genesis, ribavirin combination therapy might reduce the risk of hepatocellular carcinoma in comparison with interferon monotherapy. One reason for the higher anticarcinogenic activity by ribavirin combination therapy might be due to higher rates of sustained biochemical response. The other reason might be due to the difference in the background (lower age and higher levels of platelet count as an indicator of fibrosis stage) of patients with ribavirin combination therapy. Further studies of a larger number of patients matched for background, including age, sex, genotype, and platelet count, are required to investigate the rates of hepatocarcinogenesis and the mechanism of anticarcinogenic activity by ribavirin combination therapy for HCV-related compensated cirrhosis.

Two previous studies (PROVE1 and PROVE2) showed that the 12- and 24-week regimen of telaprevir/PEG-IFN/ribavirin could achieve sustained virological response rates of 35–60 and 61–69% in patients infected with HCV-1, respectively [18, 19]. However, a recent study (PROVE3) also showed that the sustained virological response rates were the lower rates of 39 and 38% with the 24- and 48-week regimen of triple therapy in previously nonresponding patients infected with HCV-1, who do not become HCV-RNA negative during or at the end of the initial PEG-IFN/ribavirin treatment, respectively [20]. Furthermore, the telaprevir-based regimen induces resistant variants [21–23] and has side effects including anemia and rash [18–20, 24]. Hence, patients, who do not achieve sustained virological response by triple therapy, need to be identified, in order to avoid unnecessary side effects and telaprevir-resistant variants. Recent studies identified amino acid substitutions at position 70 and/or 91 in the HCV-1b core region, advanced fibrosis stage, and higher levels of α-fetoprotein as pretreatment predictors of poor virological response to PEG-IFN/ribavirin combination therapy or triple therapy of telaprevir/PEG-IFN/ribavirin [23, 25–28], and these factors are also risk factors and surrogate markers of hepatocarcinogenesis [29–34]. Hence, ribavirin combination therapy for these patients might be an efficacious therapeutic regimen for sustained biochemical response and thus a reduction of the risk of hepatocarcinogenesis. Large-scale prospective studies should be conducted in the future to confirm this finding.

In conclusion, the present retrospective study indicated that ribavirin combination therapy for HCV-related compensated cirrhosis could reduce the risk of hepatocarcinogenesis in comparison with interferon monotherapy. Large-scale prospective studies need to be conducted in the future to confirm these findings.

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Original Article

Antitumor efficacy of transcatheter arterial chemoembolization with warmed miriplatin in hepatocellular carcinoma

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Aim: Patients with unresectable hepatocellular carcinoma (HCC) often undergo transcatheter arterial chemoembolization (TACE). Miriplatin is a lipophilic cisplatin derivative used in TACE that is effective in HCC. However, the difference in antitumor efficacy between warmed versus room temperature miriplatin is unclear.

Methods: Chemotherapy efficacy was evaluated by dynamic computed tomography 1–3 months after TACE, according to the Modified Response Evaluation Criteria in Solid Tumors. A total of 203 patients with HCC who received TACE with miriplatin for the first time were included in a follow-up study to retrospectively investigate its efficacy and safety. Overall, 45 patients underwent TACE with warmed (40°C) miriplatin and 158 patients received TACE with room temperature miriplatin.

Results: Seventy patients (44.3%) treated with room temperature miriplatin and 32 patients (71.1%) who received warmed miriplatin experienced complete or partial responses. Multivariate analysis identified miriplatin temperature (warmed miriplatin, risk ratio (RR) = 2.26, $P = 0.047$), tumor number (solitary, RR = 3.48, $P = 0.007$), α-fetoprotein (AFP) level (<50 ng/mL, RR = 2.35, $P = 0.012$) and history of TACE (no history, RR = 2.22, $P = 0.041$) as predictors of objective response following TACE with miriplatin, and no serious complications were observed.

Conclusion: Warm temperature, solitary tumors, low AFP level and first TACE are significant and independent predictors of objective response after TACE using miriplatin. These results suggest that warmed miriplatin can be considered as one of the standard treatments for unresectable HCC.

Key words: hepatocellular carcinoma, miriplatin, transcatheter arterial chemoembolization

INTRODUCTION

HEPATOCELLULAR CARCINOMA (HCC) is one of the most common malignant diseases worldwide.[1] In Japan, more than 30 000 people die of HCC each year, and HCC ranks third and fifth in men and women, respectively, as cause of death due to malignant neoplasms.[2] Because resection, liver transplantation and percutaneous ablation (percutaneous ethanol injection and radiofrequency ablation) are applicable in only 30–40% of HCC patients, transcatheter arterial chemoembolization (TACE) has been recognized as an effective palliative treatment option for patients with advanced HCC.[3–10] TACE is recommended for HCC patients with class A or B liver damage, two or three tumors, and a tumor diameter greater than 3 cm, according to the guidelines for treatment of HCC by the Japan Society of Hepatology in 2009.[11] The Barcelona Clinic Liver Cancer group recommends TACE for HCC patients with stage B and class A or B disease and more than four tumors, or stage C disease without portal vein invasion or extrahepatic metastasis.[12] Miriplatin (cis-[1R,2R]-1,2-cyclohexanediamine-N,N′]bis[myristate])-platinum(II) monohydrate; Dainippon Sumitomo Pharma, Osaka, Japan) is a novel lipophilic cisplatin derivative that can be suspended in lipiodol, a lipid lymphographic agent.[13–16] Some trials reported that miriplatin is effective for HCC.[17,18] Addition of embolizing agents to miriplatin-based treatment has been shown to result in a higher response in patients with

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HCC.[19] Significant predictors for complete response to miriplatin include solitary tumors, previous complete response to TACE via injection from the peripheral to segmental hepatic artery,[20] and stage I or II disease.[21] The most important issue regarding TACE with miriplatin is its viscosity: due to its high viscosity, miriplatin/lipiodol suspension cannot enter smaller vessels. We previously determined that warming miriplatin to 40°C decreased its viscosity in vitro (unpubl. obs.). We investigated the viscosity of miriplatin/lipiodol suspension using a viscometer (μVISC; RHEOSENSE, San Ramon, CA, USA). The miriplatin/lipiodol suspension was adjusted to 20 mg/mL, and then warmed to 40°C. We measured the viscosity of these solutions at room temperature and 40°C three times, and determined that the mean viscosity of miriplatin/lipiodol suspension at room temperature and 40°C is 37.48 mPa-S and 21.42 mPa-S, respectively. The purpose of this retrospective study was to evaluate the antitumor efficacy and adverse effects of TACE with warmed miriplatin suspension.

METHODS

Patients

A TOTAL OF 402 HCC Japanese adult patients were consecutively recruited into the study protocol of TACE with miriplatin from December 2007 to June 2012 at our center. Among them, 203 patients who received miriplatin for the first time and who were assessed 1–3 months after TACE were enrolled in this retrospective study. Warmed miriplatin was used for all patients from August 2011 to June 2012. Overall, 45 patients received warmed miriplatin and 158 patients received room temperature miriplatin.

Table 1 summarizes the profile and laboratory data of the study patients. The median follow-up period, from the end of TACE until the last visit, was 458 days (range, 57–1226 days). Higher serum aspartate aminotransferase (AST) levels and prothrombin activity were observed in patients in the room temperature miriplatin group compared to those in the warmed miriplatin group. The study protocol was approved by the ethics committee of our hospital, and written informed consent was obtained from all participating patients.

