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## Review Article

# Are Classification Criteria for IgG4-RD Now Possible? The Concept of IgG4-Related Disease and Proposal of Comprehensive Diagnostic Criteria in Japan

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Recent studies suggest simultaneous or metachronous lesions in multiorgans characterized by elevated serum levels of IgG4 and abundant infiltration of IgG4-positive plasma cells with various degrees of fibrosis. Two Japanese research committees for IgG4-RD, one from fibrosclerosis (Okazaki team) and the other from lymph proliferation (Umehara team) supported by the “Research Program for Intractable Disease” of the Ministry of Health, Labor, and Welfare of Japan, have agreed with the unified nomenclature as “IgG4-RD” and proposed the comprehensive diagnostic criteria (CDC) for IgG4-RD. Validation of the CDC demonstrated satisfactory sensitivity for the practical use of general physicians and nonspecialists but low sensitivity in the organs to be difficult in taking biopsy specimens such as type1 autoimmune pancreatitis (IgG4-related AIP), compared with IgG4-related sialadenitis/dacryoadenitis (Mikulicz’s disease) and IgG4-related kidney disease. Although the diagnostic criteria covering all IgG4-RD are hard to be established, combination with the CDC and organ-specific diagnostic criteria should improve sensitivity.

## 1. Introduction

Recent studies have suggested simultaneous or metachronous lesions in multiorgans characterized by elevated serum levels of IgG4 and abundant infiltration of IgG4-positive plasma cells with various degrees of fibrosis, which lead us to propose the concept of a systemic disease [1, 4, 10, 23, 24]. However, there are many synonyms suggesting a systemic disease, such as IgG4-related autoimmune disease [1], IgG4-related sclerosing disease [4], IgG4-related plasmacytic syndrome (SIPS) [23], IgG4-related multiorgan lymphoproliferative syndrome (IgG4-MOLPS) [10], and systemic IgG4-related disease, all of which may refer to the same conditions [24, 25] (Table 1). To simplify these conditions, members of two Japanese research committees for IgG4-related disease, one from view of fibrosclerosis (Chaired by Prof. Okazaki) [24] and the other from lymph proliferation (Chaired by

Professor. Umehara H) [25], both of which are supported by the “Research for Intractable Disease” Program from the Ministry of Health, Labor, and Welfare of Japan, have agreed with unification of different nomenclatures as “IgG4-related disease (IgG4-RD)” and proposed the comprehensive diagnostic criteria (CDC) for IgG4-RD [15]. As it still remains unclear whether pathogenetic mechanisms in each involved organ are same or not, the term IgG4-RD was appointed as minimally reflecting these conditions to avoid misdiagnosis of malignancy as much as possible.

## 2. The Concept of IgG4-Related Disease

The two Japanese research committees independently analyzed the clinical features and conditions of IgG4-RD and finally resulted in the following consensus with close collaboration [15, 24, 25]. (1) Patients with IgG4-RD show

TABLE 1: Nomenclatures of IgG4-related conditions.

Nomenclature	Authors	(year)
IgG4-related autoimmune disease	Kamisawa et al. [1]	(2003)
IgG4-associated multifocal systemic fibrosis	van der Vliet and Perenboom [2]	(2004)
IgG4-related systemic disease	Kamisawa et al. [3]	(2004)
IgG4-related sclerosing disease	Kamisawa et al. [4–7]	(2006)
Hyper-IgG4 disease	Neild et al. [8]	(2006)
IgG4-related disease	Zen et al. [9]	(2007)
Systemic IgG4 plasmacytic syndrome (SIPS)	Masaki et al. [10]	(2009)
IgG4-related multiorgan Lymphoproliferative syndrome (IgG4-MOLPS)	Masaki et al. [10]	(2009)
IgG4-associated disease	Geyer et al. [11]	(2010)

diffuse/focal organ enlargement, with mass-forming or nodular/thickened lesions in various organs, including the central nervous system [26], lachrymal/salivary glands [10, 23], thyroid gland [27, 28], lungs [29], pancreas [30, 31], biliary duct [32], liver [33], gastrointestinal tract [34, 35], kidneys [36], prostate gland [37], retroperitoneum [38], skin [39], lymph nodes [5, 40, 41], and artery [42, 43]. These conditions are quite similar to multifocal idiopathic fibrosclerosis (MIF) [44]. (2) These multiorgan lesions may occur synchronously or metachronously, with the prominent infiltration of lymphocytes and IgG4-positive plasmacytes with fibrosis. (3) IgG4-RD mainly affects middle-aged to elderly men except for IgG4-related dacryoadenitis/sialadenitis. Although clinical symptoms depending on involved organs are relatively mild, some patients develop serious complications such as obstructive jaundice due to hepatic, gallbladder, or pancreatic lesions; hydronephrosis due to retroperitoneal fibrosis; respiratory symptoms due to pulmonary lesions. (4) Steroid treatment is effective in many patient with IgG4-RD. However, prognosis and risk factors of recurrence still remain unclear. (5) Although the infiltration of IgG4-positive cells and increased serum concentrations of IgG4 characteristic of IgG4-RD, the severity of fibrosis is dependent on the individual organs involved. For example, storiform fibrosis and obliterative phlebitis are characteristic of pancreatic, biliary tract, and retroperitoneal lesions but are rarely observed in lachrymal/salivary glands or lymph nodes.

