

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	52 (37.4%)	87 (62.6%)
	40-44	34 (40.5%)	50 (59.5%)
	45-49	31 (42.5%)	42 (57.5%)
	50-54	31 (37.3%)	52 (62.7%)
	55-59	48 (38.4%)	77 (61.6%)
	60-64	76 (33.5%)	151 (66.5%)
	65-69	55 (28.9%)	135 (71.1%)
	70-74	78 (37.1%)	132 (62.9%)
	75-79	47 (51.6%)	44 (48.4%)
	80-	19 (40.4%)	28 (59.6%)
	合計	471 (37.1%)	798 (62.9%)
女性	-39	131 (49.8%)	132 (50.2%)
	40-44	63 (54.3%)	53 (45.7%)
	45-49	66 (52.4%)	60 (47.6%)
	50-54	84 (56.8%)	64 (43.2%)
	55-59	104 (51.0%)	100 (49.0%)
	60-64	171 (51.0%)	164 (49.0%)
	65-69	124 (46.8%)	141 (53.2%)
	70-74	102 (41.5%)	144 (58.5%)
	75-79	59 (56.2%)	46 (43.8%)
	80-	25 (46.3%)	29 (53.7%)
	合計	929 (49.9%)	933 (50.1%)
合計	-39	183 (45.5%)	219 (54.5%)
	40-44	97 (48.5%)	103 (51.5%)
	45-49	97 (48.7%)	102 (51.3%)
	50-54	115 (49.8%)	116 (50.2%)
	55-59	152 (46.2%)	177 (53.8%)
	60-64	247 (44.0%)	315 (56.0%)
	65-69	179 (39.3%)	276 (60.7%)
	70-74	180 (39.5%)	276 (60.5%)
	75-79	106 (54.1%)	90 (45.9%)
	80-	44 (43.6%)	57 (56.4%)
	合計	1400 (44.7%)	1731 (55.3%)

(2) どのような症状ですか。あてはまるものすべてに○を付けて下さい。

	手足の関節 が痛む	いらいらし やすい	頭痛	めまい	動悸	息切れ	せきやたん が出る	ゼイゼイす る	下痢	便秘	食欲不振	腹痛・胃痛	痔による痛 み・出血な ど	歯が痛い	歯ぐきのほ れ・出血	かみくに かみにくい	かゆみ(湿 疹・水虫な ど)	腰痛	尿失禁(尿 がもれる)	足のむくみ やだるさ	尿が出にく い・排尿時 痛い	切り傷・や けどなどの けが	月経不順・ 骨折・おん もの忘れが 増えた	その他			
男性	-39	6 (4.5%)	13 (14.4%)	13 (24.5%)	5 (12.8%)	3 (9.1%)	4 (7.3%)	13 (16.5%)	2 (14.3%)	8 (32.0%)	3 (5.6%)	5 (23.8%)	6 (14.3%)	1 (4.2%)	9 (27.3%)	1 (3.7%)	1 (2.4%)	11 (12.1%)	12 (5.8%)	1 (8.3%)	4 (8.9%)	0 (0.0%)	5 (35.7%)	1 (7.7%)	8 (6.5%)	4 (8.0%)	
	40-44	7 (5.3%)	8 (8.9%)	3 (5.7%)	3 (7.7%)	4 (12.1%)	5 (9.1%)	3 (3.8%)	1 (7.1%)	1 (4.0%)	1 (1.9%)	4 (19.0%)	3 (7.1%)	3 (12.5%)	2 (9.1%)	2 (7.4%)	2 (4.9%)	9 (9.9%)	13 (6.3%)	0 (0.0%)	1 (2.2%)	2 (5.3%)	1 (14.3%)	0 (0.0%)	2 (1.6%)	9 (18.0%)	
	45-49	6 (4.5%)	3 (3.3%)	7 (13.2%)	1 (2.6%)	0 (0.0%)	4 (7.3%)	5 (6.3%)	3 (21.4%)	3 (12.0%)	0 (0.0%)	2 (4.8%)	3 (12.5%)	3 (0.0%)	0 (3.7%)	1 (0.0%)	0 (6.6%)	14 (6.7%)	1 (8.3%)	3 (6.7%)	0 (0.0%)	0 (0.0%)	1 (7.7%)	1 (2.4%)	3 (6.0%)		
	50-54	7 (5.3%)	9 (10.0%)	3 (5.7%)	3 (10.3%)	4 (6.1%)	6 (10.9%)	7 (8.9%)	0 (0.0%)	4 (16.0%)	5 (9.3%)	3 (14.3%)	4 (11.9%)	4 (16.7%)	4 (9.1%)	6 (14.8%)	7 (14.9%)	12 (5.8%)	0 (0.0%)	3 (6.7%)	0 (0.0%)	1 (7.1%)	2 (15.4%)	2 (8.9%)	3 (6.0%)		
	55-59	11 (8.3%)	6 (6.7%)	6 (11.3%)	5 (12.8%)	4 (12.1%)	7 (8.9%)	7 (8.9%)	5 (0.0%)	3 (8.0%)	15 (5.6%)	5 (9.5%)	3 (9.5%)	2 (12.5%)	4 (12.1%)	2 (25.9%)	6 (9.8%)	4 (13.5%)	13 (16.7%)	40 (15.4%)	2 (8.9%)	8 (5.3%)	4 (7.1%)	3 (21.4%)	16 (12.9%)	10 (20.0%)	
	60-64	23 (17.4%)	12 (13.3%)	9 (17.0%)	7 (17.9%)	3 (9.1%)	7 (12.7%)	15 (7.1%)	5 (4.0%)	3 (12.0%)	5 (9.3%)	2 (9.5%)	11 (26.2%)	4 (16.7%)	2 (6.1%)	6 (22.2%)	4 (9.8%)	13 (19.2%)	40 (15.4%)	2 (16.7%)	8 (21.1%)	4 (12.1%)	3 (21.4%)	16 (12.9%)	2 (4.0%)		
	65-69	21 (15.9%)	14 (15.6%)	4 (7.5%)	2 (5.1%)	8 (24.2%)	7 (12.7%)	10 (7.1%)	1 (4.0%)	1 (8.0%)	8 (4.8%)	1 (4.8%)	2 (4.8%)	4 (16.7%)	1 (3.0%)	5 (17.1%)	7 (15.4%)	14 (11.1%)	23 (16.7%)	2 (13.3%)	6 (15.8%)	0 (0.0%)	0 (23.1%)	3 (14.5%)	2 (4.0%)		
	70-74	22 (16.7%)	15 (16.7%)	4 (7.5%)	6 (15.4%)	7 (21.2%)	5 (9.1%)	10 (12.7%)	2 (8.0%)	2 (16.7%)	9 (9.5%)	2 (11.9%)	5 (14.8%)	0 (0.0%)	5 (15.2%)	1 (3.7%)	7 (17.1%)	13 (18.3%)	38 (8.3%)	1 (13.3%)	6 (26.3%)	5 (0.0%)	0 (0.0%)	0 (16.1%)	7 (14.0%)		
	75-79	19 (14.4%)	6 (6.7%)	4 (7.5%)	4 (10.3%)	1 (3.0%)	4 (7.3%)	5 (6.3%)	0 (0.0%)	1 (4.0%)	9 (16.7%)	0 (0.0%)	2 (4.8%)	2 (8.3%)	5 (15.2%)	0 (0.0%)	3 (8.9%)	19 (9.1%)	0 (0.0%)	5 (11.1%)	2 (10.5%)	1 (7.1%)	2 (15.4%)	2 (17.7%)	4 (8.0%)		
	80-	10 (7.6%)	4 (4.4%)	0 (0.0%)	2 (5.1%)	1 (3.0%)	9 (16.4%)	4 (5.1%)	0 (0.0%)	0 (0.0%)	6 (11.1%)	2 (9.5%)	2 (4.8%)	0 (0.0%)	1 (3.0%)	0 (0.0%)	7 (17.1%)	2 (2.2%)	9 (4.3%)	3 (25.0%)	5 (11.1%)	3 (15.8%)	1 (7.1%)	0 (0.0%)	12 (9.7%)	1 (2.0%)	
	合計	132 (100.0%)	90 (100.0%)	53 (100.0%)	39 (100.0%)	33 (100.0%)	55 (100.0%)	79 (100.0%)	14 (100.0%)	25 (100.0%)	54 (100.0%)	21 (100.0%)	42 (100.0%)	24 (100.0%)	33 (100.0%)	27 (100.0%)	41 (100.0%)	91 (100.0%)	208 (100.0%)	12 (100.0%)	45 (100.0%)	19 (100.0%)	14 (100.0%)	13 (100.0%)	124 (100.0%)	50 (100.0%)	
女性	-39	10 (3.6%)	65 (26.3%)	58 (21.6%)	34 (19.7%)	11 (11.6%)	6 (9.8%)	18 (24.0%)	2 (12.5%)	10 (25.8%)	23 (18.3%)	10 (35.2%)	3 (21.4%)	11 (21.6%)	3 (5.1%)	1 (2.6%)	19 (14.2%)	30 (9.2%)	1 (2.4%)	29 (15.6%)	0 (0.0%)	6 (27.3%)	36 (54.5%)	0 (0.0%)	12 (4.7%)	17 (15.6%)	
	40-44	16 (5.8%)	20 (8.1%)	26 (9.7%)	10 (5.8%)	7 (7.4%)	1 (1.6%)	5 (6.7%)	2 (12.5%)	9 (20.5%)	6 (4.8%)	3 (6.7%)	6 (6.8%)	0 (0.0%)	2 (2.0%)	0 (3.4%)	4 (3.0%)	15 (4.6%)	4 (4.8%)	2 (9.1%)	17 (5.6%)	1 (18.2%)	9 (13.6%)	0 (0.0%)	8 (3.1%)	12 (11.0%)	
	45-49	19 (6.9%)	24 (9.7%)	23 (8.6%)	13 (7.5%)	11 (11.6%)	4 (6.6%)	8 (10.7%)	0 (0.0%)	3 (7.7%)	4 (6.3%)	4 (8.9%)	9 (9.9%)	0 (0.0%)	8 (15.7%)	8 (13.6%)	4 (10.3%)	10 (7.5%)	14 (4.3%)	2 (4.8%)	19 (10.2%)	1 (5.6%)	1 (4.5%)	16 (24.2%)	10 (3.9%)	9 (8.3%)	
	50-54	19 (6.9%)	14 (5.7%)	24 (9.0%)	11 (6.4%)	6 (1.8%)	1 (8.0%)	6 (6.3%)	1 (7.7%)	3 (7.7%)	9 (11.9%)	2 (7.1%)	3 (8.9%)	7 (21.4%)	5 (9.8%)	3 (8.5%)	3 (7.7%)	5 (11.6%)	10 (16.7%)	7 (9.3%)	25 (9.7%)	3 (5.6%)	1 (4.5%)	1 (7.6%)	2 (25.0%)	8 (7.5%)	11 (11.0%)
	55-59	34 (12.3%)	28 (11.3%)	28 (10.4%)	17 (8.8%)	12 (12.6%)	5 (8.2%)	11 (14.7%)	2 (12.5%)	3 (7.7%)	15 (11.9%)	4 (7.7%)	7 (21.4%)	3 (9.8%)	5 (8.5%)	3 (7.7%)	3 (7.5%)	10 (11.6%)	38 (16.7%)	7 (13.4%)	25 (9.7%)	3 (4.5%)	1 (7.6%)	1 (25.0%)	22 (7.5%)	8 (7.3%)	
	60-64	57 (20.6%)	46 (18.6%)	42 (15.7%)	28 (16.2%)	16 (16.8%)	17 (27.9%)	11 (14.7%)	2 (12.5%)	7 (17.9%)	16 (12.7%)	9 (20.0%)	13 (14.3%)	4 (28.6%)	7 (13.7%)	15 (25.4%)	5 (12.8%)	29 (17.7%)	58 (16.7%)	7 (17.2%)	32 (27.8%)	5 (9.1%)	2 (12.5%)	1 (25.2%)	64 (16.5%)		
	65-69	48 (17.3%)	15 (6.1%)	29 (10.8%)	19 (11.0%)	14 (14.7%)	9 (14.8%)	5 (6.7%)	2 (12.5%)	3 (7.7%)	15 (11.9%)	3 (6.7%)	6 (6.8%)	0 (0.0%)	3 (5.9%)	8 (13.6%)	3 (7.7%)	18 (13.4%)	60 (18.3%)	7 (16.7%)	16 (8.6%)	4 (22.2%)	4 (18.2%)	3 (37.5%)	37 (14.6%)	13 (11.9%)	
	70-74	38 (13.7%)	22 (8.9%)	18 (6.7%)	18 (10.4%)	7 (7.4%)	8 (13.1%)	4 (5.3%)	1 (6.3%)	1 (2.6%)	15 (11.9%)	6 (13.3%)	5 (5.5%)	2 (14.3%)	4 (7.8%)	5 (8.5%)	7 (17.9%)	12 (9.0%)	49 (15.0%)	4 (9.3%)	14 (7.5%)	1 (5.6%)	1 (4.5%)	1 (12.5%)	1 (16.5%)	9 (8.3%)	
	75-79	28 (9.4%)	13 (5.3%)	14 (5.2%)	13 (7.5%)	7 (7.4%)	3 (11.5%)	2 (4.0%)	2 (12.5%)	1 (2.6%)	15 (11.9%)	2 (4.4%)	5 (5.5%)	1 (7.1%)	4 (7.8%)	3 (5.1%)	9 (23.1%)	16 (11.9%)	25 (7.6%)	3 (7.1%)	10 (5.4%)	2 (11.1%)	2 (9.1%)	0 (0.0%)	28 (11.0%)	10 (9.2%)	
	80-	10 (3.6%)	0 (0.0%)	6 (2.2%)	10 (5.8%)	4 (4.2%)	3 (4.9%)	4 (5.3%)	2 (12.5%)	0 (0.0%)	4 (3.2%)	2 (4.4%)	1 (1.1%)	0 (0.0%)	1 (2.0%)	2 (3.2%)	3 (7.7%)	15 (4.6%)	5 (11.9%)	8 (16.7%)	6 (9.3%)	1 (7.1%)	0 (0.0%)	0 (0.0%)	12 (4.7%)	1 (0.9%)	
	合計	277 (100.0%)	247 (100.0%)	268 (100.0%)	173 (100.0%)	95 (100.0%)	61 (100.0%)	75 (100.0%)	16 (100.0%)	39 (100.0%)	126 (100.0%)	45 (100.0%)	91 (100.0%)	14 (100.0%)	51 (100.0%)	59 (100.0%)	39 (100.0%)	134 (100.0%)	327 (100.0%)	42 (100.0%)	186 (100.0%)	18 (100.0%)	22 (100.0%)	66 (100.0%)	8 (100.0%)	254 (100.0%)	109 (100.0%)
合計	-39	16 (3.9%)	78 (23.1%)	71 (22.1%)	39 (18.4%)	14 (10.9%)	10 (8.6%)	31 (20.1%)	4 (13.3%)	18 (28.1%)	26 (14.4%)	15 (22.7%)	38 (28.6%)	4 (10.5%)	20 (4.7%)	2 (2.6%)	30 (13.3%)	42 (7.9%)	2 (3.7%)	33 (14.3%)	0 (0.0%)	11 (30.6%)	1 (4.8%)	20 (5.3%)	21 (13.2%)		
	40-44	23 (5.6%)	28 (8.3%)	29 (9.0%)	13 (6.1%)	11 (8.6%)	6 (5.2%)	8 (5.2%)	3 (10.0%)	9 (14.1%)	7 (3.9%)	7 (10.6%)	9 (6.8%)	3 (7.9%)	4 (4.8%)	4 (2.5%)	2 (5.8%)	13 (5.2%)	28 (8.2%)	2 (3.7%)	18 (7.8%)	2 (5.4%)	6 (16.7%)	0 (0.0%)	10 (2.6%)	21 (13.2%)	
	45-49	25 (6.1%)	27 (8.0%)	30 (9.3%)	14 (6.6%)	11 (8.6%)	8 (6.9%)	13 (8.4%)	3 (10.0%)	6 (9.4%)	13 (7.2%)	4 (6.1%)	11 (8.3%)	3 (7.9%)	8 (9.5%)	9 (10.5%)	4 (5.0%)	16 (7.1%)	28 (5.2%)	3 (5.8%)	22 (9.5%)	1 (2.7%)	1 (4.8%)	1 (3.4%)	13 (7.5%)		
	50-54	26 (6.4%)	23 (6.8%)	27 (8.4%)	15 (7.1%)	8 (6.3%)	7 (6.0%)	13 (8.4%)	1 (3.3%)	7 (10.9%)	14 (7.6%)	5 (7.8%)	12 (9.0%)	5 (13.2%)	10 (11.9%)	12 (14.0%)	10 (12.5%)	22 (9.8%)	35 (6.5%)	4 (7.4%)	21 (9.1%)	1 (2.7%)	2 (5.6%)	4 (19.0%)	30 (7.9%)	15 (9.4%)	
	55-59	45 (11.0%)	34 (10.1%)	34 (10.6%)	22 (10.4%)	16 (12.5%)	9 (7.8%)	18 (11.7%)	2 (6.7%)	5 (7.8%)	18 (10.0%)	6 (9.1%)	11 (8.3%)	6 (15.8%)	9 (10.7%)	12 (14.0%)	7 (8.8%)	18 (12.3%)	66 (16.7%)	9 (12.6%)	29 (10.8%)	4 (5.6%)	2 (9.5%)	2 (9.0%)	34 (9.4%)		
	60-64	60 (19.6%)	58 (17.2%)	51 (15.9%)	35 (16.5%)	19 (14.8%)	26 (20.7%)	26 (16.9%)	7 (23.3%)	10 (15.8%)	21 (11.7%)	11 (16.7%)	24 (18.0%)	11 (21.1%)	9 (10.7%)	21 (24.4%)	9 (11.3%)	42 (18.7%)	98 (18.3%)	9 (16.7%)	40 (17.3%)	5 (24.3%)	5 (13.9%)	4 (19.0%)	60 (17.6%)		
	65-69	69 (16.9%)	29 (8.6%)	33 (10.3%)	21 (9.9%)	22 (17.2%)	16 (13.8%)	15 (9.7%)	3 (10.0%)	4 (6.3%)	23 (12.8%)	4 (6.1%)	8 (6.0%)	4 (10.5%)	4 (4.8%)	13 (15.1%)	4 (12.5%)	83 (15.5%)	9 (16.7%)	22 (9.5%)	7 (18.9%)	4 (11.1%)	4 (28.6%)	6 (14.6%)	15 (9.4%)		
	70-74	60 (14.7%)	37 (11.0%)	22 (6.9%)	24 (11.3%)	14 (10.9%)	13 (11.2%)	14 (9.1%)	3 (10.0%)	3 (4.7%)	24 (13.3%)	8 (12.1%)	2 (5.3%)	2 (7.5%)	9 (10.7%)	6 (7.0%)	14 (17.5%)	25 (14.2%)	87 (15.5%)	5 (16.7%)	20 (9.5%)	6 (18.9%)	1 (11.1%)	1 (28.6%)	62 (14.6%)		
	75-79	45 (11.0%)	19 (5.6%)	18 (5.6%)	17 (8.0%)	8 (6.3%)	11 (9.5%)	12 (5.2%)	8 (6.7%)	2 (3.1%)	24 (13.3%)	2 (7.5%)	7 (5.3%)	3 (10.7%)	9 (7.0%)	3 (15.0%)											

