

Author Contributions

Conceived and designed the experiments: JC EAS RMP. Performed the experiments: JC EAS RMP. Analyzed the data: JC EAS RMP. Contributed reagents/materials/analysis tools: SS CM DD GT TR MUM HC KI CT YO SW JA HY SM AT KO FM TM NG MK

AWM JDI AGW KLH MH MED P-PT JBAC IEvdH-B GJW PLCMvR MvdL H-JG NAS CFA TWJH REMT RPK SLB LAC LWM JEF NdV BES PLDJ SR MEW PKG XM AB LP MJHC EWK. Wrote the paper: JC EAS RMP. All authors reviewed and approved the manuscript.

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Three Groups in the 28 Joints for Rheumatoid Arthritis Synovitis – Analysis Using More than 17,000 Assessments in the KURAMA Database

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Abstract

Rheumatoid arthritis (RA) is a joint-destructive autoimmune disease. Three composite indices evaluating the same 28 joints are commonly used for the evaluation of RA activity. However, the relationship between, and the frequency of, the joint involvements are still not fully understood. Here, we obtained and analyzed 17,311 assessments for 28 joints in 1,314 patients with RA from 2005 to 2011 from electronic clinical chart templates stored in the KURAMA (Kyoto University Rheumatoid Arthritis Management Alliance) database. Affected rates for swelling and tenderness were assessed for each of the 28 joints and compared between two different sets of RA patients. Correlations of joint symptoms were analyzed for swellings and tenderness using kappa coefficient and eigen vectors by principal component analysis. As a result, we found that joint affected rates greatly varied from joint to joint both for tenderness and swelling for the two sets. Right wrist joint is the most affected joint of the 28 joints. Tenderness and swellings are well correlated in the same joints except for the shoulder joints. Patients with RA tended to demonstrate right-dominant joint involvement and joint destruction. We also found that RA synovitis could be classified into three categories of joints in the correlation analyses: large joints with wrist joints, PIP joints, and MCP joints. Clustering analysis based on distribution of synovitis revealed that patients with RA could be classified into six subgroups. We confirmed the symmetric joint involvement in RA. Our results suggested that RA synovitis can be classified into subgroups and that several different mechanisms may underlie the pathophysiology in RA synovitis.

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Introduction

Rheumatoid arthritis (RA) is the most frequent inflammatory arthritis worldwide affecting 0.5 to 1% of the population [1]. As RA is a bone-destructive disease and functional impairment caused by joint damage is well correlated with swelling and tenderness of joints [2–3], the evaluation of joints in patients with RA is very important to assess disease activity and predict the risk of future joint deformity. ACR core set [4] and DAS (disease activity score) [5–6] were developed for evaluation of disease activity in RA. Recently, the three composite indices, namely, DAS28 [5], simplified disease activity index (SDAI) [7] and clinical

disease activity index (CDAI) [8] are frequently used for disease activity evaluation among rheumatologists. All of the three indices are shown to be well correlated with future joint destruction [7,9]. These three methods include the same 28 joints for evaluation of disease activity, namely, bilateral wrist, 1st to 5th metacarpal (MCP) joints and proximal interphalangeal (PIP) joints, elbow, shoulder, and knee joints. Though RA is known to show symmetric joint symptoms [10], the frequency of bilateral joint symptoms and the correlations between each joint symptom are not fully analyzed by using large numbers of joint assessments. There are several reports of successful prediction of joint damage using a reduced number of joints for evaluation by ultrasonogra-

phy [11–12]. These reports raise the possibility that some of the 28 joints are less frequently involved, and are less informative for disease activity. Analyses for characterization of joint symptoms would uncover correlations of unexpected joint symptoms and distribution of synovitis in RA.

Here, we analyzed the distribution of affected joints in the 28 joints in patients with RA using more than 17,000 joint assessments from 1,314 patients with RA and showed that synovitis in RA patients can be classified into three groups. We also showed that affected rates of the 28 joints greatly vary in RA patients, and that RA patients could be classified into subgroups based on the distribution of joint synovitis.

Results

Frequency order of joints involvement

We recruited 17,311 assessments for the 28 joints in 1,314 patients with RA from 2005 to 2011. A summary of the registered patients is listed in Table 1. The distribution of the number of patients with RA in each year and the number of joint assessments for each patient are shown in Figure S1. We analyzed how often each of the 28 joints was tender or swollen in patients with RA in 2011. From the analysis of 735 patients, we found that the frequency of joint swelling and tenderness in the 28 joints is widely different from joint to joint (Figure 1 and Table S1). The wrist joints were the most frequently affected joints for swelling and tenderness. The frequency of the right wrist joint being affected was more than four times as high as the least frequently affected joint. Many of the joints showed right-dominant tenderness (eleven of fourteen joints, $p = 0.057$, binomial test), indicating mostly right-handedness. We found strong correlations for the affected rates of each joint between swellings and tenderness except for shoulder joints (Spearman's rank-sum coefficient, $\rho = 0.70$ and $p = 3.8 \times 10^{-5}$, Figure 1, Table S1). Shoulder joints showed much higher frequencies of tenderness than those of swellings.

Next, we tried to replicate the order of affected frequencies of the 28 joints and the correlation between tenderness and swellings in different RA patients. We obtained 579 patients whose joints data were not available for 2011, indicating we analyzed independent RA patients. We found that the order of the affected joint frequencies were well correlated for both swelling and tenderness among different sets of RA patients (Spearman's rank-

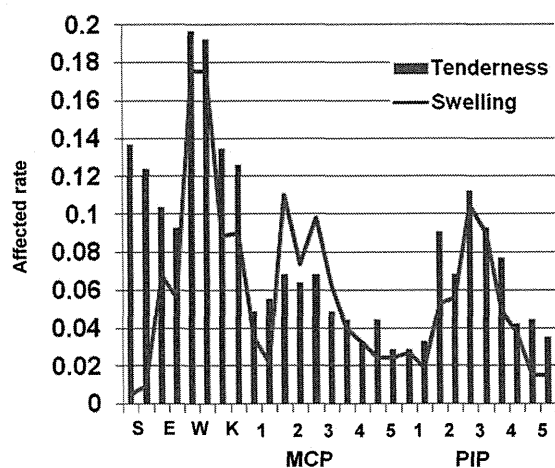


Figure 1. Affected rate of joint symptoms. Affected rate of joint symptoms. Each joint is arranged in the order of right and left. S:shoulder, E:elbow, W:wrist, K:knee.
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Table 1. Summary of the KURAMA database.

The KURAMA database	
RA patients	1314
Age (mean±SD)	60.2±15.1
female ratio	81.70%
disease duration (years)	12.2±9.8
Stage*	2.75±1.17
Class*	1.87±0.69

*Stage and Class represent Steinbrocker's stage and class, respectively.
SD: standard deviation.

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sum coefficient, $\rho = 0.815$ and 0.904 , $p = 1.3 \times 10^{-7}$ and $p = 4.6 \times 10^{-11}$ for swelling and tenderness, respectively, Figure S2). We also confirmed that rates of tenderness were well correlated with those of swellings in the 28 joints in the 579 patients ($\rho = 0.604$). These results indicate that some of the 28 joints are more likely to develop arthritis than the others in RA patients. The swelling and tenderness correlate with each other except for shoulder joints.

Whether the right-dominant involvement of joints in patients with RA is associated with joint destruction was analyzed. Joint destruction in the hand was evaluated for 246 patients with RA by modified Sharp score [13]. The six elements of the scores were separately analyzed, namely erosion of PIP, MCP, and wrist joints (we defined as joints other than MCP and PIP in hand) and narrowing of PIP, MCP, and wrist joints. We found that five out of six elements showed right-dominant destruction. In particular, narrowing and erosion of MCP joints showed a statistically significant right-dominance in binomial test ($p < 0.0050$, Table S2).

Three groups of 28 joints in RA synovitis

Next we analyzed correlations of joint symptoms between the 28 joints. We randomly picked up one assessment from each of the 1,314 patients to maximize the power. When the correlation of tenderness of the 28 joints was analyzed with kappa coefficient, we confirmed that each joint showed a symmetric involvement (Figure 2A). The results also showed that the tenderness of large joints and wrist joints are not correlated with the tenderness of PIP and MCP joints. We found that the tenderness of MCP joints was especially well correlated with each other and that PIP joints tenderness was well correlated with each other. The correlation of swelling in the 28 joints showed the same tendency as that of tenderness, namely, symmetric joint involvement, correlations between large joints and wrist joints, and no strong correlations between wrist joints and other small joints (Figure 2B).

Next we used eigen vectors of principal component analysis to assess the correlations of the 28 joints involvement. When we analyzed correlations of tenderness, eigen vectors revealed that PIP and MCP joints can be clearly distinguished from large joints and wrist joints (Figure 3A). PIP joints and MCP joints turned out to make independent groups after excluding large joints and wrist joints (Figure 3B). These three groups of affected joints were found both for tenderness and swelling (Figure 3C and 3D). We confirmed these three correlation groups in four independent resampling analyses by randomly picking up one assessment from each of the 1,314 patients four times (data not shown). The three groups were observed in the two independent sets of RA patients which were used in the analysis of joints involvement frequency

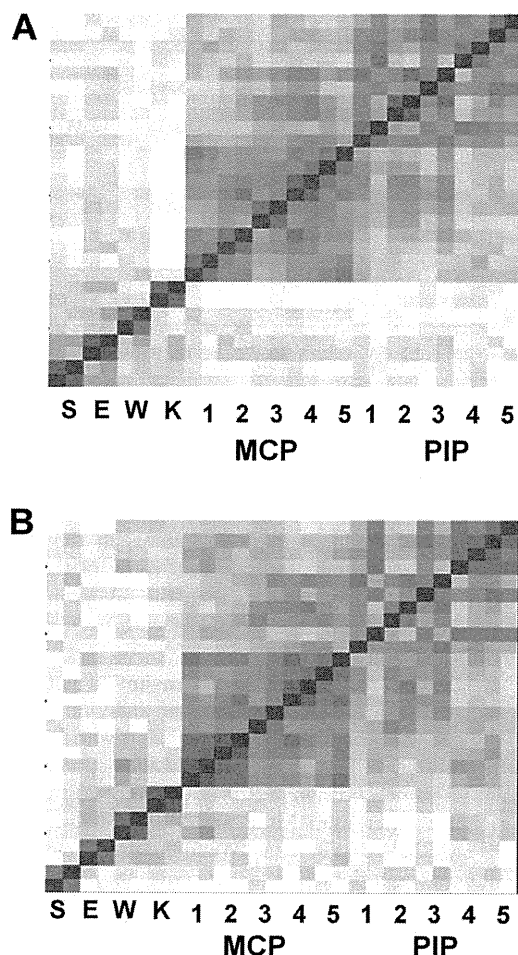


Figure 2. Correlations between the 28 joint symptoms. Brightness of the red color corresponds to the strength of correlations between joint tenderness (A) or swellings (B), using the Kappa coefficient. Each joint is arranged in the order of right and left. The joint order in the y axis is the same as the x axis. The result is a representative of five analyses based on resampled assessments. S:shoulder, E:elbow, W:wrist, K:knee.
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(Figure S3). In addition, no significant difference was observed in the relationship of the three groups of joint involvement when we divided the 1,314 patients into two groups according to the patients' caring physicians (Figure S4). We confirmed the three groups by resampling four times for each analysis (data not shown). These results indicate that these three groups were not due to specific patients, examiners, or time of evaluation.

