

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

		1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そろそろ、落ち着かなく感じましたか。				
		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	40-44	2 (33.3%)	2 (33.3%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	3 (50.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)
	45-49	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (33.3%)	1 (33.3%)	0 (0.0%)
	50-54	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	55-59	1 (14.3%)	3 (42.9%)	3 (42.9%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	2 (28.6%)	2 (28.6%)	1 (14.3%)	1 (14.3%)	2 (28.6%)	2 (28.6%)	3 (42.9%)	0 (0.0%)	0 (0.0%)
	60-64	11 (55.0%)	5 (25.0%)	3 (15.0%)	1 (5.0%)	0 (0.0%)	14 (70.0%)	6 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	12 (60.0%)	3 (15.0%)	5 (25.0%)	0 (0.0%)	0 (0.0%)
	65-69	4 (33.3%)	4 (33.3%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	6 (50.0%)	5 (41.7%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	7 (58.3%)	4 (33.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)
	70-74	11 (50.0%)	7 (31.8%)	2 (9.1%)	1 (4.5%)	1 (4.5%)	12 (57.1%)	8 (38.1%)	1 (4.8%)	0 (0.0%)	0 (0.0%)	12 (52.2%)	8 (34.8%)	3 (13.0%)	0 (0.0%)	0 (0.0%)
	75-79	5 (33.3%)	4 (26.7%)	3 (20.0%)	1 (6.7%)	2 (13.3%)	5 (33.3%)	5 (33.3%)	5 (33.3%)	0 (0.0%)	0 (0.0%)	6 (40.0%)	3 (20.0%)	5 (33.3%)	0 (0.0%)	1 (6.7%)
	80-	1 (20.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)
合計	38 (39.6%)	30 (31.3%)	19 (19.8%)	5 (5.2%)	4 (4.2%)	44 (46.3%)	35 (36.8%)	11 (11.6%)	3 (3.2%)	2 (2.1%)	47 (48.5%)	24 (24.7%)	22 (22.7%)	2 (2.1%)	2 (2.1%)	
女性	-39	3 (25.0%)	4 (33.3%)	3 (25.0%)	1 (8.3%)	1 (8.3%)	7 (58.3%)	4 (33.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	6 (50.0%)	2 (16.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)
	40-44	4 (44.4%)	3 (33.3%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (66.7%)	1 (11.1%)	2 (22.2%)	0 (0.0%)	0 (0.0%)
	45-49	1 (14.3%)	4 (57.1%)	2 (28.6%)	0 (0.0%)	0 (0.0%)	5 (71.4%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (57.1%)	2 (28.6%)	1 (14.3%)	0 (0.0%)	0 (0.0%)
	50-54	3 (23.1%)	6 (46.2%)	1 (7.7%)	1 (7.7%)	2 (15.4%)	5 (41.7%)	4 (33.3%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	2 (15.4%)	4 (30.8%)	1 (7.7%)	0 (0.0%)
	55-59	4 (30.8%)	3 (23.1%)	4 (30.8%)	2 (15.4%)	0 (0.0%)	6 (46.2%)	3 (23.1%)	3 (23.1%)	1 (7.7%)	0 (0.0%)	6 (46.2%)	3 (23.1%)	3 (23.1%)	1 (7.7%)	0 (0.0%)
	60-64	11 (29.7%)	14 (37.8%)	11 (29.7%)	0 (0.0%)	1 (2.7%)	15 (40.5%)	15 (40.5%)	7 (18.9%)	0 (0.0%)	0 (0.0%)	18 (47.4%)	10 (26.3%)	10 (26.3%)	0 (0.0%)	0 (0.0%)
	65-69	5 (18.5%)	16 (59.3%)	5 (18.5%)	0 (0.0%)	1 (3.7%)	15 (55.6%)	4 (14.8%)	8 (29.6%)	0 (0.0%)	0 (0.0%)	14 (53.8%)	7 (26.9%)	3 (11.5%)	1 (3.8%)	1 (3.8%)
	70-74	6 (27.3%)	10 (45.5%)	3 (13.6%)	1 (4.5%)	2 (9.1%)	7 (31.8%)	7 (31.8%)	7 (31.8%)	0 (0.0%)	1 (4.5%)	9 (40.9%)	3 (13.6%)	9 (40.9%)	0 (0.0%)	1 (4.5%)
	75-79	7 (33.3%)	9 (42.9%)	3 (14.3%)	1 (4.8%)	1 (4.8%)	10 (47.6%)	8 (38.1%)	0 (0.0%)	1 (4.8%)	2 (9.5%)	11 (52.4%)	6 (28.6%)	3 (14.3%)	0 (0.0%)	1 (4.8%)
	80-	1 (9.1%)	7 (63.6%)	3 (27.3%)	0 (0.0%)	0 (0.0%)	5 (45.5%)	5 (45.5%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	6 (54.5%)	4 (36.4%)	1 (9.1%)	0 (0.0%)	0 (0.0%)
合計	45 (26.2%)	76 (44.2%)	37 (21.5%)	6 (3.5%)	8 (4.7%)	80 (46.8%)	55 (32.2%)	31 (18.1%)	2 (1.2%)	3 (1.8%)	86 (50.0%)	40 (23.3%)	40 (23.3%)	3 (1.7%)	3 (1.7%)	
合計	-39	4 (26.7%)	5 (33.3%)	3 (20.0%)	2 (13.3%)	1 (6.7%)	7 (46.7%)	6 (40.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	8 (53.3%)	2 (13.3%)	5 (33.3%)	0 (0.0%)	0 (0.0%)
	40-44	6 (40.0%)	5 (33.3%)	4 (26.7%)	0 (0.0%)	0 (0.0%)	7 (46.7%)	7 (46.7%)	1 (6.7%)	0 (0.0%)	0 (0.0%)	9 (60.0%)	3 (20.0%)	3 (20.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (10.0%)	6 (60.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)	6 (60.0%)	2 (20.0%)	1 (10.0%)	1 (10.0%)	0 (0.0%)	5 (50.0%)	2 (20.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)
	50-54	5 (31.3%)	6 (37.5%)	2 (12.5%)	1 (6.3%)	2 (12.5%)	7 (46.7%)	5 (33.3%)	3 (20.0%)	0 (0.0%)	0 (0.0%)	7 (43.8%)	3 (18.8%)	5 (31.3%)	1 (6.3%)	0 (0.0%)
	55-59	5 (25.0%)	6 (30.0%)	7 (35.0%)	2 (10.0%)	0 (0.0%)	7 (35.0%)	5 (25.0%)	5 (25.0%)	2 (10.0%)	1 (5.0%)	8 (40.0%)	5 (25.0%)	6 (30.0%)	1 (5.0%)	0 (0.0%)
	60-64	22 (38.6%)	19 (33.3%)	14 (24.6%)	1 (1.8%)	1 (1.8%)	29 (50.9%)	21 (36.8%)	7 (12.3%)	0 (0.0%)	0 (0.0%)	30 (51.7%)	13 (22.4%)	15 (25.9%)	0 (0.0%)	0 (0.0%)
	65-69	9 (23.1%)	20 (51.3%)	9 (23.1%)	0 (0.0%)	1 (2.6%)	21 (53.8%)	9 (23.1%)	9 (23.1%)	0 (0.0%)	0 (0.0%)	21 (55.3%)	11 (28.9%)	4 (10.5%)	1 (2.6%)	1 (2.6%)
	70-74	17 (38.6%)	17 (38.6%)	5 (11.4%)	2 (4.5%)	3 (6.8%)	19 (44.2%)	15 (34.9%)	8 (18.6%)	0 (0.0%)	1 (2.3%)	21 (46.7%)	11 (24.4%)	12 (26.7%)	0 (0.0%)	1 (2.2%)
	75-79	12 (33.3%)	13 (36.1%)	6 (16.7%)	2 (5.6%)	3 (8.3%)	15 (41.7%)	13 (36.1%)	5 (13.9%)	1 (2.8%)	2 (5.6%)	17 (47.2%)	9 (25.0%)	8 (22.2%)	0 (0.0%)	2 (5.6%)
	80-	2 (12.5%)	9 (56.3%)	4 (25.0%)	0 (0.0%)	1 (6.3%)	6 (37.5%)	7 (43.8%)	1 (6.3%)	1 (6.3%)	1 (6.3%)	7 (43.8%)	5 (31.3%)	2 (12.5%)	1 (6.3%)	1 (6.3%)
合計	83 (31.0%)	106 (39.6%)	56 (20.9%)	11 (4.1%)	12 (4.5%)	124 (46.6%)	90 (33.8%)	42 (15.8%)	5 (1.9%)	5 (1.9%)	133 (49.4%)	64 (23.8%)	62 (23.0%)	5 (1.9%)	5 (1.9%)	

4) 気分が沈み込んで、何が起っても
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	40-44	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	1 (16.7%)	1 (16.7%)	0 (0.0%)	0 (0.0%)
	45-49	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	1 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	2 (28.6%)	3 (42.9%)	1 (14.3%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	2 (28.6%)	3 (42.9%)	2 (28.6%)	0 (0.0%)	2 (28.6%)	1 (14.3%)	1 (14.3%)	0 (0.0%)	3 (42.9%)
	60-64	10 (50.0%)	7 (35.0%)	3 (15.0%)	0 (0.0%)	0 (0.0%)	12 (60.0%)	4 (20.0%)	3 (15.0%)	1 (5.0%)	0 (0.0%)	17 (85.0%)	1 (5.0%)	2 (10.0%)	0 (0.0%)	0 (0.0%)
	65-69	8 (66.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (41.7%)	5 (41.7%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	10 (83.3%)	1 (8.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)
	70-74	11 (47.8%)	9 (39.1%)	1 (4.3%)	1 (4.3%)	1 (4.3%)	11 (47.8%)	10 (43.5%)	2 (8.7%)	0 (0.0%)	0 (0.0%)	11 (47.8%)	8 (34.8%)	4 (17.4%)	0 (0.0%)	0 (0.0%)
	75-79	5 (33.3%)	6 (40.0%)	4 (26.7%)	0 (0.0%)	0 (0.0%)	4 (26.7%)	9 (60.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	9 (60.0%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	1 (6.7%)
	80-	0 (0.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)	2 (40.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	2 (40.0%)	0 (0.0%)
合計	42 (43.3%)	34 (35.1%)	16 (16.5%)	2 (2.1%)	3 (3.1%)	39 (40.2%)	34 (35.1%)	18 (18.6%)	5 (5.2%)	1 (1.0%)	59 (60.8%)	22 (22.7%)	10 (10.3%)	2 (2.1%)	4 (4.1%)	
女性	-39	4 (33.3%)	2 (16.7%)	5 (41.7%)	1 (8.3%)	0 (0.0%)	6 (50.0%)	4 (33.3%)	2 (16.7%)	0 (0.0%)	0 (0.0%)	8 (66.7%)	3 (25.0%)	0 (0.0%)	1 (8.3%)	0 (0.0%)
	40-44	5 (55.6%)	2 (22.2%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	4 (44.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (66.7%)	3 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	45-49	2 (28.6%)	5 (71.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (28.6%)	3 (42.9%)	2 (28.6%)	0 (0.0%)	0 (0.0%)	6 (85.7%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	4 (30.8%)	6 (46.2%)	2 (15.4%)	1 (7.7%)	0 (0.0%)	6 (46.2%)	3 (23.1%)	3 (23.1%)	1 (7.7%)	0 (0.0%)	7 (53.8%)	5 (23.1%)	1 (23.1%)	0 (0.0%)	0 (0.0%)
	55-59	5 (38.5%)	3 (23.1%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	3 (23.1%)	3 (23.1%)	1 (7.7%)	0 (0.0%)	7 (53.8%)	5 (38.5%)	1 (7.7%)	0 (0.0%)	0 (0.0%)
	60-64	13 (34.2%)	16 (42.1%)	8 (21.1%)	1 (2.6%)	0 (0.0%)	15 (39.5%)	15 (39.5%)	8 (21.1%)	0 (0.0%)	0 (0.0%)	20 (52.6%)	16 (42.1%)	2 (5.3%)	0 (0.0%)	0 (0.0%)
	65-69	11 (40.7%)	9 (33.3%)	6 (22.2%)	0 (0.0%)	1 (3.7%)	11 (40.7%)	12 (44.4%)	3 (11.1%)	1 (3.7%)	0 (0.0%)	20 (76.9%)	3 (11.5%)	2 (7.7%)	0 (0.0%)	1 (3.8%)
	70-74	5 (22.7%)	8 (36.4%)	7 (31.8%)	1 (4.5%)	1 (4.5%)	8 (36.4%)	6 (27.3%)	6 (27.3%)	1 (4.5%)	1 (4.5%)	11 (52.4%)	6 (28.6%)	1 (4.8%)	1 (4.8%)	2 (9.5%)
	75-79	10 (47.6%)	6 (28.6%)	3 (14.3%)	0 (0.0%)	2 (9.5%)	7 (33.3%)	12 (57.1%)	2 (9.5%)	0 (0.0%)	0 (0.0%)	13 (61.9%)	4 (19.0%)	4 (19.0%)	0 (0.0%)	0 (0.0%)
	80-	6 (54.5%)	4 (36.4%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	4 (36.4%)	5 (45.5%)	2 (18.2%)	0 (0.0%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	65 (37.6%)	61 (35.3%)	39 (22.5%)	4 (2.3%)	4 (2.3%)	70 (40.5%)	67 (38.7%)	31 (17.9%)	4 (2.3%)	1 (0.6%)	104 (60.8%)	49 (28.7%)	13 (7.6%)	2 (1.2%)	3 (1.8%)	
合計	-39	4 (26.7%)	4 (26.7%)	6 (40.0%)	1 (6.7%)	0 (0.0%)	6 (40.0%)	4 (26.7%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	8 (53.3%)	6 (40.0%)	0 (0.0%)	1 (6.7%)	0 (0.0%)
	40-44	8 (53.3%)	3 (20.0%)	4 (26.7%)	0 (0.0%)	0 (0.0%)	8 (53.3%)	5 (33.3%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	10 (66.7%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	0 (0.0%)
	45-49	3 (30.0%)	5 (50.0%)	1 (10.0%)	1 (10.0%)	0 (0.0%)	2 (20.0%)	5 (50.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)	9 (90.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	6 (37.5%)	6 (37.5%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	8 (50.0%)	3 (18.8%)	4 (25.0%)	1 (6.3%)	0 (0.0%)	9 (56.3%)	4 (25.0%)	3 (18.8%)	0 (0.0%)	0 (0.0%)
	55-59	7 (35.0%)	6 (30.0%)	6 (30.0%)	0 (0.0%)	1 (5.0%)	6 (30.0%)	5 (25.0%)	6 (30.0%)	3 (15.0%)	0 (0.0%)	9 (45.0%)	6 (30.0%)	2 (10.0%)	0 (0.0%)	3 (15.0%)
	60-64	23 (39.7%)	23 (39.7%)	11 (19.0%)	1 (1.7%)	0 (0.0%)	27 (46.6%)	19 (32.8%)	11 (19.0%)	1 (1.7%)	0 (0.0%)	37 (63.8%)	17 (29.3%)	4 (6.9%)	0 (0.0%)	0 (0.0%)
	65-69	19 (48.7%)	13 (33.3%)	6 (15.4%)	0 (0.0%)	1 (2.6%)	16 (41.0%)	17 (43.6%)	5 (12.8%)	1 (2.6%)	0 (0.0%)	30 (78.9%)	4 (10.5%)	3 (7.9%)	0 (0.0%)	1 (2.6%)
	70-74	16 (35.6%)	17 (37.8%)	8 (17.8%)	2 (4.4%)	2 (4.4%)	19 (42.2%)	16 (35.6%)	8 (17.8%)	1 (2.2%)	1 (2.2%)	22 (50.0%)	14 (31.8%)	5 (11.4%)	1 (2.3%)	2 (4.5%)
	75-79	15 (41.7%)	12 (33.3%)	7 (19.4%)	0 (0.0%)	2 (5.6%)	11 (30.6%)	21 (58.3%)	4 (11.1%)	0 (0.0%)	0 (0.0%)	22 (61.1%)	8 (22.2%)	5 (13.9%)	0 (0.0%)	1 (2.8%)
	80-	6 (37.5%)	6 (37.5%)	3 (18.8%)	0 (0.0%)	1 (6.3%)	6 (37.5%)	6 (37.5%)	3 (18.8%)	0 (0.0%)	1 (6.3%)	7 (43.8%)	7 (43.8%)	0 (0.0%)	2 (12.5%)	0 (0.0%)
合計	107 (39.6%)	95 (35.2%)	55 (20.4%)	6 (2.2%)	7 (2.6%)	109 (40.4%)	101 (37.4%)	49 (18.1%)	9 (3.3%)	2 (0.7%)	163 (60.8%)	71 (26.5%)	23 (8.6%)	4 (1.5%)	7 (2.6%)	

【10】 今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	2 (66.7%)	1 (33.3%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	3 (100.0%)
	40-44	2 (33.3%)	4 (66.7%)	0 (0.0%)	6 (100.0%)	1 (16.7%)	5 (83.3%)
	45-49	0 (0.0%)	3 (100.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	3 (100.0%)
	50-54	1 (33.3%)	2 (66.7%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	3 (100.0%)
	55-59	2 (28.6%)	5 (71.4%)	2 (28.6%)	5 (71.4%)	0 (0.0%)	7 (100.0%)
	60-64	3 (15.0%)	17 (85.0%)	3 (15.0%)	17 (85.0%)	0 (0.0%)	20 (100.0%)
	65-69	3 (25.0%)	9 (75.0%)	4 (33.3%)	8 (66.7%)	2 (16.7%)	10 (83.3%)
	70-74	4 (17.4%)	19 (82.6%)	6 (26.1%)	17 (73.9%)	0 (0.0%)	23 (100.0%)
	75-79	5 (33.3%)	10 (66.7%)	3 (20.0%)	12 (80.0%)	0 (0.0%)	15 (100.0%)
	80-	0 (0.0%)	4 (100.0%)	1 (20.0%)	4 (80.0%)	0 (0.0%)	5 (100.0%)
合計	22 (22.9%)	74 (77.1%)	23 (23.7%)	74 (76.3%)	3 (3.1%)	94 (96.9%)	
女性	-39	2 (16.7%)	10 (83.3%)	3 (25.0%)	9 (75.0%)	1 (8.3%)	11 (91.7%)
	40-44	1 (11.1%)	8 (88.9%)	2 (22.2%)	7 (77.8%)	1 (11.1%)	8 (88.9%)
	45-49	1 (14.3%)	6 (85.7%)	2 (28.6%)	5 (71.4%)	0 (0.0%)	7 (100.0%)
	50-54	3 (23.1%)	10 (76.9%)	4 (30.8%)	9 (69.2%)	1 (7.7%)	12 (92.3%)
	55-59	4 (30.8%)	9 (69.2%)	5 (38.5%)	8 (61.5%)	2 (15.4%)	11 (84.6%)
	60-64	13 (34.2%)	25 (65.8%)	14 (36.8%)	24 (63.2%)	4 (10.8%)	33 (89.2%)
	65-69	14 (51.9%)	13 (48.1%)	13 (48.1%)	14 (51.9%)	2 (7.4%)	25 (92.6%)
	70-74	10 (45.5%)	12 (54.5%)	16 (72.7%)	6 (27.3%)	4 (18.2%)	18 (81.8%)
	75-79	8 (38.1%)	13 (61.9%)	5 (23.8%)	16 (76.2%)	4 (19.0%)	17 (81.0%)
	80-	4 (36.4%)	7 (63.6%)	5 (45.5%)	6 (54.5%)	2 (18.2%)	9 (81.8%)
合計	60 (34.7%)	113 (65.3%)	69 (39.9%)	104 (60.1%)	21 (12.2%)	151 (87.8%)	
合計	-39	4 (26.7%)	11 (73.3%)	4 (26.7%)	11 (73.3%)	1 (6.7%)	14 (93.3%)
	40-44	3 (20.0%)	12 (80.0%)	2 (13.3%)	13 (86.7%)	2 (13.3%)	13 (86.7%)
	45-49	1 (10.0%)	9 (90.0%)	4 (40.0%)	6 (60.0%)	0 (0.0%)	10 (100.0%)
	50-54	4 (25.0%)	12 (75.0%)	5 (31.3%)	11 (68.8%)	1 (6.3%)	15 (93.8%)
	55-59	6 (30.0%)	14 (70.0%)	7 (35.0%)	13 (65.0%)	2 (10.0%)	18 (90.0%)
	60-64	16 (27.6%)	42 (72.4%)	17 (29.3%)	41 (70.7%)	4 (7.0%)	53 (93.0%)
	65-69	17 (43.6%)	22 (56.4%)	17 (43.6%)	22 (56.4%)	4 (10.3%)	35 (89.7%)
	70-74	14 (31.1%)	31 (68.9%)	22 (48.9%)	23 (51.1%)	4 (8.9%)	41 (91.1%)
	75-79	13 (36.1%)	23 (63.9%)	8 (22.2%)	28 (77.8%)	4 (11.1%)	32 (88.9%)
	80-	4 (26.7%)	11 (73.3%)	6 (37.5%)	10 (62.5%)	2 (12.5%)	14 (87.5%)
合計	82 (30.5%)	187 (69.5%)	92 (34.1%)	178 (65.9%)	24 (8.9%)	245 (91.1%)	

