Table 2. Baseline characteristics of patients.

Features	Total (n=234)
Demographic data	
Age (years)	37 (12–74)
Men (%)	161 (69)
Biolochemical markers	
Albumin (g/dl)	4.1 (2.5–5.0)
Platelets ($\times 10^3$/mm^3)	179 (43–338)
ALT (IU/l)	141 (13–2644)
AFP (ng/ml)	7 (0–1863)
IP-10 (ng/ml)	214 (66–3253)
Virological markers	
HBV genotypes: A/B/C (%)	1/2/231 (0/1/ 99)
HBsAg (IU/ml)	8039 (2–261647)
HBeAg (PEIU/ml)	245.3 (0.01–3179.7)
HBV DNA (log copies/ml)	7.7 (3.6–8.9)
HBcrAg (log U/ml)	7.8 (5.4–9.2)
PC mutations: wild/mix/ mutant (%)	132/100/2 (56/43/1)
CP mutations: wild/mix/ mutant/others (%)	55/50/126/3 (24/21/54/1)
Pathological features	
Fibrosis stages: 0/1/2/3/4 (%)	15/73/54/38/54 (7/31/23/16/ 23)
Lymphocytic aggregation: 0/1/2/3/4 (%)	6/65/107/45/11 (2/28/46/19/5)
Piecemeal necrosis: 0/1/2/3/4 (%)	59/52/57/58/8 (25/22/24/25/4)
Lobular inflammation: 0/1/2/3/4 (%)	4/91/104/32/3 (2/39/44/14/1)
Antiviral treatments	
Within 1 year of biopsy (%)	91 (39)
Antiviral agents: 1/2/3/4* (%)	44/33/13/1 (49/36/14/1)
Duration of follow up (months)	86.5 (12.0–213.0)

Qualitative variables are expressed in the number with percentage in parentheses, and quantitative variables are expressed in the median with range in parentheses. ALT – alanine aminotransferase; AFP – alpha-fetoprotein; IP-10 – the interferon-gamma inducible protein-10; HBV – hepatitis B virus; HBsAg – hepatitis B surface antigen; HBeAg – hepatitis B e antigen; HBcrAg – hepatitis B virus core-related antigen; PC – precore; CP – core promoter. * 1, Interferon alpha; 2, lamivudine; 3, lamivudine plus interferon-alpha; 4, entecavir.

piecemeal necrosis in the liver, as well as treatments within 1 year after the entry and type of antiviral agents, were not associated with early HBeAg seroconversion (Table 3).

Evaluation of HBV markers for predicting early HBeAg seroconversion

HBV markers were compared for sensitivity and specificity in predicting early HBeAg seroconversion by the receiver operating characteristic analysis (Figure 1). HBeAg at the time of liver biopsy was the best predictor of early HBeAg seroconversion, with the widest area under the curve of 0.750; it was larger than those of HBcrAg (0.708), HBV DNA (0.650) and HBsAg (0.630). Hence, HBeAg was selected as the best HBV marker predictive of early seroconversion. Based on the receiver operating characteristic curve, HBeAg titers were dichotomized by 100 PEIU/ml in the immunoassay.

Independent predictors for early HBeAg seroconversion

A multivariate logistic regression analysis was performed to select independent predictors of early HBeAg seroconversion from among variables significant in the univariate analysis (Table 4). Of all factors, including histological characteristics, HBeAg <100 PEIU/ml and grades ≥2 lobular inflammation remained as independent factors predictive of early HBeAg seroconversion (Table 4A). Of factors exclusive of histological parameters, HBeAg <100 PEIU/ml and ALT ≥200 IU/ml remained as independent factors for early HBeAg seroconversion (Table 4B).

Combinations of two independent factors for predicting early HBeAg seroconversion

Two combinations of independent factors were evaluated for the performance in predicting early HBeAg seroconversion. The patients who had two predictors in combination, HBeAg <100 PEIU/ml and grades ≥2 lobular inflammation, achieved early HBeAg seroconversion in the highest frequency at 66.0% (31/47). In a remarkable contrast, merely 6.9% (4/58) of the patients without either of these predictors achieved early HBeAg seroconversion (Figure 2A).

Likewise, early seroconversion was achieved by 18 of the 30 (60.0%) patients with the other combination of independent factors, exclusive of pathological parameters, HBeAg <100 PEIU/ml and ALT ≥200 IU/l. By contrast, only 6 of the 99 (6.1%) patients without either of them achieved early HBeAg seroconversion (Figure 2B).

Sensitivity, specificity, positive predictive value and negative predictive value of predicting early HBeAg seroconversion are: 74.5% (31/58), 90.9% (160/176), 66.0% (31/47) and 85.6% (160/187), respectively, for the combination of HBeAg <100 PEIU/ml and grades ≥2 lobular inflammation; and 31.0% (18/58), 93.2% (164/176), 60.0% (18/30) and 80.4% (164/204), respectively, for the combination of HBeAg <100 PEIU/ml and ALT ≥200 IU/l.

Long-term clinical outcomes

Besides the 58 patients with early HBeAg seroconversion, an additional 97 patients achieved HBeAg seroconversion during a median follow-up period of 86.5 months. Cumulative

Table 3. Univariate analysis of risk factors for early HBeAg seroconversion.

Variables	Early HBeAg seroconversion		p value
	Achieved (n=58)	Not achieved (n=176)	
Demographic data			
Age (years)	36 (17–69)	37 (12–74)	0.303
Men (%)	41 (71)	120 (68)	0.721
Biolochemical markers			
Albumin (g/dl)	4.1 (2.8–4.8)	4.1 (2.5–5.0)	0.877
Platelets ($\times 10^3/mm^3$)	171 (43–291)	186 (57–338)	0.487
ALT (IU/l)	227 (18–2072)	121 (13–2644)	0.002
AFP (ng/ml)	12 (1–1863)	6 (0–683)	0.070
IP-10 (ng/ml)	259 (77–1743)	204 (66–3253)	0.029
Virological markers			
HBV genotypes A/B/C (%)	0/0/58 (0/0/100)	1/2/173 (1/1/98)	1
HBsAg (IU/ml)	5127 (8–261647)	9033 (2–128511)	0.003
HBeAg (PEIU/ml)	20.9 (0.01–1985.0)	377.1 (0.01–3179.7)	<0.001
HBV DNA (log copies/ml)	7.2 (3.7–8.7)	7.8 (3.6–8.9)	0.001
HBcrAg (log U/ml)	7.2 (5.7–9.2)	8.0 (5.4–9.1)	<0.001
PC mutations: wild/mix/mutant (%)	26/31/1 (45/53/2)	106/69/1 (60/39/1)	0.075
CP mutations: wild/mix/mutant/others (%)	8/9/40/1 (14/15/69/2)	47/41/86/2 (27/23/49/1)	0.040
Pathological features			
Fibrosis stage: 0/1/2/3/4 (%)	1/12/18/14/13 (2/21/31/24/22)	14/61/36/24/ 41 (8/35/20/14/23)	0.033
Lymphocytic aggregation: 0/1/2/3/4 (%)	0/11/27/17/3 (0/19/47/29/5)	6/54/80/28/8 (3/31/45/16/5)	0.087
Piecemeal necrosis: 0/1/2/3/4 (%)	7/12/18/19/2 (12/21/31/33/3)	52/40/39/39/6 (30/23/22/22/3)	0.068
Lobular inflammation: 0/1/2/3/4 (%)	0/13/29/15/1 (0/22/50/26/2)	4/78/75/17/2 (2/44/43/10/1)	0.002
Antiviral treatments within 1 year after biopsy (%)	28 (48)	63 (36)	0.091
Antiviral agents: 1/2/3/4* (%)	18/5/5/0 (64/18/18/0)	26/28/8/1 (41/44/13/2)	0.051

Qualitative variables are expressed by the number of patients with percentage in parentheses, and quantitative variables are expressed by the median with range in parentheses. ALT – alanine aminotransferase; AFP – alpha-fetoprotein; IP-10 – the interferon-gamma inducible protein-10; HBV – hepatitis B virus; HBsAg – hepatitis B surface antigen; HBeAg – hepatitis B e antigen; HBcrAg – hepatitis B virus core-related antigen; PC – precore; CP – core promoter. * 1, Interferon alpha; 2, lamivudine; 3, lamivudine plus interferon-alpha; 4, entecavir.

rates of HBeAg seroconversion at 1, 3, 5, 7 and 10 years were 24.8%, 50.1%, 66.3%, 71.3% and 73.1%, respectively, during the follow-up >10 years after liver biopsies (Figure 3). Of note, HCC developed in 18 of the 234 (7.7%) patients during the follow-up.

Figure 4A compares cumulative HBeAg seroconversion rates stratified by HBeAg titers and grades of lobular inflammation. The patients, who had the combination of HBeAg <100 PEIU/ml and lobular inflammation grades >2, gained an HBeAg seroconversion rate higher than those having 3 other combinations. Likewise, cumulative HBeAg seroconversion rates stratified by HBeAg titers and ALT levels are compared in Figure 4B. HBeAg seroconversion rate of the patients, who had the combination of HBeAg <100 PEIU/ml and ALT >200 IU/l, was higher than those with 3

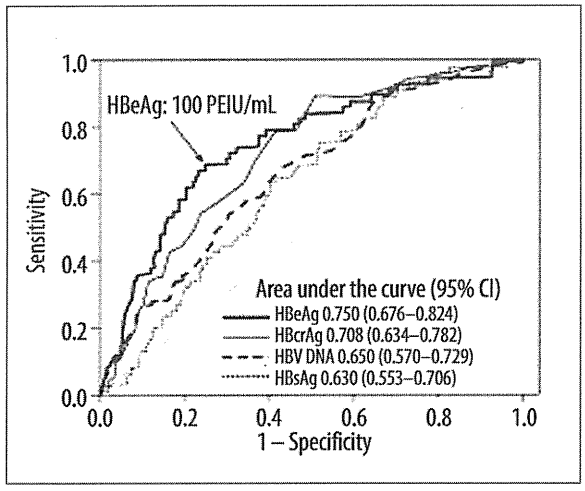


Figure 1. Receiver operating characteristic curves for evaluation of the power of predicting early HBeAg seroconversion.

other combinations, with definitive (p=0.003 and p<0.001) or marginal (p=0.061) significance.

Discussion

HBeAg seroconversion is important as a clinical target in the management of chronic hepatitis B. In the absence of therapeutic interventions, HBeAg seroconversion occurs spontaneously at a rate of 0.8–15% per year [28]. To date, many factors have been found in association with HBeAg seroconversion, including older age, high ALT levels, genotype B (compared with C), the Knodell's index of histologic activities, the amount of HBV core antigen in the liver, high serum AFP levels, increased immunoglobulin-M anti-HBc titers, increased serum β_2-microglobulin concentrations, enhanced expression of HLA-antigens on the membrane of hepatocytes, non-vertical transmission modes, low HBV DNA levels, and high serum levels of IL-10 as well as IL-12 [7–19].