Taken together, the correlation analyses using kappa coefficient and eigen vectors in principal component analysis indicated that there are three correlated groups of joints in RA synovitis, namely, large joints with wrist joints (which we express as "large and wrist joints"), PIP joints, and MCP joints.

Subgroups of patients with RA

We performed a clustering analysis of 5,383 evaluations of 28 joints from 1,314 patients with RA. Six subgroups of evaluations of 28 joints were observed (Figure 4). Each of the subgroups was characterized by 1) no synovitis (34.6%), 2) mild activity with dominant involvement of large and wrist joints (17.4%), 3) dominant involvement of MCP joints (18.3%), 4) dominant

involvement of PIP joints (9.3%), 5) active synovitis (4.1%), and 6) moderate activity with dominant involvement of large and wrist joints (16.4%) (Table S3). Whether patients with RA are classified into the same subgroups was analyzed. There were 998 patients with four or five evaluations, and of these, 734 were categorized into the regular groups across different evaluations, indicating that the patterns of synovitis in the same patients were stable. Analysis of joint destruction in each subgroup revealed that the sixth subgroup demonstrated dominant destruction of large and wrist joints compared with MCP and PIP joints ($p < 2.8 \times 10^{-5}$, Figure S5 and Figure S6).

Discussion

Since RA is a joint destructive autoimmune arthritis and joint damage occurs rapidly in the early stages of the disease course [14], the development of a quantitative scale which assesses disease activity and predicts joint damage is very important. After DAS and ACR core sets were introduced, DAS28, SDAI, and CDAI were developed to evaluate disease activity and easily calculate the disease activity score in patients with RA. All three indices were shown to be well correlated with future joint destruction and they share the same 28 joints for evaluation. Joint symptoms especially joint swelling is known to correlate with future joint damage [3]. While these indices were developed for use in clinical trials such as responsiveness to treatment, they are used by rheumatologists in daily clinical practice and they are reported to coincide very well among different examiners [9]. Characterizing the relative affected frequency of each joint and analysis of correlation between joint symptoms are important to analyze the basic mechanisms of synovitis and to efficiently select the joints to predict future joint destruction. However, there is no detailed analysis to address the correlations between the 28-joint symptoms.

In the current study, we characterized the 28-joint symptoms using large numbers of joint assessments. While we reported the affected rates of each joint in the 28 joints for tenderness and swelling of RA patients registered in the KURAMA database in 2011 as a representative (Table S1), these rates should not be generalized considering large effects of treatment especially biologics agents on joint symptoms. Thus, we focused on relative frequencies of joint involvement for the 28 joints. The affected frequency pattern was compared between the two sets of RA patients, and there were no apparent differences between the two sets for both tenderness and swelling. We also showed that joint symptoms in RA could be classified into three groups both for tenderness and swelling. Our analysis also demonstrated that patients with RA can be regularly classified into six subgroups based on patterns of joint symptoms. These results suggest that regular RA joint involvement pattern, including relative frequency and groups of joints, is largely maintained in RA patients. In addition, we confirmed that these patterns of joint involvement were not attributed to evaluators and fractions of RA patients.

It is interesting that the affected frequencies greatly varied from joint to joint, and the rate of the most highly affected joint was more than four times as high as the least-affected joint. The affected frequencies indicated that wrist joints were the most frequently affected. It should be noted that surface area may have influenced the sensitivity of detecting synovitis in physical exams when different joints were compared. The relatively high frequency of tenderness and swelling in large and wrist joints compared with MCP and PIP joints can be explained by this difference in surface area. However, surface area cannot fully explain the highest frequency of wrist involvement and different frequencies within the MCP or PIP joints. A dominant involve-

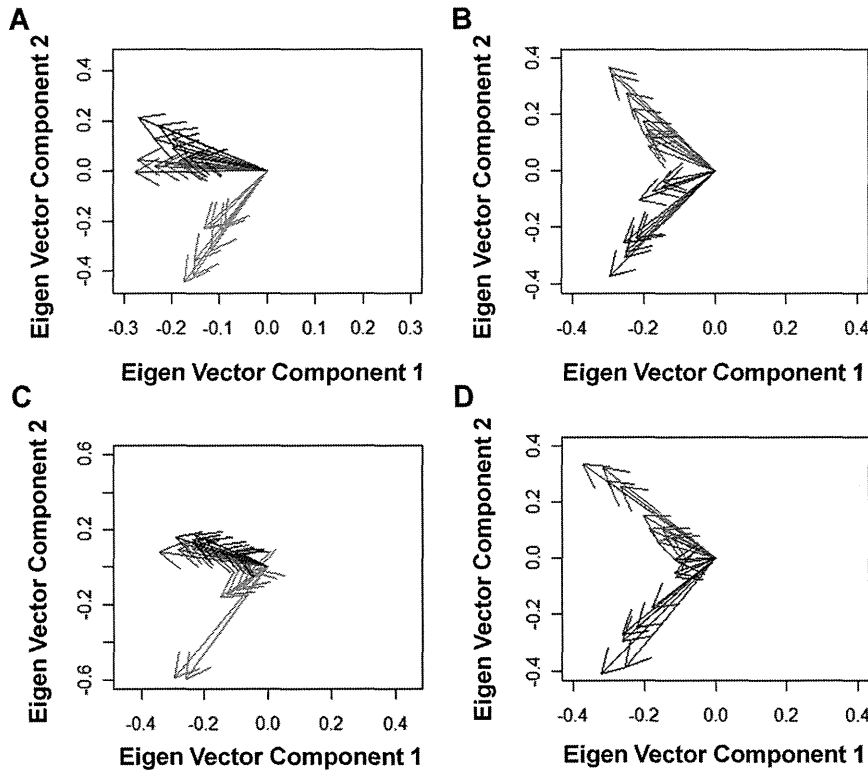


Figure 3. Relationship of the 28-joint involvement. The 1st and 2nd components of eigen vectors of the joint symptoms are plotted, using principal component analysis of the 28 joint involvement for tenderness (A) and swelling (C) or using that of the 20 joint involvement other than large and wrist joints for tenderness (B) and swelling (D). The results are representatives of five analyses based on resampled assessments. Green: large and wrist joints. Red: MCP joints. Blue: PIP joints.
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ment of right joints seemed to indicate a majority of the study population being right-handed in spite of the small difference of affected rates between bilateral joints. We also demonstrated that the right dominant involvement was also true for joint destruction. We could not compare the joint involvement and joint destruction between right-handed patients and left-handed patients due to a lack of information regarding handedness of patients.

Correlation analysis confirmed the well-known symmetric joint involvement in patients with RA. Strong correlations of tenderness and swelling in the same joints except for shoulder joints may indicate low sensitivity of shoulder swelling in the physical exams and common mechanisms of swelling and tenderness. It is striking that joint symptoms can be classified into three groups based on correlation analysis and principal component analysis. The

association observed between the symptoms in the wrist joints and the large joints is worth noting, since wrist joints are regarded as small joints according to ACR/EULAR criteria set in 2010. As wrist joints are much closer to other small joints than large joints, the relationship between wrist joints and large joints cannot be explained by the distance of joints. The distance of joints cannot explain the two different groups of MCP and PIP joints either. While symptoms of large and wrist joints are not related with those of MCP and PIP joints, they were not very strongly correlated with each other, compared with correlations among PIP joints or MCP joints. This may indicate that there are no common strong factors which predispose large and wrist joints to swelling and tenderness in patients with RA.

We also showed that patients with RA can be divided into six subgroups based on these three groups of joint involvement. More than 70% of patients are classified into regular subgroups, indicating that the pattern of synovitis in a patient with RA is stable. When patients who were regularly classified into the first subgroup of patients characterized by no synovitis were removed, more than 60% of patients were still classified into regular subgroups (data not shown), indicating that the stable patterns were observed regardless of activity of RA. As joint destruction was influenced by disease duration, disease activity, and treatment, we analyzed the relative distribution of joint destruction between the three joint groups in a patient with RA. We found that the sixth subgroup of patients, characterized by moderate activity with dominant involvement of large and wrist joints, demonstrated dominant destruction of wrist joints. This suggests that classifying patients with RA into appropriate subgroups would lead to prediction of patterns of joint destruction.

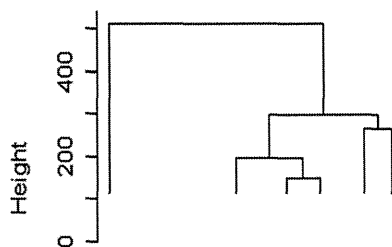


Figure 4. Six subgroups of evaluations of the 28 joints in RA. Results of clustering analysis with Ward method using randomly obtained 5,383 evaluations of the 28 joints in 1,314 patients were plotted.
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There are reports that evaluating fraction of joints by ultrasonography is a good way to predict future joint damage [11–12]. One study reported that 5 of the 28 joints with MTP2 and MTP5 joints, namely, wrist, MCP2, MCP3, PIP2, and PIP3 joints, are enough for ultrasonography evaluation [12]. Their data seems to be consistent with our results as they selected at least two joints from three different groups into which the 28-joint symptoms were classified. As ultrasonography usually surpasses physical examination in terms of the sensitivity to detect synovitis, it is interesting to analyze whether the assessments of synovitis using ultrasonography show the same pattern of synovitis over the 28 joints in RA.

