

et al. [13] reported that ER $\alpha$  in osteocytes regulates trabecular bone formation and thus trabecular bone volume in male mice. These results are in contrast to our own findings showing that the precise molecular functions and target genes of ER $\alpha$  in osteocytes still remain elusive.

Osteocytes are embedded in the extracellular matrix of bone and represents more than 90% of the cells existing in bone. Osteocytes possess dendrites that extend throughout the bone and are used to communicate with each other and also with osteoblasts and osteoclasts on the surface of the bone. The function of osteocytes as mechanosensory cells is inferred from their shape and location [16]. In fact, mechanical loading and unloading change osteocyte gene expression *in vivo*, indicating that osteocyte function is affected by loading conditions [17–20]. In addition, they are known to be involved in mineral metabolism through expression of proteins such as FGF23, Phex, Mepe, and Dmp1 [21–24] (for review, see [25]). Recently, it has been postulated that osteocytes can orchestrate skeletal homeostasis through mineral metabolism as well as the regulation of osteoblastic bone formation and osteoclastic bone resorption by secretory proteins such as sclerostin and FGF23. Osteocytes are also reported to regulate osteoblastic bone formation through IGF-1, TGF $\beta$ , NO, PGE $_2$  and sclerostin and to regulate osteoclastic bone resorption through TGF $\beta$ , NO, and PGE $_2$ , and RANKL/OPG [26].

Bone mass can be maintained by mechanical loading while unloading or immobilization decreases bone mass. *In vivo* unloading rodent models such as tail suspension can induce bone loss in hind limbs [27] and mechanical loading can increase bone mass in forelimbs [28]. The regulation of bone mass by mechanical loading is mediated, at least in part, through  $\beta$ -catenin signaling [29–31], and estrogen/ER signaling might also be involved in this mechanism [32].

In this study, we examined the functions of ER $\alpha$  in osteocytes by generating mice lacking ER $\alpha$  in osteocytes and analyzing osteocyte gene expression profiles and subjecting them to hindlimb unloading.

## Materials and methods

### Animals

The ER $\alpha$  floxed mutant (ER $\alpha^{L2/L2}$ ) mice kindly provided by Dr. Chambon and null alleles with a C57BL/6 J background have been previously described [5]. ER $\alpha^{L2/L2}$  mice were crossed with Dmp1<sup>Cre</sup> mice [33] to generate Dmp1<sup>Cre</sup>; ER $\alpha^{L2/+}$  mice, and Dmp1<sup>Cre</sup>; ER $\alpha^{L2/L2}$  (ER $\alpha^{\Delta Ocy/\Delta Ocy}$ ) and ER $\alpha^{L2/L2}$  (ER $\alpha^{flax/flax}$ ) were obtained by crossing Dmp1<sup>Cre</sup>; ER $\alpha^{L2/+}$  and ER $\alpha^{L2/L2}$ . Dmp1-GFP mice were kindly provided by Dr. Ivo Kalajzic [34]. All mice were housed in a specific-pathogen-free facility under climate-controlled conditions with a 12-hour light/dark cycle and were provided with water and standard diet (CE-2, CLEA, Japan) *ad libitum*. All animals were maintained and examined according to the protocol approved by the Animal Care and Use Committee of the University of Tokyo.

### Genome DNA extraction and cell culture

Various tissues (0.5 g) from ER $\alpha^{\Delta Ocy/\Delta Ocy}$  were harvested, washed with PBS and lysed in 2 ml of lysis buffer with proteinase K (150  $\mu$ g/ml) overnight. Also, DNA of osteocytes was isolated from the calvariae of ER $\alpha^{\Delta Ocy/\Delta Ocy}$  in which cells on the surface of the bone such as osteoclasts and osteoblasts were removed by sequential enzymatic treatment. Primary osteoblasts obtained from the neonatal calvariae were cultured in  $\alpha$ MEM (Life Technologies) containing 10% FBS (Cell Culture Bioscience), 50  $\mu$ g/ml ascorbic acid (Sigma-Aldrich) and 10 nM  $\beta$ -glycerophosphate (Sigma-Aldrich) for 21 days. Cells were cultured with phenol red free media 24 h before cells were treated with 17 $\beta$ -estradiol. Primary osteoclasts were differentiated from the bone marrow obtained from 6-week-old ER $\alpha^{\Delta Ocy/\Delta Ocy}$  mice using 10 ng/ml of M-CSF (R&D Systems) and 234 ng/ml of GST-RANKL (Oriental Yeast) for 5 days. The genomic DNA was extracted using phenol/chloroform and isopropanol precipitation.

### ELISAs

Enzyme-linked Immunoassays, ELISAs, were performed following the protocols of the Estradiol EIA Kit (Cayman Chemical Company) for estradiol, Testosterone EIA Kit (Cayman Chemical Company) for testosterone, and Rodent Luteinizing Hormone (LH) ELISA TEST (Endocrine Technologies) for LH.

### Bone analyses

The BMD of femurs and tibiae obtained from 12-week-old littermates were measured by DXA using a bone mineral analyzer (DCS-600EX; ALOKA). Micro Computed Tomography scanning of the tibiae and femurs was performed using a Scanco Medical  $\mu$ CT35 System (SCANCO Medical) with an isotropic voxel size of 6  $\mu$ m for trabecular analyses and 12  $\mu$ m for cortical analyses according to the manufacturer's instructions and the recent guidelines of the American Society for Bone and Mineral Research (ASBMR) [35]. For bone histomorphometry, the mice were double-labeled with intra-peritoneal injections of 16 mg/kg of calcein (Sigma) at 5 and 2 days before sacrifice. Lumbar vertebral bodies were removed from each mouse and fixed with 4% PFA in PBS overnight. Lumbar vertebrae were embedded with MMA after dehydration and the plastic sections were cut by a standard microtome (LEICA) into 7  $\mu$ m for von Kossa staining and 4  $\mu$ m for TRAP and Toluidine-blue staining. The region of interest was the secondary spongiosa of L3 and L4. Sections were used for analyses when the bases of the bilateral transverse processes were opened. The region of interest (ROI) in the lumbar vertebral body is the secondary spongiosa, which is separated from the primary spongiosa, cranial and caudal growth plate, according to the same protocol as previously performed [8,36]. Histomorphometric analyses were performed using OsteoMeasure (OsteoMetrics, Inc., GA, USA) according to the ASBMR guideline [37].

