

蘆田知史^{2,3}、田倉智之⁴、高後 裕¹ (旭川医科大学内科学講座 消化器・血液腫瘍制御内科学分野¹、
旭川医科大学消化管再生修復医学講座²、札幌東徳州会病院 IBD センター³、大阪大学大学院医学系研究科
医療経済産業政策学⁴)

p-B) 臨床プロジェクト

B-(1) 診療標準化コアプロジェクト

B-(1)-1 潰瘍性大腸炎・クローン病の診断基準および重症度基準の改変 (10:30~10:45)

総括 松井敏幸 福岡大学筑紫病院消化器内科

軽症例の重症度推移—臨床調査個人票電子化データ解析より

○桑原絵里加¹、中村孝裕¹、西脇祐司¹、井上 詠²、長堀正和³、渡辺 守³、松井敏幸⁴ (東邦大学医学部社会医学講座
衛生学分野¹、慶應義塾大学病院予防医療センター²、東京医科歯科大学消化器病態学³、福岡大学筑紫病院消化器内科⁴)

B-(1)-2 診療ガイドライン作成・改訂 (10:45~11:05)

総括 上野文昭 大船中央病院消化器肝臓病センター

日本消化器病学会との共同開発による炎症性腸疾患診療ガイドライン改訂：直面している問題点

○上野文昭¹、渡邊聡明²、松井敏幸³、渡辺 守⁴、(大船中央病院¹、東京大外科²、福岡大筑紫病院消化器内科³、
東京医歯大消化器内科⁴)

炎症性腸疾患診療ガイドラインの改訂：現在の進捗状況

○上野文昭¹、渡邊聡明²、井上 詠³、小俣富美雄⁴、加藤 順⁵、国崎玲子⁶、小金井一隆⁷、小林清典⁸、
小林健二⁹、猿田雅之¹⁰、仲瀬裕志¹¹、長堀正和¹²、平井郁仁¹³、本谷 聡¹⁴、松井敏幸¹⁵(大船中央病院¹、東京大外科²、
慶應義塾大予防医療センター³、聖路加国際病院⁴、和歌山県立医大第2内科⁵、横浜市大市民総合医療センターIBD
センター⁶、横浜市立市民病院外科⁷、北里大東病院消化器内科⁸、聖路加国際病院一般内科⁹、慈恵医大消化器内科¹⁰、
京都大消化器内科¹¹、東京医歯大消化器内科¹²、福岡大筑紫病院消化器内科¹³、札幌厚生病院 IBD センター¹⁴)

B-(1)-3 標準化を目指した治療指針の改訂 (11:05~11:35)

総括 中村志郎 兵庫医科大学内科下部消化管科

治療の標準化を目指した潰瘍性大腸炎治療指針の改訂

○中村志郎¹、杉田 昭²、余田 篤³、蘆田知史⁴、安藤 朗⁵、伊藤裕章⁶、押谷伸英⁷、金井隆典⁸、鈴木康夫⁹、
長堀正和¹⁰、松井敏幸¹¹、佐々木巖¹²、友政 剛¹³、田尻 仁¹⁴、福永 健¹、樋田信幸¹ (兵庫医科大学内科学下部
消化管科¹、横浜市民病院外科²、大阪医科大学小児科³、札幌東徳州会病院 IBD センター⁴、滋賀医科大学消化器
内科⁵、錦秀会インフュージョンクリニック⁶、泉大津市立病院消化器内科⁷、慶應義塾大学消化器内科⁸、東邦大学
佐倉病院消化器病センター⁹、東京医科歯科大学消化器病態学¹⁰、福岡大学筑紫病院消化器内科¹¹、みやぎ健診プラザ¹²、
パルこどもクリニック¹³、大阪府立急性期・総合医療センター小児科¹⁴)

治療の標準化を目指したクローン病治療指針の改訂

○中村志郎¹、杉田 昭²、余田 篤³、蘆田知史⁴、安藤 朗⁵、伊藤裕章⁶、押谷伸英⁷、金井隆典⁸、鈴木康夫⁹、
長堀正和¹⁰、松井敏幸¹¹、佐々木巖¹²、友政 剛¹³、田尻 仁¹⁴、福永 健¹、樋田信幸¹ (兵庫医科大学内科学下部
消化管科¹、横浜市民病院外科²、大阪医科大学小児科³、札幌東徳州会病院 IBD センター⁴、滋賀医科大学消化器内
科⁵、錦秀会インフュージョンクリニック⁶、泉大津市立病院消化器内科⁷、慶應義塾大学消化器内科⁸、東邦大学佐
倉病院消化器病センター⁹、東京医科歯科大学消化器病態学¹⁰、福岡大学筑紫病院消化器内科¹¹、みやぎ健診プラザ¹²、
パルこどもクリニック¹³、大阪府立急性期・総合医療センター小児科¹⁴)

潰瘍性大腸炎、クローン病外科治療指針の改訂

○杉田 昭¹、亀岡信悟²、二見喜太郎³、根津理一郎⁴、藤井久男⁵、楠 正人⁶、舟山裕士⁷、渡邊聡明⁸、福島浩平⁹、
板橋道朗¹⁰、池内浩基¹¹、佐々木巖¹²、中村志郎¹³ (横浜市民病院炎症性腸疾患センター¹、
東京女子医大第2外科²、福岡大学筑紫病院外科³、西宮市立中央病院外科⁴、奈良県立医科大学中央内視鏡

超音波部⁵、三重大学消化管小児外科学⁶、東北労災病院大腸肛門外科⁷、東京大学大腸肛門外科⁸、東北大学分子病態外科⁹、東京女子医大第2外科¹⁰、兵庫医科大学下部消化管外科¹¹、みやぎ健診プラザ¹²、兵庫医科大学内科学下部消化管科¹³

B-(2) 画期的な診断・治療の開発プロジェクト —診断面から—

B-(2)-1 新たなデバイスを用いたクローン病小腸病変の診断と治療 (11:35~12:10)

総括 松本主之 岩手医科大学内科学講座消化器内科消化管分野

クローン病の小腸狭窄に対する内視鏡的拡張療法—多施設共同前向き試験の登録終了の報告と現状—

○平井郁仁¹、松本主之²、松井敏幸¹ (福岡大学筑紫病院消化器内科¹、岩手医科大学内科学講座消化器内科消化管分野²)

クローン病小腸病変に対するバルーン小腸内視鏡とMREの比較試験、Progress Study：国内多施設共同試験

○渡辺憲治¹、十河光栄¹、山上博一¹、竹内 健²、鈴木康夫²、矢野智則³、歌野健一⁴、山本博徳³、平井郁仁⁵、松井敏幸⁵、長沼 誠⁶、日比紀文⁷、大塚和朗⁸、渡辺 守⁸ (大阪市立大学大学院医学研究科消化器内科学¹、東邦大学医療センター佐倉病院内科²、自治医科大学消化器内科³、福島県立医科大学会津医療センター小腸大腸肛門科⁴、福岡大学筑紫病院消化器内科⁵、慶應義塾大学医学部消化器内科⁶、北里大学北里研究所病院炎症性腸疾患先進治療センター⁷、東京医科歯科大学消化器病態学⁸)

本邦クローン病におけるカプセル内視鏡所見の検討—多施設共同研究に関する中間報告—

○松本主之¹、江崎幹宏²、渡辺 守³ (岩手医科大学内科学講座消化器内科消化管分野¹、九州大学病態機能内科学²、東京医科歯科大学消化器病態学³)

<昼食・幹事会> (12:10~13:00)

B-(2)-2 癌サーベイランス法の確立 (13:00~13:25)

総括 渡邊聡明 東京大学臓器病態外科学講座腫瘍外科学

潰瘍性大腸炎に対する癌サーベイランス法の確立

○渡邊聡明¹、味岡洋一²、武林 亨³、井上永介⁴、飯塚文瑛⁵、五十嵐正広⁶、岩男 泰⁷、大塚和朗¹⁷、工藤進英⁸、小林清典⁹、佐田美和⁹、田中信治¹⁰、友次直輝¹¹、樋田信幸¹²、平田一郎¹³、松本主之¹⁴、渡辺憲治¹⁵、上野文昭¹⁶、渡辺 守¹⁷、日比紀文¹⁸ (東京大学大学院医学系研究科・医学部臓器病態外科学講座腫瘍外科学¹、新潟大学大学院医歯学総合研究科分子・診断病理学分野²、慶應義塾大学医学部衛生学公衆衛生学³、北里大学薬学部臨床統計⁴、東京女子医科大学消化器病センター⁵、癌研有明病院内科⁶、慶應義塾大学内科⁷、昭和大学横浜市北部病院消化器センター⁸、北里大学東病院内科⁹、広島大学病院内視鏡診療科¹⁰、慶應義塾大学クリニカルリサーチセンター¹¹、兵庫医科大学下部消化管科¹²、藤田保健衛生大学消化管内科¹³、岩手医科大学内科学講座消化器内科消化管分野¹⁴、大阪市立大学医学部消化器内科¹⁵、大船中央病院・消化器肝臓病センター¹⁶、東京医科歯科大学消化器病態学¹⁷、北里大学北里研究所病院炎症性腸疾患先進治療センター¹⁸)

クローン病に合併した大腸癌のsurveillance program 確立の検討 (痔瘻癌を含む)

—多施設共同研究によるpilot studyの中間報告 (第4報) —

○杉田 昭¹、小金井一隆²、二見喜太郎²、舟山裕士³、池内浩基⁴、根津理一郎⁵、板橋道朗⁶、水島恒和⁷、荒木俊光⁸、渡邊聡明⁹、福島浩平¹⁰、佐々木巖¹¹ (横浜市立市民病院炎症性腸疾患センター¹、福岡大学筑紫病院外科²、東北労災病院大腸肛門外科³、兵庫医科大学下部消化管外科⁴、西宮市立中央病院外科⁵、東京女子医大第2外科⁶、大阪大学消化器外科⁷、三重大学消化管小児外科学⁸、東京大学大腸肛門外科⁹、東北大学分子病態外科¹⁰、みやぎ健診プラザ¹¹)

B-(3) 画期的な診断・治療の開発プロジェクト —治療面から—

B-(3)-1 難治性炎症性腸疾患に対する新規治療の位置づけ (13:25~13:50)

総括 日比紀文 北里大学北里研究所病院炎症性腸疾患先進治療センター

多施設共同医師主導型臨床試験「難治性潰瘍性大腸炎に対するタクロリムスとインフリキシマブの
治療効果比較試験」

○松岡克善¹、長沼 誠¹、金井隆典¹、日比紀文²、渡辺 守³、樋田信幸⁴、松浦 稔⁵、猿田雅之⁶、朝倉敬子⁷
(慶應義塾大学消化器内科¹、北里大学北里研究所病院炎症性腸疾患先進治療センター²、東京医科歯科大学消化器
病態学³、兵庫医科大学内科下部消化管科⁴、京都大学医学部消化器内科⁵、東京慈恵会医科大学消化器・肝臓内科⁶、
東京大学大学院医学系研究科公共健康医学専攻疫学保健学講座⁷)

多施設共同医師主導型臨床試験「インフリキシマブ治療によって寛解維持された潰瘍性大腸炎患者に対する
インフリキシマブ治療の中止および継続群の寛解維持率比較研究-HAYABUSA-」：進捗状況

○小林 拓¹、久松理一²、仲瀬裕志³、平井郁仁⁴、松本主之⁵、本谷 聡⁶、渡辺憲治⁷、日比紀文¹ (北里大学北里
研究所病院炎症性腸疾患先進治療センター¹、慶應義塾大学医学部消化器内科²、京都大学消化器内科³、福岡大学
筑紫病院消化器内科⁴、岩手医科大学内科学講座消化器内科消化管分野⁵、JA 北海道厚生連札幌厚生病院 IBD センター⁶、
大阪市立大学消化器内科⁷)

B-(3)-2 クロウン病に対する適切な免疫調節剤投与方法、インフリキシマブ二次無効例に対する対処 (13:50~14:35)

総括 鈴木康夫 東邦大学医療センター佐倉病院内科

クロウン病に対するアダリムマブと免疫調節剤併用療法の検討：進捗状況

○松本主之¹、仲瀬裕志²、渡辺憲治³、久松理一⁴、日比紀文⁵、渡辺 守⁶
(岩手医科大学内科学講座消化器内科消化管分野¹、京都大学消化器内科²、大阪市立大学消化器内科³、
慶應義塾大学消化器内科⁴、北里大学北里研究所病院炎症性腸疾患先進治療センター⁵、東京医科歯科大学消化器病態学⁶)

インフリキシマブによる寛解維持治療における効果不十分なクロウン病患者を対象とした栄養療法併用効果
確認試験 (CERISIER Trial) (多施設共同研究)

