

HCC.<sup>27,28</sup> Further, AFP and DCP are directly associated with HCC progression through the induction of cancer cell proliferation and angiogenesis, respectively.<sup>29,30</sup> Thus, our results are in good accordance with previous basic investigations and suggest that hepatic inflammation as well as elevated AFP and DCP levels independently accelerate the progression of NBNC-HCC.

Diagnostic year of HCC was also directly associated with the Milan criteria in this study. Although the reason for this association is unclear, a progress in serum tumor markers is a possible explanation. Because sensitivities of AFP and DCP were improved during this study period (1995–2006),<sup>31–33</sup> one would think that serum AFP and DCP levels are confounding factors for an association between diagnostic year of HCC and the Milan criteria.

Recently, lifestyle-related factors including alcohol intake and diabetes mellitus have been noted as risk factors for the development of NBNC-HCC.<sup>2,10–12,34–38</sup> Previous *in vitro* studies showed that ethanol and glucose stimulate the proliferation and migration of HCC,<sup>39,40</sup> indicating the direct association of alcohol intake and diabetes mellitus with NBNC-HCC progression. However, in this study, these factors were not directly associated with the Milan criteria. Although the reason for this discrepancy remains unclear, alcohol intake and diabetes mellitus were associated with the Milan criteria through diagnosis of liver cirrhosis in this study. Both ethanol consumption and diabetes mellitus can activate fibroblasts,<sup>41,42</sup> which are crucial components of the tumor microenvironment promoting the growth and invasion of cancer cells.<sup>43,44</sup> Thus, alcohol intake and diabetes mellitus may be associated with the clinical progression of NBNC-HCC through the tumor microenvironment.

Then, we created a decision tree algorithm to identify the clinical feature profiling associated with the staging of NBNC-HCC; the reproducibility of this model was confirmed by the independent validation datasets. Serum AFP level was selected for the initial classification, and serum DCP level was selected for the third division, creating groups 3 and 4. Although it is still unclear why the serum AFP level was associated with the Milan criteria to a greater extent than the serum DCP level, an association of the serum AFP level with the pathological features of HCC is a possible explanation. The AFP level is related to the number of HCC, whereas the DCP level is more specific to vascular invasion.<sup>45–47</sup> In this study, the staging of HCC was evaluated by using the Milan criteria, which include number and size of HCC but not vascular invasion,<sup>26</sup> explaining why serum AFP level was selected for the initial classification.

Diagnosis of liver cirrhosis was selected for the second division in the decision tree algorithm. Although liver cirrhosis is a well-known major risk factor for the development of HCC,<sup>5,10,12,25,34,42</sup> our result indicates that liver cirrhosis may suppress the progression of NBNC-HCC. We do not have any data accounting for the association between diagnosis of liver cirrhosis and suppression of the NBNC-HCC progression, the following is, however, a possible explanation for this contradiction. HCC surveillance may be performed more often in patients with liver cirrhosis than in those without liver cirrhosis,<sup>12,25</sup> so HCC could be identified at an early stage in patients with liver cirrhosis.

A limitation of this study is that a relationship between progression of NBNC-HCC and non-alcoholic steatohepatitis (NASH) was not evaluated. The reason is that NASH-related HCC is often diagnosed as cryptogenic cirrhosis-related HCC because of reduction of hepatic triglycerides according to the progression of NASH, so-called “burned-out NASH”.<sup>48</sup> However, NASH is deeply involved in the development of HCC and a major reason for the increase in number of NBNC-HCC patients.<sup>8,49,50</sup> Recently, visceral fat accumulation is also reported to be an independent risk factor for HCC recurrence after curative treatment.<sup>51</sup> Thus, further study will be focused on a relationship between the progression of NBNC-HCC and NASH.

In conclusion, data mining disclosed complex associations of risk factors and clinical feature profiling associated with the staging of NBNC-HCC.

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# A prospective randomized controlled trial of hemostasis with a bipolar sealer during hepatic transection for liver resection

Masaki Kaibori, MD, Kosuke Matsui, MD, Morihiko Ishizaki, MD, Tatsuma Sakaguchi, MD, Hideyuki Matsushima, MD, Yoichi Matsui, MD, and A-Hon Kwon, MD, Osaka, Japan

**Background.** Excessive intraoperative blood loss and the possible requirement for blood transfusion are major problems in hepatic resection for liver tumors. The decrease of blood loss is a goal in liver surgery, and several technical developments have been introduced for this purpose. The aim of this prospective randomized study was to compare the use of the Cavitron Ultrasonic Surgical Aspirator (CUSA) with a radiofrequency-based bipolar hemostatic sealer versus CUSA with standard bipolar cautery (BC) in patients undergoing hepatic resection.

**Methods.** One hundred nine patients with liver tumors were randomized to undergo hepatic transection via CUSA with a bipolar sealer (Aquamantys 2.3 Bipolar Sealer;  $n = 55$ ) or BC ( $n = 54$ ). Blood loss during parenchymal transection and speed of transection were the primary end points, whereas the degree of postoperative liver injury and morbidity were secondary end points.

**Results.** Compared with the BC group, the bipolar sealer showed lesser blood loss during transection and blood loss divided by resection area ( $P = .0079$  and  $.0008$ , respectively), shorter transection time ( $P = .0025$ ), faster speed of transection ( $P < .0001$ ), and fewer ties and ties divided by resection area required during transection ( $P < .0001$ ).

**Conclusion.** CUSA with a bipolar sealer is superior to CUSA with standard BC for various hepatectomy in terms of less blood loss and faster speed of transection, with no increase in morbidity. (Surgery 2013;154:1046-52.)

Department of Surgery, Hirakata Hospital, Kansai Medical University, Hirakata, Osaka, Japan

SEVERAL DIFFERENT OPERATIVE DEVICES for hepatic transection and coagulation have been proposed with the aim to minimize intraoperative blood loss, which is associated with an increased rate of postoperative morbidity and mortality, as well as with decreased long-term survival.<sup>1,2</sup> Most blood loss occurs during parenchymal transection.<sup>3</sup> Several techniques have been developed for safe and careful parenchymal dissection. The popular devices facilitating bloodless transection include standard bipolar cautery (BC; B. Braun Aesculap

Japan, Bunkyo-ku, Tokyo),<sup>4</sup> the Cavitron Ultrasonic Surgical Aspirator (CUSA; Tyco Healthcare, Mansfield, MA), which uses ultrasonic energy,<sup>5</sup> and the radiofrequency (RF) coagulator (Tissue-Link; TissueLink Medical, Inc, Dover, NH), which uses RF energy.<sup>6</sup> In several previous studies, researchers investigated the role of these different operative devices in hepatic transection compared with the traditional clamp-crushing technique or CUSA.<sup>7-9</sup>

Indeed, hepatic transection by the clamp-crushing technique or CUSA is safe and simple and can be performed with different coagulators. The bipolar sealer used in the current study is a relatively new device that delivers RF energy coupled with saline solution irrigation for hemostatic sealing at lower temperatures ( $<100^{\circ}\text{C}$ ) than conventional electrocautery devices. This device functions to shrink the collagen in the walls of the tissue vessels without causing charring or burning, in contrast to standard electrocautery.<sup>10</sup> Several clinical applications of this bipolar sealer have

This RCT study was registered with the UMIN Clinical Trials Registry (UMIN-CTR) on April 1, 2011 (Registration number UMIN000005325).

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Reprint requests: Masaki Kaibori, MD, Department of Surgery, Hirakata Hospital, Kansai Medical University, 2-3-1 Shinmachi, Hirakata, Osaka 573-1191, Japan. E-mail: kaibori@hirakata.kmu.ac.jp.

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been reported in the literature, including its use in orthopedic oncology procedures,<sup>11</sup> total hip,<sup>10</sup> and total knee arthroplasty,<sup>12,13</sup> spinal procedures,<sup>14</sup> and pulmonary resection.<sup>15</sup>

The bipolar seems less efficient in sealing the vascular structures encountered during dissection, and it may produce necrosis on the cut surface, which may be a source of morbidity. In contrast, BC seems to be one of the most widely used procedures and a more economic coagulation device in liver procedures. The aim of this prospective randomized study was to compare the use of CUSA with a bipolar sealer versus CUSA with BC in patients undergoing hepatic resection.