It would be clinically useful to predict early HBeAg seroconversion, because antiviral treatments can be withheld in the patients in whom HBeAg disappears and anti-HBe develops within a certain time limit, perhaps 1 year. In the present study, the majority of patients (99% of the 234 examined) were infected with HBV of genotype C. Patients with persistent HBV infection in Japan are infected with HBV of either genotype B or C, with an increasing gradient of C toward the south [29,30]. All

Table 4. Multivariate analysis for the risk of early HBeAg seroconversion.

Variables	Odds ratio	95% confidence interval	p value
(A) All factors including histological characteristics			
HBeAg (<100 PEIU/ml)	8.430	4.173–17.032	<0.001
Lobular inflammation (≥2)	4.330	2.009–9.331	<0.001
(B) Factors exclusive of histological characteristics			
HBeAg (<100 PEIU/ml)	7.327	3.703–14.497	<0.001
ALT (≥200 IU/l)	3.093	1.562–6.127	0.001

HBeAg – hepatitis B e antigen; ALT – alanine aminotransferase.

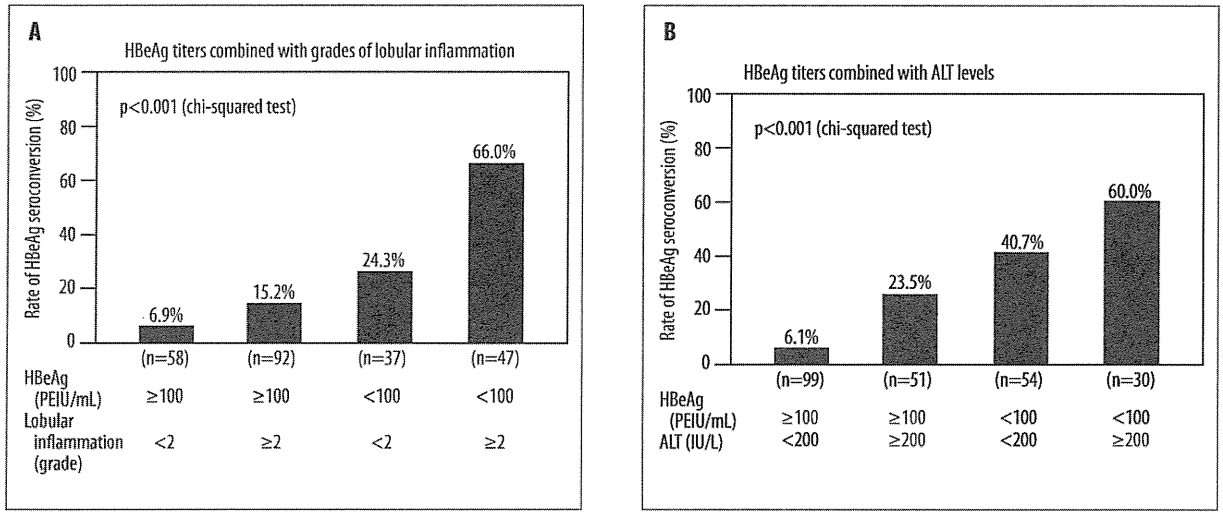


Figure 2. Probability of early HBeAg seroconversion. **(A)** The rate of early HBeAg seroconversion assessed by HBeAg titers and grades of lobular inflammation. **(B)** The rate of early HBeAg seroconversion assessed by HBeAg titers and ALT levels.

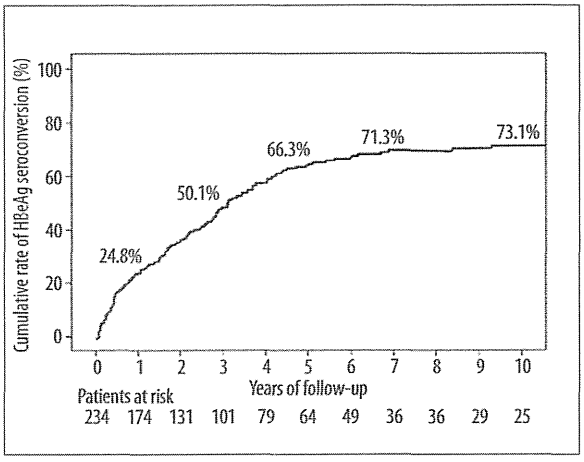


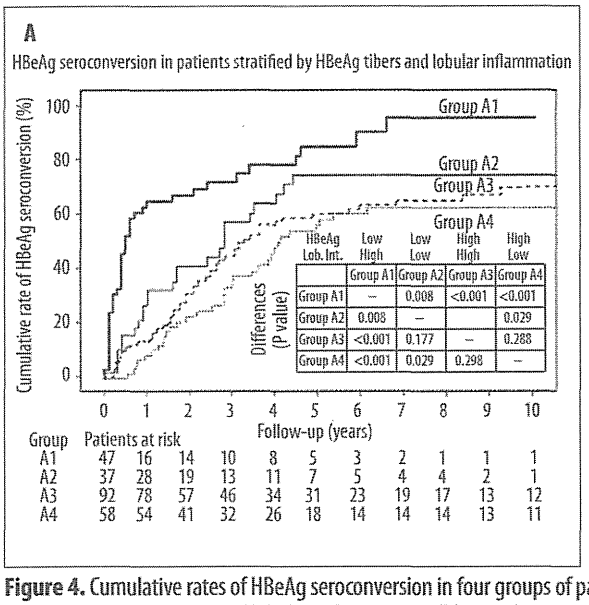
Figure 3. Cumulative rates of HBeAg seroconversion in the 234 patients during 10 years. Cumulative rates of HBeAg seroconversion at 1, 3, 5, 7 and 10 years were 24.8%, 50.1%, 66.3%, 71.3% and 73.1%, respectively, during the follow-up.

the 234 patients had received liver biopsies before they were started to be followed for HBeAg seroconversion. The present study is unique in that, not only serological variables, but also histological parameters were evaluated for the association with early HBeAg seroconversion within 1 year. By univariate analysis, many factors that have been reported in association with HBeAg seroconversion predicted early HBeAg seroconversion. Among them, only HBeAg (<100 PEIU/ml) and lobular inflammation (grades ≥2) remained as independent factors for early HBeAg seroconversion by multivariate analysis.

Previous clinical studies have indicated that serial monitoring of HBsAg, HBeAg and HBV DNA levels during antiviral treatments is useful for predicting HBeAg seroconversion [20–23]. Although the determination of HBV DNA in sera remains as an important tool for monitoring outcomes of patients with chronic hepatitis B, it is technically challenging, costly, and subject to inconsistency. Hence, three serological markers of HBV replication, HBsAg, HBeAg and HBcrAg, were quantitated for evaluating the performance in predicting early HBeAg seroconversion, in comparison with HBV DNA levels. In the receiver operating characteristic analysis, HBeAg levels performed the best amongst these four replication markers, with an area under curve wider than those of the other three. Since the quantitation of HBeAg is relatively easy, fast, and inexpensive, HBeAg would be qualified as a sensitive and practical predictor of early HBeAg seroconversion [20–23].

The histological activity has been reported to predict early HBeAg seroconversion in previous studies [14,31]. Therefore, pathological parameters including the stage of fibrosis, as well as grades of portal inflammation, piecemeal necrosis and lobular inflammation, were evaluated in this study. By multivariate analysis, lobular inflammation of grades ≥2, represented by focal necrosis or acidophil bodies, was identified as an independent factor for early seroconversion. Hence, portal inflammation without necrosis would not be enough, but instead, severe lobular inflammation may be required for predicting early seroconversion.

Many previous studies have identified a variety of factors associated with HBeAg seroconversion [7–19], but a combination of serum markers of HBV with pathological parameters was evaluated rarely. Therefore, the combination of HBeAg <100 PEIU/ml and grades ≥2 lobular inflammation was evaluated for the predictability of early HBeAg seroconversion. Patients with neither HBeAg <100 PEIU/ml nor grades ≥2 lobular inflammation had a minimal chance for early HBeAg seroconversion (6.9% [4/58]), whereas a high proportion of patients with both of these predictors did accomplish early seroconversion (66.0% [31/47]) (Figure 2A). Thus, the combination of histologic activity and serum HBV marker would be very useful for predicting early HBeAg seroconversion, and serve in decision making whether or not



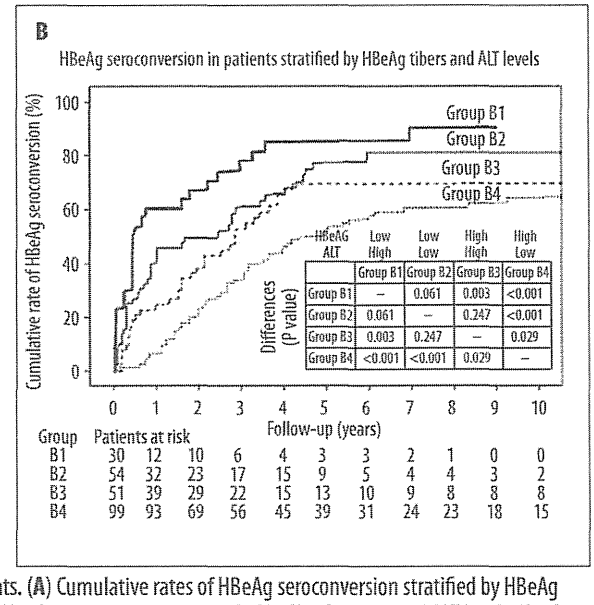


Figure 4. Cumulative rates of HBeAg seroconversion in four groups of patients. (**A**) Cumulative rates of HBeAg seroconversion stratified by HBeAg titers and grades of lobular inflammation. (**B**) Cumulative rates of HBeAg seroconversion stratified by HBeAg titers and ALT levels. HBeAg titers were dichotomized into low (<100 PEIU/ml) or high (≥100 PEIU/ml); lobular inflammation grades into low (<2) or high (≥2); and ALT levels into low (<200 IU/l) or high (≥200 IU/l).

to commence antiviral treatments in HBeAg-positive patients with chronic hepatitis B. Although some patients received antiviral treatments, they would not have influenced the evaluation to any serious extent. Within the first 1 year of follow-up, antiviral treatments were given comparably frequently to patients with and without early HBeAg seroconversion (48% *vs.* 36%, p=0.091). In addition, HBeAg seroconversion is achieved by at most 12–27% of patients who had received antiviral treatments during the first year [28].

