

and concomitant hepatocellular carcinoma were compared between the group receiving synbiotic therapy and the control group.

Subsequently, at 24 hours after LDLT, all patients received enteral nutrition with Elental (Ajinomoto Pharmaceutical Ltd, Tokyo, Japan), which is an elemental diet, through a tube jejunostomy made during liver transplantation. The initial infusion rate at 1 kcal/mL was 20 mL/h, and if tolerated the rate was increased 60 mL/h until sufficient oral intake was possible. The composition of Elental has been described elsewhere.²³

Synbiotic therapy

All patients had started the oral administration of Yakult BL antifatulent (Yakult Honsha, Tokyo, Japan), containing 20 mg of living *Lactobacillus casei* strain Shirota, 15 mg of living *Bifidobacterium breve* strain Yakult, and galactooligosaccharides 15 g/d (Oligomate 55; Yakult Honsha) 3 times per day from 2 days before elective LDLT, continued for 2 weeks after LDLT via either a tube jejunostomy or orally. Usually, both prebiotics and probiotics were taken with 10 mL of tap water. We selected this formula of synbiotics on the basis of a previous report on major hepatectomy.¹⁶

The rates of infectious complications and patient survival were recorded, and stool cultures were also performed.

Statistical analysis

All data are expressed as median values with ranges. Statistical analysis was performed using the Mann-Whitney

U test for continuous values and the χ^2 test for categorical values. A statistically significant difference was defined as a *P* value < .05. StatView version 5.0 (Abacus Concepts, Berkeley, CA) was used for all statistical analyses.

Results

All patients tolerated synbiotic therapy throughout the study period. There was no difference in the patient characteristics between the groups (Table 1). Figure 1 shows the result of cultured bacteria in the feces. Generally, *Escherichia* spp, *Enterobacter* spp, and *Klebsiella* spp were regarded as normal bacterial flora in the stool. There was no significant pattern of the change of bacterial species between the groups. However after LDLT under immunosuppression, *Enterococcus* spp became evident in both groups in about 25% of the patients.

Table 2 that infectious complication occurred after LDLT in 6 of 25 of the patients in the control group (24%) and in 1 of 25 (4%) in group receiving synbiotic therapy (*P* < .05). In particular, the rate of urinary infection was higher without synbiotic therapy. The rate of intra-abdominal infection was not statistically different. *Enterococcus* spp and methicillin-resistant *Staphylococcus aureus* were the main bacteria related to the infection. The postoperative date of infection varied. Some infectious complication occurred after the termination of synbiotic therapy.

Table 3 shows that there was no significant difference between the groups in other complications after LDLT. In addition, there were no differences in the intensive care unit period, hospitalized period, and mortality rate between the groups.

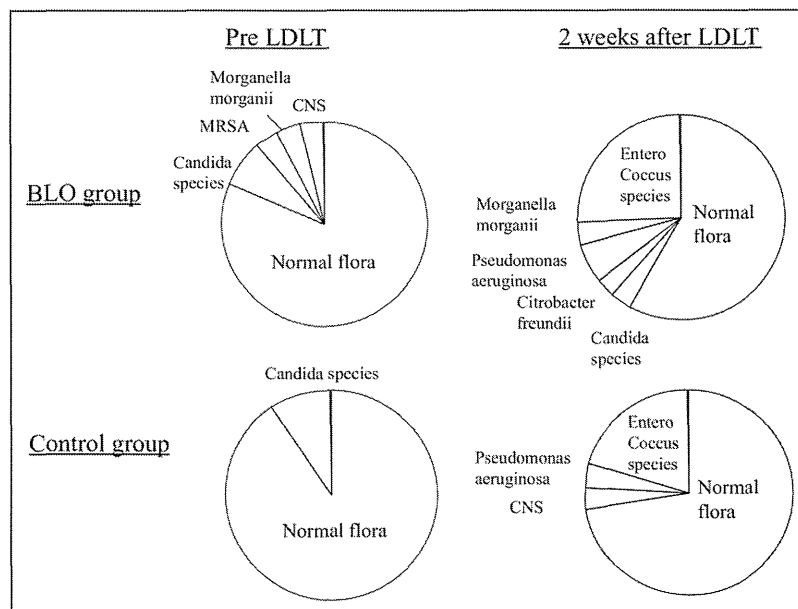


Figure 1 Bacterial profile in fecal culture. Cultured bacteria in the feces of the patients undergoing LDLT in each group. BLO = *Bifidobacterium breve*, *Lactobacillus casei*, and galactooligosaccharides; CNS = coagulase-negative staphylococci; MRSA = methicillin resistant *Staphylococcus aureus*.

Table 2 Infectious complications after LDLT

| Variable | BLO group (n = 25) | Control group (n = 25) | P |
|----------------------------|---|---|------|
| Type of infection | 1 catheter infection (POD 19) | 3 sepsis (PODs 11, 10, and 9) 3 urinary tract infections (PODs 7, 8, and 5) | <.05 |
| Bacteria cultured in blood | 1 <i>Enterobacter asburiae</i> (POD 19) | 2 MRSA (PODs 10 and 9) 1 MRSA + <i>Candida glabrata</i> (POD 11) | |
| Intra-abdominal infection | 1 (4%) <i>Klebsiella oxytoca</i> + <i>Enterococcus faecium</i> (POD 19) | 3 <i>Enterococcus faecium</i> (PODs 7, 8, and 5) 2 (8%) 1 <i>Enterobacter asburiae</i> (POD 19) 1 <i>Enterococcus faecium</i> (POD 14) | NS |

BLO = *Bifidobacterium breve*, *Lactobacillus casei*, and galactooligosaccharides; MRSA = methicillin resistant *Staphylococcus aureus*; POD = postoperative day.

Comments

This prospective randomized study demonstrated that synbiotic therapy successfully reduced the rate of infectious complications after LDLT, which has a greater chance to induce temporary portal hypertension leading to bacterial translocation. The portal venous pressure after LDLT should have been elevated in the current series of patients, because the graft volume versus standard liver volume ratio was about 40%.²¹ Therefore, synbiotic therapy may be potentially more effective in patients after LDLT than deceased-donor liver transplantation. In addition, LDLT is partial transplantation, in which liver regeneration should occur to support the patient's life. Infection itself was reported to reduce the magnitude of liver regeneration, so synbiotic therapy should be used for the patients undergoing LDLT.²⁴

The patients in the present study received enteral nutrition, which has been shown to reduce the rate of infection from 29% to 14%.^{25,26} This is probably why the rate of infection in this study was lower than in previous reports

with synbiotic therapy. In addition, the rate of acute cellular rejection was not changed by synbiotic therapy. In a previous study, the rate of acute cellular rejection was reduced from 44% to 7% by enteral nutrition after whole-liver transplantation.²⁷ There was no difference in the rejection rate, even though there were more ABO-incompatible LDLT patients in the synbiotic group than in the control group.

Methicillin-resistant *S aureus* and *Enterococcus* spp were the principle bacteria causing sepsis, although gram-negative gut-derived bacteria are thought to be found in septic patients. Although there was no explanation for the gram-positive bacteria in this series, *Enterococcus* spp were frequently observed as the dominant bacteria after LDLT in the feces.²⁸ Immunosuppression and the duration of our antibiotic use might have cause *Enterococcus* sepsis in partial liver transplant recipients. In addition, the reduction of urinary tract infections was reported in a previous study, consistent with the current data, indicating that synbiotic therapy is likely to be responsible for the reduction of urinary tract infection.²⁹ Previous authors have speculated that in addition to their impact on bacterial translocation, probiotics act via several other mechanisms. For instance, they can reduce and eliminate potentially pathogenic microorganisms, reduce and eliminate various toxins and mutagens from the urine and feces, modulate innate and adaptive immune defense mechanisms, promote apoptosis, and release numerous nutrients, antioxidants, and growth factors from consumed fibers. These functions might all be important for the reduction of infections in surgical patients. However, a definite mechanism regarding the reduction of urinary tract infection awaits further investigation.^{3,25,29,30}

In conclusion, infectious complications after LDLT were significantly decreased with synbiotic therapy. It is possible to achieve ecologic liver transplantation using synbiotic therapy while maintaining an intact environment in the body.