## METHODS

**Patients.** All patients scheduled for liver resection at Hirakata Hospital of Kansai Medical University (Osaka, Japan) between August 2010 and January 2012 were screened for this study. The inclusion criteria were elective hepatectomy, age of >18 and <80 years, adequate cardiopulmonary and renal function, and ability to provide written informed consent. Patients with portal vein tumor thrombus or previous portal vein embolization and those in whom portal vein resection was anticipated were excluded. Patients with ruptured hepatocellular carcinoma (HCC), those undergoing repeat hepatectomy, and those in whom concomitant bowel or bile duct resection was anticipated also were excluded.

Before the operation, each patient underwent conventional liver function tests and measurement of the indocyanine green retention rate at 15 minutes. Hepatitis screening was performed by measurement of hepatitis B surface antigen and hepatitis C antibody. The levels of  $\alpha$ -fetoprotein and protein induced by vitamin K absence or antagonist-II were also measured. Preoperative radiologic assessment always included computed tomography or magnetic resonance imaging of the chest, abdomen, and pelvis.

**Operative techniques.** Operations were classified according to the Brisbane terminology proposed by Strasberg et al.<sup>16</sup> Anatomic resection was defined as resection of the tumor together with the related portal vein branches and the corresponding hepatic territory. Anatomic resection procedures were classified as hemihepatectomy (right hemihepatectomy was defined as resection of Couinaud subsegments<sup>17</sup> V–VIII, and left hemihepatectomy was defined as resection of subsegments II–IV), extended hemihepatectomy (hemihpatectomy plus removal of additional contiguous segments), sectionectomy (resection

of 2 Couinaud subsegments), or segmentectomy (resection of one Couinaud subsegment).

All nonanatomic procedures performed for both peripheral and central tumors were classified as limited resection. Peripheral tumors and tumors with extrahepatic growth were treated by partial hepatectomy because in using this method we were able to achieve a resection margin wider than 1 cm. Conversely, central tumors located near the hepatic hilum or major vessels were treated by enucleation because it was too difficult or dangerous to remove enough of the liver to obtain an adequate margin. A Pringle's maneuver usually was not performed during hepatic resection. In cases of blood loss of >500 mL during transection, we performed Pringle's maneuver with an ischemic time of 15 minutes and reflow time of 5 minutes.

The transection was performed with the CUSA, and the vessel coagulation was performed by the bipolar sealer (Aquamantys 2.3 Bipolar Sealer; Salient Surgical Technologies, Portsmouth, NH; Fig 1) or BC (Fig 2) according to the randomization process, to which the surgeon was not blinded. This device delivers RF energy to bleeding tissues via the use of a conductive saline fluid that increases the affected surface area during hemostasis and maintains a relatively cool surface temperature of approximately 100°C.<sup>10</sup> The thermal effect of the RF energy shrinks type I and III collagen fibers in the walls of arteries and veins, which serves as the mechanism to minimize perioperative bleeding.<sup>10</sup>

The surgeon maintained full control of saline flow by an electronic switch. Vessels thicker than 2 mm were ligated with thin (3/4–0) sutures in both groups. A closed-suction silicon drain was inserted into the subphrenic or subhepatic space close to the cut surface of the liver before abdominal wound closure. The drain was brought through a separate stab wound on the anterior abdominal wall and connected to a closed system with low suction pressure. The abdominal drain was removed on postoperative day 3, unless there was excessive leakage of ascites or bile. The study protocol was explained to all patients, and they understood that they would be selected randomly to undergo hepatic resection via CUSA with a bipolar sealer or with BC. All patients provided written informed consent to participate in the trial and were randomized by the envelope method. All operations were performed by the same surgeon, who had experience with more than 700 hepatic resections. The protocol for this study was approved by the institutional ethics committee.

**Outcome measures.** The primary end points were blood loss during parenchymal transection

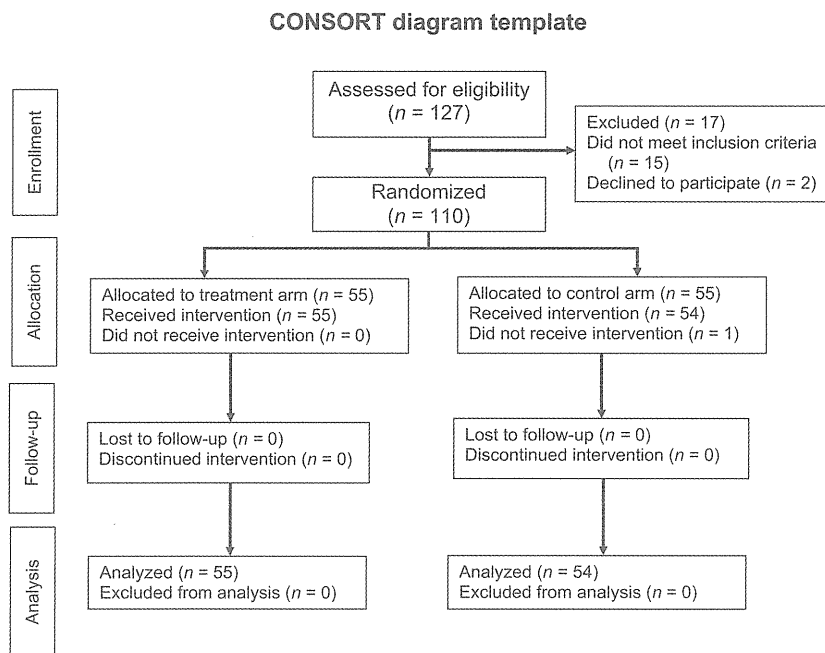


Fig 1. CONSORT diagram for this study.

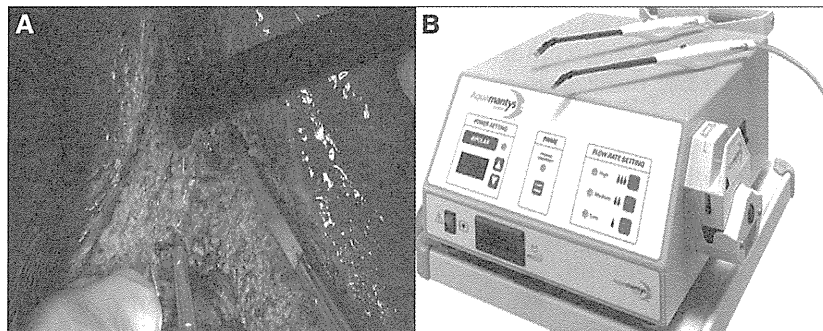


Fig 2. (A) Photograph showing transection of the liver using the CUSA and bipolar sealer. (B) Aquamantys RF bipolar sealer device.



Fig 3. Photograph showing transection of the liver using the CUSA and BC.

and speed of resection. Blood loss was carefully monitored before, during, and after liver transection. The amount of blood loss was estimated by inclusion of the suction volume after subtraction of rinsed fluids and weighing of the swabs that were used during transection. As soon as liver resection was completed, sterile paper was applied to the remaining liver surface, and the outline of the cut surface was drawn onto this paper to measure the surface area.

