after liver biopsy and were stored at $-80°C$ until analysis. The concentrations of the following variables were obtained by analyzing the serum samples: aspartate aminotransferase (AST), alanine aminotransferase (ALT), gamma-glutamyltransferase (GGT), total bilirubin, albumin, cholinesterase, total cholesterol, platelet count (platelets), prothrombin time, haptoglobin, hyaluronic acid (HA), α2-macroglobulin (α2-MG), tissue inhibitors of metalloproteinases 1 (TIMP1). The aspartate aminotransferase-to-platelet ratio index (APRI), Fib-4 index, Forns index, and Zeng's score were calculated according to published formulae appropriate to each measure.[2,7,21,22]

Rapid Lectin-Antibody Sandwich Immunoassay Using HISCL. Fibrosis-specific glyco-alteration of AGP was qualified from simultaneous measurements of the lectin-antibody sandwich immunoassays using three lectins (DSA, MAL, and AOL). In principle, the glycan part of the AGP was captured by the lectin immobilized on the magnetic beads, and the captured AGP was then quantified by an antihuman AGP mouse monoclonal antibody probe that was cross-linked to an alkaline phosphatase (ALP-αAGP). The assay manipulation was fully automated using a chemiluminescence enzyme immunoassay machine (HISCL-2000i; Sysmex, Kobe, Japan). We used the following criterion formula, named the "LecT-Hepa Test," to enhance the diagnostic accuracy by combining two glyco-parameters (AOL/DSA and MAL/DSA) as described before: $F = $ Log$_{10}$[AOL/DSA]*8.6-[MAL/DSA].[15]

Statistical Analyses. Quantitative variables were expressed as the mean $\pm$ standard deviation (SD) unless otherwise specified. Categorical variables were compared using a chi-squared test or Fisher's exact test, as appropriate, and continuous variables were compared using the Mann-Whitney U test. $P < 0.05$ was considered statistically significant. A multivariate forward stepwise logistic regression analysis was performed to determine the independent predictors of the absence or presence of significant fibrosis, severe fibrosis, and cirrhosis, respectively. Pearson's correlation coefficient was used as necessary. To assess the classification efficiencies of various markers for detecting significant fibrosis, severe fibrosis, and cirrhosis,[23] and to determine area under the curve (AUC) values, receiver-operating characteristic (ROC) curve analysis was also carried out. Diagnostic accuracy was expressed as the diagnostic specificity (specificity), diagnostic sensitivity (sensitivity), positive predictive values (PPV), negative predictive values (NPV), positive likelihood ratio (LR [+]), negative likelihood ratio (LR [−]), and

Table 1. Baseline Characteristics of the 183 Patients with Chronic Hepatitis C at the Time of Liver Biopsy

Features	Total (n = 183)
Age (years)	57.6 ± 11.4
Male sex	75 (41.0)
AST (IU/L)	57.4 ± 43.9
ALT (IU/L)	62.8 ± 56.8
GGT (IU/L)	51.1 ± 62.6
Bilirubin (mg/dL)	0.7 ± 0.4
Albumin (g/L)	4.1 ± 0.4
Cholinesterase (IU/L)	283.5 ± 97.0
Cholesterol (mg/dL)	174.1 ± 35.5
Platelets (10^9/L)	163 ± 57
Prothrombin time (%)	87.2 ± 33.4
α2-MG (g/L)	356.8 ± 133.1
HA (μg/L)	205.3 ± 428.0
TIMP1 (pg/ml)	210.6 ± 87.7
AOL/DSA	6.3 ± 12.3
MAL/DSA	9.0 ± 3.1
Fibrosis stage (%):	
F0-1	89 (48.6)
F2	46 (25.1)
F3	22 (12.0)
F4	26 (14.2)

AUC (95% confidence interval [95% CI]). We performed statistical analyses using STATA v. 11.0 (StataCorp, College Station, TX).

Results

Baseline Characteristics of the 183 Patients with Chronic Hepatitis C at the Time of Liver Biopsy. Patient characteristics at the time of liver biopsy are shown in Table 1. The mean age of the 183 patients was 57.6 $\pm$ 11.4 years, and 75 (41%) of them were men. F0-F1 was diagnosed in 89 cases (48.6%), F2 in 46 (25.1%), F3 in 22 (12.0%), and F4 (cirrhosis) in 26 (14.2%).

Comparison of Variables Associated with the Presence of Significant Fibrosis by Univariate and Multivariate Analysis. Variables associated with the presence of significant fibrosis were assessed by univariate and multivariate analysis (Table 2). The variables of age ($P = 0.001$), AST ($P < 0.0001$), ALT ($P < 0.0001$), GGT ($P < 0.0001$), bilirubin ($P = 0.014$), α2-MG ($P = 0.002$), HA ($P < 0.0001$), TIMP1 ($P < 0.0001$), and AOL/DSA ($P < 0.0001$) were significantly higher in the significant fibrosis group than in the not significant fibrosis group. The variables albumin ($P < 0.001$), cholinesterase ($P < 0.0001$), cholesterol ($P = 0.005$), platelets ($P < 0.0001$), prothrombin time ($P = 0.0001$), and MAL/DSA ($P < 0.0001$) were significantly lower in the significant fibrosis group than in the not significant fibrosis group. Multivariate analysis showed that platelets (odds ratio [OR]: 0.87,

Table 2. Variables Associated with the Presence of Significant Fibrosis (F2-4) and Severe Fibrosis (F3-4) by Univariate and Multivariate Analysis

Features	No Significant Fibrosis (n = 89)	Significant Fibrosis (n = 94)	P Value (Univariate)	Odds Ratio (95% CI) (Multivariate)	No Severe Fibrosis (n = 135)	Severe Fibrosis (n = 48)	P Value	Odds Ratio (95% CI) (Multivariate)
Age (years)	54.7 ± 11.8	60.5 ± 10.4	0.001		55.8 ± 11.9	62.9 ± 7.8	0.001	1.15 (1.02-1.31)
Male sex (%)	30 (33.7)	45 (47.9)	0.051		52 (38.5)	23 (47.9)	0.255	
AST (IU/L)	45.7 ± 41.6	68.3 ± 43.5	<0.0001		49.7 ± 40.1	79.1 ± 47.4	<0.0001	
ALT (IU/L)	51.0 ± 56.6	74.0 ± 54.9	<0.0001		55.9 ± 54.9	82.5 ± 57.9	<0.0001	
GGT (IU/L)	40.6 ± 61.7	62.1 ± 63.1	<0.0001		45.5 ± 67.1	65.8 ± 46.7	<0.0001	
Bilirubin (mg/dL)	0.6 ± 0.3	0.7 ± 0.4	0.014		0.6 ± 0.3	0.8 ± 0.4	0.005	
Albumin (g/L)	4.2 ± 0.3	4.0 ± 0.5	<0.001		4.2 ± 0.3	3.8 ± 0.5	<0.0001	
Cholinesterase (IU/L)	329.2 ± 76.0	247.2 ± 96.9	<0.0001		312.4 ± 84.4	217 ± 91.9	<0.0001	
Cholesterol (mg/dL)	181.0 ± 31.5	167.5 ± 36.2	0.005		178.1 ± 34.1	162.4 ± 33.5	0.016	
Platelets (10^9/L)	186 ± 53	142 ± 52	<0.0001	0.87 (0.77-0.99)	180 ± 52	119 ± 46	<0.0001	0.74 (0.58-0.94)
Prothrombin time (%)	94.7 ± 33.4	80.1 ± 32.1	0.0001		89.5 ± 36.2	80.8 ± 23.2	<0.001	
α2-MG (g/L)	326 ± 117.7	389.2 ± 141.1	0.002		331.1 ± 122.5	423.9 ± 137.5	<0.0001	
HA (μg/L)	85.6 ± 154.3	318.7 ± 556.1	<0.0001	1.01 (1.01-1.02)	115.4 ± 201.1	458.2 ± 711.0	<0.0001	
TIMP1 (pg/ml)	183.5 ± 53.3	238.6 ± 106.1	<0.0001		189.7 ± 64.5	263.9 ± 113.8	<0.0001	
AOL/DSA	1.4 ± 1.2	10.9 ± 15.9	<0.0001	1.51 (1.07-2.15)	2.0 ± 2.6	18.3 ± 19.3	<0.0001	
MAL/DSA	10.6 ± 1.7	7.5 ± 3.4	<0.0001		10.2 ± 2.0	5.6 ± 3.4	<0.0001	0.52 (0.37-0.76)

95% CI: 0.77-0.99), HA (OR: 1.01, 95% CI: 1.01-1.02), and AOL/DSA (OR: 1.51, 95% CI: 1.07-2.15) were independently associated with the presence of significant fibrosis.

