ribosomal RNA using  $2^{-\Delta\Delta Ct}$  method (Applied Biosystems,, Foster City, CA, User Bulletin No. 2).

#### Immunoblot analysis

Liver tissue extracts were prepared by using M-PER<sup>®</sup> Mammalian Protein Extraction Reagent (Thermo Fisher Scientific, Rockford, IL) plus Halt<sup>TM</sup> Protease Inhibitor Cocktail (Thermo Fisher Scientific, Rockford, IL). Immunoblot analysis was performed with specific antibodies against uMtCK (dilution, 1:1,000; Abcam, Cambridge, United Kingdom) and beta-actin (dilution, 1:2,000; Sigma-Aldrich, St. Louis, MO) as described-previously. Immunoreactive proteins were visualized using a chemiluminescence kit (GE Healthcare, Buckinghamshire, United Kingdom), and recorded using a LAS-4000 image analyzer (Fuji Film, Tokyo, Japan). The intensities of immunodetected bands were quantified with NIH Image J software.

#### Immunohistochemical analysis

Excised liver specimens were fixed immediately in 10% formalin and embedded in paraffin. Serial 4- $\mu$ m-thick liver tissue sections were deparaffinized, and incubated in citrate buffer at 95°C for 40 min for antigen retrieval, and then incubated overnight at 4°C with anti-uMtCK antibody (Proteintech, Chicago, IL). Biotinylated secondary antibodies (Pharmingen, San Diego, CA) were added and incubated for 20 min at room temperature. Streptavidin–horseradish peroxidase (Pharmingen, San Diego, CA) was added and after 30 min the sections were developed with 3,3′-diaminobenzidine substrate and counterstained hematoxylin.

#### Patient follow-up and diagnosis of HCC

Patients were followed up at the outpatient clinic with blood tests including tumor markers every 1–3 months, and ultrasonography every 4–6 months. Contrast-enhanced CT was performed when serum tumor markers showed an abnormal rise and/or tumor(s) was detected as possible HCC on ultrasonography. The diagnosis of HCC was based on the typical findings on CT, that is, hyperattenuation in the arterial phase and hypoattenuation in the equilibrium phase. <sup>19,20</sup>

The end points consisted of the interval between the first measurement of serum MtCK activity and the detection of HCC development, death without HCC development or the last examination until May 30, 2013, whichever came first. Death without HCC development was treated as censored data.

#### Statistical analysis

Categorical data were compared by  $\chi^2$ -test or Fisher's exact test. Distributions of continuous variables were analyzed with Student's t-test for two groups. All tests of significance were two-tailed, and p < 0.05 was considered statistically significant. The potential associations between the MtCK and the following factors were assessed using Spearman's rank correlation coefficient: age, serum albumin, AST, ALT, GGT, total bilirubin, AFP, DCP, platelet count, prothrombin time and liver stiffness measured by Fibroscan. Cumulative incidence of hepatocarci-

Table 1. Characteristics of the enrolled chronic hepatitis C patients

Parameter	N = 171	
Age (year) <sup>1</sup>	68 (60–75.5)	
Female <sup>2</sup>	75 (43.9)	
MtCK (U/L) <sup>1</sup>	4.50 (3.20-7.19)	
Albumin (g/dL) <sup>1</sup>	4.0 (3.7-4.3)	
AST (U/L) <sup>1</sup>	40 (29–63)	
ALT (U/L) <sup>1</sup>	35 (23–55.5)	
GGT (U/L) <sup>1</sup>	28 (20–49.5)	
Total bilirubin (mg/dL) <sup>1</sup>	0.8 (0.6-1.2)	
AFP (ng/dL) <sup>1</sup>	5.0 (3.0-10.1)	
DCP (mAU/mL) <sup>1</sup>	16 (12–22.5)	
Platelet $(\times 10^4/\mu L)^1$	12.1 (8.8–17.5)	
Prothrombin time (sec) <sup>1</sup>	11.7 (11.2–12.5)	
LSV measured by Fibroscan (kPa) <sup>1</sup>	10.5 (5.7–17.0)	

<sup>&</sup>lt;sup>1</sup>Data were expressed as mean (1st-3rd. quartile).

nogenesis was calculated by the Kaplan–Meier method, and differences among groups were assessed using the log-rank test. The following factors were assessed as candidate risk factors for hepatocarcinogenesis by time-fixed Cox proportional hazard regression: age, sex, hepatitis virus, serum albumin, AST, ALT, GGT, total bilirubin, AFP, DCP, platelet count, prothrombin time, liver stiffness and MtCK. We used univariate and multivariate time-fixed Cox proportional hazard models and stepwise variable selection based on Akaike Information Criteria. Data processing and analysis were performed using SPSS software version 17.0 or 19.0 (SPSS, Chicago, IL).

#### Results

### Increased serum MtCK activity in patients with chronic hepatitis C

Clinical and laboratory variables of the enrolled patients are listed in Table 1. The mean level of serum albumin and total bilirubin and the mean platelet count in the enrolled patients were 4.0 g/dL, 0.8 mg/dL and 12.1  $\times$   $10^4/\mu L$ , suggesting that the patients would have developed various stages of liver fibrosis, not exclusively liver cirrhosis. In agreement with this fact, the mean liver stiffness value in the enrolled patients was 10.5 kPa, suggesting the fibrosis stage of F3. In these patients, serum MtCK activity was higher than the previously reported values in healthy subjects (p < 0.001): the mean serum MtCK activity was 4.5 U/L in patients with chronic hepatitis C, whereas 3.4 U/L in healthy subjects as described previously.  $^8$ 

### Relationships between serum MtCK activity and various parameters

Relationships between serum MtCK activity and various clinical parameters are summarized in Table 2. Serum MtCK activity was significantly correlated with serum albumin levels, platelet counts and liver stiffness values (p < 0.001, 0.026

<sup>&</sup>lt;sup>2</sup>Data were expressed as number (%).

**Table 2.** Relation between serum MtCK activity and various parameters

Parameter	Spearman's ρ	<i>p</i> -Value
Age (year)	0.1829	0.016
Albumin (g/dL)	-0.4041	< 0.001
AST (U/L)	0.2419	0.0014
ALT (U/L)	0.1556	0.042
GGT (U/L)	0.0427	0.58
Total bilirubin (mg/dL)	-0.0044	0.96
AFP (ng/dL)	0.2207	0.0037
DCP (mAU/mL)	0.0667	0.39
Platelet ( $\times 10^4/\mu$ L)	-0.1703	0.026
Prothrombin time (sec)	0.1482	0.086
LSV measured by Fibroscan (kPa)	0.2843	< 0.001

and <0.001), suggesting that the increase in serum MtCK activity may be associated with the stage of liver fibrosis. On the other hand, the significant correlations between serum MtCK activity and serum levels of AST (p=0.0014) and ALT (p=0.042) were observed, which may suggest that serum MtCK activity is increased in association with hepatocellular damage. Furthermore, serum MtCK activity was significantly correlated with serum AFP levels (p=0.0037).

