Table 2. Area Under the ROC Curves, Sensitivity, Specificity, and Negative as Well as Positive Predictive Values of Nonvirological Responses

Variables	AUC	95% CI	Cutoff	Sensitivity	Specificity	NPV	PPV
RIG-I (copies/int. control)	0.712	0.584-0.840	0.573	0.679	0.733	0.830	0.543
ISG15 (copies/int. control)	0.782	0.666-0.899	0.347	0.714	0.833	0.862	0.667
RIG-I/IPS-1 (copies/int. control)	0.732	0.611-0.852	0.651	0.679	0.750	0.833	0.559
IL28B genotype	0.662	0.537-0.787	TG*/CT†	0.607	0.717	0.796	0.500

AUC, area under the curve; NPV, negative predictive value; PPV, positive predictive value.
*Genotype at rs8099917.
†Genotype at rs12979860.

associated with NVR (Table 3). Among these, multivariate analysis identified old age, HCV core double mutant, and higher hepatic expressions of *RIG-I* and *ISG15* as factors independently associated with NVR (Table 3).

IPS-1 and RIG-I Protein Expression in the Liver. Western blotting revealed that full-length and cleaved IPS-1 were variably present in all the samples from CH-C patients (Fig. 5A). Similar to mRNA

Table 3. Factors Associated with Nonvirological Response

	Univariate Analysis		Multivariate Analysis*	
Factors	Risk Ratio (95% CI)	*P*-value	Risk Ratio (95% CI)	*P*-value
Age (by every 10 year)	1.84 (1.10-3.14)	0.027	3.76 (1.19-11.7)	0.023
Sex				
Male	1			
Female	1.62 (0.59-4.42)	0.350		
BMI (by every 5 kg/m^2)	0.87 (0.46-1.65)	0.672		
Fibrosis stage				
F1/F2	1			
F3/F4	1.82 (0.69-4.85)	0.228		
Degree of steatosis				
<10%	1			
≥10%	1.46 (0.43-5.03)	0.544		
Albumin (by every 1 g/dL)	0.41 (0.11-1.56)	0.190		
AST (by every 40 IU/L)	0.89 (0.53-1.56)	0.681		
ALT (by every 40 IU/L)	0.85 (0.57-1.32)	0.481		
γ-GTP (by every 40 IU/L)	1.32 (0.82-2.07)	0.235		
Fasting blood sugar (by every 100 mg/dL)	1.35 (0.74-2.45)	0.340		
Hemoglobin (by every 1 g/dL)	0.93 (0.67-1.31)	0.683		
Platelet counts (by every 10^4/μL)	0.90 (0.82-0.99)	0.037	0.92 (0.78-1.08)	0.296
HCV load (by every 100 KIU/mL)	1.00 (1.00-1.00)	0.688		
Core 70 & 91 double mutation				
Wild	1		1	
Mutant	3.92 (1.14-13.5)	0.030	11.1 (1.40-88.7)	0.023
ISDR				
Nonwildtype	1			
Wildtype	1.38 (0.13-3.61)	0.513		
IL28B genotype				
Major allele†	1		1	
Minor allele‡	3.91 (1.52-10.0)	0.005	1.53 (0.20-11.9)	0.684
Hepatic gene expression (by every 0.1 copy/*int. control*)				
RIG-I	1.28 (1.10-1.50)	0.002	1.53 (1.07-2.22)	0.021
MDA5	1.53 (1.12-2.00)	0.001		
LGP2	1.34 (1.04-1.74)	0.026		
IPS-1	0.90 (0.78-1.04)	0.143		
RNF125	0.93 (0.83-1.04)	0.204		
ISG15	1.37 (1.16-1.62)	<0.001	1.28 (1.04-1.58)	0.021
USP18	1.67 (1.27-2.20)	<0.001		
IFNλ	1.02 (0.99-1.05)	0.170		
RIG-I/IPS-1 ratio (by every 0.1)	1.21 (1.07-1.36)	0.002		

Risk ratios for nonvirological response were calculated by the logistic regression analysis. BMI, body mass index; AST, aspartate aminotransferase; ALT, alanine aminotransferase; γ-GTP, gamma-glutamyl transpeptidase; HCV, hepatitis C virus; ISDR, IFN sensitivity determining region.
*Multivariate analysis was performed with factors significantly associated with nonvirological response by univariate analysis except for *MDA5*, *LGP2*, *USP18*, and *RIG-I/IPS-1* ratio, which were significantly correlated with *RIG-I* and *ISG15*.
†rs8099917 TT and rs12979860 CC.
‡rs8099917 TG and rs12979860 CT.

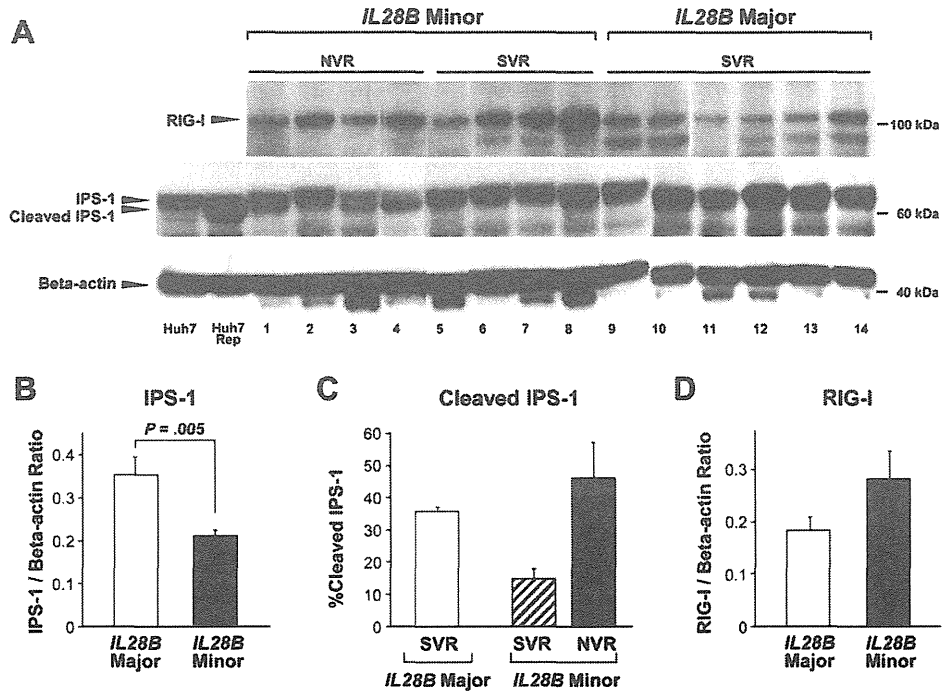

Fig. 5. (A) Western blotting for IPS-1 and RIG-I protein expression levels. Eight lanes contain samples from *IL28B* minor patients (lanes 1-8) and six lanes contain samples from *IL28B* major patients (lanes 9-14). Four lanes contain samples from nonvirological responders (NVR, lanes 1-4) and 10 lanes contain samples from sustained virological responders (SVR, lanes 5-14). Specific bands for RIG-I, full-length IPS-1, cleaved IPS-1, and β-actin are indicated by arrows. Naive Huh7 cells were used for a positive control for full-length IPS-1 (lane Huh7), and cells transfected with HCV-1b subgenomic replicon (Reference #20) were used for a positive control for cleaved IPS-1 (lane Huh7 Rep). (B) Total IPS-1 protein expression levels normalized to β-actin according to *IL28B* genotype. Error bars indicate standard error. *P*-value was determined by Mann-Whitney *U* test. (C) Percentage of cleaved IPS-1 products in total IPS-1 protein according to treatment responses stratified by *IL28B* genotype. Error bars indicate standard error. (D) RIG-I protein expression levels normalized to β-actin according to *IL28B* genotype. Error bars indicate standard error.

expression, total hepatic IPS-1 protein expression was significantly lower in *IL28B* minor patients than in *IL28B* major patients (Fig. 5B). With regard to *IL28B* minor patients, the percentage of cleaved IPS-1 protein in total IPS-1 in SVR was lower than that in NVR (Fig. 5C). In contrast to IPS-1 protein expression, hepatic RIG-I protein expression was higher in *IL28B* minor patients than that in *IL28B* major patients (Fig. 5D).