Our results indicate that RA does not develop synovitis in the 28 joints with the same frequency and that the affected rate of each joint greatly varies from joint to joint. These different distributions of joint synovitis would lead to different distribution of joint destruction. Based on our results, the 28 joints can be categorized into three groups, and it is possible that some fractions of the 28 joints are less informative to assess disease activity than others. It would be interesting to develop a novel simplified joint core set, and analyze the correlation between joint damage and activity score based on this. It would be also interesting to characterize each of RA subsets in more detail.

Materials and Methods

Ethics Statement

Written informed consent to enroll in the database described below was obtained from most of the patients, but for some patients the information regarding the construction of this database was disclosed instead of obtaining written informed consent. Participants who were informed regarding the construction of the database (instead of obtaining written informed consent) were allowed to withdraw from the study if desired.

All data were de-identified and analyzed anonymously. This study was designed in accordance with the Helsinki Declaration. This study including the consent procedure was approved by the ethics committee of Kyoto University Graduate School and Faculty of Medicine.

The KURAMA database

The KURAMA (Kyoto University Rheumatoid Arthritis Management Alliance) database was established in 2011 at Kyoto University to store detailed clinical information and specimens from patients with arthritis and arthropathy. The alliance is composed of rheumatic disease-associated departments in Kyoto University Hospital as well as its allied, integrating previous database and specimen collections in each department and allied. A template for electronic clinical charts developed at Kyoto University Hospital in 2004 to evaluate joint involvements in RA patients was used to obtain joint assessments. Rheumatologists evaluated swelling and tenderness of the 28 joints in patients with RA on each visit and filled in the template. The synovitis information of the 28 joints and data for C-reactive protein and erythrocyte sedimentation rate were extracted from electronic clinical charts [15] and stored in the KURAMA database.

Patients and data of joint assessment

A total of 17,311 joint assessments from 1,314 patients with RA from 2005 to 2011 were obtained in a retrospective manner from the KURAMA database. All of the patients fulfilled ACR revised criteria for RA in 1987 [10] or ACR and EULAR classification criteria for RA in 2010 [16–17].

Analysis of affected frequencies in the 28 joints

RA patients were subdivided depending on whether their data were available in 2011 or not, and the affected frequency in each of the 28 joints was calculated. We compared the order of the affected frequency in the 28 joints between the two patient sets with Spearman's rank-sum coefficient. We separately analyzed the affected rates of joints for swelling and tenderness. When multiple joint assessments in different visits were available in the same patient with RA, we randomly selected one of the assessments as representative in the patient. We compared frequencies between tenderness and swellings for the 28 joints with Spearman's rank-sum coefficient.

Clustering of patients with RA

Clustering analyses were performed by Ward method, using randomly-selected 5,383 evaluations of the 28 joints from 1,314 patients with RA. These evaluations did not contain more than six assessments from each patient to avoid excess influence of particular patients. Affected rates were calculated for the three groups of joints (namely PIP joints, MCP joints and large and wrist joints) in this clustering analysis. For example, when a patient showed tenderness and swelling for all PIP joints, the affected rate of PIP joints in the patient is 2. When a patient showed tenderness for four MCP joints, the affected rate of MCP joints is 0.4.

RA patients were regarded as belonging to a particular group when more than 60% of evaluations belonging to the same patients with four or five evaluations were classified into the same group.

Analysis between RA subgroups and joint destruction

Joint destruction of hand joints in 246 patients with RA was evaluated by modified Sharp score by a trained rheumatologist who was not informed of the patients' characteristics (KM). Joint destruction rates were defined for the three groups of joints as a sum of scores divided by the full score in the joints group. For example, when a patient shows 50 as a sum of scores in the large and wrist group, the patient's joint destruction rate for the group is 0.463 (50/108).

Correlation of the 28 joints and statistical analysis

Correlations of joint symptoms among the 28 joints were estimated separately for tenderness and swelling. We randomly obtained one assessment of the 28 joints in each patient as a representative of the patient's joint assessments for maximization of the power. Kappa coefficient was used to analyze coincidence of joint symptoms in each pair of the 28 joints. Eigen vectors obtained in principal component analysis were used to analyze the deviation of joint symptoms. We resampled joint assessments for each patient and created four other sets of joint assessments. The same correlation analyses were performed using the four resampled assessments to confirm the correlation shown in the first assessment set. Right dominance of the synovitis and joint destruction was analyzed by binomial test. Dominant destruction of joints was evaluated by paired-t test. Statistical analysis was performed by R software or SPSS (ver18).

Supporting Information

Figure S1 Distribution of joint evaluation counts and patients across different years. A) Distribution of number of RA patients according to numbers of 28-joint assessments. B) Distribution of number of patients with RA whose joint assessment data were available from 2005 to 2011 in the KURAMA database. (TIF)

Figure S2 Good correlations between joint involvement rates in different sets of RA patients. Rates of joint involvement for A) swelling and B) tenderness were compared between the two different sets of RA patients. X and Y axes represent rates in the first set of RA patients in 2011 and those in the second set in 2005 to 2010, respectively.
(TIF)

Figure S3 Three groups of joints regardless of different sets of RA patients. Analysis using one of four resampled assessments in one of the two sets of RA patients is shown as a representative. The 1st and 2nd components of eigen vectors of the joint symptoms are plotted, using principal component analysis of the 28 joint involvement for tenderness (A) and swelling (C) or using that of the 20 joint involvement other than large and wrist joints for tenderness (B) and swelling (D). Green: large and wrist joints. Red: MCP joints. Blue: PIP joints.
(TIF)

Figure S4 Three groups of joints regardless of different evaluators. Analysis using one of five resampled assessments by one of the two groups of medical doctors is shown as a representative. The 1st and 2nd components of eigen vectors of the joint symptoms are plotted, using principal component analysis of the 28 joint involvement for tenderness (A) and swelling (C) or using that of the 20 joint involvement other than large and wrist joints for tenderness (B) and swelling (D). Green: large and wrist joints. Red: MCP joints. Blue: PIP joints.
(TIF)

Figure S5 Dominant destruction of large and wrist joints in the sixth subgroup of patients with RA. Box plots indicating the joint destruction rates in the three joint groups in subjects belonging to the sixth subgroup.
(TIF)

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Figure S6 Destruction of large and wrist joints among the six subgroups of RA. Differences in destruction rates were plotted for each subject in the six subgroups. The difference was defined as: A) destruction rate of group of large and wrist joints – destruction rate of MCP joints and B) destruction rate of group of large and wrist joints – destruction rate of PIP joints.
(TIF)

Table S1 Rate of joint involvement for 28 joints in RA.
(DOC)

Table S2 Right-dominant joint destruction in RA. Patients who showed unilateral higher or lower scores in each element were analyzed.
(DOC)

Table S3 Mean affected rates of the three joint groups in the six subgroups of patients with RA.
(DOC)

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Author Contributions

Evaluation of joint X-rays: KM. Conceived and designed the experiments: CT MH KO RY FM HI TF TM. Analyzed the data: CT. Contributed reagents/materials/analysis tools: CT MH KO RN KM N. Yamakawa H. Yoshifuji N. Yukawa DK TU H. Yoshitomi MF HI TF TM KY. Wrote the paper: CT.

PLD4 as a Novel Susceptibility Gene for Systemic Sclerosis in a Japanese Population

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Objective. Systemic sclerosis (SSc) is an autoimmune disease for which multiple susceptibility genes have been reported. Genome-wide association studies have shown that large numbers of susceptibility genes are shared among autoimmune diseases. Recently, our group identified 9 novel susceptibility genes associated with rheumatoid arthritis (RA) in a Japanese population. The aim of this study was to elucidate whether the 18 genes that displayed associations or suggestive associations for RA in our previous study are associated with SSc in Japanese.

Methods. We performed an association study that included 415 patients with SSc and 16,891 control subjects, followed by a replication study that included

315 patients and 21,054 control subjects. The 18 markers reported to display association with RA were analyzed for their associations with SSc in the first study, and 5 markers were further analyzed in the replication study. The inverse variance method was used to evaluate the associations of these markers with SSc in a combined study.

Results. In the phospholipase D4 gene (*PLD4*), rs2841277 displayed a significant association with SSc in Japanese patients ($P = 0.00017$). We observed that rs2841280 in exon 2 of *PLD4* was in strong linkage disequilibrium with rs2841277 and introduced an amino acid alteration. We also observed associations between SSc and rs6932056 in *TNFAIP3* and rs2280381 in *IRF8* ($P = 0.0000095$ and $P = 0.0030$, respectively), both of which displayed associations with SSc in a European population.

Conclusion. We determined that *PLD4* is a novel susceptibility gene for SSc in Japanese, thus confirming the involvement of *PLD4* in autoimmunity. Associations between SSc and *TNFAIP3* or *IRF8* were also detected in our Japanese population. SSc and RA appear to share relatively large proportions of their genetic backgrounds.

Systemic sclerosis (SSc) is a connective tissue disease that affects 7–489 individuals per million worldwide and is characterized by the excess production of extracellular matrix molecules and fibrosis (1). Patients with SSc display skin sclerosis, obliterative microvasculopathy such as Raynaud's phenomenon, and multiorgan involvement. Severe complications of SSc sometimes develop, including interstitial lung disease, pulmonary hypertension, and renal crisis. These severe symptoms

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and complications of SSc result in a poor prognosis and a shortened lifespan (2,3). No effective method for preventing or curing SSc has been established (4).

It is well known that SSc has genetic components (5); for example, a US study revealed that the incidence of SSc was much higher among the families of patients with SSc compared with the general population (6). Recent technologic developments enabled the use of genome-wide association studies (GWAS) to identify novel susceptibility loci for autoimmune diseases (7). GWAS of European patients with SSc revealed that *CD247* (8), *HLA* (8), *TNIP1*, *PSORS1C1*, and *RHOB* (9) are susceptibility loci for SSc. In addition, another GWAS identified associations between *IRF8*, *GRB10*, and *SOX5* and limited cutaneous SSc (lcSSc) in a European population (10). Furthermore, studies adopting a candidate gene approach based on subjecting genes to functional inference analysis led to the identification of *STAT4* (11), *IRF5* (12), *TBX21* (13), *NLRP1* (14), *TNFSF4* (15), *CD226* (16), *BLK* (17), and *TNFAIP3* (18) as novel susceptibility genes for SSc in Europeans. SSc association studies in Japanese populations confirmed that *STAT4* (19), *IRF5* (20), and *BLK* (21) are associated with SSc and identified *UBE2L3* as a susceptibility gene for diffuse cutaneous SSc (dcSSc) (22). An association between *HLA* and SSc was also detected in Asians (23). These findings suggest a clear overlap in the genetic background of SSc between different populations.

