Table 3 Transition probabilities of subgroups

	Baseline value (plausible range)			
	Standard-risk	*High-risk*	*Lower age*	*Higher age*
HSCT in CR1	0.86 (0.81–0.92)	0.65 (0.54–0.77)	0.81 (0.76–0.86)	0.80 (0.72–0.87)
Alive at 10 years following HSCT in CR1	0.6 (0.53–0.68)	0.51 (0.4–0.66)	0.62 (0.55–0.69)	0.48 (0.39–0.58)
Alive at 10 years following HSCT after failure of HSCT in CR1	0.31 (0.24–0.38)	0.28 (0.13–0.43)	0.3 (0.21–0.39)	0.23 (0.11–0.35)
Alive at 10 years without relapse following CTx	0.27 (0.18–0.37)	0.13 (0.03–0.22)	0.19 (0.11–0.27)	0.25 (0.16–0.35)
NRM at 10 years following CTx	0.06 (0.02–0.11)	0.07 (0–0.14)	0.04 (0.01–0.08)	0.11 (0.05–0.18)
HSCT in CR2	0.68 (0.5–0.86)	0.58 (0.5–0.65)	0.66 (0.5–0.81)	0.65 (0.5–0.80)
Alive at 10 years following HSCT in CR2	0.38 (0.23–0.61)	0.43 (0.22–0.84)	0.39 (0.26–0.58)	0.35 (0.19–0.64)
Alive at 10 years following HSCT after failure of HSCT in CR2[a]	0.24 (0.12–0.45)	0.13 (0.05–0.35)	0.21 (0.12–0.36)	0.11 (0.04–0.3)
Alive at 10 years following HSCT in non-CR after relapse	0.24 (0.12–0.45)	0.13 (0.05–0.35)	0.21 (0.12–0.36)	0.11 (0.04–0.3)

Abbreviations: CR, complete remission; CTx, chemotherapy; HSCT, hematopoietic stem cell transplantation; NRM, non-relapse mortality.
Transition probabilities that are not in Table 3 are the same as those mentioned in the whole population.
[a]As the number of patients who underwent HSCT in CR3 or more was not enough, the same rate of survival following HSCT in non-CR was used.

were alive at 10 years was determined on the basis of the literature.[15–17] We assigned a value of 100 to the utility for being alive without relapse at 10 years after chemotherapy alone, and a value of 0 to the utility for being dead in all situations. We assigned a fixed value of 98 to the utility for being alive without active GVHD at 10 years following HSCT, and assigned a value of 70 with a wide plausible range of 0–98 to the utility for being alive with active GVHD at 10 years. These utilities were determined on the basis of opinions of 10 doctors who were familiar with HSCT and the literature.[9,18]

Subgroup analyses were also performed according to risk stratification on the basis of white blood cell count and cytogenetics, and according to age stratification with a cutoff of 35 years. Patients with a high white blood cell count (more than 30×10^9/l for B lineage and more than 100×10^9/l for T lineage) and/or with t(4;11) or t(1;19) were classified as a high-risk group, and all other patients were classified as standard-risk group. All TPs, based on the JALSG studies and the JSHCT data, were recalculated using the data of patients in each subgroup (Table 3). Other TPs and utilities were the same as those for the overall patient analyses.

Sensitivity analyses

To evaluate the robustness of the decision model, we performed one-way sensitivity analyses for all TPs, in which the decision tree was recalculated by varying each TP value in its plausible range, and confirmed whether the decision of the baseline analyses changed. In the analyses that included adjustments for QOL, the utility for being alive with active GVHD at 10 years was also subjected to a one-way sensitivity analysis.

We also performed a probabilistic sensitivity analysis using Monte Carlo simulation in which the uncertainties of all TPs were considered simultaneously.[19] The distribution of the random variables for each TP was determined to follow a normal distribution, with 95% of the random variables included in the plausible range. Following 1000 simulations based on the decision tree, the mean and s.d. of the expected value for each decision were calculated.

Results

Baseline analysis

The baseline analysis in the whole population without adjusting for QOL revealed an expected 10-year survival of 48.3% for the decision to perform allogeneic HSCT in first remission, which was better than that of 32.6% for the decision to continue chemotherapy. The decision to perform allogeneic HSCT continued to be superior even after adjusting for QOL (44.9% for HSCT vs 31.7% for chemotherapy, Table 4).

Table 4 Expected 10-year survival probabilities with and without adjusting for QOL

	Expected survival probability without a QOL adjustment		*Expected survival probability with a QOL adjustment*	
	HSCT (%)	*Chemotherapy (%)*	*HSCT (%)*	*Chemotherapy (%)*
All patients	48.3	32.6	44.9	31.7
Standard-risk patients	53.8	39.8	50.0	38.9
High-risk patients	38.0	25.0	35.4	24.1
Lower-aged patients[a]	53.1	32.9	49.3	31.9
Higher-aged patients[a]	40.7	33.4	37.8	32.8

Abbreviation: HSCT, hematopoietic stem cell transplantation; QOL, quality of life
[a]Lower-aged patients include those aged 35 years or younger. Higher-aged patients include those aged older than 35 years.

Sensitivity analysis

First, we performed one-way sensitivity analyses for all TPs in the decision model without adjusting for QOL. A better expected survival for the decision to perform HSCT was consistently demonstrated in all TPs within the plausible ranges. In the probabilistic sensitivity analysis, the mean value and s.d. of the expected survival probability for HSCT were 48.3 and 2.6%, and those for chemotherapy were 32.7 and 3.4%, respectively.

Next, we performed one-way sensitivity analyses for all TPs and for the utility for being alive with active GVHD at 10 years in the decision model adjusted for QOL. Even in these analyses, the result of the baseline analysis did not reverse in all TPs. In addition, a higher expected survival probability for HSCT was retained, assuming that the utility for being alive with active GVHD ranged between 0 and 98 (Figure 2a). In the probabilistic sensitivity analysis, the mean value and s.d. of the expected survival probability for HSCT were 44.8 and 2.6%, and those for chemotherapy were 31.8 and 3.4%, respectively.

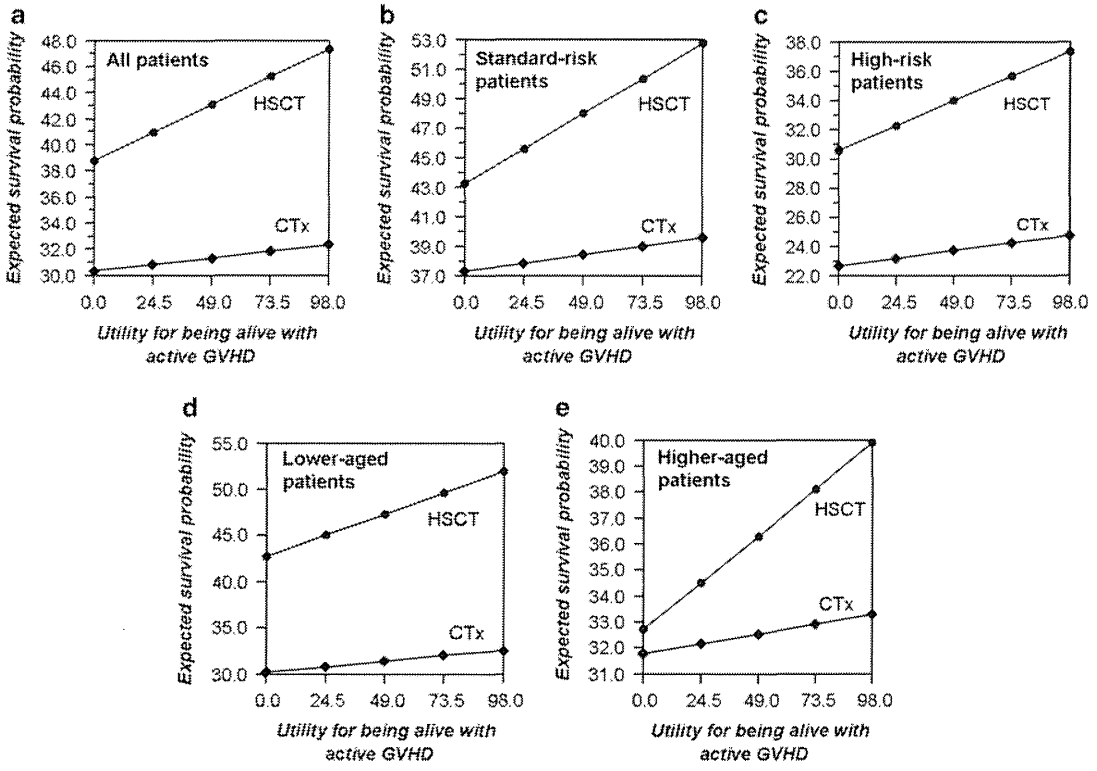

Figure 2 One-way sensitivity analysis for the utility for being alive with active GVHD. We performed one-way sensitivity analyses for the utility for being alive with active GVHD in the model, with adjustment for QOL. The superiority of allogeneic HSCT compared with chemotherapy (CTx) was consistently observed even with a wide plausible range of the utility in the whole population (**a**) and all subgroups (**b–e**).

Subgroup analyses

In subgroup analyses, both with and without adjustment for QOL, a better expected survival probability for HSCT was consistently observed in all subgroups (Table 4).

We also performed one-way sensitivity analyses in all subgroups. In the decision model without adjusting for QOL, varying each TP value in its plausible range did not affect the results of baseline analyses in all subgroups, except for higher-aged patients. In higher-aged patients, the result of the baseline analysis reversed only if the probability of LFS at 10 years following chemotherapy in first remission was more than 0.334. Even in the decision model with adjustment for QOL, varying each TP value did not affect the result of the baseline analyses in all subgroups, except for higher-aged patients. In higher-aged patients, the result reversed in favor of chemotherapy if the probability of LFS at 10 years without relapse following chemotherapy was more than 0.307 (Figure 3a) or the probability of overall survival at 10 years following HSCT in first remission was less than 0.413 (Figure 3b). On the other hand, non-relapse mortality at 10 years following chemotherapy did not affect the result. We also performed one-way sensitivity analyses for the utility of being alive with active GVHD ranging between 0 and 98. A higher expected survival probability for HSCT was retained in all subgroups (Figures 2b–e).