【9】こころの元気さについておたずねします。  
 過去1か月の間にどれくらいの頻度で次のことがありましたか。  
 次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そろそろ、落ち着かなく感じましたか。

	1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そろそろ、落ち着かなく感じましたか。					
	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	
男性	-39	70 (50.4%)	37 (26.6%)	23 (16.5%)	6 (4.3%)	3 (2.2%)	78 (56.5%)	29 (21.0%)	18 (13.0%)	7 (5.1%)	6 (4.3%)	73 (52.5%)	41 (29.5%)	14 (10.1%)	9 (6.5%)	2 (1.4%)
	40-44	39 (44.8%)	32 (36.8%)	11 (12.6%)	3 (3.4%)	2 (2.3%)	45 (51.7%)	31 (35.6%)	7 (8.0%)	2 (2.3%)	2 (2.3%)	47 (54.0%)	28 (32.2%)	11 (12.6%)	0 (0.0%)	1 (1.1%)
	45-49	37 (51.4%)	21 (29.2%)	14 (19.4%)	0 (0.0%)	0 (0.0%)	47 (65.3%)	18 (25.0%)	6 (8.3%)	0 (0.0%)	1 (1.4%)	45 (61.6%)	19 (26.0%)	9 (12.3%)	0 (0.0%)	0 (0.0%)
	50-54	31 (36.5%)	34 (40.0%)	14 (16.5%)	3 (3.5%)	3 (3.5%)	40 (47.1%)	27 (31.8%)	13 (15.3%)	1 (1.2%)	4 (4.7%)	40 (47.1%)	23 (27.1%)	18 (21.2%)	4 (4.7%)	0 (0.0%)
	55-59	48 (38.1%)	48 (38.1%)	25 (19.8%)	4 (3.2%)	1 (0.8%)	68 (54.0%)	41 (32.5%)	13 (10.3%)	2 (1.6%)	2 (1.6%)	61 (48.4%)	47 (37.3%)	18 (14.3%)	0 (0.0%)	0 (0.0%)
	60-64	94 (41.0%)	77 (33.6%)	46 (20.1%)	7 (3.1%)	5 (2.2%)	133 (57.8%)	62 (27.0%)	32 (13.9%)	1 (0.4%)	2 (0.9%)	122 (53.3%)	65 (28.4%)	36 (15.7%)	3 (1.3%)	3 (1.3%)
	65-69	88 (45.8%)	65 (33.9%)	31 (16.1%)	6 (3.1%)	2 (1.0%)	114 (59.4%)	45 (23.4%)	22 (11.5%)	4 (2.1%)	7 (3.6%)	124 (64.6%)	47 (24.5%)	15 (7.8%)	4 (2.1%)	2 (1.0%)
	70-74	116 (54.7%)	66 (31.1%)	24 (11.3%)	1 (0.5%)	5 (2.4%)	142 (66.4%)	53 (24.8%)	15 (7.0%)	2 (0.9%)	2 (0.9%)	145 (67.8%)	44 (20.6%)	23 (10.7%)	0 (0.0%)	2 (0.9%)
	75-79	45 (48.9%)	32 (34.8%)	11 (12.0%)	0 (0.0%)	4 (4.3%)	56 (60.9%)	18 (19.6%)	14 (15.2%)	2 (2.2%)	2 (2.2%)	57 (62.0%)	18 (19.6%)	13 (14.1%)	1 (1.1%)	3 (3.3%)
	80-	23 (46.9%)	13 (26.5%)	8 (16.3%)	2 (4.1%)	3 (6.1%)	33 (67.3%)	8 (16.3%)	4 (8.2%)	2 (4.1%)	2 (4.1%)	31 (63.3%)	13 (26.5%)	3 (6.1%)	1 (2.0%)	1 (2.0%)
合計	591 (46.1%)	425 (33.1%)	207 (16.1%)	32 (2.5%)	28 (2.2%)	756 (58.8%)	332 (25.8%)	144 (11.2%)	23 (1.8%)	30 (2.3%)	745 (57.9%)	345 (26.8%)	160 (12.4%)	22 (1.7%)	14 (1.1%)	
女性	-39	88 (33.5%)	93 (35.4%)	56 (21.3%)	9 (3.4%)	17 (6.5%)	143 (54.2%)	73 (27.7%)	37 (14.0%)	7 (2.7%)	4 (1.5%)	126 (47.9%)	72 (27.4%)	53 (20.2%)	7 (2.7%)	5 (1.9%)
	40-44	29 (25.0%)	47 (40.5%)	23 (19.8%)	9 (7.8%)	8 (6.9%)	60 (51.7%)	27 (23.3%)	24 (20.7%)	5 (4.3%)	0 (0.0%)	59 (50.9%)	34 (29.3%)	21 (18.1%)	2 (1.7%)	0 (0.0%)
	45-49	35 (27.3%)	43 (33.6%)	36 (28.1%)	7 (5.5%)	7 (5.5%)	61 (47.7%)	42 (32.8%)	18 (14.1%)	1 (0.8%)	6 (4.7%)	46 (36.2%)	54 (42.5%)	19 (15.0%)	5 (3.9%)	3 (2.4%)
	50-54	41 (27.5%)	63 (42.3%)	32 (21.5%)	4 (2.7%)	9 (6.0%)	72 (48.3%)	50 (33.6%)	22 (14.8%)	3 (2.0%)	2 (1.3%)	67 (45.0%)	53 (35.6%)	22 (14.8%)	5 (3.4%)	2 (1.3%)
	55-59	63 (30.7%)	79 (38.5%)	43 (21.0%)	12 (5.9%)	8 (3.9%)	103 (50.2%)	54 (26.3%)	35 (17.1%)	7 (3.4%)	6 (2.9%)	94 (46.1%)	68 (33.3%)	32 (15.7%)	7 (3.4%)	3 (1.5%)
	60-64	85 (25.1%)	128 (37.8%)	86 (25.4%)	21 (6.2%)	19 (5.6%)	136 (40.2%)	116 (34.3%)	56 (16.6%)	14 (4.1%)	16 (4.7%)	132 (38.9%)	118 (34.8%)	72 (21.2%)	10 (2.9%)	7 (2.1%)
	65-69	83 (31.1%)	114 (42.7%)	47 (17.6%)	6 (2.2%)	17 (6.4%)	129 (48.1%)	85 (31.7%)	41 (15.3%)	4 (1.5%)	9 (3.4%)	133 (49.6%)	79 (29.5%)	45 (16.8%)	4 (1.5%)	7 (2.6%)
	70-74	79 (32.4%)	81 (33.2%)	58 (23.8%)	13 (5.3%)	13 (5.3%)	126 (51.4%)	62 (25.3%)	38 (15.5%)	6 (2.4%)	13 (5.3%)	122 (49.4%)	66 (26.7%)	43 (17.4%)	6 (2.4%)	10 (4.0%)
	75-79	35 (32.4%)	38 (35.2%)	19 (17.6%)	9 (8.3%)	7 (6.5%)	51 (47.2%)	29 (26.9%)	20 (18.5%)	4 (3.7%)	4 (3.7%)	51 (47.7%)	30 (28.0%)	17 (15.9%)	4 (3.7%)	5 (4.7%)
	80-	19 (35.8%)	18 (34.0%)	11 (20.8%)	1 (1.9%)	4 (7.5%)	27 (50.9%)	15 (28.3%)	7 (13.2%)	2 (3.8%)	2 (3.8%)	32 (59.3%)	15 (27.8%)	6 (11.1%)	1 (1.9%)	0 (0.0%)
合計	557 (29.8%)	704 (37.6%)	411 (22.0%)	91 (4.9%)	109 (5.8%)	908 (48.5%)	553 (29.5%)	298 (15.9%)	53 (2.8%)	62 (3.3%)	862 (46.0%)	589 (31.4%)	330 (17.6%)	51 (2.7%)	42 (2.2%)	
合計	-39	158 (39.3%)	130 (32.3%)	79 (19.7%)	15 (3.7%)	20 (5.0%)	221 (55.0%)	102 (25.4%)	55 (13.7%)	14 (3.5%)	10 (2.5%)	199 (49.5%)	113 (28.1%)	67 (16.7%)	16 (4.0%)	7 (1.7%)
	40-44	68 (33.3%)	79 (38.9%)	34 (16.7%)	12 (5.9%)	10 (4.9%)	105 (51.7%)	58 (28.6%)	31 (15.3%)	7 (3.4%)	2 (1.0%)	106 (52.2%)	62 (30.5%)	32 (15.8%)	2 (1.0%)	1 (0.5%)
	45-49	72 (36.0%)	64 (32.0%)	50 (25.0%)	7 (3.5%)	7 (3.5%)	108 (54.0%)	60 (30.0%)	24 (12.0%)	1 (0.5%)	7 (3.5%)	91 (45.5%)	73 (36.5%)	28 (14.0%)	5 (2.5%)	3 (1.5%)
	50-54	72 (30.8%)	97 (41.5%)	46 (19.7%)	7 (3.0%)	12 (5.1%)	112 (47.9%)	77 (32.9%)	35 (15.0%)	4 (1.7%)	6 (2.6%)	107 (45.7%)	76 (32.5%)	40 (17.1%)	9 (3.8%)	2 (0.9%)
	55-59	111 (33.5%)	127 (38.4%)	68 (20.5%)	16 (4.8%)	9 (2.7%)	171 (51.7%)	95 (28.7%)	48 (14.5%)	9 (2.7%)	8 (2.4%)	155 (47.0%)	115 (34.8%)	50 (15.2%)	7 (2.1%)	3 (0.9%)
	60-64	179 (31.5%)	205 (36.1%)	132 (23.2%)	28 (4.9%)	24 (4.2%)	269 (47.4%)	178 (31.3%)	88 (15.5%)	15 (2.6%)	18 (3.2%)	254 (44.7%)	183 (32.2%)	108 (19.0%)	13 (2.3%)	10 (1.8%)
	65-69	171 (37.3%)	179 (39.0%)	78 (17.0%)	12 (2.6%)	19 (4.1%)	243 (52.8%)	130 (28.3%)	63 (13.7%)	8 (1.7%)	16 (3.5%)	257 (55.9%)	126 (27.4%)	60 (13.0%)	8 (1.7%)	9 (2.0%)
	70-74	195 (42.8%)	147 (32.2%)	82 (18.0%)	14 (3.1%)	18 (3.9%)	268 (58.4%)	115 (25.1%)	53 (11.5%)	8 (1.7%)	15 (3.3%)	267 (57.9%)	110 (23.9%)	66 (14.3%)	6 (1.3%)	12 (2.6%)
	75-79	80 (40.0%)	70 (35.0%)	30 (15.0%)	9 (4.5%)	11 (5.5%)	107 (53.5%)	47 (23.5%)	34 (17.0%)	6 (3.0%)	6 (3.0%)	108 (54.3%)	48 (24.1%)	30 (15.1%)	5 (2.5%)	8 (4.0%)
	80-	42 (41.2%)	31 (30.4%)	19 (18.6%)	3 (2.9%)	7 (6.9%)	60 (58.8%)	23 (22.5%)	11 (10.8%)	4 (3.9%)	4 (3.9%)	63 (61.2%)	28 (27.2%)	9 (8.7%)	2 (1.9%)	1 (1.0%)
合計	1148 (36.4%)	1129 (35.8%)	618 (19.6%)	123 (3.9%)	137 (4.3%)	1664 (52.7%)	885 (28.0%)	442 (14.0%)	76 (2.4%)	92 (2.9%)	1607 (50.9%)	934 (29.6%)	490 (15.5%)	73 (2.3%)	56 (1.8%)	

4) 気分が沈み込んで、何が起っても  
気が晴れないように感じましたか。

5) 何ををするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	58 (41.7%)	44 (31.7%)	20 (14.4%)	12 (8.6%)	5 (3.6%)	68 (49.3%)	33 (23.9%)	25 (18.1%)	8 (5.8%)	4 (2.9%)	82 (59.4%)	24 (17.4%)	16 (11.6%)	6 (4.3%)	10 (7.2%)
	40-44	34 (39.1%)	36 (41.4%)	12 (13.8%)	2 (2.3%)	3 (3.4%)	44 (50.6%)	30 (34.5%)	10 (11.5%)	1 (1.1%)	2 (2.3%)	45 (51.7%)	25 (28.7%)	12 (13.8%)	4 (4.6%)	1 (1.1%)
		35 (47.9%)	29 (39.7%)	6 (8.2%)	1 (1.4%)	2 (2.7%)	39 (53.4%)	21 (28.8%)	12 (16.4%)	0 (0.0%)	1 (1.4%)	46 (63.0%)	17 (23.3%)	8 (11.0%)	1 (1.4%)	1 (1.4%)
	50-54	24 (28.2%)	36 (42.4%)	19 (22.4%)	3 (3.5%)	3 (3.5%)	31 (36.5%)	31 (36.5%)	15 (17.6%)	5 (5.9%)	3 (3.5%)	42 (49.4%)	22 (25.9%)	14 (16.5%)	2 (2.4%)	5 (5.9%)
		54 (42.9%)	42 (33.3%)	26 (20.6%)	2 (1.6%)	2 (1.6%)	54 (43.2%)	50 (40.0%)	17 (13.6%)	3 (2.4%)	1 (0.8%)	75 (59.5%)	32 (25.4%)	14 (11.1%)	1 (0.8%)	4 (3.2%)
	60-64	108 (47.0%)	80 (34.8%)	33 (14.3%)	6 (2.6%)	3 (1.3%)	116 (50.4%)	73 (31.7%)	31 (13.5%)	7 (3.0%)	3 (1.3%)	160 (69.6%)	42 (18.3%)	22 (9.6%)	3 (1.3%)	3 (1.3%)
		106 (55.2%)	58 (30.2%)	15 (7.8%)	8 (4.2%)	5 (2.6%)	115 (59.9%)	49 (25.5%)	21 (10.9%)	3 (1.6%)	4 (2.1%)	135 (70.3%)	31 (16.1%)	22 (11.5%)	3 (1.6%)	1 (0.5%)
	70-74	133 (62.1%)	54 (25.2%)	23 (10.7%)	3 (1.4%)	1 (0.5%)	144 (67.3%)	48 (22.4%)	15 (7.0%)	4 (1.9%)	3 (1.4%)	147 (69.0%)	39 (18.3%)	19 (8.9%)	2 (0.9%)	6 (2.8%)
		49 (53.3%)	26 (28.3%)	14 (15.2%)	1 (1.1%)	2 (2.2%)	49 (53.8%)	30 (33.0%)	8 (8.8%)	1 (1.1%)	3 (3.3%)	55 (59.8%)	17 (18.5%)	13 (14.1%)	2 (2.2%)	5 (5.4%)
	80-	24 (49.0%)	14 (28.6%)	10 (20.4%)	0 (0.0%)	1 (2.0%)	25 (51.0%)	11 (22.4%)	5 (10.2%)	2 (4.1%)	6 (12.2%)	26 (53.1%)	11 (22.4%)	9 (18.4%)	0 (0.0%)	3 (6.1%)
合計		625 (48.6%)	419 (32.6%)	178 (13.8%)	38 (3.0%)	27 (2.1%)	685 (53.3%)	376 (29.3%)	159 (12.4%)	34 (2.6%)	30 (2.3%)	813 (63.3%)	260 (20.2%)	149 (11.6%)	24 (1.9%)	39 (3.0%)
女性	-39	91 (34.5%)	97 (36.7%)	59 (22.3%)	10 (3.8%)	7 (2.7%)	130 (49.2%)	80 (30.3%)	35 (13.3%)	10 (3.8%)	9 (3.4%)	154 (58.6%)	56 (21.3%)	40 (15.2%)	5 (1.9%)	8 (3.0%)
	40-44	47 (40.5%)	33 (28.4%)	28 (24.1%)	5 (4.3%)	3 (2.6%)	56 (48.7%)	32 (27.8%)	21 (18.3%)	6 (5.2%)	0 (0.0%)	58 (50.0%)	29 (25.0%)	20 (17.2%)	6 (5.2%)	3 (2.6%)
		36 (28.1%)	54 (42.2%)	28 (21.9%)	5 (3.9%)	5 (3.9%)	44 (34.6%)	54 (42.5%)	22 (17.3%)	4 (3.1%)	3 (2.4%)	68 (53.5%)	31 (24.4%)	20 (15.7%)	3 (2.4%)	5 (3.9%)
	50-54	44 (29.5%)	68 (45.6%)	29 (19.5%)	5 (3.4%)	3 (2.0%)	65 (43.6%)	58 (38.9%)	19 (12.8%)	6 (4.0%)	1 (0.7%)	83 (56.1%)	40 (27.0%)	22 (14.9%)	1 (0.7%)	2 (1.4%)
		74 (36.1%)	68 (33.2%)	47 (22.9%)	9 (4.4%)	7 (3.4%)	102 (49.8%)	61 (29.8%)	29 (14.1%)	9 (4.4%)	4 (2.0%)	130 (64.0%)	38 (18.7%)	25 (12.3%)	4 (2.0%)	6 (3.0%)
	60-64	102 (30.1%)	129 (38.1%)	78 (23.0%)	15 (4.4%)	15 (4.4%)	139 (41.0%)	128 (37.8%)	52 (15.3%)	13 (3.8%)	7 (2.1%)	197 (58.3%)	81 (24.0%)	42 (12.4%)	6 (1.8%)	12 (3.6%)
		109 (40.4%)	93 (34.4%)	53 (19.6%)	5 (1.9%)	10 (3.7%)	142 (52.8%)	80 (29.7%)	35 (13.0%)	8 (3.0%)	4 (1.5%)	159 (59.1%)	64 (23.8%)	30 (11.2%)	3 (1.1%)	13 (4.8%)
	70-74	105 (42.9%)	63 (25.7%)	57 (23.3%)	8 (3.3%)	12 (4.9%)	135 (54.9%)	66 (26.8%)	29 (11.8%)	7 (2.8%)	9 (3.7%)	148 (59.9%)	50 (20.2%)	27 (10.9%)	5 (2.0%)	17 (6.9%)
		45 (41.7%)	25 (23.1%)	22 (20.4%)	7 (6.5%)	9 (8.3%)	51 (47.2%)	27 (25.0%)	16 (14.8%)	7 (6.5%)	7 (6.5%)	67 (62.0%)	19 (17.6%)	14 (13.0%)	2 (1.9%)	6 (5.6%)
	80-	31 (57.4%)	15 (27.8%)	6 (11.1%)	2 (3.7%)	0 (0.0%)	24 (44.4%)	21 (38.9%)	7 (13.0%)	1 (1.9%)	1 (1.9%)	33 (61.1%)	13 (24.1%)	5 (9.3%)	1 (1.9%)	2 (3.7%)
合計		684 (36.4%)	645 (34.3%)	407 (21.7%)	71 (3.8%)	71 (3.8%)	888 (47.3%)	607 (32.4%)	265 (14.1%)	71 (3.8%)	45 (2.4%)	1097 (58.6%)	421 (22.5%)	245 (13.1%)	36 (1.9%)	74 (4.0%)
合計	-39	149 (37.0%)	141 (35.0%)	79 (19.6%)	22 (5.5%)	12 (3.0%)	198 (49.3%)	113 (28.1%)	60 (14.9%)	18 (4.5%)	13 (3.2%)	236 (58.9%)	80 (20.0%)	56 (14.0%)	11 (2.7%)	18 (4.5%)
	40-44	81 (39.9%)	69 (34.0%)	40 (19.7%)	7 (3.4%)	6 (3.0%)	100 (49.5%)	62 (30.7%)	31 (15.3%)	7 (3.5%)	2 (1.0%)	103 (50.7%)	54 (26.6%)	32 (15.8%)	10 (4.9%)	4 (2.0%)
		71 (35.3%)	83 (41.3%)	34 (16.9%)	6 (3.0%)	7 (3.5%)	83 (41.5%)	75 (37.5%)	34 (17.0%)	4 (2.0%)	4 (2.0%)	114 (57.0%)	48 (24.0%)	28 (14.0%)	4 (2.0%)	6 (3.0%)
	50-54	68 (29.1%)	104 (44.4%)	48 (20.5%)	8 (3.4%)	6 (2.6%)	96 (41.0%)	89 (38.0%)	34 (14.5%)	11 (4.7%)	4 (1.7%)	125 (53.6%)	62 (26.6%)	36 (15.5%)	3 (1.3%)	7 (3.0%)
		128 (38.7%)	110 (33.2%)	73 (22.1%)	11 (3.3%)	9 (2.7%)	156 (47.3%)	111 (33.6%)	46 (13.9%)	12 (3.6%)	5 (1.5%)	205 (62.3%)	70 (21.3%)	39 (11.9%)	5 (1.5%)	10 (3.0%)
	60-64	210 (36.9%)	209 (36.7%)	111 (19.5%)	21 (3.7%)	18 (3.2%)	255 (44.8%)	201 (35.3%)	83 (14.6%)	20 (3.5%)	10 (1.8%)	357 (62.9%)	123 (21.7%)	64 (11.3%)	9 (1.6%)	15 (2.6%)
		215 (46.5%)	151 (32.7%)	68 (14.7%)	13 (2.8%)	15 (3.2%)	257 (55.7%)	129 (28.0%)	56 (12.1%)	11 (2.4%)	8 (1.7%)	294 (63.8%)	95 (20.6%)	52 (11.3%)	6 (1.3%)	14 (3.0%)
	70-74	238 (51.9%)	117 (25.5%)	80 (17.4%)	11 (2.4%)	13 (2.8%)	279 (60.7%)	114 (24.8%)	44 (9.6%)	11 (2.4%)	12 (2.6%)	295 (64.1%)	89 (19.3%)	46 (10.0%)	7 (1.5%)	23 (5.0%)
		94 (47.0%)	51 (25.5%)	36 (18.0%)	8 (4.0%)	11 (5.5%)	100 (50.3%)	57 (28.6%)	24 (12.1%)	8 (4.0%)	10 (5.0%)	122 (61.0%)	36 (18.0%)	27 (13.5%)	4 (2.0%)	11 (5.5%)
	80-	55 (53.4%)	29 (28.2%)	16 (15.5%)	2 (1.9%)	1 (1.0%)	49 (47.6%)	32 (31.1%)	12 (11.7%)	3 (2.9%)	7 (6.8%)	59 (57.3%)	24 (23.3%)	14 (13.6%)	1 (1.0%)	5 (4.9%)
合計		1309 (41.4%)	1064 (33.6%)	585 (18.5%)	109 (3.4%)	98 (3.1%)	1573 (49.8%)	983 (31.1%)	424 (13.4%)	105 (3.3%)	75 (2.4%)	1910 (60.5%)	681 (21.6%)	394 (12.5%)	60 (1.9%)	113 (3.6%)