○久松理一¹、中村志郎²、長堀正和³、横山 薫⁴、国崎玲子⁵、辻川知之⁶、仲瀬裕志⁷、渡辺憲治⁸、本谷 聡⁹、
蘆田知史¹⁰、山本博徳¹¹、平石秀行¹²、屋嘉比康治¹³、勝野達郎¹⁴、鈴木康夫¹⁵、大草敏史¹⁶、飯塚文瑛¹⁷、中井勝彦¹⁸、
横山 正¹⁹、平田一郎²⁰、山本隆行²¹、飯島英樹²²、樋口和秀²³、小坂 正²⁴、春間 賢²⁵、平岡佐規子²⁶、田中信治²⁷、
河内修治²⁸、安藤 朗²⁹、渡辺 守³⁰、日比紀文³¹ (慶應義塾大学消化器内科¹、兵庫医科大学消化器内科²、
東京医科歯科大学消化器病態学³、北里大学東病院消化器内科⁴、横浜市立大学炎症性腸疾患 (IBD) センター⁵、
滋賀医科大学消化器内科⁶、京都大学内科系 消化器内科学講座⁷、大阪市立大学消化器内科⁸、札幌厚生病院
IBD センター⁹、札幌東徳洲会病院 IBD センター¹⁰、自治医科大学消化器内科¹¹、獨協医科大学消化器内科¹²、
埼玉医科大学医療センター消化器・肝臓内科¹³、千葉大学消化器内科¹⁴、東邦大学佐倉病院消化器内科¹⁵、
東京慈恵会医科大学柏病院消化器・肝臓内科¹⁶、東京女子医科大学消化器内科¹⁷、松田病院胃腸・肛門外科¹⁸、
横山胃腸科病院¹⁹、藤田保健衛生大学消化器内科²⁰、四日市市社会保険病院 IBD センター²¹、大阪大学消化器内科²²、
大阪医科大学消化器内科²³、大和病院²⁴、川崎医科大学食道・胃腸内科²⁵、岡山大学消化器・肝臓内科²⁶、広島大学
内視鏡診療科²⁷、松山赤十字病院消化器内科²⁸、北里大学北里研究所病院炎症性腸疾患先進治療センター²⁹)

多施設共同医師主導型臨床研究「アダリムマブと免疫調節剤併用中の寛解クロウン病患者における
免疫調節剤休薬の検討-Diamond2」

○久松理一¹、松本主之²、仲瀬裕志³、渡辺憲治⁴、渡辺 守⁵、日比紀文⁶ (慶應義塾大学医学部消化器内科¹、
岩手医科大学内科学講座消化器内科消化管分野²、京都大学消化器内科・内視鏡部³、大阪市立大学消化器内科⁴、
東京医科歯科大学消化器病態学⁵、北里大学北里研究所病院炎症性腸疾患先進治療センター⁶)

特殊型炎症性腸疾患におけるアダリムマブとステロイドの前向き無作為化比較試験、

Castle Study：国内多施設共同試験

○渡辺憲治¹、松本主之²、仲瀬裕志³、久松理一⁴、平井郁仁⁵、小林清典⁶、日比紀文⁷、渡辺 守⁸（大阪市立大大学院医学研究科消化器内科学¹、岩手医科大学内科学講座消化器内科消化管分野²、京都大学消化器内科・内視鏡部³、慶應義塾大学医学部消化器内科⁴、福岡大学筑紫病院消化器内科⁵、北里大学東病院消化器内科⁶、北里大学北里研究所病院炎症性腸疾患先進治療センター⁷、東京医科歯科大学消化器病態学⁸）

B-(3)-3 外科治療の現状と工夫（14:35～15:30）

総括 杉田 昭 横浜市立市民病院外科

外科治療の現状、工夫、予後—プロジェクト研究の現状と方針—

○杉田 昭¹、亀岡信悟²、二見喜太郎³、根津理一郎⁴、藤井久男⁵、楠 正人⁶、舟山裕士⁷、渡邊聡明⁸、福島浩平⁹、板橋道朗²、池内浩基¹¹、佐々木巖¹²（横浜市立市民病院炎症性腸疾患センター¹、東京女子医大第2外科²、福岡大学筑紫病院外科³、西宮市立中央病院外科⁴、奈良県立医科大学中央内視鏡超音波部⁵、三重大学消化管、小児外科学⁶、東北労災病院大腸肛門外科⁷、東京大学大腸肛門外科⁸、東北大学分子病態外科⁹、兵庫医科大学下部消化管外科¹¹、みやぎ健診プラザ¹²）

クローン病術後療法に関する調査研究—インフリキシマブ併用療法・術後管理

○福島浩平¹、羽根田祥²、渡辺和宏²、長尾宗徳²、神山篤史²、鈴木秀幸²、舟山裕士³、杉田 昭⁴、二見喜太郎⁵、島山勝義⁶、藤井久男⁷、吉岡和彦⁹、亀岡信悟¹⁰、渡邊聡明¹¹、楠 正人¹²、池内浩基¹³、中村志郎¹⁴、鈴木康夫¹⁵、木内喜孝¹⁶、渡辺 守¹⁷、佐々木巖¹⁸（東北大学大学院消化管再建医工学・分子病態外科学分野¹、東北大学大学院生体調節外科学分野²、東北労災病院大腸肛門外科³、横浜市民病院外科⁴、福岡大学筑紫病院外科⁵、新潟大学消化器・一般外科⁶、奈良県立医科大学中央内視鏡・超音波部⁷、兵庫医科大学外科⁸、関西医科大学付属香里病院外科⁹、東京女子医科大学第二外科¹⁰、東京大学腫瘍外科¹¹、三重大学消化管・小児外科学¹²、兵庫医科大学IBDセンター外科¹³、兵庫医科大学IBDセンター内科科¹⁴、東邦大学医療センター佐倉病院内科¹⁵、東北大学保健管理センター¹⁶、東京医科歯科大学消化器病態学¹⁷、みやぎ健診プラザ¹⁸）

回腸囊炎に関する調査研究—「寛解」の定義(案)

○福島浩平¹、羽根田祥²、渡辺和宏²、鈴木秀幸²、長尾宗紀²、神山篤史²、舟山裕士³、杉田 昭⁴、二見喜太郎⁵、藤井久男⁷、池内浩基⁸、小金井一隆¹、飯合恒夫⁶、東大二郎⁵、吉岡和彦⁹、亀岡信悟¹⁰、板橋道朗¹⁰、渡邊聡明¹¹、楠 正人¹²、佐々木巖¹³（東北大学大学院消化管再建医工学・分子病態外科学分野¹、東北大学大学院生体調節外科学分野²、東北労災病院大腸肛門外科³、横浜市民病院外科⁴、福岡大学筑紫病院外科⁵、白根健生病院⁶、奈良県立医科大学中央内視鏡・超音波部⁷、兵庫医科大学IBDセンター外科⁸、関西医科大学付属香里病院外科⁹、東京女子医科大学第二外科¹⁰、東京大学腫瘍外科¹¹、三重大学消化管・小児外科学¹²、みやぎ健診プラザ¹³）

高齢者潰瘍性大腸炎に対する手術の検討 - 手術適応、手術時期、手術術式、予後のアンケート調査（中間報告） -

○杉田 昭¹、亀岡信悟²、二見喜太郎³、根津理一郎⁴、藤井久男⁵、楠 正人⁶、舟山裕士⁷、渡邊聡明⁸、福島浩平⁹、板橋道朗¹⁰、池内浩基¹¹、佐々木巖¹²（横浜市立市民病院炎症性腸疾患センター¹、東京女子医大第2外科²、福岡大学筑紫病院外科³、西宮市立中央病院外科⁴、奈良県立医科大学中央内視鏡超音波部⁵、三重大学消化管、小児外科学⁶、東北労災病院大腸肛門外科⁷、東京大学大腸肛門外科⁸、東北大学分子病態外科⁹、東京女子医大第2外科¹⁰、兵庫医科大学下部消化管外科¹¹、みやぎ健診プラザ¹²）

クローン病肛門部病変の重症度分類について

○二見喜太郎、東大二郎、石橋由紀子（福岡大学筑紫病院外科）

B-(4) 診療に伴う合併症/副作用および特殊型への対策プロジェクト

B-(4)-1 潰瘍性大腸炎合併サイトメガロウイルス腸炎および血栓症（15:30～16:15）

総括 鈴木康夫 東邦大学医療センター佐倉病院内科

潰瘍性大腸炎に対するインフリキシマブ効果予測と長期経過

○鈴木康夫、岩佐亮太、山田哲弘、竹内 健（東邦大学医療センター佐倉病院内科）

CMV 感染合併潰瘍性大腸炎診断における大腸組織内 CMV-DNA 定量評価の意義 - 免疫組織染色法との比較検討 -

鈴木 康夫¹、平山圭穂¹、山田哲弘¹、○仲瀬裕志²、石黒 陽³、大宮美香⁴、長沼 誠⁵、松岡克善⁵、長堀正和⁶、
福岡 工⁷、平井郁仁⁸（東邦大学医療センター佐倉病院内科¹、京都大学消化器内科²、弘前病院消化器血液内科³、
関西医科大学内科⁴、慶應義塾大学消化器内科⁵、東京医科歯科大学消化器病態学⁶、済生会中津病院消化器内科⁷、
福岡大学筑紫病院消化器内科⁸）

潰瘍性大腸炎術後の消化管出血について（サイトメガロウイルス腸炎を含む）

福島浩平¹、鈴木康夫²、羽根田祥³、渡辺和宏³、○神山篤史³、長尾宗紀³、舟山裕士⁴、杉田 昭⁵、二見喜太郎⁶、
藤井久男⁷、池内浩基⁸、吉岡和彦⁹、板橋道朗¹⁰、渡邊聡明¹¹、楠 正人¹²、橋本拓造¹⁰、辰巳健志⁵、内野 基⁸、
河口貴昭¹³、高津典孝¹⁴、石黒 陽¹⁵、仲瀬裕志¹⁶、大宮美香¹⁷、平井郁仁¹⁴、池田圭祐¹⁸、山田哲弘²、松岡克善¹⁹、
長沼 誠¹⁹、福地 工²⁰、長堀正和²¹、渡辺 守²¹（東北大学大学院消化管再建医学・分子病態外科学分野¹、
東邦大学医療センター佐倉病院内科²、東北大学大学院生体調節外科学分野³、東北労災病院大腸肛門外科⁴、
横浜市民病院外科⁵、福岡大学筑紫病院外科⁶、奈良県立医科大学中央内視鏡・超音波部⁷、兵庫医科大学外科⁸、
関西医科大学付属枚方病院外科⁹、東京女子医科大学第二外科¹⁰、帝京大学消化器外科¹¹、三重大学消化管・小児外科学¹²、
社会保険中央病院内科¹³、福岡大学消化器内科筑紫病院消化器内科¹⁴、弘前大学光学医療診療部¹⁵、京都大学消化器内科¹⁶、
関西医科大学香里病院消化器内科¹⁷、福岡大学筑紫病院病理¹⁸、慶應義塾大学医学部消化器内科¹⁹、大阪済生会中津病院
消化器内科²⁰、東京医科歯科大学消化器病態学²¹）

炎症性腸疾患における血栓症発症の頻度および危険因子に関する多施設共同研究の実施状況

○藤谷幹浩¹、安藤勝祥¹、伊藤貴博¹、稲場勇平¹、上野伸展¹、盛一健太郎¹、前本篤男^{2,3}、蘆田知史^{2,3}、
田邊裕貴⁴、高後 裕¹（旭川医科大学内科学講座 消化器・血液腫瘍制御内科学分野¹、旭川医科大学消化管再生修復
医学講座²、札幌東徳州会病院 IBD センター³、国際医療福祉大学病院消化器内科⁴）

B-(4)-2 炎症性腸疾患にともなう感染症の現状とその対策 (16:15~16:35)

総括 岡崎和一 関西医科大学 消化器・肝臓内科

我が国における炎症性腸疾患の急性増悪・再燃因子の前向き実態調査（特に感染症との関連性）

岡崎和一¹、○大宮美香¹、深田憲将¹、佐々木誠人²、渡辺憲治³、大川清孝⁴、加賀谷尚史⁵、高添正和⁶、
酒匂美奈子⁶、渡辺守⁷、長堀正和⁷、飯塚文瑛⁸、後藤秀美⁹、谷田諭史⁹、花井洋行¹⁰、飯田貴之¹⁰、平田一郎¹¹、
藤田浩史¹¹、加藤 順¹²（関西医科大学内科学第三講座¹、愛知医科大学消化器内科²、大阪市立大学消化器内科³、
大阪市立十三市民病院⁴、金沢大学消化器内科⁵、社旗保険中央総合病院 IBD センター⁶、東京医科歯科大学消化器
病態学⁷、東京女子医科大学 IBD センター⁸、名古屋市立大学消化器・代謝内科⁹、浜松南病院 IBD センター¹⁰、藤田
保健衛生大学消化管内科¹¹、和歌山県立医科大学第二内科¹²）

炎症性腸疾患における HBV 感染の現状

坪内博仁^{1,2}、○沼田政嗣¹、森内昭博¹、上村修司¹、玉井 努¹、船川慶太¹、藤田 浩¹、宇都浩文¹、桶谷 眞¹、
井戸章雄¹（鹿児島大学大学院 消化器疾患・生活習慣病学¹、鹿児島市立病院²）

B-(4)-3 炎症性腸疾患と他臓器相関に関する臨床研究 (16:35~16:55)

総括 岡崎和一 関西医科大学 消化器・肝臓内科

多施設共同観察研究 炎症性腸疾患に合併する自己免疫性脾炎の実態調査（最終報）

一 難治性脾疾患に関する調査研究班との共同研究 一

○岡崎和一¹、渡辺 守²、川 茂幸³、下瀬川 徹⁴（関西医科大学内科学第三講座¹、東京医科歯科大学消化器
病態学²、信州大学医学部内科学第二講座³、東北大学消化器内科⁴）

免疫修飾的治療下の炎症性腸疾患患者に対するインフルエンザワクチン接種の有効性の検討、中間報告

～「予防接種に関するワクチンの有効性・安全性等についての分析疫学研究：廣田班」との共同研究～

○渡辺憲治¹、松本絃子¹、大藤さとこ²、萩原良恵¹、山上博一¹、荒川哲男¹、廣田良夫²

(大阪市立大学大学院医学研究科消化器内科学¹、公衆衛生学²)