Although liver biopsy is essential for defining the stage of disease progression, it has some limitations, in that it is invasive and accompanies the risk of complications. By multivariate analysis, exclusive of pathological factors, ALT ≥200 IU/l remained as an independent factor (Table 4). ALT ≥200 (IU/l), corresponding to 5 × the upper limit of normal [ULN], coincided with the cut-off point recognized by the receiver operating characteristic curve (data not shown). In previous studies, also, ALT levels ≥5 × ULN were predictive of early HBeAg seroconversion [19,32–33]. Present results are in line with these observations, and point to the capability of ALT ≥200 IU/l to replace lobular inflammation of grades ≥2 in the patients in whom liver biopsy is not feasible.

Conclusions

The results of this study indicate that the combination of low HBeAg titers and high grades of lobular inflammation is clinically useful for predicting early HBeAg seroconversion in patients with chronic hepatitis B. When and if liver biopsy is not to be performed, ALT can substitute for lobular inflammation. The combination of low HBeAg titers, with either high grades of lobular inflammation or elevated ALT levels, predicted not only early, but also long-term HBeAg seroconversion.

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OPEN ACCESS

ORIGINAL ARTICLE

Hepatitis C virus kinetics by administration of pegylated interferon-α in human and chimeric mice carrying human hepatocytes with variants of the *IL28B* gene

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ABSTRACT

Objective Recent studies have demonstrated that genetic polymorphisms near the *IL28B* gene are associated with the clinical outcome of pegylated interferon α (peg-IFN-α) plus ribavirin therapy for patients with chronic hepatitis C virus (HCV). However, it is unclear whether genetic variations near the *IL28B* gene influence hepatic interferon (IFN)-stimulated gene (ISG) induction or cellular immune responses, lead to the viral reduction during IFN treatment.

Design Changes in HCV-RNA levels before therapy, at day 1 and weeks 1, 2, 4, 8 and 12 after administering peg-IFN-α plus ribavirin were measured in 54 patients infected with HCV genotype 1. Furthermore, we prepared four lines of chimeric mice having four different lots of human hepatocytes containing various single nucleotide polymorphisms (SNP) around the *IL28B* gene. HCV infecting chimeric mice were subcutaneously administered with peg-IFN-α for 2 weeks.

Results There were significant differences in the reduction of HCV-RNA levels after peg-IFN-α plus ribavirin therapy based on the *IL28B* SNP rs8099917 between TT (favourable) and TG/GG (unfavourable) genotypes in patients; the first-phase viral decline slope per day and second-phase slope per week in TT genotype were significantly higher than in TG/GG genotype. On peg-IFN-α administration to chimeric mice, however, no significant difference in the median reduction of HCV-RNA levels and the induction of antiviral ISG was observed between favourable and unfavourable human hepatocyte genotypes.

Conclusions As chimeric mice have the characteristic of immunodeficiency, the response to peg-IFN-α associated with the variation in *IL28B* alleles in chronic HCV patients would be composed of the intact immune system.

Significance of this study

What is already known on this subject?
- Genetic polymorphisms near the *IL28B* gene are associated with a chronic HCV treatment response.
- HCV-infected patients with the *IL28B* homozygous favourable allele had a more rapid decline in HCV kinetics in the first and second phases by peg-IFN-α-based therapy.
- During the acute phase of HCV infection, a strong immune response among patients with the *IL28B* favourable genotype could induce more frequent spontaneous clearance of HCV.

What are the new findings?
- In chronically HCV genotype 1b-infected chimeric mice that have the characteristic of immunodeficiency, no significant difference in the reduction in serum HCV-RNA levels and the induction of antiviral hepatic ISG by the administration of peg-IFN-α was observed between favourable and unfavourable human hepatocyte *IL28B* genotypes.
- By comparison of serum HCV kinetics between human and chimeric mice, the viral decline in both the first and second phases by peg-IFN-α treatment was affected by the variation in *IL28B* genotypes only in chronic hepatitis C patients.

How might it impact on clinical practice in the foreseeable future?
- The immune response according to *IL28B* genetic variants could contribute to the first and second phases of HCV-RNA decline and might be critical for HCV clearance by peg-IFN-α-based therapy.

INTRODUCTION

Hepatitis C is a global health problem that affects a significant portion of the world's population. The WHO estimated that, in 1999, 170 million hepatitis C virus (HCV)-infected patients were present worldwide, with 3–4 million new cases appearing per year.[1]

The standard therapy for hepatitis C still consists of pegylated interferon-α (peg-IFN-α), administered once weekly, plus daily oral ribavirin for 24–48 weeks in countries where protease inhibitors are not available.[2] This combination therapy is quite successful in patients with HCV genotype 2 or 3 infection, leading to a sustained virological response (SVR) in approximately 80–90% of patients treated; however, in patients infected with HCV genotype 1 or 4, only approximately half of all treated individuals achieved a SVR.[3 4]

Table 1 Characteristics of 54 patients infected HCV genotype 1

	IL28B SNP rs8099917		
	TT (n=34)	TG (n=19) + GG (n=1)	p Value
Age (years)	55.6±10.1	54.7±11.3	0.746
Gender (male %)	70	50	0.199
Body mass index (kg/m^2)	24.6±3.1	24.7±3.3	0.870
Viral load at therapy (log IU/ml)	6.0±0.7	5.8±0.8	0.357
SVR rate (%)	50	11	0.012
Serum ALT level (IU/l)	100.3±80.8	79.3±45.0	0.226
Platelet count (×10^4/μl)	17.1±9.0	16.5±5.8	0.771
Fibrosis (F3+4 %)	42	40	0.877

HCV, hepatitis C virus; SNP, single nucleotide polymorphism; SVR, sustained virological response.

Host factors were shown to be associated with the outcome of the therapy, including age, sex, race, liver fibrosis and obesity.[5] Genome-wide association studies have demonstrated that genetic variations in the region near the interleukin-28B (*IL28B*) gene, which encodes interferon (IFN)-λ3, are associated with a chronic HCV treatment response.[6–10] Furthermore, it was demonstrated that genetic variations in the *IL28B* gene region are also associated with spontaneous HCV clearance.[11–12]

Interestingly, a recent report showed the effect of genetic polymorphisms near the *IL28B* gene on the dynamics of HCV during peg-IFN-α plus ribavirin therapy in Caucasian, African American and Hispanic individuals;[13] HCV-infected patients with the *IL28B* homozygous favourable allele had a more rapid decline of HCV in the first phase, which is associated with the inhibition of viral replication as well as the second phase associated with immuno-destruction of viral-infected hepatocytes.[14] However, it is unknown how a direct effect by the *IL28B* genetic variation, such as the induction of IFN-stimulated genes (ISG) or cellular immune responses, would influence the viral kinetics during IFN treatment. Over recent periods, engineered severe combined immunodeficient (SCID) mice transgenic for urokinase-type plasminogen activator (uPA) received human hepatocyte transplants (hereafter referred to as chimeric mice)[15–17] and are suitable for experiments with hepatitis viruses in vivo.[18 19] We have also reported that these chimeric mice carrying human hepatocytes are a robust animal model to evaluate the efficacy of IFN and other anti-HCV agents.[20 21]

The purpose of this study was to reveal the association between genetic variations in the *IL28B* gene region and viral decline during peg-IFN-α treatment in patients with HCV, and to clarify the association between different *IL28B* alleles of human hepatocytes in chimeric mice and the response to peg-IFN-α without immune response. These studies will elucidate whether the immune response by the *IL28B* genetic variation affects the viral kinetics during peg-IFN-α treatment.

MATERIALS AND METHODS

Patients

Fifty-four Japanese patients with chronic HCV genotype 1 infection at Nagasaki Medical Center and Nagoya City University were enrolled in this study (table 1). Patients received peg-IFN-α2a (180 μg) or 2b (1.5 μg/kg) subcutaneously every week and were administered a weight-adjusted dose of ribavirin (600 mg for <60 kg, 800 mg for 60–80 kg, and 1000 mg for >80 kg daily), which is the recommended dosage in Japan. Patients with other hepatitis virus infection or HIV coinfection were not included in the study. The study protocol conformed to the ethics guidelines of the 1975 Declaration of Helsinki as reflected by earlier approval by the institutions' human research committees.

Laboratory tests

Blood samples were obtained before therapy, as well as on day 1 and at weeks 1, 2, 4, 8 and 12 after the start of therapy and were analysed for the HCV-RNA level by the commercial Abbott Real-Time HCV test with a lower limit of detection of 12 IU/ml (Abbott Molecular Inc., Des Plains, Illinois, USA). Genetic polymorphism in the *IL28B* gene (rs8099917), a single nucleotide polymorphism (SNP) recently identified to be associated with treatment response,[6–8] was tested by the TaqMan SNP genotyping assay (Applied Biosystems, Foster City, California, USA).

HCV infection of chimeric mice with the liver repopulated for human hepatocytes

SCID mice carrying the uPA transgene controlled by an albumin promoter were injected with 5.0–7.5×10^5 viable hepatocytes through a small left-flank incision into the inferior splenic pole, thereafter chimeric mice were generated. The chimeric mice were purchased from PhoenixBio Co, Ltd (Hiroshima, Japan).[17] Human hepatocytes with the *IL28B* homozygous favourable allele, heterozygous allele or homozygous unfavourable allele were imported from BD Biosciences (San Jose, California, USA) (table 2). Murine serum levels of human albumin and the body weight were not significantly different among four chimeric mice groups, providing a reliable comparison for anti-HCV agents.[22] Three different serum samples were obtained from three chronic HCV patients (genotype 1b).[21 22] Each mouse was intravenously infected with serum sample containing 10^5 copies of HCV genotype 1b. Administration of peg-IFN-α2a (Pegasys; Chugai Pharmaceutical Co., Ltd., Tokyo, Japan) at the dose formulation (30 μg/kg) was consecutively applied to each mouse on days 0, 3, 7 and 10 (table 3).

HCV-RNA quantification

HCV-RNA in mice sera (days 0, 1, 3, 7 and 14) was quantified by an in-house real-time detection PCR assay with a lower quantitative limit of detection of 10 copies/assay, as previously reported.[21]

Quantification of IFN-stimulated gene-expression levels

For analysis of endogenous ISG levels, total RNA was isolated from the liver using the RNeasy RNA extraction kit (Qiagen, Valencia, California, USA) and complementary DNA synthesis

Table 2 Four lines of uPA/SCID mice from four different lots of human hepatocytes (donor) containing various SNP around the *IL28B* gene

uPA/SCID mice	Donor	Race	Age	Gender	rs8103142	rs12979860	rs8099917
PXB mice	A	African American	5 Years	Male	CC	TT	TG
	B	Caucasian	10 Years	Female	CC	TT	TG
	C	Hispanic	2 Years	Female	TT	CC	TT
	D	Caucasian	2 Years	Male	TT	CC	TT

PXB mice; urokinase-type plasminogen activator/severe combined immunodeficiency (uPA/SCID) mice repopulated with approximately 80% human hepatocytes.
SCID, severe combined immunodeficient; SNP, single nucleotide polymorphism.