【10】今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	29 (20.9%)	110 (79.1%)	18 (12.9%)	121 (87.1%)	4 (2.9%)	135 (97.1%)
	40-44	16 (18.4%)	71 (81.6%)	9 (10.3%)	78 (89.7%)	2 (2.3%)	85 (97.7%)
	45-49	16 (22.2%)	56 (77.8%)	8 (11.1%)	64 (88.9%)	2 (2.8%)	70 (97.2%)
	50-54	18 (21.2%)	67 (78.8%)	14 (16.5%)	71 (83.5%)	3 (3.5%)	82 (96.5%)
	55-59	24 (18.9%)	103 (81.1%)	26 (20.5%)	101 (79.5%)	5 (3.9%)	122 (96.1%)
	60-64	44 (19.1%)	186 (80.9%)	53 (23.0%)	177 (77.0%)	6 (2.6%)	224 (97.4%)
	65-69	45 (23.4%)	147 (76.6%)	54 (28.1%)	138 (71.9%)	14 (7.3%)	178 (92.7%)
	70-74	44 (20.6%)	170 (79.4%)	46 (21.5%)	168 (78.5%)	14 (6.5%)	200 (93.5%)
	75-79	15 (16.3%)	77 (83.7%)	25 (27.2%)	67 (72.8%)	3 (3.3%)	89 (96.7%)
	80-	16 (32.7%)	33 (67.3%)	12 (24.5%)	37 (75.5%)	2 (4.1%)	47 (95.9%)
	合計	267 (20.7%)	1020 (79.3%)	265 (20.6%)	1022 (79.4%)	55 (4.3%)	1232 (95.7%)
女性	-39	74 (28.0%)	190 (72.0%)	76 (28.8%)	188 (71.2%)	32 (12.2%)	231 (87.8%)
	40-44	34 (29.3%)	82 (70.7%)	28 (24.1%)	88 (75.9%)	13 (11.2%)	103 (88.8%)
	45-49	33 (25.8%)	95 (74.2%)	34 (26.6%)	94 (73.4%)	16 (12.5%)	112 (87.5%)
	50-54	35 (23.5%)	114 (76.5%)	41 (27.7%)	107 (72.3%)	14 (9.4%)	135 (90.6%)
	55-59	56 (27.3%)	149 (72.7%)	64 (31.4%)	140 (68.6%)	25 (12.3%)	179 (87.7%)
	60-64	99 (29.3%)	239 (70.7%)	128 (37.8%)	211 (62.2%)	34 (10.1%)	303 (89.9%)
	65-69	91 (33.7%)	179 (66.3%)	91 (33.8%)	178 (66.2%)	26 (9.4%)	244 (90.4%)
	70-74	87 (35.2%)	160 (64.8%)	104 (42.3%)	142 (57.7%)	21 (8.6%)	223 (91.4%)
	75-79	41 (38.3%)	66 (61.7%)	45 (42.1%)	62 (57.9%)	17 (15.9%)	90 (84.1%)
	80-	13 (24.1%)	41 (75.9%)	17 (31.5%)	37 (68.5%)	5 (9.3%)	49 (90.7%)
	合計	563 (30.0%)	1315 (70.0%)	628 (33.5%)	1247 (66.5%)	203 (10.8%)	1669 (89.2%)
合計	-39	103 (25.6%)	300 (74.4%)	94 (23.3%)	309 (76.7%)	36 (9.0%)	366 (91.0%)
	40-44	50 (24.6%)	153 (75.4%)	37 (18.2%)	166 (81.8%)	15 (7.4%)	188 (92.6%)
	45-49	49 (24.5%)	151 (75.5%)	42 (21.0%)	158 (79.0%)	18 (9.0%)	182 (91.0%)
	50-54	53 (22.6%)	181 (77.4%)	55 (23.6%)	178 (76.4%)	17 (7.3%)	217 (92.7%)
	55-59	80 (24.1%)	252 (75.9%)	90 (27.2%)	241 (72.8%)	30 (9.1%)	301 (90.9%)
	60-64	143 (25.2%)	425 (74.8%)	181 (31.8%)	388 (68.2%)	40 (7.1%)	527 (92.9%)
	65-69	136 (29.4%)	326 (70.6%)	145 (31.5%)	316 (68.5%)	40 (8.7%)	422 (91.3%)
	70-74	131 (28.4%)	330 (71.6%)	150 (32.6%)	310 (67.4%)	35 (7.6%)	423 (92.4%)
	75-79	56 (28.1%)	143 (71.9%)	70 (35.2%)	129 (64.8%)	20 (10.1%)	179 (89.9%)
	80-	29 (28.2%)	74 (71.8%)	29 (28.2%)	74 (71.8%)	7 (6.8%)	96 (93.2%)
	合計	830 (26.2%)	2335 (73.8%)	893 (28.2%)	2269 (71.8%)	258 (8.2%)	2901 (91.8%)

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	59 (42.4%)	25 (18.0%)	26 (18.7%)	23 (16.5%)	6 (4.3%)	22 (15.9%)	23 (16.7%)	33 (23.9%)	60 (43.5%)
	40-44	34 (39.1%)	11 (12.6%)	22 (25.3%)	11 (12.6%)	9 (10.3%)	11 (12.6%)	22 (25.3%)	27 (31.0%)	27 (31.0%)
	45-49	38 (51.4%)	7 (9.5%)	14 (18.9%)	9 (12.2%)	6 (8.1%)	8 (11.0%)	12 (16.4%)	24 (32.9%)	29 (39.7%)
	50-54	38 (44.7%)	12 (14.1%)	20 (23.5%)	8 (9.4%)	7 (8.2%)	8 (9.4%)	24 (28.2%)	27 (31.8%)	26 (30.6%)
	55-59	55 (43.7%)	17 (13.5%)	22 (17.5%)	26 (20.6%)	6 (4.8%)	15 (12.0%)	30 (24.0%)	35 (28.0%)	45 (36.0%)
	60-64	126 (54.8%)	25 (10.9%)	41 (17.8%)	27 (11.7%)	11 (4.8%)	26 (11.3%)	38 (16.5%)	63 (27.4%)	103 (44.8%)
	65-69	93 (48.7%)	23 (12.0%)	34 (17.8%)	26 (13.6%)	15 (7.9%)	10 (5.2%)	30 (15.7%)	51 (26.7%)	100 (52.4%)
	70-74	119 (56.7%)	24 (11.4%)	31 (14.8%)	24 (11.4%)	12 (5.7%)	12 (5.7%)	27 (12.9%)	41 (19.6%)	129 (61.7%)
	75-79	45 (48.9%)	6 (6.5%)	19 (20.7%)	16 (17.4%)	6 (6.5%)	5 (5.4%)	16 (17.4%)	16 (17.4%)	55 (59.8%)
	80-	27 (55.1%)	2 (4.1%)	10 (20.4%)	4 (8.2%)	6 (12.2%)	4 (8.2%)	4 (8.2%)	7 (14.3%)	34 (69.4%)
合計	634 (49.4%)	152 (11.8%)	239 (18.6%)	174 (13.6%)	84 (6.5%)	121 (9.5%)	226 (17.7%)	324 (25.3%)	608 (47.5%)	
女性	-39	117 (44.3%)	38 (14.4%)	38 (14.4%)	46 (17.4%)	25 (9.5%)	26 (9.8%)	50 (18.9%)	74 (28.0%)	114 (43.2%)
	40-44	58 (50.0%)	14 (12.1%)	21 (18.1%)	18 (15.5%)	5 (4.3%)	13 (11.2%)	27 (23.3%)	29 (25.0%)	47 (40.5%)
	45-49	56 (43.8%)	20 (15.6%)	28 (21.9%)	19 (14.8%)	5 (3.9%)	15 (11.7%)	15 (11.7%)	48 (37.5%)	50 (39.1%)
	50-54	62 (41.6%)	13 (8.7%)	37 (24.8%)	21 (14.1%)	16 (10.7%)	14 (9.4%)	36 (24.2%)	39 (26.2%)	60 (40.3%)
	55-59	108 (52.7%)	28 (13.7%)	40 (19.5%)	11 (5.4%)	18 (8.8%)	22 (10.7%)	32 (15.6%)	70 (34.1%)	81 (39.5%)
	60-64	178 (52.8%)	38 (11.3%)	51 (15.1%)	47 (13.9%)	23 (6.8%)	27 (8.0%)	46 (13.6%)	110 (32.6%)	154 (45.7%)
	65-69	144 (53.3%)	29 (10.7%)	47 (17.4%)	35 (13.0%)	15 (5.6%)	14 (5.2%)	28 (10.4%)	76 (28.1%)	152 (56.3%)
	70-74	108 (44.3%)	32 (13.1%)	48 (19.7%)	34 (13.9%)	22 (9.0%)	18 (7.3%)	28 (11.4%)	66 (26.9%)	133 (54.3%)
	75-79	49 (46.2%)	16 (15.1%)	16 (15.1%)	13 (12.3%)	12 (11.3%)	9 (8.5%)	9 (8.5%)	24 (22.6%)	64 (60.4%)
	80-	24 (45.3%)	8 (15.1%)	7 (13.2%)	9 (17.0%)	5 (9.4%)	3 (5.6%)	1 (1.9%)	13 (24.1%)	37 (68.5%)
合計	904 (48.3%)	236 (12.6%)	333 (17.8%)	253 (13.5%)	146 (7.8%)	161 (8.6%)	272 (14.5%)	549 (29.3%)	892 (47.6%)	
合計	-39	176 (43.7%)	63 (15.6%)	64 (15.9%)	69 (17.1%)	31 (7.7%)	48 (11.9%)	73 (18.2%)	107 (26.6%)	174 (43.3%)
	40-44	92 (45.3%)	25 (12.3%)	43 (21.2%)	29 (14.3%)	14 (6.9%)	24 (11.8%)	49 (24.1%)	56 (27.6%)	74 (36.5%)
	45-49	94 (46.5%)	27 (13.4%)	42 (20.8%)	28 (13.9%)	11 (5.4%)	23 (11.4%)	27 (13.4%)	72 (35.8%)	79 (39.3%)
	50-54	100 (42.7%)	25 (10.7%)	57 (24.4%)	29 (12.4%)	23 (9.8%)	22 (9.4%)	60 (25.6%)	66 (28.2%)	86 (36.8%)
	55-59	163 (49.2%)	45 (13.6%)	62 (18.7%)	37 (11.2%)	24 (7.3%)	37 (11.2%)	62 (18.8%)	105 (31.8%)	126 (38.2%)
	60-64	304 (53.6%)	63 (11.1%)	92 (16.2%)	74 (13.1%)	34 (6.0%)	53 (9.3%)	84 (14.8%)	173 (30.5%)	257 (45.3%)
	65-69	237 (51.4%)	52 (11.3%)	81 (17.6%)	61 (13.2%)	30 (6.5%)	24 (5.2%)	58 (12.6%)	127 (27.5%)	252 (54.7%)
	70-74	227 (50.0%)	56 (12.3%)	79 (17.4%)	58 (12.8%)	34 (7.5%)	30 (6.8%)	55 (12.1%)	107 (23.6%)	262 (57.7%)
	75-79	94 (47.5%)	22 (11.1%)	35 (17.7%)	29 (14.6%)	18 (9.1%)	14 (7.1%)	25 (12.6%)	40 (20.2%)	119 (60.1%)
	80-	51 (50.0%)	10 (9.8%)	17 (16.7%)	13 (12.7%)	11 (10.8%)	7 (6.8%)	5 (4.9%)	20 (19.4%)	71 (68.9%)
合計	1538 (48.7%)	388 (12.3%)	572 (18.1%)	427 (13.5%)	230 (7.3%)	282 (8.9%)	498 (15.8%)	873 (27.7%)	1500 (47.6%)	

資料

【平成23年度分】度数分布表（釜石市）

【1】医療に関してお尋ねします。

【2】食事についておたずねします。

【3】（省略）

(1) 現在の健康状態はいかがですか。

(1) 最近の食事の回数について  
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	2 (66.7%)
	40-44	0 (0.0%)	6 (100.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)
	45-49	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)
	50-54	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	2 (66.7%)
	55-59	0 (0.0%)	5 (71.4%)	0 (0.0%)	2 (28.6%)	2 (33.3%)	4 (66.7%)
	60-64	2 (10.0%)	13 (65.0%)	5 (25.0%)	0 (0.0%)	3 (15.0%)	17 (85.0%)
	65-69	1 (8.3%)	10 (83.3%)	1 (8.3%)	0 (0.0%)	1 (9.1%)	10 (90.9%)
	70-74	2 (8.7%)	17 (73.9%)	4 (17.4%)	0 (0.0%)	4 (17.4%)	19 (82.6%)
	75-79	1 (6.7%)	11 (73.3%)	3 (20.0%)	0 (0.0%)	0 (0.0%)	13 (100.0%)
	80-	0 (0.0%)	5 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (100.0%)
合計	6 (6.2%)	72 (74.2%)	17 (17.5%)	2 (2.1%)	13 (14.1%)	79 (85.9%)	
女性	-39	0 (0.0%)	12 (100.0%)	0 (0.0%)	0 (0.0%)	3 (25.0%)	9 (75.0%)
	40-44	0 (0.0%)	9 (100.0%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	8 (88.9%)
	45-49	0 (0.0%)	4 (57.1%)	3 (42.9%)	0 (0.0%)	1 (14.3%)	6 (85.7%)
	50-54	1 (7.7%)	10 (76.9%)	2 (15.4%)	0 (0.0%)	2 (15.4%)	11 (84.6%)
	55-59	2 (15.4%)	8 (61.5%)	2 (15.4%)	1 (7.7%)	3 (23.1%)	10 (76.9%)
	60-64	1 (2.6%)	32 (84.2%)	5 (13.2%)	0 (0.0%)	3 (8.6%)	32 (91.4%)
	65-69	2 (7.7%)	20 (76.9%)	4 (15.4%)	0 (0.0%)	1 (3.7%)	26 (96.3%)
	70-74	1 (4.5%)	16 (72.7%)	4 (18.2%)	1 (4.5%)	1 (4.8%)	20 (95.2%)
	75-79	4 (19.0%)	14 (66.7%)	3 (14.3%)	0 (0.0%)	1 (4.8%)	20 (95.2%)
	80-	2 (18.2%)	5 (45.5%)	4 (36.4%)	0 (0.0%)	0 (0.0%)	10 (100.0%)
合計	13 (7.6%)	130 (75.6%)	27 (15.7%)	2 (1.2%)	16 (9.5%)	152 (90.5%)	
合計	-39	0 (0.0%)	13 (86.7%)	2 (13.3%)	0 (0.0%)	4 (26.7%)	11 (73.3%)
	40-44	0 (0.0%)	15 (100.0%)	0 (0.0%)	0 (0.0%)	2 (14.3%)	12 (85.7%)
	45-49	0 (0.0%)	6 (60.0%)	4 (40.0%)	0 (0.0%)	1 (10.0%)	9 (90.0%)
	50-54	1 (6.3%)	12 (75.0%)	3 (18.8%)	0 (0.0%)	3 (18.8%)	13 (81.3%)
	55-59	2 (10.0%)	13 (65.0%)	2 (10.0%)	3 (15.0%)	5 (26.3%)	14 (73.7%)
	60-64	3 (5.2%)	45 (77.6%)	10 (17.2%)	0 (0.0%)	6 (10.9%)	49 (89.1%)
	65-69	3 (7.9%)	30 (78.9%)	5 (13.2%)	0 (0.0%)	2 (5.3%)	36 (94.7%)
	70-74	3 (6.7%)	33 (73.3%)	8 (17.8%)	1 (2.2%)	5 (11.4%)	39 (88.6%)
	75-79	5 (13.9%)	25 (69.4%)	6 (16.7%)	0 (0.0%)	1 (2.9%)	33 (97.1%)
	80-	2 (12.5%)	10 (62.5%)	4 (25.0%)	0 (0.0%)	0 (0.0%)	15 (100.0%)
合計	19 (7.1%)	202 (75.1%)	44 (16.4%)	4 (1.5%)	29 (11.2%)	231 (88.8%)	



