

Extensive and Prolonged Restoration of Dystrophin Expression with Vivo-Morpholino-Mediated Multiple Exon Skipping in Dystrophic Dogs

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Duchenne muscular dystrophy (DMD) is a severe and the most prevalent form of muscular dystrophy, characterized by rapid progression of muscle degeneration. Antisense-mediated exon skipping is currently one of the most promising therapeutic options for DMD. However, unmodified antisense oligos such as morpholinos require frequent (weekly or bi-weekly) injections. Recently, new generation morpholinos such as vivo-morpholinos are reported to lead to extensive and prolonged dystrophin expression in the dystrophic *mdx* mouse, an animal model of DMD. The vivo-morpholino contains a cell-penetrating moiety, octa-guanidine dendrimer. Here, we sought to test the efficacy of multiple exon skipping of exons 6–8 with vivo-morpholinos in the canine X-linked muscular dystrophy, which harbors a splice site mutation at the boundary of intron 6 and exon 7. We designed and optimized novel antisense cocktail sequences and combinations for exon 8 skipping and demonstrated effective exon skipping in dystrophic dogs *in vivo*. Intramuscular injections with newly designed cocktail oligos led to high levels of dystrophin expression, with some samples similar to wild-type levels. This is the first report of successful rescue of dystrophin expression with morpholino conjugates in dystrophic dogs. Our results show the potential of phosphorodiamidate morpholino oligomer conjugates as therapeutic agents for DMD.

Introduction

DUCHENNE MUSCULAR DYSTROPHY (DMD) is a lethal and the most common form of muscular dystrophy worldwide, which affects 1 in 3,500 boys (Duchenne, 1867; Zellweger and Antonik, 1975). There is currently no effective cure for DMD. Most patients die in their 20s–30s with respiratory or heart failure. DMD and its milder form, Becker muscular dystrophy, are caused by mutations in the *dystrophin* (*DMD*) gene (Hoffman et al., 1987; Koenig et al., 1987). Antisense oligonucleotide-mediated exon skipping therapy is a most promising approach to curing DMD (Pramono et al., 1996;

Dunckley et al., 1998; Goyenvalle et al., 2011; Lu et al., 2011). Antisense oligos such as phosphorodiamidate morpholino oligomers (PMOs, or morpholinos) and 2'-O-methyl antisense oligos with phosphorothioate bonds (2'OMePS) against dystrophin mRNA lead to the production of internally deleted in-frame transcripts both *in vitro* and *in vivo* (Pramono et al., 1996; Dunckley et al., 1998; Lu et al., 2005; Yokota et al., 2009a; Yokota et al., 2012). The truncated quasi-dystrophin retains some functions like mild Becker dystrophy or even leads to asymptomatic individuals in some cases (Beroud et al., 2006; Nakamura et al., 2008; Aoki et al., 2010; Goyenvalle et al., 2010). Exon skipping therapies with PMO or 2'OMePS

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antisense oligos targeting the exon 51 are currently under phase-2/3 clinical trials (Aartsma-Rus and van Ommen, 2007; van Deutekom et al., 2007; Kinali et al., 2009; Cirak et al., 2011; Goemans et al., 2011).

One of the biggest challenges of exon-skipping therapy is that the single exon skipping is applicable to only approximately 50% of DMD patients (total of each single individual target exon). In contrast, double or multiple exon skipping is potentially applicable to 90% of patients (Aartsma-Rus et al., 2006; Yokota et al., 2007a). The dystrophic dog requires more than one exon skipping (multiple exon skipping targeting exon 6 and exon 8 in the dystrophin mRNA). Previously we reported the first successful multiple (double) exon-skipping treatment in body-wide skeletal muscles in Canine X-linked muscular dystrophy (CXMD) with a cocktail of antisense phosphorodiamidate morpholino oligomers (PMOs, morpholinos) (Yokota et al., 2009a). The dog trial targeting exon 6 and exon 8 of dystrophin mRNA led to 27% normal levels of dystrophin expression in body-wide skeletal muscles detected by western blotting analysis on average. However, unmodified morpholinos exhibit inefficient long-term delivery. The half-life of dystrophin expression was approximately 1–2 months (Wu et al., 2010).

Recently, new generation morpholinos such as cell-penetrating peptide conjugated phosphorodiamidate morpholino oligomers (PPMOs) and vivo-morpholinos (vPMOs) were reported to induce prolonged and extensive rescue of dystrophin expression and ameliorate the function in cardiac muscles in dystrophic *mdx* mice (Wu et al., 2009; Goyenville et al., 2010; Jearawiriyapaisarn et al., 2010; Crisp et al., 2011; Widrick et al., 2011; Wu et al., 2011a). vPMOs are morpholino oligomers conjugated with delivery moiety containing eight terminal guanidinium groups on a dendrimer scaffold that enable entry into cells (Fig. 1A) (Morcos et al., 2008). New generation morpholinos are efficiently delivered into various tissues including muscle fibers *in vivo* (Wu et al., 2009). Vivo-morpholino-mediated splice modulation efficiently also rescued Fukuyama congenital muscular dystrophy model mice and primary myotubes from human patients (Taniguchi-Ikeda et al., 2011). Their delivery efficacy is reported to be more than 50 times higher than unmodified morpholinos (Wu et al., 2009).

In this study, we focused on 2 aims. First, we employed a novel backbone (vivo-morpholino) for the antisense therapy in the dog model. Second, we tested novel antisense oligo cocktails designed for multiple exon skipping (exons 6 and 8) in the canine *DMD* gene. We hypothesized that (1) vivo-morpholinos induce extensive and prolonged dystrophin expression in dystrophic dogs, and (2) our novel antisense oligo cocktail can improve the efficacy of exon 6–8 multiple skipping. We tested these hypotheses and the efficacy of multiple (double) exon skipping in dystrophic dogs *in vivo*. Vivo-morpholinos with newly optimized sequences induced near normal level of dystrophin protein and prolonged expression recovery.

Materials and Methods

Ethics Statement

All animal works have been conducted according to relevant national and international guidelines. The Experimental Animal Care and Use Committee of the National Institute of Neuroscience, National Center of Neurology and Psychiatry (NCNP) Japan approved all experimental protocols in this

study. We obtained consent from all of the owners of the dogs involved in this study (All dogs are owned by NCNP).

Animals

The CXMD dog is the beagle dog model of DMD (Shimatsu et al., 2003). They were allowed *ad libitum* access to food and drinking water. Dogs carrying mutations were identified by reverse-transcription polymerase chain reaction (RT-PCR) analysis as previously described (Sharp et al., 1992). Three- to five-month-old dogs were used. Five dystrophic dogs were used for injections. Four dystrophic dogs and three wild-type dogs were used as non-treated controls. Animals were euthanized by exsanguination under general anesthesia.

Antisense oligos

Antisense oligos for targeted skipping of exons 6 and exon 8 in the canine *DMD* gene were used as previously described (Tables 1, 2) (Yokota et al., 2009a; Saito et al., 2010). All PMOs and vPMOs were obtained from Gene-tools, Inc (Morcos et al., 2008). As control oligos, we employed Ex6A only (GTTGATTGTCGGACCCAGCTCAGG) or 3-oligo cocktail containing Ex6A (GTTGATTGTCGGACCCAGCTCAGG), Ex6B (ACCTATGACTGTGGATGAGAGCGTT), and Ex8A (CTTCCTGGATGGCTTCAATGCTCAC) for intramuscular injections as indicated. The dose selection is based on previous mouse studies with PMOs and vPMOs, showing that vPMOs induce more than 10× higher efficacy, and dog studies with PMOs (Wu et al., 2009). The Ex8G dose and ratio were determined based on previous cell experiments (Saito et al., 2010).

Injections

Animals were anesthetized with thiopental sodium induction and maintained by isoflurane (Nacalai Tesque, Inc.) for all intramuscular injections and muscle biopsies. General anesthesia was maintained with isoflurane administered through an endotracheal tube. Skin was excised over the site of injection, muscle exposed, and the injection site marked with a suture in the muscle. Antisense oligonucleotides were delivered by intramuscular injection using 1 mL saline bolus into indicated skeletal muscles using a 27-gauge needle. Antisense oligonucleotides were delivered as a singular or in mixtures as previously described (Yokota et al., 2011). Tibialis anterior, extensor digitorum longus, extensor carpi ulnaris, flexor digitorum superficialis (FDS), flexor carpi ulnaris (FCU), and flexor carpi radialis (FCR) muscles were used for injections. Muscles samples were obtained 2 or 8 weeks after the intramuscular injections. Muscles were obtained immediately, snap-frozen in liquid nitrogen-cooled isopentane, and stored at -80°C for immunohistochemistry and western blotting. Skeletal muscle tissues were cut and collected in microtubes and snap-frozen in liquid nitrogen for RT-PCR analysis.

Immunohistochemical analysis

Antibodies. The following monoclonal antibodies were used for immunofluorescence: anti-dystrophin DYS-1 (Novocastra, Newcastle upon Tyne, UK), Alexa 488, or Alexa 594 conjugated goat anti mouse secondary antibodies (Invitrogen).

Immunofluorescence. Cryosections ($7.5\ \mu\text{m}$) were blocked with 20% goat serum in phosphate buffered saline,

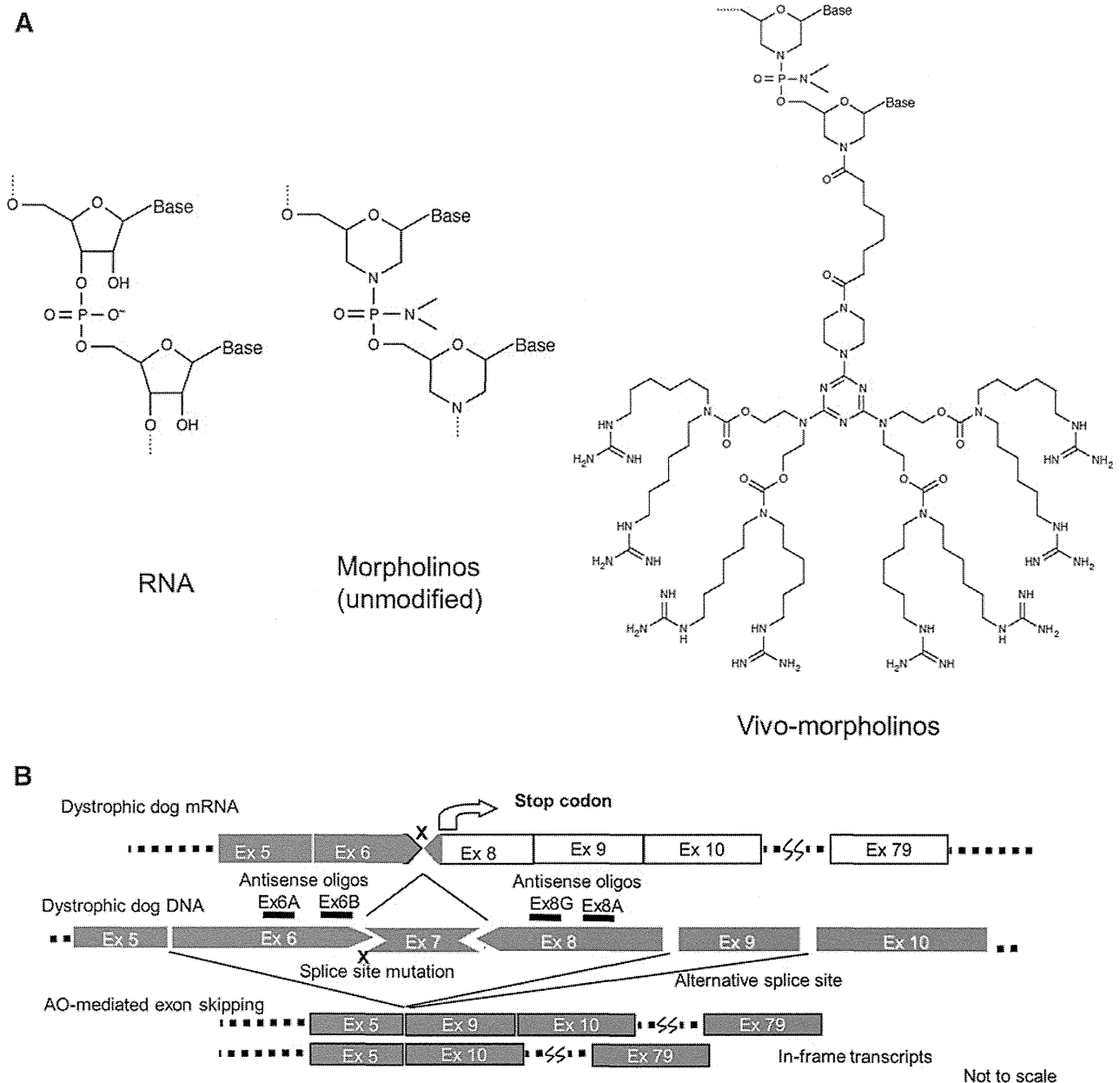


FIG. 1. Antisense chemistry and design of multiple exon skipping for dystrophic dogs. **(A)** Comparison of antisense oligos. **(B)** Schematic design of multi (double) exon skipping therapy for dystrophic dogs. At least two exons (exons 6 and 8) need to be skipped (removed) with antisense oligos to correct their reading frame. Gua, Guanidine.

and then incubated with a primary antibody at 4°C overnight. Alexa 488, or 594-conjugated anti-mouse goat antibody (Invitrogen, Camarillo, CA) was used as the secondary antibody. The sections were viewed and photographed by a laser scanning microscope, FluoView™ (Olympus, Tokyo, Japan)

The number of positive fibers for DYS-1 was counted and compared in sections containing the largest number of positive fibers as described previously (Yokota et al., 2006). At least 200 muscle fibers were counted in each section for the analysis.