Table 3 Dosage and time schedule of pegIFN-α2a* treatment for HCV genotype 1b infected chimeric mice

Donor hepatocytes†	No of chimeric mice	Inoculum	Test compound	Dose			
				Level (μg/kg)	Concentrtion (μg/ml)	Volume (ml/kg)	Frequency
A	3	Serum A	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
B	4	Serum A	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
C	3	Serum A	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
D	3	Serum A	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
A	2	Serum B	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
C	2	Serum B	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
A	2	Serum C	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10
C	2	Serum C	Peg-IFN-α2a	30	3	10	Day 0, 3, 7, 10

*Pegasys; Chugai Pharmaceutical Co., Ltd., Tokyo, Japan.
†The *IL28B* genetic variation of the donor hepatocytes was indicated in table 2.
HCV, hepatitis C virus; peg-IFN-α, pegylated interferon α.

was performed using 2.0 μg of total RNA (High Capacity RNA-to-cDNA kit; Applied Biosystems). Fluorescence real-time PCR analysis was performed using an ABI 7500 instrument (Applied Biosystems) and TaqMan Fast Advanced gene expression assay (Applied Biosystems). TaqMan Gene Expression Assay primer and probe sets (Applied Biosystems) are shown in the supplementary information (available online only). Relative amounts of messenger RNA, determined using a FAM-Labeled TaqMan probe, were normalised to the endogenous RNA levels of the housekeeping reference gene, glyceraldehyde-3-phosphate dehydrogenase. The delta Ct method ($2^{-(\text{delta Ct})}$) was used for quantitation of relative mRNA levels and fold induction.[23 24]

Statistical analyses

Statistical differences were evaluated by Fisher's exact test or the χ^2 test with the Yates correction. Mice serum HCV-RNA and intrahepatic ISG expression levels were compared using the Mann–Whitney U test. Differences were considered significant if p values were less than 0.05.

RESULTS

Characteristics of the study patients

Genotypes (rs8099917) TT, TG and GG were detected in 34, 19 and one patient infected with HCV genotype 1, respectively. SVR rates were significantly higher in HCV patients with genotype TT than in those with genotype TG/GG (50% vs 11%, p=0.012). The initial HCV serum load was comparable between genotypes TT and TG/GG (6.0±0.7 vs 5.8±0.8 log IU/ml). There were no significant differences in sex (male%, 70% vs 50%), age (55.6±10.1 vs 54.7±11.3 years), serum alanine aminotransferase level (100.3±80.8 vs 79.3±45.0 IU/L), platelet count (17.1±9.0 vs 16.5±5.8×10^4/μl) and fibrosis stages (F3/4%, 42% vs 40%) between HCV patients with the favourable (rs8099917 TT) and unfavourable (rs8099917 TG/GG) *IL28B* genotypes (table 1).

Changes in serum HCV-RNA levels in patients treated by peg-IFN-α plus ribavirin

Figure 1 shows the initial change in the serum HCV-RNA level for 14 days after peg-IFN-α plus ribavirin therapy in patients infected with HCV genotype 1 based on the genetic polymorphism near the *IL28B* gene. The immediate antiviral response (viral drop 24 h after the first IFN injection) was significantly higher in HCV patients with genotype TT than genotype TG/GG (−1.08 vs −0.39 log IU/ml, p<0.001). Figure 2 also shows the subsequent change in the serum HCV-RNA reduction after peg-IFN-α plus ribavirin therapy in patients infected with HCV genotype 1. Similarly, during peg-IFN-α plus ribavirin therapy, a statistically significant difference in the median reduction in serum HCV-RNA levels was noted according to the genotype (TT vs TG/GG). The median reduction in the serum HCV-RNA levels (log IU/ml) at 1, 2, 4, 8 and 12 weeks between genotypes TT and TG/GG was as follows: −1.58 vs −0.62, p<0.001; −2.35 vs −0.91, p<0.001;

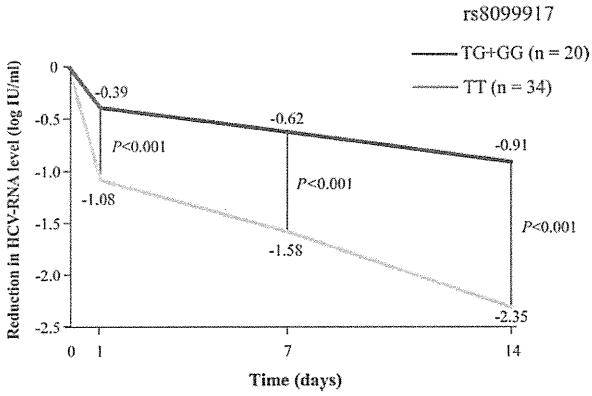

Figure 1 Rapid reduction of median hepatitis C virus (HCV)-RNA levels (log IU/ml) at 1, 7 and 14 days between *IL28B* single nucleotide polymorphisms rs8099917 genotype TT (n=34) and TG/GG (n=20) in HCV genotype 1-infected patients treated with peg-IFN-α plus ribavirin.

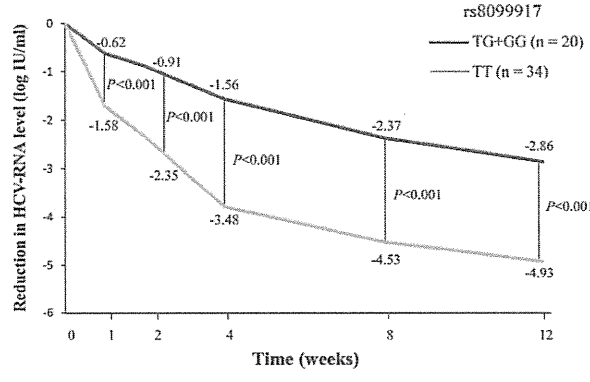

Figure 2 Weekly reduction of median hepatitis C virus (HCV)-RNA levels (log IU/ml) at 1, 2, 4, 8 and 12 weeks between *IL28B* single nucleotide polymorphisms rs8099917 genotype TT (n=34) and TG/GG (n=20) in HCV genotype 1-infected patients treated with pegylated interferon α plus ribavirin.

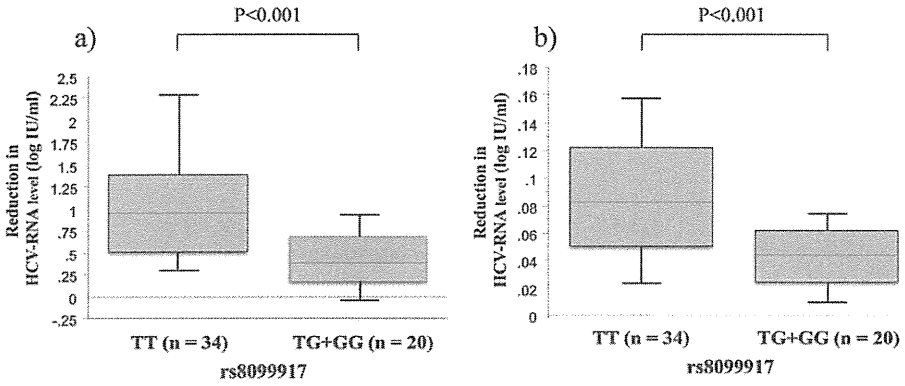

Figure 3 (A) The first-phase viral decline slope per day (Ph1/day) and (B) second-phase viral decline slope per week (Ph2/week) in hepatitis C virus (HCV) genotype 1-infected patients treated with pegylated interferon α plus ribavirin. The lines across the boxes indicate the median values. The hash marks above and below the boxes indicate the 90th and 10th percentiles for each group, respectively.

−3.48 vs −1.56, p<0.001; −4.53 vs −2.37, p<0.01; −4.93 vs −2.86, p<0.001. Furthermore, the initial first-phase viral decline slope per day (Ph1/day) and subsequent second-phase viral decline slope per week (Ph2/week) in TT genotype were significantly higher than in genotype TG/GG (Ph1/day 0.94 ±0.83 vs 0.38±0.40 log IU/ml, p<0.001; Ph2/week 0.08±0.06 vs 0.04±0.03 log IU/ml, p<0.001) (figure 3).

Changes in serum HCV-RNA levels in chimeric mice treated by peg-IFN-α

In order to clarify the association between *IL28B* alleles of human hepatocytes and the response to peg-IFN-α, we prepared four lines of uPA/SCID mice and four different lots of human hepatocytes containing various rs8099917, rs8103142 and rs12979860 SNPs around the *IL28B* gene (table 2). The chimeric mice were inoculated with serum samples from each HCV-1b patient, and then HCV-RNA levels had increased and reached more than 10^6 copies/ml in all chimeric mice sera at 2 weeks after inoculation. After confirming the peak of HCV-RNA in all chimeric mice, they were subcutaneously administered with four times injections of the bolus dose of peg-IFN-α2a for 2 weeks (table 3). Figure 4 shows the change in the serum HCV-RNA levels for 14 days during IFN injection into chimeric mice transplanted with *IL28B* favourable or unfavourable human hepatocyte genotypes. On peg-IFN-α administration, no significant difference in the median reduction in HCV-RNA levels in the serum A-infected[22] chimeric mice sera was observed between favourable (n=7) and unfavourable

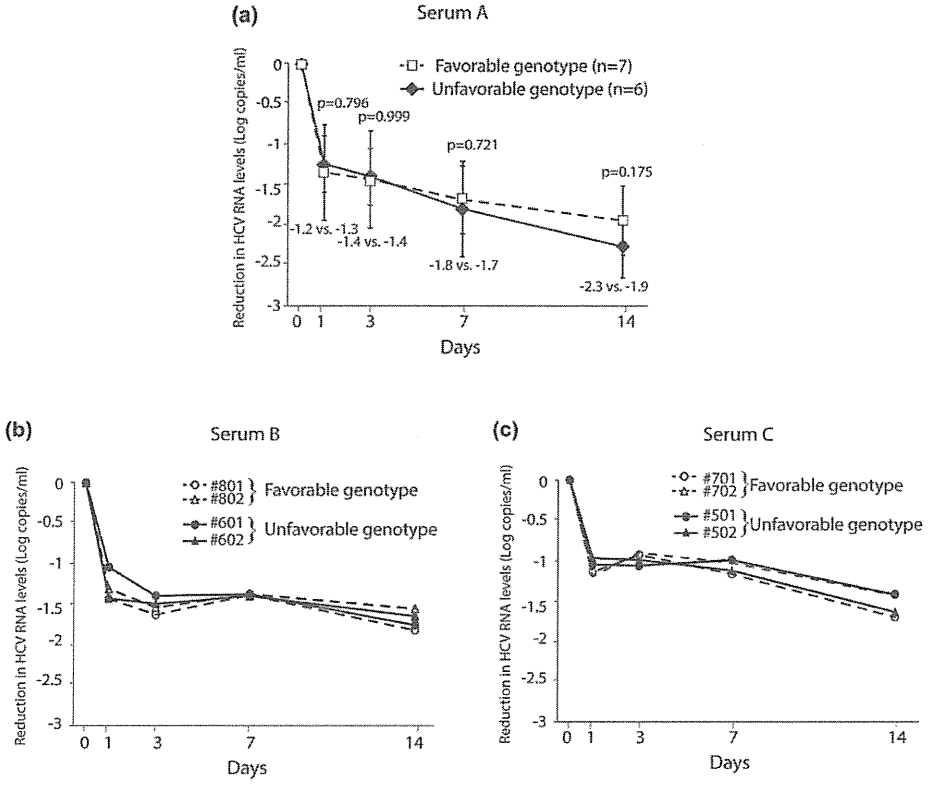

Figure 4 Median reduction of hepatitis C virus (HCV)-RNA levels (log copies/ml) after administering pegylated interferon α to chimeric mice having human hepatocytes containing various single nucleotide polymorphisms around the *IL28B* gene as favourable (rs8099917 TT) and unfavourable (rs8099917 TG) genotypes. Data are represented as mean+SD. Chimeric mice infected with a) serum A (n=7; favourable genotype, n=6; unfavourable genotype), (B) serum B (n=2, each genotype), and (C) serum C (n=2, each genotype). All serum samples were obtained from HCV-1b patients.