Table 3 Other complications

| Variable | BLO (n = 25) | Control (n = 25) | P |
|----------------------------|--|--|----|
| Others | 2 ACR 3 CMV 1 HAT 1 HPS 1 TMA 1 adrenal insufficiency | 3 ACR 3 CMV 1 HAT 1 HPS 1 NOMI | NS |
| ICU period (days) | 7 (4–35) | 7 (2–48) | NS |
| Hospitalized period (days) | 40 (16–132) | 33 (16–97) | NS |
| Mortality | 3 | 3 | NS |

Data are expressed as median (range) or as numbers.

ACR = acute cellular rejection; BLO = *Bifidobacterium breve*, *Lactobacillus casei*, and galactooligosaccharides; CMV = cytomegalovirus; HAT = hepatic arterial thrombus; HPS = hemophagocytic syndrome; ICU = intensive care unit; NOMI = nonocclusive mesenteric ischemia; TMA = thrombotic microangiopathy.

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Review Article

Liver Transplantation for Patients with Human Immunodeficiency Virus and Hepatitis C Virus Coinfection with Special Reference to Hemophiliac Recipients in Japan

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Abstract

Liver transplantation for patients with hepatitis C virus (HCV) and human immunodeficiency virus (HIV) remains challenging. The advent of highly active antiretroviral therapy (HAART) for HIV has reduced mortality from opportunistic infection related to acquired immunodeficiency syndrome dramatically, while about 50% of patients die of end-stage liver cirrhosis resulting from HCV. In Japan, liver cirrhosis frequently develops after HCV–HIV coinfection resulting from previously transfused infected blood products for hemophilia. The problems of liver transplantation for those patients arise from the need to control calcineurin inhibitor with HAART drugs, the difficulty of using interferon after liver transplantation with HAART, and the need to control intraoperative coagulopathy associated with hemophilia. We review published reports of liver transplantation for these patients in the updated world literature.

Key words Liver transplantation · Hepatitis C virus · Human immunodeficiency virus · Coinfection · Highly active antiretroviral therapy

Introduction

According to a report compiled by the Japanese Ministry of Health, Labour and Welfare in October 2006, the number of HIV-infected patients in Japan was 8071 (6275 males and 1796 females), and this number has increased further since.¹ In 2008 there were 1557 new cases reported, including 1126 HIV-positive cases

and 431 acquired immunodeficiency syndrome (AIDS) cases.² The possible routes of infection include sexual contact, through contaminated or unheated blood products, and mother-to-child transmission. When HIV infection is contracted through blood products, there is often coinfection with HCV.

Since 1995, there has been a major change in the cause of death of HIV-infected patients. It is believed that the major factor contributing to these trends is the improved HIV control achieved in recent years with highly active antiretroviral therapy (HAART).³ HAART is defined as a combination of drugs from different classes of HIV therapy, comprising nucleoside reverse transcriptase inhibitors (NRTIs), and either non-nucleoside reverse transcriptase inhibitors (NNRTIs) or a protease inhibitor (PI). If the compliance is 95% or more, this therapy is successful in more than 50% of patients.^{3–5}

This review focuses on liver transplantation in Japanese patients with HIV and HCV, especially those in whom the disease was caused by receiving contaminated blood products in the past and who may be candidates for liver transplantation.

Epidemiology of HIV–HCV Coinfection in Patients with Hemophilia in Japan

According to a survey by the Ministry of Health, Labour and Welfare in the 2008 fiscal year in Japan, 602 patients with hemophilia A (factor 8 deficiency) and 183 with hemophilia B (factor 9 deficiency) were alive with HIV infection (Table 1).⁶ Among these, 524 with hemophilia A (87%) and 162 with hemophilia B (89%) also had HCV infections and liver disease (Table 2). Of the 524 persons with hemophilia A, 33 (6.3%) had cirrhosis, 5 (0.9%) had liver cancer, and 2 (0.4%) had liver failure. Two of these patients underwent a liver transplant procedure. It is highly possible that about 50 of the patients

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Table 1. Coagulation disorders in Japan

| | Hemophilia | | VWD | VWD-related disease | Total |
|--------------|------------|-----|-----|---------------------|-------|
| | A | B | | | |
| Total | 4211 | 916 | 892 | 452 | 6471 |
| Male | 4185 | 908 | 406 | 246 | 5745 |
| Female | 29 | 8 | 486 | 206 | 726 |
| HIV negative | | | | | |
| Total | 3609 | 733 | 885 | 448 | 5675 |
| Male | 3583 | 725 | 404 | 245 | 4957 |
| Female | 26 | 8 | 481 | 203 | 718 |
| HIV positive | | | | | |
| Total | 602 | 183 | 7 | 4 | 796 |
| Male | 602 | 183 | 2 | 1 | 788 |
| Female | 0 | 0 | 5 | 3 | 8 |

Source: Official Report of the National Surveillance on Coagulation Disorders in Japan, 2008
HIV, human immunodeficiency virus; VWD, von Willebrand disease

Table 2. Stage of liver disease in patients with hemophilia and HIV infection (only reported surviving cases with HCV coinfection)

| | No hepatitis | Acute hepatitis | Chronic hepatitis | Liver cirrhosis | HCC | Liver failure | Cured with IFN | Spontaneous cure | LT | Total |
|--------------|--------------|-----------------|-------------------|-----------------|-----|---------------|----------------|------------------|----|-------|
| Hemophilia A | 45 | 2 | 350 | 33 | 5 | 2 | 59 | 26 | 2 | 524 |
| Hemophilia B | 15 | 1 | 100 | 11 | 6 | 0 | 19 | 8 | 2 | 162 |
| Total | 60 | 3 | 450 | 44 | 11 | 2 | 78 | 34 | 4 | 686 |

Source: Official Report of the National Surveillance on Coagulation Disorders in Japan, 2008
HIV, human immunodeficiency virus; HCV, hepatitis C virus; HCC, hepatocellular carcinoma; LT, liver transplantation; IFN, interferon

with cirrhosis may be candidates for liver transplantation in the future. In fact, this survey revealed that one-third of the deaths of HIV-HCV coinfecting patients with blood-borne diseases were caused by liver disease.

A characteristic that should be taken into account when using imported blood products is that the proportion of patients with HCV genotype 1b is low, at 25% vs 70% in general for Japanese, and the proportion of patients with HCV genotype 3a is high, at 23%. Also, one study found that the proportion of patients with HIV-HCV coinfection with an HCV titer below the level of sensitivity of the assay was significantly lower than the proportion of such patients among non-HIV cases of HCV infection, at 44.0% vs 55.4%, respectively.⁷ There have been a few reports from other countries on the problems associated with HCV and HIV infections in hemophiliac patients.^{8,9}

Liver Transplantations in HIV-HCV Coinfected Patients

Indications for Liver Transplantation in Patients with HIV-HCV Coinfection

Regardless of the presence of hemophilia, the indications for and methods of liver transplantation are the

same for patients with HIV-HCV coinfection. Therefore, information on liver transplantation for HIV-HCV coinfecting patients without hemophilia is presented in this section. In fact, after successful liver transplantation, hemophilia can normally be cured. In principle, as for a non-HIV-infected patient, liver transplantation is indicated for patients with type C cirrhosis in liver failure and no expectation of a long-term prognosis.¹⁰⁻¹⁴ Liver transplantation is also indicated for patients not yet in liver failure, but with severe liver damage caused by HAART, especially those with chronic hepatitis C, who need to suspend or stop HAART.¹⁵⁻¹⁸ For patients receiving HAART, the indication needs to be considered in terms of both hepatic reserve and status of the HIV infection. Liver transplantation may also be indicated for hepatocellular carcinoma that develops during follow-up.¹⁹ The conditions for liver transplantation are often defined as follows: AIDS symptoms have not surfaced; the CD4+ lymphocyte count is 200-250/ μ l or above; and as a result of HAART, the amount of HIV in the blood is below the level of sensitivity of the assay. However, there are cases of pancytopenia resulting from portal hypertension and, as such, some institutions believe that the criterion for liver transplantation resolved be a CD4+ lymphocyte count of 100/ μ l or more.¹⁹⁻²² Therefore, an issue to be resolved is whether

the indication can be based solely on a CD4+ lymphocyte count. Although a ratio of CD4 to CD8 lymphocyte count of 14% or greater is also considered an indication, individual institutions still refer to their own criteria. A recent study found a significant correlation between the preoperative model for end-stage liver disease (MELD) score and the postoperative survival rates of HIV–HCV coinfecting patients: this also warrants investigation.²³