It is well known that susceptibility genes are shared by various autoimmune diseases (24). In fact, *HLA* (25), *STAT4* (26), and *TNFAIP3* (27,28), which are susceptibility genes for SSc, have also been reported to be associated with rheumatoid arthritis (RA). In addition, *PTPN22*, which was shown to be strongly associated with RA in a European population (29), showed a suggestive association with SSc in Europeans (30). The sharing of these susceptibility genes between RA and SSc raises the possibility that newly identified susceptibility genes for RA could also be susceptibility genes for SSc. Recently, a large Japanese consortium, the Genetic and Allied research in Rheumatic diseases Networking consortium, identified 9 novel susceptibility genes and 6 candidate susceptibility genes for RA using a meta-analysis of GWAS and replication studies (31). Four other genes, namely, *HLA*, *PADI4*, *CCR6*, and *TNFAIP3*, were also confirmed to display associations with RA. Here, we performed a 2-stage association study of Japanese patients with SSc, in which we genotyped these genes as candidate susceptibility loci.

PATIENTS AND METHODS

Study subjects. DNA samples were obtained from 415 patients with SSc at Kyoto University Hospital and Tokyo Women's Medical University; these samples comprised the first set. Independent DNA samples were obtained from 315 patients with SSc at Keio University Hospital, Sagami National Hospital, and Kanazawa University Hospital; these samples were used as the replication set. All patients were Japanese, all had a diagnosis of SSc as determined by a rheumatologist, and all fulfilled the 1980 American College of Rheumatology classification criteria for SSc (32). The patients with SSc for whom clinical information was available were classified as having lcSSc or dcSSc, according to the definitions developed by LeRoy et al (33). The control samples were described in detail in our previous study (31). The current study was approved by the local ethics committees at each institution, and written informed consent was obtained from all subjects. The basic characteristics of the study subjects are shown in Table 1.

Genotyping. The 9 novel susceptibility markers, 6 potentially associated markers, and 4 confirmed markers of RA that were identified in our previous study in a Japanese population (31) were chosen as candidate susceptibility markers for SSc in Japanese. Eighteen of the 19 markers (*HLA* was excluded; see Results), none of which had previously been reported to be associated with SSc in Japanese individuals, were genotyped in the current study. The 5 candidate markers in the first set that showed associations with *P* values less than 0.1 were further genotyped in the replication study. Single-nucleotide polymorphisms (SNPs) rs2841280 and rs894037 were chosen as candidate causative variants in the phospholipase D4 gene (*PLD4*) region. Because rs894037 was shown to be monomorphic in Japanese, rs2841280 was genotyped in 334 control subjects, in addition to all patients, for imputation reference. The patients in the first and replication studies were genotyped at Kyoto University or Tokyo Women's Medical University and at Keio University or University of Tsukuba, respectively, using TaqMan assays (Applied Biosystems). The genotyping methods in control subjects were described in detail in our previous study (31).

Briefly, control genotypes in the first set were imputed based on the genome-scanning data, using mach2dat software with HapMap Phase II East Asian Populations as reference. The control genotypes for the replication study were extracted from genome-scanning data for the markers included on Illumina HumanHap610 Quad BeadChips. The genotypes for rs6932056 (which is not included in the array) were imputed based on the genome-scanning data, using mach2dat software with HapMap Phase II East Asian Populations as reference, and were used as control data for the replication set. The genotypes for rs2841280 (which is not included in the HapMap data or the array) were also imputed in control subjects, based on the genome-scanning data, using mach2dat software. Genotyping data for the 334 control subjects as determined by TaqMan assay in combination with genome-scanning data were used as reference.

Statistical analysis. The associations between the genotyped markers and SSc were analyzed using a Cochran-Armitage trend test in both the first and replication studies. Subanalyses were performed by comparing the genotypes of

Table 1. Characteristics of the study population*

	Patients	Controls
First set		
Institutions	Kyoto University, Tokyo Women's Medical University	Kyoto University, Tokyo Women's Medical University, BioBank Japan
Typing	TaqMan assay	Illumina HumanHap610 Quad BeadChip, Illumina HumanHap550 BeadChip, Affymetrix Genome-Wide Human SNP Array 6.0
Limited SSc/diffuse SSc, %	49.6/50.4	Not applicable
Anti-topo I/ACA, %	30.6/31.1	Not applicable
Interstitial lung disease, %	48.9	Not applicable
Age, mean \pm SD years	50.9 \pm 14.7	60.9 \pm 12.5
Female, %	91.3	44.9
Replication set		
Institutions	Keio University, Sagamihara National Hospital, Kanazawa University	Kyoto University, BioBank Japan
Typing	TaqMan assay	Illumina HumanHap550 BeadChip, Illumina HumanHap610 Quad BeadChip
Limited SSc/diffuse SSc, %	63.8/34.6	Not applicable
Anti-topo I/ACA, %	29.5/35.2	Not applicable
Interstitial lung disease, %	43.2	Not applicable
Age, mean \pm SD years	51.4 \pm 14.1	59.3 \pm 14.2
Female, %	87.3	48.4

* The first set included 415 patients with systemic sclerosis (SSc) and 16,891 control subjects. The replication set included 315 patients with SSc and 21,054 control subjects. Anti-topo I = anti-topoisomerase I; ACA = anticentromere antibody.

the control subjects with those of patients in the SSc subgroups based on the disease phenotypes. The subanalyses used the same control subjects as were used in the association studies. Intracase analyses based on phenotypes were also performed.

Odds ratios (ORs) and 95% confidence intervals were also calculated. The associations detected in the first and replication studies were then meta-analyzed using the inverse variance method. The resultant *P* values were corrected using the Benjamini-Hochberg false discovery rate (FDR) criterion, and corrected *P* values less than 0.05 were regarded as significant in both the combined study and the subanalyses. The efficiency of the current study was estimated by calculating the likelihood of detecting 3 significant markers (after correcting the *P* values using the FDR method) among 18 randomly selected markers. After the statistically significant markers were identified, the best-fit model for each association was analyzed using dominant, recessive, trend, and allelic chi-square tests or models. Statistical analyses were performed using R or SPSS (version 18) software.

RESULTS

Analyses of candidate genes for SSc in a Japanese population. The 415 patients with SSc and 16,891 control subjects in the first set were genotyped for the 18 markers that were shown to have associations or suspected associations with RA in our previous study. The HLA region was excluded from the genotyped markers, because this region has already been shown to be associated with SSc in Asians. The allele frequencies of

the patients were compared with those of the control subjects, using a Cochran-Armitage trend test.

As a result, 3 markers that demonstrated associations with *P* values less than 0.01 in the first set (Table 2) were identified, namely, rs6932056 in the *TNFAIP3* region (*P* = 0.0000038, OR 1.69), rs10821944 in the *ARID5B* region (*P* = 0.0025, OR 1.25), and rs2841277 in the *PLD4* region (*P* = 0.0054, OR 1.25). Two loci that showed suggestive associations with *P* values less than 0.1 (Table 2) were also identified, namely, rs12529514 in the *CD83* region (*P* = 0.083, OR 1.18) and rs2280381 in the *IRF8* region (*P* = 0.095, OR 1.19). The *TNFAIP3* and *IRF8* regions were previously reported to display associations with SSc and lcSSc, respectively, in European populations (10,18). These 5 markers were selected as candidate susceptibility markers for SSc in Japanese and were subjected to validation.

Next, a replication study consisting of 315 patients with SSc and 21,054 control subjects was performed to validate the associations of the 5 markers with SSc. The patients were genotyped for the 5 markers. The genotypes of the control subjects for the 5 markers, except rs6932056, were extracted from the Illumina Infinium HumanHap610 Quad array, as reported previously (31). The genotypes for rs6932056 were imputed based on genome-scanning data using mach2dat soft-

Table 2. Association studies of Japanese patients with SSc*

SNP	Chr	Gene	Allele 1/2	Allele 1 frequency									<i>P</i> , patients without overlapping RA vs. controls
				First set			Replication set			Combined study			
				Controls	Patients	<i>P</i>	Controls†	Patients	<i>P</i>	<i>P</i> , patients vs. controls	OR (95% CI)		
rs766449	1	<i>PADI4</i>	T/C	0.40	0.37	0.12	–	–	–	–	–	–	
rs11900673	2	<i>B3GNT2</i>	T/C	0.29	0.28	0.65	–	–	–	–	–	–	
rs2867461	4	<i>ANXA3</i>	A/G	0.44	0.43	0.57	–	–	–	–	–	–	
rs657075	5	<i>IL3-CSF2</i>	A/G	0.36	0.34	0.25	–	–	–	–	–	–	
rs12529514	6	<i>CD83</i>	C/T	0.14	0.16	0.083	0.15	0.16	0.31	0.046	1.15 (1.00–1.33)	0.040	
rs1571878	6	<i>CCR6</i>	C/T	0.49	0.47	0.28	–	–	–	–	–	–	
rs6932056	6	<i>TNFAIP3</i>	C/T	0.069	0.11	3.8×10^{-6}	0.067	0.079	0.23	9.5×10^{-6}	1.50 (1.25–1.80)	5.4×10^{-6}	
rs2233434	6	<i>NFKBIE</i>	G/A	0.21	0.21	0.93	–	–	–	–	–	–	
rs10821944	10	<i>ARID5B</i>	G/T	0.36	0.41	0.0025	0.36	0.37	0.64	0.0073	1.16 (1.04–1.29)	0.010	
rs3781913	11	<i>PDE2A-CENTD2</i>	T/G	0.69	0.69	0.91	–	–	–	–	–	–	
rs4937362	11	<i>ETSI-FLII</i>	T/C	0.68	0.68	0.88	–	–	–	–	–	–	
rs2841277	14	<i>PLD4</i>	T/C	0.69	0.74	0.0054	0.69	0.73	0.012	0.00017	1.25 (1.11–1.41)	0.00052	
rs3783637	14	<i>GCHI</i>	C/T	0.74	0.73	0.54	–	–	–	–	–	–	
rs1957895	14	<i>PRKCH</i>	G/T	0.39	0.41	0.26	–	–	–	–	–	–	
rs6496667	15	<i>ZNF774</i>	A/C	0.35	0.37	0.33	–	–	–	–	–	–	
rs7404928	16	<i>PRKCB1</i>	T/C	0.62	0.63	0.51	–	–	–	–	–	–	
rs2280381	16	<i>IRF8</i>	T/C	0.84	0.86	0.095	0.83	0.87	0.0099	0.0030	1.26 (1.08–1.47)	0.0021	
rs2847297	18	<i>PTPN2</i>	G/A	0.34	0.34	0.85	–	–	–	–	–	–	

* SSc = systemic sclerosis; SNP = single-nucleotide polymorphism; Chr = chromosome; OR = odds ratio; 95% CI = 95% confidence interval; RA = rheumatoid arthritis.

