

【6】人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は何人いますか。

3) 個人的なことで、気兼ねなく話せる親戚や兄弟は何人いますか。

4) 個人的なことで、気兼ねなく話せる友人は何人いますか。

	1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は何人いますか。						2) 月に1回以上、会ったり連絡をとりあう友人は何人いますか。						3) 個人的なことで、気兼ねなく話せる親戚や兄弟は何人いますか。						4) 個人的なことで、気兼ねなく話せる友人は何人いますか。						
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	
男性	-39	47	81	81	89	48	20	63	70	68	93	40	31	88	107	85	55	21	8	72	81	85	81	26	21
		(12.8%)	(22.1%)	(22.1%)	(24.3%)	(13.1%)	(5.5%)	(17.3%)	(19.2%)	(18.6%)	(25.5%)	(11.0%)	(8.5%)	(24.2%)	(29.4%)	(23.4%)	(15.1%)	(5.8%)	(2.2%)	(19.7%)	(22.1%)	(23.2%)	(22.1%)	(7.1%)	(5.7%)
	40-44	32	50	58	53	21	13	45	42	51	45	24	20	48	65	67	32	5	9	45	59	61	36	13	13
		(14.1%)	(22.0%)	(25.6%)	(23.3%)	(9.3%)	(5.7%)	(19.8%)	(18.5%)	(22.5%)	(19.8%)	(10.6%)	(8.8%)	(21.2%)	(28.8%)	(29.6%)	(14.2%)	(2.2%)	(4.0%)	(19.8%)	(26.0%)	(26.9%)	(15.9%)	(5.7%)	(5.7%)
	45-49	24	32	40	54	20	19	38	30	50	42	13	15	38	45	53	33	11	7	48	48	43	32	10	6
		(12.7%)	(16.9%)	(21.2%)	(28.6%)	(10.6%)	(10.1%)	(20.2%)	(16.0%)	(26.6%)	(22.3%)	(6.9%)	(8.0%)	(20.3%)	(24.1%)	(28.3%)	(17.6%)	(5.9%)	(3.7%)	(25.7%)	(25.7%)	(23.0%)	(17.1%)	(5.3%)	(3.2%)
	50-54	31	41	45	64	25	18	56	33	57	40	19	19	44	53	55	49	18	6	66	53	46	43	9	8
		(13.8%)	(18.3%)	(20.1%)	(28.6%)	(11.2%)	(8.0%)	(25.0%)	(14.7%)	(25.4%)	(17.9%)	(8.5%)	(8.5%)	(19.6%)	(23.6%)	(24.4%)	(21.8%)	(8.0%)	(2.7%)	(29.3%)	(23.6%)	(20.4%)	(19.1%)	(4.0%)	(3.6%)
	55-59	22	62	80	96	42	26	69	63	75	68	27	25	63	68	98	58	27	13	96	76	72	52	17	13
		(6.7%)	(18.9%)	(24.4%)	(29.3%)	(12.8%)	(7.9%)	(21.1%)	(19.3%)	(22.9%)	(20.8%)	(8.3%)	(7.6%)	(19.3%)	(20.8%)	(30.0%)	(17.7%)	(8.3%)	(4.0%)	(29.4%)	(23.3%)	(22.1%)	(16.0%)	(5.2%)	(4.0%)
	60-64	36	95	129	179	119	56	102	121	147	119	72	51	71	131	154	153	74	29	135	149	149	116	44	17
		(5.9%)	(15.5%)	(21.0%)	(29.2%)	(19.4%)	(9.1%)	(16.7%)	(19.8%)	(24.0%)	(19.4%)	(11.8%)	(8.3%)	(11.6%)	(21.4%)	(25.2%)	(25.0%)	(12.1%)	(4.7%)	(22.1%)	(24.4%)	(24.4%)	(19.0%)	(7.2%)	(2.8%)
	65-69	40	77	116	195	116	70	77	115	134	144	75	68	70	106	152	168	78	41	121	138	160	121	43	34
(6.5%)		(12.5%)	(18.9%)	(31.8%)	(18.9%)	(11.4%)	(12.6%)	(18.8%)	(21.9%)	(23.5%)	(12.2%)	(11.1%)	(11.4%)	(17.2%)	(24.7%)	(27.3%)	(12.7%)	(6.7%)	(19.6%)	(22.4%)	(25.9%)	(19.6%)	(7.0%)	(5.5%)	
70-74	37	98	140	211	144	76	96	129	153	151	112	59	53	120	181	183	117	49	141	153	198	118	55	37	
	(5.2%)	(13.9%)	(19.8%)	(29.9%)	(20.4%)	(10.8%)	(14.1%)	(18.3%)	(21.8%)	(21.5%)	(15.9%)	(8.4%)	(7.5%)	(17.1%)	(25.7%)	(26.0%)	(16.8%)	(7.0%)	(20.1%)	(21.8%)	(28.2%)	(16.8%)	(7.8%)	(5.3%)	
75-79	31	67	101	135	90	55	83	80	108	107	51	50	37	84	121	125	76	36	112	98	110	81	46	31	
	(6.5%)	(14.0%)	(21.1%)	(28.2%)	(18.8%)	(11.5%)	(17.3%)	(16.7%)	(22.5%)	(22.3%)	(10.6%)	(10.4%)	(7.7%)	(17.5%)	(25.3%)	(26.1%)	(15.9%)	(7.5%)	(23.4%)	(20.5%)	(23.0%)	(16.9%)	(9.6%)	(6.5%)	
80-	26	31	68	90	54	30	73	57	61	59	29	17	23	53	65	90	50	17	84	69	70	41	24	7	
	(8.7%)	(10.4%)	(22.7%)	(30.1%)	(18.1%)	(10.0%)	(24.7%)	(19.3%)	(20.6%)	(19.9%)	(9.8%)	(5.7%)	(7.7%)	(17.8%)	(21.8%)	(30.2%)	(16.8%)	(5.7%)	(28.5%)	(23.4%)	(23.7%)	(13.9%)	(8.1%)	(2.4%)	
合計	326	634	858	1166	679	383	705	740	904	868	462	355	535	832	1031	946	477	215	920	924	994	721	287	187	
	(8.1%)	(15.7%)	(21.2%)	(28.8%)	(16.8%)	(9.5%)	(17.5%)	(18.3%)	(22.4%)	(21.5%)	(11.5%)	(8.8%)	(13.3%)	(20.6%)	(25.5%)	(23.4%)	(11.8%)	(5.3%)	(22.8%)	(22.9%)	(24.6%)	(17.9%)	(7.1%)	(4.6%)	
女性	-39	54	138	191	223	84	34	91	149	182	193	72	35	115	192	208	157	39	13	91	174	196	200	42	18
		(7.5%)	(19.1%)	(26.4%)	(30.8%)	(11.6%)	(4.7%)	(12.6%)	(20.6%)	(25.2%)	(26.7%)	(10.0%)	(4.8%)	(15.9%)	(26.5%)	(28.7%)	(21.7%)	(5.4%)	(1.8%)	(12.6%)	(24.1%)	(27.2%)	(27.7%)	(5.8%)	(2.5%)
	40-44	32	63	93	119	41	17	42	73	90	99	43	16	53	102	95	89	19	7	45	81	112	88	28	11
		(8.8%)	(17.3%)	(25.5%)	(32.6%)	(11.2%)	(4.7%)	(11.6%)	(20.1%)	(24.8%)	(27.3%)	(11.8%)	(4.4%)	(14.5%)	(27.9%)	(26.0%)	(24.4%)	(5.2%)	(1.9%)	(12.3%)	(22.2%)	(30.7%)	(24.1%)	(7.7%)	(3.0%)
	45-49	22	75	74	136	47	15	53	71	97	97	40	11	56	94	99	96	16	6	61	85	97	101	17	7
		(6.0%)	(20.3%)	(20.1%)	(36.9%)	(12.7%)	(4.1%)	(14.4%)	(19.2%)	(26.3%)	(26.3%)	(10.8%)	(3.0%)	(15.3%)	(25.0%)	(27.0%)	(26.2%)	(4.4%)	(1.6%)	(16.6%)	(23.1%)	(26.4%)	(27.4%)	(4.6%)	(1.9%)
	50-54	23	79	71	148	61	19	72	94	95	50	19	9	109	113	112	112	36	4	89	101	102	99	24	5
		(5.5%)	(17.8%)	(17.1%)	(35.7%)	(19.5%)	(4.6%)	(17.4%)	(22.7%)	(22.9%)	(21.7%)	(12.1%)	(3.1%)	(12.0%)	(24.1%)	(27.2%)	(27.0%)	(8.7%)	(1.0%)	(21.7%)	(24.6%)	(24.8%)	(21.9%)	(5.8%)	(1.2%)
	55-59	18	73	137	236	113	42	98	140	144	142	62	35	50	148	185	171	45	23	139	178	163	100	26	16
		(2.9%)	(11.8%)	(22.1%)	(38.1%)	(18.3%)	(6.8%)	(15.8%)	(22.5%)	(23.2%)	(22.9%)	(10.0%)	(5.6%)	(8.0%)	(23.8%)	(29.7%)	(27.5%)	(7.2%)	(3.7%)	(22.3%)	(28.6%)	(26.2%)	(16.1%)	(4.2%)	(2.6%)
	60-64	40	130	197	342	261	84	144	174	257	285	130	61	82	204	289	313	127	40	194	291	284	207	59	18
		(3.8%)	(12.3%)	(18.7%)	(32.4%)	(24.8%)	(8.0%)	(13.7%)	(16.6%)	(24.5%)	(27.1%)	(12.4%)	(5.8%)	(7.8%)	(19.3%)	(27.4%)	(29.7%)	(12.0%)	(3.8%)	(18.4%)	(27.6%)	(27.0%)	(19.7%)	(5.6%)	(1.7%)
	65-69	27	84	180	304	204	88	98	131	226	238	118	70	53	174	247	247	124	44	177	224	230	172	64	19
(3.0%)		(9.5%)	(20.3%)	(34.3%)	(23.0%)	(9.9%)	(11.1%)	(14.9%)	(25.7%)	(27.0%)	(13.4%)	(7.9%)	(6.0%)	(19.6%)	(27.8%)	(27.8%)	(13.9%)	(4.9%)	(20.0%)	(25.3%)	(26.0%)	(19.4%)	(7.2%)	(2.1%)	
70-74	37	103	197	284	213	95	94	144	249	240	125	74	63	159	241	256	151	58	145	257	262	171	62	28	
	(4.0%)	(11.1%)	(21.2%)	(30.6%)	(22.9%)	(10.2%)	(10.2%)	(15.6%)	(26.9%)	(25.9%)	(13.5%)	(8.0%)	(6.8%)	(17.1%)	(26.0%)	(27.6%)	(16.3%)	(6.3%)	(15.7%)	(27.8%)	(28.3%)	(18.5%)	(6.7%)	(3.0%)	
75-79	24	58	125	189	144	52	63	96	148	154	94	35	33	83	170	170	109	28	88	146	181	111	50	14	
	(4.1%)	(9.8%)	(21.1%)	(31.9%)	(24.3%)	(8.8%)	(10.7%)	(16.3%)	(25.1%)	(26.1%)	(15.9%)	(5.9%)	(5.6%)	(14.0%)	(28.7%)	(28.7%)	(18.4%)	(4.7%)	(14.9%)	(24.7%)	(30.7%)	(18.8%)	(8.5%)	(2.4%)	
80-	16	51	85	119	76	29	53	74	93	88	42	27	22	63	111	101	61	17	80	90	98	64	26	12	
	(4.3%)	(13.6%)	(22.6%)	(31.6%)	(20.2%)	(7.7%)	(14.1%)	(19.8%)	(24.7%)	(23.3%)	(11.1%)	(7.2%)	(5.9%)	(16.8%)	(29.6%)	(26.9%)	(16.3%)	(4.5%)	(21.6%)	(24.3%)	(26.5%)	(17.3%)	(7.0%)	(3.2%)	
合計	293	848	1350	2100	1264	475	808	1146	1581	1628	776	377	577	1319	1758	1712	727	240	1109	1627	1725	1304	398	148	
	(4.6%)	(13.4%)	(21.3%)	(33.2%)	(20.0%)	(7.5%)	(12.8%)	(18.2%)	(25.0%)	(25.8%)	(12.3%)	(6.0%)	(9.1%)	(20.8%)	(27.6%)	(27.0%)	(11.5%)	(3.8%)	(17.8%)	(25.8%)	(27.3%)	(20.7%)	(6.3%)	(2.3%)	
合計	-39	101	219	272	312	154	54	154	219	250	286	112	66	203	299	293	212	60	21	163	255	281	281	68	39
		(9.3%)	(20.1%)	(25.0%)	(28.6%)	(12.1%)	(5.0%)	(14.2%)	(20.1%)	(23.0%)	(26.3%)	(10.3%)	(6.1%)	(18.7%)	(27.5%)	(26.9%)	(19.5%)	(5.5%)	(1.9%)	(15.0%)	(23.5%)	(25.9%)	(25.9%)	(6.3%)	(3.8%)
	40-44	64	113	151	172	62	30	87	115	141	144	67	36	101	167	162	121	24	16	90	140	173	124	41	24
		(10.8%)	(19.1%)	(25.8%)	(29.1%)	(10.5%)	(5.1%)	(14.7%)	(19.5%)	(23.9%)	(24.4%)	(11.4%)	(6.1%)	(17.1%)	(28.3%)	(27.4%)	(20.5%)	(4.1%)	(2.7%)	(15.2%)	(23.6%)	(28.2%)	(20.9%)	(6.9%)	(4.1%)
	45-49	46	107	114	190	67	34	91	101	147	139	53	26	94	139	152	129	27	13	109	133	140	133	27	13
		(8.2%)	(19.2%)	(20.4%)	(34.1%)	(12.0%)	(6.1%)	(16.3%)	(18.1%)	(26.4%)	(25.0%)	(9.5%)	(4.7%)	(17.0%)	(25.1%)	(27.4%)	(23.3%)	(4.9%)	(2.3%)	(19.6%)	(24.0%)	(25.2%)	(24.0%)	(4.9%)	(2.3%)
	50-54	54	114	116	212	106	37	128	127	152	130	69	32	94	153	168	161	54	10	155	154	148	133	33	13
		(8.5%)	(17.8%)	(18.2%)	(33.2%)	(16.8%)	(5.8%)	(20.1%)	(19.9%)	(23.8%)	(20.4%)	(10.8%)	(5.0%)	(14.7%)	(23.9%)	(26.3%)	(25.2%)	(8.4%)	(1.8%)	(24.4%)	(24.2%)	(23.3%)	(20.9%)	(5.2%)	(2.0%)
	55-59	40	135	217	332	155	68	167																	

## 5) 手助けを頼める親戚や兄弟は何人いますか。

## 6) 手助けを頼める友人は何人いますか。

## 7) まわりの人々はお互いに助け合っている。

	5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。					
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全くそう思わない	
男性	-39	59 (16.2%)	80 (21.9%)	82 (22.5%)	89 (24.4%)	37 (10.1%)	18 (4.9%)	72 (19.7%)	61 (16.7%)	89 (24.4%)	87 (23.8%)	26 (7.1%)	30 (8.2%)	73 (19.9%)	199 (54.4%)	78 (21.3%)	9 (2.5%)	7 (1.9%)
	40-44	29 (12.8%)	54 (23.8%)	70 (30.8%)	37 (16.3%)	22 (9.7%)	15 (6.6%)	49 (21.6%)	50 (22.0%)	56 (24.7%)	36 (15.9%)	16 (7.0%)	20 (8.8%)	27 (11.9%)	129 (56.8%)	59 (26.0%)	11 (4.8%)	1 (0.4%)
	45-49	19 (10.1%)	32 (16.9%)	50 (26.5%)	56 (29.6%)	18 (9.5%)	14 (7.4%)	49 (26.1%)	37 (19.7%)	49 (26.1%)	31 (16.5%)	11 (5.9%)	11 (5.9%)	28 (15.0%)	102 (54.5%)	51 (27.3%)	3 (1.6%)	3 (1.6%)
	50-54	21 (9.3%)	36 (16.0%)	57 (25.3%)	74 (32.9%)	23 (10.2%)	14 (6.2%)	59 (26.3%)	43 (19.2%)	46 (20.5%)	50 (22.3%)	18 (8.0%)	8 (3.6%)	27 (12.0%)	120 (53.3%)	61 (27.1%)	10 (4.4%)	7 (3.1%)
	55-59	39 (12.0%)	62 (19.0%)	82 (25.2%)	82 (25.2%)	45 (13.8%)	16 (4.9%)	91 (28.0%)	72 (22.2%)	64 (19.7%)	67 (20.8%)	17 (5.2%)	14 (4.3%)	41 (12.5%)	167 (51.1%)	92 (28.1%)	21 (6.4%)	6 (1.8%)
	60-64	45 (7.4%)	104 (17.0%)	137 (22.4%)	167 (27.3%)	120 (19.6%)	39 (6.4%)	129 (21.1%)	120 (19.6%)	152 (24.9%)	124 (20.3%)	62 (10.1%)	24 (3.9%)	113 (18.4%)	337 (54.9%)	137 (22.3%)	17 (2.8%)	10 (1.6%)
	65-69	53 (8.6%)	85 (13.8%)	130 (21.1%)	180 (29.2%)	117 (19.0%)	51 (8.3%)	125 (20.4%)	119 (19.4%)	156 (25.4%)	135 (22.0%)	48 (7.8%)	31 (5.0%)	120 (19.5%)	349 (56.7%)	122 (19.8%)	16 (2.6%)	9 (1.5%)
	70-74	45 (6.4%)	108 (15.3%)	168 (23.9%)	206 (29.3%)	109 (15.5%)	68 (9.7%)	164 (23.5%)	144 (20.7%)	164 (23.5%)	133 (19.1%)	57 (8.2%)	35 (5.0%)	180 (25.6%)	364 (51.7%)	124 (17.6%)	19 (2.7%)	17 (2.4%)
	75-79	34 (7.1%)	74 (15.4%)	113 (23.5%)	132 (27.5%)	85 (17.7%)	42 (8.8%)	120 (25.1%)	98 (20.5%)	131 (27.4%)	75 (15.7%)	31 (6.6%)	23 (4.8%)	132 (27.4%)	252 (52.3%)	76 (15.8%)	13 (2.7%)	9 (1.9%)
	80-	22 (7.4%)	43 (14.5%)	73 (24.7%)	92 (31.1%)	49 (16.6%)	17 (5.7%)	96 (32.7%)	58 (19.7%)	79 (26.9%)	38 (12.9%)	18 (6.1%)	5 (1.7%)	87 (29.1%)	163 (54.5%)	37 (12.4%)	8 (2.7%)	4 (1.3%)
合計	368 (9.1%)	678 (16.8%)	962 (23.8%)	1115 (27.6%)	625 (15.5%)	294 (7.3%)	954 (23.7%)	802 (19.9%)	986 (24.5%)	776 (19.3%)	304 (7.8%)	201 (5.0%)	828 (20.5%)	2182 (53.9%)	837 (20.7%)	127 (3.1%)	73 (1.8%)	
女性	-39	74 (10.2%)	119 (16.4%)	214 (29.6%)	202 (27.9%)	90 (12.4%)	25 (3.5%)	120 (16.6%)	153 (21.2%)	167 (25.9%)	185 (25.6%)	47 (6.5%)	31 (4.3%)	147 (20.3%)	442 (61.0%)	124 (17.1%)	11 (1.5%)	1 (0.1%)
	40-44	36 (9.9%)	76 (20.8%)	96 (26.3%)	106 (29.0%)	35 (9.6%)	16 (4.4%)	62 (17.1%)	74 (20.4%)	100 (27.5%)	83 (22.9%)	30 (8.3%)	14 (3.9%)	67 (18.4%)	212 (58.1%)	71 (19.5%)	13 (3.6%)	2 (0.5%)
	45-49	46 (12.5%)	54 (14.6%)	105 (28.5%)	113 (30.6%)	37 (10.0%)	14 (3.8%)	85 (23.2%)	71 (19.3%)	93 (25.3%)	92 (25.1%)	14 (3.8%)	12 (3.3%)	62 (16.8%)	230 (62.3%)	63 (17.1%)	11 (3.0%)	3 (0.8%)
	50-54	32 (7.7%)	76 (18.4%)	101 (24.4%)	138 (33.3%)	52 (12.6%)	15 (3.6%)	125 (30.2%)	88 (21.3%)	100 (24.2%)	70 (16.9%)	22 (5.3%)	9 (2.2%)	60 (14.4%)	259 (62.3%)	82 (19.7%)	12 (2.9%)	3 (0.7%)
	55-59	32 (5.2%)	120 (19.4%)	154 (24.8%)	181 (29.2%)	98 (15.8%)	35 (5.6%)	168 (27.1%)	173 (27.9%)	139 (22.5%)	102 (16.5%)	23 (3.7%)	14 (2.3%)	115 (18.6%)	356 (57.7%)	122 (19.8%)	18 (2.9%)	6 (1.0%)
	60-64	88 (8.4%)	147 (14.0%)	279 (26.5%)	302 (28.7%)	162 (15.4%)	75 (7.1%)	270 (25.8%)	258 (24.6%)	255 (24.3%)	190 (18.1%)	51 (4.9%)	24 (2.3%)	228 (21.5%)	582 (55.0%)	208 (19.6%)	19 (1.8%)	22 (2.1%)
	65-69	58 (6.5%)	145 (16.3%)	208 (23.4%)	261 (29.4%)	132 (14.9%)	84 (9.5%)	195 (22.1%)	234 (26.5%)	218 (24.7%)	159 (18.0%)	55 (6.2%)	22 (2.5%)	226 (25.5%)	495 (55.8%)	137 (15.4%)	14 (1.6%)	15 (1.7%)
	70-74	70 (7.5%)	144 (15.5%)	232 (25.0%)	248 (26.7%)	168 (18.1%)	66 (7.1%)	202 (22.0%)	211 (23.0%)	269 (29.3%)	143 (15.6%)	71 (7.7%)	23 (2.5%)	304 (32.8%)	448 (48.3%)	134 (14.4%)	22 (2.4%)	20 (2.2%)
	75-79	34 (5.8%)	92 (15.6%)	181 (30.6%)	153 (25.9%)	95 (16.1%)	36 (6.1%)	124 (21.1%)	151 (25.6%)	170 (28.9%)	84 (14.3%)	46 (7.8%)	14 (2.4%)	220 (37.0%)	276 (46.5%)	75 (12.6%)	10 (1.7%)	13 (2.2%)
	80-	26 (6.9%)	72 (19.2%)	90 (24.0%)	103 (27.5%)	58 (15.5%)	26 (6.9%)	101 (27.1%)	101 (27.1%)	86 (23.1%)	56 (15.0%)	23 (6.2%)	6 (1.6%)	147 (39.1%)	167 (44.4%)	46 (12.2%)	12 (3.2%)	4 (1.1%)
合計	496 (7.8%)	1045 (16.5%)	1660 (26.2%)	1807 (28.6%)	927 (14.7%)	392 (6.2%)	1452 (23.1%)	1514 (24.0%)	1617 (25.7%)	1164 (18.5%)	382 (6.1%)	169 (2.7%)	1576 (24.9%)	3467 (54.7%)	1062 (16.8%)	142 (2.2%)	89 (1.4%)	
合計	-39	133 (12.2%)	199 (18.3%)	296 (27.2%)	291 (26.7%)	127 (11.7%)	43 (3.9%)	192 (17.6%)	214 (19.7%)	276 (25.4%)	272 (25.0%)	73 (6.7%)	61 (5.6%)	220 (20.2%)	641 (58.8%)	202 (18.5%)	20 (1.8%)	8 (0.7%)
	40-44	65 (11.0%)	130 (22.0%)	166 (28.0%)	143 (24.2%)	57 (9.6%)	31 (5.2%)	111 (18.8%)	124 (21.0%)	156 (26.4%)	119 (20.2%)	46 (7.8%)	34 (5.8%)	94 (15.9%)	341 (57.6%)	130 (22.0%)	24 (4.1%)	3 (0.5%)
	45-49	65 (11.6%)	86 (15.4%)	155 (27.8%)	169 (30.3%)	55 (9.9%)	28 (5.0%)	134 (24.1%)	108 (19.5%)	142 (25.6%)	123 (22.2%)	25 (4.5%)	23 (4.1%)	90 (16.2%)	332 (59.7%)	114 (20.5%)	14 (2.5%)	6 (1.1%)
	50-54	53 (8.3%)	112 (17.5%)	158 (24.7%)	212 (32.2%)	75 (11.7%)	29 (4.5%)	184 (28.8%)	131 (20.5%)	146 (22.9%)	120 (18.8%)	40 (6.3%)	17 (2.7%)	87 (13.6%)	379 (59.1%)	143 (22.3%)	22 (3.4%)	10 (1.6%)
	55-59	71 (7.5%)	182 (19.2%)	236 (24.9%)	263 (27.8%)	143 (15.1%)	51 (5.4%)	259 (27.4%)	245 (26.0%)	203 (21.5%)	169 (17.9%)	40 (4.2%)	28 (3.0%)	156 (16.5%)	523 (55.4%)	214 (22.7%)	39 (4.1%)	12 (1.3%)
	60-64	133 (8.0%)	251 (15.1%)	416 (25.0%)	469 (28.2%)	282 (16.9%)	114 (6.8%)	399 (24.1%)	378 (22.8%)	407 (24.5%)	314 (18.9%)	113 (6.8%)	48 (2.9%)	341 (20.4%)	919 (54.9%)	345 (20.6%)	36 (2.2%)	32 (1.9%)
	65-69	111 (7.4%)	230 (15.3%)	338 (22.5%)	441 (29.3%)	249 (16.6%)	135 (9.0%)	320 (21.4%)	353 (23.6%)	374 (25.0%)	294 (19.6%)	103 (6.9%)	53 (3.5%)	346 (23.0%)	844 (56.2%)	259 (17.2%)	30 (2.0%)	24 (1.6%)
	70-74	115 (7.0%)	252 (15.4%)	400 (24.5%)	454 (27.8%)	277 (17.0%)	134 (8.2%)	366 (22.6%)	355 (22.0%)	433 (26.8%)	276 (17.1%)	128 (7.9%)	58 (3.6%)	484 (29.7%)	812 (49.8%)	258 (15.8%)	41 (2.5%)	37 (2.3%)
	75-79	68 (6.3%)	166 (15.5%)	294 (27.5%)	285 (26.6%)	180 (16.8%)	78 (7.3%)	244 (22.9%)	249 (23.3%)	301 (28.2%)	159 (14.9%)	77 (7.2%)	37 (3.5%)	352 (32.7%)	528 (49.1%)	151 (14.0%)	23 (2.1%)	22 (2.0%)
	80-	48 (7.2%)	115 (17.1%)	163 (24.3%)	195 (29.1%)	107 (15.9%)	43 (6.4%)	197 (29.5%)	159 (23.8%)	165 (24.7%)	94 (14.1%)	41 (6.1%)	11 (1.6%)	234 (34.7%)	330 (48.9%)	83 (12.3%)	20 (3.0%)	8 (1.2%)
合計	862 (8.3%)	1723 (16.6%)	2622 (25.3%)	2922 (28.2%)	1552 (15.0%)	686 (6.6%)	2406 (23.3%)	2316 (22.4%)	2603 (25.2%)	1940 (18.8%)	686 (6.6%)	370 (3.6%)	2404 (23.2%)	5649 (54.4%)	1899 (18.3%)	269 (2.6%)	162 (1.6%)	