### Increased uMtCK mRNA and protein expressions and immunoreactivity for uMtCK in fibrotic livers in mice

As described earlier, among two tissue-specific isozymes of MtCK, that is, uMtCK and sMtCK, we have found that the increase in serum MtCK activity in HCC patients was mostly owing to that in serum uMtCK activity but not in serum sMtCK activity.8 As the current evidence suggests that serum MtCK activity may be increased in association with the stage of liver fibrosis, we wondered whether uMtCK expression might be enhanced in fibrotic livers. To test this hypothesis, we first measured uMtCK mRNA levels in the livers of mice treated with bile duct ligation for 4 weeks. As shown in Figure 1a, uMtCK mRNA levels in the livers were significantly enhanced in bile duct-ligated mice at 4 weeks after the operation compared to sham-operated mice (p = 0.02; Fig. 1a). An increased immunoreactivity for uMtCK was detected in bile duct-ligated mouse livers, predominantly in hepatocytes at the periductular area, as compared to sham-operated livers, where immunoreactivity was very low or absent (Fig. 1b). This increased immunoreactivity was confirmed to be owing to uMtCK protein expression by immunoblot analysis (Fig. 1c). These results suggest that uMtCK expression may be increased in fibrotic livers predominantly in hepatocytes, possibly leading to enhanced serum MtCK activity.

### Increased serum MtCK activity as an independent risk for hepatocarcinogenesis

The enrolled patients were then followed up to detect HCC occurrence. During the mean follow-up period of 2.7 years

(1st-3rd quartile: 2.4-3.1 years), HCC developed in 21 patients. To carefully exclude MtCK production by HCC, HCC was ruled out at the enrollment by ultrasonography, dynamic CT and/or magnetic resonance imaging. The cumulative incidence rates of HCC at 1, 2 and 3 years estimated by the Kaplan-Meier method were 3.5, 8.8 and 12.3%, respectively, as shown in Figure 2a. In these patients who developed HCC, serum MtCK activity was significantly higher than that in patients who did not develop HCC (p < 0.001) as shown in Figure 2b; serum MtCK activity was 10.6 U/L (interquartile range, 4.4-20.7) in patients who developed HCC and 4.3 U/L (interquartile range, 3.1-6.6) in patients who did not develop HCC. Then, significant risk factors for HCC occurrence by univariate Cox regression analysis were as follows (Table 3): older age (p = 0.018), lower albumin (p< 0.001), higher AST (p = 0.017), higher AFP (p < 0.001), lower platelet count (p = 0.0025), longer prothrombin time (p = 0.0013), elevated liver stiffness value (p < 0.001) and higher serum MtCK activity (p < 0.001). Multivariate analysis using stepwise variable selection based on Akaike Information Criteria identified higher serum MtCK activity (HR: 1.09/year, p < 0.001), higher AFP (HR: 1.01/year, p = 0.002) and longer prothrombin time (HR: 1.48/year, p = 0.002) as the significant risk factors.

As our multivariate analysis identified serum MtCK activity as an independent factor associated with a risk for HCC development, we determined a cutoff value of serum MtCK activity for the prediction of HCC development by receiver operating characteristics (ROC) analysis. From this analysis, serum MtCK activity of 9.0 U/L was identified as a cutoff value (Fig. 3a), and with this cutoff value, area under receiver operating characteristics curve for serum MtCK activity was 0.754 (95% confidence interval [CI]: 0.613-0.894), with a sensitivity of 61.9%, a specificity of 92.8%, a positive predictive value of 56.5% and a negative predictive value of 94.2%. As this negative predictive value was high, the patients with serum MtCK activity of ≤9.0 U/L are suggested to be at a lower risk for HCC development. In fact, as shown in Figure 3b, patients with serum MtCK activity of >9.0 U/L were at a significantly higher risk for HCC development compared to those with serum MtCK activity of  $\leq$ 9.0 U/L (p < 0.001). As serum MtCK activity seemed to be correlated with liver fibrosis as observed above, a relationship between serum MtCK activity and HCC development was analyzed in stratified patients by liver stiffness values. As shown in Figures 3c and 3d, in both patient groups with liver stiffness values of >15 and ≤15 kPa, serum MtCK activity of >9.0 U/L was a significantly higher risk for HCC development compared to those with serum MtCK activity of  $\leq$ 9.0 U/L (p < 0.001). Notably, the cumulative incidence of HCC at 1,100 days of follow-up period in patients with serum MtCK activity of >9.0 U/L was comparable, approximately 0.5, irrespective of their liver stiffness values, that is  $\leq 15$  or >15 kPa. Collectively, the higher serum MtCK activity may be an independent risk for HCC development in chronic hepatitis C patients.

Enooku et al. 5

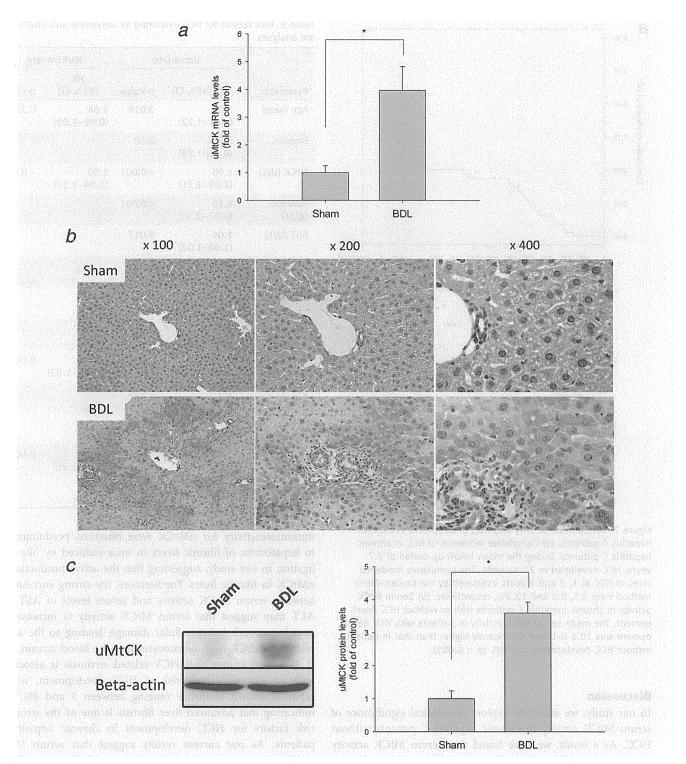


Figure 1. uMtCK mRNA and protein expressions in fibrotic livers induced by bile duct ligation in mice. (a) uMtCK mRNA expressions were evaluated by quantitative real-time PCR in the livers of bile duct-ligated and sham-operated mice at 4 weeks after the operation. Results represent a fold of control mice (means  $\pm$  SEM, n=4). uMtCK mRNA expressions were significantly enhanced in fibrotic livers induced by bile duct ligation in mice (p=0.02) compared to control livers; an asterisk indicates a significant difference. (b) uMtCK protein expressions were evaluated immunohistochemically in fibrotic livers induced by bile duct ligation in mice in comparison with control livers. Increased immunoreactivity for uMtCK was observed predominantly in hepatocytes in fibrotic livers compared to control livers. (c) uMtCK protein expressions, evaluated by immmunoblot analysis, were significantly enhanced in fibrotic livers induced by bile duct ligation in mice (p=0.03) compared to control livers; an asterisk indicates a significant difference.