【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていたか。(副問) 仕事をしていなかった場合、職業について当てはまるもの1つに○をつけて下さい。

		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他
男性	-39	3 (100.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
	40-44	5 (100.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	0 (0.0%)	0 (0.0%)
	45-49	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (50.0%)
	55-59	3 (60.0%)	2 (40.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)
	60-64	14 (70.0%)	6 (30.0%)	2 (14.3%)	3 (21.4%)	3 (21.4%)	2 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (14.3%)	0 (0.0%)	1 (7.1%)	1 (7.1%)	0 (0.0%)
	65-69	6 (60.0%)	4 (40.0%)	0 (0.0%)	3 (42.9%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	2 (28.6%)
	70-74	10 (43.5%)	13 (56.5%)	0 (0.0%)	7 (63.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (18.2%)	0 (0.0%)	0 (9.1%)	1 (9.1%)
	75-79	6 (46.2%)	7 (53.8%)	0 (0.0%)	7 (87.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (12.5%)
	80-	1 (20.0%)	4 (80.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	52 (57.8%)	38 (42.2%)	2 (3.4%)	24 (40.7%)	6 (10.2%)	6 (10.2%)	1 (1.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (8.5%)	0 (0.0%)	7 (11.9%)	3 (5.1%)	5 (8.5%)
女性	-39	7 (70.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	1 (11.1%)	1 (11.1%)	5 (55.6%)	0 (0.0%)
	40-44	5 (62.5%)	3 (37.5%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)
	45-49	6 (85.7%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	1 (16.7%)	0 (0.0%)	1 (16.7%)	1 (16.7%)	1 (16.7%)
	50-54	8 (61.5%)	5 (38.5%)	0 (0.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	3 (37.5%)	1 (12.5%)
	55-59	11 (84.6%)	2 (15.4%)	0 (0.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	3 (30.0%)	0 (0.0%)	3 (30.0%)
	60-64	24 (66.7%)	12 (33.3%)	1 (3.8%)	4 (15.4%)	0 (0.0%)	3 (11.5%)	0 (0.0%)	1 (3.8%)	1 (3.8%)	0 (0.0%)	6 (23.1%)	0 (0.0%)	6 (23.1%)	2 (7.7%)	3 (11.5%)
	65-69	10 (38.5%)	16 (61.5%)	0 (0.0%)	5 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)	0 (0.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)
	70-74	3 (15.0%)	17 (85.0%)	2 (50.0%)	1 (25.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	75-79	4 (21.1%)	15 (78.9%)	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	2 (22.2%)	7 (77.8%)	3 (60.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	80 (49.7%)	81 (50.3%)	8 (9.0%)	20 (22.5%)	1 (1.1%)	7 (7.9%)	0 (0.0%)	1 (1.1%)	1 (1.1%)	1 (1.1%)	13 (14.6%)	1 (1.1%)	15 (16.9%)	14 (15.7%)	8 (9.0%)
合計	-39	10 (76.9%)	3 (23.1%)	0 (0.0%)	1 (8.3%)	0 (0.0%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	1 (8.3%)	3 (25.0%)	5 (41.7%)	0 (0.0%)
	40-44	10 (76.9%)	3 (23.1%)	0 (0.0%)	2 (16.7%)	2 (16.7%)	2 (16.7%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (25.0%)	2 (16.7%)	0 (0.0%)
	45-49	8 (80.0%)	2 (20.0%)	0 (0.0%)	0 (0.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	2 (25.0%)	0 (0.0%)	1 (12.5%)	1 (12.5%)	1 (12.5%)
	50-54	10 (62.5%)	6 (37.5%)	0 (0.0%)	2 (20.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	1 (10.0%)	3 (30.0%)	2 (20.0%)
	55-59	14 (77.8%)	4 (22.2%)	0 (0.0%)	4 (26.7%)	0 (0.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	4 (26.7%)	1 (6.7%)	3 (20.0%)
	60-64	38 (67.3%)	18 (32.1%)	3 (7.5%)	7 (17.5%)	3 (7.5%)	5 (12.5%)	0 (0.0%)	1 (2.5%)	1 (2.5%)	0 (0.0%)	8 (20.0%)	0 (0.0%)	7 (17.5%)	3 (7.5%)	3 (7.5%)
	65-69	16 (44.4%)	20 (55.6%)	0 (0.0%)	8 (47.1%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (11.8%)	0 (0.0%)	3 (17.6%)	1 (5.9%)	2 (11.8%)
	70-74	13 (30.2%)	30 (69.8%)	2 (13.3%)	8 (53.3%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	1 (6.7%)
	75-79	10 (31.3%)	22 (68.8%)	2 (15.4%)	10 (76.9%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (7.7%)
	80-	3 (21.4%)	11 (78.6%)	3 (50.0%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	132 (52.6%)	119 (47.4%)	10 (6.8%)	44 (29.7%)	7 (4.7%)	13 (8.8%)	1 (0.7%)	1 (0.7%)	1 (0.7%)	1 (0.7%)	18 (12.2%)	1 (0.7%)	22 (14.9%)	17 (11.5%)	13 (8.8%)

(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるもの全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	3 (100.0%)	0 (0.0%)	0 (0.0%)	2 (6.9%)	0 (0.0%)	2 (13.3%)	1 (25.0%)
	40-44	5 (83.3%)	1 (16.7%)	1 (20.0%)	2 (6.9%)	2 (50.0%)	1 (6.7%)	0 (0.0%)
	45-49	3 (100.0%)	0 (0.0%)	2 (40.0%)	0 (0.0%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
	50-54	1 (33.3%)	2 (66.7%)	0 (0.0%)	1 (3.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	4 (80.0%)	1 (20.0%)	0 (0.0%)	4 (13.8%)	0 (0.0%)	1 (6.7%)	0 (0.0%)
	60-64	7 (36.8%)	12 (63.2%)	1 (20.0%)	4 (13.8%)	0 (0.0%)	6 (40.0%)	0 (0.0%)
	65-69	4 (40.0%)	6 (60.0%)	1 (20.0%)	5 (17.2%)	1 (25.0%)	0 (0.0%)	0 (0.0%)
	70-74	8 (38.1%)	13 (61.9%)	0 (0.0%)	6 (20.7%)	0 (0.0%)	4 (26.7%)	1 (25.0%)
	75-79	8 (53.3%)	7 (46.7%)	0 (0.0%)	5 (17.2%)	0 (0.0%)	0 (0.0%)	2 (50.0%)
	80-	1 (25.0%)	3 (75.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	0 (0.0%)
	合計	44 (49.4%)	45 (50.8%)	5 (100.0%)	29 (100.0%)	4 (100.0%)	15 (100.0%)	4 (100.0%)
女性	-39	4 (40.0%)	6 (60.0%)	1 (25.0%)	3 (6.8%)	1 (33.3%)	1 (3.0%)	2 (25.0%)
	40-44	2 (22.2%)	7 (77.8%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	2 (6.1%)	0 (0.0%)
	45-49	4 (57.1%)	3 (42.9%)	1 (25.0%)	2 (4.5%)	0 (0.0%)	2 (6.1%)	0 (0.0%)
	50-54	7 (53.8%)	6 (46.2%)	1 (25.0%)	5 (11.4%)	0 (0.0%)	4 (12.1%)	1 (12.5%)
	55-59	10 (76.9%)	3 (23.1%)	0 (0.0%)	7 (15.9%)	0 (0.0%)	5 (15.2%)	1 (12.5%)
	60-64	21 (55.3%)	17 (44.7%)	0 (0.0%)	14 (31.8%)	1 (33.3%)	12 (36.4%)	1 (12.5%)
	65-69	8 (30.8%)	18 (69.2%)	1 (25.0%)	6 (13.6%)	0 (0.0%)	2 (6.1%)	2 (25.0%)
	70-74	4 (20.0%)	16 (80.0%)	0 (0.0%)	1 (2.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	75-79	6 (28.6%)	15 (71.4%)	0 (0.0%)	4 (9.1%)	0 (0.0%)	3 (9.1%)	1 (12.5%)
	80-	2 (18.2%)	9 (81.8%)	0 (0.0%)	1 (2.3%)	0 (0.0%)	2 (6.1%)	0 (0.0%)
	合計	68 (40.5%)	100 (59.5%)	4 (100.0%)	44 (100.0%)	3 (100.0%)	33 (100.0%)	8 (100.0%)
合計	-39	7 (53.8%)	6 (46.2%)	1 (11.1%)	5 (6.8%)	1 (14.3%)	3 (6.3%)	3 (25.0%)
	40-44	7 (46.7%)	8 (53.3%)	1 (11.1%)	3 (4.1%)	2 (28.6%)	3 (6.3%)	0 (0.0%)
	45-49	7 (70.0%)	3 (30.0%)	3 (33.3%)	2 (2.7%)	1 (14.3%)	2 (4.2%)	0 (0.0%)
	50-54	8 (50.0%)	8 (50.0%)	1 (11.1%)	6 (8.2%)	0 (0.0%)	4 (8.3%)	1 (8.3%)
	55-59	14 (77.8%)	4 (22.2%)	0 (0.0%)	11 (15.1%)	0 (0.0%)	6 (12.5%)	1 (8.3%)
	60-64	28 (49.1%)	29 (50.9%)	1 (11.1%)	18 (24.7%)	1 (14.3%)	18 (37.5%)	1 (8.3%)
	65-69	12 (33.3%)	24 (66.7%)	2 (22.2%)	11 (15.1%)	1 (14.3%)	2 (4.2%)	2 (16.7%)
	70-74	12 (29.3%)	29 (70.7%)	0 (0.0%)	7 (9.6%)	1 (14.3%)	4 (8.3%)	1 (8.3%)
	75-79	14 (38.9%)	22 (61.1%)	0 (0.0%)	9 (12.3%)	0 (0.0%)	3 (6.3%)	3 (25.0%)
	80-	3 (20.0%)	12 (80.0%)	0 (0.0%)	1 (1.4%)	0 (0.0%)	3 (6.3%)	0 (0.0%)
	合計	112 (43.6%)	145 (56.4%)	9 (100.0%)	73 (100.0%)	7 (100.0%)	48 (100.0%)	12 (100.0%)

【5】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)
	40-44	0 (0.0%)	3 (50.0%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)
	45-49	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)
	50-54	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)
	55-59	3 (42.9%)	1 (14.3%)	2 (28.6%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	5 (100.0%)	0 (0.0%)
	60-64	2 (10.0%)	8 (40.0%)	3 (15.0%)	5 (25.0%)	2 (10.0%)	0 (0.0%)	15 (78.9%)	4 (21.1%)
	65-69	0 (0.0%)	2 (16.7%)	5 (41.7%)	3 (25.0%)	1 (8.3%)	1 (8.3%)	7 (70.0%)	3 (30.0%)
	70-74	1 (4.3%)	5 (21.7%)	8 (34.8%)	7 (30.4%)	2 (8.7%)	0 (0.0%)	10 (58.8%)	7 (41.2%)
	75-79	1 (6.7%)	5 (33.3%)	2 (13.3%)	4 (26.7%)	3 (20.0%)	0 (0.0%)	5 (71.4%)	2 (28.6%)
	80-	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	1 (20.0%)	1 (20.0%)	1 (33.3%)	2 (66.7%)
	合計	7 (7.2%)	30 (30.9%)	24 (24.7%)	24 (24.7%)	9 (9.3%)	3 (3.1%)	51 (68.0%)	24 (32.0%)
女性	-39	0 (0.0%)	4 (33.3%)	3 (25.0%)	4 (33.3%)	1 (8.3%)	0 (0.0%)	9 (81.8%)	2 (18.2%)
	40-44	1 (11.1%)	3 (33.3%)	4 (44.4%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	6 (66.7%)	3 (33.3%)
	45-49	1 (14.3%)	3 (42.9%)	0 (0.0%)	2 (28.6%)	1 (14.3%)	0 (0.0%)	5 (100.0%)	0 (0.0%)
	50-54	1 (7.7%)	5 (38.5%)	6 (46.2%)	0 (0.0%)	1 (7.7%)	0 (0.0%)	8 (80.0%)	2 (20.0%)
	55-59	0 (0.0%)	4 (30.8%)	5 (38.5%)	4 (30.8%)	0 (0.0%)	0 (0.0%)	10 (90.9%)	1 (9.1%)
	60-64	4 (10.5%)	17 (44.7%)	13 (34.2%)	3 (7.9%)	1 (2.6%)	0 (0.0%)	26 (81.3%)	6 (18.8%)
	65-69	2 (7.4%)	8 (29.6%)	9 (33.3%)	8 (29.6%)	0 (0.0%)	0 (0.0%)	20 (83.3%)	4 (16.7%)
	70-74	3 (13.6%)	9 (40.9%)	5 (22.7%)	4 (18.2%)	1 (4.5%)	0 (0.0%)	15 (83.3%)	3 (16.7%)
	75-79	3 (14.3%)	3 (14.3%)	5 (23.8%)	6 (28.6%)	3 (14.3%)	1 (4.8%)	12 (85.7%)	2 (14.3%)
	80-	2 (18.2%)	4 (36.4%)	1 (9.1%)	3 (27.3%)	0 (0.0%)	1 (9.1%)	5 (55.6%)	4 (44.4%)
	合計	17 (9.8%)	60 (34.7%)	51 (29.5%)	35 (20.2%)	8 (4.6%)	2 (1.2%)	116 (81.1%)	27 (18.9%)
合計	-39	0 (0.0%)	6 (40.0%)	4 (26.7%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	11 (78.6%)	3 (21.4%)
	40-44	1 (6.7%)	6 (40.0%)	6 (40.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	7 (50.0%)	7 (50.0%)
	45-49	1 (10.0%)	5 (50.0%)	1 (10.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)	7 (87.5%)	1 (12.5%)
	50-54	1 (6.3%)	7 (43.8%)	6 (37.5%)	1 (6.3%)	1 (6.3%)	0 (0.0%)	11 (84.0%)	2 (15.4%)
	55-59	3 (15.0%)	5 (25.0%)	7 (35.0%)	4 (20.0%)	0 (0.0%)	1 (5.0%)	15 (93.8%)	1 (6.3%)
	60-64	6 (10.3%)	25 (43.1%)	16 (27.6%)	8 (13.8%)	3 (5.2%)	0 (0.0%)	41 (80.4%)	10 (19.6%)
	65-69	2 (5.1%)	10 (25.6%)	14 (35.9%)	11 (28.2%)	1 (2.6%)	1 (2.6%)	27 (79.4%)	7 (20.6%)
	70-74	4 (8.9%)	14 (31.1%)	13 (28.9%)	11 (24.4%)	3 (6.7%)	0 (0.0%)	25 (71.4%)	10 (28.6%)
	75-79	4 (11.1%)	8 (22.2%)	7 (19.4%)	10 (27.8%)	6 (16.7%)	1 (2.8%)	17 (81.0%)	4 (19.0%)
	80-	2 (12.5%)	4 (25.0%)	1 (6.3%)	6 (37.5%)	1 (6.3%)	2 (12.5%)	6 (50.0%)	6 (50.0%)
	合計	24 (8.9%)	90 (33.3%)	75 (27.8%)	59 (21.9%)	17 (6.3%)	5 (1.9%)	167 (76.6%)	51 (23.4%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)
	40-44	3 (50.0%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	4 (66.7%)	0 (0.0%)	0 (0.0%)
	45-49	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	50-54	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	55-59	5 (71.4%)	1 (14.3%)	0 (0.0%)	1 (14.3%)	3 (42.9%)	3 (42.9%)	1 (14.3%)	0 (0.0%)	1 (14.3%)	5 (71.4%)	0 (0.0%)	1 (14.3%)
	60-64	10 (50.0%)	5 (25.0%)	4 (20.0%)	1 (5.0%)	11 (55.0%)	8 (40.0%)	1 (5.0%)	0 (0.0%)	9 (45.0%)	8 (40.0%)	3 (15.0%)	0 (0.0%)
	65-69	6 (50.0%)	6 (50.0%)	0 (0.0%)	0 (0.0%)	8 (66.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	8 (66.7%)	2 (16.7%)	0 (0.0%)
	70-74	13 (56.5%)	8 (34.8%)	1 (4.3%)	1 (4.3%)	18 (78.3%)	3 (13.0%)	2 (8.7%)	0 (0.0%)	14 (60.9%)	7 (30.4%)	2 (8.7%)	0 (0.0%)
	75-79	5 (33.3%)	8 (53.3%)	2 (13.3%)	0 (0.0%)	8 (53.3%)	6 (40.0%)	1 (6.7%)	0 (0.0%)	5 (33.3%)	9 (60.0%)	1 (6.7%)	0 (0.0%)
	80-	5 (100.0%)	0 (0.0%)	0 (0.0%)	4 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)
合計	50 (51.5%)	33 (34.0%)	10 (10.3%)	4 (4.1%)	61 (62.9%)	31 (32.0%)	5 (5.2%)	0 (0.0%)	42 (43.3%)	45 (46.4%)	8 (8.2%)	2 (2.1%)	
女性	-39	4 (33.3%)	6 (50.0%)	2 (16.7%)	0 (0.0%)	8 (66.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	9 (81.8%)	2 (18.2%)	0 (0.0%)	0 (0.0%)
	40-44	7 (77.8%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	9 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (77.8%)	2 (22.2%)	0 (0.0%)	0 (0.0%)
	45-49	5 (71.4%)	2 (28.6%)	0 (0.0%)	0 (0.0%)	6 (85.7%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	5 (71.4%)	2 (28.6%)	0 (0.0%)	0 (0.0%)
	50-54	8 (61.5%)	4 (30.8%)	1 (7.7%)	0 (0.0%)	11 (84.6%)	1 (7.7%)	1 (7.7%)	0 (0.0%)	6 (50.0%)	5 (41.7%)	0 (0.0%)	1 (8.3%)
	55-59	7 (53.8%)	6 (46.2%)	0 (0.0%)	0 (0.0%)	11 (84.6%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	7 (53.8%)	0 (0.0%)	0 (0.0%)
	60-64	9 (23.7%)	23 (60.5%)	4 (10.5%)	2 (5.3%)	16 (42.1%)	19 (50.0%)	3 (7.9%)	0 (0.0%)	19 (50.0%)	15 (39.5%)	3 (7.9%)	1 (2.6%)
	65-69	11 (42.3%)	10 (38.5%)	4 (15.4%)	1 (3.8%)	11 (40.7%)	13 (48.1%)	3 (11.1%)	0 (0.0%)	8 (29.6%)	18 (66.7%)	1 (3.7%)	0 (0.0%)
	70-74	7 (31.8%)	11 (50.0%)	2 (9.1%)	2 (9.1%)	8 (36.4%)	9 (40.9%)	5 (22.7%)	0 (0.0%)	7 (31.8%)	9 (40.9%)	4 (18.2%)	2 (9.1%)
	75-79	9 (45.0%)	8 (40.0%)	2 (10.0%)	1 (5.0%)	13 (61.9%)	8 (38.1%)	0 (0.0%)	0 (0.0%)	10 (47.6%)	8 (38.1%)	2 (9.5%)	1 (4.8%)
	80-	5 (45.5%)	3 (27.3%)	3 (27.3%)	0 (0.0%)	5 (45.5%)	5 (45.5%)	3 (0.0%)	1 (9.1%)	3 (27.3%)	6 (54.5%)	2 (18.2%)	0 (0.0%)
合計	72 (42.1%)	75 (43.9%)	18 (10.5%)	6 (3.5%)	98 (56.6%)	62 (35.8%)	12 (6.9%)	1 (0.6%)	80 (46.8%)	74 (43.3%)	12 (7.0%)	5 (2.9%)	
合計	-39	4 (26.7%)	7 (46.7%)	3 (20.0%)	1 (6.7%)	11 (73.3%)	4 (26.7%)	0 (0.0%)	0 (0.0%)	11 (78.6%)	2 (14.3%)	0 (0.0%)	1 (7.1%)
	40-44	10 (66.7%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	12 (80.0%)	3 (20.0%)	0 (0.0%)	0 (0.0%)	9 (60.0%)	6 (40.0%)	0 (0.0%)	0 (0.0%)
	45-49	6 (60.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	8 (80.0%)	2 (20.0%)	0 (0.0%)	0 (0.0%)	7 (70.0%)	3 (30.0%)	0 (0.0%)	0 (0.0%)
	50-54	10 (62.5%)	4 (25.0%)	2 (12.5%)	0 (0.0%)	12 (75.0%)	3 (18.8%)	1 (6.3%)	0 (0.0%)	8 (53.3%)	6 (40.0%)	0 (0.0%)	1 (6.7%)
	55-59	12 (60.0%)	7 (35.0%)	0 (0.0%)	1 (5.0%)	14 (70.0%)	5 (25.0%)	1 (5.0%)	0 (0.0%)	7 (35.0%)	12 (60.0%)	0 (0.0%)	1 (5.0%)
	60-64	19 (32.8%)	28 (48.3%)	8 (13.8%)	3 (5.2%)	27 (46.6%)	27 (46.6%)	4 (6.9%)	0 (0.0%)	28 (48.3%)	23 (39.7%)	6 (10.3%)	1 (1.7%)
	65-69	17 (44.7%)	16 (42.1%)	4 (10.5%)	1 (2.6%)	19 (48.7%)	17 (43.6%)	3 (7.7%)	0 (0.0%)	10 (25.6%)	26 (66.7%)	3 (7.7%)	0 (0.0%)
	70-74	20 (44.4%)	19 (42.2%)	3 (6.7%)	3 (6.7%)	26 (57.8%)	12 (26.7%)	7 (15.6%)	0 (0.0%)	21 (46.7%)	16 (35.6%)	6 (13.3%)	2 (4.4%)
	75-79	14 (40.0%)	16 (45.7%)	4 (11.4%)	1 (2.9%)	21 (58.3%)	14 (38.9%)	1 (2.8%)	0 (0.0%)	15 (41.7%)	17 (47.2%)	3 (8.3%)	1 (2.8%)
	80-	10 (62.5%)	3 (18.8%)	3 (18.8%)	0 (0.0%)	9 (56.3%)	6 (37.5%)	0 (0.0%)	1 (6.3%)	6 (37.5%)	8 (50.0%)	2 (12.5%)	0 (0.0%)
合計	122 (45.5%)	108 (40.3%)	28 (10.4%)	10 (3.7%)	159 (58.9%)	93 (34.4%)	17 (6.3%)	1 (0.4%)	122 (45.5%)	119 (44.4%)	20 (7.5%)	7 (2.6%)	