### 3. IgG4-Related Disease (IgG4-RD) as the Comprehensive Nomenclature [24, 25]

In addition to MIF, there are many synonyms, such as IgG4-related autoimmune disease [1], “IgG4-related sclerosing disease” [4], IgG4-related plasmacytic disease (SIPS) [23], and “IgG4 + sMOLPS” [10], all of which may refer to the same conditions. It has been debated which one is the most appropriate. Storiform fibrosis and obliterative phlebitis are

characteristic of biliopancreatic, retroperitoneal, and renal lesions, but rarely observed in lachrymal/salivary glands and lymphnodes [24, 25]. Then, the nomenclature of “IgG4-related sclerosing disease” is mainly based on the fibrous swollen organs, whereas those of “IgG4-SIPS” and “IgG4-MOLPS” are based on lymphoplasmacytic proliferation and swollen lymph nodes without fibrosis [24, 25]. Although most patients have multiorgan lesions synchronously or metachronously, about 10–20% of the patients show a solitary organ involved without confirming other organ involvement [24, 25]. Therefore, it is unclear whether the pathogenetic mechanism is same among individual organs or not. In addition to IgG4-RD, IgG4-associated conditions such as high serum levels of IgG4 or abundant infiltration of IgG4-positive cells were reported in some patients with malignancy; pancreatic [6, 45], biliary [46] and salivary cancer [47], gastrointestinal sarcoma [48], and ocular adnexal lymphoma [49–51]. Therefore, the term “systemic” may lead us to misdiagnosis of other organ lesions showing IgG4-related conditions in cases of malignancy [51]. Based on these findings, the members of Umehara and Okazaki teams have agreed that the term “IgG4-related disease” is appointed as minimally accepting these conditions at this moment.

### 4. Comprehensive Diagnostic Criteria for IgG4-RD [15, 24, 25]

The patients with IgG4-related disease show organ enlargement or nodular/hyperplastic lesions in organs in the entire body, synchronously or metachronously, due to the prominent infiltration and fibrosis of lymphocytes and plasmacytes; however, the causes of the disease are still not clear. The organs known to be affected include the central nervous system, lacrimal/salivary glands, thyroid gland, lungs, pancreas, biliary duct, liver, gastrointestinal tracts, kidneys, prostate gland, retroperitoneum, skin, arteries, and lymph nodes. Although it remains unclear whether this disease is the same as multifocal fibrosclerosis, that is a possibility. Clinical symptoms vary depending on the organ in which the lesions are located, which suggests that it is hard to establish criteria covering all patients with IgG4-RD. Therefore, specific diagnostic criteria are required for each involved organ such IgG4-related Mikulicz’s disease (IgG4-related dacryoadenitis/sialadenitis [12] (Table 2), type 1 AIP (IgG4-related pancreatitis) [13] (Table 3), and IgG4-related kidney disease [14, 41] (Table 4). However, these organ-specific criteria do not cover other organs or are not familiar to general clinicians and specialists. Moreover, to avoid misdiagnosis of malignancy, all physicians have to know this emerging disease entity and can make a diagnosis of IgG4-RD. Therefore, the CDC for IgG4-RD, containing three major criteria (clinical, hematological and histopathological examinations), have been proposed for practical use of general physicians and nonspecialist [15] (Table 5). Although sensitivity of the CDC for definitive IgG4-RD is low in the organs to be difficult in taking biopsy specimens, it can detect possible cases of IgG4-RD. In the probable or possible cases, organ specific criteria should be used concurrently.

TABLE 2: Diagnostic criteria for IgG4+ Mikulicz's disease [12] (approved by the Japanese Society for Sjögren's Syndrome, 2008).

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- (1) Symmetrical swelling of at least 2 pairs of lachrymal, parotid, and submandibular glands continuing for more than 3 months,  
 (2) elevated serum IgG4 (>135 mg/dL),  
 or  
 (3) histopathological features including lymphocyte and IgG4+ plasma cell infiltration (IgG4+ plasma cells/IgG+ plasma cells > 50%) with typical tissue fibrosis or sclerosis.
- Differential diagnosis is necessary from other disorders, including sarcoidosis, Castleman's disease, Wegener's granulomatosis, lymphoma, and cancer. Although the diagnostic criteria for Sjögren's syndrome (SS) may also include some patients with IgG4+ Mikulicz's disease, the clinicopathological conditions of patients with typical SS and IgG4+ Mikulicz's disease are different.
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(1) *Clinical Examination.* Physical examinations and imaging on US/CT/MRI can show the characteristic diffuse/localized swelling, masses, or thickness in single or multiple organs (Figure 1).

(2) *Immunological Examination*

(a) *Increase of Serum Levels of IgG4.* The cutoff value for serum IgG4 concentration, 135 mg/dL, was based on receiver operating characteristic (ROC) curves, and its validity was confirmed in patients with autoimmune pancreatitis [7] (Table 6). In patients with single-organ involvement and serum IgG4 concentration less than 135 mg/dL, the IgG4/IgG ratio may be helpful in making a diagnosis.

However, elevated IgG4 may be also observed in other diseases (e.g., atopic dermatitis, pemphigus, asthma, and multicentric Castleman's disease), especially in about 10% of malignancy, which suggests that high serum IgG4 is not necessarily specific marker of IgG4-RD [6]. Although a high cutoff value with >270 mg/dL of IgG4 increases specificity but decreased sensitivity of IgG4-RD differing from pancreatic cancer [45]. Therefore, at present, the significance of elevated IgG4 in the pathogenesis/pathophysiology of IgG4-RD still remains unknown.

(b) *Other Immunological Markers.* In addition to increased serum levels of IgG4, high serum levels of polyclonal  $\gamma$ -globulin, IgG, and IgE are often, and hypocomplementemia may occur [52]. As these markers are less sensitive for IgG4-RD, they are not included as a diagnostic criterion.

(3) *Histopathologic Examination.* Although tissue biopsies are difficult to obtain from some organs, including the pancreas, retroperitoneum and ocular cavity, histopathological examination is important.

(a) *Marked Lymphocyte and Plasmacyte Infiltration and Fibrosis.* Storiform or swirling fibrosis or obliterative phlebitis is characteristic of IgG4-RD and may be important in its diagnosis.