(n=6) *IL28B* genotypes on days 1, 3, 7 and 14 (−1.2 vs −1.3, −1.4 vs −1.4, −1.8 vs −1.7, and −2.3 vs −1.9 log copies/ml) (figure 4A). Moreover, we prepared two additional serum samples from the other HCV-1b patients (serum B and C)[21] to confirm the influence of *IL28B* genotype in early viral kinetics during IFN treatment. After establishing persistent infection with new HCV-1b strains in all chimeric mice, they were also administered four times injections of the bolus dose of peg-IFN-α2a for 2 weeks (figure 4B,C). In a similar fashion, no significant difference in HCV-RNA reduction in chimeric mice sera was observed between favourable and unfavourable *IL28B* genotypes.

Expression levels of ISG in chimeric mice livers

Because chimeric mice have the characteristic of severe combined immunodeficiency, the viral kinetics in chimeric mice sera during IFN treatment could be contributed by the innate immune response of HCV-infected human hepatocytes. Therefore, ISG expression levels in mice livers transplanted with human hepatocytes were compared between favourable and unfavourable *IL28B* genotypes (figure 5).

As shown in figure 5A, ISG expression levels in mice livers were measured at 8 h and 24 h after IFN treatment. The levels of representative antiviral ISG (eg, myxovirus resistance protein A, oligoadenylate synthetase 1, RNA-dependent protein kinase) and other ISG for promoting antiviral signalling (eg, Toll-like receptor 3, retinoic acid-inducible gene 1) were significantly induced at least 8 h after treatment, and prolonged at 24 h. No significant difference in ISG expression levels in HCV-infected livers was observed between favourable and unfavourable *IL28B* genotypes. The other inoculum for persistent infection of HCV-1b also demonstrated no significant difference in ISG

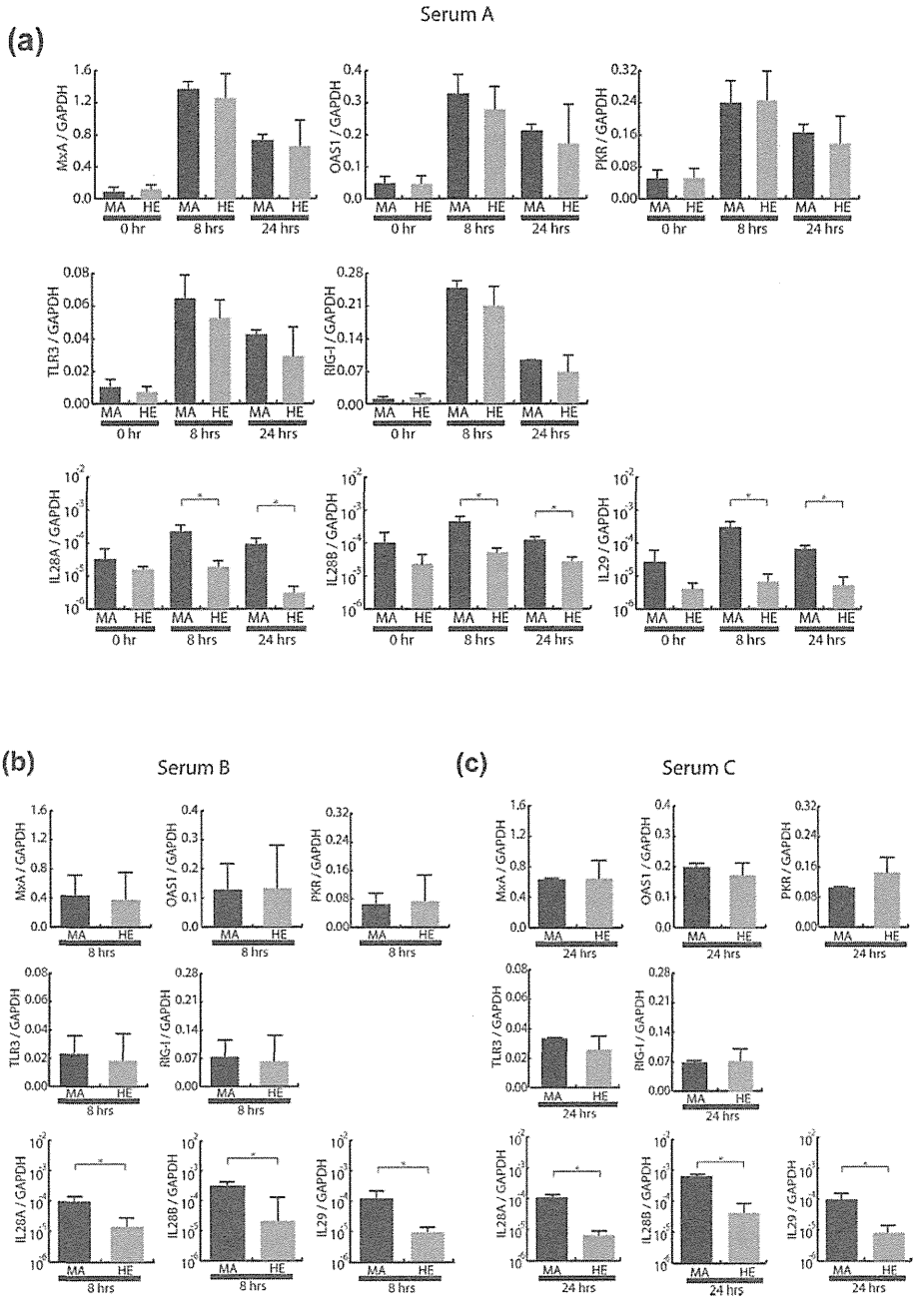

Figure 5 Intrahepatic interferon (IFN)-stimulated gene (ISG) expression levels in the pegylated interferon α (peg-IFN-α)-treated chimeric mice having human hepatocytes containing homozygous favourable allele (rs8099917 TT; MA) and heterozygous unfavourable allele (rs8099917 TG; HE) were measured and expressed relative to glyceraldehyde-3-phosphate dehydrogenase (GAPDH) messenger RNA. Data are represented as mean+SD. (A) Time kinetics of ISG after administration of the peg-IFN-α in serum A-infected chimeric mice (n=3, each genotype). Comparison of ISG expression levels at (B) 8 h in serum B-infected mice and (C) 24 h in serum C-infected mice after administering peg-IFN-α (n=3, each genotype). Predesigned real-time PCR assay of IL28B transcript purchased from Applied Biosystems can be cross-reactive to IL28A transcript. *p<0.05. MxA, myxovirus resistance protein A; OAS1, oligoadenylate synthetase 1; PKR, RNA-dependent protein kinase; RIG-1, retinoic acid-inducible gene 1; TLR3, Toll-like receptor 3.

expression levels between favourable and unfavourable *IL28B* genotypes (figure 5B,C). Interestingly, IFN-λ expression levels by treatment of peg-IFN-α were significantly induced in HCV-infected human hepatocytes harbouring the favourable *IL28B* genotype (figure 5 A–C).

DISCUSSION

Several recent studies have demonstrated a marked association between the chronic hepatitis C treatment response[6–9] and SNP (rs8099917, rs8103142 and rs12979860) near or within the region of the *IL28B* gene, which affected the viral dynamics during peg-IFN-α plus ribavirin therapy in Caucasian, African American and Hispanic individuals.[18]

It has been reported that when patients with chronic hepatitis C are treated by IFN-α or peg-IFN-α plus ribavirin, HCV-RNA generally declines after a 7–10 h delay.[25] The typical decline is biphasic and consists of a rapid first phase lasting for approximately 1–2 days during which HCV-RNA may fall 1–2 logs in patients infected with genotype 1, and subsequently a slower second phase of HCV-RNA decline.[26] The viral kinetics had a predictive value in evaluating antiviral efficacy.[14] In this study, biphasic decline of the HCV-RNA level during peg-IFN-α treatment was observed in both patients and chimeric mice infected with HCV genotype 1; however, in the first and second phases of viral kinetics, a difference between *IL28B* genotypes was observed only in HCV-infected patients; a more rapid decline in serum HCV-RNA levels after administering peg-IFN-α plus ribavirin was confirmed in patients with the TT genotype of rs8099917 compared to those with the TG/GG genotype.

On the other hand, in-vivo data using the chimeric mouse model showed no significant difference in the reduction of HCV-RNA titers in mouse serum among four different lots of human hepatocytes containing *IL28B* favourable (rs8099917 TT) or unfavourable (rs8099917 TG) genotypes, which was confirmed by the inoculation of two additional HCV strains. These results indicated that variants of the *IL28B* gene in donor hepatocytes had no influence on the response to peg-IFN-α under immunosuppressive conditions, suggesting that the immune response according to *IL28B* genetic variants could contribute to the first and second phases of HCV-RNA decline and might be critical for HCV clearance by peg-IFN-α-based therapy.

