

# Suppression of Alzheimer's Disease-Related Phenotypes by Geranylgeranylacetone in Mice

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#### **Abstract**

Amyloid- $\beta$  peptide (A $\beta$ ) plays an important role in the pathogenesis of Alzheimer's disease (AD). A $\beta$  is generated by the secretase-mediated proteolysis of  $\beta$ -amyloid precursor protein (APP), and cleared by enzyme-mediated degradation and phagocytosis. Transforming growth factor (TGF)- $\beta$ 1 stimulates this phagocytosis. We recently reported that the APP23 mouse model for AD showed fewer AD-related phenotypes when these animals were crossed with transgenic mice expressing heat shock protein (HSP) 70. We here examined the effect of geranylgeranylacetone, an inducer of HSP70 expression, on the AD-related phenotypes. Repeated oral administration of geranylgeranylacetone to APP23 mice for 9 months not only improved cognitive function but also decreased levels of A $\beta$ , A $\beta$  plaque deposition and synaptic loss. The treatment also up-regulated the expression of an A $\beta$ -degrading enzyme and TGF- $\beta$ 1 but did not affect the maturation of APP and secretase activities. These outcomes were similar to those observed in APP23 mice genetically modified to overexpress HSP70. Although the repeated oral administration of geranylgeranylacetone did not increase the level of HSP70 in the brain, a single oral administration of geranylgeranylacetone significantly increased the level of HSP70 when A $\beta$  was concomitantly injected directly into the hippocampus. Since geranylgeranylacetone has already been approved for use as an anti-ulcer drug and its safety in humans has been confirmed, we propose that this drug be considered as a candidate drug for the prevention of AD.

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#### Introduction

Alzheimer's disease (AD) is the most common neurodegenerative disorder and the leading cause of adultonset dementia. AD is characterized pathologically by the accumulation of neurofibrillary tangles and senile plaques, the latter of which are composed of amyloid- $\beta$  peptide (A $\beta$ ), such as A $\beta$ 40 and A $\beta$ 42 [1]. To generate A $\beta$ ,  $\beta$ -amyloid precursor protein (APP) is first cleaved by  $\beta$ -secretase and then by  $\gamma$ -secretase [2].  $\gamma$ -secretase is composed of four core components, including presenilin (PS)1 and PS2 [3]. Since early-onset familial AD is linked to three genes,  $app,\ ps1$  and ps2 [3], A $\beta$  is believed to be a key factor in the pathogenesis of AD. Monomeric A $\beta$  easily self-assembles to form oligomers, protofibrils and fibrils, with the oligomers and protofibrils being more neurotoxic than other forms of A $\beta$  [4]. A $\beta$  can be cleared from the brain by different mechanisms such as degradation by

enzymes (neprilysin, insulin-degrading enzyme (IDE) and endothelin-converting enzyme (ECE)-2) and phagocytosis by microglia and astrocytes [5]. Therefore, cellular factors that affect the production, self-assembly and clearance of A $\beta$  are likely to offer appropriate targets for the development of drugs to prevent or treat AD.

Inflammation is also important in the pathogenesis of AD [6]. We have previously reported that prostaglandin  $\mathsf{E}_2$  (PGE2), a potent inducer of inflammation, enhances the production of A $\beta$  [7-9], suggesting that inflammation is an aggravating factor for AD. However, as inflammation also activates the A $\beta$  phagocytotic activity of microglia and astrocytes [10], it is evident that the relationship between inflammation and AD progression is complex. Further to the above, transforming growth factor (TGF)- $\beta$ 1, a key cytokine regulating the brain's response to injury and inflammation, was reported to suppress

the progression of AD by stimulating microglial A $\beta$  clearance [10,11].

Cellular up-regulation of expression of heat shock proteins (HSPs), particularly that of HSP70, provides resistance to stressors through the process of refolding or degrading denatured proteins produced by the stressors [12]. Furthermore, several studies have reported that intracellular HSP70 displays anti-inflammatory activity [13,14]. Therefore, HSP70 has received considerable attention for its therapeutic potential. For example, we have shown, using transgenic mice overexpressing HSP70, that HSP70 protects against the development of gastric and small intestine-related lesions, inflammatory bowel disease-related colitis, pulmonary fibrosis and ultraviolet-induced skin damage and hyperpigmentation [15-20].

A number of previous studies have suggested that the expression of HSPs, in particular HSP70, could suppress the progression of AD (see below). Some part of HSPs is secreted into the extracellular space and HSP70 and HSP90 recognize Aβ oligomers and decrease the level of Aβ self-assembly, resulting in the suppression of the production of toxic AB [21-23]. Artificial expression of HSP70 protects cultured neurons from Aβ-induced apoptosis [24]. HSP70 stimulates the degradation of APP and Aß in vitro [25], and it has been shown that purified HSP70 and HSP90 activate the phagocytotic activity for Aß [26]. Furthermore, we showed that crossing APP23 mice (used as an animal model for AD) with transgenic mice overexpressing HSP70 suppresses both the functional and pathological phenotypes. This outcome is probably due to HSP70's activities of anti-aggregation, neuroprotection and stimulation of Aß clearance [27], and suggests that inducers of HSP70 expression could be good candidates as drugs to treat or inhibit the progression of AD.

Geranylgeranylacetone (GGA), a leading anti-ulcer drug on the Japanese market, has been reported to be a non-toxic HSP-inducer [28]. The HSP-inducing activity of GGA is a major component of its gastro-protective activity [15,17]. Through its cytoprotective. anti-inflammatory and anti-aggregation activities, the induction of HSP70 expression by GGA shows ameliorative effects in animal models of various diseases, such as small intestine-related lesions, inflammatory bowel diseases and pulmonary fibrosis [16,29]. In this study, we examined the effect of GGA on AD phenotypes exhibited by APP23 mice. Orally administered GGA improved not only cognitive deficits displayed by these animals, but also the pathological manifestations associated with these phenotypes.

#### Materials and Methods

#### Materials

The fluorescent substrate for  $\beta\mbox{-secretase}$  (H2N-Arg-Glu-(EDANS)-Glu-Val-Asn-Leu-Asp-Ala-Glu-Phe-Lys-(DABCYL)-Arg-OH) was purchased from Calbiochem (Dermstadt, Germany), while fluorescent substrate for  $\gamma\mbox{-secretase}$  (Nma-Gly-Gly-Val-Val-Ile-Ala-Thr-Val-Lys(Dnp)-D-Arg-D-Arg-D-Arg-NH2) and synthetic A $\beta\mbox{-}42$  were from Peptide Institute (Osaka, Japan). Alexa Fluor 488 goat anti-mouse immunoglobulin G was purchased from Invitrogen (Carlsbad, California).

Sandwich ELISA kit to detect AB oligomers or those to detect Aβ40 and Aβ42 were from Immuno-Biological Laboratories (Fujioka, Japan) or Wako (Osaka, Japan), respectively. The antibody to actin was from Santa Cruz (Santa Cruz, California). Thioflavin-S and antibodies to the C-terminal fragment (CTF) of APP and synaptophysin were from Sigma (St. Louis, Missouri). The antibody to HSP70 was from R&D systems (Minneapolis, MN) and that to PS1 was from Chemicon (Temecula, California). The RNeasy kit was obtained from Qiagen (Valencia, California). The PrimeScript® 1st strand cDNA Synthesis Kit was from TAKARA Bio (Ohtsu, Japan) and SsoFast™ EvaGreen Supermix was from Bio-Rad Laboratories (Hercules, California). Mounting immunohistochemical analysis (VECTASHIELD) was from Vector Laboratories (Burlingame, California). Mounting medium for histological examination (malinol) was purchased from Muto Pure Chemicals (Tokyo, Japan). The Envision kit was from Dako (Carpinteria, California). GGA was purchased from Eisai (Tokyo, Japan).

#### Animals and Drug administration

APP23 mice (C57BL/6 mice expressing mutant APP (Swedish type)) were a gift from Dr. M Staufenbiel (Novartis Institutes for BioMedical Research, Basel, Switzerland) [30]. All experiments in this study were performed using littermate female mice (heterogeneous APP23 and wild-type mice).

For repeated oral administration of GGA to mice, we used GGA-supplemented chow. GGA granules were mixed with powdered rodent chow at a concentration of 1%. On the assumption that the average mouse weighs 24 g and consumes 3 g of chow per day, this dose was predicted to supply 1.25 g GGA per kg body weight per day. The actual average dose of GGA was calculated to be 1.76 g per kg body weight per day based on the amount of chow taken. The LD $_{\rm 50}$  value of GGA (a dose causing 50% survival rate) in mice was reported to be more than 15 g per kg body weight [31].

For the single oral administration of GGA to mice, GGA was dissolved in 5% gum Arabic and 0.06% Tween and administered orally (500 mg/kg, 10 ml/kg).

The experiments and procedures described here were carried out in accordance with the Guide for the Care and Use of Laboratory Animals as adopted and promulgated by the National Institutes of Health, and were approved by the Animal Care Committee of Keio University (Permit Number: 12001-0). All surgery was performed under sodium pentobarbital anesthesia, and all efforts were made to minimize suffering.

#### Preparation and Injection of Aβ42 oligomers

Oligomerized A $\beta$ 42 was prepared as described previously [32], with minor modifications. A $\beta$ 42 peptides were dissolved in 1, 1, 1, 3, 3, 3-hexafluoro-2-propanol, dried and stored. The dried peptides were dissolved in anhydrous DMSO at 100 mM and diluted in saline to give a final concentration of 100  $\mu$ M. After 16 h incubation at 22°C, the preparation was centrifuged at 21, 000 x g for 15 min and the supernatant was used for experiments.

For the injection of  $A\beta42$  oligomers, mice were anaesthetized with pentobarbital sodium. Bilateral stereotaxic injection of

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October 2013 | Volume 8 | Issue 10 | e76306

A $\beta$ 42 oligomers (1  $\mu$ I, 100 pmol) or saline (sham) into the hippocampus (AP -2.5mm, L +/-2.0 mm, DV -1.5 mm) was performed using a Hamilton syringe. The injection speed was 0.5  $\mu$ I/min and the needle was maintained in place for an additional 2 min before being slowly withdrawn. The dose and procedures for the injection were determined based on previous papers [33,34].

#### Immunoblotting Analysis

Whole cell extracts were prepared as described previously [27]. The protein concentration of each sample was determined by the Bradford method. Samples were applied to SDS polyacrylamide gels (Tris/tricine gels for the detection of CTF $\alpha$  and CTF $\beta$ , and Tris/glycine gels for the detection of other proteins) and subjected to electrophoresis, after which proteins were immunoblotted with each antibody.