8) まわりの人々は信頼できる。

9) まわりの人々はお互いにあいさつをしている。

10) 何か問題が生じた場合、まわりの人々

力を合わせて解決しようとする。

	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く 思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く 思わない	強くそう思う	どちらかといえば そう思う	どちらとも いえない	どちらかといえば そう思わない	全く 思わない	
男性	-39	49 (13.4%)	177 (48.4%)	114 (31.1%)	13 (3.6%)	13 (3.6%)	101 (27.6%)	209 (57.1%)	52 (14.2%)	4 (1.1%)	0 (0.0%)	66 (18.0%)	178 (48.6%)	101 (27.6%)	16 (4.4%)	5 (1.4%)
	40-44	22 (9.7%)	96 (42.3%)	96 (42.3%)	9 (4.0%)	4 (1.8%)	47 (20.7%)	147 (64.8%)	30 (13.2%)	3 (1.3%)	0 (0.0%)	31 (13.7%)	108 (47.6%)	75 (33.0%)	11 (4.8%)	2 (0.9%)
	45-49	22 (11.8%)	83 (44.4%)	73 (39.0%)	8 (4.3%)	1 (0.5%)	46 (24.6%)	114 (61.0%)	26 (13.9%)	1 (0.5%)	0 (0.0%)	29 (15.5%)	99 (52.9%)	51 (27.3%)	7 (3.7%)	1 (0.5%)
	50-54	19 (8.4%)	112 (49.8%)	75 (33.3%)	14 (6.2%)	5 (2.2%)	39 (17.3%)	162 (72.0%)	18 (8.0%)	5 (2.2%)	1 (0.4%)	24 (10.7%)	115 (51.1%)	73 (32.4%)	6 (2.7%)	7 (3.1%)
	55-59	31 (9.5%)	155 (47.4%)	119 (36.4%)	20 (6.1%)	2 (0.6%)	71 (21.7%)	205 (62.7%)	42 (12.8%)	8 (2.4%)	1 (0.3%)	42 (12.8%)	169 (51.7%)	92 (28.1%)	20 (6.1%)	4 (1.2%)
	60-64	97 (15.8%)	301 (49.0%)	189 (30.8%)	17 (2.8%)	10 (1.6%)	193 (31.5%)	352 (57.4%)	50 (8.2%)	12 (2.0%)	6 (1.0%)	115 (18.8%)	309 (50.4%)	163 (26.6%)	13 (2.1%)	13 (2.1%)
	65-69	100 (16.2%)	322 (52.3%)	165 (26.8%)	18 (2.9%)	11 (1.8%)	221 (35.9%)	335 (54.4%)	45 (7.3%)	9 (1.5%)	6 (1.0%)	130 (21.1%)	323 (52.4%)	133 (21.6%)	23 (3.7%)	7 (1.1%)
	70-74	167 (23.7%)	342 (48.6%)	156 (22.2%)	26 (3.7%)	13 (1.8%)	320 (45.5%)	313 (44.5%)	37 (5.3%)	16 (2.3%)	18 (2.6%)	193 (27.4%)	327 (46.4%)	141 (20.0%)	24 (3.4%)	19 (2.7%)
	75-79	132 (27.4%)	229 (47.6%)	100 (20.8%)	12 (2.5%)	8 (1.7%)	236 (49.0%)	186 (38.6%)	36 (7.5%)	5 (1.0%)	19 (3.9%)	157 (32.6%)	215 (44.6%)	83 (17.2%)	13 (2.7%)	14 (2.9%)
	80-	91 (30.4%)	146 (48.8%)	46 (15.4%)	12 (4.0%)	4 (1.3%)	135 (45.2%)	133 (44.5%)	20 (6.7%)	3 (1.0%)	8 (2.7%)	107 (35.8%)	131 (43.8%)	45 (15.1%)	8 (2.7%)	8 (2.7%)
	合計	730 (18.0%)	1963 (48.5%)	1133 (28.0%)	149 (3.7%)	71 (1.8%)	1409 (34.8%)	2156 (53.3%)	356 (8.8%)	66 (1.6%)	59 (1.5%)	894 (22.1%)	1974 (48.8%)	957 (23.7%)	141 (3.5%)	80 (2.0%)
女性	-39	98 (13.3%)	357 (49.2%)	218 (30.1%)	41 (5.7%)	11 (1.5%)	203 (28.0%)	455 (62.8%)	54 (7.4%)	10 (1.4%)	3 (0.4%)	151 (20.8%)	384 (53.0%)	171 (23.6%)	14 (1.9%)	5 (0.7%)
	40-44	117 (10.1%)	183 (50.1%)	117 (32.1%)	20 (5.5%)	8 (2.2%)	118 (32.3%)	205 (56.2%)	37 (10.1%)	6 (1.4%)	0 (0.0%)	61 (16.7%)	190 (54.5%)	84 (23.0%)	17 (4.7%)	4 (1.1%)
	45-49	38 (10.3%)	189 (51.2%)	116 (31.4%)	16 (4.3%)	10 (2.7%)	111 (30.1%)	231 (62.6%)	23 (6.2%)	2 (0.5%)	2 (0.5%)	60 (16.3%)	197 (53.5%)	94 (25.5%)	10 (2.7%)	7 (1.9%)
	50-54	39 (9.4%)	209 (50.4%)	144 (34.7%)	13 (3.1%)	10 (2.4%)	127 (30.5%)	259 (62.3%)	22 (5.3%)	7 (1.7%)	1 (0.2%)	50 (12.0%)	234 (56.3%)	110 (26.4%)	15 (3.6%)	7 (1.7%)
	55-59	69 (11.1%)	290 (46.8%)	223 (36.0%)	23 (3.7%)	14 (2.3%)	248 (40.1%)	324 (52.3%)	38 (6.1%)	3 (0.5%)	6 (1.0%)	121 (19.5%)	294 (47.5%)	169 (27.3%)	26 (4.2%)	9 (1.5%)
	60-64	160 (15.1%)	504 (47.6%)	334 (31.5%)	43 (4.1%)	18 (1.7%)	480 (45.3%)	506 (47.8%)	49 (4.6%)	9 (0.8%)	15 (1.4%)	215 (20.3%)	519 (49.0%)	271 (25.6%)	32 (3.0%)	22 (2.1%)
	65-69	185 (20.8%)	430 (48.4%)	229 (25.8%)	26 (2.9%)	19 (2.1%)	415 (46.7%)	405 (45.6%)	40 (4.5%)	12 (1.3%)	17 (1.9%)	247 (27.8%)	427 (48.0%)	175 (19.7%)	20 (2.2%)	21 (2.4%)
	70-74	246 (26.5%)	426 (45.9%)	211 (22.7%)	23 (2.5%)	22 (2.4%)	536 (57.7%)	313 (33.7%)	46 (5.0%)	10 (1.1%)	24 (2.6%)	298 (32.1%)	399 (41.9%)	190 (20.5%)	29 (3.1%)	22 (2.4%)
	75-79	190 (32.0%)	271 (45.6%)	103 (17.3%)	14 (2.4%)	16 (2.7%)	335 (56.4%)	213 (35.9%)	24 (4.0%)	5 (0.8%)	17 (2.9%)	196 (33.1%)	255 (43.0%)	107 (18.0%)	18 (3.0%)	17 (2.9%)
	80-	131 (34.8%)	155 (41.2%)	68 (18.1%)	16 (4.3%)	6 (1.6%)	210 (56.0%)	130 (34.7%)	15 (4.0%)	8 (2.1%)	12 (3.2%)	147 (39.1%)	133 (35.4%)	73 (19.4%)	15 (4.0%)	8 (2.1%)
	合計	1193 (18.8%)	3014 (47.5%)	1763 (27.8%)	235 (3.7%)	134 (2.1%)	2783 (43.9%)	3041 (48.0%)	348 (5.5%)	71 (1.1%)	97 (1.5%)	1546 (24.4%)	3031 (47.8%)	1444 (22.8%)	196 (3.1%)	122 (1.9%)
合計	-39	147 (13.5%)	534 (48.9%)	332 (30.4%)	54 (4.9%)	24 (2.2%)	304 (27.9%)	664 (60.9%)	106 (9.7%)	14 (1.3%)	3 (0.3%)	217 (19.9%)	562 (51.5%)	272 (24.9%)	30 (2.7%)	10 (0.9%)
	40-44	59 (10.0%)	279 (47.1%)	213 (36.0%)	29 (4.9%)	12 (2.0%)	165 (27.9%)	352 (59.5%)	67 (11.3%)	8 (1.4%)	0 (0.0%)	92 (15.5%)	307 (51.9%)	159 (26.9%)	28 (4.7%)	6 (1.0%)
	45-49	60 (10.8%)	272 (48.9%)	189 (34.0%)	24 (4.3%)	11 (2.0%)	157 (28.2%)	345 (62.1%)	49 (8.8%)	3 (0.5%)	2 (0.4%)	89 (16.0%)	296 (53.3%)	145 (26.1%)	17 (3.1%)	8 (1.4%)
	50-54	58 (9.1%)	321 (50.2%)	219 (34.2%)	27 (4.2%)	15 (2.3%)	166 (25.9%)	421 (65.7%)	40 (6.2%)	12 (1.9%)	2 (0.3%)	74 (11.5%)	349 (54.4%)	183 (28.5%)	21 (3.3%)	14 (2.2%)
	55-59	100 (10.6%)	445 (47.0%)	342 (36.2%)	43 (4.5%)	16 (1.7%)	319 (33.7%)	529 (55.9%)	80 (8.5%)	11 (1.2%)	7 (0.7%)	163 (17.2%)	463 (48.9%)	261 (27.6%)	46 (4.9%)	13 (1.4%)
	60-64	257 (15.4%)	805 (48.1%)	523 (31.3%)	60 (3.6%)	28 (1.7%)	672 (40.3%)	858 (51.3%)	99 (5.9%)	21 (1.3%)	21 (1.3%)	300 (19.7%)	828 (49.5%)	434 (26.0%)	45 (2.7%)	35 (2.1%)
	65-69	285 (18.9%)	752 (48.0%)	394 (26.2%)	44 (2.9%)	30 (2.0%)	636 (42.3%)	740 (49.2%)	85 (5.6%)	21 (1.4%)	23 (1.5%)	377 (25.0%)	750 (49.8%)	308 (20.5%)	43 (2.9%)	28 (1.9%)
	70-74	413 (25.3%)	768 (47.1%)	367 (22.5%)	49 (3.0%)	35 (2.1%)	856 (52.4%)	626 (38.3%)	83 (5.1%)	26 (1.6%)	42 (2.6%)	491 (30.1%)	716 (43.9%)	331 (20.3%)	53 (3.2%)	41 (2.5%)
	75-79	322 (30.0%)	500 (46.5%)	203 (18.9%)	26 (2.4%)	24 (2.2%)	571 (53.1%)	399 (37.1%)	60 (5.6%)	10 (0.9%)	36 (3.3%)	353 (32.8%)	470 (43.7%)	190 (17.7%)	31 (2.9%)	31 (2.9%)
	80-	222 (32.9%)	301 (44.6%)	114 (16.9%)	28 (4.1%)	10 (1.5%)	345 (51.2%)	263 (39.0%)	35 (5.2%)	11 (1.6%)	20 (3.0%)	254 (37.6%)	264 (39.1%)	118 (17.5%)	23 (3.4%)	16 (2.4%)
	合計	1923 (18.5%)	4977 (47.9%)	2896 (27.9%)	384 (3.7%)	205 (2.0%)	4192 (40.4%)	5197 (50.0%)	704 (6.8%)	137 (1.3%)	156 (1.5%)	2440 (23.5%)	5005 (48.2%)	2401 (23.1%)	337 (3.2%)	202 (1.9%)

【7】現在の活動状況についておたずねします。

(1) そろそろをしたり、重いものを持ち上げたりするなど、  
体を使うような仕事をしていますか。

(2) 仕事を含め、平均してどれくらい外出していますか。

(3) 歩く時間は、1日平均して  
どれくらいですか。

(4) 日中、座ったり寝転んだりして過ごす  
時間は1日平均してどれくらいですか。

	(1) 体を使うような仕事をしていますか。					(2) 仕事を含め、平均してどれくらい外出していますか。					(3) 歩く時間は、1日平均してどれくらいですか。			(4) 日中、座ったり寝転んだりして過ごす時間は1日平均してどれくらいですか。			
	ほぼ毎日	週3	週1	月1	ほとんどしない	ほぼ毎日	週3	週1	月1	ほとんどしない	1時間以上	30分～1時間	30分以下	6時間以上	3-6時間	3時間以下	
男性	-39	221 (60.4%)	61 (16.7%)	36 (9.8%)	12 (3.3%)	36 (9.8%)	311 (84.7%)	26 (7.1%)	12 (3.3%)	4 (1.1%)	14 (3.8%)	184 (50.3%)	87 (23.8%)	95 (26.0%)	51 (13.9%)	93 (25.4%)	222 (60.7%)
	40-44	136 (59.9%)	35 (15.4%)	25 (11.0%)	7 (3.1%)	24 (10.6%)	193 (85.0%)	18 (7.9%)	11 (4.8%)	0 (0.0%)	5 (2.2%)	104 (46.0%)	53 (23.5%)	69 (30.5%)	21 (9.3%)	62 (27.3%)	144 (63.4%)
	45-49	107 (57.2%)	32 (17.1%)	23 (12.3%)	4 (2.1%)	21 (11.2%)	151 (80.3%)	23 (12.2%)	10 (5.3%)	4 (2.1%)	0 (0.0%)	86 (45.5%)	45 (23.8%)	58 (30.7%)	13 (6.9%)	56 (29.6%)	120 (63.5%)
	50-54	133 (59.1%)	41 (18.2%)	22 (9.8%)	6 (2.7%)	23 (10.2%)	186 (82.7%)	33 (14.7%)	5 (2.2%)	1 (0.4%)	0 (0.0%)	92 (40.9%)	67 (29.8%)	66 (29.3%)	17 (7.6%)	52 (23.1%)	156 (69.3%)
	55-59	205 (62.7%)	46 (14.1%)	41 (12.5%)	9 (2.8%)	26 (8.0%)	261 (79.6%)	43 (13.1%)	16 (4.9%)	6 (1.8%)	2 (0.6%)	166 (50.9%)	83 (25.5%)	77 (23.6%)	19 (5.8%)	76 (23.2%)	233 (71.0%)
	60-64	379 (61.7%)	109 (17.8%)	67 (10.9%)	14 (2.3%)	45 (7.3%)	445 (72.6%)	116 (18.9%)	44 (7.2%)	3 (0.5%)	5 (0.8%)	287 (46.8%)	182 (29.7%)	144 (23.5%)	34 (5.6%)	143 (23.4%)	433 (71.0%)
	65-69	401 (65.0%)	122 (19.8%)	46 (7.5%)	13 (2.1%)	35 (5.7%)	444 (72.0%)	127 (20.6%)	37 (6.0%)	4 (0.6%)	5 (0.8%)	295 (47.8%)	206 (33.4%)	116 (18.8%)	31 (5.1%)	152 (24.9%)	428 (70.0%)
	70-74	439 (62.4%)	140 (19.9%)	69 (9.8%)	13 (2.1%)	42 (6.0%)	444 (62.9%)	181 (25.6%)	68 (9.6%)	10 (1.4%)	3 (0.4%)	315 (44.7%)	248 (35.2%)	141 (20.0%)	42 (6.0%)	164 (23.5%)	493 (70.5%)
	75-79	276 (57.0%)	93 (19.3%)	64 (13.3%)	6 (1.2%)	43 (8.9%)	287 (59.7%)	132 (27.4%)	44 (9.1%)	13 (2.7%)	5 (1.0%)	208 (43.2%)	166 (34.5%)	107 (22.2%)	24 (5.0%)	137 (28.8%)	315 (66.2%)
	80-	146 (48.8%)	62 (20.7%)	37 (12.4%)	7 (2.3%)	47 (15.7%)	143 (48.1%)	77 (25.9%)	49 (16.5%)	13 (4.4%)	15 (5.1%)	97 (32.4%)	112 (37.5%)	90 (30.1%)	43 (14.4%)	80 (26.8%)	175 (58.7%)
	合計	2443 (60.4%)	741 (18.3%)	430 (10.6%)	91 (2.2%)	342 (8.5%)	2865 (70.8%)	776 (19.2%)	296 (7.3%)	58 (1.4%)	54 (1.3%)	1834 (45.3%)	1249 (30.9%)	963 (23.8%)	295 (7.3%)	1015 (25.2%)	2719 (67.5%)
女性	-39	484 (66.8%)	113 (15.6%)	86 (11.9%)	6 (0.8%)	36 (5.0%)	511 (70.6%)	136 (18.8%)	61 (8.4%)	5 (0.7%)	11 (1.5%)	295 (40.7%)	177 (24.4%)	253 (34.9%)	91 (12.6%)	266 (36.8%)	366 (50.6%)
	40-44	252 (69.2%)	59 (16.2%)	31 (8.5%)	5 (1.4%)	17 (4.7%)	276 (75.6%)	58 (15.9%)	24 (6.6%)	4 (1.1%)	3 (0.8%)	143 (39.4%)	94 (25.9%)	126 (34.7%)	31 (8.5%)	127 (35.0%)	205 (56.5%)
	45-49	262 (71.0%)	63 (17.1%)	26 (7.0%)	1 (0.3%)	17 (4.6%)	258 (69.9%)	81 (22.0%)	27 (7.3%)	1 (0.3%)	2 (0.5%)	138 (37.7%)	97 (26.5%)	131 (35.8%)	42 (11.4%)	139 (37.9%)	186 (50.7%)
	50-54	307 (74.2%)	61 (14.7%)	30 (7.2%)	5 (1.2%)	11 (2.7%)	230 (55.4%)	127 (30.6%)	53 (12.8%)	1 (0.2%)	4 (1.0%)	175 (42.3%)	95 (22.9%)	144 (34.8%)	31 (7.5%)	141 (33.9%)	244 (58.7%)
	55-59	470 (75.8%)	99 (16.0%)	24 (3.9%)	7 (1.1%)	20 (3.2%)	318 (51.1%)	181 (29.1%)	103 (16.6%)	13 (2.1%)	7 (1.1%)	266 (42.9%)	175 (28.2%)	179 (28.9%)	28 (4.5%)	187 (30.2%)	405 (65.3%)
	60-64	810 (76.3%)	153 (14.5%)	50 (4.7%)	7 (0.7%)	37 (3.5%)	518 (49.1%)	334 (31.7%)	178 (16.9%)	11 (1.0%)	14 (1.3%)	388 (36.7%)	304 (37.3%)	274 (25.9%)	59 (5.6%)	296 (28.2%)	693 (66.1%)
	65-69	718 (80.7%)	110 (12.4%)	38 (4.3%)	6 (0.7%)	18 (2.0%)	420 (47.3%)	281 (31.6%)	157 (17.7%)	24 (2.7%)	6 (0.7%)	378 (42.7%)	309 (34.9%)	198 (22.4%)	45 (5.1%)	238 (27.0%)	597 (67.8%)
	70-74	725 (78.0%)	120 (12.9%)	48 (5.2%)	10 (1.1%)	26 (2.8%)	407 (43.9%)	317 (34.2%)	162 (17.5%)	26 (2.8%)	16 (1.7%)	343 (37.1%)	333 (38.0%)	248 (26.8%)	51 (5.5%)	225 (24.4%)	648 (70.1%)
	75-79	415 (69.9%)	85 (14.3%)	48 (8.1%)	6 (1.0%)	40 (6.7%)	252 (42.4%)	179 (30.1%)	117 (19.7%)	31 (5.2%)	15 (2.5%)	207 (34.9%)	203 (34.2%)	183 (30.9%)	39 (6.6%)	156 (26.4%)	397 (67.1%)
	80-	232 (61.3%)	53 (14.1%)	38 (10.1%)	8 (2.1%)	45 (12.0%)	125 (33.2%)	105 (27.9%)	92 (24.5%)	30 (8.0%)	24 (6.4%)	109 (29.0%)	136 (36.2%)	131 (34.8%)	55 (14.7%)	106 (28.3%)	214 (57.1%)
	合計	4675 (73.8%)	916 (14.5%)	419 (6.6%)	61 (1.0%)	267 (4.2%)	3315 (52.3%)	1799 (28.4%)	974 (15.4%)	146 (2.3%)	102 (1.6%)	2442 (38.6%)	2013 (31.8%)	1867 (29.5%)	472 (7.5%)	1881 (29.8%)	3955 (62.7%)
合計	-39	705 (64.8%)	174 (15.9%)	122 (11.2%)	18 (1.8%)	72 (6.6%)	822 (75.3%)	162 (14.8%)	73 (6.7%)	9 (0.8%)	25 (2.3%)	479 (43.9%)	264 (24.2%)	348 (31.9%)	142 (13.0%)	359 (33.0%)	588 (54.0%)
	40-44	388 (65.7%)	94 (15.9%)	56 (9.5%)	12 (2.0%)	41 (6.9%)	469 (79.2%)	76 (12.8%)	35 (5.9%)	4 (0.7%)	8 (1.4%)	247 (41.9%)	147 (25.0%)	195 (33.1%)	52 (8.8%)	189 (32.0%)	349 (59.2%)
	45-49	369 (66.4%)	95 (17.1%)	49 (8.8%)	5 (0.9%)	38 (6.8%)	409 (73.4%)	104 (18.7%)	37 (6.6%)	5 (0.9%)	2 (0.4%)	224 (40.4%)	142 (25.6%)	189 (34.1%)	55 (9.9%)	195 (35.1%)	306 (55.0%)
	50-54	440 (68.9%)	102 (16.0%)	52 (8.1%)	11 (1.7%)	34 (5.3%)	416 (65.0%)	160 (25.0%)	58 (9.1%)	2 (0.3%)	4 (0.6%)	267 (41.8%)	162 (25.4%)	210 (32.9%)	48 (7.5%)	193 (30.1%)	400 (62.4%)
	55-59	675 (71.3%)	145 (15.3%)	65 (6.9%)	16 (1.7%)	46 (4.9%)	579 (60.9%)	224 (23.6%)	119 (12.5%)	19 (2.0%)	9 (0.9%)	432 (45.7%)	258 (27.3%)	256 (27.1%)	47 (5.0%)	263 (27.7%)	638 (67.3%)
	60-64	1189 (71.2%)	262 (15.7%)	117 (7.0%)	21 (1.3%)	82 (4.9%)	963 (57.7%)	450 (27.0%)	222 (13.3%)	14 (0.8%)	19 (1.1%)	675 (40.4%)	576 (34.5%)	418 (25.0%)	93 (5.6%)	439 (26.5%)	1126 (67.9%)
	65-69	1119 (74.3%)	232 (15.4%)	84 (5.6%)	19 (1.3%)	53 (3.5%)	864 (57.4%)	408 (27.1%)	194 (12.9%)	28 (1.9%)	11 (0.7%)	673 (44.8%)	515 (34.3%)	314 (20.9%)	76 (5.1%)	390 (26.2%)	1025 (68.7%)
	70-74	1164 (71.3%)	260 (15.9%)	117 (7.2%)	23 (1.4%)	68 (4.2%)	851 (52.1%)	498 (30.5%)	230 (14.1%)	36 (2.2%)	19 (1.2%)	658 (40.4%)	581 (35.7%)	389 (23.9%)	93 (5.7%)	389 (24.0%)	1141 (70.3%)
	75-79	691 (64.2%)	178 (16.5%)	112 (10.4%)	12 (1.1%)	83 (7.7%)	539 (50.1%)	311 (28.9%)	161 (15.0%)	44 (4.1%)	20 (1.9%)	415 (38.6%)	369 (34.4%)	290 (27.0%)	63 (5.9%)	293 (27.4%)	712 (66.7%)
	80-	378 (56.8%)	115 (17.0%)	75 (11.1%)	15 (2.2%)	92 (13.6%)	268 (39.8%)	182 (27.0%)	141 (21.0%)	43 (6.4%)	39 (5.8%)	206 (30.5%)	248 (36.7%)	221 (32.7%)	98 (14.6%)	186 (27.6%)	389 (57.8%)
	合計	7118 (68.5%)	1657 (16.0%)	849 (8.2%)	152 (1.5%)	609 (5.9%)	6180 (59.5%)	2575 (24.8%)	1270 (12.2%)	204 (2.0%)	156 (1.5%)	4276 (41.2%)	3262 (31.5%)	2830 (27.3%)	767 (7.4%)	2896 (28.0%)	6674 (64.6%)