## 4) 総睡眠時間は？

## 5) 全体的な睡眠の質は？

## 6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減入った	かなり減入った	非常に減入った
男性	-39	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	40-44	2 (33.3%)	4 (66.7%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	3 (50.0%)	1 (16.7%)	0 (0.0%)	3 (50.0%)	3 (50.0%)	0 (0.0%)	0 (0.0%)
	45-49	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)
	50-54	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	55-59	4 (57.1%)	2 (28.6%)	0 (0.0%)	1 (14.3%)	3 (42.9%)	3 (42.9%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	5 (71.4%)	1 (14.3%)	1 (14.3%)
	60-64	12 (60.0%)	4 (20.0%)	4 (20.0%)	0 (0.0%)	11 (55.0%)	6 (30.0%)	3 (15.0%)	0 (0.0%)	14 (70.0%)	5 (25.0%)	1 (5.0%)	0 (0.0%)
	65-69	7 (58.3%)	5 (41.7%)	0 (0.0%)	0 (0.0%)	4 (33.3%)	8 (66.7%)	0 (0.0%)	0 (0.0%)	7 (58.3%)	5 (41.7%)	0 (0.0%)	0 (0.0%)
	70-74	16 (69.6%)	6 (26.1%)	1 (4.3%)	0 (0.0%)	15 (65.2%)	6 (26.1%)	2 (8.7%)	0 (0.0%)	17 (73.9%)	5 (21.7%)	1 (4.3%)	0 (0.0%)
	75-79	10 (66.7%)	4 (26.7%)	1 (6.7%)	0 (0.0%)	8 (53.3%)	5 (33.3%)	2 (13.3%)	0 (0.0%)	9 (60.0%)	5 (33.3%)	1 (6.7%)	0 (0.0%)
	80-	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)
合計	58 (59.8%)	30 (30.9%)	8 (8.2%)	1 (1.0%)	48 (49.5%)	38 (39.2%)	8 (8.2%)	3 (3.1%)	59 (60.8%)	32 (33.0%)	5 (5.2%)	1 (1.0%)	
女性	-39	5 (41.7%)	7 (58.3%)	0 (0.0%)	0 (0.0%)	6 (50.0%)	6 (50.0%)	0 (0.0%)	0 (0.0%)	4 (33.3%)	7 (58.3%)	1 (8.3%)	0 (0.0%)
	40-44	3 (33.3%)	6 (66.7%)	0 (0.0%)	0 (0.0%)	3 (33.3%)	6 (66.7%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	4 (44.4%)	0 (0.0%)	0 (0.0%)
	45-49	2 (28.6%)	4 (57.1%)	1 (14.3%)	0 (0.0%)	2 (28.6%)	5 (71.4%)	0 (0.0%)	0 (0.0%)	3 (42.9%)	2 (28.6%)	2 (28.6%)	0 (0.0%)
	50-54	4 (30.8%)	8 (61.5%)	1 (7.7%)	0 (0.0%)	4 (30.8%)	8 (61.5%)	1 (7.7%)	0 (0.0%)	4 (30.8%)	8 (61.5%)	1 (7.7%)	0 (0.0%)
	55-59	8 (61.5%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	7 (53.8%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	6 (46.2%)	0 (0.0%)	1 (7.7%)
	60-64	13 (34.2%)	23 (60.5%)	1 (2.6%)	1 (2.6%)	14 (36.8%)	22 (57.9%)	1 (2.6%)	1 (2.6%)	20 (54.1%)	14 (37.8%)	3 (8.1%)	0 (0.0%)
	65-69	17 (63.0%)	9 (33.3%)	1 (3.7%)	0 (0.0%)	9 (33.3%)	17 (63.0%)	1 (3.7%)	0 (0.0%)	16 (59.3%)	10 (37.0%)	1 (3.7%)	0 (0.0%)
	70-74	8 (36.4%)	10 (45.5%)	3 (13.6%)	1 (4.5%)	8 (36.4%)	9 (40.9%)	3 (13.6%)	2 (9.1%)	11 (50.0%)	8 (36.4%)	3 (13.6%)	0 (0.0%)
	75-79	12 (57.1%)	7 (33.3%)	1 (4.8%)	1 (4.8%)	11 (52.4%)	8 (38.1%)	2 (9.5%)	0 (0.0%)	11 (52.4%)	9 (42.9%)	0 (0.0%)	1 (4.8%)
	80-	7 (63.6%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	0 (0.0%)	0 (0.0%)	7 (63.6%)	4 (36.4%)	0 (0.0%)	0 (0.0%)
合計	79 (45.7%)	82 (47.4%)	9 (5.2%)	3 (1.7%)	69 (39.9%)	93 (53.8%)	8 (4.6%)	3 (1.7%)	87 (50.6%)	72 (41.9%)	11 (6.4%)	2 (1.2%)	
合計	-39	5 (33.3%)	9 (60.0%)	1 (6.7%)	0 (0.0%)	7 (46.7%)	6 (40.0%)	0 (0.0%)	2 (13.3%)	6 (40.0%)	8 (53.3%)	1 (6.7%)	0 (0.0%)
	40-44	5 (33.3%)	10 (66.7%)	0 (0.0%)	0 (0.0%)	5 (33.3%)	9 (60.0%)	1 (6.7%)	0 (0.0%)	8 (53.3%)	7 (46.7%)	0 (0.0%)	0 (0.0%)
	45-49	3 (30.0%)	5 (50.0%)	2 (20.0%)	0 (0.0%)	2 (20.0%)	8 (80.0%)	0 (0.0%)	0 (0.0%)	4 (40.0%)	3 (30.0%)	3 (30.0%)	0 (0.0%)
	50-54	6 (37.5%)	9 (56.3%)	1 (6.3%)	0 (0.0%)	5 (31.3%)	10 (62.5%)	1 (6.3%)	0 (0.0%)	6 (37.5%)	9 (56.3%)	1 (6.3%)	0 (0.0%)
	55-59	12 (60.0%)	7 (35.0%)	0 (0.0%)	1 (5.0%)	9 (45.0%)	10 (50.0%)	0 (0.0%)	1 (5.0%)	6 (30.0%)	11 (55.0%)	1 (5.0%)	2 (10.0%)
	60-64	25 (43.1%)	27 (46.6%)	5 (8.6%)	1 (1.7%)	25 (43.1%)	28 (48.3%)	4 (6.9%)	1 (1.7%)	34 (59.6%)	19 (33.3%)	4 (7.0%)	0 (0.0%)
	65-69	24 (61.5%)	14 (35.9%)	1 (2.6%)	0 (0.0%)	13 (33.3%)	25 (64.1%)	1 (2.6%)	0 (0.0%)	23 (59.0%)	15 (38.5%)	1 (2.6%)	0 (0.0%)
	70-74	24 (53.3%)	16 (35.6%)	4 (8.9%)	1 (2.2%)	23 (51.1%)	15 (33.3%)	5 (11.1%)	2 (4.4%)	28 (62.2%)	13 (28.9%)	4 (8.9%)	0 (0.0%)
	75-79	22 (61.1%)	11 (30.6%)	2 (5.6%)	1 (2.8%)	19 (52.8%)	13 (36.1%)	4 (11.1%)	0 (0.0%)	20 (55.6%)	14 (38.9%)	1 (2.8%)	1 (2.8%)
	80-	11 (68.8%)	4 (25.0%)	1 (6.3%)	0 (0.0%)	9 (56.3%)	7 (43.8%)	0 (0.0%)	0 (0.0%)	11 (68.8%)	5 (31.3%)	0 (0.0%)	0 (0.0%)
合計	137 (50.7%)	112 (41.5%)	17 (6.3%)	4 (1.5%)	117 (43.3%)	131 (48.5%)	16 (5.9%)	6 (2.2%)	146 (54.3%)	104 (38.7%)	16 (5.9%)	3 (1.1%)	

## 7) 日中の活動について(身体的及び精神的)

## 8) 日中の眠気について

		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	1 (33.3%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)
	40-44	1 (16.7%)	2 (33.3%)	3 (50.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	2 (33.3%)	0 (0.0%)
	45-49	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)
	50-54	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	1 (14.3%)	4 (57.1%)	1 (14.3%)	1 (14.3%)	0 (0.0%)	5 (71.4%)	1 (14.3%)	1 (14.3%)
	60-64	1 (5.0%)	9 (45.0%)	8 (40.0%)	2 (10.0%)	0 (0.0%)	7 (35.0%)	10 (50.0%)	3 (15.0%)	0 (0.0%)
	65-69	0 (0.0%)	6 (50.0%)	6 (50.0%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	11 (91.7%)	0 (0.0%)	0 (0.0%)
	70-74	0 (0.0%)	15 (65.2%)	7 (30.4%)	1 (4.3%)	0 (0.0%)	4 (17.4%)	17 (73.9%)	2 (8.7%)	0 (0.0%)
	75-79	2 (13.3%)	6 (40.0%)	6 (40.0%)	1 (6.7%)	0 (0.0%)	1 (6.7%)	14 (93.3%)	0 (0.0%)	0 (0.0%)
	80-	0 (0.0%)	3 (60.0%)	0 (0.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	3 (60.0%)	0 (0.0%)	1 (20.0%)
合計	5 (5.2%)	46 (47.4%)	36 (37.1%)	8 (8.2%)	2 (2.1%)	15 (15.5%)	70 (72.2%)	10 (10.3%)	2 (2.1%)	
女性	-39	2 (16.7%)	7 (58.3%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (75.0%)	3 (25.0%)	0 (0.0%)
	40-44	1 (11.1%)	5 (55.6%)	3 (33.3%)	0 (0.0%)	0 (0.0%)	1 (11.1%)	8 (88.9%)	0 (0.0%)	0 (0.0%)
	45-49	2 (28.6%)	4 (57.1%)	0 (0.0%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	5 (71.4%)	2 (28.6%)	0 (0.0%)
	50-54	3 (23.1%)	4 (30.8%)	5 (38.5%)	0 (0.0%)	1 (7.7%)	1 (7.7%)	11 (84.6%)	1 (7.7%)	0 (0.0%)
	55-59	0 (0.0%)	5 (38.5%)	7 (53.8%)	1 (7.7%)	0 (0.0%)	3 (23.1%)	10 (76.9%)	0 (0.0%)	0 (0.0%)
	60-64	3 (7.9%)	16 (42.1%)	13 (34.2%)	4 (10.5%)	2 (5.3%)	6 (15.8%)	31 (81.6%)	1 (2.6%)	0 (0.0%)
	65-69	1 (3.7%)	14 (51.9%)	12 (44.4%)	0 (0.0%)	0 (0.0%)	5 (18.5%)	21 (77.8%)	1 (3.7%)	0 (0.0%)
	70-74	1 (4.5%)	8 (36.4%)	8 (36.4%)	4 (18.2%)	1 (4.5%)	5 (22.7%)	16 (72.7%)	0 (0.0%)	1 (4.5%)
	75-79	2 (9.5%)	10 (47.6%)	7 (33.3%)	2 (9.5%)	0 (0.0%)	3 (14.3%)	15 (71.4%)	3 (14.3%)	0 (0.0%)
	80-	2 (18.2%)	2 (18.2%)	6 (54.5%)	1 (9.1%)	0 (0.0%)	3 (27.3%)	8 (72.7%)	0 (0.0%)	0 (0.0%)
合計	17 (9.8%)	75 (43.4%)	64 (37.0%)	13 (7.5%)	4 (2.3%)	27 (15.6%)	134 (77.5%)	11 (6.4%)	1 (0.6%)	
合計	-39	3 (20.0%)	8 (53.3%)	3 (20.0%)	1 (6.7%)	0 (0.0%)	0 (0.0%)	11 (73.3%)	4 (26.7%)	0 (0.0%)
	40-44	2 (13.3%)	7 (46.7%)	6 (40.0%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	12 (80.0%)	2 (13.3%)	0 (0.0%)
	45-49	2 (20.0%)	5 (50.0%)	1 (10.0%)	2 (20.0%)	0 (0.0%)	0 (0.0%)	7 (70.0%)	3 (30.0%)	0 (0.0%)
	50-54	3 (18.8%)	6 (37.5%)	6 (37.5%)	0 (0.0%)	1 (6.3%)	2 (12.5%)	13 (81.3%)	1 (6.3%)	0 (0.0%)
	55-59	0 (0.0%)	6 (30.0%)	11 (55.0%)	2 (10.0%)	1 (5.0%)	3 (15.0%)	15 (75.0%)	1 (5.0%)	1 (5.0%)
	60-64	4 (6.9%)	25 (43.1%)	21 (36.2%)	6 (10.3%)	2 (3.4%)	13 (22.4%)	41 (70.7%)	4 (6.9%)	0 (0.0%)
	65-69	1 (2.6%)	20 (51.3%)	18 (46.2%)	0 (0.0%)	0 (0.0%)	6 (15.4%)	32 (82.1%)	1 (2.6%)	0 (0.0%)
	70-74	1 (2.2%)	23 (51.1%)	15 (33.3%)	5 (11.1%)	1 (2.2%)	9 (20.0%)	33 (73.3%)	2 (4.4%)	1 (2.2%)
	75-79	4 (11.1%)	16 (44.4%)	13 (36.1%)	3 (8.3%)	0 (0.0%)	4 (11.1%)	29 (80.6%)	3 (8.3%)	0 (0.0%)
	80-	2 (12.5%)	5 (31.3%)	6 (37.5%)	2 (12.5%)	1 (6.3%)	4 (25.0%)	11 (68.8%)	0 (0.0%)	1 (6.3%)
合計	22 (8.1%)	121 (44.8%)	100 (37.0%)	21 (7.8%)	6 (2.2%)	42 (15.6%)	204 (75.6%)	21 (7.8%)	3 (1.1%)	

