

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々は

力を合わせて解決しようとする。

	8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいさつをしている。					10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。				
	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない
男性															
-39	10 (14.1%)	33 (46.5%)	23 (32.4%)	2 (2.8%)	3 (4.2%)	21 (29.6%)	41 (57.7%)	7 (9.9%)	2 (2.8%)	0 (0.0%)	13 (18.3%)	32 (45.1%)	23 (32.4%)	3 (4.2%)	0 (0.0%)
40-44	1 (2.5%)	18 (45.0%)	17 (42.5%)	2 (5.0%)	2 (5.0%)	4 (10.0%)	30 (75.0%)	5 (12.5%)	1 (2.5%)	0 (0.0%)	2 (5.0%)	18 (45.0%)	14 (35.0%)	6 (15.0%)	0 (0.0%)
45-49	4 (14.3%)	12 (42.9%)	11 (39.3%)	1 (3.6%)	0 (0.0%)	6 (21.4%)	17 (60.7%)	5 (17.9%)	0 (0.0%)	0 (0.0%)	2 (7.1%)	13 (46.4%)	10 (35.7%)	3 (10.7%)	0 (0.0%)
50-54	4 (9.1%)	20 (45.5%)	15 (34.1%)	2 (4.5%)	3 (6.8%)	10 (22.7%)	26 (58.1%)	5 (11.4%)	0 (0.0%)	0 (0.0%)	6 (13.6%)	16 (36.4%)	18 (40.9%)	2 (4.5%)	2 (4.5%)
55-59	2 (3.6%)	24 (43.6%)	24 (43.6%)	5 (9.1%)	0 (0.0%)	9 (16.4%)	34 (61.8%)	10 (18.2%)	2 (3.6%)	0 (0.0%)	4 (7.3%)	28 (50.9%)	28 (32.7%)	0 (9.1%)	0 (0.0%)
60-64	12 (11.2%)	53 (49.5%)	37 (34.6%)	5 (4.7%)	0 (0.0%)	28 (26.4%)	67 (63.2%)	9 (8.5%)	1 (0.9%)	1 (0.9%)	15 (14.0%)	49 (45.8%)	37 (34.6%)	5 (4.7%)	1 (0.9%)
65-69	23 (15.8%)	72 (49.3%)	45 (30.8%)	6 (4.1%)	0 (0.0%)	47 (32.2%)	89 (61.0%)	8 (5.5%)	2 (1.4%)	0 (0.0%)	31 (21.2%)	68 (46.6%)	42 (28.8%)	5 (3.4%)	0 (0.0%)
70-74	22 (17.2%)	69 (53.9%)	28 (21.9%)	6 (4.7%)	3 (2.3%)	51 (39.8%)	56 (43.8%)	11 (8.6%)	4 (3.1%)	6 (4.7%)	21 (16.4%)	64 (50.0%)	30 (23.4%)	8 (6.3%)	5 (3.9%)
75-79	30 (30.9%)	46 (47.4%)	19 (19.6%)	1 (1.0%)	1 (1.0%)	56 (57.7%)	34 (35.1%)	6 (6.2%)	0 (0.0%)	1 (1.0%)	29 (29.9%)	44 (45.4%)	20 (20.6%)	2 (2.1%)	2 (2.1%)
80-	17 (26.2%)	32 (49.2%)	14 (21.5%)	2 (3.1%)	0 (0.0%)	25 (38.5%)	32 (48.2%)	5 (7.7%)	1 (1.5%)	2 (3.1%)	18 (27.7%)	32 (49.2%)	13 (20.0%)	1 (1.5%)	1 (1.5%)
合計	125 (16.0%)	379 (48.5%)	233 (29.8%)	32 (4.1%)	12 (1.5%)	257 (32.9%)	426 (54.6%)	71 (9.1%)	16 (2.1%)	10 (1.3%)	141 (18.1%)	364 (46.6%)	225 (28.8%)	40 (5.1%)	11 (1.4%)
女性															
-39	22 (15.5%)	67 (47.2%)	43 (30.3%)	10 (7.0%)	0 (0.0%)	30 (21.1%)	68 (62.0%)	19 (13.4%)	4 (2.8%)	1 (0.7%)	26 (18.3%)	73 (51.4%)	36 (25.4%)	5 (3.5%)	2 (1.4%)
40-44	9 (12.9%)	35 (50.0%)	23 (32.9%)	3 (4.3%)	0 (0.0%)	20 (28.6%)	39 (55.7%)	10 (14.3%)	1 (1.4%)	0 (0.0%)	11 (15.7%)	34 (48.6%)	21 (30.0%)	4 (5.7%)	0 (0.0%)
45-49	5 (7.7%)	38 (58.5%)	18 (27.7%)	3 (4.6%)	1 (1.5%)	14 (21.5%)	47 (72.3%)	3 (4.6%)	0 (0.0%)	1 (1.5%)	7 (10.8%)	35 (53.8%)	21 (32.3%)	1 (1.5%)	1 (1.5%)
50-54	8 (9.2%)	44 (50.6%)	28 (32.2%)	3 (3.4%)	4 (4.6%)	24 (27.6%)	57 (65.5%)	4 (4.6%)	1 (1.1%)	1 (1.1%)	8 (9.2%)	51 (58.6%)	22 (25.3%)	2 (2.3%)	4 (4.6%)
55-59	7 (5.8%)	63 (52.5%)	43 (35.5%)	4 (3.3%)	3 (2.5%)	39 (32.5%)	75 (62.5%)	6 (5.0%)	0 (0.0%)	0 (0.0%)	10 (8.3%)	66 (55.0%)	37 (30.8%)	5 (4.2%)	2 (1.7%)
60-64	33 (13.9%)	111 (46.8%)	80 (33.8%)	9 (3.8%)	4 (1.7%)	98 (41.4%)	126 (53.2%)	7 (3.0%)	2 (0.8%)	4 (1.7%)	44 (18.6%)	127 (53.6%)	57 (24.1%)	4 (1.7%)	5 (2.1%)
65-69	36 (19.5%)	93 (50.3%)	41 (22.2%)	10 (5.4%)	5 (2.7%)	75 (40.3%)	93 (50.0%)	11 (5.9%)	3 (1.6%)	4 (2.2%)	48 (25.8%)	80 (43.0%)	45 (24.2%)	9 (4.8%)	4 (2.2%)
70-74	38 (22.6%)	78 (46.4%)	45 (26.8%)	2 (1.2%)	5 (3.0%)	91 (54.2%)	81 (33.3%)	15 (8.9%)	2 (1.2%)	4 (2.4%)	46 (27.5%)	68 (40.7%)	46 (27.5%)	2 (1.2%)	5 (3.0%)
75-79	37 (29.6%)	59 (47.2%)	26 (20.8%)	2 (1.6%)	1 (0.8%)	68 (54.4%)	47 (37.6%)	6 (4.8%)	1 (0.8%)	3 (2.4%)	35 (28.0%)	54 (43.2%)	31 (24.8%)	2 (1.6%)	3 (2.4%)
80-	25 (29.1%)	41 (47.7%)	17 (19.8%)	1 (1.2%)	2 (2.3%)	42 (49.4%)	32 (37.6%)	5 (5.9%)	2 (2.4%)	4 (4.7%)	30 (34.9%)	28 (32.6%)	22 (25.6%)	4 (4.7%)	2 (2.3%)
合計	220 (17.1%)	629 (48.9%)	364 (28.3%)	47 (3.7%)	25 (1.9%)	501 (39.0%)	660 (51.4%)	86 (6.7%)	16 (1.2%)	22 (1.7%)	265 (20.6%)	616 (47.9%)	338 (26.3%)	38 (3.0%)	28 (2.2%)
合計															
-39	32 (15.0%)	100 (46.9%)	66 (31.0%)	12 (5.6%)	3 (1.4%)	51 (23.9%)	129 (60.6%)	26 (12.2%)	6 (2.8%)	1 (0.5%)	39 (18.3%)	105 (49.3%)	59 (27.7%)	8 (3.8%)	2 (0.9%)
40-44	10 (9.1%)	53 (48.2%)	40 (36.4%)	5 (4.5%)	2 (1.8%)	24 (21.8%)	69 (62.7%)	15 (13.6%)	2 (1.8%)	0 (0.0%)	13 (11.8%)	52 (47.3%)	35 (31.8%)	10 (9.1%)	0 (0.0%)
45-49	9 (9.7%)	50 (53.8%)	29 (31.2%)	4 (4.3%)	1 (1.1%)	20 (21.5%)	64 (68.8%)	8 (8.6%)	0 (0.0%)	1 (1.1%)	9 (9.7%)	48 (51.6%)	31 (33.3%)	4 (4.3%)	1 (1.1%)
50-54	12 (9.2%)	64 (48.9%)	43 (32.8%)	5 (3.8%)	7 (5.3%)	34 (26.0%)	83 (63.4%)	9 (6.9%)	4 (3.1%)	1 (0.8%)	14 (10.7%)	67 (51.1%)	40 (30.5%)	4 (3.1%)	6 (4.6%)
55-59	9 (5.1%)	67 (49.7%)	45 (38.2%)	9 (5.1%)	3 (1.7%)	48 (27.4%)	109 (62.3%)	16 (9.1%)	2 (1.1%)	0 (0.0%)	14 (8.0%)	94 (53.2%)	55 (31.4%)	10 (5.7%)	2 (1.1%)
60-64	45 (13.1%)	164 (47.7%)	117 (34.0%)	14 (4.1%)	4 (1.2%)	126 (36.7%)	193 (56.3%)	16 (4.7%)	3 (0.9%)	5 (1.5%)	59 (23.7%)	176 (51.2%)	94 (27.3%)	9 (2.6%)	6 (1.7%)
65-69	59 (17.8%)	165 (49.8%)	86 (26.8%)	16 (4.8%)	5 (1.5%)	122 (36.7%)	182 (54.8%)	19 (5.7%)	5 (1.5%)	4 (1.2%)	79 (23.8%)	148 (44.6%)	87 (26.2%)	14 (4.2%)	4 (1.2%)
70-74	60 (20.3%)	147 (49.7%)	73 (24.7%)	8 (2.7%)	8 (2.7%)	142 (48.0%)	112 (37.8%)	26 (8.8%)	6 (2.0%)	10 (3.4%)	67 (22.7%)	132 (44.7%)	76 (25.8%)	10 (3.4%)	10 (3.4%)
75-79	67 (30.2%)	105 (47.3%)	45 (20.3%)	3 (1.4%)	2 (0.9%)	124 (55.9%)	81 (36.5%)	12 (5.4%)	1 (0.5%)	4 (1.8%)	64 (28.8%)	98 (44.1%)	51 (23.0%)	4 (1.8%)	5 (2.3%)
80-	42 (27.8%)	73 (48.3%)	31 (20.5%)	3 (2.0%)	2 (1.3%)	67 (44.7%)	64 (42.7%)	10 (6.7%)	3 (2.0%)	6 (4.0%)	48 (31.8%)	60 (39.7%)	35 (23.2%)	5 (3.3%)	3 (2.0%)
合計	345 (16.7%)	1008 (48.8%)	597 (28.9%)	79 (3.8%)	37 (1.8%)	758 (36.7%)	1086 (52.6%)	157 (7.6%)	32 (1.5%)	32 (1.5%)	406 (19.7%)	980 (47.4%)	563 (27.3%)	78 (3.8%)	39 (1.9%)

【7】現在の活動状況についておたずねします。

(1) そろじをしたり、重いものを持ち上げたりするなど、
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす
時間は1日平均してどれくらいですか。

	(1) 体を使うような仕事をしていますか。					(2) 仕事を含め、平均してどれくらい外出していますか。					(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。		
	ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下
男性																
-39	48 (68.6%)	11 (15.7%)	6 (8.6%)	1 (1.4%)	4 (5.7%)	63 (88.7%)	4 (5.6%)	3 (4.2%)	0 (0.0%)	1 (1.4%)	43 (60.6%)	14 (19.7%)	14 (19.7%)	13 (18.3%)	18 (25.4%)	40 (56.3%)
40-44	23 (57.5%)	6 (15.0%)	6 (15.0%)	4 (10.0%)	1 (2.5%)	34 (85.0%)	2 (5.0%)	4 (10.0%)	0 (0.0%)	0 (0.0%)	21 (52.5%)	4 (10.0%)	15 (37.5%)	4 (10.0%)	10 (25.0%)	26 (65.0%)
45-49	13 (46.4%)	8 (28.6%)	5 (17.9%)	1 (3.6%)	1 (3.6%)	24 (85.7%)	1 (3.6%)	2 (7.1%)	1 (3.6%)	0 (0.0%)	13 (44.8%)	6 (20.7%)	10 (34.5%)	0 (0.0%)	9 (31.0%)	20 (69.0%)
50-54	26 (59.1%)	8 (18.2%)	5 (11.4%)	1 (2.3%)	4 (9.1%)	36 (81.8%)	7 (15.9%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	25 (56.8%)	9 (20.5%)	10 (22.7%)	3 (6.8%)	11 (25.0%)	30 (68.2%)
55-59	35 (64.8%)	9 (16.7%)	6 (11.1%)	0 (0.0%)	4 (7.4%)	45 (81.8%)	7 (12.7%)	2 (3.6%)	1 (1.8%)	0 (0.0%)	32 (58.2%)	14 (25.5%)	9 (16.4%)	1 (1.8%)	11 (20.0%)	43 (78.2%)
60-64	61 (57.9%)	13 (12.1%)	16 (15.0%)	2 (1.9%)	15 (14.0%)	70 (65.4%)	22 (20.6%)	13 (12.1%)	0 (0.0%)	2 (1.9%)	55 (51.9%)	28 (26.4%)	23 (21.7%)	13 (12.3%)	32 (30.2%)	61 (57.5%)
65-69	94 (64.4%)	25 (17.1%)	15 (10.3%)	3 (2.1%)	9 (6.2%)	109 (74.7%)	25 (17.1%)	9 (6.2%)	1 (0.7%)	2 (1.4%)	74 (50.7%)	49 (33.6%)	23 (15.8%)	10 (6.9%)	37 (25.5%)	98 (67.6%)
70-74	75 (57.7%)	25 (19.2%)	19 (14.6%)	3 (2.3%)	8 (6.2%)	80 (61.5%)	32 (24.6%)	14 (10.8%)	4 (3.1%)	0 (0.0%)	57 (43.8%)	51 (39.2%)	22 (16.9%)	14 (11.0%)	36 (28.3%)	77 (60.6%)
75-79	57 (58.8%)	16 (16.5%)	15 (15.5%)	2 (2.1%)	7 (7.2%)	58 (59.8%)	27 (27.8%)	9 (9.3%)	2 (2.1%)	1 (1.0%)	53 (54.6%)	33 (34.0%)	11 (11.3%)	3 (3.2%)	37 (38.9%)	55 (57.9%)
80-	35 (53.8%)	14 (21.5%)	4 (6.2%)	2 (3.1%)	10 (15.4%)	30 (46.2%)	20 (30.8%)	8 (12.3%)	4 (6.2%)	3 (4.6%)	26 (40.0%)	24 (36.9%)	15 (23.1%)	11 (17.2%)	23 (35.9%)	30 (46.9%)
合計	467 (59.8%)	135 (17.3%)	97 (12.4%)	19 (2.4%)	63 (8.1%)	549 (70.1%)	147 (18.8%)	65 (8.3%)	13 (1.7%)	9 (1.1%)	399 (51.0%)	232 (29.6%)	152 (19.4%)	72 (9.3%)	224 (28.9%)	480 (61.9%)
女性																
-39	97 (68.3%)	20 (14.1%)	16 (11.3%)	0 (0.0%)	9 (6.3%)	95 (66.9%)	23 (16.2%)	22 (15.5%)	0 (0.0%)	2 (1.4%)	65 (45.8%)	35 (24.6%)	42 (29.6%)	26 (18.3%)	55 (38.7%)	61 (43.0%)
40-44	49 (71.0%)	13 (18.8%)	6 (8.7%)	0 (0.0%)	1 (1.4%)	52 (74.3%)	13 (18.6%)	4 (5.7%)	1 (1.4%)	0 (0.0%)	36 (52.2%)	13 (18.8%)	20 (29.0%)	9 (13.0%)	30 (43.5%)	30 (43.5%)
45-49	46 (70.8%)	12 (18.5%)	3 (4.6%)	0 (0.0%)	4 (6.2%)	42 (64.6%)	19 (29.2%)	3 (4.6%)	0 (0.0%)	1 (1.5%)	30 (46.2%)	14 (21.5%)	21 (32.3%)	10 (15.6%)	25 (39.1%)	29 (45.3%)
50-54	63 (72.4%)	15 (17.2%)	7 (8.0%)	1 (1.1%)	1 (1.1%)	46 (52.9%)	23 (26.4%)	17 (19.5%)	1 (1.1%)	0 (0.0%)	45 (51.7%)	15 (17.2%)	27 (31.0%)	6 (6.9%)	27 (31.0%)	54 (62.1%)
55-59	87 (72.5%)	24 (20.0%)	4 (3.3%)	3 (2.5%)	2 (1.7%)	61 (50.8%)	38 (31.7%)	16 (13.3%)	3 (2.5%)	2 (1.7%)	63 (52.5%)	23 (19.2%)	34 (28.3%)	9 (7.5%)	44 (36.7%)	67 (55.8%)
60-64	183 (77.5%)	35 (14.8%)	9 (3.4%)	1 (0.4%)	9 (3.8%)	116 (48.9%)	43 (29.5%)	43 (18.1%)	4 (1.7%)	4 (1.7%)	98 (41.4%)	83 (35.0%)	56 (23.6%)	19 (8.2%)	73 (31.3%)	141 (60.5%)
65-69	150 (80.6%)	20 (10.8%)	11 (5.9%)	2 (1.1%)	3 (1.6%)	92 (49.5%)	57 (30.6%)	30 (16.1%)	6 (3.2%)	1 (0.5%)	79 (42.5%)	68 (36.6%)	39 (21.0%)	18 (9.8%)	69 (37.7%)	96 (52.5%)
70-74	128 (76.2%)	22 (13.1%)	10 (6.0%)	3 (1.8%)	5 (3.0%)	78 (46.2%)	52 (30.8%)	33 (19.5%)	4 (2.4%)	2 (1.2%)	72 (42.6%)	59 (34.9%)	38 (22.5%)	14 (8.4%)	60 (35.9%)	93 (55.7%)
75-79	87 (69.0%)	18 (14.3%)	8 (6.3%)	4 (3.2%)	9 (7.1%)	58 (46.0%)	37 (29.4%)	23 (18.3%)	5 (4.0%)	3 (2.4%)	52 (41.6%)	38 (30.4%)	35 (28.0%)	10 (7.9%)	39 (31.0%)	77 (61.1%)
80-	47 (55.3%)	10 (11.8%)	11 (12.9%)	2 (2.4%)	15 (17.6%)	22 (25.6%)	25 (29.1%)	26 (30.2%)	7 (8.1%)	6 (7.0%)	15 (17.4%)	39 (45.3%)	32 (37.2%)	20 (23.5%)	23 (27.1%)	42 (49.4%)
合計	937 (73.0%)	189 (14.7%)	84 (6.5%)	16 (1.2%)	58 (4.5%)	662 (51.4%)	357 (27.7%)	217 (16.8%)	31 (2.4%)	21 (1.6%)	555 (43.2%)	387 (30.1%)	344 (26.7%)	141 (11.1%)	445 (34.9%)	690 (54.1%)
合計																
-39	145 (68.4%)	31 (14.6%)	22 (10.4%)	1 (0.5%)	13 (6.1%)	158 (74.2%)	27 (12.7%)	25 (11.7%)	0 (0.0%)	3 (1.4%)	108 (50.7%)	49 (23.0%)	56 (26.3%)	39 (18.3%)	73 (34.3%)	101 (47.4%)
40-44	72 (66.1%)	19 (17.4%)	12 (11.0%)	4 (3.7%)	2 (1.8%)	86 (78.2%)	15 (13.6%)	8 (7.3%)	1 (0.9%)	0 (0.0%)	57 (52.3%)	17 (15.6%)	35 (32.1%)	13 (11.9%)	40 (36.7%)	56 (51.4%)
45-49	59 (63.4%)	20 (21.5%)	8 (8.6%)	1 (1.1%)	5 (5.4%)	66 (71.0%)	20 (21.5%)	5 (5.4%)	1 (1.1%)	1 (1.1%)	43 (45.7%)	20 (21.3%)	31 (33.0%)	10 (10.8%)	34 (36.6%)	49 (52.7%)
50-54	89 (67.9%)	23 (17.6%)	12 (9.2%)	2 (1.5%)	5 (3.8%)	82 (62.6%)	30 (22.9%)	18 (13.7%)	1 (0.8%)	0 (0.0%)	70 (53.4%)	24 (18.3%)	37 (28.2%)	9 (6.9%)	38 (29.0%)	84 (64.1%)
55-59	122 (70.1%)	33 (19.0%)	10 (5.7%)	3 (1.7%)	6 (3.4%)	106 (60.6%)	45 (25.7%)	18 (10.3%)	4 (2.3%)	2 (1.1%)	95 (54.3%)	37 (21.1%)	43 (24.6%)	10 (5.7%)	55 (31.4%)	110 (62.9%)
60-64	244 (71.1%)	48 (14.0%)	24 (7.0%)	3 (0.9%)	24 (7.0%)	186 (54.1%)	92 (26.7%)	56 (16.3%)	4 (1.2%)	6 (1.7%)	153 (44.6%)	111 (32.4%)	79 (23.0%)	32 (9.4%)	105 (31.0%)	202 (59.6%)
65-69	244 (73.5%)	45 (13.6%)	26 (7.8%)	5 (1.5%)	12 (3.6%)	201 (60.5%)	82 (24.7%)	39 (11.7%)	7 (2.1%)	3 (0.9%)	153 (46.1%)	117 (35.2%)	62 (18.7%)	28 (8.5%)	106 (32.3%)	194 (59.1%)
70-74	203 (68.1%)	47 (15.8%)	29 (9.7%)	6 (2.0%)	13 (4.4%)	158 (52.8%)	84 (28.1%)	47 (15.7%)	8 (2.7%)	2 (0.7%)	129 (43.1%)	110 (36.8%)	60 (20.1%)	28 (9.5%)	96 (32.7%)	170 (57.8%)
75-79	144 (64.6%)	34 (15.2%)	23 (10.3%)	6 (2.7%)	16 (7.2%)	116 (52.0%)	64 (28.7%)	32 (14.3%)	7 (3.1%)	4 (1.8%)	105 (47.3%)	71 (32.0%)	46 (20.7%)	13 (5.9%)	76 (34.4%)	132 (59.7%)
80-	82 (54.7%)	24 (16.0%)	15 (10.0%)	4 (2.7%)	25 (16.7%)	52 (34.4%)	45 (29.8%)	34 (22.5%)	11 (7.3%)	9 (6.0%)	41 (27.2%)	63 (41.7%)	47 (31.1%)	31 (20.8%)	46 (30.9%)	72 (48.3%)
合計	1404 (68.0%)	324 (15.7%)	181 (8.8%)	35 (1.7%)	121 (5.9%)	1211 (58.5%)	504 (24.3%)	282 (13.6%)	44 (2.1%)	30 (1.4%)	954 (46.1%)	619 (29.9%)	496 (24.0%)	213 (10.4%)	669 (32.6%)	1170 (57.0%)