【8】健康状態についておたずねします。

(1) ここ数日、病気やけがなどで体の具合の悪いところ(自覚症状)がありますか。

		はい	いいえ
男性	-39	157 (42.8%)	210 (57.2%)
	40-44	108 (48.6%)	114 (51.4%)
	45-49	81 (43.1%)	107 (56.9%)
	50-54	94 (42.3%)	128 (57.7%)
	55-59	132 (41.0%)	190 (59.0%)
	60-64	224 (36.9%)	383 (63.1%)
	65-69	221 (36.3%)	387 (63.7%)
	70-74	238 (34.4%)	453 (65.6%)
	75-79	202 (42.6%)	272 (57.4%)
	80-	130 (44.4%)	163 (55.6%)
	合計	1587 (39.7%)	2407 (60.3%)
女性	-39	385 (53.7%)	332 (46.3%)
	40-44	199 (54.5%)	166 (45.5%)
	45-49	193 (53.0%)	171 (47.0%)
	50-54	226 (55.4%)	182 (44.6%)
	55-59	318 (51.7%)	297 (48.3%)
	60-64	527 (50.5%)	517 (49.5%)
	65-69	390 (44.6%)	485 (55.4%)
	70-74	410 (44.9%)	504 (55.1%)
	75-79	290 (49.7%)	293 (50.3%)
	80-	181 (49.2%)	187 (50.8%)
	合計	3119 (49.9%)	3134 (50.1%)
合計	-39	542 (50.0%)	542 (50.0%)
	40-44	307 (52.3%)	280 (47.7%)
	45-49	274 (49.6%)	278 (50.4%)
	50-54	320 (50.8%)	310 (49.2%)
	55-59	450 (48.0%)	487 (52.0%)
	60-64	751 (45.5%)	900 (54.5%)
	65-69	611 (41.2%)	872 (58.8%)
	70-74	648 (40.4%)	957 (59.6%)
	75-79	492 (46.5%)	565 (53.5%)
	80-	311 (47.0%)	350 (53.0%)
	合計	4706 (45.9%)	5541 (54.1%)

(2) どのような症状ですか。あてはまるものすべてに○を付けて下さい。

		手足の関節 が痛む	いらいらし やすい	頭痛	めまい	動悸	息切れ	せきやたん が出る	ゼイゼイす る	下痢	便秘	食欲不振	腹痛・胃痛	痔による痛 み・出血	歯が痛い	歯ぐきのほ れ・出血	かみにくい	かゆみ(湿 疹・水虫な ど)	腰痛	尿失禁(尿 がもれる)	足のむくみ やだるさ	尿が出にく い・排尿時 痛い	切り傷・や けどなどの けが	月経不順・ 月経痛	骨折・ねん ざ・脱ぎゅう	もの忘れが 増えた	その他
男性	-39	16 (3.3%)	44 (15.3%)	44 (23.0%)	21 (17.5%)	9 (9.2%)	10 (6.6%)	41 (13.5%)	6 (10.2%)	17 (15.9%)	9 (4.4%)	11 (20.0%)	26 (18.8%)	5 (6.6%)	16 (13.2%)	8 (7.0%)	3 (2.5%)	29 (9.4%)	46 (6.5%)	2 (2.0%)	10 (6.9%)	1 (1.2%)	12 (26.1%)	3 (6.7%)	22 (5.1%)	16 (10.5%)	
	40-44	20 (4.1%)	25 (8.7%)	14 (7.3%)	9 (7.5%)	5 (5.1%)	8 (5.3%)	25 (8.2%)	5 (8.5%)	11 (10.3%)	7 (3.4%)	5 (9.1%)	5 (3.6%)	9 (11.8%)	11 (9.1%)	9 (7.9%)	6 (5.0%)	18 (5.8%)	45 (6.4%)	0 (0.0%)	5 (3.4%)	2 (2.4%)	5 (10.9%)	1 (2.2%)	10 (2.3%)	14 (9.2%)	
	45-49	15 (3.1%)	15 (5.2%)	19 (9.9%)	6 (5.0%)	4 (4.1%)	8 (5.3%)	15 (4.9%)	6 (10.2%)	8 (7.5%)	7 (3.4%)	3 (5.5%)	10 (7.2%)	4 (5.3%)	7 (5.8%)	7 (6.1%)	1 (0.8%)	15 (4.9%)	32 (4.5%)	1 (1.0%)	9 (6.2%)	0 (0.0%)	1 (2.2%)	5 (11.1%)	13 (3.0%)	14 (9.2%)	
	50-54	21 (4.3%)	19 (6.6%)	13 (6.8%)	7 (5.8%)	6 (6.1%)	15 (9.9%)	18 (5.9%)	3 (5.1%)	10 (9.3%)	7 (3.4%)	4 (7.3%)	12 (8.7%)	9 (11.8%)	8 (6.6%)	11 (9.6%)	9 (7.5%)	14 (4.5%)	39 (5.3%)	3 (3.0%)	8 (5.5%)	4 (4.7%)	5 (10.9%)	7 (15.6%)	22 (5.1%)	10 (6.6%)	
	55-59	27 (5.6%)	22 (7.7%)	13 (6.8%)	6 (5.0%)	6 (6.1%)	8 (5.3%)	25 (8.2%)	0 (0.0%)	11 (10.3%)	5 (4.9%)	9 (9.1%)	10 (6.5%)	11 (14.5%)	10 (8.3%)	9 (14.0%)	16 (10.0%)	16 (6.5%)	12 (9.1%)	5 (5.1%)	10 (6.9%)	5 (13.0%)	6 (13.0%)	3 (6.7%)	25 (5.8%)	20 (13.2%)	
	60-64	83 (17.2%)	35 (12.2%)	28 (14.7%)	13 (10.8%)	19 (19.4%)	23 (15.1%)	39 (12.8%)	12 (20.3%)	17 (15.9%)	22 (10.8%)	5 (9.1%)	31 (22.5%)	10 (13.2%)	17 (14.0%)	20 (17.5%)	18 (15.0%)	39 (12.7%)	123 (17.5%)	6 (6.1%)	26 (17.9%)	12 (14.1%)	4 (8.7%)	6 (13.3%)	57 (13.2%)	22 (14.5%)	
	65-69	94 (19.5%)	38 (13.2%)	20 (10.5%)	14 (17.3%)	17 (13.8%)	21 (12.8%)	39 (12.8%)	7 (11.9%)	7 (13.8%)	25 (9.1%)	5 (10.1%)	14 (21.1%)	16 (10.7%)	13 (16.7%)	19 (12.5%)	15 (15.9%)	49 (14.3%)	101 (14.3%)	14 (14.5%)	21 (14.5%)	14 (10.9%)	5 (4.3%)	7 (8.9%)	63 (15.9%)	16 (10.5%)	
	70-74	85 (17.6%)	44 (15.3%)	15 (7.9%)	16 (13.3%)	12 (12.2%)	23 (15.1%)	40 (13.2%)	10 (16.9%)	12 (11.2%)	29 (14.3%)	7 (12.7%)	19 (13.8%)	4 (5.3%)	17 (14.0%)	10 (8.8%)	21 (17.5%)	44 (14.3%)	107 (15.2%)	18 (18.2%)	21 (14.5%)	20 (23.5%)	2 (4.3%)	4 (8.9%)	69 (15.9%)	21 (13.8%)	
	75-79	72 (14.9%)	24 (8.4%)	18 (9.4%)	17 (14.2%)	11 (11.2%)	14 (9.2%)	27 (8.9%)	5 (8.5%)	8 (7.5%)	43 (21.2%)	4 (7.3%)	9 (6.5%)	7 (9.2%)	14 (11.6%)	5 (4.4%)	17 (14.3%)	44 (14.3%)	87 (12.4%)	20 (20.2%)	18 (12.4%)	18 (21.2%)	4 (8.7%)	6 (13.3%)	82 (18.9%)	13 (8.6%)	
	80-	50 (10.4%)	21 (7.3%)	7 (3.7%)	11 (9.2%)	9 (9.2%)	22 (14.5%)	35 (11.5%)	5 (8.5%)	6 (5.6%)	44 (21.7%)	6 (10.9%)	3 (2.2%)	1 (1.3%)	8 (6.6%)	9 (7.9%)	18 (15.0%)	36 (11.7%)	60 (8.5%)	30 (30.3%)	17 (11.7%)	9 (10.6%)	2 (4.3%)	3 (6.7%)	70 (16.2%)	6 (3.9%)	
	合計	483 (100.0%)	287 (100.0%)	191 (100.0%)	120 (100.0%)	98 (100.0%)	152 (100.0%)	304 (100.0%)	59 (100.0%)	107 (100.0%)	203 (100.0%)	55 (100.0%)	138 (100.0%)	76 (100.0%)	121 (100.0%)	114 (100.0%)	120 (100.0%)	308 (100.0%)	704 (100.0%)	99 (100.0%)	145 (100.0%)	85 (100.0%)	46 (100.0%)	45 (100.0%)	433 (100.0%)	152 (100.0%)	
女性	-39	31 (3.0%)	172 (22.0%)	167 (20.5%)	64 (13.9%)	29 (10.1%)	12 (6.8%)	61 (18.1%)	8 (12.5%)	33 (28.2%)	21 (30.1%)	21 (20.4%)	80 (22.6%)	16 (17.0%)	38 (19.1%)	20 (8.7%)	7 (3.2%)	74 (16.3%)	102 (8.0%)	1 (0.4%)	67 (12.5%)	2 (3.3%)	15 (19.5%)	3 (48.8%)	39 (5.8%)	51 (42.3%)	157 (15.7%)
	40-44	35 (3.4%)	74 (9.5%)	64 (7.9%)	35 (7.6%)	19 (6.6%)	7 (3.8%)	25 (7.4%)	4 (6.3%)	16 (13.7%)	5 (5.3%)	5 (4.9%)	27 (7.6%)	8 (8.5%)	9 (4.5%)	12 (1.8%)	4 (4.2%)	47 (5.3%)	67 (3.1%)	8 (8.8%)	12 (5.0%)	37 (15.6%)	2 (3.8%)	34 (17.9%)	34 (3.8%)	39 (12.0%)	
	45-49	50 (4.9%)	64 (8.2%)	71 (8.7%)	32 (6.9%)	25 (8.7%)	10 (5.5%)	26 (7.7%)	2 (3.1%)	10 (8.5%)	25 (4.5%)	7 (6.8%)	32 (9.0%)	7 (7.4%)	20 (10.1%)	23 (4.1%)	9 (4.4%)	20 (4.7%)	60 (2.7%)	7 (8.6%)	46 (5.0%)	3 (10.4%)	8 (24.2%)	50 (1.9%)	1 (3.1%)	29 (9.5%)	
	50-54	67 (6.6%)	56 (7.2%)	78 (9.6%)	28 (6.1%)	26 (9.0%)	10 (5.5%)	26 (7.7%)	3 (4.7%)	7 (6.0%)	33 (5.9%)	8 (7.8%)	22 (6.2%)	10 (10.6%)	16 (8.0%)	28 (12.2%)	11 (5.1%)	32 (7.0%)	72 (5.6%)	11 (4.3%)	50 (9.3%)	4 (6.7%)	2 (2.6%)	18 (8.7%)	3 (5.8%)	34 (10.5%)	
	55-59	99 (9.7%)	77 (9.8%)	76 (9.3%)	46 (10.0%)	33 (11.5%)	14 (7.7%)	44 (13.1%)	7 (6.0%)	7 (8.6%)	48 (6.8%)	7 (6.8%)	10 (8.8%)	22 (11.1%)	10 (9.6%)	22 (6.9%)	15 (8.1%)	37 (9.7%)	124 (7.0%)	18 (10.5%)	56 (10.0%)	6 (7.8%)	6 (0.5%)	1 (3.8%)	2 (7.3%)	68 (10.8%)	
	60-64	174 (17.1%)	119 (15.2%)	130 (16.0%)	67 (14.5%)	39 (13.5%)	32 (17.5%)	59 (15.6%)	10 (12.8%)	15 (12.7%)	71 (12.6%)	13 (16.4%)	15 (16.0%)	34 (17.1%)	15 (18.3%)	42 (14.7%)	32 (15.9%)	72 (17.7%)	226 (12.1%)	31 (15.0%)	80 (11.7%)	7 (13.0%)	10 (19.2%)	10 (19.2%)	179 (13.5%)	44 (9.5%)	
	65-69	165 (16.2%)	88 (11.0%)	75 (9.3%)	50 (14.3%)	42 (12.2%)	33 (14.8%)	27 (9.2%)	7 (12.5%)	9 (4.3%)	64 (14.4%)	8 (17.5%)	34 (10.7%)	7 (10.6%)	18 (12.6%)	27 (11.7%)	30 (14.8%)	58 (14.8%)	183 (19.5%)	46 (10.8%)	42 (13.3%)	10 (6.5%)	13 (19.2%)	9 (15.4%)	130 (19.8%)	31 (8.9%)	
	70-74	165 (16.2%)	86 (11.0%)	76 (9.3%)	66 (14.3%)	35 (12.2%)	27 (14.8%)	31 (9.2%)	8 (12.5%)	5 (4.3%)	81 (14.4%)	18 (17.5%)	38 (10.7%)	10 (10.6%)	25 (12.6%)	27 (11.7%)	52 (14.8%)	67 (14.8%)	189 (19.5%)	50 (10.8%)	58 (13.3%)	8 (6.5%)	5 (19.2%)	10 (15.4%)	185 (19.8%)	29 (8.9%)	
	75-79	122 (12.0%)	47 (6.0%)	47 (5.8%)	46 (10.0%)	22 (7.6%)	24 (13.1%)	21 (6.2%)	8 (12.5%)	8 (7.7%)	74 (13.2%)	9 (8.7%)	9 (6.8%)	9 (9.6%)	8 (4.0%)	13 (5.7%)	30 (13.8%)	46 (11.7%)	149 (16.8%)	43 (8.4%)	45 (8.4%)	9 (6.5%)	5 (15.4%)	8 (14.0%)	131 (9.3%)	21 (6.5%)	
	80-	109 (10.7%)	19 (2.4%)	29 (3.6%)	28 (6.1%)	18 (6.3%)	14 (7.7%)	17 (5.0%)	7 (10.9%)	6 (5.1%)	54 (9.6%)	7 (6.8%)	8 (2.3%)	2 (2.1%)	9 (4.5%)	16 (7.0%)	27 (12.4%)	27 (5.9%)	103 (8.1%)	41 (16.0%)	44 (8.2%)	8 (13.3%)	1 (7.7%)	4 (9.3%)	87 (3.1%)	10 (3.1%)	
	合計	1017 (100.0%)	782 (100.0%)	813 (100.0%)	462 (100.0%)	288 (100.0%)	183 (100.0%)	337 (100.0%)	64 (100.0%)	117 (100.0%)	561 (100.0%)	103 (100.0%)	354 (100.0%)	94 (100.0%)	199 (100.0%)	230 (100.0%)	217 (100.0%)	454 (100.0%)	1275 (100.0%)	256 (100.0%)	535 (100.0%)	60 (100.0%)	77 (100.0%)	207 (100.0%)	52 (100.0%)	933 (100.0%)	325 (100.0%)
合計	-39	47 (3.1%)	216 (20.2%)	211 (21.8%)	85 (14.6%)	38 (9.8%)	22 (12.1%)	102 (15.9%)	14 (11.4%)	50 (22.3%)	90 (11.8%)	32 (20.3%)	106 (21.5%)	21 (12.4%)	54 (8.1%)	28 (3.0%)	10 (13.5%)	103 (7.5%)	148 (0.8%)	3 (11.3%)	77 (2.1%)	3 (22.0%)	27 (6.2%)	6 (4.5%)	61 (14.0%)	67 (14.0%)	
	40-44	55 (3.7%)	99 (9.3%)	78 (7.8%)	44 (7.6%)	24 (6.2%)	15 (4.8%)	50 (7.8%)	9 (7.3%)	27 (12.1%)	37 (4.8%)	10 (6.3%)	32 (6.5%)	17 (10.0%)	20 (6.3%)	21 (6.1%)	10 (3.0%)	37 (4.9%)	112 (5.7%)	8 (2.3%)	52 (7.6%)	5 (3.4%)	17 (13.8%)	3 (3.1%)	44 (3.2%)	53 (11.1%)	
	45-49	65 (4.3%)	79 (7.4%)	90 (9.0%)	38 (6.5%)	29 (7.5%)	18 (5.4%)	41 (6.4%)	8 (6.5%)	18 (8.0%)	32 (4.2%)	10 (6.3%)	42 (8.5%)	11 (8.4%)	27 (8.7%)	30 (3.0%)	10 (4.6%)	35 (4.6%)	92 (4.6%)	8 (2.3%)	55 (8.1%)	3 (2.1%)	9 (7.3%)	6 (6.2%)	42 (3.1%)	45 (9.4%)	
	50-54	88 (5.9%)	75 (7.0%)	91 (9.1%)	35 (6.0%)	32 (8.3%)	25 (7.5%)	44 (6.9%)	3 (2.4%)	17 (7.8%)	40 (5.2%)	12 (7.6%)	34 (6.9%)	19 (11.2%)	24 (7.5%)	39 (11.3%)	20 (5.9%)	46 (6.0%)	111 (5.6%)	14 (3.9%)	58 (8.5%)	8 (5.5%)	7 (5.7%)	10 (10.3%)	73 (5.3%)	44 (9.2%)	
	55-59	126 (8.4%)	99 (9.3%)	89 (8.9%)	52 (8.9%)	39 (10.1%)	22 (6.8%)	69 (10.8%)	10 (8.1%)	18 (8.0%)	58 (7.6%)	12 (7.6%)	40 (8.1%)	21 (12.4%)	32 (11.0%)	38 (8.0%)	27 (7.5%)	57 (9.5%)	188 (6.5%)	23 (9.7%)	66 (9.7%)	11 (7.8%)	12 (9.8%)	5 (5.2%)	93 (6.8%)	55 (11.5%)	
	60-64	257 (17.1%)	154 (14.4%)	158 (15.7%)	80 (13.7%)	58 (15.0%)	35 (16.4%)	95 (15.3%)	22 (17.9%)	32 (14.3%)	93 (12.2%)	18 (11.4%)	25 (18.1%)	51 (14.7%)	62 (15.9%)	50 (18.0%)	111 (14.8%)	106 (14.6%)	349 (17.6%)	37 (10.4%)	106 (15.6%)	19 (13.1%)	14 (11.4%)	16 (16.8%)	193 (17.3%)	66 (13.8%)	
	65-69	259 (17.3%)	106 (9.9%)	95 (9.5%)	64 (11.0%)	59 (15.3%)	54 (16.1%)	99 (10.3%)	16 (11.4%)	18 (7.1%)	110 (11.6%)	25 (8.2%)	57 (13.5%)	14 (9.7%)	42 (13.4%)	37 (13.4%)	73 (14.0%)	111 (14.4%)	296 (16.9%)	68 (9.3%)	79 (16.6%)	28 (14.6%)	7 (16.5%)	14 (14.1%)	254 (16.5%)	50 (9.9%)	
	70-74	250 (16.7%)	130 (12.2%)	130 (9.1%)	82 (14.1%)	4																					