B-(4)-4 炎症性腸疾患患者の妊娠出産における現状とその対策 (16:55～17:10)

総括 三浦総一郎 防衛医科大学校内科学講座 (穂苺量太)

妊娠出産の転帰と治療内容に関する多施設共同研究の状況

三浦総一郎¹、○穂苺量太¹、高本俊介¹、渡辺知佳子¹、長堀正和²、渡辺 守²、松岡克善³、長沼 誠³、日比紀文⁴、本谷 聡⁵、樋田信幸⁶、国崎玲子⁷、高橋宏和⁷、吉村直樹⁸、飯塚文瑛⁹、藤盛健二¹⁰、猿田雅之¹¹、谷田諭史¹²、藤山佳秀¹³、内藤裕二¹⁴、渡辺憲治¹⁵、飯島英樹¹⁶、上野義隆¹⁷、田中信治¹⁷、石原俊治¹⁸、杉田 昭¹⁹、池上幸治²⁰、松本主之²⁰、仲瀬裕志²¹、岡崎和一²²、石黒 陽²³、松本吏弘²⁴、嵩山敏男²⁵、小林清典²⁵、横山 薫²⁵、松井敏幸²⁷、鶴身小都絵²⁷、加賀谷尚史²⁸、井上拓也²⁹ (順不同) (防衛医科大学校内科¹、東京医科歯科大学消化器病態学²、慶應義塾大学医学部消化器内科³、北里大学北里研究所病院炎症性腸疾患先進治療センター⁴、札幌厚生病院 IBD センター⁵、兵庫医科大学内科学下部消化管科⁶、横浜市立大学消化器内科⁷、社会保険中央総合病院内科⁸、東京女子医科大学 IBD センター (消化器内科)⁹、埼玉医大消化器膵臓内科¹⁰、慈恵会医科大学付属病院消化器・肝臓内科¹¹、名古屋市立大学病院消化器内科¹²、滋賀医科大学消化器内科¹³、京都府立医科大学消化器内科¹⁴、大阪市立大学病院消化器内科¹⁵、大阪大学医学部付属病院消化器内科¹⁶、広島大学病院内視鏡診療科¹⁷、島根医科大学消化器内科¹⁸、横浜市民病院外科¹⁹、岩手医科大学内科学講座消化器内科消化管分野²⁰、京都大学消化器内科²¹、関西医大消化器膵臓内科²²、弘前大学光学医療科²³、さいたま医療センター消化器科²⁴、鹿児島大学医学部付属病院消化器内科²⁵、北里大学東病院消化器内科²⁶、福岡大学筑紫病院消化器内科²⁷、金沢大学附属病院消化器内科²⁸、大阪医科大学消化器内科²⁹)

B-(4)-5 高齢及び小児期発症炎症性腸疾患患者の治療指針の必要性 (17:10～17:30)

総括 三浦総一郎 防衛医科大学校内科学講座 (穂苺量太)

高齢者炎症性腸疾患診療の現状把握 — 前向き多施設共同研究の経過報告 —

三浦総一郎¹、○高本俊介¹、穂苺量太¹、渡辺知佳子¹、田中浩紀²、本谷 聡²、松本史弘³、長堀正和⁴、渡辺 守⁴、松岡克善⁵、金井隆典⁵、小林 拓⁶、日比紀文⁶、横山 薫⁷、小林清典⁷、谷田諭史⁸、瀬戸山仁⁹、藤田 浩⁹、坪内博仁⁹、高橋晴彦¹⁰、松井敏幸¹⁰、加藤真吾¹¹ (順不同) (防衛医科大学校内科¹、札幌厚生病院 IBD センター²、自治医科大学付属さいたま医療センター消化器科³、東京医科歯科大学消化器病態学⁴、慶應義塾大学医学部消化器内科⁵、北里大学北里研究所病院炎症性腸疾患先進治療センター⁶、北里大学東病院消化器内科⁷、名古屋市立大学病院消化器内科⁸、鹿児島大学医学部付属病院消化器内科⁹、福岡大学筑紫病院消化器内科¹⁰、埼玉医科大学総合医療センター消化器内科¹¹)

小児期発症炎症性腸疾患の治療に関する全国調査

○清水俊明¹、友政 剛²、田尻 仁³、国崎玲子⁴、石毛 崇⁵、山田寛之⁶、新井勝大⁷、大塚直一¹、余田 篤⁸、牛島高介⁹、青松友規⁸、永田 智¹⁰、内田恵一¹¹、竹内一夫¹²、穂苺量太¹³、三浦総一郎¹³、渡辺 守¹⁴ (順天堂大学医学部小児科¹、パルこどもクリニック²、大阪府立急性期・総合医療センター小児医療センター³、横浜市立大学附属市民総合医療センター⁴、群馬大学大学院医学系研究科小児科学⁵、大阪府立母子センター消化器内分泌科⁶、国立成育医療研究センター消化器科⁷、大阪医科大学泌尿生殖発達医学講座小児科⁸、久留米大学医療センター小児科⁹、東京女子医科大学小児科¹⁰、三重大学医学部小児外科¹¹、埼玉大学教育学部学校保健学講座¹²、防衛医科大学内科¹³、東京医科歯科大学消化器病態学¹⁴)

事務局連絡

(17:30 終了予定)

懇親会 (17:30～)

I. 研究報告(続)

p-C) 基礎プロジェクト

C-(1) 診療に有用なバイオマーカー開発

C-(1)-1 免疫関連バイオマーカーの開発(9:00~9:30)

総括 竹田 潔 大阪大学大学院医学系研究科、千葉 勉 京都大学大学院医学研究科消化器内科学
虫垂リンパ組織の腸管恒常性維持における役割

○竹田 潔(大阪大学大学院医学系研究科免疫制御学)

クローン病におけるTh17誘導性ミエロイド細胞の役割

○荻野崇之¹、西村潤一¹、香山尚子²、Soumik Barman²、植村 守¹、畑 泰司¹、竹政伊知朗¹、水島恒和¹、山本浩文¹、
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免疫制御学²)

CXCR3阻害剤の役割と治療応用

○石黒 陽^{1,2}、櫻庭 裕丈²、蓮井 桂介²、平賀 寛人²、福田 眞作²

(国立病院機構弘前病院消化器血液内科¹、弘前大学消化器血液内科²)

クローン病感受性遺伝子A20による腸炎惹起機構

○大島 茂、松沢 優、高原政宏、小林正典、仁部洋一、前屋舗千明、永石宇司、土屋輝一郎、岡本隆一、
中村哲也、渡辺 守(東京医科歯科大学消化器病態学)

炎症性腸疾患の病態におけるリンパ管新生の関与と炎症性腸疾患の病態におけるリンパ管新生の関与

○佐藤宏和¹、成松和幸¹、安武優一¹、丸田紘一¹、栗原千枝¹、渡辺知佳子¹、岡田義清¹、碓井真吾¹、富田謙吾¹、
高本俊介¹、永尾重昭¹、穂刈量太¹、三浦総一郎²(防衛医科大学校消化器内科¹、防衛医科大学校²)

C-(1)-2 臨床的バイオマーカーの開発(9:30~9:54)

総括 日比紀文 北里大学北里研究所病院炎症性腸疾患先進治療センター

潰瘍性大腸炎に対する血球成分除去療法前後のケモカインプロファイリング

坪内博仁^{1,2}、○上村修司¹、小野陽平¹、沼田政嗣¹、瀬戸山仁¹、藤田 浩¹、井戸章雄¹、寄山敏男³、児玉眞由美⁴

(鹿児島大学大学院 消化器疾患・生活習慣病学¹、鹿児島市立病院²、出水総合医療センター³、宮崎医療センター病院⁴)

腸炎におけるSerum-derived Hyaluronan-Associated Protein (SHAP) 発現

佐々木誠人、○山口純治、野田久嗣、春日井邦夫(愛知医科大学消化器内科(消化管部門))

腸管炎症バイオマーカーとしてのFecal lipocalinの意義

千葉 勉¹、仲瀬裕志¹、○松浦 稔¹、吉野琢哉¹(京都大学医学部 消化器内科¹)

CAP治療効果予測因子としての温感と皮膚還流圧の上昇

○飯塚政弘^{1,2}、衛藤 武²、相良志穂¹、沼田友華³、柳原 悠³、熊谷 誠³(秋田赤十字病院附属あきた健康管理セ
ンター¹、秋田赤十字病院消化器科²、秋田赤十字病院臨床工学課³)

C-(1)-3 疾患特異的バイオマーカーの開発(9:54~10:06)

(総括 坪内博仁 鹿児島大学大学院医歯学総合研究科寄附講座 HGF組織修復・再生医療学講座)

総括 渡辺 守 東京医科歯科大学消化器病態学

IBDバイオマーカーLRGの臨床応用に向けて

○新崎信一郎¹、飯島英樹¹、松岡克善²、金井隆典²、辻井正彦¹、竹原徹郎¹、本田宏美³、三嶋 隆³、仲 哲治³

(大阪大学大学院医学系研究科・消化器内科学¹、慶應義塾大学内科²、医薬基盤研究所・免疫シグナルプロジェクト³)

クローン病特異的バイオマーカーの検討—多施設共同研究

○光山慶一¹、松井敏幸²、金城福則³、牧山和也⁴、坪内博仁⁵ (久留米大学医学部消化器内科 IBD センター¹、福岡大学筑紫病院消化器科²、琉球大学医学部光学医療診療部³、社会医療法人春回会井上病院⁴、鹿児島大学医学部消化器・生活習慣病学⁵)

C-(1)-4 腸内細菌関連バイオマーカーの開発 (10:06~10:30)

総括 藤山佳秀 滋賀医科大学消化器内科

クローン病腸内細菌叢の pyrosequence (Illumina) 解析

○藤山佳秀¹、安藤 朗²、辻川知之³、馬場重樹¹、西田淳史¹、高橋憲一郎²、藤本剛英² (滋賀医科大学消化器内科¹、滋賀医科大学大学院消化器免疫²、滋賀医科大学総合内科学³)

大腸全摘術後回腸囊腸内細菌叢と抗菌剤服用の影響

○福島浩平¹、小森佑奈¹、佐々木健吾¹、斎藤 喬¹、神山篤史²、渡辺和宏²、羽根田祥²、長尾宗紀²、鈴木秀幸²、舟山裕士³、高橋賢一³、佐々木巖⁴ (東北大学大学院消化管再建医工学・分子病態外科学分野¹、東北大学大学院生体調節外科学分野²、東北労災病院大腸肛門外科³、みやぎ健診プラザ⁴)

UC 患者腸液中の CMV-DNA 検出の検討

金城颯¹、○伊良波 淳¹、金城 徹¹、岸本一人²、外間 昭²、上原綾子²、金城武士²、藤田吹郎² (琉球大学医学部附属病院光学医療診療部¹、琉球大学医学部附属病院第一内科²)

乳酸菌由来ポリリン酸を用いた新規炎症性腸疾患治療薬の臨床応用へ向けた開発研究

○藤谷幹浩¹、上野伸展¹、稲場勇平¹、盛一健太郎¹、前本篤男^{2,3}、蘆田知史^{2,3}、田邊裕貴⁴、高後 裕¹ (旭川医科大学内科学講座 消化器・血液腫瘍制御内科学分野¹、旭川医科大学消化管再生修復医学講座²、札幌東徳州会病院 IBD センター³、国際医療福祉大学病院消化器内科⁴)

C-(1)-5 炎症による発癌バイオマーカーの開発 (10:30~11:00)

総括 味噌洋一 新潟大学院医歯学総合研究科分子診断病理学分野

潰瘍性大腸炎の炎症性発癌と DNA 損傷応答

○谷 優佑¹、味噌洋一¹、渡辺佳織里¹、若井俊文²、山口尚之¹ (新潟大学大学院医歯学総合研究科分子診断病理学分野¹、新潟大学大学院医歯学総合研究科消化器一般外科分野²)

潰瘍性大腸炎の炎症粘膜における遺伝子メチル化の検討—臨床像との関連も含めて—

○田原智満、平田一郎、中野尚子、長坂光夫、中川義仁、大宮直木 (藤田保健衛生大学消化管内科)

オルガノイド培養系の確立と腸炎関連発がん機構の解明への活用

○南木康作¹、佐藤俊朗¹、中里圭宏¹、武下達矢¹、松岡克善¹、矢島知治¹、久松理一¹、井上 詠²、岩男 泰²、長沼 誠²、緒方晴彦³、藤井正幸⁴、渡邊聡明⁴、金井隆典¹ (慶應義塾大学医学部内科学教室消化器内科¹、慶應義塾大学医学部予防医療センター²、慶應義塾大学医学部内視鏡センター³、東京大学医学部腫瘍外科⁴)

炎症性発癌におけるMFG-Eの役割

石原俊台、○楠 龍策、多田育賢、園山浩紀、岡 明彦、福翅陽彦、大嶋直樹、森山一郎、結城崇史、川島耕作、木下芳一 (島根大学医学部内科学講座第二)

粘液産生がんにおけるAtoh1発現の意義

○土屋 輝一郎、福島啓太、加納嘉人、堀田伸勝、日比谷秀爾、林 亮平、大島 茂、岡本隆一、永石宇司、中村哲也、渡辺 守 (東京医科歯科大学消化器病態学)

C-(2) 粘膜修復機構解析と治療応用 (11:00~11:18)