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	38 (53.5%)	33 (46.5%)
	40-44	19 (48.7%)	20 (51.3%)
	45-49	11 (37.9%)	18 (62.1%)
	50-54	21 (48.8%)	22 (51.2%)
	55-59	27 (51.9%)	25 (48.1%)
	60-64	41 (38.3%)	66 (61.7%)
	65-69	51 (35.4%)	93 (64.6%)
	70-74	34 (27.4%)	90 (72.6%)
	75-79	36 (37.9%)	59 (62.1%)
	80-	24 (37.5%)	40 (62.5%)
	合計	302 (39.3%)	466 (60.7%)
	女性	-39	75 (53.6%)
40-44		35 (50.0%)	35 (50.0%)
45-49		36 (55.4%)	29 (44.6%)
50-54		39 (45.9%)	46 (54.1%)
55-59		55 (46.2%)	64 (53.8%)
60-64		120 (52.2%)	110 (47.8%)
65-69		67 (36.6%)	116 (63.4%)
70-74		64 (38.8%)	101 (61.2%)
75-79		50 (41.7%)	70 (58.3%)
80-		41 (49.4%)	42 (50.6%)
合計		582 (46.2%)	678 (53.8%)
合計		-39	113 (53.6%)
	40-44	54 (49.5%)	55 (50.5%)
	45-49	47 (50.0%)	47 (50.0%)
	50-54	60 (46.9%)	68 (53.1%)
	55-59	82 (48.0%)	89 (52.0%)
	60-64	161 (47.8%)	176 (52.2%)
	65-69	118 (36.1%)	209 (63.9%)
	70-74	98 (33.9%)	191 (66.1%)
	75-79	86 (40.0%)	129 (60.0%)
	80-	65 (44.2%)	82 (55.8%)
	合計	884 (43.6%)	1144 (56.4%)

(2) どのような症状ですか。あてはまるものすべてに○を付けて下さい。

	手足の間 が痛む	いらいらし やすい	頭痛	めまい	動悸	息切れ	せきやたん が出る	ゼイゼイする	下痢	便秘	食欲不振	腹痛・胃痛	痔による痛 み・出血など	歯が痛い	歯ぐきのは れ・出血	かみにくい	かゆみ(湿 疹・水虫など)	腰痛	尿失禁(尿 がもれる)	足のむくみ やだるさ	尿が出にく い(排尿時 痛い)	切り傷・や けどなどの けが	月経不順・ 月経痛	骨折・ねん ざ・脱臼	もの忘れが 増えた	その他	
男性	-39	5 (5.0%)	16 (25.8%)	9 (22.3%)	5 (19.2%)	5 (17.2%)	4 (11.1%)	10 (14.7%)	3 (25.0%)	4 (22.2%)	3 (7.0%)	1 (12.5%)	9 (31.0%)	2 (10.5%)	2 (6.1%)	4 (12.5%)	1 (3.4%)	8 (11.1%)	10 (7.2%)	1 (4.8%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	0 (0.0%)	6 (6.6%)	6 (26.1%)	
	40-44	5 (5.0%)	1 (1.6%)	0 (0.0%)	2 (7.7%)	1 (3.4%)	2 (5.6%)	7 (10.3%)	2 (16.7%)	5 (27.8%)	2 (4.7%)	0 (0.0%)	1 (3.0%)	1 (5.3%)	3 (9.1%)	3 (9.4%)	2 (6.9%)	6 (2.8%)	6 (4.3%)	1 (0.0%)	1 (5.0%)	1 (5.8%)	1 (16.7%)	0 (0.0%)	3 (3.3%)	0 (0.0%)	
	45-49	1 (1.0%)	3 (4.8%)	2 (5.0%)	2 (7.7%)	1 (3.4%)	0 (0.0%)	2 (2.9%)	0 (0.0%)	1 (2.8%)	0 (0.0%)	3 (5.6%)	0 (0.0%)	0 (0.0%)	1 (3.0%)	2 (6.3%)	0 (0.0%)	3 (2.2%)	3 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (16.7%)	1 (2.2%)	2 (8.7%)	2 (8.7%)	
	50-54	8 (8.0%)	4 (6.5%)	3 (7.5%)	2 (7.7%)	3 (10.3%)	5 (13.9%)	4 (5.9%)	0 (0.0%)	1 (5.6%)	0 (0.0%)	1 (3.0%)	3 (10.3%)	3 (15.8%)	3 (9.1%)	2 (6.3%)	1 (3.4%)	5 (5.8%)	2 (8.0%)	3 (15.0%)	2 (11.8%)	2 (16.7%)	1 (50.0%)	3 (9.9%)	9 (8.7%)	2 (8.7%)	
	55-59	7 (7.0%)	5 (8.1%)	2 (5.0%)	2 (0.0%)	5 (3.4%)	6 (11.8%)	1 (0.0%)	3 (0.0%)	5 (25.0%)	1 (3.0%)	4 (10.3%)	1 (21.1%)	8 (15.2%)	6 (3.1%)	8 (17.2%)	8 (6.9%)	26 (0.0%)	1 (10.0%)	5 (10.0%)	2 (5.9%)	0 (16.7%)	1 (16.7%)	1 (16.7%)	13 (4.4%)	6 (8.7%)	
	60-64	14 (14.0%)	9 (14.5%)	8 (20.0%)	2 (7.7%)	5 (17.2%)	6 (16.7%)	1 (8.8%)	3 (8.3%)	5 (16.7%)	1 (11.6%)	4 (12.5%)	1 (13.8%)	8 (24.2%)	6 (5.3%)	8 (22.5%)	8 (18.8%)	26 (11.1%)	1 (4.8%)	5 (25.0%)	2 (11.8%)	0 (0.0%)	1 (16.7%)	1 (14.3%)	13 (26.1%)	6 (8.7%)	
	65-69	24 (24.0%)	9 (14.5%)	7 (17.5%)	5 (19.2%)	5 (17.2%)	7 (19.4%)	12 (17.6%)	1 (8.3%)	0 (0.0%)	9 (20.9%)	1 (3.0%)	5 (16.3%)	7 (21.2%)	8 (26.3%)	3 (9.1%)	12 (25.0%)	27 (10.3%)	3 (19.6%)	4 (20.0%)	3 (17.6%)	2 (33.3%)	0 (0.0%)	16 (4.3%)	1 (17.6%)	1 (14.3%)	1 (26.1%)
	70-74	15 (15.0%)	6 (9.7%)	2 (5.0%)	2 (7.7%)	0 (0.0%)	3 (8.3%)	11 (16.2%)	3 (25.0%)	3 (16.7%)	4 (9.3%)	1 (12.5%)	5 (17.2%)	0 (0.0%)	3 (9.1%)	2 (6.3%)	3 (10.3%)	18 (13.0%)	6 (28.6%)	3 (15.0%)	3 (17.6%)	0 (0.0%)	0 (0.0%)	0 (14.3%)	13 (8.7%)	2 (8.7%)	
	75-79	10 (10.0%)	5 (8.1%)	6 (15.0%)	4 (15.4%)	4 (13.8%)	2 (5.6%)	3 (4.4%)	1 (8.3%)	9 (20.9%)	0 (0.0%)	1 (3.4%)	7 (15.8%)	1 (3.0%)	3 (9.1%)	1 (3.4%)	9 (12.5%)	11 (8.0%)	3 (14.3%)	2 (10.0%)	4 (23.5%)	0 (0.0%)	0 (0.0%)	0 (13.2%)	12 (8.7%)	2 (8.7%)	
	80-	11 (11.0%)	4 (6.5%)	1 (2.5%)	2 (7.7%)	4 (13.8%)	5 (13.9%)	5 (7.4%)	1 (8.3%)	0 (0.0%)	7 (16.3%)	1 (12.5%)	0 (0.0%)	0 (0.0%)	2 (6.1%)	3 (9.4%)	5 (17.2%)	16 (11.6%)	5 (23.8%)	0 (0.0%)	1 (5.9%)	0 (0.0%)	0 (0.0%)	0 (14.3%)	13 (0.0%)	0 (8.7%)	
	合計	100 (100.0%)	62 (100.0%)	40 (100.0%)	26 (100.0%)	29 (100.0%)	36 (100.0%)	68 (100.0%)	12 (100.0%)	18 (100.0%)	43 (100.0%)	8 (100.0%)	29 (100.0%)	19 (100.0%)	33 (100.0%)	32 (100.0%)	29 (100.0%)	72 (100.0%)	138 (100.0%)	21 (100.0%)	20 (100.0%)	17 (100.0%)	6 (100.0%)	6 (100.0%)	91 (100.0%)	23 (100.0%)	
女性	-39	12 (5.4%)	37 (26.6%)	38 (21.1%)	10 (11.9%)	3 (4.9%)	1 (2.8%)	12 (17.8%)	1 (6.7%)	5 (21.7%)	16 (13.4%)	4 (23.5%)	16 (20.8%)	8 (25.0%)	11 (21.8%)	5 (8.2%)	4 (15.8%)	22 (8.3%)	0 (0.0%)	15 (13.8%)	0 (0.0%)	2 (15.4%)	21 (52.5%)	0 (0.0%)	8 (4.4%)	9 (19.8%)	
	40-44	6 (2.7%)	10 (7.2%)	11 (6.1%)	6 (7.1%)	4 (6.6%)	2 (5.6%)	4 (5.9%)	1 (6.7%)	2 (8.7%)	7 (5.9%)	1 (5.9%)	7 (9.1%)	2 (6.3%)	4 (7.8%)	1 (4.9%)	1 (1.8%)	7 (7.2%)	3 (7.1%)	9 (8.3%)	1 (7.7%)	1 (7.7%)	5 (12.5%)	0 (0.0%)	4 (2.2%)	7 (15.2%)	
	45-49	11 (5.0%)	10 (7.2%)	17 (9.4%)	4 (4.8%)	5 (8.2%)	2 (5.6%)	6 (8.8%)	0 (0.0%)	2 (8.7%)	4 (3.4%)	0 (0.0%)	7 (9.1%)	2 (6.3%)	5 (9.8%)	6 (3.1%)	2 (5.2%)	15 (5.7%)	1 (2.4%)	11 (10.1%)	1 (7.7%)	1 (7.7%)	10 (25.0%)	0 (0.0%)	3 (1.7%)	6 (13.0%)	
	50-54	13 (5.9%)	13 (9.4%)	17 (9.4%)	5 (6.0%)	5 (8.2%)	3 (8.3%)	5 (7.4%)	1 (6.7%)	9 (7.8%)	4 (23.5%)	3 (3.9%)	4 (12.5%)	5 (9.8%)	6 (3.1%)	7 (9.1%)	6 (4.2%)	11 (2.4%)	7 (7.3%)	8 (7.7%)	1 (7.7%)	1 (7.7%)	4 (10.0%)	1 (9.1%)	11 (6.1%)	2 (4.3%)	
	55-59	20 (9.0%)	8 (5.8%)	11 (6.1%)	9 (10.7%)	10 (16.4%)	2 (5.6%)	9 (13.2%)	2 (13.3%)	2 (8.7%)	11 (9.2%)	1 (5.9%)	3 (3.9%)	2 (6.3%)	4 (7.8%)	7 (11.5%)	7 (9.4%)	24 (9.1%)	4 (9.5%)	9 (8.3%)	1 (7.7%)	2 (15.4%)	0 (0.0%)	0 (7.8%)	14 (10.9%)	5 (4.3%)	
	60-64	46 (20.7%)	24 (17.3%)	33 (18.3%)	12 (14.3%)	15 (24.6%)	9 (25.0%)	10 (14.7%)	4 (26.7%)	5 (21.7%)	24 (20.2%)	2 (11.8%)	6 (24.7%)	9 (18.8%)	12 (17.6%)	13 (19.7%)	10 (20.3%)	60 (22.7%)	6 (14.3%)	23 (21.1%)	2 (15.4%)	1 (7.7%)	5 (45.5%)	4 (22.8%)	41 (8.7%)	4 (8.7%)	
	65-69	33 (14.9%)	9 (6.5%)	16 (8.9%)	4 (4.8%)	7 (11.5%)	7 (19.4%)	5 (7.4%)	0 (0.0%)	3 (13.0%)	14 (11.8%)	1 (5.9%)	8 (10.4%)	4 (12.5%)	6 (11.8%)	7 (11.5%)	9 (14.1%)	27 (10.2%)	7 (16.7%)	5 (4.6%)	4 (30.8%)	4 (30.8%)	2 (18.2%)	2 (12.2%)	22 (6.5%)	3 (6.5%)	
	70-74	28 (12.6%)	15 (10.8%)	15 (8.3%)	13 (15.5%)	4 (6.6%)	3 (8.3%)	6 (8.8%)	2 (13.3%)	1 (4.3%)	10 (8.4%)	1 (5.9%)	6 (7.8%)	1 (3.1%)	2 (3.9%)	5 (8.2%)	9 (14.1%)	29 (11.0%)	8 (19.0%)	8 (7.3%)	1 (7.7%)	0 (0.0%)	1 (9.1%)	1 (16.7%)	30 (13.0%)	6 (13.0%)	
	75-79	25 (11.3%)	7 (5.0%)	14 (7.8%)	13 (15.5%)	4 (6.6%)	3 (8.3%)	6 (8.8%)	1 (6.7%)	1 (4.3%)	14 (11.8%)	2 (9.1%)	7 (11.8%)	3 (9.4%)	8 (2.0%)	8 (4.9%)	8 (12.5%)	34 (10.4%)	8 (12.9%)	10 (19.0%)	1 (7.7%)	1 (7.7%)	1 (10.0%)	1 (9.4%)	17 (6.5%)	3 (8.7%)	
	80-	28 (12.6%)	6 (4.3%)	8 (4.4%)	8 (9.5%)	4 (11.1%)	4 (7.4%)	5 (20.0%)	3 (4.3%)	1 (8.4%)	10 (5.9%)	1 (1.3%)	1 (0.0%)	4 (7.8%)	7 (11.5%)	10 (15.6%)	7 (9.1%)	23 (8.7%)	4 (9.5%)	11 (10.1%)	1 (7.7%)	0 (0.0%)	1 (10.0%)	1 (9.4%)	17 (11.1%)	1 (2.2%)	
	合計	222 (100.0%)	139 (100.0%)	180 (100.0%)	84 (100.0%)	61 (100.0%)	36 (100.0%)	68 (100.0%)	15 (100.0%)	23 (100.0%)	119 (100.0%)	17 (100.0%)	77 (100.0%)	32 (100.0%)	51 (100.0%)	61 (100.0%)	64 (100.0%)	77 (100.0%)	264 (100.0%)	42 (100.0%)	109 (100.0%)	13 (100.0%)	13 (100.0%)	40 (100.0%)	11 (100.0%)	180 (100.0%)	46 (100.0%)
合計	-39	17 (5.3%)	53 (26.4%)	47 (21.4%)	15 (13.6%)	8 (8.9%)	5 (6.9%)	22 (16.2%)	4 (14.8%)	9 (22.0%)	19 (11.7%)	5 (20.0%)	25 (23.6%)	10 (19.6%)	13 (15.5%)	9 (9.7%)	5 (5.4%)	20 (8.0%)	1 (1.6%)	15 (11.6%)	0 (0.0%)	3 (15.8%)	0 (0.0%)	0 (5.2%)	14 (21.7%)	15 (21.7%)	
	40-44	11 (3.4%)	11 (5.5%)	11 (5.0%)	8 (7.3%)	5 (5.6%)	4 (8.1%)	11 (11.1%)	3 (17.1%)	7 (5.8%)	9 (4.0%)	1 (6.6%)	7 (5.9%)	3 (8.3%)	7 (6.5%)	3 (3.2%)	9 (6.0%)	25 (6.2%)	3 (4.8%)	10 (7.8%)	2 (6.7%)	2 (10.5%)	0 (0.0%)	0 (2.6%)	7 (10.1%)	7 (10.1%)	
	45-49	12 (3.7%)	13 (6.5%)	19 (8.6%)	6 (5.5%)	6 (6.7%)	2 (2.8%)	8 (5.9%)	0 (0.0%)	3 (7.3%)	4 (2.9%)	1 (4.0%)	10 (9.4%)	2 (3.9%)	6 (7.1%)	8 (8.6%)	2 (4.7%)	18 (4.5%)	1 (1.6%)	11 (8.5%)	1 (3.3%)	1 (5.3%)	1 (5.9%)	1 (1.8%)	5 (1.8%)	8 (11.6%)	
	50-54	21 (6.5%)	17 (8.5%)	20 (9.1%)	7 (6.4%)	8 (8.9%)	8 (11.1%)	9 (6.6%)	1 (3.7%)	2 (4.9%)	9 (5.6%)	5 (20.0%)	6 (5.7%)	7 (13.7%)	6 (7.1%)	8 (8.6%)	3 (3.2%)	11 (7.4%)	3 (4.8%)	11 (8.5%)	3 (10.0%)	2 (10.5%)	4 (23.5%)	2 (7.4%)	20 (5.8%)	4 (5.8%)	
	55-59	27 (8.4%)	13 (6.5%)	13 (5.9%)	9 (8.2%)	11 (12.2%)	4 (5.6%)	17 (12.5%)	2 (7.4%)	2 (9.3%)	15 (12.0%)	3 (5.7%)	6 (11.8%)	9 (10.7%)	8 (8.6%)	11 (11.8%)	12 (8.5%)	34 (6.3%)	4 (8.5%)	11 (8.5%)	2 (15.8%)	3 (6.7%)	1 (5.9%)	1 (6.8%)	18 (10.1%)	7 (10.1%)	
	60-64	60 (18.6%)	33 (16.4%)	41 (18.6%)	20 (12.7%)	20 (22.2%)	15 (20.8%)	16 (11.8%)	5 (18.5%)	8 (19.5%)	29 (17.9%)	7 (12.0%)	23 (21.7%)	7 (13.7%)	17 (20.2%)	18 (19.4%)	21 (22.6%)	86 (21.4%)	7 (11.1%)	28 (21.7%)	4 (13.3%)	1 (5.3%)	6 (35.3%)	4 (19.9%)	54 (14.5%)	10 (14.5%)	
	65-69	57 (17.7%)	18 (9.0%)	23 (10.5%)	9 (8.2%)	12 (13.3%)	14 (19.4%)	17 (12.5%)	1 (3.7%)	3 (7.3%)	23 (14.2%)	1 (4.0%)	9 (8.5%)	13 (15.5%)	15 (16.1%)	12 (12.9%)	15 (11.4%)	54 (13.4%)	10 (15.9%)	9 (7.0%)	7 (23.3%)	6 (31.6%)	2 (11.8%)	2 (14.0%)	38 (5.8%)	4 (5.8%)	
	70-74	43 (13.4%)	21 (10.4%)	17 (7.7%)	15 (13.6%)	4 (4.4%)	6 (8.3%)	17 (12.5%)	5 (18.5%)	4 (8.8%)	14 (8.6%)	2 (8.0%)	11 (10.4%)	5 (2.0%)	7 (6.0%)	7 (7.5%)	12 (12.9%)	47 (11.7%)	14 (22.2%)	11 (8.5%)	4 (13.3%)	0 (0.0%)	1 (5.9%)	1 (15.9%)	43 (11.6%)	8 (11.6%)	
	75-79	35 (10.9%)	12 (6.0%)	20 (9.1%)	17 (15.5%)	8 (8.9%)	5 (6.6%)	9 (6.6%)	2 (7.4%)																		