† The control rs6932056 genotypes used in the replication study were imputed using genome-scanning data obtained for 3,765 subjects.

ware, because rs6932056 was not included in the array. As a result, rs2841277 in the *PLD4* region and rs2280381 in the *IRF8* region showed relatively strong associations with SSc ($P = 0.012$, OR 1.25 and $P = 0.0099$, OR 1.37, respectively) (Table 2). Interestingly, we observed that all 5 of the markers that displayed associations in the first study also demonstrated the same association directions in the replication study.

The inverse variance method was used to combine the data for the first and replication studies. SNPs rs2841277 in the *PLD4* region, rs6932056 in the *TNFAIP3* region, and rs2280381 in the *IRF8* region showed significant associations with SSc even after correcting the associated P values using the FDR method for multiple testing (Table 2). Importantly, all 3 of these loci shared risk alleles with RA. Although rs6932056 in the *TNFAIP3* region did not show a strong association with SSc in the replication study, its association was significant in the combined study. The *PLD4* region was shown to be a novel susceptibility gene for SSc, and, for the first time, the *TNFAIP3* and *IRF8* regions were confirmed to be associated with SSc in Japanese.

The association between rs2841277 and SSc was then investigated in detail. When the 200-kbp region around rs2841277 was evaluated, 2 hypothetical genes

and cell division cycle associated 4 gene (*CDCA4*) were located at the region, in addition to *PLD4*. *PLD4* was the only gene whose region showed moderate to strong linkage disequilibrium (LD) with rs2841277, indicating *PLD4* as a susceptibility gene (Figure 1A). We vigorously searched candidate markers in exons of *PLD4* that showed strong LD with rs2841277 and selected 2 markers registered in the 1000 Genomes Project (34) that displayed >5% frequency in genotyped subjects, namely, rs2841280 (Figure 1B) and rs894037 in exon 2. Genotyping of these polymorphisms revealed strong LD between rs2841280 (E27Q) and rs2841277 ($D' = 0.98$, $r^2 = 0.75$) and monomorphism of rs894037 in Japanese. An association study of rs2841280 using control genotypes obtained by imputation supported association of *PLD4* with SSc ($P = 6.3 \times 10^{-5}$) (see Supplementary Tables 1 and 2, available on the *Arthritis & Rheumatism* web site at <http://onlinelibrary.wiley.com/doi/10.002/art.37777/abstract>).

Because the 3 loci were associated with RA in a Japanese population, we analyzed whether the associations with SSc in the current study were contributed by patients with both RA and SSc. When 22 patients who had RA as well as SSc were excluded, significant associations for the 3 loci were still observed (Table 2). A

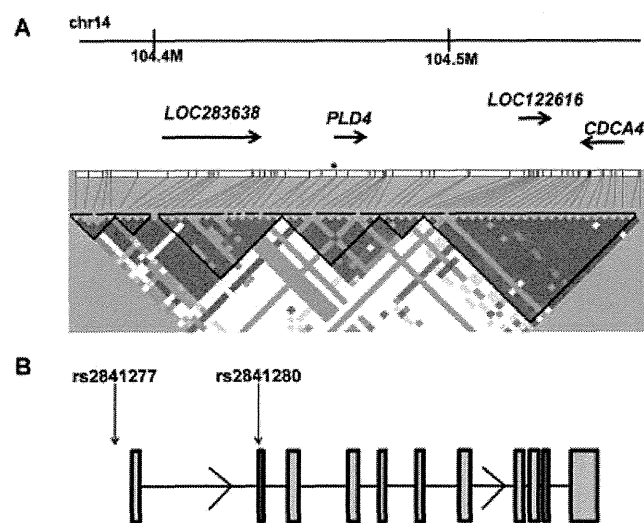


Figure 1. Linkage disequilibrium (LD) block around the *PLD4* region and the *PLD4* structure. **A**, LD block and genes around *PLD4*. The LD block is based on HapMap phase 3 data. Asterisk indicates rs2841277. **B**, Schematic view of *PLD4* structure. Rectangles represent exons of *PLD4*.

further stringent analysis excluding patients with other autoimmune diseases demonstrated significant associations of the 3 genes (see Supplementary Table 2). When we compared SSc patients with and those without other autoimmune diseases for the associated alleles, no differences were observed (data not shown).

Subanalysis of types of SSc. Previous studies have revealed that the genetic background of SSc varies between different types of SSc (11,18). Thus, subanalyses of the 5 regions examined in the combined study were performed, in which the allele frequencies of the control subjects were compared with those of the patients with lcSSc or dcSSc. The control subjects were the same as those used in the first study or the combined study. Although *PLD4* and *TNFAIP3* did not display a preference for either SSc phenotype, *IRF8* and *ARID5* showed suggestive preferences for lcSSc, and *CD83* showed a suggestive preference for dcSSc (Table 3).

We also investigated whether the susceptibility loci affect autoantibody status and severe complications. The association studies revealed an association of *TNFAIP3* with SSc patients who possess anticentromere antibodies (ACAs) (see Supplementary Table 3, available on the *Arthritis & Rheumatism* web site at <http://onlinelibrary.wiley.com/doi/10.1002/art.37777/abstract>), but intracase analyses did not demonstrate clear significance ($P = 0.043$). We did not observe other associations between the susceptibility loci and clinical phenotypes of SSc, in either case-control analyses or intracase analyses.

Efficacy of the current study. In the current study, a candidate gene analysis was performed based on a meta-analysis of RA GWAS, because many susceptibility genes for autoimmune disease have been reported

Table 3. Associations of the 2 SSc subtypes*

SNP	Chr	Gene	Allele 1/2	Controls, allele 1 frequency	Limited cutaneous SSc (n = 408)			Diffuse cutaneous SSc (n = 318)		
					Allele 1 frequency	P	OR (95% CI)	Allele 1 frequency	P	OR (95% CI)
rs766449	1	<i>PADI4</i>	T/C	0.40	0.39	0.52	0.94 (0.77–1.14)	0.36	0.11	0.85 (0.69–1.04)
rs11900673	2	<i>B3GNT2</i>	T/C	0.29	0.25	0.096	0.82 (0.66–1.03)	0.31	0.32	1.11 (0.9–1.38)
rs2867461	4	<i>ANXA3</i>	A/G	0.44	0.42	0.40	0.92 (0.75–1.12)	0.44	0.97	1.00 (0.82–1.22)
rs657075	5	<i>IL3-CSF2</i>	A/G	0.36	0.34	0.54	0.94 (0.76–1.15)	0.33	0.23	0.88 (0.72–1.08)
rs12529514	6	<i>CD83</i>	C/T	0.14	0.15	0.79	1.03 (0.85–1.25)	0.18	0.0075	1.32 (1.08–1.62)
rs1571878	6	<i>CCR6</i>	C/T	0.49	0.48	0.81	0.98 (0.80–1.19)	0.46	0.20	0.88 (0.72–1.07)
rs6932056	6	<i>TNFAIP3</i>	C/T	0.069	0.093	0.0062	1.40 (1.1–1.78)	0.10	0.00063	1.57 (1.21–2.04)
rs2233434	6	<i>NFKBIE</i>	G/A	0.21	0.20	0.60	0.94 (0.73–1.20)	0.22	0.70	1.05 (0.83–1.33)
rs10821944	10	<i>ARID5B</i>	G/T	0.36	0.40	0.0085	1.22 (1.05–1.41)	0.38	0.30	1.09 (0.93–1.29)
rs3781913	11	<i>PDE2A-CENTD2</i>	T/G	0.69	0.69	0.98	1.00 (0.81–1.24)	0.69	0.90	1.01 (0.82–1.25)
rs2841277	14	<i>PLD4</i>	T/C	0.69	0.73	0.0067	1.24 (1.06–1.45)	0.74	0.0049	1.29 (1.08–1.55)
rs2841280	14	<i>PLD4</i>	C/G	0.64	0.69	0.0011	1.30 (1.11–1.52)	0.69	0.0086	1.27 (1.06–1.51)
rs2847297	18	<i>PTPN2</i>	G/A	0.34	0.33	0.67	0.96 (0.78–1.18)	0.34	0.87	1.02 (0.83–1.25)
rs4937362	11	<i>ETS1-FLII</i>	T/C	0.68	0.68	0.75	0.97 (0.78–1.19)	0.69	0.92	1.01 (0.82–1.25)
rs3783637	14	<i>GCH1</i>	C/T	0.74	0.73	0.69	0.96 (0.77–1.19)	0.73	0.65	0.95 (0.76–1.18)
rs1957895	14	<i>PRKCH</i>	G/T	0.39	0.40	0.84	1.02 (0.84–1.25)	0.42	0.16	1.15 (0.95–1.41)
rs6496667	15	<i>ZNF774</i>	A/C	0.35	0.39	0.088	1.19 (0.97–1.45)	0.34	0.75	0.97 (0.79–1.19)
rs7404928	16	<i>PRKCB1</i>	T/C	0.62	0.61	0.60	0.95 (0.78–1.16)	0.66	0.15	1.17 (0.95–1.44)
rs2280381	16	<i>IRF8</i>	T/C	0.84	0.88	0.0038	1.36 (1.11–1.68)	0.86	0.21	1.16 (0.92–1.45)

* SSc = systemic sclerosis; SNP = single-nucleotide polymorphism; Chr = chromosome; OR = odds ratio; 95% CI = 95% confidence interval.

