ESDs were performed. Finally, there were no procedure-related mortalities at any of the institutions (Tables 1 and 2).

Independent risk factors for complications assessed by univariate and multivariate analysis

In the screening analysis for complication risk factors, tumor size, tumor location, macroscopic type, and histology had no significant association with the ESD complication rate (not significant), but there was a significantly decreased risk of complications corresponding to the increased number of ESDs performed at the 3 groups of institutions (group A, <50 ESDs, 17.6%; group B, ≥50 and <100 ESDs, 8.2%; and group C, ≥100 ESDs, 5.1%) (P <.0001) (Table 3). In the logistic regression models, the complication rate was independently higher for large tumors (≥50 mm) (multivariate analysis: odds ratio, 2.1; 95% confidence interval, 1.1-3.4; P = .0198), whereas the larger number of ESDs performed by groups B and C decreased the risk of complications (multivariate analyses: group B/group C: odds ratio, 0.4/0.2; 95% confidence interval, 0.2-0.9/0.1-0.5; P = .0253/.0002) (Table 4). There was no association, however, between the types of knives used during the ESDs and the complication rate (data not shown).

DISCUSSION

This is the first large prospective, multicenter cohort study of colorectal ESDs performed at specialized centers in Japan. There is increasing evidence of the effectiveness of colorectal ESD because the procedure makes it possible to treat large nongranular type LSTs (>20 mm) that had been treated by surgery in the past.⁸ The longer procedure time and higher complication rate of ESD compared with conventional EMR have also been discussed previously.³⁶ In fact, a small number of analyses¹² conducted in an earlier Japanese multicenter study indicated a higher complication rate during colorectal ESDs and that standardization of the colorectal ESD procedure would be difficult.

This study is particularly important because more than 1000 colorectal ESD cases in 10 specialized centers were analyzed at a time when the use of colorectal ESD is spreading in Japan, and a number of trained endoscopists are starting to perform colorectal ESDs in Western countries as well.21,22 The complication rate significantly decreased with the increased number of ESDs performed at an institution from 17.6% for group A (<50 ESDs) to 8.2% for group B (≥50 and <100 ESDs) to 5.1% for group C (≥100 ESDs), probably because of greater clinical experience in performing colorectal ESDs on a regular basis at group B institutions and even more so at group C institutions. There were no significant statistical differences for the mean procedure time, en bloc resection rate, and curative resection rate among the 3 groups, most likely because the mean tumor size was smaller and the locations differed as did the macroscopic types in group A,

	Complications				
Risk factors	No	Yes	P Value		
ESDs	1039	72			
Sex, male	639	42	.595		
Age, y, mean ± SD	66.2 ± 10.5	64.8 ± 9.	5 .273		
Tumor size, mm					
<50	851	52			
≥50	188	20	.0316		
Tumor location					
Cecum	93	10			
Right colon	384	24			
Left colon	249	14			
Rectum	313	24	.451		
Macroscopic type					
LST-NG	397	22			
LST-G	501	36			
Depressed (IIc)	30	0			
Protruded (Is)	54	8			
Recurrent tumor	39	5.			
Submucosal tumor	18	1	.075		
Histology					
Non-neoplastic	3	1			
Adenoma	328	28			
Mucosal cancer	487	32			
SM1 cancer	106	6			
SM2 cancer	96	5			
Others	19	0	.45		
Institutions (no. of ESDs)					
Group A (<50)	56	12			
Group B (≥50 and <100)	201	18			
Group C (≥100)	782	42	<.0001		
Trend			<.0001		

ESD, Endoscopic submucosal dissection; *LST-NG*, nongranular type laterally spreading tumor; *LST-G*, granular type laterally spreading tumor; *SD*, standard deviation; *SM1*, submucosal invasion less than 1000 μ m from the muscularis mucosae; *SM2*, submucosal invasion 1000 μ m or more from the muscularis mucosae.

		Univariate Analysis			Multivariate Analysis			
	OR	95 CI	p Value	OR	95 CI	<i>p</i> Value		
Macroscopic Type								
LST-NG	1							
Recurrent Tumor	2.3	0.7-6.0	0.1088					
Others	1.3	0.8-2.3	0.2668					
Tumor Size								
<50 mm	1			1				
≥50 mm	1.7	1.0-2.9	0.0439	2,1	1.1-3.4	0.0198		
Institutions (ESDs)								
A (<50)	1			1				
B (≥50, <100)	0.4	0.2-0.9	0.0351	0.4	0.2-0.9	0.0253		
C(≥100)	0,3	0.1-0.5	0.0004	0,2	0.1-0.5	0.0002		

suggesting that less-experienced endoscopists did not attempt to perform ESDs in more challenging cases.

