

**Fig. 2.** Kaplan–Meier curve for the primary outcome (death from any cause or rehospitalization due to worsened heart failure or refractory arrhythmia) in the four heart failure patient groups on the basis of depression and anxiety. HR, hazard ratio; CI, confidence interval.

**Table 2**  
 Causes of death and rehospitalization for cardiac events.

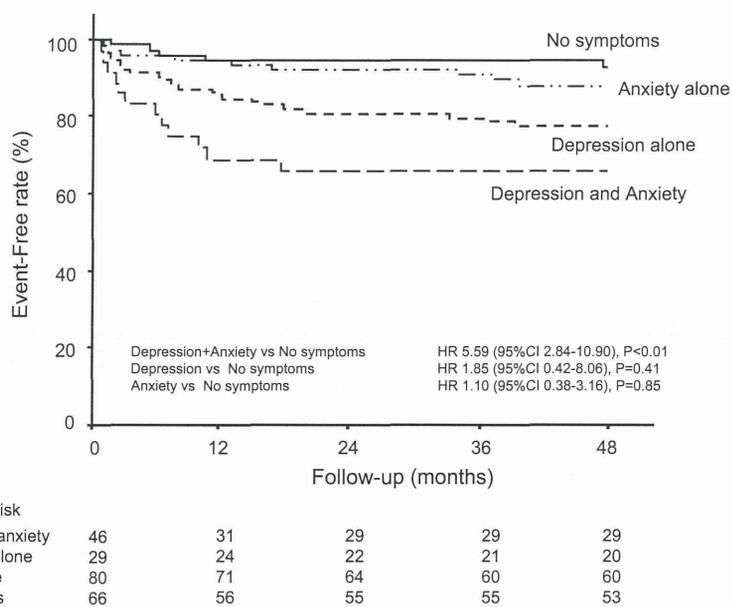
	Depression alone (n = 29)	Anxiety alone (n = 80)	Depression + anxiety (n = 46)	No symptoms (n = 66)	p value
Death from any cause	8 (28%)	4 (5%)	17 (37%)	2 (3%)	<0.01
Cardiac death	8 (28%)	4 (5%)	16 (35%)	2 (3%)	<0.01
Sudden death	2 (7%)	1 (1%)	1 (2%)	0 (0%)	0.96
Heart failure	6 (21%)	3 (4%)	15 (33%)	2 (3%)	<0.01
Non-cardiac death	0 (0%)	0 (0%)	1 (2%)	0 (0%)	0.06
Hospitalization for heart failure	7 (24%)	15 (19%)	5 (11%)	4 (6%)	0.90
Hospitalization for refractory arrhythmia	3 (10%)	2 (3%)	1 (2%)	1 (2%)	0.29

Values are n (%).

from any cause (HR 5.59, 95% CI: 2.84–10.90,  $p < 0.01$ ) compared to patients with no symptoms.

The univariate analysis showed that in addition to NYHA functional class, implantation of an ICD/CRT-D, LVEF  $\leq 35\%$ , BNP at

discharge  $>250$  pg/ml, eGFR  $<60$  ml/min/1.73 m<sup>2</sup>, depression alone, and a combination of depression and anxiety, but not anxiety alone, were significant predictors for the primary outcome (Table 3).



**Fig. 3.** Kaplan–Meier curve for death from any cause in the four heart failure patient groups on the basis of depression and anxiety. HR, hazard ratio; CI, confidence interval.

Please cite this article in press as: Suzuki T, et al. Impact of clustered depression and anxiety on mortality and rehospitalization in patients with heart failure. J Cardiol (2014), <http://dx.doi.org/10.1016/j.jjcc.2014.02.031>

**Table 3**  
Univariate predictors for the primary outcome.

	Hazard ratio (95% CI)	p value
Female gender	0.70 (0.43–1.15)	0.16
Age ≥65 years	0.89 (0.56–1.42)	0.64
NYHA functional class at discharge	3.97 (2.61–6.04)	<0.01
Implantation of an ICD/CRT-D	4.26 (2.56–7.07)	<0.01
eGFR <60 ml/min/1.73 m <sup>2</sup>	2.88 (1.81–4.59)	<0.01
BNP at discharge >250 pg/ml	2.95 (1.80–4.81)	<0.01
LVEF ≤35%	1.99 (1.24–3.19)	<0.01
Depression	2.59 (1.56–4.20)	<0.01
Anxiety	1.71 (0.98–2.98)	0.05
Depression and anxiety	2.63 (1.56–4.41)	<0.01

BNP, B-type natriuretic peptide; CRT-D, cardiac resynchronization therapy with a defibrillator; eGFR, estimated glomerular filtration rate; ICD, implantable cardioverter defibrillator; LVEF, left ventricular ejection fraction; NYHA, New York Heart Association.

**Table 4**  
Relationship of depression and anxiety with the primary outcome after adjusting for age, gender, New York Heart Association class, device implantation, estimated glomerular filtration rate, B-type natriuretic peptide, and left ventricular ejection fraction.

	Hazard ratio (95% CI)	p value
Depression	1.69 (0.97–2.95)	0.06
Anxiety	1.46 (0.80–2.65)	0.21
Depression and anxiety	1.96 (1.00–3.27)	0.04

The relationship between depression and anxiety with the primary outcome after adjusting for age, gender, NYHA class, device implantation, eGFR, BNP, and LVEF revealed that patients with clustered depression and anxiety had an increased risk of the primary outcome, but depression alone was not related to the primary outcome (Table 4).

## Discussion

Our study revealed that the prevalence of clustered depression and anxiety was 20% in hospitalized patients with HF. Furthermore, we found that patients with both depression and anxiety were at an increased risk of the primary composite outcome: death from any cause and rehospitalization due to worsened HF and refractory arrhythmia. Finally, clustered depression and anxiety, but not depression or anxiety alone, were shown to be independent factors associated with worsening clinical outcomes.

Several studies have shown that depression is an independent predictor of mortality in patients with HF [1–13]. In our study, depression was a risk factor in the univariate analysis but was not an independent factor after adjusting for clinical variables at discharge related to the primary outcome. There are a number of possible reasons for the differences in our results compared with those in the previous reports. First, our study had a high prevalence (one-third) of patients with an ICD/CRT-D. At present, an ICD is the principle therapy in HF patients for preventing sudden cardiac death. It is increasingly used due to the extended indication for primary prevention. However, ICD-specific problems, such as frequent shocks and a poor understanding of ICD therapy, increase depressive symptoms and reduce the quality of life for the ICD patients [39,48–50]. Our main study showed that an ICD implantation was significantly associated with depression [26]. Furthermore, the prevalence of depression increased as the NYHA functional class grade increased [4]. In our study, 18 of 23 patients (78%) with NYHA class III/IV at discharge were diagnosed with depression by the Zung SDS. The presence of an ICD/CRT-D and NYHA functional class III/IV may have confounded the association

between depression and the primary outcome. Therefore, depression alone was thought not to be a predictor in this study after adjusting for multiple variables.