Two recent studies indeed revealed an association between the *IL28B* genotype and the expression level of hepatic ISG in human studies.[27 28] Quiescent hepatic ISG before treatment among patients with the *IL28B* favourable genotype have been associated with sensitivity to exogenous IFN treatment and viral eradication; however, it is difficult to establish whether the hepatic ISG expression level contributes to viral clearance independently or appears as a direct consequence of the *IL28B* genotype. Another recent study addressed this question and the results suggested that there is no absolute correlation with the *IL28B* genotype and hepatic expression of ISG.[29] Our results on the hepatic ISG expression level in immunodeficient chimeric mice also suggested that no significant difference in ISG expression levels was observed between favourable and unfavourable *IL28B* genotypes. However, these results were not consistent with a previous report using chimeric mice that the favourable *IL28B* genotype was associated with an early reduction in HCV-RNA by ISG induction.[30] The reasons for the discrepancy might depend on the dose and type of IFN treatment, as well as the time point when ISG expression was examined in the liver. In addition, although IFN-λ transcript levels measured in peripheral blood mononuclear cells or liver revealed inconsistent results in the context of an association with the *IL28B* genotype,[7 8] our preliminary assay on the IL28A, IL28B and IL29 transcripts in the liver first indicated that the induction of IFN-λ on peg-IFN-α administration could be associated with the *IL28B* genotype. Therefore, the induction of IFN-λ followed by immune response might contribute to different viral kinetics and treatment outcomes in HCV-infected patients, because no difference was found in chimeric mice without immune response.

It has also been reported that the mechanism of the association of genetic variations in the *IL28B* gene and spontaneous clearance of HCV may be related to the host innate immune response.[11] Interestingly, participants with seroconversion illness with jaundice were more frequently rs8099917 homozygous favourable allele (TT) than other genotypes (32% vs 5%, p=0.047). This suggests that a stronger immune response during the acute phase of HCV infection among patients with the *IL28B* favourable genotype would induce more frequent spontaneous clearance of HCV.

Taking into account both the above results in acute HCV infection and our results conducted on chimeric mice that have the characteristic of immunodeficiency, it is suggested that the response to peg-IFN-α associated with the variation in *IL28B* alleles in chronic hepatitis C patients would be composed of the intact immune system.

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Contributors YT and MM conceived the study. TW and FS and YT conducted the study equally. TW and FS coordinated the analysis and manuscript preparation. All the authors had input into the study design, patient recruitment and management or mouse management and critical revision of the manuscript for intellectual content. TW, FS and YT contributed equally.

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Competing interests None.

Patient consent Obtained.

Ethics approval This study was conducted with the approval of each ethics committee at the Nagoya City University and Nagasaki Medical Center (see supplementary information, available online only).

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ORIGINAL ARTICLE—LIVER, PANCREAS, AND BILIARY TRACT

Inhibition of hepatocellular carcinoma by PegIFNα-2a in patients with chronic hepatitis C: a nationwide multicenter cooperative study

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Abstract
Background We investigated whether the administration of maintenance doses of interferon prevented hepatocellular carcinoma (HCC) in patients with chronic hepatitis C.
Methods Study 1: A multicenter, retrospective, cooperative study was carried out to determine whether long-term administration of low-dose peginterferon alpha-2a (PegIFNα-2a) prevented HCC development in patients with chronic hepatitis C. In total, 594 chronic hepatitis C patients without a history of HCC were enrolled and treated with 90 μg PegIFNα-2a administered weekly or bi-weekly for at least 1 year. Study 2: HCC developed in 16 of 99 additional patients without PegIFNα-2a treatment during 3.8 years of observation. A propensity-matched control study was then carried out to compare the incidence of

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HCC between the 59 patients who received low-dose PegIFNα-2a (PegIFNα-2a group) and 59 patients who did not receive PegIFNα-2a treatment (control group), matched for sex, age, platelet count, and total bilirubin levels.

Results Study 1: HCC developed in 49 patients. The risk of HCC was lower in patients with undetectable hepatitis C virus RNA, ≤40 IU/L alanine aminotransferase (ALT), or ≤10 ng/L alpha-fetoprotein (AFP) 24 weeks after the start of therapy. Study 2: The incidence of HCC was significantly lower in the PegIFNα-2a group than in the control group.

Conclusions Low-dose and long-term maintenance administration of PegIFNα-2a decreased the incidence of HCC in patients with normalized ALT and AFP levels at 24 weeks compared with patients without normal ALT and AFP levels.

Keywords Chronic hepatitis C · Hepatocellular carcinoma · Peginterferon

Introduction

Hepatocellular carcinoma (HCC), the sixth most common cancer worldwide, often develops because of long-term hepatitis B or C virus infection [1, 2]. In particular, chronic hepatitis C and hepatic cirrhosis increase the risk of HCC; the annual incidence of tumor development in such patients may be as high as 2–4 % [3–5]. The incidence of HCC decreases in patients who achieve a sustained virological response (SVR) to interferon (IFN) treatment, although the incidence remains high in non-SVR patients [6–9]. A detailed analysis of HCC development revealed that chronic hepatitis C patients aged 65 years or more, especially those with advanced fibrosis of the liver, were at an increased risk of developing HCC [10]. For patients 65 years or older with advanced liver fibrosis, the dose of ribavirin is often reduced or the agent is discontinued, resulting in lower SVR rates in those with discontinuation of ribavirin. Establishing an effective treatment strategy for preventing the development of HCC is important for these high-risk patients.

Factors related to the development of HCC have been analyzed in patients who did not achieve an SVR even after IFN treatment; advanced fibrosis of the liver and high levels of serum alanine aminotransferase (ALT), and alpha-fetoprotein (AFP) are risk factors for HCC development [11, 12]. A randomized controlled trial was conducted in Western countries to determine whether combined peginterferon and ribavirin treatment with weekly administration of 90 μg peginterferon alpha-2a (PegIFNα-2a) could prevent HCC in non-responders. A 3.5-year follow up showed that administration of a maintenance dose of PegIFNα-2a did not reduce tumor incidence in these patients [13]. However, after 8.5 years of observation, the incidence of HCC was decreased among those in the PegIFNα-2a group with cirrhosis [14]. Meanwhile, Bruix et al. [15] reported that maintenance therapy with PegIFNα-2b did not prevent HCC in chronic hepatitis C patients with cirrhosis. In Japan, long-term low-dose administration of natural IFN has been reported to decrease the incidence of HCC [16]. In light of these conflicting results, investigations should be carried out in a large number of patients with chronic hepatitis C to resolve the question of whether IFN treatment prevents the development of HCC.

We carried out a multicenter retrospective cooperative study of patients with chronic hepatitis C to determine whether those treated with 90 μg PegIFNα-2a without ribavirin had a reduced incidence of HCC compared with those not treated with IFN.

Patients and methods

Study 1: analysis of risk factors for HCC in patients treated with long-term low-dose-PegIFNα-2a

In total, at 21 hepatitis centers throughout Japan, 743 patients with hepatitis C who had received 90 μg of PegIFNα-2a therapy weekly or bi-weekly for 1 year or more without having received the full dose (180 μg) since December 2003 were examined retrospectively for the development of HCC. The end of enrollment in this study was the end of December 2008 and the end of follow up was the end of December 2010. Patients with a history of HCC before the start of therapy and those with a therapy period of less than 48 weeks were excluded, leaving 594 patients who had undergone long-term administration of PegIFNα-2a for analysis. At the 21 centers involved in this

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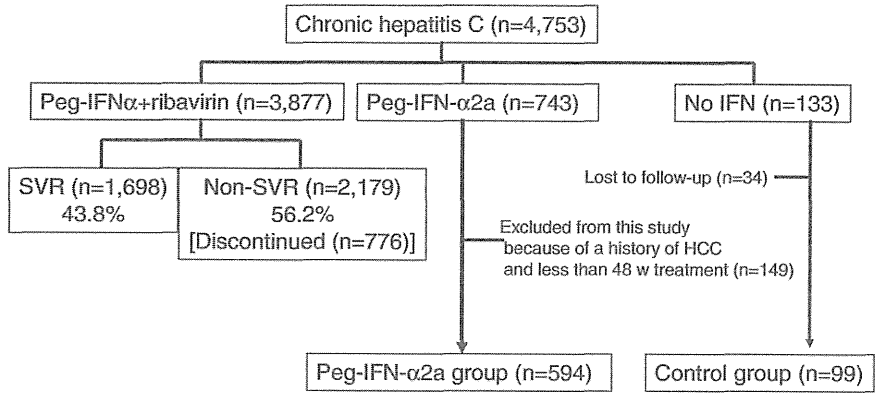

Fig. 1 Flow diagram of the patients' enrollment in the study. *Peg-IFNα* pegylated interferon α, *SVR* sustained viral response, *HCC* hepatocellular carcinoma, *w* week

study, 4,753 patients with chronic hepatitis C had been treated; Peg-IFN and ribavirin combination treatment had been administered to 3,877 patients, 743 patients had received Peg-IFN alone, and 133 patients had not agreed to receive IFN (a flow diagram of the enrollment of patients in this study is shown in Fig. 1). In the patients with Peg-IFN and ribavirin combination treatment, the SVR rate was 43.8 %; SVR was not achieved in 2,179 patients, and in 776 of these patients, the combination therapy was discontinued owing to adverse events or the patient's choice. Patients who failed to achieve an SVR were not included in this study, because the incidence of HCC is known to be reduced even in non-responders to IFN [17].

The backgrounds of the 594 patients studied are shown in Table 1. Findings from the liver biopsies of the patients were classified according to international standards [18]. Long-term PegIFNα-2a treatment is approved by the Japanese Medical Insurance system. Written informed consent was obtained from all patients prior to participation in this study. The study design was approved by the regional ethics committees of the 21 centers involved in this study, including the Musashino Red Cross Hospital, in accordance with the Helsinki Declaration. The 743 patients treated with PegIFNα-2a alone were not indicated for Peg-IFNα and ribavirin combination therapy because of anemia or heart disease. The 133 patients who did not agree to receive IFN served as the control group (see Fig. 1). A large proportion of the 594 study patients had advanced fibrosis of the liver and active inflammation. A dose of 90 μg PegIFNα-2a was administered to 512 and 82 patients weekly and biweekly, respectively, according to the patients' wishes. There were no significant differences between the weekly and biweekly groups in the patients' background data (data not shown).