Results of Liver Transplantation for Patients with HIV–HCV Coinfection

Liver transplantation from deceased donors has been performed in HIV patients since the 1980s in the United States and Europe. Initially the results were poor, with survival rates of only about 47%,²⁴ but this has improved remarkably since the introduction of HAART (Table 3). According to a review article published in 2004, 51 HIV-positive patients received liver transplantation between 1996 and 2004 worldwide, with liver damage caused by HCV being the indication in 68%. Since 1997, liver transplantation has been performed in 29 HIV patients at the University of Pittsburgh: 26% of these patients were hemophiliac and 89% were HCV-positive.²⁵ According to a retrospective study by the United Network for Organ Sharing, involving 138 HIV-positive persons and 30520 HIV-negative persons and evaluating liver transplantation, from 1997 when HAART was introduced and thereafter, the prognosis of patients who were only HIV-positive was relatively good.²⁶ In this study, the prognosis of HIV–HCV coinfecting patients was worse than that of patients who were positive only for HIV. A series of reports are listed in Table 3.^{13,20,21,25–34} In reality, in addition to those listed there have been many sporadic reports, such as reviews, regarding expectations for liver transplantation, and assessments of indications.

A recent important study in France, on 14 patients, provided details on interferons, HAART therapy, and liver fibrosis.³³ In all patients, the preoperative amount of HIV in the blood was below the level of sensitivity, and the CD4+ T-cell counts ranged from 85 to 1015. As for calcineurin inhibitors, tacrolimus 0.5 mg per week was started in the 2nd week after surgery in principle; however, there were five cases (36%) of an overdose. HAART was recommenced in the 2nd week after surgery, resulting in the long-term administration of steroids. Liver biopsies in the 12th month after liver transplantation revealed one case of fibrosing cholestatic hepatitis (FCH), one case of fibrosis stage F3, two cases of F2, and five cases of F1. The prognosis after transplantation was thought to be encouraging, since there was only one death as a result of FCH in the series.

Living Donor Liver Transplantation for Patients with HIV–HCV Coinfection

The Koike Group of the Ministry of Health, Labour, and Welfare reported seven cases of living donor liver transplantation (LDLT) for HIV–HCV coinfecting patients with hemophilia at The University of Tokyo, and one at Hiroshima University.^{35,36} The HCV genotypes were 1a and 1b ($n = 1$), 1b and 3a ($n = 1$), 2a and 2b ($n = 1$), and 3a and 1b ($n = 1$). The HCV-RNA levels ranged from 2.8 to 1410 kIU/ml, the HIV-RNA levels in two cases were 50 copies/ml or less, being below the sensitivity level, and the CD4+ T-cell counts ranged from 120 to 618/ μ l and were 250/ μ l or less in two cases. At the time of the report in 2005, four patients were alive. Small bowel bleeding (suspected cytomegalovirus enteritis) and graft dysfunction were cited as the causes of death of the nonsurviving patients. Interestingly, interferon therapy was given after surgery to the surviving patients, whereas it was suspended in the two patients who died. HAART therapy was not given to one patient on the grounds that the HIV virus disappeared as the interferon treatment progressed. The report stated that the administration of factor 8 products was never required after surgery for patient #1.

Living donor liver transplantation from a hemophilia carrier was reported in 2002,³⁷ and it seems that LDLT has been performed in up to 10 patients in Japan. As noted in the section on epidemiology, there are some 50 patients coinfecting with HIV–HCV from blood products, in whom liver failure has developed. They, like other patients with chronic hepatitis, may be candidates for liver transplantation, so it is necessary to collect sufficient information.

Problems with Liver Transplantation in HIV–HCV Coinfecting Patients with Hemophilia

The Blood Concentration of the Calcineurin Inhibitor Used in Combination with HAART Is Increased

The risk of opportunistic infections caused by a delay in starting HAART and the appropriate time to start HAART has not been established. Moreover, early initiation of the therapy is associated with a high risk of drug-induced liver damage.^{38,39} A new drug, Raltegravir, does not interfere with the metabolism of the calcineurin inhibitor, and might reduce the chance of overshooting the trough level of the calcineurin inhibitor.⁴⁰

Progression of HCV Recurrence Is Accelerated in These Patients Compared with Those Who Are Only HIV-Positive⁴¹

The HIV virus population dynamics manifest via the immune systems, which are targeted by antiviral drugs such as interferon and ribavirin as well as the HAART

Table 3. Reported series of liver transplantation for patients with HIV infection

| First author, year, institution (Journal ^{Ref}) | | <i>n</i> | Survival | Findings |
|--|---|--------------------------|-----------------------------|--|
| Ragni, 2003, Pittsburgh (J Infect Dis ²⁷) | HIV only | 24 | 3-Year 72.8% | Risk factor for mortality after LT CD4+ <200/μl, HAART resume not possible HIV viral load >400 copies/ml |
| | HIV+HCV | 15 | 3-Year 56.9% | |
| Neff, 2003, Pittsburgh (Liver Transpl ²⁸) | HIV positive | 16 | 14/16 | 2 HAART discontinued due to liver damage 13/16 HIV negative before LT CD4+ <200/μl (6/16), <100/μl (2/16) ACR (6/16). FK trough level increased (6/16) |
| Fung, 2004, Review (Liver Transpl ²⁵) | HIV positive (total) | 51 | 80% | 68% HCV coinfection, 26% hemophilia |
| | (Pittsburgh) | 29 | 20/29 | |
| Norris, 2004, London (Liver Transpl ²⁹) | HIV+HCV | 7 | 2/7 | 4 HCV recurrence, died with sepsis HBV no recurrence |
| | HIV only | 7 | 7/7 | |
| Moreno, 2005, Madrid (Liver Transpl ³⁰) | HIV+HCV | 4 | 3/4 | 1 died with FCH 17 months after LT CD4+ <100/μl (2/16) ACR (1/4), no opportunistic infection |
| Radecke, 2005, Essen (Liver Int ³¹) | HIV+HCV | 5 | 2/5 | 2 survived case on HAART |
| Miró, 2007, Barcelona (J HIV Ther ¹¹) | HIV+HCV | Review (<i>n</i> > 200) | 1-Year 50%–55% (without LT) | Indication for LT: CD4+ >100/μl, HIV negative |
| Schreibman, 2007, Miami (Transplantation ²⁰) | HIV positive | 15 | 3-Year 73.3% | SVR rate (post LT) 15%–20% Infectious complication 26.7% vs 8.7% (<i>P</i> = 0.006) Indication for LT: CD4+ >100/μl, HIV <200 copies/mm ³ |
| | HIV negative | 857 | 3-Year 79.4% | |
| Reiberger, 2008, Vienna (Eur J Clin Invest ³²) | HIV+HCV (post) | 31 | | HCV viral load increased on immunosuppression IFN effective if CD4+ preserved SVR rate: HIV–HCV (post LT) 28% |
| | HIV+HCV (pre) | 20 | | |
| | HCV only (pre) | 25 | | |
| | HIV+HCV (post LT) 50%, HCV only (post LT) 56% | | | |
| Mindikoglu, 2008, UNOS (Transplantation ²⁶) | HIV positive | 138 | 2-Year 70%, 3-year 66% | All after HAART era, HCV+ poor prognostic factor |
| | HIV+HCV | 58 | 2-Year 52% | |
| | HIV negative | 520 | 2-Year 81%, 3-year 77% | |
| Duclos-Vallée, 2008, France (THEVIC study group) (Hepatology ²¹) | HIV+HCV | 35 | 2-Year 73%, 5-year 51% | Pre LT MELD score most important factor for mortality HIV coinfection: fibrosis progression (>F2) quicker LT indication: CD4+ > 100/μl, HIV negative LT indication: HIV negative, no AIDS |
| | HCV only | 44 | 2-Year 91%, 5-year 81% | |
| Samri, 2009, France (multicenter) (J Hepatol ³³) | HIV+HCV | 14 | 2-Year 93% | FK and HAART resumed 2 weeks after LT, FK overdose 5/14 (36%) 1 FCH died. 1-year F2 2, F3 1, F4 (FCH) 2 |
| Testillano, 2009, Bilbao (Transplant Proc ³⁴) | HIV+HCV | 12 | 3-Year 62% | Patient survival, HCV recurrence, FCH not different (<i>P</i> = 0.09) from LT for patients without HIV |
| | HCV only | 59 | 3-Year 84% | |