TABLE 1. ANTISENSE OLIGO SEQUENCES

Oligo name	Sequence (5'–3')
Ex6A	GTTGATTGTCGGACCCAGCTCAGG
Ex6B	ACCTATGACTGTGGATGAGAGCGTT
Ex8A	CTTCCTGGATGGCTTCAATGCTCAC

TABLE 2. ADDITIONAL ANTISENSE OLIGO SEQUENCES FOR EXON 8

Oligo name	Sequence (5'–3')
Ex8G	GGCAAACTTGGGAAGAGTGATGTGA
Ex8I	CCTTGGCAACATTTCCACTTCCTGG
Ex8K	TTACCTGTTGAGAATAGTGCATT

Western blotting analysis

Muscle proteins from cryosections were extracted with lysis buffer containing 75 mM Tris-HCl (pH 6.8), 10% sodium dodecyl sulfate, 10 mM EDTA, and 5% 2-mercaptoethanol. Four to 40 µg proteins were loaded onto precase 3%–8% resolving sodium dodecyl sulfate polyacrylamide gel electro-

phoresis gels following manufacturer’s instructions (Bio-Rad, Hercules, CA). The gels were transferred by semidry blotting at 400 mA for 1.5 hours. DYS-1 (Novocastra) antibody against dystrophin and rabbit polyclonal antibody against desmin (Abcam) were used as primary antibodies. Horseradish peroxidase-conjugated anti-mouse or anti-rabbit goat immunoglobulin (Cedarlane Laboratories, Hornby, Ontario,

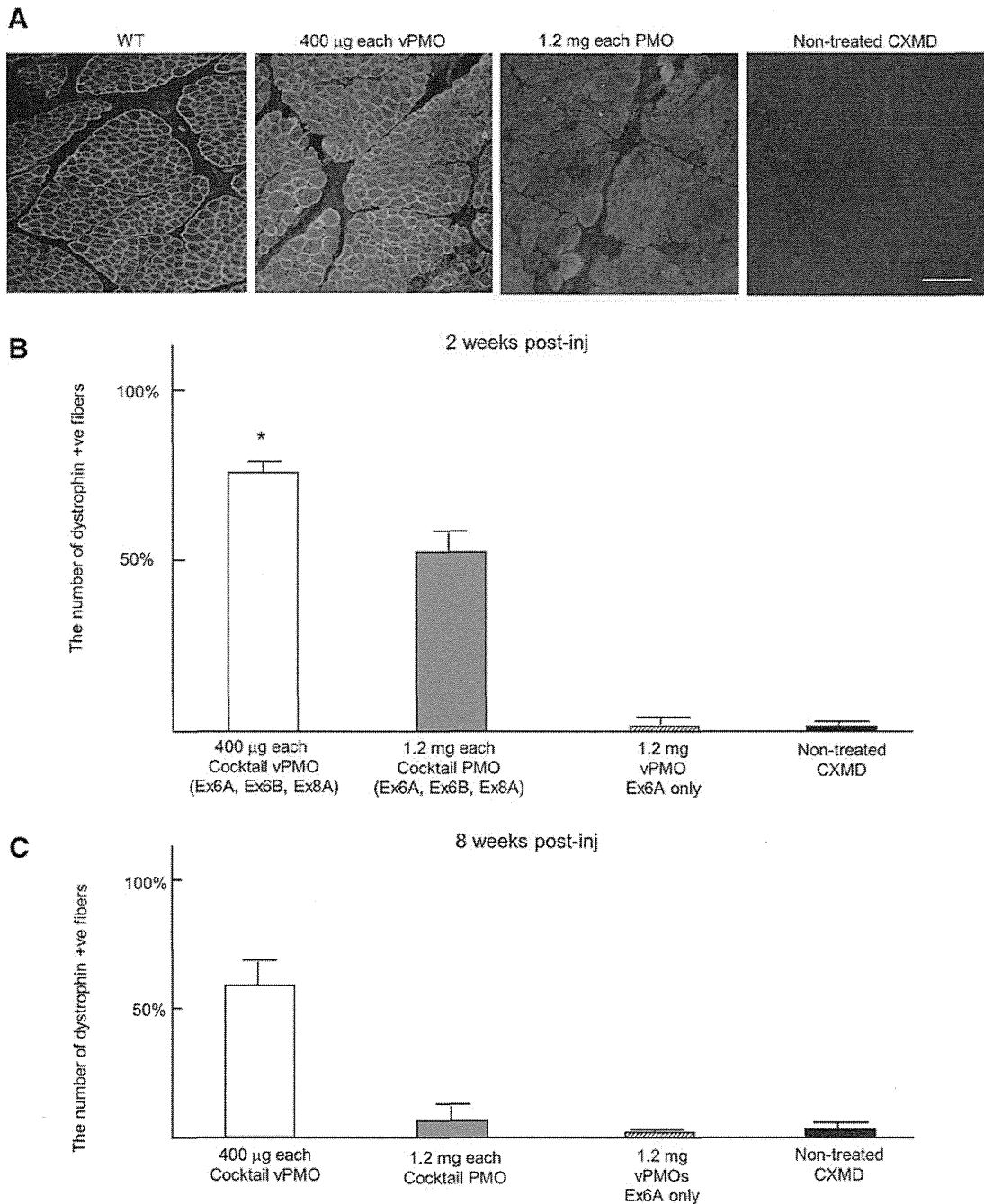


FIG. 2. Vivo phosphorodiamidate morpholino oligomer (vPMO) local injections restore dystrophin expression in TA 8 weeks later. **(A)** Immunohistochemistry with dystrophin (DYS1) antibody 8 weeks after the cocktail vPMO treatment containing Ex6A, Ex6B, and Ex8A in canine X-linked muscular dystrophy (CXMD) (1.2 mg in total as a cocktail, 400 µg of each oligo), and unmodified morpholino treatment containing Ex6A, Ex6B, and Ex8A in CXMD (3.6 mg in total as a cocktail, 1.2 mg of each oligo). **(B)** The number of dystrophin positive fibers 2 weeks after injections. **(C)** The number of dystrophin positive fibers 8 weeks after injections. Scale bar = 200 µm; n = 2–4 in each group; *P < 0.05 compared with non-treated control group.

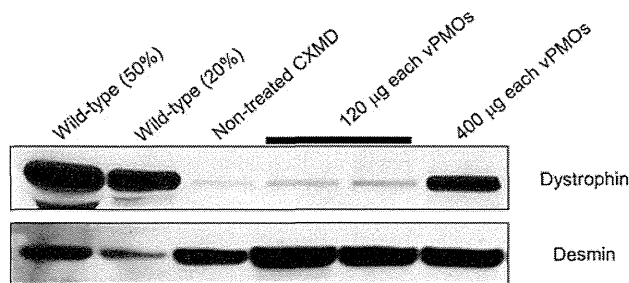


FIG. 3. Prolonged dystrophin expression after vPMO injections. Western blotting analysis on dystrophin expression with DYS-1 antibody 8 weeks after vPMO cocktail injections (120 µg each or 400 µg each of Ex6A, Ex6B, and Ex8A) into TA muscles in dystrophic dogs as indicated.

Canada) was used as a secondary antibody. Enzyme chemiluminescence kit (GE, Fairfield, CT) was used for the detection. Blots were analyzed by ImageJ software (Collins, 2007).

Reverse transcriptase polymerase chain reaction

Total RNA was extracted from frozen tissue sections using TRIzol (Invitrogen). Then RT-PCR was performed on 200 ng of total RNA for 35 cycles of amplification using One-Step RT-PCR kit (Qiagen, Chatsworth, CA) following manufacturer's instructions with 0.6 µM of an exon 5 (CTGACTCTGGTTT-GATTGGA) forward primer. Reverse primers were exon 10 (TGCTTCGGTCTCTGTCAATG).

Statistical analysis

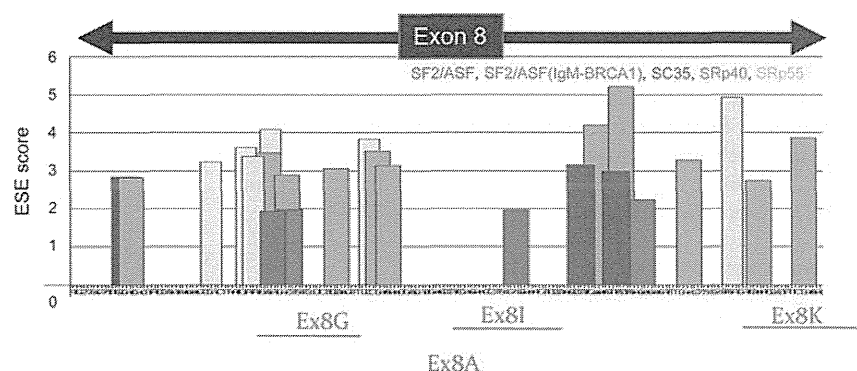
The data between samples were compared using *F*-test and Student's or Welch's *t*-test. $P < 0.05$ was considered statistically significant.

Results

Design of antisense vivo-morpholinos

In this study, we employed a cocktail of antisense vivo-morpholino oligos (Gene-tools) to induce exon skipping of exon 6 and exon 8 in the canine *dystrophin* (*DMD*) gene (Fig. 1A). A vivo-morpholino is comprised of a morpholino oligo with a covalently linked delivery moiety, an octa-guanidine dendrimer. As previously demonstrated, at least two exons (exon 6 and exon 8) need to be removed to restore the reading frame of the splice site mutation in the CXMD (Fig. 1B)

FIG. 4. Schematic outline of the antisense morpholinos targeting exon 8 of dog and human dystrophin mRNA. Antisense oligos against exon 8 of human/dog *DMD* gene used in this study. These 4 oligos were previously reported to be effective for exon 8 skipping in myotubes of dystrophic dogs and human patients *in vitro* (Saito et al., 2010).



(McClorey et al., 2006; Yokota et al., 2009a). Initially, we employed a cocktail oligo with the same sequences and combinations, Ex6A, Ex6B, and Ex8A, as previously used (Yokota et al., 2009a) (Table 1). We compared the efficacy of exon skipping by vPMOs and unmodified morpholinos.

Sustained dystrophin expression after cocktail vPMO injections

Since sustained recovery of dystrophin expression was previously reported after vivo-morpholino injections into dystrophic *mdx* mice, we tested the dystrophin expression levels 2 weeks and 8 weeks after vPMO injections in cranial tibialis (tibialis anterior in humans) muscles in dystrophic dogs (Fig. 2) (Jearawiriyapaisarn et al., 2008; Wu et al., 2009; Widrick et al., 2011; Wu et al., 2011a). In this study, we employed 3- to 5-month-old dystrophic dogs. At this stage the disease progression was relatively mild in these dogs. We employed a cocktail of three antisense oligos named Ex6A, Ex6B, and Ex8A (Table 1). We used anti-rod domain dystrophin antibody because anti-C-terminus dystrophin antibodies cross-react with other dystrophin isoforms (e.g., Dp71).

While unmodified PMO (1.2 mg each, or 3.6 mg in total as a cocktail) injected muscle showed almost no detectable dystrophin expression 8 weeks after injections, extensive dystrophin expression was observed after 400 µg vPMO injected muscles (Fig. 2A). At 2 weeks after the vPMO (400 µg each) injection, approximately 75% of fibers were positive with dystrophin DYS-1 antibody, while 55% were positive after unmodified PMO injection (1.2 mg each) (Fig. 2B). A cocktail of antisense vPMOs was required to induce dystrophin expression (Fig. 2B). Injections with single antisense vPMO targeting exon 6 only (Ex6A) did not induce detectable level of dystrophin expression (Fig. 2B). At 8 weeks after vPMO injection, approximately 60% of fibers were still positive with DYS-1 antibody, while only 10% were positive after unmodified PMO injection (Fig. 2C).

The expression level of dystrophin was then examined by western blotting analysis (Fig. 3). Approximately 20% of the level of dystrophin in wild-type was detected in vPMO-injected muscles 8 weeks after the injection with 400 µg each of Ex6A, Ex6B, and Ex8A (or 1.2 mg in total as a cocktail).