総括 有村 佳昭 札幌医科大学消化器・免疫・リウマチ内科学

MSC 依存性細胞増殖の機序

○一色裕之、小野寺馨、永石歓和、今井浩三、篠村恭久、有村佳昭 (札幌医科大学消化器・免疫・リウマチ内科学)

Wnt5a peptide による大腸上皮の修復

○内藤裕二¹、高木智久¹、○内山和彦¹ (京都府立医科大学消化器内科)

腸管上皮幹細胞培養とその臨床応用技術開発

○中村哲也、水谷知裕、福田将義、野崎賢吾、渡辺 守 (東京医科歯科大学消化器病態学)

II. 国立保健医療科学院挨拶

国立保健医療科学院健康危機管理研究部 上席主任研究官 武村 真治 先生 (11:20~11:30)

事務局連絡

閉会挨拶

(11:40 終了予定)

VII. 研究成果の別刷

Mediterranean mimicker

Soichi Arasawa, Hiroshi Nakase, Yoshinao Ozaki, Norimitsu Uza, Minoru Matsuura, Tsutomu Chiba

Lancet 2012; 380: 2052

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See Online for appendix

In April, 2009, a 42-year-old woman presented to our department with recurrent febrile attacks (over 38°C) and diffuse abdominal pain that spontaneously subsided within 2–3 days. Laboratory tests showed leucocytosis and raised serum C-reactive protein. Colonoscopy showed discontinuous loss of fine vascular markings, erythema, and friable mucosa in the right hemicolon. Biopsy specimens showed no characteristic features of Crohn's disease or ulcerative colitis. A CT of the abdomen showed abnormal thickness of the colon wall. Capsule endoscopy showed no abnormality of the small intestine. Antisaccharomyces cerevisiae antibodies (ASCA) and antineutrophil cytoplasmic antibodies (ANCA) were negative. She was diagnosed with indeterminate colitis and initially given 4 g of mesalazine per day, followed by 1.5 g for maintenance. However, her symptoms continued and in July, 2009, she was given 40 mg of oral prednisolone daily to control her repeated episodes. Her symptoms subsided, and the dosage was tapered 4 weeks later. Mercaptopurine could not be used because of her intolerance to the drug.

However, symptoms recurred when the prednisolone dosage was lowered and she had to have ongoing adjustment of steroid doses. A colonoscopy was then done 8 months later, which showed circumferentially erythematous mucosa with erosions in the caecum, longitudinal erosions with pseudopolypoid-like lesions in the right hemicolon, and no involvement of the rectum. The endoscopic features resembled Crohn's disease (figure A), but biopsy specimens showed no granuloma. Intestinal tuberculosis and other infectious diseases were excluded. She continued to have weekly febrile episodes, with severe abdominal pain and bilateral arthralgia of the wrists, elbows, and shoulders. We suspected familial Mediterranean fever because her symptoms met the Tel Hashomer major criteria of 2 recurrent typical attacks. After obtaining written

informed consent, we did a genome sequencing examination for the Mediterranean fever gene (*MEFV*) mutation, which showed a heterozygous *MEFV* 910G>A point mutation. The mutation causes a Gly304Arg missense mutation on pyrin (see appendix). Familial Mediterranean fever was diagnosed and she was given colchicine. Her fever and pain promptly subsided, and prednisolone and mesalazine were stopped. In February, 2011, colonoscopy showed remarkable improvement of the mucosal inflammation in the colon (figure B). At last follow up in October, 2012 she was symptom free.

Familial Mediterranean fever is a periodic inflammatory disease characterised by episodic febrile attacks and serositis. It is a monogenic Mendelian disease caused by an *MEFV* mutation on chromosome 16p13.3, which encodes pyrin.¹ Pyrin is a 781-aminoacid protein² which regulates the inflammatory response by blocking intracellular signal pathways via NF-κB or caspase 1. The absence of pyrin function due to mutated *MEFV* leads to the oversecretion of inflammatory cytokines.³ The disease is rare in non-Mediterranean populations, which might mislead physicians to misdiagnose it as inflammatory bowel disease. Recent studies suggest an association between *MEFV* and inflammatory bowel disease,⁴ although *MEFV* mutations make no important contribution to inflammatory bowel disease susceptibility.⁵ Our patient showed colonic lesions mimicking Crohn's disease. The clinical course and genetic analysis led to a diagnosis of colonic lesions related to familial Mediterranean fever. Genetic analysis and colchicine treatment should be considered for patients with indeterminate colitis who do not respond to conventional inflammatory bowel treatment.

Contributors

SA, HN, YO, and NU looked after the patient. SA, HN, MM, and TC wrote the report. Written consent to publish was obtained.

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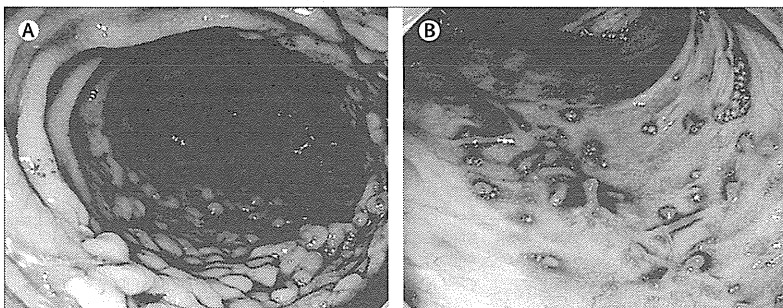


Figure: Colonoscopy photography of our patient (A) Transverse colon before treatment showing pseudopolypoid-like lesions of the transverse colon, and (B) after colchicine treatment with scar formation at the transverse colon.

ulate the methylaspartate cycle (see supporting online text).

Life in salt lakes is characterized by rare, ephemeral blooms of microorganisms (1), and under these circumstances, haloarchaea may accumulate substantial amounts of polyhydroxyalkanoate (22). Therefore, during starvation, having an anaplerotic acetyl-CoA assimilation pathway could be important for survival. In fact, most of the haloarchaeal genomes have genes for either the glyoxylate cycle (mostly clade II haloarchaea), the methylaspartate cycle (mostly clade I haloarchaea), or even both (for details, see figs. S5 and S6), which indicates their genetic potential to assimilate acetyl-CoA. As a proof of principle, we demonstrated characteristic reactions of the methylaspartate cycle in *Natrialba magadii* (clade I), but in contrast, key enzymes of the glyoxylate cycle were not detected (table S4).

Haloarchaea probably evolved from methanogens, whereupon they had to switch from a strictly anaerobic chemolithoautotrophic to an aerobic (photo)organoheterotrophic life-style (23, 24). This switch was accompanied by a massive gene gain from the Bacteria domain (23). Haloarchaea that use the glyoxylate cycle have presumably acquired its key enzyme, ICL, by lateral gene transfer (5). Likewise, all key enzymes of the proposed methylaspartate cycle were derived via lateral gene transfer from bacterial genomes, where they originally participated in completely different metabolic processes (see supporting online text and figs. S7 to S10). This suggests that evolutionary tinkering (25) of acetate assimilation has occurred in haloarchaea, by which the methylaspartate

cycle was assembled through the recombination of preexisting gene modules. Moreover, gene duplication and paralogy have presumably played an important role in evolutionary tinkering, as exemplified by RmAC0690 and RmAC1965 and as shown for other Archaea (26, 27).

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31. The authors thank G. Fuchs, Freiburg, for his constant support and the innumerable discussions and suggestions during this work and for his critical reading of the manuscript and N. Gad'on and C. Ebenau-Jehle, Freiburg, for growing cells and maintaining the laboratory. The work of M.K. was supported by the Deutscher Akademischer Austausch Dienst. This work was supported by the Deutsche Forschungsgemeinschaft and Evonik-Degussa GmbH.

Supporting Online Material

www.sciencemag.org/cgi/content/full/331/6015/334/DC1
Materials and Methods
SOM Text
Figs. S1 to S10
Tables S1 to S7
References

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Induction of Colonic Regulatory T Cells by Indigenous *Clostridium* Species

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CD4⁺ T regulatory cells (T_{regs}), which express the Foxp3 transcription factor, play a critical role in the maintenance of immune homeostasis. Here, we show that in mice, T_{regs} were most abundant in the colonic mucosa. The spore-forming component of indigenous intestinal microbiota, particularly clusters IV and XIVa of the genus *Clostridium*, promoted T_{reg} cell accumulation. Colonization of mice by a defined mix of *Clostridium* strains provided an environment rich in transforming growth factor-β and affected Foxp3⁺ T_{reg} number and function in the colon. Oral inoculation of *Clostridium* during the early life of conventionally reared mice resulted in resistance to colitis and systemic immunoglobulin E responses in adult mice, suggesting a new therapeutic approach to autoimmunity and allergy.

The mammalian gastrointestinal tract harbors numerous species of commensal bacteria that constitute the “microbiota.” The microbiota interacts with the host immune system, inducing the accumulation of several different lymphocyte populations at mucosal sites (1, 2). Recent reports have suggested that the

induction of each lymphocyte subset may be regulated by a distinct component of the microbiota. For instance, segmented filamentous bacteria (SFB) strongly induce intestinal T helper 17 (T_H17) cells, which play a role in host resistance against intestinal pathogens and promote systemic autoimmunity (3–5).

CD4⁺ regulatory T cells (T_{regs}) expressing the transcription factor forkhead box P3 (Foxp3) are present at higher frequencies in the gut lamina propria (LP), particularly in the colon, than in other organs (6) (fig. S1). It has been

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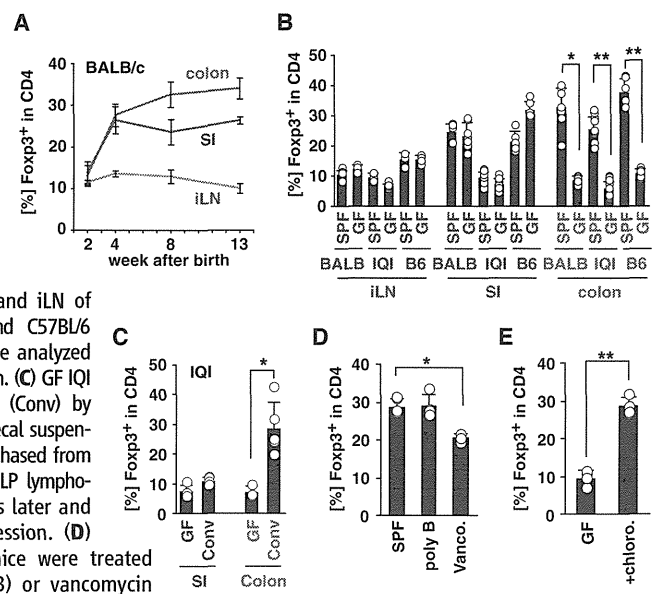
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postulated that the number and function of mucosal T_{regs} are affected by the presence of intestinal bacteria. Indeed, daily treatment of mice with probiotic strains of bifidobacteria and lactobacilli modifies the inflammatory status of mice, presumably by inducing T_{regs} (7–9). Furthermore, colonization of mice with human commensal *Bacteroides fragilis* facilitates T_{reg} differentiation and interleukin-10 (IL-10) production (10). Given the importance of the community structure of “indigenous” microbial flora in the maintenance of intestinal homeostasis, and that its alteration (dysbiosis) correlates with inflammatory diseases (11), it is important to further investigate whether, and how, indigenous microflora affect the number and function of mucosal T_{regs} .

We first examined the appearance of T_{regs} during mouse ontogeny. The frequency of Foxp3^{+} T_{regs} in colonic and small intestinal (SI) LP increased after weaning, whereas in inguinal lymph nodes (iLNs) it remained stable from the second week after birth (Fig. 1A). This temporal accumulation of intestinal T_{regs} suggested an influence of the intestinal microbiota. Therefore, we next examined germ-free (GF) mice. The percentage and absolute number of $\text{Foxp3}^{+}\text{CD4}^{+}$ T cells in SI, iLNs, Peyer’s patches, and mesenteric LNs were unchanged, or increased, in GF mice and antibiotic-treated specific pathogen-free (SPF) mice compared with untreated SPF mice (Fig. 1B and fig. S2). These findings are consistent with previous observations that GF mice have increased or unchanged numbers of T_{regs} in SI (12, 13). In contrast, a significant decrease in the number of $\text{Foxp3}^{+}\text{CD4}^{+}$ T_{regs} was observed in the colonic LP of GF mice or antibiotic-treated mice compared with SPF mice (Fig. 1B and fig. S2). This decrease may be attributed to the absence of specific signaling events induced by intestinal microbes rather than to a defect in the development of gut-associated lymphoid tissues (fig. S3). Indeed, when GF mice were colonized with fecal suspensions from SPF mice (“conventionalization”), a marked increase in the frequency of T_{regs} was observed in colonic LP (Fig. 1C). Therefore, we conclude that interactions between indigenous microflora and the host play a critical role in the accumulation of colonic LP, but not SI LP, $\text{Foxp3}^{+}\text{CD4}^{+}$ T_{regs} .

