	1 (1.1%)
	40-44	33 (68.8%)	11 (22.9%)	4 (8.3%)	0 (0.0%)	37 (75.5%)	11 (22.4%)	1 (2.0%)	0 (0.0%)	36 (73.5%)	10 (20.4%)	2 (4.1%)	1 (2.0%)
	45-49	30 (63.8%)	14 (29.8%)	3 (6.4%)	0 (0.0%)	38 (80.9%)	7 (14.9%)	1 (2.1%)	1 (2.1%)	32 (68.1%)	12 (25.5%)	3 (6.4%)	0 (0.0%)
	50-54	40 (58.0%)	24 (34.8%)	4 (5.8%)	1 (1.4%)	47 (68.1%)	18 (26.1%)	4 (5.8%)	0 (0.0%)	37 (53.6%)	25 (36.2%)	6 (8.7%)	1 (1.4%)
	55-59	53 (54.1%)	41 (41.8%)	3 (3.1%)	1 (1.0%)	65 (66.3%)	27 (27.6%)	6 (6.1%)	0 (0.0%)	44 (44.9%)	47 (48.0%)	6 (6.1%)	1 (1.0%)
	60-64	103 (50.5%)	79 (38.7%)	20 (9.8%)	2 (1.0%)	137 (67.2%)	61 (29.9%)	6 (2.9%)	0 (0.0%)	94 (46.1%)	97 (47.5%)	11 (5.4%)	2 (1.0%)
	65-69	79 (54.1%)	54 (37.0%)	10 (6.8%)	3 (2.1%)	103 (70.1%)	37 (25.2%)	7 (4.8%)	0 (0.0%)	73 (50.0%)	63 (43.2%)	9 (6.2%)	1 (0.7%)
	70-74	76 (51.4%)	61 (41.2%)	9 (6.1%)	2 (1.4%)	103 (69.6%)	39 (26.4%)	6 (4.1%)	0 (0.0%)	67 (45.9%)	66 (45.2%)	10 (6.8%)	3 (2.1%)
	75-79	47 (49.0%)	33 (34.4%)	15 (15.6%)	1 (1.0%)	58 (60.4%)	28 (29.2%)	8 (8.3%)	2 (2.1%)	45 (47.4%)	39 (41.1%)	5 (8.4%)	3 (3.2%)
	80-	31 (50.8%)	19 (31.1%)	10 (16.4%)	1 (1.6%)	42 (68.9%)	13 (21.3%)	4 (6.6%)	2 (3.3%)	27 (44.3%)	22 (36.1%)	12 (19.7%)	0 (0.0%)
	合計	552 (54.7%)	357 (35.4%)	87 (8.6%)	13 (1.3%)	704 (69.6%)	255 (25.2%)	47 (4.6%)	6 (0.6%)	528 (52.4%)	397 (39.4%)	70 (6.9%)	13 (1.3%)
合計	-39	89 (66.9%)	29 (21.8%)	12 (9.0%)	3 (2.3%)	104 (77.6%)	24 (17.9%)	4 (3.0%)	2 (1.5%)	99 (73.9%)	30 (22.4%)	4 (3.0%)	1 (0.7%)
	40-44	44 (64.7%)	19 (27.9%)	5 (7.4%)	0 (0.0%)	51 (73.9%)	16 (23.2%)	2 (2.9%)	0 (0.0%)	45 (65.2%)	17 (24.6%)	5 (7.2%)	2 (2.9%)
	45-49	42 (64.6%)	19 (29.2%)	4 (6.2%)	0 (0.0%)	52 (80.0%)	11 (16.9%)	1 (1.5%)	1 (1.5%)	40 (61.5%)	20 (30.8%)	5 (7.7%)	0 (0.0%)
	50-54	61 (60.4%)	31 (30.7%)	8 (7.9%)	1 (1.0%)	70 (69.3%)	24 (23.8%)	7 (6.9%)	0 (0.0%)	57 (56.4%)	35 (34.7%)	8 (7.9%)	1 (1.0%)
	55-59	82 (59.9%)	47 (34.3%)	7 (5.1%)	1 (0.7%)	93 (67.9%)	36 (26.3%)	8 (5.8%)	0 (0.0%)	60 (43.8%)	67 (48.9%)	9 (6.6%)	1 (0.7%)
	60-64	160 (56.3%)	96 (33.8%)	25 (8.8%)	3 (1.1%)	195 (68.7%)	76 (26.8%)	12 (4.2%)	1 (0.4%)	136 (47.9%)	127 (44.7%)	16 (5.6%)	5 (1.8%)
	65-69	169 (63.3%)	82 (30.7%)	12 (4.5%)	4 (1.5%)	193 (71.7%)	62 (23.0%)	14 (5.2%)	0 (0.0%)	135 (50.4%)	112 (41.8%)	19 (7.1%)	2 (0.7%)
	70-74	153 (59.3%)	89 (34.5%)	13 (5.0%)	3 (1.2%)	189 (73.3%)	58 (22.5%)	10 (3.9%)	1 (0.4%)	125 (48.8%)	109 (42.6%)	18 (7.0%)	4 (1.6%)
	75-79	109 (60.9%)	50 (27.9%)	19 (10.6%)	1 (0.6%)	121 (67.6%)	44 (24.6%)	11 (6.1%)	3 (1.7%)	98 (55.1%)	64 (36.0%)	11 (6.2%)	5 (2.8%)
	80-	64 (57.7%)	33 (29.7%)	12 (10.8%)	2 (1.8%)	81 (72.3%)	20 (17.9%)	9 (8.0%)	2 (1.8%)	62 (55.4%)	33 (29.5%)	15 (13.4%)	2 (1.8%)
	合計	973 (60.7%)	495 (30.9%)	117 (7.3%)	18 (1.1%)	1149 (71.5%)	371 (23.1%)	78 (4.9%)	10 (0.6%)	857 (53.4%)	614 (38.3%)	110 (6.9%)	23 (1.4%)

## 4) 総睡眠時間は？

## 5) 全体的な睡眠の質は？

## 6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減入った	かなり減入った	非常に減入った
男性	-39	18 (43.9%)	21 (51.2%)	1 (2.4%)	1 (2.4%)	16 (39.0%)	23 (56.1%)	2 (4.9%)	0 (0.0%)	29 (70.7%)	8 (19.5%)	3 (7.3%)	1 (2.4%)
	40-44	12 (60.0%)	5 (25.0%)	3 (15.0%)	0 (0.0%)	8 (40.0%)	9 (45.0%)	3 (15.0%)	0 (0.0%)	9 (47.4%)	8 (42.1%)	1 (5.3%)	1 (5.3%)
	45-49	7 (38.9%)	10 (55.6%)	1 (5.6%)	0 (0.0%)	6 (33.3%)	10 (55.6%)	2 (11.1%)	0 (0.0%)	11 (61.1%)	6 (33.3%)	0 (0.0%)	1 (5.6%)
	50-54	20 (62.5%)	9 (28.1%)	3 (9.4%)	0 (0.0%)	17 (53.1%)	10 (31.3%)	5 (15.6%)	0 (0.0%)	23 (71.9%)	6 (18.8%)	2 (6.3%)	1 (3.1%)
	55-59	20 (51.3%)	15 (38.5%)	4 (10.3%)	0 (0.0%)	18 (46.2%)	16 (41.0%)	5 (12.8%)	0 (0.0%)	25 (64.1%)	12 (30.8%)	1 (2.6%)	1 (2.6%)
	60-64	53 (66.3%)	23 (28.8%)	3 (3.8%)	1 (1.3%)	49 (61.3%)	25 (31.3%)	5 (6.3%)	1 (1.3%)	53 (66.3%)	25 (31.3%)	2 (2.5%)	0 (0.0%)
	65-69	80 (65.6%)	37 (30.3%)	5 (4.1%)	0 (0.0%)	68 (55.7%)	47 (38.5%)	5 (4.1%)	2 (1.6%)	101 (82.8%)	18 (14.8%)	1 (0.8%)	2 (1.6%)
	70-74	81 (73.6%)	24 (21.8%)	5 (4.5%)	0 (0.0%)	78 (70.9%)	26 (23.6%)	6 (5.5%)	0 (0.0%)	97 (88.2%)	11 (10.0%)	2 (1.8%)	0 (0.0%)
	75-79	65 (78.3%)	17 (20.5%)	1 (1.2%)	0 (0.0%)	66 (79.5%)	14 (16.9%)	2 (2.4%)	1 (1.2%)	75 (91.5%)	6 (7.3%)	1 (1.2%)	0 (0.0%)
	80-	41 (82.0%)	7 (14.0%)	2 (4.0%)	0 (0.0%)	39 (76.5%)	10 (19.6%)	2 (3.9%)	0 (0.0%)	44 (89.8%)	4 (8.2%)	1 (2.0%)	0 (0.0%)
合計	397 (66.7%)	168 (28.2%)	28 (4.7%)	2 (0.3%)	365 (61.2%)	190 (31.9%)	37 (6.2%)	4 (0.7%)	467 (78.9%)	104 (17.6%)	14 (2.4%)	7 (1.2%)	
女性	-39	45 (48.4%)	43 (46.2%)	5 (5.4%)	0 (0.0%)	38 (40.9%)	41 (44.1%)	14 (15.1%)	0 (0.0%)	64 (69.6%)	25 (27.2%)	3 (3.3%)	0 (0.0%)
	40-44	19 (38.8%)	27 (55.1%)	3 (6.1%)	0 (0.0%)	22 (44.9%)	22 (44.9%)	5 (10.2%)	0 (0.0%)	30 (62.5%)	14 (29.2%)	3 (6.3%)	1 (2.1%)
	45-49	19 (40.4%)	24 (51.1%)	4 (8.5%)	0 (0.0%)	20 (44.4%)	21 (46.7%)	4 (8.9%)	0 (0.0%)	27 (57.4%)	15 (31.9%)	4 (8.5%)	1 (2.1%)
	50-54	32 (46.4%)	30 (43.5%)	7 (10.1%)	0 (0.0%)	30 (43.5%)	30 (43.5%)	9 (13.0%)	0 (0.0%)	42 (60.9%)	20 (29.0%)	5 (7.2%)	2 (2.9%)
	55-59	53 (54.1%)	43 (43.9%)	2 (2.0%)	0 (0.0%)	46 (46.9%)	49 (50.0%)	3 (3.1%)	0 (0.0%)	62 (63.3%)	32 (32.7%)	4 (4.1%)	0 (0.0%)
	60-64	105 (51.5%)	91 (44.6%)	6 (2.9%)	2 (1.0%)	98 (48.5%)	94 (46.5%)	8 (4.0%)	2 (1.0%)	127 (62.6%)	69 (34.0%)	6 (3.0%)	1 (0.5%)
	65-69	89 (60.5%)	50 (34.0%)	7 (4.8%)	1 (0.7%)	82 (55.8%)	58 (39.5%)	6 (4.1%)	1 (0.7%)	104 (71.2%)	36 (24.7%)	6 (4.1%)	0 (0.0%)
	70-74	97 (66.0%)	43 (29.3%)	7 (4.8%)	0 (0.0%)	90 (61.2%)	48 (32.7%)	9 (6.1%)	0 (0.0%)	109 (75.2%)	30 (20.7%)	6 (4.1%)	0 (0.0%)
	75-79	59 (61.5%)	29 (30.2%)	7 (7.3%)	1 (1.0%)	61 (62.9%)	29 (29.9%)	5 (5.2%)	2 (2.1%)	88 (70.8%)	26 (27.1%)	1 (1.0%)	1 (1.0%)
	80-	36 (59.0%)	18 (29.5%)	7 (11.5%)	0 (0.0%)	39 (63.9%)	15 (24.6%)	7 (11.5%)	0 (0.0%)	42 (68.9%)	14 (23.0%)	5 (8.2%)	0 (0.0%)
合計	554 (54.8%)	398 (39.4%)	55 (5.4%)	4 (0.4%)	526 (52.2%)	407 (40.4%)	70 (6.9%)	5 (0.5%)	675 (67.2%)	281 (28.0%)	43 (4.3%)	6 (0.6%)	
合計	-39	63 (47.0%)	64 (47.8%)	6 (4.5%)	1 (0.7%)	54 (40.3%)	64 (47.8%)	16 (11.9%)	0 (0.0%)	93 (69.9%)	33 (24.8%)	6 (4.5%)	1 (0.8%)
	40-44	31 (44.9%)	32 (46.4%)	6 (8.7%)	0 (0.0%)	30 (43.5%)	31 (44.9%)	8 (11.6%)	0 (0.0%)	39 (58.2%)	22 (32.8%)	4 (6.0%)	2 (3.0%)
	45-49	26 (40.0%)	34 (52.3%)	5 (7.7%)	0 (0.0%)	26 (41.3%)	31 (49.2%)	6 (9.5%)	0 (0.0%)	38 (58.5%)	21 (32.3%)	4 (6.2%)	2 (3.1%)
	50-54	52 (51.5%)	39 (38.6%)	10 (9.9%)	0 (0.0%)	47 (46.5%)	40 (39.6%)	14 (13.9%)	0 (0.0%)	65 (64.4%)	26 (25.7%)	7 (6.9%)	3 (3.0%)
	55-59	73 (53.3%)	58 (42.3%)	6 (4.4%)	0 (0.0%)	64 (46.7%)	65 (47.4%)	8 (5.8%)	0 (0.0%)	87 (63.5%)	44 (32.1%)	5 (3.6%)	1 (0.7%)
	60-64	158 (55.8%)	114 (40.1%)	9 (3.2%)	3 (1.1%)	147 (52.1%)	119 (42.2%)	13 (4.6%)	3 (1.1%)	180 (63.6%)	94 (33.2%)	8 (2.8%)	1 (0.4%)
	65-69	169 (62.8%)	87 (32.3%)	12 (4.5%)	1 (0.4%)	150 (55.8%)	105 (39.0%)	11 (4.1%)	3 (1.1%)	205 (76.5%)	54 (20.1%)	7 (2.6%)	2 (0.7%)
	70-74	178 (69.3%)	67 (26.1%)	12 (4.7%)	0 (0.0%)	168 (65.4%)	74 (28.8%)	15 (5.8%)	0 (0.0%)	206 (80.8%)	41 (16.1%)	8 (3.1%)	0 (0.0%)
	75-79	124 (69.3%)	46 (25.7%)	8 (4.5%)	1 (0.6%)	127 (70.6%)	43 (23.9%)	7 (3.9%)	3 (1.7%)	143 (80.3%)	32 (18.0%)	2 (1.1%)	1 (0.6%)
	80-	77 (69.4%)	25 (22.5%)	9 (8.1%)	0 (0.0%)	78 (69.6%)	25 (22.3%)	9 (8.0%)	0 (0.0%)	86 (78.2%)	18 (16.4%)	6 (5.5%)	0 (0.0%)
合計	951 (59.2%)	566 (35.2%)	83 (5.2%)	6 (0.4%)	891 (55.5%)	597 (37.2%)	107 (6.7%)	9 (0.6%)	1142 (71.5%)	385 (24.1%)	57 (3.6%)	13 (0.8%)	