The secondary end point was the incidence of postoperative morbidity. Postoperative complications were defined and classified by the modified Clavien system.<sup>18</sup> To summarize, Grade I was any deviation from the normal postoperative course

**Table I.** Demographic, clinical, and pathologic characteristics of the 2 groups

	Bipolar cautery (n = 54)	Aquamantys bipolar sealer (n = 55)	P value
Age, y	71 ± 9	71 ± 10	.8700
Sex (male/female)	37/17	34/21	.4630
HBV/HCV/NBC/HBV + HCV	4/27/23/0	7/25/22/1	.5917
Diagnosis			.9176
Hepatocellular carcinoma	34 (63)	33 (60)	
Metastatic liver tumor	14 (26)	14 (25)	
Intrahepatic cholangiocarcinoma	3 (5)	5 (9)	
Benign disease	3 (5)	3 (5)	
Child-Pugh class (A/B)	46/8	46/9	.8237
ICGR15, %	11.8 ± 5.5	13.5 ± 4.8	.1192
Albumin, g/dL	3.9 ± 0.5	3.9 ± 0.4	.4226
Total bilirubin, mg/dL	0.7 ± 0.4	0.8 ± 0.3	.7391
Prothrombin time, %	93 ± 14	89 ± 13	.1936
Platelet count, ×10 <sup>4</sup> /μL	20.8 ± 10.7	19.1 ± 9.4	.5987
AST, U/L	33 ± 23	41 ± 24	.1127
ALT, U/L	30 ± 32	39 ± 29	.1471
Operative procedure			.4358
Extended hemihepatectomy	4 (7)	5 (9)	
Hemihepatectomy	9 (17)	16 (29)	
Sectionectomy	27 (50)	22 (40)	
Segmentectomy	4 (7)	4 (7)	
Limited resection	10 (19)	8 (15)	
Tumor size, cm	3.2 ± 2.1	3.9 ± 2.7	.1911
Tumor number	1.4 ± 0.8	1.4 ± 0.7	.9915
Associated liver disease			.9785
Normal	18 (33)	18 (33)	
Fibrosis or hepatitis	27 (50)	27 (49)	
Cirrhosis	9 (17)	10 (18)	

Values in parentheses are percentages. Data represent the mean ± SD or the number of patients. Continuous data are mean ± SD.

ALT, Alanine aminotransferase; AST, aspartate aminotransferase; HBV, hepatitis B virus; HCV, hepatitis C virus; ICGR15, indocyanine green retention rate at 15 min; NBC, nonhepatitis B or C virus.

that did not require special treatment, Grade II was a deviation that required pharmacologic treatment, Grade III required operative or radiologic intervention without (IIIa) or with (IIIb) general anesthesia, Grade IV was any life-threatening complication involving dysfunction of one (IVa) or multiple (IVb) major organs, and Grade V was death. Postoperative bile leakage was diagnosed by the following findings: detection of bile from the wound or the drain (total bilirubin level in the drain fluid >3 times that in the serum), intra-abdominal accumulation of bile confirmed by drainage, or demonstration of bile leakage on postoperative cholangiography.

**Statistical analysis.** In our recent experience, a mean blood loss of 990 mL with an SD of 510 mL was expected. To validate the hypothesis that the bipolar sealer could reduce blood loss by 300 mL with an  $\alpha$  error of 0.05 and a  $\beta$  error of 0.20, a required sample size of 47 patients per group was calculated. Allowing for a dropout rate of 10% after randomization, we concluded that at least

52 patients were needed in each group. Results are expressed as mean ± SD. Demographic, physiologic, and clinical data for the 2 groups were compared by the *t*-test or the Mann-Whitney *U* test for continuous variables, whereas the  $\chi^2$  test or Fisher exact test was used for categorical data.

## RESULTS

A total of 119 patients were assessed for eligibility for this study (Fig 3). Fifteen patients did not meet the inclusion criteria for the following reasons: bowel/bile duct resection,<sup>3</sup> repeat hepatectomy,<sup>6</sup> portal vein thrombus or previous portal vein embolization,<sup>3</sup> ruptured HCC,<sup>2</sup> and anticipated vascular resection.<sup>1</sup> Two patients declined to participate. Fifty-five patients were randomized to undergo treatment with the CUSA with the bipolar sealer, and 54 were randomized to undergo treatment with the CUSA with BC. Table I summarizes the baseline and operative characteristics. The 2 groups were well matched for all studied parameters that may represent risk factors for adverse outcomes.

**Table II.** Operative outcomes of the 2 groups

	<i>Bipolar cautery</i> (n = 54)	<i>Aquamantys bipolar sealer</i> (n = 55)	P value
Operation time, min	409 ± 148	382 ± 115	.3098
Total blood loss, mL	1076 ± 762	677 ± 433	.0486
Blood transfusion, ±	10/44	3/52	.0354
Resection area, cm <sup>2</sup>	71 ± 42	75 ± 52	.5501
Transection time, min	115 ± 65	81 ± 42	.0025
Blood loss during transection, mL	697 ± 837	271 ± 233	.0079
Speed of transection, cm <sup>2</sup> /min	0.52 ± 0.34	0.88 ± 0.46	<.0001
Blood loss/resection area, mL/cm <sup>2</sup>	10.6 ± 9.1	4.9 ± 5.8	.0008
Number of ties	22.8 ± 11.1	13.1 ± 7.8	<.0001
Number of ties/resection area, /cm <sup>2</sup>	0.54 ± 0.31	0.23 ± 0.15	<.0001
Number of patients who underwent Pringle's maneuver	14	11	.4619
Morbidity, ±	5/49	3/52	.4463
Bile leakage	3	0	
Intra-abdominal abscess	1	0	
Liver failure	0	0	
Pleural effusion and/or ascites	1	2	
Pneumonia	0	1	
Grade of operative complications			
I	0	0	.4105
II	0	1 (33%)	
IIIa	3 (60%)	2 (66%)	
IIIb	1 (20%)	0	
IVa	1 (20%)	0	
IVb	0	0	
V	0	0	
Postoperative hospital stay, d	17.1 ± 13.1	12.1 ± 6.5	.2492

Data represent the mean ± SD or the number of patients.

Operative outcomes for both groups are listed in Table II. There were no statistically significant differences between the 2 groups in the operation time, resection area, or number of patients who underwent Pringle's maneuver. Total blood loss, blood loss during transection, and blood loss divided by resection area were lesser in the bipolar sealer than in the BC group ( $P = .0486$ ,  $.0079$ , and  $.0008$ , respectively). The requirement for blood transfusion was lesser in the bipolar sealer group ( $P = .0354$ ). The transection time was lesser in the bipolar sealer group ( $P = .0025$ ), and the speed of transection was faster ( $P < .0001$ ). Moreover, fewer ties and ties divided by resection area were required during transection in the bipolar sealer than in the BC group ( $P < .0001$ ). Postoperative morbidity and hospital stay were similar between groups, as were local recurrences at a mean follow-up of 14 months (median, 14; range, 7–24) and 13 months (median, 14; range, 7–24).

Postoperative peak values of serum aspartate aminotransferase were  $355 \pm 209$  IU/L and  $349 \pm 220$  IU/L in the BC and bipolar sealer groups, respectively, and those of serum alanine aminotransferase were  $297 \pm 206$  IU/L

and  $283 \pm 192$  IU/L in the BC and bipolar sealer groups, respectively. Peak transaminase levels occurred on the first or second postoperative day in most cases, but there was no difference between the 2 groups. Similarly, there was no difference between the 2 groups in the postoperative peak levels of total serum bilirubin ( $2.2 \pm 1.0$  mg/dL vs  $2.1 \pm 1.0$  mg/dL), lactate dehydrogenase ( $575 \pm 207$  IU/L vs  $549 \pm 262$  IU/L), C-reactive protein ( $14.2 \pm 8.4$  mg/dL vs  $11.7 \pm 6.4$  mg/dL), white blood cells ( $11,600 \pm 4,300/\text{mm}^3$  vs  $11,700 \pm 3,300/\text{mm}^3$ ), nor minimum hemoglobin level ( $10.2 \pm 1.7$  g/dL vs  $10.8 \pm 1.5$  g/dL). The minimum albumin level ( $2.5 \pm 0.4$  g/dL vs  $2.7 \pm 0.3$  g/dL), prothrombin time ( $61 \pm 14\%$  vs  $62 \pm 10\%$ ), and platelet level ( $10.6 \pm 5.0 \times 10^4/\text{mm}^3$  vs  $11.3 \pm 8.5 \times 10^4/\text{mm}^3$ ) were also similar between the 2 groups. The cost of the BC and bipolar sealer devices was 650 and 310 USD. Although repeated use of BC is possible, the bipolar sealer is disposable.