HCC

Before treatment with miriplatin, all patients underwent a comprehensive evaluation consisting of a medical history, physical examination, measurement of tumor size, performance status, chest radiograph, liver-imaging studies (dynamic computed tomography [CT], ultrasonography [US], digital-subtraction angiography [DSA]), complete blood count and blood chemistry. Diagnosis of HCC was established based on the findings

Table 1 Profile and pretreatment laboratory data of 203 patients who underwent TACE using miriplatin/lipiodol suspension under room temperature and warmed conditions for unresectable HCC

	Total	Room temperature miriplatin group	Warmed miriplatin group	*P*-value
Demographic data				
No. of patients	203	158	45	
Sex (male/female)	130/73	99/59	31/14	0.485
Age, years†	73 (45–91)	71 (45–91)	74 (48–86)	0.940
Etiology, HBV/HCV/other	24/161/18	17/130/11	7/31/7	0.097
Laboratory data†				
Albumin, g/dL	3.0 (2.0–4.2)	3.3 (2.0–4.2)	3.0 (2–4.1)	0.553
Serum aspartate aminotransferase, IU/L	50 (18–415)	52 (18–415)	47 (19–305)	0.033
Serum alanine aminotransferase, IU/L	34 (12–282)	34 (12–171)	31 (12–282)	0.311
Total bilirubin, mg/dL	1.0 (0.4–4.9)	1.1 (0.4–4.9)	1.0 (0.4–2.7)	0.902
Platelet count, $\times 10^3/mm^3$	9.6 (1.9–28.2)	9.5 (1.9–28.2)	10.0 (3.5–26.5)	0.716
Prothrombin activity, %	79.2 (40.8–123.1)	81.5 (45.7–123.1)	74.0 (40.8–106.1)	0.005
AFP, μg/L	30.0 (1.8–282 200)	32.3 (1.8–282 200)	22.0 (2.9–49 710)	0.527
AFP-L3, %	19.0 (0–82.7)	22.7 (0–82.7)	12.0 (0–78.0)	0.601
DCP, AU/L	39.0 (4–662 000)	40.5 (4–65 290)	30 (8–662 000)	0.748
Child–Pugh class, A/B	152/51	119/39	33/12	0.846

Data are shown as number and percentage of patients, except those denoted by †, which represent the median (range) values.
AFP, α-fetoprotein; AFP-L3, *Lens culinaris* agglutinin-reactive fraction of AFP; DCP, des-γ-carboxy prothrombin; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; TACE, transcatheter arterial chemoembolization.

of dynamic CT, US and DSA. Patients who had extrahepatic metastasis of HCC or other malignancies were excluded.

Table 2 summarizes the tumor profiles and TACE treatment history of patients in each study group. In the warmed miriplatin group, 12 patients (26.7%) had a solitary tumor and 33 patients (73.3%) had multiple tumors. The median diameter of the largest tumor was 30 mm (range, 6–115 mm) and 29 patients (64.4%) had a history of TACE. In the room temperature miriplatin group, 29 patients (18.4%) had a solitary tumor and 129 patients (81.6%) had multiple tumors. The median diameter of the largest tumor was 30 mm (range, 6–125 mm), and 120 patients (75.9%) had a history of TACE. Patients in the room temperature miriplatin group tended to have more tumors than those in the warmed miriplatin group.

Treatment protocol

Patients were hydrated through a peripheral line. The femoral artery was catheterized under local anesthesia, and a 4-Fr Shepherd Hook catheter (FansacIV or Angiomaster; Terumo Clinical Supply, Gifu, Japan) was inserted into the hepatic artery, and portography through the superior mesenteric artery and celiac arteriography were performed. Then, a 2.0- or 2.1-Fr microcatheter was advanced into the feeding arteries of each tumor, and miriplatin suspended in lipiodol solution was injected into the hepatic artery; however, the injection was discontinued immediately before the flow ceased completely. Thereafter, the feeding arteries to the tumors were embolized with 1-mm gelatin cubes (Gelpart; Nippon Kayaku, Tokyo, Japan). The miriplatin/lipiodol suspension was administrated slowly under careful fluoroscopic guidance. The dose of miriplatin/lipiodol was 120–180 mg/2–3 mL and was determined based on tumor size and degree of liver dysfunction. A 5-HT3 antagonist was administrated before the miriplatin injection; however, hydration by i.v. fluid administration was not conducted before the TACE procedure. A clean container was placed in an electric range filled with water. The injector of miriplatin/lipiodol suspension and sterilized physiological saline were then placed in the container, and the container was warmed to 60°C. We observed that in 60°C water, the miriplatin/lipiodol suspension in the injector reaches 40°C *in vitro*. The stability of warmed miriplatin/lipiodol suspension has been previously reported.

Assessment of therapeutic efficacy

The efficacy of chemotherapy was evaluated by dynamic CT 1–3 months after TACE with miriplatin, and was based on change in the maximum diameter of viable target lesions (i.e. those showing enhancement in the arterial phase). Response categories, according to the Modified Response Evaluation Criteria in Solid Tumors[22] are as follows: complete response (CR), disappearance of any intratumoral arterial enhancement in all target lesions; partial response (PR), at least a 30% decrease in the sum of diameters of viable target lesions; stable disease (SD), any cases that do not qualify for either PR or progressive disease; and progressive disease (PD), an increase of at least 20% in the sum of the diameters of viable target lesions.

Toxicity evaluation

Treatment-related toxicity was assessed using the National Cancer Institute Common Terminology Criteria (ver. 4.0). Within 2 weeks before TACE with miriplatin, and at 3–7 days (three times during this period) and at 1 month afterward, hematological (i.e. leukocyte and thrombocyte counts) and clinical chemistry (i.e. serum AST, serum alanine aminotransferase [ALT],

Table 2 Tumor profile and treatment history of 203 patients who underwent TACE using miriplatin/lipiodol suspension under room temperature condition and warmed conditions for unresectable HCC

	Total	Room temperature miriplatin group	Warmed miriplatin group	*P*-value
No. of patients	203	158	45	
Tumor size, mm†	20 (6–125)	30 (6–125)	30 (6–115)	0.435
Tumor multiplicity (solitary/multiple)	41/162	29/129	12/33	0.291
No. of tumors†	3 (1–100)	3 (1–100)	3 (1–40)	0.030
Stage (I/II/III/IV)	54/81/66/2	38/67/51/2	16/14/15/0	0.329
History of TACE	73.4%	75.9%	64.4%	0.130

Data are shown as number and percentage of patients, except those denoted by †, which represent the median (range) values.
HCC, hepatocellular carcinoma; TACE, transcatheter arterial chemoembolization.

albumin, total bilirubin, serum creatine and prothrombin activity) toxicity evaluations were conducted.

Statistical analysis

The distribution of subject characteristics was assessed by the χ^2-test or Mann–Whitney *U*-test, as appropriate. Logistic analysis was used to determine independent predictive factors associated with CR and PR by TACE with miriplatin. The risk ratio (RR) and 95% confidence interval (CI) were also calculated. Variables that achieved statistical significance ($P < 0.05$) or marginal significance ($P < 0.10$) on univariate analysis were entered into a multivariate Cox proportional hazard model to identify significant independent factors. Statistical comparisons were performed using SPSS software (SPSS, Chicago, IL, USA). All *P*-values of less than 0.05 by two-tailed test were considered significant.

RESULTS

Treatment effects

OF THE 203 treated patients, 55 (27.1%) experienced a CR, 47 patients (23.2%) PR, 66 patients (32.5%) SD and 33 patients (17.2%) PD. Overall, 50.3% of patients achieved an objective response (i.e. CR plus PR).

Predictive factors associated with objective response to TACE

Data from the entire study population were analyzed to identify factors that could predict objective response. Univariate analysis identified five parameters that tended to correlate or significantly correlated with objective response: miriplatin temperature (warmed miriplatin, $P = 0.002$), tumor number (solitary tumor, $P < 0.001$), α-fetoprotein (AFP) level (<50 ng/mL, $P = 0.003$), *Lens culinaris* agglutinin-reactive fraction of AFP (AFP-L3%) (<10%, $P = 0.032$) and history of TACE (no history, $P = 0.002$). These five factors were entered into multivariate analysis, which revealed four parameters to be significant and independent determinants of objective response using miriplatin: miriplatin temperature (warmed miriplatin, risk ratio [RR] = 2.26, $P = 0.047$), tumor number (solitary tumor, RR = 3.48, $P = 0.007$), AFP level (<50 ng/mL, RR = 2.35, $P = 0.012$) and history of TACE (no history, RR = 2.22, $P = 0.041$) (Table 3).