## 7) 日中の活動について(身体的及び精神的)

## 8) 日中の眠気について

		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	7 (17.1%)	30 (73.2%)	2 (4.9%)	2 (4.9%)	0 (0.0%)	7 (17.1%)	30 (73.2%)	4 (9.8%)	0 (0.0%)
	40-44	2 (10.0%)	7 (35.0%)	6 (30.0%)	5 (25.0%)	0 (0.0%)	5 (25.0%)	11 (55.0%)	4 (20.0%)	0 (0.0%)
	45-49	2 (11.1%)	9 (50.0%)	4 (22.2%)	1 (5.6%)	2 (11.1%)	3 (16.7%)	13 (72.2%)	2 (11.1%)	0 (0.0%)
	50-54	5 (15.6%)	17 (53.1%)	6 (18.8%)	4 (12.5%)	0 (0.0%)	9 (28.1%)	21 (65.6%)	1 (3.1%)	1 (3.1%)
	55-59	5 (12.8%)	21 (53.8%)	9 (23.1%)	2 (5.1%)	2 (5.1%)	7 (17.9%)	28 (71.8%)	4 (10.3%)	0 (0.0%)
	60-64	5 (6.3%)	51 (63.8%)	18 (22.5%)	4 (5.0%)	2 (2.5%)	20 (25.0%)	59 (73.8%)	1 (1.3%)	0 (0.0%)
	65-69	14 (11.6%)	81 (66.9%)	18 (14.9%)	7 (5.8%)	1 (0.8%)	36 (29.5%)	81 (66.4%)	5 (4.1%)	0 (0.0%)
	70-74	9 (8.3%)	76 (69.7%)	16 (14.7%)	7 (6.4%)	1 (0.9%)	32 (29.1%)	73 (66.4%)	5 (4.5%)	0 (0.0%)
	75-79	7 (8.5%)	59 (72.0%)	14 (17.1%)	0 (0.0%)	2 (2.4%)	29 (34.9%)	52 (62.7%)	2 (2.4%)	0 (0.0%)
	80-	2 (3.9%)	34 (66.7%)	8 (15.7%)	6 (11.8%)	1 (2.0%)	16 (31.4%)	32 (62.7%)	3 (5.9%)	0 (0.0%)
	合計	58 (9.8%)	385 (64.9%)	101 (17.0%)	38 (6.4%)	11 (1.9%)	164 (27.5%)	400 (67.1%)	31 (5.2%)	1 (0.2%)
女性	-39	14 (15.1%)	63 (67.7%)	9 (9.7%)	6 (6.5%)	1 (1.1%)	17 (18.3%)	60 (64.5%)	15 (16.1%)	1 (1.1%)
	40-44	11 (22.4%)	30 (61.2%)	6 (12.2%)	1 (2.0%)	1 (2.0%)	3 (6.1%)	41 (83.7%)	5 (10.2%)	0 (0.0%)
	45-49	12 (25.5%)	25 (53.2%)	8 (17.0%)	1 (2.1%)	1 (2.1%)	5 (10.6%)	39 (83.0%)	3 (6.4%)	0 (0.0%)
	50-54	14 (20.3%)	34 (49.3%)	16 (23.2%)	3 (4.3%)	2 (2.9%)	14 (20.3%)	45 (65.2%)	10 (14.5%)	0 (0.0%)
	55-59	21 (21.4%)	56 (57.1%)	15 (15.3%)	5 (5.1%)	1 (1.0%)	21 (21.4%)	73 (74.5%)	4 (4.1%)	0 (0.0%)
	60-64	32 (15.8%)	111 (55.0%)	43 (21.3%)	15 (7.4%)	1 (0.5%)	44 (21.6%)	152 (74.5%)	8 (3.9%)	0 (0.0%)
	65-69	18 (12.2%)	91 (61.9%)	35 (23.8%)	2 (1.4%)	1 (0.7%)	35 (23.8%)	105 (71.4%)	7 (4.8%)	0 (0.0%)
	70-74	13 (8.8%)	101 (68.7%)	24 (16.3%)	9 (6.1%)	0 (0.0%)	47 (32.0%)	96 (65.3%)	4 (2.7%)	0 (0.0%)
	75-79	12 (12.5%)	58 (60.4%)	22 (22.9%)	4 (4.2%)	0 (0.0%)	25 (25.8%)	69 (71.1%)	3 (3.1%)	0 (0.0%)
	80-	3 (4.9%)	39 (63.9%)	6 (9.8%)	12 (19.7%)	1 (1.6%)	12 (19.7%)	44 (72.1%)	4 (6.6%)	1 (1.6%)
	合計	150 (14.9%)	608 (60.3%)	184 (18.2%)	58 (5.7%)	9 (0.9%)	223 (22.0%)	724 (71.5%)	63 (6.2%)	2 (0.2%)
合計	-39	21 (15.7%)	93 (69.4%)	11 (8.2%)	8 (6.0%)	1 (0.7%)	24 (17.9%)	90 (67.2%)	19 (14.2%)	1 (0.7%)
	40-44	13 (18.8%)	37 (53.6%)	12 (17.4%)	6 (8.7%)	1 (1.4%)	8 (11.6%)	52 (75.4%)	9 (13.0%)	0 (0.0%)
	45-49	14 (21.5%)	34 (52.3%)	12 (18.5%)	2 (3.1%)	3 (4.6%)	8 (12.3%)	52 (80.0%)	5 (7.7%)	0 (0.0%)
	50-54	19 (18.8%)	51 (50.5%)	22 (21.8%)	7 (6.9%)	2 (2.0%)	23 (22.8%)	66 (65.3%)	11 (10.9%)	1 (1.0%)
	55-59	26 (19.0%)	77 (56.2%)	24 (17.5%)	7 (5.1%)	3 (2.2%)	28 (20.4%)	101 (73.7%)	8 (5.8%)	0 (0.0%)
	60-64	37 (13.1%)	162 (57.4%)	61 (21.6%)	19 (6.7%)	3 (1.1%)	64 (22.5%)	211 (74.3%)	9 (3.2%)	0 (0.0%)
	65-69	32 (11.9%)	172 (64.2%)	53 (19.8%)	9 (3.4%)	2 (0.7%)	71 (26.4%)	186 (69.1%)	12 (4.5%)	0 (0.0%)
	70-74	22 (8.6%)	177 (69.1%)	40 (15.6%)	16 (6.3%)	1 (0.4%)	79 (30.7%)	169 (65.8%)	9 (3.5%)	0 (0.0%)
	75-79	19 (10.7%)	117 (65.7%)	36 (20.2%)	4 (2.2%)	2 (1.1%)	54 (30.0%)	121 (67.2%)	5 (2.8%)	0 (0.0%)
	80-	5 (4.5%)	73 (65.2%)	14 (12.5%)	18 (16.1%)	2 (1.8%)	28 (25.0%)	76 (67.9%)	7 (6.3%)	1 (0.9%)
	合計	208 (13.0%)	993 (62.0%)	285 (17.8%)	96 (6.0%)	20 (1.2%)	387 (24.1%)	1124 (69.9%)	94 (5.8%)	3 (0.2%)

【6】人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は  
何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は  
何人いますか。

3) 個人的なことで、気兼ねなく話せる親戚や兄弟は  
何人いますか。

4) 個人的なことで、気兼ねなく話せる友人は  
何人いますか。

	1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は 何人いますか。						2) 月に1回以上、会ったり連絡をとりあう友人は 何人いますか。						3) 個人的なことで、気兼ねなく話せる親戚や兄弟は 何人いますか。						4) 個人的なことで、気兼ねなく話せる友人は 何人いますか。						
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	
男性	-39	6 (14.6%)	11 (26.8%)	7 (17.1%)	10 (24.4%)	6 (14.6%)	1 (2.4%)	9 (22.0%)	6 (14.6%)	11 (26.8%)	9 (22.0%)	3 (7.3%)	3 (7.3%)	10 (24.4%)	9 (22.0%)	9 (22.0%)	11 (26.8%)	2 (4.9%)	0 (0.0%)	6 (24.4%)	12 (22.0%)	8 (22.0%)	9 (26.8%)	4 (4.9%)	1 (0.0%)
	40-44	2 (10.0%)	5 (25.0%)	5 (25.0%)	6 (30.0%)	1 (5.0%)	1 (5.0%)	4 (20.0%)	4 (20.0%)	5 (25.0%)	5 (25.0%)	2 (10.0%)	0 (0.0%)	5 (25.0%)	5 (25.0%)	6 (30.0%)	3 (15.0%)	1 (5.0%)	0 (0.0%)	5 (25.0%)	5 (25.0%)	8 (30.0%)	2 (15.0%)	0 (5.0%)	0 (0.0%)
	45-49	1 (5.6%)	3 (16.7%)	5 (27.8%)	4 (22.2%)	5 (27.8%)	0 (0.0%)	3 (16.7%)	4 (22.2%)	5 (27.8%)	4 (22.2%)	2 (11.1%)	0 (0.0%)	5 (27.8%)	5 (27.8%)	4 (22.2%)	2 (11.1%)	2 (11.1%)	0 (0.0%)	7 (27.8%)	3 (27.8%)	6 (22.2%)	2 (11.1%)	0 (11.1%)	0 (0.0%)
	50-54	4 (12.5%)	6 (18.8%)	5 (15.6%)	10 (31.3%)	7 (21.9%)	0 (0.0%)	6 (18.8%)	7 (21.9%)	10 (31.3%)	2 (6.3%)	3 (9.4%)	4 (12.5%)	5 (15.6%)	7 (21.9%)	10 (31.3%)	5 (15.6%)	5 (15.6%)	0 (0.0%)	9 (15.6%)	8 (21.9%)	6 (31.3%)	4 (15.6%)	4 (15.6%)	1 (0.0%)
	55-59	5 (13.2%)	8 (21.1%)	10 (26.3%)	9 (23.7%)	5 (13.2%)	1 (2.6%)	8 (21.1%)	10 (26.3%)	10 (26.3%)	5 (13.2%)	3 (7.9%)	2 (5.3%)	8 (21.1%)	6 (15.8%)	15 (39.5%)	9 (23.7%)	0 (0.0%)	0 (0.0%)	12 (21.1%)	7 (15.8%)	10 (39.5%)	7 (23.7%)	2 (0.0%)	0 (0.0%)
	60-64	4 (5.0%)	8 (10.0%)	21 (26.3%)	23 (28.8%)	18 (22.5%)	6 (7.5%)	9 (11.3%)	17 (21.3%)	21 (26.3%)	20 (25.0%)	8 (10.0%)	5 (6.3%)	5 (6.3%)	16 (20.0%)	28 (35.0%)	21 (26.3%)	8 (10.0%)	2 (2.5%)	17 (6.3%)	18 (20.0%)	20 (35.0%)	18 (26.3%)	4 (10.0%)	3 (2.5%)
	65-69	9 (6.6%)	19 (15.7%)	30 (24.8%)	36 (29.8%)	20 (16.5%)	8 (6.8%)	20 (16.5%)	22 (24.0%)	29 (24.0%)	26 (21.5%)	16 (13.2%)	8 (6.8%)	8 (6.7%)	20 (16.8%)	34 (28.6%)	33 (27.7%)	14 (11.8%)	10 (8.4%)	24 (6.7%)	32 (16.8%)	22 (28.6%)	26 (27.7%)	9 (11.8%)	7 (8.4%)
	70-74	6 (5.5%)	21 (19.1%)	29 (26.4%)	29 (26.4%)	18 (16.4%)	7 (6.4%)	12 (10.9%)	22 (20.0%)	33 (30.0%)	19 (17.3%)	11 (10.0%)	13 (11.8%)	8 (7.3%)	25 (22.7%)	29 (25.5%)	27 (24.5%)	15 (13.8%)	7 (6.4%)	8 (7.3%)	14 (22.7%)	35 (25.5%)	16 (24.8%)	7 (13.8%)	5 (6.4%)
	75-79	3 (3.6%)	11 (13.3%)	24 (28.9%)	29 (34.9%)	11 (13.3%)	5 (6.0%)	13 (16.0%)	15 (18.5%)	19 (23.5%)	7 (8.8%)	8 (9.9%)	5 (6.0%)	12 (14.5%)	24 (28.9%)	26 (31.3%)	12 (14.5%)	4 (4.8%)	15 (18.5%)	24 (28.9%)	11 (28.9%)	16 (31.3%)	16 (24.8%)	13 (14.5%)	3 (4.8%)
	80-	6 (12.0%)	6 (12.0%)	9 (18.0%)	10 (20.0%)	12 (24.0%)	7 (14.0%)	9 (18.0%)	9 (18.0%)	8 (16.0%)	12 (24.0%)	7 (14.0%)	5 (10.0%)	5 (10.0%)	10 (20.0%)	13 (26.0%)	13 (26.0%)	4 (8.0%)	10 (20.0%)	9 (18.0%)	12 (24.0%)	12 (24.0%)	4 (8.0%)	4 (8.0%)	3 (6.0%)
	合計	45 (7.6%)	98 (16.5%)	145 (24.5%)	166 (28.0%)	103 (17.4%)	36 (6.1%)	93 (15.7%)	116 (19.8%)	151 (25.5%)	121 (20.5%)	62 (10.5%)	48 (8.1%)	64 (10.8%)	110 (18.6%)	168 (28.4%)	150 (25.4%)	72 (12.2%)	27 (4.6%)	119 (10.8%)	153 (18.6%)	138 (28.4%)	112 (25.4%)	43 (12.2%)	25 (4.6%)
	女性	-39	10 (10.8%)	18 (19.4%)	23 (24.7%)	29 (31.2%)	10 (10.8%)	3 (3.2%)	14 (15.1%)	22 (23.7%)	21 (22.6%)	29 (31.2%)	6 (6.5%)	1 (1.1%)	15 (16.1%)	28 (30.1%)	23 (24.7%)	19 (20.4%)	6 (6.5%)	2 (2.2%)	12 (16.1%)	19 (30.1%)	26 (24.7%)	27 (20.4%)	8 (6.5%)
40-44		5 (10.2%)	8 (16.3%)	9 (18.4%)	20 (40.8%)	5 (10.2%)	2 (4.1%)	7 (14.3%)	10 (20.4%)	9 (18.4%)	20 (40.8%)	1 (2.0%)	2 (4.1%)	5 (10.4%)	15 (31.3%)	10 (20.8%)	14 (29.2%)	4 (4.2%)	2 (4.2%)	7 (10.4%)	12 (31.3%)	11 (20.8%)	15 (29.2%)	2 (4.2%)	1 (4.2%)
45-49		4 (8.5%)	8 (17.0%)	13 (27.7%)	16 (34.0%)	5 (10.6%)	1 (2.1%)	9 (19.1%)	6 (12.8%)	12 (25.5%)	14 (29.8%)	4 (8.5%)	2 (4.3%)	6 (12.8%)	10 (21.3%)	9 (19.1%)	19 (40.4%)	2 (4.3%)	1 (2.1%)	9 (12.8%)	7 (21.3%)	15 (34.0%)	15 (40.4%)	1 (4.3%)	0 (2.1%)
50-54		6 (8.7%)	16 (23.2%)	8 (11.6%)	26 (37.7%)	12 (17.4%)	1 (1.4%)	14 (20.3%)	15 (23.2%)	20 (29.0%)	13 (18.8%)	4 (5.8%)	2 (2.9%)	18 (10.1%)	17 (26.1%)	19 (27.5%)	7 (10.1%)	7 (10.1%)	1 (1.4%)	11 (10.1%)	18 (26.1%)	18 (26.6%)	3 (27.5%)	1 (10.1%)	1 (1.4%)
55-59		9 (9.2%)	9 (9.2%)	28 (28.6%)	26 (36.7%)	15 (15.3%)	1 (1.0%)	16 (16.3%)	18 (18.4%)	36 (36.7%)	15 (15.3%)	10 (10.2%)	3 (3.1%)	18 (9.2%)	22 (22.4%)	29 (33.7%)	26 (29.6%)	5 (5.1%)	0 (0.0%)	41 (9.2%)	59 (22.4%)	37 (33.7%)	35 (29.6%)	7 (5.1%)	0 (0.0%)
60-64		6 (3.0%)	30 (14.8%)	52 (25.6%)	77 (37.9%)	30 (14.8%)	8 (3.9%)	27 (13.2%)	47 (23.0%)	54 (26.5%)	18 (8.8%)	4 (2.0%)	18 (5.9%)	52 (25.6%)	66 (32.5%)	54 (26.6%)	16 (7.9%)	3 (1.5%)	41 (5.9%)	59 (25.6%)	61 (32.5%)	35 (26.6%)	7 (7.9%)	0 (1.5%)	0 (1.5%)
65-69		4 (2.7%)	15 (10.2%)	27 (18.4%)	57 (38.8%)	34 (23.1%)	10 (6.8%)	14 (9.5%)	26 (17.7%)	36 (24.5%)	33 (22.4%)	27 (18.4%)	11 (7.5%)	3 (2.1%)	29 (19.9%)	43 (29.5%)	46 (31.5%)	20 (13.7%)	5 (3.4%)	21 (2.1%)	32 (19.9%)	50 (29.5%)	29 (31.5%)	10 (13.7%)	3 (3.4%)
70-74		4 (2.7%)	19 (12.8%)	40 (27.0%)	51 (34.5%)	24 (16.2%)	10 (6.8%)	13 (8.8%)	29 (19.6%)	42 (28.4%)	35 (23.6%)	15 (10.1%)	14 (9.5%)	7 (4.7%)	44 (29.7%)	41 (27.7%)	37 (25.0%)	13 (8.8%)	6 (4.1%)	21 (4.7%)	50 (29.7%)	44 (27.7%)	22 (25.0%)	6 (8.8%)	5 (4.1%)
75-79		4 (4.1%)	7 (7.2%)	20 (20.6%)	27 (27.8%)	12 (12.4%)	2 (2.1%)	6 (6.2%)	17 (17.5%)	23 (23.7%)	29 (29.9%)	16 (16.5%)	6 (6.2%)	3 (3.1%)	20 (20.6%)	27 (27.8%)	27 (27.8%)	15 (15.5%)	5 (5.2%)	19 (3.1%)	22 (20.6%)	23 (27.8%)	26 (27.8%)	4 (15.5%)	2 (5.2%)
80-		5 (8.2%)	3 (4.9%)	18 (29.5%)	20 (32.8%)	13 (21.3%)	2 (3.3%)	5 (8.2%)	14 (23.0%)	19 (31.1%)	14 (23.0%)	5 (8.2%)	4 (6.8%)	7 (11.5%)	7 (11.5%)	22 (36.1%)	13 (21.3%)	9 (14.8%)	3 (4.9%)	11 (11.5%)	19 (36.1%)	14 (21.3%)	10 (14.8%)	5 (4.9%)	1 (11.5%)
合計		57 (5.6%)	133 (13.1%)	238 (23.5%)	359 (35.5%)	175 (17.3%)	49 (4.9%)	125 (12.3%)	205 (20.2%)	272 (26.9%)	256 (25.3%)	106 (10.5%)	49 (4.8%)	74 (7.3%)	245 (24.3%)	291 (28.6%)	277 (27.4%)	95 (9.4%)	28 (2.8%)	170 (7.3%)	266 (24.3%)	294 (28.8%)	213 (27.4%)	50 (9.4%)	14 (2.8%)
合計		-39	16 (11.9%)	29 (21.8%)	39 (22.4%)	59 (29.1%)	16 (11.9%)	4 (3.0%)	23 (17.2%)	28 (20.9%)	38 (29.4%)	9 (6.7%)	4 (3.0%)	25 (18.7%)	37 (27.0%)	32 (23.9%)	30 (22.4%)	8 (6.0%)	2 (1.5%)	18 (18.7%)	31 (27.6%)	34 (23.9%)	36 (22.4%)	12 (6.0%)	2 (1.5%)
	40-44	7 (10.1%)	13 (18.8%)	14 (20.3%)	26 (37.7%)	6 (8.7%)	3 (4.3%)	11 (15.9%)	14 (20.3%)	14 (20.3%)	25 (36.2%)	3 (4.3%)	2 (2.9%)	10 (14.7%)	16 (29.4%)	17 (35.5%)	7 (4.4%)	2 (2.9%)	12 (14.7%)	17 (29.4%)	19 (35.5%)	17 (25.0%)	2 (4.4%)	1 (2.9%)	
	45-49	5 (7.7%)	11 (16.8%)	18 (27.7%)	20 (30.8%)	10 (15.4%)	1 (1.5%)	12 (18.5%)	17 (15.4%)	17 (26.2%)	18 (27.7%)	6 (9.2%)	2 (3.1%)	11 (21.1%)	15 (20.0%)	13 (32.3%)	21 (6.2%)	1 (1.5%)	16 (16.9%)	21 (23.1%)	21 (20.0%)	17 (6.2%)	1 (6.2%)	0 (1.5%)	
	50-54	10 (9.9%)	22 (21.8%)	13 (12.9%)	36 (35.6%)	19 (18.8%)	1 (1.0%)	20 (19.8%)	23 (22.8%)	30 (28.7%)	15 (14.9%)	7 (6.9%)	6 (5.9%)	12 (11.9%)	25 (26.7%)	27 (28.8%)	12 (11.9%)	1 (1.0%)	20 (11.9%)	26 (24.8%)	24 (26.7%)	22 (23.8%)	7 (11.9%)	2 (1.0%)	
	55-59	14 (10.3%)	17 (12.5%)	38 (27.9%)	45 (33.1%)	20 (14.7%)	2 (1.5%)	24 (17.8%)	28 (20.6%)	46 (33.8%)	20 (14.7%)	13 (9.6%)	5 (3.7%)	17 (12.5%)	28 (20.6%)	48 (35.3%)	38 (27.9%)	5 (3.7%)	0 (0.0%)	30 (12.5%)	35 (20.6%)	42 (35.3%)	23 (27.9%)	6 (3.7%)	0 (0.0%)
	60-64	10 (3.5%)	38 (13.4%)	73 (25.8%)	100 (35.3%)	48 (17.0%)	14 (4.9%)	36 (12.7%)	64 (22.5%)	75 (26.4%)	74 (26.1%)	26 (9.2%)	9 (3.2%)	17 (6.0%)	68 (24.0%)	94 (33.2%)	75 (26.5%)	24 (8.5%)	5 (1.8%)	58 (6.0%)	77 (24.0%)	81 (33.2%)	53 (26.8%)	11 (8.5%)	3 (1.8%)
	65-69	12 (4.5%)	34 (12.7%)	57 (21.3%)	93 (34.7%)	54 (20.1%)	18 (6.7%)	34 (12.7%)	48 (17.9%)	65 (24.3%)	59 (22.0%)	43 (16.0%)	19 (7.1%)	11 (4.2%)	49 (18.5%)	77 (29.8%)	79 (31.2%)	34 (12.8%)	15 (5.7%)	45 (4.2%)	64 (18.5%)	72 (29.8%)	55 (12.8%)	19 (5.7%)	10 (5.7%)
	70-74	10 (3.9%)	40 (15.5%)	89 (26.7%)	80 (31.9%)	42 (16.3%)	17 (6.8%)	25 (9.7%)	51 (19.8%)	75 (29.1%)	54 (20.9%)	26 (10.1%)	27 (10.5%)	15 (5.8%)	69 (26.7%)	69 (26.7%)	64 (24.8%)	28 (10.9%)	13 (5.0%)	35 (5.8%)	85 (26.7%)	79 (24.8%)	36 (10.9%)	9 (5.0%)	12 (5.0%)
	75-79	7 (3.9%)	18 (10.0%)	44 (24.4%)	56 (31.1%)	39 (21.1%)	17 (9.4%)	32 (10.7%)	42 (18.0%)	48 (23.6%)	4														