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	1 (33.3%)
	40-44	0 (0.0%)	2 (33.3%)	2 (33.3%)	1 (16.7%)	1 (16.7%)	0 (0.0%)	1 (16.7%)	3 (50.0%)	2 (33.3%)
	45-49	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)
	50-54	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	2 (66.7%)
	55-59	0 (0.0%)	3 (42.9%)	2 (28.6%)	0 (0.0%)	2 (28.6%)	3 (42.9%)	1 (14.3%)	2 (28.6%)	1 (14.3%)
	60-64	6 (30.0%)	3 (15.0%)	5 (25.0%)	4 (20.0%)	2 (10.0%)	1 (5.0%)	1 (5.0%)	4 (20.0%)	14 (70.0%)
	65-69	3 (25.0%)	5 (41.7%)	3 (25.0%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	5 (41.7%)	6 (50.0%)
	70-74	9 (42.9%)	2 (9.5%)	3 (14.3%)	5 (23.8%)	2 (9.5%)	0 (0.0%)	4 (17.4%)	8 (34.8%)	11 (47.8%)
	75-79	3 (20.0%)	3 (20.0%)	3 (20.0%)	6 (40.0%)	0 (0.0%)	2 (13.3%)	2 (13.3%)	2 (13.3%)	9 (60.0%)
	80-	1 (20.0%)	2 (40.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	3 (60.0%)
	合計	23 (24.2%)	21 (22.1%)	24 (25.3%)	20 (21.1%)	7 (7.4%)	7 (7.2%)	12 (12.4%)	29 (29.9%)	49 (50.5%)
女性	-39	0 (0.0%)	1 (8.3%)	6 (50.0%)	4 (33.3%)	1 (8.3%)	0 (0.0%)	3 (25.0%)	1 (8.3%)	8 (66.7%)
	40-44	2 (22.2%)	2 (22.2%)	3 (33.3%)	1 (11.1%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	5 (55.6%)	3 (33.3%)
	45-49	2 (28.6%)	1 (14.3%)	1 (14.3%)	3 (42.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (42.9%)	4 (57.1%)
	50-54	2 (15.4%)	1 (7.7%)	3 (23.1%)	2 (15.4%)	5 (38.5%)	0 (0.0%)	2 (15.4%)	4 (30.8%)	7 (53.8%)
	55-59	3 (23.1%)	5 (38.5%)	1 (7.7%)	2 (15.4%)	2 (15.4%)	0 (0.0%)	3 (23.1%)	3 (23.1%)	7 (53.8%)
	60-64	3 (8.1%)	7 (18.9%)	10 (27.0%)	9 (24.3%)	8 (21.6%)	2 (5.3%)	4 (10.5%)	17 (44.7%)	15 (39.5%)
	65-69	5 (20.0%)	6 (24.0%)	5 (20.0%)	8 (32.0%)	1 (4.0%)	1 (3.8%)	4 (15.4%)	5 (19.2%)	16 (61.5%)
	70-74	3 (13.6%)	5 (22.7%)	6 (27.3%)	5 (22.7%)	3 (13.6%)	0 (0.0%)	4 (18.2%)	10 (45.5%)	8 (36.4%)
	75-79	8 (40.0%)	5 (25.0%)	2 (10.0%)	5 (25.0%)	0 (0.0%)	1 (5.0%)	1 (5.0%)	7 (35.0%)	11 (55.0%)
	80-	1 (9.1%)	2 (18.2%)	4 (36.4%)	2 (18.2%)	2 (18.2%)	0 (0.0%)	1 (9.1%)	3 (27.3%)	7 (63.6%)
	合計	29 (17.2%)	35 (20.7%)	41 (24.3%)	41 (24.3%)	23 (13.6%)	5 (2.9%)	22 (12.9%)	58 (33.9%)	86 (50.3%)
合計	-39	0 (0.0%)	1 (6.7%)	7 (46.7%)	6 (40.0%)	1 (6.7%)	1 (6.7%)	3 (20.0%)	2 (13.3%)	9 (60.0%)
	40-44	2 (13.3%)	4 (26.7%)	5 (33.3%)	2 (13.3%)	2 (13.3%)	1 (6.7%)	1 (6.7%)	8 (53.3%)	5 (33.3%)
	45-49	3 (30.0%)	2 (20.0%)	2 (20.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	5 (50.0%)	4 (40.0%)
	50-54	2 (12.5%)	1 (6.3%)	5 (31.3%)	3 (18.8%)	5 (31.3%)	0 (0.0%)	3 (18.8%)	4 (25.0%)	9 (56.3%)
	55-59	3 (15.0%)	8 (40.0%)	3 (15.0%)	2 (10.0%)	4 (20.0%)	3 (15.0%)	4 (20.0%)	5 (25.0%)	8 (40.0%)
	60-64	9 (15.8%)	10 (17.5%)	15 (26.3%)	13 (22.8%)	10 (17.5%)	3 (5.2%)	5 (8.6%)	21 (36.2%)	29 (50.0%)
	65-69	8 (21.6%)	11 (29.7%)	8 (21.6%)	9 (24.3%)	1 (2.7%)	1 (2.6%)	5 (13.2%)	10 (26.3%)	22 (57.9%)
	70-74	12 (27.9%)	7 (16.3%)	9 (20.9%)	10 (23.3%)	5 (11.6%)	0 (0.0%)	8 (17.8%)	18 (40.0%)	19 (42.2%)
	75-79	11 (31.4%)	8 (22.9%)	5 (14.3%)	11 (31.4%)	0 (0.0%)	3 (8.6%)	3 (8.6%)	9 (25.7%)	20 (57.1%)
	80-	2 (12.5%)	4 (25.0%)	6 (37.5%)	2 (12.5%)	2 (12.5%)	0 (0.0%)	1 (6.3%)	5 (31.3%)	10 (62.5%)
	合計	52 (19.7%)	56 (21.2%)	65 (24.6%)	61 (23.1%)	30 (11.4%)	12 (4.5%)	34 (12.7%)	87 (32.5%)	135 (50.4%)

資料

【平成23年度分】度数分布表（陸前高田市）

【1】医療に関してお尋ねします。

【2】食事についておたずねします。

【3】(省略)

(1) 現在の健康状態はいかがですか。

(1) 最近の食事の回数について
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	23 (14.9%)	117 (76.0%)	12 (7.8%)	2 (1.3%)	28 (18.2%)	126 (81.8%)
	40-44	12 (12.8%)	75 (79.8%)	7 (7.4%)	0 (0.0%)	13 (13.8%)	81 (86.2%)
	45-49	7 (8.4%)	66 (79.5%)	10 (12.0%)	0 (0.0%)	10 (12.0%)	73 (88.0%)
	50-54	9 (9.7%)	72 (77.4%)	12 (12.9%)	0 (0.0%)	3 (3.3%)	89 (96.7%)
	55-59	11 (7.9%)	112 (80.6%)	15 (10.8%)	1 (0.7%)	10 (7.3%)	127 (92.7%)
	60-64	23 (9.1%)	204 (80.3%)	26 (10.2%)	1 (0.4%)	13 (5.1%)	243 (94.9%)
	65-69	32 (12.0%)	204 (76.7%)	28 (10.5%)	2 (0.8%)	9 (3.4%)	259 (96.6%)
	70-74	44 (13.1%)	241 (71.5%)	47 (13.9%)	5 (1.5%)	5 (1.5%)	329 (98.5%)
	75-79	42 (15.2%)	183 (66.1%)	42 (15.2%)	10 (3.6%)	4 (1.4%)	273 (98.6%)
	80-	19 (10.6%)	128 (71.1%)	28 (15.6%)	5 (2.8%)	1 (0.6%)	176 (99.4%)
合計	222 (11.8%)	1402 (74.7%)	227 (12.1%)	26 (1.4%)	96 (5.1%)	1776 (94.9%)	
女性	-39	45 (14.7%)	234 (76.2%)	25 (8.1%)	3 (1.0%)	53 (17.3%)	253 (82.7%)
	40-44	18 (10.6%)	124 (72.9%)	23 (13.5%)	5 (2.9%)	10 (5.9%)	160 (94.1%)
	45-49	18 (10.7%)	122 (72.6%)	27 (16.1%)	1 (0.6%)	12 (7.1%)	157 (92.9%)
	50-54	6 (3.6%)	131 (78.4%)	27 (16.2%)	3 (1.8%)	7 (4.2%)	160 (95.8%)
	55-59	23 (8.1%)	227 (80.2%)	32 (11.3%)	1 (0.4%)	9 (3.2%)	275 (96.8%)
	60-64	26 (5.9%)	351 (79.2%)	65 (14.7%)	1 (0.2%)	5 (1.1%)	437 (98.9%)
	65-69	34 (8.4%)	308 (76.2%)	57 (14.1%)	5 (1.2%)	5 (1.2%)	402 (98.8%)
	70-74	49 (10.0%)	358 (73.2%)	74 (15.1%)	8 (1.6%)	0 (0.0%)	487 (100.0%)
	75-79	29 (8.6%)	241 (71.5%)	62 (18.4%)	5 (1.5%)	3 (0.9%)	336 (99.1%)
	80-	21 (9.4%)	162 (72.3%)	38 (17.0%)	3 (1.3%)	4 (1.8%)	220 (98.2%)
合計	269 (9.0%)	2258 (75.5%)	430 (14.4%)	35 (1.2%)	108 (3.6%)	2887 (96.4%)	
合計	-39	68 (14.8%)	351 (76.1%)	37 (8.0%)	5 (1.1%)	81 (17.6%)	379 (82.4%)
	40-44	30 (11.4%)	199 (75.4%)	30 (11.4%)	5 (1.9%)	23 (8.7%)	241 (91.3%)
	45-49	25 (10.0%)	188 (74.9%)	37 (14.7%)	1 (0.4%)	22 (8.7%)	230 (91.3%)
	50-54	15 (5.8%)	203 (78.1%)	39 (15.0%)	3 (1.2%)	10 (3.9%)	249 (96.1%)
	55-59	34 (8.1%)	339 (80.3%)	47 (11.1%)	2 (0.5%)	19 (4.5%)	402 (95.5%)
	60-64	49 (7.0%)	555 (79.6%)	91 (13.1%)	2 (0.3%)	18 (2.6%)	680 (97.4%)
	65-69	66 (9.9%)	512 (76.4%)	85 (12.7%)	7 (1.0%)	14 (2.1%)	661 (97.9%)
	70-74	93 (11.3%)	599 (72.5%)	121 (14.6%)	13 (1.6%)	5 (0.6%)	816 (99.4%)
	75-79	71 (11.6%)	424 (69.1%)	104 (16.9%)	15 (2.4%)	7 (1.1%)	609 (98.9%)
	80-	40 (9.9%)	290 (71.8%)	66 (16.3%)	8 (2.0%)	5 (1.2%)	396 (98.8%)
合計	491 (10.1%)	3660 (75.2%)	657 (13.5%)	61 (1.3%)	204 (4.2%)	4663 (95.8%)	

【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていましたか。 (副問) 仕事をしていた場合、職業について当てはまるもの1つに○をつけて下さい。

		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他	
男性	-39	119 (82.2%)	24 (16.8%)	2 (1.6%)	14 (10.9%)	0 (0.0%)	22 (17.2%)	27 (21.1%)	4 (3.1%)	1 (0.8%)	5 (3.9%)	6 (4.7%)	0 (0.0%)	14 (10.9%)	21 (16.4%)	12 (9.4%)	
	40-44	85 (96.6%)	3 (3.4%)	6 (6.6%)	10 (11.0%)	0 (0.0%)	13 (14.3%)	12 (13.2%)	3 (3.3%)	0 (0.0%)	7 (7.7%)	9 (9.9%)	1 (1.1%)	11 (12.1%)	9 (9.9%)	10 (11.0%)	
	45-49	72 (90.0%)	8 (10.0%)	3 (4.2%)	16 (22.2%)	0 (0.0%)	12 (16.7%)	9 (12.5%)	1 (1.4%)	1 (1.4%)	2 (2.8%)	7 (9.7%)	1 (1.4%)	10 (13.9%)	3 (4.2%)	7 (9.7%)	
	50-54	78 (90.7%)	8 (9.3%)	4 (4.8%)	12 (14.3%)	0 (0.0%)	13 (15.5%)	11 (13.1%)	1 (1.2%)	2 (2.4%)	3 (3.6%)	9 (10.7%)	0 (0.0%)	8 (9.5%)	6 (7.1%)	15 (17.9%)	
	55-59	115 (90.6%)	12 (9.4%)	12 (9.8%)	15 (12.3%)	0 (0.0%)	31 (25.4%)	16 (13.1%)	0 (0.0%)	2 (1.6%)	2 (1.6%)	6 (4.9%)	10 (8.2%)	2 (1.6%)	4 (3.3%)	7 (5.7%)	17 (13.9%)
	60-64	181 (76.7%)	55 (23.3%)	32 (16.2%)	35 (17.7%)	0 (0.0%)	50 (25.3%)	19 (9.6%)	3 (1.5%)	1 (0.5%)	4 (2.0%)	12 (6.1%)	2 (1.0%)	3 (1.5%)	8 (4.0%)	29 (14.6%)	
	65-69	147 (59.3%)	101 (40.7%)	54 (32.3%)	33 (19.8%)	1 (0.6%)	38 (22.8%)	8 (4.8%)	3 (1.8%)	1 (0.6%)	3 (1.8%)	5 (3.0%)	1 (0.6%)	5 (3.0%)	1 (0.6%)	14 (8.4%)	
	70-74	168 (54.0%)	143 (46.0%)	103 (54.5%)	38 (20.1%)	0 (0.0%)	17 (9.0%)	1 (0.5%)	0 (0.0%)	0 (0.0%)	1 (0.5%)	9 (4.8%)	0 (0.0%)	2 (1.1%)	4 (2.1%)	14 (7.4%)	
	75-79	143 (59.6%)	114 (44.4%)	99 (59.3%)	33 (19.8%)	0 (0.0%)	7 (4.2%)	5 (3.0%)	3 (1.8%)	0 (0.0%)	0 (0.0%)	2 (1.2%)	0 (0.0%)	2 (1.2%)	3 (1.8%)	13 (7.8%)	
	80-	69 (43.4%)	90 (56.6%)	72 (75.0%)	12 (12.5%)	0 (0.0%)	3 (3.1%)	3 (3.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (3.1%)	0 (0.0%)	0 (0.0%)	0 (1.0%)	1 (2.1%)	2 (2.1%)
合計	1177 (67.8%)	558 (32.2%)	387 (29.5%)	218 (16.6%)	1 (0.1%)	206 (15.7%)	111 (8.4%)	18 (1.4%)	8 (0.6%)	31 (2.4%)	72 (5.5%)	7 (0.5%)	59 (4.5%)	63 (4.8%)	133 (10.1%)		
女性	-39	209 (71.3%)	84 (28.7%)	5 (2.3%)	6 (2.8%)	0 (0.0%)	3 (1.4%)	38 (17.4%)	1 (0.5%)	2 (0.9%)	0 (0.0%)	25 (11.5%)	6 (2.8%)	59 (27.1%)	49 (22.5%)	24 (11.0%)	
	40-44	126 (79.2%)	33 (20.8%)	7 (5.3%)	8 (6.1%)	0 (0.0%)	1 (0.8%)	26 (19.8%)	1 (0.8%)	0 (0.0%)	2 (1.8%)	12 (9.2%)	5 (3.8%)	23 (17.6%)	26 (19.8%)	20 (15.3%)	
	45-49	116 (73.9%)	41 (26.1%)	4 (3.1%)	10 (7.9%)	0 (0.0%)	0 (0.0%)	29 (22.8%)	1 (0.8%)	1 (0.8%)	2 (1.6%)	15 (11.8%)	2 (1.6%)	22 (17.3%)	17 (13.4%)	24 (18.9%)	
	50-54	122 (80.3%)	30 (19.7%)	6 (4.7%)	10 (7.8%)	0 (0.0%)	2 (1.6%)	40 (31.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (7.0%)	4 (3.1%)	18 (14.0%)	18 (14.0%)	22 (17.1%)	
	55-59	189 (70.8%)	78 (29.2%)	33 (15.9%)	14 (6.7%)	0 (0.0%)	2 (1.0%)	52 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	20 (9.6%)	0 (0.0%)	31 (14.9%)	23 (11.1%)	33 (15.9%)	
	60-64	234 (55.1%)	191 (44.9%)	63 (25.7%)	24 (9.8%)	0 (0.0%)	2 (0.8%)	39 (15.9%)	1 (0.4%)	0 (0.0%)	0 (0.0%)	10 (4.1%)	0 (0.0%)	35 (14.3%)	20 (8.2%)	51 (20.8%)	
	65-69	200 (51.8%)	186 (48.2%)	129 (59.2%)	19 (8.7%)	0 (0.0%)	0 (0.0%)	11 (5.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (4.6%)	0 (0.0%)	19 (8.7%)	9 (4.1%)	21 (9.6%)	
	70-74	207 (44.9%)	254 (55.1%)	173 (74.6%)	18 (7.8%)	0 (0.0%)	0 (0.0%)	4 (1.7%)	1 (0.4%)	0 (0.0%)	0 (0.0%)	10 (4.3%)	0 (0.0%)	4 (1.7%)	1 (0.4%)	21 (9.1%)	
	75-79	138 (44.5%)	172 (55.5%)	143 (84.6%)	13 (7.7%)	0 (0.0%)	0 (0.0%)	3 (1.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (1.8%)	0 (0.0%)	2 (1.2%)	1 (0.6%)	4 (2.4%)	
	80-	74 (36.6%)	128 (63.4%)	91 (93.8%)	2 (2.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (3.1%)	0 (0.0%)	1 (1.0%)	
合計	1615 (57.4%)	1197 (42.6%)	654 (36.9%)	124 (7.0%)	0 (0.0%)	10 (0.6%)	242 (13.6%)	5 (0.3%)	3 (0.2%)	4 (0.2%)	114 (6.4%)	17 (1.0%)	216 (12.2%)	164 (9.2%)	221 (12.5%)		
合計	-39	328 (75.2%)	108 (24.8%)	7 (2.0%)	20 (5.8%)	0 (0.0%)	25 (7.2%)	65 (18.8%)	5 (1.4%)	3 (0.9%)	5 (1.4%)	31 (9.0%)	6 (1.7%)	73 (21.1%)	70 (20.2%)	36 (10.4%)	
	40-44	211 (85.4%)	36 (14.6%)	13 (5.9%)	18 (8.1%)	0 (0.0%)	14 (6.3%)	38 (17.1%)	4 (1.8%)	0 (0.0%)	9 (4.1%)	21 (9.5%)	6 (2.7%)	34 (15.3%)	35 (15.8%)	30 (13.5%)	
	45-49	188 (79.3%)	49 (20.7%)	7 (3.5%)	26 (13.1%)	0 (0.0%)	12 (6.0%)	38 (19.1%)	2 (1.0%)	2 (1.0%)	4 (2.0%)	22 (11.1%)	3 (1.5%)	32 (16.1%)	20 (10.1%)	31 (15.6%)	
	50-54	200 (84.0%)	38 (16.0%)	10 (4.7%)	22 (10.3%)	0 (0.0%)	15 (7.0%)	51 (23.9%)	1 (0.5%)	2 (0.9%)	3 (1.4%)	18 (8.5%)	4 (1.9%)	26 (12.2%)	24 (11.3%)	37 (17.4%)	
	55-59	304 (77.2%)	90 (22.8%)	45 (13.6%)	29 (8.8%)	0 (0.0%)	33 (10.0%)	68 (20.6%)	0 (0.0%)	2 (0.6%)	6 (1.8%)	30 (9.1%)	2 (0.6%)	35 (10.0%)	30 (9.1%)	50 (15.2%)	
	60-64	415 (62.8%)	246 (37.2%)	95 (21.4%)	59 (13.3%)	0 (0.0%)	52 (11.7%)	58 (13.1%)	4 (0.9%)	1 (0.2%)	4 (0.9%)	22 (5.0%)	2 (0.5%)	38 (8.6%)	28 (6.3%)	80 (18.1%)	
	65-69	347 (54.7%)	287 (45.3%)	183 (47.5%)	52 (13.5%)	1 (0.3%)	38 (9.9%)	19 (4.9%)	3 (0.8%)	1 (0.3%)	3 (0.8%)	15 (3.9%)	1 (0.3%)	24 (6.2%)	10 (2.6%)	35 (9.1%)	
	70-74	375 (48.6%)	397 (51.4%)	276 (65.6%)	56 (13.3%)	0 (0.0%)	17 (4.0%)	5 (1.2%)	1 (0.2%)	0 (0.0%)	1 (0.2%)	19 (4.5%)	0 (0.0%)	6 (1.4%)	5 (1.2%)	35 (8.3%)	
	75-79	281 (49.6%)	286 (50.4%)	242 (72.0%)	46 (13.7%)	0 (0.0%)	7 (2.1%)	8 (2.4%)	3 (0.9%)	0 (0.0%)	0 (0.0%)	5 (1.5%)	0 (0.0%)	4 (1.2%)	4 (1.2%)	17 (5.1%)	
	80-	143 (39.6%)	218 (60.4%)	163 (84.5%)	14 (7.3%)	0 (0.0%)	3 (1.6%)	3 (1.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (1.6%)	0 (0.0%)	3 (1.6%)	1 (0.5%)	3 (1.6%)	
合計	2792 (61.4%)	1755 (38.6%)	1041 (33.7%)	342 (11.1%)	1 (0.0%)	216 (7.0%)	353 (11.4%)	23 (0.7%)	11 (0.4%)	35 (1.1%)	186 (6.0%)	24 (0.8%)	275 (8.9%)	227 (7.4%)	354 (11.5%)		