Design of novel antisense sequences and combinations for dystrophin exon 8

Next, to further optimize the antisense oligo sequences and combinations, we tested new oligos named Ex8G, Ex8I, and Ex8K (Fig. 4, Table 2). In previous study, these oligos

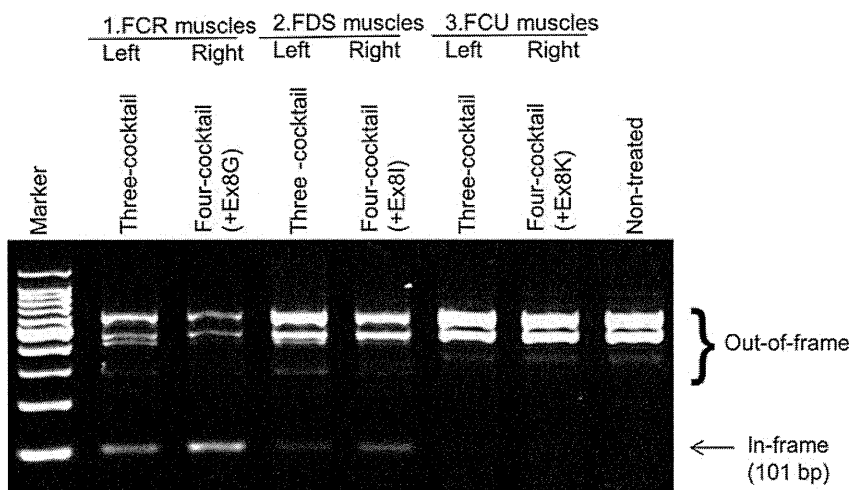


FIG. 5. A 4-oligo cocktail containing Ex8G induces efficient dystrophin expression. Detection of exon 6–9 skipped band with reverse-transcription polymerase chain reaction analysis. Equal amounts (120 μ g) of oligos in total were injected into indicated muscles (i.e., 40 μ g each in three-oligo cocktails, 30 μ g each in four-oligo cocktails). FCR, flexor carpi radialis; FDS, flexor digitorum superficialis; FCU, flexor carpi ulnaris.

efficiently induced exon 8 skipping *in vitro* in dog and human myotubes (Saito et al., 2010). These oligos were designed to target exon/intron borders or exonic splice enhancer (ESE) sites. ESE scores were obtained by using ESE finder software (Cartegni et al., 2003). These oligos target the same conserved sequences in both dog and human dystrophin mRNA.

A novel antisense cocktail induces more efficient exon 8 skipping

We tested the efficacy of newly designed oligos by intramuscular injections into skeletal muscles in dystrophic dogs (Fig. 5). We previously reported a cocktail oligo containing Ex6A, Ex6B, Ex8A, and Ex8G led to the most efficient double exon skipping of exon 6–8 (or triple skipping of exon 6–9) in both human and dog myotubes *in vitro* (Saito et al., 2010). Exon 9 was not targeted by antisense oligos but the exon is known as an alternative splice site which is spontaneously skipped with exon 6–8 skipping induced by antisense oligos in previous studies (Reiss and Rininsland 1994; McClorey et al., 2006). Here, we compared the efficacy of multiple exon skipping induced by the three oligos cocktail which we have previously reported effective for systemic trials in dystrophic dogs (Yokota et al., 2009a), and newly designed 4-oligo cocktails, which we found to be more effective *in vitro* (Saito et al., 2010). Here, 3-oligo cocktail oligos (Ex6A + Ex6B + Ex8A) were injected into right-side muscles of flexor carpi radialis (FCR), Flexor digitorum superficialis (FDS), or flexor carpi ulnaris (FCU) as controls. Different combinations of 4-oligo cocktails were injected into contralateral (left side) muscles (Fig. 5). The same total doses (120 μ g) of 3-oligo cocktails or of 4-oligo cocktails were injected (i.e., 40 μ g each in 3-oligo cocktails, and 30 μ g each in 4-oligo cocktails). The efficacy of multiple exon skipping was initially examined by RT-PCR analysis. While all combinations led to substantial amount of exon 6–9 skipped in-frame mRNA products, the highest efficacy was achieved with the 4-oligo cocktail containing Ex8G (Ex6A + Ex6B + Ex8A + Ex8G), which is consistent with our previous report in myotubes *in vitro* (Saito et al., 2010).

Efficient dystrophin recovery after injections with four-oligo cocktail vPMOs

Next, we examined the recovery of dystrophin expression by immunohistochemistry with DYS-1 anti-dystrophin

monoclonal antibody 2 weeks after intramuscular vPMO injections (Fig. 6). Although all tested cocktail oligos induced extensive expression of dystrophin, the highest recovery was obtained with the 4-oligo cocktail containing Ex6A, Ex6B, Ex8A, and Ex8G (Fig. 6). Approximately 70 percent of fibers was positively stained with the four-oligo cocktail (Fig. 6B).

The expression levels of dystrophin after cocktail vPMO injections were also compared with western blotting analysis (Fig. 7). Desmin antibody was used as an internal control. Again, the 4-oligo cocktail injection with Ex6A, Ex6B, Ex8A, and Ex8G led to the highest levels of dystrophin expression.

Discussion

Antisense mediated exon skipping is currently a most promising therapeutic approach to curing DMD (Yokota et al., 2007b; Hoffman et al., 2011; Partridge 2011; Pichavant et al., 2011). Although phase-2/3 clinical trials are currently underway, there are a couple of challenges. One of the most significant challenges is that the effect usually wears off after 3–4 weeks, thus repeated injections are required. Currently, weekly or bi-weekly injections are required for antisense systemic trials (Lu et al., 2005; Alter et al., 2006; Wu et al., 2011b). New generation morpholinos with cell-penetrating moiety, such as PPMOs and vPMOs, were developed to improve the efficacy *in vivo* (Moulton and Jiang 2009; Yokota et al., 2009b). Both PPMOs and vPMOs have the same backbones as conventional unmodified morpholinos (Fig. 1). In vPMOs, cell-penetrating octa-guanidine dendrimers are conjugated, while in PPMOs, arginine rich polypeptides are conjugated (Morcos et al., 2008). Peptide-morpholino conjugates (PPMOs) restored dystrophin to more than 80 percent of wild-type levels in skeletal muscles of *mdx* mice 9 weeks after injections, showing prolonged activity (Moulton et al., 2009). An injection with vPMOs in hDMD mice, a transgenic model carrying the full-length human dystrophin gene, led to more than 70% efficiency of targeted human dystrophin exon skipping *in vivo* systemically (Wu et al., 2011a). Therefore, use of morpholino conjugates such as PPMOs or vPMOs might be able to reduce the frequency of injections.

In this study, we demonstrated the first successful rescue of dystrophin expression with morpholino conjugates in dystrophic dogs. In previous *in vitro* experiments, we used a total

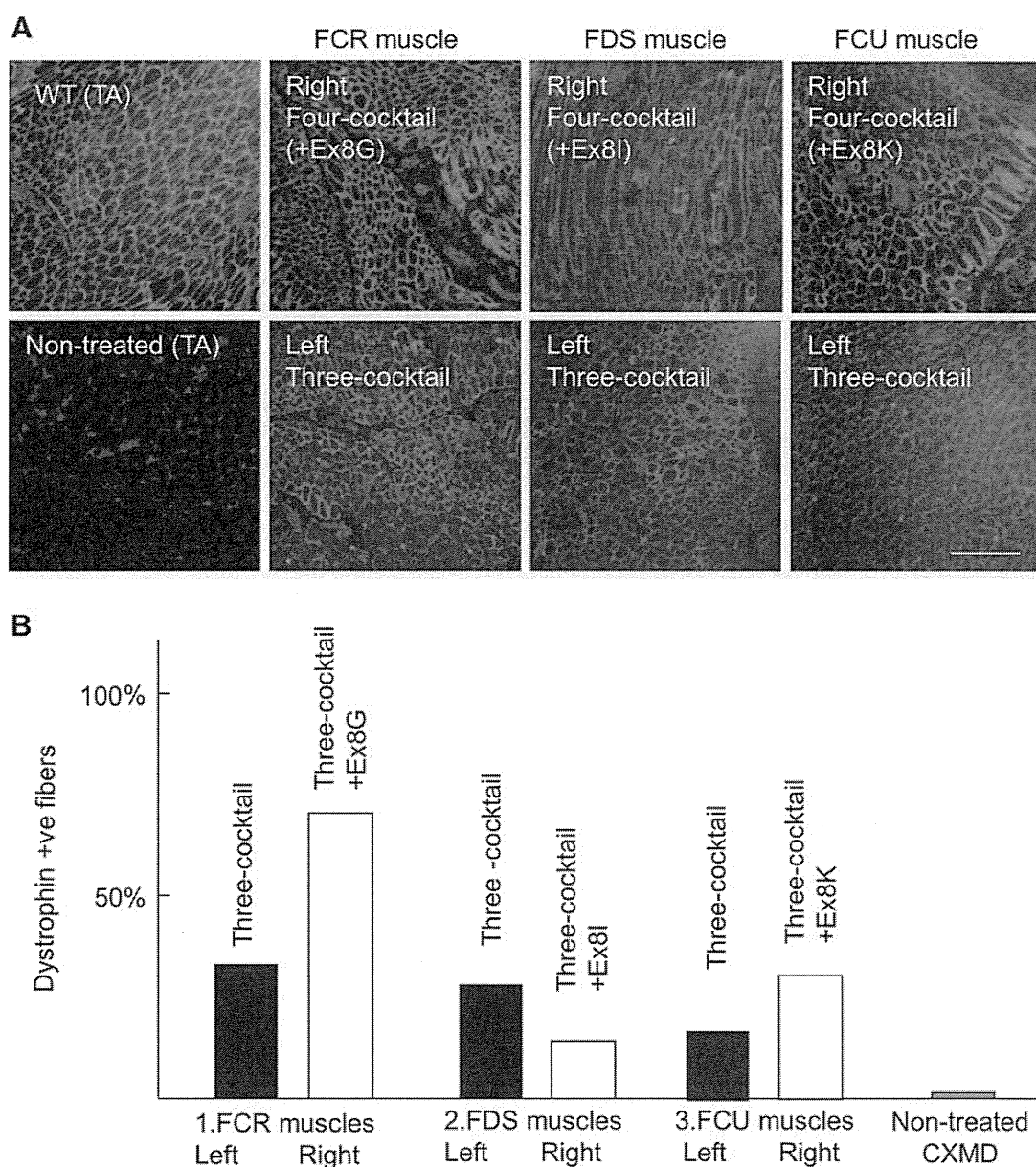


FIG. 6. Immunohistochemistry shows four-oligo cocktails induce efficient dystrophin expression *in vivo*. **(A)** Immunohistochemistry with anti-dystrophin antibody (DYS-1; red) and DAPI nuclei staining (blue). Equal amounts (120 μ g) of oligos in total were injected into indicated muscles (i.e., 40 μ g each in 3-oligo cocktails, 30 μ g each in 4-oligo cocktails). Scale bars=200 μ m. **(B)** The percentage of dystrophin positive fibers after cocktail oligo injections.

of 30 μ M for 3 or 4 sequences of PMOs (Saito et al., 2010). In this study, we employed 120 μ g–1.2 mg of vPMOs for intramuscular injections. The induction of exon 6–9 multiple skipping mediated by cocktail vPMOs was significantly more efficient than that mediated by unconjugated PMOs (Fig. 2). The expression levels were remained very high (60% dystrophin-positive fibers) 2 months after the injection, indicating prolonged persistence (Figs. 2–3). We employed dogs in early stages of the disease, because muscle fibers are replaced by fibrous connective tissue at later stages. This might be generalized to the antisense drug products intended for use in the first-in-human trial. Importantly, a vPMO cocktail efficiently rescued other genetic disorders including the mutation in

Fukuyama congenital muscular dystrophy (Taniguchi-Ikeda et al., 2011). These studies clearly indicate that morpholino conjugates are not only useful tools for gene-knockdown study, but also have great potential for treating genetic disorders.