Discussion

In the present study we found that the baseline expression levels of intrahepatic viral sensors and related regulatory molecules were significantly associated with the genetic variation of *IL28B* and final virological outcome in CH-C patients treated with PEG-IFNα/RBV combination therapy. Although the relationship between the *IL28B* minor allele and NVR in PEG-IFNα/RBV combination therapy is evident, mechanisms responsible for this association remain unknown. *In vitro* studies have suggested that cytoplasmic viral sensors, such as RIG-I and MDA5, play a pivotal role in the regulation of IFN production and augment IFN production through an amplification circuit.[7,8] Our results indicate that expressions of *RIG-I* and *MDA5* and a related amplification system may be up-regulated by endogenous IFN at a higher baseline level in *IL28B* minor patients. However, HCV elimination by subsequent exogenous IFN is insufficient in these patients, as reported,[19] suggesting that *IL28B* minor patients may have adopted a different equilibrium in their innate immune response to HCV. Our data are further supported by recent reports of an association between intrahepatic levels of IFN-stimulated gene expression and PEG-IFNα/RBV response as well as with *IL28B* genotype.[21-23]

In contrast to cytoplasmic viral sensor (*RIG-I, MDA5*, and *LGP2*) and modulator (*ISG15* and *USP18*) expression, the adaptor molecule (*IPS-1*) expression was significantly lower in *IL28B* minor patients. Moreover, western blotting further confirmed IPS-1 protein downregulation in *IL28B* minor patients by revealing decreased protein levels. Because IPS-1 is one of the main target molecules of HCV evasion,[9,18]

transcriptional and translational *IPS-1* expression are probably suppressed by HCV with resistant phenotype, which may be more adaptive in *IL28B* minor patients than in *IL28B* major patients. When we analyzed the proportion of full-length or cleaved IPS-1 to the total IPS-1 protein in a subgroup of *IL28B* minor patients, cleaved IPS-1 product was less dominant in SVR than in NVR, whereas uncleaved full-length IPS-1 protein was more dominant in SVR than in NVR. Therefore, the ability of HCV to evade host innate immunity by cleaving IPS-1 protein and/or host capability of protection from IPS-1 cleavage is probably responsible for the variable treatment responses in *IL28B* minor patients.

Our results indicated a close association between *IL28B* minor patients with higher γ-GTP level and higher frequency of HCV core double mutants, which are known factors for NVR. In contrast, no significant association was observed between *IL28B* genotype and age, gender, or liver fibrosis, which are also known to be unfavorable factors for virological response to PEG-IFNα/RBV. Therefore, certain factors other than the *IL28B* genotype may independently influence virological response. To elucidate whether gene expression involving innate immunity independently associates with a virological response from the *IL28B* genotype, we performed further analysis in a subgroup and conducted a multivariate regression and ROC analyses. Our multivariate and ROC analyses demonstrate that higher expressions of *RIG-I* and *ISG15* as well as a higher ratio of *RIG-I/IPS-1* are independently associated with NVR, and quantification of these values is more useful in predicting final virological response to PEG-IFNα/RBV than determination of *IL28B* genotype in each individual patients. However, the SVR rates in our patients were similar among *IL28B* genotypes, which suggests more SVR patients with the *IL28B* minor allele were included in the present study than those in the general CH-C population. Hence, our data did not necessarily exclude the possibility of the *IL28B* genotype in predicting NVR, although our multivariate analysis could not identify the *IL28B* minor allele as an independent factor for NVR. Interestingly, an association between *IL28B* genotype and expressions of *RIG-I* and *ISG15* as well as *RIG-I/IPS-1* expression ratio is still observed even in patients with the same subgroup of virological response (Fig. 3).

In the present study, although hepatic *IFNλ* expression was observed to be higher in *IL28B* minor and NVR patients, it was not statistically significant. Because *IL28B* shares 98.2% homology with *IL28A*, our primer could not distinguish the expression of *IL28B* from that of *IL28A*, and moreover, we could not specify which cell expresses *IFNλ* (i.e., hepatocytes or other immune cells that have infiltrated the liver). Therefore, the precise mechanisms underlying *IL28B* variation and expression of *IFNλ* in relation to treatment response need further clarification by specifying type of IFNλ and uncovering the producing cells.

In the present study we included genotype 1b patients because it is imperative to designate a virologically homogenous patient group to associate individual treatment responses with different gene expression profiles that direct innate immune responses. We have reported that the *RIG-I/IPS-1* ratio was significantly higher in NVR with HCV genotype 2.[19] However, our preliminary results indicated that baseline hepatic *RIG-I* and *ISG15* expression and the *RIG-I/IPS-1* expression ratio is not significantly different among *IL28B* genotypes in patients infected with genotype 2 (Supporting Figure). This may be related to the rarity of NVR with HCV genotype 2 and the lower effect of *IL28B* genotype on virological responses in patients infected with HCV genotype 2.[24] The association among treatment responses in all genotypes, the different status of innate immune responses, and *IL28B* genotype needs to be examined further.

Differences in allele frequency for *IL28B* SNPs among the population groups has been reported. The frequency of *IL28B* major allele among patients with Asian ancestry is higher than that among patients with European and African ancestry.[25] Because *IL28B* polymorphism strongly influences treatment responses within each population group,[5] our data obtained from Japanese patients can be applied to other population groups. However, the rate of SVR having African ancestry was lower than that having European ancestry within the same *IL28B* genotype.[5] Hence, further study is required to clarify whether this difference among the population groups with the same *IL28B* genotype could be explained by differences in expression of genes involved in innate immunity.

In a recent report, an SVR rate of telaprevir with PEG-IFNα/RBV was only 27.6% in *IL28B* minor patients.[26] Because new anti-HCV therapy should still contain PEG-IFNα/RBV as a platform for the therapy, our findings regarding innate immunity in addressing the mechanism of virological response and predicting NVR remain important in this new era of directly acting anti-HCV agents, such as telaprevir and boceprevir.

In conclusion, this clinical study in humans demonstrates the potential relevance of the molecules involved in innate immunity to the genetic variation

of *IL28B* and clinical response to PEG-IFNα/RBV. Both the *IL28B* minor allele and higher expressions of *RIG-I* and *ISG15* as well as higher *RIG-I/IPS-1* ratio are independently associated with NVR. Innate immune responses in *IL28B* minor patients may have adapted to a different equilibrium compared with that in *IL28B* major patients. Our data will advance both understanding of the pathogenesis of HCV resistance and the development of new antiviral therapy targeted toward the innate immune system.

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最新

C型肝炎
治療薬の使いかた

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診断と治療社

D 肝発癌抑制を目指したインターフェロン療法

東京医科歯科大学消化器内科 / 同 大学院分子肝炎制御学　朝比奈靖浩

CHECK POINTS!