【6】人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は  
何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は  
何人いますか。

3) 個人的なことでも、気兼ねなく話せる親戚や兄弟は  
何人いますか。

4) 個人的なことでも、気兼ねなく話せる友人は  
何人いますか。

	1)						2)					3)					4)							
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上
男性	0	2	0	0	1	0	0	0	1	1	1	0	1	0	1	1	0	0	0	1	0	2	0	0
	(0.0%)	(66.7%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(66.7%)	(0.0%)	(0.0%)
-39	1	1	1	1	1	1	1	1	3	0	1	0	1	2	2	1	0	0	0	3	2	1	0	0
	(16.7%)	(16.7%)	(16.7%)	(16.7%)	(16.7%)	(16.7%)	(16.7%)	(16.7%)	(50.0%)	(0.0%)	(16.7%)	(0.0%)	(16.7%)	(33.3%)	(33.3%)	(16.7%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(33.3%)	(16.7%)	(0.0%)	(0.0%)
40-44	0	2	0	0	0	1	1	2	0	0	0	0	1	2	0	0	0	0	1	1	0	1	0	0
	(0.0%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)
45-49	1	0	1	1	0	0	1	0	2	0	0	0	0	1	0	1	0	1	0	1	2	0	0	0
	(33.3%)	(0.0%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(0.0%)	(33.3%)	(66.7%)	(0.0%)	(0.0%)	(0.0%)
50-54	0	2	3	2	0	0	0	3	2	2	0	0	1	2	3	1	0	0	3	2	2	0	0	0
	(0.0%)	(28.6%)	(42.9%)	(28.6%)	(0.0%)	(0.0%)	(0.0%)	(42.9%)	(28.6%)	(28.6%)	(0.0%)	(0.0%)	(14.3%)	(28.6%)	(42.9%)	(14.3%)	(0.0%)	(0.0%)	(42.9%)	(28.6%)	(28.6%)	(0.0%)	(0.0%)	(0.0%)
55-59	1	3	8	2	4	2	5	3	2	4	1	0	3	4	7	3	4	1	4	8	4	3	1	0
	(5.0%)	(15.0%)	(40.0%)	(10.0%)	(20.0%)	(10.0%)	(25.0%)	(40.0%)	(10.0%)	(20.0%)	(5.0%)	(0.0%)	(5.3%)	(15.8%)	(36.8%)	(15.8%)	(21.1%)	(5.3%)	(20.0%)	(40.0%)	(20.0%)	(15.0%)	(5.0%)	(0.0%)
60-64	1	2	3	3	2	1	2	2	3	3	2	1	3	2	4	2	1	0	0	4	7	0	0	1
	(8.3%)	(16.7%)	(25.0%)	(25.0%)	(16.7%)	(8.3%)	(8.3%)	(16.7%)	(25.0%)	(25.0%)	(16.7%)	(8.3%)	(25.0%)	(16.7%)	(33.3%)	(16.7%)	(8.3%)	(0.0%)	(0.0%)	(33.3%)	(58.3%)	(0.0%)	(0.0%)	(8.3%)
65-69	0	3	3	9	6	2	2	7	3	3	6	2	0	4	5	5	9	0	3	9	2	7	1	1
	(0.0%)	(13.0%)	(13.0%)	(39.1%)	(26.1%)	(8.7%)	(8.7%)	(30.4%)	(13.0%)	(20.0%)	(13.3%)	(8.7%)	(0.0%)	(17.4%)	(21.7%)	(39.1%)	(0.0%)	(0.0%)	(13.0%)	(39.1%)	(17.4%)	(30.4%)	(4.3%)	(4.3%)
70-74	2	0	1	11	0	1	3	2	3	3	2	2	1	2	3	7	1	1	3	2	4	4	1	1
	(13.3%)	(0.0%)	(6.7%)	(73.3%)	(0.0%)	(6.7%)	(20.0%)	(13.3%)	(20.0%)	(20.0%)	(13.3%)	(13.3%)	(6.7%)	(13.3%)	(20.0%)	(46.7%)	(6.7%)	(6.7%)	(20.0%)	(13.3%)	(26.7%)	(26.7%)	(6.7%)	(6.7%)
75-79	0	1	3	1	0	0	1	2	1	1	0	0	0	1	2	2	0	0	1	2	1	1	0	0
	(0.0%)	(20.0%)	(60.0%)	(20.0%)	(0.0%)	(0.0%)	(20.0%)	(40.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(40.0%)	(40.0%)	(0.0%)	(0.0%)	(20.0%)	(40.0%)	(20.0%)	(20.0%)	(0.0%)	(0.0%)
80-	6	16	23	30	14	8	15	27	20	17	13	5	9	19	27	23	15	3	15	33	24	19	3	3
	(6.2%)	(16.5%)	(23.7%)	(30.9%)	(14.4%)	(8.2%)	(15.5%)	(27.8%)	(20.6%)	(17.5%)	(13.4%)	(5.2%)	(9.4%)	(19.8%)	(28.1%)	(24.0%)	(15.6%)	(3.1%)	(15.5%)	(34.0%)	(24.7%)	(19.6%)	(3.1%)	(3.1%)
合計	0	3	4	4	0	1	0	3	2	5	2	0	1	5	4	0	2	0	1	3	3	2	2	0
	(0.0%)	(25.0%)	(33.3%)	(33.3%)	(0.0%)	(8.3%)	(0.0%)	(25.0%)	(16.7%)	(41.7%)	(16.7%)	(0.0%)	(8.3%)	(41.7%)	(33.3%)	(0.0%)	(16.7%)	(0.0%)	(9.1%)	(27.3%)	(27.3%)	(18.2%)	(18.2%)	(0.0%)
女性	0	2	1	2	4	0	0	1	1	7	0	0	0	2	0	7	0	0	1	0	1	7	0	0
	(0.0%)	(22.2%)	(11.1%)	(22.2%)	(44.4%)	(0.0%)	(0.0%)	(11.1%)	(11.1%)	(77.8%)	(0.0%)	(0.0%)	(0.0%)	(22.2%)	(0.0%)	(77.8%)	(0.0%)	(0.0%)	(11.1%)	(0.0%)	(11.1%)	(77.8%)	(0.0%)	(0.0%)
40-44	0	0	0	4	2	1	0	1	3	1	0	1	0	2	0	5	0	1	0	1	3	2	0	0
	(0.0%)	(0.0%)	(0.0%)	(57.1%)	(28.6%)	(14.3%)	(0.0%)	(14.3%)	(14.3%)	(42.9%)	(14.3%)	(14.3%)	(0.0%)	(28.6%)	(0.0%)	(71.4%)	(0.0%)	(0.0%)	(0.0%)	(14.3%)	(14.3%)	(42.9%)	(28.6%)	(0.0%)
45-49	1	4	0	6	1	1	0	3	4	4	2	0	2	8	5	0	0	0	1	4	4	4	0	0
	(7.7%)	(30.8%)	(0.0%)	(46.2%)	(7.7%)	(7.7%)	(0.0%)	(23.1%)	(30.8%)	(30.8%)	(15.4%)	(0.0%)	(15.4%)	(46.2%)	(38.5%)	(0.0%)	(0.0%)	(0.0%)	(7.7%)	(30.8%)	(30.8%)	(30.8%)	(0.0%)	(0.0%)
50-54	1	1	0	7	3	1	1	3	3	5	1	0	2	2	3	3	3	0	0	7	1	5	0	0
	(7.7%)	(7.7%)	(0.0%)	(53.8%)	(23.1%)	(7.7%)	(7.7%)	(23.1%)	(23.1%)	(38.5%)	(7.7%)	(0.0%)	(15.4%)	(15.4%)	(23.1%)	(23.1%)	(23.1%)	(0.0%)	(0.0%)	(53.8%)	(7.7%)	(38.5%)	(0.0%)	(0.0%)
55-59	0	4	6	12	11	4	1	6	10	13	3	4	0	7	7	13	7	2	3	12	8	11	2	2
	(0.0%)	(10.8%)	(16.2%)	(32.4%)	(29.7%)	(10.8%)	(2.7%)	(16.2%)	(27.0%)	(35.1%)	(8.1%)	(10.8%)	(0.0%)	(19.4%)	(19.4%)	(36.1%)	(19.4%)	(5.6%)	(7.9%)	(31.6%)	(21.1%)	(28.9%)	(5.3%)	(5.3%)
60-64	0	2	5	11	7	2	2	4	7	8	4	2	1	5	7	7	6	1	2	7	10	6	2	0
	(0.0%)	(7.4%)	(18.5%)	(40.7%)	(25.9%)	(7.4%)	(7.4%)	(14.8%)	(25.9%)	(29.6%)	(14.8%)	(7.4%)	(3.7%)	(18.5%)	(25.9%)	(25.9%)	(22.2%)	(3.7%)	(7.4%)	(25.9%)	(37.0%)	(22.2%)	(7.4%)	(0.0%)
65-69	0	3	4	7	7	1	2	2	7	7	2	1	0	4	6	5	7	0	2	5	8	4	2	0
	(0.0%)	(13.6%)	(18.2%)	(31.8%)	(31.8%)	(4.5%)	(9.5%)	(9.5%)	(33.3%)	(33.3%)	(9.5%)	(4.8%)	(0.0%)	(18.2%)	(27.3%)	(22.7%)	(31.8%)	(0.0%)	(9.5%)	(23.8%)	(38.1%)	(19.0%)	(9.5%)	(0.0%)
70-74	1	1	2	11	4	2	2	3	5	4	5	2	1	1	3	12	4	0	2	5	8	3	3	0
	(4.8%)	(4.8%)	(9.5%)	(52.4%)	(19.0%)	(9.5%)	(9.5%)	(14.3%)	(23.8%)	(19.0%)	(23.8%)	(9.5%)	(4.8%)	(4.8%)	(14.3%)	(57.1%)	(19.0%)	(0.0%)	(9.5%)	(23.8%)	(38.1%)	(14.3%)	(14.3%)	(0.0%)
75-79	1	1	1	4	3	1	1	6	2	2	0	0	1	2	4	3	0	1	3	2	4	1	0	0
	(9.1%)	(9.1%)	(9.1%)	(36.4%)	(27.3%)	(9.1%)	(9.1%)	(54.5%)	(18.2%)	(18.2%)	(0.0%)	(0.0%)	(9.1%)	(18.2%)	(36.4%)	(27.3%)	(0.0%)	(0.0%)	(30.0%)	(20.0%)	(40.0%)	(10.0%)	(0.0%)	(0.0%)
80-	4	21	23	68	42	14	9	32	42	58	20	10	8	36	39	55	28	4	15	46	48	46	13	2
	(2.3%)	(12.2%)	(13.4%)	(39.5%)	(24.4%)	(8.1%)	(5.3%)	(18.7%)	(24.6%)	(33.9%)	(11.7%)	(5.8%)	(4.7%)	(21.1%)	(22.8%)	(32.2%)	(17.0%)	(2.3%)	(8.8%)	(27.1%)	(28.2%)	(27.6%)	(7.6%)	(1.2%)
合計	0	5	4	4	1	1	0	3	3	6	3	0	2	5	5	1	2	0	1	4	3	4	2	0
	(0.0%)	(33.3%)	(26.7%)	(26.7%)	(6.7%)	(6.7%)	(0.0%)	(20.0%)	(20.0%)	(40.0%)	(20.0%)	(0.0%)	(13.3%)	(33.3%)	(33.3%)	(6.7%)	(13.3%)	(0.0%)	(7.1%)	(28.6%)	(21.4%)	(28.6%)	(14.3%)	(0.0%)
-39	1	3	2	3	5	1	1	2	4	7	1	0	1	4	2	8	0	0	1	3	3	8	0	0
	(6.7%)	(20.0%)	(13.3%)	(20.0%)	(33.3%)	(6.7%)	(6.7%)	(13.3%)	(26.7%)	(46.7%)	(6.7%)	(0.0%)	(6.7%)	(26.7%)	(13.3%)	(53.3%)	(0.0%)	(0.0%)	(6.7%)	(20.0%)	(20.0%)	(53.3%)	(0.0%)	(0.0%)
40-44	0	2	0	4	2	2	1	3	1	3	1	1	1	4	0	5	0	0	1	2	1	4	2	0
	(0.0%)	(20.0%)	(0.0%)	(40.0%)	(20.0%)	(20.0%)	(10.0%)	(30.0%)	(10.0%)	(30.0%)	(10.0%)	(10.0%)	(10.0%)	(40.0%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)	(10.0%)	(20.0%)	(10.0%)	(40.0%)	(20.0%)	(0.0%)
45-49	2	4	1	7	1	1	1	3	6	4	2	0	2	7	5	1	0	1	1	5	6	4	0	0
	(12.5%)	(25.0%)	(6.3%)	(43.8%)	(6.3%)	(6.3%)	(6.3%)	(18.8%)	(37.5%)	(25.0%)	(12.5%)	(0.0%)	(12.5%)	(43.8%)	(31.3%)	(6.3%)	(0.0%)	(6.3%)	(6.3%)	(31.3%)	(37.5%)	(25.0%)	(0.0%)	(0.0%)
50-54	1	3	3	9	3	1	1	6	5	7	1	0	3	4	6	4	3	0	3	9	3	5	0	0
	(5.0%)	(15.0%)	(15.0%)	(45.0%)	(15.0%)	(5.0%)	(5.0%)	(30.0%)	(25.0%)	(35.0%)	(5.0%)	(0.0%)	(15.0%)	(20.0%)	(30.0%)	(20.0%)	(15.0%)	(0.0%)	(15.0%)	(45.0%)	(15.0%)	(25.0%)	(0.0%)	(0.0%)
55-59	1	7	14	14	15	6	6	14	12	17	4	4	1	10	14	16	11	3	7	20	12	14	3	2
	(1.8%)	(12.3%)	(24.8%)	(24.8%)	(26.3%)	(10.5%)	(10.5%)	(24.6%)	(21.1%)	(29.8%)	(7.0%)	(7.0%)	(1.8%)	(18.2%)	(25.5%)	(29.1%)	(20.0%)	(5.5%)	(12.1%)	(34.5%)	(20.7%)	(24.1%)	(5.2%)	(3.4%)
60-64	1	4	8	14	9	3	3	6	10	11	6	3	4	7	11	9	7	2	11	17	6	2	2	1
	(2.6%)	(10.3%)	(20.5%)	(35.9%)	(23.1%)	(																		