(b) *Infiltration of IgG4-Positive Plasma Cells.* IgG4/IgG-positive cells more than 40% [53] or 50% [12] have been reported in lymphnodes of the patients with IgG4-RD. On

the other hand, more than 10 IgG4-positive plasma cells are recommended that in diagnosis of type 1 AIP [13]. Based on these findings, the CDC for IgG4-RD recommend both the ratio of IgG4/IgG-positive cells >40% and infiltration of >10 IgG4-positive plasma cells/HPF for the definitive diagnosis [15]. Eosinophilic infiltration is often observed along with infiltration of IgG4-positive cells. It is noted that reactive infiltration of IgG4-positive cells and fibrosis may be observed in various diseases and clinical conditions, such as rheumatoid synovitis, inflammatory oral and skin lesions, and around cancer. However, it is noted that some additional immune-mediated conditions with increased serum interleukin-6 (IL-6) such as multicentric Castleman's disease may show elevated serum IgG4 and/or IgG4+/IgG+ plasma cell ratios >40%.

(4) *Prohibition of Facile Steroid Treatment in the CDC for IgG4-RD.* Patients with malignant lymphoma or paraneoplastic lesions can sometimes be improved by steroid administration. Therefore, steroid trials should be strictly avoided. Efforts should be made to collect tissue samples for diagnosis. However, patients having disease in organs difficult to biopsy, such as the pancreas, retroperitoneum, and pituitary, and respond to steroids may possibly have IgG4-RD. In accordance with the guidelines for treatment of autoimmune pancreatitis, patients should be started on 0.5-0.6 mg/kg/day/prednisolone. If patients do not respond to the initial steroid therapy, the diagnosis should be reviewed again.

(5) *Diseases to be Excluded or Differentiated*

(a) *Malignancies (e.g., Cancer, Lymphoma).* In cases of malignancy in the involved organs, it is essential to determine whether malignant cells are present histopathologically.

(b) *Similar Diseases.* Other similar benign diseases including Sjögren's syndrome, primary sclerosing cholangitis, multicentric Castleman's disease, idiopathic retroperitoneal fibrosis, Wegener's granulomatosis, sarcoidosis, and Churg-Strauss syndrome should be differentially diagnosed using the diagnostic criteria for each disease. It is noted that multicentric Castleman's disease, one of hyper IL-6 syndromes should be excluded from IgG4-RD, even if the CDC for IgG4-RD are fulfilled.

TABLE 3: International Consensus Diagnostic Criteria (ICDC) for autoimmune pancreatitis [13].

Diagnosis	Primary basis for diagnosis	Imaging Evidence	Collateral evidence
Definitive type 1 AIP	Histology	Typical/indeterminate	Histologically confirmed LPSP (level 1 H)
	Imaging	Typical	Any non-D level 1/level 2
	Response to steroid	Indeterminate	Two or more from level 1 (+level 2 D*)
Probable type 1 AIP		Indeterminate	Level 1 S/OOI + Rt or level 1 D + level 2 S/OOI/H + Rt
*Level 2 D is counted as level 1 in this setting.			
	Criterion	Level 1	Level 2
P	Parenchymal imaging	Typical: diffuse enlargement with delayed enhancement (sometimes associated with rim-like enhancement)	Indeterminate (including atypical <sup>†</sup> ): segmental/focal enlargement with delayed enhancement
D	Ductal imaging (ERP)	Long (>1/3 length of the main pancreatic duct) or multiple strictures without marked upstream dilatation	Segmental/focal narrowing without marked upstream dilatation (duct size, <5 mm)
S	Serology	IgG4, >2× upper limit of normal value a or b	IgG4, 1-2× upper limit of normal value a or b
OOI	Other organ involvement	<p>(a) Histology of extrapancreatic organs: any three of the following:</p> <ol style="list-style-type: none"> <li>(1) marked lymphoplasmacytic infiltration with fibrosis and without granulocytic infiltration;</li> <li>(2) storiform fibrosis;</li> <li>(3) obliterative phlebitis;</li> <li>(4) abundant (&gt;10 cells/HPF) IgG4-positive cells.</li> </ol> <p>(b) Typical radiological evidence at least one of the following:</p> <ol style="list-style-type: none"> <li>(1) segmental/multiple proximal (hilar/intrahepatic) or proximal and distal bile duct stricture;</li> <li>(2) retroperitoneal fibrosis;</li> </ol>	<p>(a) Histology of extrapancreatic organs including endoscopic biopsies of bile duct<sup>‡</sup>: both of the following:</p> <ol style="list-style-type: none"> <li>(1) marked lymphoplasmacytic infiltration without granulocytic infiltration;</li> <li>(2) abundant (&gt;10 cells/HPF) IgG4-positive cells.</li> </ol> <p>(b) Physical or radiological evidence: at least one of the following:</p> <ol style="list-style-type: none"> <li>(1) symmetrically enlarged salivary/lachrymal glands;</li> <li>(2) radiological evidence of renal involvement described in association with AIP.</li> </ol>
H	Histology of the pancreas	LPSP (core biopsy/resection): at least 3 of the following:	LPSP (core biopsy): any 2 of the following:
		<ol style="list-style-type: none"> <li>(1) periductal lymphoplasmacytic infiltrate without granulocytic infiltration;</li> <li>(2) obliterative phlebitis;</li> <li>(3) storiform fibrosis;</li> <li>(4) abundant (&gt;10 cells/HPF) IgG4-positive cells.</li> </ol>	<ol style="list-style-type: none"> <li>(1) periductal lymphoplasmacytic infiltrate without granulocytic infiltration;</li> <li>(2) obliterative phlebitis;</li> <li>(3) storiform fibrosis;</li> <li>(4) abundant (&gt;10 cells/HPF) IgG4-positive cells.</li> </ol>
Diagnostic steroid trial			
Response to steroid (Rt)*	Rapid (≤2 wk) radiologically demonstrable resolution or marked improvement in pancreatic/extrapancreatic manifestations		

TABLE 4: Diagnostic criteria for IgG4-related kidney disease [14].