Comparison of Variables Associated with the Presence of Severe Fibrosis by Univariate and Multivariate Analysis. Variables associated with the presence of severe fibrosis were assessed by univariate and multivariate analysis (Table 2). The variables of age (P = 0.001), AST (P < 0.0001), ALT (P < 0.0001), GGT (P < 0.0001), bilirubin (P = 0.005), α2-MG (P <

0.0001), HA (P < 0.0001), TIMP1 (P < 0.0001), and AOL/DSA (P < 0.0001) were significantly higher in the severe fibrosis group than in the no severe fibrosis group. The variables albumin (P < 0.0001), cholinesterase (P < 0.0001), cholesterol (P = 0.016), platelets (P < 0.0001), prothrombin time (P < 0.001), and MAL/DSA (P < 0.0001) were significantly lower in the severe fibrosis group than in the no severe fibrosis group. Multivariate analysis showed that age (OR: 1.15, 95% CI: 1.02-1.31), platelets (OR: 0.74, 95% CI: 0.58-0.94), and MAL/DSA (OR: 0.52, 95% CI:

Table 3. Variables Associated with the Presence of Cirrhosis (F4) by Univariate and Multivariate Analysis

Features	No Cirrhosis (n=157)	Cirrhosis (n = 26)	P Value	Odds Ratio (95% CI) (Multivariate)
Age (years)	56.6 ± 11.7	63.8 ± 7.3	0.0016	
Male sex (%)	60 (38.2)	15 (57.7)	0.061	
AST (IU/L)	54.6 ± 41.7	74.9 ± 53.7	0.016	
ALT (IU/L)	62.1 ± 58.1	67.2 ± 48.2	0.446	
GGT (IU/L)	48.5 ± 63.9	64.9 ± 53.8	0.0031	
Bilirubin (mg/dL)	0.6 ± 0.3	1.0 ± 0.5	<0.0001	
Albumin (g/L)	4.2 ± 0.4	3.6 ± 0.5	<0.0001	
Cholinesterase (IU/L)	305.3 ± 83.9	181.7 ± 90.1	<0.0001	
Cholesterol (mg/dL)	178.4 ± 33.3	146.9 ± 29.8	<0.0001	
Platelets (10^9/L)	172 ± 54	106 ± 36	<0.0001	0.76 (0.58-0.99)
Prothrombin time (%)	88.7 ± 35.5	79.2 ± 16.1	0.0004	
α2-MG (g/L)	346.2 ± 131.6	416.9 ± 127.8	0.019	
HA (μg/L)	137.1 ± 215.7	617.4 ± 915.1	<0.0001	
TIMP1 (pg/ml)	196.4 ± 70.4	287.3 ± 126.6	<0.0001	
AOL/DSA	3.4 ± 7.1	24.0 ± 20.4	<0.0001	
MAL/DSA	9.8 ± 2.4	4.2 ± 2.8	<0.0001	0.67 (0.49-0.90)

0.37-0.76) were independently associated with the presence of severe fibrosis.

Comparison of Variables Associated with the Presence of Cirrhosis by Univariate and Multivariate Analysis. Variables associated with the presence of cirrhosis were assessed by univariate and multivariate analysis (Table 3). Age ($P = 0.0016$), AST ($P = 0.016$), GGT ($P = 0.0031$), bilirubin ($P < 0.0001$), α2-MG ($P = 0.019$), HA ($P < 0.0001$), TIMP1 ($P < 0.0001$), and AOL/DSA ($P < 0.0001$) were significantly higher in the cirrhosis group than in the no cirrhosis group. Albumin ($P < 0.0001$), cholinesterase ($P < 0.0001$), cholesterol ($P < 0.0001$), platelets ($P < 0.0001$), prothrombin time ($P = 0.0004$), and MAL/DSA ($P < 0.0001$) were significantly lower in the cirrhosis group than in the no cirrhosis group. Multivariate analysis showed that platelets (OR: 0.76, 95% CI: 0.58-0.99) and MAL/DSA (OR: 0.67, 95% CI: 0.49-0.90) were independently associated with the presence of cirrhosis.

Evaluation of the Two Glyco-Parameters AOL/ DSA and MAL/DSA for Estimating the Progression of Liver Fibrosis. To assess the correlation of the two obtained glyco-parameters with the progression of fibrosis, we analyzed the data of triple lectins from HISCL measurements on the 183 CHC patients. The boxplots of AOL/DSA and MAL/DSA in relation to the fibrosis staging are shown in Fig. 1A,B, respectively. The AOL/DSA values gradually increased with the progression of fibrosis and Pearson's correlation efficient was R = 0.61. On the other hand, the MAL/ DSA values gradually decreased with the progression of fibrosis and Pearson's correlation efficient was R = −0.69. Both parameters fitted the quantification of the progression of fibrosis from F2 to F4.

LecT-Hepa, Combined with Two Glyco-Parameters, Was Evaluated in the Diagnosis of Significant Fibrosis, Severe Fibrosis, and Cirrhosis. LecT-Hepa was calculated using two glyco-parameters (AOL/DSA and MAL/DSA). The boxplots of LecT-Hepa in relation to the fibrosis staging are shown in Fig. 2. The LecT-Hepa values gradually increased with the progression of fibrosis. Pearson's correlation coefficient between LecT-Hepa and liver fibrosis was very high (R = 0.72), and was superior to those for AOL/DSA (R = 0.61) and MAL/DSA (R = −0.69). We next examined AUC to characterize the diagnostic accuracy of LecT-Hepa at each stage of fibrosis, i.e., significant fibrosis (F2/F3/F4), severe fibrosis (F3/F4), and cirrhosis (F4). For the prediction of significant fibrosis, AUC (95% CI), sensitivity, specificity, PPV, NPV, LR (+), and LR (−) of the test were 0.802 (0.738-0.865), 59.6%, 89.9%, 85.7%, 66.7%, 5.89, and 0.45,
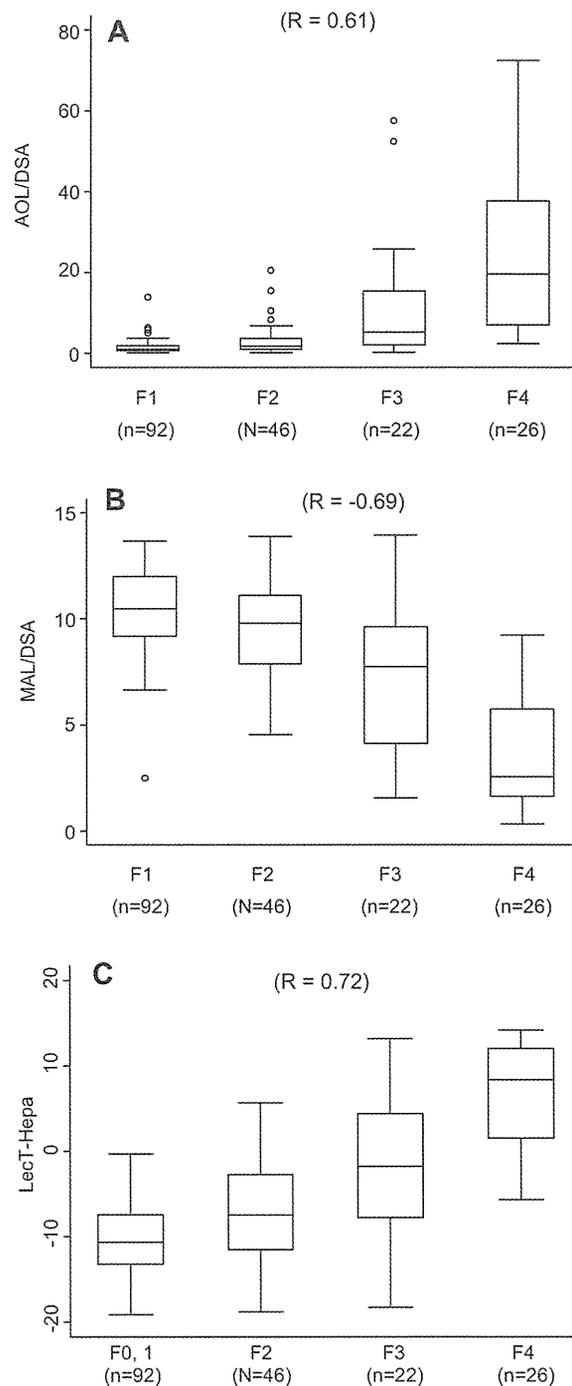

Fig. 1. Boxplot of (A) AOL/DSA, (B) MAL/DSA, and (C) LecT-Hepa in relation to the fibrosis score. The box represents the interquartile range. The whiskers indicate the highest and lowest values, and the dots represent outliers. The line across the box indicates the median value. Correlation of AOL/DSA, MAL/DSA, and LecT-Hepa was measured by HISCL with the progression of liver fibrosis. R: Pearson's correlation coefficient.
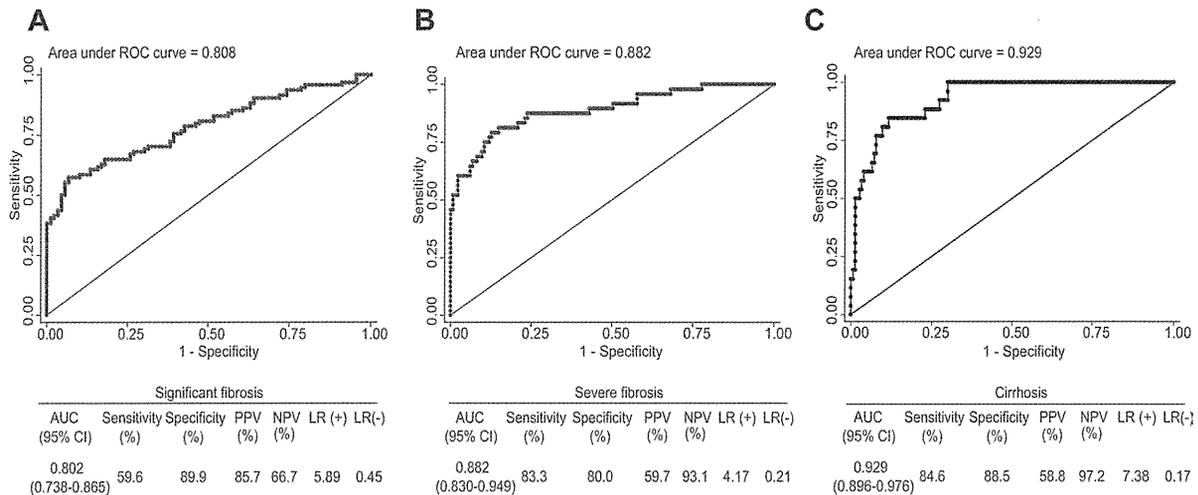
A

Area under ROC curve = 0.808

B

Area under ROC curve = 0.882

C

Area under ROC curve = 0.929

	AUC (95% CI)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	LR (+)	LR(-)
Significant fibrosis	0.802 (0.738-0.865)	59.6	89.9	85.7	66.7	5.89	0.45

	AUC (95% CI)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	LR (+)	LR(-)
Severe fibrosis	0.882 (0.830-0.949)	83.3	80.0	59.7	93.1	4.17	0.21

	AUC (95% CI)	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	LR (+)	LR(-)
Cirrhosis	0.929 (0.896-0.976)	84.6	88.5	58.8	97.2	7.38	0.17

Fig. 2. ROC curves of LecT-Hepa to distinguish between significant fibrosis and no significant fibrosis in patients with chronic hepatitis C (A); severe fibrosis and no severe fibrosis (B); cirrhosis and no cirrhosis (C). AUC: area under the receiver operating characteristic curve; PPV: positive predictive values; NPV: negative predictive values; LR (+): positive likelihood ratio; LR (−): negative likelihood ratio.

respectively (Fig. 3A). For the prediction of severe fibrosis, AUC (95% CI), sensitivity, specificity, PPV, NPV, LR (+), and LR (−) were 0.882, 83.3%, 80.0%, 59.7%, 93.1%, 4.17, and 0.21, respectively (Fig. 3B). For the prediction of cirrhosis, AUC (95% CI), sensitivity, specificity, PPV, NPV, LR (+), and LR (−) were 0.929 (0.896-0.976), 84.6%, 88.5%, 58.8%, 97.2%, 7.38, and 0.17, respectively (Fig. 3C).