- IFN 療法を行っても HCV の排除が得られない難治例や，高齢などの理由により治癒目的の IFN 投与が不能な症例では，IFN 少量長期療法による発癌抑止を目指した治療が適応となる
- IFN 少量長期療法には，PEG-IFNα，天然型 IFNα および天然型 IFNβ などが用いられる
- うつ，うつの既往例に対する IFN 療法には，天然型 IFNβ の使用が推奨される
- IFN 療法後の発癌リスク因子には，IFN 療法時の年齢，性別，肝線維化，肝脂肪化などがあげられる
- HCV の排除が得られなくても，IFN 療法により ALT または AFP の低下が得られれば，発癌リスクを低下させられる可能性がある

1 IFN 単独療法の肝発癌抑制効果

インターフェロン(interferon：IFN)療法を行ってもC型肝炎ウイルス(hepatitis C virus：HCV)が排除できない症例や高齢などの理由により治癒目的の IFN 投与ができない症例では，IFN 少量長期療法による発癌抑制を目指した治療が適応となる．IFN 療法による肝発癌抑制効果については世界的にもわが国からの報告が多く，sustained virological response(SVR)（持続的ウイルス学的著効)が得られなくても ALT が正常化することで発癌リスクが低下することが報告されている[1]．

一方，海外では，Di Bisceglie らが HALT-C trial を行い，ペグインターフェロン(peginterferon：PEG-IFN)α / リバビリン(ribavirin：RBV)併用療法の非 SVR 例における PEG-IFNα 少量維持療法の発癌を含む肝疾患関連イベントの抑制効果について，C型慢性肝炎(chronic hepatitis C：CHC)の肝線維化進展例および肝硬変(liver cirrhosis)例 1,050 例からなるコホートを対象として，前向きに無作為比較検討した[2]．その結果，経過観察 3.8 年の時点でいずれかのエンドポイントに至った症例は計 157 例であり，PEG-IFNα 少量維持療法群 34.1 %，無治療群 33.8 % と両群間に有意差を認めなかった(ハザード比(hazard ratio：HR)：1.01，95 % 信頼区間：0.81～1.27)．さらに，本コホートにおける発癌リスクも検討され，中央値 4.6 年(最長 6.7 年)の観察期間中，48 例(4.8 %)に肝発癌を認めたが，PEG-IFNα 少量維持療法群における累積 5 年肝発癌率は 5.4 % であり，無治療群 5.0 % との間に有意差はなかった($p=0.78$)[3]．したがって，この段階では PEG-IFNα /RBV 併用療法の非 SVR 例における PEG-IFNα 少量維持療法には，肝疾患関連イベント全体および肝発癌に対する抑制効果はないと結論された．

しかし最近，Lok らにより HALT-C trial の追跡結果が報告された[4]．この報告によると，観察期間を前回の解析よりさらに中央値で 6.1 年(最長 8.7 年)まで延長したところ，肝硬変患者のみに限って解析した場合，累積 7 年肝発癌率は PEG-IFNα 少量維持療法群で 7.8 % であったのに対して無治療群では 24.2 % であり，PEG-IFNα の少量維持療法群において有意に発癌リスクが低下していた(HR：0.45，95 % 信頼区間：0.24～0.83，$p=0.01$)（図 1）．この HALT-C trial の追跡結果は，海外においても肝硬変に限れば観察期間を延長することにより PEG-IFNα 少量維持療法の発癌抑制効果が証明されたと理解できるが，非肝硬変例を含めた全症例ではその効果は認められなかった．また，PEG-IFNα 少量維持療法の肝発癌抑制効果は 4 年以上経過しないと現れないことも示唆している．

これら HALT-C trial の結果を受けて，わが国においても PEG-IFNα2a 単独療法の発癌抑制効果が多施設共

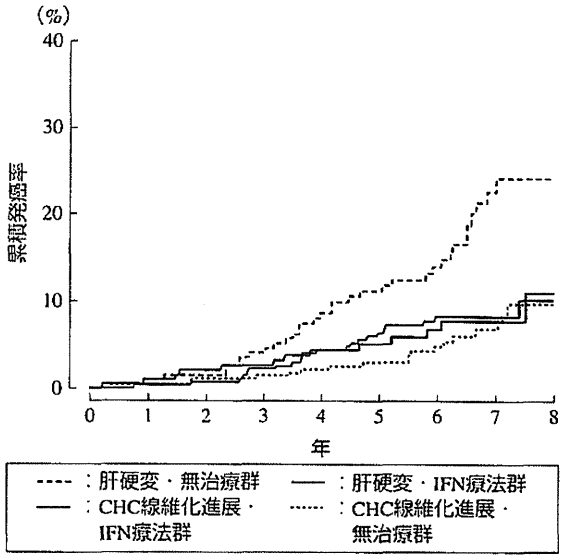

図1　CHC線維化進展例および肝硬変例における累積発癌率

(Lok AS, *et al.*：Maintenance peginterferon therapy and other factors associated with hepatocellular carcinoma in patients with advanced hepatitis C. *Gastroenterology* 2011；**140**：840-849；quiz e812 より改変)

同研究により検証された．すなわち，59例のPEG-IFNα2a単独療法群と，年齢，性別，肝線維化の程度，血小板数(platelet count：Plt)および血清ビリルビン値をマッチさせた非IFN投与群59例を比較したところ，累積発癌率はPEG-IFNα2a単独療法群で有意に低値であり($p=0.0187$)，相対危険度は0.167であった[5]．HALT-C trialと同様に，PEG-IFNα2a単独療法群における発癌率の低下は肝線維化進展例(F3～F4)で特に顕著であった($p=0.0036$，相対危険度：0.0847)．さらに，HCV RNAが陰性化しなくとも，投与24週時点でALT 40 IU/L未満またはAFP 10 ng/mL未満のいずれかが達成できた症例の発癌率は有意に低値であったことが示された．

HALT-C trialの結果とわが国における知見が解離していた理由としては，従来からHALT-C trialにおける対象の平均年齢が若年であり，全体の発癌率も低率であることが指摘されてきた．CHCにおいては肝線維化が同程度であっても高齢者のほうが若年者に比して明らかに発癌リスクが高いため[6]，わが国と米国におけるC型肝炎患者の年齢と発癌リスクの差が結果の解離に影響した可能性がある．

2 高齢者に対するIFN療法

このように，わが国のC型肝炎患者の年齢は欧米に比して高齢であり，高齢者では他の発癌リスクを補正しても発癌リスクが高い[6]．また，高齢者でもHCVの排除によって肝発癌は有意に抑制されるものの，非高齢者に比べてSVRが得られない症例や副作用による中止例が多い．このような治療効果や副作用の観点から，わが国の高齢者に対する治療はウイルス排除目的ではなく，肝炎の沈静化による肝発癌抑制を目指したIFN単独長期療法が広く行われている．

高齢者におけるIFN療法の発癌抑制効果について，Araseらは60歳以上のCHCまたは肝硬変患者120例に対して天然型IFNα 3MU週3回投与を平均2.47年間施行し，10年発癌率はIFN療法群で17.3％となり，年齢と性別をマッチさせた240例の非IFN療法群の32.8％に比して低率であり，発癌の相対危険度は0.3であったとしている．特に，IFN療法群では有意にAFPが低下し，AFPが10 ng/mL未満の症例では発癌が少なかった．また，Nomuraらも60歳以上のHCV genotype 1患者44例を対象として，天然型IFN 3MU週3回投与を3年間行い，年齢，性別，肝組織所見をマッチさせた44例の非IFN治療例と比較した結果，累積発癌率はIFN治療群において有意に低かったと報告している．

3 うつ，うつの既往例に対するIFN療法

IFN療法においては，抑うつや不眠などの精神症状が5～10％に認められ，うつの既往例や治療前精神症状がある症例で起こりやすい．精神症状は，うつ特異的症状とうつに関連した自律神経症状に分けられ，前者に対しては選択的セロトニン再取り込み阻害薬(selective serotonin reuptake inhibitor：SSRI)が効果的である．

うつやうつの既往例に対するIFN療法には，IFNβが用いられることが多い．IFNβは天然型で単独投与またはRBVとの併用が保険適用となっている．静注または点滴静注で施行され，週3回以上の投与を行う．IFNβはIFNαと共通のI型IFN受容体に結合し，抗ウイルス効果はIFNαと同等であるが，副作用のプロフィールがIFNαとは異なる．すなわち，

Araseらによる天然型IFNβ/RBV併用療法を行ったHCV genotype 1患者40例を解析した後ろ向き研究では，PEG-IFNα/RBV併用療法に比して副作用による中止が少なく，Plt値の低下が軽微であったと報告されている．また，IFNαによる治療をうつ症状のために中止した既往のある症例においても，天然型IFNβ/RBV併用療法はうつなどの副作用に対する認容性が高いことが示されている[7]．したがって，うつなどによりIFNαが投与できない症例では，天然型IFNβを用いたIFN療法が推奨される．