Discussion

Decision analysis is a statistical technique that aids the clinical decision-making process under uncertainty. This approach has also been used in situations in which a well-designed clinical trial is practically difficult to perform. In the present case, a prospective trial to randomly assign patients with ALL in first remission who have an HLA-matched sibling to undergo allogeneic HSCT or chemotherapy alone is practically difficult. Therefore, we tried to determine the optimal strategy in this clinical situation by using a decision analysis. We chose the 10-year survival probability as the primary outcome measure rather than life expectancy, as the cure rate, rather than how long they can survive, is important for young patients with acute leukemia to make a decision whether they should undergo allogeneic HSCT in first remission. When we performed the decision analysis using the 5-year survival probability as the primary outcome measure, however, the findings in this study did not change, as the survival curve nearly reaches a plateau after 5 years. Further, we adjusted for QOL by considering the presence or absence of persisting symptoms associated with chronic GVHD rather than by calculating quality-adjusted life years, as most patients who choose allogeneic HSCT may tolerate transiently impaired QOL and attach much importance to long-term QOL. Under these conditions, we decided to use a simple decision analysis model rather than a Markov model that allows probabilities and utilities to change with time, as the benefit of using a Markov model is limited in this situation. In addition, a large number of patients are required for the Markov model to define appropriate TPs that change with time. In this study, the number of patients was limited because we used data from the JALSG prospective studies to avoid biases of using retrospective data. We used the database of the JSHCT to calculate TPs in patients who underwent HSCT, because the number of patients who underwent HSCT was further limited in the JALSG prospective studies. However, outcomes after allogeneic HSCT in first remission were not significantly

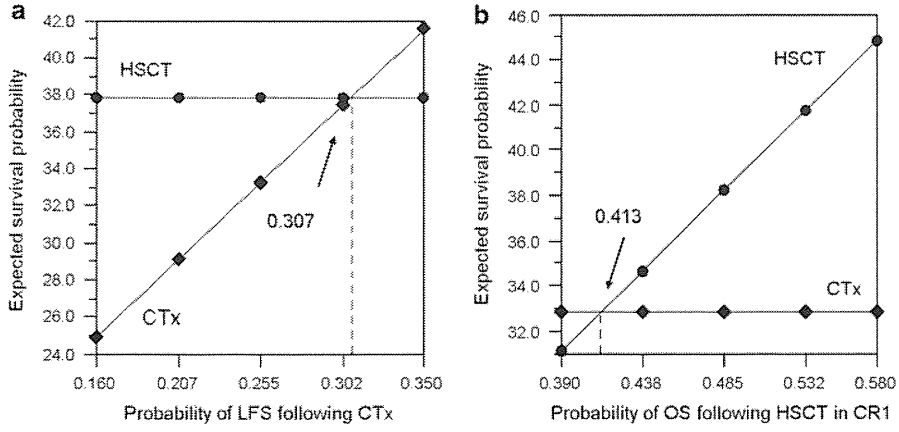

Figure 3 One-way sensitivity analysis in higher-aged patients. We performed one-way sensitivity analyses for all TPs in the decision model both with and without adjustment for QOL. In higher-aged patients, the result reversed if the probability of LFS at 10 years without relapse following chemotherapy (CTx) was more than 0.307 (**a**), or the probability of overall survival at 10 years following allogeneic HSCT in first complete remission (CR1) was less than 0.413 (**b**).

different among the JALSG prospective studies and the JSHCT database (data not shown).

In our baseline analysis both with and without adjustment for QOL, the superiority of HSCT in first remission was demonstrated in the whole population and also in all subgroups. In the whole population, probabilistic sensitivity analysis using a Monte Carlo simulation also supported this result. However, in one-way sensitivity analyses, we should note that the decision model was sensitive to the probability of LFS following chemotherapy in first remission in higher-aged patients (Figure 3a). The adaptation of intensified chemotherapy according to pediatric regimens has led to improved outcomes in adolescents and young adults,[20] and even in older patients in recent trials,[21] and therefore this decision might change in the future.

The risk stratification we used in subgroup analyses was different from that used in the MRC/ECOG study.[8] Therefore, we added subgroup analyses according to the risk stratification used in the MRC/ECOG study. In analyses without QOL adjustments, allogeneic HSCT in first remission was superior both in standard-risk (56.6 vs 36.2%) and high-risk (42.4 vs 33.3%) patients. With QOL adjustments, the similar tendency was observed in both standard-risk (52.6 vs 35.1%) and high-risk (39.4 vs 32.6%) patients. These findings were consistent with those based on our original risk stratification. In addition, we further subdivided patients into four different age categories: 15–25, 26–35, 36–45 and 46–54 years. The superiority of the decision to perform allogeneic HSCT in first remission was conserved in all age categories (data not shown).

A possible concern in this study was the long median duration of 152 days from achieving complete remission to allogeneic HSCT. In the current decision model, this long duration precluded allogeneic HSCT in first remission in about 20% of patients in the allogeneic HSCT branch (mainly because of early relapse), and thereby impaired the expected probability of survival for the decision to undergo allogeneic HSCT. In reality, a meta-regression analysis by Yanada *et al.*[3] revealed that compliance with allogeneic HSCT was significantly and positively correlated with survival.[3] Another fact to be noted is the low incidence of severe GVHD in Japanese patients, which might have favorably affected the decision to perform HSCT.[22] Therefore, the current conclusion should be cautiously applied to Western patients.

The QOL after HSCT is most strongly affected by the status of chronic GVHD, but it is difficult to determine the appropriate utility for each status of GVHD. Therefore, we performed a one-way sensitivity analysis with a wide plausible range of the utility for being alive with active GVHD. In our decision model, the superiority of HSCT was consistently observed regardless of the utility for being alive with active GVHD both in the whole population and in all subgroups (Figure 2).

In conclusion, to improve the long-term probability of survival, allogeneic HSCT in first remission is recommended for all adult patients with Ph-negative ALL who have an HLA-matched sibling. Even when we considered QOL, the superiority of HSCT was confirmed in the whole population and in all subgroups. However, this result might change by the adaptation of intensified chemotherapy, especially in higher-aged patients.

Conflict of interest

The authors declare no conflict of interest.

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ORIGINAL ARTICLE

Efficacy and safety of nilotinib in Japanese patients with imatinib-resistant or -intolerant Ph+ CML or relapsed/refractory Ph+ ALL: a 36-month analysis of a phase I and II study

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Abstract Although the tyrosine kinase inhibitor (TKI) imatinib is often used as first-line therapy for newly diagnosed chronic myelogenous leukemia (CML), some patients fail to respond, or become intolerant to imatinib. Nilotinib is a potent and selective second-generation TKI, with confirmed efficacy and tolerability in patients with imatinib-resistant or -intolerant CML. A phase I/II study was conducted in Japanese patients with imatinib-resistant or -intolerant CML or relapsed/refractory Ph+ acute lymphoblastic leukemia. Thirty-four patients were treated with nilotinib for up to 36 months. Major cytogenetic response was achieved in 15/16 patients (93.8%) with chronic-phase CML within a median of approximately 3 months. Major molecular response was achieved in 13/16 patients (81.3%). These responses were sustained at the time of the most recent evaluation in 13 patients and 11 patients, respectively. Hematologic and cytogenetic responses were also observed in patients with advanced CML. The BCR-ABL mutation associated with the most resistance to available TKIs, T315I, was observed in three patients. Common adverse events included rash, nasopharyngitis, leukopenia, neutropenia, thrombocytopenia, nausea, headache and vomiting. Most adverse events resolved following nilotinib dose interruptions/reductions. These results support the favorable long-term efficacy and tolerability of nilotinib in Japanese patients with imatinib-resistant or -intolerant chronic-phase chronic myeloid leukemia.

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Introduction

The tyrosine kinase inhibitor (TKI) imatinib (ST1571, Glivec™; Novartis) has been shown to induce durable responses in a high proportion of patients with chronic-phase chronic myeloid leukemia (CML-CP) [1–5]. However, disease progression caused by resistance to imatinib occurs in some CML patients treated with this drug [6].

CML patients in the accelerated phase (CML-AP) or in blast crisis (CML-BC) also show a complete cytogenetic response (CCyR) following treatment with imatinib, but the proportion of such patients achieving CCyR is considerably lower than that of CML-CP patients [7, 8]. Moreover, imatinib resistance and relapse are also common in CML-AP and -BC patients [6, 9]. Imatinib is also used to treat patients with Philadelphia chromosome-positive (Ph+) acute lymphoblastic leukemia (ALL), and many of these patients also achieve CCyR. However, the CCyRs in these patients are not sustained for as long as they are in CML-CP patients, both in Japan [10] and in other countries [11].

Approximately half of the cases of imatinib resistance are now known to result from mutations in *BCR-ABL* [12–16], which make particular leukemic cells resistant to BCR-ABL tyrosine kinase inhibition by imatinib.

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Nilotinib (AMN107, Tasigna®; Novartis) is a second-generation TKI that inhibits BCR-ABL-dependent cell proliferation and induces cell death in BCR-ABL phenotypic cells [17, 18]. Nilotinib was originally approved as second-line treatment for imatinib-resistant or -intolerant CML-CP and -AP patients [19–22]. More recently, it was approved as first-line therapy for CML-CP and -AP patients [23, 24] in Japan. Several studies have reported hematologic response (HR) and cytogenetic response (CyR) with nilotinib in patients with imatinib-resistant or -intolerant CML-BC and those with relapsed/refractory Ph+ ALL [25, 26].

We recently reported the results of a phase I and II study of nilotinib in which Japanese patients with imatinib-resistant or -intolerant Ph+ CML, or relapsed/refractory Ph+ ALL were treated for up to 12 months [22]. Here, we report the effects of treatment with nilotinib for up to 36 months in these patients, as well as the results of mutation analysis and the response by BCR-ABL mutation status.

Materials and methods

Study design and objectives

This was an open-label, multicenter, continuous-dose, 36-month extension of a phase I and II clinical study. The study protocol and documentation were approved by the institutional review boards of each participating center. The observation period was defined to be 36 months, including the entire 3 months of the Ph I/II clinical study. The study was conducted in accordance with the ethical principles established by the Declaration of Helsinki and in compliance with institutional guidelines.

The primary objective of this extension study was to evaluate the long-term safety of nilotinib, including chronic toxicity. Secondary objectives included the long-term efficacy of nilotinib, the relationship between BCR-ABL mutations or BCR-ABL transcript levels determined by quantitative RT-PCR, and the clinical efficacy of nilotinib. The time of last evaluation in this study was the time at which patients had received treatment for more than 3 years or the time at which the drug became commercially available at each of the study institutions, whichever was the later.

Patients

The inclusion and exclusion criteria are described in the original study report [22]. Briefly, Japanese patients were eligible if they had imatinib-resistant or -intolerant CML-CP, CML-AP, CML-BC or relapsed/refractory Ph+ ALL, were at least 20 years of age, had a World Health Organization (WHO) performance status (PS) ≤ 2, and had normal hepatic, renal and cardiac function.