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(1) Presence of some kidney damage, as manifested by abnormal urinalysis or urine marker(s) or decreased kidney function with either elevated serum IgG or IgE or hypocomplementemia

(2) Abnormal renal radiologic findings:

- multiple low-density lesions on enhanced computed tomography;
- diffuse kidney enlargement;
- hypovascular solitary mass in the kidney;
- hypertrophic lesion of the renal pelvic wall without irregularities of the renal pelvic surface.

(3) Elevated serum IgG4 level (>135 mg/dL)

(4) Histological findings in the kidney:

- dense lymphoplasmacytic infiltration by >10 IgG4-positive plasma cells/high power field (HPF) and/or IgG4+/IgG+ positive plasma cells > 40%;
- characteristic (sclero-) fibrosis surrounding nests of lymphocytes and/or plasma cells;

(5) Histological findings in extrarenal organ(s):  
dense lymphoplasmacytic infiltration by >10 IgG4-positive plasma cells/HPF and/or IgG4/IgG-positive plasma cells > 40%

Definite:      (1) + (3) + (4) (a), (b)  
                  (2) + (3) + (4) (a), (b)  
                  (2) + (3) + (5)  
                  (1) + (3) + (4) (a) + (5)

Probable:     (1) + (4) (a), (b)  
                  (2) + (4) (a), (b)  
                  (2) + (5)  
                  (3) + (4) (a), (b)

Possible:     (1) + (3)  
                  (2) + (3)  
                  (1) + (4) (a)  
                  (2) + (4) (a)

Appendix:

- Clinically and histologically, the following diseases should be excluded:  
Wegener's granulomatosis, Churg-Strauss syndrome, and extramedullary plasmacytoma.
- Radiologically, the following diseases should be excluded:  
Malignant lymphoma, urinary tract carcinomas, renal infarction, and pyelonephritis.

(Rarely, Wegener's granulomatosis, sarcoidosis and metastatic carcinoma)

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TABLE 5: Comprehensive diagnostic criteria for IgG4-related disease (IgG4-RD), 2011 [15].

*[Concept]*

IgG4-related disease (IgG4-RD) shows organ enlargement or nodular/hyperplastic lesions in various organs concurrently or metachronously, due to marked infiltration of lymphocytes and IgG4-positive plasma cells, as well as fibrosis of unknown etiology. IgG4-RD affects various organs, including the pancreas, bile duct, lacrimal gland, salivary gland, central nervous system, thyroid, lung, liver, gastrointestinal tract, kidney, prostate, retroperitoneum, arteries, lymph nodes, skin, and breast. Although many patients with IgG4-RD have lesions in several organs, either synchronously or metachronously, others show involvement of a single organ. Clinical symptoms vary depending on the affected organ, and some patients may experience serious complications, such as obstruction or compression symptoms due to organomegaly or hypertrophy and organ dysfunction caused by cellular infiltration or fibrosis. Steroid therapy is often effective.

*[Comprehensive clinical diagnostic criteria for IgG4-RD, 2011]*

- Clinical examination shows characteristic diffuse/localized swelling or masses in single or multiple organs.
- Hematological examination shows elevated serum IgG4 concentrations ( $\geq 135$  mg/dL).
- Histopathologic examination shows;

- marked lymphocyte and plasmacyte infiltration and fibrosis

- infiltration of IgG4-positive plasma cells: ratio of IgG4/IgG positive cells > 40% and > 10 IgG4-positive plasma cells/HPF.

Definite: (1) + (2) + (3), Probable: (1) + (3), Possible: (1) + (2)

However, it is important to differentiate IgG4-RD from malignant tumors of each organ (e.g. cancer, lymphoma) and similar diseases (e.g. Sjögren's syndrome, primary sclerosing cholangitis, Castleman's disease, secondary retroperitoneal fibrosis, Wegener's granulomatosis, sarcoidosis, and Churg-Strauss syndrome) by additional histopathological examination. Even when patients cannot be diagnosed using the CCD criteria, they may be diagnosed using organ-specific diagnostic criteria for IgG4RD.

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TABLE 6: Sensitivity and specificity of serum levels of IgG4 in patients with type 1 AIP.

	Cut-off mg/dL	<i>n</i>	Sensitivity		Specificity	
			Median/(range)	<i>n</i>	(vs cancer)	
Japan	135					
Okazaki et al. [16]		71	80% 410 (3–3670)	101	98%	
Okazaki et al. [17]		52	73% 505 (43–1540)		NS	
Kawa et al. [18]		64	92% 618 (8–2855)	80	98%	
Korea	135					
Choi et al. [19]		30	73% 473 (10–1764)	76	99%	
USA	140					
Ghazale et al. [20]		45	76% 550 (16–2890)	135	90%	
Raina et al. [21]		26	44% (8–825)	NS		
Italy	135					
Frulloni et al. [22]	(focal) (diffuse)	55 32	66% 267 27% 78		NS	

TABLE 7: Validation of a combination of CDC and organ-specific criteria for type 1 AIP.

Compared with pancreas cancer, the sensitivity of comprehensive criteria for definite/probable AIP was 0%, but 78% for possible AIP, and specificity was 100% in any groups. Although it is hard to take an enough size of specimen in diagnosis of AIP malignancy can be usually denied by EUS-FNA. Therefore, the CDC are enough for detecting possible AIP, but not for definite/probable AIP.

	JPS 2006	ICDC for type 1 AIP	CDC for IgG4-RD	
Diagnosis of AIP	Definite AIP	Definite/probable AIP	Definite/probable AIP	Possible
AIP ( <i>n</i> = 60)				
PaCa ( <i>n</i> = 17)				
Total ( <i>n</i> = 77)				
sensitivity	70%	97%	0%	78%
specificity	100%	100%	100%	100%
PPV	100%	100%	0%	100%
NPV	49%	8%	100%	57%
accuracy	77%	95%	22%	83%

PaCa: pancreas cancer, PPV: positive predictive value, NPV: negative predictive value.