4 肝発癌のリスク因子

C型肝炎からの肝発癌リスク因子については，わが国からの報告が多い．著者らは，IFN療法を施行した2,166例のコホートを平均7.5年観察し，年齢別の発癌リスクを検討した．その結果，65歳以上で急激に発癌リスクが増大し，65歳以上の症例では65歳未満に比して有意に累積発癌率が高いことを示した[6]．さらに，SVRにより得られる発癌抑制効果を65歳以上と65歳未満の症例で比較した場合，65歳以上の症例はSVR例と非SVR例における累積発癌率の差が65歳未満に比して小さく，HCV排除によって得られる発癌抑制効果は高齢者では若年者に比して乏しいことが示唆された．また，発癌に寄与する因子としては，年齢，性別，肝線維化，肝脂肪化，コレステロール値，血糖値，ウイルス学的治療効果およびIFN療法後のALTやAFP値が多変量解析による独立因子として抽出された．このなかで治療介入によって変化させうる因子はALTとAFPであり，非SVR例でもIFN療法後にALTやAFPが低下した症例では発癌率が低く，ウイルス排除が得られない高齢者や難治例ではALTまたはAFPの低下を目指したIFN療法が発癌抑制に有効であると考えられる．

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ORIGINAL ARTICLE—LIVER, PANCREAS, AND BILIARY TRACT

Inhibition of hepatocellular carcinoma by PegIFNα-2a in patients with chronic hepatitis C: a nationwide multicenter cooperative study

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Abstract
Background We investigated whether the administration of maintenance doses of interferon prevented hepatocellular carcinoma (HCC) in patients with chronic hepatitis C.
Methods Study 1: A multicenter, retrospective, cooperative study was carried out to determine whether long-term administration of low-dose peginterferon alpha-2a (PegIFNα-2a) prevented HCC development in patients with chronic hepatitis C. In total, 594 chronic hepatitis C patients without a history of HCC were enrolled and treated with 90 μg PegIFNα-2a administered weekly or bi-weekly for at least 1 year. Study 2: HCC developed in 16 of 99 additional patients without PegIFNα-2a treatment during 3.8 years of observation. A propensity-matched control study was then carried out to compare the incidence of

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HCC between the 59 patients who received low-dose PegIFNα-2a (PegIFNα-2a group) and 59 patients who did not receive PegIFNα-2a treatment (control group), matched for sex, age, platelet count, and total bilirubin levels.

Results Study 1: HCC developed in 49 patients. The risk of HCC was lower in patients with undetectable hepatitis C virus RNA, ≤40 IU/L alanine aminotransferase (ALT), or ≤10 ng/L alpha-fetoprotein (AFP) 24 weeks after the start of therapy. Study 2: The incidence of HCC was significantly lower in the PegIFNα-2a group than in the control group.

Conclusions Low-dose and long-term maintenance administration of PegIFNα-2a decreased the incidence of HCC in patients with normalized ALT and AFP levels at 24 weeks compared with patients without normal ALT and AFP levels.

Keywords Chronic hepatitis C · Hepatocellular carcinoma · Peginterferon

Introduction

Hepatocellular carcinoma (HCC), the sixth most common cancer worldwide, often develops because of long-term hepatitis B or C virus infection [1, 2]. In particular, chronic hepatitis C and hepatic cirrhosis increase the risk of HCC; the annual incidence of tumor development in such patients may be as high as 2–4 % [3–5]. The incidence of HCC decreases in patients who achieve a sustained virological response (SVR) to interferon (IFN) treatment, although the incidence remains high in non-SVR patients [6–9]. A detailed analysis of HCC development revealed that chronic hepatitis C patients aged 65 years or more, especially those with advanced fibrosis of the liver, were at an increased risk of developing HCC [10]. For patients 65 years or older with advanced liver fibrosis, the dose of ribavirin is often reduced or the agent is discontinued, resulting in lower SVR rates in those with discontinuation of ribavirin. Establishing an effective treatment strategy for preventing the development of HCC is important for these high-risk patients.

Factors related to the development of HCC have been analyzed in patients who did not achieve an SVR even after IFN treatment; advanced fibrosis of the liver and high levels of serum alanine aminotransferase (ALT), and alpha-fetoprotein (AFP) are risk factors for HCC development [11, 12]. A randomized controlled trial was conducted in Western countries to determine whether combined peginterferon and ribavirin treatment with weekly administration of 90 μg peginterferon alpha-2a (PegIFNα-2a) could prevent HCC in non-responders. A 3.5-year follow up showed that administration of a maintenance dose of PegIFNα-2a did not reduce tumor incidence in these patients [13]. However, after 8.5 years of observation, the incidence of HCC was decreased among those in the PegIFNα-2a group with cirrhosis [14]. Meanwhile, Bruix et al. [15] reported that maintenance therapy with PegIFNα-2b did not prevent HCC in chronic hepatitis C patients with cirrhosis. In Japan, long-term low-dose administration of natural IFN has been reported to decrease the incidence of HCC [16]. In light of these conflicting results, investigations should be carried out in a large number of patients with chronic hepatitis C to resolve the question of whether IFN treatment prevents the development of HCC.

We carried out a multicenter retrospective cooperative study of patients with chronic hepatitis C to determine whether those treated with 90 μg PegIFNα-2a without ribavirin had a reduced incidence of HCC compared with those not treated with IFN.

Patients and methods

Study 1: analysis of risk factors for HCC in patients treated with long-term low-dose-PegIFNα-2a

In total, at 21 hepatitis centers throughout Japan, 743 patients with hepatitis C who had received 90 μg of PegIFNα-2a therapy weekly or bi-weekly for 1 year or more without having received the full dose (180 μg) since December 2003 were examined retrospectively for the development of HCC. The end of enrollment in this study was the end of December 2008 and the end of follow up was the end of December 2010. Patients with a history of HCC before the start of therapy and those with a therapy period of less than 48 weeks were excluded, leaving 594 patients who had undergone long-term administration of PegIFNα-2a for analysis. At the 21 centers involved in this

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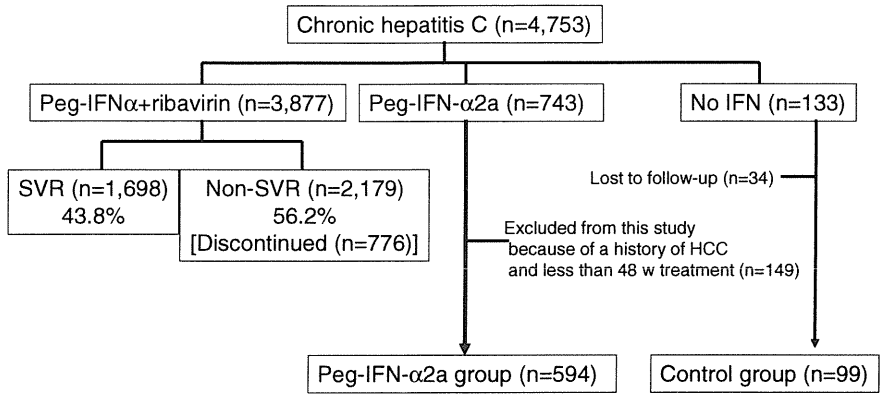

Fig. 1 Flow diagram of the patients' enrollment in the study. *Peg-IFNα* pegylated interferon α, *SVR* sustained viral response, *HCC* hepatocellular carcinoma, *w* week

study, 4,753 patients with chronic hepatitis C had been treated; Peg-IFN and ribavirin combination treatment had been administered to 3,877 patients, 743 patients had received Peg-IFN alone, and 133 patients had not agreed to receive IFN (a flow diagram of the enrollment of patients in this study is shown in Fig. 1). In the patients with Peg-IFN and ribavirin combination treatment, the SVR rate was 43.8 %; SVR was not achieved in 2,179 patients, and in 776 of these patients, the combination therapy was discontinued owing to adverse events or the patient's choice. Patients who failed to achieve an SVR were not included in this study, because the incidence of HCC is known to be reduced even in non-responders to IFN [17].