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そろそろ、落ち着かなく感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	31 (43.7%)	18 (25.4%)	12 (16.9%)	5 (7.0%)	5 (7.0%)	34 (47.9%)	21 (29.6%)	11 (15.5%)	1 (1.4%)	4 (5.6%)	34 (47.9%)	18 (25.4%)	14 (19.7%)	4 (5.6%)	1 (1.4%)
	40-44	14 (35.0%)	14 (35.0%)	8 (20.0%)	0 (0.0%)	4 (10.0%)	18 (45.0%)	13 (32.5%)	7 (17.5%)	1 (2.5%)	1 (2.5%)	17 (42.5%)	17 (42.5%)	6 (15.0%)	0 (0.0%)	0 (0.0%)
	45-49	9 (31.0%)	12 (41.4%)	4 (13.8%)	4 (13.8%)	0 (0.0%)	14 (48.3%)	10 (34.5%)	3 (10.3%)	2 (6.9%)	0 (0.0%)	17 (58.6%)	6 (20.7%)	5 (17.2%)	1 (3.4%)	0 (0.0%)
	50-54	21 (47.7%)	10 (22.7%)	10 (22.7%)	1 (2.3%)	2 (4.5%)	26 (59.1%)	8 (18.2%)	9 (20.5%)	0 (0.0%)	1 (2.3%)	28 (63.6%)	8 (18.2%)	7 (15.9%)	0 (0.0%)	1 (2.3%)
	55-59	22 (40.0%)	20 (36.4%)	9 (16.4%)	1 (1.8%)	3 (5.5%)	31 (56.4%)	14 (25.5%)	7 (12.7%)	0 (0.0%)	3 (5.5%)	29 (52.7%)	15 (27.3%)	10 (18.2%)	1 (1.8%)	0 (0.0%)
	60-64	57 (53.3%)	23 (21.5%)	20 (18.7%)	4 (3.7%)	3 (2.8%)	62 (57.9%)	24 (22.4%)	16 (15.0%)	2 (1.9%)	3 (2.8%)	59 (55.1%)	32 (29.9%)	10 (9.3%)	3 (2.8%)	3 (2.8%)
	65-69	80 (54.8%)	45 (30.8%)	16 (11.0%)	1 (0.7%)	4 (2.7%)	94 (64.4%)	33 (22.8%)	16 (11.0%)	1 (0.7%)	2 (1.4%)	95 (65.1%)	34 (23.3%)	13 (8.9%)	2 (1.4%)	2 (1.4%)
	70-74	78 (60.9%)	38 (28.1%)	12 (9.4%)	1 (0.8%)	1 (0.8%)	92 (71.3%)	26 (20.2%)	10 (7.8%)	0 (0.0%)	1 (0.8%)	81 (71.7%)	26 (20.5%)	10 (7.9%)	0 (0.0%)	0 (0.0%)
	75-79	54 (56.3%)	26 (27.1%)	12 (12.5%)	3 (3.1%)	1 (1.0%)	61 (63.5%)	23 (24.0%)	7 (7.3%)	3 (3.1%)	2 (2.1%)	63 (65.6%)	17 (17.7%)	12 (12.5%)	3 (3.1%)	3 (1.0%)
	80-	36 (55.4%)	16 (24.4%)	9 (13.8%)	2 (3.1%)	2 (3.1%)	41 (63.1%)	17 (26.2%)	6 (9.2%)	1 (1.5%)	0 (0.0%)	44 (67.7%)	13 (20.0%)	6 (9.2%)	1 (1.5%)	1 (1.5%)
合計	402 (51.5%)	220 (28.2%)	112 (14.3%)	22 (2.8%)	25 (3.2%)	473 (60.5%)	189 (24.2%)	92 (11.8%)	11 (1.4%)	17 (2.2%)	477 (61.2%)	186 (23.8%)	93 (11.9%)	15 (1.9%)	9 (1.2%)	
女性	-39	47 (33.3%)	37 (26.2%)	43 (30.5%)	10 (7.1%)	4 (2.8%)	68 (48.2%)	41 (29.1%)	28 (19.9%)	3 (2.1%)	1 (0.7%)	74 (52.1%)	36 (25.4%)	25 (17.6%)	5 (3.5%)	2 (1.4%)
	40-44	25 (35.7%)	30 (42.9%)	9 (12.9%)	4 (5.7%)	2 (2.9%)	40 (58.0%)	20 (29.0%)	7 (10.1%)	1 (1.4%)	1 (1.4%)	33 (47.8%)	27 (39.1%)	7 (10.1%)	2 (2.9%)	0 (0.0%)
	45-49	28 (43.8%)	18 (28.1%)	10 (15.6%)	3 (4.7%)	5 (7.8%)	39 (61.9%)	14 (22.2%)	8 (12.7%)	0 (0.0%)	2 (3.2%)	36 (56.3%)	17 (26.6%)	9 (14.1%)	1 (1.6%)	1 (1.6%)
	50-54	24 (27.6%)	33 (37.9%)	19 (21.8%)	5 (5.7%)	6 (6.9%)	39 (44.8%)	25 (28.7%)	16 (18.4%)	5 (5.7%)	2 (2.3%)	41 (47.1%)	21 (24.1%)	19 (21.8%)	5 (5.7%)	1 (1.1%)
	55-59	36 (30.3%)	41 (34.5%)	30 (25.2%)	5 (4.2%)	7 (5.9%)	57 (47.5%)	37 (30.8%)	17 (14.2%)	4 (3.3%)	5 (4.2%)	53 (44.5%)	40 (33.6%)	19 (16.0%)	5 (4.2%)	2 (1.7%)
	60-64	81 (34.8%)	87 (37.3%)	52 (22.3%)	7 (3.0%)	6 (2.6%)	111 (47.6%)	81 (34.8%)	32 (13.7%)	5 (2.1%)	4 (1.7%)	123 (52.3%)	74 (31.5%)	33 (14.0%)	1 (0.4%)	4 (1.7%)
	65-69	61 (33.0%)	68 (36.8%)	45 (24.3%)	3 (1.6%)	8 (4.3%)	96 (51.6%)	63 (33.9%)	24 (12.9%)	1 (0.5%)	2 (1.1%)	113 (61.1%)	49 (26.5%)	21 (11.4%)	1 (0.5%)	1 (0.5%)
	70-74	61 (36.5%)	53 (31.7%)	42 (25.1%)	6 (3.6%)	5 (3.0%)	88 (52.4%)	49 (29.2%)	23 (13.7%)	3 (1.8%)	5 (3.0%)	85 (50.3%)	49 (29.0%)	26 (15.4%)	5 (3.0%)	4 (2.4%)
	75-79	52 (42.3%)	33 (26.8%)	22 (17.9%)	7 (5.7%)	9 (7.3%)	72 (58.1%)	23 (18.5%)	14 (11.3%)	7 (5.6%)	8 (6.5%)	78 (62.9%)	27 (21.8%)	14 (11.3%)	3 (2.4%)	2 (1.6%)
	80-	30 (36.1%)	31 (37.3%)	14 (16.9%)	4 (4.8%)	4 (4.8%)	41 (49.4%)	23 (27.7%)	12 (14.5%)	3 (3.6%)	4 (4.8%)	43 (53.1%)	24 (29.6%)	10 (12.3%)	3 (3.7%)	1 (1.2%)
合計	445 (35.0%)	431 (33.9%)	286 (22.5%)	54 (4.2%)	56 (4.4%)	651 (51.1%)	376 (29.5%)	181 (14.2%)	32 (2.5%)	34 (2.7%)	679 (53.3%)	364 (28.5%)	183 (14.4%)	31 (2.4%)	18 (1.4%)	
合計	-39	78 (36.8%)	55 (25.9%)	55 (25.9%)	15 (7.1%)	9 (4.2%)	102 (48.1%)	62 (29.2%)	39 (18.4%)	4 (1.9%)	5 (2.4%)	108 (50.7%)	54 (25.4%)	39 (18.3%)	9 (4.2%)	3 (1.4%)
	40-44	39 (35.5%)	44 (40.0%)	17 (15.5%)	4 (3.6%)	6 (5.5%)	58 (53.2%)	33 (30.3%)	14 (12.8%)	2 (1.8%)	2 (1.8%)	50 (45.9%)	44 (40.4%)	13 (11.9%)	2 (1.8%)	0 (0.0%)
	45-49	37 (39.8%)	30 (32.3%)	14 (15.1%)	7 (7.5%)	5 (5.4%)	53 (57.6%)	24 (26.1%)	11 (12.0%)	2 (2.2%)	2 (2.2%)	53 (57.0%)	23 (24.7%)	14 (15.1%)	2 (2.2%)	1 (1.1%)
	50-54	45 (34.4%)	43 (32.8%)	29 (22.1%)	6 (4.6%)	8 (6.1%)	65 (49.6%)	33 (25.2%)	25 (19.1%)	5 (3.8%)	3 (2.3%)	69 (47.1%)	29 (22.1%)	26 (19.8%)	5 (3.8%)	2 (1.5%)
	55-59	58 (33.3%)	61 (35.1%)	39 (22.4%)	6 (3.4%)	10 (5.7%)	88 (50.3%)	51 (29.1%)	24 (13.7%)	4 (2.3%)	8 (4.6%)	82 (47.1%)	55 (31.6%)	29 (16.7%)	6 (3.4%)	2 (1.1%)
	60-64	138 (40.6%)	110 (32.4%)	72 (21.2%)	11 (3.2%)	9 (2.6%)	173 (50.9%)	105 (30.9%)	48 (14.1%)	7 (2.1%)	7 (2.1%)	182 (53.2%)	106 (31.0%)	43 (12.6%)	4 (1.2%)	7 (2.0%)
	65-69	141 (42.6%)	113 (34.1%)	61 (18.4%)	4 (1.2%)	12 (3.6%)	190 (52.2%)	96 (28.9%)	40 (12.0%)	2 (0.6%)	4 (1.2%)	208 (62.8%)	83 (25.1%)	34 (10.3%)	3 (0.9%)	3 (0.9%)
	70-74	139 (47.1%)	89 (30.2%)	54 (18.3%)	7 (2.4%)	6 (2.0%)	180 (60.6%)	75 (25.3%)	33 (11.1%)	3 (1.0%)	6 (2.0%)	176 (59.5%)	75 (25.3%)	36 (12.2%)	5 (1.7%)	4 (1.4%)
	75-79	106 (48.4%)	59 (26.9%)	34 (15.5%)	10 (4.6%)	10 (4.6%)	133 (60.5%)	46 (20.9%)	21 (9.5%)	10 (4.5%)	10 (4.5%)	141 (64.1%)	44 (20.0%)	26 (11.8%)	6 (2.7%)	3 (1.4%)
	80-	66 (44.6%)	47 (31.8%)	23 (15.5%)	6 (4.1%)	6 (4.1%)	82 (55.4%)	40 (27.0%)	18 (12.2%)	4 (2.7%)	4 (2.7%)	87 (59.6%)	37 (25.3%)	16 (11.0%)	4 (2.7%)	2 (1.4%)
合計	847 (41.3%)	651 (31.7%)	398 (19.4%)	76 (3.7%)	81 (3.9%)	1124 (54.7%)	565 (27.5%)	273 (13.3%)	43 (2.1%)	51 (2.5%)	1156 (56.3%)	550 (26.8%)	276 (13.4%)	46 (2.2%)	27 (1.3%)	

4) 気分が沈み込んで、何が起っても
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	28 (39.4%)	22 (31.0%)	11 (15.5%)	8 (11.3%)	2 (2.8%)	36 (50.7%)	19 (26.8%)	11 (15.5%)	1 (1.4%)	4 (5.6%)	40 (56.3%)	18 (25.4%)	5 (7.0%)	1 (1.4%)	7 (9.9%)
		15 (37.5%)	15 (37.5%)	7 (17.5%)	2 (5.0%)	1 (2.5%)	16 (40.0%)	11 (27.5%)	8 (20.0%)	2 (5.0%)	3 (7.5%)	19 (47.5%)	9 (22.5%)	10 (25.0%)	0 (0.0%)	2 (5.0%)
	40-44	10 (34.5%)	11 (37.9%)	5 (17.2%)	2 (6.9%)	1 (3.4%)	14 (48.3%)	7 (24.1%)	6 (20.7%)	1 (3.4%)	1 (3.4%)	20 (69.0%)	6 (20.7%)	1 (3.4%)	1 (3.4%)	1 (3.4%)
	45-49	24 (54.5%)	13 (29.5%)	4 (9.1%)	3 (6.8%)	0 (0.0%)	21 (47.7%)	13 (29.5%)	8 (18.2%)	2 (4.5%)	0 (0.0%)	26 (59.1%)	9 (20.5%)	9 (20.5%)	0 (0.0%)	0 (0.0%)
	50-54	24 (43.6%)	18 (32.7%)	8 (14.5%)	2 (3.6%)	3 (5.5%)	23 (41.8%)	19 (34.5%)	11 (20.0%)	2 (3.6%)	0 (0.0%)	32 (58.2%)	11 (20.0%)	11 (20.0%)	1 (1.8%)	0 (0.0%)
	55-59	52 (48.6%)	33 (30.8%)	15 (14.0%)	3 (2.8%)	4 (3.7%)	54 (50.5%)	34 (31.8%)	12 (11.2%)	3 (2.8%)	4 (3.7%)	72 (67.3%)	15 (14.0%)	13 (12.1%)	4 (3.7%)	3 (2.8%)
	60-64	84 (57.5%)	39 (26.7%)	14 (9.6%)	7 (4.8%)	2 (1.4%)	83 (56.8%)	39 (26.7%)	21 (14.4%)	2 (1.4%)	1 (0.7%)	102 (69.9%)	23 (15.8%)	16 (11.0%)	2 (1.4%)	3 (2.1%)
	65-69	78 (60.5%)	38 (29.5%)	11 (8.5%)	0 (0.0%)	2 (1.6%)	81 (63.3%)	33 (25.8%)	12 (9.4%)	1 (0.8%)	1 (0.8%)	91 (71.7%)	26 (20.5%)	6 (4.7%)	0 (0.0%)	4 (3.1%)
	70-74	56 (58.3%)	24 (25.0%)	13 (13.5%)	2 (2.1%)	1 (1.0%)	59 (60.8%)	20 (20.6%)	11 (11.3%)	5 (5.2%)	2 (2.1%)	61 (63.5%)	16 (16.7%)	13 (13.5%)	2 (2.1%)	4 (4.2%)
	80-	37 (56.9%)	21 (32.3%)	5 (7.7%)	1 (1.5%)	1 (1.5%)	29 (44.6%)	23 (35.4%)	9 (13.8%)	1 (1.5%)	3 (4.6%)	35 (53.8%)	15 (23.1%)	9 (13.8%)	2 (3.1%)	4 (6.2%)
合計	408 (52.2%)	234 (29.9%)	93 (11.9%)	30 (3.8%)	17 (2.2%)	416 (53.2%)	218 (27.9%)	109 (13.9%)	20 (2.6%)	19 (2.4%)	498 (63.8%)	148 (19.0%)	93 (11.9%)	13 (1.7%)	28 (3.6%)	
女性	-39	54 (38.0%)	43 (30.3%)	32 (22.5%)	12 (8.5%)	1 (0.7%)	76 (53.5%)	39 (27.5%)	22 (15.5%)	5 (3.5%)	0 (0.0%)	80 (56.7%)	33 (23.4%)	18 (12.8%)	7 (5.0%)	3 (2.1%)
		27 (38.6%)	26 (37.1%)	15 (21.4%)	2 (2.9%)	0 (0.0%)	32 (45.7%)	27 (38.6%)	9 (12.9%)	2 (2.9%)	0 (0.0%)	42 (60.0%)	15 (21.4%)	9 (12.9%)	1 (1.4%)	3 (4.3%)
	40-44	26 (40.0%)	19 (29.2%)	15 (23.1%)	3 (4.6%)	2 (3.1%)	17 (26.2%)	30 (46.2%)	16 (24.6%)	2 (3.1%)	0 (0.0%)	39 (60.0%)	13 (20.0%)	11 (16.9%)	1 (1.5%)	1 (1.5%)
	45-49	27 (31.0%)	31 (35.6%)	17 (19.5%)	5 (5.7%)	7 (8.0%)	36 (41.4%)	24 (27.6%)	13 (14.9%)	9 (10.3%)	5 (5.7%)	47 (55.3%)	17 (20.0%)	13 (15.3%)	3 (3.5%)	5 (5.9%)
	50-54	34 (28.6%)	51 (42.9%)	24 (20.2%)	6 (5.0%)	4 (3.4%)	50 (42.0%)	44 (37.0%)	21 (17.6%)	2 (1.7%)	2 (1.7%)	71 (60.2%)	24 (20.3%)	17 (14.4%)	3 (2.5%)	3 (2.5%)
	55-59	78 (32.2%)	92 (39.1%)	53 (22.6%)	9 (3.8%)	3 (1.3%)	111 (47.0%)	80 (33.9%)	34 (14.4%)	8 (3.4%)	3 (1.3%)	143 (61.4%)	62 (26.6%)	20 (8.6%)	2 (0.9%)	6 (2.6%)
	60-64	70 (37.8%)	70 (37.8%)	35 (18.9%)	5 (2.7%)	5 (2.7%)	99 (53.2%)	61 (32.8%)	19 (10.2%)	4 (2.2%)	3 (1.6%)	131 (70.4%)	35 (18.8%)	14 (7.5%)	1 (0.5%)	5 (2.7%)
	65-69	82 (48.5%)	36 (21.3%)	39 (23.1%)	8 (4.7%)	4 (2.4%)	75 (44.6%)	53 (31.5%)	30 (17.9%)	5 (3.0%)	5 (3.0%)	105 (62.1%)	33 (19.5%)	24 (14.2%)	2 (1.2%)	5 (3.0%)
	70-74	58 (46.8%)	30 (24.2%)	20 (16.1%)	6 (4.8%)	10 (8.1%)	65 (52.8%)	26 (21.1%)	24 (19.5%)	3 (2.4%)	5 (4.1%)	84 (67.7%)	19 (15.3%)	10 (8.1%)	3 (2.4%)	8 (6.5%)
	80-	38 (46.3%)	20 (24.4%)	17 (20.7%)	3 (3.7%)	4 (4.9%)	36 (43.4%)	25 (30.1%)	13 (15.7%)	6 (7.2%)	3 (3.6%)	48 (58.5%)	19 (23.2%)	11 (13.4%)	1 (1.2%)	3 (3.7%)
合計	494 (38.7%)	418 (32.7%)	267 (20.9%)	59 (4.6%)	40 (3.1%)	597 (46.7%)	409 (32.0%)	201 (15.7%)	46 (3.6%)	26 (2.0%)	790 (62.1%)	270 (21.2%)	147 (11.5%)	24 (1.9%)	42 (3.3%)	
合計	-39	82 (38.5%)	65 (30.5%)	43 (20.2%)	20 (9.4%)	3 (1.4%)	112 (52.6%)	58 (27.2%)	33 (15.5%)	6 (2.8%)	4 (1.9%)	120 (56.6%)	51 (24.1%)	23 (10.8%)	8 (3.8%)	10 (4.7%)
		42 (38.2%)	41 (37.3%)	22 (20.0%)	4 (3.6%)	1 (0.9%)	48 (43.6%)	38 (34.5%)	17 (15.5%)	4 (3.6%)	3 (2.7%)	61 (55.5%)	24 (21.8%)	19 (17.3%)	1 (0.9%)	5 (4.5%)
	40-44	36 (38.3%)	30 (31.9%)	20 (21.3%)	5 (5.3%)	3 (3.2%)	31 (33.0%)	37 (39.4%)	22 (23.4%)	3 (3.2%)	1 (1.1%)	59 (62.8%)	19 (20.2%)	12 (12.8%)	2 (2.1%)	2 (2.1%)
	45-49	51 (38.9%)	44 (33.6%)	21 (16.0%)	8 (6.1%)	7 (5.3%)	57 (43.5%)	37 (28.2%)	21 (16.0%)	11 (8.4%)	5 (3.8%)	73 (56.6%)	26 (20.2%)	22 (17.1%)	3 (2.3%)	5 (3.9%)
	50-54	58 (33.3%)	69 (39.7%)	32 (18.4%)	8 (4.6%)	7 (4.0%)	73 (42.0%)	63 (36.2%)	32 (18.4%)	4 (2.3%)	2 (1.1%)	103 (59.5%)	35 (20.2%)	28 (16.2%)	4 (2.3%)	3 (1.7%)
	55-59	130 (38.0%)	125 (36.5%)	68 (19.9%)	12 (3.5%)	7 (2.0%)	165 (48.1%)	114 (33.2%)	46 (13.4%)	11 (3.2%)	7 (2.0%)	215 (63.2%)	77 (22.6%)	33 (9.7%)	6 (1.8%)	9 (2.6%)
	60-64	154 (46.5%)	109 (32.9%)	49 (14.8%)	12 (3.6%)	7 (2.1%)	182 (54.8%)	100 (30.1%)	40 (12.0%)	6 (1.8%)	4 (1.2%)	233 (70.2%)	58 (17.5%)	30 (9.0%)	3 (0.9%)	8 (2.4%)
	65-69	160 (53.7%)	74 (24.8%)	50 (16.8%)	8 (2.7%)	6 (2.0%)	156 (52.7%)	86 (29.1%)	42 (14.2%)	6 (2.0%)	6 (2.0%)	196 (66.2%)	59 (19.9%)	30 (10.1%)	2 (0.7%)	9 (3.0%)
	70-74	114 (51.8%)	54 (24.5%)	33 (15.0%)	8 (3.6%)	11 (5.0%)	124 (56.4%)	46 (20.9%)	35 (15.9%)	8 (3.6%)	7 (3.2%)	145 (65.9%)	35 (15.9%)	23 (10.5%)	5 (2.3%)	12 (5.5%)
	80-	75 (51.0%)	41 (27.9%)	22 (15.0%)	4 (2.7%)	5 (3.4%)	65 (43.9%)	48 (32.4%)	22 (14.9%)	7 (4.7%)	6 (4.1%)	83 (56.5%)	34 (23.1%)	20 (13.6%)	3 (2.0%)	7 (4.8%)
合計	902 (43.8%)	652 (31.7%)	360 (17.5%)	89 (4.3%)	57 (2.8%)	1013 (49.2%)	627 (30.4%)	310 (15.0%)	66 (3.2%)	45 (2.2%)	1288 (62.7%)	418 (20.4%)	240 (11.7%)	37 (1.8%)	70 (3.4%)	