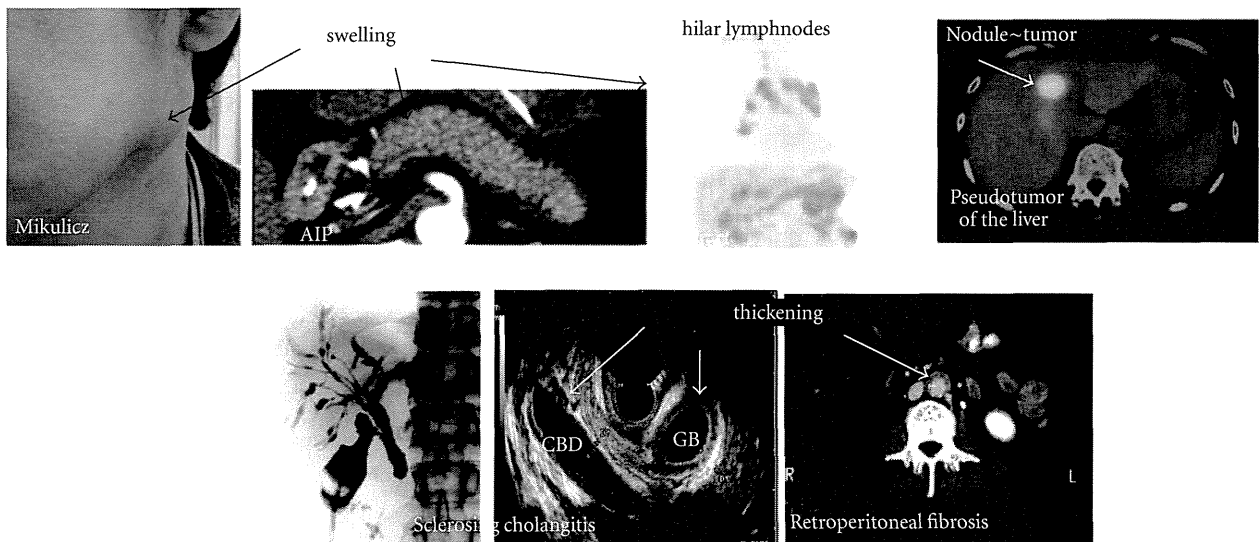


FIGURE 1: Clinical findings of IgG4-related disease. Physical examinations and imaging on US/CT/MRI can show the characteristic diffuse/localized swelling, masses, or thickness in single or multiple organs.

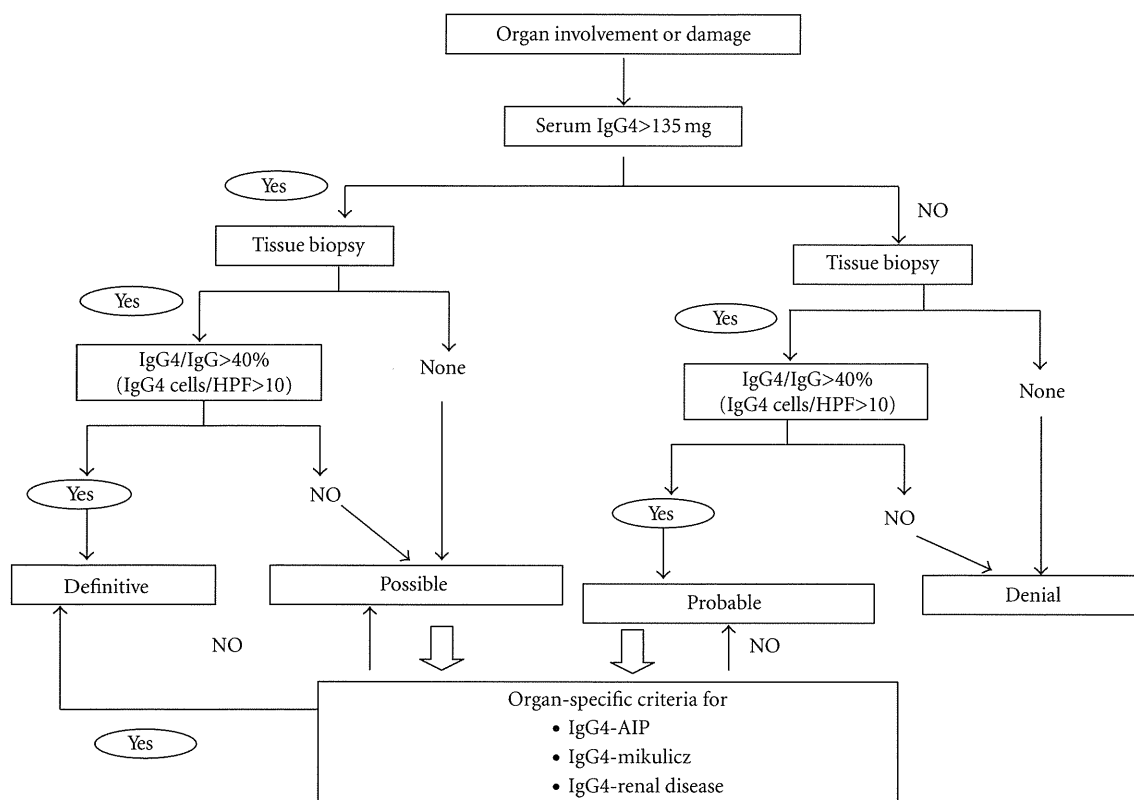


FIGURE 2: Diagnostic algorithm for IgG4-RD in Japan.