## DISCUSSION

Excessive intraoperative blood loss and the possible requirement for blood transfusion are



major problems in hepatic resection for HCC or colorectal liver metastases.<sup>19-21</sup> Reduction of blood loss is one of the goals in liver operations, and several technical developments have been introduced for this purpose, including the Pringle maneuver<sup>22</sup> and selective vascular occlusion,<sup>23</sup> among other techniques. Regarding operative devices, CUSA has contributed to safe hepatectomy by making it easy to identify the vessels during parenchymal transection,<sup>4</sup> but it has no function in tissue sealing, and meticulous ligation is required to avoid bleeding or bile leakage from the cut surface of the liver. Thus, establishment of rapid hemostasis is critical. The current findings suggest that treatment with a bipolar sealer can decrease effectively total blood loss, intraoperative blood loss during hepatic parenchymal dissection, and the need for transfusion. These results corroborate and extend those of previous studies reporting the successful use of this technology during adolescent idiopathic scoliosis, primary total hip arthroplasty, or orthopedic joint reconstruction.<sup>10,12-14,24,25</sup>

The bipolar sealer reportedly seals blood vessels in soft tissue and cut bone while keeping the surface temperature at <100°C.<sup>10</sup> This device works by coupling RF energy from a standard electro-surgical generator with saline irrigation to conduct thermal energy. The thermal effect shrinks the collagen in the walls of veins and arteries, effectively stopping bleeding and oozing from the vessels without producing smoke or charring or burning tissue. The saline coupling of the bipolar sealer technology provides an advantage over conventional electrocautery for sealing cancellous tissue. This coupling provides a direct conduit between the electrodes and the embedded vessels, resulting in a rapid energy transfer. Furthermore, the depth of necrosis is minimal (<0.3 mm at 6 weeks and none at 12 weeks), allowing native blood vessels to assist with bone healing.<sup>10</sup> Collagen types I and III are known to shrink when heated and are abundant in the walls of blood vessels; the dry weight of veins and arteries is 58% and 28% collagen, respectively.<sup>26</sup> Connective tissue rich in type I collagen, such as that found in bone and articular cartilage, can shrink to about 60% its original size when heated to at least 60°C.<sup>27,28</sup> Hemostasis via vessel shrinking occurs without the tissue desiccation, smoking, and charring of conventional electrocautery.

In previous studies authors reported that the use of the RF coagulator TissueLink is associated with deep tissue coagulation and considerable liver necrosis in both human<sup>29</sup> and animal<sup>30</sup> studies.

However, the present study demonstrated that the degree of liver injury was similar in the 2 groups.

Bile leakage is a particular concern in liver transection and can prolong the patient's hospital stay. Lupo et al<sup>31</sup> reported an increased incidence of biliary fistula after using RF, but all bile leakage occurred in the BC group. The bipolar sealer, with its sealing effect, also seemed effective in preventing bile leakage from the cut surface of the liver. The bipolar sealer is easy to handle and can seal tissues broadly, including relatively large vessels and bile ducts. According to our study, the bipolar sealer seemed to prevent bile leakage without ligation in ducts up to 4 mm in size.

In conclusion, the introduction of a bipolar sealer with CUSA resulted in decreases in excessive blood loss overall and increased speed in transection time with no increase in morbidity compared with standard bipolar cautery with CUSA during hepatectomy.

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RESEARCH ARTICLE

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# Assessment of preoperative exercise capacity in hepatocellular carcinoma patients with chronic liver injury undergoing hepatectomy

Masaki Kaibori<sup>1,5\*</sup>, Morihiko Ishizaki<sup>1</sup>, Kosuke Matsui<sup>1</sup>, Richi Nakatake<sup>1</sup>, Tatsuma Sakaguchi<sup>1</sup>, Daiki Habu<sup>2</sup>, Sawako Yoshiuchi<sup>3</sup>, Yutaka Kimura<sup>4</sup> and A Hon Kon<sup>1</sup>

## Abstract

**Background:** Cardiopulmonary exercise testing measures oxygen uptake at increasing levels of work and predicts cardiopulmonary performance under conditions of stress, such as after abdominal surgery. Dynamic assessment of preoperative exercise capacity may be a useful predictor of postoperative prognosis. This study examined the relationship between preoperative exercise capacity and event-free survival in hepatocellular carcinoma (HCC) patients with chronic liver injury who underwent hepatectomy.

**Methods:** Sixty-one HCC patients underwent preoperative cardiopulmonary exercise testing to determine their anaerobic threshold (AT). The AT was defined as the break point between carbon dioxide production and oxygen consumption per unit of time ( $\text{VO}_2$ ). Postoperative events including recurrence of HCC, death, liver failure, and complications of cirrhosis were recorded. Univariate and multivariate analyses were performed to evaluate associations between 35 clinical factors and outcomes, and identify independent prognostic indicators of event-free survival and maintenance of Child-Pugh class.

**Results:** Multivariate analyses identified preoperative branched-chain amino acid/tyrosine ratio (BTR)  $<5$ , alanine aminotransferase level  $\geq 42$  IU/l, and AT  $\text{VO}_2 < 11.5$  ml/min/kg as independent prognostic indicators of event-free survival. AT  $\text{VO}_2 < 11.5$  ml/min/kg and BTR  $< 5$  were identified as independent prognostic indicators of maintenance of Child-Pugh class.

**Conclusions:** This study identified preoperative exercise capacity as an independent prognostic indicator of event-free survival and maintenance of Child-Pugh class in HCC patients with chronic liver injury undergoing hepatectomy.

**Keywords:** Liver cancer, Chronic liver injury, Hepatectomy, Exercise capacity, BCAA/tyrosine ratio

## Background

Major surgery has been shown to increase oxygen demand by about 40%, which may place severe stress on cardiopulmonary reserve [1]. Patients with high cardiopulmonary risk have traditionally been assessed using tests such as transthoracic echocardiography, dobutamine stress echocardiography, radionuclide ventriculography, and spirometry. However, these assessments have not been validated as preoperative screening tests, and provided mostly static

measurements of cardiopulmonary performance [2-4]. Walking distance or ability to climb stairs have been used as subjective measurements of exercise tolerance, and have been shown to predict perioperative complications [5,6]. However, these measurements lack objectivity and do not detect silent cardiopulmonary abnormalities. Dynamic assessment of preoperative exercise capacity may be a useful predictor of short- and long-term postoperative prognosis. Cardiopulmonary exercise (CPX) testing measures oxygen uptake at increasing levels of work and predicts cardiopulmonary performance under conditions of stress, such as after surgery. In elderly patients undergoing major abdominal surgical procedures, the majority of deaths from cardiopulmonary complications

\* Correspondence: kaibori@hirakata.kmu.ac.jp

<sup>1</sup>Department of Surgery, Hirakata Hospital, Kansai Medical University, 573-191 Hirakata, Osaka, Japan

<sup>5</sup>Masaki Kaibori, Department of Surgery, Hirakata Hospital, Kansai Medical University, 2-3-1 Shinmachi, 573-1191 Hirakata, Osaka, Japan  
Full list of author information is available at the end of the article

occur in patients with an anaerobic threshold (AT) of <11 ml/min/kg [7,8].

Hepatocellular carcinoma (HCC) is the fifth most common cancer worldwide [9]. Maintenance of good perioperative nutrition and metabolism may improve the prognosis of patients with HCC undergoing hepatectomy [10,11]. To date, few studies have examined the usefulness of preoperative CPX testing in patients undergoing hepatectomy. In the present study, we aimed to clarify whether preoperative exercise capacity was related to event-free survival in HCC patients with chronic liver injury undergoing hepatectomy.

## Methods

### Patients

HCC patients with chronic hepatitis or cirrhosis who were scheduled for liver resection at Hirakata Hospital of Kansai Medical University (Osaka, Japan) between December 2008 and April 2010 were screened for inclusion in this study. A total of 66 HCC patients underwent curative resection (defined as macroscopic removal of all tumor). There was no in-patient mortality. Sixty-one of the 66 patients were analyzed in this study, and the other 5 were excluded because they were followed up at other hospitals. All patients gave written informed consent for participation in this study. The study protocol was approved by the institutional ethics committee.