#### Real-time RT-PCR Analysis

Real-time RT-PCR was performed as described previously [27], with some modifications. Total RNA was extracted from the brain using an RNeasy kit according to the manufacturer's protocol. Samples (1 µg RNA) were reverse-transcribed using a first-strand cDNA synthesis kit. Synthesized cDNA was used in real-time RT-PCR (Chromo 4 instrument, Bio-Rad Laboratories) experiments using SsoFast™ EvaGreen Supermix, and then analyzed with Opticon Monitor Software. Specificity was confirmed by electrophoretic analysis of the reaction products and by inclusion of template- or reverse transcriptase-free controls. To normalize the amount of total RNA present in each reaction, glyceraldehyde-3-phosphate dehydrogenase (GAPDH) cDNA was used as an internal standard.

Primers were designed using the Primer3 website. The primers used were (name: forward primer, reverse primer): gapdh: 5'-aactttggcattgtggaagg-3', 5'-acacattgggggtaggaaca-3'; neprilysin: 5'-gcagcctcagccgaaactac-3', 5'-caccgtctccatgttgcagt-3'; ide: 5'-accaggaaatgttggctgtc-3', 5'-tctgagaggggaactctcca-3'; ide: 5'-accaggaaatgttggctgtc-3', 5'-tggcatccagagtacccttc-3'; il-1 $\beta$ : 5'-gatcccaagcaatacccaaa-3', 5'-ggggaactctgcagactcaa-3'; il-6: 5'-ctggagtcacagaaggagtgg-3', 5'-ggtttgccgaatgtctaag-3'; tnf- $\alpha$ : 5'-ctgcagccgatttgctatct-3', 5'-cggactccgcaaagtctaag-3'; tnf- $\alpha$ : 5'-tgacgtcactggagtacgg-3', 5'-ggttcatgtcatggatggtgc-3'.

#### **Morris Water Maze Test**

The Morris water maze test was conducted in a circular 90 cm diameter pool filled with water at  $22.0 \pm 1^{\circ}$ C, as described previously [9]. In the hidden platform test, a circular platform (10 cm in diameter) was submerged 0.5 cm below water level. Swimming paths were tracked for 60 s with a camera, and stored in a computer (Video Tracking System CompACT VAS/DV, Muromachi Kikai, Tokyo, Japan). The mice were given 4 trials (1 block) per day for 7 consecutive days, during which the platform was left in the same position. The time taken to reach the platform (escape latency) was measured and the average time for the 4 trials was determined.

Twenty-four hours after the last trial of the hidden platform test, the mice were subjected to a transfer test in which the

platform was removed, and their swimming path was recorded for 60 s. Percent search time for each quadrant and crossing time in the area where the platform had been located were determined.

#### Sandwich ELISA (sELISA) for Aß

Aβ40 and Aβ42 levels in the brain were determined as described previously [35]. Briefly, the brain hemispheres were homogenized in 50 mM Tris/HCl buffer (pH 7.6) containing 150 mM NaCl, and then centrifuged. Guanidine/HCl (0.5 M, final concentration) was added to the supernatants (soluble fractions). The precipitates were solubilized by sonication in 6 M guanidine/HCl, after which the solubilized pellet was centrifuged to obtain supernatants (insoluble fractions). The amounts of Aβ40 and Aβ42 in each fraction were determined by sELISA according to the manufacturer's instructions (Wako). An ELISA assay for Aβ oligomers was carried out on the soluble fractions (but without guanidine/HCl) according to the manufacturer's instructions (Immuno-Biological Laboratories).

### Thioflavin-S Staining and Immunohistochemical Analyses

Brain hemispheres were fixed in 4% buffered paraformaldehyde and embedded in paraffin before being cut into 4  $\mu$ m-thick sections, which were then deparaffinized and washed in phosphate-buffered saline. Sections were prepared from the coronal plane and images were carefully matched for location in the rostral-caudal (2.0 mm posterior to bregma) directions. Observers were blinded to conditions in all experiments. For statistical analysis, we used three sections (every 10 sections) per mouse and calculated an average value for the three sections. The n value reported in each figure indicates the number of mice used for experiments.

For thioflavin-S staining, sections were stained with a 1% thioflavin-S solution. Samples were mounted with malinol and inspected using a BX51 microscope (Olympus, Tokyo, Japan). Fluorescence microscope images of regions (1.0 mm²) in the hippocampus or cerebral cortex were used to calculate the area stained with thioflavin-S; this was done using LuminaVision software (Mitani, Fukui, Japan). Using the threshold optical density, we divided the total area under consideration into thioflavin-S-positive and negative areas and determined the thioflavin-S-positive area as a percentage of the total area.

For immunohistochemical analysis to detect synaptophysin, sections were blocked with 2.5% goat serum for 10 min, incubated for 12 h with antibody to synaptophysin (1:200 dilution) in the presence of 2.5% bovine serum albumin, and then incubated with Alexa Fluor 488 goat anti-mouse immunoglobulin G. Samples were mounted with VECTASHIELD and inspected with the aid of a BX51 fluorescence microscope. Fluorescence intensity in a 100  $\mu m$  x 150  $\mu m$  area of the hippocampal CA3 region was determined using LuminaVision software and expressed relative to the fluorescence intensity measured in the same region in wild-type mice.

#### β- and γ-secretase-mediated Peptide Cleavage Assay

β- and γ-secretase activity was monitored as reported previously [9]. Solubilized membranes were incubated for 1 h at 37°C in 200 μl of 50 mM acetate buffer (pH 4.1) containing 100 mM sodium chloride, 0.025% bovine serum albumin and 10 μM β-secretase fluorescent substrate, or for 4 h at 37°C in 200 μl of 50 mM Tris/HCl buffer (pH 6.8) containing 2 mM EDTA, 0.25% CHAPSO and 10 μM γ-secretase fluorescent substrate. Fluorescence was measured using a plate reader (Fluostar Galaxy, BMG Labtechnologies, Offenburg, Germany) with an excitation wavelength of 355 nm and an emission wavelength of 510 nm (for β-secretase) or 440 nm (for γ-secretase).

#### Statistical Analysis

All values are expressed as the mean  $\pm$  SEM. One- or two-way analysis of variance (ANOVA) followed by the Tukey test was used to evaluate differences between more than three groups. The Student's *t*-test for unpaired results was used for the evaluation of differences between two groups. Differences were considered to be significant for values of P < 0.05. The P value or F value of the ANOVA analysis are shown in the text.

#### Results

### Effect of orally administered GGA on cognitive function in APP23 mice

To examine the effect of GGA on APP23 mice at 12 months of age when AD-related phenotypes become apparent, we selected the administration period (9 months) and dosage (chow containing GGA at a concentration of 1%) based on a previous report [36]. The Morris water maze test was used to examine spatial learning and memory. APP23 and wild-type (C57BL/6) mice were fed either GGA-supplemented chow or control chow from the age of 3 months to 12 months and spatial learning and memory was tested at the end of this period (n=13 for WT-Control, n=11 for WT-GGA, n=15 for APP23-Control, and n=15 for APP23-GGA). No significant differences among the four groups of mice (APP23 or wild-type mice fed GGA-supplemented or control chow) were observed in terms of the amounts of chow consumed, in swimming speed or in ability to locate a visible platform (data not shown). Mice were trained 4 times per day for 7 days to learn the location of a hidden platform, and the time required to reach the platform (escape latency) was measured. As shown Figure 1A, APP23 mice fed control chow took a significantly longer time than wild-type mice on the same diet to reach the platform, confirming that APP23 mice have a deficiency in spatial learning and memory. APP23 mice fed GGAsupplemented chow took a significantly shorter time to find the hidden platform than their counterparts fed the control chow (Figure 1A). In contrast, GGA administration did not affect the escape latency in wild-type mice (Figure 1A) (two-way repeated measures ANOVA, genotype effect  $F_{(1,50)}$ =5.42, P=0.021; GGA effect  $F_{(1,50)}$ =4.92, P=0.031; interaction  $F_{(1,50)}$ = 4.09. P=0.048).

We next performed a transfer test to estimate the spatial memory of platform location. Following a 7-day training period

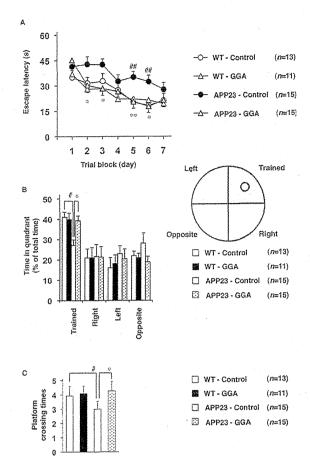


Figure 1. Effects of oral administration of GGA on spatial learning and memory in APP23 mice. Cognitive behavioral tests using the Morris water maze were carried out on 12month-old wild-type (WT) and APP23 mice fed either GGAsupplemented chow (10 g GGA/kg chow) or control chow from 3 to 12 months of age as described in the experimental procedures. The average escape latency in each trial block (4 tests) was measured for 7 days (A), after which the mice were subjected to a transfer test in which the platform was removed. The spatial memory test for platform location was estimated by the percent search time spent in each quadrant (the platform had been located in the "trained" quadrant) (B) or platform crossing times (C). Values are given as mean ± SEM (n=13 for WT-Control, n=11 for WT-GGA, n=15 for APP23-Control, and n=15 for APP23-GGA). \*\*P <0.01 and \*P <0.05, APP23-GGA versus APP23-Control; ##P <0.01 and # P <0.05, APP23-Control versus WT-Control.

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(see above), each mouse was subjected to a Morris water maze test in which the platform was removed and the percent search time for each quadrant was measured. As shown in Figure 1B, the ratio of time spent in the trained quadrant was lower for the APP23 mice fed control chow compared not only

October 2013 | Volume 8 | Issue 10 | e76306

with wild-type mice fed control chow but also with APP23 mice fed GGA-supplemented chow (Figure 1B) (Two-way ANOVA, genotype effect  $F_{(1, 50)}$ =6.11, P=0.017; GGA effect  $F_{(1, 50)}$ =3.87, P=0.055; interaction  $F_{(1, 50)}$ =5.36, P=0.025). The crossing time of the area where the platform had been located, another indicator of spatial memory, was lower for the APP23 mice fed control chow compared with wild-type mice fed control chow and APP23 mice fed GGA-supplemented chow (Figure 1C) (two-way ANOVA, genotype effect  $F_{(1, 50)}$ =3.64, P=0.062; GGA effect  $F_{(1, 50)}$ =7.97, P=0.007; interaction  $F_{(1, 50)}$ =5.76, P=0.020). GGA administration did not affect these indexes in wild-type mice (Figure 1B and C). These results suggest that the deficit in spatial learning and memory in APP23 mice was ameliorated by the oral administration of GGA.