## 5. Sensitivity and Specificity of the CDC Criteria and Diagnostic Algorithm for IgG4-RD

The sensitivity of CDC for definitive/probable IgG4-RD is satisfactory in IgG4-related MD [12] and IgG4-related KD [14], but not in type 1 AIP [6, 13]. The major reason of low sensitivity in type 1 AIP is that enough biopsy samples of the pancreas are not easily obtained in most of these patients. In addition, endoscopic ultrasonography (EUS), guide fine needle aspiration (FNA), is available in a few of institutes in Japan, for examples only 16 of 226 (7%) board member institutes in Kinki district of Japan Gastroenterological Endoscopy Society (JGES). On the other hand, the sensitivity of the CDC for possible IgG4-RD is satisfactory in type 1 AIP (Table 7). In contrast, patients with type 1 AIP could not be diagnosed by the comprehensive diagnostic criteria (0%) for definite, because biopsies could not be obtained from most of these patients. Therefore, combination of the CDC and organ-specific criteria should increase the sensitivity of diagnosis, even in the possible cases of IgG4-RD.

Based on these findings, a diagnostic algorithm for IgG4-RD in combination with the CDC and other organ-specific criteria has been proposed, although they have a limitation to the utility of the criteria proposed [15] (Figure 2). In patients with (a) organ enlargement, mass or nodular lesions,

or organ dysfunction, performing of both (b) measurement of serum IgG4 and (c) tissue biopsy is recommended. In the cases with >135 mg/dL of IgG4, diagnostic histopathological findings of >10 IgG4 cells/HPF and an IgG4/IgG cell ratio >40 can diagnose them as definitive AIP. In possible or probable cases fulfilling criterion (a) with (b), or (c), organ-specific criteria for each disease should be applied. It is important to differentiate IgG4-RD from malignant tumors of each organ (e.g., cancer, lymphoma) and similar diseases (e.g., Sjögren's syndrome, primary sclerosing cholangitis, Castleman's disease, secondary retroperitoneal fibrosis, Wegener's granulomatosis, sarcoidosis, and Churg-Strauss syndrome) by additional histopathological examination. Future studies including other organ diseases similar to IgG4-RD are needed to establish the diagnostic efficacy of CDC.

## 6. Conclusion

"All Japan Research Team for IgG4-RD" unified the nomenclatures as "IgG4-related disease (IgG4-RD)" and proposed the comprehensive diagnostic criteria (CDC) for IgG4-RD. The CDC for IgG4-RD was made for the practical use and for general physicians to differentiate IgG4-RD from malignancy or similar diseases as much as possible. Although sensitivity of the CDC for definitive IgG4-RD is low in the organs to



be difficult in taking biopsy specimens, it can detect possible cases of IgG4-RD. In the probable or possible cases, organ-specific criteria should be used concurrently.

### Authors' Contribution

K. Okazaki and H. Umehara declare that they equally contributed to this work.

### Disclosure

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## Ⅲ. 分担研究報告

## IgG4 関連疾患 胆膵分科会報告

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研究要旨：IgG4 関連疾患（IgG4-RD）は日本発の疾患概念として国際的にも新規疾患として認められつつあるが、病変は全身多臓器に及ぶため、各臓器病変の病態解明について、臓器毎の分科会が組織された。胆膵分科会では1型自己免疫性膵炎（AIP）、IgG4 関連硬化性胆管炎（IgG4-SC）を中心に、肝・消化管病変を含む IgG4 関連消化器疾患について、わが国での実態を明らかにするために活動を開始した。

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### A. 研究目的

肝胆膵・消化管領域を含めた高 IgG4 血症、IgG4 + 細胞浸潤を認める病変を対象に IgG4 関連消化器病変との異同や実態について検討する。

- 1) IgG4 関連硬化性胆管炎の診断基準の評価
- 2) 胆膵領域 IgG4 関連疾患の重症度分類
- 3) 他消化器領域における IgG4 関連疾患
- 4) 高 IgG4 血症、IgG4 + 細胞浸潤を認めるその他の胆膵疾患

### B. 研究方法

- 1) IgG4 関連硬化性胆管炎の診断基準の評価  
血中 IgG4 値のカットオフ値の妥当性の評価についてワーキンググループを組織して検討する。
- 2) 胆膵領域 IgG4 関連疾患の重症度分類  
胆膵領域疾患の重症度の定義と分類を分科会で検討する。
- 3) 他消化器領域における IgG4 関連疾患  
コンセンサスのない肝（自己免疫性肝炎）、消化管病変（食道・胃・乳頭・大腸）について各臓器のワーキングチームを組織する。
- 4) 高 IgG4 血症、IgG4 + 細胞浸潤を認める他の胆膵疾患  
膵癌（含閉塞性膵炎）、胆管癌、PSC の一部の IgG4 陽性細胞浸潤を認める症例に関する調査を行う。

(倫理面への配慮)

本研究のために新たな検査はせず、通常の診療で得られる所見を用いて解析する。また、画像、病理組織を含めた検査所見の本研究への利用については患者本人の承諾を得ると共に解析にあたっては年齢と性別のみの人情報が対象となるため個人が特定されることはない。

### C. 研究結果

#### 1) IgG4 関連硬化性胆管炎の診断基準の評価

血中 IgG4 値のカットオフ値の妥当性の評価についてワーキンググループを組織して検討し、182 mg/dL が胆管癌や原発性硬化性胆管炎との鑑別に有用であった。

#### 2) 重症度の定義 (重症、(中等症)、軽症)

AIPで実際にステロイドが効かないのは2%程度であり、患者数にするとステロイドの効かない患者はAIP3000人中60人、IgG4全体もAIPと同じ頻度と仮定すると1~2万人中200~400人程度がステロイドの効かない患者数となる。ステロイド治療歴のある患者の再燃率はAIPでは1年以内が30%、3年以内が90%程度といのが日本のデータなのでこれらはほぼ全員ステロイド再投与となり中等症以上ということになるが、重症患者は実質上あまり増えないと思われることより