### Isolation of Dmp1-GFP positive osteocytes by FACS

A highly purified population of osteocytes was isolated from neonatal calvariae by FACS using a modified version of the protocol of Paic F et al. [38]. Cells were isolated from 10-day-old fetal mice calvariae of ER $\alpha^{\Delta Ocy/\Delta Ocy}$  and ER $\alpha^{flax/flax}$  also expressing Dmp1-GFP. After removal of the sutures, pooled calvarial tissue was subjected to six sequential, 30-minute digestions in a mixture containing 0.05%/0.2 mM trypsin/EDTA and 1.5 U/ml collagenase-P (Roche) at 37 °C. Cell fractions 4 to 6 were collected, pooled, and re-suspended in Dulbecco's modified Eagle's medium (DMEM, Life Technologies) containing 10% FBS (Hyclone) and centrifuged. Cells were rinsed with PBS and re-suspended in PBS/2% FBS and filtered through a 70- $\mu$ m filter. Cell sorting was performed using a BD FACS Aria cell sorter. The gate for collecting GFP+ cells was set as GFP+ population to represent 10% to 15% of the total cells in GFP+ mice and 0.8% to 1.0% of total cells in GFP- mice (negative control). GFP+ cells were collected in a tube with 500  $\mu$ l of PBS/3% FBS.

### Gene expression microarray

Gene expression microarray was generated using total RNA extracted from the isolated GFP+ osteocytes of ER $\alpha^{\Delta Ocy/\Delta Ocy}$  and ER $\alpha^{flax/flax}$  as previously described [8] and RNA samples were evaluated using the Affymetrix Mouse Genome 430 2.0 Array following standard Affymetrix protocols (GEO: GSE41997). Gene ontology analyses were performed using DAVID Bioinformatics Resources 6.7 [39].

### RNA extraction and RT-qPCR

Total RNA from the pulverized femurs or sorted cells was extracted using TRIZOL (Invitrogen) and RNeasy purification kit (QIAGEN). First-strand cDNA was synthesized from total RNA using PrimeScript RT Master Mix (TaKaRa) and subjected to RT-qPCR using SYBR Premix Ex Taq II



(TaKaRa) or KAPA SYBR Fast qPCR Kits (KAPA Biosystems) with Thermal Cycler Dice (TaKaRa) according to the manufacturer's instructions. Primers were purchased from Takara Bio Inc. (Otsu, Japan) or Operon Biotechnologies (Tokyo, Japan) [8]. Gene expression levels were normalized by *Gapdh* or *Rplp0*. Primer sequences were as follow; *Rplp0*: F 5'-TTCCAGGCTTTGGGCATCA-3' and R 5'-ATGTTTCAGCATGTTTCAGCAGTGTG-3', *Gapdh*: F 5'-AAATGGTGAAGGTCGGTGTG-3' and R 5'-TGAA GGGGTCGTTGATGG-3', *ERα*: F 5'-CATGGTCATGGTAAGTGGCA-3' and R 5'-TCTCTGGGCGACATTCTTCT-3', *Dmp1*: F 5'-TGAAGAGAGGACGGGT GATT-3' and R 5'-TCCGTGTGGTCACTATTTC-3', *Kera*: F 5'-TGGGATGT CCACGACACTT-3' and R 5'-AAGGCAGTAGGAACTGGGA-3', *Mdk*: F 5'-TGGAGCCGACTGCAAATACAA-3' and R 5'-GGCTTAGTCACGCGGA TGG-3', *Sostdc1*: F 5'-AAATGTATTGGTGGACCG-3' and R 5'-GAATCA ACCGAGAATGGAG-3'.

#### Tail suspension

Tail suspension experiments were performed for female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  mice for 4 weeks starting at 8 weeks of age according to previous reports [40,41]. Briefly, a stainless steel harness was superglued to the sides of the tail. Female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  mice were then suspended from an eye bolt which was secured into the bars of the top of the rat cage. The animal could rotate 360° with the fish swivel and could also move backwards and forwards about 7.5 cm. Water was provided through a standard water bottle with an extra long angled sipper tube to allow the animals to reach the water. Control female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  mice were chained to the cage top during the same period of time, but were allowed to load their hindlimbs to minimize the difference in stress-related effects between the tail-suspended groups and the control groups ( $n = 6$  per group).

#### Statistical analysis

Data were analyzed by a two-tailed student's *t*-test or one-way analysis of variance (ANOVA) to initially determine whether an overall statistically significant change existed before using Tukey's *post hoc* test. For all graphs, data are represented as mean  $\pm$  SEM. A *p*-value less than 0.05 was considered statistically significant.

## Results

#### Generation of osteocytic ERα deletion mice

To investigate the function of ERα in osteocytes, we generated mice lacking ERα in late-osteoblasts/osteocytes by crossing ERα floxed mice with *Dmp1*-Cre mice, which express Cre recombinase driven by the *Dmp1* promoter. The mice harboring the genotypes of  $Dmp1^{Cre}$ ,  $ER\alpha^{L2/L2}$  and  $ER\alpha^{L2/L2}$  were analyzed as  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$ , respectively. First, to assess cell type specificity of the deletion of the ERα gene locus by *Dmp1* promoter-driven Cre recombinase, genomic PCR was performed using DNA extracted from  $ER\alpha^{\Delta Ocy/\Delta Ocy}$ . As a result, a relatively specific deletion of ERα in osteocytes, which were isolated by sequential enzymatic digestion, was detected as an L-band, which was seen only in osteocytes and not in primary cultured osteoblasts or osteoclasts (Fig. 1A). In addition, the ERα mRNA level was examined by qPCR using RNA extracted from femoral bones and GFP-mediated FACS sorted osteocytes of  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  mice. As a result, there was an approximately 30% and 90% reduction of ERα expression in whole bone and osteocytes, respectively, in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  compared to  $ER\alpha^{fllox/fllox}$  mice (Fig. 1B). This significant but low percent deletion in whole bone might reflect ERα expression by other cell types, which are present in the intact femur even though the bone marrow was removed. Also, one group reported that clear deletion of the target gene was detected at the genome level but not the mRNA level when using the *Dmp1*-Cre mice [42]. Next, body weight was measured

every other week from 3 to 12 weeks old. There was no significant difference in body weight between  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$ , whereas it was previously reported that ERα total KO mice exhibited a significant increase in body weight [43] (Fig. 1C). Next, we asked if these mice could be a suitable model for analyzing ERα function without the systemic influence of hormones (endocrine disturbances) as described in the conventional ERα null mouse, by examining the concentration of sex steroid hormones. Serum estradiol, testosterone and luteinizing hormone concentrations were measured by ELISA, showing that there were no significant differences between the 12-week-old  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$ , regardless of gender (Fig. 1D). Since  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  mice exhibited a relatively specific deletion of ERα in osteocytes and normal serum sex steroid hormone levels, we concluded that  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  could be used for analysis of ERα function in osteocytes without the complications of endocrine disturbances.

#### Osteocytic ERα deletion female mice exhibit an osteopenic phenotype

The BMD of 12-week-old  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  were measured by DXA, showing that the BMD of female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  was significantly decreased in the proximal, not in middle and distal, tibiae compared to that of female  $ER\alpha^{fllox/fllox}$  (Fig. 1E). However, the BMD of tibiae from male  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  were not significantly different from that of male  $ER\alpha^{fllox/fllox}$  (Fig. 1E). Next, to assess changes in bone structure between female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  mice,  $\mu$ CT analysis was performed. Decreased trabecular bone mass in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  mice was observed by  $\mu$ CT analysis (Fig. 2A). Trabecular bone of female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  exhibited a significant decrease in BV/TV, vBMD, Tb.N and Conn-D, and an increase in Tb.Sp and SMI compared to those of female  $ER\alpha^{fllox/fllox}$  (Fig. 2B). The parameters in metaphyseal cortical bone of female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  were not significantly different from that of female  $ER\alpha^{fllox/fllox}$  (Fig. 2C).