To decrease the colorectal ESD complication rate in the future, it will be necessary to establish a learning curve based on the results of our large case series. In addition, conservative treatment of perforations should be possible in the future in those cases in which endoscopic clipping has already been shown to be effective.

The indications for ESD in this series were markedly different from those for conventional EMR, 17,36 and the overall perforation rate of 5.2% was higher compared with conventional EMR,36 but considerably lower than the earlier Japanese multicenter analyses mentioned previously¹² in which delayed perforation cases were regarded as requiring emergency surgery because of the risk of peritonitis. Two of the 4 patients with delayed perforations in this series, however, were successfully treated conservatively as abdominal findings and inflammation changes based on laboratory data were slight. Taku et al¹² also reported that conservative treatment might be possible, even for cases of delayed perforation when abdominal findings and laboratory data are stable, but we must carefully follow patients with delayed perforation and continued close communication with consulting surgeons is essential because the number of such cases has been quite limited so far.

The other principal ESD complication involved postoperative bleeding, but the total postoperative bleeding rate was only 1.5%, and none of the 17 patients required a blood transfusion or emergency surgery. This relatively low rate of postoperative bleeding was probably a result of using the coagulation technique for exposed vessels during ESD procedures, and the incidence of postoperative bleeding also decreased as the total number of ESDs

performed at the 3 respective groups of institutions increased.

Univariate and multivariate analysis revealed that large tumor size (\geq 50 mm) and less experience performing ESDs (group A, <50 cases) were independent risk factors for complications, so endoscopists should begin by performing colorectal ESDs on smaller lesions.

The mean ESD procedure time was considerably longer compared with that of conventional EMR,³⁶ but the indications for ESD and EMR were different, as were the tumor characteristics.³⁶ We should be comparing, therefore, the procedure times between ESD and surgery rather than ESD and EMR.

As for ESD devices, more than 2 knives were used in most institutions and CO_2 insufflation was used at 8 of the 10 institutions to reduce patient discomfort (Table 1). These factors also will need to be taken into account when considering costs in the future.

This was a prospective multicenter cohort study, but eligibility criteria for performing colorectal ESDs were sometimes unclear at some of the institutions. It will be necessary, therefore, to further assess the clinical outcome of using ESD for the treatment of large colorectal tumors in the future.

Another limitation of this study is that no long-term outcome data are available yet because a few of the institutions have only started performing colorectal ESDs in recent years. With more than 6 months of follow-up for cases at the National Cancer Center Hospital, there have been only 3 local recurrences (2%) in ESD cases (mean endoscopic follow-up period, 20.0 \pm 12.9 months) compared with 33 recurrences (14%) in EMR cases (mean endoscopic follow-up period 25.9 \pm 17.0 months).

In conclusion, ESD performed by experienced endoscopists is a safe and very effective procedure for treating large superficial colorectal tumors such as nongranular type LSTs larger than 20 mm and granular type LSTs larger than 30 mm that would have previously been treated with surgery, as well as large villous tumors and intramucosal lesions, recurrent lesions, and residual mucosal lesions showing nonlifting sign after EMR.

ACKNOWLEDGMENTS

We express our appreciation to Christopher Dix for his assistance in editing this manuscript; Dr. Kohsaku Maeda, Osaka Koseinenkin Hospital, for acquisition of data; and Dr. Keisuke Hori, Okayama University, for statistical analysis.

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Online Submissions: http://www.wjgnet.com/1007-9327office wjg@wjgnet.com doi:10.3748/wjg.v16.i3.392

World J Gastroenterol 2010 January 21; 16(3): 392-394 ISSN 1007-9327 (print) © 2010 Baishideng. All rights reserved.

CASE REPORT

A laterally-spreading tumor in a colonic interposition treated by endoscopic submucosal dissection

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Telephone: +81-4-71331111 Fax: +81-4-71346928 Received: September 5, 2009 Revised: October 13, 2009

Accepted: October 20, 2009 Published online: January 21, 2010 © 2010 Baishideng. All rights reserved.