Objective response according to AFP-L3%

Patients were divided into two groups according to AFP-L3 serum level using a cut-off value of 10% (low AFP-L3 group [<10%], $n = 83$; high AFP-L3 group [≥10%], $n = 89$). In the high AFP-L3 group, 27 of 83 patients (32.5%) experienced CR, 22 patients (26.5%) PR, 26 patients (31.3%) SD and eight patients (9.6%) PD. In the low AFP-L3 group, 17 of 89 patients (19.1%) experienced CR, 20 patients (22.5%) PR, 29 patients (32.6%) SD and 23 patients (25.8%) PD. The response rates were significantly different between the two groups ($P = 0.032$, log–rank test).

Objective response according to miriplatin temperature, tumor number, AFP and history of TACE

Next, the efficacy of TACE using miriplatin according to temperature condition was examined (Fig. 1). In the warmed miriplatin group, 19 of 45 patients (42.2%) experienced CR, 13 patients (28.9%) PR, eight patients (17.8%) SD and five patients (11.1%) PD. In the room temperature miriplatin group, 36 of 158 patients (22.8%) experienced CR, 34 patients (21.5%) PR, 58

Table 3 Factors associated with objective response (CR plus PR) after TACE using miriplatin, identified by multivariate analysis

Factors	Category	Risk ratio (95% confidence interval)	*P*-value†
Miriplatin condition	1: Room temperature	1	0.047
	2: Warmed	2.26 (1.01–5.04)	
Tumor number	1: Multiple nodules	1	0.007
	2: Solitary nodule	3.48 (1.42–8.62)	
AFP	1: ≥50 ng/mL	1	0.012
	2: <50 ng/mL	2.35 (1.21–4.57)	
History of TACE	1: Yes	1	0.041
	2: No	2.22 (1.03–4.75)	

†Cox proportional hazard model.
AFP, α-fetoprotein; CR, complete response; PR, partial response; TACE, transcatheter arterial chemoembolization. [Correction made after online publication on 14 March 2013: Category 1 of AFP was changed to ≥50 ng/mL, and category 2 of AFP was changed to <50ng/mL.]

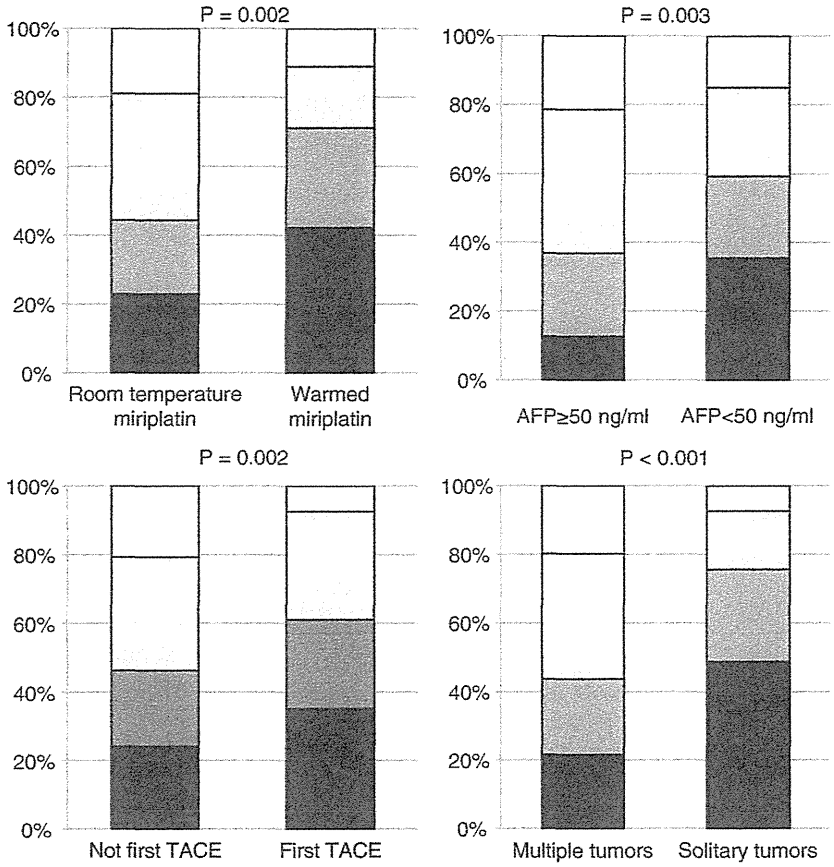

Figure 1 Efficacy of transcatheter arterial chemoembolization (TACE) using miriplatin in patients with hepatocellular carcinoma according to miriplatin temperature, serum α-fetoprotein (AFP) level, history of TACE and tumor number. Complete response (CR) and partial response (PR) rates were significantly higher for patients who received warmed miriplatin, had a low AFP level, were undergoing their first TACE and/or had solitary tumors. □, progressive disease (PD); ▢, stable disease (SD); ▤, PR; ■, CR. [Correction made after online publication on 14 March 2013: In the history of TACE diagram, the left column was relabeled as 'Not first TACE' while the right column was relabeled as 'First TACE'.]

patients (36.7%) SD and 30 patients (19.0%) PD. Overall, 71.1% of patients in the warmed miriplatin group and 44.3% of patients in the room temperature miriplatin group experienced an objective response (i.e. CR plus PR). The rates were significantly different between the two groups ($P = 0.002$, log–rank test).

In the high AFP group (≥50 ng/mL, $n = 79$), 10 of 79 patients (12.7%) experienced CR, 19 patients (24.1%) PR, 33 patients (41.8%) SD and 17 patients (21.5%) PD. In the low AFP group (<50 ng/mL, $n = 113$), 40 of 113 patients (35.4%) experienced CR, 27 patients (23.9%) PR, 29 patients (25.7%) SD and 17 patients (15.0%) PD (Fig. 1). The rates were significantly different between the two groups ($P = 0.003$, log–rank test).

In the TACE-naïve group ($n = 54$), 19 of 54 patients (35.2%) experienced CR, 14 patients (25.9%) PR, 17 patients (31.5%) SD and four patients (7.4%) PD. In patients who had previously undergone TACE ($n = 149$), 36 of 149 patients (24.2%) experienced CR, 33 patients (22.1%) PR, 49 patients (32.9%) SD and 31 patients (20.8%) PD (Fig. 1). The rates were significantly different between the two groups ($P = 0.002$, log–rank test).

Among all patients, 41 patients (20.2%) had a solitary tumor and 162 (79.8%) had multiple tumors. In the solitary tumor group, 20 of 41 treated patients (48.8%) experienced CR, 11 patients (26.8%) PR, seven patients (17.1%) SD and three patients (7.3%) PD. In the multiple tumors group, 35 of 162 patients (21.6%) experienced CR, 36 patients (22.2%) PR, 59 patients (36.4%) SD and 32 patients (19.8%) PD (Fig. 1). The rates were significantly different between the two groups ($P < 0.001$, log–rank test).

Adverse effects

Fever, anorexia and elevated serum transaminase levels were observed in most patients after miriplatin administration (Table 4). In the room temperature miriplatin group and warmed miriplatin groups, the following grade 4 events were observed: increased AST in four

Table 4 Adverse effects following miriplatin administration

	Room temperature condition ($n = 158$)				Warmed condition ($n = 45$)			
	Grade 1	Grade 2	Grade 3	Grade 4	Grade 1	Grade 2	Grade 3	Grade 4
White blood cells decreased	11 (7.0%)	19 (12.0%)	1 (0.6%)	0	5 (10.7%)	4 (8.9%)	0	0
Anemia	96 (60.8%)	19 (12.0%)	5 (3.2%)	0	21 (46.7%)	6 (17.9%)	0	0
Platelet count decreased	80 (50.6%)	38 (24.1%)	20 (12.7%)	0	22 (48.9%)	10 (22.2%)	3 (6.7%)	0
Aspartate aminotransferase increased	75 (47.5%)	33 (20.9%)	38 (24.1%)	4 (2.5%)	21 (46.7%)	7 (15.6%)	20 (28.6%)	2 (4.4%)
Alanine aminotransferase increased	74 (46.8%)	17 (10.8%)	22 (13.9%)	1 (0.6%)	21 (46.7%)	10 (22.2%)	4 (8.9%)	2 (4.4%)
Fever	72 (45.6%)	17 (10.8%)	0	0	22 (48.9%)	7 (17.9%)	0	0
Appetite loss	63 (39.9%)	2 (1.3%)	0	0	25 (55.6%)	0	0	0
Abdominal pain	30 (0.6%)	5 (3.2%)	0	0	4 (10.7%)	2 (4.4%)	0	0

Values denote numbers of subjects. Treatment-related toxicity was assessed using the National Cancer Institute Common Terminology Criteria ver. 4.0.