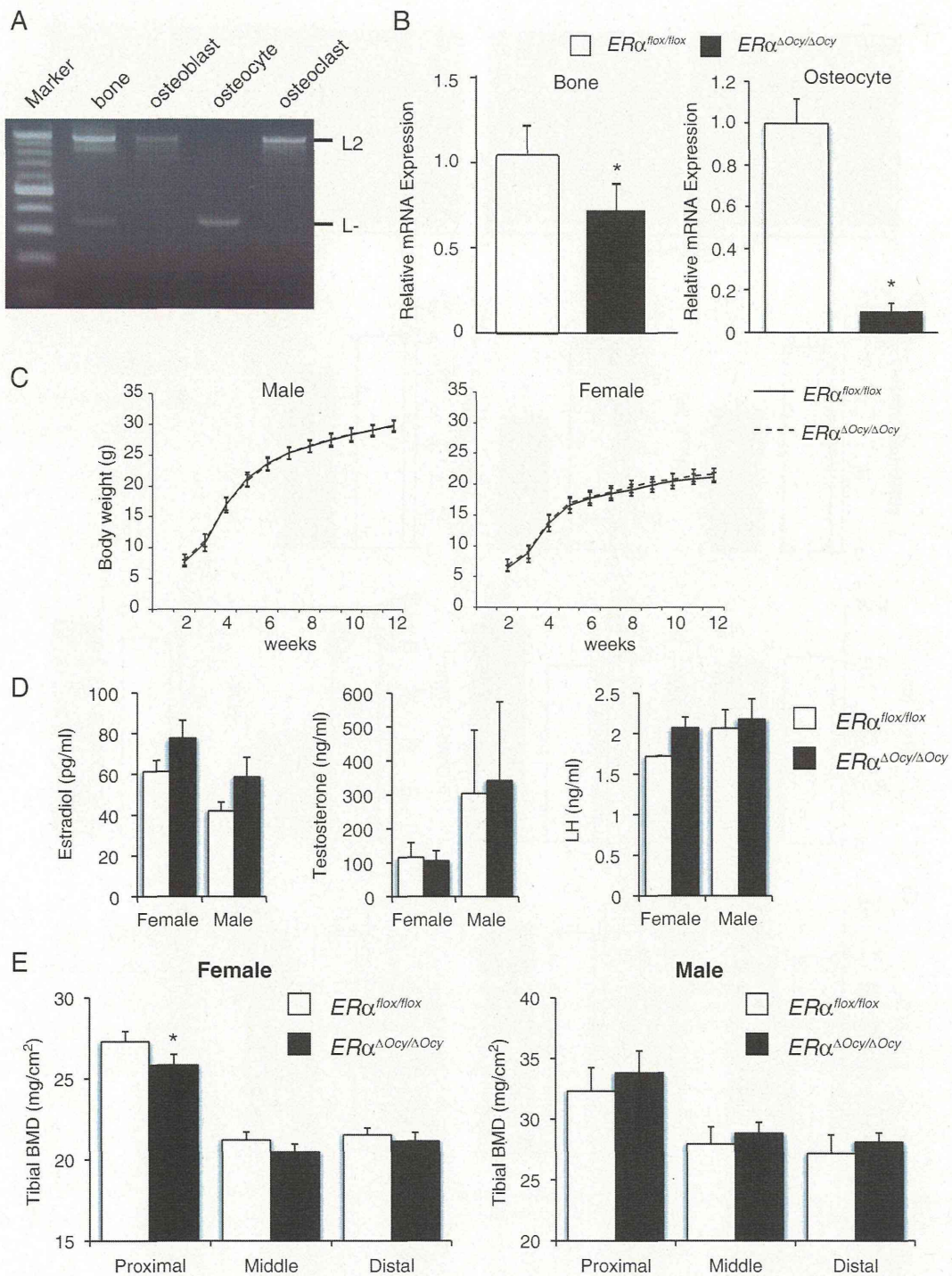
#### Osteocytic ERα regulates bone formation through control of osteoblasts

To examine whether the reduced bone phenotype of  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  could be caused by alterations in the potential interaction between osteocytes and either osteoblasts or osteoclasts, bone histomorphometry was performed. The number and/or activity of osteoblasts/osteoclasts were examined in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$ , using lumbar vertebrae of 12-week-old female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$ . Parameters related to osteoblastic bone formation, such as N.Ob/B.Pm and Ob.S/BS, were significantly decreased in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  compared to  $ER\alpha^{fllox/fllox}$  (Fig. 3). In addition, N.Ocy/B.Ar was also decreased in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$ , which might be due to a decreased number of osteoblasts, which are precursors of osteocytes. Also, the reduction of BFR/BS and MAR in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  tended to be significant ( $p = 0.07$ ), due to the reduction of osteoblastic parameters. On the other hand, parameters related to osteoclastic bone resorption, such as N.Oc/B.Pm and Oc.S/BS, were not altered in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  when compared to  $ER\alpha^{fllox/fllox}$  (Fig. 3). These results suggested that deficiency of ERα in osteocytes could decrease the number of osteoblasts and consequently their bone forming activity, indicating that bone mass reduction in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  could be caused by a reduction of osteoblastic bone formation, not a promotion of osteoclastic bone resorption. In addition, this result implies that osteocytic ERα might positively regulate osteoblastic bone formation by signaling from osteocytes, such as in a paracrine manner or by cell–cell contact.

#### Gene expression profiles of osteocytes lacking ERα

To determine what secretory proteins or signaling pathways ERα may utilize in osteocytes, a gene array analysis of *Dmp1*-GFP-positive cells from controls and mice with a targeted deletion of ERα in osteocytes was performed. *Dmp1*-GFP mice were crossed with  $Dmp1^{Tg/0}$ ;  $ER\alpha^{L2/L2}$  mice to generate  $Dmp1-GFP+$ ;  $Dmp1^{Tg/0}$ ;  $ER\alpha^{L2/+}$  mice, and then  $Dmp1-GFP+$ ;  $Dmp1^{Tg/0}$ ;  $ER\alpha^{L2/L2}$  ( $Dmp1-GFP+$ ;  $ER\alpha^{\Delta Ocy/\Delta Ocy}$ ) and