【9】こころの元気さについておたずねします。

過去1か月の間にどれくらいの頻度で次のことがありましたか。

次のそれぞれの質問について、あてはまるもの2つに○をつけてください。

1) 神経過敏に感じましたか。

2) 絶望的だと感じましたか。

3) そわそわ、落ち着かなく感じましたか。

		1) 神経過敏に感じましたか。					2) 絶望的だと感じましたか。					3) そわそわ、落ち着かなく感じましたか。				
		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	172 (46.9%)	105 (28.6%)	62 (16.9%)	18 (4.9%)	10 (2.7%)	197 (53.8%)	93 (25.4%)	50 (13.7%)	10 (2.7%)	16 (4.4%)	195 (53.1%)	105 (28.6%)	43 (11.7%)	17 (4.6%)	7 (1.9%)
	40-44	95 (42.0%)	78 (34.5%)	38 (16.8%)	7 (3.1%)	8 (3.5%)	117 (51.5%)	70 (30.8%)	31 (13.7%)	5 (2.2%)	4 (1.8%)	116 (51.1%)	78 (34.4%)	29 (12.8%)	3 (1.3%)	1 (0.4%)
	45-49	87 (46.5%)	57 (30.5%)	32 (17.1%)	11 (5.9%)	0 (0.0%)	115 (61.5%)	48 (25.7%)	18 (9.6%)	5 (2.7%)	1 (0.5%)	105 (55.9%)	56 (29.8%)	23 (12.2%)	4 (2.1%)	0 (0.0%)
	50-54	93 (41.3%)	76 (33.8%)	39 (17.3%)	10 (4.4%)	7 (3.1%)	123 (54.7%)	61 (27.1%)	32 (14.2%)	3 (1.3%)	6 (2.7%)	120 (53.3%)	61 (27.1%)	37 (16.4%)	5 (2.2%)	2 (0.9%)
	55-59	133 (40.7%)	120 (36.7%)	59 (18.0%)	9 (2.8%)	6 (1.8%)	178 (54.4%)	97 (29.7%)	36 (11.0%)	6 (1.8%)	10 (3.1%)	173 (52.9%)	98 (30.0%)	52 (15.9%)	3 (0.9%)	1 (0.3%)
	60-64	279 (45.5%)	198 (32.3%)	107 (17.5%)	18 (2.9%)	11 (1.8%)	380 (61.9%)	158 (25.7%)	63 (10.3%)	4 (0.7%)	9 (1.5%)	343 (56.0%)	174 (28.4%)	79 (12.9%)	7 (1.1%)	10 (1.6%)
	65-69	299 (48.5%)	192 (31.1%)	101 (16.4%)	12 (1.9%)	13 (2.1%)	387 (62.6%)	141 (22.8%)	68 (11.0%)	11 (1.8%)	11 (1.8%)	386 (62.5%)	168 (27.2%)	49 (7.9%)	10 (1.6%)	5 (0.8%)
	70-74	387 (55.4%)	218 (31.2%)	73 (10.4%)	9 (1.3%)	12 (1.7%)	467 (66.7%)	158 (22.6%)	58 (8.3%)	9 (1.3%)	8 (1.1%)	471 (67.1%)	155 (22.1%)	70 (10.0%)	3 (0.4%)	3 (0.4%)
	75-79	261 (54.4%)	145 (30.2%)	55 (11.5%)	6 (1.3%)	13 (2.7%)	321 (67.0%)	96 (20.0%)	45 (9.4%)	8 (1.7%)	9 (1.9%)	318 (66.1%)	96 (20.0%)	55 (11.4%)	5 (1.0%)	7 (1.5%)
	80-	159 (53.4%)	83 (27.9%)	39 (13.1%)	8 (2.7%)	9 (3.0%)	203 (67.9%)	63 (21.1%)	22 (7.4%)	5 (2.0%)	6 (2.0%)	197 (66.1%)	65 (21.8%)	25 (8.4%)	3 (1.0%)	8 (2.7%)
合計	1965 (48.7%)	1272 (31.5%)	605 (15.0%)	108 (2.7%)	89 (2.2%)	2488 (61.6%)	985 (24.4%)	423 (10.5%)	66 (1.6%)	80 (2.0%)	2424 (59.9%)	1056 (26.1%)	462 (11.4%)	60 (1.5%)	44 (1.1%)	
女性	-39	252 (34.9%)	240 (33.2%)	163 (22.5%)	31 (4.3%)	37 (5.1%)	395 (54.6%)	191 (26.4%)	109 (15.1%)	21 (2.9%)	8 (1.1%)	367 (50.8%)	202 (27.9%)	124 (17.2%)	21 (2.9%)	9 (1.2%)
	40-44	109 (29.9%)	137 (37.5%)	71 (19.5%)	26 (7.1%)	22 (6.0%)	188 (51.6%)	91 (25.0%)	62 (17.0%)	18 (4.9%)	5 (1.4%)	173 (47.5%)	117 (32.1%)	54 (14.8%)	13 (3.6%)	7 (1.9%)
	45-49	127 (34.5%)	114 (31.0%)	88 (23.9%)	24 (6.5%)	15 (4.1%)	202 (55.2%)	101 (27.6%)	50 (13.7%)	4 (1.1%)	9 (2.5%)	174 (47.4%)	120 (32.7%)	55 (15.0%)	13 (3.5%)	5 (1.4%)
	50-54	105 (25.2%)	168 (40.4%)	101 (24.3%)	20 (4.8%)	22 (5.3%)	188 (45.3%)	137 (33.0%)	67 (16.1%)	13 (3.1%)	10 (2.4%)	173 (41.6%)	142 (34.1%)	74 (17.8%)	19 (4.6%)	8 (1.9%)
	55-59	193 (31.2%)	228 (36.8%)	141 (22.8%)	28 (4.5%)	29 (4.7%)	310 (49.8%)	181 (29.1%)	96 (15.4%)	20 (3.2%)	15 (2.4%)	285 (46.0%)	214 (34.6%)	95 (15.3%)	16 (2.6%)	9 (1.5%)
	60-64	306 (29.1%)	408 (38.8%)	250 (23.8%)	42 (4.0%)	46 (4.4%)	467 (44.4%)	355 (33.8%)	175 (16.7%)	23 (2.2%)	31 (2.9%)	465 (46.0%)	359 (34.0%)	174 (16.5%)	19 (1.8%)	18 (1.7%)
	65-69	290 (32.8%)	348 (39.4%)	184 (20.8%)	20 (2.3%)	41 (4.6%)	453 (51.1%)	276 (31.1%)	121 (13.6%)	17 (1.9%)	20 (2.3%)	465 (54.9%)	253 (28.7%)	116 (13.1%)	16 (1.8%)	13 (1.5%)
	70-74	334 (36.3%)	302 (32.8%)	205 (22.3%)	37 (4.0%)	43 (4.7%)	470 (50.9%)	260 (28.2%)	132 (14.3%)	23 (2.5%)	38 (4.1%)	454 (49.0%)	279 (30.1%)	145 (15.6%)	23 (2.5%)	26 (2.8%)
	75-79	222 (37.8%)	211 (35.9%)	103 (17.5%)	25 (4.3%)	26 (4.4%)	302 (51.0%)	167 (28.2%)	82 (13.9%)	17 (2.9%)	24 (4.1%)	310 (52.6%)	156 (26.5%)	94 (16.0%)	15 (2.5%)	14 (2.4%)
	80-	144 (38.6%)	134 (35.9%)	68 (18.2%)	11 (2.9%)	16 (4.3%)	202 (54.4%)	97 (26.1%)	47 (12.7%)	10 (2.7%)	15 (4.0%)	206 (55.5%)	98 (26.4%)	53 (14.3%)	8 (2.2%)	6 (1.6%)
合計	2082 (33.0%)	2290 (36.3%)	1374 (21.8%)	264 (4.2%)	297 (4.7%)	3177 (50.3%)	1856 (29.4%)	941 (14.9%)	166 (2.6%)	175 (2.8%)	3112 (49.3%)	1940 (30.7%)	984 (15.6%)	163 (2.6%)	115 (1.8%)	
合計	-39	424 (38.9%)	345 (31.7%)	225 (20.6%)	49 (4.5%)	47 (4.3%)	592 (54.3%)	284 (26.1%)	159 (14.6%)	31 (2.8%)	24 (2.2%)	562 (51.6%)	307 (28.2%)	167 (15.3%)	38 (3.5%)	16 (1.5%)
	40-44	204 (34.5%)	215 (36.4%)	109 (18.4%)	33 (5.6%)	30 (5.1%)	305 (51.6%)	161 (27.2%)	93 (15.7%)	23 (3.9%)	9 (1.5%)	289 (48.9%)	195 (33.0%)	83 (14.0%)	16 (2.7%)	8 (1.4%)
	45-49	214 (38.6%)	171 (30.8%)	120 (21.6%)	35 (6.3%)	15 (2.7%)	317 (57.3%)	149 (26.9%)	68 (12.3%)	9 (1.6%)	10 (1.8%)	279 (50.3%)	176 (31.7%)	78 (14.1%)	17 (3.1%)	5 (0.9%)
	50-54	198 (30.9%)	244 (38.1%)	140 (21.8%)	30 (4.7%)	29 (4.5%)	311 (48.6%)	198 (30.9%)	99 (15.5%)	16 (2.5%)	16 (2.5%)	293 (45.7%)	203 (31.7%)	111 (17.3%)	24 (3.7%)	10 (1.6%)
	55-59	326 (34.5%)	348 (36.8%)	200 (21.1%)	37 (3.9%)	35 (3.7%)	488 (51.4%)	278 (29.3%)	132 (13.9%)	26 (2.7%)	25 (2.6%)	458 (48.4%)	312 (33.0%)	147 (15.5%)	19 (2.0%)	10 (1.1%)
	60-64	585 (35.1%)	606 (36.4%)	357 (21.4%)	60 (3.6%)	57 (3.4%)	847 (50.9%)	513 (30.8%)	238 (14.3%)	27 (1.6%)	40 (2.4%)	828 (49.6%)	533 (32.0%)	253 (15.2%)	26 (1.6%)	28 (1.7%)
	65-69	589 (39.3%)	540 (36.0%)	285 (19.0%)	32 (2.1%)	54 (3.6%)	840 (55.8%)	417 (27.7%)	189 (12.6%)	28 (1.9%)	31 (2.1%)	871 (58.0%)	421 (28.0%)	165 (11.0%)	26 (1.7%)	18 (1.2%)
	70-74	721 (44.5%)	520 (32.1%)	278 (17.2%)	46 (2.8%)	55 (3.4%)	937 (57.7%)	418 (25.8%)	190 (11.7%)	32 (2.0%)	46 (2.8%)	925 (56.8%)	434 (26.6%)	215 (13.2%)	26 (1.6%)	29 (1.8%)
	75-79	483 (45.3%)	356 (33.4%)	158 (14.8%)	31 (2.9%)	39 (3.7%)	623 (58.2%)	263 (24.6%)	127 (11.9%)	25 (2.3%)	33 (3.1%)	628 (58.7%)	252 (23.6%)	149 (13.9%)	20 (1.9%)	21 (2.0%)
	80-	303 (45.2%)	217 (32.3%)	107 (15.9%)	19 (2.8%)	25 (3.7%)	405 (60.4%)	160 (23.9%)	69 (10.3%)	15 (2.2%)	21 (3.1%)	403 (60.2%)	163 (24.4%)	78 (11.7%)	11 (1.6%)	14 (2.1%)
合計	4047 (39.1%)	3562 (34.4%)	1979 (19.1%)	372 (3.6%)	386 (3.7%)	5665 (54.7%)	2841 (27.4%)	1364 (13.2%)	232 (2.2%)	255 (2.5%)	5536 (53.4%)	2996 (28.9%)	1446 (14.0%)	223 (2.2%)	159 (1.5%)	

4) 気分が沈み込んで、何が起っても  
気が晴れないように感じましたか。

5) 何をするのも骨折りだと感じましたか。

6) 自分は価値のない人間だと感じましたか。

		全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも	全くない	すこしだけ	ときどき	たいてい	いつも
男性	-39	153 (41.7%)	125 (34.1%)	55 (15.0%)	23 (6.3%)	11 (3.0%)	182 (49.7%)	93 (25.4%)	66 (18.0%)	13 (3.6%)	12 (3.3%)	214 (58.5%)	85 (23.2%)	36 (9.8%)	12 (3.3%)	19 (5.2%)
		92 (40.5%)	82 (36.1%)	35 (15.4%)	11 (4.8%)	7 (3.1%)	108 (47.6%)	75 (33.0%)	29 (12.8%)	10 (4.4%)	5 (2.2%)	121 (53.5%)	54 (23.9%)	37 (16.4%)	9 (4.0%)	5 (2.2%)
		81 (43.1%)	75 (39.9%)	22 (11.7%)	7 (3.7%)	3 (1.6%)	96 (51.1%)	62 (33.0%)	24 (12.8%)	4 (2.1%)	2 (1.1%)	126 (67.0%)	40 (21.3%)	15 (8.0%)	3 (1.6%)	4 (2.1%)
		99 (44.0%)	76 (33.8%)	38 (16.9%)	8 (3.6%)	4 (1.8%)	101 (45.1%)	72 (32.1%)	40 (17.9%)	8 (3.6%)	3 (1.3%)	131 (58.2%)	57 (25.3%)	28 (12.4%)	3 (1.3%)	6 (2.7%)
		149 (45.6%)	107 (32.7%)	54 (16.5%)	9 (2.8%)	8 (2.4%)	157 (48.2%)	107 (32.8%)	49 (15.0%)	10 (3.1%)	3 (0.9%)	202 (61.8%)	71 (21.7%)	40 (12.2%)	6 (1.8%)	8 (2.4%)
		302 (49.2%)	208 (33.9%)	80 (13.0%)	13 (2.1%)	11 (1.8%)	332 (54.1%)	181 (29.5%)	73 (11.9%)	18 (2.9%)	10 (1.6%)	433 (70.8%)	107 (17.5%)	52 (8.5%)	9 (1.5%)	11 (1.8%)
		345 (55.8%)	178 (28.8%)	69 (11.2%)	17 (2.8%)	9 (1.5%)	350 (56.6%)	174 (28.2%)	75 (12.1%)	10 (1.6%)	9 (1.5%)	417 (67.6%)	118 (19.1%)	60 (9.7%)	9 (1.5%)	13 (2.1%)
		427 (60.7%)	198 (28.1%)	64 (9.1%)	10 (1.4%)	5 (0.7%)	441 (62.8%)	177 (25.2%)	64 (9.1%)	12 (1.7%)	8 (1.1%)	471 (67.4%)	138 (19.7%)	60 (8.6%)	8 (1.1%)	22 (3.1%)
		293 (61.0%)	116 (24.2%)	63 (13.1%)	4 (0.8%)	4 (0.8%)	292 (61.1%)	124 (25.9%)	46 (9.6%)	8 (1.7%)	8 (1.7%)	311 (64.8%)	91 (19.0%)	58 (12.1%)	5 (1.0%)	15 (3.1%)
		185 (62.1%)	72 (24.2%)	32 (10.7%)	3 (1.0%)	6 (2.0%)	151 (50.5%)	87 (29.1%)	36 (12.0%)	9 (3.0%)	16 (5.4%)	187 (62.5%)	60 (20.1%)	31 (10.4%)	7 (2.3%)	14 (4.7%)
	2126 (52.5%)	1237 (30.6%)	512 (12.6%)	105 (2.6%)	68 (1.7%)	2210 (54.7%)	1152 (28.5%)	502 (12.4%)	102 (2.5%)	76 (1.9%)	2613 (64.7%)	821 (20.3%)	417 (10.3%)	71 (1.8%)	117 (2.9%)	
女性	-39	259 (35.7%)	245 (33.8%)	166 (22.9%)	42 (5.8%)	13 (1.8%)	369 (51.0%)	219 (30.2%)	100 (13.8%)	21 (2.9%)	15 (2.1%)	413 (57.1%)	160 (22.1%)	106 (14.7%)	24 (3.3%)	20 (2.8%)
		136 (37.3%)	119 (32.6%)	79 (21.6%)	17 (4.7%)	14 (3.8%)	161 (44.5%)	118 (32.6%)	58 (16.0%)	18 (5.0%)	7 (1.9%)	196 (53.8%)	83 (22.8%)	55 (15.1%)	14 (3.8%)	16 (4.4%)
		127 (34.5%)	127 (34.5%)	85 (23.1%)	17 (4.6%)	12 (3.3%)	139 (37.8%)	137 (37.2%)	73 (19.8%)	14 (3.8%)	5 (1.4%)	206 (56.1%)	90 (24.5%)	52 (14.2%)	10 (2.7%)	9 (2.5%)
		117 (28.1%)	172 (41.3%)	93 (22.4%)	17 (4.1%)	17 (4.1%)	164 (39.4%)	156 (37.5%)	61 (14.7%)	23 (5.5%)	12 (2.9%)	220 (53.3%)	110 (26.6%)	60 (14.5%)	7 (1.7%)	16 (3.9%)
		213 (34.3%)	241 (38.8%)	126 (20.3%)	22 (3.5%)	19 (3.1%)	285 (45.9%)	209 (33.7%)	101 (16.3%)	18 (2.9%)	8 (1.3%)	367 (59.5%)	142 (23.0%)	83 (13.5%)	11 (1.8%)	14 (2.3%)
		342 (32.4%)	415 (39.3%)	233 (22.0%)	42 (4.0%)	25 (2.4%)	472 (44.7%)	371 (35.1%)	164 (15.5%)	35 (3.3%)	14 (1.3%)	621 (59.1%)	263 (25.0%)	122 (11.6%)	16 (1.5%)	29 (2.8%)
		363 (40.9%)	323 (36.4%)	160 (18.0%)	21 (2.4%)	21 (2.4%)	481 (54.2%)	262 (29.5%)	107 (12.0%)	26 (2.9%)	12 (1.4%)	563 (63.5%)	198 (22.3%)	83 (9.4%)	15 (1.7%)	27 (3.0%)
		406 (43.9%)	254 (27.5%)	190 (20.5%)	41 (4.4%)	34 (3.7%)	463 (50.0%)	273 (29.5%)	135 (14.6%)	25 (2.7%)	30 (3.2%)	560 (60.5%)	207 (22.4%)	102 (11.0%)	17 (1.8%)	40 (4.3%)
		268 (45.3%)	161 (27.2%)	109 (18.4%)	22 (3.7%)	32 (5.4%)	293 (49.5%)	169 (28.5%)	93 (15.7%)	17 (2.9%)	20 (3.4%)	351 (59.2%)	130 (21.9%)	71 (12.0%)	14 (2.4%)	27 (4.6%)
		195 (52.3%)	97 (26.0%)	60 (16.1%)	10 (2.7%)	11 (2.9%)	174 (46.6%)	121 (32.4%)	48 (12.9%)	14 (3.8%)	16 (4.3%)	226 (60.8%)	86 (23.1%)	38 (10.2%)	10 (2.7%)	12 (3.2%)
	2426 (38.3%)	2154 (34.0%)	1301 (20.6%)	251 (4.0%)	198 (3.1%)	3001 (47.4%)	2035 (32.2%)	940 (14.9%)	211 (3.3%)	139 (2.2%)	3723 (59.0%)	1469 (23.3%)	772 (12.2%)	138 (2.2%)	210 (3.3%)	
合計	-39	412 (37.7%)	370 (33.9%)	221 (20.2%)	65 (6.0%)	24 (2.2%)	551 (50.6%)	312 (28.6%)	166 (15.2%)	34 (3.1%)	27 (2.5%)	627 (57.6%)	245 (22.5%)	142 (13.0%)	36 (3.3%)	39 (3.6%)
		228 (38.5%)	201 (34.0%)	114 (19.3%)	28 (4.7%)	21 (3.5%)	269 (45.7%)	193 (32.8%)	87 (14.8%)	28 (4.8%)	12 (2.0%)	317 (53.7%)	137 (23.2%)	92 (15.6%)	23 (3.9%)	21 (3.6%)
		208 (37.4%)	202 (36.3%)	107 (19.2%)	24 (4.3%)	15 (2.7%)	235 (42.3%)	199 (35.8%)	97 (17.4%)	18 (3.2%)	7 (1.3%)	332 (59.8%)	130 (23.4%)	67 (12.1%)	13 (2.3%)	13 (2.3%)
		216 (33.7%)	248 (38.7%)	131 (20.4%)	25 (3.9%)	21 (3.3%)	265 (41.4%)	228 (35.6%)	101 (15.8%)	31 (4.8%)	15 (2.3%)	351 (55.0%)	167 (26.2%)	88 (13.8%)	10 (1.6%)	22 (3.4%)
		362 (38.2%)	348 (36.7%)	180 (19.0%)	31 (3.3%)	27 (2.8%)	442 (46.7%)	316 (33.4%)	150 (15.8%)	28 (3.0%)	11 (1.2%)	569 (60.3%)	213 (22.6%)	123 (13.0%)	17 (1.8%)	22 (2.3%)
		644 (38.5%)	623 (37.3%)	313 (18.7%)	55 (3.3%)	36 (2.2%)	804 (48.1%)	552 (33.1%)	237 (14.2%)	53 (3.2%)	24 (1.4%)	1054 (63.4%)	370 (22.2%)	174 (10.5%)	25 (1.5%)	40 (2.4%)
		708 (47.0%)	501 (33.3%)	229 (15.2%)	38 (2.5%)	30 (2.0%)	831 (55.2%)	436 (29.0%)	182 (12.1%)	36 (2.4%)	21 (1.4%)	980 (65.2%)	316 (21.0%)	143 (9.5%)	24 (1.6%)	40 (2.7%)
		833 (51.1%)	452 (27.7%)	254 (15.6%)	51 (3.1%)	39 (2.4%)	904 (55.5%)	450 (27.6%)	199 (12.2%)	37 (2.3%)	38 (2.3%)	1031 (63.4%)	345 (21.2%)	162 (10.0%)	25 (1.5%)	62 (3.8%)
		561 (52.3%)	277 (25.8%)	172 (16.0%)	26 (2.4%)	36 (3.4%)	585 (54.7%)	293 (27.4%)	139 (13.0%)	25 (2.3%)	28 (2.6%)	662 (61.7%)	221 (20.6%)	129 (12.0%)	19 (1.8%)	42 (3.9%)
		380 (56.6%)	169 (25.2%)	92 (13.7%)	13 (1.9%)	17 (2.5%)	325 (48.4%)	208 (31.0%)	84 (12.5%)	23 (3.4%)	32 (4.8%)	413 (61.5%)	146 (21.8%)	69 (10.3%)	17 (2.5%)	26 (3.9%)
	4552 (43.9%)	3391 (32.7%)	1813 (17.5%)	356 (3.4%)	266 (2.6%)	5211 (50.3%)	3187 (30.7%)	1442 (13.9%)	313 (3.0%)	215 (2.1%)	6336 (61.2%)	2290 (22.1%)	1189 (11.5%)	209 (2.0%)	327 (3.2%)	