State anxiety is a transient mental or emotional reaction to several stressors, including medical illness. In a sense, it is thought to be a normal reaction in hospitalized patients and an inevitable result of hospitalization. A Japanese report showed that anxiety has been reported to be independently associated with rehospitalization due to worsened HF in outpatients with stable HF [44]. However, in general, an association between anxiety and mortality or long-term cardiac events in patients with HF has not been found [16–19]. Katon et al. suggested that the combination of depression and anxiety is associated with poor treatment adherence and increased medical complications in patients with chronic medical illness, which may be a severe consequence [51]. Anxiety and depression are different disorders, and the way in which their mechanisms may interact in the development of cardiac events or death are not understood. In the real world, however, psychological factors may cluster together within individuals to increase the risk of subsequent medical events [21]. There is a possibility that patients with higher psychological distress are selected by combining anxiety with depression.

In our study, HF was a major cause of death, and the rate of HF was significantly higher in patients with both depression and anxiety than in those with either depression or anxiety only or those with no symptoms. Although its pathophysiologic mechanisms are not completely understood, psychological distress may affect the treatment adherence behavior in patients with HF [52]. Poor adherence to treatment is associated with increased morbidity and mortality in patients with HF [53]. Clustered depression and anxiety can be a stronger predictive marker of the severity of the illness or poor prognosis than depression alone in hospitalized patients with HF. This cluster may also be an important marker for psychological distress, particularly in hospitalized patients with HF.

## Study limitations

There were some limitations in this study. First, this was a single-center cohort study. The clinical characteristics of our patients might not reflect those of general cardiovascular patients with HF. Second, the patients admitted to our hospital were not consecutively enrolled in our main study. Many patients who received emergent or intensive care were not enrolled because they could not complete the questionnaires. Third, the questionnaires were not completed prior to discharge. The primary aim of our main study was to evaluate the prevalence and distribution of depression in hospitalized patients. Moreover, the length of the hospital stay in our patients ranged from a few days to several months because the severity of HF or comorbidities was heterogeneous. For a long-term prognosis, the assessment just before discharge might be more appropriate. However, previous studies have demonstrated that depression at the time of hospitalization, not prior to discharge, is associated with a poorer prognosis in patients with cardiovascular disease [54–57]. Fourth, the number of subjects was relatively small. Therefore, subgroup analysis was not feasible.

## Conclusions

Our results showed that clustered depression and anxiety were predictors of death from any cause or rehospitalization due to worsened HF and refractory arrhythmia in patients with HF. This cluster may be an important marker for poor outcomes in patients with HF.

### Conflict of interest

None declared.

### Acknowledgments

The authors thank Kiyoko Kihara, Atoyo Okuma, Kazue Suga, and Chika Sato for their support and assistance.