(2.5%) and one patient (3.5%), respectively, and increased ALT in one (0.6%) and one patient (3.6%), respectively; all of these elevations resolved within 2 weeks. No vascular complications of the hepatic artery were observed in any patient. No other serious complications or treatment-related deaths were observed following miriplatin administration. No significant differences in adverse effects were observed between the two groups.

DISCUSSION

TRANSCATHETER ARTERIAL CHEMOEMBOLIZATION is widely performed in patients with HCC who are not eligible for curative therapy. Previous randomized controlled trials and meta-analyses confirmed the survival benefit of TACE. Because many anticancer drugs, such as doxorubicin, epirubicin, mitomycin C, cisplatin and neocarzinostatin, have been used for the treatment of HCC, the most effective and least toxic agents or protocol remain unclear.[23,24] In most patients, TACE can be repeated, and using the same agent multiple times can lead to resistance. A previous study reported that platinum analogs are frequently effective for advanced HCC that are unresponsive to TACE with epirubicin.[25] Miriplatin was developed as a lipophilic platinum complex that has superior antitumor efficacy in HCC with lower toxicity compared to cisplatin.[13–16] Previous reports suggested that TACE with miriplatin can be used safely for HCC patients with chronic renal failure.[26]

Pharmacokinetic studies have demonstrated that the plasma concentration of total platinum is much lower in patients treated with miriplatin compared with that in patients treated with intra-arterial cisplatin: the C_{max} is approximately 300-fold lower and the T_{max} roughly 500-fold longer for miriplatin than the corresponding values for intra-arterial cisplatin. Miriplatin/lipiodol suspension is a stable colloidal emulsion that is deposited within HCC tumors, where it gradually releases active derivatives of miriplatin. Miriplatin/lipiodol releases 1,2-diaminocyclohexane platinum (II) dichloride (DPC) as its active platinum compound, which binds to nuclear DNA and mediates miriplatin/lipiodol cytotoxicity. In a cisplatin-resistant rat hepatoma cell line model, cross-resistance to DPC was not observed.[27]

Previous studies reported the efficacy of miriplatin, but differences in efficacy associated with miriplatin temperature have not yet been evaluated. In the present study, we examined predictors of objective response to TACE with miriplatin. Multivariate analysis identified

use of warmed miriplatin, low serum AFP, first TACE and solitary tumors as predictors of objective response in patients who received TACE with miriplatin. Previous reports identified CR after previous TACE, solitary tumor, injection from peripheral to segmental hepatic artery,[20] and stage I or II disease[21] as significant predictors associated with CR to TACE with miriplatin. Another report stated that the rates of local recurrence and intratumoral recurrence in patients treated with epirubicin were significantly lower than those in patients treated with miriplatin.[28] In the present study, some of the above factors were not identified as significant predictors of response. The differences in the findings of the present study and the reports described above are not currently clear, but may reflect differences in the population samples, as this was the first study to focus on the objective response of patients receiving miriplatin for the first time. Notably, the present study is the first study to investigate the viscosity of miriplatin/lipiodol suspension. Further studies of larger populations including individuals of other ethnicities are necessary.

In this study, warmed miriplatin was associated with objective response after TACE. The main issue associated with miriplatin administration is its high viscosity, which prevents the miriplatin/lipiodol suspension from flowing into the peripheral artery and leads to inhomogeneous distribution of miriplatin/lipiodol suspension in HCC tumors. This is the primary reason that TACE with miriplatin is associated with reduced efficacy compared to TACE with other agents.[28] Basic research has provided evidence that as the temperature of miriplatin/lipiodol suspension rises, its viscosity decreases; for example, the viscosity of miriplatin/lipiodol suspension at 40°C is 0.51-times that at 25°C. The chemical behavior of miriplatin does not change until its temperature reaches 70°C. Further studies should be performed to investigate the viscosity and antitumor efficacy of condensed and warmed miriplatin conditions, as well as the associated wash-out periods. In addition, although no significant differences in adverse effects between groups were noted, further follow up regarding vascular complications of the hepatic artery is required.

Previous studies reported the relationship between tumor multiplicity and efficacy of TACE.[20] TACE can be performed selectively, and the dose of drug per tumor is higher in patients with solitary tumors than in those with multiple tumors. In the present study, solitary tumors and warmed miriplatin were associated with objective response. These results are not inconsistent with previous studies. Interestingly, in the present patients, the impact of warmed miriplatin and solitary tumor was more significant than that of age, liver function, tumor size, tumor stage, tumor markers, injection artery and history of TACE. One possible explanation for this finding is that the study population included patients who received TACE with miriplatin for the first time. Previous studies reported that complete tumor necrosis after TACE offered favorable long-term survival outcomes in HCC patients.[5,29] In the current study, warmed miriplatin administration was associated with objective response, suggesting that warmed miriplatin administration potentially results in a favorable prognosis for HCC.

The present study has certain limitations. This was a retrospective study and the patients were not randomized with respect to treatment with warmed versus room temperature miriplatin. A prospective study is needed to assess the safety and efficacy of warmed miriplatin administration. The other limitation is the small number of cases in the warmed miriplatin group. A study with a larger number of patients is required to confirm the present results. Furthermore, evaluation of the efficacy of warmed miriplatin compared with epirubicin or cisplatin in HCC is also required.

In conclusion, the present study identified warmed miriplatin and solitary tumors as significant and independent predictors of objective response after TACE using miriplatin. The results emphasize the importance of the condition under which miriplatin is administrated, and we recommend that warmed miriplatin should be the standard method of administration for patients with unresectable HCC undergoing TACE.

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Original Article

Effectiveness and safety of reduced-dose telaprevir-based triple therapy in chronic hepatitis C patients

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Aim: To compare the early virological effectiveness, sustained virological response and safety of telaprevir 1500 mg/day with telaprevir 2250 mg/day, when combined in triple therapy with pegylated interferon and ribavirin in Japanese patients with high viral loads of genotype 1 hepatitis C virus.

Methods: The telaprevir 2250 mg/day and 1500 mg/day groups each contained 60 patients matched by age, sex and history of previous interferon-based treatment. Serum levels of genotype 1 hepatitis C virus RNA, hemoglobin levels, drug adherence and drug discontinuation rates were monitored during and after triple therapy.

Results: Patients receiving telaprevir 1500 mg/day had significantly lower telaprevir adherence and lower initial ribavirin dose but similar or superior pegylated interferon and ribavirin adherence and a lower rate of telaprevir discontinuation than did those receiving telaprevir 2250 mg/day. The early virological responses and sustained virological response rates were similar in both groups. Hemoglobin levels decreased to a greater extent in patients treated with telaprevir 2250 mg/day.

Conclusion: Compared to triple therapy including telaprevir 2250 mg/day, that including telaprevir at a reduced dose of 1500 mg/day was associated with lower rates of anemia and similar antiviral efficacy. Such a regimen may meaningfully improve sustained virological response rates, especially among female and elderly Japanese patients.

Key words: chronic hepatitis, hepatitis C virus, pegylated interferon, ribavirin, telaprevir

INTRODUCTION

APPROXIMATELY 170 MILLION people are chronically infected with hepatitis C virus (HCV) worldwide,[1] and approximately 30% develop serious liver disease such as decompensated cirrhosis and hepatocellular carcinoma (HCC).[2,3] Currently, interferon (IFN) is the only antiviral drug capable of eliminating HCV infection. The present standard of care (SOC) for patients infected with HCV genotype 1, the most prevalent global genotype, is pegylated interferon (PEG IFN) combined with ribavirin (RBV) for 48 weeks.[4] However, sustained virological response (SVR), defined as the reduction of serum HCV RNA to undetectable levels 24 weeks after the completion of therapy, is achieved in only 42–52% of patients.[5–7] Moreover, response rates are influenced by patient factors such as sex, age and ethnicity,[8–10] as well as virological factors such as genotype and viral load.[11] SVR rates remain unsatisfactorily low (22%) in women aged 50 years or more who are infected with HCV genotype 1 in Japan.[12] Hence, there is a pressing need to improve the efficacy of antiviral treatment in such patients.