軽症：治療介入不要、中等症以上：要治療介入、

重症：ステロイド治療依存性あるいはステロイド抵抗性で、治療しても臓器機能障害が残存する。

#### 5) 他消化器領域における IgG4 関連疾患

上部消化管 (食道、胃、十二指腸)：都立駒込病院 神澤先生、下部消化管 (小腸、大腸)：慶応大 日比先生、肝：信州大 川先生がチームリーダーとなって文献症例と参加施設症例の検討をする予定となった。

#### 6) 高 IgG4 血症、IgG4+細胞浸潤を認める他の胆膵疾患

膵癌(含閉塞性膵炎)、胆管癌、PSC の一部の IgG4 陽性細胞浸潤を認める症例に関する調査を行う。

### E. 結論

胆膵分科会では1型自己免疫性膵炎 (AIP)、IgG4 関連硬化性胆管炎 (IgG4-SC) を中心に、肝・消化管病変を含む IgG4 関連消化器疾患について、わが国での実態を明らかにするために活動を開始した。

### F. 研究発表

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第49回日本消化器免疫学会 鹿児島 2012/06
14. 内田一茂、岡崎和一、正宗 淳、下瀬川 徹 IgG4 関連疾患における性差について第 8 回消化器病における性差医学・医療研究会  
京都 2012/08
15. 内田一茂、岡崎和一 IgG4 関連肝胆膵疾患における ICOS 陽性制御性T細胞による IgG4 産生機序に関する検討 第 40 回日本臨床免疫学会 東京 2012/09

G. 知的財産権の出願・登録状況（予定を含む。）

1. 特許取得  
なし
2. 実用新案登録  
なし
3. その他  
なし

## 膵癌における IgG4 陽性形質細胞の包括診断基準を基にした検討

研究分担者 岡崎和一 関西医科大学 内科学第三講座 教授

研究要旨：近年膵癌周囲に IgG4 陽性細胞が浸潤しているとい報告がなされているのがその詳細については不明である。今回我々は 21 例の膵癌と 9 例の 1 型自己免疫性膵炎 (AIP) の手術標本を用いて、IgG4 陽性細胞と制御性 T 細胞 (Treg) の関係について検討した。癌部、癌周囲、閉塞性膵炎における IgG4 陽性細胞の数、IgG4/IgG 陽性細胞の比は AIP と比べ有意に低かった ( $p < 0.05$ )。膵癌症例では、IgG4/IgG 比と浸潤単核球に対する Foxp3 陽性細胞は癌部で有意に高値であった ( $p < 0.05$ )。癌部では 9 例 (43%)、癌周囲 6 例 (29%)、閉塞性膵炎 3 例 (14%) で、包括診断基準の IgG4/IgG 比 40%以上を満たしていた。EUS-FNA などの微小検体において、膵癌と AIP の鑑別には注意が必要である。

### 共同研究者

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(関西医科大学内科学第三講座)

免疫組織学的方法を用いて検討した。

(倫理面への配慮)

本研究のために新たな検査はせず、過去の手術標本を用いた。解析にあたっては年齢と性別のみの個人情報対象となるため個人が特定されることはない。

### A. 研究目的

1 型自己免疫性膵炎 (AIP) のうち、限局性を呈する自己免疫性膵炎は膵癌との鑑別で苦慮する例が少なくない。2011 年に公表された IgG4 関連包括診断基準では、IgG4/IgG 陽性細胞比 40%以上、かつ IgG4 陽性細胞が 10/HPF を超えるという項目がある。そこで我々は自験例において 1 型自己免疫性膵炎と膵癌とそれに伴う膵炎において浸潤する IgG4 陽性細胞について検討した。

### C. 研究結果

IgG4/IgG 陽性細胞の比率は AIP  $62.4\% \pm 5.9$ 、癌部  $29.1\% \pm 4.5$ 、膵癌隣接部位  $25.9\% \pm 5.4$ 、膵癌上流の閉塞性膵炎  $21.0\% \pm 4.8$  と AIP で有意に高値であった。

### B. 研究方法

対象は 1992 年から 2010 年にかけて本学で手術された膵癌患者 (PDA) 21 例 (女性 7 名、男性 14 名; 平均年齢 67 歳)、1 型自己免疫性膵炎患者 (AIP) 9 例 (女性 5 名、男性 4 名; 平均年齢 65 歳) である。

IgG4 陽性細胞数は AIP  $21.667 \pm 2.436$ 、癌部  $5.183 \pm 1.061$ 、膵癌隣接部位  $2.250 \pm 0.431$ 、膵癌上流の閉塞性膵炎  $4.033 \pm 0.005$  個と AIP が有意に高値であった。

方法は IgG、IgG4、Foxp3 陽性細胞について

IgG4/IgG 陽性細胞比 40%以上の症例が癌部で 21 例中 9 例 (43%)、膵癌隣接部位で 21 例中 6 例 (29%)、膵癌上流の閉塞性膵炎で 21 例中 3 例 (14%) 認めた。IgG4/IgG 陽性細胞比 40%以上かつ IgG4/HPF10 を超える症例は膵癌上流の閉塞性膵炎で 21 例中 1 例 (5%) に認めた。



Disease	IgG4 >10/hpf	IgG4/IgG > 40 %	IgG4 > 10/hpf かつ IgG4/IgG > 40 %
1型 AIP	9/9 (100 %)	8/9 (89 %)	8/9 (89 %)
膵癌			
癌部	1/21 (5 %)*	9/21 (43 %)**	1/21 (5 %)*
癌周囲	0/21 (0 %)*	6/21 (29 %)**	0/21 (0 %)*
閉塞性膵炎	2/21 (10 %)*	3/21 (14 %)*†	1/21 (5 %)*