### References

- [1] Pelle AJM, Gidron YY, Szabó BM, Denollet J. Psychological predictors of prognosis in chronic heart failure. *J Card Fail* 2008;14:341–50.
- [2] MacMahon KM, Lip GY. Psychological factors in heart failure: a review of the literature. *Arch Intern Med* 2002;162:509–16.
- [3] Caro MA, Sowden GL, Mastromauro CA, Mahnks S, Beach SR, Januzzi JL, Huffman JC. Risk factors for positive depression screens in hospitalized cardiac patients. *J Cardiol* 2012;60:72–7.
- [4] Rutledge T, Reis VA, Linke SE, Greenberg BH, Mills PJ. Depression in heart failure: a meta-analytic review of prevalence, intervention effects, and associations with clinical outcomes. *J Am Coll Cardiol* 2006;48:1527–37.
- [5] Jiang W, Alexander J, Christopher EJ, Kuchibhatla M, Gaulden LF, Cuffe MS, Blazing MA, Davenport C, Califf RM, Krishnan RR, O'Connor CM. Relationship of depression to increase risk of mortality and rehospitalization in patients with congestive heart failure. *Arch Intern Med* 2001;161:1849–56.
- [6] Vaccarino V, Kasl S, Abramson J, Krumholz H. Depressive symptoms and risk of functional decline and death in patients with heart failure. *J Am Coll Cardiol* 2001;38:199–205.
- [7] Kato N, Kinugawa K, Shiga T, Hatano M, Takeda N, Imai Y, Watanabe M, Yao A, Hirata Y, Kazuma K, Nagai R. Depressive symptoms are common and associated with adverse clinical outcomes in heart failure with reduced and preserved ejection fraction. *J Cardiol* 2012;60:23–30.
- [8] Whooley MA. Depression and cardiovascular disease: healing the broken-hearted. *JAMA* 2006;295:2874–81.
- [9] Havranek EP, Ware MG, Lowes BD. Prevalence of depression in congestive heart failure. *Am J Cardiol* 1999;84:348–50.
- [10] Guck TP, Elsasser GN, Kavan MG, Barone EJ. Depression and congestive heart failure. *Congest Heart Fail* 2003;9:163–9.
- [11] Kato N, Kinugawa K, Yao A, Hatano M, Shiga T, Kazuma K. Relationship of depressive symptoms with hospitalization and death in Japanese patients with heart failure. *J Card Fail* 2009;15:912–9.
- [12] Lesman-Leegte I, Jaarsma T, Sanderman R, Linssen G, van Veldhuisen DJ. Depressive symptoms are prominent among elderly hospitalized heart failure patients. *Eur J Heart Fail* 2006;8:634–40.
- [13] O'Connor CM, Abraham WT, Albert NM, Clare R, Stough WG, Gheorghiadu M, Greenberg BH, Yancy CW, Young JB, Fonarow GC. Predictors of mortality after discharge in patients hospitalized with heart failure: an analysis from the Organized Program to Initiate Lifesaving Treatment in Hospitalized Patients with Heart Failure (OPTIMIZE-HF). *Am Heart J* 2008;156:662–73.
- [14] Haworth JE, Moniz-Cook E, Clark AL, Wang M, Waddington R, Cleland JG. Prevalence and predictors of anxiety and depression in a sample of chronic heart failure patients with left ventricular systolic dysfunction. *Eur J Heart Fail* 2005;7:803–8.
- [15] De Jong MJ, Moser DK, An K, Chung ML. Anxiety is not manifested by elevated heart rate and blood pressure in acutely ill cardiac patients. *Eur J Cardiovasc Nurs* 2004;3:247–53.
- [16] Jiang W, Kuchibhatla M, Cuffe MS, Chung ML. Prognostic value of anxiety and depression in patients with chronic heart failure. *Circulation* 2004;110:3452–6.
- [17] Friedmann E, Thomas SA, Liu F, Morton PG, Chapa D, Gottlieb SS. Relationship of depression, anxiety, and social isolation to chronic heart failure outpatient mortality. *Am Heart J* 2006;152, 940.e1–8.
- [18] Konstam V, Salem D, Pouleur H, Kostis J, Gorkin L, Shumaker S, Mottard I, Woods P, Konstam MA, Yusuf S. Baseline quality of life as a predictor of mortality and hospitalization in 5,025 patients with congestive heart failure: SOLVD Investigations (Studies of Left Ventricular Dysfunction Investigators). *Am J Cardiol* 1996;78:890–5.
- [19] Domen NL, Pelle AJ, Szabó BM, Pederson SS. Symptoms of anxiety and cardiac hospitalizations at 12 months in patients with heart failure. *J Gen Intern Med* 2012;27:345–50.
- [20] van den Broek KC, Nyklíček I, van der Voort PH, Alings M, Meijer A, Denollet J. Risk of ventricular arrhythmia after implantable defibrillator treatment in anxious type D patients. *J Am Coll Cardiol* 2009;54:531–7.
- [21] Rozanski A, Blumenthal JA, Davidson KW, Saab PG, Kubzansky L. The epidemiology, pathophysiology, and management of psychosocial risk factors in cardiac practice: the emerging field of behavioral cardiology. *J Am Coll Cardiol* 2005;45:637–51.
- [22] Rozanski A, Blumenthal JA, Kaplan J. Impact of psychological factors on the pathogenesis of cardiovascular disease and implication for therapy. *Circulation* 1999;99:2192–217.
- [23] Kop WJ, Synowski SJ, Gottlieb SS. Depression in heart failure: biobehavioral mechanisms. *Heart Fail Clin* 2011;7:23–38.
- [24] Pederson SS, Denollet J, Spindler H, Ong AT, Serruys PW, Erdman RA, van Domburg RT. Anxiety enhances the detrimental effect of depressive symptoms on health status following percutaneous coronary intervention. *J Psychosom Res* 2006;61:783–9.
- [25] Martens EJ, Smith OR, Denollet J. Psychological symptom clusters, psychiatric comorbidity and poor self-reported health status following myocardial infarction. *Ann Behav Med* 2007;34:87–94.
- [26] Suzuki T, Shiga T, Kuwahara K, Kobayashi S, Suzuki S, Nishimura K, Suzuki A, Omori H, Mori F, Ishigooka J, Kasanuki H, Hagiwara N. Depression and outcomes in hospitalized Japanese patients with cardiovascular disease – prospective single-center observational study. *Circ J* 2011;75:2465–73.
- [27] Zung WWK. A self-rating depression scale. *Arch Gen Psychiatry* 1965;12:63–70.
- [28] Zung WW. The differentiation of anxiety and depressive disorders: a biometric approach. *Psychosomatics* 1971;12:380–4.
- [29] Williams Jr JW, Noel PH, Cordes JA, Ramirez G, Piquone M. Is this patient clinically depressed? *JAMA* 2002;287:1160–70.
- [30] Schrag A, Barone P, Brown RG, Leentjens AFG, McDonald WM, Starkstein S, Weintraub D, Poewe W, Rascol O, Sampaio C, Stebbins GT, Goetz CG. Depression rating scales in Parkinson's disease: critique and recommendations. *Mov Disord* 2007;22:1077–92.
- [31] Zung WWK, Richards CB, Short MJ. Self-rating depression scale in an outpatient clinic. *Arch Gen Psychiatry* 1965;13:508–15.
- [32] Shiotani I, Sato H, Kinjo K, Nakatani D, Mizuno H, Ohnishi Y, Hishida E, Kijima Y, Hori M, Sato H, the Osaka Acute Coronary Insufficiency Study (OACIS) group. Depressive symptoms predict 12-month prognosis in elderly patients with acute myocardial infarction. *J Cardiovasc Risk* 2002;9:153–60.
- [33] Pihl E, Jacobsson A, Fridlund B, Strömberg A, Mårtensson J. Depression and health-related quality of life in elderly patients suffering from heart failure and their spouses: a comparative study. *Eur J Heart Fail* 2005;7:583–9.
- [34] Kourea K, Parissis JT, Farmakis D, Paraskevaidis I, Panou F, Filippatos G, Kremastinos DT. Effects of darbepoetin-alpha on quality of life and emotional stress in cardiac patients with chronic heart failure. *Eur J Cardiovasc Prev Rehabil* 2008;15:365–9.
- [35] Parissis JT, Nikolaou M, Farmakis D, Bistola V, Paraskevaidis IA, Adamopoulos S, Filippatos G, Kremastinos DT. Clinical and prognostic implications of self-rating depression scales and plasma B-type natriuretic peptide in hospitalized patients with chronic heart failure. *Heart* 2008;94:585–9.
- [36] Barefoot JC, Helms MJ, Mark DB, Blumenthal JA, Califf RM, Haney TL, O'Connor CM, Siegler IC, Williams RB. Depression and long-term mortality risk in patients with coronary artery disease. *Am J Cardiol* 1996;78:613–7.
- [37] Suzuki T, Shiga T, Kuwahara K, Kobayashi S, Suzuki S, Nishimura K, Suzuki A, Ejima K, Manaka T, Shoda M, Ishigooka J, Kasanuki H, Hagiwara N. Prevalence and persistence of depression in patients with implantable cardioverter defibrillator: a 2-year longitudinal study. *Pacing Clin Electrophysiol* 2010;33:1455–61.
- [38] Okimoto JT, Barnes RF, Veith RC, Baskind MA, Inui TS, Carter WB. Screening for depression in geriatric medical patients. *Am J Psychiatry* 1982;139:799–802.
- [39] Passik SD, Kirsh KL, Donaghy KB, Theobald DE, Lundberg JC, Holtsclaw E, Dugan Jr WM. An attempt to employ the Zung Self-Rating Depression Scale as a "Lab Test" to trigger follow-up in ambulatory oncology clinics: criterion validity and detection. *J Pain Symptom Manage* 2001;21:273–81.
- [40] Raison CL, Borisov AS, Broadwell SD, Capuron L, Woolwine BJ, Jacobson IM, Nemeroff CB, Miller AH. Depression during pegylated interferon-alpha plus ribavirin therapy: prevalence and prediction. *J Clin Psychiatry* 2005;66:41–8.
- [41] Spielberger CD, Gorsuch RL, Lushene PR, Vagg PR, Jacobs GA. Manual for the State-Trait Anxiety Inventory. Palo Alto, CA: Consulting Psychologists Press Inc.; 1983.
- [42] Kamphuis HC, de Leeuw JR, Derksen R, Hauer RN, Winnubst JA. Implantable cardioverter defibrillator recipients: quality of life in recipients with and without ICD shock delivery: a prospective study. *Europace* 2003;5:381–9.
- [43] Nakazato K, Shimonaka Y. The Japanese State-Trait Anxiety Inventory: age and sex differences. *Percept Mot Skills* 1989;69:611–7.
- [44] Tsuchihashi-Makaya M, Kato N, Chishaki A, Takeshita A, Tsutsui H. Anxiety and poor social support are independently associated with adverse outcomes in patients with mild heart failure. *Circ J* 2009;73:280–7.
- [45] Valle R, Aspromonte N, Giovinazzo P, Carbonieri E, Chiatto M, di Tano G, Feola M, Milli M, Fontebasso A, Barro S, Bardelotto S, Milani L. B-type natriuretic peptide-guided treatment for predicting outcome in patients hospitalized in sub-intensive care unit with acute heart failure. *J Card Fail* 2008;14:219–24.
- [46] van Veldhuisen DJ, Linssen GC, Jaarsma T, van Gilst WH, Hoes AW, Tijssen JG, Paulus WJ, Voors AA, Hillege HL. B-type natriuretic peptide and prognosis in heart failure patients with preserved and reduced ejection fraction. *J Am Coll Cardiol* 2013;61:1498–506.
- [47] Levey AS, Bosch JP, Lewis JB, Greene T, Rogers N, Roth D. A more accurate method to estimate glomerular filtration rate from serum creatinine: a new prediction equation. Modification of Diet in Renal Disease Study Group. *Ann Intern Med* 1999;130:461–70.
- [48] Sears SF, Conti JB. Quality of life and psychological functioning of ICD patients. *Heart* 2002;87:488–93.
- [49] Thomas SA, Friedmann E, Kao CW, Inguito P, Metcalf M, Kelley FJ, Gottlieb SS. Quality of life and psychological status of patients with implantable cardioverter defibrillators. *Am J Crit Care* 2006;15:389–98.
- [50] Jacq F, Fouldrin G, Savouré A, Anselme F, Baguein-Pinaud A, Cribier A, Thibaut F. A comparison of anxiety, depression and quality of life between device shock and nonshock groups in implantable cardioverter defibrillator recipients. *Gen Hosp Psychiatry* 2009;31:266–73.