The median duration of follow up in the PegIFNα-2a group was 1,273 days (range 228–2,768 days) and HCC was observed in 49 of the 594 patients (Table 1). Pretreatment and on-treatment factors associated with the development of HCC were analyzed by Student's *t*-test, the Mann–Whitney *U*-test, and the χ^2 test (Table 2). Independent factors for the development of HCC were assessed by multivariate analysis using logistic regression. The

Table 1 Background data of patients treated with PegIFNα-2a ($n = 594$)

	$n = 594$
Age (years)	61.7 ± 11.7
Sex (male/female)	258/336
BMI	23.2 ± 3.3
Genotype (1/2)	443/151
Diagnosis (ASC/CH/LC)	4/460/130
History of excess alcohol consumption (≥60 g/day; yes/no)	118/376
Fibrosis (F0, 1, 2/F3, 4)	443/151
Inflammatory activity (A0, 1/A2, 3)	469/125
Diabetes mellitus (no/yes)	499/95
LDL cholesterol (mg/dL)	94.2 ± 31.1
Fasting blood sugar (mg/dL)	106.3 ± 28.5
White blood cell count (/mm^3)	4,360 ± 1,470
Red blood cell count (×10^6/μL)	423.8 ± 56.4
Hemoglobin (g/dL)	13.3 ± 1.8
Platelet count (×10^3/μL)	137 ± 56
Albumin (g/dL)	4.0 ± 0.5
Total bilirubin (mg/dL)	0.8 ± 0.6
AST (IU/L)	65.8 ± 47.8
ALT (IU/L)	72.1 ± 68.0
Gamma-GTP (IU/L)	55.2 ± 51.3
Esophageal varices (no/yes)	344/31
Alpha fetoprotein (ng/L)	6.9 (4.2–13.8)
Once weekly or biweekly PegIFNα-2a	512:82
Baseline HCV RNA (KIU/mL)	1,024 (73–2,130)
Development of HCC (no/yes)	545/49

PegIFN pegylated interferon, *BMI* body mass index, *ASC* asymtomatic carrier, *CH* chronic hepatitis, *LC* liver cirrhosis, *LDL* low-density lipoprotein, *AST* aspartate aminotransferase, *ALT* alanine aminotransferase, *GTP* guanosine triphosphate, *HCV* hepatitis C virus, *HCC* hepatocellular carcinoma

Values are means ± SD, with ranges in parentheses

incidence of HCC was analyzed according to the ALT, AFP, and hepatitis C virus (HCV) RNA levels 24 weeks after the start of PegIFNα-2a administration by using the Kaplan–Meier method. The risk of HCC was analyzed, using the Kaplan–Meier method, only in the non-responders with detectable HCV RNA during PegIFNα-2a administration by dividing them according to the ALT and AFP levels 24 weeks after the start of therapy. The incidence of HCC was compared between the patients with ALT levels of <41 IU/L and those with levels of ≥41 IU/L, and between patients with serum AFP levels of <10 ng/L and those with levels of ≥10 ng/mL at 24 weeks after starting treatment, because at most of the centers participating in the this study, the upper normal range of serum ALT is set at 40 IU/L, and the most significant difference in the incidence of HCC was observed between the PegIFNα-2a and control group with the cut-off serum ALT set at 41 IU/L and cutoff serum AFP set at 10 ng/mL, 24 weeks after starting treatment. The HCV RNA level was measured using the Amplicor Monitor method with a lower detection limit of 50 IU/L (Roche Diagnostics, Tokyo, Japan). A history of excess alcohol consumption was determined as >60 g alcohol per day in order to exclude alcoholic liver disease.

An asymptomatic carrier was defined as a patient with a serum ALT level within the normal range and minimal inflammation or fibrosis in the biopsied tissues of the liver. Chronic hepatitis was defined as mild-to-severe fibrosis of the liver according to liver biopsy [18]. The diagnosis of liver cirrhosis was based on the results of histological examination of the biopsied liver tissues.

Study 2: incidence of HCC in the PegIFNα-2a therapy and non-administration (control) groups in comparison with propensity-matched controls

Ninety-nine of the 133 chronic hepatitis C patients who had not received IFN were examined as controls; patients in this group received liver-protective agents such as glycyrrhizin or were untreated, and the group was observed for more than 1 year. None of the individuals in the control groups had received IFN alone or PegIFNα and ribavirin combination treatment. They were treated for a median of 1,395 days (range 75–6,556 days). Fifty-nine of these patients underwent liver biopsy before the treatment and were considered the control group for the propensity-matched study. For the propensity-matched study, 59 patients were selected from the PegIFNα-2a group according to their age, sex, platelet count, and total bilirubin levels, which had been identified as independent pretreatment risk factors for the development of HCC in Study 1. The rates of HCC were analyzed using the Kaplan–Meier method, and the risk of HCC was analyzed particularly in patients with advanced fibrosis of the liver (F3 and F4).

Table 2 Comparison of HCC and non-HCC patients with long-term PegIFNα-2a administration ($n = 594$)

	Patients with or without development of HCC		p value
	With HCC ($n = 49$)	Without HCC ($n = 545$)	
Pretreatment parameters			
Age (years)	63.8 ± 1.7	61.3 ± 0.5	<0.05
Sex (male/female)	32/17	226/319	<0.01
BMI	24.0 ± 0.5	23.1 ± 0.2	n.s.
Genotype (1/2)	47/6	397/148	n.s.
History of excess alcohol consumption (≥60 g/day; yes/no)	11/38	107/338	n.s.
Fibrosis (F0, 1, 2/F3, 4)	25/24	418/127	<0.001
Inflammatory activity (A0, 1/A2, 3)	7/42	462/83	<0.001
Diabetes mellitus (no/yes)	38/11	461/84	n.s.
LDL cholesterol (mg/dL)	88.2 ± 9.0	94.7 ± 2.6	n.s.
White blood cell count (/mm^3)	4,355 ± 210	4,360 ± 64	n.s.
Red blood cell count (×10^6/μL)	420.8 ± 8.1	424.1 ± 2.6	n.s.
Hemoglobin (g/dL)	13.6 ± 0.3	13.3 ± 0.1	n.s.
Platelet count (×10^3/μL)	106 ± 8	140 ± 2	<0.001
Albumin (g/dL)	3.8 ± 0.1	4.0 ± 0.1	<0.001
Total bilirubin (mg/dL)	1.2 ± 0.1	0.8 ± 0.1	<0.001
AST (IU/L)	78.1 ± 6.8	64.6 ± 2.1	n.s.
ALT (IU/L)	72.8 ± 9.7	72.0 ± 2.9	n.s.
Gamma-GTP (IU/L)	68.7 ± 7.5	53.9 ± 2.3	n.s.
Alpha fetoprotein (ng/L)	17.1 (4.4–36.8)	16.7 (4.1–23.1)	n.s.
Esophageal varices	29.0 % (9/31)	6.4 % (22/344)	<0.01
On-treatment parameters			
ALT (IU/L)	59.4 ± 5.7	44.6 ± 1.8	<0.05
Alpha fetoprotein (ng/L)	9.8 (4.6–17.4)	5.5 (3.7–11.1)	<0.01
HCV RNA level (KIU/mL)	236 (<0.5–2,210)	21 (<0.5–1,780)	<0.05

n.s. not significant

Statistical analysis

Categorical data were compared using the χ^2 test or Fisher's exact test. The distributions of continuous variables were analyzed using Student's t-test and the Mann–Whitney U-test for two groups. Multivariate analysis was

conducted using logistic regression. The cumulative incidence curve was determined using the Kaplan–Meier method and differences between groups were assessed by the log-rank test. For all methods, the level of significance was set at $p < 0.05$. Multivariate analysis of the risk of HCC was carried out using the Cox proportional hazard model. Statistical analyses were performed using the Statistical Package for the Social Sciences software version 11.0 (SPSS, Chicago, IL, USA). In Study 1, age, sex, platelet count, and total bilirubin levels were identified as independent factors for the development of HCC; therefore, these factors were selected for the propensity-matched control study (Study 2) in which 59 patients from the PegIFNα-2a group were included.

Results

Study 1

We analyzed the factors involved in the development of HCC in patients who received 90 μg PegIFNα-2a weekly or biweekly for more than a year. The incidence of HCC did not differ significantly between the groups treated with PegIFNα-2a weekly and biweekly (34 of 512 vs. 15 of 82, respectively). As shown in Table 2, univariate analysis revealed statistically significant differences in the pretreatment parameters including age, sex, fibrosis of the liver, platelet count, albumin level, and total bilirubin, between patients who developed HCC and those who did not. Endoscopy was carried out in 375 patients, and esophageal varices were noted in 31 of them. The incidence of HCC was higher in patients with esophageal varices than in those without varices [29.0 % (9 of 31) vs. 6.4 % (22 of 344)]. Assessment of on-treatment factors by univariate analysis revealed statistically significant differences in serum ALT, AFP, and HCV RNA levels 24 weeks after the start of PegIFNα-2a maintenance treatment (Table 2).

Multivariate analysis including pretreatment parameters revealed that age, sex, fibrosis of the liver, platelet count, and total bilirubin were independent risk factors for HCC development (Table 3). Multivariate analysis including on-treatment parameters identified ALT levels of ≥41 IU/L and AFP levels of ≥10 ng/L 24 weeks after the start of the PegIFNα-2a therapy as independent risk factors for HCC development (Table 3).

The incidence of HCC was significantly lower in patients with ALT levels of ≤40 IU/L than in those with ALT levels of ≥41 IU/L 24 weeks after the start of observation (Fig. 2). The incidence of HCC was also significantly lower in patients with AFP concentrations of <10 ng/mL at 24 weeks after the start of observation than in those with AFP concentrations of ≥10 ng/mL (Fig. 3). The dose of PegIFNα-2a was reduced to 45 μg in 16 patients because of neutropenia and thrombocytopenia. In addition, PegIFNα-2a was discontinued in 18 patients because of adverse events, including depression (7 patients), interstitial pneumonitis (3 patients), thrombocytopenia (3 patients), neutropenia (1 patient), itching (1 patient), and ascites (3 patients). No statistically significant differences were found between the patients with reduced dosage or treatment interruption and those without treatment modifications with respect to overall survival, HCC incidence, ascites formation, variceal bleeding, hepatic encephalopathy, and 2-point increases in the Child-Pugh score. No patients underwent liver transplantation.