【10】 今回の震災の記憶についておたずねします。

以下の反応は、今回のような災害の後、誰にでも見られることです。ここ1週間の間に3回以上、以下のようなことがありましたか。

(1) 思い出したくないのに、そのことを思い出したり夢に見る。

(2) 思い出すとひどく気持ちが動揺する。

(3) 思い出すと、体の反応が起きる。

		(1) 思い出したくないのに、そのことを思い出したり夢に見る。		(2) 思い出すとひどく気持ちが動揺する。		(3) 思い出すと、体の反応が起きる。	
		はい	いいえ	はい	いいえ	はい	いいえ
男性	-39	99 (27.0%)	268 (73.0%)	60 (16.4%)	306 (83.6%)	22 (6.0%)	344 (94.0%)
	40-44	60 (26.5%)	166 (73.5%)	34 (15.0%)	193 (85.0%)	8 (3.5%)	219 (96.5%)
	45-49	40 (21.4%)	147 (78.6%)	30 (16.0%)	157 (84.0%)	13 (7.0%)	174 (93.0%)
	50-54	52 (23.1%)	173 (76.9%)	40 (17.8%)	185 (82.2%)	6 (2.7%)	219 (97.3%)
	55-59	62 (18.9%)	266 (81.1%)	76 (23.2%)	252 (76.8%)	17 (5.2%)	311 (94.8%)
	60-64	146 (23.8%)	467 (76.2%)	138 (22.6%)	472 (77.4%)	24 (3.9%)	587 (96.1%)
	65-69	148 (23.9%)	470 (76.1%)	142 (23.0%)	475 (77.0%)	27 (4.4%)	591 (95.6%)
	70-74	191 (27.1%)	514 (72.9%)	163 (23.2%)	541 (76.8%)	36 (5.1%)	669 (94.9%)
	75-79	141 (29.4%)	339 (70.6%)	118 (24.6%)	361 (75.4%)	26 (5.5%)	449 (94.5%)
	80-	107 (35.9%)	191 (64.1%)	84 (28.2%)	214 (71.8%)	17 (5.7%)	280 (94.3%)
	合計	1046 (25.8%)	3001 (74.2%)	885 (21.9%)	3156 (78.1%)	196 (4.9%)	3843 (95.1%)
女性	-39	233 (32.2%)	491 (67.8%)	195 (26.9%)	530 (73.1%)	87 (12.0%)	636 (88.0%)
	40-44	120 (33.1%)	242 (66.9%)	105 (29.0%)	257 (71.0%)	45 (12.4%)	318 (87.6%)
	45-49	85 (23.0%)	284 (77.0%)	97 (26.3%)	272 (73.7%)	41 (11.1%)	328 (88.9%)
	50-54	118 (28.5%)	296 (71.5%)	135 (32.5%)	280 (67.5%)	61 (14.7%)	354 (85.3%)
	55-59	179 (28.9%)	441 (71.1%)	188 (30.3%)	432 (69.7%)	60 (9.7%)	558 (90.3%)
	60-64	363 (34.4%)	692 (65.6%)	396 (37.5%)	661 (62.5%)	103 (9.8%)	945 (90.2%)
	65-69	327 (36.9%)	558 (63.1%)	320 (36.2%)	565 (63.8%)	80 (9.1%)	803 (90.9%)
	70-74	424 (45.7%)	504 (54.3%)	419 (45.3%)	506 (54.7%)	109 (11.8%)	815 (88.2%)
	75-79	278 (46.9%)	315 (53.1%)	246 (41.6%)	345 (58.4%)	95 (16.1%)	494 (83.9%)
	80-	164 (43.7%)	211 (56.3%)	145 (38.8%)	229 (61.2%)	40 (10.8%)	330 (89.2%)
	合計	2291 (36.2%)	4034 (63.8%)	2246 (35.5%)	4077 (64.5%)	721 (11.4%)	5581 (88.6%)
合計	-39	332 (30.4%)	759 (69.6%)	255 (23.4%)	836 (76.6%)	109 (10.0%)	980 (90.0%)
	40-44	180 (30.6%)	408 (69.4%)	139 (23.6%)	450 (76.4%)	53 (9.0%)	537 (91.0%)
	45-49	125 (22.5%)	431 (77.5%)	127 (22.8%)	429 (77.2%)	54 (9.7%)	502 (90.3%)
	50-54	170 (26.6%)	469 (73.4%)	175 (27.3%)	465 (72.7%)	67 (10.5%)	573 (89.5%)
	55-59	241 (25.4%)	707 (74.6%)	264 (27.8%)	684 (72.2%)	77 (8.1%)	869 (91.9%)
	60-64	509 (30.5%)	1159 (69.5%)	534 (32.0%)	1133 (68.0%)	127 (7.7%)	1532 (92.3%)
	65-69	475 (31.6%)	1028 (68.4%)	462 (30.8%)	1040 (69.2%)	107 (7.1%)	1394 (92.9%)
	70-74	615 (37.7%)	1018 (62.3%)	582 (35.7%)	1047 (64.3%)	145 (8.9%)	1484 (91.1%)
	75-79	419 (39.0%)	654 (61.0%)	364 (34.0%)	706 (66.0%)	121 (11.4%)	943 (88.6%)
	80-	271 (40.3%)	402 (59.7%)	229 (34.1%)	443 (65.9%)	57 (8.5%)	610 (91.5%)
	合計	3337 (32.2%)	7035 (67.8%)	3131 (30.2%)	7233 (69.8%)	917 (8.9%)	9424 (91.1%)

【11】 発災後の住居の移動についておたずねします。

【12】 現在の暮らし向きについておたずねします。

避難所を含めて、何回住居が変わりましたか。

現在の暮らし向きの状況を、経済的にみてどう感じていますか。

		0回	1回	2回	3回	4回以上	大変苦しい	苦しい	やや苦しい	普通
男性	-39	156 (42.5%)	59 (16.1%)	79 (21.5%)	47 (12.8%)	26 (7.1%)	45 (12.3%)	84 (23.0%)	101 (27.6%)	136 (37.2%)
	40-44	85 (37.6%)	32 (14.2%)	58 (25.7%)	35 (15.5%)	16 (7.1%)	33 (14.6%)	57 (25.2%)	72 (31.9%)	64 (28.3%)
	45-49	81 (43.3%)	22 (11.8%)	43 (23.0%)	28 (15.0%)	13 (7.0%)	25 (13.4%)	43 (23.0%)	58 (31.0%)	61 (32.6%)
	50-54	101 (44.9%)	27 (12.0%)	46 (20.4%)	35 (15.6%)	16 (7.1%)	19 (8.4%)	62 (27.6%)	70 (31.1%)	74 (32.9%)
	55-59	151 (46.2%)	47 (14.4%)	53 (16.2%)	53 (16.2%)	23 (7.0%)	37 (11.3%)	73 (22.4%)	102 (31.3%)	114 (35.0%)
	60-64	304 (49.8%)	68 (11.1%)	123 (20.1%)	76 (12.4%)	40 (6.5%)	60 (9.8%)	104 (16.9%)	178 (29.0%)	272 (44.3%)
	65-69	290 (47.0%)	79 (12.8%)	116 (18.8%)	84 (13.6%)	48 (7.8%)	27 (4.4%)	101 (16.4%)	186 (30.1%)	303 (49.1%)
	70-74	389 (56.1%)	79 (11.4%)	99 (14.3%)	89 (12.8%)	38 (5.5%)	33 (4.7%)	101 (14.5%)	167 (23.9%)	397 (56.9%)
	75-79	257 (54.2%)	53 (11.2%)	70 (14.8%)	73 (15.4%)	21 (4.4%)	21 (4.4%)	56 (11.7%)	112 (23.3%)	291 (60.6%)
	80-	158 (53.0%)	27 (9.1%)	47 (15.8%)	37 (12.4%)	29 (9.7%)	12 (4.0%)	27 (9.0%)	73 (24.4%)	187 (62.5%)
	合計	1972 (49.0%)	493 (12.2%)	734 (18.2%)	557 (13.8%)	270 (6.7%)	312 (7.7%)	708 (17.5%)	1119 (27.7%)	1899 (47.0%)
女性	-39	274 (37.8%)	103 (14.2%)	140 (19.3%)	135 (18.6%)	72 (9.9%)	62 (8.6%)	130 (17.9%)	210 (29.0%)	323 (44.6%)
	40-44	162 (44.4%)	45 (12.3%)	62 (17.0%)	69 (18.9%)	27 (7.4%)	42 (11.5%)	90 (24.7%)	93 (25.5%)	140 (38.4%)
	45-49	173 (46.9%)	44 (11.9%)	61 (16.5%)	68 (18.4%)	23 (6.2%)	34 (9.2%)	70 (19.0%)	116 (31.4%)	149 (40.4%)
	50-54	176 (42.4%)	44 (10.6%)	90 (21.7%)	65 (15.7%)	40 (9.6%)	29 (7.0%)	85 (20.4%)	136 (32.7%)	166 (39.9%)
	55-59	310 (49.9%)	85 (13.7%)	114 (18.4%)	65 (10.5%)	47 (7.6%)	45 (7.2%)	115 (18.5%)	200 (32.2%)	262 (42.1%)
	60-64	504 (47.8%)	115 (10.9%)	188 (17.8%)	160 (15.2%)	87 (8.3%)	72 (6.8%)	159 (15.0%)	324 (30.7%)	502 (47.5%)
	65-69	422 (47.8%)	111 (12.6%)	155 (17.6%)	125 (14.2%)	70 (7.9%)	41 (4.6%)	124 (14.0%)	249 (28.1%)	472 (53.3%)
	70-74	452 (49.1%)	104 (11.3%)	154 (16.7%)	132 (14.3%)	79 (8.6%)	50 (5.4%)	111 (12.0%)	249 (26.9%)	514 (55.6%)
	75-79	296 (50.4%)	72 (12.3%)	104 (17.7%)	65 (11.1%)	50 (8.5%)	31 (5.2%)	59 (10.0%)	148 (25.0%)	353 (59.7%)
	80-	176 (47.1%)	44 (11.8%)	62 (16.6%)	58 (15.5%)	34 (9.1%)	12 (3.2%)	26 (6.9%)	92 (24.5%)	245 (65.3%)
	合計	2945 (46.8%)	767 (12.1%)	1130 (17.9%)	942 (14.9%)	529 (8.4%)	418 (6.6%)	969 (15.3%)	1817 (28.7%)	3126 (49.4%)
合計	-39	430 (39.4%)	162 (14.8%)	219 (20.1%)	182 (16.7%)	98 (9.0%)	107 (9.8%)	214 (19.6%)	311 (28.5%)	459 (42.1%)
	40-44	247 (41.8%)	77 (13.0%)	120 (20.3%)	104 (17.6%)	43 (7.3%)	75 (12.7%)	147 (24.9%)	165 (27.9%)	204 (34.5%)
	45-49	254 (45.7%)	66 (11.9%)	104 (18.7%)	96 (17.3%)	36 (6.5%)	59 (10.6%)	113 (20.3%)	174 (31.3%)	210 (37.8%)
	50-54	277 (43.3%)	71 (11.1%)	136 (21.3%)	100 (15.6%)	56 (8.8%)	48 (7.5%)	147 (22.9%)	206 (32.1%)	240 (37.4%)
	55-59	461 (48.6%)	132 (13.9%)	167 (17.6%)	118 (12.4%)	70 (7.4%)	82 (8.6%)	188 (19.8%)	302 (31.9%)	376 (39.7%)
	60-64	808 (48.5%)	183 (11.0%)	311 (18.7%)	236 (14.2%)	127 (7.6%)	132 (7.9%)	263 (15.7%)	502 (30.0%)	774 (46.3%)
	65-69	712 (47.5%)	190 (12.7%)	271 (18.1%)	209 (13.9%)	118 (7.9%)	68 (4.5%)	225 (15.0%)	435 (28.9%)	775 (51.6%)
	70-74	841 (52.1%)	183 (11.3%)	253 (15.7%)	221 (13.7%)	117 (7.2%)	83 (5.1%)	212 (13.1%)	416 (25.6%)	911 (56.2%)
	75-79	553 (52.1%)	125 (11.8%)	174 (16.4%)	138 (13.0%)	71 (6.7%)	52 (4.9%)	115 (10.7%)	260 (24.3%)	644 (60.1%)
	80-	334 (49.7%)	71 (10.6%)	109 (16.2%)	95 (14.1%)	63 (9.4%)	24 (3.6%)	53 (7.9%)	165 (24.5%)	432 (64.1%)
	合計	4917 (47.6%)	1260 (12.2%)	1864 (18.0%)	1499 (14.5%)	799 (7.7%)	730 (7.0%)	1677 (16.2%)	2936 (28.3%)	5025 (48.5%)

資料

【平成23年度分】度数分布表（大槌町）

## 【1】医療に関してお尋ねします。

## 【2】食事についておたずねします。

## 【3】（省略）

(1) 現在の健康状態はいかがですか。

(1) 最近の食事の回数について  
教えてください。

		とても良い	まあ良い	あまり良くない	良くない	3回未満	3回以上
男性	-39	9 (12.7%)	49 (69.0%)	11 (15.5%)	2 (2.8%)	12 (16.9%)	59 (83.1%)
	40-44	2 (5.0%)	31 (77.5%)	7 (17.5%)	0 (0.0%)	9 (22.5%)	31 (77.5%)
	45-49	6 (20.7%)	16 (55.2%)	6 (20.7%)	1 (3.4%)	5 (17.2%)	24 (82.8%)
	50-54	7 (15.9%)	25 (56.8%)	10 (22.7%)	2 (4.5%)	7 (16.3%)	36 (83.7%)
	55-59	5 (9.1%)	44 (80.0%)	6 (10.9%)	0 (0.0%)	9 (16.4%)	46 (83.6%)
	60-64	12 (11.2%)	79 (73.8%)	14 (13.1%)	2 (1.9%)	10 (9.3%)	97 (90.7%)
	65-69	21 (14.4%)	105 (71.9%)	19 (13.0%)	1 (0.7%)	6 (4.2%)	138 (95.8%)
	70-74	10 (7.7%)	106 (81.5%)	12 (9.2%)	2 (1.5%)	9 (7.0%)	119 (93.0%)
	75-79	14 (14.4%)	64 (66.0%)	18 (18.6%)	1 (1.0%)	2 (2.2%)	91 (97.8%)
	80-	4 (6.2%)	51 (78.5%)	7 (10.8%)	3 (4.6%)	1 (1.6%)	62 (98.4%)
合計	90 (11.5%)	570 (72.7%)	110 (14.0%)	14 (1.8%)	70 (9.1%)	703 (90.9%)	
女性	-39	18 (12.8%)	105 (74.5%)	18 (12.8%)	0 (0.0%)	28 (19.9%)	113 (80.1%)
	40-44	5 (7.1%)	55 (78.6%)	9 (12.9%)	1 (1.4%)	10 (14.5%)	59 (85.5%)
	45-49	3 (4.6%)	52 (80.0%)	10 (15.4%)	0 (0.0%)	9 (14.1%)	55 (85.9%)
	50-54	6 (6.9%)	64 (73.6%)	15 (17.2%)	2 (2.3%)	10 (11.5%)	77 (88.5%)
	55-59	13 (10.9%)	91 (76.5%)	15 (12.6%)	0 (0.0%)	8 (6.7%)	112 (93.3%)
	60-64	14 (5.9%)	186 (78.8%)	34 (14.4%)	2 (0.8%)	16 (6.8%)	219 (93.2%)
	65-69	21 (11.3%)	144 (77.4%)	21 (11.3%)	0 (0.0%)	6 (3.3%)	174 (96.7%)
	70-74	15 (8.9%)	122 (72.2%)	28 (16.6%)	4 (2.4%)	5 (3.0%)	161 (97.0%)
	75-79	11 (8.8%)	81 (64.8%)	27 (21.6%)	6 (4.8%)	2 (1.6%)	123 (98.4%)
	80-	8 (9.3%)	60 (69.8%)	14 (16.3%)	4 (4.7%)	2 (2.4%)	83 (97.6%)
合計	114 (8.9%)	960 (74.8%)	191 (14.9%)	19 (1.5%)	96 (7.5%)	1176 (92.5%)	
合計	-39	27 (12.7%)	154 (72.6%)	29 (13.7%)	2 (0.9%)	40 (18.9%)	172 (81.1%)
	40-44	7 (6.4%)	86 (78.2%)	16 (14.5%)	1 (0.9%)	19 (17.4%)	90 (82.6%)
	45-49	9 (9.6%)	68 (72.3%)	16 (17.0%)	1 (1.1%)	14 (15.1%)	79 (84.9%)
	50-54	13 (9.9%)	89 (67.9%)	25 (19.1%)	4 (3.1%)	17 (13.1%)	113 (86.9%)
	55-59	18 (10.3%)	135 (77.6%)	21 (12.1%)	0 (0.0%)	17 (9.7%)	158 (90.3%)
	60-64	26 (7.6%)	265 (77.3%)	48 (14.0%)	4 (1.2%)	26 (7.6%)	316 (92.4%)
	65-69	42 (12.7%)	249 (75.0%)	40 (12.0%)	1 (0.3%)	12 (3.7%)	312 (96.3%)
	70-74	25 (8.4%)	228 (76.3%)	40 (13.4%)	6 (2.0%)	14 (4.8%)	280 (95.2%)
	75-79	25 (11.3%)	145 (65.3%)	45 (20.3%)	7 (3.2%)	4 (1.8%)	214 (98.2%)
	80-	12 (7.9%)	111 (73.5%)	21 (13.9%)	7 (4.6%)	3 (2.0%)	145 (98.0%)
合計	204 (9.9%)	1530 (74.0%)	301 (14.6%)	33 (1.6%)	166 (8.1%)	1879 (91.9%)	

【4】お仕事の状況についておたずねします。

(1) 震災前、お仕事をしていましたか。 (副問) 仕事をしていた場合、職業について当てはまるもの1つに○をつけて下さい。

				農業	漁業	鉱業	建設業	製造業	電気/ガス/水道	情報通信	運輸・郵便	卸売・小売	金融・保険	サービス (飲食・観光・宿泊)	教育・医療 ・福祉・公務	その他
		していた	していない													
男性	-39	53 (79.1%)	14 (20.9%)	1 (1.8%)	6 (10.5%)	0 (0.0%)	6 (10.5%)	14 (24.6%)	0 (0.0%)	0 (0.0%)	2 (3.5%)	5 (8.8%)	0 (0.0%)	7 (12.3%)	7 (12.3%)	9 (15.8%)
	40-44	36 (92.3%)	3 (7.7%)	0 (0.0%)	4 (11.8%)	0 (0.0%)	7 (20.6%)	7 (20.6%)	4 (11.8%)	0 (0.0%)	2 (5.9%)	3 (8.8%)	0 (0.0%)	3 (8.8%)	2 (5.9%)	2 (5.9%)
	45-49	24 (88.9%)	3 (11.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (12.0%)	12 (48.0%)	1 (4.0%)	0 (0.0%)	2 (8.0%)	4 (16.0%)	0 (0.0%)	1 (4.0%)	1 (4.0%)	1 (4.0%)
	50-54	29 (78.4%)	8 (21.6%)	3 (8.8%)	1 (2.9%)	0 (0.0%)	8 (23.9%)	6 (17.6%)	0 (0.0%)	0 (0.0%)	1 (2.9%)	2 (5.9%)	0 (0.0%)	6 (17.6%)	1 (2.9%)	6 (17.6%)
	55-59	44 (86.3%)	7 (13.7%)	1 (2.3%)	2 (4.7%)	2 (4.7%)	11 (25.6%)	7 (16.3%)	1 (2.3%)	0 (0.0%)	3 (7.0%)	4 (9.3%)	0 (0.0%)	1 (2.3%)	6 (14.0%)	5 (11.6%)
	60-64	71 (69.6%)	31 (30.4%)	7 (9.6%)	13 (17.8%)	1 (1.4%)	10 (13.7%)	7 (9.6%)	0 (0.0%)	3 (4.1%)	2 (2.7%)	2 (2.7%)	1 (1.4%)	5 (6.8%)	7 (9.6%)	15 (20.5%)
	65-69	65 (46.4%)	75 (53.6%)	9 (13.0%)	14 (20.3%)	0 (0.0%)	10 (14.5%)	8 (11.6%)	2 (2.9%)	0 (0.0%)	5 (7.2%)	5 (7.2%)	0 (0.0%)	3 (4.3%)	1 (1.4%)	12 (17.4%)
	70-74	42 (35.0%)	78 (65.0%)	18 (32.1%)	11 (19.6%)	0 (0.0%)	4 (7.1%)	2 (3.6%)	1 (1.8%)	1 (1.8%)	0 (0.0%)	5 (8.9%)	0 (0.0%)	2 (3.6%)	4 (7.1%)	8 (14.3%)
	75-79	24 (25.3%)	71 (74.7%)	15 (53.8%)	8 (28.6%)	0 (0.0%)	1 (3.6%)	1 (3.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (7.1%)	0 (0.0%)	1 (3.6%)
	80-	12 (20.0%)	48 (80.0%)	9 (60.0%)	5 (33.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
合計	400 (54.2%)	338 (45.8%)	63 (14.5%)	64 (14.7%)	3 (0.7%)	60 (13.8%)	64 (14.7%)	9 (2.1%)	4 (0.9%)	17 (3.9%)	30 (6.9%)	1 (0.2%)	30 (6.9%)	29 (6.7%)	60 (13.8%)	
女性	-39	93 (67.9%)	44 (32.1%)	1 (1.1%)	2 (2.1%)	0 (0.0%)	0 (0.0%)	15 (15.8%)	1 (1.1%)	0 (0.0%)	0 (0.0%)	11 (11.6%)	2 (2.1%)	18 (18.9%)	36 (37.9%)	9 (9.5%)
	40-44	38 (60.3%)	25 (39.7%)	2 (4.5%)	1 (2.3%)	0 (0.0%)	1 (2.3%)	8 (18.2%)	1 (2.3%)	1 (2.3%)	0 (0.0%)	5 (11.4%)	1 (2.3%)	10 (22.7%)	10 (22.7%)	4 (9.1%)
	45-49	46 (74.2%)	16 (25.8%)	3 (6.3%)	1 (2.1%)	0 (0.0%)	1 (2.1%)	9 (18.8%)	0 (0.0%)	1 (2.1%)	0 (0.0%)	6 (12.5%)	1 (2.1%)	8 (16.7%)	9 (18.8%)	9 (18.8%)
	50-54	55 (64.7%)	30 (35.3%)	4 (7.3%)	1 (1.8%)	0 (0.0%)	1 (1.8%)	11 (20.0%)	0 (0.0%)	1 (1.8%)	2 (3.6%)	10 (18.2%)	0 (0.0%)	8 (14.5%)	7 (12.7%)	10 (18.2%)
	55-59	71 (61.4%)	44 (38.3%)	8 (11.4%)	4 (5.7%)	0 (0.0%)	2 (2.9%)	19 (27.1%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	9 (12.9%)	1 (1.4%)	12 (17.1%)	6 (8.6%)	9 (12.9%)
	60-64	132 (58.2%)	92 (41.1%)	12 (9.2%)	4 (3.1%)	0 (0.0%)	1 (0.8%)	38 (29.2%)	0 (0.0%)	1 (0.8%)	0 (0.0%)	11 (8.5%)	1 (0.8%)	26 (20.0%)	13 (10.0%)	23 (17.7%)
	65-69	49 (27.4%)	129 (72.5%)	15 (29.4%)	4 (7.8%)	0 (0.0%)	0 (0.0%)	5 (9.8%)	0 (0.0%)	1 (2.0%)	0 (0.0%)	4 (7.8%)	1 (2.0%)	10 (19.6%)	3 (5.9%)	8 (15.7%)
	70-74	35 (21.6%)	127 (78.4%)	22 (51.2%)	2 (4.7%)	0 (0.0%)	0 (0.0%)	3 (7.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (4.7%)	0 (0.0%)	9 (20.9%)	0 (0.0%)	5 (11.6%)
	75-79	28 (22.4%)	97 (77.6%)	17 (58.6%)	3 (10.3%)	0 (0.0%)	1 (3.4%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (6.9%)	0 (0.0%)	2 (6.9%)	0 (0.0%)	4 (13.8%)
	80-	7 (8.4%)	76 (91.6%)	7 (70.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (10.0%)	0 (0.0%)	2 (20.0%)
合計	554 (44.9%)	680 (55.1%)	91 (15.8%)	22 (3.8%)	0 (0.0%)	7 (1.2%)	108 (18.8%)	2 (0.3%)	5 (0.9%)	2 (0.3%)	60 (10.4%)	7 (1.2%)	104 (18.1%)	84 (14.6%)	83 (14.4%)	
合計	-39	146 (71.6%)	58 (28.4%)	2 (1.3%)	8 (5.3%)	0 (0.0%)	6 (3.9%)	29 (19.1%)	1 (0.7%)	0 (0.0%)	2 (1.3%)	16 (10.5%)	2 (1.3%)	25 (16.4%)	43 (28.3%)	18 (11.8%)
	40-44	74 (72.6%)	28 (27.5%)	2 (2.6%)	5 (6.4%)	0 (0.0%)	8 (10.3%)	15 (19.2%)	5 (6.4%)	1 (1.3%)	2 (2.6%)	8 (10.3%)	1 (1.3%)	13 (16.7%)	12 (15.4%)	6 (7.7%)
	45-49	70 (78.7%)	19 (21.3%)	3 (4.1%)	1 (1.4%)	0 (0.0%)	4 (5.5%)	21 (28.8%)	1 (1.4%)	1 (1.4%)	2 (2.7%)	10 (13.7%)	1 (1.4%)	9 (12.3%)	10 (13.7%)	10 (13.7%)
	50-54	84 (68.9%)	38 (31.1%)	7 (7.9%)	2 (2.2%)	0 (0.0%)	9 (10.1%)	17 (19.1%)	0 (0.0%)	1 (1.1%)	3 (3.4%)	12 (13.5%)	0 (0.0%)	14 (15.7%)	8 (9.0%)	16 (18.0%)
	55-59	115 (69.3%)	51 (30.7%)	9 (8.0%)	6 (5.3%)	2 (1.8%)	13 (11.5%)	26 (23.0%)	1 (0.9%)	0 (0.0%)	3 (2.7%)	13 (11.5%)	1 (0.9%)	13 (11.5%)	12 (10.6%)	14 (12.4%)
	60-64	203 (62.3%)	123 (37.7%)	19 (9.4%)	17 (8.4%)	1 (0.5%)	11 (5.4%)	45 (22.2%)	0 (0.0%)	4 (2.0%)	2 (1.0%)	13 (6.4%)	2 (1.0%)	31 (15.3%)	20 (9.9%)	38 (18.7%)
	65-69	114 (35.0%)	204 (64.2%)	24 (20.0%)	18 (15.0%)	0 (0.0%)	10 (8.3%)	13 (10.8%)	2 (1.7%)	1 (0.8%)	5 (4.2%)	9 (7.5%)	1 (0.8%)	13 (10.8%)	4 (3.3%)	20 (16.7%)
	70-74	77 (27.3%)	205 (72.7%)	40 (40.4%)	13 (13.1%)	0 (0.0%)	4 (4.0%)	5 (5.1%)	1 (1.0%)	1 (1.0%)	0 (0.0%)	7 (7.1%)	0 (0.0%)	11 (11.1%)	4 (4.0%)	13 (13.1%)
	75-79	52 (23.6%)	168 (76.4%)	32 (56.1%)	11 (19.3%)	0 (0.0%)	2 (3.5%)	1 (1.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	2 (3.5%)	0 (0.0%)	4 (7.0%)	0 (0.0%)	5 (8.8%)
	80-	19 (13.3%)	124 (86.7%)	16 (64.0%)	5 (20.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (4.0%)	0 (0.0%)	3 (12.0%)
合計	954 (48.4%)	1018 (51.6%)	154 (15.3%)	86 (8.5%)	3 (0.3%)	67 (6.6%)	172 (17.0%)	11 (1.1%)	9 (0.9%)	19 (1.9%)	90 (8.9%)	8 (0.8%)	134 (13.3%)	113 (11.2%)	143 (14.2%)	