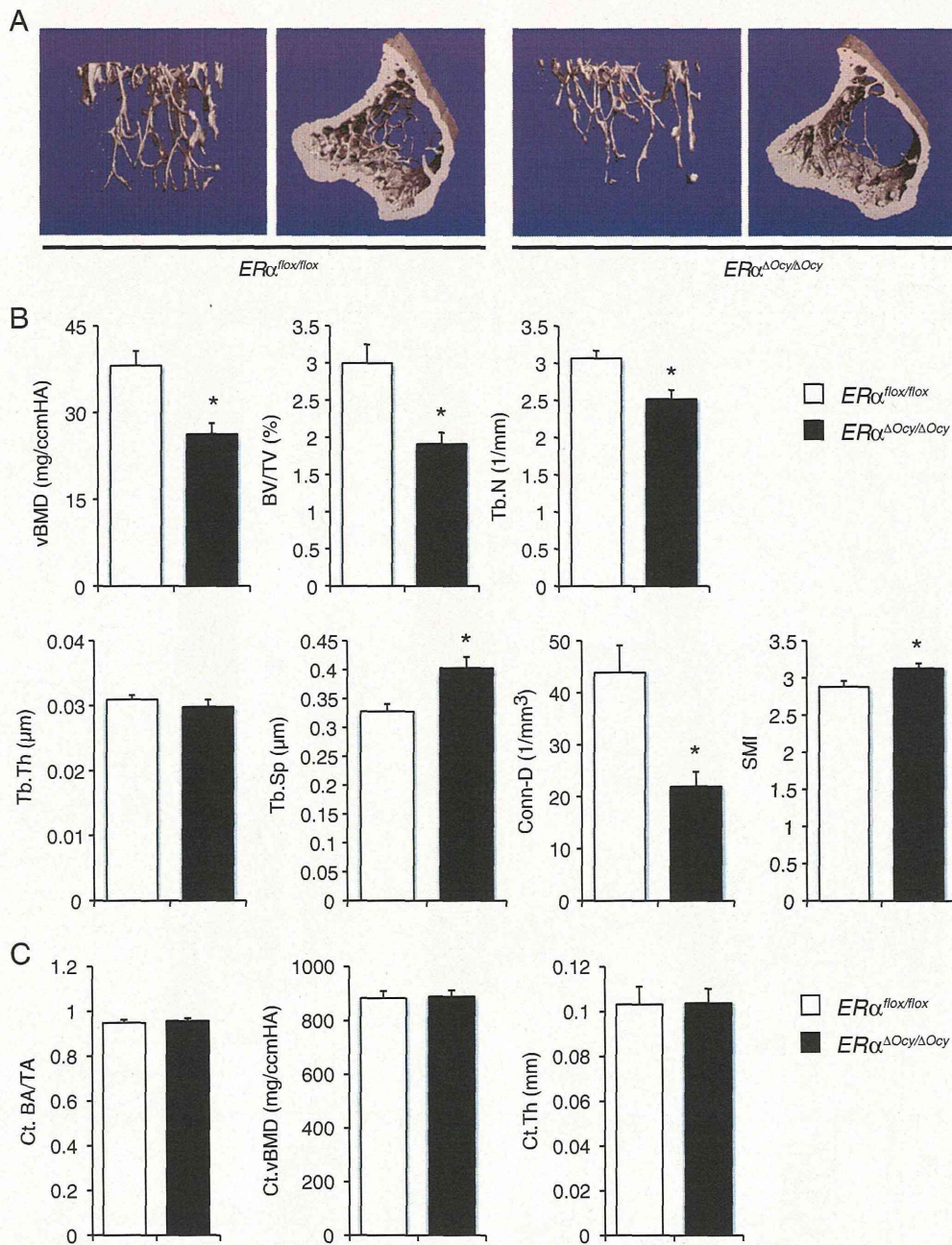


**Fig. 1.** Generation of mice with targeted deletion of ER $\alpha$  in osteocytes. (A) Deletion of ER $\alpha$  gene locus in osteocyte was detected by genome PCR in ER $\alpha^{\Delta Ocy/\Delta Ocy}$ . (B) mRNA levels of ER $\alpha$  from whole femurs (left panel) and isolated osteocytes (right panel) of ER $\alpha^{flox/flox}$  and ER $\alpha^{\Delta Ocy/\Delta Ocy}$  mice was evaluated by RT-qPCR. Data are represented as mean  $\pm$  SEM (n = 3). (C) The growth curves of ER $\alpha^{flox/flox}$  and ER $\alpha^{\Delta Ocy/\Delta Ocy}$  mice. Data are represented as mean  $\pm$  SEM (n = 7–10). (D) Serum hormone levels of 12-week-old ER $\alpha^{flox/flox}$  and ER $\alpha^{\Delta Ocy/\Delta Ocy}$  mice. Data are represented as mean  $\pm$  SEM (n = 4–7). (E) BMD of 1/3 portion of longitudinal divisions of tibiae from 12-week-old ER $\alpha^{flox/flox}$  and ER $\alpha^{\Delta Ocy/\Delta Ocy}$  mice. Data are represented as mean  $\pm$  SEM (Female n = 8, Male n = 7). \* indicates p < 0.05.

Dmp1-GFP+; ER $\alpha^{L2/L2}$  (Dmp1-GFP+; ER $\alpha^{flox/flox}$ ) were generated by crossing Dmp1-GFP+; Dmp1<sup>Tg/0</sup>; ER $\alpha^{L2/+}$  and ER $\alpha^{L2/L2}$ . Calvariae obtained from approximately 10-day-old female Dmp1-GFP+; ER $\alpha^{\Delta Ocy/\Delta Ocy}$  and Dmp1-GFP+; ER $\alpha^{flox/flox}$  were treated with sequential enzymatic digestion and subjected to FACS. The percentage of GFP+ cells in fractions

4 to 6 was increased compared to that in fractions 2 to 4 (23.3% and 8.2%, respectively) (Fig. 4A). To determine if osteocytes were highly purified in this system, gene expression of cell-type specific marker genes in GFP+ cells (osteocytes) and GFP- cells (osteoblasts) was confirmed by RT-qPCR. As a result, the expression of Dmp1 (osteocyte marker