Comparison of AUC, Sensitivity, Specificity, PPV, and NPV for Predicting the Diagnosis of Significant Fibrosis, Severe Fibrosis, and Cirrhosis. ROC curves of LecT-Hepa, HA, TIMP1, platelets, APRI, Forns index, Fib-4 index, and Zeng's score for predicting significant fibrosis, severe fibrosis, and cirrhosis were plotted, as shown in Fig. 3A-C. The AUC of LecT-Hepa for predicting significant fibrosis (0.802) was superior to HA (0.756), TIMP1 (0.697), platelets (0.729), APRI (0.777), Fib-4 index (0.747), Forns index (0.783), and Zeng's score (0.791). For predicting severe fibrosis, AUC of LecT-Hepa (0.882) was superior to HA (0.839), TIMP1 (0.753), platelet count (0.821), APRI (0.840), Fib-4 index (0.811), Forns index (0.861), and Zeng's score (0.863). For predicting cirrhosis, AUC of LecT-Hepa (0.929) was superior to HA (0.866), TIMP1 (0.783), platelets (0.851), APRI (0.787), Fib-4 index (0.856), Forns index (0.887), and Zeng's score (0.853). Sensitivity, specificity, PPV, and NPV by eight noninvasive tests and markers are shown in Table 4. In general, indicators of LecT-Hepa were superior to other noninvasive tests and markers. Specificity and PPV used to distinguish significant fibrosis in LecT-Hepa were superior to those in other tests and markers, although sensitivity and NPV by LecT-Hepa (59.6% and 66.7%, respectively) to distinguish significant fibrosis were inferior to those in other tests and markers. When distinguishing severe fibrosis, the categories of sensitivity (83.3%), specificity (80.0%), PPV (59.7%), and NPV (93.1%) for LecT-Hepa were superior to those in other tests and markers, except for specificity (82.2%) and PPV (61.0%) in HA. When distinguishing cirrhosis, the categories of sensitivity (84.6%), specificity (88.5%), PPV (58.8%), and NPV (97.2%) in LecT-Hepa were superior to those in other tests and markers, except for sensitivity by HA (88.5%), Forns index (84.6%), and Zeng's score (92.3%) and NPV by Zeng's score (98.3%).

Discussion

Our results showed that the LecT-Hepa test, calculated by combining two glyco-parameters (AOL/DSA and MAL/DSA), had higher sensitivity and specificity for diagnosing severe fibrosis and cirrhosis compared to other noninvasive tests and markers for these conditions. The new glyco-marker we have developed is based on the glyco-alteration on the AGP, which is mainly synthesized in the liver. AGP has been considered one of the best candidates for glyco-markers in liver fibrosis or HCC. This is because it is a well-characterized glycoprotein with five highly branched, complex-type N-glycans, whose alteration (e.g., desialylation, increased branching, and increased fucosylation) occurs during the progression of liver fibrosis and carcinogenesis.[24] It has already been reported that an
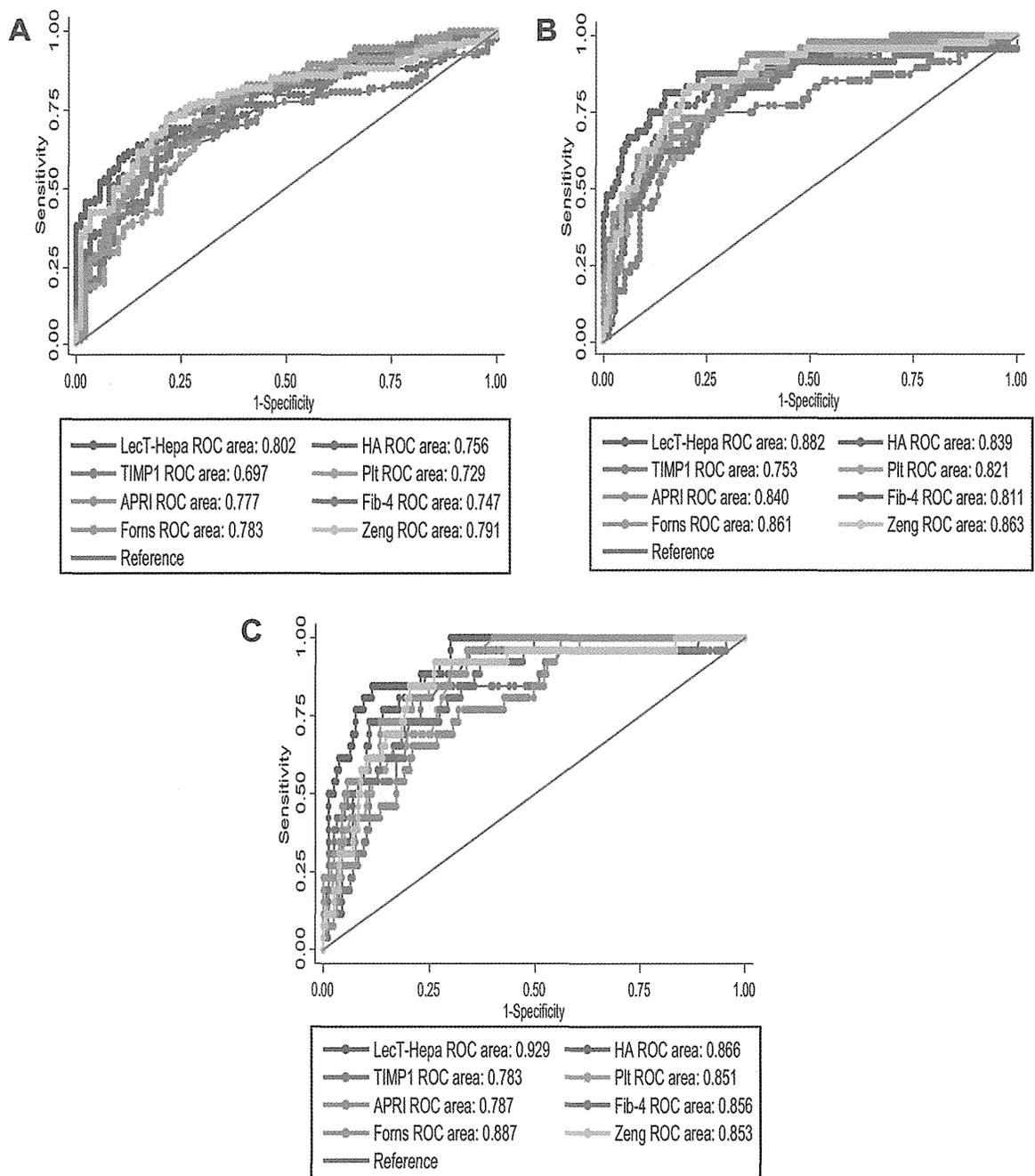
A

Sensitivity (y-axis), 1-Specificity (x-axis)

- LecT-Hepa ROC area: 0.802
- TIMP1 ROC area: 0.697
- APRI ROC area: 0.777
- Forns ROC area: 0.783
- Reference
- HA ROC area: 0.756
- Plt ROC area: 0.729
- Fib-4 ROC area: 0.747
- Zeng ROC area: 0.791

B

Sensitivity (y-axis), 1-Specificity (x-axis)

- LecT-Hepa ROC area: 0.882
- TIMP1 ROC area: 0.753
- APRI ROC area: 0.840
- Forns ROC area: 0.861
- Reference
- HA ROC area: 0.839
- Plt ROC area: 0.821
- Fib-4 ROC area: 0.811
- Zeng ROC area: 0.863

C

Sensitivity (y-axis), 1-Specificity (x-axis)

- LecT-Hepa ROC area: 0.929
- TIMP1 ROC area: 0.783
- APRI ROC area: 0.787
- Forns ROC area: 0.887
- Reference
- HA ROC area: 0.866
- Plt ROC area: 0.851
- Fib-4 ROC area: 0.856
- Zeng ROC area: 0.853

Fig. 3. Comparison of ROC curves in the performance of LecT-Hepa, HA, TIMP1, Plt, APRI, Fib-4 Index, Forns index, Zeng's score for the diagnosis of significant fibrosis (A), severe fibrosis (B), and cirrhosis (C). ROC: receiver operating characteristic curve; TIMP1: tissue inhibitors of metalloproteinases 1; Plt: platelet count; HA: hyaluronic acid.