Please cite this article in press as: Suzuki T, et al. Impact of clustered depression and anxiety on mortality and rehospitalization in patients with heart failure. *J Cardiol* (2014), <http://dx.doi.org/10.1016/j.jcc.2014.02.031>

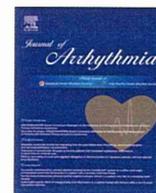
- [51] Katon W, Lin EHB, Kroenke K. The association of depression and anxiety with medical symptom burden in patients with chronic medical illness. *Gen Hosp Psychiatry* 2007;29:147–55.
- [52] DiMatteo MR, Lepper HS, Croghan TW. Depression is a risk factor for noncompliance with medical treatment: meta-analysis of the effects of anxiety and depression on patient adherence. *Arch Intern Med* 2000;160:2101–7.
- [53] Wu JR, Moser DK, Chung ML, Lennie TA. Objectively measured, but not self-reported, medication adherence independently predicts event-free survival in patients with heart failure. *J Card Fail* 2008;14:203–10.
- [54] Ahern DK, Gorkin L, Jeffrey JA, Tierney C, Hallstrom A, Ewert C, Capone RJ, Schron E, Kornfeld D, Herd JA, Richardson DW, Follick MJ. Biobehavioral variables and mortality or cardiac arrest in the Cardiac Arrhythmia Pilot Study (CAPS). *Am J Cardiol* 1990;66:59–62.
- [55] Ladwig KH, Kieser M, Konig J, Breithardt G, Borggrefe M. Affective disorders and survival after acute myocardial infarction. *Eur Heart J* 1991;12:959–64.
- [56] Frasure-Smith N, Lesperance F, Talajic M. Depression following myocardial infarction. *JAMA* 1993;270:1819–25.
- [57] Frasure-Smith N, Lesperance F, Talajic M. Depression and 18-month prognosis after myocardial infarction. *Circulation* 1995;91:999–1005.



ELSEVIER

Contents lists available at ScienceDirect

Journal of Arrhythmia

journal homepage: [www.elsevier.com/locate/joa](http://www.elsevier.com/locate/joa)

Original Article

## Effect of intravenous amiodarone on QT and T peak–T end dispersions in patients with nonischemic heart failure treated with cardiac resynchronization-defibrillator therapy and electrical storm

Masataka Ogiso, MD<sup>a</sup>, Atsushi Suzuki, MD<sup>a</sup>, Tsuyoshi Shiga, MD<sup>a,\*</sup>, Kenji Nakai, MD<sup>b</sup>, Morio Shoda, MD<sup>a</sup>, Nobuhisa Hagiwara, MD<sup>a</sup>

<sup>a</sup> Department of Cardiology, Tokyo Women's Medical University, 8-1 Kawada-cho, Shinjuku-ku, Tokyo 162-8666, Japan

<sup>b</sup> Department of Internal Medicine of Dentistry, Iwate Medical University, Morioka, Japan

## ARTICLE INFO

## Article history:

Received 4 May 2013

Received in revised form

13 January 2014

Accepted 29 January 2014

## Keywords:

Amiodarone

Cardiac resynchronization therapy

Dispersion

QT interval

T peak–T end

## ABSTRACT

**Background:** The effect of intravenous amiodarone on spatial and transmural dispersion of ventricular repolarization in patients receiving cardiac resynchronization therapy (CRT) remains unclear.

**Methods:** We studied 14 patients with nonischemic heart failure who received CRT with a defibrillator, experienced electrical storm and were treated with intravenous amiodarone. Each patient underwent 12-lead electrocardiography (ECG) and 187-channel repolarization interval-difference mapping electrocardiography (187-ch RIDM-ECG) before and during the intravenous administration of amiodarone infusion.

**Results:** A recurrence of ventricular tachyarrhythmia was observed in 2 patients during the early period of intravenous amiodarone therapy. Intravenous amiodarone increased the corrected QT interval (from  $470 \pm 52$  ms to  $508 \pm 55$  ms,  $P=0.003$ ), but it significantly decreased the QT dispersion (from  $107 \pm 35$  ms to  $49 \pm 27$  ms,  $P=0.001$ ), T peak–T end (Tp–e) dispersion (from  $86 \pm 17$  ms to  $28 \pm 28$  ms,  $P=0.001$ ), and maximum inter-lead difference between corrected Tp–e intervals as measured by using the 187-ch RIDM-ECG (from  $83 \pm 13$  ms to  $50 \pm 19$  ms,  $P=0.001$ ).

**Conclusions:** Intravenous amiodarone suppressed the electrical storm and decreased the QT and Tp–e dispersions in patients treated by using CRT with a defibrillator.

© 2014 Japanese Heart Rhythm Society. Published by Elsevier B.V. All rights reserved.

### 1. Introduction

Cardiac resynchronization therapy (CRT) reduces mortality and morbidity in selected heart failure patients with impaired left ventricular (LV) function and cardiac dyssynchrony [1]. Most patients receive CRT with a defibrillator (CRT-D) because the indications for an implantable cardioverter-defibrillator (ICD) overlap with those for CRT. Electrical storm, which is commonly defined as the occurrence of 3 or more separate episodes of ventricular tachyarrhythmia requiring ICD therapies within 24 h [2], is associated with worse heart failure-related morbidity and survival among patients who receive CRT-D [3,4].

CRT may increase LV transmural dispersion of repolarization, leading to ventricular tachyarrhythmia and electrical storm induced by epicardial LV pacing [4–6]. Moreover, some reports have demonstrated that ICD shocks alone can cause an increase in

QT dispersion, which may contribute to the proarrhythmic effects of ICD shocks such as electrical storm [7,8]. Myocardial ischemia increases the dispersion of repolarization and may result in shock-induced arrhythmia [9,10].

Intravenous amiodarone is widely used in the treatment of electrical storm [2]. However, few clinical studies have evaluated the effect of intravenous amiodarone on the spatial and transmural dispersion of ventricular repolarization in patients treated with CRT.

The aim of this study was to evaluate the effect of intravenous amiodarone on the electrocardiographic parameters of dispersion of ventricular repolarization in patients with nonischemic heart failure treated with CRT-D and electrical storm.

### 2. Methods

We studied 14 patients treated with CRT-D who were admitted to our hospital because of electrical storm (Table 1). Patients who were in atrial fibrillation were excluded. Amiodarone diluted with

\* Corresponding author. Tel.: +81 3 3353 8111; fax: +81 3 3356 0441.

E-mail address: [mshiga@hij.twmu.ac.jp](mailto:mshiga@hij.twmu.ac.jp) (T. Shiga).

<http://dx.doi.org/10.1016/j.joa.2014.01.006>

1880-4276/© 2014 Japanese Heart Rhythm Society. Published by Elsevier B.V. All rights reserved.