Treatments

Nilotinib 400 mg was administered orally twice daily. Patients were required to fast for 2 h before and after each dose. One treatment course (1 cycle) was defined as 28 consecutive days of twice-daily nilotinib. If administration was delayed for more than 21 days (42 days for hematologic toxicity) after the previous dose, the patient was withdrawn from the study. Dose reductions to 400 mg once daily (one level lower than the standard dose) or 200 mg once daily (two levels lower than the standard dose) were permitted. The nilotinib dose at re-introduction was one level lower than that at cessation. The mean dose in each patient was calculated by assuming the dose during the cessation period to be 0 mg.

Treatment with nilotinib was continued until disease progression or unacceptable toxicity was observed, or at the investigator's discretion that treatment be discontinued. After the regulatory approval date for nilotinib in Japan (January 29, 2009), its administration was continued for longer than 3 years or until the drug became commercially available, whichever was later.

Measurements

Response rates

Criteria for HR and CyR were similar to those reported elsewhere [19, 21, 27] and are described in more detail in Tojo et al. [22]. Briefly, CyR was determined as the percentage of Ph+ cells of ≥20 cells in the metaphase in each bone marrow sample, and was classified as complete (0% Ph+ cells), partial (1–35% Ph+ cells), minor (36–65% Ph + cells) or minimal (66–95% Ph+ cells). Major CyR (MCyR) included complete and partial CyR. Fluorescent in situ hybridization was used if <20 cells were examined or if the bone marrow sample was not adequate for assessment.

The proportion of patients who experienced major molecular response (MMR) was also determined for each disease phase and subtype. BCR-ABL transcript levels were measured by quantitative RT-PCR and reported in the international scale using a conversion factor of 1.25 established by the Institute of Medical and Veterinary Science, Australia. MMR was defined as a BCR-ABL/BCR ratio ≤0.1%. Loss of MMR was defined as a BCR-ABL/BCR ratio >0.1%. Patients with MMR at baseline were considered "not evaluable" and were excluded from the analysis. Only evaluable patients in the intention-to-treat (ITT) population were included in the analyses of overall response rates.

Patients whose BCR-ABL transcript levels were not evaluated at baseline were considered "not assessable", and were not included in the denominator when calculating the proportion of patients who achieved MMR.

Mutation analysis

Efficacy was also examined based on the subtype of BCR-ABL mutation at baseline and after nilotinib administration. Mutation analysis was performed by the direct sequence identification method. The number and proportion of patients with HR, CyR or MMR were calculated for the following categories of mutation [22]: no mutation, any mutation, multiple mutations, P-loop mutations (amino acids 248–255), non-P-loop mutations, and protocol-specified subgroup mutations associated with imatinib resistance mutations (L248, Q252, T315, F317, H396, M237, M244, G250, D325, S348, M351, E355, A380, L387, M388, F486, Y253, E255, and F359). The impact of baseline mutations or development of new mutations on patient outcomes was assessed.

Safety analyses

Safety assessment included an evaluation of the frequency and severity of adverse events, which included hematologic and biochemical laboratory tests, vital signs, physical examinations (including body weight), WHO PS, cardiac function tests (12-lead ECG, cardiac enzyme test, echocardiography), and chest X-rays, as needed. Adverse events were graded according to the National Cancer Institute Common Terminology Criteria for Adverse Events (version 3.0). The monitoring was continued for at least 28 days after the last dose of nilotinib.

Statistical analyses

The ITT population was used for the efficacy analysis and was pre-specified as all patients enrolled in either the phase I or phase II studies, and who were treated with nilotinib 400 mg twice daily, irrespective of when they withdrew from the study. The safety (SAF) population comprised all patients in the ITT population who underwent safety assessments. HR, CyR and MMR were summarized by disease phase and subtype (CML-CP, CML-AP, CML-BC, and Ph+ ALL). The time to first response and duration of response were assessed by descriptive statistics or Kaplan–Meier analysis, as appropriate. No statistical comparisons were made.

Results

Patients and treatment administration

This 36-month study included 34 Japanese patients with imatinib-resistant or -intolerant CML (CML-CP, $N = 16$; CML-AP, $N = 7$; CML-BC, $N = 4$) or Ph+ ALL ($N = 7$).

Thirty-one patients were enrolled into the phase II study and treated with nilotinib 400 mg twice daily (CML-CP: 14, CML-AP: 7, CML-BC: 3; Ph+ ALL: 7) and 3 patients were enrolled in the phase I study and treated with nilotinib 400 mg twice daily (CML-CP: 2; CML-BC: 1) [22]. The characteristics and disposition of patients are summarized in Tables 1 and 2, respectively. Fourteen patients (CML-CP: 13; CML-AP: 1) received nilotinib until the end of the study while 20 patients (CML-CP: 3, CML-AP: 6, CML-BC: 4; Ph+ ALL: 7) discontinued study treatment. The

Table 1 Patient characteristics (ITT population)

	CML-CP ($N = 16$)	CML-AP ($N = 7$)	CML-BC ($N = 4$)	Ph+ ALL ($N = 7$)	Total ($N = 34$)
Age (years)	57.0 (30–83)	61.0 (30–74)	53.0 (29–70)	62.0 (23–80)	61.5 (23–83)
Sex					
Male	9 (56)	5 (71)	2 (50)	6 (86)	22 (65)
Female	7 (44)	2 (29)	2 (50)	1 (14)	12 (35)
Body weight (kg)	61.2 (44.5–89.0)	64.8 (49.1–83.0)	63.3 (35.5–69.0)	55.8 (46.2–60.2)	60.5 (35.5–89.0)
WHO PS					
0	16 (100)	4 (57)	2 (50)	4 (57)	26 (76)
1	0 (0)	2 (29)	2 (50)	3 (43)	7 (21)
2	0 (0)	1 (14)	0 (0)	0 (0)	1 (3)
Time since first diagnosis (months)	30.4 (1.4–122.8)	108.6 (12.5–192.8)	65.3 (20.5–102.8)	16.2 (3.7–134.1)	30.4 (1.4–192.8)
Imatinib resistance	4 (25.0)	4 (57.1)	4 (100.0)	7 (100.0)	19 (55.9)
Imatinib intolerance	12 (75.0)	3 (42.9)	0 (0.0)	0 (0.0)	15 (44.1)
Highest imatinib dose (mg)	500 (200–800)	800 (400–800)	700 (600–800)	600 (600–600)	600 (200–800)

Values are *n* (%) or median (range)

ITT intention-to-treat, *WHO PS* World Health Organization performance status

Table 2 Patient disposition (ITT population)

	CML-CP ($N = 16$)	CML-AP ($N = 7$)	CML-BC ($N = 4$)	Ph+ ALL ($N = 7$)	Total ($N = 34$)
Completed the long-term study	13 (81)	1 (14)	0 (0)	0 (0)	14 (41)
Discontinued treatment and withdrawn from the study	3 (19)	6 (86)	4 (100)	7 (100)	20 (59)
Reason for discontinuation					
Adverse event(s)	0 (0)	1 (14)	1 (25)	1 (14)	3 (9)
Allo-HSCT performed	1 (6)	2 (29)	1 (25)	0 (0)	4 (12)
Disease progression	1 (6)	3 (43)	2 (50)	6 (86)	12 (35)
Withdrawal of consent	1 (6)	0 (0)	0 (0)	0 (0)	1 (3)
Dose reduction	15 (94)	5 (71)	3 (75)	4 (57)	27 (79)
Withdrawal from treatment	11 (69)	2 (29)	2 (50)	2 (29)	17 (50)
Drug administration recommenced at a reduced dose after withdrawal	10 (63)	1 (14)	0 (0)	2 (29)	13 (38)
Duration of exposure (days)[a]	1099.5 (176–1173)	84.0 (56–1099)	133.0 (15–247)	56.0 (13–644)	445.5 (13–1173)
Duration of administration (days)[b]	1084.5 (165–1173)	84.0 (28–1099)	126.5 (14–247)	56.0 (13–609)	428.0 (13–1173)
Daily dose (mg)[c]	612.9 (394.2–798.6)	789.6 (284.9–797.5)	742.6 (402.4–798.4)	785.7 (483.2–794.1)	750.7 (284.9–798.6)

Values are *n* (%) or median (range)

Allo-HSCT allogeneic hematopoietic stem cell transplantation, *ITT* intention-to-treat

[a] Includes drug interruptions

[b] Excludes drug interruptions

[c] Daily dose = total dose/duration of exposure (includes drug interruption)

Table 3 Best responses to nilotinib (ITT population)

	CML-CP ($N = 16$)	CML-AP ($N = 7$)	CML-BC ($N = 4$)	Ph+ ALL ($N = 7$)
Hematologic response (HR)	6 (100)[a]	5 (71)	2 (50)	3 (43)
Complete hematologic response	6 (100)	1 (14)	1 (25)	–
Complete response	–	–	–	3 (43)
Marrow response with no evidence of leukemia	–	3 (43)	0 (0)	–
Return to chronic phase	–	1 (14)	1 (25)	–
Stable disease	0 (0)	1 (14)	2 (50)	1 (14)
Progressive disease	0 (0)	0 (0)	0 (0)	3 (43)
Not evaluable/not assessable	10 (63)	1 (14)	0 (0)	0 (0)
Cytogenetic response (CyR)				
Major	15 (94)	1 (14)	2 (50)	–
Complete	13 (81)	1 (14)	2 (50)	–
Partial	2 (13)	0 (0)	0 (0)	–
Minor	0 (0)	0 (0)	1 (25)	–
Minimal	1 (6)	3 (43)	0 (0)	–
None	0 (0)	1 (14)	0 (0)	–
Not assessable	0 (0)	2 (29)	1 (25)	–
Molecular response (MR)				
Major[b]	13 (81)	1 (14)	2 (50)	1 (17)[c]
None	3 (19)	6 (86)	2 (50)	5 (83)[c]
Not evaluable	0 (0)	0 (0)	0 (0)	1 (14)

Values are *n* (%)

[a] Of which 6 were evaluable

[b] Major molecular response was defined as a BCR-ABL/BCR ratio ≤0.1%

[c] Of which 6 were evaluable

ITT intention-to-treat

most frequent reason for discontinuation was disease progression in 12 patients. Disease progression was seen in 1 patient with CML-CP, 3 patients with CML-AP, 2 patients with CML-BC and 6 patients with Ph+ ALL.