### Cardiopulmonary exercise testing

Patients underwent preoperative CPX testing using a bicycle ergometer with an incremental protocol (5.0, 7.5, and 10 W/min). Twelve-lead electrocardiography was used to monitor heart rate, ST segment deviation, and arrhythmias, at rest and continuously during the exercise and recovery periods. Blood pressure was recorded at rest and every 2 min during the exercise and recovery periods. Peak oxygen consumption per unit of time ( $\text{VO}_2$ ) was obtained from breath-by-breath analysis of expired air. Peak  $\text{VO}_2$  was defined as the highest mean value during exercise when the subject could no longer continue pedaling at 60 rpm. The AT, indicating the onset of metabolic acidosis, was defined as the break point between carbon dioxide production and  $\text{VO}_2$  [12], or the point at which the ventilatory equivalent for oxygen and end-tidal oxygen partial pressure curves reached their respective nadirs before beginning to increase again [13]. Thus, AT was set at the time of maximum fat combustion [14]. The respiratory compensation point was set at the point at which the ventilatory equivalent for carbon dioxide was lowest before a systemic increase, and when the end-tidal carbon dioxide partial pressure reached a maximum and began to decrease [15]. Exercise was stopped when the patient requested it because of fatigue, pain, or headache, or if there was failure to maintain a

speed greater than 40 rpm for more than 30 seconds despite encouragement.

### Clinical variables and surgery

Before surgery, each patient underwent conventional liver function testing and measurement of the indocyanine green retention rate at 15 min (ICGR15). Hepatitis virus infection screening was performed by testing for hepatitis B surface antigen (HBsAg) and hepatitis C virus antibody (HCVAb). Alpha-fetoprotein (AFP) and protein induced by vitamin K absence/antagonism-II (PIVKA-II) levels were measured in all patients. We used two methods to determine body composition: dual-energy X-ray absorptiometry (DEXA) [16] and bioelectrical impedance analysis (BIA) [17]. Total body mass, mineral-free lean mass (non-bone fat-free mass), fat mass, and truncal fat were measured by whole body DEXA. BIA was performed using the whole body 8-electrode approach with a 5-500 kHz multifrequency impedance analyzer (InBody720, BIOSPACE Co., Ltd, Tokyo, Japan). Intracellular body water (ICW), extracellular water (ECW), total body water (TBW), body cell mass, and ECW ratio (ECW/TBW) were measured.

Surgical procedures were classified according to the Brisbane terminology proposed by Strasberg et al. [18]. Anatomic resection was defined as resection of the tumor together with the related portal vein branches and corresponding hepatic territory, and was classified as hemihepatectomy (resection of half of the liver), extended hemihepatectomy (right trisectionectomy, or similar procedures on the left or for smaller resections), sectionectomy (resection of two Couinaud sub-segments [19]), or segmentectomy (resection of one Couinaud sub-segment). All other procedures were classified as non-anatomical resection, which was frequently performed for peripheral or central tumors. Peripheral tumors and those with extrahepatic growth were treated by partial hepatectomy because this procedure achieved a sufficient surgical margin. Central tumors located near the hepatic hilum or major vessels were treated by enucleation only, because it was too difficult and/or dangerous to remove enough liver tissue to obtain adequate margins. One consultant pathologist reviewed all specimens for histologic confirmation of the diagnosis. The width of the surgical margin was measured as the distance from the tumor edge to the resection line.

### Follow-up

Peri- and postoperative complications and deaths were recorded to determine morbidity and mortality following hepatectomy. Postoperative complications were defined and classified according to the modified Clavien system [20]. Briefly, Grade I was any deviation from the normal postoperative course that did not require special treatment,

Grade II required pharmacological treatment, Grade III required surgical or radiological intervention without (IIIa) or with (IIIb) general anesthesia, Grade IV was any life-threatening complication involving dysfunction of one (IVa) or multiple (IVb) major organs, and Grade V was death. Postoperative liver-related events recorded included recurrence of HCC, HCC-related death, postoperative liver failure, and complications of cirrhosis requiring hospitalization (hepatic encephalopathy, uncontrollable pleural effusion or ascites, and rupture of esophageal or gastric varices). The Child-Pugh class of every patient was determined preoperatively and every 6 months postoperatively.

All surviving patients were followed up at least every 3 months after discharge. Follow-up included physical examination, liver function testing, chest radiographs to check for pulmonary metastases, and ultrasonography, computed tomography, or magnetic resonance imaging to check for intrahepatic recurrence. Chest computed tomography was performed if the chest radiograph showed any abnormalities. Bone metastases were diagnosed by bone scintigraphy.

When recurrence of HCC was detected by changes in tumor markers or on imaging, recurrence limited to the remnant liver was treated by transarterial chemoembolization, lipiodolization, re-resection, or percutaneous local ablative therapy such as radiofrequency ablation. When extrahepatic metastases were detected, active treatment was undertaken in patients with good hepatic functional reserve (Child-Pugh class A or B) and good performance status (0 or 1), while other patients were only given radiation therapy to relieve symptoms of bone metastases. Surgical resection was undertaken in patients with a solitary extrahepatic metastasis and no intrahepatic recurrence.

#### Prognostic factors

We performed univariate and multivariate analyses of 35 clinical factors to identify independent variables related to postoperative event-free survival and postoperative maintenance of Child-Pugh class. The patient factors investigated were gender, age, body mass index, alcohol abuse, HBsAg, HCVAb, non-hepatitis B or C virus infection, diabetes mellitus, white blood count, lymphocyte count, insulin, homeostasis model assessment of insulin resistance, and liver function (including albumin, total bilirubin, aspartate aminotransferase [AST], alanine aminotransferase [ALT], prothrombin time, cholinesterase, platelet count, alkaline phosphatase, ICGR15, total cholesterol, low density lipoprotein cholesterol, transferrin, transthyretin, retinol-binding protein [RBP], transthyretin [TTR], branched chain amino acid [BCAA]/tyrosine ratio [BTR], and Child-Pugh class). The tumor factors investigated were

AFP and PIVKA-II. The exercise parameters investigated were AT,  $VO_2$ , and peak  $VO_2$ . The body composition parameters investigated using DEXA were body mass, fat mass, fat-free mass, and whole-body mineral density. The body composition parameters investigated using BIA were ICW, ECW, TBW, protein, mineral, body fat mass, and body cell mass.

All the variables that were identified as significantly associated with event-free survival or maintenance of Child-Pugh class by univariate analyses were then examined using the Cox proportional hazards model to identify variables that were independently associated with event-free survival or maintenance of Child-Pugh class.

#### Statistical analysis

Continuous variables are presented as mean  $\pm$  standard deviation (SD). The significance of differences between groups was assessed using the chi-square test or Mann-Whitney *U*-test, as appropriate. The Kaplan-Meier method was used to calculate rates of event-free survival and maintenance of Child-Pugh class as of February 2012, and the significance of differences in survival rates was estimated using the generalized log-rank test. The Cox proportional hazards regression model (stepwise method) was used for multivariate analyses. In all analyses,  $p < 0.05$  was considered statistically significant.

#### Results

This study included 61 patients (45 male, 16 female; mean  $\pm$  SD age =  $70 \pm 9$  years). Table 1 shows the perioperative characteristics of HCC patients. Postoperative complications were observed in five patients: Grade II complications in three patients (ascites and/or pleural effusion) and Grade IIIa complications in two patients (intra-abdominal abscess). We followed these 61 patients until February 2012, with a median follow-up time of 24 months (range 12-36 months). We analyzed the prognostic factors associated with event-free survival and maintenance of Child-Pugh class. Postoperative events were defined as death due to recurrence of HCC, recurrence of HCC, intractable pleural effusion or ascites, gastrointestinal bleeding, or hepatic encephalopathy. Of the 61 patients, seven died from recurrence of HCC, 22 developed recurrence of HCC, two developed intractable pleural effusion or ascites, two developed gastrointestinal bleeding, and two developed hepatic encephalopathy.

Child-Pugh class changed from class A preoperatively to class B postoperatively in nine patients, from class A to class C in one patient, and from class B to class C in one patient.