### Effect of orally administered GGA on A $\beta$ levels, A $\beta$ accumulation and synaptic loss in APP23 mice

We have previously reported that genetic overexpression of HSP70 decreases levels of A $\beta$ , A $\beta$  plaque deposition and synaptic loss in mice [27]. In the present study, we examined whether similar alteration could be observed in APP23 mice administered GGA. Levels of A $\beta$ 40 and A $\beta$ 42 in both soluble and insoluble brain fractions were lower in APP23 mice fed GGA-supplemented chow than for those fed control chow (Figure 2A) (Student's *t*-test, soluble A $\beta$ 40, P=0.046; soluble A $\beta$ 42, P=0.038). Similar results were observed with regard to the level of A $\beta$  oligomers (Figure 2B) (n=8 for APP23-Control and n=7 for APP23-GGA) (Student's *t*-test, P=0.011).

We next examined the effects of orally administered GGA on A $\beta$  plaque deposition and neurotoxicity, which were reported to occur in APP23 mice [37]. Thioflavin-S staining revealed that the level of A $\beta$  plaque deposition in the cerebral cortex was lower in APP23 mice fed GGA-supplemented chow than in those fed control chow (Figure 2C and D) (n=5 for WT-Control, n=5 for WT-GGA, n=8 for APP23-Control, and n=7 for APP23-GGA) (Figure 2D, upper panel, two-way ANOVA, genotype effect  $F_{(1, 21)}$ =40.34, P<0.001; GGA effect  $F_{(1, 21)}$ =10.49, P=0.004; interaction  $F_{(1, 21)}$ =5.42, P=0.030). We could not detect to any significant extent the deposition of A $\beta$  plaque in the hippocampus of APP23 mice at 12 months of age (Figure 2C and D) (Figure 2D, lower panel, two-way ANOVA, genotype effect  $F_{(1, 21)}$ =0.25, P=0.620; GGA effect  $F_{(1, 21)}$ =0.42, P=0.524; interaction  $F_{(1, 21)}$ =0.14, P=0.710).

We also estimated the number of synapses based on synaptophysin staining and found that the level of staining was higher in sections from APP23 mice fed the GGA-supplemented chow compared with those fed control chow (Figure 2E and F) (n=5 for WT-Control, n=5 for WT-GGA, n=8 for APP23-Control, and n=7 for APP23-GGA) (two-way ANOVA, genotype effect  $F_{(1, 21)}$ =7.84, P=0.011; GGA effect  $F_{(1, 21)}$ =6.03, P=0.023; interaction  $F_{(1, 21)}$ =6.81, P=0.016). These results suggest that synaptic loss was ameliorated by the administration of GGA. All results in Figure 2 suggest that the oral administration of GGA decreases the level of A $\beta$  (monomer and oligomers) and A $\beta$  plaque deposition in the brain and protects neurons against A $\beta$ -induced neurotoxicity.

## Effect of orally administered GGA on the production of A $\beta$ and on the expression of genes involving A $\beta$ clearance

In general, the production of Aß is regulated either by the modification of APP or by the modulation of secretase activity. To this extent, we recently reported that the genetic overexpression of HSP70 in mice affects neither the modification of APP nor secretase activity [27]. Here we examined the effects of orally administered GGA on the modification of APP and secretase activity in APP23 mice. The mature (N- and O-glycosylated) and immature (N-glycosylated alone) forms of APP (mAPP and imAPP, respectively) can be differentiated by using SDS-PAGE. As shown in Figure 3A, the total amount of APP and the ratio of mAPP to imAPP in whole cell extracts prepared from the brains of 12-month-old wild-type and APP23 mice were not affected by the oral administration of GGA (Student's t-test, P =0.48). We also found that the same treatment did not affect the level of PS1 (Figure 3A) (n=3 for APP23-Control and n=3 for APP23-GGA) (Student's t-test, P =0.34)

The secreted forms of APP generated by  $\alpha$  and  $\beta$ -secretase are CTF $\alpha$  and CTF $\beta$ , respectively, which can be used as an indirect index of the secretase activity. As shown in Figure 3B, the relative amounts of CTF $\alpha$  and CTF $\beta$  were not affected by the administration of GGA to animals (Student's *t*-test, CTF $\alpha$ , P =0.12; CTF $\beta$ , P =0.42). Under our experimental conditions, the CTF $\gamma$  band could not be detected (data not shown). We also measured  $\beta$ - and  $\gamma$ -secretase activity directly, using the APP-derived fluorescent substrate. As shown in Figure 3C, the activities of these enzymes were indistinguishable between APP23 mice fed GGA-supplemented chow and those fed control chow (n=8 for APP23-Control and n=7 for APP23-GGA) (Student's *t*-test,  $\beta$ -secretase, P =0.48;  $\gamma$ -secretase, P =0.14). The results in Figure 3 thus suggest that the oral administration of GGA does not affect A $\beta$  production.

As described in the Introduction, Aβ degradation by enzymes and Aß phagocytosis by microglia and astrocytes are involved in the clearance of Aß [5]. We recently reported that the genetic overexpression of HSP70 affects the expression of genes involved in these processes (ide and taf-B1), leading us to examine here the effects of orally administered GGA on the mRNA expression of these genes. Real-time RT-PCR analysis revealed that orally administered GGA up-regulated the expression of ide and tgf-β1 but did not affect the expression levels of the other genes tested (neprilysin, ece-2, il-1β, il-6 and tnf- $\alpha$ ) (Figure 4) (n=6 for APP23-Control and n=6 for APP23-GGA) (Student's t-test, ide, P=0.013;  $tgf-\beta 1$ , P=0.011; neprilysin, P=0.29; ece-2, P=0.46; il-1β, P=0.17; il-6, P=0.49; tnf-α, P=0.44). These results suggest that, as for the genetic overexpression of HSP70, orally administered GGA also decreases Aß levels, at least partly, through the up-regulation of ide and tgf-β1 expression.

### Effects of orally administered GGA on HSP70 expression in the brain

Finally, we examined the effect of orally administered GGA on the expression of HSP70 in the brain under conditions in which alterations of functional and pathological phenotypes in

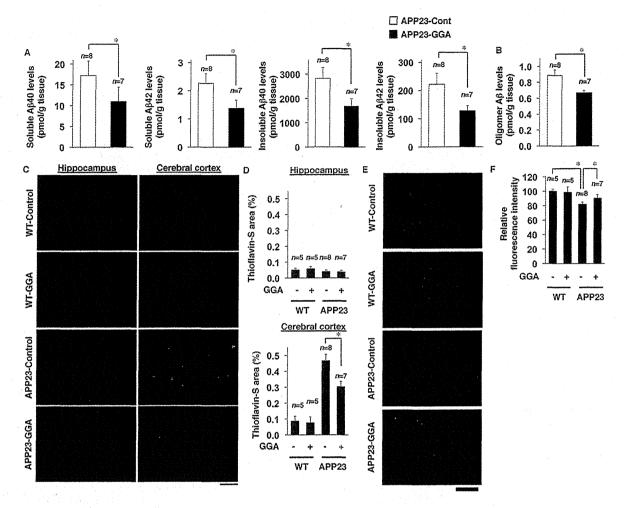


Figure 2. Effects of orally administered GGA on Aβ levels and synaptic loss. Soluble and insoluble fractions and sections were prepared from the whole brains of 12-month-old wild-type mice (WT) and APP23 mice fed either GGA-supplemented chow or control chow (see the legend of Figure 1). The amounts of Aβ40 and Aβ42 in each fraction or Aβ oligomers in the soluble fraction were determined by sELISA as described in the experimental procedures (A, B). Brain sections were subjected to thioflavin-S staining (scale bar, 200 μm) (C) or immunohistochemical analysis with an antibody to synaptophysin (scale bar, 50 μm) (E). The percentage of area stained with thioflavin-S in the hippocampus or cerebral cortex (D), or the relative fluorescence intensity (synaptophysin) in the hippocampal CA3 region (F) was determined. Three sections were prepared from each mouse and their average was calculated (D, F). Values are given as mean ± SEM (n=5 for WT-Control, n=5 for WT-GGA, n=8 for APP23-Control, and n=7 for APP23-GGA). \*\*P<0.01; \*\*P<0.05. doi: 10.1371/journal.pone.0076306.g002

APP23 mice were observed (GGA administration from the age of 3 to 12 months). As shown in Figure 5A and B, this regime of GGA administration did not affect the expression of HSP70 in either APP23 or wild-type mice at the age of 12 months (n=5 for WT-Control, n=5 for WT-GGA, n=6 for APP23-Control, and n=6 for APP23-GGA) (Figure 5B) (two-way ANOVA, genotype effect  $F_{(1,18)}$ =0.01, P=0.912; GGA effect  $F_{(1,18)}$ =0.23, P=0.635; interaction  $F_{(1,18)}$ =0.07, P=0.794). We therefore examined the effect of oral GGA administration on the expression of HSP70 under other conditions. First, we considered the possibility that

GGA might up-regulate the expression of HSP70 in younger mice (i.e. 3 months old) but not in older ones (i.e. 12 months old) and examined the expression of HSP70 in 4-month-old mice after a 1-month period of oral administration of GGA. As shown in Figure 5C and D, although there was a tendency for GGA to increase the expression of HSP70 in the brain under these conditions, the result was not statistically significant (n=6 for WT-Control, n=6 for WT-GGA, n=5 for APP23-Control, and n=5 for APP23-GGA) (Figure 5D) (two-way ANOVA, genotype effect  $F_{(1,18)}$ =6.11, P=0.024; GGA effect  $F_{(1,18)}$ =0.29, P=0.598;