Key words: Colonic interposition; Early colonic carcinoma; Endoscopic submucosal dissection

Peer reviewers: Christopher Mantyh, MD, Associate Professor, Department of Surgery, Duke University Medical Center, Box 3117, Durham, NC 2771, United States; Ming-Te Huang, Professor, Department of Surgery, Taipei Medical University-Shuang Ho Hospital, Taipei 23561, Taiwan, China

Bando H, Ikematsu H, Fu KI, Oono Y, Kojima T, Minashi K, Yano T, Matsuda T, Saito Y, Kaneko K, Ohtsu A. A laterally-spreading tumor in a colonic interposition treated by endoscopic submucosal dissection. *World J Gastroenterol* 2010; 16(3): 392-394 Available from: URL: http://www.wjg-net.com/1007-9327/full/v16/i3/392.htm DOI: http://dx.doi.org/10.3748/wjg.v16.i3.392

Abstract

Herein we describe an early colonic carcinoma which developed in a colonic interposition 14 years after surgery for esophageal cancer, which was successfully treated by endoscopic submucosal dissection (ESD). An 80-year-old man underwent colonic interposition between the upper esophagus and stomach after surgery for an early esophageal squamous cell carcinoma in 1994. He received a surveillance endoscopy, and a laterallyspreading tumor of granular type, approximately 20 mm in size, was identified in the colonic interposition. An endoscopic biopsy revealed moderately differentiated adenocarcinoma histologically, however, we diagnosed the lesion as an intramucosal carcinoma based on the endoscopic findings. The lesion was safely and completely removed en bloc by ESD using a bipolar knife. Histologically, the lesion was an intramucosal moderately differentiated adenocarcinoma in a tubular adenoma.

INTRODUCTION

Although rarely reported, adenoma and adenocarcinoma can occur as a late complication in colon segments used to replace the esophagus. Herein, we describe an early colonic carcinoma which developed in a colonic interposition 14 years after surgery for esophageal cancer, which was successfully treated by endoscopic submucosal dissection (ESD).

CASE REPORT

An 80-year-old man underwent colonic interposition between the upper esophagus and stomach after surgery for an early esophageal squamous cell carcinoma (T1, N0, M0, stage I according to the TNM classification) in 1994. He received an esophagogastroduodenoscopy for surveillance and a laterally-spreading tumor of granular type (LST-G), approximately 20 mm in size, was identified in the colonic interposition. On conventional view, a



Table 1 Summary of reported cases of neoplasia arising in a colonic interposition

Case	Authors	Age	Gender	Size (mm)	Histology	Period after surgery (yr)	Follow	Therapy	Course
1	Goldsmith et al ^[5] , 1968	48	F	50	Adenocarcinoma	2 2	on P y oni w	Surgery	Follow up
2	Szántó et al ¹⁶ , 1981	65	M	5	Adenomatous polyp	1		Polypectomy	Follow up
3	Haerr <i>et al</i> ^[7] , 1987	72	M	NI	Adenocarcinoma	9	+	Radiation chemotherapy	Death
4	Houghton et al ^[8] , 1989	64	M	NI	Adenocarcinoma	20		Surgery	Follow up
5	Theile et al ^[9] , 1992	68	M	29	Adenocarcinoma	12	NI	Surgery	Follow up
6	Lee et al[10], 1994	75	F	NI	Adenocarcinoma	20	+	Surgery	Follow up
7	Altorjay et al[11], 1995	NI	M	60	Adenomatoid polyp	6	-+	Surgery	Death
	NONE		JAH :	NI	Carcinoma	OTHLY		SCICE-VIE	
8	Kovacs et al ^[12] , 1997	8	M	9	Tubular adenoma	13	+	Polypectomy	Follow up
				11	Tubular adenoma			anhna wi i	andsa
9	Altomare et al[13], 2006	64	M	6	Tubular adenoma	7	+	Polypectomy	Follow up
10	Present case, 2008	80	M	25	Adenocarcinoma in tubular adenoma	14	-	ESD	Follow up

ESD: Endoscopic submucosal dissection; NI: No information.

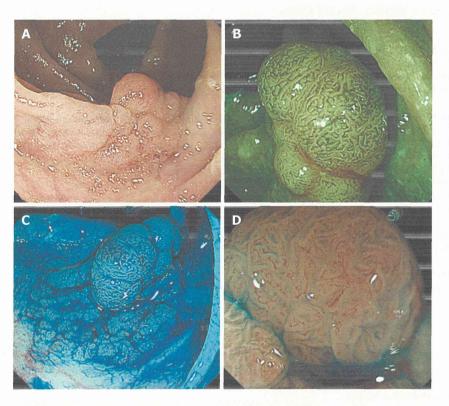


Figure 1 A laterally-spreading tumor of granular type (LST-G) in the colonic interposition was shown at colonoscopy. Narrow-band imaging with magnification revealed a capillary pattern type II. Magnifying chromoendoscopy using 0.4% indigo carmine revealed a type IV pit pattern. A: Conventional view, B: Narrow-band imaging with magnification; C: Chromoendoscopy with 0.4% indigo carmine; D: Magnifying chromoendoscopy using 0.4% indigo carmine dye spraying.