**Table 1 Perioperative characteristics of HCC patients**

Age (years)	70 ± 9
Gender (male/female)	45/16
HBV/HCV/NBC	12/32/15
Child-Pugh class (A/B)	56/5
Diabetes mellitus (+/-)	8/53
WBC count (/μl)	5,000 ± 1,319
Lymphocyte count (/μl)	1,484 ± 580
ICGR15 (%)	16.1 ± 7.8
Albumin (g/dl)	3.8 ± 0.4
Total bilirubin (mg/dl)	0.81 ± 0.21
Cholinesterase (U/l)	232 ± 64
Triglyceride (mg/dl)	85 ± 43
Prothrombin time (%)	92 ± 12
Platelet count (x10 <sup>4</sup> /μl)	15 ± 8
AST (U/l)	43 ± 27
ALT (U/l)	42 ± 28
RBP (mg/dl)	3.3 ± 1.4
TTR (mg/dl)	16 ± 6
BTR	5.09 ± 1.46
AFP (ng/ml)	994 ± 5,028
PIVKA-II (mAU/ml)	1,283 ± 2,209
Esophageal and/or gastric varices (+/-)	15/46
Surgical procedure (limited/anatomic)	35/26
Operation time (min)	329 ± 130
Operative blood loss (ml)	1,011 ± 1,351
Blood transfusion (+/-)	9/52
Tumor size (cm)	4.42 ± 4.09
Associated liver disease (normal/fibrosis or hepatitis/cirrhosis)	9/30/22
Morbidity (+/-)	5/56

Data represent the mean ± standard deviation or the number of patients. *HBV* hepatitis B virus, *HCV* hepatitis C virus, *NBC* non-hepatitis B or C virus, *WBC* white blood cell, *ICGR15* indocyanine green retention rate at 15 min; *ALT* alanine aminotransferase, *RBP* retinol binding protein, *TTR* transthyretin, *BTR* branched chain amino acid/tyrosine ratio, *AFP* α-fetoprotein, *PIVKA-II* protein induced by vitamin K absence/antagonism-II.

#### Factors associated with event-free survival and maintenance of child-pugh class

The preoperative factors significantly associated with event-free survival on univariate analyses were pre-operative ALT, albumin, RBP, BTR, platelet count, AT VO<sub>2</sub>, peak VO<sub>2</sub>, ICW, body cell mass, and total body protein (Table 2). The preoperative factors associated with maintenance of Child-Pugh class on univariate analyses were albumin, BTR, triglyceride, and AT VO<sub>2</sub>. Multivariate analyses (Cox proportional hazards model) of the factors associated with event-free survival on univariate analyses identified preoperative

**Table 2 Results of univariate analyses of potential prognostic factors for event-free survival in HCC patients**

Variable	No. of patients	1-year survival rate (%)	3-year survival rate (%)	p value
Etiology				
HBV	13	91.7	52.1	0.1144
HCV	33	78.1	29.0	
NBC	15	86.7	54.2	
AST (IU/l)				
≤43	30	83.3	45.6	0.1961
>43	31	82.8	28.3	
ALT (IU/l)				
≤42	30	93.1	53.3	0.01
>42	31	73.3	22.2	
Albumin (g/dl)				
≥3.8	34	87.9	51.0	0.0226
<3.8	27	76.9	11.5	
RBP (mg/dl)				
≥3.3	32	86.7	46.9	0.0210
<3.3	29	77.8	77.8	
BTR				
≥5.0	33	87.5	53.0	0.0238
<5.0	28	77.8	16.2	
Platelet count (10 <sup>4</sup> /μl)				
≥15	32	85.7	52.1	0.0355
<15	29	80.6	20.9	
AT VO <sub>2</sub> (ml/min/kg)				
≥11.5	32	90.3	42.3	0.0266
<11.5	29	75.0	33.4	
Peak VO <sub>2</sub> (ml/min/kg)				
≥16.5	32	87.1	50.3	0.0331
<16.5	29	78.6	10.8	
Intracellular body water (l/BW kg)				
≥0.33	32	90.3	35.8	0.0129
<0.33	29	75.0	30.3	
Body cell mass (kg/BW kg)				
≥0.47	32	90.3	34.0	0.0359
<0.47	29	75.0	33.3	
Total body protein (kg/BW kg)				
≥0.14	35	85.3	36.3	0.1071
<0.14	26	78.3	32.2	

*HBV* hepatitis B virus, *HCV* hepatitis C virus, *NBC* non-hepatitis B or C virus, *AST* aspartate aminotransferase, *ALT* alanine aminotransferase, *RBP* retinol binding protein, *BTR* branched chain amino acid/tyrosine ratio, *AT* anaerobic threshold, *VO<sub>2</sub>* oxygen consumption, *BW* body weight.

BTR <5, ALT ≥42 IU/l, and AT VO<sub>2</sub> <11.5 ml/min/kg as independent prognostic indicators of event-free survival (Table 3). Multivariate analyses (Cox proportional

**Table 3 Results of multivariate analyses of potential prognostic factors for event-free survival in patients with HCC**

Variable	Coefficient	SE	Relative risk	p value
BTR (≥5 vs. <5)	1.240	0.415	3.454	0.0028
ALT (≥42 vs. <42 IU/l)	1.045	0.418	2.841	0.0124
AT VO <sub>2</sub> (≥11.5 vs. <11.5 ml/min/kg)	1.004	0.412	2.730	0.0148

SE standard error, BTR branched chain amino acid/tyrosine ratio, ALT alanine aminotransferase, AT anaerobic threshold, VO<sub>2</sub> oxygen consumption.

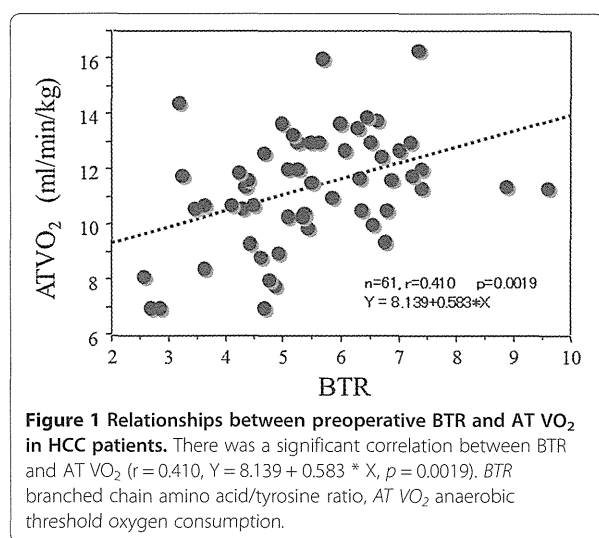
hazards model) of factors associated with maintenance of Child-Pugh class on univariate analyses identified preoperative AT VO<sub>2</sub> <11.5 ml/min/kg and BTR <5 as independent prognostic indicators of maintenance of Child-Pugh class.

Figure 1 shows that there was a significant correlation between BTR and AT VO<sub>2</sub> in HCC patients ( $r = 0.410$ ,  $Y = 8.139 + 0.583 * X$ ,  $p = 0.0019$ ).

#### Outcomes

There was a significant difference in the event-free survival rate between patients with preoperative BTR ≥5.0 and <5.0 ( $p = 0.0238$ ) (Figure 2A). There was also a significant difference in the rate of maintenance of Child-Pugh class between patients with preoperative BTR ≥5.0 and <5.0 ( $p = 0.0494$ ) (Figure 2B).