The backgrounds of the 594 patients studied are shown in Table 1. Findings from the liver biopsies of the patients were classified according to international standards [18]. Long-term PegIFNα-2a treatment is approved by the Japanese Medical Insurance system. Written informed consent was obtained from all patients prior to participation in this study. The study design was approved by the regional ethics committees of the 21 centers involved in this study, including the Musashino Red Cross Hospital, in accordance with the Helsinki Declaration. The 743 patients treated with PegIFNα-2a alone were not indicated for Peg-IFNα and ribavirin combination therapy because of anemia or heart disease. The 133 patients who did not agree to receive IFN served as the control group (see Fig. 1). A large proportion of the 594 study patients had advanced fibrosis of the liver and active inflammation. A dose of 90 μg PegIFNα-2a was administered to 512 and 82 patients weekly and biweekly, respectively, according to the patients' wishes. There were no significant differences between the weekly and biweekly groups in the patients' background data (data not shown).

The median duration of follow up in the PegIFNα-2a group was 1,273 days (range 228–2,768 days) and HCC was observed in 49 of the 594 patients (Table 1). Pre-treatment and on-treatment factors associated with the development of HCC were analyzed by Student's *t*-test, the Mann–Whitney *U*-test, and the χ^2 test (Table 2). Independent factors for the development of HCC were assessed by multivariate analysis using logistic regression. The

Table 1 Background data of patients treated with PegIFNα-2a ($n = 594$)

	$n = 594$
Age (years)	61.7 ± 11.7
Sex (male/female)	258/336
BMI	23.2 ± 3.3
Genotype (1/2)	443/151
Diagnosis (ASC/CH/LC)	4/460/130
History of excess alcohol consumption (≥60 g/day; yes/no)	118/376
Fibrosis (F0, 1, 2/F3, 4)	443/151
Inflammatory activity (A0, 1/A2, 3)	469/125
Diabetes mellitus (no/yes)	499/95
LDL cholesterol (mg/dL)	94.2 ± 31.1
Fasting blood sugar (mg/dL)	106.3 ± 28.5
White blood cell count (/mm^3)	4,360 ± 1,470
Red blood cell count (×10^6/μL)	423.8 ± 56.4
Hemoglobin (g/dL)	13.3 ± 1.8
Platelet count (×10^3/μL)	137 ± 56
Albumin (g/dL)	4.0 ± 0.5
Total bilirubin (mg/dL)	0.8 ± 0.6
AST (IU/L)	65.8 ± 47.8
ALT (IU/L)	72.1 ± 68.0
Gamma-GTP (IU/L)	55.2 ± 51.3
Esophageal varices (no/yes)	344/31
Alpha fetoprotein (ng/L)	6.9 (4.2–13.8)
Once weekly or biweekly PegIFNα-2a	512:82
Baseline HCV RNA (KIU/mL)	1,024 (73–2,130)
Development of HCC (no/yes)	545/49

PegIFN pegylated interferon, *BMI* body mass index, *ASC* asymtomatic carrier, *CH* chronic hepatitis, *LC* liver cirrhosis, *LDL* low-density lipoprotein, *AST* aspartate aminotransferase, *ALT* alanine aminotransferase, *GTP* guanosine triphosphate, *HCV* hepatitis C virus, *HCC* hepatocellular carcinoma

Values are means ± SD, with ranges in parentheses

incidence of HCC was analyzed according to the ALT, AFP, and hepatitis C virus (HCV) RNA levels 24 weeks after the start of PegIFNα-2a administration by using the Kaplan–Meier method. The risk of HCC was analyzed, using the Kaplan–Meier method, only in the non-responders with detectable HCV RNA during PegIFNα-2a administration by dividing them according to the ALT and AFP levels 24 weeks after the start of therapy. The incidence of HCC was compared between the patients with ALT levels of <41 IU/L and those with levels of ≥41 IU/L, and between patients with serum AFP levels of <10 ng/L and those with levels of ≥10 ng/mL at 24 weeks after starting treatment, because at most of the centers participating in the this study, the upper normal range of serum ALT is set at 40 IU/L, and the most significant difference in the incidence of HCC was observed between the PegIFNα-2a and control group with the cut-off serum ALT set at 41 IU/L and cutoff serum AFP set at 10 ng/mL, 24 weeks after starting treatment. The HCV RNA level was measured using the Amplicor Monitor method with a lower detection limit of 50 IU/L (Roche Diagnostics, Tokyo, Japan). A history of excess alcohol consumption was determined as >60 g alcohol per day in order to exclude alcoholic liver disease.

An asymptomatic carrier was defined as a patient with a serum ALT level within the normal range and minimal inflammation or fibrosis in the biopsied tissues of the liver. Chronic hepatitis was defined as mild-to-severe fibrosis of the liver according to liver biopsy [18]. The diagnosis of liver cirrhosis was based on the results of histological examination of the biopsied liver tissues.

Study 2: incidence of HCC in the PegIFNα-2a therapy and non-administration (control) groups in comparison with propensity-matched controls

Ninety-nine of the 133 chronic hepatitis C patients who had not received IFN were examined as controls; patients in this group received liver-protective agents such as glycyrrhizin or were untreated, and the group was observed for more than 1 year. None of the individuals in the control groups had received IFN alone or PegIFNα and ribavirin combination treatment. They were treated for a median of 1,395 days (range 75–6,556 days). Fifty-nine of these patients underwent liver biopsy before the treatment and were considered the control group for the propensity-matched study. For the propensity-matched study, 59 patients were selected from the PegIFNα-2a group according to their age, sex, platelet count, and total bilirubin levels, which had been identified as independent pretreatment risk factors for the development of HCC in Study 1. The rates of HCC were analyzed using the Kaplan–Meier method, and the risk of HCC was analyzed particularly in patients with advanced fibrosis of the liver (F3 and F4).

Table 2 Comparison of HCC and non-HCC patients with long-term PegIFNα-2a administration ($n = 594$)

	Patients with or without development of HCC		p value
	With HCC ($n = 49$)	Without HCC ($n = 545$)	
Pretreatment parameters			
Age (years)	63.8 ± 1.7	61.3 ± 0.5	<0.05
Sex (male/female)	32/17	226/319	<0.01
BMI	24.0 ± 0.5	23.1 ± 0.2	n.s.
Genotype (1/2)	47/6	397/148	n.s.
History of excess alcohol consumption (≥60 g/day; yes/no)	11/38	107/338	n.s.
Fibrosis (F0, 1, 2/F3, 4)	25/24	418/127	<0.001
Inflammatory activity (A0, 1/A2, 3)	7/42	462/83	<0.001
Diabetes mellitus (no/yes)	38/11	461/84	n.s.
LDL cholesterol (mg/dL)	88.2 ± 9.0	94.7 ± 2.6	n.s.
White blood cell count (/mm^3)	4,355 ± 210	4,360 ± 64	n.s.
Red blood cell count (×10^6/μL)	420.8 ± 8.1	424.1 ± 2.6	n.s.
Hemoglobin (g/dL)	13.6 ± 0.3	13.3 ± 0.1	n.s.
Platelet count (×10^3/μL)	106 ± 8	140 ± 2	<0.001
Albumin (g/dL)	3.8 ± 0.1	4.0 ± 0.1	<0.001
Total bilirubin (mg/dL)	1.2 ± 0.1	0.8 ± 0.1	<0.001
AST (IU/L)	78.1 ± 6.8	64.6 ± 2.1	n.s.
ALT (IU/L)	72.8 ± 9.7	72.0 ± 2.9	n.s.
Gamma-GTP (IU/L)	68.7 ± 7.5	53.9 ± 2.3	n.s.
Alpha fetoprotein (ng/L)	17.1 (4.4–36.8)	16.7 (4.1–23.1)	n.s.
Esophageal varices	29.0 % (9/31)	6.4 % (22/344)	<0.01
On-treatment parameters			
ALT (IU/L)	59.4 ± 5.7	44.6 ± 1.8	<0.05
Alpha fetoprotein (ng/L)	9.8 (4.6–17.4)	5.5 (3.7–11.1)	<0.01
HCV RNA level (KIU/mL)	236 (<0.5–2,210)	21 (<0.5–1,780)	<0.05

n.s. not significant

Statistical analysis

Categorical data were compared using the χ^2 test or Fisher's exact test. The distributions of continuous variables were analyzed using Student's t-test and the Mann–Whitney U-test for two groups. Multivariate analysis was

conducted using logistic regression. The cumulative incidence curve was determined using the Kaplan–Meier method and differences between groups were assessed by the log-rank test. For all methods, the level of significance was set at $p < 0.05$. Multivariate analysis of the risk of HCC was carried out using the Cox proportional hazard model. Statistical analyses were performed using the Statistical Package for the Social Sciences software version 11.0 (SPSS, Chicago, IL, USA). In Study 1, age, sex, platelet count, and total bilirubin levels were identified as independent factors for the development of HCC; therefore, these factors were selected for the propensity-matched control study (Study 2) in which 59 patients from the PegIFNα-2a group were included.