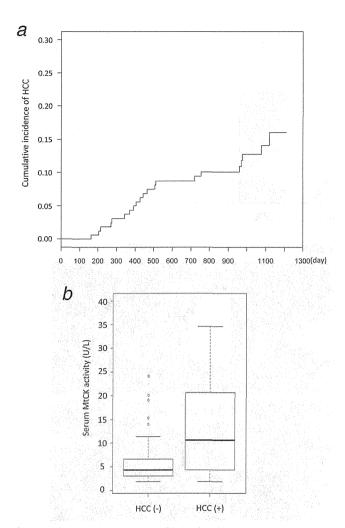


Figure 2. Serum MtCK activity and HCC development in chronic hepatitis C patients. (a) Cumulative incidence of HCC in chronic hepatitis C patients. During the mean follow-up period of 2.7 years, HCC developed in 21 patients. The cumulative incidence rates of HCC at 1, 2 and 3 years estimated by the Kaplan–Meier method were 3.5, 8.8 and 12.3%, respectively. (b) Serum MtCK activity in chronic hepatitis C patients with or without HCC development. The mean serum MtCK activity in patients with HCC development was 10.6 U/L and significantly higher than that in patients without HCC development, 4.3 U/L (p < 0.001).

#### **Discussion**

In our study, we aimed to explore the clinical significance of serum MtCK activity in chronic hepatitis C patients without HCC. As a result, we have found that serum MtCK activity may be increased correlatively with the stage of liver fibrosis and hepatocellular damage, and that the increased serum MtCK activity is an independent risk for hepatocarcinogenesis, which could be the important information for physicians.

As MtCK is not naturally secreted from the cells, the active production of MtCK in a certain tissue or organ and its active release into the blood stream are assumed to be necessary for the increase in serum MtCK activity. Indeed, the increased uMtCK mRNA expression and the increased

Table 3. Risk factors for HCC evaluated by univariate and multivariate analyses

	Univariate		Multivariate	
Parameter	HR (95% CI)	p-Value	HR (95% CI)	<i>p</i> -Value
Age (year)	1.06 (1.01–1.12)	0.018	1.04 (0.98–1.09)	0.28
Female	0.74 (0.31–1.78)	0.50		
MtCK (U/L)	1.08 (1.05–1.11)	< 0.001	1.09 (1.04–1.13)	<0.001
Albumin (g/dL)	0.15 (0.07-0.36)	<0.001		
AST (U/L)	1.01 (1.00-1.02)	0.017		
ALT (U/L)	1.002 (0.998–1.010)	0.66	STATE OF THE STATE	
GGT (U/L)	1.001 (0.997–1.006)	0.54		
Total bilirubin (mg/dL)	2.36 (0.99–5.61)	0.053		
AFP (ng/dL)	1.02 (0.98–1.02)	<0.001	1.01 (1.004-1.02)	0.002
DCP (mAU/mL)	1.02 (0.98–1.04)	0.020		
Platelet (×10 <sup>4</sup> /μL)	0.87 (0.80–0.95)	0.0025		
Prothrombin time (sec)	1.53 (1.18–1.98)	0.0013	1.48 (1.28–1.91)	0.002
LSV (kPa)	1.06 (1.04–1.08)	<0.001		

immunoreactivity for uMtCK were observed predominantly in hepatocytes of fibrotic livers in mice induced by bile duct ligation in our study, suggesting that the active production of uMtCK in fibrotic livers. Furthermore, the strong correlations between serum MtCK activity and serum levels of AST and ALT may suggest that serum MtCK activity is increased in association with hepatocellular damage, leading to the active release of MtCK from hepatocytes into the blood stream.

It is well known that HCV-related cirrhosis is associated with an extremely high risk of HCC development, with a reported annual incidence ranging between 3 and 8%, 4,21,22 indicating that advanced liver fibrosis is one of the strongest risk factors for HCC development in chronic hepatitis C patients. As our current results suggest that serum MtCK activity may be increased in association with the stage of liver fibrosis, the increased serum MtCK activity as a risk factor for hepatocarcinogenesis in chronic hepatitis C patients could be explained, at least in part, by the association between serum MtCK activity and liver fibrosis. In our study, higher serum MtCK activity but not elevated liver stiffness value was determined as a risk for HCC development on multivariate analysis. This finding may be explained by that liver stiffness value, being strongly correlated with serum MtCK

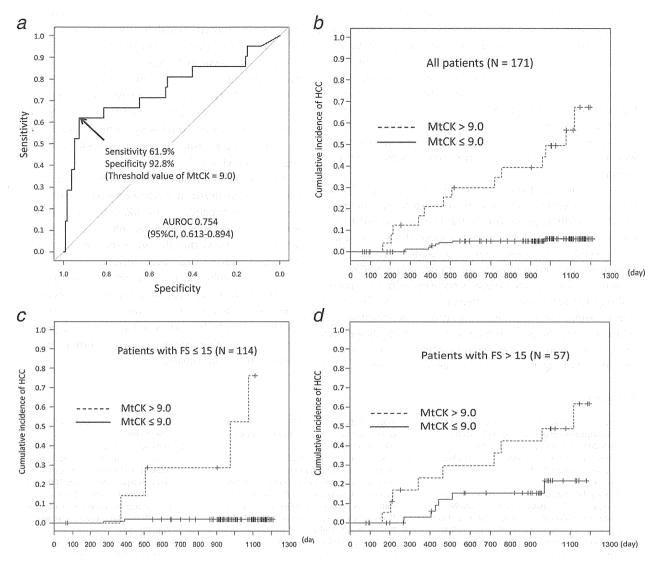


Figure 3. ROC curve showing the overall accuracy of serum MtCK activity for the prediction of HCC development and cumulative incidence of HCC subdivided according to serum MtCK activity in chronic hepatitis C patients. (a) ROC curve showing the overall accuracy of serum MtCK activity for the prediction of HCC development in chronic hepatitis C patients. The arrow identifies the best cutoff value (i.e., 9.0 U/L) of serum MtCK activity. Then, cumulative incidence rates of HCC were estimated by the Kaplan-Meier method in all patients (b), in patients with liver stiffness value (LSV) of  $\leq$ 15 kPa (c), and in patients with LSV of >15 kPa (d) subdivided according to their serum MtCK activity of 9.0 U/L. Serum MtCK activity of >9.0 U/L was a significantly higher risk for HCC development compared to those with serum MtCK of <9.0 U/L (p <0.001) in all patient groups. Solid line, MtCK  $\leq$  9.0 U/L; dashed line, MtCK > 9.0 U/L.

activity as a predicting factor for liver fibrosis, was not retained as an independent risk for HCC development as a confounding factor. When evaluating this result, we should also bear in mind that another factor other than liver fibrosis may be responsible for the strong association between serum MtCK activity and HCC development. In this context, of interest is the evidence that the higher serum ALT levels were associated with the higher rate of HCC development<sup>23</sup> and HCC recurrence after the surgical treatment<sup>24</sup> in HCV-related cirrhosis, suggesting that the active hepatocellular damage may also be a risk for HCC development. Thus, the association between serum MtCK activity and hepatocellular damage, in addition to liver fibrosis, may explain the reason

why serum MtCK activity was retained as an independent risk for hepatocarcinogenesis on multivariate analysis.