(2) 震災によってお仕事の状況は変わりましたか。

(副問) どのように変わりましたか。あてはまるものを全てに○をつけて下さい。

		変わった	変わらない	新しく仕事を始めた (転職含む)	失業した	稼ぎが増えた	稼ぎが減った	その他
男性	-39	41 (60.3%)	27 (39.7%)	22 (36.7%)	15 (12.6%)	3 (10.3%)	11 (16.4%)	7 (20.0%)
	40-44	24 (61.5%)	15 (38.5%)	7 (11.7%)	10 (8.4%)	4 (13.8%)	9 (13.4%)	1 (2.9%)
	45-49	18 (64.3%)	10 (35.7%)	1 (1.7%)	7 (5.9%)	3 (10.3%)	4 (6.0%)	2 (5.7%)
	50-54	16 (41.0%)	23 (59.0%)	9 (15.0%)	7 (5.9%)	2 (6.9%)	1 (1.5%)	2 (5.7%)
	55-59	30 (57.7%)	22 (42.3%)	9 (15.0%)	9 (7.6%)	6 (20.7%)	7 (10.4%)	2 (5.7%)
	60-64	50 (50.5%)	49 (49.5%)	6 (10.0%)	26 (21.8%)	5 (17.2%)	10 (14.9%)	8 (22.9%)
	65-69	45 (32.1%)	95 (67.9%)	6 (10.0%)	21 (17.2%)	5 (17.2%)	14 (20.9%)	5 (14.3%)
	70-74	24 (19.4%)	100 (80.6%)	0 (0.0%)	16 (13.4%)	1 (3.4%)	8 (11.9%)	2 (5.7%)
	75-79	13 (14.1%)	79 (85.9%)	0 (0.0%)	7 (5.9%)	0 (0.0%)	3 (4.5%)	3 (8.6%)
	80-	6 (9.5%)	57 (90.5%)	0 (0.0%)	1 (0.8%)	0 (0.0%)	0 (0.0%)	3 (8.6%)
	合計	267 (35.9%)	477 (64.1%)	60 (100.0%)	119 (100.0%)	29 (100.0%)	67 (100.0%)	35 (100.0%)
女性	-39	67 (48.9%)	70 (51.1%)	21 (32.8%)	32 (11.7%)	5 (41.7%)	13 (16.9%)	11 (28.9%)
	40-44	29 (45.3%)	35 (54.7%)	6 (9.4%)	17 (6.2%)	0 (0.0%)	9 (11.7%)	3 (7.9%)
	45-49	41 (64.1%)	23 (35.9%)	7 (10.9%)	18 (6.6%)	4 (33.3%)	8 (10.4%)	6 (15.8%)
	50-54	37 (46.3%)	43 (53.8%)	6 (9.4%)	27 (9.9%)	1 (8.3%)	7 (9.1%)	2 (5.3%)
	55-59	62 (54.4%)	52 (45.6%)	8 (12.5%)	55 (20.1%)	1 (8.3%)	6 (7.8%)	2 (5.3%)
	60-64	111 (50.7%)	108 (49.3%)	12 (18.8%)	81 (29.7%)	1 (8.3%)	17 (22.1%)	7 (18.4%)
	65-69	37 (22.2%)	130 (77.8%)	1 (1.6%)	24 (8.8%)	0 (0.0%)	11 (14.3%)	4 (10.5%)
	70-74	16 (10.5%)	137 (89.5%)	2 (3.1%)	13 (4.8%)	0 (0.0%)	3 (3.9%)	1 (2.6%)
	75-79	10 (8.3%)	111 (91.7%)	1 (1.6%)	5 (1.8%)	0 (0.0%)	2 (2.6%)	1 (2.6%)
	80-	3 (3.8%)	76 (96.2%)	0 (0.0%)	1 (0.4%)	0 (0.0%)	1 (1.3%)	1 (2.6%)
	合計	413 (34.5%)	785 (65.5%)	64 (100.0%)	273 (100.0%)	12 (100.0%)	77 (100.0%)	38 (100.0%)
合計	-39	108 (52.7%)	97 (47.3%)	43 (34.7%)	47 (12.0%)	8 (19.5%)	24 (16.7%)	18 (24.7%)
	40-44	53 (51.5%)	50 (48.5%)	13 (10.5%)	27 (6.9%)	4 (9.8%)	18 (12.5%)	4 (5.5%)
	45-49	59 (64.1%)	33 (35.9%)	8 (6.5%)	25 (6.4%)	7 (17.1%)	12 (8.3%)	8 (11.0%)
	50-54	53 (44.5%)	66 (55.5%)	15 (12.1%)	34 (8.7%)	3 (7.3%)	8 (5.6%)	4 (5.5%)
	55-59	92 (55.4%)	74 (44.6%)	17 (13.7%)	64 (16.3%)	7 (17.1%)	13 (9.0%)	4 (5.5%)
	60-64	161 (50.6%)	157 (49.4%)	18 (14.5%)	107 (27.3%)	6 (14.6%)	27 (18.8%)	15 (20.5%)
	65-69	82 (26.7%)	225 (73.3%)	7 (5.6%)	45 (11.5%)	5 (12.2%)	25 (17.4%)	9 (12.3%)
	70-74	40 (14.4%)	237 (85.6%)	2 (1.6%)	29 (7.4%)	1 (2.4%)	11 (7.6%)	3 (4.1%)
	75-79	23 (10.8%)	190 (89.2%)	1 (0.8%)	12 (3.1%)	0 (0.0%)	5 (3.5%)	4 (5.5%)
	80-	9 (6.3%)	133 (93.7%)	0 (0.0%)	2 (0.5%)	0 (0.0%)	1 (0.7%)	4 (5.5%)
	合計	680 (35.0%)	1262 (65.0%)	124 (100.0%)	392 (100.0%)	41 (100.0%)	144 (100.0%)	73 (100.0%)

【5】睡眠についておたずねします。

(1) 最近1日平均何時間くらい眠りますか(昼寝を含む)。

(2) ここ数日、昼寝は1日何分くらいしていますか。

		5時間未満	5-6時間	6-7時間	7-8時間	8-9時間	9時間以上	しない	する
男性	-39	5 (7.0%)	22 (31.0%)	25 (35.2%)	11 (15.5%)	7 (9.9%)	1 (1.4%)	52 (76.5%)	16 (23.5%)
	40-44	6 (15.0%)	9 (22.5%)	9 (22.5%)	11 (27.5%)	4 (10.0%)	1 (2.5%)	25 (69.4%)	11 (30.6%)
	45-49	5 (17.2%)	7 (24.1%)	13 (44.8%)	3 (10.3%)	1 (3.4%)	0 (0.0%)	19 (70.4%)	8 (29.6%)
	50-54	5 (11.4%)	18 (40.9%)	10 (22.7%)	6 (13.6%)	3 (6.8%)	2 (4.5%)	28 (70.0%)	12 (30.0%)
	55-59	4 (7.3%)	13 (23.6%)	16 (29.1%)	18 (32.7%)	4 (7.3%)	0 (0.0%)	34 (75.6%)	11 (24.4%)
	60-64	13 (12.1%)	21 (19.6%)	32 (29.9%)	26 (24.3%)	13 (12.1%)	2 (1.9%)	75 (75.8%)	24 (24.2%)
	65-69	6 (4.1%)	35 (24.0%)	42 (28.8%)	45 (30.8%)	16 (11.0%)	2 (1.4%)	91 (71.1%)	37 (28.9%)
	70-74	9 (6.9%)	22 (16.8%)	27 (20.8%)	39 (30.0%)	25 (19.2%)	8 (6.2%)	64 (62.7%)	38 (37.3%)
	75-79	7 (7.2%)	14 (14.4%)	24 (24.7%)	27 (27.8%)	20 (20.6%)	5 (5.2%)	41 (60.3%)	27 (39.7%)
	80-	2 (3.1%)	9 (13.8%)	18 (27.7%)	14 (21.5%)	14 (21.5%)	3 (12.3%)	30 (53.6%)	26 (46.4%)
	合計	62 (7.9%)	170 (21.7%)	216 (27.6%)	200 (25.5%)	107 (13.6%)	29 (3.7%)	459 (68.6%)	210 (31.4%)
女性	-39	4 (2.8%)	40 (28.2%)	52 (36.6%)	35 (24.6%)	7 (4.9%)	4 (2.8%)	116 (85.3%)	20 (14.7%)
	40-44	7 (10.1%)	22 (31.9%)	27 (39.1%)	10 (14.5%)	2 (2.9%)	1 (1.4%)	52 (77.6%)	15 (22.4%)
	45-49	6 (9.2%)	22 (33.8%)	29 (44.6%)	4 (6.2%)	3 (4.6%)	1 (1.5%)	50 (79.4%)	13 (20.6%)
	50-54	13 (14.9%)	29 (33.3%)	20 (23.0%)	18 (20.7%)	6 (6.9%)	1 (1.1%)	68 (87.2%)	10 (12.8%)
	55-59	9 (7.5%)	46 (38.3%)	38 (31.7%)	19 (15.8%)	7 (5.8%)	1 (0.8%)	95 (85.6%)	16 (14.4%)
	60-64	23 (9.7%)	60 (25.3%)	97 (40.9%)	42 (17.7%)	13 (5.5%)	2 (0.8%)	178 (84.4%)	33 (15.6%)
	65-69	21 (11.3%)	33 (17.7%)	60 (32.3%)	48 (25.8%)	19 (10.2%)	5 (2.7%)	122 (76.3%)	38 (23.8%)
	70-74	19 (11.2%)	34 (20.1%)	55 (32.5%)	28 (16.6%)	23 (13.6%)	10 (5.9%)	112 (74.7%)	38 (25.3%)
	75-79	11 (8.7%)	22 (17.5%)	24 (19.0%)	41 (32.5%)	21 (16.7%)	7 (5.6%)	81 (73.6%)	29 (26.4%)
	80-	7 (8.1%)	16 (18.6%)	23 (26.7%)	17 (19.8%)	16 (18.6%)	7 (8.1%)	41 (62.1%)	25 (37.9%)
	合計	120 (9.3%)	324 (25.2%)	425 (33.0%)	262 (20.4%)	117 (9.1%)	39 (3.0%)	915 (79.4%)	237 (20.6%)
合計	-39	9 (4.2%)	62 (29.1%)	77 (36.2%)	46 (21.6%)	14 (6.6%)	5 (2.3%)	168 (82.4%)	36 (17.6%)
	40-44	13 (11.9%)	31 (28.4%)	36 (33.0%)	21 (19.3%)	6 (5.5%)	2 (1.8%)	77 (74.8%)	26 (25.2%)
	45-49	11 (11.7%)	29 (30.9%)	42 (44.7%)	7 (7.4%)	4 (4.3%)	1 (1.1%)	69 (76.7%)	21 (23.3%)
	50-54	18 (13.7%)	47 (35.9%)	30 (22.9%)	24 (18.3%)	9 (6.9%)	3 (2.3%)	96 (81.4%)	22 (18.6%)
	55-59	13 (7.4%)	59 (33.7%)	54 (30.9%)	37 (21.1%)	11 (6.3%)	1 (0.6%)	129 (82.7%)	27 (17.3%)
	60-64	36 (10.5%)	81 (23.5%)	129 (37.5%)	68 (19.8%)	26 (7.6%)	4 (1.2%)	253 (81.6%)	57 (18.4%)
	65-69	27 (8.1%)	68 (20.5%)	102 (30.7%)	93 (28.0%)	35 (10.5%)	7 (2.1%)	213 (74.0%)	75 (26.0%)
	70-74	28 (9.4%)	56 (18.7%)	82 (27.4%)	67 (22.4%)	48 (16.1%)	18 (6.0%)	176 (69.8%)	76 (30.2%)
	75-79	18 (8.1%)	36 (16.1%)	48 (21.5%)	68 (30.5%)	41 (18.4%)	12 (5.4%)	122 (68.5%)	56 (31.5%)
	80-	9 (6.0%)	25 (16.6%)	41 (27.2%)	31 (20.5%)	30 (19.9%)	15 (9.9%)	71 (58.2%)	51 (41.8%)
	合計	182 (8.8%)	494 (23.9%)	641 (31.0%)	462 (22.3%)	224 (10.8%)	68 (3.3%)	1374 (75.5%)	447 (24.5%)

(3) 以下の質問について、過去1か月間に、少なくとも週3回以上経験したものに○をつけて下さい。

1) 寝つきは？(布団に入ってから眠るまでに要する時間)

2) 夜間、睡眠途中で目が覚めることは？

3) 希望する起床時間より早く目覚め、それ以上眠れなかったか？

		いつも良い	少しかかった	かなりかかった	眠れない	問題なし	少し困る	かなり困る	深刻な状態	なし	少し早い	かなり早い	非常に早い
男性	-39	57 (80.3%)	10 (14.1%)	4 (5.6%)	0 (0.0%)	60 (84.5%)	9 (12.7%)	2 (2.8%)	0 (0.0%)	44 (62.0%)	24 (33.8%)	2 (2.8%)	1 (1.4%)
	40-44	22 (55.0%)	13 (32.5%)	5 (12.5%)	0 (0.0%)	23 (57.5%)	13 (32.5%)	4 (10.0%)	0 (0.0%)	25 (62.5%)	7 (17.5%)	8 (20.0%)	0 (0.0%)
	45-49	19 (65.5%)	7 (24.1%)	3 (10.3%)	0 (0.0%)	19 (65.5%)	9 (31.0%)	1 (3.4%)	0 (0.0%)	10 (34.5%)	17 (58.6%)	2 (6.9%)	0 (0.0%)
	50-54	22 (50.0%)	14 (31.8%)	7 (15.9%)	1 (2.3%)	26 (59.1%)	13 (29.5%)	3 (6.8%)	2 (4.5%)	17 (38.6%)	18 (40.9%)	6 (13.6%)	3 (6.8%)
	55-59	37 (67.3%)	13 (23.6%)	4 (7.3%)	1 (1.8%)	40 (72.7%)	14 (25.5%)	1 (1.8%)	0 (0.0%)	32 (58.2%)	21 (38.2%)	1 (1.8%)	1 (1.8%)
	60-64	67 (62.6%)	32 (29.9%)	8 (7.5%)	0 (0.0%)	70 (65.4%)	29 (27.1%)	7 (6.5%)	1 (0.9%)	45 (42.1%)	47 (43.9%)	10 (9.3%)	5 (4.7%)
	65-69	100 (68.5%)	35 (24.0%)	10 (6.8%)	1 (0.7%)	101 (69.2%)	34 (23.3%)	11 (7.5%)	0 (0.0%)	77 (53.1%)	55 (37.9%)	12 (8.3%)	1 (0.7%)
	70-74	91 (70.0%)	29 (22.3%)	10 (7.7%)	0 (0.0%)	97 (74.6%)	26 (20.0%)	7 (5.4%)	0 (0.0%)	78 (60.0%)	43 (33.1%)	5 (3.8%)	4 (3.1%)
	75-79	67 (69.1%)	22 (22.7%)	6 (6.2%)	2 (2.1%)	68 (70.1%)	23 (23.7%)	6 (6.2%)	0 (0.0%)	62 (63.9%)	29 (29.9%)	6 (6.2%)	0 (0.0%)
	80-	45 (69.2%)	14 (21.5%)	5 (7.7%)	1 (1.5%)	49 (76.6%)	12 (18.8%)	3 (4.7%)	0 (0.0%)	39 (60.9%)	18 (28.1%)	7 (10.9%)	0 (0.0%)
	合計	527 (67.2%)	189 (24.1%)	62 (7.9%)	6 (0.8%)	553 (70.6%)	182 (23.2%)	45 (5.7%)	3 (0.4%)	429 (54.9%)	279 (35.7%)	59 (7.5%)	15 (1.9%)
女性	-39	87 (61.3%)	42 (29.6%)	11 (7.7%)	2 (1.4%)	108 (76.1%)	27 (19.0%)	7 (4.9%)	0 (0.0%)	109 (76.8%)	30 (21.1%)	2 (1.4%)	1 (0.7%)
	40-44	42 (60.0%)	20 (28.6%)	6 (8.6%)	2 (2.9%)	44 (62.9%)	23 (32.9%)	3 (4.3%)	0 (0.0%)	46 (65.7%)	21 (30.0%)	2 (2.9%)	1 (1.4%)
	45-49	41 (63.1%)	20 (30.8%)	3 (4.6%)	1 (1.5%)	48 (73.8%)	15 (23.1%)	2 (3.1%)	0 (0.0%)	44 (67.7%)	19 (29.2%)	2 (3.1%)	0 (0.0%)
	50-54	45 (51.7%)	31 (35.6%)	8 (9.2%)	3 (3.4%)	51 (58.6%)	28 (32.2%)	7 (8.0%)	1 (1.1%)	44 (50.6%)	33 (37.9%)	8 (9.2%)	2 (2.3%)
	55-59	49 (40.8%)	53 (44.2%)	16 (13.3%)	2 (1.7%)	76 (63.3%)	37 (30.8%)	7 (5.8%)	0 (0.0%)	56 (47.1%)	52 (43.7%)	9 (7.6%)	2 (1.7%)
	60-64	94 (39.7%)	107 (45.1%)	33 (13.9%)	3 (1.3%)	143 (60.3%)	83 (35.0%)	8 (3.4%)	3 (1.3%)	115 (48.5%)	94 (39.7%)	23 (9.7%)	5 (2.1%)
	65-69	75 (40.3%)	83 (44.6%)	25 (13.4%)	3 (1.6%)	118 (63.4%)	58 (31.2%)	9 (4.8%)	1 (0.5%)	74 (39.8%)	90 (48.4%)	17 (9.1%)	5 (2.7%)
	70-74	74 (44.0%)	65 (38.7%)	27 (16.1%)	2 (1.2%)	94 (56.0%)	61 (36.3%)	10 (6.0%)	3 (1.8%)	71 (42.8%)	76 (45.8%)	13 (7.8%)	6 (3.6%)
	75-79	66 (52.4%)	43 (34.1%)	14 (11.1%)	3 (2.4%)	76 (60.8%)	37 (29.6%)	10 (8.0%)	2 (1.6%)	62 (49.6%)	51 (40.8%)	5 (4.0%)	7 (5.6%)
	80-	38 (44.2%)	34 (39.5%)	13 (15.1%)	1 (1.2%)	53 (62.4%)	26 (30.6%)	4 (4.7%)	2 (2.4%)	39 (45.3%)	33 (38.4%)	13 (15.1%)	1 (1.2%)
	合計	611 (47.5%)	498 (38.7%)	156 (12.1%)	22 (1.7%)	811 (63.1%)	395 (30.7%)	67 (5.2%)	12 (0.9%)	660 (51.4%)	499 (38.9%)	94 (7.3%)	30 (2.3%)
合計	-39	144 (67.6%)	52 (24.4%)	15 (7.0%)	2 (0.9%)	168 (78.9%)	36 (16.9%)	9 (4.2%)	0 (0.0%)	153 (71.8%)	54 (25.4%)	4 (1.9%)	2 (0.9%)
	40-44	64 (59.2%)	33 (30.0%)	11 (10.0%)	1 (1.8%)	67 (60.9%)	36 (32.7%)	7 (6.4%)	0 (0.0%)	71 (64.5%)	28 (25.5%)	10 (9.1%)	1 (0.9%)
	45-49	60 (63.8%)	27 (28.7%)	6 (6.4%)	1 (1.1%)	67 (71.3%)	24 (25.5%)	3 (3.2%)	0 (0.0%)	54 (57.4%)	36 (38.3%)	4 (4.3%)	0 (0.0%)
	50-54	67 (51.1%)	45 (34.4%)	15 (11.5%)	4 (3.1%)	77 (58.8%)	41 (31.3%)	10 (7.6%)	3 (2.3%)	61 (46.6%)	51 (38.9%)	14 (10.7%)	5 (3.8%)
	55-59	86 (49.1%)	66 (37.7%)	20 (11.4%)	3 (1.7%)	116 (66.3%)	51 (29.1%)	8 (4.6%)	0 (0.0%)	88 (50.6%)	73 (42.0%)	10 (5.7%)	3 (1.7%)
	60-64	161 (46.8%)	139 (40.4%)	41 (11.9%)	3 (0.9%)	213 (61.9%)	112 (32.6%)	15 (4.4%)	4 (1.2%)	160 (46.5%)	141 (41.0%)	33 (9.6%)	10 (2.9%)
	65-69	175 (52.7%)	118 (35.5%)	35 (10.5%)	4 (1.2%)	219 (66.0%)	92 (27.7%)	20 (6.0%)	1 (0.3%)	151 (45.6%)	145 (43.8%)	29 (8.8%)	6 (1.8%)
	70-74	165 (55.4%)	94 (31.5%)	37 (12.4%)	2 (0.7%)	191 (64.1%)	87 (29.2%)	17 (5.7%)	3 (1.0%)	149 (50.3%)	119 (40.2%)	18 (6.1%)	10 (3.4%)
	75-79	133 (59.6%)	65 (29.1%)	20 (9.0%)	5 (2.2%)	144 (64.9%)	60 (27.0%)	16 (7.2%)	2 (0.9%)	124 (55.9%)	80 (36.0%)	11 (5.0%)	7 (3.2%)
	80-	83 (55.0%)	48 (31.8%)	18 (11.9%)	2 (1.3%)	102 (68.5%)	38 (25.5%)	7 (4.7%)	2 (1.3%)	78 (52.0%)	51 (34.0%)	20 (13.3%)	1 (0.7%)
	合計	1138 (54.9%)	687 (33.2%)	218 (10.5%)	28 (1.4%)	1364 (66.0%)	577 (27.9%)	112 (5.4%)	15 (0.7%)	1089 (52.7%)	778 (37.7%)	153 (7.4%)	45 (2.2%)