To determine whether a specific component of the intestinal flora induces colonic T_{reg} accumulation, we treated SPF mice with antibiotics that preferentially target Gram-positive (vancomycin) or Gram-negative (polymyxin B) bacteria (fig. S4). Compared with the controls, only mice treated with vancomycin had significantly lower frequencies of T_{regs} in the colon (Fig. 1D), suggesting a dominant role for Gram-positive commensal bacteria in T_{reg} accumulation. We next orally inoculated GF mice with 3% chloroform-resistant fecal microorganisms (spore-forming fraction) because this fraction has been shown to regulate intestinal T cell responses (4). Mice inoculated with chloroform-treated feces showed an increased number of T_{regs} (Fig. 1E) compar-

Fig. 1. Indigenous intestinal bacteria-dependent accumulation of colonic T_{regs} . **(A)** The percentage of Foxp3^{+} cells within the CD4^{+} cell population isolated from iLNs or LP of colon or SI of SPF BALB/c mice at the indicated age was analyzed by flow cytometry. **(B)** Lymphocytes from SI, colon, and iLN of 8-week-old BALB/c, IQI and C57BL/6 (B6) GF, and SPF mice were analyzed for CD4 and Foxp3 expression. **(C)** GF IQI mice were conventionalized (Conv) by oral administration of the fecal suspension from B6 SPF mice purchased from Jackson Laboratory. Colonic LP lymphocytes were isolated 3 weeks later and analyzed for Foxp3 expression. **(D)** Four-week-old SPF B6 mice were treated with polymyxin B (poly B) or vancomycin (Vanco) for 4 weeks and analyzed for the percentage of Foxp3^{+} cells within the CD4^{+} cell population. **(E)** GF mice were gavaged with chloroform-treated feces from SPF mice (+chloro) and analyzed for the percentage of Foxp3^{+} cells within the CD4^{+} cell population. Each circle in (B) to (E) represents an individual mouse, and error bars indicate the SD. Data were obtained from more than two independent experiments with similar results ($n \geq 4$ mice per group). * $P < 0.01$; ** $P < 0.001$, unpaired t test.



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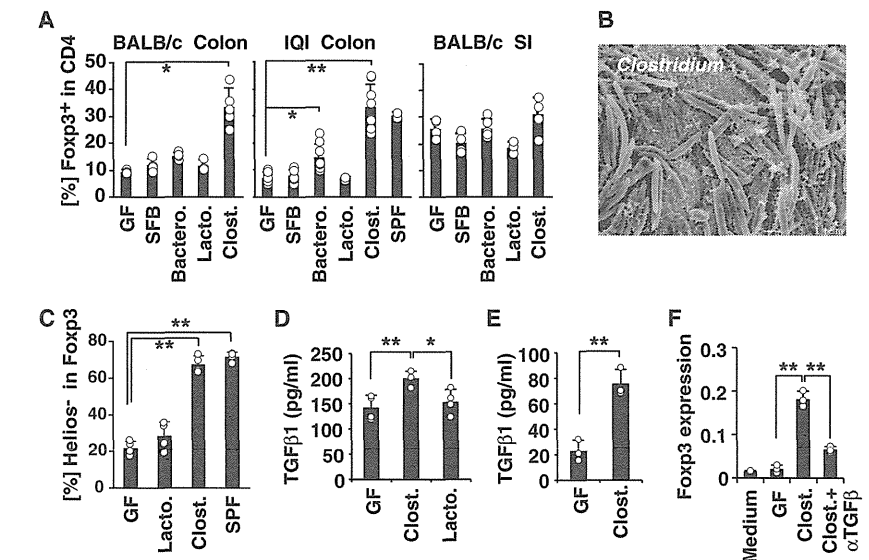


Fig. 2. Clostridia induce T_{reg} accumulation in colonic LP. **(A)** GF BALB/c or IQI mice were colonized with segmented filamentous bacteria (SFB), 16 strains of *Bacteroides* (Bactero.), 3 strains of *Lactobacillus* (Lacto.), or 46 strains of *Clostridium* (Clost.) for 3 weeks. The percentage of Foxp3^{+} cells within the CD4^{+} cell population in the colon and SI of individual mice was analyzed by flow cytometry ($n \geq 5$ mice per group). **(B)** Electron micrograph showing the proximal colon of Clost.-colonized B6 mice. **(C)** Lymphocytes from the colonic LP of indicated mice were analyzed for the expression of CD4, Foxp3, and Helios by flow cytometry. The percentage of Helios⁺ cells within $\text{Foxp3}^{+}\text{CD4}^{+}$ lymphocytes is shown ($n = 4$ mice per group). **(D and E)** Whole colons (D) or IECs (E) from GF, Lacto., or Clost.-colonized mice were cultured for 24 hours. The concentration of TGF- β 1 in the supernatant was determined by enzyme-linked immunosorbent assay (ELISA). **(F)** Splenic CD4^{+} T cells were cultured with antibodies against CD3 and CD28 and 50% conditioned medium from cultured IECs isolated from GF or Clost.-colonized mice in the presence or absence of anti-TGF- β . After 5 days, T cells were collected and assayed for Foxp3 expression by real-time reverse transcription–polymerase chain reaction. Each circle represents a mouse or a sample, and error bars indicate the SD ($n \geq 3$ per group). * $P < 0.02$; ** $P < 0.001$, unpaired t test. Data are representative of at least two independent experiments with similar results.

ble to that in SPF mice or GF mice gavaged with untreated feces (Fig. 1, B and C). Collectively, our results suggest that a specific component of the indigenous microbiota, belonging most likely to the Gram-positive, spore-forming fraction, plays a critical role in the induction of colonic T_{reg} s.

Clostridia are one of the most prominent Gram-positive and spore-forming bacteria indigenous to the murine gastrointestinal tract (14). Moreover, *Clostridium* clusters IV and XIVa (also known as *Clostridium leptum* and *coccoides* groups, respectively) have been implicated in the maintenance of mucosal homeostasis and prevention of inflammatory bowel disease (IBD) (15, 16). We therefore explored the link between clostridia and the accumulation of colonic T_{reg} s. Clostridia became prominent after weaning and persisted in the adult animals, in contrast to *Lactobacillus* or *Enterobacteriaceae*, which were more abundant during the neonatal period and declined thereafter (fig. S5). Furthermore, *Clostridium* clusters IV and XIVa were most abundant in the cecum and proximal colon, which correlated well with the distribution of T_{reg} s (fig. S6).

To directly examine the effect of *Clostridium* on the induction of colonic T_{reg} s, we generated

“gnotobiotic” mice by colonizing GF mice with fecal material obtained from mice colonized with a cocktail of 46 strains of *Clostridium* (17). *Clostridium*-colonized gnotobiotic mice exhibited a robust accumulation of T_{reg} s in colonic LP; however, the frequency of SI T_{reg} s was not affected (Fig. 2A and fig. S7, A and B). The 46 strains of *Clostridium* used were originally isolated from chloroform-treated fecal material from conventionally reared mice (17). These strains primarily belong to clusters IV and XIVa (14) (see also fig. S8). They are normally present in the intestine of several colonies of commercially available SPF mice and in that of mice housed in our own animal facility (fig. S9A). They mainly colonized the cecum and proximal colon (fig. S9B) and formed a thick layer on the mucosal epithelium (Fig. 2B). The induction of colonic T_{reg} s was specific to *Clostridium*-colonized mice. Colonization with a cocktail of three strains of *Lactobacillus*, or with SFB, had little effect on the number of colonic T_{reg} s (Fig. 2A and fig. S7, A and B). Furthermore, colonization by *B. fragilis*, which is reported to induce IL-10 production in T_{reg} s (10), did not significantly affect the frequency

of colonic T_{reg} s (fig. S7C). A cocktail of 16 strains of *Bacteroides* spp. isolated from the murine intestine did induce a significant increase in the number of T_{reg} s in the colon, although the magnitude was dependent on the background of the mice and was less than that seen in *Clostridium*-colonized mice (Fig. 2A and fig. S7, A and B).

A substantial fraction of Foxp3⁺ T_{reg} s observed in SPF or *Clostridium*-colonized mice was negative for Helios, a transcription factor reported to be expressed in thymus-derived natural T_{reg} s (18), suggesting that many of these T_{reg} s could be “induced T_{reg} s” (iT_{reg}s) (Fig. 2C and fig. S10A). A high number of T_{reg} s was maintained for at least 4 months after colonization (fig. S10B). Furthermore, *Clostridium*-mediated T_{reg} induction is vertically and horizontally transmissible (fig. S10C). *Clostridium* did not affect T_{H1} cells but moderately induced T_{H17} cells in the colon (fig. S10D). The 46 strains of *Clostridium* have been reported to affect the accumulation of CD8⁺IELs (intraepithelial lymphocytes) in the colon (19). Therefore, *Clostridium* may modulate various aspects of the immune system.

Considering that transforming growth factor- β (TGF- β) is a critical regulator of T_{reg} development, we examined whether *Clostridium* colonization provides a TGF- β -rich environment within the colon. To this end, we cultured whole colons or colonic intestinal epithelial cells (IECs) from GF mice, or mice colonized by either *Clostridium* or *Lactobacillus*, and found a significant increase in the production of active-form TGF- β in the colon and IECs from *Clostridium*-colonized mice (Fig. 2, D and E). Addition of the culture supernatant of IECs from *Clostridium*-colonized mice to splenic CD4⁺ T cells markedly enhanced the differentiation of Foxp3-expressing cells, and this differentiation was significantly inhibited by an antibody against TGF- β (Fig. 2F). Consistent with the production of TGF- β , transcripts for the genes encoding matrix metalloproteinase 2 (MMP2), MMP9, and MMP13, which have been reported to be involved in the activation of latent TGF- β (20), were expressed at higher levels by IECs from *Clostridium*-colonized mice than those from GF or *Lactobacillus*-colonized mice (fig. S11). IECs from *Clostridium*-colonized mice also expressed a high level of indoleamine 2,3-dioxygenase (IDO) (fig. S11), which has been implicated in the induction of T_{reg} s (21). Collectively, our findings suggest that clostridia activate IECs to produce TGF- β and other T_{reg} -inducing molecules within the colon. We also examined the contribution of bacterial pattern-recognition receptors (PRRs) to the induction of T_{reg} s by *Clostridium*. SPF mice deficient for *Myd88* (a signaling adaptor molecule for Toll-like receptors), *Rip2* (an adaptor molecule for NOD receptors), or *Card9* (a key transducer of Dectin-1 signaling) had a normal number of mucosal T_{reg} s, compared to each of their littermate controls (fig. S12A). Furthermore, the colonization of GF *Myd88*-deficient mice with *Clostridium* induced

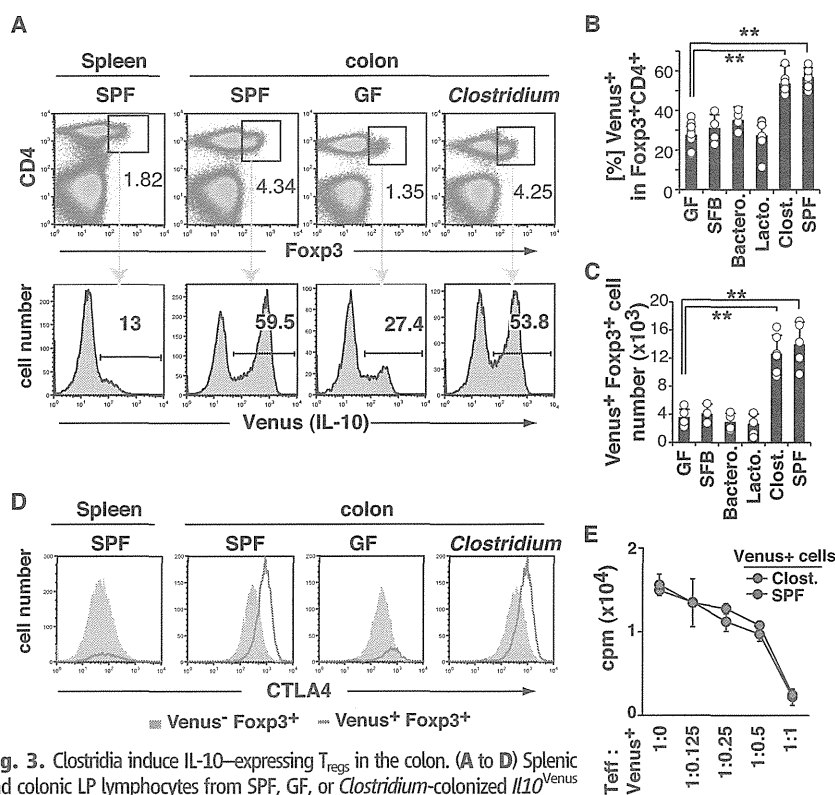


Fig. 3. Clostridia induce IL-10-expressing T_{reg} s in the colon. (A to D) Splenic and colonic LP lymphocytes from SPF, GF, or *Clostridium*-colonized *Il10*^{Venus} mice were analyzed for expression of CD4, Foxp3, Venus, and CTLA4 by flow cytometry. Representative dot-plots and histograms are shown in (A) and (D), and the percentage and absolute number of Venus⁺ cells within the CD4⁺Foxp3⁺ cell population in individual mice are shown in (B) and (C). Each symbol represents a mouse, and error bars indicate the SD. Data are representative of at least two independent experiments with similar results ($n \geq 5$ mice per group). $^{***}P < 0.001$ versus GF, unpaired t test. (E) Purified CD4⁺Venus⁺ cells from the colonic LP of SPF or *Clostridium*-colonized *Il10*^{Venus} mice were cultured with splenic CD4⁺CD25⁻ T cells (T_{eff}) in the presence of irradiated splenic CD11c⁺ cells and anti-CD3 for 72 hours at the indicated ratios. Proliferation was measured by [³H]thymidine uptake. Data represent the mean \pm SD of triplicate cultures.

robust accumulation of colonic LP T_{regs} (fig. S12B). These results indicate that clostridia induce T_{regs} independently of these PRR signaling pathways.