In our study, a significant association between serum MtCK activity and serum AFP levels was observed. As it is well known, serum AFP levels have been widely used as a serological marker for HCC<sup>25</sup> although the combination with other serological markers and imaging techniques is recommended to increase diagnostic accuracy.<sup>26</sup> However, elevated serum AFP levels are often observed in patients with chronic hepatitis C without HCC.<sup>27–29</sup> Although the mechanism(s) underlying this finding has not been fully understood yet, it was reported that serum AFP levels were independently associated with liver fibrosis and serum AST levels.<sup>28,30</sup> Thus, it

may be reasonable to assume that serum MtCK activity would behave similarly to serum AFP levels, both of which may be associated with liver fibrosis and hepatocellular damage. Indeed, in our study, both serum MtCK activity and serum AFP levels were retained as a risk for hepatocarcinogenesis, which may be in line with the evidence that the higher serum AFP levels were a risk for HCC development in cirrhotic patients. Serum MtCK activity as a risk for HCC development should be further evaluated in comparison with serum AFP levels in a larger cohort with a variety of etiology.

As healthy liver tissue is known to be one of the few tissues that, in general, does not express detectable amounts of uMtCK, 33 uMtCK expression in the liver is assumed to be a sign of pathological development associated with, for example, ischemic–reperfusion injury 34 or tumor formation. 35 In agreement with this notion, in our study, serum MtCK activity was increased in association particularly with liver fibrosis and hepatocellular damage. Although a role of MtCK expression in pathological liver tissues remains to be elucidated, the evidence from CK gene transgenic mice, which showed that CK expression in the liver led to inhibition of apoptosis 36,37 and protection against hypoxia or endotoxin perfusion, 38–40

may suggest a protective role of MtCK expression in injured liver tissues. Indeed, MtCK has been assumed to be important for the energetics of oxidative tissues to control cellular energy homeostasis by building up a large pool of rapidly diffusing phosphocreatine for temporal and spatial buffering of ATP levels.<sup>33</sup> Hence, it is speculated that the increased MtCK activity may support active proliferation of the injured liver tissues to regenerate, which may ultimately lead to hepatocarcinogenesis as a result of enhanced proliferative activity as suggested previously.<sup>32</sup>

One of the limitations of our study is that serum MtCK activity was analyzed in a relatively small number of patients with chronic hepatitis C. In addition, the enrolled patients were at an older age (mean age, 68 years), which may be in line with the trend that the prevalence of older patients with chronic hepatitis C has been increasing in Japan. In our study, as our cohort had a relatively narrow age distribution, age might not be retained as a risk for hepatocarcinogenesis. Nonetheless, serum MtCK activity as a risk for hepatocarcinogenesis should be further validated in a larger number of patients with other etiology, such as chronic hepatitis B or nonalcoholic steatohepatitis.

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#### REVIEW

## The role of microRNAs in hepatocarcinogenesis: current knowledge and future prospects

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Abstract MicroRNAs (miRNAs) are small, noncoding RNA molecules that regulate gene expression post-transcriptionally through complementary base pairing with thousands of messenger RNAs. Although the precise biological functions of individual miRNAs are still unknown, miRNAs are speculated to play important roles in diverse biological processes through fine regulation of their target gene expression. A growing body of data indicates the deregulation of miRNAs during hepatocarcinogenesis. In this review, we summarize recent findings regarding deregulated miRNA expression and their possible target genes in hepatocarcinogenesis, with emphasis on inflammation-related hepatocarcinogenesis. Because miRNAbased strategies are being applied to clinical therapeutics, precise knowledge of miRNA functions is crucial both scientifically and clinically. We discuss the current open questions from these points of view, which must be clarified in the near future.

**Keywords** MicroRNA · Hepatocarcinogenesis · Inflammation

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#### Introduction

MicroRNAs (miRNAs) are short, single-stranded, noncoding RNAs, which are expressed in most organisms, from plants to vertebrates [1]. Since the discovery of the miRNA lin-4 in Caenorhabditis elegans [2, 3], 1,872 miRNA precursors and 2,578 mature miRNA sequences in humans have been deposited in miRBase, a public repository hosted by the Sanger Institute, as of November 2013 [4]. Bioinformatic predictions suggest that miRNAs regulate more than 30 % of human protein-coding genes [5-7]. Through the regulation of gene expression, miRNAs are involved in various physiological and pathological processes, including cell proliferation, apoptosis, differentiation, metabolism, oncogenesis and oncogenic suppression [8, 9]. Thus, it is not surprising that deregulation of miRNAs is linked closely to various human pathological conditions. In this review, we will describe the crucial role of miRNAs in liver carcinogenesis, especially inflammation-related hepatocarcinogenesis.

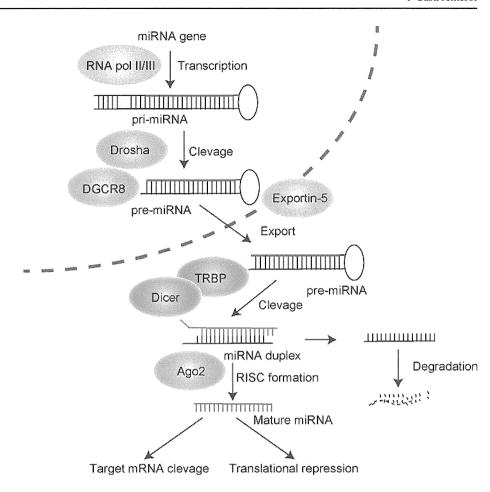
#### Biogenesis and functions of miRNAs

Transcription is the first step in miRNA expression (Fig. 1). Similar to most protein-coding genes, transcriptional factors, enhancers and silencers are involved in miRNA transcription [10–12]. Epigenetic mechanisms, such as promoter methylation or histone modification, also regulate miRNA transcription, and it was shown that histone deacetylase (HDAC) inhibition results in transcriptional changes in  $\sim 40$  % of miRNAs [13].

Primary miRNAs, which possess stem-loop structures, are transcribed by RNA polymerase II [8]. These primiRNAs are processed by a microprocessor complex



Fig. 1 Biogenesis of miRNAs. The primary miRNA transcript (pri-miRNA) is transcribed from the genome by RNA polymerase II or III. The microprocessor complex Drosha-DGCR8 cleaves the primiRNA into the precursor hairpin, pre-miRNA in the nucleus. The pre-miRNA is exported from the nucleus by exportin-5-Ran-GTP. In the cytoplasm, the RNase Dicer in complex with the doublestranded RNA-binding protein, TRBP, cleaves the pre-miRNA hairpin to its mature length. The functional strand of the mature miRNA is loaded together with Argonaute (Ago2) proteins into the RNA-induced silencing complex (RISC), where it guides RISC to silence target mRNAs through mRNA cleavage or translational repression. The passenger strand (black) is degraded



comprising Drosha (RNAase III) [14] and DGCR8/Pasha [15] in the nucleus [16]. The processed products are approximately 65-nucleotide hairpin-shaped precursors (pre-miRNAs) that are transported to the cytoplasm via exportin-5 [17, 18]. Pre-miRNAs are further cleaved into mature miRNAs by Drosha and Dicer RNA polymerase III. Mature miRNA duplexes are loaded onto an RNA-induced silencing complex (RISC) and are unwound into the singlestranded mature form [19-21]. The resulting co-complex directly targets the 3'-untranslated regions (3'-UTRs) of target mRNAs, depending on the sequence similarities, to negatively regulate their expression by enhancing mRNA cleavage or inhibiting translation (Fig. 1) [8, 22]. Because most miRNAs guide the recognition of imperfect matches of target mRNAs, individual miRNAs have multiple (probably hundreds) of mRNA targets. In addition, multiple miRNAs can cooperate to regulate the expression of the same transcript [6]. Thus, depending upon the identity of the target mRNAs, miRNAs play roles as "fine-tuners of gene expression" in the control of various biological functions.