## 5) 手助けを頼める親戚や兄弟は何人いますか。

## 6) 手助けを頼める友人は何人いますか。

## 7) まわりの人々はお互いに助け合っている。

	5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。				
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない
男性																	
-39	7 (17.1%)	9 (22.0%)	7 (17.1%)	15 (36.6%)	3 (7.3%)	0 (0.0%)	7 (17.1%)	13 (31.7%)	6 (14.6%)	12 (29.3%)	3 (7.3%)	0 (0.0%)	2 (4.9%)	27 (65.9%)	12 (29.3%)	0 (0.0%)	0 (0.0%)
40-44	2 (10.0%)	6 (30.0%)	4 (20.0%)	8 (40.0%)	0 (0.0%)	0 (0.0%)	5 (25.0%)	7 (35.0%)	5 (25.0%)	1 (5.0%)	2 (10.0%)	0 (0.0%)	2 (10.0%)	9 (45.0%)	8 (40.0%)	0 (0.0%)	1 (5.0%)
45-49	3 (16.7%)	2 (11.1%)	5 (27.8%)	6 (33.3%)	2 (11.1%)	0 (0.0%)	7 (38.9%)	4 (22.2%)	3 (16.7%)	3 (16.7%)	1 (5.6%)	0 (0.0%)	1 (5.6%)	10 (55.6%)	7 (38.9%)	0 (0.0%)	0 (0.0%)
50-54	5 (15.6%)	3 (9.4%)	8 (25.0%)	10 (31.3%)	6 (18.8%)	0 (0.0%)	11 (34.4%)	6 (18.8%)	5 (15.6%)	7 (21.9%)	2 (6.3%)	1 (3.1%)	3 (9.4%)	18 (56.3%)	9 (28.1%)	2 (6.3%)	0 (0.0%)
55-59	6 (15.8%)	5 (13.2%)	8 (21.1%)	13 (34.2%)	6 (15.8%)	0 (0.0%)	10 (26.3%)	6 (15.8%)	10 (26.3%)	10 (26.3%)	2 (5.3%)	0 (0.0%)	2 (5.1%)	23 (59.0%)	9 (23.1%)	3 (7.7%)	2 (5.1%)
60-64	8 (10.0%)	5 (6.3%)	24 (30.0%)	31 (38.8%)	9 (11.3%)	3 (3.8%)	15 (19.0%)	16 (20.3%)	20 (25.3%)	19 (24.1%)	5 (6.3%)	4 (5.1%)	6 (7.5%)	50 (62.5%)	18 (22.5%)	4 (5.0%)	2 (2.5%)
65-69	6 (5.0%)	21 (17.5%)	30 (25.0%)	34 (28.3%)	21 (17.5%)	8 (6.7%)	30 (25.0%)	31 (25.8%)	22 (18.3%)	23 (19.2%)	11 (9.2%)	3 (2.5%)	19 (15.7%)	68 (56.2%)	33 (27.3%)	1 (0.8%)	0 (0.0%)
70-74	9 (8.2%)	16 (14.5%)	30 (27.3%)	32 (29.1%)	15 (13.6%)	8 (7.3%)	20 (18.2%)	34 (30.9%)	28 (25.5%)	19 (17.3%)	3 (2.7%)	6 (5.5%)	18 (16.4%)	66 (60.0%)	19 (17.3%)	5 (4.5%)	2 (1.8%)
75-79	4 (4.8%)	15 (18.1%)	21 (25.3%)	25 (30.1%)	14 (16.9%)	4 (4.8%)	19 (23.2%)	18 (22.0%)	17 (20.7%)	18 (22.0%)	9 (11.0%)	1 (1.2%)	33 (39.8%)	42 (50.6%)	6 (7.2%)	2 (2.4%)	0 (0.0%)
80-	3 (6.0%)	4 (8.0%)	14 (28.0%)	17 (34.0%)	8 (16.0%)	4 (8.0%)	10 (20.0%)	11 (22.0%)	13 (26.0%)	10 (20.0%)	3 (6.0%)	3 (6.0%)	10 (19.6%)	30 (58.8%)	9 (17.6%)	1 (2.0%)	1 (2.0%)
合計	53 (9.0%)	86 (14.5%)	151 (25.5%)	191 (32.3%)	84 (14.2%)	27 (4.6%)	134 (22.7%)	146 (24.7%)	129 (21.9%)	122 (20.7%)	41 (6.9%)	18 (3.1%)	96 (16.1%)	343 (57.6%)	130 (21.8%)	18 (3.0%)	8 (1.3%)
女性																	
-39	9 (9.7%)	18 (19.4%)	24 (25.8%)	27 (29.0%)	10 (10.8%)	5 (5.4%)	23 (24.7%)	12 (12.9%)	20 (21.5%)	30 (32.3%)	6 (6.5%)	2 (2.2%)	15 (16.1%)	52 (55.9%)	23 (24.7%)	2 (2.2%)	1 (1.1%)
40-44	7 (14.3%)	6 (12.2%)	10 (20.4%)	21 (42.9%)	2 (4.1%)	3 (6.1%)	11 (22.9%)	12 (25.0%)	8 (16.7%)	12 (25.0%)	1 (2.1%)	4 (8.3%)	9 (18.4%)	26 (53.1%)	12 (24.5%)	1 (2.0%)	1 (2.0%)
45-49	1 (2.1%)	12 (25.5%)	11 (23.4%)	19 (40.4%)	1 (2.1%)	3 (6.4%)	11 (23.4%)	7 (14.9%)	13 (27.7%)	14 (29.8%)	2 (4.3%)	0 (0.0%)	6 (12.8%)	25 (53.2%)	15 (31.9%)	1 (2.1%)	0 (0.0%)
50-54	4 (5.8%)	16 (23.2%)	12 (17.4%)	29 (42.0%)	7 (10.1%)	1 (1.4%)	17 (24.6%)	20 (29.0%)	16 (23.2%)	11 (15.9%)	3 (4.3%)	2 (2.9%)	11 (15.9%)	38 (55.1%)	17 (24.6%)	1 (1.4%)	2 (2.9%)
55-59	9 (9.2%)	17 (17.3%)	22 (22.4%)	37 (37.8%)	11 (11.2%)	2 (2.0%)	27 (27.6%)	26 (26.5%)	28 (28.6%)	14 (14.3%)	3 (3.1%)	0 (0.0%)	11 (11.3%)	57 (58.8%)	28 (28.9%)	1 (1.0%)	0 (0.0%)
60-64	15 (7.4%)	35 (17.2%)	57 (27.9%)	73 (35.8%)	17 (8.3%)	7 (3.4%)	45 (22.4%)	62 (30.8%)	54 (26.9%)	32 (15.9%)	6 (3.0%)	2 (1.0%)	28 (13.8%)	119 (58.6%)	46 (22.7%)	8 (3.9%)	2 (1.0%)
65-69	5 (3.4%)	21 (14.4%)	43 (29.5%)	52 (35.6%)	19 (13.0%)	6 (4.1%)	27 (18.8%)	35 (24.3%)	39 (27.1%)	30 (20.8%)	8 (5.6%)	5 (3.5%)	26 (17.7%)	93 (63.3%)	21 (14.3%)	4 (2.7%)	3 (2.0%)
70-74	13 (8.8%)	27 (18.4%)	37 (25.2%)	40 (27.2%)	24 (16.3%)	6 (4.1%)	29 (20.3%)	38 (26.6%)	46 (32.2%)	20 (14.0%)	6 (4.2%)	4 (2.8%)	31 (21.2%)	86 (58.9%)	23 (15.8%)	4 (2.7%)	2 (1.4%)
75-79	3 (3.2%)	17 (17.9%)	24 (25.3%)	31 (32.6%)	12 (12.6%)	8 (8.4%)	18 (18.8%)	28 (29.2%)	22 (22.9%)	23 (24.0%)	4 (4.2%)	1 (1.0%)	36 (37.1%)	46 (47.4%)	12 (12.4%)	1 (1.0%)	2 (2.1%)
80-	4 (6.7%)	9 (15.0%)	23 (38.3%)	11 (18.3%)	9 (15.0%)	4 (6.7%)	12 (19.7%)	18 (29.5%)	15 (24.6%)	11 (18.0%)	4 (6.6%)	1 (1.6%)	14 (23.0%)	37 (60.7%)	8 (13.1%)	2 (3.3%)	0 (0.0%)
合計	70 (6.9%)	178 (17.7%)	263 (26.1%)	340 (33.7%)	112 (11.1%)	45 (4.5%)	220 (22.0%)	258 (25.8%)	261 (26.1%)	197 (19.7%)	43 (4.3%)	21 (2.1%)	187 (18.5%)	579 (57.4%)	205 (20.3%)	25 (2.5%)	13 (1.3%)
合計																	
-39	16 (11.9%)	27 (20.1%)	31 (23.1%)	42 (31.3%)	13 (9.7%)	5 (3.7%)	30 (22.4%)	25 (18.7%)	26 (19.4%)	42 (31.3%)	9 (6.7%)	2 (1.5%)	17 (12.7%)	79 (59.0%)	35 (26.1%)	2 (1.5%)	1 (0.7%)
40-44	9 (13.0%)	12 (17.4%)	14 (20.3%)	29 (42.0%)	2 (2.9%)	3 (4.3%)	16 (23.5%)	19 (27.9%)	13 (19.1%)	13 (19.1%)	3 (4.4%)	4 (5.9%)	11 (15.9%)	35 (50.7%)	20 (29.0%)	1 (1.4%)	2 (2.9%)
45-49	4 (6.2%)	14 (21.5%)	16 (24.6%)	25 (38.5%)	3 (4.6%)	3 (4.6%)	18 (27.7%)	11 (16.9%)	16 (24.6%)	17 (26.2%)	3 (4.6%)	0 (0.0%)	7 (10.8%)	35 (53.8%)	22 (33.8%)	1 (1.5%)	0 (0.0%)
50-54	9 (8.9%)	19 (18.8%)	20 (19.8%)	39 (38.6%)	13 (12.9%)	1 (1.0%)	28 (27.7%)	26 (25.7%)	21 (20.8%)	18 (17.8%)	5 (5.0%)	3 (3.0%)	14 (13.9%)	56 (55.4%)	26 (25.7%)	3 (3.0%)	2 (2.0%)
55-59	15 (11.0%)	22 (16.2%)	30 (22.1%)	50 (38.8%)	17 (12.5%)	2 (1.5%)	37 (27.2%)	32 (23.5%)	38 (27.9%)	24 (17.6%)	5 (3.7%)	0 (0.0%)	13 (9.6%)	80 (58.8%)	37 (27.2%)	4 (2.9%)	2 (1.5%)
60-64	23 (8.1%)	40 (14.1%)	81 (28.5%)	104 (36.6%)	26 (9.2%)	10 (3.5%)	60 (21.4%)	78 (27.9%)	74 (26.4%)	51 (18.2%)	11 (3.9%)	6 (2.1%)	34 (12.0%)	169 (59.7%)	64 (22.6%)	12 (4.2%)	4 (1.4%)
65-69	11 (4.1%)	42 (15.8%)	73 (27.4%)	86 (32.3%)	40 (15.0%)	14 (5.3%)	57 (21.6%)	66 (25.0%)	61 (23.1%)	53 (20.1%)	19 (7.2%)	8 (3.0%)	45 (16.8%)	161 (60.1%)	54 (20.1%)	5 (1.9%)	3 (1.1%)
70-74	22 (8.6%)	43 (16.7%)	67 (26.1%)	72 (28.0%)	39 (15.2%)	14 (5.4%)	49 (19.4%)	72 (28.5%)	74 (29.2%)	39 (15.4%)	9 (3.6%)	10 (4.0%)	49 (19.1%)	152 (59.4%)	42 (16.4%)	9 (3.5%)	4 (1.6%)
75-79	7 (3.9%)	32 (18.0%)	45 (25.3%)	56 (31.5%)	26 (14.6%)	12 (6.7%)	37 (20.8%)	46 (25.8%)	39 (21.9%)	41 (23.0%)	13 (7.3%)	2 (1.1%)	69 (38.3%)	88 (48.9%)	18 (10.0%)	3 (1.7%)	2 (1.1%)
80-	7 (6.4%)	13 (11.8%)	37 (33.6%)	28 (25.5%)	17 (15.5%)	8 (7.3%)	22 (19.8%)	29 (26.1%)	28 (25.2%)	21 (18.9%)	7 (6.3%)	4 (3.6%)	24 (21.4%)	67 (59.8%)	17 (15.2%)	3 (2.7%)	1 (0.9%)
合計	123 (7.7%)	264 (16.5%)	414 (25.9%)	531 (33.2%)	196 (12.3%)	72 (4.5%)	354 (22.3%)	404 (25.4%)	390 (24.5%)	319 (20.1%)	84 (5.3%)	39 (2.5%)	283 (17.6%)	922 (57.5%)	335 (20.9%)	43 (2.7%)	21 (1.3%)