**Table 1**

Baseline characteristics in 14 nonischemic heart failure patients and electrical storm treated with CRT-D.

Men (n)	11
Age (years)	67 ± 12
Indication for ICD	
Secondary prevention	10
Primary prevention	4
Underlying heart disease	
Idiopathic dilated cardiomyopathy	8
End-stage hypertrophic cardiomyopathy	3
Other	3
NYHA functional class on admission	
II/III/IV	8/4/2
LVEF (%)	27 ± 3
Plasma BNP (pg/mL)	617 ± 547
eGFR (mL/min/1.73 m <sup>2</sup> )	52.5 ± 39.0
Medications on admission	
Beta-blockers	12
ACE inhibitors/ARBs	12
Spironolactone	8
Loop diuretics	11
Amiodarone	8

Values are represented as n or mean ± SD.

ICD, implantable cardioverter-defibrillator; CRT-D, cardiac resynchronization therapy with ICD; LVEF, left ventricular ejection fraction; NYHA, New York Heart Association; BNP, brain natriuretic peptide; eGFR, estimated glomerular filtration rate; ACE, angiotensin-converting enzyme; and ARB, angiotensin II receptor blocker.

5% glucose was administered as a loading dose of 2.0 mg/kg for 10 min and was subsequently infused continuously as a maintenance dose of 0.5 mg/kg/h. Twelve-lead electrocardiography (ECG) was performed by using a standard digital recorder (CardiofaxV, Nihon Kohden Co., Tokyo, Japan) at a gain of 20 mm/mV and a speed of 50 mm/s; a 187-channel repolarization interval-difference mapping electrocardiograph (187-ch RIDM-ECG, Fukuda Denshi Co. Ltd., Tokyo, Japan) was also used. The data from both procedures were recorded before and during the intravenous infusion of amiodarone. Additionally, blood samples were drawn to assess the concentration of amiodarone in the patients' plasma. This study was approved by the institutional review board of the Tokyo Women's Medical University (approval no. 2036), and all patients provided written informed consent.

The QT intervals and T-peak to T-end (Tp-e) intervals were measured by using leads II and V2 of the 12-lead ECG. The QT interval was obtained from the onset of the QRS complex to the end of the T wave. The corrected QT interval (QTc) was calculated using the Bazett formula. QT dispersion was defined as the difference between the maximum and minimum QT intervals of the 12 ECG leads. The Tp-e interval was obtained from the peak of the T wave to the end of the T wave, which corresponded to the bottom of the T wave in cases of negative or biphasic T waves. The Tp-e dispersion was obtained by assessing the difference between the maximum and minimum Tp-e intervals of the 12 ECG leads (Fig. 1). Measurements of the recovery time (RT) and Tp-e intervals according to the results of the 187-ch RIDM-ECG were previously described in detail [7], and the corrected RT and corrected Tp-e intervals were calculated by using the Bazett formula. The maximum inter-lead differences between corrected RT intervals and between corrected Tp-e intervals were automatically calculated based on the difference between the maximum and minimum values in this system. The corrected RT and Tp-e interval difference maps were displayed as a color-coordinated map according to time differences.

The data are presented as the mean ± SD. The parameters were compared before and during the intravenous amiodarone infusion

by using the Mann-Whitney *U* test, and a *P*-value < 0.05 was considered significant.

### 3. Results

Among the 14 patients who received intravenous amiodarone for the treatment of electrical storm, 1 patient received an inotropic agent (intravenous dopamine) and 2 patients received a sedative agent concomitant with the administration of intravenous amiodarone. The other patients continued to receive the same dose of beta-blockers and other cardiovascular drugs during the intravenous amiodarone treatment as they did prior to treatment. Ventricular tachyarrhythmia that required ICD shock recurred in 2 patients after the initiation of amiodarone infusion but it was not observed after the initial 16 h of continuous infusion. No recurrence of ventricular tachyarrhythmia that required ICD therapy occurred in the other patients during the intravenous amiodarone infusion. The mean treatment period of intravenous amiodarone was 105 ± 98 h. The results of the 12-lead ECG and the 187-ch RIDM-ECG recorded during the intravenous amiodarone infusion were obtained 26 ± 19 h after the start of therapy.

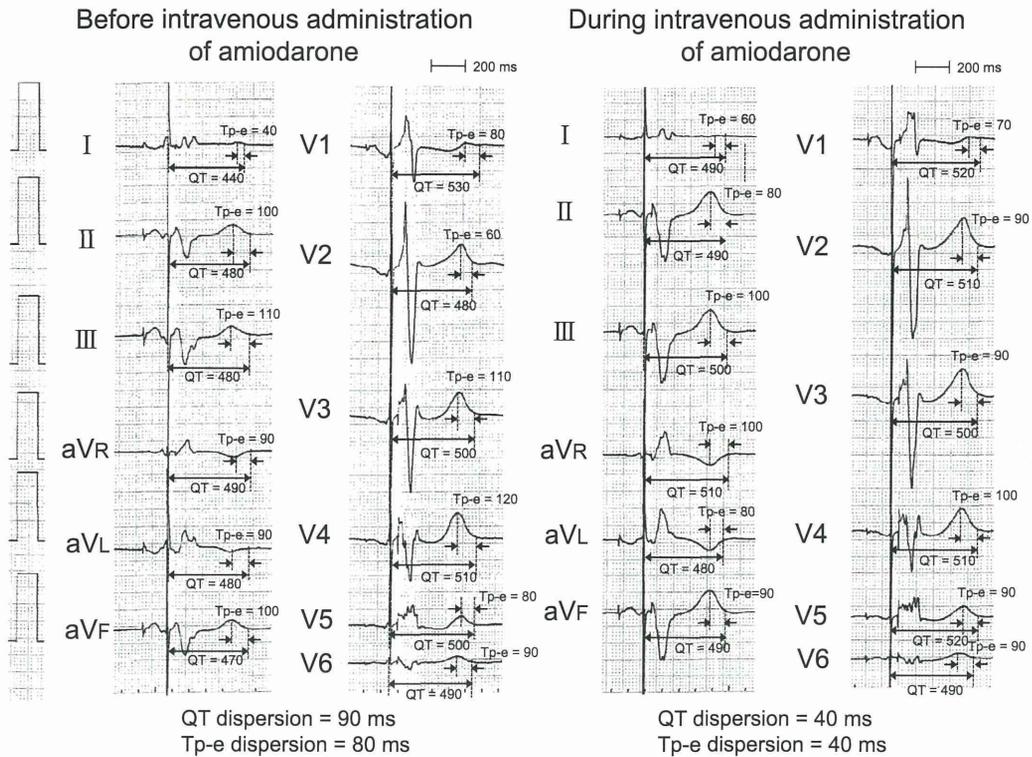
The 12-lead ECG and 2-dimensional geometrical maps for corrected RT interval difference and corrected Tp-e interval difference obtained by using 187-ch RIDM-ECG before and during the intravenous amiodarone infusion for representative cases are shown in Figs. 1 and 2 respectively. The mean value of QTc measured by using the 12-lead ECG increased during the intravenous administration of amiodarone. By contrast, the maximum value of the QT interval among the 12 leads decreased, and its minimum value increased during the intravenous administration of amiodarone. Although the mean value of the Tp-e interval measured by using the 12-lead ECG was not affected during the intravenous administration of amiodarone, the maximum value of the Tp-e interval among the 12 leads decreased, and its minimum value increased during the intravenous administration of amiodarone. Additionally, QT dispersion and Tp-e dispersion significantly decreased during the intravenous amiodarone administration. The maximum inter-lead difference between the corrected Tp-e intervals, but not the corrected RT intervals, as measured by using 187-ch RIDM-ECG, significantly decreased during the intravenous infusion of amiodarone (Table 2).