Identifying functionally important miRNA target genes is crucial for understanding the impact of specific miRNAs on cellular function. However, this is challenging because

miRNAs usually have imperfect complementarity with their targets [22]. In mammals, the most consistent requirement for miRNA-target interaction, although not always essential, is a contiguous and perfect pairing of the miRNA (nt 2–8), representing the "seed" sequence [22]. In many cases, the seed sequences determine this recognition, but in other cases, additional determinants are required, such as reasonable complementarity to the miRNA 3' half to stabilize the interaction. In addition, target pairing to the center of some miRNAs has also been reported [23]. Although public miRNA target prediction algorithms, such as TargetScan [24] and PicTar [25], have facilitated the rapid identification of miRNA target genes [22], candidates should be validated experimentally.

#### miRNAs and cancer

The involvement of miRNAs in cancer pathogenesis is well established. miRNAs can affect six hallmarks of malignant cells, which are (1) self-sufficiency in growth signals, (2) insensitivity to anti-growth signals, (3) evasion of apoptosis, (4) limitless replicative potential, (5) angiogenesis, and (6) invasion and metastasis [26]. miRNAs are frequently



up- or downregulated in malignant tissues and can be considered oncogenes or tumor suppressors, respectively. However, it is essential to test experimentally whether the deregulated miRNAs are actually causative to carcinogenesis, since miRNAs have a very restricted tissue-specific expression and the apparent miRNA modulation in cancer tissues may only reflect the different constituents of a cell population as compared to normal tissues. Extensive analyses have confirmed the causative roles of miRNAs in cancer by using either human cancer cells or genetically engineered animal models, such as transgenic expression of miR-155, miR-21 and miR-15-a/16-1, which are sufficient to initiate lymphomagenesis in mice [27–29]. These results suggest the potential role of miRNAs in the pathogenesis of carcinogenesis and as therapeutic targets.

#### miRNAs and hepatocarcinogenesis

Numerous reports regarding the deregulated expression of miRNAs in human hepatocellular carcinoma (HCC) are extant. Most studies compared the miRNA expression levels between cancer tissues and background non-tumorous tissues, selected candidate miRNA(s) and revealed their target genes, which may be involved in carcinogenesis. As shown in Tables 1 and 2, many miRNAs have been identified as downregulated or upregulated in recent studies (Tables 1, 2). However, these numerous results are not always superimposable due to the large variances in the results. These significant differences may be due to several reasons, such as the use of different techniques or different samples as controls, normal liver tissues versus peritumoral non-neoplastic tissues. In addition, one may need to take into consideration the fact that HCCs arise in background livers with different etiologies, such as hepatitis B, hepatitis C or steatohepatitis, and also the age or sex of the tissue-derived patients and background liver condition, such as fibrosis staging or inflammation activity, which may result in differences in the expression status of miRNAs. Despite these considerable limitations, the list suggests that diverse miRNAs play crucial roles in hepatocarcinogenesis. We will briefly describe some of them below.

The expression levels of miRNAs have restricted tissue specificities. In the liver, miR-122, miR-192 and miR-199a/b-3p are the three most expressed miRNAs, accounting for 52, 17 and 5 % of all mRNAs in the tissues, respectively [30]. The tumorigenic role of the loss of miR-122 was confirmed in gene-knockout mice [31, 32] and its expression is indeed decreased in half of the HCCs, especially non-viral HCCs [30]. We also reported that decreased expression of miR-122 is linked with poor prognosis of HCC [33]. While miR-192 does not appear to

be deregulated in HCC samples in previous studies, miR-199a/b-3p is decreased with high frequency in HCC, which is closely linked to a poor prognosis of HCC [30]. In contrast, miR-21, whose expression is increased following rat hepatectomy [34], is upregulated as a known oncomiRNA and represses PTEN signaling, resulting in promotion of HCC development [35]. Although individual miRNAs may be involved in hepatocarcinogenesis, because miRNAs often function co-operatively, the extent of their involvement remains to be determined.

As described above, miRNAs usually have multiple mRNA targets. Thus, it is not practical to describe only a few genes as being responsible for the phenotypes by deregulation of specific miRNAs, while many studies identify specific genes as targets of specific miRNAs. Nonetheless, the identified targeted genes are generally related to at least one of the hallmarks of cancer, such as cell growth, apoptosis, invasion, and so on. These results suggest that the deregulation of miRNA expression might mediate hepatocarcinogenesis through deregulating the expression of their target genes.

The miRNAs identified as deregulated in hepatocarcinogenesis may be useful as diagnostic and prognostic markers [36], because miRNAs in the circulation are reported to be relatively stable [37]. Also, deregulated miRNAs may be candidate therapeutic and preventive targets against HCC. However, to include the obtained results in clinical interventional applications, it is necessary to confirm if the deregulated miRNAs are truly drivers or are simply passive in hepatocarcinogenesis. To this end, genetically modified mice may provide some information. In addition, to correctly interpret the data, a standard method of normalizing the microRNAome data between studies may also be crucial. Since there are multiple target genes of miRNAs and, conversely, one transcript can be targeted by multiple miRNAs, a more systematic comparison using miRNA data, transcriptome data and proteome data would increase our understanding of the consequences of the deregulation of miRNAs during hepatocarcinogenesis. From this point of view, systematic and comprehensive target gene analyses for in silico systems biology models may be one option to resolve these issues.

### miRNAs linked to inflammation-mediated hepatocarcinogenesis

Inflammation is considered to be a major cause of cancer [38, 39]. In the liver, hepatocarcinogenesis frequently occurs in persistently inflamed liver tissues caused by chronic hepatitis viral infection or non-alcoholic steatohepatitis. However, the molecular linkage between chronic inflammation and carcinogenesis is not well characterized.