The median duration (range) of nilotinib exposure was 445.5 days (13–1173 days) and that of administration was 428.0 days (13–1173 days). The median daily dose (range) of nilotinib was 750.7 mg/day (284.9–798.6 mg/day) in all patients, consistent with the planned dose of administration (400 mg twice daily = 800 mg/day) in the study protocol. Dose reductions occurred in 27 patients (79.4%) because of adverse events in 19 patients (55.9%), in accordance with the study protocol in 14 patients (41.2%), incorrect administration in 10 patients (29.4%) or incorrect scheduling in 1 patient (2.9%) (multiple dose reductions were possible). Treatment interruption occurred in 17 patients (50.0%) because of adverse events in all 17 patients. Thirteen of these patients showed improvement of adverse events and were able to restart nilotinib administration at a lower dose.

Efficacy

CML-CP

The best responses (HR, CyR and MR) in the ITT population are shown in Table 3. All 6 CML-CP patients without CHR at baseline achieved CHR. The median time

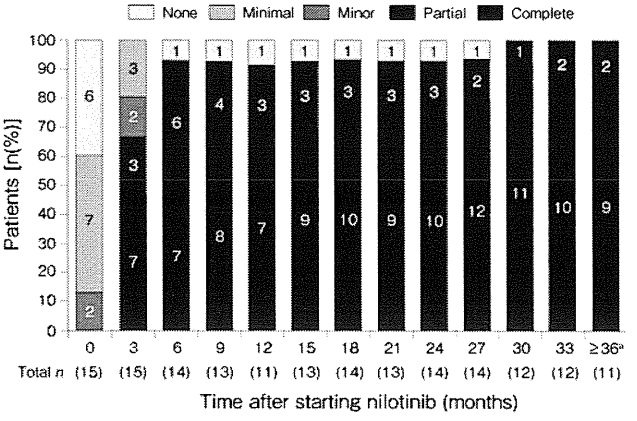

Fig. 1 Cytogenetic responses in CML-CP patients. [a]Including up to and beyond 36 months

(range) to CHR was 28 days (28–56 days). Of these, 5 patients showed sustained response up to the last evaluation, while the remaining patient discontinued treatment on Day 787 because of disease progression. The duration of CHR in that patient was 478 days. MCyR was achieved in 15 patients (93.8%) and the response was sustained at the last evaluation in 13 patients. CCyR was achieved in 13 patients (81.3%) and the response was sustained at the last evaluation in 11 patients. The median time (range) to MCyR or CCyR was 84 days (28–178 days) and 97 days (57–847 days), respectively. The rate of CyR in evaluable patients at each time point is shown in Fig. 1. Thirteen

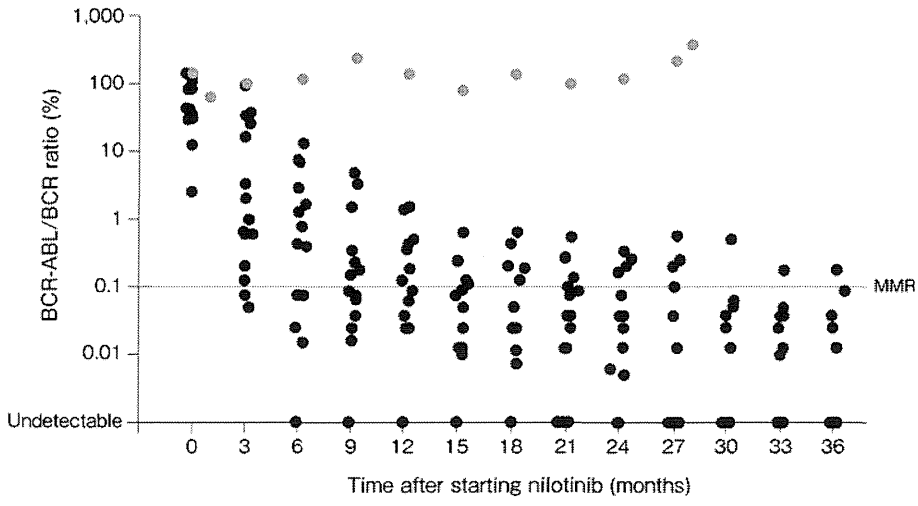

Fig. 2 Molecular responses during the 36-month study in patients with CML-CP. *MMR* major molecular response

patients continued treatment at 36 months or later. Among them, 11 patients were evaluated as showing cytogenetic response, all of whom achieved MCyR, including 9 with CCyR. The figure shows that the proportion of CCyRs increased with nilotinib treatment period.

The BCR-ABL/BCR ratio in CML-CP patients over time is shown in Fig. 2. The BCR-ABL/BCR ratio gradually decreased from baseline with long-term nilotinib treatment in all patients except one with baseline or newly detected mutations. An approximately 1-log reduction in BCR-ABL/BCR ratio from baseline at 6 months and an approximately 2-log reduction at 12 months were observed. MMR was achieved in 13 patients (81.3%) and was sustained at the last evaluation in 11 patients. The median time (range) to MMR was 248 days (84–852 days) in these CML-CP patients.

Among CML-CP patients, 3 patients discontinued nilotinib treatment. One patient discontinued treatment on Day 176 to undergo allogeneic hematopoietic stem cell transplantation (allo-HSCT). Another patient once achieved CCyR but discontinued treatment on Day 787 because of disease progression, as mentioned above. This patient had a newly detected mutation (F359V). Another patient withdrew consent on Day 931.

CML-AP

Among 7 CML-AP patients, 5 patients (71.4%) achieved HR, including CHR in 1 patient, marrow response with no evidence of leukemia in 3 patients, and return to chronic phase in 1 patient. Of the remaining 2 patients, 1 had stable disease and 1 was not evaluable. Of the 5 patients with HR, 1 patient with CHR and another 2 patients with HR experienced sustained response at the last evaluation or at discontinuation of treatment. In the remaining 2 patients, the duration of HR was 29 and 57 days, respectively. Minimal CyR was observed in 3 patients (42.9%). One patient with CHR achieved CCyR (14.3%). This patient also achieved MMR, which was sustained at the last evaluation.

CML-BC

Among 4 CML-BC patients, 2 patients (50.0%) achieved HR, including CHR in 1 patient and return to chronic phase in 1 patient. They also achieved CCyR and MMR. In both patients, MCyR was sustained until discontinuation of treatment to undergo allo-HSCT (on Day 247) in the first patient, or because of increasing blast numbers in bone marrow (on Day 168) in the second patient. The remaining 2 patients (50.0%) experienced stable disease and one of them achieved minor CyR.

Ph+ ALL

Among 7 patients with relapsed/refractory Ph + ALL, 1 of 5 patients (20.0%) without MRD experienced HR (complete response [CR]), which was sustained for 108 days. Three patients experienced disease progression and 1 experienced stable disease. Both patients with MRD achieved HR (CR). In one of these patients, CR was sustained for 58 days, but treatment was discontinued on Day 109 because of encephalitis. In the other patient, CR was sustained for 470 days, but treatment was discontinued on Day 644 because of disease progression. MMR was achieved in 1 patient with MRD, while the other patient with MRD achieved MMR at baseline and was thus considered not evaluable.

BCR-ABL mutations

Detection of new mutations

The development of new BCR-ABL mutations during the administration of nilotinib in this study is shown in

Table 4 Detection of new BCR-ABL mutations

Stage	Mutation	Day of detection	Baseline mutation	Achieved MMR	Outcome
CML-CP	F359V	174	M244V	No	Disease progression
CML-CP	E255K	340	None	Yes	Continued
CML-BC	T315I/Y253H	168	F317L	Yes	Disease progression
Ph+ ALL	T315I	16	E255K/E255V/G250E	No	Disease progression
Ph+ ALL	E255V	57	E459K	No	Disease progression
Ph+ ALL	T315I	43	None	No	Disease progression
Ph+ ALL	E255K/E255V	135	NA	No	Disease progression

MMR major molecular response, *NA* Not assessable

Table 4. New mutations were detected in 7 patients during nilotinib treatment. Among them, the T315I mutation occurred in 3 patients and nilotinib was discontinued in these patients because of disease progression. Three of the 4 patients with mutations other than T315I also discontinued treatment because of disease progression. The remaining patient continued treatment.

CML-CP

Among 16 CML-CP patients, MMR was observed in 4 of 5 patients (80.0%) with BCR-ABL mutations at baseline or emerging during the treatment period. As shown in Table 4, new mutations were detected in 2 patients.

One patient had a baseline M244V mutation and achieved minimal CyR on Day 87; however, an F359V mutation was also detected on Day 174. From Day 426, only the F359V mutation was detected and the M244V mutation was not; this patient was withdrawn from the study because of disease progression on Day 787 (see "CML-CP" under the heading Efficacy). In another patient without baseline mutation, E255K was detected only once on Day 340. This patient achieved MMR on Day 511, which was sustained at the last evaluation, and the mutation was not detected again after achievement of MMR. In 1 patient with an imatinib resistance-associated mutation (F359I) at baseline, the mutation could not be detected after commencing nilotinib treatment, which led to MMR that had been sustained for 666 days at the last evaluation.

CML-AP/-BC and Ph+ ALL

Among 7 CML-AP patients, no new mutations were detected. As shown in Table 4, among 4 CML-BC patients, new mutations were detected in 1 patient with the F317L mutation at baseline. This patient achieved CCyR and MMR on Day 56; however, Y253H and T315I mutations were detected on Day 168 followed by disease progression on Day 171. Among 7 Ph+ ALL patients, new mutations were detected in 4 patients, all of whom experienced disease progression.

Safety analysis

All adverse events regardless of drug relationship occurring at a frequency $\geq$20% and those of grade 3/4 are summarized in Table 5 (adverse events and adverse drug reactions occurring in $\geq$10% of subjects are shown in Supplemental Tables 1 and 2, respectively, while all adverse events of grade 3 or worse are shown in Supplemental Table 3). Adverse events occurred in all of the patients. The most common non-hematologic events were rash (64.7%), nasopharyngitis (58.8%), nausea and headache (47.1% each), and vomiting (41.2%). Hematologic events included leukopenia (47.1%), neutropenia (47.1%), thrombocytopenia (47.1%) and anemia (38.2%).

Adverse events of grade 3/4 occurred in 29/34 patients (85.3%). The most frequent grade 3/4 non-hematologic events were abnormal hepatic function, hyponatremia and pneumonia (11.8% each). Grade 3/4 hematologic events included neutropenia (47.1%), leukopenia (41.2%), thrombocytopenia (32.4%), anemia (29.4%) and lymphopenia (11.8%). The most common biochemical grade 3/4 events were decreased blood phosphorus levels (14.7%), hyperglycemia and increased lipase levels (11.8% each).