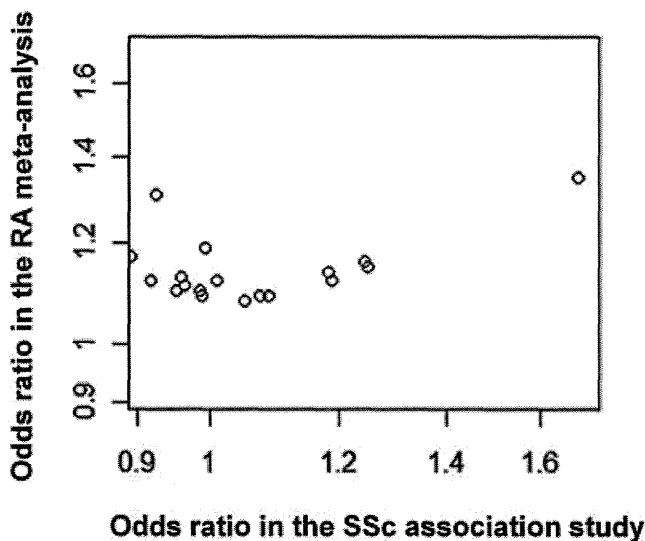


Figure 2. Comparison of associations for systemic sclerosis (SSc) and rheumatoid arthritis (RA). The odds ratios obtained for 18 genes in association studies of SSc and RA are plotted.

to be shared by a wide range of diseases. As a result, 3 susceptibility genes for SSc in Japanese were identified. Thus, we analyzed whether the candidate gene approach taken in the current study for detecting novel susceptibility genes for SSc was effective. When the likelihood of finding 3 susceptibility genes among 18 genes by chance was calculated, the likelihood was determined to be 2.5×10^{-8} . These results indicated that our approach to identifying novel susceptibility genes for systemic diseases is effective. It would be interesting to compare the risk direction of the genotyped markers between RA and SSc. Although the 3 susceptibility loci for SSc shared risk direction with RA, no correspondence of the risk directions of the markers between the 2 diseases was detected (Figure 2). This indicated that a large proportion of the 18 RA markers are not shared by SSc, and that the lack of association between the 13 markers and SSc was not attributable to the low power produced by the relatively small number of SSc patients included in this study.

DISCUSSION

Because SSc can lead to severe complications, poor quality of life, and shortened survival, clarifying the characteristics of SSc is important. Clarification of the disease would aid the search for novel therapeutic targets and the development of new therapeutic strategies. Detecting susceptibility genes using GWAS or a

candidate gene approach would also help to uncover the pathophysiology underlying SSc.

Previous studies have revealed that more than 15 markers and loci are associated with SSc. However, the markers detected so far cannot fully explain the genetics of SSc, indicating that many susceptibility genes are yet to be identified. Because a relatively large proportion of RA susceptibility genes are shared by other autoimmune diseases (24), a candidate gene approach using novel markers observed in GWAS of RA is a fascinating way of identifying new SSc markers. In fact, some of the novel susceptibility markers for RA identified in the meta-analysis were shown to be susceptibility markers for systemic lupus erythematosus (SLE) and Graves' disease (31).

In the current study, we successfully identified 3 susceptibility genes for SSc in Japanese. No studies have identified *PLD4* as an SSc-associated locus. The current study is also the first to detect *TNFAIP3* and *IRF8* as susceptibility genes for SSc in a Japanese population. The best-fit models for each association are shown in Supplementary Table 4, available on the *Arthritis & Rheumatism* web site at <http://onlinelibrary.wiley.com/doi/10.002/art.37777/abstract>.

It is conceivable that these 3 associations might have been obtained due to the overlap of RA and SSc. Even after excluding the patients with both RA and SSc based on physicians' reports, the significant associations for the 3 loci were still observed (Table 3). Information regarding rheumatoid factor (RF) and anti-citrullinated protein antibody (ACPA) was available for 371 SSc patients without RA and 65 SSc patients without RA, respectively, of whom 21.6% and 10.8% were positive for RF and ACPA, respectively. These prevalences are compatible with those previously observed in SSc patients without RA (35,36). Moreover, we showed that the effect sizes and risk direction of the markers tested in this study were dissociated between SSc and RA. In addition, further stringent analysis comprising SSc patients without any autoimmune disease also showed the associations of the 3 loci. These results indicate that the associations of the 3 loci are not attributable to overlapping of RA or other diseases.

Although the associations of the *ARID5B* and *CD83* loci with SSc did not reach a stringently significant level in the combined study, the tendencies toward an association with SSc displayed by rs10821944 in the *ARID5B* locus and rs12529514 in the *CD83* region in the first study were maintained in the replication study. This indicates that these loci are potential susceptibility regions for SSc. Further replication studies are needed to

address the associations of these 2 loci with SSc in a Japanese population.

Because *TNFAIP3* was reported to be strongly associated with SSc in a European population (18), the significant associations detected in the combined study indicate that *TNFAIP3* displays general associations with SSc that go beyond ethnic boundaries. In addition, rs6932056, which displayed a strong association with SSc in a European population (18), is in strong LD with rs5029939 ($r^2 = 0.85$) in the Japanese population. SNP rs6932056 also displays strong LD with rs2230926, a missense mutation of *TNFAIP3* ($r^2 = 0.85$), in Japanese. The rs2230926 missense mutation leads to an amino acid alteration in the OTU (ovarian tumor) domain of the A20 protein, which is considered to result in decreased NF- κ B signaling. Because we did not observe strong associations between rs6932056 and SSc in the replication study, it will be necessary to reexamine the association between *TNFAIP3* and SSc using independent sample sets of Japanese patients with SSc, in spite of the significant associations detected in this study.

PLD4 is a recently reported member of the phospholipase family without phospholipase D activity. *PLD4* is expressed in the spleen and early postnatal microglia in the white matter of mice (37). The phenotypes of *Pld4*-deficient mice have not been reported. In addition, little is known about the expression or distribution of *PLD4* in humans. Although the functions of *PLD4* are also poorly understood, it is known to be involved in the phagocytosis of microglia (38). The expression of *PLD4* around the marginal zone in the spleen might support the functional involvement of *PLD4* in immunologic systems. It is interesting that rs2841280, which alters an amino acid of PLD-4, is associated with SSc. Minor allele G of rs2841280 is associated in a protective manner. The impact of an amino acid alteration brought by rs2841280 on the effect of PLD-4 protein is not known.

When we analyzed the impact of the amino acid alteration using in silico analysis (SIFT software; <http://sift.jcvi.org/>), it was shown to result in a small effect. However, the association raises the possibility that this polymorphism leads functional modulation of PLD-4, and it is feasible to analyze the functional change of PLD-4 protein with rs2841280, using animal models of SSc. When we performed an in silico analysis of the effect of rs2841277 and rs2841280 on *PLD4* expression, we did not detect any clear associations between the 2 genotypes and *PLD4* transcription ($P > 0.05$) (39). Therefore, in spite of the association of these 2 muta-

tions, it has not been confirmed whether one of these 2 polymorphisms is the causative mutation.

Although the detection of a P value less than 5×10^{-8} in a GWAS is stringent evidence of an association between a marker and a particular disease, the detection of suggestive associations between the *PLD4* region and SSc in European GWAS would indicate that associations exist between *PLD4* and SSc in other populations. However, when we examined the associations between the *PLD4* locus or nearby loci and SSc in GWAS involving a European population, we did not detect any strong associations ($P < 10^{-4}$) (8,9). According to the HapMap database, the European population displays a higher risk allele frequency for rs2841277 than the Japanese population. In addition, the HapMap database also indicates that the LD block spanning *PLD4*, which includes rs2841277, is similar in Europeans and Japanese. Nevertheless, a European population did not show a strong association between *PLD4* and SSc, suggesting that *PLD4* has a stronger effect on autoimmune diseases in Japanese than in Europeans. There is also a possibility that these 2 polymorphisms are only markers, and that a rare variant in LD with the 2 markers affects disease onset. A rare causative variant might explain a different association of *PLD4* with SSc between populations.

IRF8 was shown to be associated with SLE in a European population (40). Interferon regulatory factor 8 (IRF-8) protein is a transcription factor involved in the interferon pathway. The interferon pathway has been shown to be involved with a broad range of autoimmune diseases, including SSc (41). Thus, it is interesting that *IRF5* and *IRF8*, both of which belong to the IRF family, displayed associations with SSc. Although a European GWAS of SSc patients revealed suggestive associations between the *IRF4* locus and SSc, the results were not successfully replicated (8), indicating that the different functional roles of each IRF family molecule might influence the development of SSc. *IRF8* promotes B cell differentiation; however, the roles and importance of B cells in skin fibrosis in SSc patients have not been established (42–44). *IRF8* and its mutant variants are also known to be involved in the development of dendritic cells (45). Thus, the association between *IRF8* and SSc might indicate the involvement of B cells and dendritic cells in the development of SSc.

When the patients with SSc were classified as having either lcSSc or dcSSc and subanalyses were performed, *ARID5B*, *IRF8*, and *CD83* displayed stronger associations with one of the 2 phenotypes. However, the associations of these 3 markers with the phenotypes

were not strong enough to provide convincing evidence of a clear distinction between the genetic backgrounds of the 2 SSc phenotypes. When the associations of the SSc subtypes with the other 13 markers in the first set were analyzed, no strong association was detected ($P > 0.05$). Other subanalyses of the susceptibility loci in the combined set did not show significant results between disease phenotypes, due to lack of power. Because classification according to disease phenotypes resulted in limited numbers of subjects in each subset, we conducted this subanalysis only in the combined set. The association between *TNFAIP3* and ACAs should be confirmed in a large-scale association study.

Although GWAS are an extremely powerful way to detect novel susceptibility genes for diseases, GWAS of patients with SSc have been performed only in European populations. Our study detected strong evidence for the sharing of susceptibility genes between RA and SSc in a Japanese population. In addition, the current study indicated that a candidate gene approach based on the results of GWAS of other diseases that display pathologic signaling pathways or mechanisms similar to those associated with the disease being examined is an effective approach to identifying novel susceptibility genes.

It will be interesting to perform GWAS of Japanese patients with SSc and analyze the similarities and differences in the detected associations not only between Japanese and Europeans but also between Japanese patients with SSc and Japanese patients with RA.

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AUTHOR CONTRIBUTIONS

All authors were involved in drafting the article or revising it critically for important intellectual content, and all authors approved the final version to be published. Dr. Terao had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

Study conception and design. Terao, Ohmura, Kawaguchi, Nishimoto, Kawasaki, Takehara, Furukawa, Kochi, Ota, Ikari, Sato, Tohma, Yamada, Yamamoto, Kubo, Yamanaka, Kuwana, Tsuchiya, Matsuda, Mimori.