.HIV, human immunodeficiency virus; HCV, hepatitis C virus; HBV, hepatitis B virus; HAART, highly active antiretroviral therapy; FCH, fibrosing cholestatic hepatitis; LT, liver transplantation; ACR, acute cellular rejection; SVR, sustained virological response; IFN, interferon; UNOS, United Network for Organ Sharing; MELD, model for end-stage liver disease; FK, tacrolimus

drugs.^{42–45} The best time to start interferon treatment and other post-transplantation measures to prevent HCV, optimal immunosuppressive regimens, and ways of monitoring drug blood levels are being studied, and further reports are expected.^{46–51}

According to a review on the effects of interferon treatment after liver transplantation, the SVR rate ranges from 0% to 50%. This article reported that there had been many side effects in HIV-positive patients, especially caused by anemia and a low white blood cell

count, and that the continuation of treatment for such patients had been made possible by administration of the growth factor.⁵²

Some Studies Refer to the Correlation Between T-Cell Counts and Acute Rejection

In practice, some studies showed the rate of acute cellular rejection to be similar, regardless of HIV positivity.^{11,53} Induction therapy without steroids has also been attempted,⁵⁴ and the rate of opportunistic infection is reported to be similar after organ transplantation in HIV-positive patients.²⁰ Thus, the number of CD4+ lymphocytes present prior to liver transplantation is an important factor.

HAART Drugs Can Cause Hepatic Toxicity⁵⁵

If HAART drugs induce liver failure, the best HAART drug to use after liver transplantation must be selected carefully. HAART drug toxicity can also induce complications with acute cellular rejection or other hepatic problems after liver transplantation. A liver biopsy may be needed to elucidate the real cause. Noncirrhotic portal hypertension has recently been reported in HIV-positive patients. HAART drugs may be related to those unresolved pathogenesises.⁵⁶

The Control of Infection After Liver Transplantation for HIV-HCV Coinfection Is Based on the Count of CD4+ Lymphocytes Obtained During the Perioperative Period

Therefore, the timing of recommencement of the HAART drug and the preoperative CD4+ lymphocytes counts are both important factors. According to previous reports, prophylaxis against bacterial and viral infections seems to be the same as for liver transplantation without HIV infection.²⁰

The Presence of Hemophilia Makes It Difficult to Manage the Coagulation Time and Control Bleeding During the Intra- and Postoperative Period Before a Transplanted Liver Starts to Function

Moreover, when considering LDLT and when only carrier-donors exist, an assessment of the risks associated with the resection of the carrier-donor's liver would also be a problem.³⁷

Conclusions

This review is an overview of liver transplantation performed to date for HIV-HCV coinfecting persons. Although there have been no cadaveric liver transplantations for these patients in Japan,⁵⁷ conventional knowledge about cadaveric liver transplantation may be

applicable in most cases, despite the unresolved problems. In light of the fact that most of these Japanese patients are the victims of contaminated blood products, we believe that the number of liver transplantations will increase, in the context of medical relief.⁵⁸

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How to Do It

Living Donor Liver Transplantation with Extensive Caval Thrombectomy for Acute-on-Chronic Budd–Chiari Syndrome

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Abstract

The key consideration when performing living donor liver transplantation (LDLT) in patients with Budd–Chiari syndrome (BCS) is careful management of a stenotic or occluded inferior vena cava (IVC), because it is not possible to replace the recipient stenotic or occluded IVC with donor IVC as in cadaver donor transplantation. We describe how we performed LDLT with extensive thrombectomy in a patient with acute-on-chronic BCS with a totally thrombosed retrohepatic IVC. The operation was successful and the patient remains well, with follow-up images showing a patent IVC and hepatic veins. To our knowledge, LDLT for a BCS patient with severe extensive caval thrombus has never been reported before. We consider that the successful outcome of this patient clearly demonstrates the feasibility of our technique of extensive thrombectomy, without a vessel graft, to manage a stenotic or occluded IVC in LDLT in patients with BCS.

Key words Living donor liver transplantation · Budd–Chiari syndrome · Thrombectomy · Cavoplasty

Introduction

Liver transplantation is ultimately the treatment of choice for patients with Budd–Chiari syndrome (BCS), especially those with fulminant forms of BCS, those with established cirrhosis or frank fibrosis, and those with defined hepatic metabolic defects such as protein C or protein S deficiency.¹ The safety and efficacy of liver transplantation for patients with BCS has been

confirmed by a multicenter study conducted in Europe and by a United States national registry analysis.^{2,3}

In contrast to deceased donor liver transplantation, when the recipient stenotic or occluded inferior vena cava (IVC) can be replaced with the donor IVC, in living donor liver transplantation (LDLT) it cannot, so appropriate management of a stenotic or occluded IVC is imperative in LDLT in the patient with BCS. We recently performed successful LDLT with extensive thrombectomy in a patient with acute-on-chronic BCS with a totally thrombosed retrohepatic IVC.

Patient

A 63-year-old man was admitted with general fatigue and vomiting to a local hospital, where liver dysfunction was confirmed. He was transferred to our hospital when his liver function deteriorated severely, with the following laboratory findings: serum total bilirubin 5.6 mg/dl, aspartate aminotransaminase 3573 IU/l, and alanine aminotransferase 2034 IU/l. He also had grade 3 hepatic encephalopathy. Abdominal computed tomography (CT) showed occlusion of the middle and left hepatic veins with thrombus in the IVC, extending from below the renal vein to the suprahepatic IVC (Fig. 1), as well as moderate ascites, and a patent portal vein. As a result of intensive care including plasma exchange, the acute liver failure improved and the patient was referred as a candidate for LDLT, with a diagnosis of BCS.

Technique

The patient underwent LDLT 3 months after the onset of acute liver failure. He received a right lobe liver graft from his son. The intraoperative findings revealed a hard and irregular liver, with moderate ascites and signs of portal hypertension.

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The preoperative abdominal CT showed a thrombosed IVC, so a portovenous bypass was established early in the procedure. The supradiaphragmatic IVC was cross-clamped after opening the pericardium. We introduced a Fogarty catheter through the opened and widened orifice of the right hepatic vein and common trunk of the left and middle hepatic veins. Since part of

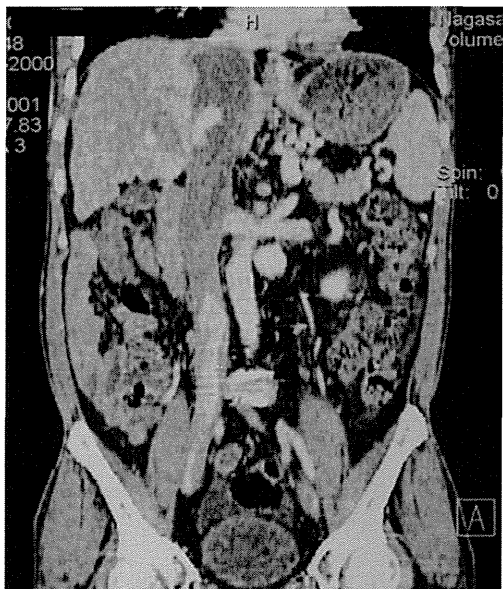


Fig. 1. Coronal view of preoperative abdominal computed tomography (CT) showed thrombosis of the inferior vena cava (IVC) extending from the suprahepatic IVC to below the left renal vein, a cirrhotic liver, and collateral vessels

the thrombus was difficult to remove by using only a Fogarty catheter, we performed thrombectomy through a longitudinally opened IVC wall with segmental cross-clamp.