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいざつをしている。

10) 何か問題が生じた場合、まわりの人々は

力を合わせて解決しようとする。

	8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいざつをしている。					10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。				
	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない
男性															
-39	2 (4.9%)	25 (61.0%)	13 (31.7%)	0 (0.0%)	1 (2.4%)	4 (9.8%)	32 (78.0%)	5 (12.2%)	0 (0.0%)	0 (0.0%)	3 (7.3%)	25 (61.0%)	9 (22.0%)	3 (7.3%)	1 (2.4%)
40-44	2 (10.0%)	6 (30.0%)	8 (40.0%)	3 (15.0%)	1 (5.0%)	3 (15.0%)	9 (45.0%)	7 (35.0%)	1 (5.0%)	0 (0.0%)	3 (15.0%)	6 (30.0%)	6 (30.0%)	4 (20.0%)	1 (5.0%)
45-49	1 (5.6%)	8 (44.4%)	8 (44.4%)	0 (0.0%)	1 (5.6%)	2 (11.1%)	13 (72.2%)	2 (11.1%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	9 (50.0%)	8 (44.4%)	1 (5.6%)	0 (0.0%)
50-54	1 (3.1%)	16 (50.0%)	11 (34.4%)	1 (3.1%)	3 (9.4%)	4 (12.5%)	22 (68.8%)	4 (12.5%)	2 (6.3%)	0 (0.0%)	2 (6.3%)	17 (53.1%)	12 (37.5%)	0 (0.0%)	1 (3.1%)
55-59	1 (2.6%)	17 (43.6%)	13 (33.3%)	6 (15.4%)	2 (5.1%)	2 (5.1%)	31 (79.5%)	4 (10.3%)	1 (2.6%)	1 (2.6%)	1 (2.6%)	19 (48.7%)	12 (30.8%)	5 (12.8%)	2 (5.1%)
60-64	6 (7.6%)	45 (57.0%)	18 (22.8%)	9 (11.4%)	1 (1.3%)	20 (25.0%)	52 (65.0%)	5 (6.3%)	2 (2.5%)	1 (1.3%)	8 (10.1%)	47 (59.5%)	16 (20.3%)	6 (7.6%)	2 (2.5%)
65-69	15 (12.4%)	63 (52.1%)	42 (34.7%)	0 (0.0%)	1 (0.8%)	39 (32.2%)	70 (57.9%)	11 (9.1%)	0 (0.0%)	1 (0.8%)	19 (15.7%)	63 (52.1%)	34 (28.1%)	4 (3.3%)	1 (0.8%)
70-74	18 (16.4%)	59 (53.6%)	25 (22.7%)	7 (6.4%)	1 (0.9%)	39 (35.5%)	64 (58.2%)	3 (2.7%)	2 (1.8%)	2 (1.8%)	23 (20.9%)	55 (50.0%)	24 (21.8%)	4 (3.6%)	4 (3.6%)
75-79	28 (33.7%)	42 (50.6%)	11 (13.3%)	2 (2.4%)	0 (0.0%)	43 (51.8%)	38 (45.8%)	0 (0.0%)	2 (2.4%)	0 (0.0%)	27 (32.5%)	40 (48.2%)	13 (15.7%)	1 (1.2%)	2 (2.4%)
80-	13 (25.5%)	26 (51.0%)	10 (19.6%)	1 (2.0%)	1 (2.0%)	22 (43.1%)	23 (45.1%)	2 (3.9%)	1 (2.0%)	3 (5.9%)	13 (25.5%)	28 (54.9%)	9 (17.6%)	0 (0.0%)	1 (2.0%)
合計	87 (14.6%)	307 (51.7%)	159 (26.8%)	29 (4.9%)	12 (2.0%)	178 (29.9%)	354 (59.5%)	43 (7.2%)	10 (1.7%)	10 (1.7%)	99 (16.7%)	309 (52.0%)	143 (24.1%)	28 (4.7%)	15 (2.5%)
女性															
-39	8 (8.6%)	48 (51.6%)	24 (25.8%)	12 (12.9%)	1 (1.1%)	23 (24.7%)	56 (60.2%)	8 (8.6%)	4 (4.3%)	2 (2.2%)	13 (14.0%)	49 (52.7%)	25 (26.9%)	3 (3.2%)	3 (3.2%)
40-44	3 (6.1%)	23 (46.9%)	18 (36.7%)	3 (6.1%)	2 (4.1%)	10 (20.4%)	37 (75.5%)	2 (4.1%)	0 (0.0%)	0 (0.0%)	6 (12.2%)	27 (55.1%)	15 (30.8%)	0 (0.0%)	1 (2.0%)
45-49	2 (4.3%)	27 (57.4%)	15 (31.9%)	3 (6.4%)	0 (0.0%)	8 (17.0%)	35 (74.5%)	4 (8.5%)	0 (0.0%)	0 (0.0%)	3 (6.4%)	24 (51.1%)	19 (40.4%)	1 (2.1%)	0 (0.0%)
50-54	7 (10.1%)	26 (37.7%)	33 (47.8%)	1 (1.4%)	2 (2.9%)	20 (29.0%)	45 (65.2%)	4 (5.8%)	0 (0.0%)	0 (0.0%)	6 (8.7%)	33 (47.8%)	27 (39.1%)	1 (1.4%)	2 (2.9%)
55-59	10 (10.2%)	46 (46.9%)	39 (39.8%)	3 (3.1%)	0 (0.0%)	31 (31.6%)	65 (66.3%)	2 (2.0%)	0 (0.0%)	0 (0.0%)	11 (11.2%)	57 (58.2%)	28 (28.6%)	2 (2.0%)	0 (0.0%)
60-64	23 (11.3%)	100 (49.3%)	63 (31.0%)	3 (6.9%)	14 (1.5%)	80 (39.4%)	113 (55.7%)	2 (3.9%)	0 (0.0%)	0 (1.0%)	28 (13.8%)	111 (54.7%)	28 (26.1%)	7 (3.4%)	4 (2.0%)
65-69	22 (15.0%)	88 (59.9%)	30 (20.4%)	4 (2.7%)	3 (2.0%)	59 (40.1%)	81 (55.1%)	3 (2.0%)	2 (1.4%)	2 (1.4%)	33 (22.4%)	79 (53.7%)	31 (21.1%)	1 (0.7%)	3 (2.0%)
70-74	26 (17.7%)	71 (48.3%)	43 (29.3%)	4 (2.7%)	3 (2.0%)	62 (42.5%)	73 (50.0%)	6 (4.1%)	2 (1.4%)	3 (2.1%)	37 (25.2%)	65 (44.2%)	38 (25.9%)	2 (1.4%)	5 (3.4%)
75-79	25 (25.8%)	47 (48.5%)	22 (22.7%)	0 (0.0%)	3 (3.1%)	53 (54.6%)	37 (38.1%)	4 (4.1%)	0 (0.0%)	3 (3.1%)	34 (35.1%)	39 (40.2%)	20 (20.6%)	0 (0.0%)	4 (4.1%)
80-	15 (24.6%)	35 (57.4%)	11 (18.0%)	0 (0.0%)	0 (0.0%)	34 (55.7%)	25 (41.0%)	0 (0.0%)	1 (1.6%)	1 (1.6%)	18 (29.5%)	26 (42.6%)	11 (18.0%)	5 (8.2%)	1 (1.6%)
合計	141 (13.9%)	511 (50.5%)	298 (29.5%)	44 (4.4%)	17 (1.7%)	380 (37.6%)	567 (56.1%)	41 (4.1%)	9 (0.9%)	13 (1.3%)	189 (18.7%)	510 (50.4%)	267 (26.4%)	22 (2.2%)	23 (2.3%)
合計															
-39	10 (7.5%)	73 (54.5%)	37 (27.6%)	12 (9.0%)	2 (1.5%)	27 (20.1%)	88 (65.7%)	13 (9.7%)	4 (3.0%)	2 (1.5%)	16 (11.9%)	74 (55.2%)	34 (25.4%)	6 (4.5%)	4 (3.0%)
40-44	5 (7.2%)	29 (42.0%)	26 (37.7%)	6 (8.7%)	3 (4.3%)	13 (18.8%)	46 (66.7%)	9 (13.0%)	1 (1.4%)	0 (0.0%)	9 (13.0%)	33 (47.8%)	21 (30.4%)	4 (5.8%)	2 (2.9%)
45-49	3 (4.6%)	35 (53.8%)	23 (35.4%)	3 (4.6%)	1 (1.5%)	10 (15.4%)	48 (73.8%)	6 (9.2%)	1 (1.5%)	0 (0.0%)	3 (4.6%)	33 (50.8%)	27 (41.5%)	2 (3.1%)	0 (0.0%)
50-54	8 (7.9%)	42 (41.6%)	44 (43.6%)	2 (2.0%)	5 (5.0%)	24 (23.8%)	67 (66.3%)	8 (7.9%)	2 (2.0%)	0 (0.0%)	8 (7.9%)	50 (49.5%)	39 (38.6%)	1 (1.0%)	3 (3.0%)
55-59	11 (8.0%)	63 (46.0%)	52 (38.0%)	9 (6.6%)	2 (1.5%)	33 (24.1%)	96 (70.1%)	6 (4.4%)	1 (0.7%)	1 (0.7%)	12 (8.8%)	76 (55.5%)	40 (29.2%)	7 (5.1%)	2 (1.5%)
60-64	29 (10.3%)	145 (51.4%)	81 (28.7%)	23 (8.2%)	4 (1.4%)	100 (35.3%)	165 (58.3%)	13 (4.6%)	2 (0.7%)	3 (1.1%)	36 (12.8%)	158 (56.0%)	69 (24.5%)	13 (4.6%)	6 (2.1%)
65-69	37 (13.8%)	151 (56.3%)	72 (26.9%)	4 (1.5%)	4 (1.5%)	98 (36.6%)	151 (56.3%)	14 (5.2%)	2 (0.7%)	3 (1.1%)	52 (19.4%)	142 (53.0%)	65 (24.3%)	5 (1.9%)	4 (1.5%)
70-74	44 (17.1%)	130 (50.6%)	68 (26.5%)	11 (4.3%)	4 (1.6%)	101 (39.5%)	137 (53.5%)	9 (3.5%)	4 (1.6%)	5 (2.0%)	60 (23.3%)	120 (46.7%)	62 (24.1%)	6 (2.3%)	9 (3.5%)
75-79	53 (29.4%)	89 (49.4%)	33 (18.3%)	2 (1.1%)	3 (1.7%)	96 (53.3%)	75 (41.7%)	4 (2.2%)	0 (0.0%)	5 (2.8%)	61 (33.9%)	79 (43.9%)	33 (18.3%)	1 (0.6%)	6 (3.3%)
80-	28 (25.0%)	61 (54.5%)	21 (18.8%)	1 (0.9%)	1 (0.9%)	56 (50.0%)	48 (42.9%)	2 (1.8%)	2 (1.8%)	4 (3.6%)	31 (27.7%)	54 (48.2%)	20 (17.9%)	5 (4.5%)	2 (1.8%)
合計	228 (14.2%)	818 (51.0%)	457 (28.5%)	73 (4.5%)	29 (1.8%)	558 (34.8%)	921 (57.4%)	84 (5.2%)	19 (1.2%)	23 (1.4%)	288 (17.9%)	819 (51.0%)	410 (25.5%)	50 (3.1%)	38 (2.4%)

【7】現在の活動状況についておたずねします。

(1) そうじをしたり、重いものを持ち上げたりするなど、  
体をを使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して  
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす  
時間は1日平均してどれくらいですか。