Acquisition of data. Terao, Ohmura, Kawaguchi, Nishimoto, Kawasaki, Takehara, Furukawa, Kochi, Ota, Ikari, Sato, Tohma, Yamada, Yamamoto, Kubo, Yamanaka, Kuwana, Tsuchiya, Matsuda, Mimori.

Analysis and interpretation of data. Terao, Ohmura.

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Inverse Association between Air Pressure and Rheumatoid Arthritis Synovitis

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Abstract

Rheumatoid arthritis (RA) is a bone destructive autoimmune disease. Many patients with RA recognize fluctuations of their joint synovitis according to changes of air pressure, but the correlations between them have never been addressed in large-scale association studies. To address this point we recruited large-scale assessments of RA activity in a Japanese population, and performed an association analysis. Here, a total of 23,064 assessments of RA activity from 2,131 patients were obtained from the KURAMA (Kyoto University Rheumatoid Arthritis Management Alliance) database. Detailed correlations between air pressure and joint swelling or tenderness were analyzed separately for each of the 326 patients with more than 20 assessments to regulate intra-patient correlations. Association studies were also performed for seven consecutive days to identify the strongest correlations. Standardized multiple linear regression analysis was performed to evaluate independent influences from other meteorological factors. As a result, components of composite measures for RA disease activity revealed suggestive negative associations with air pressure. The 326 patients displayed significant negative mean correlations between air pressure and swellings or the sum of swellings and tenderness ($p=0.00068$ and 0.00011 , respectively). Among the seven consecutive days, the most significant mean negative correlations were observed for air pressure three days before evaluations of RA synovitis ($p=1.7\times 10^{-7}$, 0.00027 , and 8.3×10^{-8} , for swellings, tenderness and the sum of them, respectively). Standardized multiple linear regression analysis revealed these associations were independent from humidity and temperature. Our findings suggest that air pressure is inversely associated with synovitis in patients with RA.

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Introduction

Rheumatoid arthritis (RA) is an autoimmune disorder characterized by joint synovitis and resultant joint destruction. Patients with RA present with swellings and tenderness of their joints, especially small joints such as metacarpophalangeal joints and proximal interphalangeal joints. Joint swellings and tenderness are closely related with future joint destruction [1,2] and this is why joint swellings and tenderness are included in the items for composite measures used for evaluation of RA activity [3–6]. Disease activity index (DAS) 28 is the most common composite measure in RA used for evaluation of daily RA activity and is composed of erythrocyte sedimentation rate (ESR) or C-reactive protein (CRP) as inflammatory parameters, swollen joint count (SJC) and tender joint count (TJC) for the 28 joints with or without visual analogue scale (VAS).

A large number of studies have tried to elucidate basic mechanisms of joint synovitis in RA and revealed the importance of inflammatory cytokines such as TNF-alpha and IL-6 to which biological agents were developed to target [7]. On the contrary, environmental factors which influence joint synovitis are scarcely

known. Several studies with a relatively large number of subjects have reported seasonal variations of RA symptoms or joint destruction [8,9], but the relationship is still inconclusive [10–12]. Detailed meteorological differences among various seasons which cause changes in RA symptoms have not been clarified.

Through our daily medical care for patients with RA, we noticed that many patients with RA told us about the fluctuations in their joint symptoms according to changes in air pressure. In particular, many of them recognized worsening of their symptoms when the air pressure decreased such as during a typhoon in the summer. While many rheumatologists have heard of this, there have been no large-scale association studies to date addressing the relationship between air pressure and joint synovitis in RA. Previous studies addressing correlations between RA synovitis and meteorological changes included less than 100 patients with RA and the results were not consistent [10,13–18]. Previously, it was reported that a consistent microenvironment would ease joint symptoms in patients with RA [13]. While one study showed that temperature and humidity were associated with joint pain in 88 patients with RA [15], another study did not find statistically

significant associations between meteorological changes and arthritic symptoms in 70 patients [16]. Another study where researchers observed 18 patients with RA for more than one year did not find significant associations and the authors concluded that this subjective belief in association by RA patients is simply an assumption that people have believed in for thousands of years [19]. However, none of the studies analyzed a large-number of joint assessments and the association is still inconclusive.

Recently, Kyoto University developed a large-scale database named “KURAMA (Kyoto University Rheumatoid Arthritis Management Alliance)” to accumulate detailed clinical information and specimen of patients with RA to uncover the basics of RA [20]. Here, we obtained 23,064 joint assessments for patients with RA from the KURAMA database and analyzed correlations between air pressure and joint synovitis in RA.

Results

Firstly, whether air pressure was correlated with daily disease activity in RA was addressed. DAS28 was selected as evaluation of RA activity for the association study. Table 1 shows the basic characteristics of the DAS28 scores and its components. The mean DAS28 score in the current patient group was 3.28, indicating low to moderate disease activity [21]. 14,999 DAS28 scores with three variables including SJC, TJC and ESR did not show a significant association with air pressure ($p = 0.18$, Table S1). Because DAS is a composite measure for assessing disease activity in RA, other RA composite measures could be associated with air pressure. Correlation analyses between air pressure and SJC, TJC, ESR, patients' VAS (pVAS) and Dr's VAS (dVAS) showed that all elements except for ESR showed suggestive or significant inverse associations with air pressure (Table S1). We also found that the sum of SJC and TJC showed a significant association with air pressure (Table S1). These results suggest that air pressure is associated with RA synovitis across different evaluations and different patients with RA. However, these analyses might be influenced by intra-patient correlations. Considering that significant associations were observed for SJC and the sum of SJC and TJC with air pressure, and that the largest number of data was available for SJC and TJC among the components of composite measures, we adopted SJC, TJC, and the sum of the two counts as best candidates showing associations with meteorological factors to obtain the maximum power for further analyses.

Secondly, correlation between air pressure and RA synovitis in each patient was analyzed to control intra-patient correlations. As the distribution of number of evaluations varied in the patients with RA, we extracted patients with more than 20 evaluations to confirm the correlations between air pressure and joint synovitis across different patients. In total, 12,061 evaluations from 326 patients were used for this analysis. The means of SJC and TJC were comparable with those in the 2,131 patients (Table 1). The overall fluctuations between SJC, TJC, or the combination of the two and air pressure are illustrated in Figure S1. Because we could not find the regular strong tendency of association between air pressure and joint synovitis through the figure, correlation coefficients between air pressure and signs of joint synovitis were calculated for each of the 326 patients. The correlation coefficients in items of synovitis demonstrated normal distributions in each item ($p \geq 0.78$, Shapiro-Wilk test, data not shown), justifying the application of t-test. The mean correlation coefficients across the 326 patients revealed significant negative correlations of air pressure with SJC and the combination of SJC with TJC (mean $\rho = -0.0410$ and -0.0455 , $p = 0.00068$ and 0.00011 , respectively, Table 2). TJC showed a suggestive negative correlation

Table 1. Basic characteristics of the subjects in the current study.

Items	Overall	326 patients
Evaluation	23,064	12,061
Patient	2,131	326
Age (mean \pm SD)	60.7 \pm 15.0	62.4 \pm 13.6
Female ratio (%)	80.9	82.5
Stage* (mean \pm SD)	2.63 \pm 1.18	2.86 \pm 1.16
Class* (mean \pm SD)	1.92 \pm 0.70	1.94 \pm 0.70
Disease duration (year, mean \pm SD)	14.0 \pm 11.9	16.1 \pm 11.7
Smoking** (%)	33.6	30.8
Biologics*** (%)	19.0	46.6

*Steinbrocker's Stage and Class.

**Current smoker and ex-smoker.

***Patients who have been treated by biological agents between 2005 and 2012.

SD:standard deviation.

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(mean $\rho = -0.0306$ and $p = 0.010$, Table 2). Figure 1 illustrates the smallest, largest and median correlation coefficients between air pressure and SJC, TJC or combination of the two among the 326 patients with RA, suggesting that negative mean correlation coefficients of RA synovitis were not brought about by patients demonstrating extreme negative correlation coefficients.

Thirdly, we analyzed which day showed the most significant associations between air pressure and items of joint synovitis, because it was likely that air pressure affected RA joint synovitis by an indirect mechanism taking several days. The air pressure data of six consecutive days before the date of evaluation was obtained and the same analyses using the same data set of the 326 patients were performed to evaluate associations with items of joint synovitis. As a result, the mean correlation coefficients of SJC, TJC, and the sum of SJC and TJC showed a “U-pattern” in the consecutive days (Figure 2A). The strongest associations were found three days before the joint evaluations for the three items ($p = 1.7 \times 10^{-7}$, 0.00027 , and 8.3×10^{-8} , for SJC, TJC, and the sum of SJC and TJC, respectively, Figure 2A and 2B). These results strengthened correlations between air pressure and joint synovitis in RA.

Finally, whether these correlations were mainly brought about by other meteorological factors or not was addressed. Data of daily mean temperatures and humidity were obtained from the same period as air pressure. Multiple standardized linear regression analyses were performed to assess independent correlations between joint synovitis and air pressure. As a result, air pressure showed significant associations with joint synovitis in the 21,940 evaluations which were independent from temperature and humidity ($\beta \leq -0.0765$ and $p \leq 0.0031$, Table 3). The analyses suggested that humidity also negatively influenced RA joint synovitis (Table 3). When multiple standardized linear regression analyses were performed for air pressure three days before the evaluations in each of the 326 patients with more than 20 evaluations of the 28 joints, mean coefficients of air pressure showed significant negative associations with joint synovitis ($p = 0.00023$, 0.036 and 0.0015 , for SJC, TJC and the sum of SJC and TJC, respectively, Table 4). The inverse association between humidity and air pressure was also observed in this analysis ($p = 0.0019$, 0.016 and 0.0023 , for SJC, TJC and the sum of SJC and TJC, respectively, data not shown).

Table 2. Mean correlation coefficients between joint synovitis and air pressure in the 326 patients.