Results

Study 1

We analyzed the factors involved in the development of HCC in patients who received 90 μg PegIFNα-2a weekly or biweekly for more than a year. The incidence of HCC did not differ significantly between the groups treated with PegIFNα-2a weekly and biweekly (34 of 512 vs. 15 of 82, respectively). As shown in Table 2, univariate analysis revealed statistically significant differences in the pretreatment parameters including age, sex, fibrosis of the liver, platelet count, albumin level, and total bilirubin, between patients who developed HCC and those who did not. Endoscopy was carried out in 375 patients, and esophageal varices were noted in 31 of them. The incidence of HCC was higher in patients with esophageal varices than in those without varices [29.0 % (9 of 31) vs. 6.4 % (22 of 344)]. Assessment of on-treatment factors by univariate analysis revealed statistically significant differences in serum ALT, AFP, and HCV RNA levels 24 weeks after the start of PegIFNα-2a maintenance treatment (Table 2).

Multivariate analysis including pretreatment parameters revealed that age, sex, fibrosis of the liver, platelet count, and total bilirubin were independent risk factors for HCC development (Table 3). Multivariate analysis including on-treatment parameters identified ALT levels of ≥41 IU/L and AFP levels of ≥10 ng/L 24 weeks after the start of the PegIFNα-2a therapy as independent risk factors for HCC development (Table 3).

The incidence of HCC was significantly lower in patients with ALT levels of ≤40 IU/L than in those with ALT levels of ≥41 IU/L 24 weeks after the start of observation (Fig. 2). The incidence of HCC was also significantly lower in patients with AFP concentrations of <10 ng/mL at 24 weeks after the start of observation than in those with AFP concentrations of ≥10 ng/mL (Fig. 3). The dose of PegIFNα-2a was reduced to 45 μg in 16 patients because of neutropenia and thrombocytopenia. In addition, PegIFNα-2a was discontinued in 18 patients because of adverse events, including depression (7 patients), interstitial pneumonitis (3 patients), thrombocytopenia (3 patients), neutropenia (1 patient), itching (1 patient), and ascites (3 patients). No statistically significant differences were found between the patients with reduced dosage or treatment interruption and those without treatment modifications with respect to overall survival, HCC incidence, ascites formation, variceal bleeding, hepatic encephalopathy, and 2-point increases in the Child-Pugh score. No patients underwent liver transplantation.

Table 3 Independent risk factors for HCC development in patients treated with 90 μg PegIFNα-2a weekly or bi-weekly, evaluated by multivariate analysis (logistic regression analysis)

	Multivariate analysis		
	Odds ratio	95 % Confidence interval (CI)	*p*
Age (years) (every 5 years)	2.24	1.76–9.33	<0.005
Sex (male/female)	3.16	1.56–10.7	<0.005
Fibrosis (F3, 4/F0, 1, 2)	1.69	1.18–5.2	<0.01
Platelet count (<120 × 10^3/μL vs. ≥120 × 10^3/μL)	3.24	1.44–27.6	<0.01
Total bilirubin (mg/dL)	1.59	1.09–2.58	<0.05
ALT (at 24 weeks) (≥41 vs. <40 IU/L)	2.49	1.51–8.28	<0.05
AFP (at 24 weeks) (≥10 vs. <10 ng/L)	3.78	1.92–11.8	<0.01

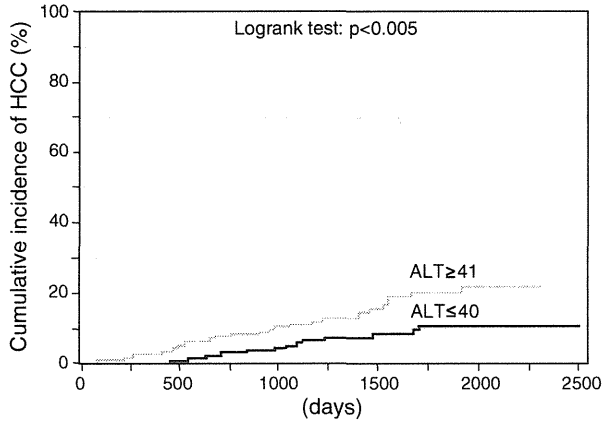

Fig. 2 Comparison of HCC rates in patients administered with PegIFNα-2a ($n = 594$) with respect to alanine aminotransferase (*ALT*) levels 24 weeks after the start of therapy. *Black line* patients with ALT ≥41 IU/L in the first 24 weeks, *gray line* patients with ALT ≤40 IU/L in the first 24 weeks

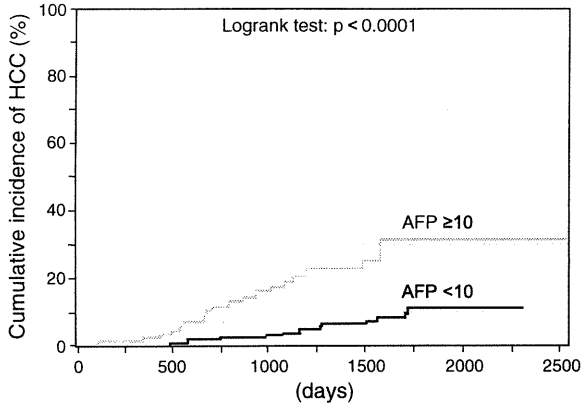

Fig. 3 Comparison of HCC rates in patients administered PegIFNα-2a ($n = 594$) with respect to alpha-fetoprotein (*AFP*) levels in the first 24 weeks after the start of therapy. *Black line* patients with AFP ≥10 ng/mL at 24 weeks, *gray line* patients with AFP <10 ng/mL at 24 weeks

Study 2

We compared the incidence of HCC between 59 patients in the control group and the same number of patients in the PegIFNα-2a group using the matched-pair test. The backgrounds of the patients are shown in Table 4. The PegIFNα-2a group had higher rates of advanced fibrosis (F3 and F4) and active inflammation (A2 and A3). No other differences were found between the two groups, except for the white blood cell count (Table 4).

Development of HCC was observed in 2 patients in the PegIFNα-2a group and 8 in the control group. The incidence of HCC was compared between the two groups, using the Kaplan–Meier method. The incidence of HCC in the PegIFNα-2a group was significantly lower than that in the control group (log-rank test, $p = 0.0187$; Fig. 4). Among the patients with advanced fibrosis of the liver (F3 and F4), those in the PegIFNα-2a group had a lower incidence of HCC than those in the control group. The independent risk factors for the development of HCC were analyzed using the stepwise Cox proportional hazard model. Only PegIFNα-2a administration and age were identified as independent risk factors for the development of HCC (Table 5).