These effects of intravenous amiodarone on ECG parameters were similar between the patients who received and those who did not receive prior oral amiodarone treatment (Table 2).

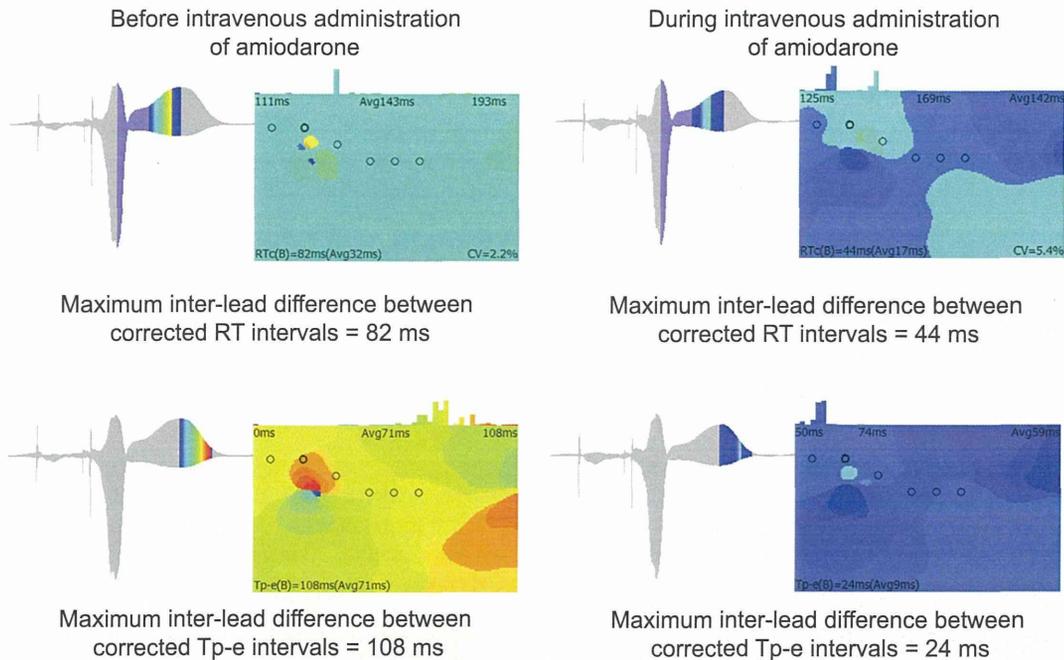
### 4. Discussion

This study showed that intravenous amiodarone mostly suppressed ventricular tachyarrhythmia and increased the QTc, but not the Tp-e interval. Moreover, intravenous amiodarone decreased QT dispersion, Tp-e dispersion, and the maximum inter-lead difference between the corrected Tp-e intervals, as measured by using the 187-ch RIDM-ECG, in patients with CRT-D and electrical storm. Among our patients, prior oral amiodarone therapy did not affect the change in QT dispersion, Tp-e dispersion, or maximum inter-lead difference between the corrected Tp-e intervals before or during the intravenous amiodarone treatment.

Amiodarone is capable of modifying the activation pattern of the ventricle during biventricular pacing in patients receiving CRT because it affects both ventricular depolarization and repolarization. This may be reflected in the repolarization parameters of ECG, such as the QT interval. Interestingly, intravenous amiodarone treatment decreased the maximum QT and Tp-e intervals and increased the minimum QT and Tp-e intervals. These effects of amiodarone on ECG parameters might not be due to an equal



**Fig. 1.** ECG readings. Representative 12-lead ECG (50 mm/s) images before and during intravenous administration of amiodarone infusion in a patient with CRT-D and electrical storm. The results of the patient were set to an AV delay of 150 ms and a VV delay of 45 ms. QT dispersion=maximum QT interval – minimum QT interval among 12 leads. Tp-e dispersion=maximum Tp-e interval – minimum Tp-e interval among 12 leads.



**Fig. 2.** Interval difference maps. Representative corrected RT interval difference map and corrected Tp-e interval difference map before and during intravenous administration of amiodarone infusion in a patient with CRT-D and electrical storm. The results of the patient were set to an AV delay of 140 ms and a VV delay of 20 ms. The differences from the smallest corrected RT interval or corrected Tp-e interval were scaled according to color, with blue indicating < 40 ms, yellow indicating 40–60 ms, and red indicating > 60 ms. Maximum inter-lead difference between corrected RT intervals=maximum corrected RT interval – minimum corrected RT interval. Maximum inter-lead difference between corrected Tp-e intervals=maximum Tp-e interval – minimum Tp-e interval (measured on the 187-ch RIDM-ECG image).

decrease in transmural dispersion of repolarization at any region in the ventricle; instead, they might be the results of counterbalancing the heterogeneity of ventricular repolarization. A significant decrease in QT dispersion, Tp-e dispersion, and maximum inter-lead difference between corrected Tp-e intervals (by

using 187-ch RIDM-ECG) supports the hypothesis that intravenous amiodarone decreases the spatial dispersion of ventricular repolarization.

The mean value of the inter-lead difference between corrected RT intervals determined by using 187-ch RIDM-ECG decreased

Please cite this article as: Ogiso M, et al. Effect of intravenous amiodarone on QT and T peak-T end dispersions in patients with nonischemic heart failure treated with cardiac... J Arrhythmia (2014), <http://dx.doi.org/10.1016/j.joa.2014.01.006>

**Table 2**

Electrocardiographic parameters before and during intravenous amiodarone infusion in 14 nonischemic heart failure patients and electrical storm treated with CRT-D.