【10】 今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	25 (35.2%)	46 (64.8%)	13 (18.3%)	58 (81.7%)	7 (9.9%)	64 (90.1%)
	40-44	16 (40.0%)	24 (60.0%)	7 (17.5%)	33 (82.5%)	2 (5.0%)	38 (95.0%)
	45-49	10 (34.5%)	19 (65.5%)	7 (24.1%)	22 (75.9%)	4 (13.8%)	25 (86.2%)
	50-54	12 (27.3%)	32 (72.7%)	10 (22.7%)	34 (77.3%)	2 (4.5%)	42 (95.5%)
	55-59	8 (14.5%)	47 (85.5%)	16 (29.1%)	39 (70.9%)	3 (5.5%)	52 (94.5%)
	60-64	33 (30.8%)	74 (69.2%)	33 (31.4%)	72 (68.6%)	6 (5.7%)	99 (94.3%)
	65-69	30 (20.5%)	116 (79.5%)	29 (19.9%)	117 (80.1%)	4 (2.7%)	142 (97.3%)
	70-74	30 (23.1%)	100 (76.9%)	23 (17.8%)	106 (82.2%)	2 (1.5%)	128 (98.5%)
	75-79	33 (34.0%)	64 (66.0%)	30 (31.3%)	66 (68.8%)	9 (9.5%)	86 (90.5%)
	80-	23 (35.4%)	42 (64.6%)	18 (28.1%)	46 (71.9%)	4 (6.3%)	60 (93.8%)
	合計	220 (28.1%)	564 (71.9%)	186 (23.9%)	593 (76.1%)	43 (5.5%)	736 (94.5%)
女性	-39	51 (35.9%)	91 (64.1%)	42 (29.6%)	100 (70.4%)	18 (12.7%)	124 (87.3%)
	40-44	29 (42.0%)	40 (58.0%)	24 (34.8%)	45 (65.2%)	13 (18.6%)	57 (81.4%)
	45-49	15 (23.1%)	50 (76.9%)	17 (26.2%)	48 (73.8%)	5 (7.7%)	60 (92.3%)
	50-54	24 (28.2%)	61 (71.8%)	26 (32.2%)	59 (67.8%)	16 (18.4%)	71 (81.6%)
	55-59	36 (30.3%)	83 (69.7%)	34 (28.6%)	85 (71.4%)	10 (8.5%)	108 (91.5%)
	60-64	71 (30.1%)	165 (69.9%)	84 (35.6%)	152 (64.4%)	22 (9.4%)	213 (90.6%)
	65-69	59 (32.1%)	125 (67.9%)	71 (38.4%)	114 (61.6%)	12 (6.5%)	173 (93.5%)
	70-74	87 (51.5%)	82 (48.5%)	76 (45.2%)	92 (54.8%)	15 (8.9%)	153 (91.1%)
	75-79	57 (45.6%)	68 (54.4%)	62 (49.2%)	64 (50.8%)	19 (15.2%)	106 (84.8%)
	80-	33 (39.3%)	51 (60.7%)	31 (36.5%)	54 (63.5%)	9 (11.0%)	73 (89.0%)
	合計	462 (36.2%)	816 (63.8%)	469 (36.6%)	813 (63.4%)	139 (10.9%)	1138 (89.1%)
合計	-39	76 (35.7%)	137 (64.3%)	55 (25.8%)	158 (74.2%)	25 (11.7%)	188 (88.3%)
	40-44	45 (41.3%)	64 (58.7%)	31 (28.4%)	78 (71.6%)	15 (13.6%)	95 (86.4%)
	45-49	25 (26.6%)	69 (73.4%)	24 (25.5%)	70 (74.5%)	9 (9.6%)	85 (90.4%)
	50-54	36 (27.9%)	93 (72.1%)	38 (29.0%)	93 (71.0%)	18 (13.7%)	113 (86.3%)
	55-59	44 (25.3%)	130 (74.7%)	50 (28.7%)	124 (71.3%)	13 (7.5%)	160 (92.5%)
	60-64	104 (30.3%)	239 (69.7%)	117 (34.3%)	224 (65.7%)	28 (8.2%)	312 (91.8%)
	65-69	89 (27.0%)	241 (73.0%)	100 (30.2%)	231 (69.8%)	16 (4.8%)	315 (95.2%)
	70-74	117 (39.1%)	182 (60.9%)	99 (33.3%)	198 (66.7%)	17 (5.7%)	281 (94.3%)
	75-79	90 (40.5%)	132 (59.5%)	92 (41.4%)	130 (58.6%)	28 (12.7%)	192 (87.3%)
	80-	56 (37.6%)	93 (62.4%)	49 (32.9%)	100 (67.1%)	13 (8.9%)	133 (91.1%)
	合計	682 (33.1%)	1380 (66.9%)	655 (31.8%)	1406 (68.2%)	182 (8.9%)	1874 (91.1%)

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	21 (29.6%)	10 (14.1%)	17 (23.9%)	9 (12.7%)	14 (19.7%)	6 (8.5%)	17 (23.9%)	27 (38.0%)	21 (29.6%)
	40-44	12 (30.8%)	7 (17.9%)	10 (25.6%)	7 (17.9%)	3 (7.7%)	8 (20.5%)	13 (33.3%)	7 (17.9%)	11 (28.2%)
	45-49	4 (14.8%)	5 (18.5%)	9 (33.3%)	7 (25.9%)	2 (7.4%)	3 (10.7%)	9 (32.1%)	11 (39.3%)	5 (17.9%)
	50-54	13 (29.5%)	6 (13.6%)	7 (15.9%)	13 (29.5%)	5 (11.4%)	2 (4.5%)	13 (29.5%)	13 (29.5%)	16 (36.4%)
	55-59	25 (45.5%)	9 (16.4%)	7 (12.7%)	6 (10.9%)	8 (14.5%)	6 (10.9%)	13 (23.6%)	21 (38.2%)	15 (27.3%)
	60-64	40 (37.4%)	12 (11.2%)	29 (27.1%)	13 (12.1%)	13 (12.1%)	12 (11.2%)	22 (20.6%)	31 (29.0%)	42 (39.3%)
	65-69	53 (36.3%)	21 (14.4%)	25 (17.1%)	30 (20.5%)	17 (11.6%)	6 (4.1%)	21 (14.4%)	48 (32.9%)	71 (48.6%)
	70-74	54 (42.5%)	17 (13.4%)	20 (15.7%)	23 (18.1%)	13 (10.2%)	6 (4.7%)	22 (17.1%)	29 (22.5%)	72 (55.8%)
	75-79	40 (41.7%)	16 (16.7%)	17 (17.7%)	15 (15.6%)	8 (8.3%)	7 (7.2%)	7 (7.2%)	26 (26.8%)	57 (58.8%)
	80-	26 (40.0%)	4 (6.2%)	13 (20.0%)	13 (20.0%)	9 (13.8%)	2 (3.1%)	9 (13.8%)	16 (24.6%)	38 (58.5%)
	合計	288 (37.1%)	107 (13.8%)	154 (19.8%)	136 (17.5%)	92 (11.8%)	58 (7.4%)	146 (18.7%)	229 (29.3%)	348 (44.6%)
女性	-39	34 (24.1%)	19 (13.5%)	32 (22.7%)	28 (19.9%)	28 (19.9%)	6 (4.2%)	23 (16.2%)	39 (27.5%)	74 (52.1%)
	40-44	27 (38.6%)	9 (12.9%)	10 (14.3%)	17 (24.3%)	7 (10.0%)	9 (12.9%)	17 (24.3%)	16 (22.9%)	28 (40.0%)
	45-49	22 (33.8%)	6 (9.2%)	7 (10.8%)	18 (27.7%)	12 (18.5%)	5 (7.7%)	15 (23.1%)	16 (24.6%)	29 (44.6%)
	50-54	30 (34.5%)	11 (12.6%)	17 (19.5%)	17 (19.5%)	12 (13.8%)	5 (5.7%)	12 (13.8%)	27 (31.0%)	43 (49.4%)
	55-59	40 (33.6%)	20 (16.8%)	21 (17.6%)	23 (19.3%)	15 (12.6%)	6 (5.0%)	27 (22.5%)	34 (28.3%)	53 (44.2%)
	60-64	90 (38.3%)	30 (12.8%)	44 (18.7%)	36 (15.3%)	35 (14.9%)	17 (7.2%)	35 (14.8%)	63 (26.6%)	122 (51.5%)
	65-69	56 (30.4%)	33 (17.9%)	36 (19.6%)	32 (17.4%)	27 (14.7%)	6 (3.3%)	26 (14.1%)	46 (25.0%)	106 (57.6%)
	70-74	63 (37.7%)	17 (10.2%)	37 (22.2%)	28 (16.8%)	22 (13.2%)	10 (6.0%)	18 (10.7%)	47 (28.0%)	93 (55.4%)
	75-79	41 (32.8%)	20 (16.0%)	28 (22.4%)	18 (14.4%)	18 (14.4%)	6 (4.8%)	9 (7.2%)	35 (28.0%)	75 (60.0%)
	80-	31 (36.9%)	10 (11.9%)	14 (16.7%)	15 (17.9%)	14 (16.7%)	2 (2.4%)	8 (9.5%)	24 (28.6%)	50 (59.5%)
	合計	434 (34.0%)	175 (13.7%)	246 (19.3%)	232 (18.2%)	190 (14.9%)	72 (5.6%)	190 (14.8%)	347 (27.1%)	673 (52.5%)
合計	-39	55 (25.9%)	29 (13.7%)	49 (23.1%)	37 (17.5%)	42 (19.8%)	12 (5.6%)	40 (18.8%)	66 (31.0%)	95 (44.6%)
	40-44	39 (35.8%)	16 (14.7%)	20 (18.3%)	24 (22.0%)	10 (9.2%)	17 (15.6%)	30 (27.5%)	23 (21.1%)	39 (35.8%)
	45-49	26 (28.3%)	11 (12.0%)	16 (17.4%)	25 (27.2%)	14 (15.2%)	8 (8.6%)	24 (25.8%)	27 (29.0%)	34 (36.6%)
	50-54	43 (32.8%)	17 (13.0%)	24 (18.3%)	30 (22.9%)	17 (13.0%)	7 (5.3%)	25 (19.1%)	40 (30.5%)	59 (45.0%)
	55-59	65 (37.4%)	29 (16.7%)	28 (16.1%)	29 (16.7%)	23 (13.2%)	12 (6.9%)	40 (22.9%)	55 (31.4%)	68 (38.9%)
	60-64	130 (38.0%)	42 (12.3%)	73 (21.3%)	49 (14.3%)	48 (14.0%)	29 (8.4%)	57 (16.6%)	94 (27.3%)	164 (47.7%)
	65-69	109 (33.0%)	54 (16.4%)	61 (18.5%)	62 (18.8%)	44 (13.3%)	12 (3.6%)	47 (14.2%)	94 (28.5%)	177 (53.6%)
	70-74	117 (39.8%)	34 (11.6%)	57 (19.4%)	51 (17.3%)	35 (11.9%)	16 (5.4%)	40 (13.5%)	76 (25.6%)	165 (55.6%)
	75-79	81 (36.7%)	36 (16.3%)	45 (20.4%)	33 (14.9%)	26 (11.8%)	13 (5.9%)	16 (7.2%)	61 (27.5%)	132 (59.5%)
	80-	57 (38.3%)	14 (9.4%)	27 (18.1%)	28 (18.8%)	23 (15.4%)	4 (2.7%)	17 (11.4%)	40 (26.8%)	88 (59.1%)
	合計	722 (35.2%)	282 (13.7%)	400 (19.5%)	368 (17.9%)	282 (13.7%)	130 (6.3%)	336 (16.3%)	576 (27.9%)	1021 (49.5%)

資料

【平成23年度分】度数分布表（山田町）

【1】医療に関してお尋ねします。

【2】食事についておたずねします。

【3】(省略)

(1) 現在の健康状態はいかがですか。

(1) 最近の食事の回数について
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	26 (18.7%)	94 (67.6%)	18 (12.9%)	1 (0.7%)	37 (27.0%)	100 (73.0%)
	40-44	16 (18.4%)	61 (70.1%)	10 (11.5%)	0 (0.0%)	20 (23.3%)	66 (76.7%)
	45-49	7 (9.5%)	61 (82.4%)	6 (8.1%)	0 (0.0%)	12 (16.4%)	61 (83.6%)
	50-54	7 (8.2%)	61 (71.8%)	17 (20.0%)	0 (0.0%)	12 (14.1%)	73 (85.9%)
	55-59	13 (10.2%)	98 (77.2%)	16 (12.6%)	0 (0.0%)	11 (8.7%)	115 (91.3%)
	60-64	13 (5.7%)	176 (76.5%)	40 (17.4%)	1 (0.4%)	15 (6.6%)	214 (93.4%)
	65-69	23 (12.0%)	148 (77.1%)	21 (10.9%)	0 (0.0%)	6 (3.2%)	184 (96.8%)
	70-74	34 (15.8%)	150 (69.8%)	28 (13.0%)	3 (1.4%)	13 (6.2%)	197 (93.8%)
	75-79	5 (5.4%)	71 (77.2%)	13 (14.1%)	3 (3.3%)	2 (2.2%)	90 (97.8%)
	80-	6 (12.5%)	27 (56.3%)	12 (25.0%)	3 (6.3%)	2 (4.2%)	46 (95.8%)
	合計	150 (11.6%)	947 (73.5%)	181 (14.0%)	11 (0.9%)	130 (10.2%)	1146 (89.8%)
女性	-39	33 (12.5%)	203 (76.9%)	25 (9.5%)	3 (1.1%)	45 (17.0%)	219 (83.0%)
	40-44	8 (6.9%)	91 (78.4%)	15 (12.9%)	2 (1.7%)	16 (13.8%)	100 (86.2%)
	45-49	11 (8.6%)	96 (75.0%)	19 (14.8%)	2 (1.6%)	16 (12.5%)	112 (87.5%)
	50-54	11 (7.4%)	120 (80.5%)	16 (10.7%)	2 (1.3%)	9 (6.1%)	139 (93.9%)
	55-59	18 (8.8%)	154 (75.1%)	31 (15.1%)	2 (1.0%)	12 (5.9%)	193 (94.1%)
	60-64	20 (5.9%)	252 (74.3%)	63 (18.6%)	4 (1.2%)	22 (6.5%)	314 (93.5%)
	65-69	21 (7.8%)	207 (76.7%)	37 (13.7%)	5 (1.9%)	4 (1.5%)	264 (98.5%)
	70-74	18 (7.3%)	191 (77.0%)	36 (14.5%)	3 (1.2%)	2 (0.8%)	245 (99.2%)
	75-79	7 (6.4%)	76 (69.7%)	22 (20.2%)	4 (3.7%)	2 (1.9%)	106 (98.1%)
	80-	6 (11.3%)	34 (64.2%)	13 (24.5%)	0 (0.0%)	3 (5.8%)	49 (94.2%)
	合計	153 (8.1%)	1424 (75.7%)	277 (14.7%)	27 (1.4%)	131 (7.0%)	1741 (93.0%)
合計	-39	59 (14.6%)	297 (73.7%)	43 (10.7%)	4 (1.0%)	82 (20.4%)	319 (79.6%)
	40-44	24 (11.8%)	152 (74.9%)	25 (12.3%)	2 (1.0%)	36 (17.8%)	166 (82.2%)
	45-49	18 (8.9%)	157 (77.7%)	25 (12.4%)	2 (1.0%)	28 (13.9%)	173 (86.1%)
	50-54	18 (7.7%)	181 (77.4%)	33 (14.1%)	2 (0.9%)	21 (9.0%)	212 (91.0%)
	55-59	31 (9.3%)	252 (75.9%)	47 (14.2%)	2 (0.6%)	23 (6.9%)	308 (93.1%)
	60-64	33 (5.8%)	428 (75.2%)	103 (18.1%)	5 (0.9%)	37 (6.5%)	528 (93.5%)
	65-69	44 (9.5%)	355 (76.8%)	58 (12.6%)	5 (1.1%)	10 (2.2%)	448 (97.8%)
	70-74	52 (11.2%)	341 (73.7%)	64 (13.8%)	6 (1.3%)	15 (3.3%)	442 (96.7%)
	75-79	12 (6.0%)	147 (73.1%)	35 (17.4%)	7 (3.5%)	4 (2.0%)	196 (98.0%)
	80-	12 (11.9%)	61 (60.4%)	25 (24.8%)	3 (3.0%)	5 (5.0%)	95 (95.0%)
	合計	303 (9.6%)	2371 (74.8%)	458 (14.4%)	38 (1.2%)	261 (8.3%)	2887 (91.7%)

【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていたか。(副問) 仕事をしていた場合、職業について当てはまるもの1つに○をつけて下さい。