Table 4 Backgrounds of the patients in the propensity-matched control study (PegIFNα-2a group, $n = 59$; control group, $n = 59$)

	PegIFNα-2a group ($n = 59$)	Control group ($n = 59$)	p value
Age (years)	60.5 ± 13.0	63.3 ± 10.5	n.s.
Gender (male/female)	24/35	25/34	n.s.
BMI	22.9 ± 3.6	22.9 ± 3.4	n.s.
Genotype (1/2)	49/10	46/13	n.s.
History of excess alcohol consumption (60 g/day; yes/no)	10/49	4/55	n.s.
Fibrosis (F0, 1, 2/F3, 4)	37/22	43/16	<0.05
Development of HCC (F0–2/F3, 4)	1/1	1/7	n.s.
Inflammatory activity (A0,1/A2, 3)	19/40	30/29	<0.05
Diabetes mellitus (no/yes)	57/2	56/3	n.s.
LDL cholesterol (mg/dL)	95.3 ± 23.8	117.0 ± 4.2	n.s.
White blood cell count (/mm^3)	4,260 ± 1,239	5,193 ± 2,078	<0.05
Red blood cell count ($\times 10^{-4}$/μL)	430 ± 57.8	441 ± 44.9	n.s.
Hemoglobin (g/dL)	13.6 ± 1.5	13.6 ± 1.9	n.s.
Platelet count ($\times 10^{-3}$/μL)	14.5 ± 5.7	15.8 ± 5.7	n.s.
Albumin (g/dL)	4.1 ± 0.5	4.1 ± 0.4	n.s.
Total bilirubin (mg/dL)	0.7 ± 0.5	0.9 ± 0.7	n.s.
AST (IU/L)	58.3 ± 47.7	49.7 ± 26.6	n.s.
ALT (IU/L)	63.6 ± 68.7	58.0 ± 39.2	n.s.
Gamma-GTP (IU/L)	78.3 ± 81.3	55.3 ± 75.1	n.s.
Baseline alpha-fetoprotein (AFP) (ng/L)	7.2 (4.3–14.2)	7.7 (3.9–13.8)	n.s.
Baseline HCV RNA level (KIU/mL)	1,230 (24–3,870)	1,024 (38–3,110)	n.s.

Discussion

The number of HCC cases resulting from HCV infection continues to increase worldwide [19]. To date, IFN therapy is the most effective preventive measure against HCC in patients with chronic hepatitis C; furthermore, the incidence of HCC is reduced in patients who achieve an SVR to IFN [6–9] Therefore, achieving an SVR is the most effective approach for reducing the risk of developing HCC. In Japan, the incidence of HCC is elevated in older patients with hepatitis C. Corroborating this finding, the results of a Japanese study show a higher risk of HCC in patients aged 65 years and more [10]. Therefore, prevention of HCC in aged patients is an important challenge.

In the present multicenter, cooperative, retrospective study conducted in Japan, the incidence of HCC was reduced in patients who received 90 μg PegIFNα-2a weekly or biweekly and had AFP values of <10 ng/mL and ALT values of ≤40 IU/L 24 weeks after the start of the treatment. The results of the matched case–control study of the PegIFNα-2a group and the non-IFN control group show that the incidence of HCC was significantly lower in the PegIFNα-2a group than in the control group, especially in patients with advanced fibrosis of the liver (F3 and F4). However, there could have been a selection bias between

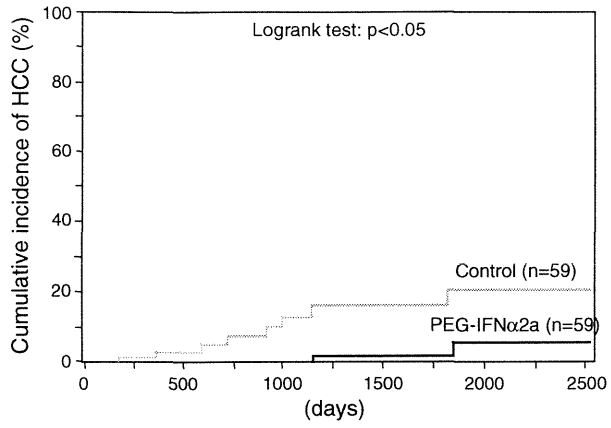

Fig. 4 Comparison of HCC rates between the long-term PegIFNα-2a administration group ($n = 59$) and non-administration group ($n = 59$) in the propensity-matched control study (Kaplan–Meier log-rank test, $p = 0.019$)

Table 5 Risk factors for HCC in the propensity-matched control study (Cox proportional hazard model)

Variables	Risk ratio	95 % CI	*p* value
PegIFN versus control	0.17	0.03–0.75	<0.05
Age (every 1 year)	1.12	1.02–1.25	<0.05
Fibrosis (F3, 4 vs. F0, 1, 2)	1.70	0.75–4.16	n.s.
Platelet count (every 10 × 10^3/μL)	0.89	0.73–1.09	n.s.
Albumin (every 1.0 g/dL)	0.80	0.10–6.68	n.s.
On-treatment AFP (<10 vs. ≥10 ng/L)	4.07	0.59–40.12	n.s.

the PegIFNα-2a group and the control group (patients who did not agree to receive IFN treatment), because this was a retrospective and non-randomized study. However, concordant with the findings of the HALT-C study [14], the present results show that PegIFNα-2a inhibits the development of HCC in patients with advanced fibrosis of the liver.

Recent studies show that polymorphisms in the host *IL28B* gene are important factors in the response to PegIFNα and ribavirin combination therapy [20, 21]. However, the mechanism of IL28B involvement in the response to PegIFNα and ribavirin has not been elucidated completely. A recent report has shown that IL28B is a significant factor in the development of HCC as well as in the response to IFN therapy [22]. Further studies are warranted to analyze the relationship between IL28B and inhibition of the development of HCC by PegIFNα in chronic hepatitis C.

Risk factors for the development of HCC have been discussed previously. Increased intrahepatic fat is involved in the development of HCC in chronic hepatitis C patients [23, 24]. In addition, diabetes-associated fat disorder [25, 26], hepatic iron overload [27], advanced fibrosis, older age, and fatty deposits in the liver are risk factors for HCC development [4]. Therefore, it is important to establish strategies to mitigate these risk factors to prevent the development of HCC and thus improve the outcomes of hepatitis C patients.

IFN therapy after HCC treatment is reported to inhibit the recurrence of tumors [28, 29], and a meta-analysis has revealed a trend toward inhibition of the recurrence of HCC [30, 31]. The prevention of HCC is an important issue that needs to be addressed to improve the survival of chronic hepatitis C patients. The findings of the present study and the HALT-C trial [14] indicate the effectiveness of long-term administration of maintenance IFN for preventing the development of HCC in chronic hepatitis C patients without an SVR. Improvement in ALT levels is also known to be an important predictor for the prevention of HCC [32]. A low AFP value during IFN administration is also recognized as a significant indicator of a lower risk of HCC [33, 34]. Recently, Osaki et al. [35] reported that a decrease of serum AFP during treatment with IFN was associated with a reduced incidence of HCC. Taking these findings and our own together, we conclude that maintenance administration of low-dose PegIFNα-2a weekly or biweekly to non-SVR patients with chronic hepatitis C decreases the incidence of HCC, especially in patients whose serum ALT and AFP levels are within the normal range 24 weeks after the start of treatment. The preventive effects of IFN against the development of HCC without elimination of the virus may be associated with its anticarcinogenic effects [16, 35]; however, the precise mechanism should be investigated.

The limitations of the present study are that it is retrospective and multicentric; therefore, potentially there may have been a selection bias. However, the reduction of the rate of development of HCC by maintenance administration of PegIFNα-2a in the patients in whom serum ALT and AFP levels were within the normal ranges 24 weeks after the start of treatment may be attributable to the anticarcinogenic effects of IFN without elimination of the virus.

Conclusion

The incidence of HCC was lower in non-SVR patients with chronic hepatitis C who were administered with maintenance low-dose PegIFNα-2a; especially in those whose serum ALT and AFP levels were within the normal ranges 24 weeks after the start of treatment.

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Conflict of interest Namiki Izumi received lecture fees from Chugai Co. and MSD Co. in 2011.