Serious adverse events

Thirty-four serious adverse events occurred in 19 patients. Among these, 21 events in 12 patients were considered possibly related to nilotinib. Two of these patients discontinued nilotinib treatment because of serious adverse events considered to be related to the drug. One, with CML-BC, developed back pain (non-serious) and discontinued treatment. Two days later, this patient developed cardiac tamponade and pericardial effusion, and died because of heart failure. The other, with Ph+ ALL, developed encephalitis and also discontinued treatment. Furthermore, one CML-CP patient developed acute pancreatitis reported as a serious adverse event that resolved

Table 5 Non-hematologic, hematologic and biochemical adverse events with a frequency ≥20% for all grades

Total $N = 34$	All grades					Grade 3/4				
	CML-CP *n* (%)	CML-AP *n* (%)	CML-BC *n* (%)	Ph+ ALL *n* (%)	Total *n* (%)	CML-CP *n* (%)	CML-AP *n* (%)	CML-BC *n* (%)	Ph+ ALL *n* (%)	Total *n* (%)
Non-hematologic events										
Rash	9 (56.3)	5 (71.4)	3 (75.0)	5 (71.4)	22 (64.7)	1 (6.3)	0 (0.0)	1 (25.0)	0 (0.0)	2 (5.9)
Nasopharyngitis	15 (93.8)	3 (42.9)	2 (50.0)	0 (0.0)	20 (58.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Headache	7 (43.8)	2 (28.6)	3 (75.0)	4 (57.1)	16 (47.1)	0 (0.0)	0 (0.0)	1 (25.0)	1 (14.3)	2 (5.9)
Nausea	6 (37.5)	3 (42.9)	4 (100.0)	3 (42.9)	16 (47.1)	0 (0.0)	0 (0.0)	1 (25.0)	0 (0.0)	1 (2.9)
Vomiting	6 (37.5)	3 (42.9)	2 (50.0)	3 (42.9)	14 (41.2)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Pyrexia	4 (25.0)	1 (14.3)	4 (100.0)	4 (57.1)	13 (38.2)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Constipation	8 (50.0)	2 (28.6)	1 (25.0)	1 (14.3)	12 (35.3)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Hyperbilirubinemia	5 (31.3)	3 (42.9)	1 (25.0)	1 (14.3)	10 (29.4)	2 (12.5)	0 (0.0)	0 (0.0)	0 (0.0)	2 (5.9)
Hyperglycemia	8 (50.0)	1 (14.3)	1 (25.0)	0 (0.0)	10 (29.4)	2 (12.5)	1 (14.3)	1 (25.0)	0 (0.0)	4 (11.8)
Malaise	8 (50.0)	0 (0.0)	0 (0.0)	2 (28.6)	10 (29.4)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Back pain	6 (37.5)	0 (0.0)	2 (50.0)	1 (14.3)	9 (26.5)	0 (0.0)	0 (0.0)	1 (25.0)	0 (0.0)	1 (2.9)
Pruritus	3 (18.8)	2 (28.6)	1 (25.0)	3 (42.9)	9 (26.5)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Abnormal hepatic function	5 (31.3)	0 (0.0)	1 (25.0)	2 (28.6)	8 (23.5)	1 (6.3)	0 (0.0)	1 (25.0)	2 (28.6)	4 (11.8)
Conjunctivitis	7 (43.8)	1 (14.3)	0 (0.0)	0 (0.0)	8 (23.5)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Diarrhea	3 (18.8)	2 (28.6)	1 (25.0)	2 (28.6)	8 (23.5)	0 (0.0)	0 (0.0)	1 (25.0)	1 (14.3)	2 (5.9)
Anorexia	5 (31.3)	1 (14.3)	0 (0.0)	1 (14.3)	7 (20.6)	1 (6.3)	0 (0.0)	0 (0.0)	0 (0.0)	1 (2.9)
Arthralgia	5 (31.3)	2 (28.6)	0 (0.0)	0 (0.0)	7 (20.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Eczema	6 (37.5)	0 (0.0)	1 (25.0)	0 (0.0)	7 (20.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Hypokalemia	1 (6.3)	2 (28.6)	2 (50.0)	2 (28.6)	7 (20.6)	0 (0.0)	1 (14.3)	0 (0.0)	1 (14.3)	2 (5.9)
Insomnia	2 (12.5)	2 (28.6)	1 (25.0)	2 (28.6)	7 (20.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Pharyngitis	4 (25.0)	0 (0.0)	0 (0.0)	3 (42.9)	7 (20.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Hematologic events										
Leukopenia	7 (43.8)	3 (42.9)	2 (50.0)	4 (57.1)	16 (47.1)	5 (31.3)	3 (42.9)	2 (50.0)	4 (57.1)	14 (41.2)
Neutropenia	7 (43.8)	3 (42.9)	2 (50.0)	4 (57.1)	16 (47.1)	7 (43.8)	3 (42.9)	2 (50.0)	4 (57.1)	16 (47.1)
Thrombocytopenia	7 (43.8)	3 (42.9)	2 (50.0)	4 (57.1)	16 (47.1)	3 (18.8)	3 (42.9)	2 (50.0)	3 (42.9)	11 (32.4)
Anemia	5 (31.3)	2 (28.6)	3 (75.0)	3 (42.9)	13 (38.2)	3 (18.8)	2 (28.6)	2 (50.0)	3 (42.9)	10 (29.4)
Biochemical events										
Increased bilirubin	6 (37.5)	1 (14.3)	1 (25.0)	2 (28.6)	10 (29.4)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Increased alanine aminotransferase	3 (18.8)	0 (0.0)	2 (50.0)	3 (42.9)	8 (23.5)	0 (0.0)	0 (0.0)	0 (0.0)	1 (14.3)	1 (2.9)
Increased lipase	5 (31.3)	1 (14.3)	1 (25.0)	1 (14.3)	8 (23.5)	3 (18.8)	1 (14.3)	0 (0.0)	0 (0.0)	4 (11.8)

The table includes drug-related and non-related adverse events combined

following nilotinib dose interruption. This patient restarted nilotinib at 400 mg once daily, which was then increased to 400 mg twice daily, and the subject completed study treatment. QT interval prolongation occurred in 1 CML-CP patient and nilotinib treatment was interrupted. This patient restarted nilotinib at 400 mg once daily and continued treatment without QT interval prolongation.

Adverse events by time-points

Among the CML-CP patients, the incidences of blood/lymphatic system disorders, gastrointestinal disorders, laboratory abnormalities, and skin/subcutaneous tissue disorders in Cycles 1–12 in the first year of treatment were 68.8, 87.5, 62.5 and 75.0%, respectively. The incidences of these events were much lower during Cycles 13–24 (20.0, 40.0, 40.0 and 53.3%, respectively) and Cycles 25 or later (20.0, 73.3, 26.7, 46.7%) in the second year of treatment. Gastrointestinal disorders showed higher incidence in Cycles 25 or later (3 years or more of treatment) and, in particular, the incidence of constipation was as high as 26.7%. Fewer patients with CML-AP, CML-BC, and Ph+ ALL continued treatment beyond Cycle 24, so no significant difference in the

incidence of these adverse events between time-points was observed.

Discussion

Here, we report the long-term efficacy and tolerability profiles of nilotinib in 34 patients with imatinib-resistant or -intolerant Ph+ CML or relapsed/refractory Ph+ ALL. In comparison with the findings obtained at 12 months [22], there were few occurrences of new adverse events during the 36-month study.

In the phase I/II clinical trial of nilotinib [22], the drug was found to be generally safe and well-tolerated in patients with imatinib-resistant or -intolerant CML, and those with relapsed/refractory Ph+ ALL. The tolerability of nilotinib up to doses of 400 mg twice daily was confirmed in Japanese patients. The dose intensity of nilotinib increased with increasing dose within the investigated dose range, and the 400 mg twice-daily dose regimen gave the highest exposure.

In the present extension study, in CML-CP patients, CCyR was achieved in 13/16 patients (81.3%) and CCyR was achieved rapidly, within a median of approximately 3 months. Furthermore, MMR (defined as a BCR-ABL/BCR ratio $\leq$0.1%) was also achieved in 13/16 patients (81.3%). These results compare favorably with those reported after 24 months of nilotinib treatment in another study of imatinib-resistant or -intolerant CML-CP [20]. In that study, 44% (141/321) of patients achieved CCyR and 28% (82/294) of patients achieved MMR. Comparable rates of HR, CyR and MMR during nilotinib therapy in CML-CP were reported in other studies. In this analysis, 13/16 patients achieved MMR and, in some patients, the BCR-ABL transcript level was undetectable by quantitative RT-PCR.

One CML-AP patient who responded well to nilotinib and achieved CCyR was treated with nilotinib for 3 years. This suggests that nilotinib has long-term benefits for the treatment of some patients with CML-AP. The findings in Ph+ ALL and CML-BC patients in this study are similar to those reported in other studies [26]. Although the sample size is small, the results obtained in 4 CML-BC patients and 7 Ph+ ALL patients suggest that, in some patients, nilotinib may be an effective drug for the treatment of imatinib-resistant or -intolerant CML-BC and Ph+ ALL. Further studies are needed in patients with advanced CML to verify these results. All 5 Ph+ ALL patients without MRD in this study were previously treated with imatinib, and only 1 patient (20.0%) achieved HR. The other 4 patients ultimately discontinued treatment because of disease progression. In contrast, both Ph+ ALL patients with MRD achieved HR. The small sample size in this study meant that patients with imatinib-resistant or -intolerant disease were considered together, not separately.

As reported previously [28], imatinib resistance or intolerance, or the presence of baseline BCR-ABL mutations associated with imatinib resistance, did not affect the response to nilotinib. We detected 5 new mutations in 7 patients after starting nilotinib treatment. T315I, which is the mutation associated with the most resistance to currently available TKIs, was detected in 3 patients (8.8%) with CML-BC or Ph+ ALL; these patients discontinued treatment because of disease progression. Three of the 4 patients who developed other mutations also discontinued treatment, and the remaining patient, who had an E255K mutation, achieved MMR. These findings are consistent with previous studies suggesting that patients with the T315I mutation have a poor response to nilotinib [12, 19].

Two types of amino acid substitution at F359, F359V and F359I, were detected in this study. A CML-CP patient with baseline M244V mutation later harbored an F359V mutation (detected on Day 174) and showed poor response to nilotinib treatment; this patient experienced disease progression, as seen in other patients with the F359V mutation described in previous reports [29]. On the other hand, another patient who had F359I mutation at baseline achieved MMR. A previous study [30] showed that the F359I mutation is moderately sensitive to nilotinib (IC_{90} value = 433 nM). Nevertheless, in the present study, nilotinib treatment was effective, and sustainable MMR was observed in the patient with F359I mutation at baseline.