(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるもの全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	84 (55.6%)	67 (44.4%)	27 (25.5%)	20 (6.8%)	14 (15.7%)	23 (9.5%)	16 (14.2%)
	40-44	60 (65.2%)	32 (34.8%)	11 (10.4%)	18 (6.1%)	10 (11.2%)	19 (7.9%)	12 (10.6%)
	45-49	51 (62.2%)	31 (37.8%)	11 (10.4%)	19 (6.4%)	2 (2.2%)	16 (6.6%)	6 (5.3%)
	50-54	60 (68.2%)	28 (31.8%)	14 (13.2%)	26 (8.8%)	7 (7.9%)	19 (7.9%)	6 (5.3%)
	55-59	74 (54.4%)	62 (45.6%)	8 (7.5%)	25 (8.4%)	11 (12.4%)	24 (10.0%)	9 (8.0%)
	60-64	135 (54.7%)	112 (45.3%)	18 (17.0%)	57 (19.3%)	17 (19.1%)	44 (18.3%)	17 (15.0%)
	65-69	106 (39.8%)	160 (60.2%)	11 (10.4%)	45 (15.2%)	12 (13.5%)	32 (13.3%)	11 (9.7%)
	70-74	96 (28.6%)	240 (71.4%)	3 (2.8%)	44 (14.9%)	7 (7.9%)	27 (11.2%)	13 (11.5%)
	75-79	72 (26.5%)	200 (73.5%)	0 (0.0%)	26 (8.8%)	6 (6.7%)	28 (11.6%)	14 (12.4%)
	80-	40 (22.3%)	139 (77.7%)	3 (2.8%)	16 (5.4%)	3 (3.4%)	9 (3.7%)	9 (8.0%)
	合計	778 (42.1%)	1071 (57.9%)	106 (100.0%)	296 (100.0%)	89 (100.0%)	241 (100.0%)	113 (100.0%)
女性	-39	164 (55.0%)	134 (45.0%)	52 (33.8%)	67 (11.5%)	12 (25.5%)	27 (9.6%)	35 (20.5%)
	40-44	97 (58.4%)	69 (41.6%)	28 (18.2%)	42 (7.2%)	2 (4.3%)	19 (6.7%)	14 (8.2%)
	45-49	100 (59.9%)	67 (40.1%)	23 (14.9%)	52 (8.9%)	3 (6.4%)	25 (8.9%)	11 (6.4%)
	50-54	100 (62.1%)	61 (37.9%)	9 (5.8%)	65 (11.1%)	5 (10.6%)	24 (8.5%)	10 (5.8%)
	55-59	151 (54.3%)	127 (45.7%)	14 (9.1%)	102 (17.5%)	4 (8.5%)	33 (11.7%)	15 (8.8%)
	60-64	183 (42.9%)	244 (57.1%)	16 (10.4%)	114 (19.6%)	8 (17.0%)	42 (14.9%)	23 (13.5%)
	65-69	123 (30.7%)	278 (69.3%)	6 (3.9%)	53 (9.1%)	4 (8.5%)	41 (14.5%)	17 (9.9%)
	70-74	122 (25.0%)	366 (75.0%)	5 (3.2%)	49 (8.4%)	5 (10.6%)	39 (13.8%)	22 (12.9%)
	75-79	68 (20.2%)	268 (79.8%)	1 (0.6%)	28 (4.8%)	2 (4.3%)	19 (6.7%)	18 (10.5%)
	80-	31 (14.0%)	191 (86.0%)	0 (0.0%)	11 (1.9%)	2 (4.3%)	13 (4.6%)	6 (3.5%)
	合計	1139 (38.7%)	1805 (61.3%)	154 (100.0%)	583 (100.0%)	47 (100.0%)	282 (100.0%)	171 (100.0%)
合計	-39	248 (55.2%)	201 (44.8%)	79 (30.4%)	87 (9.9%)	26 (19.1%)	50 (9.6%)	51 (18.0%)
	40-44	157 (60.9%)	101 (39.1%)	39 (15.0%)	60 (6.8%)	12 (8.8%)	38 (7.3%)	26 (9.2%)
	45-49	151 (60.6%)	98 (39.4%)	34 (13.1%)	71 (8.1%)	5 (3.7%)	41 (7.8%)	17 (6.0%)
	50-54	160 (64.3%)	89 (35.7%)	23 (8.8%)	91 (10.4%)	12 (8.8%)	43 (8.2%)	16 (5.6%)
	55-59	225 (54.3%)	189 (45.7%)	22 (8.5%)	127 (14.4%)	15 (11.0%)	57 (10.9%)	24 (8.5%)
	60-64	318 (47.2%)	356 (52.8%)	34 (13.1%)	171 (19.5%)	25 (18.4%)	86 (16.4%)	40 (14.1%)
	65-69	229 (34.3%)	438 (65.7%)	17 (6.5%)	98 (11.1%)	16 (11.8%)	73 (14.0%)	28 (9.9%)
	70-74	218 (26.5%)	606 (73.5%)	8 (3.1%)	93 (10.6%)	12 (8.8%)	66 (12.6%)	35 (12.3%)
	75-79	140 (23.0%)	468 (77.0%)	1 (0.4%)	54 (6.1%)	8 (5.9%)	47 (9.0%)	32 (11.3%)
	80-	71 (17.7%)	330 (82.3%)	3 (1.2%)	27 (3.1%)	5 (3.7%)	22 (4.2%)	15 (5.3%)
	合計	1917 (40.0%)	2876 (60.0%)	260 (100.0%)	879 (100.0%)	136 (100.0%)	523 (100.0%)	284 (100.0%)

【5】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	9 (5.8%)	42 (27.3%)	49 (31.8%)	40 (26.0%)	11 (7.1%)	3 (1.9%)	95 (63.8%)	54 (36.2%)
	40-44	11 (11.7%)	26 (27.7%)	33 (35.1%)	20 (21.3%)	3 (3.2%)	1 (1.1%)	52 (57.1%)	39 (42.9%)
	45-49	8 (9.6%)	13 (15.7%)	37 (44.6%)	19 (22.9%)	5 (6.0%)	1 (1.2%)	52 (64.2%)	29 (35.8%)
	50-54	2 (2.2%)	23 (24.7%)	41 (44.1%)	23 (24.7%)	4 (4.3%)	0 (0.0%)	58 (65.9%)	30 (34.1%)
	55-59	10 (7.2%)	32 (23.0%)	53 (38.1%)	35 (25.2%)	6 (4.3%)	3 (2.2%)	75 (56.0%)	59 (44.0%)
	60-64	11 (4.3%)	44 (17.1%)	97 (37.7%)	78 (30.4%)	24 (9.3%)	3 (1.2%)	131 (53.3%)	115 (46.7%)
	65-69	7 (2.6%)	40 (14.9%)	84 (31.3%)	79 (29.5%)	46 (17.2%)	12 (4.5%)	144 (55.8%)	114 (44.2%)
	70-74	13 (3.8%)	45 (13.3%)	88 (26.0%)	112 (33.1%)	57 (16.9%)	23 (6.8%)	147 (46.1%)	172 (53.9%)
	75-79	10 (3.6%)	33 (11.9%)	69 (24.9%)	83 (30.0%)	60 (21.7%)	22 (7.9%)	119 (45.8%)	141 (54.2%)
	80-	7 (3.9%)	14 (7.8%)	45 (25.0%)	32 (17.8%)	56 (31.1%)	26 (14.4%)	68 (40.2%)	101 (59.8%)
	合計	88 (4.7%)	312 (16.6%)	596 (31.7%)	521 (27.7%)	272 (14.4%)	94 (5.0%)	941 (52.4%)	854 (47.6%)
女性	-39	16 (5.2%)	75 (24.5%)	115 (37.6%)	66 (21.6%)	29 (9.5%)	5 (1.6%)	231 (76.2%)	72 (23.8%)
	40-44	10 (5.9%)	46 (27.1%)	66 (38.8%)	41 (24.1%)	7 (4.1%)	0 (0.0%)	132 (77.6%)	38 (22.4%)
	45-49	7 (4.1%)	57 (33.7%)	62 (36.7%)	37 (21.9%)	6 (3.6%)	0 (0.0%)	125 (75.8%)	40 (24.2%)
	50-54	15 (9.0%)	58 (34.7%)	60 (35.9%)	28 (16.8%)	6 (3.6%)	0 (0.0%)	121 (76.1%)	38 (23.9%)
	55-59	13 (4.6%)	87 (30.6%)	106 (37.3%)	58 (20.4%)	18 (6.3%)	2 (0.7%)	210 (76.5%)	67 (24.2%)
	60-64	42 (9.4%)	128 (28.8%)	162 (36.4%)	93 (20.9%)	17 (3.8%)	3 (0.7%)	326 (76.5%)	100 (23.5%)
	65-69	29 (7.1%)	103 (25.4%)	149 (36.7%)	91 (22.4%)	27 (6.7%)	7 (1.7%)	247 (63.8%)	140 (36.2%)
	70-74	46 (9.4%)	107 (21.8%)	147 (29.9%)	124 (25.3%)	54 (11.0%)	13 (2.6%)	259 (56.8%)	197 (43.2%)
	75-79	30 (8.8%)	65 (19.1%)	88 (25.9%)	87 (25.6%)	55 (16.2%)	15 (4.4%)	167 (52.4%)	152 (47.6%)
	80-	17 (7.6%)	32 (14.2%)	50 (22.2%)	54 (24.0%)	42 (18.7%)	30 (13.3%)	90 (42.9%)	120 (57.1%)
	合計	225 (7.5%)	758 (25.2%)	1005 (33.5%)	679 (22.8%)	261 (8.7%)	75 (2.5%)	1908 (66.4%)	964 (33.6%)
合計	-39	25 (5.4%)	117 (25.4%)	164 (35.7%)	106 (23.0%)	40 (8.7%)	8 (1.7%)	326 (72.1%)	126 (27.9%)
	40-44	21 (8.0%)	72 (27.3%)	99 (37.5%)	61 (23.1%)	10 (3.8%)	1 (0.4%)	184 (70.5%)	77 (29.5%)
	45-49	15 (6.0%)	70 (27.8%)	99 (39.3%)	56 (22.2%)	11 (4.4%)	1 (0.4%)	177 (72.0%)	69 (28.0%)
	50-54	17 (6.5%)	81 (31.2%)	101 (38.8%)	51 (19.6%)	10 (3.8%)	0 (0.0%)	179 (72.5%)	68 (27.5%)
	55-59	23 (5.4%)	119 (28.1%)	159 (37.6%)	93 (22.0%)	24 (5.7%)	5 (1.2%)	285 (69.3%)	126 (30.7%)
	60-64	53 (7.5%)	172 (24.5%)	259 (36.9%)	171 (24.4%)	41 (5.8%)	6 (0.9%)	457 (68.0%)	215 (32.0%)
	65-69	36 (5.3%)	143 (21.2%)	233 (34.6%)	170 (25.2%)	73 (10.8%)	19 (2.8%)	391 (60.6%)	254 (39.4%)
	70-74	59 (7.1%)	152 (18.3%)	235 (28.3%)	236 (28.5%)	111 (13.4%)	36 (4.3%)	406 (52.4%)	369 (47.6%)
	75-79	40 (6.5%)	98 (15.9%)	157 (25.4%)	170 (27.6%)	115 (18.6%)	37 (6.0%)	286 (49.4%)	293 (50.6%)
	80-	24 (5.9%)	46 (11.4%)	95 (23.5%)	86 (21.2%)	98 (24.2%)	56 (13.8%)	158 (41.7%)	221 (58.3%)
	合計	313 (6.4%)	1070 (21.9%)	1601 (32.8%)	1200 (24.6%)	533 (10.9%)	169 (3.5%)	2849 (61.0%)	1818 (39.0%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	116 (75.3%)	29 (18.8%)	8 (5.2%)	1 (0.6%)	124 (80.5%)	25 (16.2%)	5 (3.2%)	0 (0.0%)	113 (73.4%)	37 (24.0%)	3 (1.9%)	1 (0.6%)
	40-44	58 (61.7%)	25 (26.6%)	9 (9.6%)	2 (2.1%)	77 (81.9%)	13 (13.8%)	4 (4.3%)	0 (0.0%)	62 (66.0%)	26 (27.7%)	5 (5.3%)	1 (1.1%)
	45-49	60 (72.3%)	18 (21.7%)	4 (4.8%)	1 (1.2%)	61 (73.5%)	20 (24.1%)	1 (1.2%)	1 (1.2%)	48 (57.8%)	31 (37.3%)	3 (3.6%)	1 (1.2%)
	50-54	63 (67.7%)	26 (28.0%)	3 (3.2%)	1 (1.1%)	70 (75.3%)	21 (22.6%)	2 (2.2%)	0 (0.0%)	58 (62.4%)	33 (35.5%)	1 (1.1%)	1 (1.1%)
	55-59	93 (66.9%)	41 (29.5%)	4 (2.9%)	1 (0.7%)	99 (71.2%)	35 (25.2%)	4 (2.9%)	1 (0.7%)	69 (50.0%)	55 (39.9%)	13 (9.4%)	1 (0.7%)
	60-64	165 (64.2%)	75 (29.2%)	15 (5.8%)	2 (0.8%)	187 (73.0%)	62 (24.2%)	7 (2.7%)	0 (0.0%)	130 (50.8%)	103 (40.2%)	21 (8.2%)	2 (0.8%)
	65-69	178 (66.4%)	76 (28.4%)	14 (5.2%)	0 (0.0%)	197 (73.5%)	61 (22.8%)	10 (3.7%)	0 (0.0%)	156 (58.2%)	94 (35.1%)	18 (6.7%)	0 (0.0%)
	70-74	232 (68.6%)	87 (25.7%)	17 (5.0%)	2 (0.6%)	262 (77.5%)	58 (17.2%)	17 (5.0%)	1 (0.3%)	188 (55.6%)	123 (36.4%)	23 (6.8%)	4 (1.2%)
	75-79	193 (69.7%)	74 (26.7%)	8 (2.9%)	2 (0.7%)	214 (77.0%)	51 (18.3%)	13 (4.7%)	0 (0.0%)	189 (68.0%)	70 (25.2%)	16 (5.8%)	3 (1.1%)
	80-	119 (66.5%)	41 (22.9%)	16 (8.9%)	3 (1.7%)	133 (74.3%)	36 (20.1%)	10 (5.6%)	0 (0.0%)	113 (63.1%)	56 (31.3%)	9 (5.0%)	1 (0.6%)
合計	1277 (67.9%)	492 (26.1%)	98 (5.2%)	15 (0.8%)	1424 (75.7%)	382 (20.3%)	73 (3.9%)	3 (0.2%)	1126 (59.9%)	628 (33.4%)	112 (6.0%)	15 (0.8%)	
女性	-39	192 (62.6%)	84 (27.4%)	25 (8.1%)	6 (2.0%)	235 (76.5%)	64 (20.8%)	8 (2.6%)	0 (0.0%)	234 (76.2%)	65 (21.2%)	7 (2.3%)	1 (0.3%)
	40-44	104 (61.2%)	53 (31.2%)	9 (5.3%)	4 (2.4%)	109 (64.1%)	53 (31.2%)	8 (4.7%)	0 (0.0%)	109 (64.1%)	46 (27.1%)	12 (7.1%)	3 (1.8%)
	45-49	106 (62.7%)	55 (32.5%)	8 (4.7%)	0 (0.0%)	124 (73.4%)	39 (23.1%)	5 (3.0%)	1 (0.6%)	102 (60.4%)	61 (36.1%)	5 (3.0%)	1 (0.6%)
	50-54	90 (53.9%)	65 (38.9%)	10 (6.0%)	2 (1.2%)	104 (62.7%)	52 (31.3%)	9 (5.4%)	1 (0.6%)	80 (47.9%)	69 (41.3%)	16 (9.6%)	2 (1.2%)
	55-59	130 (45.8%)	128 (45.1%)	22 (7.7%)	4 (1.4%)	179 (63.0%)	91 (32.0%)	12 (4.2%)	2 (0.7%)	136 (48.1%)	129 (45.6%)	17 (6.0%)	1 (0.4%)
	60-64	177 (39.8%)	194 (43.6%)	65 (14.6%)	9 (2.0%)	241 (54.3%)	180 (40.5%)	18 (4.1%)	5 (1.1%)	191 (43.0%)	206 (46.4%)	38 (8.6%)	9 (2.0%)
	65-69	177 (43.6%)	175 (43.1%)	44 (10.8%)	10 (2.5%)	226 (55.5%)	154 (37.8%)	24 (5.9%)	3 (0.7%)	168 (41.6%)	192 (47.5%)	35 (8.7%)	9 (2.2%)
	70-74	195 (39.9%)	220 (45.0%)	62 (12.7%)	12 (2.5%)	277 (56.6%)	172 (35.2%)	34 (7.0%)	6 (1.2%)	196 (40.0%)	226 (46.1%)	57 (11.6%)	11 (2.2%)
	75-79	139 (41.1%)	151 (44.7%)	41 (12.1%)	7 (2.1%)	207 (61.2%)	105 (31.1%)	24 (7.1%)	2 (0.6%)	145 (42.8%)	159 (46.9%)	32 (9.4%)	3 (0.9%)
	80-	107 (47.8%)	87 (38.8%)	25 (11.2%)	5 (2.2%)	149 (66.8%)	57 (25.6%)	12 (5.4%)	5 (2.2%)	121 (54.0%)	86 (38.4%)	11 (4.9%)	6 (2.7%)
合計	1417 (47.2%)	1212 (40.4%)	311 (10.4%)	59 (2.0%)	1851 (61.8%)	967 (32.3%)	154 (5.1%)	25 (0.8%)	1482 (49.4%)	1239 (41.3%)	230 (7.7%)	46 (1.5%)	
合計	-39	308 (66.8%)	113 (24.5%)	33 (7.2%)	7 (1.5%)	359 (77.9%)	89 (19.3%)	13 (2.8%)	0 (0.0%)	347 (75.3%)	102 (22.1%)	10 (2.2%)	2 (0.4%)
	40-44	162 (61.4%)	78 (29.5%)	18 (6.8%)	6 (2.3%)	186 (70.5%)	66 (25.0%)	12 (4.5%)	0 (0.0%)	171 (64.8%)	72 (27.3%)	17 (6.4%)	4 (1.5%)
	45-49	166 (65.9%)	73 (29.0%)	12 (4.8%)	1 (0.4%)	185 (73.4%)	59 (23.4%)	6 (2.4%)	2 (0.8%)	150 (59.5%)	92 (36.5%)	8 (3.2%)	2 (0.8%)
	50-54	153 (58.8%)	91 (35.0%)	13 (5.0%)	3 (1.2%)	174 (67.2%)	73 (28.2%)	11 (4.2%)	1 (0.4%)	138 (53.1%)	102 (39.2%)	17 (6.5%)	3 (1.2%)
	55-59	223 (52.7%)	169 (40.0%)	26 (6.1%)	5 (1.2%)	278 (65.7%)	126 (29.8%)	16 (3.8%)	3 (0.7%)	205 (48.7%)	184 (43.7%)	30 (7.1%)	2 (0.5%)
	60-64	342 (48.7%)	269 (38.3%)	80 (11.4%)	11 (1.6%)	428 (61.1%)	242 (34.6%)	25 (3.6%)	5 (0.7%)	321 (45.9%)	309 (44.1%)	59 (8.4%)	11 (1.6%)
	65-69	355 (52.7%)	251 (37.2%)	58 (8.6%)	10 (1.5%)	423 (62.7%)	215 (31.9%)	34 (5.0%)	3 (0.4%)	324 (48.2%)	286 (42.6%)	53 (7.9%)	9 (1.3%)
	70-74	427 (51.6%)	307 (37.1%)	79 (9.6%)	14 (1.7%)	539 (65.2%)	230 (27.8%)	51 (6.2%)	7 (0.8%)	384 (46.4%)	349 (42.1%)	80 (9.7%)	15 (1.8%)
	75-79	332 (54.0%)	225 (36.6%)	49 (8.0%)	9 (1.5%)	421 (68.3%)	156 (25.3%)	37 (6.0%)	2 (0.3%)	334 (54.1%)	229 (37.1%)	48 (7.8%)	6 (1.0%)
	80-	226 (56.1%)	128 (31.8%)	41 (10.2%)	8 (2.0%)	282 (70.1%)	93 (23.1%)	22 (5.5%)	5 (1.2%)	234 (58.1%)	142 (35.2%)	20 (5.0%)	7 (1.7%)
合計	2694 (55.2%)	1704 (34.9%)	409 (8.4%)	74 (1.5%)	3275 (67.1%)	1349 (27.6%)	227 (4.7%)	28 (0.6%)	2608 (53.5%)	1867 (38.3%)	342 (7.0%)	61 (1.3%)	