		していた	していない	農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他	
男性	-39	106 (79.7%)	27 (20.3%)	2 (1.8%)	11 (10.0%)	0 (0.0%)	10 (9.1%)	15 (13.6%)	3 (2.7%)	1 (0.9%)	6 (5.5%)	12 (10.9%)	0 (0.0%)	20 (18.2%)	8 (7.3%)	22 (20.0%)	
	40-44	67 (81.7%)	15 (18.3%)	2 (3.0%)	12 (17.9%)	0 (0.0%)	8 (11.9%)	13 (19.4%)	0 (0.0%)	0 (0.0%)	5 (7.5%)	4 (6.0%)	0 (0.0%)	11 (16.4%)	3 (4.5%)	9 (13.4%)	
	45-49	58 (80.6%)	14 (19.4%)	2 (3.4%)	11 (19.0%)	0 (0.0%)	9 (15.5%)	7 (12.1%)	5 (8.6%)	1 (1.7%)	4 (6.9%)	2 (3.4%)	0 (0.0%)	8 (13.8%)	1 (1.7%)	8 (13.8%)	
	50-54	70 (92.1%)	6 (7.9%)	2 (2.6%)	16 (20.8%)	0 (0.0%)	19 (24.7%)	10 (13.0%)	2 (2.6%)	0 (0.0%)	5 (6.5%)	6 (7.8%)	1 (1.3%)	5 (6.5%)	1 (1.3%)	10 (13.0%)	
	55-59	103 (85.1%)	18 (14.9%)	5 (4.9%)	22 (21.4%)	0 (0.0%)	23 (22.3%)	10 (9.7%)	1 (1.0%)	1 (1.0%)	2 (1.9%)	10 (9.7%)	2 (1.9%)	3 (2.9%)	6 (5.8%)	18 (17.5%)	
	60-64	152 (70.4%)	64 (29.6%)	11 (6.8%)	47 (29.0%)	0 (0.0%)	28 (17.3%)	16 (9.9%)	4 (2.5%)	2 (1.2%)	6 (3.7%)	12 (7.4%)	1 (0.6%)	8 (4.9%)	10 (6.2%)	17 (10.5%)	
	65-69	91 (48.1%)	98 (51.9%)	14 (12.4%)	42 (37.2%)	0 (0.0%)	10 (8.8%)	7 (6.2%)	2 (1.8%)	0 (0.0%)	3 (2.7%)	8 (7.1%)	0 (0.0%)	5 (4.4%)	6 (5.3%)	16 (14.2%)	
	70-74	80 (38.6%)	127 (61.4%)	23 (22.3%)	47 (45.6%)	0 (0.0%)	9 (8.7%)	4 (3.9%)	1 (1.0%)	0 (0.0%)	2 (1.9%)	3 (2.9%)	1 (1.0%)	5 (4.9%)	0 (0.0%)	8 (7.8%)	
	75-79	35 (40.7%)	51 (59.3%)	13 (30.2%)	25 (58.1%)	0 (0.0%)	1 (2.3%)	1 (2.3%)	1 (2.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (4.7%)
	80-	7 (15.2%)	39 (84.8%)	6 (46.2%)	5 (38.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (15.4%)
合計	769 (62.6%)	459 (37.4%)	80 (9.4%)	238 (28.0%)	0 (0.0%)	117 (13.8%)	83 (9.8%)	19 (2.2%)	5 (0.6%)	33 (3.9%)	57 (6.7%)	5 (0.6%)	65 (7.7%)	35 (4.1%)	112 (13.2%)		
女性	-39	145 (55.3%)	117 (44.7%)	2 (1.4%)	6 (4.3%)	0 (0.0%)	3 (2.1%)	18 (12.9%)	2 (1.4%)	1 (0.7%)	2 (1.4%)	11 (7.9%)	0 (0.0%)	29 (20.7%)	47 (33.6%)	19 (13.6%)	
	40-44	86 (76.1%)	27 (23.9%)	3 (3.5%)	10 (11.8%)	0 (0.0%)	0 (0.0%)	11 (12.9%)	0 (0.0%)	0 (0.0%)	1 (1.2%)	14 (16.5%)	1 (1.2%)	13 (15.3%)	17 (20.0%)	15 (17.6%)	
	45-49	94 (74.0%)	33 (26.0%)	0 (0.0%)	5 (5.6%)	0 (0.0%)	1 (1.1%)	11 (12.2%)	1 (1.1%)	0 (0.0%)	1 (1.1%)	16 (17.8%)	0 (0.0%)	12 (13.3%)	21 (23.3%)	22 (24.4%)	
	50-54	99 (67.8%)	47 (32.2%)	1 (1.0%)	11 (11.2%)	0 (0.0%)	1 (1.0%)	16 (16.3%)	1 (1.0%)	0 (0.0%)	0 (0.0%)	13 (13.3%)	1 (1.0%)	15 (15.3%)	14 (14.3%)	25 (25.5%)	
	55-59	116 (58.0%)	84 (42.0%)	7 (6.4%)	15 (13.8%)	0 (0.0%)	2 (1.8%)	23 (21.1%)	1 (0.9%)	0 (0.0%)	0 (0.0%)	11 (10.1%)	1 (0.9%)	16 (14.7%)	17 (15.6%)	16 (14.7%)	
	60-64	169 (51.4%)	160 (48.6%)	22 (12.9%)	31 (18.2%)	0 (0.0%)	0 (0.0%)	30 (17.6%)	2 (1.2%)	1 (0.6%)	2 (1.2%)	18 (10.6%)	0 (0.0%)	24 (14.1%)	16 (9.4%)	24 (14.1%)	
	65-69	91 (34.3%)	174 (65.7%)	29 (25.0%)	33 (28.4%)	0 (0.0%)	1 (0.9%)	12 (10.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	8 (6.9%)	1 (0.9%)	11 (9.5%)	2 (1.7%)	19 (16.4%)	
	70-74	66 (27.8%)	171 (72.2%)	30 (34.9%)	30 (34.9%)	0 (0.0%)	0 (0.0%)	5 (5.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (7.0%)	0 (0.0%)	4 (4.7%)	4 (4.7%)	7 (8.1%)	
	75-79	16 (15.0%)	91 (85.0%)	8 (34.8%)	7 (30.4%)	0 (0.0%)	0 (0.0%)	3 (13.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (4.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	4 (17.4%)	
	80-	3 (5.7%)	50 (94.3%)	3 (37.5%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (12.5%)	0 (0.0%)	2 (25.0%)	0 (0.0%)	0 (0.0%)	
合計	885 (48.1%)	954 (51.9%)	105 (11.4%)	150 (16.2%)	0 (0.0%)	8 (0.9%)	129 (13.9%)	7 (0.8%)	2 (0.2%)	6 (0.6%)	99 (10.7%)	4 (0.4%)	126 (13.6%)	138 (14.9%)	151 (16.3%)		
合計	-39	251 (63.5%)	144 (36.5%)	4 (1.6%)	17 (6.8%)	0 (0.0%)	13 (5.2%)	33 (13.2%)	5 (2.0%)	2 (0.8%)	8 (3.2%)	23 (9.2%)	0 (0.0%)	49 (19.6%)	55 (22.0%)	41 (16.4%)	
	40-44	153 (78.5%)	42 (21.5%)	5 (3.3%)	22 (14.5%)	0 (0.0%)	8 (5.3%)	24 (15.8%)	0 (0.0%)	0 (0.0%)	6 (3.9%)	18 (11.8%)	1 (0.7%)	24 (15.8%)	20 (13.2%)	24 (15.8%)	
	45-49	152 (76.4%)	47 (23.6%)	2 (1.4%)	16 (10.8%)	0 (0.0%)	10 (6.8%)	18 (12.2%)	6 (4.1%)	1 (0.7%)	5 (3.4%)	18 (12.2%)	0 (0.0%)	20 (13.5%)	22 (14.9%)	30 (20.3%)	
	50-54	169 (76.1%)	53 (23.9%)	3 (1.7%)	27 (15.4%)	0 (0.0%)	20 (11.4%)	26 (14.9%)	3 (1.7%)	0 (0.0%)	5 (2.9%)	19 (10.9%)	2 (1.1%)	20 (11.4%)	15 (8.6%)	35 (20.0%)	
	55-59	219 (68.2%)	102 (31.8%)	12 (5.7%)	37 (17.5%)	0 (0.0%)	25 (11.8%)	33 (15.6%)	2 (0.9%)	1 (0.5%)	2 (0.9%)	21 (9.9%)	3 (1.4%)	19 (9.0%)	23 (10.8%)	34 (16.0%)	
	60-64	321 (58.9%)	224 (41.1%)	33 (9.9%)	78 (23.5%)	0 (0.0%)	28 (8.4%)	46 (13.9%)	6 (1.8%)	3 (0.9%)	8 (2.4%)	30 (9.0%)	1 (0.3%)	32 (9.6%)	26 (7.8%)	41 (12.3%)	
	65-69	182 (40.1%)	272 (59.9%)	43 (18.8%)	75 (32.8%)	0 (0.0%)	11 (4.8%)	19 (8.3%)	2 (0.9%)	0 (0.0%)	3 (1.3%)	16 (7.0%)	1 (0.4%)	16 (7.0%)	8 (3.5%)	35 (15.3%)	
	70-74	146 (32.9%)	298 (67.1%)	53 (28.0%)	77 (40.7%)	0 (0.0%)	9 (4.8%)	9 (4.8%)	1 (0.5%)	0 (0.0%)	2 (1.1%)	9 (4.8%)	1 (0.5%)	9 (4.8%)	4 (2.1%)	15 (7.9%)	
	75-79	51 (26.4%)	142 (73.6%)	21 (31.8%)	32 (48.5%)	0 (0.0%)	1 (1.5%)	4 (6.1%)	1 (1.5%)	0 (0.0%)	0 (0.0%)	1 (1.5%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	6 (9.1%)	
	80-	10 (10.1%)	89 (89.9%)	9 (42.9%)	7 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (4.8%)	0 (0.0%)	2 (9.5%)	0 (0.0%)	2 (9.5%)	
合計	1654 (53.9%)	1413 (46.1%)	185 (10.4%)	388 (21.9%)	0 (0.0%)	125 (7.0%)	212 (12.0%)	26 (1.5%)	7 (0.4%)	39 (2.2%)	156 (8.8%)	9 (0.5%)	191 (10.8%)	173 (9.8%)	263 (14.8%)		

(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるもの全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	71 (52.6%)	64 (47.4%)	17 (25.0%)	23 (8.2%)	11 (19.3%)	20 (10.4%)	9 (16.1%)
	40-44	50 (61.0%)	32 (39.0%)	8 (11.8%)	23 (8.2%)	4 (7.0%)	22 (11.4%)	3 (5.4%)
	45-49	44 (62.0%)	27 (38.0%)	10 (14.7%)	14 (5.0%)	5 (8.8%)	19 (9.8%)	2 (3.6%)
	50-54	54 (65.9%)	28 (34.1%)	8 (11.8%)	26 (9.2%)	5 (8.8%)	20 (10.4%)	2 (3.6%)
	55-59	72 (60.0%)	48 (40.0%)	6 (8.8%)	29 (10.3%)	9 (15.8%)	30 (15.5%)	7 (12.5%)
	60-64	103 (45.6%)	123 (54.4%)	8 (11.8%)	54 (19.1%)	14 (24.6%)	29 (15.0%)	14 (25.0%)
	65-69	67 (35.4%)	122 (64.6%)	5 (7.4%)	43 (15.2%)	6 (10.5%)	27 (14.0%)	9 (16.1%)
	70-74	60 (28.8%)	148 (71.2%)	5 (7.4%)	43 (15.2%)	0 (0.0%)	21 (10.9%)	7 (12.5%)
	75-79	25 (28.1%)	64 (71.9%)	1 (1.5%)	23 (8.2%)	2 (3.5%)	4 (2.1%)	3 (5.4%)
	80-	5 (10.6%)	42 (89.4%)	0 (0.0%)	4 (1.4%)	1 (1.8%)	1 (0.5%)	0 (0.0%)
合計	551 (44.1%)	698 (55.9%)	68 (100.0%)	282 (100.0%)	57 (100.0%)	193 (100.0%)	56 (100.0%)	
女性	-39	111 (43.2%)	146 (56.8%)	35 (41.7%)	41 (10.0%)	7 (30.4%)	19 (11.2%)	20 (33.9%)
	40-44	64 (56.6%)	49 (43.4%)	16 (19.0%)	29 (7.0%)	5 (21.7%)	19 (11.2%)	4 (6.8%)
	45-49	65 (52.0%)	60 (48.0%)	10 (11.9%)	33 (8.0%)	4 (17.4%)	20 (11.8%)	4 (6.8%)
	50-54	76 (52.1%)	70 (47.9%)	12 (14.3%)	43 (10.4%)	2 (8.7%)	23 (13.5%)	6 (10.2%)
	55-59	85 (42.9%)	113 (57.1%)	6 (7.1%)	64 (15.5%)	3 (13.0%)	20 (11.8%)	4 (6.8%)
	60-64	122 (37.2%)	206 (62.8%)	1 (1.2%)	91 (22.1%)	1 (4.3%)	37 (21.8%)	11 (18.6%)
	65-69	67 (25.3%)	198 (74.7%)	2 (2.4%)	55 (13.3%)	1 (4.3%)	16 (9.4%)	4 (6.8%)
	70-74	53 (22.1%)	187 (77.9%)	1 (1.2%)	44 (10.7%)	0 (0.0%)	14 (8.2%)	4 (6.8%)
	75-79	10 (9.5%)	95 (90.5%)	1 (1.2%)	10 (2.4%)	0 (0.0%)	1 (0.6%)	0 (0.0%)
	80-	1 (1.9%)	51 (98.1%)	0 (0.0%)	2 (0.5%)	0 (0.0%)	1 (0.6%)	2 (3.4%)
合計	654 (35.8%)	1175 (64.2%)	84 (100.0%)	412 (100.0%)	23 (100.0%)	170 (100.0%)	59 (100.0%)	
合計	-39	182 (46.4%)	210 (53.6%)	52 (34.2%)	64 (9.2%)	18 (22.5%)	39 (10.7%)	29 (25.2%)
	40-44	114 (58.5%)	81 (41.5%)	24 (15.8%)	52 (7.5%)	9 (11.3%)	41 (11.3%)	7 (6.1%)
	45-49	109 (55.6%)	87 (44.4%)	20 (13.2%)	47 (6.8%)	9 (11.3%)	39 (10.7%)	6 (5.2%)
	50-54	130 (57.0%)	98 (43.0%)	20 (13.2%)	69 (9.9%)	7 (8.8%)	43 (11.8%)	8 (7.0%)
	55-59	157 (49.4%)	161 (50.6%)	12 (7.9%)	93 (13.4%)	12 (15.0%)	50 (13.8%)	11 (9.6%)
	60-64	225 (40.6%)	329 (59.4%)	9 (5.9%)	145 (20.9%)	15 (18.8%)	66 (18.2%)	25 (21.7%)
	65-69	134 (29.5%)	320 (70.5%)	7 (4.6%)	98 (14.1%)	7 (8.8%)	43 (11.3%)	13 (11.3%)
	70-74	113 (25.2%)	335 (74.8%)	6 (3.9%)	87 (12.5%)	0 (0.0%)	35 (9.6%)	11 (9.6%)
	75-79	35 (18.0%)	159 (82.0%)	2 (1.3%)	33 (4.8%)	2 (2.5%)	5 (1.4%)	3 (2.6%)
	80-	6 (6.1%)	93 (93.9%)	0 (0.0%)	6 (0.9%)	1 (1.3%)	2 (0.6%)	2 (1.7%)
合計	1205 (39.1%)	1873 (60.9%)	152 (100.0%)	694 (100.0%)	80 (100.0%)	363 (100.0%)	115 (100.0%)	