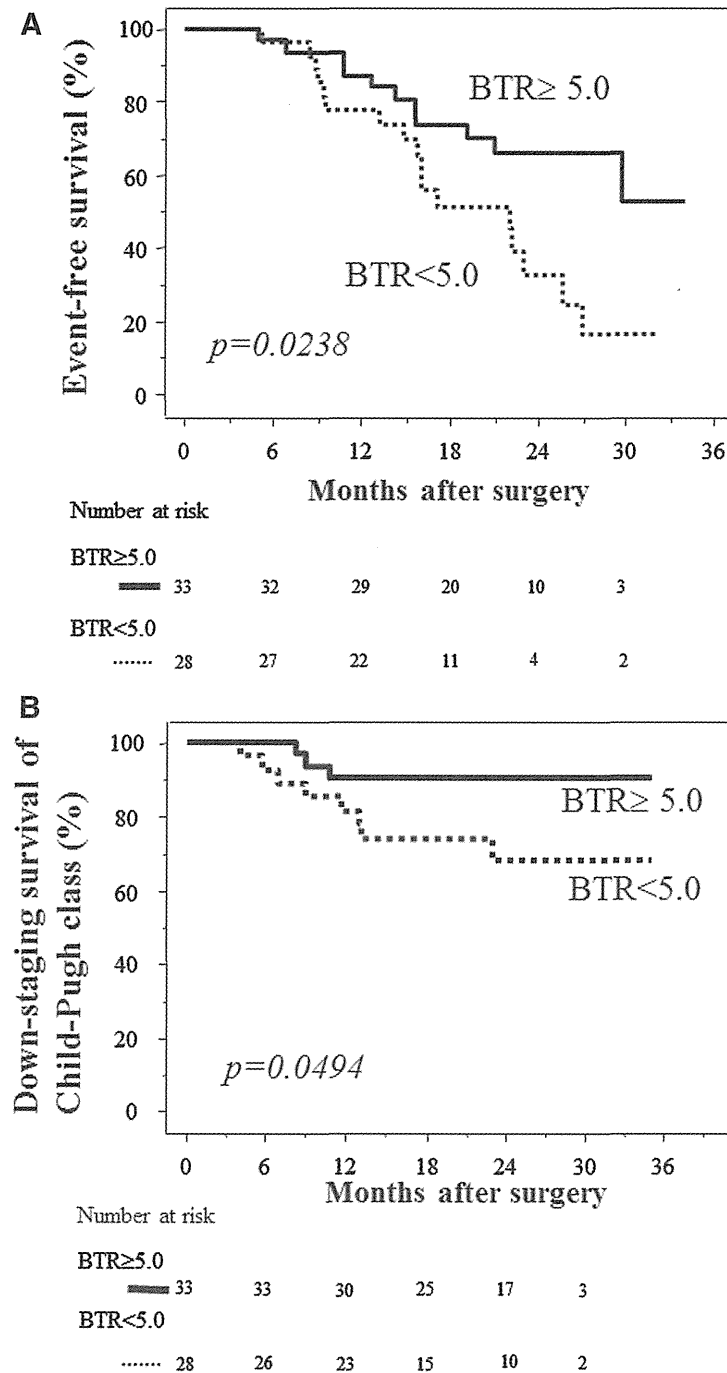
There was a significant difference in the event-free survival rate between patients with AT VO<sub>2</sub> ≥11.5 and <11.5 ml/min/kg ( $p = 0.0266$ ) (Figure 3A). There was also a significant difference in the rate of maintenance of Child-Pugh class between patients with AT VO<sub>2</sub> ≥11.5 and <11.5 ml/min/kg ( $p = 0.0464$ ) (Figure 3B).



#### Discussion and conclusions

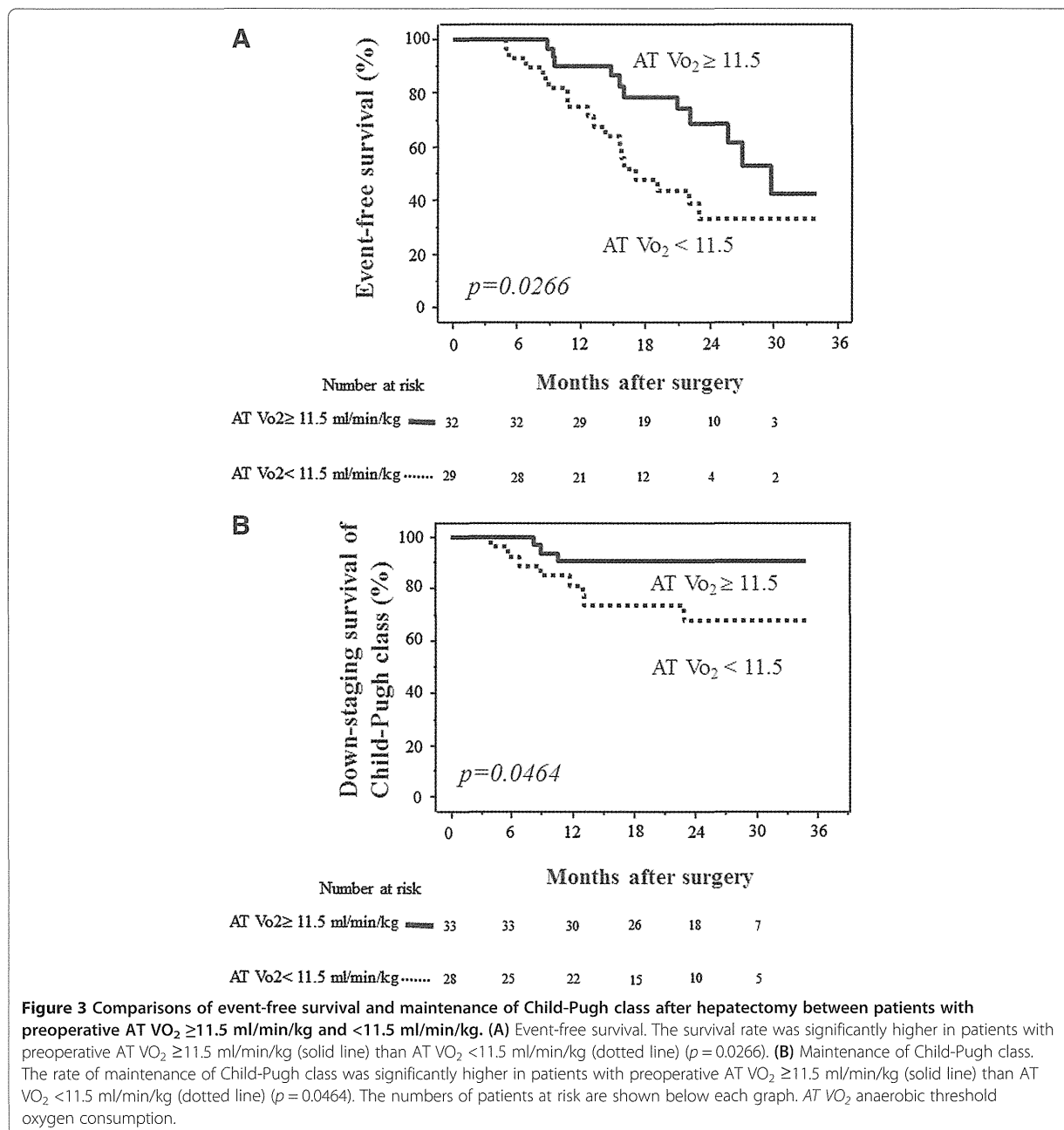
We examined the relationships among preoperative CPX parameters, postoperative events including recurrence of HCC, and change in Child-Pugh class in 61 patients undergoing hepatectomy. The variables derived from CPX testing included peak VO<sub>2</sub>, which is the maximum oxygen uptake at peak exercise. Previous studies indicated that peak VO<sub>2</sub> was the most useful predictor of postoperative cardiopulmonary complications in patients undergoing radical esophagectomy with three-field lymphadenectomy [21] and patients undergoing surgical procedures for lung cancer [22-26]. The AT is defined as the point during exercise at which oxygen demand outstrips oxygen delivery and metabolism starts to become anaerobic. AT is a measure of the ability of the cardiopulmonary system to deliver adequate oxygen to tissues, and has the advantage of being independent of patient motivation. Reaching AT does not require high levels of physical stress and occurs well before peak VO<sub>2</sub> [27]. The usefulness of measuring AT has been assessed predominantly in elderly patients undergoing major surgical procedures, allowing the development of an operative risk grading and treatment protocol [7,8]. An AT cut-off of 11 ml/min/kg, which is internationally recognized, is currently used to select patients for enhanced recovery programs after colorectal surgery. However, AT has not been found to be useful in the assessment of cardiopulmonary fitness of patients undergoing esophagectomy only [21].