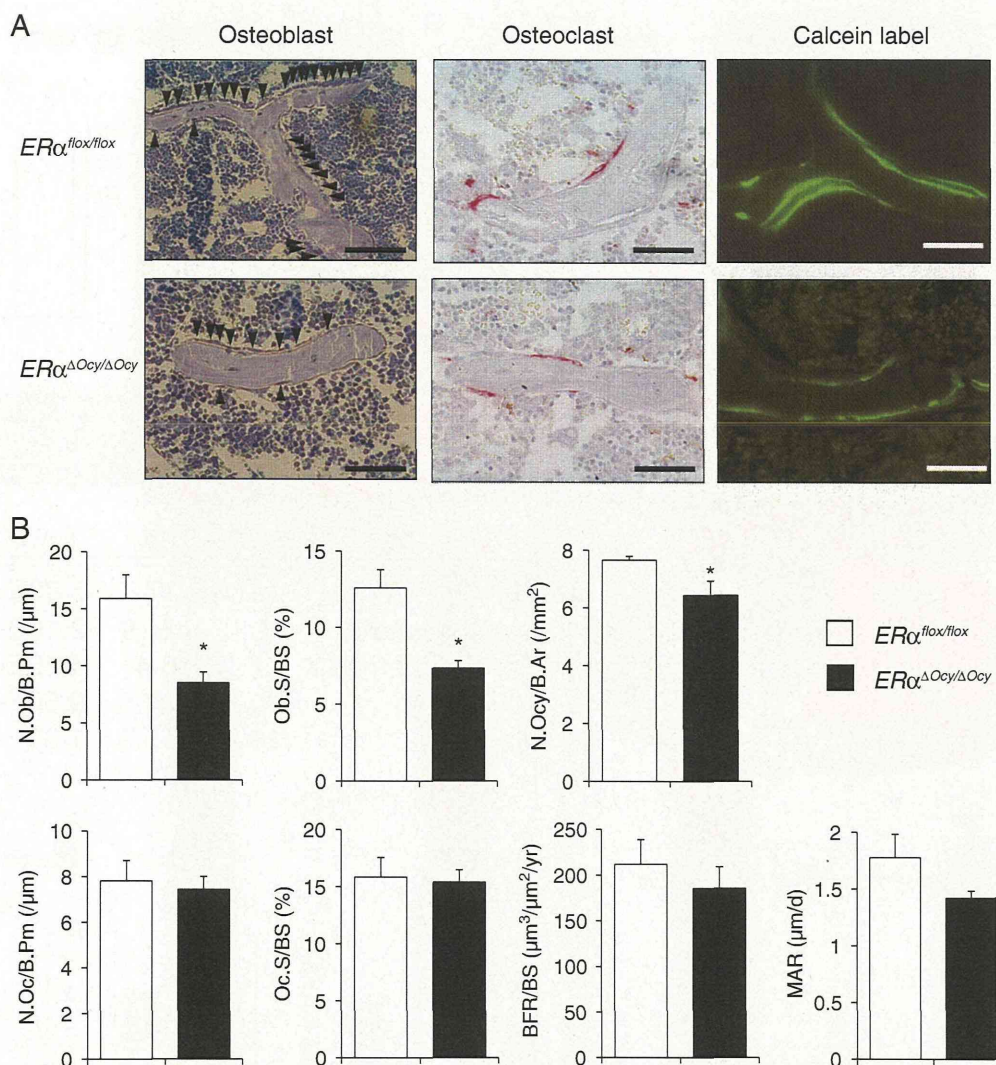


**Fig. 2.**  $\mu$ CT analyses of the mice lacking  $ER\alpha$  in osteocytes. (A) Representative  $\mu$ CT views. (B) 3D measurements of proximal tibiae from  $ER\alpha^{fllox/fllox}$  and  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  mice. Data are represented as mean  $\pm$  SEM (n = 10). \* indicates  $p < 0.05$ .

gene) in GFP + cells was about 25 times higher than in GFP – cells, while the expression of keratocan, Kera, (osteoblast marker gene) in GFP – cells was about 25 times higher than in GFP + cells (Fig. 4B). Extracted total RNA from  $Dmp1-GFP+$ ;  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  (n = 3) and  $Dmp1-GFP+$ ;  $ER\alpha^{fllox/fllox}$  (n = 3) was subjected to a gene expression microarray analysis with GeneChip Mouse Genome 430 2.0 (Affymetrix). There were 276 genes found to be significantly differentially expressed between  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$  ( $p < 0.01$ ). Among them, 76 genes were significantly down-regulated and 200 genes were up-regulated (Fig. 4C). Gene ontology analyses revealed that 'secreted' was listed top in the Keyword analysis when sorted by  $p$ -value (Fig. 4D). Among

these genes, *Mdk* (Midkine) and *Sostdc1* (Sclerostin domain containing 1) were significantly up-regulated in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  although there were no significant differences in *Sost* or  $\beta$ -catenin (*Ctmb1*) gene expression (Fig. 4E). Up-regulation of mRNA of *Mdk* and *Sostdc1* in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  was also validated when determined by RT-qPCR (Fig. 4F). From the results of functional annotation in differentially expressed genes between  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{fllox/fllox}$ , osteocytic  $ER\alpha$  could regulate the expression of secretory protein genes such as *Mdk* and *Sostdc1*, which have been shown to be inhibitors of Wnt signaling-related bone formation [44–46]. However, the expression levels of *Mdk* and *Sostdc1* were not significantly altered when late-stage primary cultured osteoblasts





**Fig. 3.**  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  mice exhibit decreased bone formation. (A) Representative views of Toluidine blue staining for mononuclear cuboidal osteoblasts (arrowhead), TRAP staining for multinuclear TRAP-positive osteoclasts and calcein labeling for dynamic parameters are shown. Bars indicate 50  $\mu\text{m}$ . (B) Data are represented as mean  $\pm$  SEM (n = 6). \* indicates  $p < 0.05$ .

were treated with  $17\beta$ -estradiol for 2 or 6 h (Supplemental Fig. S1), indicating that *Mdk* and *Sostdc1* might not be early responsive genes, but be indirect target genes.

*Trabecular bone loss is exacerbated in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  in response to unloading while cortical bone is resistant to unloading-induced bone loss*

$ER\alpha$  has been reported to be involved in mechanosensing and increasing cortical bone formation under overloading conditions [11]. The hindlimb tail suspension model is a well-known model for unloading (or immobilization) and it is also reported that tail suspension-induced bone loss is significantly enhanced by ovariectomy [47]. To determine whether osteocytic  $ER\alpha$  plays any roles in unloading-induced bone loss, a hindlimb suspension experiment was performed for female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{flox/flox}$  for 4 weeks starting at 8 weeks of age. Control mice were chained to the cage top during the same period but allowed to load their hindlimbs to control for stress related effects.