A recent study also described that CML patients with baseline mutations on imatinib treatment were more likely to relapse because of the development of other mutations after receiving dasatinib or nilotinib as second-line treatment [31]. Although the sample size of our study was small, only one CML-CP patient with a BCR-ABL mutation showed disease progression while the others completed study treatment. The effects of BCR-ABL mutation on the efficacy of treatment may differ depending on not only the type of mutation, but also the disease type and stage.

Adverse events of any grade occurred in all of the patients, regardless of drug relationship, and adverse events of grade 3/4 occurred in 29/34 patients (85.3%). The most common hematologic or non-hematologic adverse events included rash, nasopharyngitis, nausea, headache, vomiting, leukopenia, neutropenia and thrombocytopenia. Hematologic adverse events were commonly of grade 3/4 severity, similar to previously reported findings [19–21, 25, 26, 28]. Abnormal biochemical findings included hyperbilirubinemia, hyperglycemia and increased lipase. The rates of abnormal hematologic/blood biochemical findings were similar to those reported in a 12-month study [22] and in a global phase II study [19–21]. Most of these events

were not serious. The majority of adverse events did not require treatment discontinuation, interruption or dose reduction. Taken together, these findings are comparable with those reported in global phase I and II clinical studies [19–21, 25, 26] and a retrospective multicenter analysis [28]. During the 36-month observation period, only one patient with CML-BC died. Death resulted from heart failure due to cardiac tamponade and pericardial effusion occurring after discontinuation of nilotinib treatment.

Hematological and cytogenetic effects of nilotinib have been already observed in studies of up to 12 months [22] or 24 months in duration [20]. We have extended these findings in Japanese patients with imatinib-resistant or -intolerant Ph+ CML (CP, AP, or BC) or relapsed/refractory Ph+ ALL treated with nilotinib 400 mg twice daily for up to 36 months in this study. Importantly, nilotinib was shown to be effective as a second-line treatment for patients who failed to respond to previous imatinib treatment and who were considered to have a poor prognosis, with many patients achieving HR and CyR, which were maintained until last observation. No safety concerns arose over 36 months of treatment that were not apparent during the first 12 months of treatment. Most adverse events resolved following nilotinib dose interruption, dose reduction or supportive care.

The median daily dose of nilotinib (750.7 mg; range 284.9–798.6 mg) was below the prescribed dose (800 mg), mainly as a result of dose reductions in response to adverse events. In a previous study of nilotinib in Japanese newly diagnosed CML patients [24], the median dose was 730 mg (range, 644–794 mg) in the group administered nilotinib 400 mg twice daily; this dose was not considered particularly low, providing dose intensities similar to those in the overall population. The dose reduction in that study [24] was similar to that in ours.

Nilotinib was approved in Japan for the treatment of patients with CML-CP or CML-AP, but not patients with CML-BC or Ph+ ALL. The results of this study update provide further evidence supporting the use of nilotinib in Japanese patients with CML-CP or CML-AP. Our results also suggest that nilotinib may be useful for the treatment of patients with CML-BC or Ph+ ALL. Indeed, efficacy was observed in some CML-BC and Ph+ ALL patients; however, it remains to elucidate for which patient populations this drug would be most suitable in CML-BC and Ph+ ALL.

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Conflict of interest Taro Amagasaki and Aira Wanajo are employees of Novartis Pharmaceuticals. The other authors have no conflicts of interest to disclose.

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Long-term outcome following imatinib therapy for chronic myelogenous leukemia, with assessment of dosage and blood levels: the JALSG CML202 study*

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A prospective multicenter Phase II study was performed to examine the efficacy and safety of imatinib therapy in newly diagnosed Japanese patients with chronic-phase CML. Patients were scheduled to receive imatinib 400 mg daily. Plasma imatinib concentrations were measured by liquid chromatography–tandem mass spectrometry. In 481 evaluable patients, estimated 7-year overall survival (OS) and event-free survival (EFS) at a median follow-up of 65 months were 93% and 87%, respectively. Because imatinib dosage was reduced in many patients due mainly to adverse events, subgroup analysis was performed according to the mean daily dose during the first 24 months of treatment: ≥360 mg (400-mg group; *n* = 294), 270–359 mg (300-mg group; *n* = 90) and <270 mg (200-mg group; *n* = 67). There were no significant differences in OS and EFS between the 300- and 400-mg groups; however, cumulative rates of complete cytogenetic and major molecular responses differed significantly between the two groups. There were no significant differences in mean imatinib trough levels between these two groups for the patients in whom trough levels had been measured. Survival and efficacy in the 200-mg group were markedly inferior to the former two groups. These results suggest that, although a daily dose of 400 mg imatinib is associated with better outcomes, 300 mg imatinib may be adequate for a considerable number of Japanese patients who are intolerant to 400 mg imatinib. Blood level monitoring would be useful to determine the optimal dose of imatinib. (*Cancer Sci*, doi: 10.1111/j.1349-7006.2012.02253.x, 2012)

Imatinib mesylate, a selective BCR-ABL1 kinase inhibitor, has demonstrated remarkable long-term efficacy in the treatment of chronic-phase (CP) CML[1] and now is the standard therapy for this disease.[2] An 8-year follow-up during the International Randomized Study of Interferon and STI571 (IRIS) on newly diagnosed CP CML demonstrated that continuous imatinib therapy exhibited superior efficacy and improved survival.[3] In Japan, imatinib was approved for the treatment of CML in 2001, and a multicenter prospective Phase II study of imatinib therapy (CML202 study) for newly diagnosed CP CML was immediately initiated by the Japan Adult Leukemia Study Group (JALSG). Herein, we report on the results of this study after a median follow-up period of 65 months.

In the present study, although the daily dose of imatinib was set at 400 mg, because of adverse events in many patients the dosage was reduced to less than 400 mg. Nevertheless, the overall efficacy and outcomes were excellent compared with that reported in other studies.[1,4,5] The relatively smaller body size of Japanese patients may explain why a daily dose of < 400 mg imatinib was adequate in some patients.[6] To confirm this assumption, we measured plasma trough levels of imatinib in patients receiving 400 or 300 mg imatinib daily and evaluated the association between plasma concentrations of imatinib and the efficacy, as well as long-term outcome, in these patients.

Materials and Methods

Study design and treatment. The present study was a prospective multicenter Phase II study on previously untreated, newly diagnosed patients with CP CML, with patients receiving a daily dose of 400 mg imatinib. The primary endpoint was overall survival (OS). Secondary endpoints included the rate of a complete hematologic response (CHR), the rate of a cytogenetic response, progression-free survival (PFS), event-free survival (EFS), and safety. The study was registered with the UMIN Clinical Trials Registry (http://www.umin.ac.jp/ctr/index/htm, accessed 10 Sep 2005; registration no. C000000153, the JALSG CML202 study).

Patients. Patients were eligible for inclusion in the study if they were 15 years or older, had de novo Philadelphia (Ph)-chromosome positive CP CML and had not received interferon-α treatment for CML. Further eligibility criteria were adequate liver function (serum bilirubin level ≤2.0 mg/dL and serum liver aminotransferase less than threefold the upper limit of normal), kidney function (serum creatinine ≤2.0 mg/dL), heart and lung function, an Eastern Cooperative Oncology Group (ECOG) performance status (PS) of 0–3, and no prior

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or concurrent malignancy. Written informed consent was obtained from all patients prior to registration. The study protocol was reviewed and approved by the institutional review board of all the participating centers and the study was conducted in accordance with the Declaration of Helsinki.

Dose modification of imatinib. Patients were scheduled to receive imatinib at an oral daily dose of 400 mg. Lower dose of < 400 mg daily were permitted at the start of imatinib therapy in patients who were old and/or had a small body size, but it was planned to increase the dose of imatinib to 400 mg within the first month if patients tolerated the reduced dose. Dose escalation to 600 mg was implemented if patients failed to achieve a complete hematologic response (CHR) at 3 months or a major cytogenetic response at 6 months in the absence of dose-limiting adverse events. If patients did not exhibit a CHR at 6 months, they were switched to alternative therapy. If patients achieved a major cytogenetic response within 9 months, imatinib at 400 mg or the adjusted dose was maintained until disease progression.

If Grade 2 non-hematologic toxicities occurred and did not resolve spontaneously, imatinib was interrupted until the toxicities had been ameliorated to Grade 1 or less, and then resumed at the preceding dose. If Grade 3 or 4 non-hematologic or hematologic toxicities occurred, imatinib was interrupted until the toxicities had been ameliorated to Grade 1 or less, and then resumed at a reduced daily dose of 300 mg. Imatinib therapy was discontinued in the event of failure to achieve a CHR at 6 months, intolerance to imatinib, or disease progression to an accelerated phase (AP) or blast crisis (BC).

Definitions. The phases of CML (i.e. CP, AP, or BC) were defined as described previously in the IRIS study.[7] A CHR was defined as a reduction in the leukocyte count to $<10 \times 10^9$/L and a reduction in the platelet count to $<450 \times 10^9$/L that persisted for at least 4 weeks. Cytogenetic responses were evaluated by G-banding of at least 20 marrow cells in metaphase and were categorized as complete (CCyR; no cells positive for the Ph chromosome) and partial (PCyR; 1–35% of cells positive for the Ph chromosome). A major cytogenetic response (MCyR) was defined as complete or partial responses.[2] A major molecular response (MMR) was defined as a 3-log reduction or more in *BCR-ABL1* transcripts compared with median baseline levels, as measured by reverse-transcription real-time quantitative polymerase chain reaction (RQ-PCR)[8,9] or the transcription-mediated amplification and hybridization protection assay (TMA-HPA)[10,11] (For details, refer to Fig. S1 and Data S1, which are available as online Supplementary Material for this paper).

Event-free survival was defined as the time between registration and the earliest occurrence of any of the following events: death due to any cause, progression to AP or BC, and/or loss of MCyR or CHR. Progression-free survival was defined as the time between registration and the earliest occurrence of any of the following events: death due to any cause or progression to AP or BC. Overall survival was defined as the time between the date of registration and death due to any cause. Hematopoietic stem cell transplantation (HSCT) was not censored. Adverse events were assessed according to the National Cancer Institute–Common Toxicity Criteria version 2.0 (http://ctep.cancer.gov/protocolDevelopment/electronic_applications/ctc.htm, accessed 15 Mar 2012). The mean daily dose of imatinib in a designated period was defined as the total of the doses administered divided by the total number of days on which it was administered.