	Before amiodarone	During amiodarone	P value
<b>12-Lead ECG</b>			
RR (ms)	870 ± 101	851 ± 89	0.593
QRS duration (ms)	149 ± 20	165 ± 21	0.003
QTc (ms)	470 ± 52	508 ± 55	0.003
Maximum QT (ms)	510 ± 49	478 ± 37	0.006
Minimum QT (ms)	403 ± 34	429 ± 39	0.006
QT dispersion (ms)	107 ± 35	49 ± 27	0.001
Tp-e (ms)	101 ± 18	107 ± 18	0.217
Max Tp-e (ms)	145 ± 27	121 ± 28	0.027
Minimum Tp-e (ms)	59 ± 18	92 ± 12	0.001
Tp-e dispersion (ms)	86 ± 17	28 ± 28	0.001
<i>Prior oral amiodarone (+), n=8</i>			
RR (ms)	846 ± 102	811 ± 53	0.362
QRS duration (ms)	148 ± 23	168 ± 22	0.017
QTc (ms)	469 ± 58	522 ± 64	0.025
Maximum QT (ms)	506 ± 51	478 ± 43	0.049
Minimum QT (ms)	396 ± 41	426 ± 45	0.030
QT dispersion (ms)	111 ± 36	51 ± 24	0.012
Tp-e (ms)	103 ± 17	114 ± 19	0.125
Max Tp-e (ms)	148 ± 26	131 ± 32	0.235
Minimum Tp-e (ms)	65 ± 19	98 ± 12	0.012
Tp-e dispersion (ms)	84 ± 13	34 ± 35	0.017
<i>Prior oral amiodarone (-), n=6</i>			
RR (ms)	903 ± 90	905 ± 99	0.785
QRS duration (ms)	152 ± 16	161 ± 20	0.066
QTc (ms)	472 ± 43	491 ± 33	0.043
Maximum QT (ms)	515 ± 47	480 ± 28	0.043
Minimum QT (ms)	412 ± 19	433 ± 29	0.068
QT dispersion (ms)	103 ± 32	46 ± 30	0.043
Tp-e (ms)	100 ± 18	98 ± 12	0.891
Maximum Tp-e (ms)	142 ± 28	106 ± 10	0.042
Minimum Tp-e (ms)	53 ± 13	85 ± 8	0.042
Tp-e dispersion (ms)	89 ± 20	21 ± 13	0.027
<b>187-ch RIDM-ECG</b>			
Inter-lead difference between corrected RT (ms)	83 ± 19	68 ± 26	0.064
Inter-lead difference between corrected Tp-e (ms)	83 ± 13	50 ± 19	0.001
<i>Prior oral amiodarone (+), n=8</i>			
Inter-lead difference between corrected RT (ms)	87 ± 19	69 ± 28	0.176
Inter-lead difference between corrected Tp-e (ms)	86 ± 14	47 ± 24	0.012
<i>Prior oral amiodarone (-), n=6</i>			
Inter-lead difference between corrected RT (ms)	78 ± 18	68 ± 22	0.248
Inter-lead difference between corrected Tp-e (ms)	80 ± 9	54 ± 7	0.028
<b>Plasma drug concentration</b>			
<i>Prior oral amiodarone (+), n=8</i>			
Amiodarone (μg/mL)	0.36 ± 0.36	1.67 ± 0.79	
Desethylamiodarone (μg/mL)	0.36 ± 0.33	0.74 ± 0.27	
<i>Prior oral amiodarone (-), n=6</i>			
Amiodarone (μg/mL)	-	1.45 ± 0.69	
Desethylamiodarone (μg/mL)	-	0.51 ± 0.32	

Values are represented as mean ± SD.

ECG, electrocardiography; QTc, corrected QT interval; RT, recovery time; Tp-e; T peak-T end; and 187-ch RIDM-ECG, 187-channel repolarization interval-difference mapping electrocardiograph.

during the intravenous administration of amiodarone, but this difference was not statistically significant. In contrast, QT dispersion on the 12-lead ECG significantly decreased. The RT interval was defined as the time difference between the R-wave peak and the T-wave peak of the relative electrical current density of the variable-moment dipole current, which was calculated from the 187-channel electrical potentials on the basis of the Coulomb Law [11,12]. Therefore, the R-wave and T-wave peaks on the 187-ch RIDM-ECG images were not identical to those on the 12-lead ECG image. The inter-lead difference between the corrected RT intervals obtained from the 187-ch RIDM-ECG image may be less likely to be modified by the effect of amiodarone on depolarization and repolarization of the ventricle.

The acute effects of amiodarone are the blockade of the L-type calcium inward current; the sodium inward current ( $I_{Na}$ ), with a high affinity for its inactivated state; and the rapid and slow components of the delayed rectifier potassium current ( $I_{Kr}$  and  $I_{Ks}$ ). In contrast, its chronic effect is mediated by prolonging the action potential duration (APD) through a decrease in the potassium channel density, especially  $I_{Ks}$  and transient outward current [13]. A single intravenous bolus of amiodarone does not prolong the QRS duration or QTc in humans, as observed on ECG [14,15]. In an experimental study, amiodarone produced little change in the APD of epicardial and endocardial tissues, but it shortened the APD of the M-region tissue via the blockade of late  $I_{Na}$ , leading to a decrease in the transmural dispersion of repolarization in the

canine ventricle [16]. The results of another experimental study revealed that amiodarone suppressed inducible arrhythmia, with a decrease in the Tp-e and the transmural dispersion of APD secondary to the inhibition of both the  $I_{Kr}$  and the late  $I_{Na}$  at high concentrations of the drug (1–10  $\mu$ M) in rabbit heart in which the late  $I_{Na}$  was augmented in the presence of sea anemone toxin [17]. Although the mechanisms are not well understood, the acute effect of amiodarone in inhibiting the late  $I_{Na}$  and counterbalancing APD prolongation through the inhibition of  $I_{Kr}$  may play a role in the beneficial effect of repolarization on LV spatial and transmural dispersion in patients with heart failure.

A recurrence of ventricular arrhythmia requiring ICD therapy was observed in 2 patients during the early period of intravenous amiodarone therapy. This recurrence may be due to the slow uptake of amiodarone into heart tissue because of its pharmacokinetic characteristics, which also accounts for its delayed antiarrhythmic effects [14]. In this study, we observed the pharmacological effect of amiodarone on the parameters of dispersion of ventricular repolarization, but it was unclear whether these effects were closely related to the therapeutic value of amiodarone for suppression of ventricular arrhythmias, such as electrical storm. To clarify this issue, further clinical investigation is necessary.

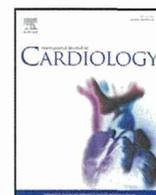
In conclusion, intravenous amiodarone suppressed electrical storm and decreased QT and Tp-e dispersions in patients with nonischemic heart failure treated with CRT-D and electrical storm. These effects may partially result from a decrease in spatial dispersion of ventricular repolarization.

#### Conflict of interest

The authors have no conflicts of interest to declare.