We next compared newly designed antisense oligos against exon 8 of dystrophin mRNA *in vivo* (Figs. 5–7). In accordance with the previous study *in vitro* by Saito et al., the most efficient vPMO cocktail was a 2 oligo cocktail containing Ex8A and Ex8G (Saito et al., 2010). Since exon 6, 7, and 8 are all among the most prevalent targets of exon skipping therapy outside the deletion mutation hotspot (exon 45–55), optimization of antisense oligos against these exons is very

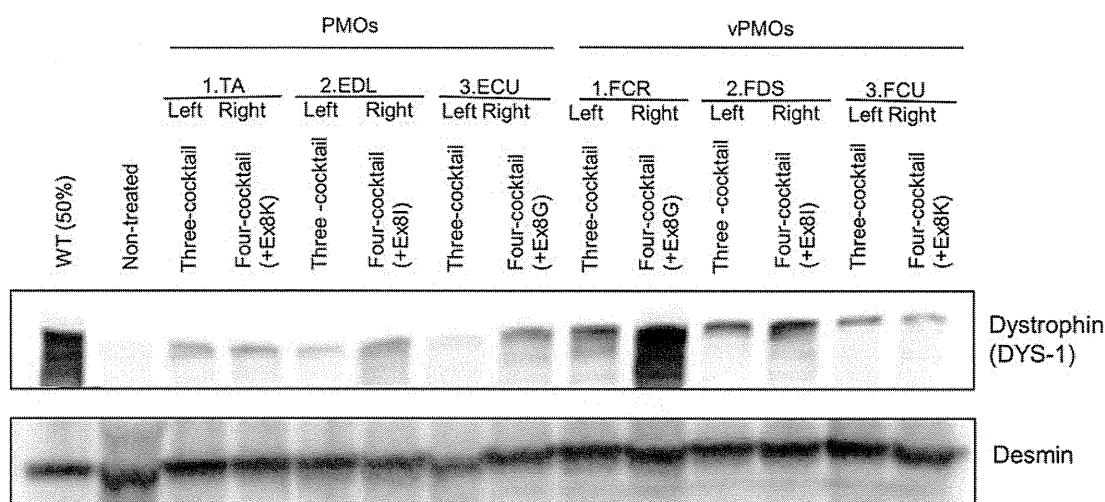


FIG. 7. Restoration of dystrophin expression with f4-oligo cocktail vPMOs. Western blotting analysis with anti-dystrophin (DYS-1) antibody 2 weeks after vPMO injections. Equal amounts (120 μ g) of oligos in total were injected into indicated muscles (i.e., 40 μ g each in 3-oligo cocktails, 30 μ g each in 4-oligo cocktails). The 4-oligo cocktail (Ex6A + Ex6B + Ex8A + Ex8G) leads to the highest level of dystrophin expression. TA, tibialis anterior; EDL, extensor digitorum longus; ECU, extensor carpi ulnaris.

important. In fact, approximately 3.0% of DMD patients can be treated with double skipping of exon 6 and exon 7 (ranked No. 9), and 2.3% can be treated with skipping exon 8 (ranked No. 10) (Aartsma-Rus et al., 2009). Because the exon-skipping approach is fundamentally a mutation-specific personalized medicine, an effective path of drug approval process will be also a key to rescue mutations with a relatively small number of patients.

A major concern of new generation morpholino-mediated antisense therapy is their toxicity. No toxicity of vPMOs has been recorded up to 12 mg/kg of systemic injections in mice (Wu et al., 2009). However, with PPMOs, a high dose (150 mg/kg) of systemic injections led to adverse events such as lethargy, weight loss, elevated blood urea nitrogen, and serum creatinine levels (Amantana et al., 2007). In addition, a test in the cynomolgus monkey revealed mild tubular degeneration in the kidneys after weekly injections with 9 mg/kg PPMOs (Moulton and Moulton, 2010). Although AVI-5038, a PPMO targeting exon 50 of dystrophin mRNA, is in preclinical development, the toxicity of PPMOs might pose a challenge for determination of an effective and safe regimen in man. An immune suppression regimen such as one used for robust adeno-associated virus expression might be effective for systemic trials (Shin et al., 2012; Wang et al., 2007). To test the systemic effect of vPMOs in dogs, precise pharmacokinetics, biodistribution, stability, and toxicity remain to be done. Nevertheless, our results indicate clear potential of the morpholino conjugate as a therapeutic agent to treat DMD and other genetic disorders.

Acknowledgments

We thank Michihiro Imamura, Jing Hong Shin, Takashi Okada, Michiko Wada, Sachiko Ohshima, Jun Tanihata, Satoru Masuda, Kazue Kinoshita, Hideki Kita, Shinichi Ichikawa, Yumiko Yahata, Yuko Kasahara, and Yuko Shimizu (NCNP); and Merryl Rodriguez and Dharminder Panesar (University of Alberta) for useful discussions and technical

assistance. This work was supported by Grants-in-Aid for Research on Nervous and Mental Disorders (19A-7), Health and Labor Sciences Research Grants for Translation Research (H19-Translational Research-003 and H21-Clinical Research-015), and Health Sciences Research Grants for Research on Psychiatry and Neurological Disease and Mental Health (H18-kokoro-019) from the Ministry of Health, Labour, and Welfare of Japan, U.S. National Institutes of Health (1P50AR060836; 5T32AR056993), US Department of Defense (W81XWH-09-1-0599) The Friends of Garrett Cumming Research, HM Toupin Neurological Science Research, and Muscular Dystrophy Canada.

TY, TS, AN, and ST conceived and designed study. TY, AN, MK, and TS performed experiments. ST, EH, TN, YA, YO, YE and TP analyzed the data. TY, YA, and TS contributed reagents/materials/analysis tools. TY wrote the manuscript.

Author Disclosure Statement

No competing financial interests exist.

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Received for publication May 17, 2012; accepted after revision July 3, 2012.

Bodywide skipping of exons 45–55 in dystrophic *mdx52* mice by systemic antisense delivery

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Edited by Louis M. Kunkel, Children's Hospital Boston, Harvard Medical School, Boston, MA, and approved June 28, 2012 (received for review March 20, 2012)

Duchenne muscular dystrophy (DMD), the commonest form of muscular dystrophy, is caused by lack of dystrophin. One of the most promising therapeutic approaches is antisense-mediated elimination of frame-disrupting mutations by exon skipping. However, this approach faces two major hurdles: limited applicability of each individual target exon and uncertain function and stability of each resulting truncated dystrophin. Skipping of exons 45–55 at the mutation hotspot of the *DMD* gene would address both issues. Theoretically it could rescue more than 60% of patients with deletion mutations. Moreover, spontaneous deletions of this specific region are associated with asymptomatic or exceptionally mild phenotypes. However, such multiple exon skipping of exons 45–55 has proved technically challenging. We have therefore designed antisense oligo (AO) morpholino mixtures to minimize self- or heteroduplex formation. These were tested as conjugates with cell-penetrating moieties (*vivo*-morpholinos). We have tested the feasibility of skipping exons 45–55 in *H2K-mdx52* myotubes and in *mdx52* mice, which lack exon 52. Encouragingly, with mixtures of 10 AOs, we demonstrated skipping of all 10 exons *in vitro*, in *H2K-mdx52* myotubes and on intramuscular injection into *mdx52* mice. Moreover, in *mdx52* mice *in vivo*, systemic injections of 10 AOs induced extensive dystrophin expression at the subsarcolemma in skeletal muscles throughout the body, producing up to 15% of wild-type dystrophin protein levels, accompanied by improved muscle strength and histopathology without any detectable toxicity. This is a unique successful demonstration of effective rescue by exon 45–55 skipping in a dystrophin-deficient animal model.

personalized medicine | nucleic acid therapy | molecular therapy | oligonucleotides | gene therapy

Duchenne muscular dystrophy (DMD), the commonest form of muscular dystrophy, is characterized by progressive deterioration of muscle function (1). DMD is caused mainly by frame-shifting deletion or nonsense mutations in the *DMD* gene, which encodes the protein dystrophin (2). At the milder end of the disease spectrum, Becker muscular dystrophy (BMD) is a form of dystrophin deficiency that presents with a large spectrum of severities, from borderline DMD to almost asymptomatic cases. BMD typically results from in-frame deletions in the *DMD* gene that allow the expression of limited amounts of an internally truncated but partly functional protein (3).

Skipping of exons in DMD muscle so as to restore an in-frame and asymptomatic or very mild Becker-like transcript is among the more promising therapeutic approaches to treatment of DMD (4). To this end, systemic administration of antisense oligonucleotides (AOs) targeting specific exon(s) in the *DMD* gene has been shown to restore the reading frame and induce body-wide production of partially functional BMD-like dystrophin in mouse

and dog models of DMD (5–7). Recently, phase I/II human clinical trials with AOs targeting exon 51 have been completed (8, 9).

Although promising, future development of exon skipping to encompass a wider range of mutations faces two major hurdles. First, each exon must be targeted by a specific bespoke antisense sequence. This strategy requires the design and testing of many different antisense reagents to treat all of the different mutation patterns, entailing substantial investment in time and money to perform toxicology and safety assessments (10). Second, although in-frame mutations are associated with milder BMD forms in 80% of cases, the function and stability of each resulting truncated dystrophin are still unknown (11).

A potential solution for these two issues arises from the observation that exon 45–55 deletions are overwhelmingly associated with remarkably mild clinical phenotypes, sometimes almost asymptomatic, with elevated serum creatine kinase (CK) levels as the main symptom (12) (Fig. S1A). It has also been noted that exons 45–55 cover the main mutation “hotspot” of the *DMD* gene so that, theoretically, up to 63% of DMD patients with dystrophin deletion mutations could be treated if we were able to skip the entire exon 45–55 region, to generate an asymptomatic or remarkably mild BMD-like protein that appears to retain most of the function of the intact protein (13) (Fig. 1A and B and Fig. S1B). Although several investigations have demonstrated successful skipping of two or three exons both *in vitro* and/or *in vivo* (5, 14, 15), there is no report of 10 exons being efficiently skipped by administration of antisense sequences; where attempted, the levels of multiple exon-skipped products have been very low (16). We therefore redesigned mixtures of phosphorodiamidate morpholino oligomer (PMO) sequences targeting exons 45–55, paying attention to the minimization of self- and cross-annealing. Additionally we maximized the efficiency of delivery of these improved sequences by combining them with a cell-penetrating moiety (*vivo*-morpholino or vPMOs) (Fig. S2).

We demonstrate here that intramuscular or systemic injections of a vPMO mixture of these improved reagents generated extensive dystrophin expression in dystrophic skeletal muscles of mice harboring a deletion mutation of exon 52 (*mdx52*), unaccompanied by any detectable toxicity.

Author contributions: Y.A., T.Y., A.N., and S.T. designed research; Y.A., T.Y., T.N., J.T., and T.S. performed research; Y.A., T.Y., S.M.R.D., K.N., and T.P. contributed new reagents/analytic tools; Y.A., T.Y., T.N., A.N., T.S., E.P.H., T.P., and S.T. analyzed data; and Y.A., T.Y., and T.P. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

Freely available online through the PNAS open access option.

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1204638109/-/DCSupplemental.

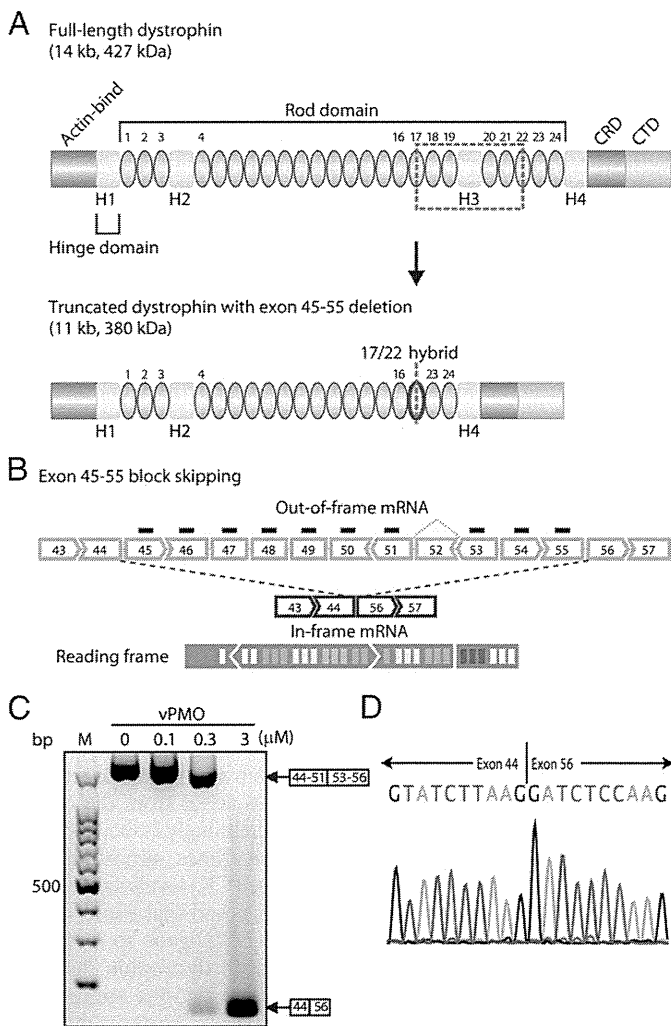


Fig. 1. Efficacy of exon 45–55 multiskipping in *H2K-mdx52* cells in vitro. (A) Structure of full-length and quasidystrophin. The quasidystrophin produced by exon 45–55 deletion (skipping) has a hybrid rod repeat of rods 17 and 22. Actin-bind, actin-binding domain; CRD, cysteine-rich domain; CTD, C-terminal domain. (B) *Mdx52* mouse lacks exon 52 in the mRNA of the murine *Dmd* gene, leading to out-of-frame products (yellow broken line). Exon 45–55 skipping with mixture vPMOs (blue broken line) restores the reading frame of dystrophin mRNA. (C) RT-PCR results after 0.1, 0.3, or 3 μ M in total of mixture vPMO transfected into *H2K-mdx52* myotubes as indicated. M, molecular marker; 0, no vPMO transfection. (D) Confirmation of correct exon 45–55 block skipping by direct sequencing of the PCR products. Sequencing of the most intense band shows exon 45–55 skipped dystrophin mRNA sequence.