(表 1) 各疾患と IgG4 陽性細胞数。

\*  $p < 0.001$ ; \*\*  $p < 0.01$  versus Type 1 AIP, †  $p < 0.05$  versus main lesion. hpf :high power field

IgG4 と Foxp3 の相関関係は膵癌上流の閉塞性膵炎において相関関係が認められた ( $R = 0.733$ )。癌部、膵癌隣接部位では相関関係は認められなかった。

#### D. 考察

膵癌において IgG4/IgG 比率が 40% を超え IgG4 陽性細胞数が 10/HPF を超える症例が認められた。このうち癌細胞のない閉塞性膵炎において 5% に認められた。ただし IgG4 陽性細胞の分布は AIP ではび漫性に膵癌では限局性に認められており、この分布の違いは鑑別に有用となる可能性がある。膵癌と AIP を鑑別する上で FNA など少量の検体で診断する場合は、陽性細胞を数えるのみではなくその分布についても十分な検討が必要であると考えられた。

IgG4 陽性細胞の誘導に関しては、膵癌上流の閉塞性膵炎において AIP と同様に IgG4 と Foxp3 は相関関係が認められた。このことは AIP と同様の機序で IgG4 産生が誘導されている可能性があるが、膵癌隣接部位、膵癌上流の閉塞性膵炎領域において相関関係は認められなかったことより、腫瘍近傍においては異なる機序で IgG4 が産生されている可能性もあり、この点については今後更なる検討が必要であると考えられた。

#### E. 結論

膵癌と AIP の鑑別において IgG4/IgG 陽性細胞比率および IgG4 陽性細胞数を用いることは注意が必要である。

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11. 中山新士、西尾彰功、山科雅央、岡崎 敬、福井寿朗、内田一茂、坂口雄沢 アルコール性慢性膵炎の発症における自然免疫／獲得免疫の関与の検討 第39回日本膵臓学会大会 山形 2012/06
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- G. 知的財産権の出願・登録状況（予定を含む。）
1. 特許取得  
なし
  2. 実用新案登録  
なし
  3. その他  
なし

## IgG4 関連疾患における悪性疾患合併率の全国調査

研究分担者 岡崎和一 関西医科大学 内科学第三講座 教授

研究要旨：IgG4 関連疾患については日本発の疾患概念であるが、その予後については不明である。そこで今回我々は、IgG4 関連疾患における悪性疾患の合併率について全国調査を行った。

共同研究者 内田一茂

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### A. 研究目的

IgG4 関連疾患については日本発の疾患概念であるが、その予後については不明である。そこで今回我々は、IgG4 関連疾患における悪性疾患の合併率について全国調査を行うこととした。

### B. 研究方法

IgG4 関連の全身性疾患（自己免疫性膵炎・IgG4 関連唾液腺炎・IgG4 関連眼疾患・IgG4 関連肺疾患・IgG4 関連腎臓病・IgG4 関連後腹膜線維症・IgG4 関連リンパ節腫大・その他の IgG4 関連疾患）の患者数について悪性疾患の合併患者数を調査した。対象施設は自己免疫性膵炎の全国調査に回答した 250 施設の呼吸器内科、耳鼻科、眼科、リウマチ・膠原病科、泌尿器科と千葉班班員の施設に受診中の患者数についてアンケートを送付した。

(倫理面への配慮)

患者数についての調査であり個人情報は一切含まれていない。

### C. 研究結果

自己免疫性膵炎は 1008 例の患者の回答がありうち悪性疾患を合併したものは 127 例 (12.6%) 内訳は、舌癌 3 例・喉頭癌 2 例・

甲状腺癌 5 例・肺癌 18 例・胃癌 26 例・十二指腸癌 1 例・肝臓癌 4 例・胆管癌 2 例・膵臓癌 12 例・大腸癌 18 例・腎臓癌 5 例・膀胱癌 8 例・前立腺癌 13 例・卵巣癌 1 例・脂肪肉腫 1 例・悪性黒色腫 1 例・白血病 2 例・悪性リンパ腫 2 例・詳細不明 3 例であった。IgG4 関連唾液腺炎は 470 症例のうち 27 例 (5.7%) で舌癌 1 例・喉頭癌 1 例・唾液腺癌 1 例・MALT リンパ腫 1 例・悪性リンパ腫 3 例・乳癌 5 例・肺癌 1 例・胃癌 1 例・肝臓癌 1 例・大腸癌 6 例・前立腺癌 2 例・子宮癌 1 例・悪性中皮腫 2 例・悪性黒色腫 1 例であった。IgG4 関連肺疾患は 100 例中 11 例 (11.0%) で肺癌 3 例・大腸癌 2 例・腎臓癌 1 例・卵巣癌 2 例・子宮癌 1 例・MALT リンパ腫 1 例であった。IgG4 関連腎臓病は 117 例中 20 例 (17.1%) で肺癌 1 例・胃癌 9 例・大腸癌 5 例・腎臓癌 3 例・前立腺癌 1 例であった。IgG4 関連眼疾患は 317 例中 37 例 (11.7%) で胃癌 2 例・膵臓癌 1 例・前立腺癌 1 例・乳癌 2 例・悪性リンパ腫 19 例・MALT リンパ腫 12 例であった。IgG4 関連リンパ節腫大は 49 例中 3 例 (6.1%) で前立腺癌 1 例・悪性リンパ腫 2 例であった。IgG4 関連後腹膜線維症は 115 例中 12 例 (10.4%) で肺癌 1 例・大腸癌 3 例・膀胱癌 2 例・腎臓癌 1 例・前立腺癌 3 例・乳癌 1 例・悪性リンパ腫 1 例であった。その他の IgG4 関連疾患は 86 例 13 例 (14.0%) で肺癌 2 例・食道癌 2 例・胃癌 2 例・胆管癌 1 例・膵臓癌 1 例・大腸癌 2 例・膀胱癌 1 例・詳細不明 1 例であった。