5) 手助けを頼める親戚や兄弟は何人いますか。

6) 手助けを頼める友人は何人いますか。

7) まわりの人々はお互いに助け合っている。

		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強く思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	
男性	-39	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	
	40-44	1 (16.7%)	1 (16.7%)	2 (33.3%)	1 (16.7%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (33.3%)	3 (50.0%)	1 (16.7%)	0 (0.0%)
	45-49	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	55-59	1 (14.3%)	1 (14.3%)	4 (57.1%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	2 (28.6%)	1 (14.3%)	4 (57.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (57.1%)	0 (0.0%)	0 (0.0%)	3 (42.9%)
	60-64	0 (0.0%)	4 (20.0%)	4 (20.0%)	8 (40.0%)	3 (15.0%)	1 (5.0%)	4 (20.0%)	7 (35.0%)	2 (10.0%)	6 (30.0%)	1 (5.0%)	0 (0.0%)	0 (0.0%)	1 (5.0%)	10 (50.0%)	8 (40.0%)	1 (5.0%)	0 (0.0%)
	65-69	3 (25.0%)	1 (8.3%)	2 (16.7%)	5 (41.7%)	0 (0.0%)	1 (8.3%)	3 (25.0%)	1 (8.3%)	4 (33.3%)	3 (25.0%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	5 (41.7%)	5 (41.7%)	0 (0.0%)	0 (0.0%)
	70-74	0 (0.0%)	5 (21.7%)	6 (26.1%)	5 (21.7%)	5 (21.7%)	2 (8.7%)	3 (13.0%)	9 (39.1%)	6 (26.1%)	3 (13.0%)	2 (8.7%)	0 (0.0%)	0 (0.0%)	3 (13.0%)	10 (43.5%)	8 (34.8%)	1 (4.3%)	1 (4.3%)
	75-79	2 (13.3%)	3 (20.0%)	0 (0.0%)	7 (46.7%)	2 (13.3%)	1 (6.7%)	3 (20.0%)	2 (13.3%)	5 (33.3%)	2 (13.3%)	2 (13.3%)	1 (6.7%)	0 (0.0%)	2 (13.3%)	11 (73.3%)	2 (13.3%)	0 (0.0%)	0 (0.0%)
	80-	0 (0.0%)	0 (0.0%)	1 (20.0%)	4 (80.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (60.0%)	1 (20.0%)	1 (20.0%)	1 (20.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	合計	9 (9.3%)	17 (17.5%)	20 (20.6%)	34 (35.1%)	11 (11.3%)	6 (6.2%)	17 (17.5%)	29 (29.9%)	25 (25.8%)	19 (19.6%)	6 (6.2%)	1 (1.0%)	1 (10.3%)	10 (50.5%)	31 (32.0%)	3 (3.1%)	4 (4.1%)	
女性	-39	1 (8.3%)	2 (16.7%)	3 (25.0%)	3 (25.0%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	1 (8.3%)	5 (41.7%)	4 (33.3%)	2 (16.7%)	0 (0.0%)	1 (8.3%)	10 (83.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	
	40-44	1 (11.1%)	1 (11.1%)	0 (0.0%)	3 (33.3%)	3 (33.3%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	1 (11.1%)	4 (44.4%)	2 (22.2%)	1 (11.1%)	3 (33.3%)	4 (44.4%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	
	45-49	0 (0.0%)	2 (28.6%)	0 (0.0%)	5 (71.4%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	1 (14.3%)	1 (14.3%)	3 (42.9%)	0 (0.0%)	1 (14.3%)	1 (14.3%)	5 (71.4%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	
	50-54	3 (23.1%)	3 (23.1%)	2 (15.4%)	4 (30.8%)	0 (0.0%)	1 (7.7%)	4 (30.8%)	4 (30.8%)	2 (15.4%)	2 (15.4%)	1 (7.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	6 (46.2%)	1 (7.7%)	0 (0.0%)
	55-59	0 (0.0%)	2 (15.4%)	3 (23.1%)	4 (30.8%)	3 (23.1%)	1 (7.7%)	3 (23.1%)	3 (23.1%)	3 (23.1%)	4 (30.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	7 (58.3%)	3 (25.0%)	0 (0.0%)	0 (0.0%)
	60-64	0 (0.0%)	4 (11.1%)	10 (27.8%)	12 (33.3%)	6 (16.7%)	4 (11.1%)	6 (16.2%)	9 (24.3%)	9 (24.3%)	11 (29.7%)	0 (0.0%)	2 (5.4%)	8 (21.1%)	22 (57.9%)	5 (13.2%)	3 (7.9%)	0 (0.0%)	0 (0.0%)
	65-69	0 (0.0%)	6 (22.2%)	6 (22.2%)	8 (29.6%)	6 (22.2%)	1 (3.7%)	3 (11.1%)	6 (22.2%)	10 (37.0%)	6 (22.2%)	2 (7.4%)	0 (0.0%)	0 (0.0%)	7 (25.9%)	14 (51.9%)	6 (22.2%)	0 (0.0%)	0 (0.0%)
	70-74	0 (0.0%)	4 (18.2%)	5 (22.7%)	7 (31.8%)	6 (27.3%)	0 (0.0%)	0 (0.0%)	7 (35.0%)	6 (30.0%)	4 (20.0%)	3 (15.0%)	0 (0.0%)	0 (0.0%)	3 (13.6%)	14 (63.6%)	2 (9.1%)	2 (9.1%)	1 (4.5%)
	75-79	0 (0.0%)	4 (19.0%)	3 (19.0%)	5 (23.8%)	7 (33.3%)	1 (4.8%)	4 (20.0%)	4 (20.0%)	5 (25.0%)	4 (20.0%)	3 (15.0%)	0 (0.0%)	0 (0.0%)	9 (42.9%)	7 (33.3%)	5 (23.8%)	0 (0.0%)	0 (0.0%)
	80-	0 (0.0%)	4 (40.0%)	3 (30.0%)	2 (20.0%)	0 (0.0%)	1 (10.0%)	4 (36.4%)	3 (27.3%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (36.4%)	6 (54.5%)	1 (9.1%)	0 (0.0%)
	合計	5 (2.9%)	32 (18.8%)	36 (21.2%)	53 (31.2%)	34 (20.0%)	10 (5.9%)	26 (15.4%)	38 (22.5%)	45 (26.6%)	43 (25.4%)	13 (7.7%)	4 (2.4%)	34 (19.8%)	93 (54.1%)	37 (21.5%)	7 (4.1%)	1 (0.6%)	
合計	-39	2 (13.3%)	3 (20.0%)	3 (20.0%)	3 (20.0%)	4 (26.7%)	0 (0.0%)	1 (6.7%)	1 (6.7%)	5 (33.3%)	6 (40.0%)	2 (13.3%)	0 (0.0%)	1 (6.7%)	12 (80.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	
	40-44	2 (13.3%)	2 (13.3%)	2 (13.3%)	4 (26.7%)	3 (20.0%)	2 (13.3%)	1 (6.7%)	3 (20.0%)	2 (13.3%)	6 (40.0%)	2 (13.3%)	1 (6.7%)	3 (20.0%)	6 (40.0%)	5 (33.3%)	1 (6.7%)	0 (0.0%)	
	45-49	1 (10.0%)	2 (20.0%)	0 (0.0%)	7 (70.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)	2 (20.0%)	2 (20.0%)	3 (30.0%)	0 (0.0%)	1 (10.0%)	1 (10.0%)	5 (50.0%)	4 (40.0%)	0 (0.0%)	0 (0.0%)	
	50-54	3 (18.8%)	4 (25.0%)	3 (18.8%)	5 (31.3%)	0 (0.0%)	1 (6.8%)	4 (25.0%)	6 (37.5%)	3 (18.8%)	2 (12.5%)	1 (6.3%)	0 (0.0%)	0 (0.0%)	8 (50.0%)	7 (43.8%)	1 (6.3%)	0 (0.0%)	
	55-59	1 (5.0%)	3 (15.0%)	7 (35.0%)	5 (25.0%)	3 (15.0%)	1 (5.0%)	5 (25.0%)	4 (20.0%)	7 (35.0%)	4 (20.0%)	0 (0.0%)	0 (0.0%)	2 (10.5%)	11 (57.9%)	3 (15.8%)	0 (0.0%)	3 (15.8%)	
	60-64	0 (0.0%)	8 (14.3%)	14 (25.0%)	20 (35.7%)	9 (16.1%)	5 (8.9%)	10 (17.5%)	16 (28.1%)	11 (19.3%)	17 (29.8%)	1 (1.8%)	2 (3.5%)	9 (15.5%)	32 (55.2%)	13 (22.4%)	4 (6.9%)	0 (0.0%)	
	65-69	3 (7.7%)	7 (17.9%)	8 (20.5%)	13 (33.3%)	6 (15.4%)	2 (5.1%)	6 (15.4%)	7 (17.9%)	14 (35.9%)	9 (23.1%)	3 (7.7%)	0 (0.0%)	0 (0.0%)	9 (48.7%)	11 (28.2%)	0 (0.0%)	0 (0.0%)	
	70-74	0 (0.0%)	9 (20.0%)	11 (24.4%)	12 (26.7%)	11 (24.4%)	2 (4.4%)	3 (7.0%)	16 (37.2%)	12 (27.9%)	7 (16.3%)	5 (11.6%)	0 (0.0%)	0 (0.0%)	6 (13.3%)	24 (53.3%)	10 (22.2%)	3 (6.7%)	2 (4.4%)
	75-79	2 (5.6%)	7 (19.4%)	4 (11.1%)	12 (33.3%)	9 (25.0%)	2 (5.6%)	7 (20.0%)	6 (17.1%)	10 (28.6%)	6 (17.1%)	5 (14.3%)	1 (2.9%)	0 (0.0%)	11 (30.6%)	18 (50.0%)	7 (19.4%)	0 (0.0%)	0 (0.0%)
	80-	0 (0.0%)	4 (26.7%)	4 (26.7%)	6 (40.0%)	0 (0.0%)	1 (6.7%)	4 (25.0%)	6 (37.5%)	4 (25.0%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (12.5%)	7 (43.8%)	6 (37.5%)	1 (6.3%)	0 (0.0%)
	合計	14 (5.2%)	49 (18.4%)	56 (21.0%)	87 (32.6%)	45 (16.9%)	16 (6.0%)	43 (16.2%)	67 (25.2%)	70 (26.3%)	62 (23.3%)	19 (7.1%)	5 (1.9%)	44 (16.4%)	142 (52.8%)	68 (25.3%)	10 (3.7%)	5 (1.9%)	



8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。

		8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいさつをしている。					10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。				
		強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない
男性	-39	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)
	40-44	0 (0.0%)	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	0 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	1 (16.7%)	0 (0.0%)
	45-49	0 (0.0%)	1 (33.3%)	1 (33.3%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (33.3%)	2 (66.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	55-59	0 (0.0%)	3 (42.9%)	2 (28.6%)	2 (28.6%)	0 (0.0%)	1 (14.3%)	4 (57.1%)	2 (28.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (57.1%)	0 (0.0%)	1 (14.3%)	2 (28.6%)
	60-64	0 (0.0%)	8 (40.0%)	10 (50.0%)	2 (10.0%)	0 (0.0%)	4 (20.0%)	11 (55.0%)	4 (20.0%)	1 (5.0%)	0 (0.0%)	0 (0.0%)	12 (60.0%)	7 (35.0%)	1 (5.0%)	0 (0.0%)
	65-69	0 (0.0%)	10 (83.3%)	1 (8.3%)	1 (8.3%)	0 (0.0%)	5 (41.7%)	7 (58.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	10 (83.3%)	1 (8.3%)	1 (8.3%)	0 (0.0%)
	70-74	3 (13.0%)	12 (52.2%)	7 (30.4%)	1 (4.3%)	0 (0.0%)	9 (39.1%)	12 (52.2%)	0 (0.0%)	2 (8.7%)	2 (8.7%)	2 (8.7%)	14 (60.9%)	6 (26.1%)	1 (4.3%)	0 (0.0%)
	75-79	4 (26.7%)	6 (40.0%)	5 (33.3%)	0 (0.0%)	0 (0.0%)	8 (53.3%)	6 (40.0%)	1 (6.7%)	0 (0.0%)	3 (20.0%)	8 (53.3%)	4 (26.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
	80-	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	2 (40.0%)	3 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	9 (9.3%)	48 (49.5%)	31 (32.0%)	9 (9.3%)	0 (0.0%)	34 (35.1%)	52 (53.6%)	8 (8.2%)	1 (1.0%)	2 (2.1%)	8 (8.2%)	55 (56.7%)	27 (27.8%)	5 (5.2%)	2 (2.1%)	
女性	-39	0 (0.0%)	6 (50.0%)	6 (50.0%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	7 (53.3%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	2 (16.7%)	3 (25.0%)	7 (56.3%)	0 (0.0%)	0 (0.0%)
	40-44	2 (22.2%)	5 (55.6%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	4 (44.4%)	5 (55.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (44.4%)	4 (44.4%)	1 (11.1%)	0 (0.0%)	0 (0.0%)
	45-49	1 (14.3%)	5 (71.4%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	1 (14.3%)	6 (85.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (28.6%)	3 (42.9%)	2 (28.6%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	4 (30.8%)	8 (61.5%)	1 (7.7%)	0 (0.0%)	2 (15.4%)	9 (69.2%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (46.2%)	6 (46.2%)	1 (7.7%)	0 (0.0%)
	55-59	3 (23.1%)	2 (15.4%)	8 (61.5%)	0 (0.0%)	0 (0.0%)	5 (38.5%)	6 (46.2%)	1 (7.7%)	1 (7.7%)	0 (0.0%)	3 (23.1%)	4 (30.8%)	6 (46.2%)	0 (0.0%)	0 (0.0%)
	60-64	4 (10.5%)	19 (50.0%)	14 (36.8%)	0 (2.6%)	0 (0.0%)	17 (44.7%)	10 (52.6%)	1 (2.6%)	0 (0.0%)	0 (0.0%)	5 (13.2%)	19 (50.0%)	14 (36.8%)	0 (0.0%)	0 (0.0%)
	65-69	7 (25.9%)	13 (48.1%)	6 (22.2%)	1 (3.7%)	0 (0.0%)	13 (48.1%)	13 (48.1%)	0 (0.0%)	1 (3.7%)	0 (0.0%)	8 (29.6%)	12 (44.4%)	6 (22.2%)	1 (3.7%)	0 (0.0%)
	70-74	3 (13.6%)	15 (68.2%)	3 (13.6%)	0 (0.0%)	1 (4.5%)	8 (36.4%)	11 (50.0%)	1 (4.5%)	1 (4.5%)	1 (4.5%)	1 (4.5%)	14 (63.6%)	4 (18.2%)	2 (9.1%)	1 (4.5%)
	75-79	6 (28.6%)	6 (28.6%)	8 (38.1%)	0 (0.0%)	1 (4.8%)	10 (47.6%)	8 (38.1%)	2 (9.5%)	0 (0.0%)	1 (4.8%)	4 (19.0%)	6 (28.6%)	10 (47.6%)	1 (4.8%)	0 (0.0%)
	80-	0 (0.0%)	3 (27.3%)	7 (63.6%)	1 (9.1%)	0 (0.0%)	1 (9.1%)	8 (72.7%)	0 (0.0%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	3 (27.3%)	5 (45.5%)	2 (18.2%)	1 (9.1%)
合計	26 (15.0%)	78 (45.1%)	62 (35.8%)	5 (2.9%)	2 (1.2%)	63 (36.4%)	93 (53.8%)	10 (5.8%)	4 (2.3%)	3 (1.7%)	29 (16.8%)	74 (42.8%)	61 (35.3%)	7 (4.0%)	2 (1.2%)	
合計	-39	0 (0.0%)	6 (40.0%)	6 (60.0%)	0 (0.0%)	0 (0.0%)	3 (20.0%)	9 (60.0%)	3 (20.0%)	0 (0.0%)	0 (0.0%)	2 (13.3%)	5 (33.3%)	8 (53.3%)	0 (0.0%)	0 (0.0%)
	40-44	2 (13.3%)	8 (53.3%)	2 (13.3%)	3 (20.0%)	0 (0.0%)	4 (26.7%)	11 (73.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (26.7%)	6 (40.0%)	6 (40.0%)	1 (6.7%)	0 (0.0%)
	45-49	1 (10.0%)	6 (60.0%)	2 (20.0%)	1 (10.0%)	0 (0.0%)	3 (30.0%)	6 (60.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (20.0%)	3 (30.0%)	5 (50.0%)	0 (0.0%)	0 (0.0%)
	50-54	0 (0.0%)	6 (37.5%)	9 (56.3%)	1 (6.3%)	0 (0.0%)	4 (25.0%)	10 (62.5%)	2 (12.5%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	8 (50.0%)	6 (37.5%)	1 (6.3%)	0 (0.0%)
	55-59	3 (15.0%)	5 (25.0%)	10 (50.0%)	2 (10.0%)	0 (0.0%)	6 (30.0%)	10 (50.0%)	3 (15.0%)	1 (5.0%)	0 (0.0%)	3 (15.0%)	8 (40.0%)	6 (30.0%)	1 (5.0%)	2 (10.0%)
	60-64	4 (6.9%)	27 (46.6%)	24 (41.4%)	3 (5.2%)	0 (0.0%)	21 (36.2%)	31 (53.4%)	5 (8.6%)	1 (1.7%)	0 (0.0%)	5 (8.6%)	31 (53.4%)	21 (36.2%)	1 (1.7%)	0 (0.0%)
	65-69	7 (17.9%)	23 (59.0%)	7 (17.9%)	2 (5.1%)	0 (0.0%)	18 (46.2%)	20 (51.3%)	0 (0.0%)	1 (2.6%)	0 (0.0%)	8 (20.5%)	22 (56.4%)	7 (17.9%)	2 (5.1%)	0 (0.0%)
	70-74	6 (13.3%)	27 (60.0%)	10 (22.2%)	1 (2.2%)	1 (2.2%)	17 (37.8%)	23 (51.1%)	1 (2.2%)	1 (2.2%)	3 (6.7%)	3 (6.7%)	28 (62.2%)	10 (22.2%)	3 (6.7%)	1 (2.2%)
	75-79	10 (27.8%)	12 (33.3%)	13 (36.1%)	0 (0.0%)	1 (2.8%)	18 (50.0%)	14 (38.9%)	3 (8.3%)	0 (0.0%)	1 (2.8%)	7 (19.4%)	14 (38.9%)	14 (38.9%)	1 (2.8%)	0 (0.0%)
	80-	2 (12.5%)	6 (37.5%)	7 (43.8%)	1 (6.3%)	0 (0.0%)	3 (18.8%)	11 (68.8%)	0 (0.0%)	1 (6.3%)	1 (6.3%)	2 (12.5%)	6 (37.5%)	5 (31.3%)	2 (12.5%)	1 (6.3%)
合計	35 (13.0%)	126 (46.7%)	93 (34.4%)	14 (5.2%)	2 (0.7%)	97 (35.9%)	145 (53.7%)	18 (6.7%)	5 (1.9%)	5 (1.9%)	37 (13.7%)	129 (47.8%)	88 (32.6%)	12 (4.4%)	4 (1.5%)	

【7】現在の活動状況についておたずねします。

(1) そうじをしたり、重いものを持ち上げたりするなど、  
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して  
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす  
時間は1日平均してどれくらいですか。