Recently, a new class of drugs, with a mechanism based on inhibition of the NS3/NS4 protease of the HCV polyprotein, has been investigated for the treatment of chronic hepatitis C. Of the drugs in this class, telaprevir has been selected as a clinical candidate for further development.[13] Telaprevir combined with PEG IFN and RBV has shown potent antiviral activity in phase II[14,15] and III clinical trials;[16,17] SVR rates of

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approximately 70% have been reported in patients infected with HCV-1. Similarly, in Japan, a phase III study was conducted in patients with HCV-1 to compare the efficacy and safety of the telaprevir regimen with those of the current SOC in treatment-naïve patients,[18] and to assess the efficacy and safety of the telaprevir regimen in relapsers and non-responders after previous IFN-based therapy.[19] However, the high efficacy was offset by treatment-induced anemia: early hemoglobin levels during triple therapy decreased by up to 4 g/dL, whereas decreases with SOC were not higher than 3.0 g/dL.[14,15] Additionally, we have previously reported that the factors associated with decreases in hemoglobin levels during triple therapy included female sex and age of more than 50 years.[20] Japanese patients infected with HCV genotype 1b with high viral loads are, on average, much older than Western patients infected with the same genotype, owing to a widespread HCV infection that occurred in Japan approximately 20 years ago.[21] Therefore, we considered that triple therapy would be highly effective when combined with careful monitoring of hemoglobin levels and prompt modification of RBV dose.

Consequently, in this study, we evaluated the effectiveness and safety of telaprevir-based triple therapy, administrated at an initial telaprevir dose of 2250 or 1500 mg/day, in the retrospective matched control study of 120 Japanese patients with chronic HCV-1 infection with high viral loads.

METHODS

Patients

FROM DECEMBER 2008 to August 2012, 204 patients with chronic hepatitis C were recruited to receive triple therapy with telaprevir, PEG IFN and RBV for 24 weeks at the Department of Hepatology in the Toranomon Hospital in Metropolitan Tokyo. All patients had the following characteristics: (i) positive for HCV RNA genotype 1 and antibody to HCV (anti-HCV), absence of co-infection with HCV of other genotypes; (ii) negative for hepatitis B surface antigen; (iii) HCV RNA levels of 5.0 log IU/mL or more as determined with the COBAS TaqMan HCV test (Roche Diagnostics, Tokyo, Japan); (iv) platelet counts of more than $80 \times 10^3/mm^3$ without cirrhosis diagnosed by ultrasonography; (v) not pregnant or lactating; (vi) total previous alcohol intake of less than 500 kg; (vii) absence of HCC, hemochromatosis, Wilson's disease, primary biliary cirrhosis, alcoholic hepatitis or autoimmune hepatitis; and (viii) absence of antiviral or immunosuppressive treatment during the previous 3 months.

Patients were followed for liver function and virological markers at least monthly during treatment and until 24 weeks after completion of the triple therapy. Informed consent was obtained from each patient, and the study protocol conformed to the ethical guidelines of the 1975 Declaration of Helsinki, as reflected in the a priori approval of the institution's human research committee.

Study design

Telaprevir (Telavic; Mitsubishi Tanabe Pharma, Osaka, Japan) was administrated at the dose of 2250 (750 mg three times daily) or 1500 mg/day (750 mg twice daily). We selected 60 patients per group who were matched by age, sex and history of previous IFN-based treatment from the telaprevir 2250 and 1500 mg/day groups (Table 1), because 204 patients had many differences in baseline characteristics in both groups. PEG IFN-α-2b (PEG-Intron; Schering Plough, Kenilworth, NJ, USA) was injected s.c. at a median dose of 1.5 μg/kg (range, 1.1–1.8) once a week. RBV (Rebetol; Schering Plough) was administrated at 200–1000 mg/day; RBV dose of 600 mg/day (for bodyweight ≤60 kg), 800 mg/day (for bodyweight >60 to ≤80 kg) or 1000 mg/day (for bodyweight >80 kg) in principle. Since November 2011, the initial dose of RBV was reduced by 200 mg in cases of female sex, aged 66 years or older, hemoglobin level of less than 13 g/dL, bodyweight of less than 45 kg or platelet counts of less than $150 \times 10^3/mm^3$ at baseline by the judgment of the physician. All participating patients received these three drugs for the initial 12 weeks, followed by PEG IFN and RBV for an additional 12 weeks. All patients were followed up for at least 24 weeks after the last dose of study drugs to assess SVR.

Doses of telaprevir, PEG IFN and RBV were reduced or their administration discontinued as required, based on the reduction of hemoglobin levels; reduction of white blood cell, neutrophil or platelet counts; or the development of adverse events. Thus, the total dose of each drug administrated during the 12–24 weeks was calculated as the ratio of the actual administrated total dose to the anticipated total dose of each drug; these ratios provided adherence measures for telaprevir, PEG IFN and RBV.

HCV RNA measurements

Blood samples were obtained at weeks 1, 2, 4, 6, 8, 12, 16, 20 and 24 after initiation of treatment and at week 24 after completion of treatment, and routine biochemical

Table 1 Baseline characteristics of the patients infected with genotype 1 HCV who received triple therapy with pegylated interferon, ribavirin and TVR

	TVR 2250 mg/day	TVR 1500 mg/day	*P*-value
n	60	60	
Sex (male/female)	30/30	30/30	Matched
Age (years)	60 (53–63)	62 (56–64)	Matched
Body mass index (kg/m^2)	22.1 (20.4–24.0)	22.7 (20.1–24.8)	0.278
IL28B genotype (rs8099917) TT/TG + GG	40/20	54/6	0.003
ITPA genotype (rs12979860) CC/CA + AA	44/16	36/23	0.175
Hemoglobin (g/dL)	14.3 (13.5–15.2)	14.2 (13.0–14.8)	0.223
Platelets (×104/μL)	17.6 (14.9–21.0)	16.9 (13.8–19.9)	0.227
Albumin (g/dL)	3.8 (3.7–4.0)	3.8 (3.7–4.1)	0.404
Alanine aminotransferase (IU/L)	35 (25–49)	37 (25–58)	0.437
γ-Glutamyltransferase (IU/L)	29 (18–49)	22 (17–39)	0.230
Creatinine (mg/dL)	0.7 (0.6–0.8)	0.6 (0.6–0.7)	0.333
Uric acid (mg/dL)	5.6 (4.9–6.5)	5.5 (4.7–6.3)	0.487
α-Fetoprotein (μg/L)	4 (3–7)	5 (3–8)	0.740
HCV RNA (log10 IU/mL)	6.8 (6.4–7.0)	6.7 (6.3–7.0)	0.551
Core a.a. 70 (wild/mutant)	38/22	45/15	0.235
Core a.a. 91 (wild/mutant)	28/32	36/24	0.200
Previous IFN-based treatment			
Naïve/relapsed/null response	23/25/12	23/25/12	Matched

Values are number with percentage in parentheses or median with interquartile range in parentheses.
a.a., amino acid; HCV, hepatitis C virus; IFN, interferon; TVR, telaprevir.

and hematological tests were performed. The antiviral effects were assessed by measuring plasma HCV RNA levels using the COBAS TaqMan HCV test. The linear dynamic range of the assay was 1.2–7.8 $\log_{10}$ IU/mL; undetectable samples were defined as negative.