After removing the thrombus from the IVC, we performed cavoplasty to match the orifice of donor's hepatic vein without any patch or interposition graft. The right hepatic vein of the graft was anastomosed to the recipient's IVC in an end-to-side fashion (Fig. 2), and portal, arterial, and biliary anastomoses were completed in a standard fashion. Immediately after LDLT, intravenous heparin therapy was started, which was later changed to oral warfarin. The patient had an uneventful postoperative recovery and was discharged on postoperative day 28. Follow-up CT confirmed a patent IVC and hepatic veins (Fig. 3). The patient is now doing well without any signs of recurrence of BCS.

Discussion

Yamada et al.⁴ reported three cases of patients who underwent LDLT without replacement of a chronically occluded IVC because they had well-developed hemiazygos veins. As our patient did not have well-developed hemiazygos veins, the IVC had to be preserved as a return from the lower half of the body and as an outflow route from the liver.

As options to replace an occluded retrohepatic IVC in LDLT, Yan et al.⁵ reported the usefulness of a cryopreserved vena cava graft, and Shimoda et al.⁶ advocated an autologous vein graft. Although these

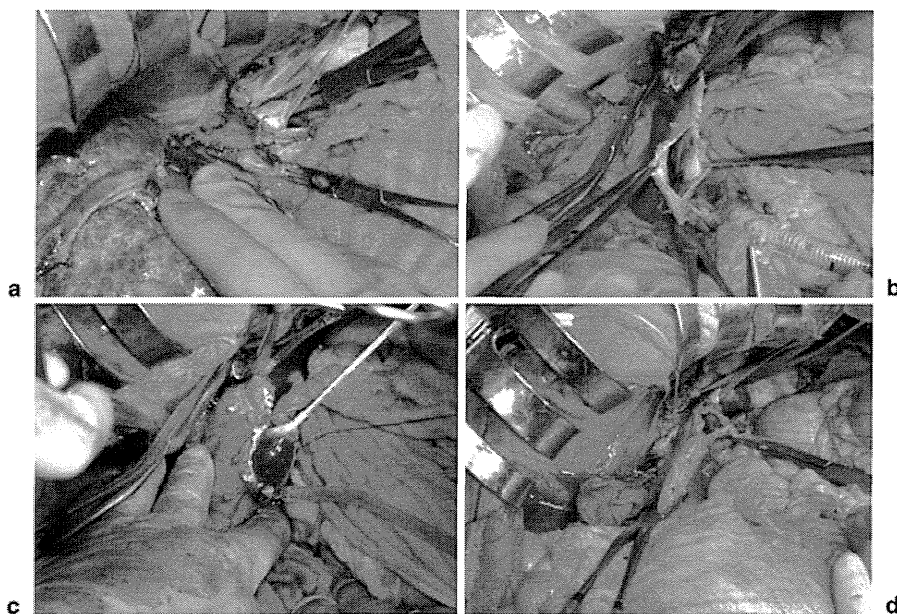


Fig. 2. Intraoperative photos showing cross-clamping of the IVC after opening the pericardium (a), opening of the IVC and subsequent thrombectomy with a Fogarty catheter (b, c), and cavoplasty performed to match the right hepatic vein of the graft (d)

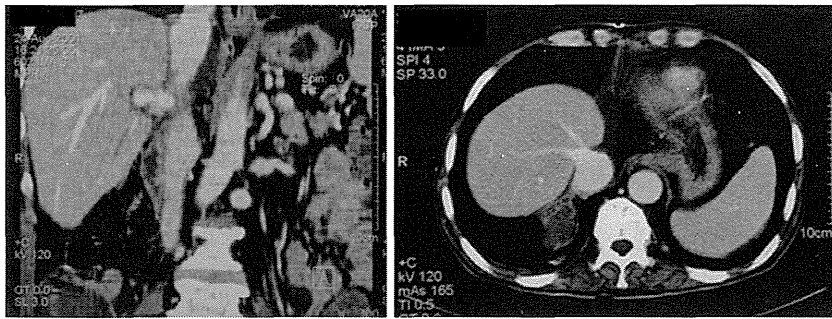


Fig. 3. Follow-up abdominal CT confirmed a patent IVC with no signs of recurrent thrombus

techniques have merit, appropriate cryopreserved grafts or autologous vessel grafts are not always available. Lee et al.⁷ described replacing the diseased stenotic retrohepatic vena cava of the recipient with a large-caliber Dacron interposition graft, placed between the right atrium and the infrahepatic IVC. Although long-term outcomes should be evaluated, their technique might be feasible if the thrombotic obstruction of the suprahepatic IVC extends almost to the junction of the right atrium and the intrapericardiac IVC.⁷

The successful outcome of our patient confirms the feasibility of our technique, including extensive thrombectomy without a vessel graft, for managing a stenotic or occluded IVC in LDLT for the BCS patient. In slow-progressing BCS, the wall of inferior caval vein can become fibrotic if thrombosis exists there long term. Although our technique might be applicable for slow-progressing as well as acute BCS, it is important to check if the IVC has a fibrotic wall that could make the IVC stenotic even after thrombectomy.

To the best of our knowledge, this is the first report of LDLT in a BCS patient with such severe extensive caval thrombus. Thus, for patients with acute deteriorating BCS with IVC thrombosis, and for those without CT evidence of a well-developed long-standing hemiazygos

vein, we consider LDLT with extensive thrombectomy to be a good treatment option.

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Surgical Technique

Elective living donor liver transplantation by hybrid hand-assisted laparoscopic surgery and short upper midline laparotomy

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Background. Although the technique of liver transplantation is well developed, the invasiveness of the operation can be decreased with laparoscopic procedures.

Methods. We performed elective living donor liver transplantation (LDLT) through a short midline incision combined with hand-assisted laparoscopic surgery (HALS). Nine selected patients with end stage liver disease underwent the procedure between July, 2010 and February, 2011 (median age 60, median Child-Pugh 9, median MELD score 14). Splenectomy was performed simultaneously in 7 cases. The liver (and spleen) were mobilized by a sealing device under a HALS procedure with an 8-cm upper midline incision, followed by explantation of the diseased liver (and spleen) through the upper midline incision which was extended to 12 to 15 cm. Partial liver grafts were implanted through the upper midline incision.

Results. The median duration of the operation was 741 minutes, the median time needed for anastomosis was 48 minutes, the median blood loss was 3,940 g, and the median liver weight was 866 g. Eight recipients are alive and have good graft function. A difficult implantation for one patient required an additional right transverse incision. When compared with 13 recent liver recipients who underwent LDLT with a regular Mercedes-Benz-type incision, no clinically relevant drawbacks of the HALS hybrid procedure were observed.

Conclusion. We have shown the feasibility and safety of LDLT performed through a short midline incision without abdominal muscle disruption with the aid of HALS. (*Surgery* 2011;150:1002-5.)