Measurement of trough plasma levels of imatinib. Blood samples were obtained within 24 ± 2 h after the last imatinib administration from patients who had been receiving 300 or 400 mg imatinib daily without any dose modification for at least 2 years. Plasma was immediately separated at 4°C and at 5000*g* for 10 min by centrifugation and stored at −80°C until measurement. Plasma imatinib concentrations were measured at the Toray Research Center (Tokyo, Japan), as reported previously.[12] Briefly, sample extracts were analyzed using reverse-phase chromatography with a Waters Symmetry column (Waters, Milford, MA, USA), followed by detection with a Sciex API 3000 mass spectrometer (PE Biosystems, Foster City, CA, USA). The lower limit of quantification was 4 ng/mL imatinib mesylate and the assay was fully validated. The precision from validation ranged from 99 ± 5% to 108 ± 5% over the concentration range 4–10 000 ng/mL.[13] The internal standard, imatinib mesylate, was provided by Novartis Pharma (Basel, Switzerland) and the assay system was approved by Novartis Pharma.

Statistical analysis. The Kaplan–Meier method and 95% confidential intervals (CI) were used to analyze OS, PFS, and EFS. Differences between subgroups of patients were evaluated using the log-rank test. Cumulative rates of CHR and cytogenetic responses were estimated according to the competing risk method, in which discontinuation of imatinib was evaluated as competing risk. Comparisons of baseline characteristics in the subgroups were made using the chi square test or Fisher's exact test for categorical variables, and with the Mann–Whitney *U*-test for continuous variables. All statistical analyses were performed using JMP software (SAS Institute, Cary, NC, USA) and R software (http://www.r-project.org, accessed 15 Feb 2011). Two-sided $P < 0.05$ was considered significant.

Results

Patients. Between April 2002 and April 2006, 489 patients from 86 hospitals belonging to the JALSG were enrolled in the CML202 study. Of these patients, three were deemed to be ineligible for inclusion because they were in AP, and a further five were excluded because of insufficient data. The characteristics of the remaining 481 evaluable patients at the time of registration are given in Table 1. The median follow-up time was 65.2 months (range 0.4–95.1 months). Eighty-two of 481 patients (17%) discontinued imatinib therapy or were switched to other therapy (Table 2).

Efficacy. For all 481 evaluable patients, the estimated cumulative rate of CHR was 96% at 7 years, whereas the rates for MCyR and CCyR were 94% and 90%, respectively (Fig. 1a). The *BCR-ABL1* transcript was measured in 428 patients using TMA-HPA and/or RQ-PCR. Levels of the *BCR-ABL1* transcript decreased to <100 copies/μg mRNA (i.e. MMR) in 39% of patients at 18 months and in 79% of patients after 7 years from the start of imatinib (Fig. 1b). According to the Sokal scoring system,[14] the cumulative rates of CCyR were 93%, 84%, and 82% in the low-, intermediate-, and high-risk groups, respectively. There was a significant difference in the rates of CCyR between the low- and intermediate/high-risk groups ($P = 0.006$).

Long-term outcomes. The estimated 7-year rates (with 95% CI) of OS, PFS, and EFS were 93% (90–96%), 93% (90–95%), and 87% (84–91%), respectively (Fig. 1c). The estimated rate of freedom from progression to AP/BC was 97% (95% CI 96–99%) and the estimated 7-year rates of OS according to the Sokal scoring system for patients in the low-, intermediate-, and high-risk groups were 95%, 90%, and 91%, respectively. Patients in the low-risk group exhibited significantly better OS ($P = 0.016$) and EFS ($P = 0.022$) than those in the intermediate- or high-risk groups. In the landmark analysis, patients who had achieved a CCyR at 12 months or an MMR at 18 months exhibited significantly better PFS than

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Table 1. Patient characteristics

Total no. patients	489
No. evaluable patients	481
Age (years)	52 (15–88)
No. patients ≥60 years of age (%)	141 (29)
Sex (M/F, %)	310/171 (64/36)
ECOG PS	
0	441 (92)
1	36 (8)
2	4 (1)
3	0 (0)
Duration from diagnosis (months)	0.4 (0–8.3)
Sokal risk group (%)	
Low	253 (53)
Intermediate	163 (34)
High	65 (14)
Hasford risk group (%)	
Low	202 (42)
Intermediate	227 (47)
High	39 (8)
Unknown	13 (3)
Additional chromosomal abnormalities (%)	
Yes†	51 (11)
Trisomy 8	4 (0.8)
Double Ph	3 (0.6)
Loss of sex chromosome	3 (0.6)
Others	41 (8.5)
Splenomegaly (%)	
Yes	127 (27)
≥10 cm below the costal margin	29 (6)
WBC ($\times 10^9$/L)	36.7 (4.5–634.7)
Hb (g/dL)	12.9 (4.8–19.1)
Platelets ($\times 10^9$/L)	473 (96–2916)
PB blast (%)	0 (0–13.0)
PB basophils (%)	5.0 (0–19.0)
Body weight (kg)	
All patients	61.8 ± 12.1
Men	66.9 ± 10.9
Women	52.6 ± 8.2
BSA (m^2)	
All patients	1.621 ± 0.187
Men	1.714 ± 0.148
Women	1.453 ± 0.121

Data are presented as the mean ± SD, as the median with the range given in parentheses, or as the number of patients in each group with percentages given in parentheses, as appropriate. †The presence of additional chromosomal abnormalities was not an exclusion criterion for the present study. BSA, body surface area; ECOG PS, Eastern Cooperative Oncology Group performance status; Hb, hemoglobin; PB, peripheral blood; WBC, white blood cells.

Table 2. Patients' treatment status

	No. patients (%)
Continued imatinib treatment	399 (83.0)
Discontinued imatinib treatment	82 (17.0)
Reasons for discontinuation and/or change in therapy	
Adverse events	34 (7.1)
Disease progression	11 (2.3)
Unsatisfactory therapeutic effect	12 (2.5)
HSCT	6 (1.2)
Death	2 (0.4)
Lost to follow-up	7 (1.5)
Withdrawal of consent	8 (1.7)
Unknown	2 (0.4)

HSCT, hematopoietic stem cell transplantation.

those without CCyR or MMR ($P = 0.0005$ and $P = 0.012$, respectively).

Safety. The adverse events observed in all patients are listed in Table 3. Grade 3 or 4 hematologic adverse events were neutropenia (18%), thrombocytopenia (12%), and anemia (6%). Grade 3 or 4 non-hematologic adverse events included skin eruption (8%) and peripheral edema (0.6%). Grade 3 or 4 liver dysfunction was reported in 4% of patients. Congestive heart failure (Grade 3) developed in one patient and interstitial pneumonitis (Grade 3) developed in another patient. Grade 3 or 4 thrombocytopenia and skin eruptions occurred more frequently in the present study than in the IRIS study.[7]

Efficacy and outcomes in relation to imatinib dosage. Although it was planned to administer imatinib to patients at a dose of 400 mg daily, 82 patients (17%) discontinued imatinib or were switched to other treatment mainly because of adverse events or unsatisfactory efficacy (Tables 2, 3). Dose reduction or interruption were required in 223 (46%) patients, with escalated doses given to 10 patients (2%) during the first 24 months. Among all 481 patients, the initial dose of imatinib was 400 mg in 458 patients (95.2%), 300 mg in 10 patients (2.1%), 200 mg in 11 patients (2.3%), 100 mg on one patient, and 600 mg in one patient. The mean daily dose during the first 24 months of treatment was ≥360 mg in 294 patients (61%; designated the "400-mg group"), 270–359 mg in 90 patients (19%; designated the "300-mg group"), and < 270 mg in 67 patients (14%; designated the "200-mg group"). Thirty patients (6%) discontinued imatinib during the first 24 months. Regarding the safety profile, Grade 3 or 4 neutropenia, thrombocytopenia, liver dysfunction, and skin eruptions tended to be observed more frequently in the 300- and 200-mg groups because dose reductions from the scheduled dose of 400 mg imatinib daily were mostly made for patients in these groups because of adverse events (Table 3). The patients in the 300-mg group were significantly more likely to be female, older, have a lower body weight (BW), and a smaller body surface area (BSA) than patients in the 400-mg group (Table 4). Patients in the 300- and 200-mg groups had significantly higher Sokal risk than patients in the 400-mg group ($P = 0.001$). Of the patients in the 400- and 300-mg groups, age ($P = 0.0024$) and sex ($P = 0.0077$) were significant independent predictors for OS, as determined by multivariate analysis; however, dosage was not a significant predictor of OS ($P = 0.64$).

Efficacy and survival were analyzed according to the mean daily dose during the first 6, 12, and 24 months. During each period, the estimated cumulative rate of CCyR or MMR was significantly higher for patients in the 400- and 300-mg groups than for patients in the 200-mg group ($P < 0.001$ and $P < 0.0001$, respectively). There was a significant difference in achieving CCyR or MMR between the 400- and 300-mg groups ($P = 0.018$ and $P = 0.017$, respectively; Fig. 2a,b). There were no significant differences in OS and EFS between the 400- and 300-mg groups during the first 24 months ($P = 0.77$ and $P = 0.49$, respectively). However, the OS and EFS of the 200-mg group were significantly inferior to those of the 400- and 300-mg groups during the same periods ($P = 0.009$ and $P = 0.002$, respectively; Fig. 3a,b). Survival was analyzed according to the mean daily dosage of imatinib during the first 24 months per BW (Table 5). Patients who received a mean dose of imatinib per BW that was >5.0 mg/day/kg showed significantly superior OS and EFS than those receiving ≤5.0 mg/day/kg ($P = 0.0012$ and $P = 0.0016$, respectively; Fig. 4). These results indicate that patients who had relatively high daily dosage per BW had better OS and EFS, although the actual daily dose had been lower than 400 mg imatinib.