Detection of amino acid substitutions in the core of HCV-1b

Amino acid (a.a.) substitutions in the HCV core region were determined using direct sequencing of polymerase chain reaction products after extraction and reverse transcription of HCV RNA. Core a.a. substitutions at positions 70 and 91 (core 70 and 91, respectively) were determined according to the methods of our previous reports.[22,23]

Determination of IL28B and ITPA genotypes

ITPA (rs1127354) and *IL28B* (rs8099917 and rs12979860) were genotyped using the Invader assay, TaqMan assay or direct sequencing, as described.[24,25]

Statistical analyses

Non-parametric tests, including the χ^2-test, Fisher's exact test, Mann–Whitney *U*-test and Kruskal–Wallis tests, were used to analyze differences in the baseline clinical profiles of patients. Kaplan–Meier analysis and the log-rank test were applied to estimate and compare serum HCV RNA elimination rates between the groups. $P < 0.05$ by two-tailed test was considered statistically significant. All analyses were performed using SPSS software version 10.1 (SPSS, Chicago, IL, USA).

RESULTS

Baseline characteristics

THE BASELINE CHARACTERISTICS of the 120 patients are listed in Table 1. There were no significant differences in the baseline characteristics between the telaprevir 2250 mg/day group and 1500 mg/day group, except for *IL28B* genotypes. Patients receiving telaprevir 1500 mg/day had a significantly higher incidence of TT in *IL28B* genotypes than did those receiving 2250 mg/day.

Initial drug doses, drug adherence and discontinuation rate up to 12 weeks

Patients receiving telaprevir 1500 mg/day had a significantly lower initial telaprevir dose and initial RBV dose than those receiving 2250 mg/day (Table 2). Telaprevir adherence was significantly lower in the 1500 mg/day

Table 2 Initial drug doses, drug adherence up to 24 weeks and discontinuation rates up to 12 weeks

	TVR 2250 mg/day	TVR 1500 mg/day	*P*-value
n	60	60	
Initial TVR dose (mg/kg per day)	38.1 (33.6–45.1)	25.6 (22.5–29.6)	<0.001
TVR adherence up to 12 weeks (%)	100 (75–100)	67 (65–67)	<0.001
Discontinuation of TVR	15 (25.0%)	6 (10.0%)	0.053
Discontinuation of TVR due to anemia	12 (20%)	3 (5%)	0.025
Initial PEG IFN dose (μg/kg per week)	1.5 (1.4–1.6)	1.5 (1.4–1.6)	0.706
PEG IFN adherence up to 24 weeks (%)	100 (85–100)	100 (89–100)	0.062
Initial RBV dose (mg/kg per day)	11.6 (10.6–12.8)	9.9 (7.9–11.3)	<0.001
RBV adherence up to 24 weeks (%)	51 (41–61)	59 (46–68)	0.090
Discontinuation of all drugs up to 12 weeks	5 (8.3%)	1 (1.7%)	0.207

Values are number with percentage in parentheses or median with interquartile range in parentheses.
PEG IFN, pegylated interferon; RBV, ribavirin; TVR, telaprevir.

group than in the 2250 mg/day group, while there were no differences in adherence for the other two drugs. Although there were no significant differences between the groups in the rates of discontinuation of telaprevir or all drugs up to 12 weeks, the rates of discontinuation of telaprevir due to anemia in the 1500 mg/day group were significantly lower than in 2250 mg/day group.

Loss of serum HCV RNA according to *IL28B* genotypes

Figure 1 compares the on-treatment virological response over the first 12 weeks for the telaprevir 2250 and 1500 mg/day groups according to *IL28B* genotypes, respectively, because there were significant differences in distribution of *IL28B* genotypes between both groups.

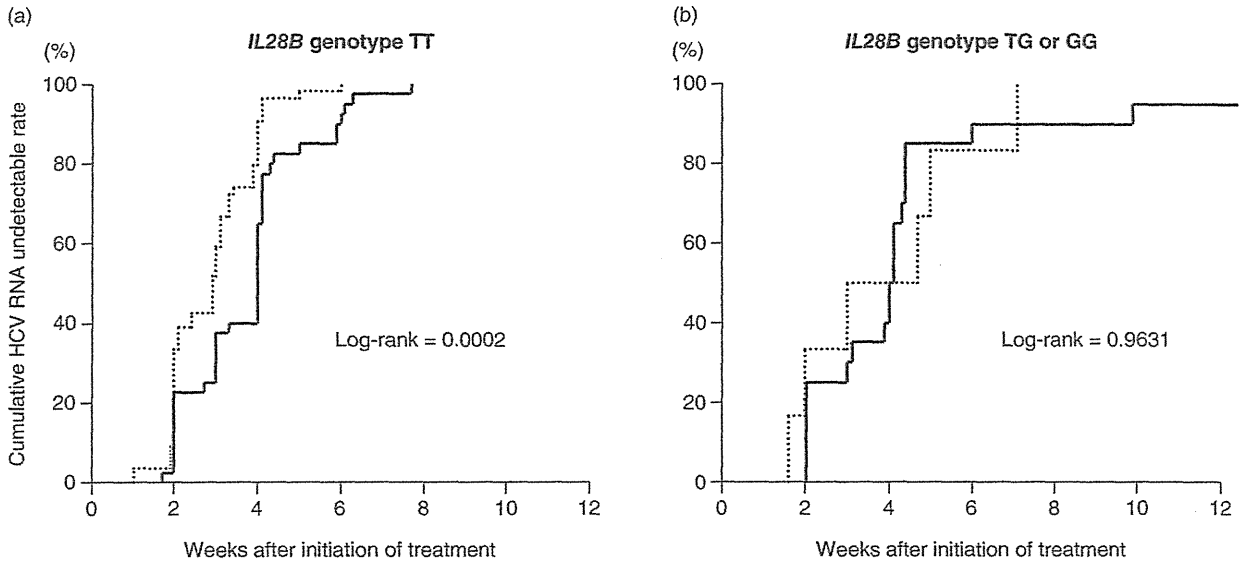
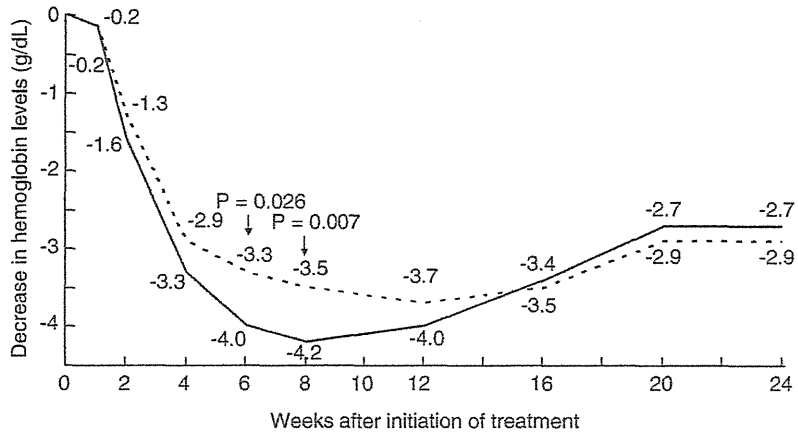


Figure 1 Cumulative rate of undetectable hepatitis C virus (HCV) RNA during triple therapy with pegylated interferon, ribavirin and telaprevir (TVR) at either 2250 mg/day or 1500 mg/day. (a) *IL28B* genotype TT, (b) *IL28B* genotype TG or GG. (———) TVR 2250 mg/day, (·····) TVR 1500 mg/day.



Number of patients (TVR withdrawn)

2250 mg/day	60	60	60 (1)	59 (4)	55 (10)	55	55	55
1500 mg/day	60	60	60 (1)	59 (2)	59 (3)	59	59	59

Figure 2 Decreases in hemoglobin levels during triple therapy with pegylated interferon (PEG IFN), ribavirin (RBV) and telaprevir (TVR) at either 2250 mg/day or 1500 mg/day. Each time point in this figure corresponds to median values. Patients evaluated at each time point are indicated below, with the number of patients who discontinued TVR (continued PEG IFN and RBV) in parentheses. (———) TVR 2250 mg/day, (·····) TVR 1500 mg/day.

Triple therapy suppressed HCV RNA levels quickly and effectively in both groups. In the 2250 and 1500 mg/day groups of *IL28B* genotype TT, HCV RNA became undetectable in 22.5% and 42.6% of patients at 2 weeks, 82.5% and 96.3% at 4 weeks, and 100% and 100% at 8 weeks, respectively (Fig. 1a). The early virological response of the telaprevir 1500 mg/day group was significantly higher than that of the 2250 mg/day group in *IL28B* genotype TT (log-rank test = 0.0002).