increased degree of fucosylation was detected in cirrhosis patients using a fucose-binding lectin (AAL)-antibody sandwich ELISA and an automated analyzer.[24] The detection of asialo-AGP using lactosamine-recognition lectin RCA120 has also been reported as an alternative method for finding cirrhosis.[25] Meanwhile,

we detected many other aspects of glyco-alteration of AGP using a multiplex sandwich immunoassay with a 43-lectin microarray,[26] resulting in the selection of three lectins—MAL, AOL, and DSA—to serve, collectively, as a fibrosis indicator and a signal normalizer.[14] Since two glyco-parameters (AOL/DSA and MAL/

Table 4. Diagnostic Performance of Biochemical Markers and Scores by Stage of Fibrosis

	No Significant Fibrosis (F0-1) vs. Significant Fibrosis (F2-4)					No Severe Fibrosis (F0-2) vs. Severe Fibrosis (F3-4)					No Cirrhosis (F0-3) vs. Cirrhosis (F4)				
	AUC (95% CI)	Se (%)	Sp (%)	PPV (%)	NPV (%)	AUC (95% CI)	Se (%)	Sp (%)	PPV (%)	NPV (%)	AUC (95% CI)	Se (%)	Sp (%)	PPV (%)	NPV (%)
LecT-Hepa	0.802 (0.738-0.865)	59.6	89.9	85.7	66.7	0.882 (0.830-0.949)	83.3	80	59.7	93.1	0.929 (0.896-0.976)	84.6	88.5	58.8	97.2
HA	0.756 (0.684-0.827)	68.1	78.7	77.8	69.6	0.839 (0.771-0.908)	77.1	82.2	61	90.3	0.866 (0.790-0.942)	88.5	75.8	37.3	96.8
TIMP1	0.697 (0.619-0.774)	65.9	71.9	70.4	60.7	0.753 (0.665-0.841)	75	76.3	53	88.9	0.783 (0.710-0.887)	80.8	74.5	27.8	94.6
Platelets	0.729 (0.656-0.803)	78.7	61.9	68.5	73.5	0.821 (0.751-0.891)	81.3	70.4	49.4	91.3	0.851 (0.785-0.918)	84.6	70.7	32.3	95.8
APRI	0.777 (0.709-0.844)	71.3	71.9	72.2	68.8	0.840 (0.780-0.900)	81.3	72.6	50.6	91.5	0.787 (0.703-0.871)	76.9	68.2	27.9	93.9
Fib-4	0.747 (0.671-0.818)	65.9	76.4	74.7	68	0.811 (0.733-0.889)	77.1	73.3	50	89.2	0.856 (0.788-0.924)	73.1	80.9	37.5	94.1
Forns	0.783 (0.716-0.852)	73.4	77.5	77.5	73.4	0.861 (0.802-0.920)	81.3	71.1	50	91.4	0.887 (0.831-0.943)	84.6	75.2	36.1	96.7
Zeng	0.791 (0.723-0.858)	82.9	70.7	75	79.7	0.863 (0.799-0.925)	81.3	79.8	59.5	92.8	0.853 (0.783-0.933)	92.3	73.9	36.9	98.3

AUC, area under the ROC curve; CI, confidence interval; Se, sensitivity; Sp, specificity; PPV, positive predictive values; NPV, negative predictive values.

DSA) on AGP are normalized by an internal standard lectin (DSA), LecT-Hepa is not influenced by the amount of AGP. We confirmed that the use of this lectin set was statistically superior to the previously selected lectins (AAL and RCA120).

This triplex-sandwich immunoassay employing DSA/MAL/AOL lectins and an anti-AGP antibody from the lectin microarray has already been converted to a fully automated immunoassay analyzer (HISCL-2000i) for clinical use.[15] Pretreatment requires 3 hours, and quantifying the two glyco-parameters for the LecT-Hepa to use this automated analyzer takes 17 minutes. Currently, we can obtain data from LecT-Hepa to predict liver fibrosis on the same day of blood sample collection. This simple and reliable glyco-marker may be suitable for clinical use, and may substitute for liver biopsy in some cases.

We are confident that our study samples are representative of most patients. The AUC scores for distinguishing significant fibrosis, severe fibrosis, and cirrhosis by APRI, HA, Fib-4 index, Forns index, and Zeng's score were not significantly different from those in previous studies.[11,27,28] Every serum sample in this study was obtained from a patient immediately before or no more than 2 months after liver biopsy. As many serum samples as possible were collected from each liver center to eliminate a selection bias in any center. Since we could not perform liver biopsy on the patients who had a tendency to develop hemorrhages, fewer samples of severe fibrosis and cirrhosis were collected than those of milder fibrosis. In fact, the population of fibrosis staging in this study was similar to that of a previous, large prospective study evaluating noninvasive fibrosis markers.[29] In addition, we did not include patients with obvious decompensated cirrhosis. This is because inclusion of patients with severe liver disease would have artificially improved the predictive values of the logistic function. On the other hand, we included many patients with mild histological features (48.6% with F0-1). Sampling variation poses potential difficulties, especially in the early stages of disease, when fibrosis might be unevenly distributed.

There are several advantages in using reliable noninvasive markers for assessing liver fibrosis. First, they can be used to accurately determine the appropriate time for initiating IFN treatment in CHC patients. These markers can also help monitor and assess the therapeutic efficacy of IFN treatment in improving liver function in cases of liver fibrosis and cirrhosis. Finally, these markers will be essential in the development of new, antifibrotic treatments. Recently, many directed or targeted therapies against liver fibrosis,

such as anti-transforming growth factor beta and anti-tumor necrosis factor alpha compounds have been developed.[30,31] To evaluate these new drugs, reliable and simple noninvasive fibrosis markers are needed. LecT-Hepa appears to be one of the most prominent candidates to serve as a marker for developing antifibrotic drugs.

In conclusion, both glyco-parameters (AOL/DSA and MAL/DSA) using lectins in a bedside, clinical chemical analyzer succeeded in the quantification of the progression of liver fibrosis. Using LecT-Hepa, the combination score of both AOL/DSA and MAL/DSA is a reliable method for determining fibrosis staging and can be a good substitute for liver biopsy.

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Original Article

Combination of hepatitis B viral antigens and DNA for prediction of relapse after discontinuation of nucleos(t)ide analogs in patients with chronic hepatitis B

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Aim: The factors associated with hepatitis recurrence after discontinuation of nucleos(t)ide analogs (NAs) in patients with chronic hepatitis B were analyzed to predict the risk of relapse more accurately.

Methods: A total of 126 patients who discontinued NA therapy were recruited retrospectively. The clinical conditions of a successful discontinuation were set as alanine aminotransferase (ALT) below 30 IU/L and serum hepatitis B virus (HBV) DNA below 4.0 log copies/mL.

Results: Relapse of hepatitis B were judged to occur when maximal serum ALT became higher than 79 IU/L or when maximal serum HBV DNA surpassed 5.7 log copies/mL following NA discontinuation since these values corresponded with mean values of ALT (30 IU/L) and HBV DNA (4.0 log copies/mL), respectively. At least 90% of patients with either detectable hepatitis B e antigen or serum HBV DNA higher than 3.0 log

copies/mL at the time of NA discontinuation relapsed within one year. In the remaining patients, higher levels of both hepatitis B surface and core-related antigens at the time of discontinuation, as well as a shorter course of NA treatment, were significantly associated with relapse by multivariate analysis.

Conclusions: It appears that negative results for hepatitis B e antigen and serum HBV DNA lower than 3.0 log copies/mL are essential for successful NA discontinuation, which may be attained by a longer treatment period. Levels of hepatitis B surface and core-related antigens are also significant factors independently associated with relapse of hepatitis.

Key words: discontinuation, hepatitis B core-related antigen, hepatitis B surface antigen, nucleos(t)ide analogs, relapse of hepatitis

INTRODUCTION

HEPATITIS B VIRUS (HBV) infection is a major health concern that has an estimated 350 to 400 million carriers worldwide. Chronic infection with HBV can cause chronic hepatitis, and may eventually develop into liver cirrhosis and hepatocellular carcinoma.[1-3] Over the last decade, major advances in the treatment of chronic hepatitis B have been made with nucleos(t)ide

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analogs (NAs) such as lamivudine (LVD), adefovir dipivoxil (ADV), and entecavir (ETV).[4] NAs are orally administered and are associated with low rates of adverse effects. Treatment with NAs shows strong suppression of HBV replication and consequently rapid improvement of elevated ALT levels. Furthermore, these drugs have been reported to lower the risk of complicating cirrhosis and hepatocellular carcinoma,[5-7] and so NAs are becoming widely used to treat patients with chronic hepatitis B. On the other hand, NAs carry the risk of developing drug-resistance;[8] drug-resistant viruses emerging during treatment may be associated with hepatitis flare-ups. Hepatitis B patients are also required to undergo prolonged treatment with NAs because early discontinuance often leads to relapse of hepatitis and ensuing hepatic failure following rises in alanine aminotransferase (ALT) level.[9,10]

Serum HBV DNA is normally used to monitor the antiviral effect of NAs. HBV DNA decreases rapidly and becomes undetectable in the majority of patients who are treated with NAs,[11-13] but relapse after discontinuation is not rare.[14-17] Since it is also true that favorable virological and biochemical responses to NAs may continue indefinitely in some patients,[9,15] reliable markers that can predict relapse of hepatitis after NA discontinuation are needed. Such markers would benefit not only patients who are considering discontinuation of NA treatment, but also clinicians, hospitals, and the medical economy.

In the present study, we assessed several factors associated with relapse of hepatitis after discontinuation of NAs in patients with chronic hepatitis B, including hepatitis B viral antigens, which have been reported as new and promising markers for monitoring the effect of antiviral agents, such as interferon and NAs.