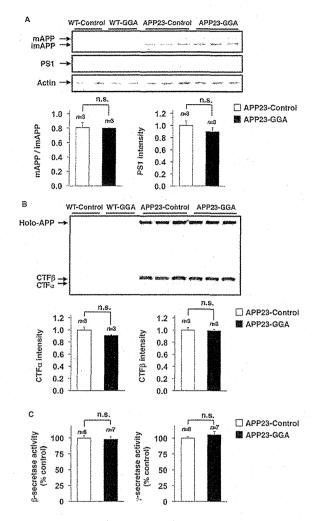


Figure 3. Effects of orally administered GGA on APP maturation and secretase activity. Whole cell extracts or membrane fractions were prepared from the brains of 12month-old wild-type (WT) and APP23 mice fed either GGAsupplemented chow or control chow (see the legend of Figure 1). Whole cell extracts were subjected to immunoblotting with an antibody to APP (A, B), PS1 (A) or actin (A). The band intensity ratio (mAPP/imAPP) was determined (A). The band intensity of PS1, CTFα and CTFβ was determined, corrected with that of actin (PS1) or holo-APP (CTFα and CTFβ) (A, B) (n=3 for APP23-Control and n=3 for APP23-GGA). Membrane fractions were subjected to a β- or γ-secretase-mediated peptide cleavage assay as described in the experimental procedures (C) (n=8 for APP23-Control and n=7 for APP23-GGA). Values are given as mean ± SEM. n.s., not significant. doi: 10.1371/journal.pone.0076306.g003

interaction  $F_{(1, 18)}$ =0.04, P=0.839). We then considered that GGA might require more stressful conditions to up-regulate the expression of HSP70. On this basis, we examined the effect of

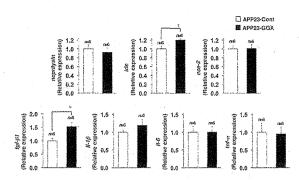


Figure 4. Effects of orally administered GGA on the expression of Aβ-degrading enzymes and cytokines. Total RNA was extracted from the brains of 12-month-old APP23 mice fed either GGA-supplemented chow or control chow (see the legend of Figure 1). Samples were subjected to real-time RT-PCR using a specific primer for each gene. Values were normalized to *gapdh* gene expression and expressed relative to the control sample. Values are given as mean ± SEM (*n*=6 for APP23-Control and *n*=6 for APP23-GGA). \**P*<0.05. doi: 10.1371/fournal.pone.0076306.a004

orally administered GGA and/or the bilateral injection of Aβ42 oligomers into the hippocampus on the expression of HSP70 in this region. As shown in Figure 5E and F, the GGA significantly increased the expression of HSP70 in the brain when Aβ42 oligomers was concomitantly injected into the hippocampal region. The oral administration of GGA, or the injection of Aβ42 oligomers alone, both showed a tendency to increase the expression of HSP70; however, the increase was not statistically significant (Figure 5E and F) (n=10 for Sham-Vehicle, n=8 for Sham-GGA, n=12 for Aβ-Vehicle, and n=11 for Aβ-GGA) (Figure 5F) (two-way ANOVA, Aβ injection effect  $F_{(1)}$  $_{37)}$ =10.32, P=0.003; GGA effect  $F_{(1, 37)}$ =45.15, P<0.001; interaction  $F_{(1,37)}$ = 4.11, P=0.048). These results suggest that orally administered GGA could up-regulate the expression of HSP70 in the brain in the presence of elevated levels of AB oligomers.

#### Discussion

As outlined in the Introduction, numerous beneficial effects of HSP70 in animal models of various diseases have been reported. With respect to a range of neurodegenerative diseases, the overexpression of HSP70 has been shown to suppress the aggregation of pathogenic proteins and to ameliorate the corresponding disease symptoms [22,27,36,38]. Such findings give rise to the notion of the potential benefits of HSP70 inducers to retard or inhibit the progression of neurodegenerative diseases. It was reported that orally administered GGA ameliorates disease symptoms in an animal model of spinal and bulbar muscular atrophy [36] and we here examined the effect of GGA on the phenotypes exhibited by an animal model of AD.

It was previously reported that GGA achieves its anti-ulcer activity after absorption by the intestinal mucosa and also that

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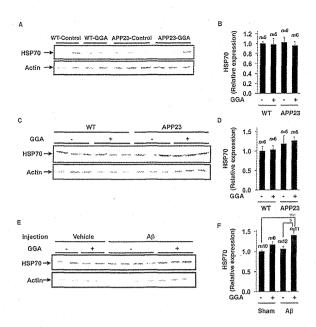


Figure 5. Effects of orally administered GGA and/or injection of Aβ42 oligomers on the expression of HSP70. Wild-type (WT) and APP23 mice were fed either GGA-supplemented chow (10 g GGA/kg chow) or control chow from the age of 3 months to 12 months (A, B) (n=5 for WT-Control, n=5 for WT-GGA, n=6 for APP23-Control, and n=6 for APP23-GGA) or from the age of 3 months to 4 months (C, D) (n=6 for WT-Control, n=6 for WT-GGA, n=5 for APP23-Control, and n=5 for APP23-GGA). Whole cell extracts were prepared from the brains of 12-month-old mice (A, B) or 4-month-old mice, respectively (C, D). Three-month-old wild-type mice were given a once only orally administered dose of 500 mg/kg of GGA, and 3 h later Aβ42 oligomers (1 μl, 100 pmol) was injected into the hippocampus. Whole cell extracts were prepared from the hippocampus 24 h after the injection (E, F) (n=10 for Sham-Vehicle, n=8 for Sham-GGA, n=12 for Aβ-Vehicle, and n=11 for A $\beta$ -GGA). Samples were subjected to immunoblotting with an antibody to HSP70 or actin (A, C, E). The band intensity of HSP70 was determined, corrected to that of actin and expressed relative to the control (B, D, F). Values are given as mean ± SEM. \*\*P<0.01; \*P<0.05. doi: 10.1371/journal.pone.0076306.g005

GGA is able to pass through blood brain barrier [39,40]. These findings suggest that GGA could be administered orally to upregulate the expression of HSPs in the brain. To this extent, in the animal model of spinal and bulbar muscular atrophy mentioned above, the up-take of GGA incorporated in chow (1%) induced the expression of HSP70 in the spinal cord and ameliorated the neuromuscular symptoms displayed by these animals [36]. Moreover, in an animal model of focal cerebral ischemia, orally administered GGA (1000 mg/kg) induced the expression of HSP70 in the brain and reduced the infarct volume [41], while in an experimental intracerebral hemorrhage model, orally administered GGA (800 mg/kg) induced the

expression of HSP70 and reduced the extent of hemorrhage [42]. It should be noted that in all these previous reports, the GGA-induced expression of HSP70 was observed in the disease models but not so clearly in control animals. It could thus be interpreted that GGA may enhance the expression of HSP70 induced by other stressors in the brain.

We showed that orally administered GGA improved not only cognitive function (spatial learning and memory) but also reduced the pathological phenotypes (reducing levels of AB (monomer and oligomers), Aß plaque deposition and synaptic loss) exhibited by APP23 mice. We also found that the orally administered GGA did not alter APP maturation or secretase activity in the brain; however the expression of ide and tgf-β1 was up-regulated by this treatment protocol. All these phenomena are similar to those observed in APP23 mice crossed with transgenic mice overexpressing HSP70 [27], suggesting that GGA achieves these ameliorative effects through the up-regulation of HSP70 expression in the brain. In other words, we consider that HSP70's abilities to unfold and refold AB aggregates, to protect against AB neurotoxicity, to suppress inflammation and to stimulate AB clearance are involved in these ameliorative effects of GGA. However, it should be noted that the extent of amelioration was not so apparent in APP23 mice fed GGA-supplemented chow as in those crossed with transgenic mice expressing HSP70 [27], possibly reflecting the higher level of HSP70 expression in the latter mice

Surprisingly, orally administered GGA (from the age of 3 to 12 months) did not affect the expression of HSP70 at the brain level even in APP23 mice at the age of 12 months. It was reported that in an animal model of Huntington's disease, the induction of HSP70 became less apparent as the disease progressed [43]. Thus, considering the possibility that GGA could up-regulate HSP70 expression in younger mice, we examined HSP70 expression in 4-month-old animals after a 1month period of oral administration of GGA. Although we identified a tendency for this treatment to increase HSP70 expression in the brain, the level of alteration was not statistically significant. We then considered that GGA might upregulate the expression of HSP70 only in the region confined to where toxic Aß levels are high, or that Aß's neurotoxicity might be so weak that the GGA-dependent up-regulation of HSP70 expression might be undetectable by the immunoblot assay technique. In any case, we predicted that a large increase in AB neurotoxicity would cause the GGA-dependent upregulation of HSP70 expression to become clearly apparent. Indeed, in the presence of Aβ42 oligomers injected directly into concomitantly administered hippocampus, significantly increased the expression of HSP70.

We cannot be certain at this point in time whether GGA achieves its ameliorative effects on AD-related phenotypes in APP23 mice through its HSP-inducing activity. To this extent, it is possible that GGA achieves its ameliorative effects through HSP-independent mechanisms. Various pharmacological activities of GGA other than HSP-inducing activity have been reported [44,45]. GGA was originally developed as an anti-ulcer drug based on its capacity to increase gastric mucosal blood flow and mucus production [46,47]. We previously

reported that GGA protects membranes against NSAID-induced permeabilization [48], and it was recently reported that GGA inhibits replication of the hepatitis C virus through either an inhibitory effect on the geranylgeranylation of proteins or on the activation of mTOR [49,50]. Thus, we cannot rule out the possibility that such HSP-independent pharmacological activities might be involved in the ameliorative effects of GGA on AD-related phenotypes in APP23 mice. Even so, it would be difficult to reconcile such pharmacological activities with the noted improvements in cognitive function, A $\beta$  plaque deposition, synaptic loss, A $\beta$  clearance, A $\beta$  phagocytosis and so on.

Although the molecular mechanism of GGA's action is not clear at present, the results of this study suggest that GGA could be a candidate for use as a new type of anti-AD drug. A number of new compounds are being developed for this purpose; however, as the development of new molecules

Author Contributions

Conceived and designed the experiments: T. Mizushima TH TS. Performed the experiments: TH KS. Analyzed the data: TH KS. Contributed reagents/materials/analysis tools: T. Matsushima NY. Wrote the manuscript: T. Mizushima.

requires an enormous economic commitment by drug

companies and the distinct possibility exists of encountering

unacceptable side effects in late-stage clinical trials. GGA

might offer a distinct advantage given that its safety has

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already been clinically demonstrated.

Research) for providing transgenic mice.

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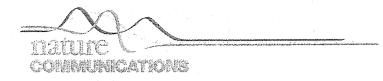
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#### ARTICLE

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### Mepenzolate bromide displays beneficial effects in a mouse model of chronic obstructive pulmonary disease

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The clinical treatment of chronic obstructive pulmonary disease (COPD) requires not only an improvement of airflow by bronchodilation but also the suppression of emphysema by controlling inflammation. Here we screen a compound library consisting of clinically used drugs for their ability to prevent elastase-induced airspace enlargement in mice. We show that intratracheal administration or inhalation of mepenzolate bromide, a muscarinic antagonist used to treat gastrointestinal disorders, decreases the severity of elastase-induced airspace enlargement and respiratory dysfunction. Although mepenzolate bromide shows bronchodilatory activity, most other muscarinic antagonists do not improve elastase-induced pulmonary disorders. Apart from suppressing elastase-induced pulmonary inflammatory responses and the production of superoxide anions, mepenzolate bromide reduces the level of cigarette smoke-induced airspace enlargement and respiratory dysfunction. Based on these results, we propose that mepenzolate bromide may be an effective therapeutic for the treatment of COPD due to its anti-inflammatory and bronchodilatory activities.