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IN AN ATTEMPT to decrease the morbidity and invasiveness associated with liver surgery, several liver transplant teams have developed laparoscopic approaches to hepatectomy for living donors and patients with hepatic malignancies.¹⁻⁵ The surgical procedure performed on liver transplant recipients with portal hypertension is considered one of the most difficult abdominal operations because of the existence of collateral vessels. Nevertheless,

selected patients have undergone a less invasive procedure with laparoscopic assistance, including patients with portal hypertension who underwent splenectomy.⁶ We postulated that an elective liver transplant recipient procedure could be performed through an upper midline laparotomy after mobilization of the liver and spleen using hand-assisted laparoscopic surgery (HALS). We report a safe method for less invasive liver transplantation via a short midline incision without disruption of the abdominal musculature and nerves.⁷

MATERIALS AND METHODS

Living donor liver transplantation (LDLT) through a midline incision using a hand-assisted laparoscopic procedure was planned in 9 patients between July 2010 and February 2011. Seven patients had liver cirrhosis due to hepatitis C, in

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Table. Comparison of patient demographics and operative results

| | <i>HALS + upper midline</i> (n = 9) | <i>Mercedes-Benz-type incision</i> (n = 13) | <i>P value</i> |
|--------------------------|-------------------------------------|---|----------------|
| Age | 60 (44–69) | 54 (27–72) | NS |
| Gender (Male:Female) | 4:5 | 8:5 | NS |
| Child-Pugh score | 9 (6–14) | 10 (5–15) | NS |
| MELD score | 14 (7–43) | 15 (7–35) | NS |
| Graft (RL:ELL) | 1:8 | 6:7 | NS |
| Operation duration (min) | 741 (599–839) | 812 (654–1,097) | <i>P</i> < .05 |
| Anastomosis (min) | 48 (37–55) | 36 (32–65) | NS |
| Blood loss (g) | 3,940 (1300–18,400) | 3,350 (520–5,600) | NS |
| Explanted liver (g) | 866 (596–1,270) | 830 (399–1,250) | NS |
| Outcome | 1 death | 2 deaths | NS |

Values are expressed as median (range).

HALS, Hand-assisted laparoscopic surgery; *MELD*, model for end-stage liver disease; *Anastomosis*, anastomosis for hepatic vein and portal vein reconstruction; *ELL*, extended left lobe graft with middle hepatic vein; *RL*, right lobe graft.

whom splenectomy was performed simultaneously. One patient required LDLT because of hepatitis B cirrhosis, and another for Caroli's disease. The Ethics Committee of Nagasaki University Hospital approved a laparoscopic approach for the living donors as well. After experience with the 3 living donor right hepatectomy procedures, we planned to introduce the procedure in the recipient operation as well. The laparoscopic procedure was described in detail to the recipients and they gave their written consent. Patient demographics are provided in the Table. This combined laparoscopic and upper midline laparotomy procedure was indicated only for elective LDLT without a previous history of upper abdominal surgery. Neither ascites nor the degree of portal hypertension was considered as an exclusion criterion. Splenectomy was performed for preemptive interferon therapy after the liver transplantation.

Operative technique. Patients were placed supine with arms adducted and a urinary catheter, and arterial and central venous lines were inserted. An 8-cm upper midline laparotomy was made followed by a 12-mm infra umbilical incision for the laparoscope. A Gelport (Applied Medical, Rancho Santa Margarita, CA) was used in at the 8-cm incision, and a 5-mm port was placed in the right and left lateral upper abdomen under pneumoperitoneum (CO₂ at 8 mmHg) (Fig, A). This configuration enabled the first assistant surgeon, who stood on the left side of the patient, to use the hand port for liver manipulation. The primary operator stood on the right side and used the right lateral 5-mm port for dissection. Using a laparoscopic sealing device (Enseal; Ethicon Endo-Surgery, Cincinnati, OH) and hand assist, the right lobe of the liver was mobilized until the inferior vena cava was exposed (Fig, B). For patients who needed splenectomy, the primary operator moved to the left side and used the left lateral

5-mm port to mobilize the spleen from the retroperitoneum, which was handled by the first assistant surgeon through a Gelport from the right side, using a sealing device. After those bilateral mobilizations, the midline incision was extended to 12–15 cm, and a wound protector was applied. The wound was retracted and opened with the Omnitract retractor. Under direct view, the short hepatic veins were divided and the right hepatic vein was encircled through a midline incision as well as by transection of the splenic hilum with an endovascular stapler. After hepatic hilum dissection, explantation of the liver was performed in our regular manner without venovenobypass (Fig, C).

Implantation of the left hepatic lobe with the middle hepatic vein was performed through the midline under cross-clamping on inferior vena cava using the standard procedure, followed by arterial and biliary reconstruction. Implantation of the right hepatic lobe was performed under partial clamping on inferior vena cava. After the procedure (Fig, D), 2 drains were placed through the 5-mm trochers, and the midline wound was closed.

In order to clarify the effect of our HALS hybrid procedure, data from 13 recent cases of the LDLT procedure involving a Mercedes-Benz-type incision after January 2010 were analyzed and compared (Table).

Statistical analysis. Univariate analysis was performed using the chi-square test for categorical factors and the Mann-Whitney test for numerical values. *P* values of less than .05 were considered to be statistically significant.

RESULTS

The Table shows the patient demographics and operation results for our hybrid procedure of LDLT in comparison with LDLT under regular Mercedes-Benz-type incision. Case 2 had massive

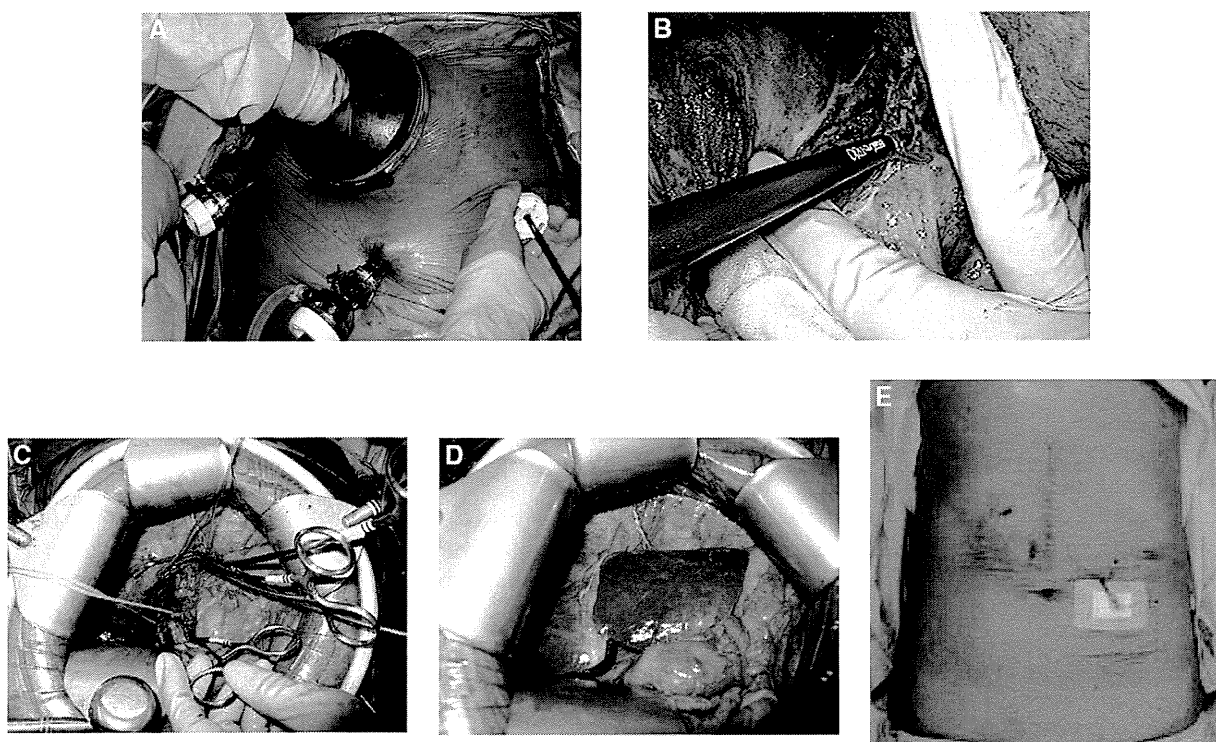


Fig. Case 2, 68 years old, female. (A) Hand-assisted port was applied for pneumoperitoneum. (B) Laparoscopic mobilization of the diseased liver. (C) Anhepatic phase through midline incision. (D) Implanted extended left liver lobe graft. (E) The abdominal wound 2 months after the operation. A biliary splint and tube jejunostomy was still placed and covered with white gauze.