METHODS

Patients

A TOTAL OF 126 patients with chronic hepatitis B who underwent and completed NA treatment between 2000 and 2010 were enrolled in this study. Patients were recruited retrospectively from 11 hospitals across Japan (Toranomon Hospital, Hokkaido University Hospital, Nagoya City University Hospital, Shinshu University Hospital, Hiroshima University Hospital, National Hospital Organization Nagasaki Medical Center, Chiba University Hospital, The Hospital of Hyogo College of Medicine, Japanese Red Cross Nagoya Daini Hospital, and Tokyo Women's Medical University Hospital, Sapporo Kosei General Hospital) and met the

following conditions: (i) serum ALT higher than 30 IU/L and serum HBV DNA higher than 4.0 log copies/mL were observed at least twice within the 6 months prior to administration of NAs; (ii) stored serum samples at initiation and discontinuation of NAs were available for measurements of viral markers; (iii) clinical outcomes were followed for at least 6 months after the discontinuation of NAs; and (iv) tests for hepatitis C and human immunodeficiency virus antibodies were negative. Hepatitis B surface antigen (HBsAg) was confirmed to be positive on at least two occasions at least 6 months apart in all patients before treatment. Patients complicated with hepatocellular carcinoma or signs of hepatic failure at treatment discontinuation were excluded from the study. Our cohort consisted of 83 men and 43 women with a median age of 46 (range, 19 to 79) years when NA administration was discontinued. Hepatitis B e antigen (HBeAg) was positive in 64 patients (51%) at the initiation of treatment and in 24 patients (19%) at its discontinuation. HBV genotype was A in two (2%) patients, B in five (4%), C in 102 (81%), and undetermined in 17 (13%). Thirty-five of the 126 patients in this study were younger than 35 years old. Although not recommended as the first line treatment for this group by Japanese guidelines,[18] NA treatment was commenced since chronic active hepatitis had been persisting in all cases irrespective of their HBeAg status (26 positive and nine negative) at the initiation of treatment.

The decision to discontinue NAs was made by individual physicians using similar, but not uniform, conditions. Four patients who halted NAs for financial reasons were included. No patient underwent interferon treatment during or after NA treatment. The decision to recommence NA administration was also made by individual physicians, essentially when relapse of hepatitis became obvious. With few exceptions, patients were seen at least once a month during the first year after discontinuation of NAs, and at least once every several months afterwards. Stored serum samples were kept frozen at −20°C or below until assayed. This study was approved by the Ethics Committees of all participating institutions.

Hepatitis B viral markers

Serological markers for HBV, including HBsAg, HBeAg, and antibody to HBe (anti-HBe) were tested using commercially available enzyme immunoassay kits (Abbott Japan Co., Ltd, Tokyo, Japan; Fujirebio Inc., Tokyo, Japan; and/or Sysmex Co., Kobe, Japan) at each hospital. Quantitative measurement of HBsAg[19] was done using a chemiluminescence enzyme immunoassay

(CLEIA)-based HISCL HBsAg assay manufactured by Sysmex Corporation (Kobe, Japan). The assay had a quantitative range of −1.5 to 3.3 log IU/mL. End titer was determined by diluting samples with normal human serum when initial results exceeded the upper limit of the assay range.

Serum concentration of HBV DNA was determined using an Amplicor HBV monitor kit (Roche, Tokyo, Japan),[20] which had a quantitative range of 2.6 to 7.6 log copies/mL. Serum HBV DNA was also determined using a COBAS TaqMan HBV kit (Roche, Tokyo, Japan)[21] with a quantitative range of 2.1 to 9.0 log copies/mL in 43 patients whose serum samples were available at the time of NA discontinuation. According to the manufacturer's instructions, detection of a positive signal below the quantitative range was described as a positive signal, and no signal detection was described as a negative signal. Six HBV genotypes (A–F) were evaluated according to the restriction patterns of DNA fragments from the method reported by Mizokami *et al.*[22]

Serum hepatitis B core-related antigen (HBcrAg) levels were measured using a CLEIA HBcrAg assay kit with a fully automated Lumipulse System analyzer (Fujirebio Inc., Tokyo, Japan) as described previously.[23,24] Briefly, 150 μL of serum was incubated with pretreatment solution and then added to a ferrite microparticle suspension in an assay cartridge. Ferrite particles were coated with a monoclonal antibody mixture against denatured HBcAg, HBeAg, and the 22 kDa precore protein. After incubation and washing, further incubation was carried out with alkaline phosphatase conjugated with two kinds of monoclonal antibodies against denatured HBcAg, HBeAg, and the 22 kDa precore protein. Following washing, a substrate solution was added to the test cartridge and then incubated. The relative chemiluminescence intensity was measured, and HBcrAg concentration was calculated by a standard curve generated using recombinant pro-HBeAg. The immunoreactivity of pro-HBeAg at 10 fg/mL was defined as 1 U/mL. We expressed HBcrAg in terms of log U/mL, with a quantitative range set at 3.0 to 6.8 log U/mL.

Statistical analyses

A linear regression model was used to examine for associations between mean and maximal values of both ALT and HBV DNA. Correlations between variables were calculated using the Spearman's rank correction correlation coefficient test. Each cut-off value was decided using receiver operating characteristic curve (ROC) analysis and results were evaluated by measuring the area under the curve (AUC). The Fisher's exact and Pearson's χ^2 tests

were adopted to test for differences between subgroups of patients. To compare continuous data, the Mann–Whitney *U*-test was used. The Kaplan–Meier method was used to estimate rates of non-relapse observations, and the log-rank test was used to test hypotheses concerning differences in non-relapse observations between selected groups. Multivariate analyses were performed using the Cox regression model. Variables associated with a *P*-value < 0.2 in univariate analyses were included in a stepwise Cox regression analysis to identify independent factors associated with relapse of hepatitis after discontinuation of NAs. All tests were performed using the IBM SPSS Statistics Desktop for Japan ver. 19.0 (IBM Japan Inc., Tokyo, Japan). *P*-values of less than 0.05 were considered to be statistically significant.

RESULTS

Definition of hepatitis relapse after discontinuation of NAs

THE CLINICAL CONDITIONS of a successful discontinuation of NAs were set at serum HBV DNA below 4.0 log copies/mL and ALT below 30 IU/L according to the Japanese guidelines for the treatment of hepatitis B.[18] However, these criteria could not be directly applied to our cohort as post-therapy fluctuations in ALT and HBV DNA were difficult to evaluate consistently. In total, 26 (76%) of 34 patients with successful discontinuation of NAs showed transient abnormal levels of ALT and/or HBV DNA, especially during the early phase after cessation. We therefore used mean and maximal values of these markers to evaluate relapse of hepatitis B in this study; mean values were used to evaluate relapse of hepatitis as a whole, and maximal values were used to dynamically assess relapse during the follow-up period after NA discontinuation. Both ALT and HBV DNA were measured 11.0 times per year on average during the first year and 4.1 times per year on average thereafter.

The mean values of HBV DNA were significantly (*P* < 0.001) correlated with maximal values with a correlation coefficient of 0.853. Similarly, the mean values of ALT were significantly (*P* < 0.001) correlated with maximal values with a correlation coefficient of 0.940 (Fig. 1). The mean HBV DNA value of 4.0 log copies/mL corresponded to a maximal HBV DNA value of 5.7 by ROC analysis (AUC = 0.930, *P* < 0.001), and the mean ALT value of 30 IU/L corresponded to a maximal ALT value of 79 IU/L (AUC = 0.988, *P* < 0.001). These results suggested that patients having serum HBV DNA higher
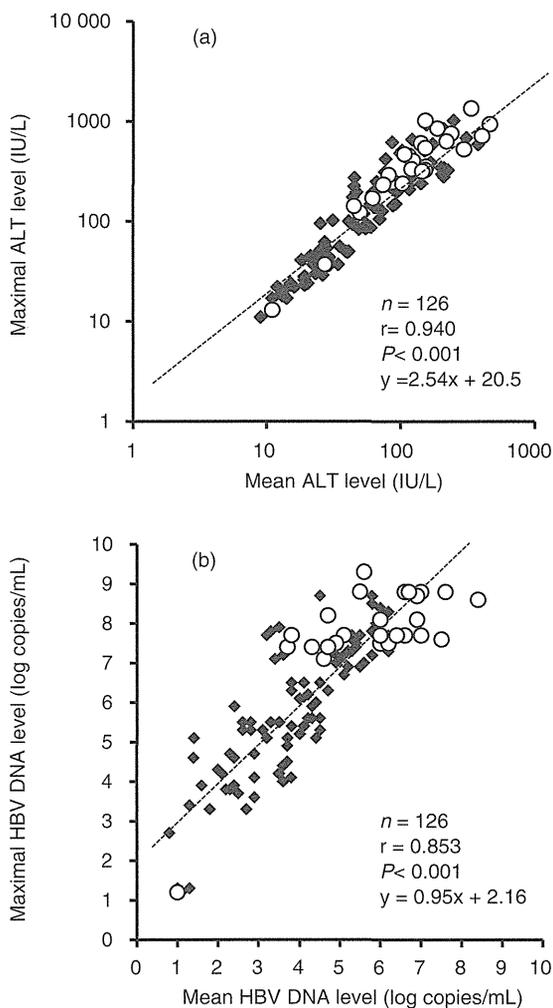
Figure 1 Correlation between maximal and mean levels of alanine aminotransferase (ALT) (a) and hepatitis B virus (HBV) DNA (b) after discontinuation of nucleos(t)ide analogs (NAs). Open circles indicate patients with detectable hepatitis B e antigen (HBeAg) and closed squares indicate patients without detectable HBeAg.

than 5.7 log copies/mL during the follow-up period after NA discontinuation were not likely to achieve the HBV DNA criterion of a successful discontinuation of below 4.0 log copies/mL. Similarly, it could be inferred that patients reaching ALT levels higher than 79 IU/L would also not likely achieve the ALT criterion of a successful discontinuation of below 30 IU/L.

Based on our findings, we judged that a relapse of hepatitis B occurred when serum ALT exceeded 79 IU/L or when serum HBV DNA exceeded 5.7 log copies/mL

following NA discontinuation. Accordingly, 92 (73%) of the 126 patients enrolled in the present study showed a relapse. We set the follow-up period as discontinuation to relapse for relapse patients and as discontinuation to the last recorded examination for patients without relapse. Whereas re-administration of NAs due to relapse was commenced in 70% of relapse patients in the follow-up period, none was performed in non-relapse patients during that time.