【5】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	15 (10.8%)	38 (27.3%)	42 (30.2%)	30 (21.6%)	12 (8.6%)	2 (1.4%)	90 (68.7%)	41 (31.3%)
	40-44	7 (8.0%)	21 (24.1%)	34 (39.1%)	18 (20.7%)	2 (2.3%)	5 (5.7%)	65 (82.3%)	14 (17.7%)
	45-49	1 (1.4%)	18 (24.3%)	30 (40.5%)	15 (20.3%)	5 (10.8%)	2 (2.7%)	45 (68.2%)	21 (31.8%)
	50-54	12 (14.1%)	20 (23.5%)	37 (43.5%)	12 (14.1%)	4 (4.7%)	0 (0.0%)	48 (70.6%)	20 (29.4%)
	55-59	9 (7.1%)	34 (26.8%)	42 (33.1%)	32 (25.2%)	9 (7.1%)	1 (0.8%)	79 (74.5%)	27 (25.5%)
	60-64	10 (4.3%)	54 (23.5%)	74 (32.2%)	66 (28.7%)	24 (10.4%)	2 (0.9%)	129 (67.9%)	61 (32.1%)
	65-69	11 (5.7%)	46 (24.0%)	54 (28.1%)	51 (26.6%)	21 (10.9%)	9 (4.7%)	90 (62.9%)	53 (37.1%)
	70-74	18 (8.4%)	41 (19.1%)	67 (31.2%)	58 (27.0%)	25 (11.6%)	6 (2.8%)	85 (54.1%)	72 (45.9%)
	75-79	6 (6.5%)	18 (19.6%)	23 (25.0%)	24 (26.1%)	14 (15.2%)	7 (7.6%)	40 (54.1%)	34 (45.9%)
	80-	4 (8.2%)	7 (14.3%)	11 (22.4%)	13 (26.5%)	10 (20.4%)	4 (8.2%)	16 (47.1%)	18 (52.9%)
	合計	93 (7.2%)	297 (23.0%)	414 (32.1%)	319 (24.7%)	129 (10.0%)	38 (2.9%)	687 (65.6%)	361 (34.4%)
女性	-39	11 (4.2%)	65 (24.6%)	100 (37.9%)	67 (25.4%)	18 (6.8%)	3 (1.1%)	197 (78.8%)	53 (21.2%)
	40-44	5 (4.3%)	48 (41.4%)	39 (33.6%)	15 (12.9%)	8 (6.9%)	1 (0.9%)	74 (72.5%)	28 (27.5%)
	45-49	17 (13.3%)	56 (43.8%)	34 (26.6%)	16 (12.5%)	4 (3.1%)	1 (0.8%)	99 (87.6%)	14 (12.4%)
	50-54	24 (16.2%)	49 (33.1%)	46 (31.1%)	21 (14.2%)	8 (5.4%)	0 (0.0%)	91 (71.1%)	37 (28.9%)
	55-59	23 (11.2%)	62 (30.2%)	78 (38.0%)	35 (17.1%)	6 (2.9%)	1 (0.5%)	144 (80.9%)	34 (19.1%)
	60-64	53 (15.6%)	107 (31.6%)	95 (28.0%)	62 (18.3%)	18 (5.3%)	4 (1.2%)	218 (77.6%)	63 (22.4%)
	65-69	17 (6.3%)	73 (27.0%)	98 (36.3%)	54 (20.0%)	22 (8.1%)	6 (2.2%)	167 (77.0%)	50 (23.0%)
	70-74	28 (11.3%)	60 (24.2%)	77 (31.0%)	55 (22.2%)	21 (8.5%)	7 (2.8%)	132 (69.5%)	58 (30.5%)
	75-79	15 (13.9%)	22 (20.4%)	23 (21.3%)	28 (25.9%)	14 (13.0%)	6 (5.6%)	46 (58.2%)	33 (41.8%)
	80-	5 (9.3%)	5 (9.3%)	17 (31.5%)	10 (18.5%)	13 (24.1%)	4 (7.4%)	25 (65.8%)	13 (34.2%)
	合計	198 (10.5%)	547 (29.1%)	607 (32.3%)	363 (19.3%)	132 (7.0%)	33 (1.8%)	1193 (75.7%)	383 (24.3%)
合計	-39	26 (6.5%)	103 (25.6%)	142 (35.2%)	97 (24.1%)	30 (7.4%)	5 (1.2%)	287 (75.3%)	94 (24.7%)
	40-44	12 (5.9%)	69 (34.0%)	73 (36.0%)	33 (16.3%)	10 (4.9%)	6 (3.0%)	139 (76.8%)	42 (23.2%)
	45-49	18 (8.9%)	74 (36.6%)	64 (31.7%)	31 (15.3%)	12 (5.9%)	3 (1.5%)	144 (80.4%)	35 (19.6%)
	50-54	36 (15.5%)	69 (29.6%)	83 (35.6%)	33 (14.2%)	12 (5.2%)	0 (0.0%)	139 (70.9%)	57 (29.1%)
	55-59	32 (9.6%)	96 (28.9%)	120 (36.1%)	67 (20.2%)	15 (4.5%)	2 (0.6%)	223 (78.5%)	61 (21.5%)
	60-64	63 (11.1%)	161 (28.3%)	169 (29.7%)	128 (22.5%)	42 (7.4%)	6 (1.1%)	347 (73.7%)	124 (26.3%)
	65-69	28 (6.1%)	119 (25.8%)	152 (32.9%)	105 (22.7%)	43 (9.3%)	15 (3.2%)	257 (71.4%)	103 (28.6%)
	70-74	46 (9.9%)	101 (21.8%)	144 (31.1%)	113 (24.4%)	46 (9.9%)	13 (2.8%)	217 (62.5%)	130 (37.5%)
	75-79	21 (10.5%)	40 (20.0%)	46 (23.0%)	52 (26.0%)	28 (14.0%)	13 (6.5%)	86 (56.2%)	67 (43.8%)
	80-	9 (8.7%)	12 (11.7%)	28 (27.2%)	23 (22.3%)	23 (22.3%)	8 (7.8%)	41 (56.9%)	31 (43.1%)
	合計	291 (9.2%)	844 (26.6%)	1021 (32.2%)	682 (21.5%)	261 (8.2%)	71 (2.2%)	1880 (71.6%)	744 (28.4%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	95 (68.8%)	27 (19.6%)	15 (10.9%)	1 (0.7%)	104 (75.4%)	31 (22.5%)	3 (2.2%)	0 (0.0%)	90 (64.7%)	38 (27.3%)	10 (7.2%)	1 (0.7%)
	40-44	58 (66.7%)	23 (26.4%)	4 (4.6%)	2 (2.3%)	60 (69.0%)	25 (28.7%)	2 (2.3%)	0 (0.0%)	54 (62.8%)	23 (26.7%)	8 (9.3%)	1 (1.2%)
	45-49	46 (63.9%)	20 (27.8%)	4 (5.6%)	2 (2.8%)	62 (84.9%)	11 (15.1%)	0 (0.0%)	0 (0.0%)	47 (64.4%)	23 (31.5%)	2 (2.7%)	1 (1.4%)
	50-54	42 (49.4%)	31 (36.5%)	9 (10.6%)	3 (3.5%)	54 (63.5%)	25 (29.4%)	5 (5.9%)	1 (1.2%)	37 (43.5%)	38 (44.7%)	7 (8.2%)	3 (3.5%)
	55-59	82 (65.1%)	34 (27.0%)	10 (7.9%)	0 (0.0%)	94 (74.0%)	28 (22.0%)	4 (3.1%)	1 (0.8%)	60 (47.2%)	57 (44.9%)	10 (7.9%)	0 (0.0%)
	60-64	144 (62.6%)	69 (30.0%)	15 (6.5%)	2 (0.9%)	155 (67.4%)	62 (27.0%)	11 (4.8%)	2 (0.9%)	106 (46.1%)	96 (41.7%)	23 (10.0%)	5 (2.2%)
	65-69	120 (62.5%)	55 (28.6%)	13 (6.8%)	4 (2.1%)	132 (68.8%)	54 (28.1%)	6 (3.1%)	0 (0.0%)	95 (49.7%)	81 (42.4%)	12 (6.3%)	3 (1.6%)
	70-74	134 (62.3%)	66 (30.7%)	12 (5.6%)	3 (1.4%)	158 (73.8%)	42 (19.6%)	12 (5.6%)	2 (0.9%)	108 (50.2%)	84 (39.1%)	18 (8.4%)	5 (2.3%)
	75-79	54 (58.7%)	29 (31.5%)	9 (9.8%)	0 (0.0%)	70 (76.1%)	20 (21.7%)	2 (2.2%)	0 (0.0%)	51 (56.0%)	36 (39.6%)	4 (4.4%)	0 (0.0%)
	80-	31 (63.3%)	15 (30.6%)	3 (6.1%)	0 (0.0%)	32 (65.3%)	13 (26.5%)	4 (8.2%)	0 (0.0%)	28 (57.1%)	16 (32.5%)	3 (6.1%)	2 (4.1%)
	合計	806 (62.7%)	369 (28.7%)	94 (7.3%)	17 (1.3%)	921 (71.6%)	311 (24.2%)	49 (3.8%)	6 (0.5%)	676 (52.6%)	492 (38.3%)	97 (7.5%)	21 (1.6%)
女性	-39	159 (60.2%)	63 (31.4%)	17 (6.4%)	5 (1.9%)	184 (69.7%)	71 (26.9%)	7 (2.7%)	2 (0.8%)	173 (65.5%)	75 (29.9%)	10 (3.8%)	2 (0.8%)
	40-44	64 (55.7%)	39 (33.9%)	12 (10.4%)	0 (0.0%)	81 (69.8%)	30 (25.9%)	5 (4.3%)	0 (0.0%)	75 (65.2%)	37 (32.2%)	3 (2.6%)	0 (0.0%)
	45-49	62 (48.4%)	51 (39.8%)	15 (11.7%)	0 (0.0%)	87 (68.5%)	38 (29.9%)	2 (1.6%)	0 (0.0%)	72 (56.3%)	52 (40.6%)	2 (1.6%)	2 (1.6%)
	50-54	79 (53.0%)	56 (37.6%)	12 (8.1%)	2 (1.3%)	94 (63.5%)	47 (31.8%)	6 (4.1%)	1 (0.7%)	74 (50.0%)	63 (42.6%)	9 (6.1%)	2 (1.4%)
	55-59	89 (43.4%)	84 (41.0%)	30 (14.6%)	2 (1.0%)	120 (58.5%)	71 (34.6%)	12 (5.9%)	2 (1.0%)	88 (43.1%)	96 (47.1%)	16 (7.8%)	4 (2.0%)
	60-64	131 (38.8%)	145 (42.9%)	45 (13.3%)	17 (5.0%)	173 (51.2%)	126 (37.3%)	32 (9.5%)	7 (2.1%)	134 (39.5%)	150 (44.2%)	47 (13.9%)	8 (2.4%)
	65-69	123 (45.7%)	114 (42.4%)	27 (10.0%)	5 (1.9%)	152 (56.5%)	96 (35.7%)	18 (6.7%)	3 (1.1%)	100 (37.3%)	134 (50.0%)	31 (11.6%)	3 (1.1%)
	70-74	107 (43.1%)	104 (41.9%)	27 (10.9%)	10 (4.0%)	142 (57.3%)	82 (33.1%)	22 (8.9%)	2 (0.8%)	92 (37.2%)	117 (47.4%)	31 (12.6%)	7 (2.8%)
	75-79	52 (48.1%)	35 (32.4%)	18 (16.7%)	3 (2.8%)	56 (51.9%)	35 (32.4%)	13 (12.0%)	4 (3.7%)	48 (44.4%)	36 (33.3%)	15 (13.9%)	9 (8.3%)
	80-	27 (50.0%)	23 (42.6%)	4 (7.4%)	0 (0.0%)	39 (72.2%)	11 (20.4%)	4 (7.4%)	0 (0.0%)	30 (55.6%)	17 (31.5%)	5 (9.3%)	2 (3.7%)
	合計	893 (47.6%)	734 (39.1%)	207 (11.0%)	44 (2.3%)	1128 (60.1%)	607 (32.3%)	121 (6.4%)	21 (1.1%)	886 (47.3%)	781 (41.7%)	169 (9.0%)	39 (2.1%)
合計	-39	254 (63.2%)	110 (27.4%)	32 (8.0%)	6 (1.5%)	288 (71.6%)	102 (25.4%)	10 (2.5%)	2 (0.5%)	263 (65.3%)	117 (29.0%)	20 (5.0%)	3 (0.7%)
	40-44	122 (60.4%)	62 (30.7%)	16 (7.9%)	2 (1.0%)	141 (69.5%)	55 (27.1%)	7 (3.4%)	0 (0.0%)	129 (64.2%)	60 (29.9%)	11 (5.5%)	1 (0.5%)
	45-49	108 (54.0%)	71 (35.5%)	19 (9.5%)	2 (1.0%)	149 (74.5%)	49 (24.5%)	2 (1.0%)	0 (0.0%)	119 (59.2%)	75 (37.3%)	4 (2.0%)	3 (1.5%)
	50-54	121 (51.7%)	87 (37.2%)	21 (9.0%)	5 (2.1%)	148 (63.5%)	72 (30.9%)	11 (4.7%)	2 (0.9%)	111 (47.6%)	101 (43.3%)	16 (6.9%)	5 (2.1%)
	55-59	171 (51.7%)	118 (35.6%)	40 (12.1%)	2 (0.6%)	214 (64.5%)	99 (29.8%)	16 (4.8%)	3 (0.9%)	148 (44.7%)	153 (46.2%)	26 (7.9%)	4 (1.2%)
	60-64	275 (48.4%)	214 (37.7%)	60 (10.6%)	19 (3.3%)	328 (57.7%)	188 (33.1%)	43 (7.6%)	9 (1.6%)	240 (42.2%)	246 (43.2%)	70 (12.3%)	13 (2.3%)
	65-69	243 (52.7%)	169 (36.7%)	40 (8.7%)	9 (2.0%)	284 (61.6%)	150 (32.5%)	24 (5.2%)	3 (0.7%)	195 (42.5%)	215 (46.8%)	43 (9.4%)	6 (1.3%)
	70-74	241 (52.1%)	170 (36.7%)	39 (8.4%)	13 (2.8%)	300 (64.9%)	124 (26.8%)	34 (7.4%)	4 (0.9%)	200 (43.3%)	201 (43.5%)	49 (10.6%)	12 (2.6%)
	75-79	106 (53.0%)	64 (32.0%)	27 (13.5%)	3 (1.5%)	126 (63.0%)	55 (27.5%)	15 (7.5%)	4 (2.0%)	99 (49.7%)	72 (36.2%)	19 (9.5%)	9 (4.5%)
	80-	58 (56.3%)	38 (36.9%)	7 (6.8%)	0 (0.0%)	71 (68.9%)	24 (23.3%)	8 (7.8%)	0 (0.0%)	58 (56.3%)	33 (32.0%)	8 (7.8%)	4 (3.9%)
	合計	1699 (53.7%)	1103 (34.9%)	301 (9.5%)	61 (1.9%)	2049 (64.8%)	918 (29.0%)	170 (5.4%)	27 (0.9%)	1562 (49.4%)	1273 (40.3%)	266 (8.4%)	60 (1.9%)

4) 総睡眠時間は？

5) 全体的な睡眠の質は？

6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減った	かなり減った	非常に減った
男性	-39	80 (57.6%)	51 (36.7%)	8 (5.8%)	0 (0.0%)	66 (47.5%)	55 (39.6%)	17 (12.2%)	1 (0.7%)	83 (59.7%)	47 (33.8%)	9 (6.5%)	0 (0.0%)
	40-44	46 (52.9%)	39 (44.8%)	2 (2.3%)	0 (0.0%)	38 (43.7%)	41 (47.1%)	8 (9.2%)	0 (0.0%)	53 (61.6%)	26 (30.2%)	6 (7.0%)	1 (1.2%)
	45-49	44 (60.3%)	27 (37.0%)	2 (2.7%)	0 (0.0%)	42 (57.5%)	27 (37.0%)	4 (5.5%)	0 (0.0%)	54 (73.0%)	17 (23.0%)	2 (2.7%)	1 (1.4%)
	50-54	39 (45.9%)	39 (45.9%)	5 (5.9%)	2 (2.4%)	26 (30.6%)	47 (55.3%)	10 (11.8%)	2 (2.4%)	36 (42.4%)	44 (51.8%)	3 (3.5%)	2 (2.4%)
	55-59	78 (61.4%)	44 (34.6%)	5 (3.9%)	0 (0.0%)	68 (53.5%)	51 (40.2%)	8 (6.3%)	0 (0.0%)	75 (59.1%)	40 (31.5%)	12 (9.4%)	0 (0.0%)
	60-64	135 (58.7%)	87 (37.8%)	8 (3.5%)	0 (0.0%)	135 (58.7%)	85 (37.0%)	10 (4.3%)	0 (0.0%)	151 (65.7%)	68 (29.6%)	11 (4.8%)	0 (0.0%)
	65-69	128 (66.7%)	60 (31.3%)	4 (2.1%)	0 (0.0%)	110 (57.6%)	75 (39.3%)	6 (3.1%)	0 (0.0%)	132 (68.8%)	50 (26.0%)	10 (5.2%)	0 (0.0%)
	70-74	145 (67.4%)	61 (28.4%)	8 (3.7%)	1 (0.5%)	142 (66.0%)	59 (27.4%)	13 (6.0%)	1 (0.5%)	160 (74.8%)	46 (21.5%)	6 (2.8%)	2 (0.9%)
	75-79	63 (68.5%)	28 (30.4%)	1 (1.1%)	0 (0.0%)	57 (62.6%)	31 (34.1%)	2 (2.2%)	1 (1.1%)	68 (73.9%)	21 (22.8%)	3 (3.3%)	0 (0.0%)
	80-	33 (67.3%)	12 (24.5%)	4 (8.2%)	0 (0.0%)	31 (63.3%)	12 (24.5%)	6 (12.2%)	0 (0.0%)	37 (75.5%)	10 (20.4%)	2 (4.1%)	0 (0.0%)
	合計	791 (61.4%)	448 (34.8%)	47 (3.6%)	3 (0.2%)	715 (55.6%)	483 (37.5%)	84 (6.5%)	5 (0.4%)	849 (65.9%)	369 (28.6%)	64 (5.0%)	6 (0.5%)
女性	-39	131 (49.6%)	124 (47.0%)	6 (2.3%)	3 (1.1%)	110 (42.0%)	134 (51.1%)	17 (6.5%)	1 (0.4%)	156 (59.1%)	89 (33.7%)	14 (5.3%)	5 (1.9%)
	40-44	48 (41.4%)	64 (55.2%)	4 (3.4%)	0 (0.0%)	46 (39.7%)	61 (52.6%)	9 (7.8%)	0 (0.0%)	60 (51.7%)	45 (38.8%)	9 (7.8%)	2 (1.7%)
	45-49	49 (38.3%)	71 (55.5%)	8 (6.3%)	0 (0.0%)	44 (34.4%)	71 (55.5%)	13 (10.2%)	0 (0.0%)	54 (42.2%)	59 (46.1%)	15 (11.7%)	0 (0.0%)
	50-54	64 (43.0%)	76 (51.0%)	7 (4.7%)	2 (1.3%)	54 (36.2%)	83 (55.7%)	11 (7.4%)	1 (0.7%)	67 (45.3%)	62 (41.9%)	18 (12.2%)	1 (0.7%)
	55-59	101 (49.3%)	96 (46.8%)	8 (3.9%)	0 (0.0%)	93 (45.4%)	93 (45.4%)	18 (8.8%)	1 (0.5%)	83 (40.7%)	103 (50.5%)	16 (7.8%)	2 (1.0%)
	60-64	147 (43.4%)	157 (46.3%)	31 (9.1%)	4 (1.2%)	136 (40.2%)	164 (48.5%)	35 (10.4%)	3 (0.9%)	142 (42.1%)	154 (45.7%)	38 (11.3%)	3 (0.9%)
	65-69	133 (49.4%)	118 (43.9%)	16 (5.9%)	2 (0.7%)	128 (47.8%)	121 (45.1%)	18 (6.7%)	1 (0.4%)	151 (55.9%)	97 (35.9%)	20 (7.4%)	2 (0.7%)
	70-74	134 (54.0%)	98 (39.5%)	14 (5.6%)	2 (0.8%)	121 (49.2%)	105 (42.7%)	17 (6.9%)	3 (1.2%)	140 (56.7%)	85 (34.4%)	18 (7.3%)	4 (1.6%)
	75-79	57 (52.8%)	37 (34.3%)	10 (9.3%)	4 (3.7%)	59 (54.6%)	35 (32.4%)	10 (9.3%)	4 (3.7%)	65 (60.7%)	29 (27.1%)	12 (11.2%)	1 (0.9%)
	80-	39 (72.2%)	12 (22.2%)	3 (5.6%)	0 (0.0%)	34 (63.0%)	18 (33.3%)	2 (3.7%)	0 (0.0%)	37 (68.5%)	14 (25.9%)	3 (5.6%)	0 (0.0%)
	合計	903 (48.0%)	853 (45.4%)	107 (5.7%)	17 (0.9%)	825 (44.0%)	885 (47.2%)	150 (8.0%)	14 (0.7%)	955 (50.9%)	737 (39.3%)	163 (8.7%)	20 (1.1%)
合計	-39	211 (52.4%)	175 (43.4%)	14 (3.5%)	3 (0.7%)	176 (43.9%)	189 (47.1%)	34 (8.5%)	2 (0.5%)	239 (59.3%)	136 (33.7%)	23 (5.7%)	5 (1.2%)
	40-44	94 (46.3%)	103 (50.7%)	6 (3.0%)	0 (0.0%)	84 (41.4%)	102 (50.2%)	17 (8.4%)	0 (0.0%)	113 (55.9%)	71 (35.1%)	15 (7.4%)	3 (1.5%)
	45-49	93 (46.3%)	98 (48.8%)	10 (5.0%)	0 (0.0%)	86 (42.8%)	98 (48.8%)	17 (8.5%)	0 (0.0%)	108 (53.5%)	76 (37.6%)	17 (8.4%)	1 (0.5%)
	50-54	103 (44.0%)	115 (49.1%)	12 (5.1%)	4 (1.7%)	80 (34.2%)	130 (55.6%)	21 (9.0%)	3 (1.3%)	103 (44.2%)	106 (45.5%)	21 (9.0%)	3 (1.3%)
	55-59	179 (53.9%)	140 (42.2%)	13 (3.9%)	0 (0.0%)	161 (48.5%)	144 (43.4%)	26 (7.8%)	1 (0.3%)	158 (47.7%)	143 (43.2%)	28 (8.5%)	2 (0.6%)
	60-64	262 (49.6%)	244 (42.9%)	39 (6.9%)	4 (0.7%)	271 (47.7%)	249 (43.8%)	45 (7.9%)	3 (0.5%)	293 (51.7%)	222 (39.2%)	49 (8.6%)	3 (0.5%)
	65-69	261 (56.6%)	178 (38.6%)	20 (4.3%)	2 (0.4%)	238 (51.9%)	196 (42.7%)	24 (5.2%)	1 (0.2%)	283 (61.3%)	147 (31.8%)	30 (6.5%)	2 (0.4%)
	70-74	279 (60.3%)	159 (34.3%)	22 (4.8%)	3 (0.6%)	263 (57.0%)	164 (35.6%)	30 (6.5%)	4 (0.9%)	300 (65.1%)	131 (28.4%)	24 (5.2%)	6 (1.3%)
	75-79	120 (60.0%)	65 (32.5%)	11 (5.5%)	4 (2.0%)	116 (58.3%)	66 (33.2%)	12 (6.0%)	5 (2.5%)	133 (66.8%)	60 (25.1%)	15 (7.5%)	1 (0.5%)
	80-	72 (69.9%)	24 (23.3%)	7 (6.8%)	0 (0.0%)	65 (63.1%)	30 (29.1%)	8 (7.8%)	0 (0.0%)	74 (71.8%)	24 (23.3%)	5 (4.9%)	0 (0.0%)
	合計	1694 (53.5%)	1301 (41.1%)	154 (4.9%)	20 (0.6%)	1540 (48.7%)	1368 (43.3%)	234 (7.4%)	19 (0.6%)	1804 (57.0%)	1106 (35.0%)	227 (7.2%)	26 (0.8%)

7) 日中の活動について(身体的及び精神的)