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hronic obstructive pulmonary disease (COPD) is a serious health problem whose most important etiologic factor is cigarette smoke (CS)<sup>1</sup>. COPD is a disease that is defined by a progressive and partially reversible airflow limitation associated with abnormal inflammatory responses and permanent enlargement of the pulmonary airspace<sup>1-3</sup>. Thus, for the clinical treatment of COPD, it is important not only to improve the airflow limitation by bronchodilation, but also to suppress disease progression by controlling inflammatory processes.

Bronchodilators ( $\beta_2$ -agonists and muscarinic antagonists) are currently used for the treatment of COPD, providing an effective temporary improvement of airflow limitation<sup>2,4,5</sup>. On the other hand, steroids are used to suppress the inflammatory responses associated with COPD. However, steroids cannot significantly modulate disease progression and mortality<sup>5,6</sup> because the inflammation associated with COPD shows resistance to steroid treatment<sup>7</sup>.

In addition to the fact that CS contains a high concentration of reactive oxygen species (ROS), activated leukocytes also produce large amounts of ROS, with one such example being the superoxide anions produced via the activation of nicotinamide adenine dinucleotide phosphate (NADPH) oxidase8. In contrast to this, the body contains a number of endogenous antioxidant proteins such as superoxide dismutase (SOD) and glutathione S-transferase (GST), with a decrease in these proteins reported to be involved in the pathogenesis of COPD9,10. The inflammatory responses associated with COPD are thought to be triggered by oxidative stress and mediated through the activation of nuclear factor-κΒ (NF-κΒ, a pro-inflammatory transcription factor) and inhibition of histone deacetylase  $\overset{'}{2}$  (HDAC2)<sup>11–14</sup>. Oxidative stress seems to activate NF- $\kappa$ B through the inhibition of HDAC activity and degradation of inhibitor of NF-κB (IκB)-α (refs 12,14,15). Pro-inflammatory gene expression is normally silenced by the condensation of DNA; however, the acetylation of core histones opens up the condensed chromatin and induces the expression of these genes (refs 11,12,16). HDACs suppress the expression of proinflammatory genes not only by maintaining chromatin condensation but also by directly modifying pro-inflammatory transcription factors (such as NF-κB)<sup>12</sup>. Moreover, HDACs, and particularly HDAC2, seem to have important roles in the COPD<sup>11,17,18</sup> inflammatory responses associated with Furthermore, because corticosteroids use HDAC2 to suppress the activity of NF- $\kappa B^{11,12,19}$ , the inhibitory effect of CS on HDAC2 may be responsible for the reduced sensitivity of COPD patients to steroid treatment<sup>11</sup>. Therefore, compounds that activate HDAC2 or inhibit ROS production and NF-κB may be effective for the treatment of inflammation associated with COPD.

In the present study, we screen compounds that prevent elastase-induced airspace enlargement in mice from a library of existing medicines whose safety properties have already been well characterized in humans. We select mepenzolate bromide (mepenzolate), which is an orally administered muscarinic receptor antagonist used to treat gastrointestinal disorders<sup>20-22</sup> and administer this compound to mice, which suppresses elastase-induced pulmonary inflammatory responses, airspace enlargement, alteration of lung mechanics and respiratory dysfunction. We also found that mepenzolate bronchodilatory activity. These results suggest that mepenzolate achieves its anti-inflammatory effect via muscarinic receptorindependent inhibitory effects on NF-κB and NADPH oxidase, together with stimulatory effects on HDAC2, SOD and GST. We suggest that mepenzolate could provide an effective treatment option for COPD, not only as a consequence of its bronchodilatory activity but also due to its anti-inflammatory properties.

#### Results

Effect of mepenzolate on airspace enlargement. From a group of 83 medicines already in clinical use (Supplementary Table S1), we screened for compounds able to suppress porcine pancreatic elastase (PPE)-induced airspace enlargement. Each drug was administered intraperitoneally to mice, and after selecting eight candidate compounds based on the level of suppression of airspace enlargement (Supplementary Table S1), these were administered intratracheally at various doses and their inhibitory effects on PPE-induced airspace enlargement evaluated. Following this process, mepenzolate was selected based on the level of suppression of airspace enlargement it provided at clinical dose or less.

Histopathological analysis of pulmonary tissue using hematoxylin and eosin (H&E) staining revealed that PPE administration induced airspace enlargement (increase in the mean linear intercept (MLI)) and that the simultaneous daily intratracheal administration of mepenzolate suppressed this enlargement in a dose-dependent manner (Fig. 1a,b).

The alteration of lung mechanics associated with pulmonary emphysema is characterized by a decrease in elastance. Total respiratory system elastance (elastance of the whole lung, including the bronchi, bronchioles and alveoli) and tissue elastance (elastance of alveoli) were decreased by the PPE treatment in a manner that could be restored in part by the simultaneous administration of mepenzolate, again in a dose-dependent manner (Fig. 1c).

We next examined the effect of mepenzolate administered by the inhalation route on the PPE-induced airspace enlargement and alteration of lung mechanics. The results obtained (Fig. 1d-f) were similar to those observed with the intratracheal mode of administration (Fig. 1a-c).

To determine the effect of mepenzolate on pre-developed pulmonary emphysema, the intratracheal administration of mepenzolate to mice was commenced 14 days after the administration of PPE, and airspace enlargement and lung mechanics were assessed on day 21. Compared with vehicle-treated animals, mepenzolate decreased the extent of PPE-induced airspace enlargement and alterations to lung mechanics (Fig. 2a-c), suggesting that mepenzolate could be an effective compound for the treatment of pre-developed pulmonary emphysema.

Effects of other muscarinic antagonists. We next examined the effects of other muscarinic antagonists on PPE-induced airspace enlargement and alterations of lung mechanics. Even at the highest dose, none of muscarinic antagonists tested significantly suppressed the PPE-induced airspace enlargement or alterations in lung mechanics (Fig. 3a-c).

The diagnosis of COPD is confirmed by a decrease in the ratio of forced expiratory volume in the first second (FEV<sub>1</sub>) to forced vital capacity (FVC)<sup>1</sup>. We recently established a technique to monitor PPE-induced respiratory dysfunction in mice, and found that the FEV<sub>0.05</sub>/FVC ratio clearly decreased in PPE-treated mice compared with control mice<sup>23</sup>. Using this technique, we examined here the effects of mepenzolate and other muscarinic antagonists on the PPE-induced decrease in FEV<sub>0.05</sub>/FVC. To washout the bronchodilatory effect of the muscarinic antagonists, the administration of each drug was discontinued on day 10 and the assay performed on day 14. PPE treatment decreased the FEV<sub>0.05</sub>/FVC ratio, whereas the simultaneous administration of mepenzolate, but not the other muscarinic antagonists, restored the FEV<sub>0.05</sub>/FVC towards control values (Fig. 3d). The results in Fig. 3 show that ipratropium bromide (ipratropium), scopolamine *N*-butylbromide (scopolamine) and pirenzepine

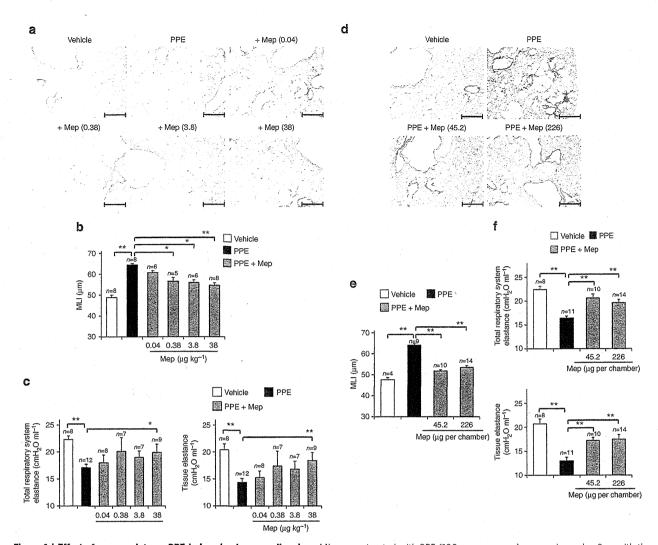


Figure 1 | Effect of mepenzolate on PPE-induced pulmonary disorders. Mice were treated with PPE (100  $\mu$ g per mouse) once only on day 0 or with the vehicle only. The indicated doses (a-c,  $\mu$ g kg<sup>-1</sup>; d-f,  $\mu$ g per chamber) of mepenzolate (Mep) were administered intratracheally (a-c) or by inhalation (d-f) once daily for 14 days (from day 0 to day 13). Sections of pulmonary tissue were prepared on day 14 and subjected to histopathological examination (H&E staining) (scale bar, 500  $\mu$ m) (a,d). Airspace size was estimated by determining the MLI as described in the Materials and Methods (b,e). Total respiratory system elastance and tissue elastance were determined on day 14 as described in the Methods (c,f). Values represent the mean  $\pm$  s.e.m. \*P<0.05; \*\*P<0.01 (Tukey test). Experiments were replicated at least two times.

dihydrochloride (pirenzepine) were not effective in combatting PPE-induced airspace enlargement, nor did they improve lung mechanics or respiratory dysfunction. This finding suggests that mepenzolate achieves its ameliorative effect over PPE-induced pulmonary disorders *via* mechanisms that are independent of its effects on muscarinic receptors and bronchodilatory activity.

To further test this idea, we examined the bronchodilatory activity induced by the muscarinic antagonists mentioned above. As shown in Fig. 4a, the dose-dependent increase in airway resistance (bronchoconstriction) induced by inhaled methacholine was completely suppressed by the intratracheal pre-administration of mepenzolate, thus attesting to the latter's bronchodilatory activity. The dose-response profile of ipratropium for bronchodilation was similar to that of mepenzolate (Fig. 4a), although ipratropium had no effect against the PPE-induced pulmonary disorders (Fig. 3). Neither scopolamine nor pirenzepine showed bronchodilatory activity, at least not at the highest dose employed here (Supplementary Fig. S1). These results further support the notion that mepenzolate achieves its

ameliorative effect against PPE-induced pulmonary disorders *via* muscarinic receptor- and bronchodilatory activity-independent mechanisms. In addition, the results in Fig. 4b show that, as for ipratropium, the bronchodilatory activity of mepenzolate was transient, diminishing 48 h after its administration.