Elimination of cases likely to show relapse of hepatitis

As it is generally believed that patients who are positive for HBeAg and/or have a higher level of HBV DNA at discontinuation of NAs are likely to relapse, these factors were assessed first. The progression of analyses in the present study and the population structure of each analysis are shown in Figure 2.

The non-relapse rate was compared using the Kaplan–Meier method between 31 patients with HBV DNA equal to or higher than 3.0 log copies/mL and 95 patients with levels lower than 3.0 log copies/mL when NAs were discontinued (Fig. 3). The revised cut-off value of 3.0 log copies/mL was determined by ROC analysis (AUC = 0.709, $P < 0.001$). Thirty (97%) of 31 patients with HBV DNA equal to or higher than 3.0 log copies/mL relapsed within one year of discontinuation. On the other hand, approximately 30% of patients with levels lower than 3.0 log copies/mL showed prolonged non-relapse. Thus, the 31 patients with high HBV DNA at the time of discontinuation were eliminated from the following analyses.

In the remaining 95 patients, the non-relapse rate was compared using the Kaplan–Meier method between 10 patients with detectable HBeAg and 85 patients without HBeAg when NAs were discontinued (Fig. 4). Ninety percent of patients with HBeAg experienced relapse within one year, which was significantly ($P = 0.005$) higher than in cases without HBeAg. In patients without HBeAg, the non-relapse rate decreased rapidly during the first year to approximately 45%, and then decreased relatively slowly over the following 3 years to nearly 30%. It is noteworthy that this subgroup did not relapse afterwards. Since the relapse rate was high among patients with detectable HBeAg, they were excluded from the following analyses as well.

Factors associated with relapse of hepatitis after discontinuation of NAs

Additional factors associated with relapse of hepatitis were analyzed in the remaining 85 patients who were
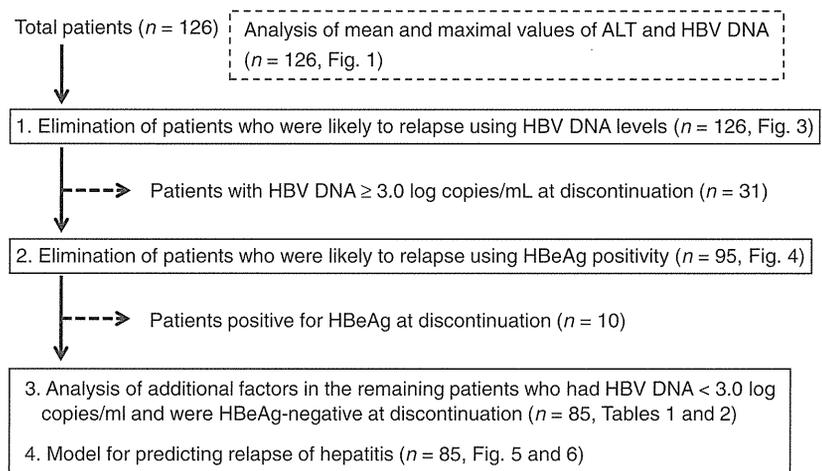
Total patients (*n* = 126)   Analysis of mean and maximal values of ALT and HBV DNA
(*n* = 126, Fig. 1)

1. Elimination of patients who were likely to relapse using HBV DNA levels (*n* = 126, Fig. 3)

- - - -> Patients with HBV DNA ≥ 3.0 log copies/mL at discontinuation (*n* = 31)

2. Elimination of patients who were likely to relapse using HBeAg positivity (*n* = 95, Fig. 4)

- - - -> Patients positive for HBeAg at discontinuation (*n* = 10)

3. Analysis of additional factors in the remaining patients who had HBV DNA < 3.0 log copies/ml and were HBeAg-negative at discontinuation (*n* = 85, Tables 1 and 2)

4. Model for predicting relapse of hepatitis (*n* = 85, Fig. 5 and 6)

Figure 2 The progression of analyses in the present study and population structure of each analysis.

both negative for HBeAg and whose serum HBV DNA was lower than 3.0 log copies/mL at NA cessation. Table 1 shows the comparison of clinical and virological backgrounds between the 53 relapse and 32 non-relapse patients using univariate analysis. Age and gender distributions were similar between the groups. Approximately 75% of the 85 patients had HBV genotype C, but the distribution of genotypes did not differ between the groups. Approximately 90% of patients were being treated with LVD alone at the time of discontinuation, compared with 6% of patients being given ETV. The median duration of NA treatment was about two times longer in patients without relapse. Levels of both HBsAg

and HBcrAg were significantly lower in non-relapse patients than in relapse patients at the time of NA discontinuation. The difference between serum HBsAg was also significant at the initiation of NAs, but not that of HBcrAg. As only patients with HBV DNA lower than 3.0 log copies/mL were analyzed, the majority of these cases showed levels below the 2.6 log copies/mL lower detection limit of the Amplicor assay at NA discontinuation. We therefore also tested HBV DNA with a TaqMan assay, which had a higher sensitivity than the Amplicor assay, in 43 patients whose serum samples were available. The prevalence of patients having a negative detection signal did not differ between the two groups. The number of
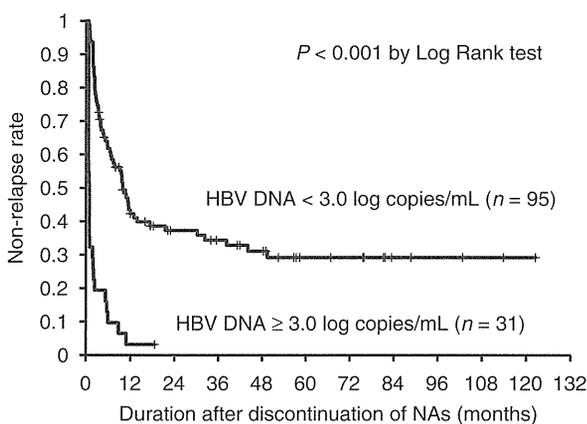

Figure 3 Comparison of non-relapse rates using the Kaplan–Meier method between 31 patients with serum hepatitis B virus (HBV) DNA equal to or higher than 3.0 log copies/mL and 95 patients with serum HBV DNA lower than 3.0 log copies/mL at the time of nucleos(t)ide analog (NA) discontinuation.
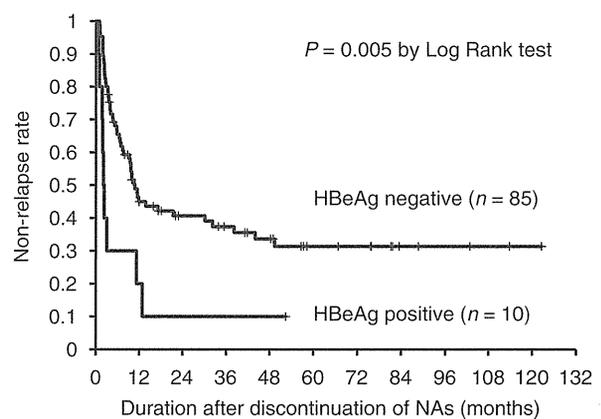

Figure 4 Comparison of non-relapse rates using the Kaplan–Meier method between 10 patients with detectable hepatitis B e antigen (HBeAg) and 85 patients without detectable HBeAg at the time of nucleos(t)ide analog (NA) discontinuation.

Table 1 Comparison of clinical and virological backgrounds between patients with and without relapse of hepatitis at initiation and discontinuation of nucleos(t)ide analogs (NAs)

Background	Non-relapse patients ($n = 32$)	Relapse patients ($n = 53$)	*P*-value
At initiation of NAs			
Age (years)†	47 (17–75)	48 (26–74)	>0.2
Gender (M : F)	23:9	32:21	>0.2
ALT (IU/L)†	183 (9–1182)	187 (20–2052)	>0.2
Genotype (A : B : C : UD)	1:2:21:8	0:3:44:6	0.193
HBeAg (positive)‡	11 (34%)	16 (30%)	>0.2
HBV DNA			
Amplicor assay (log copies/mL)†	6.2 (<2.6–>7.6)	6.5 (<2.6–>7.6)	0.099
HBsAg (log IU/mL)†	2.7 (0.1–4.3)	3.3 (1.6–3.9)	0.018
HBcrAg (log U/mL)†	5.2 (<3.0–>6.8)	5.6 (<3.0–>6.8)	>0.2
At discontinuation of NAs			
Age (years)†	50 (21–78)	49 (26–79)	>0.2
NAs (LVD : LVD+ADV : ETV : ADV)	28:1:3:0	50:0:2:1	>0.2
Duration of NA treatment (months)†	36 (4–129)	17 (4–84)	0.007
Follow-up period after discontinuation of NAs (months)†	45 (6–123)	12 (1–111)	0.002
ALT (IU/L)†	16 (7–38)	20 (9–65)	0.002
HBV DNA			
Amplicor assay (log copies/mL)†	<2.6 (<2.6–2.9)	<2.6 (<2.6–2.9)	>0.2
TaqMan assay (negative signal)‡	5 (23%) ($n = 22$)	3 (14%) ($n = 21$)	>0.2
TaqMan assay (negative or positive signal)‡	13 (59%) ($n = 22$)	13 (62%) ($n = 21$)	>0.2
HBsAg (log IU/ml)†	2.0 (<−1.5–4.3)	3.1 (0.6–4.0)	0.001
HBcrAg (log IU/mL)†	3.4 (<3.0–4.9)	4.3 (<3.0–>6.8)	0.003

†Data are expressed as the median (range)
‡Data are expressed as a positive number (%)
ADV; adefovir dipivoxil; ALT, alanine aminotransferase; ETV, entecavir; HBcrAg, hepatitis B core-related antigen; HBeAg, hepatitis B e antigen; HBsAg, hepatitis B surface antigen; LVD, lamivudine; UD, undetermined.

patients with a negative detection signal or a positive signal also did not vary significantly. The follow-up period after discontinuation of NAs was significantly shorter in patients with relapse than in those without because formal follow-up ended once patients relapsed. The median period of follow-up was 45 months in patients without relapse.