Results

In Vitro Evaluation of the vPMO Sequences in *H2K-mdx52* Myotubes.

To examine the feasibility of skipping exons 45–55 in *mdx52* mice, we designed AO sequences against the 10 exons between exons 45 and 55, which target the exonic splice enhancers (ESEs) or the exon/intron boundaries of each exon except exon 52 (Table S1 and Fig. S3). We initially transduced *H2K-mdx52* myotubes with specific AO sequence to each separate targeted exon between exons 45 and 55. Skipping efficiency varied between exons, and although good levels of skipping were obtained for exons 45, 46, 47, 48, 49, 50, 51, 54, and 55, only a faint band was detected in the case of exon 53 after 0.1 or 1 μ M in total of single vPMO (45A, 46A, 47A, 48A, 49A, 50A, 51A, 53A, 54A, or 55A) transfection (Fig. S4A).

As a next step, we sought to skip the entire exon 45–55 region with 10 vPMO mixtures in vitro. Efficient exon 45–55 skipping

of the entire exon 45–55 region was detected by RT-PCR with a forward primer 44F at exon 44 and a reverse primer 56R at exon 56 after transfections of the mixture-ESE2 (Table S2 and Fig. 1C). The targeted splicing products with skipped exons 45–55 were confirmed by directly sequencing the RT-PCR band using both primer pairs (Fig. 1D). RT-PCR results after transfections with other mixture combinations are also shown in Fig. S4B.

Local Injections for Exon 45–55 Block Skipping. To restore dystrophin expression with exon 45–55 skipping in vivo, we injected the mixtures of 10 vPMOs, at 1.5 μ g in total, into tibialis anterior (TA) muscle of 5-wk-old *mdx52* mice and took muscle samples 2 wk after the injection. We detected the PCR product that was equivalent to the mRNA lacking the exon 45–55 region most efficiently after injection with mixture-ESE2 (Fig. 2A and Table S2 and Fig. S4C). Taking these results together, we concluded that the mixture-ESE2 can skip exons 45–55 of the murine *Dmd* gene efficiently both in vitro and in vivo. We also observed extensive dystrophin expression by immunohistochemistry after the mixture-ESE2 injection (Fig. 2B and C). Dystrophin expression following exon 45–55 skipping was detected by P7 against exon 57, but not by MANEX46B against exon 46 or MANEX50 against exon 50 (Fig. 2D). Western blotting revealed a 380-kDa band that conformed to the size of the product estimated to be derived from deletion of exons 45–55; a truncated quasidystrophin found in the very mild Becker muscular dystrophy associated with deletion of these same exons as well as dystrophin-associated proteins (Fig. 2E and Fig. S5A). These results suggest that exon 45–55 block skipping is feasible in vivo.

Recovery of Dystrophin-Associated Proteins with Exon 45–55 Skipping.

We examined the expression of components included in the dystrophin–glycoprotein complex in the TA muscle by immunohistochemistry and Western blotting. In all dystrophin-positive fibers, the expression of α 1-syntrophin and β -dystroglycan at the subsarcolemma was evident; however, the expression of neuronal nitric oxide synthase (nNOS) at the subsarcolemma was minimal compared with that of WT (Fig. 2D). Western blotting reveals that the expression levels of α 1-syntrophin, β -dystroglycan, and α -sarcoglycan in the TA muscle were at 80–100% of normal levels, whereas the expression level of nNOS was 20% of normal levels (Fig. 2E and Fig. S5B).

Repeated Systemic Delivery of the Mixture-ESE2 Induces Efficient Exon 45–55 Skipping in Whole Body Skeletal Muscles.

Next, we performed serial i.v. injections of the mixture-ESE2 into 5-wk-old *mdx52* mice. After five biweekly (every 2 wk) i.v. injections of 12 mg/kg of the mixture per injection, we detected dystrophin-positive fibers in all skeletal muscles by immunohistochemistry (Fig. 3A). Dystrophin expression was evaluated by semi-quantitative Western blotting (Fig. 3B). The dystrophin expression levels in the quadriceps, TA, gastrocnemius, triceps brachii, abdominal, paraspinal, and diaphragm muscles were ~8–15% of normal levels, whereas the dystrophin expression level in the heart muscle was 2% of normal levels (Fig. 3C).

Exon 45–55 Skipped Quasidystrophin Ameliorates Skeletal Muscle Pathology.

We then evaluated the detailed histological changes in quadriceps, TA, gastrocnemius, and diaphragm muscles of treated mice compared with the changes in those of untreated mice. After five i.v. mixture-ESE2 injections, we observed less muscle degeneration and fewer cellular infiltrates in the treated quadriceps, TA, gastrocnemius, and diaphragm muscles compared with the untreated muscles by H&E staining (Fig. 4A). We found that the percentage of centrally nucleated fibers (CNFs) were significantly lower in the quadriceps, TA, and gastrocnemius muscles compared with the untreated mice (Fig. 4B). These changes reflect the amelioration of dystrophic changes in the treated *mdx52* mice.

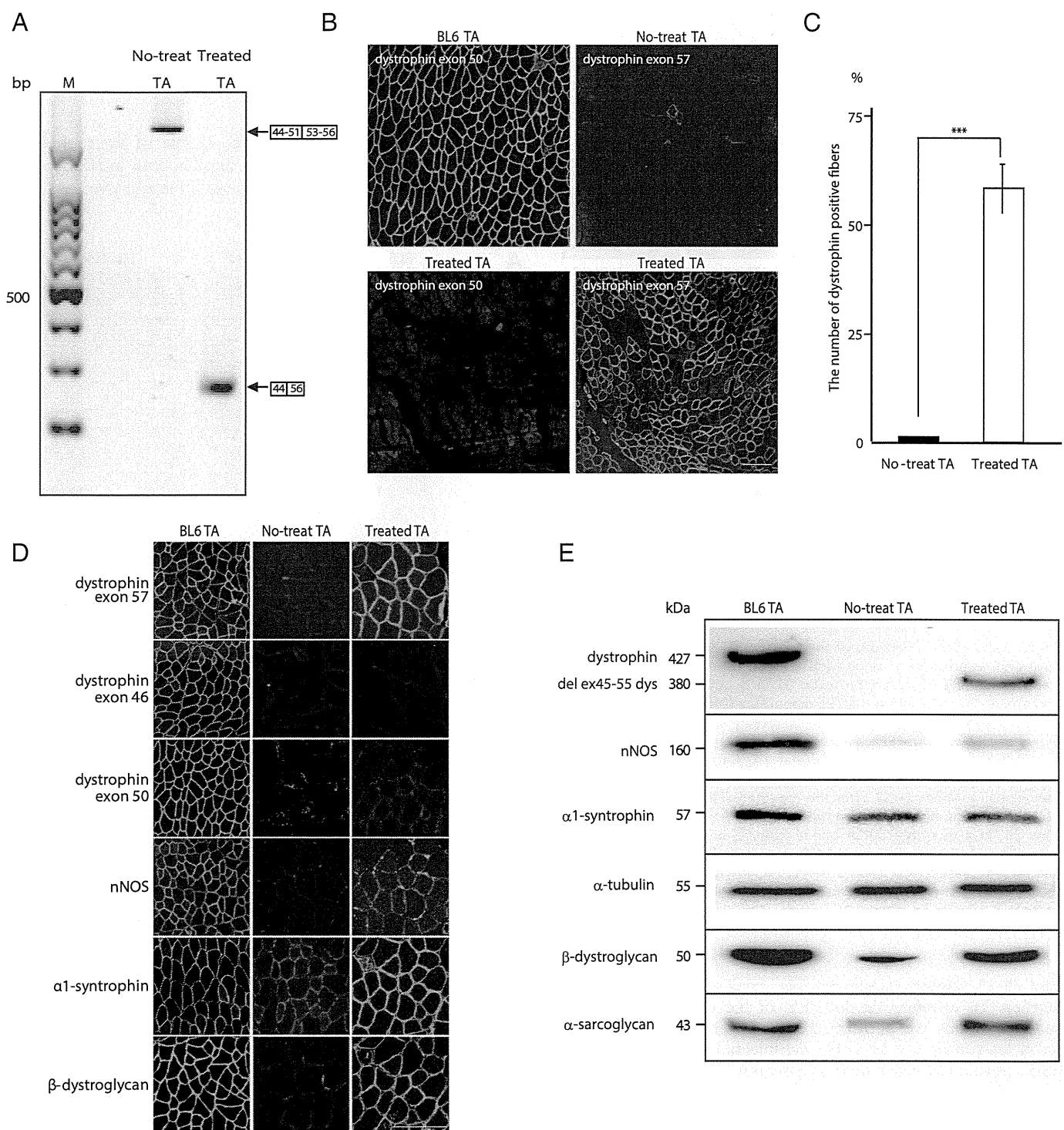


Fig. 2. Exon 45–55 multiskipping and rescue of dystrophin expression in *mdx52* mice by local mixture-ESE2 injections. (A) Detection of exon 45–55 skipped dystrophin mRNA by RT-PCR with primers flanking exons 44 (44F1) and 56 (56R1) at 2 wk after injection of mixture-ESE2, targeting exons 45–55 except exon 52 into tibialis anterior (TA) muscles. Representative data are shown. M, molecular marker; no-treat TA, untreated TA muscles from *mdx52* mice; treated TA, treated TA muscles from *mdx52* mice. (B) Immunohistochemical staining of dystrophin exon 50 in the TA muscle of WT and treated *mdx52* mice (Left) and dystrophin exon 57 in the TA muscle of untreated and treated *mdx52* mice (Right). Representative data are shown. BL6 TA, TA muscle from a wild-type C57/BL6. (Scale bar, 100 μ m.) (C) Percentage of dystrophin-positive fibers after local injections with the 10 vPMO cocktail. Data ($n = 6$) are presented as mean \pm SD *** $P < 0.001$. (D) Recovery of dystrophin-associated proteins with exon 45–55 skipping. Immunohistochemical staining of dystrophin exons 57, 46, and 50, neuronal nitric oxide synthase (nNOS), α 1-syntrophin, and β -dystroglycan in the TA muscle of WT, untreated, and treated *mdx52* mice. Representative data are shown. BL6TA, TA muscle from a wild-type C57/BL6; no-treat TA, untreated TA muscles from *mdx52* mice. (Scale bar, 100 μ m.) (E) Western blotting after the mixture 10 vPMOs local injections to detect the expression of full-length dystrophin, 380-kDa quasidystrophin, nNOS, α 1-syntrophin, α -tubulin, β -dystroglycan, and α -sarcoglycan in TA muscles of WT, untreated, and treated *mdx52* mice. Representative data are shown.

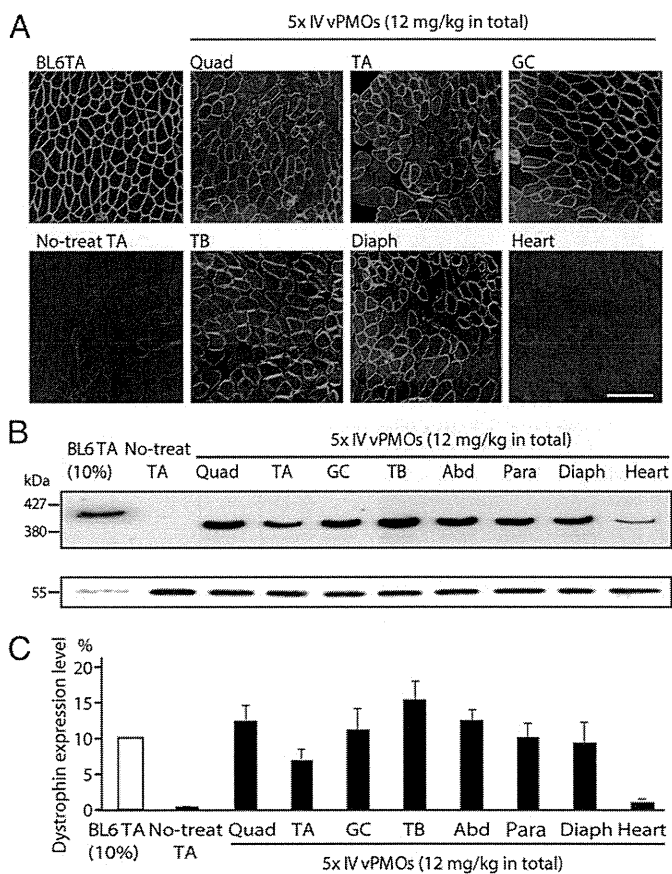


Fig. 3. Systemic i.v. injections of the mixture-ESE2 in *mdx52* mice restore dystrophin expression in body-wide skeletal muscles. (A) Immunohistochemical staining of dystrophin exon 57 in quadriceps (Quad), TA, gastrocnemius (GC), triceps brachii (TB), diaphragm (Diaph), and heart muscles in *mdx52* mice after five consecutive biweekly systemic injections of 12 mg/kg of the mixture-ESE2. Representative data are shown. BL6TA, TA muscle from wild-type C57/BL6; no-treat TA, untreated TA muscle from *mdx52* mice. (Scale bar, 100 μ m.) (B) Western blotting analysis with mouse monoclonal antibody DYS2 after the repeated vPMOs systemic injections into *mdx52* mice. Representative data are shown. vPMO-injected muscles show 380-kDa quasidystrophin bands (Upper) and α -tubulin (Lower) in Quad, TA, GC, TB, abdominal (Abd), paraspinal (Para), Diaph, and heart muscles of treated *mdx52* mice. BL6TA (10% wt/wt), TA muscle from a 10% (wt/wt) extract of wild-type C57/BL6 mice. (C) Semiquantitative analysis of dystrophin expression after AO injection. Data ($n = 4$) are presented as mean \pm SD * $P < 0.05$; ** $P < 0.01$.