## 4) 総睡眠時間は？

## 5) 全体的な睡眠の質は？

## 6) 日中の気分は？

		十分	少し足りない	かなり足りない	全く足りない	満足	少し不満	かなり不満	非常に不満	いつも通り	少し減った	かなり減った	非常に減った
男性	-39	35 (49.3%)	33 (46.5%)	3 (4.2%)	0 (0.0%)	36 (50.7%)	30 (42.3%)	5 (7.0%)	0 (0.0%)	43 (60.6%)	17 (23.9%)	9 (12.7%)	2 (2.8%)
	40-44	23 (57.5%)	10 (25.0%)	7 (17.5%)	0 (0.0%)	19 (47.5%)	16 (40.0%)	5 (12.5%)	0 (0.0%)	23 (57.5%)	13 (32.5%)	3 (7.5%)	1 (2.5%)
	45-49	11 (37.9%)	17 (58.6%)	1 (3.4%)	0 (0.0%)	11 (37.9%)	16 (55.2%)	2 (6.9%)	0 (0.0%)	13 (44.8%)	9 (31.0%)	5 (17.2%)	2 (6.9%)
	50-54	22 (50.0%)	16 (36.4%)	4 (9.1%)	2 (4.5%)	19 (43.2%)	16 (36.4%)	8 (18.2%)	1 (2.3%)	24 (54.5%)	15 (34.1%)	4 (9.1%)	1 (2.3%)
	55-59	33 (60.0%)	20 (36.4%)	2 (3.6%)	0 (0.0%)	26 (47.3%)	27 (49.1%)	2 (3.6%)	0 (0.0%)	33 (60.0%)	18 (32.7%)	3 (5.5%)	1 (1.8%)
	60-64	69 (64.5%)	30 (28.0%)	7 (6.5%)	1 (0.9%)	62 (57.9%)	32 (29.9%)	12 (11.2%)	1 (0.9%)	67 (63.2%)	30 (28.3%)	9 (8.5%)	0 (0.0%)
	65-69	100 (68.5%)	43 (29.5%)	3 (2.1%)	0 (0.0%)	90 (62.1%)	45 (31.0%)	10 (6.9%)	0 (0.0%)	114 (78.1%)	28 (19.2%)	4 (2.7%)	0 (0.0%)
	70-74	93 (71.5%)	31 (23.8%)	5 (3.8%)	1 (0.8%)	93 (72.7%)	25 (19.5%)	8 (6.3%)	2 (1.6%)	107 (82.9%)	20 (15.5%)	2 (1.6%)	0 (0.0%)
	75-79	74 (77.1%)	17 (17.7%)	4 (4.2%)	1 (1.0%)	70 (72.2%)	22 (22.7%)	5 (5.2%)	0 (0.0%)	75 (78.1%)	15 (15.6%)	6 (6.3%)	0 (0.0%)
	80-	55 (84.6%)	8 (12.3%)	2 (3.1%)	0 (0.0%)	50 (76.9%)	11 (16.9%)	4 (6.2%)	0 (0.0%)	56 (86.2%)	7 (10.8%)	1 (1.5%)	1 (1.5%)
	合計	515 (65.8%)	225 (28.7%)	38 (4.9%)	5 (0.6%)	476 (60.9%)	240 (30.7%)	61 (7.8%)	4 (0.5%)	555 (71.1%)	172 (22.0%)	46 (5.9%)	8 (1.0%)
女性	-39	78 (54.9%)	53 (37.3%)	11 (7.7%)	0 (0.0%)	57 (40.1%)	69 (48.6%)	16 (11.3%)	0 (0.0%)	76 (53.9%)	50 (35.5%)	14 (9.9%)	1 (0.7%)
	40-44	29 (41.4%)	37 (52.9%)	4 (5.7%)	0 (0.0%)	28 (40.0%)	34 (48.6%)	8 (11.4%)	0 (0.0%)	40 (57.1%)	27 (38.6%)	2 (2.9%)	1 (1.4%)
	45-49	27 (41.5%)	34 (52.3%)	4 (6.2%)	0 (0.0%)	27 (41.5%)	31 (47.7%)	6 (9.2%)	1 (1.5%)	31 (47.7%)	30 (46.2%)	4 (6.2%)	0 (0.0%)
	50-54	39 (44.8%)	40 (46.0%)	7 (8.0%)	1 (1.1%)	31 (35.6%)	44 (50.6%)	11 (12.6%)	1 (1.1%)	40 (46.5%)	35 (40.7%)	9 (10.5%)	2 (2.3%)
	55-59	62 (51.7%)	54 (45.0%)	4 (3.3%)	0 (0.0%)	58 (46.7%)	55 (45.8%)	9 (7.5%)	0 (0.0%)	60 (50.4%)	46 (38.7%)	12 (10.1%)	1 (0.8%)
	60-64	126 (53.2%)	97 (40.9%)	14 (5.9%)	0 (0.0%)	116 (49.4%)	105 (44.7%)	13 (5.5%)	1 (0.4%)	120 (50.6%)	101 (42.6%)	14 (5.9%)	2 (0.8%)
	65-69	107 (57.5%)	72 (38.7%)	6 (3.2%)	3 (0.5%)	98 (52.5%)	79 (43.2%)	7 (3.8%)	2 (0.5%)	100 (54.1%)	71 (38.4%)	13 (7.0%)	1 (0.5%)
	70-74	95 (56.5%)	64 (38.1%)	6 (3.6%)	3 (1.8%)	91 (54.5%)	64 (38.3%)	10 (6.0%)	2 (1.2%)	96 (57.8%)	56 (33.7%)	11 (6.6%)	3 (1.8%)
	75-79	82 (65.1%)	35 (27.8%)	8 (6.3%)	1 (0.8%)	77 (61.1%)	43 (34.1%)	5 (4.0%)	1 (0.8%)	77 (61.1%)	35 (27.8%)	13 (10.3%)	1 (0.8%)
	80-	53 (61.6%)	26 (30.2%)	7 (8.1%)	0 (0.0%)	57 (66.3%)	23 (26.7%)	6 (7.0%)	0 (0.0%)	55 (64.0%)	25 (29.1%)	5 (5.8%)	1 (1.2%)
	合計	698 (54.2%)	512 (39.8%)	71 (5.5%)	6 (0.5%)	636 (49.6%)	547 (42.7%)	91 (7.1%)	7 (0.5%)	695 (54.3%)	476 (37.2%)	97 (7.6%)	13 (1.0%)
合計	-39	113 (53.1%)	86 (40.4%)	14 (6.6%)	0 (0.0%)	93 (43.7%)	99 (46.5%)	21 (9.9%)	0 (0.0%)	119 (56.1%)	67 (31.6%)	23 (10.8%)	3 (1.4%)
	40-44	52 (47.3%)	47 (42.7%)	11 (10.0%)	0 (0.0%)	47 (42.7%)	50 (45.5%)	13 (11.8%)	0 (0.0%)	63 (57.3%)	40 (36.4%)	5 (4.5%)	2 (1.8%)
	45-49	38 (40.4%)	51 (54.3%)	5 (5.3%)	0 (0.0%)	38 (40.4%)	47 (50.0%)	8 (8.5%)	1 (1.1%)	44 (46.8%)	39 (41.5%)	9 (9.6%)	2 (2.1%)
	50-54	61 (46.6%)	56 (42.7%)	11 (8.4%)	3 (2.3%)	50 (38.2%)	60 (45.8%)	19 (14.5%)	2 (1.5%)	64 (49.2%)	50 (38.5%)	13 (10.0%)	3 (2.3%)
	55-59	95 (54.3%)	74 (42.3%)	6 (3.4%)	0 (0.0%)	82 (46.9%)	82 (46.9%)	11 (6.3%)	0 (0.0%)	93 (53.4%)	64 (36.8%)	15 (8.6%)	2 (1.1%)
	60-64	195 (56.7%)	127 (36.9%)	21 (6.1%)	1 (0.3%)	178 (52.0%)	137 (40.1%)	25 (7.3%)	2 (0.6%)	187 (54.5%)	131 (38.2%)	23 (6.7%)	2 (0.6%)
	65-69	207 (62.3%)	115 (34.6%)	9 (2.7%)	1 (0.3%)	186 (56.7%)	124 (37.8%)	17 (5.2%)	1 (0.3%)	214 (64.7%)	99 (29.9%)	17 (5.1%)	1 (0.3%)
	70-74	188 (63.1%)	95 (31.9%)	11 (3.7%)	4 (1.3%)	184 (62.4%)	89 (30.2%)	18 (6.1%)	4 (1.4%)	203 (68.8%)	76 (25.8%)	13 (4.4%)	3 (1.0%)
	75-79	156 (70.3%)	52 (23.4%)	12 (5.4%)	2 (0.9%)	147 (65.9%)	65 (29.1%)	10 (4.5%)	1 (0.4%)	152 (68.5%)	50 (22.5%)	19 (8.6%)	1 (0.5%)
	80-	108 (71.5%)	34 (22.5%)	9 (6.0%)	0 (0.0%)	107 (70.9%)	34 (22.5%)	10 (6.6%)	0 (0.0%)	111 (73.5%)	32 (21.2%)	6 (4.0%)	2 (1.3%)
	合計	1213 (58.6%)	737 (35.6%)	109 (5.3%)	11 (0.5%)	1112 (53.9%)	787 (38.2%)	152 (7.4%)	11 (0.5%)	1250 (60.6%)	648 (31.4%)	143 (6.9%)	21 (1.0%)

## 7) 日中の活動について(身体的及び精神的)

## 8) 日中の眠気について

		いつもより増えた	いつも通り	少し低下	かなり低下	非常に低下	全くない	少しある	かなりある	激しい
男性	-39	14 (19.7%)	41 (57.7%)	11 (15.5%)	5 (7.0%)	0 (0.0%)	16 (22.5%)	50 (70.4%)	3 (4.2%)	2 (2.8%)
	40-44	7 (17.5%)	18 (45.0%)	9 (22.5%)	5 (12.5%)	1 (2.5%)	9 (22.5%)	27 (67.5%)	4 (10.0%)	0 (0.0%)
	45-49	5 (17.2%)	8 (27.6%)	12 (41.4%)	3 (10.3%)	1 (3.4%)	4 (13.8%)	20 (69.0%)	4 (13.8%)	1 (3.4%)
	50-54	5 (11.4%)	22 (50.0%)	10 (22.7%)	6 (13.6%)	1 (2.3%)	13 (29.5%)	26 (59.1%)	5 (11.4%)	0 (0.0%)
	55-59	11 (20.0%)	26 (47.3%)	11 (20.0%)	6 (10.9%)	1 (1.8%)	15 (27.3%)	33 (60.0%)	7 (12.7%)	0 (0.0%)
	60-64	14 (13.1%)	57 (53.3%)	23 (21.5%)	13 (12.1%)	0 (0.0%)	28 (26.2%)	76 (71.0%)	3 (2.8%)	0 (0.0%)
	65-69	17 (11.6%)	86 (58.9%)	32 (21.9%)	8 (5.5%)	3 (2.1%)	44 (30.1%)	95 (65.1%)	7 (4.8%)	0 (0.0%)
	70-74	9 (6.9%)	90 (69.2%)	19 (14.6%)	11 (8.5%)	1 (0.8%)	41 (31.5%)	81 (62.3%)	8 (6.2%)	0 (0.0%)
	75-79	5 (5.2%)	63 (64.9%)	20 (20.6%)	4 (4.1%)	5 (5.2%)	31 (32.0%)	57 (58.8%)	7 (7.2%)	2 (2.1%)
	80-	6 (9.2%)	39 (60.0%)	13 (20.0%)	6 (9.2%)	1 (1.5%)	21 (32.3%)	41 (63.1%)	3 (4.6%)	0 (0.0%)
	合計	93 (11.9%)	450 (57.4%)	160 (20.4%)	67 (8.5%)	14 (1.8%)	222 (28.3%)	506 (64.5%)	51 (6.5%)	5 (0.6%)
女性	-39	18 (12.7%)	82 (57.7%)	31 (21.8%)	9 (6.3%)	2 (1.4%)	26 (18.3%)	95 (66.9%)	19 (13.4%)	2 (1.4%)
	40-44	6 (8.6%)	40 (57.1%)	15 (21.4%)	7 (10.0%)	2 (2.9%)	7 (10.0%)	55 (78.6%)	8 (11.4%)	0 (0.0%)
	45-49	12 (18.5%)	27 (41.5%)	14 (21.5%)	9 (13.8%)	3 (4.6%)	5 (7.7%)	54 (83.1%)	6 (9.2%)	0 (0.0%)
	50-54	15 (17.2%)	34 (39.1%)	26 (29.9%)	9 (10.3%)	3 (3.4%)	19 (21.8%)	63 (72.4%)	5 (5.7%)	0 (0.0%)
	55-59	19 (15.8%)	47 (39.2%)	38 (31.7%)	15 (12.5%)	1 (0.8%)	24 (20.2%)	88 (73.9%)	7 (5.9%)	0 (0.0%)
	60-64	27 (11.4%)	106 (44.7%)	78 (32.9%)	24 (10.1%)	2 (0.8%)	60 (25.3%)	170 (71.7%)	7 (3.0%)	0 (0.0%)
	65-69	25 (13.4%)	86 (46.2%)	64 (34.4%)	9 (4.8%)	2 (1.1%)	45 (24.2%)	136 (73.1%)	5 (2.7%)	0 (0.0%)
	70-74	13 (7.7%)	92 (54.8%)	45 (26.8%)	16 (9.5%)	2 (1.2%)	55 (32.7%)	102 (60.7%)	11 (6.5%)	0 (0.0%)
	75-79	7 (5.6%)	74 (59.7%)	29 (23.4%)	12 (9.7%)	2 (1.6%)	35 (27.8%)	81 (64.3%)	8 (6.3%)	2 (1.6%)
	80-	4 (4.7%)	46 (53.5%)	26 (30.2%)	6 (7.0%)	4 (4.7%)	20 (23.3%)	61 (70.9%)	5 (5.8%)	0 (0.0%)
	合計	146 (11.4%)	634 (49.3%)	366 (28.5%)	116 (9.0%)	23 (1.8%)	296 (23.0%)	905 (70.4%)	81 (6.3%)	4 (0.3%)
合計	-39	32 (15.0%)	123 (57.7%)	42 (19.7%)	14 (6.6%)	2 (0.9%)	42 (19.7%)	145 (68.1%)	22 (10.3%)	4 (1.9%)
	40-44	13 (11.8%)	58 (52.7%)	24 (21.8%)	12 (10.9%)	3 (2.7%)	16 (14.5%)	82 (74.5%)	12 (10.9%)	0 (0.0%)
	45-49	17 (18.1%)	35 (37.2%)	26 (27.7%)	12 (12.8%)	4 (4.3%)	9 (9.6%)	74 (78.7%)	10 (10.6%)	1 (1.1%)
	50-54	20 (15.3%)	56 (42.7%)	36 (27.5%)	15 (11.5%)	4 (3.1%)	32 (24.4%)	89 (67.9%)	10 (7.6%)	0 (0.0%)
	55-59	30 (17.1%)	73 (41.7%)	49 (28.0%)	21 (12.0%)	2 (1.1%)	39 (22.4%)	121 (69.5%)	14 (8.0%)	0 (0.0%)
	60-64	41 (11.9%)	163 (47.4%)	101 (29.4%)	37 (10.8%)	2 (0.6%)	88 (25.6%)	246 (71.5%)	10 (2.9%)	0 (0.0%)
	65-69	42 (12.7%)	172 (51.8%)	96 (28.9%)	17 (5.1%)	5 (1.5%)	89 (26.8%)	231 (69.6%)	12 (3.6%)	0 (0.0%)
	70-74	22 (7.4%)	182 (61.1%)	64 (21.5%)	27 (9.1%)	3 (1.0%)	96 (32.2%)	183 (61.4%)	19 (6.4%)	0 (0.0%)
	75-79	12 (5.4%)	137 (62.0%)	49 (22.2%)	16 (7.2%)	7 (3.2%)	66 (29.6%)	138 (61.9%)	15 (6.7%)	4 (1.8%)
	80-	10 (6.6%)	85 (56.3%)	39 (25.8%)	12 (7.9%)	5 (3.3%)	41 (27.2%)	102 (67.5%)	8 (5.3%)	0 (0.0%)
	合計	239 (11.6%)	1084 (52.4%)	526 (25.4%)	183 (8.8%)	37 (1.8%)	518 (25.0%)	1411 (68.2%)	132 (6.4%)	9 (0.4%)