Intestinal Foxp3^+ T_{regs} exert their immunosuppressive activity, at least in part, through IL-10 production (22, 23). To further probe the nature of T_{regs} induced by *Clostridium*, we newly generated IL-10 reporter mice, in which a cassette containing an internal ribosomal entry site (IRES) and Venus, a brighter version of yellow fluorescent protein, was inserted immediately before the polyadenylation signal of the *Il10* gene (referred to as *Il10*^{Venus} mice; fig. S13). In SPF *Il10*^{Venus} mice, about 60% of Foxp3^+ T_{regs} in colonic LP were Venus⁺, whereas only about 10% of T_{regs} in spleen or other organs were Venus⁺, consistent with previous studies (24, 25) (Fig. 3, A and B, and fig. S14). Under GF conditions or after antibiotic treatment, the frequency and number of Venus⁺ cells within the $\text{CD4}^+\text{Foxp3}^+$ T_{reg} population were significantly lower than those seen under SPF conditions (Fig. 3, A to C, and fig. S15). In contrast, no significant change in the frequency of any regulatory cell components within the CD4^+ T cell population in SI LP was observed in the absence, or reduction, of commensal bacteria (fig. S15). These results indicate that the indigenous microflora provide a signal for the accumulation of IL-10⁺ T_{regs} in colonic LP, whereas different mechanisms are operating in the induction of Foxp3^+ - and/or IL-10⁺-regulatory cells in SI.

To determine the effect of *Clostridium* on IL-10 expression in colonic T_{regs} , we examined gnotobiotic *Il10*^{Venus} mice colonized with 46 strains of *Clostridium*. The frequency and number of Venus⁺ cells among Foxp3^+ cells in *Il10*^{Venus} mice colonized with *Clostridium* were similar

to those in SPF mice (Fig. 3, A to C), indicating that clostridia are sufficient to induce IL-10-expressing Foxp3^+ T_{regs} . The induction of IL-10⁺ T_{regs} was, again, specifically observed in mice colonized with *Clostridium* but not other bacteria (Fig. 3, B and C). Venus⁺ Foxp3^+ cells in the colonic LP of *Clostridium*-colonized mice expressed high levels of cytotoxic T lymphocyte antigen 4 (CTLA4) (Fig. 3D) and exhibited an in vitro suppressive activity similar to that of Venus⁺ cells from SPF mice (Fig. 3E). These results indicate that clostridia sufficiently induce the accumulation of functionally competent IL-10⁺ Foxp3^+ cells in the colonic LP of SPF and *Clostridium*-colonized mice were found to be negative for Helios, and this cell fraction was particularly reduced in GF mice (fig. S16). These findings suggest that clostridia induce a shift in the composition of T_{regs} in the colonic LP, particularly through accumulation of the IL-10⁺ Foxp3^+ $\text{CTLA4}^{\text{high}}$ Helios^- subset of T_{regs} (presumably iT_{regs}). Furthermore, 3 weeks after *Clostridium* inoculation, we observed a substantial increase in the number of Venus⁺ CD4^+ cells in the liver, lung, and spleen, where otherwise a very small number of Venus⁺ cells can be detected (fig. S17). This finding suggests that colonization of *Clostridium* also affects the extra-intestinal immune status.

Early exposure to the environment is known to be a key determinant of adult gut microbial ecology. To affect the *Clostridium* load, we orally inoculated 2-week-old neonatal SPF mice with feces from *Clostridium*-associated mice, kept them under SPF conditions, and examined their microbial composition and T_{reg} number in adulthood. Despite similar amounts of total

bacteria in the feces of the *Clostridium*-treated and -untreated groups, there was a significant increase in the amounts of *Clostridium* clusters IV and XIVa in the treated mice (fig. S18A), accompanied by a significantly higher number of colonic Foxp3^+ T_{regs} (Fig. 4A). We then examined the effect of abundance of *Clostridium*, and the consequent increase in the number of T_{regs} , on local and systemic immune responses. Mice were subjected to dextran sodium sulfate (DSS)-mediated colitis, a model of colitis resembling human IBD. The symptoms of colitis, such as weight loss and rectal bleeding, were significantly suppressed in *Clostridium*-abundant mice compared with control mice (Fig. 4B). Colon shortening, edema, and hemorrhage were less severe in the colon of *Clostridium*-abundant mice than in that of control mice (Fig. 4C). Consistently, *Clostridium*-abundant mice exhibited milder histological disease characteristics, such as mucosal erosion, cellular infiltration, and crypt loss, than control mice (Fig. 4D). The *Clostridium*-abundant mice were also subjected to oxazolone-induced colitis, an experimental colitis mediated by $T_{\text{H}2}$ -type cells (26). *Clostridium*-abundant mice had attenuated weight loss and fewer areas of mucosal erosion, edema, cellular infiltration, and hemorrhage (fig. S18, B and C). Finally, we investigated the effect of *Clostridium* on systemic immunoglobulin E (IgE) production. Ovalbumin (OVA)-specific IgE levels in sera were measured after intraperitoneal injection of alum-adsorbed OVA. *Clostridium*-abundant mice showed significantly lower IgE levels than control mice (Fig. 4E). Moreover, splenocytes from *Clostridium*-abundant mice immunized with OVA plus alum showed lower IL-4 and higher IL-10 productions after restimulation with OVA

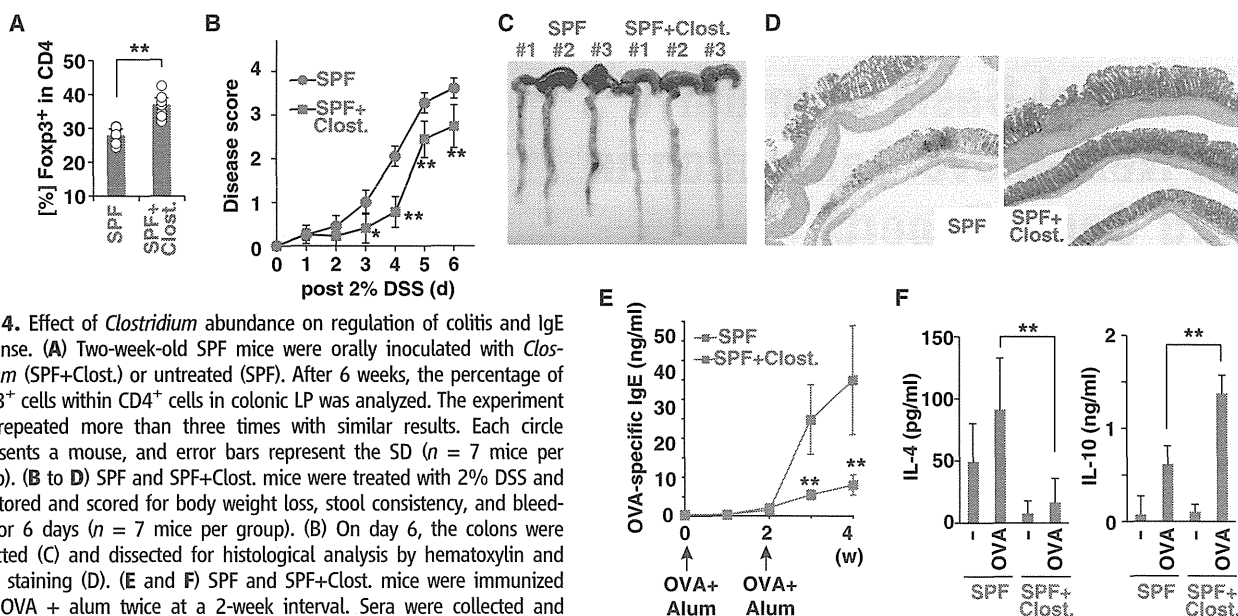


Fig. 4. Effect of *Clostridium* abundance on regulation of colitis and IgE response. (A) Two-week-old SPF mice were orally inoculated with *Clostridium* (SPF+Clost.) or untreated (SPF). After 6 weeks, the percentage of Foxp3^+ cells within CD4^+ cells in colonic LP was analyzed. The experiment was repeated more than three times with similar results. Each circle represents a mouse, and error bars represent the SD ($n = 7$ mice per group). (B to D) SPF and SPF+Clost. mice were treated with 2% DSS and monitored and scored for body weight loss, stool consistency, and bleeding for 6 days ($n = 7$ mice per group). (B) On day 6, the colons were collected (C) and dissected for histological analysis by hematoxylin and eosin staining (D). (E and F) SPF and SPF+Clost. mice were immunized with OVA + alum twice at a 2-week interval. Sera were collected and examined for OVA-specific IgE levels by ELISA (E). Splenocytes were collected from mice in each group and examined for IL-4 and IL-10 production upon restimulation with OVA in vitro (F). Error bars represent the SD ($n = 5$ mice per group). * $P < 0.02$; ** $P < 0.001$, unpaired t test.

per group). * $P < 0.02$; ** $P < 0.001$, unpaired t test.

in vitro than those from control mice (Fig. 4F). Therefore, the increased proportion of *Clostridium* in the gut microbiota affected mucosal inflammation and systemic antibody responses. Although additional mechanisms and cell types could be involved, our findings suggest that *Clostridium*-mediated induction of T_{regs} in the colon may be responsible for these effects.

Our findings show that T_{regs} are abundant in intestinal LP, and their accumulation in the SI and colon is differentially regulated. The induction of colonic T_{regs} is dependent on commensal microorganisms with specialized properties. Among the indigenous commensal bacteria, *Clostridium* spp. belonging to clusters IV and XIVa are outstanding inducers of T_{regs} in the colon. Although alternative mechanisms may also be involved, our findings are consistent with a model in which the presence of *Clostridium* induces the release of active TGF- β and other T_{reg} -inducing factors from IECs, which presumably cooperate with dendritic cells to induce a general accumulation of T_{regs} in the colon and at the same time affect the proportions of individual T_{reg} subsets through the preferential induction of IL-10⁺ CTLA4^{high} iT_{regs} . Several recent studies have focused on the microbial composition in the intestine during health and disease. Notably, *Clostridium* clusters IV and XIVa constitute a smaller proportion of the fecal community in patients with IBD than in healthy controls (15). Furthermore, some patients with IBD have a specific reduction in *Faecalibacterium prausnitzii*, a bacterium belonging to *Clostridium* cluster IV (16). These reports are consistent with our findings and raise the possibility that indigenous *Clostridium*-dependent induction of T_{regs} may be required for maintaining immune homeostasis in mice and humans. The factors derived from *Clostridium* that are required

for the induction of mucosal T_{regs} are currently unknown. Because gnotobiotic mice colonized with three strains of *Clostridium* showed an intermediate pattern of T_{reg} induction between GF mice and mice inoculated with all 46 strains (fig. S19), we speculate that a diverse set of metabolites that are most efficiently produced by the 46 strains of *Clostridium* as a whole may be required for the optimal induction of T_{regs} . Identifying these metabolites and the molecular mechanisms underlying the *Clostridium*-host crosstalk will provide invaluable information toward understanding how the gut microbiota regulates immune homeostasis and may suggest potential therapeutic options for treating human IBD and allergies.

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Supporting Online Material

www.sciencemag.org/cgi/content/full/science.1198469/DC1
Materials and Methods
Figs. S1 to S19
References

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The Neural Basis of Intuitive Best Next-Move Generation in Board Game Experts

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The superior capability of cognitive experts largely depends on quick automatic processes. To reveal their neural bases, we used functional magnetic resonance imaging to study brain activity of professional and amateur players in a board game named shogi. We found two activations specific to professionals: one in the precuneus of the parietal lobe during perception of board patterns, and the other in the caudate nucleus of the basal ganglia during quick generation of the best next move. Activities at these two sites covaried in relevant tasks. These results suggest that the precuneus-caudate circuit implements the automatic, yet complicated, processes of board-pattern perception and next-move generation in board game experts.

Board games provide a good opportunity to study the mechanisms underlying cognitive expertise because these games are

played in accordance with a set of well-defined rules. There is a history of psychological studies of chess over the last 100 years (1–3). In an early

study (4), both world-class and local-club players were asked to think aloud while playing, and no difference was found in the depth or width of search between the two groups. Instead, a difference was found in the selection of game tree branches that the player put into the search process: The best next move was always included in the first part of search in world-class players, whereas local-club players often missed it in their large search. de Groot inferred that world-class players generate one or a few best next moves mainly by cued recall (4). Subsequently, on the basis of the experts' superior performance in the board-pattern recall task it was proposed that chess experts quickly perceive chess patterns using various stereotyped arrangements of several

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Functional engraftment of colon epithelium expanded *in vitro* from a single adult Lgr5⁺ stem cell

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Adult stem-cell therapy holds promise for the treatment of gastrointestinal diseases. Here we describe methods for long-term expansion of colonic stem cells positive for leucine-rich repeat containing G protein-coupled receptor 5 (Lgr5⁺ cells) in culture. To test the transplantability of these cells, we reintroduced cultured GFP⁺ colon organoids into superficially damaged mouse colon. The transplanted donor cells readily integrated into the mouse colon, covering the area that lacked epithelium as a result of the introduced damage in recipient mice. At 4 weeks after transplantation, the donor-derived cells constituted a single-layered epithelium, which formed self-renewing crypts that were functionally and histologically normal. Moreover, we observed long-term (>6 months) engraftment with transplantation of organoids derived from a single Lgr5⁺ colon stem cell after extensive *in vitro* expansion. These data show the feasibility of colon stem-cell therapy based on the *in vitro* expansion of a single adult colonic stem cell.