Multivariate analyses revealed that a shorter duration of NA treatment and higher levels of HBsAg and HBcrAg at discontinuation were significantly associated with the occurrence of hepatitis relapse (Table 2). The cut-off

values that showed the highest significance by ROC analysis were 1.9 log IU/mL for HBsAg (AUC = 0.707, $P = 0.001$), 4.0 log U/mL for HBcrAg (AUC = 0.692, $P = 0.003$), and 16 months (AUC = 0.674, $P = 0.007$) for treatment duration.

Model for predicting relapse of hepatitis using levels of HBsAg and HBcrAg

The existence of a second cut-off value was suggested by ROC analysis for both of HBsAg (2.9 log IU/mL) and HBcrAg (3.0 log IU/mL) to discriminate between

Table 2 Multivariate analysis of factors associated with relapse of hepatitis after discontinuation of nucleos(t)ide analogs (NAs)

Factor	Hazard ratio	95%CI	*P*-value
HBsAg at discontinuation ≥ 1.9 log IU/mL	5.21	1.87–14.55	0.002
HBcrAg at discontinuation ≥ 4.0 log U/mL	2.20	1.25–3.87	0.006
Duration of NA treatment ≥ 16 months	0.54	0.31–0.93	0.027

CI, confidence interval; HBcrAg, hepatitis B core-related antigen; HBsAg, hepatitis B surface antigen.
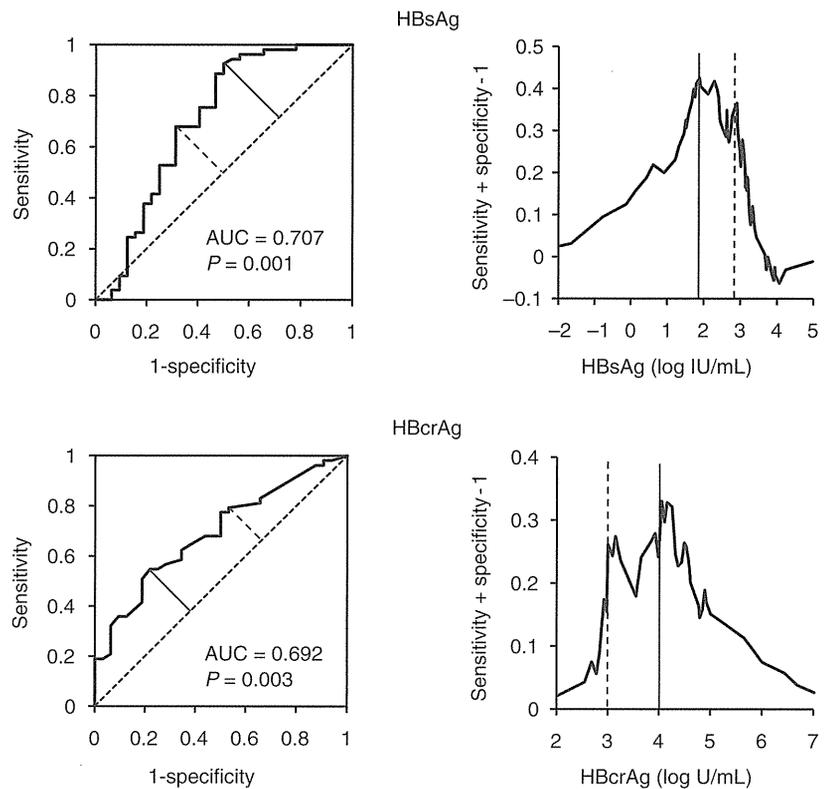
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Figure 5 Receiver operating characteristic curve (ROC) analysis of hepatitis B surface antigen (HBsAg) and hepatitis B core-related antigen (HBcrAg) to discriminate between patients with and without hepatitis relapse. The existence of two inflection points is suggested for both HBsAg and HBcrAg. Short diagonal lines indicate main inflection points and short broken diagonal lines indicate second inflection points. Vertical lines indicate actual values of antigens that correspond to the main inflection points and vertical broken lines indicate actual values of antigens that correspond to the second inflection points.

patients with and without relapse (Fig. 5). Thus, we set cut-off values as 1.9 and 2.9 log IU/mL for HBsAg and 3.0 and 4.0 log U/mL for HBcrAg in our model for predicting hepatitis relapse.

We tentatively defined three groups using the sum of the scores for HBsAg and HBcrAg levels at the time of NA discontinuation for our model. Conversions were made by assigning a score of 0 for an HBsAg level lower than 1.9 log IU/mL, 1 for a level from 1.9 to 2.8 log IU/mL, and 2 for a level equal to or higher than 2.9 log IU/mL. HBcrAg was scored as 0 for a level lower than 3.0 log U/mL, 1 for a level from 3.0 to 3.9 log U/mL, and 2 for a level equal to or higher than 4.0 log U/mL. Overall, group 1 consisted of patients with a total score of 0, group 2 of patients with a total score of 1 or 2, and group 3 of patients with a total score of 3 or 4.

Patients whose HBV DNA was lower than 3.0 log copies/mL and in whom HBeAg was negative at the time of NA discontinuation were assigned to one of the three groups. Figure 6 shows the comparison of non-relapse rates among the three groups using Kaplan–Meier analysis, which differed significantly. The non-relapse rate was approximately 90% in group 1, as low as 10% in

group 3, and intermediate in group 2. When factors associated with relapse were analyzed in group 3 patients, an age of over 40 years at the time of discontinuation was calculated as a significant factor (hazard
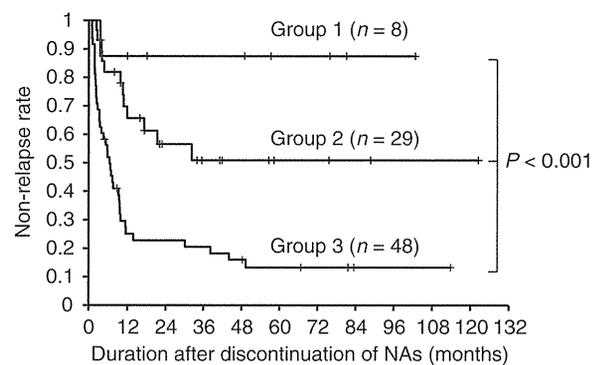

Figure 6 Comparison of non-relapse rates using the Kaplan–Meier method among three groups classified by the sum of the scores of hepatitis B surface antigen (HBsAg) and hepatitis B core-related antigen (HBcrAg) levels at the time of nucleos(t)ide analog (NA) discontinuation.

ratio = 5.25, range 2.37–11.65, $P < 0.001$). No significant factors were associated with relapse in group 2 patients.

DISCUSSION

THE EUROPEAN ASSOCIATION for the Study of the Liver recommends continuation of NA treatment until HBsAg is cleared.[25] Liu *et al.* came to a similar conclusion in their study of chronic hepatitis B patients treated with LVD.[14] Indeed, the clearance of HBsAg is a reliable marker for the safe discontinuation of NAs, but the rate of patients who can clear HBsAg is relatively low (1–3%/year).[26–28] Thus, additional factors associated with relapse of hepatitis B after discontinuation of NAs were analyzed in the present study to better identify candidates who could achieve drug-free status. Such studies are relatively few, possibly because patients who discontinue NAs prematurely often experience severe complicating relapse and hepatic failure.[9] Although prospective studies are desirable to obtain accurate results, retrospective studies, such as ours, are also necessary to minimize the risk of adverse complications.

Since HBV cannot be completely eradicated in hosts, the primary goal in treating chronic hepatitis B is to convert symptomatic patients into inactive carriers in whom HBeAg is negative (usually anti-HBe-positive), serum HBV DNA is low, and serum ALT is normal.[1,2,18,29] Thus, we set the clinical conditions of a successful discontinuation of NAs as serum HBV DNA level below 4.0 log copies/mL and ALT below 30 IU/L following NA cessation. Patients who satisfy these conditions are not recommended for treatment by the Japanese guidelines for hepatitis B,[18] and it is also widely accepted that the risk of developing cirrhosis or complicating hepatocellular carcinoma is very low in such patients.[30,31] We used our cohort's mean and maximal values of HBV DNA and ALT for relapse analyses. Mean values were useful for evaluating relapse of hepatitis as a whole since parameter levels often fluctuated after discontinuation, and maximal values were used to evaluate relapse in a real-time fashion during the follow-up period. It is noteworthy that the mean and maximal values correlated very closely for both HBV DNA and ALT. The mean HBV DNA value of 4.0 log copies/mL corresponded to the maximal HBV DNA value of 5.7 by ROC analysis, and similarly the mean ALT value of 30 IU/L corresponded to the maximal ALT value of 79 IU/L. Thus, relapse of hepatitis B was judged to occur when serum ALT became higher than 79 IU/L or when serum HBV DNA surpassed 5.7 log copies/mL after the time of NA discon-

tinuation. Such criteria may also be useful for physicians to detect relapse at an early phase and avoid the occurrence of severe reactivation or unnecessary discontinuation of NAs.

It is generally understood that patients with a higher level of HBV DNA at the time of NA discontinuation are likely to relapse, but this cut-off value has not been analyzed sufficiently. Our findings using ROC analysis showed that patients with levels lower than 3.0 log copies/mL have a good possibility to achieve successful discontinuation. The presence of HBeAg is also generally accepted as a reliable factor to predict relapse of hepatitis. Our study showed that patients with detectable HBeAg at the time of NA discontinuation were likely to relapse, even if their HBV DNA levels were lower than 3.0 log copies/mL. Therefore, we next analyzed additional factors associated with a relapse of hepatitis after discontinuation of NAs by selecting patients who met both of these criteria.