In the subgroups of *IL28B* genotype non-TT patients receiving telaprevir 2250 and 1500 mg/day, HCV RNA became undetectable in 25.0% and 33.3% of patients at 2 weeks, 85.0% and 50% at 4 weeks, 90.0% and 100% at 8 weeks, and 95.0% and 100% at 12 weeks, respectively. The virological responses during the first 12 weeks in this subgroup of patients did not significantly differ between the telaprevir 2250 and 1500 mg/day groups (log-rank test = 0.9631, Fig. 1b).

Safety

Figure 2 shows the decreases in hemoglobin levels in telaprevir 2250 and 1500 mg/day recipients. Data from six patients were omitted (five receiving telaprevir 2250 mg/day and one receiving 1500 mg/day) because treatment was withdrawn between 8 and 12 weeks after initiation. Telaprevir was discontinued in 15 of the 60 (25.0%) patients receiving telaprevir 2250 mg/day (one at week 6, four at week 8 and 10 at week 12) and six of the 60 (10.0%) receiving 1500 mg/day (one at week 6, two at week 8 and three at week 12). Hemoglobin decreased to a greater extent in patients receiving telaprevir 2250 mg/day than in those receiving 1500 mg/day at week 6 (−4.0 [−6.7 to −1.2] vs −3.3 [−5.2 to 0.2] g/dL, $P = 0.026$) and week 8 (−4.2 [−7.7 to −1.3] vs −3.5 [−6.9 to −1.3] g/dL, $P = 0.007$).

Skin disorder frequency was comparable between the telaprevir 2250 mg/day group and 1500 mg/day group (81.7% and 75%, respectively). However, skin disorders of grades 2–3 occurred more frequently in the telaprevir 2250 mg/day group than in the 1500 mg/day group (55% vs 35%, $P = 0.043$).

With respect to renal dysfunction, increases in serum creatinine (sCR) levels during therapy were not significantly different between both groups. However, blood uric acid levels increased to a greater extent in patients receiving telaprevir 2250 mg/day than in those receiving 1500 mg/day at week 1 (1.3 [−1.6 to 4.8] vs 0.9 [−2.1 to 4.3] g/dL, $P = 0.015$), week 2 (1.2 [−2.3 to 4.1] vs 0.5 [−2.3 to 2.7] g/dL, $P = 0.004$), week 4 (1.6 [−1.1 to 5.5] vs 0.7 [−2.4 to 3.8] g/dL, $P < 0.001$), week 6 (1.6 [−1.7 to 4.8] vs 0.5 [−3.5 to 3.6] g/dL, $P < 0.001$) and week 8 (1.1 [−3.6 to −4.9] vs 0.7 [−1.6 to 3.7] g/dL, $P = 0.029$).

Predictive factors associated with SVR

The overall SVR rate was 83% (169/204) in our hospital. SVR was accomplished in 106 (88%) of 120 patients selected for this study, including 50 of 60 (83%) patients in the telaprevir 2250 mg/day and 56 of 60 (93%) patients in telaprevir 1500 mg/day groups (Fig. 3).

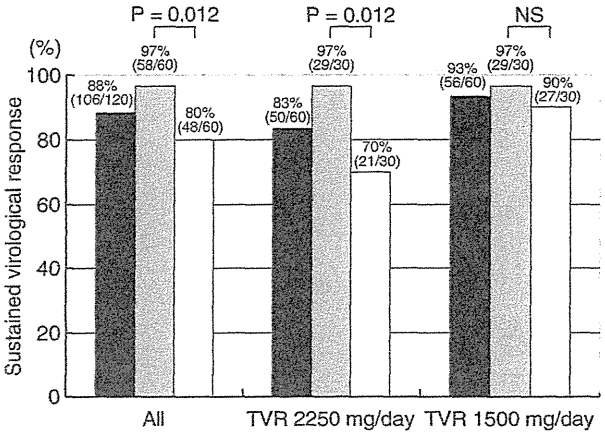


Figure 3 Sustained virological response in patients with chronic hepatitis C to triple therapy with telaprevir (TVR), pegylated interferon and ribavirin for 24 weeks. Sustained virological response was compared among all patients (men and women), TVR 2250 mg/day patients and TVR 1500 mg/day patients, respectively. (■) Total, (▨) male, (□) female.

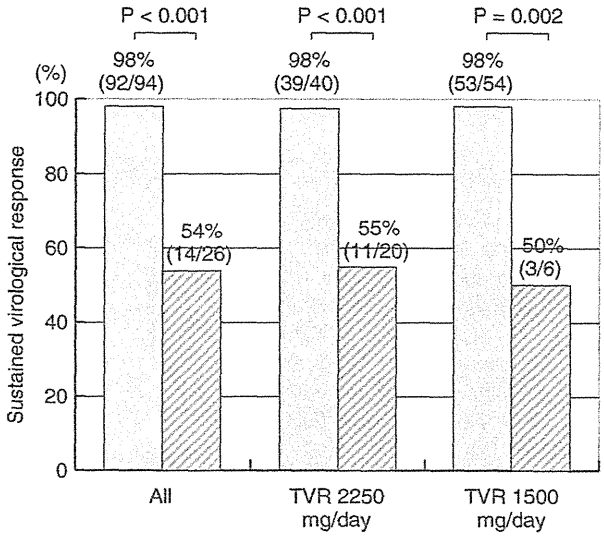


Figure 4 Sustained virological response in patients with chronic hepatitis C to triple therapy with telaprevir (TVR), pegylated interferon and ribavirin for 24 weeks. Sustained virological response was compared between *IL28B* (rs8099917) genotype TT and TG/GG in all patients, TVR 2250 mg/day patients and TVR 1500 mg/day patients, respectively. (□) TT, (▨) TG or GG.

Significant univariate predictors for SVR included male sex, *IL28B* genotype TT, and HCV core a.a. 70 wild type, except for null response to prior treatment, initial telaprevir dose of 37.5 mg/kg per day or more, telaprevir dosing period of 10 weeks or more, 100% PEG IFN adherence up to 24 weeks, PEG IFN adherence up to 12 weeks of 80% or more, RBV adherence up to 12 weeks of 50% of more, γ-glutamyltransferase of 35 IU/mL or less, and sCr of 0.6 mg/dL or more ($P < 0.05$). Of these, male sex (odds ratio [OR] = 13.7; $P = 0.028$) and *IL28B* genotype TT (OR = 44.4; $P = 4.47 \times 10^{-5}$) were identified as significant independent predictors for SVR (Table 3).

Therefore, we assessed the SVR rate of triple therapy according to sex and *IL28B* genotype. SVR was much less frequent in women than in men (48/60 [80%] vs 58/60 [97%], $P = 0.0012$, Fig. 3). Especially, in the telaprevir 2250 mg/day group, there were significant differences between men and women (29/30 [97%] vs 21/30 [70%], $P = 0.0012$). However, there were no differences between men and women in the telaprevir 1500 mg/day group (29/30 [97%] and 27/30 [90%], respectively).

Patients with *IL28B* genotype TT were significantly more likely to achieve SVR (92/94 [98%] vs 14/26 [54%], $P < 0.001$, Fig. 4), compared with patients with TG or GG genotypes. There were significant differences between *IL28B* genotype TT and non-TT in both the telaprevir 2250 and 1500 mg/day groups (39/40 [98%] vs 11/20 [55%], $P < 0.001$ and 53/54 [98%] vs 3/6 [50%], $P = 0.002$, respectively).

Table 3 Multivariate analysis of factors associated with sustained virological response of TVR, pegylated interferon and ribavirin triple therapy in Japanese patients infected with HCV

Factor	Category	Odds ratio (95% CI)	*P*-value
Sex	1; female	1	
	2; male	13.7 (1.33–141.2)	0.028
IL28B genotype (rs8099917)	1; TG or GG	1	
	2; TT	44.4 (7.18–274.2)	4.47×10^{-5}

CI, confidence interval; HCV, hepatitis C virus; TVR, telaprevir.