Epithelial stem cells maintain tissue homeostasis throughout the gastrointestinal tract^{1–3}. The Wnt, bone morphogenetic protein (BMP) and Notch cascades function together to regulate stem-cell maintenance^{4,5}. *Lgr5* marks stem cells in small intestinal and colonic crypts⁶ and in gastric units⁷. *Bmi1* may mark distinct stem cells in the proximal small intestine⁸. It has been shown that freshly isolated intestinal epithelium can be transplanted in rodents after resident epithelium has been surgically removed^{9,10}. We previously developed a three-dimensional culture technique that allows expansion of single Lgr5⁺ stem cells from small intestine¹¹, stomach⁷ and colon¹². The resulting organoids then expand and self organize into an epithelial architecture that is reminiscent of that seen in *in vivo* histology. Moreover, the growing organoids maintain their tissue identity even after prolonged culture. Here we sought to evaluate whether the cultured Lgr5⁺ cells faithfully represent the tissue-resident Lgr5⁺ stem cells and, thus, are able to regenerate epithelial tissue *in vivo*. Considering that the colon is very vulnerable to disease in humans, we focused on colonic stem cells in our analyses.

RESULTS

Long-term, serum-free culture system for colonic organoids

We subjected the colons of adult mice to a combination of enzymes¹³, reducing agents¹⁴ and mechanical disruption. The resulting crypt fragments were mostly devoid of α smooth muscle actin gene (*Acta2*)-expression-positive non-epithelial components and consisted of a mix of cadherin 1, type 1, E-cadherin (*Cdh1*)⁺ cells expressing terminal differentiation marker genes (*Muc2*, *CA2* and *ChgA*) and Lgr5⁺ stem cells (Supplementary Fig. 1a,b).

The addition of R-spondin 1 (Rspo1), Noggin and epidermal growth factor (EGF), which are all essential to small intestine culture¹¹, did not maintain the growth of colonic crypts. We therefore developed the following 'TMDU (Tokyo Medical and Dental University) protocol': we embedded crypts in type I collagen in serum-free medium with Wnt3a, hepatocyte growth factor (HGF)^{15,16} and BSA, in addition to Rspo1, Noggin and EGF (Supplementary Fig. 1c). Sequential imaging of the cultures revealed rapid growth of cystic structures (Fig. 1a). Wnt3a, Rspo1 and BSA were essential to this growth (Supplementary Fig. 1d). As predicted by previous results^{17,18}, Rspo1 could be substituted with Wnt3a (data not shown). Although Noggin, EGF and HGF were not essential for growth of the colonic crypts, each enhanced their growth (Supplementary Fig. 1e). The colonic organoids rarely had buds (Fig. 1a, Supplementary Fig. 2a and Supplementary Video 1). Of note, small intestinal organoids also generate cystic structures when Wnt3a is added to them¹⁹.

The colonic organoids were single layered (Supplementary Fig. 2b), and all the cells within were positive for Cdh1 expression (Fig. 1b). The basal membranes of the organoids faced outward (Fig. 1b). Ki67⁺ cells were present in the colonic organoids (Fig. 1b), as were alcian blue-positive goblet cells, chromogranin A (ChgA)⁺ enteroendocrine cells, carbonic anhydrase II (CA2)⁺ colonocytes and cytochrome c oxidase subunit I (COX1)⁺ tuft cells²⁰ (Fig. 1b). Transmission electron microscopy revealed epithelial characteristics such as microvilli (Fig. 1c) and junctional complexes (Fig. 1d) in the organoids. However, stromal cells were absent (Supplementary Fig. 2c). Mitotic cells with condensed chromosomes were present in the organoids (Fig. 1e), and goblet cells (Fig. 1f) and enteroendocrine cells (Fig. 1g) could also be clearly detected.

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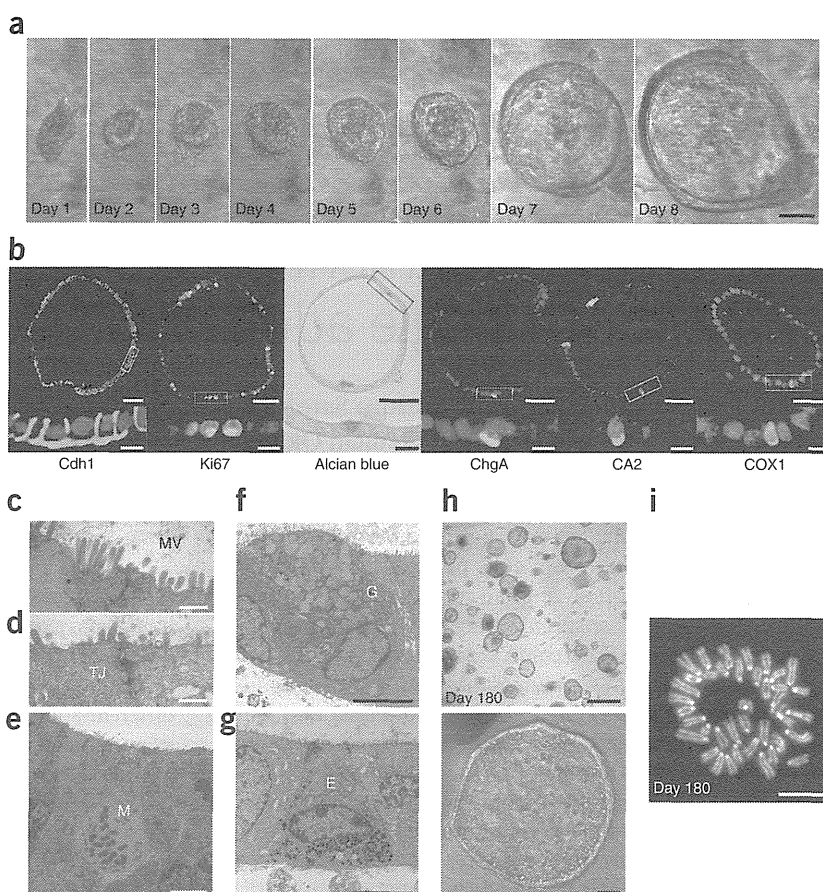


Figure 1 Long-term, serum-free culture of colonic epithelial cells. (a) A representative colonic crypt growing as a cystic structure. Scale bar, 50 μ m. Time-lapse images of another colonic crypt are shown in **Supplementary Figure 2a** and **Supplementary Video 1**.

(b) Histology of the colonic organoids at day 8 of culture. Cdh1⁺ cells, actively proliferating Ki67⁺ cells (green) and terminally differentiated cells stained with alcian blue (blue, goblet cells) or immunostained with ChgA (green, enteroendocrine cells), CA2 (green, colonocytes) or COX1 (green, tuft cells) are shown.

Higher magnification views of the boxed areas are shown at the bottom. DAPI staining was performed, except for the experiments in which we performed alcian blue staining. Scale bars, top, 50 μ m; bottom, 10 μ m. (c–g) Transmission electron microscopy analysis for organoids at day 8. (c,d) Microvilli (MV) and intracellular tight junctions (TJ) are shown. (e) Mitotic (M) cells showing chromatin condensation. (f,g) Goblet cells (G) with mucus granules (f) and enteroendocrine cells (E) with electron dense granules (g) are shown. Scale bars: c,d, 0.5 μ m; e–g, 5 μ m. Low-power views of f and g are also shown in **Supplementary Figure 2c**. (h) The culture at day 180 (top) and its representative organoid (bottom). Scale bars, top, 500 μ m; bottom, 50 μ m. Images of the growth of a single cell after passage are shown in **Supplementary Figure 3** and **Supplementary Video 2**.

(i) Metaphase spread of a cell at day 180 shows a normal karyotype ($2n = 40$). Scale bar, 10 μ m.



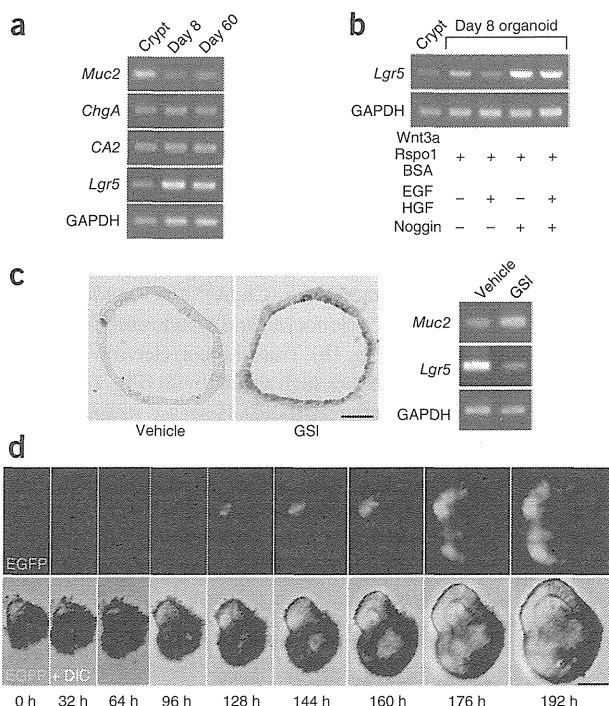
The organoids could be passaged weekly at a 1:2 ratio (**Supplementary Fig. 3** and **Supplementary Video 2**). Addition of the Rho kinase inhibitor Y-27632 (ref. 21) improved the replating efficiency of the organoids¹¹. We successfully propagated organoids

for more than 6 months without clear alterations of morphology (**Fig. 1h**) or karyotype (**Fig. 1i**).

Lgr5⁺ cells are enriched in colonic organoids

We tracked the expression of *Lgr5* over 60 d and found a substantial elevation during the first 8 d of observation (**Fig. 2a**). We found no change in the expression of *ChgA* and *CA2*, whereas *Muc2* expression was repressed in the first 8 d (**Fig. 2a**). Addition of a combination of Wnt3a, Rspo1 and BSA induced *Lgr5* expression (**Fig. 2b**). *Lgr5* expression was further upregulated by the addition of Noggin, which is an antagonist of BMP²² (**Fig. 2b**). The Notch pathway suppresses the

Figure 2 Lgr5⁺ stem cells are enriched in cultured organoids. (a) RT-PCR analysis of the colonic crypts immediately after isolation (crypt) or organoids cultured for 8 or 60 d. *Lgr5* was upregulated and stayed constant thereafter. Differentiation marker genes (*Muc2*, *ChgA* and *CA2*) were expressed over 60 d. The primers used are listed in **Supplementary Table 1**. (b) RT-PCR shows that *Lgr5* upregulation is mediated by a combination of minimum factors (Wnt3a, Rspo1 and BSA) and Noggin but not by EGF and HGF. (c) Notch signal-mediated cell fate determination *in vitro*. Cultured organoids were treated with GSI, LY-411575 or vehicle alone from day 4 to day 8. Organoids stained with alcian blue are shown (left). Scale bar, 50 μ m. RT-PCR shows that the expression of *Muc2* is upregulated, whereas the expression of *Lgr5* is reciprocally downregulated in organoids treated with LY-411575 (GSI, right). Similar results were obtained in three independent experiments, and representative data are shown. (d) A time-lapse imaging of a growing colonic crypt obtained from an *Lgr5-EGFP-ires-CreERT2* mouse over 192 h. The top panel shows EGFP and the bottom panel shows merged images of EGFP and differential interference contrast (DIC). Scale bar, 50 μ m. The corresponding video (**Supplementary Video 3**) and similar results from another example are available as **Supplementary Figure 4a** and **Supplementary Video 4**.