4) 総睡眠時間は？

5) 全体的な睡眠の質は？

6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減った	かなり減った	非常に減った
男性	-39	80 (51.9%)	68 (44.2%)	5 (3.2%)	1 (0.6%)	80 (51.9%)	64 (41.6%)	10 (6.5%)	0 (0.0%)	100 (64.9%)	43 (27.9%)	11 (7.1%)	0 (0.0%)
	40-44	40 (42.6%)	42 (44.7%)	12 (12.8%)	0 (0.0%)	34 (36.2%)	53 (56.4%)	6 (6.4%)	1 (1.1%)	52 (55.3%)	33 (35.1%)	6 (6.4%)	3 (3.2%)
	45-49	48 (57.8%)	31 (37.3%)	4 (4.8%)	0 (0.0%)	40 (48.2%)	37 (44.6%)	6 (7.2%)	0 (0.0%)	48 (57.8%)	29 (34.9%)	5 (6.0%)	1 (1.2%)
	50-54	49 (52.7%)	42 (45.2%)	2 (2.2%)	0 (0.0%)	48 (51.6%)	39 (41.9%)	6 (6.5%)	0 (0.0%)	61 (65.6%)	30 (32.3%)	1 (1.1%)	1 (1.1%)
	55-59	77 (55.8%)	53 (38.4%)	8 (5.8%)	0 (0.0%)	74 (53.6%)	54 (39.1%)	9 (6.5%)	1 (0.7%)	95 (68.3%)	36 (25.9%)	6 (4.3%)	2 (1.4%)
	60-64	171 (66.8%)	78 (30.5%)	6 (2.3%)	1 (0.4%)	151 (58.8%)	93 (36.2%)	11 (4.3%)	2 (0.8%)	180 (70.3%)	70 (27.3%)	5 (2.0%)	1 (0.4%)
	65-69	200 (74.6%)	63 (23.5%)	5 (1.9%)	0 (0.0%)	186 (69.7%)	71 (26.6%)	10 (3.7%)	0 (0.0%)	209 (78.0%)	51 (19.0%)	8 (3.0%)	0 (0.0%)
	70-74	264 (78.1%)	64 (18.9%)	8 (2.4%)	2 (0.6%)	250 (74.0%)	74 (21.9%)	12 (3.6%)	2 (0.6%)	275 (81.6%)	49 (14.5%)	11 (3.3%)	2 (0.6%)
	75-79	224 (80.6%)	40 (14.4%)	13 (4.7%)	1 (0.4%)	199 (71.8%)	65 (23.5%)	12 (4.3%)	1 (0.4%)	220 (79.4%)	51 (18.4%)	6 (2.2%)	0 (0.0%)
	80-	143 (79.4%)	32 (17.8%)	5 (2.8%)	0 (0.0%)	139 (77.2%)	34 (18.9%)	7 (3.9%)	0 (0.0%)	149 (82.8%)	27 (15.0%)	4 (2.2%)	0 (0.0%)
合計	1296 (68.9%)	513 (27.3%)	68 (3.6%)	5 (0.3%)	1201 (63.8%)	584 (31.0%)	89 (4.7%)	7 (0.4%)	1389 (73.8%)	419 (22.3%)	63 (3.3%)	10 (0.5%)	
女性	-39	167 (54.4%)	121 (39.4%)	17 (5.5%)	2 (0.7%)	145 (47.4%)	132 (43.1%)	27 (8.8%)	2 (0.7%)	186 (60.6%)	96 (31.3%)	21 (6.8%)	4 (1.3%)
	40-44	87 (51.2%)	72 (42.4%)	11 (6.5%)	0 (0.0%)	75 (44.4%)	78 (46.2%)	15 (8.9%)	1 (0.6%)	73 (42.9%)	76 (44.7%)	14 (8.2%)	7 (4.1%)
	45-49	83 (49.1%)	79 (46.7%)	7 (4.1%)	0 (0.0%)	67 (39.6%)	90 (53.3%)	12 (7.1%)	0 (0.0%)	87 (51.8%)	66 (39.3%)	15 (8.9%)	0 (0.0%)
	50-54	80 (47.9%)	74 (44.3%)	13 (7.8%)	0 (0.0%)	63 (37.7%)	87 (52.1%)	15 (9.0%)	2 (1.2%)	66 (40.0%)	77 (46.7%)	20 (12.1%)	2 (1.2%)
	55-59	163 (57.4%)	113 (39.8%)	7 (2.5%)	1 (0.4%)	139 (48.9%)	129 (45.4%)	16 (5.6%)	0 (0.0%)	145 (51.2%)	117 (41.3%)	19 (6.7%)	2 (0.7%)
	60-64	230 (51.8%)	189 (42.6%)	20 (4.5%)	5 (1.1%)	190 (42.8%)	225 (50.7%)	26 (5.9%)	3 (0.7%)	210 (47.5%)	190 (43.0%)	40 (9.0%)	2 (0.5%)
	65-69	205 (50.4%)	178 (43.7%)	23 (5.7%)	1 (0.2%)	200 (49.1%)	179 (44.0%)	26 (6.4%)	2 (0.5%)	221 (54.4%)	158 (38.9%)	25 (6.2%)	2 (0.5%)
	70-74	276 (56.4%)	178 (36.4%)	31 (6.3%)	4 (0.8%)	249 (50.8%)	206 (42.0%)	31 (6.3%)	4 (0.8%)	282 (57.6%)	157 (32.0%)	47 (9.6%)	4 (0.8%)
	75-79	211 (62.2%)	115 (33.9%)	13 (3.8%)	0 (0.0%)	194 (57.1%)	129 (37.9%)	17 (5.0%)	0 (0.0%)	228 (67.5%)	81 (24.0%)	27 (8.0%)	2 (0.6%)
	80-	158 (70.2%)	61 (27.1%)	4 (1.8%)	2 (0.9%)	152 (67.3%)	65 (28.8%)	7 (3.1%)	2 (0.9%)	164 (72.9%)	48 (21.3%)	12 (5.3%)	1 (0.4%)
合計	1660 (55.3%)	1180 (39.3%)	146 (4.9%)	15 (0.5%)	1474 (49.1%)	1320 (44.0%)	192 (6.4%)	16 (0.5%)	1662 (55.5%)	1066 (35.6%)	240 (8.0%)	26 (0.9%)	
合計	-39	247 (53.6%)	189 (41.0%)	22 (4.8%)	3 (0.7%)	225 (48.9%)	196 (42.6%)	37 (8.0%)	2 (0.4%)	286 (62.0%)	139 (30.2%)	32 (6.9%)	4 (0.9%)
	40-44	127 (48.1%)	114 (43.2%)	23 (8.7%)	0 (0.0%)	109 (41.4%)	131 (49.8%)	21 (8.0%)	2 (0.8%)	125 (47.3%)	109 (41.3%)	20 (7.6%)	10 (3.8%)
	45-49	131 (52.0%)	110 (43.7%)	11 (4.4%)	0 (0.0%)	107 (42.5%)	127 (50.4%)	18 (7.1%)	0 (0.0%)	135 (53.8%)	95 (37.8%)	20 (8.0%)	1 (0.4%)
	50-54	129 (49.6%)	116 (44.6%)	15 (5.8%)	0 (0.0%)	111 (42.7%)	126 (48.5%)	21 (8.1%)	2 (0.8%)	127 (49.2%)	107 (41.5%)	21 (8.1%)	3 (1.2%)
	55-59	240 (56.9%)	166 (39.3%)	15 (3.6%)	1 (0.2%)	213 (50.5%)	183 (43.4%)	25 (5.9%)	1 (0.2%)	240 (56.9%)	153 (36.3%)	25 (5.9%)	4 (0.9%)
	60-64	401 (57.3%)	267 (38.1%)	26 (3.7%)	6 (0.9%)	341 (48.6%)	318 (45.4%)	37 (5.3%)	5 (0.7%)	390 (55.9%)	260 (37.2%)	45 (6.4%)	3 (0.4%)
	65-69	405 (60.0%)	241 (35.7%)	28 (4.1%)	1 (0.1%)	386 (57.3%)	250 (37.1%)	36 (5.3%)	2 (0.3%)	430 (63.8%)	209 (31.0%)	33 (4.9%)	2 (0.3%)
	70-74	540 (65.3%)	242 (29.3%)	39 (4.7%)	6 (0.7%)	499 (60.3%)	280 (33.8%)	43 (5.2%)	6 (0.7%)	557 (67.4%)	206 (24.9%)	58 (7.0%)	6 (0.7%)
	75-79	435 (70.5%)	155 (25.1%)	26 (4.2%)	1 (0.2%)	393 (63.7%)	194 (31.4%)	29 (4.7%)	1 (0.2%)	448 (72.8%)	132 (21.5%)	33 (5.4%)	2 (0.3%)
	80-	301 (74.3%)	93 (23.0%)	9 (2.2%)	2 (0.5%)	291 (71.7%)	99 (24.4%)	14 (3.4%)	2 (0.5%)	313 (77.3%)	75 (18.5%)	16 (4.0%)	1 (0.2%)
合計	2956 (60.5%)	1693 (34.7%)	214 (4.4%)	20 (0.4%)	2675 (54.8%)	1904 (39.0%)	281 (5.8%)	23 (0.5%)	3051 (62.6%)	1485 (30.5%)	303 (6.2%)	36 (0.7%)	

7) 日中の活動について(身体的及び精神的)

8) 日中の眠気について

		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	8) 日中の眠気について			
							全くない	少しある	かなりある	激しい
男性	-39	21 (13.6%)	92 (59.7%)	29 (18.8%)	8 (5.2%)	4 (2.6%)	36 (23.4%)	107 (69.5%)	10 (6.5%)	1 (0.6%)
	40-44	14 (14.9%)	52 (55.3%)	14 (14.9%)	14 (14.9%)	0 (0.0%)	21 (22.3%)	65 (69.1%)	7 (7.4%)	1 (1.1%)
	45-49	9 (10.8%)	46 (55.4%)	19 (22.9%)	5 (6.0%)	4 (4.8%)	19 (22.9%)	57 (68.7%)	7 (8.4%)	0 (0.0%)
	50-54	19 (20.4%)	48 (51.6%)	16 (17.2%)	9 (9.7%)	1 (1.1%)	30 (32.3%)	60 (64.5%)	3 (3.2%)	0 (0.0%)
	55-59	23 (16.5%)	72 (51.8%)	33 (23.7%)	9 (6.5%)	2 (1.4%)	38 (27.3%)	94 (67.6%)	5 (3.6%)	2 (1.4%)
	60-64	35 (13.7%)	141 (55.1%)	53 (20.7%)	23 (9.0%)	4 (1.6%)	94 (36.6%)	158 (61.5%)	5 (1.9%)	0 (0.0%)
	65-69	28 (10.4%)	153 (57.1%)	68 (25.4%)	16 (6.0%)	3 (1.1%)	96 (35.8%)	166 (61.9%)	6 (2.2%)	0 (0.0%)
	70-74	25 (7.4%)	226 (66.9%)	63 (18.6%)	20 (5.9%)	4 (1.2%)	127 (37.6%)	200 (59.2%)	10 (3.0%)	1 (0.3%)
	75-79	17 (6.1%)	185 (66.5%)	52 (18.7%)	21 (7.6%)	3 (1.1%)	91 (32.7%)	175 (62.9%)	11 (4.0%)	1 (0.4%)
	80-	6 (3.3%)	117 (65.0%)	33 (18.3%)	20 (11.1%)	4 (2.2%)	56 (31.1%)	115 (63.9%)	9 (5.0%)	0 (0.0%)
	合計	197 (10.5%)	1132 (60.1%)	380 (20.2%)	145 (7.7%)	29 (1.5%)	608 (32.2%)	1197 (63.5%)	73 (3.9%)	6 (0.3%)
女性	-39	52 (16.9%)	167 (54.4%)	63 (20.5%)	17 (5.5%)	8 (2.6%)	42 (13.7%)	236 (76.9%)	27 (8.8%)	2 (0.7%)
	40-44	29 (17.2%)	66 (39.1%)	53 (31.4%)	17 (10.1%)	4 (2.4%)	25 (14.7%)	123 (72.4%)	20 (11.8%)	2 (1.2%)
	45-49	29 (17.4%)	69 (41.3%)	44 (26.3%)	24 (14.4%)	1 (0.6%)	29 (17.2%)	129 (76.3%)	8 (4.7%)	3 (1.8%)
	50-54	29 (17.4%)	67 (40.1%)	42 (25.1%)	23 (13.8%)	6 (3.6%)	16 (9.6%)	136 (81.4%)	15 (9.0%)	0 (0.0%)
	55-59	51 (18.0%)	122 (43.1%)	78 (27.6%)	25 (8.8%)	7 (2.5%)	59 (20.8%)	213 (75.0%)	11 (3.9%)	1 (0.4%)
	60-64	67 (15.1%)	184 (41.4%)	132 (29.7%)	48 (10.8%)	13 (2.9%)	98 (22.0%)	322 (72.4%)	25 (5.6%)	0 (0.0%)
	65-69	39 (9.6%)	192 (47.3%)	128 (31.5%)	41 (10.1%)	6 (1.5%)	106 (26.0%)	280 (68.8%)	21 (5.2%)	0 (0.0%)
	70-74	45 (9.2%)	233 (47.5%)	151 (30.8%)	54 (11.0%)	8 (1.6%)	109 (22.2%)	362 (73.7%)	20 (4.1%)	0 (0.0%)
	75-79	23 (6.8%)	197 (58.1%)	87 (25.7%)	29 (8.6%)	3 (0.9%)	94 (27.7%)	224 (66.1%)	19 (5.6%)	2 (0.6%)
	80-	12 (5.4%)	136 (60.7%)	51 (22.8%)	20 (8.9%)	5 (2.2%)	64 (28.4%)	151 (67.1%)	10 (4.4%)	0 (0.0%)
	合計	376 (12.5%)	1433 (47.8%)	829 (27.7%)	298 (9.9%)	61 (2.0%)	642 (21.4%)	2176 (72.4%)	176 (5.9%)	10 (0.3%)
合計	-39	73 (15.8%)	259 (56.2%)	92 (20.0%)	25 (5.4%)	12 (2.6%)	78 (16.9%)	343 (74.4%)	37 (8.0%)	3 (0.7%)
	40-44	43 (16.3%)	118 (44.9%)	67 (25.5%)	31 (11.8%)	4 (1.5%)	46 (17.4%)	188 (71.2%)	27 (10.2%)	3 (1.1%)
	45-49	38 (15.2%)	115 (46.0%)	63 (25.2%)	29 (11.6%)	5 (2.0%)	48 (19.0%)	186 (73.8%)	15 (6.0%)	3 (1.2%)
	50-54	48 (18.5%)	115 (44.2%)	58 (22.3%)	32 (12.3%)	7 (2.7%)	46 (17.7%)	196 (75.4%)	18 (6.9%)	0 (0.0%)
	55-59	74 (17.5%)	194 (46.0%)	111 (26.3%)	34 (8.1%)	9 (2.1%)	97 (22.9%)	307 (72.6%)	16 (3.8%)	3 (0.7%)
	60-64	102 (14.6%)	325 (46.4%)	185 (26.4%)	71 (10.1%)	17 (2.4%)	192 (27.4%)	480 (68.4%)	30 (4.3%)	0 (0.0%)
	65-69	67 (9.9%)	345 (51.2%)	196 (29.1%)	57 (8.5%)	9 (1.3%)	202 (29.9%)	446 (66.1%)	27 (4.0%)	0 (0.0%)
	70-74	70 (8.4%)	459 (55.4%)	214 (25.8%)	74 (8.9%)	12 (1.4%)	236 (28.5%)	562 (67.8%)	30 (3.6%)	1 (0.1%)
	75-79	40 (6.5%)	382 (61.9%)	139 (22.5%)	50 (8.1%)	6 (1.0%)	185 (30.0%)	399 (64.7%)	30 (4.9%)	3 (0.5%)
	80-	18 (4.5%)	253 (62.6%)	84 (20.8%)	40 (9.9%)	9 (2.2%)	120 (29.6%)	266 (65.7%)	19 (4.7%)	0 (0.0%)
	合計	573 (11.7%)	2565 (52.6%)	1209 (24.8%)	443 (9.1%)	90 (1.8%)	1250 (25.6%)	3373 (69.0%)	249 (5.1%)	16 (0.3%)

【6】人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は
何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は
何人いますか。