Nucleos(t)ide analog treatment produces a rapid decrease in serum HBV DNA by suppressing reverse transcription of pregenomic HBV RNA. However, the key intrahepatic HBV replicative intermediate, covalently closed circular DNA (cccDNA), tends to remain and is capable of reinitiating replication once NAs are ceased.[32] Measurement of HBV cccDNA has been reported to be useful for monitoring and predicting responses to antiviral treatments.[33] However, its measurement is difficult in the clinical setting as it requires a liver biopsy. Due to the mechanism of action of NAs mentioned above, serum HBV DNA does not reflect intrahepatic HBV cccDNA in patients undergoing NA treatment.[34] To address this, quantitative measurement of HBV antigens has been reported to be useful for predicting the effect of antiviral treatment in patients with chronic hepatitis B. Although HBsAg is usually used as a serum marker for the diagnosis of HBV infection, several groups have shown that HBsAg levels can also be reflective of the response to peg-interferon in chronic hepatitis B.[28,35,36] The HBcrAg assay measures serum levels of HB core and e antigens simultaneously using monoclonal antibodies that recognize the common epitopes of these two denatured antigens. Since the assay measures all antigens transcribed from the pre-core/core gene, it is regarded as core-related.[37] Serum HBcrAg has been reported to accurately reflect intracellular levels of HBV cccDNA even during NA treatment,[24,34,38] and was found to be useful for identifying patients who were likely to show relapse of hepatitis after the discontinuation of NAs.[39,40] It is possible that levels of HBsAg and HBcrAg have different roles in

monitoring antiviral effects because the transcription of these two antigens are regulated by alternative enhancer-promoter systems in the HBV genome.[3] Therefore, we analyzed both of these antigens to elucidate their ability to predict relapse of hepatitis after discontinuation of NAs.

Multivariate analysis demonstrated that levels of HBsAg and HBcrAg at the time of NA discontinuation were independent factors significantly associated with relapse of hepatitis. Thus, we believe these factors can also be applied for predicting relapse in patients whose HBV DNA is lower than 3.0 log copies/mL and whose HBeAg is negative at NA discontinuation. HBV DNA levels were further analyzed using a highly sensitive assay based on real-time polymerase chain reaction (PCR). However, even the level of a negative signal did not ensure successful discontinuation of NAs. The results obtained here indicate that the combined use of HBV-related antigens are useful makers for monitoring the effect of anti-viral treatment in ways different from HBV DNA. Finally, since prolonged NA administration was also a significant factor associated with safe discontinuation, physicians are advised to continue patient treatment for at least 16 months for the best possible outcome.

From our data, a tentative model for predicting relapse of hepatitis after discontinuation of NAs was constructed using levels of HBsAg and HBcrAg at discontinuation. A negative result for HBeAg and HBV DNA lower than 3.0 log copies/mL at the time of NA discontinuation are the essential conditions in this system. Levels of HBsAg and HBcrAg were each converted into scores from 0 to 2 partly because two cut-off values were needed for each antigen and partly because a scoring system may be more convenient for clinical use. The sum of the two scores, which ranged from 0 to 4, was used to prospect relapse. We found that group 1 patients who had a low score (0) could be recommended to discontinue NAs because nearly 90% of this group achieved successful discontinuation. Further analysis of factors associated with relapse are needed for group 2 patients who had middle range scores (1 or 2), since the odds of achieving successful discontinuation were approximately 50%. Continuation of NA treatment is recommended for group 3 patients having high scores (3 or 4) because nearly 90% of this group relapsed. However, this recommendation may be reconsidered in patients younger than 40 years; such cases tended to have a lower relapse rate in group 3. It is also noteworthy that relapse occurred mainly during the first and second years following NA discontinuation in all groups, similarly to a report by Liu *et al.*[14] Thus, clinicians should be vigilant in the early phase after discontinuation.

This study has several limitations. The patients who discontinued NAs were recruited retrospectively, and thus the decision to halt NA treatment was made by individual physicians without uniformly established criteria. Based on this, prospective studies are required to confirm our results. Furthermore, as over 90% of the patients we enrolled had genotype C and over 90% of cases were treated with LVD until discontinuation, the results obtained here can not be applied directly to other HBV genotypes or other types of NAs.

In conclusion, the present study showed that maximal levels of serum ALT and HBV DNA were useful for defining relapse patients after discontinuation of NAs. Along with serum HBV DNA of less than 3.0 log copies/mL and negative serum HBeAg, serum levels of HBsAg and HBcrAg at the time of NA discontinuation were able to predict relapse of hepatitis B and should therefore be considered when establishing uniform guidelines regarding the safe withdrawal of NA treatment. To this end, NA administration of more than 16 months is advisable to achieve successful discontinuation.

ACKNOWLEDGMENTS

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Special Report

Guideline on the use of new anticancer drugs for the treatment of Hepatocellular Carcinoma 2010 update

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The "Guideline on the Use of New Anticancer Drugs for the Treatment of Hepatocellular Carcinoma" was prepared by the Study Group on New Liver Cancer Therapies established by the "Research Project on Emergency Measures to Overcome Hepatitis" under the auspices of the Health and Labour Sciences Research Grant. The Guideline brings together data collected by the Study Group on the use and incidence of adverse events in 264 patients with advanced hepatocellular carcinoma (HCC) treated using sorafenib and in 535 patients with advanced HCC treated using miriplatin at 16 participating institutions up until 22 December 2010, as well as referring to the published studies, academic presentations, and reports from the private sector. The aim of this Guideline is to facilitate understanding and current thinking regarding the proper usage of new anticancer drugs towards actual use in therapy. In terms of the format, the Guideline presents "clinical questions" on issues pertaining to medical care, makes "recommendations" on diagnosis and treatment in response to each of these clinical questions, and provides a rationale for these recommendations in the form of "scientific statements".

Key words: hepatic arterial infusion, hepatocellular carcinoma, miriplatin, molecular targeting therapy, sorafenib

INTRODUCTION

THE MOLECULAR-TARGETED agent sorafenib has been found to significantly prolong survival in patients with hepatocellular carcinoma (HCC).[1,2] In May 2009, sorafenib was approved in Japan for unresectable

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HCC. Furthermore, miriplatin was approved in Japan for the treatment of HCC in January 2010, and clinical trials are also currently underway on a number of other promising new anticancer agents. Treatment of HCC is thus undergoing a period of major transition, but the role of these anticancer drugs and conventional therapies remains unclear, leading to concerns about the risk of serious adverse events (SAEs).

The Study Group on New Liver Cancer Therapies (the Study Group) was formed as part of the "Research Project on Emergency Measures to Overcome Hepatitis" sponsored by the Health and Labour Sciences Research Grant, with the overall purpose of formulating a guideline to facilitate understanding on the practical usage of new anticancer drugs.

The Study Group collected information on the use of new anticancer drugs, sorafenib and miriplatin at 16 affiliated institutions and compiled current opinions regarding the proper use of these drugs based on published studies, academic conference papers and reports from the private sector. These results have now been compiled in the form of a guideline.

However, of note is that this guideline is provisional and has been prepared to expedite the provision of proper information because information on these new anticancer drugs is constantly being updated.

STUDY METHODS, SUBJECTS AND PARTICIPATING INSTITUTIONS

Basic statistics

THE STUDY GROUP'S "New Liver Cancer Therapies" (NLCT) study was based on data from patients with advanced HCC treated using sorafenib or miriplatin up until 22 December 2010 at the participating institutions. Clinical data were recorded by each institution in case report files (CRFs) created by the Study Group. Of the patients enrolled in this study, 264 were treated with sorafenib and 535 were treated with miriplatin. Any input variables that were unclear were excluded from the analyzed data. After analyzing collecting data on the use of these drugs, the Study Group compiled current opinions on proper use based on published papers, academic conference papers and reports from the private sector. The Study Group proposed a series of "clinical questions" (CQ) on issues pertaining to practical medical care and summarized the current evidence in response to each of these CQ in the form of "scientific statements", as well as making "recommendations".

Participating institutions

The 16 institutions that participated in this study were: Kinki University; Chiba University; Yamaguchi University; Kurume University; Kyorin University; Showa University; Ehime University; Okayama University; Kyoundo Hospital; Tohoku University; Osaka University; Gifu University; Hyogo College of Medicine; Toranomon Hospital; Saitama Medical University; and Kanazawa University.

RESULTS

Sorafenib therapy

Indications

CQ1-1   For which patients with HCC is sorafenib therapy indicated?

Recommendation   Sorafenib therapy is indicated in HCC patients with good performance status (PS) and Child–Pugh class A for whom surgical resection, local ablation therapy (LAT), and transcatheter arterial chemoembolization (TACE) are not possible or not indicated.

The safety and efficacy of sorafenib has not been established in Child–Pugh class B/C patients.

Furthermore, the usefulness of sorafenib as adjuvant chemotherapy after resection, LAT, or TACE of HCC has not been demonstrated.

Scientific statement   Two randomized, placebo-controlled trials demonstrating the usefulness of sorafenib were conducted on patients in whom surgical resection, LAT and TACE were not indicated or who were unresponsive to TACE.[1,2]

The Japan Society of Hepatology provides the following definitions for impossible and refractory cases to TACE.[3]

Definition of "Impossible cases to TACE"
1 Deterioration of treated vessel resulting in inability to select catheter for insertion into the nutrient vessel;
2 Deterioration in hepatic function to Child–Pugh class C due to repeated treatment;
3 Patients with tumor thrombus in main trunk or first branch of portal vein;
4 Patients with large arterio-portal shunts.
Definition of "Refractory cases to TACE"
(1) Intrahepatic lesion(s)
    (i) Poor Lipiodol deposits (≤50%) observed on at least two consecutive occasions in computed tomography (CT) assessment of therapeutic response immediately after (>1 month) correctly performing TACE;