3.5-L ascites that was evacuated through the laparotomy. A left lobe graft with the middle hepatic vein was implanted through the upper midline incision in 8 patients. The median duration of the operation was 741 minutes (range, 599–839) with a median blood loss of 3,940 ml (range, 1,300–18,400). The hepatic venous and portal venous reconstruction lasted a median of 48 minutes (range, 35–55). In case 2, the caudate lobe vein was also reconstructed. One case (Case 8) required an additional right transverse incision as it involved a difficult implantation. Eight recipients are alive and have excellent graft function. One death (Case 8) occurred due to thrombolytic microangiopathy on day 68. The wound in Case 2 was shown at 2 months after the LDLT (Fig. E).

When the results of the HALS hybrid procedure were compared with those of 13 recent LDLT recipients performed using a regular Mercedes-Benz-type incision, no clinically important limitations were observed with the HALS hybrid procedure (Table). In fact, the operative time was less in HALS hybrid cases (HALS: median 741 vs Mercedes-Benz: 812 minutes). Otherwise, there were no important differences between HALS hybrid cases and regular incision cases.

DISCUSSION

We showed the feasibility of LDLT through a midline incision without abdominal muscle disruption as occurs with the usual transverse incision combined with HALS. Because LDLT is performed usually in an elective manner, this procedure could be planned and prepared for.

Before this study, we had performed 130 LDLTs through the usual transverse Mercedes-Benz-type incisions.⁸ Based on that experience, we presumed that it would be possible to perform explantation of the liver and spleen followed by implantation of the partial graft liver through a midline incision, because the liver hilum and inferior vena cava are usually located in the center of the upper abdomen. Also, because HALS has been used in the hepatectomy from the living donors, hepatic malignancy, and splenectomy, its use in the recipients seemed logical, because the magnified view under laparoscopy would allow us to obtain hemostasis using sealing devices.^{9,10} Because the transverse incision is usually needed only for mobilization of the right liver lobe and spleen, the laparoscopic procedure would allow this mobilization, especially in patients with an increased body mass index.^{11,12}

During liver transplantation for patients with hepatitis C, we perform splenectomy for postoperative interferon treatment with ribavirin, which is sometimes complicated by thrombocytopenia.¹³ For this combined procedure with mobilization of the liver and spleen, as presented in 7 cases, the HALS procedure showed a marked benefit of visualization not possible with the usual open laparotomy. It made sense for us to perform the mobilization of the liver and spleen using HALS under the laparoscope, because after these procedures the liver transplantation could be performed through the short upper midline incision. Quick celiotomy and closure of the abdomen were also benefits of the upper midline incision.¹⁴ Because no muscle disruption occurred, we believe that postoperative rehabilitation was facilitated. The additional duration of the laparoscopic procedure was offset by the rapid opening and closing of the abdominal incision.

In our series, for the hybrid procedure of HALS and a short midline laparotomy, we selected patients without a history of previous upper abdominal surgery. Although there was still a risk of massive bleeding from collateral vessels, the use of a sealing device with a magnified view allowed us to perform the laparoscopic mobilization. The median blood loss during LDLT was similar to what is reported in large LDLT series.¹⁵ Although we have not had serious complications during the procedure, we would not hesitate to add a wide transverse incision if any difficulty occurred during the procedure, as occurred in our case 8.

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原 著

マイアミ大学での HIV 陽性患者に対する肝移植

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目的: 肝移植先進国での HIV 陽性患者に対する肝移植成績を明らかにする。

患者と方法: 1999 年より 2010 年 1 月までに米国マイアミ大学で 26 人に対して 29 回の肝移植を施行した。HIV 感染経路は、血液製剤 2 例、輸血 1 例、静注薬使用 7 例、同性間性感染の男性 13 例、異性間性感染 3 例であった。移植時年齢は以下中央値 (範囲) 45 歳 (36~62)、男性 23 例、女性 3 例、2002 年以降 24 例の MELD (model for end-stage liver disease) スコア 22 (1~43)、HIV 以外に HBV 感染 10 例、HCV 感染 12 例、HBV/HCV 共感染 2 例であり、肝細胞癌合併 5 例、CD4 陽性 T 細胞実数は 155/μL (23~1,045) であった。

結果: 脳死ドナー年齢 46 歳 (18~65)、移植手術は冷阻血時間 436 分 (256~1,946)、温阻血時間 33 分 (25~57) で、輸血量は 12U (0~45)、FFP 17U (0~97)、PC18U (0~98) であった (米国 1U は日本 2U に相当)。移植後入院期間は 12 日 (1~107) で、overall の患者生存率は 3 年 69.1%、5 年 61.4%、死亡例 12 例の死因は敗血症 4、HCV 再燃 3、再発肝細胞癌 1、移植後リンパ増殖性疾患 1、進行性多巣性白質脳症 1、不明 2 であった。全症例タクロリムスを使用した免疫抑制で、前半は過剰投与によるトランプ値の overshoot 傾向がみられたが、後期では調節良好であった。

結論: 今回の共同研究結果を参考に、本邦での HIV 陽性患者に対する肝移植も進めることができると考えられた。

キーワード: HIV, HCV, 肝移植, 血友病, マイアミ

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1. はじめに

1995 年以降、HIV 陽性患者の死亡数は Highly Active Anti-Retroviral Therapy (HAART) による HIV のコントロールの改善により減少するとともに、死因に大きな変化が見られた。米国では 1997~2000 年に死亡した 135 人の HIV 陽性患者のうち、AIDS 関連死 (日和見感染による死亡) は約 50%、残りの約半数のうち、約 90% は肝疾患関連であり、多くは HCV 感染症による死亡であった¹⁾。その他の諸国でも同様な問題が指摘されてきている^{2~4)}。

本邦では、特に血友病など血液疾患に対する過去の汚染血液製剤使用による HIV 感染者は 90% 以上が HCV にも重複感染しており、今後、肝移植を念頭においたフォローが必要となってくる⁵⁾。しかし、本邦でも肝移植の報告は約 10 例程度であり、本邦での患者救済への情報が欠乏している⁶⁾。そこで、2009 年に「血液製剤による HIV/HCV 重複感染者に対する肝移植のための組織構築」研究班 (兼松班) が立ち上がり、本邦における当該患者に対する肝移植のための情報収集を開始した。研究班の事業の一環とし

て、HIV 陽性患者に対する肝移植を積極的に施行しているマイアミ大学へ海外委託事業として共同研究を開始した。その結果を今回マイアミ大学⁷⁾での最新の肝移植成績を解析、公表し、本邦での当該患者に対する肝移植の一般化に向けての考察を行うこととした。

2. 患者と方法

マイアミ大学およびその関連施設では 1999 年より 2010 年 1 月までに 26 人に対して 29 回の肝移植が施行された。その詳細を表 1 に示す。HIV 感染症の原因は、血友病に対する血液製剤によるものが 2 例、輸血によるもの 1 例、iv drug 濫用 7 例、MSM (man who have sex with men) 13 例、同性間性感染の男性 3 例であった。患者の移植時の年齢は中央値 45 歳 (36~62 歳)、男性 23 例、女性 3 例、血液型は A 型 12 例、B 型 2 例、O 型 11 例、AB 型 1 例、人種は白人 23 例 (ヒスパニック 2 例)、アフリカンアメリカン 3 例であった。レシビエントの BMI 中央値は 24 (16~32)、ICU 管理中 2 例、入院中 8 例、自宅待機 17 例であった。

マイアミ大学での HIV 陽性患者における肝移植適応は、通常の肝移植患者と同様に MELD (model for end-stage liver disease) により決定されていた。加えて HIV 感染患者では HIV 検出感度以下で、活動性感染症がないことが適応

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表 1 マイアミ大学での HIV 陽性肝移植患者

| | |
|---|---------------------------|
| 初回移植/再移植 | 26/3 計 29 回 |
| 移植時年齢 | 中央値 45 歳 (36~62) |
| 性別 (男性/女性) | 23/3 |
| HIV 感染症の原因 (MSM/iv drug 濫用/性交感染/血友病に対する血液製剤/輸血) | 13/7/3/2/1 |
| 血液型 (A/B/O/AB) | 12/2/11/1 |
| 人種 (白人/アフリカンアメリカン) | 23 (ヒスパニック 2)/3 |
| BMI | 中央値 24 (16~32) |
| レシピエント状態 (ICU 管理中/入院中/自宅待機) | 2/8/17 |
| 移植時重症度 | |
| 2002 年までの 5 例 (Status 1/2a/2b) | 1/1/2 |
| 2002 年以降 24 例 | MELD スコア中央値 22 (1~43) |
| ウイルスマーカー (HBV 単独感染/HCV 単独感染/HBV/HCV 共感染, HIV のみ) | 10/12/2/5 |
| HCC 合併 | 5 (19.2%) |
| 劇症肝炎 | 4 (3 例は HBV, 残りの 1 例は薬剤性) |
| CD4 実数 | 中央値 205 (23~1,780) |
| CD4% | 中央値 29% (8~56%) |
| 門脈血栓 (あり/なし) | 6/23 |