Exon 45–55 Skipped Quasidystrophin Ameliorates Skeletal Muscle Function. To examine the function of the exon 45–55 skipped quasidystrophin, we performed a battery of physiological and blood tests after five biweekly i.v. injections with the mixture-ESE2. Serum CK levels were significantly reduced in the treated mice, suggesting the protection of muscle fibers against degeneration (Fig. S6A). In addition, significant improvement in maximum forelimb grip force and improvement tendency in treadmill endurance and time latency to fall in rotarod test were observed in treated *mdx52* mice compared with untreated *mdx52* mice (Fig. S6 B–D).

No Detectable Toxicity After Repeated Delivery of AOs into *mdx52* Mice. To further monitor any potential toxicities in the major organs induced by treatment with AOs, we compared a series of standard serum markers as indicators of liver and kidney dysfunction in WT, untreated, and treated *mdx52* mice after five biweekly 12 mg/kg injections with the mixture-ESE2. Serum aspartate amino transferase was reduced in the treated mice (Fig.

S7). No significant differences were detected between untreated and treated *mdx52* mice groups in the levels of aspartate transaminase, alanine aminotransferase, total bilirubin, alkaline phosphatase, blood urea nitrogen, creatinine, sodium ion, chloride ion, and potassium ion (Fig. S7). These data confirm that this AO combination was nontoxic in vivo.

Discussion

In this paper, we demonstrated that rescue of dystrophin expression by skipping exons 45–55 is feasible both in *H2K-mdx52* myotubes in vitro and in dystrophic *mdx52* mice in vivo. As far as

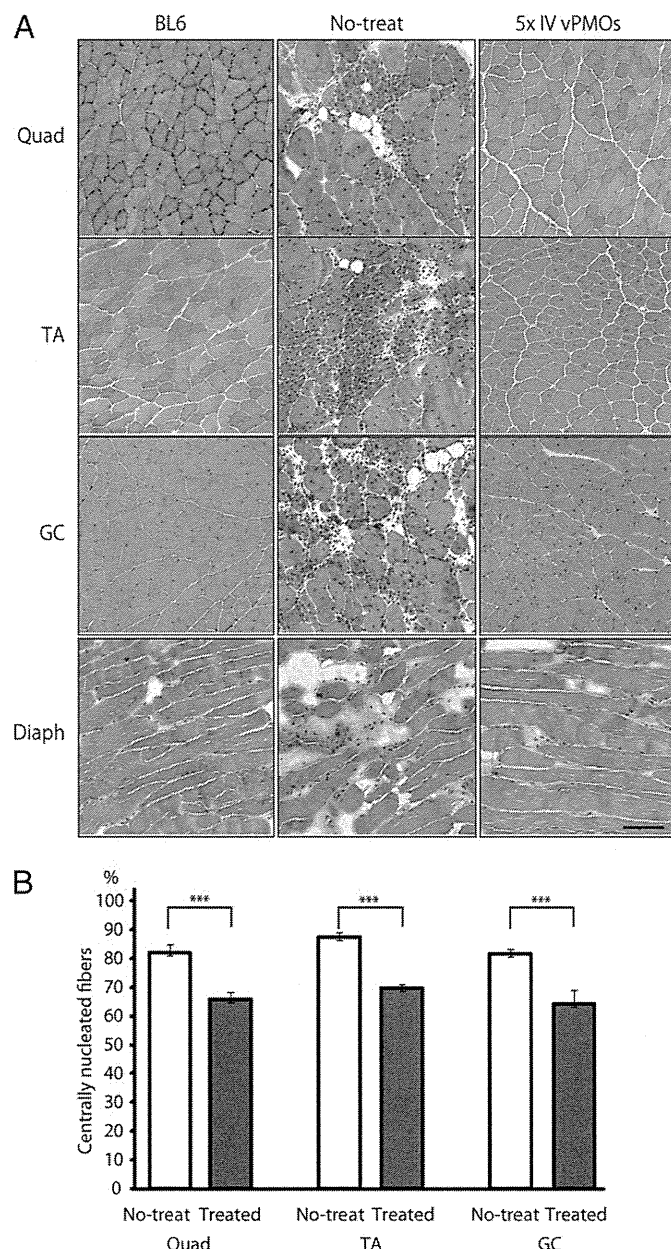


Fig. 4. Exon 45–55 skipped quasidystrophin ameliorates skeletal muscle pathology in *mdx52* mice. (A) H&E staining in quadriceps (Quad), TA, gastrocnemius (GC), and diaphragm (Diaph) muscles of WT (BL6), untreated (no-treat), and treated *mdx52* mice (five times i.v. vPMOs). Representative data are shown. (B) Measurement of centrally nucleated fibers (CNFs) after systemic exon 45–55 skipping (treated) and nontreated *mdx52* muscles (no-treat) in Quad, TA, and GC muscles. Data ($n = 4$) are presented as mean \pm SD *** $P < 0.001$.

we know, this is a unique report of a successful rescue of dystrophin using this technique to skip a large block of 10 exons. Currently, trials of exon 51 skipping using systemic delivery of PMO and 2'-O-methyl phosphorothioate antisense oligonucleotides (2'-O-MePS) AOs are underway (8, 9). Although exon 51 is the single target exon in the *DMD* gene whose skipping would restore ORF to the largest proportion of DMD mutations, it would still be applicable to only some 10% of DMD patients (or 17% of DMD patients with deletion mutations) (Fig. S1B) (17). The goal of treating a broader range of DMD patients with a single treatment has fostered interest in skipping multiple exons. In particular block skipping of exons 45–55 commends itself as a most promising approach (13, 18). Exon 45–55 skipping is known to have two major advantages. First, it would be applicable to ~63% of DMD patients with dystrophin deletion mutations (13). Second, the majority of individuals with a deletion of exons 45–55 of the *DMD* gene fall into the category of BMD patients with exceptionally mild, sometimes almost asymptomatic skeletal muscle involvement (12, 13). Nakamura et al. reported two Japanese patients with exon 45–55 deletions (28 and 42 y old) showing no symptoms except for high blood CK level (12). Similarly, Ferreira et al. reported a 69-y-old individual with exon 45–55 deletion showing only high CK level without showing any symptoms (19). Such observations raise the hope that antisense-mediated exon 45–55 skipping will have the potential not only to convert DMD patients to a mild BMD clinical phenotype but also to ameliorate the condition of some of the more severe BMD patients with mutations within the exon 45–55 hotspot region.

It is not known why deletion of exons 45–55 leads to very mild phenotypes. The Leiden database used in this study consists of reports from many different countries and sites, raising the possibility of inconsistencies arising from incorrect mapping of some patients or differences in the criteria of diagnosis for Duchenne, Becker, and intermediate cases. However, we have no reasons to suspect any systematic bias with this large dataset. The resulting products of exon 45–55 skipping lead to a truncation at the middle of two rod spectrin repeats (rod repeats 17 and 22) as we have previously pointed out (Fig. 1A) (11). Interestingly, the number of rod repeats in this quasidystrophin between the remaining adjacent hinge domains H2 and H4 (16 spectrin repeats) is exactly the same as that between H2 and H3 in full-length dystrophin, which might indicate a requirement of such a spacing for protein function or stability (Fig. 1A).

Our results indicate that the truncated dystrophin induced by skipping exons 45–55 restored all of the dystrophin-associated proteins except nNOS. It was reported that nNOS is anchored at the subsarcolemma through its binding to the rod domain of dystrophin at the 16 and 17 rod repeats encoded by exons 42–45 and by interaction with α 1-syntrophin (20, 21). The truncated dystrophin induced by skipping exons 45–55 would lack half of the 17 rod repeat, thus disturbing the site-responsible anchoring of nNOS and possibly rendering its subsarcolemmal localization unstable. Although nNOS was not restored after the mixture oligo injections, it is encouraging to note that mild BMD patients with deletions of exons 45–55 also lack nNOS at the subsarcolemma (22).

A previous *in vitro* study by van Vliet et al. showed that the exon 45–55 skipping frequencies with 2'-O-MePS AOs were minimal and comparable to those observed in untreated myocytes of DMD patients with exon 45–47 deletions (16). Here, we redesigned the mixture of vPMOs using online software called Human Splicing Finder and ESEfinder to detect ESEs (23, 24), but paying attention to the avoidance of formation of self- or heteroduplex of the AOs, which, we reasoned, could diminish the efficacy of multiple exon skipping. With this aim, we used OligoAnalyzer 3.1 (25) to design the mixture in which most of combinations of Δ G forces of different AOs were above -5 kcal/mole.

After *i.v.* injections of our mixture vPMOs into *mdx52* mice, we observed extensive dystrophin-positive fibers and an average of some 8–15% of wild-type levels of dystrophin protein, as determined by Western blotting analysis in a range of skeletal muscles (Fig. 3). The pathology of skeletal muscles was ameliorated; but the skeletal muscle function was only marginally recovered, probably due to the incomplete restitution of quasidystrophin (Fig. 4 and Fig. S6).

Whereas conventional PMOs are relatively safe, high-dose administration is required to induce exon skipping systemically (5, 7). Here, we observed high efficacy for systemic rescue with vPMOs that contain a cell-penetrating moiety of octaguanidine dendrimer (Fig. S2B). Although the sequences we have used are specific to the mouse, our data validate the principle that carefully designed AOs may be used to realize block skipping of exons 45–55 and, by this means, generate effective amounts of quasidystrophin of near-optimal structure in some 60% of DMD deletion patients. This multiple exon skipping therapy was achieved by use of vPMOs, which produced no evidence of toxicity. The most significant barrier to translating the “mixture approach” to a therapeutic for DMD is the lack of adequate delivery, especially to the heart. Nevertheless, we suggest that a similar approach might pave the way for use of a single-mixture antisense drug that could be applied to treatment of 40–45% of DMD patients.

Materials and Methods

Animals. Exon 52-deficient X chromosome-linked muscular dystrophy mice (*mdx52* mice) were produced by a gene-targeting strategy and are maintained in our facility (26); they have been backcrossed to the C57BL/6J (WT) strain for more than eight generations. Five-week-old male *mdx52* and WT mice were used in this study. The mice were allowed *ad libitum* access to food and drinking water. The Experimental Animal Care and Use Committee of the National Institute of Neuroscience, National Center of Neurology and Psychiatry (NCNP), Japan, approved all experimental protocols in this study.

Antisense Oligos. AOs for targeted skipping of exons 45–55 in the mouse *Dmd* gene were designed using ESEfinder and Human Splicing Finder software to anneal to the ESEs of each exon (Table S1) (23, 24). All antisense mixtures consist of equal amounts of each antisense oligo. Unmodified morpholinos (PMOs) or octaguanidine dendrimer-conjugated morpholinos (*vivo*-morpholinos or vPMOs) were used in this study (Gene-Tools) (27, 28).

H2K-mdx52 Myoblasts. *H-2Kb-tsA58* \times *mdx52/mdx52* F₁ male mice yielded dystrophin-deficient *H2K-mdx52* myoblasts (29). *H2K-mdx52* myoblasts were grown at 33 °C in medium containing γ -IFN at a concentration of 20 units/mL and 20% (vol/vol) FBS. After the treatment, the cells were grown in differentiation medium containing 5% (vol/vol) horse serum at 37 °C for 1 d.

AO Transfection. Myotubes were differentiated from *H2K-mdx52* cells and were transfected with the vPMO or the PMOs as previously reported (30). In the differentiation medium, the final concentration of the vPMO was a total of 0.1–3 μ M and that of the PMO was a total of 10 μ M for 10 sequences. After 48 h incubation with the vPMO or the PMO, total RNA was extracted from myotubes using TRIzol (Invitrogen).

AO Injections. Animals were anesthetized by inhalation of sevoflurane (Wako Pure Chemical Industries) for injections. A total of 1.5 μ g of vPMOs or 10 μ g of PMOs targeting exons 45–55 in a total volume of 36 μ L of saline were used for each TA muscle in the *mdx52* mice. Muscle samples were obtained 2 wk after the intramuscular injection.