Table 3 Independent risk factors for HCC development in patients treated with 90 μg PegIFNα-2a weekly or bi-weekly, evaluated by multivariate analysis (logistic regression analysis)

	Multivariate analysis		
	Odds ratio	95 % Confidence interval (CI)	*p*
Age (years) (every 5 years)	2.24	1.76–9.33	<0.005
Sex (male/female)	3.16	1.56–10.7	<0.005
Fibrosis (F3, 4/F0, 1, 2)	1.69	1.18–5.2	<0.01
Platelet count (<120 × 10^3/μL vs. ≥120 × 10^3/μL)	3.24	1.44–27.6	<0.01
Total bilirubin (mg/dL)	1.59	1.09–2.58	<0.05
ALT (at 24 weeks) (≥41 vs. <40 IU/L)	2.49	1.51–8.28	<0.05
AFP (at 24 weeks) (≥10 vs. <10 ng/L)	3.78	1.92–11.8	<0.01

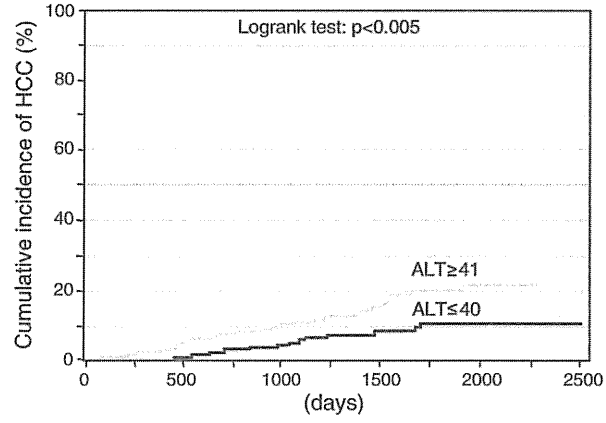

Fig. 2 Comparison of HCC rates in patients administered with PegIFNα-2a ($n = 594$) with respect to alanine aminotransferase (*ALT*) levels 24 weeks after the start of therapy. *Black line* patients with ALT ≥41 IU/L in the first 24 weeks, *gray line* patients with ALT ≤40 IU/L in the first 24 weeks

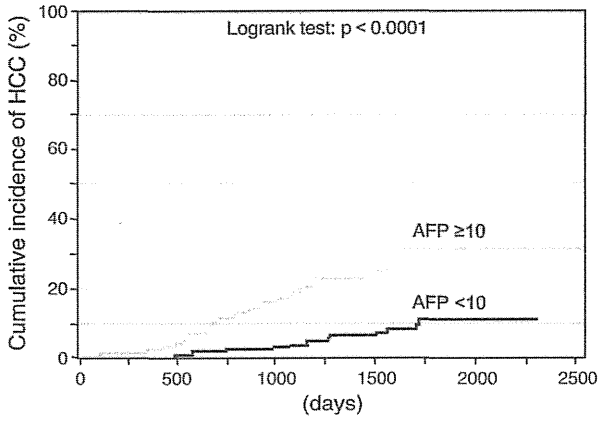

Fig. 3 Comparison of HCC rates in patients administered PegIFNα-2a ($n = 594$) with respect to alpha-fetoprotein (*AFP*) levels in the first 24 weeks after the start of therapy. *Black line* patients with AFP ≥10 ng/mL at 24 weeks, *gray line* patients with AFP <10 ng/mL at 24 weeks

Study 2

We compared the incidence of HCC between 59 patients in the control group and the same number of patients in the PegIFNα-2a group using the matched-pair test. The backgrounds of the patients are shown in Table 4. The PegIFNα-2a group had higher rates of advanced fibrosis (F3 and F4) and active inflammation (A2 and A3). No other differences were found between the two groups, except for the white blood cell count (Table 4).

Development of HCC was observed in 2 patients in the PegIFNα-2a group and 8 in the control group. The incidence of HCC was compared between the two groups, using the Kaplan–Meier method. The incidence of HCC in the PegIFNα-2a group was significantly lower than that in the control group (log-rank test, $p = 0.0187$; Fig. 4). Among the patients with advanced fibrosis of the liver (F3 and F4), those in the PegIFNα-2a group had a lower incidence of HCC than those in the control group. The independent risk factors for the development of HCC were analyzed using the stepwise Cox proportional hazard model. Only PegIFNα-2a administration and age were identified as independent risk factors for the development of HCC (Table 5).

Discussion

The number of HCC cases resulting from HCV infection continues to increase worldwide [19]. To date, IFN therapy is the most effective preventive measure against HCC in patients with chronic hepatitis C; furthermore, the incidence of HCC is reduced in patients who achieve an SVR to IFN [6–9] Therefore, achieving an SVR is the most effective approach for reducing the risk of developing HCC. In Japan, the incidence of HCC is elevated in older patients with hepatitis C. Corroborating this finding, the results of a Japanese study show a higher risk of HCC in patients aged 65 years and more [10]. Therefore, prevention of HCC in aged patients is an important challenge.

In the present multicenter, cooperative, retrospective study conducted in Japan, the incidence of HCC was reduced in patients who received 90 μg PegIFNα-2a weekly or biweekly and had AFP values of <10 ng/mL and ALT values of ≤40 IU/L 24 weeks after the start of the treatment. The results of the matched case–control study of the PegIFNα-2a group and the non-IFN control group show that the incidence of HCC was significantly lower in the PegIFNα-2a group than in the control group, especially in patients with advanced fibrosis of the liver (F3 and F4). However, there could have been a selection bias between

Table 4 Backgrounds of the patients in the propensity-matched control study (PegIFNα-2a group, $n = 59$; control group, $n = 59$)

	PegIFNα-2a group ($n = 59$)	Control group ($n = 59$)	p value
Age (years)	60.5 ± 13.0	63.3 ± 10.5	n.s.
Gender (male/female)	24/35	25/34	n.s.
BMI	22.9 ± 3.6	22.9 ± 3.4	n.s.
Genotype (1/2)	49/10	46/13	n.s.
History of excess alcohol consumption (60 g/day; yes/no)	10/49	4/55	n.s.
Fibrosis (F0, 1, 2/F3, 4)	37/22	43/16	<0.05
Development of HCC (F0–2/F3, 4)	1/1	1/7	n.s.
Inflammatory activity (A0,1/A2, 3)	19/40	30/29	<0.05
Diabetes mellitus (no/yes)	57/2	56/3	n.s.
LDL cholesterol (mg/dL)	95.3 ± 23.8	117.0 ± 4.2	n.s.
White blood cell count (/mm^3)	4,260 ± 1,239	5,193 ± 2,078	<0.05
Red blood cell count (×10^{-4}/μL)	430 ± 57.8	441 ± 44.9	n.s.
Hemoglobin (g/dL)	13.6 ± 1.5	13.6 ± 1.9	n.s.
Platelet count (×10^{-3}/μL)	14.5 ± 5.7	15.8 ± 5.7	n.s.
Albumin (g/dL)	4.1 ± 0.5	4.1 ± 0.4	n.s.
Total bilirubin (mg/dL)	0.7 ± 0.5	0.9 ± 0.7	n.s.
AST (IU/L)	58.3 ± 47.7	49.7 ± 26.6	n.s.
ALT (IU/L)	63.6 ± 68.7	58.0 ± 39.2	n.s.
Gamma-GTP (IU/L)	78.3 ± 81.3	55.3 ± 75.1	n.s.
Baseline alpha-fetoprotein (AFP) (ng/L)	7.2 (4.3–14.2)	7.7 (3.9–13.8)	n.s.
Baseline HCV RNA level (KIU/mL)	1,230 (24–3,870)	1,024 (38–3,110)	n.s.

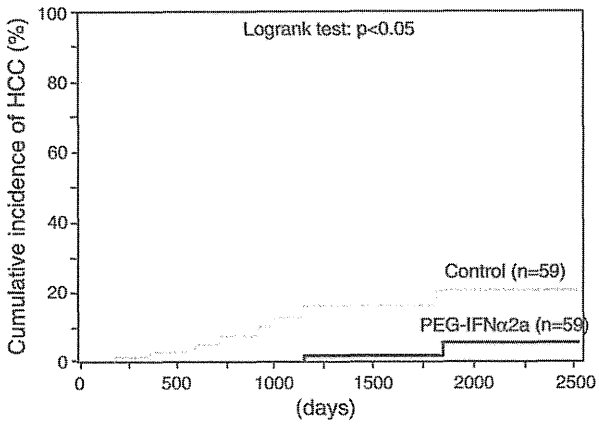

Fig. 4 Comparison of HCC rates between the long-term PegIFNα-2a administration group ($n = 59$) and non-administration group ($n = 59$) in the propensity-matched control study (Kaplan–Meier log-rank test, $p = 0.019$)

Table 5 Risk factors for HCC in the propensity-matched control study (Cox proportional hazard model)

Variables	Risk ratio	95 % CI	*p* value
PegIFN versus control	0.17	0.03–0.75	<0.05
Age (every 1 year)	1.12	1.02–1.25	<0.05
Fibrosis (F3, 4 vs. F0, 1, 2)	1.70	0.75–4.16	n.s.
Platelet count (every $10 \times 10^3/\mu L$)	0.89	0.73–1.09	n.s.
Albumin (every 1.0 g/dL)	0.80	0.10–6.68	n.s.
On-treatment AFP (<10 vs. ≥10 ng/L)	4.07	0.59–40.12	n.s.

the PegIFNα-2a group and the control group (patients who did not agree to receive IFN treatment), because this was a retrospective and non-randomized study. However, concordant with the findings of the HALT-C study [14], the present results show that PegIFNα-2a inhibits the development of HCC in patients with advanced fibrosis of the liver.

Recent studies show that polymorphisms in the host *IL28B* gene are important factors in the response to PegIFNα and ribavirin combination therapy [20, 21]. However, the mechanism of IL28B involvement in the response to PegIFNα and ribavirin has not been elucidated completely. A recent report has shown that IL28B is a significant factor in the development of HCC as well as in the response to IFN therapy [22]. Further studies are warranted to analyze the relationship between IL28B and inhibition of the development of HCC by PegIFNα in chronic hepatitis C.

Risk factors for the development of HCC have been discussed previously. Increased intrahepatic fat is involved in the development of HCC in chronic hepatitis C patients [23, 24]. In addition, diabetes-associated fat disorder [25, 26], hepatic iron overload [27], advanced fibrosis, older age, and fatty deposits in the liver are risk factors for HCC development [4]. Therefore, it is important to establish strategies to mitigate these risk factors to prevent the development of HCC and thus improve the outcomes of hepatitis C patients.

IFN therapy after HCC treatment is reported to inhibit the recurrence of tumors [28, 29], and a meta-analysis has revealed a trend toward inhibition of the recurrence of HCC [30, 31]. The prevention of HCC is an important issue that needs to be addressed to improve the survival of chronic hepatitis C patients. The findings of the present study and the HALT-C trial [14] indicate the effectiveness of long-term administration of maintenance IFN for preventing the development of HCC in chronic hepatitis C patients without an SVR. Improvement in ALT levels is also known to be an important predictor for the prevention of HCC [32]. A low AFP value during IFN administration is also recognized as a significant indicator of a lower risk of HCC [33, 34]. Recently, Osaki et al. [35] reported that a decrease of serum AFP during treatment with IFN was associated with a reduced incidence of HCC. Taking these findings and our own together, we conclude that maintenance administration of low-dose PegIFNα-2a weekly or biweekly to non-SVR patients with chronic hepatitis C decreases the incidence of HCC, especially in patients whose serum ALT and AFP levels are within the normal range 24 weeks after the start of treatment. The preventive effects of IFN against the development of HCC without elimination of the virus may be associated with its anticarcinogenic effects [16, 35]; however, the precise mechanism should be investigated.

The limitations of the present study are that it is retrospective and multicentric; therefore, potentially there may have been a selection bias. However, the reduction of the rate of development of HCC by maintenance administration of PegIFNα-2a in the patients in whom serum ALT and AFP levels were within the normal ranges 24 weeks after the start of treatment may be attributable to the anticarcinogenic effects of IFN without elimination of the virus.

Conclusion

The incidence of HCC was lower in non-SVR patients with chronic hepatitis C who were administered with maintenance low-dose PegIFNα-2a; especially in those whose serum ALT and AFP levels were within the normal ranges 24 weeks after the start of treatment.

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