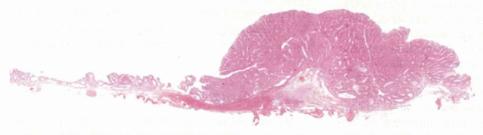


Figure 2 Histologically, the resected specimen showed an intramucosal adenocarcinoma in a tubular adenoma. Cross sectional view (HE, magnification × 5).

large, reddish nodule was detected in the lesion. With magnifying narrow-band imaging (NBI) observation, the lesion revealed a capillary pattern type II according to Sano's classification^[1], and a type IV pit pattern according to Kudo's classification was detected under magnifying chromoendoscopy using 0.4% Indigo carmine dye

spraying^[2]. An endoscopic biopsy was taken from the large nodule and a histological diagnosis of moderately differentiated adenocarcinoma was established, however, we diagnosed the lesion as an intramucosal carcinoma based on the above endoscopic findings (Figure 1). Thus, the lesion was considered a good candidate for endoscopic

resection. The lesion was safely and completely removed *en bloc* by ESD using a bipolar knife (B-knife® XEMEX Co. Ltd. Tokyo, Japan)^[3,4]. Histologically, the lesion was an intramucosal moderately differentiated adenocarcinoma in a tubular adenoma. Lateral and vertical margins of the specimen were negative. There was no lymphatic and venous invasion (Figure 2). The patient was hospitalized for 6 d after ESD to confirm the absence of complications such as delayed perforation, and was then discharged.

DISCUSSION

Despite the fact that many interposition grafts are performed for malignant esophageal disease, to the best of our knowledge, there have only been 10 reported cases, including four adenomatous polyps and six adenocarcinomas, arising in a colonic interposition (Table 1)^[5-13]. Because the sizes of the adenomatous polyps in the reported cases were small, they were treated with polypectomy. Reoperation or chemoradiotherapy was performed in patients with cancers. Therefore, this is the first case of an early adenocarcinoma in a colonic interposition resected by ESD.

We performed ESD instead of endoscopic mucosal resection (EMR) in this case, as the lesion was not wellelevated even after submucosal injection of glycerol. This phenomenon is the so-called "non-lifting sign positive" as determined by Uno et al [14]. As our endoscopic diagnosis of an intramucosal carcinoma was established with magnifying NBI and chromoendoscopy, submucosal benign fibrosis rather than desmoplastic reaction created by invasive cancer was considered to cause the non-lifting sign positive. EMR for the lesion with the non-lifting sign positive may result in incomplete resection or unfavorable complications such as colonic perforation. During ESD, hyaluronic acid was additionally injected into the submucosal layer and a transparent hood was attached to the tip of the scope for better submucosal dissection^[15]. To reduce deep burn to the muscle layer, we used a bipolar knife instead of a monopolar knife. To reduce operating time, we used a bipolar snare to remove the lesion after adequate dissection. These efforts enabled us to completely and safely remove the lesion en bloc without complication. Furthermore, the patient's colonic interposition was reconstructed using the subcutaneous route, and thus the risk of mediastinitis even if perforation occurred was lower than that if reconstructed substantially.

Despite the fact that many interposition grafts are performed for malignant esophageal disease, few reports of adenocarcinoma arising in a colonic interposition have been reported. It is commonly thought that patients who have esophageal malignancy carry a dismal prognosis, and few of these patients will survive long enough to develop colonic adenocarcinoma. However, with recent progress in chemotherapy, many patients have long-term survival. Almost all case reports presenting with adenoma or adenocarcinoma arise five or more years after colonic interposition surgery, and there are only two case reports where adenoma or adenocarcinoma in the

colonic interposition has arisen 1 or 2 years after surgery (Table 1). In our case, adenocarcinoma in a tubular adenoma was detected 14 years postoperatively. Colonoscopic screening is usually performed before colonic interposition. However, Heresbach *et al*¹⁶ reported an overall miss rate of 23.4% in the colonoscopic detection of neoplasia including both adenomas and colorectal cancers. Therefore, we recommend upper endoscopic screening within 1 year of colonic interposition and periodic surveillance, as lesions may be detected early and removed safely by endoscopy.

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S-Editor Wang JL L-Editor Webster JR E-Editor Tian L



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