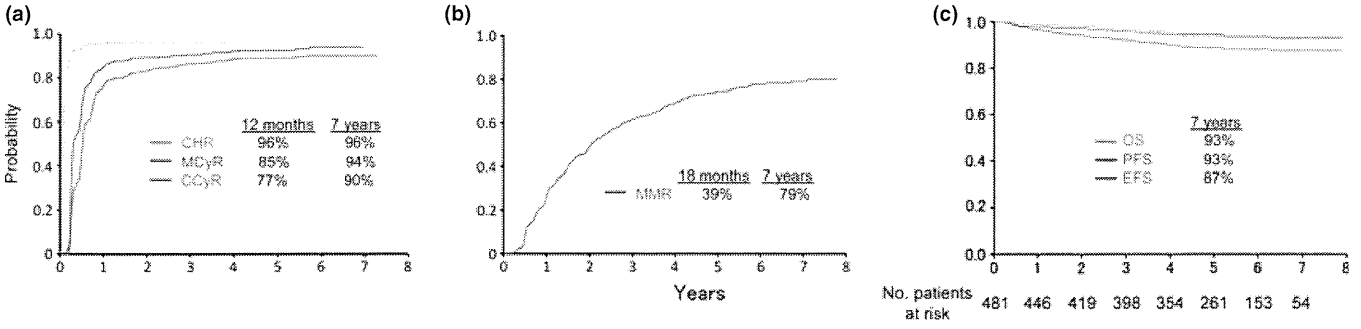

Fig. 1. Cumulative best (a) cytogenetic and (b) molecular responses and (c) survival of patients on imatinib therapy for chronic phase CML. Cumulative rates of responses were estimated according to the competing risk method. Discontinuation of imatinib was evaluated as a competing risk. CHR, complete hematologic response; MCyR, major cytogenetic response; CCyR, complete cytogenetic response; MMR, major molecular response; OS, overall survival; PFS, progression-free survival; EFS, event-free survival.

Table 3. Adverse events associated with imatinib therapy

Adverse event†	No. patients (%)				
	All patients (n = 481)		400-mg group‡ (n = 294)	300-mg group‡ (n = 90)	200-mg group‡ (n = 67)
	All grades	Grade 3 or 4	Grade 3 or 4	Grade 3 or 4	Grade 3 or 4
Non-hematologic					
Superficial edema	234 (48.6)	3 (0.6)	0	3 (3.3)	0
Nausea/vomiting	106 (22.0)	4 (0.8)	2 (0.7)	1 (1.1)	1 (1.5)
Anorexia	94 (19.5)	5 (1.0)	2 (0.7)	2 (2.2)	1 (1.5)
Muscle cramps	81 (16.8)	1 (0.2)	0	1 (1.1)	0
Musculoskeletal pain (myalgia)	100 (20.8)	5 (1.0)	2 (0.7)	0	2 (3.0)
Arthralgia	47 (9.8)	1 (0.2)	0	0	0
Rash	192 (39.9)	37 (7.7)	7 (2.4)	10 (11.1)	14 (20.9)
Fatigue	114 (23.7)	0 (0)	0	0	0
Diarrhea	75 (15.6)	2 (0.4)	1 (0.3)	0	0
Headache	36 (7.5)	1 (0.2)	0	0	0
Hemorrhage	24 (5.0)	3 (0.6)	2 (0.7)	0	1 (1.5)
Pyrexia	49 (10.0)	1 (0.2)	1 (0.3)	0	0
Depression	25 (5.2)	0 (0)	0	0	0
Infection	35 (7.3)	8 (1.7)	5 (1.7)	0	2 (3.0)
Interstitial pneumonitis	3 (0.6)	1 (0.2)	0	0	1 (1.5)
Hematologic					
Anemia	197 (41.0)	28 (5.8)	12 (4.1)	4 (4.4)	10 (14.9)
Neutropenia	188 (39.1)	85 (17.7)	36 (12.2)	25 (27.8)	18 (26.9)
Thrombocytopenia	199 (41.4)	59 (12.3)	19 (6.5)	20 (22.5)	16 (23.9)
Biochemical					
Elevated ALT/AST	99 (20.6)	18 (3.7)	3 (1.0)	6 (6.7)	7 (10.4)
Renal dysfunction	37 (7.7)	1 (0.2)	1 (0.3)	0	0

†Adverse events were assessed according to the National Cancer Institute–Common Toxicity Criteria version 2.0. ‡Mean daily doses in the 400-, 300-, and 200-mg groups were ≥360, 270–359, and < 270 mg imatinib, respectively. ALT, alanine aminotransferase; AST, aspartate aminotransferase.

Plasma trough levels of imatinib according to the daily dose. Plasma trough levels (C_{min}) of imatinib were determined in 50 patients who continuously received imatinib at a daily dose of 300 mg (n = 24) or 400 mg (n = 26) without any dose modification (Table 6). The patients receiving 300 mg imatinib tended to be older and to have a smaller BSA than patients in the 400-mg group. These tendencies did not different from those of the entire study population (Tables 4 and 6). There was no significant difference in mean C_{min} between the two groups (P = 0.673). The C_{min} in 15 of 24 patients (63%) receiving 300 mg imatinib and in 15 of 26 patients (58%) receiving 400 mg imatinib were distributed above 1000 ng/mL, and the ratio of patients >1000 ng/mL C_{min} did not differ significantly between the two groups (P = 0.10). However, the C_{min} in patients receiving 300 mg imatinib was distributed towards lower concentrations compared with those receiving 400 mg imatinib. There was a significant correlation between C_{min} and age only in the 400-mg group (P = 0.034), with weak correlations between C_{min} and BW or BSA. These results indicate that small, elderly, and/or female patients receiving 300 mg imatinib daily had almost the same C_{min} as patients receiving 400 mg daily.

Discussion

In the present study (CML202), the best cumulative rates of MCyR and CCyR 7 years after the start of imatinib were 94% and 90%, respectively, and the estimated 7-year OS and EFS

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Table 4. Patient characteristics in each of the mean daily dose groups during the first 24 months of treatment

	Imatinib daily dose group†				*P*-value
	400 mg	300 mg	200 mg	Discontinued	
No. patients	294	90	67	30	
Daily dose (mg)	398 ± 17	310 ± 23	187 ± 68	NA	
No. men/women	212/82	46/44	30/37	22/8	<0.0001
Age (years)	48 (16–81)	57 (19–79)	63 (19–87)	52.5 (15–88)	<0.0001
Body weight (kg)	64.6 ± 11.8	57.6 ± 10.5	55.3 ± 10.0	61.8 ± 15.3	<0.0001
BSA (m^2)	1.67 ± 0.18	1.55 ± 0.16	1.51 ± 0.17	1.61 ± 0.22	<0.0001
Sokal risk group (*n*)					
Low	180	39	23	11	<0.0001
Intermediate	84	30	32	13	
High	30	21	12	6	
Dose reduction (*n*)	1	69	59	NA	
Interruption (*n*)	65	21	8	NA	
Dose escalation (*n*)	10	0	0	NA	

Unless indicated otherwise, data are given as the mean ± SD or as the median with the range given in parentheses. †Mean daily doses in the 400-, 300-, and 200-mg groups were ≥360, 270–359, and <270 mg imatinib, respectively. BSA, body surface area; NA, not applicable.

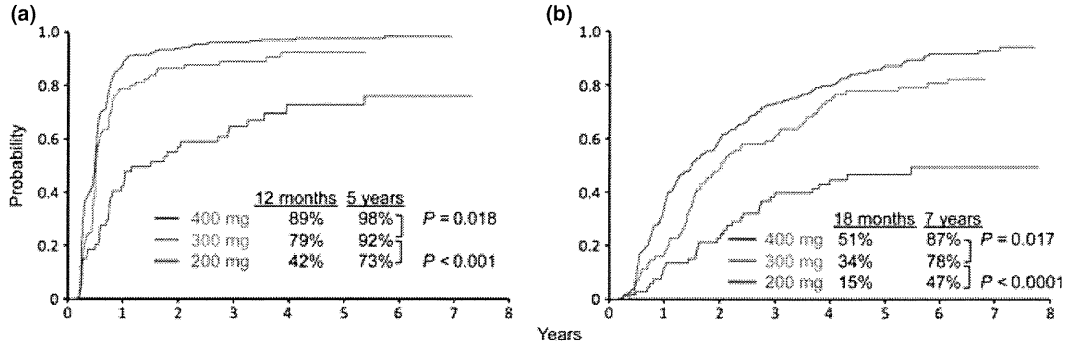

Fig. 2. Cumulative rates of best responses according to the mean daily dose during the first 24 months of treatment with imatinib. (a) Cumulative rates for complete cytogenetic responses (CCyR). (b) Cumulative rates of major molecular responses (MMR). Mean daily doses in the 400- (*n* = 294), 300- (*n* = 90), and 200-mg (*n* = 67) groups were ≥360, 270–359, and <270 mg imatinib, respectively.

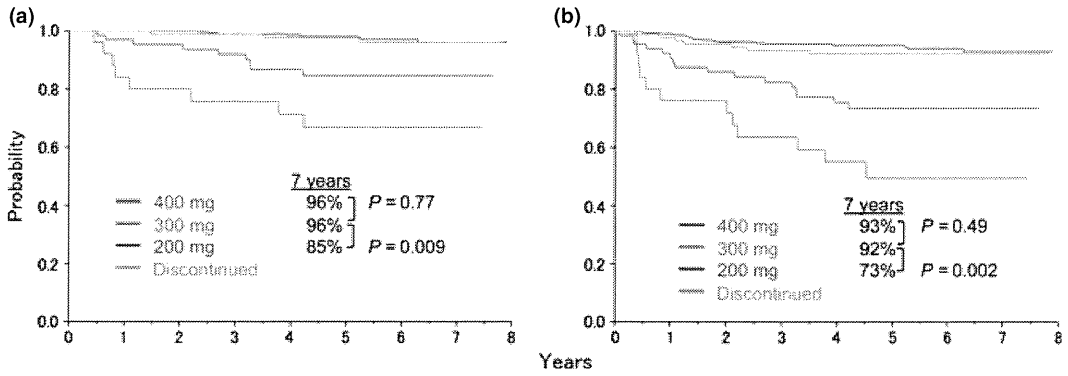

Fig. 3. (a) Overall and (b) event-free survival according to the mean daily dose during the first 24 months. Mean daily doses in the 400- (*n* = 294), 300- (*n* = 90), and 200-mg (*n* = 67) groups were ≥360, 270–359, and < 270 mg imatinib, respectively.

rates were 93% and 87%, respectively. The Sokal risk showed favorable prognostic significance in low-risk patients compared with intermediate- or high-risk patients. These results are comparable to those reported in the IRIS trial and others studies in Western countries.[3–5] In terms of baseline characteristics, there was a tendency for fewer patients with a high-risk Sokal score in the present study compared with the IRIS study. We believe this is due to the Japanese medical system, in which a considerable number of people undergo annual medical check-ups.

Imatinib is currently established as the first-line therapy for patients with CP CML. Nevertheless, several controversial issues remain,[15] with the dose of imatinib as one of the most important.[6,16–21] In the present study, many patients received a lower dose of imatinib than the planned initial dose of 400 mg. Therefore, we performed subgroup analysis according