3) 個人的なことでも、気兼ねなく話せる親戚や兄弟は
何人いますか。

4) 個人的なことでも、気兼ねなく話せる友人は
何人いますか。

	1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は 何人いますか。						2) 月に1回以上、会ったり連絡をとりあう友人は 何人いますか。						3) 個人的なことでも、気兼ねなく話せる親戚や兄弟は 何人いますか。						4) 個人的なことでも、気兼ねなく話せる友人は 何人いますか。					
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上
男性																								
-39	22 (14.3%)	43 (27.9%)	36 (23.4%)	28 (18.2%)	15 (9.7%)	10 (6.5%)	27 (17.6%)	30 (19.6%)	30 (19.6%)	42 (27.5%)	17 (11.1%)	7 (4.6%)	37 (24.3%)	48 (31.6%)	41 (27.0%)	14 (9.2%)	8 (5.3%)	4 (2.6%)	32 (20.8%)	33 (21.4%)	33 (21.4%)	40 (26.0%)	9 (5.8%)	7 (4.5%)
40-44	15 (16.0%)	22 (23.4%)	23 (24.5%)	22 (23.4%)	6 (6.4%)	6 (6.4%)	16 (17.0%)	18 (19.1%)	22 (23.4%)	17 (18.1%)	13 (13.8%)	8 (8.5%)	21 (22.3%)	26 (27.7%)	28 (28.8%)	13 (13.8%)	2 (2.1%)	4 (4.3%)	14 (14.9%)	21 (22.3%)	31 (33.0%)	15 (16.0%)	7 (7.4%)	6 (6.4%)
45-49	12 (14.5%)	16 (19.3%)	13 (15.7%)	22 (26.5%)	12 (14.5%)	8 (9.6%)	19 (22.9%)	11 (13.3%)	23 (27.7%)	16 (19.3%)	7 (8.4%)	7 (8.4%)	17 (20.5%)	23 (27.7%)	19 (22.9%)	14 (16.9%)	6 (7.2%)	4 (4.8%)	24 (29.3%)	18 (22.0%)	22 (26.8%)	11 (13.4%)	3 (3.7%)	4 (4.9%)
50-54	15 (16.3%)	16 (17.4%)	20 (21.7%)	28 (30.4%)	9 (9.8%)	4 (4.3%)	23 (24.7%)	17 (18.3%)	23 (24.7%)	15 (16.1%)	9 (9.7%)	6 (6.5%)	20 (21.5%)	21 (22.6%)	23 (24.7%)	20 (21.5%)	8 (8.6%)	1 (1.1%)	29 (31.2%)	18 (19.4%)	18 (19.4%)	21 (22.6%)	6 (6.5%)	1 (1.1%)
55-59	11 (7.9%)	25 (18.0%)	29 (20.9%)	44 (31.7%)	19 (13.7%)	11 (7.9%)	31 (22.3%)	29 (20.9%)	26 (18.7%)	31 (22.3%)	12 (8.6%)	10 (7.2%)	30 (21.6%)	26 (18.7%)	40 (28.8%)	23 (16.5%)	13 (9.4%)	7 (5.0%)	44 (31.9%)	29 (21.0%)	28 (20.3%)	22 (15.9%)	8 (5.8%)	7 (5.1%)
60-64	11 (4.3%)	35 (13.6%)	48 (18.7%)	81 (31.5%)	53 (20.6%)	29 (11.3%)	41 (16.0%)	49 (19.1%)	62 (24.2%)	49 (19.1%)	35 (13.7%)	20 (7.8%)	26 (10.1%)	46 (17.9%)	60 (23.3%)	71 (27.6%)	35 (13.6%)	19 (7.4%)	52 (20.4%)	59 (23.1%)	65 (25.9%)	53 (20.8%)	19 (7.5%)	7 (2.7%)
65-69	11 (4.1%)	35 (13.1%)	46 (17.2%)	91 (34.1%)	52 (19.5%)	32 (12.0%)	27 (10.2%)	52 (19.6%)	61 (23.0%)	60 (22.6%)	35 (13.2%)	30 (11.3%)	28 (10.5%)	44 (16.5%)	61 (22.8%)	78 (29.2%)	37 (13.9%)	19 (7.1%)	47 (17.5%)	57 (21.3%)	69 (25.7%)	59 (22.0%)	19 (7.1%)	17 (6.3%)
70-74	19 (5.6%)	47 (13.9%)	67 (19.8%)	92 (27.2%)	79 (23.4%)	34 (10.1%)	49 (14.5%)	64 (19.0%)	73 (21.7%)	74 (22.0%)	44 (13.1%)	33 (9.8%)	25 (7.4%)	51 (15.1%)	80 (23.7%)	92 (27.3%)	60 (17.8%)	29 (8.6%)	68 (20.2%)	76 (22.5%)	85 (25.2%)	61 (18.1%)	24 (7.1%)	23 (6.8%)
75-79	20 (7.3%)	35 (12.7%)	58 (21.1%)	76 (27.6%)	56 (20.4%)	30 (10.9%)	39 (14.1%)	48 (17.4%)	67 (22.8%)	63 (11.2%)	31 (10.1%)	28 (7.9%)	22 (8.0%)	42 (15.2%)	69 (25.0%)	68 (24.6%)	51 (18.5%)	24 (8.7%)	55 (20.0%)	59 (21.5%)	65 (23.6%)	45 (16.4%)	33 (12.0%)	18 (6.5%)
80-	13 (7.2%)	17 (9.4%)	41 (22.8%)	56 (31.1%)	28 (15.6%)	25 (13.9%)	38 (21.3%)	36 (20.2%)	32 (18.0%)	38 (21.3%)	20 (11.2%)	14 (7.9%)	12 (6.7%)	34 (18.9%)	35 (19.4%)	52 (28.9%)	32 (17.8%)	15 (8.3%)	47 (26.3%)	43 (24.0%)	40 (22.3%)	26 (14.5%)	16 (8.9%)	7 (3.9%)
合計	149 (7.9%)	291 (15.5%)	381 (20.3%)	540 (28.7%)	329 (17.5%)	189 (10.1%)	310 (16.5%)	354 (18.9%)	419 (22.4%)	405 (21.6%)	223 (11.9%)	163 (8.7%)	238 (12.7%)	361 (19.2%)	456 (24.3%)	445 (23.7%)	252 (13.4%)	126 (6.7%)	412 (22.0%)	413 (22.0%)	456 (24.3%)	353 (18.8%)	144 (7.7%)	97 (5.2%)
女性																								
-39	30 (9.8%)	62 (20.2%)	74 (24.1%)	92 (30.0%)	31 (10.1%)	18 (5.9%)	34 (11.1%)	58 (19.0%)	79 (25.8%)	86 (28.1%)	31 (10.1%)	18 (5.9%)	44 (14.4%)	89 (29.1%)	89 (29.1%)	65 (21.2%)	13 (4.2%)	6 (2.0%)	38 (12.4%)	63 (20.5%)	90 (29.3%)	85 (27.7%)	18 (5.9%)	13 (4.2%)
40-44	18 (10.6%)	38 (22.4%)	45 (26.5%)	51 (30.0%)	12 (7.1%)	6 (3.5%)	26 (15.5%)	29 (17.3%)	48 (28.6%)	41 (24.4%)	18 (10.7%)	6 (3.6%)	27 (15.9%)	51 (30.0%)	45 (26.5%)	36 (21.2%)	9 (5.3%)	2 (1.2%)	21 (12.4%)	38 (22.4%)	54 (31.8%)	37 (21.8%)	15 (8.8%)	5 (2.9%)
45-49	15 (8.9%)	39 (23.1%)	31 (18.3%)	59 (34.9%)	17 (10.1%)	8 (4.7%)	29 (17.2%)	34 (20.1%)	47 (27.8%)	39 (23.1%)	16 (9.5%)	4 (2.4%)	35 (20.8%)	45 (26.8%)	48 (28.6%)	32 (19.0%)	5 (3.0%)	3 (1.8%)	28 (16.7%)	47 (28.0%)	42 (25.0%)	39 (23.2%)	10 (6.0%)	2 (1.2%)
50-54	9 (5.4%)	26 (15.7%)	32 (19.3%)	59 (35.5%)	34 (20.5%)	6 (3.6%)	31 (18.7%)	38 (18.7%)	58 (22.9%)	47 (22.3%)	20 (15.7%)	3 (1.8%)	12 (12.0%)	35 (21.1%)	47 (28.3%)	50 (30.1%)	12 (7.2%)	2 (1.2%)	40 (24.2%)	35 (21.2%)	40 (23.0%)	36 (21.8%)	14 (8.5%)	2 (1.2%)
55-59	2 (0.7%)	36 (12.8%)	55 (19.6%)	111 (39.5%)	58 (20.6%)	19 (6.8%)	39 (13.8%)	54 (19.1%)	68 (24.0%)	68 (24.0%)	36 (12.7%)	18 (6.4%)	14 (4.9%)	66 (23.2%)	83 (29.2%)	84 (29.6%)	23 (8.1%)	14 (4.9%)	52 (18.3%)	77 (27.1%)	83 (29.2%)	46 (16.2%)	15 (5.3%)	11 (3.9%)
60-64	19 (4.3%)	60 (13.5%)	77 (17.3%)	142 (32.0%)	113 (25.5%)	33 (7.4%)	61 (13.8%)	80 (18.1%)	99 (22.4%)	120 (27.1%)	56 (12.7%)	26 (5.9%)	41 (9.2%)	91 (20.4%)	104 (23.4%)	144 (32.4%)	49 (11.0%)	16 (3.6%)	81 (18.3%)	119 (26.9%)	114 (25.7%)	88 (19.9%)	32 (7.2%)	9 (2.0%)
65-69	14 (3.4%)	46 (11.3%)	78 (19.2%)	124 (30.5%)	98 (24.1%)	47 (11.5%)	43 (10.6%)	61 (15.1%)	104 (25.7%)	106 (26.2%)	55 (13.6%)	36 (8.9%)	28 (6.9%)	77 (18.9%)	109 (26.8%)	101 (24.8%)	66 (16.2%)	26 (6.4%)	79 (19.6%)	98 (24.3%)	110 (27.2%)	74 (18.3%)	32 (7.9%)	11 (2.7%)
70-74	17 (3.5%)	47 (9.6%)	120 (24.4%)	151 (30.8%)	105 (21.4%)	51 (10.4%)	37 (7.6%)	83 (17.0%)	122 (24.9%)	129 (26.4%)	70 (14.3%)	48 (9.8%)	29 (5.9%)	79 (16.2%)	124 (25.4%)	147 (30.1%)	76 (15.5%)	34 (7.0%)	66 (13.5%)	139 (28.5%)	138 (28.3%)	88 (18.0%)	38 (7.8%)	19 (3.9%)
75-79	15 (4.4%)	34 (10.1%)	83 (24.6%)	112 (33.1%)	67 (19.8%)	27 (8.0%)	34 (10.1%)	61 (18.2%)	87 (25.9%)	88 (26.2%)	49 (14.6%)	16 (5.1%)	17 (5.0%)	53 (15.6%)	97 (28.6%)	93 (27.4%)	61 (18.0%)	18 (5.3%)	46 (13.6%)	94 (27.8%)	99 (29.3%)	61 (18.0%)	27 (8.0%)	11 (3.3%)
80-	10 (4.4%)	32 (14.2%)	52 (23.1%)	68 (30.2%)	42 (18.7%)	21 (9.3%)	28 (12.4%)	41 (18.1%)	60 (26.5%)	56 (24.8%)	25 (11.1%)	16 (7.1%)	14 (6.2%)	38 (16.8%)	68 (30.1%)	62 (27.4%)	33 (14.6%)	11 (4.9%)	45 (20.3%)	55 (24.8%)	60 (27.0%)	38 (17.1%)	16 (7.2%)	8 (3.6%)
合計	149 (5.0%)	420 (14.0%)	647 (21.6%)	969 (32.3%)	577 (19.2%)	236 (7.9%)	362 (12.1%)	532 (17.9%)	752 (25.2%)	770 (25.8%)	382 (12.8%)	192 (6.4%)	269 (9.0%)	624 (20.9%)	814 (27.1%)	814 (27.1%)	347 (11.6%)	132 (4.4%)	496 (16.8%)	765 (25.6%)	828 (27.7%)	592 (19.8%)	217 (7.3%)	91 (3.0%)
合計																								
-39	52 (11.3%)	105 (22.8%)	110 (23.9%)	120 (26.0%)	46 (10.0%)	28 (6.1%)	61 (13.3%)	109 (23.7%)	128 (27.9%)	128 (27.9%)	48 (10.5%)	25 (5.4%)	81 (17.7%)	137 (29.9%)	130 (28.4%)	79 (17.2%)	21 (4.6%)	10 (2.2%)	70 (15.2%)	96 (20.8%)	123 (26.7%)	125 (27.1%)	27 (5.9%)	20 (4.3%)
40-44	33 (12.5%)	60 (22.7%)	68 (25.8%)	73 (27.7%)	18 (6.8%)	12 (4.5%)	42 (16.0%)	47 (17.9%)	70 (26.7%)	58 (22.1%)	31 (11.8%)	14 (5.3%)	48 (18.2%)	77 (29.2%)	73 (27.7%)	49 (18.6%)	11 (4.2%)	6 (2.3%)	35 (13.3%)	59 (22.3%)	85 (32.2%)	52 (20.0%)	22 (8.3%)	11 (4.2%)
45-49	27 (10.7%)	55 (21.8%)	44 (17.5%)	81 (32.1%)	29 (11.5%)	16 (6.3%)	48 (19.0%)	45 (17.9%)	70 (27.8%)	55 (21.8%)	23 (9.1%)	11 (4.4%)	52 (20.7%)	68 (27.1%)	67 (26.7%)	46 (18.3%)	11 (4.4%)	7 (2.8%)	52 (20.8%)	65 (26.0%)	64 (25.6%)	50 (20.0%)	13 (5.2%)	6 (2.4%)
50-54	24 (9.3%)	42 (16.3%)	52 (20.2%)	87 (33.7%)	43 (16.7%)	10 (3.9%)	54 (20.8%)	48 (18.5%)	61 (23.6%)	52 (20.1%)	35 (13.5%)	9 (3.5%)	40 (15.4%)	56 (21.6%)	70 (27.0%)	70 (27.0%)	20 (7.7%)	3 (1.2%)	69 (26.7%)	53 (20.5%)	56 (21.7%)	57 (22.1%)	20 (7.8%)	3 (1.2%)
55-59	13 (3.1%)	61 (14.5%)	84 (20.0%)	155 (36.9%)	77 (18.3%)	30 (7.1%)	70 (16.6%)	83 (19.7%)	94 (22.3%)	99 (23.5%)	48 (11.4%)	28 (6.8%)	44 (10.4%)	92 (21.7%)	123 (29.1%)	107 (25.3%)	36 (8.5%)	21 (5.0%)	96 (22.7%)	106 (25.1%)	111 (26.3%)	68 (16.1%)	23 (5.5%)	18 (4.3%)
60-64	30 (4.3%)	95 (13.6%)	125 (17.8%)	223 (31.8%)	166 (23.7%)	62 (8.8%)	102 (14.6%)	129 (18.5%)	161 (23.1%)	169 (24.2%)	91 (13.0%)	46 (6.8%)	67 (9.5%)	137 (19.5%)	164 (23.4%)	215 (30.6%)	84 (12.0%)	35 (5.0%)	133 (19.1%)	178 (25.5%)	179 (25.6%)	141 (20.2%)	51 (7.3%)	16 (2.3%)
65-69	25 (3.7%)	81 (12.0%)	124 (18.4%)	215 (31.6%)	150 (22.3%)	79 (11.7%)	70 (10.4%)	113 (16.9%)	165 (24.6%)	166 (24.5%)	90 (13.4%)	66 (9.9%)	56 (8.3%)	121 (18.0%)	170 (25.2%)	179 (26.6%)	103 (15.3%)	45 (6.7%)	126 (18.8%)	155 (23.1%)	179 (26.6%)	133 (19.8%)	51 (7.6%)	28 (4.2%)
70-74	36 (4.3%)	94 (11.3%)	187 (22.6%)	243 (29.3%)	184 (22.2%)	85 (10.3%)	96 (10.4%)	147 (17.8%)	203 (23.6%)	114 (24.8%)	81 (13.8%)	45 (9.8%)	54 (6.5%)	130 (15.7%)	204 (24.7%)	239 (28.9%)	136 (16.5%)	69 (7.8%)	134 (16.2%)	215 (26.1%)	223 (27.0%)	149 (18.1%)	62 (7.5%)	42 (5.1%)
75-79	35 (5.7%)	69 (11.3%)	141 (23.0%)	188 (30.7%)	123 (20.1%)	57 (9.3%)	73 (11.9%)	109 (17.8%)	154 (25.2%)	151 (24.7%)	80 (13.1%)	45 (7.4%)	39 (6.3%)	95 (15.4%)	166 (27.0%)	161 (26.2%)	112 (18.2%)	42 (6.8%)	101 (16.5%)	153 (25.0%)	164 (26.			

5) 手助けを頼める親戚や兄弟は何人いますか。

6) 手助けを頼める友人は何人いますか。

7) まわりの人々はお互いに助け合っている。

		5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。					全く そう 思わない
		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強く そう 思う	どちらか といえば そう 思う	どちらとも いえ ない	どちらか といえ ば そう 思 わない		
男性	-39	21 (13.6%)	31 (20.1%)	36 (23.4%)	40 (26.0%)	16 (10.4%)	10 (6.5%)	29 (18.8%)	20 (13.0%)	36 (23.4%)	45 (29.2%)	11 (7.1%)	13 (8.4%)	34 (22.1%)	81 (52.6%)	34 (22.1%)	2 (1.3%)	3 (1.9%)	
	40-44	11 (11.7%)	19 (20.2%)	29 (30.9%)	19 (20.2%)	10 (10.6%)	6 (6.4%)	18 (19.1%)	18 (19.1%)	25 (26.6%)	16 (17.0%)	8 (8.5%)	9 (9.6%)	11 (11.7%)	61 (64.9%)	21 (22.3%)	1 (1.1%)	0 (0.0%)	
	45-49	8 (9.6%)	16 (19.3%)	17 (20.5%)	24 (28.9%)	9 (10.8%)	9 (10.8%)	26 (31.3%)	14 (16.9%)	23 (27.7%)	11 (13.3%)	2 (2.4%)	7 (8.4%)	14 (16.9%)	45 (54.2%)	22 (26.5%)	1 (1.2%)	1 (1.2%)	
	50-54	8 (8.6%)	12 (12.9%)	26 (28.0%)	28 (30.1%)	14 (15.1%)	5 (5.4%)	21 (22.8%)	13 (14.1%)	25 (27.2%)	22 (23.9%)	8 (8.7%)	3 (3.3%)	11 (11.8%)	54 (58.1%)	23 (24.7%)	5 (5.4%)	0 (0.0%)	
	55-59	19 (13.7%)	21 (15.1%)	31 (22.3%)	35 (25.2%)	25 (18.0%)	8 (5.8%)	40 (29.0%)	27 (19.6%)	20 (14.5%)	32 (23.2%)	9 (6.5%)	10 (7.2%)	19 (13.7%)	78 (56.1%)	30 (21.6%)	11 (7.9%)	1 (0.7%)	
	60-64	17 (6.6%)	31 (12.1%)	47 (18.3%)	73 (28.4%)	69 (26.8%)	20 (7.8%)	52 (20.2%)	44 (17.1%)	68 (26.5%)	53 (20.6%)	31 (12.1%)	9 (3.5%)	62 (24.1%)	144 (56.0%)	45 (17.5%)	3 (1.2%)	3 (1.2%)	
	65-69	22 (8.2%)	28 (10.4%)	48 (17.9%)	87 (32.5%)	56 (20.9%)	27 (10.1%)	47 (17.7%)	55 (20.7%)	67 (25.2%)	63 (23.7%)	21 (7.9%)	13 (4.9%)	59 (22.0%)	156 (58.2%)	45 (16.8%)	5 (1.9%)	3 (1.1%)	
	70-74	24 (7.1%)	39 (11.6%)	77 (22.9%)	93 (27.7%)	65 (19.3%)	38 (11.3%)	87 (26.0%)	64 (19.1%)	67 (20.0%)	84 (19.1%)	33 (9.9%)	20 (6.0%)	95 (28.1%)	176 (52.1%)	53 (15.7%)	7 (2.1%)	7 (2.1%)	
	75-79	16 (5.8%)	31 (11.2%)	76 (27.5%)	67 (24.3%)	56 (20.3%)	30 (10.9%)	59 (21.4%)	61 (22.1%)	81 (29.3%)	42 (15.2%)	21 (7.6%)	12 (4.3%)	81 (29.1%)	145 (52.2%)	39 (14.0%)	6 (2.2%)	7 (2.5%)	
	80-	14 (7.9%)	20 (11.3%)	45 (25.4%)	55 (31.1%)	29 (16.4%)	14 (7.9%)	59 (33.3%)	30 (16.9%)	46 (26.0%)	29 (16.4%)	9 (5.1%)	4 (2.3%)	53 (29.4%)	100 (55.6%)	18 (10.0%)	7 (3.9%)	2 (1.1%)	
合計	160 (8.5%)	248 (13.2%)	432 (23.0%)	521 (27.8%)	349 (18.6%)	167 (8.9%)	438 (23.4%)	346 (18.5%)	458 (24.5%)	377 (20.1%)	153 (8.2%)	100 (5.3%)	439 (23.3%)	1040 (55.2%)	330 (17.5%)	48 (2.5%)	27 (1.4%)		
女性	-39	36 (11.7%)	46 (15.0%)	95 (30.9%)	87 (28.3%)	31 (10.1%)	12 (3.9%)	50 (16.3%)	60 (19.6%)	83 (27.1%)	71 (23.2%)	24 (7.6%)	18 (5.9%)	61 (19.9%)	199 (64.8%)	43 (14.0%)	4 (1.3%)	0 (0.0%)	
	40-44	15 (8.8%)	44 (25.9%)	47 (27.6%)	45 (26.5%)	11 (6.5%)	8 (4.7%)	29 (17.2%)	36 (21.3%)	43 (25.4%)	39 (23.1%)	14 (8.3%)	8 (4.7%)	32 (18.8%)	100 (58.8%)	29 (17.1%)	7 (4.1%)	2 (1.2%)	
	45-49	28 (16.6%)	24 (14.2%)	53 (31.4%)	42 (24.9%)	14 (8.3%)	8 (4.7%)	43 (25.4%)	35 (20.7%)	41 (24.3%)	38 (22.5%)	9 (5.3%)	3 (1.8%)	33 (19.5%)	105 (62.1%)	21 (12.4%)	8 (4.7%)	2 (1.2%)	
	50-54	12 (7.2%)	30 (18.0%)	38 (22.8%)	58 (34.7%)	25 (15.0%)	4 (2.4%)	51 (30.7%)	34 (20.5%)	38 (22.9%)	31 (18.7%)	10 (6.0%)	2 (1.2%)	23 (13.8%)	111 (66.5%)	28 (16.8%)	4 (2.4%)	1 (0.6%)	
	55-59	8 (2.8%)	45 (15.9%)	74 (26.1%)	88 (31.1%)	46 (16.3%)	22 (7.8%)	66 (23.5%)	68 (24.2%)	77 (27.4%)	47 (16.7%)	15 (5.3%)	8 (2.8%)	64 (22.6%)	167 (59.0%)	44 (15.5%)	7 (2.5%)	1 (0.4%)	
	60-64	40 (9.0%)	63 (14.2%)	99 (22.3%)	132 (29.7%)	73 (16.4%)	37 (8.3%)	119 (27.0%)	95 (21.5%)	111 (25.2%)	77 (17.5%)	30 (6.8%)	9 (2.0%)	97 (21.8%)	261 (58.7%)	72 (16.2%)	7 (1.6%)	8 (1.8%)	
	65-69	26 (6.4%)	64 (15.7%)	83 (20.4%)	109 (26.8%)	73 (17.9%)	52 (12.8%)	83 (20.5%)	110 (27.2%)	93 (23.0%)	80 (19.8%)	28 (6.9%)	10 (2.5%)	114 (28.2%)	236 (58.4%)	42 (10.4%)	4 (1.0%)	8 (2.0%)	
	70-74	35 (7.1%)	61 (12.4%)	125 (25.5%)	143 (29.1%)	85 (17.3%)	42 (8.6%)	92 (18.9%)	119 (24.5%)	136 (28.0%)	82 (16.9%)	41 (8.4%)	16 (3.3%)	180 (36.7%)	240 (48.9%)	55 (11.2%)	9 (1.8%)	7 (1.4%)	
	75-79	15 (4.4%)	50 (14.8%)	107 (31.7%)	85 (25.1%)	54 (16.0%)	27 (8.0%)	73 (21.7%)	86 (25.6%)	96 (28.6%)	42 (12.5%)	29 (8.6%)	10 (3.0%)	131 (38.5%)	163 (47.9%)	36 (10.6%)	3 (0.9%)	7 (2.1%)	
	80-	16 (7.1%)	42 (18.7%)	54 (24.0%)	63 (28.0%)	32 (14.2%)	18 (8.0%)	59 (26.5%)	58 (26.0%)	51 (22.9%)	35 (15.7%)	15 (6.7%)	5 (2.2%)	102 (45.3%)	91 (40.4%)	24 (10.7%)	6 (2.7%)	2 (0.9%)	
合計	231 (7.7%)	469 (15.6%)	775 (25.8%)	852 (28.4%)	444 (14.8%)	230 (7.7%)	665 (22.3%)	701 (23.5%)	769 (25.8%)	542 (18.2%)	215 (7.2%)	89 (3.0%)	837 (27.9%)	1673 (55.7%)	394 (13.1%)	59 (2.0%)	38 (1.3%)		
合計	-39	57 (12.4%)	77 (16.7%)	131 (28.4%)	127 (27.5%)	47 (10.2%)	22 (4.8%)	79 (17.2%)	80 (17.4%)	119 (25.9%)	116 (25.2%)	35 (7.6%)	31 (6.7%)	95 (20.6%)	280 (60.7%)	77 (16.7%)	6 (1.3%)	3 (0.7%)	
	40-44	26 (9.8%)	63 (23.9%)	76 (28.8%)	64 (24.2%)	21 (8.0%)	14 (5.3%)	47 (17.9%)	54 (20.5%)	68 (25.9%)	55 (20.9%)	22 (8.4%)	17 (6.5%)	43 (16.3%)	161 (61.0%)	50 (18.9%)	8 (3.0%)	2 (0.8%)	
	45-49	36 (14.3%)	40 (15.9%)	70 (27.8%)	66 (26.2%)	23 (9.1%)	17 (6.7%)	69 (27.4%)	49 (19.4%)	64 (25.4%)	49 (19.4%)	11 (4.4%)	10 (4.0%)	47 (18.7%)	150 (59.5%)	43 (17.1%)	9 (3.6%)	3 (1.2%)	
	50-54	20 (7.7%)	42 (16.2%)	64 (24.6%)	86 (33.1%)	39 (15.0%)	9 (3.5%)	72 (27.9%)	47 (18.2%)	63 (24.4%)	53 (20.5%)	18 (7.0%)	5 (1.9%)	34 (13.1%)	165 (63.5%)	51 (19.6%)	9 (3.5%)	1 (0.4%)	
	55-59	27 (6.4%)	66 (15.6%)	105 (24.9%)	123 (29.1%)	71 (16.8%)	30 (7.1%)	106 (25.3%)	95 (22.7%)	97 (23.2%)	79 (18.9%)	24 (5.7%)	18 (4.3%)	83 (19.7%)	245 (58.1%)	74 (17.5%)	18 (4.3%)	2 (0.5%)	
	60-64	57 (8.1%)	94 (13.4%)	146 (20.8%)	205 (29.2%)	142 (20.3%)	57 (8.1%)	171 (24.5%)	139 (19.9%)	179 (25.6%)	130 (18.6%)	61 (8.7%)	18 (2.6%)	159 (22.6%)	405 (57.7%)	117 (16.7%)	10 (1.4%)	11 (1.6%)	
	65-69	48 (7.1%)	92 (13.6%)	131 (19.4%)	196 (29.0%)	129 (19.1%)	79 (11.7%)	130 (19.4%)	165 (24.6%)	160 (23.9%)	143 (21.3%)	49 (7.3%)	23 (3.4%)	173 (25.7%)	392 (58.3%)	87 (12.9%)	9 (1.3%)	11 (1.6%)	
	70-74	59 (7.1%)	100 (12.1%)	202 (24.4%)	236 (28.5%)	150 (18.1%)	80 (9.7%)	179 (21.8%)	183 (22.3%)	203 (24.7%)	146 (17.8%)	74 (9.0%)	36 (4.4%)	275 (33.2%)	416 (50.2%)	108 (13.0%)	16 (1.9%)	14 (1.7%)	
	75-79	31 (5.0%)	81 (13.2%)	183 (29.8%)	152 (24.8%)	110 (17.9%)	57 (8.3%)	132 (21.6%)	147 (24.0%)	177 (28.9%)	84 (13.7%)	50 (8.2%)	22 (3.6%)	212 (34.3%)	308 (49.8%)	75 (12.1%)	9 (1.5%)	14 (2.3%)	
	80-	30 (7.5%)	62 (15.4%)	99 (24.6%)	118 (29.4%)	61 (15.2%)	32 (8.0%)	118 (29.5%)	88 (22.0%)	97 (24.3%)	64 (16.0%)	24 (6.0%)	9 (2.3%)	155 (38.3%)	191 (47.2%)	42 (10.4%)	13 (3.2%)	4 (1.0%)	
合計	391 (8.0%)	717 (14.7%)	1207 (24.7%)	1373 (28.1%)	793 (16.3%)	397 (8.1%)	1103 (22.7%)	1047 (21.6%)	1227 (25.3%)	919 (18.9%)	368 (7.6%)	189 (3.9%)	1276 (26.1%)	2713 (55.5%)	724 (14.8%)	107 (2.2%)	65 (1.3%)		