	(1) 体を使うような仕事をしていますか。					(2) 仕事を含め、平均してどれくらい外出していますか。					(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。		
	ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下
男性																
-39	2 (66.7%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	1 (33.3%)
40-44	3 (50.0%)	1 (16.7%)	2 (33.3%)	0 (0.0%)	0 (0.0%)	5 (83.3%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	0 (0.0%)	4 (66.7%)	0 (0.0%)	2 (33.3%)	0 (0.0%)	1 (16.7%)	5 (83.3%)
45-49	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	2 (66.7%)
50-54	1 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (66.7%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)	0 (0.0%)	0 (0.0%)	3 (100.0%)
55-59	3 (42.9%)	0 (0.0%)	2 (28.6%)	1 (14.3%)	1 (14.3%)	4 (57.1%)	1 (14.3%)	1 (14.3%)	0 (0.0%)	1 (14.3%)	3 (42.9%)	2 (28.6%)	2 (28.6%)	2 (28.6%)	1 (14.3%)	4 (57.1%)
60-64	11 (55.0%)	4 (20.0%)	3 (15.0%)	0 (0.0%)	2 (10.0%)	17 (85.0%)	3 (15.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (30.0%)	10 (50.0%)	4 (20.0%)	2 (10.0%)	4 (20.0%)	14 (70.0%)
65-69	2 (16.7%)	7 (58.3%)	0 (0.0%)	2 (16.7%)	1 (8.3%)	8 (66.7%)	4 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (50.0%)	5 (41.7%)	1 (8.3%)	0 (0.0%)	4 (33.3%)	8 (66.7%)
70-74	8 (34.8%)	8 (34.8%)	3 (13.0%)	1 (4.3%)	3 (13.0%)	12 (52.2%)	10 (43.5%)	1 (4.3%)	0 (0.0%)	0 (0.0%)	10 (43.5%)	11 (47.8%)	2 (8.7%)	0 (0.0%)	6 (26.1%)	17 (73.9%)
75-79	9 (60.0%)	5 (33.3%)	0 (0.0%)	0 (0.0%)	1 (6.7%)	9 (60.0%)	4 (26.7%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	5 (33.3%)	7 (46.7%)	3 (20.0%)	0 (0.0%)	5 (33.3%)	10 (66.7%)
80-	1 (20.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	2 (40.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)	0 (0.0%)	1 (20.0%)	2 (40.0%)	2 (40.0%)	2 (40.0%)	1 (20.0%)	2 (40.0%)
合計	43 (44.3%)	28 (28.9%)	11 (11.3%)	4 (4.1%)	11 (11.3%)	66 (68.0%)	23 (23.7%)	7 (7.2%)	0 (0.0%)	1 (1.0%)	39 (40.2%)	39 (40.2%)	19 (19.6%)	7 (7.2%)	24 (24.7%)	66 (68.0%)
女性																
-39	10 (83.3%)	1 (8.3%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	9 (75.0%)	0 (0.0%)	3 (25.0%)	0 (0.0%)	0 (0.0%)	5 (41.7%)	4 (33.3%)	3 (25.0%)	0 (0.0%)	6 (50.0%)	6 (50.0%)
40-44	7 (77.8%)	2 (22.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	7 (77.8%)	1 (11.1%)	1 (11.1%)	0 (0.0%)	0 (0.0%)	5 (55.6%)	2 (22.2%)	2 (22.2%)	0 (0.0%)	1 (11.1%)	8 (88.9%)
45-49	5 (71.4%)	1 (14.3%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	6 (85.7%)	1 (14.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (57.1%)	3 (42.9%)	0 (0.0%)	0 (0.0%)	3 (42.9%)	4 (57.1%)
50-54	9 (69.2%)	2 (15.4%)	2 (15.4%)	0 (0.0%)	0 (0.0%)	9 (75.0%)	2 (16.7%)	1 (8.3%)	0 (0.0%)	0 (0.0%)	5 (38.5%)	5 (38.5%)	3 (23.1%)	0 (0.0%)	7 (53.8%)	6 (46.2%)
55-59	8 (61.5%)	3 (23.1%)	1 (7.7%)	1 (7.7%)	0 (0.0%)	8 (61.5%)	3 (23.1%)	1 (7.7%)	1 (7.7%)	0 (0.0%)	5 (38.5%)	6 (46.2%)	2 (15.4%)	0 (0.0%)	6 (46.2%)	7 (53.8%)
60-64	24 (63.2%)	8 (21.1%)	2 (5.3%)	1 (2.6%)	3 (7.9%)	21 (56.8%)	11 (29.7%)	4 (10.8%)	0 (0.0%)	1 (2.7%)	13 (34.2%)	17 (44.7%)	8 (21.1%)	3 (8.1%)	14 (37.8%)	20 (54.1%)
65-69	4 (85.2%)	2 (14.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	11 (40.7%)	12 (44.4%)	4 (14.8%)	0 (0.0%)	0 (0.0%)	14 (51.9%)	10 (37.0%)	3 (11.1%)	1 (3.7%)	9 (33.3%)	17 (63.0%)
70-74	17 (77.3%)	2 (9.1%)	1 (4.5%)	0 (0.0%)	2 (9.1%)	5 (22.7%)	9 (40.9%)	5 (22.7%)	2 (9.1%)	1 (4.5%)	8 (36.4%)	5 (22.7%)	9 (40.9%)	2 (9.1%)	9 (40.9%)	11 (50.0%)
75-79	14 (66.7%)	2 (9.5%)	3 (14.3%)	0 (0.0%)	1 (9.5%)	9 (42.9%)	6 (28.6%)	3 (14.3%)	2 (9.5%)	1 (4.8%)	6 (28.6%)	7 (33.3%)	8 (38.1%)	1 (5.0%)	7 (35.0%)	12 (60.0%)
80-	8 (72.7%)	1 (9.1%)	1 (9.1%)	0 (0.0%)	1 (9.1%)	3 (27.3%)	4 (36.4%)	3 (27.3%)	1 (9.1%)	0 (0.0%)	3 (27.3%)	5 (45.5%)	3 (27.3%)	0 (0.0%)	4 (36.4%)	7 (63.6%)
合計	125 (72.3%)	26 (15.0%)	12 (6.9%)	2 (1.2%)	8 (4.8%)	88 (51.5%)	49 (28.7%)	25 (14.8%)	6 (3.5%)	3 (1.8%)	68 (39.3%)	64 (37.0%)	41 (23.7%)	7 (4.1%)	66 (38.6%)	98 (57.3%)
合計																
-39	12 (80.0%)	2 (13.3%)	1 (6.7%)	0 (0.0%)	0 (0.0%)	12 (80.0%)	0 (0.0%)	3 (20.0%)	0 (0.0%)	0 (0.0%)	8 (53.3%)	4 (26.7%)	3 (20.0%)	0 (0.0%)	8 (53.3%)	7 (46.7%)
40-44	10 (66.7%)	3 (20.0%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	12 (80.0%)	1 (6.7%)	2 (13.3%)	0 (0.0%)	0 (0.0%)	9 (60.0%)	2 (13.3%)	4 (26.7%)	0 (0.0%)	2 (13.3%)	13 (86.7%)
45-49	8 (80.0%)	1 (10.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	9 (90.0%)	1 (10.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	5 (50.0%)	5 (50.0%)	0 (0.0%)	1 (10.0%)	3 (30.0%)	6 (60.0%)
50-54	10 (62.5%)	2 (12.5%)	2 (12.5%)	0 (0.0%)	2 (12.5%)	12 (80.0%)	2 (13.3%)	1 (6.7%)	0 (0.0%)	0 (0.0%)	5 (31.3%)	5 (31.3%)	6 (37.5%)	0 (0.0%)	7 (43.8%)	9 (56.3%)
55-59	11 (55.0%)	3 (15.0%)	3 (15.0%)	2 (10.0%)	1 (5.0%)	12 (60.0%)	4 (20.0%)	2 (10.0%)	1 (5.0%)	1 (5.0%)	8 (40.0%)	8 (40.0%)	4 (20.0%)	2 (10.0%)	7 (35.0%)	11 (55.0%)
60-64	35 (60.3%)	12 (20.7%)	5 (8.6%)	1 (1.7%)	5 (8.6%)	38 (66.7%)	14 (24.6%)	4 (7.0%)	0 (0.0%)	1 (1.8%)	19 (32.8%)	27 (46.6%)	12 (20.7%)	5 (8.8%)	18 (31.6%)	34 (59.6%)
65-69	25 (64.1%)	11 (28.2%)	0 (0.0%)	2 (5.1%)	1 (2.6%)	19 (48.7%)	16 (41.0%)	4 (10.3%)	0 (0.0%)	0 (0.0%)	20 (51.3%)	15 (38.5%)	4 (10.3%)	1 (2.6%)	13 (33.3%)	25 (64.1%)
70-74	25 (55.6%)	10 (22.2%)	4 (8.9%)	1 (2.2%)	5 (11.1%)	17 (37.8%)	19 (42.2%)	6 (13.3%)	2 (4.4%)	1 (2.2%)	18 (40.0%)	16 (35.6%)	11 (24.4%)	2 (4.4%)	15 (33.3%)	28 (62.2%)
75-79	23 (63.9%)	7 (19.4%)	3 (8.3%)	0 (0.0%)	3 (8.3%)	18 (50.0%)	10 (27.8%)	5 (13.9%)	2 (5.6%)	1 (2.8%)	11 (30.6%)	14 (38.9%)	11 (30.6%)	1 (2.9%)	12 (34.3%)	22 (62.9%)
80-	9 (56.3%)	3 (18.8%)	2 (12.5%)	0 (0.0%)	2 (12.5%)	5 (31.3%)	5 (31.3%)	5 (31.3%)	1 (6.3%)	0 (0.0%)	4 (25.0%)	7 (43.8%)	5 (31.3%)	2 (12.5%)	5 (31.3%)	9 (56.3%)
合計	168 (62.2%)	54 (20.0%)	23 (8.5%)	6 (2.2%)	19 (7.0%)	154 (57.5%)	72 (26.9%)	32 (11.9%)	6 (2.2%)	4 (1.5%)	107 (39.6%)	103 (38.1%)	60 (22.2%)	14 (5.2%)	90 (33.6%)	164 (61.2%)

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	3 (100.0%)	0 (0.0%)
	40-44	3 (50.0%)	3 (50.0%)
	45-49	3 (100.0%)	0 (0.0%)
	50-54	2 (66.7%)	1 (33.3%)
	55-59	2 (28.6%)	5 (71.4%)
	60-64	9 (47.4%)	10 (52.6%)
	65-69	5 (41.7%)	7 (58.3%)
	70-74	5 (23.8%)	16 (76.2%)
	75-79	5 (33.3%)	10 (66.7%)
	80-	2 (40.0%)	3 (60.0%)
	合計	39 (41.5%)	55 (58.5%)
	女性	-39	8 (72.7%)
40-44		5 (55.6%)	4 (44.4%)
45-49		4 (66.7%)	2 (33.3%)
50-54		9 (69.2%)	4 (30.8%)
55-59		7 (53.8%)	6 (46.2%)
60-64		22 (57.9%)	16 (42.1%)
65-69		16 (59.3%)	11 (40.7%)
70-74		11 (55.0%)	9 (45.0%)
75-79		10 (47.6%)	11 (52.4%)
80-		4 (36.4%)	7 (63.6%)
合計		96 (56.8%)	73 (43.2%)
合計		-39	11 (78.6%)
	40-44	8 (53.3%)	7 (46.7%)
	45-49	7 (77.8%)	2 (22.2%)
	50-54	11 (68.8%)	5 (31.3%)
	55-59	9 (45.0%)	11 (55.0%)
	60-64	31 (54.4%)	26 (45.6%)
	65-69	21 (53.8%)	18 (46.2%)
	70-74	16 (39.0%)	25 (61.0%)
	75-79	15 (41.7%)	21 (58.3%)
	80-	6 (37.5%)	10 (62.5%)
	合計	135 (51.3%)	128 (48.7%)

(2) どのような症状ですか。あてはまるものすべてに○を付けて下さい。

		手足の関節が痛む	いらいらし やすい	頭痛	めまい	動悸	息切れ	せきやたん が出る	ゼイゼイす る	下痢	便秘	食欲不振	腰痛・胃痛	痔による痛 み・出血な ど	歯が痛い	歯ぐきのほ れ・出血	かみにくい	かゆみ(湿 疹・水虫な ど)	腰痛	尿失禁(尿 がもれる)	足のむくみ やだるさ	尿が出にく い・排尿時 痛い	切り傷・や けどなどの けが	月経不順・ 月経痛	骨折・ねん ざ・脱ぎゅう	もの忘れが 増えた	その他	
男性	-39	0	2	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	1	0	0	0	0	0	0	2	0	
		(0.0%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)	(25.0%)	(0.0%)	(5.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(18.2%)	(0.0%)	
	40-44	0	1	0	0	0	0	2	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	
		(0.0%)	(16.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(18.2%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)	(5.0%)	(0.0%)	(12.5%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)	(9.1%)	(0.0%)	
	45-49	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	2	1	
		(6.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(9.1%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(18.2%)	(25.0%)	
	50-54	0	0	0	0	0	0	1	0	1	0	0	1	0	0	0	0	0	1	0	1	1	0	0	0	0	0	
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(9.1%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)	(16.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(5.0%)	(0.0%)	(12.5%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	
	55-59	1	1	1	0	1	0	1	0	0	1	0	0	0	0	0	1	1	0	0	1	0	1	0	0	0	0	
		(6.3%)	(16.7%)	(16.7%)	(0.0%)	(33.3%)	(0.0%)	(9.1%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(16.7%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	
	60-64	7	0	2	0	2	1	1	0	1	2	0	2	1	1	1	1	2	6	1	3	1	0	0	0	2	1	
		(43.8%)	(0.0%)	(33.3%)	(0.0%)	(66.7%)	(20.0%)	(9.1%)	(0.0%)	(25.0%)	(25.0%)	(0.0%)	(33.3%)	(25.0%)	(33.3%)	(50.0%)	(25.0%)	(33.3%)	(30.0%)	(33.3%)	(37.5%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(18.2%)	(25.0%)	
	65-69	2	0	1	0	0	0	0	0	1	1	0	0	1	1	0	0	0	2	0	1	0	0	0	0	0	1	
		(12.5%)	(0.0%)	(16.7%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(25.0%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(10.0%)	(0.0%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(25.0%)	
	70-74	3	2	2	0	0	1	4	0	1	2	0	3	1	1	0	1	0	3	0	0	1	0	0	0	2	1	
		(18.8%)	(33.3%)	(33.3%)	(0.0%)	(0.0%)	(20.0%)	(36.4%)	(0.0%)	(25.0%)	(25.0%)	(0.0%)	(50.0%)	(25.0%)	(33.3%)	(0.0%)	(25.0%)	(0.0%)	(15.0%)	(0.0%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(18.2%)	(25.0%)	
	75-79	2	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	2	4	1	0	0	0	0	0	1	0	
		(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(33.3%)	(20.0%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(100.0%)	(9.1%)	(0.0%)
	80-	0	0	0	0	0	2	1	0	0	0	0	0	0	0	0	0	0	1	0	1	1	0	0	0	1	0	
		(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(40.0%)	(9.1%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(16.7%)	(5.0%)	(33.3%)	(12.5%)	(25.0%)	(0.0%)	(0.0%)	(0.0%)	(9.1%)	(0.0%)	
	合計	16	6	6	0	3	5	11	0	4	6	0	6	4	3	2	4	6	20	3	9	4	2	1	1	11	4	
		(100.0%)	(100.0%)	(100.0%)	(0.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(0.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	
女性	-39	1	4	6	1	1	0	3	0	1	2	1	1	0	1	1	0	2	4	0	3	0	1	0	0	0	0	
		(2.8%)	(17.4%)	(30.0%)	(8.3%)	(10.0%)	(0.0%)	(17.6%)	(0.0%)	(20.0%)	(8.7%)	(100.0%)	(7.7%)	(0.0%)	(14.3%)	(12.5%)	(0.0%)	(15.4%)	(9.8%)	(0.0%)	(15.8%)	(0.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(0.0%)	
	40-44	1	1	1	0	0	0	0	0	0	3	0	2	0	0	1	0	0	1	0	0	0	0	1	0	0	0	
		(2.8%)	(4.3%)	(5.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(13.0%)	(0.0%)	(15.4%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(0.0%)	(2.4%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	
	45-49	2	1	2	1	1	1	1	0	0	1	0	0	1	1	1	0	0	2	0	3	0	0	2	0	0	0	
		(5.6%)	(4.3%)	(10.0%)	(16.7%)	(10.0%)	(14.3%)	(5.9%)	(0.0%)	(0.0%)	(4.3%)	(0.0%)	(0.0%)	(33.3%)	(14.3%)	(12.5%)	(0.0%)	(0.0%)	(4.9%)	(0.0%)	(15.8%)	(0.0%)	(0.0%)	(40.0%)	(0.0%)	(0.0%)	(0.0%)	
	50-54	1	2	3	1	1	0	3	0	1	1	0	0	0	0	2	0	2	4	0	0	0	0	1	0	2	1	
		(2.8%)	(8.7%)	(15.0%)	(8.3%)	(10.0%)	(0.0%)	(17.6%)	(0.0%)	(20.0%)	(4.3%)	(0.0%)	(7.7%)	(0.0%)	(0.0%)	(25.0%)	(0.0%)	(15.4%)	(9.8%)	(0.0%)	(0.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(6.9%)	(16.7%)	
	55-59	1	2	1	0	1	1	1	1	1	3	0	1	1	1	0	0	1	2	1	2	0	0	0	0	2	1	
		(2.8%)	(8.7%)	(5.0%)	(0.0%)	(10.0%)	(14.3%)	(5.9%)	(20.0%)	(13.0%)	(0.0%)	(7.7%)	(33.3%)	(14.3%)	(0.0%)	(0.0%)	(7.7%)	(4.9%)	(14.3%)	(0.0%)	(10.5%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(6.9%)	(16.7%)	
	60-64	9	4	1	2	0	1	7	2	0	1	0	2	0	0	1	0	3	11	0	4	0	1	0	0	5	1	
		(25.0%)	(17.4%)	(5.0%)	(16.7%)	(0.0%)	(14.3%)	(41.2%)	(40.0%)	(0.0%)	(4.3%)	(0.0%)	(15.4%)	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(23.1%)	(26.8%)	(0.0%)	(21.1%)	(0.0%)	(50.0%)	(0.0%)	(0.0%)	(17.2%)	(16.7%)	
	65-69	4	5	2	2	2	1	2	0	1	3	0	3	0	0	0	0	3	6	2	1	1	0	0	0	5	1	
		(11.1%)	(21.7%)	(10.0%)	(16.7%)	(20.0%)	(14.3%)	(11.8%)	(0.0%)	(20.0%)	(13.0%)	(0.0%)	(23.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(23.1%)	(14.6%)	(28.6%)	(5.3%)	(33.3%)	(50.0%)	(0.0%)	(0.0%)	(17.2%)	(16.7%)	
	70-74	6	2	2	2	3	1	0	1	0	4	0	1	0	2	1	5	1	5	1	3	0	0	0	0	7	1	
		(16.7%)	(8.7%)	(10.0%)	(16.7%)	(30.0%)	(14.3%)	(0.0%)	(20.0%)	(0.0%)	(17.4%)	(0.0%)	(7.7%)	(0.0%)	(28.6%)	(12.5%)	(83.3%)	(7.7%)	(14.6%)	(14.3%)	(15.8%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(24.1%)	(16.7%)	
	75-79	8	2	0	1	0	1	0	1	0	4	2	1	1	0	0	0	1	5	2	1	1	0	0	0	5	0	
		(22.2%)	(8.7%)	(0.0%)	(8.3%)	(0.0%)	(14.3%)	(0.0%)	(20.0%)	(0.0%)	(17.4%)	(100.0%)	(7.7%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(7.7%)	(12.2%)	(28.6%)	(5.3%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(17.2%)	(0.0%)	
	80-	3	0	2	1	1	1	0	0	1	1	0	1	0	2	1	1	0	1	1	2	1	0	0	0	3	1	
		(8.3%)	(0.0%)	(10.0%)	(8.3%)	(10.0%)	(14.3%)	(0.0%)	(0.0%)	(20.0%)	(4.3%)	(0.0%)	(7.7%)	(0.0%)	(28.6%)	(12.5%)	(16.7%)	(0.0%)	(2.4%)	(14.3%)	(10.5%)	(33.3%)	(0.0%)	(0.0%)	(0.0%)	(10.3%)	(16.7%)	
	合計	36	23	20	12	10	7	17	5	5	23	2	13	3	7	8	6	13	41	7	19	3	2	5	2	29	6	
		(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	(100.0%)	
合計	-39	1	6	6	1	1	0	3	0	1	2	0	1	1	1	1	0	2	5	0	3	0	0	0	0	2	0	
		(1.9%)	(20.7%)	(23.1%)	(8.3%)	(7.7%)	(0.0%)	(10.7%)	(0.0%)	(11.1%)	(6.5%)	(0.0%)	(5.3%)	(14.3%)	(10.0%)	(10.0%)	(10.0%)	(10.5%)	(8.2%)	(0.0%)	(11.1%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(5.0%)	(0.0%)	
	40-44	1	2	1	0	0	0	2	0	0	3	0	2	0	0	2	0	0	2	0	1	0	1	0	0	1	0	
		(1.9%)	(6.9%)	(3.8%)	(0.0%)	(0.0%)	(0.0%)	(7.1%)	(0.0%)	(0.0%)	(9.7%)	(0.0%)	(10.5%)	(0.0%)	(0.0%)	(20.0%)	(0.0%)	(0.0%)	(3.3%)	(0.0%)	(3.7%)	(0.0%)	(25.0%)	(0.0%)	(0.0%)	(2.5%)	(0.0%)	
	45-49	3	1	2	2	1	2	2	0																			