	(1) 体をを使うような仕事をしていますか。					(2) 仕事を含め、平均してどれくらい外出していますか。					(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。			
	ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下	
男性	-39	29 (70.7%)	4 (9.8%)	5 (12.2%)	1 (2.4%)	2 (4.9%)	39 (95.1%)	1 (2.4%)	1 (2.4%)	0 (0.0%)	0 (0.0%)	29 (70.7%)	5 (12.2%)	7 (17.1%)	3 (7.5%)	7 (17.5%)	30 (75.0%)
	40-44	15 (75.0%)	3 (15.0%)	1 (5.0%)	1 (5.0%)	0 (0.0%)	14 (70.0%)	2 (10.0%)	4 (20.0%)	0 (0.0%)	0 (0.0%)	14 (70.0%)	3 (15.0%)	3 (15.0%)	4 (20.0%)	6 (30.0%)	10 (50.0%)
	45-49	10 (55.6%)	4 (22.2%)	3 (16.7%)	0 (0.0%)	1 (5.6%)	17 (94.4%)	1 (5.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (38.9%)	6 (33.3%)	5 (27.8%)	0 (0.0%)	3 (16.7%)	15 (83.3%)
	50-54	20 (62.5%)	6 (18.8%)	4 (12.5%)	1 (3.1%)	1 (3.1%)	28 (87.5%)	4 (12.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	17 (53.1%)	8 (25.0%)	7 (21.9%)	1 (3.1%)	9 (28.1%)	22 (68.8%)
	55-59	26 (66.7%)	6 (15.4%)	2 (5.1%)	1 (2.6%)	4 (10.3%)	33 (84.6%)	5 (12.8%)	1 (2.6%)	0 (0.0%)	0 (0.0%)	26 (66.7%)	10 (25.8%)	3 (7.7%)	0 (0.0%)	12 (30.8%)	27 (69.2%)
	60-64	48 (60.0%)	15 (18.8%)	9 (11.3%)	2 (2.5%)	6 (7.5%)	55 (68.8%)	15 (18.8%)	7 (8.8%)	1 (1.3%)	2 (2.5%)	46 (57.5%)	22 (27.5%)	12 (15.0%)	8 (10.1%)	23 (29.1%)	48 (60.8%)
	65-69	80 (65.6%)	23 (18.9%)	12 (9.8%)	2 (1.6%)	5 (4.1%)	102 (83.0%)	15 (12.3%)	5 (4.1%)	0 (0.0%)	0 (0.0%)	77 (63.1%)	35 (28.7%)	10 (8.2%)	4 (3.3%)	26 (29.5%)	82 (67.2%)
	70-74	63 (57.3%)	22 (20.0%)	12 (10.9%)	4 (3.6%)	9 (8.2%)	76 (69.1%)	26 (23.6%)	8 (7.3%)	0 (0.0%)	0 (0.0%)	69 (62.7%)	32 (29.1%)	9 (8.2%)	6 (5.6%)	23 (21.3%)	79 (73.1%)
	75-79	50 (60.2%)	19 (22.9%)	7 (8.4%)	2 (2.4%)	5 (6.0%)	57 (68.7%)	13 (15.7%)	11 (13.3%)	1 (1.2%)	1 (1.2%)	55 (66.3%)	23 (27.7%)	5 (6.0%)	3 (3.6%)	30 (36.1%)	50 (60.2%)
	80-	31 (62.0%)	8 (16.0%)	4 (8.0%)	1 (2.0%)	6 (12.0%)	29 (56.9%)	10 (19.6%)	7 (13.7%)	3 (5.9%)	2 (3.9%)	32 (62.7%)	15 (29.4%)	4 (7.8%)	6 (11.8%)	15 (29.4%)	30 (58.8%)
合計	372 (62.5%)	110 (18.5%)	59 (9.9%)	15 (2.5%)	39 (6.6%)	450 (75.5%)	92 (15.4%)	44 (7.4%)	5 (0.8%)	5 (0.8%)	372 (62.4%)	159 (26.7%)	65 (10.9%)	35 (5.9%)	164 (27.7%)	393 (66.4%)	
女性	-39	65 (69.9%)	11 (11.8%)	10 (10.8%)	3 (3.2%)	4 (4.3%)	75 (80.0%)	12 (12.9%)	5 (5.4%)	1 (1.1%)	0 (0.0%)	68 (73.1%)	15 (16.1%)	10 (10.8%)	16 (17.0%)	25 (27.5%)	50 (54.9%)
	40-44	35 (71.4%)	11 (22.4%)	2 (4.1%)	0 (0.0%)	1 (2.0%)	41 (83.7%)	7 (14.3%)	0 (0.0%)	1 (2.0%)	0 (0.0%)	36 (75.0%)	9 (18.8%)	3 (6.3%)	4 (8.2%)	15 (30.6%)	30 (61.2%)
	45-49	36 (78.3%)	7 (15.2%)	2 (4.3%)	0 (0.0%)	1 (2.2%)	35 (74.5%)	10 (21.3%)	1 (2.1%)	0 (0.0%)	1 (2.1%)	35 (74.5%)	10 (21.3%)	2 (4.3%)	2 (4.3%)	14 (30.4%)	30 (65.2%)
	50-54	55 (79.7%)	7 (10.1%)	5 (7.2%)	0 (0.0%)	2 (2.9%)	46 (66.7%)	17 (24.6%)	5 (7.2%)	1 (1.4%)	0 (0.0%)	50 (72.5%)	13 (18.8%)	6 (8.7%)	6 (8.8%)	19 (27.9%)	43 (63.2%)
	55-59	79 (80.6%)	12 (12.2%)	6 (6.1%)	0 (0.0%)	1 (1.0%)	55 (56.1%)	32 (32.7%)	9 (9.2%)	1 (1.0%)	1 (1.0%)	67 (68.4%)	18 (18.4%)	13 (13.3%)	8 (8.2%)	31 (31.6%)	59 (60.2%)
	60-64	158 (77.5%)	27 (13.2%)	12 (5.9%)	1 (0.5%)	6 (2.9%)	127 (62.6%)	50 (24.6%)	22 (10.8%)	1 (0.5%)	3 (1.5%)	144 (70.9%)	37 (18.2%)	22 (10.8%)	7 (3.4%)	66 (32.5%)	130 (64.0%)
	65-69	122 (83.0%)	16 (10.9%)	3 (2.0%)	2 (1.4%)	4 (2.7%)	89 (60.5%)	41 (27.9%)	13 (8.8%)	2 (1.4%)	2 (1.4%)	102 (69.4%)	32 (21.8%)	13 (8.8%)	11 (7.5%)	53 (36.1%)	83 (56.5%)
	70-74	124 (84.4%)	15 (10.2%)	2 (1.4%)	0 (0.0%)	6 (4.1%)	92 (62.6%)	42 (28.6%)	11 (7.5%)	2 (1.4%)	0 (0.0%)	100 (69.0%)	30 (20.7%)	15 (10.3%)	6 (4.2%)	45 (31.3%)	93 (64.6%)
	75-79	74 (76.3%)	13 (13.4%)	5 (5.2%)	1 (1.0%)	4 (4.1%)	53 (54.6%)	31 (32.0%)	9 (9.3%)	2 (2.1%)	2 (2.1%)	60 (61.9%)	25 (25.8%)	12 (12.4%)	5 (5.2%)	47 (48.5%)	45 (46.4%)
	80-	35 (57.4%)	10 (16.4%)	8 (13.1%)	0 (0.0%)	8 (13.1%)	23 (37.7%)	22 (36.1%)	11 (18.0%)	5 (8.2%)	0 (0.0%)	30 (49.2%)	19 (31.1%)	12 (19.7%)	6 (9.8%)	21 (34.4%)	34 (55.7%)
合計	783 (77.4%)	129 (12.8%)	55 (5.4%)	7 (0.7%)	37 (3.7%)	636 (62.9%)	264 (26.1%)	86 (8.5%)	16 (1.6%)	9 (0.9%)	692 (68.7%)	208 (20.6%)	108 (10.7%)	71 (7.1%)	336 (33.5%)	597 (59.5%)	
合計	-39	94 (70.1%)	15 (11.2%)	15 (11.2%)	4 (3.0%)	6 (4.5%)	114 (85.1%)	13 (9.7%)	6 (4.5%)	1 (0.7%)	0 (0.0%)	97 (72.4%)	20 (14.9%)	17 (12.7%)	19 (14.5%)	32 (24.4%)	80 (61.1%)
	40-44	50 (72.5%)	14 (20.3%)	3 (4.3%)	1 (1.4%)	1 (1.4%)	55 (79.7%)	9 (13.0%)	4 (5.8%)	1 (1.4%)	0 (0.0%)	50 (73.5%)	12 (17.6%)	6 (8.8%)	8 (11.6%)	21 (30.4%)	40 (58.0%)
	45-49	46 (71.9%)	11 (17.2%)	5 (7.8%)	0 (0.0%)	2 (3.1%)	52 (80.0%)	11 (16.9%)	1 (1.5%)	0 (0.0%)	1 (1.5%)	42 (64.6%)	16 (24.6%)	7 (10.8%)	2 (3.1%)	17 (26.6%)	45 (70.3%)
	50-54	75 (74.3%)	13 (12.9%)	9 (8.9%)	1 (1.0%)	3 (3.0%)	74 (73.3%)	21 (20.8%)	5 (5.0%)	1 (1.0%)	0 (0.0%)	67 (66.3%)	21 (20.8%)	13 (12.9%)	7 (7.0%)	28 (28.0%)	65 (65.0%)
	55-59	105 (76.6%)	18 (13.1%)	8 (5.8%)	1 (0.7%)	5 (3.6%)	88 (64.2%)	37 (27.0%)	10 (7.3%)	1 (0.7%)	1 (0.7%)	93 (67.9%)	28 (20.4%)	16 (11.7%)	8 (5.8%)	43 (31.4%)	86 (62.8%)
	60-64	206 (72.5%)	42 (14.8%)	21 (7.4%)	3 (1.1%)	12 (4.2%)	182 (64.3%)	65 (23.0%)	29 (10.2%)	2 (0.7%)	5 (1.8%)	190 (67.1%)	59 (20.8%)	34 (12.0%)	15 (5.3%)	89 (31.6%)	178 (63.1%)
	65-69	202 (75.1%)	39 (14.5%)	15 (5.6%)	4 (1.5%)	9 (3.3%)	191 (71.0%)	56 (20.8%)	18 (6.7%)	2 (0.7%)	2 (0.7%)	179 (66.5%)	67 (24.9%)	23 (8.6%)	15 (5.6%)	89 (33.1%)	165 (61.3%)
	70-74	187 (72.8%)	37 (14.4%)	14 (5.4%)	4 (1.6%)	15 (5.8%)	168 (65.4%)	68 (26.5%)	19 (7.4%)	2 (0.8%)	0 (0.0%)	169 (66.3%)	62 (24.3%)	24 (9.4%)	12 (4.8%)	68 (27.0%)	172 (68.3%)
	75-79	124 (68.9%)	32 (17.8%)	12 (6.7%)	3 (1.7%)	9 (5.0%)	110 (61.1%)	44 (24.4%)	20 (11.1%)	3 (1.7%)	3 (1.7%)	115 (63.9%)	48 (26.7%)	17 (9.4%)	8 (4.4%)	77 (42.8%)	95 (52.8%)
	80-	66 (59.5%)	18 (16.2%)	12 (10.8%)	1 (0.9%)	14 (12.6%)	52 (46.4%)	32 (28.6%)	18 (16.1%)	8 (7.1%)	2 (1.8%)	62 (55.4%)	34 (30.4%)	16 (14.3%)	12 (10.7%)	36 (32.1%)	64 (57.1%)
合計	1155 (71.9%)	239 (14.9%)	114 (7.1%)	22 (1.4%)	76 (4.7%)	1086 (67.6%)	356 (22.2%)	130 (8.1%)	21 (1.3%)	14 (0.9%)	1084 (66.3%)	367 (22.9%)	173 (10.8%)	106 (6.6%)	500 (31.3%)	990 (62.0%)	

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	19 (46.3%)	22 (53.7%)
	40-44	7 (36.8%)	12 (63.2%)
	45-49	7 (38.9%)	11 (61.1%)
	50-54	14 (43.8%)	18 (56.3%)
	55-59	15 (39.5%)	23 (60.5%)
	60-64	33 (41.8%)	46 (58.2%)
	65-69	39 (33.9%)	76 (66.1%)
	70-74	29 (27.1%)	78 (72.9%)
	75-79	37 (45.7%)	44 (54.3%)
	80-	22 (44.0%)	28 (56.0%)
	合計	222 (38.3%)	358 (61.7%)
	女性	-39	44 (48.4%)
40-44		26 (53.1%)	23 (46.9%)
45-49		23 (48.9%)	24 (51.1%)
50-54		28 (41.8%)	39 (58.2%)
55-59		42 (42.9%)	56 (57.1%)
60-64		98 (48.3%)	105 (51.7%)
65-69		51 (35.4%)	93 (64.6%)
70-74		60 (42.0%)	83 (58.0%)
75-79		45 (48.9%)	47 (51.1%)
80-		31 (53.4%)	27 (46.6%)
合計		448 (45.2%)	544 (54.8%)
合計		-39	63 (47.7%)
	40-44	33 (48.5%)	35 (51.5%)
	45-49	30 (46.2%)	35 (53.8%)
	50-54	42 (42.4%)	57 (57.6%)
	55-59	57 (41.9%)	79 (58.1%)
	60-64	131 (46.5%)	151 (53.5%)
	65-69	90 (34.7%)	169 (65.3%)
	70-74	89 (35.6%)	161 (64.4%)
	75-79	82 (47.4%)	91 (52.6%)
	80-	53 (49.1%)	55 (50.9%)
	合計	670 (42.6%)	902 (57.4%)

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そろそろ、落ち着かなく感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	21 (51.2%)	11 (26.8%)	5 (12.2%)	2 (4.9%)	2 (4.9%)	23 (56.1%)	10 (24.4%)	6 (14.6%)	1 (2.4%)	1 (2.4%)	21 (51.2%)	11 (26.8%)	7 (17.1%)	1 (2.4%)	1 (2.4%)
	40-44	9 (45.0%)	5 (25.0%)	3 (15.0%)	2 (10.0%)	1 (5.0%)	10 (50.0%)	4 (20.0%)	5 (25.0%)	0 (0.0%)	1 (5.0%)	11 (55.0%)	5 (25.0%)	3 (15.0%)	1 (5.0%)	0 (0.0%)
	45-49	9 (50.0%)	5 (27.8%)	4 (22.2%)	0 (0.0%)	0 (0.0%)	10 (55.6%)	4 (22.2%)	3 (16.7%)	0 (0.0%)	1 (5.6%)	12 (66.7%)	3 (16.7%)	2 (11.1%)	1 (5.6%)	0 (0.0%)
	50-54	18 (56.3%)	9 (28.1%)	4 (12.5%)	1 (3.1%)	0 (0.0%)	24 (75.0%)	6 (18.8%)	1 (3.1%)	1 (3.1%)	0 (0.0%)	25 (78.1%)	3 (9.4%)	4 (12.5%)	0 (0.0%)	0 (0.0%)
	55-59	19 (48.7%)	10 (25.6%)	5 (12.8%)	1 (2.6%)	4 (10.3%)	29 (74.4%)	6 (15.4%)	2 (5.1%)	1 (2.6%)	1 (2.6%)	21 (53.8%)	12 (30.8%)	4 (10.3%)	1 (2.6%)	1 (2.6%)
	60-64	40 (50.0%)	26 (32.5%)	8 (10.0%)	5 (6.3%)	1 (1.3%)	53 (66.3%)	17 (21.3%)	9 (11.3%)	0 (0.0%)	1 (1.3%)	50 (62.5%)	20 (25.0%)	8 (10.0%)	2 (2.5%)	0 (0.0%)
	65-69	71 (59.2%)	32 (26.7%)	15 (12.5%)	1 (0.8%)	1 (0.8%)	90 (74.4%)	22 (18.2%)	8 (6.6%)	0 (0.0%)	1 (0.8%)	87 (71.9%)	25 (20.7%)	8 (6.6%)	0 (0.0%)	1 (0.8%)
	70-74	71 (65.1%)	26 (23.9%)	10 (9.2%)	1 (0.9%)	1 (0.9%)	84 (76.4%)	16 (14.5%)	8 (7.3%)	0 (0.0%)	2 (1.8%)	89 (81.7%)	13 (11.9%)	5 (4.6%)	1 (0.9%)	1 (0.9%)
	75-79	55 (66.3%)	17 (20.5%)	9 (10.8%)	1 (1.2%)	1 (1.2%)	64 (77.1%)	13 (15.7%)	3 (3.6%)	0 (0.0%)	3 (3.6%)	60 (72.3%)	17 (20.5%)	5 (6.0%)	0 (0.0%)	1 (1.2%)
	80-	26 (52.0%)	17 (34.0%)	6 (12.0%)	1 (2.0%)	0 (0.0%)	36 (72.0%)	13 (26.0%)	1 (2.0%)	0 (0.0%)	0 (0.0%)	32 (64.0%)	14 (28.0%)	3 (6.0%)	1 (2.0%)	0 (0.0%)
合計	339 (57.3%)	158 (26.7%)	69 (11.7%)	15 (2.5%)	11 (1.9%)	423 (71.2%)	111 (18.7%)	46 (7.7%)	3 (0.5%)	11 (1.9%)	408 (68.8%)	123 (20.7%)	49 (8.3%)	8 (1.3%)	5 (0.8%)	
女性	-39	35 (38.0%)	28 (30.4%)	25 (27.2%)	3 (3.3%)	1 (1.1%)	54 (58.1%)	29 (31.2%)	7 (7.5%)	1 (1.1%)	2 (2.2%)	57 (61.3%)	19 (20.4%)	13 (14.0%)	3 (3.2%)	1 (1.1%)
	40-44	24 (50.0%)	9 (18.8%)	14 (29.2%)	1 (2.1%)	0 (0.0%)	28 (57.1%)	17 (34.7%)	2 (4.1%)	1 (2.0%)	1 (2.0%)	27 (55.1%)	15 (30.6%)	5 (10.2%)	1 (2.0%)	1 (2.0%)
	45-49	21 (45.7%)	13 (28.3%)	8 (17.4%)	3 (6.5%)	1 (2.2%)	31 (66.0%)	11 (23.4%)	2 (4.3%)	2 (4.3%)	1 (2.1%)	31 (66.0%)	9 (19.1%)	6 (12.8%)	0 (0.0%)	1 (2.1%)
	50-54	27 (39.7%)	21 (30.9%)	12 (17.6%)	6 (8.8%)	2 (2.9%)	40 (58.0%)	14 (20.3%)	13 (18.8%)	1 (1.4%)	1 (1.4%)	36 (52.2%)	21 (30.4%)	9 (13.0%)	2 (2.9%)	1 (1.4%)
	55-59	32 (33.0%)	31 (32.0%)	25 (25.8%)	6 (6.2%)	3 (3.1%)	54 (55.1%)	35 (35.7%)	7 (7.1%)	2 (2.0%)	0 (0.0%)	48 (49.0%)	31 (31.6%)	19 (19.4%)	0 (0.0%)	0 (0.0%)
	60-64	90 (44.3%)	61 (30.0%)	37 (18.2%)	12 (5.9%)	3 (1.5%)	112 (55.2%)	57 (28.1%)	28 (13.8%)	3 (1.5%)	3 (1.5%)	118 (58.4%)	58 (28.7%)	25 (12.4%)	0 (0.0%)	1 (0.5%)
	65-69	69 (47.3%)	53 (36.3%)	20 (13.7%)	1 (0.7%)	3 (2.1%)	93 (63.7%)	33 (22.6%)	18 (12.3%)	1 (0.7%)	1 (0.7%)	97 (66.9%)	31 (21.4%)	16 (11.0%)	0 (0.0%)	1 (0.7%)
	70-74	66 (44.9%)	47 (32.0%)	30 (20.4%)	3 (2.0%)	1 (0.7%)	82 (55.8%)	36 (24.5%)	22 (15.0%)	4 (2.7%)	3 (2.0%)	75 (51.0%)	53 (36.1%)	16 (10.9%)	2 (1.4%)	1 (0.7%)
	75-79	40 (42.1%)	27 (28.4%)	20 (21.1%)	6 (6.3%)	2 (2.1%)	55 (57.3%)	20 (20.8%)	18 (18.8%)	3 (3.1%)	0 (0.0%)	57 (59.4%)	26 (27.1%)	9 (9.4%)	2 (2.1%)	2 (2.1%)
	80-	26 (42.6%)	25 (41.0%)	7 (11.5%)	3 (4.9%)	0 (0.0%)	27 (44.3%)	24 (39.3%)	8 (13.1%)	0 (0.0%)	2 (3.2%)	32 (52.5%)	20 (32.8%)	8 (13.1%)	1 (1.6%)	0 (0.0%)
合計	430 (42.9%)	315 (31.4%)	198 (19.7%)	44 (4.4%)	16 (1.6%)	576 (57.1%)	276 (27.4%)	125 (12.4%)	18 (1.8%)	14 (1.4%)	578 (57.4%)	263 (28.1%)	126 (12.5%)	11 (1.1%)	9 (0.9%)	
合計	-39	56 (42.1%)	39 (29.3%)	30 (22.6%)	5 (3.8%)	3 (2.3%)	77 (57.5%)	39 (29.1%)	13 (9.7%)	2 (1.5%)	3 (2.2%)	78 (58.2%)	30 (22.4%)	20 (14.9%)	4 (3.0%)	2 (1.5%)
	40-44	33 (48.5%)	14 (20.6%)	17 (25.0%)	3 (4.4%)	1 (1.5%)	38 (55.1%)	21 (30.4%)	7 (10.1%)	1 (1.4%)	2 (2.9%)	38 (55.1%)	20 (29.0%)	8 (11.6%)	2 (2.9%)	1 (1.4%)
	45-49	30 (46.9%)	18 (28.1%)	12 (18.8%)	3 (4.7%)	1 (1.6%)	41 (63.1%)	15 (23.1%)	5 (7.7%)	2 (3.1%)	2 (3.1%)	43 (66.2%)	12 (18.5%)	8 (12.3%)	1 (1.5%)	1 (1.5%)
	50-54	45 (45.0%)	30 (30.0%)	16 (16.0%)	7 (7.0%)	2 (2.0%)	64 (63.4%)	20 (19.8%)	14 (13.9%)	2 (2.0%)	1 (1.0%)	61 (60.4%)	24 (23.8%)	13 (12.9%)	2 (2.0%)	1 (1.0%)
	55-59	51 (37.5%)	41 (30.1%)	30 (22.1%)	7 (5.1%)	7 (5.1%)	83 (60.6%)	41 (29.9%)	9 (6.6%)	3 (2.2%)	0 (0.7%)	69 (50.4%)	43 (31.4%)	23 (16.8%)	1 (0.7%)	1 (0.7%)
	60-64	130 (45.9%)	87 (30.7%)	45 (15.9%)	17 (6.0%)	4 (1.4%)	165 (58.3%)	74 (26.1%)	37 (13.1%)	3 (1.1%)	4 (1.4%)	168 (59.6%)	78 (27.7%)	33 (11.7%)	2 (0.7%)	1 (0.4%)
	65-69	140 (52.6%)	85 (32.0%)	35 (13.2%)	2 (0.8%)	4 (1.5%)	183 (68.5%)	55 (20.6%)	26 (9.7%)	1 (0.4%)	2 (0.7%)	184 (69.2%)	56 (21.1%)	24 (9.0%)	0 (0.0%)	2 (0.8%)
	70-74	137 (53.5%)	73 (28.5%)	40 (15.6%)	4 (1.6%)	2 (0.8%)	166 (64.6%)	52 (20.2%)	30 (11.7%)	4 (1.6%)	5 (1.9%)	164 (64.1%)	66 (25.8%)	21 (8.2%)	3 (1.2%)	2 (0.8%)
	75-79	95 (53.4%)	44 (24.7%)	29 (16.3%)	7 (3.9%)	3 (1.7%)	119 (66.5%)	33 (18.4%)	21 (11.7%)	3 (1.7%)	3 (1.7%)	117 (65.4%)	43 (24.0%)	14 (7.8%)	2 (1.1%)	3 (1.7%)
	80-	52 (46.8%)	42 (37.8%)	13 (11.7%)	4 (3.6%)	0 (0.0%)	63 (56.8%)	37 (33.3%)	9 (8.1%)	0 (0.0%)	2 (1.8%)	64 (57.7%)	34 (30.6%)	11 (9.9%)	2 (1.8%)	0 (0.0%)
合計	769 (48.2%)	473 (29.7%)	267 (16.7%)	59 (3.7%)	27 (1.7%)	999 (62.3%)	387 (24.1%)	171 (10.7%)	21 (1.3%)	25 (1.6%)	986 (61.6%)	406 (25.4%)	175 (10.9%)	19 (1.2%)	14 (0.9%)	