Table 1 Upregulated miRNAs in hepatocarcinogenesis

Expression levels	Targets	Main tested samples	References
Upregulated	p38 pathway	Cultured cells, human tissues	[52]
Upregulated	ER1a	Human tissues, cultured cells	[53]
Upregulated	C/EBPb	Mouse CDAA model	[54]
Upregulated	PTEN	Human tissues, cultured cells	[35]
Upregulated	ERa, IL-1a	Human tissues, cultured cells, DEN model	[55]
Upregulated	PGC-1a,G6PC	Human tissues, cultured cells	[56]
Upregulated	Lin28B, Zeche11	Human tissues, xenograft model	[57]
Upregulated	NF-κB, IL-6 pathways	Human tissues	[58]
Upregulated	GNAI2	Human tissues, cultured cells	[59]
Upregulated		Human tissues	[60]
Upregulated	APC	Human tissues, cultured cells	[61]
Upregulated		Human tissues	[60]
Upregulated	TP53INP1	Human tissues, xenograft model	[62]
Upregulated	FOXM1, MTSS1	Human tissues, cultured cells, xenograft	[63]
Upregulated	FNDC3B	Human tissues, HBX transgenic mouse	[64]
Upregulated in endothelial cells	BRCA, PDGFRA	Cultured cells	[65]
Upregulated	FAK	Human tissues, cultured cells	[66]
Upregulated	FAK, RhoGDIA	Human tissues, cultured cells	[67]
Upregulated	SOCS1	Orthotropic transplant model	[68]
Upregulated	DKK1, APC	Human tissues, cultured cells	[69]
Upregulated	PTEN	Mouse CDAA model	[54]
Upregulated	TIMP3	Mouse CDAA model	[70]
Upregulated	CDX2, GATA6, NLK	Cultured cells	[71]
Upregulated	AKAP12	Human tissues	[72]
Upregulated	AKAP12	Human tissues	[72]
Upregulated	NRF2 pathway	Rat HCC model,	[73]
	VMP1	Human tissues, cultured cells	[74]
	TSLC1	Human tissues, cultured cells	[75]
	PTEN, SMAD7	Cultured cells, Human tissues	[76]
	CDK inhibitors		[77]
Upregulated	p27, p57, Arnt		[78]
Upregulated	Bmf		[79]
	p27, p57		[80]
			[81]
Upregulated	•	Human tissues	[82]
	Atg5, Smad4, autophagy	Human tissues, HBV X transgenic mice	[83]
			[84]
			[85]
	API-5		[86]
			[87]
			[88]
	ERCIC3	_	[89]
			[90]
			[88]
			[91]
	TLE1. NF-ĸB		[92]
			[88]
Upregulated		Human tissues	[93]
	Upregulated	Upregulated p38 pathway Upregulated ER1a Upregulated C/EBPb Upregulated PTEN Upregulated PGC-1a,G6PC Upregulated PGC-1a,G6PC Upregulated PGC-1a,G6PC Upregulated NF-kB, IL-6 pathways Upregulated NF-kB, IL-6 pathways Upregulated APC Upregulated TP53INP1 Upregulated FOXM1, MTSS1 Upregulated FOXM1, MTSS1 Upregulated FOXM1, MTSS1 Upregulated FAK, RhoGDIA Upregulated FAK, RhoGDIA Upregulated FAK, RhoGDIA Upregulated FAK, RhoGDIA Upregulated PTEN Upregulated DKK1, APC Upregulated PTEN Upregulated TIMP3 Upregulated TIMP3 Upregulated TIMP3 Upregulated NRF2 pathway Upregulated VMP1 Upregulated TSLC1 Upregulated PTEN, SMAD7 Upregulated PTEN Upregulated PTEN, SMAD7 Upregulated PTEN Upregulated PTEN Upregu	Upregulated



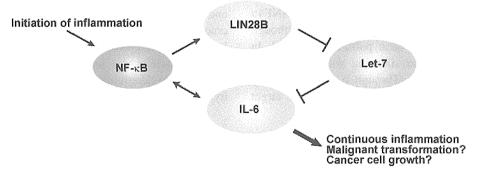
Table 2 Downregulated miRNAs in hepatocarcinogenesis

Downregulated Downregulated Downregulated Downregulated Downregulated Downregulated Downregulated Downregulated	STAT3  COL12A  PIK3CD  EphA4	Cultured cells Human tissues, cultured cells Cultured cells, human tissues Cultured cells, human tissues Cultured cells	[94] [95] [96] [97]
Downregulated Downregulated Downregulated Downregulated Downregulated	PIK3CD	Cultured cells, human tissues Cultured cells, human tissues	[96]
Downregulated Downregulated Downregulated Downregulated	PIK3CD	Cultured cells, human tissues	
Downregulated Downregulated Downregulated			[97]
Downregulated Downregulated	EphA4	Cultured cells	F 1
Downregulated		Cultured cons	[98]
•		Human tissues	[99]
Downregulated		Cultured cells	[100]
		Human tissues	[82]
Downregulated	IL-6	Human tissues, xenograft model	[101]
Downregulated	CyclinD2, E2	Cultured cells, mouse model	[102]
Downregulated	Bcl2, Mcl1	Human tissues, cultured cells	[103]
Downregulated	MMP-2	Human tissues, cultured cell	[104]
Downregulated	SIRT1	Cultured cells	[105]
Downregulated	CCL22	Human tissues, cultured cells	[106]
Downregulated	PLK1	Human tissues, cultured cells	[107]
Downregulated	IGF-1R	Human tissues, cultured cells	[108]
Downregulated	PLK1	Human tissues, cultured cells	[107]
Downregulated	EZH2, EED	Human tissues, cultured cells	[109]
Downregulated		Human tissues, cultured cells	[95]
Downregulated	Mcl1	Cultured cells, human tissues	[110]
-	Fos	Human tissues, cultured cells	[111]
	c-Myc	Human tissues, cultured cells	[112]
	·	Cultured cells	[113]
	MTTP	Knockout mice	[32]
	IL6, TNF	Knockout mice	[31]
		Human tissues	[114]
		Human tissues, cultured cells	[115]
		Human tissues, cultured cells	[116]
		Human tissues, cultured cells	[117]
	, , , , , , ,	Human tissues, cultured cells	[118]
	SUV39H	Human tissues, cultured cells	[119]
			[120]
	,		[95]
=	PIGF, MMP-2, MMP-9		[121]
			[122]
•			[123]
•			[95]
•	TGFBR1_FGF9		[124]
Downiegulated			[125]
Downregulated			[126]
C	bbe 1		[60]
-	IRS1 IRS2 IGE-1R b-catenin		[127]
-	1K51, 1K52, 1GI -IK, b-catchin		[85]
	a Mat		[128]
			[120]
			[129]
			[131]
_	•		[131]
	Downregulated	Downregulated Bcl2, Mcl1 Downregulated MMP-2 Downregulated SIRT1 Downregulated PLK1 Downregulated PCPLC Downregulated PCPLC Downregulated PCPLC Downregulated PCPLC Downregulated POWNC Downregulated POWNC Downregulated POWNC Downregulated POWNC Downregulated POWNC Downregulated PCPLC Downregulated POWNC Downregulated PCPLC Downregula	Downregulated Downregulated Bel2, Mel1 Human tissues, cultured cells Downregulated MMP-2 Human tissues, cultured cells Downregulated MMP-2 Human tissues, cultured cells Downregulated SIRT1 Cultured cells Downregulated CCL.22 Human tissues, cultured cells Downregulated PLK1 Human tissues, cultured cells Downregulated IGF-1R Human tissues, cultured cells Downregulated PLK1 Human tissues, cultured cells Downregulated PLK1 Human tissues, cultured cells Downregulated EZH2, EED Human tissues, cultured cells Downregulated Fos Human tissues, cultured cells Downregulated ILG, TNF Knockout mice Cultured cells Downregulated ILG, TNF Knockout mice IGF-1R Human tissues Downregulated IGF-1R Human tissues Cyclin G1 Human tissues, cultured cells Downregulated ROCK2, EZH2 Human tissues, cultured cells Downregulated ROCK2, EZH2 Human tissues, cultured cells Downregulated ROCK3, ILGR Human tissues, cultured cells Downregulated PIGF, MMP-3, MYD3, IQGAP1 Human tissues, cultured cells Downregulated Mcl1, Bclw, ILGR Human tissues, cultured cells Downregulated FIGF, MMP-2, MMP-9 Human tissues, cultured cells Downregulated FIGF, MMP-2, MMP-9 Human tissues, cultured cells Downregulated Lin28B Human tissues, cultured cells Downregulated TGFBR1, FGF9 Human tissues, cultured cells Human tissues, cultured cells Downregulated TGFBR1, FGF9 Human tissues, cultured cells Downregulated TGFBR1, FGF9 Human tissues, cultured cells Downregulated PIGF, MS1, IRS2, IGF-1R, b-catenin Human tissues, cultured cells Downregulated C-Met Human tissues, cultured cells Human tissues Cultured cells Human tissues, cultured cel