[6] 人とのつながりについておたずねします。

1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は  
何人いますか。

2) 月に1回以上、会ったり連絡をとりあう友人は  
何人いますか。

3) 個人的なことで、気兼ねなく話せる親戚や兄弟は  
何人いますか。

4) 個人的なことで、気兼ねなく話せる友人は  
何人いますか。

	1) 月に1回以上、会ったり連絡をとりあう親戚や兄弟は 何人いますか。						2) 月に1回以上、会ったり連絡をとりあう友人は 何人いますか。						3) 個人的なことで、気兼ねなく話せる親戚や兄弟は 何人いますか。						4) 個人的なことで、気兼ねなく話せる友人は 何人いますか。								
	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上			
男性	-39	12 (16.9%)	10 (14.1%)	16 (22.5%)	23 (32.4%)	8 (11.3%)	2 (2.8%)	12 (16.9%)	11 (15.5%)	14 (19.7%)	16 (22.5%)	6 (8.5%)	12 (16.9%)	18 (25.4%)	19 (26.8%)	14 (19.7%)	4 (5.6%)	2 (2.8%)	16 (22.5%)	12 (16.9%)	19 (26.8%)	14 (19.7%)	4 (5.6%)	4 (5.6%)	9 (12.5%)		
	40-44	4 (10.0%)	9 (22.5%)	9 (22.5%)	13 (32.5%)	4 (10.0%)	1 (2.5%)	6 (15.0%)	7 (17.5%)	10 (25.0%)	10 (25.0%)	1 (2.5%)	6 (15.0%)	3 (7.7%)	3 (41.0%)	16 (33.3%)	5 (12.8%)	1 (2.6%)	1 (15.0%)	6 (30.0%)	12 (27.5%)	11 (15.0%)	6 (5.0%)	2 (7.5%)	3 (7.5%)	3 (7.5%)	
	45-49	3 (10.3%)	2 (6.9%)	8 (27.6%)	9 (31.0%)	4 (13.8%)	3 (10.3%)	3 (17.2%)	5 (17.2%)	9 (31.0%)	6 (20.7%)	3 (10.3%)	1 (3.4%)	4 (13.8%)	3 (10.3%)	14 (48.3%)	5 (17.2%)	2 (6.9%)	1 (3.4%)	11 (37.9%)	3 (10.3%)	9 (31.0%)	6 (20.7%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	
	50-54	5 (11.4%)	7 (15.9%)	8 (18.2%)	14 (31.8%)	8 (18.2%)	2 (4.5%)	11 (25.8%)	6 (14.0%)	15 (34.9%)	6 (14.0%)	4 (9.3%)	1 (2.3%)	8 (18.2%)	8 (18.2%)	11 (25.0%)	14 (31.8%)	3 (6.8%)	0 (0.0%)	14 (31.8%)	12 (27.3%)	11 (25.0%)	7 (15.9%)	0 (0.0%)	0 (0.0%)	3 (7.5%)	
	55-59	7 (12.7%)	12 (21.8%)	14 (25.5%)	12 (21.8%)	6 (10.9%)	4 (7.3%)	13 (23.6%)	7 (12.7%)	19 (34.5%)	7 (12.7%)	1 (1.8%)	8 (14.5%)	14 (25.5%)	15 (27.3%)	11 (20.0%)	9 (16.4%)	4 (7.3%)	0 (3.6%)	17 (30.9%)	13 (23.6%)	14 (25.5%)	7 (12.7%)	1 (1.8%)	3 (5.5%)	5 (9.3%)	
	60-64	10 (9.3%)	18 (16.8%)	16 (15.0%)	34 (31.8%)	21 (19.6%)	8 (7.5%)	17 (16.0%)	16 (15.1%)	29 (27.4%)	27 (25.5%)	10 (9.4%)	7 (6.6%)	15 (14.2%)	22 (20.8%)	23 (21.7%)	32 (30.2%)	9 (8.5%)	5 (4.7%)	25 (23.6%)	24 (22.6%)	27 (25.5%)	18 (17.0%)	7 (6.6%)	5 (4.7%)	5 (4.7%)	
	65-69	10 (6.9%)	19 (13.1%)	24 (16.6%)	48 (33.1%)	28 (19.3%)	16 (11.0%)	24 (16.6%)	24 (16.6%)	32 (22.1%)	34 (23.4%)	15 (10.3%)	16 (11.0%)	17 (11.7%)	26 (17.9%)	39 (26.9%)	36 (24.8%)	17 (11.7%)	10 (6.9%)	36 (24.7%)	32 (21.9%)	38 (26.0%)	25 (17.1%)	9 (6.2%)	6 (4.1%)	6 (4.1%)	
	70-74	12 (9.2%)	22 (16.9%)	28 (21.5%)	39 (30.0%)	16 (12.3%)	13 (10.0%)	23 (17.8%)	24 (18.6%)	30 (23.3%)	22 (17.1%)	10 (7.8%)	10 (7.8%)	16 (12.4%)	31 (24.0%)	31 (24.0%)	30 (23.3%)	13 (10.1%)	8 (6.2%)	31 (24.2%)	28 (21.9%)	38 (29.7%)	17 (13.3%)	8 (6.3%)	6 (4.7%)	6 (4.7%)	
	75-79	4 (4.1%)	7 (16.5%)	11 (23.7%)	19 (22.7%)	15 (17.5%)	5 (15.5%)	18 (18.6%)	15 (15.5%)	21 (21.6%)	25 (25.8%)	9 (9.3%)	2 (2.3%)	6 (8.2%)	10 (20.8%)	12 (23.7%)	20 (24.7%)	15 (14.4%)	2 (8.2%)	16 (26.8%)	11 (20.6%)	16 (20.6%)	14 (16.5%)	6 (8.2%)	0 (8.2%)	0 (8.2%)	
	80-	1 (12.3%)	7 (10.8%)	11 (16.9%)	19 (29.2%)	15 (23.1%)	5 (7.7%)	18 (27.7%)	17 (10.8%)	14 (21.5%)	17 (26.2%)	7 (10.8%)	2 (3.1%)	6 (9.2%)	10 (15.4%)	12 (30.8%)	20 (23.1%)	15 (23.1%)	2 (3.1%)	16 (25.4%)	11 (17.5%)	16 (25.4%)	14 (22.2%)	6 (9.5%)	0 (0.0%)	0 (0.0%)	
	合計	75 (9.6%)	122 (15.8%)	157 (20.1%)	233 (28.8%)	127 (16.2%)	69 (8.8%)	147 (18.8%)	122 (15.8%)	193 (24.7%)	170 (21.8%)	76 (9.7%)	72 (9.2%)	109 (14.0%)	170 (21.8%)	189 (24.5%)	82 (24.2%)	39 (10.3%)	39 (5.0%)	198 (25.4%)	166 (21.3%)	203 (26.1%)	130 (16.7%)	45 (5.8%)	37 (4.7%)	37 (4.7%)	
	女性	-39	10 (7.0%)	23 (16.2%)	34 (23.9%)	46 (32.4%)	24 (16.9%)	5 (3.5%)	23 (16.2%)	34 (23.9%)	30 (21.1%)	38 (26.8%)	13 (9.2%)	4 (2.8%)	24 (16.9%)	30 (21.1%)	36 (25.4%)	13 (9.2%)	0 (0.0%)	17 (12.0%)	37 (26.1%)	36 (25.4%)	41 (28.9%)	8 (5.6%)	3 (2.1%)	3 (2.1%)	
		40-44	6 (8.6%)	5 (7.1%)	16 (22.9%)	30 (42.9%)	9 (12.9%)	4 (5.7%)	9 (12.9%)	8 (11.4%)	15 (21.4%)	24 (34.3%)	11 (15.7%)	3 (4.3%)	7 (10.0%)	13 (18.6%)	20 (28.6%)	22 (31.4%)	5 (7.1%)	3 (4.3%)	10 (14.3%)	9 (12.9%)	22 (31.4%)	24 (29.9%)	2 (2.9%)	3 (4.3%)	3 (4.3%)
		45-49	2 (3.1%)	10 (15.4%)	18 (27.7%)	20 (30.8%)	13 (20.0%)	2 (3.1%)	10 (15.4%)	8 (12.3%)	15 (23.1%)	21 (32.3%)	9 (13.8%)	2 (3.1%)	7 (10.8%)	15 (23.1%)	12 (18.5%)	27 (41.5%)	4 (6.2%)	0 (0.0%)	11 (16.9%)	10 (15.4%)	19 (29.2%)	22 (33.8%)	0 (0.0%)	3 (4.6%)	3 (4.6%)
50-54		5 (5.7%)	19 (21.8%)	11 (12.6%)	35 (40.2%)	13 (14.9%)	4 (4.6%)	15 (17.2%)	25 (28.7%)	17 (19.5%)	14 (16.1%)	10 (11.5%)	6 (6.9%)	11 (12.6%)	26 (29.9%)	22 (20.7%)	22 (25.3%)	9 (10.3%)	1 (1.1%)	21 (25.0%)	17 (20.2%)	21 (25.0%)	19 (22.6%)	5 (6.0%)	1 (1.2%)	1 (1.2%)	
55-59		6 (5.0%)	16 (13.3%)	28 (23.3%)	44 (36.7%)	18 (15.0%)	7 (6.3%)	22 (18.3%)	28 (23.3%)	26 (21.7%)	26 (6.7%)	6 (6.3%)	3 (3.3%)	7 (13.3%)	27 (22.5%)	34 (28.3%)	34 (28.3%)	16 (5.0%)	3 (2.5%)	36 (30.0%)	30 (25.0%)	30 (23.3%)	19 (15.8%)	3 (2.5%)	4 (3.3%)	4 (3.3%)	
60-64		10 (4.3%)	34 (14.5%)	38 (16.2%)	69 (29.4%)	54 (27.2%)	20 (8.5%)	40 (17.1%)	34 (14.5%)	48 (20.5%)	68 (29.1%)	30 (12.8%)	14 (6.0%)	19 (8.1%)	46 (19.5%)	72 (30.5%)	64 (27.1%)	25 (10.6%)	10 (4.2%)	42 (17.9%)	74 (31.6%)	63 (26.9%)	42 (17.9%)	9 (3.8%)	4 (1.7%)	4 (1.7%)	
65-69		2 (1.1%)	14 (7.5%)	45 (24.2%)	72 (38.7%)	39 (21.0%)	14 (7.5%)	22 (12.2%)	26 (14.4%)	48 (26.5%)	47 (26.0%)	23 (12.7%)	15 (8.3%)	8 (4.3%)	36 (19.4%)	56 (30.1%)	58 (31.2%)	20 (10.8%)	8 (4.3%)	39 (21.1%)	46 (24.9%)	45 (24.3%)	33 (17.8%)	17 (9.2%)	5 (2.7%)	5 (2.7%)	
70-74		10 (6.0%)	20 (11.9%)	31 (18.5%)	52 (31.0%)	40 (23.8%)	15 (8.9%)	23 (13.7%)	27 (16.1%)	51 (30.4%)	32 (19.0%)	24 (14.3%)	11 (6.5%)	15 (8.9%)	26 (15.4%)	47 (27.8%)	38 (22.5%)	33 (19.5%)	10 (5.9%)	35 (20.7%)	43 (25.4%)	47 (27.8%)	34 (20.1%)	7 (4.1%)	3 (1.8%)	3 (1.8%)	
75-79		4 (3.2%)	8 (6.3%)	22 (17.5%)	32 (25.4%)	42 (33.3%)	18 (14.3%)	11 (8.8%)	14 (11.2%)	32 (25.6%)	36 (28.8%)	20 (16.0%)	12 (9.6%)	7 (5.6%)	12 (9.6%)	33 (26.4%)	36 (28.8%)	28 (22.4%)	9 (7.2%)	21 (16.9%)	24 (19.4%)	41 (33.1%)	21 (16.9%)	14 (11.3%)	3 (2.4%)	3 (2.4%)	
80-		4 (4.7%)	12 (14.0%)	20 (23.3%)	30 (34.9%)	17 (19.8%)	3 (3.5%)	19 (22.1%)	13 (15.1%)	17 (19.8%)	18 (20.9%)	11 (12.8%)	8 (9.3%)	4 (4.8%)	15 (17.9%)	24 (28.6%)	20 (23.8%)	18 (21.4%)	3 (3.6%)	24 (27.9%)	17 (19.8%)	21 (24.4%)	13 (15.1%)	8 (9.3%)	3 (3.5%)	3 (3.5%)	
合計		59 (4.6%)	161 (12.5%)	263 (20.5%)	430 (33.5%)	279 (21.7%)	93 (7.2%)	194 (15.2%)	217 (17.0%)	301 (23.6%)	324 (25.4%)	159 (12.4%)	83 (6.5%)	118 (9.2%)	246 (19.2%)	352 (27.4%)	360 (28.0%)	161 (12.5%)	47 (3.7%)	256 (20.0%)	307 (24.0%)	343 (26.8%)	268 (21.0%)	73 (5.7%)	32 (2.5%)	32 (2.5%)	
合計		-39	22 (10.3%)	33 (15.9%)	50 (23.3%)	69 (32.4%)	32 (15.0%)	7 (3.3%)	35 (16.4%)	45 (21.1%)	44 (20.7%)	54 (25.4%)	19 (8.9%)	16 (7.5%)	42 (19.7%)	49 (23.0%)	53 (24.9%)	17 (8.0%)	2 (0.9%)	33 (15.5%)	49 (23.0%)	55 (25.8%)	55 (25.8%)	12 (5.6%)	9 (4.2%)	9 (4.2%)	
		40-44	10 (9.1%)	14 (12.7%)	25 (22.7%)	43 (39.1%)	13 (11.8%)	4 (4.5%)	15 (13.6%)	15 (13.6%)	25 (22.7%)	34 (30.9%)	12 (10.9%)	9 (8.2%)	9 (9.2%)	29 (26.8%)	33 (30.3%)	27 (24.6%)	6 (5.5%)	4 (3.7%)	16 (14.5%)	21 (30.0%)	21 (30.0%)	30 (29.8%)	4 (3.6%)	6 (5.5%)	6 (5.5%)
		45-49	5 (5.3%)	12 (12.8%)	26 (27.7%)	29 (30.9%)	17 (18.1%)	5 (5.3%)	15 (16.0%)	13 (13.8%)	24 (25.5%)	27 (28.7%)	12 (12.8%)	3 (3.2%)	11 (11.7%)	18 (19.1%)	26 (34.0%)	32 (41.5%)	6 (6.4%)	1 (1.1%)	22 (23.4%)	13 (13.8%)	28 (29.8%)	28 (30.0%)	0 (0.0%)	3 (3.2%)	3 (3.2%)
	50-54	10 (7.6%)	26 (19.8%)	19 (14.5%)	49 (37.4%)	21 (16.0%)	6 (4.6%)	26 (20.0%)	31 (23.8%)	32 (24.6%)	20 (15.4%)	14 (10.8%)	7 (5.4%)	19 (14.5%)	34 (26.0%)	29 (22.1%)	36 (27.5%)	12 (9.2%)	0 (0.8%)	35 (27.3%)	29 (22.7%)	32 (25.0%)	26 (20.3%)	5 (3.9%)	1 (0.8%)	1 (0.8%)	
	55-59	13 (7.4%)	28 (16.0%)	42 (24.0%)	56 (32.0%)	24 (13.7%)	12 (6.9%)	35 (20.0%)	35 (20.0%)	47 (26.9%)	33 (18.9%)	9 (5.1%)	16 (9.1%)	30 (17.1%)	42 (24.0%)	45 (25.7%)	43 (24.6%)	10 (5.7%)	5 (2.9%)	53 (30.3%)	43 (24.6%)	42 (24.0%)	26 (14.9%)	4 (2.3%)	7 (4.0%)	7 (4.0%)	
	60-64	20 (5.8%)	52 (15.2%)	54 (15.8%)	103 (30.1%)	85 (24.9%)	28 (8.2%)	57 (16.8%)	50 (14.7%)	77 (22.6%)	95 (27.9%)	40 (11.8%)	21 (6.2%)	34 (9.9%)	68 (19.9%)	95 (27.8%)	86 (28.1%)	34 (9.9%)	15 (4.4%)	67 (19.7%)	98 (28.8%)	90 (26.5%)	60 (17.8%)	16 (4.7%)	9 (2.6%)	9 (2.6%)	
	65-69	12 (3.6%)	33 (10.0%)	69 (20.8%)	120 (36.3%)	67 (20.2%)	30 (9.1%)	46 (14.1%)	50 (15.3%)	80 (24.5%)	81 (24.8%)	38 (11.7%)	31 (9.5%)	25 (7.6%)	62 (18.7%)	95 (28.4%)	94 (28.4%)	37 (11.2%)	18 (5.4%)	75 (22.7%)	78 (23.6%)	83 (25.1%)	58 (17.5%)	26 (7.9%)	11 (3.3%)	11 (3.3%)	
	70-74	22 (7.4																									

5) 手助けを頼める親戚や兄弟は何人いますか。

6) 手助けを頼める友人は何人いますか。

7) まわりの人々はお互いに助け合っている。

		5) 手助けを頼める親戚や兄弟は何人いますか。						6) 手助けを頼める友人は何人いますか。						7) まわりの人々はお互いに助け合っている。				
		0人	1人	2人	3-4人	5-8人	9人以上	0人	1人	2人	3-4人	5-8人	9人以上	強くそう思う	どちらかといえばそう思う	どちらともいえない	どちらかといえばそう思わない	全く思わない
男性	-39	18 (25.4%)	15 (21.1%)	13 (18.3%)	13 (18.3%)	9 (12.7%)	3 (4.2%)	16 (22.9%)	12 (17.1%)	18 (25.7%)	14 (20.0%)	2 (2.9%)	8 (11.4%)	12 (16.9%)	41 (57.7%)	14 (19.7%)	3 (4.2%)	1 (1.4%)
	40-44	3 (7.5%)	10 (25.0%)	15 (37.5%)	5 (12.5%)	5 (12.5%)	2 (5.0%)	7 (17.5%)	11 (27.5%)	9 (22.5%)	8 (20.0%)	2 (5.0%)	3 (7.5%)	1 (2.5%)	22 (55.0%)	14 (35.0%)	3 (7.5%)	0 (0.0%)
	45-49	2 (6.9%)	4 (13.8%)	10 (34.5%)	6 (20.7%)	5 (17.2%)	2 (6.9%)	11 (37.9%)	3 (10.3%)	9 (31.0%)	5 (17.2%)	1 (3.4%)	0 (0.0%)	5 (17.9%)	15 (53.6%)	7 (25.0%)	1 (3.6%)	0 (0.0%)
	50-54	5 (11.4%)	5 (11.4%)	10 (22.7%)	17 (38.6%)	5 (11.4%)	2 (4.5%)	16 (36.4%)	10 (22.7%)	8 (18.2%)	8 (18.2%)	2 (4.5%)	0 (0.0%)	6 (13.6%)	22 (50.0%)	11 (25.0%)	3 (6.8%)	2 (4.5%)
	55-59	11 (20.0%)	11 (20.0%)	10 (18.2%)	14 (25.5%)	6 (10.9%)	3 (5.9%)	15 (27.8%)	14 (25.9%)	12 (22.2%)	10 (18.5%)	1 (1.9%)	2 (3.7%)	2 (3.6%)	29 (52.7%)	19 (34.5%)	5 (9.1%)	0 (0.0%)
	60-64	7 (6.7%)	13 (12.4%)	31 (29.5%)	29 (27.6%)	18 (17.1%)	7 (6.7%)	24 (23.1%)	17 (16.3%)	22 (21.2%)	25 (24.0%)	11 (10.6%)	5 (4.8%)	12 (11.2%)	58 (54.2%)	30 (28.0%)	7 (6.5%)	0 (0.0%)
	65-69	15 (10.3%)	25 (17.2%)	34 (23.4%)	38 (26.2%)	24 (16.6%)	9 (6.2%)	37 (25.5%)	29 (20.0%)	37 (25.5%)	28 (19.3%)	6 (4.1%)	8 (5.5%)	28 (19.2%)	79 (54.1%)	35 (24.0%)	4 (2.7%)	0 (0.0%)
	70-74	12 (9.2%)	27 (20.8%)	30 (23.1%)	38 (29.2%)	9 (6.9%)	14 (10.8%)	35 (28.0%)	30 (24.0%)	27 (21.6%)	17 (13.6%)	9 (7.2%)	7 (5.6%)	26 (20.3%)	72 (56.3%)	18 (14.1%)	6 (4.7%)	6 (4.7%)
	75-79	8 (8.2%)	17 (17.5%)	17 (17.5%)	31 (32.0%)	17 (17.5%)	7 (7.2%)	28 (29.2%)	18 (18.8%)	24 (25.0%)	16 (16.7%)	5 (5.2%)	5 (5.2%)	26 (26.8%)	51 (52.6%)	18 (18.6%)	1 (1.0%)	1 (1.0%)
	80-	5 (7.7%)	10 (15.4%)	13 (20.0%)	23 (35.4%)	13 (20.0%)	1 (1.5%)	15 (23.8%)	14 (22.2%)	19 (30.2%)	7 (11.1%)	7 (11.1%)	1 (1.6%)	18 (27.7%)	34 (52.3%)	12 (18.5%)	1 (1.5%)	0 (0.0%)
合計	86 (11.0%)	137 (17.5%)	183 (23.4%)	214 (27.4%)	111 (14.2%)	50 (6.4%)	204 (26.5%)	158 (20.5%)	185 (24.0%)	138 (17.9%)	46 (6.0%)	39 (5.1%)	136 (17.4%)	423 (54.2%)	178 (22.8%)	34 (4.4%)	10 (1.3%)	
女性	-39	13 (9.2%)	21 (14.8%)	31 (21.8%)	50 (35.2%)	25 (17.6%)	2 (1.4%)	22 (15.5%)	33 (23.2%)	36 (25.4%)	41 (28.9%)	6 (4.2%)	4 (2.8%)	27 (19.0%)	73 (51.4%)	37 (26.1%)	4 (2.8%)	1 (0.7%)
	40-44	4 (5.7%)	8 (11.4%)	16 (22.9%)	26 (37.1%)	12 (17.1%)	4 (5.7%)	13 (18.8%)	13 (18.8%)	15 (21.7%)	19 (27.5%)	6 (8.7%)	3 (4.3%)	13 (18.6%)	39 (55.7%)	18 (25.7%)	0 (0.0%)	0 (0.0%)
	45-49	3 (4.6%)	11 (16.9%)	18 (27.7%)	25 (38.5%)	5 (7.7%)	3 (4.6%)	15 (23.4%)	9 (14.1%)	20 (31.3%)	14 (21.9%)	1 (1.6%)	5 (7.8%)	9 (13.8%)	42 (64.6%)	13 (20.0%)	0 (0.0%)	1 (1.5%)
	50-54	5 (5.7%)	17 (19.5%)	28 (32.2%)	22 (25.3%)	11 (12.6%)	4 (4.6%)	29 (33.3%)	15 (17.2%)	21 (24.1%)	17 (19.5%)	2 (2.3%)	3 (3.4%)	12 (13.8%)	53 (60.9%)	18 (20.7%)	2 (2.3%)	2 (2.3%)
	55-59	8 (6.7%)	23 (19.2%)	29 (24.2%)	34 (28.3%)	20 (16.7%)	6 (5.0%)	33 (27.5%)	35 (29.2%)	22 (18.3%)	22 (18.3%)	4 (3.3%)	4 (3.3%)	10 (8.3%)	74 (61.7%)	31 (25.8%)	3 (2.5%)	2 (1.7%)
	60-64	25 (10.5%)	32 (13.5%)	62 (26.2%)	70 (29.5%)	39 (16.5%)	9 (3.8%)	62 (26.4%)	66 (28.1%)	56 (23.8%)	41 (17.4%)	5 (2.1%)	5 (2.1%)	46 (19.4%)	131 (55.3%)	50 (21.1%)	4 (1.7%)	6 (2.5%)
	65-69	13 (7.1%)	24 (13.0%)	45 (24.5%)	60 (32.6%)	23 (12.5%)	19 (10.3%)	46 (25.1%)	42 (23.0%)	44 (24.0%)	29 (15.8%)	12 (6.6%)	10 (5.5%)	45 (24.2%)	95 (51.1%)	36 (19.4%)	7 (3.8%)	3 (1.6%)
	70-74	16 (9.5%)	28 (16.6%)	45 (26.6%)	42 (24.9%)	28 (16.6%)	10 (5.9%)	45 (27.3%)	33 (20.0%)	49 (29.7%)	25 (15.2%)	10 (6.1%)	3 (1.8%)	46 (27.5%)	84 (50.3%)	29 (17.4%)	4 (2.4%)	4 (2.4%)
	75-79	9 (7.3%)	20 (16.1%)	34 (27.4%)	30 (24.2%)	25 (20.2%)	6 (4.8%)	23 (18.3%)	34 (27.0%)	36 (28.6%)	21 (16.7%)	9 (7.1%)	3 (2.4%)	43 (34.4%)	59 (47.2%)	19 (15.2%)	2 (1.6%)	2 (1.6%)
	80-	6 (7.0%)	15 (17.4%)	24 (27.9%)	21 (24.4%)	16 (18.6%)	4 (4.7%)	25 (29.4%)	24 (28.2%)	17 (20.0%)	11 (12.9%)	7 (8.2%)	1 (1.2%)	30 (34.9%)	42 (48.8%)	10 (11.6%)	2 (2.3%)	2 (2.3%)
合計	102 (7.9%)	199 (15.5%)	332 (25.9%)	380 (29.6%)	204 (15.9%)	67 (5.2%)	313 (24.5%)	304 (23.8%)	316 (24.8%)	240 (18.8%)	62 (4.9%)	41 (3.2%)	281 (21.9%)	692 (53.9%)	261 (20.3%)	28 (2.2%)	23 (1.8%)	
合計	-39	31 (14.6%)	36 (16.9%)	44 (20.7%)	63 (29.6%)	34 (16.0%)	5 (2.3%)	38 (17.9%)	45 (21.2%)	54 (25.5%)	55 (25.9%)	8 (3.8%)	12 (5.7%)	39 (18.3%)	114 (53.5%)	51 (23.9%)	7 (3.3%)	2 (0.9%)
	40-44	7 (6.4%)	18 (16.4%)	31 (28.2%)	31 (28.2%)	17 (15.5%)	6 (5.5%)	20 (18.3%)	24 (22.0%)	24 (22.0%)	27 (24.8%)	8 (7.3%)	6 (5.5%)	14 (12.7%)	61 (55.5%)	32 (29.1%)	3 (2.7%)	0 (0.0%)
	45-49	5 (5.3%)	15 (16.0%)	28 (29.8%)	31 (33.0%)	10 (10.6%)	5 (5.3%)	26 (28.0%)	12 (12.9%)	29 (31.2%)	19 (20.4%)	2 (2.2%)	5 (5.4%)	14 (15.1%)	57 (61.3%)	20 (21.5%)	1 (1.1%)	1 (1.1%)
	50-54	10 (7.6%)	22 (16.8%)	38 (29.0%)	39 (29.8%)	16 (12.2%)	6 (4.6%)	45 (34.4%)	25 (19.1%)	29 (22.1%)	25 (19.1%)	4 (3.1%)	3 (2.3%)	18 (13.7%)	75 (57.3%)	29 (22.1%)	5 (3.8%)	4 (3.1%)
	55-59	19 (10.9%)	34 (19.4%)	39 (22.3%)	48 (27.4%)	26 (14.9%)	9 (5.1%)	48 (27.6%)	49 (28.2%)	34 (19.5%)	32 (18.4%)	5 (2.9%)	6 (3.4%)	12 (6.9%)	103 (58.9%)	50 (28.6%)	8 (4.6%)	2 (1.1%)
	60-64	32 (9.4%)	45 (13.2%)	93 (27.2%)	99 (28.9%)	57 (16.7%)	16 (4.7%)	86 (25.4%)	83 (24.5%)	78 (23.0%)	66 (19.5%)	16 (4.7%)	10 (2.9%)	58 (16.9%)	189 (54.9%)	80 (23.3%)	11 (3.2%)	6 (1.7%)
	65-69	28 (8.5%)	49 (14.9%)	79 (24.0%)	98 (29.8%)	47 (14.3%)	28 (8.8%)	83 (25.3%)	71 (21.6%)	81 (24.7%)	57 (17.4%)	18 (5.5%)	18 (5.5%)	73 (22.0%)	174 (52.4%)	71 (21.4%)	11 (3.3%)	3 (0.9%)
	70-74	28 (9.4%)	55 (18.4%)	75 (25.1%)	80 (26.8%)	37 (12.4%)	24 (8.0%)	80 (27.6%)	63 (21.7%)	76 (26.2%)	42 (14.5%)	19 (6.6%)	10 (3.4%)	72 (24.4%)	156 (52.9%)	47 (15.9%)	10 (3.4%)	10 (3.4%)
	75-79	17 (7.7%)	37 (16.7%)	51 (23.1%)	51 (27.6%)	13 (19.0%)	5 (5.9%)	51 (23.0%)	52 (23.4%)	60 (27.0%)	37 (16.7%)	14 (6.3%)	8 (3.6%)	69 (31.1%)	110 (49.5%)	37 (16.7%)	3 (1.4%)	3 (1.4%)
	80-	11 (7.3%)	25 (16.6%)	27 (24.5%)	44 (29.1%)	29 (19.2%)	5 (3.3%)	40 (27.0%)	38 (25.7%)	56 (24.3%)	36 (12.2%)	18 (9.5%)	2 (1.4%)	48 (31.8%)	76 (50.3%)	22 (14.6%)	5 (2.0%)	2 (1.3%)
合計	188 (9.1%)	336 (16.3%)	515 (24.9%)	594 (28.8%)	315 (15.3%)	117 (5.7%)	517 (25.3%)	482 (22.8%)	501 (24.5%)	378 (18.5%)	108 (5.3%)	80 (3.9%)	417 (20.2%)	1115 (54.0%)	439 (21.2%)	62 (3.0%)	33 (1.6%)	