8) 日中の眠気について

		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	27 (19.4%)	74 (53.2%)	28 (20.1%)	9 (6.5%)	1 (0.7%)	30 (21.6%)	98 (70.5%)	11 (7.9%)	0 (0.0%)
	40-44	12 (14.0%)	46 (53.5%)	20 (23.3%)	6 (7.0%)	2 (2.3%)	20 (23.0%)	62 (71.3%)	5 (5.7%)	0 (0.0%)
	45-49	11 (14.9%)	40 (54.1%)	17 (23.0%)	6 (8.1%)	0 (0.0%)	9 (12.3%)	61 (83.6%)	2 (2.7%)	1 (1.4%)
	50-54	8 (9.5%)	39 (46.4%)	26 (31.0%)	8 (9.5%)	3 (3.6%)	17 (20.0%)	59 (69.4%)	9 (10.6%)	0 (0.0%)
	55-59	15 (11.8%)	65 (51.2%)	27 (21.3%)	19 (15.0%)	1 (0.8%)	32 (25.2%)	89 (70.1%)	6 (4.7%)	0 (0.0%)
	60-64	38 (16.6%)	115 (50.2%)	50 (21.8%)	24 (10.5%)	2 (0.9%)	55 (23.9%)	164 (71.3%)	11 (4.8%)	0 (0.0%)
	65-69	18 (9.4%)	111 (57.8%)	47 (24.5%)	14 (7.3%)	2 (1.0%)	49 (25.5%)	136 (70.8%)	7 (3.6%)	0 (0.0%)
	70-74	9 (4.2%)	141 (65.9%)	50 (23.4%)	13 (6.1%)	1 (0.5%)	61 (28.5%)	142 (66.4%)	11 (5.1%)	0 (0.0%)
	75-79	5 (5.4%)	60 (65.2%)	22 (23.9%)	5 (5.4%)	0 (0.0%)	26 (28.3%)	65 (70.7%)	1 (1.1%)	0 (0.0%)
	80-	6 (12.2%)	29 (59.2%)	9 (18.4%)	2 (4.1%)	3 (6.1%)	15 (30.6%)	30 (61.2%)	4 (8.2%)	0 (0.0%)
	合計	149 (11.6%)	720 (56.0%)	296 (23.0%)	106 (8.2%)	15 (1.2%)	314 (24.4%)	906 (70.3%)	67 (5.2%)	1 (0.1%)
女性	-39	41 (15.5%)	142 (53.8%)	58 (22.0%)	20 (7.6%)	3 (1.1%)	33 (12.5%)	197 (74.9%)	29 (11.0%)	4 (1.5%)
	40-44	23 (19.8%)	55 (47.4%)	25 (21.6%)	9 (7.8%)	4 (3.4%)	9 (7.8%)	88 (75.9%)	18 (15.5%)	1 (0.9%)
	45-49	30 (23.6%)	51 (40.2%)	36 (28.3%)	8 (6.3%)	2 (1.6%)	13 (10.2%)	93 (72.7%)	21 (16.4%)	1 (0.8%)
	50-54	28 (18.8%)	58 (38.9%)	42 (28.2%)	17 (11.4%)	4 (2.7%)	15 (10.1%)	118 (79.2%)	16 (10.7%)	0 (0.0%)
	55-59	30 (14.6%)	87 (42.4%)	60 (29.3%)	20 (9.8%)	8 (3.9%)	31 (15.1%)	165 (80.5%)	9 (4.4%)	0 (0.0%)
	60-64	45 (13.3%)	137 (40.4%)	105 (31.0%)	47 (13.9%)	5 (1.5%)	41 (12.1%)	271 (79.9%)	27 (8.0%)	0 (0.0%)
	65-69	34 (12.6%)	126 (46.7%)	87 (32.2%)	21 (7.8%)	2 (0.7%)	39 (14.4%)	215 (79.6%)	16 (5.9%)	0 (0.0%)
	70-74	24 (9.7%)	128 (51.8%)	72 (29.1%)	20 (8.1%)	3 (1.2%)	48 (19.4%)	181 (73.0%)	19 (7.7%)	0 (0.0%)
	75-79	8 (7.4%)	62 (57.4%)	24 (22.2%)	13 (12.0%)	1 (0.9%)	25 (23.1%)	73 (67.6%)	10 (9.3%)	0 (0.0%)
	80-	2 (3.7%)	31 (57.4%)	16 (29.6%)	4 (7.4%)	1 (1.9%)	17 (31.5%)	35 (64.8%)	2 (3.7%)	0 (0.0%)
	合計	265 (14.1%)	877 (46.7%)	525 (27.9%)	179 (9.5%)	33 (1.8%)	271 (14.4%)	1436 (76.4%)	167 (8.9%)	6 (0.3%)
合計	-39	68 (16.9%)	216 (53.6%)	86 (21.3%)	29 (7.2%)	4 (1.0%)	63 (15.7%)	295 (73.4%)	40 (10.0%)	4 (1.0%)
	40-44	35 (17.3%)	101 (50.0%)	45 (22.3%)	15 (7.4%)	6 (3.0%)	29 (14.3%)	150 (73.9%)	23 (11.3%)	1 (0.5%)
	45-49	41 (20.4%)	91 (45.3%)	53 (26.4%)	14 (7.0%)	2 (1.0%)	22 (10.9%)	154 (76.6%)	23 (11.4%)	2 (1.0%)
	50-54	36 (15.5%)	97 (41.6%)	68 (29.2%)	25 (10.7%)	7 (3.0%)	32 (13.7%)	177 (75.6%)	25 (10.7%)	0 (0.0%)
	55-59	45 (13.6%)	152 (45.8%)	97 (26.2%)	39 (11.7%)	9 (2.7%)	63 (19.0%)	254 (76.5%)	15 (4.5%)	0 (0.0%)
	60-64	83 (14.6%)	252 (44.4%)	155 (27.3%)	71 (12.5%)	7 (1.2%)	96 (16.9%)	435 (76.4%)	38 (6.7%)	0 (0.0%)
	65-69	52 (11.3%)	237 (51.3%)	134 (29.0%)	35 (7.6%)	4 (0.9%)	88 (19.0%)	351 (76.0%)	23 (5.0%)	0 (0.0%)
	70-74	33 (7.2%)	269 (58.4%)	122 (26.5%)	33 (7.2%)	3 (0.9%)	109 (23.6%)	323 (69.9%)	4 (6.5%)	0 (0.0%)
	75-79	13 (6.5%)	122 (61.0%)	46 (23.0%)	18 (9.0%)	1 (0.5%)	51 (25.5%)	138 (69.0%)	11 (5.5%)	0 (0.0%)
	80-	8 (7.8%)	60 (58.3%)	25 (24.3%)	6 (5.8%)	4 (3.9%)	32 (31.1%)	65 (63.1%)	6 (5.8%)	0 (0.0%)
	合計	414 (13.1%)	1597 (50.5%)	821 (25.9%)	285 (9.0%)	48 (1.5%)	585 (18.5%)	2342 (73.9%)	234 (7.4%)	7 (0.2%)

5) 手助けを頼める親戚や兄弟は何人いますか。

6) 手助けを頼める友人は何人いますか。

7) まわりの人々はお互いに助け合っている。

	5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。				
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない
男性																	
-39	19 (13.9%)	33 (24.1%)	33 (24.1%)	36 (26.3%)	11 (8.0%)	5 (3.6%)	26 (18.8%)	29 (21.0%)	35 (25.4%)	26 (18.8%)	13 (9.4%)	9 (6.5%)	27 (19.6%)	75 (54.3%)	29 (21.0%)	4 (2.9%)	3 (2.2%)
40-44	14 (16.1%)	24 (27.6%)	24 (27.6%)	12 (13.8%)	7 (8.0%)	6 (6.9%)	24 (27.6%)	18 (20.7%)	21 (24.1%)	10 (11.5%)	6 (6.9%)	8 (9.2%)	15 (17.2%)	44 (50.6%)	21 (24.1%)	6 (6.9%)	1 (1.1%)
45-49	8 (10.8%)	12 (16.2%)	23 (31.1%)	24 (32.4%)	4 (5.4%)	3 (4.1%)	11 (15.1%)	19 (26.0%)	16 (21.9%)	15 (20.5%)	8 (11.0%)	4 (5.5%)	9 (12.3%)	42 (57.5%)	19 (26.0%)	1 (1.4%)	2 (2.7%)
50-54	8 (9.4%)	18 (21.2%)	20 (23.5%)	28 (32.9%)	4 (4.7%)	7 (8.2%)	22 (25.9%)	18 (21.2%)	12 (14.1%)	20 (23.5%)	8 (9.4%)	5 (5.9%)	10 (11.8%)	42 (49.4%)	26 (30.6%)	2 (2.4%)	5 (5.9%)
55-59	8 (6.4%)	29 (23.2%)	37 (29.6%)	32 (25.6%)	14 (11.2%)	5 (4.0%)	34 (27.0%)	30 (23.8%)	28 (22.2%)	25 (19.8%)	7 (5.6%)	2 (1.6%)	20 (15.9%)	56 (44.4%)	43 (34.1%)	5 (4.0%)	2 (1.6%)
60-64	21 (9.1%)	56 (24.3%)	55 (23.9%)	57 (24.8%)	30 (13.0%)	11 (4.8%)	49 (21.3%)	52 (22.6%)	60 (26.1%)	40 (17.4%)	19 (8.3%)	10 (4.3%)	38 (16.5%)	125 (54.3%)	54 (23.5%)	6 (2.6%)	7 (3.0%)
65-69	13 (6.8%)	31 (16.2%)	46 (24.1%)	50 (26.2%)	37 (19.4%)	14 (7.3%)	38 (19.9%)	34 (17.8%)	48 (25.1%)	41 (21.5%)	20 (10.5%)	10 (5.2%)	31 (16.3%)	109 (57.4%)	37 (19.5%)	7 (3.7%)	6 (3.2%)
70-74	9 (4.2%)	37 (17.2%)	55 (25.6%)	70 (32.6%)	30 (14.0%)	14 (6.5%)	39 (18.2%)	41 (19.2%)	64 (29.9%)	49 (22.9%)	13 (6.1%)	8 (3.7%)	56 (26.0%)	106 (49.3%)	45 (20.9%)	5 (2.3%)	3 (1.4%)
75-79	8 (8.7%)	23 (25.0%)	20 (21.7%)	27 (29.3%)	10 (10.9%)	4 (4.3%)	30 (33.0%)	17 (18.7%)	21 (23.1%)	15 (16.5%)	3 (3.3%)	5 (5.5%)	23 (25.0%)	45 (48.9%)	17 (18.5%)	6 (6.5%)	1 (1.1%)
80-	3 (6.1%)	13 (26.5%)	14 (28.6%)	10 (20.4%)	7 (14.3%)	2 (4.1%)	22 (44.9%)	11 (22.4%)	13 (26.5%)	1 (2.0%)	2 (4.1%)	0 (0.0%)	14 (28.6%)	26 (53.1%)	7 (14.3%)	0 (0.0%)	2 (4.1%)
合計	111 (8.6%)	276 (21.5%)	327 (25.4%)	346 (26.9%)	154 (12.0%)	71 (5.5%)	295 (23.0%)	269 (21.0%)	318 (24.8%)	242 (18.8%)	99 (7.7%)	61 (4.8%)	243 (18.9%)	670 (52.1%)	298 (23.2%)	42 (3.3%)	32 (2.5%)
女性																	
-39	24 (9.1%)	50 (19.0%)	85 (32.3%)	62 (23.6%)	31 (11.8%)	11 (4.2%)	48 (18.3%)	59 (22.4%)	63 (24.0%)	69 (26.2%)	15 (5.7%)	9 (3.4%)	58 (22.0%)	160 (60.6%)	43 (16.3%)	3 (1.1%)	0 (0.0%)
40-44	16 (13.8%)	23 (19.8%)	33 (28.4%)	32 (27.6%)	9 (7.8%)	3 (2.6%)	19 (16.4%)	25 (21.6%)	41 (35.3%)	21 (18.1%)	8 (6.9%)	2 (1.7%)	19 (16.4%)	69 (59.5%)	22 (19.0%)	6 (5.2%)	0 (0.0%)
45-49	15 (11.7%)	17 (13.3%)	34 (26.6%)	41 (32.0%)	18 (14.1%)	3 (2.3%)	26 (20.5%)	26 (20.5%)	31 (24.4%)	37 (29.1%)	4 (3.1%)	3 (2.4%)	19 (14.8%)	78 (60.9%)	28 (21.9%)	3 (2.3%)	0 (0.0%)
50-54	12 (8.2%)	26 (17.7%)	33 (22.4%)	54 (36.7%)	16 (10.9%)	6 (4.1%)	41 (27.7%)	35 (23.6%)	39 (26.4%)	20 (13.5%)	9 (6.1%)	4 (2.7%)	25 (16.8%)	89 (59.7%)	30 (20.1%)	5 (3.4%)	0 (0.0%)
55-59	16 (7.8%)	50 (24.5%)	48 (23.5%)	55 (27.0%)	29 (14.2%)	6 (2.9%)	66 (32.2%)	67 (32.7%)	37 (18.0%)	29 (14.1%)	4 (2.0%)	2 (1.0%)	39 (19.3%)	108 (53.5%)	44 (21.8%)	8 (4.0%)	3 (1.5%)
60-64	23 (6.8%)	48 (14.3%)	108 (32.1%)	88 (26.2%)	44 (13.1%)	25 (7.4%)	83 (24.8%)	88 (26.3%)	79 (23.6%)	61 (18.2%)	16 (4.8%)	8 (2.4%)	77 (22.7%)	168 (49.6%)	81 (23.9%)	5 (1.5%)	8 (2.4%)
65-69	19 (7.0%)	51 (18.9%)	74 (27.4%)	84 (31.1%)	30 (11.1%)	12 (4.4%)	63 (23.4%)	76 (28.3%)	71 (26.4%)	44 (16.4%)	13 (4.8%)	2 (0.7%)	60 (22.2%)	150 (55.8%)	53 (19.6%)	3 (1.1%)	4 (1.5%)
70-74	19 (7.7%)	51 (20.7%)	57 (23.2%)	56 (22.8%)	49 (19.9%)	14 (5.7%)	65 (26.2%)	52 (21.0%)	78 (31.5%)	32 (12.9%)	17 (6.9%)	4 (1.6%)	75 (30.2%)	110 (44.4%)	48 (19.4%)	7 (2.8%)	8 (3.2%)
75-79	10 (9.3%)	18 (16.7%)	36 (33.3%)	33 (30.6%)	9 (8.3%)	2 (1.9%)	24 (22.4%)	27 (25.2%)	33 (30.8%)	17 (15.9%)	5 (4.7%)	1 (0.9%)	37 (34.3%)	47 (43.5%)	15 (13.9%)	5 (4.8%)	4 (3.7%)
80-	4 (7.4%)	11 (20.4%)	9 (16.7%)	17 (31.5%)	10 (18.5%)	3 (5.6%)	13 (24.1%)	16 (29.6%)	15 (27.8%)	9 (16.7%)	1 (1.9%)	0 (0.0%)	15 (27.8%)	30 (55.8%)	6 (11.1%)	3 (5.8%)	0 (0.0%)
合計	158 (8.4%)	345 (18.4%)	517 (27.6%)	522 (27.9%)	245 (13.1%)	85 (4.5%)	448 (23.9%)	471 (25.2%)	487 (26.0%)	339 (18.1%)	92 (4.9%)	35 (1.9%)	424 (22.6%)	1009 (53.7%)	370 (19.7%)	48 (2.6%)	27 (1.4%)
合計																	
-39	43 (10.8%)	83 (20.8%)	118 (29.5%)	98 (24.5%)	42 (10.5%)	16 (4.0%)	74 (18.5%)	88 (21.9%)	98 (24.4%)	95 (23.7%)	28 (7.0%)	18 (4.5%)	85 (21.1%)	235 (58.5%)	72 (17.9%)	7 (1.7%)	3 (0.7%)
40-44	30 (14.8%)	47 (23.2%)	57 (28.1%)	44 (21.7%)	16 (7.9%)	9 (4.4%)	43 (21.2%)	43 (21.2%)	62 (30.5%)	31 (15.3%)	14 (6.9%)	10 (4.9%)	34 (16.7%)	113 (55.7%)	43 (21.2%)	12 (5.9%)	1 (0.5%)
45-49	23 (11.4%)	29 (14.4%)	57 (28.2%)	65 (32.2%)	22 (10.9%)	6 (3.0%)	37 (18.5%)	45 (22.5%)	47 (23.5%)	52 (26.0%)	12 (6.0%)	7 (3.5%)	28 (13.9%)	120 (59.7%)	47 (23.4%)	4 (2.0%)	2 (1.0%)
50-54	20 (8.6%)	44 (19.0%)	53 (22.8%)	82 (35.3%)	20 (8.6%)	13 (5.6%)	63 (27.0%)	53 (22.7%)	51 (21.9%)	40 (17.2%)	17 (7.3%)	9 (3.9%)	35 (15.0%)	131 (56.0%)	56 (23.9%)	7 (3.0%)	5 (2.1%)
55-59	24 (7.3%)	79 (24.0%)	85 (25.8%)	87 (26.4%)	43 (13.1%)	11 (3.3%)	100 (30.2%)	97 (29.3%)	65 (19.6%)	54 (16.3%)	11 (3.3%)	4 (1.2%)	59 (18.0%)	164 (50.0%)	87 (26.5%)	13 (4.0%)	5 (1.5%)
60-64	44 (7.8%)	104 (18.4%)	163 (28.8%)	145 (25.6%)	74 (13.1%)	36 (6.4%)	132 (23.4%)	140 (24.8%)	139 (24.6%)	101 (17.9%)	35 (6.2%)	18 (3.2%)	115 (20.2%)	293 (51.5%)	135 (23.7%)	11 (1.9%)	15 (2.6%)
65-69	32 (6.9%)	82 (17.8%)	120 (26.0%)	134 (29.1%)	67 (14.5%)	26 (5.6%)	101 (22.0%)	110 (23.9%)	85 (25.9%)	33 (18.5%)	12 (7.2%)	5 (2.6%)	91 (19.8%)	259 (56.3%)	90 (19.6%)	10 (2.2%)	10 (2.2%)
70-74	28 (6.1%)	88 (19.1%)	112 (24.3%)	126 (27.3%)	79 (17.1%)	28 (6.1%)	104 (22.5%)	93 (20.1%)	142 (30.7%)	81 (17.5%)	30 (6.5%)	12 (2.6%)	131 (28.3%)	216 (46.7%)	93 (20.1%)	12 (2.6%)	11 (2.4%)
75-79	18 (9.0%)	41 (20.5%)	56 (28.0%)	60 (30.0%)	19 (9.5%)	6 (3.0%)	54 (27.3%)	44 (22.2%)	54 (27.3%)	32 (16.2%)	6 (4.0%)	6 (3.0%)	60 (30.0%)	92 (46.0%)	32 (16.0%)	11 (5.5%)	5 (2.5%)
80-	7 (6.8%)	24 (23.3%)	23 (22.3%)	27 (26.2%)	17 (16.5%)	5 (4.9%)	35 (34.0%)	27 (26.2%)	28 (27.2%)	10 (9.7%)	3 (2.9%)	0 (0.0%)	29 (28.2%)	56 (54.4%)	13 (12.6%)	3 (2.9%)	2 (1.9%)
合計	289 (8.5%)	621 (19.7%)	844 (26.7%)	868 (27.5%)	399 (12.6%)	156 (4.9%)	743 (23.5%)	740 (23.4%)	805 (25.9%)	581 (18.4%)	191 (6.1%)	96 (3.0%)	667 (21.1%)	1679 (53.1%)	668 (21.1%)	90 (2.8%)	59 (1.9%)