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々とは力を合わせて解決しようとする。

	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	
男性	-39	25 (16.2%)	82 (53.2%)	35 (22.7%)	6 (3.9%)	6 (3.9%)	45 (28.2%)	87 (56.5%)	21 (13.6%)	1 (0.6%)	0 (0.0%)	32 (20.8%)	73 (47.4%)	39 (25.3%)	8 (5.2%)	2 (1.3%)
	40-44	8 (8.8%)	44 (48.8%)	39 (41.5%)	3 (3.2%)	0 (0.0%)	24 (25.5%)	59 (62.8%)	11 (11.7%)	0 (0.0%)	0 (0.0%)	16 (17.0%)	52 (55.3%)	25 (26.6%)	1 (1.1%)	0 (0.0%)
	45-49	12 (14.5%)	34 (41.0%)	32 (38.6%)	4 (4.8%)	1 (1.2%)	22 (26.5%)	52 (62.7%)	8 (9.6%)	1 (1.2%)	0 (0.0%)	16 (19.3%)	45 (54.2%)	18 (21.7%)	4 (4.8%)	0 (0.0%)
	50-54	9 (9.7%)	53 (57.0%)	26 (28.0%)	5 (5.4%)	0 (0.0%)	16 (17.2%)	71 (76.3%)	5 (5.4%)	1 (1.1%)	0 (0.0%)	11 (11.8%)	54 (58.1%)	24 (25.8%)	3 (3.2%)	1 (1.1%)
	55-59	13 (9.4%)	80 (57.6%)	40 (28.8%)	5 (3.6%)	1 (0.7%)	30 (21.6%)	96 (69.1%)	11 (7.9%)	1 (0.7%)	1 (0.7%)	17 (12.2%)	85 (61.2%)	29 (20.9%)	6 (4.3%)	2 (1.4%)
	60-64	54 (21.0%)	137 (53.3%)	59 (22.6%)	3 (1.9%)	3 (1.2%)	96 (37.4%)	143 (55.6%)	12 (4.7%)	4 (1.6%)	2 (0.8%)	52 (24.2%)	148 (57.9%)	41 (16.0%)	4 (0.4%)	4 (1.6%)
	65-69	49 (18.3%)	144 (53.7%)	67 (25.0%)	5 (1.9%)	3 (1.1%)	113 (42.2%)	129 (48.1%)	19 (7.1%)	4 (1.5%)	3 (1.1%)	68 (25.4%)	143 (53.4%)	46 (17.2%)	7 (2.6%)	4 (1.5%)
	70-74	85 (25.1%)	170 (50.3%)	66 (19.5%)	9 (2.7%)	8 (2.4%)	167 (48.4%)	141 (41.7%)	14 (4.1%)	8 (2.4%)	8 (2.4%)	106 (31.4%)	163 (48.2%)	52 (15.4%)	7 (2.1%)	10 (3.0%)
	75-79	82 (29.6%)	133 (48.0%)	51 (18.4%)	7 (2.5%)	4 (1.4%)	137 (49.3%)	104 (37.4%)	18 (6.5%)	3 (1.1%)	16 (5.8%)	100 (36.0%)	127 (45.7%)	34 (12.2%)	6 (2.2%)	11 (4.0%)
	80-	60 (33.3%)	84 (46.7%)	26 (14.4%)	9 (5.0%)	1 (0.6%)	85 (47.2%)	75 (41.7%)	13 (7.2%)	2 (1.1%)	5 (2.8%)	73 (40.6%)	73 (40.6%)	24 (13.3%)	6 (3.3%)	4 (2.2%)
	合計	397 (21.1%)	961 (51.0%)	440 (23.4%)	58 (3.1%)	27 (1.4%)	735 (39.0%)	957 (50.8%)	132 (7.0%)	25 (1.3%)	35 (1.8%)	501 (26.6%)	963 (51.1%)	332 (17.6%)	49 (2.6%)	38 (2.0%)
女性	-39	43 (14.0%)	163 (53.1%)	76 (24.8%)	16 (5.2%)	9 (2.9%)	103 (33.0%)	187 (60.9%)	11 (3.6%)	4 (1.3%)	2 (0.7%)	70 (22.8%)	166 (54.1%)	64 (20.8%)	6 (2.0%)	1 (0.3%)
	40-44	16 (10.6%)	81 (47.6%)	59 (34.1%)	9 (5.3%)	4 (2.4%)	62 (36.5%)	91 (53.5%)	9 (9.4%)	0 (0.0%)	0 (0.0%)	30 (17.6%)	98 (57.6%)	33 (19.4%)	8 (4.7%)	1 (0.6%)
	45-49	23 (13.6%)	80 (47.3%)	54 (32.0%)	7 (4.1%)	5 (3.0%)	65 (38.5%)	92 (54.4%)	11 (6.5%)	1 (0.6%)	1 (0.6%)	36 (21.3%)	92 (54.4%)	32 (18.9%)	6 (3.6%)	3 (1.8%)
	50-54	16 (9.6%)	87 (52.4%)	57 (34.3%)	3 (1.8%)	3 (1.8%)	58 (34.7%)	99 (59.3%)	6 (3.6%)	4 (2.4%)	0 (0.0%)	25 (15.0%)	95 (56.9%)	40 (24.0%)	6 (3.6%)	1 (0.6%)
	55-59	34 (12.0%)	140 (49.3%)	94 (33.1%)	11 (3.9%)	5 (1.8%)	132 (46.5%)	138 (48.6%)	11 (3.9%)	1 (0.4%)	2 (0.7%)	69 (24.3%)	137 (48.2%)	63 (22.2%)	12 (4.2%)	3 (1.1%)
	60-64	70 (15.7%)	214 (48.1%)	138 (31.0%)	17 (3.8%)	6 (1.3%)	227 (51.0%)	194 (43.6%)	18 (4.0%)	2 (0.4%)	4 (0.9%)	104 (23.4%)	216 (48.5%)	103 (23.1%)	15 (3.4%)	7 (1.6%)
	65-69	92 (22.6%)	201 (49.4%)	98 (24.1%)	9 (2.2%)	7 (1.7%)	223 (54.9%)	158 (38.9%)	13 (3.2%)	3 (0.7%)	9 (2.2%)	133 (32.7%)	205 (50.4%)	54 (13.3%)	6 (1.5%)	9 (2.2%)
	70-74	149 (30.4%)	226 (46.1%)	96 (19.6%)	8 (1.6%)	11 (2.2%)	310 (63.1%)	145 (29.5%)	18 (3.7%)	6 (1.2%)	12 (2.4%)	185 (37.7%)	197 (40.1%)	82 (16.7%)	15 (3.1%)	12 (2.4%)
	75-79	118 (34.7%)	159 (46.8%)	46 (13.5%)	8 (2.4%)	9 (2.6%)	200 (56.8%)	112 (32.9%)	14 (4.1%)	2 (0.6%)	12 (3.5%)	131 (38.6%)	144 (42.5%)	43 (12.7%)	12 (3.5%)	9 (2.7%)
	80-	94 (41.6%)	82 (36.3%)	35 (15.5%)	11 (4.9%)	4 (1.8%)	142 (63.1%)	63 (28.0%)	9 (4.0%)	4 (1.8%)	7 (3.1%)	105 (46.7%)	79 (35.1%)	28 (12.4%)	4 (4.0%)	4 (1.8%)
	合計	657 (21.9%)	1433 (47.7%)	752 (25.0%)	99 (3.3%)	63 (2.1%)	1522 (50.7%)	1279 (42.8%)	127 (4.2%)	27 (0.9%)	49 (1.6%)	888 (29.6%)	1429 (47.6%)	542 (18.0%)	95 (3.2%)	50 (1.7%)
合計	-39	68 (14.8%)	245 (53.1%)	111 (24.1%)	22 (4.8%)	15 (3.3%)	148 (32.1%)	274 (59.4%)	32 (6.9%)	5 (1.1%)	2 (0.4%)	102 (22.1%)	239 (51.8%)	103 (22.3%)	14 (3.0%)	3 (0.7%)
	40-44	26 (9.8%)	125 (47.3%)	97 (36.7%)	12 (4.5%)	4 (1.5%)	86 (32.6%)	150 (56.8%)	27 (10.2%)	1 (0.4%)	0 (0.0%)	46 (17.4%)	150 (56.8%)	58 (22.0%)	9 (3.4%)	1 (0.4%)
	45-49	35 (13.9%)	114 (45.2%)	86 (34.1%)	11 (4.4%)	6 (2.4%)	87 (34.5%)	144 (57.1%)	19 (7.5%)	1 (0.4%)	1 (0.4%)	52 (20.6%)	137 (54.4%)	50 (19.8%)	10 (4.0%)	3 (1.2%)
	50-54	25 (9.7%)	140 (54.1%)	83 (32.0%)	8 (3.1%)	3 (1.2%)	74 (28.5%)	170 (65.4%)	11 (4.2%)	5 (1.9%)	0 (0.0%)	36 (13.8%)	149 (57.3%)	64 (24.6%)	9 (3.5%)	2 (0.8%)
	55-59	47 (11.1%)	220 (52.0%)	134 (31.7%)	16 (3.8%)	6 (1.4%)	162 (38.3%)	234 (55.3%)	22 (5.2%)	2 (0.5%)	3 (0.7%)	86 (20.3%)	222 (52.5%)	92 (21.7%)	18 (4.3%)	5 (1.2%)
	60-64	124 (17.7%)	351 (50.0%)	196 (27.9%)	22 (3.1%)	9 (1.3%)	323 (46.0%)	337 (48.0%)	30 (4.3%)	6 (0.9%)	6 (0.9%)	166 (23.7%)	364 (51.9%)	144 (20.5%)	16 (2.3%)	11 (1.6%)
	65-69	141 (20.9%)	345 (51.1%)	165 (24.4%)	14 (2.1%)	10 (1.5%)	336 (49.9%)	287 (42.6%)	32 (4.7%)	7 (1.0%)	12 (1.8%)	201 (29.8%)	348 (51.6%)	100 (14.8%)	13 (1.9%)	13 (1.9%)
	70-74	234 (28.3%)	396 (47.8%)	162 (19.6%)	17 (2.1%)	19 (2.3%)	477 (57.5%)	286 (34.5%)	32 (3.9%)	14 (1.7%)	20 (2.4%)	291 (35.1%)	360 (43.4%)	134 (16.2%)	22 (2.7%)	22 (2.7%)
	75-79	200 (32.4%)	292 (47.3%)	97 (15.7%)	15 (2.4%)	13 (2.1%)	337 (54.5%)	216 (35.0%)	32 (5.2%)	5 (0.8%)	28 (4.5%)	231 (37.4%)	271 (43.9%)	77 (12.5%)	18 (2.9%)	20 (3.2%)
	80-	154 (37.9%)	166 (40.9%)	61 (15.0%)	20 (4.9%)	5 (1.2%)	227 (56.0%)	138 (34.1%)	22 (5.4%)	6 (1.5%)	12 (3.0%)	178 (44.0%)	152 (37.5%)	52 (12.8%)	15 (3.7%)	8 (2.0%)
	合計	1054 (21.6%)	2394 (49.0%)	1192 (24.4%)	157 (3.2%)	90 (1.8%)	2257 (46.2%)	2238 (45.7%)	259 (5.3%)	52 (1.1%)	84 (1.7%)	1389 (28.4%)	2392 (48.9%)	874 (17.9%)	144 (2.9%)	88 (1.8%)

【7】現在の活動状況についておたずねします。

(1) そうじをしたり、重いものを持ち上げたりするなど、
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす
時間は1日平均してどれくらいですか。

	(1) 体を使うような仕事をしていますか。					(2) 仕事を含め、平均してどれくらい外出していますか。					(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。				
	ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下		
男性	-39	82 (53.2%)	35 (22.7%)	16 (10.4%)	7 (4.5%)	14 (9.1%)	132 (85.7%)	13 (8.4%)	5 (3.2%)	0 (0.0%)	4 (2.6%)	62 (40.3%)	41 (26.6%)	51 (33.1%)	18 (11.7%)	41 (26.6%)	95 (61.7%)	
		57 (60.6%)	15 (16.0%)	8 (8.5%)	3 (3.2%)	11 (11.7%)	81 (86.2%)	8 (8.5%)	3 (3.2%)	0 (0.0%)	2 (2.1%)	38 (40.4%)	27 (28.7%)	29 (30.9%)	7 (7.4%)	23 (24.5%)	64 (68.1%)	
	40-44	45 (54.2%)	11 (13.3%)	13 (15.7%)	2 (2.4%)	12 (14.5%)	65 (78.3%)	13 (15.7%)	5 (6.0%)	0 (0.0%)	0 (0.0%)	26 (31.3%)	22 (26.5%)	35 (42.2%)	6 (7.2%)	23 (27.7%)	54 (65.1%)	
	45-49	53 (57.0%)	20 (21.5%)	9 (9.7%)	4 (4.3%)	7 (7.5%)	79 (84.9%)	11 (11.8%)	2 (2.2%)	1 (1.1%)	0 (0.0%)	31 (33.3%)	29 (31.2%)	33 (35.5%)	7 (7.5%)	18 (19.4%)	68 (73.1%)	
	50-54	85 (61.2%)	22 (15.8%)	18 (12.9%)	4 (2.9%)	10 (7.2%)	108 (77.7%)	21 (15.1%)	8 (5.8%)	2 (1.4%)	0 (0.0%)	64 (46.4%)	36 (26.1%)	38 (27.5%)	7 (5.0%)	32 (23.0%)	100 (71.9%)	
	55-59	161 (62.6%)	54 (21.0%)	22 (8.6%)	4 (1.6%)	16 (6.2%)	180 (70.3%)	55 (21.5%)	18 (7.0%)	1 (0.4%)	2 (0.8%)	108 (42.0%)	85 (33.1%)	64 (24.9%)	11 (4.3%)	57 (22.3%)	188 (73.4%)	
	60-64	174 (64.9%)	58 (21.6%)	16 (6.0%)	3 (1.1%)	17 (6.3%)	182 (67.9%)	65 (24.3%)	19 (7.1%)	1 (0.4%)	1 (0.4%)	114 (42.5%)	86 (32.1%)	68 (25.4%)	13 (4.9%)	59 (22.3%)	192 (72.7%)	
	65-69	218 (64.7%)	68 (20.2%)	32 (9.5%)	3 (0.9%)	16 (4.7%)	214 (63.3%)	88 (26.0%)	30 (8.9%)	4 (1.2%)	2 (0.6%)	134 (39.9%)	123 (36.6%)	79 (23.5%)	15 (4.5%)	77 (23.0%)	243 (72.5%)	
	70-74	154 (55.4%)	59 (21.2%)	37 (13.3%)	3 (1.1%)	25 (9.0%)	156 (56.3%)	80 (28.9%)	28 (10.1%)	10 (3.6%)	3 (1.1%)	105 (37.9%)	97 (35.0%)	75 (27.1%)	17 (6.2%)	73 (26.4%)	186 (67.4%)	
	75-79	88 (48.9%)	40 (22.2%)	23 (12.8%)	3 (1.7%)	26 (14.4%)	85 (47.5%)	44 (24.6%)	34 (19.0%)	7 (3.9%)	9 (5.0%)	53 (29.4%)	66 (36.7%)	61 (33.9%)	24 (13.3%)	44 (24.4%)	112 (62.2%)	
	80-	1117 (59.3%)	382 (20.3%)	194 (10.3%)	36 (1.9%)	154 (8.2%)	1282 (68.2%)	398 (21.2%)	152 (8.1%)	26 (1.4%)	23 (1.2%)	735 (39.1%)	612 (32.6%)	533 (28.4%)	125 (6.7%)	447 (23.9%)	1302 (69.5%)	
	合計	197 (64.2%)	52 (16.9%)	39 (12.7%)	3 (1.0%)	16 (5.2%)	228 (74.5%)	57 (18.6%)	17 (5.6%)	1 (0.3%)	3 (1.0%)	118 (38.4%)	57 (18.6%)	132 (43.0%)	35 (11.4%)	108 (35.2%)	164 (53.4%)	
	女性	-39	104 (61.2%)	30 (17.6%)	18 (10.6%)	4 (2.4%)	14 (8.2%)	129 (75.9%)	26 (15.3%)	13 (7.6%)	1 (0.6%)	1 (0.6%)	48 (28.2%)	55 (32.4%)	67 (39.4%)	16 (9.4%)	61 (35.9%)	93 (54.7%)
		40-44	111 (65.7%)	33 (19.5%)	15 (8.9%)	1 (0.6%)	9 (5.3%)	117 (69.2%)	40 (23.7%)	11 (6.5%)	1 (0.6%)	0 (0.0%)	46 (27.5%)	54 (32.3%)	67 (40.1%)	18 (10.7%)	63 (37.5%)	87 (51.8%)
45-49		121 (73.3%)	22 (13.3%)	15 (9.1%)	2 (1.2%)	5 (3.0%)	93 (55.7%)	58 (34.7%)	14 (8.4%)	0 (0.0%)	2 (1.2%)	59 (35.8%)	38 (23.0%)	68 (41.2%)	9 (5.4%)	59 (35.3%)	99 (59.3%)	
50-54		209 (74.1%)	50 (17.7%)	12 (4.3%)	2 (0.7%)	9 (3.2%)	133 (46.8%)	93 (32.7%)	48 (16.9%)	7 (2.5%)	3 (1.1%)	105 (37.1%)	82 (29.0%)	96 (33.9%)	6 (2.1%)	78 (27.7%)	158 (70.2%)	
55-59		330 (74.3%)	71 (16.0%)	26 (5.9%)	4 (0.9%)	13 (2.9%)	205 (46.4%)	152 (34.4%)	77 (17.4%)	4 (0.9%)	4 (0.9%)	134 (30.3%)	179 (40.5%)	129 (29.2%)	21 (4.8%)	121 (27.4%)	299 (67.8%)	
60-64		325 (79.9%)	58 (14.3%)	15 (3.7%)	2 (0.5%)	7 (1.7%)	191 (43.6%)	91 (32.3%)	85 (20.9%)	11 (2.7%)	2 (0.5%)	152 (37.6%)	140 (34.7%)	112 (27.7%)	15 (3.7%)	83 (20.7%)	303 (75.6%)	
65-69		375 (76.4%)	72 (14.7%)	26 (5.3%)	7 (1.4%)	11 (2.2%)	183 (39.0%)	91 (37.3%)	163 (18.6%)	16 (3.3%)	9 (1.8%)	163 (33.5%)	178 (36.6%)	146 (30.0%)	23 (4.7%)	99 (20.2%)	367 (75.1%)	
70-74		234 (68.8%)	49 (14.4%)	32 (9.4%)	2 (0.6%)	23 (6.8%)	127 (37.5%)	108 (31.9%)	72 (21.2%)	21 (6.2%)	11 (3.2%)	113 (33.3%)	119 (35.1%)	107 (31.6%)	16 (4.7%)	85 (25.1%)	238 (70.2%)	
75-79		143 (63.3%)	33 (14.6%)	22 (9.7%)	5 (2.2%)	23 (10.2%)	81 (36.0%)	62 (27.6%)	51 (22.7%)	19 (8.4%)	12 (5.3%)	69 (30.7%)	78 (34.7%)	78 (34.7%)	27 (12.0%)	63 (28.0%)	135 (60.0%)	
80-		2149 (71.6%)	470 (15.7%)	220 (7.3%)	32 (1.1%)	130 (4.3%)	1481 (49.4%)	910 (30.4%)	479 (16.0%)	81 (2.7%)	47 (1.6%)	1007 (33.7%)	980 (32.8%)	1002 (33.5%)	186 (6.2%)	820 (27.4%)	1983 (66.3%)	
合計		279 (60.5%)	87 (18.9%)	55 (11.9%)	10 (2.2%)	30 (6.5%)	360 (78.3%)	70 (15.2%)	22 (4.8%)	1 (0.2%)	7 (1.5%)	180 (39.0%)	98 (21.3%)	183 (39.7%)	53 (11.5%)	149 (32.3%)	259 (56.2%)	
合計		-39	161 (61.0%)	45 (17.0%)	26 (9.8%)	7 (2.7%)	25 (9.5%)	210 (79.5%)	34 (12.9%)	16 (6.1%)	3 (0.4%)	3 (1.1%)	86 (32.6%)	82 (31.1%)	96 (36.4%)	23 (8.7%)	84 (31.8%)	157 (58.5%)
		40-44	156 (61.9%)	44 (17.5%)	28 (11.1%)	3 (1.2%)	21 (8.3%)	182 (72.2%)	53 (21.0%)	16 (6.3%)	1 (0.4%)	0 (0.0%)	72 (28.8%)	76 (30.4%)	102 (40.8%)	24 (9.6%)	86 (34.3%)	141 (56.2%)
		45-49	174 (67.4%)	42 (16.3%)	24 (9.3%)	6 (2.3%)	12 (4.7%)	172 (66.2%)	69 (26.5%)	16 (6.2%)	1 (0.4%)	2 (0.8%)	90 (34.9%)	67 (26.0%)	101 (39.1%)	16 (6.2%)	77 (29.6%)	167 (64.2%)
	50-54	294 (69.8%)	72 (17.1%)	30 (7.1%)	6 (1.4%)	19 (4.5%)	241 (57.0%)	114 (27.0%)	56 (13.2%)	9 (2.1%)	3 (0.7%)	169 (40.1%)	118 (28.0%)	134 (31.8%)	13 (3.1%)	110 (26.1%)	298 (70.8%)	
	55-59	491 (70.0%)	125 (17.8%)	48 (6.8%)	8 (1.1%)	29 (4.1%)	385 (55.2%)	207 (29.7%)	95 (13.6%)	5 (0.7%)	6 (0.9%)	242 (34.6%)	264 (37.8%)	193 (27.6%)	32 (4.6%)	178 (25.5%)	487 (69.9%)	
	60-64	499 (73.9%)	116 (17.2%)	31 (4.6%)	5 (0.7%)	24 (3.6%)	359 (53.3%)	196 (29.1%)	104 (15.4%)	12 (1.8%)	3 (0.4%)	266 (39.6%)	226 (33.6%)	180 (26.8%)	28 (4.2%)	142 (21.4%)	495 (74.4%)	
	65-69	593 (71.6%)	140 (16.9%)	58 (7.0%)	10 (1.2%)	27 (3.3%)	405 (48.9%)	271 (32.7%)	121 (14.6%)	20 (2.4%)	11 (1.3%)	297 (36.1%)	301 (36.6%)	225 (27.3%)	38 (4.6%)	176 (21.4%)	610 (74.0%)	
	70-74	388 (62.8%)	108 (17.5%)	69 (11.2%)	5 (0.8%)	48 (7.8%)	283 (45.9%)	188 (30.5%)	100 (16.2%)	31 (5.0%)	14 (2.3%)	218 (35.4%)	216 (35.1%)	182 (29.5%)	33 (5.4%)	158 (25.7%)	424 (68.9%)	
	75-79	231 (56.9%)	73 (18.0%)	45 (11.1%)	8 (2.0%)	49 (12.1%)	166 (41.1%)	106 (26.2%)	85 (21.0%)	26 (6.4%)	21 (5.2%)	122 (30.1%)	144 (35.6%)	139 (34.3%)	51 (12.6%)	107 (26.4%)	247 (61.0%)	
	80-	3266 (66.9%)	852 (17.4%)	414 (8.5%)	68 (1.4%)	284 (5.8%)	2763 (56.8%)	1308 (26.8%)	631 (12.9%)	107 (2.2%)	70 (1.4%)	1742 (35.8%)	1592 (32.7%)	1535 (31.5%)	311 (6.4%)	1267 (26.1%)	3285 (67.6%)	