Synovitis	Mean±SD(median)	Mean ρ ±SD	P*
SJC	2.07±1.99 (1)	-0.0410±0.210	0.00068
TJC	2.08±2.19 (1)	-0.0306±0.212	0.010
SJC+TJC	4.15±3.70 (2)	-0.0455±0.207	0.00011

*p-values for Student's t-test. SD:standard deviation.
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Discussion

Because environmental effects on RA synovitis are not well established, analysis with convincing results would be beneficial to manage patients with RA properly. This is the first study to

address the correlations between air pressure and joint synovitis in RA with a large number of RA patients, and the first to detect significant associations between them. Our results indicate that low air pressure is associated with worsening of joint synovitis. This matches the complaints from RA patients, that they feel worsening of RA synovitis when typhoons come in the summer. Since SJC is an objective element and TJC is a subjective element of patients with RA, significant associations of air pressure with the two cannot be explained by subjective feelings of patients. Previous studies addressing correlations between meteorological effects and joint synovitis did not give consistent results [10,13–19]. The limited number of subjects (not more than 88 patients with RA) is assumed to have caused this inconsistency. In addition, although we found significant associations, the small mean correlation coefficients ($\rho: -0.04\sim$) made the previous studies difficult to detect these small effects. Because RA patients at Kyoto University Hospital frequently told us of the fluctuations in their symptoms in accordance with air pressure, among all the various meteorological

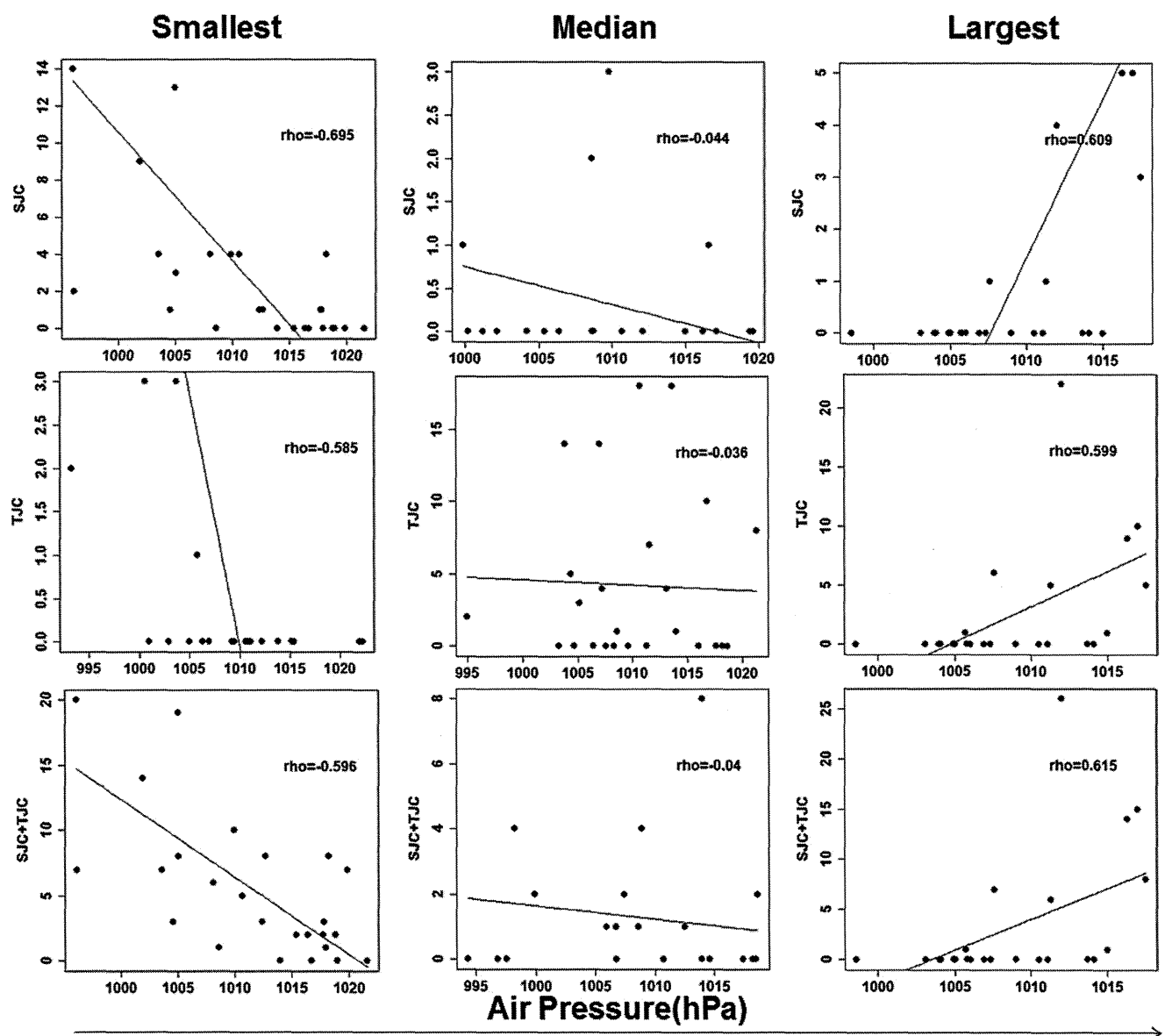


Figure 1. Correlations between joint synovitis and air pressure in RA patients. Correlation plots in patients demonstrating the smallest, median and largest correlation coefficients between joint synovitis and air pressure are illustrated in the left, middle and right panels, respectively.
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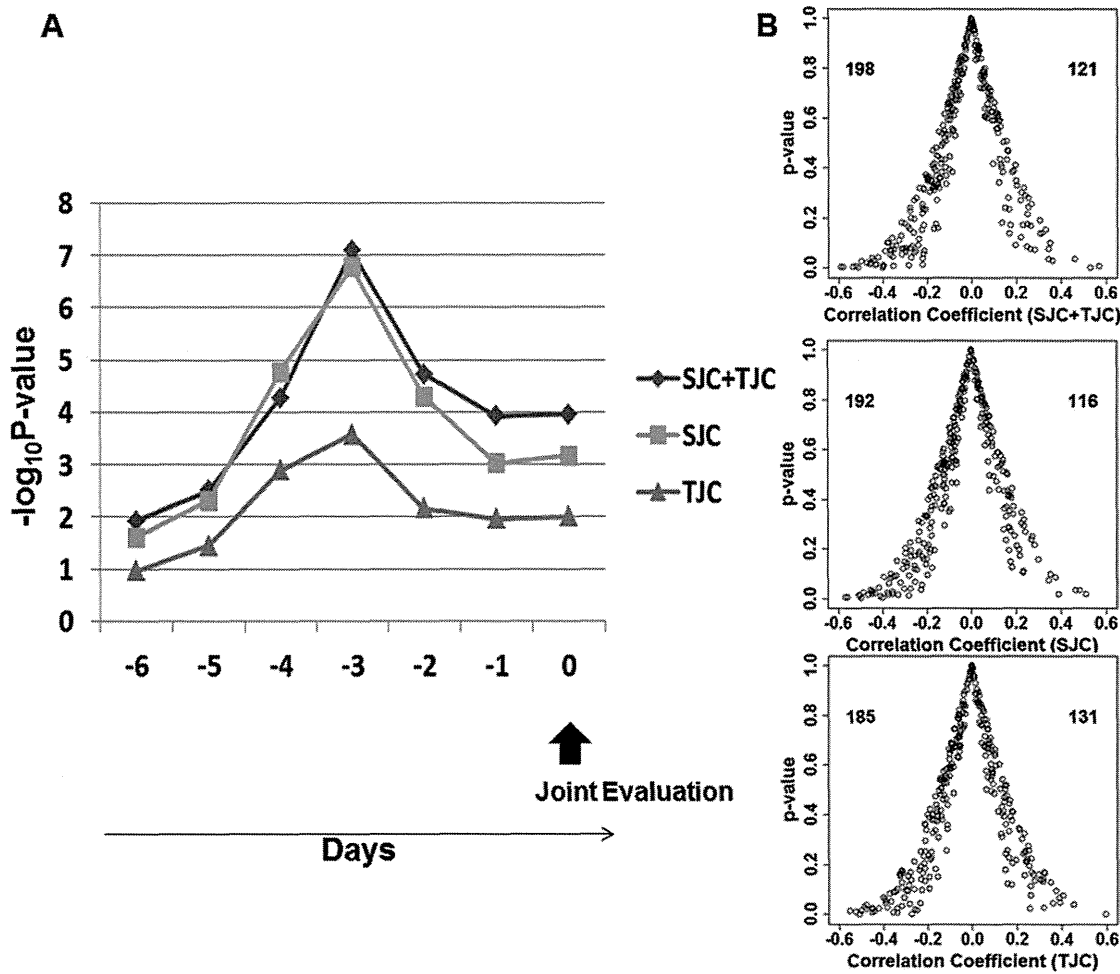


Figure 2. The strongest associations between joint synovitis and air pressure three days before joint evaluations. The 326 patients with more than 20 evaluations were analyzed. A) Associations between air pressure and joint synovitis for the seven consecutive days. Y axis indicates $-\log_{10}$ P-value of Student's t-test. X axis indicates days before joint evaluations. B) Volcano plots for distribution of RA patients demonstrating positive or negative associations between joint synovitis and air pressure three days before joint evaluations. X and Y axes indicate Spearman's correlation coefficient and P-value, respectively. Numbers in the panels indicate RA patients showing positive or negative correlation coefficients. Because a part of the patients showed consistent TJC or SJC across all evaluations, the sum of the two numbers in each panel does not make 326. doi:10.1371/journal.pone.0085376.g002

factors we focused on air pressure. Another reason we only focused on air pressure was to avoid type I statistical error by performing multiple association studies.

Our data set revealed low to moderate disease activity of RA on average, which reflects the appropriateness of the treatment the patients were receiving at Kyoto University Hospital. Considering large variation of the synovitis data and large number of joint

evaluations, the current data should be enough to detect correlations.

The first analysis addressing correlation between air pressure and DAS28 did not result in a significant association. However, it should be noted that all of the elements of composite measures showed the same negative direction of association with air pressure. These results may suggest common associations between

Table 3. Results of multiple standardized linear regression analysis between air pressure and joint synovitis.

Synovitis	-	Air pressure (hPa)		Temperature (°C)		Humidity (%)	
		Mean±SD(median)	1009.34±6.42 (1009.25)	16.10±8.77 (16.45)	63.83±9.75 (64)		
	-	Beta	P	Beta	P	Beta	P
SJC	1.96±3.06 (1)	-0.0765	0.0031	-0.0419	0.097	-0.0996	2.8×10 ⁻⁶
TJC	2.12±3.70 (1)	-0.105	0.00082	-0.0535	0.079	-0.0976	0.00015
SJC+TJC	4.08±5.87 (2)	-0.181	0.00027	-0.0954	0.049	-0.197	1.4×10 ⁻⁶

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