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々は

力を合わせて解決しようとする。

		8) まわりの人々は信頼できる。					9) まわりの人々はお互いにあいさつをしている。					10) 何か問題が生じた場合、まわりの人々は力を合わせて解決しようとする。				
		強く思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強く思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない	強く思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く そう思わない
男性	-39	14 (10.1%)	62 (44.9%)	53 (38.4%)	5 (3.6%)	4 (2.9%)	34 (24.6%)	79 (57.2%)	24 (17.4%)	1 (0.7%)	0 (0.0%)	21 (15.2%)	71 (51.4%)	38 (27.5%)	5 (3.6%)	3 (2.2%)
	40-44	13 (14.9%)	31 (35.6%)	39 (44.8%)	2 (2.3%)	2 (2.3%)	19 (21.8%)	52 (59.8%)	14 (16.1%)	2 (2.3%)	0 (0.0%)	13 (14.9%)	38 (43.7%)	31 (35.6%)	3 (3.4%)	2 (2.3%)
	45-49	6 (8.2%)	36 (49.3%)	29 (39.7%)	2 (2.7%)	0 (0.0%)	16 (21.9%)	45 (61.6%)	12 (16.4%)	0 (0.0%)	0 (0.0%)	11 (15.1%)	41 (56.2%)	20 (27.4%)	0 (0.0%)	1 (1.4%)
	50-54	6 (7.1%)	37 (43.9%)	33 (38.8%)	7 (8.2%)	2 (2.4%)	11 (12.9%)	64 (75.3%)	8 (9.4%)	1 (1.2%)	1 (1.2%)	6 (7.1%)	43 (50.6%)	31 (36.5%)	1 (1.2%)	4 (4.7%)
	55-59	16 (12.7%)	48 (38.1%)	53 (42.1%)	8 (6.3%)	1 (0.8%)	31 (24.6%)	71 (56.3%)	19 (15.1%)	5 (4.0%)	0 (0.0%)	21 (16.7%)	52 (41.3%)	45 (35.7%)	8 (6.3%)	0 (0.0%)
	60-64	31 (13.5%)	103 (44.8%)	94 (36.5%)	5 (2.2%)	7 (3.0%)	65 (28.3%)	131 (57.0%)	25 (10.9%)	6 (2.6%)	3 (1.3%)	38 (16.5%)	100 (43.5%)	78 (33.9%)	6 (2.6%)	8 (3.5%)
	65-69	28 (14.7%)	96 (50.5%)	52 (27.4%)	6 (3.2%)	8 (4.2%)	56 (29.5%)	110 (57.9%)	18 (9.5%)	3 (1.6%)	3 (1.6%)	31 (16.3%)	102 (53.7%)	44 (23.2%)	10 (5.3%)	3 (1.6%)
	70-74	57 (26.5%)	91 (42.3%)	55 (25.6%)	10 (4.7%)	2 (0.9%)	93 (43.3%)	104 (48.4%)	12 (5.6%)	4 (1.9%)	2 (0.9%)	64 (29.8%)	86 (40.0%)	53 (24.7%)	8 (3.7%)	4 (1.9%)
	75-79	16 (17.4%)	44 (47.8%)	25 (27.2%)	4 (4.3%)	3 (3.3%)	35 (38.0%)	42 (45.7%)	11 (12.0%)	2 (2.2%)	2 (2.2%)	25 (27.2%)	36 (39.1%)	25 (27.2%)	5 (5.4%)	1 (1.1%)
	80-	12 (24.5%)	27 (55.1%)	6 (12.2%)	1 (2.0%)	3 (6.1%)	23 (46.9%)	23 (46.9%)	2 (4.1%)	0 (0.0%)	1 (2.0%)	14 (28.6%)	23 (46.9%)	8 (16.3%)	1 (2.0%)	3 (6.1%)
合計	190 (15.5%)	575 (44.7%)	429 (33.4%)	50 (3.9%)	52 (2.5%)	393 (29.8%)	721 (56.1%)	145 (11.3%)	12 (0.9%)	12 (0.9%)	244 (19.0%)	592 (46.1%)	373 (29.0%)	47 (3.7%)	29 (2.3%)	
女性	-39	33 (12.5%)	121 (45.8%)	93 (35.2%)	15 (0.8%)	2 (0.8%)	68 (25.8%)	173 (65.2%)	21 (8.0%)	2 (0.8%)	0 (0.0%)	53 (20.1%)	142 (53.8%)	64 (24.2%)	3 (1.1%)	2 (0.8%)
	40-44	8 (6.9%)	62 (53.4%)	35 (30.2%)	7 (6.0%)	4 (3.4%)	32 (27.6%)	70 (60.3%)	11 (9.5%)	3 (2.6%)	0 (0.0%)	16 (13.8%)	63 (54.3%)	29 (25.0%)	5 (4.3%)	3 (2.6%)
	45-49	9 (7.0%)	66 (51.6%)	43 (33.6%)	6 (4.7%)	4 (3.1%)	31 (24.2%)	86 (67.2%)	9 (7.0%)	2 (1.6%)	0 (0.0%)	15 (11.8%)	67 (52.8%)	39 (30.7%)	3 (2.4%)	3 (2.4%)
	50-54	15 (10.1%)	74 (49.7%)	51 (34.2%)	6 (4.0%)	3 (2.0%)	43 (28.9%)	94 (63.1%)	10 (6.7%)	2 (1.3%)	0 (0.0%)	17 (11.4%)	82 (55.0%)	42 (28.2%)	6 (4.0%)	2 (1.3%)
	55-59	25 (12.4%)	85 (42.1%)	78 (38.6%)	8 (4.0%)	6 (3.0%)	72 (35.6%)	105 (52.0%)	20 (9.9%)	1 (0.5%)	4 (2.0%)	39 (19.3%)	87 (43.1%)	63 (31.2%)	9 (4.5%)	4 (2.0%)
	60-64	53 (15.6%)	160 (47.2%)	102 (30.1%)	16 (4.7%)	8 (2.4%)	138 (40.7%)	166 (49.0%)	23 (6.8%)	5 (1.5%)	7 (2.1%)	62 (18.3%)	157 (46.3%)	97 (28.6%)	13 (3.8%)	10 (2.9%)
	65-69	50 (18.5%)	123 (45.6%)	84 (31.1%)	6 (2.2%)	7 (2.6%)	104 (38.5%)	141 (52.2%)	16 (5.9%)	5 (1.9%)	4 (1.5%)	58 (21.5%)	100 (48.1%)	70 (25.9%)	4 (1.5%)	9 (3.0%)
	70-74	56 (22.6%)	107 (43.1%)	67 (27.0%)	13 (5.2%)	5 (2.0%)	127 (51.2%)	101 (40.7%)	12 (4.8%)	1 (0.4%)	7 (2.8%)	66 (26.6%)	110 (44.4%)	58 (23.4%)	10 (4.0%)	4 (1.6%)
	75-79	29 (26.9%)	47 (43.5%)	23 (21.3%)	4 (3.7%)	5 (4.6%)	57 (52.8%)	46 (42.6%)	2 (1.9%)	1 (1.9%)	1 (0.9%)	26 (24.1%)	51 (47.2%)	23 (21.3%)	3 (2.8%)	5 (4.6%)
	80-	12 (22.8%)	29 (54.7%)	9 (17.0%)	3 (5.7%)	0 (0.0%)	25 (46.3%)	27 (50.0%)	1 (1.9%)	1 (1.9%)	0 (0.0%)	12 (22.2%)	23 (42.6%)	18 (33.3%)	0 (0.0%)	1 (1.9%)
合計	290 (15.5%)	874 (46.6%)	585 (31.2%)	84 (4.5%)	44 (2.3%)	697 (37.1%)	1009 (53.7%)	125 (6.7%)	24 (1.3%)	23 (1.2%)	364 (19.4%)	912 (48.6%)	503 (26.8%)	56 (3.0%)	42 (2.2%)	
合計	-39	47 (11.7%)	183 (45.5%)	146 (36.3%)	20 (5.0%)	6 (1.5%)	102 (25.4%)	252 (62.7%)	45 (11.2%)	3 (0.7%)	0 (0.0%)	74 (18.4%)	213 (53.0%)	102 (25.4%)	8 (2.0%)	5 (1.2%)
	40-44	21 (10.3%)	93 (45.8%)	74 (36.5%)	9 (4.4%)	6 (3.0%)	51 (25.1%)	122 (60.1%)	25 (12.3%)	5 (2.5%)	0 (0.0%)	29 (14.3%)	101 (49.8%)	60 (29.6%)	8 (3.9%)	5 (2.5%)
	45-49	15 (7.5%)	102 (50.7%)	72 (35.8%)	8 (4.0%)	4 (2.0%)	47 (23.4%)	131 (65.2%)	21 (10.4%)	2 (1.0%)	0 (0.0%)	26 (13.0%)	108 (54.0%)	59 (29.5%)	3 (1.5%)	4 (2.0%)
	50-54	21 (9.0%)	111 (47.4%)	84 (35.9%)	13 (5.6%)	5 (2.1%)	54 (23.1%)	158 (67.5%)	18 (7.7%)	3 (1.3%)	1 (0.4%)	23 (9.8%)	125 (53.4%)	73 (31.2%)	7 (3.0%)	6 (2.6%)
	55-59	41 (12.5%)	133 (40.5%)	131 (39.9%)	16 (4.9%)	7 (2.1%)	103 (31.4%)	176 (53.7%)	39 (11.9%)	6 (1.8%)	4 (1.2%)	60 (18.3%)	139 (42.4%)	108 (32.9%)	17 (5.2%)	4 (1.2%)
	60-64	84 (14.8%)	263 (46.2%)	186 (32.7%)	21 (3.7%)	15 (2.6%)	203 (35.7%)	297 (52.2%)	48 (8.4%)	11 (1.9%)	10 (1.8%)	100 (17.6%)	257 (45.2%)	175 (30.8%)	19 (3.3%)	18 (3.2%)
	65-69	78 (17.0%)	219 (47.6%)	136 (29.6%)	12 (2.6%)	15 (3.3%)	160 (34.8%)	251 (54.6%)	34 (7.4%)	8 (1.7%)	7 (1.5%)	89 (19.3%)	232 (50.4%)	114 (24.8%)	14 (3.0%)	11 (2.4%)
	70-74	113 (24.4%)	198 (42.8%)	122 (26.3%)	23 (5.0%)	7 (1.5%)	220 (47.5%)	205 (44.3%)	24 (5.2%)	5 (1.1%)	9 (1.9%)	130 (28.1%)	196 (42.3%)	111 (24.0%)	18 (3.9%)	8 (1.7%)
	75-79	45 (22.5%)	91 (45.5%)	48 (24.0%)	8 (4.0%)	8 (4.0%)	92 (46.0%)	88 (44.0%)	13 (6.5%)	4 (2.0%)	3 (1.5%)	51 (25.5%)	87 (43.5%)	48 (24.0%)	8 (4.0%)	6 (3.0%)
	80-	24 (23.5%)	56 (54.9%)	15 (14.7%)	4 (3.9%)	3 (2.9%)	48 (46.6%)	50 (48.5%)	3 (2.9%)	1 (1.0%)	1 (1.0%)	26 (25.2%)	46 (44.7%)	26 (25.2%)	1 (1.0%)	3 (3.9%)
合計	489 (15.5%)	1449 (45.8%)	1014 (32.1%)	134 (4.2%)	76 (2.4%)	1050 (34.1%)	1730 (54.7%)	270 (8.5%)	48 (1.5%)	35 (1.1%)	608 (19.2%)	1504 (47.6%)	876 (27.7%)	103 (3.3%)	71 (2.2%)	

【7】現在の活動状況についておたずねします。

(1) そうじをしたり、重いものを持ち上げたりするなど、
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす
時間は1日平均してどれくらいですか。

		(1) 体を使うような仕事					(2) 外出時間					(3) 歩く時間			(4) 座ったり寝転んだりして過ごす時間		
		ほぼ毎日	週3	週1	月1	ほとんど しない	ほぼ毎日	週3	週1	月1	ほとんど しない	1時間以上	30分～ 1時間	30分以下	6時間以上	3-6時間	3時間以下
男性	-39	89 (64.0%)	14 (10.1%)	14 (10.1%)	4 (2.9%)	18 (12.9%)	113 (81.3%)	9 (6.5%)	4 (2.9%)	4 (2.9%)	9 (6.5%)	76 (55.1%)	32 (23.2%)	30 (21.7%)	20 (14.5%)	32 (23.2%)	86 (62.3%)
	40-44	53 (60.9%)	13 (14.9%)	9 (10.3%)	0 (0.0%)	12 (13.8%)	73 (83.9%)	8 (9.2%)	3 (3.4%)	0 (0.0%)	3 (3.4%)	41 (47.7%)	22 (25.6%)	23 (26.7%)	10 (11.5%)	28 (32.2%)	49 (56.3%)
	45-49	46 (63.0%)	13 (17.8%)	5 (6.8%)	1 (1.4%)	8 (11.0%)	59 (79.7%)	9 (12.2%)	3 (4.1%)	0 (0.0%)	0 (0.0%)	46 (62.2%)	15 (20.3%)	13 (17.6%)	6 (8.1%)	24 (32.4%)	44 (59.5%)
	50-54	53 (62.4%)	13 (15.3%)	8 (9.4%)	1 (1.2%)	10 (11.8%)	68 (80.0%)	15 (17.6%)	2 (2.4%)	0 (0.0%)	0 (0.0%)	36 (42.4%)	29 (34.1%)	20 (23.5%)	7 (8.2%)	23 (27.1%)	55 (64.7%)
	55-59	82 (64.6%)	15 (11.8%)	15 (11.8%)	4 (3.1%)	11 (8.7%)	104 (81.9%)	14 (11.0%)	5 (3.9%)	3 (2.4%)	1 (0.8%)	67 (53.2%)	31 (24.6%)	28 (22.2%)	9 (7.1%)	32 (25.2%)	86 (67.7%)
	60-64	146 (63.5%)	38 (16.5%)	26 (11.3%)	8 (3.5%)	12 (5.2%)	178 (77.4%)	36 (15.7%)	13 (5.7%)	2 (0.9%)	1 (0.4%)	118 (51.3%)	59 (25.7%)	53 (23.0%)	8 (3.5%)	50 (21.9%)	170 (74.6%)
	65-69	131 (68.6%)	32 (16.8%)	15 (7.9%)	5 (2.6%)	8 (4.2%)	145 (75.9%)	33 (17.3%)	9 (4.7%)	2 (1.0%)	2 (1.0%)	101 (52.9%)	66 (34.6%)	24 (12.6%)	8 (4.2%)	52 (27.4%)	130 (68.4%)
	70-74	138 (64.8%)	39 (18.3%)	15 (7.0%)	6 (2.8%)	15 (7.0%)	138 (64.2%)	51 (23.7%)	23 (10.7%)	2 (0.9%)	1 (0.5%)	114 (53.0%)	63 (29.3%)	38 (17.7%)	13 (6.1%)	45 (21.0%)	156 (72.9%)
	75-79	56 (60.9%)	13 (14.1%)	12 (13.0%)	1 (1.1%)	10 (10.9%)	64 (69.6%)	21 (22.8%)	5 (5.4%)	1 (1.1%)	1 (1.1%)	45 (48.9%)	29 (31.5%)	18 (19.6%)	4 (4.4%)	12 (24.4%)	64 (71.1%)
	80-	22 (44.9%)	6 (12.2%)	9 (18.4%)	2 (4.1%)	10 (20.4%)	26 (54.2%)	12 (25.0%)	5 (10.4%)	2 (4.2%)	3 (6.3%)	17 (34.7%)	20 (40.8%)	12 (24.5%)	5 (12.2%)	12 (24.5%)	31 (63.3%)
合計	816 (63.5%)	196 (15.2%)	128 (10.0%)	32 (2.5%)	114 (8.9%)	968 (75.2%)	208 (16.1%)	72 (5.6%)	19 (1.5%)	21 (1.6%)	661 (51.4%)	366 (28.5%)	259 (20.1%)	91 (7.1%)	320 (25.0%)	871 (67.9%)	
女性	-39	180 (68.2%)	40 (15.2%)	30 (11.4%)	3 (1.1%)	11 (4.2%)	179 (67.8%)	56 (21.2%)	19 (7.2%)	4 (1.5%)	6 (2.3%)	107 (40.5%)	81 (30.7%)	76 (28.8%)	30 (11.5%)	97 (37.0%)	135 (51.6%)
	40-44	92 (79.3%)	14 (12.1%)	7 (6.0%)	1 (0.9%)	2 (1.7%)	88 (75.9%)	18 (15.5%)	6 (5.2%)	2 (1.7%)	2 (1.7%)	54 (47.0%)	24 (20.9%)	37 (32.2%)	6 (5.2%)	35 (30.4%)	74 (64.3%)
	45-49	100 (78.1%)	17 (13.3%)	7 (5.5%)	0 (0.0%)	4 (3.1%)	93 (72.7%)	21 (16.4%)	13 (10.2%)	0 (0.0%)	1 (0.8%)	58 (45.7%)	26 (20.5%)	43 (33.9%)	14 (10.9%)	48 (37.5%)	66 (51.6%)
	50-54	114 (76.5%)	22 (14.8%)	6 (4.0%)	2 (1.3%)	5 (3.4%)	82 (55.0%)	44 (29.5%)	21 (14.1%)	0 (0.0%)	2 (1.3%)	66 (44.3%)	37 (24.8%)	46 (30.9%)	16 (10.7%)	48 (32.2%)	85 (57.0%)
	55-59	166 (81.0%)	22 (10.7%)	7 (3.4%)	1 (0.5%)	9 (4.4%)	116 (56.6%)	47 (22.9%)	38 (18.5%)	2 (1.0%)	2 (1.0%)	93 (45.6%)	64 (31.4%)	47 (23.0%)	13 (6.3%)	59 (28.8%)	133 (64.9%)
	60-64	273 (80.5%)	39 (11.5%)	14 (4.1%)	1 (0.3%)	12 (3.5%)	176 (51.9%)	101 (29.8%)	54 (15.9%)	3 (0.9%)	5 (1.5%)	143 (42.2%)	115 (33.9%)	81 (23.9%)	16 (4.7%)	88 (26.1%)	233 (69.1%)
	65-69	220 (81.5%)	28 (10.4%)	12 (4.4%)	2 (0.7%)	8 (3.0%)	140 (52.0%)	81 (30.1%)	38 (14.1%)	7 (2.6%)	3 (1.1%)	133 (49.6%)	91 (34.0%)	44 (16.4%)	11 (4.1%)	77 (28.6%)	181 (67.3%)
	70-74	205 (82.7%)	24 (9.7%)	11 (4.4%)	0 (0.0%)	8 (3.2%)	133 (53.8%)	73 (29.6%)	33 (13.4%)	4 (1.6%)	4 (1.6%)	100 (40.7%)	91 (37.0%)	55 (22.4%)	12 (4.9%)	57 (23.2%)	177 (72.0%)
	75-79	80 (74.8%)	16 (15.0%)	5 (4.7%)	0 (0.0%)	6 (5.6%)	58 (53.7%)	28 (25.9%)	19 (17.6%)	3 (2.8%)	0 (0.0%)	36 (33.3%)	39 (36.1%)	33 (30.6%)	12 (11.2%)	25 (23.4%)	70 (65.4%)
	80-	34 (63.0%)	9 (16.7%)	4 (7.4%)	1 (1.9%)	6 (11.1%)	19 (35.2%)	14 (25.9%)	12 (22.2%)	3 (5.6%)	6 (11.1%)	22 (40.7%)	14 (25.9%)	18 (33.3%)	8 (14.8%)	16 (29.6%)	30 (55.6%)
合計	1464 (77.9%)	231 (12.3%)	103 (5.5%)	11 (0.6%)	71 (3.8%)	1084 (57.7%)	483 (25.7%)	253 (13.5%)	28 (1.5%)	31 (1.6%)	812 (43.3%)	582 (31.1%)	480 (25.6%)	138 (7.4%)	550 (29.4%)	1184 (63.2%)	
合計	-39	269 (66.7%)	54 (13.4%)	44 (10.9%)	7 (1.7%)	29 (7.2%)	292 (72.5%)	65 (16.1%)	23 (5.7%)	8 (2.0%)	15 (3.7%)	183 (45.5%)	113 (28.1%)	106 (26.4%)	50 (12.5%)	129 (32.3%)	221 (55.3%)
	40-44	145 (71.4%)	27 (13.3%)	16 (7.9%)	1 (0.5%)	14 (6.9%)	161 (79.3%)	26 (12.8%)	9 (4.4%)	2 (1.0%)	5 (2.5%)	95 (47.3%)	46 (22.9%)	60 (29.9%)	16 (7.9%)	63 (31.2%)	123 (60.9%)
	45-49	146 (72.6%)	30 (14.9%)	12 (6.0%)	1 (0.5%)	12 (6.0%)	152 (75.2%)	30 (14.9%)	16 (7.9%)	3 (1.5%)	1 (0.5%)	104 (51.7%)	41 (20.4%)	56 (27.9%)	20 (9.9%)	72 (35.6%)	110 (54.5%)
	50-54	167 (71.4%)	35 (15.0%)	14 (6.0%)	3 (1.3%)	15 (6.4%)	150 (64.1%)	59 (25.2%)	23 (9.8%)	0 (0.0%)	2 (0.9%)	102 (43.6%)	66 (28.2%)	66 (28.2%)	23 (9.8%)	71 (30.3%)	140 (59.8%)
	55-59	248 (74.7%)	37 (11.1%)	22 (6.6%)	5 (1.5%)	20 (6.0%)	220 (66.3%)	61 (18.4%)	43 (13.0%)	5 (1.5%)	3 (0.9%)	160 (48.5%)	95 (28.8%)	75 (22.7%)	22 (6.6%)	91 (27.4%)	219 (66.0%)
	60-64	419 (73.6%)	77 (13.5%)	40 (7.0%)	9 (1.6%)	24 (4.2%)	354 (62.2%)	137 (24.1%)	67 (11.8%)	5 (0.9%)	6 (1.1%)	261 (45.9%)	174 (30.6%)	134 (23.6%)	24 (4.2%)	138 (24.4%)	403 (71.3%)
	65-69	351 (76.1%)	60 (13.0%)	27 (5.9%)	7 (1.5%)	16 (3.5%)	285 (62.0%)	114 (24.8%)	47 (10.2%)	9 (2.0%)	5 (1.1%)	234 (51.0%)	157 (34.2%)	68 (14.8%)	19 (4.1%)	129 (28.1%)	311 (67.8%)
	70-74	343 (74.4%)	63 (13.7%)	26 (5.6%)	6 (1.3%)	23 (5.0%)	271 (58.7%)	124 (26.8%)	56 (12.1%)	6 (1.3%)	5 (1.1%)	214 (46.4%)	154 (33.4%)	93 (20.2%)	25 (5.4%)	102 (22.2%)	333 (72.4%)
	75-79	136 (68.3%)	29 (14.6%)	17 (8.5%)	1 (0.5%)	16 (8.0%)	122 (61.0%)	49 (24.5%)	24 (12.0%)	4 (2.0%)	1 (0.5%)	81 (40.5%)	68 (34.0%)	51 (25.5%)	16 (8.1%)	47 (23.9%)	134 (68.0%)
	80-	56 (54.4%)	15 (14.6%)	13 (12.6%)	3 (2.9%)	16 (15.5%)	45 (44.1%)	26 (25.5%)	17 (16.7%)	5 (4.9%)	9 (8.8%)	39 (37.9%)	34 (33.0%)	30 (29.1%)	14 (13.6%)	28 (27.2%)	61 (59.2%)
合計	2280 (72.0%)	427 (13.5%)	231 (7.3%)	43 (1.4%)	185 (5.8%)	2052 (64.8%)	691 (21.8%)	325 (10.3%)	47 (1.5%)	52 (1.6%)	1473 (46.6%)	948 (30.0%)	739 (23.4%)	229 (7.3%)	870 (27.6%)	2055 (65.2%)	