Table 2 continued

miRNA	Expression levels	Targets	Main tested samples	References
miR-195	Downregulated	NF-κB pathway	Cultured cells	[133]
	Downregulated	VEGF, VAV2, CDC42	Cultured cells, human tissues	[134]
	Downregulated	Cyclin D1, CDK6, E2F3	Cultured cells, human tissues	[135]
miR-198	Downregulated		Human tissues	[60]
miR-199a/b-3p	Downregulated	PAK4	Human tissues, cultured cells	[30]
miR-199b	Downregulated		Human tissues	[85]
miR-200a	Downregulated	H3 acetylation	Human tissues, cultured cells	[136]
miR-200b	Downregulated		Human tissues, cultured cells	[95]
miR-200c	Downregulated		Human tissues	[82]
miR-200	Downregulated		Human tissues	[82]
miR-203	Downregulated	ABCE1	Human tissues, cultured cells	[117]
miR-214	Downregulated	HDGF	Human tissues, cultured cells	[137]
miR-222	Downregulated		Human tissues	[82]
miR-223	Downregulated	STMN1	Human tissues	[138]
miR-224	Downregulated		Human tissues	[139]
miR-363-3p	Downregulated	c-Myc	Cultured cells	[131]
miR-375	Downregulated	ATG7	Human tissues, cultured cells	[140]
	Downregulated	AEG-1	Human tissues, cultured cells	[141]
miR-429	Downregulated	Rab18	Cultured cells	[142]
miR-449	Downregulated	c-MET	Xenograft, cultured cells	[143]
miR-520e	Downregulated	NIK	Human tissues, cultured cells	[69]
miR-612	Downregulated	AKT2	Cultured cells, human tissues	[144]
miR-637	Downregulated	STAT3 activation	Human tissues, cultured cells	[145]
miR-1271	Downregulated	GLP3	Human tissues, cultured cells	[99]



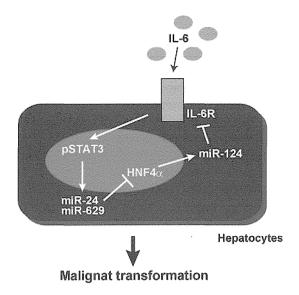
**Fig. 2** A model bridging chronic inflammation and transformation by miRNA. Inflammation triggers activation of NF- $\kappa$ B, which leads to transcription of LIN28B. LIN28B inhibits the production of Let-7. Let-7 normally inhibits IL-6 expression, resulting in higher levels of

IL-6 than are achieved by NF- $\kappa$ B activation. IL-6 mediated STAT3 activation is necessary for transformation and IL-6 activates NF- $\kappa$ B, completing a positive feedback loop

miRNAs, as a new class of gene expression regulators, may be involved in chronic inflammation-induced carcinogenesis and, in fact, several studies have clarified one such linkage, in which miRNAs may serve as a bridge between continuous inflammation and carcinogenesis.

A flagship report addresses a positive feedback loop of an inflammatory response mediated by NF-kB that activates Lin28B transcription (Fig. 2) [40]. LIN28B, which is an inhibitor of miRNA processing, reduces let-7 levels. Let-7 inhibits IL-6 expression, resulting in higher levels of IL-6 than achieved by NF- $\kappa$ B activation. IL-6-mediated STAT3 activation is necessary for transformation and IL-6 activates NF- $\kappa$ B, completing a positive feedback loop. Although the experiments mainly used MCF10A cells (breast cancer cells), a similar feedback loop was observed in HCC tissues. The authors termed these mechanisms an





**Fig. 3** A model describing a positive feedback loop mediated by miRNAs from transient HNF4 $\alpha$  inhibition to transformation. Transient silencing of HNF4 $\alpha$  is mediated by miR-24 and miR-629, both of which are induced by STAT3 activation following IL-6 stimulation. miR-124, whose promoter region contains HNF4 $\alpha$ -binding sites, targets IL-6R and, thus, HNF4 $\alpha$  silencing results in reduced expression of miR-124 and enhanced expression of IL-6R and activation of STAT3, which induces miR-24 and miR-629. This microRNA feedback-inflammatory loop is thought to be crucial in IL-6-mediated liver cancer

"epigenetic switch" because the loop maintains the epigenetic transformed state even in the absence of induction by inflammation (Fig. 2).

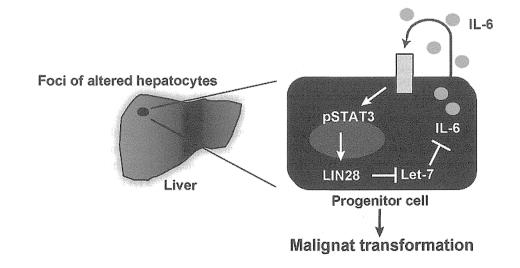
Another report addressed hepatocarcinogenesis induced by transient inhibition of HNF4 $\alpha$  (Fig. 3) [41]. HNF4 $\alpha$  was reported to be involved in liver oncogenesis, although discrepant reports have also been published [42–44]. In that report, transient HNF4 $\alpha$  silencing was sufficient to maintain cell transformation. Through a miRNA library screen, miR-24 and miR-629 were identified to target

HNF4a. Interestingly, both miRNAs were induced following HNF4\alpha silencing, supporting their involvement in the HNF4α-dependent feedback loop, miR-24 and miR-629 contain the STAT3-binding motif in their promoter region. The authors showed that in response to IL-6, STAT3 binding to their promoters increased, resulting in miRNA expression. They also identified miR-124, whose promoter region contains HNF4α binding sites. miR-124 targets IL-6R and, thus, HNF4\alpha silencing results in reduced expression of miR-124 and enhanced expression of IL-6R and activation of STAT3. The importance of these feedback loops was confirmed in vivo using a mouse HCC model induced by diethylnitrosamine. miR-124 delivery by cationic liposomes prevented tumor development. Thus, these microRNA feedback-inflammatory loops are important and can be a therapeutic target for liver cancer (Fig. 3) [41].

A recent paper reported a similar but distinct observation (Fig. 4). The authors found that when using DEN-induced foci of altered hepatocytes (FAH), LIN28-expressing cells are present in FAH, in which let-7 is down-regulated, resulting in the enhanced expression of IL-6, mediating the progression of malignancies from progenitors. An important difference between the cells in FAH and those in early hepatocarcinogenesis is that IL-6 signaling is autocrine, being mediated by reduced let-7 due to upregulation of LIN28B in FAH cells. This mechanism may contribute to malignant progression from HCC progenitor cells (Fig. 4) [45].