#### References

- [1] McAlister FA, Ezekowitz J, Hooton N, et al. Cardiac resynchronization therapy for patients with left ventricular systolic dysfunction: a systemic review. *J Am Med Assoc* 2007;297:2502–14.
- [2] Gao D, Sapp JL. Electrical storm: definitions, clinical importance, and treatment. *Curr Opin Cardiol* 2013;28:72–9.
- [3] Gasparini M, Lunati M, Landolina M, et al. on behalf of the InSync ICD Italian Registry Investigators. Electrical storm in patients with biventricular implantable cardioverter defibrillator: incidence, predictors, and prognostic implications. *Am Heart J* 2008;156:847–54.
- [4] Nayak HM, Verdino RJ, Russo AM, et al. Ventricular tachycardia storm initiation of biventricular pacing: incidence, clinical characteristics, management and outcome. *J Cardiovasc Electrophysiol* 2008;19:708–15.
- [5] Fish JM, Brugada J, Antzelevitch C. Potential proarrhythmic effects of biventricular pacing. *J Am Coll Cardiol* 2005;46:2340–7.
- [6] Gurevitz O, Yaacoby E, Segal E, et al. Effect of implantable cardioverter-defibrillator shocks on QT dispersion. *Am J Cardiol* 2000;86:1146–8.
- [7] Suzuki A, Shiga T, Nakai K, et al. Interlead difference between T-peak to T-end intervals in resynchronization patients with an implantable cardioverter-defibrillator. *J Electrocardiol* 2010;43:706–12.
- [8] Topaloglu S, Aras D, Sahin O, et al. QT dispersion significantly increases after implantable cardioverter-defibrillator shocks. *Ann Noninvasive Electrocardiol* 2007;12:44–9.
- [9] Behrens S, Li C, Franz MR. Effects of myocardial ischemia on ventricular fibrillation inducibility and defibrillation efficacy. *J Am Coll Cardiol* 1997;29:817–24.
- [10] Cheng Y, Mowrey KA, Nikolski V, et al. Mechanisms of shock-induced arrhythmogenesis during acute global ischemia. *Am J Physiol Heart Circ Physiol* 2002;282:2141–51.
- [11] Nakai K, Tsuboi J, Okabayashi H, et al. Development of a signal-averaged vector-projected 187-channel high-resolution electrocardiogram for the evaluation of the spatial location of high-frequency potentials and abnormal ventricular repolarization. *Int Heart J* 2007;48:701–13.
- [12] Nakai K, Miyake F, Kasanuki H, et al. Newly developed signal-averaged vector-projected 187-channel electrocardiogram can evaluate the spatial distribution of repolarization heterogeneity. *Int Heart J* 2008;49:153–64.
- [13] Kodama I, Kamiya H, Toyama J. Amiodarone: ionic and cellular mechanisms of action of the most promising class III agent. *Am J Cardiol* 1999;84:20–8.
- [14] Desai AD, Chun S, Sung RJ. The role of intravenous amiodarone in the management of cardiac arrhythmias. *Ann Intern Med* 1997;127:294–303.
- [15] Shiga T, Tanaka T, Irie S, et al. Pharmacokinetics of intravenous amiodarone and its electrocardiographic effects in Japanese healthy subjects. *Heart Vessels* 2011;26:274–81.
- [16] Moro S, Ferreiro M, Celestino D, et al. in vitro effects of acute amiodarone and dronedarone on epicardial, endocardial, and M cells of the canine ventricle. *J Cardiovasc Pharmacol Ther* 2007;12:314–21.
- [17] Wu L, Rajamani S, Shryock JC, et al. Augmentation of late sodium current unmasks the proarrhythmic effects of amiodarone. *Cardiovasc Res* 2008;77:481–8.



## Chronic kidney disease and long-term outcomes of myocardial infarction<sup>☆</sup>

Michitaka Nagashima<sup>1</sup>, Nobuhisa Hagiwara<sup>1</sup>, Ryo Koyanagi<sup>1</sup>, Jun-ichi Yamaguchi<sup>1</sup>, Atsushi Takagi<sup>1</sup>, Erisa Kawada-Watanabe<sup>1</sup>, Tsuyoshi Shiga<sup>1</sup>, Hiroshi Ogawa<sup>\*,1</sup>

Department of Cardiology, The Heart Institute of Japan, Tokyo Women's Medical University, Tokyo, Japan

### ARTICLE INFO

#### Article history:

Received 4 February 2012

Accepted 8 April 2012

Available online 7 May 2012

#### Keywords:

Myocardial infarction  
Chronic kidney disease  
Glomerular filtration rate  
Cohort study

### ABSTRACT

**Background:** Although chronic kidney disease (CKD) is a risk factor for cardiovascular disease, information about myocardial infarction (MI) with CKD is limited in the acute revascularization era.

**Methods:** To clarify the relationship between CKD and long-term outcomes of MI, consecutive 4550 patients with acute MI treated at 17 participating hospitals were analyzed. The primary study outcome was death from any cause, and a secondary endpoint was the first appearance major adverse cardiovascular events.

**Results:** Acute revascularization therapies were performed in 75.2% of the patients and the mean left ventricular ejection fraction (LVEF) was 53%. The median follow-up was 4.1 years (follow-up rate, 95.2%). Patients were divided into four categories (<45.0, 45.0 to 59.9, 60.0 to 74.9, and  $\geq 75.0$  mL/min per 1.73 m<sup>2</sup> of body-surface area) according to the glomerular filtration rate (GFR) estimated by the Modification of Diet in Renal Disease equation. A total of 1941 (42.7%) patients had an estimated GFR of <60.0 mL/min per 1.73 m<sup>2</sup>. Mortality rates increased with declining estimated GFR. Unadjusted hazard ratios for total and cardiovascular death in the group with an estimated GFR of 45.0 to 59.9 mL/min per 1.73 m<sup>2</sup> using the group with an estimated GFR of  $\geq 75.0$  mL/min per 1.73 m<sup>2</sup> as the reference were 1.63 (95% CI, 1.28 to 2.07) and 2.09 (95% CI, 1.45 to 3.01), respectively.

**Conclusions:** Even early-stage CKD should be considered a powerful risk factor for long-term cardiovascular death after acute MI with preserved LVEF in the acute revascularization era.

© 2012 Elsevier Ireland Ltd. All rights reserved.

### 1. Introduction

Renal impairment is a worldwide public health issue, with increasing incidence, expense and adverse outcomes [1]. The National Kidney Foundation defines chronic kidney disease as kidney damage or a glomerular filtration rate (GFR) of <60.0 mL/min per 1.73 m<sup>2</sup> of body-surface area for over three months, irrespective of cause [2]. This definition highlights the fact that strategies to improve outcomes require a global effort directed towards the earlier stages of chronic kidney disease (CKD). Coexisting CKD in patients with established cardiovascular disease is also associated with long-term adverse outcomes [3–6]. Patients on dialysis who have acute myocardial infarction (AMI) have high mortality from cardiac cause and poor long-term survival [7]. However, information is scarce about long-term risks associated with CKD which does not require dialysis in patients

with AMI. This is because the methods of previous cardiovascular studies such as design, setting and participants are limited.

The Heart Institute of Japan, Department of Cardiology (HIJC) project is a collaborative effort towards developing a domestic epidemiologic database and improving the quality of care for patients with cardiovascular disease [6,8–10]. As part of that project, we evaluated the prevalence of CKD using the value of estimated GFR from survivors of AMI who had not received dialysis to clarify the relationship between early-stage chronic kidney disease and long-term outcomes of AMI.

### 2. Materials and methods

The HIJC investigators registered and prospectively followed up 8335 patients with coronary artery disease treated after admission to 17 hospitals, including Department of Cardiology, the Heart Institute of Japan, Tokyo Women's Medical University between 1999 and 2004. Among them, the cohort used in the present study involved 4550 patients with AMI, who were discharged alive and who had not received maintenance dialysis at entry. AMI was diagnosed based on the presence of symptoms, high cardiac enzyme levels, and electrocardiographic changes according to then-current criteria [11]. The study proceeded according to the principles of the Declaration of Helsinki, and the protocol was approved by the institutional review board or ethics committee at each participating center. All participating patients provided written or oral informed consent before study enrollment. Because the HIJC project is mainly for observational purposes, treatment strategies were left to the discretion of the attending physicians.

<sup>☆</sup> Role of the funding source: Japan Research Promotion Society for Cardiovascular Diseases. The funding source had no involvement in the study, and thus we have no potential conflict of interest to declare.

\* Corresponding author at: Department of Cardiology, The Heart Institute of Japan, Tokyo Women's Medical University, 8-1 Kawada-cho, Shinjuku-ku, Tokyo 162-8666, Japan. Tel.: +81 3 3353 8111; fax: +81 3 3356 0441.

E-mail address: [mogawa@hij.twmu.ac.jp](mailto:mogawa@hij.twmu.ac.jp) (H. Ogawa).

<sup>1</sup> For the Heart Institute of Japan, Department of Cardiology (HIJC) Investigators.