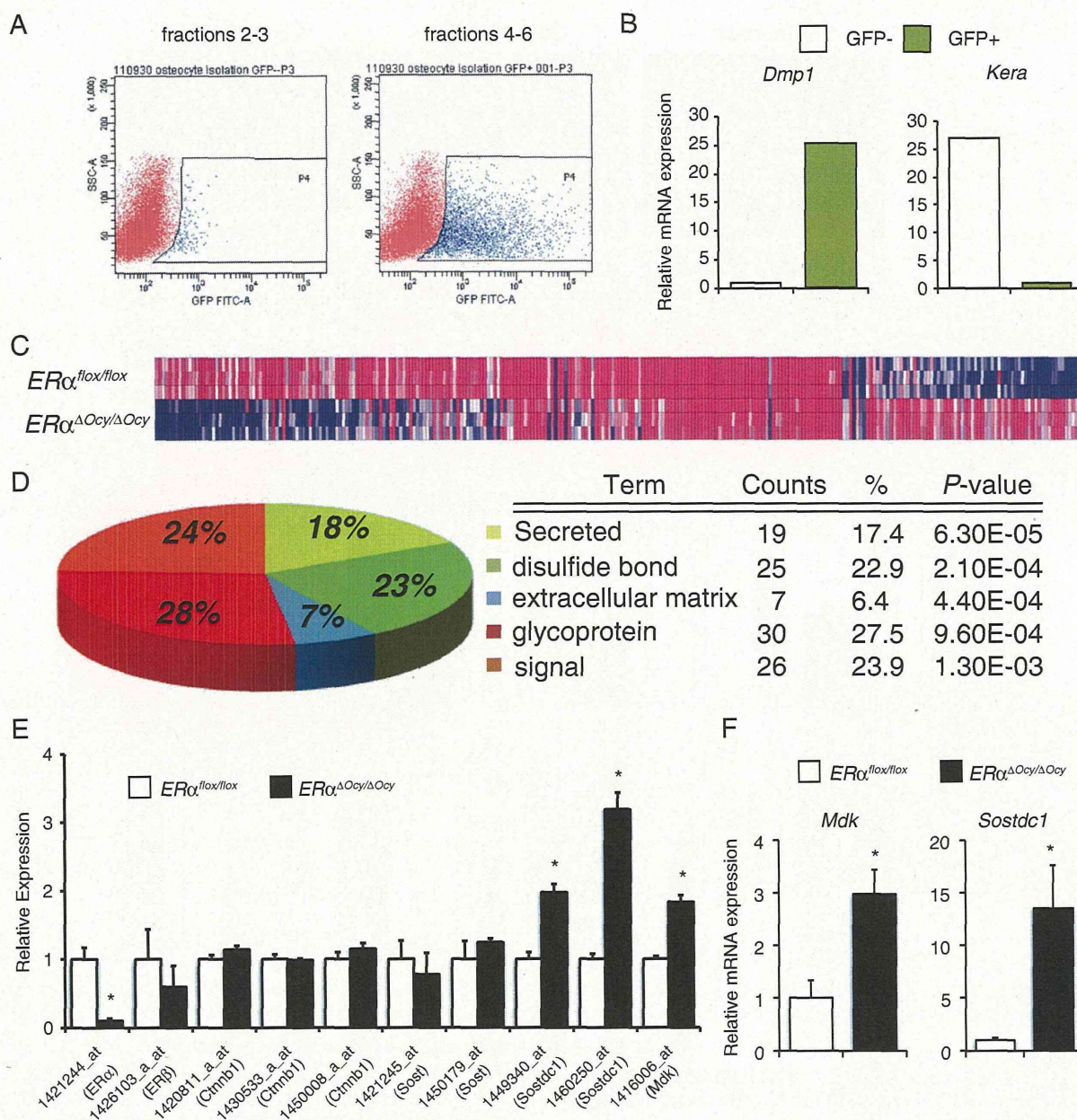
During the 4-week experimental period, the average body weight of the experimental group increased 1 g, whereas the control group increased 2 g (Supplemental Fig. S2). Although there was a significant difference in body weight increase over the four weeks between the experimental and control groups, there was no significant difference

in body weight between  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{flox/flox}$  within each group at the end of the experiment (Supplemental Fig. S2). Femoral diaphysis and distal metaphysis of the unloaded and loaded groups of both genotypes ( $ER\alpha^{\Delta Ocy/\Delta Ocy}$  and  $ER\alpha^{flox/flox}$ ) were measured using  $\mu\text{CT}$ . vBMD in the femoral diaphysis of tail suspended female  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  was significantly higher than that of  $ER\alpha^{flox/flox}$  (Figs. 5A and B), although there were no significant differences in bone area or cortical thickness between genotypes. Upon further analysis, it was found that the trabecular bone mass was decreased in unloaded mice regardless of genotypes, and tail suspension induced trabecular bone loss in  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  was greater than that in  $ER\alpha^{flox/flox}$  (Figs. 5C and D). These data indicate that osteocytic  $ER\alpha$  is protective against trabecular bone loss due to unloading.

**Discussion**

Based on reports on the functions of  $ER\alpha$  in bone, estrogens are osteoprotective by regulating the life span of osteoclasts through osteoclastic and osteoblastic  $ER\alpha$  and also by inhibiting apoptosis of osteoblasts and osteocytes [8,9,48–50]. Recently, it was reported that osteoblastic  $ER\alpha$  has an osteoprotective function [12,14,15], however, little is known about the role of osteocytes in the osteoprotective actions





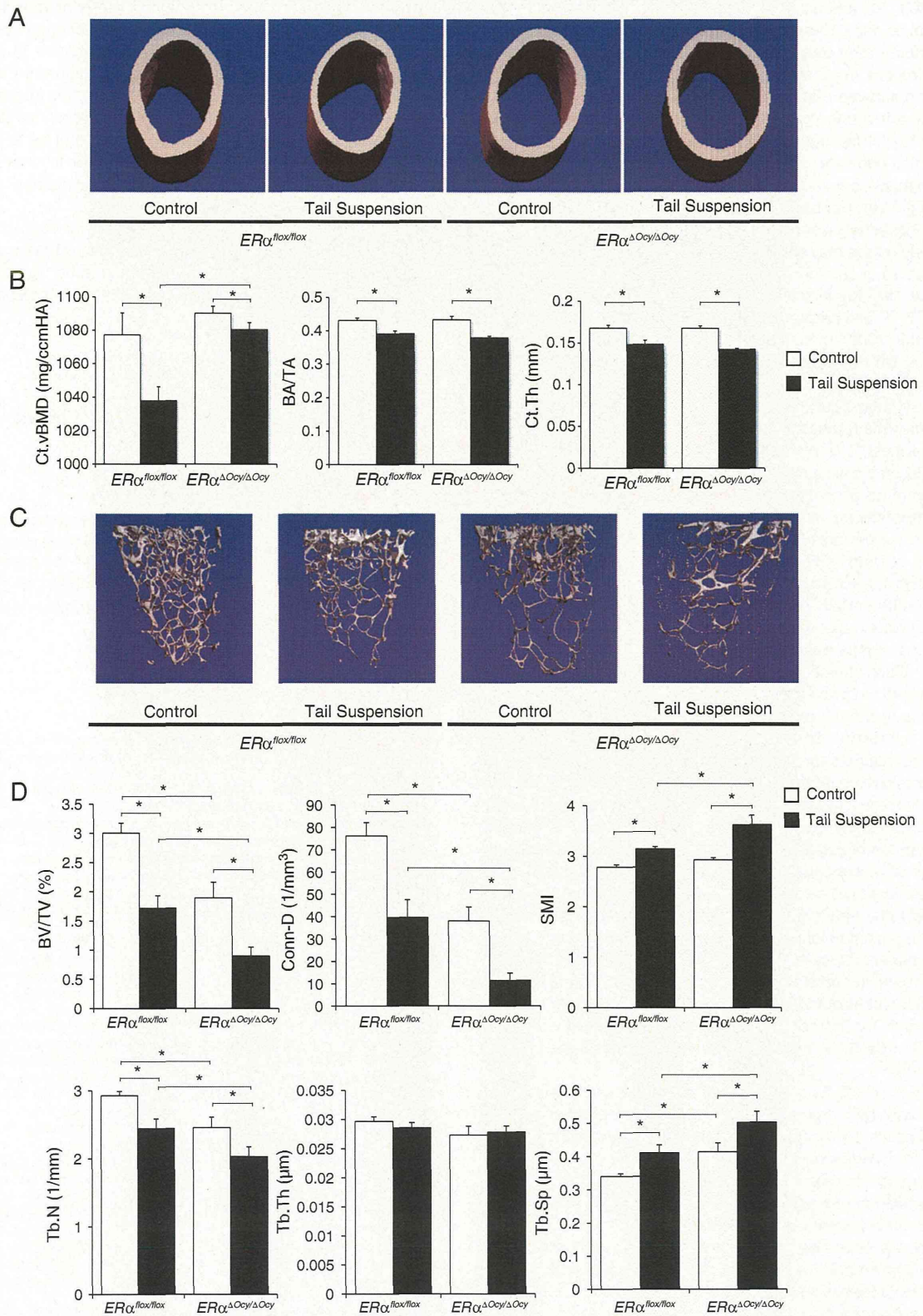
**Fig. 4.** Osteocytes lacking ER $\alpha$  show increased Mdk and Sostdc1 expression. (A) Two-dimensional dot plot of cells obtained from sequential enzymatic digestion of calvariae of mice expressing Dmp1-GFP. Left: fractions 2–3, right: fractions 4–6. (B) Expression of osteocyte (Dmp1) and osteoblast (Kera) marker genes in the GFP– and GFP+ population of isolated cells. (C) Heat map of significantly regulated genes in the gene expression microarray using total RNA from isolated GFP+ cells of ER $\alpha^{flx/flx}$  and ER $\alpha^{\Delta Ocy/\Delta Ocy}$  mice harboring Dmp1-GFP (n = 3). Red: high expression. Blue: low expression. (D) Functional annotation clustering of Keywords by DAVID Bioinformatic Resources. (E) Relative microarray intensity of each probe for ER $\alpha$ , ER $\beta$ , Ctnnb1 ( $\beta$ -catenin), Sost, Sostdc1 and Mdk. Data are represented as mean  $\pm$  SEM (n = 3). (F) RT-qPCR for Mdk and Sostdc1 as same as panel E. \* indicates p < 0.05.