4) 気分が沈み込んで、何が起ころとも  
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	20 (48.8%)	10 (24.4%)	9 (22.0%)	2 (4.9%)	0 (0.0%)	20 (48.8%)	15 (36.6%)	4 (9.8%)	2 (4.9%)	0 (0.0%)	22 (53.7%)	15 (36.6%)	3 (7.3%)	1 (2.4%)	0 (0.0%)
	40-44	9 (45.0%)	5 (25.0%)	4 (20.0%)	1 (5.0%)	1 (5.0%)	9 (45.0%)	5 (25.0%)	3 (15.0%)	2 (10.0%)	1 (5.0%)	7 (35.0%)	5 (25.0%)	8 (40.0%)	0 (0.0%)	0 (0.0%)
	45-49	8 (44.4%)	6 (33.3%)	2 (11.1%)	1 (5.6%)	1 (5.6%)	10 (55.6%)	4 (22.2%)	3 (16.7%)	1 (5.6%)	0 (0.0%)	12 (66.7%)	3 (16.7%)	3 (16.7%)	0 (0.0%)	0 (0.0%)
	50-54	19 (59.4%)	11 (34.4%)	1 (3.1%)	1 (3.1%)	0 (0.0%)	18 (56.3%)	13 (40.6%)	0 (0.0%)	1 (3.1%)	0 (0.0%)	24 (75.0%)	7 (21.9%)	1 (3.1%)	0 (0.0%)	0 (0.0%)
	55-59	21 (53.8%)	11 (28.2%)	4 (10.3%)	0 (0.0%)	3 (7.7%)	14 (35.9%)	15 (38.5%)	6 (15.4%)	2 (5.1%)	2 (5.1%)	24 (63.2%)	8 (21.1%)	5 (13.2%)	0 (0.0%)	1 (2.6%)
	60-64	48 (60.0%)	22 (27.5%)	8 (10.0%)	1 (1.3%)	1 (1.3%)	54 (67.5%)	18 (22.5%)	7 (8.8%)	0 (0.0%)	1 (1.3%)	54 (69.2%)	16 (20.5%)	6 (7.7%)	1 (1.3%)	1 (1.3%)
	65-69	79 (65.3%)	27 (22.3%)	11 (9.1%)	2 (1.7%)	2 (1.7%)	77 (63.6%)	31 (25.6%)	12 (9.9%)	0 (0.0%)	1 (0.8%)	84 (69.4%)	26 (21.5%)	10 (8.3%)	0 (0.0%)	1 (0.8%)
	70-74	86 (78.2%)	18 (16.4%)	4 (3.6%)	0 (0.0%)	2 (1.8%)	72 (65.5%)	25 (22.7%)	10 (9.1%)	1 (0.9%)	2 (1.8%)	81 (73.6%)	21 (19.1%)	5 (4.5%)	2 (1.8%)	1 (0.9%)
	75-79	57 (68.7%)	22 (26.5%)	3 (3.6%)	0 (0.0%)	1 (1.2%)	50 (60.2%)	21 (25.3%)	9 (10.8%)	1 (1.2%)	2 (2.4%)	60 (73.2%)	13 (15.9%)	5 (6.1%)	2 (2.4%)	2 (2.4%)
	80-	34 (66.7%)	14 (27.5%)	2 (3.9%)	1 (2.0%)	0 (0.0%)	29 (58.0%)	13 (26.0%)	6 (12.0%)	0 (0.0%)	2 (4.0%)	35 (70.0%)	10 (20.0%)	2 (4.0%)	1 (2.0%)	2 (4.0%)
合計	381 (64.0%)	146 (24.5%)	48 (8.1%)	9 (1.5%)	11 (1.8%)	353 (59.4%)	160 (26.9%)	60 (10.1%)	10 (1.7%)	11 (1.9%)	403 (68.3%)	124 (21.0%)	48 (8.1%)	7 (1.2%)	8 (1.4%)	
女性	-39	40 (43.0%)	32 (34.4%)	14 (15.1%)	5 (5.4%)	2 (2.2%)	47 (50.5%)	33 (35.5%)	8 (8.6%)	3 (3.2%)	2 (2.2%)	53 (57.0%)	28 (30.1%)	5 (5.4%)	5 (5.4%)	2 (2.2%)
	40-44	26 (53.1%)	12 (24.5%)	7 (14.3%)	3 (6.1%)	1 (2.0%)	23 (46.9%)	16 (32.7%)	7 (14.3%)	2 (4.1%)	1 (2.0%)	30 (61.2%)	13 (26.5%)	3 (6.1%)	1 (2.0%)	2 (4.1%)
	45-49	22 (46.8%)	16 (34.0%)	7 (14.9%)	2 (4.3%)	0 (0.0%)	21 (44.7%)	17 (36.2%)	5 (10.6%)	3 (6.4%)	1 (2.1%)	29 (61.7%)	9 (19.1%)	7 (14.9%)	1 (2.1%)	1 (2.1%)
	50-54	27 (39.1%)	26 (37.7%)	6 (8.7%)	6 (8.7%)	4 (5.8%)	28 (40.6%)	26 (37.7%)	9 (13.0%)	5 (7.2%)	1 (1.4%)	41 (59.4%)	15 (21.7%)	9 (13.0%)	3 (4.3%)	1 (1.4%)
	55-59	35 (35.7%)	42 (42.9%)	15 (15.3%)	5 (5.1%)	1 (1.0%)	44 (44.9%)	35 (35.7%)	15 (15.3%)	2 (2.0%)	2 (2.0%)	59 (60.2%)	27 (27.6%)	8 (8.2%)	2 (2.0%)	2 (2.0%)
	60-64	87 (42.9%)	78 (38.4%)	30 (14.8%)	4 (2.0%)	4 (2.0%)	106 (52.2%)	65 (32.0%)	24 (11.8%)	8 (3.9%)	0 (0.0%)	130 (64.4%)	48 (23.8%)	20 (9.9%)	1 (0.5%)	3 (1.5%)
	65-69	70 (47.9%)	58 (39.7%)	16 (11.0%)	1 (0.7%)	1 (0.7%)	86 (58.9%)	46 (31.5%)	12 (8.2%)	2 (1.4%)	0 (0.0%)	97 (66.4%)	37 (25.3%)	7 (4.8%)	3 (2.1%)	2 (1.4%)
	70-74	65 (44.5%)	53 (36.3%)	24 (16.4%)	2 (1.4%)	2 (1.4%)	77 (52.7%)	35 (24.0%)	27 (18.5%)	3 (2.1%)	4 (2.7%)	94 (63.9%)	34 (23.1%)	13 (8.8%)	2 (1.4%)	4 (2.7%)
	75-79	52 (54.2%)	23 (24.0%)	13 (13.5%)	3 (3.1%)	5 (5.2%)	48 (50.5%)	27 (28.4%)	15 (15.8%)	3 (3.2%)	2 (2.1%)	65 (67.7%)	19 (19.8%)	6 (6.3%)	2 (2.1%)	4 (4.2%)
	80-	25 (41.0%)	24 (39.3%)	10 (16.4%)	2 (3.3%)	0 (0.0%)	29 (47.5%)	21 (34.4%)	7 (11.5%)	2 (3.3%)	2 (3.3%)	39 (63.9%)	12 (19.7%)	9 (14.8%)	0 (0.0%)	1 (1.6%)
合計	449 (44.5%)	364 (36.1%)	142 (14.1%)	33 (3.3%)	20 (2.0%)	509 (50.5%)	321 (31.9%)	129 (12.8%)	33 (3.3%)	15 (1.5%)	637 (63.2%)	242 (24.0%)	87 (8.6%)	20 (2.0%)	22 (2.2%)	
合計	-39	60 (44.8%)	42 (31.3%)	23 (17.2%)	7 (5.2%)	2 (1.5%)	67 (50.0%)	48 (35.8%)	12 (9.0%)	5 (3.7%)	2 (1.5%)	75 (56.0%)	43 (32.1%)	8 (6.0%)	6 (4.5%)	2 (1.5%)
	40-44	35 (50.7%)	17 (24.6%)	11 (15.9%)	4 (5.8%)	2 (2.9%)	32 (46.4%)	21 (30.4%)	10 (14.5%)	4 (5.8%)	2 (2.9%)	37 (53.6%)	18 (26.1%)	11 (15.9%)	1 (1.4%)	2 (2.9%)
	45-49	30 (46.2%)	22 (33.8%)	9 (13.8%)	3 (4.6%)	1 (1.5%)	31 (47.7%)	21 (32.3%)	8 (12.3%)	4 (6.2%)	1 (1.5%)	41 (63.1%)	12 (18.5%)	10 (15.4%)	1 (1.5%)	1 (1.5%)
	50-54	46 (45.5%)	37 (36.6%)	7 (6.9%)	7 (6.9%)	4 (4.0%)	46 (45.5%)	39 (38.6%)	9 (8.9%)	6 (5.9%)	1 (1.0%)	65 (64.4%)	22 (21.8%)	10 (9.9%)	3 (3.0%)	1 (1.0%)
	55-59	56 (40.9%)	53 (38.7%)	19 (13.9%)	5 (3.6%)	4 (2.9%)	58 (42.3%)	50 (36.5%)	21 (15.3%)	4 (2.9%)	4 (2.9%)	83 (61.0%)	35 (25.7%)	13 (9.6%)	2 (1.5%)	3 (2.2%)
	60-64	135 (47.7%)	100 (35.3%)	38 (13.4%)	5 (1.8%)	5 (1.8%)	160 (56.5%)	83 (29.3%)	31 (11.0%)	8 (2.8%)	1 (0.4%)	184 (65.7%)	64 (22.9%)	26 (9.3%)	2 (0.7%)	4 (1.4%)
	65-69	149 (55.8%)	85 (31.8%)	27 (10.1%)	3 (1.1%)	3 (1.1%)	163 (61.0%)	77 (28.8%)	24 (9.0%)	2 (0.7%)	1 (0.4%)	181 (67.8%)	63 (23.6%)	17 (6.4%)	3 (1.1%)	3 (1.1%)
	70-74	151 (59.0%)	71 (27.7%)	28 (10.9%)	2 (0.8%)	4 (1.6%)	149 (58.2%)	60 (23.4%)	37 (14.5%)	4 (1.6%)	6 (2.3%)	175 (68.1%)	55 (21.4%)	18 (7.0%)	4 (1.6%)	5 (1.9%)
	75-79	109 (60.9%)	45 (25.1%)	16 (8.9%)	3 (1.7%)	6 (3.4%)	98 (55.1%)	48 (27.0%)	24 (13.5%)	4 (2.2%)	4 (2.2%)	125 (70.2%)	32 (18.0%)	11 (6.2%)	4 (2.2%)	6 (3.4%)
	80-	59 (52.7%)	38 (33.9%)	12 (10.7%)	3 (2.7%)	0 (0.0%)	58 (52.3%)	34 (30.6%)	13 (11.7%)	2 (1.8%)	4 (3.6%)	74 (66.7%)	22 (19.8%)	11 (9.9%)	1 (0.9%)	3 (2.7%)
合計	830 (51.8%)	510 (31.8%)	190 (11.9%)	42 (2.6%)	31 (1.9%)	862 (53.8%)	481 (30.0%)	189 (11.8%)	43 (2.7%)	26 (1.6%)	1040 (65.1%)	366 (22.9%)	135 (8.4%)	27 (1.7%)	30 (1.9%)	