DISCUSSION

IN JAPANESE PATIENTS, virological response to triple therapy with telaprevir, PEG IFN and RBV was excellent. We have previously reported that in 20 patients with chronic HCV-1b infection with high viral load who received triple therapy for 12 weeks, HCV RNA became undetectable in 50% at 2 weeks, 79% at 4 weeks, 88% at 6 weeks, 94% at 8 weeks and 100% at 12 weeks.[26] This previous study was a randomized open-label study in which telaprevir was administrated at doses of 2250 or 1500 mg/day. Early virological response at 7 and 14 days was similar for both telaprevir doses, suggesting that virological response to triple therapy is not affected by lowering the telaprevir dose. Therefore, to expand the dataset, we retrospectively evaluated HCV RNA response and safety during 12 weeks of triple therapy including the two different telaprevir doses followed by PEG IFN and RBV for an additional 12 weeks: we analyzed 204 cases in total. However, because of the non-random nature of treatment allocation, there was a preponderance of women, elderly and anemic patients in the group receiving telaprevir 1500 mg/day. Because there were many differences in baseline characteristics between telaprevir 2250 and 1500 mg/day groups, we selected 60 patients per group who were matched by age, sex and history of previous IFN-based treatment. Therefore, there were no differences in baseline characteristics between both groups in this analysis, except for *IL28B* genotype. Although we tried to match the distribution of *IL28B* genotypes between both groups, this was not possible because of the small number of cases. Therefore, we matched the groups by the history of previous IFN-based treatment, which we considered a similarly strong predictive factor of triple therapy. Moreover, there was a significant difference in the initial dose of RBV between both groups. A significant number of patients underwent RBV dose reductions at the beginning of treatment in the telaprevir 1500 mg/day group because we considered that such patients were likely to experience hemoglobin decrements during triple therapy, but before November 2011, we could not reduce the initial dose of telaprevir and RBV. Nine patients (15.0%) receiving telaprevir 2250 mg/day and 32 cases (53.3%) receiving 1500 mg/day underwent RBV dose reduction at the beginning of treatment. In other words, the group receiving telaprevir 1500 mg/day had a significantly lower initial dose of telaprevir and RBV dose than did the group receiving 2250 mg/day (Table 2).

However, in the present study, HCV RNA became undetectable during the 12 weeks of treatment at similar or higher rates in the telaprevir 1500 mg/day group than in the 2250 mg/day group (Fig. 1). In the *IL28B* TT genotype, the early virological response of the telaprevir 1500 mg/day group was significantly higher than that of the 2250 mg/day group. Although we assessed baseline factors, drug adherence and drug discontinuation rates only in the *IL28B* TT genotype, there were no significant differences between both groups, except for lower telaprevir adherence up to 12 weeks and a greater number of cases of PEG IFN and RBV dose reductions at the beginning of treatment in the telaprevir 1500 mg/day group. Therefore, the reason for significant differences in the early virological response between both groups is unclear. However, we considered that these results did not affect the SVR rate because HCV RNA became undetectable in all patients in both groups at 8 weeks after the start of triple therapy. In all cases, *IL28B* TT cases and non-TT cases, there were no significant differences in SVR rates after triple therapy between those receiving telaprevir 2250 and 1500 mg/day (Figs 3,4). By examining the detailed course of drug administration from 12–24 weeks (Table 2), we found that the group receiving telaprevir 1500 mg/day had a lower discontinuation rate of telaprevir and higher adherence to RBV and PEG IFN up to 24 weeks in spite of the low initial RBV dose. Furthermore, hemoglobin levels showed greater reductions during triple therapy with telaprevir 2250 mg/day than with telaprevir 1500 mg/day, and the group receiving telaprevir 2250 mg/day had a significantly higher discontinuation rate of telaprevir due to anemia than did the group receiving telaprevir 1500 mg/day (Fig. 2). Therefore, telaprevir 1500 mg/day may be a safe option as part of triple therapy, while maintaining PEG IFN and RBV adherence.

Viral breakthrough or relapse can occur during telaprevir monotherapy or telaprevir plus PEG IFN dual therapy (without RBV) because of the development of mutations that confer resistance to telaprevir.[14,27–29] Furthermore, in a Japanese phase III trial of triple therapy in relapsers and non-responders who had not achieved SVR to a previously administrated IFN-based regimen, SVR rates increased as RBV adherence increased, particularly in previous non-responders.[19] In triple therapy with telaprevir, PEG IFN and RBV, we consider that telaprevir could be important for early virological response, but it could also be important for maintaining high adherence to PEG IFN and RBV, which is a key factor for achieving SVR. We speculate that triple therapy including telaprevir at the reduced dose of 1500 mg/day could maintain high levels of adherence

to PEG IFN and RBV, and consequently achieve high SVR rates.

In this study, we investigated the independent predictors for SVR in the multivariate analysis (Table 3). As reported in previous studies, *IL28B* genotype remained the strongest predictor of SVR.[30,31] The next strongest predictive factor was sex: women had significantly lower SVR rates than did men (Fig. 3). However, when we investigated the SVR rates of the telaprevir 2250 mg/day group and 1500 mg/day group, we found that there were significant differences in SVR rates between men and women in the telaprevir 2250 mg/day group but no differences in the telaprevir 1500 mg/day group. In the previous study, we reported that female sex was one of the factors influencing decreases in hemoglobin levels during triple therapy administrated 2250 mg/day of initial telaprevir dose.[20] In the present study, the discontinuation rates of telaprevir due to anemia were significantly higher in women in the telaprevir 2250 mg/day group as compared with men (36.7% vs 3.3%, $P = 0.002$, data not shown), but there were no differences in the discontinuation rates of telaprevir due to anemia between men and women in the telaprevir 1500 mg/day group (0% vs 10%, $P = 0.237$, data not shown). Therefore, we speculate that there were significant differences in SVR rates between men and women because of high telaprevir discontinuation rates owing to anemia in women.

In conclusion, after the completion of 24 weeks of therapy, triple therapy including telaprevir at a reduced dose of 1500 mg/day was as effective as triple therapy including telaprevir 2250 mg/day at suppressing HCV RNA to undetectable levels and achieving SVR. Of note, we found that telaprevir 1500 mg/day was associated with lower levels of anemia and discontinuation of telaprevir owing to anemia, and higher PEG IFN and RBV adherence during triple therapy. These results suggest that the telaprevir 1500 mg/day regimen is an effective and safe alternative for the treatment of elderly and female Japanese patients. This study is a retrospective study. Prospective randomized controlled studies with longer follow-up periods are required to fully assess the efficacy and safety of an initial telaprevir dose of 1500 mg/day.

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Reduced Organic Anion Transporter Expression Is a Risk Factor for Hepatocellular Carcinoma in Chronic Hepatitis C Patients: A Propensity Score Matching Study

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Key Words

Hepatocellular carcinoma · SLC22A7 · Organic anion transporter 2 · Chronic hepatitis C · Hepatocarcinogenesis

Abstract

Objectives: Recent reports indicated that reduced SLC22A7 (a gene-encoding organic anion transporter 2) expression in noncancerous liver tissue predicts hepatocellular carcinoma (HCC) recurrence after curative resection. Our study aimed to elucidate the association between SLC22A7 expression and HCC development in chronic hepatitis C patients. ***Methods:*** HCC recurrence after local ablation therapy and SLC22A7 expression in noncancerous liver tissue were analyzed in 20 patients. Subsequently, the association between de novo HCC development and SLC22A7 expression was examined at baseline in 38 hepatitis C patients without HCC who subsequently developed HCC as well as in 76 hepatitis C patients who did not develop HCC and were matched for age, gender and stage of fibrosis. ***Results:*** In the patients whose HCC had been cured, reduced SLC22A7 expression in noncancerous liver tissue was significantly associated with a high incidence of multifocal HCC recurrence. In patients without HCC at baseline, cumulative incidence of de novo HCC development was significantly higher with a reduced SLC22A7 expression than with a normal expression ($p = 0.01$). This difference remained significant among patients without known risk factors for HCC like age and advanced fibrosis. ***Conclusion:*** Reduced SLC22A7 expression in the liver indicates a significant risk for HCC development in chronic hepatitis C, independently of other risk factors.

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