of estrogens in skeletal homeostasis. To decipher the direct functions of ER $\alpha$  in osteocytes, the most abundant bone cell type in the adult skeleton, mice lacking ER $\alpha$  in osteocytes were genetically generated and their bone phenotype were analyzed in this study. ER $\alpha$  in osteocytes was found to play a significant role in maintaining bone mass by regulating osteoblastic bone formation only in females. It was further revealed that ER $\alpha$  in osteocytes is supportive for maintaining trabecular bone mass not only under normal loading conditions but also under tail suspension-induced unloading, which can be considered as experimental recapitulation of immobilization or space flight. However, the absence of this receptor protected against cortical bone loss. These results are consistent with a previous report in which bone mass adaptation induced by

mechanical loading was impaired in ER $\alpha$  null mice [11]. Together, these results indicate that osteocyte mechanosensations at least in part *via* osteocytic ER $\alpha$ .

Maatta et al. and Melville et al. suggested that ER $\alpha$  in mature osteoblasts plays a role in maintaining trabecular bone mass in females based on analyses of mice lacking ER $\alpha$  in mature osteoblasts using Osteocalcin-Cre mice [12,15]. Almeida et al. suggested that ER $\alpha$  in osteoblast progenitors, but not in mature osteoblasts or osteocytes, is essential for regulation of female cortical bone [14]. As mentioned above, the functions of ER $\alpha$  in osteoblast lineage cells *in vivo* are still controversial and it is important to combine knowledge from various studies. All female mice exhibited an osteopenic phenotype in both the osteoblast-specific ER $\alpha$





**Fig. 5.** Effects of unloading on trabecular and cortical bone in mice with targeted deletion of  $ER\alpha$  in osteocytes. (A and C) Representative  $\mu$ CT views. (B) 3D measurements of femoral distal trabecular area and (D) 3D measurements of femoral diaphyses from  $ER\alpha^{flx/flx}$  and  $ER\alpha^{\Delta Ocy/\Delta Ocy}$  mice subjected or not subjected to tail suspension. Data are represented as mean  $\pm$  SEM (n = 6). \* indicates  $p < 0.05$ .



knockout mice by Maatta et al. and Almeida et al., and in previous reports regarding osteoclast-specific ER $\alpha$  knockout mice [8,9]. As would be predicted, androgen receptor knockout mice (ARKO), including both systemic ARKO [51] and osteocyte conditional ARKO [52], exhibited bone loss in male mice. These gender-specific phenotypes are probably caused by differences in concentration of circulating sex steroids, estrogens and androgens. In contrast to these studies and our present study, a recent report showed that mice lacking ER $\alpha$  using the same Dmp1-Cre mouse exhibited trabecular bone loss only in male mice, but not in female mice [13]. In this report, Windahl et al. proposed that the physiological trabecular bone-sparing effect of estrogen is mediated via ER $\alpha$  in osteocytes in males, but also via ER $\alpha$  in osteoclasts in females [13]. At present, it is difficult to provide a convincing explanation to describe the discrepancies between our current study and this report [13]. However, one possible reason may be differences in the genetic background of the mouse strain of the ER $\alpha$ -floxed mice since the Dmp1-Cre mice were identical. The ER $\alpha$ -floxed mice used in our study have been registered as *Esr1<sup>tm1Mma</sup>* and originated from 129S2/SvPas mixed background, and published in 2000 [5], then backcrossed with C57BL6 line for more than 10 times. On the other hand, the ER $\alpha$ -floxed mice used in the study by Windahl et al. have been registered as *Esr1<sup>tm1Gust</sup>* and originated from 129X1/SvJ mixed background, and published in 2012 [53]. These differences might be responsible for the discrepancies between the two studies. Regardless, the results of these two studies suggest that osteocytic ER $\alpha$  may have a role in maintenance of trabecular bone homeostasis regardless of gender.

To investigate the possible molecular basis underlying ER $\alpha$  function in osteocytes, we performed an osteocyte isolation technique using FACS analysis of Dmp1-GFP positive cells from conditional null mice and their controls. The results obtained from the Functional Annotation Clustering of differentially expressed genes suggested that osteocytic ER $\alpha$  might regulate transcription of the genes related to secretory proteins, which may regulate osteoblastic bone formation and contribute to maintenance of bone homeostasis. In fact, *Sostdc1*, an antagonist of the Wnt signaling [45,54], was elevated as a downstream gene of osteocytic ER $\alpha$ . *Sostdc1* is a gene also called *Wise* or *Ectodin* whose domain is similar to *Sost* (Sclerostin). *Sost* and *Sostdc1* bind to Wnt co-receptors called *Lrps* and regulate the Wnt/ $\beta$ -catenin pathway negatively [55]. Wnt signal proteins are reported to modulate bone mass *in vivo* by acting directly on mesenchymal stem cells [56–59]. Genes involved in the Wnt signaling are known to regulate the cell proliferation, differentiation, and apoptosis of osteoblasts [60]. Interaction between  $\beta$ -catenin and ER $\alpha$  has been previously reported [61] and the expressions of some Wnt family genes are important for responding to mechanical stress and are reportedly regulated by ER $\alpha$  [32]. Conventional *Sostdc1* KO mice are reported to exhibit abnormal tooth development, which has similar characteristics as bone [45,54]. Also, it has been reported that estradiol regulates mRNA levels of *Sostdc1* in U2OS cells [62]. In addition, a meta-analysis of BMD in a female Chinese population revealed that a mutation in the *Sostdc1* coding region was correlated with BMD, suggesting that *Sostdc1* might play a role in homeostasis of bone metabolism [46].