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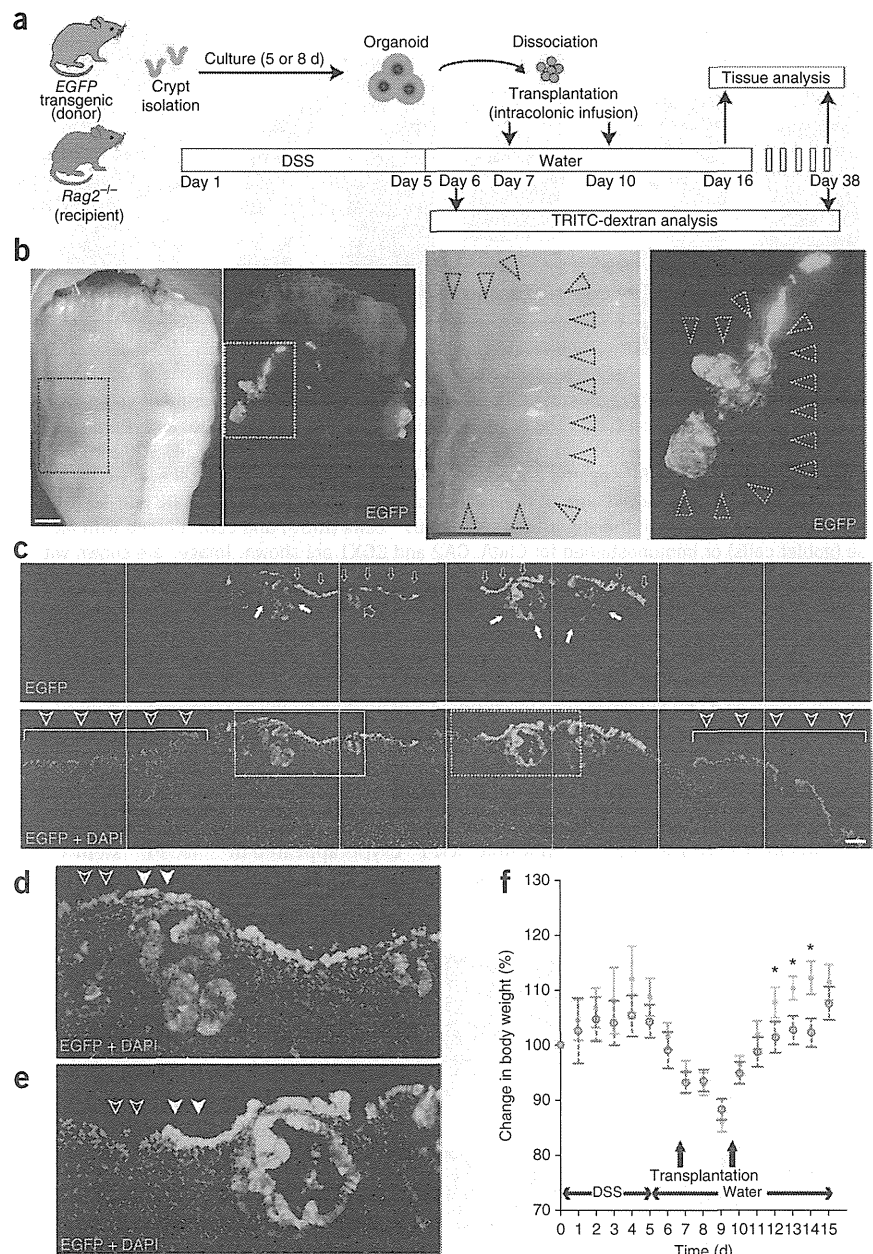
Figure 3 Transplantation of cultured cells improves acute colitis. **(a)** Experimental protocols. **(b)** Recipient colon at 6 d after transplantation. Low-power views (stereoscopic and fluorescent images) are shown on the left. High-power views of the areas in the dotted squares are shown in the right. The black dotted arrowheads show a depressed area surrounded by edematous mucosa. EGFP⁺ areas overlapping the damaged region (white dotted arrowheads) are also shown. Note that the outline of the tissue is not precisely the same in the stereoscopic and fluorescent images, as they were acquired on different microscopes. Scale bars, 1 mm. **(c)** Histology of the EGFP⁺ area shown in **b**. EGFP (top) and the merged image with DAPI staining (bottom). EGFP⁺ cells cover the damaged mucosa that intervene separate areas preserving crypt structures (bottom, arrowheads). EGFP⁺ cells constitute flat linings (top, narrow open arrow) or an invagination (top, wide open arrows), the latter of which is reminiscent of crypts. EGFP⁺ cystic structures were also observed in the EGFP⁺ cells (top, filled white arrows). The regions in the solid- and dotted-line boxes are shown at higher magnification in **d** and **e**, respectively. Scale bar, 100 μ m. **(d)** High-power view of the solid box in **c**. **(e)** High-power view of the dotted box in **c**. **(f)** *Rag2*^{-/-} mice were given DSS for 5 d, and then transplantation (*n* = 6) or sham-transplantation (*n* = 6) was performed. On day 16, the presence of engraftment was retrospectively assessed after the mice were killed. The body weights of the mice with EGFP⁺ engraftment (green squares, *n* = 4) and sham-transplanted controls (red open circles, *n* = 6) are presented as a percentage of their initial weight. Error bars, s.e.m. **P* < 0.05 (Student's *t* test).

differentiation of progenitors^{23,24} and stem cells²⁵ toward secretory lineages. We treated the colonic organoids with LY-411575, a γ -secretase inhibitor (GSI) that is capable of inhibiting Notch signaling^{26,27}. Notch inhibition induced a goblet-cell phenotype with an increased level of *Muc2* mRNA and a reciprocal decrease in the expression of *Lgr5* (Fig. 2c).

We next performed live imaging of colonic organoids obtained from *Lgr5-EGFP-internal ribosome entry site (ires)-CreERT2* mice⁶ in which an enhanced GFP (EGFP) and tamoxifen-inducible Cre recombinase cassette is integrated into the *Lgr5* locus. The *Lgr5*-promoter-driven EGFP expression initially stayed at a marginal level but then increased beginning at day 5 (Fig. 2d, Supplementary Fig. 4a and Supplementary Videos 3 and 4). We confirmed the expansion of *Lgr5*⁺ cells at a single-cell resolution (Supplementary Fig. 4b). Over multiple passages, the *Lgr5-EGFP* locus tended to become silenced, whereas the wild-type *Lgr5* allele remained active (Fig. 2a,b). Taken together, colonic *Lgr5*⁺ stem cells were able to self renew and expand *in vitro*.

Cultured colonic organoids rescue damaged epithelium

We next tested the transplantability of the cultured organoids (Fig. 3a). We induced colonic mucosal damage by providing immunocompromised *Rag2*^{-/-} mice with colitis-inducing dextran sulfate (DSS)²⁸ for 5 d. Most of the mice developed acute colitis characterized



by weight loss, bloody stool, diarrhea and epithelial injury in the distal colon. At 7 and 10 d after initiating DSS administration, we dissociated the organoids cultured from EGFP transgenic mice²⁹ into small fragments, suspended them in a Matrigel-containing PBS and instilled them by enema in recipient mice.

At 16 d after the start of DSS administration, the recipient colons showed varying degrees of recovery. Multiple EGFP⁺ areas appeared as well-demarcated patches in the treated colons (Fig. 3b). We did not observe any EGFP⁺ areas in colons not treated with DSS (data not shown). Histologically, the EGFP⁺ cells covered the submucosa and were located between the less damaged recipient tissues (Fig. 3c). The EGFP⁺ cells formed flat or slightly invaginated linings (Fig. 3c). We also observed large cystic EGFP⁺ structures below the surface of the epithelium (Fig. 3c). Some of the EGFP⁺ areas connected to the recipients' epithelium (Fig. 3d), whereas others repopulated areas that were devoid of recipient epithelium (Fig. 3e). Notably, the body weights of the mice with engraftment were

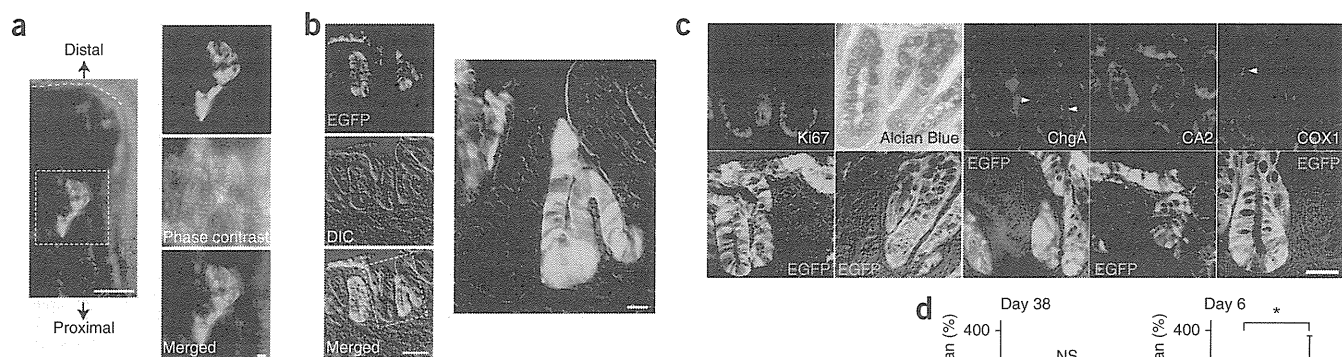


Figure 4 Donor-derived cells regenerate functional colonic epithelium. **(a)** Recipient colon at 4 weeks after transplantation (left). The dashed line indicates the colonic distal end. Enlarged images of the squared area are shown on the right. Scale bar: left, 500 μ m; right, 100 μ m. **(b)** Immunostaining with GFP-specific antibody. EGFP, DIC and the overlay are shown (left). Scale bar, 50 μ m. A high-power view of the dotted box is shown on the right. Scale bar, 10 μ m. **(c)** Serial section analysis of the engrafted tissue. Ki67⁺ cells (Ki67) and cells stained with alcian blue (goblet cells) or immunostained for ChgA, CA2 and COX1 are shown. Images are shown with or without DAPI staining. The bottom row shows neighboring sections stained for GFP. Arrowheads point to ChgA⁺ or COX1⁺ cells. Scale bar, 50 μ m. **(d)** After DSS colitis induction, transplantation ($n = 6$) or sham transplantation ($n = 6$) was performed. Mice were administered TRITC-dextran by gavage before killing on day 38. Four out of six colons in the transplanted group had EGFP⁺ engraftment, and the serum TRITC concentration in these mice is shown (DSS+ engraft+, $n = 4$) as a percentage of that in the sham-transplanted group (DSS+ sham; $n = 6$). As a control, DSS colitis was induced (DSS+, $n = 6$) or uninduced (DSS-, $n = 6$) in *Rag2*^{-/-} mice, and these mice were subjected for the same assay on day 6 without transplantation. Data are shown as a percentage of the concentrations in uninduced mice. Error bars, s.e.m. * $P < 0.05$, NS, not significant (Student's *t* test).

higher than those of sham-transplanted mice (Fig. 3f; with statistically significant results at days 12, 13 and 14, $P < 0.05$).

At 4 weeks after transplantation, tube-like EGFP⁺ crypts appeared in the distal colon (Fig. 4a) that were morphologically indistinguishable

from the surrounding EGFP⁻ epithelium (Fig. 4b). Notably, the engrafted crypts were entirely EGFP⁺, indicating the presence of EGFP⁺ stem cells (Fig. 4b). Cells in the lower part of the EGFP⁺ crypts were normally Ki67⁺, and the EGFP⁺ crypts contained all

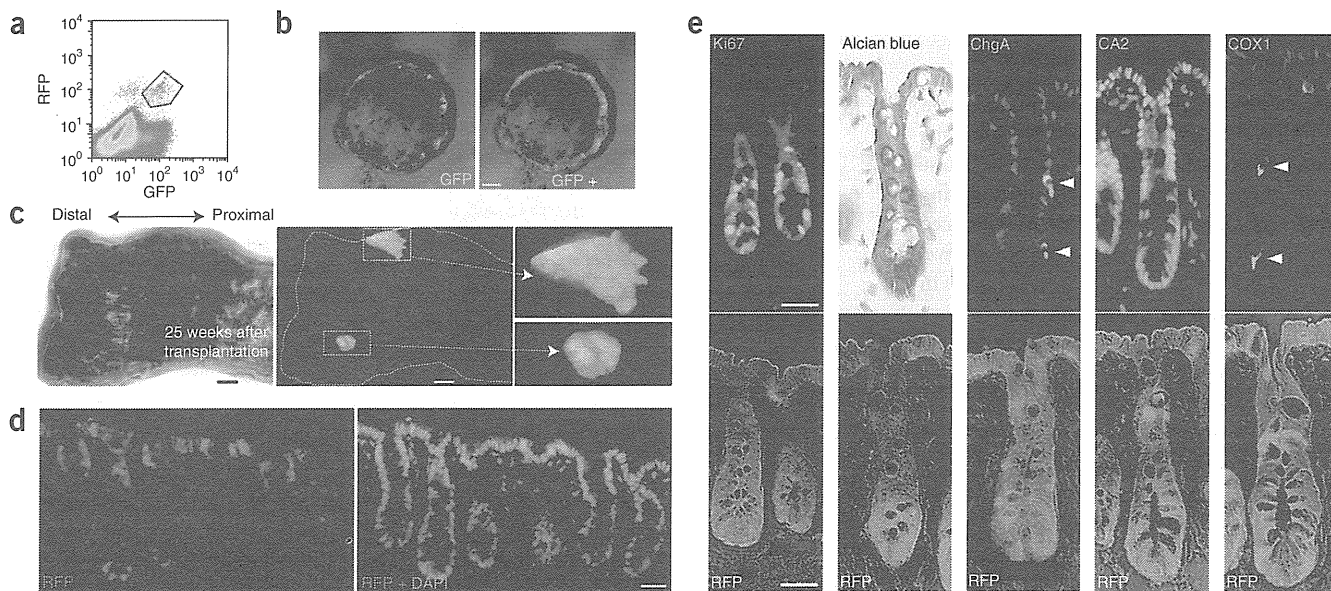


Figure 5 Single *Lgr5*⁺ stem-cell-derived cultured cells serve as long-lived, multipotential stem cells *in vivo*. **(a)** Fluorescence-activated cell sorting analysis of colonic cells of *R26R-Confetti* mice crossed with *Lgr5-EGFP-ires-CreERT2* mice 3 d after Cre induction. The EGFP⁺ and RFP⁺ populations located in the box were sorted and cultured. **(b)** Images are shown of one out of four organoids grown from sorted single *Lgr5*⁺ cells at day 6. EGFP⁺ stem cells are scattered in the organoid (left), with all the offspring being positive for RFP (right). Scale bar, 50 μ m. **(c)** Images of the recipient colon at 25 weeks after transplantation. The phase-contrast view of the recipient colon is shown on the left. The fluorescent image shows the tissue contains RFP⁺ grafts (right). Scale bar, 1 mm. Enlarged images of the boxed areas are also shown (2.7-fold magnification). **(d)** Immunostaining of the RFP⁺ engraft at 25 weeks after transplantation. An image of RFP-specific antibody staining (left) and an image of RFP staining merged with DAPI staining (right) are shown. Scale bar, 50 μ m. **(e)** Serial section analysis of the engrafted RFP⁺ tissue at 25 weeks after transplantation. The top panels show Ki67, alcian blue, ChgA, CA2 or COX1 staining with or without nuclei stained by DAPI. The bottom panels show the adjacent sections stained for RFP. Arrowheads point to ChgA⁺ enteroendocrine cells and COX1⁺ tuft cells. Scale bars, 50 μ m.