【10】 今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

(1) 思い出したくないのに、そのことを思い出したり夢に見る。

(2) 思い出すとひどく気持ちが動揺する。

(3) 思い出すと、体の反応が起きる。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	10 (24.4%)	31 (75.6%)	4 (9.8%)	37 (90.2%)	1 (2.4%)	40 (97.6%)
	40-44	8 (40.0%)	12 (60.0%)	7 (35.0%)	13 (65.0%)	2 (10.0%)	18 (90.0%)
	45-49	5 (27.8%)	13 (72.2%)	2 (11.1%)	16 (88.9%)	2 (11.1%)	16 (88.9%)
	50-54	5 (15.6%)	27 (84.4%)	8 (25.0%)	24 (75.0%)	3 (9.4%)	29 (90.6%)
	55-59	8 (20.5%)	31 (79.5%)	3 (7.7%)	36 (92.3%)	1 (2.6%)	38 (97.4%)
	60-64	13 (16.3%)	67 (83.8%)	16 (20.0%)	64 (80.0%)	10 (12.5%)	70 (87.5%)
	65-69	18 (14.9%)	103 (85.1%)	18 (14.9%)	103 (85.1%)	3 (2.5%)	118 (97.5%)
	70-74	24 (21.8%)	86 (78.2%)	21 (19.1%)	89 (80.9%)	4 (3.6%)	106 (96.4%)
	75-79	22 (26.5%)	61 (73.5%)	17 (20.5%)	66 (79.5%)	2 (2.4%)	81 (97.6%)
	80-	14 (27.5%)	37 (72.5%)	7 (14.3%)	42 (85.7%)	2 (4.1%)	47 (95.9%)
	合計	127 (21.3%)	468 (78.7%)	103 (17.4%)	490 (82.6%)	30 (5.1%)	563 (94.9%)
女性	-39	33 (35.5%)	60 (64.5%)	24 (26.1%)	68 (73.9%)	14 (15.1%)	79 (84.9%)
	40-44	11 (22.9%)	37 (77.1%)	12 (25.0%)	36 (75.0%)	6 (12.5%)	42 (87.5%)
	45-49	6 (12.8%)	41 (87.2%)	7 (14.9%)	40 (85.1%)	6 (12.8%)	41 (87.2%)
	50-54	16 (23.2%)	53 (76.8%)	22 (31.9%)	47 (68.1%)	12 (17.6%)	56 (82.4%)
	55-59	21 (21.4%)	77 (78.6%)	31 (32.0%)	66 (68.0%)	9 (9.2%)	89 (90.8%)
	60-64	55 (27.0%)	149 (73.0%)	58 (28.6%)	145 (71.4%)	22 (10.9%)	180 (89.1%)
	65-69	39 (26.5%)	108 (73.5%)	41 (27.9%)	106 (72.1%)	13 (9.0%)	132 (91.0%)
	70-74	60 (40.3%)	89 (59.7%)	49 (33.3%)	98 (66.7%)	16 (10.9%)	131 (89.1%)
	75-79	40 (42.1%)	55 (57.9%)	45 (46.4%)	52 (53.6%)	11 (11.6%)	84 (88.4%)
	80-	23 (38.3%)	37 (61.7%)	23 (37.7%)	38 (62.3%)	9 (15.0%)	51 (85.0%)
	合計	304 (30.1%)	706 (69.9%)	312 (31.0%)	696 (69.0%)	118 (11.8%)	885 (88.2%)
合計	-39	43 (32.1%)	91 (67.9%)	28 (21.1%)	105 (78.9%)	15 (11.2%)	119 (88.8%)
	40-44	19 (27.9%)	49 (72.1%)	19 (27.9%)	49 (72.1%)	8 (11.8%)	60 (88.2%)
	45-49	11 (16.9%)	54 (83.1%)	9 (13.8%)	56 (86.2%)	8 (12.3%)	57 (87.7%)
	50-54	21 (20.8%)	80 (79.2%)	30 (29.7%)	71 (70.3%)	15 (15.0%)	85 (85.0%)
	55-59	29 (21.2%)	108 (78.8%)	34 (25.0%)	102 (75.0%)	10 (7.3%)	127 (92.7%)
	60-64	68 (23.9%)	216 (76.1%)	74 (26.1%)	209 (73.9%)	32 (11.3%)	250 (88.7%)
	65-69	57 (21.3%)	211 (78.7%)	59 (22.0%)	209 (78.0%)	16 (6.0%)	250 (94.0%)
	70-74	84 (32.4%)	175 (67.6%)	70 (27.2%)	187 (72.8%)	20 (7.8%)	237 (92.2%)
	75-79	62 (34.8%)	116 (65.2%)	62 (34.4%)	118 (65.6%)	13 (7.3%)	165 (92.7%)
	80-	37 (33.3%)	74 (66.7%)	30 (27.3%)	80 (72.7%)	11 (10.1%)	98 (89.9%)
	合計	431 (26.9%)	1174 (73.1%)	415 (25.9%)	1186 (74.1%)	148 (9.3%)	1448 (90.7%)

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	11 (26.8%)	9 (22.0%)	5 (12.2%)	8 (19.5%)	8 (19.5%)	4 (9.8%)	12 (29.3%)	12 (29.3%)	13 (31.7%)
	40-44	9 (45.0%)	1 (5.0%)	3 (15.0%)	3 (15.0%)	4 (20.0%)	3 (15.0%)	2 (10.0%)	7 (35.0%)	8 (40.0%)
	45-49	3 (16.7%)	6 (33.3%)	2 (11.1%)	5 (27.8%)	2 (11.1%)	3 (16.7%)	2 (11.1%)	7 (38.9%)	6 (33.3%)
	50-54	9 (28.1%)	4 (12.5%)	11 (34.4%)	4 (12.5%)	4 (12.5%)	2 (6.3%)	10 (31.3%)	10 (31.3%)	10 (31.3%)
	55-59	16 (41.0%)	3 (7.7%)	7 (17.9%)	10 (25.6%)	3 (7.7%)	6 (15.4%)	4 (10.3%)	13 (33.3%)	16 (41.0%)
	60-64	25 (31.3%)	12 (15.0%)	21 (26.3%)	14 (17.5%)	8 (10.0%)	6 (7.5%)	15 (18.8%)	21 (26.3%)	38 (47.5%)
	65-69	49 (40.5%)	17 (14.0%)	19 (15.7%)	23 (19.0%)	13 (10.7%)	5 (4.1%)	9 (7.4%)	25 (20.7%)	82 (67.8%)
	70-74	48 (43.6%)	15 (13.6%)	24 (21.8%)	14 (12.7%)	9 (8.2%)	5 (4.5%)	14 (12.7%)	23 (20.9%)	68 (61.8%)
	75-79	38 (45.8%)	14 (16.9%)	15 (18.1%)	15 (18.1%)	1 (1.2%)	3 (3.6%)	4 (4.8%)	20 (24.1%)	56 (67.5%)
	80-	20 (39.2%)	6 (11.8%)	7 (13.7%)	9 (17.6%)	9 (17.6%)	1 (2.0%)	1 (2.0%)	15 (30.0%)	33 (66.0%)
	合計	228 (38.3%)	87 (14.6%)	114 (19.2%)	105 (17.6%)	61 (10.3%)	38 (6.4%)	73 (12.3%)	153 (25.8%)	330 (55.6%)
女性	-39	20 (21.5%)	11 (11.8%)	24 (25.8%)	22 (23.7%)	16 (17.2%)	7 (7.5%)	9 (9.7%)	23 (24.7%)	54 (58.1%)
	40-44	17 (34.7%)	4 (8.2%)	11 (22.4%)	11 (22.4%)	6 (12.2%)	5 (10.2%)	10 (20.4%)	17 (34.7%)	17 (34.7%)
	45-49	17 (36.2%)	7 (14.9%)	7 (14.9%)	11 (23.4%)	5 (10.6%)	5 (10.6%)	7 (14.9%)	9 (19.1%)	26 (55.3%)
	50-54	26 (37.7%)	11 (15.9%)	13 (18.8%)	9 (13.0%)	10 (14.5%)	3 (4.3%)	10 (14.5%)	18 (26.1%)	38 (55.1%)
	55-59	30 (30.6%)	15 (15.3%)	19 (19.4%)	20 (20.4%)	14 (14.3%)	3 (3.1%)	16 (16.5%)	26 (26.8%)	52 (53.6%)
	60-64	83 (40.7%)	20 (9.8%)	38 (18.6%)	39 (19.1%)	24 (11.8%)	6 (2.9%)	21 (10.3%)	56 (27.5%)	121 (59.3%)
	65-69	48 (32.7%)	24 (16.3%)	33 (22.4%)	25 (17.0%)	17 (11.6%)	2 (1.4%)	13 (8.8%)	34 (23.1%)	98 (66.7%)
	70-74	58 (39.5%)	11 (7.5%)	37 (25.2%)	24 (16.3%)	17 (11.6%)	5 (3.4%)	24 (16.1%)	37 (24.8%)	83 (55.7%)
	75-79	34 (36.2%)	12 (12.8%)	20 (21.3%)	22 (23.4%)	6 (6.4%)	4 (4.1%)	7 (7.2%)	16 (16.5%)	70 (72.2%)
	80-	25 (41.7%)	6 (10.0%)	9 (15.0%)	12 (20.0%)	8 (13.3%)	0 (0.0%)	6 (9.8%)	13 (21.3%)	42 (68.9%)
	合計	358 (35.5%)	121 (12.0%)	211 (20.9%)	195 (19.3%)	123 (12.2%)	40 (3.9%)	123 (12.1%)	249 (24.6%)	601 (59.3%)
合計	-39	31 (23.1%)	20 (14.9%)	29 (21.6%)	30 (22.4%)	24 (17.9%)	11 (8.2%)	21 (15.7%)	35 (26.1%)	67 (50.0%)
	40-44	26 (37.7%)	5 (7.2%)	14 (20.3%)	14 (20.3%)	10 (14.5%)	8 (11.6%)	12 (17.4%)	24 (34.8%)	25 (36.2%)
	45-49	20 (30.8%)	13 (20.0%)	9 (13.8%)	16 (24.6%)	7 (10.8%)	8 (12.3%)	9 (13.8%)	16 (24.6%)	32 (49.2%)
	50-54	35 (34.7%)	15 (14.9%)	24 (23.8%)	13 (12.9%)	14 (13.9%)	5 (5.0%)	20 (19.8%)	28 (27.7%)	48 (47.5%)
	55-59	46 (33.6%)	18 (13.1%)	26 (19.0%)	30 (21.9%)	17 (12.4%)	9 (6.6%)	20 (14.7%)	39 (28.7%)	68 (50.0%)
	60-64	108 (38.0%)	32 (11.3%)	59 (20.8%)	53 (18.7%)	32 (11.3%)	12 (4.2%)	36 (12.7%)	77 (27.1%)	159 (56.0%)
	65-69	97 (36.2%)	41 (15.3%)	52 (19.4%)	48 (17.9%)	30 (11.2%)	7 (2.6%)	22 (8.2%)	59 (22.0%)	180 (67.2%)
	70-74	106 (41.2%)	26 (10.1%)	61 (23.7%)	38 (14.8%)	26 (10.1%)	10 (3.9%)	38 (14.7%)	60 (23.2%)	151 (58.3%)
	75-79	72 (40.7%)	26 (14.7%)	35 (19.8%)	37 (20.9%)	7 (4.0%)	7 (3.9%)	11 (6.1%)	36 (20.0%)	126 (70.0%)
	80-	45 (40.5%)	12 (10.8%)	16 (14.4%)	21 (18.9%)	17 (15.3%)	1 (0.9%)	7 (6.3%)	28 (25.2%)	75 (67.6%)
	合計	586 (36.6%)	208 (13.0%)	325 (20.3%)	300 (18.7%)	184 (11.5%)	78 (4.9%)	196 (12.2%)	402 (25.0%)	931 (57.9%)



資料

【平成24年度分】度数分布表（山田町）

【1】医療に関してお尋ねします。

【2】食事についておたずねします。

【3】(省略)

(1) 現在の健康状態はいかがですか。

(1) 最近の食事の回数について  
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	27 (15.9%)	125 (73.5%)	15 (8.8%)	3 (1.8%)	40 (23.7%)	129 (76.3%)
	40-44	13 (10.1%)	100 (77.5%)	15 (11.6%)	1 (0.8%)	18 (14.0%)	111 (86.0%)
	45-49	9 (7.3%)	97 (78.9%)	17 (13.8%)	0 (0.0%)	24 (19.8%)	97 (80.2%)
	50-54	10 (6.8%)	114 (78.1%)	21 (14.4%)	1 (0.7%)	12 (8.2%)	134 (91.8%)
	55-59	12 (5.9%)	171 (83.8%)	19 (9.3%)	2 (1.0%)	20 (9.8%)	184 (90.2%)
	60-64	46 (10.6%)	332 (76.3%)	51 (11.7%)	6 (1.4%)	26 (6.0%)	406 (94.0%)
	65-69	63 (13.1%)	373 (77.7%)	38 (7.9%)	6 (1.3%)	14 (3.0%)	460 (97.0%)
	70-74	75 (13.3%)	416 (74.0%)	65 (11.6%)	6 (1.1%)	22 (3.9%)	541 (96.1%)
	75-79	56 (14.7%)	264 (69.5%)	58 (15.3%)	2 (0.5%)	13 (3.5%)	363 (96.5%)
	80-	22 (10.8%)	147 (72.1%)	28 (13.7%)	7 (3.4%)	2 (1.0%)	200 (99.0%)
	合計	333 (11.8%)	2139 (75.5%)	327 (11.5%)	34 (1.2%)	191 (6.8%)	2625 (93.2%)
女性	-39	64 (15.9%)	293 (72.7%)	41 (10.2%)	5 (1.2%)	69 (17.1%)	334 (82.9%)
	40-44	20 (8.2%)	193 (78.8%)	30 (12.2%)	2 (0.8%)	30 (12.3%)	214 (87.7%)
	45-49	19 (8.1%)	189 (80.1%)	24 (10.2%)	4 (1.7%)	25 (10.6%)	210 (89.4%)
	50-54	21 (6.9%)	244 (80.3%)	38 (12.5%)	1 (0.3%)	14 (4.6%)	288 (95.4%)
	55-59	42 (8.8%)	390 (81.3%)	47 (9.8%)	1 (0.2%)	24 (5.0%)	455 (95.0%)
	60-64	73 (8.2%)	707 (79.4%)	105 (11.8%)	5 (0.6%)	30 (3.4%)	860 (96.6%)
	65-69	80 (10.9%)	562 (76.8%)	77 (10.5%)	13 (1.8%)	10 (1.4%)	718 (98.6%)
	70-74	62 (8.1%)	583 (75.8%)	113 (14.7%)	11 (1.4%)	9 (1.2%)	756 (98.8%)
	75-79	35 (7.8%)	336 (74.7%)	73 (16.2%)	6 (1.3%)	10 (2.2%)	440 (97.8%)
	80-	17 (7.2%)	181 (76.4%)	37 (15.6%)	2 (0.8%)	4 (1.7%)	232 (98.3%)
	合計	433 (9.1%)	3678 (77.5%)	585 (12.3%)	50 (1.1%)	225 (4.8%)	4507 (95.2%)
合計	-39	91 (15.9%)	418 (72.9%)	56 (9.8%)	8 (1.4%)	109 (19.1%)	463 (80.9%)
	40-44	33 (8.8%)	293 (78.3%)	45 (12.0%)	3 (0.8%)	48 (12.9%)	325 (87.1%)
	45-49	28 (7.8%)	286 (79.7%)	41 (11.4%)	4 (1.1%)	49 (13.8%)	307 (86.2%)
	50-54	31 (6.9%)	358 (79.6%)	59 (13.1%)	2 (0.4%)	26 (5.8%)	422 (94.2%)
	55-59	54 (7.9%)	561 (82.0%)	66 (9.6%)	3 (0.4%)	44 (6.4%)	639 (93.6%)
	60-64	119 (9.0%)	1039 (78.4%)	156 (11.8%)	11 (0.8%)	56 (4.2%)	1266 (95.8%)
	65-69	143 (11.8%)	935 (77.1%)	115 (9.5%)	19 (1.6%)	24 (2.0%)	1178 (98.0%)
	70-74	137 (10.3%)	999 (75.1%)	178 (13.4%)	17 (1.3%)	31 (2.3%)	1297 (97.7%)
	75-79	91 (11.0%)	600 (72.3%)	131 (15.8%)	8 (1.0%)	23 (2.8%)	803 (97.2%)
	80-	39 (8.8%)	328 (74.4%)	65 (14.7%)	9 (2.0%)	6 (1.4%)	432 (98.6%)
	合計	766 (10.1%)	5817 (76.8%)	912 (12.0%)	84 (1.1%)	416 (5.5%)	7132 (94.5%)