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Genome-Wide Association Study Confirming Association of HLA-DP with Protection against Chronic Hepatitis B and Viral Clearance in Japanese and Korean

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Abstract

Hepatitis B virus (HBV) infection can lead to serious liver diseases, including liver cirrhosis (LC) and hepatocellular carcinoma (HCC); however, about 85–90% of infected individuals become inactive carriers with sustained biochemical remission and very low risk of LC or HCC. To identify host genetic factors contributing to HBV clearance, we conducted genome-wide association studies (GWAS) and replication analysis using samples from HBV carriers and spontaneously HBV-resolved Japanese and Korean individuals. Association analysis in the Japanese and Korean data identified the *HLA-DPA1* and *HLA-DPB1* genes with $P_{meta} = 1.89 \times 10^{-12}$ for rs3077 and $P_{meta} = 9.69 \times 10^{-10}$ for rs9277542. We also found that the *HLA-DPA1* and *HLA-DPB1* genes were significantly associated with protective effects against chronic hepatitis B (CHB) in Japanese, Korean and other Asian populations, including Chinese and Thai individuals ($P_{meta} = 4.40 \times 10^{-19}$ for rs3077 and $P_{meta} = 1.28 \times 10^{-15}$ for rs9277542). These results suggest that the associations between the *HLA-DP* locus and the protective effects against persistent HBV infection and with clearance of HBV were replicated widely in East Asian populations; however, there are no reports of GWAS in Caucasian or African populations. Based on the GWAS in this study, there were no significant SNPs associated with HCC development. To clarify the pathogenesis of CHB and the mechanisms of HBV clearance, further studies are necessary, including functional analyses of the HLA-DP molecule.

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Introduction

Overall, one-third of the world's population (2.2 billion) is infected with hepatitis B virus (HBV), and about 15% of these are chronic carriers. About 75% of the chronic carriers live in the east-south Asia and east pacific area, and there are 1.3–1.5 million chronic carriers living in Japan [1]. Of chronic carriers, 10–15% develop liver cirrhosis (LC), liver failure and hepatocellular carcinoma (HCC), and the remaining individuals eventually achieve a state of nonreplicative infection, resulting in hepatitis B surface antigen (HBsAg) negative and hepatitis B core antibody (anti-HBc) positive, i.e. HBV-resolved individuals [2–3]. In Japan, although the major route of HBV transmission was perinatal transmission and horizontal transmission in early childhood, infant HBV carriers have successfully been reduced since 1986 through a selective vaccination policy by the Japanese government [4–7]. However, the prevalence of HBV genotype A in acute HBV (AHB) infection has increased markedly since 2000, reaching approximately 52% in 2008 due to the lack of a universal HB vaccination, and around 10% of AHB cases could be persistent infection [8–9]. Viral factors, as well as host factors, are thought to be associated with persistent HB infection.

In 2009, significant associations between chronic hepatitis B (CHB) and a region including *HLA-DPA1* and *HLA-DPB1* were identified using 786 Japanese individuals having CHB and 2,201 control individuals through a two-stage genome-wide association study (GWAS) [10]. The same group was also subjected to a second GWAS using a total of 2,667 Japanese persistent HBV infection cases and 6,496 controls, which confirmed significant associations between the *HLA-DP* locus and CHB, in addition to associations with another two SNPs located in the genetic region including the *HLA-DQ* gene [11]. The associations between *HLA-DP* variants with HBV infection were replicated in other Asian populations, including Thai and Han Chinese individuals [10,12–13]. With regard to HBV clearance, the association between the human leukocyte antigen (HLA) class II allele and clearance of HBV was confirmed by the candidate gene approach in African, Caucasian and Asian populations [14–18]. However, in a previous GWAS using samples of Japanese CHB and control individuals, the clinical data on HBV exposure in the control individuals were unknown, and this may have led to bias. Moreover, there have been no reports of GWAS using samples from HBV carriers and HBV-resolved individuals to identify host genetic factors associated with HBV clearance other than HLA class II molecules.

Here, we performed a GWAS using samples from Japanese HBV carriers, healthy controls and spontaneously HBV-resolved individuals in order to confirm or identify the host genetic factors related to CHB and viral clearance. In the subsequent replication analysis, we validated the associated SNPs in the GWAS using two independent sets of Japanese and Korean individuals. In our study, healthy controls were randomly selected with clinically no evidence of HBV exposure, therefore, HBV-resolved individuals were prepared to clearly identify the host genetic factors related with CHB or HBV clearance.

Results

Protective Effects Against Chronic Hepatitis B in Japanese and Korean Individuals

In this study, we conducted a GWAS using samples from 181 Japanese HBV carriers (including asymptomatic carriers (ASC), CHB cases, LC cases and HCC cases, based on the criteria described in Materials and Methods) and 184 healthy controls in order to identify the host genetic factors related to progression of CHB. All samples were genotyped using a genome-wide SNP typing array (Affymetrix Genome-Wide Human SNP Array 6.0 for 900 K SNPs). Figure 1a shows a genome-wide view of the single point association data based on allele frequencies using the SNPs that met the following filtering criteria: (i) SNP call rate ≥95%; (ii) minor allele frequency (MAF) ≥1% for HBV carriers and healthy controls; and (iii) no deviation from Hardy-Weinberg equilibrium (HWE) $P \geq 0.001$ in healthy controls. We identified significant associations of protective effects against CHB with two SNPs (rs3077 and rs9277542) using the allele frequency model, both of which are located in the 3′ UTR of *HLA-DPA1* and in the sixth exon of *HLA-DPB1*, respectively (rs3077, $P = 1.14 \times 10^{-7}$, and rs9277542, $P = 5.32 \times 10^{-8}$, respectively). The association for rs9277542 reached a genome-wide level of significance in the GWAS panel (Bonferroni criterion $P < 8.36 \times 10^{-8}$ (0.05/597,789)).

In order to validate the results of GWAS, a total of 32 SNPs, including the associated two SNPs (rs3077 and rs9277542), were selected for replication in two independent sets of HBV carriers and healthy controls (replication-1:256 Japanese HBV carriers and 236 Japanese healthy controls; and replication-2:344 Korean HBV carriers and 151 Korean healthy controls; Table 1). The associations for the original significant SNP (rs9277542) and marginal SNP (rs3077) on GWAS were replicated in both replication sets [replication-1 (Japanese); rs3077, $P = 2.70 \times 10^{-8}$, OR = 0.48 and rs9277542, $P = 3.33 \times 10^{-6}$, OR = 0.54; replication-2 (Korean); rs3077, $P = 2.08 \times 10^{-6}$, OR = 0.47 and rs9277542, $P = 8.29 \times 10^{-5}$, OR = 0.54, Table 2]. We conducted meta-analysis to combine these studies using the DerSimonian Laird method (random effects model) to incorporate variation among studies. As shown in Table 2, the odds ratios were quite similar across the three studies (GWAS and two replication studies) and no heterogeneity was observed ($P_{het} = 0.80$ for rs3077 and 0.40 for rs9277542). P_{meta} values were 4.40×10^{-19} for rs3077 (OR = 0.46, 95% confidence interval (CI) = 0.39–0.54), and 1.28×10^{-15} for rs9277542 (OR = 0.50, 95% CI = 0.43–0.60). Among the remaining 30 SNPs in the replication study, 27 SNPs were successfully genotyped by the DigiTag2 assay with SNP call rate ≥ 95% and HWE p-value ≥ 0.01. Two SNPs (rs9276431 and rs7768538), located in the genetic region including the *HLA-DQ* gene, were marginally replicated in the two sets of HBV carriers and healthy controls with Mantel-Haenszel P values of 2.80×10^{-7} (OR = 0.56, 95% CI = 0.45–0.70) and 1.09×10^{-7} (OR = 0.53, 95% CI = 0.42–0.67), respectively, when using additive, two-tailed Cochran Mantel-Haenszel (CMH) fixed-effects model with no evidence of heterogeneity ($P_{het} = 0.67$ for rs9276431 and 0.70 for rs7768538) (Table S1).

Meta-analysis using the random effects model across 6 independent studies, including 5 additional published data, showed $P_{meta} = 3.94 \times 10^{-45}$, OR = 0.55 for rs3077, $P_{meta} = 1.74 \times 10^{-21}$, OR = 0.61 for rs9277535 and $P_{meta} = 1.69 \times 10^{-15}$, OR = 0.51 for rs9277542, with the SNP rs9277535 being located about 4-kb upstream from rs9277542 and showing strong linkage disequilibrium of $r^2 = 0.955$ on the HapMap JPT (Table S2). As shown in Table S2, the odds ratio was very similar among the 6 studies, and heterogeneity was negligible with $P_{het} > 0.01$.

Moreover, based on GWAS using samples from 94 chronic HBV carriers with LC or HCC and 87 chronic HBV carriers without LC and HCC, we found no significant SNPs associated with CHB progression (Figure S1).