Also, *Midkine*, *Mdk*, was elevated as a downstream molecule of ER $\alpha$  in mice with this targeted deletion. *Mdk* is a member of a family of heparin-binding growth factors known primarily for their effects on neural cells [63]. *Mdk* expression is reported to increase during the course of primary osteoblast differentiation. *Mdk* has been shown to bind to a complex of protein tyrosine phosphatase zeta (*Ptpn22*), low-density lipoprotein receptor-related protein-6 (*Lrp6*), and exert negative effects on Wnt signaling [64]. Conventional *Mdk* null mice exhibit increased bone formation, suggesting *Mdk* is a negative regulator of osteoblastic bone formation. Furthermore, *Mdk* KO mice are resistant to OVX-induced bone loss and sensitive to mechanical loading induced cortical bone increase [44]. In addition, the expression of ALP and the induction of canonical Wnt signaling in MC3T3E1, an osteoblastic cell line, were inhibited by *Mdk* treatments [64]. These reports and the results

from our current study suggest that *Sostdc1* and *Mdk* might be responsible for a component of estrogen's osteoprotective actions.

However, questions remain regarding how ER $\alpha$  negatively regulates the transcription of these genes because there are no reports of a negative transcriptional regulation of the estrogen receptor response element (negative ERE), although details of a negative glucocorticoid receptor response element (nGRE) have been reported [65]. Alternatively, it is possible that the expression of these factors might be regulated by an ER $\alpha$ -dependent miRNA. The precise molecular basis of transcriptional regulation or mRNA stabilization of these genes must be clarified in future studies. Neutralizing or deletion studies of these two proteins in this mouse model could provide possible answers for these questions.

In conclusion, osteocytic ER $\alpha$  might play a role in estrogen's osteoprotective action by controlling the expression of Wnt antagonists, which regulate osteoblastic bone formation in trabecular bone.

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### Conflict of interest

All authors state that they have no conflicts of interest.

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BRIEF COMMUNICATION

## Effect of dietary eugenol on xenobiotic metabolism and mediation of UDP-glucuronosyltransferase and cytochrome P450 1A1 expression in rat liver

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### Abstract

Xenobiotic-metabolizing enzymes (XMEs) play an important role in the elimination and detoxification of xenobiotics and drugs. A variety of natural dietary agents are known to protect against cancer by inducing XME. To elucidate the molecular mechanism of XME induction, we examined the effect of dietary eugenol (4-allyl-1-hydroxy-2-methoxybenzene) on xenobiotic metabolism. In this study, rats were administered dietary eugenol for 4 weeks to investigate the various effects of UDP-glucuronosyltransferase (UGT) and cytochrome P450 (CYP) expression. In rats administered dietary eugenol, expression levels of hepatic *CYP1A1* were reduced to 40% than of the controls, while expression of hepatic *UGT1A6*, *UGT1A7* and *UGT2B1* increased to 2–3 times than observed in the controls. Hepatic protein levels of *UGT1A6* and *2B1* were also elevated in the eugenol-treated rats. These results suggest that the natural compound eugenol improves the xenobiotic-metabolizing systems that suppress and induce the expression of *CYP1A1* and *UGT*, respectively.

### Keywords

Cytochrome P450, eugenol, UDP-glucuronosyltransferase, xenobiotic-metabolizing enzymes

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### Introduction

In addition to affecting a wide variety of biological events, environmental contaminants from food and water affect can also cause a variety of diseases. While avoiding the ingestion of these contaminants may be difficult, our bodies are capable of metabolizing most of these substances using a variety of xenobiotic-metabolizing enzymes (XMEs). These XMEs can be classified into three main categories. The first category consists of phase I enzymes, mainly the cytochrome P450 (CYP) enzymes (Nebert & Gonzalez, 1987; Nelson et al., 1993). Most drugs are metabolized by CYP, either as part of detoxification or due to activation of a pathway for an inactive prodrug. The second category is referred to as phase II enzymes (Di Pietro et al., 2010; Mackenzie et al., 1997, 2003). These enzymes usually conjugate phase I products, but can also conjugate other intermediate compounds and intracellular substrates, such as steroids and bilirubin. The last category consists of drug transporters that are membrane-bound proteins involved in drug uptake or excretion (Barry et al., 2003; Hediger et al., 2004). Regulation of these XME is an important area of study because their gene expression is influenced by a wide variety of drugs and chemicals derived from food (Kong et al., 2001; Rushmore & Kong, 2002; Xu et al., 2005). Since disruption of the homeostatic control of XME can cause cancer and a wide variety of diseases, considerable research

has been undertaken in the area of XME metabolism. Of the treatment methods currently available, stimulating the excretion of xenobiotic substances has been shown to restore the health of a subject (Aggarwal, 2008; Aggarwal & Shishodia, 2006). Eugenol (4-allyl-1-hydroxy-2-methoxybenzene) is weakly acidic, slightly soluble in water and soluble in organic solvent (Kamatou et al., 2012). It has been identified in several aromatic plants such as clove oil, cinnamon, basil and nutmeg as a food-flavoring agent; but thus far, the medical application of pure eugenol has been limited to the field of dentistry (Kamatou et al., 2012). In recent years, eugenol has been reported to have antioxidant and anti-inflammatory effects, and recent studies have shown that eugenol is capable of inhibiting melanoma cancer cell proliferation (Ghosh et al., 2005), inducing apoptosis in melanoma (Pisano et al., 2007) and human promyelocytic leukemia cells (HL-60) (Yoo et al., 2005), and is involved in a rat model of gastric carcinogenesis (Manikandan et al., 2010). These authors suggested that eugenol may be a candidate for putative chemopreventive and chemotherapeutic agents. Eugenol is a main component of clove oil and is also present in the essential oils of many other plant species, including cinnamon, basil and nutmeg (Aggarwal, 2008; Aggarwal & Shishodia, 2006). Thus, although eugenol is considered to be well suited for use as an anticancer drug, the mechanisms and molecules involved in the metabolism of this compound are currently unknown (Aggarwal, 2008; Aggarwal & Shishodia, 2006).

This study demonstrates that eugenol influenced the transcription of isoforms of the XMEs CYP (EC 1. 14. 14. 1) and UDP-glucuronosyltransferase (UGT) (EC 2. 4. 1. 17), suggesting that eugenol could potentially be used as an anticancer drug through maintaining the homeostasis of xenobiotic metabolism.

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