Muscarinic antagonists used to treat COPD are categorized as being long acting (such as tiotropium bromide (tiotropium) and glycopyrronium bromide (glycopyrronium)) or short acting (such as ipratropium), with the long-acting muscarinic antagonists now considered the standard bronchodilator treatment for COPD<sup>24</sup>. We subsequently examined the effect of intratracheal administration of tiotropium or glycopyrronium on PPE-induced pulmonary disorders. As shown in Supplementary Fig. S2a-c, glycopyrronium suppressed the PPE-induced airspace enlargement and alterations of lung mechanics. However, the extent of amelioration of airspace enlargement was not as apparent as that seen with mepenzolate (Supplementary Fig. S2b), and glycopyrronium did not significantly suppress the PPE-induced respiratory dysfunction (Supplementary Fig. S2d).

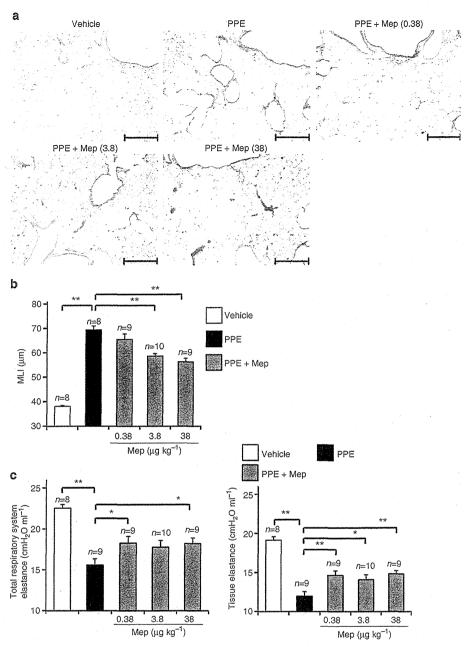


Figure 2 | Effect of mepenzolate on pre-developed pulmonary emphysema. Mice were treated with PPE (100  $\mu$ g per mouse) once only on day 0 or with the vehicle only. The indicated doses ( $\mu$ g kg<sup>-1</sup>) of mepenzolate (Mep) were administered intratracheally once daily from day 14 to day 20. Sections of pulmonary tissue were prepared on day 21 and subjected to histopathological examination (H&E staining) (scale bar, 500  $\mu$ m) (a). Airspace size was estimated by determining the MLI as described in the Materials and Methods (b). Total respiratory system elastance and tissue elastance were determined on day 21 as described in the Methods (c). Values represent the mean  $\pm$  s.e.m. \*P<0.05; \*\*P<0.01 (Tukey test). Experiments were replicated at least two times.

On the other hand, tiotropium did not suppress the PPE-induced airspace enlargement, alterations of lung mechanics or respiratory dysfunction (except for a weak suppression of tissue elastance at the  $30\,\mu\mathrm{g\,kg}^{-1}$  dose) (Supplementary Fig. S2a–d).

Effect of mepenzolate on inflammatory responses. We next monitored PPE-induced pulmonary inflammatory responses by determining the number of leucocytes in bronchoalveolar lavage fluid (BALF) 24h after the administration of PPE. As shown in

Fig. 5a, the total number of leucocytes and individual number of neutrophils were increased by the PPE treatment and this effect was suppressed by the simultaneous administration of mepenzolate. We also examined the levels of pro-inflammatory cytokines (tumour necrosis factor- $\alpha$ ) and chemokines (macrophage inflammatory protein-2, monocyte chemoattractant protein-1 and keratinocyte-derived chemokine) in BALF. Levels of these pro-inflammatory cytokines and chemokines increased after the PPE treatment, and this increase was suppressed by the simultaneous treatment of animals with mepenzolate (Fig. 5b). These

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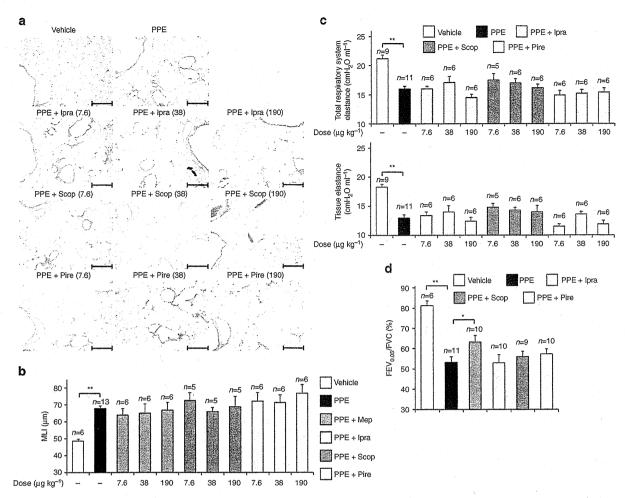


Figure 3 | Effect of different muscarinic antagonists on PPE-induced pulmonary disorders. Mice were treated with PPE (100  $\mu$ g per mouse) once only on day 0 or with the vehicle only. The indicated doses ( $\mu$ g kg $^{-1}$ ) (a-c) or 38  $\mu$ g kg $^{-1}$  (d) of ipratropium (lpra) (a-d), scopolamine (Scop) (a-d), pirenzepine (Pire) (a-d) or mepenzolate (Mep) (d) were administered intratracheally once daily for 14 days (from day 0 to day 13) (a-c) or for 11 days (from day 0 to day 10) (d). Sections of pulmonary tissue were prepared on day 14 and subjected to histopathological examination (H&E staining) (scale bar, 500  $\mu$ m) (a). Airspace size was estimated by determining the MLI as described in the Materials and Methods (b). Total respiratory system elastance and tissue elastance were determined on day 14 as described in the Methods (c). The FEV<sub>0.05</sub>/FVC was determined on day 14 as described in the Materials and Methods (d). Values represent the mean  $\pm$  s.e.m. \*P<0.05; \*\*P<0.01 (Tukey test). Experiments were replicated at least two times.

results suggest that mepenzolate could achieve its ameliorative effect by suppressing PPE-induced inflammatory responses.

We then focused on NF- $\kappa$ B and its regulator, HDAC2. The level of the Ser536-phosphorylated (active) form of NF- $\kappa$ B detected by immunohistochemical analysis increased in response to the PPE treatment, and could be suppressed by the simultaneous treatment of animals with mepenzolate (Fig. 5c). The level of I $\kappa$ B- $\alpha$  was decreased by the PPE treatment and remained stable when mepenzolate was concomitantly administered (Fig. 5d,e).

As shown in Fig. 5f, Hdac2 mRNA expression was suppressed by the PPE treatment and could be partially restored by the simultaneous treatment of animals with mepenzolate. This alteration was also observed at the protein level (Fig. 5d,e). Furthermore, the enzymatic activity of HDAC was also decreased by the PPE treatment and could be partially restored by the simultaneous administration of mepenzolate (Fig. 5g). These results suggest that mepenzolate achieves its anti-inflammatory activity by increasing or decreasing the activity of HDAC2 or NF- $\kappa$ B, respectively.

Effect of mepenzolate on superoxide anion production. Electron spin resonance (ESR) analysis was employed to examine the effect of mepenzolate on the production of superoxide anions in mice. As shown in Fig. 6a,b, the peak amplitude corresponding to the superoxide anion level was higher in cells prepared from PPEadministered mice than in those from control mice. The peak amplitude in cells prepared from mice administered both PPE and mepenzolate was lower than that of mice administered PPE only (Fig. 6a,b), suggesting that mepenzolate suppresses the PPE-induced production of superoxide anions in the lung. The NADPH oxidase activity of cells in BALF was increased by the PPE treatment and could be partially suppressed by the simultaneous treatment of animals with mepenzolate (Fig. 6c). This suppression was observed at 4, 8 and 24 h but not 1 h after the administration of mepenzolate (Fig. 6c), suggesting that mepenzolate is a modulator of NADPH activation, but not an enzyme inhibitor of NADPH oxidase. On the other hand, the mRNA and protein expression of SOD1 and the enzymatic activity of SOD in the lung were decreased by the PPE treatment, with these effects also suppressed by the simultaneous

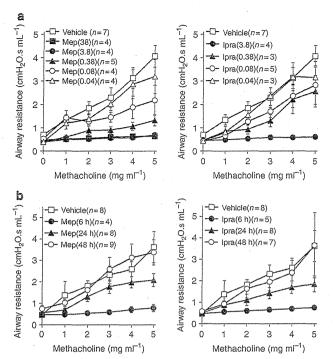


Figure 4 | Effect of mepenzolate on methacholine-induced airway constriction. Indicated doses ( $\mu g \, kg^{-1}$ ) (a) or  $38 \, \mu g \, kg^{-1}$  (b) of mepenzolate (Mep) or ipratropium (Ipra) were administered intratracheally. After 1h (a) or indicated period (b), mice were exposed to nebulized methacholine five times and airway resistance was determined after each methacholine challenge as described in the Materials and Methods. Values are mean  $\pm$  s.e.m. Experiments were replicated at least two times.

administration of mepenzolate (Fig. 5d-g). These results suggest that mepenzolate suppresses the PPE-induced increase in super-oxide anion production by modulating the activation of NADPH oxidase or activating SOD1.

We subsequently tested whether mepenzolate directly affects superoxide anion production *in vitro*. Cells prepared from the BALF of PPE-treated mice were incubated with a spin trap agent in the presence or absence of mepenzolate. As shown in Fig. 6d,e, mepenzolate decreased the level of superoxide anions in a dose-dependent manner, the extent of which was similar to that seen with apocynin (an inhibitor of NADPH oxidase). We found that the intratracheal administration of apocynin partially suppressed PPE-induced airspace enlargement and alterations of lung mechanics (Supplementary Fig. S3). These findings suggest that most of the superoxide anions were produced by NADPH oxidase under these conditions and that mepenzolate could modulate NADPH oxidase activity and thus reduce the production of superoxide anions and PPE-induced pulmonary disorders.