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	64 (41.6%)	90 (58.4%)
	40-44	52 (55.9%)	41 (44.1%)
	45-49	36 (43.4%)	47 (56.6%)
	50-54	40 (43.0%)	53 (57.0%)
	55-59	55 (39.9%)	83 (60.1%)
	60-64	98 (38.6%)	156 (61.4%)
	65-69	110 (42.0%)	152 (58.0%)
	70-74	121 (36.0%)	215 (64.0%)
	75-79	114 (41.8%)	159 (58.2%)
	80-	85 (48.0%)	92 (52.0%)
	合計	775 (41.6%)	1088 (58.4%)
	女性	-39	171 (56.4%)
40-44		96 (56.5%)	74 (43.5%)
45-49		87 (52.1%)	80 (47.9%)
50-54		94 (58.0%)	68 (42.0%)
55-59		152 (54.5%)	127 (45.5%)
60-64		214 (48.5%)	227 (51.5%)
65-69		183 (45.8%)	217 (54.3%)
70-74		233 (48.2%)	250 (51.8%)
75-79		171 (50.7%)	166 (49.3%)
80-		111 (50.5%)	109 (49.5%)
合計		1512 (51.0%)	1450 (49.0%)
合計		-39	235 (51.4%)
	40-44	148 (56.3%)	115 (43.7%)
	45-49	123 (49.2%)	127 (50.8%)
	50-54	134 (52.5%)	121 (47.5%)
	55-59	207 (49.6%)	210 (50.4%)
	60-64	312 (44.9%)	383 (55.1%)
	65-69	293 (44.3%)	369 (55.7%)
	70-74	354 (43.2%)	465 (56.8%)
	75-79	285 (46.7%)	325 (53.3%)
	80-	196 (49.4%)	201 (50.6%)
	合計	2287 (47.4%)	2538 (52.6%)

(2) どのような症状ですか。あてはまるものすべてに○を付けて下さい。

	手足の関節 が痛む	いらいらし やすい	頭痛	めまい	動悸	息切れ	せきやたん が出る	ゼイゼイす る	下痢	便秘	食欲不振	腹痛・胃痛	痔による痛 み・出血など	歯が痛い	歯ぐきのは れ・出血	かみくにい る	かゆみ(湿 疹・水虫など)	腰痛	尿失禁(尿 がもれる)	足のむくみ やだるさ	尿が出にく い・排尿時 痛い	切り傷・や けどなどの けが	月経不順・ 月経痛	骨折・ねん ざ・脱臼	もの忘れが 増えた	その他
男性	-39	5 (2.1%)	13 (10.1%)	22 (23.9%)	11 (20.0%)	1 (3.0%)	2 (3.6%)	18 (12.3%)	1 (3.1%)	5 (8.3%)	3 (3.1%)	5 (20.0%)	11 (18.0%)	1 (3.4%)	5 (9.6%)	3 (5.7%)	0 (0.0%)	10 (7.2%)	23 (6.8%)	0 (0.0%)	6 (8.3%)	1 (2.2%)	6 (25.0%)	2 (8.0%)	2 (2.9%)	6 (8.0%)
	40-44	8 (3.4%)	15 (11.6%)	11 (12.0%)	4 (7.3%)	0 (0.0%)	1 (1.8%)	13 (8.9%)	2 (6.3%)	5 (8.3%)	4 (4.1%)	1 (4.0%)	2 (3.3%)	5 (9.6%)	3 (5.7%)	2 (4.3%)	7 (5.0%)	25 (7.4%)	0 (0.0%)	2 (2.8%)	0 (0.0%)	1 (4.2%)	1 (4.0%)	1 (1.9%)	4 (6.7%)	5 (6.7%)
	45-49	7 (3.0%)	9 (7.0%)	10 (10.9%)	3 (5.5%)	3 (9.1%)	3 (4.8%)	7 (9.4%)	3 (9.4%)	4 (6.2%)	2 (2.0%)	1 (4.0%)	5 (8.2%)	1 (3.4%)	6 (11.5%)	4 (7.5%)	1 (2.2%)	6 (4.3%)	14 (4.1%)	0 (0.0%)	6 (8.3%)	0 (0.0%)	1 (4.2%)	3 (12.0%)	6 (2.9%)	8 (10.7%)
	50-54	6 (2.6%)	6 (4.7%)	7 (7.6%)	1 (1.8%)	1 (3.0%)	4 (7.1%)	6 (4.1%)	0 (0.0%)	4 (6.2%)	2 (2.0%)	0 (4.9%)	2 (6.9%)	4 (7.7%)	5 (9.4%)	2 (4.3%)	3 (2.2%)	15 (4.4%)	1 (1.6%)	1 (1.4%)	1 (2.2%)	3 (12.5%)	1 (8.0%)	2 (1.0%)	2 (6.7%)	5 (6.7%)
	55-59	3 (1.2%)	10 (7.8%)	4 (4.3%)	1 (1.8%)	0 (0.0%)	2 (3.6%)	9 (6.2%)	2 (9.4%)	9 (15.0%)	2 (2.0%)	0 (4.0%)	2 (6.9%)	1 (3.4%)	4 (7.7%)	2 (4.3%)	2 (2.2%)	6 (4.4%)	26 (7.7%)	3 (4.8%)	3 (4.2%)	3 (12.5%)	3 (8.0%)	1 (1.0%)	9 (14.7%)	11 (14.7%)
	60-64	39 (16.6%)	14 (10.9%)	8 (9.8%)	7 (7.3%)	4 (27.3%)	9 (16.1%)	17 (11.6%)	6 (18.8%)	10 (16.7%)	10 (10.2%)	2 (8.0%)	4 (23.0%)	6 (13.8%)	7 (11.5%)	5 (13.2%)	16 (10.9%)	51 (15.1%)	2 (3.2%)	10 (13.9%)	5 (11.1%)	8 (4.2%)	4 (8.0%)	4 (2.9%)	29 (12.6%)	12 (6.7%)
	65-69	47 (20.0%)	15 (11.8%)	8 (8.7%)	7 (12.7%)	4 (12.1%)	7 (12.5%)	17 (11.6%)	4 (12.5%)	5 (8.3%)	7 (7.1%)	4 (16.0%)	11 (18.0%)	6 (12.7%)	4 (7.7%)	6 (11.3%)	5 (16.5%)	49 (14.5%)	9 (14.3%)	10 (13.9%)	8 (17.8%)	3 (12.5%)	4 (16.0%)	4 (14.0%)	29 (16.0%)	12 (6.7%)
	70-74	45 (19.1%)	21 (16.3%)	7 (7.6%)	8 (14.5%)	5 (15.2%)	14 (10.3%)	15 (15.6%)	5 (10.0%)	6 (14.3%)	14 (16.0%)	4 (9.8%)	6 (10.3%)	3 (15.4%)	8 (13.2%)	7 (21.7%)	10 (15.8%)	48 (14.2%)	11 (17.5%)	12 (16.7%)	11 (24.4%)	2 (8.3%)	4 (16.0%)	4 (16.4%)	34 (14.7%)	11 (6.7%)
	75-79	41 (17.4%)	13 (10.1%)	8 (8.7%)	9 (16.4%)	6 (18.2%)	8 (14.3%)	19 (13.0%)	4 (12.5%)	6 (24.5%)	24 (16.0%)	4 (9.8%)	2 (6.9%)	1 (15.4%)	5 (7.5%)	6 (28.3%)	13 (18.0%)	53 (15.7%)	16 (25.4%)	11 (15.3%)	12 (26.7%)	3 (12.5%)	3 (12.0%)	47 (22.7%)	7 (9.3%)	
	80-	29 (12.3%)	13 (10.1%)	6 (6.5%)	7 (12.7%)	4 (12.1%)	6 (10.7%)	25 (17.1%)	4 (12.5%)	6 (30.6%)	30 (12.0%)	3 (1.6%)	1 (3.4%)	5 (9.6%)	6 (11.3%)	6 (13.0%)	21 (15.1%)	34 (10.1%)	21 (33.3%)	11 (15.3%)	4 (8.9%)	1 (4.2%)	3 (12.0%)	3 (21.3%)	44 (6.7%)	5 (6.7%)
	合計	235 (100.0%)	129 (100.0%)	92 (100.0%)	55 (100.0%)	33 (100.0%)	56 (100.0%)	146 (100.0%)	32 (100.0%)	60 (100.0%)	98 (100.0%)	25 (100.0%)	61 (100.0%)	29 (100.0%)	52 (100.0%)	53 (100.0%)	46 (100.0%)	139 (100.0%)	63 (100.0%)	72 (100.0%)	45 (100.0%)	24 (100.0%)	25 (100.0%)	207 (100.0%)	75 (100.0%)	
女性	-39	8 (1.7%)	66 (17.7%)	65 (18.9%)	19 (9.8%)	14 (11.5%)	5 (6.3%)	28 (15.8%)	5 (17.9%)	17 (34.0%)	7 (17.9%)	31 (17.9%)	5 (11.1%)	15 (16.7%)	11 (10.8%)	2 (1.9%)	41 (17.8%)	46 (0.0%)	20 (9.0%)	2 (7.7%)	7 (17.5%)	43 (44.8%)	3 (9.1%)	19 (4.0%)	19 (15.2%)	25 (6.2%)
	40-44	12 (2.5%)	43 (11.5%)	26 (7.5%)	19 (9.8%)	9 (6.6%)	4 (5.1%)	16 (9.0%)	1 (3.6%)	6 (12.0%)	14 (4.8%)	1 (2.6%)	6 (13.3%)	4 (4.4%)	6 (5.9%)	3 (2.8%)	32 (3.5%)	3 (5.0%)	3 (1.8%)	21 (9.5%)	3 (3.8%)	7 (17.5%)	22 (22.9%)	2 (6.1%)	22 (4.7%)	20 (12.2%)
	45-49	18 (3.7%)	29 (7.8%)	29 (8.4%)	13 (6.7%)	8 (6.6%)	3 (3.8%)	11 (6.2%)	2 (7.1%)	5 (10.0%)	12 (7.7%)	4 (9.2%)	4 (8.9%)	6 (6.7%)	8 (7.8%)	3 (2.8%)	6 (4.5%)	29 (2.4%)	4 (5.9%)	13 (3.8%)	1 (15.0%)	6 (22.9%)	1 (3.0%)	16 (3.4%)	16 (9.8%)	
	50-54	34 (7.1%)	27 (7.2%)	34 (9.9%)	11 (5.7%)	14 (11.5%)	6 (7.6%)	12 (6.8%)	1 (4.0%)	2 (4.8%)	14 (5.1%)	2 (6.4%)	5 (11.1%)	4 (4.4%)	12 (11.8%)	5 (4.6%)	8 (3.5%)	34 (5.3%)	6 (3.6%)	24 (10.9%)	2 (7.7%)	0 (8.3%)	8 (0.0%)	0 (4.0%)	19 (11.6%)	
	55-59	44 (9.1%)	39 (10.5%)	36 (10.4%)	20 (10.4%)	10 (8.2%)	6 (7.6%)	23 (13.0%)	2 (7.1%)	1 (2.0%)	19 (6.5%)	20 (5.1%)	4 (8.9%)	12 (13.3%)	10 (9.8%)	6 (5.6%)	19 (8.3%)	60 (3.6%)	20 (9.0%)	2 (7.7%)	3 (7.5%)	1 (1.0%)	1 (3.0%)	30 (6.4%)	21 (12.8%)	
	60-64	62 (12.9%)	45 (12.1%)	54 (15.7%)	25 (13.0%)	8 (6.6%)	5 (6.3%)	31 (17.5%)	3 (7.1%)	30 (6.0%)	24 (5.1%)	5 (13.9%)	18 (11.1%)	14 (20.0%)	14 (13.7%)	14 (13.0%)	30 (15.1%)	97 (10.9%)	21 (9.5%)	0 (0.0%)	6 (15.0%)	1 (12.1%)	4 (12.1%)	4 (14.7%)	69 (12.8%)	
	65-69	80 (16.6%)	39 (10.5%)	28 (8.1%)	25 (13.0%)	19 (15.6%)	16 (20.3%)	15 (8.5%)	4 (17.9%)	3 (4.0%)	2 (10.9%)	32 (10.3%)	4 (9.8%)	7 (6.7%)	9 (10.0%)	16 (13.9%)	31 (14.0%)	106 (18.2%)	37 (9.0%)	33 (3.8%)	6 (10.0%)	4 (12.1%)	8 (14.0%)	106 (8.5%)	13 (7.9%)	
	70-74	93 (19.3%)	47 (12.8%)	41 (11.9%)	33 (17.1%)	21 (17.2%)	15 (19.0%)	21 (11.9%)	4 (14.3%)	3 (6.0%)	52 (17.7%)	9 (23.1%)	7 (15.0%)	17 (18.9%)	16 (15.7%)	31 (28.7%)	44 (19.1%)	106 (16.5%)	37 (22.4%)	33 (14.9%)	6 (23.1%)	4 (10.0%)	8 (24.2%)	106 (22.6%)	13 (7.9%)	
	75-79	63 (13.1%)	25 (6.7%)	19 (5.5%)	19 (9.8%)	11 (9.0%)	13 (16.5%)	12 (6.8%)	4 (14.3%)	7 (14.0%)	41 (12.8%)	5 (6.4%)	4 (8.9%)	3 (3.3%)	7 (6.9%)	13 (12.0%)	23 (10.0%)	85 (13.2%)	30 (18.2%)	24 (10.9%)	5 (19.2%)	2 (5.0%)	7 (21.2%)	7 (14.5%)	8 (4.9%)	
	80-	68 (14.1%)	13 (3.5%)	13 (3.8%)	9 (4.7%)	9 (7.4%)	6 (4.5%)	2 (7.1%)	4 (8.0%)	4 (13.3%)	5 (2.9%)	4 (4.4%)	2 (2.2%)	5 (5.9%)	2 (2.2%)	6 (12.0%)	13 (8.3%)	64 (10.0%)	31 (18.8%)	25 (11.3%)	6 (23.1%)	1 (2.5%)	3 (9.1%)	3 (11.7%)	55 (4.3%)	7 (4.3%)
	合計	482 (100.0%)	373 (100.0%)	345 (100.0%)	193 (100.0%)	122 (100.0%)	79 (100.0%)	177 (100.0%)	28 (100.0%)	50 (100.0%)	293 (100.0%)	39 (100.0%)	173 (100.0%)	45 (100.0%)	90 (100.0%)	102 (100.0%)	108 (100.0%)	230 (100.0%)	643 (100.0%)	165 (100.0%)	221 (100.0%)	26 (100.0%)	40 (100.0%)	96 (100.0%)	33 (100.0%)	470 (100.0%)
合計	-39	13 (1.8%)	79 (15.7%)	87 (19.9%)	30 (12.1%)	15 (9.7%)	7 (5.2%)	46 (14.2%)	6 (10.0%)	22 (11.0%)	43 (18.8%)	12 (17.9%)	42 (8.1%)	20 (14.1%)	14 (9.0%)	2 (1.3%)	51 (13.8%)	69 (7.0%)	0 (0.0%)	26 (8.9%)	3 (4.2%)	13 (20.3%)	5 (8.6%)	25 (3.7%)	31 (13.0%)	
	40-44	20 (2.8%)	58 (11.6%)	37 (8.5%)	23 (9.3%)	8 (5.2%)	5 (3.7%)	29 (9.0%)	3 (5.0%)	11 (10.0%)	18 (4.6%)	2 (3.1%)	11 (14.9%)	9 (6.3%)	9 (5.8%)	5 (3.2%)	15 (4.1%)	57 (5.8%)	3 (1.3%)	23 (7.8%)	1 (1.4%)	8 (12.5%)	3 (5.2%)	3 (3.8%)	26 (10.5%)	25 (6.7%)
	45-49	25 (3.5%)	38 (7.8%)	39 (8.9%)	16 (6.5%)	11 (7.1%)	6 (4.4%)	18 (5.6%)	5 (8.3%)	9 (8.2%)	14 (3.6%)	4 (9.0%)	5 (6.8%)	12 (8.5%)	12 (7.7%)	4 (2.6%)	12 (3.3%)	43 (4.4%)	4 (1.8%)	19 (6.5%)	1 (1.4%)	7 (10.9%)	4 (6.9%)	4 (3.2%)	22 (10.0%)	24 (6.7%)
	50-54	40 (5.6%)	33 (6.6%)	41 (9.4%)	12 (4.8%)	15 (9.7%)	10 (7.4%)	18 (5.6%)	1 (1.7%)	6 (5.9%)	16 (4.1%)	2 (3.1%)	7 (9.5%)	8 (5.6%)	17 (11.0%)	7 (4.9%)	11 (3.0%)	49 (5.0%)	3 (3.1%)	25 (8.5%)	3 (4.2%)	3 (4.7%)	2 (3.4%)	21 (3.1%)	24 (10.0%)	
	55-59	52 (7.3%)	49 (9.8%)	40 (9.2%)	21 (8.5%)	10 (6.5%)	8 (5.9%)	32 (9.9%)	5 (8.3%)	10 (9.1%)	21 (4.7%)	2 (9.4%)	8 (10.8%)	13 (9.2%)	18 (11.6%)	8 (5.2%)	25 (6.8%)	86 (8.8%)	9 (3.9%)	23 (7.8%)	5 (7.0%)	6 (9.4%)	2 (3.4%)	39 (5.8%)	32 (13.4%)	
	60-64	101 (14.1%)	59 (11.9%)	63 (14.4%)	29 (11.7%)	17 (11.0%)	14 (10.4%)	48 (14.9%)	8 (13.3%)	13 (11.8%)	40 (6.3%)	4 (16.2%)	9 (12.3%)	24 (16.9%)	21 (13.5%)	19 (12.3%)	46 (15.1%)	148 (8.8%)	20 (10.6%)	31 (7.0%)	5 (10.9%)	7 (10.9%)	6 (10.3%)	95 (14.0%)	26 (10.9%)	
	65-69	127 (17.7%)	54 (10.8%)	36 (8.2%)	32 (12.9%)	23 (14.8%)	23 (17.0%)	32 (9.9%)	9 (15.0%)	9 (6.4%)	66 (12.5%)	13 (12.0%)	10 (12.2%)	25 (9.2%)	23 (11.6%)	41 (14.9%)	66 (14.2%)	154 (17.1%)	48 (10.2%)	45 (12.7%)	6 (10.9%)	17 (13.8%)	12 (14.0%)	140 (10.9%)	24 (6.7%)	
	70-74	138 (19.2%)	68 (13.5%)	48 (11.0%)	41 (16.5%)	26 (16.8%)	29 (21.5%)	36 (11.1%)	9 (15.0%)	9 (8.2%)	66 (20.3%)	13 (13.7%)	10 (13.5%)	32 (17.6%)	25 (14.8%)	41 (26.6%)	66 (17.9%)	154 (15.7%)	48 (21.1%)	45 (23.9%)	17 (9.4%)	6 (20.7%)	12 (20.7%)	140 (10.0%)	24 (6.7%)	
	75-79	104 (14.5%)	38 (7.8%)	27 (6.2%)	28 (11.3%)	17 (11.0%)	21 (15.6%)	31 (9.6%)	8 (13.3%)	13 (11.8%)	65 (14.1%)	9														