These three reports are from related research groups, and rely on the hypothesis that the IL-6-STAT3 pathway is crucial for hepatocarcinogenesis. Although IL-6 has been implicated as a growth factor in various epithelial cancers [46, 47], its relevance in hepatocarcinogenesis needs to be confirmed to determine the applicability and reproducibility of these findings to the clinical setting.

Fig. 4 A model bridging the malignant transformation of precursor cells and autocrine-mediated inflammation by microRNA. LIN28-expressing cells exist in the foci of altered hepatocytes, in which let-7 is downregulated, resulting in enhanced IL-6 expression, which mediates the progression of malignancies from progenitor cells



#### miRNAs as therapeutic targets in the liver

Recently, miravirsen, a LNA-modified DNA phosphorothioate antisense oligonucleotide against miR-122, became the first miRNA-targeting drug for clinical use [48]. It was developed to target HCV, as the stability and propagation of this virus is dependent on a functional interaction between the HCV genome and miR-122 [49, 50]. No harmful events were observed in Phase I studies in healthy volunteers, and Phase II studies proceeded to evaluate the safety and efficacy of miravirsen in 36 patients with chronic HCV genotype 1 infection. The patients were randomly assigned to receive 5 weeks of subcutaneous miravirsen injections at 3, 5 or 7 mg per kg body weight or a placebo over a 29-day period. Miravirsen resulted in a dose-dependent reduction in HCV levels, without major adverse events and with no escape mutations in the miR-122 binding sites of the HCV genome [48]. The success of miravirsen is promising, not only as a novel anti-HCV drug, but also as the first trial of miRNA-targeting therapy.

In addition to miravirsen, a clinical trial of MRX34 as a mimic of miR-34 is underway. MRX34 is a liposome-formulated mimic of the tumor suppressor miR-34 (Mirna Therapeutics, Austin, TX, USA). Further study of MRX34 is being conducted by Mirna Therapeutics, which initiated a Phase I study in May 2013 to examine the effects of MRX34 on unresectable primary liver cancer or advanced or metastatic cancer with liver involvement (ClinicalTrials.gov Identifier: NCT01829971). If these oligonucleotide therapies are successful, therapeutic options based on the numerous miRNAs deregulated during hepatocarcinogenesis appear promising [51].

## Issues to be resolved in miRNA involvement in hepatocarcinogenesis

As described above, along with recent discoveries of the diverse effects of miRNAs in hepatocarcinogenesis, miRNA-mediated intervention is promising for the development of new diagnostic, preventive and therapeutic tools. However, the data obtained to date are far from complete. The following are some of the critical issues that we believe need to be resolved.

- 1. The reason for the non-reproducible results among studies should be determined to utilize the available data more reasonably and efficiently.
- Identification of crucial driver miRNAs among the diverse deregulated miRNAs is critical to develop useful therapeutics in clinics, although even passive miRNAs may be utilized as markers for diagnosis or prediction of prognosis.

- 3. Comprehensive target gene analyses using in silico systems biology models should be applied.
- 4. For effective interventions using miRNA, the delivery method, improved oligonucleotide modification and safety must be further considered. Since miRNAs generally have diverse effects due to targeting multiple mRNAs, undesired outcomes, so called off-target effects, may be encountered, even when a specific miRNA is targeted.

Finding solutions to these issues should be considered as critically important for the near future in order to understand more fully the physiological function of miRNAs in hepatocarcinogenesis and utilize this knowledge in translational research.

#### **Conclusions**

The discovery of miRNA has, without doubt, opened up new possibilities for understanding the molecular mechanisms of gene regulation. As numerous findings regarding miRNA, from diverse perspectives, have been reported, the speed of discovery in this field is astonishing. In fact, novel therapeutics targeting miRNAs have already been successfully applied in clinical trials. Some miRNAs may be useful as novel biomarkers. Additionally, the discovery of novel concepts in the pathogenesis of hepatocarcinogenesis frequently involves miRNA. On the other hand, several important issues remain to be resolved in this field. Thus, continuous research in this field is still necessary to develop truly innovative concepts in our understanding of pathogenesis related to miRNA and to transform the obtained knowledge into real clinical applications.

**Conflict of interest** The authors declare that they have no conflict of interest.

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### Original Article

# Discrimination of fibrotic staging of chronic hepatitis C using multiple fibrotic markers

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*Aim:* In order to evaluate and judge a fibrotic stage of patients with chronic hepatitis C, multivariate regression analysis was performed using multiple fibrotic markers.

Methods: A total of 581 patients from eight hepatology units and institutes were diagnosed by needle biopsy as having chronic liver disease caused by hepatitis C virus. Twenty-three variables and their natural logarithmic transformation were employed in the multivariate analysis.

Results: Multivariate regression analysis finally obtained the following function:  $z=2.89\times ln$  (type IV collagen 75) (ng/mL)  $-0.011\times$  (platelet count) ( $\times10^3$ /mm³)  $+0.79\times ln$  (total bilirubin) (mg/dL)  $+0.39\times ln$  (hyaluronic acid) ( $\mu$ g/L) -1.87. Median values of the fibrotic score of F1 (n=172), F2 (n=80),

F3 (n=37) and F4 (n=16) were calculated as 1.00, 1.45, 2.82 and 3.83, respectively. Multiple regression coefficient and coefficient of determination were 0.56 and 0.320, respectively. Validation with patient data from other institutions demonstrated good reproducibility of the fibrotic score for hepatitis C (FSC), showing 1.10 in F1 (n=156), 2.35 in F2 (n=73), 3.16 in F3 (n=36) and 3.58 in F4 (n=11).

Conclusion: A concise multiple regression function using four laboratory parameters successfully predicted pathological fibrotic stage of patients with hepatitis C virus infection.

Key words: chronic hepatitis, hepatitis C virus, liver cirrhosis, liver fibrosis, multiple regression analysis, stage

#### INTRODUCTION

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HEN HEPATITIS C virus (HCV)-related chronic liver disease was found by biochemical and virological examination, peritoneoscopy and/or liver biopsy can establish the definitive diagnosis of chronic hepatitis and liver cirrhosis. Although these pathological procedures are reliable and informative both in diagnosis and treatment, they sometimes require medical invasion and financial costs, including the risk of bleeding from needle puncture, some pain experienced during the examination, medical expenses and hospitalization for a

few days. The pathological examination is, therefore, rarely performed repeatedly in a short period of time, even when disease activity is severe and progression of liver disease is highly suspected. Recently, many authors described the usefulness of ultrasonographic elastography and magnetic resonance imaging technology in the estimation of staging of chronic hepatitis and cirrhosis.<sup>1-4</sup> These ways of estimation using the imaging apparatuses seem truly useful for current patients, but it cannot evaluate and compare with past fibrotic states of patients retrospectively. Moreover, the same apparatus for elastometry will not be available for repeated measurement for a follow-up examination, several years later for example.

In spite of the accuracy of biopsy and of convenience of elastography in chronic liver disease, clinical diagnosis based on biochemistry and hematology is still indispensable for the daily practice of many patients with

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