To understand the mechanism of the inhibitory effect of mepenzolate on NADPH oxidase activity, we examined the effect of mepenzolate on the PPE-dependent alteration of mRNA expression of genes related to NADPH oxidase (such as  $p91^{phox}(Nox2)$ ,  $p22^{phox}$ ,  $p40^{phox}$ ,  $p47^{phox}$ ,  $p67^{phox}$  and Rac2). As shown in Supplementary Fig. S4a, PPE treatment upregulated the mRNA expression of these genes in a manner that could be suppressed by concomitant administration of mepenzolate. The mRNA expression of some of other Noxs (Nox1, 4) and dual oxidases (Duoxs; Duox1, 2) was also affected by treatment with PPE and/or mepenzolate (Supplementary Fig. S4b). Furthermore, treatment of cells in BALF with phorbol 12-myristate 13-acetate

(PMA) activated NADPH oxidase, whereas pretreatment of cells with mepenzolate decreased this activity in the presence of PMA treatment but not in its absence (Fig. 6f). This finding supports the notion that mepenzolate is a modulator of NADPH activation, but not an enzyme inhibitor of NADPH oxidase. Taken together, these results suggest that the modulatory effect of mepenzolate on NADPH oxidase activity can be explained in terms of its downmodulation of the expression of NADPH oxidase-related genes and the activation of this enzyme.

To further understand the mechanism governing the mepenzolate-dependent decrease in inflammatory responses and oxidative stress, we performed DNA microarray analysis of lung tissue from mepenzolate-treated (or control) mice. Among the genes whose expression was altered by the mepenzolate administration (Table 1), we focused on genes encoding GSTs that were included in a 'glutathione metabolism' gene set (Supplementary Fig. S5a,b) and are known to reduce oxidative stress by decreasing lipid peroxide levels<sup>9</sup>. As shown in Fig. 7a,b, the mRNA expression of Gst genes and GST activity in the lung were increased by the mepenzolate administration. The mepenzolate administration also restored GST activity, which was decreased by the PPE treatment (Fig. 7c). It was reported that GST and its regulatory transcription factor, NF-E2-related factor 2 (Nrf2), in macrophages have an important role in the pathogenesis of COPD<sup>25,26</sup>. Therefore, we performed the Gene Set Enrichment Analysis using the custom gene set and confirmed that the downstream genes of Nrf2 (NFE2L2 target genes) were upregulated by the mepenzolate administration (Supplementary Fig. S5c,d). Furthermore, we found that treatment of RAW264 cells (a macrophage cell line) with mepenzolate upregulated the mRNA expression Gst genes and GST activity (Fig. 7d,e). Mepenzolate also activated Nrf2 and the expression of other Nrf2-regulated genes (heme oxygenase 1 (Ho1), NAD(P)H dehydrogenase, quinone1 (Nqo1) and Sod1) in RAW264 cells (Fig. 7f,g). These results suggest that the stimulatory effect of mepenzolate on Nrf2 activity and the resulting expression of Gst genes also involve the mepenzolate-dependent decrease in inflammatory responses and oxidative stress.

Effect of mepenzolate on CS-induced pulmonary disorders. Finally, we examined the effect of the intratracheal administration of mepenzolate on CS-induced pulmonary disorders. As shown in Fig. 8a-c, pulmonary inflammatory responses and airspace enlargement were induced following exposure of mice to CS, with the simultaneous intratracheal administration of mepenzolate clearly suppressing the severity of these CS-induced pulmonary disorders. We also found that the exposure of mice to CS decreased total respiratory system elastance and tissue elastance and that these parameters could be clearly improved by the simultaneous administration of mepenzolate (Fig. 8d). Administration of mepenzolate also suppressed CS-induced increases in oxidative stress (the pulmonary level of 8-hydroxy-2'-deoxyguanosine (8-OHdG)) (Fig. 8e). Mepenzolate increased GST activity in either the presence or absence of CS treatment in vivo (Fig. 8f). In vitro, GST activity was increased by the treatment of cells with mepenzolate, even in the presence of CS extract (CSE), which itself activated GST (Fig. 8g). On the other hand, we found that mepenzolate suppressed the CS-induced mRNA expression of Mip-2 and Kc and activation of NADPH oxidase (Supplementary Fig. S6a,b). Mepenzolate also restored the HDAC and SOD activities that were decreased by exposure to CS (Supplementary Fig. S6c). These results suggest that mepenzolate protects against CS-induced pulmonary disorders via a mechanism similar to that in which it exerts its action against PPE-induced pulmonary disorders.

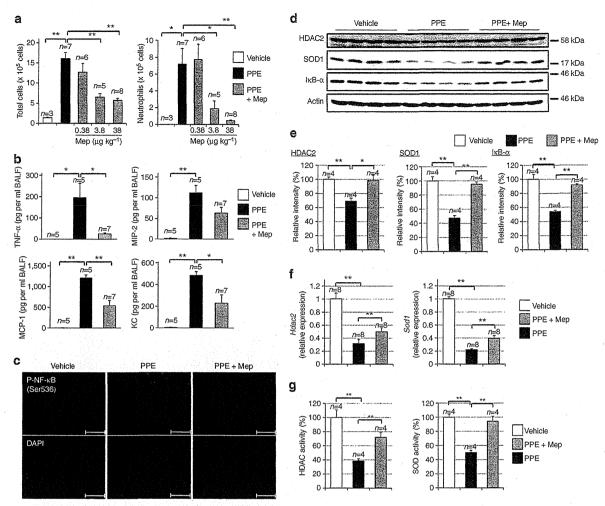


Figure 5 | Effect of mepenzolate on PPE-induced inflammatory responses. Indicated doses ( $\mu$ g kg $^{-1}$ ) of mepenzolate (Mep) were administered intratracheally once only. Mice were treated with or without (vehicle) PPE (100  $\mu$ g per mouse) 1 h after the mepenzolate administration. Twenty-four hours after the PPE administration, BALF (a,b), sections (c) or homogenates (d-g) were prepared from the lung. The total cell number and the number of neutrophils (a) or levels of cytokines and chemokines (b) were determined as described in the Materials and Methods. Immunohistochemical analysis with an antibody against the Ser536-phosphorylated form of NF- $\kappa$ B was performed as described in the Materials and Methods (scale bar, 100  $\mu$ m) (c). Samples were analysed by immunoblotting with antibodies against HDAC2, SOD1,  $l\kappa$ B- $\alpha$  or actin (d). The band intensity of each protein was determined and normalized with respect to actin (e). Total RNA was extracted and subjected to real-time RT-PCR using a specific primer set for each gene. Values were normalized to the *Gapdh* gene and expressed relative to the control sample (f). The activity of HDAC or SOD was determined as described in the Materials and Methods (g). Values represent the mean  $\pm$  s.e.m. \*P < 0.05; \*P < 0.01 (Tukey test). Experiments were replicated at least two times.

#### Discussion

The number of drugs reaching the marketplace each year is decreasing, mainly because of the unexpected adverse effects of potential drugs being revealed at advanced stages of clinical trials. To circumvent this, we have proposed a new strategy for drug discovery and development, which focuses on the use of medicines that have already been approved for use by humans (drug repositioning)<sup>27</sup>. In this strategy, compounds with clinically beneficial pharmacological activity are screened from a library of medicines already in clinical use to be developed for new indications. The advantage of this strategy is that there is a decreased risk for unexpected adverse effects in humans because the safety aspects of these drugs have already been well characterized in humans<sup>27</sup>. In the present study, we applied this strategy to screen for drugs to combat COPD. The drug mepenzolate was identified using this approach, and we found that its intratracheal administration suppresses PPE-induced

airspace enlargement and alteration of lung mechanics, suggesting that mepenzolate could provide an effective treatment for COPD.

To highlight the potential clinical relevance of our findings, we performed several key experiments. First, we demonstrated that inhalation of mepenzolate was also effective against PPE-induced airspace enlargement and alteration of lung mechanics. This route of administration is noteworthy because of its potential to have less impact on the quality of life of COPD patients given that the drug can be administered on a daily basis at home. Second, we showed that mepenzolate has a therapeutic effect even when the drug was administered after the development of emphysema. We also showed that mepenzolate suppresses the PPE-induced decrease in FEV<sub>0.05</sub>/FVC and finally, we demonstrated that mepenzolate exerts an ameliorative effect against CS-induced pulmonary disorders.

Among the five types of muscarinic receptors  $(M_{1-5}R)$ ,  $M_3R$  expressed in bronchial smooth muscle can be blocked by

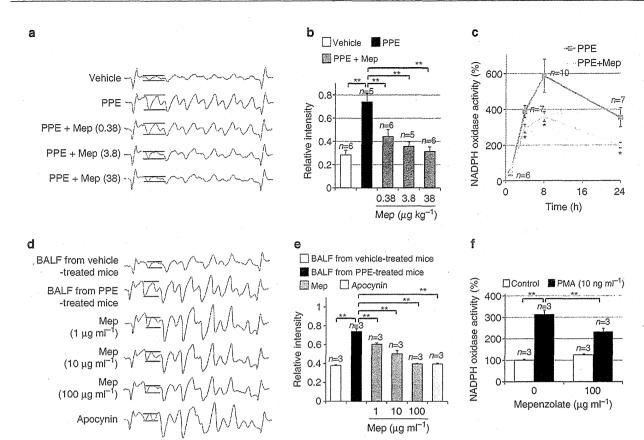


Figure 6 | Effect of mepenzolate on superoxide anion production. (a-c), indicated doses ( $\mu g kg^{-1}$ ) of mepenzolate (Mep) were administered intratracheally once only. Mice were treated with or without (vehicle) PPE (100  $\mu g$  per mouse) 1h after the mepenzolate administration. Cells in BALF were prepared 24 h (a,b) or 1, 4, 8, 24 h (c) after the PPE administration. Cells were incubated with a spin trap agent (DPhPMPO) for 10 min and subjected to radical adduct ESR spectrum analysis to determine the amount of superoxide anions present. The intensity of the ESR signal of the superoxide anion adduct (DPhPMPO-OOH adduct shown by the separation between the bars in the spectra shown in (a)) was determined (b). NADPH oxidase activities in cells were determined as described in the Materials and Methods and expressed relative to vehicle-treated controls (c). (d-f), mice were treated once only with or without (vehicle) PPE (100  $\mu g$  per mouse) and cells in BALF were collected 24 h later. Cells were incubated with DPhPMPO in the presence of indicated concentrations of mepenzolate ( $\mu g ml^{-1}$ ) or 100  $\mu g$  apocynin for 60 min. The level of superoxide anions was determined as described above (d,e). Cells were pre-incubated with or without mepenzolate (100  $\mu g ml^{-1}$ ) for 3 h and further incubated with NADPH in the presence or absence of PMA (10 ng ml $^{-1}$ ) for 20 min. NADPH oxidase activity was determined as described above (f). Values represent the mean  $\pm$  s.e.m. \*P < 0.05; \*P < 0.07 (Tukey test). Experiments were replicated at least two times.

Table 1 | List of gene sets that were differently expressed at 25 h after administration of mepenzolate.