This study identified AT VO<sub>2</sub> <11.5 ml/min/kg as an independent prognostic indicator of both event-free survival and maintenance of Child-Pugh class, indicating that CPX testing can be used to prospectively evaluate the cardiopulmonary function of HCC patients with chronic liver injury undergoing hepatectomy. It is possible that CPX testing can be used to predict postoperative recurrence of HCC or liver dysfunction. It has recently been reported that hepatic impairment, particularly cirrhosis, leads to secondary insulin resistance and hyperinsulinemia, resulting in the promotion of carcinogenesis. Management of insulin resistance is therefore critical in patients with chronic liver disease, to protect liver function and prevent hepatocarcinogenesis. Alterations in glucose metabolism also affect fat metabolism (production of lipid peroxide and reactive oxygen species) [28,29], which in turn may damage hepatocytes [30], leading to possible development of HCC [31]. It is difficult to manage insulin resistance associated with chronic liver disease, because restriction of caloric intake conflicts with the need to overcome malnutrition arising from hepatocellular damage. However, a reduction in body weight with exercise has been reported to be advantageous in obese patients with chronic liver disease [32]. The results of these studies and of our



**Figure 2 Comparisons of event-free survival and maintenance of Child-Pugh class after hepatectomy between patients with preoperative BTR  $\geq 5.0$  and  $< 5.0$ .** (A) Event-free survival. The survival rate was significantly higher in patients with preoperative BTR  $\geq 5.0$  (solid line) than BTR  $< 5.0$  (dotted line) ( $p = 0.0238$ ). (B) Maintenance of Child-Pugh class. The rate of maintenance of Child-Pugh class was significantly higher in patients with preoperative BTR  $\geq 5.0$  (solid line) than BTR  $< 5.0$  (dotted line) ( $p = 0.0494$ ). The numbers of patients at risk are shown below each graph. BTR branched chain amino acid/tyrosine ratio.





study indicate that hepatectomy for HCC patients with cirrhosis can be safely performed in patients with AT  $VO_2 \geq 11.5$  ml/min/kg.

When liver function is impaired, metabolism of amino acids is also impaired. Consumption of BCAAs in skeletal muscle is increased to compensate for the lack of energy production by the liver [33], and aromatic amino acids (AAAs) are abundant. The balance of BCAAs and AAAs is known as the Fischer ratio [34]. The tyrosine level alone can be used instead of the AAA level to

determine BTR [33]. BTR decreases in patients with liver dysfunction, such as chronic hepatitis or cirrhosis [35-37]. BTR can therefore be used as a marker of liver function in patients with liver disease [33,35-37]. BTR also has a high degree of correlation with other markers of liver function [36,37]. In the present study, we found that BTR was an independent prognostic indicator of recurrence of HCC or progressive liver dysfunction. Prolonged BCAA supplementation can therefore improve the prognosis of HCC patients who have undergone

hepatectomy. It is important to pay attention to the preoperative BTR when planning perioperative care. We found a significant correlation between BTR and AT VO<sub>2</sub> in HCC patients.

In conclusion, preoperative exercise capacity and BTR were identified as independent prognostic indicators of event-free survival and maintenance of Child-Pugh class in HCC patients with chronic liver injury undergoing hepatectomy. These results suggest that pre- and postoperative intervention with exercise therapy and BCAA supplementation may be beneficial in patients with chronic liver injury.

#### Competing interests

The authors declare that they have no competing interests.

#### Authors' contributions

MK conducted the data analysis and drafted the manuscript. DH, YK and AHK conceived of the study, participated in its design, and helped draft the manuscript. MI, RN and TS participated in the study design and contributed to the data collection. KM participated in the study design and advised the analysis. SY contributed to study data collection. All authors contributed to the interpretation of the findings, and read and approved the final manuscript.

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#### Synopsis for table of contents

In patients with hepatocellular carcinoma and hepatic dysfunction who underwent liver resection, preoperative exercise capacity and branched-chain amino acid/tyrosine ratio were identified as independent prognostic indicators of event-free survival and maintenance of Child-Pugh class. Improvement of preoperative exercise capacity may influence the short- and long-term postoperative prognosis in patients with chronic liver injury. Pre- and postoperative exercise therapy and branched-chain amino acid supplementation may be beneficial in these patients. The study protocol was approved by the institutional ethics committee of Kansai Medical University (reference number: KMU H101036 and O80916).

#### Author details

<sup>1</sup>Department of Surgery, Hirakata Hospital, Kansai Medical University, 573-191 Hirakata, Osaka, Japan. <sup>2</sup>Department of Nutritional Medicine, Graduate School of Human Life Science, Osaka City University, 545-8585 Osaka, Japan. <sup>3</sup>Department of Nutrition Management, Hirakata Hospital, Kansai Medical University, 573-191 Hirakata, Osaka, Japan. <sup>4</sup>Health Science Center, Hirakata Hospital, Kansai Medical University, 573-191 Hirakata, Osaka, Japan. <sup>5</sup>Masaki Kaibori, Department of Surgery, Hirakata Hospital, Kansai Medical University, 2-3-1 Shinmachi, 573-1191 Hirakata, Osaka, Japan.

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# Novel Liver Visualization and Surgical Simulation System

Masaki Kaibori · Yen-Wei CHEN · Kosuke Matsui · Morihiko Ishizaki ·  
Takumi Tsuda · Richi Nakatake · Tatzuma Sakaguchi ·  
Hideyuki Matsushima · Kosuke Miyawaki · Tsukasa Shindo ·  
Tomoko Tateyama · A-Hon Kwon

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## Abstract

**Background** Successful liver surgery requires an understanding of the patient's particular liver characteristics, including shape and vessel distribution. In clinical medicine, there is a high demand for surgical assistance systems to assess individual patients. Our aims in this study were to segment the liver based on computed tomography volume data and to develop surgical plans for individual patients.

**Methods** The hepatic vessels were semi-automatically extracted from the segmented liver images, and the 3D shape of the liver and extracted vessel distribution were visualized using a surgical simulation system.

**Results** The 3D visualization of the liver allowed easy recognition of vessel and tumor location and selection of these structures with the 3D pointing device. The surgeon's prior knowledge and clinical experience were integrated into the visualization system to create a practical virtual surgery, leading to improved functionality and accuracy of information recognition in the surgical simulation system.

**Conclusions** The 3D visualization demonstrated details of individual liver structure, resulting in better understanding and practical surgical simulation.

**Keywords** 3D visualization · Liver · Hepatectomy ·  
Surgical simulation

## Introduction

The complex distribution of vessels in the human liver and the significant individual variations in liver size and shape can complicate liver surgery. To ensure safe and appropriate surgery, it is essential to understand the liver structure and

vessel distribution unique to the individual during preoperative surgical planning. With the recent development of medical imaging equipment, imaging data can be obtained with a resolution of 0.5 mm, providing detailed information about internal organ structure and any possible abnormalities. Imaging data play an important role in the examination of abnormal regions, in the early diagnosis of disease, and in surgical planning.

Using high-resolution medical images, we studied 3D visualizations of human organs and surgery planning systems.<sup>1–4</sup> The MeVis Company in Germany has developed a visualization system that semi-automatically extracts the liver and hepatic vessels from computed tomography (CT) volume data.<sup>5</sup> However, a more practical surgery simulation system that can adapt to different surgical scenarios is necessary for efficient presurgical planning and for use in the training of doctors and medical students. Our aims were to simulate practical liver surgical procedures using a 3D display and to construct a surgical planning assistance system for surgeons, interns, and medical students. The system we

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M. Kaibori (✉) · K. Matsui · M. Ishizaki · T. Tsuda ·  
R. Nakatake · T. Sakaguchi · H. Matsushima · A.-H. Kwon  
Department of Surgery, Hirakata Hospital, Kansai Medical  
University, 2-3-1 Shinmachi, Hirakata, Osaka 573-1191, Japan  
e-mail: kaibori@hirakata.kmu.ac.jp

Y.-W. CHEN · K. Miyawaki · T. Shindo · T. Tateyama  
Intelligent Image Processing Lab, College of Information Science  
and Engineering, Ritsumeikan University, Kusatsu,  
Shiga 525-8577, Japan