条件となっていた。一方、CD4 の実数は移植適応には加味されていなかった。

移植時の重症度は 2002 年までの 5 症例では医学的緊急度 Status 1 (劇症肝炎, 移植肝不全など) が 1 例, 2a (ICU 待機) が 1 例, 2b (在院 ICU 外待機) が 2 例であった。2002 年以降は MELD (model for end-stage liver disease) スコアが計算されており, 24 例の MELD スコア中央値 22 (1~43) であった。ウイルスマーカー別では HBV 単独感染が 10 例, HCV 単独感染が 12 例, HBV/HCV 共感染が 2 例であり, HCC の合併は 5 例に認めていた。劇症肝炎は 4 例のうち 3 例は HBV によるもので, 残りの 1 例は薬剤性であった。CD4 陽性 T 細胞の実数は中央値 155 (23~1,045) で, CD4 陽性 T 細胞の%は 26% (8~50%) であった。また, 4 例 (13.8%) に門脈血栓症を認めていた。

3. 肝移植成績

表 2 に肝移植脳死ドナー, 手術概要を示す。手術患者に移植された脳死ドナーは年齢の中央値 46 歳 (18~65 歳) で, 男性 15 例, 女性 14 例であった。

移植手術は conventional 法は 2 例のみで, 他は piggy back 法で施行され, バイパスは 8 例で使用されていた。胆道再建法としては胆管空腸吻合が 22 例, 胆管胆管吻合は 7 例

であった。冷阻血時間中央値 436 分 (256~1,946 分), 温阻血時間中央値 33 分 (25~57 分) で, 輸血量は 12U (0~45), FFP 17U (0~97), PC18U (0~98) であった (米国の 1U は日本の 2U に相当する)。

移植後入院期間の中央値は 12 日 (1~107 日) で, 移植成績としては, 2010 年 1 月までで 17 例生存, 12 例死亡で, 3 例に再移植が施行されていた。再移植 3 例中 2 例は死亡していた。患者生存中央値は 112 日 (1~1,928) であった。Overall の患者生存は 3 年 69.1%, 5 年 61.4% であった (図 1)。また門脈血栓の有無でも肝移植成績に有意差を認めなかった (図 1)。CD4 陽性 T 細胞の実数別で患者生存を分類してみても, 肝移植成績に有意差を認めなかった (図 2)。

死亡例 12 例の死因は敗血症 4 例, HCV 再燃 3 例 (1 例は慢性拒絶合併), 再発 HCC 1 例, 移植後リンパ増殖性疾患 1 例, 進行性多巣性白質脳症 1 例, 不明 2 例であった。

免疫抑制剤はすべての症例でタクロリムスを使用した免疫抑制を行った。各症例でトラフ値は様々であったが, 前半はリトナビルと FK の相互作用による FK トラフ値の overshoot 傾向がみられた (図 3 (1), (2))。後半は 1 週間に 1 回投与などの工夫により通常の免疫抑制レベルでコントロール良好な症例が多かった (図 3 (3))。

表 2 マイアミ大学での HIV 陽性患者に対する肝移植手術 (1999~2010. 1)

| | |
|---------------------|--|
| 脳死ドナー年齢 | 46 歳 (18~65) |
| 冷阻血時間 | 436 分 (256~1,946) |
| 温阻血時間 | 33 分 (25~57) |
| 輸血量 (日本の 2U が米国 1U) | 12U (0~45), FFP 17U (0~97), PC18U (0~98) |
| 胆道再建 | 胆管空腸吻合 22, 胆管胆管吻合 7 |
| 免疫抑制剤開始 | 中央値 1 日 (0~20) |
| HAART 再開 | 中央値 1 日 (0~109) |
| インターフェロン開始日 | 中央値 44 日 (2~220) |
| 移植後入院期間 | 12 日 (1~107) |
| | 17 例生存, 12 例死亡 |
| 死因 | |
| 敗血症 | 4 |
| HCV 再燃 | 4 (1 例は慢性拒絶合併) |
| 再発 HCC | 1 |
| PTLD | 1 |
| 進行性多発性白質脳症 | 1 |
| 不明 | 2 |

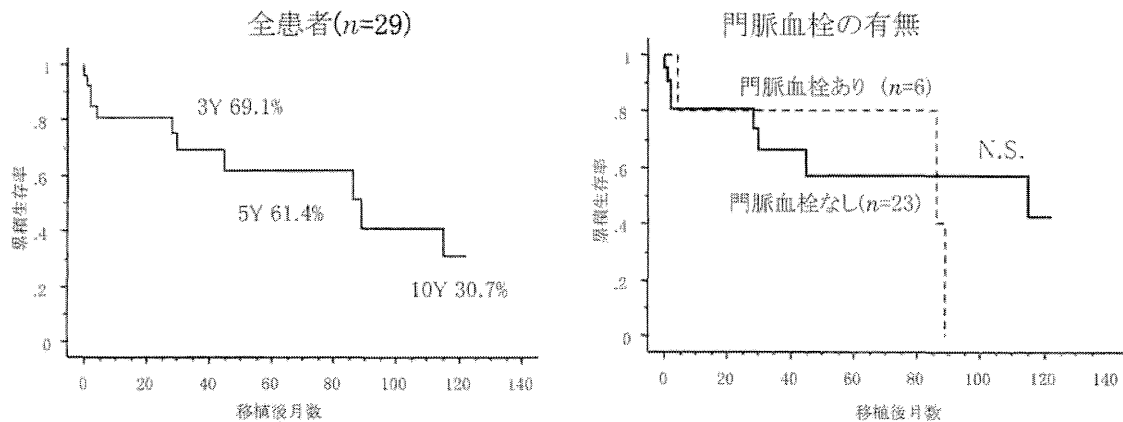


図 1 肝移植後患者生存率—マイアミ大学 (1999~2010. 1)

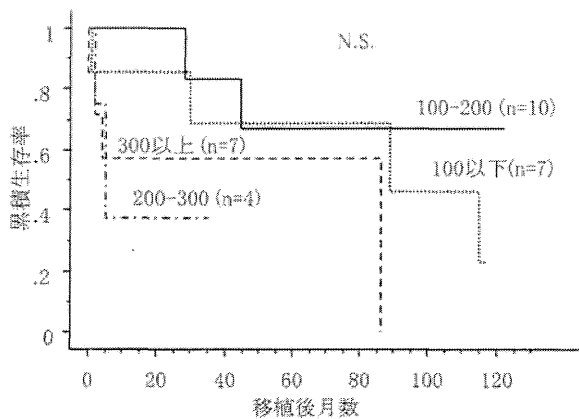


図 2 CD4 実数別 HIV 陽性患者に対する肝移植後患者生存率

4. 考 察

移植適応に関しては、基本的には非 HIV 陽性患者と同様に肝不全 (特に C 型肝硬変) の状態となり、長期予後が望めない患者が適応となる。また、肝不全には至っていないが、HAART による (C 型慢性肝炎をベースとした) 肝障害が高度で、HAART の中断・中止が必要な場合も適応とされる⁸⁾。HAART 施行中の患者では肝予備能、HIV 感染症の状況の双方からの適応検討が必要である。また経過中に肝細胞癌を発症した場合も適応となることがある⁹⁾。マイアミ大学での HIV 陽性患者における肝移植適応は、米国での通常の肝移植患者と同様に MELD (model for end-stage liver disease) により決定されていた。加えて HIV 感