A total of 12 mg/kg dose of vPMOs in 100 μ L of saline was injected into the tail vein of *mdx52* mice, five times at biweekly (every 2 wk) intervals. The mice were examined 2 wk after the final injection. Muscles were obtained immediately, snap frozen in liquid nitrogen-cooled isopentane, and stored at -80 °C for immunohistochemistry and Western blotting. Skeletal muscle tissues were cut and collected in microtubes and snap frozen in liquid nitrogen for reverse transcription PCR (RT-PCR).

RT-PCR and Sequencing of cDNA. Total RNA from the muscles of WT, untreated, or *mdx52* mice were extracted as previously described (7). Two hundred nanograms of RNA template was used for a 20- μ L RT-PCR using

a QuantiTect Reverse Transcription kit (Qiagen) according to the manufacturer's instructions. The cDNA product (1 μ L) was then used as the template for PCR in a 20- μ L reaction with 0.10 μ L of Ex Taq Hot Start Version (Takara). The reaction mixture composed of 10 \times PCR buffer (Roche), 10 mM of each dNTP (Qiagen), and 10 μ M of each primer. The primer sequences for the PCR were designed using Primer3 (<http://frodo.wi.mit.edu/>) and described in Table S2. The cycling conditions were at 95 $^{\circ}$ C for 4 min, then 94 $^{\circ}$ C for 0.5 min, 60 $^{\circ}$ C for 0.5 min, 72 $^{\circ}$ C for 1.2 min for 35 cycles, and at 72 $^{\circ}$ C for 7 min. PCR products were separated on a 2% (wt/wt) agarose gel. Bands of the expected size for the transcript were extracted by using a gel extraction kit (Qiagen). Direct sequencing for PCR products was performed at Operon Biotechnologies.

Immunohistochemistry and Histology. At least ten 7- μ m cryosections were cut at 100- μ m intervals from the quadriceps, the TA, the gastrocnemius, the triceps brachii, the diaphragm, and the heart muscles. The serial sections were stained with antidystrophin antibody such as monoclonal mouse antibody MANEX46B against exon 46, monoclonal mouse antibody MANEX50 against exon 50, and polyclonal rabbit antibody P7 against exon 57 (provided by Qi-Long Lu, Carolinas Medical Center, Charlotte, NC) anti- α -sarcoglycan monoclonal mouse antibody (Novocastra Laboratories), anti- β -dystroglycan monoclonal mouse antibody (Novocastra Laboratories), anti- α -1-syntrophin polyclonal rabbit antibody (Abcam), and antineuronal nitric oxide synthase polyclonal rabbit antibody (Zymed). Alexa 568 (Invitrogen) was used as a secondary antibody. The maximum number of dystrophin-positive fibers in one section of TA was counted under a BZ-9000 fluorescence microscope (Keyence). H&E staining was performed using Harris H&E.

Western Blotting Analysis. Western blot analysis was performed as previously described (7). Two to 20 μ g of protein from the TA muscle of a WT mouse as a positive control, 20 μ g of protein from the TA muscle of untreated *mdx52* as a negative control, and 20 μ g of protein from the muscles of treated *mdx52* mice were loaded onto a 5–15% (wt/vol) XV Pantera gel

(DRC). The samples were transferred onto an Immobilon PVDF membrane (Millipore) by semidry blotting at 5 mA/mm² for 1 h. The membrane was then incubated with the C-terminal monoclonal antibody DYS2 (Novocastra Laboratories), anti- α -sarcoglycan monoclonal mouse antibody (Novocastra Laboratories), anti- β -dystroglycan monoclonal mouse antibody (Novocastra Laboratories), anti- α -1-syntrophin polyclonal rabbit antibody (Abcam), and antineuronal nitric oxide synthase polyclonal rabbit antibody (Zymed) at room temperature for 1 h. Anti- α -tubulin (Abcam) was used as loading controls. The intensity of the bands obtained from the treated *mdx52* muscles was analyzed using ImageJ software (<http://rsb.info.nih.gov/ij/>) and compared with that from normal WT muscles.

Blood Analysis and Muscle Functional Testing. The blood analysis, grip strength, treadmill, and rotarod tests of the mice were performed as previously described (7).

Statistical Analysis. Statistical differences were assessed by one-way analysis of variance with differences among the groups assessed by a Tukey comparison, or χ^2 test. All data are reported as mean values \pm SD or \pm SEM. The level of significance was set at $P < 0.05$.

ACKNOWLEDGMENTS. This work was supported by Intramural Research Grant (22-5) for Neurological and Psychiatric Disorders of National Center of Neurology and Psychiatry (NCNP); Health and Labour Sciences Research Grants for Translation Research (H21-Translational Research-011); Health and Labour Sciences Research Grants for Translation Research (H21-Clinical Research-015); Comprehensive Research on Disability Health and Welfare (H23-Neuromuscular Disease-005) from the Ministry of Health, Labour, and Welfare of Japan; Foundation to Eradicate Duchenne; US Department of Defense (W81XWH-09-1-0599); the National Institutes of Health (1P50AR060836, 5T32AR056993, U54HD071601, R24HD050846, and K26OD011171); Muscular Dystrophy Association; University of Alberta; The Friends of Garrett Cumming Research; HM Toupin Neurological Science Research; and Muscular Dystrophy Canada.

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Highly efficient *in vivo* delivery of PMO into regenerating myotubes and rescue in laminin- α 2 chain-null congenital muscular dystrophy mice

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Received April 10, 2013; Revised and Accepted July 12, 2013

Phosphorodiamidate morpholino oligomer (PMO)-mediated exon skipping is among the more promising approaches to the treatment of several neuromuscular disorders including Duchenne muscular dystrophy. The main weakness of this approach arises from the low efficiency and sporadic nature of the delivery of charge-neutral PMO into muscle fibers, the mechanism of which is unknown. In this study, to test our hypothesis that muscle fibers take up PMO more efficiently during myotube formation, we induced synchronous muscle regeneration by injection of cardiotoxin into the tibialis anterior muscle of *Dmd* exon 52-deficient *mdx52* and wild-type mice. Interestingly, by *in situ* hybridization, we detected PMO mainly in embryonic myosin heavy chain-positive regenerating fibers. In addition, we showed that PMO or 2'-*O*-methyl phosphorothioate is taken up efficiently into C2C12 myotubes when transfected 24–72 h after the induction of differentiation but is poorly taken up into undifferentiated C2C12 myoblasts suggesting efficient uptake of PMO in the early stages of C2C12 myotube formation. Next, we tested the therapeutic potential of PMO for laminin- α 2 chain-null *dy^{3K/dy^{3K}}* mice: a model of merosin-deficient congenital muscular dystrophy (MDC1A) with active muscle regeneration. We confirmed the recovery of laminin- α 2 chain and slightly prolonged life span following skipping of the mutated exon 4 in *dy^{3K/dy^{3K}}* mice. These findings support the idea that PMO entry into fibers is dependent on a developmental stage in myogenesis rather than on dystrophinless muscle membranes and provide a platform for developing PMO-mediated therapies for a variety of muscular disorders, such as MDC1A, that involve active muscle regeneration.

INTRODUCTION

Duchenne muscular dystrophy (DMD), the most common form of muscular dystrophy, involves progressive deterioration of muscle function. DMD is caused mainly by a frameshift

deletion, nonsense or duplication mutations in the *DMD* gene, which encodes the protein dystrophin (1). The milder Becker muscular dystrophy (BMD) typically results from in-frame deletions in the *DMD* gene that allows the expression of limited amounts of an internally truncated but functional protein (2).

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In recent years, RNA-targeted splice-correction therapy by antisense oligonucleotide (AO) in DMD muscle with the object of restoring an in-frame, Becker-like transcript is among the more promising therapeutic approaches to treating DMD (3,4). To this end, systemic administration of AO, such as phosphorodiamidate morpholino oligomers (PMOs), targeting specific exon(s) in the *Dmd* gene has been shown to restore the reading frame and induce body-wide production of partially functional BMD-like dystrophin in mouse and dog models of DMD (5–8). Currently, this method was shown to be promising and safe in phase II trials with PMO (9) or 2'-*O*-methyl phosphorothioate (2'OMePS), which is also the most common AO (10), targeting exon 51 for DMD.

PMO, which has a neutral chemistry, provides outstanding safety characteristics and excellent *in vivo* efficacy and is suitable for human use. Moreover, PMO is being used extensively as a tool for selective inhibition of gene expression in cell culture models. However, the poor delivery of the PMO limits the application of PMO-mediated therapy for DMD or other muscular dystrophies. At present the precise mechanism of PMO entry into dystrophin-deficient muscle fibers is still unknown (11,12). A dominant hypothesis is that PMO enters dystrophin-deficient muscle fibers as a result of abnormal membrane permeability, a so-called 'leaky membrane' (13,14).

Here, we show that embryonic myosin heavy chain (eMHC) and dystrophin double-positive regenerating myotubes can incorporate PMO efficiently into *Dmd* exon 52-deficient *mdx52* (15) and wild-type (WT) mice. Our *in vitro* studies of C2C12 myoblasts suggest that PMO or 2'OMePS is taken up preferentially into muscle cells during the process of myotube formation. We also tested the therapeutic potential of PMO treatment on the *dy^{3K}/dy^{3K}* mouse (16): a model of laminin- α 2 chain (merosin)-deficient congenital muscular dystrophy (MDC1A) (MIM156225) with active muscle regeneration. Our results support the idea that PMO entry into muscle fibers is dependent on a developmental stage in myogenesis rather than on an intrinsic defect in the membrane of dystrophinless muscle fibers: the 'leaky-membrane' hypothesis. As such it provides a platform for developing PMO-mediated therapies for a variety of muscular disorders, such as MDC1A, that involve active muscle regeneration.

RESULTS

Induction of exon 51 skipping in dystrophin-deficient *mdx52* but not in WT mice after systemic PMO injection, suggesting abnormally high membrane permeability in *mdx52* mice

To examine the effect of systemic PMO-mediated exon 51 skipping (Supplementary Material, Fig. S1A), we injected 5-week-old *mdx52* and BL6 WT mice with a single dose of 51Do (Table 1), which targets the splice donor site of exon 51

of the *Dmd* gene, at a range of doses 80, 160, 320 or 640 mg/kg. Two weeks after the injection, the gastrocnemius muscles were isolated and analyzed by reverse transcription–polymerase chain reaction (RT–PCR). We could detect no skipped bands in WT mice but exon 51 skipping was induced in a highly dose-dependent manner with the range of 80–640 mg/kg doses, showing approximately up to 90% skipping efficiency in *mdx52* mice by RT–PCR (Supplementary Material, Fig. S1B).

Enhancement of dystrophin expression after intramuscular injection of PMO into very actively regenerating TA muscles of *mdx52* mice at 5 weeks of age

To investigate the mechanism of PMO uptake into muscle fibers, we first evaluated the percentage of centrally nucleated fibers, a marker of regenerated fibers, across a range of ages in *mdx52* ($n = 3$, each age group). Centrally nucleated fibers appeared around 3 weeks, dramatically increased around 4–5 weeks and reached 80% after 16 weeks in *mdx52* mice (Fig. 1A and B) (Supplementary Material, Fig. S2). Next, we injected PMO 51Do (400 μ g/kg body weight) into both tibialis anterior (TA) muscles of *mdx52* mice aged 3–32 weeks to induce exon 51 skipping (Fig. 1C) and evaluated the extent of dystrophin expression by immunohistochemistry. Two weeks after the injection, the TA muscles were isolated and analyzed by immunohistochemistry. The percentage of dystrophin-positive fibers was 45% on average when PMO was injected at 4 weeks and approximately 20% when PMO was injected from 6 to 32 weeks (Fig. 1D and E). We found that the percentage of dystrophin-positive fibers was highest when PMO was injected into *mdx52* mice at age 5 weeks when muscle regeneration was very active.