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そわそわ、落ち着かなく感じましたか。

	1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そわそわ、落ち着かなく感じましたか。				
	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性															
-39	70 (45.5%)	49 (31.8%)	27 (17.5%)	6 (3.9%)	2 (1.3%)	85 (55.2%)	41 (26.6%)	20 (13.0%)	2 (1.3%)	6 (3.9%)	86 (55.8%)	46 (29.9%)	14 (9.1%)	4 (2.6%)	4 (2.6%)
40-44	40 (43.0%)	30 (32.3%)	17 (18.3%)	4 (4.3%)	2 (2.2%)	52 (55.3%)	23 (24.5%)	16 (17.0%)	2 (2.1%)	1 (1.1%)	49 (52.1%)	31 (33.0%)	11 (11.7%)	3 (3.2%)	0 (0.0%)
45-49	41 (49.4%)	22 (26.5%)	14 (16.9%)	6 (7.2%)	0 (0.0%)	53 (63.9%)	19 (22.9%)	9 (10.8%)	2 (2.4%)	0 (0.0%)	42 (50.6%)	31 (37.3%)	8 (9.6%)	2 (2.4%)	0 (0.0%)
50-54	39 (41.9%)	32 (34.4%)	14 (15.1%)	6 (6.5%)	2 (2.2%)	55 (59.1%)	25 (26.9%)	10 (10.8%)	2 (2.2%)	1 (1.1%)	51 (54.6%)	29 (31.2%)	11 (11.8%)	1 (1.1%)	1 (1.1%)
55-59	62 (44.6%)	49 (35.1%)	22 (15.8%)	4 (2.9%)	2 (1.4%)	78 (56.1%)	40 (28.8%)	14 (10.1%)	3 (2.2%)	4 (2.9%)	81 (58.3%)	34 (24.5%)	21 (15.1%)	2 (1.4%)	1 (0.7%)
60-64	117 (45.5%)	93 (36.2%)	38 (14.8%)	6 (2.3%)	3 (1.2%)	171 (66.5%)	66 (25.7%)	15 (5.8%)	1 (0.4%)	4 (1.6%)	150 (58.4%)	74 (28.8%)	28 (10.9%)	1 (0.4%)	4 (1.6%)
65-69	127 (47.6%)	78 (29.2%)	50 (18.7%)	5 (1.9%)	7 (2.6%)	173 (64.6%)	58 (21.6%)	29 (10.8%)	6 (2.2%)	2 (0.7%)	160 (59.7%)	83 (31.0%)	20 (7.5%)	4 (1.5%)	1 (0.4%)
70-74	182 (54.0%)	109 (32.3%)	35 (10.4%)	6 (1.8%)	5 (1.5%)	221 (65.8%)	71 (21.1%)	32 (9.5%)	7 (2.1%)	5 (1.5%)	223 (66.0%)	77 (22.8%)	34 (10.1%)	3 (0.9%)	1 (0.3%)
75-79	157 (56.7%)	83 (30.0%)	29 (10.5%)	2 (0.7%)	6 (2.2%)	199 (72.1%)	50 (18.1%)	19 (6.9%)	3 (1.1%)	5 (1.8%)	192 (69.1%)	58 (20.9%)	25 (9.0%)	1 (0.4%)	2 (0.7%)
80-	99 (55.3%)	52 (29.1%)	21 (11.7%)	4 (2.2%)	3 (1.7%)	128 (71.1%)	36 (20.0%)	12 (6.7%)	1 (0.6%)	3 (1.7%)	121 (67.6%)	38 (21.2%)	15 (8.4%)	0 (0.0%)	5 (2.8%)
合計	934 (49.7%)	597 (31.8%)	267 (14.2%)	49 (2.6%)	32 (1.7%)	1215 (64.6%)	429 (22.8%)	176 (9.4%)	29 (1.5%)	31 (1.6%)	1155 (61.3%)	501 (26.6%)	187 (9.9%)	21 (1.1%)	19 (1.0%)
女性															
-39	114 (37.1%)	106 (34.5%)	61 (19.9%)	11 (3.6%)	15 (4.9%)	177 (57.7%)	73 (23.8%)	43 (14.0%)	11 (3.6%)	3 (1.0%)	161 (52.6%)	92 (30.1%)	42 (13.7%)	9 (2.8%)	2 (0.7%)
40-44	51 (30.0%)	57 (33.5%)	37 (21.8%)	13 (7.6%)	12 (7.1%)	83 (48.8%)	40 (23.5%)	31 (18.2%)	12 (7.1%)	4 (2.4%)	75 (44.1%)	55 (32.4%)	24 (14.1%)	9 (5.3%)	7 (4.1%)
45-49	63 (37.3%)	49 (29.0%)	40 (23.7%)	14 (8.3%)	3 (1.8%)	97 (57.7%)	44 (26.2%)	23 (13.7%)	3 (1.8%)	1 (0.6%)	88 (52.1%)	47 (27.8%)	26 (15.4%)	7 (4.1%)	1 (0.6%)
50-54	37 (22.2%)	66 (39.5%)	49 (29.3%)	10 (6.0%)	5 (3.0%)	72 (43.1%)	58 (34.7%)	26 (15.6%)	5 (3.0%)	6 (3.6%)	59 (35.3%)	66 (39.5%)	29 (17.4%)	8 (4.8%)	5 (3.0%)
55-59	90 (31.9%)	105 (37.2%)	64 (22.7%)	9 (3.2%)	14 (5.0%)	144 (50.7%)	87 (30.6%)	41 (14.4%)	8 (2.8%)	4 (1.4%)	132 (46.6%)	103 (36.4%)	41 (14.5%)	3 (1.1%)	4 (1.4%)
60-64	129 (29.1%)	179 (40.4%)	101 (22.8%)	14 (3.2%)	20 (4.5%)	205 (46.3%)	143 (32.3%)	80 (18.1%)	4 (0.9%)	11 (2.5%)	212 (47.9%)	157 (35.4%)	59 (13.3%)	8 (1.8%)	7 (1.6%)
65-69	141 (34.9%)	150 (37.1%)	87 (21.5%)	11 (2.7%)	15 (3.7%)	213 (52.5%)	124 (30.5%)	48 (11.8%)	12 (3.0%)	9 (2.2%)	225 (55.7%)	118 (29.2%)	47 (11.6%)	10 (2.5%)	4 (1.0%)
70-74	188 (38.5%)	158 (32.4%)	102 (20.9%)	17 (3.5%)	23 (4.7%)	249 (51.0%)	142 (29.1%)	64 (13.1%)	14 (2.9%)	19 (3.9%)	238 (48.7%)	161 (32.9%)	67 (13.7%)	12 (2.5%)	11 (2.2%)
75-79	128 (38.2%)	131 (39.1%)	59 (17.6%)	8 (2.4%)	9 (2.7%)	169 (49.9%)	107 (31.6%)	48 (14.2%)	5 (1.5%)	10 (2.9%)	170 (50.4%)	93 (27.6%)	60 (17.8%)	6 (2.4%)	6 (1.8%)
80-	94 (41.6%)	78 (34.5%)	40 (17.7%)	6 (2.7%)	8 (3.5%)	129 (57.6%)	54 (24.1%)	27 (12.1%)	5 (2.2%)	9 (4.0%)	125 (55.6%)	55 (24.4%)	36 (16.0%)	4 (1.8%)	5 (2.2%)
合計	1035 (34.6%)	1079 (36.1%)	640 (21.4%)	113 (3.8%)	124 (4.1%)	1538 (51.3%)	872 (29.1%)	431 (14.4%)	79 (2.6%)	76 (2.5%)	1485 (49.6%)	947 (31.6%)	431 (14.4%)	78 (2.8%)	52 (1.7%)
合計															
-39	184 (39.9%)	155 (33.6%)	88 (19.1%)	17 (3.7%)	17 (3.7%)	262 (56.8%)	114 (24.7%)	63 (13.7%)	13 (2.8%)	9 (2.0%)	247 (53.7%)	138 (30.0%)	56 (12.2%)	13 (2.8%)	6 (1.3%)
40-44	91 (34.6%)	87 (33.1%)	54 (20.5%)	17 (6.5%)	14 (5.3%)	135 (51.1%)	63 (23.9%)	47 (17.8%)	14 (5.3%)	5 (1.9%)	124 (47.0%)	86 (32.6%)	35 (13.3%)	12 (4.5%)	7 (2.7%)
45-49	104 (41.3%)	71 (28.2%)	54 (21.4%)	20 (7.9%)	3 (1.2%)	150 (59.8%)	63 (25.1%)	32 (12.7%)	5 (2.0%)	1 (0.4%)	130 (51.6%)	78 (31.0%)	34 (13.5%)	9 (3.6%)	1 (0.4%)
50-54	76 (29.2%)	98 (37.7%)	63 (24.2%)	16 (6.2%)	7 (2.7%)	127 (48.8%)	83 (31.9%)	36 (13.8%)	7 (2.7%)	7 (2.7%)	110 (42.3%)	95 (36.5%)	40 (15.4%)	9 (3.5%)	6 (2.3%)
55-59	152 (36.1%)	154 (36.6%)	86 (20.4%)	13 (3.1%)	16 (3.8%)	222 (52.5%)	127 (30.0%)	55 (13.0%)	11 (2.8%)	8 (1.9%)	213 (50.5%)	137 (32.5%)	62 (14.7%)	5 (1.2%)	5 (1.2%)
60-64	246 (35.1%)	272 (38.9%)	139 (19.9%)	20 (2.9%)	23 (3.3%)	376 (53.7%)	209 (29.9%)	95 (13.6%)	5 (0.7%)	15 (2.1%)	362 (51.7%)	231 (33.0%)	87 (12.4%)	9 (1.3%)	11 (1.6%)
65-69	268 (39.9%)	228 (34.0%)	137 (20.4%)	16 (2.4%)	22 (3.3%)	386 (57.3%)	182 (27.0%)	77 (11.4%)	18 (2.7%)	11 (1.6%)	385 (57.3%)	201 (29.9%)	67 (10.0%)	14 (2.1%)	5 (0.7%)
70-74	370 (44.8%)	267 (32.4%)	137 (16.6%)	23 (2.8%)	28 (3.4%)	470 (57.0%)	213 (25.8%)	96 (11.7%)	21 (2.5%)	24 (2.9%)	461 (55.7%)	238 (28.8%)	101 (12.2%)	15 (1.8%)	12 (1.5%)
75-79	285 (46.6%)	214 (35.0%)	88 (14.4%)	10 (1.6%)	11 (2.5%)	368 (59.8%)	157 (25.5%)	67 (10.9%)	8 (1.3%)	15 (2.4%)	362 (58.9%)	151 (24.6%)	85 (13.8%)	9 (1.5%)	8 (1.3%)
80-	193 (47.7%)	130 (32.1%)	61 (15.1%)	10 (2.5%)	11 (2.7%)	257 (63.6%)	90 (22.3%)	39 (9.7%)	6 (1.5%)	12 (3.0%)	246 (60.9%)	93 (23.0%)	51 (12.6%)	4 (1.0%)	10 (2.5%)
合計	1969 (40.4%)	1676 (34.4%)	907 (18.6%)	162 (3.3%)	156 (3.2%)	2753 (56.5%)	1301 (26.7%)	607 (12.4%)	108 (2.2%)	107 (2.2%)	2640 (54.1%)	1448 (29.7%)	618 (12.7%)	99 (2.0%)	71 (1.5%)

4) 気分が沈み込んで、何が起っても
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	67 (43.5%)	57 (37.0%)	23 (14.9%)	3 (1.9%)	4 (2.6%)	78 (50.6%)	41 (26.6%)	28 (18.2%)	3 (1.9%)	4 (2.6%)	92 (59.7%)	40 (26.0%)	15 (9.7%)	5 (3.2%)	2 (1.3%)
		40 (42.6%)	30 (31.9%)	14 (14.9%)	7 (7.4%)	3 (3.2%)	45 (47.9%)	33 (35.1%)	9 (9.6%)	7 (7.4%)	0 (0.0%)	53 (57.0%)	19 (20.4%)	14 (15.1%)	5 (5.4%)	2 (2.2%)
	40-44	35 (42.2%)	35 (42.2%)	10 (12.0%)	3 (3.6%)	0 (0.0%)	43 (51.8%)	32 (38.6%)	6 (7.2%)	2 (2.4%)	0 (0.0%)	57 (68.7%)	17 (20.5%)	6 (7.2%)	1 (1.2%)	2 (2.4%)
	45-49	49 (52.7%)	27 (29.0%)	14 (15.1%)	2 (2.2%)	1 (1.1%)	47 (51.1%)	28 (30.4%)	16 (17.4%)	1 (1.1%)	0 (0.0%)	61 (65.6%)	25 (26.9%)	5 (5.4%)	1 (1.1%)	1 (1.1%)
	50-54	69 (49.6%)	44 (31.7%)	19 (13.7%)	5 (3.6%)	2 (1.4%)	80 (57.6%)	36 (25.9%)	18 (12.9%)	3 (2.2%)	2 (1.4%)	93 (66.9%)	27 (19.4%)	14 (10.1%)	4 (2.9%)	1 (0.7%)
	55-59	132 (51.4%)	88 (34.2%)	29 (11.3%)	4 (1.6%)	4 (1.6%)	150 (58.4%)	70 (27.2%)	27 (10.5%)	7 (2.7%)	3 (1.2%)	184 (72.2%)	49 (19.2%)	15 (5.9%)	2 (0.8%)	5 (2.0%)
	60-64	147 (54.9%)	77 (28.7%)	40 (14.9%)	2 (0.7%)	2 (0.7%)	147 (54.9%)	81 (30.2%)	31 (11.6%)	5 (1.9%)	4 (1.5%)	170 (63.7%)	63 (23.6%)	21 (7.9%)	4 (1.5%)	9 (3.4%)
	65-69	205 (60.7%)	97 (28.7%)	29 (8.6%)	6 (1.8%)	1 (0.3%)	205 (60.8%)	86 (25.5%)	35 (10.4%)	7 (2.1%)	4 (1.2%)	222 (66.1%)	65 (19.3%)	31 (9.2%)	6 (1.8%)	12 (3.6%)
	70-74	183 (66.1%)	60 (21.7%)	32 (11.6%)	1 (0.4%)	1 (0.4%)	180 (65.5%)	65 (23.6%)	25 (9.1%)	2 (0.7%)	3 (1.1%)	186 (67.1%)	54 (19.5%)	31 (11.2%)	1 (0.4%)	5 (1.8%)
	75-79	124 (69.3%)	35 (19.6%)	15 (8.4%)	2 (1.1%)	3 (1.7%)	95 (52.8%)	52 (28.9%)	21 (11.7%)	6 (3.3%)	6 (3.3%)	125 (69.4%)	32 (17.8%)	13 (7.2%)	3 (1.7%)	7 (3.9%)
	合計	1051 (55.8%)	550 (29.2%)	225 (12.0%)	35 (1.9%)	21 (1.1%)	1070 (56.9%)	524 (27.9%)	216 (11.5%)	43 (2.3%)	26 (1.4%)	1243 (66.2%)	391 (20.8%)	165 (8.8%)	32 (1.7%)	46 (2.5%)
女性	-39	110 (35.8%)	103 (33.6%)	70 (22.8%)	19 (6.2%)	5 (1.6%)	157 (51.3%)	96 (31.4%)	41 (13.4%)	6 (2.0%)	6 (2.0%)	171 (55.7%)	68 (22.1%)	48 (15.6%)	11 (3.6%)	9 (2.9%)
		57 (33.5%)	58 (34.1%)	34 (20.0%)	10 (5.9%)	11 (6.5%)	68 (40.5%)	55 (32.7%)	28 (16.7%)	10 (6.0%)	7 (4.2%)	90 (53.3%)	36 (21.3%)	26 (15.4%)	7 (4.1%)	10 (5.9%)
	40-44	63 (37.5%)	49 (29.2%)	42 (25.0%)	9 (5.4%)	5 (3.0%)	76 (45.0%)	50 (29.6%)	33 (19.5%)	8 (4.7%)	2 (1.2%)	93 (55.4%)	45 (26.8%)	21 (12.5%)	6 (3.6%)	3 (1.8%)
	45-49	42 (25.1%)	67 (40.1%)	45 (26.9%)	6 (3.6%)	7 (4.2%)	57 (34.1%)	71 (42.5%)	26 (15.6%)	7 (4.2%)	6 (3.6%)	83 (49.7%)	50 (29.9%)	22 (13.2%)	3 (1.8%)	9 (5.4%)
	50-54	100 (35.2%)	119 (41.9%)	50 (17.6%)	7 (2.5%)	8 (2.8%)	127 (44.7%)	101 (35.6%)	48 (16.9%)	6 (2.1%)	2 (0.7%)	159 (56.2%)	75 (26.5%)	40 (14.1%)	4 (1.4%)	5 (1.8%)
	55-59	149 (33.5%)	178 (40.0%)	94 (21.1%)	17 (3.8%)	7 (1.6%)	207 (46.7%)	148 (33.4%)	70 (15.8%)	14 (3.2%)	4 (0.9%)	261 (59.0%)	104 (23.5%)	58 (13.1%)	8 (1.8%)	11 (2.5%)
	60-64	173 (42.6%)	151 (37.2%)	66 (16.3%)	11 (2.7%)	5 (1.2%)	229 (56.4%)	109 (26.8%)	50 (12.3%)	13 (3.2%)	5 (1.2%)	253 (62.5%)	96 (23.7%)	37 (9.1%)	11 (2.7%)	8 (2.0%)
	65-69	214 (43.8%)	147 (30.1%)	87 (17.8%)	24 (4.9%)	17 (3.5%)	245 (50.0%)	148 (30.2%)	70 (14.3%)	12 (2.4%)	15 (3.1%)	296 (60.5%)	118 (24.1%)	50 (10.2%)	9 (1.8%)	16 (3.3%)
	70-74	155 (45.7%)	100 (29.5%)	64 (18.9%)	9 (2.7%)	11 (3.2%)	170 (50.0%)	104 (30.6%)	51 (15.0%)	7 (2.1%)	8 (2.4%)	187 (55.0%)	88 (25.9%)	43 (12.6%)	9 (2.6%)	13 (3.8%)
	75-79	120 (53.1%)	58 (25.7%)	36 (15.9%)	5 (2.2%)	7 (3.1%)	110 (48.9%)	70 (31.1%)	26 (11.6%)	7 (3.1%)	12 (5.3%)	139 (61.8%)	49 (21.8%)	22 (9.8%)	8 (3.6%)	7 (3.1%)
	合計	1183 (39.4%)	1030 (34.3%)	588 (19.6%)	117 (3.9%)	83 (2.8%)	1446 (48.2%)	952 (31.8%)	443 (14.8%)	90 (3.0%)	67 (2.2%)	1732 (57.8%)	729 (24.3%)	367 (12.3%)	76 (2.5%)	91 (3.0%)
合計	-39	177 (38.4%)	160 (34.7%)	93 (20.2%)	22 (4.8%)	9 (2.0%)	235 (51.1%)	137 (29.8%)	69 (15.0%)	9 (2.0%)	10 (2.2%)	263 (57.0%)	108 (23.4%)	63 (13.7%)	16 (3.5%)	11 (2.4%)
		97 (36.7%)	88 (33.3%)	48 (18.2%)	17 (6.4%)	14 (5.3%)	113 (43.1%)	88 (33.6%)	37 (14.1%)	17 (6.5%)	7 (2.7%)	143 (54.6%)	55 (21.0%)	40 (15.3%)	12 (4.6%)	12 (4.6%)
	40-44	98 (39.0%)	84 (33.5%)	52 (20.7%)	12 (4.8%)	5 (2.0%)	119 (47.2%)	82 (32.5%)	39 (15.5%)	10 (4.0%)	2 (0.8%)	150 (59.8%)	62 (24.7%)	27 (10.8%)	7 (2.8%)	5 (2.0%)
	45-49	91 (35.0%)	94 (36.2%)	59 (22.7%)	8 (3.1%)	8 (3.1%)	104 (40.2%)	99 (38.2%)	42 (16.2%)	8 (3.1%)	6 (2.3%)	144 (55.4%)	75 (28.8%)	27 (10.4%)	4 (1.5%)	10 (3.8%)
	50-54	169 (40.0%)	163 (38.5%)	69 (16.3%)	12 (2.8%)	10 (2.4%)	207 (48.9%)	137 (32.4%)	66 (15.6%)	9 (2.1%)	4 (0.9%)	252 (59.7%)	102 (24.2%)	54 (12.8%)	8 (1.9%)	6 (1.4%)
	55-59	281 (40.0%)	266 (37.9%)	123 (17.5%)	21 (3.0%)	11 (1.6%)	357 (51.0%)	218 (31.1%)	97 (13.9%)	21 (3.0%)	7 (1.0%)	445 (63.8%)	153 (22.0%)	73 (10.5%)	10 (1.4%)	16 (2.3%)
	60-64	320 (47.5%)	228 (33.8%)	106 (15.7%)	13 (1.9%)	7 (1.0%)	376 (55.8%)	190 (28.2%)	81 (12.0%)	18 (2.7%)	9 (1.3%)	423 (62.9%)	159 (23.7%)	58 (8.6%)	15 (2.2%)	17 (2.5%)
	65-69	419 (50.7%)	244 (29.5%)	116 (14.0%)	30 (3.6%)	18 (2.2%)	450 (54.4%)	234 (28.3%)	105 (12.7%)	19 (2.3%)	19 (2.3%)	518 (62.8%)	183 (22.2%)	81 (9.8%)	15 (1.8%)	28 (3.4%)
	70-74	338 (54.9%)	160 (26.0%)	96 (15.6%)	10 (1.6%)	12 (1.9%)	350 (56.9%)	169 (27.5%)	76 (12.4%)	9 (1.5%)	11 (1.8%)	373 (60.5%)	142 (23.0%)	74 (12.0%)	10 (1.6%)	18 (2.9%)
	75-79	244 (60.2%)	93 (23.0%)	51 (12.6%)	7 (1.7%)	10 (2.5%)	205 (50.6%)	122 (30.1%)	47 (11.6%)	13 (3.2%)	18 (4.4%)	264 (65.2%)	81 (20.0%)	35 (8.6%)	11 (2.7%)	14 (3.5%)
	合計	2234 (45.8%)	1580 (32.4%)	813 (16.6%)	152 (3.1%)	104 (2.1%)	2516 (51.6%)	1476 (30.3%)	659 (13.5%)	133 (2.7%)	93 (1.9%)	2975 (61.1%)	1120 (23.0%)	532 (10.9%)	108 (2.2%)	137 (2.8%)