【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていたか。(副問) 仕事をしていた場合、職業について当てはまるもの1つに○をつけて下さい。

		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他
男性	-39	150 (88.8%)	19 (11.2%)	3 (2.0%)	17 (11.4%)	0 (0.0%)	21 (14.1%)	26 (17.4%)	4 (2.7%)	2 (1.3%)	6 (4.0%)	14 (9.4%)	0 (0.0%)	17 (11.4%)	16 (10.7%)	23 (15.4%)
	40-44	117 (90.7%)	12 (9.3%)	5 (4.3%)	18 (15.5%)	0 (0.0%)	19 (16.4%)	20 (17.2%)	3 (2.6%)	0 (0.0%)	4 (3.4%)	10 (8.6%)	1 (0.9%)	15 (12.9%)	5 (4.3%)	16 (13.8%)
	45-49	112 (91.1%)	11 (8.9%)	3 (2.7%)	22 (20.0%)	0 (0.0%)	18 (16.4%)	20 (18.2%)	3 (2.7%)	2 (1.8%)	2 (1.8%)	9 (8.2%)	1 (0.9%)	17 (15.5%)	3 (2.7%)	10 (9.1%)
	50-54	128 (87.1%)	19 (12.9%)	3 (2.4%)	21 (16.9%)	0 (0.0%)	29 (23.4%)	18 (14.5%)	0 (0.0%)	0 (0.0%)	8 (6.5%)	11 (8.9%)	1 (0.8%)	10 (8.1%)	7 (5.6%)	16 (12.9%)
	55-59	183 (89.7%)	21 (10.3%)	8 (4.6%)	23 (13.3%)	2 (1.2%)	39 (22.5%)	21 (12.1%)	3 (1.7%)	1 (0.6%)	6 (3.5%)	18 (10.4%)	3 (1.7%)	8 (4.6%)	13 (7.5%)	28 (16.2%)
	60-64	329 (75.3%)	108 (24.7%)	26 (8.3%)	69 (21.9%)	1 (0.3%)	63 (20.0%)	33 (10.5%)	5 (1.6%)	2 (0.6%)	14 (4.4%)	25 (7.9%)	4 (1.3%)	14 (4.4%)	21 (6.7%)	38 (12.1%)
	65-69	272 (56.7%)	208 (43.3%)	40 (15.4%)	74 (28.5%)	0 (0.0%)	44 (16.9%)	20 (7.7%)	3 (1.2%)	1 (0.4%)	10 (3.8%)	12 (4.6%)	1 (0.4%)	13 (5.0%)	5 (1.9%)	37 (14.2%)
	70-74	272 (48.1%)	294 (51.9%)	70 (26.7%)	100 (38.2%)	0 (0.0%)	23 (8.8%)	11 (4.2%)	2 (0.8%)	1 (0.4%)	3 (1.1%)	19 (7.3%)	1 (0.4%)	7 (2.7%)	5 (1.9%)	20 (7.6%)
	75-79	172 (45.3%)	208 (54.7%)	63 (37.3%)	54 (32.0%)	0 (0.0%)	14 (8.3%)	6 (3.6%)	3 (1.8%)	1 (0.6%)	0 (0.0%)	3 (1.8%)	0 (0.0%)	3 (1.8%)	2 (1.2%)	20 (11.8%)
	80-	57 (27.9%)	147 (72.1%)	30 (53.6%)	14 (25.0%)	0 (0.0%)	3 (5.4%)	1 (1.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (7.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	1792 (63.1%)	1047 (36.9%)	251 (14.5%)	412 (23.8%)	3 (0.2%)	273 (15.7%)	176 (10.1%)	26 (1.5%)	10 (0.6%)	53 (3.1%)	125 (7.2%)	12 (0.7%)	104 (6.0%)	77 (4.4%)	212 (12.2%)	
女性	-39	267 (66.3%)	136 (33.7%)	3 (1.1%)	10 (3.8%)	0 (0.0%)	2 (0.8%)	35 (13.3%)	2 (0.8%)	2 (0.8%)	2 (0.8%)	37 (14.0%)	4 (1.5%)	57 (21.6%)	72 (27.3%)	38 (14.4%)
	40-44	180 (73.5%)	65 (26.5%)	6 (3.5%)	14 (8.1%)	0 (0.0%)	2 (1.2%)	32 (18.6%)	1 (0.6%)	1 (0.6%)	1 (0.6%)	20 (11.6%)	2 (1.2%)	38 (22.1%)	28 (16.3%)	27 (15.7%)
	45-49	179 (75.5%)	58 (24.5%)	5 (2.9%)	14 (8.1%)	0 (0.0%)	2 (1.2%)	35 (20.3%)	2 (1.2%)	1 (0.6%)	0 (0.0%)	21 (12.2%)	1 (0.6%)	30 (17.4%)	32 (18.6%)	29 (16.9%)
	50-54	222 (73.0%)	82 (27.0%)	14 (6.5%)	16 (7.4%)	0 (0.0%)	4 (1.9%)	53 (24.5%)	1 (0.5%)	1 (0.5%)	0 (0.0%)	28 (13.0%)	3 (1.4%)	29 (13.4%)	30 (13.9%)	37 (17.1%)
	55-59	309 (64.2%)	172 (35.8%)	33 (11.1%)	27 (9.1%)	0 (0.0%)	3 (1.0%)	81 (27.3%)	0 (0.0%)	0 (0.0%)	2 (0.7%)	33 (11.1%)	2 (0.7%)	40 (13.5%)	35 (11.8%)	41 (13.8%)
	60-64	475 (53.3%)	416 (46.7%)	54 (12.0%)	53 (11.8%)	0 (0.0%)	5 (1.1%)	92 (20.5%)	3 (0.7%)	2 (0.4%)	0 (0.0%)	40 (8.9%)	1 (0.2%)	81 (18.0%)	49 (10.9%)	69 (15.4%)
	65-69	288 (39.2%)	447 (60.8%)	84 (29.9%)	50 (17.8%)	0 (0.0%)	4 (1.4%)	34 (12.1%)	1 (0.4%)	0 (0.0%)	0 (0.0%)	24 (8.5%)	2 (0.7%)	41 (14.6%)	8 (2.8%)	33 (11.7%)
	70-74	254 (32.9%)	517 (67.1%)	97 (40.6%)	58 (24.3%)	0 (0.0%)	0 (0.0%)	12 (5.0%)	1 (0.4%)	0 (0.0%)	0 (0.0%)	18 (7.5%)	0 (0.0%)	17 (7.1%)	3 (1.3%)	33 (13.8%)
	75-79	98 (21.6%)	356 (78.4%)	50 (53.2%)	20 (21.3%)	0 (0.0%)	0 (0.0%)	6 (6.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (5.3%)	0 (0.0%)	3 (3.2%)	0 (0.0%)	10 (10.6%)
	80-	35 (14.6%)	204 (85.4%)	22 (64.7%)	6 (17.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (2.9%)	0 (0.0%)	3 (8.8%)	0 (0.0%)	2 (5.9%)
合計	2307 (48.5%)	2453 (51.5%)	368 (16.6%)	268 (12.1%)	0 (0.0%)	22 (1.0%)	380 (17.1%)	11 (0.5%)	7 (0.3%)	5 (0.2%)	227 (10.2%)	15 (0.7%)	339 (15.3%)	257 (11.6%)	319 (14.4%)	
合計	-39	417 (72.9%)	155 (27.1%)	6 (1.5%)	27 (6.5%)	0 (0.0%)	23 (5.6%)	61 (14.8%)	6 (1.5%)	4 (1.0%)	8 (1.9%)	51 (12.3%)	4 (1.0%)	74 (17.9%)	88 (21.3%)	61 (14.8%)
	40-44	297 (79.4%)	77 (20.6%)	11 (3.8%)	32 (11.1%)	0 (0.0%)	21 (7.3%)	52 (18.1%)	4 (1.4%)	1 (0.3%)	5 (1.7%)	30 (10.4%)	3 (1.0%)	53 (18.4%)	33 (11.5%)	43 (14.9%)
	45-49	291 (80.8%)	69 (19.2%)	8 (2.8%)	36 (12.8%)	0 (0.0%)	20 (7.1%)	55 (19.5%)	5 (1.8%)	3 (1.1%)	2 (0.7%)	30 (10.6%)	2 (0.7%)	47 (16.7%)	35 (12.4%)	39 (13.8%)
	50-54	350 (77.6%)	101 (22.4%)	17 (5.0%)	37 (10.9%)	0 (0.0%)	33 (9.7%)	71 (20.9%)	1 (0.3%)	1 (0.3%)	8 (2.4%)	39 (11.5%)	4 (1.2%)	39 (11.5%)	37 (10.9%)	53 (15.6%)
	55-59	492 (71.8%)	193 (28.2%)	41 (8.7%)	50 (10.6%)	2 (0.4%)	42 (8.9%)	102 (21.7%)	3 (0.6%)	1 (0.2%)	8 (1.7%)	51 (10.9%)	5 (1.1%)	48 (10.2%)	48 (10.2%)	69 (14.7%)
	60-64	804 (60.5%)	524 (39.5%)	80 (10.5%)	122 (16.0%)	1 (0.1%)	68 (8.9%)	125 (16.4%)	8 (1.0%)	4 (0.5%)	14 (1.8%)	65 (8.5%)	5 (0.7%)	95 (12.4%)	70 (9.2%)	107 (14.0%)
	65-69	560 (46.1%)	655 (53.9%)	124 (22.9%)	124 (22.9%)	0 (0.0%)	48 (8.9%)	54 (10.0%)	4 (0.7%)	1 (0.2%)	10 (1.8%)	36 (6.7%)	3 (0.6%)	54 (10.0%)	13 (2.4%)	70 (12.9%)
	70-74	526 (39.3%)	811 (60.7%)	167 (33.3%)	158 (31.5%)	0 (0.0%)	23 (4.6%)	23 (4.6%)	3 (0.6%)	1 (0.2%)	3 (0.6%)	37 (7.4%)	1 (0.2%)	24 (4.8%)	8 (1.6%)	53 (10.6%)
	75-79	270 (32.4%)	564 (67.6%)	113 (43.0%)	74 (28.1%)	0 (0.0%)	14 (5.3%)	12 (4.6%)	3 (1.1%)	1 (0.4%)	0 (0.0%)	8 (3.0%)	0 (0.0%)	6 (2.3%)	2 (0.8%)	30 (11.4%)
	80-	92 (20.9%)	351 (79.2%)	52 (57.8%)	20 (22.2%)	0 (0.0%)	3 (3.3%)	1 (1.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (5.6%)	0 (0.0%)	3 (3.3%)	0 (0.0%)	6 (6.7%)
合計	4099 (53.9%)	3500 (46.1%)	619 (15.7%)	680 (17.2%)	3 (0.1%)	295 (7.5%)	556 (14.1%)	37 (0.9%)	17 (0.4%)	58 (1.5%)	27 (8.9%)	27 (0.7%)	443 (11.2%)	334 (8.5%)	531 (13.4%)	

(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるもの全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	85 (50.0%)	85 (50.0%)	35 (16.0%)	14 (3.9%)	8 (7.5%)	36 (8.7%)	6 (5.4%)
	40-44	75 (58.6%)	53 (41.4%)	27 (12.3%)	18 (5.0%)	12 (11.2%)	30 (7.2%)	6 (5.4%)
	45-49	70 (56.9%)	53 (43.1%)	19 (8.7%)	20 (5.6%)	6 (5.6%)	24 (5.8%)	6 (5.4%)
	50-54	85 (58.2%)	61 (41.8%)	27 (12.3%)	22 (6.1%)	10 (9.3%)	35 (8.4%)	8 (7.2%)
	55-59	109 (53.4%)	95 (46.6%)	27 (12.3%)	31 (8.6%)	16 (15.0%)	43 (10.3%)	9 (8.1%)
	60-64	217 (50.3%)	214 (49.7%)	37 (16.9%)	59 (16.4%)	26 (24.3%)	82 (19.7%)	21 (18.9%)
	65-69	183 (38.4%)	293 (61.6%)	28 (12.8%)	58 (16.2%)	20 (18.7%)	65 (15.6%)	15 (13.5%)
	70-74	174 (30.9%)	389 (69.1%)	16 (7.3%)	76 (21.2%)	7 (6.5%)	61 (14.7%)	20 (18.0%)
	75-79	97 (25.7%)	280 (74.3%)	2 (0.9%)	43 (12.0%)	2 (1.9%)	35 (8.4%)	14 (12.6%)
	80-	31 (15.3%)	171 (84.7%)	1 (0.5%)	18 (5.0%)	0 (0.0%)	5 (1.2%)	6 (5.4%)
	合計	1126 (39.9%)	1694 (60.1%)	219 (100.0%)	359 (100.0%)	107 (100.0%)	416 (100.0%)	111 (100.0%)
女性	-39	198 (49.1%)	205 (50.9%)	107 (23.9%)	42 (6.2%)	17 (23.9%)	41 (9.3%)	29 (16.9%)
	40-44	127 (52.0%)	117 (48.0%)	67 (15.0%)	36 (5.3%)	10 (14.1%)	33 (7.5%)	12 (7.0%)
	45-49	127 (53.8%)	109 (46.2%)	52 (11.6%)	37 (5.4%)	8 (11.3%)	43 (9.8%)	15 (8.7%)
	50-54	163 (53.6%)	141 (46.4%)	54 (12.1%)	66 (9.7%)	8 (11.3%)	38 (8.6%)	19 (11.0%)
	55-59	226 (47.3%)	252 (52.7%)	56 (12.5%)	106 (15.6%)	5 (7.0%)	52 (11.8%)	22 (12.8%)
	60-64	384 (43.5%)	498 (56.5%)	85 (19.0%)	169 (24.9%)	13 (18.3%)	108 (24.5%)	28 (16.3%)
	65-69	191 (26.2%)	537 (73.8%)	19 (4.3%)	96 (14.1%)	7 (9.9%)	62 (14.1%)	20 (11.6%)
	70-74	163 (21.6%)	593 (78.4%)	5 (1.1%)	93 (13.7%)	2 (2.8%)	45 (10.2%)	22 (12.8%)
	75-79	46 (10.4%)	397 (89.6%)	2 (0.4%)	27 (4.0%)	1 (1.4%)	14 (3.2%)	3 (1.7%)
	80-	15 (6.4%)	220 (93.6%)	0 (0.0%)	8 (1.2%)	0 (0.0%)	5 (1.1%)	2 (1.2%)
	合計	1640 (34.8%)	3069 (65.2%)	447 (100.0%)	680 (100.0%)	71 (100.0%)	441 (100.0%)	172 (100.0%)
合計	-39	283 (49.4%)	290 (50.6%)	142 (21.3%)	56 (5.4%)	25 (14.0%)	77 (9.0%)	35 (12.4%)
	40-44	202 (54.3%)	170 (45.7%)	94 (14.1%)	54 (5.2%)	22 (12.4%)	63 (7.4%)	18 (6.4%)
	45-49	197 (54.9%)	162 (45.1%)	71 (10.7%)	57 (5.5%)	14 (7.9%)	67 (7.8%)	21 (7.4%)
	50-54	248 (55.1%)	202 (44.9%)	81 (12.2%)	88 (8.5%)	18 (10.1%)	73 (8.5%)	27 (9.5%)
	55-59	335 (49.1%)	347 (50.9%)	83 (12.5%)	137 (13.2%)	21 (11.8%)	95 (11.1%)	31 (11.0%)
	60-64	601 (45.8%)	712 (54.2%)	122 (18.3%)	228 (21.9%)	39 (21.9%)	190 (22.2%)	49 (17.3%)
	65-69	374 (31.1%)	830 (68.9%)	47 (7.1%)	154 (14.8%)	27 (15.2%)	127 (14.8%)	35 (12.4%)
	70-74	337 (25.5%)	982 (74.5%)	21 (3.2%)	169 (16.3%)	9 (5.1%)	106 (12.4%)	42 (14.8%)
	75-79	143 (17.4%)	677 (82.6%)	4 (0.6%)	70 (6.7%)	3 (1.7%)	49 (5.7%)	17 (6.0%)
	80-	46 (10.5%)	391 (89.5%)	1 (0.2%)	26 (2.5%)	0 (0.0%)	10 (1.2%)	8 (2.8%)
	合計	2766 (36.7%)	4763 (63.3%)	666 (100.0%)	1039 (100.0%)	178 (100.0%)	857 (100.0%)	283 (100.0%)