Gene set	NES+*	P-value <sup>†</sup>	FDR <sup>‡</sup>
Ribosome	2.866	< 0.001	< 0.001
T-cell receptor signaling pathway	2.066	< 0.001	0.018
Drug metabolism cytochrome P450	2.030	< 0.001	0.015
Metabolism of xenobiotics	1.947	< 0.001	0.023
by cytochrome P450			
Proteasome	1.799	0.007	0.073
Protein export	1.750	0.021	0.085
Oxidative phosphorylation	1.635	< 0.001	0.160
Fatty acid metabolism	1.627	0.023	0.149
Glutathione metabolism	1.567	0.028	0.195
Parkinson's disease	1.471	0.013	0.239

\*NES, normalized enrichment score. †P-value, a permutation test implemented in Gene Set Enrichment Analysis (GSEA). ‡FDR, false discovery rate.

muscarinic antagonists, resulting in bronchodilation<sup>28</sup>. Thus, it is reasonable to speculate that mepenzolate, a subtype-non-specific muscarinic receptor antagonist, has bronchodilatory activity as

confirmed here. Other subtype-non-specific muscarinic receptor antagonists such as ipratropium and tiotropium examined here did not exert ameliorative effects against PPE-induced pulmonary disorders. Furthermore, scopolamine (a subtype-non-specific muscarinic receptor antagonist) and pirenzepine (an M1Rspecific antagonist) also had no discernible effects against PPE-induced pulmonary disorders, even though, as for mepenzolate, these drugs are orally administered drugs used to treat gastrointestinal disorders and their clinical doses (100 mg per day per adult) are similar to that of mepenzolate (45 mg per day per adult). We also found that the M2R-specific antagonist gallamine triethiodide and the M3R-specific antagonist 1,1dimethyl-4-diphenylacetoxypiperidinium iodide did not affect the PPE-induced increase in number of total leukocytes or neutrophils in BALF (Supplementary Fig. S7). These results suggest that mepenzolate achieves its ameliorative effect against PPE-induced pulmonary disorders via mechanisms that are independent of its muscarinic receptor and bronchodilatory activities. On the other hand, glycopyrronium suppressed PPE-induced airspace enlargement and alterations of lung mechanics. The chemical structure of glycopyrronium is similar

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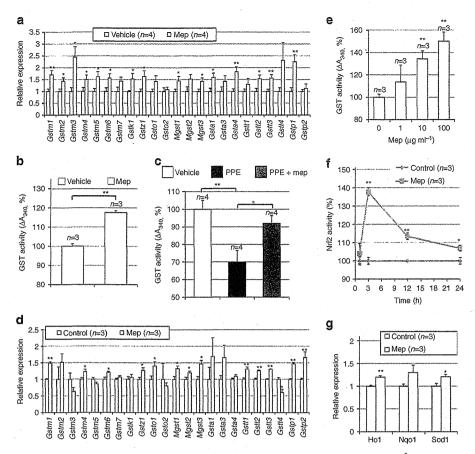


Figure 7 | Effect of mepenzolate on Gst gene expression and GST activity. (a-c), mepenzolate (Mep) ( $38 \,\mu g \, kg^{-1}$ ) or vehicle (PBS) was administered intratracheally once only. Mice were treated with or without PPE ( $100 \,\mu g$  per mouse) 1h after the mepenzolate administration (**c**). Twenty-five hours after the mepenzolate administration, lung homogenates was prepared. Total RNA was extracted and subjected to real-time RT-PCR using a specific primer set for each gene. Values were normalized to the *Hprt* gene and expressed relative to the control sample (**a**). The GST activity was determined as described in the Materials and Methods and expressed relative to the control sample (**b,c**). (**d-g**), RAW264 cells were incubated for 24 h (**d,e,g**) or indicated period (**f**) with or without (control)  $100 \,\mu g \, ml^{-1}$  (**d,f,g**) or indicated doses (**e**) of mepenzolate (Mep). The mRNA expression of each gene was monitored as described above (**d,g**). Activities of GST and Nrf2 were determined as described in the Materials and Methods and expressed relative to the control sample (**e,f**). Values represent the mean  $\pm$  s.e.m. \*P < 0.05; \*\*P < 0.01 (Student's t-test (**a,b,d-g**), Tukey test (**c**)). Experiments were replicated at least two times.

to that of mepenzolate (Supplementary Fig. S8), suggesting that this common structure may underlie their anti-inflammatory activities

Mepenzolate suppressed both PPE- and CS-induced inflammatory responses. We found that the pulmonary level of the active forms of NF- $\kappa$ B or I $\kappa$ B- $\alpha$  increased or decreased, respectively, in response to the treatment of mice with PPE, and that the simultaneous treatment of animals with mepenzolate partially suppressed these alterations. We also found that HDAC2 and HDAC activities were decreased by the PPE treatment of mice and that simultaneous treatment with mepenzolate partially suppressed these decreases. This finding suggests that NF- $\kappa$ B and HDAC2 have important roles in the inhibitory effect of mepenzolate on inflammatory responses.

We also observed that treatment of mice with mepenzolate suppressed the PPE- induced increases in oxidative stress, NADPH oxidase activity and expression of NADPH oxidase-related genes. The incubation of cultured cells retrieved from BALF exhibited decreased superoxide anion production and PMA-induced activation of NADPH oxidase when the incubation was carried out in the presence of mepenzolate. However, mepenzolate did not affect the background level of NADPH oxidase activity. These results

suggest that mepenzolate suppresses the PPE-induced production of superoxide anions via the modulation of NADPH oxidase activation and expression of NADPH oxidase-related genes. It was reported that polymorphisms in genes encoding GSTs affect the pathogenesis of COPD,<sup>29</sup> and we here found that mepenzolate increased the expression of Gst genes and GST activity in the lung. We also found that treatment of RAW264 cells with mepenzolate increased the expression of Gst genes and GST and Nrf2 activities. These results suggest that the mepenzolate-dependent decrease in the pulmonary level of oxidative stress in vivo also involves its stimulatory effect on Nrf2 and the resulting expression of Gst genes. It should be noted that both the modulatory effect of mepenzolate on NADPH oxidase activation and its stimulatory effect on the expression of Gst genes and GST activity seems not to be a secondary effect of alternative mechanisms, because these effects can be reproduced in vitro. Furthermore, the expression of SOD1 in the lung, which is regulated by Nrf2 (ref. 26), was decreased by the PPE treatment, and subsequently restored by the concomitant treatment of animals with mepenzolate.

This action of mepenzolate may also be involved in the observed decreased oxidative stress in vivo. Oxidative stress activates

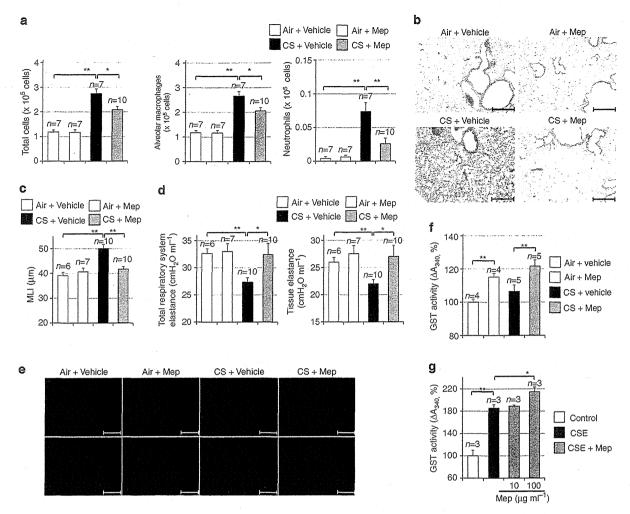


Figure 8 | Effect of mepenzolate on CS-induced pulmonary disorders. (a-f), mice were exposed to CS (three times per day) and intratracheally administered mepenzolate (Mep;  $38 \mu g \, kg^{-1}$ , once daily) for 3 days (a, f) or for 6 months (5 days per week (from Monday to Friday)) (b-e) as described in the Materials and Methods. Only CS exposure was performed in the last week (b-e). The total cell number and the number of neutrophils or macrophages were determined as described in the Materials and Methods (a). Sections of pulmonary tissue were subjected to histopathological examination (H&E staining) (scale bar, 500  $\mu$ m) (b). Airspace size was estimated by determining the MLI as described in the Materials and Methods (c). Total respiratory system elastance and tissue elastance were determined as described in the Methods (d). Immunohistochemical analysis with an antibody against 8-OHdG was performed as described in the Materials and Methods (scale bar, 200  $\mu$ m) (e). The GST activity was determined as described in the Materials and Methods (f). (g) RAW264 cells were pre-incubated for 24 h with indicated concentrations of mepenzolate (Mep) and further incubated with CSE (15%) for 24 h. GST activity was determined as described above. Values represent the mean  $\pm$  s.e.m. \*P < 0.05; \*\*P < 0.01 (Tukey test). Experiments were replicated at least two times (except for b-e).

NF- $\kappa$ B via both the inhibition of HDAC2 and the stimulation of I $\kappa$ B- $\alpha$  degradation, with these mechanisms suggested to be important for inflammatory responses associated with COPD<sup>12,14</sup>. Therefore, we conclude that mepenzolate suppresses inflammatory responses in animal models of COPD due to its inhibitory effect on ROS production, its stimulatory effect on the expression of antioxidant proteins and the resulting inhibition of NF- $\kappa$ B, which is caused by the activation of HDAC2 and the inhibition of I $\kappa$ B- $\alpha$  degradation.

As described above, a combination of anti-inflammatory drugs (such as steroids) and bronchodilators is the standard treatment regime for COPD<sup>30,31</sup>. We have shown that mepenzolate has both anti-inflammatory and bronchodilatory activities, suggesting that this drug could be effective for the treatment of COPD without the concomitant use of other drugs. However, the results of this study suggest that mepenzolate belongs to the short-acting

muscarinic antagonists, which are used as supplemental drugs for the temporary improvement of airflow limitation  $^{24}$ . On the other hand, we recently reported that steroids do not provide protective or therapeutic benefits against PPE-induced pulmonary emphysema, alterations in lung mechanics or respiratory dysfunction  $^{23}$ , whereas here we have shown that mepenzolate is effective against these disorders under the same experimental conditions. Based on these observations, we consider that a combination treatment regime involving the administration of long-acting muscarinic antagonists or  $\beta_2$ -agonists along with inhaled mepenzolate may prove to be therapeutically beneficial for COPD patients.

#### Methods

Chemicals and animals. Mepenzolate, PPE, PMA, glycopyrronium, ipratropium, scopolamine, N, N'-dimethyl-9, 9'-biacridinium dinitrate (lucigenin), NADPH and