Classification of dystrophin-positive fibers into two types: Bromodeoxyuridine-positive small-caliber fibers and bromodeoxyuridine-negative normal-caliber fibers in *mdx52* mice

To further investigate the phase of PMO uptake, we administered bromodeoxyuridine (BrdU) in the drinking water (0.8 mg/ml) for 6 days after a single intramuscular injection of PMO 51Do (400 μ g/kg body weight) to label newly regenerated fibers. We injected into TA muscle of *mdx52* mice aged 5 and 32 weeks. Mice were killed 2 weeks after the PMO injection and TA muscles were removed and analyzed by immunohistochemistry for dystrophin, BrdU and DAPI (Fig. 2A). We found that dystrophin-positive fibers could be classified into two types: BrdU-positive small-caliber fibers with diameters of 30–40 μ m and BrdU-negative normal-caliber fibers with diameters of 40–60 μ m at 5 and 32 weeks in *mdx52* mice (Fig. 2B and C). The total numbers of dystrophin-positive fibers were significantly higher in the mice injected with PMO at 5 weeks than at 32 weeks

Table 1. AO sequence of PMO or 2'OMePS against exon 51 of the *Dmd* gene of mice used in this study

Name	Position	Sequence
51Do	+10–15	TTGTTTTATCCATACCTTCTGTTTG

Table 2. Probe sequences against 51Do for *in situ* hybridization used in this study

Name	Sequence
Positive probe	CAAACAGAAGGTATGGATAAAAACAA
Negative probe	TTGTTTTATCCATACCTTCTGTTTG

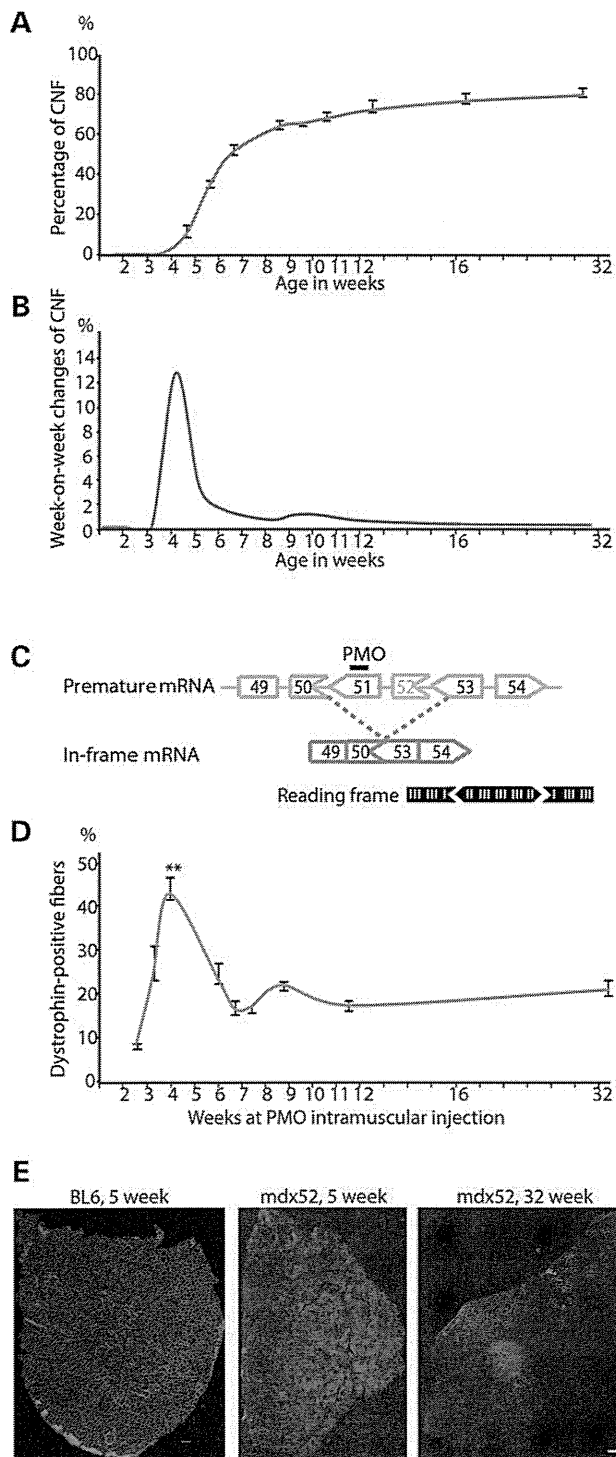


Figure 1. Evaluation of the optimal injection age of PMO into TA muscle in *mdx52* mice. (A) Percentage of centrally nucleated fibers (CNFs) in TA muscle of *mdx52* mice according to ages is calculated. The data ($n = 3-5$) are presented as mean \pm SD. (B) Week-on-week percentage changes of CNF in TA muscle of *mdx52* mice according to ages. $n = 3-5$. (C) Strategy for exon 51 skipping in *mdx52* mouse. Exon 51 skipping by appropriate phosphorodiamidate morpholino oligomers (PMO), indicated by a black line, can restore the reading frame of dystrophin in the *mdx52* mouse, which lacks exon 52 in the mRNA of the murine *Dmd* gene, leading to out-of-frame products. (D) Percentage of dystrophin-positive fibers according to the injection ages after intramuscular injection of PMO into

and the proportion that were of BrdU-positive, small-caliber fibers was also significantly greater (Fig. 2D). Then, we injected PMO (320 mg/kg) into the tail vein of *mdx52* mice at 5 weeks, which were administered of BrdU in the drinking water (0.8 mg/ml) for 6 days, and performed immunohistochemistry for dystrophin, BrdU and DAPI 2 weeks after the injection (Fig. 2E). A significantly large number of BrdU-positive fibers (303/314, 96.50%) exclusively expressed dystrophin compared with the BrdU-negative fibers (185/943, 19.62%) ($P < 0.001$ by Fisher's exact test) (Fig. 2F). These data suggest that immature regenerated fibers, which are called myotubes, could take up PMO more efficiently than mature fibers.

Efficient PMO entry into regenerated fibers at 4 days after cardiotoxin injection in *mdx52* mice

In this study, we evaluated the mechanism of PMO entry into small-caliber BrdU-positive fibers. To induce the synchronous regeneration of fibers, cardiotoxin (CTX) was injected intramuscularly into TA muscle of *mdx52* mice at age 5 weeks (Supplementary Material, Fig. S3). At 1–5 days after CTX injection, PMO (400 μ g/kg body weight) targeting the splice donor site of exon 51 was injected into each TA muscle followed by oral administration of BrdU (0.8 mg/ml) for 7 days (Fig. 3A). Two weeks later, TA muscles were obtained and analyzed by RT-PCR, immunohistochemistry and western blotting. The percentage of dystrophin-positive fibers by immunohistochemistry (Fig. 3B and C) and dystrophin expression level by western blotting (Fig. 3D and E) peaked in muscles where PMO had been injected at 4 days after CTX injection. On histology, the TA muscle BrdU and eMHC double-positive small-caliber fibers were seen at high levels at 4 days after CTX injection (Supplementary Material, Fig. S4). These results suggest that PMO was taken up very efficiently when eMHC-positive small-caliber fibers were mainly seen in *mdx52* mice.

Dramatical induction of exon 51 skipping following systemic PMO injection at 4 days after CTX injection into TA muscles of WT mice

Then we examined the localization of PMO in muscle cryosections using fluorescein-conjugated PMO (f-PMO). First, f-PMO (400 μ g/kg body weight) targeting the splice donor site of exon 51 was injected into each TA muscle of *mdx52* mice at age 5 weeks. Two weeks later, TA muscles were obtained and analyzed by RT-PCR and immunohistochemistry. We found that both PMO and f-PMO could induce similarly efficient exon 51 skipping and dystrophin expression at the fiber membrane (Supplementary Material, Fig. S5A and B).

We next investigated whether the f-PMO is taken up into eMHC-positive regenerated fibers after CTX injection into

TA muscle of *mdx52* mice. The data ($n = 3-4$) are presented as mean \pm SD. $**P < 0.01$. (E) Immunohistochemical staining for dystrophin, in the TA muscle of *mdx52* mice at 5 or 32 weeks of PMO injection age. The restoration of dystrophin in the TA muscles was examined 2 weeks after the injection of PMO (400 μ g/kg body weight). One representative out of three independent experiments is shown. BL6: TA muscle from a WT C57/BL6. *mdx52*, 5w: PMO-treated TA muscle from *mdx52* mice at 5 weeks. *mdx52*, 32w: PMO-treated TA muscle from *mdx52* mice at 32 weeks. Scale bar: 100 μ m.

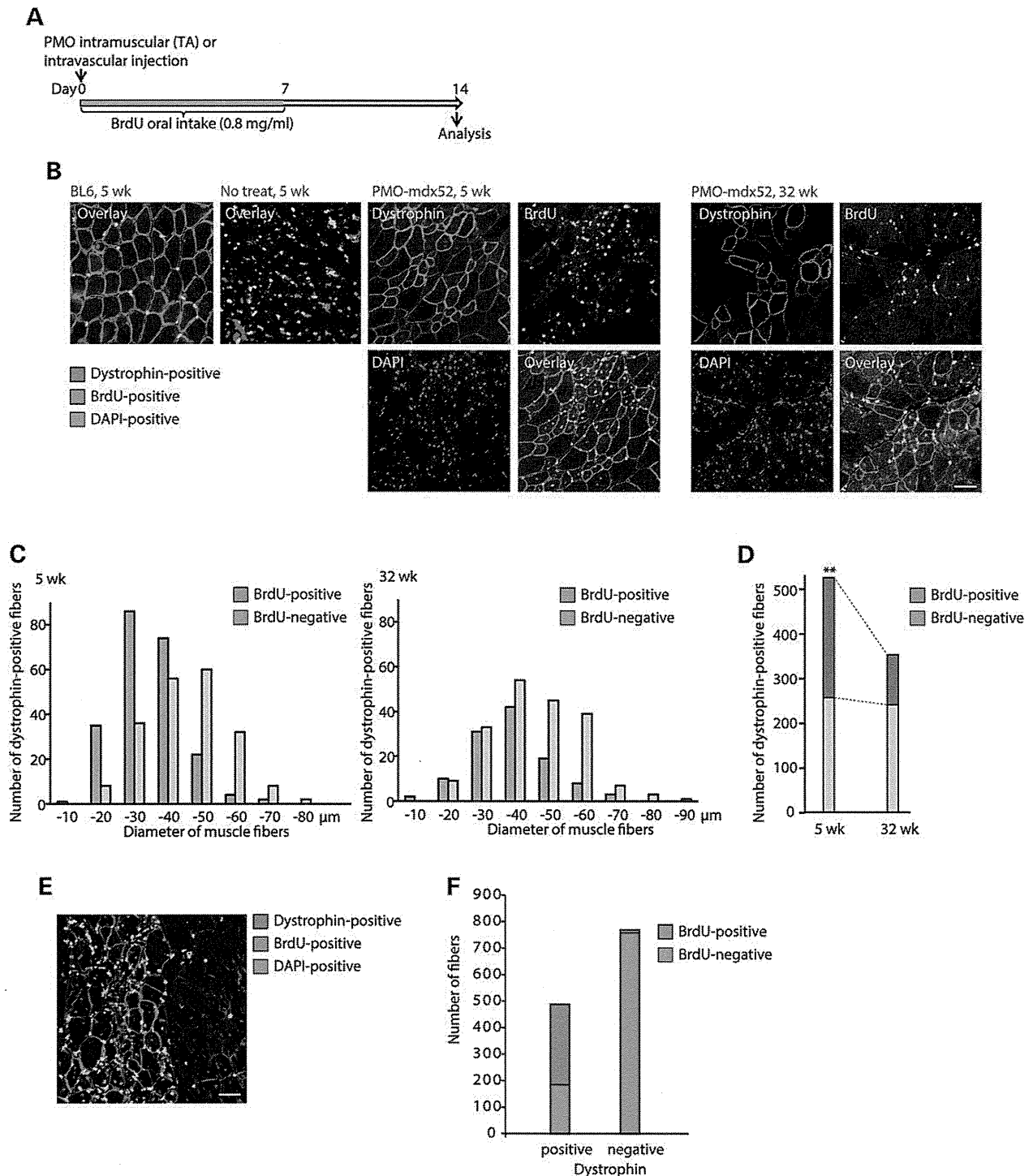


Figure 2. Evaluation of dystrophin-positive fibers using BrdU after intramuscular injection of PMO into the TA muscle of *mdx52* mice. (A) Experimental model of PMO injection into TA muscle of *mdx52* mice. PMO (400 µg/kg body weight) was injected into the TA muscles of *mdx52* mice at 5 or 32 weeks and immunohistochemistry performed 2 weeks after the injection, respectively. (B) Triple immunohistochemical staining of cryosections in TA muscle of *mdx52* mice at 5 weeks or 32 weeks for dystrophin, BrdU and DAPI. BL6: TA muscle from a WT C57/BL6. No treat: Untreated TA muscle from *mdx52* mice. Data are representative of four independent experiments. Scale bar, 50 µm. (C) Histogram of BrdU-positive or BrdU-negative fibers among dystrophin-positive fibers in the TA muscle of *mdx52* mice at 5 or 32 weeks of injection age, $n = 4$. (D) Number of BrdU-positive or BrdU-negative fibers among dystrophin positive fibers at 5 or 32 weeks of injection age in *mdx52* mice. The data ($n = 4$) are presented as mean \pm SD, $**P < 0.01$. (E) Evaluation of dystrophin-positive fibers using BrdU after systemic injection of PMO (320 mg/kg) into *mdx52* mice at 5 weeks. Triple immunohistochemical staining of cryosections in TA muscle of *mdx52* mice for dystrophin, BrdU and DAPI. Data are representative of four independent experiments. Scale bar: 50 µm. (F) Statistical analysis of dystrophin-positive fibers using BrdU after systemic injection of PMO into *mdx52* mice. Fisher's exact test was used to test for the relationship between the BrdU and dystrophin expressions. $***P < 0.001$.